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New house plans to order: UNDER \$20,000 AWARD WINNER

# THE DOLLAR MAKES A COMEBACK.

If you think the dollar's all washed up, we've got news for you.

It's about to make a comeback and we're going to see that it does. At least in major appliances.

If you'll put down that old familiar credit card and come shop around a little, a General Electric dealer will show you six appliances that restore a dollar's self-respect.

right here. And for comparison, each caption tells you how much less a dollar would have bought in the same appliance back in the fifties, a very good decade for dollars.

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dramatic if you make your own com

And while you're at it, ask wh kept all those GE appliances running this time. It's the same service peo who'll look after the new GE mo you're considering. Gives you a n feeling, doesn't it?

One more thing about the co back of the dollar. You can help, Whatever you do, do it a little bet





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It is available at most GE dealers, or send \$1.00 to
Consumer's Buying Guide, P.O. Box 535, Louisville, Ky. 40201.

HOW TO GET YOUR MONEY'S WORTH

# **American Home**

AUGUST 1970, VOL. 73. NO. 8

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FRANCES M. CRAWFORD

DOROTHY L. BRIGHTBILL Home Projects

> BINA BERNARD Feature Editor

NANCY C. GRAY Pacific Coast

LYNN HEADLEY Market Place

FERDINAND D'ESPOSITO Production Coordinator

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Helene Brown / Decorating Carol Ceraldi / Art Lietta Dwork / Reader Service Dorothy B. Humanitzki / Editorial Jacques Jaffry / Chef Stephanie Parker / Art Maidee Kerr Spencer / Equipment Jane Uetz / Food

Alexandra Walker / Decorating

**ASSISTANTS** Thelma F. Beck Vicki Lynn Crowe Brook Mason Crum Lauri Greene

Jane Levy Christine B. Roth Anne Rutledge Sherman Frances A. Steinberg

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COVER: Three-year-old Emily Foley opens the door to our 27-page American Treasury on colonial Newport. A vital young family, the Foleys (see page 40) live in a 1727 Newport house they have helped restore. Photographer: Stephen Green-Armytage.

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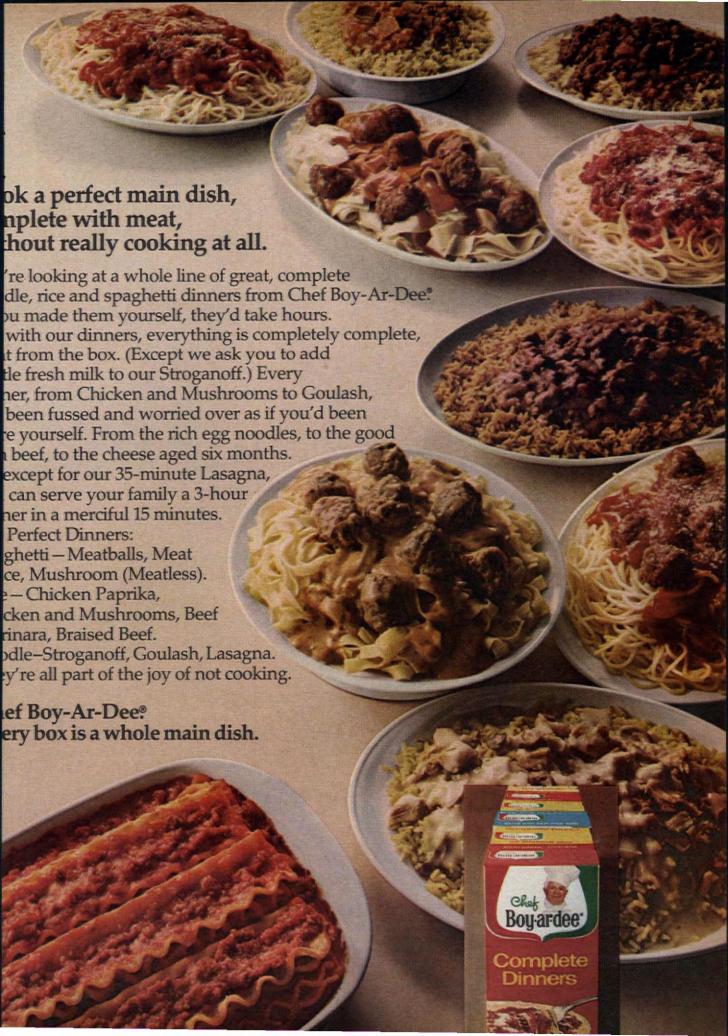
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# THIS MONTH IN AMERICAN HOME

One of the most satisfying experiences we are having at American Home is delving into the splendid creativity of our national past. We began the series we call the American Treasury last September with a visit to the Shakers, those amazingly modern 19thcentury religious zealots who believed that work was a form of worship and who produced some of our most beautiful architec-





Treasured staircases-simple Shaker curves (left, Sept. AH); a colonial Newport woodworker's spirals (right)—show the range of American creativity.

ture and domestic artifacts. During the 12 months since, we have brought you the glories of the Metropolitan Museum's American Wing, the colorful Southwest of the Navajo and the only comprehensive museum of Americana outside the United States, at Bath, England.

This month we visit one of the jewels of colonial America-Newport, Rhode Island. The significant thing about Newport today is that it is a living treasury, not a museum town. Its citizens are rehabilitating a downtown core that contained behind the shabby facades of bars and rooming houses at least 300 18thcentury houses. The Newport scheme of enhancing a town's future by preserving its past is so fine a contribution to the American scene that we are devoting the major part of this issue to that past and the people of today who have saved it.

As we approach the 200th anniversary of our Republic, the spirit of 1976 is inspiring other American towns and cities-Charleston, S.C.; Savannah, Ga.; Richmond, Va.; Portsmouth, N.H.; Alexandria, Va.; Pittsburgh, Pa.—to preserve their past as Newport did. We will be publishing American Treasuries on many of them soon, and if you have a favorite town, a favorite period of American design you would like us to consider, please write and tell us about it.

We are also, in this issue, reintroducing one of our most popular AH features-blueprint houses. We start with a dilly of a design (page 64), an award-winner that can be built today for under \$20,000. Good design need not be costly, even in today's market, as our new blueprint series will prove in the months to come.

Tur Sonoth

State

When you tell your daughter about sanitary napkins, what are you going to say?



Besides telling her how to wear a sanitary napkin, and when to change it, are you going to tell her how to choose one?

If you are, we suggest you know the differences between the various napkins. Because there are differences, And big ones.

For instance.

Do you know if your sanitary napkin has a lining at the bottom—to protect against accidents? Does it cover all of the bottom?

Modess has a moisture-proof blue lining that cradles every inch of the bottom. And both sides, where accidents also happen. Nobody else has that.

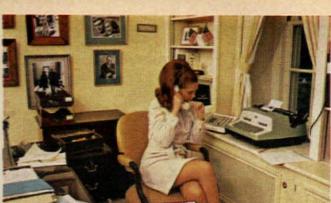
And what's your sanitary napkin made of? Lots of paper and tissue may sound good. But it's not very good for absorbing moisture.

Modess is made of special highabsorption material. We've also discovered a criss-cross system that's been patented.\* It distributes moisture throughout the entire napkin. So the napkin absorbs better and you're protected from one-spot soak-through.

Does the top layer of your napkin absorb slowly and leave wetness next to you? The top layer of Modess is made to absorb moisture quickly, into its inner layers, to keep you drier.

So, now you know the differences between napkins. And can teach your daughter how to choose one more intelligently than you could before.

Modess





As Mrs. Richard Nixon's staff director, Connie Stuart often works into the wee hours in her White House office (top). Her essential tools: a telephone and the loose-leaf notebook on her desk with the First Family's schedule. Pictures of the Stuarts include those taken during their honey moon in Portugal.

In the kitchen of her home (above) in Great Falls, Va., Connie repots petunias. Gardening gives her a relaxing change of pace.



Al Francekevich

Connie, pictured on the White House South Lawn, is also the producer-in-residence. For State dinners and less formal "Evenings at the White House" she has booked Broadway shows and such entertainers as Bob Hope and the Fifth Dimension.

When you are staff director to the First Lady and your husband is a White House staff assistant, personal priorities take a back seat. But Connie and Charles Stuart are enjoying their 12-hour-a-day hitch in government.

Connie has done little to change the yellow and blue (the same colors are used in the Nixons' private quarters) office she inherited. A personal touch is the "Connie Wall"—which among other memorabilia, includes pictures of the Stuarts taken on their 1967 honeymoon in Portugal when they were asked, because they typified the young-American look, to model for an airline ad campaign. Besides coordinating Pat Nixon's public appearances, Connie handles press relations for Tricia Nixon and Julie and David Eisenhower. She also doubles as the White House show-biz impresario.

Charles, the other half of the team, often travels for the President. He was an "advance man" for President and Mrs. Nixon's world tour in 1969 and later accompanied them on the journey. More recently, he arranged the semi-official trip Julie and David Eisenhower took to Japan as U.S. representative's to Expo 70.

The Stuarts live in a neo-colonial, red-brick house in Great Falls, Va., about 40 minutes from the White House. In spite of their hectic schedule, they have done all the work on their

home themselves. "We wanted an old house," says Connie, "but we couldn't find one. Ours was nine months old when we bought it, but we're working on making it look older every day. Only the light bulbs are new." They bought their furniture at auctions . . . added an oak mantelpiece over the plain brick fireplace in the living room . . . put up smoke-stained beams, originally from an old mill, in the library.

Both Stuarts are collectors: Charles likes guns and swords. Connie's tastes are more miniaturized—she collects thimbles.

Charles and Connie (below) scan a travel book in their library. He built the bookcases; the furniture was bought at auctions.







Ben and Judy Emory, enroute during their Florida-to-Maine conservation cruise, found the sailing super and interest high.

Combining fun and conservation, Ben and Judy Emory have spent the last five months sailing along the East Coast-from Florida to Maine-in their 31-foot yawl. Just out of the Navy, Ben was seeking some meaningful project before starting graduate school in September, and he decided fighting water pollution was it. Under the auspices of the American Littoral Society, an organization primarily concerned with the preservation of coastal marine waters, the Emorys set sail last March in the Eggemoggin, named appropriately enough for their favorite stretch of water, the beautiful and as yet unpolluted Eggemoggin Reach in Maine. Their aim was to stop at as many yacht clubs and marinas as possible and to talk with boat owners about environmental problems.

"Cleaning up the waterways can be done, but you can't leave it to a committee," says Ben. "You have to reach individuals. We felt that the people most likely to help would be those who are directly involved with the water." Now on the last lap of their odyssey, Judy and Ben feel their project has been a success. The information they have gathered makes them hopeful that further damage to the sea and shoreline can be alleviated.

Living aboard a boat is nothing new for Ben, and Judy adjusted to the close quarters with no complaints. "The lack of space forces you to be neat. That makes housekeeping a cinch," says Judy, who teaches elementary school. Having few housekeeping chores left her free to crew and to film the trip. She hopes to use her slides for an environmental-education lecture series for young children once the summer afloat is over. Ben plans to go to Dartmouth for a graduate business degree. They will set up housekeeping in Hanover, N.H. Eventually, Ben would like to work in the conservation field, to help keep his native New England safe from pollution.



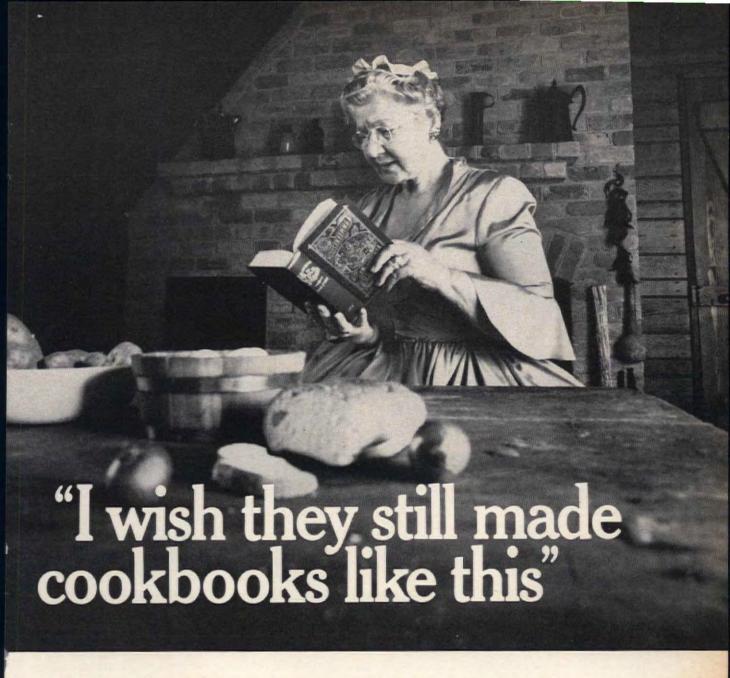




In their compact "living room" (above, center), Ben charts a course while Judy bones up on port conditions at their next stop.

Ex-Navy man Ben (above, left), who has sailed in the Newport-Bermuda Race and from Bermuda to Copenhagen, hoists the mainsail aboard the Emorys' International 500 yawl Eggemoggin.

Judy (above, right) prepares to drop anchor. A good sailor, she's a proper mate for her skipper and enjoys their active life at sea.



Mrs. Mabel Oliver Bellwood presides over Red Hill-on-the-Staunton, the lovely restored home of Patrick Henry in Virginia.

So, quite naturally, she's fascinated by the cookbook she's holding.

For Housekeeping in Old Virginia was actually written by Patrick Henry's grand-daughter.

This famous cookbook contains favorite dishes of the FFV (First Families of Virginia), names you'll surely recognize from American History. There are over 1700 heirloom recipes in all, including Flannel Cakes, Pigeon Pie, Souse Cheese, Nasturtium Sauce, etc.

Original copies of this 530-page classic cookbook are very rare. So we've arranged to print reproductions, authentic in every detail.

Our book duplicates the look of the original antique, wheat-colored paper, delicately grained leather binding, and baroque gold decorations.

And like the original, it has a chapter on housekeeping hints, and another on sickroom remedies such as a "Breast Salve" and a prescription for weak back that calls for a quart of whiskey.

There's even a special section of old advertisements (customary in books of that day) which includes an entertaining description of Dr. Scott's electric corset.

We'll send you this delightful cookbook, free, to introduce you to our Cookbook Collector's Library.

During the past two years, we've been collecting a library of hard-to-find cookbooks. We searched for little-known collections, locally edited and full of almost-forgotten recipes. We uncovered famous cookbooks that have slipped out of print. Even privately-printed gourmet cookbooks limited to a few hundred copies.

We will republish the best of these-impeccably printed and bound-and send them out every month or two to our subscribers for free examination.

You can look forward to such selections as: Louisiana Cookery, Pennsylvania Dutch Cookery, The New England Yankee Cookbook, The Farmer's Market Cookbook, the famous West Coast Cookbook, Blue Ribbon Recipes (county fair winners), Lucinda's Party Foods, etc.

But let us make this clear. You don't have to buy a single one of these books. Every month or two, starting now a selection will be sent to you for ten days' free examination. You may return any cookbook you don't want. For those you keep you never pay more than \$3.95 a copy. And, you may quit at any time.

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where it starts.

Sure, your underarm deodorant protects you. Under your arms.

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Germs inside you every day cause internal odor—an odor different from the one on the outer vaginal area. So even regular bathing or feminine sprays won't solve the problem. They can't get inside to give protection internally where this problem starts. And many doctors say you shouldn't douche daily.

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THE GOOD-LOOKING HOMEMAKER
By Constance Bartel

# SUMMER SURVIVAL SHORTCUTS



Smart planning simplifies summer for the look-alike Martins.

Summer in New York City, or any hot metropolis, is no breeze, but former Honolulans, Mrs. David Martin and her 19-month-old daughter, Catherine, are coping just fine. Weekdays, E.D. (Elinor Dorothy) and Cate head for the lake in Central Park. On weekends, David takes them to a nearby beach. E.D.'s key to simplifying day trips is advance planning. For your trips to the shore we suggest you divide and conquer by separating the paraphernalia you need into five dime-store, plastic tote bags. One bag is for bathing suits, caps and beach towels—the same one that will carry them back wet. The second goes for cover-ups, sweaters, T-shirts. A third takes sun lotions, cleanups, emergency supplies and morale-builders for you.

Into this bag pack: tanning lotion, preferably in a small, plastic container; premoistened cleansing tissues, ordinary tissues, paper towels; a comb and a small, soft hand brush; bug repellent; a sliver of soap; a few bandages and a tiny tube of first-aid ointment. And so that you can feel like someone special, take along your most glamorous makeup and your stretch wig for emergency repairs. The fourth bag is for food; toys fill up the fifth.

To beat the heat away from the beach, indulge yourself. Of all the cosmetics that pamper you, (continued)



#### SUMMER SURVIVAL continued

eye pads probably have the fastest effect. Lie down for just 10 minutes with these fragrant soothers on your closed lids. Jaquet's Eye Pads, for example, which release an herbal scent when you dip them into warm water, leave you rested and bright-eyed.

When skirts go down, hair simply must go up. It's a matter of proportion. A shoulder-length mane looks great with a miniskirt, because a show of long leg provides balance. But the downward lines of long hair, added to the downward lines of a midi or maxi, look graceless and, worse, can make you look neckless. A short cut is not the only answer. Let your hair swing when your hem is

high. Pin it up when you climb into a midi. Try the classic chignon, the French twist or the Belle Epoque.

And that brings us to hairpins. Maybe you've never used them. Here's how. Slide the two open ends into your hair flat. Lift the closed end and swing it in an arc in the opposite direction, so that the open ends are pointing the reverse of the way you started. Now push in the closed end. There you are, with an absolutely unfalloutable hairpin, even if you're standing on your head.

If you're going to cut your hair short, aim at a small, neat head. Thirties' styles, which tend to be revived regularly, are having a renaissance. And with the Thirties look, we have a revival of the flat fingerwave. However, if you need more softness around the face with a short hairdo, then keep the detail of top—but wear the nape closely nippelike E.D. Martin. Periodic sets with Kindness electric curlers keep her coife with a minimum of effort. And the loois great.

If you don't see your way clear to a uninterrupted half-hour or so, what to stop you from manicuring in relays Remove old polish and shape nails wit an emery board when you have fiv minutes. Push back cuticles at random Then you need only 10 minutes or s for your polish—perhaps one coat now

a second coat later.

Did you know that a side benefit of hair-tinting is heavier texture and more body? If your hair has that very fine, flyaway texture, conside hair coloring. Results: better body and glamorous new color, too.

One oppressively hot day, give your skin a treat with a cucumber refresher. Cucumbers not only make your skin feel fresh as a gar den, but they cleanse as well. Toss a peeled cucumber in the blender and pat the resulting puree over your face. Leave it on as long as you like, then remove it and rinse your face with cold water. Enlivening!

When you use the last drop of a bottle of cologne or perfume, put the opened, empty bottle in your lingerie drawer. Your underwear will absorb the last, lingering fragrance.

If you're a brunette, remember this important color principle: strong tones added to other strong tones are just too much. Which is why, no matter how naturally dark you are, black eye makeup (except for mascara) looks harsh and hard. Soft browns and grays are what you

Funny how many of us can read about a beauty idea over and over, without ever relating it to ourselves. Fake press-on nails, for example. Have you ever tried them?

If your worst problem with dieting is your craving for sweets, remember that sugar is not really that high in calories. If a spoonful of jam or a hard candy will help keep you on the track with the rest of your diet, try it. Unorthodox, maybe, but better than giving up altogether and plunging into a chocolate mousse.





# IF YOU DON'T MIND PAYING LESS, YOU CAN GET A BETTER STEAK.

Some people still judge things by their price tags. If it costs more, they reason, it must be worth more.

To which Adolph's says, "Nonsense!"

Especially when it comes to steaks. Because the less-expensive cuts, like round steak, flank steak and sirloin tip steak are just as nutritious as the costly ones. They have a richer, beefier flavor. They have less fat, usually less bone. More protein, fewer calories. Pound-for-pound, they're a better value for your money.

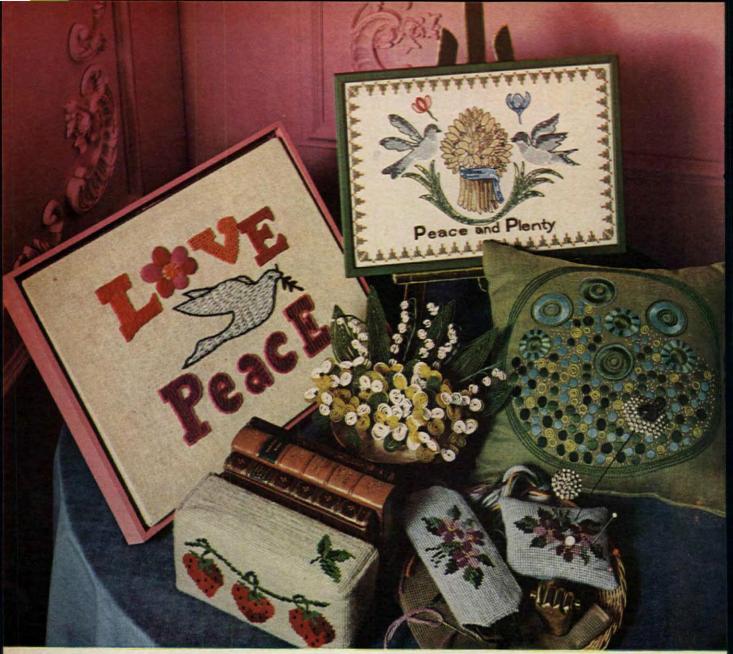
In fact, the only thing they lack is natural tenderness.

And that's where Adolph's Instant Meat Tenderizer comes in. Use Adolph's on those less-expensive cuts and you can broil or barbecue a round steak to taste as tender and juicy as a porterhouse. You can barbecue a flank or sirloin tip steak deliciously tender enough to serve company.

And if you'd like to vary your menu, use Adolph's 15-Minute Meat Marinade instead. Then you can have the deep-down flavor and juicy tenderness of a delicious gourmet meal. And have it quickly too. Because Adolph's has taken the time and trouble out of marinating. It works in just 15 minutes!

So, next barbecue time, remember: If you don't mind paying less, you can get a better steak.





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Send C.O.D. I enclose \$2 goodwill deposit and will pay postman balance plus all postage charges.

By Dorothy Lambert Brightbill

Here is a mélange of lovely gift items you can make for a loved one-or for yourself. Clockwise from left: Love and Peace (size 12 by 16 inches) is really an embroidery lesson. You learn to do six basic stitches. Instructions and a stitch chart included in the kit will show you how. The design is stamped on cotton homespun to be embroidered with wool yarn, also included. Peace and Plenty sampler (size 91/2 by 14 inches) is stamped on 100 percent linen to be cross-stitched. Frames for both items are available.

The sea-urchin pillow is stamped on linen. It is a beautiful contemporary design that goes surprisingly well with traditional interiors. And nesting in a basket are two of our best bargains-the needlepoint eyeglass case and a charming pincushion, embellished with fresh violets.

A truly rare buy is the needlepoint strawberry bookend/ doorstop concealing an ordinary brick weight. For a departure from needlework, the beaded lilies of the valley and pensive pansies (center) provide a pleasant change.

Never before has there been a fabulous record collection like this!

# Golden Tom Jones



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#### Tom Jones - Fever Zone

Delilah • Danny Boy • I Was Made To Love Her • Get Ready • I Wake Up Crying • I Know • Don't Fight It You Keep Me Hanging On • Hold On, I'm Coming • Keep On Running
 It's A Man's World • Funny How Time Slips Away

#### This Is Tom Jones

Let It Be Me - I'm A Fool To Want You - Little Green Apples - Fly Me To The Moon - That's All Any Man Can Say - Hey Jude - That Wonder Full Sound - Dance Of Love - Only Once - Wichita Lineman - Without You - The Dock Of The Bay

#### Green, Green Grass of Home

Green, Green Grass Of Home • A Taste Of Honey • When I Fall In Love • If Ever I Would Leave You • Georgia On My Mind • That Old Black Magic • Some Day • My Prayer Kansas City • Any Day Now • You Came A Long Way From St. Louis • My Mother's Eyes

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and if you decide to keep the set, it's yours for only A MONTH

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Tom Jones is unquestionably the most popular singer in the world today. The Friar's Club (show business' fabled inner circle of stars) voted him Entertainer Of The Year. Playboy's famed international poll picked him as The World's No. 1 Male Vocalist. Frank Sinatra is credited by Billboard Magazine as saying: "Tom Jones is No. 1 in the world today; and I'm his No. 1 fan."

Whenever Tom Jones sets foot on a stage, there is mass hysteria. Women of all ages lose control . . . mob the stage . . . cast jewels and valuables at his feet.

Never before has there been a singer like this great "superstar of the seventies" and never has a record collection like THE BEST OF TOM JONES been offered for sale. Every record in this deluxe new 4-stereo record set has already won the highest award possible in the recording industry-the envied gold record.

THE BEST OF TOM JONES will be a proud addition to your record library. It is a must for every Tom Jones fan . . . and for everyone who enjoys great singing. You'll thrill to his famous renditions of "It's Not Unusual," "Delilah," "What's New Pussycat," "Green, Green Grass Of Home," "I Can't Stop Loving You," "Let It Be Me," "Without You," and so many more.

Yes! There are more than 40 golden hits in all. And, when you've heard them all, you'll realize why this incomparable singer has created such a furor of excitement. (He never misses a single note!) And every note of every song is packed with sheer electricity.

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Imagine! You get 10 of Tom's greatest hits, each set in a lush orchestral arrangement: "Love Me set in a lush orchestran arrangement: "Love Me Tonight," "Yesterday," plus 8 more—yours as an extra bonus if you keep

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Please rush me my copy of the deluxe, 4-record stereo set, THE BEST OF TOM JONES (every record is a fabulous gold record award winner). If record is a fabulous gold record award winner). If am not completely satisfied for any reason whatsoever, I may return the set within 10 days—and owe absolutely nothing! If I decide to keep it, it's mine for only \$5.00 a month until the total cost of \$12.95 plus mailing and handling and any applicable sales tax, is paid. And please include my extra album, PORTRAIT OF TOM, which is mine as an extra bonus if I decide to keep the Tom Jones set. CHECK HERE IF YOU PREFER TO PAY THE FULL AMOUNT NOW, and avoid monthly billing. Enclose your check or money order . . and we'll send you only one statement for the small realiting and handling charge and any applicable. mailing and handling charge, and any applicable sales tax. Same full return privilege guaranteed, of course.

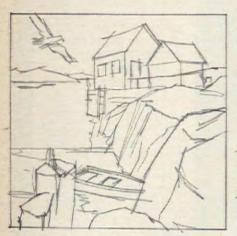
П	Mrs Mrs Miss	(Please	Print)	First	Name	Initial	Last	Name

Address.... City.....

.....Zip.... Have A Telephone? (Check One) | Yes | No

C3

# Have you ever wished you could draw this well?







# How do you know you couldn't?

If you like to draw, you've probably tried sketching scenes like the one above. But chances are, you've run into problems like getting buildings to "recede" into the background. Or making water glisten the way it should. And after trying a number of times, you may have decided you just "haven't got it," and that you'd never make it as an artist.

That decision could be a serious mistake. For all you may need to get on the right track is some expert help: a few pencil touches, a few words of advice from a skilled art instructor who can tell you exactly what you're doing wrong, and show you exactly what you should do to correct it.

#### Famous artists want to help you

Now a group of famous artists want to bring you this kind of help, no matter where you live or what your schedule. They've developed a way to teach you right at home the secrets of drawing and painting with real professional skill.

Among the famous artists are Norman Rockwell, Dong Kingman, Bob Peak, and Fred Ludekens. They've long known that there are talented people everywhere who could and should become artists, but who don't because they can't overcome the drawing "road-blocks" in their path. Some of these people think it's a lack of talent that's holding them back. Others realize they have talent, but can't leave their homes or jobs to get the training they need to develop it.

#### A practical answer to this problem

To help such people, the famous artists formed the Famous Artists School. Taking time off from their own careers, they poured everything they knew about drawing and painting into a series of home-study lessons. They illustrated the lessons with over 5,000 drawings. And they devised a method of constructive criticism that's almost like private tutoring.

Each assignment you send to the Famous Artists School receives the individual attention of an instructor who is himself a working professional artist. He actually draws or paints his suggestions for improvement, and then writes you a friendly letter of specific advice and encouragement.

This personalized training has

helped hundreds of people who were once awkward amateurs become polished, professional, full-time and part-time artists.

## They went from "dabblers" to successful professionals

Take Nancy K. Houston, of Manchester, Ga., for example. A few years ago, she had "absolutely no knowledge of how to develop my small latent talent." Today Mrs. Houston sells portraits to people as far away as New York, Texas, and California. Anthony Fotia of New York City, was a mail clerk, "stuck" in a low-pay routine job. Today, he's an artist for an important printing firm doing exciting creative work. And Mrs. R. G. Des Ermia, of Escondido, Calif., changed from a "nameless, faceless dabbler in art to a recognized professional." Now she averages \$1,500 a year from her parttime art work.

#### Find out if you, too, have art talent. Send for our free test

To help you find out whether you, too, have the talent to develop professional skill in art, the famous artists have created a fascinating Art Talent Test. It is offered free, and will be graded without charge by a member of the School's staff. If you do well, or can offer other evidence of art talent, you may enroll for training. But there is no obligation to do so. For a free copy of the test, and a brochure describing the School, just fill in the attached card and mail it today. (If card is missing, write to Famous Artists School, Dept. A-6367, Westport, Conn. 06880. Give your name, address, and age, and ask for the Art Talent Test.)

## Famous Artists School

# Your life is many stories... let us help you write them

One of America's best-known writers tells you how you can turn your every day experiences into saleable stories and articles—with the help of famous authors

#### By Faith Baldwin

If you want to write, your own experiences are your best stock in trade-even if you haven't crossed the Atlantic in a sailboat or been to the White House for dinner. As any publisher can tell you, most of today's best books, short stories and television plays begin with what the authors saw, heard and felt in the ordinary course

Take my own case, for instance. I started by writing stories drawn from my own experience as a young wife and mother. And I've been drawing material for my novels and articles from personal experience ever since. Max Shulman's best-selling novel, Barefoot Boy With Cheek, came out of his college days. Rod Serling's amateur boxing career inspired Requiem For A Heavyweight. And Phyllis McGinley got the material for Sixpence In Her Shoe right at home. The same principle-write about what you know best-holds true for the budding author, too.

Your own life is filled with stories begging to be written. Every day brings new subjects: revealing bits of conversation, a sudden flare of emotion, a fact filled with conflict, an incident in the street. To see how close your experiences are to what is being published today, just look through any popular magazine. You'll find stories similar to those in your own life, as well as articles you might well have written.

But having something to write about is only half the battle-the other half is bringing it to life for other people. This calls for the craftsmanship that turns your experiences into polished pieces that editors will want to buy.

There are two ways to learn this craft. You may acquire it through years of toil, sweat and rejection slips, the way I did. But I think the other way is quicker and far less frustrating: you can learn from successful authors.

#### An unusual kind of writing school

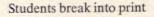
Several years ago, I got together with a group of outstanding authors to form the Famous Writers School. Our purpose was to help beginners develop their potential by passing on to them everything we have learned about writing. And we're now offering that same opportunity to you.

Our training is uniquely fitted to a woman's needs-because you study at home, at your own pace, in your own free time. There's no need to follow any schedule but your own. All you need is a quiet corner, the desire to write and some basic

#### Person-to-person teaching

Your instructor is a professional writer or editor. Instead of dealing with a large group of students-each with different problems-he concentrates on your individual needs. Going over your assignment line by line, he blue-pencils corrections on

iterally hundreds of short pieces for magazines and newspapers. At the beginning of her career, she also managed to run a household and bring up four children. She has been a member of the Guiding Faculty of Famous Writers School since its founding in 1960. it just as editors do with established authors. Then he returns it to you with a detailed letter, giving further recommendations on how to improve your writing.



Faith Baldwin has written over 100 books and

The proof of the School's effectiveness is in the publishing: Famous Writers students have sold their work to over 700 different publications.

"I've sold 12 articles and one short story," reports Mrs. Frances Morton of San Jose, Cal. "I'm working on another and have three more 'go-aheads.' The highlight came when two checks, one from Field & Stream, and the other from Scholastic Scope arrived recently, less than seven months after I'd enrolled with Famous Writers. Sometimes I'm a little frightened by the enormity of what's happening to a lifelong dream in such a short span, but the reassurance of your School replaces that fear with confidence."

#### We'll test your writing aptitude-free

To help you find out whether you have writing talent worth developing, we have devised a revealing Aptitude Test. The postpaid card will bring you a free copy, along with an illustrated brochure describing the School.

When you return the Test, it will be graded by an expert on our staff. If you do show writing aptitude, you will be eligible to enroll in the School. However, there is no obligation to do so. (If card is missing, please write to Famous Writers School, Dept. W-1028, Westport, Connecticut 06880. Give your name, address, age and ask for writing Aptitude Test.)

### Famous Writers School

An educational service of FAS International, Inc.



They started the Famous Writers School in 1960: Seated, I. to r.: Bennett Cerf. Seated, I. to r.: Bennett Cert, Faith Baldwin, Bergen Evans, Bruce Catton, Mignon G. Eberhart, John Caples, J. D. Ratcliff. Standing: Mark Wiseman, Max Shulman, Rudolf Flesch, Red Smith, Rod Serling.

New members of the Guiding Faculty: Phyllis McGinley, Clifton Fadiman, Paul Engle.

# INSTANT LAWNS THE WEED-FREE WAY

By Stanley Schuler

Ten years ago, if you discovered one of your neighbors sodding his lawn, you'd probably have done a double take. Today, if you should set out to make or remake your lawn, the odds are about four in ten that you would lay sod.

In one decade the use of sod has skyrocketed. This year, according to Dr. Henry W. Indyck, an extension specialist in turf management at Rutgers University, between 30 and 40 percent of all new or rebuilt lawns will be sodded. In some areas, such as Chicago and Jacksonville, the figure runs close to 90 percent.

What's behind this trend? Obviously sod has advantages; otherwise, few people would pay the price for it. But there is another reason for the upswing.

Agricultural researchers have suddenly awakened to the fact that the most valuable cultivated acreage in the United States is planted not to corn but to grass. Plain grass. As a result, that perennial question—how can the homeowner build a better lawn?—is being studied as never before. And many new answers are being uncovered.

Sodded lawns are just one of them. Making a lawn the standard way—with seed, sprigs or plugs—is still the most economical answer. Just \$2 worth of top-quality grass seed, for example, will make a 500-square-foot lawn, and the best time for sowing is now or in the fall. By contrast, if you buy sod at a sod farm and lay it yourself, the cost of a lawn of the same size will come to about \$40. And if you hire a landscape contractor to provide and lay the sod, the price will jump another three to five times.

Cost aside, the advantages of sodding are enormous. You get an instant lawn which your children can roughhouse on within a couple of weeks, just as soon as the roots knit with the soil. You can forget all about weeds, because as long as you keep the sod growing vigorously, the sturdy grass will shade out any that dare to seed themselves. You can make or remake a lawn at any time during the growing season (from about April through November in northern climates). And, because sod holds soil, you don't have to worry about erosion.

The success of a sodded lawn depends, of course, on how well the base is prepared and on the quality of the sod itself. You cannot, for instance, lay sod directly over an old, worn-out lawn or the rubble patch left by a builder. For sod to become established and to thrive, you must till, nourish and level the

soil just the way you would if you were sowing seeds or planting sprigs or plugs.

You should also get your sod from a farm that grows it well. If you live in one of the states that has a sod-certification program—and many do—your best bet is to buy sod that is certified to be of the variety named and is mature, vigorous, of high quality and free of weeds, insects and disease. In other areas examine the sod carefully before you buy. You don't have to be a grass expert to recognize a sod that is fresh, tight and vigorous.

The sod offered by leading growers is generally of excellent quality. And if it looks greener, finer and stronger than the grass you're used to, then it's probably one of the improved varieties that the nation's agronomists have been developing. Although sod farmers normally get first chance to grow these varieties, many of the new grasses are also available in seed or sprig form.

Nine of the new varieties are particularly notable. All have a good balance of desirable features and several have outstanding characteristics. The following are northern grasses:

Warren's A-20 is a Kentucky bluegrass with the best overall resistance to diseases of any bluegrass now in use. It produces a dense, upright, dark green turf. Because it does not come true from seed, however, it must be propagated in rooted sections like zoysia and other warm-season grasses. (continued)



# The Bar-Tender's touch.

It does delicious things to tall, cool summer drinks.

Tall Collins. Use gin rum or vodka. 1½ oz. liquor, 1½ oz. water, envelope of Collins Mix. Shake with ice. Pour over ice in tall glass. Top with soda.

Tall Mai-Tai. Use rum, gin or vodka. 2 oz. liquor, 2 oz. water, envelope of Mai-Tai Mix. Shake with ice. Pour over ice in tall glass. Top with soda or pale dry ginger ale. Tall Whisky Sour.
Use whisky, rum,
gin or vodka. 1½ oz.
liquor, 1½ oz.
water, envelope of
Whisky Sour Mix.
Shake with ice.
Pour over ice in
tall glass. Top with
soda or pale dry

Tall Cranbreaker.
Use gin, rum,
vodka, whisky or
bourbôn. 1½ oz.
liquor, 1½ oz.
water, envelope of
Cranbreaker Mix.
Shake with ice. Pour
over ice in tall
glass. Top with soda.

Tall Pussycat.
1½ oz. of whisky,
1½ oz. of water and
one envelope of
Pussycat Mix,
Shake, pour over ice
in tall glass. Top
with soda.





The Bar-Tender's touch. It makes the quickest, easiest, most inviting quenchers under the sun. As 1-2-3 easy as this: just open an envelope of Bar-Tender's Instant Cocktail Mix, and combine with water and your favorite liquor. Add a splash of soda and you've got it made. It's instant temptation, and you'll find it in 11 different and delicious varieties at your favorite supermarket or package store.

12 individually pre-measured envelopes in each box.

The Bar-Tender's touch: for the best tasting cocktails under the sun. Bar none.

#### INSTANT LAWNS continued

Warren's A-34 is basically similar to A-20 but can be seeded. Among blue-grasses it is unique because it grows well in moderate shade as well as sun.

Pennstar, a fine-textured, dark green bluegrass, tolerates unusually close mowing without succumbing to the diseases that often attack low-cost bluegrasses. Seed, unfortunately, is in short supply. But an almost identical grass named Fylking is plentiful. It was developed in Sweden and is now being produced in the state of Washington.

Jamestown is a red fescue which one expert calls "one of the most beautiful grasses ever grown." It is dark green, upright and of very fine texture. Whereas most fescues in pure stands tend to thin out, Jamestown retains its density in full sun or partial shade.

Kingstown, an elite grass for home-

owners who want the best, is a velvet bent grass that grows most luxuriantly in cool, moist climates. Although it does not require an inordinate amount of maintenance, it must be thatched (that is, grass clippings, or thatch, must be raked up to allow for the growth of new grass) every year and should be kept mowed to no higher than a halfinch. For this reason, you might prefer Exeter, a colonial bent grass, which is easier to care for but which is also somewhat less luxurious in appearance.

Manhattan is one of several new perennial ryegrasses which have been so improved that you might not recognize them as ryegrasses. Manhattan produces a dense, rich green turf of unusually fine texture. Though fairly slowgrowing, it needs frequent cutting to look its best. In the north, it is normally

mixed with other types of grass seed but does well by itself on sandy coastal hills. In the south, those who want beautiful grass the year round should use it to seed over their lawns in winter.

Other new grasses, for warm climates, are varieties of Bermuda grass:

No-Mow is a dark green, very low-growing grass with the rare (for Bermudas) ability of growing well in moderate shade. The name is inaccurate, however, because the grass must be cut regularly; otherwise it takes on a bumpy appearance. It is also susceptible to the Bermuda-grass mite and its winter hardiness is uncertain. Despite these drawbacks, it is being planted more and more in the deep south.

Tifdwarf is better known to greens-keepers than homeowners. A superlative grass with better-than-average hardiness, it has tiny, dark green blades which hug the ground so tight that a lawn mower set at a quarter-inch will miss many of them. Partly because of this and partly because it grows at a snail's pace, it requires less frequent mowing than other Bermudas of putting-green quality. It also retains its color with less fertilizer.

Santa Ana is a coarser, more vigorous Bermuda grass but esteemed in southern California, where it was developed, because it is highly tolerant of smog, saline water and various soils and is resistant to mites and hard wear. It also holds its color better than other Bermudas in winter if you give it close attention.

"Other fine new grasses will be coming along in the future," Dr. C. Reed Funk, a Rutgers agronomist, predicts. "We're working on some very promising hybrids ourselves, and a growing number of agricultural colleges in other states are doing similar work. But we certainly needn't wait on the results of these efforts, for the grasses on the market right now make an impressive and exciting array."

Adds one of his counterparts at the University of Rhode Island: "From here on, anyone who wants a fine lawn should make sure that the sod or seed he buys is made up of some of the new varieties."

Another promising development in the fast-changing grass-growing business is a fertilizer, manufactured by Swift & Company, which contains a new form of slowly available nitrogen called IBDO (isobutylidene diurea). Because the fertilizer is made up of tiny different-sized granules, the nitrogen and other nutrients are released to the soil at a smooth,

# Now an allergy treatment made only for children.

It relieves sneezes, sniffles, itchy watery eyes. And it's a tasty chewable.

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New Children's Allerest

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steady rate over a long period of time. Thus a single application made in the spring will feed a lawn at a scientifically calculated rate throughout the growing season.

Swift believes the fertilizer will be of value mainly to northern gardeners. For southern lawns, which must be fed over a longer season and at higher rates, the cost of the product would probably be too high. Even in the north, the fertilizer will not become generally available unless a market test made this summer in five Midwestern states indicates that users like it. But results so far are considered good.

Still another new grass-growing idea-electric soil heating-has long since graduated from the experimental stage into practical use. Genesis of the idea was the sports world's desire for athletic fields which would stay green and springy for more months of the year and which could be repaired during the off-season. American agronomists-taking a leaf from the notebooks of their European counterparts-recommended heating the fields with electric soil-heating cables similar to those used in hotbeds and driveways. Today many playing fields are kept in top condition through the use of heating cables.

Does heated turf make sense for the home? There's no reason why it shouldn't. You're not likely, of course, to heat your entire lawn. Just a small area—perhaps in a courtyard or next to the terrace or beside the front walk—will do, anywhere that a patch of green grass will lift your spirits and add beauty to your home in winter.

One Boston-area golf enthusiast built a heated green on which he practiced putting. With a heated play area, your children could play outdoors in early spring without turning the lawn into a quagmire. Another advantage of a heated lawn area is that you can rebuild it—if it is worn threadbare during the summer and fall—at any time during the winter.

Installation is a simple matter of burying cables 6 inches deep and 12 inches apart. It can be done without damaging turf by making slits in the area the cable is to be laid.

Findings indicate that a system providing 10 watts per square foot is most economical, melts snow instantly and

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prevents formation of frost. Installation of such a system in a 400-square-foot plot costs about \$100. Since the system is controlled by a thermostat and operates only about half of the time—and even less on very sunny days—the operating cost comes to about \$1 a day with a 2-cent/kilowatt-hour rate. For people with electrically heated homes, the cost—because of lower rates—will be even less.

All northern grasses respond well to heat, although bluegrass and fescues will often brown at the blade tips. This is because the tips are too high above the ground to be protected by the heating cables against low temperatures. Perennial ryegrass, on the other hand, is

more resistant to cold and therefore retains its color better. Bent grass, being low-growing, also stays green.

Tests made at Texas A & M University indicate that warm-season grasses need higher heat to stay green than northern grasses. In warm climates heat is not needed to keep grass green if lawns are seeded over with ryegrass.

Says a professor who has been studying, breeding and managing turf grass for almost 2) years: "I'm very enthusiastic about the possibilities of heated turf... it is another example of new happenings in grass-growing. Homeowners today can have nicer-looking, more durable, usable, weed-free lawns with less work than ever before." END

# PICK A NEWPORT COLOR FOR YOUR HOME

It doesn't take long to develop a strong sense of "place" in Newport, a town whose landmarks shatter any notion that 18th-century colors were bland. Three full-bodied color groups dominate this colonial cityscape and are repeated in building interiors as well, as you can see in this month's spectacular Newport Treasury beginning on page 39.

Reds stand out against grays and whites, a heritage from the early days of the colony when houses, if painted at all, were generally painted barn red—

doors, window trim and all. Today, in the town's historic Hill section, many houses, including Nancy Hay's "Tiny Gem of Many Charms" on page 42, carry on this red tradition.

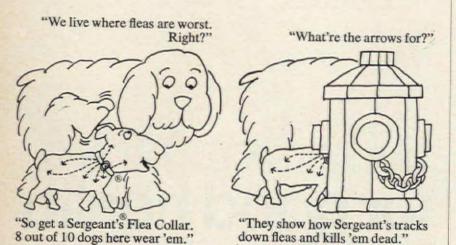
Similarly, rich, dark red was one of the first colors to be used on interior woodwork. White, however, was a somewhat later departure; its widespread use was not common until after the War of 1812, when white pigments were imported from London along with such shades as gold leaf, Prussian blue, vermilion and other colors that were formerly difficult to obtain.

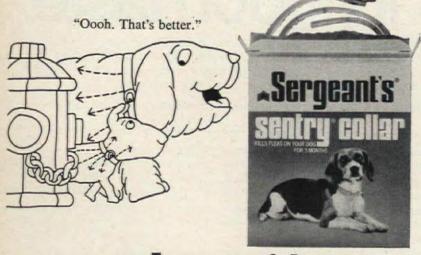
Two other classic favorites are the greens, blue-tinted or olive-hued—handsome color complements—and the yellows, shading from light to warm gold and often combined with brown or a touch of blue. See how effectively they are used in our Newport portfolio: the soft green woodwork, for example, in the house on page 45 ("Home to One Family for 200 Years"), and the warm putty gold of Commander Walter Whitley's graceful, pedimented doorway on page 46.

The Newport spectrum may well have warmed and cheered the town's citizenry during the stern New England winters, or perhaps it was just an expression of their special 18th-century exuberance. For colonial Newporters were a pleasureloving, sophisticated breed, far different from their sober Massachusetts Bay Colony contemporaries. Even during the Revolution, this spirit was evidenced. In 1780, while the French were headquartered in the town, Louis Jean Baptiste Sylvestre de Robertnier, a lieutenant in the Regiment Soissonais of Comte de Rochambeau's army, wrote in his diary: " . . . the exteriors of Newport houses were painted in divers colors . . . all this gives a variety pleasing to the eye."

Luckily for us, many of these colonial tones have been reproduced as Historic Newport Colors by Colorizer Paints. Three representative groupings are shown opposite. Charles B. Lamar, a member of the American Institute of Interior Designers and consultant for Colorizer's Historic Newport line, personally matched each color to the original paint of an 18th-century Newport house. Now, with this palette widely available in paint, hardware and department stores across the country, your home can also have an authentic colonial look. Just see what Newport colors do for a standard colonial Levitt model house on Long Island, in "New Colonial for Now," page 58.

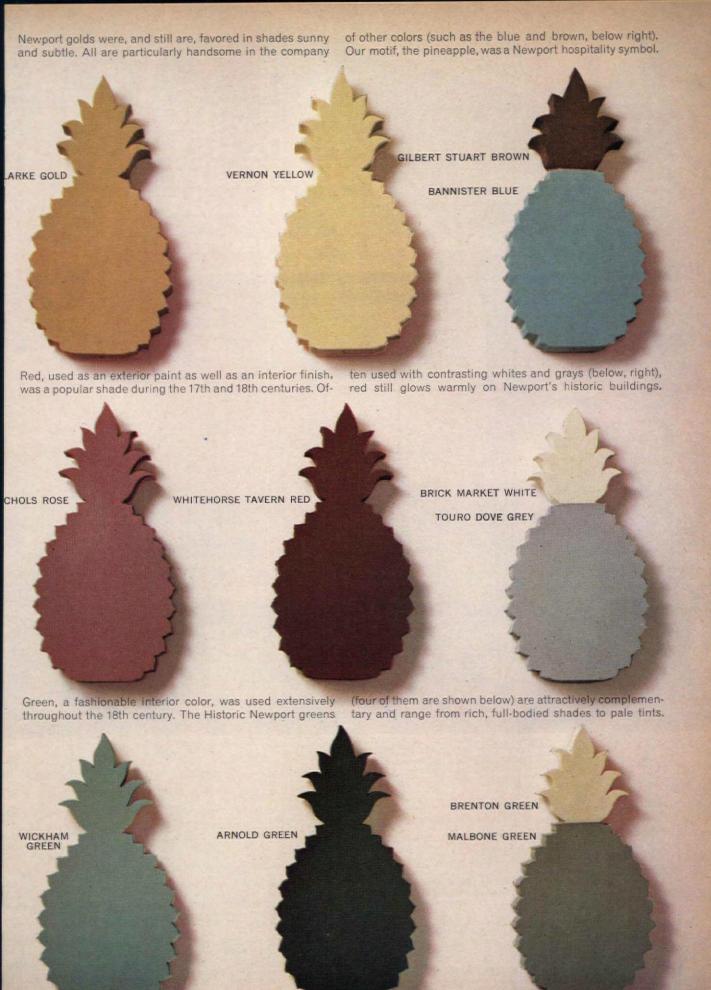
A pleasing reminder of a simpler, more graceful way of life for 1970 Americans, these colors are yours to indulge in when you plan your next painting or redecorating spree.

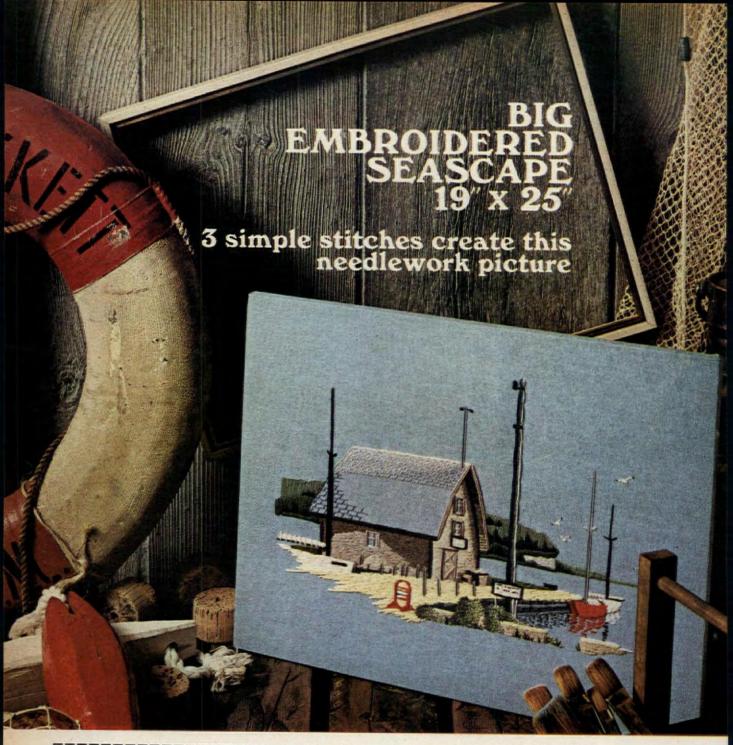




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state zip code ☐ Send C.O.D. I enclose \$2 goodwill deposit and will pay postman balance plus all postal charges.

By Dorothy Lambert Brightbill

This handsome needlework seascape started out as a painting by designer Don Henning. His wife Carol transferred the design onto cotton homespun, size 19 by 25 inches (finished), then embroidered the appealing scene. Don and Carol took clever advantage of the background fabric, using it to form part of the actual design.

If you have always wanted to embroider, but shied away from the lovely florals that are so popular, this is a good beginning in a new vein. You don't have to be an expert, because the whole design is embroidered with only three easy stitches: straight, split and French knots. How-to illustrations in the stitch chart are included with the kit. Antique ivory, gold-edged frame is available.

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#### AUGUST PRODUCT ROUNDUP

## FROM HOME BASE

Here is a selection of the best equipment news to cross our desk in recent weeks.

The mix-and-match game has extended to cookware, kitchen tools, towels and mitts at Ekco Housewares. Their best-looking design is the Criteria line—a row of geometric Greek key designs on stainless steel in the cookware; a miniature version of the same graphic marching down the handles of the stainless-steel tools; and a vivid variation of the theme on a dazzling white dish towel and mitt (available in late fall). All go together but each has enough individual

personality not to look like part of a contrived "set." The subtle coordination is extended to other designs. Ekco's Country Garden line—yellow and melon flowers—will have towels and mitts to match the tools and cookware this fall.

Stain/water-resistant suede? You bet, and with no change in the texture or feel of the material if it's treated with Pentel from the Pennwalt Corporation of Philadelphia. Pentel is now available to all tanners and upholstery manufacturers. All you have to do is ask for it (at a small added cost) when you

reupholster or buy new suede furniture.

Speaking of upholstery, a new chemical adhesive has been developed to repair cuts, tears, burns, and parted seams in Naugahyde, vinyl, leather and plastic. The product, Naugahyde and Vinyl Repair, unlike ordinary glue, forms a chemical bond with the damaged material. Write to Newport Enterprises, Box 286, Orange, Calif. 92669.

More good uses for Teflon: Rangehood filters coated with Teflon-S clean more easily and filter grease-laden air more efficiently than uncoated filters.

Get them from Miami-Carey Co., Division of Panacon Corp., Cincinnati, Ohio 45050. Teflon coating on positive crankcase ventilation valves (PCVV's) in automobiles doubles the service-free life of these valves. Teflon-coated valves don't get gummy so fast, which means gases won't back up into the air filter to cause pollution. The Echlin Mfg. Co., Mc-Henry, Ill. 60050, is licensed by Du Pont to coat PCVV's with Teflon.

Double-oven owners who fret because only one oven cleans itself will be glad to hear of GE's solution. The second oven in their 1970 double-oven line has removable panels that can be placed in the master oven for automatic self-cleaning.

For the do-it-yourselfer, there's an inexpensive new hand tool, the Bernz-cutter, for cutting vinyl floor tiles, sheet aluminum, pegboard, leather, heavy laminated plastic (Formica and Micarta) and light plywood and it doesn't use a sharp blade. By leverage, the blunt cutting edge works through those sturdy surfaces. BernzOmatic Corp., Rochester, N.Y. 14613, offers it with three edges.

There's still great pride of workmanship in the Pennsylvania hills. We visited Wood-Mode's new cabinet factory in Kreamer, Pa., where every week, 325 people produce 2,200 hand-colored, handrubbed, hand-waxed cabinets. One specialist spends each working day selecting woods and matching the grains by eye. Machines, of course, are used for sawing, sanding, sealing and other processes. But men guide the machines, inspect the results and select the best. Thank goodness honest craftsmanship is still available.-Maidee Kerr Spencer



SPECIAL FORTIFIED FORMULA

# Turns Off Pain Of Nervous Tension Headache In Minutes

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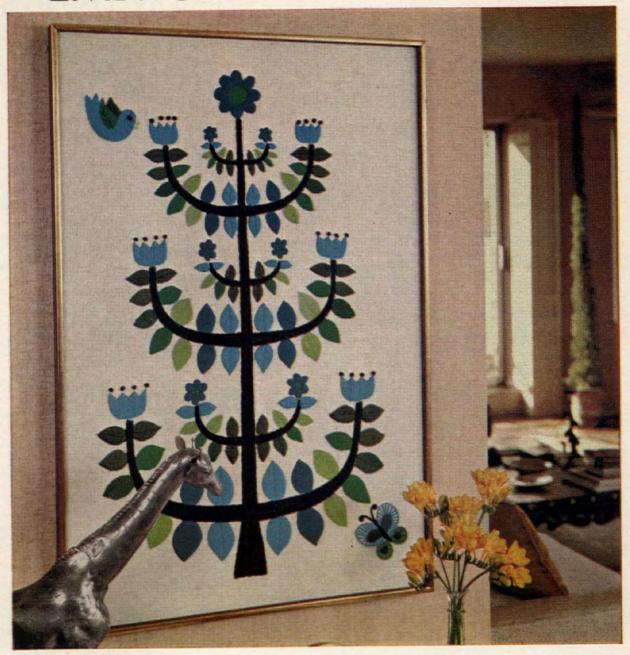
If you wonder what's best to take for your nervous headaches—consider this. Doctors have their choice of any pain-reliever known to science. And for tension headache pain—doctors recommend the specific pain-reliever in Anacin® the most. In fact, Anacin gives you 100% more of this powerful pain-relieving medication than any other

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# EMBROIDER A TULIP TREE



# This bold design—easy to embroider in yarn—will add fresh color to your home. Only \$9.95. Send order to:

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This is new formula Calgonite. It can save you time. It lets you skip the time-consuming step of hand rinsing your dishes before you machine wash them. Calgonite dissolves tough food stains, grease and film and leaves your dishes spotless. Even if you only use your dish-washer once a day. Calgonite. It's a tiny step forward for womankind.

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# GETTING A GRIP ON THINGS

By Denise McCluggage

If someone buys golf clubs or a tennis racquet with any intention of eventually using them well, he first off has to learn to hold the things properly—that is, develop a "grip." Yet few people, after buying an automobile—a piece of equipment vastly more expensive than a set of clubs or a racquet—pay the slightest attention to getting a proper grip on it: the steering wheel.

The assumption seems to be that everyone knows how to hold a steering wheel. But if true, why all the strange variations you see in traffic around you? Watch other drivers the next time you are out. You'll see some strange birds behind the wheel. The "single-fisted wheel grabber" is one of the most common. This creature, perhaps encouraged to multiply by the lessened strength required to manipulate a car equipped with power steering, drives with one hand smack on top of the steering wheel. His cousin, the "double-fisted wheel grabber," is legion, too—both hands, all but one-potato-two-potatoed at the top of the wheel. Then there are the "left-handed roof propper," "two-fingered wheel twiddler" and an aviary of others.

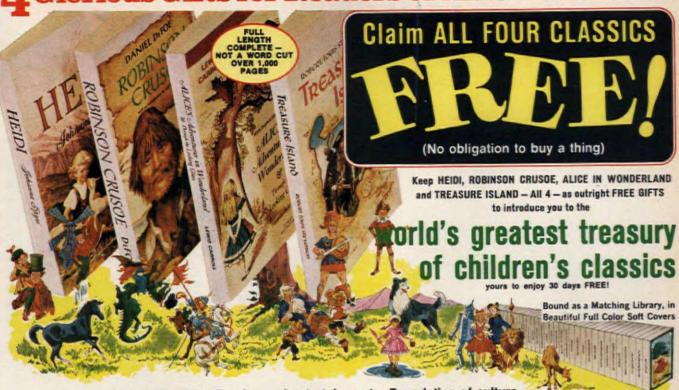
All of these fine-feathered drivers were probably once told that the proper way to hold a steering wheel is to look upon it as if it were a clockface and grab hold at the "10" and the "2." Perhaps they even tried it that way, but then gradually drifted into the more casual variations, and—since the immediate result wasn't an offending slice or an ineffective backhand—they never felt any urgency to return to the "10" and "2" position.

Another reason could well be that the steering wheel is closer to the driver than it should be because the driver's seat is set too close. All the arm-draping and single-handed approaches to driving reflect an unconscious effort to get the wheel at a more comfortable distance and still reach the pedals. The woman driver most often suffers from this maladjustment because she can usually reach the pedals only when the seat is far forward—and unhappily, there is the wheel smack in her face. This is unfortunate, since the proper distance—slightly arm's-length away—is less tiring in the long run and makes for better car control.

But why all this fuss about something as simple as holding the steering wheel? Because the way the wheel is held sets the style for a driver's whole attitude, and attitude is what good driving is all about. A hand draped casually over the top of the wheel with all the steering actually done by the wrist cannot belong to an alert driver. His mind is likely as limp as his hand. A driver with one shoulder hunched against the door, his right arm stretched along the back of the seat, the steering tended by two fingers of a left hand whose arm is elbowed out the window, cannot be in a position, physically or mentally, to cope with an emergency. Most accidents happen because people are not prepared for the unexpected. Look around you. Boredom, not anxiety, is what most drivers express. If you want to stay alert to meet that rare emergency, play the game "What If?". What if that car didn't stop at that stop sign? What if the brakes on that truck, headed straight for you, failed?

One day, on New York's West Side Highway, I was following behind a decrepit car in an adjoining lane. I wondered what if that car, which wasn't (continued)

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# I lost 86 pounds, before my husband came home on leave.

By Christine Stanley - as told to Ruth L. McCarthy



At the time this was taken, I had to wear a blouse for a bathing suit top. It made me look pregnant, but I wasn't.



Even I can't stop looking at me, now that I'm slim. 119 pounds in a fitted swim suit! My husband will love this picture.

When my husband left for duty in Thailand, I weighed 205 pounds. "Babyspeck" he called me. That's German for "baby fat." But I tell you, when you are 24 years old and the mother of two children, it can't be that.

Always, I loved food. I remember my first day in school in Mannheim, Germany. It was the custom for each child to have her picture taken with a big paper cone, filled with candies, I wanted bread, meat and cake. And I got them.

When graduation from high school came, I was so round, the only dates I had were with girls for the movies. Then I got a job and realized how important it was to be slim. So I tried hard to re-

Even when I was expecting my son, and the doctor threatened to put me in the hospital to lose weight, I couldn't make myself do it. Luckily my baby was born all right and not hurt from all the fat I was carrying around.

After that, my husband was teasing me all the time and pinching the flab around my ribs, yet I couldn't get rid of it.

It was about then, my husband left for Thailand. I hadn't been weighed for a long time, so, while visiting a friend, I got on her scales. I couldn't believe my eyes. 205 pounds! My friend gasped. "Christine, you're only 24 years old. What will you weigh when you're 30?"

My answer was to go to a drugstore

couldn't take them in any more. So I washed them and packed them in a big army moving box.

Such fun I had buying clothes. I spent even much of my food money to dress up when I reached 119 pounds. I tell you, when my husband came home that Christmas and opened the door, he turned pale. "I'm definitely in the wrong house," he said.

I'm so thankful to Ayds candies, I can't tell enough people. Why, the night before my husband went back, we went dancing. When the orchestra finished, he said: "Now I'm going to do something I wasn't able to do in all five years of our marriage." Then he picked me up and

#### GETTING A GRIP continued

too well tended, blew a tire. Deciding it would put me in an awkward spot, I sped up slightly and passed. And then, while I was watching in my rearview mirror, there came a loud "bang"—the right front tire—and the car veered sharply into what would have been my path. Besides sending me to the "occult" section of the next bookstore, the incident proved to me the value of "what if" playing.

The proper grip not only sets a driver's proper attitude; it puts him in better touch with his car. In modern cars, with so much of the feel of the road having been engineered out in the name of comfort, a driver has to use all the clues he can get. What feedback is left is through the steering wheel and, in that old flying phrase, "the seat of the pants." If you know what to "feel" for, a light but firm hold on the steering wheel can tell you if the road surface is slippery. It can also tell you about bumps and roughness in the road that might affect braking. In short, you can "read" the road through it.

That feel of the road, incidentally, is best communicated by a car in proper trim-wheels properly balanced, frontend correctly aligned and no undue play in the steering mechanism. Shock absorbers that permit a car a walloping gallop over bumps can also completely confuse the most sensitive driver's feel of the road. Drivers all too often get "used to" the idiosyncracies of their cars-the tendency to pull to the right, for instance, or the steering wheel that needs the extra arc of turn before there is any actual response to the helm. Drivers may also put up with a grabbing brake, or one that pulls sharply to one side, because they have "learned" to compensate for it automatically. Such adaptability may be an admirable trait in other circumstances, but while driving a car it is dangerous. Be a stickler. Don't you adjust to your car's bad habits; have them adjusted. It is unlikely that you would willingly adapt to a car radio tuned between two stations. So why accept the muddled communication between road and driver caused by a poorly maintained car?

In taking a turn, don't just lean your way around it. (It's a common habit—drivers often tilt their whole bodies to turn the wheel.) By moving off center, you lose that "horizon reference" that enables you to sense your car tuck into a turn. If you lose your reference point, you can't sense trouble developing and won't be able to correct for it if it happens.

When you turn, use the "slip and grip" method. In a right turn, for instance, pick up your right hand from its 2 o'clock position and move it to high noon. Then pull down with that hand, letting the wheel slip through the left hand until the same "20 minutes" of space separates your hands once again. Then grip with both hands and bring the wheel back to its original position after the turn.

Maybe you think all of this is beyond you. It isn't at all. You absorb far more complicated matters in a half-hour golf lesson. As you drive, think about these things. Feel what your car is telling you through the steering wheel. You may not understand at first what they mean, but at least you'll know that the signals are there.

And remember, only with the proper grip will you have the situation well in hand.

Editor's note: What things about driving trouble you, either in your own performance behind the wheel or in the actions of other motorists? Just drop us a note and we'll try to have Denise McCluggage cover them in future articles.

# Why every woman should want wood windows



But healthful humidity (30-35%) causes condensation to form on any cold surface and drip down on walls and carpets.

What a mess.

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Your side.

(how Bed)

His side.

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Keeps permanent-press clothes from wrinkling if you're not home the minute they're dry. Tumbles them without heat every 5 minutes for 21/2 hours.

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A blessing when you have to dry things you can't tumble. Like teddy bears and sneakers.

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Now you can unload without dropping clean clothes on the floor.

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It's fast and competent. And it's available anywhere in the United States.

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A light tells you when screen needs cleaning. Helps you keep dryer at peak efficiency.

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Each of two coats is baked on. It's the same type of enamel that's on a \$7,000 car-

Available at most larger Sears stores and through the catalog.

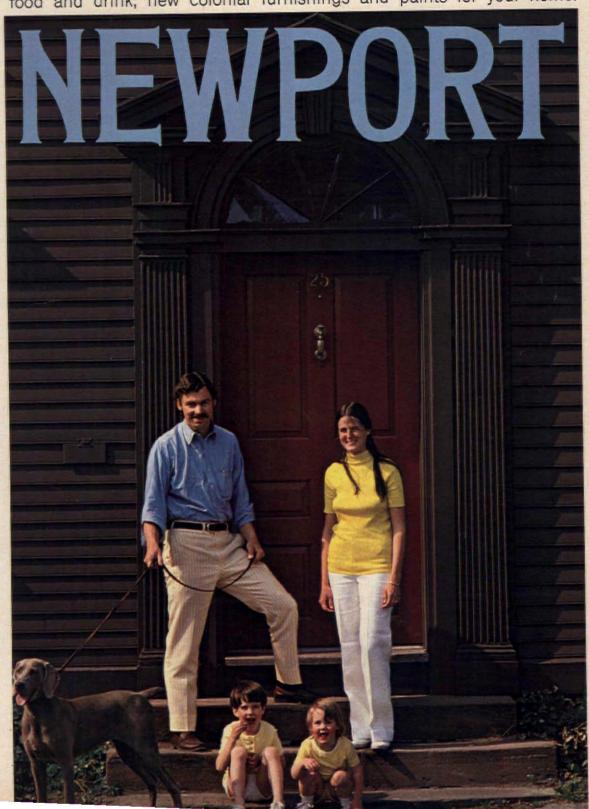
Live Carefree...Live Better Electrically



Kenmore Dryer. It's designed for you, but built for your husband.

#### An American Treasury

For today's Newporters, looking ahead also means looking backward—to Rhode Island's colonial splendor, when its architecture and craftsmanship reached unexcelled peaks. In this issue we highlight treasured landmarks of the town that was—and still is—and the people (like the Robert Foleys, below) who are determined to keep it that way. In a special insert we report on this new Newport revolution; we reminisce about its romantic past, explore its current resort scene. Also geared to the present: Newport-style food and drink; new colonial furnishings and paints for your home.





Polly Foley's viola practice (above), in the southwest parlor "music room," interests 5-year-old Bradford. The window is framed by antique brocade made into draperies.



Restoration of the livingroom mantel (above) took Polly and Bob a month. That's Bradford in the dining room.

By Vera D. Hahn

# YOUNG LIVING IN A HISTORIC HOUSE

Robert Foley was in college when he saw the 1727 Peter Simon house while on a study trip to Newport. Later, with the aid of Operation Clapboard, a local preservation society, the Foleys (who now include wife Polly and youngsters Bradford and Emily) bought the Huguenot sea captain's home when it went up for sale. Its four-square plan and Newport's potential were what attracted them. Now, six years later, the faithfully restored house and the developing town have both kept their promise. Says Bob, "When we moved here, few young people were interested in restoration. We got others of our age involved by proving to them that they could buy a colonial for much less than the price of other houses. Today, it's hard to find a low-price colonial. But there are still some great Victorian houses left."



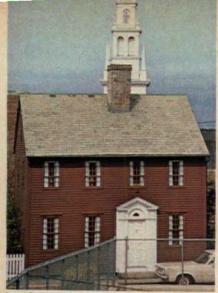


The Foleys are active in the restoration of Newport's Bowen's Wharf (left), where they hope to establish an integral environment for living, working and shopping.

Staircase (opposite), with its alternating balusters and flame finials, is outstanding. Finely wrought but sturdy, it comes in for lots of play by Emily, Bradford and "Maggie," the Family Weimaraner.

Bob and Polly spend much of their time pedaling through Newport's streets (left). Says Bob, an architectural photographer, "With the summer traffic, we just give up and use our bikes."





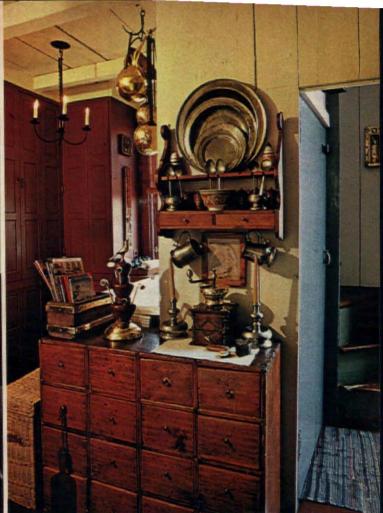
## TINY GEM OF MANY CHARMS

Nancy Hay's proud, diminutive house (above), with the steeple of Newport's Trinity Church rising grandly behind it, reposes on the edge of Newport's historic Hill section. "When I bought the house," Miss Hay recounts, "it was a slum dwelling. The rooms were painted a hideous mustard and Kelly green and the whole place needed extensive remodeling." As evidence of its 18th-century origin, she found the date 1765 inscribed on plaster behind a beam and a George III coin behind a mantel. Miss Hay, an interior designer and trustee of the Preservation Society of Newport County, has kept the colonial spirit of the house intact. Like Newport in its early heyday, it is highly cosmopolitan. There are furnishings and accessories from France, the Orient and the Netherlands. And although the rooms are small, there is never a feeling of crowding, only the delightful discovery of yet another charm.



In the living room (above), a corner chair bought from descendants of the Goddards, Newport's renowned cabinetmakers, stands near a post-World War I desk made for Miss Hay's grandfather. The cabriole-leg stool is a reproduction. Light-blue walls and slightly darker woodwork help to conceal structural imperfections.







Dining room (above, left), like a quiet Vermeer still life, enriches the eye. The pineapple, tucked among the fruits under a centuries-old Flemish portrait, is a familiar symbol of Newport hospitality.

Red-and-white color scheme in the kitchen (above) is typically 18th-century Newport. Cabinet doors visible at far left were made from salvaged shutters.

Curve of narrow front stairs (left) is accentuated by the painted maroon "runner." Hardware on entrance door, and on all other doors, is original.

The drafting room (below), with its barn-siding fireplace wall and beamed ceiling, is a modern addition. That's Miss Hay with her spaniel, Chula. Cabinet against wall is 18th-century Dutch.



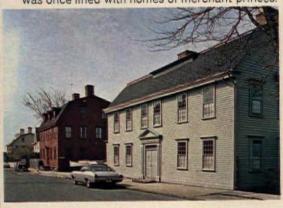


# HOME TO ONE FAMILY FOR 200 YEARS

If there's one thing most colonial Newport houses have in common, it's an uncommon history. For diverse generations of owners have left their distinctive stamps. An exception is this early-18th-century clapboard house, which today presents an authentic picture of colonial living. The credit goes to one family, to whom the house has belonged for more than 200 years. The original family owner filled the house with superb furniture, purchased from "his neighbors," the Goddards-outstanding Newport cabinetmakers. Succeeding generations have added their own pieces. Serenely colored, paneled rooms display the elegant works of eminent craftsmen, against rich Oriental rugs. In the portrait at right by Gilbert Stuart's daughter, Jane, sits Esther Morton -once the lady of the house-on a companion piece to one of the caned chairs seen opposite. If this charming Quaker returned today to her home, she wouldn't see her portrait (it is in another family house) but she would still find the 18th century well preserved.-Brook Mason Crum



This gambrel-roofed house sits on a street that was once lined with homes of merchant princes.





In this serene room (above), chairs with pineapple-motif backs by Thomas Goddard surround the English Sheraton table. Highly coveted even in the 18th century, the blue-and-white Cantonware is still in use today. The family silver is displayed on the Philadelphia sideboard.

Mahogany furniture (opposite) has graced this writing room for six generations. John Goddard made the blocked-bonnet secretary and the card table—a shocking item to be crafted by a Quaker for Quakers. His son made the caned chairs.

## 1719 PUZZLE

When Navy Commander Walter Whitley and his family bought this 1719 Newport clapboard house, they foresaw months of repairs. The job of restoration, however, turned out to be "a real puzzler," says Whitley. The discovery of a blocked-up doorway provided a major clue. Helped by Operation Clapboard, the Whitleys learned that the front of the house originally faced the street. But the house was turned around in the 19th century so that the side faced the street, as it does today. Now the graceful front doorway, to which Whitley adds a finishing touch (right), stands in its original 18th-century spot.





"Before" photograph (top) shows the Whitleys' 1719 house in its prerestoration, 19th-century disguise. Commander Whitley removed both the sprawling porch and dormer windows to reveal (in "after" photograph, above) the simple classic shape of his gable-roofed house.



This low-cost, government-financed housing for the elderly in Newport's Point section, designed by Castellucci & Galli Associates, uses shingle siding, pitched roofs, two-story height, meandering placement to blend with 18th-century neighbors.



A new activist breed fights to integrate Newport's past into a vital future.

By Barbara Plumb

# TODAY'S NEWPORT REVOLUTION

The childhood playground of Jacqueline Kennedy Onassis and the fashionable retreat of other scions of society, the home port of the traditional America's Cup Race and the site of summer music festivals—that's Newport, Rhode Island, to most Americans. Its most important claim to fame, however, is perhaps its least widely known: Newport is a unique treasury of 17th-, 18th- and 19th-century American architecture. Few towns in America have so much and of such stunning quality.

The future of some of this architecture is so secure that it has an excellent chance of being seen by the next generation. Who could imagine the wrecker's ball destroying such historic 18th-century landmarks as Touro



Preservationists Stephen Snell and Mary Wharton examine house plans of a restoration.

Synagogue or Trinity Church when the entire community takes such obvious pride in them? Then there are mansions like the Hunter House, dating from 1748, that caught both the imagination and pocketbook of local preservation societies. Even the enormous turn-of-the-century mansions along Bellevue Avenue keep flourishing despite their high upkeep. Wealthy summer residents embrace them as fading symbols of the good life of their forebears. But what is in danger in Newport are the 18th-century "everyman" houses that line much of the Point section and the more elegant Hill section.

In recent years, however, they have found friends in three organizations—the Newport Restoration Foundation, Oldport Association,



Inc. and Operation Clapboard—that want to preserve their old clapboard facades and restore them to their former splendor.

The Newport Restoration Foundation, founded in 1969 and funded by tobacco heiress and long-time Newport resident Doris Duke, is currently restoring a highly selective group of 50 classic 18th-century houses, six of which were finished in July. "I have always taken pride in this unique and beautiful place," Miss Duke has said, "not only for its beauty, but also for its historic heritage. Because of my interest, I have formed the foundation to preserve and restore the 18th-century buildings for future generations."

The foundation's director, Francis Adams Comstock, retired associate director of the School of Architecture at Princeton University, will lease the restored houses from one to three years at rentals, depending on size and location, ranging from \$175-\$450 a month. Tenants are permitted to furnish the houses any way they wish so long as they don't tamper with the overall structure.

The first vice president of the foundation is Jacqueline Kennedy Onassis, who summered in Newport as a girl and was married there to Sen. John F. Kennedy in 1953. Though her role is primarily advisory, Miss Duke's interest, on the other hand, is quite active. "As soon as I find something, I discuss it with Miss Duke," Comstock says. "I don't spend \$1,000 without her." No maximum limits have been set for allocations, but \$10,000,000 would be an estimated conservative cost for work to be done in the next 10 years. "We spend as we need to," Comstock says.

#### ORGANIZATION FOR PRESERVATION

Comstock is vice president of two other organizations involved in the preservation of 18th-century Newport houses: Oldport Association, Inc., a nonprofit service organization started in 1965, and Operation Clapboard, a profit-making organization also started in 1965 that relinquished its tax-free status to become politically active. The two organizations perform the same function—search out houses and find buyers for them who will agree to restore their 18th-century exteriors. They do differ, however, in philosophy—one being service-oriented, the other politically oriented—and they share the same dynamic 28-year-old director, Stephen Snell.

Snell agreed to come to Newport in June 1968 at a salary of \$4,500 plus accommodations because he was fascinated

"not only by the amount of historic architecture in Newport but also by the variety and quality of it." He has a staff of one—Mary Wharton, a young matron who, having summered in nearby Jamestown, has been lured back to live in Newport full time. During Snell's first winter in the town, he lived in an 18th-century clapboard house with no heat. "I had to heat water on a stove," he recalls, "and bring drinking water in by truck."

#### STEPHEN SNELL: AN EARLY INTEREST

Snell's passionate interest in preservation dates back to his boyhood in Hallowell, Maine. At the age of 13, he went through a small fort museum in Augusta, Maine, and was so revolted by the run-down condition of it that he wrote an angry letter to the Augusta newspaper, the *Daily Kennebec Journal*. Three years later, when a drive was launched to clean up the fort, a correspondent for the paper remembered Snell's concerned letter and asked for his help. He worked on the fort for three summers, the first for no pay and the next two for \$35 a week. His colleague in the endeavor, John O. Curtis, is now head of the Curatorial Department in Old Sturbridge Village in Sturbridge, Mass.

After college at William and Mary with a major in history, Snell worked at the Boston Public Library, traveled through Europe, became an executive trainee in Macy's department store in New York, was an administrative assistant at the Corcoran Gallery in Washington, D.C., then a curator of a 1773 military encampment in Vails Gate, N.Y., and finally taught at high schools in Maine. At a party in New Hampshire he heard of the Newport opening, applied immediately and was hired.

A short, wiry, dark-haired young man, Snell exudes nervous energy, enthusiasm and ingenuousness. With his 20th-century pragmatism, he shatters the stereotype of the fusty old preservationist, "I am a preservationist, not a restorationist," Snell says. "The only way we can preserve the old houses is to adapt them to modern living. It's okay with me, for example, to restore the exterior to the 18th century and keep 19th-century improvements as well as 20th-century kitchens and bathrooms."

Operation Clapboard is, according to Snell's definition, an "adoption agency." It buys run-down houses and sells them to people who are obliged to restore their exteriors even if they cannot afford to do so at once. "Blessed is the

Buildings, such as this one on Thames Street's 18th-century row (left), will be moved or destroyed by a superhighway. Operation Clapboard won an ordinance prohibiting drive-in restaurants (center) and now hopes to stop sign pollution (right).









Richard Meek



Colonial-modern shopping center, beside the Brick Market, upsets the 18th-century cityscape.



Classic lines of a shingled, gambrel-roofed house and stone wall are reflected in one of the modern circularglass windows of Newport's modern Old Stone Bank.



Old Stone Bank architecture repeats playful circle form in planter and windows. Flat roof minimizes building's long bulk. The gold-leaf sign is simple and appropriately unobtrusive.

poor man," Snell intones, "for he cannot over-restore."

Sometimes the fixing-up process is as uncomplicated as removing a layer of asbestos shingle and painting the clapboard underneath. At other times it involves major and expensive repairs. Often it is more of a house-cleaning job than anything else. Installing modern wiring and plumbing is a problem for owners of 18th-century houses because the structures are plank-framed with no space to bury wires between the inside and outside frames as in conventional balloon framing. Snell tries to convince new owners to use easy-to-remove wallboard for interior partitions and to color-code any new construction for documentation. As a finishing touch, Operation Clapboard house owners can purchase a sign with the earliest date and name associated with the house painted in discreet black letters.

The majority of the members of Operation Clapboard are Newport residents; others are people from New York and Boston who summer in Newport. Anyone is invited to join who is sincerely interested in preservation. "We don't have members with millions," Snell says, "but we have great enthusiasm. Operation Clapboard people are ready and willing to go to City Hall to fight for preservation and should when it's necessary"

To keep members both interested and informed, Snell started a bimonthly newsletter, "The Clapboard," two years ago. Its initial run of 20 copies has expanded to more than 1,000 as has its scope, which is now a synopsis of preservation activity throughout Rhode Island.

This summer Operation Clapboard, through the sponsorship of the Historic America Building Survey and the Rhode Island Preservation Commission, is involved in a measuring program under which formal drawings will be made of 10 of Newport's historic buildings.

As a member of the Earth Day generation aware of the interrelatedness of environment and ecology, Snell does not limit his reforming zeal merely to preserving old houses. He

is committed to saving the total environment of Newport. There are two current threats to that environment: a four-lane superhighway that will cut the town off from the harbor and separate the Hill and Point districts, and citywide sign pollution.

The highway, which will slash across the Point area, can no longer be prevented. Meanwhile Snell is desperately trying to temper it into a tree-lined, traffic-lighted boulevard without the rampant commercialism of connecting service roads. His concept would have to come armed with a strong zoning ordinance prohibiting the commercialization of the side streets feeding into the highway. "We are fighting this road," Snell says, "because it destroys the historic environment. It puts people second and the macadam and cars first."

The two areas that will be most adversely affected are Bridge Street and Thames Street. Bridge Street, which has a pleasant row of some of Newport's most typical 18th-century houses, will be directly exposed to one of the large looping intersections of the highway. This spoilage could be avoided, Snell projects, if eight railroad sidings southwest of Bridge Street, owned by a local lumberyard, could be removed to allow a shift in the highway's right-of-way. The Thames Street area in jeopardy encompasses six 18th-century gable-roofed and gambrel-roofed houses that will have to be moved from their original row, thereby destroying another of Newport's historic streetscapes.

"We don't want the houses moved," Snell explains, "because that means another historical ghetto. We want to integrate our past into a modern community, not create a museum."

#### COMMUNITY ACTION

Although the highway may destroy the Point section, residents of the Hill are also beginning to get nervous because Spring Street, which bisects the area, has recently been designated as a state highway. Despite the fact that there has

been no official pronouncement on widening the street, concerned residents are aware of the value of acting sooner rather than later. A group known as the Historic Hill Association, for example, has organized to try to prevent widening of the street and ravaging of the area. "It's fun seeing what can be done by working with a small group like this," says Snell, who is a participant in the new association. "They have a greater right to have a voice in their environment than highway people, and they will not be cowed by the local redevelopment group."

The visual chaos of Newport sign use has always been apparent to Snell and Mary Wharton, but while attending an architectural conference held in April by the Boston Redevelopment Authority, they found that professionals in the rest of the country abhorred the manner in which signs were used in Newport, too. During a conference slide presentation on blight in America, the prime example of ugly signs on a city street came from Broadway in Newport.

There is strong hope of reversing the trend and the battle is by no means over. The General Assembly of Rhode Island has passed enabling legislation and Governor Frank Licht has signed a bill allowing the city of Newport to engage in sign control. The bill will likely be voted on as a local referendum in November. If passed, the city council will draw up as strong an ordinance as it deems appropriate.

The ordinance may regulate all signs, billboards, marquees, awnings and street clocks and may also specify reasonable conditions to phase out and remove outdoor advertising. Too, it may provide conditions as to the places where such advertising may be permitted, the size and kind of



Two examples of excellent sign design: Goddard Shop emblem combines simplicity with the spirit of colonial Newport; the Newport Bridge marker is strong, easy to read.

advertising, its subject matter and the structures upon which it may be placed. Questions also to be decided by the council are how well regulated the graphic standards will be and how strictly they will be enforced. Street signs, shop signs, direction signs and traffic signs hopefully will be coordinated as well. It is not pseudocolonial signs that Operation Clapboard is campaigning for but good graphic planning. Snell cites the Newport Bridge sign as a prime

example of modern, good design and the emblem at the White Horse Tavern as one that interprets the past in a pleasing way.

"You have no idea of the passions that this sort of thing inflames," Snell recounts. "At the hearings, grown men would stand up and accuse us of being Communists and say we were taking away citizens' rights. And by restricting the way a man advertises, they claimed, we were against the American Way." Snell, a realist, is not trying to pretend that commercialism should not exist. In fact, he is all for it—except that he would like to see it regulated in terms of geographical location and quality of design.

Recently a legal precedent was set with a drive-in restaurant on the fringes of the historic district. Disturbed over this commercial encroachment on a largely residential area, Operation Clapboard fought the drive-in concept and won the adoption of a zoning ordinance that said no drive-in service facility could in the future be built and that any exception had to be granted by the Board of Review.

#### ARCHITECTURAL CONFLICTS

One of the city's most unfortunate architectural disasters was the building of an ersatz colonial-contemporary shopping center next door to Peter Harrison's stunning 18th-century Brick Market. Compounding this faux pas was the simultaneous leveling of a magnificent 19th-century waterworks nearby (which many thought could have been converted to house the shopping complex) and the Glass House, an 18th-century tavern beside the Brick Market.

In a town that leans heavily toward "modern" colonial architecture, two genuinely modern buildings in harmony with older structures in terms of both scale and materials are worth mentioning. One is a clustered housing complex for the elderly, where roofing, siding and two-story heights blend attractively with 18th-century neighbors in the Point section. The other, in Newport's Hill section, is the Old Stone Bank, a 16-foot-high, simple brick building with dramatically large, round windows and understated graphics.

Operation Clapboard is not only concerned with the lifeand-death environmental issues of Newport; it is also involved in small neighborhood projects.

One of these is the Belgian building block and cobblestone preservation program. When streets are dug up for the laying of sewers or conduits, old paving is either yanked out or paved over, the salvaged paving stones quietly being sold by the contractors to local citizens for driveways and terraces. When Snell brought this to light at a recent city council meeting, one of the members suggested that the stones be replaced. Funds to accomplish this now are being sought.

The victories won and lessons learned in Newport will benefit other communities in Rhode Island. Snell, having been named executive director of the Rhode Island Historical Preservation Commission, is now taking his Newport experiences to the state. In the tradition of Operation Clapboard, Snell says, "We make sure we go on record supporting or opposing legislation. The important thing is to take a stand."





## ROMANTIC NEWPORT

Pirates, pineapples and panache evoke a colonial Golden Age of glory.

By Mary Evans

Newport has remained the most intact of American 18thcentury towns perhaps because it always had a way of its own—but not a stubborn way. It was far too tolerant a place for that. Newporters, for good and ill, wanted life to be broad and easy.

Perhaps being set on an island warmed slightly by the Gulf Stream, somehow closer to the rest of the world, gave the town a more expansive, gentler view. At any rate, from its very beginnings in 1639, Newport practiced tolerance. Not for her were the witch burnings and hard-headed dogmatism of the Massachusetts Bay Colony. Newport seems to have taken in whoever came along—Baptists, Congregationalists, the followers of now forgotten evangelists, Jews and Quakers. Here, people worshiped as they would and lived where they would.

Newport was remarkable for the excellence and diversity of its thinking and the quality and harmony of its architecture and furniture. Its style did not burst out of the blue, like something cast up by the sea. It grew out of styles that were already known in the colonies and in England—ranging in influence from heavy medieval paneling to the most advanced Inigo Jones ideas of classical perfection. It is not only the richness and fineness of Newport houses that impresses, it is also the remarkable similarity between furniture and interiors.

Newport must have been a remarkably harmonious place in which to live, for the same mentality—more precisely, the same motifs and details—strikes the eye everywhere. The doors of the Goddard and Townsend secretaries were made in lavish blockfront style (a solid-wood front consisting of alternating recessed and projecting panels) and were molded in much the same way as the room panelings. Fireplaces and doorways were framed with the same fluted pilasters and topped with the same exuberantly carved broken pediments. The tops of clocks and the bonnets of highboys projected delicate flamed-shaped finials. The same eye shaped all, enjoyed all.

The eye of Newport was a sensuous one. Doorways flowered under elaborate pediments, some topped off with what has become a town emblem, the pineapple. The exteriors of the houses were usually of clapboard, painted serenely in white, yellow, blue, Venetian red or gray-blue. For a richer

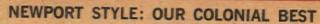
finishing touch, the corners and window frames of several houses were rusticated-that is, treated to resemble cut stone. As time went on the houses became broader. Chimnevs were moved from the center of the house, where they took up space, to side walls, leaving room for open entrance halls and impressive stairways. Inside these commodious houses the woodwork rippled and teased the eye. It stood out in the intricate double curves or moldings, jutted in and out in pilasters over the fireplace, was painted to look like cedar or marble or flecked with gilt to catch the light. Paneled wall spaces in hallways were covered with flocked paper or painted green or made splendid with Chinese wallpaper. Seascapes were frequently painted over mantels. Just as Newport loved the play of thought-one of its ministers amused himself by studying Abyssinian geography and raising silkworms-so it loved the play of candlelight or sea-reflected sunlight on exquisite surfaces.

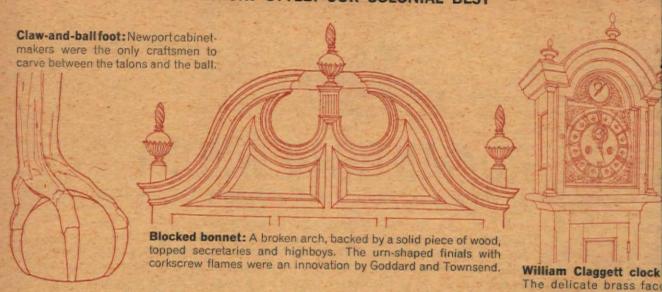
#### GODDARD AND TOWNSEND: CREATIVE CABINETRY

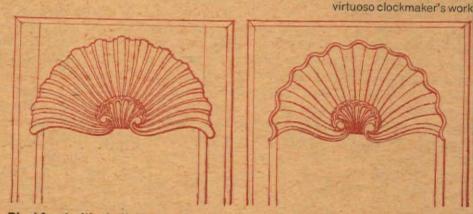
This same love of surface richness was shared by the furniture craftsmen. Two Quaker families of cabinetmakers—Goddard and Townsend—apprenticed themselves to each other, married each other, and produced much of Rhode Island's prized furniture. In their three generations of prosperity, Goddard and Townsend furniture was shipped to the West Indies and the South. Now only nine blockfront-with-shell secretaries are known to remain, any of which would probably fetch \$100,000 on the antiques market.

Goddard and Townsend furniture (it's not always possible to say who made which part of what) is made of mahogany which came to Newport on ships bringing molasses from the West Indies. The best of it was in blockfront style. Newport blockfront furniture, like the room panelings, has a rich quality of dimension. Light flows in and outespecially the elusive candlelight of the period. One looks into it as well as at it. So skillful were these craftsmen that in making a ball-and-claw foot they were able (as none of the other colonial cabinetmakers ever attempted) to carve out the small area between the underside of the claw and the ball it was clutching. To the blockfront, Goddard and Townsend added a curvingly carved shell









Blockfront with shell carving: This furniture front, cut from a single piece of wood, consisted of alternating recessed and projecting panels. Goddard and Townsend used mahogany and added to these rich surfaces by topping them with carved shells.

Twisted-baluster staircase: Three differently turned spindle columns on each step support the banister. Wall follows curve of the staircase.



**Gambrel roof:** In this doublesloped style, the lower slope is steeper than the upper one.



Hipped roof: This features four sloping sides Here, the low, hipped roof of Newport's Vernon House is leveled and topped by a widow's walk.



was characteristic of this

Gable roof: Steeply sloped, this design was the simplest of all. Its popularity survives.



motif (an innovation in American furniture design), which speaks of the birth of Newport's beauty from the sea.

The town's cabinetmakers were her glory, as were the famous clockmakers, the Claggetts, and the ingenious brassworkers who made the delicate, cleverly engineered locks and hinges for household doors. Newport also boasted some of the finest architects in all the colonies. Richard Munday, who styled himself a carpenter and innkeeper, was Newport's first named colonial architect. We know he had done work on the Colony House because of a recently found credit slip (for £25) that carries his name for "drafting a plan." Probably familiar with the work of Sir Christopher Wren in London, he built some of the colonies' finest buildings—the Colony House and Trinity Church in Newport—as well as private houses whose grandeur survives in legend. It was Munday who contributed so importantly to the Baroque style in Newport.

#### HARRISON AND THE CLASSICAL STYLE

Peter Harrison, the town's second great architect, was born in England in 1716. He was a gifted man-a shipwright, navigator, farmer, cartographer, surveyor, and woodcarver as well as architect. How he found time to master architecture, one wonders, but early in life he seems to have assembled an excellent library of the books on architecture which were then defining the 18th-century style in classical architecture. There were available at that time excellent books on design in both furniture and buildings, and Harrison was able to translate these twodimensional studies into splendid structures. His public buildings-he was responsible for the Brick Market and Touro Synagogue-were among the most advanced and classically perfect buildings erected in the colonies. His 1748 Redwood Library put Harrison in the forefront of American classical style, which Thomas Jefferson spearheaded in the mid-18th century.

Newport was able to support such a flowering of creative genius because of its wealth and sophistication. Thanks to its extraordinarily safe and deep harbor, Newport became one of the busiest ports in the colonies, particularly for trade with Africa and the West Indies. The rich merchants whose fortunes had billowed with their ships' ever-increasing sails wanted to be near their wharves. Legend has it that at least one shipowner prince built a tunnel from his house to a sheltered cove so that he could carry up contraband in the dark of night, avoiding the customs inspectors. Also near the wharves were the hundreds of smaller houses where lived the sailmakers, ship chandlers, barrel makers and others whose skills kept ships and trade afloat.

Not all this bustle and business was what we would now consider admirable or even allowable. For one thing, many a Newport captain went in for privateering, particularly for England during her numerous wars. And pirates patrolled the high seas; in 1723 an unfortunate boatload was taken into custody and, in one grisly day, 26 of the renegade crew were hanged. Privateering and even pirating might seem rather dashing; but what is particularly reprehensible is that many a Newport fortune was based on the "triangle

trade": molasses from the West Indies was turned into rum at Newport (there were at least 20 distilleries going much of the time between 1740 and 1760) and then was taken to Africa in exchange for slaves who were then carried across the Atlantic for sale in the West Indies or in the southern colonies. Some of the slaves were brought up to Newport to be used as house servants.

Ill-gotten gains or no, the great merchants lived on a seale that would be impressive even today. One Quaker merchant, Abraham Redwood, was the gentleman whose name and money gave Redwood Library its beginnings. He lived like a lord, with a large country estate and a huge coach that must have moved through Newport's neat, narrow streets like a rajah's elephant in a formal garden. To keep himself well supplied with the most up-to-date luxuries, Redwood employed an agent in London from whom he once ordered a flower-pot design for his brickwall gate post. "Flower potts [sic] are not now in Fashion," wrote the agent, "so that I have now sent you two pineapples." Redwood's neighbors and rivals, not to be outdone, soon set up their own pineapple motifs-on gates, over doors, on sign posts-and that is how the pineapple (a rare treat in the 18th century and rightly served as a compliment to a lucky guest) was adopted as a symbol of hospitality in Newport.

At its biggest, colonial Newport never had more than 12,000 people. Perhaps because the same craftsmen worked on the houses of the rich as well as those of simpler folk, or because the town offered everyone the advantages of both a free library and a free school, Newporters had shared standards of taste. The houses of the rich were larger versions of less affluent dwellings. The houses of shipwrights, on what is now Bridge Street, had the same massive paneling in their sitting rooms as did the houses of the shipowners. Nearly everyone used clapboard and shingle, had big, chunky chimneys to fight the cold. The same hip, gable-on-hip or gambrel roofs topped the houses.

#### NEW ENGLAND'S EARLY PLAYGROUND

Newport was not only one of the richest, most cultivated, most tolerant of towns; it was also perhaps our earliest resort. All through the 18th century it attracted merchants from Charleston and planters from the West Indies, who came up by ship during the hot season, helping with their easy-going ways to temper New England severity. But alas, this extraordinary way of life, combining wit and wealth, could not go on forever. The colonies were outgrowing their link to England. Newport itself had an early part in this restlessness, its citizens having destroyed a British ship four years before Bostonians got up the nerve to stage the Boston Tea Party.

When war finally broke out, Newport was occupied by the British and blockaded by the colonists. There was a shortage of fuel; 300 houses were torn down to feed the cooking fires of the British troops. There was smallpox, and plundering by the soldiers. Trade stopped completely. Many people fled during the British occupation, taking with them to Providence their business acumen and their



fine blockfront secretaries. The town's suffering increased until the French navy and land forces finally arrived in 1780. After the British had evacuated, the French spent the winter and following spring in town. Though the war had ruined Newport, it also gave the town its most elegant hour, with local families vying to entertain the visiting counts and marquises.

The French were impressed by the citizens' urbanity and charm. Though grass now grew in the public square and rags "were stuffed in windows" Newport had not lost its elegance. Many a Frenchman fell in love with the accomplished daughters of the great Quaker families. "This seductive [Polly] Lawton," wrote the dazzled Prince de Broglie, "appeared to me to be the chef-d'oeuvre of Nature; and whenever I recall her image, I am tempted to write a great book against the finery, the factitious graces, and the coquetry of many ladies whom the world admires." To complete the memorable season, General Washington himself arrived and was feted by a ceremonious grand ball, where with one of Newport's local belles he led off the minuet,

"with all the grace of which a handsome man is capable."

It took many years for Newport to recover from the ravages of British occupation. But perhaps the very quiescence of 19th-century Newport is to our present advantage Many of the 18th-century buildings were allowed to standard now, thanks to the care of the Newport Restoration Foundation, Operation Clapboard and Oldport Association Inc., the past is being brought back to view.

Newport has the country's oldest-standing synagogue. Quaker meeting house and subscription library (still in continuous use). It had the first drugstore, the first free school and the first equestrian performance in Rhode Island and probably in America. Newport was entertained by the first dramatic troupe, and its residents first dared to eat the tomato. It was also the early home of Gilbert Stuart, one of our great painters, whose first commissioned painting (a picture of two spaniels painted for the colonies' first lecturer on anatomy) hangs in the Hunter House. Newport was not only a town, it was an attitude—that life was to be speculated on and enjoyed to the fullest.

#### NEWPORT'S RESORT SCENE

What to see . . . where to stay.

Newport, America's first resort, is still one of the eastern seaboard's finest pleasure grounds for a family summer holiday. On its streets, at any time of the year, can be glimpsed a history of American architecture—from colonial to Greek Revival to the palatial "cottages" of turn-of-the-century millionaires.

This summer, however, there's another special reason for visiting Newport—the America's Cup Race, which the U.S. has never lost. American entries in the famous 12-meter yacht race will have final trials starting August 18. This year, for the first time, there will be two foreign entries, France and Australia, who will meet each other starting August 21. The American defender and the foreign challenger who emerge from these trials will meet each other starting September 15 for the best four out of seven races.

The sleek contenders will all tie up at the piers off Thames Street. And so will 2,000 or 3,000 private craft of all kinds. It might be possible to purchase a ticket on one of the excursion boats to view the races, but never mind if you can't—take a picnic lunch and sit on the rocks below Brenton Point and watch the glittering procession of sails.

Make no mistake, Newport at the height of the summer season is a crowded town. If you make reservations in advance, however, you'll be able to stay in Newport or nearby. Try the Viking Hotel and Motor Inn (rates start at \$16/single, \$20/double at the hotel and \$25/single, \$30/double at the inn), the new Colonial Hilton Inn (160 rooms priced from \$22/single and \$32/double), Castle Hill Hotel (starting at \$18/single and \$30/double) or Stone Bridge Inn in Tiverton (rooms available at \$15/single, \$18/double). There are also numerous motels and guest houses, including the Newport Motor Inn and Howard Johnson's Motor Lodge, both of which are in nearby Middletown. And there is a large public camping ground at Burlingame State Park, in

Charlestown, R.I., where an overnight stay will cost only \$2.

Newport's restaurants, though hard-pressed on the busiest days, do their best to keep the summer influx fed and happy. One of the most interesting places to eat is the Black Pearl, a pub-style waterfront restaurant down on the harbor with a Belgian chef and some of the best clam chowder in New England. Christie's is another favorite with local boat fans.

Because of the Newport area's miles of beaches and shoreline, there are many places to swim, fish, surf or walk. Try strolling along Cliff Walk, between the grounds of mansions and beautiful rocky coves. Or head out on Ocean Drive where you'll glimpse Newport's fashionable summer "cottages."

Outstanding though it is as a place to enjoy the delights of the sea, Newport is above all a place to go and absorb the riches of the past. During the summer season eight of Newport's colonial houses and summer mansions are open to the public on a house tour. Children will also love seeing the fascinating exhibits of early American history, sponsored by the Redwood Library and the Newport Historical Society. Touro Synagogue is open to the public as is the Lawn Tennis Hall of Fame, located in the Casino, Stanford White's 1881 shingled masterpiece.

Many of Newport's great houses have music rooms, where from July 30 to August 8 the Newport Music Festival goes on all day with chamber-music concerts open to the public.

Visiting Newport could be an end in itself, or it could easily be part of a tour of New England, since it is close to Cape Cod and southern Connecticut. The town is accessible via the Newport Bridge and Route 138 from the Connecticut Turnpike (Interstate 95). Or, if you're coming from Providence, take Route 138 or 114 from Interstate 195. For more information, write: Newport County Chamber of Commerce, P.O. Box 237S, Newport, R.I. 02840. END







Here, in stately Hunter House, is where Newport's preservation and restoration got underway. It was to keep the unique paneling of its rooms from being sold and scattered to museums all over the United States that the Preservation Society of Newport County was formed. The Society's first project, carried out during 1952–3, was the restoration and furnishing—with priceless originals—of this 18th-century house on the harbor. Formerly owned by merchant prince Jonathan Nichols and, later, by Joseph Wanton, who both served at different periods as deputy governor of the Rhode Island colony, the house was bought in 1805 by William R. Hunter, a U.S. Senator and our first Ambassador to Brazil. Hunter House to this day retains all the dignity, elegance and urbanity that one would expect of a wealthy diplomat's home. Gilbert Stuart was a protégé of the Hunters, who gave the artist his first paints. An early Stuart portrait, of the family's two spaniels, still hangs proudly in the house.

## By Vera D. Hahn HUNTER HOUSE: RESTORATION SHOWCASE

Paneling in dining room (below, left) is pine, grained to resemble the rose cedar imported from the Bahamas that was often used by cabinetmakers Goddard and Townsend. Detail of the parlor's Goddard desk (below, right) shows multi-drawer treatment and the shell motif that put Newport in the forefront of colonial furniture design.





"The most beautiful room in Newport" is what experts call the Hunter House parlor (opposite). The large, square room is intricately paneled in pine, the pilasters are marbleized. Furnishings include a Goddard blockfront desk and a wing chair, thought to be the largest Newport chair in existence. The candelabrum is Waterfordcrystal.Smallcherubs that fill the corners above the cupboard arch (right) and at the center of the shell inside are found nowhere else in America.



The bedroom (below) boasts one of the few Townsend four-poster beds still remaining.

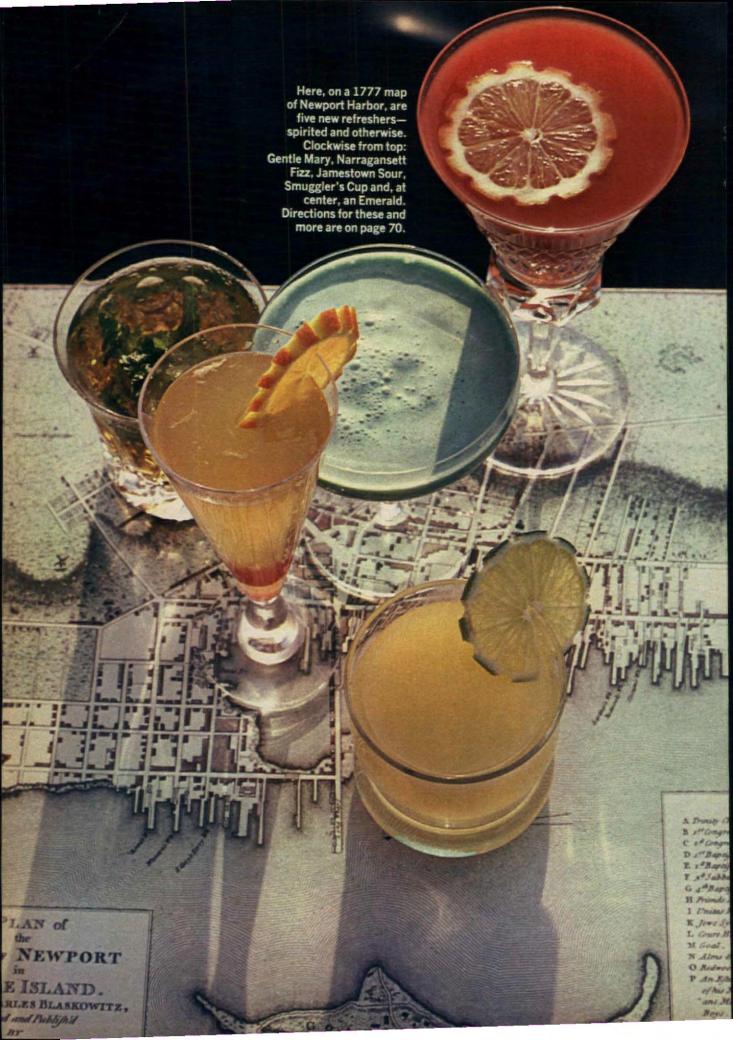


## NEW COLONIAL FOR NOW

Today, no matter where you live, you can have an authentic-looking Newport interior. Most of the pieces shown here, for instance, are replicas by Kittinger Furniture of prestigious originals; fabric reproductions are by F. Schumacher & Co.; paints are by Colorizer; brass and pewter are by Virginia Metalcrafters and Stieff Co., respectively. All adapt handsomely to this living room and bedroom of a contemporary colonial model house built by Levitt and Sons in Stony Brook, N.Y. The rooms were re-created by *American Home* and Charles Lamar, design consultant for Historic Newport, a line of reproductions carrying the "pineapple seal of approval."







By Frances M. Crawford

## TABLE NEWPOR

Great drinks for leisurely sipping at sundown, fabulous buffets for feasting at midday or later on-all reflect the tradition of Newport, a city that prides itself on conviviality.

drink have been famous for centuries, can inspire your summer entertaining and give it a special flair. As a party-starter, try a cool and sparkling "ice breaker." Five are pictured opposite, each guaranteed to give an occasion a festive air. Then set a sumptuous feast in the garden with an easyon-the-hostess buffet like the one shown on the next page. Or if plans call for a more formal sitdown dinner party, top it off with that most glamorous of desserts, an Ice Cream Bombe. Step-bysteps for making the Bombe appear on page 72. Your fame will spread like that of the gifted cooks of colonial Newport, who were known throughout New England for their hospitable tables.

Legend has grown around some of the lavish entertaining that took place in 18th-century Newport. Consider Godfrey Malbone, whose wealth, in part, was based on privateering. He decided to build himself the grandest house in the colonies. Newport's first great architect, Richard Munday, constructed it-a three-story, dou--over a period of several years who occupied the town from than legendary, it is a way of life.

cornices and a mahogany staircase that reached to the top crews came home after a successful voyage, he gave a freefor-all, night-long banquet. His quests were allowed to carouse as they would, even being permitted to smash their glasses and dishes after dessert. (Mrs. Malbone routinely locked up her good china and glassware on these occasions.)

Alas, in 1776, only 32 years after its completion, the Malbone mansion caught fire during a dinner party. The fire brigade responded promptly, but Mrs. Malbone refused to let them set foot on her dazzling stairway to reach the decision, concluded: "We may have to lose the house, but we need not lose the dinner as well." So he ordered the tables set up in a nearby house and invited the fiery spectacle.

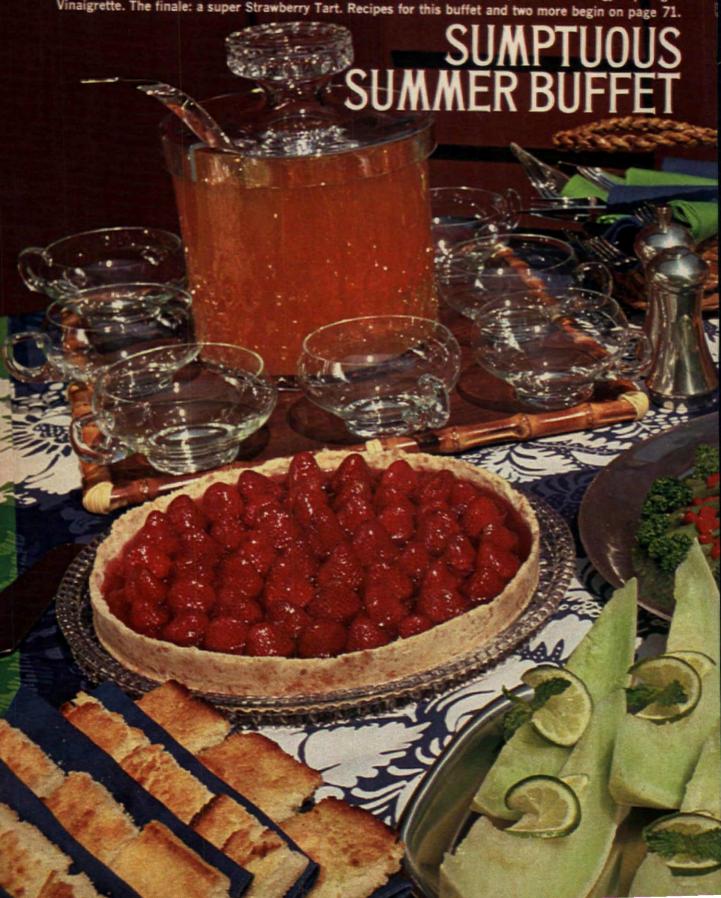
with Newport even in the days ble-pitched-roof mansion of stone of the Revolution. The British,

Newport, where fine food and at a cost of £20,000. Inside December 1776 to October 1779, were marble mantelpieces, gilded left it a shambles. But partying and gaiety resumed when the French fleet under Admiral floor. Whenever one of Malbone's de Ternay and the army under Rochambeau were stationed in Newport from July 1780 to June 1781. A French baron wrote at the time: "We lacked nothing in the way of provisions which we could secure at low prices. It was at Newport that our Generals enjoyed the choicest fare we found during our entire stay in America. Meat, vegetables, game and especially fish abounded and were of excellent quality. There seemed to be great rivalry among the residents to see who could serve the richest fare and have the largest number to dinner."

> Through the years this tradiblazing roof. Godfrey, a man of tion has persisted. The extravagant, sometimes outrageous parties of the late 1900's, when society's 400 ruled the Newport social scene, are still well documented. Life is simpler today the guests to share the feast and than in that era. But with Newport the setting for so many sum-Hospitality was synonymous mer events-the America's Cup race, Tennis Week, the Music Festival-hospitality today is more



A lavish buffet in a garden setting typifies hospitality in the best tradition of Newport, a town that has for centuries made a fine art of easy entertaining. It is a feast to be enjoyed any time from midday on. Start with a convivial rum-based Captain's Punch, then on to cool melon with a touch of lime, scrambled eggs with clams to be eaten with Rhode Island Jonny Cake, Creamed Ham in Patty Shells and tangy Asparagus Vinaigrette. The finale: a super Strawberry Tart. Recipes for this buffet and two more begin on page 71.







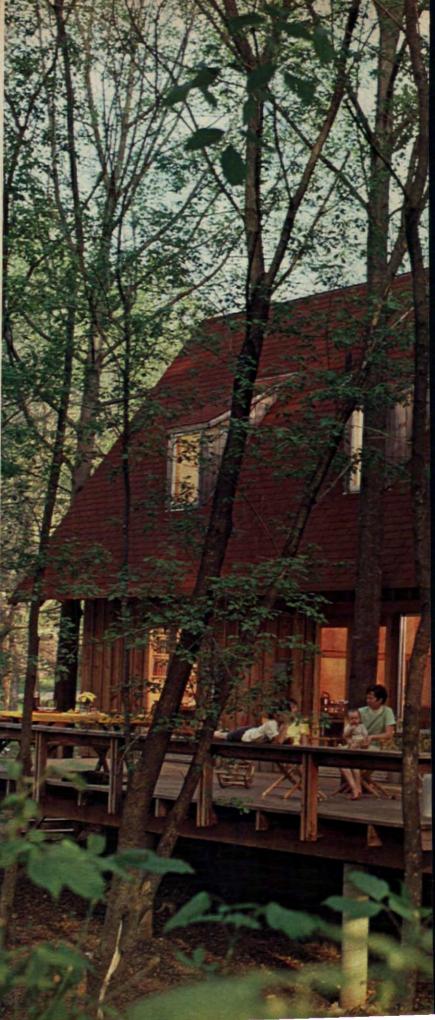
The Mobley house (above), elevated from its sloped, woodsy site by concrete piers, has a front entrance level with the lot.

The deck (right) doubles as a living and dining wing. Floodlights, controlled from bedrooms, illuminate the deck at night.

By Barbara Plumb

### AWARD WINNER AT UNDER \$20,000

Disenchantment with rental living spurred Virginia architect Robert Mobley to design his own house. even though his bankbook told him no. Yet a \$16,000 budget forced Mobley into the kind of design that won him a First Honor Award in the "Homes for Better Living" competition, sponsored by the American Institute of Architects, AH and House & Home. In 1968, by contracting the house himself with his partner, Donald Chandler, Mobley met his budget. (Today, using a contractor, the house would cost just under \$20,000 with appliances, carpeting, built-ins.) The father of three boys, Mobley was attracted by the McLean, Va., schools and acquired a site there for onethird the going price by buying "unbuildable" flood land.(continued)



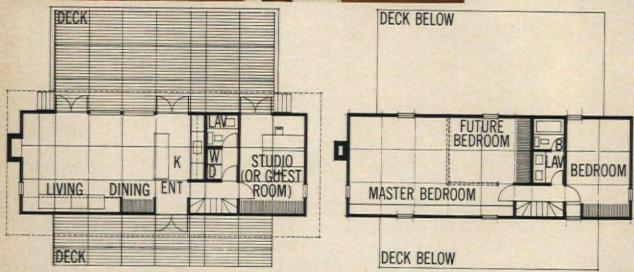




The living area (left) seems larger because of the space-extending deck. Kitchen, dining and living quarters flow easily from one to another. Built-in seating along the wall incorporates ample storage underneath. Exposed joists give ceiling additional height.



In the bedroom (left), ceiling climbs to a 15-foot-high peak above exposed trusses. Builtin cabinets along one wall provide storage. The desk in foreground divides upstairs area.



Despite a building area only 16 feet wide extended in front and back with large decks, no room has a dimension of

less than 14 feet. In order to cut plumbing costs, the kitchen, bathroom and laundry room were placed back to back.

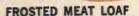
A creek bounding the Mobley site floods at least twice a year, leaving a legal building area only 16 feet wide. Poplar trees surround the deck, providing nature's own air conditioning. "I'd rather open the windows and hear the kids when they call me," Carolyn Mobley says. The site is ideal for the children, who enjoy fishing in the creek. "We couldn't possibly go back to an ordinary house now," Mobley explains.

Why serve plain old

## Me-too Meat Loaf?

With Campbell's, you can have meat loaf every day— and never have the same thing twice!





1½ pounds ground beef 1 can Campbell's Golden Mushroom Soup

cup small bread cubes 1/4 cup finely chopped onion 1 egg, slightly beaten

1/2 teaspoon salt Generous dash pepper 2 cups mashed potatoes 1/4 cup water 1 to 2 tablespoons drippings

Mix thoroughly beef, ½ cup soup, bread, onion, egg, salt, and pepper. Shape firmly into loaf; place in shallow baking pan. Bake at 350°F. for one hour. Frost loaf with potatoes; bake 15 minutes more. Blend remaining soup, water, and drippings. Heat. Serve with loaf. 4 to 6 servings.



#### MINI MEAT LOAF WITH SPAGHETTI

1 pound ground beef 1/4 cup bread crumbs

cup grated Parmesan cheese

egg, slightly beaten 34 cup finely chopped onion

11/2 teaspoons oregano, crushed

1/4 teaspoon salt

cans (1034 ounces each) Campbell's Tomato Soup

tablespoon shortening

½ cup water

large clove garlic, minced

cups cooked spaghetti (about 8 ounces uncooked)

Combine beef, bread crumbs, cheese, egg, 1/4 cup onion, 1/2 teaspoon oregano, salt, 2 tablespoons soup. Mix thoroughly; shape into 4 small loaves. In skillet, brown loaves in shortening; add remaining ingredients except spaghetti. Cover; cook over low heat 30 minutes. Stir now and then. Serve over spaghetti. 4 servings.



#### CROWNING GLORY



Campbell

TOMATO

SOUP

1 can Campbell's Cheddar Cheese Soup 1½ pounds ground

beef 1/3 cup finely chopped onion

1/4 cup quick-cooking rice, uncooked

egg, slightly beaten

teaspoon salt

3 strips bacon, cut in half

Combine ½ can soup with remaining ingredients except bacon. Mix thoroughly. In shallow baking dish (13x9x2"), shape firmly into ring (2 inches high with 4-inch opening). Place bacon on ring. Bake at 350°F. for 1 hour. Spoon off fat. Top loaf with remaining soup. Bake 5 minutes more. 4 to 6 servings.

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#### In this day of "beat the budget," a cost-conscious Virginia architect reveals his home-building secrets.

The secret of a low-budget house, according to Mobley (at right, in his study), is to develop a good plan and build it conventionally. His proof is his own \$16,000 house, framed of fir with pine siding and elevated on concrete piers. Though the use of piers was necessary in Mobley's case to provide proper elevation during periods of flooding, he explains that his plan can be easily adapted to a level lot. One inexpensive alternative would be to elevate the house, as he did, but just high enough to allow crawl space underneath. Another idea would be to build the house on concrete slab, though this method. Mobley points out, would add another \$700-\$1,000 to construction costs.

Mobley makes use of every square inch of interior space. Only on the roof design did he let himself go, specifying a romantic, sharply pitched roof with an overhang instead of a cheaper two-story box. He does, however, admit two mistakes. He chose insulated glass in wood framing for the doors because he thought they would be less expensive than sliding glass doors. As it turned out, they were \$200 more. He also left the pine siding natural because he thought it would weather evenly, which it didn't, and now recommends staining it.

Mobley's economizing technique of leaving the interior framing exposed left no place to hide the wires. He solved this by keeping all the wiring in exterior walls and on the bottom of the first floor.

Mobley's real bête noire was the electric company. Its regulations are set up with standard-design houses in mind and it is seldom willing to make exceptions. The electric company refused to



allow him to make the electric meter inconspicuous by sinking it. As a result, the Mobleys have to stare at the meter while lounging on their deck.

And his expenses for burying wires were doubled because the electric company, which dug a ditch and buried wires free as part of its all-electric house package, would not permit the telephone company to use the same ditch. (The water company had to dig a separate ditch for its pipe as well.) "That's senseless," Mobley asserts. "If a ditch is being dug from the street, it seems logical that all utilities should use it."

On the interior, Mobley chose Masonite for doors and closets. He saved floor-finishing costs by carpeting his <sup>3</sup>/<sub>4</sub>-inch plywood floors with inexpensive nylon. Wood, where it was used for the surfac-

ing of walls and ceilings, was left natural.

"On the inside, you can't make a house too precious," Mobley claims. "If you have children, you want them to be able to enjoy the house. Consequently, the inside finishing is left fairly rough."

Many of the simple, built-in furnishings, designed for economy, were made from doors or plywood. The furniture is kept minimal so that the rooms can be used several ways.

Young people are particularly enthusiastic about the Mobley house, possibly because it is so different from the typically designed ones they live in. "Every teen-ager in the neighborhood was fascinated by this house," Mobley recounts. "After we had completed it, they used to drop by for a year afterward and tell me how they admired it."

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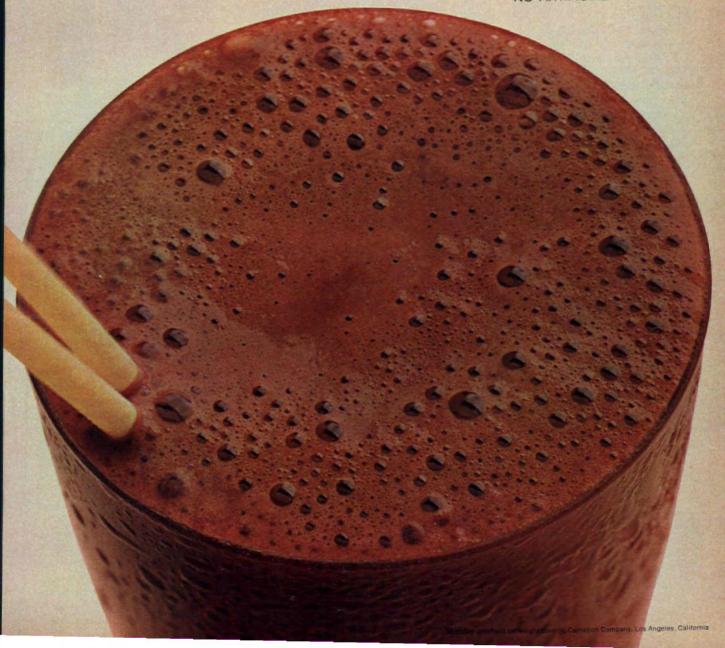


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NO ARTIFICIAL SWEETENERS



#### GENTLE MARY

(pictured)

3 ounces tomato juice

1 teaspoon lemon juice

1/8 teaspoon Worcestershire sauce 1/2 teaspoon curry powder

Dash of salt Lemon slice

Combine tomato juice, lemon juice, Worcestershire, curry powder and salt in shaker with crushed ice. Shake well. Strain into glass. Garnish with lemon slice. Makes 1 serving.

#### **EMERALD**

(pictured)

1 ounce dry gin

1 ounce green crème de menthe

2 tablespoons heavy cream

Combine all ingredients in shaker with crushed ice. Shake well. Strain into champagne glass. Makes 1 serving.

#### SMUGGLER'S CUP

(pictured)

Fresh mint

1 teaspoon superfine sugar

3 ounces brandy

Chill julep or old-fashioned glass. Place 2 or 3 sprigs of mint, sugar and 1 ounce of brandy in the glass. Stir to dissolve the sugar and bruise the mint slightly. Fill glass with crushed ice. Pour remaining brandy into glass. Stir. Garnish with sprigs of mint. Serve with straw. Makes 1 serving.

#### JAMESTOWN SOUR

(pictured)

1 tablespoon lemon juice

2 tablespoons orange juice

1 teaspoon superfine sugar

2 ounces golden rum

Orange slice

Maraschino cherry

Combine lemon juice, orange juice, sugar and rum in shaker with crushed ice. Shake well. Strain into whiskey-sour glass. Decorate with orange slice and cherry. Makes 1 serving.

#### CASINO CASSIS

1/2 ounce crème de cassis

2 ounces dry vermouth

1 ounce carbonated water

Combine cassis and vermouth in glass over ice cubes. Add carbonated water. Stir gently. Makes 1 serving.

#### **VODKA FLOWER**

2 tablespoons orange juice 1/2 teaspoon superfine sugar 1 teaspoon grenadine

2 ounces vodka

Orange slice

Combine orange juice, sugar, grenadine and vodka in shaker with crushed ice. Shake well. Strain into cocktail glass. Decorate with orange slice. Makes 1 serving.

#### NARRAGANSETT FIZZ

(pictured)

1 tablespoon superfine sugar

2 tablespoons lemon juice

2 ounces white rum

1/4 cup unsweetened pineapple juice Carbonated water or lemon-lime

carbonated beverage Slice of lemon or lime

Combine sugar, lemon juice, rum and pineapple juice in shaker with crushed ice. Shake well. Strain into tall glass over ice cubes. Fill glass with carbonated water or lemon-lime carbonated beverage. Garnish with lemon or lime slice. Makes 1 serving.

#### SOUTH COUNTY COOLER

1/2 cup superfine sugar

1 cup Grand Marnier, Triple Sec or Cointreau

2 bottles (7 ounces each) carbonated water

1 quart Sauterne

Stir sugar, orange liqueur and carbonated water in large pitcher until sugar is dissolved. Stir in wine. Serve over ice cubes in 5-ounce wineglasses. Makes about 15 servings.

#### JACK COLLINS

1 tablespoon lemon juice

2 teaspoons superfine sugar

2 ounces applelack

Carbonated water

Combine lemon juice, sugar and applejack in shaker. Shake well. Strain into tall glass over ice cubes. Fill glass with carbonated water. Makes 1 serving.

#### GOLDEN NECTAR

1/2 cup orange juice

1 tablespoon lemon juice

2 teaspoons superfine sugar

egg yolk

1 bottle (7 ounces) carbonated water Orange slice

Combine orange juice, lemon juice, sugar and egg yolk in shaker with crushed ice. Shake well. Strain into tall glass. Add carbonated water. Stir. Garnish with orange slice. Serve with straw.

Makes 1 serving.

BELLEVUE COCKTAIL 2 ounces dry vermouth

1 ounce sweet vermouth

Twist of lemon rind

Combine vermouths; stir well. Pour over ice cubes in glass. Add lemon twist. Makes 1 serving.

#### BRISTOL COCKTAIL

2 ounces Dubonnet

ounce gin

Twist of lemon rind

Combine Dubonnet and gin in shaker with crushed ice. Shake well. Strain into cocktail glass. Add twist of lemon rind. Makes 1 serving.

#### PROVIDENCE PLANTATION

1 can (1 pint 2 ounces) unsweetened pineapple juice

11/2 cups orange juice

1 bottle (4/5 quart) gin, vodka or rum

1 egg white

Fill a quart cocktail shaker 1/3 full of ice cubes. Add all ingredients. Shake vigorously. Makes 8 to 10 servings.

#### POINT JUDITH

1 ounce sweet vermouth

2 ounces Bourbon

Dash of bitters

Twist of lemon rind

Combine vermouth, Bourbon and bitters in cocktail shaker with crushed ice. Shake well. Strain into cocktail glass. Add lemon twist. Makes 1 serving.

#### CLAYMORE

1 ounce sweet vermouth

1 ounce Scotch

1 ounce Drambule

Twist of lemon rind

Combine vermouth, Scotch and Drambuie in shaker with crushed ice. Shake well. Strain into cocktail glass. Add lemon rind. Makes 1 serving.

#### TOP HAT

1 ounce Benedictine

1 teaspoon lemon juice

2 ounces Bourbon

Combine all ingredients in shaker with crushed ice. Shake well. Strain into cocktail glass. Makes 1 serving.

#### FRUITED RUM PUNCH

1 cup sugar

1/3 cup water

1 small pineapple, pared and diced

1 cup lemon juice

11/2 cups unsweetened pineapple juice

5 cups rum

2 quarts carbonated water

1 pint strawberries, washed, hulled and

Heat sugar and water in small saucepan, stirring until sugar is dissolved. Boil 5 minutes without stirring. Combine pineapple, sugar syrup, lemon and pineapple juices and rum in large pitcher. Chill 2 hours. To serve, pour over block of ice in punch bowl. Add carbonated water and strawberries. Makes about 40 four-ounce servings.

#### CONTINENTAL SHRUB

1/2 cup sugar

1 cup water

1 tablespoon lemon juice

1 can (6 ounces) undiluted frozen orange juice concentrate

11/4 cups water

Heat sugar and 1 cup water in small saucepan, stirring until sugar is dissolved. Boil 5 minutes without stirring. Mix lemon and orange juices and 11/4 cups water; stir in sugar syrup. Pour into small pan. Freeze until mushy. Spoon into small glasses. Serve with straws. Makes 4 to 6 servings.

#### SUMPTUOUS SUMMER BUFFET continued from page 62

Captain's Punch\*
Honeydew Melon with Fresh Lime
Eggs Newport\*
Rhode Island Jonny Cake\*
Ham in Patty Shells\*
Asparagus Vinaigrette\*
Strawberry Tart\*
Coffee

#### CAPTAIN'S PUNCH

Lemon slices Orange slices

1 can (6 ounces) undiluted frozen lemonade concentrate, thawed 1 can (6 ounces) undiluted frozen orange juice concentrate, thawed ½ cup sugar ½ teaspoon orange bitters 3 cups golden rum 1½ quarts carbonated water

Combine lemonade and orange juice concentrates, sugar, bitters and rum. Mix well. Place a large block of ice in large punch bowl or pitcher. Pour punch mixture over ice. Add carbonated water. Stir well. Garnish with lemon and orange slices. Makes about 24 four-ounce servings.

#### EGGS NEWPORT

2 dozen small hard-shell clams, shucked, or 1 can (10 ounces) small whole clams

2 eggs, beaten

1 cup packaged bread crumbs

1 pound bacon, cut in 1-inch pieces 18 eggs

1½ teaspoons salt

1/4 teaspoon pepper

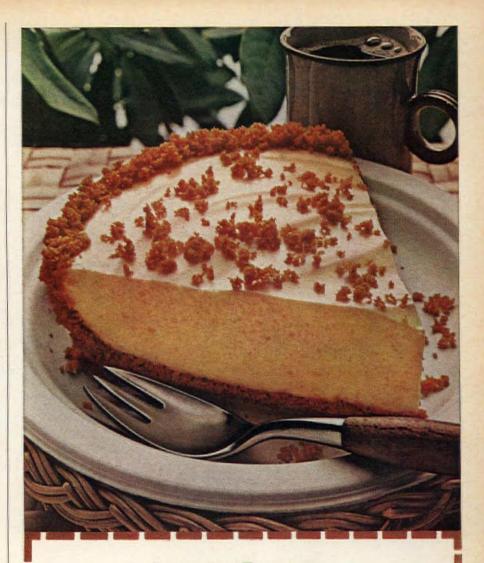
1/4 cup chopped parsley

6 tablespoons butter or margarine

Drain clams. Dip in beaten eggs; coat well with bread crumbs. Let stand to dry.

Cook bacon pieces in large skillet over medium heat until crisp. Remove from skillet with slotted spoon. Drain on paper towels. Keep warm. Place clams in fat left in skillet. Cook until golden brown on all sides. Remove with slotted spoon. Keep warm. Combine eggs, salt and pepper in large bowl. Beat with whisk or fork until well blended but not foamy. Stir in parsley, bacon and clams. Melt 2 tablespoons butter or margarine in large skillet over low heat. Pour one-third of the egg mixture in skillet. Lift from bottom and sides as mixture thickens. As cooked mixture is lifted, the thin, uncooked part should flow to bottom. Cook about 5 minutes until eggs are thickened throughout but still moist. Turn eggs onto warm serving platter. Cover platter with foil to keep eggs warm while remaining eggs are cooked. Do them in two batches, using half the remaining egg mixture for each one. Makes 12 servings.

continued on page 74



#### **Lemon Breeze**

A breeze to make: No baking. Creamy, crunchy and cool. Here's the easy way:

1 cup Kellogg's® Corn Flake Crumbs

1/3 cup regular margarine or butter, melted

1/3 cup ReaLemon®

Reconstituted Lemon Juice

1½ teaspoons unflavored gelatin

2 eggs, separated

3 tablespoons sugar

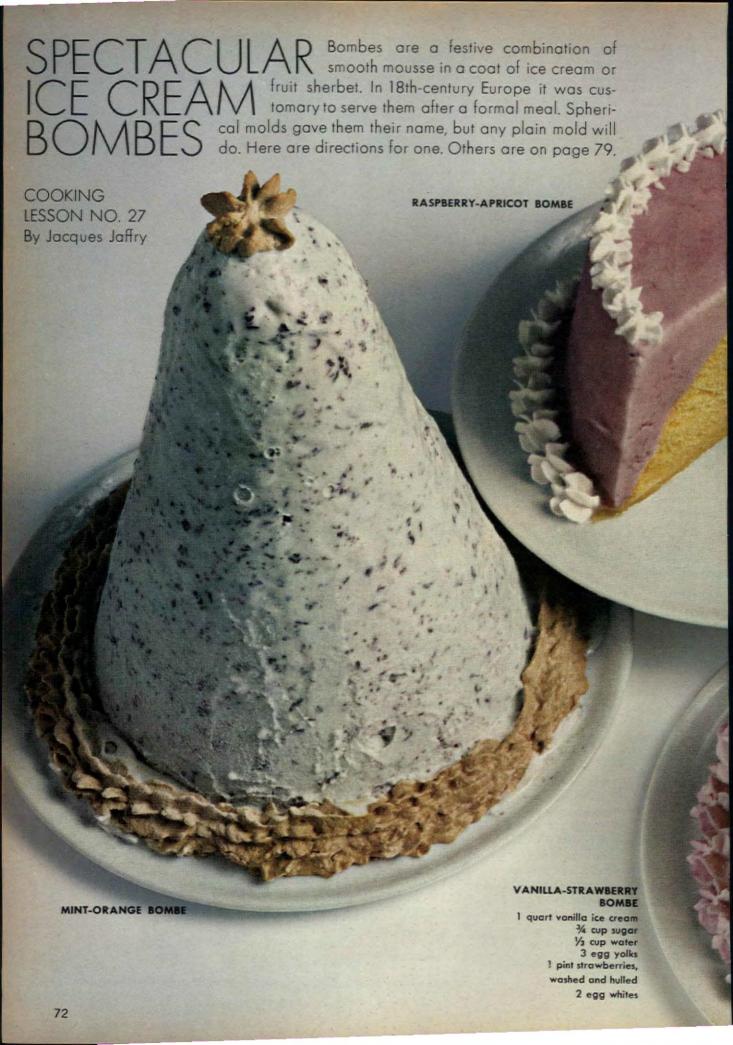
1 can Borden Eagle Brand® Sweetened Condensed Milk (Sweetened Condensed Milk must be used).

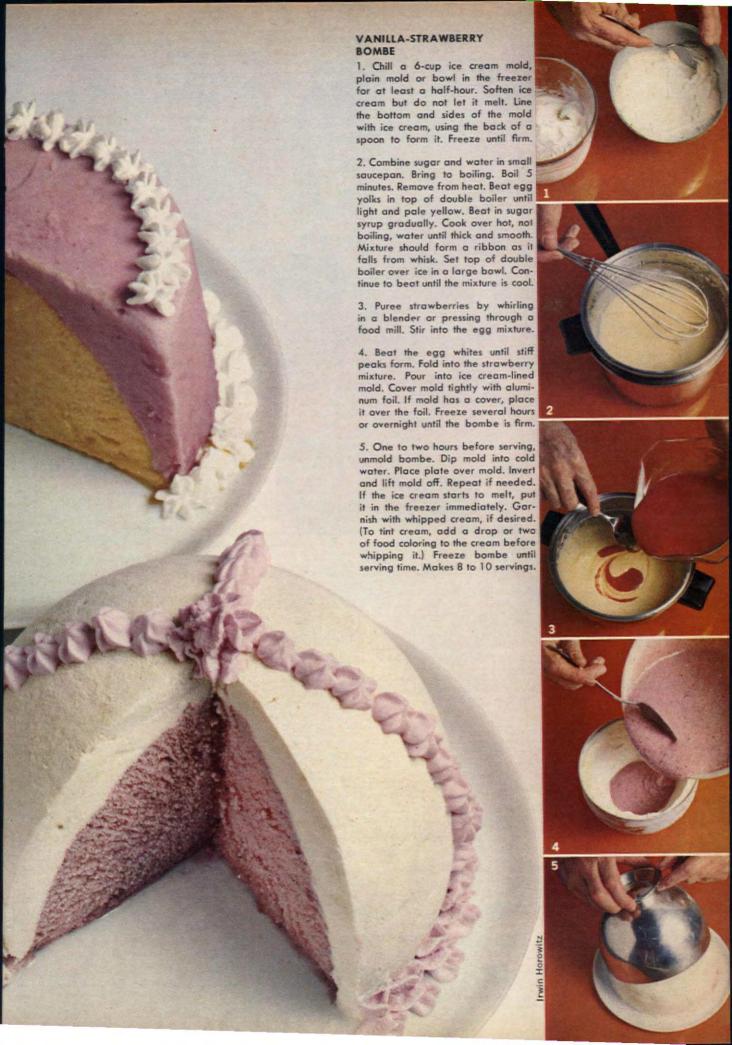
1. Combine Corn Flake Crumbs and margarine in 9-inch pie pan. Reserve 2 tablespoons for topping; press remainder firmly and evenly in pan to form crust. Chill.

2. In small saucepan combine ReaLemon Lemon Juice and gelatin. Place over low heat and stir until gelatin is dissolved; cool.  In mixing bowl beat egg whites until foamy; gradually add sugar. Beat until stiff and glossy. Set aside.

4. Beat egg yolks in mixing bowl until thick and lemon colored. Stir in Sweetened Condensed Milk and gelatin mixture; gently fold in egg white mixture. Spread evenly in Corn Flake Crumbs crust; sprinkle top with reserved crumbs. Refrigerate 2 hours or until firm. Cut into wedges. Yield: 8 servings







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You don't taste the Lea & Perrins. You taste the difference.

#### SUMPTUOUS SUMMER BUFFET continued from page 71

#### RHODE ISLAND JONNY CAKE

It is said that this was originally called "journey cake," for it was once a provision on long trips. In Rhode Island, Jonny Cake has no "h," is made with white, stone-ground cornmeal and is baked on a griddle. This takes too long to do for a crowd, so we adapted it to be baked in an oven.

- 3 cups white cornmeal
- 3 teaspoons salt
- 3 tablespoons butter or margarine
- 3 teaspoons sugar
- 3 cups vigorously boiling water
- 3 tablespoons butter or margarine

Heat oven to 450°. Mix cornmeal, salt, 3 tablespoons butter or margarine and sugar in medium-size bowl. Add water all at once. Stir to blend thoroughly. Put 3 tablespoons butter or margarine into 13x9x2-inch baking pan. Heat in oven until melted. Tilt pan to grease bottom and sides. Turn cornmeal batter into pan; spread evenly with spatula. Place over low heat until batter bubbles around the edges. Bake 30 minutes. If top isn't brown enough, slip jonny cake under broiler for a few minutes. Cut in squares or rectangles. Makes 12 servings.

#### HAM IN PATTY SHELLS

6 tablespoons butter or margarine ½ cup finely chopped onion (1 medium)

1/2 cup finely chopped green pepper 1 pound button mushrooms, sliced

1 tablespoon lemon juice

1/2 cup all-purpose flour

4 cups milk (1 quart)

3 tablespoons dry sherry

1 teaspoon salt

1/2 teaspoon dry mustard

1/8 teaspoon white pepper

8 cups diced, cooked ham (about 3 pounds)

#### 18 fresh or frozen patty shells

Heat butter or margarine in large saucepan over medium heat. Sauté onion and green pepper 1 minute. Add mushrooms and lemon juice. Continue cooking until vegetables are tender. Stir in flour. Cook 1 minute, stirring constantly. Remove from heat. Stir in milk and sherry gradually. Add salt, mustard and pepper. Return pan to heat. Cook, stirring constantly, until mixture thickens and comes to boiling. Add ham. Bring back to boiling; cook 1 minute. Serve in chafing dish on buffet. Spoon into patty shells. Makes about 12 cups.

#### ASPARAGUS VINAIGRETTE

3 packages (10 ounces each) frozen asparagus spears

1/3 cup cider vinegar

3/4 cup pure vegetable oil

1/2 teaspoon salt

1/8 teaspoon pepper

1 tablespoon finely chopped pimiento

Cook asparagus according to package directions. Drain thoroughly. Place in shallow dish. Combine remaining ingredients; blend well. Pour over asparagus. Cover. Refrigerate several hours. To serve, drain vinaigrette and arrange asparagus on serving platter. Top with pimiento. Makes 12 servings.

#### STRAWBERRY TART

11/4 cups sifted all-purpose flour

1/4 cup sugar

6 tablespoons cold butter or margarine

1 egg yolk

1 envelope unflavored gelatin

2 tablespoons sugar

1/3 cup water

1/2 cup currant jelly

2 pints fresh strawberries

Combine flour and ½ cup sugar in medium-size bowl. Cut in butter or margarine with pastry blender until mixture resembles cornmeal. Stir in egg yolk and blend with pastry blender. Press mixture evenly into a 10-inch springform pan, covering the bottom and 1 inch up the side. Bake in a 350° oven 20 minutes or until golden. Cool on wire rack. Remove side of pan.

Combine gelatin, 2 tablespoons sugar, water and jelly in small saucepan. Cook

continued

#### AMERICAN Fill out coupon and enclose check or money order. Florida residents please add sales tax. Allow 4 weeks for mailing. (Sorry we are unable to handle Canadian or foreign orders.) Please indicate your zip code. American Home for the following item(s): 1 enclose \$ Dept. 3711 4500 N.W. 135th St. Menu Maker Complete Set(s) @ \$5.98 each. Miami, Florida 33054 My color choice is: IFNU MAKER GOLD 61058 **AVOCADO 61057** WHITE 61060 COPPER 61059 print name #61061 (200 extra recipe sleeves and 1 shopping list pad) @ \$2.00 address #61062 (500 extra recipe sleeves and 2 shopzip code ping list pads) @ \$3.98 city state Send C.O.D. I enclose \$2 goodwill deposit. I will pay postman balance plus all postal charges. Here is the roomiest, most helpful recipe file, one that promises better organization than ever. Thousands of homemakers find these files an easy, permanent way to arrange their personal recipe collections. This unbreakable, polypropylene, pebble-finished file is light to handle and easy to keep clean. Capacity is about four times that of the usual small file box; it contains 24 index cards tabbed in the categories you will find most helpful. Each index card has room for your own reference notes. Sixty recipes have been selected by our Food Editors, ready for you to clip and add to your own collection. For easy reference, an equivalent chart shows measurements and equivalent quantities of basic ingredients. 100 new, uniform-size, clear plastic sleeves hold recipes neat and ready to-use. A shopping list pad, including handy lists of food and household products, will make meal planning easy and take the indecision out of shopping. The pad can be reordered with the recipe sleeves. \*To toast walnuts, drop walnuts into rapidly boiling water. Boil 3 minutes; drain oven 15 to 20 minutes. Drain mushrooms; reserve liquid. Add mushrooms and chicken to skillet. Cook over low heat for 10 minutes. Add celery, Blend cornstarch and ¼ cup mushroom liquid to skillet; heat through. Stir in cornstarch mixture. Cook, stirring constantly, until sauce is bubbling and looks clear. Stir in pepper and soy sauce. Cook slowly 5 to 10 minutes or until slightly thickened. Stir in walnuts. Serve with minutes or until golden. While hot, brush lightly with melted butter or margarine; peppers; cook chicken broth to a smooth paste. Add remaining chicken broth, wine and reserved recipe kids will be crazy<sub>®</sub> about. Log Cabin Syrup makes happy-go-luscious Maple-Flavored Cookies with gumdrop smiles. can (13% ounces) chicken broth Bake in 350° green these to 3 tablespoons soy sauce cup toasted walnuts\* tablespoons cornstarch Add onion and cup dry white wine 4 cup dry white wine Dash of white pepper sprinkle with salt. Store tightly covered in the refrigerator. Hot cooked rice thoroughly. Spread walnuts evenly in shallow pan. WALNUTS lational Smile Week or margarine in large skillet. ugust 3rd starts CHICKEN WITH Bake a batch of smiles. medium-size green peppers, seeded and cut cans (3 to 4 ounces each) mushrooms cups cubed cooked chicken tablespoons butter or margarine rice. Makes 6 servings. cup sliced onion (1 large) 1/2 cups sliced celery DRIENTAL Heat butter

#### SUMPTUOUS SUMMER BUFFET continued

over low heat, stirring constantly, until gelatin dissolves. Cool until mixture becomes thick and syrupy.

Wash and hull strawberries. Arrange, pointed ends up, in tart shell. Extra berries may be thinly sliced and placed on bottom of tart shell, if desired. Brush glaze generously over arranged strawberries until all is used. If glaze thickens, reheat briefly. Chill until serving time. Makes 10 to 12 servings.

Herbed Consommé
Curried Chicken and Orange Salad\*
Popovers\* Butter Balls
Blueberry Pudding Cake\*
Iced Tea

#### CURRIED CHICKEN AND ORANGE SALAD

1 can (11 ounces) mandarin orange sections

6 cups diced, cooked chicken

1/2 cup sliced, pitted ripe olives 1 small red onion, thinly sliced

½ cup mayonnaise or salad dressing

2 tablespoons pure vegetable oil

1 tablespoon lemon juice

1 teaspoon curry powder Boston lettuce

Drain orange sections. Reserve juice

and ½ cup orange sections. Combine remaining orange sections, chicken, olives and onion in large bowl. Combine 2 to 3 tablespoons reserved juice from oranges, mayonnaise or salad dressing, oil, lemon juice and curry powder in small bowl. Blend thoroughly. Pour over salad. Mix gently until chicken is well coated, being careful not to break up orange sections. Chill at least 1 hour. Spoon into lettuce-lined bowl. Garnish with orange sections. Makes 8 servings.

#### **POPOVERS**

1 cup sifted all-purpose flour

3/4 teaspoon salt

2 eggs, well beaten

1 cup milk

1 tablespoon pure vegetable oil

Heat oven to 425°. Grease 9 sixounce custard cups or 9 cups of popover pan. Sift flour and salt together into mixing bowl. Combine eggs, milk and oil. Add to flour; beat with rotary beater until well blended. Fill prepared pans half full. Bake 40 to 45 minutes or until golden brown. Remove from pans. Serve immediately.

#### BLUEBERRY PUDDING CAKE

1/2 cup sugar
1 tablespoon cornstarch
3/4 cup water
2 cups fresh blueberries
11/2 cups sifted all-purpose flour
3 teaspoons baking powder
1/4 teaspoon salt
1/3 cup butter or margarine
3/4 cup sugar

1/2 cup milk

Combine ½ cup sugar, cornstarch and water in medium-size saucepan. Cook over medium heat, stirring constantly, until mixture comes to boiling. Boil 1 minute. Remove from heat. Add blueberries. Allow to cool 15 minutes. Heat oven to 375°. Sift flour, baking powder and salt together. Cream butter or margarine and ¾ cup sugar in medium-size bowl. Add flour mixture alternately with milk. Beat batter until smooth.

Pour blueberry mixture into 8x8x2-inch pan. Spread the batter evenly over blueberries. Bake 45 minutes or until cake is golden. Spoon into dessert dishes and serve warm with cream, whipped cream or ice cream, if desired. Makes 8 servings.



Chilled Watercress Soup\*
Jellied Parsleyed Ham\*
Cherry Tomato and Onion Salad
with Egg Dressing\*
Poached Peaches
Coffee

#### CHILLED WATERCRESS SOUP

- 3 tablespoons butter or margarine
- 2 bunches watercress, washed and coarsely chopped
- 3 cups thinly sliced potatoes (3 me-
- 4 cups chicken broth
- 1 cup light cream

Salt

Pepper

Melt butter or margarine in large saucepan over medium heat. Add watercress; cook, stirring frequently, until watercress is soft. Add potatoes and chicken broth. Cover. Bring to boiling. Simmer 20 minutes or until potatoes are tender. Put mixture through blender or food mill. Cool. Stir in cream. Correct seasoning to taste with salt and pepper. Chill thoroughly. Soup should be served icy cold. Makes

#### JELLIED PARSLEYED HAM

- 2 pounds cooked ham, cut in 2inch cubes
- 1 cup chopped onion (1 large)
- 1/4 cup chopped shallots or green onions
- 2 cloves of garlic, crushed
- 1 cup chopped parsley, stems reserved
- 1 teaspoon dried tarragon, crumbled
- 1 bay leaf

8 servings.

- 2 cups dry white wine
- 1/4 teaspoon pepper
- 2 envelopes unflavored gelatin
- 1/2 cup cold water
- 1 tablespoon vinegar

Salt

Pepper

Place ham, onion, shallots or green onions, garlic, parsley stems, tarragon and bay leaf in saucepan. Add wine, pepper and just enough water to cover. Cover. Simmer about 1 hour or until ham is very tender. Remove ham: reserve broth. Break meat with fork or chop coarsely. Toss with 1/2 cup chopped parsley. Place mixture in glass serving bowl, pressing meat down gently. Soften gelatin in cold water. Stir into broth. Bring to boiling. Cook 1 minute; strain. Correct seasoning. Stir in remaining 1/2 cup chopped parsley and vinegar. Pour over meat. Chill until firm. Unmold. Makes 8 to 10 servings.

## CHERRY TOMATO AND ONION SALAD WITH EGG DRESSING

- 2 pint baskets cherry tomatoes
- 1 teaspoon salt
- 1/2 pound small white onions
- 2 tablespoons cider vinegar

#### Dash of pepper

- 1/2 cup pure vegetable oil
- 1 hard-cooked egg, finely chopped
- 2 tablespoons chopped stuffed olives 2 tablespoons chopped parsley
- Cut tomatoes in half. Place in bowl. Sprinkle with ½ teaspoon salt. Let stand 1 hour in refrigerator. Peel onions; cut in ¼-inch-thick slices; separate into

cut in ¼-inch-thick slices; separate into rings. Reserve. Combine vinegar, ½ teaspoon salt, pepper and oil; blend thoroughly. Stir in egg, olives and parsley. Drain tomatoes. Arrange in bowl

with onion rings. Add dressing. Toss gently. Makes 8 servings.

#### POACHED PEACHES

- 8 firm, ripe peaches
- 1/2 cup sugar
- 1/2 cup orange marmalade
- 1/2 teaspoon vanilla
- 1 cup water

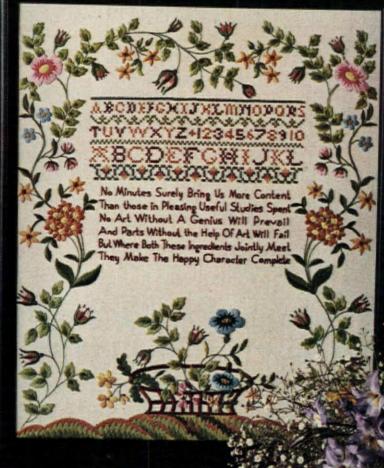
Place peaches in large saucepan. Add boiling water to cover. Simmer 3 to 4 minutes. Remove peaches; peel.

Combine remaining ingredients in a large, heavy saucepan. Bring to boiling; stir. Cook 5 minutes. Reduce heat. Add peaches; simmer until tender. Remove peaches to serving dish. Pour syrup over. Chill. Makes 8 servings.

# "Big enough to make the team. That's how big I want to be."

He'll never need Wonder Bread more than right now.





# CONTENT SAMPLEI

Have a picnic with this needlework! It's that delightful with its easy stitches that won't take forever to do. This "Content" Sampler was borrowed from a private collection and is, with its beguiling basket of flowers, one of the prettiest we have ever seen.

The airy, graceful openness of the design means less work. It is stamped on 100 percent Belgian linen to finish, size 141/4 by 17 inches. The frame, reproduced from a fine old 18th-century molding used on antique samplers similar to the one shown above, has a black mat finish and is also available. To order, use coupon below.

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mailing. Sorry, we are unable to handle Canadian or foreign orders. To avoid delays please indicate your zip code.

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## ICE CREAM BOMBES continued from page 73

Years ago, bombes were made of ice cream and water ice arranged in concentric layers in a mold. Today, the bombe is more delicate because the filling is a light mousse. Classically, mousse is made with whipped cream, but we have discovered that you can make an equally good one by substituting beaten egg whites for the cream. (And it is less expensive, with fewer calories.) You can use your favorite ice cream or sherbet in any of our recipes, but keep in mind that your choice should complement the mousse in flavor and color.

#### RASPBERRY-APRICOT BOMBE

1 quart raspberry sherbet
1 can (17 ounces) peeled apricots
½ cup sugar
3 egg yolks
2 egg whites

Chill a 6-cup plain mold 30 to 45 minutes. Soften sherbet slightly but do not let it melt. Line bottom and sides of mold with sherbet, using the back of a spoon to form it. Place in freezer until firm.

Drain apricots; reserve fruit. Combine sugar and ½ cup apricot juice in a small saucepan. Bring to boiling. Boil 5 minutes. Beat egg yolks in top of double boiler until light and pale yellow. Beat in sugar syrup gradually. Cook over hot, not boiling, water, beating constantly, until thick and smooth. The mixture should form a ribbon as it falls from the whisk. Remove from heat. Place over ice and continue beating until mixture is cool. Pit apricots; puree in a blender or food mill. Stir puree into egg

Pit apricots; puree in a blender or food mill. Stir puree into egg mixture. Beat egg whites until stiff peaks form. Fold into apricot mixture. Pour into lined mold. Cover mold tightly with foil or its own cover. Freeze several hours or until firm.

To unmold, dip mold into cold water. Put a plate over mold and invert it; lift off mold. Repeat if necessary. If sherbet starts to melt, put it in the freezer immediately. Decorate bombe with whipped cream, if desired. Freeze until serving time. Makes 8 to 10 servings.

MINT-ORANGE BOMBE

1 quart mint-chocolate ice cream

½ cup sugar

½ cup water

3 egg yolks



<sup>1</sup>/<sub>4</sub> cup undiluted frozen orange juice concentrate, partially thawed 1 tablespoon orange liqueur 2 egg whites

Chill a 6-cup plain mold 30 to 45 minutes. Soften ice cream slightly but do not let it melt. Line bottom and sides of mold with ice cream, using the back of a spoon to form it. Place in freezer until firm.

Combine sugar and water in a small saucepan. Bring to boiling. Boil 5 minutes. Beat egg yolks in top of double boiler until light and pale yellow. Beat in sugar syrup gradually. Cook over hot, not boiling, water, beating constantly until thick and smooth. The mixture should form a ribbon as it falls from the

whisk. Remove from heat. Place over ice and continue beating until it is cool. Stir in orange juice concentrate and orange liqueur. Beat egg whites until stiff peaks form. Fold into orange mixture. Pour into lined mold. Cover mold tightly with aluminum foil or its own cover. Freeze until firm.

To unmold, dip mold into cold water. Put a plate over mold and invert it; lift off mold. Repeat if necessary. If ice cream starts to melt, put it in the freezer immediately. Decorate bombe with whipped cream, if desired. (For chocolate cream, add 2 tablespoons chocolate syrup to each cup heavy cream before whipping.) Freeze until serving time. Makes 8 to 10 servings.



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City & State

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1	Enclosed is check or m.o. for
1	#8441 Pineapple Lamps @ \$2.98 (Add 35¢ post. each)
i	Name
1	Address
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## DEAR AMERICAN HOME

CHAIN MAIL

Your cool, summery June issue is most refreshing. But one thing puzzles me. Is that a chain I see running down the side of that handsome Harry Bates-designed house in "Privacy on a Peninsula"? If so, what in the world is it doing there and why?

(Mrs.) Georgette Spelvin Oneonta. N.Y.

Chain it is—and it's an old Japanese idea that Bates has borrowed. Instead of an unsightly drainpipe running down from the roof gutters, the chain is used. Water running from the gutters trickles down the chain, which is firmly secured top and bottom, creating lovely fluid patterns along the way. This slow, chain descent also diminishes the water's force. Result: no muddy holes in the ground from overflowing drainpipes.

#### **GENERATION GAP**

When a reed-slim, little 11-year-old announces, "No more bikinis—a tank suit, please," and then your June issue arrives with the bikinied mama ["The Good-Looking Homemaker: Prepare to Bare"], I've concluded there is something to be said for the generation gap!

Jane Nee Dallas, Texas

#### BABY BOOM GLOOM

If the college boy quoted in Jeanne Lamb O'Neill's May article, "Columbia: Gem of America's 'New Towns'," is "crazy about kids and plans to have 15 himself," I surely hope at least 13 of these will be adopted! Otherwise, there would soon be no room for homes, American or otherwise.

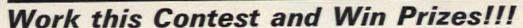
Mrs. William Runyan Ames, Iowa

Regarding your article on Columbia, Md., doesn't college-educated Tim Dyer realize that just outside his Disneyland lurks the rest of the world with its horrible population problem?

> Kelly Kolacki Cheektowaga, N.Y.

American Home is now offering a leaflet entitled, "The Endangered Earth —24 Insignificant Ways to Cause a Significant Change." One of (continued)

\$229.95 VALUE BRAND NEW ZIG-ZAG





#### ENTER THIS CONTEST AND WIN!

#### (2)—IST PRIZES

Brand New \$229.95 Value DRESSMAKER ZIG-ZAG 24 CAM Sewing Machines

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# Simply Unscramble The Words And Mail Today!

#### CONTEST RULES

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1. Any resident of the United States may enter except employees and suppliers of CITY SEWING MACHINE CO., Marysville, Ks., and their immediate families. Void where prohibited or restricted by Federal, state or

2. All entries become the property of CITY SEWING MACHINE CO., Marysville, Kansas.

3. Hurry, mail the entry form or a reasonable facsimile today! Winners of the Sewing Machines, Adjustable Dress Forms, Transistor Radios and Electric Scissors will be selected by drawing from among all correct entries. All prize winners will be notified by mail. All other persons entering this

contest will receive a coupon offer on a sewing machine.

- 4. Only one entry permitted from each contestant.
- 5. Decision of the judges is final.
- No representative will call or come to your home. Winners will be noti-fied by mail.
- 7. Entries must be postmarked no later than Aug. 29, 1970.

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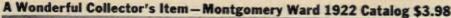
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#### 1922 MONTGOMERY Catalog

This wonderful Catalog is Roaring Twenties, Enjoy all the nostalgia of post WWI America through the vast collection of illustrations, photos, and copy depicting America's tastes and products of 1922.

and products of 1922.

Would you believe—a man's 2 pants suit (with vest) for \$12.95 . . . a woman's polo coat with fur collar for \$7.98 . . . and a boy's sled for \$1.48! And fashions! See the styles of the Flappers and the Sheiks, the course furnishings toys cars, etc. See America furnishings toys cars. plus the curios, furnishings, toys, cars, etc. See America on its wildest binge with prohibition booze, plenty of money and swinging people.

Autos were the rage as Americans took to the road

. . the Radio was brand new and Clara Bow led the flapper revolution.

The Ward Catalog is 670 pages and measures 9½ x 13" (the actual size of the 1922 Catalog) and has over 40,000 items carefully illustrated and fully described. A joy to read for young and old.

This great book makes a wonderful gift and at \$3.98 each, a lot more for the money than you can find today—the supply is limited so Order Today.



FULL COLOR



An antiperspirant that really works! Solves underarm problems for many who had despaired of effective help. Mitchum Anti-Perspirant keeps underarms absolutely dry for thousands of grateful users, with complete gentleness to normal skin and clothing. It will keep you drier than any anti-wetness agent ever put in an aerosol spray can! By anybody. This unusual formula from a trustworthy 57-year-old laboratory is guaranteed to satisfy or your drug or toiletry dealer will refund purchase price. So get the positive protection of Mitchum Anti-Perspirant, Liquid or cream. \$3.00, 90-day supply.

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Floral Arts Center (Home Study Division)
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#### DEAR AMERICAN HOME continued

the ways relates to your concern. For a free copy, just write to: Endangered Earth, American Home, 641 Lexington Ave., New York, N.Y. 10022. Single copies only-no bulk requests.

Letters to the editors should be addressed to Dear American Home. 641 Lexington Avenue, New York, N.Y. 10022

#### SHOPPING INFORMATION

Merchandise listed here is available in leading department and specialty stores. If you cannot find it, write to American Home, Reader Service, 641 Lexington Ave., New York, N.Y. 10022, for additional information. Retail stores are listed with their cities. Items not listed may be privately owned or custom made.

#### **NEW COLONIAL FOR NOW**

Pages 58-59: Oak, random-width, prefinished, Cathedral plank floors, by Bruce, Div. of Cook Industries, Inc. Wall and woodwork paint, Historic Newport Colors, Colorizer Paints (living room, Whitehall Parlor Red and Brick Market White; bedroom, Hunter House Dark Green and Rochambeau Green). Fabrics and area rugs, F. Schumacher & Co., and Waverly Div. (living-room fabric, Historic Newport Paisley; bedroom fabric, Clark. Both from the new group of Historic Newport Fabric Reproductions). Bedroom wing chair, Kittinger's Historic Williamsburg Collection; all other furniture, except coffee table and bedroom stool, Kittinger's Historic Newport Collection. Clock, Colonial of Zeeland: Delft candlesticks, chandelier and reproduction of primitive ship paintings, Newport Crafts, Newport, R.I.; Fire tools, Virginia Metalcrafters. Bedroom shutters, Joanna Western Mills. Tassel-fringe trimming, Conso Products.

#### AWARD WINNER AT UNDER \$20,000

(All paintings, Emerson Gallery, Inc., McLean, Va.)

Page 66: Blanket, throw pillows, rug, Design Research International, Inc., N.Y.C. Chrome and glass table, Scarabaeus Ltd., N.Y.C. Brown ceramic pot, orange candle, white floor pitcher, World Bazaar, Inc., McLean, Va. Yellow lamp, ceramic chrome vase, Bonniers, Inc., N.Y.C. Orange plastic tray, place mats, napkins, orange bowl, red lamp, Georg Jensen, Inc., N.Y.C. Rug, Scandinavian Muse, McLean, Va.

Page 68: Wastebasket, ashtrays, Bonniers, Inc., N.Y.C. Rocking horse, paper umbrella, World Bazaar, McLean, Va.

NOW THERE IS A FANTASTICALLY FAST AND SURE HIP, THIGH & WAISTLINE REDUCER!

The Miraculous New...

# SAUNA SHORTS

**GUARANTEED TO TAKE 3 TO 6 INCHES OFF YOUR HIPS, THIGHS & WAISTLINE** IN JUST ONE WEEK OR YOUR MONEY REFUNDED.

Here it is: The Brand New "Inches-off" discovery which is proving beyond doubt that you can take inches off your hips, thighs and waistline in just days—without dieting. Men and women alike are experiencing amazingly fast results with this new inches-removing method. Read what they say: B. W.: Montreal, Canada "I lost 61/2" in just 7 days with my fabulous new Sauna Shorts. Two inches from my waist, two inches from my thighs, and

the tape measure doesn't lie!" Mr. R. G.: Burbank, California

I wore my Sauna Shorts one day to mow the lawn, and after I was done, I found I had lost 2 inches the very first day! No more pleated pants for me. I look great in the new styles, if I do say so myself."

21/2 inches from my hips! I didn't believe it was possible, but

Mrs. L. J. S.: Miami, Florida

"You should see me doing the housework in my floral print Sauna Shorts. I've had such great results, it almost makes cleaning house worthwhile. Three inches gone in a week -three more to go!

J. L.: Paris, Texas

"I'm down to a size 9 pants from a size 11 and I owe it all to Sauna Shorts. All my clothes look much better on me now, and I feel great. I just wear my Sauna Shorts every two weeks or so now to keep in good shape (Literally!). Thanks for developing such an easy way to slim down,"

#### **HOW DO SAUNA SHORTS WORK?**

These incredible new Sauna Shorts are made of a veritable "bee hive" of air pockets that combine the benefits of your own personal Swedish Sauna with an amazingly simple exercise plan-all designed to work away your unwanted inches. Just slip into your Sauna Shorts as you would any shorts, and inflate them with the convenient, detachable air pump we provide you with (at no extra charge). Immediately, you'll feel a gentle massaging action, a comforting warmth and unique support. You'll feel these hundreds of tiny air each with its own individual pressure point snuggling up to you, tighter and tighter. When you feel the resistance is appropriate put aside the air pump and feel the comforting sauna-like warmth and support these tiny air pockets bring. How can something that's working off inches feel so good? It's almost cheating! We'll also send along instructions for three simple

exercises you will perform in order to pinpoint inchesremoval from your hips, thighs or waist—or all three at once. The exercises take just a few minutes. Then, you'll keep your Sauna Shorts on while you relax or go about your regular routine. They're not heavy like many so-called reducing devices. Sauna Shorts work on the principle of creating resistance to natural movement-

somewhat like isometric exercises-Women's regular Sauna Shorts,

for hins

\$995

and thighs,

Women's long-line Sauna Shorts, for hips, thighs and waist,

\$1495

Men's Sauna Shorts, available in regular or long-line.

\$995 or \$1495

except that you don't have to do the work! Sauna Shorts are designed to make your every movement (even breathing) an exercise for dissolving inches. After you remove your Sauna Shorts, you'll feel slimmer, firmer-even after just one wearing. Many people report a loss of inches the very first day!

#### **WEAR YOUR SAUNA SHORTS FOR 1 WEEK!**

Provided you actually have excess inches which you can afford to lose, we recommend your wearing Sauna Shorts for about half an hour or so every day. Many persons have lost as much as 4 inches from just one session with the Sauna Shorts. And you may use your Sauna Shorts with the single exercise plan on a regular basis. You'll be able to maintain a firm, trim and youthful figure. The results obtained, this first week, will differ among individuals depending upon physical factors. But from the amazingly effective results users are now experiencing, we're prepared to make you this outstanding money-back guarantee: Wear your Sauna Shorts for 1 week. If you are not completely satisfied and/or if you have not lost from 3 to 6 inches, you may return them for a 100% prompt refund.

#### TWO DIFFERENT TYPES TO CHOOSE FROM ... BOTH INCREDIBLE BARGAINS!

Choose the regular Sauna Shorts for reducing hips and thighs-just \$9.95. For hips, thighs and waistline reduction, select the long-line Sauna Shorts... only \$14.95. And remember, these Sauna Shorts are not sold in any store. They are not available elsewhere-at any price! They are available exclusively from SAUNA SHORTS, INC. in an attractive floral print pattern for ladies and in handsome navy blue for men.

#### MONEY BACK GUARANTEE

TOTO TO TO TO TO TO TO TO TO TO TO

So thoroughly convinced are we that you will consider Sauna Shorts the most convenient, rapid and amazingly effective reducer for the hips, thighs (and waistline), we are offering you this unconditional money back superantee. guarantee:

Man or woman, if your total inches-loss does not equal or exceed 3 to 6 inches in just one week, you may return your Sauna Shorts for a prompt, total refund—no questions asked.

so, if you want a slimmer, trimmer, more youthfully sleek look now, order your amazing new Sauna Shorts today! You have nothing to lose but inches! There is nothing like Sauna Shorts anywhere!

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P. O San	. Box 1 Fernando, Ca	difornia 91341		
Plea	se send me_ to understar	SAUNA SH	ORTS s and	with quick

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MI

sy to understand instructions and quick exercise ans. I understand that if I don't lose a total of 3 to 6 plans. I understand that if I don't lose a total of inches (hips, thighs, waist) in just one week, I can return the sauna shorts and air pump for a full refund.

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  Mens (I am enclosing \$14,95 for each
  Ladies | long-line Sauna Shorts.

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JEC EL



#### Snack scoops

Old country store scoops were a must for staples. Now, they shovel their way into the snack scene as ideal containers for candy, nuts, or chips. Set of three (10, 12, 15½ in.) in satin-smooth hardwood. With flat bottoms, stack or hang them by leather thongs. \$5.99. Breck's, W40 Breck Bldg., Boston, Mass. 02210.



#### Made of gingham, too

Yes, tra la, and red checkered, of course. Easier to care for than in grandma's day, these cheery tiers are made of drip-dry, 100% cotton to let you care-less. Tiers are 74 in. wide per pair. 25, 30, 36 in. long, \$6 a pair. Matching valance, 10x74 in., \$2.50 each. Country Curtains, Dept. AH-8, Stockbridge, Mass. 01262.



#### Best foot forward

Step lively in a foot-flattering casual with zig-zag design vamp. In glove-soft leather with wedge heel and sensible, roomy toe. In natural, black or white. Full and half sizes: 4–10 M, 5–10 N, \$7.95. With higher wedge, \$9.50. Add 60¢ postage. Old Pueblo Traders, 600-A8Z So. Country Club Rd., Tucson, Ariz. 85716.

LYNN HEADLEY-Editor

# AMERICAN HOME MARKET PLACE



#### Tiger

A magnificent reproduction of *Tiger* by Hug is now available on artists' canvas. In browns, blues and yellows on red background, this majestic print yearns to overlook a fireplace or enhance a den. 22x28 in. \$5.95 plus 45¢ postage. Lambert, Dept. 225, 910 N. La Cienega Blvd., Los Angeles, Calif. 90069.



#### Americana miniatures

Antique mini bottles in a variety of shapes and designs are eye-catching replicas of museum Americana. Lovely in amber, green and ruby colorings with bas-relief printing, nectars and elixirs. About 3 in. high. Set of 6, \$2.98. Add 25¢ postage. Lillian Vernon, Dept. AA1, 560 So. 3rd Ave., Mt. Vernon, N.Y. 10550.



#### Eagle place mats

Set an elegant table with cotton mats in a reversible light-and-dark background design of a large eagle. 17½x12½ in. In 2-tone blue, red, gold or moss green on white. 4 for \$4.50; 6, \$6.75; 8, \$8.85. Add 50¢ postage. Catalog, 25¢. Sturbridge Yankee Workshop, AH1 Brimfield Tpke., Sturbridge, Mass. 01566.



#### At home on the range

La Bisquera provides a new way to pan broil and tenderize on your stove without fat, grease or water. Porous earthenware draws off fat and bitter acids; meat, fish and poultry keep moist simmering in own juices. Recipes. \$7.98 plus 75¢ shipping. Maison Michel, AH-8 Michel Bldg., Hicksville, N.Y. 11802.



Woodland cover kit

Create a perky pillow cover in a woodland medley of a rabbit, squirrel, frog, snail, butterfly, bee, lady-bug and flowers. Kit: design on natural linen for front and back of 14x14 in. pillow; colorful crewel yarns, green cording, zipper, needle, instructions. \$5.50. The Stitchery, AH-8, Wellesley Hills, Mass. 02181.















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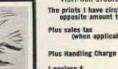






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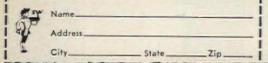
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#### Know your onions

And potatoes, for that matter. Stash them in attractive sacks silk-screened with identifying motif. Sturdy, woven cloth permits air to circulate for retained freshness. Potato sack, cherry red; onion in navy blue. \$3.98 each plus 50¢ postage. Maison Michel, AH-8 Michel Bldg., Hicksville, N.Y. 11802.



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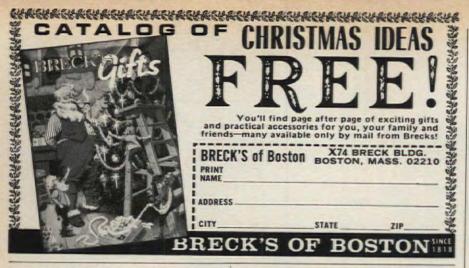
The art of yesteryear comes vibrantly alive in this magnificent collection of Old Fashioned decorator decanters. Original handblown glass has become a prized collector's item, its direct and honest beauty bringing a classic charm to any setting. Washed by the light from a window the clear, liquid topaz, deep cobalt blue and limpid seagreen glass glows with a warm internal beauty. Among the designs in this collection are the Benjamin Franklin decanter, the Liberty Bell Medicine Bottle, the Dolphin jug and nine more just as famous. Limited editions of these decanters sell for up to \$25.00 or more, and the 12 in this collection represent the most precious designs in the history of American glass making. A superb decoratng collection, you'll want to order several sets as special gifts.

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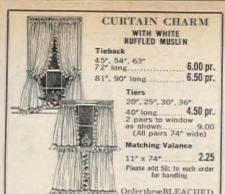
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#### Creative cakes

It's fun to decorate your own cakes, such as this golf motif cake. Cake and Decorating Book shows how simple it is to do flowers, leaves, borders, etc., to decorate cakes, hors d'oeuvres for parties. 194 pages of step-by-step instructions. \$1. Wilton, Dept. AH-80. 833 W. 115th St., Chicago, III. 60643.



#### Per-mitts profits

Here's a hot tip on a cool way to raise funds for your organization: sell Oven Mitts. Teflon-treated on the palm, they are 13 in. long in colorful prints. You can raise \$81 to \$540 in two weeks. Guaranteed profits. For details: Abigail Martin, Dept. 202E, 1113 Washington Ave., St. Louis, Mo. 63101.



#### Off the beam on seams?

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#### A sign of good taste

Patriotic scarf, by famous Vera plus the equally famous signature worked into the red, white and blue fabric, comes with an American Eagle Ring to embrace it. Rayon and silk scarf is 23 in. sq.; antique silver ring, 11/4 in. sq. \$4.95. Sturbridge Yankee Workshop, Dept. AH1, Sturbridge, Mass. 01566.



#### Tasty needlework

Herb Garden crewel kits include design-stamped oyster Belgian linen, wool, needle, instructions. Chives, Thyme, Dill, Mint, Rosemary, Oregano. 8x8 in. \$1.50 each. Wood frame in maple, red, or green finish. \$1 each. Add 35¢ postage. Victoria Gifts, 12 A Water St., Bryn Mawr, Pa. 19010.



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Litter is dried by screen filtration and ventilation — liquid filters thru screen into pan and evaporates! Spray prevents odors, keeps litter fresh. Scoop removes solids. Big 19" x 14" x 6". F2054 Cat Jon (scoop, spray incl.) \$7.95



**HOME HAIRCUTTER SAVES \$\$** 

Keep that fresh groomed look without barber shop visits. Just comb through hair to trim or shape. Safe, too — no electric wires or exposed blades. Sturdy plastic; uses standard double-edge blades. F1059 Home Haircutter . . . . \$1.98



BRASS SOCIAL SECURITY PLATE

Your name and number permanently engraved on rich-looking solid brass plate. Virtually indestructi-ble; can't wear or tear like paper! Gives you positive identification for life. Fast 48-hr. service. P4004 Social Security Plate.



RETURN ADDRESS TAG FOR PET \$1

No need to worry about your pet getting lost! This lifetime return address tag shows the pet's name. plus your name, address and phone number-all engraved in polished stainless steel, 48-hr, svc P4008 Pet Return Address Tag. \$1



VACUUM TAKES OUT BLACKHEADS!

Don't squeeze and injure skin - let Vacutex re move blackheads gently. Just put tip on blackhead, press pump — blackhead is gone! This is the genuine Vacutex - not an imitation, Guaranteed! 

for a more glamorous you



F5068 "Lovable Legs" tm.



50 PERSONAL NAME TAPES \$1

Low-cost way to mark clothes for school, camp, gym. Printed in indelible red ink on white tape. Laundry proof. Letters are 'h''' high. 48-hr. service. P4006 50 Sew-On Name Tapes \$1 P4007 50 Iron-On Name Tapes \$1



YOUR OWN POCKET PRINTER \$1

Print your name and address (or any 3 lines) on stationery, books, advertising. In compact, selfinking case for pocket or purse — always handy when you need it! Use at home, office, school. P4009 Pocket Printer



SHOW OFF YOUR FAVORITES!

Roto-Photo lets you flip to your favorite snapshot easily! No gluing or mounting. Just slip photos (up to 3½"x5") into protective transparent windows on sturdy base. Windows for 160 pictures included \$2045 Roto-Photo File



12 PERSONALIZED PENCILS 69¢

Any first and last name, beautifully imprinted in gold on high quality Venus pencils. Kids love em because they're personalized. Great for school, home, business. Full size; no. 2 lead. 48-hr. svc. S854 Set of 12 Pencils



500 RETURN ADDRESS LABELS 504

Quick, easy way to put your name & address on letters, books, etc. Any name, address & Zip code up to 4 lines printed in black on white gummed labels; gold trim. Free handy box. 48-hr. service 5714 500 Labels .



MAKE BIKE AN INDOOR SLIMMER!

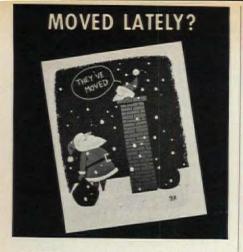
Just attach bike wheel to this heavy tubular steel stand; raise or lower wheel against rollers to get everything from easy "on-the-level" to vigorous "up-hill" pedaling. Fits any 26" or 28" bike.

F6061 Bike Exerciser ..... \$9.98



or even a 35mm color slide . . . and have it en-larged into a giant 2-foot by 3-foot black and white wall poster. Comes rolled in a mailing tube to prevent creasing. Your original returned safe and sound. A real conversation piece for any room or office Fast 5-day service. D5009 Giant Photo . . . . . \$3.98

Colorad Colo Colo Send for F	rake & Sons ske Building lo Springs, . 80901 REE CATALO	SATISFACTION GUARANTEED OR MONEY BACK!  NAME		
ITEM NO.	HOW MANY?	NAME OF ITEM	PRICE	
		Colorado residents add 3% sales tax TOTAL	BANK NO.(at	



#### GIVEN ANY THOUGHT TO SOLVING THIS PROBLEM?

Well, tax your weary mind no more — solve it easily, economically (AND serve two purposes) by sending your friends our new, original-design "We've Moved" Christmas Cards, imprinted with your name & NEW address, to save YOU time and trouble. Choose from 5 clever designs, each specifically aimed at telling your friends you've moved, and making sure you receive your mail. Send name and address to receive FREE FULL-COLOR BROCHURE on these expertly designed cards. Even if you're not moving, send for future reference!

#### CURRENT, INC.

Dept.T-52, Box 2020, Colorado Springs, Colo. 80901



#### 3 SENSATIONAL OFFERS IN ONE - ONLY 10c!

- 1. Genuine centennial postage stamp as illustrated picturing first U.S.A. issued in 1847!
- 2. Big collection 25 all-different United States Ancient 19th century, \$5.00 stamp, etc. etc.
- 3. Collection of prized Commemoratives: War of 1812, Civil War Centennial, Wild West, many others.

PLUS exciting offers from our Approval Service. Buy any or none, return balance, cancel service any time - but all 3 above offers are yours to keep.

Rush name, address, zip and 10g - TODAY

H. E. HARRIS, DEPT. C-678, BOSTON, MASS. 02117



Luxurious look of hammered black wrought

iron, yet made of weather resistant hi-impact plastic for a lifetime of indoor or outdoor use. Full 30" wing span. Perfect over a garage, or overhang. At home mounted on a favorite wall. Order #212.

Only \$1.98 +35¢ pp.

Send check or M.O. Satisfaction Guaranteed AMTECH CREATIONS, INC., Dept. AH-8 108 New South Rd., Hicksville, N.Y. 11802

#### **ADJUSTABLE** T.V. POLES

Hold your portable T.V. right where you want it without awkward tables stands. Takes any width, up to 14" deep. 17" high. Black decorator pole has spring tension rod to adjust to 7½ to 8½ ft. ceiling heights. Can be set up in Hi or Low position. Hi position is great for reclining watch-

\$11.95

We ship in 8% hrs.
Extension for higher ceiling, add \$1.00

Write for FREE catalog

Holiday Gifts

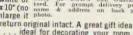
Dept. 608-C 7047 Pecos Street Denver, Colo. 80221

#### We'd like to BLOW YOU UP

into a

#### GIANT 2 FT. x 3 FT. POSTER

New Jumbo Poster from any favorite snapshot of 2 ft. x 3 ft. \$4.50 yourself, a happening. 20 in. x 24 in. \$3. code the boy you like . . 3 ft. x 4 ft. \$7.50 yourself, a heppets, the boyyou like . . 3 ft. x 4 ft. \$7.50 any subject, any occasion. plus 50c es. poetage, handling Send any black & white or Sorry no COD's Set. Cuaran Color photo up to 8"x10" (no teed, For prompt delivery pure color photo up to 8"x10" (no teed, For prompt delivery on negatives). We'll enlarge it photo. e address on back to negatives). We'll enlarge it photo. The service of the service o



The Blow Yourself Up Co., Dept. A-870 663 Fifth Avenue-NYC 10022

Please send me . . . posters ☐ @ \$4.50 ☐ @ \$3.50 ☐ @ \$7.50 plus 50c ea. for postage & hdig.

Address City .. State.....Zip.....



#### SNORE NO MORE

Scientifically designed anti-snore mask insures sound, silent sleep. Washable nylon mask fits over chin, keeps jaws closed, prevents snoring by encouraging proper breathing. Adjustable to fit men, women.

Satisfaction guaranteed.

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Place self-sticking one-inch diameter
American Flags on stationery, checks, receipts, car windows, anywhere. Fully colored and printed
"United We Stand". 10 to a page.
110 self-sticking decals, \$1.00;
220/\$1.75; 550/\$3.50. Ppd.

Patriot House, Dept. AH

Box 584, Mahwah, N.J. 07430.

IF YOU WOULD LIKE TO FIND OUT HOW TO PLACE AN ADVERTISEMENT AMERICAN HOME MARKET PLACE, WRITE:

AMERICAN HOME MAGAZINE, DEPT. MP 641 LEXINGTON AVE., NEW YORK, N.Y. 10022





#### My son the slugger

Batting machine makes a Little Leaguer feel like a pro. Works on flashlight battery (not included) and automatically pitches hollow ball (11/2 in.), which can be safely hit inside or out. With 14-in. polyethylene bat, 10 balls. \$4.98 plus 75¢ postage. Hobi, AH-8, 35 Engel St., Hicksville, N.Y. 11802.



#### Ceramic candle holders

Old-fashioned "Blue Onion" candle holders were originally used to light the way through dark, drafty hallways. Today, they make delightful decorations for a fireplace, or any place. 5 in. high. Pair, \$2.98 plus 25¢ postage. Colonial Studios, Dept. BOE-16, White Plains, N.Y. 10606.



#### A good start

Vis-Arc-Tronic power machine starter gives instant starts for all power lawn mowers. No irksome starts and stops, flexible metal device intensifies the spark to insure fast, easy starts. 21/2 in., fits all plugs. For all motor-driven equipment. \$1.99. Breck's, W41 Breck Bldg., Boston, Mass. 02210.



#### Easy to digest

Friendly Neighbors is chock full of ideas for the homemaker. A helpful magazine in digest size, it includes sewing and handicrafts news and patterns, recipes, reader exchanges, original verse, garden plans and more. 1 year (12 issues), \$3. Friendly Neighbors, Box 412-158, Danvers, Mass. 01923.

YORK DOCTOR DISCOVERS A DRAMATIC NEW BREAKTHROUGH TO CURE OVERWEIGHT. 10,000 PATIENTS LOSE POUNDS AND INCHES QUICKLY AND SAFELY WITH NEVER BEING HUNGRY.

# ost 85 lbs. of ugly fa only 2 short months

YES, THIS IS MY ASTOUNDING STORY OF HOW I LOST 85 POUNDS OF EXTRA WEIGHT IN ONLY 60 DAYS ... NO DIETS ... NO CALORIE COUNTING ... NEVER HUNGRY AND COMPLETELY SAFE.

In the summer of 1967 I noticed a report written by a New York Doctor who was specializing in Internal Medicine. The doctor wrote that he had helped 10,000 overweight men and women to lose all the weight they desired. These people included Doctors, Nurses, Dieticians, Life Insurance Experts, Actors, Models, and others who had Never Been Able to Reduce Successfully No Matter How Hard They Tried. Yes, these people were permitted as many meals as they wanted — No calories to count. They are as much or more than ever . . . Were never hungry AND TO EVERYONE'S AMAZEMENT SAW POUNDS MELT AWAY WITH UN-BELIEVABLE SPEED IN THE FIRST 3 DAYS OF FOLLOWING THIS METHOD. Some people actually LOST 25 POUNDS THE FIRST WEEK. After carefully examining the medical report, I decided to give this Doctor's Method a try.

I STARTED TO FOLLOW THIS DOCTOR'S SENSATIONAL PLAN AND TO MY UTTER AMAZEMENT I LOST MORE WEIGHT IN THE FIRST 3 DAYS THAN IF I HARDLY EATEN ANYTHING AT ALL. After seeing such amazing results in ONLY 3 DAYS I continued on — NEVER HUNGRY EVEN ONCE — to lose a total of 85 pounds in only 2 SHORT MONTHS. Never once did I suffer any ill effects from this quick and Dramatic Weight Loss. I had tried many times before to starve myself to lose weight but with this method — with no calories to count and with the big weight loss the very first week gave me the confidence I needed to continue on. Now I can Lose Weight as quickly as I desire and so can you. YES! The more I ate to satisfy my body the more weight I would lose. Now even though I love to eat I have no problem to keep my weight down to what it should be. I urge every overweight man or woman to start my method immediately for those extra pounds and inches are impairing your appearance, your health AND endangering and shortening your life span. OBESITY IS THE NUMBER 1 HEALTH HAZARD IN AMERICA TODAY! YES, THOSE EXTRA POUNDS WILL KILL YOU . . . SLOWER FOR SOME . . . QUICKER FOR OTHERS.

#### NOW! EAT UNTIL YOU ARE FULL AND LOSE POUND AFTER POUND!

The pounds actually melt away before your eyes with dramatic weight loss in only 3 days. You'll feel healthier, look better and get back that vitality that you once had.

#### I ATE AND ATE THOSE EXTRA POUNDS AWAY AND THE MORE FOOD I FELT I NEEDED TO SATISFY ME, THE MORE WEIGHT I WOULD LOSE!

Could this be possible? Well, it certainly was for me and hundreds of thousands of other men and women like myself who starved and de-prived themselves of the food and nourishment prived themselves of the food and nourisament they needed. Now with this New Method it is possible for you to maintain your proper weight without depriving yourself of good healthful filling meals. AND BEST OF ALL DON'T COUNT CALORIES! I can't tell you what a blessing this method was to me and what this same method I used can do for you.

#### THIS AMAZING METHOD HAS NOW BEEN USED BY THOUSANDS OF PEOPLE LIKE YOURSELF ALL OVER THE UNITED STATES WITH 100% SUCCESS. SATISFACTION, AND WITH COMPLETE SAFETY

Yes, by following this simple method you can actually lose as little or as much excess weight as you desire. All you do is follow my simple directions.

I call my Method ANAPAX. Yes, The ANAPAX Method was the end of my over-

weight problem and the answer to Hundreds of Thousands of other people, male and female alike that really wanted to look years younger, live longer and get back that pep and energy they once had . . . and it can be yours too.

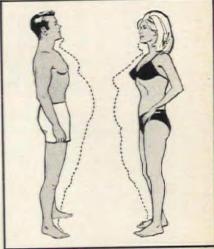
#### THANKS TO THIS FAMOUS DOCTOR'S DISCOVERY THE BENEFIT OF LOSING WEIGHT AND KEEPING IT OFF PERMANENTLY WITHOUT REALLY TRYING CAN NOW BE YOURS

Here's how simple it is to actually do what I've been talking about this far . . . YES to END been talking about this far . . . YES to END THAT FAT PROBLEM FOREVER!! Simply follow the ANAPAX METHOD. All

you have to do is to take 3 of my special tablets daily, one before each meal, follow the enclosed simple method . . . and that's all I ask you to do. ANAPAX Method will do the rest and Fast. Results guaranteed in only 3 days believe it or not. Trim down quickly and safely as I did to almost half the size I was, I felt and looked like a completely different person with perfect proportions. And not only did I feel years younger but people I hadn't seen for 2 or 3 months hardly could recognize me without my usual bloated appearance.

DRAMATIC WEIGHT LOSS OF 25-60-90-POUNDS OR MORE CAN NOW BE ACCOMPLISHED IN JUST 60 DAYS OR LESS — WITH STARTLING RESULTS IN THE FIRST 3 DAYS OF USING MY FANTASTIC METHOD

The ANAPAX Method is not only the best



HERE IS THE UNBELIEVABLE RATE AT WHICH THE POUNDS AND INCHES DISAPPEARED:

I LOST 35 POUNDS IN THE FIRST 2 WEEKS AND BY THE END OF THE 2ND MONTH (60 DAYS AFTER I HAD STARTED THE PLAN) WAS 85 POUNDS LIGHTER. YES! I LOST 85 POUNDS IN ONLY 60 DAYS.

weight reduction Method available to the public today but many of the foremost personali-ties in the theatre, show business, movies, etc. are losing pounds and inches with no effort at all for the first time in their lives.

WE ALL KNOW IF YOU STOP EATING COMPLETELY THAT YOU CAN LOSE WEIGHT.
BUT YOU'LL MAKE YOURSELF SICK, UNCOMFORTABLE, AND ROB YOUR BODY OF ITS VITAL NEEDS . . .

... this is all in the past - losing all the weight you desire can be a simple, fast and safe experience for you by just following the ANAPAX METHOD.

#### **GUARANTEED RESULTS IN JUST 3 DAYS** OR YOUR MONEY REFUNDED IN FULL

Take advantage of the ANAPAX Method today! The longer you wait the more you're damaging your health and well being. Take advantage of my 3 Day Trial Absolutely Free. Remember if you don't see the results immediately. diately your money back. I'm not saying that the ANAPAX Method may work for you... I say the ANAPAX Method WILL work for you... or it costs you nothing. Try the ANAPAX METHOD at my right today while PAX METHOD at my risk today while the supply is still available.

# READ MY AMAZING **NO-RISK GUARANTEE CAREFULLY:**

- 1. You MUST see pounds and inches start disappearing the 1st 3 days.
- 2. You MUST never feel hungry at all.
- You MUST see faster results than you have ever witnessed before.
- 4. You MUST feel and look better the first week.
- 5. You MUST lose the amount of weight you desire - or return the unused portion for a complete refund.

ANAPAX PRODUCTS

PLEASE FILL IN ENCLOSED INFORMATION BLANK AS TO HOW QUICKLY YOU DESIRE TO LOSE WEIGHT.

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I would like to lose pounds in 7 days. I would like to lose pounds in 14 days. I would like to lose pounds in 21 days. I would like to lose pounds in 28 days. I would like to lose pounds in 60 days. I would like to lose pounds in 90 days.

#### SHIPPED IN PLAIN WRAPPER!!

ANAPAX PRODUCTS, Dept. 884 P.O. Box 194, Ryder Station, Brooklyn, N. Y. 11234

Enclosed is my payment in FULL for your wonderful ANAPAX Method. I understand that if I do not Lose pounds and inches after following your ANAPAX Method . entitled to a refund of the complete purchase price.

☐ Check ☐ Money Order Enclosed is: ☐ Cash

- 30 DAY Supply of ANAPAX only \$5.98
  60 DAY Supply of ANAPAX only \$10.00 (Save \$2.00)
  90 DAY Supply of ANAPAX only \$15.00 (Save \$3.00)
- 120 DAY Supply of ANAPAX only \$20.00 (Save \$4.00) Name.

Address City\_

SORRY ... WE DO NOT SHIP C.O.D. ORDERS

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# Colonial Mini-Hutch With 6 Early American Utensils



Finely detailed copper and brass miniatures of utensils used by colonial housewives, displayed as tiny jewels in a 2-shelf maple "mini-hutch." Coffee-grinder, fireplace pots, etc., familiar household appointments of "yester-day" in 1"-3" sizes. Shelves are 2" deep and hutch is 7½x6½". Utensils may vary from those shown, but all are authentic replices of pieces hand made authentic replicas of pieces hand made during the revolutionary war. Entire set only \$6.98.

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Impish full color circus animal cutouts brighten any room. Children love the 8 whimsical 2 ft. tall animals, yard of tent poles and canopies, stars, balls, etc. Complete 48 pc. set only \$3.98 ppd.

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3814 Greenland Bldg., Miami, Fla. 33054

Please send me \_\_ \_#8889 Mini-Hutches @ \$6.98 plus 65c post. ea. If I am not delighted I may return for a complete refund. Enclosed check or m.o. for

Send C.O.D. I enclose \$1. goodwill deposit and will pay postman \$5.98 balance plus all postal charges.

Name

City\_

State\_ Zip

## Coin bargains

Take any or all: 1.) China Dollar, only 10¢.

2.) Bright uncirculated US Silver Dollar over 80 years old, only \$3.00.

3.) Collection of 25 different uncirculated foreign coins only \$1.00! 4.) Large gold-like Apollo medal, 60¢. 5.) Set of six different wooden nickels only 50¢.

6.) Set of 3 different bank notes from Indonesia at bargain price of 25¢. (SAVE \$1.45—order set of all six above items, worth \$5.45, for only \$4.00! Limit one set of six to a customer.) Also large illustrated catalog free.

Littleton Stamp & Coin Co. Inc.

Littleton Stamp & Coin Co., Inc. Dept. TS-2, Littleton, N. H. 03561.



#### Make Wine at Home

Federal law permits heads of households to produce, tax free, up to 200 gallons of wine annually for home use. All new VINO KITS include complete equipment for easier-than-ever wine making... reuseable fermenting/aging tanks, compact water-seal valves, and a saccharometer to scientifically measure sugar content for finest wines every time.

23-page booklet with all-season recipes provides practical instruction foryear roundenjoyment of this fascinating hobby! Satisfaction guaranteed if used as directed.

Standard Kit (Reuseable, 10-bottle capacity) 56.98

Standard Kit (Reuseable, 10-bottle capacity) \$6.98 Master's Kit (Reuseable, 35-bottle capacity) \$9.98 Citation Kit (Reuseable, 75-bottle capacity) \$12.98 ino corp. (No C.O.D.'s)

Box 7885-BG Rochester, N.Y. 14606



#### Sentinel storage chest

Any little prince or princess adores this charming "Buckingham Palace Guard" chest to hold and hide toys, books and games. Strong fibreboard in red, blue, black and white. 40x24x 14 in. Assembles easily. \$7.95 plus \$1 postage. Amtech, Dept. AH-8, 108 New South Rd., Hicksville, N.Y. 11802.



#### Worth how much?

Your child's photo may be worth \$300, or may win the Front Cover Prize Award, National Advertisers want children's photos-all ages to 19 for use in magazines. Send 1 photo for approval. Print child's, mother's name, address on back. CPR, Dept. AH8, 216 Pico Blvd., Santa Monica, Calif. 90405.



#### Memory mugs

Currier & Ives scenes appear on the front and back of these lovely mugs. Reproduced in blue and white on glazed ceramic, each has a different scene. Fluted bases permit neat stacking and easy storing. Dishwasher safe. Set of 4 mugs, \$1.98. Breck's, W43 Breck Bldg., Boston, Mass. 02210.



#### Leather-look stallion

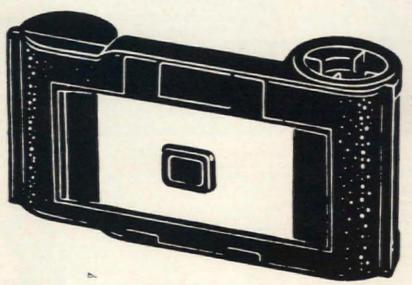
The golden earth tones in this handsome painting of a stallion are enhanced by the textured look of saddle leather. You can actually see the grain. 20x26 in. Reproduced on fine art stock. \$3; 2 for \$5 ppd. Colonial Studios, Dept. LSE-6, 20 Bank St., White Plains, N.Y. 10606.

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TO ALL OWNERS OF ANY MAKE OR MODEL CAMERA THAT USES

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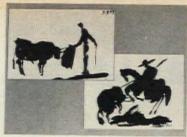
WRITE , .. MEPHERSON, INC. BOX 15133 TAMPA FLA 33614



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#### MAKE YOUR WILL?

Why delay? Get 4 WILL FORMS and complete 64-page booklet about WILLS, written by a nationally known attorney. Just send \$1.00 to Legal Forms Company, Dept. 146, 1830 Guardian Buildian Detroit. Miskingn 4893



#### Pair by Picasso

Toros and Moment of Truth bullfight prints make an impressively imposing pair on any wall. Black and white silk-screen on canvas. 18x24 in. Nice to show under glass on a coffee table. Set, \$7.90 plus 45¢ postage. Lambert, Dept. 226, 910 N. La Cienega Blvd., Los Angeles, Calif. 90069.



#### Keep track 'n trim

Do it with a helpful diet duet: a food scale and calorie chart to keep close track of what you eat. Chart lists 713 foods and their calorie equivalents. Weigh the portion, check the chart, and stick to it! \$1 plus 25¢ postage. Holiday Gifts, Dept. 608B, 7047 Pecos St., Denver, Colo. 80221.



#### Woman talk

Mi-Fair Lady French Cradle Phone is lightweight, lovely, and designed to save space. White with sald free



10 Martine Ave., White Plains, N.Y. 10606

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		(Please Print)
Address		Apt. No.
City	State	Zip Code

NO STAMP NEEDED Do Not Cut Here Fold Here Y You Must Seal (Scotch Tape or Glue) and MAIL

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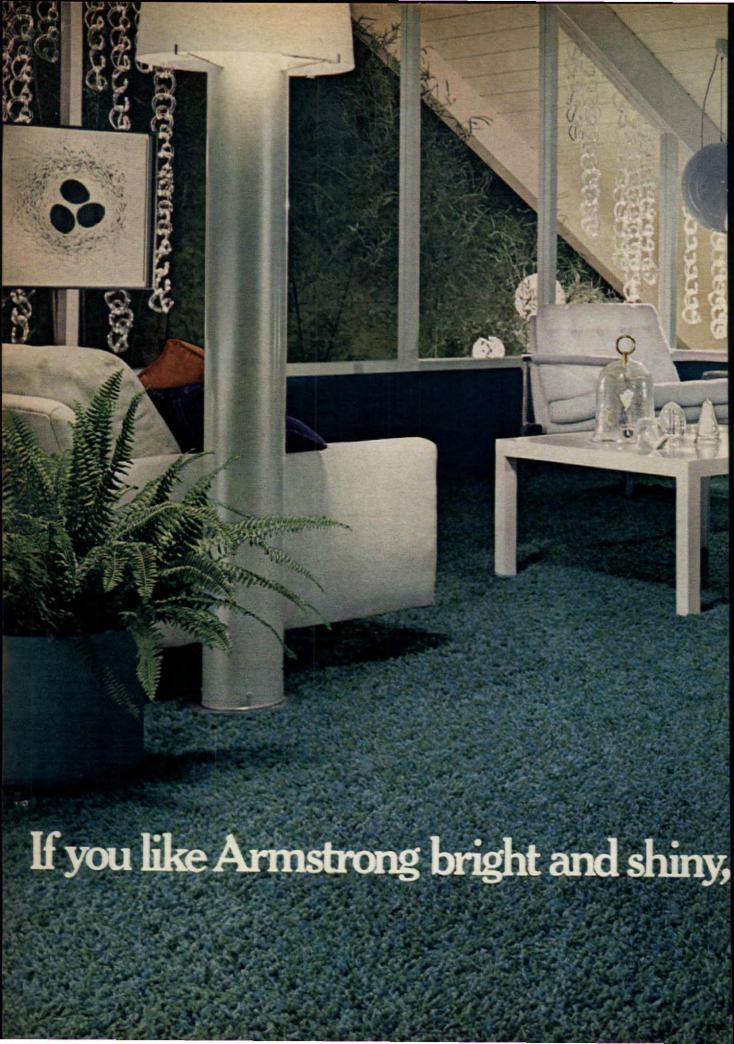
can afford. It's so easy, too...they sell just by being shown! Send the coupon for your FREE big, beautiful Album of actual samples of these fast-selling Special Value Personal Christmas Cards! Mail coupon TODAY!

ORGANIZATIONS: Churches, clubs, veter-ans' auxiliaries, etc. can now add hundreds of dollars to their treasur-ies with these fast sell-ers. Give organization name on coupon for Fund-Raising Plan. Mail the coupon—TODAY!

GET FREE 80 PAGE CATALOG TOO! To help you make even more money, we will send you a Free catalog of other money-making items including exciting household items and gifts!

Wallace Brown

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# you'll love Armstrong thick and shagg

Now Armstrong is in the carpet business, with a whole new world of carpet business, with a whole new world of carpets called the Lancaster Line. Shaggy carpet, like the one shown here (an exciting, random multicolored shag called the Fourth Dimension). Plush carpet, Carpet with a sculptured mitth any room.

colors to go with any room.

And Armstrong has taken the worry out of choosing fibers. There's no more con-

fusion about different fiber types and brands. Armstrong selects the fiber best suited to the particular carpet—and then identifies each fiber with an "Armstrong Approved" label. All you need to worry about is choosing the right color. (Take your time. There are more than 275 Armstrong carpet colors to choose from) Armstrong carpet colors to choose from.)

See the new Armstrong Lancaster Line of carpets. Call this number, toll-free, and

get the name of the Lancaster Line carpet dealer nearest you: (800) 243-6000. In Connecticut, call: (800) 942-0655.

Furniture by Founders, a subsidiary of Armstrong

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