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NOVEMBER 35¢

# American Home

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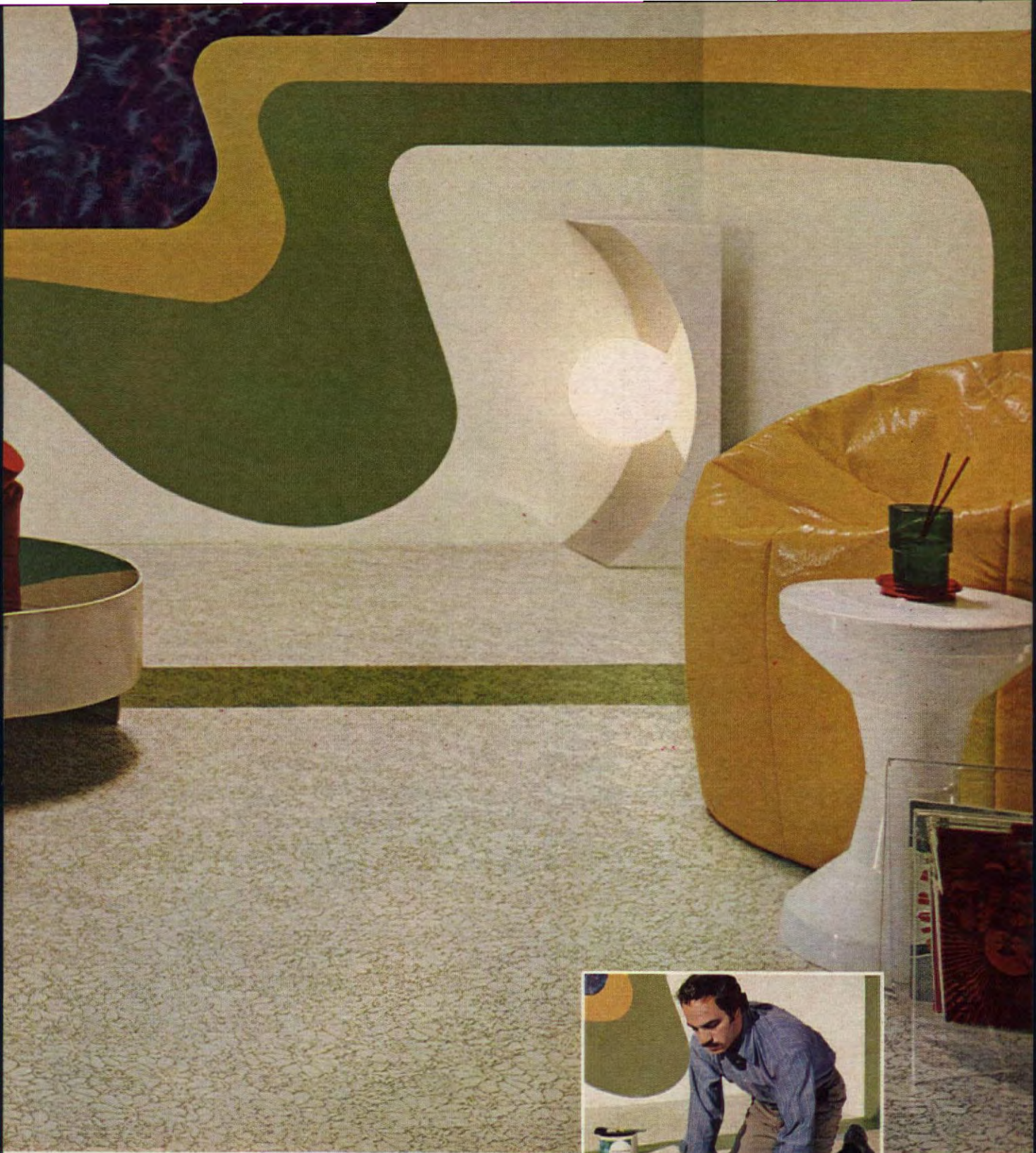
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# American Home

NOVEMBER 1970, VOL. 73, NO. 11

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**COVER:** The eagle has been a popular decorative motif since 1782 when it became our national emblem. Now it inspires a superb piece of needlework (page 60) and a glorious American Treasury (pages 63-69). Photographer: Al Francekevich.

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STORE COUPON AH



On cue, Carol Burnett lines up behind the three ball in the pool room of her Beverly Hills home. The chairs are reserved for Carol, husband Joe and other family "hustlers": Dana, 18, Joey, 17, Jeff, 16, Carrie, 6, Jody, 3, and Erin, 2. Like many households, family dinners are the rule on "school nights," followed by evening TV and an early bedtime. Weekends, the family scene swings to their house at Malibu.



Max Eckert

# Lifestyle

**Carol Burnett** ought to know. Being funny is no laughing pro will tell you, is a serious business. "I think comedy in the world," says Carol. "Yet nowhere in the theater and arts curriculum of any university is there such a course." So Carol and her producer-husband Joe Hamilton got into the act. "We decided to start a workshop to give college kids an opportunity to do comedy writing and have it evaluated." They contacted UCLA, Carol's alma mater, and offered to teach a two-nights-a-week, credit-carrying seminar. Locale: the Ego Room, the old game hall of the Hamiltons' guest house, which now warehouses Joe's and Carol's many awards. "Joe does most of the work, but I pop in whenever something needs acting out," says Carol. That's what's happening at night.

During the days, before she starts to work, Carol leads an exercise class, a daily free-for-all at the CBS offices in Los Angeles. Secretaries and starlets bend and bob to the rhythm of a Goldiggers record. "A year ago I was 20 pounds heavier and shaped like an avocado. I loathed exercises, so I dreamed up this class, a half-hour a day. I figured that if I had to show up . . ." It worked. She is down to a size 8 from a 14.

Hopefully, Carol won't open up a cooking school. When a meat-loaf joke on her TV show swamped her with recipe requests, Carol mimeographed and mailed out the following: ". . . Mix eggs with milk. Add tomato sauce, onions and peppers and squish hands through all this mess. (Wash hands first.)" Comedy writing turns up in the strangest places.



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Cindy (left) prompts her singer-actor dad, Stanley, on his lines while her mother and Jamie bake bread. The entire Grover family cooks. "If someone gets hungry and can't find anything to eat, he will whip up a soufflé," says Linda.

Linda and daughter Cindy (below) work on their morning shape-ups in their apartment living room. Afternoons, it's off to dance class. All the Grovers are expert water skiers, and in winter months they and the neighbors flood the backyard for ice-skating.

## LIFESTYLE continued

**Linda and Stanley Grover** refuse to adapt. They reject bad air, spongy, tasteless bread and high rent. They are, in short, complainers, and in New York, as in any big city these days, they find plenty to gripe about. Several years ago, Linda found that if you shout loud enough and long enough, you'll sooner or later get things changed. When the city announced that the Grovers' seven-story apartment building was substandard housing and scheduled to be torn down (in reality, Linda explains, to make room for the breezeway of a new luxury apartment tower), she organized her neighbor-tenants in an all-out campaign, using the traditional weapon for winning a man's heart: good food. They schemed up a progressive seven-course lasagne dinner, invited the city housing commissioners, press and other hungry politicians into their scrubbed homes, then supped from cellar to top floor. In time, the commissioners gave in and today the Grovers' home still stands, a monument to hard work and home-cooking. Linda has included the recipe for triumph in her first book, *The House Keepers* (Harper & Row, \$5.95), an amusing story of the Grovers' seven-year fight to keep their building. Next, she plans a book of her consumer complaints—woeful tales from sagging pantyhose to frozen "fresh" meats.

Although Stanley is the singer and actor in the family, all the Grovers—including Linda, Cindy, 11, Steven, 9, and Jamie, 4—perform in TV commercials and soap operas. City people at heart, the Grovers nonetheless find plenty of fun in more primitive pleasures. They bake bread, preserve jellies, mash their own applesauce. Do-it-yourself decor is also a family affair.

Yet the Grovers' real concern is solving the problems of life in the city. Last year, when a janitors' strike threatened to lock local children out of their classrooms, Stanley and several other fathers slept in the school to keep it open. Currently, Linda is helping in the drive to legalize the use of vacant city-owned buildings as homes for families turned out of condemned housing. Next year, when Cindy graduates to a notoriously tough junior high school, Linda plans to "get involved" there, too. The school board may not like lasagne, but they can count on some changes.



Stephen Green-Armytage



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Super-hostess Connie Eastburn entertains for fun and fund-raising in her Bucks County, Pa., restored farmhouse (above) and converted barn.

Connie (with son Billy, below), although the full-time mother of four, still finds time to decorate, raise Airedales and work at her painting.



THE GOOD-LOOKING HOMEMAKER  
By Constance Bartel

## NEW PARTY MAKEUP: AN APPLIED ART

Connie Eastburn, her attorney husband William and their four children—Christopher, 1, Billy, 5, Holly, 8, and Page, 9—live in a 200-year-old rambling farmhouse which they've restored in Doylestown (Bucks County), Pa. "It was a wreck when we bought it," says Connie. The country setting is perfect for their brand of easy entertaining, and the Eastburns do quite a lot of it. They give large parties in a huge red barn that's been converted into a recreation room ("We love to dance, and there's plenty of room for dancing.").

Connie also raises Airedales, is a self-taught painter and both she and William are active in community causes. Recently she chaired a fund-raising bash in the barn, complete with three live bands, to help a family of six orphaned children stay together. For smaller gatherings, the Eastburns have added a family room inside the house.

Connie loves being a hostess ("I always have a great time at my own parties!") and dressing up for the occasion. This season she's looking forward to experimenting with the midi and the makeup that goes with it. To show her how it's done, we invited makeup expert Stan Place, representing Yardley, to join us in visiting Connie so he could demonstrate the new techniques.

Until now, most makeup has been applied to look un-madeup. This season, forget about looking natural and approach your makeup as applied art. Use much, much more color—brighter, stronger shades of lipstick, cheek color, eye makeup. Apply color more visibly on the face, with less of yesterday's emphasis on blending to nothingness. Use more color under the eyes, but less eyeliner and lighter eyebrows. Blend your own colors—the most unheard-of eye or lip shade goes, if it's flattering.

Place demonstrated the look dramatically with the makeup you see Connie Eastburn wearing here—vivid, glamorous and, above all, contemporary. Here's how he did it. As a basic first step, because Connie's skin is dry, Place lavished on Yardley Moisturizer. Then, using the Pearl White tube from the Yardley Mixis Finger Mix Eye Shadows kit (which includes five tubes of color—Primary Red, Primary Blue, Primary Yellow, Pearl White, Matte White, plus a spatula and a bowl for mixing), he blended a pearly underglow over her entire face and throat. (Though Mixis are primarily intended for the eyes, Place demonstrated one of today's makeup tenets: Use anything for anything, if it works.) Over the pearly gleam he used a buff foundation, thereby creating an overall skin tone of soft, even color.

Now, the eyes. Working again with the Mixis kit, he applied yellow straight from the tube to the eyelids. Next, he blended in enough blue to create an almost mustard shade. And close to the lashes, working with his thumb (as pros always do), he applied pure blue and then traced on a narrow ribbon of the same blue under Connie's lower lids. As the last step, lots of black mascara was applied in a series of thin coats. (continued on page 20)

Kenneth Brown



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### EGGNOG WALNUT BAVARIAN

3 envelopes	2 egg whites
unflavored gelatin	2 tbsp. sugar
1/2 cup milk	3/4 cup whipping
1 qt. dairy eggnog	cream
1/8 tsp. salt	1 cup finely chopped
1/4 to 1/3 cup rum	toasted Diamond
(or 1 tbsp. rum extract)	Walnuts

Stir gelatin into milk to soften. Add one cup eggnog, and heat gently, just until gelatin melts. Stir in remaining eggnog, salt and rum. Cool until mixture begins to thicken. Beat egg whites stiff, and gradually beat in sugar; whip cream. Fold egg whites, cream and 3/4 cup of the walnuts into gelatin. Turn into 2-quart mold, and chill until firm, for several hours. (Large molds should chill overnight. Individual molds will set in four to five hours.) Unmold, and top with Melba Sauce and remaining walnuts. Serves eight or more.

**Melba Sauce:** Turn one 10-oz. package of frozen raspberries into saucepan, and heat until berries are thawed and soft. Press through a sieve to remove seeds. Re-

turn strained raspberries to saucepan, and add 1/2 cup currant jelly and two teaspoons cornstarch mixed with one tablespoon cold water. Cook until clear and thickened, stirring frequently. Chill before serving. Makes about 1 1/4 cups sauce.

For more Diamond recipes, old and new, send for our 88-page booklet of Diamond Walnut Recipe Gems. Mail 50¢, along with your name and address to Diamond Walnuts, Dept. M, Box 4057, Clinton, Ia. 52732.





By Dorothy Lambert Brightbill

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To tint Connie's cheeks, Place chose a burgundy shade of Cellophanes Blush Color, feathering it out at the edges but leaving two distinct spots of color high on the cheekbones. Next, he dipped into his Pot o' Gloss for lip color, choosing Fire to outline, Red to fill in, following up with an overall glossing of Fire. As a final touch, after the makeup had set, Place very lightly touched the merest bit of Beige Frosty Blush to Connie's cheekbones, chin and brow for highlights and additional sheen.

At first, Connie was somewhat startled at the idea of so much color, but when she saw the final result she agreed that made-up makeup had a certain heady kick and made her look more glamorous. Her husband loved the impact, too.

If, like Connie Eastburn, you feel that dressing up for a party is half the pleasure, this season is made to order for festive makeups. Open your mind and eyes to colors you've never worn before. Experiment with fake lashes—upper, lower, spiked or colored, touched with gold or silver. As with fake furs, nobody is expected to believe your makeup is natural—but they *should* notice how attractive and amusing it is. Here are some other intriguing new makeup ideas you might experiment with for your next big social outing.

Polly Bergen has taken a stand for more intensified makeup with three new shades of Liquid Cheek Colour—Crystal Bronze, Crystal Cherry, Crystal Apricot. They are distinctly non-pastel, and for added effect you touch a drop to your chin and forehead.

Her new liquid eye color is called Smudge, which gives you a good idea of its effect. It's an oil-based liquid which slides smoothly over the skin, and you smudge it artistically with a

sponge applicator over the entire lid and out toward the hairline. The shades include burgundy, charcoal, blue and brown.

For drama from the opposite coloring—light as opposed to dark—there's Givenchy's Egg White. It's a creamy iridescent makeup you apply under and over your eye to the creaseline, then out toward the hairline.

What about fake lashes, eyeliner and shadow in a matching shade? Tussy's Sweepy Eyes come in a compact complete with lashes, liner, shadow, a double-ended brush and a tube of adhesive, each compact keyed to a single shade—burgundy, olive, mauve, blue, black or brown. For really glittering occasions, Tussy also has fake lashes with stray gleams of gold or silver. They are natural hair, available in black or brown, with the gleam sprinkled through.

Coty's idea is to squeeze a drop of eye color from a little plastic flacon and smudge it around the eye. Their new Frosted Crème Eye Shadows come in Crème de Menthe, Crème de Bleu, Crème de Violette and Crème de Blanc.

For super-smash, Etherea's brand-new "Pure Escapism" face goes like this: First, apply a rosy glaze over the entire face with new, shimmery Transparent Color Glaze. Next, use Etherea Blue, which is to say bright, unmistakable blue, over the lid and under the eye in a powdered shadow which is slightly lustered rather than frosted. Then add Pale Blue Sky Blue eyeliner in a thin tracing at the roots of the lashes and under your lower lids, matched by pale blue mascara. For the lips, bright, bright Pink Persimmon will add the final accent.

With glamorous makeup like this, a party *has* to be good. END

## Smooth away skin dryness

At last there is a means for every woman to capture the bloom of youthful loveliness. Oil of Olay can bring new life and smoothness to your skin and help stop wrinkle-dryness.

Too often a woman's perfect beauty is marred by the formation of tiny lines and wrinkles. These wrinkles are really "river-beds" of dry cells caused by the plasma colloids (the water carriers of the skin) drying out through the passage of time and the drying effect of exposure to wind and weather. Oil of Olay is a unique preparation which has the proper balance of moisture and oil to help prevent such tiny lines and wrinkle-dryness.

For true complexion loveliness smooth a film of beauti-

fying Oil of Olay over the complexion each day before making up and again at night before retiring. Pay particular attention to the dry skin areas, such as the neck and around the eyes, by anointing them with a generous supply of this tropical moist oil.

Ask your druggist for beautifying Oil of Olay.







# Should an 8-year-old worry about cholesterol?

He can't worry about something he doesn't know about. But *you* should.

Cholesterol can start building up in a kid. Up and up until he grows up with a real health risk.

Heart specialists recommend reducing one important risk of coronary disease tomorrow by starting your family on low cholesterol meals today. Foods low in

saturated fats, high in polyunsaturates... to help reduce serum cholesterol.

Foods like Fleischmann's® Margarine. It's made from 100% corn oil. And there's no better oil to help lower cholesterol levels.

And no better tasting margarine.

Fleischmann's—the corn oil margarine doctors name most... and people like best.





**F**or the woman who wants more children.

**Later.**



## Delfen\* Contraceptive Foam.

We know what you have been looking for. A thoroughly tested means of birth control. Nothing to "wear" or remove. A product you can buy without prescription.

You have it now. DELFEN Contraceptive Foam. A pure white, fragrant foam that applies instantly, discreetly, in a single application. Undetectable in use. And it needs no douche.

DELFIN also comes in cream form. Both products are available at drugstores throughout the U.S. and Canada. Without prescription. DELFIN is the natural choice, if it is not yet time for your next child.



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\*TRADEMARK

ALL ABOUT DECORATING

# DECORATING NEWSLETTER

Table-setting advice for the party season from a Tiffany expert.

Design expert George O'Brien is the man in charge of those famous Tiffany table settings. Though his title—Vice President and Design Director of Silver, China, Crystal and Stationery—implies elegance and formality, his entertaining and table-setting philosophy is surprisingly casual.

Says O'Brien, formerly Home News Editor of *The New York Times* and Modern Living Editor of *Playboy* magazine, "So convinced are we here at Tiffany & Co.—it's always Tiffany & Co., never Tiffany's, by the way—of the rightness of mixing tableware patterns that we have even stopped recommending the sacred five-piece place setting. Occasions for using all five pieces of china at the same time seldom arise anymore. Besides, we're all for a change of pattern at some point during a meal, either at the beginning or for dessert.

"A successful table setting is like a successful room—it needs a point of view, a basic idea, such as pattern with pattern or an all-neutral color scheme or a see-through theme. One of the reasons we do table settings is to stimulate the public to experiment.

"In addition to mixing tableware, we also use the no-flower centerpiece. Sometimes we prefer objects to vases of flowers: massed candlesticks, potted plants in their own red clay pots, pyramids of lemons and oranges or trompe-l'oeil fruit and vegetable faience plates."

On the subject of napkins, O'Brien has strong convictions. "The bigger the better," he says. Ladylike tea-size napkins he scorns, as he does fancy ways of folding them—"An art that, thank goodness, is almost forgotten today." He dismally thinks back to the Victorian and Edwardian butlers he's read about who thought nothing of turning

starched napkins into swans and turrets. "Almost as bad as sculptured food," is O'Brien's tart comment. He doesn't even approve of knotted napkins: "After all, you're not giving your guests bandannas to wrap about their necks." Square, oblong or possibly triangular shapes, he feels, are good, classic and in tune with today's table settings.

"An interesting dining table of plain or figured tile, marble, parquet or inlaid wood, to be used with hot pads and without a cloth, is worth the investment," O'Brien adds. "It can save you time and money in laundry bills.

"And a collection of napkins and tablecloths, always long enough to reach the floor, will give great variety to your dinner service. Another trick for achieving a new look is to top a to-the-floor cloth with a square of white linen.

"Etiquette experts are still fighting the 'Is it correct to smoke at the table?' battle and the controversy about how to present cigarettes continues. One of the most respected etiquette books claims that cigarette boxes should never appear at the table. I, for one, think it is better to be prepared and to make your guests who smoke feel comfortable. And yes, we do show cigarette boxes on our tables as well as small cigarette urns.

"When it comes to table-setting etiquette, I just stick by the old common-sense dictum of setting the flatware so that you eat from the outside in. I believe in the five-piece place setting—dinner fork, knife, soup spoon, salad fork, teaspoon—because these basic pieces are all you need. If you don't have enough dessert forks, it only takes a minute to wash your salad forks between courses. All the other highly specialized table tools, such as oyster forks, were added by the Victorians and Edwardians and they're really no longer appropriate to the 70's lifestyle.

"The modern hostess should remember that simplicity is almost synonymous with sophistication today. Set a table that pleases you, that makes you feel comfortable, that is appropriate to your room, to the occasion, to your way of life. Then relax—your easy manner will go a long way toward insuring the comfort of your guests."—Vera D. Hahn



Tiffany & Co.'s George O'Brien: "A successful table setting is like a successful room—it needs a point of view, a basic idea."





## Trend Mills shows you why there's more carpet to the yard with Kodel®

**Kodak**

Here's the carpet to complement today's colorful, casual look in decorating. It's a tri-color plied shag of 100% Kodel polyester. Beautiful! And with special Kodel carpet fiber in the shag, the yarn is fuller and fatter to give you more carpet to the yard than other polyesters. "Triple Play" comes in 18 tri-color combinations. Made to sell for about \$10 sq. yd. in 12' or 15' sizes. See it at your dealer's or write Trend Industries, Inc., 148 Cain St., Atlanta, Ga. 30303.

**KODEL**  
  
 MORE CARPET TO THE YARD



# DECORATING CLINIC

*Perhaps you can suggest a magic ingredient to pull our living room together. Our house is a split-level with a balcony that opens to five bedrooms overlooking the living room. On the living-room level there are openings to the dining room, kitchen, family room and front door. This room has a cathedral ceiling and only one unbroken wall. We have lots of furniture but it doesn't make a dent in this room.*

One of the new geometric-patterned carpets would be just the thing to pull your room together. A combination of three colors in a medium-scaled pattern can be used with either modern or traditional furniture. This type of pattern has sufficient strength and character to anchor everything down and coordinate the entire area. You might also consider painting the walls and

doorways on that balcony in a deeper value of one of the colors in the rug. This will play down the many openings.

*Is there something I can do to cover faded grass-cloth wallpaper we found in a house we recently bought? It is costly to remove it.*

Grass cloth looks very attractive when painted over. It retains its rough textural quality even through several coats.

*Is it necessary to carry out the same color scheme throughout each room in an apartment? Ours has five rooms and I'd like to know just how far I can go with color. I have a beige linen sofa and a pair of brown chairs and must build a color scheme around them.*

The same color scheme throughout your apartment could be monotonous.

We suggest using four basic colors, making one more important than another in each room. This way all colors will be compatible and there will be a continuity in the color scheme without repetition. Your living room, for example, could be white, brown and beige with accents of brilliant yellow and delphinium blue. Your den could have dark-blue walls spiked with accents of white and dabs of brown. A predominantly yellow scheme used with blue and white would be a good choice for the kitchen, and the master bedroom could be a serene retreat done in creamy beige and taupe pillows with a chair frame in soft blue. A word of caution: Don't be rigid in your use of these colors by trying to make every last thing in each room coordinate. Follow these color suggestions for the basics in each room and then let your personal possessions (no matter what their colors) do the filling in.

*We recently moved into a new house, and there's so much to do and so little money. I must keep my living-room furniture for a few more years at least, and it looks dreadful. The sofa and a pair of chairs all match and so do the end tables and coffee table. I thought this was a safe, practical choice then, but now it's downright dull.*

Slipcovers will make a world of difference. Use a pattern for the pair of chairs and a solid-color textured fabric for the sofa. Try to do with only one end table and put a round plywood top on it and a skirt to the floor. The coffee table should be treated to a new top, larger than the existing one so the present base becomes a recessed supporting platform. Slate, marble or plastic laminate to match your new slipcovers are all possible choices. And forget about being safe—choose your colors in bright, rich tones and patterns that are definite and bold and watch your room spring to life.

*The off-white, wall-to-wall carpeting in our living room is very worn in the center. Is it proper to use an Oriental rug to cover the worn area?*

Not only is it proper but it's also very fashionable today to have an area rug over a wall-to-wall carpet. It will certainly enhance your room.

*Letters submitted to Decorating Clinic will be selected for answer on the basis of their general interest. We are unable to send personal replies.*

The novel  
new holiday  
decoration  
you can  
eat

## Red Pepper Christmas Wreath



**W**hat a wonderful change of pace from the ordinary holly wreath and mistletoe. You and your friends will be charmed by this wreath of real chile pepper pods ripened to a beautiful copper red. And when the wreath comes down, you can eat it! Favorite chile recipes come free with each. Wreath is a large 14 inches in diameter and has about 130 chile peppers. You'll be the only one in town to have this bright and colorful holiday decoration. Very handsome and practical for only \$7.98.

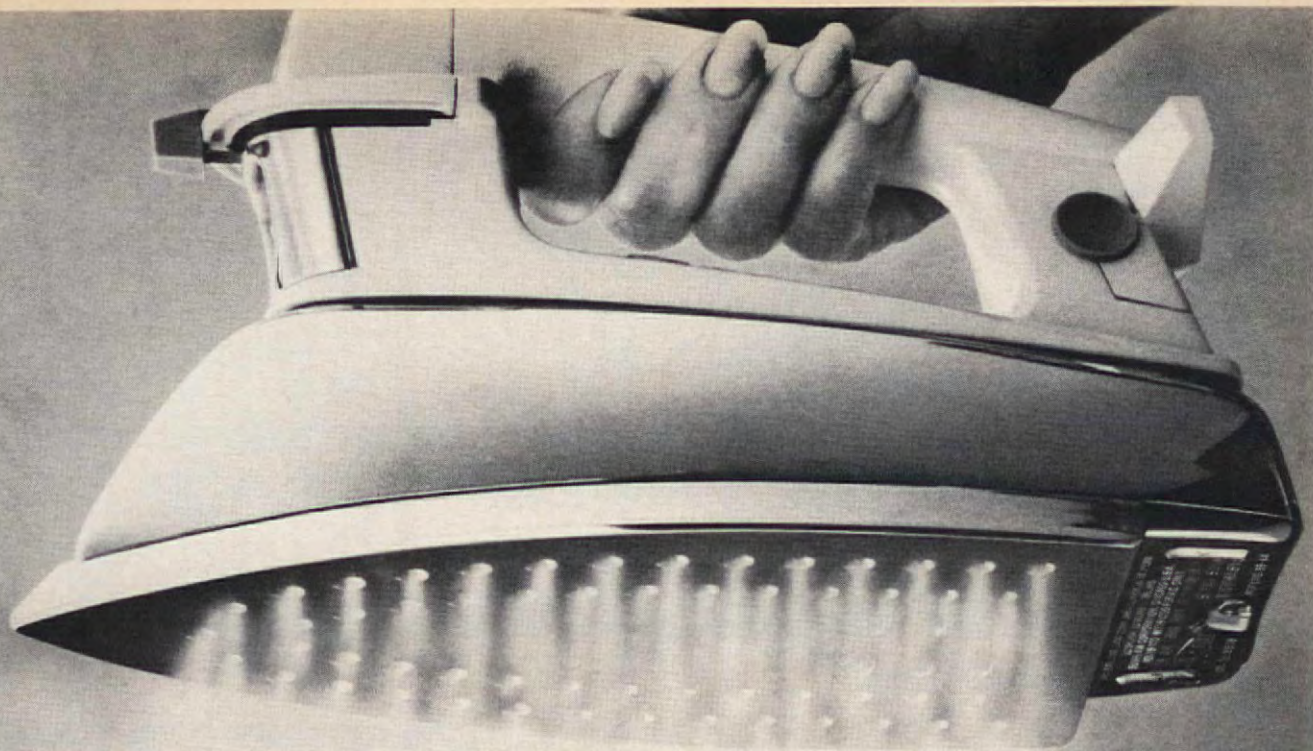
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4500 N.W. 135th St., Miami, Fla. 33054

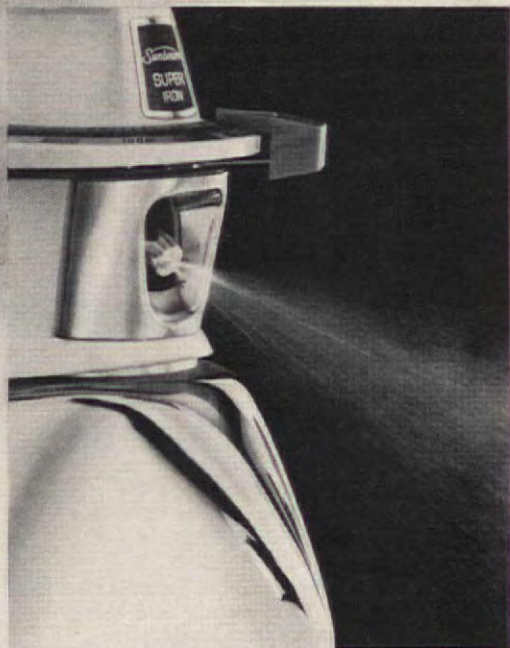
Please rush me #10030 Red Pepper Christmas Wreaths @ \$7.98 plus 65¢ postage. I understand if not delighted, I may return within 10 days for a complete refund. Enclosed is check or m.o. for \$\_\_\_\_\_.  
☐ Send C.O.D. I enclose \$1 goodwill deposit and will pay postman \$6.98 balance plus all postal charges.

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# The new Sunbeam Super Iron. There's never been an iron like it. Never.



The Sunbeam Super Iron. It's the exclusive Shot-of-Steam iron with an instant spray that works on every setting.

The Shot-of-Steam iron. It gives you instant steam at the press of a button. Extra steam that'll penetrate even heavy wools. It can't be beat for setting creases and pleats, easing hems and opening seams.

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IMPORTANT: The music I like best is (check one):

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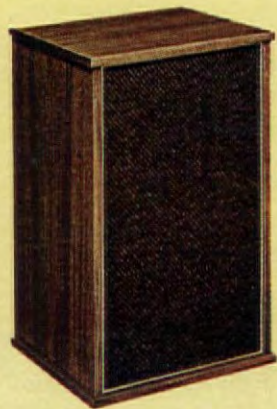


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When you agree to buy just one record now and as few as 12 more in the next 12 months.



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Please send me your free record that demonstrates the fun and sounds that even a beginner can get out of a Conn Prelude; plus literature on how to choose an organ; plus the name and address of the nearest studio where I can have a free first lesson.

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fun. Like the Conn Cassette program, a self-instruction course that lets you set your own learning pace. But we're getting ahead of ourselves. Send in the coupon first. Today! And we'll help you bring out the musician that's always been inside you.

**Conn Organ**

*we've tried—scrapers, hot water and detergent, and chemicals which the dealers swore would do the trick. Help!*

*Parkersburg, W.Va.*

For a very reasonable charge, you can rent a steamer. Many large paint stores have them, as do tool-rental services.

To use, fill the steamer with water, plug it in and wait for the steam to come out of the rectangular device that's connected to the steamer by a wide, flexible tube and has a handle. Hold the steaming side of this device against the wallpaper for several seconds. When you take it away, the paper should zip right off with a putty knife. If not, give it a longer steaming.

## HEATING IN FLOOR IS RISKY

*We are planning to build a retirement home in Ireland, where a high rate of rainfall makes full basements impractical. Although I have heard some objections to having hot-water heating pipes embedded in a concrete foundation slab, that method of heating would seem to assure a warm floor. Is there any reason to avoid it?*

*Neu Isenburg, Germany*

The method of heating you describe enjoyed a brief popularity in the United States during our post-World War II building boom. It was called radiant-slab heating because the warm concrete slab radiated heat uniformly.

However, if the slab was damaged by slight movement of the ground under it—which often happened—the heating pipes were often damaged as well. Repairing the pipes involved breaking into the concrete, then patching

the broken area.

While the danger of a slab cracking can be minimized through good engineering, it cannot be eliminated. Furthermore, uniform heat, including a warm floor, is possible with any type of heating system. It depends on how well the system is designed and how well the house is insulated.

*For help with a home-maintenance or repair job, write to Dept. HAH, American Home, 641 Lexington Ave., New York, N.Y. 10022. Letters will be selected on the basis of broad, general interest.*

# HELP ABOUT THE HOUSE

Say you've fallen in love with an old house but are holding off buying because of what the remodeling job might cost. *The Dream House Encyclopedia* (Peter H. Wyden, Inc., \$12.50) can help you decide. Authored by former *AH* Editor Hubbard H. Cobb, this book takes you from A (assessing your needs) to Z (zoning ordinances and building codes) with dozens of money-saving tips along the way. Space planners, cost finders, "How They Did It" case histories and ample illustrations make this

remodeling reference must reading for the fixit-minded family in search of redo ideas tailored to their taste and their pocketbook.

## STEAM CONQUERS TENACIOUS WALLPAPER

*The previous occupants of our apartment took a rather casual view of decorating. Several layers of wallpaper have built up, making it impossible for us to paint or re-paper without getting the old paper off. But the paper defies everything*



## Your pocketbook's best friend: our new Pavana vinyl floor.

Whether you're beautifying a total living area with Pavana Vinyl Asbestos Tile—or just a cozy den—one thing you can relax about is the do-it-yourself cost. Luxurious as Pavana vinyl looks, you can do any 10'x15' area for about \$50. And, with those big 12"x12" tiles to work with,

the job goes amazingly fast and easy. When you're done, you'll have the satisfaction of owning a Kentile® quality floor that's long on wear, heaven to walk on, delightfully easy to clean. Pavana has a contemporary yet timeless styling that enhances any decor. And notice below how each Pavana™ tile blends perfectly into the next,

creating a floor of seemingly seamless beauty. Ideal even for kitchens because its tough, non-porous surface locks out grease, stains, scuffs, and moisture. Five decorator colors. Pavana vinyl tile is at your Kentile Dealer's now. Look him up in the Yellow Pages under "Floors."

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# KENTILE FLOORS





# THE PLUMB LINE

## CHANGING TIMES

Despite rising costs, roomier houses with more bathrooms and more bedrooms are being purchased, reports the FHA. And most people would buy a lower-cost house in a good neighborhood rather than a better house in a deteriorating section. This does not augur well for rebuilding the decaying cores of the city or suburbs. What is needed is more adventuresome buyers who can see the potential in a housing bargain and the excitement of remodeling a roomy old house and being in the vanguard of improving a decaying area.

## STORE-WINDOW SHOCKER

Woodward & Lothrop, a department store in downtown Washington, D. C., recently confronted the problems of the environment head on by using its display windows for a series of vignettes on urban blight, pollution, fouled fresh water, auto exhausts, forest fires and endangered wildlife. Perhaps the most graphic was the one entitled "Dying Seas." It depicted a sandy ocean bottom littered with beer cans and other debris. The vignette also included photos of an oil slick and water pollution set into a painted back panel of a sea bird poised

on an overturned boat trying to muster its courage to jump into the water. An official of the National Wildlife Federation hailed the effort as a "superb job of conservation education quite unique among merchandisers."

## THE EYES HAVE IT

Perhaps one of the greatest inhibitors of improvement in the man-made environment is familiarity. We move through our shopping centers, super-highways and public buildings without seeing them because we have seen them so often. In probably the most significant

book on architecture and urbanism of the year, *Will They Ever Finish Bruckner Boulevard?* (Macmillan, \$7.95), Ada Louise Huxtable, Pulitzer Prize-winning architecture critic for *The New York Times*, forces us to examine the environment we are creating. The book, a compendium of her best columns for the *Times*, is devoted in large measure to New York City, but her scope also encompasses cities like Washington, D.C., St. Louis, Mo., and Manchester, N.H. Mrs. Huxtable's essays range from a dissection of the decline and fall of public buildings to an analysis of pop architecture to a look at preservation today. "People have been looking at the environment as environment for only a very short time," she writes. "It has always been there, but it has finally been recognized as something that is terribly responsive to acts of will and judgment that have an endless impact on the state of humanity."

## BELLWETHER

When it comes to legislating for cleaner lakes and rivers, we might well take a cue from our neighbor to the north. The Canadian government has banned the manufacture of laundry detergents containing more than 20 percent phosphates. Phosphates are the heavies that give a shot in the arm to cleaning power but also cause excessive plant growth when dumped into streams. When the plants decay, they consume the water's oxygen and kill the fish. Canada is trying hard to prod our government into following

## In about an hour, you'll be all washed up.

"Hoover's little Washer", people call it. Because it's compact and portable. Hooks up to any faucet. Even stores in a closet. But you shouldn't be misled by its size. Hoover's unique turbo-action agitation gets clothes amazingly clean, amazingly fast. It washes a full load in just four minutes. Spin-dries in two. The Hoover Spin-Drying Washer can finish off 48 pounds of laundry in about one hour. And that's no small job.





suit because, after all, water cannot be stopped at customs to see what it is carrying.

#### PACESETTER

Bowie, Md., has turned out to be a pacesetter in the national aversion to litter. The town has passed a first-of-its-kind city ordinance, to go into effect April 1, 1971, banning the sale of non-returnable beverage bottles and cans. If by the deadline the merchants involved haven't given the town an alternative container, residents may have to settle for tap water. A merchant may be fined \$100 for each day he sells throw-away containers.

#### SURPRISE MARRIAGE

One happy mating that few people would ever have predicted involves stone and plywood. But U.S. Plywood has wedded the two in a product called Sanspray that consists of aggregate stone laminated to plywood panels with an epoxy coating. The panels come 1/2 inch thick with a small stone face in seven colors (Monterey sand, northern white, Gaelic green, pearl gray, tangerine, salt and pepper and black) or 3/4 inch thick with a large stone face in four colors (tangerine, northern white, Gaelic green and pearl gray). Panel sizes vary and may be made to order. The cost of Sanspray is approximately the same as for conventional frame construction because the permanent factory finish eliminates most on-site labor. The panels can be sawed, nailed and glued and used as siding, spandrels and fascias.

#### URBAN HEALTH

The medical profession is constantly coming up with surprises about what we should or shouldn't do to live longer and be healthier. The latest tip for those of us who live under a cloud of air pollution is that vitamins can slow down the damage from polluted air. This opinion came out of a three-day symposium on Pollution and Lung Biochemistry, sponsored by Battelle-Northwest, a scientific research institute. Vitamins A and E were cited as the two most important nutrients in helping healthy lungs combat such common air pollutants as nitrogen dioxide and ozone.

# And this is the way you'll dry.

Now anyone can have a clothes dryer. Anywhere. The new Hoover dryer is compact and portable. Plugs into regular house current, needs no special wiring or venting. Has gentle, even heat with cycles for regular and permanent press. A built-in lint filter. It matches the Hoover Spin-Drying Washer. Together, they do a big job. And go where you go. From room to room or home to home.



#### STICK 'EM UP

A set of six colorful ecology posters, 2 by 3 feet, are being offered at \$2 each or \$10 for the set by Environmental Action, with proceeds going to that organization of young people who contributed so much to the success of Earth Day last April. All the posters include poems by *Laugh-In's* Henry Gibson. Our favorite is *It's Not the Same Without Pelicans*:  
 "It's not the same without pelicans,  
 You know?  
 I mean dinosaurs . . .  
 Well, they're too big to miss . . .  
 And besides, it was their own fault.  
 But we all grew up with pelicans!  
 I hope the ducks hold out."

For a free brochure, write Environmental Action, Room 200, 2000 P St., Washington, D.C. 20036.

#### ECOLOGY: READ ALL ABOUT IT

Keeping step with the current proliferation of books on environment and ecology, the Greenwich, Conn., publishing firm of Devin-Adair has announced the formation of an ecological book club which will offer books at reduced prices. Subscribers get an extra fillip, an Ecological News Letter. Among the first books that will be offered are: *Road to Ruin*, by A. Q. Mowbray; *Famine 1975*, by the Paddock Brothers; and *Crisis in Eden*, by Frederick Elder. —Barbara Plumb.



## THE AMERICAN FUNERAL:

# Useless tradition for the dead... or useful therapy for the living?



In an age of change and challenge it is healthy to re-examine traditions . . . to appraise whether they are useless relics of the past or have become customs because they serve human needs.

What about the traditional American funeral?

Beyond providing the dignity of a proper burial certainly it can do nothing for the person whose life is ended.

According to leaders in medicine, psychology, sociology and religion, the funeral ceremony does a great deal, however, for those whose lives go on. The bereaved family. Their friends. Their close circle in the community.

One thing it does is help those who grieve accept the reality of death. They know it happened. But a part of their mind rejects it, runs away from it.

The funeral service takes them gently by the shoulders and turns them to face it. And having faced it, having viewed it, things are easier.

Things continue to be easier (though it may not seem so at the time) as the arrangements have them talking with sympathetic friends at the visitation.

*Unburdening ourselves seems to make room for courage. As surely as sharing joy increases joy, expressing and sharing grief lightens grief.*

That's why even those without deep religious convictions adjust more quickly to life when they have observed the funeral rites. To the religious family, of course, the funeral ceremony, presided over by their clergyman, is not only a personal but a public profession of faith. In its sharing with others, it is a source of strength that passes understanding. For the family . . . for friends . . . for society.

WRITE FOR FREE COPY OF 32-PAGE BOOKLET, "MY DUTY". Its 32 pages answer many questions, tell you "what to do" when you are asked to take charge. Tells how to write sympathy notes. Contains many beautiful and consoling poems. Millions of copies distributed: Write, The Clark Grave Vault Company, Department AH110, Columbus, Ohio 43201.



The finest tribute . . .  
the most trusted protection . . .



By Arthur J. Maher

## IS YOUR MONEY GOING UP IN SMOKE?

How to fight the cold and save on fuel bills.

Despite the advanced state of heating technology, millions of Americans will go through this winter paying higher fuel bills than they should and/or getting much less comfort than they could out of their heating systems.

The reasons for this situation are many and varied, ranging from excess cost-cutting on the part of too many tract-house builders to the simple fact that many houses and heating systems are old and perhaps a bit tired. What few simple steps can a homeowner take to get the most out of his heating system?

### SEAL FOR DRAFTS

Many an older home loses heat, and gains cold drafts, through cracks around the windows and doors. To tell if this is true in your house, wait for a cold or windy day and hold your hand near the crack between the interior wall surface and the frame of a window or door. If there's a draft, you'll feel it. Fortunately, the remedy is quite simple. Just caulk the cracks. But do it from the outside, not the inside, by applying silicone, polysulfide or latex caulking compound—in that order of preference—to all points at which the exterior siding meets a window or door frame. If the house was previously caulked, the old caulking will have deteriorated. Scrape it away before renewing.

A similar source of drafts and heat loss is lack of weather-stripping in window and door frames. Weather-stripping is a simple do-it-yourself project. But unless you live in a fairly moderate climate, that is really only a partial answer. In colder areas, the best solution is to install storm windows and doors, preferably combination units that contain screens as well as glass panels. Storm windows and doors will make additional savings by lessening heat migration through your window glass.

Any door leading to an attic, enclosed porch, basement, garage or entry hall that is unheated should also be thoroughly weather-stripped—at the bottom as well as the top and sides. To weather-strip the bottom, buy a rubber or vinyl strip made specifically for this purpose.

### BEEF UP THE INSULATION

Today, most people know that insulating a house pays for itself by lessening the costs of winter heating and summer air-conditioning. But very often a builder will omit insulation from certain parts of the house which seem not to need it—until the first really cold day comes along.

Probably the most frequent offender is the cold floor, especially if it is over an unheated basement or crawl space. If over a basement, insulate the basement walls and put storm windows on the basement windows. For additional basement heat, add a heating outlet to your furnace or boiler, or add auxiliary heat. But more about that later.

There are two ways to insulate the basement walls. One is to nail wooden studs around the perimeter of the basement, then nail mineral-wool insulation between the studs, as a builder would in a new house. Then apply paneling, fiberboard or plasterboard and finish with paint, varnish, or other wall covering. (continued on page 40)



# Will you love it for as long as you'll have to live with it?



That's a question you have to ask yourself when you're about to buy furniture. And it's not easy to answer.

There you are, in the middle of a busy store, trying to guess how you'll feel about something years from now. And knowing that if you fall out of love with it, you may have to go on living with it anyway.

How can you make sure that you and your intended partner will be happy together?

While lasting love is impossible to guarantee, there are certain safeguards you should know about.

Avoid furniture where the hardware is the most attractive part of the piece. It's like buying a car for the chrome. Try to imagine how the furniture would look without the hardware. That might end it for you right there. When you look at a piece of Drexel furniture, you'll notice the design of the total piece before you notice the drawer pulls. Because the furniture comes first. The hardware adds to the overall design. It doesn't take the place of it.

Avoid furniture that seems to be trying too hard to

look original. Nothing grows old faster than something that was made just for the sake of looking new. Drexel furniture derives largely from classic designs that have already survived the test of time. Designs based on Spanish, French, Italian, English and other lasting influences.

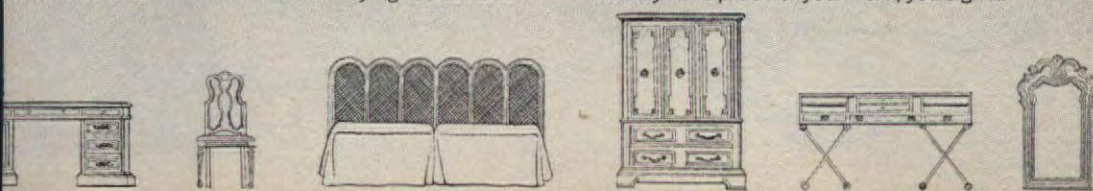
Pay careful attention to the way a piece of furniture is made. The inside tells you a lot about the outside. Furniture that's well-made is usually well-designed. Open the drawers of a piece of Drexel furniture and you don't have to be an expert to know that the men who made it cared. The drawers slide easily on ball bearing glides. And the insides have been hand-sanded velvety smooth.

An equally safe way to buy furniture is to go right to Drexel in the first place. And buy it on love.

Every piece of Drexel furniture carries the Drexel name on it. You'll find it in the upper drawer of every cabinet. On the underside of every table. On the deck of every upholstered piece.

When you're proud of your work, you sign it.

*Signed Furniture*



For a set of booklets on Drexel styles, send \$1.00 to Drexel Furniture, Dept. AH 11-70, Drexel, N.C. 28619. For the name of the Drexel dealer near you, call free 800-243-6000. Conn. call collect 800-942-0655.



**TIME  
LIFE  
BOOKS**

# invites you on a food-lovers "tour" of provincial France

*...yours for 10 days free from Foods of the World*



Here is an invitation to take a delightful kind of journey through the provinces of France. You may stop and "visit" such fascinating places as an open-air market in Gasconne or a charming old inn on the road to Chartres. And you'll "collect" authentic recipes all along the way for the simple, hearty, superbly flavorful regional specialties of the land.

Perhaps one of the first you'll try will be a savory *Cassoulet*... the stew of meats and beans so famous in Languedoc. Or you might be in the mood for something sweet and light... such as a *Soufflé au Grand Marnier*. The choice is yours. And you'll probably want to try every delicious hors d'oeuvre, soup, entrée and dessert in *The Cooking of Provincial France*.

#### Famous authorities show you the way

Your guides are M. F. K. Fisher, the gifted author and expert on French country-style cooking; Julia Child, television's famous "French Chef"; and Michael Field, one of America's first-rate cooking teachers. With

the big, beautiful volume they helped to create for TIME-LIFE BOOKS, French country-style cooking is wonderfully easy. For the book doesn't just tell you how—it actually shows you how—with step-by-step picture directions.

The book also brings you a knowledge of fascinating regional traditions and cuisines, and suggests ways to adapt and use some of these intriguing customs in your home.

*The Cooking of Provincial France* is Volume I in *FOODS OF THE WORLD*—a remarkable, new, illustrated library from TIME-LIFE BOOKS that offers authentic recipes and fascinating cooking lore from all the major cuisines of the world. This is the first series to picture, in the beautiful full-color style of TIME-LIFE BOOKS, exactly how to prepare the most delectable dishes of many lands. Each volume is the work of experts in the cuisine of that particular country. Before inclusion, every recipe has been tested in our own kitchens under the supervision of Michael Field. Every volume comes with its own handy spiral-bound Recipe File, like the

one shown here that comes with *The Cooking of Provincial France*. The Recipe Files are included without extra charge.

#### Sample it for 10 days, free

We'd like to send you the first volume, *The Cooking of Provincial France* for a 10-day free examination. Then, if you wish, you may return it and owe nothing. But if you do want to own it, it is yours for considerably less than such a handsome book would ordinarily cost. Thanks to the vast facilities of TIME-LIFE BOOKS, substantial savings are realized and passed on to you. You pay only \$5.95 (\$6.25 in Canada), plus shipping and handling. Then you will be entitled to receive another volume in the series for free examination every two months, and to keep it, if you wish, at the same low price. But by accepting this invitation, you make no promise to buy anything. To receive the first volume for 10-day free examination, simply mail the postpaid order form or write to TIME-LIFE BOOKS, Dept. 2401, Time & Life Building, Chicago, Illinois 60611.



### Get BOTH FREE with *The Cooking of Provincial France*

The handy, spiral-bound **RECIPE FILE** contains 100 recipes, including every one shown in Volume I. (Each volume comes with its own **RECIPE FILE**, at no extra charge.)

64-page **KITCHEN GUIDE** contains valuable pointers to help you shop for, prepare and serve compliment-winning meals in every cuisine covered by *FOODS OF THE WORLD*.

### *The Cooking of Provincial France* Big, beautiful 208-page book measures 8½" by 11" and contains:

- 100 pages of full-color photos and drawings, plus many more pages of monochrome illustrations. All are new. Nothing is reprinted from our magazines.
- Authentic recipes for the famed regional dishes of France, plus fascinating facts on the customs and cuisines of different provinces.
- Basic Guide to French Table Wines, that tells how to buy, keep and serve them, and much more.
- Guide to 21 of the world's most savory Cheeses.
- Herb Garden Guide that tells and shows what herbs to plant in a kitchen garden or window box.
- Shopping Guide.
- Glossary of Food Terms.





First the chicken is browned, starting each piece skin side down.



Next shallots are swirled in the same skillet until golden.



Then chicken and shallots are combined and simmered together.



The finished dish, *Poulet Sauté à la Bordelaise*, is typical of French country-style cooking... good to look at and unusually delicious, yet easy to prepare.



Three typical hearty soups... split pea, vegetable and French onion.



*Crêpes*, filled with a creamy blend of mushrooms, shrimp and other delicacies make a very special hors d'oeuvre.





The other method is to use polyurethane or polystyrene foamboard instead of mineral wool. These materials, which your building-supply dealer can order for you, can be cemented and nailed right to your basement's concrete walls, then plastered over.

You can warm a cold floor over a crawl space either by nailing mineral-wool batts between the floor beams or by insulating the inside surfaces of the walls. If you choose the former approach, remember also to nail chicken wire or thin, wood strips over the insulation to hold it in place. Remember also to lay overlapping strips of polyethylene or roll roofing paper over the dirt floor of the crawl space, and install two or more foundation vents to provide cross ventilation. The last two steps are to prevent unwanted moisture from invading the house.

If you choose to insulate the walls of the crawl space, use polyurethane or polystyrene, and run a heat outlet from the furnace or boiler into the crawl space. This heat outlet prevents moisture from collecting and eliminates the

need for foundation vents, but not for the polyethylene or roofing paper on the dirt floor.

An uninsulated concrete floor presents a special problem, for it is generally inaccessible from underneath, which would be the logical place for the insulation. But there are remedies.

Carpeting helps, for example. And it helps even more if you lay it wall-to-wall over sheets of insulation board that have been nailed or cemented to the floor.

The best solution is to lay a wood floor over the concrete. To do this, nail or cement parallel 2-by-2-inch strips of wood to the concrete floor. Position them two feet apart. Next, cut polyurethane or polystyrene into widths that will fit snugly between the wood strips and cement them to the concrete. Now nail half-inch plywood (an inexpensive sheathing or subflooring grade) to the wood strips and lay the flooring over the plywood.

Another place where insulation is often omitted is in an attached garage. Happily, it's easy to nail insulation between the studs of the garage walls and

between the roof rafters. Or just insulating the wall that adjoins the house will make a big difference. In either case, protect the insulation on the walls with gypsum board, fiberboard or quarter-inch hardboard that is perforated to accept storage hooks and shelves. This is known as killing two birds with one stone.

#### REMEMBER THAT HEAT RISES

A less obvious but very serious area of heat loss is the ceiling under an uninsulated attic. If your attic has no floor, your insulation job is very easy. Buy push-in batts of mineral wool, which are as thick as the floor beams are high and as wide as the spaces between the beams. Push them down between the beams until they touch the ceilings of the rooms below. Another method which is just as easy is to buy a pour-in or loose-fill insulation. This is usually fluffy, but sometimes comes in granular form. Pour it between the floor beams, then spread uniformly.

If your attic has a floor, you can rip up the boards in order to apply insulation or call (continued on page 121)

# Stop prewashing your dishes. Finish does it for you.

Finish® has an extra-active chemical to scrub away stuck-on food. Even in hardest water.

Using Finish is like having a chemical brush scrubbing away in your dishwasher.

Dishes, glassware come out spotlessly clean. Every time.

Without prewashing.

**It's like having a chemical brush in your dishwasher.**







Magnavox stereo!  
Within that gorgeous cabinet is just about everything electronic science knows about stereo. But all you'll notice is perfect sound, from a human voice to an entire symphony orchestra. And we have a wide choice of models (many with our revolutionary air suspension speakers). Thoughtfully, we built in flexibility that lets you add tape units or extra speakers. We repeat: You're home with Magnavox.

**You're home with Magnavox.**



# CALIFORNIA WINE WIZARD

By Nancy C. Gray

Little old wine-maker, you? And you don't even own a grapevine? Well, you may be miles from the vineyards, but you can still dip in for a piece of the action. Thousands of Californians make their own wine every year—and with Pied Pipers like the Bay area's Davis Bynum leading the way, the band of back-room enologists is burgeoning today. Bynum, an ex-newspaperman who says he "made the natural progression from enjoying wine to making wine," is not only a wine-maker of some note himself, but in his small, vine-scented winery in Albany, Calif., has rounded up all the paraphernalia—the crushers and presses, fermentation traps, barrels

and syphons, even the grapes—which the hobbyist needs.

It's all perfectly legal to make your own wine (except in some areas where state law prohibits it). You can stash away a princely 200 gallons a year just as long as it's earmarked for your own private cellar.

If you live within shipping distance of the grapes (and Bynum ships grapes and wine-making equipment to customers as far away as Pennsylvania), your personal cellar can, with luck, include some of the vine's most prestigious names: Cabernet Sauvignon, Pinot Noir, Pinot Chardonnay, Zinfandel. If you don't, or just haven't the patience to

match wits with the fruit, there are liquid concentrates, which Bynum also supplies, that are somewhat more limited in variety but packed into cans and plastic containers and dandy for short-cutters. By following a recipe, adding water, sugar, yeasts, acid and tannin, then aging the liquid properly, you'll arrive at what even Bynum considers a "not quite so fine, but then not bad at all" conclusion.

Here's a Christmas gift idea, in fact, for the man who has everything. Pack up a kit with concentrate plus assorted extras such as jugs, corks, fermentation trap, chemicals, hydrometer, etc. Depending on how much of a purist you're

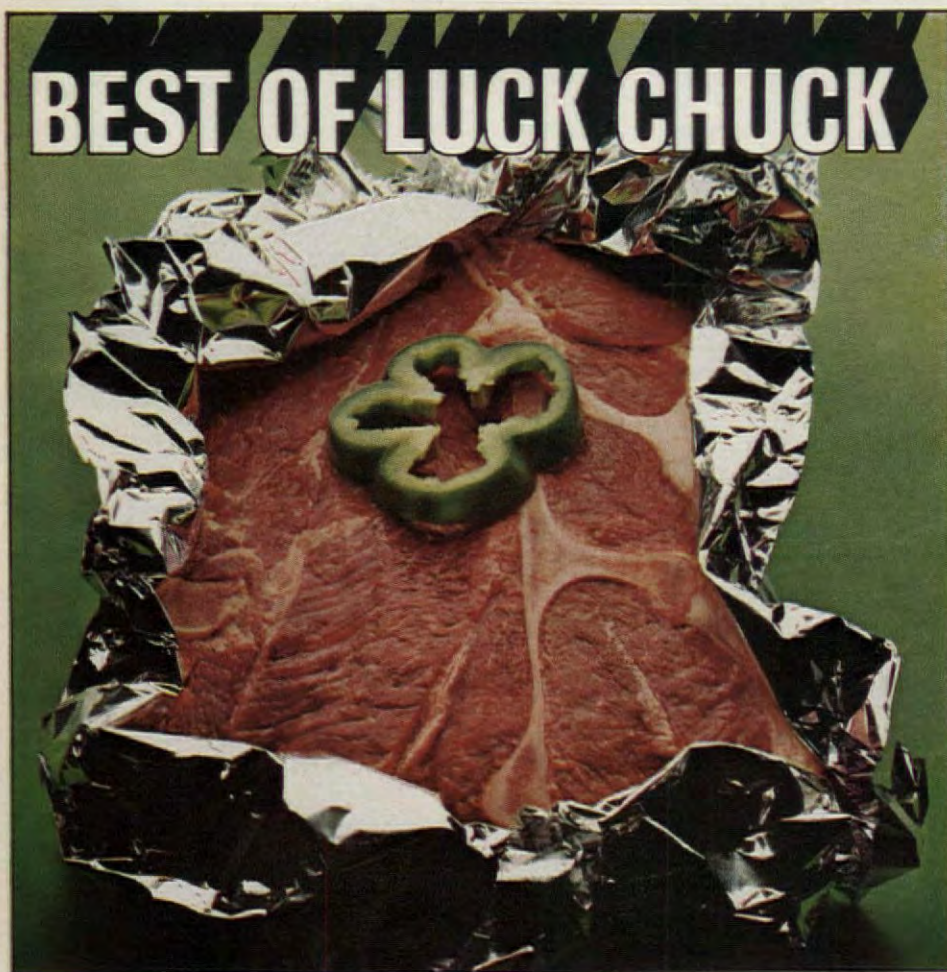
gifting, the price tag slides between \$6.95 and \$15. You can order everything you need through Bynum's illustrated catalog. Just send 50 cents to: California Vintners, Bynum Winery, 614 San Pablo Ave., Albany, Calif. 94706.

Bynum, a big, gentle bear of a man, has been producing wines for nearly 20 years. When he first started as a hobbyist, he had the field pretty much to himself. "There weren't many others—at least I didn't know of anyone else."

Actually, for the first two years he didn't have any of the major equipment. "We even did all the crushing by hand. And that's tedious! Hand-crushing is a little like milking a cow—you kind of pull down on each bunch of grapes and just squeeze. Out of curiosity I did try trampling them, too, but it caused a terrible rash on my ankles and I stopped."

What does a hobbyist really need in the way of equipment? "Well," Bynum admits in the light of his own experiences, "if you're tackling more than 200 pounds of grapes (about 15 gallons), it sure does help to have a crusher and a press." The crusher, used to break the skin of the grape, runs from \$60 for a hand model to a machine-driven version at \$249. The press, which extracts the juice from the grape, costs from \$35 to the super-sized \$155 number. Both of these may be rented, for a very small fee, from California Vintners, the Bynum Winery supply center.

Add to above what's called the fermentation (continued on pg. 44)



Up for a little low-cost class? Get a cut of chuck, a can of mushroom soup, a packet of dried onion soup. Wrap it all up in Alcoa Wrap and a 250° oven and go to work. Strong Alcoa® Wrap aluminum foil is now cooking you a fantastic meal... but when you come home, you're on your own. What you have with Best of Luck Chuck is your affair. All Alcoa Wrap does is give you strength. The strength you need these days.



**ALCOA**

Alcoa Wrap... the something else foil.



Yourself.  
Revealed in something casual



Express yourself in the new lifestyle.

Easy-going elegance.

Stemware. But less formal. More at home among the comfortable things that reflect your taste.

Prado Accent Stemware. New, tawny, sculptured glass-on-glass.

Florentine Casual Stemware. The shorter stem, the newest shape in glass. Both come in all popular sizes.

Prices come casual. In sets of 8, Prado Accent costs about \$8.50, Florentine Casual, about \$6.50.\*

\*Prices may vary regionally.

**Libbey**  
GLASSWARE by OWENS-ILLINOIS  
Toledo, Ohio 43601



# "Ever notice how colds feel worse at night?"

"Maybe it's my imagination.

"But in the wee small hours, a sneeze or cough can sound like a thunderclap.

And the later it gets, the more my aches and pains ache and pain.

to go to bed with a cold and wake up feeling better."

Vicks NyQuil. The nighttime colds medicine.

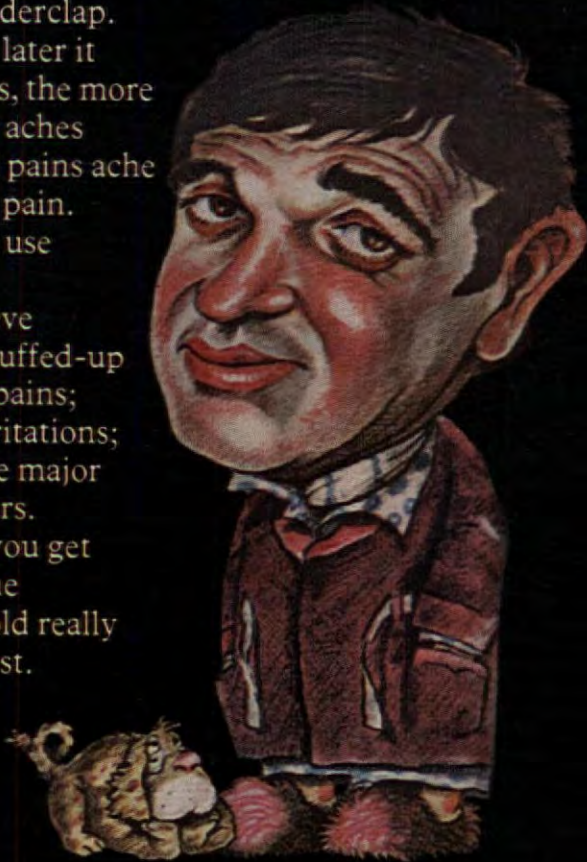


"To avoid all that, I use NyQuil.

"NyQuil helps relieve sniffles, sneezes, and stuffed-up noses; eases aches and pains; soothes minor throat irritations; in fact, relieves all these major cold symptoms for hours.

"As a result, when you get NyQuil, you also get the one other thing your cold really needs: a good night's rest.

"Believe me, it's nice for a change



Vicks® and NyQuil® are registered trademarks—Vick Chemical Co., Div. of Richardson-Merrell Inc., N.Y., N.Y.

## CALIFORNIA WINE WIZARD continued

vessel (stoneware crocks, wooden barrels, even 5-gallon water jugs fill the bill), a fermentation trap (a 50-cent gadget which lets gasses escape without letting in air and assorted bacteria), a hydrometer, \$2.50, (helpful to measure the sugar level—i.e., potential alcohol), and, for the final grand flourish, a hand corker (\$3.25) and a handful of 5-cent corks. That's it. But, if you're not bent on classy looks, you don't need corks. Screw-top bottles work quite well.

What about grapes? The most successful in Bynum's opinion is Cabernet Sauvignon. "Wonderful! The wine made from this grape takes care of itself better

than any other," by which he means, among other things, that it is stable and less apt to develop problems. "It should age a long time, though—most people drink it up far too soon." He cites some he bottled in 1959 which is at its peak right now, but admits the ranks are considerably depleted due to his own impatience. Eleven years is quite a wait!

The Zinfandel grape, a California phenomenon, contributes what Bynum estimates is 50 percent of the homemade-quality red wine in California—"This makes fine red or rosé, depending on how you handle it" (i.e., how long you leave the skins on during fermentation).

At 18-22 cents a pound in California, it is far less expensive than Cabernet Sauvignon, now so popular that the price has rocketed to 40 cents a pound, or about twice the others. Bynum's favorite white varietal is the Sauvignon Blanc, a sport of Cabernet Sauvignon.

Home wine-making has nudged Bynum to share his knowledge through classes for fledgling vintners and ultimately to produce a line of highly touted table wines, including a healthy, full-bodied, red labeled Barefoot Bynum Burgundy. The name, he explains, is his private rebellion against what he calls "the snob-type ads for what are really some of the worst wines in the world." At one time, his own advertisements read: "Barefoot Bynum Burgundy, the Chateau LaFeet of jug wine." Corny, but when you know this genial expert, who, as his father before him, has been one of California's official state wine judges, and hear his low-key, knowledgeable explanations of wines and winemanship, tongue-in-cheekery follows.

Here's a pro who has no time for the mumbo-jumbo. "Basically," he points out, "the enjoyment of wine has nothing to do with the label on the bottle. It's what's inside the bottle that counts. I've seen blindfold tastings where people chose wines they would never have bought on the market. Their snobbishness simply would not have allowed it."

To play winesman in its most elementary form, he admits, does take a small vocabulary—four words: "nose," "bouquet," "body" and "balance." Nose,

sniffing the wine, is your first encounter when you pick up the glass. Bouquet is the aroma sensation after you've swallowed. Body is the substance (too little means it's thin and watery). Balance is the relationship between the acid and alcohol (too much of the former and the wine is sharp, even bitter.)

How does a beginner get to the point where he can play the connoisseur's game? "Well," Bynum recalls, "my father always said that you had to have a palate with a memory." But an educated taste, he insists, is something you can acquire—"a little like a green thumb, which no one's born with. It just comes with practice." **END**





What a cared-for feeling. Getting ready for bed in a room as perfect as this.

And knowing it will still look fresh and lovely hours from now, when sunlight streams in again.

No-iron cotton and polyester sheets, matching cotton velour towels. With Enchantment coordinates by Cannon Royal Family, the nice feeling never stops.

CANNON

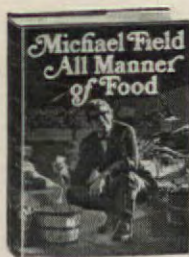
ROYAL FAMILY

Cannon® Enchantment in camellia pink, celestial blue. At fine department stores. Cannon Mills, Inc., New York 10020.

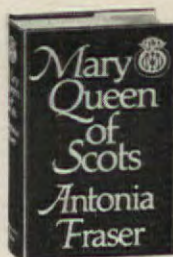
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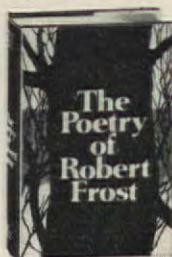
# WHICH OF THESE BOOKS HAVE YOU



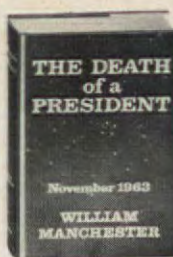
522. ALL MANNER OF FOOD by MICHAEL FIELD Illustrated (Retail price \$8.95)



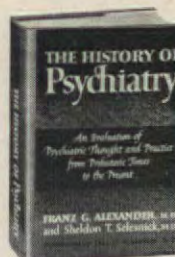
328. MARY QUEEN OF SCOTS by ANTONIA FRASER. Photographs (Retail price \$10)



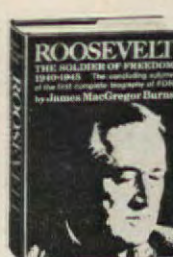
127. THE POETRY OF ROBERT FROST Edited by EDWARD CONNERY LATHAM (Retail price \$10.95)



355. THE DEATH OF A PRESIDENT by WILLIAM MANCHESTER Charts and maps (Retail price \$10)



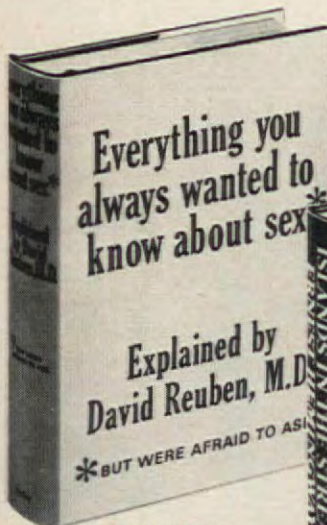
329. THE HISTORY OF PSYCHIATRY by F. G. ALEXANDER, M.D. and S. T. SELESNICK, M.D. Illus. (Ret. price \$11.95)



126. ROOSEVELT: The Soldier of Freedom, 1940-1945 by JAMES MACGREGOR BURNS Illustrations (Retail price \$10)

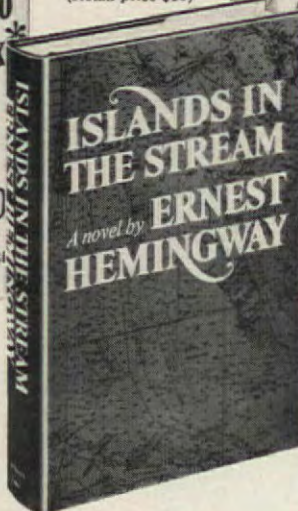


139. ULYSSES by JAMES JOYCE Unabridged (Retail price \$7.95)



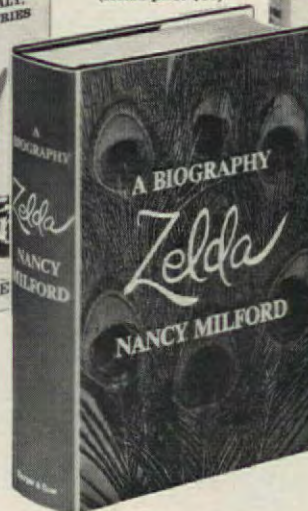
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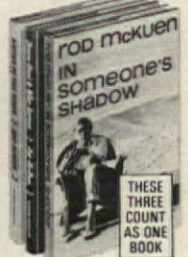


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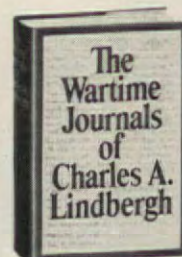
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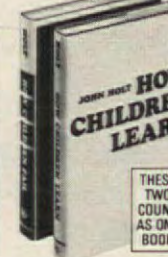
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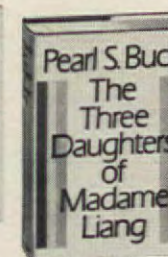
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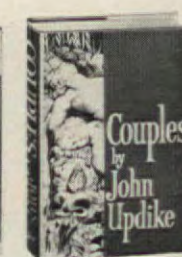
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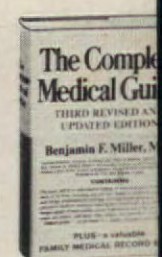
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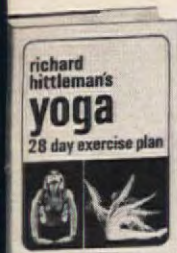
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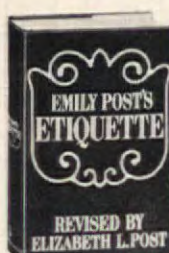
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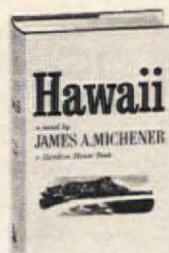
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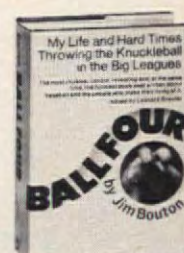
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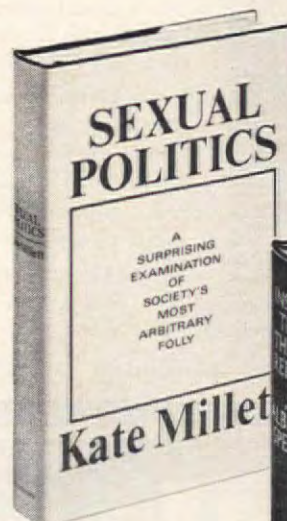
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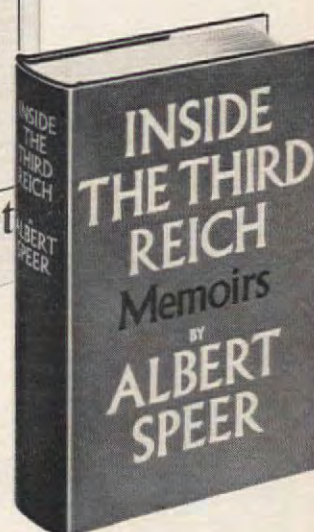
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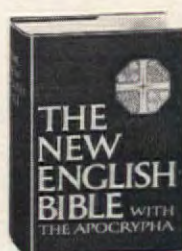
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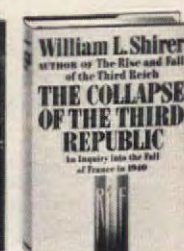
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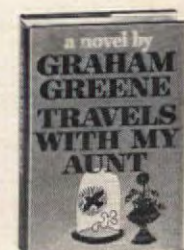
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Conger, now also White House Curator, continues to seek out superb Americana.

# CLEMENT CONGER: DIPLOMATIC TREASURE HUNTER

By Mary Evans

An eagle eye, fleet feet, patience and a nimble tongue—all are requisite equipment for our State Department's persevering collector.

In 1961, when the new U.S. State Department Building was opened, the Secretary of State was at last provided with a suite of rooms where he could hold the almost daily official parties which are an essential function of diplomacy. Unfortunately, although the rooms had a splendid view over the Lincoln Memorial, little money was available for the furnishings, and the result was the worst sort of "motel modern."

Just before one important reception, Mrs. Christian Herter, wife of the then acting Secretary of State, came up to inspect the rooms where she was to conduct her guest, the Queen of Greece. Clement Conger, the State Depart-

ment's deputy chief of protocol, who was accompanying Mrs. Herter, tells what happened: "Her face kept falling and falling and falling. No wonder! There was scuffed wall-to-wall carpeting, French paintings with the labels taken off, and the ladies' lounge—well, that looked like the quarters of a gangster's moll. Mrs. Herter actually broke down. 'This is what foreigners think of as American, but it really isn't,' she said."

Conger, a veteran diplomat and man of taste, shared Mrs. Herter's distress. Why should we as a country put our worst foot forward? Surely there must be ways of assembling fine American furniture, paintings and decorative objects. He volunteered to be chairman of the State Department's Special Fine Arts Committee on Americana. In the nine years since, he has cajoled, wheedled and occasionally outwitted people into giving or lending such a fine assortment of furnishings that the Diplomatic Reception Rooms now have what some feel is the best collection of period American furniture south of the Henry Francis du Pont Winterthur Museum in Winterthur, Del. World figures, heads of state, young diplomats just starting their careers come away impressed by the elegance of the rooms and convinced that yes, there really is and has long been an American culture.

Patiently and persistently, Conger has, in a remarkably short time, put together this treasure trove of craftsmanship. "I guess I'm considered to be an expert," he says, "but I'm self-taught. I took on the project in my spare time. It was only then that I mastered Americana in period rooms." To be sure, he did not take on the project completely uninformed. "I grew up in Virginia surrounded by period things. I inherited an interest and affection for antiques and paintings."

Along with his instincts for fine furnishings, Conger seems to have inherited or acquired a very special diplomatic touch, for owing to his efforts, the top floor of the State Department Building, where more important visitors are entertained than in any other Washington building, including the White House, has on (continued on page 55)

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# Never sit on a mattress.

*And other tips on how to avoid a pain in the neck when buying one.*

A lot of people never do any more than sit on a mattress in the store. But very few of these people go to sleep sitting up.

So they never know what it feels like until they get it home. Which is too late. The place to find out is the place where you buy it.

## Lie down before you buy.

Try every mattress in sight. The soft ones. The hard ones. Everything in between.

It won't take long to find out which are most comfortable. But do they give you the support you need?

## When "firm" is too hard.

Nobody wants a too-soft mattress. But don't talk yourself into the other extreme. Many a restless night has been spent in the name of firmness.

If you could look inside a mattress, you could see why so many don't conform to your body.

Most mattresses are made with coils that are all wired together. Push down on one coil and it pulls the others down. Lie down on one of these mattresses and it sags under you. Just like a hammock.

To make a wired-together mattress firm, they put in rigid coils. Then stretch stiffeners across the top. Which can make it stiff as a board. So firm it doesn't give under your hips and shoulders . . . and lets your back sag in between.

Too soft or too firm, you don't get the support you need.

## Separate coils support best.

There's one mattress, though, that's made with coils that are not wired together. The Beautyrest®, made only by Simmons.

Each coil has its own individual pocket. So each coil works separately to support whichever part of the body it's under. They can give under the shoulders and hips. While others are free to firmly support the small of your back.

## Will it stain?

You can't treat your mattress to a laundering. We treat it so you don't have to. With Scotchgard® Fabric Protector

to resist spots and stains. So it stays fresh and neat and clean-looking.

## A standard double is too small.

Nobody sleeps like a log. In fact, you normally change position 20 to 45 times every night. So you can imagine what happens to two people on an old-fashioned double bed—where each one has less than the width of a baby's crib. We want you to sleep like a baby, but not on a baby-sized bed.

A Queen size is over half a foot wider and almost half a foot longer than the standard double. It fits in a small bedroom, yet gives you 20% more room.

The King size is almost two feet wider and almost half a foot longer than a double. (Sizes vary slightly on the West Coast.) Which gives you 50% more room.

## Pick your firmness.

Simmons does offer you a choice. The normal-firm Beautyrest Supreme. Or, for

people who need extra-firm support (or who just prefer it), the Beautyrest Back Care.

Because each one conforms to your shape, neither has to be hard to be firm, or soft to be comfortable.

Now that you know something about buying a mattress, shop around.

## Ask a lot of questions.

Ask the salesmen how each one is made. How it's put together inside. That way, you can make sure you get individual coil construction. And, as we said before, lie down on everything in sight.

You might think it's a pain in the neck to spend so much time choosing a mattress. But it's a lot better than getting a pain in the neck sleeping on one.



**Beautyrest  
by Simmons**

It gives every part of your body  
a good night's rest.







I LOVE YOU MOMMY

I like my mommy be cause  
She smell so sweet. And I a  
also like her'cause She is beautiful,  
And She wheres beatiful clothes.  
And my mother love me to.  
And my mother likes to take care  
to me. And I also love my mother,





# "I love you Mommy"...is it only appropriate as long as it doesn't clash with the wallpaper?

It's sad what happens to them...

The lopsided clay bowl an eight year old boy brings home from school. A gift "for holding pins and things."

Or the color-splashed declaration of a little girl's love for her Mommy.

It's sad that in so many homes they're felt to be somehow not appropriate for the living room. And a well-intentioned "wouldn't that look nice with your other things down in the recreation room" shunts these gifts of love into a forgotten corner.

It's sad. For it's these precious little things that give a home the individual warmth and personality every woman wants.

What could be more uniquely expressive of a woman than her children? What they are. What they create. What they feel and say.

So we urge you: include them in your decorating.

Bobby's lopsided bowl? Make it a part of your living room. It'll say nice things about you...that yours is truly a living room for living in. Where a bowl full of "pins and things" is brimful of love as well.

And when Lisa scrawls her affection in rainbow colors, frame it and hang it where it'll brighten the whole house.

Don't worry about it matching

your color scheme. There's not a color on earth or in heaven that'll clash with "I love you, Mommy!"

Of all your furnishings—of all the decorating effects you can choose for your home—nothing can make it as uniquely "you" as the warmth of your children's gifts...the lilt and laughter of their love.

At Ethan Allen Galleries it has always been our belief that a beautiful home is a home that expresses *you*, your children, your values. We've spent over 30 years collecting heirloom designs for American Traditional interiors you can "see yourself" in. Beautiful rooms and complete environments to help you decorate your home to your individual taste. Whether you visit us with something specific in mind, or just drop in to browse, we think you'll find the experience different and rewarding.

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See the Gallery listing on the following right hand page.



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By Dorothy Lambert Brightbill

# SPANGLED CHRISTMAS-BALL KIT

Ben Swedowsky

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These sparkling Christmas balls look so exquisite, you'll find it hard to believe how quick and economical they are to make. This is one holiday project the children can join in with happy results.

Just pin spangles, sequins and beads on the pre-shaped, white foam balls. Add the gold filigree ornaments, large jewel-like colored beads and cord for hanging on your tree or in a window.

Their making and display will become a treasured Christmas tradition. You may order sets of three exactly as shown or three of any one shape (the color for each shape is pictured). See the coupon at left. The balls shown here are three-quarters actual size.





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### DIPLOMATIC TREASURE HUNTER continued from page 50

view a collection worth more than \$5,500,000. The John Quincy Adams State Drawing Room (pictured on pages 64-65), for instance, houses the country's most extensive group of American Chippendale ever displayed in one room. And the Gallery includes a rare \$55,000 New England Chippendale bombe-sided chest of drawers, purchased last year with funds provided by former Under Secretary of State C. Douglas Dillon and Mrs. Dillon. More than 125,000 people a year see the collection, about half of whom are American visitors admitted on frequent tours.

The State Department owns outright only 40 percent of the collection. The rest is on loan—from private owners, businesses, museums and antiques dealers. Loaners and donors, all have been corralled by Conger and his committee of interested citizens, lured with promises of tax deductions, plaques, special invitations and the glory of it all. Not only are objects needed, but money must also be found to pay for architectural alterations, such as the fine 18th-century- and 19th-century-style moldings and panelings, the earlier ones adapted from those in an 18th-century Philadelphia house and carved by an 80-year-old craftsman living in the mountains of Georgia.

Conger has accomplished all this thanks not only to an eagle eye but also to fleet feet and a nimble tongue. Sometimes he has had to make a mad dash to another city to gather in an acquisition before the prospective donor could change his mind; sometimes one well-directed letter has served to raise the funds needed to keep a treasured loan from being put up for public sale. (When a dealer in New York who had loaned a card table needed money and was going to have to put up the table for sale, Conger recalled that a woman visitor had recently expressed great admiration for the piece. He wrote to her, and in a short time received a check for \$25,000 with which to purchase the table.)

Conger sends out hundreds of letters asking for loans, gifts and money. How does he know whom to approach? "One of my techniques is to get lists of people who have been here for important receptions and have shown an interest in Americana and antiques. We send them invitations, and it really works. We raised more than \$250,000 last year this way—every group like ours should include a printer. We send an invitation saying, 'The Secretary of (continued)

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Ft. Lauderdale ..... Burdines  
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Gainesville ..... Cox Furniture Co.  
Jacksonville ..... Carriage House  
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Miami ..... Burdines  
Miami ..... Burdines 163rd Street  
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Orlando (Maitland) ..... Carriage House  
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Pensacola ..... Danley's Carriage House  
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Tampa ..... Carriage House

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Brunswick ..... Zachry's of Brunswick  
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Waycross ..... R. B. Zachry Furniture

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Int. 165 & RTE. 30  
Indianapolis ..... Gramhams of Glendale  
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Tulsa ..... Rich's of Tulsa

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## DIPLOMATIC TREASURE HUNTER continued

State and Mrs. Rogers invite ----- to assist in the display of our heritage of American design and decorative arts, 1740-1825, in the Diplomatic Reception Rooms by accepting membership in the Americana Fund of the Special Fine Arts Committee, Department of State.' A fine chest of drawers, on loan, came in answer to one of these letters; the owner had already loaned the piece to a museum but was not happy with the way it was displayed."

Obtaining other pieces took more doing. A Townsend blockfront chest of drawers, which had at times been loaned to Newport, R.I., for exhibitions, is on view because the family of the New Jersey owner held a meeting and decided that they would offer the piece for display if Conger would loan them a good copy. This he managed to do—"a loan for a loan"—and so the beautiful chest now graces the Entrance Hall.

Securing a gift of the fine unfinished Benjamin West painting, *The Signing of the Treaty of Paris, 1782*, took particular determination. There are several versions of this painting. One is owned

by Winterthur; another, Conger learned, had come down in the family of Cass Canfield, Sr., and Cass Canfield, Jr., of New York. They had inherited it from their ancestor, Lewis Cass, a Secretary of State in the mid-19th century. Conger went up to New York and asked Canfield, Sr., if he might borrow the painting to have it copied, and then whisked it off to Washington before that somewhat astonished gentleman could refuse. Later, when Canfield was in the Rooms as a guest at an important reception, Conger showed him that for the occasion he had hung the original over the mantel in the John Quincy Adams Room (where it is shown on page 64). The copy he had hung in the men's lounge. Standing with Conger and Canfield was the then Secretary of State Dean Rusk. "Don't you see," Rusk said to Canfield, "how much more impressive the original is than the copy? Why don't you give us the original and we'll give you the copy?" Canfield, says Conger, "looked thunderstruck, and then said yes."

In some cases, the valuable pieces have not always been appreciated by

their owners. In the ladies' lounge is a Queen Anne lowboy, said to have originally belonged to "Speak for yourself" John Alden and long belonging to his descendants. Inside the top drawer, in a childish and indignant scrawl, someone had written, "John Alden is a Big Fool."

Some particularly valuable pieces almost literally fell into Mr. Conger's hands. "People have been extraordinarily generous," he says. "A gentleman who came in to tour said to me, 'I have a better highboy in my farmhouse than anything you've got here', and he did. Later, his widow turned up with a lowboy that goes with it."

Chance, and good publicity, has brought in one of the collection's most interesting pieces. Mrs. Raymond F. Tartiere was visiting her mother in Chicago when an article appeared in a local paper mentioning her interest in the State Department's Americana project. An old school friend, whom she hadn't seen in years, called up her hotel, reminded her of their school years, and said, "We have the desk on which the final Treaty of Paris was (continued)

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It holds up to 17 table settings and the top rack adjusts up or down so you can load odd-sized plates, pans and utensils. And, if you ever need a built-in dishwasher, this portable converts to a built-in. Besides



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Convertible Model DB850 with cherry wood cutting board





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Tallest, friendliest St. Nick we've seen! Stands or sits! Fill him with crumpled newspapers, plump him round and firm. He'll stand 5'9" tall with Christmas cheer! Stand him up, sit him down, on roof by the chimney, on porch, lawn, inside by fireplace. Colorful all-weather plastic. Fold for storage, lasts years.

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### DIPLOMATIC TREASURE HUNTER continued

signed. Would the State Department like it?" Yes they did want it, especially as there was a remarkably reliable documentation proving that the signing had taken place on the fine Sheraton desk of the British Commissioner in Paris, and that the desk had belonged to several families in England until about 40 years ago, when it was shipped to Illinois for auction. (The desk, which now sits in the John Quincy Adams Room, is pictured on page 64.)

Often the comparative smallness of today's houses and apartments helps in Conger's search. A fine Philadelphia chest-on-chest came down to a doctor in New York, who, having absolutely no room for it in his apartment, sold it to an antiques dealer. It was then bought from the antiques dealer by the Dietrich Brothers Americana Corporation, which gave it as a gift to the State Department.

Conger likes to tell how he got hold of a rare marble-top Chippendale table, in Mr. and Mrs. John Howard Perkins' Washington home. "I kept saying it was too big for the entrance hall." Conger mentioned this often, jokingly, to Perkins. "We need it," Perkins always answered. "It's the only place where we can put our tennis racquets." After four years of banter, Perkins gave in—"If you'll give us a smaller table, the right scale for our house, we'll give you the Chippendale table." Conger managed to find a good, smaller marble-top table and the exchange was made. The Perkinses later came to inspect the Rooms. "Isn't Mr. Conger wonderful," said Mrs. Perkins. "He's so subtle in his way of asking." Her husband laughed. "Subtle! He's as subtle as a barracuda."

Though Conger has not finished his project at the State Department, he's now taking on a second, even more ambitious task. President Nixon, on a recent visit to the Diplomatic Reception Rooms, said, "Clem, things look better here than at the White House. Why don't you come over and help my wife?" So now Conger has a new post—White House Curator. The former Mrs. John F. Kennedy started an Americana project at the White House, but she was only able to work on nine or 10 of the 35 principal rooms. Conger will have the help of Edward V. Jones, a leading historical architect. "I never meant to do over the White House," says Conger. "Now I'm trying to master it room by room." It will take some years, and all of Conger's wit and wisdom, and many donations, and it will be done well. **END**



# Even the slats on our bed gave way, before I lost 186 pounds

By Marie Van Billiard — as told to Ruth L. McCarthy

**P**oor Harold! Little did he dream when he married me that his Tootsie would turn into a 300-pound mountain that would bend the bedboards to the floor on one side, and send him to the ceiling on the other. For, at our wedding, I weighed only 121 pounds.

It all started in my nonna's Italian kitchen. Pizza, pasta fagiolo, spaghetti, homemade bread. She taught me well. And when I had my own home, I added cakes, cookies, candies—and all the peanut butter cups I could afford.

Unfortunately, money never came easily to us. Only problems. And I never seemed to be able to overcome them without eating. As a result, our food bill went up and clothes became a financial burden. The only thing I didn't have to buy was a heavy coat. I had my own natural fat wrap to keep me warm in the cold winter here in Bethlehem, Penna.

My family thought I had a thyroid condition. But there was nothing there but my appetite. And heartbreak. Happy, laughing Tootsie. What a joke! I could barely walk and hardly breathe. And my head throbbed from morning to night. If anyone should have developed a heart condition, it should have been me. But it happened to my slim husband, Harold. Just the trouble I needed to send me on my way to 300 pounds!

I went to my doctor often, but all he could prescribe was willpower. No diet pills. My blood pressure was too high. Oh, I tried reducing. More than once I went down 40 to 50 pounds. But never to stay. I'd always go back to eating one meal, a meal that lasted all day, until my doctor said: "I can no longer weigh you. Try a meat scale." I wanted to die.

Instead, I went home to a box of candy. Ayds® Reducing Plan Candy. My uncle knew I had a terrible sweet tooth, so he picked up a box at the drugstore.

All I can say now is that without them I wouldn't be what I am today.

Don't misunderstand. There's no magic in Ayds.

Only help, but the kind I really needed.

I took one or two of the fudgy chocolate Ayds, like the directions say, and it actually helped cut back my craving. For once in my life, I ate regular meals, only on the Ayds Plan I ate less. This time, you see, I really wanted to help myself and Ayds made it easier. Especially in the afternoons and from suppertime on. Sometimes, for a change, I'd try the chocolate mint or the vanilla caramel Ayds and life would be sweet again.

I was so big, it was awhile before any loss showed. Fact is, it took me over a year to drop 186 pounds. But, after all, it took 36 years to put them on.

Now that the hardest is over, I watch myself very carefully. Because I never want the weight to creep back. You see, you can't imagine how wonderful it is to be free of headaches. To sleep in a bed without bolting the slats in. And to fit behind the wheel of a car, knowing the tires on your side won't wear thin.

Oh, and one other thing. My greatest reward came as gossip. When I finally got way down, and Harold was home from the hospital, someone accused him of running around with another woman. It was the nicest thing anyone ever said about me. Do you wonder now why I can't say enough about Ayds?

## Before and After Measurements

	Before	After
Height .....	5' 1¼"	5' 1¼"
Weight .....	307 lbs.	121 lbs.
Bust .....	54"	35"
Waist .....	48"	28"
Hips .....	56"	36"
Dress .....	52	10



When I got down to what I am now, 121 pounds, I said to my husband: "Step aside, Harold. Hollywood next."



Look at me here, 300-pound smiling Tootsie. At this point, I thought the only place to go was the circus.



By Dorothy Lambert Brightbill

# FEDERAL EAGLE EMBROIDERY KIT



Our Federal Eagle is one of the most distinguished pieces of needlework we have ever offered. The original of our proud bird, derived from the Great Seal, is inlaid on a 1790 New York State linen-press cupboard in the James Monroe Reception Room of the State Department in Washington, D.C. Since the eagle first became our national emblem, it has been used in many decorative ways. This design is stamped on creamy-white 100 percent linen to be embroidered with crewel yarn. The finished size is 13½ by 16½ inches (Kit 61278). The painted frame, also available, is copied from an 18th-century molding (usually painted black) which we updated with red paint to match the stripe on the shield (Kit 61279).



Fill out coupon and enclose check or money order. Florida residents please add sales tax. Allow 4 weeks for handling and mailing. (Sorry, we are unable to handle Canadian or foreign orders.) To avoid delays, please indicate your zip code.

Check items desired:

\_\_\_\_ Kit 61278 Federal Eagle @ \$3.98 ea. \_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_ Kit 61279 Red Frame for Federal Eagle @ \$6.50 ea. \_\_\_\_\_

\_\_\_\_ 61014 Color catalog of available kits @ .25 ea. \_\_\_\_\_

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# Rediscovered! First-Thanksgiving Pumpkin Pie

**Brer Rabbit makes it moist...**  
**Pet-Ritz makes it quick and easy!**

The Pilgrims sweetened their pumpkin pies with molasses. You'll know why—when you see what magic **Brer Rabbit Molasses** performs. It actually holds the moisture and freshness longer . . . smoothes the spices into a better, brighter blend.

And, for a memorable crust, you can depend on ready-to-bake **Pet-Ritz Frozen Pie Crust Shells**. They bake to an even golden brown, always light and flaky . . . a real time saver for modern women who know there's nothing like homemade for the holidays!



## OLD FASHIONED PUMPKIN PIE

- |                            |                                      |
|----------------------------|--------------------------------------|
| 3 eggs, slightly beaten    | 1 1/3 cups evaporated milk           |
| 1 lb. can (2 cups) Pumpkin | 1/2 cup BRER RABBIT® Molasses*       |
| 2/3 cup sugar              | 2 unbaked PET-RITZ® Pie Crust Shells |
| 1/2 teaspoon salt          | Whip Topping, thawed                 |
| 1 1/4 teaspoons cinnamon   | Makes 2 pies.                        |
| 3/4 teaspoon ginger        |                                      |
| 1/4 teaspoon cloves        |                                      |
| 1/4 teaspoon nutmeg        |                                      |

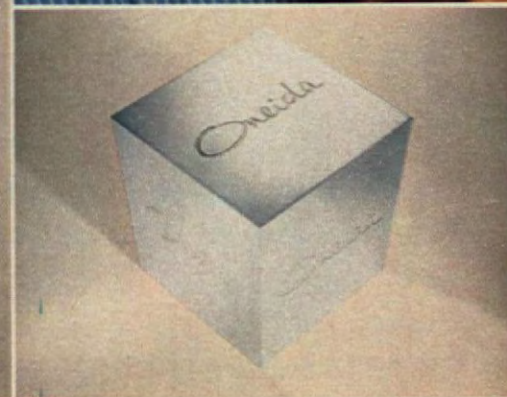
\*Use Gold Label for light flavor, Green Label for robust flavor.

Preheat oven to 375. In Large mixing bowl, combine eggs and pumpkin. Add sugar, salt and spices to pumpkin mixture. Stir in evaporated milk. Add molasses, blend. Place pie crust shells on cookie sheet; pour one-half mixture into each shell. Bake on cookie sheet 40 to 45 minutes or until knife inserted 2 inches from edge comes out clean. Cool. Garnish with whip topping. Each pie serves 6.



Our stainless, we make it as if it were our sterling.

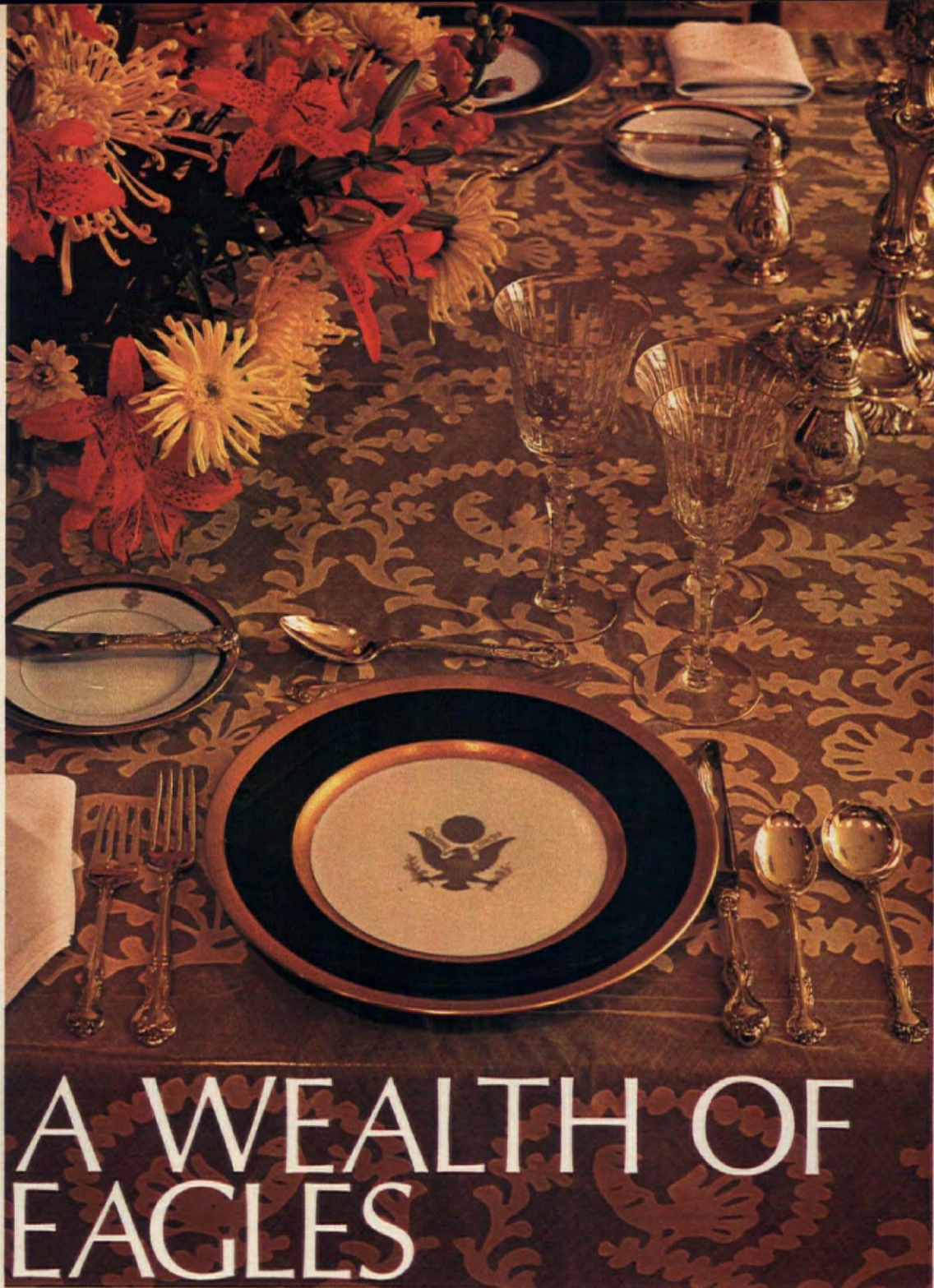
New Nordic Crown.



A creation in Oneidacraft® Deluxe Stainless. Dinner for eight, \$39.95 ©1970 Oneida Ltd.

At fine jewelry and department stores.





AN  
AMERICAN  
TREASURY

# A WEALTH OF EAGLES

The Diplomatic Reception Rooms in the Department of State in Washington, D.C., are really our country's drawing rooms. There the Secretary of State does his official entertaining of visiting heads of state at luncheons, receptions and banquets. Since 1961, under the remarkable guidance of veteran diplomat-collector Clement Conger (about whom more appears on page 50), the suite of Reception Rooms has been transformed into a treasure trove of the best of Americana from 1740-1825. Priceless furniture and paintings have been borrowed, donated or bought; fine panelings and moldings have been re-created. On the following pages we show highlights from this proud collection. Many of the pieces flaunt the Federal eagle, whose origins date back to the ancient phoenix, the legendary bird of everlasting life. To the Romans, the eagle stood for sovereignty; to the American Indian, it meant wisdom. Above, the eagle appears on our Great Seal as embellishment for the Secretary of State's stemware and china.

continued







WEALTH OF EAGLES  
continued

Elegant  
rooms,  
all-American,  
welcome  
official  
state visitors.

The Diplomatic Reception Rooms entertain more visitors—foreign and American—than any other rooms in Washington, including the White House. Most of the eight elegant salons are named for early Secretaries of State who later became Presidents. The State Dining Room is named for Benjamin Franklin, our first ambassador. One of the largest rooms, and the scene of many receptions, is the John Quincy Adams State Drawing Room, pictured on these pages. Here, as in others, the beauty of the furnishings impresses visitors with the high level of our cultural heritage. There is indeed, and long has been, an American style.



Over the fireplace (opposite), in the 75-foot-long John Quincy Adams State Drawing Room, hangs the important—though unfinished—Benjamin West painting of *The Signing of the Treaty of Paris, 1782*. In the foreground is the original desk on which the final Treaty of Paris was signed in 1783. Note the eagle motif on the mantel and Chippendale looking glass. Chairs and lowboy are also American Chippendale. Fireplace andirons are in style of Paul Revere.

At right, the fireplace is viewed over a mahogany New York State Chippendale card table. The desk in the background belonged to Thomas Jefferson, who designed it, and is the very desk on which he drafted the Declaration of Independence.

PHOTOGRAPHS BY FRED J. MAROON

continued



## A superb eagle emblem, inlaid in a linen-press

The eagle has not always been our national symbol. In fact, it took six years of talk and three committees before Congress approved the present design of the Great Seal in 1782. Not everyone wanted an eagle. Jefferson, for example, favored a sketch showing the Children of Israel crossing the wilderness. Franklin wanted to portray the Red Sea dividing for Moses and later opted for the wild turkey as our national bird. (But who would want to eat our country's symbol for Thanksgiving?) Even today, some people question the eagle emblem, including recent visitor Princess Anne of England who termed it a "rather bad choice." Yet the eagle has endured valiantly.



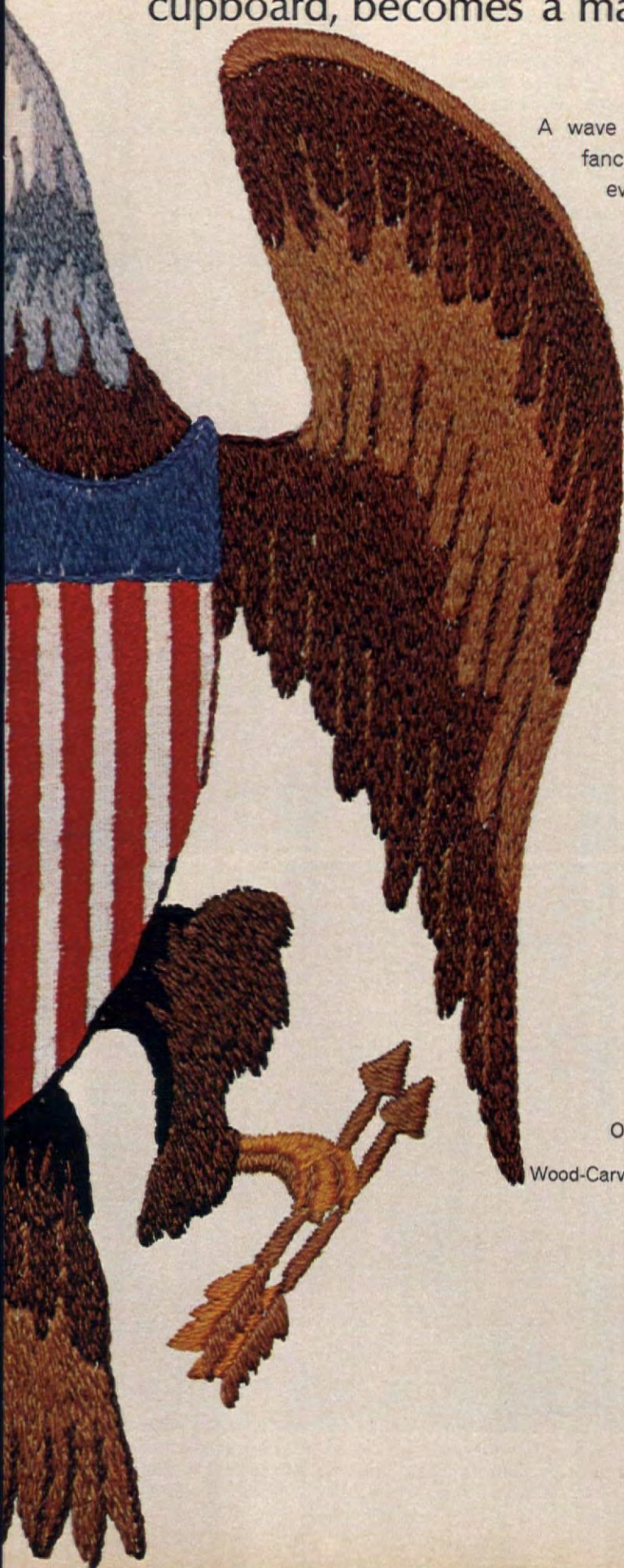
Gilded Brass  
Drawer Pull





cupboard, becomes a masterpiece in needlework.

A wave of patriotism swept our country during its infancy. Cabinetmakers used the eagle motif on almost every furnishing. The 1790 New York State linenpress cupboard (opposite, top) in the State Department's James Monroe Reception Room boasts three versions of the eagle—as finial, door adornments and drawer pulls. (See detail pictures.) In the oval inlay (directly below) and drawer pull (opposite), the cabinetmaker took liberties with the Great Seal by transposing the olive branch and arrows. Our eagle (center), subject of our cover and the needlework kit on page 60, very properly looks to the olive branch.



Oval Inlay

Wood-Carved Finial



continued



## Soaring eaglemania enriches our State Department's Reception Rooms.

A phoenix (below), with swan-necked cresting, tops an 18th-century mahogany-and-gilt looking glass. This was a forerunner of the eagle design.



Transitional eagle (below) on a very significant 1790–1800 Newport, R.I., looking glass has filled out from its earlier phoenix form. Sold by descendants of Constant Bailey, a cabinetmaker employed by Goddard and Townsend, the mirror is of documented museum caliber. The carved oval panel is emblazoned with gold stars in a blue field.



Inlaid eagle (above) distinguishes the underside of the lid on a very unusual mahogany knife box, one of a pair made in Massachusetts about 1800.



American eagle inlaid medallion (above) graces back of a 1795 mahogany Hepplewhite chair, one of a rare set of six. Each chair has the eagle's head turned to a mate, so that there are three matched pairs.



gle (below) on this very rare Chinese  
port teapot bears the badge of the  
ciety of the Cincinnati, formed to  
ep up friendships made during the  
volutionary War. Appearing above  
e eagle is the cipher of Samuel Shaw,  
e first American consul to Canton.

large, truly American eagle (below,  
nter) is a central inlay motif on a  
assachusetts mahogany card table.

Proud symbols (below) of the new  
American republic are inlaid on the  
cover of a Hepplewhite mahogany  
vanity box made in Massachusetts be-  
tween 1790 and 1800. The eagle with  
outstretched wings is seen in bold pro-  
file accompanied by flags and a shield  
with the stripes for the 13 Colonies.



his splendid eagle (above) appears painted on glass set into one of a pair of Hepplewhite console tables, probably made  
n New York in the early 19th century. *Eglomisé*, or reverse painting on glass, with the background painted first and the rest  
lled in, was a process that originated in France. It became popular here during the Federal period, particularly for clocks.

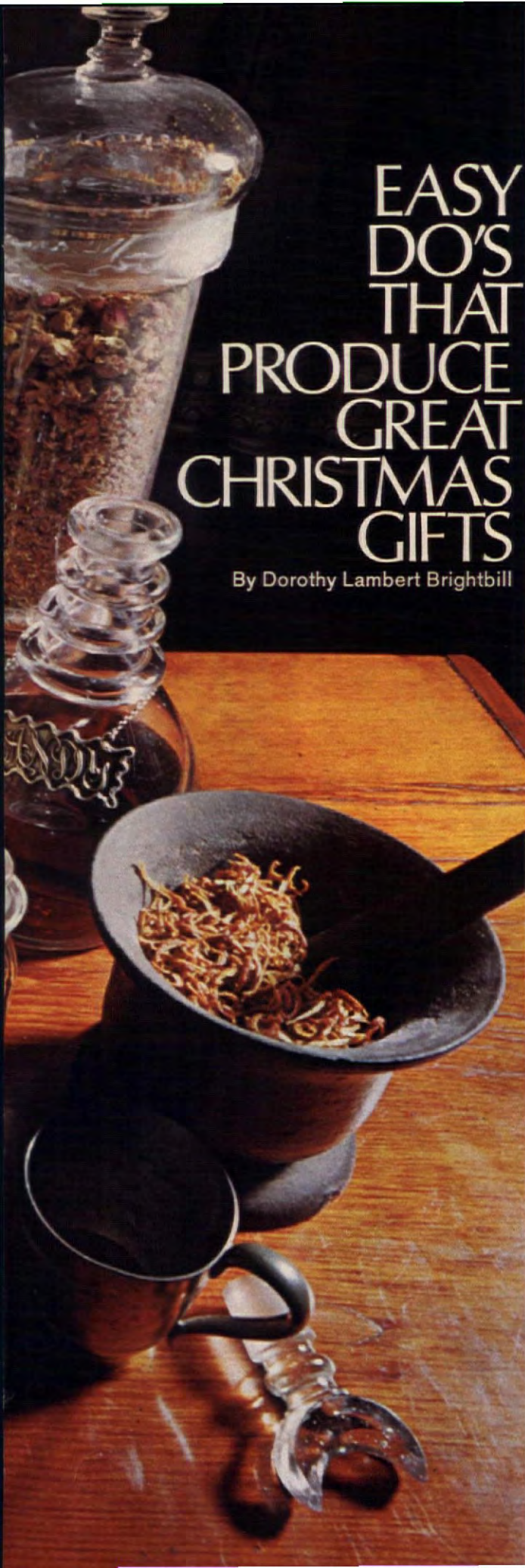




## POTPOURRI MAKINGS

Dried leaves and flowers, patchouli provide base; orrisroot, sandalwood, vetiver, gum benzoin, frankincense and myrrh act as fixatives. Slivered orange peel and spices add to the fragrance. Brandy is used to refreshen when aroma fades.





# EASY DO'S THAT PRODUCE GREAT CHRISTMAS GIFTS

By Dorothy Lambert Brightbill

PHOTOGRAPHS BY BEN SWEDOWSKY

Gifts wrought with love and care have a special quality that no store-bought present can ever quite duplicate. Like the delightful homemades here and on the following pages, they convey a personal warmth, a refreshing and lasting reminder of what Christmas is all about.

Consider this potpourri, for example. For years, I had tried to recapture that wonderful fragrance I always associated with my grandmother—but never successfully. Grandma never gave anyone a complete recipe; she always left out at least one essential ingredient. I bought or borrowed every book that contained potpourri formulas and finally found the missing ingredients. So this year, I decided to try again.

An old friend told me about a source in Coventry, Conn., who dealt in potpourri materials and related items. I ordered rose petals, assorted fixatives and essential oils. When the package arrived, you could smell the delicious contents even before it was opened. Here were rose petals along with tiny rose buds. (continued on page 114)

**continued**

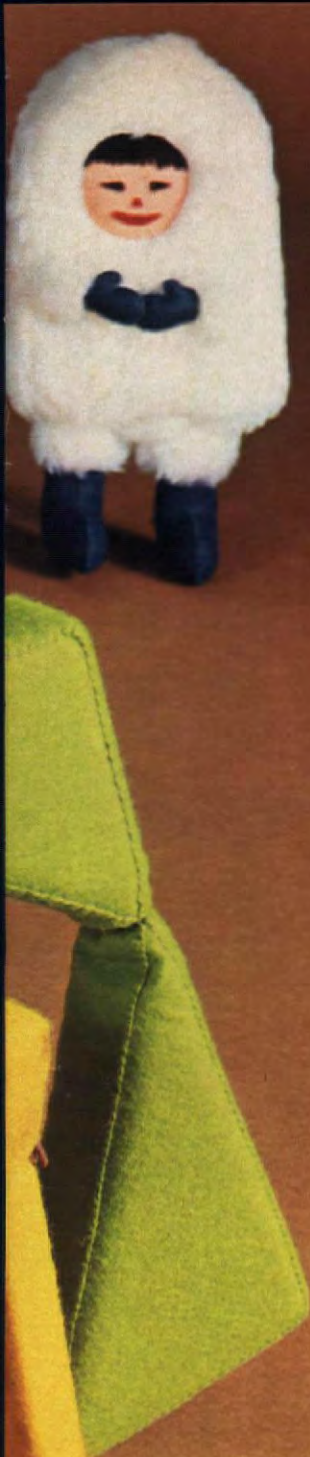
**POTPOURRI GIFTS** Large flowered pad is scented drawer liner. Ceramic pomander and blue Hawthorn jar hold potpourri, as do tobacco and apothecary jars and bowls—enough to perfume a room. Maline and net puffs wrap sachets. Brass box is container for a friend.











## KITCHEN-SPONGE TOYS

Whether you plan a domestic barnyard or a wild menagerie or a cuddly "fur-clad" Eskimo, the kitchen sponge is the common bond behind all these toys.

(Square Albert, our contemporary Humpty Dumpty, acts as overseer.) Sponges are so easy to handle, so simple to cut and cover with felt. Felt cuts smoothly, has no raw edges to be concealed. Complete directions for making the penguin—one of the easiest in this sponge-toy collection—are given on page 114.

**TIN-CAN FANTASIES** These sophisticated decorations belie their tin-can origins. As the angel Gabriel blows his horn it echoes through tiers of tiny horns. A gaily painted Jumping Jack jigs within a necklace. The brilliant star shimmers as it catches the light. Two wall sconces reflect glowing candles. Directions for the tall, feathery beauty are on page 116.



## EASY-DO GIFTS continued

Would you believe that these beguiling gifts to make come from quite ordinary beginnings that anyone with a kitchen undoubtedly has? For the toys, plain kitchen sponges are the basics. Felt-covered, they require very little sewing skill since felt is so easy to work with. All are described and illustrated in Brenda Morton's new book, *Mascot Toys* (see publishers' listing, page 120). But to get you started, we tell you how to make the penguin on page 114.

For the tin fantasies, the main essentials are empty tin cans, tin snips and imagination. We culled an assortment of ideas from Lucy Sargent's *Tincraft for Christmas* (also in our listing on page 120) and her new book from which we preview the tall, feathery sconce pictured above. Directions for this begin on page 116.



## EASY-DO GIFTS continued

Stenciling is an old art that is easy, rewarding to do and can result in personalized gifts like these that are sure to be welcome. The decorative accessories shown, or ones very similar, are to be found around the country and are not expensive. All the items were stenciled with materials from two of Bishop and Lord's kits, "Furniture Stencils" and "Boxes and Tinware Stencils." To order, see the coupon on page 120. Instructions for stenciling the little table, pictured below, are given on page 118.

With today's interest in things natural, stones hold a special fascination. Who hasn't picked up specimens on the beach, carted them home, then wondered what to do with them? Roy Clifton, a lapidary teacher at Penland School of Crafts in North Carolina, sent us these examples of his handiwork. (continued on page 118)

### STENCILED ACCESSORIES

These charming room brighteners owe their fresh, crisp looks to stenciling. From an oil lamp to a wooden bucket, from a dime-store wastebasket to a watering can... they profit from urbane renewal by stencils. To order kits, and for complete directions on stenciling the table, see page 118.



### STONE TREASURES

A handful of tumbled stones, a few polished slices or a rock with one end cut and polished make distinctive table accents. Stone jewelry, set in ready-made silver mounts, is especially lovely for holiday giving. A typical electric stone tumbler (inset, below) does the polishing in a week or two with only occasional checking.













By Vera D. Hahn

Sarina Mascheroni considers herself lucky. Like many new wives, she didn't start married life with china for 12. And she never had a complete flatware, crystal and table-linen trousseau. No matter. For in the years since, she and her furniture-designer husband John have collected for their New York apartment an international tabletop wardrobe that would do any hostess proud. There is no grand design, no overall plan. Says Sarina, echoing the mix-the-pattern philosophy of Tiffany & Co.'s George O'Brien (see page 22), "We use the sportswear approach. We like to mix separates, buying what we really like without regard to period, pattern, color or material. We never worry about whether it will go with what we already have—somehow it always does. Each new addition makes me look at the collection with a fresh eye and gives me ideas for using our things in new ways and combinations." So decorative are Sarina's separates that her table settings never need a conventional centerpiece. Another advantage: It costs less to buy partial sets and odd lots than it does to invest in complete services. "Three of this or seven of that always fit in," Sarina explains. As you'll see on these pages, this remarkably simple approach has paid off rewardingly.

## THE CASE FOR COLLECTING



John and Sarina Mascheroni (opposite) ready their table for high tea with friends. The glass and steel table (John's own design) is set with Swiss mats, Italian plates, Finnish cups, English calico-pattern butter dish, Cornishware teapot and a woven oak tray from Virginia. The blue-and-white Japanese plates at center table are used as platters and (above) as service plates under dinner-table willowware. Brown napkins, plastic tumblers, blue goblets, ecru lace tablecloth and Chinese wicker birds complete the setting.



## COLLECTING continued

An international mix (opposite) provides the setting for an after-the-movies soup buffet. Red-pottery tureen and bowls are Italian and French respectively. Tin tureen on English ham stand is French; beverage carrier, Greek. Brown-and-white bowls were found in Mexico, lemonwood soup spoons in Morocco. French tin rice-cooking ball acts as a butter holder. Brown Louis XV-border French pottery plates move over to dinner table (right) to accompany Victorian ironstone plates, pewter-finish stainless flatware, American-reproduction pressed glass, English crystal clarets.



The Mascheronis' buffet sideboard (left) comes in for plenty of impromptu entertaining. Sarina and John enjoy hosting spur-of-the-moment get-togethers, and their food and the way it is served always delight their guests. On the sideboard, a Polish wool runner sets the stage for wine and cheese. The oak-handled knives and forks are German, the napkins homemade from Indian cotton. Green pottery plates, found in the south of France, are also used with bird-pattern Italian pottery dishes (right) for family meals. Milk-glass goblets tie in with white-enamel trim on the flatware and Spanish pottery pitcher.



Many of the Mascheronis' international tabletop finds are now available in the U.S. See Shopping Information, page 106.









# HORS D'OEUVRES GALORE

By Frances M. Crawford

Braunschweiger  
Mold

Entertaining today reflects our taste for easier living. The cocktail party, spirited and sociable, spells perfect, casual conviviality for a crowd. A dinner party is the better choice for enjoying the company of just a few intimate friends. Here and on the pages that follow are ideas for both to help make your next party truly memorable. These hors d'oeuvres, for example, were inspired by the diplomatic entertaining of our State Department (whose treasures appear on pages 63-69). International in flavor, and with the eye and palate appeal of all good appetizers, they typify the "before meal" taste-teasers that have been part of the cuisine of every country for centuries. Serve one or two at your next cocktail party, along with your own specialties, to add a cosmopolitan note. Recipes for these easy make-aheads and more begin on page 94. Menus for dinners for 8 with a superb flair—and striking table settings to do them justice—start on the next page.



Swiss Cheese Puff



Caviar Mousse



Anchovied Cucumbers



Scandinavian Pinwheel

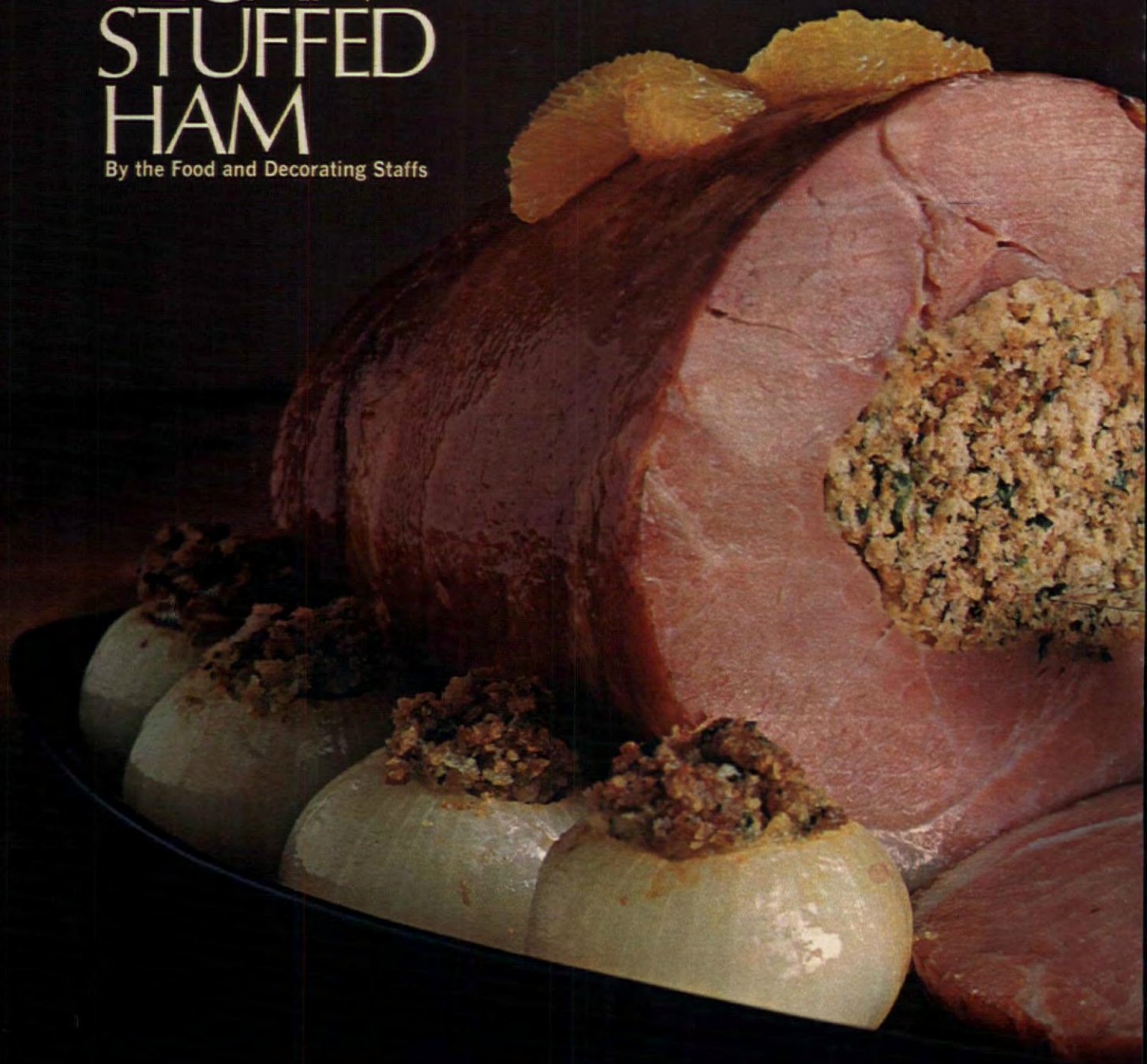


From bottom up:  
Mushroom Tartlets  
Antipasto Strips  
Shrimp Toast  
Anchovied Cucumber  
Roquefort-stuffed Beet




SET A STRIKING TABLE  
**PECAN-STUFFED  
HAM**

By the Food and Decorating Staffs



"Avant Garde" Italian pottery (R. F. Brodegaard & Co.), in bold geometric shapes, comes in rust and black, as shown, and white. Plastic-handled "Bistro" flatware (Bonniers), "Ripple" Danish crystal (Iittala), oatmeal napkin (Braidwater Linens) complete this place setting. With the ham (above): carving set and wine-bottle holder (Bonniers); platter (Bennington Pottery).





Ham, always a great party-pleaser, now comes to dinner in a new, elegant guise, and with a table setting equally suited to gracious entertaining. Boned and rolled, ham's delicate flavor is enhanced by a stuffing of cornbread and pecans and a glaze of honey and orange. The combination rates high with the hostess (it's easy to prepare), with the host (it's simple to carve), with all (great eating). This is a menu in which much of the work can be done ahead. The day before the party, prepare and chill the mushrooms and bake your cake. The next day, fill, frost and decorate it and refrigerate until dessert time. Bake the onions—they can be reheated while the ham "rests." The ham can be readied early, to be popped into the oven an hour and three-quarters before dinner. The soufflé must be served at its puffy best. Time its baking so it comes right from the oven to the table. Recipes for the starred items in the menu begin on page 98.

#### DINNER FOR 8

Baked Ham with Pecan Stuffing\*

Mushrooms Piquant\*

Sweet Potato Soufflé\*

Baked Stuffed Onions\* Asparagus

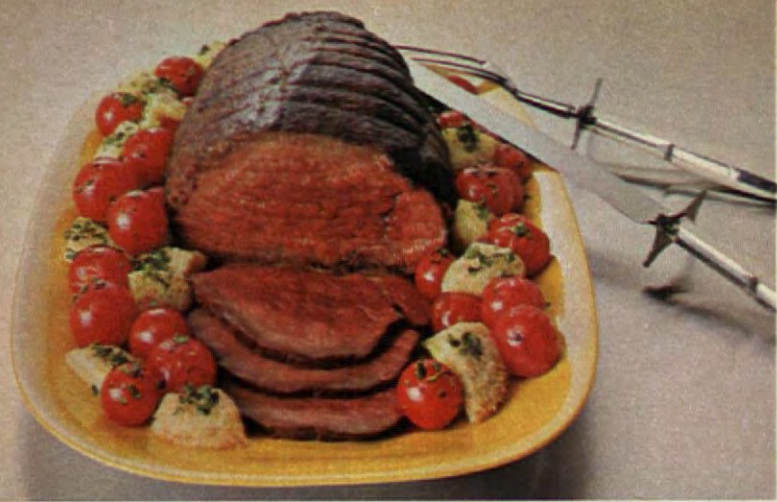
Dry Rosé or Chablis

Apricot Sponge Cake\*

Coffee

continued





DINNER FOR 8  
 Curried Shrimp Stuffed Eggs\*  
 Roast Sirloin Tip\*  
 Burgundy or  
 Cabernet Sauvignon  
 Sautéed Artichokes  
 and Tomatoes\*  
 Oven Roasted Potatoes\*  
 Watercress Salad  
 Tarte Normande\*  
 Coffee

SET A STRIKING TABLE

# ROAST SIRLOIN TIP

Contemporary is the word for this dinner, from its clean-lined table setting to its entree of succulent roast beef garlanded with artichokes and cherry tomatoes. In terms of meat popularity, beef heads the list with just about everybody. If these budget-conscious days make you hesitate over high-priced fillets or standing rib roasts, take heart. A less-expensive cut, like the sirloin tip pictured, can be roasted to perfection. Precede it with an appetizing first course, provide an escort of delicate vegetables and top the whole experience with a rich apple tart. Recipes for starred items begin on page 102.



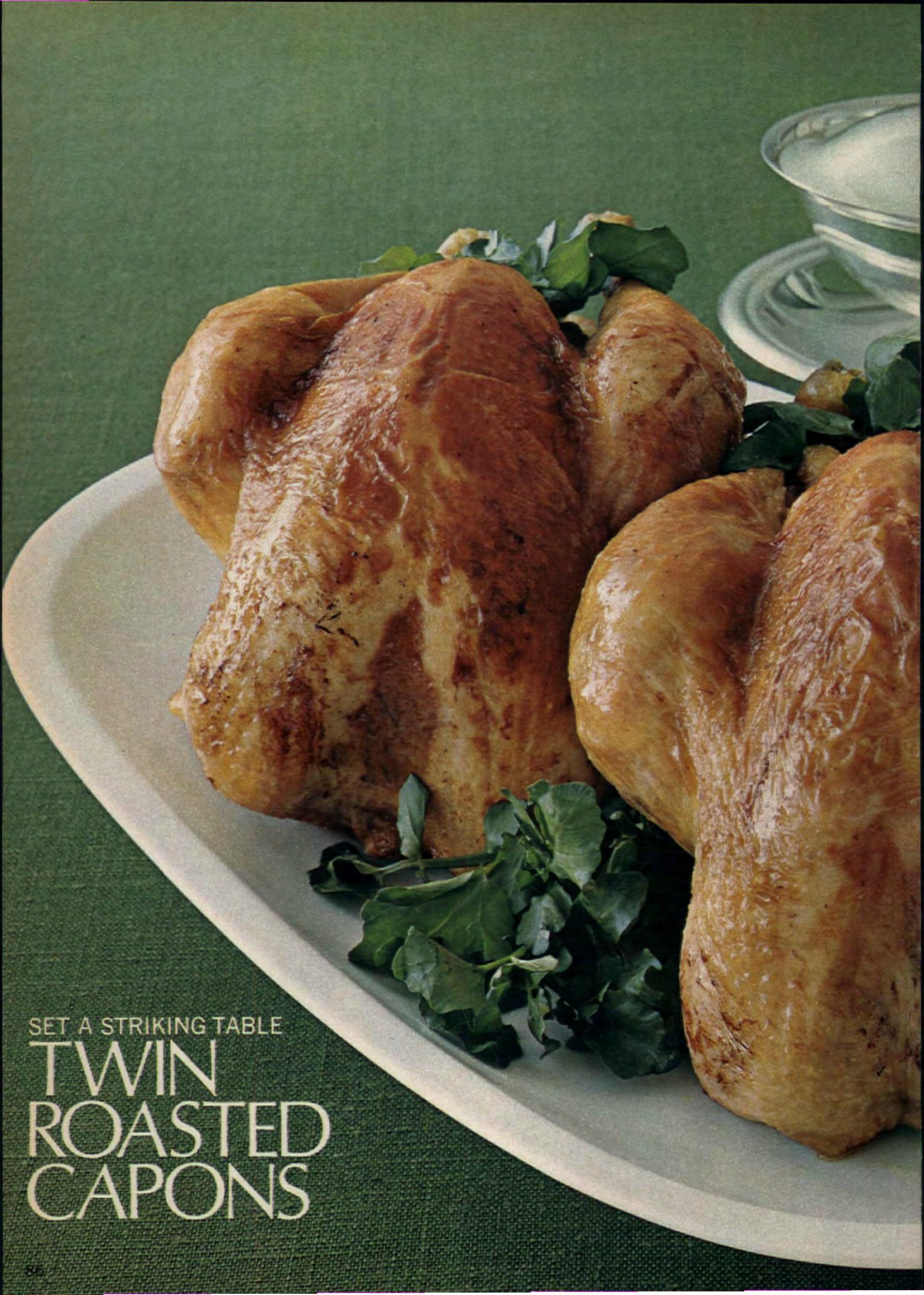




Crisp and colorful stripes highlight this Gio Ponti-designed plate (Harvey L. Reid Co.). Flanking it are "Terzo" enameled-handle flatware (Rosenthal U.S.A. Ltd.), "Orvolo" crystal (H.E. Lauffer Co.) and a sunny linen napkin (Braidwater Linens). Opposite, top: Beef on platter (Block China) awaits carving (knife and fork, International Silver Co.).

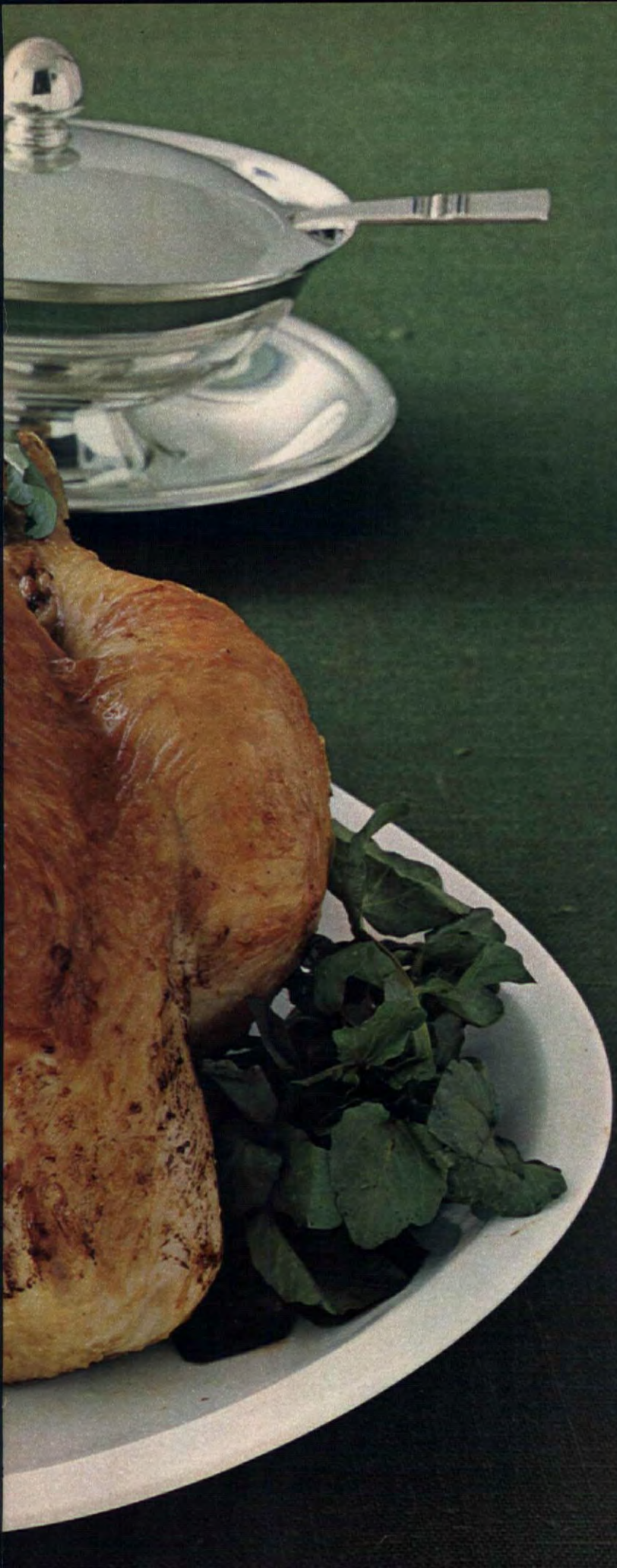
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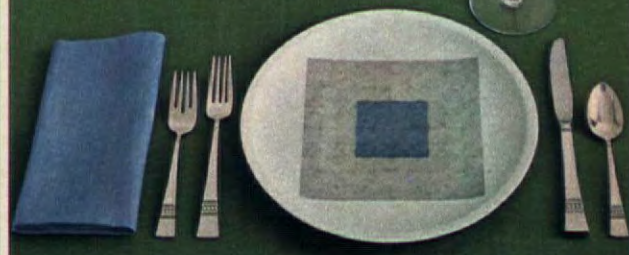
SET A STRIKING TABLE  
TWIN  
ROASTED  
CAPONS





For more details on this and preceding table settings, see Shopping Information, pg. 106.

Arzberg "Skye" china (H.E. Lauffer Co.) and Danish "Diadem" sterling (Reed & Barton) team with the "Brantome" champagne flute (Baccarat), tablecloth and napkin (Braidwater Linens). Left: Platter (Lauffer), ladle and gravy boat (Reed & Barton) join the main event.



Capons, dinner-party winners at any time of year, become twice as impressive when prepared side-by-side and served on the tasteful place setting shown above. Roasting two birds rather than one is just as easy, and your guests—particularly the drumstick lovers—will praise you for doubling their pleasure. There's a rare surprise in the smooth, creamy sauce: Subtly laced with whiskey, it sparks the mild flavor of the capons. And what more fitting conclusion to this dinner favorite than crepes filled with a delectable combination of pastry cream and strawberries! Recipes for starred menu items begin on page 104.

#### DINNER FOR 8

Avocado Vinaigrette  
Twin Roasted Capons with  
Cream Whiskey Sauce\*

Champagne

Potato Puffs Glazed Carrots

Celeried Green Beans\*

Crepes Florida\*

Demitasse



How do you cap a dinner featuring a great main course like the three pictured on the preceding pages? It's a hard act to follow, but these desserts are up to the challenge. They'll bring lavish compliments from your guests and terminate the dining on a sweet, lingering high note. Besides looking and tasting divine, these desserts have other virtues: They are easy to make and can be done hours before the dinner, leaving you a relaxed hostess, ready to enjoy the finale of your own party. The recipes are given as follows: crepes, page 104; cake, page 100; and the tarte, page 102.

## MEMORABLE DESSERTS



From the top: Crepes Florida, paper-thin pancakes filled with pastry cream and strawberries; Apricot Sponge Cake, delicately flavored with lemon and festooned with apricots and whipped cream; Tarte Normande, caramelized apples crowning a rich, buttery crust.



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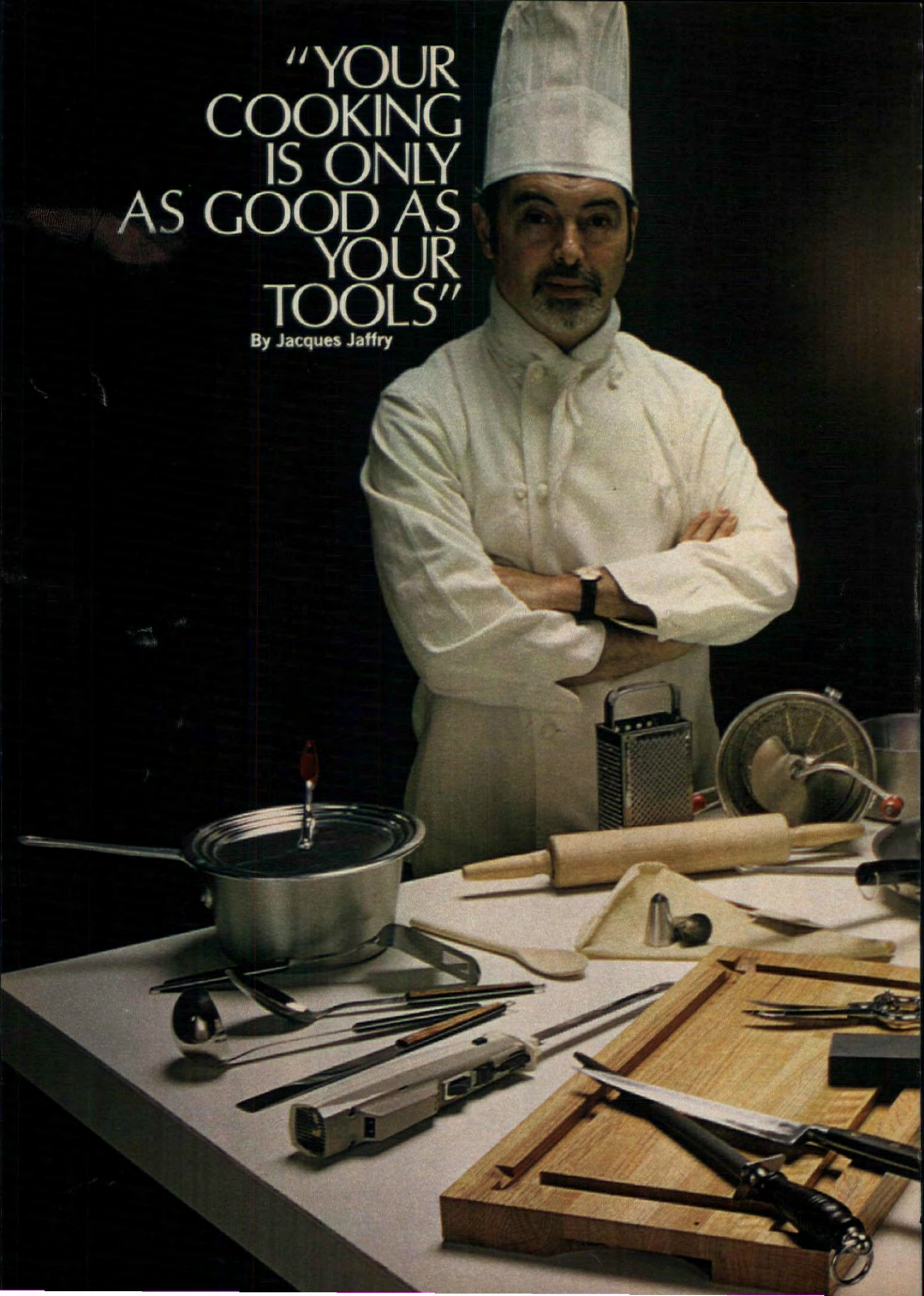
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**By Jacques Jaffry**





When I first prepared to come to America, I had a lot of trouble deciding whether I should bring my grandmother's omelet pans and her copper pots with me from France. To be a successful chef, I knew that I would have to have the proper tools.

As it turned out, I was right in not depriving Grandmother of her cherished pots. I learned quickly that *boeuf en daube* does not require a special *daubière* made in Provence; it can be cooked perfectly in a good old American Dutch oven. The same is true of nearly all the dishes of my country; they are just as delicious when cooked in American ware.

Here, on my worktable at *American Home*, are 39 basic items of kitchen equipment—the essentials of good cooking. Total cost for these tools, if you started from scratch, would be about \$260 at any good department or housewares store. Most of you,

however, probably have a start on the basics and need add only a few items for a complete *batterie de cuisine*.

The classic French cookbooks start out by requiring a formidable array of equipment. In my opinion, an American housewife faced by such a list is likely to give up on French cooking altogether. And I can hardly blame her. We have little room in our kitchens for so much elaborate equipment these days. We need not only the best possible tools but the fewest.

Before any cooking is done, there are the preparations—peeling, cutting, chopping, etc.—and these operations require space. In today's small kitchens this can be a problem, but it can be overcome by using a large cutting board. This is one of the most essential tools in any kitchen. I use my board to prepare meats and vegetables and I simply move it around when I want to make space. (continued)



Clockwise from above, right: cast-aluminum saucepan, enameled cast-iron Dutch oven, whisk and stainless-steel bowls, dry measuring cups, liquid measuring cup, pastry brush, timer, measuring spoons, paring knife, peeler, meat fork, poultry shears, sharpening stone, French chef's knife, butcher's steel, grooved cutting board, electric knife, spatula, ladle, basting spoon, slotted turner, saucepan, graduated lid, wooden spoon, pastry bag and tubes, rubber spatula, rolling pin, grater, food mill, saucepan, two skillets, enameled cast-iron saucepan, colander, strainer, stock pot, roasting pan and enameled cast-iron oval baker.



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## COOKING TOOLS continued

I like to work on a rather heavy board,  $1\frac{1}{2}$  to 2 inches thick, with no central joining. It should have a groove around the edges to collect drippings.

## POTS AND PANS

The material of which your pots and pans are made is very important. If food is to simmer for hours or cook quickly in a few minutes, you must use a good, heavy pan.

My own choice is a balance of enameled cast-iron and heavy aluminum. Cast iron is a good conductor of heat and cleans easily. Heavy aluminum is a good conductor also, but it discolors food that contains acids. For this reason I like to work with two sets of saucepans, one of each material. A large, enameled, cast-iron Dutch oven is the first piece of equipment I would save from a fire. It is ideal for dishes that have to be cooked very slowly so that the flavors have a chance to blend together. I believe heavy aluminum skillets give a better browning to all meats and fish, and for that reason I use them for pan-frying and sautéing. Two 10- or 12-inch skillets and two 8-inch skillets will cover every possible need. Most of the pots and pans I use come without lids. I prefer graduated lids and utensils that fit into one another. Two inexpensive graduated lids will do the job of six regular ones and they will store in a lot less space. Incidentally, my favorite double boiler is simply a stainless-steel bowl set in a saucepan of water. This system provides heat all around the bowl rather than just beneath. By combining mixing bowls with saucepans I have as many double boilers as mixing bowls and saucepans.

## HAND TOOLS

Any cook—American, French or Chinese—is only as good as his or her tools. Wire whisks, wooden spoons and sharp knives are the most important of these. No kitchen should be without one or two wire whisks. They are perfect for stirring, beating and general mixing, and although they are slower than electric beaters, they are easier to control. Because of their shapes, the bowl and whisk work well together. In general, stirring at the stove should be done only with wooden spoons and wire whisks.

## KNIVES

Very few kitchen preparations can be done without good knives—and for cooking at home, a small, well-balanced set should be enough. First on my list is an all-purpose French chef's knife, with an 8- to 10-inch blade, which can be used for anything from chopping to slicing. Next, a paring knife—I like to have two. And a utility knife often comes in handy. Stainless-steel knives used to be difficult to sharpen because of the hardness of their steel, but have improved over the last few years. They do not rust, which is not the case with carbon steel. If you use carbon steel knives, wash them by hand and dry them well as soon as you have finished with them. Oil the knives lightly before putting them away.

And remember, to serve its purpose a knife should be sharp, but as it never keeps its edge for long, a few strokes on a sharpening stone or a butcher's steel will do the job.

Probably none of my French colleagues will ever speak to me again, but I do like the electric knife. It does an excellent job of carving and slicing (even pineapples!) and should be particularly appreciated at the dining table by the nervous host.

There are yet other accessories a kitchen needs. The food mill is one. It is the best way to make fruit or vegetable puree. If you want the best grated cheese, you'll have to grate it yourself, so don't forget a simple grater (stainless steel, so it won't rust). And no cook, amateur or professional, can really work efficiently without a ladle, a long-handled basting spoon and a slotted turner. A strong, two-tine fork to handle roasts, a spatula or two and a vegetable peeler are needed as well. A colander and wire strainers are also necessary; one of my strainers even doubles as a flour sifter and is easier to clean. Poultry shears are useful, as are a large needle and twine for trussing. If you like to bake, a pastry bag and tubes, a heavy rolling pin and a pastry brush should be included. Sets of measuring cups for solids and liquids, measuring spoons and a reliable timer complete our list.

With these tools, you are all set to produce the best of American and European cuisines. (continued on page 112)



# Spaghetti alla beef!



Italy for stay-at-homes! A glorious 13 ounces of thick, rich tomato sauce laced with herbs, loaded with lots of good ground chuck. Teamed up with tender spaghetti and topped off with grated Parmesan. Bravissimo!

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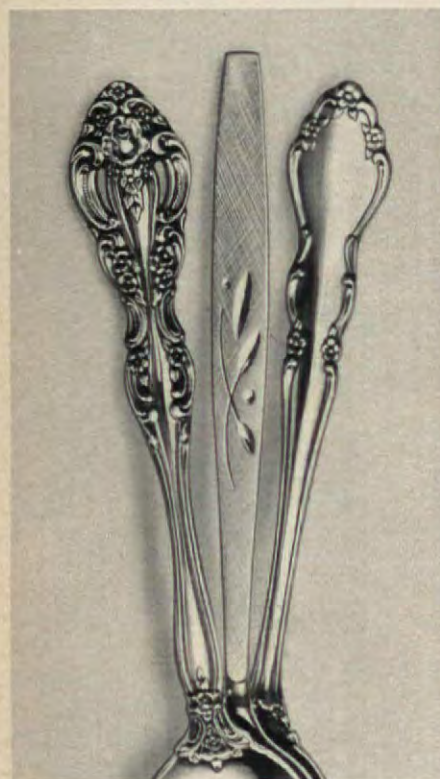
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HORS D'OEUVRES continued from page 80

## ROQUEFORT-STUFFED BEETS (shown)

- 2 cans (1 pound each) small whole beets, drained
- 1 package (2 ounces) blue or Roquefort cheese, softened at room temperature
- 2 packages (3 ounces each) cream cheese
- 1 teaspoon Worcestershire sauce

Hollow out the beets using either the point of a paring knife or a small melon scoop. Combine remaining ingredients in small bowl; blend thoroughly. Spoon or pipe mixture through a pastry bag with large star tube into hollowed beets. Chill thoroughly before serving. Makes about 2 dozen.

## ANCHOVIED CUCUMBERS (shown)

- 1 large cucumber
- ¼ cup sweet butter or unsalted margarine, softened
- 3 cans (2 ounces each) rolled anchovy fillets stuffed with capers, drained
- Parsley sprigs

Pare cucumber. Score with a fork. Cut into ¼-inch slices. Spread each slice with butter or margarine. Top with rolled anchovy fillet. Garnish with parsley sprigs. Makes about 2½ dozen.

## CAVIAR MOUSSE (shown)

- 1 jar (4 ounces) red caviar
- 1 envelope unflavored gelatin
- ¼ cup cold water
- 2 tablespoons grated onion
- 1 tablespoon lemon juice
- ½ teaspoon salt
- 1 cup dairy sour cream
- 1 cup heavy cream, whipped
- Melba toast

Measure 1 tablespoon caviar and set aside for garnish. Press remaining caviar through a fine sieve with the back of a large spoon. Soften gelatin in cold water in small saucepan 5 minutes. Dissolve over low heat. Cool slightly. Combine sieved caviar, onion, lemon juice, salt and sour cream in medium-size bowl; blend well. Stir in gelatin. Fold in whipped cream gently. Turn mixture into an oiled 4-cup mold. Chill until firm. To serve, unmold onto chilled plate. Garnish with reserved caviar. Serve with toast. Makes about 4 cups.

## SALAMI WEDGES

- 1 package (8 ounces) cream cheese, softened at room temperature
- 1 tablespoon grated onion
- 1 tablespoon finely chopped chives
- 1 pound sliced salami (36 slices)

Blend cream cheese, onion and chives well. Spread on 30 salami slices. Stack 5 slices; top with unsliced salami slice. Wrap in transparent plastic wrap, wax paper or aluminum foil. Repeat with remaining slices. Chill until firm. Cut each stack into 6 wedges. Serve with wooden picks. Makes 3 dozen.

## EGGPLANT HORS D'OEUVRE

- 1 medium-size eggplant
- 4 tablespoons olive oil
- ¼ cup chopped green pepper
- ¼ cup diced celery
- 1 cup chopped onion (1 large)
- 2 cloves of garlic, finely chopped
- ¼ teaspoon dried oregano
- ½ teaspoon curry powder
- ¼ cup cider vinegar
- 1 cup tomato puree
- 1½ teaspoons salt
- ¼ teaspoon pepper
- 2 tablespoons chopped parsley
- Salted crackers

Trim ends from eggplant. Do not pare. Cut into ¾-inch cubes. Heat 3 tablespoons oil in large skillet. Add eggplant; sauté just until tender. Remove eggplant from skillet. Drain on paper towels. Add 1 tablespoon oil to skillet. Sauté green pepper, celery, onion and garlic about 3 minutes until tender. Return eggplant to skillet; add oregano, curry powder, vinegar, puree, salt and pepper. Cover. Simmer 5 minutes. Cool. Chill mixture thoroughly. Spoon into serving bowl; sprinkle with parsley. Serve with crackers. Makes 4 cups.

## ANTIPASTO STRIPS (shown)

- 3 slices white bread, toasted
- Butter or margarine
- 1 can (2 ounces) flat fillets of anchovies, drained
- 1 can (7 ounces) pimientos, drained and cut in ½-inch-wide strips

Butter toast slices. Arrange anchovies and pimientos in alternate rows on toast slices. Trim edges; cut each slice of toast into 3 strips. Makes 9 strips.

## MUSHROOM TARTLETS (shown)

- 1 package pie-crust mix or pastry for 2-crust pie
- 2 tablespoons butter or margarine
- ½ pound mushrooms, finely chopped
- 2 tablespoons finely chopped shallots or green onions
- ½ teaspoon salt
- ½ teaspoon pepper
- 1 tablespoon flour
- ½ cup heavy cream

Prepare pie-crust mix according to package directions or pastry according to own recipe. Press small pieces of dough into 1-inch tartlet pans to line them. Heat butter or margarine in medium-size skillet over low heat. Add mushrooms, shallots or green onions, salt and pepper. Cook over medium heat until vegetables are soft. Sprinkle with flour. Cook 1 minute, stirring until flour absorbs fat. Add cream. Cook, stirring constantly, until mixture is thickened. Put a heaping teaspoonful in each tart shell. Bake at 450° for 15 to 20 minutes or until filling is firm and tarts are browned. Serve warm. Garnish with olive slices, if desired. Makes about 2½ dozen.

continued on page 97



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By Dorothy Lambert Brightbill



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## HORS D'OEUVRES

continued from page 94

### SHRIMP TOAST (shown)

- 1 pound shrimp, shelled and deveined
- 1 can (5 ounces) water chestnuts, drained and finely chopped
- 1 teaspoon salt
- 12 slices white bread
- Pure vegetable oil

Chop shrimp finely or whirl in blender until of a paste consistency. (The latter works best if you add a few shrimp at a time.) Combine shrimp, water chestnuts and salt. Remove crusts from bread. Cut each slice into 4 triangles. Spread triangles with shrimp mixture. Pour oil into medium-size saucepan to depth of 1 inch. Heat to 375° on deep-fat thermometer. Place bread in oil, shrimp side down. Fry about one-half minute or until lightly browned. Turn; fry until golden. Drain on paper towels. Serve hot. Makes 4 dozen. Note: Toast may be done ahead and kept in a warm oven until ready to serve.

### BRAUNSCHWEIGER MOLD (shown)

- 3 packages (3 ounces each) cream cheese
- 1 pound braunschweiger or liverwurst
- ¼ cup finely chopped onion (1 small)
- 2 teaspoons Worcestershire sauce
- 1 tablespoon milk

Refrigerate 1 package cream cheese until 1 hour before serving. Soften 2 packages at room temperature. Combine braunschweiger or liverwurst and softened cream cheese in small bowl. Mix with wooden spoon or an electric beater until well blended. Add onion and Worcestershire; blend. Pack into 3-cup bowl or mold lined with transparent plastic wrap. Chill about 4 hours or until firm. To serve, unmold onto serving plate; remove plastic wrap. Smooth sides of mold with spatula. Blend remaining package of cream cheese with milk. Pipe through a pastry bag with a small star tube onto mold. Garnish with pimiento strips and ripe olives, if desired. Makes about 3 cups.

### CURRIED ALMONDS

- 1 tablespoon pure vegetable oil
- 1½ teaspoons curry powder
- 1½ teaspoons Worcestershire sauce
- 2 cans (8 ounces each) whole blanched almonds

Heat oil in medium-size skillet. Add curry powder and Worcestershire; stir until well blended. Add almonds. Stir until nuts are well coated. Cook over medium heat 5 minutes. Spread in single layer in shallow baking pan. Bake at 300° for 20 minutes. Makes 2 cups.

**Variation:** Heat 1 tablespoon pure vegetable oil in skillet. Add 2 teaspoons seasoned salt; stir until blended. Proceed as above.

continued

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**SWISS CHEESE PUFFS** (shown)

- 1½ cups water
- ¾ cup butter or margarine
- ¼ teaspoon salt
- 1½ cups sifted all-purpose flour
- 6 eggs
- 1½ cups finely diced Swiss cheese
- 1 egg, beaten

Combine water, butter or margarine and salt in heavy saucepan; bring to boiling. Add flour all at once; stir rapidly over heat until mixture forms ball and follows spoon around pan. Cool slightly. Beat in eggs, one at a time; beat well until mixture is smooth and each egg is blended in. Stir in 1 cup Swiss cheese. Heat oven to 425°. Spoon or press mixture through pastry bag, without tube, onto greased baking sheet, making 2 rows of 7 or 8 even mounds each. (The mounds should touch each

other.) Brush with beaten egg. Sprinkle with remaining ½ cup cheese. Bake 40 to 45 minutes or until there are no tiny bubbles of moisture on surface. To serve, break mounds apart. Makes 14 to 16 servings.

**SCANDINAVIAN PINWHEEL** (shown)

- 1 package (8 ounces) refrigerated crescent rolls
- 3 packages (3 ounces each) cream cheese, softened at room temperature
- 1 hard-cooked egg
- ¼ pound smoked salmon, chopped
- 1 green pepper, seeded and chopped
- ½ cup chopped ripe olives

Mark a 10- to 12-inch circle on a large cookie sheet. Unroll refrigerator rolls. Arrange rolls, points toward center, to fit the circle; press pieces together gently. Try not to have overlaps of

double thickness of dough. Bake according to package directions. Cool thoroughly.

Spread 2 packages of cream cheese over surface of dough. Press egg yolk through a fine sieve; repeat with egg white.

Make a circular mound of egg yolk in center of dough circle. Follow with a ring of each of the following: egg white, smoked salmon, green pepper, egg yolk, ripe olives and green pepper. Circle with a border of softened cream cheese. Mound and shape it with a fork or press through a pastry bag with a large star tube. Cover with wax paper or transparent plastic wrap. Refrigerate. It will keep fresh in the refrigerator for several hours. Cut into thin wedges to serve. Makes 12 to 14 servings.

**BAKED HAM DINNER**  
continued from page 83

**BAKED HAM WITH PECAN STUFFING**

- ¾ cup butter or margarine
- 1 cup minced onion (1 large)
- 2 cups packaged cornbread-stuffing mix
- 1½ cups pecans, coarsely chopped
- ½ cup chopped parsley
- 1 egg
- 2 tablespoons prepared mustard
- 6- to 7-pound boned, rolled ham (casing removed)
- ½ cup honey
- 2 tablespoons frozen orange juice concentrate, thawed

Heat butter or margarine in large skillet over medium heat. Add onion; sauté 2 to 3 minutes. Combine stuffing mix, pecans and parsley in large bowl; add sautéed onion. Beat egg and mustard together. Stir into stuffing mixture; mix well. Heat oven to 325°.

Remove a cylinder of meat lengthwise from center of ham with a long, thin-bladed knife, leaving a 2-inch shell. Cut a ½-inch slice from each end of cylinder. Use remaining ham another time.

Place one of the ½-inch meat slices in one end of ham to close opening. Fill cavity lightly with stuffing. Reserve remaining stuffing for Baked Stuffed Onions. Close opening with second ½-inch slice of ham. Secure in place by tying string around ham or by inserting small skewer through ham at each end. Place ham on rack in shallow roasting pan. Bake 1 hour. Stir honey and orange juice in small saucepan over low heat until well blended and warm. Brush ham with mixture. Continue baking for 30 minutes. Arrange on serving platter. Surround with Baked Stuffed Onions. Makes 8 to 10 servings.

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It's easy with Borden Eagle Brand Sweetened Condensed Milk



## BAKED HAM DINNER continued

### BAKED STUFFED ONIONS

8 medium-size yellow onions  
Stuffing remaining from Ham (page 98)  
2 tablespoons butter or margarine,  
melted  
 $\frac{1}{2}$  cup water

Heat oven to 425°. Cut tops off onions; peel. Remove centers, leaving a shell  $\frac{1}{2}$  to  $\frac{3}{4}$  inch thick. Place onion shells in saucepan. Cover with salted, cold water. Bring to boiling. Simmer 10 minutes. Remove onions from pan. Drain well. Spoon stuffing into onion shells. Sprinkle top with butter or margarine. Place in baking pan. Add water to pan. Cover loosely with foil. Bake 40 minutes or until onions are tender. Makes 8 servings.

### SWEET POTATO SOUFFLÉ

3 cans (1 pound each) sweet potatoes or yams, well drained  
 $\frac{1}{2}$  cup butter or margarine, melted  
5 eggs, separated  
 $\frac{1}{2}$  cup sugar  
 $\frac{1}{4}$  cup milk  
2 tablespoons grated orange rind  
1 teaspoon salt  
 $\frac{1}{2}$  teaspoon ground ginger

Heat oven to 325°. Place drained sweet potatoes in large mixing bowl. Beat with electric mixer until all lumps have disappeared. Beat in butter or margarine. Add egg yolks, beating well after each addition. Blend in sugar, milk, orange rind, salt and ginger. Beat egg whites until stiff peaks form. Fold into

potato mixture. Pour into 2-quart baking or soufflé dish. Bake 1 hour 10 minutes or until soufflé is set in the center. Makes 8 servings.

### MUSHROOMS PIQUANT

$\frac{1}{4}$  cup cider vinegar  
 $\frac{1}{4}$  cup tomato paste  
2 tablespoons sugar  
 $\frac{1}{2}$  teaspoon salt  
 $\frac{1}{4}$  teaspoon ground allspice  
4 cans (3 to 4 ounces each) whole button mushrooms, drained

Combine vinegar, tomato paste, sugar, salt and allspice in saucepan. Cook over medium heat 5 minutes. Add mushrooms; simmer 5 minutes. Cool. Chill. Serve as relish with meat. Makes 2 cups.

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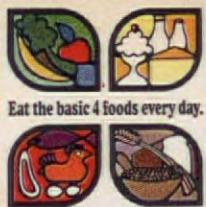
### APRICOT SPONGE CAKE

6 egg whites  
 $\frac{1}{2}$  cup sugar  
6 egg yolks  
 $\frac{1}{2}$  cup sugar  
1 teaspoon grated lemon rind  
1 tablespoon lemon juice  
1 cup sifted cake flour  
 $\frac{1}{4}$  teaspoon salt  
1 jar (12 ounces) apricot preserves  
1 tablespoon light rum  
1 can (1 pound 13 ounces) whole, peeled apricots, drained  
1 cup heavy cream  
1 tablespoon sugar

Heat oven to 325°. Beat egg whites in large bowl until foamy. Beat in  $\frac{1}{2}$  cup sugar gradually. Continue beating until meringue forms stiff glossy peaks. Beat egg yolks,  $\frac{1}{2}$  cup sugar, lemon rind and juice in small bowl about 5 minutes or until thick and light. Fold into meringue. Combine flour and salt. Sift mixture, one quarter at a time, over egg mixture. Fold in. Pour into ungreased 10x4-inch tube pan. Cut through batter gently with spatula to prevent air pockets. Bake 55 to 65 minutes or until cake springs back when pressed gently. Invert pan; let stand until cold. Remove cake from pan.

Slice cake horizontally into 3 equal layers with long, serrated knife. Combine apricot preserves and rum. Spread half on bottom layer. Place middle layer over. Spread with remaining apricot mixture. Add top layer. Split apricots; remove pits. Arrange apricot halves on cake. Whip cream with 1 tablespoon sugar. Spread liberally on sides of cake. Place remaining cream in pastry bag with star-tube. Pipe around apricots. Chill until serving time. Makes 10 to 12 servings.





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### CURRIED SHRIMP STUFFED EGGS

- 8 hard-cooked eggs, shelled
- 2 tablespoons cider vinegar
- $\frac{1}{2}$  teaspoon curry powder
- 2 tablespoons finely minced onion
- 1 cup mayonnaise or salad dressing
- 2 cans ( $4\frac{1}{2}$  ounces each) shrimp, drained and diced

Salt  
4 cups finely shredded lettuce

Halve eggs lengthwise. Remove and sieve yolks. Combine vinegar, curry powder, onion, mayonnaise or salad dressing, half the sieved egg yolks and shrimp. Add salt to taste. Fill egg whites with mixture. Sprinkle with remaining yolks. Arrange on lettuce. Refrigerate until serving time. Makes 8 servings.

### ROAST SIRLOIN TIP

- 4- to  $4\frac{1}{4}$ -pound sirloin tip, chuck roast or rump
- $\frac{1}{4}$  cup melted butter or margarine
- 2 teaspoons salt
- 1 teaspoon coarsely ground pepper
- $\frac{1}{2}$  cup diced onion (1 medium)
- $\frac{1}{2}$  cup diced celery
- 1 cup water

Heat oven to  $450^{\circ}$ . Place meat on rack in shallow roasting pan. Brush with butter or margarine. Sprinkle with salt and pepper. Roast 25 minutes or until well browned on all sides. Reduce oven heat to  $375^{\circ}$ . Add vegetables. Continue to roast, allowing a total roasting time of 18 to 22 minutes per pound for rare to medium-rare. When meat is done, remove

from pan; let "rest" 15 to 20 minutes before carving. Pour off fat from pan. Place pan over high heat. Add water; bring to boiling. Stir to dissolve brown particles in pan. Correct seasoning to taste. Strain sauce into sauceboat. Makes 8 servings.

### SAUTÉED ARTICHOKEs AND TOMATOES

- $\frac{1}{4}$  cup butter or margarine
- $\frac{1}{2}$  cup minced onion (1 medium)
- 1 clove of garlic, minced
- 2 pints cherry tomatoes, hulled and washed
- 2 cans ( $8\frac{1}{2}$  ounces each) artichoke bottoms, drained and quartered
- $\frac{1}{2}$  teaspoon salt
- $\frac{1}{4}$  teaspoon pepper
- 2 tablespoons chopped parsley

Heat butter or margarine in large skillet over medium heat. Add onion; sauté 2 minutes. Add garlic, tomatoes, artichoke bottoms, salt and pepper. Cover. Cook 2 or 3 minutes or just until tomatoes are soft, stirring occasionally. Arrange around roast on serving platter or turn into serving dish. Sprinkle with chopped parsley. Makes 8 servings.

### OVEN ROASTED POTATOES

About  $1\frac{1}{2}$  hours before roast is done, cook 8 medium-size pared and halved potatoes in boiling, salted water for 10 minutes; drain. Arrange around roast in roasting pan. Roast 45 to 60 minutes or until tender and nicely browned, turning often and basting with fat drippings in pan. Remove from pan with slotted spoon and transfer to paper towels to drain. Makes 8 servings.

### TARTE NORMANDE

- 2 cups sifted all-purpose flour
- 1 egg, slightly beaten
- $\frac{1}{2}$  teaspoon salt
- $\frac{1}{4}$  cup light cream or milk
- $\frac{2}{3}$  cup butter or margarine
- 1 cup sugar
- 4 to 5 green apples, cored, pared and sliced
- $\frac{1}{2}$  cup butter or margarine
- 1 egg, beaten

Place flour in large bowl; make well in center. Put slightly beaten egg, salt, cream or milk and butter or margarine into well. Blend all ingredients gradually. Knead until smooth. Wrap in transparent plastic wrap. Chill 2 to 3 hours.

Butter  $9 \times 9 \times 2$ -inch pan. Sprinkle  $\frac{1}{2}$  cup of sugar in an even layer in pan. Arrange apple slices in pan, sprinkling the remaining sugar between layers. Dot with butter or margarine. Heat oven to  $450^{\circ}$ .

continued

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# TARTE NORMANDE continued

Roll out pastry to 9- to 9½-inch square between 2 sheets of wax paper. Remove top piece of wax paper. Invert the pastry and bottom sheet of wax paper over apples. Peel off wax paper.

Tuck pastry edge between apple slices and pan sides if necessary. Brush with beaten egg. Bake 30 to 35 minutes. Remove from oven. Let stand a few minutes. Place cookie sheet over pan. Invert. Lift pan. Place tarte under broiler for a few minutes until lightly brown. Slide tarte onto serving platter. You may follow tradition and serve the tarte with heavy cream. Makes 8 servings.

# ROAST CAPON DINNER continued from page 87

## TWIN ROASTED CAPONS

2 oven-ready capons (4 to 5 pounds each)

Salt

Pepper

6 tablespoons melted butter or margarine

2 cups diced onion (2 large)

2 cups diced, pared carrots

2 cups diced celery

2 tablespoons chopped shallots or green onions

1 bay leaf

2 or 3 sprigs of parsley

¾ cup rye whiskey

2 cups heavy cream

Watercress

Heat oven to 450°. Wash and dry capons. Sprinkle inside and out with salt and pepper. Truss. Brush with 4 table-

spoons melted butter or margarine. Place birds on their sides in shallow roasting pan. Roast 15 minutes. Turn birds on other side; roast 15 minutes, brushing occasionally with the remaining 2 tablespoons of butter or margarine. Add vegetables, bay leaf and parsley to roasting pan. Place capons on their backs over the vegetables. Reduce oven heat to 400° and roast 45 minutes more or a total cooking time of 16 to 18 minutes per pound. Remove birds to a warm platter. Untruss. Keep warm. Skim as much fat as possible from pan juices. Place roasting pan over heat. Bring juices to boiling. Cook 1 minute. Add whiskey and cream. Bring back to boiling. Reduce heat; simmer sauce 2 or 3 minutes. Correct seasoning to taste. Strain into warm sauceboat. Garnish platter with watercress. Makes 8 to 10 servings.

## CELERYED GREEN BEANS

3 packages (9 ounces each) frozen French-style green beans

¼ cup butter or margarine

½ cup coarsely chopped celery leaves

Salt

Pepper

Cook green beans according to package directions. Drain. Heat butter or margarine in large skillet. Add celery leaves. Sauté just until slightly wilted. Add drained beans. Toss lightly. Season with salt and pepper. Turn into heated serving dish. Makes 8 servings.

## CREPES FLORIDA

Crepes

¾ cup sifted all-purpose flour

Dash of salt

2 tablespoons sugar

2 eggs, beaten

1 cup milk

2 tablespoons melted butter or margarine

Filling

¾ cup sugar

2 tablespoons frozen orange juice concentrate, thawed

3 egg yolks

¾ cup sifted all-purpose flour

1 egg

2½ cups scalded milk

1 pint fresh strawberries, washed and hulled

To make crepes: Sift flour, salt and sugar together. Combine eggs, milk and butter or margarine. Add to flour mixture. Beat until batter is smooth. For each crepe, put 2 tablespoons batter into a medium-warm, lightly greased 6- to 7-inch skillet. Tilt pan to spread batter and make a very thin crepe. When continued

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Half fill Bundt pan with gelatin. Cut through gelatin at pan ridges with spatula. Stand pineapple slices in ridges, fill mold with gelatin. Chill overnight.

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crepe is delicately brown on one side, turn; brown other side. Repeat with remaining batter. Makes about 16 to 18 crepes. Crepes may be made ahead, stacked, wrapped in transparent plastic wrap or aluminum foil and refrigerated for as long as 2 weeks. When you wish to use them, unwrap crepes and let them warm to room temperature.

**To make filling:** Combine sugar and orange juice concentrate in heavy saucepan. Add egg yolks, one at a time, beating well after each addition. Beat until mixture is thick and lemon-colored. Stir in flour and egg. Blend well. Pour scalded milk into mixture. Bring to boil-

ing over medium heat, stirring constantly. Cook pastry cream a few seconds. Turn into bowl. Place piece of wax paper directly on top of hot pastry cream to prevent skin from forming; cool.

Reserve 6 to 8 perfect strawberries for garnish. Chop remainder. Stir chopped strawberries gently into pastry cream. Place about 3 tablespoons of mixture on each of 16 crepes; roll in cylinder shape; arrange on serving platter. Garnish with reserved strawberries. Brush or sprinkle filled crepes with orange liqueur, if desired. Or, let each guest sprinkle liqueur on his own serving. Makes 8 servings.

## SHOPPING INFORMATION

Merchandise listed here is available in leading department and specialty stores. If you cannot find it, write to American Home, Reader Service, 641 Lexington Ave., New York, N.Y. 10022, for additional information. Retail stores are listed with their cities. Items not listed may be privately owned or custom made.

### THE CASE FOR COLLECTING

**Page 76:** Cups, flatware, Tablerie, Inc., N.Y.C. Tray, Parrish Woodworth, Inc., N.Y.C.

**Page 77:** Flatware, Tablerie. Tumblers, Bonniers, Inc., N.Y.C. Wicker birds, Parrish Woodworth. Goblets, Fostoria Glass Co.

**Page 78 (top):** Claret glass, Royal Worcester. **(Bottom left):** Cheesebox, Dione Lucas, Inc., N.Y.C. **(Bottom right):** Flatware, Tablerie, **Page 79:** Pottery tureen, soup spoons, Tablerie, Tin tureen, ham stand, Dione Lucas. Tin beverage carrier, Greek Islands Ltd., N.Y.C.

### PECAN-STUFFED HAM

**Pages 82-83:** Plate (\$4), bowl (\$3), R.F. Brodegaard & Co., N.Y.C. Flatware (five-piece setting, \$6.25), wine holder (\$6), carving set (\$7.50), Bonniers. Crystal (red wine, \$25.50 for six; white wine, \$22.50 for six), Iittala USA Ltd., N.Y.C. Napkin (\$1.25), Braidwater Linens, Div. of Hamilton Adams Imports, Ltd.

### ROAST SIRLOIN TIP

**Pages 84-85:** Plate (\$4), Harvey L. Reid Co., Inc., N.Y.C. Flatware (five-piece setting, \$32), Rosenthal U.S.A. Ltd. Crystal (goblet, \$7.50; wineglass, \$7), H.E. Lauffer Co., Inc., N.Y.C. Napkin (\$1.25), Braidwater Linens. Platter (\$38), Block China Corp., N.Y.C. Carving set (\$52.50), International Silver Co.

### TWIN ROASTED CAPONS

**Pages 86-87:** China (five-piece setting, \$22), platter (\$26.50), H. E. Lauffer Co. Sterling (five-piece setting, \$68.75), ladle (\$27.50), gravy boat (\$32.50), Reed & Barton Silversmiths. Champagne flute (\$8), Baccarat, N.Y.C. Tablecloth (\$10), napkin (\$1.25), Braidwater Linens.

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or add ham,  
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| 1 pkg. UNCLE BEN'S® LONG GRAIN & WILD RICE MIX | 1 cup hot water                         |
| 1½ cups sliced celery                          | 1 jar (2 oz.) sliced pimientos, drained |
| 1½ cups sliced mushrooms                       | ½ cup chopped parsley                   |
| ¼ lb. butter or margarine                      | 1 pkg. (8 oz.) herb stuffing mix        |

Cook UNCLE BEN'S LONG GRAIN & WILD RICE MIX as directed on package. Meanwhile, sauté celery and mushrooms in butter 2 minutes. Add seasoned bread crumbs with hot water, add pimientos and parsley; mix well. Add hot cooked rice and mix. Use to stuff any fowl or use as side dish. (Complete recipes for all stuffings will be sent with your refund, or they can be obtained at your store or by writing to Recipe Offer, P. O. Box 19510, Houston, Texas 77024.)

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## ALMOND recipes

**MAKE AN ELEGANT ALMOND CRANBERRY SAUCE WITH WHOLE BLANCHED ALMONDS:** Spread  $\frac{1}{3}$  cup whole blanched almonds in shallow pan and place in 350-degree oven to warm for 5 minutes. Split almonds into halves with paring knife (they split easily when warm). Combine in saucepan 2 cups sugar and 1 cup water; bring to boil without stirring. Cook this syrup for 5 minutes over medium heat. Meanwhile wash 1 lb. raw cranberries, add to syrup and cook them for 3 to 5 minutes or until they burst. Remove from heat; stir in  $\frac{1}{2}$  cup apricot jam and  $\frac{1}{4}$  cup lemon juice. Chill sauce, then add almonds. Makes about 1 quart.

**SURPRISE GUESTS WITH AN ALMOND CHEESE BALL MADE WITH SLICED NATURAL ALMONDS:** Grate  $\frac{1}{2}$  lb. sharp Cheddar cheese; mix with 3 oz. softened cream cheese,  $\frac{1}{4}$  cup diced pimiento,  $\frac{3}{4}$  cup sliced natural almonds, 1 tablespoon lemon juice,  $\frac{1}{2}$  teaspoon salt, 1 teaspoon Worcestershire, 1 teaspoon grated onion and dash of cayenne. Shape into a ball. Coat with  $\frac{1}{4}$  cup more almonds. Serve chilled.

**MAKE FESTIVE ALMOND CRESCENT COOKIES WITH WHOLE NATURAL ALMONDS:** Cream 1 cup butter or margarine with  $\frac{1}{2}$  cup confectioners' sugar until light. Mix in 1 tablespoon brandy and 2 teaspoons water. Chop 1 cup whole natural almonds and add with 2 cups flour to creamed mixture. Chill. Shape small pieces of dough into crescents. Dip into additional chopped almonds. Bake on ungreased cookie sheet at 350 degrees 12-15 minutes.

**USE SLIVERED ALMONDS TO STUFF THE TURKEY:** To each quart prepared stuffing, add about  $\frac{1}{2}$  cup slivered almonds that have been roasted in a skillet coated with oil. Add a few snipped dried apricots or pitted prunes if you wish.



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# AMERICAN HOME MENU MAKER

Here is the roomiest, most helpful recipe file, one that promises better organization than ever. Thousands of homemakers find these files an easy, permanent way to arrange their personal recipe collections. This unbreakable, polypropylene, pebble-finished file is light to handle and easy to keep clean. Capacity is about four times that of the usual small file box; it contains **24 index cards** tabbed in the categories you will find most helpful.

Each index card has room for your own reference notes. **Sixty recipes** have been selected by our Food Editors, ready for you to clip and add to your own collection. For easy reference, an **equivalent chart** shows measurements and equivalent quantities of basic ingredients. **100 new, uniform-size, clear plastic sleeves** hold recipes neat and ready-to-use. **A shopping-list pad**, including handy lists of food and household products, will make meal planning easy and take the indecision out of shopping. The pad can be reordered with the recipe sleeves.



## STUFFED PORK CHOPS, ITALIAN STYLE

- 6 double rib pork chops
- 1/2 cup chopped onion (1 medium)
- 2 tablespoons butter or margarine
- 1/2 cup water
- 1 cup packaged herb-bread stuffing mix
- 1/2 teaspoon dried oregano, crumbled
- 2 cans (8 ounces each) tomato sauce with cheese
- 6 slices mozzarella cheese

Heat oven to 350°. Trim fat from chops. Cut pocket in each or have the butcher do it. Sauté onion in butter or margarine until soft. Add water. Stir in stuffing mix and oregano; mix thoroughly. Stuff pockets loosely with stuffing mix. Fasten pockets securely with wooden picks; lace closed with clean white string. Place chops in shallow baking pan; do not have them overlap. Pour tomato sauce into pan. Cover pan tightly with aluminum foil. Bake 1 1/2 hours. Uncover. Top each chop with slice of cheese. Bake 15 minutes or until cheese melts and chops are tender. Makes 6 servings.

## Bring three friends together for Thanksgiving.

Thank the apple, sweet potato, and maple-tasting Log Cabin® Syrup for this traditional casserole. You couldn't ask for better company.



See recipe on reverse side.



# SAVING GRACES

We are often asked about the meaning of the labels on egg cartons. Though labels might seem bewildering, they are very simple to understand. One set of terms, such as Fresh Fancy and Grade A, refers to the grade; another refers to size, as in large, extra large and jumbo.

All eggs, brown or white, are graded. Let us emphasize that there is no difference between brown and white eggs. You need never pay a higher price for the shell color. If, in your area, white eggs are in greater demand and cost more, buy brown and save money.

The best eggs, white or brown, have a Grade AA (or U.S. Fresh Fancy) label. These have a thick, high-standing white, a firm, high-standing yolk and little spread when broken. Eggs marked Grade A have more spread and a white and yolk that are less thick and high-standing. These grades should be used when appearance is important. Grades B and C eggs have a widely spreading white and a flat yolk. They are fine for combination dishes and for baking.

What about sizes and price? First,

when making a comparison, compare the prices of different sizes of eggs of the same grade. Remember that size and quality are two different things. Egg size does not affect egg quality. In general, larger eggs are the better buy if the difference in the cost per dozen of the next smaller size is less than 7 cents.

## MARKET SHELF NEWS

It would seem that the supermarket shelves have everything we could possibly need—then along comes a new product and we wonder how we survived without it. Here are some of the latest:

For those on eggless and egg-restricted diets to whom fresh eggs are forbidden fruit, General Mills has recently developed Chono, a cholesterol-free imitation whole egg powder. It tastes and looks like whole egg when scrambled or made into an omelet and it can be used in place of eggs in most dishes. An 8½-ounce can, which is equal to two dozen eggs, costs \$2.40 and a case of six cans sells for \$14.40. If you can't find it in your drug store or in

your supermarket's special-diet department, you may order it directly. Send a check or money order to General Mills Inc., 400 Second Avenue South, Department 240, Minneapolis, Minn. 55440.

Just in time for your holiday baking comes Baker's Coconut Crunchies—toasted, sweetened coconut pieces to add new flavor to cookies whether added to the batter or sprinkled on just before baking. Great on a cake, too.

Snack foods have been criticized in many quarters for not being nutritious. This can't be said of Pillsbury's Space Food Sticks, the same ones that went to the moon with Apollo 11 and 12. Each stick has only 44 calories and is enriched with vitamins and minerals.

Dinner in 10 minutes and with just one skillet? That's what you can do with Hunt-Wesson's new skillet dinners. The three—Mexicana, Stroganoff, and Lasagne—need only the addition of a pound of ground beef to give you a marvelous dinner for four. And no one will believe you didn't spend hours in the kitchen.

—Frances M. Crawford

## APPLE AND SWEET POTATO CASSEROLE

- 2 cups thinly sliced peeled apples
- 1 can (17 oz.) sweet potatoes, sliced\*
- ½ teaspoon salt
- 2 tablespoons butter
- ½ cup Log Cabin Syrup

\*Or use 1 pound sliced peeled cooked sweet potatoes (about 2 cups).

Place apple slices in bottom of shallow baking dish. Arrange sliced sweet potatoes on top of apples. Sprinkle with salt and dot with butter. Pour syrup over sweet potatoes. Bake at 350° for 40 minutes, or until apples are tender, basting frequently. Makes about 3 cups or 4 servings.

NOTE: Casserole may be made ahead of time and reheated just before serving. Add more syrup, if necessary.



## GLAZED STUFFED LOIN OF PORK

- 5- to 7-pound loin of pork
- ½ cup chopped onion (1 medium)
- ¼ cup chopped celery
- ½ cup butter or margarine
- ½ teaspoon leaf sage, crumbled
- 2 cups packaged herb-bread stuffing mix
- 1 jar (8 ounces) apple-cranberry or apple jelly

Have butcher crack the backbone of pork loin. Heat oven to 325°. Make a deep slit in center of each pork chop of loin. Sauté onion and celery in butter or margarine until soft. Add sage. Stir in stuffing mix; mix thoroughly. Stuff mixture into slits in pork loin. (Any left over may be baked in a covered dish during last 30 minutes of roasting.) Place pork, fat side up, in shallow roasting pan. Roast 2 to 2½ hours or until meat thermometer registers 170°. Melt jelly in small saucepan. Baste roast several times with jelly during last 30 minutes of roasting. Makes 8 servings.



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## COOKING TOOLS continued from page 92

Here are sources and prices (as we go to press) of the tools shown on pages 90-91.

**Ekco Housewares Co.**, 9234 W. Belmont Ave., Franklin Park, Ill. 60131: Dry measuring cups, 98c; Meat fork, \$3.50; Peeler, 69c; Paring knife, \$1.50; French chef's knife, \$5; Kitchen set (spatula, ladle, basting spoon, turner), \$20; Strainer, 98c.

**Wear-Ever Aluminum, Inc.**, 1089 Eastern Ave., Chillicothe, Ohio 45601: Saucepans—5-quart (extra heavy duty) \$20.95; 5½-quart, \$8.95; 3½-quart, \$6.95; Stock pot, \$8; Roasting pan, \$4.50; Skillets—12-inch, \$10.95; 8-inch, \$3.69.

**Foley Mfg. Co.**, 3300 Fifth St. N.E., Minneapolis, Minn. 55418: Measuring spoons, \$1.29; Rolling pin, \$2.49; Food mill, \$4.98.

**Mirro Aluminum Co.**, 1512 Washington St., Manitowoc, Wis. 54220: Timer, \$6; Colander, \$3.49.

**Corning Glass Works**, Corning, N.Y. 14830: Pyrex liquid measuring cups—quart, 98c; pint, 79c, and 1-cup, 49c (not shown).

**Descoware Co.**, 141 East Jefferson Blvd., Los Angeles, Calif. 90011: Enamelled cast-iron oval baker, \$11; Enamelled cast-iron Dutch oven similar to one pictured, \$30.

**Revere Copper and Brass, Inc.**, 605 Third Ave., New York, N.Y. 10016: Stainless-steel bowls, \$12.

**Ateco Mfg. Co., Inc.**, 37-28 56th St., Woodside, N.Y. 11377: Pastry bag and tube set, \$2.75.

**Carborundum Co.**, Niagara Falls, N.Y. 14300: Sharpening stone, \$3.25.

**Sunbeam Appliance Co.**, 5400 West Roosevelt Rd., Chicago, Ill. 60650: Electric knife, \$23.50.

**Rubbermaid Inc.**, 1205 E. Bowman St., Wooster, Ohio 44691: Rubber spatula, 29c.

**Copco Inc.**, 230 Fifth Ave., New York, N.Y. 10001: Enamelled cast-iron saucepan, \$19.

**Robeson Cutlery Co., Inc.**, 36 North Main St., Perry, N.Y. 14530: Poultry shears, \$8.

**Bloomingdale's**, 59th St. and Lexington Ave., New York, N.Y. 10022: Cutting board by Max N. Masters Design, \$18.

The following items are available in the housewares section of department stores and in variety and hardware stores: Pastry brush, 59c; Wooden spoon, 75c; Grater, \$1.29; Graduated lid, \$1.50; Butcher's steel, \$6.95; Whisk, \$4. **END**

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## POTPOURRI

continued from page 71

Even the color was quite fresh and they perfumed the air like an enormous rose garden. The orrisroot smelled like violets; frankincense and myrrh, gum benzoin, sandalwood, patchouli, vetiver—all recalled beautiful, romantic names from far-off places. The rose and carnation oils were clean and sharp, like hundreds of fresh flowers on a sunny afternoon. Yes, this was it. Here were this year's Christmas presents, all resolved.

I would make lemon verbena for my men, a patchouli base for the sexy girls and joylike rose or crisp lavender for traditionalists. There would be sachets, tiny ones to tuck into small places and things, and big padlike ones to line the bottom of a drawer. (Ribbon bows sewed into the fabric would keep the petals from shifting.)

I would spend the next few weeks looking for glass jars, crocks and other containers, baskets and fine thin organzies, sheer tiny-mesh malines, nylon net and narrow brocade and satin ribbons. About Thanksgiving time I would start mixing my brews to give them time to ripen into full, long-lasting fragrance. And by Christmas I would have my aromatic greetings all ready for giving.

By now you might want to make your own potpourri. Here's the recipe for a wonderful dry version. Many of the ingredients are shown on pages 70-71.

Mix about  $\frac{1}{2}$  cup orrisroot (powder or granules) to 1 quart of dried rose petals and tiny buds in a large bowl. Seal and allow to set for three weeks, stirring contents every other day.

Add to rose-petal and orrisroot mixture the following:  $\frac{1}{2}$  cup of patchouli,  $\frac{1}{4}$  cup of sandalwood chips,  $\frac{1}{2}$  cup vetiver, 2 teaspoons of frankincense and myrrh mixed, 1 teaspoon crushed gum benzoin, 1 teaspoon cinnamon, 1 teaspoon crushed cloves, 1 tablespoon of slivered orange peel. Mix thoroughly with a wooden spoon. Add 10 drops of rose oil for extra potency. Place in a jar and seal for one month. (Be sure to keep out of direct light if you use a glass jar.) Just before Christmas, stir with a wooden spoon and put into assorted containers.

This dry potpourri can be packaged in small glass, ceramic or porcelain jars or in decorative brass boxes to add to the treasures of a collector friend. A nice touch is to glue a few dried flowers inside a glass container to give color to the mixture. Tie some in organdy, nylon net or maline poufs to be presented as is or placed in a small basket. Make large drawer sachets of silk and sheer, closely

woven fabric. Potpourri is also lovely in open bowls, especially glass. Keep a decorative stirrer close at hand so contents can be mixed to release fragrance. Sprinkle lightly with your best brandy to refreshen the fragrance when it fades.

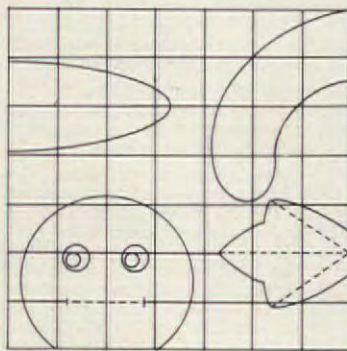
As far back as the early 17th century, potpourri, literally "rotten jar," was an important household freshener. The mistress of the house had a full-time job as guardian of the health of all under her care. No neighborhood drugstores existed then to call on—Mother made everything in her stillroom. A most pleasant occupation was the preparation of potpourri—an absolute necessity in the poorly ventilated rooms where foul odors accumulated. There were built-in wall niches where a lovely urn was set. This was filled with fragrant potpourri to be stirred when the air needed freshening—a most agreeable and effective means of aromatic housekeeping.

Moist potpourri is made in two steps and requires rose petals that are only partially dried. For this reason, it is best made when fresh roses are easily available, not at this time of year. Excellent directions for this are given in *A Merry Christmas Herbal* by Adelma Grenier Simmons (see publishers' listing on page 120). This most conclusive book also contains many other potpourri recipes and much herbal lore.

## SPONGE TOYS AND TINWARE

continued from page 73

### SPONGE PENGUIN



Pattern Graph:  $\frac{1}{4}$  size

The pattern graph shown here is one quarter size. To enlarge to full size, draw squares on a sheet of paper four times the size of the ones on the graph. Use a ruler to be sure they are straight. Then copy each line in the squares of the small graph onto the full-size graph. It won't take long to get the hang of it. Below is a list of the materials you'll need:

- 1 piece white felt, 5 by  $6\frac{1}{2}$  inches
- 1 plastic sponge, about 4 by 6 inches
- 1 piece black felt, 12 inches square

Kapok or cotton batting (about 1 handful)

Black thread (mercerized cotton)

1 piece cardboard, about 12 inches square

1 piece orange felt, 12 inches square

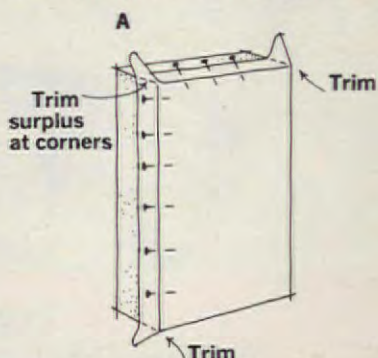
Orange thread (mercerized cotton)

Sobo (adhesive)

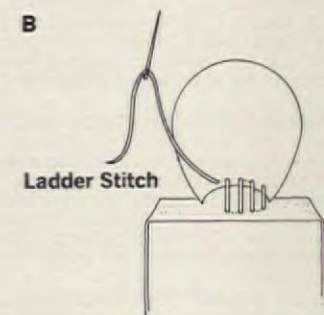
Black ball-point pen

Cut all pieces of felt using patterns for your guide. Pieces are cut to exact size except the white felt which is cut 1 inch wider on all four sides. Cut black felt for back and sides in one piece.

**Body front.** Pin white felt to front of sponge, lapping surplus over sides, top and bottom. Pin to sponge, then lightly glue edges so they will remain flat and even. Trim corners on top and bottom (see Diagram A). Remove pins.



**Body back and sides, top and bottom.** Pin black felt piece for back and sides to front where white felt meets black felt. Pin top and bottom pieces in place. Overcast black edges on all sides with black thread. Use tiny stitches close together.



**Head.** Following pattern, cut two round pieces of black felt. With doubled thread, sew edges close together with tiny overcast stitches. Leave neck open for stuffing. Turn head inside out. Stuff lightly with Kapok or cotton batting. Place on top of body. Pin in place. With doubled black thread join head to body using ladder stitch, shown in Diagram B. (The ladder stitch is perfect for toy-making. It makes it possible to join awkward parts to the body with ease. Take one small (continued)



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## PRESTO



## SPONGE TOYS AND TINWARE continued

stitch on one part then a small, straight stitch on the opposite part. Keep the stitches in the same direction. Pull the threads tight every three or four stitches and they will lace up and disappear, leaving a strong joint.

**Bill.** Cut a piece of cardboard  $\frac{1}{8}$  inch smaller than pattern for bill. Place cardboard between two pieces of orange felt. Overcast edges with orange thread. Keep stitches small and close together. Place on face (see dotted lines on pattern) and join with ladder stitch.

**Eye.** Place small orange circle over larger black circle (see pattern) and join with orange thread as shown. Glue eyes to face with Sobo.

**Flippers.** Cut cardboard piece  $\frac{1}{8}$  inch smaller than pattern. Join cardboard and two pieces of black felt with tiny overcast stitches. Ladder-stitch flippers to the body.

**Feet.** Cut two pieces of cardboard  $\frac{1}{8}$  inch smaller than pattern. Overcast orange felt with cardboard between top and bottom of feet just as you did with the bill and flippers. To finish feet, draw three lines with black ball-point pen (see pattern). Ladder stitch to bottom of body.

### FEATHERY TIN SCNCE

**Finely serrated aviation snips**

**2-gallon can**

**Paint remover**

**Fine steel wool**

**Gloves**

**Awl (or ice pick)**

**Ruler**

**Oval die or sawed-off screwdriver**

**Blunt nail**

**Ball-peen hammer**

**Weldit Cement**

**Lid with rim from small frozen-juice can**

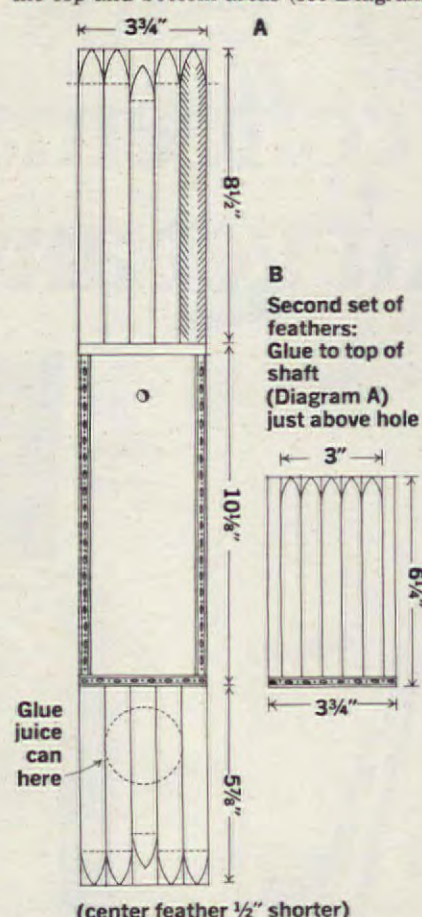
**Kitchen chopping bowl**

**Menorah or votive candle (available in supermarket)**

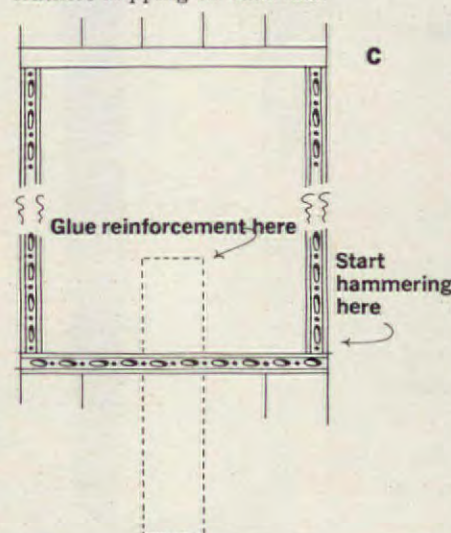
In preparing the tin, if your two-gallon can has printed material on it, remove with paint remover and fine steel wool. Clean thoroughly inside and out. Remove top and bottom of can. Be sure top and bottom edges are smooth. Wearing gloves, cut along the right side of the seam with the snips. Step on the can to flatten it. From this piece of tin cut a strip  $24\frac{1}{2}$  inches by  $3\frac{3}{4}$  inches.

To mark off the feathers, use an awl and a ruler (holding ruler very firmly and pressing hard on the awl) to score a line across the strip of tin  $8\frac{1}{2}$  inches from one end. This is the area for your top feathers. Then score another line across the strip 6 inches from the other end for the bottom feathers. The space between is the shaft of the scone. Per-

pendicular to these two lines, mark off five feathers, each  $\frac{3}{4}$  inch wide in both the top and bottom areas (see Diagram

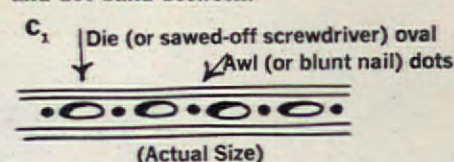


A). Do not yet cut along the feather lines. It is easier to hammer the border ornament on the shaft without loose feathers flapping on each end.



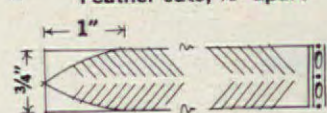
The border (see Diagram C) consists of one ornamented band  $\frac{1}{8}$  inch wide, flanked by two plain bands each  $1/16$ -inch wide. Score lines for plain bands as follows: Press ruler down onto tin with thumb and fingers then run awl along the ruler in a straight, even line. Work in a good light and take your time. This is one area where straight lines are im-

portant. Diagram C1 (actual size) shows position of plain bands with oval and dot band between.



After all the straight bands are scored, do the oval-and-dot pattern between the double rows of bands as follows: Starting at lower right-hand corner of front of scone, tap oval die (or sawed-off screwdriver) with the ball-peen hammer at regular intervals (see Diagram C1). (Do only the ovals at this step. Dots are added after all ovals are finished.) Working up the scone instead of down enables you to see exactly what you have done. Keep your eyes on the tin and the position of the die rather than on the hammer and head of the tool or you may hammer the motif off center. As you near the top of the band, do a little calculating for spacing of the motif so you come out even with the pattern. Turn the scone over and tap the dots between the ovals with the blunt nail.

### D Feather cuts, $\frac{1}{8}$ " apart



To cut the feathers, start in with the snips along the perpendicular lines in both upper and lower feather areas (see Diagram D). The center feather is  $\frac{1}{2}$  inch shorter than the others. Draw a straight line across both sets of feathers 1 inch from ends. Cut curved tips as shown in Diagram D. Finally, make the diagonal cuts for the feathers, starting at the tip and working down to within  $\frac{1}{2}$  inch from the shaft border. Hammer feathers flat.

For the second set of feathers, cut a second piece of tin  $6\frac{1}{4}$  inches by  $3\frac{3}{4}$  inches. Score border design across one end. Then, cutting down to the border, remove a  $\frac{3}{8}$ -inch strip from either side (see Diagram B). Mark off five  $\frac{5}{8}$ -inch feathers. Cut, like others, and hammer flat. Glue this extra set of feathers in place with Weldit glue at top of shaft. Secure with paper clips till dry.

To shape the candle holder, place lid of frozen-juice can in center of chopping bowl and beat it with round end of ball-peen hammer until it conforms to the shape of the bowl. Scratch the lid on the underside with the awl to roughen it and glue to the top of the lower center feather at a point about 2 inches from border. Reinforce center (continued)



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## TINWARE continued

feather by gluing a strip of tin 6 by  $\frac{3}{4}$  inches on center back of scone, allowing 2 inches to extend below shaft of scone and under the center feather. Glue only to scone back, not to feather.

To curl the feathers, pinch them between the thumb and forefinger, starting at base and working to tip, causing feathers to curl toward you. To make each feather fan out, grasp the tip with your fingers and with a spiral twist of your wrist, pull the feather out to the side. Pinch some more. Spiral again. Repeat until all feathers curve.

Finally, add a menorah or votive candle and your scone will be complete.

## STENCILS AND STONES continued from page 74

### STENCILED TABLE

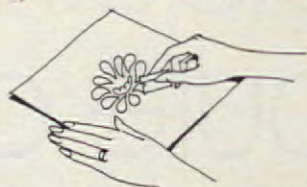
A small table, such as we show on page 74, may often be found in second-hand stores and thrift shops. Usually the finish is in poor condition, so be sure

to remove all of the old finish with a good paint remover. If the remover you use requires it, neutralize as indicated in the manufacturer's directions. If the finish is merely discolored with only minor scratches, you can clean the piece with alcohol. When dry, sand the surface with fine sandpaper to a satin-smooth finish before painting the background color. The following is a list of materials that you will need:

**Paint remover (if required)**  
**Neutralizer (if required)**  
**Sandpaper, medium and fine**  
**Paint for background**  
**Furniture Stencil Kit (see coupon pg. 120)**  
**Turpentine**  
**Japan drier**  
**Cheesecloth or paper towels**  
**Masking tape**  
**Paint for striping**

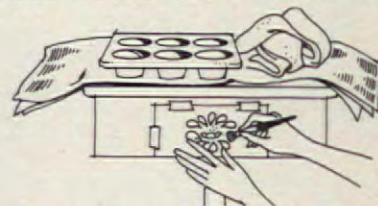
After the finish has been removed and sanded satin-smooth—the wood must feel like silk, for the smoother the surface, the better the table will look when finished—brush off all dust particles. Apply a coat of flat paint. Dry 24 hours.

Sand very lightly with fine sandpaper. Cut out stencil sheets as directed in the Furniture Stencil Kit. If you wish to cut your own stencils, draw a design on a stencil board or oiled paper. Then, with a razor blade or Exacto knife, cut out areas that will be used for the design (see illustration below). Keep all lines even and smooth and do not overcut.



Mix stencil paint with turpentine and Japan drier to the consistency of heavy cream. A small muffin tin is ideal for this. Between stenciling sessions, cover paint tightly with aluminum foil. Make a wad of cheesecloth or fold several paper towels and keep next to paint.

With masking tape, secure the stencils in position on table. Be sure the design is centered. Dip stencil brush into paint, then dab it into wad of cheesecloth or brush over paper towels. Brush must be almost dry for best results. Practice stenciling on newspaper before starting.



Next pounce brush over cut-out area (see illustration above) and rub in paint lightly. If the color is too light, repeat a second time—it is better to have two thin coats than one heavy one.

Do one color at a time and clean brushes with turpentine when changing colors. Clean stencils when shifting to another area (and when you are finished) with turpentine.

Stripe table leg carefully. You can use masking tape to outline stripes if you feel your hand is not steady enough.

An antique glaze may be applied after the stenciling is thoroughly dry. There are a number of ready-mixed glazes on the market and they are easy to use if you follow the manufacturers' directions.

When paint and glaze (optional) are dry, brush on a coat of protective varnish. Choose a satin-finish or semigloss varnish for best results. After two weeks, wax with a good paste wax.

To order Bishop & Lord's stencil kits, use the coupon on page 120.

### STONE TREASURES

To transform stones into gems (they often are!), you need an (continued)

## SEPTIC TANK-CESSPOOL OWNERS...



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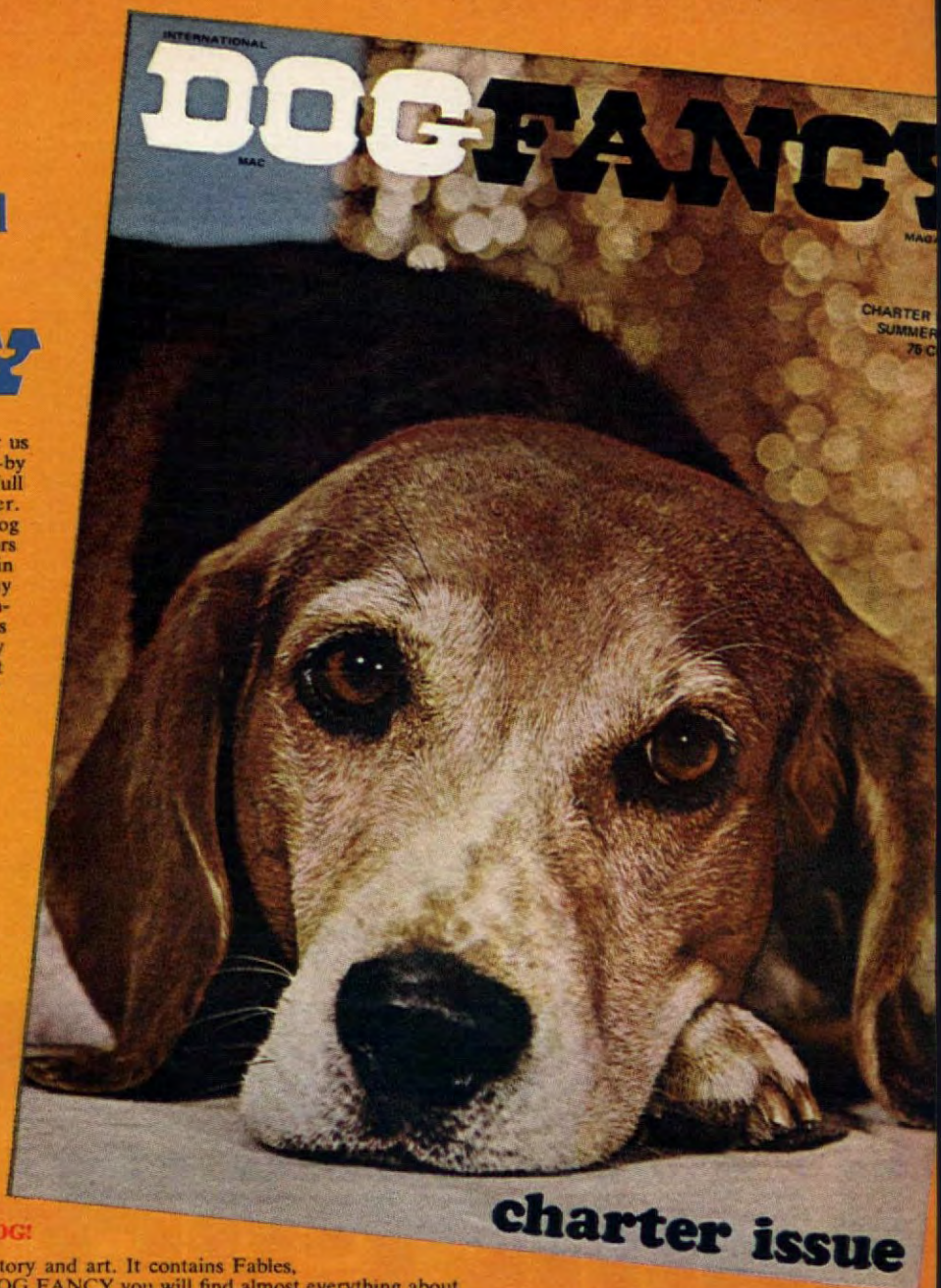
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## STONE TREASURES continued

electric-tumbler polishing machine that will polish your smaller specimens on all sides. These can be used just as a pile of polished loveliness or in a glass jar or bowl, inviting you to run your fingers through them. Or you can make them into pins, necklaces and bracelets with silver mounts that are available in lapidary stores.

There are a number of tumbler machines at various prices, but the one we show on page 74 is recommended by many craftsmen and is reasonably priced at \$29.95. It is available from the Craftool Co., 1 Industrial Rd., Wood-Ridge, N.J. 07075.

Cut stones, with the cut side polished, are sliced with a trim saw, then polished with a lap polisher. Trim saws can be bought for as little as \$29.95 and a fine lap polisher for \$39.95. When you become more experienced, you may wish to cut cabochon stones, such as those in the pins shown on page 75. This will require more skill and equipment, but it will also widen the uses for your stones.

To become more expert, see the books at right that Mr. Clifton recommends.

## EASY-DO'S SOURCES

All books that are mentioned in connection with the gifts featured on pages 70-75 can be ordered from the publishers or through your local bookstore.

**Potpourri** (pages 70-71): *A Merry Christmas Herbal* by Adelma Grenier Simmons, William Morrow & Co., 105 Madison Ave., New York, N.Y. 10016; \$5.95. The following are sources of dried potpourri: Capriland Herb Farm, Silver St., Coventry, Conn. 06238; Caswell-Massey Co. Ltd., 114 East 25th St., New York, N.Y. 10010.

**Kitchen-Sponge Toys** (page 72): *Mascot Toys* by Brenda Morton, Taplinger Publishing Co., 29 East 10th St., New York, N.Y. 10003; \$4.50.

**Tin-Can Fantasies** (page 73): *Tin-craft for Christmas* by Lucy Sargent, William Morrow & Co. (see address under "Potpourri"); \$7.95.

**Stone Treasures** (page 75): *Gem Tumbling and Baroque Jewelry Making* by Arthur E. and Lila M. Victor, The Victors, 1709 S. Cedar St., Spokane, Wash. 99203; \$2. *The Art of Gem Cutting* by Henry C. Dake, Gem Books, P.O. Box 687, Mentone, Calif. 92359; \$2. *Gem Craft: How to Cut and Polish Gem Stones* by Leland Quick and Hugh Leiper, Chilton Book Co., 401 Walnut St., Philadelphia, Pa. 19106; \$7.50. *Gem Cutting* by John Sankankas, Van Nostrand & Reinhold Co., 450 West 33 St., New York, N.Y. 10001; \$12.50.

Fill out coupon and enclose check or money order. Florida residents please add sales tax. Allow 4 weeks for handling and mailing. (Sorry, we are unable to handle Canadian or foreign orders). To avoid delays please indicate your zip code. Sorry, no C.O.D.'s.

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☐ Send C.O.D. I enclose \$2 goodwill deposit and will pay postman balance plus all postage charges.

By Dorothy Lambert Brightbill

Here is a mélange of lovely gift items you can make for a loved one—or for yourself. Clockwise from left: Love and Peace (size 12 by 16 inches) is really an embroidery lesson. You learn to do six basic stitches. Instructions and a stitch chart included in the kit will show you how. The design is stamped on cotton homespun to be embroidered with wool yarn, also included. Peace and Plenty sampler (size 9½ by 14 inches) is stamped on 100 percent linen to be cross-stitched. Frames for both items are available.

The sea-urchin pillow is stamped on linen. It is a beautiful contemporary design that goes surprisingly well with traditional interiors. And nesting in a basket are two of our best bargains—the needlepoint eyeglass case and a charming pincushion, embellished with fresh violets.

A truly rare buy is the needlepoint strawberry bookend/doorstop concealing an ordinary brick weight. For a departure from needlework, the beaded lilies of the valley and pensive pansies (center) provide a pleasant change.





# BUYING BASICS FOR HOME INSURANCE

Deciding on what kind of home insurance to buy used to be a simple affair. Like shopping at the corner grocery, there were few choices, and selections didn't seem too hard to make. But insurance needs, like most things today, are more complex than they used to be.

Whether you own your house or rent, you probably have some form of home insurance. But do you know exactly what you are paying for? Determining your protection needs is not as hard as it sounds, for insurance companies have gone a long way toward simplifying home insurance. Instead of a handful

of individual policies, five basic homeowner policies now protect most homes. Aptly, they are usually known as Forms 1 through 5.

Though basically the same, the homeowner policies of different companies do vary somewhat. For purposes of illustration, we have here used the policies of The Hartford Insurance Group (Hartford, Conn.).

**Form 1.** This is the most basic type of homeowner insurance from the standpoint of coverage and cost. It insures your home and any outbuildings, such as tool sheds, guest houses, garages, etc.

Under this policy, household goods and personal property are also protected, at home or away, against fire and lightning, windstorm and hail, explosions, vandalism, riot and civil commotion, smoke, theft, aircraft and vehicle damage. (Yes, airplanes and cars *do* run into houses!)

**Form 2.** With this policy, you are protected against the same perils as under Form 1 but the list includes other hazards such as a tree falling on your roof or your window ending up the victim of a home-run baseball.

**Form 3.** While the dwelling coverage is broader under this policy than under

Form 2, the personal property coverage is the same. Your home is protected against most perils (including those under Forms 1 and 2), with the major exceptions of earthquake, landslide and war.

**Form 4.** This is insurance specifically tailored to the renter. Under this policy, coverage is extended to your household goods, personal property and to alterations or additions you have made to the property you rent.

**Form 5.** This comprehensive policy, covers all of the contingencies that are included under Form 3. In addition, it provides the maximum coverage available on household goods and personal property, whether at home or away.

No matter which policy you choose, you also get additional protection features. Under "additional living expenses," you are reimbursed for the greater-than-normal cost of living you face when disaster forces you to live in temporary quarters. Personal liability insurance covers your legal liability—and medical payments, regardless of legal liability—for bodily injury, death or property damage caused others in your home. Further, you are covered against physical damage to others' property regardless of your legal liability.

As mentioned earlier, policy terminology and coverage will differ somewhat from company to company, as well as from state to state. Your safest bet is to talk with your insurance agent. He can fill you in on specific coverages and help you to choose the one to best fit your needs. **END**

## Little things mean a lot.



*The small delicate peas that rival the French petits pois in flavor.*



in a contractor who, by using special professional equipment, can blow a fluffy insulation under the boards.

If you plan to finish the attic, insulation becomes imperative—and more difficult. The method is the same as for the garage, described earlier: Nail insulating batts to the roof rafters and finish with gypsum board or fiberboard.

So far we've talked primarily about insulating walls, floors and ceilings which have exposed beams or studs on one side. But suppose you have cold walls that have already been finished with plasterboard or plaster?

One answer is to hire a contractor to blow insulation into the walls. Since he first must cut holes in them, you might want to combine this project with redecoration (inside) or residing or repainting (outside). One homeowner's answer, since he was remodeling each room anyway, was to rip down the old plaster, nail mineral-wool batts to the exposed studs, then resurface the walls. If you use this approach, buy the type of insulation that has a vapor barrier of aluminum foil or treated paper on one side, and nail it in place with this barrier facing the inside of the room.

Another homeowner had an uninsulated bedroom facing the cold north wind. By nailing insulation board over the plaster on the cold walls, he not only saved heat but covered some badly cracked plaster. (Two more birds down.)

Depending on the architecture of a house, small, uninsulated areas might be found in the roof of an enclosed porch, over a small wing of the house (such as an entry hall that juts forward from the main part of the house), the floor of a room that's located over the garage or the roof and floor of a bay window—to name a few. All such areas should be properly insulated.

#### UNIFORM HEAT SAVES MONEY

When one part of the house is cooler than the others, we tend to boost our thermostat settings, hoping that the extra heat will penetrate the cold area. Sounds good, but chances are the warm part will become too warm, while the cold part stays too cold. A sensible approach is to apply some trial-and-error remedies to better balance the heat.

Suppose, for example, you have a room that's too cold. We've already mentioned how you can insulate the room. You also might first try aiming a powerful fan from a warmer part of the house into the room.

Heavy draperies across large windows or glass doors help, too, provided they

don't obstruct a radiator or warm-air grille on the wall. If they are over a warm-air grille on the floor, buy a small plastic deflector (usually made for air-conditioning outlets) which will fit over the grille and direct the warm air away from the draperies and toward the room's center.

Still too cold? Then you need auxiliary heat. One way to get it is to mount in the wall a small gas, oil or electrical heater with a built-in circulating blower. Also available are baseboard heating units that use gas or electricity, and electric radiant heating panels for walls and ceilings.

One of the greatest advancements in auxiliary home heating to come along in recent years is the electrically heated ceiling, which uses gypsum board built-in heating elements. These elements, when connected to electricity, give off a steady radiant heat. And there's soon to be a paint-on electrical heating film, we've heard, that does the same thing.

#### HOT AND COLD AIR CAN STRATIFY

If the heating in your house tends to be uneven, but not drastically so, as in the case of poor insulation or draftiness, stratification—the tendency of uncirculated warm air to collect in layers and pockets—is a likely culprit. The remedy for a warm-air system is to have a serviceman set the furnace's circulating fan for continuous operation.

With other types of heat, stratification can be broken up by opening one or two windows an inch or so at the top, thus causing slight air turbulence. Or try a couple of strategically placed fans. In an older house equipped with radiators, a good trick is to aim a fan directly into a radiator. Speaking of radiators, a good way to get the most out of them is to make a heat reflector and place against the wall behind each one.

In winter, the air in a house loses heat-retaining moisture through condensation. Thus, to get the most out of a heating system, you also need humidification. In modern systems, this will be built in. If it isn't built into yours, humidification should be installed, either inside the system or in the form of one or more separate units. These are readily available.

The ideas we've presented will not take the place of a modern, well-engineered heating system in a house that is properly built and insulated. But they will add comfort while cutting your fuel bills—and at a cost you can afford. END

The nothing side.      The Endust side.

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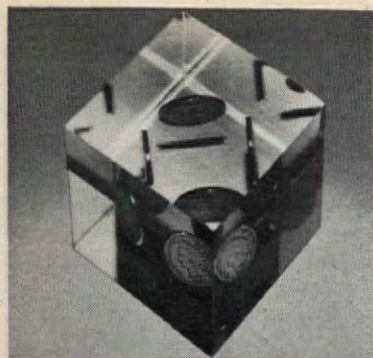
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### A bathroom beauty

Clothes hamper table houses garments in handsome vented top drawer and removable lower bin. Drawer for soaps, etc.; top for beauty aids. 30x19 1/4 x 12 in. Pine in maple or walnut finish. \$27.95. Unfinished, ready to paint. \$24.95. Shipping charges collect. Yield House, AH-11, No. Conway, N.H. 03860.

LYNN HEADLEY—Editor

## AMERICAN HOME MARKET PLACE



### Hummel 1971 calendar

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### Mickey Mouse shirt

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#### Old-time tiny furniture

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#### Footnote for men

Moccasin slipper of soft golden-brown leather and snugly sheepskin lining has plenty of room for wide-foot men. Whole sizes 5-13; EEE and EEEEE widths. \$10 plus 85¢ for postage. Free catalog of 100 styles of shoes for all purposes available. Hitchcock Shoes, Hingham 25-K, Mass. 02043.



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☐ CHARGE MY ACCOUNT ☐ Send FREE Hanover House catalog of latest Gifts & Gadgets!

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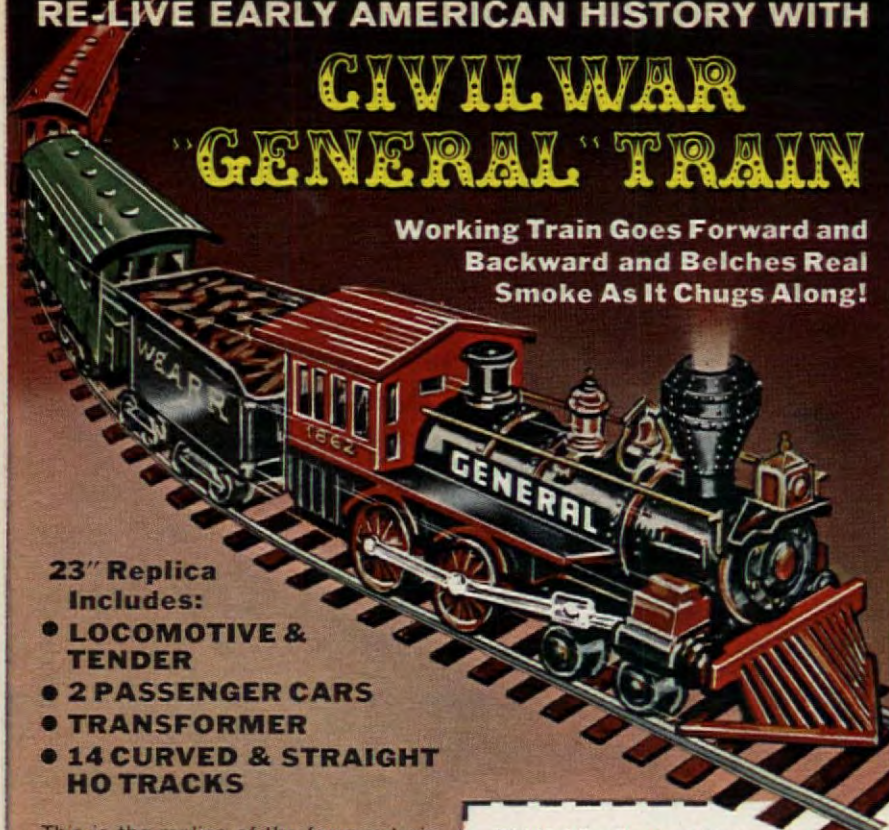
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WITH THIS  
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# CIVIL WAR "GENERAL" TRAIN

Working Train Goes Forward and  
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Smoke As It Chugs Along!



**23" Replica  
Includes:**

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This is the replica of the famous train captured by 22 Union army men from the Confederate army during the Andrews Raid, April 12, 1862.

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## Reflects good taste

Who would guess that this stunning wall mirror and shelf set is so modestly priced! Mirror with handsome open-work filigree frame is 14x9½ in. Shelf is 7½x6 in. Antique gold finish. For a center hall or any solo space. \$3.98 plus 75¢ postage. Harriet Carter, Dept. AH-11, Plymouth Meeting, Pa. 19462.



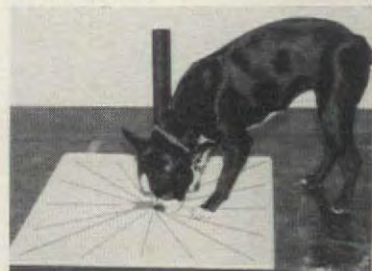
## Card-on-the-cuff links

Nice gift for the hard-to-please man—his business card reproduced on gold or silver cuff links, or, send his signature to be etched into links. Sterling silver: links, \$15; tie clasp, \$10. 14K gold: links, \$70; tie clasp, \$30. Ppd. Holiday Gifts, Dept. 611-D, 7047 Pecos St., Denver, Colo. 80221.



## Music box memory

Wizard of Oz music box plays "Over the Rainbow" as Dorothy, Toto, Straw Man, Tin Man and the Lion go lazily round and round on the Yellow Brick Road. A musical treat for everyone. 5½ x 4 in. \$5.95 plus 55¢ postage. Spartan, Dept. AH-11, 945 Yonkers Ave., Yonkers, N.Y. 10704.



## Spot senses his spot

Train-O-Mat housebreaks dogs and saves floors and carpets from stains. Chemically odorized mat attracts pets at "comfort" time. 18x18-in. washable holder with 2 months' supply of mats, \$4.98; 6 months', \$6.98. Pole for male dogs, add 50¢. G & G Research, Dept. AH-11, Box 8395, Dallas, Tex. 75205.



**CHRISTMAS MAIL BASKET** is fun to needlepoint. Hang it on door or mantel to display greeting cards, or give it filled with cookies or candy. Kit includes 9" x 5" x 6" high Madeira basket, needle, canvas, red, green, and gold wool, and easy instructions. Each kit \$3.50. Also available, personalized mail basket with replica of airmail envelope, \$3.50 each kit. Add 50¢ postage each item.

Pa. Res. Add 6% Sales Tax. Sorry No COD's

**VICTORIA GIFTS**

12-A Water Street, Bryn Mawr, Pa. 19010



gift-pretty

## COFFEE COAT

She'll look fresh and pretty at breakfast in this washable polished cotton Coffee Coat with extra-full wrap-around skirt, and front sash closing. Christmas Green or bright Blue Paisley Print. Sizes 10-20, 14½-24½.

**\$6.95**

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**FREE BONUS!**  
One Photo (color or B&W) enclosed in clear plastic.





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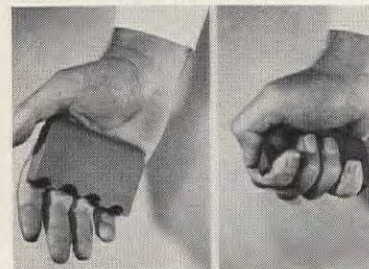
### Tiger

A magnificent reproduction of *Tiger* by Hug on artists' canvas is rich in browns blues and yellows on red background. This majestic print yearns to overlook a fireplace or enhance a den. 22x28 in. \$5.95 plus 45¢ postage. Lambert, Dept. 230, 910 N. La Cienega Blvd., Los Angeles, Calif. 90069.



### Tiffany touch

Take two hours of fun time, a lamp kit, and the result is this outstanding Tiffany decorator lamp. Everything you need is included. 22 in. diameter, comes with electrical components. Glass-like, hard acrylic base. \$16.95 plus 50¢ postage. World Arts, AH-11, Box 577, Wilmington, Calif. 90744.



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Vexed over what to give the bride or graduate? Why not "return" the invitation as an unusual gift! Invitation is framed in the hinged lid of this lovely box of 18K gold plated metal with rich red velvet bottom. 6x4½x2 in. \$4.98 plus 25¢ postage. Vernon, AN1, 560 So. 3rd Ave., Mt. Vernon, N.Y. 10550.

**4 Famous Punch and Judy Puppets plus Giant Stage**

**FOR ONLY \$1.98**

## Punch & Judy Puppet Theater

Raise The Curtain On The Puppet World's Most Famous Foursome! PUNCH & JUDY... Officer Muldoon and a heel-snapping, flop-eared pup complete the All Star Cast! The Kids will recreate the famed comic adventures of the fabulous foursome and then inject their own mod mischief as they manipulate the gayly attired finger puppets with their roll-about eyes! Imaginative vocal and visual animation will give life and lyric to this looney bunch! Set includes a 12x9x4 inch stage that folds flat for storage and four 4 inch puppets. 5 piece set.

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Enclosed is check or M.O. for \$  
9740 Puppet Sets @ \$1.98  
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In an heirloom tradition. An exact replica of a famous old sterling pattern, with graceful pistol-handled knives, 3 tined forks and rattailed spoons. In heavy hand-forged satin finished stainless. Service for 8 includes 8 dinner forks, 8 dinner knives, 8 salad forks, 8 soup spoons, 16 teaspoons, plus 2 serving spoons.

50-piece service for 8 \$29.95. 75-piece service for 12 \$44.95.  
Steak Set, 8-piece pistol handles (not shown). Gift boxed. \$16.95.  
BETSY ROSS FIDDLE BACK stainless steel. Complete 50-piece service for 8, \$29.95; 75-piece service for 12, \$44.95.

All prices p.p.d. Send 25¢ for catalog and open stock price list  
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55160 Grandma's Mug; Blue. 1.00  
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Restore your antique and heirloom chairs easily and inexpensively with a Newell Caning Kit, Tools, natural cane & "easy-to-follow" instructions postpaid for only \$2.50; Extra cane \$1.25 chair-lot. Illinois residents, please add 5% sales tax.

### NEWELL WORKSHOP

19 Blaine, Dept. AH  
HINSDALE, ILLINOIS, 60521



### The name is needlepoint

Name Tote Bag in natural straw is exclusively yours as you add your name in needlepoint! Kit: 9 1/2 x 9 1/2 x 4 in. bag, canvas, lettering chart, needle, wool in choice of red, green, navy, orange, brown or lavender. \$3.95 plus 45¢ postage. Victoria Gifts, 12 A Water St., Bryn Mawr, Pa. 19010.



### Nice for wallets

Wallet photos make nice gifts for friends and family. 16 color photos for \$1.98; 32 for \$2.98. Send color negative, photo or slide. 36 black and white photos for \$1; 76 for \$2. Send photo or negative. Add 25¢ to each order for shipping. Philips Foto Co., Dept. AW-11, Elmsford, N.Y. 10523.

## The Most Beloved Charles Dickens' Characters HAND-PAINTED FIGURINES REVOLVE TO "SILENT NIGHT" ATOP "Christmas Carol" Music Box



Plays "Silent Night!" Re-creates the most beloved of all Christmas Classics, with Tiny Tim, "bah-hum-bug" Scrooge, the magical apparition that is the ghostly figure of Jacob Marley and the jolly spirit of "Christmas Present." All these characters atop a magnificent imported music box. Each beautiful figurine is masterfully fashioned in lustrous, hand-painted ceramic, something from the pages of a multicolor dream. Bell-like, tinkling notes of the tenderest of all carols, "Silent Night," accompanies them. 6 1/2 in.

9906—Christmas Carol  
Music Box .....\$6.98



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The last silver coins. 1964 set in brilliant uncirculated condition increases in value. \$3 (10 sets \$28). 1963: \$4. 1962P: \$4.45. 1961P: \$5.25. 1960P: \$5.85. 1959P: \$6.25. 1958D: \$6.85. 1957D: \$8. 1956P: \$9. All 9 years, \$50. Centre Coin, Box 5490-L, Sherman Oaks, Calif. 91413.



### Slogan shirts

Cotton shirts can spell out club name, etc., for fun wearing and easy washing. Up to 30 non-fade letters printed on shirt in navy blue or powder blue. Sizes: S, M, L, XL. Sweatshirt, \$4.45; T-shirt, \$3.20. All ppd. order from Holiday Gifts, Dept. 611-CO, 7047 Pecos St., Denver, Colo. 80221.

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**GREENLAND STUDIOS, 4035 Greenland Bldg., Miami Fla. 33054**

Please send me #9906  
Christmas Carol Music Boxes @ \$6.98  
plus 65¢ postage. I may return within  
10 days if not delighted. Enclosed is  
check or M.O. for \$.

☐ Send C.O.D. I enclose \$1 goodwill  
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CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_



"Dear Sirs: I have had an opportunity to use Sauna Shorts primarily for the purpose of evaluating its worth in view of the many inquiries that have been made to me relating to your product. This Sauna Shorts' Inches-Off Program is based on sound scientific principles. It's sensible and it works—a rare combination! I plan to recommend it to all my patients who want to take off inches. Yours very truly, **Anita Sharpe**, Registered Physiotherapist, Los Angeles, Calif. ■ "Gentlemen: I feel I simply must write to tell you how happy I am with the results of your Sauna Shorts. I lost 5 inches in the very first week—2 inches from my waist and 3 inches from my hips. You can believe me when I say I'll make sure they don't come back! I wear my Sauna Shorts once a week now to keep my great new shape. My friends keep telling me how great I look and they, too, are interested in purchasing your Sauna Shorts. Sincerely, **Mrs. Ina Ann Debs**, Chicago, Illinois ■ Dear Sirs: Thanks to Sauna Shorts and an easy to follow exercise plan, I've lost 2 inches from my waist and 2 inches from my hips. **Barbara McArdle**, Inglewood, Calif.



Anita Sharpe

**"...it works!" says Anita Sharpe**

REGISTERED PHYSIOTHERAPIST

**Now you can join the thousands who  
enjoy this amazing "Inches Off" discovery for  
HIPS, THIGHS and WAISTLINE.**

# SAUNA SHORTS

**Be fully satisfied in 1 week or your money back.**

Since Sauna Shorts were first developed and put on the market, numerous letters have indicated that the Sauna Shorts "Inches-Off" Program is not only an effective approach to removing unwanted inches from hips, thighs and waistline, but also a very simple and pleasant way to obtain those lovely results. All it takes is thirty minutes a day with your regular or long-line Sauna Shorts and within a week you will be totally amazed and satisfied or we will cheerfully refund your money.

## HOW DO SAUNA SHORTS WORK THEIR WONDERS?

Following your 3-step exercise plan, just slip into your Sauna Shorts as you would any shorts and inflate them with the detachable air pump we provide you. You'll enjoy the warm, gently "massaging" action of Sauna Shorts' many air pockets, snuggling up to you tighter and tighter. Now you're ready to put the air pump aside while your Sauna Shorts go to work creating a Finnish Sauna-like warmth. This is your Sauna Shorts rest period, preceded by the 3-step exercise plan which was designed to pinpoint "inches removal" from your hips, thighs and waistline. While you relax and go about your regular routine, you'll feel your Sauna Shorts doing their part—silently, comfortably, and with no further effort on your part.

## CHOOSE REGULAR OR LONG-LINE SAUNA SHORTS—BOTH INCREDIBLE BARGAINS!

The regular Sauna Shorts and 3-step exercise plan for reducing hips and thigh measurements are priced at a low \$9.95. For hips, thighs and waistline reduction, select the long-line Sauna Shorts... only \$14.95. The long-line Sauna Shorts extend above the waist with vertical air pocket sauna strips, to help work off "lower midriff bulge" too.

**MONEY-BACK GUARANTEE**—If for any reason, whatsoever, you are not 100% satisfied with your Sauna Shorts Inches-Off Program, please return your Sauna Shorts for a prompt, total refund, no questions asked.

**SAUNA SHORTS, INC. Dept. SH-198 P.O. Box 7777, Van Nuys, Calif. 91409**

Please send me \_\_\_\_\_ SAUNA SHORTS with complete, easy to understand instructions and quick 3-step exercise plans. I understand that I may use my sauna shorts for one full week and if I'm not 100% satisfied for any reason, I may return the sauna shorts and handy air pump for a full refund.

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Women's  
regular  
Sauna Shorts,  
for hips  
and thighs,  
**\$9.95**



Women's  
long-line  
Sauna Shorts,  
for hips, thighs  
and waist,  
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Men's  
Sauna Shorts,  
available in  
regular  
or long-line,  
**\$9.95 or \$14.95**



Name \_\_\_\_\_ Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Woman: Waist size \_\_\_\_\_ Man: Waist size \_\_\_\_\_





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Pillow cover features a rabbit, squirrel, butterfly, bee, ladybug and flowers. Kit includes design on natural linen for front and back of 14" x 14" knife edge pillow; crewel yarns in soft green, blues, yellows, red with brown and grey; green cording, zip, needle and instructions. Only \$5.50 plus 50¢ pstg.

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Here is a deep display case to hold treasures or awards in a handsome wall decor unit. The kit includes: a velvet-lined box (in classic red), a walnut-finished gilt-edged deep frame, a glass front, mounting adhesive and instructions. Pictured is the 8" x 10" case, at \$6.95. Also available in 16" x 20" size, at \$14.95. Cases will take any item up to one inch in thickness and are ideal for awards, medals, pins, spoons, coins, charms, glasses, antique jewelry, or any memorabilia. Please include 50¢ postage

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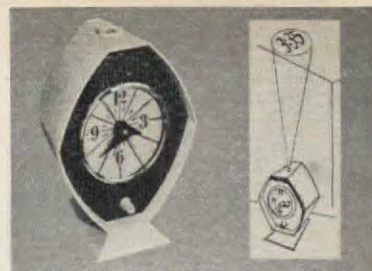
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Tired of squinting to see the time in the wee hours? This unique Ceiling Alarm Clock has invisible beam to show time from top of the clock to ceiling in clear numbers! Alarm greets you in A.M. 7 in. Electric. \$29.95. Catalog, 25¢. House of Minnel, AH-117E, Deerpath Rd., Batavia, Ill. 60510.



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Decorating delights are legion with this mix-and-space shelf set. 3 entire shelving units, each 30x60x12 in., gives 7½ ft. of wall space. Walnut-toned, pewter posts and reinforced metal construction. Assembles easily. \$49.95 ppd. J. Carlton's, Dept. F009, 176 Madison Ave., New York, N.Y. 10016.



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Why let your pretty fur go down the fashion-drain! It can be restyled for now. Choose from 45 styles. Includes remodeling, new lining, interlining, cleaning, glazing and monogram. \$34.95. Furs insured by Morton's. Write for free style book. Morton's, Dept. K-21, Washington, D.C. 20004.









Only \$12.95

4-cube set  
A Storage Barn  
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New, inexpensive storage of records, magazines, toys, clothes, Hi Fi, yarns, notions, etc. Set includes four 13" x 13" x 13" cubes, 4 shelves, 2 doors (1 shown) in red, white, blue or black. Note: One color choice per set. All interiors white with black plastic trim. Soap washable solid fibreboard. Connectable horizontally and/or vertically. One set \$12.95 ea.; 2 or more sets \$12.00 ea. Mailed flat from our store, add \$2.00 ea. (14 lbs.), plus 85¢ extra West of Mississippi, 3-wk. del. Satisfaction guaranteed. Send 25¢ for catalog.

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To start a warm family tradition! Each twinkie is engraved with a name—each member of the family hangs his own at tree-trimming time! Water-thin metal. Gold plated to dance with highlights—gala 3" stars have frisky reindeer swinging from shiny chains. Easy to store away in no space at all—and unbreakable, so even the littlest angel can hang his own on the Christmas tree!

#1007—Girl Reindeer #1005—Boy Reindeer  
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PRINT names, add 25¢ postage and handling

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to any man's  
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- 14 SQUARE FT. OF PLAY AREA
- INCLUDES RUBBER TOMAHAWK, BOW AND ARROW and FULL HEADRESS
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**SPARTAN AH-1170**, 945 Yonkers Ave.,  
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TV Runabout for "portables" produces vantage viewing. Rolls or swivels on ball bearings. 29x27x14 in. Pine in maple or walnut finish. Assembles easily. Finished, \$29.95; unfinished, \$24.95. 33 1/4 in., \$34.50; unfinished, \$29.50. Shipped collect. Yield House, Dept. AH-11, No. Conway, N.H. 03860.



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This very attractive and colorful brick rural house scene and inspirational message appear on this 1971 calendar towel. Measures 16" by 28". 100% linen, color fast towel is hand screen printed. Comes with wooden dowel and hanging cord. Only \$1.25 plus 35¢ post. Value Valley, Dept. A-11, 2141 Sherwood Ave., St. Paul, Minn. 55119 Minn. res. add 3% tax

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404-A DRAKE BUILDING, COLORADO SPRINGS, COLORADO 80901



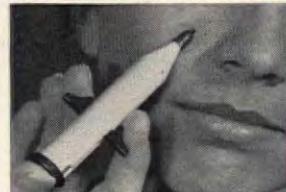
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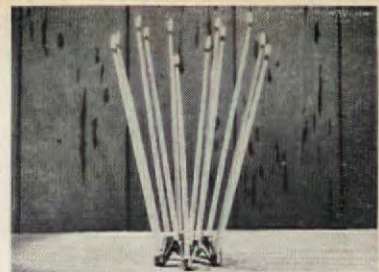
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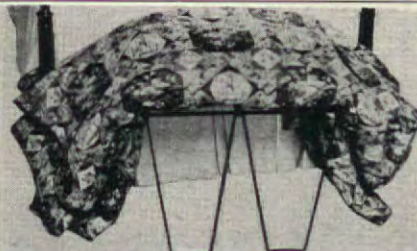
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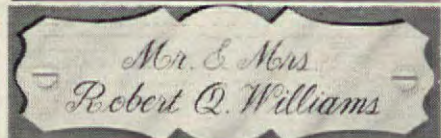
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\$6.98 ppd. .... two for \$12.98 ppd

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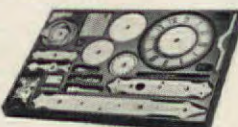


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Let us beautify and identify your door or doorknob with  
this impressive solid brass engraved nameplate. Your  
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Each HELD Kit contains  
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home, in yard, or at the beach, he's  
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colorful on a winter window ledge. It  
has reed-like stems, white blossoms,  
red berry clusters, and color-changing  
foliage. Nice outdoors in summer.  
\$1.50 for 1; \$2.75 for 2 potted plants.  
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### Memory in Bronze

Baby's shoes can be bronze plated in  
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continued



# FAMOUS *Body-Heat Inflatable Reducing Belt*

# SALE!

**SAME AMAZING GUARANTEE**  
LOSE 1-3 INCHES FROM YOUR  
WAISTLINE IN THREE DAYS  
OR YOUR MONEY REFUNDED!!

~~\$9.95~~

~~\$6.95~~

**NOW \$3.95**



## SAVE \$6.00—NATIONALLY ADVERTISED AT \$9.95

Imagine! The belt with the very same principle that has already been tried, proven and enthusiastically endorsed by thousands, is now available for a limited time only at \$3.95.

## "IS YOUR GUARANTEE UNCONDITIONAL?"

A mere 15 or 20 minutes a day... morning or evening... for three short days in a row, **WILL TAKE FROM 1 TO 3 INCHES OFF YOUR WAIST OR YOUR MONEY WILL BE PROMPTLY REFUNDED.** We can make this unconditional guarantee because we know it works!

## NO 'MAGIC'—BASED ON SOUND PRINCIPLE

Just fit and buckle the clear, vinyl, hollow belt around your waist, right against your skin. Inflate it with the attached tube until it is snugly tight. A slight twist of the tube holds the belt inflated. Instantly, the heat of your body is captured and held inside the belt, and the soothing warmth stays as long as the belt is on. Then perform the few simple isometric-like body movements illustrated on the chart we include. You'll feel your muscles tensing and working against the warm pressure of the belt. Body-building experts have been using this successful technique for years. Then relax. That's right... for the next 15 minutes or so, you relax... finish that book, or phone a friend... the rest is up to the warm belt. Remove the belt and already your waist feels tighter and firmer. Repeat this for the next two days. If you have not shed from 1 to 3 inches after 3 days, return the belt and we'll refund you every penny you paid for it.

## "HOW LONG AFTER DO I USE THE BELT?"

This depends on how many inches you want to lose. It is recommended that you use the belt for a few minutes a day, two or three times a week, until your desired inch loss is complete. But hurry, order now. This special sale price of \$3.95 is for a limited time only. (Limit: TWO per family, please.) One size fits all.

**#2347 Inflatable Belt . . . . . \$3.95** plus 50¢ p.p. & hdlg.

An International Systems Associates, Ltd. Company



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Please rush me \_\_\_\_\_ Inflatable Belts (#2347) for just \$3.95 each plus 50¢ for p.p. & hdlg. I understand that if I do not lose from 1 to 3 inches in 3 days, I may return for a full refund.

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☐ Charge my D.C. # \_\_\_\_\_

NAME \_\_\_\_\_  
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A New Hair Excitement with 5 Changeable Mood Colors!

# A Tiara of Lights for Your Hair



A delicate spray of hundreds of hair-lights slips into your coiffure like a sky full of stars! The tiny tube in its net covering pins easily into place, hidden but for the shimmering, lighted ends. With your changing moods, you can go from a soft kiss of diamond white to red, green, yellow or azure blue with the multi-colored discs. Kit includes Hair Fire wand, bulb, 5 discs and net. Uses triple A pen-size battery.

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Twisty key ring accommodates 25 keys and boasts a special trick lock that opens only when you give it a certain twist. Made of gold-finish steel cable, it's lightweight, but strong for a lifetime of use. Ideal party favors. \$1.15 each. 6 for \$5. Sunrise House, Dept. AH-110, Gilroy, Calif. 95020.



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Federal laws permit 200 gals. of wine annually for household consumption. Wine-making is easy and fun. Use peaches, raisins or grapes. Set contains all tools necessary to make 2 gals. at a time—10 bottles of personally blended wine. Includes 2 (reusable) one gallon containers, compact water seal valves, siphon tube, sugar tester (saccharometer) to scientifically measure sugar content for true wine all the time, complete instruction book with recipes. **\$4.95** plus 50¢ pp. & hdlg. Send check or M.O.—No C.O.D.'s—Satisfaction Guar.

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Dept. AH-11

Sharon, Pa. 16146



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Now you can do something about heavy thighs, too. Wear no-bulk Thigh Slim Belts under clothes. Velcro® Fasteners assure perfect fit. Works like Waist Slim Belt to give you slimmer, shapelier thighs.

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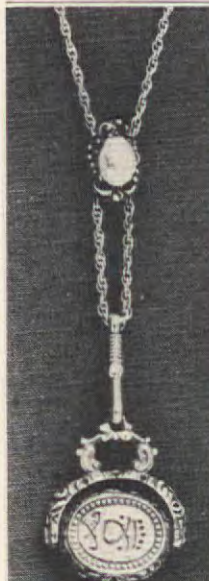
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Now—a bar for the biggest party—or cozy twosome. This charming little plant is the most completely versatile bar ever. Use it 3 ways: locked, as liquor cabinet; open, for self-service; rolled out from the wall, turned around, for bartender service. Hinges open to reveal 20 bottles of liquor, 20 bottles of mix, nearly 4 doz. assorted glasses and all bar accessories. Adjustable shelves, brass guard rails and fittings. Simple, compact, fits smartly into home, apt., office, cottage. 21" W., 18" D., 36" H.—open 38" W. Finely crafted of knotty pine. In honey tone pine or maple, antique pine or walnut liquor resistant finish. \$57.95 Express Charges Collect.

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