

HOUSE & GARDEN

50 PAGES OF
FRESH
DECORATING
IDEAS

HOW TO CREATE
PERSONAL,
APPEALING ROOMS
YOU'LL LOVE

SEA-FILLED
APARTMENT
MAKEOVERS

SPECIAL:

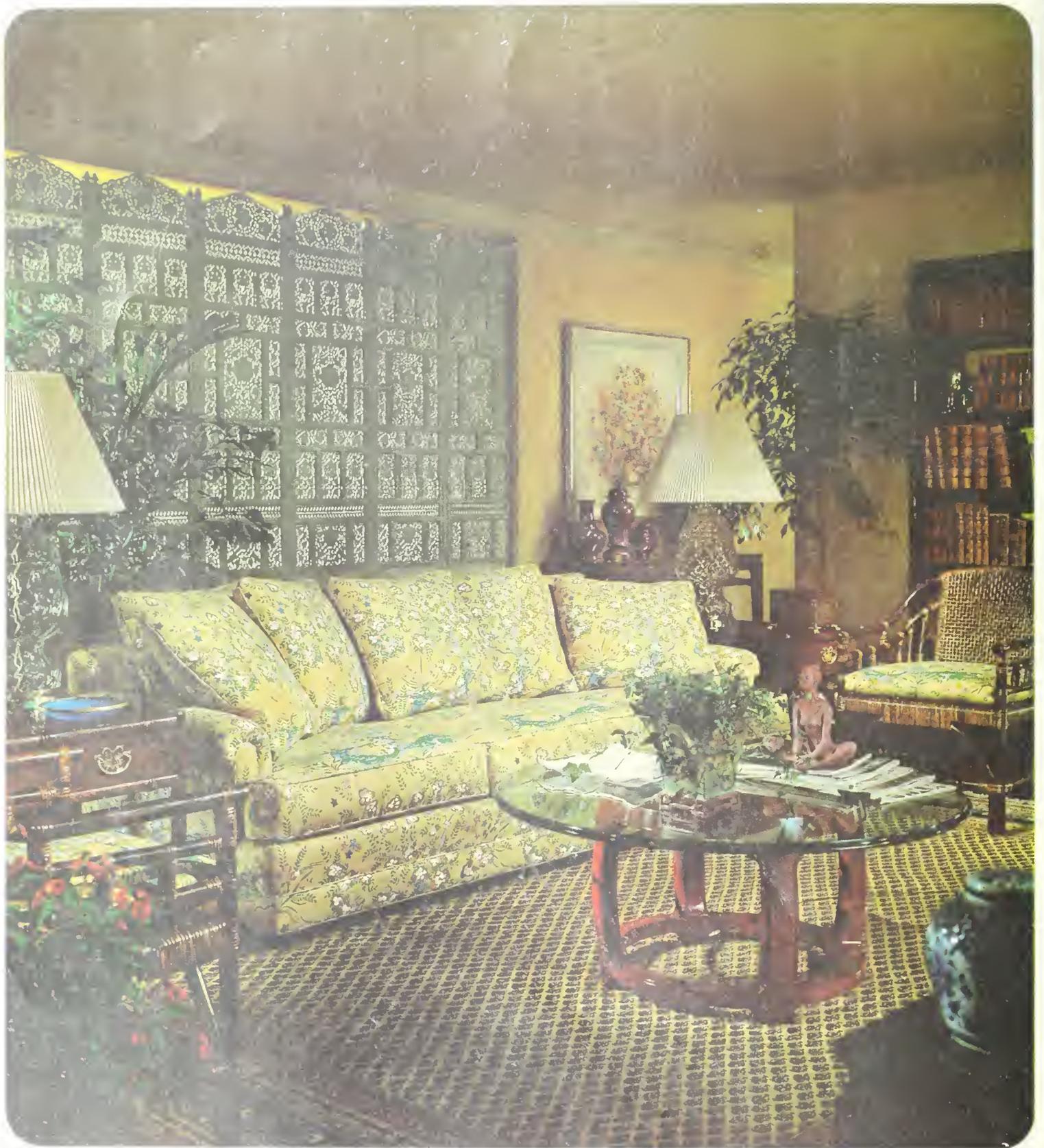
HOW TO GET THE MOST
FROM THE SPACE
YOU HAVE 5 EXPERTS
SHOW YOU HOW

ROMANTIC
SPRING
TABLE SETTINGS

HOW TO DANCE
YOURSELF FIT
AND EAT
YOURSELF SLIM



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Multi pillowed sofa can be covered in your choice of over 1000 fabrics in newest colors, patterns and textures. Several Pan Asian designs, such as this glass top cocktail table, are available in Cinnabar Red.

Henredon offers many opportunities for you to select home furnishings that suit your particular taste and interior needs. This sofa with its wealth of pillows can be covered in your preference of the most preferred fabrics. Other styles can be made in any length you desire—loveseat or conversation pit. Choose coordinating chairs and occasional designs from Henredon's comprehensive collections that encompass traditional to contemporary style themes. Seen here are adaptations from Pan Asian—a living and bedroom selection inspired by Far Eastern cultures—lavish with authentically reproduced hardware. See the uncommon beauty, quality and selection of Henredon by sending \$2.00 for Upholstered Furniture and Pan Asian brochures to Henredon Dept. G-57, Morganton, N.C. 28655.

Henredon



Commode bar desk provides a unique accent in any setting—traditional or contemporary—rich with graceful butterfly pulls on drop lid and drawers.



Armoire retains the impressive facade of a Korean stacked chest with authentically re-created hardware suggesting the hand of a craftsman. Storage is abundant and well organized. Canopy bed is available in queen and king sizes—featuring laminated split bamboo basket weave look for drama and elegance.

Put your china on this page and
compare it to ours.

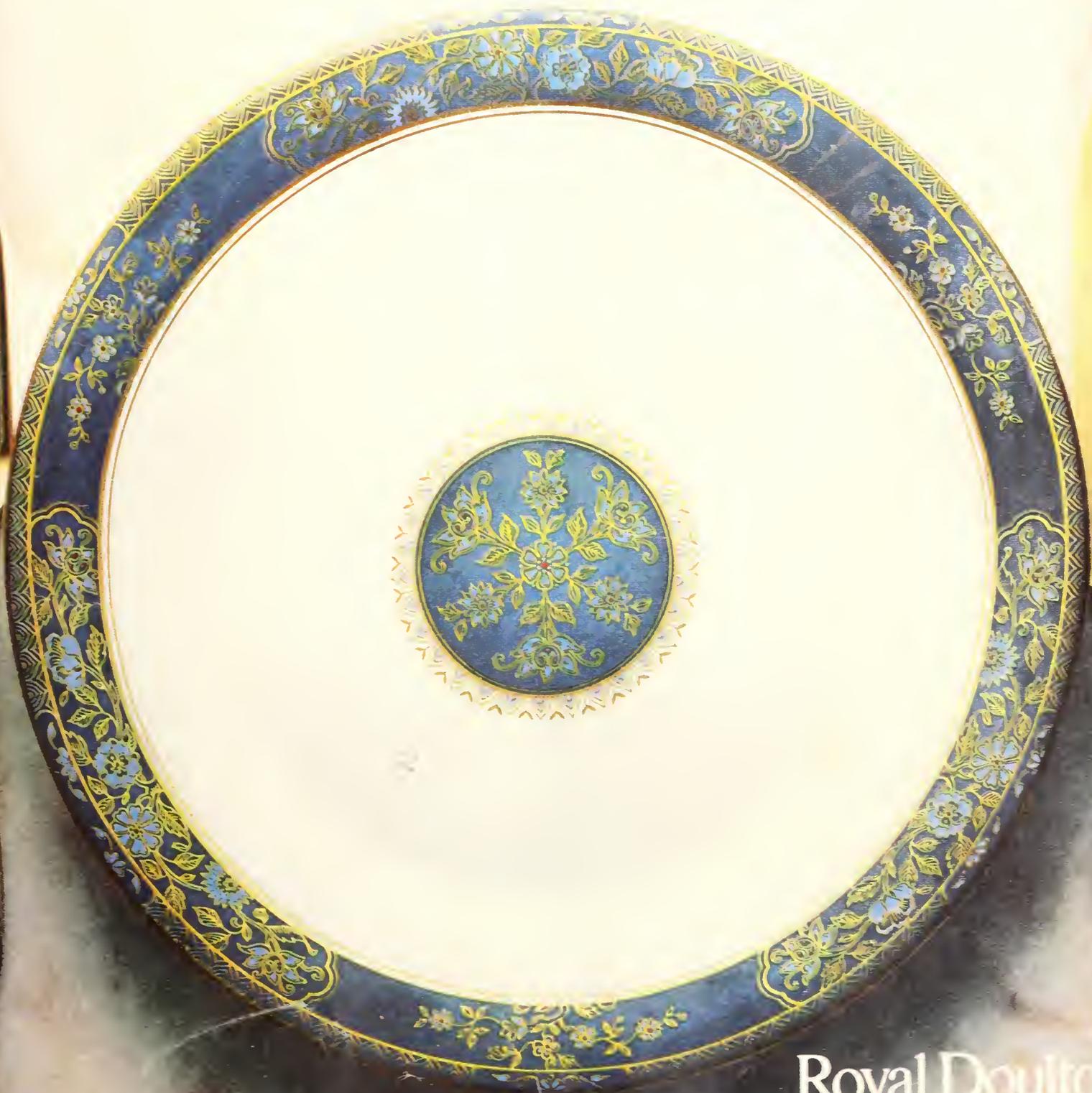


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HOUSE & GARDEN®

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Photo Pesin

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I guess bedrooms were invented just for sleeping. But my family's never used them that way. Every room in our home is a *living room*.

I kept that in mind when I redid the house. Which I accomplished with a lot of help from Martex.[®] Those Martex sheets go everywhere.

Even on beds.

The room you see on the right is where Jenny, my daughter, holds telephone marathons, sleeps, studies and writes her poetry. She used "Cho" for lots of bedthings. And more of the same fragile, feminine pattern for a screen which hides: her ironing board, tennis racket and 10-speed bike.



Here, I can tumble out of bed, onto my piano bench and rip off a few sonatas. (I confess I have never done that, but it's nice to know I could.) We entertain in this room, too. So I dressed it up with "Singing Blossoms." It looks so fresh. Like all my Martex sheets. That blend of Dacron[®] polyester and cotton keeps them looking spanking new, washing after washing.

"Magical Kingdom" (far left) is perfectly practical for the buffet suppers I serve in our third living room. Nobody feels they're eating in someone's bedroom. But they are.

Recently, somebody asked me, "How many bedrooms do you have in your house?"

I said, "None. But I've got eight living rooms."



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BEADLE

On the cover: A room that says summer—with cool leaf-green colors, wicker, plants, and sunlight. Daybed, ceramic jar from LCS. Wicker furniture from Walter's Wicker. Cocktail table from W&J Sloane. Graphic from Brooke Alexander. Hand-woven wool rug from Simon Manges. Cushions and shades in cotton and Dacron polyester. "Green Grass" sheets by Martex, WestPoint Pepperell. At Burdines. Plants, The Fernery. Shopping information, page 193

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Every inch a Thunderbird. From the sumptuous velour upholstery and the luxurious com-

fort of its optional split bench seat (shown above) to the handsome design and fine craftsmanship of its instrument panel... Thunderbird truly lives up to its name.

With all that, it's almost unbelievable that this Thunderbird is sticker priced dramatically less than last year's Thunderbird. So

see it at your local Ford Dealer and let a test drive convince you.



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THUNDERBIRD

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Living

Decorating • Design • Plants
 People • How-tos
 Health • House tips • Travel

Grow your own coffee

Why not grow your own coffee tree indoors? You wouldn't harvest more than enough berries to make a few cups of coffee the first year. But the plant is striking, the flowers fragrant, and the berries showy.

Already started coffee plants are available at better stocked plant stores and through mail order, and they're easy to grow. A coffee tree takes well to pruning and thus can be shaped to whatever size you have room for. Pot it in rich soil such as that used for African violets. Fertilize monthly, don't ever let the soil dry out, and keep the plant in a warm sunny location. Coffee trees produce their best crop with daytime temperatures above 70 degrees, although they like cooler nights.

You can expect your first coffee harvest several months after the tree has bloomed. The berries will be plump and red. Realistically, they are best left on the plant, and are very decorative.



Garden art

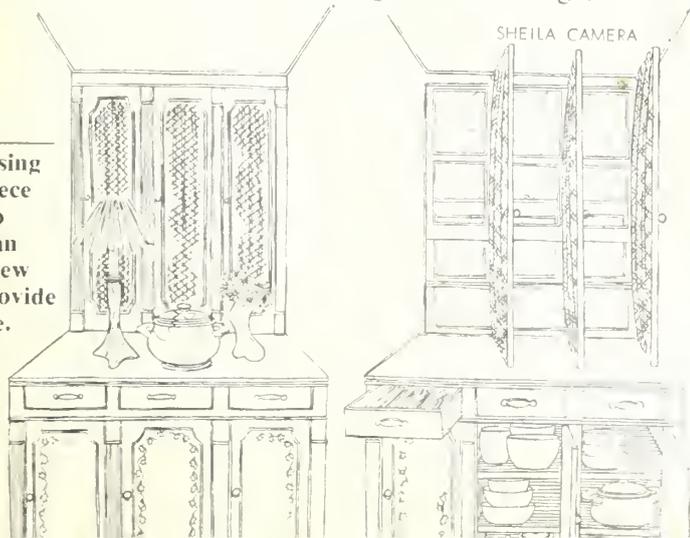
However, if you can't resist tasting your own beans, pick the berries and gently remove the skin and pulp under running water. Then let the beans ferment in cool water for 12 to 24 hours, or until they are no longer sticky to the touch. Let dry and roast in the oven. Even if you just get enough for a demitasse, the aroma is marvelous.

RICHARD LANGER

Kitchen coverup

Block out a dismal view and give your kitchen more storage. Decorator John Rieck bought a \$40 cupboard at auction, stripped and painted it. Above the cupboard, to hide the

window with an ugly view, he built a matching wooden framework with three doors. Doors have metal grilles, are lined with gathered, translucent fabric so the light filters through.



Surprising one-piece look to mask an ugly view and provide storage.

SHEILA CAMERA

Japan in June: The Iris Festival

Once an Imperial garden, the Meiji Shrine in Tokyo is now a public park. At any time, this is a charming place to visit, but in mid-June, when the Iris Festival takes place, it is especially beautiful. Some 80 years ago, the Emperor Meiji planted 1,500 clumps of iris in the winding shallows of a spring-fed stream, to make a garden for his wife. As you draw near, iris in bloom surge toward you in waves of color. There are some 150 varieties of this graceful plant, with names like "The Cranes Are Flying," or "Cloud Rise" neatly calligraphed on small markers beside the display. Speckled or striated, plain or multicolored, from purest white to indigo, brilliant magenta and pink, they drift in green foliage set off by the running water in which they are footed. During this horticultural event, the park is filled with hundreds of Japanese, many wearing kimonos and elaborate obis, the atmosphere is festive, and there's a lot of appreciative hissing to be heard. Enthusiasts bring out cameras and tripods, more traditional souls turn to painting. Take a paper parasol along, like everyone else, and enjoy a picnic before the teahouse where Meiji's Empress contemplated the scene he created for her.

Gazing at the iris from a small bridge. This year's festival runs June 1



Half-pint TV

Handy—for watching summer sports, the battery-operated pocket TV with a 2-inch screen. For Microvision, you need a macro bank balance. This Sinclair mini costs \$300.

Japan Air Lines has daily flights to Tokyo from New York, San Francisco, Los Angeles, Honolulu, Anchorage, and Vancouver. If you write JAL at 655 Fifth Avenue, New York, N.Y. 10022, it will send booklets and information to help you plan your trip.

VERONICA MCNIFF

Departure points

DAVID BARTUFF



Les 'Shadows Français' Sont Ici!



The eyeshadows that have been helping to keep Frenchwomen's lids from drying out are now here! Luscious, frosty "true colors" that are cushioned in moisture to care for and condition your delicate eye area. And with the pearl bonded to the pigment, there is no separation. No flaking. Just "true color" shining through. Vive la différence!

Helena Rubinstein
The Science of Beauty



Living

New milk aids digestion



People who have digestive problems or are allergic to milk because of an enzyme deficiency, should know about the new sweet acidophilus milk, a taste improvement on acidophilus milk. The result of 5 years' research by food scientist Dr. Marvin L. Speck, this new milk contains a culture similar to yogurt's lactobacillus bulgaricus, but it tastes like ordinary milk. Bacteria, present in a state of suspended animation, reinforce the growth of natural flora in the intestine, which aid absorption of nutrients. Drink it cold: Heating destroys the culture. Sold in New York and New Jersey under the Russell Farms label—look for "sweet acidophilus" on the carton.

DURELL GODFREY

Animated alligators

Once in a blue moon, a book appears that bridges all age groups. Such is *Alligators and Music* (Gambit \$8.95), by Donald Elliott, illustrated by Clinton Arrowwood. Each page explains an orchestral instrument and is illustrated with a drawing of an elegant alligator dressed in 18th-century clothes, playing the instrument. A flutist and founder of the Rococo Company chamber quartet, Arrowwood has created extraordinary reptilian musicians—delightfully whimsical and faintly grotesque. As Arthur Fiedler said: "They do a great deal for two endangered species—alligator and musician."



Dressed in wigs and velvets—from Alligators and Music.

ARROWWOOD

Handpainting small chairs: An artist tells you how

Artist Susanna Briselli, left, has brought about her own small renaissance in the art of chair painting. The brilliant colors, imaginative designs, and impeccable cheerfulness of the small chairs she designs makes them an absolute tonic for a room (she also does "adult"-size chairs). And their finish makes them chip-proof and resilient to hard wear.

Susanna, who has a chair-sized son, Julian, got started a year ago, when parents were asked by their children's school to make something for the school bazaar. Her chairs were instant best-sellers, and she's been making them to order ever since.

Wouldn't your child delight in a chair you made yourself? Let go with your talents. Here's how Susanna does it.

PAINTING THE CHAIR

Susanna orders standard size chairs (14 inches high, children; 17 inches, adult) in solid oak—they're called library chairs—from a distributor. First, the chair is primed with an ammonia-based primer (she uses 3-purpose BIN primer-sealer). After it dries (2 to 4 hours), she sketches the outlines of the design on the chair, including legs and back, which are fully

painted, with Magic Marker. (Before starting a chair, Susanna makes several sketches on drawing paper to work out a design she likes.) She makes adjustments in proportion and perspective as she sketches her way around the chair.

Next, she fills in the outlines with acrylic paint. Each color takes two or three coats to make it opaque and durable. She dries the chair 24 hours, then sprays on polyurethane

for protective finish.

Artist Briselli's designs range from flower and fruit still lifes to a miniature cityscape, complete with street scenes, people, and traffic lights, to a pair of "day" and "night" chairs—a sunny day and a moonlit scene, respectively.

To order, 6 to 8 weeks, \$150 per small chair, \$250 per large chair (she will do sets); from Susanna Briselli, 201 West 89th Street, New York, N.Y. 10024.



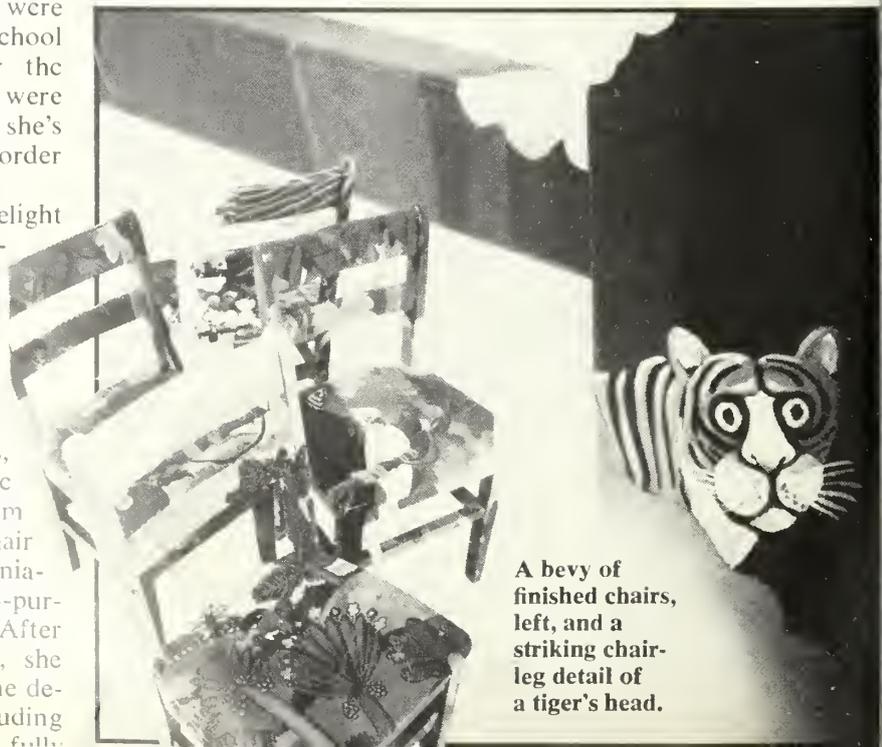
Susanna starts with a coat of primer.



Design is outlined in Magic Marker.



Outlines are filled in with acrylic paint; more coats (below) are added.



A bevy of finished chairs, left, and a striking chair-leg detail of a tiger's head.

BLAZER

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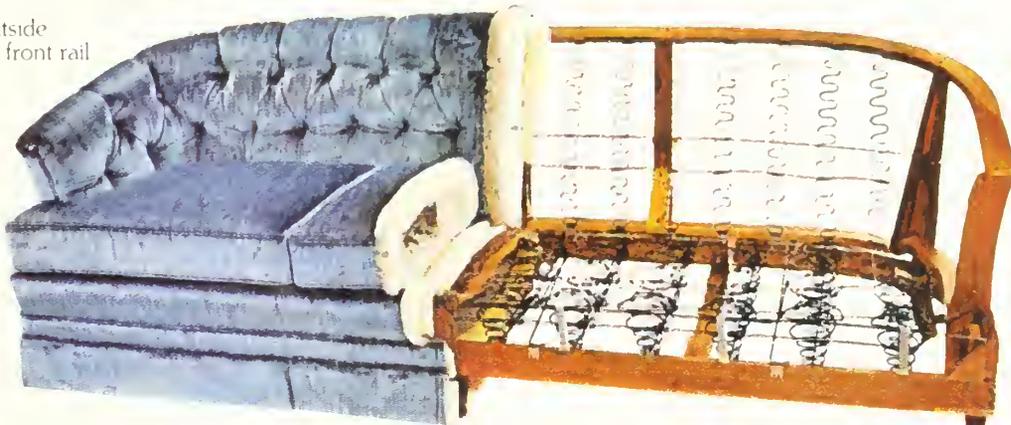
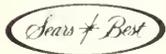
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Individually pocketed coil-spring cushions wrapped in polyurethane foam and polyester fiber fill

Four-layer seat deck padding

Full coil spring seat construction

Double-doweled and braced

Grafton Street



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Aphrodite



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and learn more about why \$599* is such a great price for such a beautifully built sofa. At most Sears larger stores.



Main Chance

Benchmade Sofas
Only at **Sears**

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*Prices higher in Alaska and Hawaii
Prices may vary depending on the fabric you select



Living

Design news

Tapa cloth

The next design invasion/inspiration is already here—tapa cloth. And it isn't a cloth at all—at least not yet. Tapa is a parchmentlike sheet made from the inner bark of the paper mulberry tree found in the Pacific Islands. The pulpy bark is pounded out into a thin paper, then painted or stenciled with dyes made from pigments of bark or ground roots mixed with oil, resins, or sea water. The colors are subtle browns, ambers, and blacks in abstract geometrics that look dramatic on the off-white ground of the tapa cloth. The Metropolitan Museum of Art in New York



is devoting half of its Color Print Room to a show of tapa cloths. Great start! They can be framed, like paintings, or laminated in any size and will probably be translated into everything from paper towels to washcloths, floor cloths to stationery. Bloomingdale's in White Flint, Md. and New York has a selection of tapa cloths now, new and antique, starting at about \$15. Or write South Pacific Trading, 101 West 78th Street, New York, N.Y. 10024.

Help!

Transporting the handicapped

In 1970, there were over 25 million homebound handicapped Americans, and the figure is growing. If you want to help these people mingle a little more in the outside world, investigate Project Mobility. This new mini-bus transportation system helps the handi-

capped get about and resume normal living patterns. Local authorities in Minneapolis, encouraged by a group of sympathetic citizens, bought their bus for the handicapped for \$20,800. So far it has already helped one couple get married, an elderly lady visit downtown

for the first time in 30 years and three people get new jobs. If you want to get Project Mobility started in your neighborhood, contact Project Mobility, Metropolitan Transportation Commission, 3118 Nicol Avenue South, Minneapolis, Minn. 55408.



Project Mobility's new fleet of Grumman mini-buses.

Braided seat pads for outdoor dining

Health

Fear of crowding: New cures for agoraphobia

Have you ever been afraid of crowds? Have you sometimes felt unable to leave home, even to go shopping? Some people suffer from these fears so much that they can never go out without panicking. This anxiety state is known as agoraphobia, and distinguished physician Dr. Claire Weekes has come up with a treatment that works. "The treatment involves four concepts," explains Dr. Weekes, "facing, accepting, floating, letting time pass. Agoraphobics feel a panic of insecurity, then a second panic to try to escape it. My concepts attempt to reduce the nervous response that triggers off the first panic. Patients learn not to fight it, but to accept it, let it come. Once in this accepting state, the second panic can be handled." Therapists often try to find deep psychological explanations for agoraphobia—Dr. Weekes' direct approach can work wonders, as you can discover in her new book, *Simple, Effective Treatment of Agoraphobia* (Hawthorn). "I just show them how not to be afraid," she says.

Decorating idea of the month



Seat pads with matching tablecloth, at

To give outdoor furniture a lift this summer, make braided seat pads for chairs. You can use odd scraps of washable cotton, or crisp, printed sheets (like these "Green Grass" by Martex, also seen on our cover) for pads, plus a matching tablecloth. For a pad 16 inches in diameter, you need one double-size sheet. Measure and cut out fifteen 6-inch-wide strips, each 104 inches long. Stitch five strips together end to end. Repeat the process twice, so you end up with three equal

lengths. Fold each length in half the long way, wrong side out. Stitch, using 1/2-inch seam allowance. Turn right side out. Press tube flat, centering seam on one side. Turn raw ends in at top and bottom of each tube. Hand tack together. Stitch top ends of all three lengths together. Place one end under a heavy weight to stabilize it, and braid. Continue to braid so it resembles a roll of hempen. Hand stitch along center of each braid to keep coils together. Chairs at Lord & Taylor, New York City.

The Firefly

It's been quite a while since we've had a drink as romantic looking as its name. Get cozy with a Firefly and you'll see what we mean. The combination of Smirnoff and grapefruit juice is irresistible. But the final, colorful touch is a dash of grenadine. The result is pink, tropical, easy. Like all good things, the Firefly

should be enjoyed in moderation. Because too many Fireflys could shine too brightly.

Here's the official recipe for the Firefly. In a tall glass with ice, pour 1½ oz of Smirnoff, grapefruit juice, a dash of grenadine. Gorgeous. And delicious.

Smirnoff
leaves you breathless*





The natural look!

It's second nature to Armstrong.



The beauty of nature has come indoors. The subtle colors and textures, the informality, the warmth. It's today's look for today, a love of the "naturals" — a look that can have a natural beginning with Armstrong Coronele® Vinyl Coronele®. Rugged in a dainty floor, as casual as the country — giving you design effects in flagstones, cobblestones, and paving bricks. Easy-to-live-with textures and neutral colors that coordinate beautifully with other materials — giving your artistic nature total decorating freedom.

The natural look of cobblestones in the family room. (Shown, page opposite.) The rich earth-tone colors and textures of San Marco Coronele, Armstrong Sully carpet, and Thomasville upholstered furniture combine to set a tone of comfortable informality.

The natural look of flagstone in the foyer. The way to make an entrance grand — Flagstone Coronele.

The natural look of paving bricks in the bath. Real bamboo, real red accents — and a really beautiful floor. Custom Paver Coronele.

The natural look. As beautiful anywhere in your home as it is in the great outdoors. And even better, because all Armstrong natural-look floors offer the durability, resiliency, and cleanability of vinyl construction. After all, making beautiful floors is second nature to Armstrong.



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Please send me your free booklet, >Welcome Home to Armstrong Floors, showing more naturally beautiful flooring ideas — plus names of my nearest Armstrong retailers.

Name _____

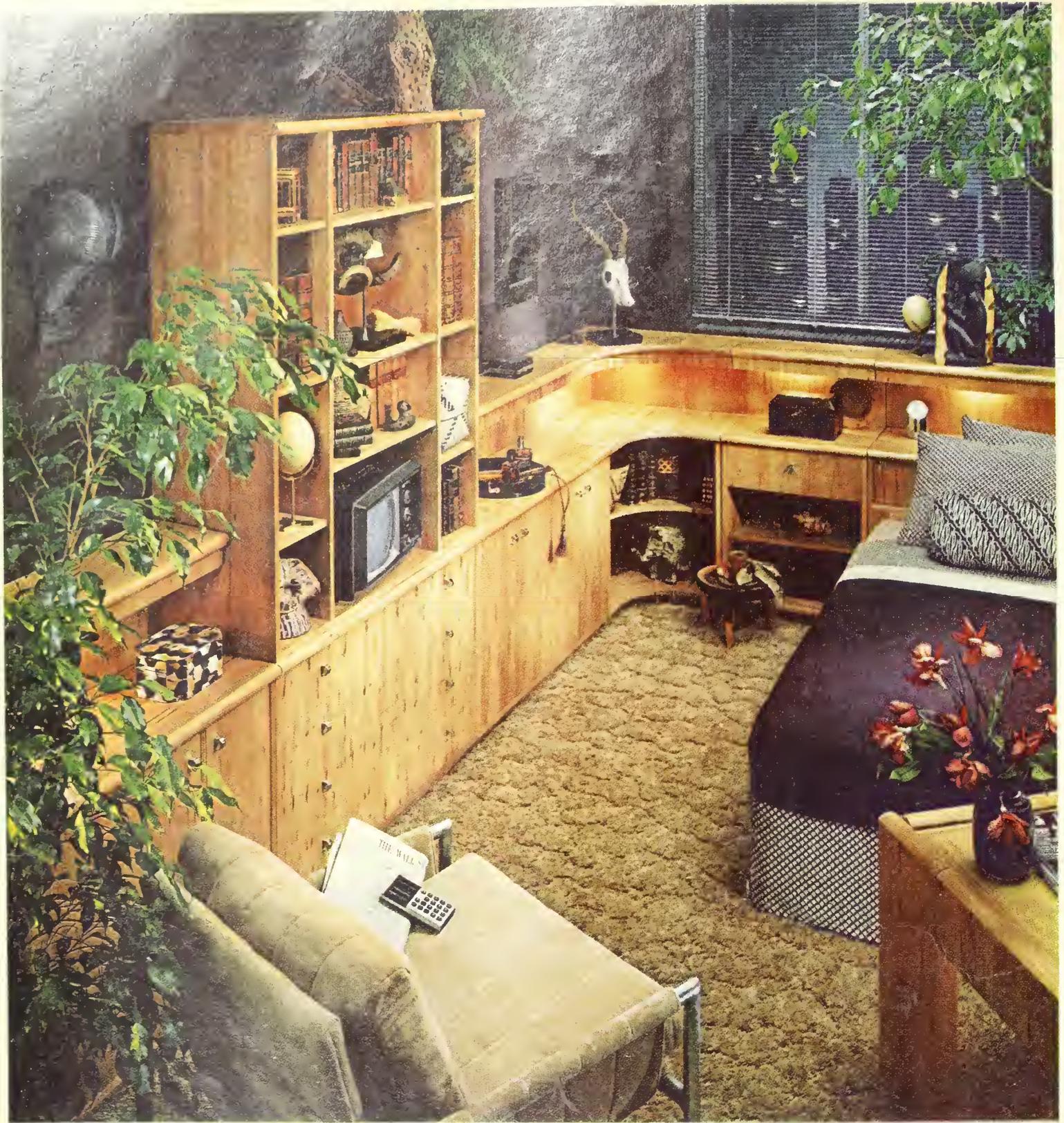
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Founders Keepers' Two. It makes light of your storage problems.

What appears to be one beautiful clean stretch of furniture hugging the wall is actually a series of storage units. Cabinets, chests, night-stands . . . made of light natural northern elm solids and veneers. And every single piece is made to hold and hide things, behind doors, inside drawers, tucked away on a shelf. And over every unit that stores . . . you can put a unit that lights. It's a total system. Keeps what you want to see, in light . . . and what you want to hide, out of sight, in units that easily stack and bunch. In

the bedroom or anywhere else, Founders Keepers' Two is a beautiful answer when you want to make light of your storage problems.

To get the names of the Founders dealers nearest you, call this toll-free number anytime: 1-800-243-6061 (in Conn., 1-800-882-6500).

Want to be a connoisseur of the contemporary?

Send \$2 for Founders "Guide to Modern Decorating." Write Founders, Box HG-F177, Thomasville, N.C. 27360. The richly sculptured Sultry carpet is also from The Indoor World® of Armstrong.

FOUNDERS FURNITURE BY

Thomasville

FROM THE INDOOR WORLD OF **Armstrong**

At \$32 a goblet, you'll
want to choose your guests carefully.



There is something splendid about the feel of a Galway goblet that shouldn't be lavished on just anybody. Galway is probably the best crystal ever to come out of Ireland — and it's definitely the most expensive. Each piece is fully leaded, hand blown and hand cut. While many people will own Irish Crystal, few will own Galway. Until word gets around.

Pattern shown is "Old Galway." For complete brochure, write Galway, 41 Madison Avenue, New York 10010. Galway is a member of the Wedgwood Group.

GALWAY IRISH CRYSTAL

Twice a day.



Twice a day.

Clinique is the skin care system women believe in because it works.

Clinique's dermatologists worked it out this way.

3 products, 3 steps, 3 minutes, each morning and night.

Clean with Clinique's great soap.

Clear away with a clarifier for your skin type.

Replenish with moisturizer.

That's it. That's all.

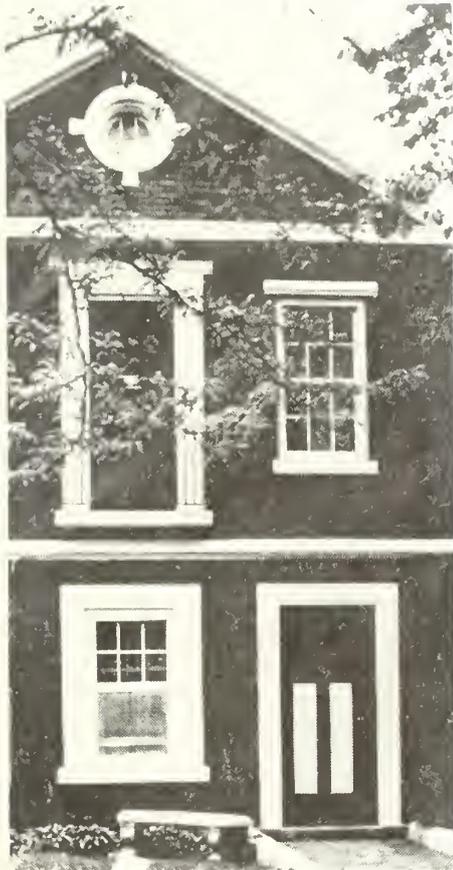
For skin that just gets better and better looking.

Every day of your life.

All Clinique products are allergy tested and fragrance free.



Do you recognize this American landmark?



Probably not. No famous person was born in this house. No treaties were signed here.

This house is simply a charming example of period architecture that is perfectly suited to today.

It doesn't take a mansion to be a landmark. There are thousands of fine buildings like this one all across the country. They're part of our heritage too, just like Monticello and Mount Vernon.

These buildings can be revitalized by adapting them to modern uses.

Let's hold on to these pieces of our history while we still can. Support historic preservation in your community.

For more information write Membership Department, Office of Public Affairs, The National Trust for Historic Preservation, 740 Jackson Place, NW, Washington, DC 20006.



■ QUESTIONS & ANSWERS

antiques



By Louise Ade Boger

Philadelphia pitcher



I have a 14-inch-high silver pitcher with "T. Fletcher. Philad." written underneath it. Can you identify the maker?

C.H.M.—Oak Ridge, Tenn.

Your handsome, heavy silver pitcher was made in about the 1830s by Thomas Fletcher, one of the most outstanding silversmiths working in Philadelphia, 1814-1850.

Stone china



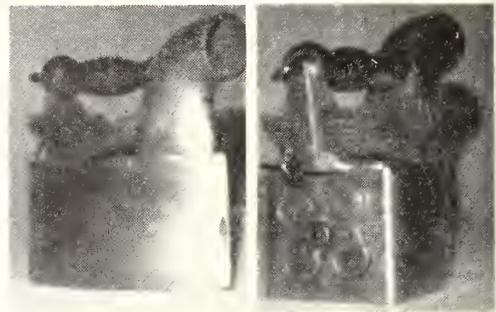
The marks on my ceramic pieces say "stone china" and "porcelain opaque." What does this mean?

C.T.—Plainview, Tex.

Stone china is a dense, hard earthenware having china stone as an ingredient in

its composition. It was introduced in 1805 by Staffordshire potter Josiah Spode II, who hoped that this ware would supplant the coarse Chinese export porcelain. The painted decoration was generally composed of Oriental motifs, which were transfer-printed in blue with touches of red, not unlike the decoration of your dishes made by Charles Meigh, 1835-1849 or Charles Meigh & Son, 1851-1861. Opaque porcelain is one of the trade names used for china stone.

Tailor's iron



My old iron has "Pat. Aug. 14 '88" on it. Do you know anything more about it? L.A.E.—Butte, Mont.

You have a tailor's iron, which could be heated with either wood or charcoal. Its base opening is three-cornered so that it can be changed to a right or left direction. The mark indicates it was made in 1888 or probably shortly thereafter. The damper of your iron has a quatrefoil or cloverleaf motif; occasionally these irons had the figurehead of Hyphaestus, the Greek god of ironworkers.

Staffordshire mark



From my sketch of the mark, can you identify my dishes and tell me if they are very old? H.L.W.—Orlando, Fla.

The English Staffordshire potters John & William Ridgway made your dishes around 1814-1830, so they are really old enough to qualify as antiques.

Continued on page 26



Baker Furniture, commissioned by the Historic Charleston Foundation, has reproduced rare antiques found in centuries-old Charleston homes and museums.

The secretary-bookcase in mahogany solids and figured veneers is a documented reproduction of a Thomas Elfe original, c. 1770. It is distinguished by the hand carved fret on the pediment and incised carving of the ogee feet.

The 18th century English original from which this Queen Anne Butler's Chest was copied is in a distinguished Charleston house. It is hand crafted in French



Walnut and burl veneer with inlaid feathering on the fold-out top.

The "fancy" chair, reproduced from one of a set brought to Charleston from

Europe in the late 18th century, is characterized by a hand painted scene on the back rail.



The complete Charleston Collection of over 40 distinctive

designs may be seen in fine furniture and department stores. You are invited to write for their location and catalogue. \$3.00.

Baker Furniture
A North American Philips Company

Wedding cup



Can you give me any information about my unusual cup? What was it used for? L.P.—Newport Beach, Calif.

Your festive drinking cup was used especially at weddings. The form of a young girl, whose long skirt forms a bell-shaped cup and who holds in her uplifted arms a smaller cup on a swivel, is principally identified with German silver, and was introduced about 1565. Its average height is about 6 to 10 inches. The bridegroom drank the wine in the larger cup, then turned the figure right side up without spilling any of the wine in the smaller cup, which was for the bride. Your cup, of continental European manufacture, is probably less than 100 years old.

American chair



I am trying to establish the age of my chair. Can you help me? Is the shape common? J.O.—Lakeville, Conn.

Your fancy chair was made about 1820, probably in New York or Connecticut. This model is not too common.

Ch'ing vase



I have drawn the character marks on my Chinese vase. Can you interpret them for me? F.E.H.—El Cajon, Calif.

According to the Chinese character marks (read from right to left in columns running downward), your cloisonné vase was made in the Ch'ien Lung reign (1736-1795), in the Ch'ing dynasty (1644-1912). A reign name is chosen after the emperor has ascended the throne, and, like the name of the dynasty, it is an epithet of good omen selected from some classical text. "Ch'ing," the name of the Manchu dynasty, means "pure."

"General Grant" bookcase



Have you any information about the style of my old secretary?

R.T.—Mt. Marion, N.Y.

Your secretary-bookcase with a pull-out writer drawer belongs to a variety of factory-made furniture of simple forms with almost geometric profiles, made chiefly in the midwest and popularly called "General Grant." Turned spindles, a feature of the style, were not entirely dispensed with on your secretary, as is evident on the pull-out writing drawer.

Antiqueries



Copies of Louise Ade Boger's book, *House & Garden's Antiques: Questions & Answers*, which contains more than 900 fascinating items chosen from past columns, all conveniently arranged by category for easy reference, can be purchased for \$10.95 a copy, plus 45¢ to cover the cost of postage and handling. To order a copy, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017, enclosing your remittance and correct mailing address.



Atmos. The only clock in the world powered by air

The extraordinary Atmos™ runs silently, accurately, indefinitely. All it needs is air.

Just a two-degree change in temperature every 48 hours does it.

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take 300 years to show the wear an ordinary clock shows in one year.

The Atmos is a masterpiece. It makes a lifetime gift. Write the Atmos Clock Company, New Rochelle, New York 10810 for your free brochure.

Manufacturer's suggested retail price is \$18.95

These classic Gorham Sterling Originals are the latest thing in dining.

Many people don't know they were introduced over 60 years ago.

Many things have changed in the last 60 years. But one thing hasn't. An investment in a true work of art will always endure...like Gorham Sterling Originals.

These are some of Gorham's oldest and most famous designs. They are true works of art in sterling whose timeless beauty has made them even more popular today than when they were first introduced.

But timeless beauty is only one of the distinct qualities that will safeguard your investment in Gorham Sterling. Incomparable craftsmanship is another. Each Original is made of solid sterling silver, a precious

metal that's becoming scarcer. Gorham uses this treasured silver to create a total design concept for each of its Originals. A concept with perfect balance between ornamentation, shape, and function. Each curve, line, or flower of every Gorham Original is executed with the same painstaking attention to detail on the back as it is on the front.

The Gorham Hallmark has represented the pride of the silversmith's art since 1831. It says your Sterling is the ultimate in beauty, craftsmanship, and value.

Isn't it time you owned a Gorham Original?



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IN STERLING,
CHINA, CRYSTAL
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Or sky-bright blue.
Just be sure the carpet that goes below
the fun has "Scotchgard" Protector built
in. Along with your usual care and
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Now you can brighten any corner or
room with light carpet and still let
the living go on above.

Just insist on carpet with
"Scotchgard" Protector.

**There's a "Scotchgard"
built into carpets.**





NOMAD. An outstanding new design from Brown Jordan.

Nomad's clean lines and solid stance give no hint of its versatility. It's designed to fill in for casual dining, fold out on a balcony or join you outdoors whenever it's needed. It folds for easy storage. The self-adjusting swivel back adds extra comfort to its double life as a dining and lounge chair. For comfort, for versatility, for design and construction excellence, the complete Nomad line is pure Brown Jordan. And that says it all.

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At leading stores and interior designers. Write for free brochure, or send \$3 for 62-page catalog and nearest dealer. Brown Jordan, Box 5688, El Monte, California 91734.





By Paul Gross

Is there a tax audit in your future?

Should you worry while waiting for your refund? Plus advice on home improvements that increase the sale price of a house

By now, you've filled out your Federal income-tax return and are anxiously waiting for a refund check—or a call from the IRS. The possibility of being audited haunts many of us.

If you're in a very high tax bracket, your chances of being audited are pretty good, because your tax return is probably more complicated. Hence, there's more for the IRS to look into.

If you make an average income, your chances of being audited depend on the kinds of deductions you took. If they are similar to the average deductions claimed by other people in your tax bracket, your return will probably pass

through the IRS computers without a hitch. However, if your deductions are greater than average for your income group, the computer will probably kick out your return as a prime candidate for an audit. So, what's the average? Well, according to the IRS, taxpayers took the following average deductions in 1974, the latest available figures.

However, even if your deductions are average, there's still a chance you may be audited. The IRS randomly selects some tax returns for an audit each year, just to see what might turn up. However, IRS has set up a procedure to help

those poor souls who are repeatedly audited for the same deductions, even though past audits haven't turned up a thing. You can now contact the IRS and protest the repeat audit; it will check its records, and may cancel the audit.

The state of your estate

Estate planning is one of those terms that throw most people for a loss. After all, "estates" are for the very, very rich. They're not something we lesser mortals have to worry about. Or, so we'd like to think. But the fact of the matter

AVERAGE DEDUCTIONS TAKEN, 1974

Adjusted Gross Income	Medical	Taxes	Interest	Contributions
\$ 20,000- 25,000	\$409	\$1,722	\$1,156	\$ 517
25,000- 30,000	402	2,123	1,786	402
30,000- 50,000	497	2,897	2,262	921
50,000-100,000	651	4,952	3,871	2,005
100,000-200,000	933	9,311	8,341	5,013

is that most of us do have an "estate"—comprised of things like a house, car, valuables, securities, and insurance policies.

In fact, I'll lay you odds that the value of your house, securities, pension benefits, car, life-insurance policies, and other valuables amounts to more than \$120,000. That seldom fails to shock people, because most of us don't have any idea of what we're worth. Estate taxes start to bite when your estate is worth \$120,700. If your estate amounts to more than that, much of it could be lost to taxes unless you draw up a good estate plan. And to do that, you'll need an estate planner—an attorney who can draw up your will and set up trusts so that your heirs, and not the tax man, get most of the proceeds from your estate.

It's often quite difficult to find an estate planner who's well versed in the intricacies of estate and gift-tax laws. Since lawyers are ethically prohibited from advertising, you have to scout around for one yourself. One of the best places to start is your bank; ask your banker for recommendations. Banks deal constantly with financial and trust matters, and thus know who the good estate planners in the area are. (In most states, by the way, banks legally cannot recommend members of their own staff.) Also check with friends and relatives. While you could always ask

Continued on page 36



Windblown Silverwood

Gorham introduces the tree that grows in silver. Shimmering with the illusion of motion. Gleaming in reflective light. Signed and dated by the noted artist and naturalist Randy Adams. Each tree is individually sculptured from silverplated copper wire, mounted on a Vermont slate base and lacquered to preserve the lustrous original finish. A unique collectible. 13" high \$140; 10" \$100; 7" \$76; 5 3/4" \$54.

By Gorham, Providence, R.I. 02907.

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Gorham Division of Textron Inc

TONIGHT

We've spent 130 years getting your bed ready for it.



Why should your bed be just someplace to sleep?

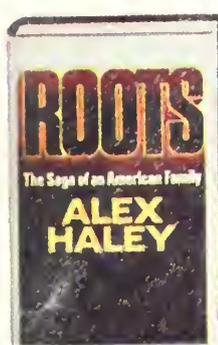
Lavish a bed with the luxury of Wamsutta, and there's no place more delightful to settle down... and live. Surrounded with books and backgammon and music. And extraordinary softness and beauty. For 130 years, Wamsutta's been creating fine bed linens. And new ways to give them superb quality.

Consider "Shoji," Giorgio Sant'Angelos art print of the classic bamboo matting of Japan. (In a most honorable no-iron blend of Fortrel® polyester and cotton.)

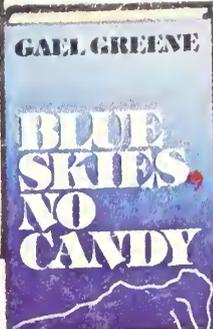
We could have given "Shoji" regular 4 inch herns. But for perfection of design, we've made special 9 inch, fresh green leaved herns.

Ah, Wamsutta. No wonder for some people, the night is the best part of the day.

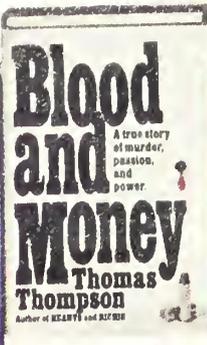
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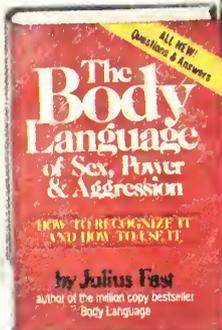
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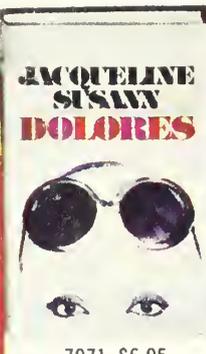
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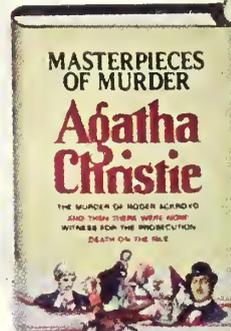
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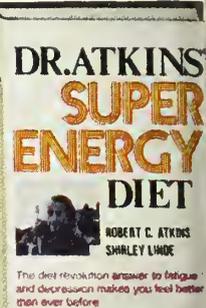
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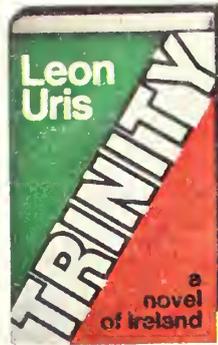
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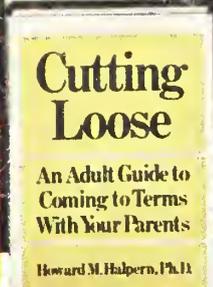
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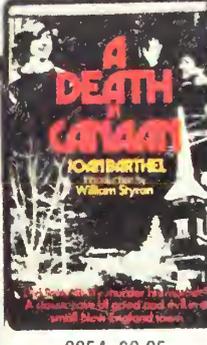
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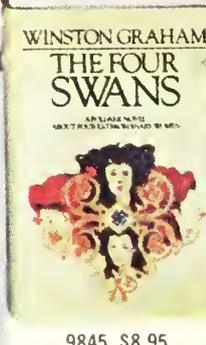
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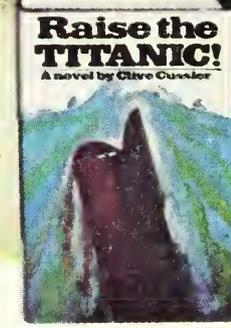
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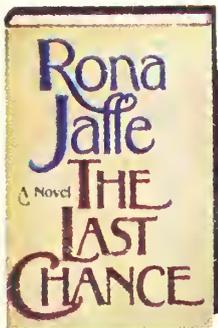
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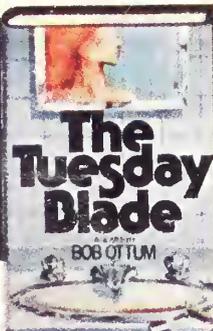
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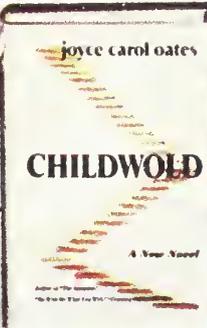
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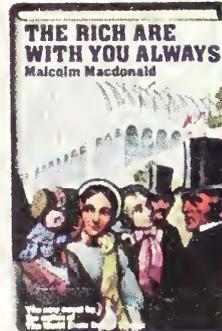
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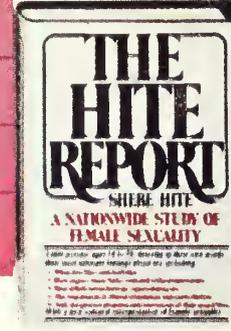
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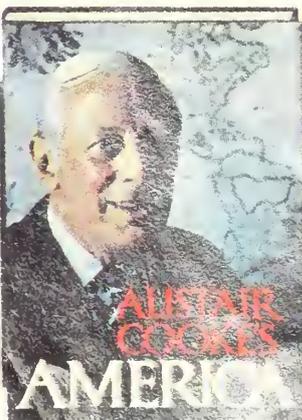


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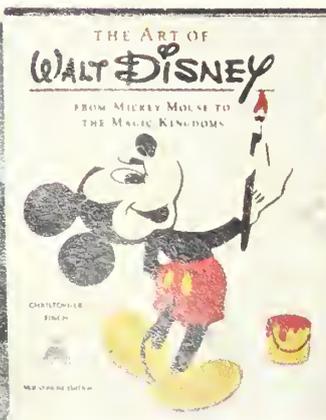
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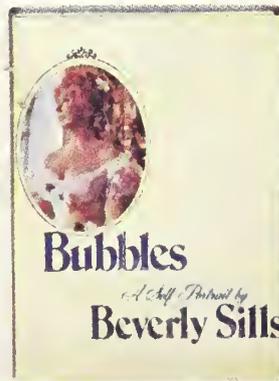
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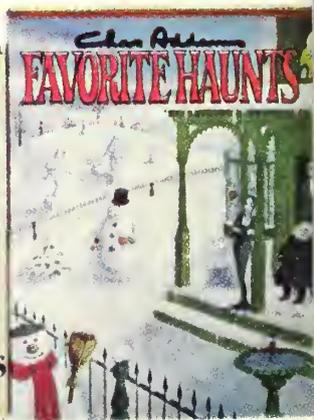
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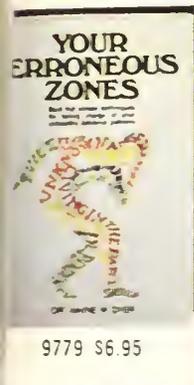


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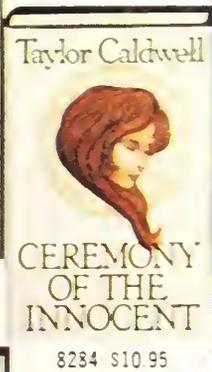


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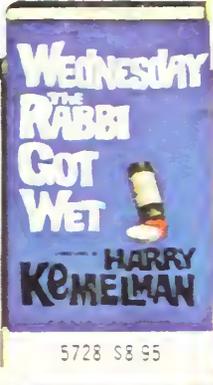
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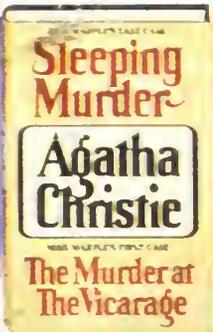
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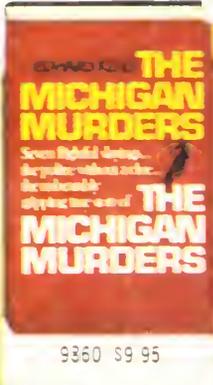
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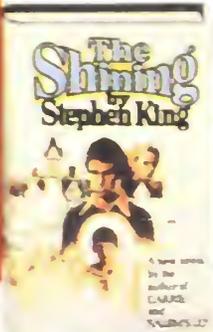
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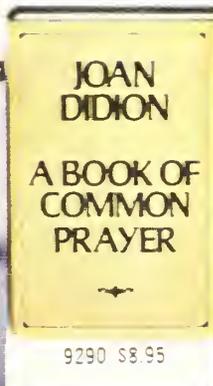
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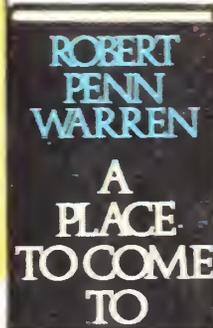
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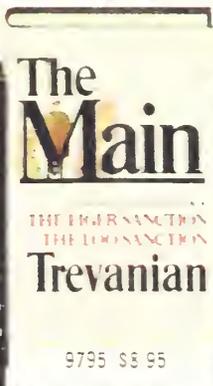
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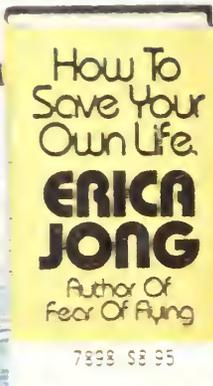
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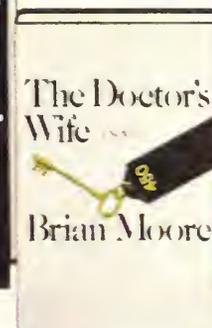
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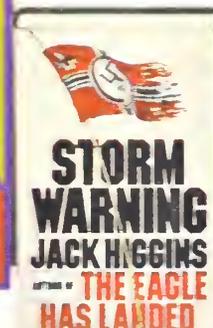
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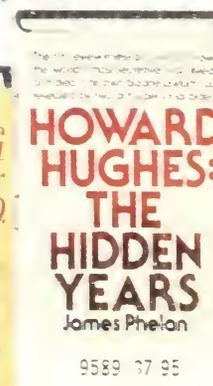
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Continued from page 30

your regular lawyer for recommendations, you run the risk of having him recommend himself. If he did, it might be diplomatically difficult for you to turn him down, even if his qualifications were limited.

When you ask for recommendations, also ask why. The answer you want to hear is that the individual being recommended has an uncanny ability to spot and handle all the possible opportunities and problems that come up—the sign of a truly good estate planner. Your

family circumstances, business conditions, and the law itself are all subject to change—and he should be on top of all of them so that he can move quickly on your behalf.

Now comes the difficult part: interviewing an estate planner. Most of us are so awed by specialists that we're too bashful to ask them tough questions. Don't be. You can be sure he won't be the least bit bashful when he presents his bill to you. What's more, there's too much at stake. The welfare of your family and other heirs may depend on how well your estate planner does his job.

Ask him how long he's been an estate planner, and what kinds of degrees he has. Of the two, education may well be more important. An attorney who has a master's degree in estate planning, but only a few years of experience, may turn out to be far shrewder than someone who's long on experience and short on knowledge.

Also, ask any candidate you interview if he belongs to a professional estate-planning organization. A really good estate planner will keep up with the field by belonging to some of the special sections of the American Bar Association—on probate and trust property, taxation, and real estate, for example. But shy away from anyone who claims expertise in everything from investments to insurance to trusts. That's next to impossible. What you want is someone who knows his limitations, knows who to call for advice, and how to evaluate the advice he gets.

House for sale

If you're thinking of selling your house, you're probably planning to fix it up a bit so it will go for a higher price. Wise move. However, some ways of going about it are far better than others. In fact, some repairs may actually be a waste of money.

How much you should spend fixing up your house depends on its value relative to other houses in your neighborhood. Local realtors should be willing to give you a free, preliminary survey of the house, and tell you how it compares to others in your neighborhood. If its value is on the low side, you should be able to make back any money you spend fixing it up by getting a higher sale price. However, if your home is at, or close to, the top of the market, it doesn't make much sense to spend a lot on repairs. The sale price probably won't be increased by your efforts.

Some costly repairs will help raise the price, but aren't really worth the effort unless you plan to live in the house long enough to enjoy them. For example, installing insulation is a great selling point, because heating bills are skyrocketing—especially after the wicked weather we've had this past winter. However, insulation won't raise the price of your house enough to pay for the cost of installing it. If you plan to sell later and live in the house now, the money you save on fuel bills, plus the higher sale price, would probably make the cost of putting in insulation worthwhile.

Central air conditioning and new siding around the house will help raise its price somewhat. However, again, it won't increase the value enough to cover the cost of installing these improvements. By the same token, consider carefully before installing new kitchen appliances or bathroom fixtures. They're

Continued on page 240

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Soap and water: Should you use it if your skin is dry?

If you've got to get your face clean but you have dry skin, you can't use soap or it will dry out even further. Right? Think again.

In the first place, many dermatologists feel there's no better cleanser for your face than soap and water. And you already know that no combination of creams and fresheners ever leave your face feeling as clean.

In the second place, it depends on the soap. Ordinary soaps are made only to "take": to take away dirt and makeup. In the process, they also take away some of your skin's natural moisture and oils, which you can't afford to lose now that you're no longer a rosy-cheeked, dewy-skinned young girl.

You need a soap with "give" as well as "take." Now there is one. New Neutrogena® Dry Skin Soap. Not only does it take away surface dirt and makeup as mildly and effectively as our regular Neutrogena® Soap. *It does more.*

It gives very dry skin something it needs. *Extra protection.* An invisible layer of two emollients that stays on when the dirt rinses off. And, as you know, emollients are those wonderful substances that help skin retain moisture and act as a barrier against further moisture loss. The process is called hydrating the skin. (Instead of dehydrating, which many soaps do).

How does it work? Two special hydrating agents* have been added to the original Neutrogena formula to make new Neutrogena Dry-Skin Soap. They're very much like the ingredients in moisturizers. And that's why this new soap will immediately leave your dry skin feeling softer and smoother than you're used to with other soaps.



Give our Neutrogena Dry Skin Soap a try. You may be in for a great treat: the fresh, clean feeling of soap and water on your face, and none of the worries.

Introducing Neutrogena® Dry-Skin Soap

*Purcelline Oil Syn. and Laneth-10 Acetate.

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The inside story



Stomach trouble? Most of us experience woes in the stomach at some point in our lives, whether it be simply a hiccup or indigestion. I've always imagined the stomach as a large cavern somewhere behind my belly-button, rather like a washing machine, in which food gets whirled about and is then ejected. But this is just one of many common misconceptions about the stomach and how it works. In fact, the stomach is at rib level, with its upper end just below the heart.

Item: Americans spend over \$218 million a year for laxatives and \$127 million for antacids—yet both problems are often preventable without recourse to pills or powders. *Item:* your liver, the largest and most versatile gland in the body, has about 500 chemical roles to play in detoxifying and

Item: about 80 percent of indigestion has no organic bearing, i.e. is simply to do with the way you eat rather than with the state of your stomach.

Well, unless you're a gastroenterologist you're never going to know precisely what goes on in those mysterious intestinal passages. But I picked four of the most commonly raised problems related to the stomach and addressed them to Dr. Jean Saleh, Associate Professor of Clinical Medicine, Columbia University, New York, and gastroenterologist at St. Luke's Hospital. His answers may help clear up some of the confusion and make us more sympathetic to that underpraised part of our anatomy.

Q. What is acid indigestion?

A. "There is no such thing. 'Acid indigestion' does not mean anything. Your stomach secretes acid in order to break down food. That is nor-

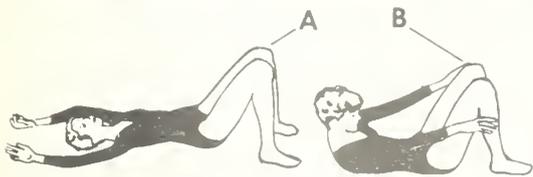
mal. If you have pernicious anemia, you will have less acid than normal, if any at all. If you have a duodenal ulcer, you will have more acid than normal. The stomach has a built-in defense mechanism, mucus, to buffer the acidity it produces. If you have too much acid for the buffer to work, then you may damage the lining of the stomach, producing gastritis or inflammation of the stomach or ulcers. This has nothing

How your stomach works and some expert tips on how to keep it healthy

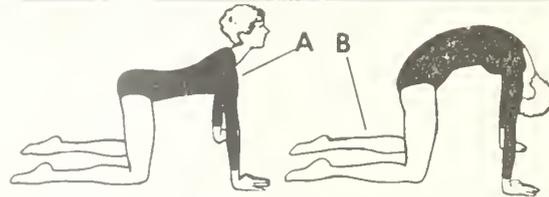
Easy stomach exercises

"You can help your stomach every minute of the day," says exercise expert Barbara Pearlman. "Just pull it in towards your back whenever you can remember—walking, sitting down, resting.

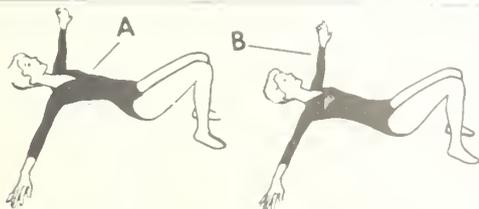
Don't make an effort to let go; it will go back of its own accord. And don't hold your breath. Just move with it tucked in whenever you can. This also automatically strengthens your back." She also suggests these floor exercises to firm up the muscles.



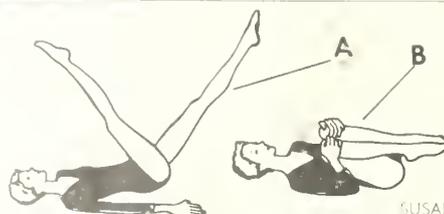
1. Lie on back, knees bent, soles of feet parallel and about 10 inches apart; arms extended on floor over head, palms facing upward (a). Inhale deeply as you lift upper body off floor. Arms simultaneously swing forward (b). Hold for 2 slow counts, then exhale as you release to original position. Repeat 8 times.



2. Begin on hands and knees, back sunk in, head up (a). Inhale deeply. Drop head, round back, as you tightly contract your abdominal muscles (b). Hold for 3 slow counts, then exhale and slowly resume original position. Repeat 8 times.



3. Lie on back, knees bent, feet flat on floor, arms at shoulder level (a). Contract your abdominal muscles as you press your back firmly against the floor (b). Hold the contraction for 5 slow counts, then release. Repeat 10 times.



4. Lie on floor with legs extended upward, toes pointed, arms resting at sides (a). Keeping abdominal muscles contracted, and back flat against floor, scissor kick legs forward and back 8 times. Then bend knees and draw them close to your chest (b). Hold 4 counts. Repeat sequence 3 times.

SUSAN DADE

Continued on page 44

Health for your stomach

Dr. Saleh suggests the following guidelines to keep your stomach in good working order:

- 1** Eat in a relaxed environment. Try to avoid business luncheons and dinner parties which give the stomach twice as much work, through stress as well as poor eating.
- 2** Chew carefully. (It used to be said that you should chew each mouthful 25 times!)
- 3** Avoid an excess of alcohol, smoking, coffee, and spices. All can alter the lining of the stomach and its function. (Antacids only relieve excess acidity for about 45 minutes.)
- 4** Put fiber in your diet. It has been shown in recent years that fiber may decrease the possibility of constipation and prevent more severe disorders.
- 5** If you have pain consistent after eating, see a doctor.

do with indigestion—it has nothing to do with excess acid. Antacids may temporarily help with these conditions, but a doctor should be consulted.

"Eighty percent of indigestion has no organic bearing whatsoever. Indigestion may mean anything from delayed emptying of the stomach, excess gas, abdominal discomfort, or nausea. The stomach normally emp- [Continued on page 44]

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Do You Look Older to Him?

Even if you do, perhaps he wouldn't even mention it. You've been with him long enough to know he's too kind and gentle to hurt your feelings. And, of course, there'll always be so many other important things between you. You'll go on liking the same music, finishing each other's sentences and giggling spontaneously at jokes only you two understand. Still, if you looked younger, wouldn't that be one more pleasure for you to share?

It's time you joined the fortunate women from around the world who share the secret of a mysterious beauty fluid that can help a woman look younger by creating a moist climate for your skin. This remarkable, skin-cherishing liquid is known in the United States as Oil of Olay beauty lotion.

Smooth Oil of Olay on your face and throat. Watch your skin virtually drink in the treasured liquid. An abundance of pure, moisture, tropical oil and precious emollients penetrate your skin quickly to ease dryness...the dryness that can easily cause you to look older than you like. Older than he likes.

Within moments after applying Oil of Olay, your skin feels softer and smoother. Your face takes on a renewed lustre and glow, even without makeup. Did you expect to see that look again? Little wrinkle lines (which are accented by dryness) can show less beginning the very next day. The difference will be apparent to other people; perhaps especially to him. Will he say anything? Maybe

he'll just give you an extra-warm hug. Or bring you an unexpected bunch of flowers.

Don't wait another moment to let Oil of Olay help you look younger. Gentle on morning and night. Let the beauty fluid work with nature, in its mysterious way, to help maintain your skin's moisture balance for a softer, smoother complexion. Because Oil of Olay doesn't leave a greasy afterfeel or look, it's marvelous under makeup, day or night. At bedtime, the beauty fluid provides a misty climate for your skin into hours of silent sleep. Any time your skin feels dry (when you've been out in harsh weather or washed your face vigorously, for instance) is a good time for Oil of Olay to raise the moisture level of your skin.

Do you look older to him? Think about it for a moment. Then think about Oil of Olay.

Beauty Secrets

Being alone together, not even talking, can be the most intimate of times. The next evening he's listening to music and you're reading, pamper your face with an extra application of Oil of Olay. It's nice to know that because Oil of Olay doesn't leave a greasy look, he'll see only a lovely, dewy glow.

* * *

When you wear earrings all day, you may notice your earlobes seem dry. Try a few drops of Oil of Olay.® Doesn't that feel good?

(An advertisement)

The inside story
continued from page 38

ties from an hour to 2 hours, depending on the quality of the foods. Fat takes much more time to get out of the stomach than protein or sugar; sometimes as much as an hour longer. Remember that the stomach is not just a reservoir or pouch; it works on the food, mixing it with acid, contracting up and down in order to make it smooth and digestible. Indigestion occurs when this function is inhibited or exaggerated—for instance, if you eat too fast, fail to chew, are unable to relax. The stomach protests by producing spasms, and you may feel bloated because it cannot empty effectively."

Q. When people diet successfully, they often say they feel less hungry. Is that because the stomach shrinks?

A. "It's hard to say the stomach shrinks when you go on a diet, because nobody has ever documented that. People who are very obese, consuming 15,000 to 25,000 calories a day, have enlarged stomachs, since the elastic part of the wall distends to some extent. On a diet, the stomach will return to its normal size. If you go on a semi-starvation diet, then perhaps you may have some shrinking, because you are losing so much protein. But this is only in very drastic situations, and not well proven.

"When people say they no longer feel hungry, that usually has nothing to do with the size of the stomach. If you have not eaten for some length of time, you may experience what we call a hunger pang, when the stomach starts contracting. But hunger is usually a psychological effect just as is feeling 'full.' A normal individual will eat a steak and probably feel full very quickly. The impression of fullness, however, doesn't mean only that the pouch of your stomach is filled with food all the way up, but also that you are satisfied with the number of calories you have consumed; because you have some set point in your hypothalamus where all the centers of hunger and satiety reside, registering satisfaction.

"For an overweight person, this register in the hypothalamus is somehow not working. If you ask obese people how they feel when hungry, they find it difficult to answer. They don't point to their stomachs, where normal people feel hunger pains—they point to the upper part of their chest or their throat, anywhere. Their hunger is not identifiable, and that means it is largely psychological. And that is why they will not experience what normal people know as 'fullness.'"

Q. Why does the stomach sometimes rumble?

A. "Before eating, rumbles may be due to excessive spasm—that is, the stomach moving air and secretions. Because even if we don't eat, we are secreting fluid from the blood into the

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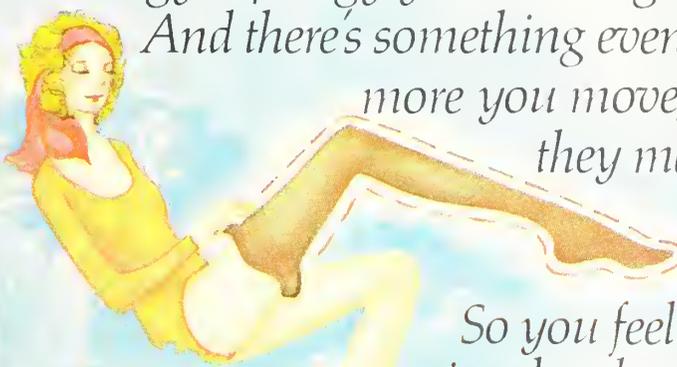
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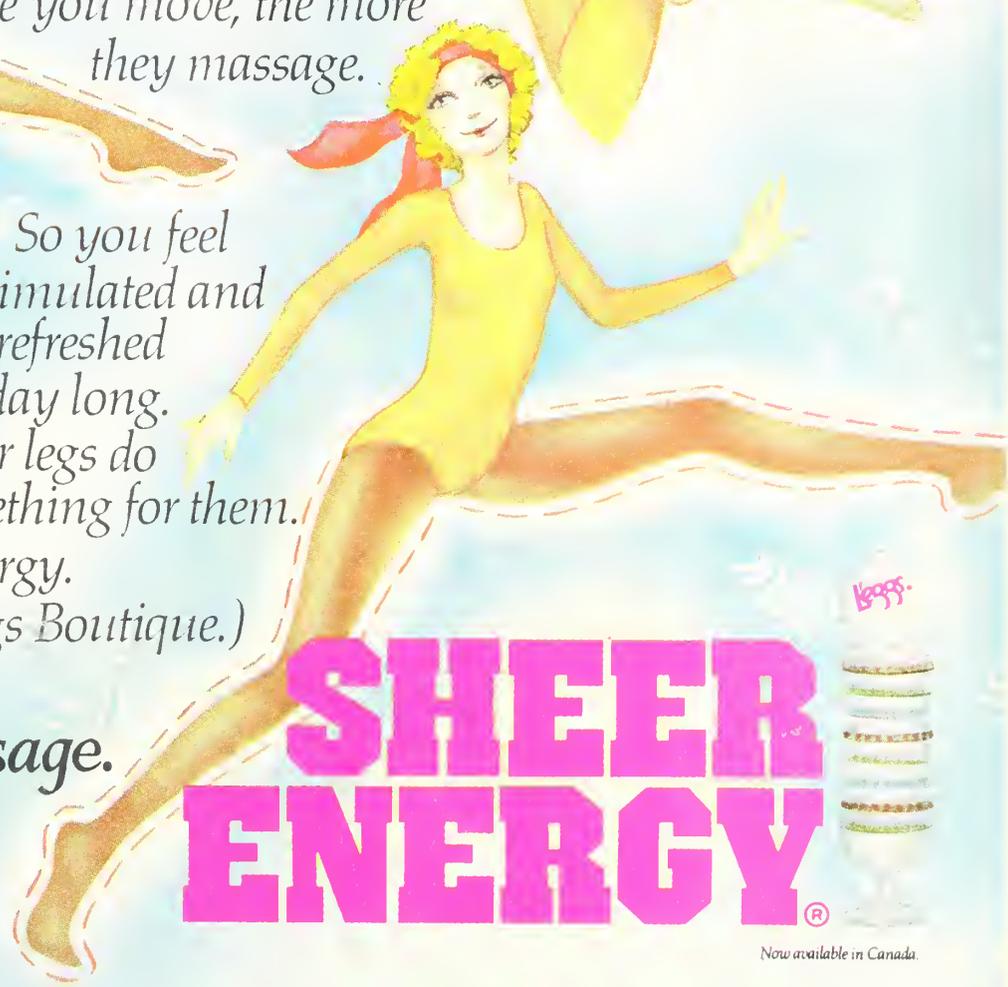
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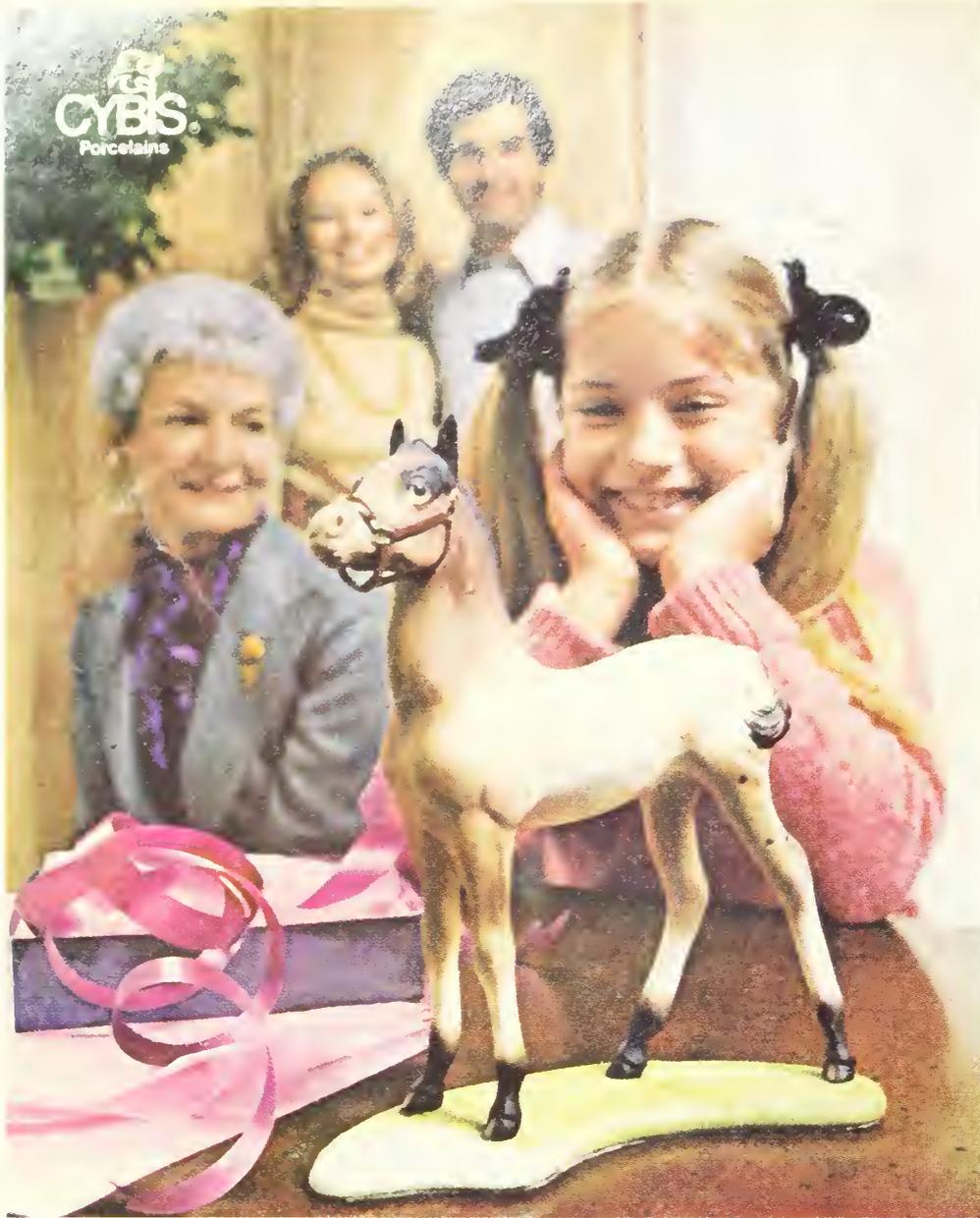
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intestines. We swallow air, and air comes from the combustion of food and cells themselves. There is always action in the stomach—for instance, if we don't eat for a week, we still have some bowel movements. When the stomach is coping with too much air or liquid, you will hear it on the outside as a rumble. As soon as you ingest food, this situation will calm down.

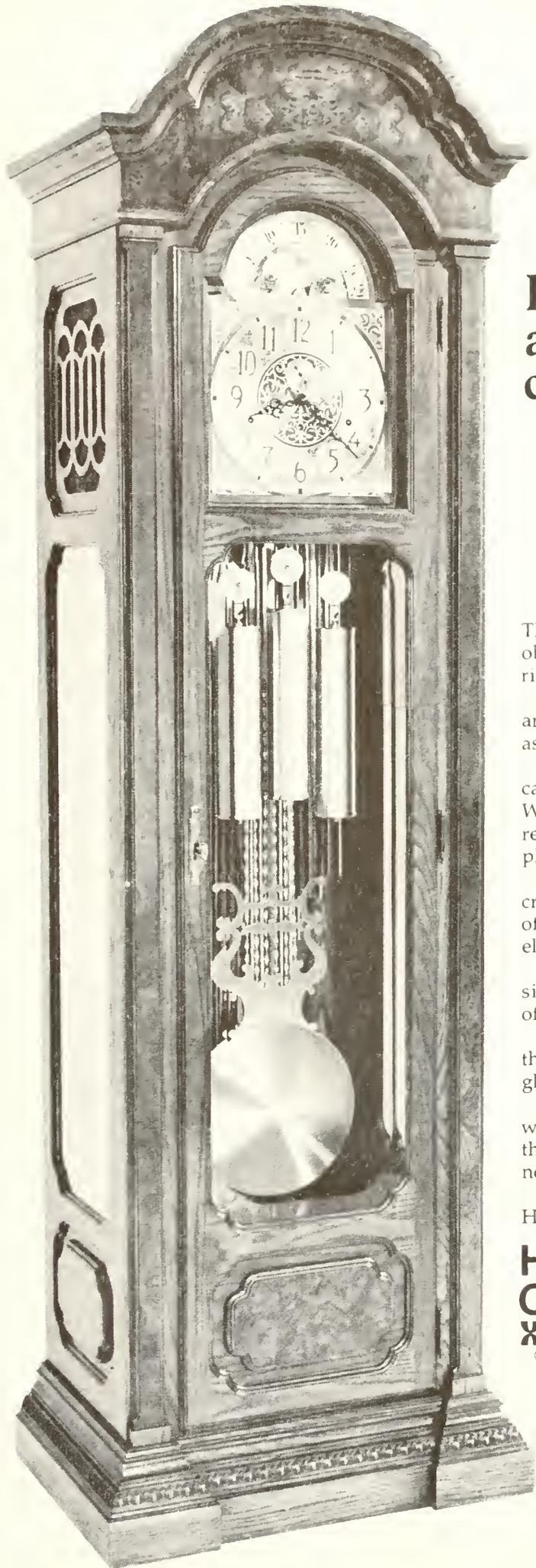
"Swallowing too much air can cause burps. This may occur if you are nervous, working under stress, or have some emotional problem. In these situations you may experience an increase in the spastic ability of the gastro-intestinal tract. But burping is also a defense mechanism and is perfectly acceptable."

Q. Are vitamin supplements good for the stomach?

A. "There are no vitamin supplements specifically good for the stomach. A well-balanced diet in terms of protein, fat, carbohydrate, minerals, and vitamins is what your body needs. If you eat properly, you don't need vitamin supplements. If you take only vitamins, without eating, they won't help at all, because vitamins are what we call co-enzymes in terms of metabolism of food. They will act if you bring something to them. Eating only vitamins is like going to a gas station and pouring the gas on the floor. They need a vehicle, and the vehicle is food. Iron alone, for instance, goes right through your body—iron *plus* protein builds red cells. (That does not mean you have to take iron at the same time as a meal, however. Iron is transformed better, and absorbed better, taken separately.)"

A recently published book, *Save Your Stomach* (Crown, \$8.95), by medical writer Lawrence Galton, contains all sorts of fascinating pieces of information. For example, the fact that good doctors are now learning to diagnose stomach problems by listening to the various rumblings the stomach makes: that we have about 3,000 taste buds, and that before we can taste anything, the substance must be moistened (the salivary glands do that); and that large amounts of caffeine can produce symptoms mimicking those of a psychiatric disorder: chronic anxiety. Galton also wrote a book advocating a fiber diet, in which he emphasizes the importance of fiber in helping gastrointestinal disorders. Galton also lists 24 of the most common stomach problems, with suggested treatment.

It may not be the most glamorous part of our bodies, but the stomach is certainly essential to life and well-being. And if we can remember to put the right things in it, and treat it with respect, then our stomachs will serve us well for the rest of our days. ■



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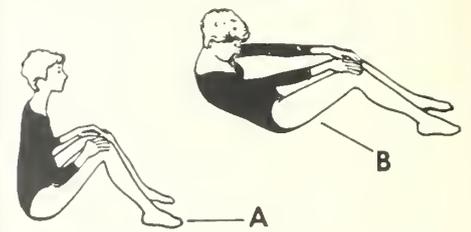
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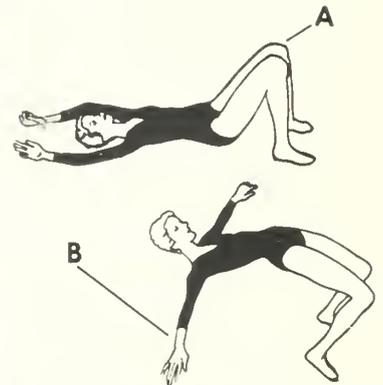
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The inside story
continued from page 42



5. Sit with knees bent, feet on floor, hands resting on knees (a). Release body backward as you drop head, round back, and contract abdominal muscles tightly (b). Sustain contraction for 5 counts, then slowly resume original position. Repeat 8 times.



6. Lie on back, knees bent, feet parallel and about 10 inches apart. Arms at shoulder level (a). Take 4 slow counts to lift buttocks as high off floor as possible. In this raised position, gently push body upward 4 times (b). Then uncurl back to floor, beginning with the upper back. The buttocks should touch last. Repeat 6 times.

Beauty and health products new this month in the stores

Makeup formulas are getting easier to use all the time—liquids that are powders, powders that are gels. You can stretch the way you use these multiformula cosmetics. A new one: *Estée Lauder Sun Streaker*, which looks like a liquid-powder eyeshadow. You can apply it anywhere—lips, forehead, eyebrows, cheeks. From the new "SunUp-SunDown Colors" collection for spring, \$5.50. A new color in this Lauder collection is a tawny "Sherry"—very lightly flecked with gold, it's a lipstick in a gel-liquid, \$4.

One of the first areas of the face to show small signs of aging is around the eyes—there are no oil glands there to keep skin naturally supple. Avocado oil and protein have been put to work together to make a new under-eye cream, *Moist Environment Eye Cream*, from *Charles of the Ritz*, as part of its Revenescence moisturizing system. It's creamy white with no fragrance and it works for 8 hours. Use it in the morning under makeup and/or in the evening before bed. One-half ounce, \$8.

Continued on page 46

Maybe you shouldn't have taken a bath last night.

If you have dry skin,

don't spend an hour soaking in a sudsy hot tub. Many dermatologists say those long sudsy soakings can take out too much of your skin's natural moisture. And actually leave it drier after bathing than before.

But that doesn't mean you have to give up on baths. Instead, make the water warm, not hot. Spend less time lingering in the tub. And avoid ordinary soaps or detergents, including bubble baths, that wash away even more of your natural oils.

There is a different way to bathe that gives you all the luxury you love about a bath plus some real help for dry skin. It's Neutrogena® Rainbath® Dry-Skin Bath Gel, a unique amber foaming gel made by Neutrogena, the people who specialize in sensitive-skin-care products.

Whether you use it in the bath or shower, this gel is specifically formulated to care for your dry skin.

It isn't a soap. But it cleans so mildly and effectively that it's been recommended for patients whose irritated skins can't tolerate soap.*

It isn't an oil. But it contains special non-greasy skin-smoothing ingredients that literally help the flaky, rough skin cells smooth down. Your whole body feels like satin – without an oily, sticky aftermath or a ring around your tub.

In fact, it isn't like any bath product you've used. Neutrogena Rainbath Dry-Skin Bath Gel. The luxury of a foamy bath or shower, fresh-scented as mountain rain. Plus help for dry, itchy skin that lasts all day long.

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*In a clinical study involving patients with atopic dermatitis (very dry skin) 91% of the patients experienced good to excellent improvement of their skin conditions with the use of Rainbath as their only means of cleansing. "An Alternative Bathing Technique for use in Dermatitis" - *Cutis*, January 1973.

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Light morning cleansing for dry skin and a makeup solvent cleansing cream from *Ultima II* are new for devotees of **C.H.R. Skincare**. The first is a lotion; add water or not, and work up a light, frothy foam—it cleanses with no drawn feeling to the skin. The second works like a massaging cream to remove the day's makeup, even waterproof eye makeups. They're **C.H.R. Specialized AM and PM Cleansers**, \$7.50 each. If you'd like double-duty protection, an emollient toner for night gently stimulates and refines even the driest skin. The point is to *simplify* your cleansing ritual—more effectiveness in less time.

Famous in England, where it seems that everyone has super skin, not yet so well-known here—*The Rimmel Company* is launching its ships with skin, eye, lip, and nail products. It's a brand new collection of colors and formulas, and will be available here and in Canada by the end of April. Look for it!

The astrological guide to your fragrance
The sign: **Taurus** (April 20-May 20).
Element: **Earth**

The symbolic phrase for your sign is "I have"—in contrast to Aries's key phrase, "I am." The Taurus instincts for acquiring and retaining possessions are very strong indeed. You achieve the material security so important to you by tenacity, hard work, and a talent for concentrating on essentials. Emotional security for a Taurus is firmly linked to his or her close attachment to the home. There is usually a sensuous appreciation of luxury and ease.

Some of the most beautiful women of the Zodiac are Taurus-born, and the Taurus ascendant as well can produce the lush, glowing look that inspired Renoir.

Fragrances that appeal to Taurus: the decidedly voluptuous **Chloe** by French couturier *Karl Lagerfeld* with its sweet floral top notes. What about **Bellochia** of *Caron*, the essence of carnations? *Pierre Cardin's Fragrance Collection for Men*, scented with an earthy blend of citrus, amber, and spices, also suits the sturdy Taurus.

—MARIA REACHI



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Rediscovering Chinese Export in America

By Caroline Seebohm



Museum of the American China Trade

You may have some without knowing it. Here's how to tell, from the curator of the Museum of the American China Trade

The growing interest in Chinese Export furniture, porcelain, and silver is proof of the continuing cultural influence of the East upon the West. When the trade route with China was first opened up from the 16th century on, European artists and craftsmen were quick to pick up on the wonderful designs and workmanship of the Chinese—so much so that

confusion soon arose as to the origins of Chinese Export.

The famous willow pattern porcelain, for instance, was started in China and then copied by the British. (Indeed most porcelain that was produced in England was bone china.) Since Chinese Export was made for the American and European markets, often on commission, to European specifications, its mixture of authentic Chinese workmanship and European design also often disguised its true provenance. So there are two kinds of Chinese Export—that which looks obviously Chinese and was copied by Europeans; and that which looks European, made to European order, later believed to be European.

The Museum of the American China Trade in Milton, Mass., is now engaged in the enormous task of sorting out the original Chinese Export artifacts from their European imitations. (The exhibits on display are fascinating, as you can see

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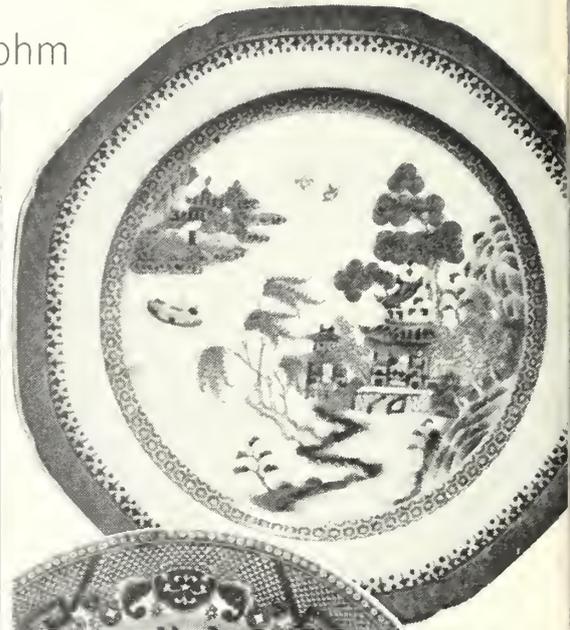


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Top: hand-painted Chinese Export Willow Pattern.

Left: English transfer version.

on page 160.) Much silver, for instance, passed off as English, turns out to be Chinese Export. H. A. Crosby Forbes, founder and curator of the Museum (his great-grandfather was China trader Robert Bennet Forbes, in whose house the Museum is assembled), relates that his family owned a set of silver flatware believed to be Georgian, until he discovered from a remark in an old letter that it was Chinese Export! Furniture, normally considered English "provincial," is also being reclaimed as Chinese Export, combining the brilliant Chinese cabinet-making in finest Oriental woods with practical English design. Virtually everything that used to be called Lowestoft is now known to be Chinese. The dazzlingly embroidered heavy silk shawls, taken to be Spanish, also often originate from China.

These discoveries lead one to think that many American households may harbor furniture, silver, or porcelain that is Chinese Export—without knowing it—

Continued on page 50

the Lasting Impressions of **Fieldcrest**®



Suddenly fashion the world over is touched with romance, and lifestyle becomes lovestyle. Sentimental Bouquet, from Fieldcrest's new bed and bath collection "Romance, International Style." Designs created by Gustav Zumsteg.

particularly since the American China trade flourished at a time of America's most dramatic growth. Mr. Forbes is very excited by this possibility. "Many of the exhibits in the Museum had been hidden for years," he says. "Now people are really getting interested, and the objects are becoming collectors' items."

Have you got some Chinese Export around that you thought was something else? Could you spot it in an antique shop? Here are some guidelines suggested by Mr. Forbes, that may help you tell.

Porcelain

1. All Chinese Export porcelain has an unglazed "foot rim"—the raised edge on the bottom of the dish, plate, or mug on which it stands. Often this unglazed rim is beautifully done, showing the fine workmanship of Chinese potters. (English bone china is glazed all over.)

2. Original Chinese Export willow pattern was handpainted, as opposed to English willow pattern, which was done by transfer pattern. This profoundly affects the quality of the design. There is a freedom of movement about the birds, and willows, a living quality in the Chinese painting that printing could not hope to achieve.

Silver

1. Chinese Export silver is usually very



Chinese artistry always creeps in

heavy—sometimes so heavy that spoons and forks, for instance, are hard to use.

2. If the silver has a gray, dull cast, then it may be Chinese Export.

3. Check the hallmarks. Chinese silversmiths used to stamp their silver with English marks to satisfy clients. These marks make no pretense to accuracy: There were often 4 rather than 5, with 3 letters as the maker's mark instead of 2; it's very rare to find a date letter, and the marks were almost always London. "They weren't trying to be fraudulent," explains Mr. Forbes. "It was quite simply a flourish, done for the export market." (Mr. Forbes and his associates have published a book, *Chinese Export Silver 1785 to 1885*, which describes all these distinctions. It's available from the Mu-



Top: English sofa? No. Typically Chinese caning and carvings give it away.

Above: two almost look-alike hallmarks; on left, English; right, Chinese Export.

seum at \$55 plus 75 cents postage.)

Furniture

1. Find out what kind of wood it is made of. Does it smell? Heavy, dense, odoriferous woods such as rosewood or camphor wood are likely to be Chinese. "Oak, mahogany, and walnut are typically European or English," says Mr. Forbes.

2. Look out for special Chinese joinery, such as floating panels, designed to allow for stretching and shrinkage in temperature changes; or mitered corners.

3. Is the furniture made in several sections? Is there pegging, so it can be taken apart? Is a bureau, for instance, in three pieces? These are Chinese Export clues, for Chinese Export furniture was often made to disassemble, to make it easier for traveling in the hold of a ship.

4. Caning is typically Chinese. It didn't arrive in England until the 17th century.

5. Even if the furniture is European in design, there may be something about it that looks unusual. Chinese carpenters never made exact copies—their own artistry would creep in.

These are some clues in your quest for Chinese Export. If you own or find furniture, porcelain, or silver with any of the above characteristics, you may have an exciting piece of history on your hands. If in doubt, write to Mr. Forbes at the Museum, or, better yet, if you are in the area, visit the Museum and see the wonderful exhibits yourself. The address: H. A. Crosby Forbes, Museum of the American China Trade, 215 Adams Street, Milton, Mass. 02186. ■



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AUTO SUGGESTIONS

By Mary Elizabeth Falter

Leasing vs. buying a car

Leasing saves you a big cash outlay and expensive repairs; buying gives you equity

In today's market, more and more people are leasing their cars instead of buying them. The General Motors Corporation estimates that more than a million people will lease a car this year, and that leasing is growing at the rate of 25 percent a year or better.

There are two basic reasons for this—inflation, of course, and convenience. Leasing offers the driver the car of his choice on a 1- to 3-year lease, with no cash outlay for a down payment and no curtailing of his line of credit. He can invest the cash that would have been used for purchase while driving the car, and use his credit for other things.

The fixed monthly payment for a leased car is usually less than a financed-purchase payment. If the lease is one that includes maintenance and tires, the driver knows that for the length of the lease, his car will not cost him one penny more than his monthly payment, except for gasoline and insurance. One major eastern Ford dealer estimates that the average charge for the maintenance clause will cost about \$30 a month more on a 3-year lease, which, projected in the teeth of rising costs, is a bargain. The dealer takes care of problems from servicing to major repairs, even after the warranty has run out—a considerable protection for the driver. Furthermore, a loan car is usually available if your leased car breaks down. The dealer, or lessor, is anxious to keep his cars in good condition because he has a vested interest in them as well.

Economically speaking, the leasing driver will just about break even on a 3-year lease, compared to a 3-year financed purchase. He does not, of course, have any equity at the end of 3 years. On the other hand, the lessee did not have to make a down payment or pay interest on the borrowed financing money for 3 years. He also escapes the problem of having to dispose of his car in a possibly deflated second-hand market when it's time to buy another car.

The lessor's economics are based on the value of the car at the end of the

lease, and the economies that can be practiced by dealing in volume.

Here are the two types of lease that are most often used:

1. The open-end or financed lease
 Used about 75 percent of the time. It is the least expensive, but the lessee must share the responsibility in the equity of the car at the end of the contract. The depreciated value is projected ahead to the end of the lease and the figure established. If the car is not up to that value when it is turned in—because of hard wear, high mileage, or perhaps body damage—the lessee must make up the difference. If, on the other hand, the car is in excellent condition and brings more than the established figure, the lessee gets a bonus.

2. The closed-end lease. Under this arrangement, the lessee pays a slightly higher amount, with or without maintenance, and at the end of the lease returns the car with no further responsibility. This lease, if it includes full maintenance and tires, is the most convenient and offers the most protection. A good bet for the single woman, and for the business car that is fully tax-deductible.

Here is a dollar-for-dollar comparison* of the cost of a finance-purchased car, and the identical car on a lease:

PURCHASE

Retail price, 1977 Oldsmobile Supreme	\$5,800.00*
Sales tax	348.00
Registration	36.00
	6,184.00
Suggested down payment	1,184.00
Balanced financed at \$163.88 a month for 36 months	5,899.68
Loss of interest on money used for down payment	177.60
	7,261.28
Less cash equity remaining in car after 3 years	2,500.00
FINAL COST	\$4,761.28

LEASE Same car, same dealer

Open-end, finance lease for 36 months at \$135 a month	\$4,860.00
FINAL COST	\$4,860.00

*These prices may differ slightly in various parts of the country.

Continued on page 56

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Leasing vs. buying cars
 continued from page 54

Preparing your car for a trip

When planning to drive a long distance, be sure your car is ready for the trip. Begin at the obvious place—have it serviced, perhaps even have a minor tune-up in which the air filter, fuel filter, spark plugs and wires, distributor points, and the condenser are inspected and cleaned or replaced if they are dirty or worn. The distributor cap, rotor, and ignition coil should be checked and any necessary adjustments to the carburetor and the timing made. All these things are usually included in the average 12,000-mile tune-up. Beyond the tune-up, the following things are important:

1. Tires. Get the owner's manual, and adjust the tire pressure for both front and back wheels for the recommended highway driving pressure in winter and summer. Tires expand during hot weather and contract during cold weather, so this must be compensated for. The adjustment is different for long drives than for city driving.

2. Fluid levels. In winter, check the anti-freeze and in summer, the freon for the air conditioner. Always check the brake and steering fluid if you have power systems, and the transmission lubricant. Last, but certainly not least, check that special freeze-proof glass cleaner that sprays on the windshield when you press the button and whose ingredients cope with splashed winter slush and bugs and dust in the summer. Carry an extra bottle with you.

3. Other extras to carry. A supply of spare fuses for the interior wiring system (radio, lights, and interior panel), and a duplicate supply of *all* necessary belts the car uses, in case one breaks when you're in a remote spot. Also, a roll of electrical tape, a roll of wire, and wire clippers for temporary emergency repairs. And of course, the usual emergency equipment, such as a good jack and lug wrench, first-aid kit, flares, flashlight, and fire extinguisher.

4. Passenger supplies and creature comforts. Besides the proper maps and tour books, carry a notebook and pencil for recording mileage, road directions, and addresses. In a convenient spot, keep a good supply of quarters and dollar bills for tolls, and arm yourself and your passengers with good dark glasses and a basic picnic. A thermal cooler will keep everything fresh and cool; take thermos bottles for hot and cold drinks.

5. Proper Loading. First of all, if you make regular long drives with a full load to a summer house, camping, or transporting children to school or college, it is wise to make some special concessions when you drive a car. Invest in good luggage space, heavy duty shock

Continued on page 236

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Many-sided splendors

Octagonal structures, from Jefferson's elegant creations to simple barns, are sprinkled around the country

By Richard Taylor



Four walls and a ceiling have never been enough. Virtually the entire continent of Africa developed an indigenous architecture based on polygonal and conical forms; the world of Islam from Spain to India is covered with 6- to 16-sided monuments to Allah. Romanesque fortresses were regularly octagons—even the Cheyenne tepee was octagonal!

American architects were not immune to the charm of polygons either. Fads for octagonal houses, polygonal hotels, schoolhouses, and even barns have swept this country more than once. In 1641, Killiaen van Rensselaer financed one of the first polygonal buildings in the New World, an octagonal wooden church in the Hudson Valley, patterned after a 1595 meetinghouse in Willemstad, Nederland. By the time the English took over, nearly every Dutch settlement from Long Island to Philadelphia had a similar octagonal church.

The English built dozens of polygonal garden buildings in America, but it was only in the late 18th century that another wave of major octagonal building began. From about 1790 on, there was widespread enthusiasm for polygonal school-

houses with 8, 12, or 16 sides. Students sat in bleachers around the walls, while both the single stove and solitary teacher occupied center stage of this theatre-in-the-round. But the fad died quickly.

Polygonal barns were another enthusiasm. George Washington had one of the earliest—a 16-sided barn at Dogue Run Farm in Virginia, built in 1793. The famous round barn of the Shaker Community at Hancock, Mass., was one of the last, dating from 1826. In between, there were hundreds of polygonal farm buildings—everything from small dove cotes to huge stables—scattered up and down the East Coast. Barn theory was as efficient as school theory. Milking cows were stabled in pie-shaped stalls ranged around the circle, with feeding handily accomplished in the center from a single trough.

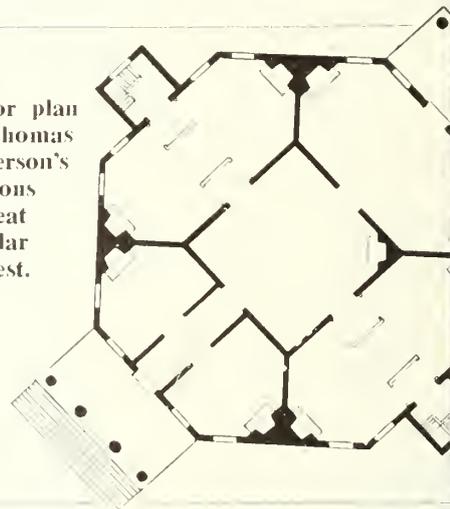
At a more exalted level, Thomas Jefferson was an early supporter of octagonal houses. He may have had something to do with the 6-sided "Octagon House" built in 1789 at New York Avenue and 18th Street in Washington by Dr. William Thornton, architect of the Capitol. Thornton's house is the headquarters of



Spanish Pavilion, Philadelphia Fair, 1876.

the American Institute of Architects today. Jefferson's famous retreat, Poplar Forest, was based on an octagonal hunting lodge built for the Elector of Bavaria. Poplar Forest, too, still exists in rebuilt form. Monticello, of course, has a dome on an octagonal drum and matching bay windows at each end; the Rotunda at the University of Virginia is round with a paneled dome; and La Chaumière du Prairie, the Kentucky home of Jefferson's friend Colonel David Meade, still has its domed octagonal drawing room. Indeed, of the 50 buildings Thomas Jefferson designed in his career as an ama-

Floor plan of Thomas Jefferson's famous retreat Poplar Forest.



teur architect, 30 were either polygonal or featured polygonal rooms.

In 1836, A.J. Davis designed a curious, tall-roofed octagonal gatehouse for the Hudson River estate of Blithewood, in Annandale, N.Y. This charming little building was featured in A.J. Downing's influential *Landscape Gardening*, published in 1844. It still exists in Annandale, while Davis's original sketches are in the collection of the Metropolitan Museum of Art.

In 1844, perhaps inspired by the Davis etching in Downing's popular book, a builder named Joseph Goodrich constructed one of the very first cast-concrete buildings in America, a 6-sided hotel in Milton, Wis. This was followed by octagonal Milton Academy. Milton House was soon famous in its own small way, combining as it did what was then

Some of the best octagonal houses are still in existence and open to the public

Top of page: The Armour-Stiner-Carmer House in Irvington, N.Y.—the most famous polygonal house in America. Right: The John Richards House in Watertown, Wis., built in 1854.



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a highly exotic building material with an equally unusual shape.

Goodrich was soon visited by an equally unorthodox freethinker, one Orison Squire Fowler. Fowler had gone to Amherst as a theology student, where he discovered he had a knack for phrenology—the popular Victorian pastime of analyzing a person's personality through the bumps on his head. What began as a simple parlor trick, Fowler turned into a lucrative career. By mid-century, he had his own syndicated advice-to-the-lovelorn newspaper column, his own publishing company, and several popular books in print on phrenology. He was also a well-known personality on the traveling lecture circuit.

Fowler visited Milton House on one of his lecture tours, and returned to New York to write a book based on Goodrich's theories of polygonal building and the "gravel wall." Published in 1848, *A Home for All; or, The Gravel Wall and Octagon Mode of Building* was reprinted every year until 1851, doubled in size for a new edition in 1853, and inspired a



Arkansas Pavilion at Philadelphia Fair, veritable host of imitators to publish similar plans for octagonal country houses. Fowler made a fortune from *A Home for All*, and in the process began, anew, the octagonal building, a fad which swept the country.

In gratitude, Fowler contributed a 2-story astronomy building to his alma mater. It survives today as the Amherst Music Department, complete with octagonal observatory tower. More importantly, though, Fowler was convinced by his own rhetoric to build himself a new suburban house in Fishkill, N.Y. It could only be octagonal. Finished in 1853, Fowler's octagon was a monstrous pile, 4 stories plus an 8-sided cupola, circled with porches at every level. Massively built in poured concrete, it featured indoor plumbing with hot and cold running water, central heating, and gaslights throughout. In 1853, it was the most advanced home in America.

Fowler lost his money in a stock-market crash before the Civil War, and his house outlived him, but was dynamited in 1897 after sitting derelict for years.

Fowler's ideas barely survived his own tenure in an octagon. The fad began in 1848; it was dead even before the Civil War put a stop to building. In that decade of the Fifties, however, hundreds of octagonal houses were built according to

his theories. Indeed, over 200 still survive, 126 in New York State alone.

Happily enough, some of the best Fowler octagons are still in existence and open to the public. In San Francisco, William McElroy built himself a 2-story octagon with cupola in 1861—it is relatively plain for a mid-Victorian house. Painted a modest gray and white, it sits today in a charming formal garden at 2645 Gough Street. Owned by the National Society of Colonial Dames of America, it is only open three afternoons a month. But much of the unique effect of an octagonal house can be appreciated from the outside if you're not there on an "open" day.

Probably because the octagon fad originated in Wisconsin with Joseph Goodrich, Fowler's book was extremely popular there. In Watertown, Wis., the Watertown Historical Society preserves the John Richards house, built in 1854. The 3-story Richards house incorporates Fowler's design for a cistern on the roof, central furnace, and a dumbwaiter in the stairwell. Built with true "gravel wall" construction, it is the most authentic Fowler octagon in the country. At 919 Charles Street in Watertown, it is open daily from May to November.

In Hudson, Wis., John Moffat built a small, 2-story octagon with cupola in 1856. A rectangular kitchen wing projects from the back; a sweeping veranda surrounds the first story. Doubled brackets under the eaves, arched windows in the cupola, and an onion-shaped pinnacle add to its charming picturesqueness. Now called simply The Octagon House, the Moffat octagon, at 1004 Third Street, is open from May through Christmas under the direction of the St. Croix County Historical Association.

In the lower Hudson Valley, less than an hour's drive from Fowler's own Fishkill octagon and half an hour from Manhattan, sits the most famous polygonal building in America. Owned for the last 30 years by author Carl Carmer, the Armour-Stiner-Carmer House was sold to the National Trust for Historic Preservation in September, 1976, literally the day before Carl Carmer died. The National Trust has now resold the house, protected by articles of covenant that guarantee its preservation, and is helping to finance a full-scale restoration.

The Carmer house, at 45 West Clinton Avenue in Irvington, N.Y., has rectangular rooms separated by small, triangular spaces used for pantries, bathrooms, and closets. From the inside, it might be any other 19th-century house.

That's not true of Longwood Plantation in Natchez, Miss. Designed by Samuel Sloan of Philadelphia and built for Dr. Haller Nutt, a wealthy cotton grower, Longwood was left incomplete at the beginning of the Civil War. It sat abandoned for much of this century, but has been restored by the Pilgrimage Garden Club of Natchez. Longwood, at 141

Continued on page 86

See Boda Bukett at these and other fine stores.

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	Sacramento	Macy's
	San Diego	Bullock's
	San Francisco	Macy's
	San Francisco	Mornestans
	San Jose	Macy's
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	Chevy Chase	Woodward & Lothrop
	Columbia	Woodward & Lothrop
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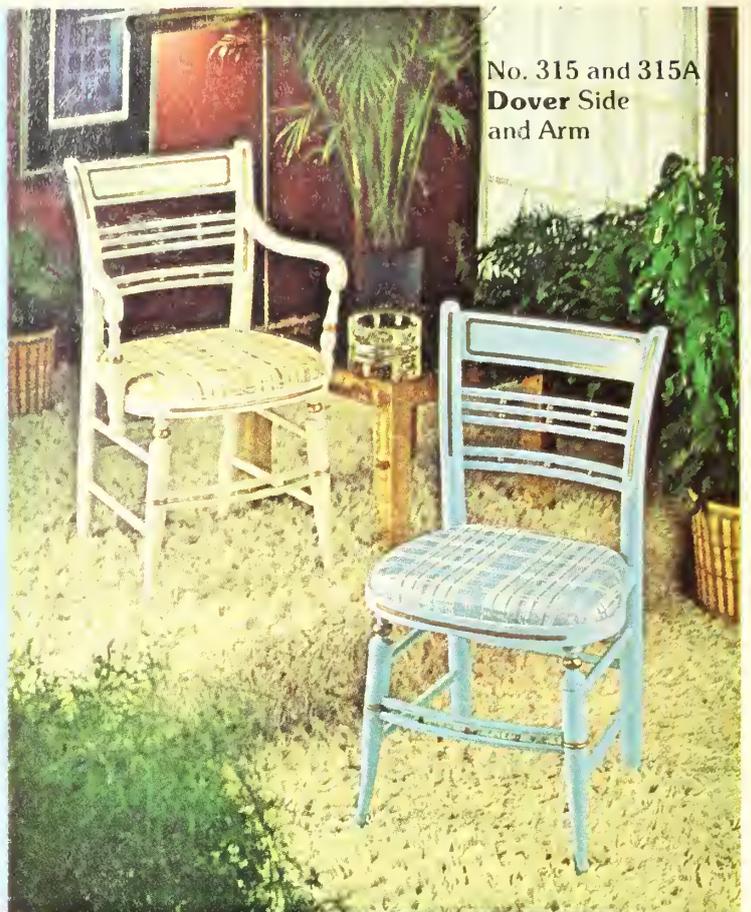
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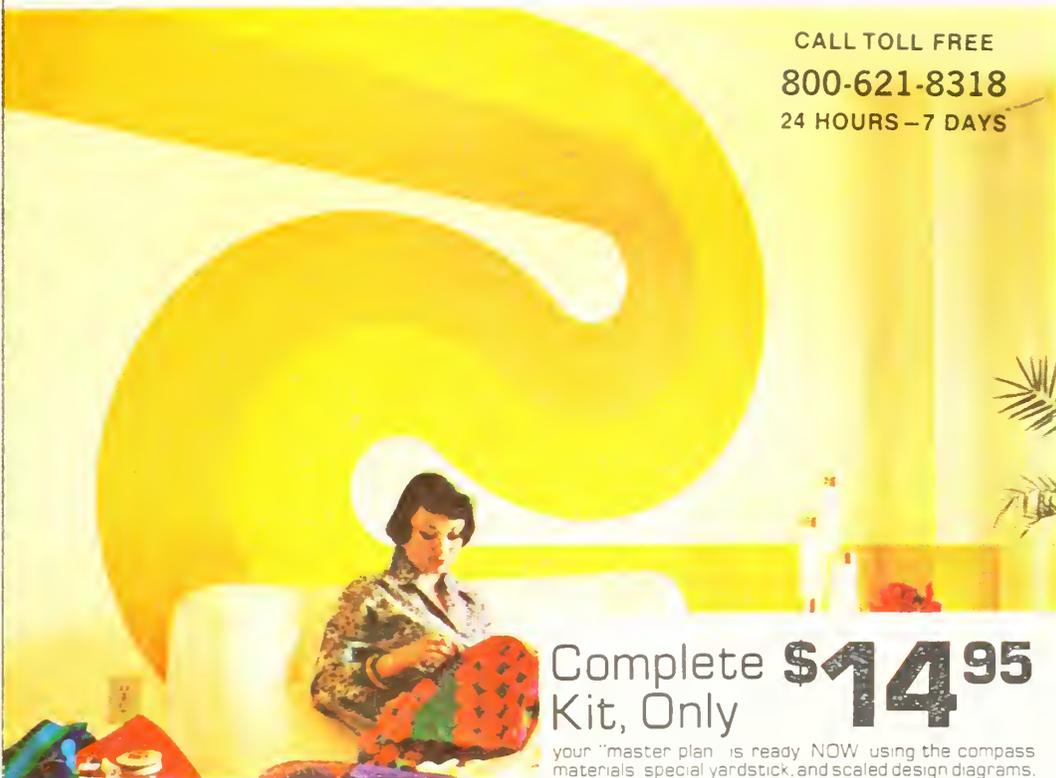
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and Arm



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Painting is accomplished with the special **SUPER-PAD** which makes curves, contours and points sharp and easy. Masking tape and a special edge-pressing tool is also supplied to make things even simpler. **FOR BEST RESULTS AND FLEXIBILITY:** We suggest you also order 2 rolls of **SUPER SURFACE** (\$19.95 per set of 2 rolls). This is a special acrylic finish, blank white wall-covering that is pre-pasted and applies directly to your wall. It is an ideal finish to paint on, it hides imperfections on your wall, and most importantly it is **DRY-STRIPPABLE**. If your lease doesn't permit you to paint on the walls, or if you don't care, this solves your problem. When you move, simply peel off the wall-covering and your graphic is gone without a trace. Order now and get started on the most exciting decorating project you've ever done!



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HOW TO GET THE ROOM IN YOUR MIND INTO YOUR HOUSE.

Inside your head, there's probably a room that makes you feel good just to think about it.

But, when it comes to getting that room out of your head and into your house, the going gets a little tricky.

For one thing, your room may very well be just a vaguely formed notion in the back of your mind. Nothing tangible, like chairs and tables.

So, before you can put it together, you've got to be able to see just what the pieces are.

HOW TO SEE YOUR NEW ROOM, WHILE IT'S STILL YOUR OLD ONE.

For starters, take a look at yourself. Because the kinds of things you like will tell you a lot about the kind of furniture you'll like.

Take the Early American flavor of the Cherry Grove bedroom pieces in the photograph. If you're a quilts-and-antiques person, what could be more perfect?

But macrame, seashells and hanging pots of ivy would be much happier in a room full of sturdy oak furniture, such as Tanglewood.

And then there's the next problem:

You're also going to need to be able to see how whatever furniture you like is going to look in the place you want to put it.

To help you with that, we've put together the American Drew Furniture Fitter.™ A full-color book



Try out 40 different pieces of furniture. All you need are the American Drew Furniture Fitter and a little imagination.

with 40 of our most popular designs, ready to cut out. The illustration will give you an idea of how it works. And we'll send you one, if you'll send us the coupon and \$2.00.

So, if that room has been inside your head for so long that it's starting to grow cobwebs, maybe it's time you were getting it out of there.

And into your house, where it really belongs.

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Upholstery

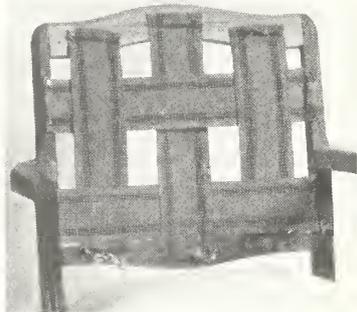
in 6 easy lessons

Learn a new skill, save decorating dollars

By Dee Hardie

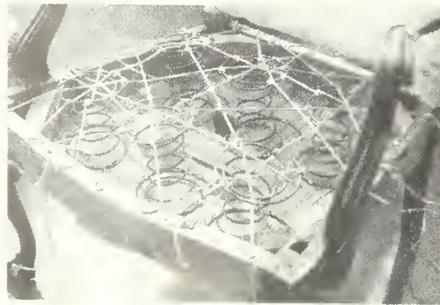
If you have basic sewing skills, you can master the technique for upholstery. These step-by-step pictures were taken at Margaret Smith's upholstery class at a Baltimore YWCA. At \$8 for six lessons, plus \$33.77 for tools, materials, and fabric, Dottie Pearre found the course a good way to save decorating dollars.

Tools and materials: Magnetic hammer, screwdriver, tack puller, staple gun, webbing stretcher, scissors, upholsterer's needles, 3½- to 4-inch jute webbing, #6 and #12 tacks, jute spring twine, rubberized hair, cotton batting, muslin, burlap edge roll, cotton cording, cardboard tack strips, upholstery pins.



Lesson No. 1: Webbing

Webbing strips depend on the number of springs. Six springs here need 3 strips vertically, 2 horizontally. *Chair back.* Place end of webbing on back frame with 1 inch extending beyond edge. Nail 5 #12 tacks, then fold short end of webbing over tacks, put in 4 more. Stretching webbing straight down, hook stretcher into webbing, pulling tightly. Put in 5 tacks to frame. Cut webbing 1½ inches beyond tacks. Fold over, fasten with 4 tacks. Weave horizontal strips in and out. Do same with front of frame. *Chair seat.* Same process but place webbing under frame.

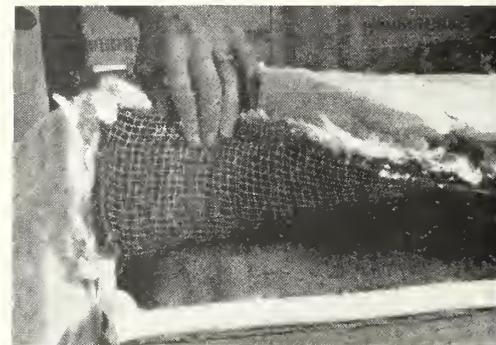


Lesson No. 2: Attaching springs
Staple springs where 2 pieces of web-



Dottie Pearre at work

bing cross. Place 2 #12 tacks ½ inch apart at each end of row of springs, nailing halfway. Measure jute spring twine 1½ times across springs. Cut. Loop twine around tacks (*see photo*). Tie each row of springs through center, front to back, then side to side, then diagonally so each spring is tied in 8 places. Push springs down to chair edge. Take up any twine slack. Hammer tacks firmly.



Lesson No. 3: Building the seat



Cut burlap 2 inches larger than seat frame. Attach with #6 tacks around frame. Tack edge rolls to sides and front, keeping flush to outer edge of frame. Cut rubberized hair ¾-inch thick to fit chair seat and cover edge rolls. Stitch in place. Add 2 layers cotton batting extending over seat to underedge of chair. Measure muslin to cover entire seat. Tack under frame. Trim excess.

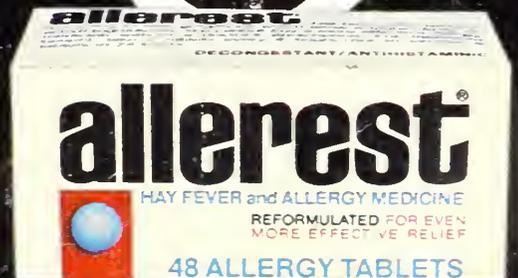
Lesson No. 4: Building back and arms
Same as seat except for springs. Build up arms with batting, pin muslin tightly to underside of arm. Tack with #6 tacks. (Continued on page 68)



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Upholstery
continued from
page 66



Lesson No. 5: Final Fabric

Cut fabric 2 inches larger than measurements of seat, back, and arms. Fasten fabric in center back, center front, then center each side, working toward corner. Keep fabric straight, pull evenly. Space #6 tacks 1 inch apart. Miter corner to fit around arms and corner post. Cut excess fabric before tacking.



Lesson No. 6: Trim work

Cut fabric 2 inches wide and long enough to trim back and seat edge. To make covered cord, insert cord in center of 2-inch strip, stitching tightly with zipper foot, leaving 1/2-inch excess for later tacking. Tack covered cord with 1/2-inch cardboard tack strips to outer back edge. Cording can edge seat of chair for finishing touch. Turn chair over. Cut cambric 1 inch larger than under seat. Tack with #6 tacks to bottom edge of frame.

Chair back. Cut fabric 1 inch larger than back. Turn under 1/2-inch raw edge. Position evenly with upholstery pins to attached cording. Blind stitch by hand. Finished chair, *below.* ■

TADDER

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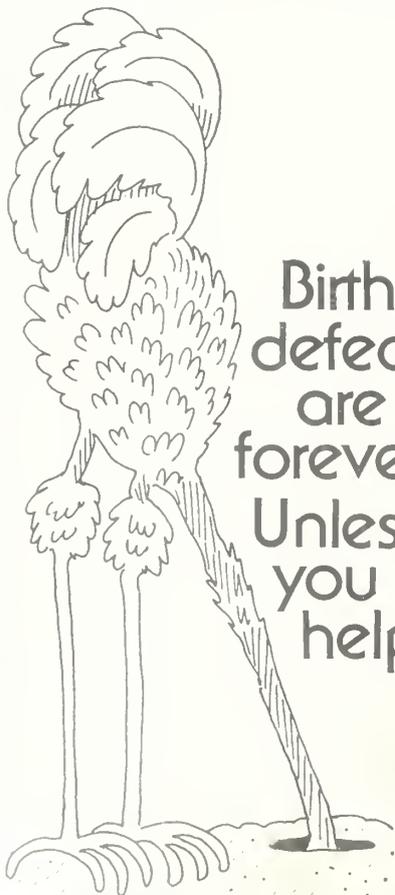
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HEADS UP!



Birth defects are forever. Unless you help.

March of Dimes

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When you can't make it home in person, go by Long Distance. The folks love to see you, but they love to hear your voice, too. So when your thoughts all turn to home, reach for the phone and treat yourself to a little homecoming. Long Distance is the next best thing to being there.

 **Bell System**

A vacation at
a historic Italian spa

The luxury of mud



Steam rising from one of the thermal springs near Abano.

Europeans have always sworn by spas, for diet, for specific disorders, for beauty treatments, and for a type of family vacation where eating sensibly and exercising regularly guaranteed well-being for some time to come. Hot mineral springs in volcanic regions have attracted people since Roman times. The thermal waters and the algae-rich volcanic mud flats are the base elements for the treatments. The penetrating heat of both the water and the mud seems to heal aches and pains and harmonize the body's functions. One bathes in hot tubs, inhales special vapors, drinks the water, and soaks in pounds of mud slathered over the body like a huge all-over facial. There are also exercises, massages, swimming, naps, big hotel rooms, wonderful food, lots of fresh linen. In Italy there are two very famous

mud-spas. One, open year-round, is Abano near the Euganean Hills, an easy drive from Milan. The other, the whole island of Ischia, is going from April to October, when all the big treatment hotels are open. Here's an account of a stay in Abano from House & Garden's Associate Editor Miki Denhof, who vacationed there for several weeks and arrived home feeling refreshed and whole.

□ **THE HOTEL**

In the winter, there are only a few hotels open in Abano. I made reservations at the Buja Bristol, a large modern hotel with a balcony to every room, an indoor and outdoor thermal swimming pool, and a big

garden with beautiful specimen trees.

The rooms and bath are large, airy, comfortable, well-furnished, well-heated, with treatment rooms on every floor. The vast reception rooms have polished marble floors. The dining room serves beautifully prepared northern Italian food.

□ **THE ROUTINE**

A few hours after arrival, the house doctor comes into the

room and after a quick examination he prescribes the treatment. At 8:30 the next morning, you wrap yourself in a long, white, hooded terry bathrobe, take a shower cap along, and drink 15 drops of medicine to keep the blood pressure up. Then *(Continued on page 72)*



Sightseeing near Abano: La Rotonda Vicenza.

The new look in grand hotels

■ The traditional grand hotel stood massively, by itself, catering to its guests every whim. Today's generation of luxury hotels offer more action and perhaps even more convenience in addition to super luxe service and food. Some of the best hotels are part of business centers where shops, offices, huge covered garden plazas, and the hotels themselves offer a totally contained life where the visitor never has to take a taxi. Multi-use is the term in real-estate jargon.

The Ritz-Carlton in Chicago,

designed by Loeb, Schlossman, Bennett, and Dart and finished in 1975, has all the ritz you'd want but in a new, totally modern configuration. Water Tower Place, next to the John Hancock colossus tower of 100 stories, is a white-marble sky-rise by an adjoining 8-story luxury shopping center. It includes vertically what most horizontal shopping centers could never hope to combine as far as quality goes: Marshall Field, Lord & Taylor, Halston, Courrèges, FAO Schwarz, and about 100 others of *(Continued on page 72)*



DAVID MASSEY

Famous chefs in the galley; Christian Millau wine-tasting on deck.

Cruise with famous chefs

Cruises have always had marvelous food but rarely this sublime: A 4-day Carras cruise in the Mediterranean, May 22-25, with Paul Bocuse, Gaston Lenôte, and Roger Vergé, with Christian Millau of the best-bet Gault-Millau newspaper of the European food scene. A sample day's fare—Breakfast: Lenôte's special croissants, brioches, scrambled eggs with truffles, or a cheese platter. Lunch: white asparagus, foie gras and plover's eggs, bouillabaisse aspic. Dinner: chicken breasts on a bed of spinach covered with sweetbreads and a sorrel sauce. There are seminars everyday, and the lab work goes on at meal time. For information, call Carras at (212) 757-0761. Without airfare, the cruise costs from \$585-\$1355.

By Bettina McNulty



Clockwise from top: Meridien, Montreal; Ritz-Carlton, Chicago; U.N. Plaza, New York; IDS Center, Minneapolis; Bonaventure, Montreal.





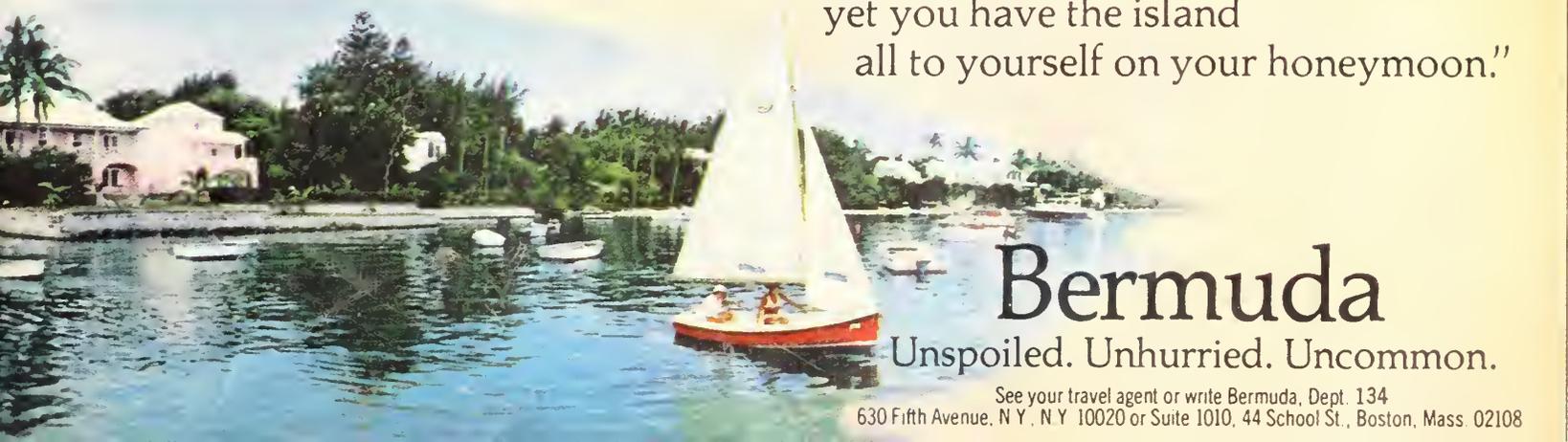
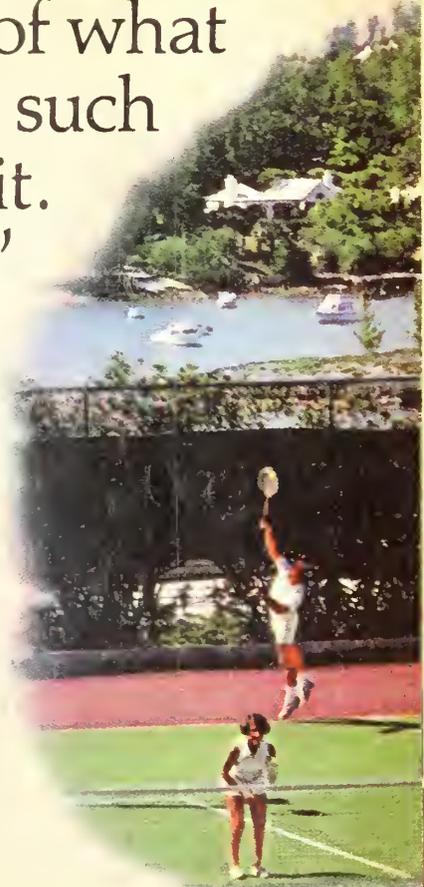
"The people are so proud of what they're doing. And they take such delight in telling you about it. It gives you a feeling of history."

Thom and Carol Frazier talk about their honeymoon in Bermuda. Especially their visit with the Band of the Bermuda Regiment.

"There's a special feeling you get, playing tennis in Bermuda. Right where it all began in our part of the world."

"What a nice plus, to be able to get to all this in an hour and a half."

"You hear Bermuda is full, yet you have the island all to yourself on your honeymoon."



Bermuda

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630 Fifth Avenue, N.Y., N.Y. 10020 or Suite 1010, 44 School St., Boston, Mass. 02108

The luxury of mud
continued from page 70

on to the large, high-ceilinged, white-tiled treatment rooms. They are spotlessly clean, with a cot, a shower cubicle, and steps leading into a sunken tub. Blankets and sheets are spread on the cot and as you come in, two buckets of hot mud have been already deposited on the white sheet. A "fangina" (mud-bath attendant) starts to spread the mud as you lie down. Covering you with a white sheet, she puts an ice-cold compress on your forehead. All this takes about 3 minutes; she sets an alarm clock for the prescribed time, starts the thermal water in the tub, and off she goes to the next treatment room. Every 5 minutes she appears to check on you and change the compress. Meanwhile, you feel like a mummy, wrapped tightly, perspiring and unable to move, but drowsily comfortable. When the bell goes off, the fangina appears, unwraps you, swiftly removes the mud, cleans it off with a hand shower, and you step down into the bathtub of thermal water up to your chin. After the prescribed time, back to the room and into bed, which has been freshly made by the maid. You perspire, almost fall asleep again, and then a masseuse arrives for a marvelous workout. Afterwards, breakfast in your room. At 11 o'clock on goes the white robe, and you take a back elevator to the ground floor, where indoor swimming pool, inhalation and exercise rooms

are located. Inhalation, involves whooshing thermal steam into your open mouth. Then after a prescribed period you change cubicles and put a gadget into your nose for another 10-minute treatment with medicated fumes. Back to your room to finally get dressed and out for a walk before lunch. In the afternoon, you rest again, and if prescribed, go for a swim in the thermal pool. The treatments are taken either two or three days in a row with a day of rest in between. Ten treatments promise the best results, which are mainly felt a few months after the actual treatment. Personally, I felt marvelous after the first few treatments.

□ THE VILLAGE

Abano Terme is a flat, rather spread out village, set at the foot of the Euganean Hills, a volcanic mountain range that produced the hot mud flats and the thermal springs. There are an enormous number of very modern hotels interspersed with small parks and a great many boutiques. Best buys are leather in any size from wallets to luggage, jewelry, and ceramics. A strange aspect of the town is that the roads seem to lead nowhere. Once out of the village proper, they peter out into a dull countryside, which gives it a very Fellini 8½ aspect—even more so, when you consider the white-robed figures that float through the hotel corridors.

□ EXCURSIONS

On days with no treatment, there are marvelous excursions to take. Buses leave

every half hour for Padua, 25 minutes away, with its cathedral, Giotto frescoes in the Scrovegni Chapel, Donatello's famous equestrian statue in the piazza, and an outdoor market on Wednesdays. One and a half hours away is Venice. Not to be missed: Vicenza, with its treasures of Palladian architecture. (Check to see when these places are open.)

□ GETTING THERE AND BACK

TWA's nonstop #747 service from New York to Milan runs daily this summer. When I went, everything was arranged for first-class comfort from the latest newspapers and first-run movies, to a dinner of broiled chicken, a crisp fresh salad, cheeses, and fruits all on pretty china. Coming home TWA comes into its own arrival building at Kennedy, which cuts down time spent on immigration and customs. Don't leave home without these essentials in your suitcase:

1. A good pair of walking shoes.
2. Several bathing suits.
3. A shower cap (for the mud treatment).
4. A nail brush (to brush the mud out of your nails).

□ ADDITIONAL SPA INFORMATION

In the summer when all the hotels in Abano are open, one of the best is the Orologio. In Ischia, the deluxe hotel is the Regina Isabella Hotel, which is on the water. In addition to the treatments, one can sail, fish, go scuba diving and water skiing, plus play tennis. TWA flies New York to Rome overnight with a connecting Alitalia flight to Naples the next day where a hydrofoil takes you to the island. To find out more about spas in Europe, contact a national tourist office near you. Or buy one of several books that include sections on European as well as American spas. Among them: Emily Wilkens *Secrets from the Super Spas* and Robert and Raye Yaller's *The Health Spas*. ■

New look in grand hotels
continued from page 70

the same quality only smaller (many open Sunday afternoons). This shopping is all in the "shoe"—a half-block wide and long and 8 stories high—of a "boot" where the leg is a 74-story tower with offices, condominiums and the Ritz Hotel—in one. Characteristics of any Ritz are the lobby and wonderful rich furnishings, comfortable bedrooms with big baths, and very good restaurants. The Ritz Hotel on Michigan Avenue begins on the 12th floor of the Water Tower tower. What it appropriates for lobby space is the 2-acre roof of the shopping wing. This huge space is broken into seating areas and several restaurants. The Café is just off the lobby and is open 24 hours a day. Another new-ritz feature is the 11th-floor health club where there's a huge heated pool covered over with a large peaked skylight.

In New York the United Nations Plaza Hotel occupies the top 12 floors of a beautiful 39-story office tower right next
Continued on page 236

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And to help you plan your vacation, we'll send you the new South Carolina Trip Kit—free! It'll tell you about things to do and places to stay. And there are maps to show you how to get there once you get here.

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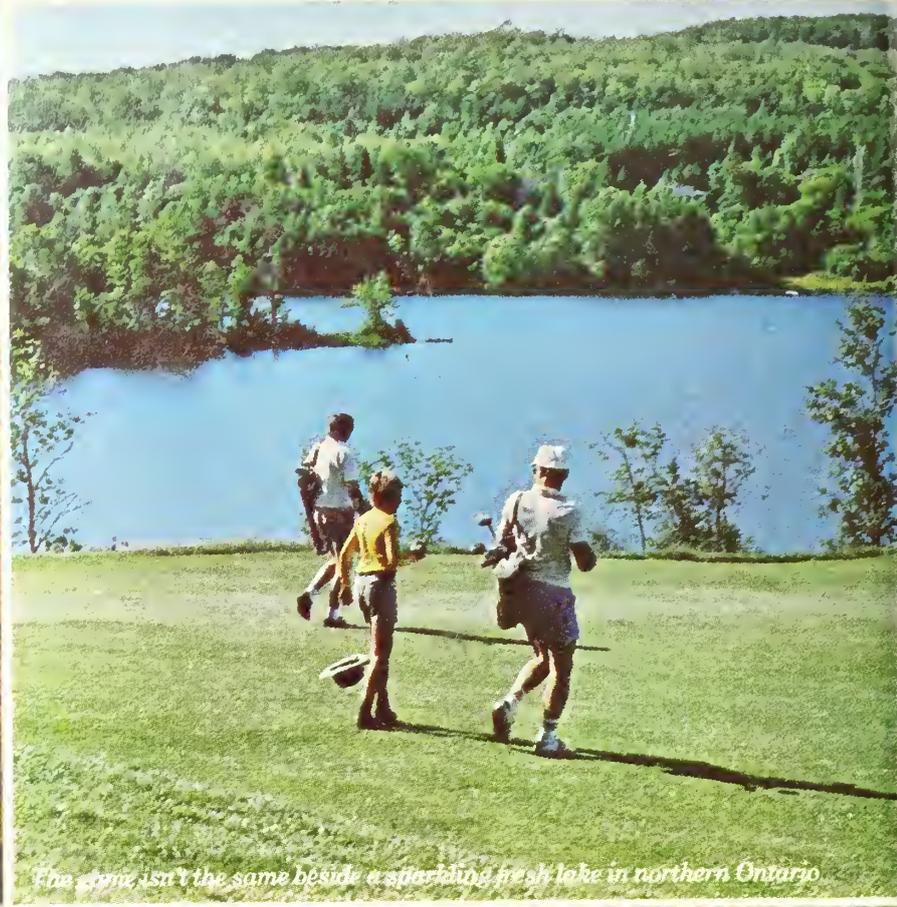
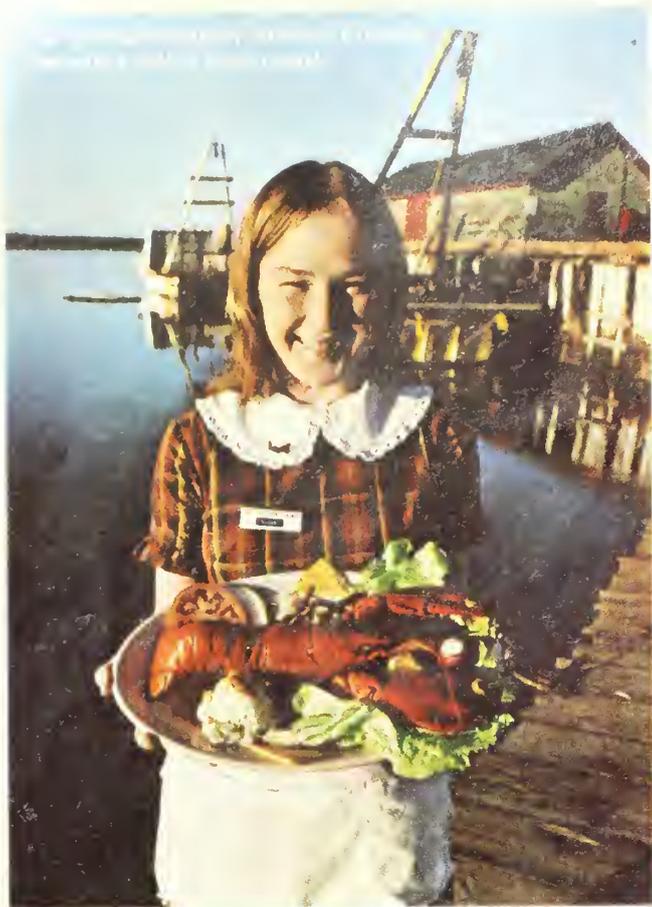
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Booklets

to help you plan a trip



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For brochure, rates, or reservations, call or write Miss Agnes Crisp, Reservations Manager

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To plan better vacations, here are some booklets that give you information about where to go and how to get there. Just fill out the coupon below and return it.

1. Club Med's **Trident** magazine shows pictures and describes activities of all its American resorts near the U.S., plus some of its vacation villages in Europe. Rates and details at the back of the book.
2. **TWA Getaway Europe**, book-size and offering 82 vacation ideas, some are group rates without the group, other tours are escorted. Packages range from \$402-\$1948. Reads like an encyclopedia of vacation ideas.
3. **Carras Cruising 1977**. Cruises everywhere in the world: U.S., Scandinavia, S.A., the European coasts.
4. **The Ritz-Carlton Chicago**, everything the hotel has to offer from restaurants to swimming and shopping.
5. **The Bonaventure Hotel** in Montreal. How to spend a weekend swimming, relaxing, for a special rate.
6. United Nations Plaza Hotel, **Weekend Catalogue**, a mini-vacation (for an attractive price) that combines the comforts of the hotel with Big Apple attractions.
7. **Hotel Meridien Montreal**, in the Desjardins shopping complex. The Place des Arts theatre center is across the street.
8. **Omni International Hotel** in Atlanta has a skating rink only steps from the lobby area, plus movies, shopping, restaurants.
9. **Yes, Canada!** A big, color brochure from Air Canada that breaks the country down according to region and tells what to see and do there: powder skiing in the Rockies, swimming in Lake Louise, city scouting in Montreal and Quebec City.
10. **Canada**. The Canadian Government Office of Tourism puts out a three-booklet kit that covers essentials: a road map of Eastern Canada; a vital-statistic brochure gives average temperatures month by month, typical rail fares, customs information, list of car-rental companies;

plus vacation ideas for each province.

11. **Virginia**. 36 pages of information and pictures tell what to do, how to get there, where to stay. Illustrated highway map shows famous houses at a glance.
12. **South Carolina Trip Kit**. A fistful of pamphlets covers many attractions: golf, beach resorts, old cities and towns, plus calendar of events and a road map.
13. **Your Place in the Sun**. A foldout brochure with a picture map of what to do along Mississippi's Gulf Coast: boating, deep-sea fishing, golf, beaches.
14. **Longue Vue Gardens**. New Orleans's best-known garden open year-round to the public. Eight acres of flowers, trees, fountains, and lawn—10 minutes from downtown.
15. **New Elegance in Old New Orleans**. In the French Quarter, The Saint Louis, a small hotel—old-fashioned in ambiance, up-to-the-minute in service—built around a small garden courtyard, where you can have dinner outdoors.
16. **In New Orleans/The Monteleone Hotel**. In the French Quarter, a hotel with conveniences like cribs, king size beds, a pool and putting green on the roof.
17. **Carolina Trace**, a resort development midway between Raleigh and Southern Pines with a lake, a Robert Trent Jones golf course, tennis courts. Ideal for family vacations. Condominium rates are very reasonable.
18. **America's Williamsburg**, what to see in a wholly restored 18th-century village: houses, gardens, crafts, folk art, Carter's Groves Plantation minutes away.
19. **Ireland, Personally Yours**. A big booklet that answers questions: What are the charter flights to Ireland, what old houses are open to the public and when, what to do with a family, where to stay.
20. **Sweden is Fantastic**, the whole country broken down by region to give the idea of the range of vacations there: from the city life of Stockholm to outdoor fun in northernmost Lapland.

Circle the number of each booklet you want. Add 50¢ for postage and handling. Do not send stamps. Allow up to four weeks for delivery. Mail to: HOUSE & GARDEN, Dept. 5B, Box 3579, Grand Central Station, New York, N.Y. 10017.

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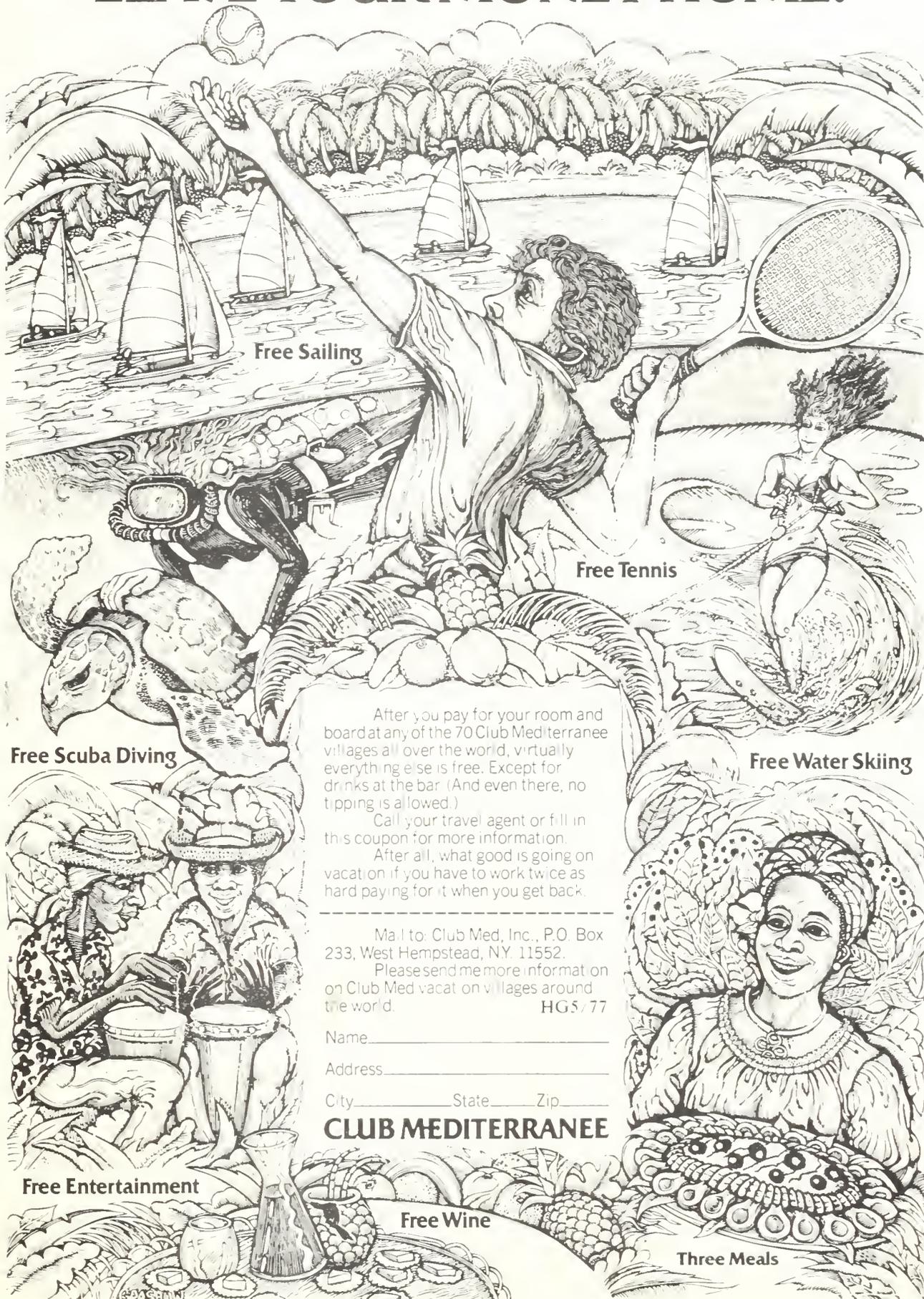
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Miniature roses

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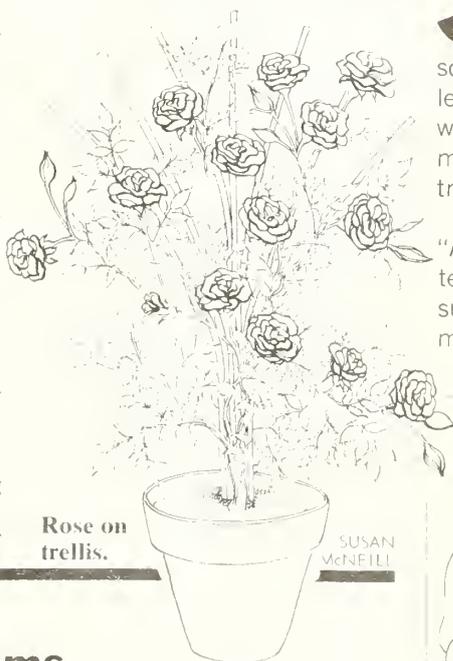
Exquisite small flowering plants to fill your house with color and fragrance

Roses—a unique combination of thorny aloofness, striking elegance, and satin-petaled delicacy in a profusion of blooms and color variations. Their fragrant, sensual, and visual appeal has made them the Western world's most popular ornamental plants. Add to this the fact that the rose hips, or fruits, are one of the richest sources of vitamin C known, and you have near perfection—except the house plant lover can't very conveniently grow a thorny 5-foot rosebush in the living room. A rose by the same name, however, may not only smell as sweet, but be a windowsill-sized miniature that can be grown indoors.

Tiny replicas of the popular hybrid teas and floribunda roses, with pea-sized buds and nickel-sized flowers covering the 6-inch to 1-foot-tall plants, are a stunning development of

modern horticulture. These miniatures are really no more difficult to grow than many comparatively common house plants.

"Baby Betsy McCall" is only 4 to 5 inches tall. A fine bloomer with moderate fragrance. (Continued on page 236)



Rose on trellis.

Two keys to bountiful blossoms

In order to grow well and bloom, miniature roses need a good source of light and moisture. For windowsill gardening, this means a minimum of 5 hours of sunlight a day in the summer. North- and east-facing windows simply will not do. But don't despair if your windows lack in sunlight; miniature roses also thrive under a balanced fluorescent lighting system such as Vita-Lite. Grow the plants with their tops 5 to 6 inches below the tubes, and leave the artificial day "on" for 14 to 16 hours.

Setting your pots in a pebble tray is a good idea, particularly if you grow roses under

artificial light. Fill a deep tray with an inch or two of aquarium gravel or similarly sized marble chips. Add water so the water level barely touches the very bottom of the pots. Let the water evaporate slowly; when most of it is gone, add more to the same level. The evaporation will surround the roses in a mini-cloud of moisture, compensating for the dryness usually found in today's homes. A dry rose is a dead rose.

But a humid atmosphere is one thing, misting is another. Most house plants should be misted; not roses. Misting a rosebush encourages fungal

Tucking in bare roots

Mail-order roses will arrive barefoot. Before you unpack them, fill a bowl with cool water and mix in a little soil to make soup. You can use plain water, but the mud slurry coats the roots, helping the plants settle in more comfortably and reducing the shock of their being transported.

Unpack the plants and put them in the bowl so the water level is even with the top of

the roots. Soak anywhere from 2 to 6 hours before planting in a mixture of two parts potting soil, two parts peat moss, and one part sharp sand. Use a clay pot, not a plastic one; the evaporation through the porous clay sides will help keep the rose roots cool, just the way they like it. Now dunk the whole pot in water until the soil is soaked. Let drain, then place the rose in its new home.

The red menace

Spider mites are the one major pest that can strike indoor roses. The first visible signs of them are leaves flecked with white and dropping off. Occasionally gossamer threads can also be seen at leaf and stem joints. The standard solution is to trim the plant down to 3 inches of stem above soil level, discarding all the trimmings and spraying the bare stalks with miticides. My own solution is to discard the entire plant immediately. I had one that became infected, and for 3 years I truncated and sprayed. The mites always came back.

Spider mites and roses are a classic example of the old adage "A good offense is the best defense." The mites arrive when the temperature is too high in relation to the humidity. If you make sure that the air around your plants is moisture-laden then the mites will go elsewhere.



Full and fragrant.



Miniatures by mail

Although miniature rose growing is rising in popularity, it is often difficult to purchase plants locally, unless you are close to a grower specializing in these plants. There are, however, a number of old-line growers that mail miniature rose plants nationwide. For free catalogues, write:

Star Roses/Conard-Pyle
West Grove, Pa. 19310

Mini-Roses
Station A, Box 4255
Dallas, Tex. 75208

Nor'East Miniature Roses
58 Hammond Street
Rowley, Mass. 01969

Pixie Treasures
4121 Prospect
Yorba Linda, Calif. 92686

Sequoia Nursery
2519 East Noble
Visalia, Calif. 93277

Rose jar enhances patio

Some houses
were never meant
to be painted.

August 1987



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■ **GOOD-SENSE
GARDENING**

**Old
wisdom
for new gardens**



An enchanting book currently a best-seller in England, *Old Wives' Lore for Gardeners* is full of old-fashioned wisdom and gardening tips to delight gardeners everywhere.

EDITOR'S NOTE: Bridget Boland, playwright and author of the film, *Anne of a Thousand Days*, gardened with her sister Maureen for forty years in London before they moved to "a little suntrap of a valley" in Hampshire. Though their backyard city garden had been much photographed and admired, it did not prepare them for all the new challenges of country gardening. "Needing to learn fast," Miss Boland says, "we pestered everyone we met for advice." In a lively little book, *Old Wives' Lore for Gardeners* (Farrar, Straus & Giroux, \$5.95), the Bolands share their discoveries with those "who are not afraid of finding a certain amount of superstition mingled with good sense." Here is a sampling:

DOCTOR CAMOMILE

Old gardeners used to use camomile like a visiting physician; planted beside a delicate or ailing plant for a short while it would improve its health immensely, and such herbs as mint would develop far more savor. But after a while (in fact when the clump of camomile grew too large), as though the patient had become over-dependent on the doctor and tiresomely hypochondriac, it would weaken again. The solution was to remove the camomile when it had done its work, leaving improved soil behind it in the vicinity of the plant that had been strengthened, only to replace it with a new young plant a good while later if necessary. The 'sweet breath thereof,' or, as the scientists would say, the exhalation from the leaves, was considered as beneficial to neighboring plants as it was pleasant to humans when trodden underfoot, so that camomile paths in herb gardens were particularly recommended; but this would seem to contradict the warning that not too much of it should be grown for too long in the vicinity of some plants. It is held to be entirely good for cabbages in any quantity and, if planted a yard or so apart, for onions.



**HANG MOTHBALLS
ON YOUR PEACH TREE**

We carefully sprayed our peach against leaf curl, and still the leaves curled. "Pick off the affected leaves," said an Old Wife, "and hang a few mothballs about on the tree." No more leaf curl that year. Finding ordinary mothballs at one time hard to get, we tried Mothax rings; they proved equally effective and much easier to hang. To guard against a reputation for eccentricity, the reason for decorating a peach tree like a Christmas tree with white balls or pretty mauve rings should be explained to visitors.



**NEVER SPRAY
AGAINST GREENFLY**

A single clove of garlic planted beside each rose is guaranteed to keep greenfly (aphids) from the plant. Whatever it is that the rose takes up from the garlic does not affect its own scent, and so as long as the garlic is not allowed to flower, there will be no odor of garlic in the garden. All members of the onion family, including chives, are partially effective, but garlic is the only completely efficient answer, the systemic insecticide to end all others.

MOLES

Gerard, the 16th-century herbalist, advises the placing of garlic in the mouth of a mole's run, "and you shall see him run out, astonished." We did, and we waited, and we didn't. Perhaps we did not wait long enough. But if molehills you have, use the beautifully crumbled soil, mixed with sand, for potting.

CATS

An Old Wife, troubled with neighbors' cats that rolled on her catmint and lay sunning themselves on her favorite alpines, discovered a cure: Lay a length of the inner tube of a bicycle tire on the lawn, and the cats will think it a snake and give the garden a wide berth.

Continued on page 82

From "Old Wives' Lore for Gardeners" by Maureen and Bridget Boland. Copyright © 1976 by Maureen and Bridget Boland. By permission of the publisher Farrar,

Your groceries: 10% off. From Hefty.[®]



How's that for a Hefty hunk of savings? Hefty will mail you a cash refund check totaling 10% of your next grocery bill (maximum refund \$3.00 for a cash-register tape indicating a total purchase of \$30.00 or more).

Details are available at your local grocer. Basically, this is all you have to do:

- 1) Buy any six (6) packages of Hefty Bags.
- 2) Save one (1) grocery store cash register tape and cut out the six (6) Purchase Proof Seals from the backs of the Hefty packages.
- 3) Then go to your grocer for full details on the mail-in offer.

It's that simple—10% off your next grocery bill from Hefty, makers of the right size bag for every use.

And here are 2 coupons to get you started.

15¢	15¢ OFF	15¢
GOOD ON ANY PACKAGE OF HEFTY TRASH BAGS.		
<p>"Mr. Retailer: This coupon is redeemable for 15¢ plus 5¢ handling charges, provided as follows. It is received on a retail sale of the product specified herein. You mail it to Hefty, P.O. Box 1779, Clinton, Iowa 52734. On request, you must supply invoices proving sufficient stock purchases covering coupons submitted for redemption. Other use constitutes fraud. Coupon may not be assigned or transferred. Offer limited to one coupon per purchase. Customer must pay any sales tax. Void where prohibited, taxed or restricted by law. Cash value 1/20¢. Good only in U.S.A. Coupon expires 11/30/77.</p>		<p>15¢</p>
15¢	STORE COUPON	15¢
DKHG-1		
8¢	8¢ OFF	8¢
GOOD ON HEFTY LARGE WASTE BAGS.		
<p>"Mr. Retailer: This coupon is redeemable for 8¢ plus 5¢ handling charges, provided as follows. It is received on a retail sale of the product specified herein. You mail it to Hefty, P.O. Box 1779, Clinton, Iowa 52734. On request, you must supply invoices proving sufficient stock purchases covering coupons submitted for redemption. Other use constitutes fraud. Coupon may not be assigned or transferred. Offer limited to one coupon per purchase. Customer must pay any sales tax. Void where prohibited, taxed or restricted by law. Cash value 1/20¢. Good only in U.S.A. Coupon expires 11/30/77.</p>		<p>8¢</p>
8¢	STORE COUPON	8¢
DKHG-2		



Mobil Chemical Company
 Division of Mobil Oil Corporation
 Consumer Department, Macedon, N.Y. 14502
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Famous University proves
MIRACLE-GRO produces greater yields —

23% MORE TOMATOES
25% MORE VEGETABLES

Compared with other popular types of plant foods*

IMPORTANT FACTS
for home vegetable growers.

University tests proved MIRACLE-GRO produced greater yields of tomatoes and other vegetables compared to best known "timed release" plant food as well as other popular types of fertilizers. Tests conducted in good soils and poor soils.

MIRACLE-GRO works where other types fail.

At leading University, in soils of very low fertility—plants fed the MIRACLE-GRO way produced good tomatoes while most of the plants fed with other types of fertilizers (including best known "Timed Release" type) failed to survive!

*All tested plant foods used according to label directions.

Why MIRACLE-GRO is called—
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MIRACLE-GRO provides 7 vital growth elements in fast-acting "liquid form"—feeds plants through roots and leaves. University tests prove MIRACLE-GRO enters plant's "blood-stream" in 30 seconds. Starts working fast. EASY—apply anytime.

SAFE—will not "burn" used as directed. Saves money.

Yields TONS more!

Tomato farmers say 20 tons per acre is excellent. MIRACLE-GRO scored 30 tons per acre!

8 oz. \$1.29



INSTANT ACTION! **MIRACLE-GRO**
PROVED! MORE VEGETABLES! MORE FLOWERS!

Good-sense gardening
continued from page 80

DEER

In a woodland district, the only sure way to keep deer out of a garden is to build a wall 9 feet high all around it, or a solid wooden paling whose upkeep would cost more in the long run than the outlay on a wall. The rugosa rose Alba will grow to 7 feet high and make in time a dense, impenetrable hedge, but one remembers the stag in *The Lady of the Lake*: "With one brave bound the copse he cleared." We read that sprinkling lion manure would terrify the deer, and could well believe it; but then keeping the lions to provide the manure would terrify us. Then an Old Wife provided a much easier solution. Tie an old piece of thick cloth, such as flannel, on the end of a bamboo cane and dunk it in creosote, and stick it in the ground like a little flag near each rose, or at each corner of a bed. The deer will not risk coming near the strong smell, which will prevent them scenting the approach of danger. After a day or so the smell will not be apparent to humans unless they actually sniff the cloth. The flags should be re-dipped at intervals during the summer if there is heavy rain.

BIRDS

Alarmed at the expense of wire netting for our fruit cage, we used nylon netting. The squirrels sat on the crossbars gnawing neat holes, through which so many birds entered that we soon seemed to be keeping an aviary rather than a fruit cage. We reverted to the Old Wives' practice of winding threads of black cotton about among the fruit; the birds have difficulty judging the distance of such threads against the sky and fear entangling their wings.

BEER

Charlie, whom we meet on our country bus when we go shopping, tells us that he once threw what was left after brewing homemade beer out of his kitchen window. There was a row of hollyhocks just outside, and, while the rest of the row did reasonably well, the hollyhock immediately below the window grew to a height of 18 foot 6 inches "and a man from the BBC came down to see it." Rinse out your beer bottles and glasses, like your milk bottles, for the good of the garden. It is, in this case apparently, the yeast that does the trick.

KITCHEN REFUSE

Anything you can eat, plants can use too. Even caviar could no doubt be added to fishmeal with good effect. The contents of the sink basket should go on the compost heap, with the caveat that meat scraped from plates should be excluded: Foxes, and even some dogs, will scatter the whole heap about if they smell it. One peculiarity that we cannot explain is that, although coffee grounds scattered on the heap in the ordinary

Continued on page 84

★ ★ ★
★ **Keeping** ★
★ **America** ★
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★ ★ ★

The Pioneer Plant Food
Good for everything you grow. Roses, trees, shrubs, flowers, lawns, fruits, vegetables. Spark vigorous growth. Just dissolve in water, then sprinkle or spray. Fast acting, speeds results, no burning. High analysis 23-19-17%. The favorite of experts for years!

RAPID-GRO
Soluble Plant Food
At All Leading Garden Stores

Be careful with fire:
There are babes
in the woods.

And those baby animals and trees need a place where they can grow up strong and healthy. The forest is their home. When you come to visit, please don't burn it down.

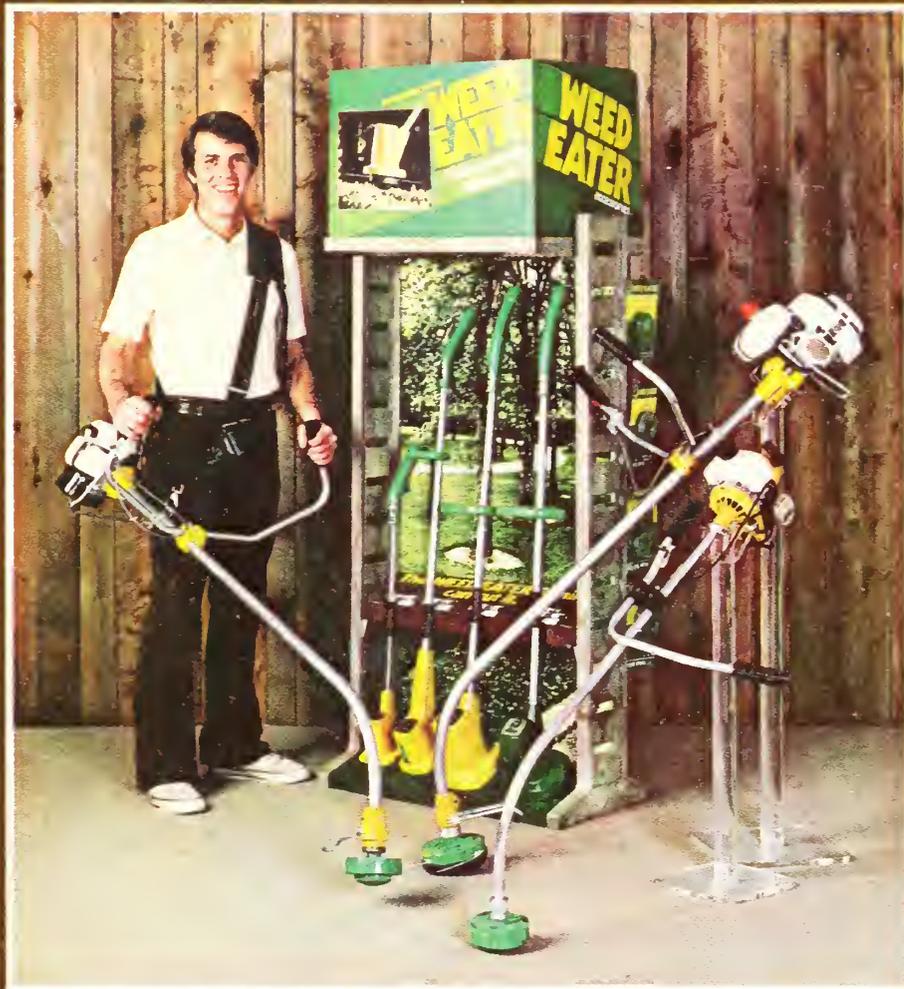
FOLIAGE PLANT SEEDS
New selection of seeds from tropical Hawaii. Write today for your free catalog. Includes many flowers and shrub seeds. **Dow Seeds Hawaii Ltd.**
Dept. HG, Box 30144, Honolulu, Hawaii, 96820.

Water Visions

Water Lilies * Lotus
Fountains
BUILDING & PLANTING WATER GARDENS
"HOW TO" BOOK \$04

Van Nuys Water Gardens
2460 N. Euclid Ave. Upland, Ca. 91786 • (714) 982-2425

Discover the greatest lawn-care tools since the lawn mower.



WEED EATER has re-revolutionized lawn-care with seven trimmers that cut grass with specially-treated fishing line. They're quicker, safer and easier than metal blades. And with every WEED EATER model, you cut hard-to-reach places without bending or stooping.

Priced from just \$29.95 (manufacturer's suggested retail), the WEED EATER family of trimmers edge, trim, sweep, mow and scalp lawns of all sizes. See this display at your nearby dealer and choose the WEED EATER model right for you.

SEE YOUR YELLOW PAGES
OR CALL THIS TOLL-FREE NUMBER

1-800-447-4700

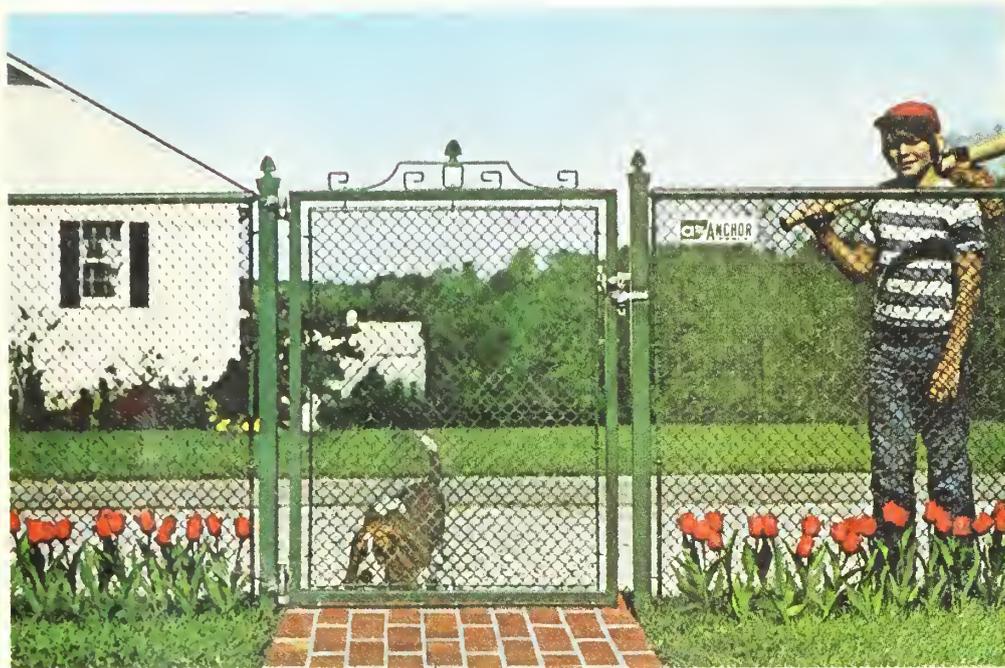
(IN ILLINOIS CALL 1-800-322-4400)

The WEED EATER Family can cut it.

The Tulip Terror



Vs.



The trouble stopper. Anchor[®] Fence.

Everyone loves Florence of the Floppy Ears, when she stays in her backyard. But how about when she's tearing neighborhood tulip beds apart? That starts the neighbors complaining about Florence. And Florence's owners have complaints of their own, like the 6th grade short-cutting through their backyard.

On the other hand, Anchor Fence has been improving neighborhood relations since 1892...while it's been protecting children, pets and property. Anchor's self-closing, self-latching gate keeps small children and pets safe and secure (not to mention the tulip bulbs).

This fence puts in a good appearance while it protects; with a handsome green vinyl coating that blends into the landscape. And Anchor is as tough

as it is good-looking.

Call your nearest Anchor representative today. Remember, with the trouble stopper, tulips stay in bed...where they belong.

Anchor Post Products, Dept. CO57
6500 Eastern Ave., Baltimore, Md. 21224

Please send information and tree sample

Send dog pen information

Name _____

Address _____

City _____

State _____

Zip _____



THE ONLY THING THAT SHOULD COME BETWEEN NEIGHBORS.

Good-sense gardening
continued from page 82

way seemed of no interest to animals grounds in filters were always carefully extracted and the paper cleaned out scattered far and wide. We blamed the foxes on general principle. We had the impression that they said to each other: "Let's go up to the farm for a chicker dinner and then down to the Boland for coffee."

NETTLES WITHIN REASON

Nettles can hardly be allowed to ram page all over the garden, but in fact they stimulate the growth of all plants in their neighborhood while actually growing, as well as being the best thing in the world to hasten the decomposing of a compost heap while providing it with rich ingredients. In the kitchen garden it is advised to grow controlled clump of them, particularly between curran bushes, which will thereby fruit better and be more resistant to disease; and nothing is better when taking in a new area for any soft fruit than to use an old nettle-bed that has enriched its own soil for many years with its own compost. It is a great relief to the overworked gardener, when someone spots a nettle that in fact is not meant to be there, to be able to say, in local dialect "Ee, now, dinna thee move thon, thon be excreting nitrogen, silica, iron, protein, phosphates, formic acid and other mineral salts, thon be."

DOCTOR FOXGLOVE

Where old cottage gardens still survive plants that over many years have been found to grow well together will be seen still doing so in what to the suburban trained eye will seem a terrible muddle. When carriage lamps appear on either side of the cottage door and one of those gardens fit for the ideal home is laid out among the first things to go on the bonfire (not even the compost heap) are the ordinary old purple foxgloves with which the whole place will have been dotted. Yet the cottager's wife could have told the newcomers there is nothing to stimulate growth and help disease resistance like the common foxglove. Apart from keeping plants healthier they will improve the storage qualities of such things as potatoes, tomatoes and apples grown near them.

BANANA SKINS

Laid just below the surface of the soil banana skins have long been said to be very good for roses, and scientists now approve the practice, having found that they are able to provide, as they rot quickly, a considerable quantity of calcium, magnesium, sulphur, phosphates, sodium, and silica.

TEA LEAVES

Old Wives, when they have finished telling fortunes, save their tea leaves to put as a mulch on camellias, which benefit particularly from them. ■

The dandelion is one of nature's prettiest villains. It's not only good to eat, there was a time when people took it as medicine.

But here in Marysville, Ohio where we have our main grass research farms, it's just another weed.

In fact, it's a bully. It pushes the good grass out of the way and takes the food in the soil for itself. This is one weed that doesn't die every year. It's a tough perennial with roots that go down as far as two feet.

And that pretty yellow blossom turns into a white puffball full of seeds that the wind carries all over your lawn.

You can't stop dandelions from coming in, the way you can with crabgrass.

You have to get this pest to get rid of it. But it's easy to lick.

We'll get these dandelions out of your lawn and that's a promise.

And don't make it hard on yourself by trying to dig it out. Leave one bit of that root and back she'll come.

But just spend 30 minutes with your spreader and our Turf Builder® Plus 2.® Your dandelion population (and a lot of other actively growing weeds) will be on the way out in a matter of days. That's our promise.

And the Turf Builder in this is our own slow-release fertilizer. It will also feed your lawn for up to two months.

In fact, if you spend 30 minutes with our straight Turf Builder every couple of months — your grass will be so thick there

just won't be much room for weeds. Good thick turf helps crowd weeds out. That's just survival of the fittest.

We sell Turf Builder Plus 2 with the plainest guarantee we can think of. "If for any reason you are not satisfied with results after using this product, you are entitled to get your money back. Simply send us evidence of purchase and we will mail you a refund check promptly."

You might also like to get our

quarterly, Lawn Care.® It's free and it's filled with good things to know about grass.

Just write us here in Marysville, Ohio 43040. You don't need a street address. We've been here for over 100 years.

Leave one bit of its root and the dandelion will be back.



The comforts of home

As surely as growth and change mark the lives of every household, the standards for comfort and convenience at home are constantly changing too. Clearly, there's always room for improvement in all our homes. And whether we need to add on, style up, reallocate space, or make essential repairs, May — Home Improvement Month — is the perfect time to get started.

Manufacturer members of the National Home Improvement Council are ready now with great selections of quality products to help you develop your individual home makeovers, large and small. Paints, wallcoverings, hardware, tools. Flooring, plaster, ceiling tiles. Cabinets, appliances, fixtures, fans. Glass, bricks, lumber. You'll find them all, and more, in fine home centers in your community. And everywhere you'll find Council contractor members to assure you of expert guidance in your major remodeling projects.

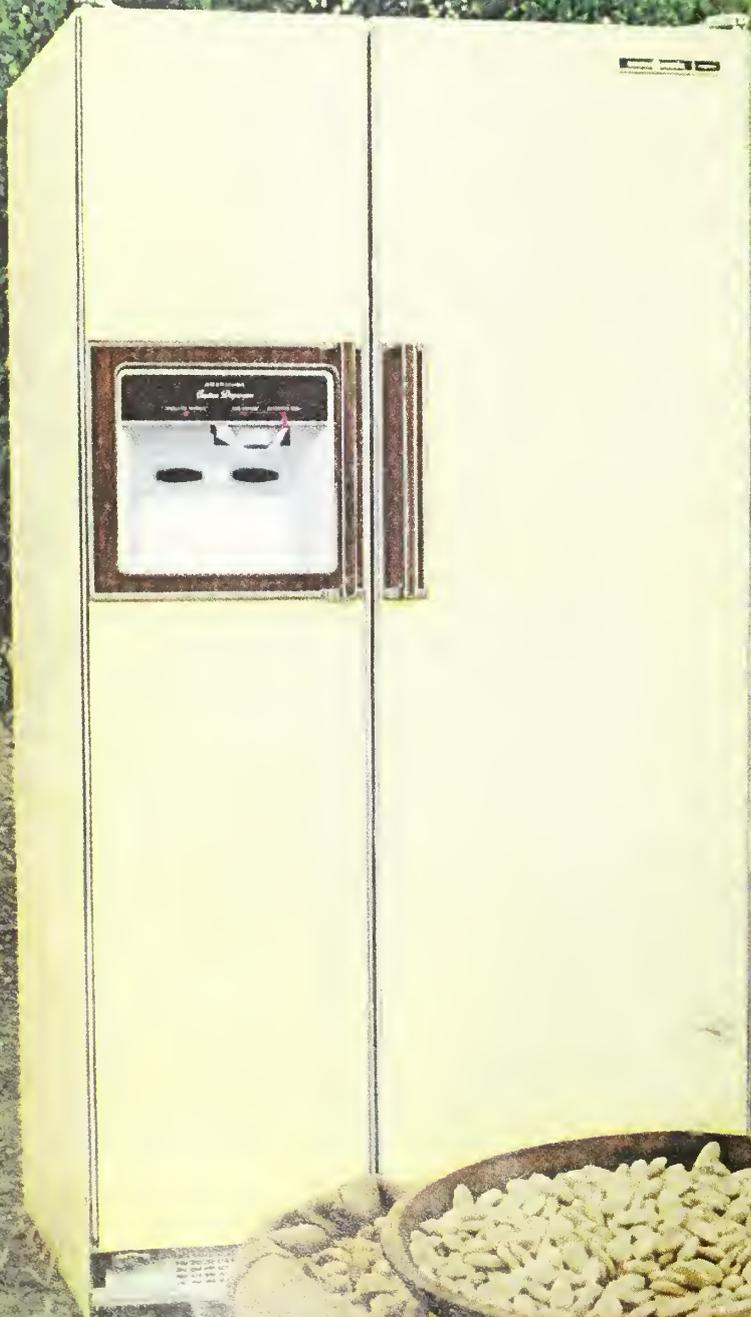
Whatever changes you're considering, begin right here — with this issue of House & Garden. It's full of terrific improvement ideas, plus information about products that will help you have and enjoy all the comforts of home...products you can count on, made by the fine companies listed here.

American Olean Ceramic Tile • Andersen Corp. • Arrow Fastener Co., Inc.
Bird & Son, inc. • Samuel Cabot Inc. • Caloric Corp./American Gas Association
Caradco Corp. • The Celotex Corporation • Champion Building Products
Congoleum Industries, Inc. • Dap, Inc. • Formica Corp. • GAF Corporation
General Electric • Jenn-Air Corp. • KitchenAid/Hobart Corporation • Kohler Company
Mannington Mills • Masonite Corp. • Master Charge • Nutone, Inc.
Pella Windows and Doors • PPG Industries • Red Devil, Inc.
Sentry Hardware • Tile Council of America, Inc.
True Value Hardware/Cotter Company • Whirlpool Corp. • York Air Conditioning



THE
NEW
NATURALS™

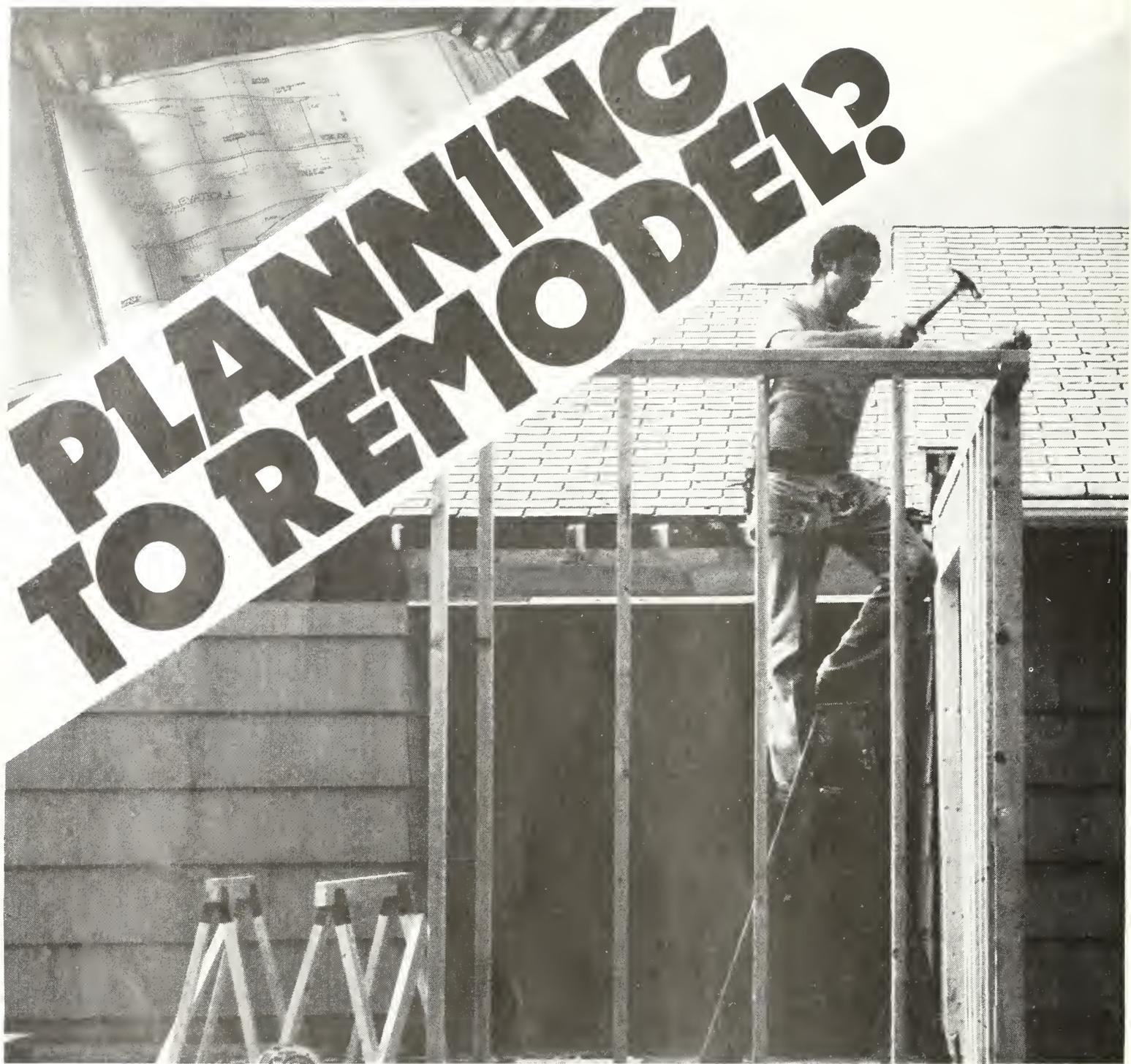
General Electric introduces colors as fresh as the great outdoors.



ALMOND



ONYX



Look for the National Home Improvement Council Member in your community. He has pledged himself to observe a Code of Ethics for your protection, and is ready to assist you in making prudent decisions compatible with your income — no matter what kind of home improvement project you have in mind.

Remember, your present home represents a big investment. One that can grow into a valuable asset if you keep your home properly maintained and improved for better living. So look for and do business with members of NHIC where you live.

To help you plan your remodeling work, let us send you a copy of our booklet, "How To Start Your Home Improvement Project With The Help of a Reliable Contractor." Send a stamped, self-addressed envelope to:

National Home Improvement Council Inc.
11 East 44th Street
New York, New York 10017

Better Your Living

NHIC

"MY DREAM ROOM."

"A place that creates a rustic, outdoor feeling indoors. Comfortable, yet elegant; with rich, earthy textures. And a shiny floor in soft, natural tones to accentuate the flow of light and space."



Mayan pattern shown available in 5 colors.

Room designed by Bill Storey, ASID.

Your dream room. For a long time you've only imagined how beautiful it could be. But now you can make it come true. With GAF GAFSTAR® sheet vinyl flooring with the Brite-Bond™ surface.

Our wide range of patterns and colors is uniquely designed. So, whether you choose to work with our rustic earth-tones or our beautifully coordinated contemporary patterns, you'll find there's only one limit to the looks you create. Your imagination.

And every pattern's a dream to look after as well as look at. Because its luxurious shine is very easy to care for, thanks to our "wax-free" Brite-bond surface.

(If desired, gloss can be restored in heavy traffic areas by occasional application of GAF Brite-Bond Floor Finish.)

GAFSTAR Sheet Vinyl Floors are available throughout the United States and Canada. For the name of your nearby participating GAF dealer, call TOLL-FREE ANYTIME 800-243-6000 (in Conn. 1-800-882-6500). Or write: GAF Floor Products, Dept. Z41, Box 1121, Radio City Station, N.Y., N.Y. 10019.

GAF® **GAFSTAR**®
Sheet Vinyl Flooring

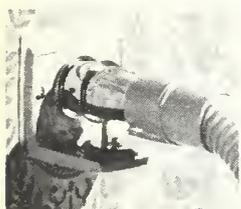
We can make your dream room come true.

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**Quiet! Lightweight!
Powerful!**

'Light and easy' is the way you vacuum your house, with Central Cleaning by NuTone. The superpowerful motor is hidden quietly away in the basement or utility room. And all you do is insert the flexible hose to "inlets" that are built right into the wall.



Cleaner...

because the system vents outdoors, to rid the air inside of even the finest dust.

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No lugging of heavy motors, no stooping and straining to plug and unplug cords, no perpetual changing of dirty little soil bags. Best of all, NuTone's Central Cleaning System can be quickly installed in new or existing homes.



Please send me FREE information about NuTone's Central Cleaning System:

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NuTone Housing Products
Scovill

Dept. HG-1C-5 Madison and Red Bank Roads
Cincinnati, Ohio 45227

■ HOME IMPROVEMENT IDEAS

for the house fixer

TIPS FOR SPRING PAINTERS

By Deanne
Raffel

Spring is an excellent time for the interior of your home to receive a much-needed face-lift. Set aside a few days to perform some exciting magic.

Purchase quality paint. The more costly paints usually do a superior job because they are formulated with better materials. Many manufacturers claim that their product will cover with only one coat. But it may not hide the under-surface if the new paint is not going over the identical color. It is safer to plan on two coats.

Watch newspaper advertisements for paint sales—usually in the spring and fall. A legitimate special of a nationally distributed brand of paint is the most economical way to coat surfaces with a superior product. Paint does not spoil as long as it is in a factory-sealed can, so take advantage of a sale, even if you do not contemplate doing the work for a considerable length of time.

If you're an inexperienced painter, try a water-base paint. It is extremely easy to apply, does not leave a strong lingering odor, dries rapidly (within 2 hours), and washes out of equipment with soap and water.

Also, if this will be your painting debut, buy a medium- to high-priced brush (never a cheap one) for cutting into corners and using on woodwork. Plus a roller frame and medium pile roller, a paint pan, and a 5-foot extension pole to attach to the handle of the frame.

To prepare the walls, chip off any loose or bubbled paint. Fill nicks in the woodwork with vinyl spackle. Holes in

walls and ceiling, too, need to be patched with spackle and sanded smooth. All mended areas must be primed before the painting begins.

Walls and ceilings should be dusted before any paint is applied. When these surfaces, along with the woodwork, are dirty—covered with grease, handprints, smoke, etc.—they must be washed. This is one of the most important steps in painting preparation. If an area is not clean, paint will not adhere well. In a bathroom, walls, ceiling, and woodwork require scrubbing with a disinfectant such as household bleach in order to kill mildew growth caused by excessive moisture.

The following hints should help make your project a success:

1. Never plan to paint on a cloudy day—pray for good sunlight.
2. Cover the perimeter of the room with newspaper, and then spread a sheet of plastic over both the paper and the floor.
3. Line your paint can with aluminum foil before pouring paint into it. When the job is finished, just peel it off.
4. Stand on a sturdy 6-foot ladder when using a brush to cut into the corners.
5. Begin roller strokes 3 feet down from the ceiling, and then roll inward to the corners.
6. Always complete a wall before taking a break—to avoid blotching. Then slip the brush into a plastic bag and use a piece of plastic wrap over the tray. If the plastic sits on the paint, it will prevent a skin from developing.
7. Do not let paint dry on equipment. Wash it out as soon as the job is completed.

You want to stay paint-free too. Wear a scarf or hat, long sleeves, and glasses.

Security shutters

Shutters that can be rolled up or down over the outside surface of windows and doors will control light and heat indoors, and also safeguard the house. Mounted outside the house but operated inside by a strap (or electric motor) the plastic slats roll up on a spindle into a valance-like box. The strap raises or lowers the Ever-Strait Rolling Shutter for as much light, sun, and air as you want. Closed, shutter conserves heat or air conditioning, shuts out glare and noise, is a barrier

to intruders, and can't be opened from outside. Pease Co., Ever-Strait Div., 7100 Dixie Highway, Fairfield, Ohio 45023.



the energy saving "springtime" machines from York



YORK
Champion E

a fresh, efficient approach to whole-house air conditioning

Today, more than ever, homeowners like you are looking for air conditioners that conserve energy. And operating dollars. With no sacrifice in cooling efficiency or comfort. That's why York offers you two lines of "Springtime Machines" which means there's a model for your home, your needs, your budget. Plus, an all-new line of super-efficient, computer-controlled Heat

Pumps for year-round heating and cooling comfort.

Get a head start on the cooling season. And find out how economical it is to put "springtime" into your life and keep it there. Write York. Contact your York Dealer/Contractor. Or write York Division of Borg-Warner Corporation, P.O. Box 1592, York, PA 17405.



The high efficiency Champion E line is pictured in the "springtime" setting. Shown here, York's standard Champion IV line with highly competitive energy efficiency ratios.

YORK Air Conditioning

BORG **WARNER**



One coat primes and protects against rust.



Derusto Minute Finish Spray has a special rust-inhibitive primer built into every attractive gloss color for one-step rust prevention. Contains no fluorocarbons. Makes rusted lawn furniture, bikes, and mowers look like new. And stay that way.

Derusto Galv-A-Grip™ primes and protects all galvanized metal in one coat. Won't check, crack or peel like ordinary paints, so it's ideal for use on gutters and downspouts. Dries in 3 to 4 hours.



Home paint-up's a snap with

Derusto® by DAP

DAP Inc., General Offices: Dayton, Ohio 45401
Subsidiary of Plough, Inc.



Old-time charm with new wall materials

New siding for exterior house walls has the look and texture of traditional boards but is manufactured in forms and sizes that cut labor and materials costs. Weldwood Yorktown, *above*, a hardboard siding 16 feet long, 8 inches wide, 7/16th-inch thick, is applied directly to wall studs, and primed for paint or stain. The woodgrain pattern and beaded edge simulate the texture and shadow lines of Colonial lap siding. Weldwood Great Divide, right, of fir plywood, comes in 4-foot-wide panels, 8, 9, 10, or 12 feet high. With shiplap edges, the panels have deep grooves, batten-like striations for a board-and-batten effect. Champion Building Products, 1 Landmark Square, Stamford, Conn. 06921.



Solar heat saves \$

Capturing sun heat to supplement or save fuel expenditure in heating the house, or the household water supply, is the purpose of solar collectors. The "Sun Panel" collects solar heat and converts it to hot-water heat. Usually located on the roof, it has two panes of tempered glass in a frame with a well-insulated back absorber plate. Sun rays pass through the glass (where they are trapped) to heat the black surface of the copper absorber plate. This heat quickly passes into fluid in copper tubes lining the plate, which connect to a heat storage tank in the house. The stored heat is used as needed by the house heating system. Libbey-Owens-Ford Co., 811 Madison Ave., Toledo, Ohio 43695.

A greenhouse in your window



This small greenhouse can be attached to outside wood or metal window frames. Sizes range from 40 to 65 inches wide by 40 to 72 inches high, by 12 to 16 inches deep. Of extruded aluminum with baked-on white or bronze finish, the greenhouse has single or insulated glass walls and a rain-shedding, sloping glass top. Side vents for air, with hinge hardware and cam locks on each vent, are included, as is wire insect screening. Shelves are galvanized steel rods; a humidity pan is at bottom. Assembled, shipped, from \$200-\$400. Alenco Div., Redman Building Products, Box 3309, Bryan, Tex. 77801.

Continued on page 98

BRAVURA. AVANT GARDE ELEGANCE FROM KOHLER.



Bravura. For the bold, uncluttered design of contemporary living. A complete line of newly designed faucets and fittings. Scaled to accentuate the decor of today's sophisticated bath and powder room.

Bravura. Sleek and distinctively modern. A creative blend of imaginative designs and Kohler craftsmanship. Choose from a selection of four lustrous finishes—satin or polished, 24 carat gold electroplate or chromium.

Bravura. Confident and commanding. Newest addition to the Kohler Faucet Collection. A dependable line of faucets for your bath and powder room.

For more information about Kohler plumbing products, send 50¢ to

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Send for new decorating ideas for every room in the house.

With beautiful, practical ceramic tile from American Olean. It's the natural thing to use™



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Here's my 25¢. Please send your new booklet
Decorating Ideas with Ceramic Tile.
We're planning to build remodel

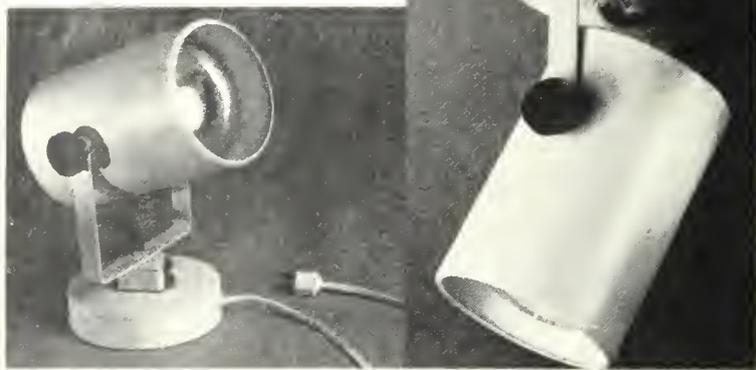
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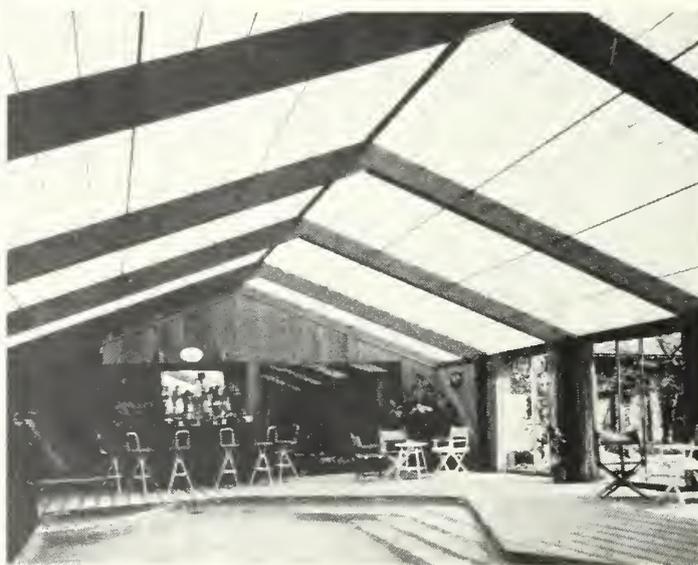
House fixer
continued from page 96

Up and down lighting



To dramatize plants, paintings, sculpture with a floor-level spotlight, plug any 1-circuit track light into this 5-inch-diameter portable base, *above*, and place it on floor or shelf to silhouette the object. Eight-foot cord permits you to change its locations. Portable base, \$33.60. To spotlight an object from overhead, use a single-spot lamp shield. It has a built-in length of light track, and fits over a 3- or 4-inch ceiling or wall electric outlet. A 1-circuit track light will plug into the cover for downlight spot effects. Lamp shield, \$14.40. Lightcraft NuTone Div., Seovill, Madison and Red Bank Rds., Cincinnati, Ohio 45227.

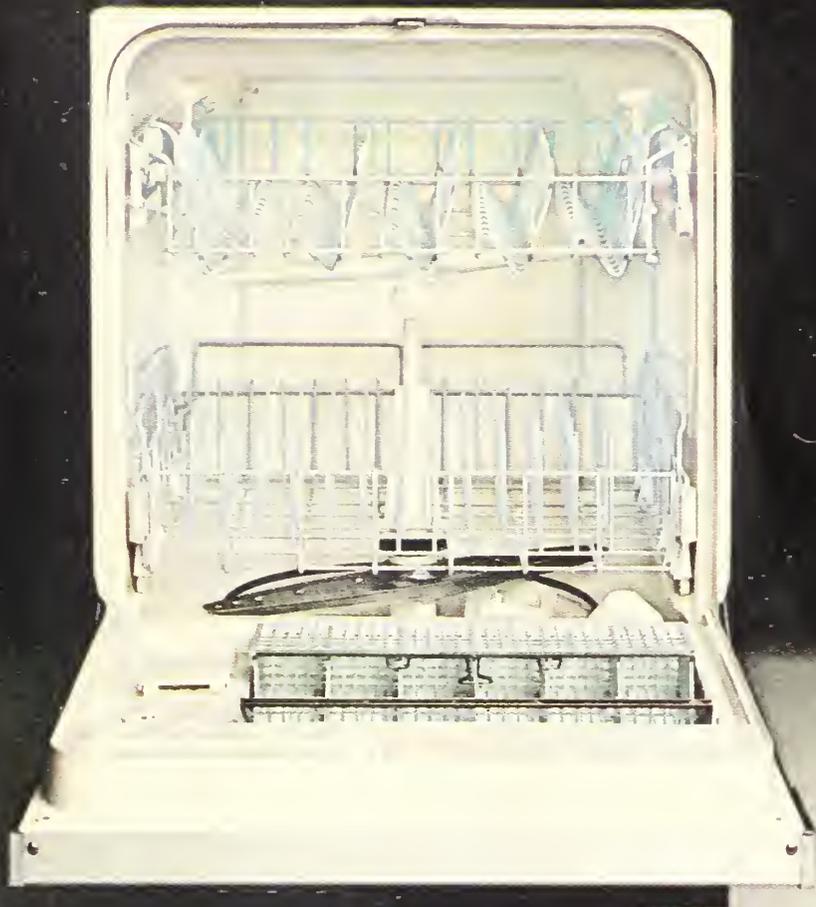
Skylighted rooms



Translucent roofs over entire rooms are possible with the Kalwall System of fiberglass panels and aluminum box beams. The 2¾-inch-thick translucent, sandwich-like roof panels consist of two fiberglass face sheets bonded to aluminum I-beams. They insulate as well as transmit light. To provide sun control, the Kalwall panels can be varied to admit from 3 to 65 percent light. Lightweight, the standard units (1½ pounds per square foot) and box beams are put together as custom-designed skyroofs (or other structural building elements), and are available in color finishes. Structures Unlimited, Inc., 37 Union St., Manchester, N.H. 03103.

Continued on page 100

Nobody told us to make it better.



Why aren't we satisfied with merely building a dishwasher that washes dishes and making a comfortable living off selling it?

Because long ago we realized that to survive in this harsh competitive world, an appliance manufacturer, like the corner diner, has to deliver a better hamburger or die.

So we designed our dishwasher to wash dishes, of course. But then we put the silverware and cutlery baskets in the door.

Why? Not because you asked for it, but because we think it's a convenience that simplifies loading and saves your fingers from occasional nicks and jabs.

We included a super scour cycle should you dare entrust a pot to a dishwasher and expect it to come clean. Because we expect it to.

We designed the top rack to tilt easily so you can put in unusual loads.

We included sound insulation so it runs quietly. And we even installed a switch that lets you save energy by air drying the dishes if you like.

We do all this because we believe everything we make, from dishwashers to washers and dryers, says a lot about us.

And we want it to say only the best.



Whirlpool
Home Appliances

We believe quality can be beautiful.

Save enough in energy to buy a lot of extra luxury with Caradco wood windows.

You can use Caradco windows generously to capture the outside view while conserving energy inside. Enjoy wood's natural warmth—nature's best insulator and energy saver: warm to the touch and pleasing in appearance. Insulating glass cuts heat loss through the glass in half. Vinyl gaskets cradle insulating glass and form leakproof, weathertight seal. Total-perimeter weatherstripping provides weathertight seal around entire window. And Caradco's unique triple glazing offers even more energy-savings.

Meanwhile, you create the fashionable look you want. Traditional, contemporary, your choice entirely.

Choose from traditionally elegant double-hungs (A), handsome, convenient slider windows (B), efficient, modern casement style (C), or Caradco patio doors (D), for the ultimate in comfortable indoor-outdoor living.

See your nearby Caradco dealer or builder for details.



Saves energy naturally

Caradco

Caradco Window and Door Division
Scovill

Caradco Window & Door Division, Scovill,
P.O. Box 920, Rantoul, IL 61866

Dept. 1557

Send me free information on Caradco's energy-saving wood windows and patio doors.

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Address _____

City _____ State _____ Zip _____

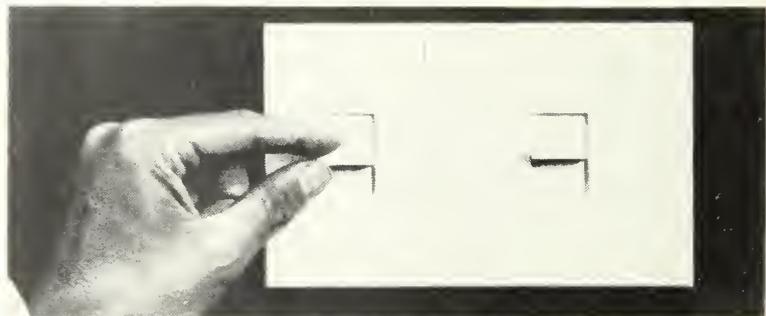
House fixer
continued from page 98

Blackout baffle



This security light goes on automatically if electricity goes off in a power failure. It can also serve as a portable flashlight or a night light. General Electric's Home Sentry, Model 8350, plugs into any electrical outlet to provide 0.5-watt lighting. It has a three-way switch; in the AUTO position, the light is charged and recharged from house current (it needs no batteries)—ready for use if power fails. The ON position is for flashlight use. OFF just for recharging. AC only, 120 volts, Underwriters' Laboratories, Inc. approved. It is about \$12.95 at hardware, electric supply, or department stores and home centers.

Dimmers with a difference



New light dimmers have vertical slide controls for smooth, quiet operation. Precisely calibrated, they let you dim light intensity gradually with only fingertip pressure. Simple, contemporary-styled face plates come in white, black, brown, beige, or matched to your own color choice. For incandescent or fluorescent lighting control, the switch, below, left, with 2¾-by-4½-inch plate, controls 600- to 1,000-watt lighting; the 4½-inch-square, below, right, controls 1,500- to 2,000-watt lighting. Nova by Lutron, Coopersburg, Pa. 18036.

Energy saver air conditioner

This room air conditioner has a built-in timer which turns it on or off automatically. If you are away for the day, you can set the dial to start air cooling at 3 P.M., so the house is comfortable when you return. You can also set the time for it to turn off. The 12,700-BTU model, and four other portable units, include an Electri-Saver Cooling control for more energy saving. It turns off the compressor and fan when a preset temperature is reached. Controls are hidden behind the wood-grain front panel, which slides open. \$429.95 suggested retail price through dealers. Frigidaire Div., General Motors, Dayton, Ohio 45442.





**Walls that live up to
the way a kid lives.
That's the beauty of Masonite.**

Brand Paneling

Nobody is harder on walls than kids. That's why nothing is better on kids' walls than Masonite brand paneling. It's more than beautiful, it's tough. And it wipes clean with a damp cloth.

Look for this Earthwood design paneling and many others at your Masonite dealer. It's a practical way to make a beautiful room for your kids.

Man-made finish on real Masonite brand hardboard


MASONITE
CORPORATION

Room design by
Larry Deutsch, A.S.I.D.

KitchenAid® owners tend to brag a little.

33-6306 234-111
After 5 P.M.

WESTERN BAY BY OWNER
OPEN SAT-Sun. 1-5PM

3 Bedroom ranch, 1½ baths, spacious living & dining rooms, rec. room, family room, large eat-in kitchen, wooded lot, recently decorated, new KitchenAid dishwasher & carpeting. High \$50's.

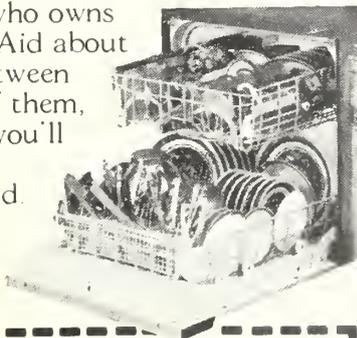
N. OLMSTED BY OWNER
3 B.R. Ranch, attached garage R., family room, separate dining area.

This ad appeared in the real estate section of the Cleveland Sun-Herald on June 3, 1976.

Another example of why we say no one does a better job of selling KitchenAid dishwashers than KitchenAid owners. That's because they know firsthand how good and efficient KitchenAid dishwashers are.

Maybe that's why KitchenAid is the one people who own dishwashers say is the best. And that's a good reason to check out KitchenAid when you're buying a new dishwasher.

Ask your KitchenAid dealer about the Load-As-You-Like KitchenAid Superba, with easy loading and all-around cleaning action. Then ask someone who owns a KitchenAid about theirs. Between the two of them, we think you'll choose a KitchenAid.



KitchenAid® People say it's the best.

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Insulation Making your house snug

By Jim
Morgan, AIA

They say next winter's going to be cold, too—so now's the time to decide about insulating. An architect tells you what to look for

What's new in insulation is not the techniques nor materials (most have been around for 15 years or more). It's that homeowners are now aware of insulation's value and, after the hazards of this winter, excited to know more about its potential.

Sudden increases in fuel cost in the past two winters have made everyone conscious of the need to reduce fuel consumption. One way is to lower room temperatures; another is to be sure all cracks around doors and windows are tightly sealed; and the third is to install ample amounts of insulation in all roofs, walls, and floors that are exposed to the outdoors.

What is insulation exactly and how does it work in the average American house?

Insulation is simply building material, which has many pockets of trapped air distributed through its thickness. Wood is the ultimate natural insulation—its interlocking microscopic fibers have lots of air around them. But solid wood walls, as in a log cabin, have not been economical to build since the Great Frontier was closed. The insulating materials available and used today—foamed plastics, glass fiber and mineral wool, and a variety of fiberboards—all have a capacity similar to wood, to resist the passage of heat, but at much cheaper cost.

How exactly do the pockets of air resist the passage of heat? The natural movement of heat from warmer to colder surfaces and volumes is related to their difference in temperature. It is a form of vacuum pressure. When the indoor and outdoor temperatures are within 20 degrees of each other, the intensity of heat transfer is negligible. But when the difference climbs to 60 or 70 degrees (as when outdoor temperatures drop to 0 degrees Fahrenheit—common all over the country this past winter), heat from inside virtually flies through the walls and roof of uninsulated houses. And, of course, the same transfer takes place in reverse in the summer, when the sun

beats down on the roof all day. So insulation works both ways.

In order to move through a wall, heat is conducted through the solid material (such as the inner surface of plaster or gypsum board). It flows easily from molecule to molecule of such materials toward the cold. But when it comes to an air pocket, it must change into radiant heat to cross that space. That slows it down, because less heat can be transferred in a minute, let's say, by radiation than by conduction. When the heat hits the other side of the air pocket, it must turn back into conducted heat. And so on. The more separate air spaces, the better. That's why foamed plastics, polyurethane, and polystyrene work so well. They consist of thousands of self-enclosed air bubbles, each of which the heat must jump across individually.

It is impossible to build a wall which does not eventually lose some heat. And the cost of a superefficient wall may be far greater than will be recovered in fuel savings over a reasonable period of years. In other words, each homeowner should be sure that the basic cost of insulation (probably no more than \$1,500 for the average-size house) will result in \$150 or more of savings each winter in fuel cost.

Most American houses (even many which appear to be built of brick or stone) have wood-frame construction. That means the walls are essentially hollow—a 3- or 4-inch-wide gap with more than a foot of space between each upright member or stud. The roof and top floor ceiling, likewise, generally have more than a foot of space between the rafters and joists, as horizontal structural members are called. Those spaces are perfect for insulation. A century-old method of building has proved to have an excellent capacity for energy-conservation improvements.

Heat loss varies through the roof, walls, and floor. The roof is the most vulnerable, because warm air rises. The thickest layer of insulation must go there, either in the roof structure, or in the floor of the attic (if there is one). Exterior walls are the next most important, and finally, floors over unheated or exposed areas.

A wide variety of insulating materials are available today. Mineral and glass wool products can be had in paper-wrapped batts or rolls of material called blankets, each sized to fit tightly between

Continued on page 104

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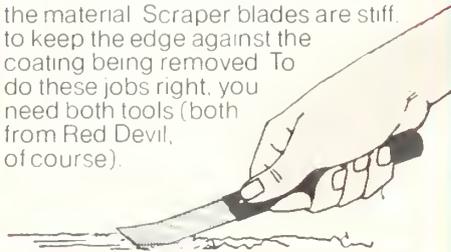


More home fix-up tips from the pro.

Fill the tub before you caulk. (Get in if you can, too.) Then, when the tub is empty, it'll rise slightly and squeeze the caulk. Even a good flexible caulk (like Red Devil's) will serve you longer when the filled weight is not stretching it between the tub and wall.



A putty knife is not a scraper. And vice versa. Putty knives (for spackling walls and putting windows) have flexible blades to smooth-on the material. Scraper blades are stiff to keep the edge against the coating being removed. To do these jobs right, you need both tools (both from Red Devil, of course).



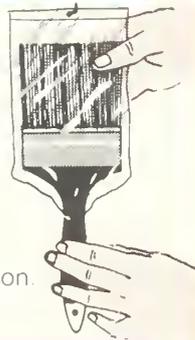
Caulk is caulk is caulk? Wrong!

Latex or acrylic latex caulk provide excellent durability (especially when painted) and easy clean-up for most uses, but you'll need butyl caulk for the water resistance required at or below ground level. Different caulks for different jobs, that's why Red Devil offers different kinds.



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Those cheap one-piece roller and cover combinations often don't put enough paint on the wall or put it on unevenly. The results? You'll have to buy more paint to apply an extra coat. Better roller covers (like Red Devil's) will help you get the most "mileage" out of your paint.



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Red Devil has hundreds of things to make your home fix-up easier. Look for them wherever you shop for home-care products. And for best results, always follow directions on the package.

Red Devil

UNION, N.J.



Insulation
continued from page 102

studs or rafters. Glass wool and mineral wool can also be blown into attic floor spaces. Foamed plastics can be purchased in boards. In some localities, insulating contractors will foam polyurethane into empty wall spaces. That means making a small hole in the gypsum board between the studs in the room-side of an exterior wall; otherwise either the inside or outside surface of a wall must be removed to insert the insulation. (Foam urethane must be covered with a fire-resistant barrier). A wide range of rigid fiberboard, which is primarily wood waste or paper pressed into 4-by-8-foot sheets, can be found at any lumberyard or home-improvement center.

The most important factor is the total thickness of the insulation. It can be a collection of three or four different types of material since the roof decking, the sheathing and siding on the walls, and the flooring all add insulating value that should be counted in. Manufacturers have standardized on the "R" (for resistance to heat transfer) rating, which varies for roof, wall, or floor applications. Standards of thickness have been raised appreciably since the energy crisis, and it is important that you buy thick enough material to meet those recommended for your climate. In most cases, that means a total of 8 inches or more in the roof (R=30), 4 to 5 inches in the walls (R=20), and a minimum of 3 inches in exposed floors (R=8).

Each type of material has installation advantages that make it preferable for certain situations. Blown-in insulation is excellent for attics of existing houses but not so good in walls (tends to settle). Batts are best for walls that have no interior finish or whose interior surfaces are being replaced. Foamed plastic boards are ideal for applying on the outside of walls or roofs with a new weather surface placed over them. It is not difficult to figure out what is best for your circumstance by figuring out the easiest way of applying it. Insulating materials themselves are not expensive. The labor to install them can be, however, if common-sense building procedures are not followed.

Once insulation is installed (or in houses already insulated), there are two or three other considerations to keep in mind. Except for the foamed plastics, which do not absorb water, insulation must be kept dry. Wet insulation cannot resist heat transfer. That means weather-exposed surfaces must be watertight. If possible, air should circulate around the batts or blankets, but a vapor barrier on the room-side of the exterior wall may be necessary to keep household moisture from getting to the insulation.

Another important consideration—make sure that windows and doors have

Continued on page 108

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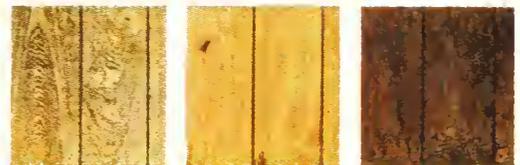
We want you to know how important it is to pick the right panel for the right room and decor. (Notice how the hardwood beauty of our Charter Pecan™ paneling works with the lighting, artwork and accessories to achieve something unique in this picture.)

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We make Weldwood paneling. And we make all kinds of other building products like lumber, sheathing and Weldwood® sidings. You can find them all at your Headquarters' Champion Building Products Dealer (formerly U.S. Plywood). He's listed in the Yellow Pages under "Paneling."

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Write for your free booklet of Tiara Ceilings by Celotex, Advertising Department, The Celotex Corporation, Tampa, Florida 33622.

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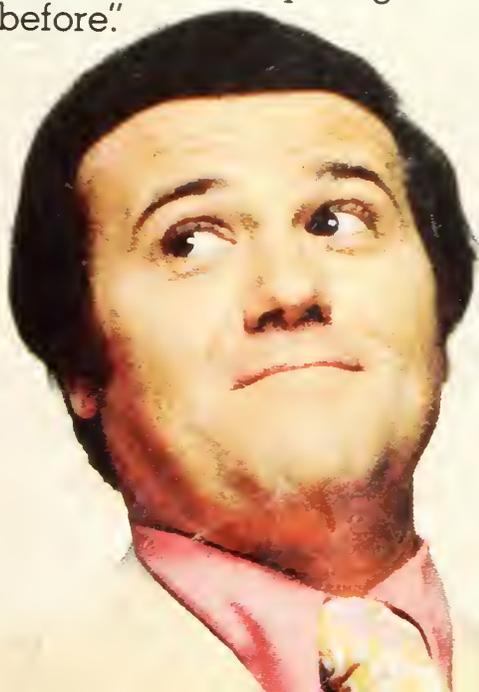
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Tile Council of America, Inc., P.O. Box 2222, Room 726, Princeton, New Jersey 08540

Insulation

continued from page 104

insulating glass or storm sash, especially on the sides of the house from which winter winds generally come. As noted earlier, cracks around doors and windows absolutely must be sealed. If all that is done, you may find it necessary in winter to open a window or use ventilating fans occasionally to remove excess moisture from cooking areas or showers. But that is the sign of a thoroughly weather-proofed house.

A well-insulated house is worthwhile for reasons other than just cutting down fuel bills—although that is the most important one today! Drafts and cold surfaces, especially floors where children play, can be totally controlled by the means outlined above. The more appropriate insulating and weatherproofing techniques you apply, the better the comfort result. Finally, no one wants to buy or even rent a poorly insulated house these days. Public awareness of the value of insulation means that a well-prepared house gains far more in resale value than the insulation costs to install. In many ways, insulation is the best bargain in building today.

A well-prepared house gains far more in resale value than the insulation costs to install. Insulation is the best bargain in building today

And now is the best time to insulate. Because the price of insulating materials remains constant, it is in the early spring, before contractors get started on larger projects and are looking for work, that labor costs for installation will be lowest, and therefore the overall cost the least. Autumn and winter are *not* good times—that's when insulation installers are usually busiest.

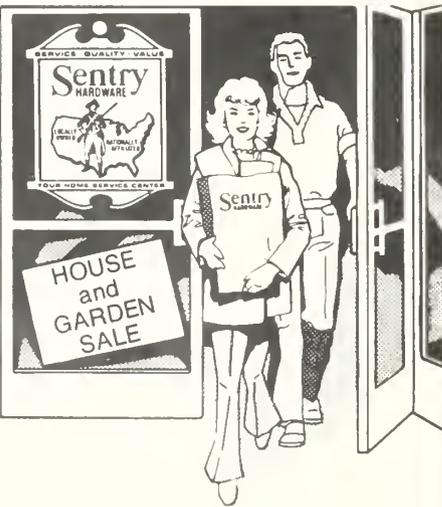
When you approach insulating contractors, be sure to inquire about all the techniques described here, asking estimates for each. Talk to more than one contractor. Sometimes a contractor specializing in one method or one brand of insulation will fail to mention another, which in your case would be as good and less expensive. Ask at lumberyards for names of installers; then ask the installers for names of prior customers whose experience in fuel consumption can be checked before and after insulating.

And, of course, insulating and weatherproofing are perfect do-it-yourself projects. They can be done in easy stages, and little experience or technical knowledge is necessary to install them. ■

Everything for the home-fixer

Shop at the store with the Sentry on the door!

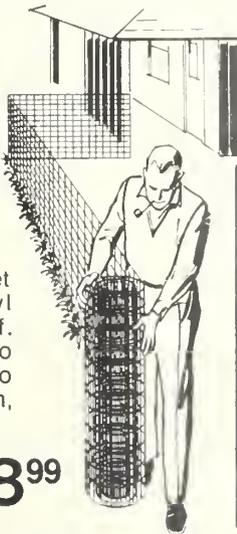
Your neighborhood Sentry Hardware dealer will be glad to help you select tools and materials to repair and improve your home... beautify your lawn and yard... plant a vegetable or flower garden... handle hundreds of do-it-yourself jobs. One of 4,500 in the U.S., he's listed under "Hardware."



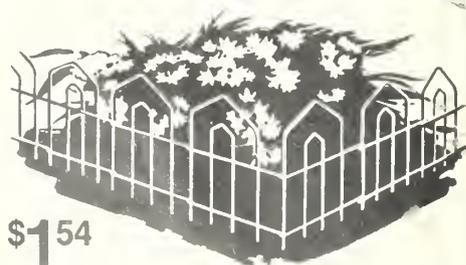
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Hot Coffee Chicken à la Jenn-Air! Basted with a molasses 'n coffee barbecue sauce, it's open-spit roasted without smoking up your kitchen.

It's chicken with a man-sized taste, spicy, smoky, with a rich coffee flavor. And it's cooked juicy as a plum on the Jenn-Air rangetop spit roaster, one of five different Jenn-Air Cooktop Convertible units that let you spit roast, grill, griddle, shish-kebab, and deep fry all on top of the range without smoking up your kitchen.

To make Hot Coffee Chicken, combine $\frac{1}{3}$ cup strong black coffee, $\frac{1}{3}$ cup catsup, $\frac{1}{4}$ cup of Worcestershire sauce, 4 Tbs. butter, 4 Tbs. molasses, 2 Tbs. lemon juice, $\frac{1}{2}$ tsp. salt, and $\frac{1}{4}$ tsp. cayenne pepper, and simmer for 30 minutes. Use this sauce to baste the chicken turning lazily on its spit. Don't worry about drops. Smoke, spatters and odors are whisked away to outdoors by Jenn-Air's rangetop ventilator located just inches from the meat.

Jenn-Air brings you other ways to cook, too, with the Jenn-Air convected Power Oven that lets you roast or broil in the normal way, or just by flicking a switch, lets you cook foods in a stream of power-driven air at up to 50° cooler temperatures in up to one-third less time. For the Jenn-Air dealer

nearest you, see the Yellow Pages, call toll free 800-428-1825, or write Jenn-Air Corporation, 3035 Shadeland Avenue, Indianapolis, Indiana 46226.



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Finding and working with a contractor

By Michael deCourcy Hinds

Before you start on a remodeling, here's some basic advice on selecting a contractor, writing a contract, choosing materials

A-ok? Accurate? Blitz? El Greco? Michelangelo? Perfect?

Stop! You're on the wrong track. The Yellow Pages are good for finding phone numbers, but when it comes to choosing a contractor to remodel your home, you can't let your fingers do the walking. Blitz might be quick, Accurate might be neat, but one of the others might, as Groucho Marx used to say, turn your home into the place where you hang your head.

Well then, how do you find a contractor who will redo the bathroom or build that new kitchen you can't wait to cook in? It's a straightforward remodeling or add-on; you know exactly what you want done, and don't feel you need an architect or a designer this time. What you need is a competent, reasonable contractor.

A prime source of information is the National Home Improvement Council, 11 East 44th Street, New York, N.Y. 10017; home-building contractors make up much of its membership. And if anyone knows how to select a contractor, an architect should. George Lewis, executive director of the American Institute of Architects in New York, said that when he needs a contractor in an unfamiliar area, he asks local architects for recommendations. But would this information be available to nonarchitects? "I should think most architects would be very glad to supply a list of competent contractors," he said. "The architect might even help solve a small design problem—architects are very accessible, and they won't charge you a bundle just to walk in the door."

"But," he continued, "if you are new in town or don't know any architects or contractors by reputation, you've got to ask around and talk to people who have had similar work done."

Word of mouth, then, is still basic. So plant your grapevine early and allow it time to bear fruitful contractors when you need them. Fertile soil lies anywhere within the construction field. Track down architects, interior designers, engineers, builders' associations, contractors' supply houses, even hardware-store owners — using the Yellow Pages, if necessary — and ask for recommendations.

Be on the lookout for workmen and contractors' trucks in your neighborhood, and ask owners if their work is satisfactory. Weigh the recommendations, then pick the three or four with the best credentials and the most experience in the type of project you have in mind.

Now for the private-eye work. For safety's sake, check out the contractors with the local consumer council and Better Business Bureau. Both agencies maintain active complaint and litigation records, run credit checks, and verify contractors' reliability. In some communities, the consumer councils also license home-improvement contractors. Licensing varies so much from place to place, though, it's wise to have local regulations, insurance requirements, and the like explained.

"The most common homeowner's complaint," said Jean Ende, director of consumer information at New York's Consumer Affairs Bureau, "is that the contractor's workmanship and materials are shoddy." In many cases, however, complaints spring from semantic misunderstandings and unfounded expectations.

How to avoid misunderstandings

Get everything in writing. While compiling a list of recommended and reliable contractors, you should also be preparing a complete description of your project. The same sources who recommended contractors can help you assemble the following information, which will be included in the final contract:

1. Draw rough floor plans and sketch details of walls and ceilings for exact placement of electrical outlets, switches, lights, shelves, closets, counters, sinks, tubs, doors, windows, and any other additions. Include measurements or approximations.
2. Specify brand names, manufacturers' model numbers, and color codes for all appliances and fixtures. This way, you'll find out what equipment is or is not available and how much it costs.
3. List brand names and grades, when

Continued on page 113



New PPG Solarcool[®] glass for homes is a beautiful way to cut air conditioning costs.



Until now, PPG Solarcool Bronze reflective glass was used mainly for commercial buildings and institutions.

Now, it's available in 1/8-inch thickness, which makes it practical for homes, too.

In this model home nestled in the foothills above Anaheim, California, PPG Solarcool reflective glass looks perfectly stunning. But it has a practical side, too—the inside. Compared to clear glass, PPG Solarcool Bronze reflective glass delivers a 15- to 18-percent energy saving in air conditioning in this house—by reducing heat gain from the brilliant Southern California sunshine. (Data based on PPG computer energy analysis of

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In the daytime, the subtle, mirrored facade of Solarcool sharply reduces visibility from the outside: when you're inside, you can enjoy comparative privacy.

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The Cabinetpak concept: the *whole* cabinet doesn't have to be replaced to create a new cabinet look. So Cabinetpak craftsmen merely remove your old steel or wood cabinet doors and drawer fronts—replacing them with handsome *new* panels surfaced with FORMICA® brand decorative laminate. All other exposed cabinet areas are then covered in matching laminate.

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Working with a contractor
continued from page 110

applicable, for all building materials such as paint, wood finishes, wood flooring, windows, doors, roofing, siding, paneling and plumbing.

4. Specify all details you can name, especially those most dear to you, be it mitered corners on cabinets or a 4-inch step between kitchen and patio.

These preliminaries will help organize your ideas, clarify design and cost, and, best of all, help eliminate misunderstandings with the contractor. Unless plans are carefully specified, contractors follow their own instincts in construction. And, too often, a contractor's idea of a clothes closet is the homeowner's idea of a broom closet—or vice versa. Before estimating dimensions, take sample measurements of other closets, shelves, counters, or whatever it is you're considering.

How to educate yourself

Don't worry if you don't know the difference between a BX cable and a PCV pipe—you'll learn quickly. Familiarize yourself with building materials and equipment in catalogues, and at home centers and lumberyards. While you go about picking contractors off your grapevine, get advice about types of wood for flooring, pipes for plumbing, how much and what kind of insulation you ought to use in your house. Another invaluable source of information is the local building department; its inspectors can supply you with the exact legal specifications for any project. To help interpret all this information, pick up one of the innumerable home-improvement manuals, such as the Reader's Digest's *Complete Guide to Home Improvements*—it's well-illustrated and refreshingly lucid.

The ultimate way to develop your project description is by questioning carefully each contractor who comes to make estimates. Have him outline every step of construction and list all material necessary for the job.

While contractors are wandering through your house, take advantage of their expert opinions. A good contractor is to your house what *Roget's Thesaurus* is to writing—a treasure of alternative suggestions. Ask the contractor what he would do, whether your problem involves light, space, decoration, or structure. Perhaps he'll have a novel solution. But, as in any professional consultation, don't take one opinion as Hoyle. Maybe your house needs that solid brick wall that the contractor would like to replace with a sliding glass door.

Give each bidding contractor a copy of your project description, updating it when necessary, and request that bids specify every detail of the project, total cost, and completion date. This method

Continued on page 116



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 25¢ enclosed for Cabot's full-color handbook on stains

Working with a contractor
continued from page 113

will provide a solid basis for comparing bids, and you will know that materials aren't being compromised for profit or competition.

Typically, though, bids vary outlandishly and you may have to ask more contractors to submit bids. A high bid does not necessarily mean high-quality workmanship; it might only mean that the contractor is so busy he will only do the job for a royal ransom. Likewise, a very low bid may not mean shoddy work; it may mean the contractor is short on work and is desperate to cover his overhead expenses. In either case, be wary.

When you think you have found a suitable contractor with a reasonable estimate and completion date, ask him for a list of similar projects he's done. Although it is unlikely that a contractor would refer you to a dissatisfied client, stranger things have happened. In any event, a visit or two will give you a preview of his workmanship and a chance to chat with his clients—who might share the wisdom of hindsight.

Writing the contract

If the cost of the project warrants it, hire a lawyer to write the contract. If your own lawyer isn't conversant with contractors and construction, he'll be able to suggest a lawyer who is. Never, however, use the contractor's lawyer, no matter how reasonable it may seem . . . it's simply a conflict of interest.

With or without a lawyer, the contract must include the entire project description with materials and plans, and the following six items:

1. Names and license numbers of all subcontractors, and the homeowner's right to have them substituted should their workmanship be poor.
2. A specific completion date, followed by the phrase "time of the essence" (i.e., June 10, 1978, time of the essence). "In court," said Long Island attorney Peter Feilbogen, "that phrase means the completion date is more than a joke." If the contractor balks at one date, compromise—if you wish—on a more distant date. "As soon as possible," however, means nothing. A specific date, no matter how distant, will at least allow the homeowner to minimize lost time without being liable for breaking the contract.
3. Include the phrase "workmanship must be the best known to the trade." Though ambiguous, the statement has some legal significance in a contract.
4. Include a guaranteed maximum price for the completed job, and a schedule of payments. For small projects, the total price is typically broken into thirds: one-third as a down payment after signing the contract; one-third when the work is substantially in progress; and the final

Continued on page 119

FREE Window and Door Idea Book For traditional and contemporary homes.

Pella Idea Book. 16 pages in full color packed with interesting examples of how the right windows can add beauty and livability to your home. Tells how Pella Wood Windows make washing easier, cut energy costs and need no painting. Contains a helpful guide to different window types, and how each works. Describes the important things to consider in proper placement of windows. In short, it contains everything you need to know to make an intelligent decision about windows. And it's yours free!



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Our heavy-weight Architect[®] 70 shingles are made with two laminated layers of premium asphalt that can't rot, curl, or burn like wood. They'll protect your home and retain their beauty for years to come.

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Please send me your newly revised, idea-packed booklet, "What you should know about roofing and siding before you build or remodel." I enclose 50c in payment. I am planning to:

build remodel.

House & Garden—May 1977

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Please include facts on Solid vinyl siding
 Solid vinyl gutters Ornamental plastic shutters.



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These kids threw a "stain party" treating Tru-Test E-Z Kare latex flat enamel to their messiest materials: motor oil, chocolate bar, blueberry preserves, ketchup, peanut butter and mud. You see the results below.

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"Tru-Test E-Z Kare gives walls and woodwork the soft, luxury look of latex with the scrubbability of enamel."

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 Tru-Test Paint color and decorating consultant.

Now you can create fresh new beauty that's virtually childproof in any room, on walls and woodwork. Tru-Test E-Z Kare latex flat enamel keeps stains, grease and grime from penetrating so most stains wash right off. Even after heavy scrubbing or scouring there's no "shine" or need to repaint. Tru-Test E-Z Kare outlasts ordinary latex, yet the painting's easy, cleans up quick with soap 'n water. Choose white or custom colors.



Over 5,000 True Value Hardware Stores own three modern, efficient Tru-Test factories to assure you highest quality paints at direct-factory savings.



Tru-Test Paints are sold exclusively by True Value Hardware Stores who own their own paint factories. Look under "Paint Tru-Test" in the Yellow Pages.



orking with a contractor
Continued from page 116

rd when the job is complete and your
use has been "broom cleaned."

For larger jobs, negotiate the small-
down payment possible, and reserve
certain percentage—the more the bet-
—for the final payment. Payment
while the job is in progress should only
made upon presentation of paid bills
labor and materials specified for your
project.

Mr. Feilbogen, who usually repre-
sents contractors' interests, momentarily
switched sides to offer some suggestions
on payment schedules. Of the one-third
down payment, he advised that only 10
percent be paid on signing the contract,
the remaining 23 percent when the con-
tractor's crew reports to work. The mid-
dle payment should only be made upon
presentation of paid bills, as in larger
projects.

The contract should include this
clause: "Final payment will be withheld
until the contractor presents releases or
proof of payment from major suppliers
and all subcontractors." Mr. Feilbogen
pointed out that if suppliers or subcon-
tractors don't get paid, they can success-
fully sue the homeowner—even if he
has paid the general contractor in full.
The contract should require the con-
tractor to secure all appropriate building
permits and to have electrical systems
inspected by the National Board of Fire
Underwriters.

Before signing, reread the bottom
clause: "No agreements unless recorded
above are binding." You might take it
home and think about it for a few days.

Supervising the job

With a tight contract and a well-recom-
mended contractor, supervision of the
project should be minimal. But it rarely
even architects spend a lot of time
checking to make sure the work is going
well—and that nothing has been over-
looked. Every project has its idiosyn-
cies, and you will have to make prac-
tical and esthetic decisions while the work
is in progress. And that way, you can
change your mind *before* it's too late
about the placement of the light fixture
or whatever. You can, of course, make
changes after things are done, but you'll
drive the contractor crazy and add sub-
stantially to your costs. Expect to be
available for impromptu telephone con-
versations and to be present, or at least
drop by the job, during critical stages.
Otherwise, thermostats might wind up
in the center of walls, doors might be
trying to open the wrong way, or a mir-
ror placed at the wrong height.

And remember, once you're cooking
in the new kitchen, you'll forget the re-
cent headaches of remodeling. You can
worry about making a perfect omelet
instead. ■



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Clout gives you acceptance.

Clout is power.

Clout opens doors.

Clout is a Master Charge® card.

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2 million places in all 50 states and over
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Relax,

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SPECIAL BOOKLET OFFER

Many advertisers whose messages appear in this special section offer consumer booklets, catalogues and portfolios filled with detailed information about their home improvement products. You can plan your own home makeovers with the real help of the attractive brochures shown and described on these pages. Order yours now—directly from House & Garden—by filling in and sending the coupon on the facing page. We'll fill your orders as promptly as possible.



1. **NEW CONSUMER ROOFING AND SIDING BOOKLET.** Information-hungry consumers will treasure "What You Should Know About Roofing and Siding Before You Build or Remodel"—new 32-page booklet packed with ideas, advice, and illustrations. Bird & Son, Inc. 50¢



2. **"DECORATING IDEAS WITH CERAMIC TILE"**—new 16-page color brochure shows ways to decorate kitchens, baths, dining areas and family rooms—suggests color coordinations, how to build or remodel with ceramic tile. American Olean Tile Company. 25¢



3. **NEW HANDBOOK ON WOOD AND WOOD STAINS.** A guide to stains and staining by Samuel Cabot Inc. Handsomely illustrated full-color booklets on types of stains, how to apply, color effects, etc. Samuel Cabot Inc. 25¢



4. **NEWEST NO-WAX FLOOR PATTERNS** of cushioned vinyl in a wide variety of colors and styles are shown in this brochure. Room scenes show how this top line of flooring actually looks in the home. Decorating hints for kitchen, bath and family room are included. Mannington Mills, Inc.



5. **CREATIVE HOME PLANNING GUIDE** is designed to give unique ideas for remodeling or building. Well illustrated booklet accompanies a Home Security Guide to help you protect your family and property. Planning Guide covers all areas of the home including lighting recommendations. Nutone Division, Scovill. \$1



6. **NEW IDEAS WITH WOOD WINDOWS.** Pella Rolscreen windows and doors are as beautiful as they are easy to maintain. Colorful booklet illustrates how Pella designs add distinction to any house.



7. **"CERAMIC TILE MAKES A LOT OF SENSE IN A LOT OF ROOMS BESIDES THE BATH."** Imaginative ways to use ceramic tile for added beauty and value throughout your home are pictured in this new full-color booklet. Tile Council of America. 50¢



8. **TIARA CEILINGS.** Crown rooms with a seemingly solid expanse of texture and beauty. Eight patterns range from traditional to contemporary. Several are acoustical. Celotex.



9. **ENERGY-SAVING WOOD WINDOWS AND DOORS.** Thirty-two page booklet illustrates Caradco's line of Carclad casement, awning and patio doors. Detail specifications include information on construction, weather stripping, screens, etc.



10. **"FOCUS ON FLOORS"**—a practical guide to decorating from the floor up. This 12 page full color booklet features decorating tips for kitchens, family and living rooms, bedrooms, foyers and hobby rooms. Includes entire section on do it yourself installation, a flooring glossary, plus information on cost and maintenance. From L. J. Goleum. 50¢

Continued on facing page.

How to do your own natural dyeing

(as shown on page 168)

From flower-picking to dried dyed wool took Nini Circiello three unrushed days. You can do it in less time, but keep it at a pace that makes it enjoyable, not a chore.

WHAT YOU'LL NEED:

Large plastic bags for gathering plants, fruits, or vegetables, and keeping them separate; scissors; postal or lightweight kitchen scale; cotton string; white tags on cotton string; hard black pencil or water-proof pen; enamel or stainless steel cooking pots, 6- to 8-quart capacity (you'll need two for each color you mordant and dye; avoid aluminum or iron cookware—they can alter colors); large plastic or glass mixing bowls; mild detergent or laundry soap; fine strainer or cheesecloth; measuring spoons and measuring cup; wooden spoons and/or chopsticks; rubber gloves; a recipe notebook, so you can note "before" and "after" materials alongside each recipe to let you duplicate colors later; any book on dyeing with natural products that gives accurate recipes to achieve the colors you want with materials available to you. (Recommended books: *Ancient Dyes for Modern Weavers*, Palmy Weigle, and *Vegetable Dyeing*, Alma Lesch (both Watson-Guptill); *Dyes from your Garden*, Bernice Gillette Conner (E. A. Scmann Publishing Co.); *Dye Plants and Dyeing* and *Natural Plant Dyeing* (two handbooks, Brooklyn Botanic Gardens).

COLLECT YOUR MATERIALS:

Dye stuff—Use 100 percent natural materials (cotton, silk, or wool) in yarn or fabric form. Unbleached is best, since the chemicals which have been used to bleach material to a "real" white might deflect your color direction. Man-made fibers and blends can take dye unevenly.

Prepare dye bath—To make a natural dye, gather flowers, fruits, or vegetables. Boil them in a quart or more of water, depending on the amount of dye needed and the intensity of the color desired. After boiling has extracted the color, pass the liquid through a fine sieve or cheesecloth to clear it.

Prepare mordant solution—Mordants (from the Latin verb *mordere*, to bite) are chemicals which help the natural dyes take hold, literally "biting" the color into the medium. They are usually crystals or salts (used in very small quantities) and are available in craft shops. To prepare the solution, mix mordants into ¼ cup warm water until dissolved, then add to the water in a large cooking pot. Below

is a list of commonly used mordants.

Alum (Aluminum potassium sulfate, not to be confused with the alum found in grocery stores, which is aluminium ammonium sulfate). White powder. Makes color fast and bright. Measure carefully—too much makes yarn sticky. Add Cream of Tartar as preventative.

Chrome (Potassium bichromate). Bright, orangey-red. Expensive, poisonous, and light-sensitive. A tiny bit goes a long way. Store in a dark place. Best used when working towards gold or brown.

Tin (Stannous chloride). White, expensive, light-sensitive, it brightens colors. Has a tendency to harden wool.

Iron (Ferrous sulphate, also known as copperas, or green vitriol). Palest green. "Saddens" or deepens a color. Good with dark greens, purples, blacks.

Copper sulfate (Blue vitriol). Bright blue. Adds a green or bluish tone, depending on the dye color. As a pre-mordant, it colors yarn a beautiful light green.

Tannin (Tannic acid). Light brown, it is found in tea, nuts, and tree bark—none of which require mordanting.

Ammonia (Ammonium hydroxide). Clear, non-sudsy. Peps up yellow or green dyes, draws color out of grasses.

White vinegar. Contains acetic acid. Reddens violet or purple dye.

Tartaric acid (Cream of tartar or potassium bitartrate). White powder, brightens colors. Used with alum, tin, and iron to maintain fiber softness.

Baking soda (Bicarbonate of soda). Add to dye bath. Makes violets or purples bluer.

Glauber's salts. Used in almost all natural dyeing to make colors fast and to ensure more thorough dyeing.

PLAN AHEAD:

Test a small piece of any new medium you are dyeing, as each will need slightly different formulations of the dye bath and mordant. Most recipes call for 1-ounce skein of wool, but you can test dye recipes with 1/2- or 1/4-ounce mini-skeins without stretching your budget.

Find out how your dyes and mordants interact. Put several strands of wool into one dye bath, one of them not mordanted, and each of the others pre-mordanted with different mordants—you'll get different colors each time. For instance, unmordanted wool put into a co-reopsis flower dye bath emerged a rich yellow, while another strand, pre-mordanted with tin and alum, came out a super orange!

STEP-BY-STEP TO DYEING YARN:

1. Weigh and divide the wool into skeins. Keep one strand of wool aside.
2. Tie up skeins loosely so they won't tangle.
3. Scour wool in lukewarm water and mild soapsuds, so it will take its color evenly. Squeeze suds out gently; don't wring or twist. Rinse several times in clear water, moving the yarn through the water with a wooden spoon or chop-

Continued on page 240

Comforts of Home (continued)



11. **WHETHER YOU'RE REDECORATING, REMODELING, adding on or starting from scratch**... there's a Weldwood Panel for almost any room or area. In a variety of wood colors and textures. Handy color guide and information on how to buy and install prefinished paneling. Champion Building Products. 50¢



12. **COOKING'S A PLEASURE**... clean up, too! Brochure illustrates a variety of Caloric self cleaning and continuous cleaning ranges many with automatic pilotless ignition.



13. **TOTAL HOME COMFORT SYSTEM**. Brochure illustrates York's new computer-controlled Champion Heat Pump—the complete, all-electric, year round heating and cooling system that "thinks for itself" to save energy.



14. **IT'S CONVENIENT!** "If You Don't Have Master Charge, Here's How and Why You Should Get One." Brochure gives complete information on how you can obtain a card and if you do have one, how to make better use of it. Interbank Card Association.



15. **INSTRUCTIONS** "For Safe Secure Ceiling Tile Installation" are given in illustrated pamphlet from the Arrow Fastener Co. A variety of staple guns, Arrow Ceiltile staples and the new "Piggy-Back" slip-on attachment are shown.



16. **"CREATIVE PANELING IDEAS."** The pages of this booklet are intended to serve as an inspiration and convey the remarkable effects and value Masonite brand paneling can bring to your home. Room photographs illustrate a variety of panelings in different colors, grains, textures. 50¢



17. **KITCHEN AND LAUNDRY APPLIANCES** in nature's hues. "The New Naturals" from General Electric. Choose from six or more of the five other "New Naturals" colors. All in high gloss finish and all designed for maximum decorating versatility. 15¢



18. **BRILLIANT COLORS** burst from these 36 pages showing the liveliness of Tru Show Paints. Paint can do things for your rooms—blue can beautify, red can dramatize, green can calm them. Helpful hints for color planning. Includes popular House & Garden Colors. Cotter & Co. \$1.50



19. **SHEET VINYL FLOORING**. Color leaflet shows a variety of floorings from the Gafstar 5400 Series. Series combines beautiful patterns with quality construction including a Brite Bond™ surface that resists scuffs and attains a high gloss appearance for a long time. GAF Corporation



20. **IT'S MUCH MORE THAN A MIXER**... it's a KitchenAid food preparer when you add culinary wonders like these to it: food grinder, sausage stuffer, rotor vegetable slicer, colander and sieve, can opener, grain mill, and juice extractor. KitchenAid hot-water dispenser, dishwashers, disposers, and coffee mill shown too. Hobart Corporation



21. **THE LOOK IS WOOD** without the worry of wood. Cabinets that wipe clean with a damp cloth and need no shelf or drawer liners are discussed in this folder from Formica. Folder highlights many other important advantages of cabinets surfaced with Formica brand decorative products.

ORDER COUPON FOR "THE COMFORTS OF HOME" BOOKLETS, MAY 1977

Circle the number of each booklet on this and facing page that you want, and enclose check, money order or currency in amount indicated for those requiring payment. Add 50¢ for postage and handling. No stamps. Allow up to four weeks for delivery.

MAIL TO: House & Garden, Dept. #5a, Box 3579, Grand Central Station, New York, N.Y. 10017

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■ THE CHILDREN'S EXCHANGE



Cookbooks for kids

Here are several of the best cookbooks to keep children inspired and stir-happy

The approaches of books introducing children to the kitchen are as diverse as the cooks who write them. It is a good idea to choose a book that is tailored to the ages of the young cooks you know and also suits the culinary philosophy of the adult in charge.

Kids Cooking Without a Stove by Aileen Paul, illustrated by Carol Inouye (Doubleday, \$5.95). This is a precisely ordered approach for 4- to 6-year-olds. The recipes are very simple, but the results are calculated to reward both eye and appetite. Throughout these pages there is a watchful adult voice directing. "Let a grownup open the applesauce for you." "Shake about five times, count as you do it." A little over-directed at times.

The Peanut Cookbook by Natalie Donna, illustrated by Robert Quackenbush (Lothrop, Lee & Shepard, \$6.50). Almost more than everything you ever wanted to know about peanuts. Here is an extraordinary variety of dishes (there are 19 kinds of peanut-butter sandwiches) that use the famous legume in everything from, literally, soup (peanut, of course) to nuts (caramel-covered).

The International Cookie Jar Cookbook by Anita Borghese, illustrated by Yaroslava Mills (Scribner's, \$7.95). A treasury of world cookies in over 60 carefully detailed recipes, with a short, informative introduction to each. Clear line drawings illuminate the more complicated instructions. This is a book for cookie lovers who have had some experience in the kitchen. Precocious kids who have already read Proust will find a recipe for Madeleines on page 37. Bring milk. **Cooking with Colette** by Colette Rossant, edited by Lorraine Davis, illustrated by James Rossant (Scribner's, \$7.95). An exuberant approach to cooking, with a slightly French accent flavoring the conversational and culinary tone. The author stresses her conviction that step-by-step learning plus self-confidence can make children into very capable chefs. This book is appropriate for beginners of all ages and would be particularly good for parent-and-child kitchen collaborations. Designed to be followed from start to finish, like a cooking course, it opens with desserts.

Kids Are Natural Cooks prepared by Parents' Nursery School, illustrated by Lady McCrady (Houghton Mifflin, hardcover \$7.95; spiral-bound paper, \$4.95). As the introduction explains, "There is a tremendous amount of learning involved in cooking . . ." This is a well-designed mine of information and imaginative recipes. Accentuating learning and pleasure as the fruits of cooking, the viewpoint is consistently intelligent and relaxed. The soft-cover edition flops flat open to fit the kitchen counter, the way a good cookbook should. Small children working with more experienced supervisors will find much that appeals to them in the amusingly illustrated pages. Older children can proceed happily on their own.

(Continued on page 240)

Look your Sunday best every day of the week.

At the first hint of warm weather, take your spring wardrobe to your neighborhood Martinizing dry cleaner. He'll get everything as fresh as all springtime. No matter what you need dry cleaned, remember Martinizing is the name.

"MARTINIZING"

The name to look for in dry cleaning.



If you want a healthy cat, do a little healthy reading.

Have you read any cat food labels lately? They can tell you a lot that will help you keep your cat healthy.

Here's what to look for. And look out for.

Protein

Most people don't know cats need even more protein than dogs do. About 30% protein in their diet, for a healthy body and coat.

Purina **Cat Chow**[®] is 30% protein. And every box or bag lists where this protein comes from: meat, fish, poultry, milk and vegetable soybeans. A *balance* of protein that's high in quality, and better for cats than just meat alone.

Vitamins

Cats are different from people. They don't need Vitamin C in their diet. But they do need Vitamin A for keen cat's eyes. Too much of some extra vitamins

can cause him health problems, but if your cat gets the necessary vitamins in **Cat Chow** every day, he doesn't need extra vitamins.

Minerals

Calcium is a mineral cats need for strong bones and teeth. So is phosphorus. It may sound crazy, but cats also need copper, iron and cobalt for good blood. Zinc for good skin. That's why they're all in **Cat Chow**.

Maintenance

It's one word to watch out for on any cat food. When the label says "Maintenance", it means a food with only enough nutrition to "maintain" an *adult* cat. It isn't for a growing cat or a pregnant cat. **Cat Chow** is for *any* cat. You'd think "Maintenance" dry foods would be cheaper than **Cat Chow**. But after you've read the rest of the label, look at the price on the top. **Cat Chow** cat food doesn't usually cost more. Sometimes, it even costs less.

Chow Chow ChowTM



For your pet's health
See your veterinarian regularly.



To help keep your cat healthy.

Marlboro Lights

The spirit of Marlboro in a low tar cigarette.



**Lighter in taste. Lower in tar.
And still offers up the same quality
that has made Marlboro famous.**

Warning: The Surgeon General Has Determined
That Cigarette Smoking Is Dangerous to Your Health.

13 mg. "tar," 0.8 mg. nicotine av. per cigarette, FTC Report Dec. '76

Be kind to your space

Space speaks.

It's true. Walk into any room, and the space will tell you instantly and in no uncertain terms if it's friendly or hostile, and whether or not you're welcome.

Space speaks a language of ceiling heights, wall lengths, proportions, angles, openings. And its prose can inspire you to feel exhilarated, luxurious, cozy, businesslike, playful—or an urgent need to leave.

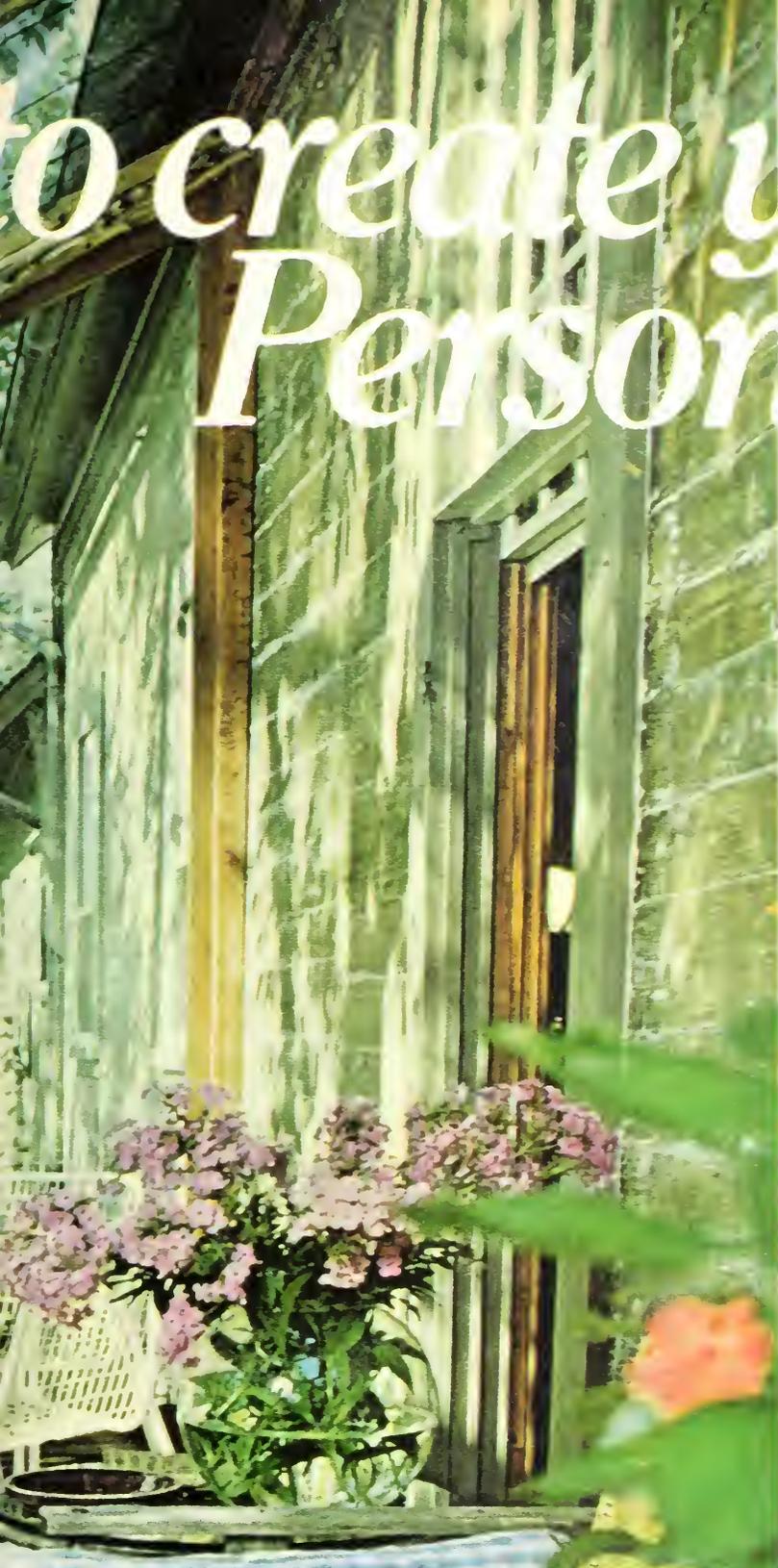
Even your own space, where you want at least a civil understanding, can be less than cordial. Why is it that you can't seem to work in your study, but the middle of the living room is just right? And why, when the children have a glorious room all to themselves, do they prefer to build their block-towers in the kitchen? The need for human companionship aside, space itself has attractions—and distractions—that cannot be denied.

Some say it's the shape of the space that affects us the most. Buckminster Fuller has said we shouldn't live or work in cubes, on account of the inhibiting effect of right angles on the flow of energy. And a growing band of scientists and psychologists feels that the pyramid is not only a triumph of construction and design, but that its shape contains a combination of energy fields that affect whatever is inside—including people.

But the question is, at least for those of us who do not live in pyramids, how to establish a good rapport with the space you have. How to get on its good side, make it work for you, comfort you, make you feel, every time you walk in the door, that this is where you belong. You can do it with remodeling (to change or add space), or with decorating (to give it color, comfort, and style), or with a combination of the two. On the following pages, we've gathered lots of rooms and ideas to show you how. Look them over, and then put on some soft music, sit down quietly with your own space, and have a nice talk. It's time you got acquainted.

How





to create your own Personal Space

What's that spark, that aliveness, that makes a room (or a person) so appealing? Starting here, 8 remarkable case histories to show how you can fill, empty, reshape, add to your rooms—and decorate them to create wonderful living spaces with charm and style—yours, of course

“We wanted a free, unsheltered porch that would let us participate with nature”



Need more living space? Why not borrow some from nature? That's what designer John Saladino and his wife did when they decided to add a summer porch to their converted 18th-century forge. "We loved the idea of outdoor living," says Mr. Saladino. "But we needed protection from mosquitoes." (There's a stream nearby that invites a all kinds of insects.) His solution: transparent black nylon mesh screening, seamed on the outside of undressed cedar supports, and anchored right into the used-brick floor. "The unframed, see-through screen makes the porch look so wide-open, it's really a nonporch," says Mr. Saladino, who even designed nondoors leading to and from the porch: On the far end, an angled topped screen door reaches the full 13-foot height of the porch and blends naturally into the structure. A triple-sash window—the door to the living room—was inspired by Monticello. For a coffee table, a luggage rack with a broadboard top. Construction work by Pino Segalla. Masonry by Joseph Fungo.

Your own personal space





“For me a room is like an empty canvas, waiting to be filled with the colors and the things I love”

Come in and browse through a charming house that's also a shop—and full of the owner's vitality

HORST

Left: A corner of Mrs. Groueff's country porch filled to the brim with wicker and straw furniture, sun hats, baskets, quilts and afghans, sisal and braided rugs, and flowering plants everywhere. Mrs. Groueff bought the bamboo stand unfinished so she could do the tortoise-shell staining herself. Ceramic pots are made by her son-in-law in Idaho. **Right:** Mrs. Groueff whose house is "the outlet for all family-made goods—even jams and breads."

"A room filled with the things I love"

A person has to have an unusual approach to living to turn a house into a shop—where everything is for sale, everything down to the last dish. But, in her summer cottage, Lil Groueff did just that, and gave it her vibrant personality, too. Every day, prospective customers browse—by appointment—through her lovingly decorated house. "There are so many styles, so many things I love,

that to have them all, I have to sell some to make room for others," says Mrs. Groueff, whose constantly changing rooms make interesting spaces for both family and friends. When Mr. and Mrs. Groueff and their teen-age son are home, they often dine on the patio. When guests come over, Mrs. Groueff sets the larger table indoors. Even if she sells a favorite chair or table, Mrs. Groueff is prepared for family, friends, or clients. "I collect things, so, if I sell a piece, I just move something else in."

READLE





Left: The dining table set for a summer lunch with lettuce-leaf dishes and baskets brimming with fresh vegetables and homemade bread.

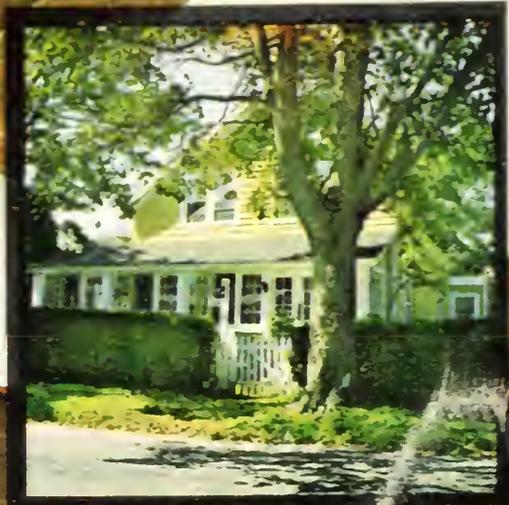
Above, left: A family breakfast on the wood-slatted patio. The barn, which Mrs. Groueff uses for storage, is



Right: The living room, dressed in blues and pinks. "Color is very important to me, probably because I paint a lot," says Mrs. Groueff, who lacquered the floor steel blue and covered the walls with a tiny cerulean print wallpaper "that works with the

tral background." She laid and imported rag rug mottled with more blues and painted the table and wicker chairs a deep azure. To offset the coolness of the blue, the sofa, chair cushions, and lampshade are all in warm pink batiks.

Above, right: The





An exhilarating apartment—but welcoming—for a man who transformed a rundown duplex into a place to live, work with clients, and entertain

To most city apartment dwellers, wide-open spaces are becoming something found only in Western movies. New buildings seem to be designed with an eye to the conservation of space. Bees give to a honeycomb, and it is only the big old apartments that keep the hope for space alive. Even when they need work, they are worth the effort, particularly to someone like marketing consultant George Frescher, who found it both pleasant and practical to have enough space for both home and office. He found it in a duplex in a building put up in 1903 by a group of artists successful enough to kiss La Vie Boheme good-bye, then asked Bill Goldsmith, design director of LCS, Inc./Green Metal, to give him a hand with the renovation. The apartment is big, particularly the two-story living room. There are bedrooms and baths upstairs, and two entrances from the elevator, one upstairs, one down—a double entry that helps enormously to keep business from interfering with pleasure. A new staircase (the old one in the hall was eliminated) was built leading up to a balcony from the living room, thus providing what Mr. Goldsmith calls a “two-way traffic plan. People coming to a party enter on the second floor and descend to the living room—always a good entrance. Business visitors come in at lower level. Walk down a hall to dining room, which also works as an office.

“All the space was there. We cleaned it up, personalized it, and gave it style.”



Your own personal space



Top, left: In 1903, a touch of romance: the original balcony, a bedroom hall, really, reached by a now dismantled staircase from the downstairs foyer.

Left, above, and far right: The “new” living room, the

color of Devonshire cream, with the parquet floor bleached to ivory, a baronial fireplace replaced by a simple plaster arch, and the great north window left uncurtained except for vertical louvers. “There



Isn't too much furniture," says Mr. Goldsmith, "and because the room is now half contemporary, half not, so is everything in it. Italian wicker, Louis XV armchairs, Kilim rugs, a grand piano.

cotton or men's wool suiting. For sheen, satin cushions, and for pure pleasure, two paintings by Christian de Boschnek. There are two groupings of sofas, chairs, and ottomans; one against

the fireplace. These are not cut and dried arrangements—they simply work well, and if people want to dance, everything can be shoved against the walls. In hall, the bar and a cabi-



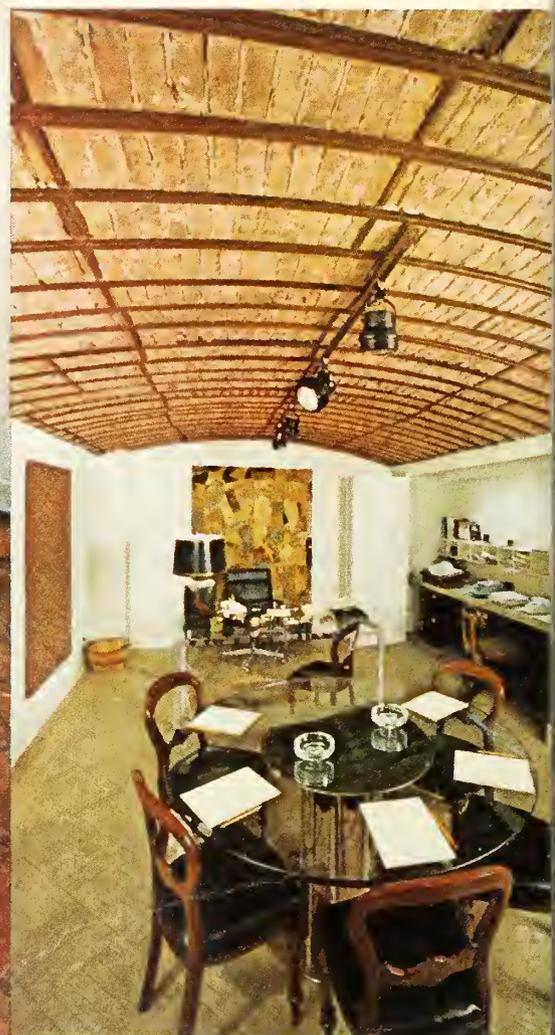
"Space with style"



One of the pleasures of digging into the secrets of an old apartment is coming upon a treasure. In this exploration, the prize lay overhead under what seemed to be a plaster ceiling and turned out to be brick-barrel vaulting, a way of laying brick in arcs that is rarely seen these days—too difficult, too costly. In the living room, sadly, the brick was supported by iron pipes that could not be removed, and the old plaster was simply replaced by new—although the arcs remain in a beautiful ripple. The dining room and kitchen brickwork, however, consisted of

Under barrel-vaulted ceilings, a dining room that turns into a full fledged office, the glamour of a professional kitchen

ELLIOTT ERWITT



Left: The old kitchen. **Above, left:** The kitchen today, an ingenious combination of old and new materials—brick, steel, iron, and Mexican tile—with a restaurant range, a rolling steel table with chopping block top.

Above right: The dining room ready for a conference. Glass table top sits on a stainless

steel cylinder. A steel and glass desk flanks the window, its shutters upholstered with an old crazy quilt.

Opposite page: Dinner for 12. Victorian chairs at the table; Italian at the desk. Tree shaped terracotta candlesticks by Paul Nelsen. Painting by Boris Fedushin

single spans held together by iron bands. Denuded of plaster, the ceilings arc an architectural delight, one of the occasional advantages of moving backward in time, rather than forward. One room that had to move forward was the kitchen—a major piece of reconstruction. Less complicated was one wall of the dining room, where a huddle of what might have been china cupboards were made into office storage space for files, ledgers, books, all masked at dinner time by huge fold-out doors, which, when shut, form a perfectly smooth wall. The office, so to





Dear House

"I am desperate for help. My living room doesn't work for anything..."

ELLIOTT

The true story of a woman who, after spending \$2,000 on decorating, ended with disaster. At House & Garden's suggestion, five talented designers came up with five different—and terrific—solutions

Your own personal space



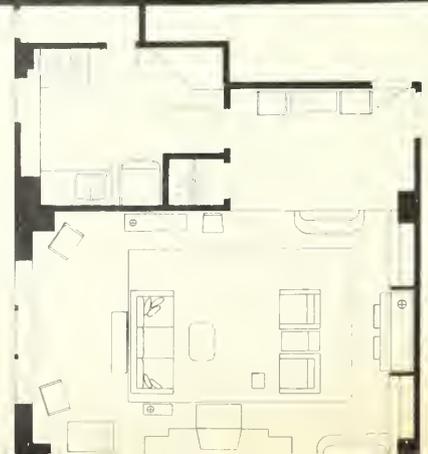
How do you update a spacious 30s-style sunken living room with cream walls, damask-covered furniture, and crystal chandeliers? Kate Cole decided on a white repaint job, new white slipcovers, curtains, window shades, plus some bright modern paintings and pillows. To her dismay, the room turned into an unfriendly icebox. "It's so stark I walk straight through in the evening, curl up with a magazine, or watch TV on my bed.

With the dining table some way from the kitchen, behind the sofa, it doesn't seem to work for entertaining either," she wrote in an unhappy letter to House & Garden. \$2,000 gone in a decorating disaster! House & Garden's Operation Rescue brought her five terrific schemes from top professionals, to show her just how this space can be transformed into a room that makes her happy and comfortable. They range all the way

from a drastic architectural remodeling, to a low-budget paint-and-fabric redecorating scheme, seen opposite, for under \$5,000.

Above: Kate Cole in her "unfriendly icebox." Beige vinyl tiled foyer floor, curving steps down to living room, and cream area rug are remnants of the 30s look she tried to update.

Right: Plan shows furniture grouped around fireplace.



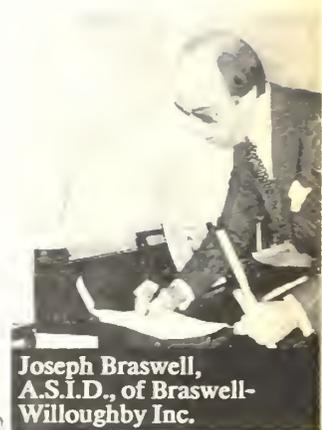
& Garden:

*Joseph Braswell:
"Darken the walls, lighten the floor, rearrange seating"*

1

Simply by making the walls dark, everything looks different. "They give the room a little more guts and silhouette the white furniture," declares Joseph Braswell. "White curtains also make more sense when they're set off against a deeper tone. Books look better, too." In a dramatic change of floor plan, Braswell places the sofa against the wall next to the kitchen.

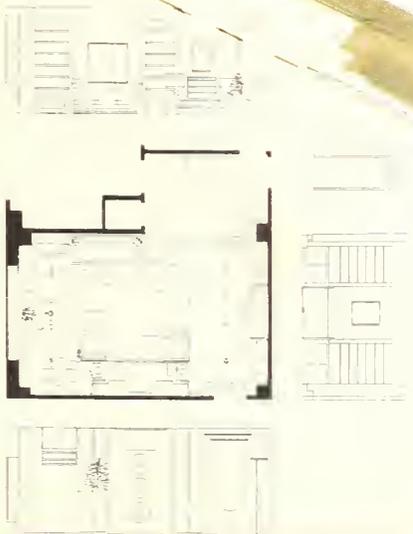
frames it with a pair of white-painted, wooden étagères. One on the right makes a clever separation between living room and foyer. One on the left is mirrored in back, to create a similar "see through" effect. The dining table is beside the window, no longer pushed into a cramped space. It can be quickly pulled out, extended with boards to seat six or eight.



Joseph Braswell, A.S.I.D., of Braswell-Willoughby Inc.



© EPH BRASWELL



Just a few modern items are added for that casual, comfortable, modern look Kate Cole is looking for. The armchairs, now on either side of the fireplace, have extra ottomans. Braswell swaps traditional butler's table for two drum coffee tables, brings in a pair of steel cylinders for plants, a wicker chair—"the exotic fantasy touch." Overhead, "to improve the quality of light," three track units replace table lamps and foyer chandelier. Underfoot, foyer vinyl tiles are ripped up, the

stained pale nutmeg. (C) The living room floor is lightened to match "so the existing cream rug seems to belong." With taupe (D) on the living room walls, Braswell follows up Kate Cole's preference for red and yellow on foyer walls, which he wraps with a bright textured fabric (B). The same fabric covers two screens (not seen) on each side of fireplace. Orange and yellow linens (A) make crisp, fresh pillow covers. **Above:** The room, says Braswell, is one "that can grow." **Left:** Improved floor plan. Shopping information,

Willy Van Bel: "Break through one wall to reorganize space"

2

Breaking through part of the kitchen wall, Willy Van Bel puts in a new bar to make room for food and drinks. He was most concerned with providing a transitional area between foyer, living room, and kitchen. "There is no real participation between these spaces," he explains, "this is why the room doesn't work." The bar's curving counter repeats the rounded lines of the foyer steps. The steps are moved slightly right and subtly reshaped to draw people diagonally

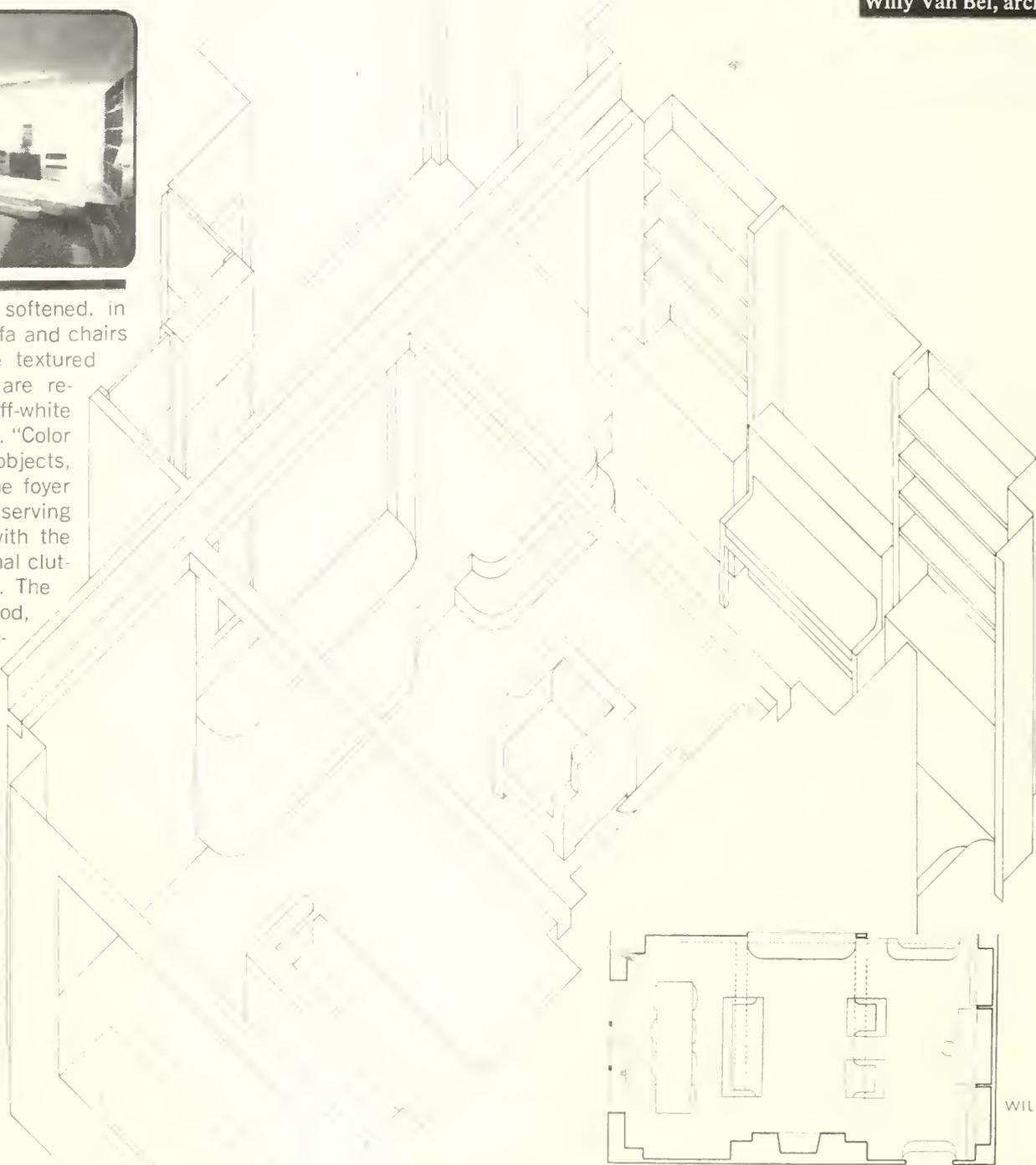
into the living room. On the right side of the bar is a new pillar, which meets the ceiling beam overhead to complete a proper architectural statement. Behind the bar is a floor-to-ceiling cupboard for storage and next to it, a new door that leads into the kitchen. In this scheme, the budget is spent on structural changes. A clean, uncluttered look emerges naturally, when redundant furniture is taken away. Estimated cost: \$10,000.



Willy Van Bel, architect.



Everything is white, but softened. In Van Bel's scheme, the sofa and chairs rest on a new, off-white textured rug. The bright pillows are replaced with new ones in off-white handwoven Indian cottons. "Color comes in through books, objects, and people." Gone are the foyer chest, the white Parsons serving table (not needed now with the bar), and "all the traditional clutter" of lamps and tables. The foyer floor is bare wood, stained to match the living-room floor. For lighting, Van Bel suggests modern, brass floor lamps. A big, new rectangular dining table, in pale, bleached wood, runs the length of the window. It goes, Van Bel suggests, with eight handsome modern chairs—the Thonet bentwood and cane design. When a dinner party is planned, the table is pulled away from the window and into the room, chairs grouped around.

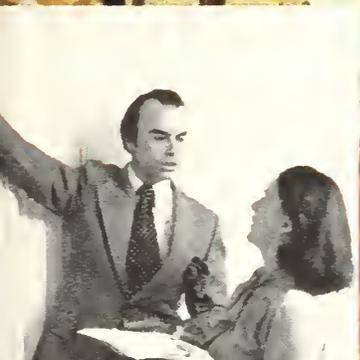


WILLY VAN



Left: Existing dining area, a small antique table, modern steel chairs.

Above: Floor plan shows improved dining alternative. Architectural drawing indicates how ceiling beams line up with new bar. Improvements are made with



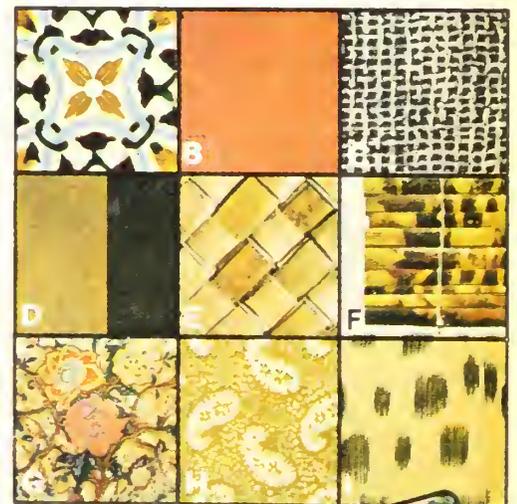
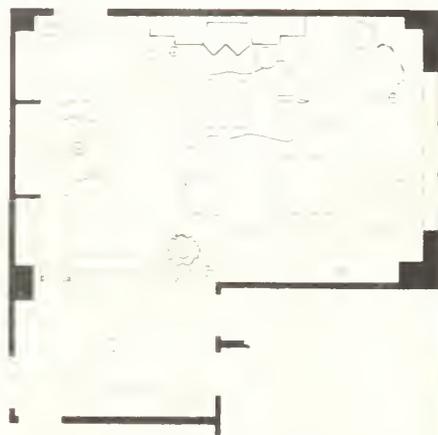
John Robert Moore and Nancy Goslee, of Goslee and Moore Ltd., decorators.

RICHARD GIGLIO

3

Goslee and Moore: "Warm up the atmosphere with patterns and texture"

With color, natural textures, and chintz, the room becomes "a cozy red box to match Kate Cole's warm, outgoing personality." In their scheme, John Robert Moore and Nancy Goslee treat the foyer and living room as two distinctly separate spaces (the first dark, the second bright) dividing them off with portable, straw-covered screens. They propose to take out all the "hard traditional furniture," recover the sofa and armchairs, and introduce a round skirted dining table with four wicker chairs, a chaise, an ottoman, and a big rattan coffee table. The floor is lightened, the cream rug replaced with steerhide, "not an endangered species." They suggest a new dining area by the bookshelves, putting the piano in the room next door, and filling in the wall space with more books. With fourprint fabrics on the furniture, the windows are



Kate Cole's sofa and armchairs are shifted to new spots. Like the additional chaise and ottoman, they are covered in a brown/beige cotton (C) with pillows in Jacobean chintz (G) and paisley cotton (H). Dining table is skirted with brush-stroke print (I). Tiles (A) surround fireplace. Red wallpaper (B) wraps a warm feeling around room. Straw screens (E) divide off foyer, which has tortoise-shell painted floor, Sweet Chocolate doors (D), two wicker chairs covered with vinyl suede (D), walls with earthy Indonesian print (J). Estimated cost: \$10,000. Shopping information, page 193.



Top: Fireplace wall as Moore and Goslee see it and (insert) as

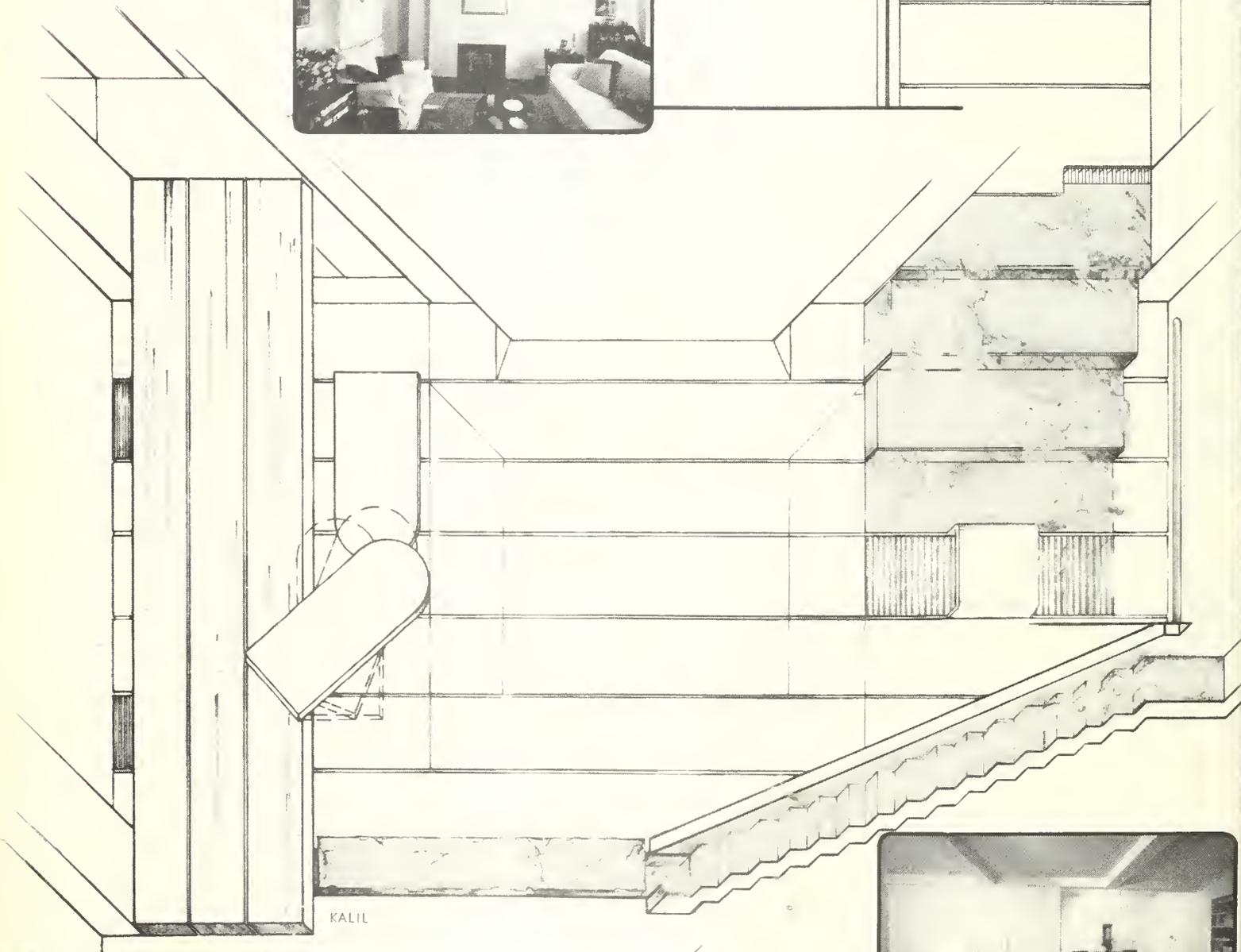
4

Michael Kalil: "Throw everything out, merge spaces"

The thought behind this radical approach is to bring "nature's elements back into living." *Earth* is in ivy-filled planters, *water* cascades down a glass brick stairway between kitchen and living-room wall. *Fire* glows from candles burning in a *sand* trough. Michael Kalil felt he had to "blow the room apart" by breaking through the wall into the study-guest room and filling the whole space with a field of sand-colored carpet. It is completely empty, save for two teak tables that pivot into the room or toward the teak ramp that bridges the room between foyer and bedroom corridor. "People sit on pillows or on the ramp for dining." Teak covers the foyer floor. Uplights wash the bare wall where once there were books.



Michael Kalil, space engineer, New York School of Interior Design, Parsons School.

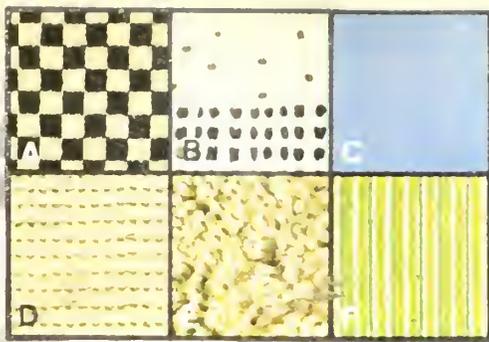


In this scheme, walls of pale, silvery lilac, with deep iris for doors. "Every space has its own organic color," says Kalil. "This room wasn't meant to be white. Just as nature's sands shift, so does his sand-colored floor. The carpet is mounted on a platform of wooden panels 7 inches off the floor. These panels raise—

mechanically"—for storage beneath, or to create backrests. Cost upwards of \$12,000 according to mechanization.

Right: The kitchen wall as is and the plan with the diagonal slicing of glass bricks that provide the water cascade. "Glass also acts as a skylight in the kitchen." To left, recess is mirrored, reflecting





NADIM RAY

John Rieck, decorator.

5

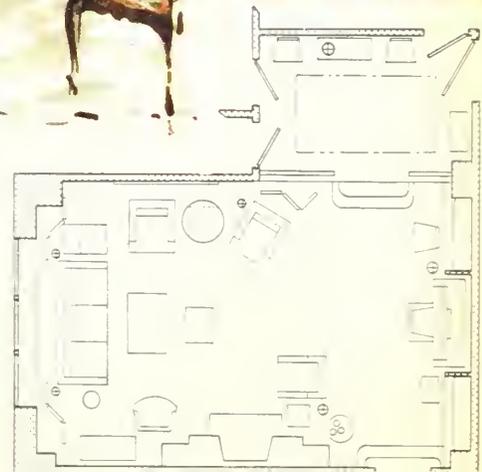
*John Rieck:
"Update
the old furniture,
add sophistication"*

Tulips on a kumquat ground (G) turn the room into a flower garden. The print wraps three screens, one on either side of the sofa, the third between foyer and living room. "The room needs more coziness," says John Rieck, picking blue cotton (C) for armchairs, fringed in white. He keeps Kate Cole's sofa but adds black and white pillows (B). Less strident brown and white dot cotton (B) swathes the window wall—"she really wants new curtains, there's a lot of traffic noise and no view." As a decorator he likes to work with the "givens." doesn't believe in tossing everything out. In his eyes, the main problems are the cream carpet—"too old-fashioned"—and vinyl foyer floor. For the first, he substitutes an off-white shag (E), for the second, a neat, checkerboard carpet (A). He mirrors fireplace wall, adds "more feminine" ladderback dining chairs with green striped seat pads (E). Finally a new wing chair in textured cotton (D).



Above and top: The window wall, with screens beside the sofa and (inset) as it looks now.

Right: Floor plan shows dining table in foyer. For parties it's moved down beside the bookshelves. "I've tried," says Rieck, "to make the room comfortable, give it a little style, without spending too much money." About \$10,000





Your own personal space

“We wanted the new space to have the same flavor as the old—we have come to love awkward corners”



A delightful remodeling with all the charm of the original Victorian house, but with plenty of space for a young family to grow on

This house has wit. Superficially, it comes across as Victorian, with its fine bay windows under an English gabled roof. But then there's the front door, an irrevocably modern hyphen set in a transparent glass wall. What's going on here? In reality, the left-hand wing is a brand-new addition. Its twin on the right-hand side has been remodeled from an old house, in a daring stroke of architecture by Hugh Newell Jacobsen. The family, Mr. and Mrs. Robert Elliott and their two daughters, age 9 and 10, like Victorian houses and all the nooks and crannies that go with them. When they decided to add a new living room, master bedroom, and full-size cellar, their taste, plus the fact that this house dates from the 1870s and belongs in a conservative suburb of Washington, D.C., led Jacobsen to design the addition "in the manner of the old rather than totally schizoid. Conspicuously, this artful collusion with the past is only skin deep. Behind the external nod to the 19th century lies a series of light-filled white spaces that characterize late 20th-century style. "It's a maverick," admits Jacobsen. A noteworthy rebel and it confirms a new wave in contemporary house design. The Modern glass box and concrete cube is being nudged aside by a new, Post-modern phase that indicates more decoration, an affection for history and building with a sense of fun.

Left: After major remodeling, the right-hand bay window replaces the old front porch. New entrance with bridge above links old house with new wing.

Opposite page, top: Side of original house, which was extended.

"The flavor of the old"

KATHLEEN S. WOOD

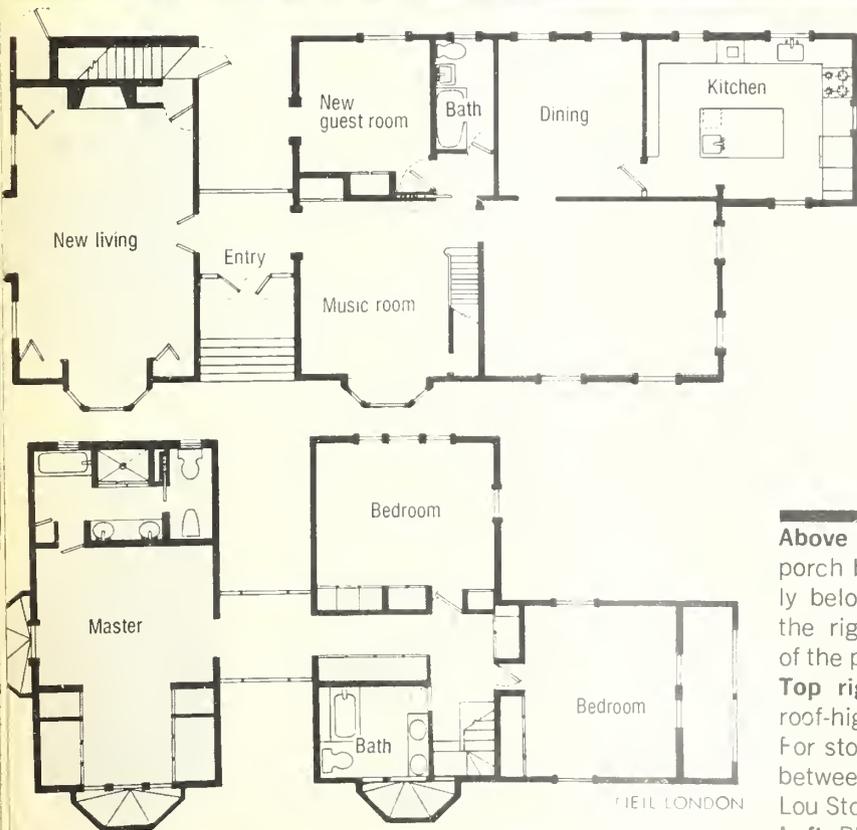


Before



Before the remodeling, the house had an icing of shutters, multipane windows, wrought-iron decoration and turquoise paint, some original and some added over the years. It is gone in this striking effort to restore consistency. Four-square windows, three shades of paint recall proper heritage. Researching exterior color at the Cooper-Hewitt Museum, Hugh Jacobsen discovered Victorian taste for using three—color for walls, one for trim, and one "more bizarre" for windows and doors. Subsequently, he and the Elliotts chose ivory, brown, and burgundy, from a new palette by Devoe, which recently produced *Exterior Decoration: Victorian Colors for Victorian Houses* (Atheneum of Philadelphia, \$35.). **Clay board, exactly like the wood on the original house, was used on the new wing, identical asphalt shingles on the roof.** Indoors, after a clean sweep, each space is now "like being inside a piece of origami"—wholly cleanly defined, but quite complicated in structure. **For example, the ceiling in the master bedroom soars in a folded polygon under the pitched roof.** Tall, ceiling-height doors, wooden window shutters, gray wool carpeting contribute to a contemporary feeling, which the Elliotts like to contrast with a few antiques. Where once was the entrance hall, there is now a music room with a modern egg-crate bookshelf wall in juxtaposition with a fine, antique grand piano. In the new living room, comfortable modern leather sofas and chairs are set off by a splendid 18th-century walnut desk. "The mix works best when it's 70 percent modern," reflects Hugh Jacobsen, adding, "In effect, this house is as Victorian as a Chevrolet."

After



Bursting out sideways the tiny house sprouted a new living room, bedroom, and cellar in a look-alike wing

Above top left: House with original porch before remodeling and (directly below) the new exterior, showing the right-hand bay window in place of the porch.

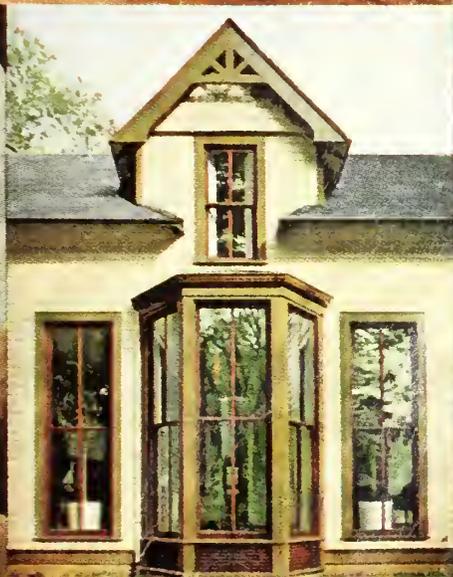
Top right: In the master bedroom, roof-high ceiling folded in a polygon. For storage, closets with an old chest between. Four prints on the walls by Lou Stovall.

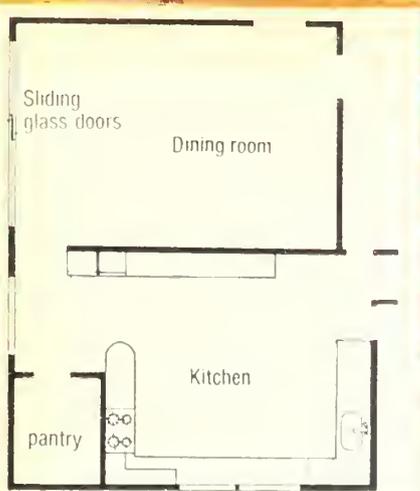
Left: Plans show how new rooms were added. Bursting out sideways, the extension has a full basement beneath living room. Above, is the master bedroom and bath.

Opposite: In the new living room, leather sofas, modern chairs, an antique desk. Bar is in the closet to left of fireplace. Over fireplace, a painting by Tom Downing. Sculpture in the bay window by Rockne Krebs.

Inset bottom: The side bay window seen from the outside.

Inset top: The new music room, created from the original hall. For building facts and materials, see page 194.





LONDON

The living room-kitchen, an idea that's catching on. An old kitchen was enlarged by annexing closets, studio.

Above: Plan of the original kitchen space. A brand new family/living area with sliding doors that open to an outdoor dining terrace and pool was added.

Opposite page insert: Counter separates cooking from sitting area.

TOM YEE



Your own personal space



●● *We thought it would be great to have one big room where we could cook and socialize at the same time* ●●

A sensational all-in-one family entertaining center with a comfortable living-dining area and a kitchen

"One big room"



TOM YEE

Above: A lobster dinner on the butcherblock dining area.

Left: Mr. Wellman pours off the boiling sea water.

Opposite page: Plan of the two triangles of activity that make this kitchen work.

Opposite, bottom left: The first triangle moves around a freestanding island which contains a Jenn-Aire twin grill, Elkay sink, Ronson food center, storage space, built-in kneehole for sit-down food preparation. One-third

is topped with marble for pastry rolling. Second cooking area is in front of breakfast bar: Thermador cooktop, double-compartment Elkay sink, WasteKing dishwasher, and rolling cart storage that doubles for serving. A third cooking area was placed behind the wall of an adjoining dining room. It has Thermador electric and microwave ovens and a Tielsa pullout venting-hood system.

Opposite, top: Wrapping

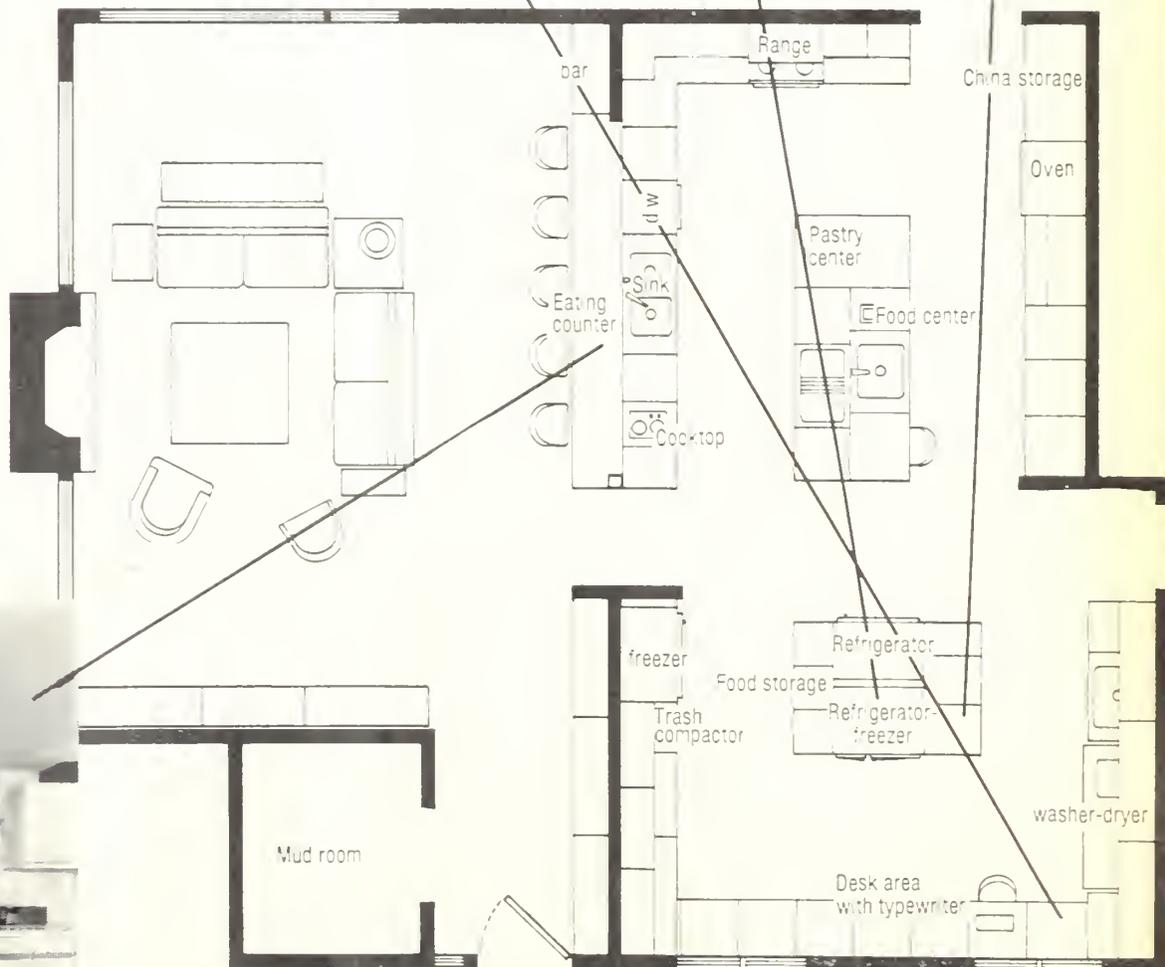
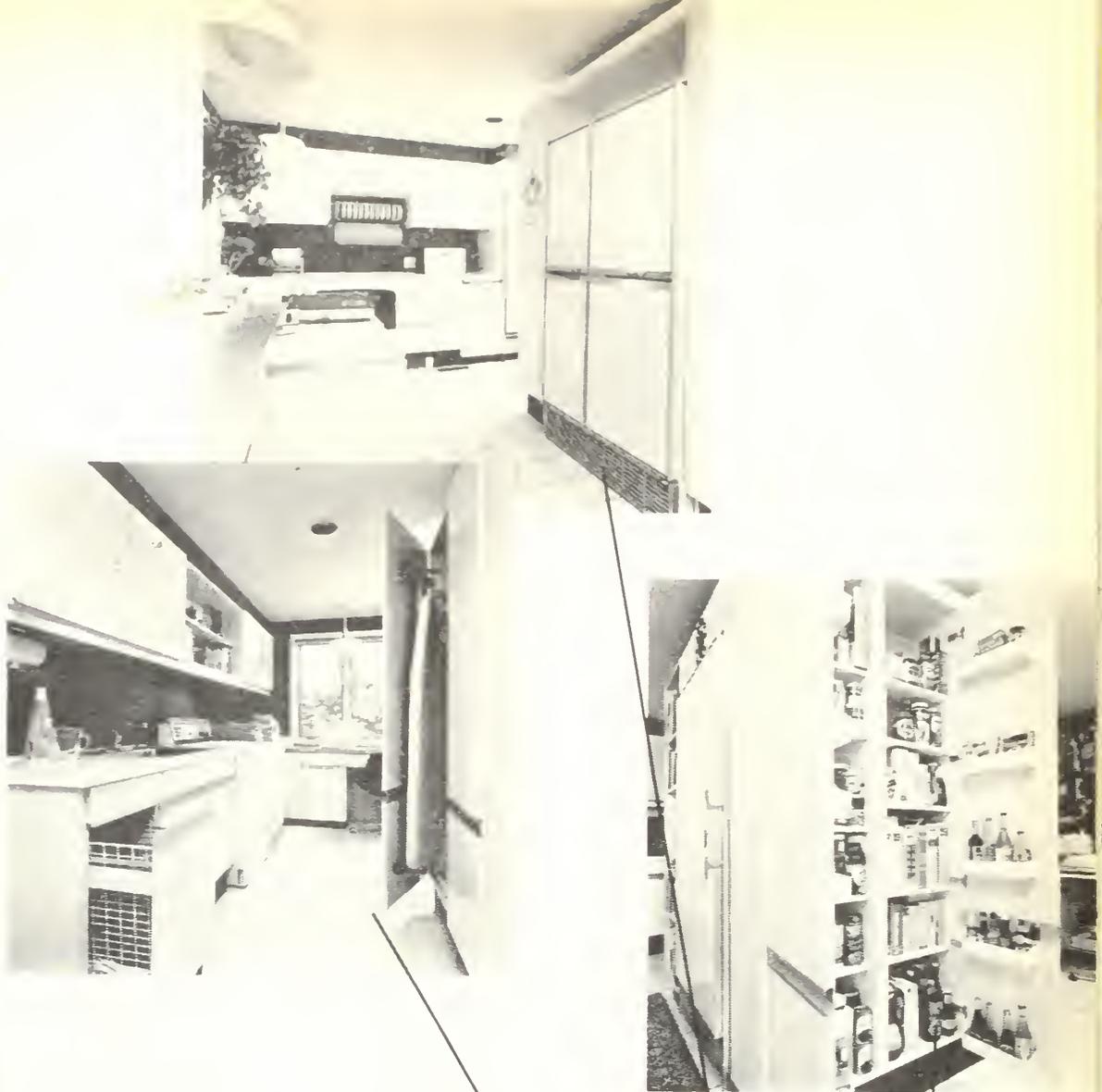
area for freezer foods or gifts. To the right, a KitchenAid trash compactor; behind, desk with fold-down typewriter table.

Opposite, right: Second triangle moves around free-standing cold storage: Sub-Zero refrigerator and a Sears refrigerator-freezer back-to-back.

Opposite, center: Laundry, sewing area with General Electric washer and dryer. Shopping information, page 12

The kitchen has a laundry, desk, sewing area, wrapping closet, fabulous storage and all the cooking equipment you could wish for

The room that means "family" in this house is the newly remodeled kitchen/dining/living room, a space built for people who enjoy being together and also enjoy being independent, each at his own pace. "We have three teen-aged children," says Mrs. Arthur Wellman, *far left*, "each of whom has very much his own schedule. We wanted a gathering place where everyone was made to feel welcome and yet still free to come, work, and go. Several people can work in this kitchen at the same time without tripping over one another." Architect Walter Jones added the space, Mrs. Wellman, kitchen designer Wayne Walega of New Designs, and Benjamin Cook of Tradewinds made it the center of activity. Mrs. Wellman can cook, serve, entertain, be in on the conversation and fun of small dinner parties while she's cooking. She can also sew, do her household paperwork, do the laundry, even wrap presents all in one room. Whether she's planning dinner for the five of them at the butcherblock breakfast bar or a cocktail party for a hundred that extends out to the terrace, the work patterns flow smoothly. The living family room/kitchen spans 31 feet. All the surfaces can be sponged clean with a damp mop: radiant-heated tile floors, Formica counter-tops, Tielsa-Profil melamine cabinets, wallcovering, butcherblock planks. Over the center work island is a light: three separate fixtures hung as one with a total of 27 bare bulbs. Recessed Lightolier ceiling lights, hanging shade light, undercabinet and counter lights on dimmers.



New fabrics for

Ready-to-use

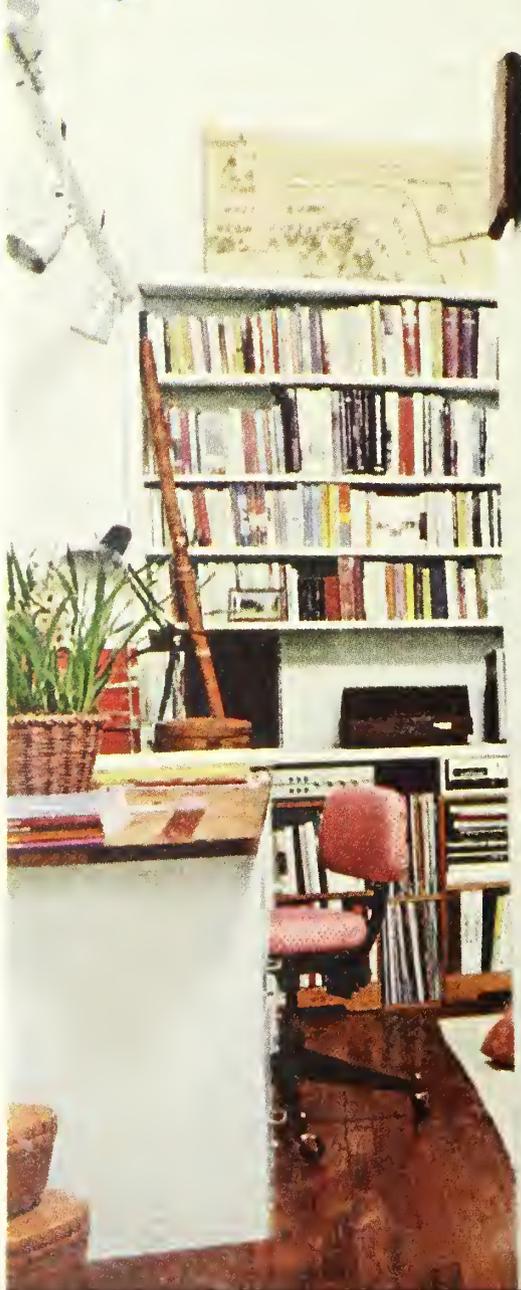
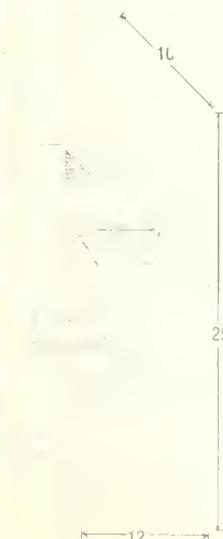
cottons give zing to a remodeled apartment

Paired-up colors plus pared-down patterns equal a brand new group of cotton fabrics that are so simple they coordinate themselves. Swedish designer Peter Condu, *above left*, worked out four stylized grille designs in scales from miniscule to giant, and used colors fresh from a paint box. Architects Willy Van Bel and Joanna Alimanestianu chose the red and white for a new studio apartment and found that with the range of patterns, the eye never misses other colors. They used the fabrics to cover floor pillows, couch and bed cushions, tables, dining chair seats, and to make a curtain-screen that divides the sleeping areas of the apartment from the more public living area. They even made a red and white window shade that slides down behind two tiers of green, leafy plants. There's a generous sense of space in this unusually narrow studio. Mr. Van Bel concentrated it by making all the planes of activity horizontal. He built two sleeping areas: a loft, and a freestanding bed/couch, one study area with lights, another work area under the sleeping loft for cooking. A round dining table seats four, doubles as a serving table for buffets.

Right, above: A curtain-screen hangs from a couch-bed and central guest's sleeping bunk. The 2-foot-thick pillar that was already in the middle of the room became the bunk's support structure at the foot end of the bunk.

Right, below: Looking through the central loft toward the doorway (see plan, left.)

Top, left: Under the sleeping loft is a slim table for writing, ironing, or chopping vegetables. Storage for books, plants, and pretty things runs around the room, just off the floor.



color energy

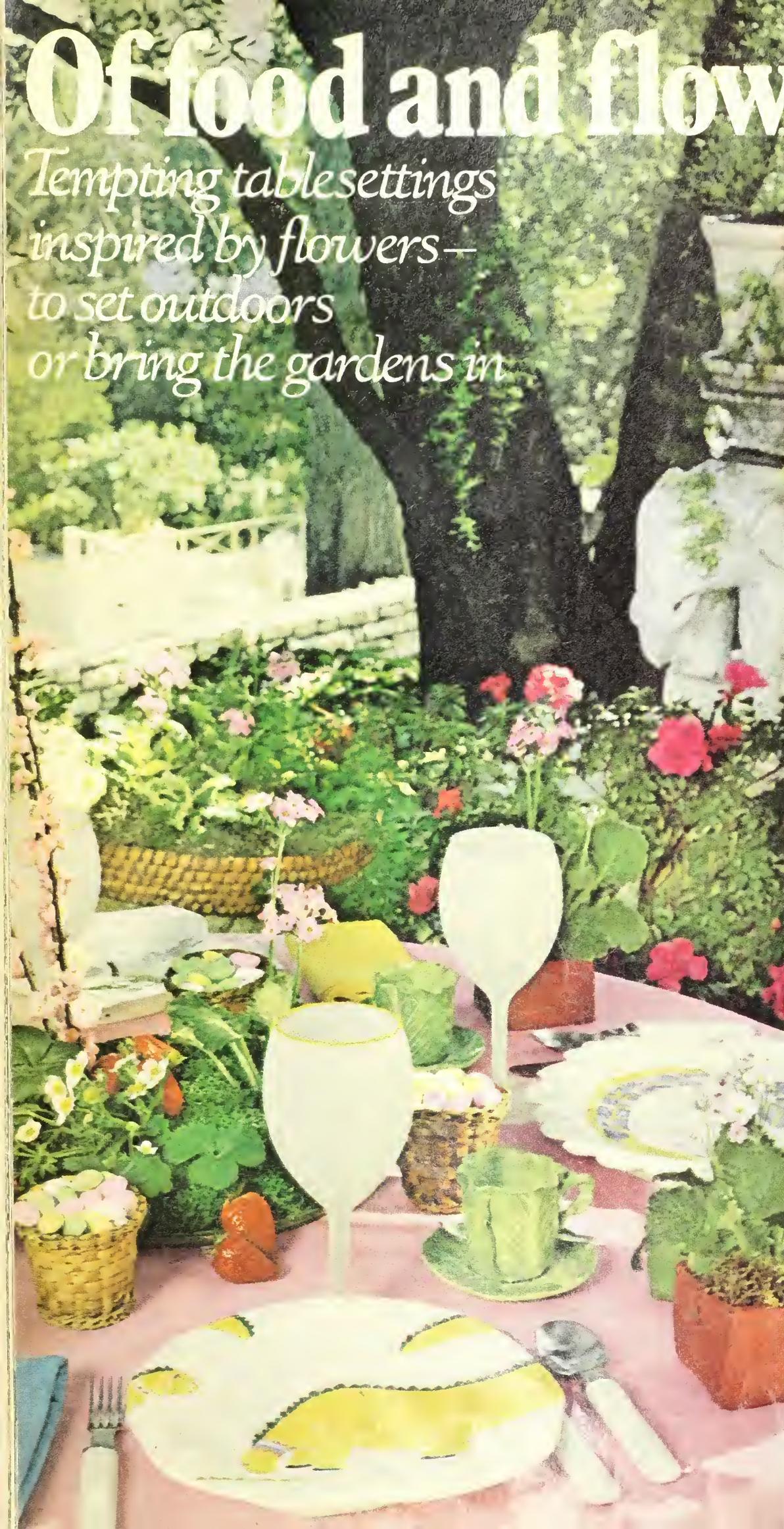
Besides being available right off the bolt, Peter Condu's new cottons for Bloomcraft, introduced at Lord & Taylor, also come in things ready made for summer living.

From top: cushioned bentwood rocker, pillow sham, fitted bedspread, folding umbrella shade, portable club and sling folding chairs, wrought-iron ice cream chair seats, reversible place mats, napkins, even glasses! Shopping information, page 193.



Of food and flowers

*Tempting table settings
inspired by flowers—
to set outdoors
or bring the gardens in*



Right: Every flower different—in tiny bottles, on three different plates from the "Looking Glass" collection by Denby. "Old English Tipt" sterling by Gorham. "Grand Vin" glasses by J. G. Durand. Salt and peppers, Cache-Cache, Léron tablecloth, napkins. Photographed at the Dean Johnson's. All flowers are by David Jones.

Left: Primulas, strawberries, and a flowering branch on a table that *looks* like a party. Norman Bacon, Lila Marcus animal plates by Sweetheart Pottery. Cups, Cache-Cache. Kosta Boda flatware. Goblets, Atelier Vitreon. Tablecloth of Lanscot-Arlen chintz. Photographed at Robert J. Woods Jr.'s. Shopping information, page 193.



Of food and flowers



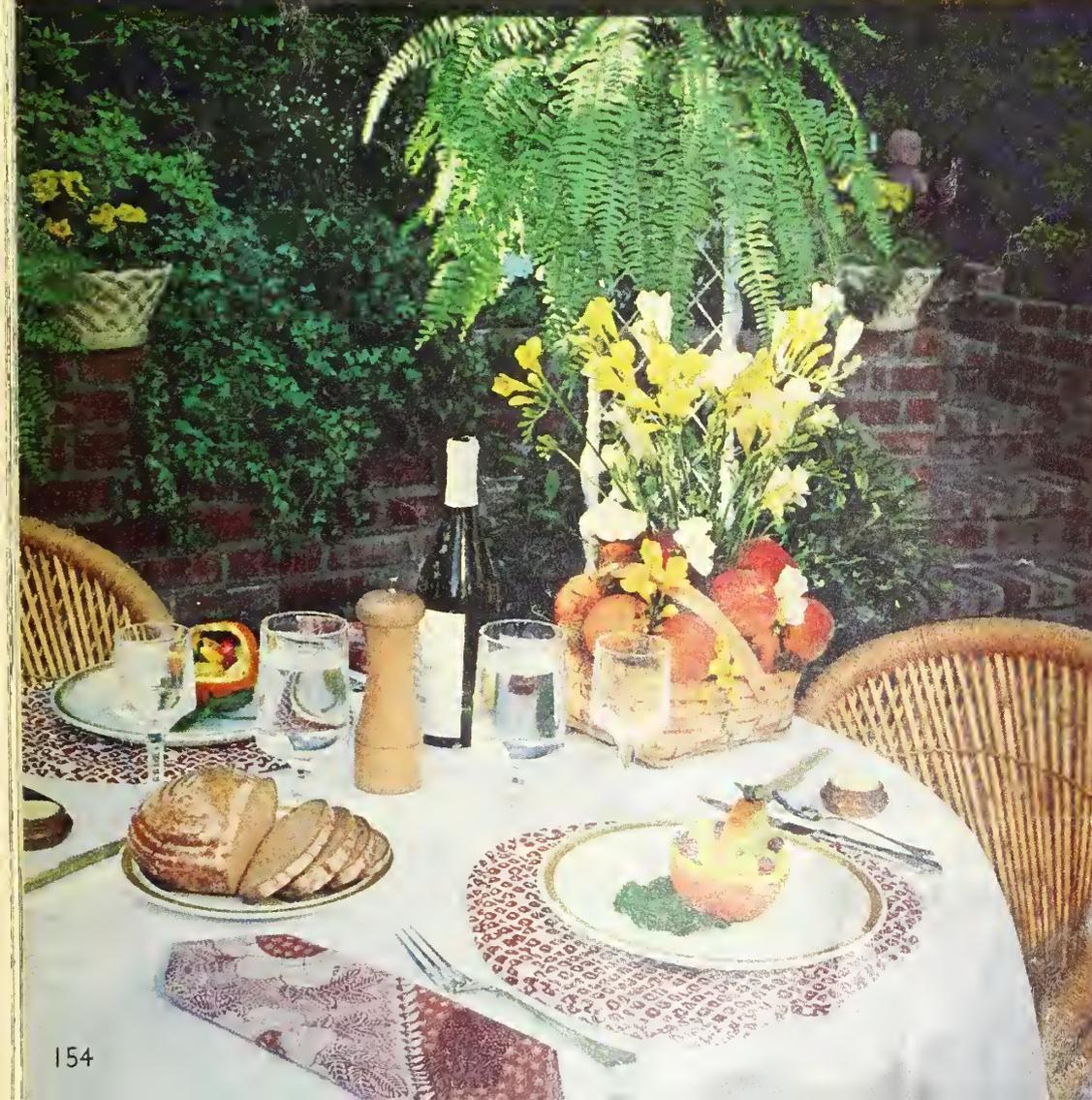
F

ood,
flowers, and
china with
the freshness
of gardens

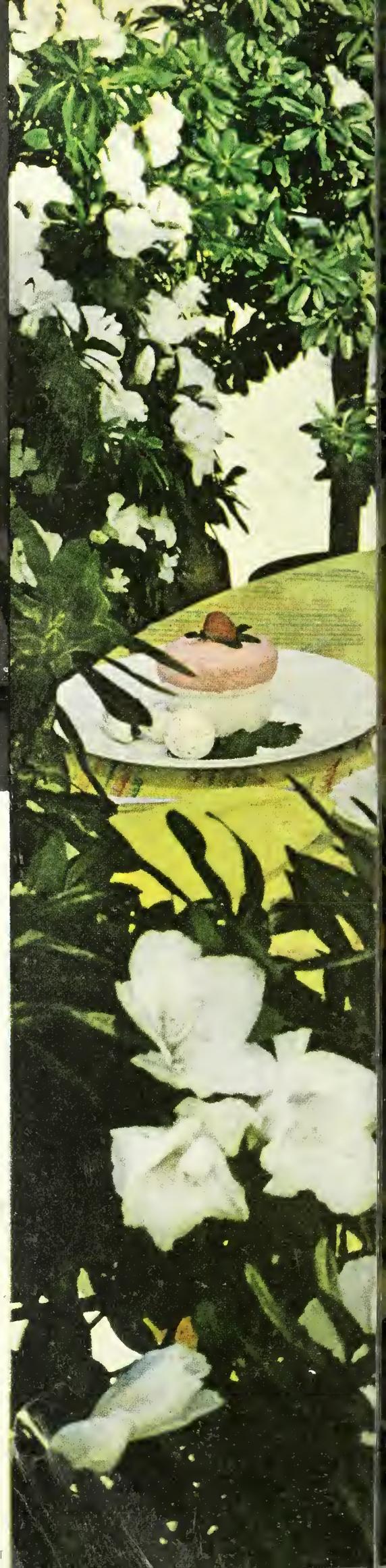
Right: Sheer romance—dinner for two in an orange grove, with a centerpiece of stephanotis and flowering kale. “Palace Court” Oxford bone china by Lenox. “Golden Orleans” gold-plated forks, knives, and spoons by International Silver, “Curraghmore” cut crystal glasses and candlesticks by Waterford. Cotton tablecloth, 20-inch-square linen napkins by Porthault. Tiffany sterling silver woven basket.

Above, left: For a blue and white English garden party, a blue and white tabletop garden of iris, crocuses, and cornflowers, growing and cut. “Rusticana” dinnerware by Villeroy & Boch. “American Colonial” stainless steel by Oneida Silversmiths. Pressed glass “Ashburton” goblets by Westmoreland Glass. Round linen tablecloth from Shaxted of Beverly Hills. Napkins are cotton tea towels by Elisa Daggs. Both tables photographed in Mr. and Mrs. Dean Johnson’s garden.

Bottom, left: For a country lunch, a back-to-nature table with an old-fashioned market basket brimming with freesia and plump peaches. To complete the picture, a pretty fruit salad. “The way a dish looks is as important as how it tastes,” says Connie Burdick of Piecemeal, who filled hollowed out oranges with melon balls, berries, and orange slices. “Cinnamon” stoneware by Royal Doulton. “Chelmsford” stainless steel by Towle, Fostoria crystal. Cotton “Hopscotch” mats and “Saumur Flower” napkins by Leacock. Vera tablecloth. Wooden butter spreaders and pepper mill. Photographed in the William Cameron Farrers’ garden. Shopping information, page 193.







Pretty food plus flowers that seem to be growing right out of the table

Right: A warm, sun-yellow table made bright by centerpiece of narcissus "planted" in a basketful of moss and a hand-painted tablecloth. David Jones also arranged white-blossoming, tubed gardenia trees around the table to add their fresh fragrance and make a cool contrast—with the white fluted china—to all the yellow. For added contrast, pink—in a strawberry mousse on a bed of fresh strawberry leaves and garnished with meringue mushrooms sprinkled with chocolate dust. "I think summertime lunches should be light and refreshing—and should take advantage of all the good fruits and vegetables available," says Connie Burdick of Piecemeal who prepared all the tempting dishes on these pages. "Torse White" dinnerware by Haviland. "Revolu-

tion" sterling silver and stainless steel flatware by Reed & Barton. "Haut Brion" crystal wineglasses and "Etrusque" crystal decanter by Baccarat. Cotton madras tablecloth hand-painted and stenciled by Peter Fasano. **Above:** A seaside-garden table—with sea-green hybrid paphiopedilum orchids, silvery ivy, sand-colored napkins and raffia mats, plates, and ramekins, embossed with sea shells. Glazed "Sea Sculptures" by Franciscan. Reproduction "Queen Anne" stainless steel flatware from Price Glover. Plain crystal wineglasses by West Virginia Glass. Ample 17-inch-square rayon and polyester napkins by Vera. Raffia octagonal mats by Leacock. Both tables photographed at Mr. and Mrs. Alfred Bloomingdale's. Shopping information, page 193.





THE

From tap to ballet to disco, the whole country is dancing. Here's what's going on and how to join in

One of my favorite movie moments was when Yul Brynner, as the dignified, undemonstrative King of Siam, finally "got down" and danced with Deborah Kerr. "And perchance," he sang, "when the last little star has leaved [sic] the sky/Shall we still be together with our arms around each other. . . shall we dance? Shall we dance? Shall we dance?" The polka, as dances go, is not exactly a great emotional liberator. But the King of Siam was charging, galloping, really cutting loose. Dance (just about any kind) does that to a person (just about any person). "It's so therapeutic," says Zita Allen, who writes about dance and has been studying it since she was 8 years old. "I feel complete control over my whole body, a fantastic sense that I can get my body to do what it's supposed to do. Whenever I feel annoyed or depressed, I run to a class. Some of the things that people are now trying to get into in other areas of life, through psychoanalysis and est . . . dancers have been into all along. They can always find their physical and emotional centers . . ."

According to Gilda Marks, who has the largest dance and exercise school in California, "Everybody's interested in movement these days, regardless of what it is." And that means everybody. Fred Kelly,

stepping out: Sterling St. Jacques gives a few pointers in disco dancing to one of the models at recent Givenchy show. His kind of dancing is Astaire with a 70's style." What's yours?

NEW EXERCISE

BY ELIN
SCHOEN

Gene, as a "modern dancer," is one tap class in his Oradell, N.J., studio in which all the students are grandmothers. His classes are overbooked, as are the courses he teaches at Pace University. Jerry Ames, author of *The Book of Tap* (David McKay) reports that tap class enrollments all over the country have tripled and doubled. The current student enrollment at the Alvin Ailey Dance School in New York is "just over 5,000." Last year, it was "closer to 1,000." Elementary classes for adult beginners have been growing steadily over the last two years at the Ellis-DuBoulay School of Ballet in Chicago. Seven years ago, only three or four tap students a week showed up at the Carnegie Hall International School of Dance where they also teach ballet, jazz, modern, Hindu, Spanish, Oriental, and Middle-Eastern dance. Now its tap classes seem overcrowded as Busby Berkeley production numbers.

The dance boom is reflected in the sales of dance gear. "Our business has expanded by 200 percent in the last four years, in leotards and all," says Walter Heman, vice-president of marketing at Capezio. "The biggest growth has been in leotards and leotard sales—and tap shoes. In January we were back-ordered, we couldn't fill orders for 12,000 pairs of one style of tap shoe. The 1 1/2-inch heel." Meanwhile, leotard sales have gone up 40 to 50 percent and tap shoe sales have risen 30 to 40 percent in the last 2 years. And Dorothy Hopper, of Danskin, mentioned the incredible and ever-expanding varieties of the contemporary leotard. It comes in colors such as bittersweet and mauve (with matching tights, of course), in satiny nylon or stretch cotton, with wraparound fronts and plunging backs, even with spaghetti straps. Dancewear is often perfect for street wear (I use some of my leotards as bathing suits). And the dance "look" has really influenced fashion, from snap-crotch body-suits to opaque pantyhose in bright colors.

Even more fundamental, however, is the "look" of the dancers themselves. "I really

youth," says Zita Alfén. And you have only to look at Dame Margot Fonteyn, Martha Graham, and other patron saints of dance—they're ageless! Underlying the whole new dance movement is, of course, the fact that physical fitness is on everyone's minds. And it is just plain more fun to slim or shape up with music than without. "Fun" is the key here. I remember when what was "good for you" was automatically assumed to be unpleasant. You might have been bored to death huffing through Royal Canadian Air Force exercises every morning—but they were *de rigueur*. Guilt was the motivating force. Straight exercise is about as appealing to the less Spartan of us as castor oil. With dance, however, you're so busy having a good time that you tend to forget that it also happens to be good for you.

For the serious professional, of course, there is a lot of the repetition, the routine, the strain that accompanies any hard work. But dancing, as work goes, is pleasant. The more you move, the more eloquently you move—and the better you feel, physically *and* mentally (a sound body can *make* a sound mind). I can speak with great authority on this subject, being, at times, a dedicated dancer and, at other times, a dedicated lazy person. When I'm in one of my dancing

stages, I think better, I write better, and I accomplish more. But, as for the deep-down rewards of dance, how it *can* feel,

I couldn't, even during a dancing stint, describe it better than Isadora Duncan: "an expression of serenity . . . controlled by the profound rhythm of inner emotion . . . it broods first, it sleeps like the life in the seed, and it unfolds with gentle slowness . . . the rhythm of all that dies in order to live again . . . the eternal rising of the sun . . . the rhythm of the waves; the rhythm that rises, penetrates, holding in itself the impulse and the after-movement, call and response, bound endless in one cadence."

In Isadora's time, America was not exactly kicking up its heels. Anna Pavlova toured the

country. So did the Denishawn dancers. But dance was neither a national pastime nor a national preoccupation. The fact that



EDWARD J. BECK

A place to dance: Ballerina Starr Danaïs is shown at the barre of the practice room she and her husband, dance teacher Doug as Wassell, converted from a bedroom in their New York apartment. Total cost (they did it themselves): \$305. One wall of 6-by-12 mirrors, including installation, \$300; 1 1/2-inch-by-7-foot dowel and two 2-by-4 wall supports for the barre, \$5. The wood floor is left unwaxed, with rosin to make it less slippery. And voilà! A place to dance to your heart's content. The room could work equally well for tap, modern, or disco. Starr Danaïs is co-starring with Mikhail Baryshnikov in a new film, *Turning Point*.

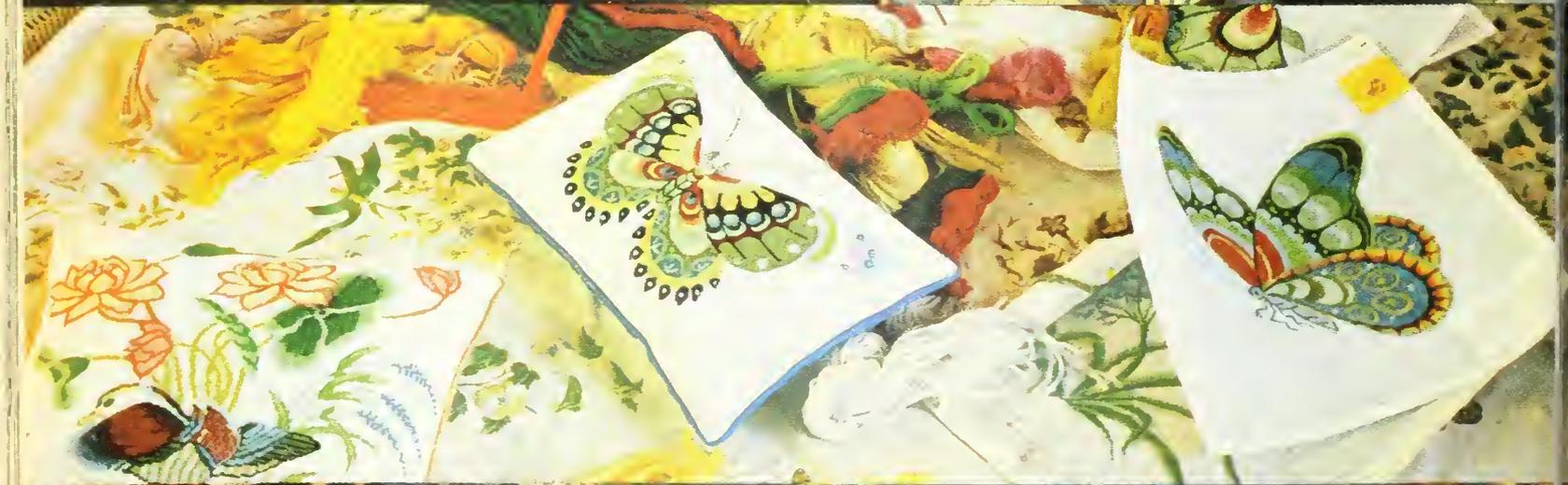
it is now both, that people now know about dance as the supreme physical tonic and want to partake, is due to tremendous efforts made by dancers, dance writers, and dance fans. Doris Hering. (Continued on page 170)

What dancing does for your health

"Dancing is one of the best forms of heart exercise there is," says Leonore R. Zohman, M.D., director of cardiopulmonary rehabilitation at Montefiore Hospital in New York. She urged dancing on a group of male heart patients, who were reluctant at first, thinking it was "women's stuff":

1. If the dancing is sustained, vigorous, and rhythmic (what is called "isotonic"), it can raise your heart rate to the proper target zone for conditioning.
2. You can dance at different intensities, to the same music, depending on your physical condition, so over-stressing yourself need not be a problem in order to keep up with others.
3. Dancing allows you to put the joints of your body through their range of motion, using both legs and arms together. This is highly advantageous because (a) you are strengthening body muscles and maintaining your flexibility, and (b) you are using your arms and legs together—ininitely preferable to exercising them separately.
4. Dancing is FUN. It's social, it's co-ed, and the music keeps you going. This means

but after hiring an attractive young choreographer to train them, they began to take to it, and after 6 months, not only had their physical fitness improved considerably, but they didn't want to stop! Dr. Zohman gives four reasons why dancing is such a good conditioner for the heart:





Riches from the China Trade

A real trader's house brilliantly preserved with Chinese Export antiques, and open as a museum so you can see the treasure firsthand

Chinese Export furniture, porcelain, and silver are arousing a great deal of interest these days, partly thanks to the work of the Museum of the American China Trade, in Milton, Mass. "Chinese Export is increasingly being recognized," says the Museum's founder and curator H. A. Crosby Forbes, "as the finest in craftsmanship and decorative art." The Museum, in one of two fine old buildings housing the exhibits, is an original

trader's house built in 1837 by Mr. Forbes's great-grandfather, Captain Robert Bennett Forbes—a pioneer venturing for the collection, the nucleus of which came from the "Opium" trade. "Chinese Export was made specially for the European and American markets," explains Mr. Forbes. "The traders did not, as some people think, raid the Chinese of their artifacts. It is time to recognize the influence of Chinese Export on Western design."

Above, top: Traditional Chinese bed with inlaid work and oak wood. Porcelain washstand and pot belonged to Captain Forbes.

Above, 4: collection of Chinese snuff bottles.

Opposite page, from top: Green and White China, each a work of inventive design. The Museum, 100 U.S. acres of land and 100 ft. overlooking Boston Harbor—so Mrs. Forbes could watch the cobbers return safely from the East. Chinese dinner trays and tables from the 17th to 19th centuries. Inlaid with brass or copper, the inlaid lines could inspire today's designers. Silk shawl with embroidery, design reproduced exclusively by Madeleine Holt Needlepoint, Oyster, Mass. 02653.

Chinese tea and wine pots, a glorious array.



Riches from the China Trade



Original room settings were preserved to create an evocative atmosphere for the treasures representative of the Continental English and American trade, often brought back in the most dangerous circumstances over the high seas. There are two looks to Chinese Export, Mr. Forbes explains. "Artifacts that are of Chinese design, and were often copied by Europeans; and artifacts that were made to European specifications and have frequently since been passed off as European." For this reason, Mr. Forbes believes

that many American households may have Chinese Export objects without knowing it. "And those that are being reclaimed as Chinese Export are becoming collectors' items," he says. "things that had been hidden for years." For how to tell, see page 48.

Top left: In the Chinese Parlor, one of three upstairs rooms in the Captain Forbes house (now a National Landmark) recreated with pieces of the period, the suite of rosewood furniture was brought back by the Captain in 1849; over the fireplace hangs a portrait of Houqua, the Chinese merchant in Canton who dealt with Western trade; the wallpaper is a reproduction of an original, described in old Forbes letters; an ingeniously made hanging lantern disassembles into separate pieces of glass and wood for traveling.

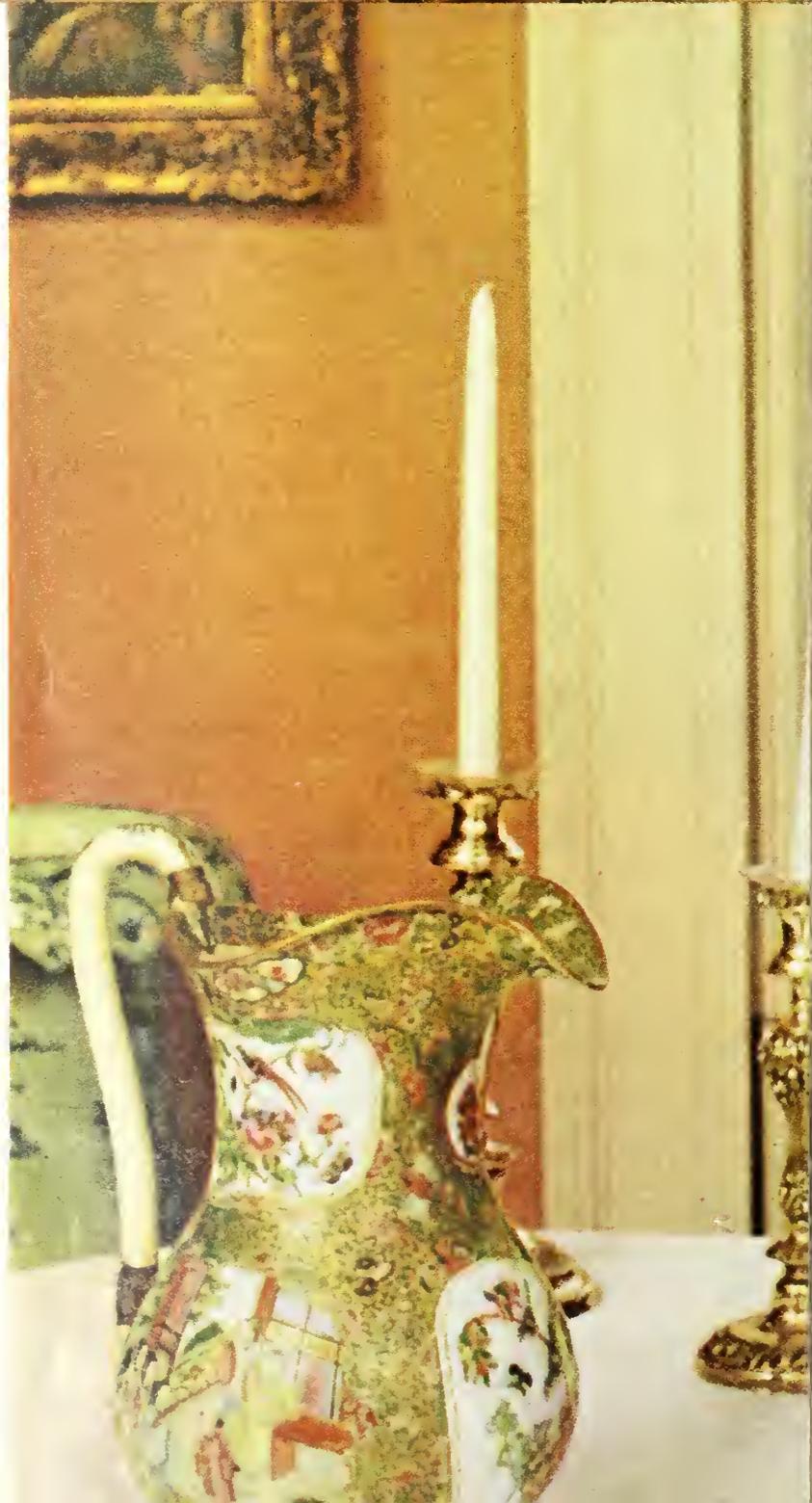
Top center: In the bedroom, with original fireplace of dove-gray marble and built-in closet, the desk is made of delicately

carved camphor wood ("it keeps out bugs"); rosewood and wicker chaise lounge; Chinese-made gate-leg table under left-hand window.

Top right: In the bathroom, the built-in tin tub is framed in cherrywood; Cantonese bowl and pitcher; blue and white foot-bath, camphor wood blanket chest; embroidered silk shawl.

Above: A silk shawl from the court of Queen Victoria, draped over a Cantonese black lacquer box with painted silk liner.

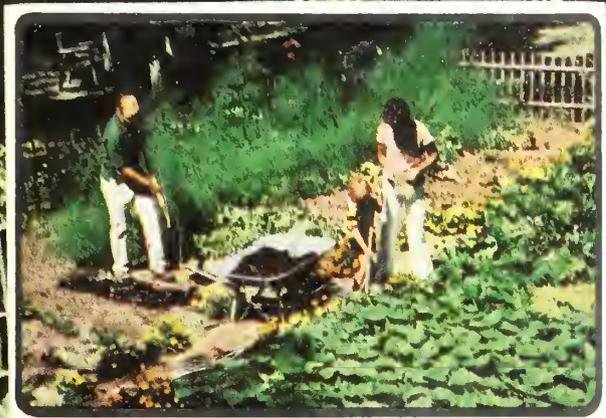
Right: 18th-Century punch bowl, with vignettes of Forbes castles and inscription, made for a Scottish member of the Forbes clan. Richly decorated water jug dates from the 1840s.



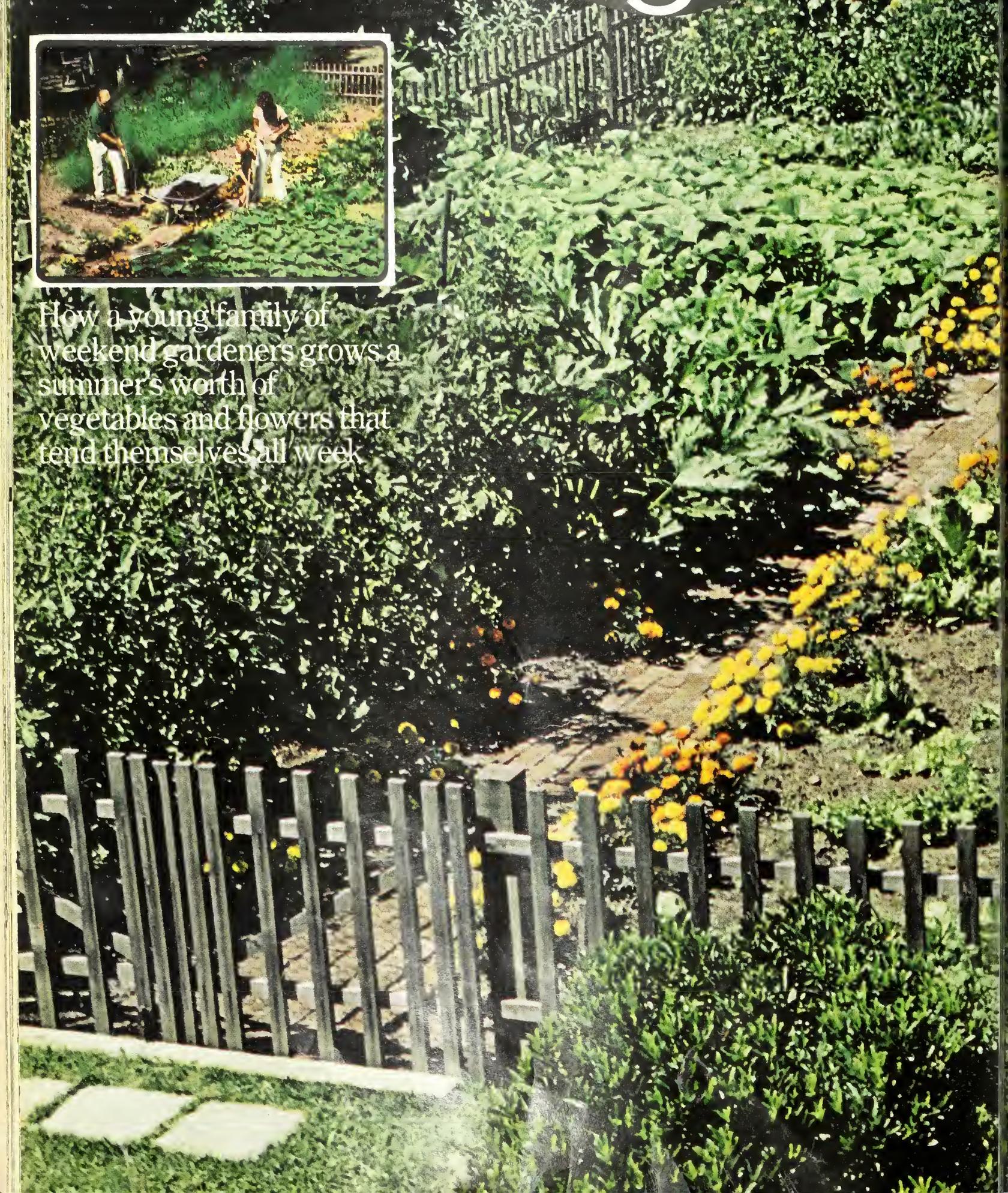


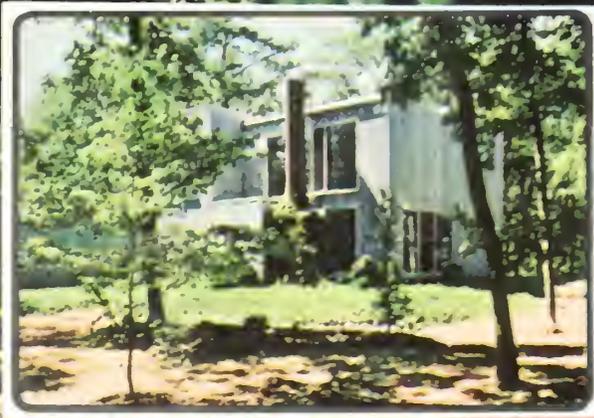
If you have only two days a week to garden

The 8-hour garden



How a young family of weekend gardeners grows a summer's worth of vegetables and flowers that tend themselves all week.





FOR WEEKEND GARDENERS TO GROW

- Evergreen groundcovers
- Easy-to-grow vegetables
- Hardy shrubs
- A minimum of grass

Here's a garden for people who love gardening, but don't want it to take over their lives. "We think of gardening as family exercise and fun," says Mrs. John H. Allan, who, with her husband and their 6-year-old son, cleared their woods for a weekend garden. They composted leaves to improve the soil's tilth and water retention, and continue to mulch with leaves and grass clippings from a nearby golf course (their own lawn's "just big enough for playing catch"). "Watering is done the minute we leap from

White Impatiens	Double roses	Amelia			
Onion's corner	Bears	Broccoli	Asparagus		
Tomatoes	Squash	Beans	Peas	Lettuce	Parsley
Flowers	Onions	Cantaloupe	Peas		
		Mangoes	Nugget		
Compost bins					
Flowers	cosmos	Others	Asparagus	Eggplant	
Zinnias	Others	Others	Asparagus	Tomatoes	
Others	Others	Others	Asparagus	Peppers	
Dwarf evergreens	Hearts	Hearts			

FOR WEEKEND GARDENERS TO HAVE

- Rabbit-proof fencing
- Active compost bins
- Moisture-keeping, weed-reducing mulches
- Rain gauge and temperature recorder

the car on Friday and on Sunday as we load up for the city." Though not strictly organic—the Allans add chemical fertilizer in early spring—they do not spray after vegetables are set. Beetles and hornworms are plunked into what son David calls "the bad guys jar" of ammonia water. Crops planted are shared with John's colleagues at *The New York Times*. More, page 237.

Left: Everything is grown from seed except perennial asparagus.

Opposite page, inset: John, Penny, and David Allan share summer chores. **Above:** Woods around house were thinned to islands of trees, shrubs.

Right, above: David about to nip sucker from one of his very own tomatoes.

Right: Compost bins are the secret of this garden's good soil and abundance.



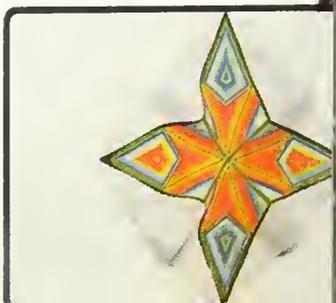


BAS-RELIEF BASKETWEAVE

By controlling yarn tension and shaping the canvas, you can sculpt as you stitch

Sculptural needlepoint, a totally new art form, was invented—by mistake. Paul Himmel's wife was needlepointing a butterfly, and Mr. Himmel, a photographer-turned-social worker, was so intrigued with the process that he decided to learn. When his canvas developed some lumps and bumps, rather than despairing, he *used* this added dimension. The sculptural quality is achieved, he explains, by working the design inward from the edges, using several different stitches—usually at least three, and finally by pasting cotton to back of canvas to hold form. Paul Himmel invents his stitches as he goes along—and so can you. Some of his stitches, see page 192.

LILLIAN BASSMAN



If you like to try your hand at something new,

Revolutionary needlepoint

THE MAGIC TRIANGLE

A single basic stitch that lets you create hundreds of geometrics

"Add some color to the triangle, and use it to build hexagons, and it will do wonderful circus tricks for you," suggests Shirlee Lantz, inventor of trianglepoint. Her fascination with the rhythms and play created by the optical illusions in the hexagonal designs of Islamic art and architecture, Western medieval manuscripts and mosaics, and even snowflakes, finally resulted in her development of trianglepoint. "It is economically sound to use what is available in design as well as in materials," Mrs. Lantz believes. Before she invented this totally new stitch, it had been impossible to transpose hexagonal designs based on the 60-degree angle to canvas whose threads cross at 90-degree angles. Now, one easy-to-learn stitch opens a multitude of geometric designs to needlepointers. To learn how trianglepoint is done, turn to page 192. For an abundance of designs you can try, see Shirlee Lantz's book, *Trianglepoint: From Persian Pavilions to Op Art with One Stitch* (Viking Press).

Opposite page: Paul Himmel in his favorite needlepointing stance—lying down. "It is very satisfying," he says, "to feel the design growing under your hands."

Inset, top: Diamond-patterned needlepoint sculpture, about 18 inches high, with a 3-inch relief, by Paul Himmel. The jewel forms and colors of his designs were recently right at home in Tiffany's windows.

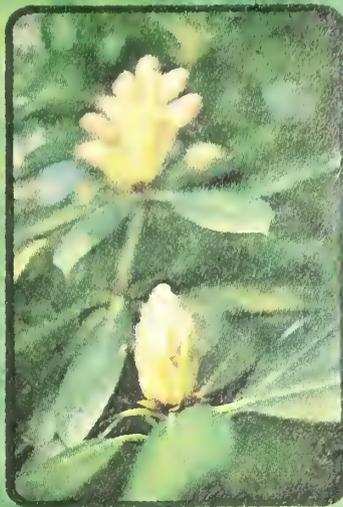
Inset, left: Needlepoint sculpture framed in a shadow box.

Inset, bottom: Star-patterned needlepoint sculpture in clear bright colors. Paul Himmel finds some of the best bright colors in expensive yarn.

Right: Shirlee Lantz surrounded by a sampling of the designs you can do with trianglepoint. Mrs. Lantz uses her entire apartment as a work space. Rather than being hidden away, her materials are natural decoration.



{ BLUE VITRIOL
COPPER SULPHATE
1/2 TSPN
GLAUBER'S SALTS



TSPN
N
LOPSIS FLOWERS
1/4 TSPN
SUM. 1 1/2 TSPN

TIN. 2/3 TSPN,
TARTARIC ACID. 2/3 TSPN.
GLAUBER'S SALTS

FN.
SALTS
ROOTS)
2/1
C.S. 2/3 TSPN



If you're a dyed-in-the-wool craftsman

Grow your own color

Pick your pigments fresh from the garden, and turn flowers, leaves, roots, and bark into natural dyes for your weaving and needlework



Dyeing yarn or fabrics with the juices of plants, flowers, vegetables, or fruits is one of man's earliest crafts. One squeeze of a paleolithic berry, and man was busily staining animal hides, painting cave walls, and figuring out how to extract colors from all the natural resources around him. As weaving emerged, so did dyeing, and today it is essentially the same craft as in centuries past—but more scientific, and more convenient. Colors can be controlled through the use of chemical mordants, and you can dry or freeze dyeing materials. This makes dyeing less harried and more predictable than it was in a cave, but happily you can still have surprises since nature, naturally, is never exactly the same twice. You can dye yarns or

“Natural dyeing is nature’s palette transformed with the human touch.”

cloth, using flowers, fruits, and vegetables, provided they are 100 percent natural fiber, such as wool, cotton, or linen. Nuts, onion skins, lichens, and tree barks also produce lovely rich colors. Mrs. Gino Circiello, wife of the New York restaurateur, used blossoms, leaves, and roots for the subtle, old-world colors here. “Many flowers will give you warm yellows and oranges,” she said. “While berries yield deep reds, blues, and purples—those stains we dread on a white tablecloth can be put to good use!” All you need are enameled or stainless-steel cooking pots, a few odds and ends such as string and tags, and mordants—chemicals to hold or change a color. Instructions for this dyeing art, plus a list of color-recipe books, can be found on page 120.

Opposite page: Day lilies

Opposite page, far left: Skeins of dyed yarn ready for weaving or knitting.

Top, from left: *Rhododendron* leaves for greens, grays, rusts; *Day lilies* for greens, golds, yellows; *Coreopsis* for yellow, orange; *Bloodroots* for tans, reds. Different colors result from different mordants.

Bottom left: Dye baths.

Right, from top: Yarn in the buff; Mordants, to stabilize or alter colors.

Simmering yarns with waterproof recipe tags.

Rinsing dyed wool; Wool drying.

The little frog, woven from naturally dyed yarn like its Unicorn Tapestries original.

Nini Circiello, her loom behind her, finishing a knitted afghan of natural wool.

MADINE BEPTIN



Dance: The new exercise
continued from page 159

a distinguished critic and long-time supporter of the regional dance movement, is executive director of the National Association for Regional Ballet, which, quite naturally, has as its goal another Isadora vision: "I see America dancing, beautiful, strong, with one foot poised on the highest point of the Rockies, her two hands stretched out from the Atlantic to the Pacific, her fine head tossed to the sky, her forehead shining with a crown of a million stars."

The NARB now has 115 member companies. And Miss Hering has engineered a program, funded by the Andrew W. Mellon Foundation, to form a repertoire for NARB members by carefully choosing the best of over 500 works by regional choreographers. So regional innovations, the accents of the South, the Northwest, Texas, are making themselves felt and seen in the national dance picture, even as NARB companies bring the best of dance to areas heretofore untouched by the art.

And it's easier for people to relate to dance today. Although pure, classical ballet flourishes (nothing draws crowds like *The Nutcracker Suite*), the lines between dancing disciplines have blurred. Richard Philp, managing editor of *Dancemagazine*, speaks of "a conglomeration, an amalgamation of style." Then, too, there's the superstar phenomenon. Dance heroes may not approach, say, the Mary Tyler Moores of the world in numbers of press coverage, but their presence is felt. Dance fans have always flocked to see their favorites; now, the public-at-large goes to see Mikhail Baryshnikov (in whatever) and talks about it for the next 3 weeks. General magazines are glomming onto what used to be the nearly exclusive turf of *Dancemagazine* (as in Baryshnikov's appearance on *Time's* cover). *Dancemagazine's* subscriptions have tripled in the last 5 years, and it nimbly keeps up not just with the stars but with the total dance scene.

It publishes reports from everywhere—Akron, Salt Lake City, St. Paul—and on everything from toe-shoe technology to the state of arts funding. ("Dance has become a responsible business," reports Richard Philp.) *Dancemagazine* has a regular TV column. In one recent issue, disco was covered right along with Baryshnikov's latest moves. And let us not overlook the influence of television in the dance boom—not that dance is new to television. The June Taylor Dancers were a hallmark of my childhood, and I was hooked on *American Bandstand*. But serious efforts to translate major dance works into the TV idiom were thwarted by limited interest on the part of producers and the public, and the limited ability of the cameras to capture the performances. Now, all that is changing. *Dance in America* is not only the first

Continued on page 190



The Drink.

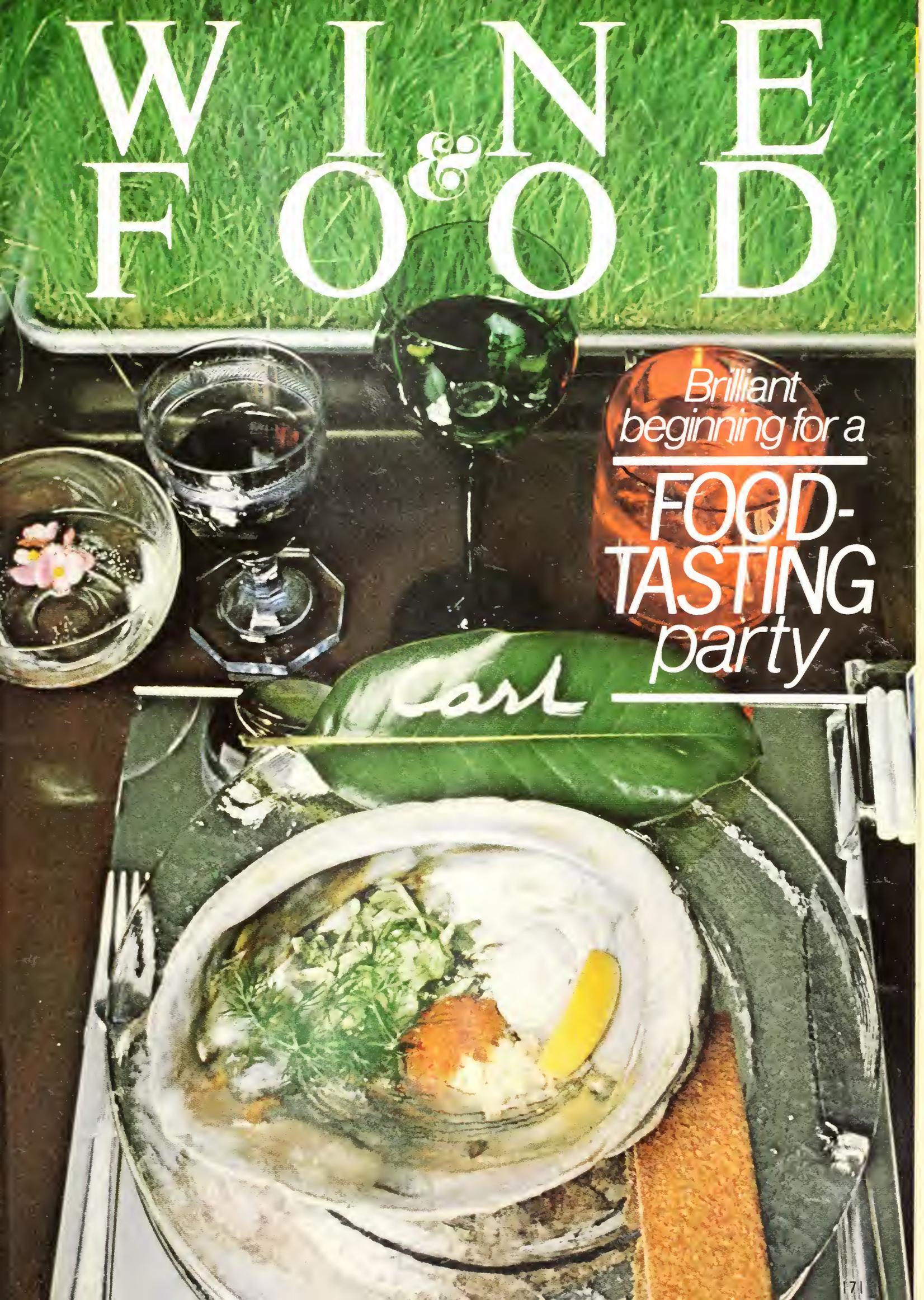
Harveys Bristol Cream
with a wedge of lime
on the rocks.

So good, it's one of the nicest
ways of all to serve
and enjoy the best there is.



WINE & FOOD

*Brilliant
beginning for a*
**FOOD-
TASTING**
party



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A Jell-O® Pudding Triple Chocolate Cake is a triple chocolate treat for the whole family. Start with your regular chocolate cake mix. Then make it really rich, moist and more chocolatey by adding in chocolate flavor chips and Jell-O® Chocolate Flavor Instant Pudding.

So give everyone a triple chocolate treat. Make a chocolatey, chocolatey Triple Chocolate Cake.

Triple Chocolate Cake Recipe

1 package (2-layer size) chocolate cake mix
1 package (4-serving size) JELL-O® Chocolate Flavor Instant Pudding and Pie Filling
4 eggs • 1¼ cups water • ¼ cup oil
1 cup BAKER'S® Chocolate Flavor Baking Chips
Combine all ingredients in a 13x9-inch pan and stir with a fork until blended, about 2 minutes.* Bake at 350° for 40 to 45 minutes, or until cake springs back when lightly pressed. Cool in pan and cut into squares. Sprinkle with confectioners sugar, if desired.

*At high altitudes, increase water to 1¾ cups, add ¼ cup flour, bake at 350° for 40 min.

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**Bake in moistness.
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WINE & FOOD

This month: A low-calorie, slimming vegetarian diet from Mexican health spa, Rancho la Puerta. Party ideas from Countess Ulla Wachtmeister's splendid 22-course food-tasting. Wine makes news in New York State—a special report

Feel good food

Rancho la Puerta's menus for a week

	Breakfast	Lunch	Dinner
Sunday	Half slice Tecate toast Individual casseroles of huevos Rancheros: 2 eggs poached with a sauce of tomatoes, onions, oregano, and basil Berries and yogurt sprinkled with date sugar	Hot spiced tomato soup Half avocado stuffed with pot cheese, celery, raisins Sesame bread sticks Fresh fruit	Sweet carrot soup Persian pancakes 1-ounce dish grated coconut and peanut butter Fruit salad 3-inch-square piece cheese cake

Virtue Making Diet—The Golden Door's 1-day, 6-drink liquid diet (see House & Garden February, 1976)

Monday	Half grapefruit Hot millet cereal with honey and skim milk	Small vegetable salad with alfalfa sprouts, sunflower seeds, and egg salad dressing Fresh fruit	Broth heated with fresh raw vegetables and sliced raw ginger. Greek olive and feta salad on a bed of chopped lettuce: oil, vinegar and oregano dressing. Stewed pears
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Tuesday	Half slice Tecate toast Soft boiled egg Freshly grated red apple with skin, raisins, and cinnamon	Waldorf salad Rice-and-pine-nut-stuffed zucchini, oregano and tomato sauce Fresh fruit	Purée of spinach soup Red and white cabbage slaw Carrot-nut loaf Small baked banana with honey
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Wednesday	Muesli: 1 ounce each oats and chopped dried figs soaked overnight in water, mixed with grated apple and 5-6 chopped hazelnuts. Served with skim milk	Fresh raw vegetable plate Assorted cheeses Baked apple stuffed with raisins and cinnamon	Sliced tomato and red onion salad: oregano, vinegar, and olive oil dressing Cream of peanut butter soup Broccoli soufflé Pineapple yogurt pie
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Thursday	Egg poached in milk, margarine, salt, pepper Half slice Tecate toast Sliced orange with grated coconut	Cream of corn soup Raw vegetable sticks Yogurt and curry dip Spinach pie Fresh fruit	Tomato stuffed with guacamole salad—avocado mashed with celery and onion Cumino's soup Tostados with Salsa Mexicana Caramel slum custard
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Friday	Papaya with lime Old-fashioned oatmeal sprinkled with bakers' bran, cinnamon, and raisins	Spring salad of sliced radishes, cucumbers, bell peppers mixed with yogurt and sprinkled with chives	Watercress and sliced raw mushroom salad: oil and vinegar dressing Gazpacho Cabbage rolls Grape pudding
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Saturday	Grilled Monterey Jack cheese on half slice Tecate bread Fruit salad with toasted sesame seed and honey dressing	Caesar salad Eggplant Parmesan Fresh fruit	Mixed salad of lettuce, tomatoes, carrots; lemon and oil dressing Pinto bean soup Baked potato: baked, scooped out with only half the meat stuffed back in the skin after being whipped with cottage cheese, seasonings, and chives Apricot yogurt mold
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Fresh snow cones quench thirst.

How to eat yourself slim, with hearty, high-energy menus and recipes from the Rancho la Puerta

At Rancho la Puerta Deborah Mazzanti's world-famous health resort in Tecate, Mexico (just a 2-hour drive away from her other health spa—The Golden Door), the food is hearty and vegetarian, but it's low-calorie, too. A balanced lacto-ovo vegetarian diet is served buffet-style three times a day. Guests scale portions to their individual diet goals. The suggested daily calorie count is 1,000. It comes in the form of fresh, natural foods and a wonderful dark stone-ground bread. It's a satisfying diet for most guests to lose weight by. Here are menus for a week, plus some of the Rancho's great recipes. We advise you to consult your doctor before embarking on this or any other reducing diet plan.



Feel good food *continued*

A mecca for health enthusiasts for 35 years, the Rancho la Puerta in Tecate, Mexico, is perhaps the most at-one-with-nature of all the health resorts. One hundred fifty acres of hilly, vine-covered terrain, a gentle Mediterranean climate, sunlight, clean air, and pure water are unflagging attractions for guests from all over the world. They come to reduce tension and stress with a low-key regime of exercise and sport on a self-imposed diet. Many of the organic foods are raised in the ranch's own vegetable gardens and orchards; herbs are picked from the surrounding hillsides. Whole-grain bread sweetened with honey and flavored with caraway seeds is baked several times a week in an open-air oven. The emphasis is on fresh, natural foods and simplicity of preparation; each meal takes only about 30 minutes to prepare. Founded in 1940 as a health camp, the Rancho has grown in size and range of activity with the years and offers a program that will kindle a new body awareness, yet suit individual energies.

Each day is filled with move-

ment—from gentle exercises performed against the comfortable resistance of warm water in the Japanese Family Tub, to a much more bracing early morning mountain hike. Tennis, putting, yoga, gymnastics, swimming, and volleyball can be interspersed with passive pur-

"Of all the medicines created out of the earth, food is the chief"

Quote on the wall of Rancho dining room



suits—Swedish massage, herbal wraps, scalp treatment, and facials. People of all ages fit into the Rancho community's informal, family atmosphere. Beginning in June, guests will be accepted for a minimum 5-day visit: some weekendings will be permitted if accommodations are available.

Prices for a 5-day visit range from \$250-\$350 for a single room to \$200-\$325 each for double occupancy. For more information, write to Rancho la Puerta, Tecate, Cal. 92080.

Tecate bread

INGREDIENTS

2 ounces yeast
4 cups warm water (105°-115° for dry yeast)
2 tablespoons honey
½ cup oil
7½-8 cups stone-ground whole-wheat flour

METHOD

Place yeast in a very large bowl. Add warm water and stir. Blend in honey and oil. Add flour gradually while beating with an electric mixer. Keep adding flour until dough pulls off the beaters cleanly. Turn dough onto floured board and knead until it is no longer sticky. The dough is ready when it is silky and feels slightly bouncy, 8-10 minutes.

Divide dough in half, and roll each half into a 12-by-15-inch oblong. Starting with the narrow end, roll up, jelly-roll fashion. Seal seam and fold each end over 1 inch. Place seam side down in 2 greased 9-by-5-by-3-inch loaf pans. Cover with a clean cloth and allow to rise in a draft-free, warm spot until double in bulk—about 1 hour. You can check to see if dough is ready by pressing the top with your finger. If a dent remains, the dough has risen enough.

Bake in a preheated 350° oven 50-60 minutes, or until bread has a hollow sound when rapped on top and the loaves are well browned. (A teaspoon each of fennel and caraway seed can be added to dough for a different flavor.) Cool on racks. Slice each loaf into 22 slices. **105 calories per slice.** To freeze, wrap in plastic wrap, pressing out as much air as possible. Can be kept frozen about 4 months.

Apple snow

(Nieve de manzana)

INGREDIENTS

3 tablespoons lemon juice
1 tablespoon honey
4 tart, crisp apples, peeled and cored
3 ice cubes

garnishes: mint, sliced lemon, or slivered candied ginger

METHOD

In a bowl, stir together the lemon juice and honey until honey dissolves. Grate the apples into the bowl and stir well. Chill until quite cold.

Crush ice in a blender and mix into apple mixture. Serve at once with a garnish of fresh mint, a lemon slice, or piece of candied ginger. Serves 4. **90 calories each.**

More recipes, page 188

Above left: A Rancho day starts for some with a 6:30 A.M. mountain hike combined with a jog if you wish.

Above right: Simple and rustic guest casitas have big fireplaces.

Center: Chef Juan Murato Medrano prepares to serve lunch.

Left: Fresh Tecate bread.

Bottom: exercise class.





Clockwise from top right:
Colorful vegetarian dishes—
Salsa Mexicana supplies
the dip to a lunch
of tostadas with
avocado, into bean soup
with its garnishings of
crushed coriander, onion,
tomato, and cheese. Adriatic
yogurt mold garnished with
crushed pineapple, mint,
or lime. Carrot soup,
spinach pie, and grape
dubbing. A plate of fresh
fruits. Eggplant casserole
delicious!

A taste



of perfection

22 separate courses, each a morsel of excellence, served with wit and imagination at a table planted with a living lawn



Far left: The dining table is backed with magnolia branches brought in from the garden, with make-believe white doves perched on the branches. Wispy bamboo branches add to the woodland setting, emphasized by recorded bird chirpings.

Above: Geraniums frozen in ice make a beautiful jacket for a bottle of Swedish akavit (Skåne). To make your own ice block—try it for vodka, too—boil water first to make the ice more transparent. Cool, then pour into an empty milk carton with the bottle and flowers (begonias would look pretty, too), leaves, stems, and all. Freeze until solid. Tear off the cardboard carton when serving.



arranging a party is like painting, but with different ingredients. Putting together the people, the food, the table means making a collage of real things that come together and then disappear at the end of the evening," says Countess Ulla Wachtmeister, *right*. This Swedish artist, wife of the Swedish Ambassador to the United States, Count Wilhelm Wachtmeister, is also a nonstop party giver. Parties that are an essential part of their diplomatic life—but also occasions that she thoroughly enjoys orchestrating. And because Ulla Wachtmeister's parties are sparked by her unique flair and imagination, they've become perhaps the most sought-after in Washington.

One of these, a food-tasting party at the Swedish Embassy in Washington, D.C., for a group of friends with a special love of food, shown here and on the following pages, consisted of a witty and eclectic menu of 22 courses. Twenty-two different tastes, from Swedish caviar (Löjrom) nestled in a pearly abalone shell with a light touch of dill, onion, and sour cream, to Earl Grey tea sherbet served in a tea cup. Each course, as fresh as the party's spring theme, was presented in a series of beautiful still lifes. A dizzy kaleidoscope of beautifully arranged plates held just a taste, a bite or two, of sheer invention—one course, a nest of Korean flavored spinach, nestled twin creamy eggs plus a larger egg, to symbolize the abandoned cuckoo's egg. Another, a cheese course of creamed Gorgonzola, was set in a golden aspic garnished with shredded red cabbage. "We spend so much time eating, that food should be an art form in itself," says Ulla

Wachtmeister. "It should be a surprise and excitement through an original presentation—not an inevitable thrice-a-day routine."

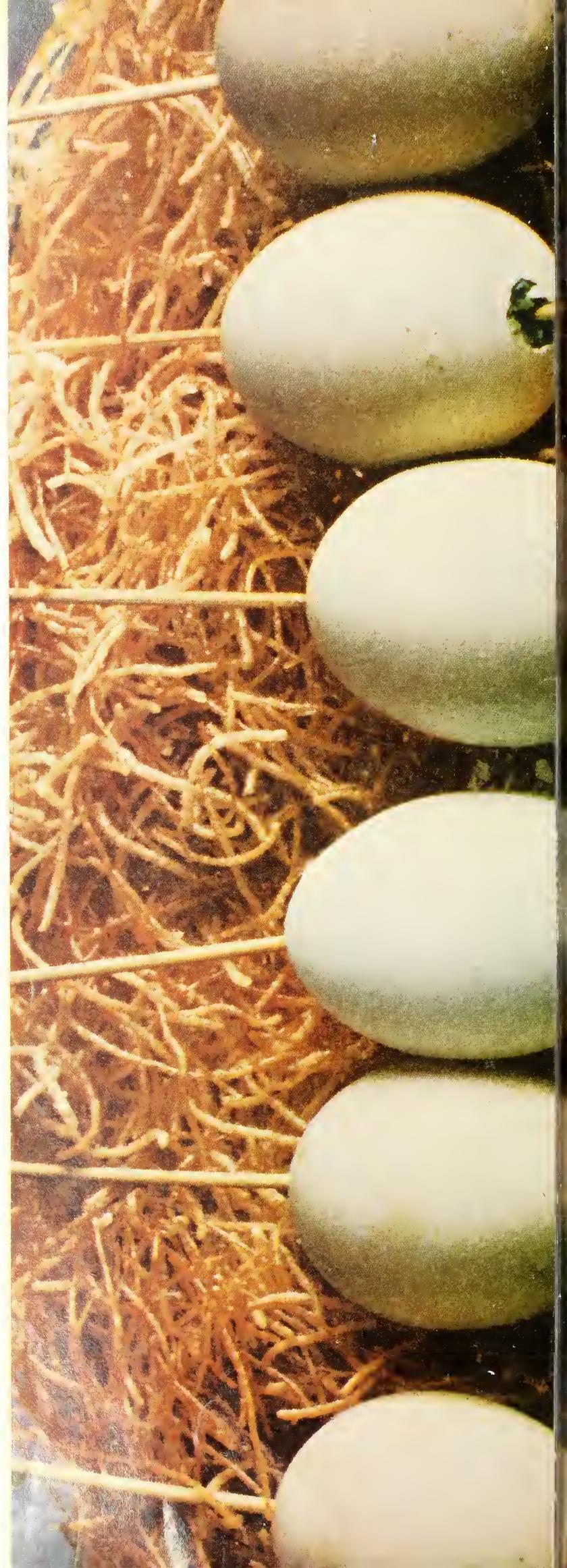
So for twenty-four—a group of friends who belong to a small cooking club—and a sprinkling of extra guests, a breath of spring came early. Down the center of the dining table ran a path of bright green rye grass, grown indoors on metal baking sheets, studded with anemones, freesias, and tulips. Magnolia-leaf place cards were chalked with each guest's name. A shining "pond" of mirrored glass for each place mat was bought inexpensively in a hardware store. Bright daffodil yellow napkins, glass plates by Kosta Boda, red

Food should not be routine; it should be a surprise, an excitement, through the way it is presented

and white glasses, and flickering candles decorated each place. The menu, a scroll, tied with blue and yellow silk. "When I have no time to paint, I try to be creative in other ways," says Countess Wachtmeister. "My parties, like my paintings, are always different, but have a certain quality and style; I try to make them personal and original." Years spent in posts in Moscow, Vienna, Madrid, New York, and travels all over the world, have lent eclectic inspiration: "I particularly like the Oriental spirit of presenting food as an exquisite picture." These spur-of-the-moment ideas are created with the embassy chef, Gunter Kreftner. Menu, recipes on the following pages.



twenty-two courses, a Diamond Jim dream—no, a witty, festive way to treat guests to a variety of tastes, and some spur-of-the-moment culinary ideas. Countess Ulla Wachtmeister's menu ran into the twenties, but she suggests if you try the idea at home, whittle down the courses by perhaps half, and serve a little more than the delicate morsels served at this dinner. Cooking ahead was part of the secret for the party, prepared, *left*, by Countess Wachtmeister and her chef Gunter Krefstner. On the *right*, quick takes of some of the highlights. To start, a skinny **glass of Swedish vodka**, served here to daughter Anna Wachtmeister by butler and co-party planner, Arvid Johansson (A). An oval platter of **Eggs Dali and Exploded noodles**, *close-up, near right*, inspired by Salvador Dali. Eggshells are piped full of a leek-flavored cream, tangy with anchovies, placed on wooden skewers, and served warm on a crisp bed of golden, deep-fried rice noodles—one of many courses repeating an egg-and-nest motif. The world's smallest serving of **Lobster thermidor** (B), delicious nonetheless, in a white shell. **Mussels** (C), just two, soloing on a bed of shredded lettuce dressed with herb-flavored green sauce. **Hidden cheese** (D), creamed Gorgonzola set in a bed of golden aspic. **Korean spinach**, (E), nestling two creamy eggs and abandoned cuckoo's egg. **Fish package** (F), served on a Chinese red-lacquered tray, it typifies the spare beauty of Japanese cuisine. **Gravlax** (G), salmon marinated in dill, sugar, and salt, and sliced paper thin with a tangy mustard sauce. **Eric Wachtmeister** (H) consults the lengthy menu for a clue to the next course. **Lamb and leeks on a spit** (I), set on a red-lacquered tray with a salad of eelery root, plus stewed tomatoes, crisp, deep-fried kale, brown rice. **Baltic soup** (J) is half-a-dozen spoonfuls of saffron- and curry-scented broth with a poached scallop. The colorful hand-written **menu**, (K). **Desserts**, (L), served on exquisite Royal Danish porcelain: Black currant cream, Earl Grey sherbet, Grandmother's pot holding a caramel-and-chocolate cream, and a white cake nest with red currant eggs.



22 taste sensations

1. Swedish Caviar
2. Gift Package
3. For the Birds
4. Eggs Dali; Exploded Noodles
5. Gravlax
6. California Chanterelles
7. Oriental Influence
8. Baltic Soup
9. Mussels
0. Lobster
1. Fish Package
2. Pheasant Consommé
3. Salad
4. Lamb and Leeks
5. Brown Rice
6. Tomato Stew
7. Fried Kale
8. Hidden Cheese
9. Black Currant Cream
0. Earl Grey Sherbet
1. Grandmother's Pot
2. Cake with Red Currants



B

The glorious cheese course is creamed Gorgonzola encased in a medallion of golden aspic



D



C



G



H



Menu

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End of menu

K



Taste of perfection
continued from preceding page

Fish packages

INGREDIENTS

1 pound fish bones and trimmings
1 bunch parsley, chopped
1 onion, sliced
1 glass (6 ounces) dry white wine
salt
1 pound rockfish, sole, or flounder fillets
collard greens or lettuce leaves
3 shallots, chopped
1 carrot, sliced
¼ rib celery, finely chopped
2 tablespoons butter

METHOD

□ In a large kettle add bones, parsley, onion, ½ of the wine, and water to cover ingredients. Bring mixture to the boil and simmer 20 minutes to produce a strong fish stock. Salt to taste.

□ Cut fish in even pieces, about 2 inches long by 1 inch wide, big enough to fold into each collard green or lettuce leaf. Cook the fish very carefully in the stock for a few minutes until tender. Remove with a slotted spoon and place on paper towels.

□ Blanch the collard greens or lettuce for about 5 minutes in boiling water. Plunge into cold water and drain. In order to have neat and uniform packages, trim leaves to same size. Place a piece of fish in the center of a leaf and fold the end nearest you over the fish. Turn the package over again to enclose the fish securely. Fold over the corners, and press down to seal, making a closed package or envelope. Place fish packages in a buttered glass dish.

□ Lightly sauté the shallots, carrot, and celery in the butter. Add to the fish stock and simmer about 5 minutes. Add remaining wine to mixture and pour over the fish packages. Place a carrot slice on top of each package and refrigerate. Before serving, heat in a moderate oven (350°) about 10 minutes. Serve from casserole. Serves 10—about 2 per serving.

Hidden cheese

INGREDIENTS

2 cups beef consommé flavored with port or Madeira
2 envelopes unflavored Knox gelatin
¼ pound Gorgonzola cheese
4 tablespoons butter
2-3 tablespoons heavy cream
finely sliced red cabbage
finely sliced green celery
curled cress seed, available from health food stores and garden shops.
Can be grown quickly indoors
("I sprouted it myself on a towel")
Swedish crisp rye bread

METHOD

□ In a saucepan, add consommé and gelatin and place over low heat, stirring constantly, until gelatin is dissolved. Fill individual ½-cup ramekins with 2 table-

spoons mixture, and cool until firm.

□ Sieve together the cheese and butter into a bowl. Stir in cream and mix until very soft. Put a heaping teaspoon cheese mixture in the middle of each ramekin. Pour remaining gelatin mixture just around and over the cheese. Cool.

□ Unmold the gelatin/cheese mixture and garnish with cabbage, celery, and cress. Serve with bread. Serves 8.

Gravlax with mustard sauce

INGREDIENTS FOR GRAVLAX

3 tablespoons salt
4 tablespoons sugar
6 white peppercorns, coarsely ground
2-pound piece of salmon, cut from the center section of the fish; leave skin on, split and remove backbone and little bones surrounding it
2 large bunches dill
lemon slices for garnish

INGREDIENTS FOR MUSTARD SAUCE

2 tablespoons Swedish or Dijon mustard
1 tablespoon sugar
1½ tablespoons wine vinegar
½ teaspoon salt
1 teaspoon dill, finely chopped
⅓ cup salad oil

METHOD FOR GRAVLAX

□ In a bowl mix together salt, sugar, and peppercorns and rub mixture into the salmon well. Place one half of fish, skin side down, on a plate and put one bunch dill, chopped, on top. Rub the other half of the salmon with the remaining mixture and place over the dilled piece, skin side up. Place in a tightly sealed plastic bag and weigh it down with a chopping block or other weight. Turn bag over every day. Gravlax can be served after 24 hours, but it gets better after a week.

□ When salmon is cured, scrape away dill and seasonings and dry on paper towels. Slice fish thinly on the diagonal and detach flesh from the skin. Serve with fresh chopped dill, slices of lemon, and mustard sauce. Serves 8.

METHOD FOR MUSTARD SAUCE

□ Mix together in a bowl the mustard, sugar, vinegar, salt, and dill. Gradually and smoothly beat in the oil with a spoon. (If American mustard is used, exclude vinegar and add more sugar.)

Baltic soup

"When you buy fish, always ask for the bones or extra bones, if possible. Rockfish and salmon bones and heads are perfect for stocks."

INGREDIENTS

2 tablespoons olive oil
1 onion, thinly sliced
1 leek, cleaned, chopped
1 carrot, sliced
2 peeled tomatoes

2 pounds fish bones, heads and trimmings

1 tablespoon parsley, chopped
fresh basil, to taste
fresh thyme, to taste
2 tablespoons butter
1 clove garlic, chopped
¼ teaspoon paprika
¼ teaspoon curry powder
¼ teaspoon saffron
dash cayenne pepper
6 scallops

METHOD

□ In a large kettle, heat olive oil and sauté onions, leeks, carrots, and tomatoes until tender but not browned. Add bones, parsley, basil, thyme, and enough water to cover. Bring mixture to the boil and simmer for 25 minutes. Strain. There should be about 3 cups liquid.

□ In a large saucepan melt the butter and sauté the garlic slowly. Add paprika, curry powder, saffron, and cayenne and cook, stirring constantly, for a few minutes. Add fish stock and simmer for another few minutes.

□ Add scallops and cook until tender, about 3 minutes. Serve 1 scallop in each bowl of the golden soup. Serves 6—about ½ cup per person.

Mussels with green sauce

INGREDIENTS

½ cup dry white wine
2 tablespoons onions, chopped
1½ teaspoons parsley, chopped
1½ pounds mussels (about 2 per person —buy a little extra in case some are empty or small), scrubbed and rinsed well
½ teaspoon arrowroot
1 teaspoon dill, finely chopped
1 teaspoon leeks, finely chopped
salt and pepper, to taste
shaved lettuce
cherry tomatoes, sliced

METHOD

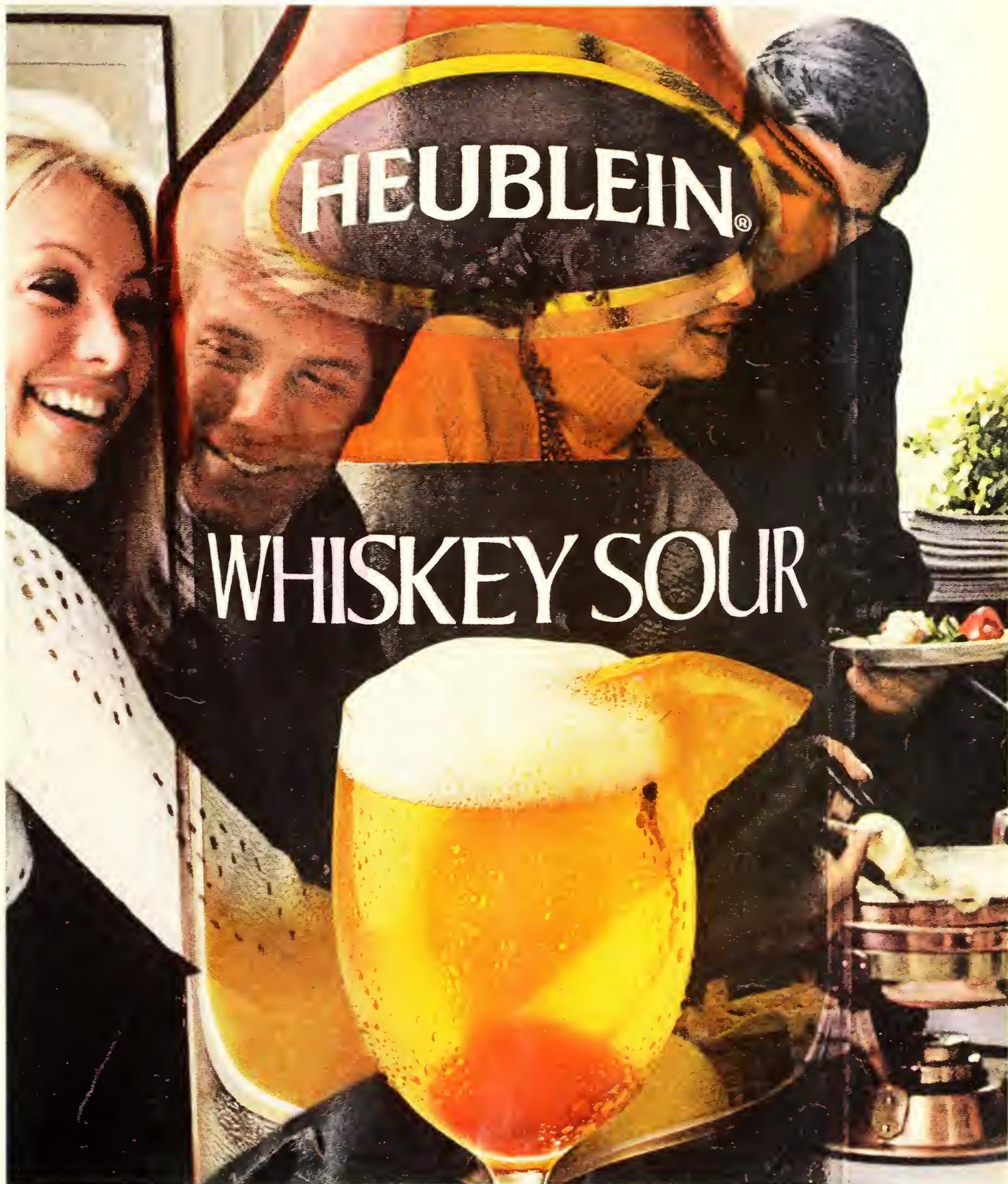
□ In a large kettle add wine, onions, and ½ teaspoon parsley and bring mixture to the boil. Cook for 1 minute to evaporate the alcohol. Add mussels to kettle, cover tightly, and boil quickly over high heat for about 5 minutes or until shells open. Shake kettle frequently during the cooking. Remove mussels from kettle as soon as they open, discarding one half of each shell.

□ Strain liquid and return it to the kettle; bring to a boil and reduce it by half. Remove from heat and stir in arrowroot. Place kettle over low heat and stir until mixture is slightly thickened. Do not allow it to boil. Mix in dill, remaining parsley, leeks, and season to taste. The sauce must be green and beautiful, and well seasoned.

□ On small dishes, arrange two shells with mussels on a bed of lettuce, spoon a small amount of sauce over each mussel, and garnish with a slice of tomato. Serves 6-8.

Continued on page 182

**THE SOCIABLE SOUR:
TART, TASTY, AND FILLED
WITH MEMORIES OF
GOOD TIMES WITH GOOD FRIENDS.**



TRY IT...ALL THE LIQUOR'S IN IT. THE HEUBLEIN WHISKEY SOUR.

Heublein Whiskey Sour 42 Proof ©1977 Heublein, Inc. Hartford Conn. 06101

Taste of perfection
continued from page 180

Eggs Dali

Inspired by Salvador Dali

INGREDIENTS

6 eggs
1 bunch parsley
2 leeks
1 clove garlic, crushed (optional)
7 tablespoons butter
3 tablespoons heavy cream
salt and pepper, to taste
2 anchovy fillets, crushed
prepared Italian seasonings or a
pinch of dried basil
and oregano
Tabasco sauce, to taste
6 wooden skewers
peanut or vegetable oil
1 package translucent noodles, made
of rice or dried mung beans

METHOD

□ Pierce the top and bottom ends of eggs, making hole on one end larger. Place eggs on 6 small glasses and allow insides to run out, or shake out. If yolks won't come out, pierce them with a long needle. Set eggshells aside and mix 5 eggs in a bowl together. Reserve remaining egg.
□ In a blender or food processor, chop parsley and leeks very fine.
□ In a large skillet, sauté garlic in 2 tablespoons of butter. Add parsley and

leeks and then pour the eggs over the mixture. Add cream, salt and pepper, and cook very slowly, stirring constantly with a wooden spoon, until creamy. Add the remaining butter and cook until melted. Remove pan from heat and stir in anchovies. Beat the remaining egg and add it to soften the mixture.

□ Add Italian seasonings or dried herbs and Tabasco, and mix in well. Fill the reserved egg shells with the egg mixture through the larger hole with a demitasse spoon or through a nylon pastry bag with a #4 tube, or a plastic bag with a small hole cut in a corner. Put the skewers through the eggs and heat about 7 minutes in a 350° oven.

□ Preparation can be done one day ahead. Heat the dish before serving and serve on a bed of "exploded noodles." Heat oil in a deep fryer. Break noodles apart and cook a few at a time. They explode into crisp golden strands and make a nice garnish for many dishes. Arrange eggs on top of noodles. Crack shell with a spoon and eat with a fork or spoon. Serves 6.

Black currant cream

INGREDIENTS

1 cup black currant jam or Hero black
currant syrup (strawberry,
raspberry, blueberry—any kind
of berry could be used)
1½ cups water
sugar to taste

3-3½ tablespoons cornstarch
ice-cold heavy cream

METHOD

□ In a large heavy saucepan, mix jam or syrup thoroughly with water. Taste and add sugar if necessary.
□ Gradually stir in cornstarch until dissolved. Cook over a low flame, stirring constantly, until it thickens—about 10 minutes.
□ Serve warm or cold in soup plates with ice-cold cream. Makes 5 ½-cup servings.

Earl Grey sherbet

INGREDIENTS

2½ cups sugar
3¾ cups water
3 quarts strong tea made of
Earl Grey blend
juice of 1 lemon
juice of 2 oranges
lemon slices
mint leaves
oatmeal cookies

METHOD

□ In a heavy saucepan, boil the sugar and water together until it thickens. Add tea and lemon juice to the mixture while still hot. Cool. Add orange juice and taste to see that mixture has a good tea taste—not too bitter, just sweet enough. Freeze in an ice-cream machine and store in deep freeze.
□ Serve a small scoop in a tea cup with a lemon slice, a mint leaf, and an oatmeal cookie on a saucer. Serves 24—½ cup per serving.

Grandmother's pot

INGREDIENTS FOR CARAMEL

¾ cup heavy cream
¾ cup sugar
2 tablespoons butter

INGREDIENTS FOR CHOCOLATE SAUCE

1 ounce semi-sweet chocolate
5 tablespoons heavy cream
2 egg yolks, lightly beaten
4 tablespoons butter
garnish: edible silver "pearls"

METHOD FOR CARAMEL

□ In a heavy saucepan, boil cream and sugar together until thick, stirring constantly (about 20 minutes). Fold in butter and stir into mixture until incorporated. Caramel should be a light tan color. Pour into small cups with lids, or demitasse cups ¾ full. Serves 8.

METHOD FOR CHOCOLATE SAUCE

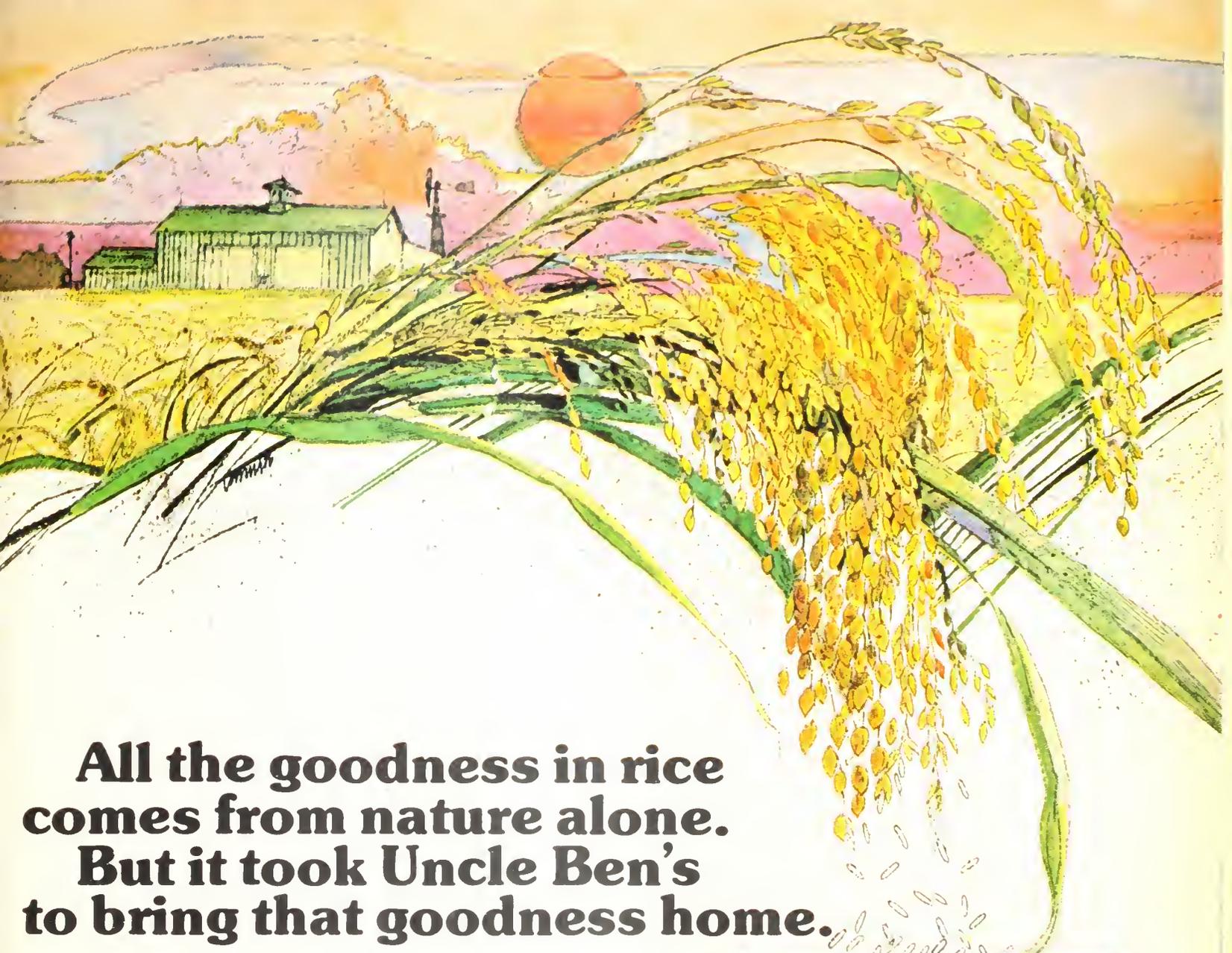
□ In a heavy saucepan over low heat, melt the chocolate with the cream. Add yolks and butter slowly and stir until smooth. Remove pan from heat and pour, while still warm, on top of the caramel in the cups to fill demitasse cup ⅔ full. Decorate with 1 silver "pearl" in each cup. Cover cups with lids or plastic wrap and store in refrigerator. Remove from refrigerator at least 1 hour before serving. Serves 8. ■

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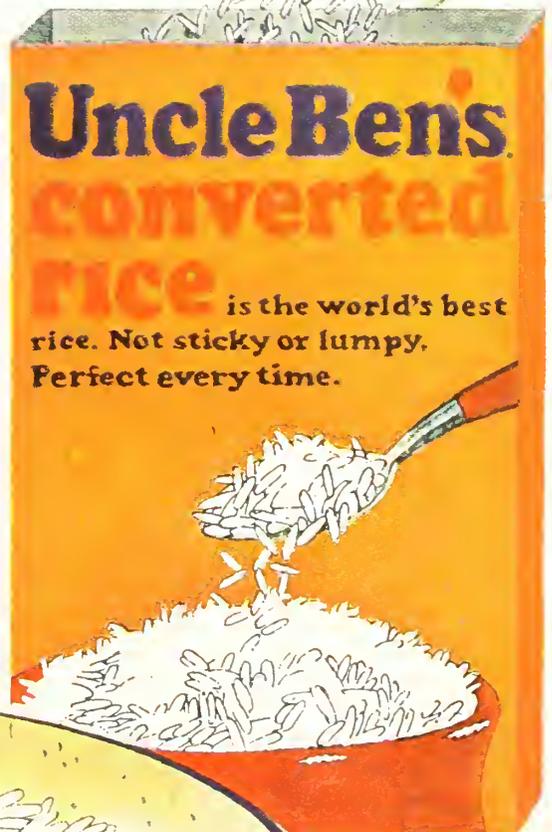


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By Sandra Oddo

New York State wine

The oldest wine-making region in the country is growing—fast

A vineyard is a peaceful place, gnarled rosy vines, some of them as old as a hundred years, plunging roots deep into the poor soil they prefer, pruned back in winter to burgeon forth in the spring with leaves and tendrils that twist along the posts and wires the vineyard keeper has ready for them, strong enough to support the gradually filling, ripening grapes. Sunlight, rain, a few lazy bees now and then. Sleepy, almost. But in New York State, where the first American vineyards were planted more than a century ago, a slowly developing tradition seems to have reached some sort of bursting point. There's a lot of news, a lot of activity, a growing diversity ready to serve the growing American taste for wine.

Three apparent trends to wine-making in New York, all of them healthily egotistical, will have us sipping new wines made from native grapes, a whole array of new sparkling and lightly carbonated wines—sparkling wine is a tradition New York State is already known for—and, most promising, several new varietal wines marked with vintage years, some of them produced from European vine-stocks, some of them estate bottled, and a few of them already tested prize-winners.

The Vikings first called the new world Vinland, and the vines they found growing here were quite likely native wild grapes of the *Labrusca* family, hardy, high in acid, fruity in flavor. They're still New York wine-making mainstays. Most New York State wineries have Delaware, Niagara, Ives, Isabel, or Concord wines. Gold Seal's Henri Marchant line has a new wine called *Labrusca* (\$1.99). Taylor introduced a new pink Catawba (\$2.15) last fall. Native grapes will also sparkle very nicely, given a little encouragement, and one of the newer ones is Gold Seal's lightly sweet Moscato Spumante (\$5.25).

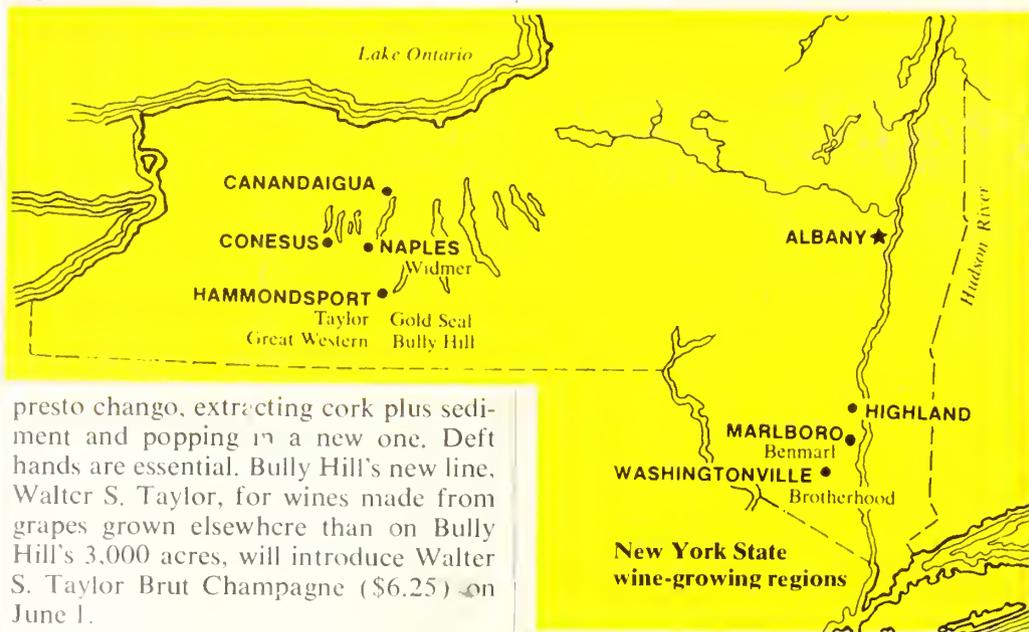
Also for those who like sparkly things, are several new champagnes, sparkling

wines, and "lightly carbonated" wines. The Hammondsport makers of Great Western champagne introduced Great Western Spumante (\$5.39) last year, to join a new carbonated pink wine named Veritas (\$2.39). Great Western's new New York State Naturel Champagne (\$5.55), fermented in the bottle without *dosage* (an injection of sugar syrup half-way through the process to encourage more bubbles), so that it is very dry, won the gold medal at the Monde Selection competition in Europe last year. Widmer has just brought out an extra dry champagne called Mousseec (\$3.79).

Bully Hill, feisty little (24,000 cases last year) Finger Lakes winery with a growing reputation, introduced its first sparkling wine, Bully Hill Methode Champenoise (\$6.98), made by the traditional *méthode champenoise* that involves standing the champagne bottle on its head while natural fermentation precipitates sediment on the cork and then,

Seal, proving popular. Gold Seal will add a carbonated Chablis Rosé (\$2.19) to its line of wines—all of which have completely new packaging. Also new, with the new look, Gold Seal White Burgundy (\$2.19).

For the serious oenophile, the best news is the new emphasis that New York State wineries are beginning to give varietal wines. Varietals—wines made predominantly from juice of the grape named on the label (by New York State law it has to be 51 percent; out of conviction some wineries make it as much as 100 percent)—make it possible to savor a particular kind of grape, and if the varietal is also a vintage wine made from the juice of one kind of grape grown in one year, to enjoy the taste of changing seasons and turning years in the wine. That's the kind of thing that leads to myth and magic in the bottle. Gold Seal has released its 1975 *vinifera* varietals (*vinifera* is the vine



presto chango, extracting cork plus sediment and popping in a new one. Deft hands are essential. Bully Hill's new line, Walter S. Taylor, for wines made from grapes grown elsewhere than on Bully Hill's 3,000 acres, will introduce Walter S. Taylor Brut Champagne (\$6.25) on June 1.

Benmarl, even smaller but also increasingly prestigious, made its first sparkling wine this year, too. Fermented in the bottle, it is as yet only available to the members of Benmarl's Société des Vignerons, wine lovers who have bought vine rights in the wineries' vineyards and who, in return for their investment, have "master's rights" to the first twelve bottles produced from each vine-right.

Carbonation, adding carbon dioxide to wine to make it fizz, is a relatively new idea to New York State wineries, and it is, say spokespeople for Gold

family from which European wines are made), Pinot Chardonnay (\$3.99) and Johannisberg Riesling (\$3.99). Widmer prides itself on the high-percentage in its American Classic series (\$2.99), and is working to bring West Coast varietals (from its Alexander Valley, Calif., vineyard associates) together with East Coast varietals under one marketing umbrella.

Wine made from some of the French-American hybrid grapes are now rapidly coming of age. *Labruscas* are hardy; *viniferas* are tasty. Crossbreeding them.

Continued on page 186



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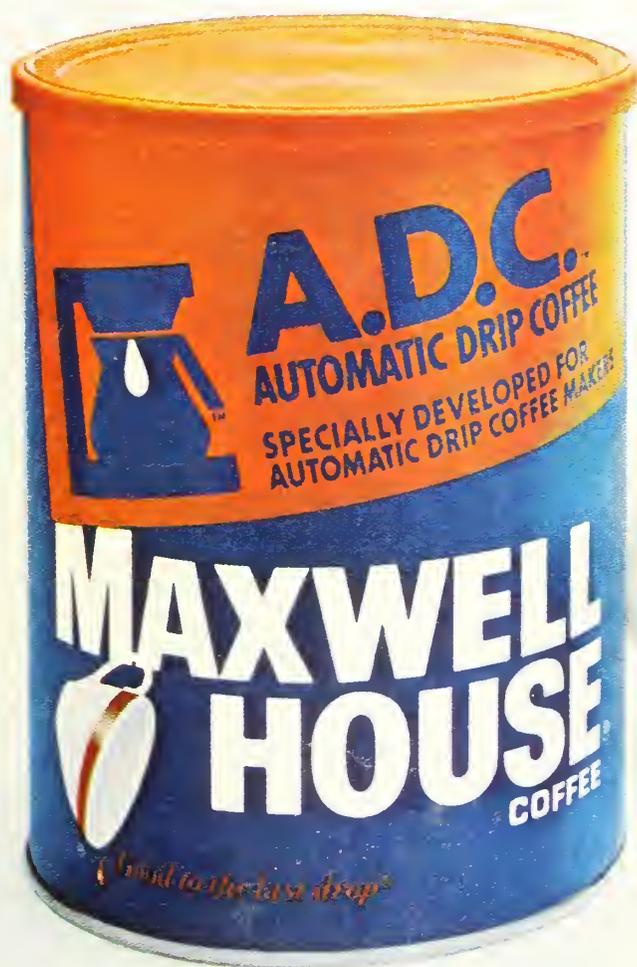


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Automatic Drip Coffee

New York State Wine
continued from page 184

viticulturalists have produced literally hundreds of hybrids with varying characteristics, and vintners have devoted themselves to discovering which make the best wine. It's all part of the ardent wine lover's eternal search for the perfect grape, the perfect process, the perfect ingredients for that most evanescent of experiences: the perfect sip of wine. The testing takes years. Some of the most successful have been hybrids named Baco Noir, de Chaunac, Seyval, Aurore, Marechal Foch. Great Western will soon release the vintage 1975 Great Western De Chaunac (about \$4), its first 100 percent French-American varietal, fermented on the skins and aged in oak.

Bully Hill will include two varietals, Aurore (\$3.36) and Seyval Blanc (\$3.36), in its Walter S. Taylor line to be released toward the end of this month. The rest of the line, Walter S. Taylor Red (\$3.36) and Walter S. Taylor White (\$3.36), will be blended from several hybrid grapes. The Brotherhood Winery in the Hudson Valley, established in 1839, is the oldest continuously operated winery in the country—it produced altar wines during Prohibition—and its newest wines are also French-American varietals. Aurore (\$3.19) and Chancellor (about \$3.19) soon to be in the shops.

For those who like sparkly things, there are several new New York champagnes, sparkling wines, and "lightly carbonated" wines

At Benmarl, also on the Hudson, a winery established only seven years ago that picks its grapes from some of the oldest vine-growing land in the country, vintage wine-making has taken a classic European turn perhaps for the first time in the U.S. This year, owner Mark Miller and his wine-making sons Eric (head vintner) and Kim produced a *nouveau* (\$3.25) and this spring are producing a light, fresh Seyval Blanc. Wine goes through three distinct stages in fermentation. For a week or so it sits on the skins (if it's a red wine) to absorb color, working up a lot of yeasty excitement as grape sugar turns to alcohol. That's the seething, churning first fermentation. Suddenly nearly all the sugar is gone, and the skins are pressed to yield the raw wine. It's put into casks to undergo the second stage, malolactic fermentation, during which it clears. At the end of this time (usually early winter) the wine-maker can hardly wait to try it. Even before the final aging—the third stage—it is possible to taste the quality and potential of the wine. Who can blame him if he does, and if he

brings in friends and neighbors to share? From this custom came the French practice of bottling the new baby wine and sending it off for a little early celebration. Wine intended for *nouveaux* is usually more lightly made, not very complex, sharp, sassy, and fun. The Millers tried 150 cases, and it went so well, they say, that it is something of a temptation to devote more of their production to that, and leave less to develop. They're determinedly experimental, however, perfectly willing to try things in batches as small as 5 gallons (one of their experiments: casks coopered from six different kinds of oak, to try the different effects), so that's unlikely.

New laws and new business affiliations may have as much effect on the future of New York State wine as new vines will. Until last year, the state's wine laws had been virtually unchanged since Prohibition. But last fall a farm winery bill was passed, allowing small wineries to sell a large part of their production at the winery, and adjusting the size of the license fee to the size of the winery. Benmarl, for instance, as Farm Winery No. 1 will pay \$125 a year to produce its 14,000 gallons, instead of approximately \$1,500. The change is intended to encourage more farmers to go into wine-making, to stimulate the kind of competition that leads to excellence. New York State also made provision for regional appellations, so that wines made in the Hudson Valley, for instance, will be legally known as Hudson Valley wine in the same way that Rhône Valley or Loire Valley wine is known. Wine expert Alexis Lichine predicts that soon the Hudson Valley will be mapped plot by plot by wine lovers, as the wine-growing regions of France are now. "The whole industry is going to be changing in the next few years," says James B. Kaubenspeck, general manager of Brotherhood. "Laws will, I think, begin to reflect wine and beer properly—as beverages, to go with food."

But the news that may bring more New York State wine than ever before to the rest of the wine-drinking country is the merger of Taylor and Great Western—whose output of New York State wines, 4,700,000 cases last year, is bigger than all the other New York State wineries combined—with Coca-Cola of Atlanta. It will bring The Taylor Corporation a chance to jump from being a little big company (compared with the major California wineries; Almadén, for example, sold 6,387,645 cases of wine last year) to being a *Big* big company, said a spokesperson. President Joseph Swarthatout welcomes, he says, the opportunity. And the whole Finger Lakes wine community seems to feel that the move will strengthen the industry and help New York State wines to come of age. ■

Prices are for fifth-size bottles and are approximate for New York State area. They may vary throughout the country.

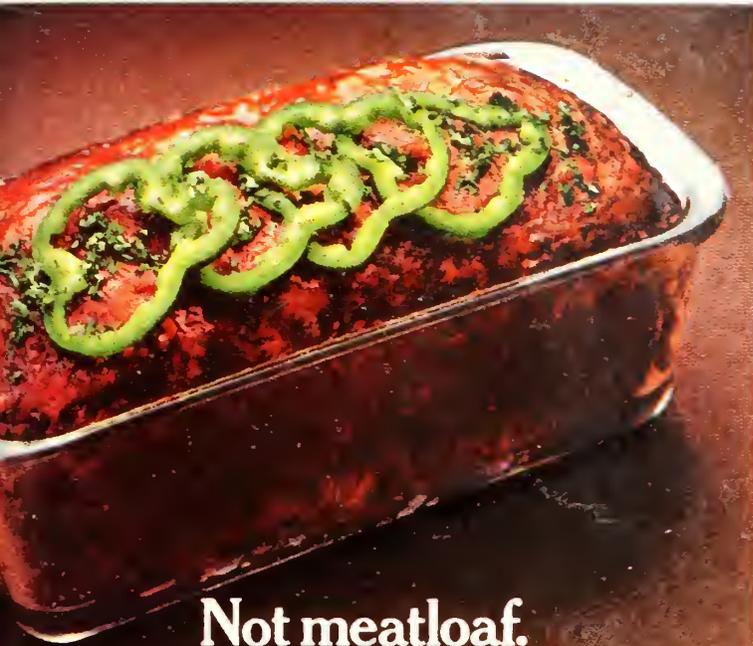


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If you didn't have any Pyrex ware, what would you make for dinner tomorrow night?

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Not meatloaf.

Why risk burnt meatloaf? A meatloaf baked in Pyrex ware browns nicely. Top, bottom and sides. And if a little glaze drips onto the pan, it's easy to soak off. (Free gourmet hint: add ½ lb. of sausage meat and ½ cup of dark beer — yes, beer — to any 2 lb. meatloaf recipe.)



Not lasagna.

What's lasagna without tomato sauce? Unfortunately, the acid in tomato sauce leaves some cookware pitted. And if it sits around in the wrong pan too long, its flavor will turn. But Pyrex ware lets you cook, serve and store lasagna that's truly "bellissima."



Not a shrimp casserole.

If you cook your casserole in just any old pot, you'll have to dish it out into something presentable before you bring it to the table. But when you cook in Pyrex ware, you serve in Pyrex ware. So the casserole comes to the table prettier. And hotter.



Not a cherry pie.

Would you risk a pie crust in anything but a Pyrex ware pie plate? Not if you want to make sure it's brown and crisp. Not if you want to be able to lift up neat, attractive slices. And certainly not if you want to pop your pie plate into the dishwasher when the pie's all gone.

Pyrex ware. We make a better dish so you can.

CORNING

Feel good food
continued from page 175

Spanokopeta

(Spinach pie)

INGREDIENTS FOR FILLING

2 tablespoons oil
½ cup green onions, including tops,
chopped
2 pounds fresh spinach, stems removed,
washed, dried, and chopped
⅓ cup parsley, finely minced
1 teaspoon dried dill
½ pound feta cheese, crumbled
5 eggs, beaten
2 partially baked pie crusts
(recipe below)

METHOD FOR FILLING

□ In a large skillet, heat the oil and add the green onions. Sauté until tender.
□ Combine spinach, parsley, dill, feta, and eggs in a bowl. Mix and add to onions; blend well. Pour into partially baked crusts (or into 2 oiled 9-inch pie pans for soufflé-like crustless quiche). Bake in preheated 350° oven for 30-45 minutes until set. Makes 2 pies. Each serves 4. **330 calories per serving.**

INGREDIENTS FOR CRUST

1½ cups whole-wheat pastry flour
½ cup rye or soy flour
¼ teaspoon salt
3 tablespoons oil
3 tablespoons sesame tahini
1 tablespoon sesame seeds
⅓ cup water, or more
1 egg white (optional)

METHOD FOR CRUST

□ In a large bowl, add whole-wheat and rye or soy flours and salt. Mix well. Add oil, tahini, and sesame seeds by hand, distributing thoroughly.
□ Add water, a little at a time, kneading until dough is workable. Roll out on a floured board and place in pie pans.
□ Brush with egg white (if desired) and prick bottom and sides with a fork. Bake in a preheated 400° oven for 8 minutes. Cool and fill. Makes 2 9-inch crusts. (Top crust may be used if diet allows. If so, 2 crust recipes will be needed.)

Sweet carrot soup

INGREDIENTS

½ medium-size onion, chopped
3 tablespoons margarine or
corn oil
½ teaspoon curry powder
¼ teaspoon coriander (optional)
½ teaspoon brown sugar or honey
3½ cups vegetable stock, boiling
¾ pound carrots, scraped and diced
4 teaspoons flour
¼ cup low-fat milk
1 egg yolk
chopped chives

METHOD

□ In a deep skillet, sauté onion in 2 tablespoons of the margarine or oil. Add curry and coriander and cook another minute

When fragrant, add sugar, stock and carrots. Simmer, covered, until carrots are quite tender. Purée and reserve.

□ Heat remaining margarine or corn oil in a large saucepan, and add flour, stirring until smooth. Slowly pour in milk. Cook, stirring, over low heat until thick. Remove from heat and beat in egg yolk. Add carrot purée and return to heat, gradually heating to just below boiling point. Garnish with chives and serve at once. Serves 6-8. **80-100 calories per serving,** depending on the size of the serving.

Grape pudding

INGREDIENTS

1 tablespoon brown sugar
2 cups pure Concord grape juice
3 tablespoons arrowroot
⅛ teaspoon ground cinnamon
⅓ teaspoon ground cloves
1 teaspoon Ouzo, Pernod, or ¼
teaspoon anise extract
orange slices
chopped walnuts

METHOD

□ In a heavy saucepan, dissolve sugar in 1½ cups grape juice and bring to a boil. Mix remaining juice with arrowroot in a small bowl and slowly add it to the boiling juice, stirring constantly. Add cinnamon and cloves and cook until thick. When thickened, stir in Ouzo, Pernod, or anise extract and remove from heat. Cool.
□ Pour into 4 wine glasses and chill. Garnish each with an orange slice and 1 teaspoon chopped walnuts. Serves 4. **123 calories per serving.**

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simply, from the
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grown produce,
herbs, spices,
and whole grains**

Pinto bean soup

(Sopa de frijol a la olta)

INGREDIENTS

1 tablespoon oil
2 green onions, cut in 1-inch lengths
2 cloves garlic, minced
1 medium green pepper, coarsely
chopped
¼ cup tomato, peeled, seeded, and
chopped
1 cup cooked pinto beans (recipe below)
3 cups pinto broth (recipe below)
1 teaspoon coriander or parsley,
finely chopped
salt to taste
garnishes: ¼ cup coriander, chopped;
¼ cup tomatoes, peeled, seeded, and
chopped; ¼ cup onions, chopped; ½
cup Monterey Jack or Romano cheese,
grated

METHOD

□ In a large saucepan, heat oil and sauté green onions, garlic, and green pepper until slightly soft, 3-5 minutes. Add tomatoes, pinto beans and broth, coriander or parsley, and salt to taste. Bring to the boil and boil briskly, uncovered, 10 minutes. Makes 4 large servings. Garnish at the table with the coriander, tomato, onion, and grated cheese. Each serving is a full meal. **240 calories each.**

Pinto beans and broth

INGREDIENTS

1 pound pinto beans
3 garlic cloves
1 gallon water
salt to taste

METHOD

□ Wash beans. Put them in a large kettle and add garlic and water. Bring to the boil and simmer 1 hour. Add salt to taste and simmer another hour. Strain beans, reserving the water. Use beans and cooking liquid for the bean soup. ¼ cup beans, **25 calories.**

Salsa Mexicana

INGREDIENTS

2 cups tomatoes, peeled, seeded,
and finely chopped
⅓ cup green onion, chopped
⅓ cup coriander or parsley, chopped
1 clove garlic, minced
2 canned hot chili peppers, finely
chopped (about 2 tablespoons)
1 teaspoon salt
¼ teaspoon dried oregano

METHOD

□ Combine all ingredients in a bowl and chill several hours. Serve this piquant relish with tostadas, over cottage cheese, or with guacamole. Makes about 2½ cups. **About 4 calories per tablespoon.**

Mexican zucchini casserole

INGREDIENTS

2 tablespoons bread crumbs, toasted
2 eggs, separated
½ teaspoon salt
2 pounds (about 8 cups) zucchini, thinly
sliced, steamed until just tender
chili tomato sauce (recipe below)
½ cup grated Monterey Jack cheese
2 tablespoons ripe olives, sliced

METHOD

□ Sprinkle crumbs over a buttered 9-inch-round casserole. In a bowl, beat egg whites until stiff; in another bowl, beat yolks with salt. Fold whites into yolks.
□ Layer half of the zucchini in the bottom of the casserole. Top with half the sauce, half the cheese, and finally half the egg mixture. Repeat, topping with the olives. Bake in a preheated 350° oven for 30 minutes, or until heated through. Serve hot. Serves 4-6. **125-185 calories per serving.**

Continued on page 191



SMOKEHOUSE® SATURDAY NIGHT

Company's coming. The fire's going nicely. There's plenty of ice. You take one last look around the room before your friends arrive, snatching a Smokehouse® almond from the bowl on the table. Remember what a hit those almonds were the last time? Everytime you turned around, the dish was empty. Fantastic flavor! No wonder they say, "One Nibble is Never Enough." It's true.

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prime time TV dance series, but the first significant effort of television people and choreographers to cooperate in acclimating dance to TV, and vice versa. Martha Graham, for instance, rechoreographed parts of her works because they didn't work on camera.

The power of the televised image and of live performances even in the tiniest communities has sent people running to dance classes because they want to be better audiences, to understand what they're seeing. And the fact that disco dancing is probably second only to TV-watching as a national habit has also boosted dance class enrollments, and not only in straight disco classes. Nobody wants to look awkward on the dance floor.

So, as a great big disco hit goes, it's time to "get up and boogie"—if you haven't already. Find the sort of dance that suits you and, as they also say a lot in disco: "Do it!" Listen to Fred Kelly: "I don't believe in dividing dancing up. There's room for all of it. And the more people dancing, the happier this country will be."

Don't be afraid to shop around before committing yourself to one particular dance routine, teacher, or regime. Here's a basic repertoire.

Ballet. "Ballet," says Richard Ellis, of the Ellis-DuBoulay School in Chicago, "is absolutely the basis for everything in dance. When *West Side Story* came out, teen-agers thought it was all gorgeous, free—but those were all highly trained ballet dancers. If you have ballet training, the rest is much easier." That ballet is the backbone of dance and the most highly involved dance form is indisputable. Classical ballet is highly formalized, and it takes extreme discipline to master body movements and positions that don't come naturally. The language of ballet is French (although the art started in Renaissance Italy). You do *arabesques*, *grand pliés*, *frappés*, *passés*, *glissades* . . . All very valuable for future Cynthia Gregorys, you might say—but what's in it for me?

Just this. The discipline itself is not only vital in other forms of dance but will infiltrate your whole life, if you let it. Secondly, as Edith D'Addario, of the Robert Joffrey School, points out, "It's marvelous for the body, pulls up every muscle." And then, too, once you've tried to perfect even a good fifth position, you will really begin to comprehend what goes into great dancing, the rigors of making it all look so easy, so fluid.

A ballet wardrobe consists of leotards, tights, soft ballet slippers, and, if you're going all the way, toe shoes. Most schools have "pre-ballet" or adult beginner classes which start with basic steps and lead you gracefully into the ballet routines and terminology.

Modern dance and jazz dancing. The reason I have lumped these two very separate and distinct forms of dance together is that they are both nearly indefinable in general terms. What modern dance is, what jazz is, depends entirely on who's at the head of the class. In the case of modern, I called the Martha Graham School to ask for some way of summing it up. A quick survey was taken around the studio. Everyone was "nonplussed." Finally, a statement was made: "Modern dance is as stimulating intellectually as it is physically, which is the reason it has caught on at colleges around the country." True. But it's a long way from your average campus "interpretive dance" class ("Okay, now we're all going to be trees, growing trees . . .") to the individual techniques developed (highly) by Martha Graham, José Limon, Merce Cunningham, Katherine Dunham, Doris Humphrey, and Charles Weidman.

THE DISCO HITS

To perfect the disco dancing you learn on TV, club-hopping, or in class, get your own music. Any record by Van McCoy or Bohannon is good, as are the following hit disco albums: *The Original Dr. Buzzard's Savannah Band*; *Four Seasons of Love* (Donna Summers); *Spirit* (Earth, Wind, and Fire); *Silk Degrees* (Boyz Scaggs); the soundtrack of the film *Carwash*; *Good High* (Brick); *Stormin'* (Brainstorm); *Hot on the Tracks* (the Commodores); *Capricorn Princess* (Esther Phillips); *Disco Inferno* (The Tramps); *Do It Your Way* (The Crown Heights Affair); and *Lolita* (Lolita Holloway)—which features what I think is the best thing to dance to since Marvin Gaye's "Heard it Through the Grapevine"—"Hit and Run (Gotta be Number One)."

While everyone in modern dance is free to develop his or her own vocabulary, there are ground rules. Each technique has its own rules. Students of the above-mentioned pioneers perpetuate what can only be described as the most variegated, changing, and psyche-involving type of dance.

You'll need leotards, tights, and, sometimes, soft ballet shoes. Modern dance is often done barefoot, in which case you need footless tights, or tights with "stirrups." A ballet background is useful, but not essential, since modern dance is as disciplined, as rooted in basics, as ballet (in fact, it borrows a lot from ballet).

Jazz dancing, equally difficult to pin down, is a hodgepodge of everything—ballet, modern, American folk, tap, West Indian, flashy Broadway, whatever is going on in the discos—and much more. Again, it depends on your instructor's orientation. You could learn "routines" (à la *Chorus Line*) or be encouraged to interpret the music your way. No previous dance experience is needed for be-

ginning classes, which often warm you up with stretching, and other exercises, and then proceed to fundamental footwork. Jazz shoes are necessary (they're like tap shoes without the taps), although some jazz teachers prefer sneakers. The usual leotards and tights can be replaced by comfortable pants with a lot of "give," and T-shirts.

Tap. "Tap dancing is happy dancing," says Fred Kelly. "It's pretty hard to cry when you're tap dancing." That, and the show-biz connection (recently reinculcated in the American public via *That's Entertainment* and a lot of nostalgia on Broadway) accounts for the current tap craze. "What you get out of it," explains author and teacher Jerry Ames, "depends on your goal. It's exercise without drudgery. There's a joy in being able to make noise legitimately, especially in a city with horns and sirens. It's a tremendous outlet; there's a relaxation that comes after really letting off steam."

There's instant gratification with tap, too. You may not really look like Fred Astaire the first time out, but somehow the mere sound of your own feet tapping makes you feel like a star. Then there's the camaraderie of tap classes. The music blares "Give my regards to Broadway" and you're lined up in a group, moving in unison around the room. Jerry Ames, comparing the mood in his classes to the reserved atmosphere of even a beginning ballet class, says, "We really get a kick out of each other—so to speak."

For tap, you'll need stretch, or otherwise comfortable, pants, a T-shirt (you'll perspire a lot), and tap shoes. You'll also need energy. Although beginners start slowly, heel-toe-heel-toe, then a little arm business, after that, as Jerry Ames puts it, "You're your own drummer."

"Tap dancing is happy dancing. It's pretty hard to cry when you're tap dancing!"

Belly dancing. This is the only form of dance that's pretty much for women only. No dance background is required, and the requisite dress is usually a leotard, tights, and ballet slippers or low-heeled flexible shoes. What has put belly dancing on the map, coast to coast, is the fact that it tightens the muscles in the abdomen and around the waist because of the constant stretching and contracting of the midsection. But, as taught by Serena in New York City and many professionals elsewhere, belly dancing utilizes every other part of the body as well.

"I'm not a totally ethnic teacher," says Serena. "The dance I've designed glorifies women, and, frankly, Middle Eastern

Continued on page 236

el good food
continued from page 188

Chili tomato sauce

INGREDIENTS

2 tablespoons corn oil
1 cup onion, chopped
1 can green Ortega chili, washed,
seeded, dried, and chopped
Salt to taste
1/2 cups tomatoes, peeled,
seeded, and chopped
1/2 teaspoon cumin seed, crushed

METHOD

In a skillet, heat oil and sauté onion and chili until onion is soft and transparent. Add salt, tomatoes, and cumin seed. Simmer for 10 minutes until sauce has thickened. Set aside.

Persian pancakes

INGREDIENTS

1 egg, beaten
1/2 cup skim milk
1/4 teaspoon salt
1/2 cup whole-wheat pastry flour
1/2 teaspoon baking powder
1/2 cup cheese filling (recipe below)
1/2 cup sauce (recipe below)

METHOD

Mix egg and milk in a small bowl. Put flour, and baking powder in a bowl and stir well. Slowly add dry mixture to milk mixture beating briskly until smooth. Pour about 1/4 cup batter for each pancake onto a lightly oiled medium-hot griddle or heavy pan. Turn when pancake bubbles, cook other side, remove, cool. Spoon 2 heaping tablespoons of filling on each pancake. Roll, place in a casserole. Heat in a preheated 250° oven 10 minutes. Serve topped with warm sauce. Makes 8 pancakes. **180 calories, each with cottage cheese; 200 calories if filled with ricotta.**

INGREDIENTS FOR FILLING

1/2 cup ricotta cheese or low-fat cottage cheese (if cottage cheese, press through a sieve)
1/2 cup raisins
1/2 teaspoon cinnamon
1/2 tablespoons brown sugar

METHOD

Combine ingredients thoroughly.

INGREDIENTS FOR SAUCE

1/4 cups apple juice or cider
1/2 tablespoons arrowroot or cornstarch
1/2 tablespoons pure maple syrup

METHOD

Heat 1 cup juice or cider in a small saucepan. Mix arrowroot or cornstarch with the remaining juice. Stir until smooth. Add to the boiling juice slowly. Stir constantly, cook until thick. Remove from heat, stir in syrup. Serve hot.

Apricot yogurt mold

INGREDIENTS

1/2 tablespoons unflavored gelatin
1/2 cup pineapple juice



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2 cups dried apricots, simmered in
3 cups water for 15 minutes,
then drained

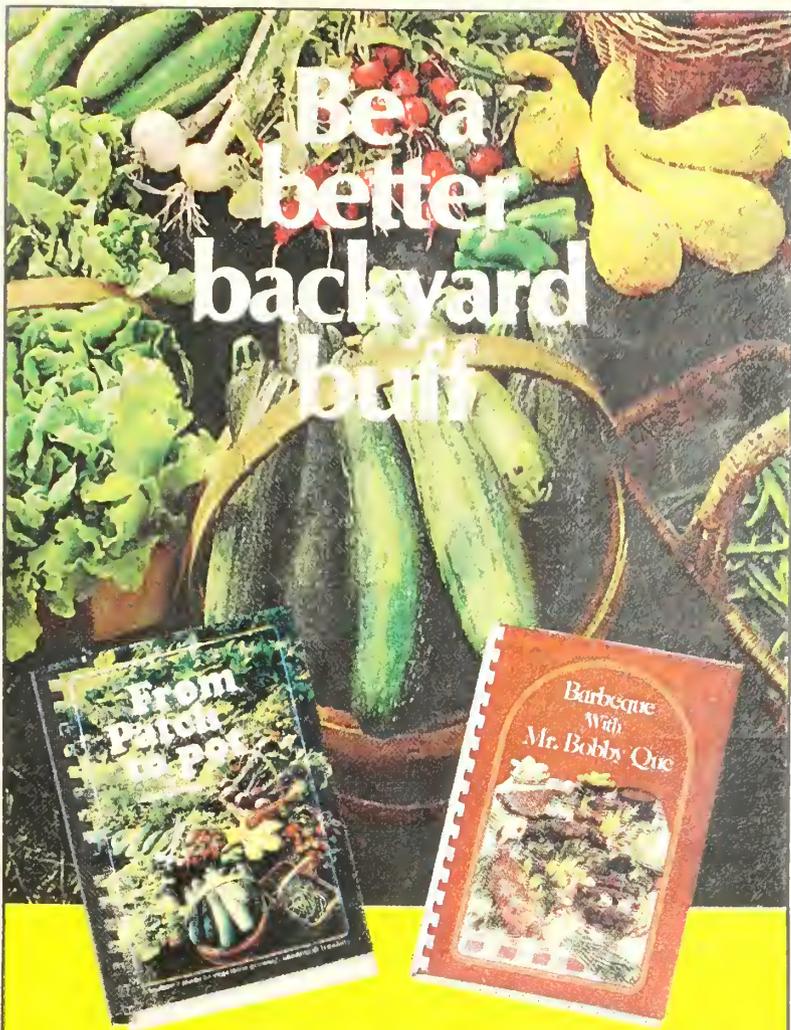
2 tablespoons lemon juice
1 tablespoon lemon zest, finely grated
2 eggs, separated
2 cups plain yogurt
garnishes: unsweetened, grated
coconut; chopped almonds; or
strawberries

METHOD

☐ In a small saucepan, add gelatin and pineapple juice. Heat gently and stir until gelatin is dissolved. Remove from heat.

☐ In blender, purée apricots, lemon juice, zest, and egg yolks. Turn blender to low and add gelatin mixture. Cool in refrigerator until slightly jelled, about 15 minutes.

☐ In a bowl, beat egg whites until stiff. Combine gelatin mixture thoroughly with yogurt in a large bowl, and fold in egg whites. Pour into an 8-cup mold or individual dishes. Chill. Garnish with unsweetened coconut, chopped almonds, or strawberries. Fresh fruit may be substituted for dried apricots for a lower calorie count. Serves 6-8. **285-368 calories.** ■



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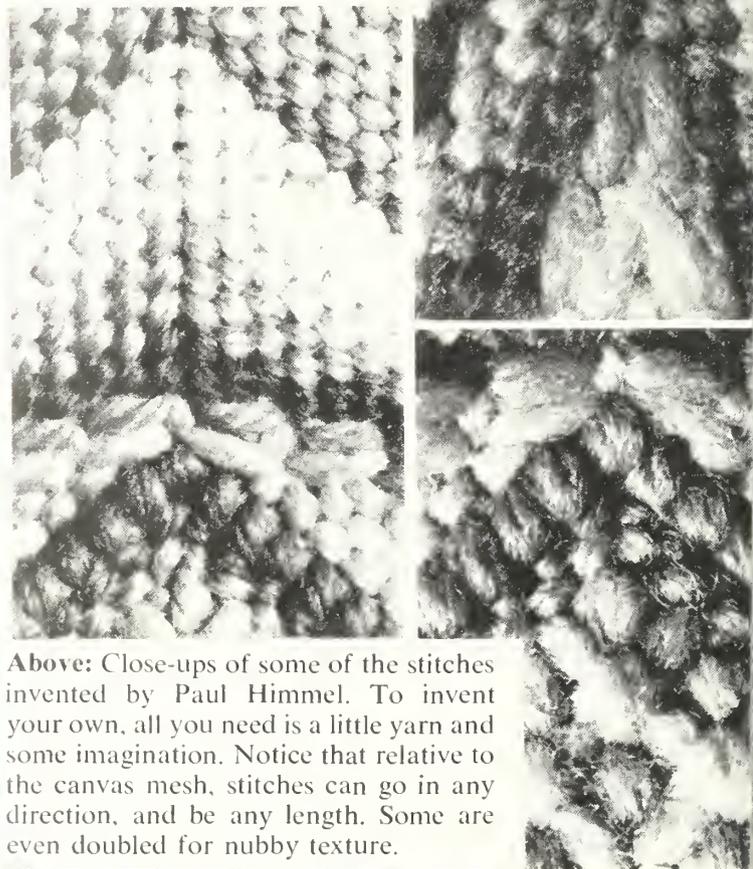
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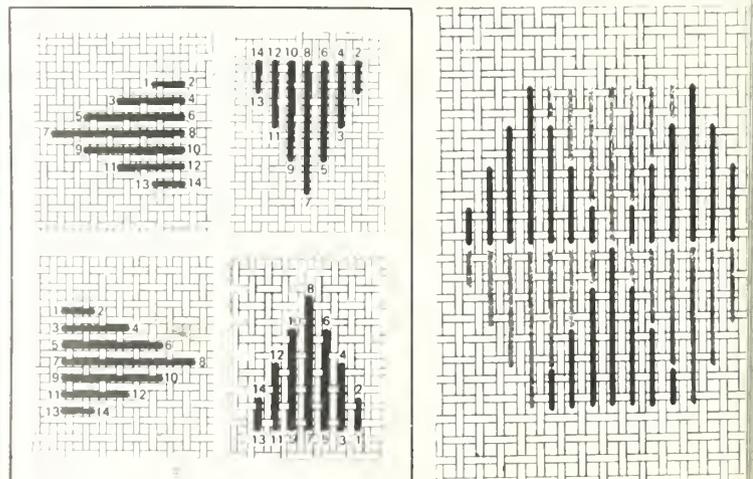
Revolutionary needlepoint

Here are the key stitches to the brand new needlepoint ideas on page 166



Above: Close-ups of some of the stitches invented by Paul Himmel. To invent your own, all you need is a little yarn and some imagination. Notice that relative to the canvas mesh, stitches can go in any direction, and be any length. Some are even doubled for nubby texture.

EDWARD O



Above: Shirlee Lantz's trianglepoint stitch facing north, south, west, and east, and how the stitches fit together to form a hexagon. This stitch is easily rescaled to make anything from an eyeglass case to a large wall hanging by increasing the number of stitches used to make the triangle, by multiplying the triangles in a design, or simply by selecting a larger gauge canvas.

Shopping information

Prices approximate, state and local taxes additional. Consult your interior designer or department store decorating service. Stores in New York City unless otherwise indicated.

ON THE COVER

"Green Grass" no-iron cotton and Dacron polyester sheets: Used to upholster daybed. White-on-green version shown comes in fitted sheets and pillowcases. Green-on-white version (not shown) comes in flat sheets, pillow shams, dust ruffles, and comforters. Coordinating bath towels available, are reversible—white-on-green green-on-white. Sheets from about \$9 the twin-size. By Cindi Mufson for Martex, WestPoint Pepperell. At Burdines, Miami.

Daybed with woven straw exterior: 90" x 39" x 29" high. With 4 throw pillows. \$1,700 COM. Designed by Billy Baldwin.

Beige ceramic covered jar: 17" high. One of a pair. \$850 pair. All from LCS.

Wicker armchair and ottoman: 27" x 28" x 28½" high and 25" sq. x 18" high, respectively. With braid trim, loose seat cushions, natural finish. From Walters Wicker.

Beige lacquered cocktail table: 39" sq. x 13½" high. From Italy. \$699. At W & J Sloane.

"Gesture III" aquatint: 35½" x 26¾". By Robert Motherwell, 1976. \$850 framed as shown. At Brooke Alexander.

"Esteira" handwoven reversible wool rug: 9' x 12'. Made in Portugal. \$1,330. Available in custom sizes and colors at additional cost. From Simon Manges & Son.

"French Scroll" dining table of antique-finished brushed steel: 48" diam., 30" high. Brass trim, scrolled legs, ½"-thick glass top. \$1,050. From LCS Green Metals.

Blue ceramic bowl and plate: Each 9" in diam. \$120 and \$38, respectively. At John Rosselli.

SPACE WITH STYLE: Pages 132-135

Butcher-block topped pantry table: 24" x 48" x 36" high. With casters. \$240 plus shipping (100 lbs.). 5 other sizes available. At J & D Brauner. 52-pg. catalogue. \$1.

Antique and other fireplace equipment: At Edwin Jackson.

DEAR HOUSE & GARDEN: Page 137:

A) **"Maris" viscose and cotton fabric:** 47" wide, with silicone finish. Comes in 99 colors, including "Bitter Lemon" and "Spanish Orange" chosen here for sofa and cushions, respectively. Woven in the Netherlands. By Jack Lenor Larsen.

B) **"Boca Raton" woven wallcovering:** 30" wide. Shown in "sunflower." By Philip Graf Wallpapers.

C) Nutmeg color of stained wood floors.

D) Paint in House & Garden Tender Taupe for walls.

Page 139:

A) **"Mocarabe Relevo" handpainted ceramic tile:** 5½" sq. From Portugal. \$4.50 each for 50 or more tiles or \$6 each for lesser quantities. At Country Floors.

B) **Persimmon wallpaper:** 21" wide. From the "Jaspe" collection. Cole & Sons Wallpapers. Available from Clarence House.

C) **"Plexus" linen and cotton fabric:** 54" wide, 6" repeat. Shown in "truffle." By S.M. Hexter Company.

D) Left: Vinyl suede fabric. Right: Paint in House & Garden Sweet Chocolate.

E) Woven grass matting.

F) Tortoise-shell-finished blinds.

G) **Cotton chintz fabric:** 36" wide, 19½" repeat. Shown in "multi on sand." By Stroheim & Romann.

H) **"Paisley" cotton fabric:** 34" wide, 2" repeat. By Bailey & Griffin.

D) **"Les Touches" linen and cotton fabric:** 48" wide, 13" repeat. Coordinating wallpaper available. Available in 6 colorways. By Brunelwig & Fils.

J) **"Jakarta" cotton fabric:** 54" wide, 26½" repeat. About \$7.15 a yd. Available from Kravet Fabrics.

Page 141:

A) **"Mascara" wool carpeting:** 27" wide. About \$45 a linear yd. By Patterson, Flynn & Martin.

B) Top: **"Kitty" cotton fabric:** 48" wide, 30" repeat. Shown in white dark brown. About \$24 a yd. By Hinson & Company.

Bottom: **Black and white cotton fabric:** 48" wide, 14" repeat. About \$16.95 a yd. By Kent-Bragaline.

C) **"Holiday" cotton repp fabric:** 54" wide. About \$12.75 a yd. By Greeff Fabrics.

D) **Heavy white cotton fabric:** 54" wide. About \$17.70 a yd. By Kent-Bragaline.

E) **Heavy white wool shag rug:** Custom size and color. About \$12 a sq. ft. By Patterson, Flynn & Martin.

F) **"Pique-Nique" cotton and linen fabric:** 48" wide. Shown in chartreuse, available in 9 other colors and in chintz or in white-on-white sheer. Coordinating wallpaper available. By Brunelwig & Fils.

G) On left: **"Windy Day" cotton fabric:** 48" wide, 28" repeat. Shown in orange and in lilac. By Quaintance Fabrics.

On right: **"Felicity" cotton fabric:** 54" wide, 24" repeat. With Scotchgard finish. About \$10.50 a yd. By Waverly Fabrics.

KITCHEN OF IDEAS: Pages 146-149

KITCHEN DESIGNER: Wayne Walega, New Design, Mattapoisett, Mass.

ARCHITECT: Walter B. Jones, Boston, Mass.

INTERIOR DESIGNER: Benjamin A. Cook, Trade Winds, Boston, Mass.

"Tielsa-Profil" cabinets: With high-pressure plastic laminate doors, anodized aluminum grip bars. Body finished inside and out with Melamine plastic laminate. Pantry units, slide-out and blind corner swing-out shelves, built-in canisters, spice, ironing board, and typewriter storage units, roll-out cart and hamper, lazy Susan, cutlery trays, tray divider, drip-dry closet with pan, desk, book leaf, sit-down vegetable preparation, sewing and gift-wrapping areas, concealed hood and door-mounted wastebaskets. By Tielsa—Contemporary Systems.

Countertops: Of Formica laminate. By Formica.

Electric range: 30" x 24½" x 32½" high. With stainless steel cooktop with 5 surface elements, oven with black glass door. About \$689.

Ventilator: Ducts odors to outdoors. \$83 excluding housing. **"Griddle 'n Grill" stainless steel indoor barbecue:** 45" x 21¾" x 2½" deep. About \$339.

Stainless steel cooktop: With two electric elements. About \$114.

Three-in-one oven center: 25¾" x 23½" x 55½" high. With self-cleaning electric oven with built-in exhaust system, microwave oven with browning element.

"Stay Hot" oven for moist or crisp warming: Black glass doors, brushed aluminum trim. About \$1,589. All five by Thermador.

5-cycle stainless steel dishwasher: 24" x 25" x 34½" high. Sani-Heat full cycle, rinse and hold, Super Scrub cycle, plate warm, and cancel and drain cycles. With double-arm two-level water circulation system and acoustical insulation for quieter operation. About \$595. By Waste King.

"Lustertone" sinks of 18-gauge stainless steel: Double compartment, 33" x 22" x 7" deep. Single compartment, 25" x 22" x 7" deep. Built with 7" drop ledge with raised faucet deck. About \$156.77 and \$114.30 each, respectively. By Elkay.

"Superba" stainless steel batch-feed food waste disposer: Corrosion-resistant grind chamber, cast iron drain chamber, cast stainless steel alloy grind wheel, precision-ground shredder ring. About \$159.

"Superba" trash compactor: 17" x 23", height adjustable from 34" to 36". Reduces trash to about 1/3 original volume. Charcoal air filter. About \$359. Optional wood top.

KitchenAid hot water dispenser: Temperature adjusts thermostatically from about 150°-190° F. Makes up to 60 cups of 190° water an hour when connected to hot water line. About \$99. All three by KitchenAid division of Hobart.

Refrigerator with white custom front panels: 21 cu. ft. capacity. 36" x 24" x 73" high. About \$975.

Freezer with white custom front panels: 21 cu. ft. capacity. 36" x 24" x 73" high. About \$1,075. Both by Sub-Zero.

Washer: 27" x 25" x 43½" high. Large capacity, preset fabric selections, variable water level. "Mini-Basket" feature. "Mini-Wash" cycle for hand washables and small loads.

Dryer: 27" x 25" x 43½" high. With automatic sensor control, permanent-press and polyester-knit cycles. Porcelain-enamelled clothes drum. By General Electric.

"Deluxe Twin" grill: 29½" x 21½". Brushed chrome, with black anodized aluminum cooking grates, nonstick griddle, 60-minute timer, hoodless built-in ventilation system that exhausts odors outdoors, and 380 sq." cooking area. About \$349.50. By Jenn-Air.

"Ronson Foodmatic" built-in food preparation center: 16½" wide. Mixer module with 1/2-h.p. motor lifts and lowers hydraulically, closes flush with countertop. With solid-state control that provides an infinite number of speeds within a wide range, automatic timer, blender with 48-oz. serving carafe, 2 glass bowls, 2 beaters, dough hook, turntable, knife scissors sharpener, juicer, two molded trays with slide assemblies, mount organizer, recipe booklet. About \$440. Optional salad slicer, shredder, meat grinder, stirring cooker with deep-fry basket, ice-cream maker. On-counter model also available. By Ronson.

White three-door refrigerator-freezer: By Sears.

Ceiling incandescents: Recessed spot downlights on metal rectangular bases, clear glass spheres. By Lightolier. At Lightolier retailers.

"Patent Leather Finished Vinyl" wallcovering: 30" wide. Shown in royal blue. About \$6.45 a roll. From Louis W. Bowen.

NEW FABRICS: Pages 150-151

All the following fabrics and furnishings in Bloomcraft patterns available at Lord & Taylor:

"Galaxy," "Sunrise," "Moonglow," and "Eclipse" cotton chintz fabrics: 54" wide. With Zepel finish. Available in red, brown, yellow, or blue. About \$8 a yd.

Throw pillows: About 15½" sq. With knife edges filled with Kodel fiberfill. In "Eclipse"/"Moonglow" combination, "Galaxy"/"Eclipse" combination, and "Sunrise" alone.

Continued on next page

Shopping information
continued from preceding page

in brown, blue, or yellow. About \$14 each. Matching floor pillows and bedrests available. **"Bentwood" rattan rocker:** 24" x 40" x 37" high. Tufted cushion upholstered in "Sunrise" yellow fabric. \$225 as shown. **Fitted bedspread with attached dust ruffle:** In "Sunrise" or "Moonglow" in blue or brown. From \$95 twin size to \$145 dual size. Matching tailored pillow sham and draperies available. **Umbrella and table:** Height-adjustable umbrella opens to 80" diam., comes in blue "Galaxy" or yellow "Sunrise" fabric—\$110 each—or with solid brown fabric outside, brown "Moonglow" fabric lining—\$100. Table, 39" diam., 28½" high, comes in white or brown, \$115. **Folding club chair:** 21" x 17" x 35" high. In blue or brown "Sunrise" fabric. \$66 with white-lacquered frame, \$55 with natural frame. **Folding sling beach chair:** 20½" wide, 33" high, folds flat. In yellow or blue "Sunrise" fabric, with white-lacquered frame, \$77. **Wrought-iron chairs:** Sold in sets only. Armless chair, 16" x 14" x 37" high, comes in yellow "Eclipse" fabric, with 30" diam. café table, \$188 the 3-piece set. Armchair, 20" x 17" x 36" high, comes in yellow "Sunrise" fabric, with 42" diam. dining table, \$450 the 5-piece set. Tables are 28½" high. **Reversible quilted table runners:** In "Moonglow"/"Eclipse" combination. 16" x 54", \$12 each. 16" x 72", \$15 each. 16" x 90", \$18 each. **Reversible quilted placemats:** 13" x 18". In "Moonglow"/"Eclipse" combination. \$4 each. **Napkins:** 17" sq. In "Moonglow" or in "Eclipse." \$2 each. **Table runners, placements, and napkins** come in blue or in brown. **"Moonglow" double old-fashioned glasses:** In blue or brown. \$12.50 the set of 8. Fabric, pillows, bedspreads, shams, table runners, placemats, napkins by Bloomcraft. **Multi-colored Tunisian wool desert rug:** 5'10" x 8'. First quarter of the 20th c. \$1,850. At The Pillowry. **"Homespun Geometric" wool rug:** 6' x 9'. Shown in beige. From Rosecore Carpet.* **"Calder's Circus" poster:** 27" x 36". Designed by Alexander Calder. \$15 unframed. At Poster Originals. **FOOD AND FLOWERS: Pages 152-157**
Floral arrangements: By David Jones Custom Florist, Los Angeles.
Food design and preparation: By Connie Burdick of Piecemeal, Los Angeles. **Pages 152-153**
"Alice" china and "Wonderland" china: Both about \$26.95 the 5-piece placesetting. From the Looking Glass collection by Denby. At B. Altman & Co.
"Grand Vin" wine glasses: 12¾ oz., 6½" high. \$1 each. By J.G. Durand. At Macy's.
"Old English Tipt" sterling silver flatware: About \$149.75 the 4-piece luncheon placesetting. By Gorham division of Tectron. At B. Altman & Co.; Marshall Field & Company, Chicago; The Emporium, San Francisco.
"Asparagus" ceramic salt and pepper shakers: About \$15 a pair. At Cache-Cache.
"Lilas" tablecloth of permanent-press "Toile Terylene" fabric: 69" x 87". Shown in white with "coral." With six napkins, \$98.50 the set. At Léron.
Handmade, handpainted stoneware plates: Shown in animal patterns, also come in flower or whimsy patterns. About \$35 each. Hanging and standing planters also available, about \$35-\$70 each. By Norman Bacon and Lila Marcus for Sweetheart Pottery. At Incorporated Gallery.

"Frozen Glass" goblets: 20 oz. Rims come in several colors. About \$4.50 each. By John Curran for Atelier Vitreon. At Bloomingdale's; Bullock's, Los Angeles.
"Boda Nova" stainless steel flatware: With stoneware handles. About \$40 the 3-piece placesetting. By Kosta Boda. At Domus, Chicago; Fair & Warmer, Walnut Creek, Cal.; Neiman-Marcus, Dallas.
Handthrown ceramic demitasse cups and saucers: About \$15 the cup and saucer. By Thayer. At Cache-Cache.
"Sungleam" Dacron polyester and cotton permanent-press glazed chintz: Used for homemade table cover. 48" wide. Shown in "strawberry." About \$3.49 a yd. By Lanscot-Arlen. At Rich's, Atlanta. **Pages 154-155**
"Palace Court" bone china: \$90 the 5-piece placesetting. By Oxford Bone China for Lenox. At Bullock's, Los Angeles.
"Golden Orleans" 24K-gold plated flatware: About \$54 the 5-piece placesetting. By International Silver. At B. Altman & Co.; Marshall Field & Company, Chicago.
"Curraghmore" cut crystal water goblets, wine glasses, and champagne glasses: Each about \$26.75. **Cut crystal candlesticks:** 8" high. About \$70 a pair. All by Waterford Glass. At Bullock's, Los Angeles.
Open basket woven of sterling silver: \$1,275. At Tiffany & Co.
"Monique" cotton tablecloth: 72" diam. Shown in pale blue, white scalloped edge. \$127. Matching napkins available, \$14.50 each. **"Morning Glories" linen napkins:** 20" sq. Shown in brown, also available in blue or pink. \$23 each. All at Porthault.
"Rusticana" faience dinnerware: Shown in blue, also available in red. About \$30 the 5-piece placesetting. By Villeroy & Boch, imported by Ceramar. At Mayhew.
"Ashburton" pressed glass goblets: 10 oz. About \$6 each. By Westmoreland Glass.
"American Colonial" stainless steel flatware: About \$25 the 5-piece placesetting. By Oneida Silversmiths.
"Eggshell" linen tablecloth: 88" diam., scalloped edge. \$125. At Shaxted of Beverly Hills.
Cotton tea towel napkins: 19" x 19½". In red or yellow. \$3.50 each. By Elisa Daggs. At Saks Fifth Avenue; Shaxted of Beverly Hills.
"Cinnamon" stoneware: About \$23.50 the 5-piece placesetting. By Royal Doulton Stoneware. At B. Altman & Co.; Maas Bros., Tampa, Fla.; Marshall Field & Company, Chicago.
"Fairlane" crystal iced tea and 7 oz. wine glasses: About \$6.50 each. By Fostoria Glass. At Carole Stupell.
"Chelmsford" stainless steel flatware: About \$25 the 5-piece placesetting. By Towle Silversmiths. Marshall Field, Chicago.
"Hopscotch" cotton shell-shaped placemats: With Scotchgard finish. Shown in lacquer red on white, also come in beige or brown on white. About \$4 each. Matching napkins available, about \$2.25 each. By Leacock & Co. At Henri Bendel.
"Saumer Flower" cotton napkins: Shown in "coral," also come in "pewter." 17" sq., about \$2.25 each. 20" sq., about \$4 each. By Leacock & Co.
"White Cloud" rayon and polyester permanent-press tablecloth: 70" diam. About \$24. Vera Verve collection by Vera. At Macy's. **Pages 156-157**
"Torse White" porcelain: About \$52.95 the 5-piece placesetting. By Haviland. At Geary's Beverly Hills; Gump's, San Francisco; Mayhew.
"Haut Brion" lead crystal wine glasses:

12 oz. \$18 each. **"Etrusque" lead crystal decanter:** 33 oz. \$75. All at Baccarat.
"Revolution" sterling silver-handled flatware: Stainless steel tines, bowls, and blades. About \$59.75 the 4-piece placesetting. By Reed & Barton. At B. Altman & Co.
Hand-stenciled and painted tablecloth of cotton madras: Matching napkins available. Made to order. From Peter Fasano.*
"Primary," "The Conch," "The Fan Shell," "The Nautilus," "The Sand Dollar," and "The Sea Urchin" dinnerware: Shown in "sand" glaze, also available in white. From the "Sea Sculptures" collection by Franciscan. **"Primary" pattern:** About \$8.50 the dinner plate, \$6.25 the salad plate, \$11.50 the ramekin with top, and \$18 the 3-piece placesetting. All other patterns: About \$9.50 the dinner plate, \$7 the salad plate, \$12.50 the ramekin with top, and \$19 the 3-piece placesetting. By Franciscan. All at Bullock's, Los Angeles; Frederick & Nelson, Seattle. **"Primary," "The Nautilus," and "The Sand Dollar" at Sanger-Harris, Dallas.**
Crystal wine glasses: 10½ oz. About \$2.50 each. By West Virginia Glass. At Mayhew.
Reproduction "Queen Anne" stainless steel flatware: \$22.40 the 5-piece luncheon placesetting. At Price Glover.
Octagonal rafia placemats: About \$2.50 each. By Leacock & Co.
"Celery" rayon and polyester napkins: 17" sq. About \$1.75 each. From the Vera Verve collection by Vera. At Macy's.

Building Facts

Materials and equipment used in the house
on pages 142-145

ARCHITECT: Hugh Newell Jacobsen

CONTRACTOR: Owner

SIZE OF NEW ADDITION: 1,060 square feet

STRUCTURE OF NEW ADDITION

Foundation: Concrete footings and concrete block wall.

Framing: Standard wood frame construction.

EXTERIOR OF NEW ADDITION

Exterior walls: Horizontal wood siding, custom run to match existing siding.

Exterior finish: Victorian color paints by Devco Paint Div., Celanese Coatings Co.

Roof: Main roof, asphalt shingles to match existing roof; link, built-up roofing.

Insulation: Aluminum-foiled glass fiber batts; 3-inch in walls and 6-inch in ceilings.

Windows: Wood frame windows with ¾-inch insulated glass by PPG Industries

Skylight: Insulated glass by Velux.

Doors: Custom-made glass doors with wood frames.

INTERIOR OF NEW ADDITION

Interior walls and ceilings: Plaster.

Interior finish: Acrylic latex flat paint with alkyd enamel trim by MAB Richlux Paint.

Floors: Wood floors in major rooms and carpet in bath.

Lighting fixtures: Semi-recessed wall washers and surface-mounted downlights by Edison Price; fully recessed wall washers and exterior lights by Lightolier, Inc.

Hardware: Exterior lever handles by the General Lock Mfg. Co.; interior white porcelain ball knobs by the J.B. Manufacturing Co.

Fireplace: Prefabricated steel fireplace by the Majestic Co.

Bathroom cabinets: Custom cabinets.

Bathroom countertops with integral bowls: Of Corian material by Dupont.

MECHANICAL EQUIPMENT AND APPLIANCES

Heating-cooling system: Forced air. ■

34½% off on Towle Sterling

GROUP I

GROUP II

GROUP III



SETS	GROUP 1		GROUP 2		GROUP 3	
	Reg. Price	34½% Off Price	Reg. Price	34½% Off Price	Reg. Price	34½% Off Price
4-Pc. Pl. Setting	\$120.00	\$ 78.60	\$ 135.00	\$ 88.33	\$ 155.00	\$131.33
16-Pc. Set for 4	480.00	314.40	540.00	353.32	620.00	405.33
32-Pc. Set for 8	960.00	628.80	1080.00	706.64	1240.00	810.66

PLACE PIECES	GROUP 1		GROUP 2		GROUP 3	
	Reg. Price	33½% Off Price	Reg. Price	33½% Off Price	Reg. Price	33½% Off Price
Teaspoons (40% Off)	21.00	12.60	25.00	15.00	30.00	18.00
Place Fork	35.00	23.33	39.00	26.00	45.00	30.00
Place Knife	32.00	21.33	36.00	24.00	40.00	26.66
Salad Fork	32.00	21.33	35.00	23.33	40.00	26.66
Place Spoon	32.00	21.33	35.00	23.33	40.00	26.66
Spreader	21.00	14.00	25.00	15.00	30.00	20.00
Iced Bev. Spoon	27.50	18.33	31.50	21.00	36.00	24.00
Place Fork, Large	43.00	28.66	50.00	33.33	57.00	38.00
Place Knife, Large	38.00	25.33	43.00	28.66	48.00	32.00

SERVING PIECES						
*Butter Knife H.H.	26.50	17.66	29.50	19.66	33.00	22.00
*Cold Meat Fork	62.50	41.66	69.00	46.00	76.50	51.00
*Gravy Ladle	62.50	41.66	69.00	46.00	76.50	51.00
Pie or Cake Knife	32.50	21.66	37.50	25.00	42.50	28.33
*Sugar Spoon	31.00	20.66	34.50	23.00	39.50	26.33
*Tablespoon	57.00	38.00	65.00	43.33	73.00	48.66
*Tablespoon, Pierced	57.00	38.00	65.00	39.00	73.00	48.66
Hostess Set 6-Pc.	296.50	197.66	332.00	221.33	371.50	247.66

(Hostess set includes all of the pieces shown above with an asterisk (*))
 Partial listing only above. Complete sale price list available upon request.

Due to rising cost of silver bullion, all prices are subject to change.



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 _____ of _____ a \$ _____ each \$ _____
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Name _____
 Address _____
 City _____ State _____ Zip _____

Check enclosed for the full amount. (Miss. residents add 5% tax) or choose one of the following methods of payment.

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(Fill in following information only if you are using Silver Club Plan)

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We pay shipping costs (No sales tax, unless a Miss. resident.)

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20"x20" \$8.95
Shipped Prepaid



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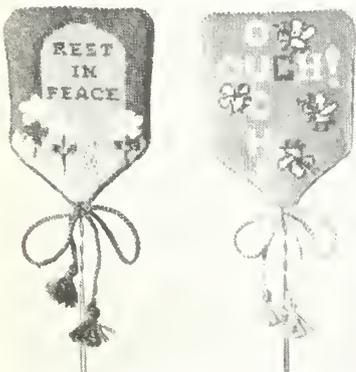
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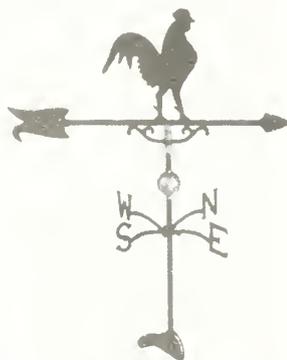
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Send check and sharp, well-exposed, front face, close-up photo. Color or B&W (you'll get it back)

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Box HG457
99 Prince St.,
NYC 10012

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Patent Pending

WIND DIRECTION AT A GLANCE



Weather Vanes add the finishing touch to your country home! Perfect for garage, farm or ranch. Balanced arrow on friction-free bearing responds to slightest breeze! Made of anodized aluminum for rust-free care. Complete with mounting bracket & screws. Arrow 23" long, support 24" to 27" high. Crowing Rooster \$9.95 + \$1.50 pp. (Also available, Galloping Horse.) SAVE —two for \$19.95 ppd. Great gifts.

J. W. Holst, Inc., Dept. HG-57
1864 E. US-23, East Tawas, MI, 48730

Shopping around

with Audrey Nichols

Order merchandise by writing directly to shops, enclose check or money order. Add sales tax where applicable. Any unused item (not personalized) may be returned by insured mail for refund. Allow four weeks for delivery.

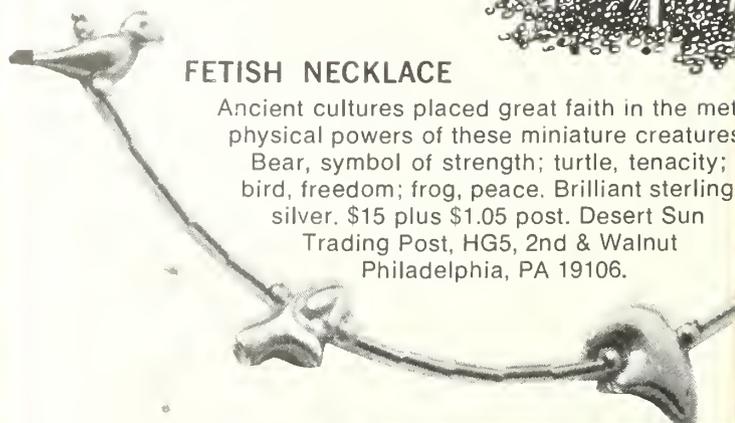
THE T-MATO CAGE

Designed to double tomato crop in half the usual space. No staking or tying; no wind, animal or ground rot damage. Support for all heavy vine vegetables and fruits. Lightweight, unbreakable and rustproof. Folds for storage. It's 26" tall. Three, \$5.95 plus \$1.25 post; six, \$11 plus \$2 post; 12, \$20 plus \$3 post. World Garden, HG5, 606E. State Westport, CT 06880.



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Ancient cultures placed great faith in the metaphysical powers of these miniature creatures: Bear, symbol of strength; turtle, tenacity; bird, freedom; frog, peace. Brilliant sterling silver. \$15 plus \$1.05 post. Desert Sun Trading Post, HG5, 2nd & Walnut Philadelphia, PA 19106.



STERLING SERVICE

Fill in heirloom set, replace lost or damaged flatware. If you don't know the pattern name ask for free pattern identification booklet. Specialists can match hundreds of patterns. Walter Drake Silver Exchange, HG12, Drake Bldg., Colorado Springs, CO 80940.



Buck Sauls' FERNS

TWO LOVELY LITHOGRAPHS CAPTURE THE DELICATE BEAUTY OF THE LIVING Fern IN A VASE (shown) AND IN A BASKET. The ferns are printed on premium, acid-bronze textured metal. The set of two are only \$11.95 plus \$1.50 postage and handling.

THE TATTERED BOOT

Box HG
Lansing, Pa. 17033

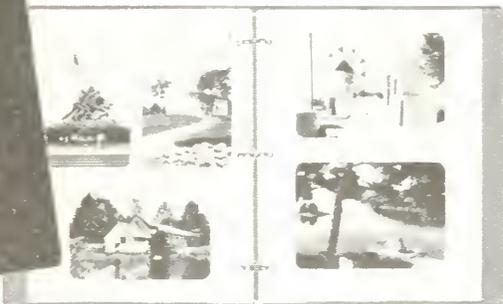


OUR NEW HOUSE

Contemporary house is one of 230 designs in plan book of 1/2 and 2 story homes (blue prints available). Other categorized books: 185 one-story homes over 2,000 sq. ft.; 250 one-story homes under 2,000 sq. ft.; 180 multi-level and 223 vacation homes. Plan books \$2.50 per copy; complete collection, \$8.95. Ppd. Home Planners, HGE75, 16310 Grand River, Detroit, MI 48227

LOWER SHOW

Here's Liza Doolittle's cousin. Design stamped on turquoise linen ready for basic crewel embroidery. Stitches in pink, yellow, orange and red for the flowers, red, white and blue for the stand. #8354 is 14" by 14". \$15.95 plus \$1.50 post. Color catalogue, \$1. Skon, HG5, 55 Lambert Lane, New Rochelle, NY 10804.



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For the fascinating hobby of collecting post cards. Album has added leather-like vinyl cover, 80 loose leaf 8 1/2" by 11" pages. Holds up to 200 standard size U.S. and foreign cards in curved corner slots. \$8.95 plus \$1 post.; two, \$17.50 ppd. The Writewell Co., 874 Transit Bldg., Boston, MA 02115.



NATURE BEAUTY

Exquisite natural specimens for decorative accents. Pacific triton's trumpet on tripod stand, \$40; fossil plant slab (over 220 million years old) on cradle stand, \$12; chambered nautilus half, \$6. Add \$1 post ea. Color portfolio plus illustrated catalogue of shells, fossils, minerals, and more. \$1. Dover Scientific, HG5, Box 6011T, Long Island City, NY 11106.

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Ball Fringe on Permanent Press

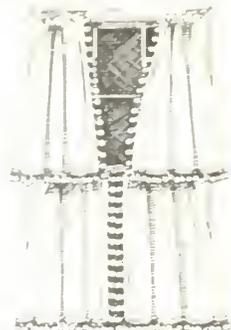


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36" 40" 44" 48" pr.
36" 40" 44" 48" pr.

TIEBACKS
45" 54" 63" 9.00 or
72" 81" 90" 11.00 pr

VALANCE
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Country Curtains are a tradition... years of old fashioned quality and conscientious service to thrifty homemakers. Sturdy, specially made ball fringe is carefully stitched onto our 50% cotton 50% polyester blend like real muslin but truly carefree. Natural or white, \$1.00 wide per pair. Please specify natural or white. Send for more catalog or use MasterCard or BankAmericard. Sorry no COD's. Postage and handling orders under \$10 add \$1.10, \$10 and over add \$2.00. Mass. res. add 5% sales tax. Satisfaction guaranteed.

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THE ETERNITY RING

in solid sterling silver

To renew a wedding vow, to say, "Yes—today more than ever!" To mark baby's birth or an anniversary. Perhaps richer than your first wedding band, for love grown richer with time. Fiery Austrian crystal stones, about 2 carats in all, circling an exquisite openwork setting. American-made, velvety red gift box.

3791 Ring, Sizes 5,6,7,8 \$12.98

Add 45c post. & hdlg. NY res. add taxes

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Help me to remember that nothing is going to happen to me today that you and I together can't handle." Inspirational and lovely words on a 8" x 6" wooden plaque. Full color Italian scroll border, enhances the quiet serene message. Laminated for performance, ready to hang on a favorite wall at home or office. Ideal hostess gift.

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Imagine... a square hard-boiled egg!

That's right! This unique little machine reshapes a peeled hard-boiled egg and makes it square. We've served it at parties and our guests are still talking. Makes the most unusual dips, dips, appetizers and appetizers. But don't just leave your self to eggs. Our Square Egg Maker is perfect for molding tuna salad, chopped liver, soft cheese, etc. Its uses are unlimited! Made of high impact plastic. \$3.98 plus 50c postage.

Prompt delivery. Money back guarantee. See #112 page Gift Gourmet Catalog 25c

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A flower garden on four legs! 16" x16"x19"H parson's table holds four 5" sq. pots at a convenient height in a small space. Unique drip tray keeps moisture from reaching floor. Also convenient for your herb garden. Weather resistant for outdoor use. No tools needed to assemble. Hi-impact Styrene Polymer in white with dark green pots.

\$15.98 + \$1.99 P&H

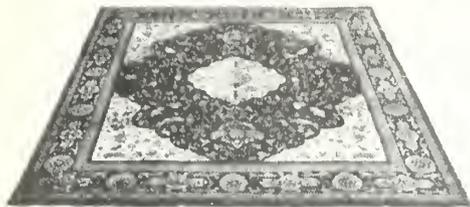
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1000 RETURN ADDRESS LABELS \$1.00

1000 gummed economy labels printed in black with any name, address and zip code up to 4 lines. Order \$7.17 Economy Labels, box of 1000, \$1.00. Add 20¢ per set for postage & handling.

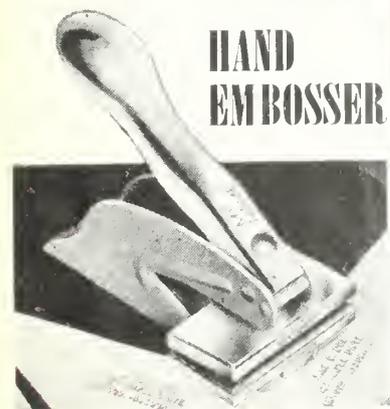


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Gleaming gold foil labels stick to any clean, dry surface - no moistening. Handsome black printing and classic border. 1" x 1 3/4". Order P4010 Gold Foil Labels, roll of 250, just \$1.98. Add 20¢ per set for postage & handling. Satisfaction Guaranteed

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Makes expensive looking raised letter impressions of any 3 line name & address on your PAPER & ENVELOPES (reversible). No inks, service or maintenance required. For home, office, clubs, etc. Print clearly, maximum 24 characters per line. (For 4 lines add \$1.25.)
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HGA-5 2816 Morris Ave., Union, N.J. 07083



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Pot-holders that you love to display—appliques and patchwork add gay note! Cotton prints with polyester filling; nine-inch round or shaped. \$3 ea; four, \$9.99 plus 50¢ post. per order. Catalogue with other designs and items, 50¢. Domino Patchworks, HG5, 333 Sixth Ave., NY, NY 10014.



LASTING BEAUTIES

Long-stemmed porcelain roses in brilliant yellow, blazing crimson or aristocratic wine. Finely detailed even to the thorns. 13" tall. One \$1 plus 25¢ post.; six \$4.95 plus 75¢; 12, \$8.95 plus \$1; extras 79¢ each plus 25¢. American Consumer, RP-113, Caroline Rd., Philadelphia, PA 19176.



KETTLE GOES MODERN

Now a tea kettle designed to be a take-a-second-look contemporary showpiece! A sleek-shaped Italian import in shiny aluminum with amusing spout; wood handle and lid-knob. Holds 2 1/2 pts. \$5.98 plus 75¢ post. Country Gourmet, G5E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



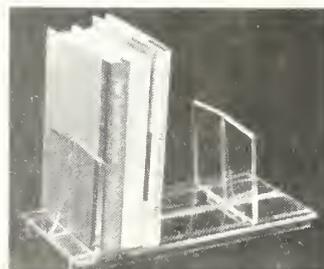
UP TO SIX E

Guys with super wide feet welcome the athletic shoe imported from Finland with uppers of blue suede trim on white nylon and soles of white foamed rubber. For sizes 5-12, superwidths EE through EEEEE. \$26 plus \$1 post. Free color catalogue. Hitchcock Shoes, Inc., Dept. 106T, Hingham, MA 02043.



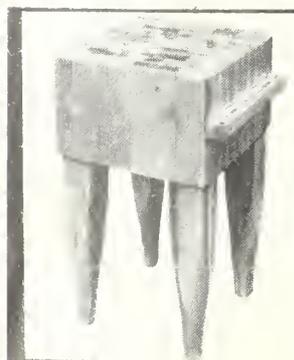
GET IT TOGETHER

For the jigsaw puzzle fan! Any photo, color or black and white, can be made into an 8" by 10" die-cut jigsaw photopuzzle; your photo is returned unharmed. Black and white or colored, \$3.95; plus 50¢ post. Write to Cadlyn's, HG5, 10250 N. 19th Ave., Phoenix, AZ 85021.



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Hand-crafted ingenious design for bookends-with-base that adjust to hold from one to eight books. The self-locking sliding ends expand or contract and prevent slipping of books. 5x5 1/2 x 12". Gleaming glass-like clear acrylic. \$21.98 ppd. Lovejoy's, HG5, Box 98142, Pittsburgh, PA 15227.



J&D Brauner PROFESSIONAL BLOCK

12" thick solid block complete with knife rack. 34" high. 18"x18", \$143. 18"x24", \$171. 24"x24", \$199. Mail or phone orders. Master Charge or BankAmericard. N.Y., N.J. and Illinois residents add tax. Shpg. chgs. col. 52 Page Catalog \$1.

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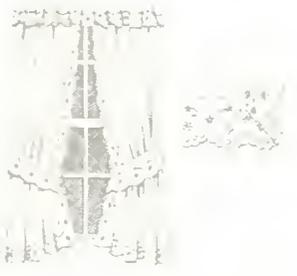
THE BUTCHER BLOCK

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FABULOUS FINDS
 Hundreds of distinctive sterling silver items like the Early American, circa 1825, silver milk dip cup (shown) by R & W Wilson Philadelphia. Also hard-to-find flatware patterns, send a tissue rubbing or a photocopy, identifying marks. Jean's Silversmiths, HG5, 16 W. 45th St., N. Y., NY 10036.



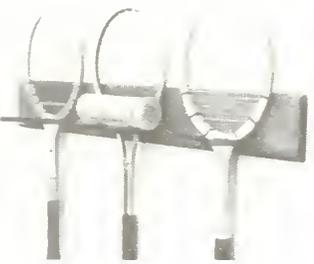
WINDOW DRESS-UP
 Embroidered Schiffler eyelet, 3" border, white polyester cotton. 24", 30", 36" \$13.50; 45", 54", 63" \$18.50; 72", 81", 90" \$23.50; tiebacks \$3; valance \$6.50. Add \$2 post. Free color catalogue. Colonial Maid Curtains, HG5, Lawn Terr., Mamaroneck, NY 10543.



SAIL THE HIGH SEAS
 Reproductions of cards once circulated by shipping companies on the East Coast to attract passengers bound for Pacific ports. 7" by 4 3/4" mounted on 1" pine boards ready to hang. Set of 5. \$12.95 plus \$1 post. Catalogue 25c. Preston's, HG5, 101-V Main St. Wharf, Greenport, NY 11944.



THE RACQUE
 Solid pine holder takes care of your tennis racquets on wall or door. Sturdy dowels are slightly angled for security. Edges are beveled. Oak stain, semi-gloss varnish. With screws. 24" \$11; 36" \$12.50; unfinished \$2 less. Add \$1 post. Mason Products, HG5, Box 22, Wellesley, MA 02181.



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	60"x72"	11.50	16.50
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add \$1.00 per shade



FLOWER CART

Handwoven of natural rattan lattice weave two tier cart has casters for convenience. Beautiful for plant display or use as a bar or tea cart. 24" W x 12" D x 24" H \$29.95 plus \$4.00 postage. Painted white add \$5.00

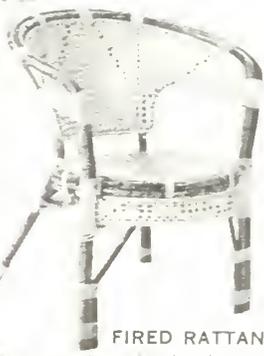


NEW DECORATOR AREA RUGS

From China durable intricately handwoven of natural maize and rush in butterfly pattern

4 ft.	\$20.95 plus \$2.00 postage
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Joan Rivers

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Downright luxury if you read or write in bed, indispensable for the convalescent—and only we have it personalized like this! Pockets for books, magazines, tissues—even for pen and pencil. American made of sturdy natural cotton canvas.

Bold 2-inch navy initials. About 16x9" plus almost a foot of flap to tuck securely between mattress and spring. Two pockets 9 1/4 x 7 1/2", two 5 1/2 x 6". 2275 Bed-Mate \$8.98 His-and-her Special! 2 for \$17.50

Add 75¢ postage & handling, NY residents add taxes. PRINT INITIALS.

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Not unsightly when closed politely.

The self-closing "Polite Seat" closes quietly and gently after the toilet is flushed. Molded of high-impact polystyrene with a low profile. Fits virtually all regular and elongated tank-type toilets and installation is as simple as conventional seats. Operates without electrical or water main connections. Color: White only. Price: \$250. (NY residents add sales tax.)

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H29 W48 D23

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This solid cherry desk has a spacious writing surface, three storage drawers with authentic pulls, copies of 18th Century ones. Finish: Solid cherry in a medium brown tone.

Price: \$219.95

Shipping charges extra. No C.O.D.
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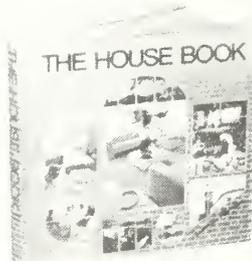
CUFF BRACELET

Contemporary, yet classic, the handsome one inch wide cuff bracelet beautifully crafted in pewter and personalized with a three initial monogram in elegant English script. Ideal Mother's Day gift. \$5 plus \$1 post. The Jones Store Co., HG5, 1201 Main, Kansas City, MO 64105.



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True work of art painted on fine quality canvas from old or new photograph. Choose from twelve portrait painters. Canvas sizes from 12" by 16" to 30" by 40". From \$125 to \$1250. Catalogue, 50¢. Van Dyke Oil Portraits, Ltd., HG5, 153 E. 57th St., New York, NY 10022.



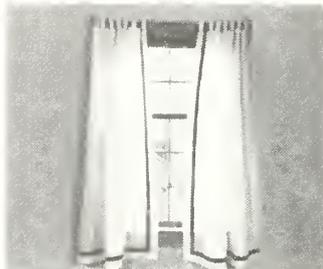
ALL ABOUT HOUSES

The House Book has 1,000 full color pictures of houses plus diagrams, drawings. More than that it has details of decoration, maintenance and repair as well as planning. Author is Terence Conran. 448 pages, \$30 \$1.25 per book per order. Crown Publishers, HG5, 1 Park Ave., N.Y., NY 10016.



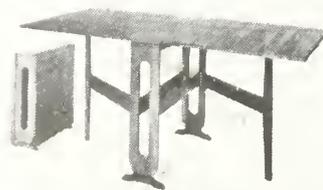
FARM'S FORUM

Clear plastic dome lets you see nature's way of opening quail eggs to produce babies. Incubator operates on 110 volt electricity, is 6" h., 7" dia. \$6.98 with five eggs; without eggs, \$5.25. Ppd. Catalogue, 25¢. Write to G. Q. F. Mfg. Co., Dept. CG, Box 8152, Savannah, GA 31402.



TAB CURTAINS

Permanent press natural color muslin or white polyester/cotton. Grosgrain trim in wine, moss green, navy, gold or brown. 80" w. pr.: 45", 54", \$22; 63", 72", \$26; 84", 90", \$31. \$2 post. Free color catalogue, write to Constance Carol, HG5, Box 899, Plymouth, MA 02360.



TO HAVE AND TO FOLD

Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. \$69.95. Exp. coll. Assembled. Send 50¢ for Danish catalogue. Genada Imports, HG5, Box 204, Teaneck, NJ 07666.



RIGHT ON TIME

The new Pocket Pharmacy™ keeps scheduled pills in separate compartments to ensure correct dosages at proper time and dispenses them in right combinations. For 16-day supply. Brushed brass case, child-resistant closure. \$6 ppd. RX Counter, HG5, 28 S. Main St., Concord, NH 03301.

HANDWOVEN WILLOW

Rocker for indoors or outdoors 26" w. by 36" h.; seat h. 16" \$59.95; painted white add \$10. Seat, back polyfoam zip cushions gold floral; solids in gold, black, apple green, red, tangerine set \$16.95. Exp. coll. Catalogue 25c. Fran's Basket House, HG5, Route 10, Succasunna, NJ 07876.



MIRROR TO GROW

Drum shaped cylinder surfaced in mirror with thin strips of lead makes growing plants even more decorative accents for the home. 6 1/4" by 6 3/4". How about a pair at a patio door or in a window? \$19.95 ppd. Kris Krafts, HG5, Box 5158, Fullerton, CA 92635.



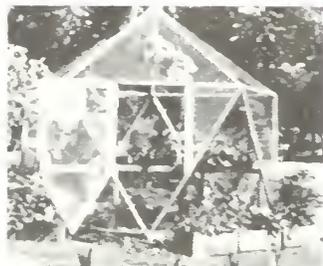
LITTER-TRAY HOUSE

Tidy housekeeping for your cat... no messy clean-up for you to do. Sturdy plastic house has removable tray... all plastic litter-bags fit it. Snaps together for home or travel use. Washable. 14x19x20". Green, yellow. \$11.95 plus \$1.50 post. Lanfred Products, HG5, 1912 Greenville, Dallas, TX 75206.



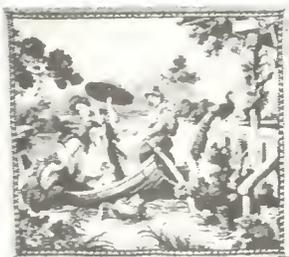
SUN DOME

Pentagon-shaped greenhouse with double-strut redwood frame and 8-mil polyethylene cover. 8 ft. dia., lots of head room. Ready to assemble. \$134.95 exp. coll. Other models \$89.95 to \$649.95. Free catalogue. Peter Reimuller—the Greenhouseman, Dept. 11-EP, 980-17th Ave., Santa Cruz, CA 95062.



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Oriental tapestry is woven in France in lovely pastel colors. Ideal for pillows, upholstering small pieces, for framing. 20" by 20". \$8.95 ppd. Catalogue of other varied scenes and sizes \$1. Write to Peerless Imported Rugs, Dept. GTE-57, 3028 No. Lincoln Ave., Chicago, IL 60657.



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Great idea for car commuters and salespersons on the road. New kind of coffee mug has a spillproof cover with opening for sipping. Fits neatly into an outer cup that adheres to dashboard. Plastic. 3 3/4" h. \$3.25; two, \$6. Ppd. Write to Bruce Bolind, HG5, Boulder, CO 80302.



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Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. 2 clips for \$1.98 plus 20c post. Anthony Enterprises, HG5, 556 Mission St., San Francisco, CA 94105.



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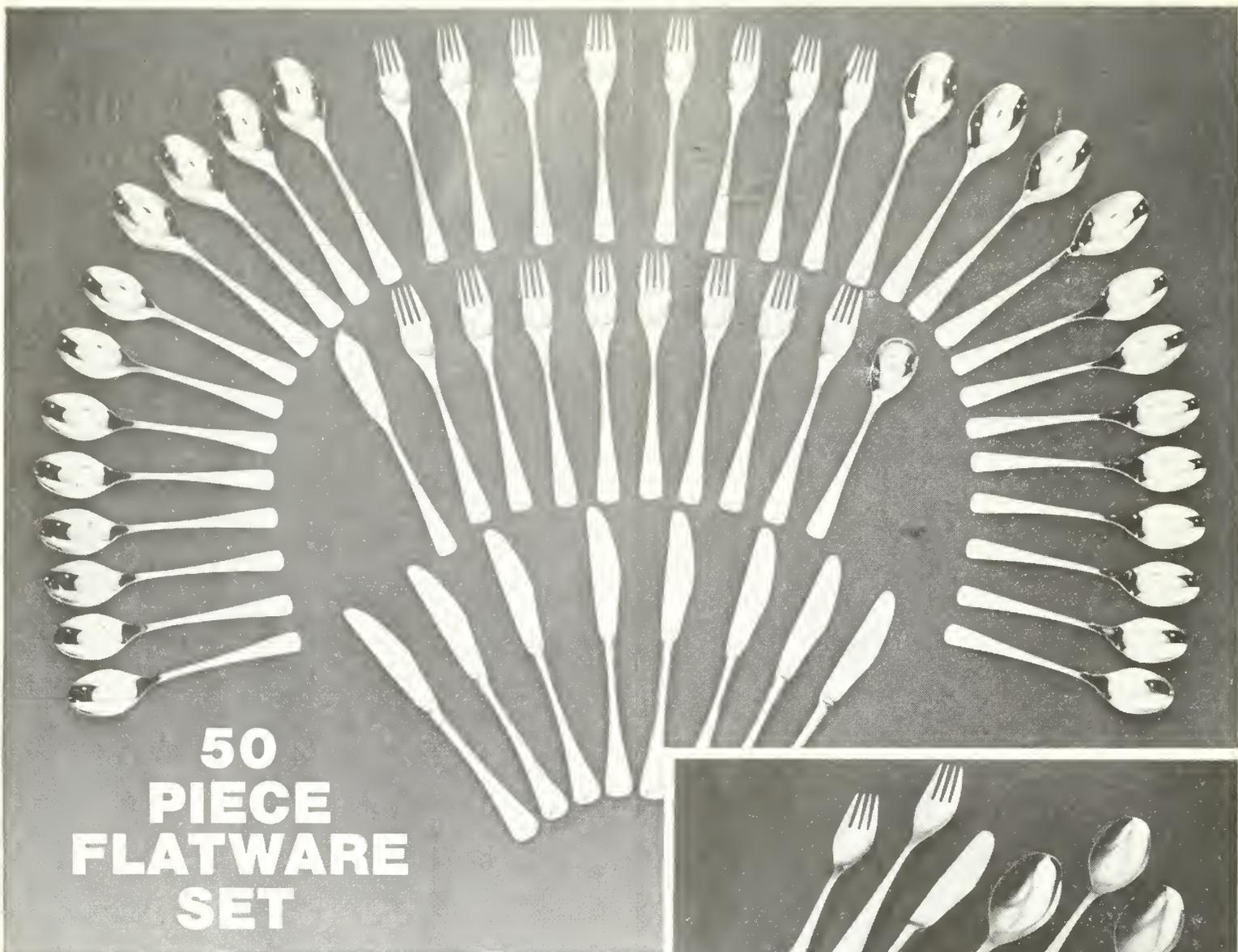
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Complete 16 Piece Set—
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four 10½" dinner plates, four 7" bread
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only
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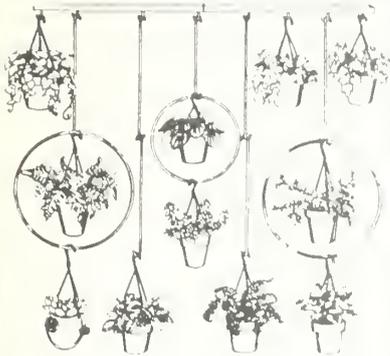
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SHINE ANY LEAF TO LIFE! QUICKLY SNAP ON TO YOUR PLANTS. TRAVELS UP TO 10 FEET TO REACH ANY PLANT. NO MORE WATERING!



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Please add \$2.50 per plant-Rail System III & Combination; \$1.50 for Water Mist'er for postage and handling—Calif. residents add 6% sales tax.

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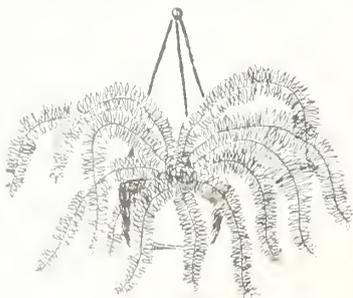
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Bi-monthly magazine is devoted to needlepoint ideas, techniques and projects. Each issue offers free patterns, new ways in which to use needlepoint, features a guest designer with his or her fresh approach. \$7 a year; \$8 in Canada. Needlepoint News, HG5, Box 668, Evanston, IL 60204.



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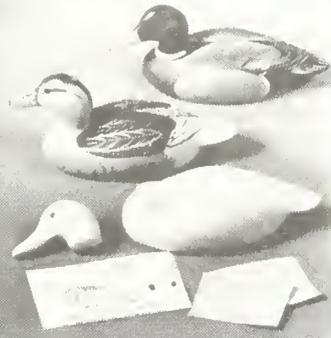
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OAK HALL, VIRGINIA 23416



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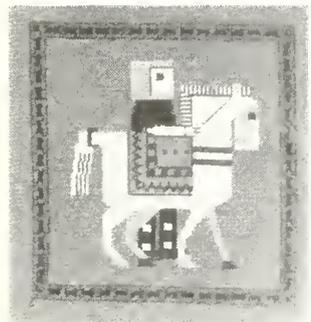
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WDL



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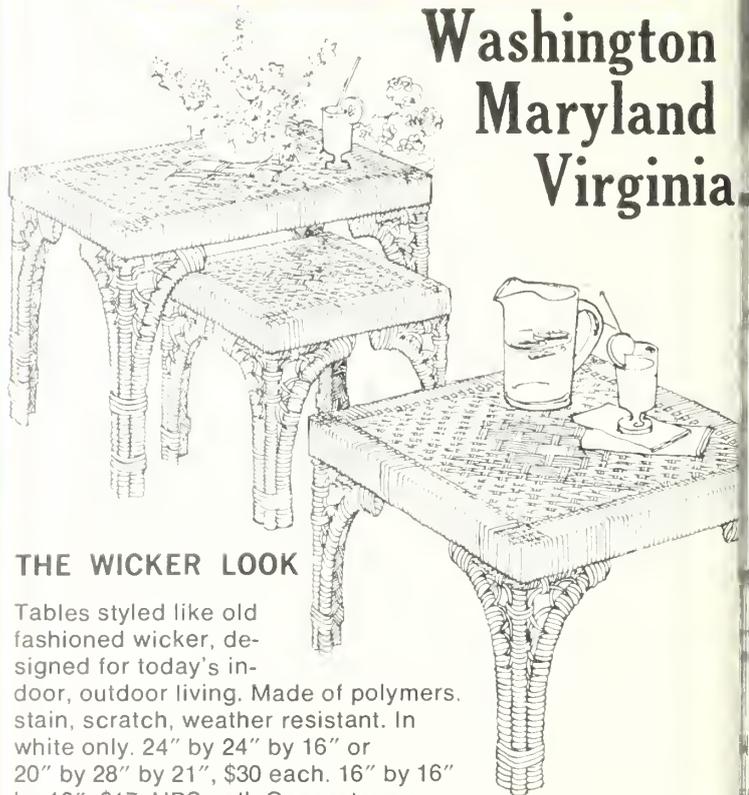
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Interior designers 25 page portfolio of coordinated color schemes, fabric, paint, paper, carpet swatches, index of manufacturers' names, numbers, approx. retail prices, \$45 plus \$2 post. Color Wheel, 20" by 26", how to arrive at color schemes, \$12.95. "Two Candles and a Book", practically a course in interior design, \$7.95. Each \$1.50 post. Pro-Deco School, HG5, Box 97, Staunton, VA 24401.



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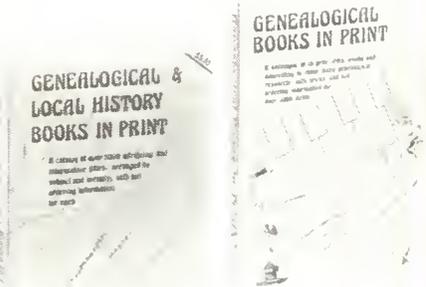


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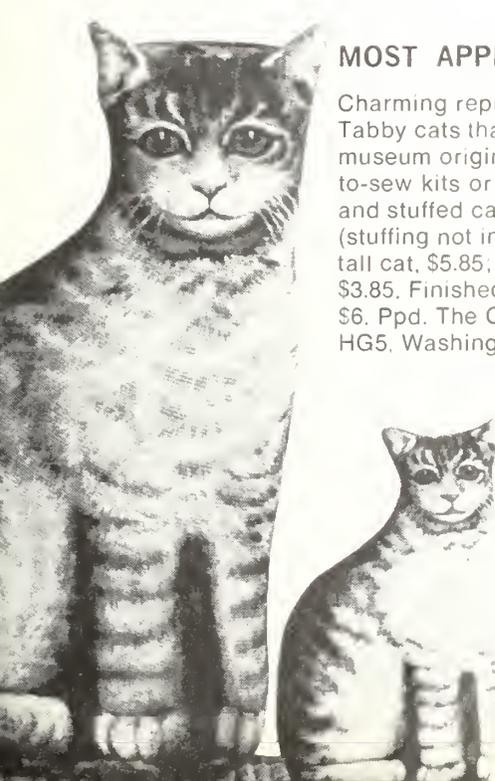
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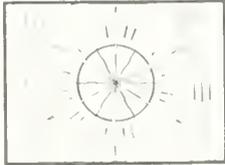
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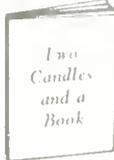


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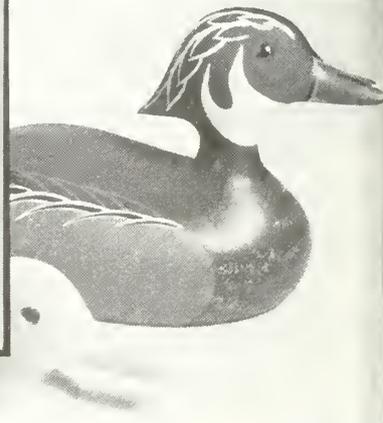
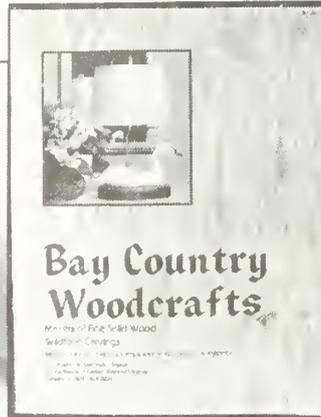
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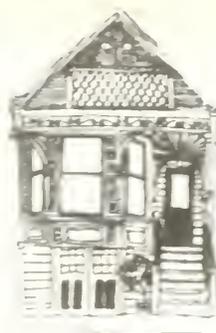


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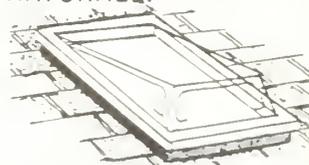
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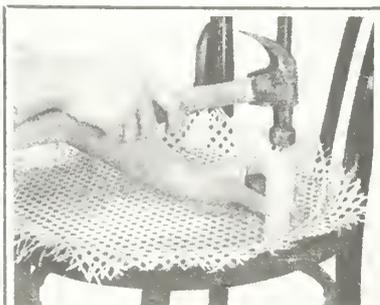
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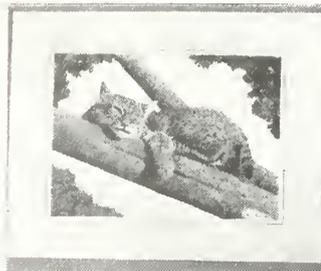
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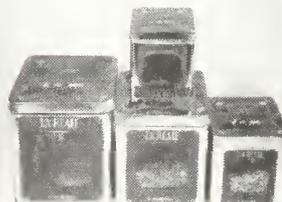
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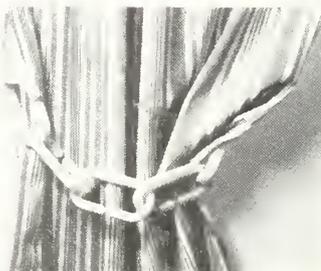
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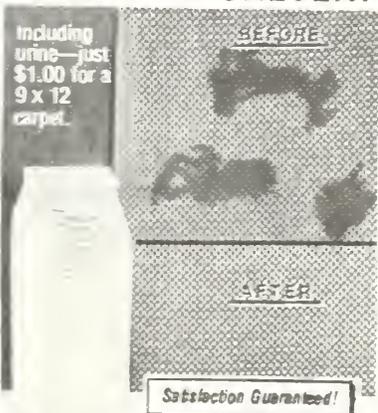
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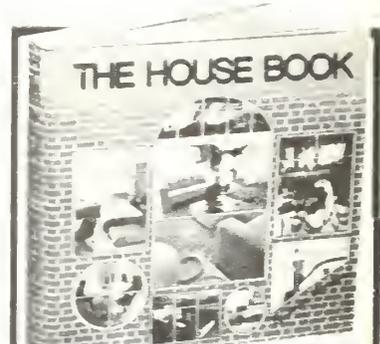
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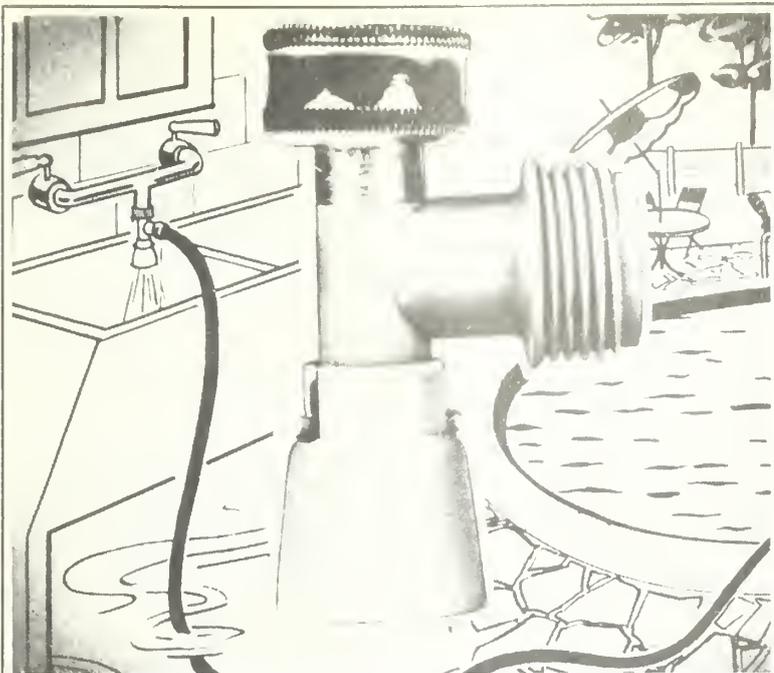
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Pure gold and platinum on porcelain make this whimsical sardine-can design a real conversation-piece gift. An Italian-import to use on desk or table, or to give to that friend who's on a sardine diet. 3 1/4" long. \$12.98 plus 75¢ post. Lillian Vernon, G5E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



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Copy of a cherished Victorian piece. Hardwood frame with molded components and authentic beige-background tapestry (as shown). 18" w. by 30" d. by 32" h. Folds to 8" d. \$69.95 \$8 del'y chg. Catalogue, swatches \$1. Magnolia Hall, HG5, 726 Andover, Atlanta, GA 30327.



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Pet carrier with rustproof screening all around avoids that closed-in feeling. Inside: wall-to-wall carpeting! Pet carrier of pressed wood, three sizes: 9" x 16" x 12", \$19; medium, 12" x 18" x 13", \$28; 16" x 16" x 20", \$38. Ppd. Turen, Inc., PC5, Etna Rd., Lebanon, NH 03766.



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WHO'S TO KNOW

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Pilgrim Stripe, White, Navy, Moss Green, Soft Gold or Brown in natural or white		\$17	\$16	\$16	\$17	\$17
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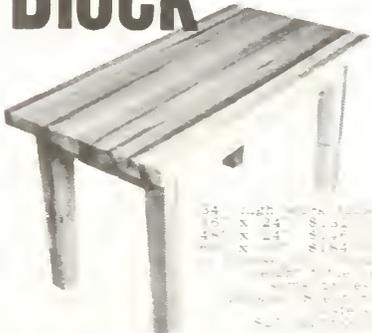
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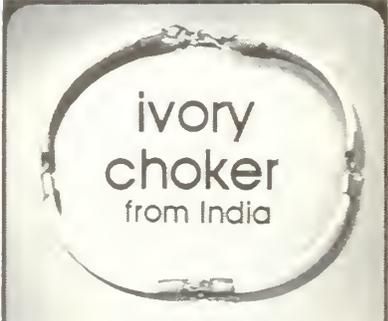
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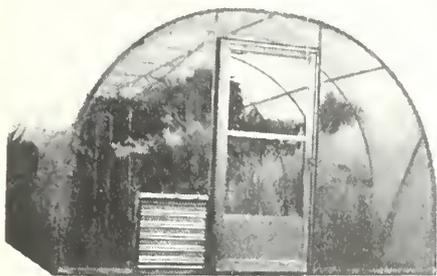
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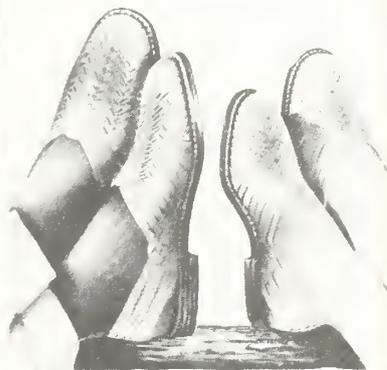


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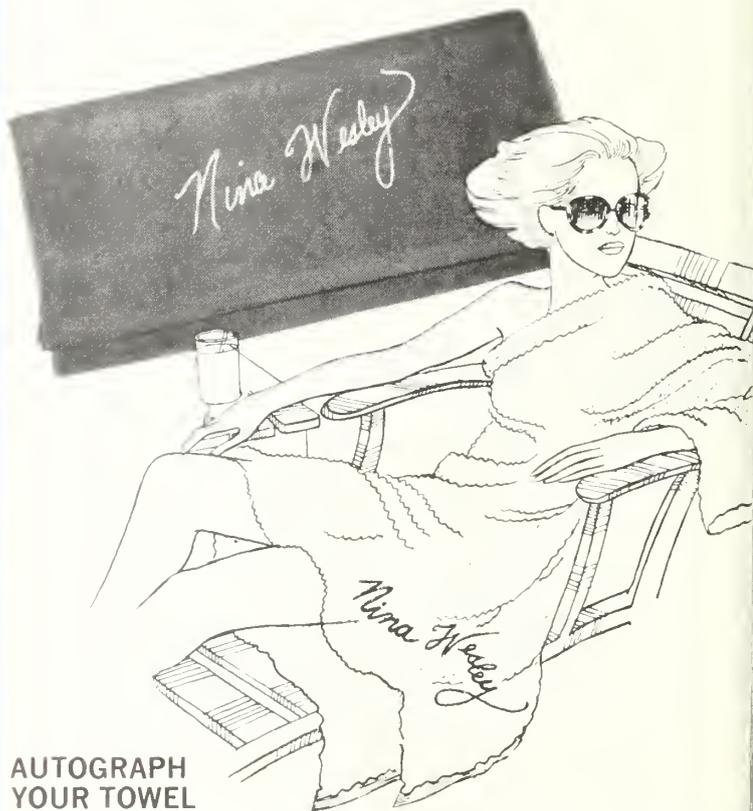
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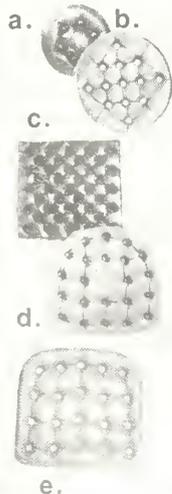
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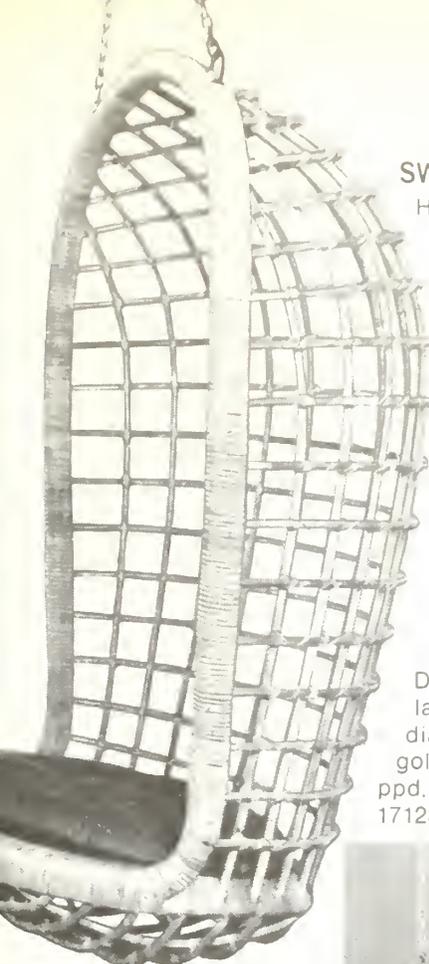
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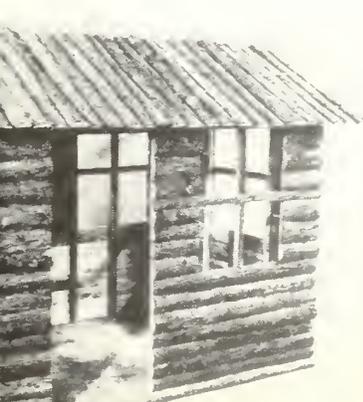
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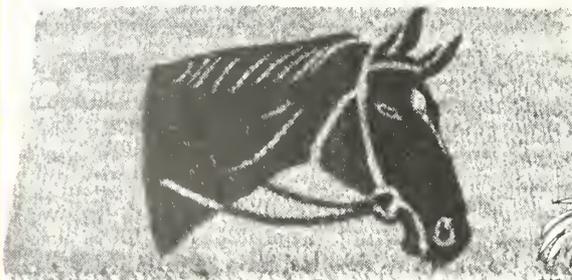
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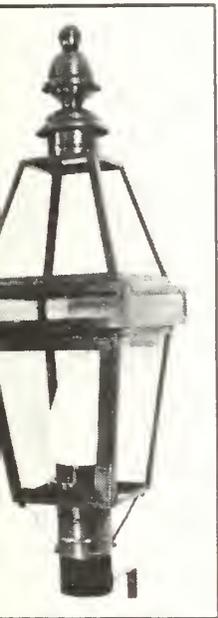
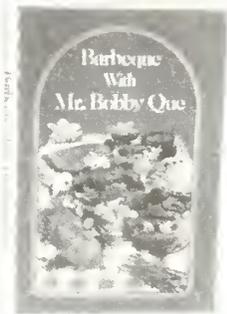


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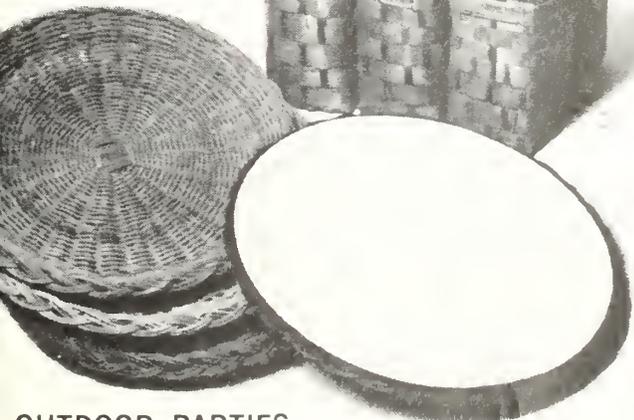
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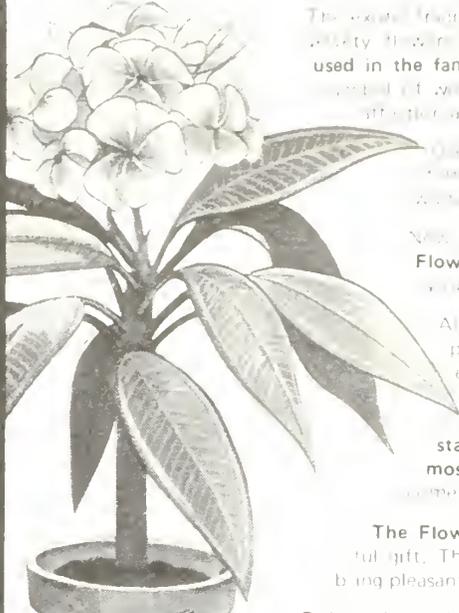
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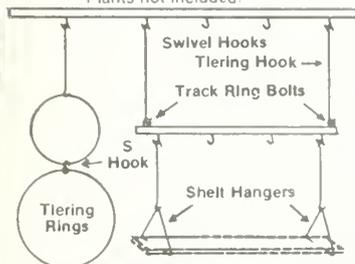
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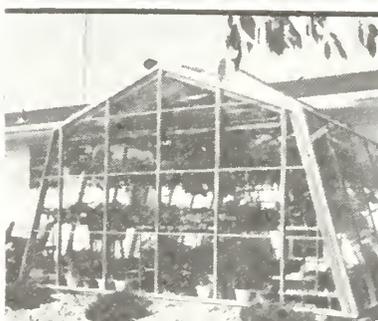
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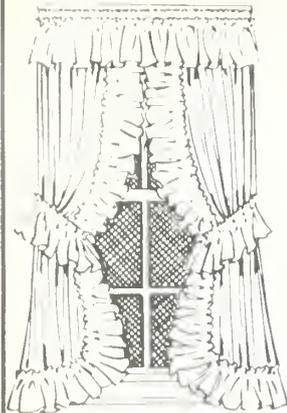


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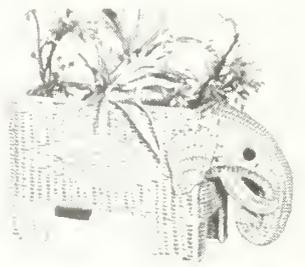
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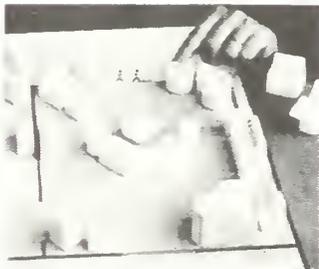
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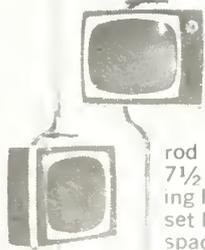
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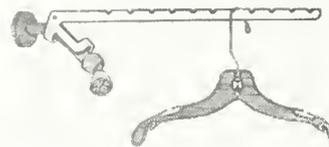
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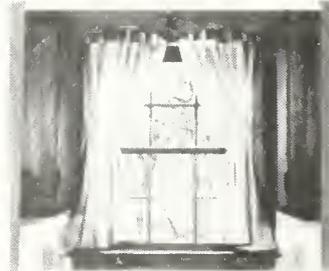
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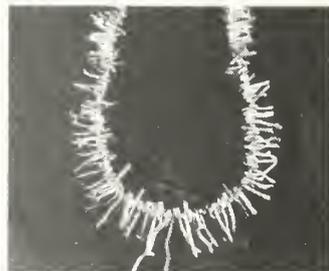
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An appealing mouse pair is hand crafted of gray felt. The bride wears white dotted swiss, white net veil and bow, carries pastel nosegay. Groom is wearing white ruffled shirt with black tails. Both 7" h. Each \$6 plus \$1.25 post. Annalee's Workshop, HG5, Box 446HG, Meredith, NH 03253



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Wall shelf of handwoven natural rattan has two wood shelves for books, knick-knacks, beauty aids. 15" by 7" by 18" h. With hooks. \$13.95; painted white/pink blue, green/orange/yellow/black, \$3 extra. Add \$2 post. Catalogue 25c. Fran's Basket House, HG5, Route 10, Succasunna, NJ 07876.



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UP AND OUT

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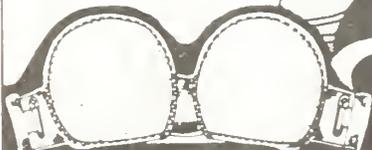


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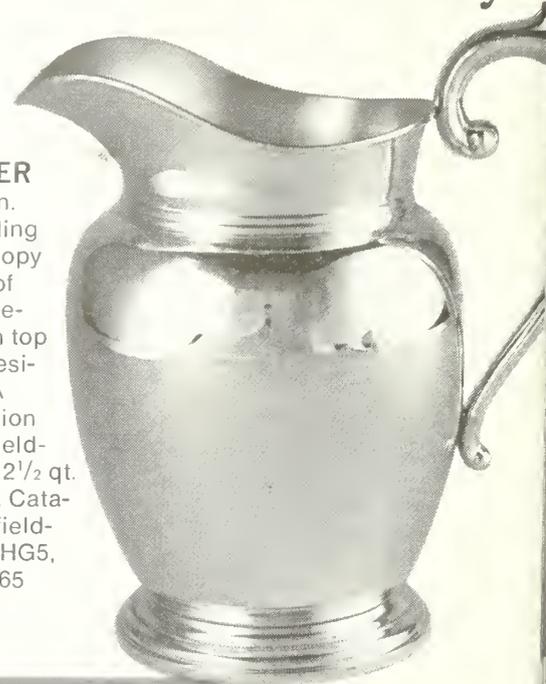
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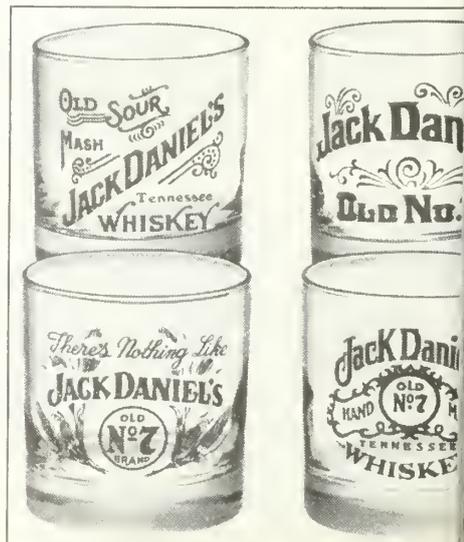
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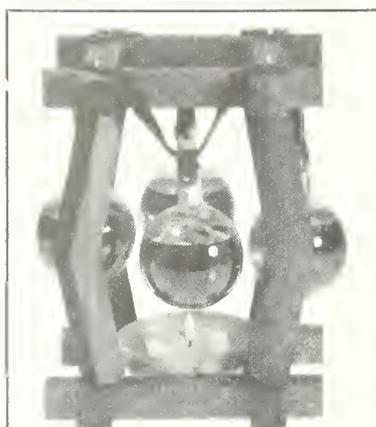
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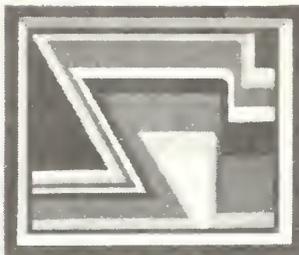
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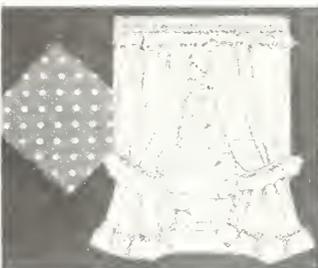
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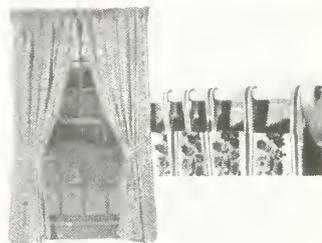
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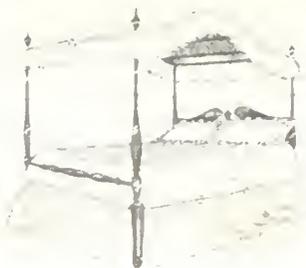
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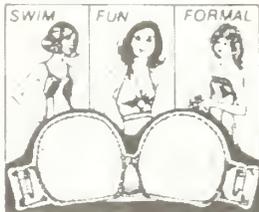
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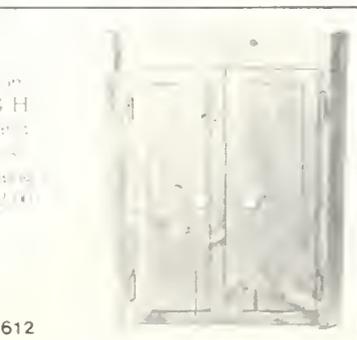
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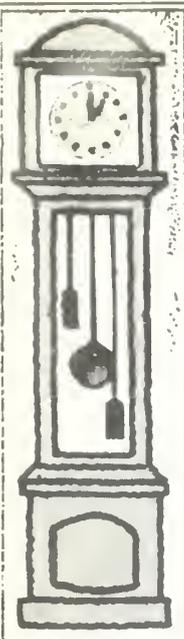


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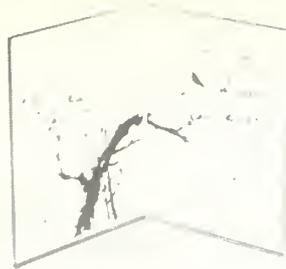


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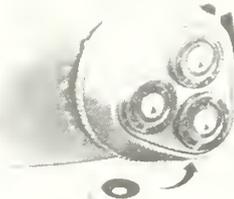
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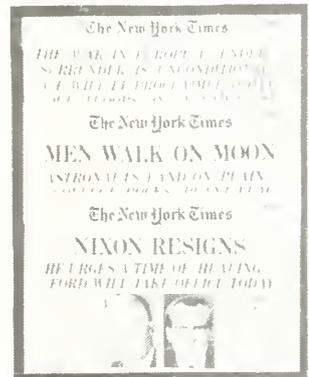
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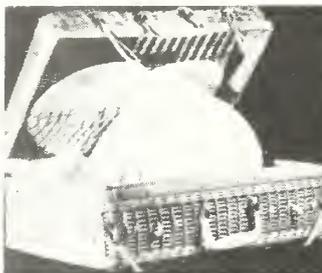
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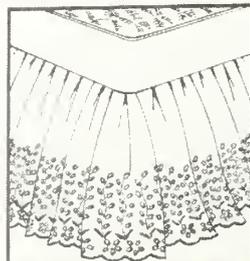
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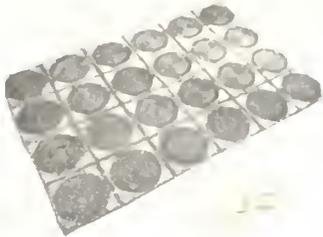
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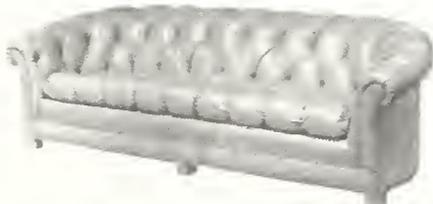
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Dance: The new exercise
continued from page 190

culture does not. Also, in the Middle East, movements tend to be highly repetitious and boring. Authentic belly dancing is not necessarily a full approach to body movements." So, in seeking out a belly-dancing class, don't be sold only on the fact the instructor is a genuine Turk or Iranian (the techniques differ, incidentally, according to country of origin). Sit in and watch before signing up.

Disco. If you want to do the Hustle, the Bus Stop, the Rope, the Fonz, and the Walk, disco schools are bursting out all over. The best formal lessons start with warm-up exercises, as in nonsocial dance classes. But you can also learn by simply going to the nearest disco club and getting in on the action(s). A roundup of disco havens in *New York* magazine mentioned that local teachers go to one particularly hot night spot to pick up the latest moves from the kids on the dance floor. You can do the same. If you feel inhibited, remember that everyone else is too busy to worry about how inexperienced you look. If you're *seriously* inhibited, stay home and watch the TV shows *Soul Train* and *Get Down*, and imitate the talented young dancers. All you need is a mirror. ■

Miniature roses
continued from page 78

grance, it was introduced by the rose people Jackson & Perkins in 1960 and bears the plant patent number 1984. That's right—patent. Most miniature roses are such exclusive developments of the growers that they have actually been patented.

'Baby Darling' has no fragrance, but the orange-to-coral-colored double flowers are a dazzling delight. On the large size, the plant often tops a foot in height. The flowers, too, are large, reaching 2 inches in diameter, and extravagant. 'Baby Darling' is also available in a climbing variety that can be trellis trained.

For heavenly fragrance and yellow flowers, grow 'Bit o' Sunshine.' Flowers 1½ inches across bloom in profusion—with around 50 petals per bud. 'Cinderella' is one of the premier miniatures. Rated 9.3 (out of 10) for perfection by the *American Rose Annual*, it is a cross

between the original miniature rose 'Tom Thumb' and 'Cecile Brunner.' Double pink flowers edged in white, with a light, spicy fragrance, are borne on the unusual, prickleless bush. 'Scarlet Gem' is a relatively thornless bush with brilliant scarlet flowers. No collection should be without it—nor, for that matter, without the original 'Tom Thumb,' whose yellow-stamened crimson flowers grace a plant that can be comfortably maintained at 2-to-3-inch height. Truly a rose for the teacup. ■

Leasing vs. buying a car
continued from page 56

absorbers and springs, and perhaps a top rack. In case you load to the top, be sure you have a protective grille to hold it in place (in a station wagon). When it is time to load, assemble everything on the lawn or driveway. Then begin loading the heaviest things first, keeping them low and as close to the middle of the car as possible. The well in a station wagon is good because it's low. Too much heavy weight high in the rear can cause the car to fishtail. Continue packing so that the lightest things are on top, hopefully all below the level of the seat tops. One hazard is having something fly forward and hit a passenger if you stop suddenly. Don't overload the car so that the springs are noticeably depressed. Instead, ship things ahead or think light in the first place. Once packed and ready, drive carefully and defensively, as a loaded car is a vulnerable one.

If you make regular trips with a big load, look into optional suspension systems designed for heavy loads. In some models of station wagon, you can adjust the suspension system.

Attention to catalytic converters

Catalytic converters for car engines were developed to convert toxic gasses such as carbon monoxide to a nontoxic, harmless form. They have been successful in controlling these polluting emissions, but the converters themselves have a few drawbacks. The first one the driver notices is a hesitation in the engine when accelerating quickly. There seems to be a sudden loss of power that can be overcome somewhat by applying a slow pressure on the accelerator. Needless to say, if you're having much trouble with this,

have it checked promptly and try to avoid situations where it's vital to accelerate quickly. But that may be impossible. Finally, some automobile companies warn their drivers not to drive into a grassy field or over combustible material after driving any length of time. The converter tends to overheat the undercarriage of the car to the point where it might ignite the dry grass. All these quirks are being worked on by design engineers, so the system should eventually be improved or replaced. ■

New look in grand hotels
continued from page 72

to the U.N. Secretariat. Dark green is used everywhere—in the marble and velvet of the 1st-floor lobby and in all the hallways of the hotel at the top. For art, throughout, framed remnants of tapestry or fabric. Roche and Dinkerloo were both the architects and interior designers. On the 27th floor, there's a swimming pool enclosed by glass walls and canopied with white billowing muslin (like clouds overhead), with wonderful views of the East River.

Already 10 years old, Western International's Hotel Bonaventure in Montreal has been a pioneer of luxury multi-use. On the top floors of a big highrise showroom mart, the hotel's architect, Ray Affreck, maximizes its outdoor-rooftop setting. The lobby is open space filled with a many-leveled Japanese water garden massed with trees and flowers in the spring and in the winter mounded high with snow. One of the garden ponds freezes to make a skating rink, the other, a large swimming pool, is heated and steams romantically into the winter night. It's really an indoor-outdoor pool divided by swinging rubber curtains that hang from an arch to water level. Many guests swim at night, getting into the pool from the warm indoor section and swimming out into the open through the curtains.

Not all multi-use hotel complexes are high rise. For example, the IDS Center, the physical center of downtown Minneapolis, is a block-big complex built by Philip Johnson. At the base of the office tower, a several-story-high skylight roofs over a plaza area that links the base of the tower to the lower-rise Marquette Inn plus a small shopping and restaurant plaza called the Crystal Court.

In Kansas City, the Crown Center Hotel which opened in 1973 is the work of Chicago architect Harry Weese. It is one corner of a low-rise series of connecting buildings that include offices, shops, and a farmer's market of specialty food shops, The Market Place. The hotel rises up against a hilly bump that developers decided to leave and incorporate into the hotel. It now provides a jungly vertical drop for a garden waterfall that makes the lobby seem like a greenhouse. On the 5th floor, an open-air terrace offers a

Continued on page 240

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Clusters of currant flowers.

Currant attractions

Currants are overdue for a comeback in American gardens. In the past, fear of the white pine blister rust—a disease carried by currants and fatal to white pines—caused them to be forbidden by the Federal and most state governments. However, it now appears that the disease spores travel no more than 500 feet from the currant leaves, and that only the European black currant is particularly dangerous. So more and more currants are being planted, not only for the dangling clusters of crimson fruit, but for the equally pleasant bell-shaped golden flowers. Any reasonably good garden soil will produce good currants. They do best in full sun, seldom need pruning, and look particularly handsome against a brick wall or tight-woven fence. Sour-toothed people like the tart fruit just as it comes from the bush, others prefer it dusted with sugar, stewed, or made into jam or jelly. And then, of course, if nobody in the family likes currants, birds certainly do. Currant plants available from J. E. Miller Nurseries, Canandaigua, N. Y. 14424, whose catalogue is free.

Hardy heaths

Heaths and heathers, like those outside the Allans' fence (page 164), are really quite easy to grow. Both are members of the heath family, or *Ericaceae*, a very large one which includes such common shrubs as rhododendron, andromeda, and blueberries. Botanically, heather is *Calluna*, heath is *Erica*, but the names are used interchangeably by nurseries and most gardeners. In their native home on European moors, heath, heather, and their close relatives, *Bruckenthalia* and *Daboecia*, grow in clustering masses, protecting each other from icy winds. Hardy as far north as central New England, they all need an acid soil and will benefit from a winter covering of snow, or, lacking that, a light layer of salt hay or straw. Grown as individual plants, the tops very often die back during the winter. This does no great harm, however, since new

shoots grow from the base and are ready to flower by midsummer. One thing to keep in mind is that plants of this type do *not* require what is usually called a "good" soil. Ground that produces fine carrots and tomatoes, zinnias or marigolds, will grow heaths and heathers that are scrawny and short-lived. What they need is a sandy, well-drained soil with plenty of humus—the Allans supply this in the form of composted leaves—day-long sunshine and free circulation of air. Most nurseries have pot-grown plants for sale at planting time for cash-and-carry customers. Here are some mail-order sources: Avalon Mountain Gardens,

Grow your own ladder

Gardeners often tend to take themselves seriously. An exception is British artist Tony Stubbing, who believes that gardening should be fun. At his American Long Island hideout, he sculpts trees, using the most careful bonsai methods to achieve fantastic—and very un-Japanese—effects. He suggests planting two sapling trees about 18 inches apart and grafting side branches from each tree to the trunk of its neighbor. This natural ladder can be almost any height, would be the "right" approach to a tree house.

Now, the mini-dahlia

Dahlias have probably had more ups and downs than any other summer-flowering bulbs. Vastly popular in Victorian times, they have been in something of an eclipse of recent years. This is probably because so much attention had been given to the oversized—and over fussy—large-flowered types. Producing flowers as big as dinner plates, these dahlias called for disbudding and all kinds of special supports. Although they're still popular among specialists who like to win flower-show prizes, they have become a lost cause as far as the ordinary backyard gardener is concerned. Of recent years, though, more attention has been given by the bulb growers to smaller-flowered, more compact plants. These are still spectacularly floriferous, but require no more care than feeding, watering, and the removal of dead flowers. Some are small enough to edge a flower border, with blooms ranging from golf ball to teacup size, in all the colors and forms we usually associate with dahlias. Dutch bulb growers are producing quantities of the new kinds of dahlias in the same fields that give us our tulip and daffodil bulbs. Grown with the same skillful care that goes into the spring bloomers, these summer-flowering gems are being shipped all over the world, and are available at nurseries and garden shops in the

U.S. for planting this spring. Several of the new varieties have color combinations and flower shapes that are spectacularly different from anything seen before in American gardens, and all are as easy as petunias to grow.



Left:
Dahlia
"Giraffe"
orange and
yellow
stripes.
Below:
Compact
dahlias
make ideal
edging for
flower
border.



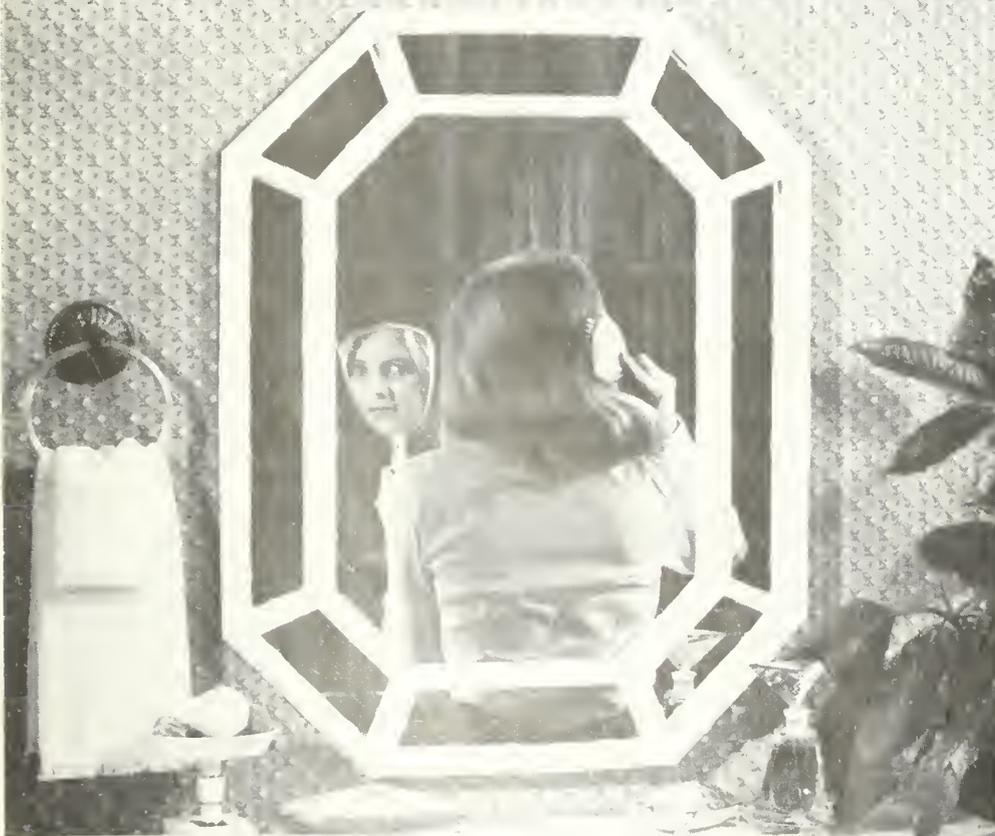


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1. KITCHEN IDEAS. Deluxe book tells how stainless steel sinks give a smart contemporary look that flatters any interior . . . blends with every color scheme. New work-saving accessories in many models and sizes. Advantages of easy cleaning . . . longer wear! It's all here in this fact-packed booklet on the style-setting line of Elkay stainless steel sinks. Elkay Mfg. Co. 25¢

2. BRING ANY KITCHEN UP-TO-DATE The Tappan full line of quality-built appliances includes gas ranges, electric ranges, microwave ovens, dishwashers, refrigerators/freezers, trash compactors, food waste disposers, and range hoods. Model numbers and dimensions included in booklet.

Decorating

3. OWN A DRAPERY CENTER in your area. High potential franchise territories are still available with Spring Crest—original franchiser of custom drapery centers. Information sent without obligation. Spring Crest Co. is a member of the International Franchise Association. \$1

4. EXCITING COLLECTION OF TABLES. This handsome portfolio illustrates a complete line of uniquely designed tables and cabinets. Styles include French, Mediterranean, Italian, and modern in a versatile choice of woods and finishes. Gordon's Inc. \$1

5. MIRRORS. Catalogue features a full line of decorative framed mirrors from one of the world's largest manufacturers.

This 36-page, full color catalogue shows over 130 mirror models of every size and style in attractive room settings. A nice collection of mirrors styled to complement your furnishings. Carolina Mirror Corporation. \$1.50

6. "THE EXCITING AMERICANS!" Selections of handsomely crafted chairs, sofas, sleep sofas, recliners, rockers, and tables from four collections—Boone Trail, Royal Manor, Colonial Early American, and Traditional. Maxwell Royal Chair Company. 50¢

7. ORIENTAL FURNITURE — Henredon's Folio Eleven proves that the clean lines and simple forms of the Far East are totally relevant to the way we live today. This collection of bedroom, dining room, and occasional furniture mixes well with 17th- and 18th-century French and English styles as well as contemporary. Henredon Furniture Ind. \$1

8. "THE FURNITURE FITTER"—or, to put it another way, paper dolls for adults! American Drew presents a ready-to-cut-out collection of its most popular furniture designs, scaled to help you decide which pieces would look best in your home. \$2

Eating and Entertaining

9. "ALL CRYSTAL IS GLASS, BUT . . ." There is glass and there is glass. Booklet gives an abbreviated wrap-up of the highlights of the types of finer crystal and glassware available today in the U.S. and Europe. Plus 5 hints to help you care for it. Fostoria Glass Co.

10. FESTIVAL HOLLOWARE. A whole new line of table beauty by WMF-Fraser's, makers of Festival flatware. It took care-free cromargran stainless steel and crafted it into a series of striking new designs shown in this brochure. Platters, servers, gravy boats, cruet sets, many with acrylic covers.

Gardening

11. LAWN AND GARDEN EQUIPMENT. The complete line of 50 power lawnmowers and garden equipment is outlined in this full color brochure. Power garden tillage attachments which quickly and easily convert the tiller into a multipurpose garden tractor. Hand propelled and self-propelled walk behind, vacuum and rotary mowers. Riding mowers including the revolutionary "High Vacuum" lawnmower with garbage 30 bushel Bag-N-Wagon."

12. GREENERY . . . for distinctive interiors. Folder explains the Fairfield Greenhouse plant leasing concept. Selection on professional installation, continuous care. Infinite variety and guaranteed replacement are integral to the program.

13. STONE VENEERS. Beautify your present or new home with inexpensive, easy-to-apply natural stone facings. Lightweight Featherrock comes in distinctive colors and styles for interior exterior wall paneling and fireplaces. "How to" guide and dealer list. Featherrock, Inc. 25¢

14. ENDLESS SUMMER in Everlite Aluminum Greenhouses. Twenty-eight-page booklet gives information on eight models, both lean-to and freestanding. They come in sections to meet any space need.

15. "1977 BERRY BOOK." Mail-order catalogue from Brittingham Plant Farms indexes its wide selection of strawberries, blueberries, raspberries, grapes, asparagus, and, this year, two thornless blackberry varieties.

16. "HANGING PLANTS FOR MODERN LIVING" contains a broad selection of all types of plants for use in hanging containers. More than 110 full-color illustrations of many different foliage plants, plus a section on general care. Merchants Publishing Co. \$2.95



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Dyeing

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sticks. *Be sure the wash and rinse waters are the same temperature to avoid matting or shrinking.*

4. Weigh mordant(s) and prepare the solution according to its recipe. Place the wet wool in the mordanting bath, cover and simmer for about 45 minutes (180°-200°). Reserve one sample of each mordanted wool.

5. Prepare dye bath.

6. In a large cooking pot, put the wet yarn (pre-mordanted or not) into the dye bath. Simmer, *but never boil*. Once the simmer is reached, start timing the dyeing process—the longer the yarn remains in the bath, the darker its color.

7. If you have several skeins going into the same mordant, but destined for different dye baths, label them with the mordant name before they go into the mordanting solution. Then, when you put each into its own color bath, add the dye prescription on the other side of the tag. Pin the put-aside strands of raw wool, mordanted wool, and finished-dyed wools in your notebook alongside their recipes and notes.

8. Wet yarn looks darker than dry, so if you are not sure if the final color has been reached, hold a piece of the yarn in a dry clean towel, and press it between your fingers to dry it.

9. After the yarn has reached its desired color, rinse it thoroughly in successive baths of clean water until the water runs clear. *The first rinse water should be the*

same temperature as the dye bath from which the wool was taken, then it can become gradually cooler.

10. Some recipes call for the yarn to cool in the dye bath. In that case, the first rinse should be cool. *The important thing is not to shock the wool by sudden temperature changes.*

11. Gently squeeze the yarn to remove excess moisture.

12. Label the skein with a tag, if you haven't done so already.

13. Dry the skein by laying it on towels or hang it up indoors or out, but not in direct sunlight. If it is hung, reverse it after a while, so it dries evenly.

Planning is the key word—which dyes, which mordants, and when. Variations of one color can be achieved by using the same dye bath two or three consecutive times. Each time the results will be paler, as the dye is absorbed into the materials. This is a good way to create shadings of the same color, provided you use batches of the same material prepared in exactly the same way. ■

Tax audit

continued from page 36

very costly, but won't necessarily raise the sale price of your home unless you run across a prospective buyer who shares your taste in these matters.

Major repairs, such as a new roof or heating system, can be hard to recoup in a sale. Instead, consider lowering your asking price. However, some major repairs might be necessary. For example, if your roof leaks, repair it by all means

—regardless of the cost. The leak will lower the value of your house, and could even damage the interior. When you do fix up a leaking roof, don't forget to repair the results of the leak, too—a stained ceiling or wall. If you don't you may have a hard time convincing a prospective buyer that it has been repaired. ■

Cookbooks for kids

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The Kids' Kitchen Takeover by Sara Bonnett Stein (Workman, \$4.95). This is not just a cookbook, but a compendium of any triumph or disaster that kids can perpetrate in—and at times outside of—the kitchen. The emphasis is on learning through fun and mess. There are easygoing instructions for pickling (anything), sandcasting old bones, some cooking, starting an old stove, setting up your own homemade bread business, and more and more. Not for children with nervous mothers.

Escoffier, Master Chef by Marjory Bartlett Sanger (Farrar, Straus & Giroux, \$6.95). Rather than a detailed biography of one man, this is an anecdotal picture of an age of great chefs, grand hotels, and dazzling patrons. Older children (junior high school and up) and adults who relish tales of four-hour dinners and diamond broaches hidden in rose-garlanded omelettes will find this their paté. An appendix describes some dainty dishes that were set before kings. KARLA KUSKIN ■

New look in grand hotels

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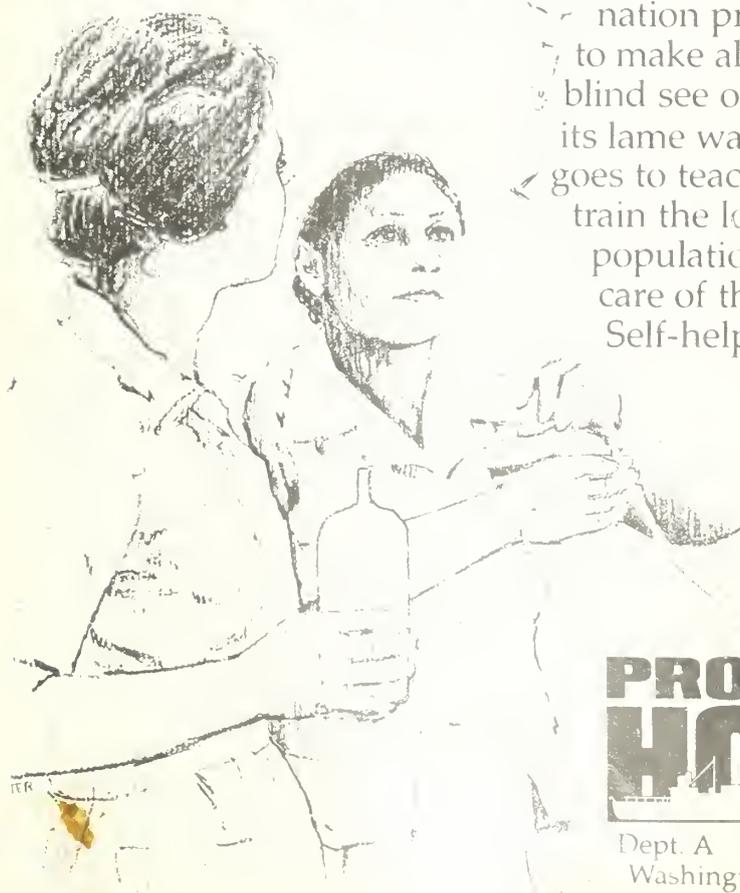
jogging track, pool, and sun deck.

The Desjardins Plaza in Montreal is a similar low-rise center with Ouellet & Reeves's Meridien Hotel anchoring one of the corners. Right across the street, with access under the street in bad weather, is the Montreal performing arts center, Place des Arts. The Meridien's lobby (several stories up) opens out over the huge central court of Desjardins which is roofed over by an enormous skylight. Much is made of having big plants and trees indoors. When I was there, two maids were washing down plant leaves one by one.

Another skylit superstructure, the Omni International in Atlanta offers the 500-room Omni International Hotel and activities under the same skylight to keep a family happy for a week: a huge ice-skating rink, a 17,000-seat sports arena, six theatres, plus two office buildings, and Bugatti's, an Italian restaurant, one choice among many others. ■

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CORRECTION

In our February issue we mistakenly said that the Lygon Arms, a very old inn in Broadway in Worcestershire, England, was owned by the Savoy Hotel Group. The Lygon Arms is, in fact, an independently owned hotel.