

ON GUARD . . .

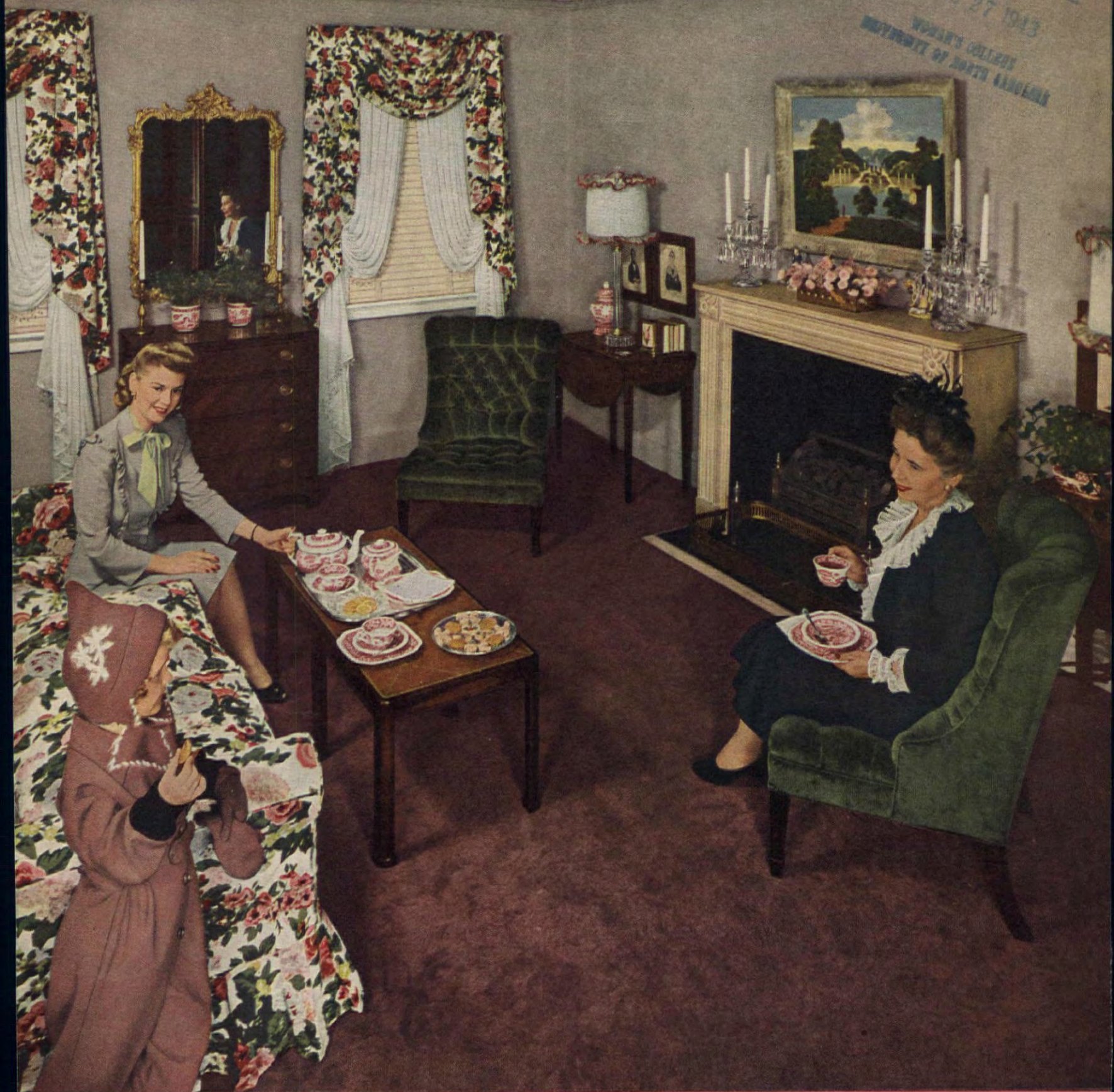
The AMERICAN HOME

15¢

January 1944

★

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WOMAN'S COLLEGE
UNIVERSITY OF NORTH CAROLINA



Clever Table Settings . . . GARDENERS' EXCHANGE . . . Postwar Realities



TANK CORPS

Illustration as described by the sergeant

Maybe this Roman bath was built for a conquering Caesar. Well, today it's being used by Joe Doughboy. Whoever built it, "ye ole swimmin' hole" is giving the boys a Roman holiday, American style. "Holy mackerel," said one Yank from Michigan, "it's medicinal!" "Yeah," said a little fellow from Brooklyn, "it's good for what ails ya!"

And when "what ails ya" is Mediterranean heat and fight-fatigue and pestering flies, a swim is welcome! Welcome, too, is the brisk rub-down with a good towel. And our men are grateful for the same durable towels you accept as a matter of course. Many of them are Cannons — the hardy, efficient Cannons you're so proud to use in your own home.

If you find fewer in the stores these days, it's because our men — needing them more — are getting more! So let's make those we have last longer — for *their* sake as well as our own!



Cannon Towels
CANNON SHEETS CANNON HOSIERY

Millions of Cannon Towels

are now going to the Armed Forces. So you may find a smaller selection in the stores — fewer styles and a limited variety of colors. But the durable Cannon quality, the hardy quality that will see you through, remains the same. After the war, Cannon will again present the newest styles in the most charming colors.

★ FOR VICTORY ★
BUY U. S. WAR BONDS!



HOW TO MAKE YOUR TOWELS
LAST LONGER AND STAY
"DURABLE FOR THE DURATION"

Launder before they become too

Fluff-dry terry towels—never

If loops are snagged—cut off, never

Mend selvage and other breaks immediately

Buy good-quality towels—always the best

This *was* her Washday



YOU couldn't ask for a better washday—a blue Monday spangled with sunlight and fanned by a breeze fresh from the west. A year ago and you'd be already half through that laundry hamper at home.

But nowadays war comes first and washing afterward—just as with us at G-E, war comes first and washers afterward.

For instead of the General Electric appliances you liked so well, G-E people are now making dozens of different tools for war. Things like heat controls for stratosphere fighting and mechanisms for torpedoes and dynamotors and searchlights.

And we're making these tools better—and faster—because of our experience on peacetime appliances for your home. In fact, there's not an American warship, nor a merchantman, nor a plane which isn't using important G-E equipment today.

And since even warclouds have their silver lining we'll tell you this: war itself is a great teacher of skills. From what we've learned about new metals and precision manufacture we're going to make even better General Electric appliances—better ranges and refrigerators and toasters and washers.

So when peace is here again and things like washday and baking day and bridge day assume their old place in your life, General Electric, too, will be ready—ready to equip that wonderful new home your War Bonds will buy.

America still needs women war workers to release manpower, to speed Victory!



GENERAL  ELECTRIC

Everything Electrical for After-Victory Homes

Hear the General Electric radio programs: "The G-E All-Girl Orchestra" Sunday 10 P.M.—E.W.T. NBC. "The World Today" news every weekday 6:45 P. M.—E.W.T. CBS.



Photograph by Philip D. Gendreau

YOU CAN FACE IT

says war wife 3,000,017

BEFORE the year is over, there will be half a million more of us hanging out the blue stars, for no woman with a husband under thirty-eight is sure of keeping him with her much longer. Of course, these young wives and mothers are on the anxious seat. They weep on occasion; they spend sleepless nights. Their homes have suddenly become very dear. They are bewildered, sick with apprehension. They listen with bated breath to each new pronouncement from Mr. Hershey or Mr. McNutt. Life has become for them an existing from one mail delivery to the next.

But take it from one who has gone through the mill—it's lots worse in anticipation than it is in reality. Somehow, from somewhere (perhaps above) comes a new spiritual courage, a strengthening and toughness you never dreamed you had before. And the strangest thing of all is that after it happens—after your husband is taken—you are conscious of a new pride and distinction you had never imagined. You suddenly find *you can face it!*

For over a year I had been in a turmoil. For over a year the constant dread of my husband's leaving had been making a nightmare of my hours. Like most other American wives, I had not only to contend with the gradual dreaded approach of the draft, but with a husband who was uneasy and itching to get into the fight, as soon as he could decently dispose of me and the home. Commissions—good heavens!—he tried them all. But college professors are a "non-essential." Commissions drag through months of waiting.

One of our friends—a physical education instructor—had his commission (for which he'd been playing for eight months) come through with four days' notice in which to dispose of his home, furniture, dump his family of three into the laps of unsuspecting relatives or kind friends, and get to Washington!

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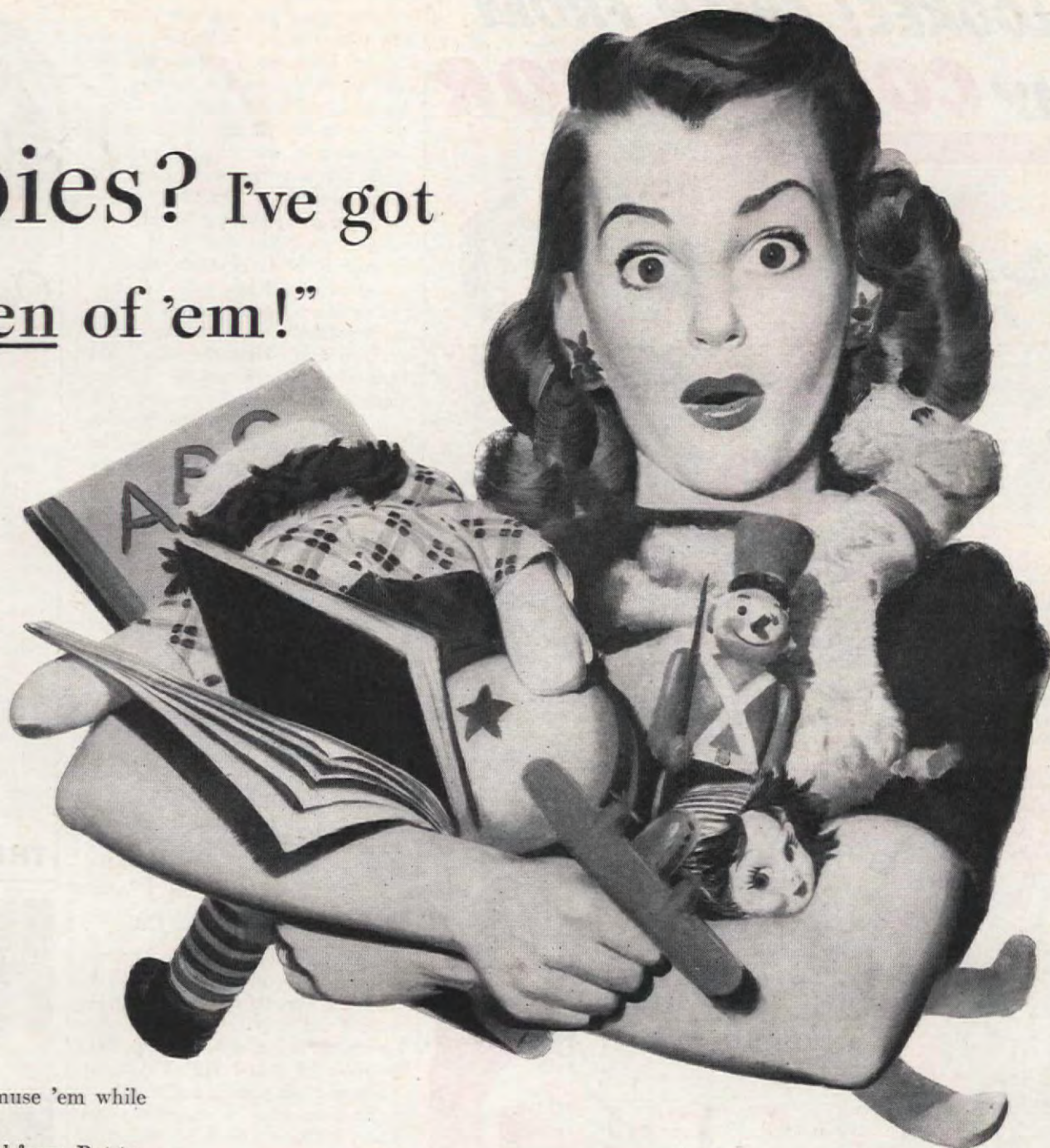
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BUY MORE WAR BONDS!

"Babies? I've got ten of 'em!"



Not really mine—but I amuse 'em while their mothers do war work.

Usually they're little angel-faces. But today, when my back was turned, a couple of 'em sneaked off and were playing tent with one of my lovely Cannon Percale Sheets!

Well—spanking is frowned on. But my palm did itch when I spotted the wicked 3-cornered tear they'd made!

Back when, I guess I'd just have bought a new Cannon Percale Sheet. Not these days—when Uncle Sam wants us to make *everything* last!

Soon as I park these toys, I'm going to drag out my mending basket. I'm going to get the extra wear that's coming to me from that sheet!

Want to make it a mending bee?

-1-

Let's Tackle the 3-Cornered Tear!

First off, baste paper under the rip, so the torn edges just meet. Take running stitches back and forth across the rip, by hand or by machine. Then remove paper. (Or get some of that slick new mending tape you just iron on!)

-2-

Let's Plot a Perfect Patch!

This is for a worn-thin spot, or a bad scorch, or a cigarette hole. (Shame!) Cut out the bad spot to make a circle. Snip the edge of the circle in 4 places. Fold edges under so the hole looks square. Back with a square patch and do a double row of stitching all around.

-3-

Let's See What We Can Salvage!

When a sheet gives up after years of service, don't just make dustcloths of it! See if you can't cut it down to make a cot sheet, crib sheet, or pillow-case!

-4-

Let's Face It!

Despite all, the day may come when you honestly *must* buy sheets. If it does, ask for Cannon Percale...smooth...soft...yet costing about the same as heavy-duty muslin. Swell for wear, too, because they're woven with 25% more threads than the best-grade muslin!

-5-

Let's Remember This!

Because of the war, you may not always find the exact size you want in Cannon Percale Sheets. Then ask to see Cannon's long-wearing, economy *Muslin* Sheets. Just remember you can always rely on the name CANNON—on Sheets or Towels!
Cannon Mills, Inc., New York, N. Y.

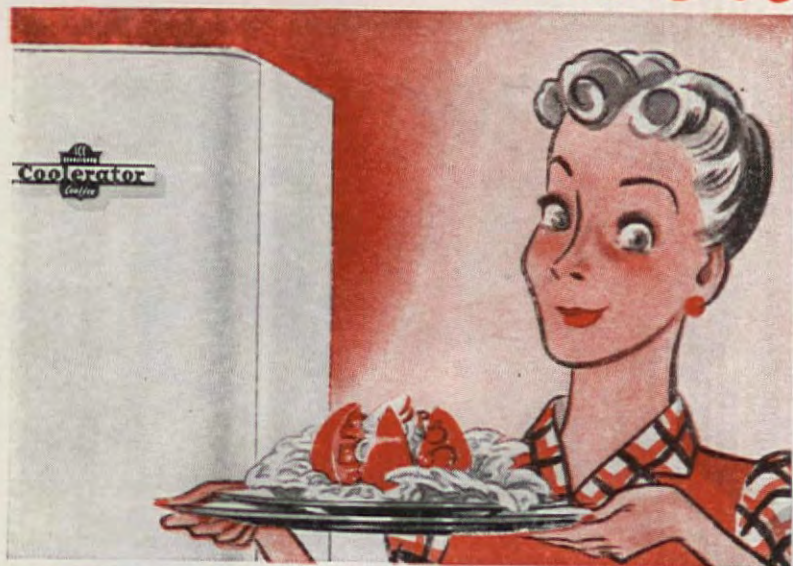
For Victory, Buy U. S. War Bonds and Stamps

Cannon Percale Sheets



Made by the Makers of Cannon Towels and Hosiery

LOOKEE! FRESH FROM MY COOLERATOR



"ISN'T THIS salad a 'beaut'! I call it my 'Coolerator Special' because all the fresh vegetables with which it was made were kept fresh in my Coolerator until ready to use. That's why Coolerator is the best refrigerator we have ever had—it keeps fresh foods fresh longer!"

"COOLERATOR'S 4-way circulation of washed air uses ice in a new way. And we always have plenty of pure, taste-free ice for beverages and salads. Vitamins are protected, food odors do the disappearing act... there's never any need for covered dishes."



"MY FAMILY loves ice-box raids and our new Coolerator is large enough to accommodate the entire family. We never worry about repair bills because there's nothing to get out of order. And Coolerator's beautiful cabinet is so easy to keep clean and sparkling with a damp cloth. Absolutely silent too, of course, because there are no moving parts."

WHAT A BARGAIN—only \$72.75*! Although busy with war work, Coolerator has additional capacity for making this new refrigerator which fully meets WPB requirements. See your Coolerator dealer, or ice company today, or write The Coolerator Company, Dept. 11, Duluth, Minnesota.

\$72.75

*F. O. B. DULUTH

SAVE WITH COOLERATOR AND BUY WAR BONDS AND STAMPS

Coolerator

FOR BETTER REFRIGERATION

Little incidents like this kept life interesting for me, and also added a few thousand gray hairs to my collection. Each day I approached the mailbox as if it were a dead skunk. No wonder I had to go to a neurologist when the draft notice finally did arrive in our morning mail!

Oh, that unimportant looking little penny post card! The blood test—first step in induction. No need to explain to you who have gone through it how the shock of that penny post card hits you. The fact you've been anticipating it for months doesn't help. It's like an all-overpowering avalanche that has been sliding down toward you for months, and has finally reached you.

Bob was hoeing in the boysenberries when it came. With a fast thudding heart I hurried down the path between the hollyhocks and Grandpa Apple Tree. He dropped his hoe and stood staring at the card for a long time. I began to cry, sitting there on the ground. It seemed like all our lives were crumbling before us, never again to be the same. We were going to be separated—only God knew for how long, or what would happen before we were together again. Then he said in a strained voice, "Darling, if you give in, I won't be able to stand it, either." That is the last time he ever saw me cry.

Only at night, after he was asleep, would I think. I would lie there listening to his rhythmic breathing, and loneliness would sweep over me like a smothering wave. Now I could reach out my hand and touch my husband, warm and strong, beside me. I could see the outline of his shoulder in the moonlight. In a little while there would be no one there—nothing but emptiness. And not only for a week, or a month, or six months. It might be years! Hadn't Admiral Horn said "six years"? Six years! Six years of loneliness, worry—how could I bear it? What were a man's chances of survival through six more years of war? Misery flooded over me.

Then came the day of induction. I spent it as busy as possible. A little, pestering, hopeless hope kept poking at my heart: "Perhaps his eyes aren't good enough. Perhaps..." Then the response would come, familiar to every one nowadays. "One doctor looks in your left ear, and another in your right; if they can't see each other, you're in!" and anyway, Bob was as healthy as two horses with a colt thrown in for good measure.

So I baked a chocolate fudge cake and a raspberry pie and waited.

He drove up into the yard in the convertible, top down and all, about one-thirty in the afternoon. I was pretending to weed the bluebells. "Hello!" he called, jumping out and grinning. "Meet Private Rienow of the United States Army!"

"Oh—" I managed in a weak voice which I am afraid didn't sound very congratulatory, "then you passed!"

"What did you think? They even wanted me in the Marines! Not bad for an old middle-aged professor?"



Own a Home in ST. PETERSBURG

The Sunshine City combines the facilities and conveniences of a metropolitan community with the climate and setting of a South Sea island. It is one of the finest home cities in America.

St. Petersburg is located midway down the Gulf Coast of Florida, on the southern end of Pinellas Peninsula. Average annual temperature 72 degrees... Sunshine 360 days a year... 33 miles of waterfront... population 60,000.

Now is an advantageous time to purchase your Florida home or to plan building it after the war. Get information about St. Petersburg. For illustrated booklets write G. L. Davenport, Chamber of Commerce, St. Petersburg, Florida.

THE SUNSHINE CITY



Suug Slumber

A snooze under the warm softness of all wool Lady Seymour blankets is a luxurious experience.

For over 76 years, Seymour has been supplying American homes with woollens for warmth. Today, many Seymour blankets go to our fighting men in the Navy, so you will find fewer available. After the war, look for new sleep luxuries in Lady Seymour blankets.

SEYMOUR WOOLEN MILLS Estd. 1866
Also Makers of Seymour All Wool Flannels

Lady Seymour
ALL WOOL BLANKET

BUY MORE WAR BONDS

Your Long Distance call may have gone to New Guinea

Telephone lines are the life-lines of an army. Bell System men and materials are helping to keep those lines unbroken on many battlefronts.

So if a Long Distance call gets delayed once in a while, you know there's a good reason.

The additional equipment that could be used here is serving the soldiers over there.

BELL TELEPHONE SYSTEM



U. S. Army Signal Corps installing switchboard in New Guinea

**WAR NEEDS
THE WIRES**

If the Long Distance circuit you want is busy—and your call isn't really urgent—it will help if you will cancel it.

If it must go through, we'll appreciate your co-operation when the operator says: "Please limit your call to 5 minutes."



No wonder there's
a Kleenex shortage—
everyone wants Kleenex
because it saves as it serves!



Annie isn't Absent Any More!

—since her
plant pals use
KLEENEX to
help keep colds
from spreading.
They use a tissue once—
then destroy germs
and all!

(from a letter by J. M. S.,
York, Pa.)



MIGHTY IMPORTANT!—for
authorities say $\frac{1}{2}$ of all war—
work time lost from illness is
due to the common cold!



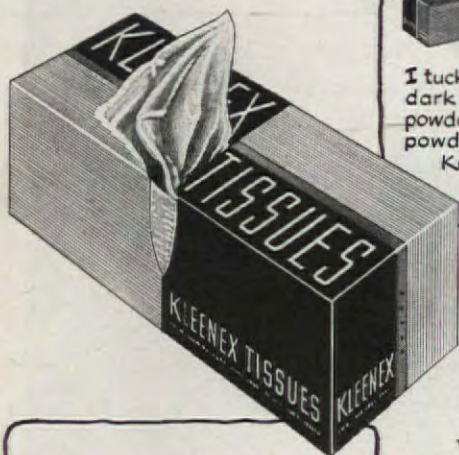
WHEN WILL SHE LEARN
KLEENEX KEEPS LIPSTICK
STAINS OFF TOWELS —
SAVES LAUNDRY, SOAP,
MANPOWER!

(from a letter by R. G. A.,
Elmhurst, L. I., N. Y.)



I tuck **KLEENEX** around the neck of
dark dresses to prevent those
powder "rims". **KLEENEX** catches the
powder that won't brush off—
Keeps down cleaning bills!

(from a letter by A. L., Springfield, Ill.)



Only **KLEENEX**★ has
the Serv-a-Tissue Box
that saves time,
saves trouble,
saves tissues!

WE COULD MAKE MORE KLEENEX IF

we made the tissues thinner
or skimped on size. But re-
gardless of what others do,
we are determined to main-
tain **KLEENEX** QUALITY
in every particular!

(★T. M. Reg. U. S. Pat. Off.)

A week before Bob was to leave,
his mother came out from the mid-
west, riding buses for forty hours
just to be with us. On that last Sun-
day together, we took Mother to
church. When we began to sing an old
hymn, Mother began to sob. The print
before me blurred. Swiftly I began
paging through the hymnal. Jonathan
Spence, 1822—1913 . . . golly, those
old hymn writers had long lives. The
print was clear again. Mother had
quieted. We sat down, and the moment
of weakness had safely passed.

We had a good breakfast the morn-
ing he went away, including coffee cake
made by Mother herself. Everyone
was bright and smiley. They were
smiles that flashed on and off quickly,
like the amber lights at dangerous
crossings. I guess I must have sat
down at the table too quickly, be-
cause in an instant my plate was
swimming before me, and I had to
clutch at the table to keep myself
steady. It was over in a minute, but
my appetite had vanished.

Then we were sitting in the car
together, Mother and I, in front of
the American Legion Hall, waiting.
Half an hour passed after the sched-
uled 7:45 a. m., an hour, an hour and
a half. Then a bus drew up alongside,
backed and came up in front of my
car. "Gosh," I thought in sudden
panic, "if that bus hems me in here
so I can't get out, I'm going to faint!"

But just then out came Bob with
a group of men. He ran toward us.
"What in the world were you doing
in there all that time?" we demanded,
proud of our dry eyes and poise.

He kissed us. "Oh—some more
lectures. They made it pretty solemn.
Then they hauled out coffee and
doughnuts. But nobody ate anything."

We clung to him. But the bus was
filling now. Then he was gone, and
the bus began to move away. In an-
other moment the street was deserted
to the rain and a few reluctant cars
slowly pulling away from the curb.

Mother was crying as if her heart
would break. But strangely enough,
I didn't feel like crying at all. I had
a job to do. And starting right then,
too. For the first time since our mar-
riage twelve years before, I was
driving a car again. Ahead of me,
there was a new life to face. I would
be all alone on our 130-acre farm
with its flocks of chickens, berry-
lands, gardens, animals. I would be
alone in our roomy old farmhouse
which, by dint of much sweat and
savings, we had completely remodel-
ed and made modern in the past
three years. It was my job to keep
our home and our farm together,
waiting for his return.

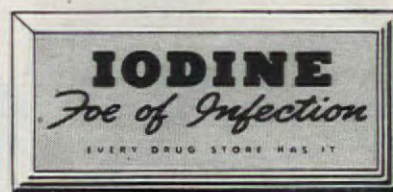
I had to face work, hard work,
skipping along on fifty dollars a
month and chicken money, managing
things myself. I had to face stark
loneliness, day in and night out. I had
to face worry and uncertainty. But I
knew I could do it. I knew that out
of it all would come a strength and
joy of accomplishment I had scarcely
envisioned. I can face it. And you can,
too!—LEONA TRAIN RIENOW.



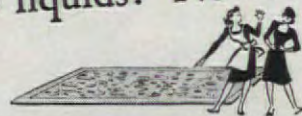
QUICK... THE IODINE BOTTLE!

● For many, many years iodine has
been the germicide for cuts, scrapes
and scratches.

Special preparations have come and
gone, while iodine continues to stand
out on all five points on which medical
science judges a germicide.



Powder-ene keeps rugs clean No liquids! No suds!



Care for the rugs you have

HERE'S easy-to-use magic—the wonderful
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floor covering. . . . Cleans
soiled areas at doors with-
out leaving ring. VON
SCHRADER MFG. CO.,
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Powder-ene is endorsed
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Carpet Co., Inc.



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your command" —BOSTON GLOBE

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"A Tree Grows in Brooklyn" is the story of the Nolans, a family like many others in the Williamsburg section. Francie, the daughter of the family, learned in her early years that the simple things of life—getting enough to eat, having a place to sleep, keeping clothed and being able to go to school—were not easy to get. But to Francie and her brother Neeley, the world was a shining place and every day too short for the adventures it held. From her seat on the fire escape, Francie could see into the rooms of her neighbors and knew as much about them as she did about her own family. Her father was a singing waiter who didn't always bring home the money he earned, but to the Nolans, poor as they were, money was not too important as long as they had each other.

Francie's life story is the story of a city girl who grew into beautiful womanhood because she chose to make life give her its glorious things. Because she knew she could have them if she chose. Reading "A Tree Grows in Brooklyn" is a rich experience, for it is a grand book—a book to own and enjoy and remember. A FREE copy will be sent you as soon as you accept membership in the Literary Guild—which you can do merely by mailing the coupon below.

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Magazine "WINGS" Free

As a Guild member you receive FREE each month the famous Guild magazine "Wings," which contains illustrated articles about the current selection and its author and includes a special contribution by the author. "Wings" is sent to subscribers one month in advance so that it describes the book selected for the following month. If you feel you do not want to examine the book, merely return the accompanying form, which notifies the Guild not to send it when the time comes. On the other hand, if the selection sounds interesting, you let it come automatically for your approval.

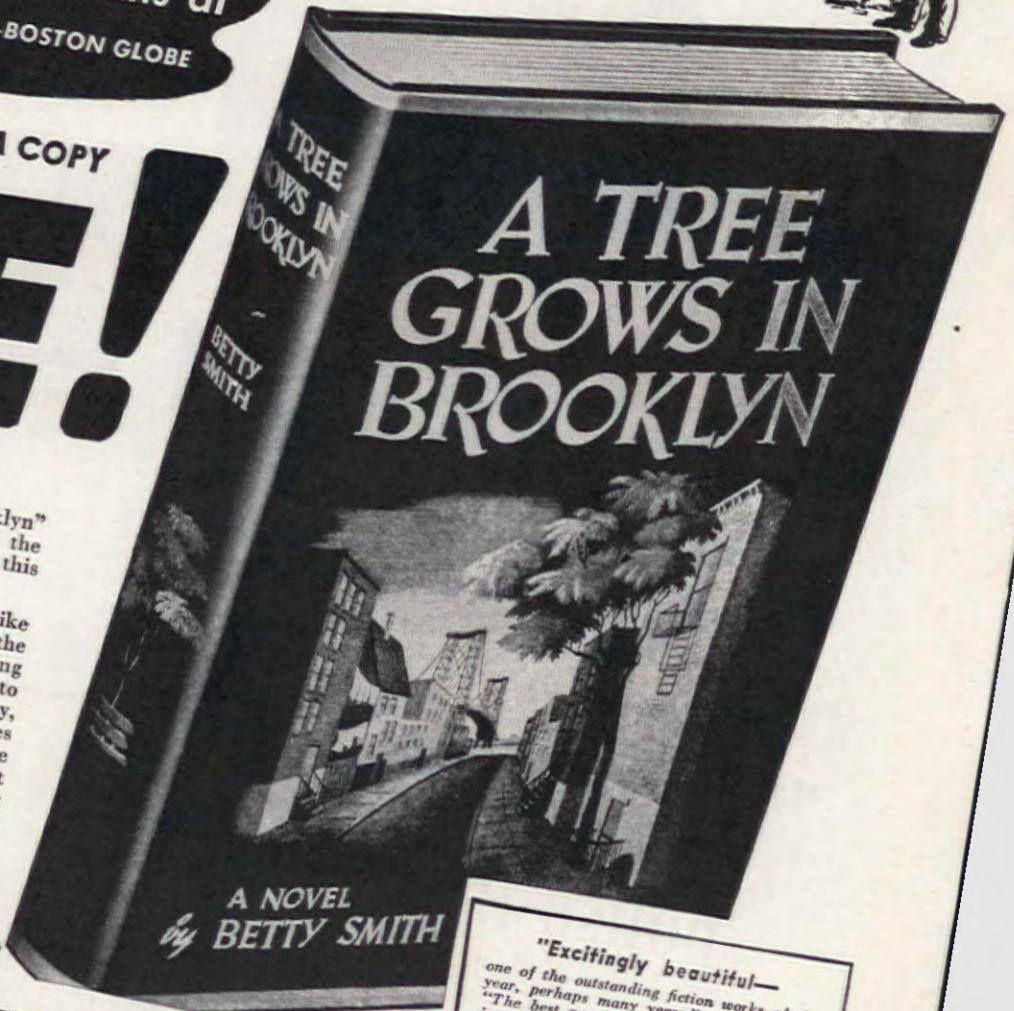
"Wings" is also an invaluable guide to all important current reading, for each month it keeps you informed of new publications by reviewing about 30 other new books.

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LITERARY GUILD OF AMERICA, INC., Publishers, GARDEN CITY, NEW YORK

THE AMERICAN HOME, JANUARY, 1944



"Excitingly beautiful—
one of the outstanding fiction works of the
year, perhaps many years."—Chicago Sun.
"The best novel of any kind I have read
in 1943."—N. Y. Times. "It sings."—N. Y.
Herald Tribune.

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Literary Guild of America, Inc., Publishers
Dept. 1A.H., Garden City, New York

Please enroll me as a subscriber of the Literary Guild and send me "A Tree Grows in Brooklyn" absolutely FREE. I am also to receive free each month the Guild magazine, "Wings," and all other membership privileges. In consideration of this I agree to purchase a minimum of four selections of my choice at only \$2.00 each (regardless of higher retail prices of the publishers' editions) within a year.

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"What I like is the polish it gives!"

You're bound to like the quick, easy way Bon Ami gets off bathtub "rings" and dirt. But what makes Bon Ami really different from other cleansers is the way it *polishes as it cleans!* No strong caustics to dull bright, gleaming porcelain. No coarse grit to cover bathtub or sink with tiny scratches that catch and hold dirt. That's why Bon Ami is so *safe* . . . makes your cleaning jobs easier. Better make it your only household cleanser!



"Safe for so many cleaning jobs..."

Why take chances with harsh, gritty cleansers? Especially today when you want to *protect* your hard-to-replace bathtub, sink, stove, refrigerator. Use fine, gentle Bon Ami instead.

"hasn't scratched yet!"

Bon Ami



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Contributors



LEONA TRAIN RIENOW



SHIRLEY SIMKIN



HERBERT ASKWITH



GERTRUDE E. CROMWELL
Guest Health Editor of the Month



MAYBELLE MANNING

LEONA TRAIN RIENOW, who wrote *You Can Face It*, was born in Duluth, Minnesota, when it was still a frost-bitten hamlet, with red mud-rutted streets and the smell of the mines. She's a product of the universities of Minnesota and Chicago, has always written, and in 1931 married the now Private Robert Rienow, also a successful writer.

• • • **SHIRLEY SIMKIN** was born in West Hartford, Connecticut "about one war ago." Connecticut College for Women is her alma mater. She has an avid interest in advertising and public relations, although at present she's teaching school. Graduate work at the University of Connecticut in Spanish and her current avocational study of advertising in the Latin American countries would seem to have implications for the future!

• • • **HERBERT ASKWITH**, graduate of Harvard and publicity counselor for many well-known New York firms, has the interest of The Public very much at heart. He it was who instigated the planting of trees along business streets in our towns and cities, starting with 6th Ave. in New York City. Now, as publicity director of Lewis and Conger and "father" of the Lewis and Conger Annual Award for Home Safety, he's off on a campaign for the reduction of accidents in the home.

• • • **GERTRUDE E. CROMWELL**, Guest Health Editor this month, knows her Public Health. A graduate of Boston Children's Hospital, with a B.S. from Simmons College and a M.S. from the University of Michigan, she's now supervisor of health education and school nursing for the Des Moines, Iowa, public schools.

• • • **MAYBELLE MANNING**, of New York, London, Paris, and deep in the heart of Temple, Texas! Gardner School of New York and Hollins College, Va. claim her as an alumna who is internationally known as a designer. She started her career with the late Florenz Ziegfeld, designing exotic costumes and spectacular stage sets for the *Follies*. Then she launched her own clothes salon, de luxe. A writing career ran right along with the bastings and pin-cushion. Maybelle serviced papers throughout the country with a syndicated fashion column, was fashion editor of *Screenland* and of the famed old *Theatre Magazine*. Her hobby? "Decoupage" as you can see in *Tinsel and Calico Cottage*. Greatest desire: to dance again in Paris and to be on hand for that Victory Parade down the Champs Elysees!

Mrs. JEAN AUSTIN, Editor

ELEANORA SENSE, Food and Nutrition Editor MARION M. MAYER, Managing Editor LYNN GIVEN, Style and Beauty Editor E. L. D. SEYMOUR, Horticultural Editor WILLIAM J. HENNESSEY, Architectural and Building Research Editor JEANNIE DAVIDSON WILLIS, Party Editor MARY E. MONZE, Home Decorating Consultant WILLIAM H. GROVE, Assistant Art Director

"I HEAR VOICES STRANGELY YOUNG..."

We wait . . .

The whole ship waits, suspended here for just this tick of time in silent space, while wounded men are ferried from the shore.

They are coming now . . . I can see the outline of their bodies etched against the sea's deep blue . . . and soon we'll know their names, their hopes, their fears . . .

But now, across the water, they are only voices . . . strangely young . . . and full of faith in Victory and dreams of home.

Now, swinging closer, the very surf-beat on the shore seems like the pulsing rise and roar of chorused voices . . . a swelling, lifting tide that soon I know will sweep these beaches and this world clean of war and bring back to the

shores of home men whose voices must and will be heard.

They are going home . . . home to the America they've dreamed of for so long . . . where they can have again the freedom they gave up to fight for freedom's sake . . . where they can hold their heads up and walk again in peace. Home . . . where they can help build a new America and a new and finer world than they've ever known . . . where new careers and new futures will give meaning to their sacrifice and pain.

Across the miles that lie between, they'll dream of home.

Keep it for them the way they see it now . . .

The way they want it to be—when they come back.

Night and day we're driving on to Victory . . . building 2,000 h.p. Pratt & Whitney engines for Navy Vought Corsair and Grumman Hellcat fighting planes . . . making intricate Hamilton Standard propellers for United Nations bombers . . . readying production lines to build Sikorsky helicopters for the Army Air Forces . . . producing many other important items of ordnance . . .

For we believe we can and must win this war soon . . . help bring our sons and brothers back again to jobs and homes and even better futures than they had before. And, together, turn to peaceful things—to the building of an even finer Kelvinator, an even greater Nash.



The Army-Navy "E" Award to Nash-Kelvinator Corp., Propeller Division.

NASH-KELVINATOR CORPORATION
Kenosha • Milwaukee • DETROIT • Grand Rapids • Lansing



NASH
AUTOMOBILES



KELVINATOR

REFRIGERATORS • ELECTRIC RANGES



Let's Get It Over With Quick!
Buy More War Bonds Now!

Frigidaire repeats its wartime suggestions on **HOW TO KEEP MEAT**



IN these days of smaller civilian supplies, *save* all of meat's goodness, and *use* all of it, too!

Here are helpful hints based on Frigidaire's 25 years' experience in the food-keeping field. All of these meat-keeping facts have been checked and verified by other eminent authorities. Keep them handy for ready reference.

54 Suggestions for Leftovers

USE IN	BEEF	LAMB	HAM	VEAL	PORK	POULTRY	FISH
Hash	X	X	X			X	
Meat Pie	X	X		X	X	X	
Sliced	X	X	X		X	X	
Soup	X		X			X	
Stuffed Pepper	X		X		X		
Stew	X	X		X		X	
Chili	X						
Croquettes	X	X	X	X		X	X
Creamed		X	X	X		X	X
Meat Loaf	X		X	X	X		
Scalloped	X	X	X			X	X
Sandwich Filling	X	X	X			X	X
Salads			X	X		X	X

General Rules of Meat-Keeping

Remove meat from market paper. Don't wash or wipe with a damp cloth. Don't cut or chop until just before using. If your refrigerator has a covered meat compartment, meat can be stored without wrapping. Otherwise, wrap lightly in waxed paper, leave ends open for free air circulation, and store in defrosting tray or as near freezing unit as possible.

How to Freeze Meats

Wrap piece or individual portions in waxed paper. Place in ice tray on bottom shelf of freezer; turn control to fastest freezing point. After freezing, reset control to a colder than normal position. Never refreeze meat after thawing. Frozen meat may be thawed before cooking or cooked directly from the frozen state, but if so, more time must be allowed for cooking.

Free! Get WARTIME SUGGESTIONS from your Frigidaire Dealer



36 pages of helpful, practical ideas like those on this page. Look for your dealer's Frigidaire store sign, or find name in your classified directory under REFRIGERATORS. Or write Frigidaire, 415 Taylor Street, Dayton 1, Ohio.



STEAKS, CHOPS AND ROASTS may be kept up to 3 days in meat tray or loosely wrapped just below freezer. If you buy for later use, wrap and freeze. See how on this page.



FROZEN MEATS will keep for long periods in freezing unit. After thawing, frozen meat should be cooked as soon as possible. Caution: Never refreeze meat once thawed.



POULTRY should be cleaned and washed *before* refrigeration. Whole birds keep better than disjointed birds. Cut up birds just before using. Freeze chicken like meats.



LEFTOVER COOKED MEATS should be stored in a covered dish to prevent drying. Generally, leftover meat should not be cut or ground until just before using.



GROUND MEAT should be cooked within 24 hours after purchase or frozen at once. For convenience, separate ground meats into individual portions before freezing.



FISH should be cooked within 24 hours after purchase. If it is to be kept longer, freeze it immediately. To freeze fish and meats at home, follow directions at left.

For Excellence



in War Production

FRIGIDAIRE

Division of

GENERAL MOTORS

Peacetime Builders of Electric Refrigerators,
Ranges, Water Heaters, Home Freezers,
Commercial Refrigeration, and Air Conditioners

Food Fights for Freedom!

Store foods properly as soon as you get them home. *Prepare* foods carefully. Cook and serve no more than is needed. *Use* all of your leftovers. Throw nothing away!

WE ASKED YOU — YOU TOLD US!



22,000,000 BIGGER AND BETTER VICTORY GARDENS—THAT'S THE GOAL IN 1944



Gardening humor seen in Winnetka, Ill.

THE victory gardens of 1943 exceeded the hoped for total of 18,000,000 by at least two million. The year's results were called magnificent by Department of Agriculture and other authorities. So, the 1944 goal has been moved up by another two million notches. One of the impressive lessons of the past two successful years has been the demonstration of the value of first-hand, individual, practical instruction and guidance based on actual experience, and of the importance of providing such instruction *early*. With this in mind, we, in October (page 66), invited our readers to take part in an exchange of advice and suggestions about things they had learned from their

own food gardening adventures, things they had decided they would or would not do another year. As always, they responded generously, wholeheartedly, and helpfully. Within a few weeks of the publication date of the issue, we received letters from thirty-two states, Canada, and Alaska, every one of them reflecting a feeling of pride and satisfaction, a realization of personal and family benefit, of having participated in a worthy cause, a sense of having learned, gained, and progressed, whatever mistakes might have been made. The significance—if any—of a nine-to-one majority of women over men contributors we don't attempt to explain; we do know that there are plenty of enthusiastic male victory gardeners all over the country. We welcome evidences of a keen sense of humor among our correspondents—such as the community garden sign above—for they tell of a fine gardening spirit as well as a high national morale. We are impressed by their serious determination, too, for it augurs well for next year's results. . . . So, on the next two pages, we open the first session of our American Home Gardeners' Exchange.

To help attain it, we asked our readers what their 1943 experiences taught them. Now readers in 32 states are exchanging notes



E. L. D. SEYMOUR

ALABAMA—Next year I will dig deep trenches between my rows and fill them with water every day that the soil is dry, and *never* sprinkle the plants or the ground. It takes so much water to develop a plant that ours would need more than they can ordinarily get during the hot weather in this climate. MRS. W. W. MANRY, Spring Hill. . . **ALASKA**—Here, as in the States, gardening has become a new, important hobby. One year of planting seeds in unanalyzed soil taught us much about the food needs of different plants. So last year we had samples of our soil analyzed by the local Agricultural Extension Service and were able to feed our crops intelligently and economically with distinct benefits. We are also building up our soil by burying such household wastes as eggshells, vegetable and fish scraps, wood ashes, etc. MRS. RICHARD PEACOCK, Fairbanks. . . **CALIFORNIA**—Next year I will not raise vegetables we don't like—chard, carrots, turnips—just because they are easy, but will try vegetables new to our garden, that are scarce in the stores. I won't waste space and labor on crops known to be hard to raise here—as I did for potatoes despite experienced growers' advice. My question is: Why are thousands of gardens without a fruit tree or berry bush? In ten years we have bought five California properties and only one had



Mrs. L. Y. Neff
California

any fruit on it; and back East the score was even lower. Yet we pay 20 cents a pound for grapes and peaches and 50 cents a dozen for oranges! MRS. LILIAN Y. NEFF, San Clemente. . . **CANADA**—If possible, prepare in the fall for next year's garden. Clean up leaves, stalks, litter; apply fertilizer; have ground plowed or



Test leftover seed
before planting it

dug deeply, and attend to berry and currant bushes. Try some new vegetable each year (I replaced one row of chard with broccoli and found it very satisfactory). By sowing a little lettuce and spinach late in the fall, I can have some well in advance of the spring sown crop. In planting cucumbers, I dig a hole a foot deep, put fertilizer and several inches of soil in, sow the seed and keep cultivating more soil in as the plants grow, so the roots are deep down where they can get moisture even in dry weather. EVA WARNER, Ontario. . . **COLORADO**—Provided I am not drafted before next summer, here are things I will or will not do in 1944: For maximum use of space I will plant all vegetables growing not more than 18 in. tall (dwarf peas, bush beans, peppers, spinach, etc.) in double rows 6 in. apart, the pairs of rows 18 in. apart. If my spare time is limited I will grow nothing demanding stakes, poles, or trellis. I will spade the pea vines under instead of pulling and burning them. I will not wait until a crop matures before



Mrs. G. G. Williams,
Pennsylvania

will sow a succession ing rows; it will be up been harvested. About tomatoes, put them in a and protect them from they ripen. HAROLD M. **PENNSYLVANIA**—I there was to know about when the call came to ing," I began my garden. Always I had emphasized planting early; hereafter, I will also plant late for late crops. About Mid-July I cleared up all the crops that were finished (about one third of my garden) spaded and limed the soil, and replanted with cabbage, celery, endive, broccoli, Chinese cabbage, cauliflower, and rutabagas. By late October there were rows of green vegetables just in their prime, to use and store in the cool cellar. Some late-planted tomatoes, still bearing vigorously, I pulled up and hung in a cool place where the fruits ripened until Christmas. Next year I plan to grow more Chinese cabbage, which is as good as head lettuce for salads and delicious cooked with meat. There are flowers in my garden, too. MRS. G. G. WILLIAMS, Greensburg.

that the above mother who will birthday. "Just to do" she had city lot garden work on it ex- Last year she quarts and this nearly 300.



Use straw to mulch tomatoes
for more and better fruit

replanting the space, but crop between the matur- by the time the first has frost time, I will pick all single layer on the ground frost each night until WARREN, Denver. . .

once thought I knew all home gardening, but "keep your garden work- career all over again.

(P.S. May I add writer is my be 75 her next for something a 25 by 125 ft. and did *all* the cept plowing. canned over 100 year we have IDA W. SEIFERT.

MASSACHUSETTS—Veterans of eight years of gardening, we added some of a neighbor's land to our plot last year and had four months of good eating, plus 200 quarts of food in the cellar. But hereafter, we are going to test all leftover seed between wet blotting paper before sowing any; we are going to watering more carefully off" in our seed flats; we the hardier crops and ing unless Dad devises load of manure bought to the soil, but we will



More Chinese cabbage

commercial fertilizer and hen manure. We will let our 8-year-old Billy plant his garden himself, even if crooked rows again result. He learned more that way last year than by merely tending our straighter rows, took a keen interest in his own crop, and took good care of it. LAURA S. HOOPER, Milton. . . **WASHINGTON**—Have you had trouble growing tomato seedlings in flats in the basement—worrying if they were spindly, knocking them down with overwatering, etc.? I went through that for some seasons then tried growing the plants in small containers such as cottage cheese comes in, punching holes in the bottom so I could water them from below in a dish. But I now know even that is unnecessary fussing, for last year, about March 1, I set an apple box with top and



Ken Quigley, Washington,
and his plant cups

bottom knocked off into a sunny, protected west bank; filled it three fourths full of good soil and leaf-mold, planted about 150 seeds in it and put an old window over it, leaving a one-fourth inch space for ventilation. Except for watering twice a week, I quit worrying and by May 10 I had a lot of fine plants ready for my and my neighbors' gardens. No more basement gardening for me. KEN QUIGLEY, Seattle. . . **ILLINOIS**

—Our garden was 15 by 80 and except for potatoes we bought no vegetables all summer; also I canned 80 quarts. Among other things, I learned: that cultivating frequently and leaving onions half exposed gives much bigger and whiter bulbs than keeping them underground; not to plant more than two feet of radishes at a time and these two weeks apart; to sow thinly and thin out rigorously all crowding root crops—beets, carrots, turnips, etc.; to plant more potatoes, even though they say you can't grow them here. I grew eight hills from Idaho eyes and got 20 fine baking potatoes from them. I love this garden idea and will keep it up.—MRS. H. T. V. JOHNSON, Chicago. . . **IOWA**—I will spread my plantings so I can enjoy fresh crops longer. I will not plant any old seed; it did not give nearly as good results as new seed. (Perhaps it had not been kept under proper conditions.—EDITOR) I will plant nasturtium seed in the cucumber hills; they seem to keep bugs away. MRS. CLARENCE JOHNSON, Dallas Center. . . Last year I planted tomatoes in clay soil. Because it packs and does not lend itself to cultivation, especially when wet; I tried an experiment. On one third of the patch I mixed ashes from the furnace with the soil, then covered it with lawn clippings; a second third received only the grass clippings; the rest was left untreated as a check, and twenty plants of the same variety were set in each section. Result: the check plot required frequent hoeing and weeding, the other two needed little attention. The part lightened with ashes and mulched produced *more than half the total yield of the whole area*. Needless to say, I'll follow that method in my 1944 garden. BENJAMIN A. DAVIS, Marion. . . **NEW YORK**—As I picked my last bouquet of flowers from my victory garden, I made some resolutions: Next spring, I will again plant three packets of zinnia seed and one of calendulas for never before did I get such pleasure from a thirty-cent investment. Besides all I enjoyed myself, I picked dozens of bouquets for neighbors and friends. I will not let a single green tomato go to waste; for after we had made all the pickle and tomato mince meat we could use, my husband tried wrapping two dozen green fruits in newspaper and putting them in the cool, dark fruit cellar. When, in about sixteen days, he unwrapped them were we surprised—the most perfect ripe tomatoes of the season! We will plant a few hills of pumpkins between the sweet corn rows so we can have pies and the children their Hallowe'en lanterns. In place of bush limas we will grow the pole



Include some flowers in
every Victory Garden

variety along the fence sun and be easier to gourds on the fence; terpieces in my home WM. S. SPAULDING, Mar-



Mrs. Arden Still, Texas

Put all the crops that together, so the spray food crops that need not chard, green onions, etc. Delmar. . . . We had a map of your garden, but not until two years ago did we try it. It is the best help we ever had. Use a large sheet of very heavy paper, make the plan as big as possible, study your catalogue and seed packet directions, and lay off rows according to the space needed by each crop. During the season, use the map as a diary, noting what things did best, the vegetables your family wanted more (or less) of, and so on. We especially liked Nobel spinach and Golden Cross corn. At the end of the season, we always clean up the garden thoroughly, lime the soil if it needs it, and sow rye to be plowed under next spring. MRS. SEWARD H. FRENCH, Binghamton. . . .

TEXAS—Our first mistake was trying for too much variety; the second was improper spacing. Unable to resist the catalogue pictures of "roastin' ears," we planted too much corn, and a confusion of radishes, cucumbers, squash, lettuce, peppers and other "perishables" in the remaining limited space. This year we plan substantial amounts of beans, greens, tomatoes and root crops, of which part can be canned or stored. Most victory gardeners, we think, made the same mistakes and were disappointed in consequence. MRS. ARDEN STILL, Houston. . . .

INDIANA—Gardening with us is not a passing phase of the war emergency, but an old love that we are going to stay with. Last year gave us an unusual chance to compare methods and results. We live in an apartment village of 277 apartments adjoining a 40-acre field whose owner, instead of cropping it for himself, rented it in neatly staked off, numbered plots to his apartment dwelling neighbors. Soon the plots could be better identified by the care given them than by the numbers; but, though many regular farmers laughed at the green "first timers," and predicted much wasted seed, land, etc., our farmer neighbor says that of the 300 plots rented from him, and which he watched all season, only two were actual failures! In late June most of our fellow gardeners began to stake their tomatoes. We instead put a mulch of straw around ours and despite a lot of ribbing about our "hayfield" the better results were soon apparent. The weather was hot and dry, but the soil under the straw did not dry or bake and the fruits resting on the mulch did not rot or fall off. Our neighbors first commented on the size and quality of our crop, then began to copy our method. In our eagerness to can many things, we used many of our largest, most perfect, summer tomatoes for ketchup, etc. In future we will use them for canning whole or quartered and rely on the late, less perfect fruits for making relishes, pickles and the like. We proved the thrift and fun of raising our tomato plants from seed in a hotbed; also the wisdom of giving most of our space to major staple crops and only a minimum to lettuce, radishes, celery and such things as go quickly and cannot be canned or stored.—MRS. RUTH L. RICHARDSON, Indianapolis. . . .

NEW JERSEY—I will not sow so thickly; nor plant as much parsley, or any potatoes, which do not do well in this section. Instead I will give more space to broccoli and bush beans (planting them 6 in. apart instead of the recommended 1 in. to save seed and the need of thinning), and will try kohlrabi, which we enjoyed when we were given some by a neighbor. Despite the room it takes, I will plant corn again, it is so delicious; tomatoes, egg-plants, and peppers are musts. I will get my fall cabbage and cauliflower in earlier than I did, and will train my tomatoes along the wire fence to allow more space in the plot for other things. GERTRUDE BRASSARD, Teaneck. . . .

GEORGIA—Ours was a victory garden all right—a victory over bugs of all kinds and sizes. It was a fight, but we beat 'em and are confident we can do it again.

where they will get more pick. And I'll grow some they make nice fall cenn—and my friends'. MRS. cellus. . . . Suggestion: need to be sprayed will not blow over on be sprayed like lettuce, VIOLET E. ALBRECHT, read about making a

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How? *Dusting did it.* At first the pests had us down by eating the seed in our little greenhouse even before it could come up—those nasty pill bugs that roll up into balls when you touch 'em but have a multitude of legs when they stretch out. We cleared them out for a while by spreading moth flakes on the beds, but they came back. Then we found at effective weapon—that you dust your plant it. Fellow citizen, that we were vegetable plants in pay for our green-duster and used it in a spray; it's much less messy and less trouble to keep filled ready for use. It shoots the dust up under the leaves, which is most essential in fighting the worst pests we had—bean beetles. ALICE K. CRIPPS, Albany.



Pole beans on fences

MISSOURI—My earnest promise to myself for next year is to let my garden grow, not constantly investigate to see how the seeds and plants are coming along. Last year, as an absolute novice, I was too enthusiastically curious. Also I am going to be more patient and wait until the beans, tomatoes, etc. are really big and ripe enough to use before I pick them. My advice to other green beginners is: Let Mother Nature take her course; she has been at it a long time and knows how. Incidentally, thanks for publishing such a truly American magazine where we can all have our say—even the rank amateurs. EVELYN DROKE, St. Louis. . . .

CONNECTICUT—I can't say much about my vegetable garden, because I have just flowers; but the boys have a big one and my work there begins when it comes time to pick and cook the crops. Then do we eat! I am writing to tell about the wheelbarrow I made out of a wreck of one I found, just the handles and a wheel. I took the top and one side off a box from the grocery store and nailed it to the handles in place of the original bed. Then I fastened a smaller box in front, in which I carry tools, string, gloves, kneeling pad, etc. so I will have everything I need when I go out to work. I can use the large box for a seat when I am tired or when weeding or transplanting, as well as to carry plants, vegetables, dirt and so on. I painted the large box orange and the rest green to match my garden furniture and it looks real nice. Anyway, no one tells me, "Mother, someone's coming. Get that old cart of yours out of sight!" And my friends when they see it say they wish they had one. MRS. LUCY B. REID, Manchester. . . .



Mrs. Lucy Reid, Connecticut

MINNESOTA—Faced by the problem of raising enough vegetables for summer and winter needs on 50 by 50 ft., we thought it over carefully and decided on a succession of some crops and a "pole crop" for the rest. We planted spinach close to the rows of peas just as the latter were about finished; set tomato and cabbage plants between some of the pea rows; put a trench of celery across one end of the garden, etc. The pole crop was really three in one and, growing straight up, saved both space and labor. We used six-foot poles cut from a friendly farmer's thicket, and around them planted Telephone peas, Pencil Pod green beans, climbing tomatoes, Zucchini squash, giant and baby limas, and climbing cucumbers. For our trouble and fun we have 400 quarts of vegetables in our pantry (as nice a variety as could be found in a grocery store) and three bushels of potatoes. *We'll never, never be without a garden again.* DIXIE MARY ANDERSON, Owatonna. . . .

NEBRASKA—I live on a farm at an altitude of 4,488 ft. My garden must share the water from one windmill with the livestock. My suggestion is: Alternate the rows of wax beans and tomatoes. The beans won't be attacked by blight as much as when planted in a block, and, their roots being shallow, what water gets below them is used by the tomatoes. Using trench irrigation, I have tested this method for three years and gotten fine results. Last summer, for example, it did not rain here between June 10 and October 15. Yet my tomato vines grew and bore well. So, in this region, I am all for trench irrigation and moisture conservation. MRS. G. E. DYER, Hemingford.



Billy Hooper in his Massachusetts garden



Gertrude Brassard, New Jersey

REVIVAL of the "COMMON" or "KEEPING" ROOM



AND what better time indeed to revive our ancestor's "family sitting room" than now when all of us have more to do and less to "do with"? Aside from these duration needs, consider too that in all too many homes the so-called living room grows daily more like a "parlor," but with this difference—when Grandma called it a parlor, she used it for just that. It was reserved strictly for the visiting minister, funerals, weddings and, very occasionally, for family re-

unions on Thanksgiving or Christmas. Her parlor did not have to be really comfortable, but ours? We fuss up a common living room until it is no more comfortable than Grandma's parlor yet must be used every day, every evening by the entire family! Look then to these sensible women who have frankly gone back to the old "keeping room" for family living, for ease of upkeep, and sensibly attempt no parlor antics in a "common" room.

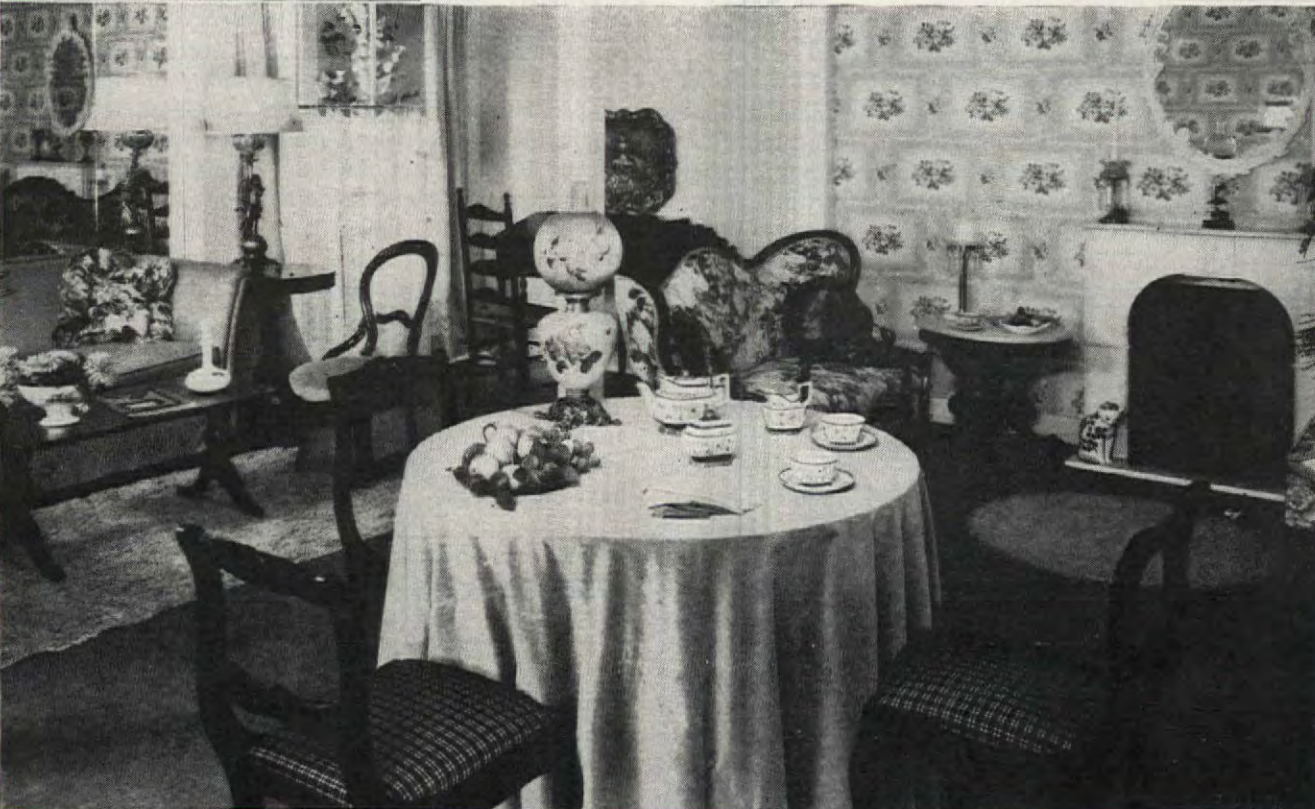
Mrs. Robert Du Puis, of Northbrook, Il-

"Common" room in the home of Mr. and Mrs. Robert Du Puis



Clare McCanna

Signe Page

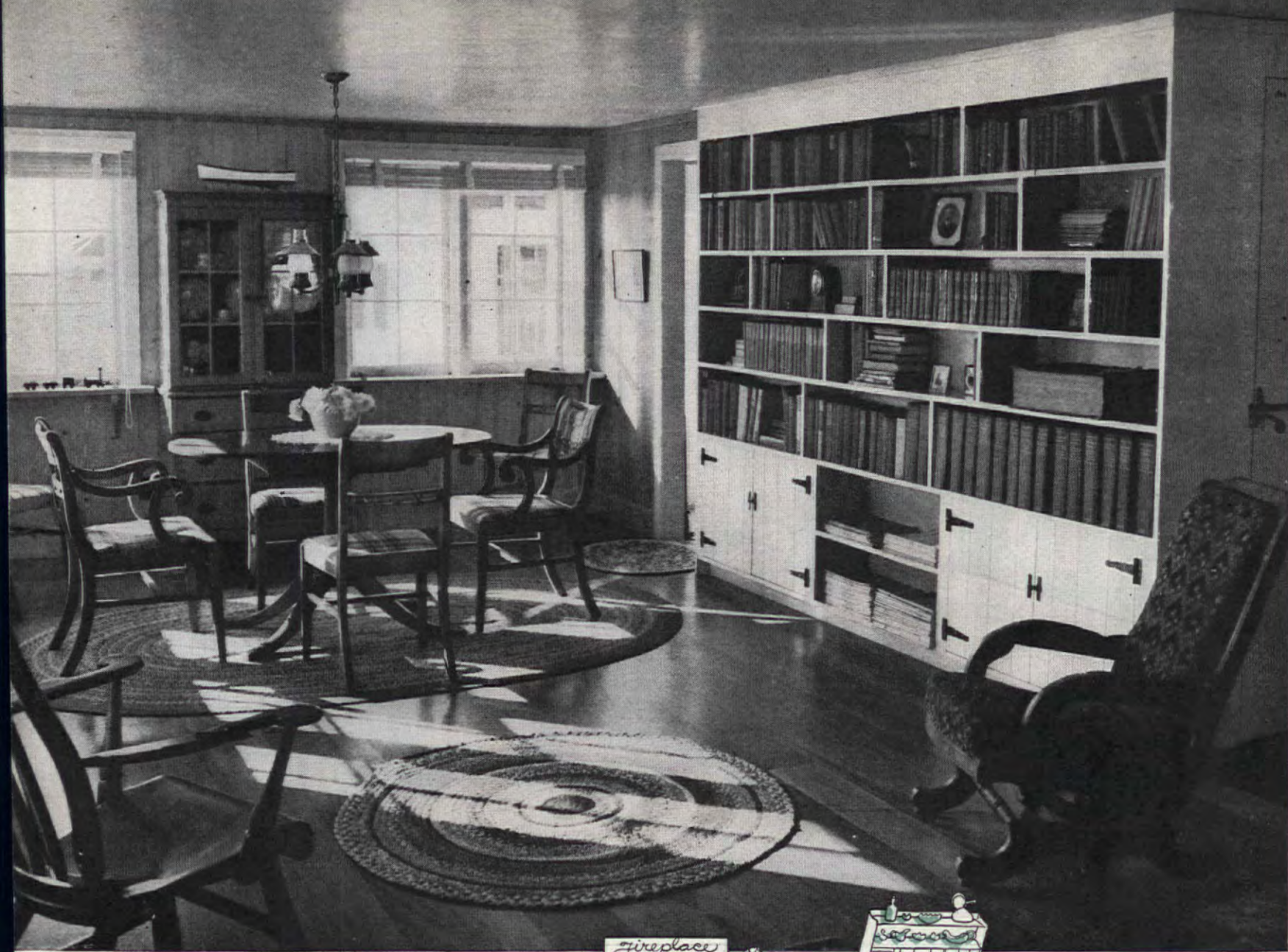


Victorian charm skillfully recreated by the Decorating Staff James McCreery & Co.

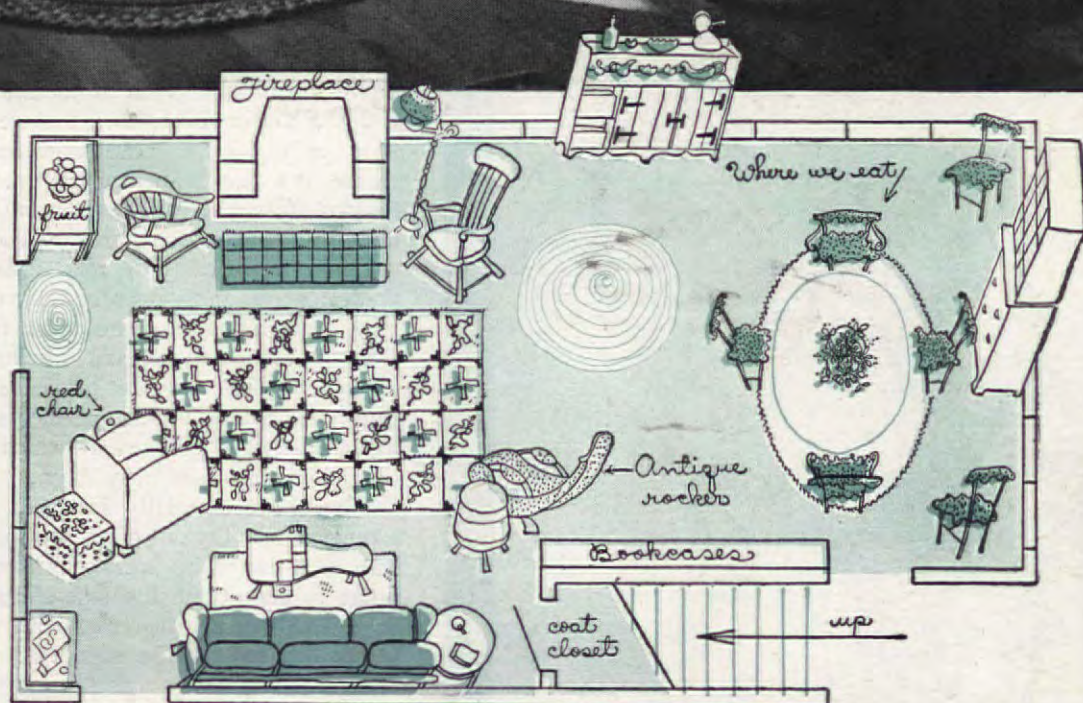


linois, calls her all-purpose room a "common" room and uses it for dining, reading, study, sewing and play, while little Tommy, as you can see, has his own maple table and chair for his meals and play. Next comes a Victorian room decorated by James McCreery & Company of New York, and a smart room it is in white and putty color, mauve, purple blue, and cinnamon brown. The floor is painted and spattered in the wallpaper colors, with a few scatter rugs of white cotton string—easy housekeeping there, eh? Yellow and gray plaid Victorian chairs will do for bridge, tea, or dinner by merely whisking off the mauve velvet table cover and the old oil lamp. Gay chintz Victorian love seat and chairs in delightful profusion for pleasant conversation. And next, Marian Doolan's keeping room in her

To Marian Doolan "keeping room" has come to be the blessed symbol of home



Washington, D. C., home. "The dining room was a funny little room, not big enough to be a real dining room, nor small enough to be a dinette. . . . Guests skirted that room and came out to eat their Welsh Rarebit at the old kitchen table. . . . The kitchen would get crowded, and I'd get cranky. . . . Tucked away I had a picture of an old kitchen, an enormous room with pine paneled walls . . . iron pots and bunches of drying herbs hung near by . . . it was called a keeping-room, this livable charming old room . . . a keeping-room, a room to keep the family together. . . . We set out to copy this room. And we did—to the best of our ability . . . a long slow business, knocking out the wall to make one great room of kitchen and that ghastly little dining room. . . . There's so much more we could tell about the room . . . how it has doubled as an extra guest room . . . about the book reviews and sewing bees held around the big table . . . and the rainy Saturday mornings when our eleven-year-old brings his gang in to make popcorn balls. . . . It's funny, too, about this keeping-room of ours and what it's done to our lives. . . . We don't have cocktail parties any more. . . . They don't seem to fit . . . it's the kind of room for family reunions, and children's parties, and long evenings alone with each other. . . . Keeping-room! The name has come to be



The keeping room of Catherine and Philip Clarke has a true Early American personality

the blessed symbol of home to us. . . ."

There's nothing we can add to Mrs. Doolan's story, nothing except our gratitude for letting us publish it and show two views of her charming family using and enjoying it.

Finally, but certainly not least, Catherine and Philip Clarke's "keeping room" down in Bay Head, New Jersey, and shown on this page with Mrs. Clarke's own delightful floor plan. A room in pecky cypress, soft greens,

polished brass; a room with ten windows and four doors, through which the sun shines all day on their soft maple furniture and hooked and braided rugs; a room with lots of books—this is the Clarke's "keeping-room."

Worried about keeping the family together these busy days, worried about keeping up a whole house with little or no help? Consider, gentle reader, the possibilities of simplified, congenial family living of a keeping-room!



The ARRANGEMENT and Care of LEAVES



IF, NOW and then, your flower beds fail you, or you want something different for a change, the trees, shrubs and vines in your yard will often provide material for a smart, original decorative touch. The green of their leaves is restful and inviting; their texture and form are refreshingly novel, and the fragrance of a pine branch or the graceful beauty of ivy adds new interest to a familiar—perhaps too familiar—room.

Don't be afraid to mix different shades; leaves take much of their color from the sun and are translucent. Some (such as maple and camellia) are doubly useful with their different colored sides. And in most cases leaf arrangements will far outlast those of flowers—which is a real advantage these busy days.

Figures are especially fitting in such arrangements. Try one of an old Chinese man in a flat white bowl with a green lining to accentuate the jade statuette. Some small eucalyptus twigs with their leaves bronzed can be supported with

tiny gray stones to form a miniature tree. Willow is good, too. A sheath of five calla leaves in graduated heights can provide an altar-like background for a slender white madonna. Or a mixture of begonia, ivy, and various succulent leaves would make a good setting for a figure of the gentle, nature-loving St. Francis, as illustrated above.

Fruit centerpieces can be enhanced by leaves. Even a single palm frond with its spiny fingers will accent the smoothness and bright colors of apples, pears, bananas, and the like. Glossy green orange leaves or grape vine shoots in among the specimens give an inviting touch. Even the vegetable garden contains unexpected riches in the way of ornamental foliage; that of artichoke, beet, carrot, or cabbage, for example.

Careful selection of containers helps greatly. Wooden bowls are especially appropriate and copper or pewter are effective, as the arrangement of graceful pepper-tree foliage at the left shows.



1—Choose leaves not too old; they will not so soon dry and fall off the stem

2—Pick in early morning or late evening; leave in cold water a few hours

3—Split or hammer ends of woody stems to hasten the absorption of water

**YOU HAVEN'T A THING FOR FLOWER ARRANGEMENTS?
WHY NOT LEAVES FROM YOUR OWN GARDEN?**

MARCELLA HELLER

LET'S BAIL OUT ...

and FACE THESE POST-WAR REALITIES

**IF YOU OWN AN OUTDATED, UNDISTINGUISHED, OR UGLY HOUSE—
WHAT ARE ITS CHANCES FOR SURVIVAL
WHEN PEACE COMES AGAIN?**

WILLIAM J. HENNESSEY

SOMETIME in the future people will live in houses radically different from those about us today—ideal houses, perhaps, where even the most irksome of all household tasks will be done by the mere flick of a button. Sometime in the future, we say, but when—well, that's anyone's guess. Certainly not the day after Armistice. And maybe not for many a moon thereafter.

For the past year or more, we've been giving a great deal of thought to this dream house of tomorrow with its thousandfold blessings—it's intriguing promises of a better way of living. But, too, we've given an equal amount of thought to another matter, just as important to the betterment of American living—and certainly much more realistic. We refer now to the thousands upon thousands of homes already built—outdated houses you run across on every highway and byway—houses without distinction or style. Just what is to become of these ugly ducklings—what part can they play in this brave new world we've been led to expect in the future?

Perhaps you, dear reader, own one of these houses. Certainly reading about the ideal future houses hasn't done much to bolster your spirits. Glancing about the antiquated structure you call home must bring on many a shudder of discouragement. The outlook at times seems gloomy indeed. Of course, you could always sell the old rattletrap. In most cases, though, this means taking quite a financial beating. If the place looks a little archaic to you, remember that to the eye of a new purchaser this condition is magnified a hundredfold. Funny, but somehow most of us feel that our mere living in a house has somehow

enhanced its value. This is so much Victorian poppycock and should be thrown out of the window once and for all. Of course, you've spent a lot of time and money on the grounds—the place hasn't the rawness of a newer plot. Still you can't avoid the obvious fact that a house without distinction is just that. So we say, why not bail out from these dream clouds—get out of the stratosphere and face the honest-to-goodness truths.

Well, the obvious fact remains that you have a house—a not-too-appealing house that you're more or less stuck with. Why not discover its possibilities? Remember nothing is hopeless. And the truth is that really deep down in your soul you like the old place. This factor of sentiment, often neglected by our over zealous modern designers, is, when you get down to brass tacks, the difference between house and home. You've lived in the place a long time, the house has really become a background for your particular mode of living, perhaps the children were born and raised there—oh, there are many elements that cannot be added and subtracted like so many figures. If the house itself hasn't kept pace with the times, in most instances the fault lies with you.

Well, we of THE AMERICAN HOME have always prided ourselves on our good common sense. Yes, we have our flights of fancy like everyone else, but you'll notice that our two feet are never very far from the ground even then. For years we've been in the fortunate position of having pass before our eyes houses of all kinds, old and new. Nothing excites us more than a triumph over obstacles. We know for a fact that nothing is impossible if attacked with the proper amount



FIRST OF A SERIES OF DOWN-TO-EARTH DISCUSSIONS ABOUT OUR AFTER-WAR HOMES



of fortitude and imagination. Because of this experience, we are certain that your house, no matter how outmoded and impractical, can rightfully take its place in the exciting world after the war.

One important fact to keep in mind is that changes take time. Of course, American homes are in for an exciting future and many, many advances will be made in the years to come that will influence all of our lives. But whatever changes occur, you may be certain that they will not all happen at the same time. To be successful, any departure from present-day custom must first prove its worth. We realize only too well that the stepped-up war effort is helping to speed along this proving period. So why not make your plans now?

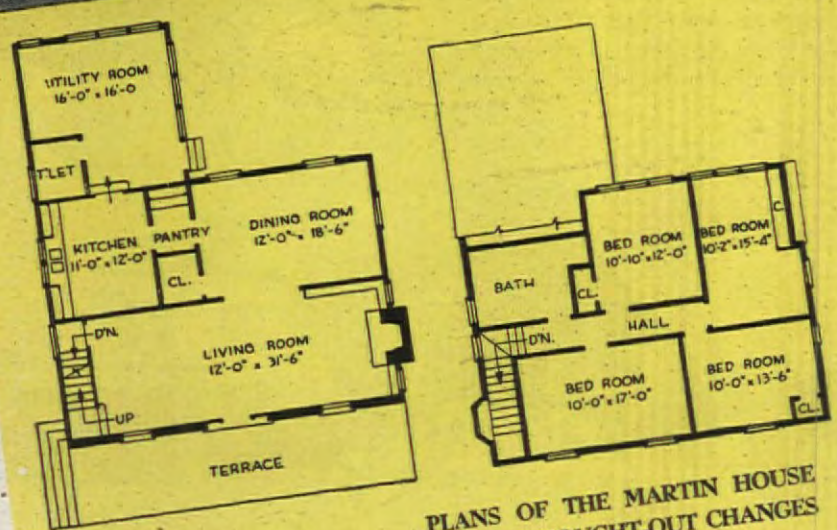
To prove that success in home alteration can be really accomplished in the face of the most discouraging odds, we've selected a few examples where results have proved overwhelmingly convincing. Each case is typical in that the house shown might be found in any part of this country.

Nothing could be more ordinary than the house that greeted the Frank Martins on their newly acquired property in Vancouver, Washington. It's only justification was a magnificent view of Lake Vancouver. The roof lines were ugly, the dormers mean and inadequate, its whole appearance completely undistinguished. It looked exactly like thousands of other houses built in the bungalow era. A study of the "before" and "after" pictures should convince the most doubting of us. Truly, a miracle has been performed. But not without an overdose of imagination, stick-to-itiveness, and work.

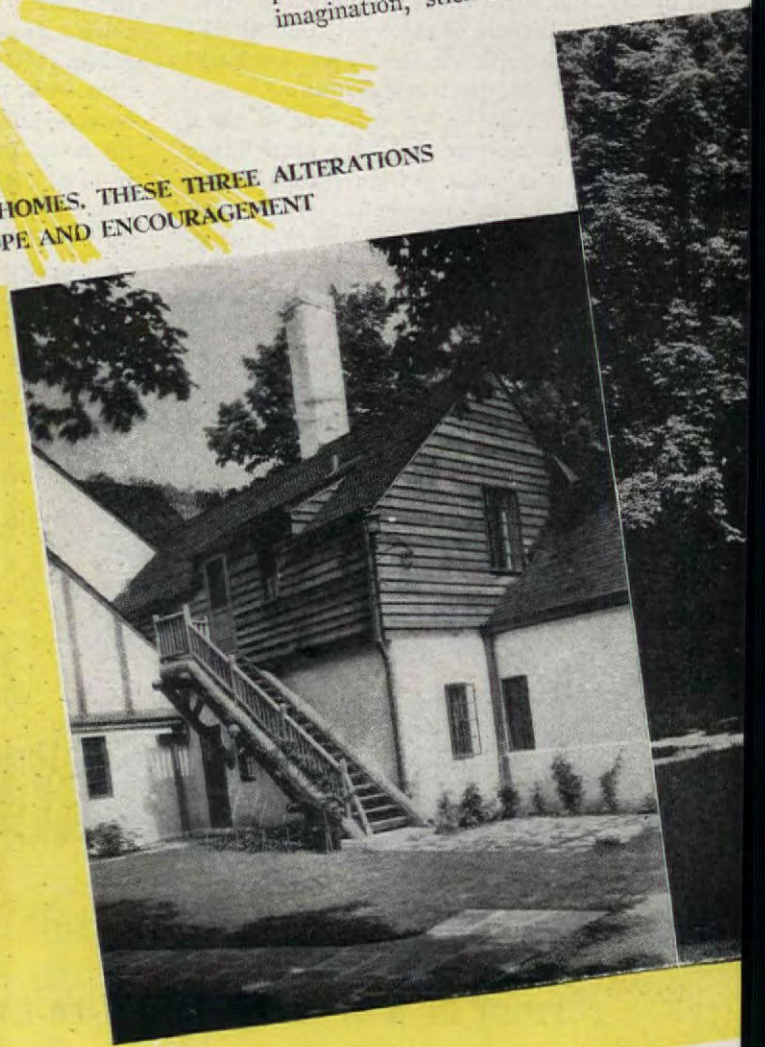


HOME OF MR. AND MRS. FRANK B. MARTIN,
Vancouver, Washington
Data supplied by Marilla R. Whitmore

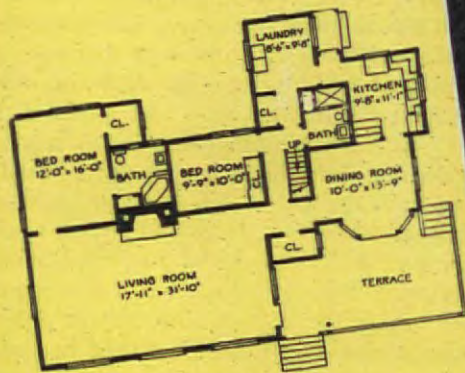
TO OWNERS OF OUTDATED HOMES, THESE THREE ALTERATIONS
SHOULD BRING HOPE AND ENCOURAGEMENT



PLANS OF THE MARTIN HOUSE
SHOW THE SUCCESS OF A FEW WELL-THOUGHT-OUT CHANGES



Few were the Tilton house changes—but what a difference they made!



K. S. Brown

Mrs. Martin had always been an admirer of the salt-box type of house. She also wanted rooms of ample size, properly lighted and ventilated. She now has them but it took months to accomplish the task. The dark, heavily planted front porch was ripped off, bringing sunlight and life into the oversized living room. Better still, with

the aid of the new raised terrace, the Martins are now afforded an unobstructive view of the picturesque lake. Dormers were lengthened to the size of the entire house width, eaves were cut down, and by adding a utility room on back, the long cherished salt-box roof came into being. From a drab step-child, we have now a bright and sparkling



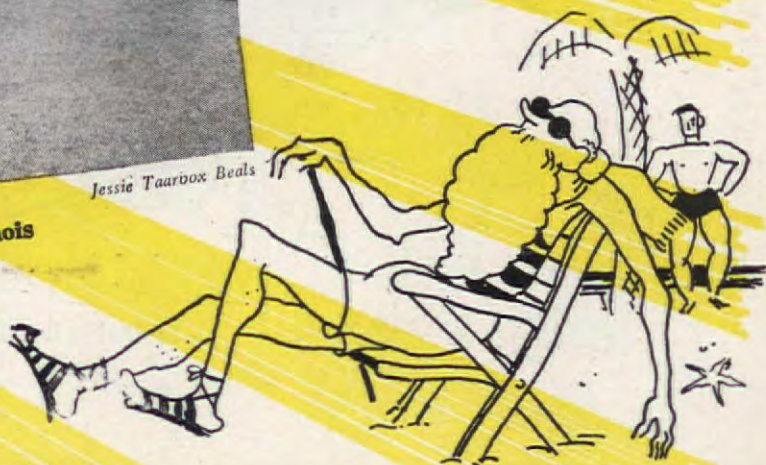
HOME OF MRS. WARREN G. TILTON,
Mercer Island, Washington
George W. Graves, Architect



HOME OF MR. AND MRS. L. W. LAUTMANN, Highland Park, Illinois
S. S. Beman, Architect



Jessie Taarbox Beals



Cinderella waiting invitingly for whatever the future may hold, but quite content as is.

The Warren G. Tilton house in Mercer Island, Washington, the L. W. Lautmann house located in Highland Park, Ill., are other examples of what can be done with discouraging, outdated houses. The former is small and rambling in plan. Originally its exterior was about as distinguished as rice pudding. Yet with very few radical changes, its owners have transformed it into a home willing to accept the challenge of V-Day morning. The change is most remarkable when we consider that most of the structural transformation took place in the rear of the house.

Even the most skeptical amongst us will have to admit that the Lautmann transformation is just short of miraculous. Originally this

type of "white elephant" so common throughout our fair land would have been considered a total loss when gauged by present-day standards. And indeed, rightly so. But, ugly as many of this type of house can be, there's "gold" in them thar timber. Houses of this sort were built to stay. Today, their solid construction and heavy woodwork would be almost impossible to duplicate. Thank goodness we have people like the Lautmanns with us, people who realize the worth of good construction and also blessed with the uncanny ability to judge worth beneath the surface.

Well, you say, this is all very reassuring but remember, the Martins, Lautmanns, and Tiltons had the good fortune to plan their alterations before the days of priorities. What possibly can we do today—our fate seems to be just to sit and wait until that day approaches when the "go ahead" signal is once more given. Not at all—there's no time like the present, say we, but let H. C. Tate of Normal, Ill., who is doing something about all this speak with real and convincing authority.

Mr. Tate says: "You 3,900,000 urban homeowners with houses in need of repair (à la 1940 census) can wait to plan your jobs if you want to. Yes, you can wait until architects develop a house that moves around your throne like a revolving stage, or, by the simple pressing of a button, slides up and down to bring attic and basement within your reach. You're just waiting for the perfect house.

"We might suggest that architects and home owners have been in quest of that perfect house since the cave man ventured forth from his crevice in the rocks. If you aren't careful, you may be more interested in a wheel chair

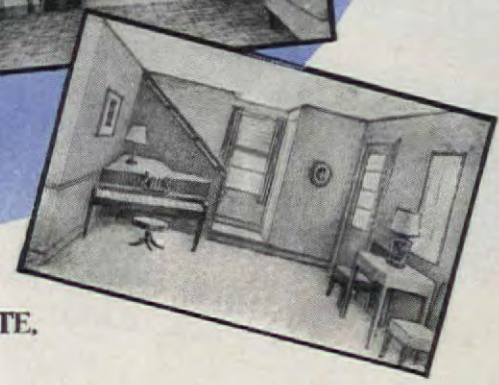
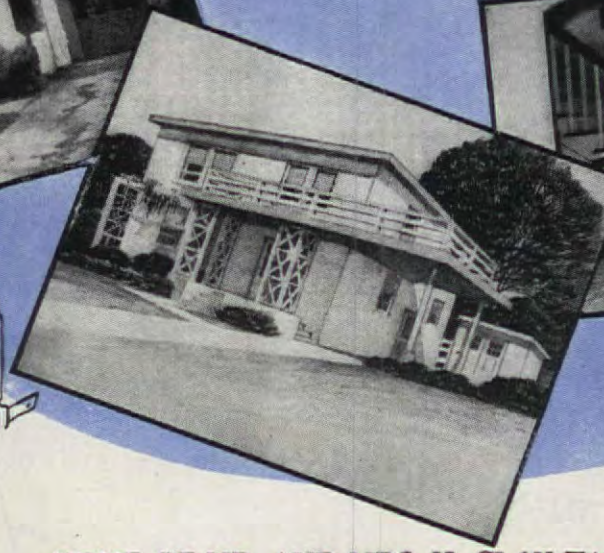
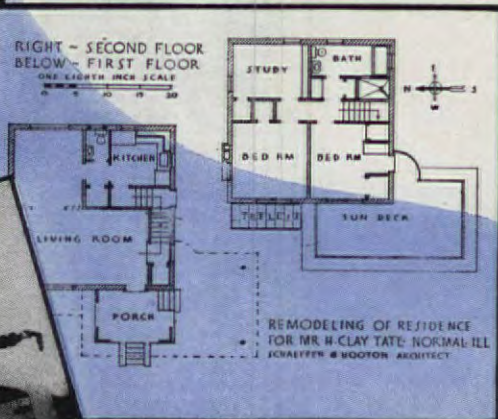
in the Florida sun than in architecture if you keep on waiting. The kids will be grown and you won't need much of a house anyway.

"As for us, we're taking advantage of a good architect to plan our remodeling while he has plenty of time on his hands. Don't forget architects won't have much time for small jobs when materials once again are available for the million or more homes a year promised us after the war is over. If we ever do anything, now is the time. We belong to the 20,000,000 or more families of fixed income who won't have a fortune in war bonds stored away in a safety deposit box. So, since we'll have to progress a little at a time with our alteration, we'd like to know in advance just what we're aiming at. We want to be sure that each job completed will fit into the ultimate whole.

"First of all, we realize only too well that our 'so-called' Spanish house leaves much to be desired. But it lends itself to a conservative modern design without too many basic changes. We would have readily accepted Cape Cod or Georgian had the original suggested such a treatment. Because of location, a screen porch was needed against the ravages of insects. Other obvious alterations followed in succession—a new roof, downstairs lavatory, combination living-dining room, and the inevitable more closet space. When you come down to it, all we wanted solved were the ordinary problems of everyday living—accomplished in the most economical, efficient, and attractive way possible. We didn't expect a miracle. We're more than pleased with the plans submitted by the architect. Any one of the ten or more changes can be independently made.

"Yes, now is the time to plan for future improvements. Remember, the postwar house will still be a house—it will still be designed for people to live in. Let the research army continue their quest for new ways and means to build. That's a part of the American way of life. Now with a set of plans before us our war bonds take on a new meaning."

Thanks, Mr. Tate, for expressing our ideas so pointedly. We're with you one hundred per cent. And you homeowners of "so-called" hopeless dwellings, take heed. Look around you—perhaps there's life in the old house yet



Schaeffer & Hooton
Architects

HOME OF MR. AND MRS. H. CLAY TATE,
Normal, Illinois



Photograph by Mary Brandel Hopkins

THE gathering had that peculiar tenseness which appears whenever grown-ups are trying to talk and a small child is clamoring for attention. Little Jane was supposed to be amusing herself. After she had been "sent out to play" half a dozen times with little success, her mother became quite severe with her. "But you love me, Mummie, don't you?" queried Jane anxiously, as her mother, having interrupted the conversation, gave her a stern command and then a kiss.

"Yes, my darling, I do love you, but you just don't know how much Daddy and I are going to *adore* you once you grow up and are able to amuse yourself!" Jane, half satisfied, went out into the yard to start growing up. The conversation in the living room resumed its course, but somehow I couldn't listen.

Evelyn was perfectly within her rights to insist that Jane play by herself. It was an hour when she was supposed to. That wasn't what bothered me. What did give me pause was that Evelyn—and many of the rest of us—do get so impatient with childhood. We are forever thinking of our young in relation to the future. We are so sure that we shall enjoy them more as they grow older, that we sometimes forget to enjoy them as they are themselves today. Yet why do we have babies? So that we can pass as quickly as possible through the infant, toddler, pre-school periods? So that eventually we can have companions of our own flesh and blood with whom we can carry on adult conversations? I think not.

Of course, it's fun to look toward the future,

to dress our two-year-old daughter in her first evening gown, to register our son in his father's college, to spend hours planning high school parties for the infant who sucks at our breast. There is not one of us who doesn't look forward to the day when Johnny ceases to wet his pants or to mess up his food or to monopolize adult conversation. But doesn't it seem that we perhaps pay too much attention to the annoyances of a certain age, at the same time glorifying the pleasures of a future one?

Listen for a moment to the mother of a creeper: "If *only* he could stand on his two feet! He's absolutely filthy all the time." "Oh," answers the mother of another toddler, "There are worse things in the world than a dirty romper. Wait until he begins to turn on a gas jet, dump a box of mustard into his cereal and knock over the cod-liver oil bottle onto a rug just back from the cleaners."

"You haven't seen a *thing* yet," chimes in the mother of a two-year-old. "Susan ought to understand by now that she shouldn't cross streets, but she's driving me frantic. . . . If only she'd grow up!" Barbara, whose daughter is six, joins in with, "the very worst age of all is when they begin to be sassy."

We laugh at our own mothers who look with longing eyes on their grandchildren, envying us for having babies in the home. "They're only young once," they say wistfully. And we, who think that we are so much more intelligent than those "born mothers" of a generation ago, pay scant attention to their nostalgic murmurings. Are these grand-

mothers really trying to say they are feeling a bit guilty for not enjoying their babies as much as they might have when they were young? Are they trying to tell us, who are still in the process of raising children, that it's all a pretty wonderful business, that we should grasp the ultimate of enjoyment as time goes by from every waking moment?

Let's love our babies a little more *now*. Love them—take time to play with them, to laugh with them. We all need time away from our children. We need moments for our husbands, ourselves, and for extra curricular duties and pleasures. But one of the most important reasons for taking this time away from them is that we shall be more of a person, more able to enjoy our children and they us during the time we do spend with them. Tomorrow's child will be different from the child of today, but every day has something to offer in the way of delightful companionship. Let's not dwell on how nicely he will be talking five years from now. As we correct him, let's enjoy this moment of his learning process.

All this does not mean that we should go to the opposite extreme and bemoan every day which brings our baby out of babyhood. Loving is growing. Jane's mother and father will love her more in fifteen years because they will have had fifteen more years in the practice of loving, and *not* because at eighteen Jane will be able to amuse herself. Just so, when the day comes when our children are no longer wholly ours, we may say with truth and sincerity, "We've had such fun a-growing."

PYTHIAS AND DAVID

OR THE STORY OF SUNNY FIELDS

FOR ten years Davey has hankered for a tractor! You know—the way a woman yearns for a cheery velvet negligee, a darling little poudre table or something equally adorable and unattainable. But it took a war to grant Dave's desire—well, let me tell you the story of Pythias, our tractor, and David.

Last fall when we bought Sunny Fields out on Stringtown Road, Davey immediately became "landed gentry." True, Sunny Fields took in only a service yard, a stone terrace, windowsill herb-box, and a vacant lot next the drive, but no man ever felt more expansive than Dave as he stood at his door and exulted, "Now, I've got to have a tractor!"

"I've simply got to," he repeated, as though he thought I hadn't heard him the first time. "I may be too old for the infantry, but by the Lord Harry, I'm not too old to help feed the nation." Well, there's not much room left for a woman's argument when a man puts a statement that way. And I knew it! I knew, too, that working with his hands, "feeding a nation" as Dave said, would bolster his lowered morale more than anything he'd done so far to help win the war on the home front. It's been pretty tough on fellows like Dave who want to see actual fighting service and cannot for reasons of age, responsibility, or health.

No lad on the battle front could have felt

GRACE V. SHARRITT

dream—so—it was just one of those things. We ran the gamut of domestic emotions, but Pythy remained immobile throughout the performance. It was this immobility which enraged Dave so much, for this home-front vehicle has to be started like an outboard motor. The would-be agricultural soldier sweated blood and tears and swear words. All I had to do was close my eyes and memories of Lake George, of that summer when we were becalmed for hours, rolled over me.

In the midst of his lines, telling me in fortissimo to give the Big So-and-So a push-toellouofhere, who should walk around the corner but our new minister! I tried to warn Davey, but he was yelling so loud by that time he couldn't have heard a bomber overhead.

Well, I've hidden Dave from lots of visits from ministers. He's stayed in the basement quietly going over his mineral collection while preachers have waited upstairs for him to return from the office. One night, this sinner of mine made me perjure my soul on the front porch to the Reverend while he, David, got around to fixing a broken-down towel rack in the kitchen! But there isn't much you can do with a man on a five-horse-power tractor painted a bright red, and that man shouting to high heaven, "to get the hell out of here!" I'll say this for Davey though, he took it with a grin. So did the new minister! However, it was the end of a possible workout that night for Pythias.

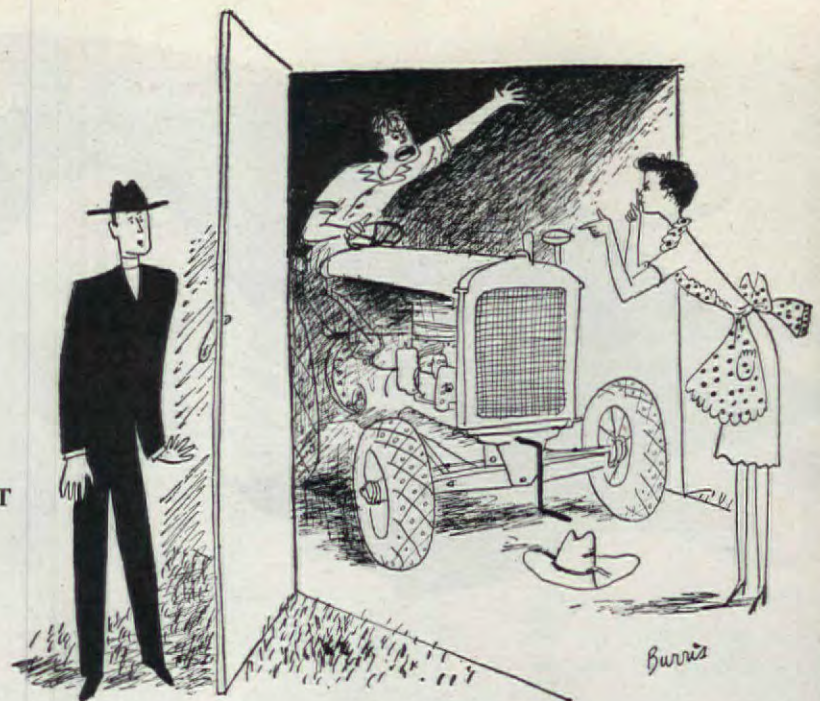
There was a week of rain for Sunny Fields and one of pain for Davey. In the meantime, the male neighbors for miles around came over to give advice and lend a hand with Pythy's innards. But David wouldn't let one so much as touch a clod of virgin unplowed earth—and I didn't blame him either. Not a bit!

It was an early Sabbath morning that Dave chose as his debut with Pythias and the soil. A Robert Browning morning—larks on the wing,

dew on the rose and all that sort of thing. There was dew on the sod too at Sunny Fields as Dave climbed aboard his roaring steed. I waved an admiring farewell as he galloped away over the good earth. I felt like ringing a bell, calling, "Hear Ye, my Countrymen!" For although Dave's uniform was only a pair of coveralls and a wide brimmed hat, his charger a bottled-gas machine which lurched around the vacant lot, there was the look of a warrior in Dave's blue eyes as he made the first row. A tear persisted on creeping down my nose, for there was something about that morning, and Dave, and this land of ours that made me feel awfully glad that I lived in a place called Sunny Fields.

Now, in winter, I like to look back at that lovely spring morning. I like to remember the weeks that followed. Some of them, to be sure, painfully discouraging, when there were drought, cabbage worms, and early frost that caught the late tomatoes. I cannot honestly say either, that Pythias is entirely responsible for the canned beans, corn and pickles that stock the cellar. But I do know that our tractor brought a kind of glory to the lives of Davey and his friends not eligible for front-line duty.

I like to remember too, what Dave said one night in August, when we heard that our neighbor's son was missing in action. "Every weed I pulled this evening," Dave said, his eyes clouded with a hurt he couldn't hide, "I did for Ed and those brave boys who were with him. Every ear of corn I picked, I did with a sort of prayer." Perhaps our gardens have become a kind of symbolic altar for those of us who must stay at home to cheer and work and pray from the sidelines of tomato patches. We are already planning for next year's attack at Sunny Fields. Dave, believe it or not, has learned how to start the motor of Pythias without having a hemorrhage, and has learned from no one other than our new minister!



Sketches by Burmah Burris

more exhilarated than old Dave the night Pythias arrived. Dinner was hours late. In fact Dave didn't want to eat then, but it was so dark that even an owl couldn't see to put the gadgets together. The next afternoon Dave caught the four o'clock train instead of the usual five-thirty. "Get me a snack, Hon," he called, making a bee-line for his fatigues, "I want to give Pythias a workout."

Dave has never been one of those men who are deft with tools. And you couldn't call me exactly the answer to a hardware-mechanic's





The Man Who Forgot He Was Married

HE was an ideal family man... adored his wife... loved his home... and would give his life a million times for his three, fine, strapping youngsters.

But one fair day he got a shock... a jolt that opened up his eyes. In all the years that he had been buying fire and casualty insurance he had plumb forgotten about his wife... and his children... and a lot of things about his home.

How did he find this out?

He asked *The Man with the Plan* to make a complete analysis of all his insurance... just to see if it was in good order. And what startling errors he found. His liability insurance didn't cover his wife or children. He had overlapping theft coverages. His fire insurance was far from adequate. And his accident protection... which didn't even include his wife and children... had lapsed. It was as good as nothing at all.

If anything ever was true, it is this... it is always wise to talk with *The Man with the Plan*... your local Employers' Group agent or broker... before you buy insurance, either for your home or your business.

The Man with the Plan analyzes your present protection. He studies your actual needs... looks for the

hazards that can cause serious financial loss. And *most important*, he outlines for you... absolutely free... a complete, modern protection plan that gives *freedom from worry over financial loss* at the lowest possible cost.

Always, when "Wise men seek wise counsel", they talk with *The Man with the Plan*. Call him today.

★ ★ ★

The Man with the Plan brings you news by Cedric Foster... Sunday evenings over a national radio book-up. Consult your radio page for time and station.



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THE EMPLOYERS' GROUP MAN IS THE MAN WITH THE PLAN

DIGNITY



Without "Stuffiness"

THERE IS TODAY AMONG "YOUNG MARRIEDS" A DEFINITE TREND TOWARD

FORMALITY—ON A SIMPLE SCALE,

BUT NONETHELESS DIGNIFIED

We wish to thank the following for their cooperation: Karagheusian—rug. Tomlinson—all furniture except coffee table. Curtains—Celanese Chifonese, a rayon sheer. Harry Stone—primitive painting and silhouettes. Pittsburgh Glass—mirror. Heisey—crystal candleabra. Copeland Thompson—Spode Pink Tower china. Edwin Jackson—fireplace. The Brass Mart—brass. Chabak—coffee table. Barret Textiles—slipcover, swag draperies. Snow suit, Advance Pattern Co. Botany certified fabric.

THAT'S news? Indeed it is news and *good* news to be able to report increasingly successful efforts in disassociating formality or dignity with elegance in architectural design as well as decoration. For it was but a short time ago that the word "dignity" conjured up a stiff elegance and, as often as not, a stuffy pompousness mistaken for dignity. And it was but a short time ago that anything small had, for some strange reason, to be simultaneously "cute" as though dignified surroundings were a matter of *affording*, not a matter of reflecting, the personality or temperament of a house's occupants! There was always an alternate, of course. One could always wait until one's income was large enough for a large, formal house (yes, the two words were always used together). But usually one started off with a "cute" little house and

gradually attained the dignified formal house stage—and age.

That serious, dignified young couples resigned themselves to is not as absurd as it seems to be on first reflection. There were, of all, no designers remotely interested in young-and-meager income or their problems. Secondly, there was no good formal furniture available in proper scale to a small house—nor, for that matter, charming, formal, small house put it in if it had been available. Formality meant elegance, and not always elegance in the good manner, at least elegance without heavy hand. There were fine 18th Century antiques in exquisite scale, but that's not what we're talking of at all. We mean not dignity in a small scale house, but also dignity on a smallish income.

We decided we'd try our hand at decorating a dignified but small living room. Our results are seen herewith. There is no "quaint and cute" about it, but it was no fudging with antique over-size windows and nice work. Most very small houses don't have these nice adjustments. That we justified our title "dignity without 'stuffiness,'" we think you will not deny. And that is a difficult problem we'll not discuss.

Building our color scheme around amethyst carved cane and a richly flowered cretonne, we painted our walls a dark gray, our trim a pure white, and over the pine fireplace rubbed an antique finish in light gray. Sofa is covered in the same lovely cretonne used for swag draperies. And we'd like to stop a bit, because this is right here at small window that so many women run at.

Our windows are like many windows in small houses—"little ones. To have used yards of fabric would have created "stuffiness." However, curtains of sheer white nylon, with a clear plastic fringe, together with a swag drapery, gave us restrained, dignified window treatment. The fabric, rather large scale and over-rich in color, for that same reason very handsome and so bountifully "covered" design that it is completely typical in a family living room.

The tufted green velvet of the very good chest and table, handsome gilt mirror that importance as well as utility chest beneath, even the primitive painting over the mantel—all not only harmonize perfectly but contribute their share in creating a dignified, warm, and rich Eighteenth Century living

Démarest

WARTIME

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THESE girls of the Jitney Brigade are replacing men,—driving the trucks that move materials and parts inside the plants of the Chrysler Corporation. Only a few could be grouped for a picture, since many others could not be spared even for a few minutes from their vital work. Talk to any of these girls and women in Chrysler Corporation plants and you'll discover that they are pretty much like you. They, too, have sons, husbands, brothers

or sweethearts in the armed service all over the world. They feel they are helping to win the war. They are also buying war bonds to make their efforts still more effective.

Thousands of other women are doing technical production jobs with skill and confidence. Many of them had no previous factory experience but were trained in Chrysler Corporation plants, and

were paid while learning. There are over twenty-five thousand girls and women working at a variety of vital war production jobs in Chrysler Corporation plants. They have helped fill the vacancies left by the thousands of men who have joined the armed service, and their ranks are being enlarged by new enrollments every day.

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BACK THE ATTACK... WITH WAR BONDS



Photographs by F. M. Demarest

Tinsel and Calico Cottage

MAYBELLE MANNING



...or what to do about a house that is "so terribly nothing"

"Something for nothing—and something out of nothing" is our motto! Directly above, "Sobre Mundo," the beautiful mountain top estate of Mrs. Jane Fisher, whose haughty terraced gardens now say beans, peas, cabbages, instead of roses and magnolias

Opposite page: Seated before the Victorian decoupage desk (\$1 at auction) and the impressive decoupage flower picture are the author and Mrs. Fisher

How explain what happened, to us or anybody—in this changing world of today! A paratrooper's surprise upon making a first terra firma, could not have been more supreme than finding ourselves, three lone women, the sole occupants of a Catskill mountain top in weather 35 below, with our nearest neighbor a friendly ten miles away. I wanted quiet and retirement in which to finish a book. Miss Wild-Rose, our pet name for my mother nearing eighty, with the gay summer blue eyes and pink bisqué cheeks, wanted as always, to do "what we girls wanted to do." Jane Fisher was saddled "in these times" with that most formidable of possessions, known as "an ee-state." Both our sons were off to war—and here we were left to guard the home front. Of course we wanted to swish ourselves into a dashing uniform and throw ourselves up to the hilt in Victory work. But they like 'em young in this war it seems, and so the best uniforms for us were the old pants our boys left behind, together with some good unused shoe leather, and that "look" in our eyes. Eight years ago, Jane acquired the fantastic mountain home, "Sobre Mundo" (Portuguese for meaning "over all the world") from Madame Galli-Curci. "Sobre Mundo" with its haughty terraced gardens, turquoise swimming pool, and fern-carpeted woods was the luxury of yesterday, the dream of a lovely life before the nightmare of the madman of Berlin.



The "chicken-chest," an old half of a bureau, across whose background of
 Chinese red marches a snow white chanticleer surrounded by an admiring
 coterie of proud-walking hens (from a poultry catalogue).
 "Parlor B" done up in perky red calico, a what-not and old mustache cups



At top, the author's bedroom. Spool bed gaudy in cinnamon rose and gilt, the headboard flung with a decoupage garland of heavenly blue morning glories. Note decoupage picture above dressing table of Old Glory framed by morning-glories . . . Next, the "Tinsel and Calico" cottage, before and after it got spangled with glitter. Suave flagstone terrace and natty white picket fence

"At least I've got sense and brains enough to grow potatoes," said Jane, her blue eyes sweeping the terrain of uncultivated hills, waiting for their first planting.

And so, being the kind of enthusiastic females we are, and fired by Dr. Alexis Carrel's claim that man possessed 12,000 unused brain cells, we set to, pronto, entering into the dairy business, the produce business, the pig business, and the chicken business. Just as easy as falling off a milk stool, we thought! We learned!

Trying to get an oil requisition for heating "Sobre Mundo" with its twenty-odd vaulted ceilings, and stone floors was as likely as stoking up the *Normandie* for a winter cruise. We decided we would move into the farmer's house. Like trudging refugees clinging to a few cherished possessions, our arms filled with china bibelots, we turned our backs on the grandeur of "Sobre Mundo" and climbed the wooded hill to the farmer's cottage, a banal, middle-class, ugly little structure perched a few feet off the public road.

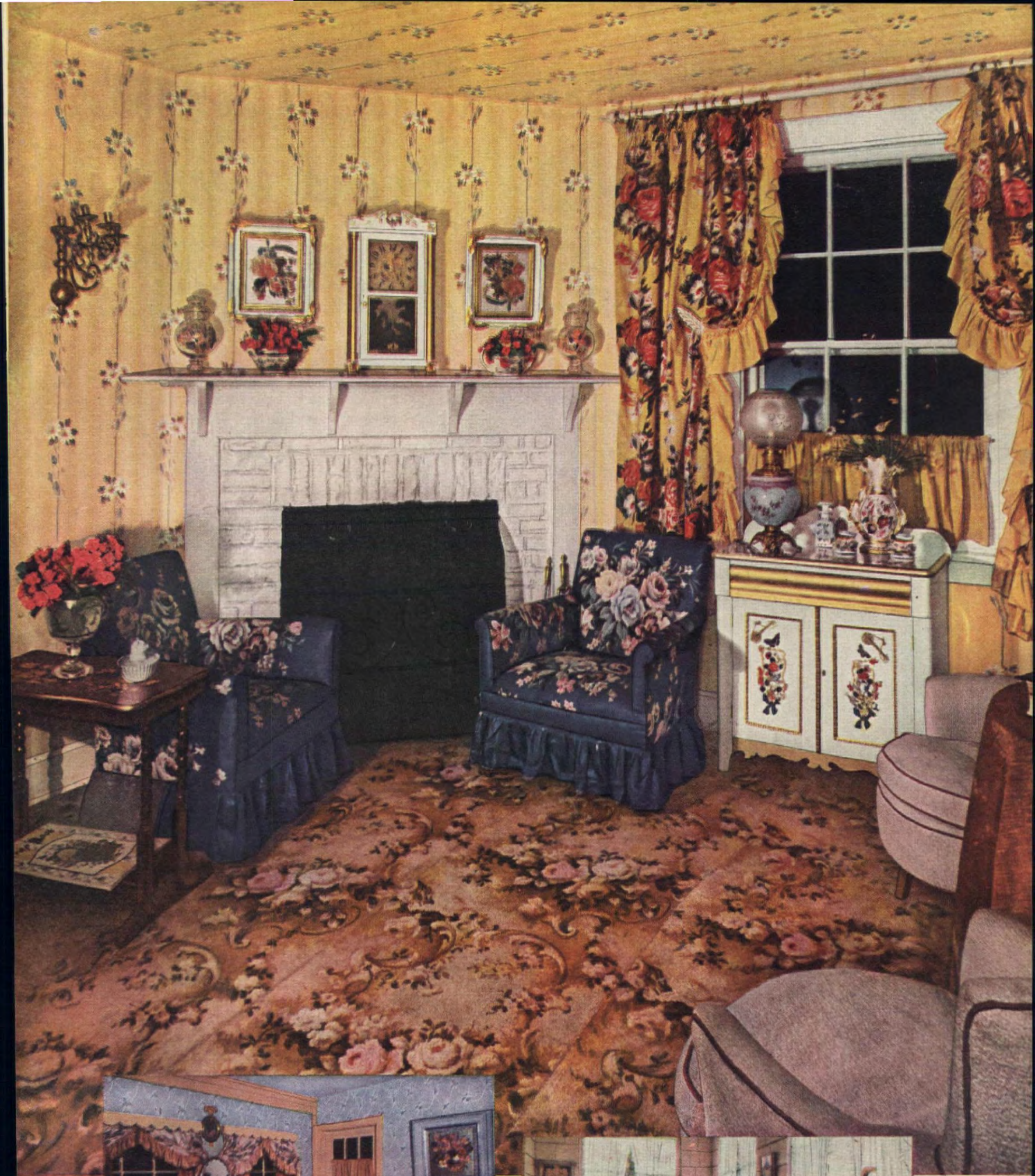
"It's so terribly nothing," sighed Jane, parking a Staffordshire ornament on the gleaming golden-oak mantel. "If it were only imitation salt box, or second-rate Colonial, or 'anything,' we might have something. We're not Mrs. Houdinis."

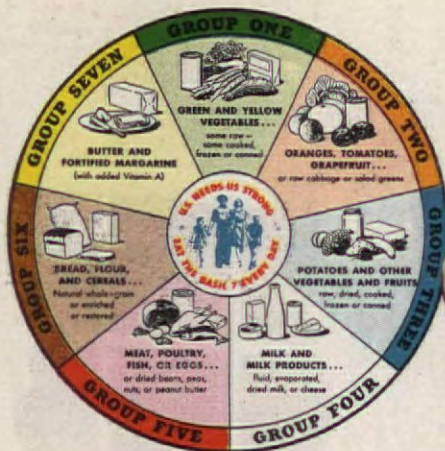
"When you're in a spot," I suggested, "there's nothing to do but something extraordinary," and recalled a winter in France when I had learned from an old Normandy family how to do "decoupage"

—just the thing to make character for our collection of worthless and dreary furniture. (*Decoupage: Flowers, fruit, and birds are most carefully carved out with tiny, very sharp scissors, as clumsy cutting will be most obvious in the finished picture or furniture. For the pictures, flowers are lightly tipped in gold paint around the edges, pasted face down on glass. Over this goes a protective coating of lacquer, upon which is applied your background color. You will find that you will wrestle with many kinds of glue should you attempt decoupage, as surfaces vary as well as the thickness or thinness of paper flowers. Any kind of paste or glue is the thing as long as it sticks permanently, anything from iron cement to toupee paste!*) In the "Tinsel and Calico Cottage," as we soon called our new home, we indeed went whole-hog, as there's nothing that we left undecorated or undecouped. It was like a creeping Christmas madness which possessed us all as we snipped, pasted, and gilded, ecstatic over the effects we achieved—flashy scarlet and tinsel in the spirit of tinkling bells and Santa Claus.

The paste-pot and glitter, however, we reserved as "homework" entertainment in the long, quiet evenings. Daytime was dedicated to harder and more practical

The chunky little "Parlor" looks as if all spring had escaped. Parlor "commode" made from twenty-five cent washstand. . . . Mrs. Fisher's sweeping dressing table was created from a golden-oak sideboard. The handsome, flaunting flower picture created from our better flower-and-seed catalogues. . . . A sunny corner of the glassed-in porch, gay as a bird cage





Here's my target for today and every day!



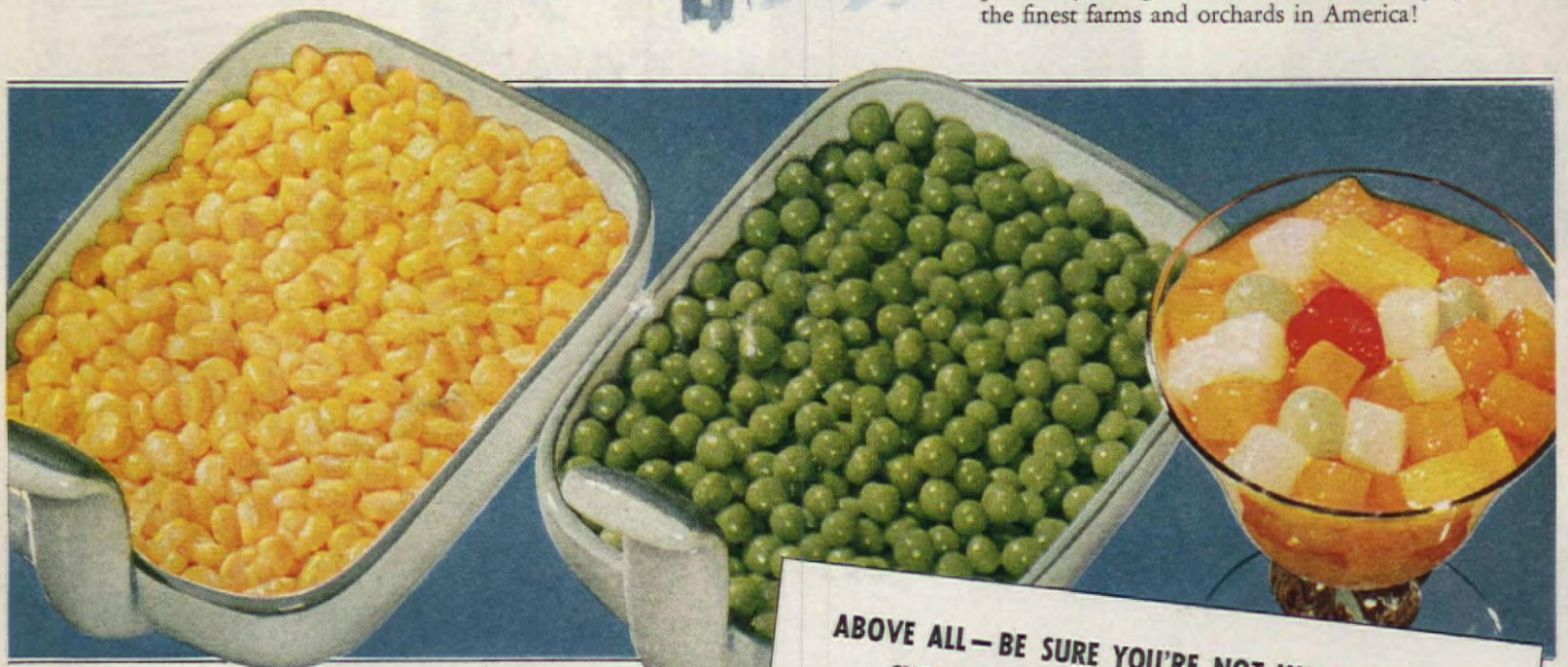
—and a whole lot easier to hit
if you call on the help Del Monte can give
you in Groups 1, 2 and 3

Of course it's often nip and tuck for you to follow your government's nutrition chart to the letter. That's because your choice of many foods—Del Monte among them—is limited these days.

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"Enough food is wasted annually in the home to feed the larger part of our armed forces at home and abroad." That's what the War Food Administration says. All this wasted food isn't left uneaten, of course. Some isn't bought right—some isn't stored or prepared right—some just isn't used up.

To be sure you're not wasting food, check below:

- | | | |
|---|--|---|
| <input type="checkbox"/> Do you plan your buying ahead? | <input type="checkbox"/> Do you store foods correctly? | <input type="checkbox"/> Do you "lick the platter clean"? |
| <input type="checkbox"/> Do you buy only what you need? | <input type="checkbox"/> Do you serve healthful meals? | <input type="checkbox"/> Do you use up all leftovers? |
| <input type="checkbox"/> Do you buy brands you know? | <input type="checkbox"/> Do you prepare foods carefully? | <input type="checkbox"/> Do you turn in waste fats? |

Save tin cans! The need is more urgent than ever before!

Jane with "Winnie," the contrariest pig that ever refused a bottle, and old "Topsy and Duke" proudly driven by the Madame (Jane) herself. Below, "Esther," a child of the winter storm, cradled not in the hay, but in the luxurious comfort of a heated house



while the little gasoline tractor, not much bigger than a lady-bug, ate up gas quicker than old Arabella, the sow, could guzzle up slops. When we found the sulky plow had a broken point, that was the day we were really ready to throw in the hoe and rake.

All through the famed "Milk Shed" area of this district, we trekked over ice-packed roads to buy cows, with the ambition of accumulating "a herd" come spring.

In places as lonely and remote as "Wuthering Heights" we visited the big cow barns, not knowing a "grade cow" from a full-blooded Jersey. Completely ignorant of the fact that a cow's bag was the most important item of her anatomy, we bought "Buttercup" for her bovine smile and butterfly nose. Poor Buttercup!

The month of "Little February" took its toll. We found all our carefully selected animals were "due to freshen" in the dead of blizzard weather. The "Tinsel and Calico" cottage sounded like a toy store full of squeaky sounds as we played midwife to dogs having puppies under every bed in every room. Shoe-box cribs were made for bottle-nursing pigs, and new born calves were cradled in the warmth of the basement, while the blizzard wind wailed and howled like a banshee. And the



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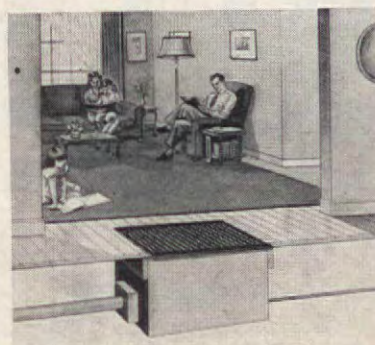
Idea Pre-Tested In Nearly 10,000 War-Housing Installations

HERE'S THE INSIDE STORY!

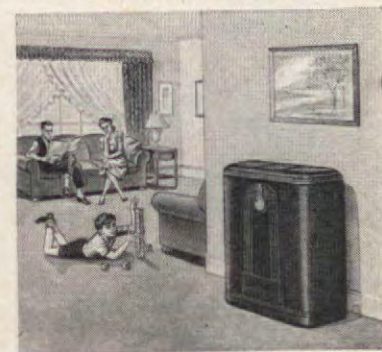
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And in our spare time, a little dressmaking, selecting our spring patterns from the village feed store from an exclusive assortment of chicken-mash sacks! Such original creations have found their way to the model department of Lord & Taylor's and made the pattern department of THE AMERICAN HOME Magazine



The pretty little ell with its miniature picket fence is known as "Jane's apartment" created from the once chicken house and milk-room, consisting now of an "everyday parlor," bedroom, and bath. Title of the "before" picture, "A Dreary Aspect"

"chicken business"? Our little brown hen, "Henny-Penny," did not plant the grain of wheat, which saved the mortgage on the old home place. All this in February!

When the news came that the traveling editor of THE AMERICAN HOME would like to come on a reportorial mission regarding our now quite famous "Tinsel and Calico" cottage, we were in nothing short of a dither. And hoped for these two things:

First, that the old Plymouth sedan in which we had just transported two calves with the "scours" would not smell too much to-high-heaven of the accident. We had scrubbed every cranny of its sprung upholstery with the last remaining drop of our prized Christmas-perfumed bath essence.

Secondly, that it would snow, to camouflage the yard of the winter debris of eleven "dawgs" whose sole occupation was to hang around doorsteps and press wet noses on every window pane. God seemed to do things for other folks—and if he would only send us a blanket of clean white snow, the place would not look so much like a bone yard or the remains of "Tobacco Road." But he didn't.

Wiping the enthusiastic muddy greeting of four cocker spaniels, Saja, Maja, Blue-Boy, and Honey-Belle from her natty tweeds, the AMERICAN HOME lady swept a pencil from her side-tilted pompadour and began to make notes. I, covered with humble confusion, explained as did old Touchstone in Shakespeare, "it's a poor thing, but mine own."

But because the traveling editor loved our little parlor, snugly settling down with us like three silkworms in a mulberry leaf, we gayly told her of all the fun and the problems we had had in doing the "Tinsel and Calico" cottage. We told her of how we had traded ermine and white-tie days for blue dogtooth violets and bramble trails. We told her of marooned nights up on the lone mountain top, the wind rushing like a distant waterfall, the snow falling thick as duck feathers, the tick of the country clock. We told how, on winter nights, we blissfully snipped, cataloguing all the fruits and flowers of our labors into sweet-smelling cigar boxes and thanking God for the nursery-men who put out such inspiring seed catalogues, full of pictures.

Before tucking in for the night, we posed the lady before our parlor "view" window, pointing out how Mr. Shelly's moonlight always glittered over "Mr. Montague," a handsome, stately tree so named by us, and how with a majestic rustling he would always relay all portents of on-coming weather to the whimpering forest far up on the lonely hill.

As the AMERICAN HOME lady turned from the window, the fire light danced on the thick gilt of our illuminated family bible, and as she looked lightly through it pictures of gold, blue, and rose Miss Wild-Rose made the remark

"I remember of how my father

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always used to put the Bible down so reluctantly, so slowly and gently, as if he really loved it."

The editor admired an old, plush album. "I must say this is the best museum of pure junk that I've yet encountered," she laughed.

"Or the best example of something-out-of-nothing," finished Jane.

"I always tell the girls," put in Miss Wild-Rose in her sweet, wise manner, "that originality is nothing more than a pair of fresh eyes."



A Home at Last!

THESE days I am going around seething with dreams, plans, and more plans! For, you see, we have just bought an old farmhouse set in the midst of some lovely trees and seven acres of blue grass—in short, a HOME. Can anyone really know my joy unless he has owned a home, lost it, and lived in rented houses for twelve years, as we have done? I doubt it very much. . . . When we found it, the question arose, "Is now the time to buy? Are we being unpatriotic putting money into circulation instead of into more bonds (in addition to those in which we are investing 10% of every pay envelope)?" After talking it over, this is what we decided: As things stand, we are non-producers. My husband does defense work; last year we had a small garden and my 13-year-old son a few chickens. But on this seven acres we will have three cows, 250 chickens, 25 turkeys, a few pigs, and a huge garden that will produce enough vegetables and fruits to keep us supplied the year round. Taking all this into consideration, and the fact that the work will be done without outside help, don't you think we were right in buying at this time? —MAY E. BALLARD, Indiana.

All in favor, say Aye!—EDITORS.

THE BAXTERS MAKE THE BEST OF IT

The adventures of the family next door



"HERE'S HOW WE FEED AUNT MYRTLE SINCE THE LOCK JAMMED ON HER DOOR"

"Hand over the ration points. One lamb chop coming up!"

The Baxters may get quite a kick out of playing waiter-Romeo to Aunt Myrtle's patient Juliet. But for real kicks, Clementine, the cook, does better.

"This is the first place I worked where the door locks weren't made of brass..." Clementine complained.

But good locks and hardware, like good cooks, are hard to get.

Of course, Chuck's builder advised good brass hardware. But today it's too late... the metal for the lock on Aunt Myrtle's door is now in an anti-aircraft shell... more power to it! The locksmith is making bomb-sights... his son is using them.

There is nothing like fine brass and bronze hardware. After the war, locks and bolts made of Chase Brass and Bronze will again guard American homes. Until then, folks who are lucky enough to have them are mighty happy... and the Baxters are making the best of things.



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Yes, lady, you're going to deserve a medal. Yours is a vital job . . . guarding the family purse . . . spending wisely . . . buying only what you must have . . . putting every cent you can into war bonds. You are leading the home front battle against inflation.



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Think of owning a fine organ with full, rich tones . . . with an almost endless variety of entrancing effects . . . an organ *you* and your *whole family* can play. Think of playing . . . just as you play today . . . and hearing real organ music flow from your fingertips. Think of playing a simple melody and hearing it transformed into deep-throated, sustained tones . . .

delicate, whispered tones . . . tones of mellow beauty that only an organ can create.

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ROGERS' GROUPS FOR



WEIGHING THE BABY (1876). Baby is being weighed on the grocer's scales . . . mother smiles with pride . . . the grocer stares with astonishment . . . neither sees a mischievous boy who by stealthily tugging on the baby's blanket has increased the weight on the scales

SHIRLEY SIMKIN

YOU don't have to be much more than middle-aged to remember having seen, in the parlors of the homes you visited, charming statuettes created by John Rogers. If you are not quite that old, you have undoubtedly seen them in some almost inaccessible corner of an antique shop. In either event, you would have responded almost involuntarily to their appealing human interest and somewhat subtle humor.

The best known perhaps, and certainly the most popular, is **COMING TO THE PARSON**. As an early American pun, Mr. Rogers made the name of the newspaper in the hands of the minister, "The Union." Another bit of three-dimensional humor is provided by the hostility between the visitor's dog and the parson's cat, prophetic perhaps of the future of the now blissfully happy couple.

Another delightfully humorous group is **WEIGHING THE BABY**. In this one, a proud young mother has brought her baby to the grocer to be weighed on the counter scales. The mother is willing to believe the heavy poundage registered, but the grocer

is somewhat skeptical. Neither sees a small boy on the opposite side of the counter, increasing the apparent weight by a stealthy pull on the baby's blanket. Such humor is ageless.

Although Rogers occasionally did serious subjects, he never did disagreeable ones. The majority of his groups portrayed "candid camera" glimpses of the homely incidents of life as it was lived in the last half of the 19th Century. They are substantial records of the customs and costumes of the time. Small wonder then, that from the Civil War period up to the turn of the century, a Rogers' Group was the showpiece in almost every middle-class American home. So if they appealed to you, you have good judgment, for they were admirable pieces of art work.

Other artists may have been sculptors to a royal family; Rogers was a sculptor to the American people. With his productions came the realization that America no longer needed to import its statuary, and while for a time it was belittled by professional art critics, we may be pretty sure that this feeling was a "sour grapes" attitude. No art authority was needed to interpret the groups to the people. A few critics attacked them as being too realistic, but the public knew what it wanted.

The art critics soon found themselves merchandising Rogers' Groups to a clamoring public. When, as happened two or perhaps three times a year, a new subject was released, crowds would gather early in the

AMERICAN HOMES



NEIGHBORING PEWS (1884).
Gallant young man helps a young lady find place in the hymnal . . . elderly lady seems annoyed at preference shown . . . lad tries on his father's hat and gloves

morning in front of art and stationery stores awaiting the unveiling. Occasionally the crowds became minor riots which needed police attention. It was the Hollywood premiere of the period.

John Rogers was born in Salem, Massachusetts, in 1829. As a young man, while working in Manchester, New Hampshire, he discovered some clay along the bank of the river. He fashioned a few simple tools and without any instruction started to model the clay. In 1859 he happened to be in Chicago where a fair was being held. Asked for a donation, Rogers offered a small group entitled **CHECKER PLAYERS**. It was auctioned off for \$75, and Rogers began wondering how he could produce such works in market quantity.

He developed a system involving the following steps: First he made a model in clay. From this was made a mold composed of a flexible glue devised by Rogers. This mold was slit and stretched open to permit the withdrawal of the model. Plaster of Paris was then poured carefully into the mold.

His greatest satisfaction must have come from seeing his works displayed in the homes of his friends, neighbors, and fellow-citizens. Few men in history have had the satisfaction of seeing their works so popular during their own lifetime. Mr. Rogers enjoyed this rare privilege for forty years. His last

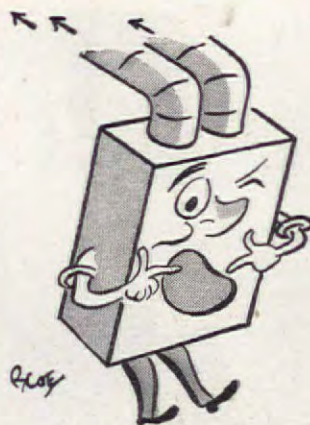
group was made for the World's Fair at Chicago in 1893, and commemorated the 400th anniversary of Columbus' voyage to America. The sculptor became afflicted with palsy shortly thereafter and died in 1904.

John Rogers was not only an artist, but also a very shrewd businessman, an unusual combination of talents. The subject of each group was planned with some fairly large class



CHECKERS UP AT THE FARM (1875). Farm boy points with glee at move which has just defeated city visitor

How about saving more fuel in your furnace?



1. In your forced-warm-air furnace are air filters through which your furnace gets air.

2. These filters take out dirt, dust, and grime. Keep it out of your home . . . keep walls and furnishings cleaner.



3. But in time these filters get clogged with dirt and prevent enough air from circulating through your home. **FUEL IS WASTED!**



4. Why not change these dirty filters and get new, clean Dust-Stops*? **FUEL IS SAVED!**

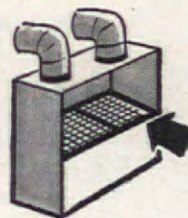


5. New Dust-Stops let plenty of clean warm air circulate in the home. You're warmer! Your fuel bill is lower! Your home is cleaner.



6. Most sizes of Dust-Stops cost only \$1.50 apiece. Look in classified telephone directory for Dust-Stop dealers or ask for Dust-Stops at your hardware or department store. **Order now!**

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FILTERS ARE
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of prospective buyers in mind. For doctors' waiting rooms for instance, he produced *FETCHING THE DOCTOR*, *THE CHARITY PATIENT*, *THE DIFFERENCE OF OPINION*, *PLAYING DOCTOR*, *WEIGHING THE BABY*. The most popular as a wedding gift was *COMING TO THE PARSON*. For graduating classes to present to their alma maters, he made *THE FAVORED SCHOLAR*, *THE SCHOOL EXAMINATION*, and subjects from best-known classics such as *WHY DON'T YOU SPEAK FOR YOURSELF*, *JOHN? THE COURTSHIP IN SLEEPY HOLLOW*, *THE VILLAGE SCHOOLMASTER*, three *RIP VAN WINKLE* subjects, scenes from *THE MERCHANT OF VENICE*, and *OTHELLO*.



THE FAVORED SCHOLAR (1875).
The young school teacher is explaining a problem to his pretty scholar... the boy on bench is trying to distract the girl with wood-shaving curls over ears

Rogers, like Currier and Ives, had many imitators, but none which could approach him in fidelity of detail nor in the humorous, sentimental, and authentic interpretation of real people in real situations. One of his competitors' groups is entitled *OUCH*, and shows a small boy who has cut his foot on a piece of glass, a concept which would never have occurred to Rogers to perpetuate. Fortunately Rogers patented every one of his groups. His name and the date of patent appear on the base of each one. There are approximately eighty groups, including minor variations of some of the subjects.

Of late there has been a considerable revival of interest in these pieces of strictly American art work. They are now worth substantially more than they originally sold for, and it is not unreasonable to assume that the scarcer items will rank in value with rare large folio Currier and Ives prints. Perhaps you'd better look in the attic of the old homestead; you may find one. And don't be dismayed if you find it chipped and some of the paint cracked off, for it is very seldom that you will run across a perfect copy. Chips around the base, so long as they do not interfere with the title, and minor fractures which do not involve faces or hands are no more of a detriment than the stains which are found on the Currier and Ives prints of the same age.

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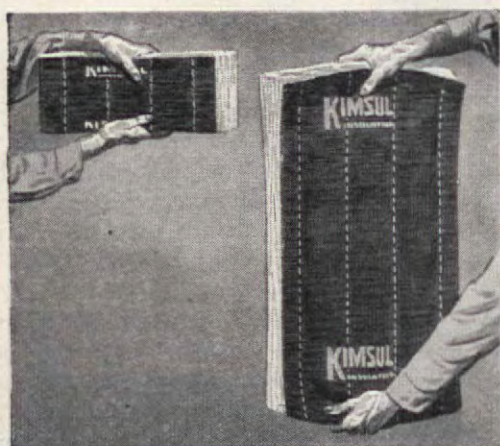
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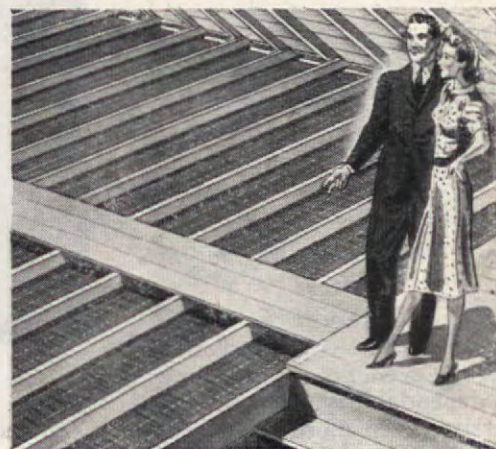
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I want to have a warm home in spite of fuel rationing. Please rush new Free Folder, "INSTRUCTIONS FOR INSULATING THE ATTIC" with full information about easy-to-install KIMSUL.

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You still can live comfortably and economically in a large house if, as the Steins did, you concentrate your living space and close up the rest



Photographs by Charles H. Keller

**HAVE YOU
DONE ALL THAT
YOU CAN
TO CONSERVE
FUEL?**

NO matter when the winter began in your neck of the woods, you can look for the coldest, roughest weather during the next eight or ten weeks. So it is still in order to "button up your overcoat," and make sure that you and your home are prepared to resist that weather and to get the most out of whatever fuel

supply fate and the O. P. A. allot you. Here are some precautions and preparations that you would do well to check over and, if they are still undone, attend to at once. **POINT 1:** *Was your furnace carefully gone over and put in shape before that first cold snap had you lighting the fire?* If not, when a mild day lets you keep it very low (or, better, put it out), scrape and brush out all the soot, using clean-out doors and other openings; locate any leaks through which air can enter, cut down the draft and lower the heating efficiency, and plug them with asbestos cement or, if around the doors, with boiler putty; run off rust or scale from the boiler and fill to correct water level; take down smoke pipe between furnace and chimney and clear it of soot; paint pipe, doors, and all metal work with asphaltum; tune up thermostatic control and set as low as comfort permits—65 to 68 for daytime, 55 to 60 for night, if possible. **POINT 2:** *Does the furnace tender really know how to operate your heater most efficiently?* There are a few simple but very important rules. Unless you know them, consult your fuel dealer, steam-fitter, or local Fuel Administrator office; or ask us for advice. **POINT 3:** *Are you using fireplaces as much as possible to supplement the furnace?*—not merely for social occasions, but at all hours? By installing an old-fashioned grate or one of the modern emergency counterparts, you can perhaps get more downright comfort from a little precious anthracite than if you fed it to the furnace. Be sure the fireplace is equipped with a damper and keep it closed except when a fire is burning. **POINT 4:** *You don't waste any firewood do you?* Old boxes, scrap lumber, slabs, broken branches, etc. are not as glamorous as clean sawn logs, but they're full of heat, and lots cheaper. Also they warm you twice—first, when you chop them up and later, when you burn them. **POINT 5:** *Are you heating unneeded rooms?* Or could you simplify and centralize your living area—as the Lawrence Steins did in their big Highland Park, Illinois, home? They boarded up the spacious living and breakfast rooms with Celotex wall panels; made the dining room also the living and game room and library by rearranging the furniture and putting the big pieces in the vacated living rooms; closed up tight the unused servants' and guest rooms upstairs, and turned off the radiators in the master bedroom. In short, they developed right in their own house a compact, comfortable ration-size apartment in which they can live warmly and happily for the duration if need be, or as long as a fuel emergency exists. Another way to "make the most of what we have."

What do you want to know about the coal industry?

ROY SPALTHOFF, N. Y. RIVETER, ASKS:

Why are there more strikes in coal mining than in other industries?

There are many people who think as you do, because anything affecting the coal industry is so important that it gets widespread publicity. But the fact is, our contract with the union comes up for discussion every two years, and there are rarely strikes at any other time. Naturally, we wish the record were better. We hope that all future strikes can be avoided. Up to this time, however, strikes in our industry have been spectacular rather than frequent.



ART ROLLINS, CARRIZOZO, N. M. DRUGGIST, ASKS:

Why don't you give miners better working conditions?

We are working on this problem all the time. Straight through the lean years of the "thirties" we have been shifting the hard work to modern machines. Men formerly had to lie on the mine floor and gnaw at the coal with picks and shovels in doing what is called "undercutting." Today, 90% of the undercutting is done by mechanical gophers, driven by electricity. About 40% of all coal is now loaded into mine cars by mechanical loaders—more will be handled this way as machines become available. These machines also, by saving costs, have helped us to pay steadily better wages. As an official report of the National War Labor Board shows, the wages of coal miners today are twice what they were in 1933.

ELAINE KOTHE, DETROIT SECRETARY, ASKS:

Why do miners have to buy in company stores?

Many people have this impression, but the truth is, miners are free to buy where they please.

Company stores were originally started for the convenience of miners, before the days of the automobile, and before chain stores had grown to their present size.

There are some mining towns today which are served only by company stores. This is likely to be true in towns where mines will soon be worked out, and outsiders do not wish to start in business.

But in most mining towns there are many stores, and chains and independents are welcome. In many cases miners will tell you that company stores are the best in town.

It must be remembered that the bituminous mining industry is made up of many separate companies operating in many towns under many conditions. In all honesty, some company stores are better than others just as some independent stores are better than others.

But, coming back to the original question, there are no rules requiring miners to buy at company stores, and there haven't been any such rules for many years.



BACK
THE ATTACK—
WITH
WAR BONDS



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But we believe the more you know about it, the more you will realize that we try to live up to our duties to our country, our customers, and the people who work for us.

Bituminous coal is by far America's most important fuel.

For that reason, we feel that the public has a right to know what kind of industry is providing this coal today.

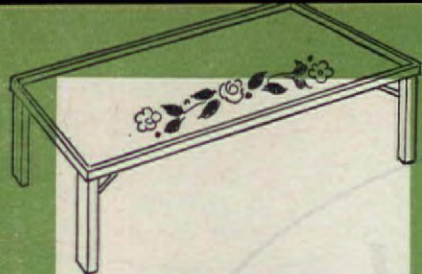
Our business is an open book. Anyone who takes the trouble can dig out any fact he wants to know about it.

But we'd like to save you that trouble. So we have invited thousands of people to send us their questions—and in a series of advertisements such as this we'll try to answer the ones which seem to have the widest interest.

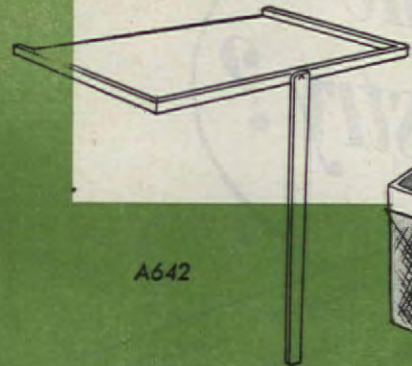
BITUMINOUS COAL

Institute

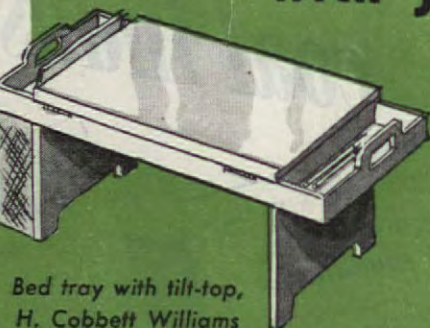
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Lap board and bed tray, Kay Hardy



A642



Bed tray with tilt-top,
H. Cobbett Williams

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making things
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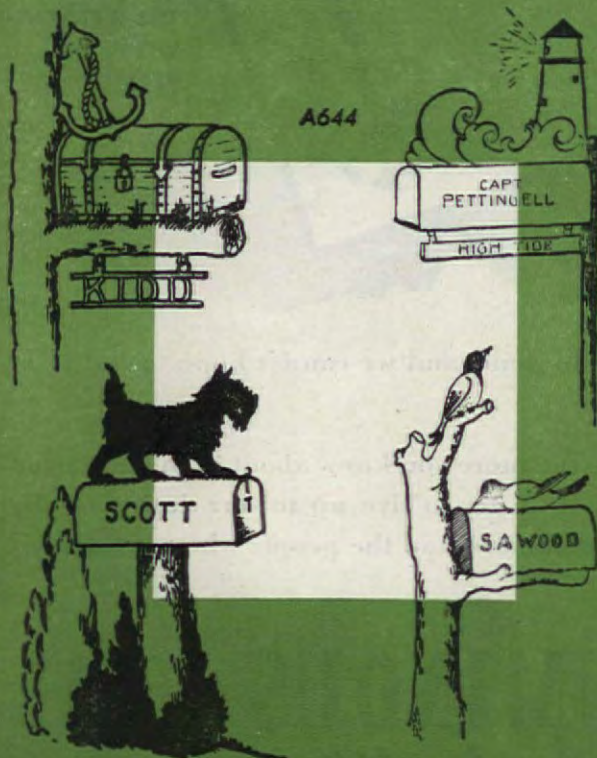
Sketch by Harold Cressingham

YOU'VE seen in the shops the wonderful unit furniture with which you can do so many things! Well, here's unit furniture that you can make yourself, and the patterns to do it with in your own workshop. The whole thing really breaks down into three fundamental units, a small cabinet, a simple table and benches, and a headboard. From those three things, you can furnish almost your whole house, with various combinations of the units! There are three heights of bases for the cabinet arrangements, one 9½ inches high, one 6½ inches, and one 3 inches.

Vary the decoration of your units, and you can change the feeling not only of your entire room, but of the same

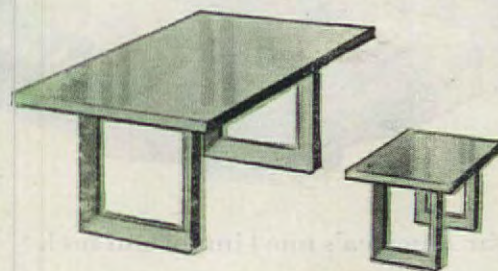
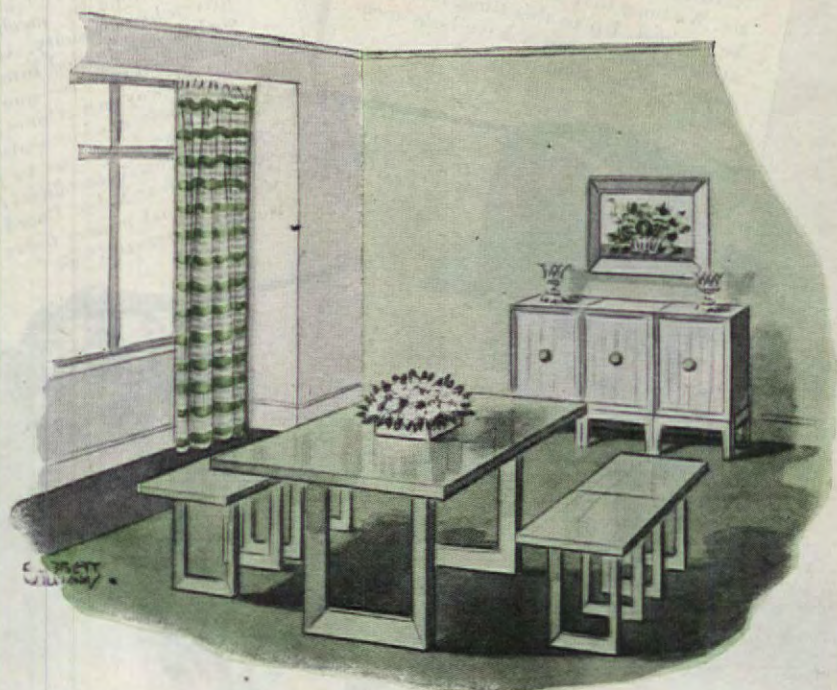
HERE are some of those little things that make such a big difference, and they're easy to make, too. How often have you wished for a light, fool-proof bed tray that had a spot for everything? Or just a simple one that took care of breakfast-in-bed . . . or a lap board that makes working a handy joy in a comfortable chair? Well, here's a pattern that includes all three things! There are construction drawings and building instructions, all for 15c. Just send for **American Home Pattern A642**.

Then for the lucky people with houses in the country, we have found these cut-out designs for mail boxes that have an air all their own. The pattern includes tracing patterns for the four cut-outs shown and directions for dressing them up. The mail-man will always ring twice if you have one of these gay designs gracing your box. Or they are just as happy on lamp posts as markers, too. **American Home Pattern A644, 15c.**



A644

Mail boxes designed by
Helen S. Tower

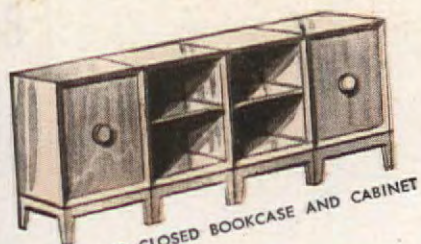


piece of furniture. For instance, the cupboard unit can be veddy modern if you use big wooden knobs for pulls. Or you can quilt the panels, paint them with designs, cover them with wallpaper, bleach or just stain the whole unit. And just look at the combinations on the next page!

The secret lies in the fact that everything is flush so that units can be put together. And another secret is that the material used, for the most part, is stock sizes. For instance, 1¾" beveled molding on the cupboard doors which are in turn ¼-inch plywood or pressed board. For the rest of the building, ¾-inch pine board or plywood does the trick. Just plain 2x4's, dressed and beveled slightly on the outside make the table legs, and 2x3's the benches'.



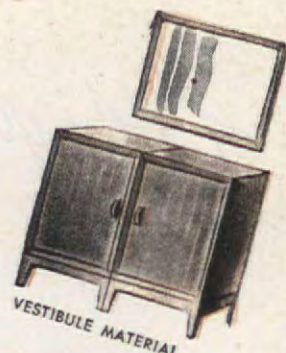
FOUR-IN-ONE CABINET



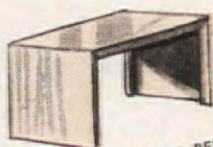
OPEN AND CLOSED BOOKCASE AND CABINET



COULD BE A SIDEBORD



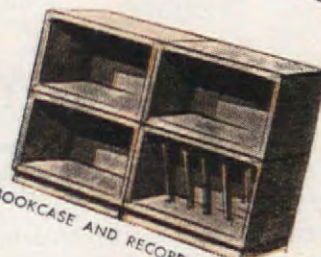
VESTIBULE MATERIAL



COFFEE TABLE OR BENCH



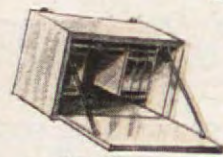
OCCASIONAL CABINET



BOOKCASE AND RECORD CABINET



DRESSING TABLE DELUXE



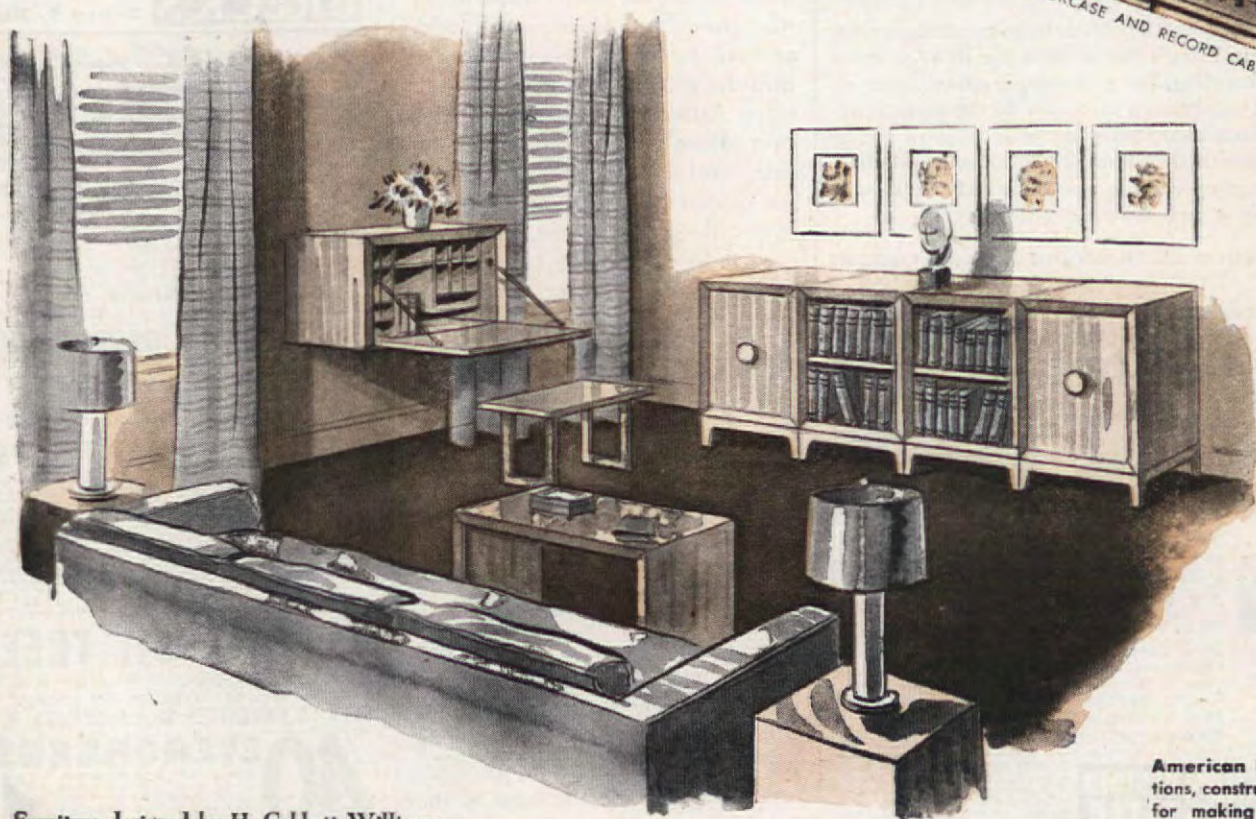
WALL DESK



END TABLE



BEDSIDE TABLE

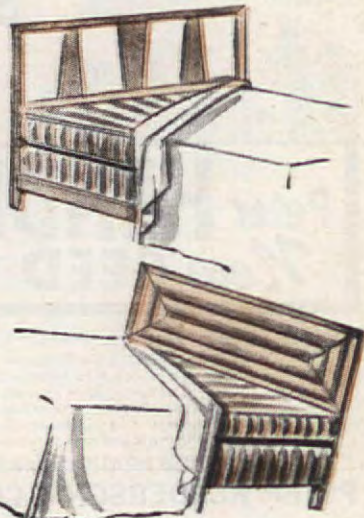
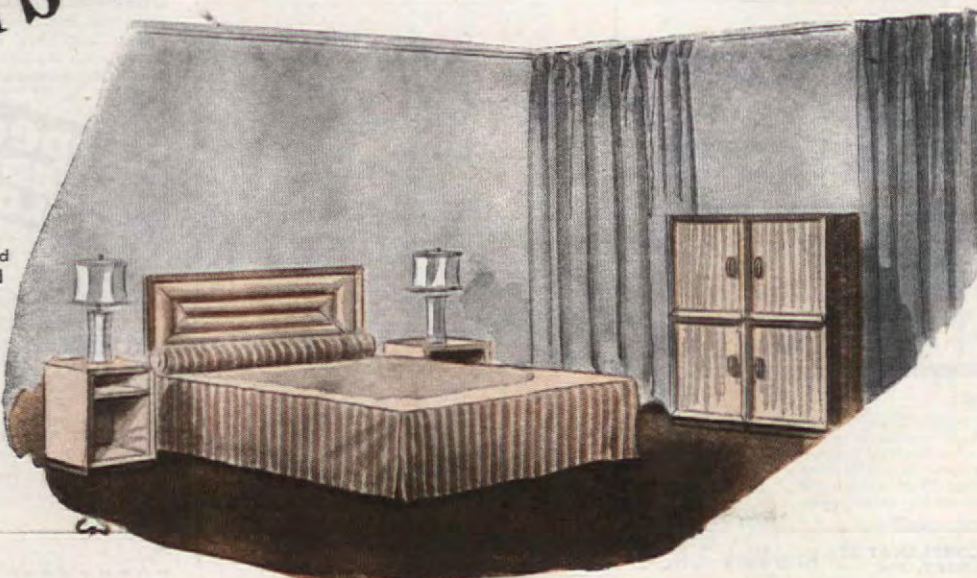


Furniture designed by H. Cobbett Williams

American Home Pattern A643: Here are instructions, construction drawings, and material specifications for making simple chest units, table and benches, headboards, and picture frame, fully illustrated, 25¢

UNITS THERE'S VARIETY!

Beveled moulding is used to frame the headboard which can be left open or, backed with plywood and padded, can become smartly modern. Leatherette or fabric can be used for covering, and 1/4 inch round wood backed on to form your desired design



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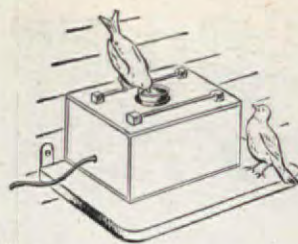
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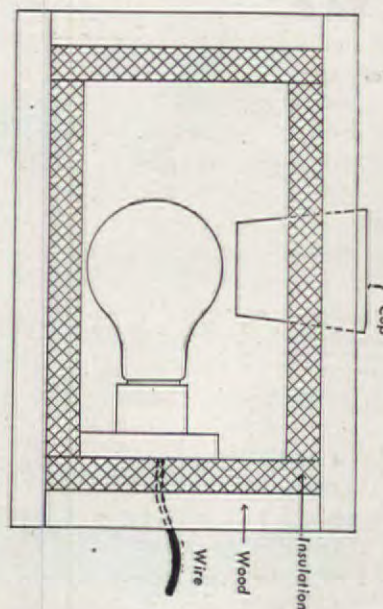
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They need a DRINK!

MANY of us who conscientiously put out crumbs, seed, and suet for the birds during the winter and wonder why more of them don't stay around, forget that they also need help in getting water when their usual sources of supply are frozen over. Here is a homemade heater that works well with us even in the coldest weather. You can make it of any desired dimensions. First get a heavy glass cup (at the five-and-ten), some half-inch or heavier wood and insulation board, an electric light bulb (40-watt is a good size), a porcelain receptacle, nails and screws, and a piece of waterproof wire (equipped with an ordinary plug) long enough to reach from the heater to an indoor socket. In making the box, nail the bottom and sides, but fasten the top (in which you cut a hole for the cup to set into) with screws so you can remove it if necessary. Line it with the insulation material and screw the receptacle inside one end after boring a hole for the wire. Make all joints tight, and putty or tape the edge of the cup to keep rain and snow from leaking into the box. Nail a couple of wooden perches conveniently near the cup. At average rates, the heater will cost only about 1/6 of a cent per hour to run.—TIFFT



BRECK'S NEW IMPROVED Seed-Starting Kit with MICA-GRO For Starting Plants EARLY from seeds INDOORS

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fect they produce is of dark, exotic
tropical, shade-casting vegetation,
especially useful in corners, against
bare garage walls, etc. The flowers
are negligible spikes of reddish
balls, not to be counted on for cut-
ting, unless you want to do mod-
ernistic arrangements. They are
followed by burlike pods contain-
ing the bean-like seeds which, be-
warned, are dangerously poisonous.

To grow them, wait until the
weather is settled and warm, soak
the seeds for a few hours if you
like, then plant them at once in a
6 or 8 inch deep trench, covering
them with only half an inch or so
of soil. Fill in around the plants as
they grow and they will have a
firmer—and needed—anchorage
when they are full size. They
should stand at least a foot apart,
but you can start them closer and



transplant the young seedlings.
Next in height come the cannas,
ranging to four or five feet, with
big, coarse foliage of bronzy green
and prominent spikes of bloom in
a wide range of colors from yellow
to orange, red and a very attractive
pink. You won't be likely to use
them in the house, either, but they
are gay in the garden and good as
a background for the lower growing
things. Allow eight inches to a foot
between the bulbs which, like the
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For interesting contrast with the dark greens in your garden, and for cool looking bouquets in late July and August, sow snow-on-the-mountain thickly; then thin to six inches or so. The foliage, a light, milky green edged with white, makes up for the inconspicuous flowers, and the plants grow in almost any soil in a sunny location.

You might add some bearded iris rhizomes, barely covering them with soil. Spring-planted, they won't bloom the first year, but they are hardy, reliable and very satisfying when once established. If you have an unsightly fence to cover or want vine patterns on your porch, get some morning glory seeds, chip the hard shells



with a sharp knife, soak them for a day or two, and sow half an inch deep. The popular varieties Heavenly Blue and Scarlett O'Hara are brilliantly true to their names, and for a striking, night-blooming complement, moonflowers will give you huge, white blossoms. But don't be discouraged if they lag a few weeks behind the others in coming into bloom.

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13 Main Street Marysville, Ohio

Scott's SEED and TURF BUILDER makes Beautiful Lawns For Less

NURSERY STOCK on LIFETIME GUARANTEE

NEW FRUITS & FLOWERS
BRADLEY'S Latest Creations

DE SOTO BLACKBERRY—Everbearing. Huge delicious berries for 4 months. **FIVE-IN-ONE APPLE**—Five Bradley Special varieties of apples on one tree. **MIDNIGHT ROSE**—Bradley's gorgeous DOUBLE ROSE. Soft blackish crimson buds, huge flowers spring to winter. Rigid long stems. Many other Bradley creations: All-State (all-climate) Pecans; North State Apricot; Royal Purple Grape; New Sweet Black Giant Cherry, and others. Write for **BIG FREE CATALOG** giving full information.

that Bradley Bros. stock is TRUE TO NAME and will give complete satisfaction or money back.

SAVE up to 46%
on fruit trees, plants, vines, shrubs, ornamentals, flowers in Bradley collections by ordering from our big bargain catalog on time.

Over 100,000 Satisfied Customers Since 1890
You can get stock from experts who have spent over 50 years breeding delicious, heavy-bearing, frost-resisting Bradley creations in fancy fruits and nuts.

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Read about our Modern Special Creations of fancy fruits, and gorgeous flowers, sold at prices within reach of all. Many shown in their natural size and color.

BRADLEY BROS. NURSERY
BOX 128 CARBONDALE, ILL.



CATALOG FREE

ARM & HAMMER BAKING SODA the all-family cleanser for TEETH

every day more people
are discovering
the economy of using
our baking soda as
their regular tooth
cleanser... it cleans
well... helps brighten
teeth to natural color.

**ARM & HAMMER
or COW BRAND**

PURE
BICARBONATE
OF SODA



CHURCH & DWIGHT CO., Inc.
10 Cedar Street, New York 5, N. Y.

Please send me FREE BOOK, describing
uses of Baking Soda, also a set of Colored
Bird Cards. (PLEASE PRINT NAME AND ADDRESS)

W-37

NAME

STREET ADDRESS

CITY OR TOWN

STATE

BUY
WAR
BONDS

FOR MEN ONLY! "TAINT FUNNY"



The weary, handkerchief that droops like deflated bananas.



Pants looking like what you're left holding if you're not smart.



Dropped and off-center knot exposes collar button....uneven tie ends.



Gamy odor of perspiration that seems to be considered virile.



Nose and ears bristling with undergrowth that waves in breezes.



Hair that has that wet pavement look, and is about as slippery, too.



Untethered socks, coiling around top of usually unshined shoes.



That light fall of dandruff that flutters down on broad shoulders.



Egg etc.-on-tie-and-not on-toast where it belongs. Keep it clean!

WE'VE been told that the negative approach isn't the right one, but sometimes, it's the shortest, if not always the sweetest way to the point. The above cartoons are the result of Mrs. Gallup's poll and represent the shudders of some very discerning females, so don't take it too lightly. They mean business! To enlarge a little, men may date once, but rarely again, the gal whose perspiration system overshadows her cerebral one. Yet they go about,

shirts wet under the arms, trailing an aura of the locker room and think they're Tarzan. Deodorants and antiperspirants are neuter, and the use of them won't dull your masculinity, believe us!

Neither will the use of freshener and powder after shaving. Your face value will be increased a hundred times, gentlemen. . . . Take the matter of the male hand. We assure you there's more to getting a manicure than getting your hand held. You'll get it held more often, and longer, away

McGEE!




Bristle-puss or neon-shining face, one is as bad as the other



Rough nails and cuticle; grimy with virgin soil on knuckles



Hip-hanging trousers, and free swinging vest



Tobacco and so forth breath that's an anaesthetic in a close-up



Shaggy shambles at back of neck that nuzzle the collar line comfortably



Perfume that smells suspiciously as though wiped from wifey

from the manicure table if you keep your nails clean and shaped. Hands that have felt the soothing balm of hand lotion are very much appreciated, too, Sirs.

As for perfume, we're all for our gentlemen smelling nice, but please, not sickishly sweet! If you have a yen for toilet water or cologne, get some that's made for you and don't sponge up your wife's. There are spicy, fresh toiletries to be had that are as masculine as hair-on-chest.



Clare McCanna

FALSE TEETH WEARERS



BEWARE OF THESE 2 DANGERS (DENTURE BREATH and LOOSE PLATES) DUE TO BRUSHING with MAKESHIFT CLEANERS

BRUSHING your plates with tooth pastes, tooth powders or soap, may scratch the denture material which is 60 times softer than natural teeth. These small scratches cause odorous film, food particles, and stains to collect faster and cling tighter . . . resulting in Denture Breath.

Remember, you may not know you have it, but others do! Besides, brushing and scrubbing your denture with makeshift cleaners often wears down the delicate fitting ridges designed to hold your dental plate in place. With worn-down ridges, of course, your plate loosens.

DO THIS EVERY DAY!

PLAY SAFE . . . SOAK YOUR PLATE IN POLIDENT. Place denture in Polident solution for 15 minutes, or longer if convenient. Rinse—and it's ready to use.

No brushing



A SAFE, MODERN way to keep dental plates, partial plates and removable bridges sparkling clean is to soak them in Polident every day. Polident is approved by many leading dentists and the leading

makers of modern denture materials. No brushing, no danger, yet the daily Polident bath works into the corners and crevices no amount of brushing seems to reach—keeps your denture sparkling clean, odor-free.



"NOW I GET REAL KISSES . . . not 'X's' on note paper." Millions call Polident a blessing. No fear of Denture Breath—no risk of wearing down and loosening the plate due to brushing. Polident used daily helps maintain the original, natural appearance of your dental plate for

less than a penny a day. Today—get Polident at any drug, department or variety store. 3 oz. size—30¢; 7 oz. size—60¢.

FREE—Booklet on Care of Dentures. Write: Hudson Products, Inc., Dept. J-14, 8 High St., Jersey City, New Jersey.

FOOD
Fights for
FREEDOM
produce and
conserve—
share and
play square!

POLIDENT

The Safe, Modern Way to
Clean Plates and Bridges



Oh, what a beautiful morning!



Vitamins* start off our day



We're drinking some plus iron the chocolatey Cocomalt way. Mix in hot or cold milk



*Vitamins A, B₁, and D



Hat modeled by Margaret Knight, chosen as most beautiful Canadian girl working in wartime Washington



Hats designed by MAXINE BERLOW



A639



Hats - and How!

—NOT TO MENTION GLOVES TO MAKE AND WEAR WITH THEM

"YOUR hats, madame. . . !" Saucy, smart, and stylish we call 'em, and they're made in no time flat from practically nothing. That's quite a recommendation in this day and age. They're a combination of crochet and pieces of your old felt hats, or just stout wool material. There's one for every type, too, which makes this pattern unlimited in its usefulness. They're good with pompadour or chignon, pageboy or upsweep. Pay 15¢ and take your choice! We have a pattern that includes directions for making all five of the bonnets. They can be made from cotton yarn, or wool if you can lay your hands on some. The beauty of these is that you can get so much of *Something!* for so little. **AMERICAN HOME PATTERN A639, 15¢.**

Another pride and joy of ours is a wonderful glove pattern from which you can make all sorts of smart gloves. We give you the basic pattern and step-by-step pictures of how they are put together. This pattern works just as well on fabric as it does on leather. You can have a pair of gloves to match each of your outfits, whether it be a wool jersey dress or a velvet suit. . . . And when your hands are not busy making hats or gloves, turn your crochet hook to making lovely doilies that are museum pieces



Sketches by Ruth Wood

Order American Home Patterns from American Home Pattern Service, 251 Fourth Avenue, 10, New York, N. Y.

THE AMERICAN HOME, JANUARY, 1944

YOUR HOSPITAL AND DOCTOR BILLS PAID



3¢ A DAY HOSPITALIZATION PLAN

SICKNESS or ACCIDENT

Don't allow Hospitalization expense to ruin your life savings. Insure NOW... BEFORE IT'S TOO LATE! In case of unexpected sickness or accident you may go to any Hospital in the U. S. or Canada, under any Doctor's care. Your expenses will be paid in strict accordance with Policy provisions. Individual or entire family eligible (to age 70). No agent will call.

POLICY PAYS
Hospital Expenses for Sickness or Accident up to **\$540.00**
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Loss of Time from Work up to **\$300.00**
Loss of Life **\$1000.00**
War Coverage ... and other valuable benefits.

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Dept. AH-1, Wilmington, Del.

Please send me, without obligation, details about your "3c A Day Hospitalization Insurance Plan".

Name _____
Address _____
City _____ State _____

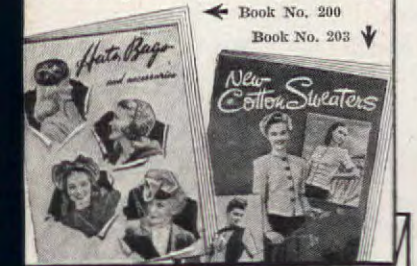


GRAVY MASTER

MAKES GRAVY MEN LIKE 15¢

Make Them Yourself. EASY!

Hats, accessories, gifts, sweaters, dollies, edgings... hundreds of smart, inexpensive patterns in these beautiful books... just 10 cents each at your favorite art needlework or notion counter... or mail special offer coupon today!



Order These Books Today!

VITAL to Home Sewers

"Make and Mend," No. S-10 contains make-overs, new suits, dresses, coats, children's clothes... dozens of ideas.

"Sew and Save," No. 169, illustrates every sewing step and stitch, all about tailoring, pressing, etc.

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Enclosed is 50 cents for the 6 books checked.
(If less are ordered, check those desired and enclose 10 cents for each copy.)

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☐ "New Cotton Sweaters," No. 203
☐ "Crochet Lacy Pickups," No. 195
☐ "Laces and Edgings," No. 199
☐ "Dollies," No. 201

☐ "Pot Holders," No. 196
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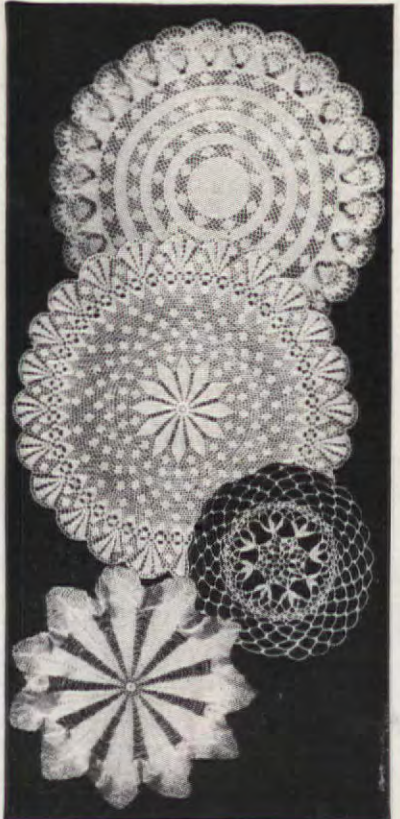
From René Leonhardt

American Home Pattern A640:
Fully illustrated step-by-step instructions and patterns for making Small, Medium, and Large gloves to suit your costume fancy. Now you can have gloves galore for 20¢



American Home Pattern A641: If you want to make your friends green with envy, make any one of these original dollies (four shown in the photograph below) to highlight your treasures. Crochet instructions for these four for 15¢

Designed by Berta Kaufmann **A641**



Are You in the Know?



Would you wear this number for

- ☐ School
- ☐ Dating
- ☐ Ping Pong Parties

Know what's what to wear for *when*! But *how* you wear your clothes is *vital*. For instance, with the proper posture: head up, chin in, shoulders flat, tummy pulled in. And, with that utterly-at-ease look... especially important on "those" days, when nagging little worries can change a girl from a wow to a wallflower! Trust to Kotex sanitary napkins. Those flat, pressed ends of Kotex don't show. So relax in the *dating* number (above). No outlines spoil your style.

WON'T YOU TELL ME WHEN WE WILL MEET AGAIN



The name of this song is...

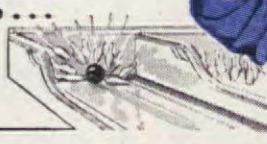
- ☐ You'll Never Know
- ☐ Day in—Day Out
- ☐ Sunday, Monday, or Always

A tune they swoon to—when gals are crooned to—"Sunday, Monday, or Always". A good tune, too, for a juke session—and you're there forgetting you ever flirted with the thought of missing the fun (because of "that certain time"). You're *sure* of yourself, for you're sure of Kotex, with its special safety center that sends doubt scurrying eight-to-the-bar!

Copyright Mayfair Music Corp.

Did this girl score...

- ☐ A hit
- ☐ An ace
- ☐ A strike



You're up on your pins if you got this one! You're in on America's No. 1 sport. And if you're a good sport, you'll bowl *regularly*, for that's what keeps your team scoring. It keeps you scoring for Uncle Sam, too, by helping you stay fit. So don't let down on trying days. Remember, Kotex stays soft while wearing... doesn't just *feel* soft at first touch. You can rule chafing right out of your game. (We almost forgot—she scored a strike!)

Girls in the know choose KOTEX*

Yes, more girls choose KOTEX than all other brands of pads put together.

IT'S A WISE GIRL who knows a powder deodorant is best for sanitary napkins. Quest★ Powder, the Kotex deodorant, destroys odors. Safe, sure protection.

(U. S. Pat. Off.)



STOP GUESSING! The free booklet, "As One Girl To Another" gives do's and don'ts for "difficult days", the lowdown on grooming, sports, social contacts. Write P. O. Box 3434, Dept. AH-1, Chicago 54, Illinois.

WAR WORKERS will want the new free booklet, "That Day Is Here Again"! It tells how to stay on the job, even on problem days. Write P. O. Box 3434, Dept. AH-1, Chicago 54, Illinois.

"WHICH IS SAFER—YOUR OWN HOME OR A FOXHOLE?"

**WELL, YOU'D
BE WRONG!**



Burmah Burris



HERBERT ASKWITH

**We think of our
homes as havens
of safety, but in**

one year there were: 31,500

deaths due to home accidents,

15,750 from falls,

5,800 from burns,

1,550 by poisoning

YES, Madame, you'd be wrong if a home were your answer! And if you think that's one for Ripley, here's why. By the actual records over the past two years, since we entered the war, the American home is three times as dangerous as the fighting front on which Americans are battling all over the globe. More than three times as many lives have been lost, and more than one hundred times as many injuries suffered in casualties in American homes since Pearl Harbor than in all of our armies since we entered this war! And there isn't a single redeeming feature to ennoble these home casualties or to soften the grief they cause. They are practically all the result of sheer negligence or ignorance. In many cases the victims paid the price of their own folly. In other cases they were in effect murdered by some one's sheer negligence.

Here are a few lessons in taking care around the house. Heed them well—and save lives—your own and those dear to you.

1. Falls are by far the chief cause of home accidents. Yes, it is tempting (tempting fate) to grab the nearest chair and build it up to a step-ladder by piling boxes, phone books, magazines on it. This is risky enough even for a man with his more practical foot-gear; it is certainly dangerous for a woman with her high heels. Waste a few seconds more to look for the step-stool, and put it firmly in position before you attempt to reach that high shelf or to change an electric bulb.

2. In the faithful performance of their duty as home canners, women run the needless risk of scalding their hands when they pull the jars out of the pressure cooker. The very simple wooden tongs shown in the illustration have been designed especially for this purpose. With a little practice the housewife will become adept in the use of these tongs, and will become quite dependent on them.

3. Here's another easy "set-up" to cancel a danger threat in the household; fasten the new safety rack for electric irons to the wall right near your ironing board, and keep your iron there all the time when you are not actually ironing. Even if the phone rings in the midst of your ironing—put the iron instinctively in the rack. Then it won't slide off the board—and you won't trip over the cord.

4. Scatter rugs, especially on waxed floors, are as slippery as eels. Running to answer the phone or to pick up the baby is an easy way to come a cropper on these danger rugs. No, you don't have to give them up—just place under them a rug cushion which will grip the floor securely and also stick to the rug.



1



2



3



All appliances courtesy of Lewis and Conger and photographed under their supervision by F. M. Demarest



**Safety in the home is
your responsibility and
it is up to you to pro-
tect your own life and
the lives of all in your
household by giving
intelligent thought to
danger spots**



4



WHAT SINGLE CONTAINER stands up under



... ALL THE TESTS OF WAR?



1. CONTENTS ARRIVE SAFELY—when they're packed in cans. That's why food for our fighting men goes overseas in cans. Food and sulfa, blood plasma, first-aid kits, gasoline, signal flares—and so on. Hundreds of items that must have sure protection against germs, dirt, gas poisons, moisture, heat and cold.



2. WHEREVER THE BOYS ARE—in the sizzling tropics... the frozen arctic... on fighting fronts... the sturdy can goes too. Varieties of essential supplies move forward to combat troops under the dependable protection of the familiar "tin can"—which is actually more than 98% steel and less than 2% tin.



3. WHAT A BEATING! Under fire... over rocky terrain... the problems of supply call for a container that will stand up under punishment. Because vital war needs get the first call on cans today, many civilian items such as talcum, beer, tea, oil, and tobacco are packed temporarily in substitute containers.



4. FOOD TO FIGHT ON! The goodness, the freshness, the nourishment of foods are ideally safeguarded by cans. Approximately six pounds of food are authorized for every U. S. fighting man, every day. His food must be pure—safe. Most of this food is protected in that familiar container—the can.

... ALL THE TESTS OF PEACE?



5. CONTENTS KEEP SAFELY—ready to use at your convenience. Cans are hermetically sealed—non-porous. They protect against loss of flavor, color, vitamins, and minerals. And they're easy to heat or ice. Women wise in ways of house-keeping know that no other container is as convenient as the can.



6. WHEREVER YOU ARE, whatever the season, the can makes available a variety of foods to help keep meals tempting and nutritious at low cost. And canned foods are so readily digestible... excellent for children because they retain the high vitamin and mineral content of the fresh food itself.



7. THEY JUST DON'T BREAK! Drop a can and there's no harm done! Stack one on top of another in tight closet space. Cans are easy to handle in every way—to carry, to store, to open, to dispose of. These are just a few of the reasons why forty-five million cans are used every day in this country.



8. FOOD TO GROW ON! Meats, fish, and milk... canned foods are selected for quality. Many fruits and vegetables for canning are specially grown from pedigreed seed... preserved at the peak of their flavor and food value. Yet inexpensive! Buy wisely—don't waste... and save your cans for salvage.

CAN MANUFACTURERS INSTITUTE, INC.

NO OTHER CONTAINER



PROTECTS LIKE THE CAN

AFTER VICTORY — THEY'LL ALL BE BACK!



"STEP PLAN" YOUR NEW BATHROOM and KITCHEN NOW



Send for this colorful portfolio on step planned bathrooms and kitchens.

You don't have to wait until after the war to take the first step in planning the home improvements you intend to make—or the new house you expect to build. Crane has prepared a valuable "step planning" portfolio, crammed with ideas and practical planning data for you on postwar bathrooms and kitchens. It shows you the steps you can make today and suggests how you can take additional steps later. Already Crane designers and engineers are at work developing the Crane line of tomorrow. This line will reflect the wishes of American home owners as expressed in a recent Crane preference survey. The first step in planning your new home or in remodeling your present one is to mail the coupon below for the Crane suggestion portfolio.

PLUMBING • HEATING • PIPE
PUMPS • FITTINGS • VALVES

CRANE

NATION-WIDE SERVICE THROUGH BRANCHES,
WHOLESALE AND PLUMBING AND HEATING
CONTRACTORS

Crane Co., 836 South Michigan Ave.
Chicago 5, Illinois
Please send me your "Step Planning"
Portfolio on Bathrooms & Kitchens.

Name

Address

City State
AH-1944

All 4 Seasons



China: Copeland and Thompson's Spode Buttercup Pattern; glass: Fred Leighton

HERE is our answer to the hundreds of despondent letters from hopeless committee women begging inspiration. Fund raising is such a continuous and constant affair nowadays, that when the time comes to finance your own pet charity or church, it is easy to become utterly discouraged. But this article should surely lift your spirits, as well as your confidence in a successful campaign.

This idea of a community birthday has been tried by a club consisting of seventy-five members. They found it not only practicable, but attractive and fun as well. And this is the way it is worked. Each member invites one guest, enclosing with her invitation a self-addressed correspondence card. The recipient is asked to fill this out with his name and the season or month in which he was born and drop it into the mail at his earliest convenience. When all of these are back into the clubs' hands, they are ready to commence making plans. We suggest two possible treatments. The first consists of the four tables pictured here. Using four large tables, seat guests and members according to their birthday season, having one table for each. We have used paper cloths and napkins—the investment is so small—the saving so great. Then for each table we have designed centerpieces constructed largely of crepe paper. And

for this Fund Raising!

JULIA W. WOLFE

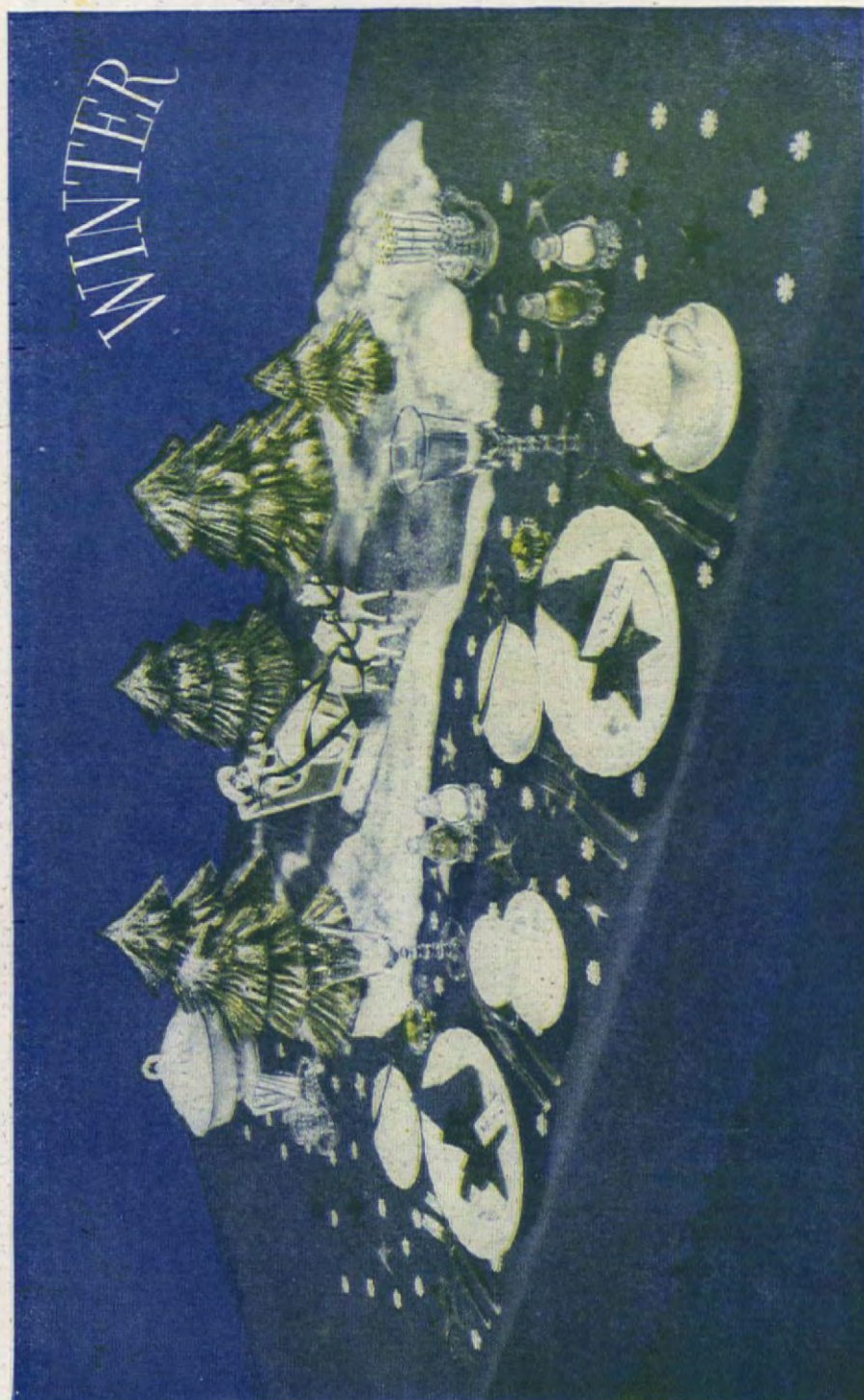
Photographs by F. M. Demarest

Designs for four completely charming tables that will win eternal acclaim for your club, church, or pet charity for which you may be striving to raise funds

Other groups will attend to begging and borrowing china and silver. A last will arrange for the food, and allocate its preparation. Never was there a program more fairly shared by all—both the fun and the work—no one being overburdened.

Now to enlighten you about those centerpieces, and describe them to you. The first one, on page 54, represents Summer. Interest in Victory gardens seems to be paramount at that time, so we have planned a miniature one. It is complete with gardener trundling a wheelbarrow full of vegetables, and all neatly enclosed in a white picket fence. Truly, it is one of the most precious things we have ever seen. The individual vegetables make darling placecards and favors. You might even fold your napkins in a V shape to carry out the motif still further.

The Winter table is, naturally, a snow scene, and a very beautiful one. Green paper, snow-laden trees line an icy lane, down which glides a horse-pulled sled, with a very pretty young miss holding the ribbon reins. Snowflakes and stars sprinkled over the tablecloth make its dark green color more wintry. On this table we have used a napkin and placecard all-in-one combina-



certainly no lovelier table decorations were ever made for so little money! Yes, there is a lot of time involved, but it can be divided so easily among the members that it really isn't as appalling as you might think. Instead of just one overworked and unthanked decoration committee—have five of them. The first four will each do one centerpiece—and have a heap of fun, too. The fifth can attend to the placecard favors and the napery details. Or this latter can be done by still a sixth group,

Winter—glass: Imperial Glass Corp.; china: Copeland and Thompson; silver: Towle
Centerpiece ideas created especially for The American Home by Dennison Mfg. Co.

SPRING





Timed . . . for the duration

This January, when sheets are as precious as aluminum, when Dan River and other textile mills are heavily engaged in war production, you should think first of the lasting quality of the sheets you buy. Dan River's Sheets are smooth muslin you would be proud to offer to your most critical house guests. But more important, Dan River's Sheets will stay soft and smooth, and with proper care last for years.

DAN RIVER'S *Virginia Manor* . . . a luxury muslin

DAN RIVER'S *Shenandoah* a utility muslin

Send to Dan River Mills, 40 Worth Street, Dept. AH, New York 13, N.Y., for new, helpful booklet on "How To Take Care of Your Clothes."



DAN RIVER'S SHEETS

DAN RIVER MILLS • DANVILLE, VIRGINIA



MAKERS OF RIVERCOOL, STARSPUN, IDEAL CHAIRGRAYS AND COVERTS, SPUNRAY, SKY-TOP, AND OTHER FAMOUS FABRICS

READY CUT HOMES

STILL AVAILABLE
REALLY NEED A HOME? You can get one—now—in many areas. We'll show you how to get government permission, permit, and save \$500 or more, on a modern home, easily assembled, induction method, financing. If you plan to build—now or later—send 25c now for a new color catalog showing 75 modern low priced home plans; plus color and get on your way for government plans complete building with application at 14, International Mill & Timber Co., Bay City, Mich.

NEW COLOR CATALOG FOR ONLY 25c

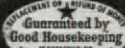
Get More Comfort For Standing Feet

With A Daily Ice-Mint Treat

Don't let tired, burning sensitive feet steal energy and make the hours seem longer. Just massage frosty white Ice-Mint on your feet and ankles *before* work to help keep them cool and comfortable...and *after* work to help perk them up for an evening of fun. No greasy feeling—won't stain socks or stockings. Grand, too, to help soften corns and callouses. Get Ice-Mint from your druggist today and get foot happy this easy way.

Comfort

For almost a century the name **OSTERMOOR** has stood for the utmost in sleep comfort



OSTERMOOR MATTRESS



"SINCE 1853"
America's Quality Mattress

tion—very simple and effective.

Spring, and one thinks instantly of the first gay posies poking their heads through the grumbling soil. A full-skirted lass meanders through her garden. By using individual flowers for favors, you will make your whole table look like a bright spring garden. The illusion is strengthened by the use of pale greens and daffodil yellow.

Autumn—and haystacks, vivaciously colored leaves, plump lush

March can be a Saint Patrick's table. Make paper cut-outs of all the good-luck charms you can think of and scatter them over the table. Using the instructions for the gardener as your base, make a figure of Saint Patrick for the middle of it all. April—our Daffodil lady and her garden are just the things. May, of course, should have a tiny Maypole. Use the streamers across the table, ending in placecards.

For the summer months you



red tomatoes, make their appearance in one's thoughts as well as on your table. Tiny tomatoes for favors will bring a cry of delight. Leaves can be intertwined the length and breadth of the table, building up to a climax in the center.

The second treatment we mentioned would be to do twelve tables, one for each month. The number of each table would be determined by the number of people with birthdays in each month. We can imagine nothing lovelier than our Winter scene for the January table. February and Valentine's Day are so synonymous in party minds that they can very easily become your second theme. Cut out large red paper hearts for each place, and use a white paper cloth. For the center make one large stuffed heart. From it have ribbons going, streamerlike, to each place. Make lace doily favors serve as placecards for the birthday guests.

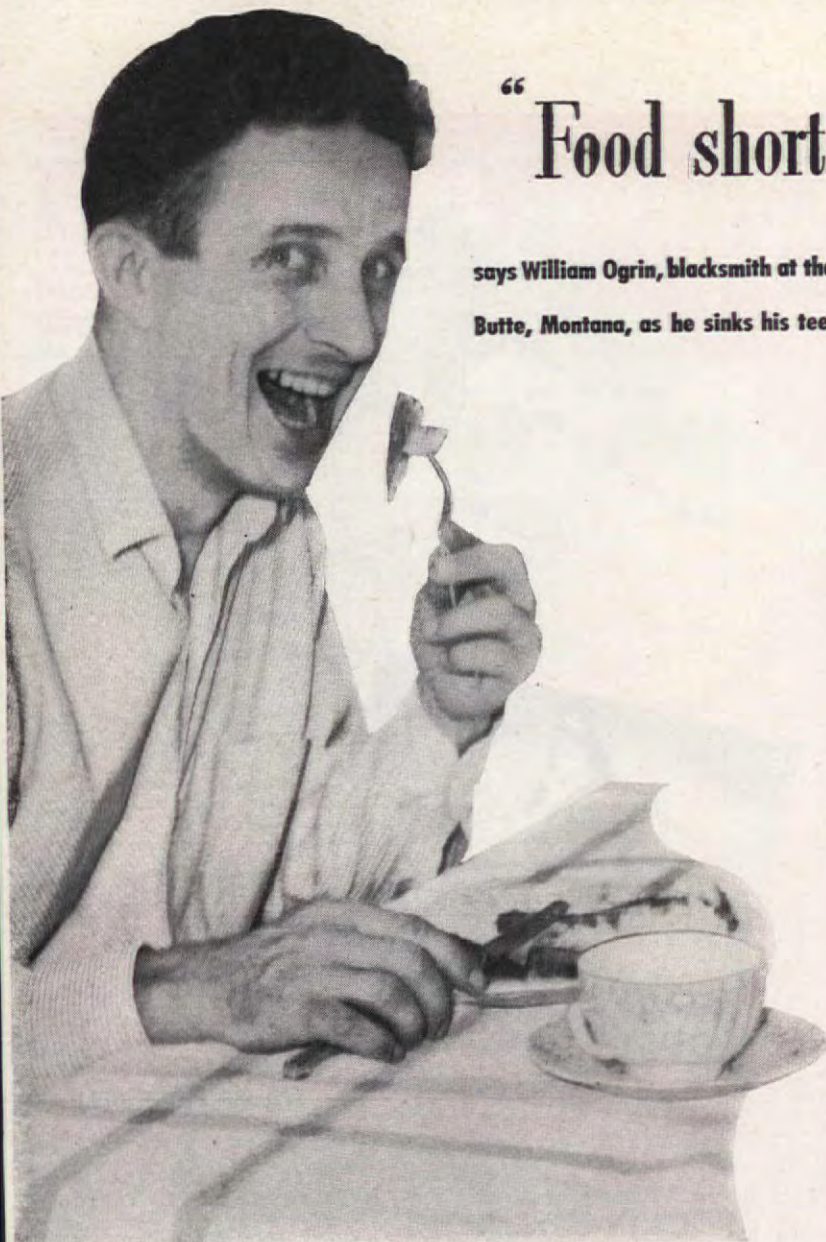
would be wise to stretch a point and delay the Victory garden until August. That way the June table can be a neat but attractive wedding theme. Use pudgy white bells on a pastel cloth. Borrow one of those elaborate cake decorations from your bakery shop for the centerpiece. July and patriotism is rampant. Try using the flags of all the United Nations, and your table will have a timely new motif.

September in many homes is a bustle of back-to-school activities. Make a little red school house, and cut out paper dolls for the figures of children on their way to school. October should be a Halloween celebration. Make it the very opposite of the March table by using every **BAD** luck omen you can think up. For November we suggest our Autumn table. Need we say anything about a Christmas table? Just get out the ornaments you *thought* were put away!

Directions for making centerpieces for the four seasons plus four menu suggestions all for 15 cents. Ask for Four Garden Tables (including patterns)—leaflet #158. Send stamps or money order. **THE AMERICAN HOME**, 251 Fourth Avenue, New York City, 10, N. Y.

"Food shortages haven't cramped my style"

says William Ogrin, blacksmith at the Anaconda Copper Mining Company shops in Butte, Montana, as he sinks his teeth into a two-fisted Health-for-Victory meal



"I've got no kick coming!
We folks on the home front are still getting 75% of all the food in America. I know it takes a lot of chow for the boys in the Service... but who rates it more! Another thing, I'm all for shipping food to our allies and liberated countries because it saves a lot of lives. Shortages? They're tough...but what my wife's learned to do with the food she can get is okay with me."

That's the stouthearted spirit
that makes Food Fight for Freedom. There's enough food in the country for everyone, if we learn to use it properly.

Bill Ogrin's wife, for example, found the perfect answer in the Health-for-Victory Meal Planning Guide distributed to every home each month by Butte's 1,300 Block Leaders. She's just one of 500,000 women from the Atlantic Coast to

Hawaii who follow these monthly Meal Planning Guides.

Point-thrifty menus for every meal in the month, with needed recipes, are given in these Guides. Together with dozens of hints on how to make meat, butter and other rationed foods go further.

And Food Fights for Freedom among the other loyal members of H-for-V Clubs already sponsored by 1,700 war plants and other organizations the country over. Many clubs hold monthly meetings, conducted by the able home economists of local power companies. All distribute Meal Planning Guides which give women practical help on wartime meal planning.

All H-for-V materials are prepared by the nutrition-wise staff of Westinghouse home economists. Now these expert meal-planners have prepared "THE ABC's OF EATING FOR HEALTH" to show all women, H-for-V members or not, how to serve tasty, health-building meals in spite of rationing. You'll want a copy.



"We're All Members of the Clean Plate Club," say the Ogrins, tucking away a low point H-for-V dinner.



"Here we are again," says Mrs. Mary Orlich, OCD block leader, handing Guide to Mrs. Ogrin.



"Let's Do Our Part," urges this utility home economist as she explains reasons back of Government's "Food Fights for Freedom" program.



"We're Putting the Heat on the Axis," says Wm. Ogrin as he heat-treats the bits on drills essential for war work.

TUNE IN ON JOHN CHARLES THOMAS, WESTINGHOUSE PROGRAM, NBC, SUNDAY AT 2:30 P. M., E. W. T.



FREE! REVISED EDITION... "THE ABC's OF EATING FOR HEALTH"

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*Seven-year-old Kid Wizard of the Quiz Kid Radio Program, Coast-to-Coast, every Sunday evening.

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A BIG problem for a little boy—but how easily Joel solves it! And you'll find it easy to solve the problem of enriching family meals with ONE-A-DAY (brand) Vitamin Tablets.

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Yes, ONE-A-DAY (brand) Tablets are rich in Vitamin Units. They're so rich in fact, that a single tablet daily is all you take

—all you pay for. This is true whether you take the A and D Vitamins to help keep up normal resistance to colds, or the B-Complex Vitamins to help prevent lack of energy and nervous irritability from a deficiency of these Vitamins.

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Ask your druggist today for ONE-A-DAY (brand) Vitamin Tablets, made by Miles Laboratories, Inc.

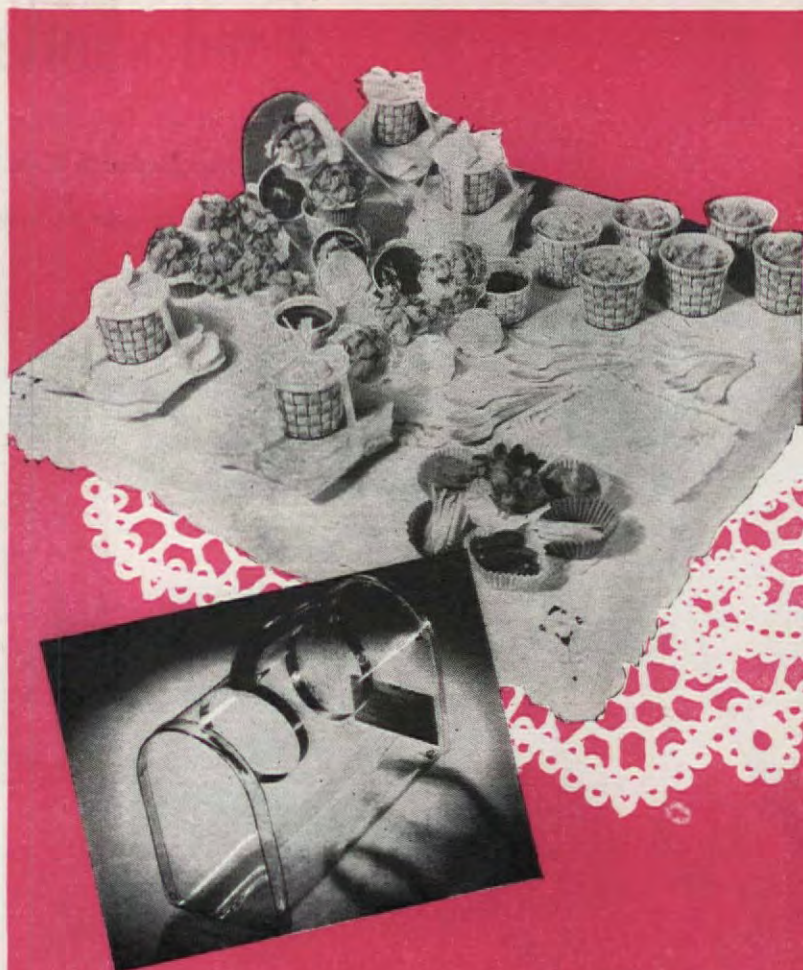
SEE WHAT YOU SAVE... Prices on Vitamin A and D Tablets—one month's supply, only 50c; 90 days' supply, only \$1.20; six months' supply, only \$2.15, or less than 1½¢ a day. Prices on Vitamin B-Complex Tablets—12 days' supply, only 45c; one month's supply, only 90c; three months' supply, only \$2.25, or only 2½¢ a day.



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LOUISE PRICE BELL

1 For the centerpiece—dessert and flowers tastefully arranged in a "Victory View Kit"

2 Cologne always makes a "sweet" personal gift appreciated by every bride-to-be

3 Bath powder, sachet, perfume, all in her one favorite scent—a pleasant ensemble...

4 Cologne and soap personalized for her in design and shape

5 Easy to pack—one stick of bath salts is enough for one bath when traveling "light"

6 Tissues, soap, talcum, already wrapped attractively enough for the "Bundle Box"

7 Idea for wrapping with war material. Paper doilies and flowers cut from wallpaper and pasted on boxes to make designs

8 Something new and really luxurious. A soap-bath-mitt to wear in the bath or shower

9 A soap powder conveniently packaged for a quick washing of the bride's dainty lingerie



Bundles FOR Brides

Hearty Vegetable Salad
Chicken Salad Sandwiches
Peanut Butter and Marmalade Sandwiches
Creamy Chocolate Pudding
Cupcakes with Fluffy White Icing
Coffee

A "PERSONAL" or "Lingerie" Shower is pretty likely to be popular with any of the brides-to-be these days. This is particularly true of couples where both are employed in essential war work, and of wives of Service men. Invite only close friends of the engaged girl for this type of shower, for they will know her tastes about such intimate items as toiletries, nighties, creams, lotions, and the like. Have a large hat box, or hamper covered with white paper and sprinkled with red hearts. It may bear the placard—**BUNDLES FOR THE BRIDE**, and into it the guests will drop their gifts wrapped as pretty bundles immediately upon arrival at the shower. Paper and pencil games are always popular. After the girls are seated at

card tables, tell them to write the letters of the guest-of-honor's name down the left side of the paper. Then, as you ask questions regarding the romance, they will answer each one opposite the various letters. The players will answer the first question after the first letter of the name, having the answer begin with that letter. For example, suppose the guest of honor's name is Margaret. Your questions might be: How did Ray propose? What did Margaret say in reply? How did she look? Then what? Are they well suited to each other? Will they be happy? Will their love last? Describe their life in one word. One of the papers might read this way: M . . . marvelously! A . . . Ah, yes. R . . . red. G . . . generalities? A . . . absolutely! R . . . remark-

able. E . . . eternally. T . . . terrific!

Another game along the same line is to have the players write some advice to the bride-to-be after each letter of her name, making sure that all the words in each sentence begin with the "key-letters." In this game, one paper might read like this: M . . . Make many marvelous muffins. A . . . Always act artful. R . . . Remember Roland's reactions! G . . . Garnish greens generously! A . . . Appease appetite always! R . . . Relay radio regimentation. E . . . Enjoy endless explanations. T . . . Teach tactfully.

And here is another suitable game since it deals with words rhyming with heart, and hearts are associated with romance. Give the players papers upon which are written the following definition, and have them give the word defined that rhymes with heart: 1. Cupid's weapon—(dart), 2. What lovers hate to do—(part), 3. Service men are familiar with this—(chart), 4. Chic, modish—(smart), 5. The new cook will rate herself praise with this dessert—(tart), 6. Done promptly at Uncle Sam's request—(depart), 7. He tells you he loves you—(impart), 8. Skill at homemaking—(art), 9. An animal—(hart), 10. You'll pick his favorites here—(mart).

War stamps are the best prizes for any game. After all this suspense, let the guest-of-honor have the fun of opening the "bundles." Because this is a bundle party, the refreshments are done up in bundles too. Sandwiches made with a slice of white and a slice of whole wheat bread can be slipped into sandwich bags. A hearty vegetable salad is packed in individual paper containers. With lace doilies for a party effect, the sandwiches and salad container are tied together with white ribbon. For dessert, chocolate pudding is served in individual containers, and cup cakes with white icing go along because there must be cake at a party! The transparent, plastic lunch kit, filled with flowers and dessert for a centerpiece, can later be used by the bride-to-be when swinging along to her defense job.

Products shown here by courtesy of 1. Lewis and Conger, 2. Charles of the Ritz, 3. Yardley, 4. Tussy, 5. Shulton, Inc., 6. Shulton, Inc., 8. Frances Denny, 9. Tussy

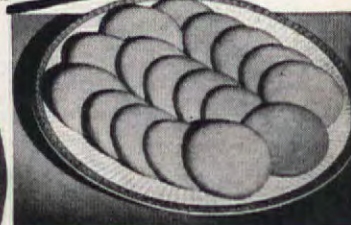


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MUST have
IRON for
good red blood



Children's iron needs grow along with their bodies.

**BRER RABBIT
MOLASSES IS
RICH IN IRON**



There's extra iron in every cookie made with Brer Rabbit. Keep plenty on hand—for lunch boxes and for after-school snacks.

● Children love the flavor of Brer Rabbit Molasses. Tests have shown it is second only to liver as a rich food source of iron the body can use.

Three tablespoons of Brer Rabbit Molasses supply about a third of minimum daily iron requirements based on government standards.

Add one tablespoon of Brer Rabbit to a glass of cold or warm milk. It's a delicious drink your child can enjoy daily. And use Brer Rabbit often in gingerbread, cookies and other molasses foods. No iron is lost in cooking.

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Gold Label—light, mild-flavored; delicious on bread, pancakes, waffles and for delicately flavored milk shake.

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Allspice



Anise



Basil



Bay



Caraway



Turmeric



Thyme



Sesame



Sage



Yellow Mustard



Brown Mustard



Marjoran



Fennel



Spices

ELEANORA SENSE

THE history of the world rolls around and thrills to the many stories of spice intrigue. Countries have been won and lost because of spices. Men have risked their lives in battles or in dangerous travels because of spices. Stories of days of old are retold of gold, jewels, and spices being accepted as ransom. In fact, the subject intrigued all writers and poets, and the classics include many references to the romantic spices. Literally worth more than their weight in gold, ginger, cloves, and pepper particularly had greater value than live stock or even slaves. During the athletic festivals and wars of ancient Greece and Rome, the victorious were crowned with laurel leaves, which we now know as bay leaves. Marco Polo became fascinated with the mystery of the spices he observed on his travels in the Orient and in other countries of the East. His tales teased sailors and traders to travel the seven seas to search for these fabulous condiments that added exotic flavor to food and had medicinal value. The lure of spices urged Christopher Columbus to make his memorable journey in 1492. Vasco da Gama, the Portuguese sailor, sailed around the Cape of Good Hope and found the sea route to India and the Spice Islands, the route Columbus searched for. Spice was the Lorelei which led them on. These gentlemen were followed in this era of adventure by explorers from France, Holland, Spain, and England.

Why were spices sought? Spices were a necessity in former days before our modern refrigerators and newer methods of storing foods, not only as a preservative, but also to disguise the flavor of spoiled food. They are still used for their piquancy and tantalizing flavors to dress up otherwise dull and monotonous vegetables, meats, fish, and salads. The disagreeable flavor of medicines is very successfully camouflaged by their use as, for instance, anise in cough medicine. Housewifery lore called for pomander balls in a closet for spicy fragrance and allspice as a moth preventive, and today they may still be found in the impeccable household. Old lore also tells us that the well turned-out lady in grandmother's day chewed cardamom seeds before going to church! For years we have thoughtlessly accepted the availability of spices, and it has taken a world war to show us

NUMBER FOURTEEN IN OUR SERIES OF FOOD MONOGRAPHS





"OFFICERS' CLUB"...POST-WAR VERSION



When Johnny—and Jenny—come marching home they'll want a very special setting to get together with their buddies. A basement game room, perhaps, as friendly and informal as possible.

Certainly one step in this direction will be to select paneled walls and ceilings of Western Pines.* These soft-textured woods well know the art of transforming an ordinary room into one that radiates gracious hospitality.

Of course, building and remodeling are pretty much "out" for the duration. But thinking and planning are not. So if you have a scheme in the back of your mind, write right now for a FREE copy of "Western Pine Camera Views." This picture book of lovely interiors will give you endless ideas to mull over between now and Victory. Western Pine Association, Dept. 181-F, Yeon Building, Portland 4, Oregon.

*Idaho White Pine *Ponderosa Pine *Sugar Pine
THESE ARE THE WESTERN PINES

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The Heatilator Fireplace can be used on cool spring and fall days, saving weeks of wasteful furnace operation and stretching scarce or rationed fuels over longer periods. Or by burning unrationed fuels during colder weather, the Heatilator Fireplace can supplement the heat of your furnace.

Plan Your Future Fireplace Now

For the duration, the manufacture of Heatilators has given way to vital war production. But, Heatilator Fireplace units will be available as soon as you can get the other materials for home building or remodeling. Ask your building materials dealer, or write to . . .

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WASHING
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WoolFoam
Washes Wool Perfectly

Contains no soap, oil or fat. Leaves sweaters, socks, blankets, baby's things soft, fluffy, really clean. Made for wool by a wool firm. At art needlework, notion and other departments of leading department and chain stores. 25¢

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YOU AND THE
COLD

New pliable plastic stops leaks, saves fuel. Weatherstrips windows, doors, baseboards—caulks casements; makes packing, gaskets.

Easy to apply. Unrolls like ribbon. Just press into place and it stays put. Does not crack, chip, dry out or shrink.

About 80 ft. to roll. At stores, or \$1.25 prepaid (\$1.40 west of Rockies)

Send for Circular

NO Drip

STOPS THAT DRIP

A sure cure for condensation drip from tanks, pipes, walls, ceilings, etc. Apply with brush, trowel or spray. At stores or \$1.90 for 1 gal. prepaid (\$2.10 west of Rockies). Free Circular.

J. W. MORTELL CO. 524 Burch St. KANKAKEE, ILL.



that we are definitely dependent upon foreign countries for cinnamon, pepper, paprika, and others.

Let's examine the present spice situation a little closer. The countries which are now occupied by the enemy supplied us generously. The islands near the Philippines and the Dutch East Indies shipped full quotas of pepper, cinnamon, mace, and nutmeg. But war has interfered with a continuance of this trade. In Europe the best paprika came from Hungary. Mediterranean countrysides have always been excellent producing grounds for spices. It is here that the early Greeks and Romans knew of the value of spice in food and in medicine. But submarine warfare has temporarily stopped shipping of spices. Africa, namely Morocco, Zanzibar, Mombasa, and the island of Madagascar have always supplied us with red pepper, cloves, caraway, coriander, and cumin. When the battles were taking place in Africa, spice trading halted, but again these news-focused countries ship spices.

Where are we getting our spices today? Our own states are doing a magnificent job of growing much needed spices. California is supplying dill seed, paprika, chili pepper, mustard seed, garlic salt, onion salt, basil, and celery seed. Mustard seed is thriving in the northern states of Washington and Montana. Louisiana is commercially growing red pepper, chili pepper, and cayenne. They want seasoning for their wonderful creole dishes and they know that the pepper family offers essential ingredients. South Carolina is supplying paprika and red pepper while Massachusetts is growing enough sage to add zest to stuffings.

Let's cross the southern border and enter Mexico! This neighbor is supplying us with anise (familiar ingredient in cough medicines), paprika, and cumin. Guatemala sends us a long list of spices: cardamon, sesame seed, sage, marjoram, red pepper, bay leaves, and allspice. South America has always produced a notable quantity of specific spices, and the war has not altered the situation. Peru supplies anise, Brazil ships bay leaves, Paraguay produces coriander, anise, and cumin, while Chile sends paprika, anise, and marjoram, and sun soaked Grenada sends nutmeg and mace.

Allspice, which has a blend of cinnamon, nutmeg, and clove flavor, grows best on the island of Jamaica. Ginger is another spice which thrives abundantly on this lush island of the Caribbean.

LEPAGE'S
GLUE

LEPAGE'S GRIPSREADER MUCILAGE
LEPAGE'S WHITE PASTE

Can't Keep Grandma In Her Chair

She's as Lively as a Youngster—
Now her Backache is better

Many sufferers relieve nagging backache quickly, once they discover that the real cause of their trouble may be tired kidneys. The kidneys are Nature's chief way of taking the excess acids and waste out of the blood. They help most people pass about 3 pints a day.

When disorder of kidney function permits poisonous matter to remain in your blood, it may cause nagging backache, rheumatic pains, leg pains, loss of pep and energy, getting up nights, swelling, puffiness under the eyes, headaches and dizziness.

Don't wait! Ask your druggist for Doan's Pills, used successfully by millions for over 40 years. They give happy relief and will help the 15 miles of kidney tubes flush out poisonous waste from your blood. Get Doan's Pills.

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Please send me your booklet on PSORIASIS

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Name _____
City _____ State _____

● **never-fail hollandaise sauce**

Preparation time: 15 min.

- 1 tbs. butter or drippings
- 1 tbs. flour
- ¾ cup milk
- 1 tbs. prepared mustard
- ¼ tsp. salt
- ⅙ tsp. sugar
- 1 egg, separated

MELT butter in a double boiler. Add flour and mix. Gradually stir in milk. Add seasonings (salt, sugar, mustard), and beat until smooth and creamy. Then beat egg yolk well, and slowly add the hot sauce to it. Return sauce to the top of double boiler. Fold in stiffly beaten egg white until smooth and rich.

Serve on freshly cooked vegetables or a medley of vegetables that are leftover.
Serves 4
8.8 cal. per serving. Source of vitamin A
Note: This is an easy, economical hollandaise sauce, that even the most inexperienced cook can make with success.

Tested in
THE AMERICAN HOME KITCHEN

● **peasant bread soup**

Preparation time: 1½ hrs.

- ½ lb. Russian rye bread
- ½ cup butter or margarine, or drippings
- 1 onion chopped
- 1 tbs. parsley
- 8 cups water
- 2 tsp. salt
- ¼ tsp. pepper
- 2 frankfurters (sliced in ¼ in. pieces)
- 1 cup cooked vegetables
- 1 egg beaten

CUT bread into small cubes and brown in a skillet with melted butter or drippings. Remove the bread cubes, add onions and parsley, and saute until tender but not brown. Place bread cubes, onions, parsley and seasonings in a large kettle, add water and simmer until bread dissolves (1 hour). Put mixture through a coarse sieve. Then add vegetables and frankfurters and heat thoroughly. Stir in beaten egg and serve at once.

Serves 8
269 cal. per serving. Source of vitamin B complex

Tested in
THE AMERICAN HOME KITCHEN

● **Louisiana soup**

Preparation time: 30 min.
(Cooking time: 2 hrs.)

- 1 lb. dried lima beans (soaked overnight)
- ½ lb. ham or ham bone
- 3 small onions
- 9 peppercorns
- ½ bay leaf
- 6-8 cups water
- 1 cup minced carrots
- ½ cup minced green pepper
- 1 cup tomatoes
- 1 tsp. salt
- ⅓ tsp. pepper
- ¼ tsp. paprika

SOAK the lima beans overnight. Cook beans with the ham bone, onions, and spices (tied in a cheesecloth bag) until tender. Reserve 1½ cups whole beans and force the remainder of the beans and stock through a sieve. Return the whole cooked beans to the stock, add carrots, green pepper, tomatoes and cook until tender. If there are bits of ham adhering to the bone, mince and add to soup.

Serves 4-6
496 cal. per serving. Source of vitamins C, B complex

Tested in
THE AMERICAN HOME KITCHEN

● **vegetable macedoine**
—curry sauce

Preparation time: 30 min.

- 1 cup potatoes sliced
- 1 cup carrots sliced
- ½ cup turnips sliced
- ½ cup peas
- 2 slices onion
- 2 tbs. butter or margarine
- 2 tbs. flour
- SAUCE:
½ tbs. curry powder
- 1 cup milk, scalded
- ¾ tsp. salt
- ¼ tsp. pepper

SLICE vegetables and cook in a small amount of boiling water. Make sauce by cooking onion in 2 tbs. butter for five minutes. Remove the onion, add flour, curry powder, seasonings, and gradually pour in 1 cup scalded milk. Let sauce cook until it thickens, then pour over vegetables, garnishing with chopped parsley or a small amount of paprika.

Serves 4
215 cal. per serving. Source of vitamins A, B complex

Tested in
THE AMERICAN HOME KITCHEN

● **lentil soup julienne**

Preparation time: 30 min.
(Cooking time: 2½ hrs.)

- 2 cups lentils (1 lb.) (soaked overnight)
- 6 cups water
- 1½ tsp. salt
- ⅓ tsp. pepper
- 1½-2 tsp. butter
- 1 medium onion, minced
- ½ cup carrots, julienne
- ½ cup potatoes, julienne
- ½ cup turnips, julienne

WASH and clean lentils and soak overnight. Then drain lentils and simmer in water to which salt and pepper has been added. Cook until tender (about 2 hrs.). Melt butter in frying pan and saute onion, carrots, potatoes and turnips 5-8 minutes. Stir very little, to prevent breaking. Add vegetables to lentil soup and cook 15 minutes.

Serves 6-8
290 cal. per serving. Source of vitamins A, B complex

Tested in
THE AMERICAN HOME KITCHEN

● **puree mongole**

Preparation time: 15 min.
(Cooking time: 4-5 hrs.)

- ½ lb. yellow split peas (soaked overnight)
- 4½ cups canned tomatoes
- ½ lb. ham or leftover ham bone
- 1 cup consomme
- 1 onion sliced
- 1 bay leaf
- 6 peppercorns
- salt, pepper

SOAK the peas, overnight. Next morning cook peas in 4½ cups canned tomatoes, with ham or ham bone, sliced onion and consomme. Tie bay leaf and peppercorns in cheesecloth and add to the soup, cook at simmering temperature for 4-5 hours. Remove ham, shred into small pieces. Puree soup and reheat serving shredded ham on top of the soup.

Serves 8
195 cal. per serving. Source of vitamins C, B complex

Tested in
THE AMERICAN HOME KITCHEN

Photograph printed on back of each recipe

On the west coast of Africa, Mombasa produces red pepper. The mysterious sound-ing country of Zanzibar, which tantalizes our imagination and makes all of us want to hop on a flying rug or a modern clipper, sends us cloves. Here natives slowly and endlessly harvest the clove buds, dry them, and then sort the spice which is essential for cook-ery, medicine, and many household uses. For instance, a pomander ball is made by stick-ing an apple or orange full of cloves.

India generously ships quite an assortment of spices including pepper, fennel seed, mus-tard seed, coriander seed, cardamon seed, poppy seed, dill seed, turmeric, ginger, and red pepper. And Cey-lon is still the num-ber one country to produce cinnamon.

Now let's start our adventure with spices



Beautiful Soups

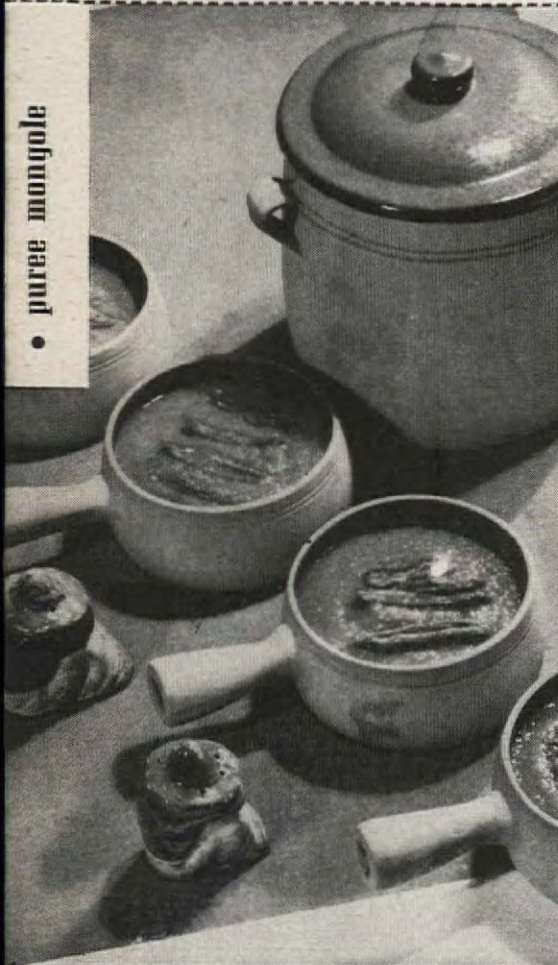
and really run the entire gamut. To make exquisite soups which are something out of this world, add with the usual salt and pepper, a bay leaf or two, a dash of chili powder, a speck of marjoram, or thyme. If you're making borscht, then add dill seed and whole cloves. To potato soup, whole cloves are a real asset. Add rosemary to turtle soup, and dill seeds to bean soup, while coriander gives interest to pea soup. Tiny amounts of curry powder add a sparkle to cream soups. Chili powder, if used sparingly, does the same to bean or pea soup.

Recipe printed on back of each photograph

Piquant Vegetables

When vegetables take on a monotonous sameness, then start your spice magic. Add nutmeg to cauliflower, spinach, and sweet potatoes. Of course paprika is always colorful when used for salads or cooked vegetables. Basil takes on a particular affinity with tomatoes, peas, squash, or string beans. Have you tried celery seed in stewed tomatoes? When stewing fruits, add a mace blade. To cottage cheese, add caraway seed, and to cheese dishes, add some cumin seeds. You'll be surprised at the zest these spices can add!

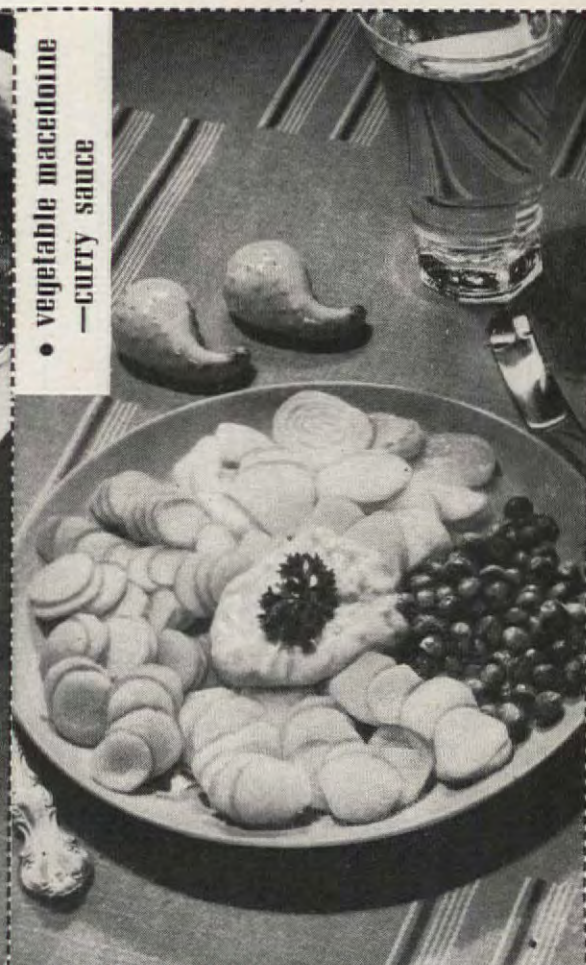
Photographs by F. M. Demarest



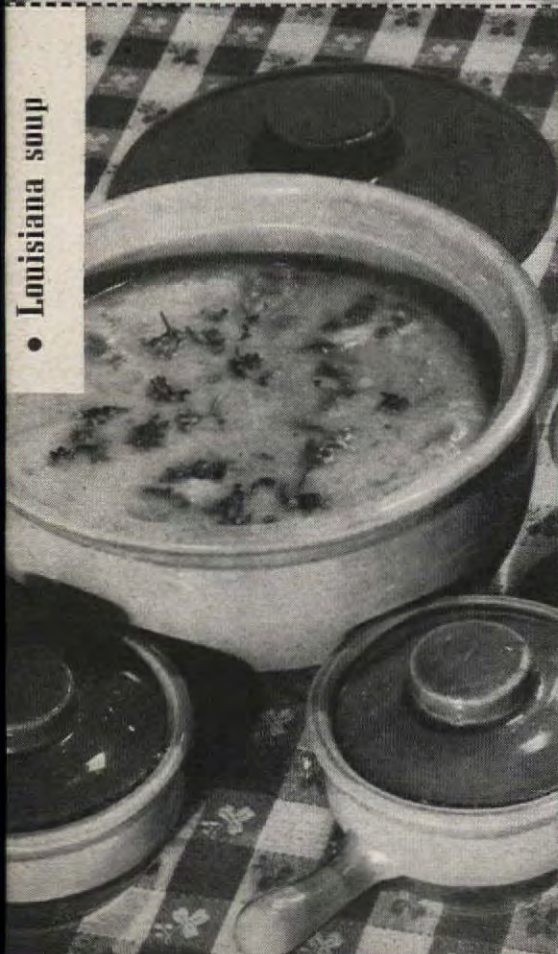
• puree mongole



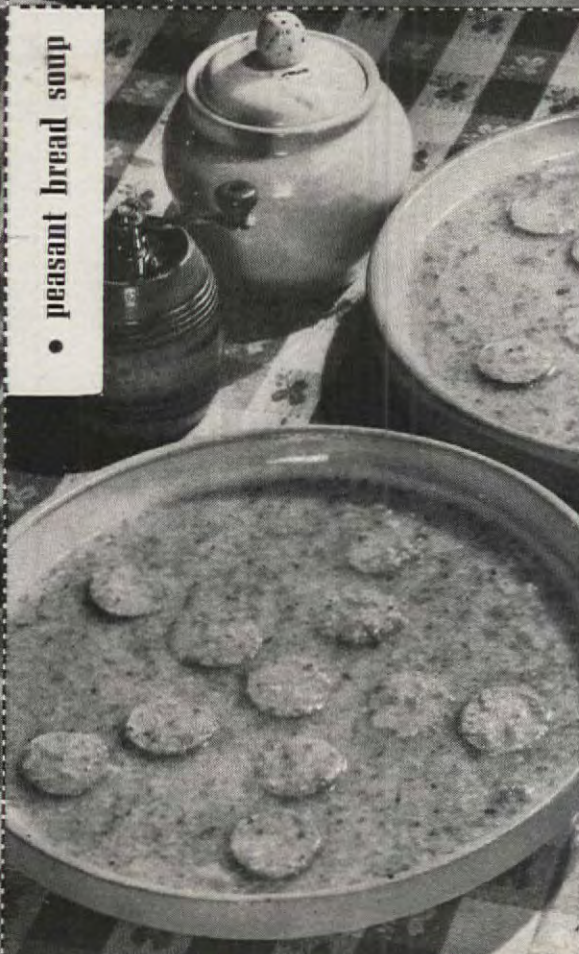
• lentil soup julienne



• vegetable macedoine
—curry sauce



• Louisiana soup



• peasant bread soup



• never-fail
hollandaise sauce

In baking any cakes or cookies, try allspice instead of the spices you have been using. Anise seed is plentiful, too, and adds an interesting licorice flavor to baked goods. To gingerbread, besides ginger, add some ground coriander. Sprinkle poppyseed or sesame seed over rolls before they are baked. Ground cardamon offers a pleasing flavor to cakes and cookies. Have you ever tried fennel seed or anise in apple pie or apple turnovers? You'll be delighted with the new flavor these spices lend.

Meats deserve special attention with spices. To beef add rosemary, and to hamburgers add mustard seed. Lamb enjoys the company of rosemary and marjoram. Of course, cloves stud a ham, and sage still blends with stuffings for poultry. A leaf or two of basil adds charm to a stew, so

Savory Meats

does a whole allspice. Other spices to add to a stew, but not at the same time, include bay leaves, celery seed, chili powder, marjoram, and thyme. To the mustard spread for hot dogs, add a speck of turmeric. Fish cannot be neglected, either, because spices

will do so much for any kind. When cooking fish, add some fennel, bay leaves, whole allspice, or celery seed. Mustard seed makes a fish sauce more interesting, adds new tang to the old flavor.

Nutritionally, not much is known about spices. Paprika and turmeric.

Recipe printed on back of each photograph

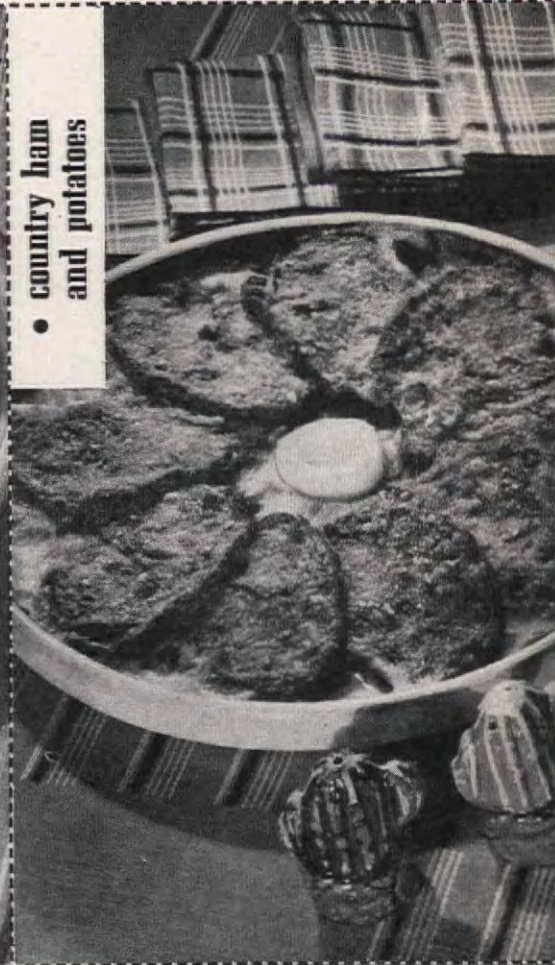
• squash creole



• ham and yam casserole



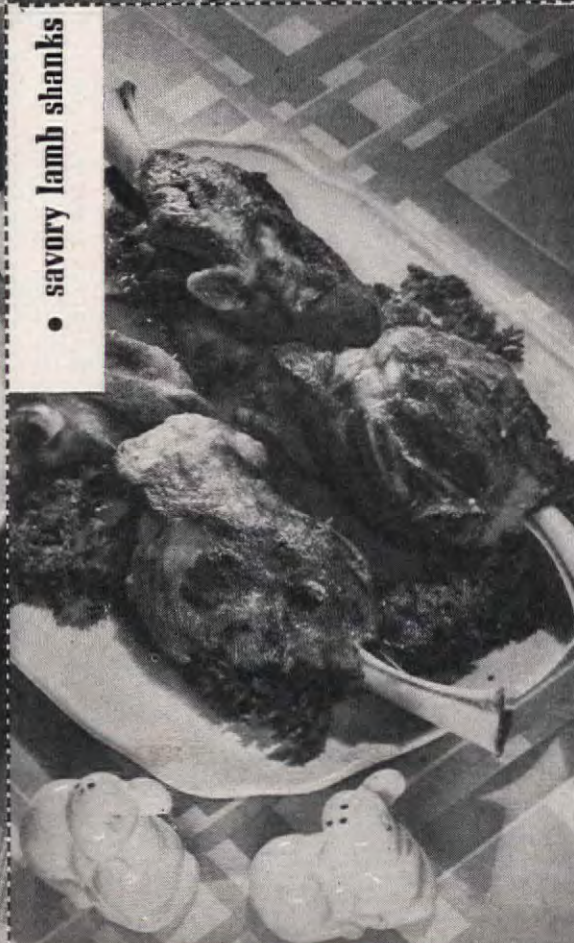
• country ham and potatoes



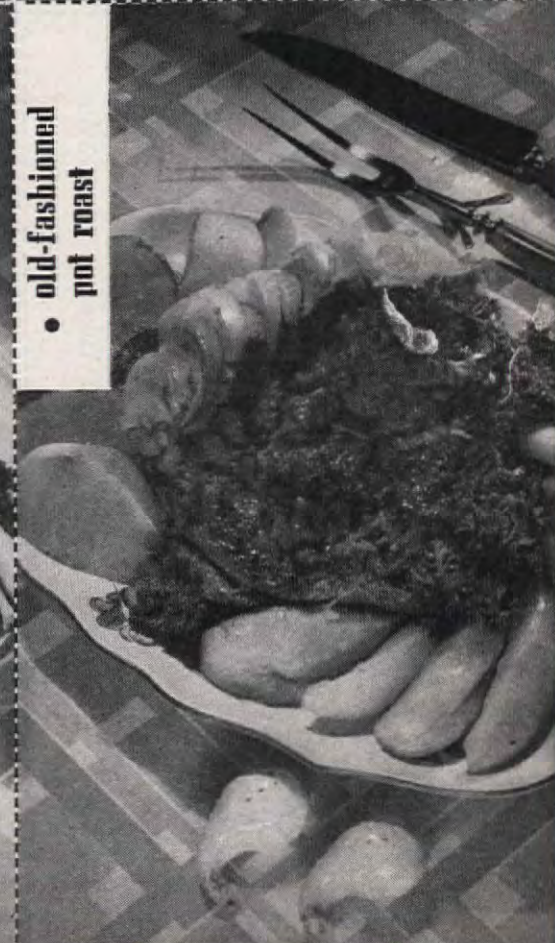
• pilaf with lamb patties



• savory lamb shanks



• old-fashioned pot roast



● old-fashioned pot roast

Preparation time: 4½ hrs.

- 3-4 lb. chuck roast
- salt, pepper
- prepared mustard
- flour
- 1 tbs. drippings

SALT and pepper the pot roast and spread with mustard, dust well with flour. Place in a large roasting pan and brown on top of stove with 1 tbs. drippings. Slice onions, and arrange with turnip and squash (which have been cut in slices 4 inches long and about 2 inches wide and seasoned with salt) around roast; then add tomatoes. Bake uncovered for 2½-3 hours, covered for 1 hour in a moderate (350° F.) oven.

Serves 6 850 cal. per serving. Source of vitamin A, B complex

Tested in

THE AMERICAN HOME KITCHEN

● savory lamb shanks

Preparation time: 1¾ hrs.

- 4 lamb shanks
- 4 tbs. flour
- ½ tbs. shortening or drippings
- 1 cup water
- 2 tsp. vinegar
- ¼ tsp. black pepper
- 2 tsp. Worcestershire Sauce
- 2 tsp. prepared horseradish
- ½ tsp. salt
- Marjoram or pinch of cloves

DREDGE shanks in 3 tbs. flour; brown in skillet with ½ tbs. shortening, and put in a casserole. Add remaining flour to drippings in skillet; add water and cook, stirring constantly until thickened. Add vinegar, horseradish, Worcestershire Sauce and spices. Cook a few minutes longer. Then pour this gravy over shanks; cover and bake in a moderate (350° F.) oven 1½ hours.

Serves 4-6 394 cal. per serving. Source of vitamin B complex

Tested in

THE AMERICAN HOME KITCHEN

● pilaf with lamb patties

Preparation time: 60 min.

- 2 slices bacon
- 2 tbs. mustard
- 1 cup brown rice
- 1 onion thinly sliced
- 2 cups tomato juice
- LAMB PATTIES:**
- 1 lb. ground lamb
- 2 tbs. mustard
- ½ tsp. salt
- ⅛ tsp. pepper

CUT bacon in small pieces and brown slowly in a heavy frying pan. Add 2 tbs. mustard and 1 cup brown rice, washed and drained. Stir over low heat until brown and heated through. Add 1 onion, 2 cups tomato juice and bring quickly to the boiling point, then pour into a greased casserole. Arrange lamb patties (1 lb. lamb, seasoned with 2 tbs. mustard, salt, and pepper, and shaped into patties). Bake uncovered, until patties are brown on top (35 min.); then cover and bake until rice is well cooked (20 minutes) in a hot (400° F.) oven.

Serves 4-6 375 cal. per serving. Source of vitamin C, B complex

Tested in THE AMERICAN HOME KITCHEN

● country ham and potatoes

Preparation time: 1½ hrs.

- ½ lb. tenderloin or Canadian bacon
- 2 large potatoes
- 2 large onions sliced thin
- pepper
- 1 tbs. prepared mustard
- 1 cup milk heated
- bread crumbs

SPREAD tenderloin slices with prepared mustard and dip in bread crumbs. Cut potatoes and onions in thin slices. Arrange in alternate layers in a greased casserole, seasoning each layer with salt and pepper and sprinkling with crumbs. Reserve 4 slices of potato for the top. Pour hot milk over filled casserole and then arrange the 4 slices of potato on top, sprinkle with bread crumbs. Bake in a moderate oven (350° F.) for 1 hour until potatoes are done and the liquid almost absorbed.

Serves 4-6 235 cal. per serving. Source of vitamin B complex

Tested in THE AMERICAN HOME KITCHEN

● ham and yam casserole

Preparation time: 60 min.

- 2 sweet potatoes
- ¼ cup water
- 1 lb. shoulder butt of (ham or tenderloin)
- ¼ cup molasses
- 1 tbs. mustard
- bread crumbs

SLICE sweet potatoes in thin slices, arrange on bottom of a greased casserole, add ¼ cup water and a little pepper. Mix molasses and mustard together, then slice meat and dip in this mixture and roll in bread crumbs. Place meat slices on top of potatoes and cook uncovered in a moderate (350° F.) oven for 45 minutes or until done.

Serves 4-6 321 cal. per serving. Source of vitamins A, B complex

Tested in

THE AMERICAN HOME KITCHEN

● squash creole

Preparation time: 60 min.

- 2 lbs. squash (summer or winter variety)
- 2 onions, sliced
- 2 cups of fresh or canned tomatoes
- 2 tbs. mustard
- ½ tsp. salt
- ⅛ tsp. pepper

WASH and peel squash, removing any seeds. Slice squash thin and arrange in a greased casserole. Add thinly sliced onion. To the tomatoes, add mustard and seasonings. Pour over squash and onions, cover and bake in a moderate (350° F.) oven for 45 minutes.

Serves 4-6 72 cal. per serving. Source of vitamins A, C

Tested in

THE AMERICAN HOME KITCHEN

the colorful spices, are reported to be a source of vitamin C and possibly some other vitamins. Although their value from a nutrition point of view is not substantiated, nevertheless spices have their important role of dressing up monotonous foods into an exciting culinary adventure. After all, nutrition is the food you eat, and if spices make the-foods-you-must-eat attractive and appetizing, then spices add life to nutrition, and spices receive their nutrition merit award!

Picking up a package of spice tells little of

the long, adventurous voyage it has had from sun drenched islands, through storms on oceans until the cargo arrived safely on your pantry shelf! If you have limited yourself to salt and pepper seasoning, then you can anticipate great excitement as you try out the different spices for flavoring specific foods. Some spices go hand-in-hand with vegetables, others are just made for soups, and some are exclusively for baking. Keep your spice containers tightly closed so the precious aroma does not escape! And season

to taste when using new and different spices.

For your spice shelf include the following seeds: caraway, celery, cumin, dill, fennel, mustard, and sesame. Dried leaves are bay, basil, marjoram, and sage. Whole spices include allspice, cardamon, chili, cloves, coriander, nutmeg and pepper. Cinnamon comes in sticks, ginger in roots, and mace in blades. Ground spices include allspice, anise, cardamon, chili, cinnamon, cloves, coriander, curry powder, ginger, mace, nutmeg, paprika, and pepper.

Photograph printed on back of each recipe

One dash
makes fish
sure taste
delish!



Equally popular for use in the kitchen or at the table, Heinz 57 Sauce is the condiment all America is asking for! Rare tropical and domestic fruits and vegetables—richly spiced—give this sauce matchless zest. You'll like it in gravies, stews—on eggs or chops!

Heinz
57-SAUCE
17 flavors blended into one

ANOTHER
outstanding child



"Packers keeps my daughter's abundance of hair glossy, healthy and lively. Our family has used it for 3 generations," says Mrs. Wm. Caldwell, Buffalo, N.Y.

Young Ann Caldwell's soft, silky hair shows the Packers care it has known since baby days.

Three generations of mothers have used Packers Tar Soap to help give their children healthy, lovely hair. No soap is purer or cleanses more gently and effectively. And shampoos with Packers average only about one-fourth the cost of bottled shampoos.

Every member of your family will like Packers' rich pine-cone color... its fresh, piney odor... its billowing lather that cleanses so quickly, rinses out so easily. Get a 25c or 10c cake of Packers today.



Shampoos for less than a penny

PACKERS TAR SOAP

Dear New Mother



SOMEHOW when another new year rolls around, new resolutions or the old ones brushed off always seem to come up for careful scrutinizing.

Concerning the new baby, there is no better resolution than to establish good habits which will form the framework for the following adolescent and adult years. Psychologists call such habits good behavior patterns. If a wrong fitting pattern starts, then so many adjustments have to be made. Even when a few weeks old, the baby can start to assert himself. If you think that the one time you give in to baby's whimsies isn't going to matter, then don't wonder too much if Mary shows the same traits when she is three or four years old.



THIS brings up the subject of feeding problems. Unless the baby is really sickly, which is then a pediatrician's problem, any normal, well child should be eating properly. Feeding the baby by the clock is a good rule and a good resolution for the new year. A baby's empty tummy knows when the next feeding is due; so if the baby is on a four-hour feeding schedule, be sure it is always four hours, not three hours one time and five the next. A healthy baby shouldn't dawdle over his bottle, but should consume it all within fifteen to twenty minutes. You're in for trouble if you coax when he plays with his bottle. Should he decide to dawdle, take the bottle from him. Usually he will be hungry enough when the next feeding time comes along to take his entire bottle without a murmur. Your baby will soon catch on that you mean business when the bottle is brought in.



IF YOUR baby develops cranky food habits, criticize yourself more severely. The best resolution is to adopt an interested but detached attitude when feeding your child. My wish for you is that this New Year will bring a better world for the young child to grow up in.

Aunt Sue

Champ of the Ski team
gets his **IRON** every day



BOSCO is iron-rich . . .
makes milk a delicious treat!

Extra goodness . . . extra nourishment that's what delicious chocolate flavored Bosco adds to milk. Due to war conditions, you may not always be able to get all the Bosco you want. So please make your supply go as far as possible.

IRON: relative available amounts in

Spinach —

Raisins —

BOSCO —

"WHEN THERE'S CHOCOLATE
FLAVORED BOSCO IN MY
MILK — I COULD DRINK
A GALLON!"



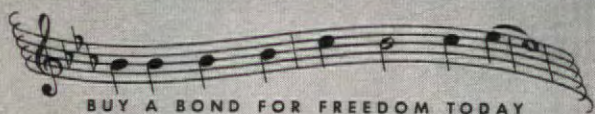
A NEW-DAY MUSETTE WILL FOLLOW VICTORY

Winter & Company's post-war Musette promises to be the finest piano of its kind the world has ever seen. For evidence of how well that promise will be fulfilled—look to the past! Remember, Musette was the first of the consoles—and it was Winter & Company's Musical Engineering Laboratories which developed Resotonic Construction, the Vibrato Bridge, Practiano and other amazing modern features which made the Musette America's most talked about and copied piano!

For Real Enjoyment—Keep Your Piano Tuned

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America's Largest Piano Manufacturer, before the war—today producing Fighting Equipment for our Armed Forces.



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Tired, aching feet, rheumatic-like foot and leg pains, fatigue, sore heels and callouses are often traceable to weak arches. Dr. Scholl's Arch Supports and exercise help relieve pain caused by strain of the muscles and ligaments. Give firm uplift. Are molded to the feet and adjustable as condition of arch improves. Expertly fitted and adjusted at Shoe, Dept., Surgical Supply Stores and Dr. Scholl's Foot Comfort Shops everywhere. For FREE booklet write Dr. Scholl's, Inc., Chicago.

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A NEW and different list of Vegetable Seeds, Prize Winners in 1943. Write for Free Catalog. STERN'S NURSERIES, Dept. A, GENEVA, N. Y.



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"THE LUSTER LASTS LONGER!"

Large jar only \$1.00
Write to EARL PRODUCTS CO.
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You... THE PARENT

GERTRUDE E. CROMWELL

Guest Health Editor of the Month

13th IN OUR FAMILY HEALTH SERIES



Health check-up at (top) Grant School and (below) at Adams School in Des Moines



Register & Tribune Press
Photographs from
Gertrude E. Cromwell

WHEN a child is first sent to school he becomes a part of a world quite new to him. His adjustments to this new world will be many and the state of his health will be of prime importance. Among the health conditions which he must face is exposure to the many diseases which inevitably invade the school environment. If he enters school highly susceptible to these diseases, he certainly will fall a victim to them. Parents should see that their children are protected against the diseases for which medical science has developed preventive measures. These include diphtheria, smallpox, whooping cough, and several

others. However, well as these facts are known, less than sixty per cent of the parents of this country have their children so protected, except in those communities which have laws requiring them to do so. Immunizations, isolation, and quarantine are civic means of controlling epidemics. Greater parental co-operation in these measures, with social pressure on the uncooperative, would prevent serious epidemics of communicable diseases.

Parents are the source of power through which the schools may provide a safe environment for the children sent to them. As taxpayers and voters, parents are responsible for good or poor schools.

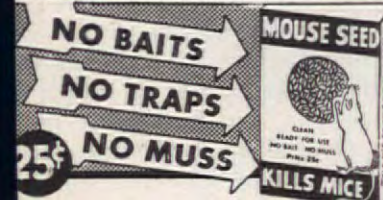
A Few Drops Relieve Sniffly, Sneezy Distress of HEAD COLDS



SPECIALIZED MEDICATION
Works fast where trouble is

When a miserable cold settles in your head, makes you sniffle, sneeze or stuffs you all up—put a few drops of Vicks Va-tro-nol up each nostril. And enjoy the relief that comes so promptly. Va-tro-nol is specialized medication that shrinks swollen membranes—helps clear cold-clogged nasal passages—reduces irritation—and makes breathing easier.

VICKS VA-TRO-NOL
Follow the simple directions in folder.



NO BAIT
NO TRAPS
NO MUSS

Here's the easy and clean way to kill mice. Chemically treated seed, the kernels of which mice eat—then they die. Simply put *Mouse Seed* in saucer and place where mice appear. No baits, no traps, no muss. Excellent results for over 50 years. Avoid substitutes. Get the genuine. At drug and other dealers. No mail orders. W. G. Reardon Laboratories, Inc., Port Chester, N. Y.



3¢ a day Hospitalization Plan

Hospital Paid Sickness or Accident **90 Days!**
Surgeon's Fee Sickness or Accident **\$150.00**
Loss of Income **\$25.00 Wkly.**
Loss of Limbs, or Eyes **\$750.00**
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Also many extras

Hospital bills, surgeon's bills!... what a hole they put in savings! But today 10,000,000 people use their policies to pay these bills.

SICKNESS OR ACCIDENT
From the very first day you are hospitalized our 3¢ a-day plan pays hospital room, surgeon's fee, ambulance, many extras. Choose your own doctor and hospital. Individuals or families insured, age 1 to 60. No salesmen. Mail coupon now! You never can tell what tomorrow may bring!

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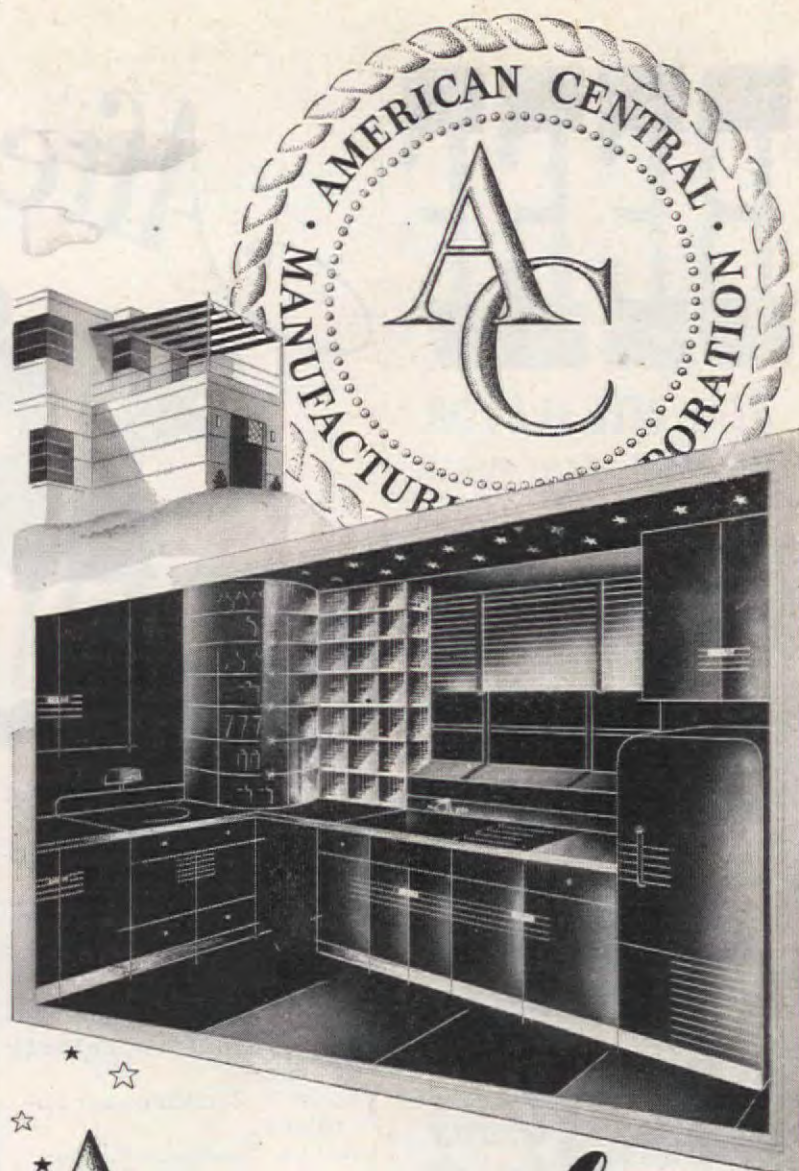
The community which wishes to have adequate health services for its children should be willing to find the money and support the school administration in such expenditures. The school administration is primarily responsible for such features as adequate lighting to guard the eyes of the children, for the proper sanitation of drinking facilities, toilets, halls, lunch-rooms and classrooms, and for the safety devices necessary to protect children against fire and accidents.

The construction of a daily school schedule which fits the physical and mental capacities of individual children is another responsibility of the school administration. The number of children who have defective vision or hearing, who suffer from physical deformities, heart disease, and other ills require more marked adaptations of the school environment than exist in most school plants today. Through the school physical examinations made by a physician, both parents and teachers should become very much aware of the health needs of individual children.

Medical supervision involved in the correction of defects should not be assumed by schools. This is a medical problem and belongs to medical services. Schools cannot effectively supervise hospital and medical procedures nor can they afford to assume this responsibility. But cooperation of parents and school personnel is usually necessary to make a satisfactory adjustment of school and home programs which will directly help the child.

As the child grows, his understanding of health problems should also grow. This is health education. At first the child is dependent upon his parents for most of his necessary health regimen, but gradually the child should assume some of the responsibility for himself. Unfortunately, formal health teaching all too frequently stops at the end of the elementary school and this is just the time when the child is anxious to assume grown-up responsibilities. The knowledge he gains through health education would be increasingly meaningful to him at this time.

Parents can help the schools by familiarizing themselves with the many proposed ideas for making the high school child "physically fit". Parents should evaluate these proposals through thoughtful analysis and group discussions to be sure they are thinking correctly. When an adequate study has been made, parents and school administrators should be able to support any program which really fosters possibilities for improvement of child health.



Accumulated Construction - the American Way

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The Accumulated Construction facing America alone is so vast as to challenge estimates in billions of dollars.

In this Accumulated Construction, you will find the products of "A-C" foremost in demand and delivery.

Currently, of course, all our efforts are devoted to winning the war.

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FOR MEAT-SCANT MEALS**

It's quick—it's delicious—and so important these meat-scant days. Just dissolve one STEERO cube in a cup of boiling water—and, presto! you have a steaming bowl of tasty BEEFY soup. Try it today!

BEEFY Soup



BEEFY Gravy



GRAND FOR GRAVIES, TOO

Want your gravies smoother—richer—meatier? Add STEERO and see how much extra goodness its real BEEF flavor puts into even your very best gravies.

Perfect, too, for enriching vegetables and glorifying meatless dishes. Stock up on STEERO at your grocer's.

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STEERO

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CUBES**



A CUBE MAKES A CUP



CATHERINE HASTINGS

On Friday night the eighth of Jan. You're invited to lend a hand At five eleven Falmoth Street Door J 2 address complete. We'll "undress" the Christmas tree (A boring job for just us three). Chow will be served at half-past six, Bring your jokes, best puns and tricks. It won't take long, we'll make things hum Before we know it the job will be done. It's a goofy idea..... I see that too, But it will be fun, we hope, for you. Don't tote a thing.... come dressed for play With Dick and David... and me too.

THE anticipating of the Christmas season invades the home front soon after the Thanksgiving pie is well digested. One and all we enter into the spirit of the holiday, and have a glorious time hanging gleaming balls of color among pungent evergreen branches. But when the day is past, the tree looks a little dowdy, then the melancholy thoughts of dismantling it weigh heavy. The depression deepens with the chore of cleaning up looming large. But that need not be the way of it. It, too, can be-

come a part of your Christmas ritual and be just as much fun, an occasion just as cherished.

Do you remember the Twelfth Night ceremonies of the Northern European countries? On the sixth of January, the whole community ended their Christmas festivities, with a gala fete, shared by all. Going from house to house, they undid all the trees, stacking all the decorations on trays placed for them. Everything was neatly repacked, and tucked back into its storage place. The stripped trees were carried by the men to the town square, and when each house had been visited and shorn of its holiday trimmings, an enormous bonfire was lighted with the trees, and everyone in the community stood and sang carols. It was an impressive sight and a fitting finale to our beloved Yuletide. In some places, there was a general swapping of ornaments. Each person took one ornament from each house and thus, the following year when trimming their tree, had many new decorations, each with a friendly memory attached.

If you live in a small enough town, perhaps you can inaugurate this very same idea. Or if this is impractical for your circumstances, why not adapt it to your own crowd. Gather around your tree for a final festive dinner. Appoint a kitchen crew to clear the table and wash the dishes. The rest can start undressing the tree, repacking and cleaning up as they go along. Laughter and gaiety will accompany your work, and before you realize it, the chore is done.

Sing your favorite carols, before relinquishing them for another year, tell your best Christmas stories, and thus usher out the holiday season as it came in, with all the appropriate ceremony, enthusiasm, and fun it deserves.

Or if there are several couples who wish to share the work and fun, plan a progressive dinner having one course at each house after that tree is down and out. Try it once, and you will find that forever after it will be a very important part of your annual Christmas plans—and what better recommendation could it have?

IT'S NOT TOO LATE

to make some simple decorations for your wartime Christmas tree. We show how in our leaflet #157. Twenty-one ideas for making ornaments out of materials at hand... 15 cents.

OUR PUPPET BOOK #153 gives complete instructions and patterns for making puppets and the script for a little play called "Smacko," plus many ideas for puppets as a hobby for adults or children... 25 cents.

MENUS FOR JANUARY—our regular monthly menu service includes the "daily three" for entire month plus market orders and time schedules. Ask for January #150... 10 cents.

VITAMIN HEALTH PARADE 103—valuable little booklet on nutrition and wise selection of food... 6 cents.

SHREWDER BUYING SERIES... 6 cents each.
Staples #104
Canned goods #105
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Order by number and title and send stamps or money order

THE AMERICAN HOME

251 Fourth Avenue, 10, New York

Armour ideas make the most
of meat



New Dinners with Star Pork Sausage

*Flavorful, filling dishes that serve 4
with 1 pound of meat or less*



Star Sausage Potato Boats — Tempting and Hearty

½ lb. Star Link Sausage
4 large baking potatoes
Sausage drippings
Onion
Milk

Fry sausage slowly for 12 minutes, pouring off fat as it accumulates. Bake potatoes 1 hour, then cut off tops, remove inside, mash and season with sausage drippings and

grated onion, using about 1 tablespoon fat and 1 teaspoon onion for each. Add heated milk and beat fluffy. Season to taste. Fill potato shells with mashed potatoes. Place 2 link sausages on top. With pastry tube or fork, flute potatoes around edge. Place under broiler to brown. 4 servings.

Do you collect recipes? Here are three you'll surely want to save. New main dishes that are just right for these cold winter months . . . fragrant, hearty and so delicious! For they're made with Armour's Star Pork Sausage—the pork sausage that's made fresh daily, so it comes to you at its peak flavor goodness.

And look how these recipes stretch your meat ration! Save your butter supply, too, because they use the sausage drippings as shortening.

Because these dishes are made with Star Pork Sausage, they're wonderfully nutritious, too. For Star Pork Sausage is made of pure, high-quality pork—richest of all meats in important B vitamins—provides high-quality protein and minerals, too.

Watch for more recipes from Armour's Kitchens next month. These recipes are developed by food economists who specialize on meat. That's why you can depend on them to help you make the most of your meat ration.



Spaghetti with Star Sausage Balls — Delicious

1 lb. Star Pure Pork Sausage
1 cup sliced mushrooms
½ clove garlic 3 tbsps. flour
3 cups Armour's tomato juice
4 tbsps. Worcestershire Sauce
¾ tsp. salt ½ tsp. pepper
½ cup chopped green pepper
8 oz. spaghetti

Shape sausage into small round balls and fry slowly for 10 minutes. Brown mushrooms and minced gar-

lic in 3 tablespoons sausage drippings. Blend in flour. Add tomato juice gradually and stir until thick. Add seasonings and cook ½ hour. Add green pepper the last 5 minutes of cooking time. Cook spaghetti in boiling water. To serve, combine spaghetti and sauce and arrange balls on top. 5-6 servings.



New! Baked Beans with Star Sausage Patties

1 lb. Star Pork Sausage
2 cups dried navy beans
1 tsp. salt
½ tsp. mustard
¼ cup brown sugar
2 tbsps. molasses

Wash beans; cover with water and soak overnight. Cook slowly for 1½ hours. Drain. Combine beans with 2 tablespoons sausage or bacon drip-

pings, 2 cups water and seasonings. Place in baking dish. Cover. Bake in 250° F. oven 6-8 hours. Remove cover. Make 5 or 6 patties of Armour's Star Pork Sausage and brown lightly in skillet. Then place them on top of beans and bake for an additional 20-30 minutes or until sausages are done. Gives 5 hearty servings.



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flavor ask for Armour's
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Star Beef
Star Lamb and Veal
Star Sausages
Star Canned Meats
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and
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BETTY GRABLE
STARRING IN THE FORTHCOMING
20TH CENTURY-FOX PICTURE
"PIN-UP GIRL"



WITH THE BOYS... *It's*
CHESTERFIELD

You see Chesterfields everywhere these days—and why? Because they are milder and better-tasting and no wonder . . . Chesterfields are made of the best tobaccos that grow. And that's not all—it's the blend—the Right Combination of these tobaccos that makes Chesterfield the cigarette that *Satisfies*

