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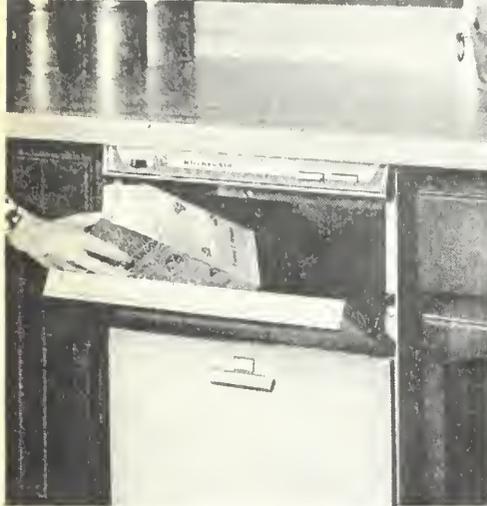
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HOUSE & GARDEN

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The image features three pieces of Waterford crystal against a colorful, abstract background. In the center is a tall, slender vase with a faceted base and a long, narrow neck, holding a single white rose with green leaves. To the left is a small, round perfume bottle with a faceted stopper. To the right is a larger, square-based decanter with a faceted stopper and a decorative lattice pattern on its body.

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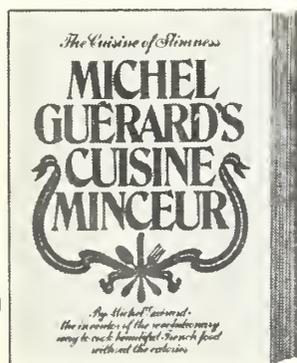
Finally—here is the eagerly anticipated cookbook that shows Americans for the first time what the authentic and original cuisine *minceur* really is. It is an entirely new approach to cooking invented by the author—the phenomenally talented and successful French chef who single-handedly decided that fine French food **does not have to be fattening**. Consider: strictly low-calorie recipes created and backed up by the skill, training and creative imagination of one of the great chefs of our time!

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On the cover: How much do you think this room cost? Anyone who has ever shopped for living or dining furniture can tell you that a thousand dollars can vanish practically before you have anything to show for it. Well, this month House & Garden went shopping, budgets in hand. We wanted to know how much decorating—good decorating—you could get for \$2,000, \$5,000, and \$13,000. We asked Gary Crain to design three multipurpose rooms, each with a different look, a different budget (the comfortable corner here belongs to one of them. Can you guess which?).

And all the results are there, in black and white—and color—down to the last ashtray. It's good news, too: We learned that you can get a whole roomful of beautiful furniture for \$2,500 (the original budget plus the inflation factor). Glamour for \$5,600. And for \$13,400, even the beginnings of an antique collection. Shop for yourself beginning on page 64.

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Departure points



Horse and carriage, the only way to go on Sark. Left: the island Seigneur and his wife.

es, and the sheer natural beauty of the wild and remote setting. If you're an enthusiastic walker, it doesn't take long to "do" Sark's 3-mile length. Or sit in the sun on the terrace of Aval du Creux, a popular island hostelry. For nightlife, you take a fast launch to Guernsey, 9 miles and half-an-hour away. Channel Island-hopping is fun. Each has its own character. Affluent Jersey, home of those gentle cows and Gerald

Durrell's zoo, is liveliest. In Guernsey, see Victor Hugo's rococo house, now a museum, which overlooks the harbor of St. Peter Port. Remote Alderney is a bird-watcher's dream. Full of rare plants and wildlife. Tiny Herm sports a comfortable small hotel and little else. Reach Sark via BA from London or Air France from Paris to Guernsey.

Where to stay: Aval du Creux is about \$9 per person per day with three meals. Even less expensive is Beauvoir guesthouse, \$4 per person per day with breakfast and dinner. Both are small, so reserve ahead.

Channel Island Highlights: The horse-drawn carriage ride to the top of Sark's Harbour Hill **** Rich, creamy afternoon tea at Idlerocks Hotel on Jerbourg Point, Guernsey **** Touring Castle Cornet, a bastion in St. Peter Port, Guernsey **** Lunch at Jersey's elegant Longueville Manor **** Dine out in Jersey's Petit Port at the Sea Crest Hotel on triumphantly fresh seafood.

PATRICIA BROOKS

EDITH CAMP

Sark is simply splendid

Less than 200 miles from Paris and London, Sark, one of the tiniest Channel Islands, is still centuries away in spirit. Planes and cars are forbidden. The loudest sounds you're likely to hear are cowbells or the buzz of bees. Sark is under the hereditary rule of a Seigneur, who lives in the centuries-old stone Seigneurie. Every Monday his rose-clustered gardens and grounds are open to the public and occasionally he will pop outside to pose obligingly for a picture. Though allied with Britain, island ties to France are strong. French is a second language, the food has a certain French piquancy, and most visitors are French. As free ports, the Channel Islands are a shopper's paradise. There are actually two Sark's, Big and Little, connected by La Coupée, an astonishing ridge, flanked by precipices 300 feet above the sea. Don't miss Little Sark's delicious rock pools, Bath of Venus, and Pool of Adonis. You'll see sweeping views from every turn in the road, secluded private inlets with sandy beach-



Testing kit in workshop



Hand-painted sounding board

Playing it like Mozart

Even if you are not in the market for a harpsichord, it is rather fascinating to know that the harpsichord capital of the world is Stonington, Conn., a 17th-century New England fishing village with elm-shaded streets and a working fishing fleet with a Portuguese background. In a white and glass-brick Art Deco building near the railroad tracks you will find Zuckermann Harpsichords, Inc., which produces more instruments than all the rest of the world combined. This is the think tank where the designers and draftsmen work. The main factory and warehouse are in Philadelphia. There's a showroom in New York, and agents who stock the finished instruments and do-it-yourself kits in Europe, South Africa, Australia, and New Zealand. But in Stonington, you will find David Way, president and owner of the enterprise, which sells over 3,000 kits a year. Prices range from \$225 for a Fretted Clavichord Kit to \$5,500 for a fully finished French Double Harpsichord. A rangy, good-looking Nebraskan transplanted to New York, Way sent for a Zuckermann harpsichord kit in the 1960s. He and his wife assembled such a fine instrument that Mr. Zuckermann came to see it and offered to buy it. Instead, Way bought the company. If you yearn to play Bach, Handel, and Byrd on the instrument these composers wrote for, write Zuckermann Harpsichords, Inc., 15 Williams St., Stonington, Conn. 06378.

Blow up

OLEKSAK



Health treatment for your plants: inflatable terrarium with transparent plastic cover.

An inflatable house for plants. That's what young Don Spector has come up with—a blow-it-up-yourself plastic, sealed terrarium to help ailing plants and give new ones a head start. The opposite of a vacuum, the sealed terrarium makes a "positive pressure" environment that completely recycles water, air, and nutrients. For example, a breath of cigarette smoke blown into the terrarium is usually all it takes to kill most common plant pests. After "treatment" in the terrarium, a formerly infected plant can be returned to its normal surroundings. To give cuttings or seeds a helping hand, put them into the terrarium to prevent dehydration and speed their growth. A dash of nitrogen into the terrarium will keep cut flowers fresh for several months! And if you're away on vacation—no need to worry about watering. A plant in the terrarium waters itself. The terrarium consists of a flexible plastic liner and plate. It all snaps together and comes apart with the twist of a quarter. The Seal & Grow Terrarium, you can order it for \$3 and \$7.50 according to size, from the New York Botanical Garden, Bronx, N.Y. 10458.

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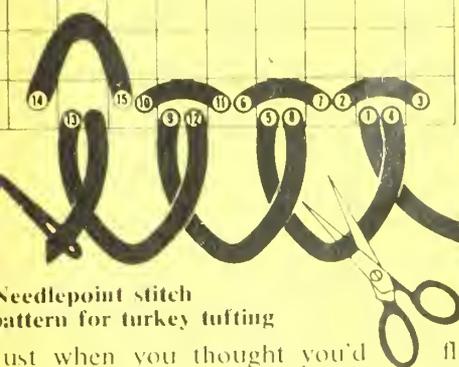
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Shell shock

Turkey Tufting



Needlepoint stitch pattern for turkey tufting

Just when you thought you'd seen *everything* in needlepoint, a fresh idea appears from designer Susan Olsen. She had to learn more than five new techniques to put "Sefaric" together, a sort of "mixed media" approach to needlepoint combining woolwork, trapunto, silk thread, suede, and delicate sea shells. On an ecru ground, Ms. Olsen sews shells on a bed of cinnamon "turkey tufting"—a



OLEKSAK

fluffy, sheared stitch which makes a wonderful contrast to the porcelain-like decoration. Copy the stitch from this graph, or order the designed canvas with instructions (exclusive of materials) for \$75 from Wallis Mayers Needlework, 780 Madison Ave., New York, N.Y. 10021. Susan Olsen accepts individual commissions through Le Pavé, 58 New St., Huntington, N.Y. 11743.

Group-think gardening



VIGNES

Garden class in San Francisco

If your garden is a disaster and you want to know how to put it right, and you also happen to live in San Francisco, then you are lucky indeed. Jean Wolff's garden classes are quite unique. They could be inspiration, too, for others across the country. Each month from October to June, students meet in small groups in a different member's garden. The class lasts 2 hours, giving a chance for on-the-spot study, with the class making suggestions for improvement or a new design. Mrs. Wolff sifts the best ideas and starts putting the garden scheme into action there and then. She follows it up with a detailed letter to the garden owner next day. Stu-

dents report that the cooperative effort leads to more experimental and imaginative garden plans. Beth Gordon, for example, with moral support from the group, totally remodeled her backyard from a steep, terraced garden, to a one-level garden with a grass area, a play space for her child, and a potting shed.

Mrs. Wolff augments meetings with guest lecturers, shops for plant material with her students and, toward the end of the course, takes everyone on a field trip. It's an experience designed, she says, mostly for the young and eager novice who wants to learn more.

Here is her recipe for compost: In a wooden box, mix sawdust, kitchen waste (tea leaves, coffee grounds, eggshells, peelings, etc.), garden waste (grass cuttings, petals, pruning snips), animal waste (from small vegetarian animals—turkey, chicken, rabbit), ashes, and bone meal. Dampen the compost as you combine it, keeping it moist like a sponge, but not soggy. Keep turning it over, letting it heat up, and age with the container covered.

How do you look in Profile?

Ten years ago, when doctors wanted to obtain a full "chemistry profile" of a patient, the testing involved took a full-time chemist two days. As the cost of such work was prohibitive, it was only done in cases of serious illness. Now computerized techniques make such information available in 8 minutes at a fraction of the cost. If you are over 35, your doctor may recommend what is called

a 12-channel profile at your next annual physical. Blood samples go through computer analysis in a \$220,000 SMA 2 machine. They're tested for blood sugar, cholesterol, uric acid, kidney and liver functions, proteins and component minerals, and enzymes, levels of which give strong clues to bone conditions, infections, malignancies, and heart muscle physiology.—MARY CATHERINE TYSON

Wall flowers

Blue skies on a brick wall—look what a coat of paint has done for Louisville, Ky.! What was once a dreary wall is now, with Jean Hendersen's abstract

tion of trees and sky, a cheerful backdrop for a minipark. Louisville is the first of eight American cities to get an energizing dose of color, thanks to the National Paint and Coatings Association's City Scenes program.

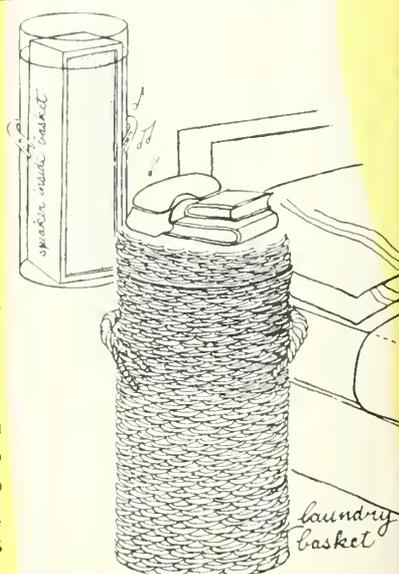
Under the sponsorship of the National Endowment for the Arts, and with the support of local Paint and Coating Associations and local art institutes, City Scenes has already provided wall paintings for Kansas City and Atlanta. Colors will soon be freshening walls in Boston, Oakland, Chicago, Houston, and Denver. Doris Freedman, president of City Walls, Inc., is national coordinator of the program.



Wall art in Louisville

Hiding stereo speakers

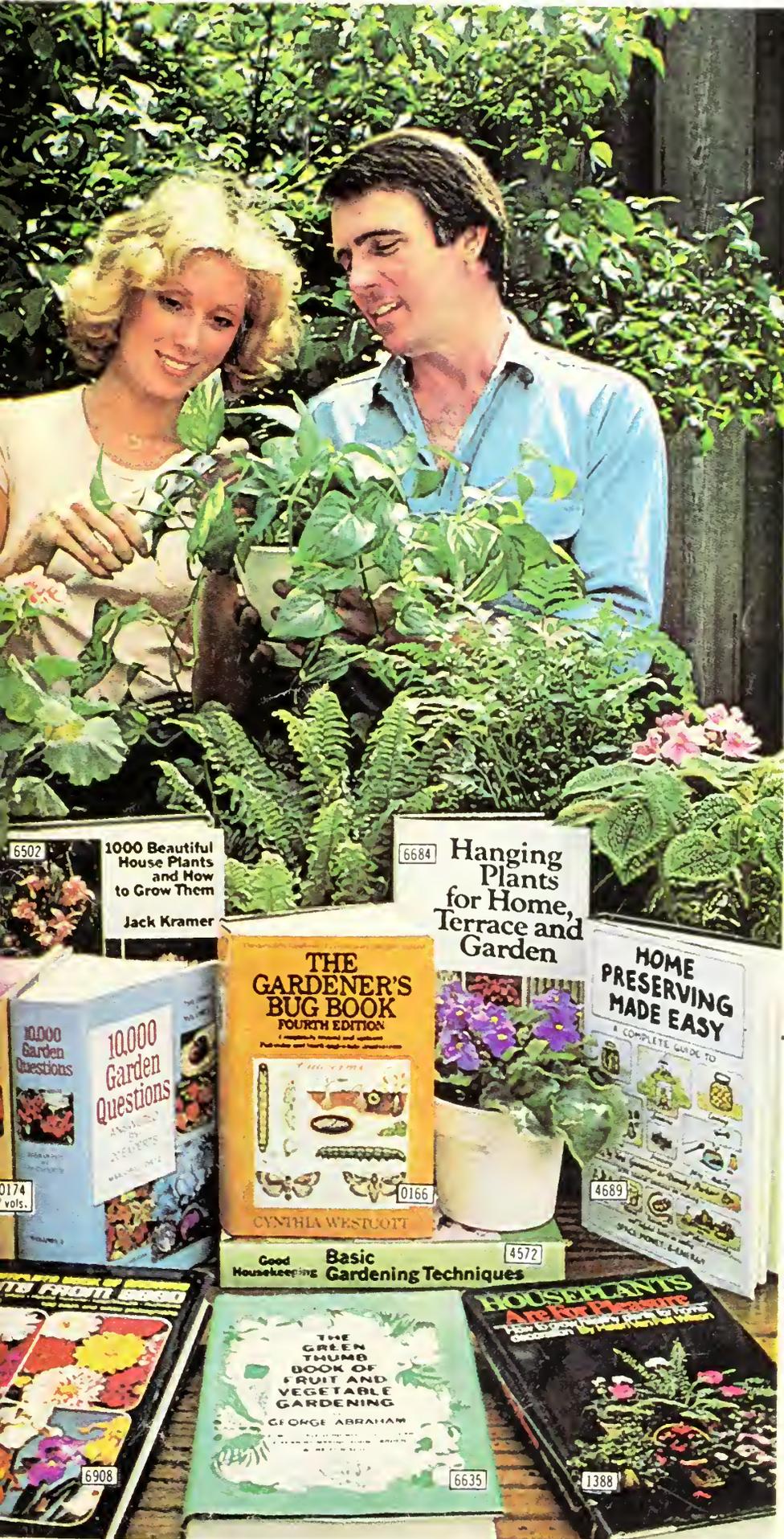
Where do you put stereo speakers in the bedroom? Harry Hinson hides them imaginatively in twin laundry baskets on either side of the bed. He uses tall, cylindrical wicker containers (about \$9.95 each), which are also just the right height to double as bedside tables. No problem about sound quality, he reports. The music comes through very well.



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Bermuda

A discreetly wonderful island where quality of life so attractive to visit and residents alike is guarded tenaciously

By Nancy Richardson

From almost any East Coast city, the fastest escape to warm weather, beautiful beaches, and marvelous facilities for sports is Bermuda. It's easier to get to than many weekend houses. My fun began as soon as I got on the plane, and stowed myself comfortably in a window seat on one of Eastern's roomy ocean-liner-sized L1011's. My anticipation of change and peace and sun that cures the mind and suntans everything else expanded as the plane lifted right through the weather to the airy blue dome above. With no telephone, a comfortable armchair for a seat, and a view of sky scenery and cloud topography, with the added clear-headedness of the no-smoking section and self-discipline imposed by airline snacks aimed

tropical harmony which attracts visitors who return year after year comes from careful supervision of the quality of life by local officials and residents. Standing

Night in Bermuda isn't just the opposite of day, it's a thing in itself

in line to go through immigration at the airport, one hears several times over before showing one's passport a recording broadcast throughout the area by a very nice British voice. In one sentence, one is welcomed to Bermuda and then immediately warned that drug dealing or even drug possession is punishable by sentences of up to twenty years

before they can arise is the local speed limit. Thirty-five miles an hour on Bermuda's carriage-wide curving walled roadways could land you in the clink. What they have in mind is 20 miles an hour, with a car population limited to one to a family. So the mini-models of all the British car firms and some tiny ones from America made for the

European market share all the thoroughfares with clusters of motorbikes ridden by helmeted tourists and locals alike.

The history of Bermuda parallels our own. The same English and Scottish families that populated Virginia and South Carolina settled there. Beginning in



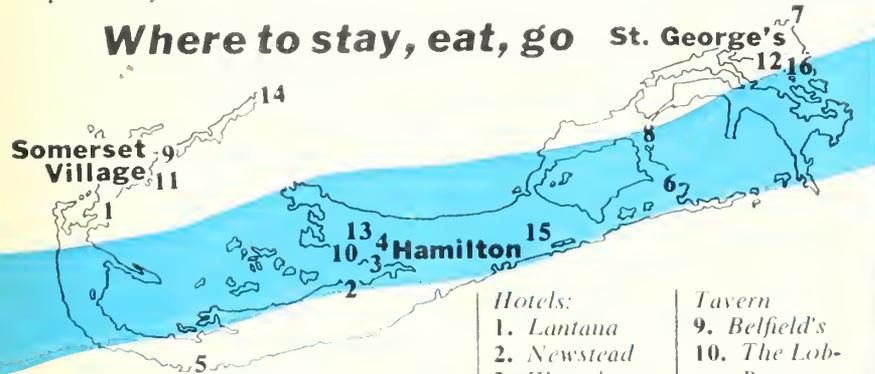
The juts and angles of zigzag-edged, lashed, bright white rooflines seem Moorish than British cottage.

the 1680s, Bermuda was a for shipbuilding and has until recently, an important for the British navy. Today 150 islands stand up o ocean floor in a fishhook 22 miles long and 570 mi the coast of North Carolina

Continued on p

Where to stay, eat, go

St. George's



Hotels:

1. Lantana
 2. Newstead
 3. Waterloo House
 4. Princess Hotel
 5. Southampton Princess
 6. Castle Harbour Hotel
 7. Holiday Inn
- ### Restaurants:
8. Tom Moore's

Tavern

9. Belfield's
 10. The Lobster Pot
- ### Churches:
11. St. James's
 12. St. Peter's
 13. Cathedral
- ### Museums:
14. Maritime Museum
 15. Verdmont
 16. Tucker House

more in the direction of nutrition than before, I found these hours spent on the skyroad match any of the pleasures to come on the ground. If Bermuda's airport,



Typical Bermuda take-home: bouquet of Staffordshire porcelain flowers from A.S. Cooper & Sons.

from a distance, looks like a close cropped golf course overlooking water that is totally transparent, it only completes the sense of flying through a zone of harmony to land in a place of contentment.

That Bermuda is a place of

in prison. Even prescription drugs are to be cleared by a customs officer.

Not only do Bermudians want their island drug-free but their visitors clean-cut. Just as the military or certain summer camps require appropriate dress, so in Bermuda one is expected to wear white on the tennis court, jackets and ties at dinner. The ladies are encouraged to wear long skirts or dressy pant suits. It might even be that tiny bikinis should be left at home.

Another instance of Bermuda's attitude of preventing problems

Fishing the easy way

Bermuda is famous for reef- and deep-sea fishing. For both you need to charter a boat. What you may not know is that with a simple rod and reel anybody can wade into the water off any number of hotel beaches and catch bonefish, pompano, gray snapper, and mackerel. I added one happy element to this shore fishing. Captain Peter Perinchief (director of the Fishing Information Bureau at the Department of Tourism, who can advise visitors on fishing and charters), took me bonefishing in a small outboard. We wandered from small beach to little cove looking for a 2 foot long fish that weighs from 6 to 12 pounds. Wearing Polaroid glasses that cut the glare, we could see into the water better than a small dachshund who

was also chasing fish in shallows, tail wagging. He hard at it when we arrived was still happy with little success when we left. It was dachshund who taught me point of bonefishing, which that it gives one an excuse wade in the water for hours and also gives a purpose wandering from beach to beach. It is a superb way to a tan and there isn't the sickness involved with deep-fishing, it doesn't require ing or anchoring out on a tant reef. My day ended in glory as Perinchief spotted bonefish in 2 feet of water, it bite, and then worked it to the boat where I caught it a net, patted it, estimated it was a 10-pounder, and then threw it back, which was most fun of all.



- A. Pompano
 - B. Bonefish
 - C. Barracuda
- Note: Snapper and Wahoo are found around the island within swimming distance.

Wahoo are found around the island beyond swimming distance.

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continued from page 16

Cottages wing out from the main cedar-paneled lodge that is a cross between a big rambling Canadian fishing camp and the Lyford Cay Club in the Bahamas. Though it is a club, it is possible to stay there if recommended by a member or someone who has stayed there before. It is also possible to have Newstead and Horizons, other cottage colonies, arrange for their guests to have lunch there.

Food

Knowing that a week of eating normally but substituting fish for meat is a no-effort and high-nutrition way to slim down, I knew that the first kind of information I needed was the decoding of local fish names. One is told that the best eating fish on the island is a white meat rock fish—read grouper—which means that it is a fat fish rather than a slim sole shape. There are many different ways to do rockfish from plain pan-broiled to a rockfish package made out of a filet wrapped with a whole banana in banana leaves tied with a string and then barbecued.

Warm-weather lobster is available in most restaurants. It's not really like its New England relative though just as ex-

pensive. There are also guinea chicks the size of baby lobsters, which make the perfect quantity for someone with a small appetite. Also if a large lobster often seems as rich as steak is, stick to these tiny langoustes, which are tender, tender and sweet. Fish steaks, if you think of swordfish as a kind of fish steak, include another fish called the Wahoo, which, when the restaurants can get it, is sliced thick and broiled. Pompano is available if you catch it yourself and bring it into the hotel kitchen, but there is a ban on pompano caught by commercial fishermen. At off moments during the year, frozen fish is served in Bermuda, whether because certain fish are out of season locally or are not available in large enough quantities. So be sure to ask for what is fresh.

Here are a few of the restaurants I tried. Bermudians tend to eat at home or in the dining rooms of the cottage colonies near them, so the best person to compare notes with is a covisitor who went out to dinner last night. Tom Moore's Tavern has been so full of charm for over 200 years as to have become, for good reason, a cliché well worth the price and a visit. Spilling from room to room in an old, limewashed, dark-beamed house jerrybuilt out over a mangrove swamp, the tavern offers real-

ly good lobster—thermidor, Newburg, or au gratin—at lunch and dinner. If you want meat, theirs is flown in from the States fresh, not frozen. The rock fish, or whatever is the fresh fish on a certain day, is usually prepared "à la Moore" which means broiled and served with a cream sherry sauce with mushrooms. But both the lobster and rockfish are wonderful just broiled.

One restaurant that Bermudians all seem to know about is the Lobster Pot right in Hamilton. There the rockfish is broiled with some almonds and served with wedges of lemon. The broccoli is fresh and perfectly undercooked, the hard rolls have soft, moist centers and are piled attractively in a basket with huge foil-wrapped pats of New Zealand butter scattered in between. For dessert, the banana fritters with or without the dark rum poured over are worth the calories. A meal in itself, if you order a large bowl, is their fish chowder which is dark and thick to the point of being a bouillabaisse. The custom is to season this already spicy brew with either dark rum or red peppers that have marinated in cooking sherry.

Captain Rudy Richardson owns a simple, clean seafood restaurant wedged between the road and the beach on the

continued on page 22

The Valentine Seaver merchandise shown on the following two pages is available at these fine stores.



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Atlanta, **Davisons**
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Available at the fine stores listed on preceding page.

Manufacturer's suggested retail prices may vary by geographic area and for fabrics other than shown.

Valentine Seaver
division of KROEHLER

continued from page 19

Belfield's offers tea that ranges from one sweet thing to the next... cakes... cookies... syllabub

way to the airport. Rudy's produces a kind of soul-seafood from fish Rudy himself catches in his other life as a sport-charter fisherman. Try the shark hash, it's offered hot or cold, but it really needs to be at least warm—served without a sauce and meant to be slightly dry and very spicy. The chowder here is more like a fish broth based on a very rich, strained fish stock. The place has no atmosphere, which is a kind of atmosphere and often a very relaxing one. A breeze comes off the water most nights. The gourmet platter consists of a baby lobster, two fried scallops, and two shrimps, and it makes a perfect light dinner. Served with it, which is typically Bermudian, is a brownish rice with black-eyed peas stirred in.

There is one English tearoom, also a little antiques and china shop, where the tea is really marvelous and the antiques add more atmosphere than inventory. Belfield's offers tea that ranges from one sweet thing to the next. Shortbread-like-cakes called iron bread cooked on a griddle, some real shortbread cookies with scalloped edges, a very moist and not too big chocolate cupcake with a thick coconut icing, slivers of raisin-rich dark fruit cake—all ring around the most shockingly sweet thing of all, which is something called syllabub. It could only be English and no wonder they have trouble with their teeth. It is in fact a small jelly glass filled with guava or currant jelly and topped with whipped cream with sherry in it. The sweetest thing I've ever tasted, though not rich and sweet the way a chocolate dessert is. Wonderful. At lunch time Belfield's also serves something that one hears about local people making but one rarely finds in restaurants. It's called paw-paw Montespan. Paw-paw is our papaya and though it is often eaten ripe in Bermuda, the green fruit when steamed serves as a vegetable. (It is also used as a meat tenderizer.) The Montespan part involves layers of onion, tomato, cheese, and ground round—each ingredient first sautéed and then put into a large casserole where it all cooks together for 30 to 40 minutes. The two cookbooks recommended to me everywhere are also on sale here: *What's Cooking in Bermuda*, by Betsy Ross and *Bermuda's Best Recipes*, by a committee of local ladies who pulled together many of the old Bermuda recipes. ■

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I have for the last 10 years had very problem hands. I am a full time wife, mother, secretary, and horseman. My hands were diagnosed by a doctor as an eczema caused by nerves. He was the second doctor I had consulted regarding my hands, and his treatment seemed to do the trick for periods up to six months or longer before my hands were so bad, red and itching that I couldn't stand it any longer and had to go back for more treatment. However, the last visit in October, 1974, made me think I must do something else. I couldn't live on injections all my life. I went to the drawer and pulled out a tube of Neutrogena, which had been in the drawer for almost a year, and began using it faithfully. My hands began to heal.

Now, in August of 1975, almost a year later, I can honestly say that I have not experienced one day of itching or bad soreness from cracks in the skin with bleeding. I don't even wear gloves for doing dishes, and this summer, I spent time in the mountains fishing, baiting hooks and all and came home with hands as good as when I left. My compliments are all for your product, and believe me, I tell all my friends about it.

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NEUTROGENA[®] HAND CREAM



continued from page 24



What Did Your Mirror Reveal This Morning?

This morning started out like any other. You put on the coffee and set out the juice glasses. Then, as always, you went to freshen up to greet the day and your family pleasantly. Looking in the mirror as you brushed your hair, you suddenly realized that you looked older. Somehow you hadn't noticed before. But you couldn't help wondering if other people were aware of the change.

Now you and your mirror have come face-to-face with the truth, it's time you discovered a secret known to fortunate women from many parts of the world, the secret of a mysterious beauty fluid that can help you look younger. This skin-loving liquid is known in the United States as Oil of Olay beauty lotion.

Simply smooth Oil of Olay over your face and throat to let it begin to work so that it can help you look younger. Watch the precious fluid disappear into your skin. Oil of Olay penetrates remarkably quickly, bringing pure moisture, tropical oil and precious emollients to ease dryness. Dryness, of course, can so easily make you look older, as it makes little wrinkle lines more obvious. The very first day you use Oil of Olay, those lines are less noticeable. You'll be able to see the difference. And even though they may not comment, the change will be apparent to other people too.

The skin-cherishing beauty fluid works mysteriously as a partner with nature to help maintain your skin's natural moisture balance and let your skin become softer and smoother. No wonder Oil of Olay can help you look younger.

Within moments after applying the

beauty fluid, your face takes on a renewed lustre and radiance, a kind of marvelously dewy glow. Remember that look? Isn't it a joy to see it again?

When will you choose to use the precious beauty fluid? Exposure to wind and sun, some cosmetics, even sudden temperature changes can cause your skin to feel dry and look older, just as certainly as the passing years do. So whenever your skin feels dry, it may be telling you that it would welcome Oil of Olay.

If you're like most dedicated users, you will want Oil of Olay to be part of your morning and evening beauty ritual. Oil of Olay, faithfully every morning, either to let your skin live in its own moist climate or under your cosmetics. Because the beauty fluid penetrates so quickly and doesn't leave a greasy afterfeel, you'll find it marvelous under makeup. Again, faithfully every night, so that Oil of Olay can cherish and pamper your skin in quiet hours of night.

Remember what your mirror revealed this morning? How reassuring to know that with Oil of Olay your mirror can soon reflect a younger look. What a lovely way to face the day.

Beauty Secret

Perhaps the sudden realization that you looked older than you realized has prompted you to plan an overall self-improvement program, complete with diet, exercise and time set aside for intensive grooming. When you're exercising, giving yourself a manicure or while you're figuring out your calorie count for the day, is a good time for an extra application of Oil of Olay®.

(Advertisement)

for men, 65 to 75). Exercise energetically until you feel fatigued. Take your pulse immediately after stopping and see how quickly it returns to normal (which it *should* do in 3 to 5 minutes, but the quicker the better).

If your endurance is low, be moderate in both your choice of an exercise program or sport and the intensity with which you pursue it at first. Consult your doctor if you think it necessary. During any exercise, Kounovsky recommends (indeed, insists on) breathing in through the nose "as in smelling a flower—nostrils wide open to facilitate penetration of air," and breathing out through the mouth, "as in blowing out a candle—lips partly closed."

As Kounovsky notes, there are no less than nine muscles involved in deep inhalation and five muscles in deep exhalation. And the building-up of endurance depends not only on the development of all these muscles, but on the straightening of the spinal column and the limbering of the shoulder girdle and ribs.

And what if all this deep analysis of breathing (which, after all, is supposed to be involuntary) has made you self-conscious, inhibited, and, therefore, temporarily out of breath? The best cure, suggests Dr. Tyson, is conscientiously taking a very deep breath and then exhaling completely. This usually relaxes your muscles, allowing you to resume your normal breathing pattern.

Beauty and health products new this month in the stores

Happy New Year . . . time to take good care of yourself. If you've got any funds left over from Christmas, here's an investment that should spell year-round skin beauty. **The Clean & Tone Facial Brush** from *Remington* is a new triple-action skin-care appliance. With two speeds and three brush attachments, it can be used with your favorite soap, cleansing lotion, or moisturizing cream . . . and since it's a cordless battery-operated appliance, it's safe near water, and you won't find yourself chained to a wall. Even if your skin is superfine and sensitive, the gentle, thorough movement of the soft, feather-tipped brushes quickly seeps off dirt and old makeup, or applies moisturizing lotions and creams. About \$22, at Macy's; May D. & F.; Marshall Field.

While you're at it, there's a new moisturizer from the renowned *Revlon Research Center*, an effective addition to its famous *Eterna '27'* skin cream. It's **Eterna '27' All-Day Moisture Lotion**, a blend of natural oils and humectants in

Continued on page 42

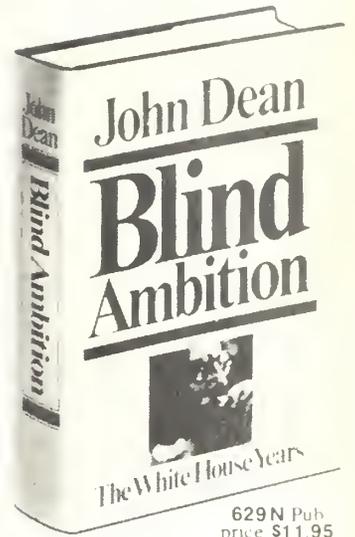
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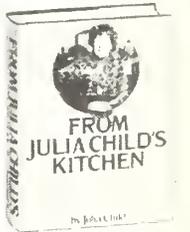
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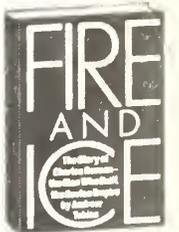


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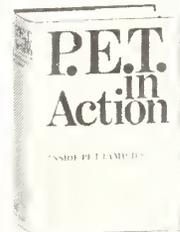
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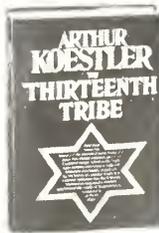
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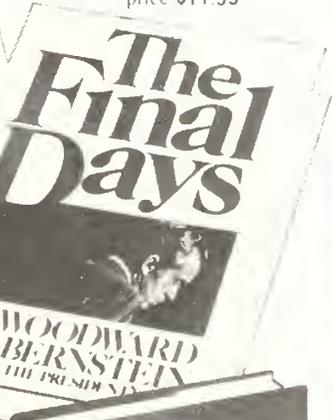
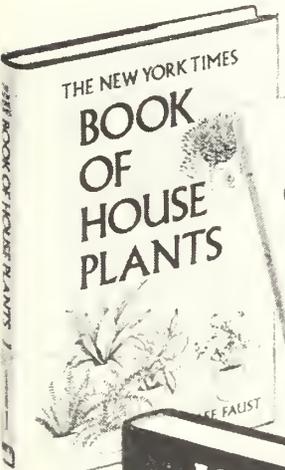
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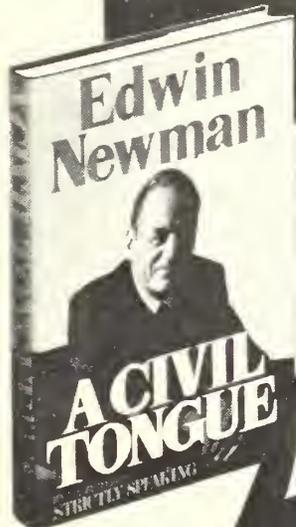
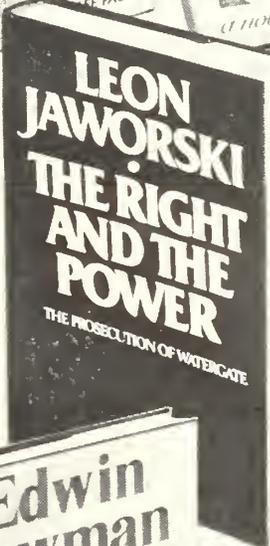
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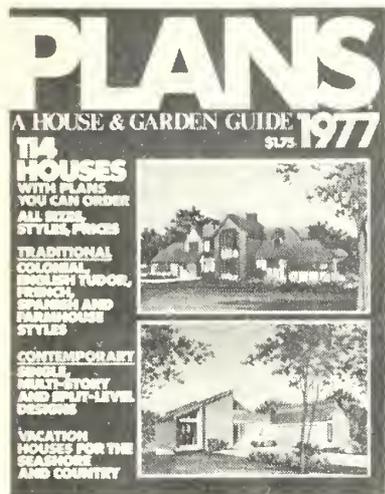
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Antiques

By Louise Ade Boger



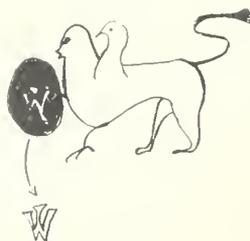
A French 8-day clock

Is it true that my clock was made in the 1700s? Can you tell me something about the mechanism? V.C.—Denver, Colo.

Your French 8-day wall clock, dating about 1850, with a lyre pendulum about 12 inches in diameter, is a pinwheel regulator. It has a center sweep hand that beats seconds. In recent years this clock, the mechanism of which is enclosed in metal with doors at each end so the works can be examined, is frequently removed from its case and hung on the wall. The case is often converted into a rifle rack.

Whiting trade- mark

This is a rough sketch of the marks on my sterling silver corner desk-ends. Can you identify the maker? R.B.—Hamburg, N.Y.



STERLING 3261 925/1000 FINE

Your trademark belongs to the Whiting Mfg. Co. of Providence, R.I., which succeeded Tiffit & Whiting in 1866 and was purchased by the Gorham Corp. in 1905. The Whiting trademark is still used.

Empire- style rocker

Can you tell me anything about the style of my old rocker? R.M.—Miami, Fla.



Your rocking chair is in the Revived American Empire style, popular in the U.S. around 1900. This type of arm, without an armpost, that terminates in

a large open scroll resting directly on top of the leg, is a feature of the French Empire style. The American manufacturer used this feature to create an Empire flavor.

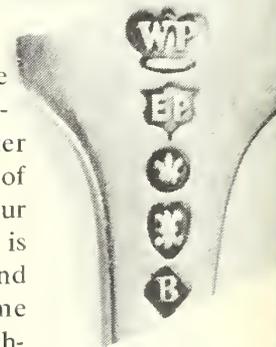


Tipt pattern fork

Can you identify the maker and period of my fork? What is the pattern style? L.S.—Massapequa, N.Y.



The initials WP are probably those of the English Victorian silverplater William Page of Birmingham. Your fork pattern style is called "tipt," and derives its name from the embellishment on the handle end. Probably the most popular tipt pattern has a thickened handle-end, which bends forward and has the impression of a scallop molded into it on the front, and the upper part of the handle has straight, not curved, sides. Your fork shows these features.



New York teakettle

Can you identify my kettle? How old is it? V.N.—Mooresville, N.C.

The mark on your teakettle appears on metal ware manufactured by S. Sternau and Co. of Brooklyn and Manhattan, N.Y., active 1896 to about 1920.



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Or powder blue. Even white.
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It helps keep dirt loose, near the
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extraction cleanings.

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the living goes on above.

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as you like.

Next time, insist on carpet with
"Scotchgard" Carpet Protector.

Here's a "Scotchgard"
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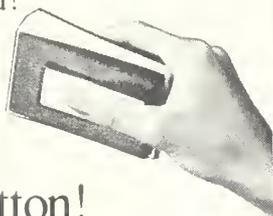
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Form 3813 Printed in U.S.A.

For the house fixer

How safe is your home?

Home fires account for most deaths by fire and asphyxiation. Safety measures should include smoke and fire detectors (now required by law for new housing in thirteen states and for all FHA-insured new home mortgages), fire extinguishers, gas detectors.

Fire brigade

Bright red letters FIRE EXTINGUISHER identify Gillette's chrome-yellow unit. Easily mounted with screws or wall anchors, it can be lifted off the wall bracket with one hand. A red actuator button is pressed to spray the dry chemical. It is designed to fight grease, oil, gasoline, and electrical fires primarily, in kitchen, garage, workshop, or electrical appliances. In department, discount, drug, and hardware stores, "Captain Kelly" by Gillette has a suggested retail price of \$13.99.

Protection from gas leaks

A gas detector warns of gas leakage that could result in an explosion or flash fire. "Craft-Alarm," for homes using natural or propane gas fuel, sounds a continuous alarm when sufficient gas is present. (Gas concentrations under 25 percent of a low-explosive level set it off.) For location in crawl-space areas, basement, or separate furnace rooms, the detector has a semiconductor sensor which, when affected by low concentrations of natural and LP gas, triggers the alarm. \$79, it plugs into a 120-volt outlet. Craftor, Inc., 1237 Central Ave., Albany, N.Y. 12205.

Where there's smoke

The Honeywell smoke and fire detector combines an ionization detector and a dual sensing chamber. With the ionizing element combustion can be sensed as much as 40 feet away before smoke or flames are evident. Visible or invisible products of combustion entering one sensing chamber will decrease

Continued on page 36

CLEAR FIRE, CLEAN HEARTH

By Deanne Raffel

The knee-warming cheer of a roaring wood fire or a quiet coal fire is one of the delights of winter. But don't forget that your fireplace should follow safety rules, too. Have you given it a check lately?

Wood-fed fires automatically send soot up the chimney shaft, until it forms a layer that gets thicker with each successive fire. This dirt can build up and become a fire hazard. As a safety measure, call in a chimney sweep to clean out the sooty lining, about every two years.

To make ash removal easier in the future, line the fireplace floor with aluminum foil, and then put in the grate. You probably aren't planning to burn locust wood—it is a very hard wood and can actually create a hot enough to melt the grate. Protect the area around the hearth from sparks using a metal screen.

Always be sure that the damper is open before a fire is started and do not close it again until the embers are completely out. If you are in doubt whether the fire is dead, spray the ashes with water.



1. Captain by Gillette.
2. Craft Alarm by Craftor.
3. Honeywell detector.



The Extraordinary Jenn-Air

It offers 5 interchangeable cooktop units. Char-grill, griddle, deep-fry, shish-kebab and spit-roast, all on top of the range.

The Jenn-Air Grill-Range becomes almost any cooking instrument you want. Plug-in the grill cooktop and have sizzling, char-flavored steaks and chops anytime. Better than broiling because Jenn-Air's unique rangetop ventilation pulls the flavored smoke over the meat, then whisks it outdoors.

Pick the rotisserie, chickens and roasts brown beautifully as they turn. Or choose the shish kebabber and prepare deliciously different meals-on-a-skewer. The family-sized griddle makes short work of pancakes, eggs, bacon or sausages. The deep-fryer makes homemade donuts, french fries or batter-dipped fish filets. Rangetop ventilation works to keep your kitchen cleaner and sweeter.

The Jenn-Air Grill-Range also gives you a convected lower Oven that cooks up to 30% faster at 50° lower temperatures than regular ovens, using power-driven air.

For the Jenn-Air dealer nearest you, see the Yellow Pages, call toll free 800-428-1825, or write Jenn-Air Corp., 1035 Shadeland Ave., Indianapolis, IN 46226.



The Jenn-Air Grill-Range.

☑☑☑ A Magnificent Cooking Instrument
Available in Canada

How do you make your decorating decisions?

Today there's more freedom to live the way you want and there are more decorating choices to express the way you're living. We'd like to know how you feel about decorating now. Would you share with us

by filling in this brief questionnaire? You needn't sign it, just mail it to Box R, House & Garden, 350 Madison Ave., New York, N.Y. 10017. Then in a future issue we'll tell you what you've told us.

1 Do you feel that your house or apartment is the way you want it to be for the next few years? Yes No
 Or does it reflect the person you were 5 years ago? Yes No

2 Which of your rooms do you find the most comfortable? _____
 the most private? _____
 people tend to gather in? _____
 you most enjoy spending time in? _____

3 If money were no object, what is the single biggest decorating change you would make in your house or apartment right now (for example, mirror a wall, buy new carpeting)? _____

4 Realistically—since most decorating budgets have limits—when you're furnishing a room:
 Would you tend to use most of your money for one important thing such as a table or an antique chest? Yes No
 Or would you distribute your funds to create a comfortable room and make your major purchase later when you've saved for it? Yes No

5 What is the most satisfying thing you've ever bought for your house? _____

6 When you decorate or redecorate: Are you most concerned with

- satisfying yourself?
- creating a pleasing atmosphere for your husband or wife?
- creating a good home for your children?
- creating an attractive background for entertaining friends?

7 Do you Yes No
 do a whole room over at once? □ □
 make a plan and carry it out gradually? □ □
 change one element at a time? □ □
 continually update your rooms? □ □

8 Do you Yes No
 work with a decorator? □ □
 use department store decorating services? □ □
 plan and shop yourself? □ □

9 Do you involve yourself in the execution of your decorating schemes (for example, painting, wallpapering, making curtains)? Yes No
 If you do, how? _____

10 If you've moved within the last 3 years or are planning to move within the year:

(a) Did you move from Yes No
 a house to a house?
 an apartment to an apartment?
 an apartment to a house?
 a house to an apartment?

(b) Did the move mean your living space Yes No
 increased?
 decreased?
 stayed the same?

(c) Did you move Yes No
 within the same county?
 within the same state?
 out of state?
 to a different climate?

(d) Did you take most of your belongings with you? Yes No

(e) Have you moved frequently? Yes No
 If you have, how has this affected the way you decorate? _____

11 Where do you find most of your decorating ideas? Yes No
 books and magazines
 room settings in stores
 friends' houses
 museums
 from travel
 other _____

12 Would you say that your furnishings are Yes No
 traditional contemporary antique
 a third or less
 about two thirds
 almost totally

13 We're aware that there are certain times when one is primarily concerned with acquiring things for the house and others when one is more concerned with paring down unessentials and simplifying.
 Which is uppermost in your mind now?
 Acquiring or Simplifying

14 Are you under 25 25 to 35 over 35

15 What do you find are your biggest decorating problems? _____

Thank you very much

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Caviar, Iranian or
Russian. Champagne,
vintage. Toast, thin.
Egg, hardboiled
and chopped.
Onion, young,
fresh and diced.*

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continued from page 26

Free Idea Book on the window that's easiest to wash

New for 1977! 16 pages in full color packed with interesting examples of how the right windows can add beauty and livability to your home. Tells how Pella Wood Windows make washing easier, cut energy costs and need no painting. Contains a helpful guide to different window types, and how each works. Describes the important things to consider in proper placement of windows. In short, it contains everything you need to know to make an intelligent decision about windows. And it's yours free!



Pella • Lots of elbow room

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lightweight, non-greasy formula that helps "lock in" your own natural skin moisture. Its fluffy cousin, **Eterna '27' All-Day Moisture Cream**, provides a soft, even base for makeup application, or can be used as a night cream. Because they're so light, these two new moisturizers are a good idea for very fine or young skin. Each costs \$6.50 for 4 ounces of Lotion or 2 ounces of Cream, but this price is only for a limited time. At Lord & Taylor; Donaldson's-Minneapolis; the Broadway Store.

With skin, hands, and hair now facing their cruelest months, here are beauty conservers that are also easy on your purse: **Extra Strength Vaseline Intensive Care Lotion**, by *Chesebrough-Pond's*. This new skin lotion contains two extra skin protectors plus glycerine, which helps skin retain its moisture—an answer to sore, reddened, or itching hands and skin. 6 ounces, \$1.45; 10 ounces, \$1.99; 15 ounces, \$2.89. At drugstores and supermarkets.

Think moisture—Natural Protein Complex, a new ingredient in the **Rain-tree Collection** by *Noxell*. There are four formulas in silky lotion or fluffy cream, giving you grease-free, rain-sheer moisture, with a fresh, clean smell. **Lotion for Normal-to-Dry Skin**, 4 ounces, \$1.75; **Lotion for Dry Skin**, 4 ounces, \$2; **Cream for Dry Skin**, 2 ounces, \$2; **Concentrate for Extra-Dry Skin**, 1¼ ounces, \$2.25; at fine drugstores.

Think hair—and a two-in-one product that treats and cleans all in one smooth swoop. **Ogilvie Reconditioning Hot Oil Treatment** provides a salon-proven reconditioning treatment with a built-in mild shampoo. You apply it, warm, to scalp and hair. Comb through. Cover with shower cap or hot towel for 10 minutes, then rinse thoroughly with warm water. \$2.25 for 8 treatments. At Bloomingdale's; Bullock's; Marshall Field.

From *Coty*, six **Equasion** skin-care products in special small sizes, to try, or to stash away in your travel kit. **Fresh Peach Wake-Up Gel**, with Peach Kernel Oil (all skin types), **Foaming Soap Concentrate** (normal to oily skin), **Fresh Peach Moisture Cream** (normal to dry skin), **Peel Away Mask** (normal to oily skin), **Medicated Blotting Gel** (oily skin), **Medicated Moisture Cream** (oily skin). At \$1 apiece, how can you resist? At Altman's; Marshall Field; May Co.

Want some useful free advice? *Helene Curtis* has just published a 16-page illustrated booklet, **The Care & Feeding of Your Hair Every Night**. Send your name and mailing address with 25 cents to cover postage and handling to: *Helene Curtis*, Dept. C.F., 150 E. Huron St., Chicago, Ill. 60611. ■



THE GRASS ISN'T ALWAYS GREENER...

Birth defects
are forever.
Unless you help.



March of Dimes

THIS SPACE CONTRIBUTED BY THE PUBLISHER



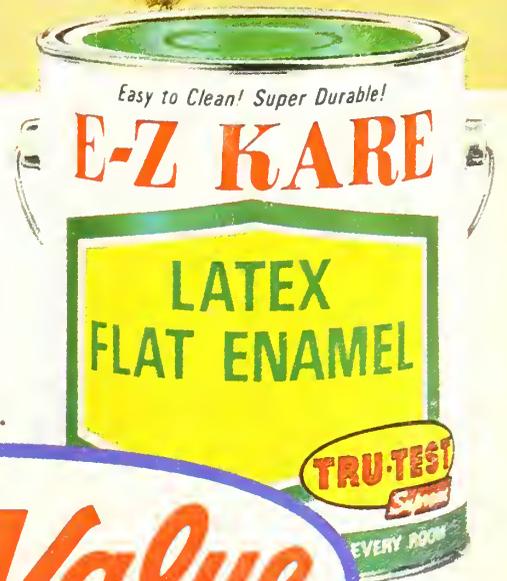
When the "stain squad" challenged Tru-Test E-Z Kare latex flat enamel... they got wiped out!



A LIMITED WARRANTY TO CONSUMERS
 ★ **Good Housekeeping** ★
 PROMISES
 REPLACEMENT OR REFUND IF DEFECTIVE

Most food stains wash clean from the enamel-hard E-Z Kare finish without "shining" or need for re-painting. It was hardly a contest for Tru-Test E-Z Kare latex flat enamel. Because stains, grease and grime can't readily penetrate the E-Z Kare surface, most soil washes away. Tough stains can usually be scrubbed with no damage to the flat latex finish. The soft look and easy application of latex plus the rugged durability of enamel make Tru-Test E-Z Kare the one paint perfect for both walls and woodwork, one finish that can outlast ordinary latex paint in every room. White or custom colors, including House & Garden American Watercolors.

House & Garden selected Tru-Test Paints for their 1977 Super Kitchen.



Three modern, efficient Tru-Test factories produce highest quality paints at factory-to-you savings.

Tru-Test Paints are sold exclusively by participating True Value Hardware Stores who own their own paint factories. Look under "Paint—Tru-Test" in the classified Yellow Pages.





In order that she might sneak a cigarette, Mrs. Patrick Fitzgerald attended the Summer Ball dressed as a Pittsburgh steel mill chimney. Unfortunately for Mrs. Fitzgerald, it was not a costume affair.



You've come a long way, baby.

VIRGINIA SLIMS

With rich Virginia flavor women like.



Fashions: Ingeborg Hecht

16 mg.' tar,' 1.0 mg. nicotine av. per cigarette, FTC Report Apr. '76

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

There's a lot more to it than paint chips and fabric swatches. Good decorating begins with real-life needs. You assess your assets and limitations, and make your decorating look them straight in the eye. Once you've licked the problem, you think about the look. Style is something nobody dictates anymore: Richness and independence of taste — your taste — makes decorating exciting. But no style is stylized. Traditional rooms have plenty of snap, even the most modern, stripped-down spaces are softened with a little warmth, a little color (and the new colors coming out of the fabrics marketplace are the prettiest we've seen in years). There's such vitality in decorating today that we think everyone should be aware of the variety in the kaleidoscope. There's only one trend — toward real decorating for real people. Which is what we think decorating is all about.

Find out how to plan a kitchen that has it all— page 90

See 3 rooms on 3 budgets, page 64. Plus a one-of-a-kind house to build for \$30,000, page 82

For antiques lovers, a brilliant restoration, page 76

Ideas for decorating today's multipurpose room, page 56

To learn what's happening in decorating today —from those who know— turn the page

**Real-life answers,
sound planning,
great new looks
to choose**

Decorating Now

Rustics, crafts, updated with air and light

What's going on

Top decorators, designers, and retailers all over the country report what they see happening in color, lighting, fabric, furniture, and who's buying what.

Decoration still has to do with glamour. That is still there. What's not there are all the superfluous things that go along with it.

Angelo Donghia,
interior designer

There is an emphasis again on decorating; rooms are subtle, not astringent and stripped down.

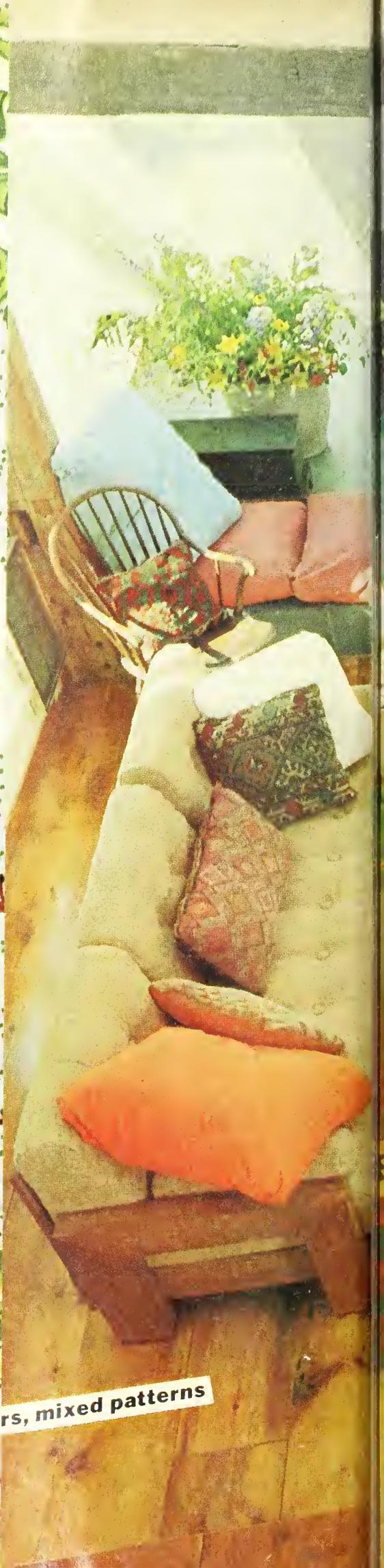
John Dickinson,
interior designer

People want fewer things, but things that are meaningful. They'll pay for them if the intrinsic value is there.

J. D. Kaiser,
Halls, Kansas City

I Far right: In keeping with the rustic look of an 18th-century farmhouse, a new slant-roofed wing with exposed beams and living-room floor made of handhewn oak wallboards from farmhouse interior.

Owners, designer Charles Mount and psychologist Daniel Rosenblatt, also included slate-paved patio and sun deck beyond. Oak-framed sofas and chairs, Howard Family Room Furniture, "Bhurba" Dacron upholstery, Scotchgard finish. Plain cotton pillows, Zepel finish. Near right: Porcelain colors, Brighton Pavilion pattern: "Stratford" cotton sateen by Cohama. Shopping information, page 108.



Fabrics with offbeat colors, mixed patterns



Rustic furniture and bare beams

Handmade rugs on wood floors

What's going on

Contemporary furniture is really selling for us for the first time in our history. And we are also selling quality art in volume.

Chet Edwards,

Higbee's, Cleveland

Naturals are here to stay, they're not a flash in the pan. Basically, it's a different kind of colorlessness than white walls and the bare look—it's honey naturals, biscuit, putty, and especially gray.

Jack Lenor Larsen,

textile designer

Gray may be the brown of the late 70s.

Ellen Grossman,

Fabrications, Boston

Young people love batiks, pattern, color—they want romantic looking rooms.

Mario Bhatta,

interior designer

Drabware is our biggest seller. It's very contemporary and mixes with anything.

George O'Brien,

design director, Tiffany

People are using antiques more as specimen pieces. An antique almost becomes a sculpture . . . More money is being spent on sophisticated thought-through lighting systems—track, recessed, spots.

Joseph Braswell,

interior designer

We're selling half the bread-and-butter plates we did 5 years ago. People want more casual china, or stoneware, and fewer pieces.

Ted Nierenberg, Dansk

Right: For a romantic country living room, outdoors comes indoors: white wicker in a daisy print, grass green carpet blooming with baskets of flowers, and trees that grow up to a pale sky-blue ceiling Seascape

by Claude Gersperrin.

Interior design by

George Clarkson. **Middle**

right: Country-patterned,

glazed cotton chintz

in Imari colors, dark

spiced with bright.

"Ginger Rose" by Cyrus

Clark. **Far right:** Queen

Anne gets a face-lift—traditional armchair with a

contemporary cane seat

and a two-toned

lacquered finish. Designed

by Bill Goldsmith for LCS.

Bottom right: A remodeled

kitchen full of wood—antique

butcher-block—plus 17th-century Delft

tiles, bull's-eye window panes.

Interior by Leonard Stanley

for John Calley. Shopping

information, page 108.

Decorating Now Fresh romantic looks with nature's colors, trees indoors

Pale garden colors and living greens

Romantic wicker, flower fabric

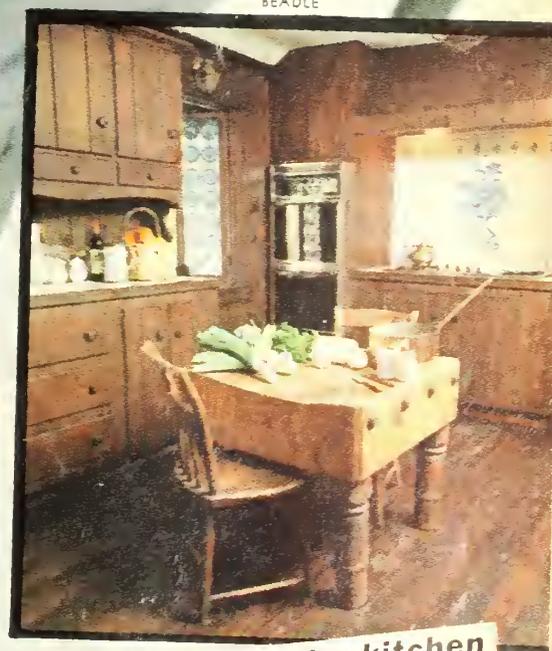


Traditional chair, new pale lacquer

OLEKSAK

BEADLE

The small print—great with rustics



The all-wood country kitchen

What's going on

Sleek space with mirror



HORST

Decorating Now One room, many uses—all in a smashing fabric

Knock-down furniture will be strong in the future. It appeals particularly to young people with an audio-visual background. They're used to buying audio-visual components and putting them together themselves, and they apply this same principle to furniture. *John Mascheroni, homefurnishing designer*

The Egyptian theme in fabric, furniture, accessories will be reinforced by the Tutankhamen show now touring.

William McCarty, designer

Furniture now is extravagant in texture, but clean in line . . . It's time to stop being so special—good design is available at affordable prices.

Jay Spectre, interior designer

For the first time, I have single clients in their 30s who want to decorate for their own personal lifestyles—for instance, a large Jacuzzi bath or a good kitchen.

Alan Buchsbaum, architect

We're in a very pretty period. There is a definite tendency to soften and warm up the industrial look.

John Curran, designer

We're over-decorated. People want light and air . . . There's an economic reason for the slipcover's popularity—it's cheaper.

Michael Taylor, interior designer

Top: Pared-down decorating with a mirror wall; invisible tables; slick lacquer walls, floor; the barest suggestions of color. Designed by Frederick von Mierers of Taylor Stirling & Mierers.

On mirrored wall, an Al Stokes. Albert Cohrs "shaped" canvas.

Right: Brushed chair "wheels" down into chaise. "Fontana" group by Heinz Meier for Landes.

Middle right: For carefree weekend living and entertaining, a remodeled wood-paneled room full of an African cotton print, "Phembe" by Maridadi. Fabric, furniture, at Lord & Taylor. Interior by Richard V. Hare, architecture by David Hatcher for Stephen Spector. **Far right:** Rediscover quilting for curtains, furniture, even walls. Here, "King Tut" wool and nylon flannel by Etalage.

The two-level chair for indoors o

JOSHUA GREEN

Wood walls for warmth

Wicker, rattan, and an African print

One room for living, dining, kitchen

Gray flannel patterned with quilting





NORMAN MCGRATH

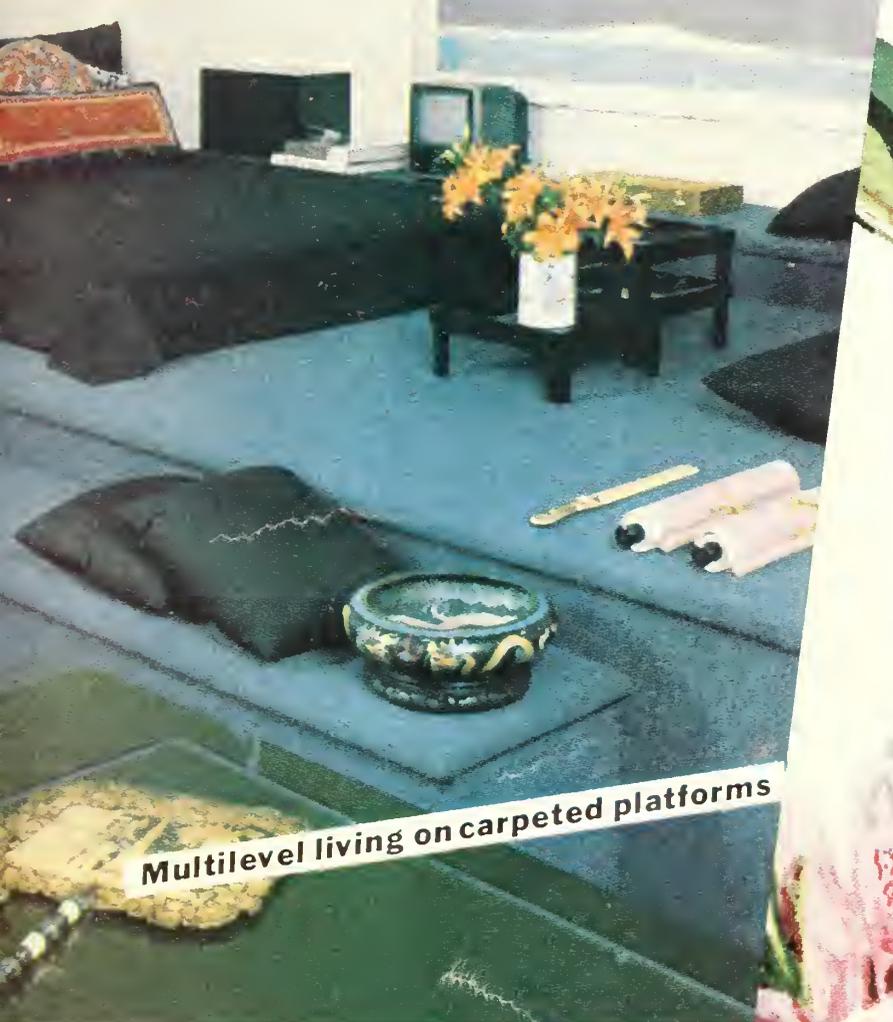
Pattern and plants for a romantic bath

HORST

JOSHUA

Decorating Now

One strong statement with pattern, carpeting, color



Multilevel living on carpeted platforms



stic wood and canvas flexible seating



Romantic flowered chintz

What's going on

Clients are deaccessioning things—the closets of dishes wrapped in plastic that never get used. It means a total review of what you want, and the reasons behind the things you decide to keep.

Joe D'Urso,
designer

People are tired of the disposable culture; they want things of substance.

John Saladino,
interior designer

People are getting more and more informal, getting away from formal dining rooms and living rooms.

Leonard Stanley,
interior designer

There is broad appeal in a simple cottage look in decorating—small patterns, the feeling of an English garden.

Laura Ashley,
fabric designer

People stay at home and entertain more. They want their homes nest-like, with lots of detail . . . Don't decorate poor; decorate rich.

Jay Steffy,
interior designer

If you pare down to your priorities, you can't go wrong.

Karl Mann,
designer

Far left: The romantic bath, "something we've always dreamed of," says its designer, Mrs. Otakar Mach, who filled it with pattern and plants. Big tub, double sink, Clarence House wallpaper, Country Floors tiles.

Middle left: A contemporary Oriental landscape for one-room living—industrial carpeted platforms add seating, hide storage inside. Men's wear gabardine covers bed and banquette, lacquered coffee table and marble dining table were custom designed by owner-designer Craig Raywood. Chinese wedding dresses sewn up into bed pillows polish the pared-down look. On wall, Sigrid Burton canvas casually framed with masking tape, Miró print.

Bottom left: Box-legged chaise-bench. By John Hutton for Ide of California. **Near left:** Botanical English glazed chintz, "Rhododendron Sprig" by Mrs. Monro for Alan Campbell. Shopping information, page 108.

HOW TO HOME IN ON A

Should you buy a house, a condominium, or a co-op apartment? The pros and cons of financing, construction, resale value, maintenance, and market

BY PAUL GROSS

WHICH WILL IT BE? CHECK ONE



HOUSE

CO-OP APT.

CONDOMINIUM

If you're thinking of moving, you better start moving quickly. The demand for housing is starting to pick up dramatically. Most of us feel flusher, inflation is still abating, mortgage rates are falling, and all those war babies are now settling down and having babies of their own. To compound matters, there's a fairly limited supply of houses, con-



VERNON AND PALMA COLE, OWNERS WITH THEIR SON STEPHEN OF A SUB-URBAN HARDWARE BUSINESS

"After your children have moved away, you don't want to look at three empty bedrooms. So we're moving to a smaller place with one big room for living-dining-kitchen, because we've learned that we live mostly in the kitchen"

dominiums, co-ops, and apartments, because relatively little housing construction has taken place over the past few years.

While it pays to move quickly, that's not to say you should be hasty. Home is no longer where you hang your hat—if it ever was. It's a major financial and emotional investment that reflects your goals, personality, and lifestyle. Just a little time and effort spent shopping for the right place to live can pay off handsomely in savings and satisfaction. That's especially important now, because the cost of all types of shelter will continue to go through the roof for the foreseeable future. In the past four years alone, the

average price of a single family house has jumped some 40 to 55 percent—depending on the area. And while condominiums and co-operative apartments have fallen in value in some cities like New York, they have gone up an average of 15 percent or better in cities like Washington, D.C. And apartment rents are keeping pace. It's not at all unusual for a landlord to jack up the rent on an apartment by \$100 to \$200—and get it from a new tenant.

Chances are that the prices of condominiums, co-operative apartments, and single family homes will rise even faster than many now predict. A lot of people, includ-

ing myself, who have been living in an apartment will probably start looking for a house to buy, so that they can get a tax deduction as well as build up some equity. In the past, the difference between owning a place and renting wasn't too great, because we could deduct an office-at-home. However, that's become problematic because of the Tax Reform Act of 1976.

Houses and happenstance

When you buy a home, you're buying more than a house—whether you like it or not. In fact, you're buying a community: a school system, municipal services, transportation, security, and hopefully a profit somewhere down the line. And as you might have experienced, there's a price to pay—something most of us tend to overlook in our eagerness to get down. Aside from the actual price of a house, carefully *(Continued on page 54)*

A good-housing guide

Type of dwelling	Advantages	Disadvantages
HOUSE	<ul style="list-style-type: none"> Easy to finance Fewer legal complexities Equity build-up Can decorate as you like Total control over property Mortgage interest and property taxes are deductible Resale is simple Possible inflation hedge 	<ul style="list-style-type: none"> You're on your own Tends to be most expensive
CONDOMINIUM	<ul style="list-style-type: none"> Fairly easy to finance Share cost of amenities More affordable than house Some decorating leeway Individual unit ownership Equity build-up Mortgage interest and property taxes are deductible Resale fairly simple Possible inflation hedge Should be 20 percent cheaper than renting 	<ul style="list-style-type: none"> Have to follow group rules Maintenance charges may be beyond your control Legally complex
CO-OP APARTMENT	<ul style="list-style-type: none"> Equity build-up Financing available Interest on loan and property taxes deductible Resale possible Possible inflation hedge 20 percent cheaper than renting 	<ul style="list-style-type: none"> Not considered real property Legally complex Greater financial liability Harder to resell (because market is soft) Maintenance charges may be beyond your control

PLACE TO LIVE

Cities have a bad name. People think of them as noisy, crime-filled, overcrowded, stressful, and spiritually debilitating. People who live in cities are often regarded by everyone else with sympathy, tinged with suspicion. City-dwellers are endlessly lured to stories of escapes to the country, where sanity, peace, and happiness reign. Are city people crazy? Should they all move to the hills?

As says Jonathan Freedman, professor of psychology at Columbia University, author of a recent book on high-density living, *Crowding and Behavior* (Viking), "For city-born and city-raised people, Freedman has been regarded as the dash-dash champion of city living at a time when most people need him most. His eloquent argument that urban living should not only be enjoyable, but can also help to enhance the experience of living alive, is just what is needed to restore confidence in American cities.

"First of all," Freedman points out, "people have always lived in cities, ever since civilization began. In this country, though, people are about the roots of the small town, there's always been a trend away from them. The dream of most young people in the country is to move to one of the big cities, to San Francisco, Dallas, St. Louis, Chicago, Cleveland, Indianapolis, Cincinnati, New York, Los Angeles, and so forth. In addition to economic reasons, there is a natural human desire for the excitement of the city, the appeal of the city. It's only recently that people have started complaining about them so much."

Freedman admits that there are reasons for the complaint. "The crime rate is high—though

now it's going up more in the suburbs than in the cities. The city's welfare burden is higher. Educational problems are enormous. In addition to this, most cities are fairly old and the buildings and facilities are run-down and there is no money to repair them."

But the major criticism is overcrowding. All those people milling about on the street or in the subway; all those apartment dwellers jammed together in tiny spaces; country types throw up their hands in horror. "The word 'crowd' has a negative connotation," Jonathan Freedman agrees. "But a crowd is not always bad. If you go to a party or a baseball game, you like to see a lot of people. That's a good crowd. It's a bad crowd in the rush hour, or waiting in line when you're in a hurry. The street fair where no one turns up is pretty boring. At a sparsely attended party, the guests will huddle together to encourage conviviality."

Haven't you experienced that sinking feeling when you discover there are only a few people in the restaurant or theatre? There's nothing more discouraging than trying to have a cheerful dinner surrounded by empty tables and idle waiters. Or watching poor actors give their all for the sound of a few hands clapping. Then indeed we would like a crowd. "Middle-class Americans tend to think that you need lots of space and privacy and separate rooms to get through life," Freedman observes. "Yet many studies supported by the United States government to find out what happens when people have to live in a very small space for a long time have shown that in fact people function very well in small spaces. In one, by S. Smith and W.H. Haythorn, groups of two or three were confined to either very small rooms or

rooms three times as large, both without privacy. Whether there were two or three men confined, those in the smaller area got along better. Human beings are wonderfully (Continued on page 113)

City vs. Country

Some surprising new findings about living in a crowd, from psychologist Jonathan Freedman

By Caroline Seebohm



WILLIAM AND LLANDA LEUTE, WHO BOTH WORK IN THE CITY

"Ours is a city apartment with a split-level living-dining room that's wonderful for entertaining. Eventually we'll want a place in the suburbs—but we like the informality of an all-in-one entertaining area. It makes mingling natural and easy"

EXPANDING OUR SPACE: THE MULTI-PURPOSE ROOM

Higher building costs and smaller spaces mean one room has to do more—the kitchen is a dining room, the bedroom an office

By Elin Schoen

There was a time when "home" meant "a house." Not just any old house, but a very specific house, preferably many-storied and squarish, with pillars in front and some or all of the following inside: A Foyer, A Living Room, A Den, A Kitchen, A Dining Room, A Breakfast Room, A Master Bedroom, A Guest Room, A Bathroom, Another Bathroom (The Powder Room) . . .

Although the rooms in this house (which I'm sure I'm not alone in having grown up coveting) did not have labels on the doors, they might as well have. And within these rooms there were pieces of furniture which also did not have labels, but which were, nevertheless, destined for very specific, unalterable functions. This cabinet for silverware and china. That desk for letter-writing. The closet over there for linens only.

It was a very nice house. It still is because it still exists. But we really aren't making them like that anymore.

The cost of building materials has soared 17.6 percent in the wholesale price index from June, 1974 to June, 1976. This (Continued on next page)



NEWLYWEDS STEPHEN AND MARY COLE (HE RUNS A HARDWARE BUSINESS; SHE COMMUTES DAILY TO WORK IN THE CITY)

"We have a typical suburban garden apartment (but no garden, so we planned one nearby in the woods). It has a living-dining area and we like it. You learn things from apartment living that you can use even in a house"

CONTINUED

increase, plus rising labor costs and rising other costs, has dramatically raised the cost of building a house today. As of August, 1974, the median price for a one-family house was \$35,700. Exactly 2 years later, it was \$43,900. Although the medium square-footage of houses sold this year is larger than in the past 2 years, Ken Jeremiah of the National Association of Home Builders points out that these figures are deceptive. Houses available for sale, he says, are generally smaller this year than previously. But houses actually being sold are purchased by affluent people who choose the biggest homes on the market.

In rentals units, meanwhile, the trend is towards efficiency or one-bedroom, rather than two- or three-bedroom apartments. One reason people are renting smaller spaces is, of course, shrinking budgets. But, according to Jeremiah, shrinking population also has something to do with it. "Because more women are in the labor market," he says, "and because of increased awareness of population-growth pressure on economic resources, families are having fewer children. So the demand on one-bedroom units will continue to increase, as the demand lessens for larger apartments."

And so, in order to get the most out of our reduced environmental circumstances, "multipurpose" is the trend—the catchall phrase for the design industry's current effort to stretch space in every way, shape, and form. As space becomes minimal, its uses must be maximized. Every designer's favorite household quote—"less is more"—takes on new urgency. Less now *has* to be more. So

acutely are designers aware of this fact that they begin to sound less like designers and more like semanticists of the Space Age—which, indeed, this is, and not only in *Star Trek* terms.

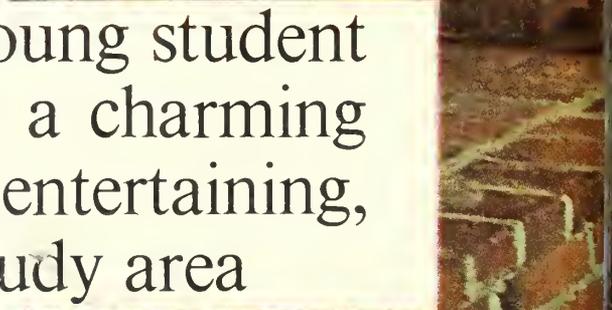
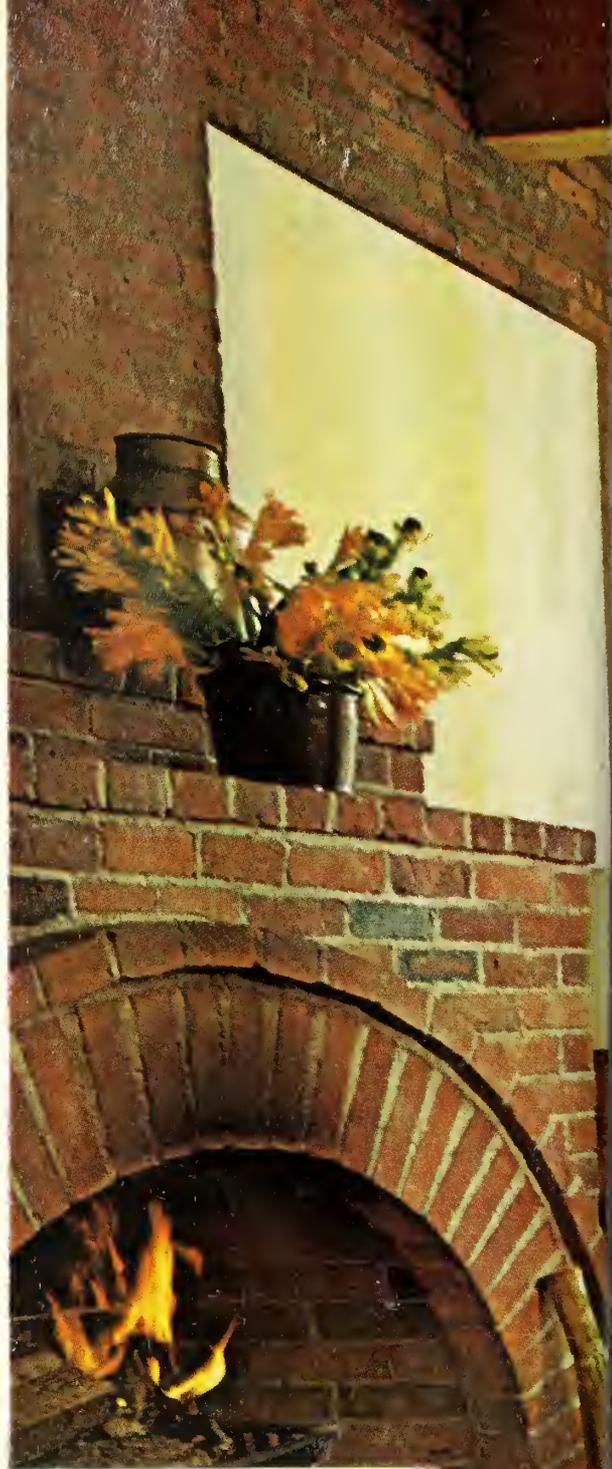
"I make spaces," says New York designer Angelo Donghia. "I say, 'Let's just call this The Living Space.'"

"Living room? We never talk about living rooms anymore," explains Pennsylvania designer Irwin Schoen. "We refer to living areas."

"Room" implies boundaries; "space" or "area" does not. "Let's throw away the rules and laws and let spaces be whatever they turn out to be," says Angelo Donghia. "I can see the whole house exploding in front of me!" says New York architect Michael Kalil.

In fact, the concept of multipurpose space is nothing new. As anthropologist Edward T. Hall points out in *The Hidden Dimension*, it wasn't until the 18th century that rooms had specific names and functions and were set up to open into halls "like houses into a street." Before that, "there were no spaces that were sacred or specialized. Strangers came and went at will, while beds and tables were set up and taken down according to the moods and appetites of the occupants."

Nowadays, too, people are becoming more open. Although everyone has a need, at one time or another, for privacy, the human potentials movement (est, encounter sessions, "group," be-yourself-above-all thinking) has made people less needful of façades to retire behind. People may want to be alone sometimes, but they also want to be together more frequently. *Continued on page 148*



Decorating for apartment living

Living room plus in Boston: A young student turns a renovated apartment into a charming space for living, dining, and casual entertaining, with a cleverly organized corner study area

A multipurpose room is the only kind that could respond to the active life of a student doing graduate work at Harvard. She wanted "something not too put together," and since she lives with a personable golden retriever, the decoration by William Hodgins had to be reasonably practical. She loves to cook and put on last-minute suppers, have friends drop by any time. The room adapts to spontaneous parties, but fulfills equally well its role as a quiet place to study. In the working corner, existing bookshelves were extended up

to the ceiling on either side of a window. This improvement adds a sense of height to the room and helps disguise a badly proportioned window, *opposite far right*. A tortoise-shell shade pulls down from the ceiling to make the window appear to be tall and elegant.

Taupe Ultrasuede sofa, opposite, set on an angle, leads people around to the dining and kitchen areas. Goat-skin parchment table has a pull-out backgammon board. The rug is a hard-wearing durrie. Behind the sofa, an 18th-century cupboard stores the overflow of books.

BEADLE





The country-in-town feeling of brick and wood; a casual plan for fireside get-togethers



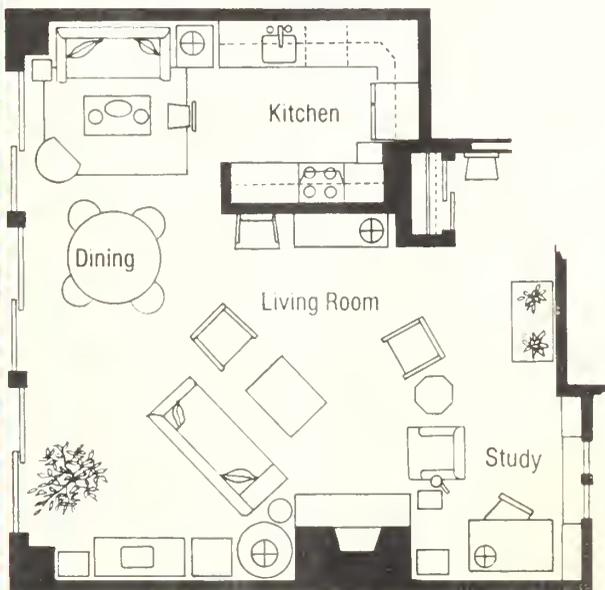
Sturdy, country oak table, left, for easy entertaining. "The room needed fabrics and furniture that you don't have to be too careful about," says Hodgins. In the kitchen, above, a red lantern swings overhead. Beside the fireplace, below, a painting by David Preston.

The living room plus—a smashing, big, opened-out space on the top floor of a Boston brownstone—was once a medley of servants' rooms and attic storage. Its brick walls, oak floor, high, raftered ceiling and wall of sliding glass doors to a big terrace are all modern architectural renovations put in by a building contractor who remodeled the house into apartments. The country-in-town feeling of brick and wood was just what the young student wanted, and she asked designer William Hodgins to create "a casual look with lots of space and no clutter." The palette of rustic browns sprang from a French chintz that now covers a fireside armchair. Hodgins suggested country oak furniture "because it stands tough treatment and looks good." With the English antique table, they liked the idea of an assortment of American Chipendale country chairs. "None of them match, that's the point," Hodgins says. "It keeps the room casual. Matching chairs belong in formal dining rooms." Each seat has a tie-on pillow in a brown and

beige print that won't show party damage. Very often, ten sit down for a supper of "simple, healthy food." When there are more, a buffet is set on the table and everyone sits around casually. Big pillows make extra seating around the fireplace. When the hostess is actually cooking, guests gravitate to the kitchen end of the room, where an old hope chest serves as a drinks table in front of a comfortable white linen-covered sofa. The kitchen, a U-shape recess off the main living space, was originally dark and gloomy with brown wooden cabinets. It's now transformed with forest-green paint on all the storage units and even the refrigerator. Butcher block covers the countertops, encouraging the cook to prepare tasty fish dishes, "lots of fresh vegetables and salads, fruit pies." If it sounds as if more fun goes on here than studying, that's often the case, the student readily admits. "This room is so pretty, it's distracting," she laughs. Occasionally I find that I have to go to the library to do my work.



NEIL LONDON



Left: In the study corner, twin stacks of bookshelves and a window shade hung from the ceiling to reportion a stubby window. The sleek new desk, in lacquered goatskin parchment, has been teamed with a castoff swivel chair from a bank, updated with white paint and an Ultrasuede pillow. Basket on windowsill holds mail. Above: plan shows how the furniture is arranged "to make the room flow," explains Hodgins. "Nothing is squared off."

Living room plus in San Francisco: A woman trades a big house for an apartment with space that works for entertaining 6 or 60, and a bedroom that's her own private world



**EXTRA SEATS
KEPT UNDER
TABLE**

Pull-out seating under a white console. Ottomans have bamboo legs, leather cushions. Oriental sculpture on tabletop is kept to a minimum. "If a room is good, you don't need little cosmetic touches," says Dickinson.





Sofas, screens, walls covered in matching fabric. Furniture arranged "for balance," but kept sparse.

The transition from large house to apartment calls for sympathetic adjustment to space. Where you had three or four rooms before, you may have to compensate with a single, dramatic living space. And that's what happened here. The woman who owns this apartment decided to simplify her surroundings and make living easier on herself. But she didn't let the size of an apartment inhibit her zest for entertaining. To make the living room plus work for up to 60 guests, interior designer John Dickinson organized three areas and eliminated clutter. An adjoining bedroom is equally multipurpose.

Fabric for a change of mood in an apartment planned for parties and privacy

The modern box-shaped apartment offers a challenge to interior designers. For this L-shaped living room plus, John Dickinson designed special furniture and softened hard-edged lines with fabric, to meet the client's wish for "something soft, comfortable, understated, and subdued." She already had an off-white living-room carpet, and to go with it, she and Dickinson chose brown-on-beige geometric design tapestry, which now cocoons the space, covering all the walls. The fabric splurge continues over two king-size sofas and five screens, strategically placed beside the windows. Fixed by bolts to the ceiling, the screens provide an architectural element and serve in place of curtains. "It would be silly," observes Dickinson, "to close out this top-floor view." Plain linens in rosy pink, bamboo beige, and white upholstered chairs. Other furniture is white. Total effect: a serene pastel scene. In contrast, the sitting bedroom is alive with pink peonies that ramble over walls, bed, and windows. It's peaceful, relaxing—and it also doubles as an alternative dining area when extra tables are set up here for dinner or afternoon tea.



HENRY CLARKE

Turn one area into a space for playing cards, one for sitting comfortably, and one for dining. The sitting area, above, is defined on two sides by facing sofas. To avoid monotony, designer Dickinson took off an arm and half the back of one nearest the windows. Now it looks like a chaise, and can be sat on from either side. Two bamboo-framed armchairs mark out the third side of the square. Opposite them, the long console table (with three ottomans tucked underneath) looks like quarried stone but is really hand-carved wood, lacquered white. The same material is used for other pieces of furniture Dickinson designed for this

room. Conscious of this being a room for 6 or 60, little woven cane tables within the sitting area have solid brass "shoes" fitted to resist party kicks. The dining table has five leaves that let it expand to seat 12. Lampshades are lined with pink linen "to give a soft, flattering light that makes everyone look good."

HERE'S HOW TO PLAN THREE ROOMS IN ONE



NEIL LONDON



Brilliant storage ideas in this sitting bedroom. John Dickinson fitted a 19th-century French armoire with drawers, above, for small items. Behind mirrored doors is a whole wall of built-in storage, with compartments and drawers for clothes, shoes, purses, hats; shelves for the TV and stereo.

RUSSELL MACMASTERS



**A MIRRORED
CLOSET WALL
TO ADD STORAGE,
DOUBLE SPACE**

How much decorating can you get for \$2,000? \$5,000? \$13,000? How can you squeeze out a little more style per dollar? Three idea-packed rooms—same space, three different looks—show exactly how

The living room plus on a budget

FOR FLEXIBILITY AND COLOR

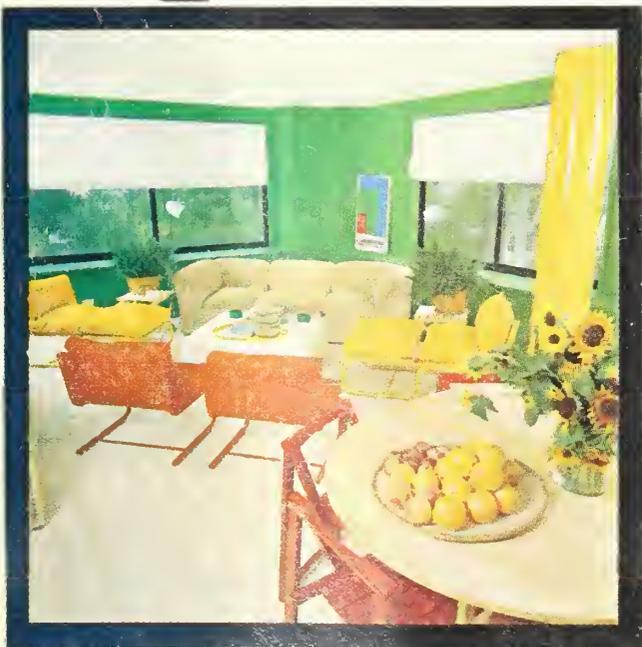
\$2566

To make your own room attractive, starting with a \$2,000 budget, "think function first," says designer Gary Crain, "then line and color—bold as it is here, or even beige and bone." Since most contemporary buildings are designed for mostly one-room living, dining, and entertaining, the living room plus here—in the Rivercross apartments on New York City's new Roosevelt Island community overlooking trees and water—is full of quick-change furniture and ideas a carte-blanche budget couldn't improve on. Here, the furniture is all from Workbench, mostly fold-away for open-out space. The lines are simple, and it all has a

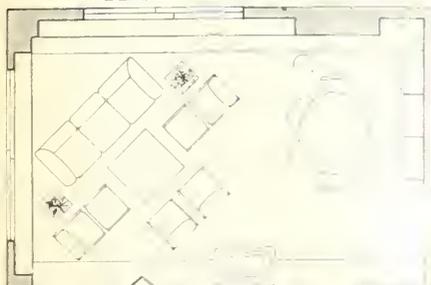
future. The sofa is modular, making it easy to deal with the typically—small elevators. There's storage—wicker baskets, a stacking plastic column, bookshelves. And a dining table and chairs that fold away when they're not wanted.

Put your money in flexible living

- Sofa modules: 2 corners at \$125 armless, \$100 **\$350.**
- Cocktail table **145.**
- 2 slat end tables **50.**
- 6 chairs at \$17.50 **105.**
- Drop-leaf dining table **115.**
- 4 "Stuns" chairs, \$75 each **300.**
- 2 "Stuns" ottomans, \$55 each **110.**
- 5½ column stacking units at \$20 the double unit **110.**
- 5 bookcase units at \$66.33 for 3 or more **331.65**
- 2 floor lamps at \$35 **70.**
- 2 white clip-on lamps at \$22.50 **45.**
- 3 wicker trunks, total **147.94**
- 3 nesting wicker suitcases, total **30.94**
- 2 baskets on cocktail table at \$6.98 **13.96**
- Square sewing basket **15.98**
- 2 square open baskets at \$3.49 **6.98**
- 2 baskets for ferns **14.96**
- Square-based basket **8.98**
- Plastic tray, bowls **43.**
- Fruit basket **2.49**
- Arakawa poster **90.**
- Ellsworth Kelly poster **70.**
- 2 Sisal rugs, 9-by-12-feet, at \$159 **318.**
- Fabric for shades, 12 yards at \$6 a yard **72.**



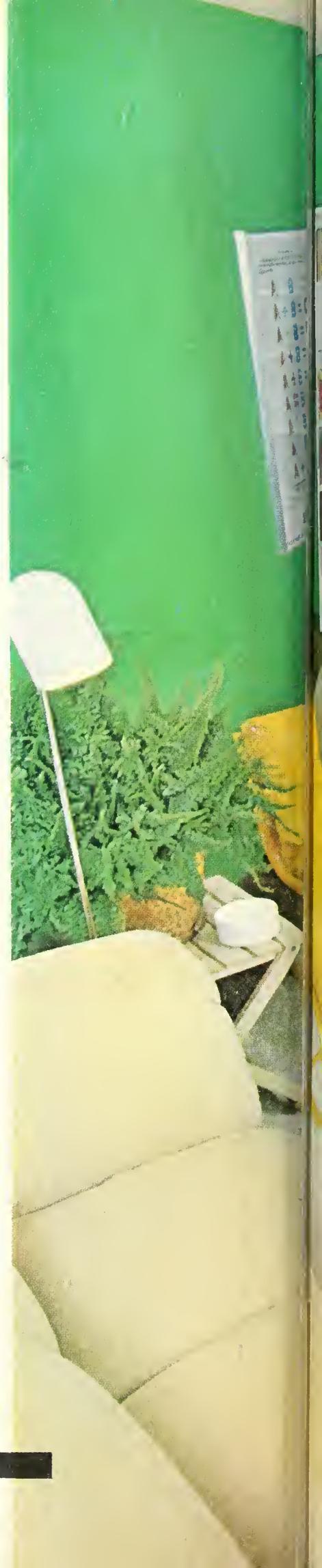
BEADLE



Furniture plan, above, with seating on the bias, a wall of storage.

ALL PRICES APPROXIMATE. SHOPPING INFORMATION, PAGE 108

\$2566.88





\$5398.35

FOR SPARKLE AND LUXURY

Attention to the floor and walls can change the whole space, stretch a room, open it, make it live the way you want it to

Here the space itself creates the atmosphere, and a great deal of the budget went into shaping it, with one fully mirrored wall, a window-wall entirely sheathed in do-it-yourself vertical blinds, from LouverDrape and a white vinyl tile floor. The result: a living room plus with its own garden gaiety, with light controlled, directed, varied, reflected, to welcome daylight or sparkle with nightlife. "On the end wall is an antique quilt, Sunflower Medallion, that brings," says designer Gary Crain, "a hundred years of tradition into a very contemporary room." There was enough money left for one really good

piece of furniture—the sofa, sectional (those elevators again) and white, a color that seems to expand space and affirm luxury. The eight sections provide almost all the seating except wicker dining chairs. Laminated console, an interesting inverted pyramid, and coffee-table cubes are clean-lined and flexible, serving wherever they are placed. The floor is a relatively inexpensive Good-year self-stick vinyl tile that, if you do stick-it-yourself, eliminates installation costs. The pillows—these, like the Flair sofa, come from W&J Sloane—could be covered at home to provide greenery for the light-laced room. Plants are not included in the budget—but an apartment garden, like any other, is a collection that can start small and grow year by year.

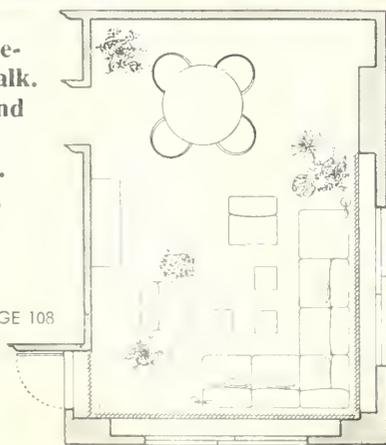
Put your money in the background

- Sectional seating **\$1682.**
- Dining table: white laminate column with circular glass top **399.**
- 4 white rattan chairs \$119 each **476.**
- White laminate cube tables at \$59 **236.**
- White laminate console table **179.**
- Antique quilt from Thos. K. Woodard **460.**
- 4 green pillows, \$39.50 each **158.**
- Green plate **89.**
- Two triangular chrome standing lamps **110.**
- Two oval wood boxes **66.**
- Two black lacquer boxes at \$20 **40.**
- Baskets for plants and trees **25.**
- Green pottery bowl **24.**
- Vertical window blinds, at \$2.25 a square foot **572.63**
- Mirror installation on a 12-by 3-foot wall **700.**
- Self-stick vinyl tile, 308 square feet at 59¢ a square foot, owner installed **181.72**



BEADLE

Modular sofa is placed around-the-corner for easy talk. But it's flexible and can move to suit changes of mood. Across the room, a glass-top table.



ALL PRICES APPROXIMATE. SHOPPING INFORMATION, PAGE 108

\$5398.35



FOR FURNITURE TO COLLECT

If you build a room around a few fine antiques, you'll have a room with a past—and a future

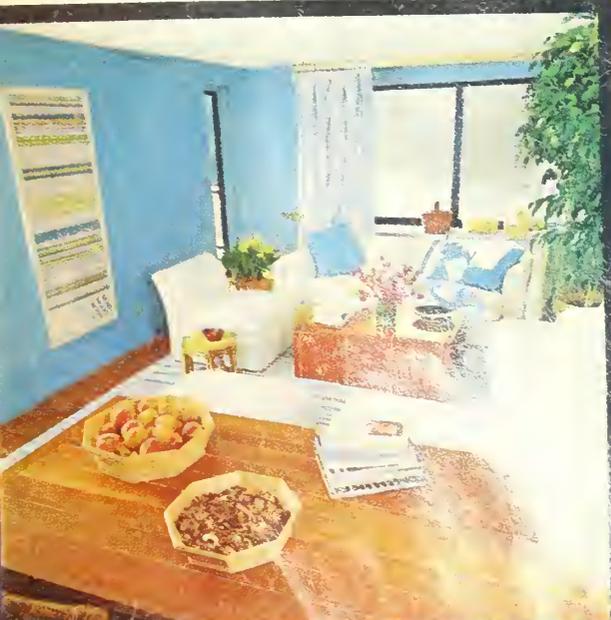
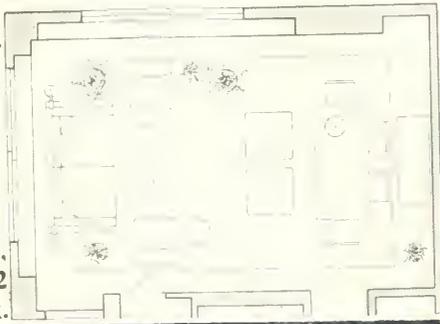
This apartment, with the biggest budget of the three, is nevertheless the result of some very clever shopping. It is a living room plus for people who plan to be here for a long while and who, therefore, want furniture with a future. Furniture with a future is frequently furniture that already has a past—antiques: The cabinet is French 17th-century, the dining table is a careful reproduction of an Early American one; both are pine, both bought on sale. "Most fine department stores have sales on good furniture perhaps twice a year," says designer Gary Crain. "It just makes sense to take advantage of them." To find just the thing you can really love, at a price you can love too, you must be willing to wait. Patience, and persistence, pay off. The rattan chairs

are reproductions of Chinese Chippendale, and the carpet is a sturdy durrie, well on its way to valuable venerability. Once you have everything, color your room to complement it, like the blue here, to set off warm old wood and a wonderful rug. The sofa here is modern, but classic in line. Like all furniture except the red parchment nesting tables, it's from Bloomingdale's. Curtains and dining chair cushions are homemade of China Seas ikat-like cotton. The awkward spaces at each side of the windows were filled with wallboard above the ledge. For the walls, graphic art from Poster Originals—one to pin up, one that comes already framed (if you frame most of your art yourself, it saves money).

Put your money in good antiques

Sofa	\$1535.
Armless upholstered chairs at	1110.
Ottomans	590.
Cabinet/hutch	2500.
Durrie rug	3500.
Dining table	1100.
Nest of red lacquer tables	595.
Rattan dining chairs at \$175, with your own cushion	700.
Floor lamps, each	110.
Table lamp	90.
Octagonal wicker trays	17.50
Basket box	25.
Green jug	135.
Wood cheeseboxes at \$27.50	82.50
Oval red lacquer bowl	22.50
Black plate	20.
Amish broom maker's basket	55.
Clear glass vase	4.50
Diane Love plate	20.
Tree baskets, \$15 each	30.
Fabric for curtains, and for dining cushions 28 yards at \$18 a yard	504.
Antique quilt	395.
Botanical print, unframed	10.
'Mostly Mozart,' poster by Gene Davis complete with frame	275.

Traditional sofa, plus furniture that plays more than one role, versatile arrangement. Dining table serves equally well for buffets. Or, because of 2 drawers, a desk.



BEADLE

ALL PRICES APPROXIMATE SHOPPING INFORMATION, PAGE 108

\$13,426





DETAILS THAT MAKE THE THREE ROOMS WORK



DESIGNER GARY CRAIN GIVES YOU 7 WAYS TO MAKE THE MONEY LAST

1. Gary Crain says, "Simplify! Keep the room pared down, and use bold but simple furniture." The cleaner the room, the more elegant the look.

2. Plan your room very carefully. Scout stores to see what furniture and fabrics are available in what colors. Then buy wall paint to go with them.

3. Buy furniture that serves more than one purpose—like a table that works for dining, studying.

4. Invest in one or two really good pieces that you'll want to keep forever; combine them with less expensive furniture.

5. Look for inexpensive museum posters and prints. Mounted or matted (framing is usually expensive), they're next best to the real thing.

6. Look for sales. Most furniture and department stores have end-of-the-year or special holiday sales. It pays to take advantage of them.

7. Use your own two hands: "Install floor tiles, build bookshelves, sew your own curtains, and paint what you can."

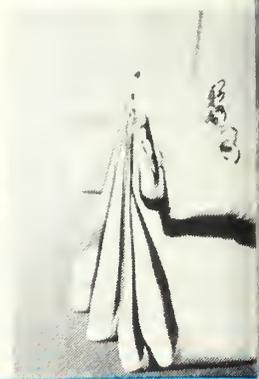
COLOR AND FLEXIBILITY



Take a room with a view, add simple shades to let it all in, foldaway furniture, straightforward storage. Color it all colors, and you have a bright place for living, working, and playing.



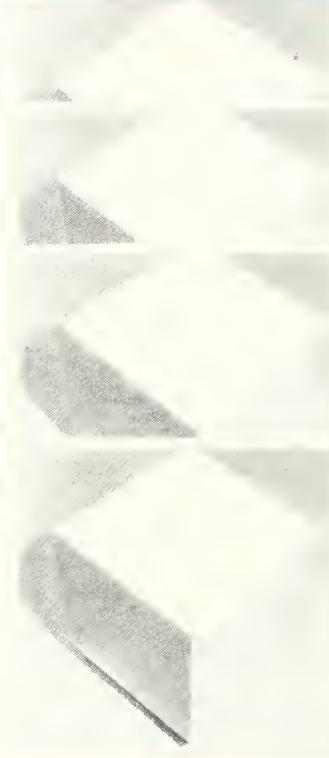
Few things are more than a folding chair—here, more red. Mr. has a tip: When shopping for inexpensive furniture, see what colors are available before you paint walls. Home-sewn shades, below, are strung with metal rings. They help themselves when you use them. Instructions, p.



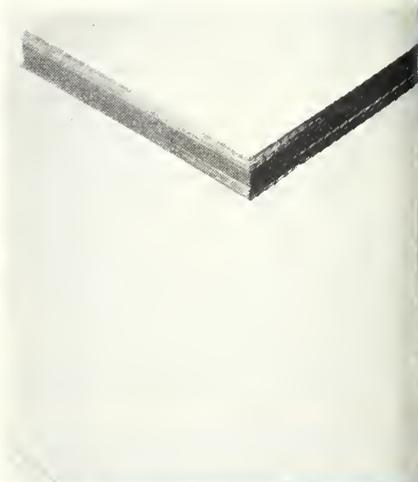
SPARKLE AND LUXURY



Take a room and turn it all white, with mirrors to reflect the view, the light. Pay attention to walls and floors, so furniture, carefully chosen, becomes pure luxury.



Where cleanliness of line is important, there is nothing like a square. Cubes for cocktail tables are useful anywhere furniture. Self-stick Goodyear floor tiles are easy to apply to keep. They laugh at some of the city realities and at the same time offer crisp sophistication underfoot, an economical and elegant alternative to carpet.



FURNITURE TO COLLECT



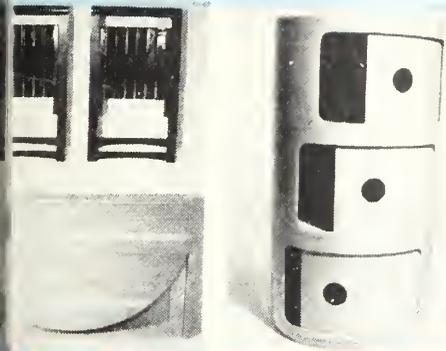
Take a room, paint it a warm blue to set off the stripes of a striking durrie rug. Warm it further with antique wood furniture for keeps to collect and to live with now.

For excitement, search out the new: Lamp, below, at Bloomingdale's. Lacquered parchment tables by Roe Kasian, late January at Lord & Taylor, New York; smaller sizes, Woodward & Lothrop, Washington, D.C.



...part of apartment living
 is the fact that tables
 almost always have to
 do double duty. They
 turn into desks or game
 places (as below) with
 out even blinking, or
 they simply disappear.
 But when they are
 needed for lunch or din-
 ner, they should be
 beautiful. In keeping
 with the room's flavor,
 bright, durable plastic
 dishes, and the glass-
 es, all from the Pot-
 tery Barn. With all the
 leaves spread, the table
 seats six spaci-ously,
 eight if they are friend-
 ly. It can be only half-
 opened for two or for
 four. In the center, cyl-
 inder for flowers.

g organizes space like bookshelves. Other
 -savers: table that folds to 8 inches wide;
 that can be hung. More storage, a com-
 entalized plastic stacking column.

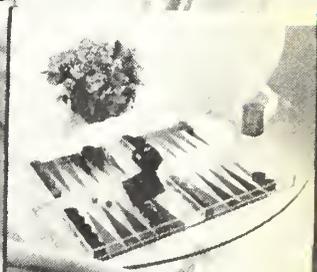


Foldaway furniture erases itself when not needed



e-color room, a simple thing like a green
 can establish a whole atmosphere. A circle
 s set on a painted wooden cylinder from
 Coggin makes a self-effacing table.

One thing about beautiful backgrounds—they make people more important. For middle-budget decorating, Mr. Crain believes that money is best spent on a few spectacular ways of setting them off, like a wall of mirrors, and on a few—a very few—good pieces of furniture, the beginnings of a collection to be proud of. The background comes forward when the table is set for dining with friends. It's not in the budget—but good things for the table are other items that can be added piece by piece. Furniture from W & J Sloane. Baccarat crystal, Ceralene china, Christofle silverware.



After the boeuf Bourguignon, backgammon on double-duty table.



stripes lie flat on the floor, woven, reverse-
 own for long life. From Rosecore. They're
 Eastern and form a fine graphic alliance
 American quilt. From Thos. K. Woodard.

"Blue Strawberries" china from Portugal, by Block, decks the dinner table. The table is pine, the kind that's nice to see with dinner, in a square and sturdy primitive American shape, good for small parties or for populous buffets. "You want to make it," says Mr. Crain, "so that it's nicer to be in the apartment than to be out of it." The room will even serve for a work-at-home office, with adequate, even ample, desk and drawer space. All the flowers are by Ronaldo Maia. The table setting is from Bloomingdale's.



An office with a view: home work on an off-duty dining table.

A vegetable in every pot

Grow crops on decks, terraces, window sills

Some containers, but even a bushel basket lined with perforated plastic can serve as a mini farm. Plants are easily grown from seed. (These are all from Burpee seed, started indoors, moved out after frost.) Container growing varies little from ground growing, and, in fact, is easier. You don't have to battle weeds, and if insects attack, you deal with them selectively with sprays, or just a hard rinsing with water. Ideal pot-

ting soil is light-weight and quick draining, often a combination of peat moss, vermiculite, and perlite. While 1 cubic foot of garden soil can weigh 50 pounds, packaged peat-lite poses no problem for the back or for balcony or rooftop either. And it's reusable. Small vegetables need a depth of 6 to 8 inches; large ones, 12 inches or more. Because a container's capacity is small, frequent watering is a must—once a day in bright weather. Frequent watering washes out nutrients, so feed vegetables every week. Leafy vegetables need a high nitrogen fertilizer; fruiting plants like tomatoes need low nitrogen. If you keep clay pots on wooden sills or floors, plastic discs or rubber or glazed saucers will prevent stains. On a sun-baked surface, boards under pots keep roots cool.

A movable garden of edible plants is a delight not to be missed—good to look at, and, later, good to eat. Vegetables are doubly decorative in hand-

BEST TO GROW (according to National Garden Bureau)

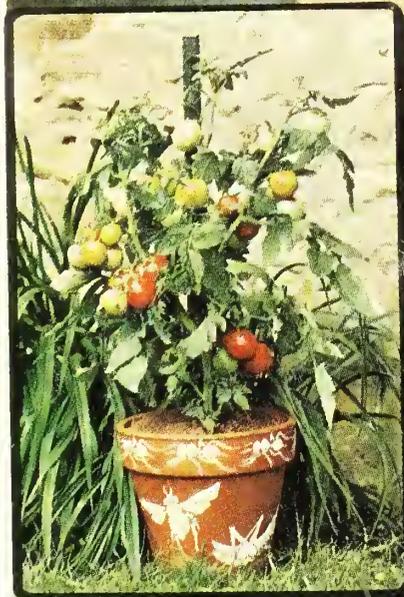
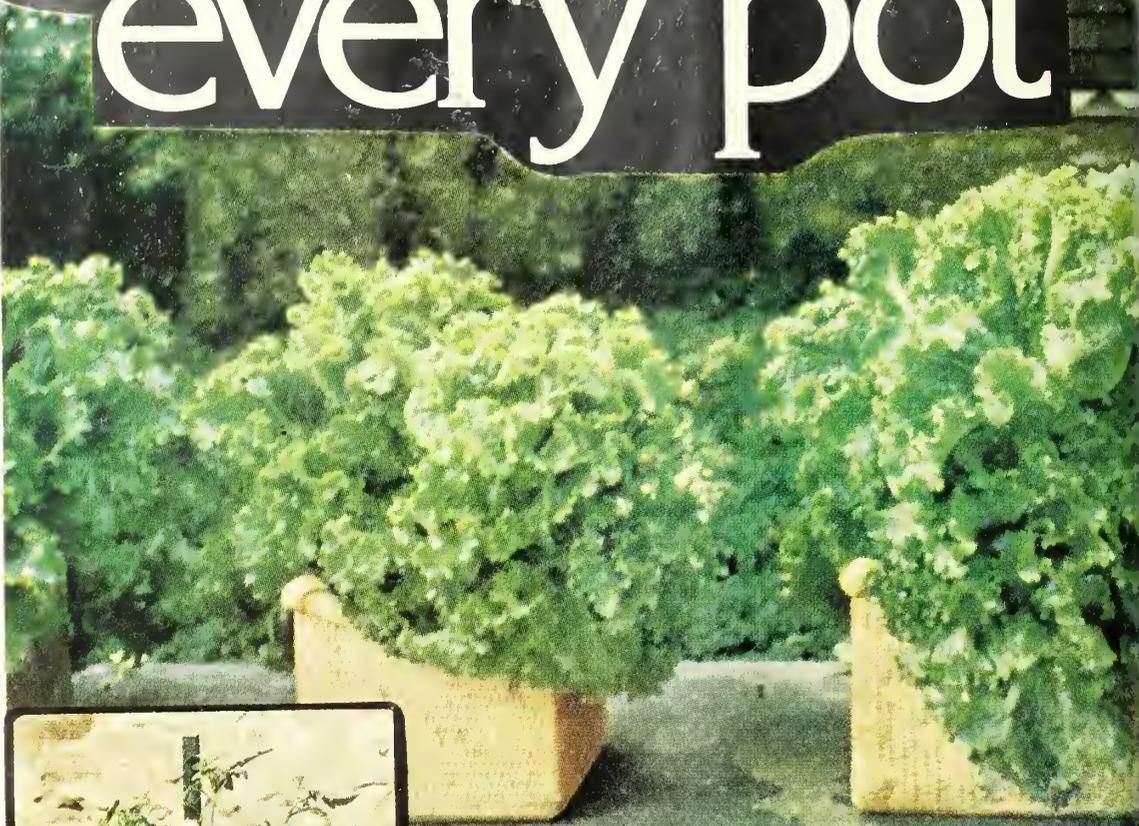
ALL HERBS
BRUSSELS SPROUTS
CUCUMBERS
EGGPLANT
NEW ZEALAND SPINACH
PEPPERS
SWISS CHARD
TOMATOES
LETTUCE

Next best

BEETS
CABBAGE
CARROTS
CAULIFLOWER
KALE
KOHLRABI
MUSTARD GREENS
ONIONS
RADISHES
SPINACH
BUSH SQUASH (ZUCCHINI)
TURNIPS

less practical

BEANS,
PEANUTS,
PEAS,
PUMPKINS,
VINING SQUASH,
CORN,
OKRA,
SWEET POTATOES



No room for



Container vegetables need at least 6 inches of soil in pots with good drainage, plenty of sun, protection from wind, daily watering, weekly feeding

Flowerpot farm, clockwise starting with tomatoes, above center, Burpee's Pixie Hybrid tomatoes in 8-inch-deep stenciled pot. On wall, Green Ice VP Lettuce in 7-inch-deep honeycomb porcelain from Terra Firma Ceramics. On porch, Burpee Hybrid Eggplant in pot in 16-inch-deep pine planter from Beylerian. Burpee Golden Zucchini VP Squash in 14-inch-deep stenciled pot. On table, Extra Curled Dwarf Parsley in 7-inch-deep Italian terra-cotta tubs from Carbone. On terrace, Stonehead Hybrid Cabbage in 12-inch-deep porcelain cabbage pots from Terra Firma Ceramics. Stenciled pots decorated with Stencil-Magic kit.



Container vegetables
save you space, time, money.
Weeding is minimal,
plants grow from seed,
and your harvest
is spectacular.



Gettable patch? Plan a flowerpot farm





Slim-space garden in

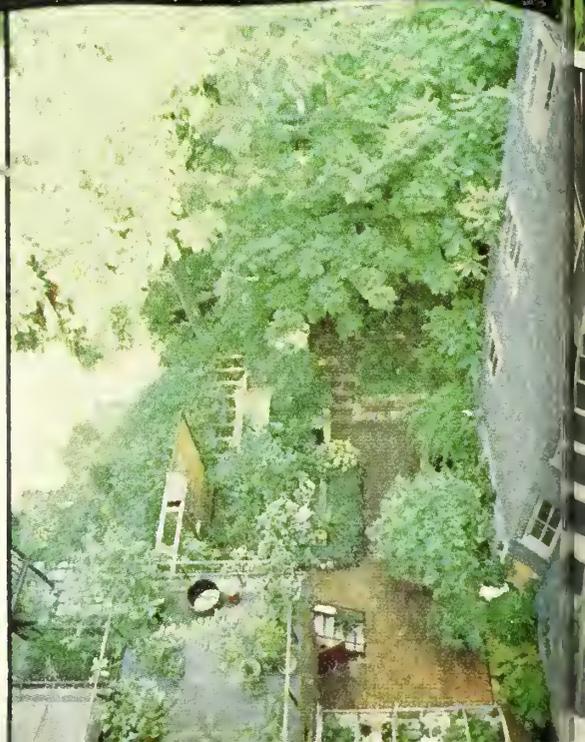
Small space is no excuse not to have everything you want in your garden—brick pathways with sit-on walls and steps, pools, a dining greenhouse, a hammock under a grape arbor, a birdhouse—all in 25 by 55 feet.

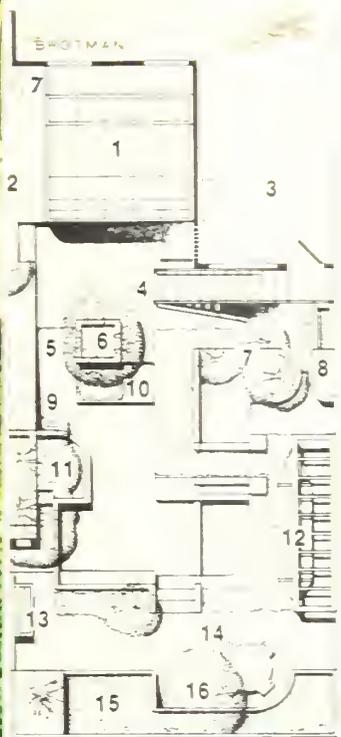
Once this backyard was a level patch of ivy surrounded by a concrete walk. “Boring,” says Tom Pritchard, architect and garden designer. “You could see the whole thing at a glance. Now there are paths to explore, and when you get to the end of the garden there are three ways to come back to the house.” The garden has become visually and physically bigger. You walk down a narrow path and by comparison feel you have come into an enor-

mous clearing when it widens. By varying the widths and levels and deliberately setting up obstacles to create small green rooms, the designer multiplied the space. The garden is ample for a party of 250 people. “Incidentally,” Mr. Pritchard says, “We didn’t take any soil away or bring any in. We just rearranged it.” Because the garden is hemmed in by neighboring backyards, a fence seemed essential. This fence gives privacy, but does not wall you in. There are cutouts for air and light—with matchstick blinds—illusions of windows and doorways.

In city backyard, right, beds of ivy, above, are all that remain of original flat garden, now multilevel with trees, pools, and summering pots of elephant-eared Alocasia, New Guinea impatiens, Euphorbia splendens, papyrus-like Cyperus alternifolius, palms.

EMERICK BRONSON





Plan

1. Greenhouse
2. Terrace with hemlocks
3. Kitchen roof
4. Stairs with pot plants
5. Ramp between upper and center terraces
6. Birches
7. Cherries
8. Fence birdhouse
9. Willows
10. Ivy
11. Pools
12. Grape arbor and hammock
13. Shelf garden
14. Dining terrace
15. Ferns
16. Ailanthus tree by fence



Water garden, one of three, grows water lettuce, *Pistia stratiotes*. Pools are epoxy-coated and two are tinted with Little Giant pumps.



Tom Pritchard, above right, and William Jarecki, left, share this garden near their Madderlake plant shop in Manhattan's Greenwich Village. (They will soon open a new shop at Bonwit Teller.) They specialize in plants that thrive in city conditions, but, as Mr. Jarecki puts it, "Within a plant family that we know is good for apartment growing, we try to bypass the more common varieties. If someone wants a large philodendron, we might suggest *Philodendron elegantissimum*. We like plants with character." Mr. Pritchard is also a partner in the architectural firm, Pritchard-Swa Associates, which designed the garden and shops. "Horticulturally and architecturally," he says, "what we're really interested in is problem solving, finding the most intelligent, attractive, livable answers for people who care about living with plants." Their original store, like their garden, has rough wood walls, a small waterfall, uncommon plants, and is a place you'd like to live in or give a party in. It's a gathering place for plant buffs, and even the windows educate. Passersby might see a grouping of 15 kinds of fern or 11 kinds of *Ceropegia*—all with botanical labels and growing instruction



Hardy and tender ferns grow in raised bed shaded by ailanthus tree. A mulch of moss covers pots and ground, holding needed moisture.



Shelf garden in cedar fence screens neighboring view without blocking breeze. In summer it holds part of begonia collection of 150 varieties, some gesneriads, and other plants on holiday.



Birdhouse and feeder built into fence are handy to kitchen door. Delicate plant above Boston fern is rosary vine, *Ceropegia woodii*.



Greenhouse, above, for dining amid ferns and flowers, is also home for pet parrot. Movable pot plants, left, from Madderlake shop add color in each season to shady steps and garden.

The first look
at a spectacular
Newport
restoration

Antiques alive



WOMEN'S WEAR
DAILY PHOTO

HEADLINE

A town's history in furniture and decorating

splendid phoenix risen from semi-ruin, the Samuel Whitehorne Museum was built in 1811 as a town house for Mr. Whitehorne, a prosperous shipowner. He was his own architect, and a good one, who worked with Newport's carpenters to get a strong but elegant house in the Federal style. Sadly, it was never finished. Two of the Whitehorne ships were lost at sea, the house was abandoned,

sold at auction, and turned into a polyglot of apartments with a shop on the ground floor. In 1967 it was acquired by the Newport Restoration Foundation, and in 7 years it was ready for public view. Superbly furnished, it is also beautifully livable—one of the few museums that can say, "come in, please, and stay!"

Above left: Doris Duke, Foundation president, who worked personally on the restoration. *Above:* the restored façade. *Far right:* front parlor, glorious with mahogany desk and (insert) chest on chest by Goddard, both with famous carved-shell motifs.







Treasures from around the world enrich a Federal-style house

The Whitehorne House has 15 rooms, some grand, some simple. Since there were no plans to go by, Miss Duke says she and decorator Leon Amar "skinned the house down to its original structure—and used our ingenuity—to get stairs and windows where they belonged." And they combed the countryside for Newport furniture to fill the rooms.

Stamps of the Newport style: mahogany and shell motifs

In the 18th century, Newport, along with Philadelphia, Boston and New York, was the home of some of the greatest cabinetry ever made in this country. Two leading families of designers, Townsend and Goddard, together established a style that was, and is, unique. Its earmarking motifs were the carved shell surmounting a blockfront panel, the ogee bracket foot, cabriole legs, fluted and reeded legs, claw-and-

ball feet, and paw feet. Despite its elegance, however, the furniture was meant for everyday use, not for showing off. Today it's very rare; luckily, impeccable reproductions by Kittinger (there are some in the house) are widely available. The Newport style has become an 18th-century memento that anyone can possess, admire, and dust.

Opposite page and inset: The dining room, brilliant with Chinese hand-painted wallpaper—a reproduction, but a faithful one. A Spanish mirror reflects the glitter of an Irish crystal chandelier; table is a signed Townsend piece; carved arch and cornices rescued from oblivion were under remodeled partitions. China: Canton Rose Medallion and Canton Famille Rose. *Left:* a Goddard kneehole desk, and a gem. *Above:* a tester bed by Goddard, circa 1710, with a coverlet of Indian palampore.

P ractical side
of the house,
warmed
by color
and crafts

One of the most refreshing aspects of the Whitehorne house is the way it changes moods. One has only to climb the stairs or walk down the hall to find small new worlds that have nothing to do with the impressive sheen of the main rooms. The furniture changes. Always the best of its kind, it becomes simpler, more down to earth. Maple and pine replace mahogany; pewter takes the place of silver. The wallpapers, although they remain true to the period, are gayer, less formal. There is even a note of whimsy in the air, evoked through wonderful old quilts, collections of baskets, amusing old crocks, hooked rugs, needlework. These are signs of a way of life that was built out of the best of



Signs of
the simple life:
pine and maple
furniture,
lively pattern

two worlds, the elegant and the practical, a way of life not at all impossible to emulate today. Bedroom, *inset*, above, whose most valuable occupant is a

slant-top desk made by the Townsends. The alcove bed, *right*, all pattern: flowered arabesque wallpaper, harlequin quilt, and an extraordinary pillow of hooked wool, needlepoint, and appliqué.

Inset, below: Another bedroom with its jewel—a Townsend chest made before 1750. *Far right:* The winter kitchen: pine and maple furniture, and (*in inset*) a pantryful of old kitchenware worth a collector's detour.

The Samuel Whitehorne House is open to visitors by appointment only, Thursday through Monday, 10-12, 2-4. Admission \$2. 416 Thames St., Newport, R.I. (401) 847-2448.

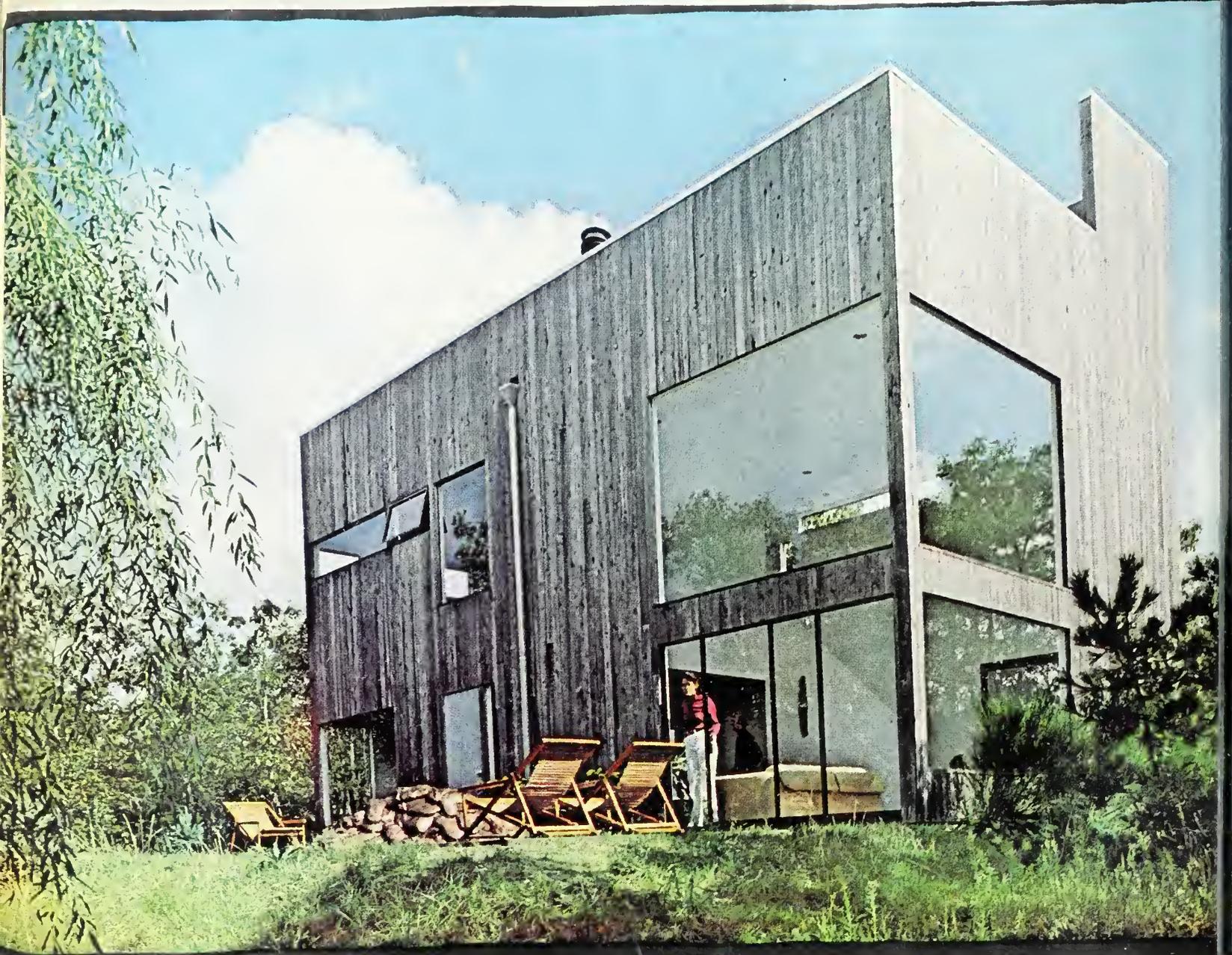
BEADLE



Antiques alive



A sensational one-of-a



HOW TO HAVE AN ARCHITECT-DESIGNED HOUSE WITH A TWO-STORY LIVING ROOM, HUGE EXPANSES OF GLASS, EVEN A ROOFTOP DECK--ALL ON A SMALL LOT

It was a tall order. The owner wanted a house with a feeling of openness (but with privacy), big rooms, and a great sense of style. All on a \$30,000 budget. Architect Peter Hoppner accomplished it. Built two years ago, the handsome 1,100-square-foot structure cost \$29,200--not including the cost of the land (\$4,800) or a ground-level terrace added later (another \$1,200). Here's how he did it:

HE KEPT THE SHAPE SIMPLE. Complicated forms are expressive and beautiful, but they are often expensive to construct. This house is a single box, 20 by 36 feet, and 27 feet high--simple but by no means uninteresting.

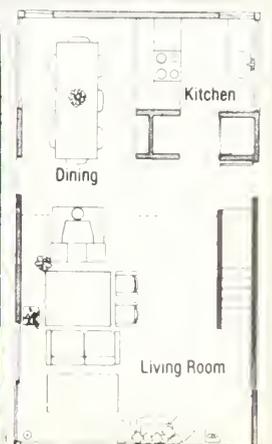
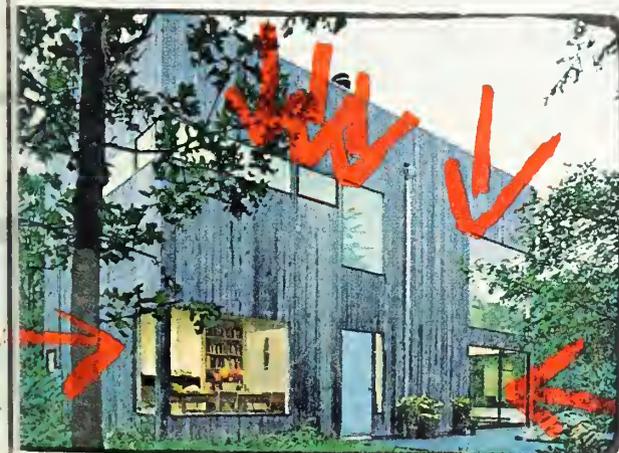
HE CONCENTRATED ON SURFACES, with big glass doors and windows. Raising fixed-glass windows above floor level permitted use of less costly untempered 1/8-inch glass (without solid framing such glass would be susceptible to wind damage--as it is, it has survived one hurricane already). Windows are angled together at corners, right, which nearly doubles the view of the woods. Exterior siding is inexpensive-grade cedar punctuated by a balcony that visually emphasizes the door, far right.

Kind house for \$30,000

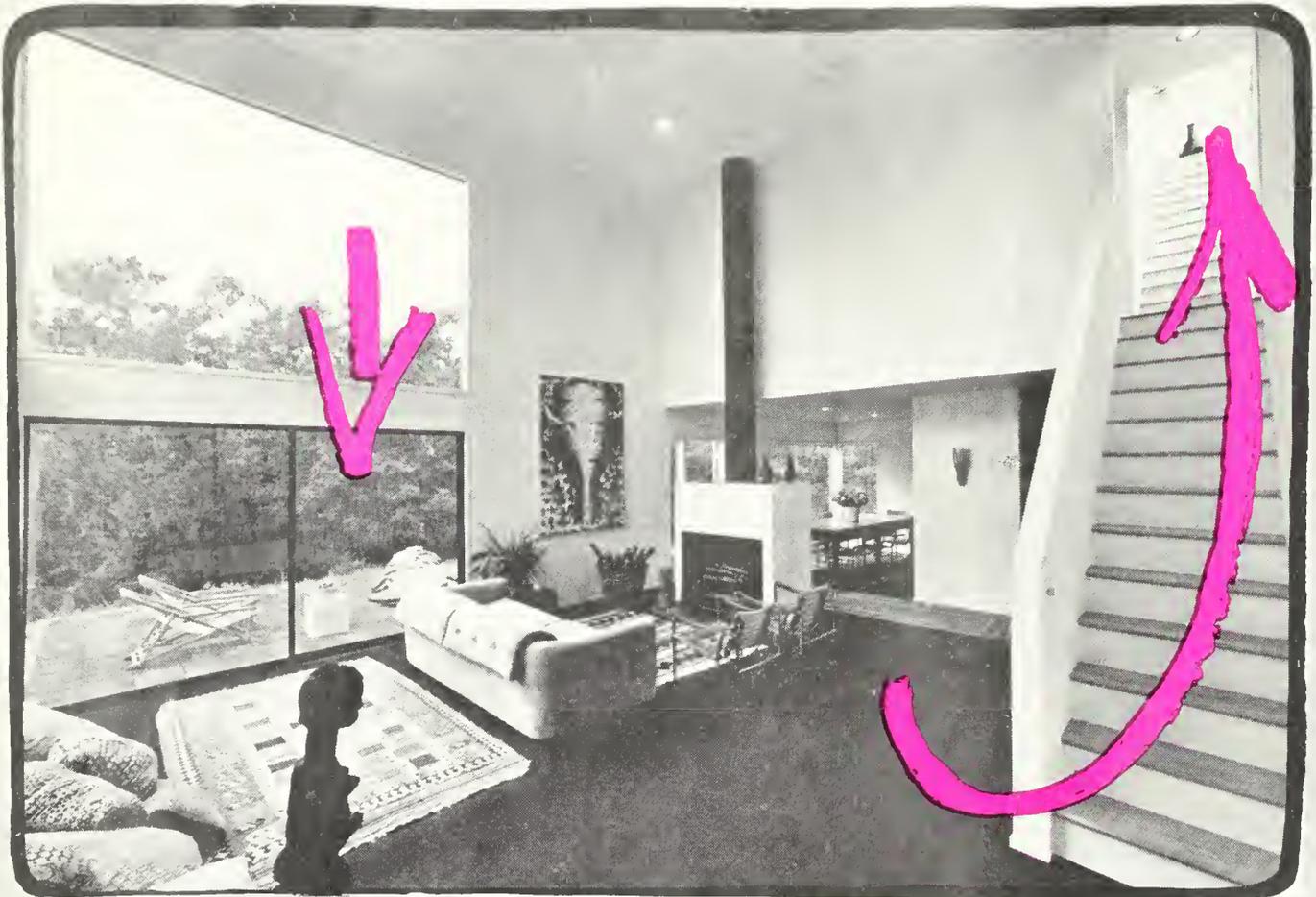
ELLIOTT ERWITT



WE USED THE HEIGHT OF THE HOUSE TO MAKE SMALL SPACES SEEM LARGER. Opening onto the woods, the glassed-in living room feels bigger than it really is, largely because of its double-height ceiling and windows stacked one on top of the other. The exposed round chimney--dark against the all-white walls--also towers to the full height of the house, above. For building materials and equipment, see page 108.

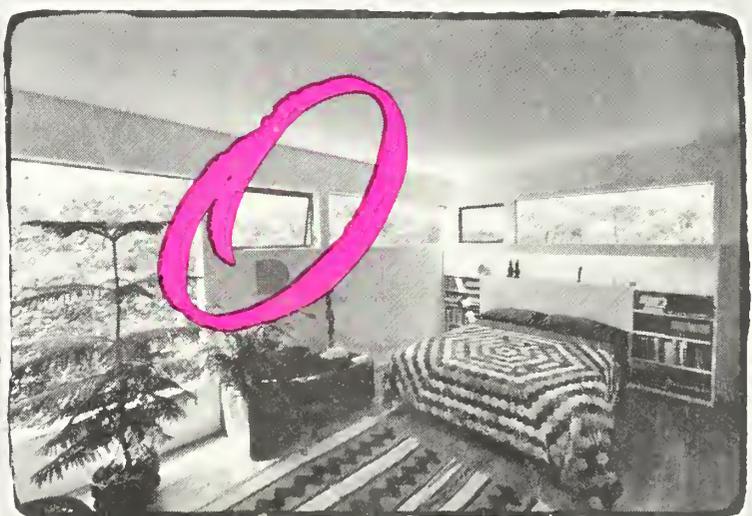
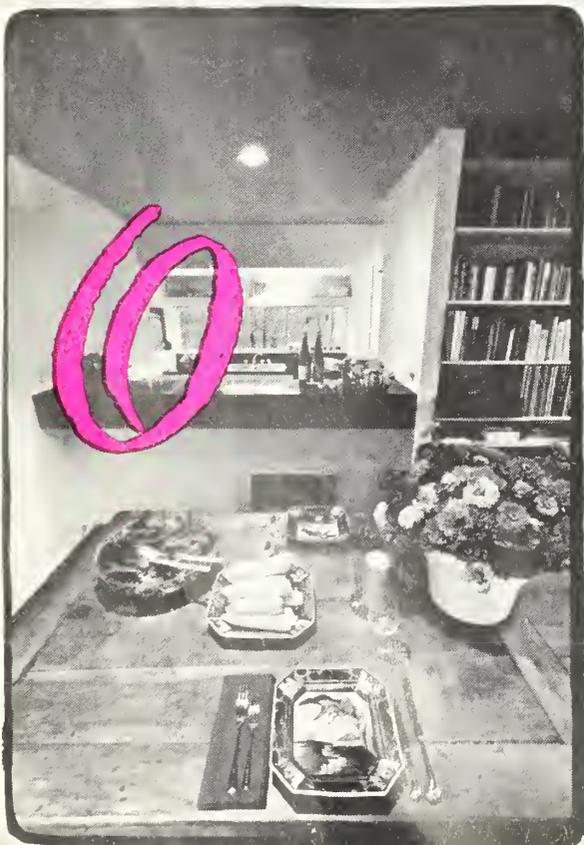


Cost-cutting ideas for



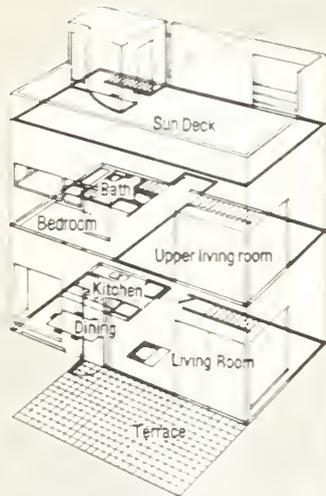
HE TURNED THE STAIRCASE INTO A SOURCE OF VENTILATION. The continuous staircase, above, rising gracefully from ground floor to rooftop, works like a giant flue to remove summer heat. The glass doors are placed strategically across from the stairs to ensure proper ventilation year-round. The stairway's gradual upward flow--from living room past huge glass windows to the outdoor roof deck (see photo preceding page, lower right)--makes an exciting "progression out of a mundane architectural element," Mr. Hoppner says.

ELLIOTT ERWITT



BECAUSE OF THE CLEVER VENTILATION, HE COULD DO WITHOUT WINDOWS THAT OPEN--and there aren't any except for two artfully placed in the bedroom, above, and one each in kitchen, left, and bath. Fewer operable windows save construction costs.

more inventive living



HE CREATED "ROOM SPACES" INSTEAD OF ROOMS. With the exception of the enclosed bedroom and bath, the house is a series of spaces that flow together, yet are well defined. The dining room, for example, opens onto kitchen and living room, but it is clearly defined by cabinets, kitchen counter, and fireplace, above. Low ceilings in the kitchen-dining area contrast sharply with the double-height living room to further separate the two spaces. On the fireplace, two Dogon pottery figures. On the wall beyond, a Ralph Humphrey painting. Plan, above left, shows rear view of the house with ground level terrace opening from living room and rooftop deck.



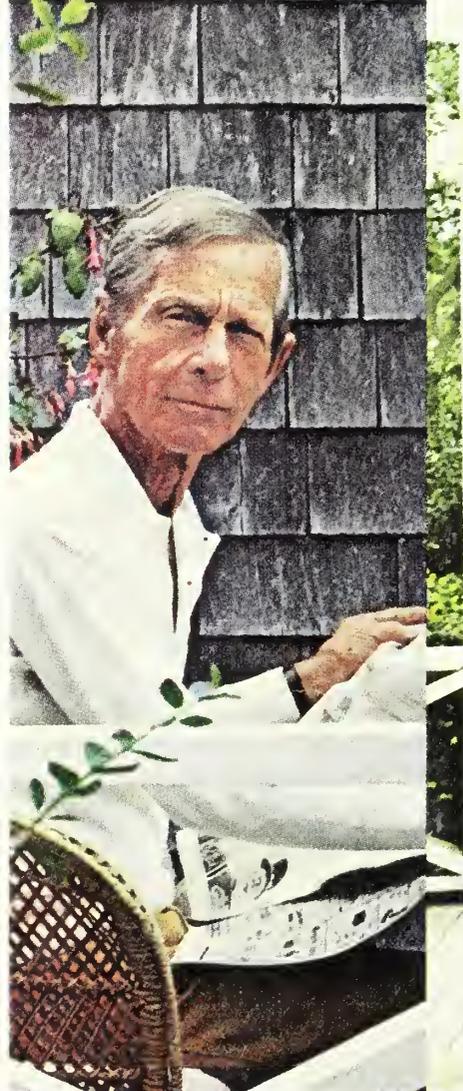
HE EVEN PUT THE ROOF TO WORK. The rooftop became "a private place for sunbathing and catching the breeze--something not normally done in small houses on small lots," Mr. Eppner explains. This deck, above, is enclosed by a wall of solid cedar siding, broken on the street side by a large unglazed opening. Facing the private wooded backyard, the deck, at treetop level, is bound by a low parapet that permits a "surrogate ocean view...the rolling green treetops go off uninterrupted to the horizon."

*"Small sca
never mea
small style*



What does Billy Baldwin, who has designed a dazzling array of houses over the years with rooms as big as ballrooms,

do when faced with a space as small as a Nantucket fisherman's cottage? It's his own private hideaway, with a living room barely 15 feet square, the bedroom not much bigger, two tiny bathrooms, and a hallway—"the most important architectural element in the house," according to Mr. Baldwin—separating the two main rooms. Baldwin's first law of small spaces is, "paint everything the same color (in this case it's white; in his one-room apartment in New York, it's dark brown)." But he has other hints as well: "Use blinds (here, painted white) instead of curtains. Place large mirrors in strategic positions to reflect space. Use color and patterns sparingly; and concentrate on uncluttered furniture. When you're living in small spaces, the thing to remember above all," says the decorator, "is to SIMPLIFY."



Billy Baldwin talks about

decorating for small-space living

Tiny Nantucket cottage, above, with spacious interior by Billy Baldwin. Airy living room, right and right top, with Baldwin daybed and slipper chair covered in off-white cotton fabric from Nantucket Looms; custom-made bleached oak chest with brass-framed mirror above it; white Formica tables; Karl Springer movable telephone table; paintings by Nantucket artist Keith McDaniel.

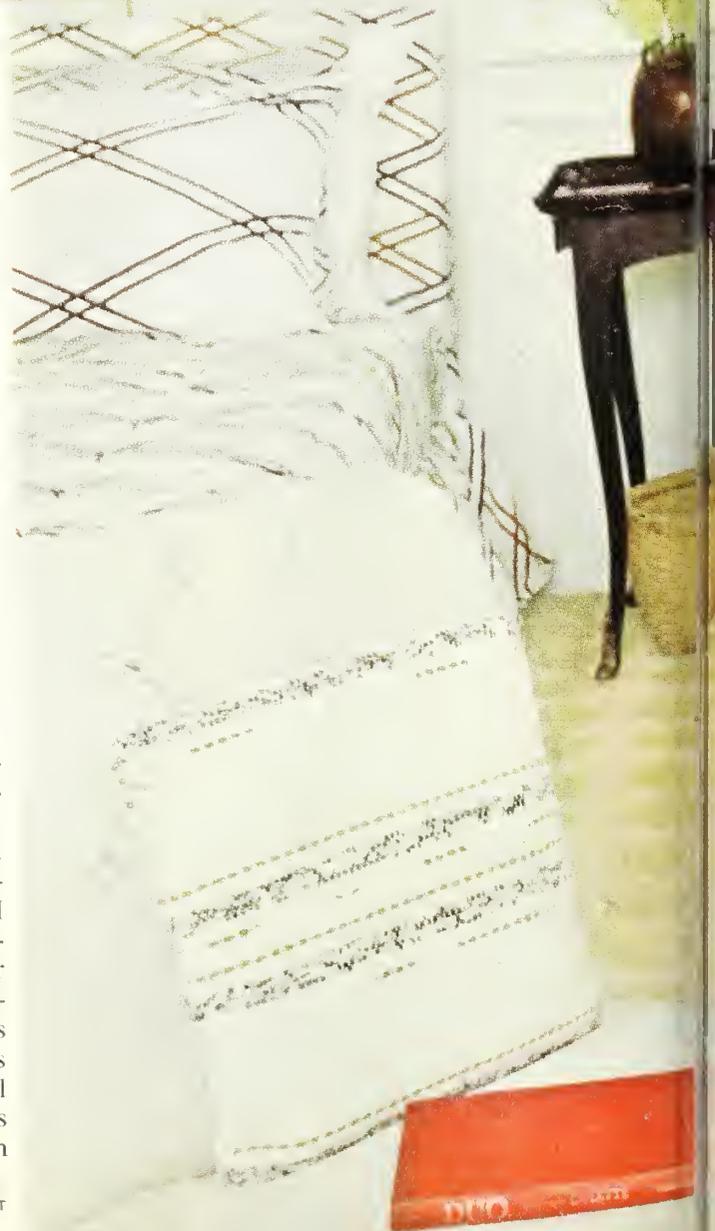
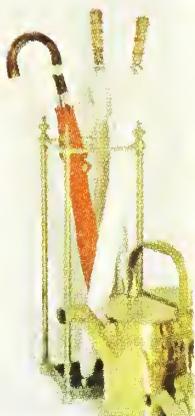




“Keep everything simple, that’s the secret”



In Mr. Baldwin’s simple office, above and right: the right wall is all storage. He even gets mileage from the ceiling, where he’s hung an old map of Nantucket island. The bar, top right, tucked away at the end of the hall, with storage drawers beneath. Opposite the front door, right, umbrella stand with colorful umbrellas and English brass watering cans. Bedroom, far right, with black lacquer Louis XV table between the beds with book basket beneath; brass horse silhouette on chest. Outside, below and opposite page, bottom,



wooden outdoor furniture, locally made wind chimes, roof trellis for eventual roses, carved deer head originating from a French inn.

Billy Baldwin’s tiny bedroom is enlivened by the large but simple pattern of the sheets he has just designed for Wamsutta. Otherwise the room is all beige and white, with touches of brass, as is the living room. In an alcove off the living room is a tiny office, *top left*. The bar, *top right*, is in the hall. “Small-space dwellers must learn to be meticulously neat,” says Mr. Baldwin. “Everything has to be in its place. People on boats also know this discipline. Find storable furniture—I have folding tables to eat on, for instance, and a stool that tucks under my desk.” To entertain, Mr. Baldwin moves outside, *left and opposite page, bottom*, where guests enjoy lunch under the shade of the maple tree. His little garden always has something in bloom—all year round. Wamsutta’s 100 percent cotton sheets “Elevation” collection designed by Billy Baldwin available in stores now.



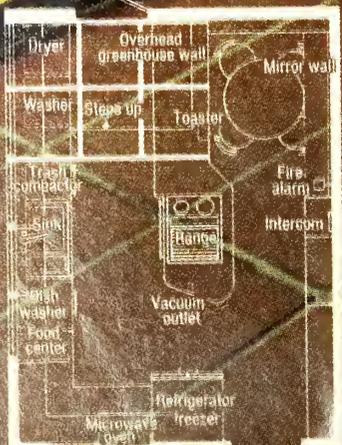
Look what you can get in an 11-by-15-foot space

Super Kitchen



What's in it

- Storage: 123 cu. ft.
- Easy-care laminate surfaces inside and out
- Dishwasher with energy-saving dry cycle
- Refrigerator-freezer with energy-saving insulation and anticondensation
- Quick-cooking microwave oven
- Grill-range with energy-saving convection oven
- Cook-work-serve peninsula
- Dining space
- Greenhouse wall
- Laundry center





The secret of our 1977 Super Kitchen is a wide-open look in what is actually super-tight space. Every inch, every detail, is designed to do double duty—to work in a house or apartment whether you're remodeling or building from scratch. Super Kitchen's architects, Stephen Potters (at the table) and Tod Williams designed the kitchen around a new group of cabinets by St. Charles, all compartmented to give you a head start on storage, and completely covered inside and out with easy-care Formica laminate and panels.

Reflected in the mirrored wall behind the dining table, a supper party to celebrate Super Kitchen '77. With the designers, Mrs. Benita Potters, and Devon Fredericks, who prepared the meal right in the Super Kitchen. For all the little kitchen's big ideas, turn the page.

Super Kitchen '77

Concentrated space is the key to making every inch of this kitchen function logically and efficiently. And yet . . . "there's an apparent generosity of space for a casual, comfortable feeling," says Tod Williams, one half of Super Kitchen's design team. The kitchen is intended to be the action center of the house or apartment. And it gets plenty of action. The outdoor entrance opens immediately onto a combination laundry-greenhouse-mud room, *opposite page*; open shelf doubles as counterspace for folding clothes, potting plants, groceries. A wall of real greenhouse glass lets the sun pour in through the top. Up two steps and into the main area where a 10-foot Formica laminate-topped working peninsula divides the kitchen in half—one half for cooking, the other for dining. The peninsula, *right*, contains a Jenn-Air drop-in electric grill/range with an energy-saving convection oven. To each side of the range, ample work space for food preparation and serving—counterspace extends down to the laundry. Pullout storage drawers at the peninsula's base are deep and roomy for baking equipment. On the dining side of the peninsula, a built-in toaster by Modern Maid.

Potatoes bake in 6 minutes in the microwave oven. Topping by Devon Fredericks, a professional cook who also does food for parties: in each potato, a pat of sweet butter, 2 tablespoons sour cream, and "as much caviar as your conscience tells you." Shopping information, page 108.

SUSAN WOOD



Built-in toaster

Self-venting drop-in range with interchangeable cooking elements, convection oven

Inlet for built-in central vacuum system

The action



Adjustable track lights

Ledge for folding laundry, gardening, unloading groceries

Extra work space above washer, dryer

center of the house



Super storage

Step-saving storage plan uses every inch of storage space: To the left of the double-compartment Elkay stainless steel sink is NuTone's food center—a recessed motor that powers eight appliances from blender to meat grinder—and in the same corner a curved swing-out shelf that holds the food center's accessories. Beside the laundry, a cabinet with pull-out shelves stores washing products and gardening tools for the Lord & Burnham greenhouse wall. A drawer under the Jenn-Air range holds its accessories.



1 Laundry with greenhouse ceiling



2 Ironing center by Iron-A-Way



3 Baking storage drawers in peninsula



4 Near baking storage, baking work surface



5 Storage cabinets: pantry, utility



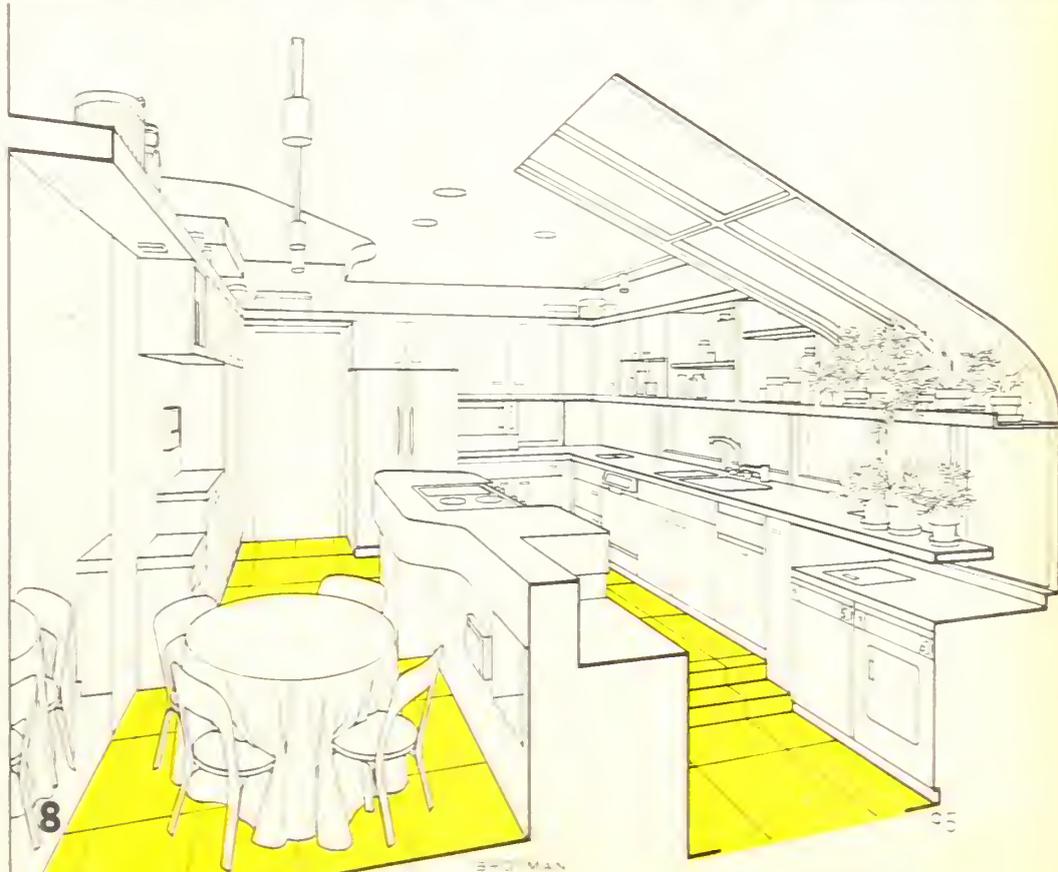
6 NuTone food preparation center with blender



7 Water Pik filter. KitchenAid hot water

Above the cabinets, an extra 13-inch-wide shelf most circles the room. Color leads the eye around the kitchen, too. Against walls of Truitt's House & Garden Creamy Apricot with a white trim, two tangy colors—Formica's Lemon Twist and Tahiti Orange—alternate on St. Charles cabinets and the front panels of the KitchenAid dishwasher and trash compactor. Also on a Whirlpool compact washer-dryer, the Magic Chef refrigerator (freezer customized to match the cabinets and counters), and the Formica high-pressure laminate used for countertops and vertical orange surfaces. And new, low-cost Formica "MCP" panels—few they come in just a few colors—were used for vertical surfaces and all cabinet interiors. Lighting comes from downlights, undercabinet fluorescents, all by Thomas. Kentile slate-tiled, oversized, vinyl floor tiles. Tablecloth, Schwegel fabric.

Peninsula, right, splits kitchen: dining side with colored wall, action side with greenhouse-dry. Far left: Modular greenhouse comes in size to fit any space. Left: china above Tappan microwave oven, storage drawers below. Shop for information, page 108.



8

THE NEW LOAD-AS-YOU-LIKE KITCHENAID DISHWASHER.



The dishes come clean no matter who loads them.

The new KitchenAid Superba is a very thorough, very forgiving dishwasher.

That's because it has some very practical improvements that let anybody load it practically any way they want to and still get everything clean. Even pots and pans.

Load-As-You-Like washing, a series of improvements. These improvements are the basis for the new Load-As-You-Like washing system. They combine washing arms above and below both racks for all-around cleaning action, with an adjust-

able upper rack and fold-down prongs for easier loading. There's even a Soft Waste Disposer that eliminates the need for pre-rinsing, even on pots.

The new KitchenAid is even better.

Loading a KitchenAid has never been easier, and cleaning with a KitchenAid dishwasher has never been better. You'll like it. No wonder people who own dishwashers say KitchenAid dishwashers are the best.



KitchenAid
People say it's the best.

A place to live
continued from page 55

consider the time it will cost you to get to work, the taxes you'll have to pay, the cost of goods and services in the area, the Joneses you'll have to keep up with, and the time you'll be expected to spend on community affairs. Considering the time and money involved, you'd be wise to make sure that your expectation and budget match what you're buying.

Now for the house itself: As the cost of construction goes up, builders have two choices—price themselves out of the market or shave costs. Odds are that they'll shave costs by building smaller houses with fewer frills, such as garbage disposal units and built-in dishwashers. Still, a few builders are putting up poorly built houses, something that some professional builders associations are admitting with chagrin.

Hence, you'd be wise to look at any new house with a very critical eye. If you don't, you could wind up spending a lot to fix some nasty surprises like leaks, buckled floors, and huge cracks in the walls as the house settles. Here's a 12-point checklist that you might carry with you when looking at a new home or condominium:

(1) The roof: Watch out for shingles that have buckled at the edges or are uneven. If they are, you can expect leaks or wind damage.

(2) Drainage: All the gutters and drainpipes should connect evenly and smoothly. The downspout should extend away from the house for 2 feet at the bottom so that rain water is carried away from the basement.

(3) Elevation: If the house is lower than the street, you'll probably have a damp or even soggy basement.

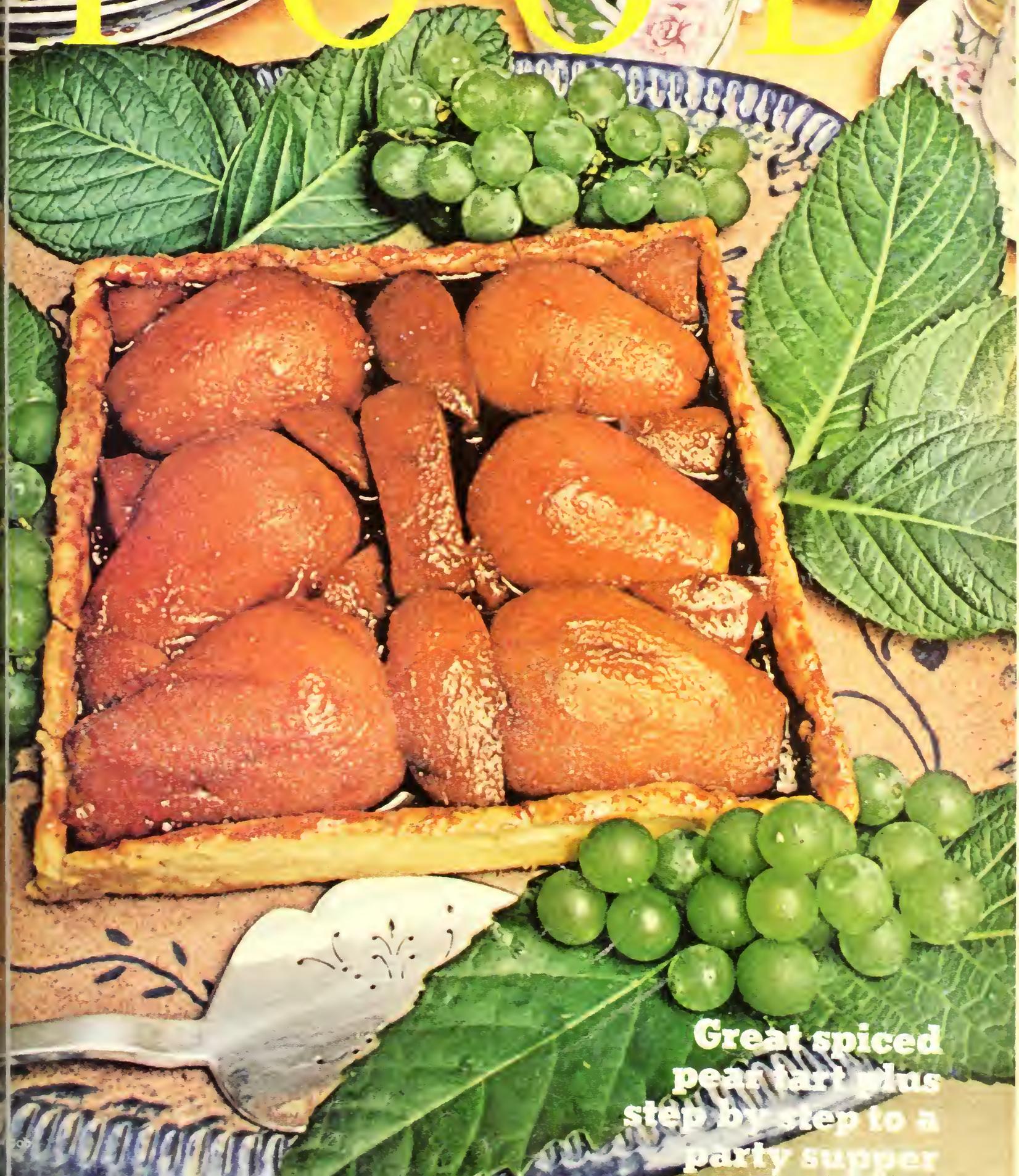
(4) The basement: The wooden framing members on the ceiling shouldn't be more than 16 inches apart. If they are, it's a red flag that the builder is cutting corners in the basic structure. What's more, it will sound like a kettledrum whenever someone walks over floor that's not covered by a carpet.

(5) Ceilings and walls: Check for cracks and water stains. They're sure signs of a leak, which could be difficult and expensive to trace and fix.

(6) Plumbing fixtures: Turn on every faucet and then look under the sink to see if any water is leaking from the pipes. Unconnected or badly soldered pipes under the sink could be a tip-off to the same kind of problem behind walls and under floors.

(7) Door and window edges: You shouldn't be able to see any light around the edges. If you do, you'll suffer from drafts and leaks. In fact, if the house has been on the market for some time, extensive water damage may have already taken place. *(Continued on page 112)*

WINE & FOOD



Great spiced pear tart plus step by step to a party supper

Make an ordinary cake mix extraordinarily moist and coconutty. Make it a JELL-O® Pudding Cake.

The easiest thing about a JELL-O® coconut pudding cake is making it: Just try the recipe below.

The hardest thing is trying to tell that it started with a mix: It's so moist, and so rich in flavor.

The best thing about a JELL-O® coconut pudding cake is that it'll really make a hit at your house.

JELL-O® Coconut Pudding Cake

- 1 package (2-layer size) yellow cake mix
 - 1 package (4-serving size) JELL-O® Coconut Cream Flavor or Vanilla Flavor Instant Pudding & Pie Filling
 - 4 eggs • 1 cup water • ¼ cup oil
 - 1 ⅓ cups BAKER'S® ANGEL FLAKE® Coconut
 - 1 tablespoon heated honey
- Combine cake mix, pudding mix, eggs, water, and oil in large mixer bowl.* Blend; then beat at medium speed of electric mixer for 2 minutes. Set aside ¼ cup coconut; stir remaining coconut into batter. Pour into a greased and floured 10-inch tube or Bundt® pan. Bake at 350° for 50 to 55 minutes or until cake springs back when lightly pressed. Cool in pan 15 minutes. Remove from pan; cool on rack. Brush top of cake with honey; sprinkle with reserved coconut.

*In high altitude areas, add ¼ cup all-purpose flour, increase water to 1½ cups and bake for 55 minutes.



**Bake in moistness.
Bake a JELL-O® Pudding Cake.**

BRAND

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General Foods Corporation.

G F

GENERAL FOODS

Top cooks tell you how to stock your freezer/Make your own rainbow-colored pasta/Easy low-calorie mayonnaise plus 6 great diet sauces from chef Michel Guérard/A 68-bottle celler of California wines for \$350

You take a peek in the freezers of some of the country's top cooks, you'll find some intriguing packages, from a ready-to-bake soufflé to homemade mayonnaise. Freezer staples for top cooks include homemade stocks of chicken, beef, and fish; tomato sauce; pasta frozen in ice trays; ice cubes stashed in Bag-it or small stackable plastic containers; nuts that stay fresh much longer; bread and crumbs, tart shells, puff pastry, and sweet butter. How to make the best use of your freezer. Save money, and ingredients by squirreling away vegetables, fruits, and nuts while they're plentiful.

Julia Child

French chef
author of *From Julia Child's Kitchen* (Knopf)

Egg whites in a jar: "When you whip up in a specific way."

Egg yolks: "I beat three yolks together with a little salt, freeze in a plastic tray. Defrosted, they must be used in a blender or food processor; good for Hollandaise or mayonnaise when a fresh egg yolk added."
Homemade mayonnaise: "Thaw and beat in food processor or blender with a little Dijon mustard."

Selection of bones for stock: "I cut most of the fat off first for loin strips. Defrost enough to bend them: sea scallops and broil—juices stay in the pan. For thicker steaks, broil on each side; bake, basting and turning constantly."

lima beans
Herb bits of cheese, grated:

Meal-making ideas from the freezer

50 great tips for freezer storage from top cooks



By Jane Ellis

One bag for Cheddar and Swiss-type cheese, another for Parmesan.

Fresh ginger

Shallots: "By accident I discovered that shallots sealed in a plastic bag freeze well. When removed, peel and chop within 3 minutes, or they mush."

Maurice Moore-Betty

Runs one of the country's best cooking schools and author of *The Maurice Moore-Betty Cooking School Book of Fine Cooking* (Arbor House)

Chicken, beef, veal, and fish stock

Chicken breasts

Baking chocolate

Whole-wheat pita bread

Egg whites (frozen separately in individual plastic ice-cube cups)

Fresh frozen fruits—raspberries, blackberries, currants

Peach purée for puddings and ices

Fresh unblemished tomatoes: "Tie separately in plastic bags. Perfectly good tomatoes for sauces in winter. Easy to store

once frozen; they're like tennis balls."

Brown sauce

Butter and caper balls: "Blend roughly chopped capers with softened butter, roll into balls; good in hamburgers."

Frozen desserts—tortoni, Grand Marnier mousse

Cheese soufflé, ready to cook: "Ready for the oven in a Corning Ware glass dish. If made in a ceramic dish, leave out of freezer ½ hour before cooking. Cook frozen soufflés twice the usual time."

Vodka, "to keep it cold and viscous."

James Beard

James Beard's new book will be *James Beard's Theory and Practice of Good Cooking* (Knopf)

Nuts: "They last much longer."

Meat steaks from eye of the rib and the eye of the rib roast:

"Good for emergencies and for my new diet regime. I buy them frozen from Omaha Steak Int., 4400 South 96th St., Omaha, Neb. 68127."

Basil leaves: "sealed in a plastic bag."

Smithfield and country ham bits: "I trim little bits of fat, rind, and gristle from the meat; useful for flavoring soups, vegetables. The fat is marvelous for covering a fillet when roasting to add flavor."

Unbaked flan shells: "wrapped in saran to bake frozen for unexpected entertaining."

Marcella Hazan

Author of *The Classic Italian Cookbook* (Knopf), now working on a new cookbook due next year

Pesto: Make pesto in the blender, combining 2 cups fresh basil leaves, ½ cup olive oil, 2 tablespoons pine nuts, 2 cloves lightly crushed garlic, and 1 teaspoon salt. Blend well. Put in jar and freeze. Thaw overnight in refrigerator, then beat in by hand ½ cup freshly grated Parmesan, 2 tablespoons freshly grated Romano pecorino cheese and 3 tablespoons softened butter. Gives the pesto a fresher flavor. Just before serving, thin pesto with a tablespoon or so of hot pasta-cooking water. Serves 6.

Homemade broth frozen in cubes: "Can be used for quick meal by adding *Passatelli*." On a cutting board, combine ¾ cup freshly grated Parmesan, ⅓ cup fine, dry, unflavored bread crumbs, and ¼ teaspoon nutmeg, or more to taste. Make a well in the center and break in 2 eggs. Knead all together; it should have a granular consistency. If it is too moist, add more Parmesan and crumbs.

Continued on next page

From left to right: Julia Child, Maurice Moore-Betty, James Beard, Marcella Hazan, José Wilson, Julie Dannenbaum, Richard Grausman, Helen Corbitt, Edna Lewis, Steve Bierman.

Continued from the preceding page

Force the mixture through a large disk of a food mill directly into vigorously boiling homemade broth (about 7 cups). Cook at a slow boil 1-2 minutes. Take off heat, let sit 4-5 minutes. Serve with freshly grated Parmesan on the side. Serves 6.

Ragu, Bologna style: "Make quantity; freeze in small portions."

RECIPES ARE FROM "THE CLASSIC ITALIAN COOKBOOK" BY MARCELLA HAZAN, ALFRED A. KNOPF

José Wilson

Wine and food writer, currently working on her own cookbook

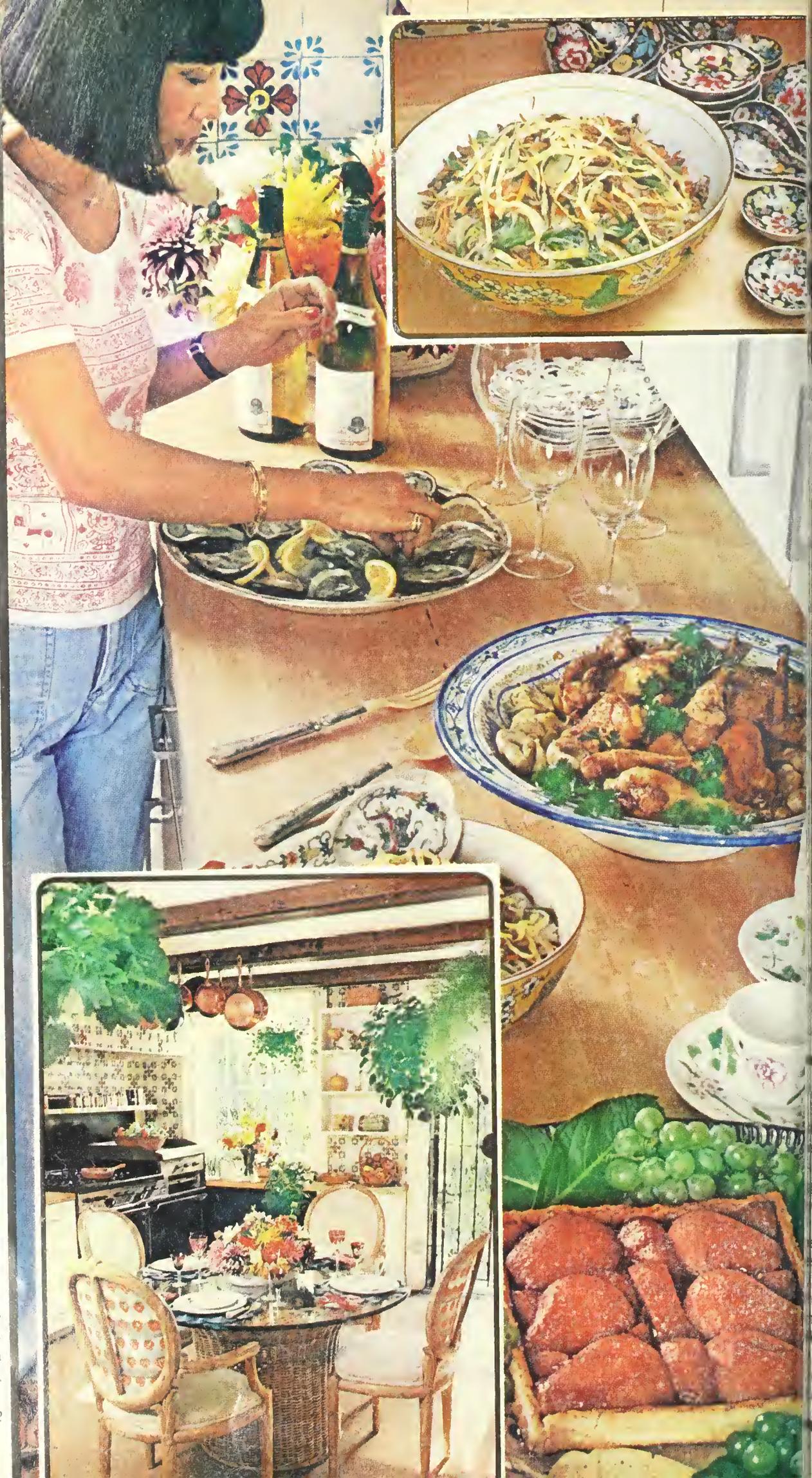
Chicken stock: "I always buy a whole chicken when I need parts. I use the carcass and giblets for stock. Add a piece of ginger root, slice of lemon peel, celery leaf, parsley, peppercorns, and a small onion, which gives a delicious flavor. Season with salt after it comes to the boil and is skimmed."

Pesto: "Freeze it in cubes and containers. Very good in vegetable dishes like sautéed zucchini, or in a dressing for tomatoes."

Herb butters: parsley, tarragon, rosemary, chervil, coriander, chive, snail butter (parsley and garlic). "2 tablespoons chopped herb to 6 tablespoons sweet butter, plus a touch of salt. Freeze in ice-cube trays or in a block, then cut in squares. Wrap in foil or plastic and take out as needed. Pop on cooked vegetables or broiled tomatoes."

Green peppercorns: "Drain green peppercorns, put in a small jar, cover with water and freeze. Green peppercorn butter is great flavoring for risotto, cooked rice. Mix it into reduced juices from poached fish, add heavy cream; makes a lovely sauce for halibut, sole, swordfish."

Continued on page 122



menu spiked with Oriental dishes to look in an afternoon, from an enthusiastic stress who learned to cook by doing and eating. Cathy Hardwick shares recipes, tips, and planning for a delicious party.

Plan-ahead party, last-minute cooking

As people arrive for dinner at 7:30, Cathy is in the kitchen, looking for a lock expecting glorious food, a pretty table, a relaxed hostess. Cathy will be dressed up: "It's more important that way," says fashion designer Cathy Hardwick. And they are never disappointed, even though Cathy Hardwick reverses conventional wisdom and does all the cooking at the last minute: "I don't like the taste of food prepared way ahead."

The menu is planned the day before on the telephone with the florist and fish market, when Cathy finds out what is freshest and available. The day of the party, Cathy Hardwick buys fresh fruit and vegetables before work or on the way home. Oysters and beef are delivered late in the afternoon, so they won't have to sit in the icebox too long. The caterer accepts delivery, Cathy prepares vegetables and fruit "so all I have to do is chop." When it is all prepared, the evening goes very fast," says Cathy. She makes the pastry for the delectable pear tart the night before, then poaches the pears the

afternoon of the party, and assembles and bakes the tart just before dinner so it can be served warm. For a dinner like this one, Cathy comes home about 3:30, setting the big table in the kitchen between cooking steps. She begins cooking the chicken and beef

MENU FOR 8

Oysters on the half shell with tangy sauce

Fired beef strips on skewers

Sautéed chicken with shallots and artichoke hearts

Noodle and vegetable salad

Bread, cheese, fresh fruit

Spiced pear tart

Coffee, tea

Blanc de blancs

Liqueurs

about 7:45, for dinner at 8:45. "I only serve one drink before dinner"—conversation comes afterwards when the party moves for dessert, coffee, and liqueurs to the dining room, closing the door on the dinner dishes. "Since my guests come expecting good food

Continued on page 106

Cathy Hardwick's son Anthony, 11, watches—hoping, no doubt, to help with the tasting—prepare her fired beef skewers. The kitchen's beamed ceiling provides a handy place for hanging pots, plants, baskets. Cathy Hardwick arranging oysters, beef, and noodle salad on the kitchen counter, left. Noodle salad insert top. Spacious kitchen in the city, insert top, decorated with the help of Cathy Morris, opens onto garden. Cathy's chairs, The Wicker Works; Cathy's floor fabric, Cathy Knor Larsen.



EASY LOW-CALORIE MAYONNAISE PLUS 6 GREAT DIET SAUCES



FROM FRENCH CHEF MICHEL GUÉRARD

There's no need to give up sauces on a low-calorie diet. Just learn to make them a new way, suggests Michel Guérard, France's super chef who has evolved a new approach to French cooking, *la cuisine minceur*, at his innovative spa Eugénie-les-Bains. Here are his new recipes for super low-calorie mayonnaise (just 32 calories a tablespoon) and béarnaise (68 calories a serving) from his about-to-be-published book, *Michel Guérard's Cuisine Minceur* (William Morrow). Guérard's favorite salad dressing is also included, as well as an asparagus purée sauce for vegetables, a parsley sauce for fish, and an apple-lemon sauce for poultry.

Fromage blanc

"Like *crème fraîche*, *fromage blanc* is used primarily to finish sauces. We used American 'diet' ricotta as a base in the recipe below." Seasoned, it can be used as a dip.

INGREDIENTS

1½ cups (15-ounce jar) low-fat diet ricotta cheese
4 level tablespoons low-fat yogurt
very small pinch salt

METHOD

Put ricotta in the container of an electric blender. Add yogurt and salt.

Blend the mixture at high speed and taste several times. The objective is to purée the ricotta until there is no trace of graininess left in the texture. Keep blending until this happens. If you have trouble, the ricotta is not fresh enough; check the last sale date on the bottom of the jar when you buy it, to be sure the date is a good month away.

Store the *fromage blanc*, covered, in the refrigerator for 12 hours before using. Makes about 2 cups. About 26 calories per tablespoon.

Low-calorie mayonnaise

This is a very light mayonnaise, which, however, should be used sparingly, as it does contain both egg yolk and oil. Use it on top of and with salads, especially vegetable salads, or salads dressed with vinaigrette.

INGREDIENTS

1 large egg, separated
1½ teaspoons Dijon mustard
¼ teaspoon salt

grinding white pepper or pinch of cayenne

2 tablespoons peanut oil
2 tablespoons olive oil
1 teaspoon lemon juice
2 level tablespoons fromage blanc

METHOD

In a bowl beat together with a whisk or an electric beater the egg yolk, mustard, salt, and pepper. Very slowly add the oils, beating constantly. As the mixture thickens, add the lemon juice a few drops at a time to thin out the sauce a little. When all the oil has been added, gently stir in the *fromage blanc*.

The recipe may be prepared ahead to this point. Shortly before serving, beat the egg white until stiff and fold it gently into the mayonnaise. Since you may not need the full quantity of the recipe at one time, you may fold only half the beaten white into half the quantity of mayonnaise and save the remaining sauce to use another time with a freshly beaten white. Makes about ¾ cup. About 32 calories per tablespoon.

The preferred minceur salad dressing

Michel Guérard's salads are served as a first course, on individual plates with 3-4 varieties of lettuce and a combination of seafood and vegetables, grapefruit, or just vegetables.

INGREDIENTS

5 tablespoons fromage blanc
2 tablespoons wine vinegar
1 tablespoon soy sauce

Continued on page 107



... Rainbow colors give a spectacular new look to a simple pasta dish. Turn noodle red with beets or green or brown with spinach or a dash of cocoa. Colored pastas take simple sauces like cheese and cream or peas with ham. Here's how to do it all, from the dough up, in a step-by-step guide from Il Salumaio, a famous for its made-that-morning pasta

Rainbow pasta

Colorful noodles to make yours and wonderful ways to serve t



Rosettes of homemade noodles, colored with beets, left, spinach, above, and cocoa, below left. Top, sauced with ham, peas, and cream.

Tagliatelle colorate

INGREDIENTS FOR YELLOW (NATURAL)

- 2 cups flour (freshly ground flour is easiest to work with but not always easy to find)
- 3 eggs
- 1/2 eggshell of water

INGREDIENTS FOR GREEN

- 1 1/2 cups flour
- 2 tablespoons cooked spinach, drained and chopped (use leaves toward center—the darker ones—which are more tender)
- 2 eggs

INGREDIENTS FOR RED

- 1 1/2 cup flour
- 1 medium-sized beet, boiled, peeled, and sliced
- 2 eggs

INGREDIENTS FOR BROWN

- 1 cup flour
- 1/2 cup whole-wheat flour
- 2 eggs
- 1 1/2 tablespoons cocoa

METHOD FOR MAKING NOODLES

On a large slab of wood (a wooden kitchen table suffices) make a ring of the flour.

For the colored noodles you

can either put the eggs, water, vegetables or cocoa in a bowl to mix before adding to the well in the flour; or you can mix eggs and other ingredients well and work together with fingers. The blender is easiest.

METHOD FOR YELLOW. Add eggs and water together.

METHOD FOR GREEN. Add spinach to blender with eggs and water.

METHOD FOR RED. Chop beets and add to blender with egg mix well.

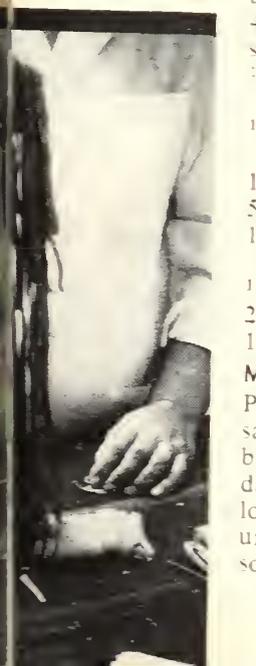
METHOD FOR BROWN. Put flour and cocoa in blender; mix v



Colored noodle dough rolled up to dry; folded to be separated into colored rosettes before cooking

blended ingredients
center of the flour
and start kneading.
ing the ingredients
her. When you begin
ork the just-mixed (or
ed) ingredients into
our it may seem dry;
add 1-2 tablespoons
ter. After 5 minutes,
d a veil of oil on the
s of your hands to
elastizize the pasta.
ne to work it for at
another 15 minutes.
nate drafts in the
area so pasta will
"age" or dry too
y. Make a ball of
ough, which should
is smooth as marble.
rin to roll out. (If us-
normal American
g pin, which is much
er than the standard
h, cut the pasta ball
bf so that it will flat-
enly.) Roll out until
pasta is as thin as pa-
very once in a while
pling a bit of flour
p it spread.

ce the sheets of pas-
f on a linen table-
or sheet and allow
d for about 15 min-
f it's too dry it will
le when cut). To
p each pasta sheet,
over the narrower
nches, then contin-
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ise into 1/4-inch
After about every
s, stop, and pick up
vious strips, shak-
little and allowing
to fall in little
s or rosettes.
er the rosettes with
n dish towel until
for boiling. Home-
pasta should be
as soon as possi-
you must wait, you
event its drying out
maximum of 48
by turning the cov-
osettes over every
a while. Serves 8.



COOKING INSTRUCTIONS
PASTA
Bring a big pot of salted water to the boil; drop in pasta, which will go directly to the bottom. It will rise quickly, and when it does it is cooked, so remove instantly. This takes about 2 minutes if cooked the day it's made. If cooked a day later, you need about 5 minutes of boiling time. Rinse immediately under cold water.

Sauces
Parmesan and butter sauce

A not unusual sauce, but always delicious and uncomplicated. Dot pasta generously with butter and sprinkle well with freshly grated Parmesan. Serve instantly.

Sauce with peas and ham
INGREDIENTS

- 1/4 pound butter
- 3 pounds fresh peas, if in season, or 2 boxes frozen, cooked
- salt, pepper to taste
- 1 pint heavy cream
- 8 slices cooked ham, chopped
- 1 cup Parmesan, freshly grated

METHOD
In a quart-size saucepan melt butter; add cooked peas, salt, pepper. Heat about 5 minutes; add heavy cream, ham, and 2 tablespoons Parmesan. Cook for another 4-5 minutes and pour over just-cooked pasta. Serve hot with remaining cheese.

Cheese and cream sauce
INGREDIENTS

- 10 small mushrooms, cleaned and chopped
- about 1/4 pound butter
- 4 tablespoons water
- salt
- 1/2 pound Swiss cheese (imported), cubed
- 1/4 pound munster cheese, cubed
- 1 pint milk
- 5 egg yolks
- 1 cup Parmesan, freshly grated
- 1/2 tablespoon flour
- 2 hard-cooked eggs
- 1 pint heavy cream

METHOD
Put mushrooms in a small saucepan with a bit of butter, the water, and a dash of salt. Cook over low heat about 4 minutes until moisture is absorbed. Set aside.

Continued on page 111

How to put together a cellar of fine California wines

By José Wilson

California wines seem to get better and better—and there are more and more of them. Many small, quality vineyards are producing fine wines along with the giants. Here are detailed instructions for assembling a California cellar that will give you years of pleasure—a 68-bottle cellar for \$350.

\$350 cellar

CABERNET SAUVIGNON

Each of the following:

Almadén 1973	\$4.15
Beaulieu (Georges de Latour Private Reserve) 1971	\$8.30
Fetzer 1973	\$5.00
Freemark Abbey 1973	\$5.00
Heitz 1971	\$4.75
Louis Martini (Special Reserve) 1969	\$5.50
Mayacamas 1972	\$8.00
Ridge 1973	\$8.50
Robert Mondavi 1973	\$6.00
Sebastiani 1968	\$7.00
Sonoma Vineyards 1970	\$4.32
Spring Mountain 1974	\$7.50
Stag's Leap Wine Cellars 1974	\$7.50
Sterling 1970	\$5.50

PINOT NOIR

Each of the following:

Freemark Abbey 1970	\$5.50
Hanzell 1972	\$8.00
Robert Mondavi 1973	\$5.25

ZINFANDEL

Each of the following:

Fetzer (Mendocino) 1974	\$3.50
Mirassou (Harvest Selection) 1970	\$4.50
Parducci 1972	\$3.00
Ridge (Monte Bello) 1973	\$5.00
Sebastiani (Special Vintage Selection) 1969	\$5.50

OTHER REDS

Each of the following:

Barbera Sebastiani 1974	\$3.45
Gamay Beaujolais Almadén 1975	\$4.75
Merlot Martini 1973	\$3.50
Merlot Sterling 1973	\$7.00
Petite Sirah Ridge 1973	\$5.50
Petite Sirah Freemark Abbey 1973	\$5.50
Gamay Noir The Christian Brothers N. V.	\$4.00

ROSÉ

Each of the following:

Grenache Rosé Almadén N. V.	\$1.99
Rosé of Cabernet: The Monterey Vineyard 1975	\$3.50
Simi 1974	\$3.50
Petite Rosé Mirassou 1975	\$2.75

CHARDONNAY

Each of the following:

Almadén (Vintage Special) 1974	\$4.15
Beaulieu (Beaufort) 1974	\$4.50
Chalone 1975	\$9.00
Château Montelena 1974	\$8.00
Freemark Abbey 1974	\$6.50
Mayacamas 1973	\$7.00
Robert Mondavi 1974	\$6.50
Spring Mountain 1974	\$7.50
Sonoma Vineyards 1974	\$4.00
Souverain 1973	\$5.00
The Christian Brothers N. V.	\$4.00
The Monterey Vineyard 1974 (Late Harvest)	\$4.25

JOHANNISBERG RIESLING

Each of the following:

Chappellet 1974	\$4.50
Freemark Abbey 1975	\$4.25
Joseph Phelps 1975	\$4.75
Mirassou 1974	\$4.50
Wente 1975	\$2.95

CHENIN BLANC

Each of the following:

Chalone 1975	\$4.50
Chappellet 1975	\$4.00
Dry Creek 1973	\$2.95
Paul Masson N. V.	\$2.49

PINOT BLANC

Each of the following:

Chalone 1975	\$6.50
Paul Masson N. V.	\$2.75

SAUVIGNON BLANC OR FUMÉ BLANC

Each of the following:

Concannon 1975	\$3.50
Dry Creek (Fume Blanc) 1975	\$4.25
Robert Mondavi (Fume Blanc) 1975	\$4.50
Sterling 1975	\$4.50
Wente 1974	\$2.75

GEWÜRZTRAMINER

Each of the following:

Almadén 1974	\$3.25
Mirassou 1974	\$4.00

CHAMPAGNE

Each of the following:

Almadén Blanc de blancs	\$6.50
Korbel Nature	\$6.89
Mirassou au naturel	\$7.00
Schramsberg Blanc de blancs	\$8.25
Sonoma Vineyards Brut	\$7.50

\$350

Continued on the next page

California wine cellar

continued from previous page

The days when no connoisseur would have seriously considered stocking a cellar with California wines are long gone. California is now producing many extraordinary wines that can more than hold their own with the best of Europe. Only last May, a blind tasting was held in Paris of comparable French and California varietals, judged by some of the most super-critical palates in France. Two Napa Valley wines, a Château Montelena 1973 Chardonnay and a 1972 Cabernet Sauvignon from Stag's Leap Wine Cellars, came first, besting a 1973 Meursault-Charmes, and a 1970 Haut-Brion and a 1970 Mouton-Rothschild. Remarked Jim Barrett, managing owner of Château Montelena, which had its first grape-crush in 1972. "Not bad for kids from the sticks."

With more of the top varietal grapes available, new wineries starting every year, better distribution, and a constantly growing market of enthusiasts, more really outstanding California wines can be found today than ever before. Even the small wineries with tiny outputs (sometimes referred to in a slightly pejorative way by the biggies as "boutique wineries") strive for a showcase in large cities and their restaurants, carefully allocating a few cases here, a few there.

So while I'm not saying you can find all the best California wines everywhere, there are enough exciting and worthwhile wines around from a large range of wineries to make it feasible and fun to put together a California cellar. The selection I've made covers both wineries with excellent distribution—Almadén, Beaulieu, The Christian Brothers, Wentz, Sebastiani, Louis Martini, Mirassou, Robert Mondavi, and Sonoma Vineyards—and small ones such as Ridge, Chalone, Hanzell, and Dry Creek, whose wines are in limited supply. If you look around, you should be able to find in your nearest major city one or two stores that carry a good selection of premium California wines or will order them for you (providing there is a distributor in the state). Hunt for older vintages of Cabernet Sauvignon and Pinot Noir and unfamiliar labels, and acquaint yourself with what each store has to offer.

A good way to start is with the two great classics, Chardonnay and Cabernet Sauvignon. Many wineries are now making superb examples, so there is plenty of choice. Like white Burgundies, Chardonnays that have been aged in oak are usually improved by being kept a few years. Certainly the best Cabernets, like red Bordeaux, will need at least 9 or 10 years to reach their peak, although some may be ready to drink sooner, depending on the vintage and the winery. While it isn't easy to find older vintages of Cabernet, you should certainly be able to buy the

current vintage we list as being on the market now. When it comes to Pinot Noir, a difficult grape in California, don't expect to find the equivalent of a great Burgundy. Only a few vineyards have ever made a success of this wine, and you won't find many of the very best examples around. You are better advised to try next Zinfandel and Petite Sirah, two reds that, when properly vinified, age magnificently. There are some spectacular Zinfandels. Two other interesting reds are the gutsy, big Barbera, and Merlot—more often used as a blending wine for Cabernet Sauvignon than bottled as a varietal, but now emerging as a very interesting wine in the Bordeaux style.

For current drinking, you should have a few bottles of the lighter red varieties, Gamay and Gamay Beaujolais and, for summer, a selection of rosés. California rosés are improving enormously as better grapes go into them: two to look for are the rosés made of Cabernet Sauvignon and Petite Sirah grapes.

The other top-rated white varietal,

You owe it to your palate to stock your cellar with the best varietals— a balance between wine-growing regions

Johannisberg Riesling (the grape of Germany) makes a delicate, fragrant wine that is best drunk within a year or so. Exceptions are the late-harvest Rieslings that have been affected by the "noble rot," botrytis, and taken on the delicious, dry-honey sweetness of a German *auslese* (some California wineries did call their late-harvest Rieslings *auslese*, but a recent ruling stopped that). These can benefit from bottle age. However, for an alternate white, my preference is for Sauvignon Blanc and Pinot Blanc (also grapes of Bordeaux and Burgundy). A lot of delicious crisp, dry Sauvignon Blanc (sometimes bottled as *fumé blanc*) is coming out of California, and I find it one of the better all-purpose white wines—good as an *apéritif*. Not as many wineries make Pinot Blanc as Chardonnay, but at its best this can be of comparable quality.

Chenin Blanc may be America's favorite white, but it isn't mine. I'm willing to admit, though, that a well-made dry Chenin Blanc can be agreeable. If you prefer Alsatian-style whites, there are some creditable California versions of the spicy, fragrant Gewürztraminer. Then you should certainly round out your cellar with some of the best California champagnes, less expensive than imports and well worth having whenever you feel in need of its liling sparkle.

If all this sounds like an ocean of wine, remember that California produces a

range of over 50 varietals, of which these represent only a small proportion, and that you owe it to your palate to stock your cellar with the best varietals, with a balance between various wine-growing regions and different wineries for purposes of comparison. Of course, you can be selective, based on your own preferences. If you like reds better than whites, or vice versa, stock your cellar accordingly. Consider how you are going to drink the wines—with food or on their own. The lighter, fresher wines may well be your favored before-dinner *apéritif* (white wine sales are running way ahead of red these days for just that reason).

How much and what wine you buy will also depend to a great extent on how much space you can give up for storage. Unless you can set up an adequate, permanent wine cellar in a basement or closet, or a corner of the living room, even four cases of wine can be a crowd—especially if some of them are just going to lie there quietly aging. It is pretty hard to cope with this in a one-room apartment, although I did have a friend whose main furnishings, apart from a table, chairs, and bed, were stacked with cases of wine. Be realistic. If you don't have much space, concentrate on whites and reds you will drink quickly and replace with just a few superb bottles for aging. Store wines, of course, on their sides away from heat, light, and vibration and at an even, average temperature.

Devise some way of identifying the wines and the dates you bought and used them. One writer-about-wine keeps the bills of sale and marks them off as wine are drunk, with comments. Another possibility—keep a wine log, entering the name of the wine, the vintage, where and when you bought it, how much you paid for it, the date opened, and what you and your guests thought of it.

Make a point of buying and trying unfamiliar California wines wherever you happen to be. Then, if you like one, make a note of it for your future wine cellar. Good sources are the better restaurant (they have the better wines), catalogue of local wine merchants, and wine store in other cities.

If you like the wines of a particular winery, try to get on its mailing list. Around 15 send out bulletins, newsletters, or notices of the recent harvest and vintage. A booklet put out by the Wine Institute in San Francisco (165 Post Street, San Francisco, Cal. 94108) *California's Wine Wonderland*, give vineyard locations.

Prices given in the wine lists are for northern California. They will vary across the country from higher on the East Coast to lower in other locales, but this is a good general average. Vintage mentioned are those currently on the market (N.V. indicates a non-vintage wine), but you may, of course, find different vintages in your shops. ■



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Plan-ahead party

continued from page 101

and know my schedule, they arrive on time." For Cathy Hardwick, a dinner party never seems a great effort, because "I enjoy the whole process, and having friends in to share my cooking is the best part."

Fired beef strips on skewers

Ingredients

1/2 cup soy sauce
1 tablespoon sugar
1 tablespoon sesame oil
2 cloves garlic, crushed
3 scallions, very finely chopped
1/2 teaspoon black pepper, freshly ground
1 tablespoon sesame seeds, toasted, and ground
3 pounds beef tenderloin

Method

□ In a mixing bowl, combine the soy sauce, sugar, sesame oil, crushed garlic, scallions, pepper, and sesame seeds.

□ Slice the beef tenderloin into strips 1/2 inch by 3 inches and add them to the sauce. Mix thoroughly so beef strips are well coated with sauce and place on bamboo skewers. (The skewers should be soaked in water for 1 1/2 hours or so, then they will not burn or break during broiling.) Broil for 2 minutes on each side and serve hot. Serves 8.

Sautéed chicken with shallots and artichoke hearts

Ingredients

2 1/2-3 pounds frying chicken, cut into serving pieces
6 tablespoons butter
2 tablespoons vegetable oil
16-24 whole shallots, peeled
salt, freshly ground pepper
2 bay leaves
1 teaspoon lemon juice
1 package (10 ounces) frozen artichoke hearts, defrosted, and drained
1/2 cup chicken stock

Method

□ In a large skillet brown the chicken, skin side down, in 4 tablespoons of the butter and the oil until golden brown. Remove and set aside. In the same pan, sauté the shallots until lightly golden. Pour off most of the fat

and return the chicken to the pan with the shallots. Season to taste, lay the bay leaves on top, and cover. Cook over a slow fire and baste occasionally for 30 minutes or until done.

□ In a saucepan melt remaining butter and add lemon juice. Toss the artichoke hearts in this mixture until well coated. Season with salt, cover, and cook over a low heat for 10-15 minutes or until tender.

□ Arrange the chicken on a platter with the shallots and artichoke hearts. Discard the bay leaves.

□ Deglaze the pan with the chicken stock over high heat until the sauce is reduced to 1/2 cup. Pour over the chicken and serve immediately. Serves 8.

Noodle and vegetable salad

Ingredients

1 package (5 ounces) cellophane noodles
2 pounds sirloin steak
2 medium carrots, scraped
1 bunch scallions
handful raw spinach
10 caps dried black mushrooms
1/2 cup cloud ears (tree mushrooms)
vegetable oil
2 cloves garlic, crushed
4-5 slices fresh ginger
salt, pepper to taste
1 onion, sliced
1 8-ounce can bamboo shoots, sliced
1/4 cup sesame oil
1/4 cup soy sauce
1 egg

Method

□ Follow directions on package to cook noodles. Rinse and drain. Set aside.

□ Slice the sirloin steak into thin strips about 2 inches long. Slice the carrots, scallions, and spinach in the same manner. Soak the black mushrooms and cloud ears in warm water to cover for about 1/2 hour, then drain and slice.

□ In a large frying pan, heat enough vegetable oil to cover the bottom and, over a high heat, quickly brown the sirloin strips with the garlic, ginger, and salt and pepper to taste. Remove and set aside.

□ In the same pan, separately sauté the onions, carrots, black mushrooms, cloud ears, scallions, and bamboo shoots over medium heat. Turn each out onto a plate.

□ When all the vegetables have been cooked except the spinach, pour the sesame oil into the pan and return the noodles, gradually adding the soy sauce and tossing gently to distribute

the color evenly. Add the meat and the vegetables including spinach to the noodles, toss gently but thoroughly to completely combine the ingredients. Remove to a platter or bowl and let cool. Serve at room temperature.

Lightly beat the egg and fry in large skillet in butter so the egg very thin. Cook over very low heat so it dries but does not color. Turn and cook the other side. Turn out onto plate, fold in half then again in half and let cool. Cut into very thin ribbon and scatter over the top of the salad. Serves 8.

Pear tart

Ingredients for pâte sablée (the pastry)

1/4 pound plus 1 tablespoon butter, chilled
1 2/3 cups flour
2 tablespoons sugar
pinch salt
2 egg yolks
cold water
sugar

Method for pâte sablée

□ In a bowl, with a fork or past blender, work the chilled butter in the flour, sugar, and salt until of oatmeal consistency. Beat 1 egg yolk with 1-2 tablespoons cold water. Make a well in the center of the flour and pour the egg-water into it. Mix with a fork, then work again with hands, and mold the dough into a ball. Wrap well in wax paper and chill about 1 hour.

□ When chilled, quickly roll it out on a lightly floured board into a square 1/8-inch thick. Line the bottom and sides of a buttered 9- or 10-inch square shallow pan with the dough. Paint the shell with the remaining egg yolk beaten with 1 tablespoon water and sprinkle with sugar. Prick the bottom of the shell with a fork and refrigerate until ready to bake. Line the tart with waxed paper and fill with rice beans to keep pastry against sides of pan.

□ Bake in a preheated 375° oven for 10 minutes, remove paper and beans and bake another 5 minutes, or until lightly golden brown. Remove shell from pan when thoroughly cooled.

Ingredients for filling

1 orange, washed
2/3 cup sugar
1 bottle (23 ounces) red wine
2 whole cloves
2 pounds firm, ripe pears
juice of 1 lemon
4 tablespoons apricot jam, warmed and strained
heavy cream

Method

Grate the zest of 1/2 the orange into a large saucepan. Squeeze the orange, strain the juice, and add to the zest with sugar, wine, and cloves. Bring to a low simmer for 5 minutes to completely melt and blend the sugar.

Peel, halve, and core the pears. Sprinkle the lemon juice over them and add to the simmering mixture. Allow to simmer until the pears are just tender about 5-10 minutes. Remove from with a slotted spoon and set aside to cool.

Reduce poaching syrup over high heat until quite thick. Cool, and discard cloves.

One hour before serving the tart, preheat the oven to 375°. Roll out the pastry shell with the warm apricot jam. Arrange the pears in two rows down the length of the tart shell. Slice one of the halves and stand the slices up down the middle of the tart. Roll out another half in chunks and arrange them in gaps. Coat with a reduced wine syrup. Place in a preheated 375° oven to bake for 30-40 minutes. Serve warm with unsweetened heavy cream. Serves 8.

Hot sauces

Continued from page 101

1/2 teaspoon Dijon mustard
1/2 teaspoon fresh herbs—chervil, tarragon, parsley, chives—minced
Sparingly to taste, pepper

Method

Blend all ingredients in a bowl with a whisk or electric blender. Serves 4. Makes 1/2 cup. About 36 calories per serving.

Red vegetable sauce for grilled beef

This sauce was created for grilled beef, especially tournedos.

Ingredients

1/2 cup cucumbers, diced
1/2 cup green pepper, diced
1/2 cup onion, diced
1/2 cup tomato, peeled, seeded, diced, and drained
1/2 cup olive oil
1/2 cup red wine vinegar
1/2 cup Worcestershire sauce
1/2 cup Dijon mustard
1/2 cup sour gherkins (cornichons), drained
1/2 cup pickled capers, drained
1 whole clove garlic, peeled and split
1/2 bay leaf, salt, pepper

Method

Cucumbers, green pepper, onion, and capers should be cut into 1/4-inch dice or smaller. Combine them in a bowl. In another bowl blend all the remaining ingredients together with a fork as for a vinaigrette. Add this sauce to the vegetables, mix well, and store in the refrigerator in a tightly covered container to marinate for at least 3 days before using. Makes 1

cup. 1977

cup. Discard the garlic, thyme, and bay leaf before serving the sauce. About 6 calories per tablespoon.

Tomato cream sauce

To be served with a fish pâté, salmon in aspic mold, or any cold seafood.

Ingredients

1 1/4 pounds firm ripe tomatoes, washed, peeled, cored and diced
6 tablespoons fromage blanc
1 tablespoon crème fraîche (stir together equal parts sour cream and heavy cream in a glass jar until smooth. Leave at room temperature 8-12 hours, then store in refrigerator for 24 hours to ripen)
1 teaspoon parsley, finely minced
1/2 teaspoon tarragon, finely minced
1 tablespoon ketchup
2 teaspoons Armagnac or cognac, 80 proof (optional)
lemon juice
salt to taste, white pepper

Method

Dice the tomatoes not too coarsely, and drain. In a bowl beat together the fromage blanc and crème fraîche with a whisk. Add the chopped herbs, ketchup, Armagnac or cognac, and the lemon juice to taste. Whisk again. Stir in the tomatoes, and season with the salt and a good pinch of white pepper. Store in a covered container in the refrigerator. Serves 10. Makes about 2 cups including liquor. About 34 calories per serving.

Low-calorie béarnaise sauce

Serve as a traditional béarnaise with tournedos, filet mignon, grilled fish.

Ingredients

4 tablespoons red wine vinegar
6 tablespoons shallots, minced
1 teaspoon peppercorns (poivre mignonnette), crushed
1 tablespoon fresh tarragon, minced
1 1/2 cups fresh tomatoes, peeled, seeded, diced, and drained
5 tablespoons cold water
2 egg yolks, lightly beaten
2 tablespoons olive oil
1 tablespoon mushroom purée (see House & Garden, September 1976)
1 teaspoon fresh chervil or parsley, minced
salt to taste

Method

In a saucepan combine the vinegar, shallots, peppercorns, and tarragon. Simmer over medium heat, uncovered, for about 5 minutes, or until the liquid is reduced by about 3/4; you should have a soft, juicy, but not liquid "marmalade" left. Cool.

In another saucepan, simmer the tomatoes until all the excess liquid has evaporated. Remove from heat and reserve.

Off the heat, add 1 tablespoon water to the vinegar-shallot reduction. Whisk in the egg yolks. Put the saucepan back over low heat, and cook, whisking constantly, until the mixture thickens and becomes creamy. It must not heat past lukewarm (test with your finger); it is thick enough when the movement of the whisk exposes streaks of the bottom of the pan.

Now, still whisking, add the olive oil and then gradually add the remaining cold water. Heat and whisk until sauce has a good consistency, then stir in tomatoes, mushroom purée, chervil. Season with salt. Set saucepan over warm water until you are ready to serve. Serves 8. Makes about 1 cup. About 68 calories per serving.

Asparagus purée sauce

Use over baked vegetable dishes. The white fresh or canned asparagus has a slightly bitter taste that goes well with Michel Guérard's famous carrot cake pudding.

Ingredients

3/4 pound fresh green or white asparagus, or 10 1/2-ounce-can white asparagus
1/2 cup chicken stock, warmed
1 teaspoon salt, pinch pepper
1 teaspoon crème fraîche (optional)

Method

Cook asparagus in lots of boiling salted water until just tender, 5-8 minutes. Drain. Or heat the canned asparagus in its own juice and drain.

Cut the asparagus into 1-inch pieces (discard any stringy parts that may remain at the base), and purée in a blender with the stock, salt, pepper, and crème fraîche. Taste for seasoning and keep warm over hot water. Serves 4 or more. Makes about 1 cup. About 18 calories per serving including crème fraîche.

Parsley sauce

Use with poached or steamed fish or to accompany a "beef fondue" cooked in a broth with lots of herbs rather than in oil.

Ingredients

1 large bunch parsley, preferably the flat Italian variety
2 shallots, peeled and finely minced
1 cup stock—for meat, use veal stock; for seafood, fish stock
2 teaspoons mushroom purée (see House & Garden, September 1976)
2 tablespoons fromage blanc
lemon juice
salt, pepper

Method

Remove all the stems from the parsley and use only the leaves. In a saucepan, cook together over low heat the parsley, shallots, and stock for 15 minutes. Strain and reserve stock.

Put the parsley and shallots in a blender with the mushroom purée, fromage blanc, and a squeeze of lemon juice. Blend ingredients well and thin the purée with some of the stock.

Season with salt and pepper to taste and keep warm over hot water. Serves 4. Makes about 1/2 cup. About 41 calories per serving.

Minceur tomato sauce

Serve with bass steamed in seaweed or any poached or steamed firm-fleshed fish.

Ingredients

3 tablespoons olive oil
4 level tablespoons fromage blanc
1 teaspoon Dijon mustard
1 teaspoon Worcestershire sauce

Continued on page 111

Shopping information

Prices approximate, state and local taxes additional. *Consult your interior designer or department store decorating service. Stores in New York City unless otherwise indicated.

DECORATING NOW

Pages 46-47:

Oak-framed sofas: With tufted seats and backs. Each 85" x 32" x 30", \$450. **Oak-framed chairs:** With tufted backs. Each 31½" x 32" x 30" high, \$250. Above approximate prices include a selection of medium-priced stock upholstery fabrics, not custom upholstery here of "Bhurba" Dacron polyester with Scotchgard finish, by Guilford-North.

Cocktail table: Of 4 oak Parson's tables. Each 28¼" sq. x 19" high, \$90. All three from the "Viva" group by Howard Family Room Furniture, At A. L. Myers Furniture, Ossining, N.Y.; Jefferson Carriage House, Huntington St., N.Y.; "I" Mark Furniture, Yonkers, N.Y.

Embroidered and Kilim pillows and rugs: From a large collection of semi-antique and antique ones at The Pillowry.

Red pottery plate: 9" diam., with white stripe, \$22. At Diane Love.

Plain fabric covering pillows: "Commodore Sailleloth" cotton with Zepel finish, 54" wide, \$11.50 yd. By Stroheim & Romann. *
"Stratford" cotton sateen: 56" wide, 27" repeat. By Cohama Decorative Fabrics. *
Pages 48-49:

Queen Anne style armchair: 24" x 23" x 40" high, with Japanese-style gray lacquer finish over black undercoat, cane seat, \$750. By Bill Goldsmith for LCS. *

"Ginger Rose" glazed cotton chintz: 36" wide, 10½" repeat. Shown in black, \$6 yd. By Cyrus Clark. Write Cyrus Clark for store nearest you.

Pages 50-51:

In upper left photo: Directoire-backed sofa (far end) and lacquered parchment-covered endtables: Each table with bevelled glass shelf. Custom-designed by Frederick von Mierers.

In large photo: "Phembe" cotton fabric: 54" wide 9½" repeat. From Kenya, \$11 yd. By Maridadi. **Sofa facing fireplace:** 84" x 34" x 27" high, with loose cushions. \$625 COM or \$820 upholstered in "Phembe" cotton as shown. **Rattan console table behind sofa:** 60" x 20½" x 30" high, \$375. **Rattan and glass cocktail table:** 42" sq. x 18" high, \$295. **Rattan dining chair:** 24" x 25" x 29" high, \$140. Cushion \$30 COM.

All three from the Philippines. **Cane peel end table:** 20" sq. x 21" high. From Hong Kong, \$135. **Cane and chrome side chair:** 18½" x 20" x 33" high, \$69. **Tone-on-tone rush maize rug:** 10' sq., \$200. **"Faenza Yellow Ribbon" ovenproof earthenware:** \$25 the 5-piece placesetting. By Arabia. All the above at Lord & Taylor.

"Potomac" stainless steel flatware: \$8 the 5-piece placesetting, \$42 the 50-piece set. At Batterie de Cuisine., Westhampton Beach, N.Y.

Shell-shaped pottery soup bowl: 6" diam., from Italy, \$16. **Tulip-stemmed wineglass:** 6½" high, \$2.50. Both from Richard V. Hare Shop, East Hampton, N.Y.

Brushed steel two-position lounge chair: 25" x 37½" x 32" high in high position; 43½" x 37½" x 27½" high in low position. Mesh seat of polyester-coated yarn. Now in all white or white with brown seat. From the "Fontana" group by Heinz Meier for Landes, \$285. Bloomingdale's.

"King Tut" quilted wool and nylon flannel: 56" wide, 7" repeat, \$45 yd. By Etalage. *
Pages 52-53:

Box-legged incense cedar chaise bench: 75" x 31" x 18" high, adjustable back. Canvas-covered cushion, shown in brown. From the "Sierra" collection by John Hutton for Ide of California. About \$490. At Bloomingdale's; Burdine's, Miami, Fla.; Kirschman's, Metairie, La.

"Rhododendron Sprig" glazed cotton chintz: 52" wide, 24" repeat, \$27 yd. By Mrs. Monroe. Imported from England by Alan Campbell. *

DECORATING ON A \$2,566 BUDGET: *Note on this and the following two rooms: Many price increases occurred between the time we photographed and when we went to press. Prices below are New York City prices as we went to press and there may have been increases since then.*

Pages 64-65:

"Softline" sectional sofa: Corner chairs, 28" x 34" x 27" high, tan brushed-denim cover (also available in blue), molded polyurethane frame, \$125 each. Matching armless chair, 33" x 34" x 27" high, \$100. Matching ottoman (not shown), \$75. In brown or paprika brushed corduroy at \$135, \$110, \$85 each, respectively. **White laminate cocktail table on plinth base:** 38" sq. x 15" high, \$145. **"Stuas" lacquered steel and canvas chairs and ottomans:** Chair, 27" x 25" x 27" high, \$75. Ottoman, 27" x 22" x 15" high, \$55. Available in yellow, orange, green, brown, or black. **Slat-topped pine folding tables:** 17½" x 17¾" x 17¼" high, \$25 each. **ABS plastic stacking storage units:** 12½" diam., 15½" high, \$20 the double unit. In white, yellow, or red, with sliding door. **Pine gateleg dining table:** with drop leaf, natural finish, 47½" x 55½" x 28½" high open, 8" x 55½" x 28½" closed, \$115. **Folding beechwood chairs:** 18" x 18" x 28½" high, fold flat for storage. In red, natural, black, white, or walnut finish. From Yugoslavia, \$17.50 each. **White laminate bookcase:** 30" x 11¾" x 71½" high, with adjustable shelves, \$66.33 each if 3 or more bought; \$75 each if 1 or 2 bought. **White floor lamps:** 53" high, with round bases, \$35 each. **White clip-on lamps:** on bookcase, \$22.50. All at Workbench.

Natural-on-natural maize rugs: Each 9' x 12', \$159. Imported from People's Republic of China by Import Specialists. At Carson Pirie Scott, Chicago, Ill.

Cotton sailcloth for homemade window-

shades: 48" wide, \$6 yd. Fabrications. **Chinese wicker trunk baskets:** Natural finish, 24" x 15" x 16" high, \$35.98. 28" x 18" x 17½" high, \$48.98. 32" x 20" x 20" high, \$62.98. **Nesting suitcase baskets:** 14" x 10" x 5½", \$6.98. 18" x 12" x 8", \$10.98. 20" x 14" x 9", \$12.98. **Chinese open baskets:** (with ferns) 14½" diam. x 9", \$6.98. 13" diam. x 8", \$7.98. **Covered baskets:** (or coffee table) 8" diam., 4" high, \$6.98 each. **Tray basket:** (with fruit) 14" diam., \$2.49. **In bookcase: Two baskets:** 8½" sq. x 8¾" high, \$3.49 each. **Open basket with square base:** 10¼" sq. x 8" high, \$8.98. **Sewing basket:** 10¼" sq. x 9" high, \$15.98. All the above at Azuma.

Oval plastic tray: 24¼" x 16", shown in yellow, \$19. **Round plastic bowls:** 5" diam \$6 each. Both by Crayonne, at Design Research.

"A + B = C" poster: 26" x 38½". By Arakawa, \$90 framed as shown, \$40 unframed. **"Walker Art Center" poster:** 24¾" x 37½". By Ellsworth Kelly, \$70 framed as shown, \$20 unframed. Both from Poster Originals.

DECORATING ON A \$5,398 BUDGET: Pages 66-67:

Sectional sofa upholstered in Haitian cotton: Armless chair, 31" x 32" x 28" high, \$219. Corner chair, 32" sq. x 28" high, \$249. Ottoman, 31" x 32" x 16" high, \$119. \$1682 for 8 pieces shown (6 armless, 1 corner, 1 ottoman). By Flair. **White plastic laminate tables:** 15" cube, \$59 each. **White plastic laminate stepped console table:** 60" x 20" x 28" high, \$179. Both by DIA—Design Institute America. **Round glass-topped dining table:** 54" diam. x 28" high. On painted cylindrical base. By Milo Baughman for Thayer Coggin, \$399. **Rattan dining chairs:** With cane backs, \$111 each. **French green-glazed ceramic plate (with fruit):** 19" diam., \$89. **Antique ova wooden boxes:** (on console) 11½" x 8" 7¼" high and 9½" x 6¼" x 6¼" high, both \$66. **Pale green ceramic bowl:** (on cube) 7¾" diam., \$24. **Black lacquered boxes:** With red lacquered interiors, 7½" x 5½" x 2" high, \$20 each. By Diane Love. **Cylindrical-headed chrome standing lamp:** Adjustable, 36" to 48" height, \$55 each. All the above at W&J Sloane.

"Sunflower Medallion" antique quilt: 80" x 78", from Maine, c. 1865, \$460 at Tho K. Woodard American Antiques & Quilt. **"El Erte" freehanging vertical blind:** C 3½"-wide rigid vinyl veins that rotate 180 and traverse. Plain, opaque veins shown—various translucencies also available. In 1 neutral colors. May be do-it-yourself installed or covered with your own fabric or wallpaper. About \$2.25 per sq. ft. window area covered, including hardware, excluding installation. Motorized or remote-control traversing additional. By LouverDraps. **"Wingfoot Textured" vinyl flooring:** With slate-like texture, 12" sq. self-stick tile about 59¢ sq. ft. By The Goodyear Tire Rubber Co.

DECORATING ON A \$13,426 BUDGET: Pages 68-69:

Sofa: 90" x 40" x 27" high. With loose seat and back cushions. By Milo Baughman for Thayer Coggin, \$1120 COM or \$1535 as shown in white canvas. **Armless chair:** Each 29" x 32" x 30" high. With loose seat and back cushions (here slipcover makes back appear one-piece), \$455 COM or \$555 as shown each. **Ottomans:** Each 32" sq. x 30" high. With attached seat cushion \$220 COM or \$295 as shown each. **Pickled pine dining table:** 78" x 35½" x 3" high. With three drawers, brass hardware \$1100. **Armless rattan dining chairs:** Each 19" x 20" x 30" high. Scorched finish, \$11 each excluding loose seat cushion. **Antique two-piece pine hutch:** 59" x 23" x 85" high. From France, \$2500. **Nest of three can**

as seen in House and Garden
Super Kitchen
 in this issue



Illustrated:
 Cat. #A-46.
 Set timer and iron
 shuts off if you
 forget.

The built-in ironing
 facility that does away
 with preparation and
 storage problems. Cat-
 alog and installation
 instructions available
 from

IRON•A•WAY, INC. 220 W. Jackson,
 Morton, IL 61550

topped hexagonal tables: 20" x 15³/₄" x 20" high, 18" x 13³/₄" x 18", and 15" x 12¹/₂" x 15" high. With scorched rattan bases. \$185. **White jug-shaped ceramic lamp:** 13" diam. x 12" high base. With brown pleated "paper bag" shade. \$90. **Brass floor lamp with triangular shade:** Adjustable. 39" max. height. \$55. **Pale straw octagonal tray baskets:** 14", \$7.50; 17", \$10. **In hutch: Green pottery jug with handles:** 11¹/₂" diam., 11" high. \$135. **Oval basket box:** 11¹/₄" long x 4" high. \$25.

On coffee table: Black Japanese ceramic plate: 12¹/₄" diam., \$20. **Red Thai lacquered bowl:** 7" x 6" x 2¹/₂". \$22.50.

On windowsill: Antique Amish broom-maker's basket: 14" x 11" x 14¹/₂" high. c. 1900. \$55. **Wooden cheese boxes:** 15" diam., 5¹/₂" high. \$27.50 each. All the above at Bloomingdale's.

Nest of three terra-cotta-lacquered parchment-laminated tables: With gold-leafed borders. Shown: 24" x 18" x 15" high, \$150, 26" x 18" x 16", \$195, 28" x 18" x 17", \$250. From Korea. Designed by Roe Kasian. Available late January at Lord & Taylor, New York. Also available: 19" x 12" x 17" high, 16" x 12" x 16", and 14" x 12" x 15". \$250 the set of three at Woodward & Lothrop, Washington, D.C. **Blue and white wool durrie rug:** 12' x 18'. \$3500. By Rosecore.

"Pineapple Log Cabin" quilt: 72" x 84". Variation, c. 1935. \$395 at Thos. K. Woodward American Antiques & Quilts.

Brown and cream-colored pottery plate: 9³/₄" diam., \$20. At Diane Love.

Brooklyn Botanical Garden poster: 24¹/₂" x 36". \$10 unframed. **"Mostly Mozart" poster:** 29³/₄" x 69¹/₂". By Gene Davis. Available framed only: \$275 in silver-toned metal. Both from Poster Originals.

"Bali" cotton fabric: (used for curtains) 45" wide, 23" repeat. About \$18 yd. From China Seas.*

HOW BUDGET ROOMS WORK

Pages 70-71:

For information on furnishings see listings by room, above.

Tablesettings:

Top photo: "Status OTR" glass: 3¹/₂" high. 50¢. **"Briar" stainless steel flatware:** With wooden handles. \$12.50 the 4-piece place-setting. **Plastic dinnerware:** \$6.25 the 3-piece place-setting. By Heller Designs. **Glass and stainless steel salt and pepper shakers:** \$1.50 the pair. All at The Pottery Barn.

Middle photo: "Haut Brion" water glasses: 7¹/₄" high. \$16 each. **Rhine wineglasses:** 7³/₈" high. Shown in green. \$29 each.

"Louis XIV" crystal candlesticks: 7¹/₄" high. \$360 the pair. All by Baccarat.

"Nymphaea" porcelain dinnerware: Plate, 10⁵/₈" diam., \$27.50. \$85 the 5-piece place-setting. Melon dish, 6¹/₂" diam., \$27.50. By Ceralene at Baccarat. **"Spatours" silver-plated flatware:** \$48.50 the 5-piece place-setting. By Christoffe at Baccarat.

Bottom photo: "Blue Strawberries" dinnerware: Plate, \$8.50. \$25 the 5-piece place-setting. Imported from Portugal by Block. **"Bluebell" glasses:** Wineglass, 8" high. \$13.50. Claret glass, 7" high. \$14. By Holmegaard of Copenhagen. **"Old Annapolis" pewter flatware:** With stainless steel blades, tines, bowls. \$38.75 the 5-piece place-setting. By Samuel Kirk & Son. **Pewter candlesticks:** By Empire. \$27 the pair. All 4 at Bloomingdale's.

A VEGETABLE IN EVERY POT

Pages 72-73:

"Pagoda Box" honeycomb-textured cache-pots: Each 10¹/₂" x 7" x 7" deep. \$40; 7" cube, \$30. Shown in white.

"Cabbage" planters: Each 12" diam., 12" deep, \$80. Both by Terrafrma Ceramics. At Saks Fifth Avenue Gift Shop.

Pine planter: (holding eggplant) 16" cube. \$50. Also available in walnut or oak. \$90

each, and other sizes. By Beylerian **Paper patterns to make your own stencils from:** Nine patterns—grasshopper, praying mantis, dragonfly, ant, snail, two bees and frogs—and how-to's for making, using on various surfaces. \$2.75 ppd. from Stencil-Magic, 8 W. 19th St., New York, N.Y. 10011

Italian terra-cotta pots: (here with parsley) 7¹/₂" diam., 7" high, \$14 each. At Mayhew. **"Glacial Beverage" glass:** 16 oz., \$2.25. Shown with blue edge, also comes with lime or yellow. By John Curran for Atelier Vitreon, Bloomingdale's.

"Maya" stainless steel flatware: \$32.50 the 5-piece place-setting. \$110, \$220, \$330 service for 4, 8, and 12, respectively. By Norsk Stalpress. Imported from Norway by Gense At S. Christian of Copenhagen, San Francisco, Cal.

"Butterfly" cotton napkins: each 19¹/₂" sq., \$3.75 ppd. each from Elisa Daggs, 38 E. 57th St., New York, N.Y. 10022.

All seeds: From the free W. Atlee Burpee Co. catalogue, Warminster, Pa. 18974.

BILLY BALDWIN

Pages 88-89:

"Elevation" cotton Supercalc sheets and pillowcases: Twin-sized top sheet, about \$17.50. Matching pillow sham, dust ruffle, reversible comforter available. Designed by Billy Baldwin for Wamsutta's Designers' Workshop.

SUPER KITCHEN 1977

Page 90:

"Bellaire" kitchen cabinets: Of two grades of Formica high-pressure laminate—general purpose for countertops and medium thickness (shown in Tahiti Orange) for vertical surfaces—and of Formica "MCP" panels (shown in Lemon Twist and white) for vertical surfaces, drawer and cabinet interiors, drawer and open shelf exteriors. The laminate is bonded, the panels are thermal-fused to particle board core. Warp-, scuff-, scratch-, and stain-resistant. White plastic shelf support strips with shelf-adjustment holes set flush into sides, white plastic shelf clips. Self-closing drawer slides. Satin chrome finish hardware, semi-concealed steel hinges. By St. Charles.

"Barre Slate" solid vinyl floor tiles: Each 12" x 18" x 1/8". Shown in red, also available in blue, green, plum. About \$2.50 sq. ft. excluding installation. By Kentile.

Flat paint for walls: In House & Garden Creamy Apricot and Sienna. \$12.98 a gal. By Tru-Test Paints. At True Value Hardware Stores.

"Orlyt Imperial Lean-to" modular greenhouse units: With curved eave, aluminum frame. 7¹/₂" wide, in any length from 8'6" up in 2'6" increments. 10'7" high to ridgepole. Delivered ready to install—all parts numbered, glass precut to fit. By Lord & Burnham. For free catalogue with prices write Lord & Burnham, Dept. 6, 2 Main St., Irvington, N.Y. 10533.

Recess starter tracks: Each 8' long, with 4 cylindrical track heads 3¹/₂" diam., 11¹/₂" long. **Domed anodized aluminum downlight:** 7⁷/₈" diam., 4³/₈" deep. In satin black. **Undercabinet lights:** 18" x 5" x 1¹/₂" each, for 15-watt fluorescent tube. All 3 by Thomas Industries.

Stainless steel double compartment sink: 33" x 22" x 7¹/₂" deep. Self-rim, satin finish, about \$173.50. **"Tiara" chrome-plated gooseneck faucet:** \$73.30. **Basket strainer:** \$14.65. By Elkay.

"Superba" built-in undercounter dishwasher: 24" x 24¹/₂" x 34¹/₂" high, 7 push-button cycles—Soak 'n Scrub, sanicycle, normal wash, plate warm, cancel drain. Small items basket. Adjustable 16-position upper rack. Double door automatic rinse agent dispenser. Action indicator lights. Self-cleaning filter. Wash chamber of Tridura porce-

Continued on the next page

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gentle laxative
so many women
are using today.

Today, more than ever, there's something special about being a woman.

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So next time, try Correctol. The modern, gentle laxative.



Shopping information

continued from preceding page

lain on steel. 3-level wash system. Soft waste disposer. Energy Saver button lets you substitute cool- for hot-air drying. Improved insulation for quieter operation. Front panel available in white, golden harvest, avocado green, edged coppertone, brushed chrome, stainless steel, or ready-to-paint primed finish. About \$429.95. Add \$26 for trim kit for mounting your own 1/4"-thick front panel (wood, acrylic, fabric-covered, laminate, etc.): Lemon Twist "MCP" panel by Formica used here). **Built-in undercounter trash compactor:** 17 3/4" x 23 1/2" x 35" high. With safety lock, stop-start buttons, built-in litter bin and storage compartment, glide-out trash drawer, activated charcoal filter odor control, leveling feet. Front panel available in same 7 finishes as dishwasher. About \$349.95. Add \$16 for trim kit used to mount Lenon Twist Formica "MCP" panel here. **"Superba" undersink stainless steel food waste disposer:** About \$154.95. All three by KitchenAid division of Hobart. **On open overhead shelves:** (bottom shelf, 1. to r.) **Glass bubble decanter:** (with olive oil), \$6.50 at The Pottery Barn. **Italian glass storage jars:** With orange plastic airtight tops. 1 1/2-liter, \$3.25 ppd. each; 2-liter, \$3.75 ppd. each. Order from Jane Products, Rm. 914, 225 Fifth Ave., New York, N.Y. 10010. Attn.: Nancy Peterson.

Floral-patterned round covered tins: From Denmark. Small, \$4.95; large, \$6.95. At Seabon. **Cherrywood mortar and pestle:** 5 5/8" high. \$16.95. By Lauffer. At T.D.H. Minneapolis, Minn. **Orange and white acrylic wine cooler:** \$19.50. At Seabon. **Birchwood trivets:** 8" x 7", \$5; 12" x 10", \$7. \$9. By R. A. Hodge—Design Associates. At La Cuisinière. **On top shelf, far right:** Covered vegetable cooker from Provence. \$27.50 at The Pottery Barn.

To right of sink: White kitchen scale: Measures pounds, ounces, kilos, grams. Portion control adjusting so additional quantity can be measured and added to amount already recorded. Weighs up to 11 lbs. Two smoky brown plastic weighing trays, one larger and flat, other smaller and deep. \$20. By Terraillon. Halls Plaza, Kansas City, Mo. **Page 91:**

Built-in bread and food toaster: 16" x 9 3/8" x 5 9/16" deep (1 7/8" projection when closed). Toasts 1 to 4 slices, each 2-slice section has own light or dark toasting and pop-up controls. Toaster automatically turns off when drawer is fully pushed in. Removable slide-out tray. \$90. By Modern Maid.

In overhead box: (l. to r.) Handblown glass wine carafe: 1 qt., with pale olive tinge. \$7.75 ppd. from Williams-Sonoma, P.O. Box 3792, San Francisco, Cal. 94119.

"Troubadour" glass decanter: By Arabia. \$29.50 at The Pottery Barn.

Birch chairs: Here, adult-size. Designed by Alvar Aalto. Imported from Finland by ICF. \$68 each, at Design Research.

On table: Fabric used for homemade tablecloth and napkins: "Beaulac Cotton Plaid," 54 1/2" wide. Green with white for cloth, white with green for napkins. \$9.75 yd. By Brunschwig & Fils.* **Beechwood cutting board:** 11 1/2" x 4 3/4", \$1.75. By Richard Nissen. At selected hardware stores.

On right wall (not seen): Plug-in smoke detection alarm: 6 1/2" sq., 2 1/2" projection from wall. Solid-state circuits, test lever on side. Photoelectric cell "sees" as little as 1.5% obscuration of light per sq. ft. Light-emitting diode (LED) shows power is working, is monitored by second photoelectric cell that will sound a buzzer if LED should fail. \$49.95 or, with heat sensor inside to help detect flash fire, \$54. **Radio intercom system:** 16 7/8" x 9" x 1 3/4" projection from

wall. With AM/FM radio, two input jacks to permit addition of record changer and 8-track tape player. Golden elm or walnut finish. Both by NuTone division of Scovill. **In close-up photograph: Teak meat board:** 18" x 15", \$31. By Richard Nissen, at selected hardware stores.

"Troubadour" footed glass bowl: (with punch) 5 1/2-qt. \$40. **"Troubadour" beer glasses:** \$12 each. Both by Arabia. At The Pottery Barn. **Oven/microwave bakeware rimmed ramekins:** \$9.95 the set of 4. Designed by Lella and Massimo Vignelli for Heller Designs. At Bloomingdale's.

Page 92:

Drop-in grill/range: 29 5/8" x 25 3/4" x 36". Two conventional electric cartridges, each with 2 cooking elements, and one plug-in grill assembly. Surface ventilation system ducts smoke and odors outdoors. Selective-use oven lets you choose between conventional radiant heat or time-reducing (up to 30% according to manufacturer) convection heat baking. Continuous-cleaning oven also has Accelerated Clean cycle. Digital clock-controlled baking. Black glass oven door. Washable permanent ventilation filters. About \$734. Many options. Freestanding model available. By Jenn-Air.

Cast-aluminum skillet: 12" diam., with sculptured wood handle. \$28. By Copco. At Bloomingdale's.

3-minute timer: \$1.50 at The Pottery Barn. **Built-in central cleaning system:** Central power unit 12" diam., 29 3/4" high, needs only 27 1/2" wall space for installation. Takes 6-gallon soilbag. PVC tubing runs from power unit through walls or attic or under floor to electrical-outlet-sized inlets around the house. Inserting, removing hose into inlet turns suction on, off automatically. Hose has rotary suction control. Power unit, \$297.95. 5 cleaning tools, 3 wand sections, plastic storage caddy, 25-ft. hose and end couplings, hose storage hanger, \$78.50. By NuTone division of Scovill.

Plain bibbed natural canvas butcher apron: \$9. By Now! Designs San Francisco. At Azuma. Here stenciled with "Home Decor Stencil Kit": Two 8 1/2" x 11" plastic pages. 35 precut designs, 3 colored markers, how-to's. \$5.95 ppd. from Stencil-Magic, 8 W. 19th St., New York, N.Y. 10011.

Page 93:

"Econocold" double door no-frost refrigerator/freezer: 30" x 30 7/8" x 65 5/8" high. 10.01 cu. ft. refrigerator has adjustable cold control, quick-cold control, 4 adjustable tempered glass cantilever shelves and 1 stationary glass shelf, convertible meat keeper/vegetable crisper, door with 4 shelves with removable guards, pickoff egg shelf, enclosed butter compartment. 6.57 cu. ft. freezer has adjustable cold control, 5 glass shelves, sliding basket, ice bucket with 3 twist-out ice trays, optional automatic ice maker, door with 4 shelves with removable guards, juice-can dispenser. \$599.95 in white. By Magic Chef. Here we custom-painted freezer, refrigerator exterior.

Built-in portable microwave oven: 25 3/8" x 16" x 15 1/2" high. 7 different cooking speeds including "defrost" cycle to thaw frozen foods. Two timer dials—30-minute, 5-minute. Browning element at top of oven, adjustable browning shelf. Posi-latch handle: Microwave energy stops the second you lift latch. Glass window, "on" indicator, interior lights. About \$499.95. By Tappan.

On cabinet over microwave oven: (left) **Enamel-on-steel covered saucepot:** 9.5-liter, in House & Garden Sienna. \$35. By Aubucq. Bloomingdale's.

Plain natural canvas shopping tote: 11" high, \$10. By Now! Designs San Francisco. At Azuma. Here decorated with "Home Decor Stencil Kit" described above.

Super Ball glass "Planterium": Ball is 5 1/4" diam., on 28"-long rope hanger. About

\$8. By Corning Glass.

Page 94:

Compact automatic washer and dryer: Each 23 7/8" x 20 1/2" x 32" high, with acrylic enamel on chemically treated steel cabinets, porcelain-enameled tops custom-painted (our own addition) to match Tahiti Orange Formica laminate. Washer has 3 cycles: normal, short, permanent press; lint filter; soak setting; 3 wash/rinse water temperature selections; bi-fold lid. About \$299.95 in white. Dryer has 3 cycles: normal, permanent press, and air; built-in lint screen; 3.4 cu. ft. drum. About \$199.95 in white. Both by Whirlpool.

Woven rattan hanging planter: To hold your 8"-diam. clay pot, \$24; 10" pot, \$30. By Christen. At selected hardware stores.

On shelves: "Faenza Yellow Ribbon" oven-proof earthenware: \$25. 5-piece place-setting; \$20 pitcher; \$7.25 creamer; \$10 sugar bowl; \$19.50 serving bowl. By Arabia. At Lord & Taylor. **Cypress wood salad bowl:** 8 1/2" diam., \$40. By Richard Nissen. **"Alice" flowered china:** \$32.50 the 5-piece place-setting. \$13.50 each sugar, creamer. By Denby. At B. Altman & Company.

"Arzberg Celadon" porcelain dinnerware: \$22 the 5-piece place-setting. \$5.50 the 9" soup plate. \$5 demitasse cup, \$2.50 demitasse saucer. \$23.50 8-cup coffee pot. By Lauffer. At Adler-Schnee, Detroit, Mich. Bloomingdale's.

On counter: High-carbon no-stain steel knives: With polypropylene handles. Dishwasher-safe, acid- and break-resistant. About \$27.50, 6" cleaver; \$12.50, 10" sharpening steel; \$18, 7" fork; \$22, 8" carving knife; \$32, 10" chef's knife; \$12, 4" paring knife; \$18.50, 6" utility knife; \$28, 10" chef's knife; \$27.50, 8" carving knife. By J. A. Henckels. A selection of these, others, at Macy's, New York, N.Y. Marshall Field, Chicago, Ill.

Alder butcherblock knife rack: 12 slots holds up to 12"-long blade. \$37.95 ppd from Williams-Sonoma, P.O. Box 3792 San Francisco, Cal. 94119.

In drawers: Top (l. to r.): "Bouquet" linen towel, here in green, also available in brown. \$2.25. By Vera. Linen and cotton towel from the "Flower Garden" group by Ken Scott for Leacock. \$3 at La Cuisinière. **Patchwork-printed paper napkins:** \$1.50 dinner-size, \$1.25 snack, 75¢ cocktail, per package of 20. By Gail Levites for Paper works at Sigma. Selected stores. **Low two drawers: Cast-aluminum cookware:** 1 qt. covered saucepan, 10" and 12" wood handled skillets, about \$28, \$22, \$28, respectively. By Copco. Bloomingdale's.

Brown porcelainized cast-iron oven-to-tableware: Round covered casseroles 10-pt. \$42, 6-pt., \$29. 2-pt. lidded saucepan, \$27. Skillets: 8 1/2", \$15; 10", \$19. All with cream-colored interiors. Also in black with white. By Robert Welch for Lauffer. At Adler-Schnee, Detroit, Mich.

"Finella" yellow enamel-on-steel oven-to-tableware: 2 1/2- and 4-qt. covered casseroles, \$28.50, \$32.50 each, respectively. By Arabia. At The Well Tempered Kitcher. **Sienna enamel-on-steel oven-to-tableware from France:** 3.2-liter covered saucepot \$21; 5-qt. covered casserole, \$27.50. By Aubucq. Bloomingdale's.

Page 95:

Photos 1 & 2:

Compact built-in ironing center: 36" board with cantilevered-type support fits wa opening 14 1/4" x 4 1/8" x 43 3/4" high. \$13. Sleeveboard, \$15. Spotlight, \$15. Iron, \$3. By Iron-A-Way.

"Dotted Band" ribboned bath towels: Cotton and Dacron polyester Martex towel embellished by J. Abouchar & Sons. Available in copper, brown, suede, and peach. Bath towel, \$11. Hand towel, \$7.25. Wash cloth, \$3.75. At Sakowitz, Houston, Tex.

Photo 4:
Hardwood utility board: 18" x 24" x 3/4"
with end cleats. \$12.98. By Martens subsidiary of Foley Manufacturing. At selected hardware stores.

Flora" glass bowl: (on dining table) 5 1/2-t., \$30. By Arabia. At The Pottery Barn.

Photo 6:
Food center: Motor recessed beneath countertop in 5 1/2" x 11" x 6 3/4" deep space operates any of 8 full-sized appliances. Snap-on stainless steel counter plate, 6-speed solid state dialing. With blender, mixer, knife sharpener attachments, \$183.25. Optional attachments: Power post with can opener, shredder/slicer, meat grinder, \$100.60. Fruit juicer, \$8.50. Ice crusher, \$9.75. All by NuTone division of Scovill.

Aromaster" coffeemaker: Brews up to 8 cups of coffee in 10 minutes, keeps it warm. 70. "Aroma-T-Filter" converts system to coffee brewing, \$8. "Mini Coffee Grinder": 1/2" high, grinds up to 8 cups' worth of beans in 10 seconds. \$20. Both shown in white, by Braun North America. **White plastic spice rack:** With 18 glass jars. \$20. by Copco. All 3 at Bloomingdale's.

Photo 7:
Instapure" water filter: Screws on to faucet in place of aerator. Helps remove chlorine, sediment, some detergents and organic chemicals, tastes and odors—helps improve flavor of coffee, tea, juices, ice cubes, puddings, any food made with water. Chrome-plated ABS plastic housing. Replaceable filter cartridge of activated carbon has elemental silver bacteriostat to help inhibit bacterial growth within filter. Cartridge said to last about 3 months during average use—replace as soon as you notice taste quality or flow of filtered water declining. \$29.95. Also available: "Instapure" water filter that replaces hand-held sprayer on kitchen sink, \$24.95. Refill cartridge for pitcher, \$2.95. For use on municipally pretreated water. By Water Pik.

Instant hot-water dispenser: Steaming 190° F. water (temperature thermostat-controlled) on tap. Reservoir tank mounts below sink, delivers up to 60 cups of water per hour to chrome dispenser installed on sink or adjacent counter. Faucet turns off automatically when knob is released. About \$4.95. By KitchenAid division of Hobart.

Building Facts

Materials and equipment used in the house on pages 82-85

ARCHITECT: Peter Hoppner
INTERIOR DESIGNER: Peter Hoppner
CONTRACTOR: John Caramagna
SIZE OF HOUSE: 1,100 square feet
SIZE OF LOT: 1/2 acre
COST OF HOUSE: \$29,200 (without terrace)

STRUCTURE
Foundation: Concrete block foundation.
Framing: Standard wood frame construction.

INTERIOR OF HOUSE
Exterior walls: Vertical tongue-and-groove cedar siding by U.S. Plywood, Div. of Cumpion-International, Inc.
Roof: Built-up roofing by Johns-Manville Corp.

Insulation: Glass fiber batts.
Windows and doors: Fixed frame 1/8 inch. aluminum operable windows; Arcadia sliding glass door.

INTERIOR OF HOUSE

Walls and ceilings: Gypsum wallboard by U.S. Gypsum.

Floors: In major rooms on first floor, commercial carpet; in kitchen and bath, 1-inch-square black mosaic tile by American Olean.

Lighting fixtures: Recessed cylindrical ceiling fixtures by Prescolite.

Fireplace: Heatilator fireplace in gypsum board enclosure.

Furnishings: Denim-covered mattresses, white cubes, pillows, basket for wood, metal casseroles, salad bowl, hurricane lamps, and vase all from Bailey Huebner.

Kitchen and bathroom cabinets and countertops: Metal cabinets by Peerless-Mayer with Formica countertops.

Plumbing fixtures: American-Standard, Inc.

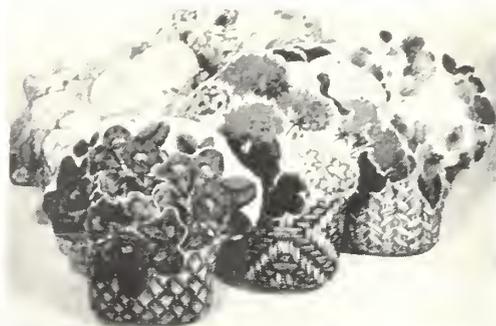
MECHANICAL EQUIPMENT AND APPLIANCES

Appliances: Oven, range, and refrigerator by General Electric Co.

Water heater: 50-gallon tank by General Electric Co.

Heating system: Chromalux electric floor heaters. ■

CORRECTION: In the November 1976 issue, the flower pillows designed by Mark Robinson, shown on page 163, can be bought ready-made at George Cothran Flowers, 238 E. 60th St., New York, N.Y. 10022. About \$75 each.



Diet sauces

continued from page 107

- 1 clove garlic, unpeeled, crushed
 - 2 tablespoons fresh chervil, minced
 - 2 tablespoons fresh parsley, minced
 - 1 tablespoon fresh tarragon, minced
 - 8 coriander seeds, crushed in a mortar
 - 3 firm, ripe tomatoes, peeled, seeded, diced, and drained
- salt, pepper

METHOD

In a bowl put the oil, fromage blanc, mustard, Worcestershire sauce, garlic, chervil, parsley, tarragon, and coriander. Mix together well with a fork. Add the tomatoes, and season with salt and pepper to taste. This sauce is not cooked; it is only heated over hot water. Discard garlic before serving. Serves 4. Makes about 1 1/2 cups. About 146 calories per serving.

Apple and lemon sauce

Serve with small grilled birds—broilers, pigeon, squab, Cornish hens.

INGREDIENTS

- 3 medium or 2 large tart, winy apples (about 3/4 pound)—Greenings or Golden Delicious work well
 - 2 lemons
 - 3 tablespoons chicken stock
- salt, pepper
powdered cinnamon (optional)

METHOD

Peel, quarter, and core the apples. Peel off

the zest of the lemons in thin strips, then squeeze the lemons, strain the juice, and measure out 1/4 cup. In a heavy saucepan, cook the apples in the juice, covered, for 20 minutes.

Cut the lemon zest into julienne strips as fine as pine needles, then cut these crosswise into tiny dice—enough to make 2 1/2 tablespoons. In a small saucepan, boil the diced zest in water for 7-8 minutes. Drain through a fine-mesh strainer.

In a blender, purée the chicken stock and cooked apples. Pour into a bowl. Add the drained zest; add salt and pepper to taste, and a very small pinch of cinnamon if you wish. Reheat the sauce when it is needed. Serves 4. Makes about 1 cup. About 58 calories per serving. ■

Rainbow pasta

continued from page 102

Put Swiss and munster cheeses and milk in a quart-size saucepan over medium heat. When cheese barely begins to melt, add egg yolks one at a time, stirring constantly. Heat carefully, stirring, until sauce has a creamy texture. Add the mushrooms, 2 tablespoons butter, 4 tablespoons Parmesan, and the flour. Stir well and cook over low heat for 15 minutes. In order to keep this sauce hot without cooking further, place the pan in a larger pot of hot water. Pour sauce over pasta when ready to serve.

Slice hard-cooked eggs into rounds. Whip the cream and dollop it on top of just-cooked and sauced pasta; add the egg slices, serve the remaining Parmesan cheese separately. ■

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Julie Dannenbaum

Philadelphia cooking school teacher and author of *Menus for All Occasions* (Dutton)

Carton of butter balls: "Elevates a simple meal to a party meal."

Veal stock: "Cook down until gelatinous and spoon into plastic bags to freeze."

Tomatoes: "Whole, blanched, and skinned. Defrost and break up with hands to add to sauces."

Sorrel purée

Wilted leeks: "Wash and cook in a little butter. Freeze in bags for vichyssoise, soups, stews."

Puff pastry, tart shells

Richard Grausman

Le Cordon Bleu de Paris's representative in the U.S.

Bones and chicken parts for making stock: "Stock lightly thickened with potato starch, 3-4 teaspoons to 1 quart stock. Frozen in ice-cube trays for making quick sauces when deglazing a sauté or roasting pan."

Baked profiteroles, shells only: "for hors d'oeuvre and desserts."

Coffee: "stays fresher once opened or ground."

Chocolate truffles

Crêpes, puff paste

Edna Lewis

Author of *The Taste of Country Cooking* (Knopf)

Herbs: "Tarragon and chervil—strip the leaves from woody stems along with any tender stems. Chop fine, sprinkle over with a good teaspoon salt, and spoon into a jar with tight lid. Freeze. A must for béarnaise, and delicious with roast chicken."

Dill: "Chop fine and freeze in a glass jar. It's great sprinkled over hot, buttered new potatoes."

Homemade noodles wrapped in foil: "Plunge directly from freezer into boiling water. Salt and cook 4-5 minutes.

Drain and spill into heavy cream, top with Parmesan."

Damson plums: "Keep up to a year in the freezer. Take out as needed and make into preserves when you have time."

Peaches: "Peel and freeze in container with tight lid. Defrost, then poach in syrup with a vanilla bean; they taste freshly picked."

Sweet potatoes: "Freezing seems to enhance the flavor of sweet potatoes. Bake in skin. Peel and wrap well. Freeze. Defrost and whip with lots of melted butter and brandy. Spoon into a casserole and sprinkle over with brown sugar and nutmeg."

Blackberries or raspberries: "Spread out on a cookie sheet and freeze. Gather up when frozen (about 20 minutes) and store in freezer jars sealed well. Cook in a fruit syrup, sweeten to taste. Serve warm or chilled as topping for ice cream."

Helen Corbitt

Consultant to The Greenhouse spa and author of *Helen Corbitt Cooks for Company* (Houghton Mifflin)

Homemade beef and mushroom pies

Chicken pies

Crêpes

Soup bases—pea, squash, spinach: "Cream can be added just before serving."

Grated orange zest

Diced mushrooms: "Mushrooms and stems are diced, sautéed in butter, then frozen."

Tenderloin steaks

Tiny Greenland shrimp

Steve Bierman

New York caterer

Tomato sauce: "With wine or vermouth and lots of herbs. Makes a quick meal, combined with Italian sausages and rice in a casserole."

Leftover meat, cubed or shredded, lamb, turkey, chicken in plastic containers: "Becomes the base for hash, etc. or a green noodle casserole with tomato sauce that can be frozen and baked, with a little half-and-half poured around the edges." ■

A place to live

continued from page 96

(8) Heating and ventilation ducts. Make sure they're connected and free of lunch bags or soda cans.

(9) Kitchen appliances: Check kitchen appliances with a level. If kitchen appliances are on a slant, they may work properly or last long.

(10) Insulation: If you look at a house while it's still under construction, make sure that there's at least 2 inches of insulation in the walls and 4 inches under the attic. You might even consider paying a little more to have additional insulation added, say 4 inches in the walls and 6 inches in the attic. The savings in heating and cooling costs will be greater than the installation cost.

(11) Find out whether the sewer in the basement is at floor level or under the ceiling. If it's under the ceiling, you won't be able to put laundry equipment or a lavatory in the basement.

(12) Electrical outlets: Most people don't find out how many outlets there are in each room until they've already moved in—when it's too late.

Finally, you'd be wise to hire someone from a local building inspection firm to give the once-over to any house you're thinking of buying—especially if you're looking at an older house. He'll do a more thorough job than you could do, and will only cost you \$75 to \$150. Home inspectors are listed in the yellow pages of most cities.

Of all the different types of dwellings you can buy, houses are by far the easiest to finance. Banks have a lot of experience with them, houses are not as complicated as condominiums or cooperatives, and they're very easy to resell. Also, the resale value of a house is generally more predictable than that of a condominium or co-operative.

Condominiums come back

After a few off years, the demand for condominiums is starting to rise again. Some are even appreciating in value at 18 percent a year, which is just as fast as the appreciation on a house. This is despite the fact that the number of condominiums has quadrupled in the last five years. There are, however, some vital differences that you should be aware of.

The biggest demand is for condominiums that are either in a city or a suburb close to a city. Condominiums in rural areas or remote suburbs aren't faring that well. Interestingly enough, that's exactly where the greatest demand for single family homes is. The reason is simple: Single family homes appeal to families with children, while condominiums and co-operative apartments appeal to childless couples. In most condominium buyers are at the

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remes of the family spectrum. At one end, there's the very young couple who buy a condominium as a step towards home ownership. When the couple build up equity they can eventually sell the condominium and use the proceeds to buy a house. At the other end of the spectrum are the so-called "empty nesters"—older couples who no longer need a large house.

The question of neighbors, amenities, services, and so on is even more critical with a condominium than it is with a single family house. For one thing, you'll be in closer proximity to your neighbors. For another, they'll have a greater say over what you can and can't do.

The whole complex is run by a board of managers—made up of condominium owners elected to a set term. If there are many dwelling units, say 50 or more, the board may hire a professional manager to take care of things. And that's one of the great luxuries of owning a condominium: Someone else does the chores.

The catch is that you may not have a say in how things are run—unless you actively participate in the management. Some condominiums are managed haphazardly, and run down very quickly. Others are managed with Prussian precision. While good management usually means that resale values will be high, the constraints on your individuality can be stifling. In some developments, you can't do a thing to change your condominium. In others, you can make changes—short of knocking down a structural wall.

When you buy a condominium, you buy the deed to an actual dwelling unit—which could be anything from an apartment in a high-rise to a separate town house in the suburbs. The common property such as the hallways, the plumbing, grounds, and amenities like a swimming pool and tennis courts belong to the condominium association. In some developments, the common property is owned by the developer. In either case, you and the other owners will be charged a monthly maintenance charge for the upkeep of these common areas and amenities. The more luxurious the development, the greater the maintenance fees will be.

If you're buying a condominium, there are many things you should check out before you hand over your deposit.

(1) Read the bylaws carefully. You may be surprised at what you'll find. Some condominium associations don't allow pets of any kind. A few go so far as to outlaw children, except as occasional guests. Make sure that your rights are spelled out clearly. Make sure that the bylaws require prenotification for all meetings, access to the minutes, and that the financial books are open to you as well as your accountant. Finally, the bylaws should stipulate that proposed budgets will be passed out well in advance of a budget meeting. Generally speaking, an increase of 10 percent or

more in the maintenance assessment should be approved by condominium unit owners.

(2) The condominium association should be controlled by unit owners instead of the developer. In some cases, the developer retains control over the association until all the units are sold—which could take some time if it's a multibuilding development.

(3) Get a full breakdown of the condominium's maintenance budget so that you can show it to a real-estate professional. Some budgets are purposely written unrealistically low. Shortly after the developer moves out of the deal, maintenance charges will go through the roof.

(4) If you're looking at a development that's under construction, you shouldn't have to put up an advance payment for the maintenance fund. There's no maintenance required when a project is still under construction. By the same token, if you're asked to make a down payment, be sure that it goes into an escrow account—rather than into construction costs. That way your money will be safe and you'll earn interest on it.

(5) If you learn that the developer of the project has a long-term maintenance contract, make sure that it can be cancelled after a reasonable period of time. Fees usually run 6 to 10 percent of the building's maintenance costs.

(6) Find out if the condominium association maintains sufficient capital reserves to take care of emergencies. If it doesn't, you'll have to ante up a large assessment if a major problem comes up. Reserves should run between 10 and 20 percent of the total assessment.

(7) You'd be wise to hire a structural engineer to look over the condominium, just as you'd have him check out a house.

(8) Finally, have your lawyer review the condominium contract. A lot can be buried in fine print.

As for financing a condominium purchase, it's easier than it used to be, but not as easy as financing a house. Banks are still wary about condominiums because their experience with them is somewhat limited. Furthermore, lenders are uncomfortable evaluating a condominium's management company, maintenance fees, owners association, and legal documentation. Still, you can get a regular 25-year mortgage to finance 75 percent or more of the cost.

And those crazy co-ops

Co-operatives are a completely different story—even though they're somewhat similar to condominiums. For one thing, co-op apartments are usually limited to high-rise buildings in urban areas. (Co-ops are seldom the country clubs condominium developments tend to be.) For another, when you buy a co-operative you're actually buying a share in a corporation that owns the building. The

share you buy entitles you to a proprietary lease to an apartment. The larger the apartment, the larger your share in the corporation.

The legal differences between a co-operative and a condominium have tremendous ramifications. Since you are in effect purchasing a share in a corporation, you cannot get a mortgage to buy a co-op. Instead, you have to take a personal loan at a much higher interest rate and repay it over a shorter period than a mortgage's term. What's more, you'll have to put more money down. And because it's a share, there's a tax trap that you can fall into if you buy the co-op jointly with your spouse. The IRS will treat your spouse's half of the co-op as a gift and hit you with a gift tax. (That sort of thing doesn't happen with real property like a house or condominium.)

One of the biggest snags to owning a co-op is that you and all the other shareholders (called "co-operators") are liable for any losses if a fellow co-operator skips out on his loan. His share will simply be tacked on to the maintenance you have to pay. And since co-ops are usually located in urban areas, where property taxes tend to rise rapidly, your maintenance charges could skyrocket.

Because of all the problems involved with co-ops, the board of directors that runs it is justifiably very strict. No changes can be made to the unit you live in. What's more, selling your co-operative can be agonizingly difficult. Prospective shareholders usually must be approved by the co-op's board of directors. If the board is very fussy, you might spend months trying to find a buyer who will pass muster with the board. ■

City vs Country

continued from page 55

adaptable. The problem with small spaces is convenience, rather than mental health. If there are lots of people around, you can't get anything done. Twenty people sharing a bathroom is awkward. But I'm not convinced that the current ideal of enormous rooms is appropriate. I certainly would pick small rooms rather than one large room to live in. People tend to move closer together anyway, if they like each other."

Leonardo da Vinci, who seems to have foreseen so much that was to happen in Western civilization, said, "small rooms or dwellings set the mind in the right path; large ones cause it to go astray."

Accepting, then, the fact that crowding can be good, what about crowding and crime? We are led to believe the two are closely linked. "Not so," argues Jonathan Freedman. "Crime is greater in the cities than in the country, but it is not related to the density of the cities. Tokyo has an infinitesimal crime rate, even though it is very crowded. Los

Continued on page 148

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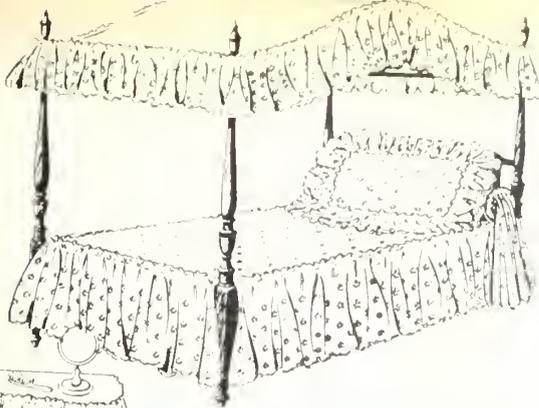
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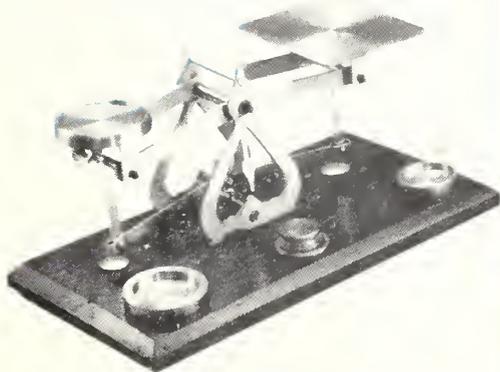
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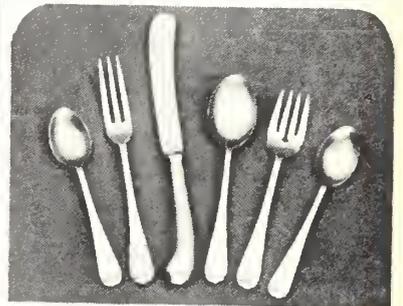
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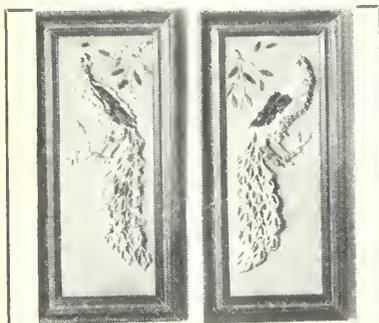
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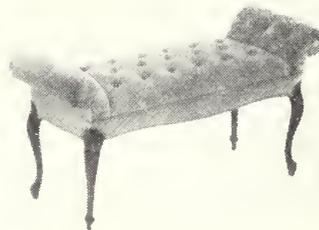
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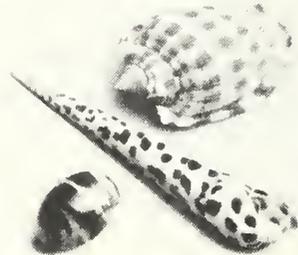
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Mama duck has a white felt body, an orange felt bill and webs, downy head and tail; she's 1 1/2" high. Her babies are like her, but only 8". What a cuddly group! Mama, \$13.50; babies, \$4.50 each. Add \$1.50 post. per order. Annalee's Workshop, HG1, Box 446, Meredith, NH 03253.



TIMELY ART

One of the best loved patterns ever created is now available in a charming wall clock with battery-operated movement. The Meisner "Blue Onion" design is set off by bold Roman-numeral hours, 10 1/2" diameter. \$33 ppd. Add \$1.50. Miss. Jenifer House, Dept. HG-1, Great Barrington, MA 01230.

Announcing the most incredible formula ever featured in a no-hunger reducing program!

NOW! THE DOCTOR'S PILL THAT HELPS CONQUER FAT FOREVER!



Called the "Total Contentment" pill — it's safe as a cough drop, gentle as a vitamin pill — yet so effective it helps shut off your appetite for hours at a time. Meaning instead of gorging yourself — instead of yielding to hunger — instead of battling those constant urges for snacks — you simply reach for a pill instead of fattening foods, and lose up to 6 pounds of fluid and fat the very first weekend.

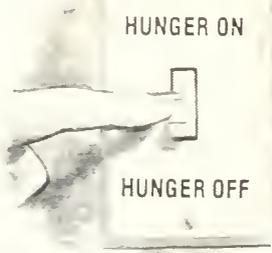
Even more significant as long as you follow this medically proven lifetime slimmness program, you actually become totally immune to fat build-up for the rest of your life — even if you've been hopelessly overweight for the last 25 years.

YES! NOW LOSE 20, 30, EVEN 40 — OR MORE POUNDS, AND KEEP IT OFF FOREVER!

Yes, what you are now looking at is the last ad for a reducing product you will ever have to read in your life. Because just 60 seconds from now you're going to discover how medical science now makes it possible for you to lose 10, 20, 30 — even 40 pounds — or more AND NEVER GAIN IT BACK FOR THE REST OF YOUR LIFE. That's right! Lose up to 12 pounds in just 4 days... shrink your waistline up to 3 inches in a mere 2 weeks' time... and even more important, discover the way to make yourself **TOTALLY IMMUNE TO EXCESS FAT FOR THE REST OF YOUR LIFE!** In other words, **PERMANENT LIFETIME SLIMNESS — FINALLY YOURS.** Thanks to this doctor's brilliant program and the **TOTAL CONTENTMENT PILL**.

NOW! A LIFETIME OF SLIMNESS WITHOUT THE TORTURE OF HUNGER

How can medical science make this lifelong dream come true? It's simple. Because doctors have developed a remarkably easy way for you to **TURN OFF EVEN A RUNAWAY APPETITE** any time you want **JUST LIKE YOU TURN OFF A LIGHT SWITCH!** Yes, actually command hunger to **STOP** almost instantly — on the spot, before meals, at meals — between



Now Shut Off Your Appetite On COMMAND Just Like You Switch Off A Light

meals — and make excess pounds and inches disappear from sight so fast... that in a matter of weeks you may actually need a brand new wardrobe.

NOW COMES MEDICAL SCIENCE'S INCREDIBLE "MEAL-IN-A-PILL"

The secret behind this miracle program that conquers fat forever is a brilliant new development called the **TOTAL CONTENTMENT PILL** — that according to medical experts is so effective, just one pill has the same hunger-satisfying potential as a serving of bread, mashed potatoes, or any of these filling foods you would normally heap on your plate. Yes, one single pill that gives you virtually the same "fully satisfied" feeling as a main dish of a delicious Sunday dinner... even on people with runaway appetites.

In other words, even before you have those first pangs of hunger — that maddening craving for food — you simply put your appetite to sleep with this amazing "meal in a pill". Because just like water turns off thirst, this incredible **TOTAL CONTENTMENT PILL** turns off hunger **AUTOMATICALLY** any time you want!

PERMANENT LIFETIME SLIMNESS ONCE A DREAM — FINALLY A REALITY!

Best of all, because it was developed by doctors, the **TOTAL CONTENTMENT PILL** is not only as safe and mild as a vitamin pill, but so gentle that the only sensation you experience is that of total satisfaction. And the only change you'll feel or see is in the smaller size of your clothing!

YOUR TUMMY FEELS LIKE YOU FEASTED — BUT, YOUR WAISTLINE LOOKS LIKE YOU FASTED!

What does this mean? Simply that from this day on, depending on how overweight you are, any time you want to melt away 10, 20, 30 — or even more pounds... any time you want to...



Amazing "Meal-In-A-Pill" Gives Total Satisfaction... You're Simply Never Hungry

VITAL NOTICE:

You must promise to eat. Yes, even though the **TOTAL CONTENTMENT PILL** has the ability to turn off your appetite just like you turn off a light switch **YOU CANNOT GO ON FOR LONG PERIODS EATING NOTHING**... even though you have no appetite. Sure, you'd lose weight like crazy... but the doctor says it's unhealthy. You must eat at least two meals a day... even if you have to force yourself. And he provides you with a way to stimulate yourself so you have a balanced caloric intake... no matter how little you care to eat. We urge you to show this entire program to your own family physician and see if he doesn't agree that this is a medically-sound approach to the problem of obesity.

- LOSE up to 4 to 6 inches off your waistline**
- LOSE up to 3 to 4 inches off your hips**
- LOSE up to 3 inches off your thighs**
- LOSE up to 4 inches off your buttocks**
- LOSE up to 4 inches off your stomach...**

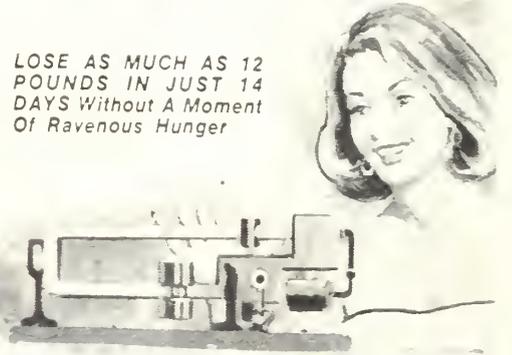
instead of torturous diet... instead of brutal exercise... instead of battling your will-power... you just take medical science's new **TOTAL CONTENTMENT PILL** as part of this "lifetime slimmness program". **SHUT DOWN YOUR OLD ENEMY, HUNGER — SHUT OUT FAT-BUILDING CALORIES**... and for the

first time ever, actually make yourself **TOTALLY IMMUNE TO FAT BUILD-UP FOR THE REST OF YOUR LIFE** — as long as you take an oath to faithfully follow this proven road to **LIFETIME SLIMNESS!**

PROVE EVERY LOST OUNCE ENTIRELY AT OUR RISK!

So if you are seriously determined to transform your body into a new slim trim you... if you've finally made up your mind that never again will you suffer the problems or embarrassment of overweight... if you want to see pounds and inches vanish from sight and stay vanished forever faster than you ever dreamed possible... in short, if you want to take advantage of this exciting medical plan that combines both a doctor's pill and program that makes lifetime immunity to fat! lifetime slimmness not a hope but a living reality... then take advantage of the no-risk offer described below.

No one ever again need be even a single pound overweight! Why not take **THE FINAL STEP** and get rid of all those excess pounds, excess inches **FOR THE REST OF YOUR LIFE**. Act now.



LOSE AS MUCH AS 12 POUNDS IN JUST 14 DAYS Without A Moment Of Ravenous Hunger

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MAIL NO-RISK COUPON TODAY

Mead-Wilson Pharmacal, Dept. UTCA-17
Caroline Road
Philadelphia, PA 19176

Yes, I want to lose weight fast and permanently with this doctor's amazing program featuring the **TCP Pill**. Please rush the offer I have checked below. If not delighted, I may return it in 10 days and you will refund the full purchase price (except postage & handling).

Full 60-Tablet Supply only \$6.95 plus 35¢ postage & handling

Full 90-Tablet Supply only \$8.95 (Save \$1.50) plus 50¢ postage & handling

Full 120-Tablet Supply only \$11.95 (Save \$2.00) plus 65¢ postage & handling

Total amount enclosed \$_____ PA residents add 6% sales tax. Check or money order, no CODs please.

CHARGE IT: (check one) Exp. Date _____

BankAmericard American Express

Master Charge

BANK NUMBER _____

Credit Card _____

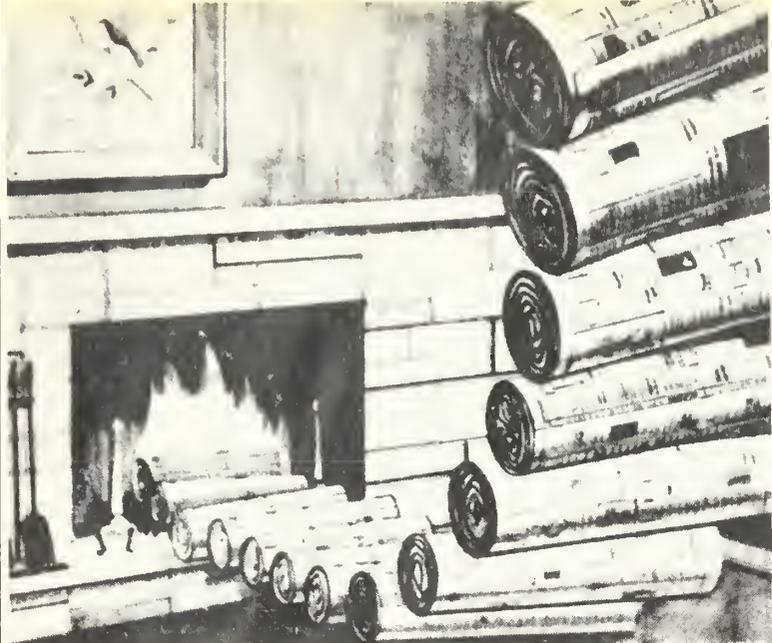
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City _____ State _____ Zip _____

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MAKE A LOG

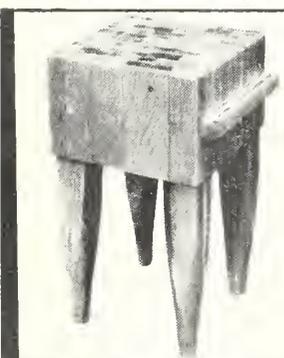
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WRIST SPARKLER

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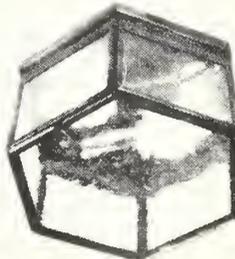
SOARING BIRD GRAPHIC

High flying bird is serigraphed Belgian linen. Comes in a kit wall mounting. Finished size: 4 by 34". Kit includes graph mounting frame, instruction. Specify a navy or dark brown but both on beige. \$20.95 ppd. Free catalogue. Stazel Ltd., HG1, B 9406, Providence, RI 02940.



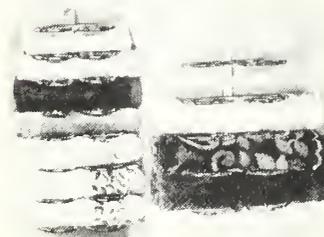
SAFE RETURN

Anyone will know where Fido Felix belongs when his ID tag tells all: name, address and telephone number (specify), all permanently engraved on a stainless steel disc. A reassuring "insurance"! \$1 ppd. Free catalogue. Write to Holic Gifts, Dept. 301-7B, Wheat Ridge, CO 80036.



LOW CEILING LANTERN

Handcrafted lantern with fine tail work is only 5" deep so it wonderful in old houses with low ceilings. Available in either brass or copper. One of many lights and lanterns in a 48 page catalogue fine reproductions. \$1. Heritage Lanterns, HG17, Sea Meadow Lane, Yarmouth, ME 04096.



ALWAYS HANDY

Sturdy metal rack finished in brass or nickel plate. #GWTH-8 is 5 by 3½" d. by 13"h., holds 7 hand towels or face cloths. \$9. #GWTH-4 is 8"w. by 5½"d. 13"h., holds 4 bath towels. \$11. Both for \$19.50. Ppd. St. Nicholas Boutiques, HG1, Santa Claus, 47579.



PICK THE ROSES

None more beautiful than the roses. Send for Jackson & Perkins (world's largest nurserymen) free, full-color catalogue featuring the latest award-winning varieties plus familiar favorites. Also shows a selection of bulbs, fruit trees, vegetable tables. Roses '77, 34-B Rose Medford, OR 97501.



PANEL THISTLE

A rare addition to the popular sign that has become a glass favorite of collectors. Now pressed glass, an exact copy goblet made over 100 years ago. Bee imprint. 5½"h. by 3¼". \$5.95 plus \$1.15 post. Art Galleries, HG1, 2100 No. Has Ave., Dallas, TX 75204.

DINING GLAMOUR

Panorama ceiling lamp is hand woven of natural rattan. Comes with wiring and canopy, ready for electrician to install over table. Accepts 10" globe (not included). 22" dia. by 17" h. \$49.95 plus \$5 post. Catalogue 25¢. Fran's Basket House, HG1, Route 10, Succasunna, NJ 07876.



TOWELS APLENTY

Pine towel rack with two bars has pool turnings and can hold lots of finger tip or hand towels at the ready. 24" long. Put it up in powder or bath room. \$12.50 plus \$1.50 postage. Catalogue 50¢, free with order. Sturbridge Yankee Workshop, HG1, 450 Brimfield Turnpike, Sturbridge, MA 01566.



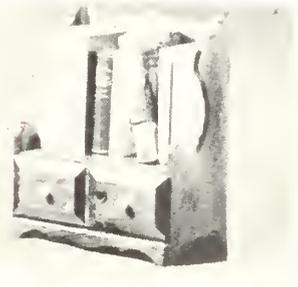
NAVAJO LULLABY

First edition by Don Ruffin, noted artist of the Southwest. It depicts warm earth tones an Indian mother and her child. Native American art, lovely to own or to give. 7" diameter. Limited 10,000. 40 ppd. Edd, the Florist, HG17, 23 North Court, Ottumwa, IA 52501.



COOKBOOK SHELF

For easier menu planning. Top holds 8-10 books. File recipes and coupons in divided drawer below. 17" h. by 13" w. by 8 3/4" d. Available in kit form \$14.95 plus \$2 post.; or finished in antique pine \$19.95 plus \$2.50 post. Yield House, Dept. G71R, North Conway, NH 03860.



BATHROOM PLANTER

On top of toilet tank, waters your plants by capillary action from tank. Plants absorb odors and give off freshening oxygen. High-impact plastic in glossy white. With watering wicks, soil and instructions. \$9.99 plus \$1 post. Holiday Gifts, Inc., Dept. 301-7D, Heat Ridge, CO 80033.



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Designed to relax nerve/muscle tensions, to relieve arthritis/rheumatism; after mastectomy. Slight arch to ease shoulder while elbow/wrist/fingers are cradled. Adjustable. \$3.89; pair \$7.59; white zippered case \$2.98, pair \$5.59. Ppd. Better Sleep, HG1, New Providence, NJ 07974.



REFLECTS THE PAST

May's replica of the old-time Chesapeake oil lamp. Its brass base has an antique-look, soft china and a one-candle socket. Five-inch white glass shade. 8 1/2" h., extends 4". Specify pin-up or permanent-mount. \$19.95; post. \$1. Robelier, HG1, Box 183, Villanova, PA 19085.



SHEERS & SEMI SHEERS

BEDSPREADS

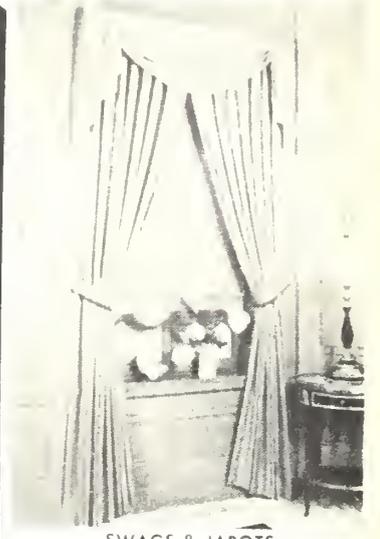
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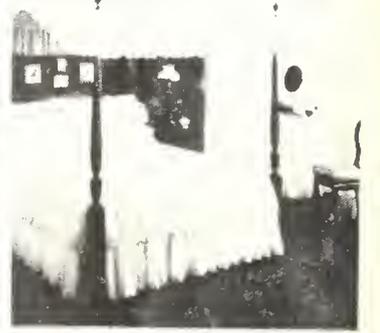
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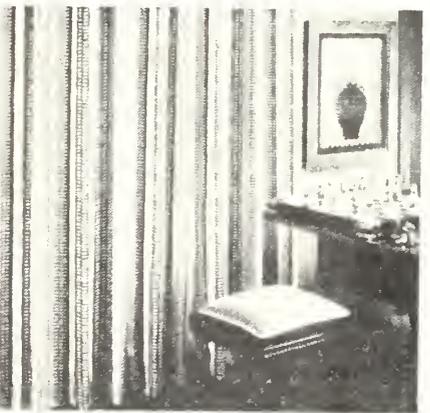
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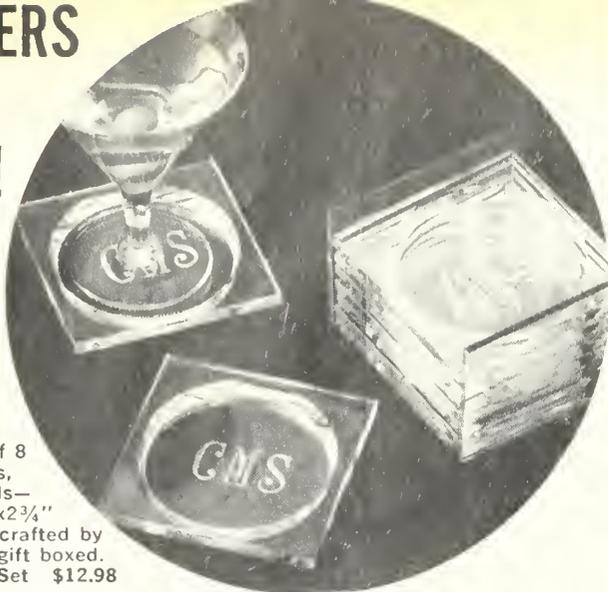
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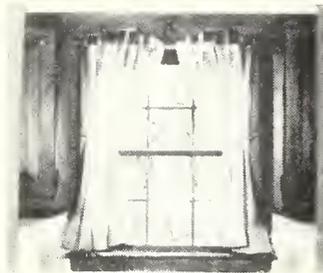
SUPERGRAPHICS

Canvas tote holds shopping bag with style. Colorfast, machine washable, 15" sq., strong web handles. Red/green strawberry brown/green mushrooms, orange green carrot. Each \$7.95 plus 75¢ post. Gibson Design Studio, Dept. HG1, 77 No. Washington St., Boston, MA 02114.



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Classic wrap-around you'll want to wear practically every day. Quality polyester/cotton denim, wide back panels, button-front waistband and patch pockets. Navy blue in size XS, S, M, L for 6-20. \$28 plus \$1.75 post. New free catalog. The Talbots, Dept. GX, Hingham, MA 02043.



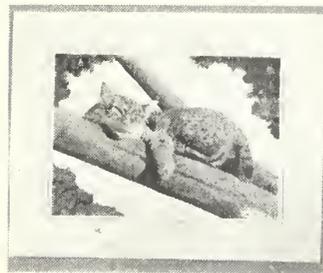
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Cheery accent in tab curtains, 1/4" check. Yellow, green, red, brown blue or pink. Approx. 80" w. per pair 36", 40"l. \$14; 45", 54"l. \$16.33, 72"l. \$18. Add \$2 post per order. Send for free catalog. Sample swatches, \$2. Constant Carol, HG1, Box 899, Plymouth, MA 02360.



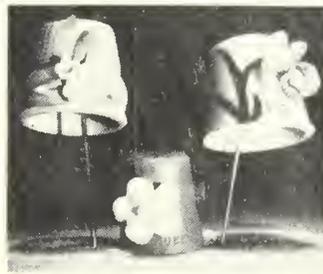
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FOREST YOUNGSTER

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Collectors, take note! A trio of beautiful bisque-porcelain thimbles with raised design and sculptural flower, signed and dated. Exclusive with Downs. Pink, blue, white \$7.50 each plus 25¢ post. Catalogue 50¢. Downs Collectors Showcase, Dept. 1401-Z, Evanston, IL 60204.

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Rush seated (woven by hand) chair is in native hardwood with lovely turnings and elegant slats. 42 1/2" high, seat h., 17 1/2". Sanded, unfinished, \$21.95; walnut, pine or maple, \$25.95 matching arm chair, \$29.95. Exp. coll. Catalogue 50c. Marion Travis, HG1, Box 292, Statesville, NC 28677.



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Venetian glass, imported beads that reflect their Italian origin with a never-ending trail of rampant flowers in a rainbow of colors. Handmade; break-proof clasp. 16" choker, \$7.95. 28" l. necklace, \$12.95 plus 50c post. Hansa Jewelry, HG1, Box 17092, Nokomis Sta., Minneapolis, MN 55417.



GENUINE LAMBSKIN

Cozy rug in front of fireplace or on floor by your bed, approx 2' by 4'. In natural white or assorted colors. \$39.95, plus \$1.50 post. Send \$2.50 for swatch card of decorator's colors. (Refundable with purchase) Golden State Sheep Tanning Co., HG1, 360 Furman St., Brooklyn, NY 11201.



FOR SPECIAL MEN

A free catalogue with apparel in hard-to-find sizes for tall, extra tall, or big men. Helps women who shop for men. Find shirts in exact sleeve lengths to 38"; necks to 22; waists to 60"; shoes, boots to 16 EEE. The King-Size Co., 2526 King-Size Bldg., Brockton, MA 02402



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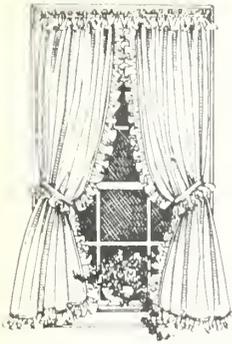
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Ruffled Permanent Press



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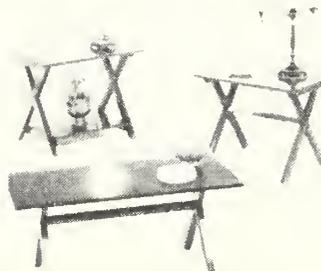
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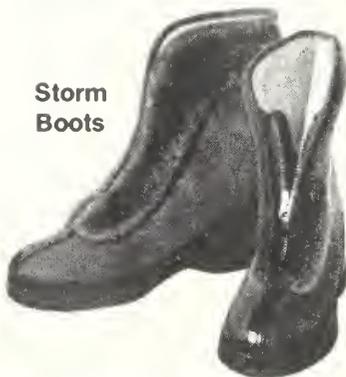
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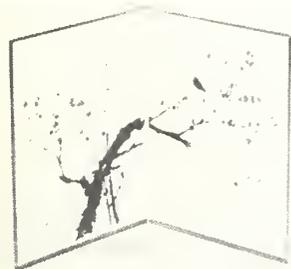
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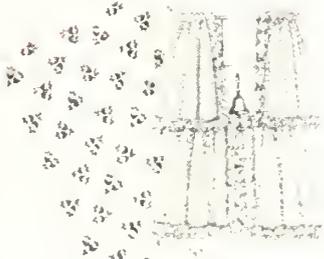
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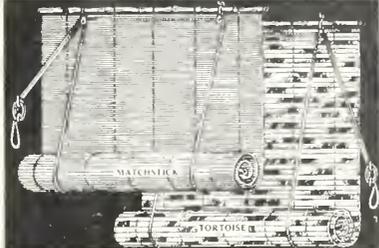


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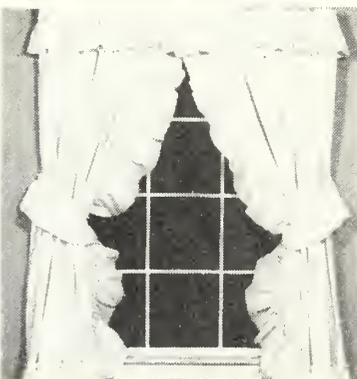
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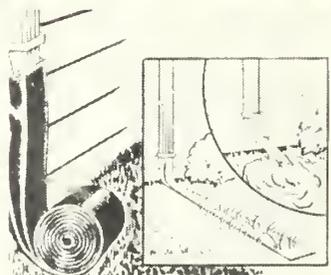


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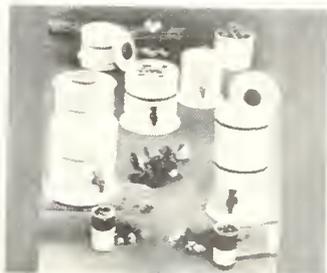
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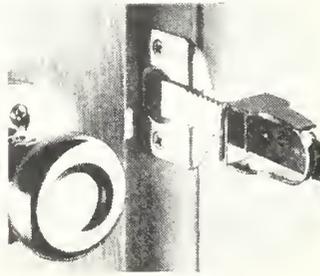
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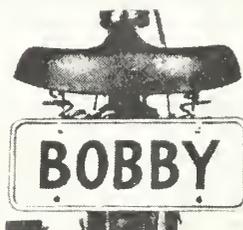
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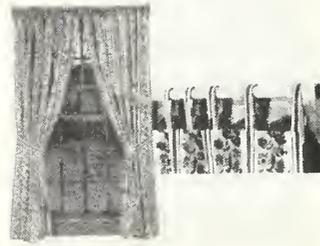
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Protects you at home, small enough to carry to hotel or motel, no tools needed. Ingenious all metal device 4 3/4" l. Slip between door and jamb, shut door, slide lock's safety-bar towards door. Locks without key! \$1 ppd. Walter Drake, HG93, Drake Bldg., Colorado Springs, CO 80940.



NAME PLATE

Identify that bike, trike or wagon with a small fry license plate. Heavy steel in baked enamel colors. Specify name or nickname up to eight letters 7" by 2 3/8". Great gift idea. \$1 ea. plus 50¢ post. Best Values, HG1, 160 Amherst St., East Orange, NJ 07019.



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Today, as in colonial times, tab curtains add charm and grace. Waverly Meissen stripe, red, blue, green or gold. 80" w. per pr. 45" \$26; 54" l. \$28; 63" l. \$32; 72" \$34; 84" \$40. Add \$2 post per order. Catalogue free. Swatches, \$1. Constance Carol, HG1, Box 89, Plymouth, MA 02360.



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Now we just slip socks into the firm holder, then into washer and dryer and back in drawer. Red, green, blue and yellow—you may use a different color for each member of the family. 32 (eight of each color), \$5 ppd. Write to C. Gordon, SE1, 18 Church St., Paterson, NJ 07505.

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It's a tennis dress and a swim suit. Separate pants with elasticized waist and legs. Wear your own bra for comfort. Double-knit 100% washable nylon jersey in white, yellow or royal blue. Sizes 8 to 18. \$32 plus \$1.50 post. Vicki Wayne, H1C, 600 So. Country Club Rd., Tucson, AZ 85716.



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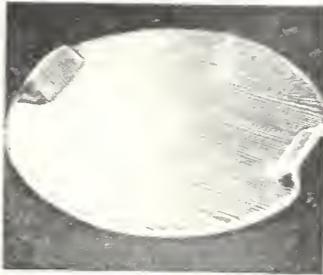
BRASS QUARTET

Four footed trivets of solid brass play a symphony of good fortune in Chinese characters. Choose from long life; double happiness; good luck; prosperity. Approx. 4 1/2" sq. Rings for hanging. Set of four, \$7 ppd. Write to: A. C. Gifts, HG 1, 642 Central Ave., Yonkers, NY 0710.



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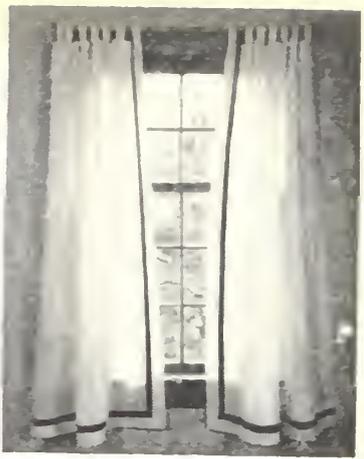
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Delicately detailed pendants styled in ancient amulets worn by nobility of ancient cultures. 1 1/4" high on matching 18" chain. Specify left or right style. In 14k gold \$34.95; sterling silver \$14.95. Add \$1 post. Spectrum International, Dept. H, Box 710 North Bellmore, NY 11710.



TAB CURTAINS

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Meissen Stripe Red, blue, green, gold		\$25	\$26	\$28	\$32	\$34
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Set includes two brackets made from birch, four nails and a 36" by 48" (specie) wooden rod						
CATALOG FREE					FABRIC SAMPLES about 30" \$2	

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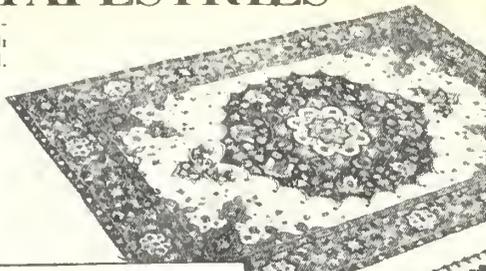
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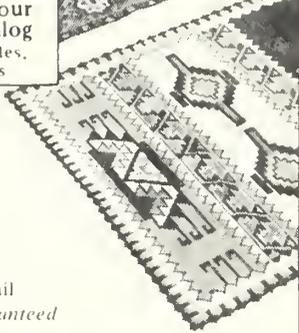
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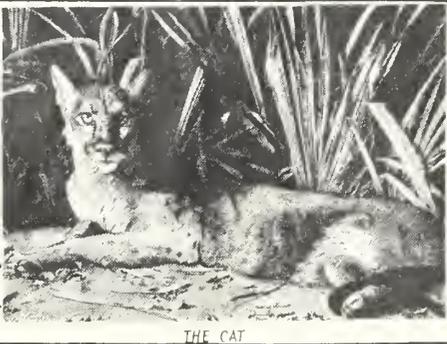
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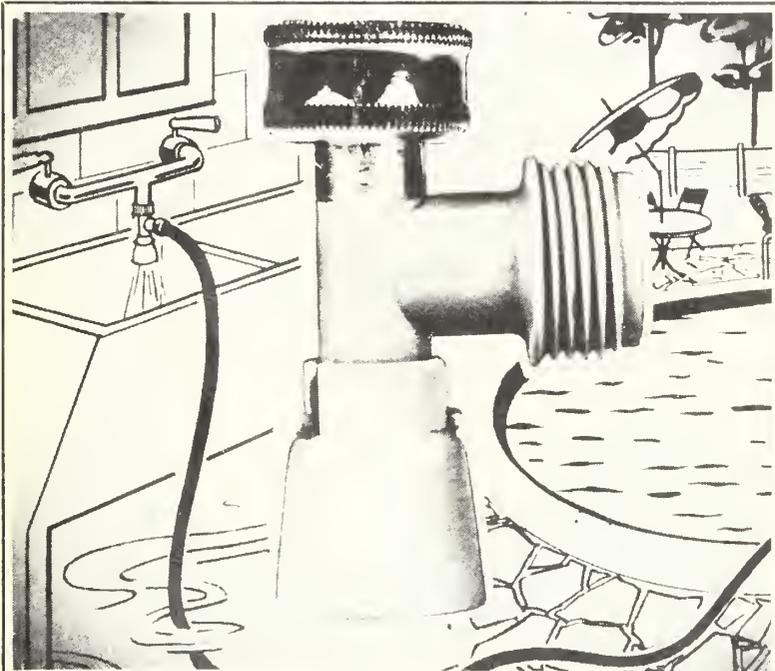
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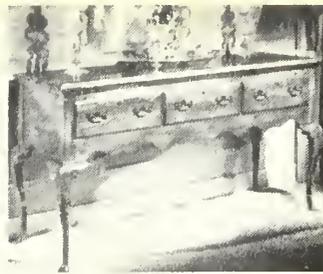
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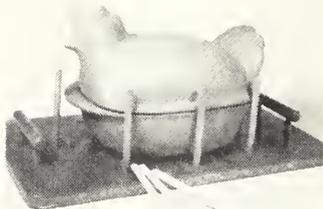
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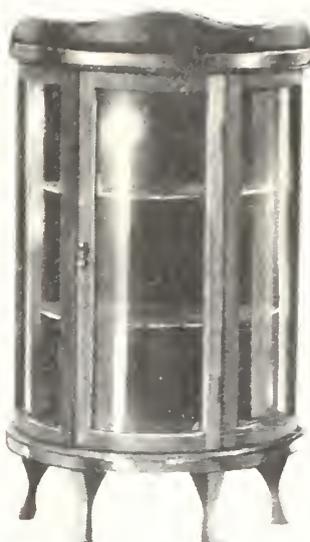
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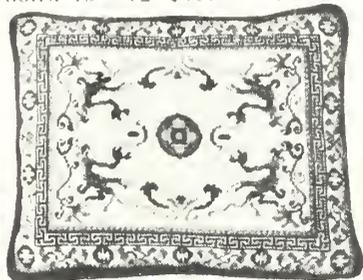
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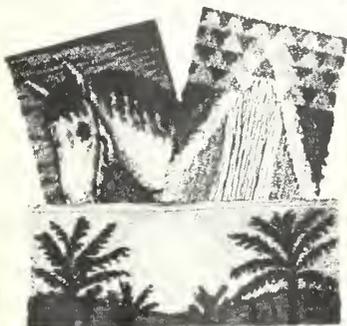
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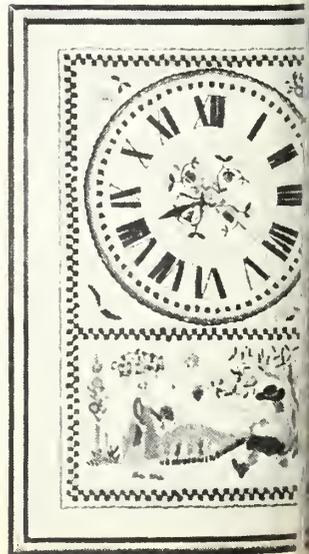
Blue onion

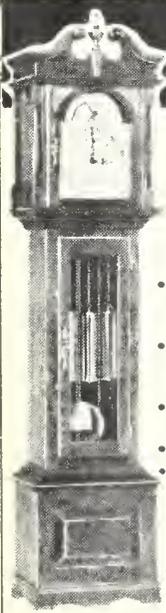
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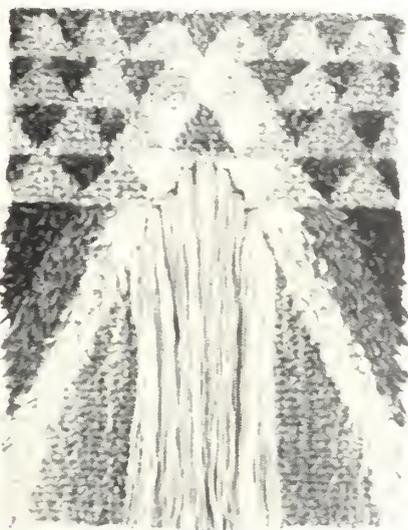
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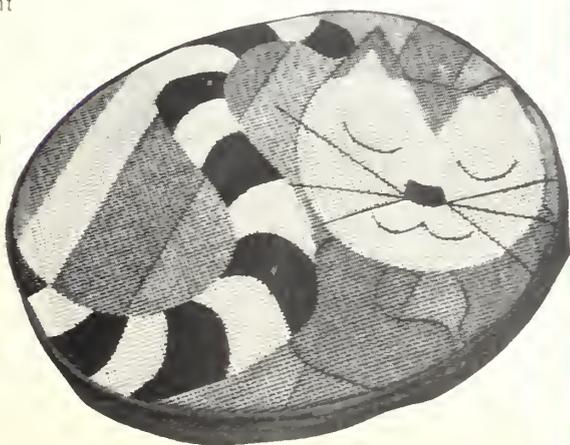
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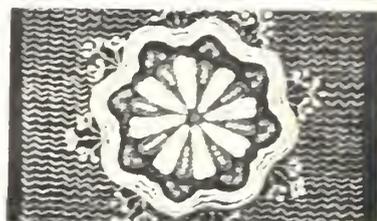


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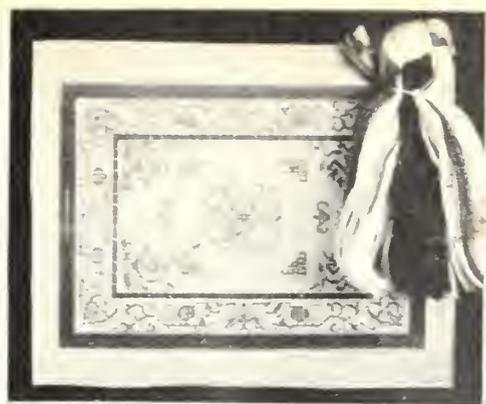
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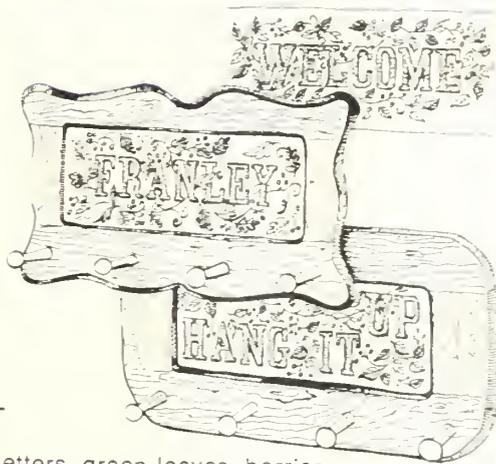
Ming Signature

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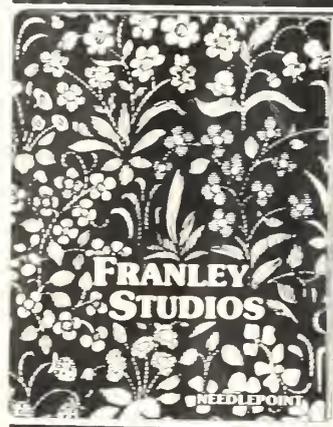
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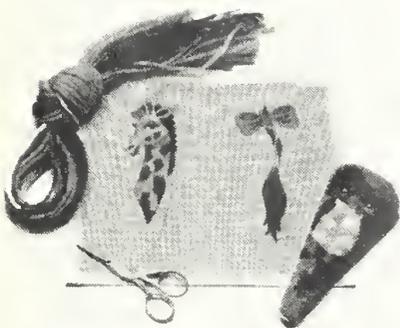


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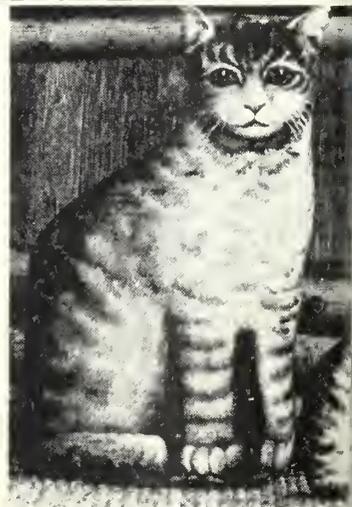
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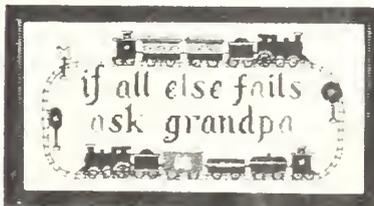
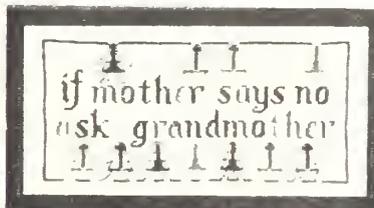
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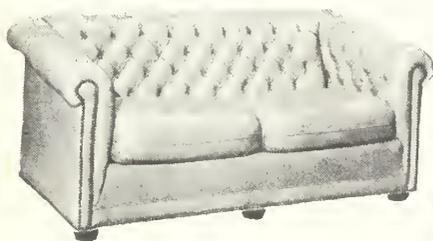
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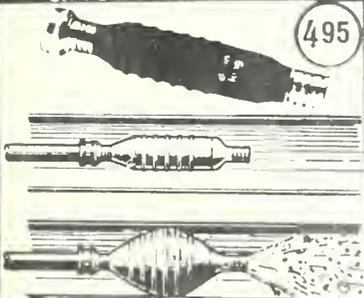
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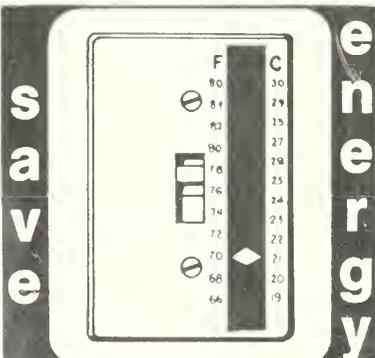
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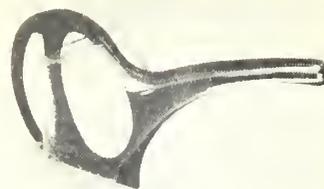
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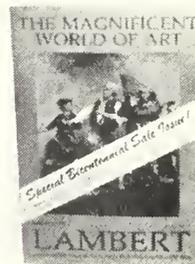
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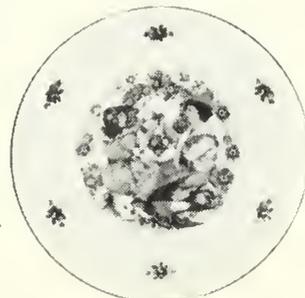
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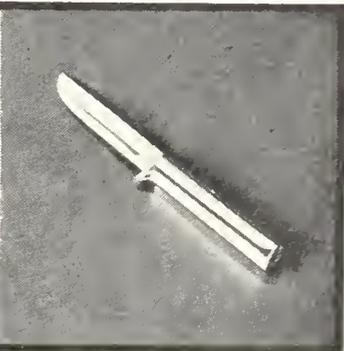


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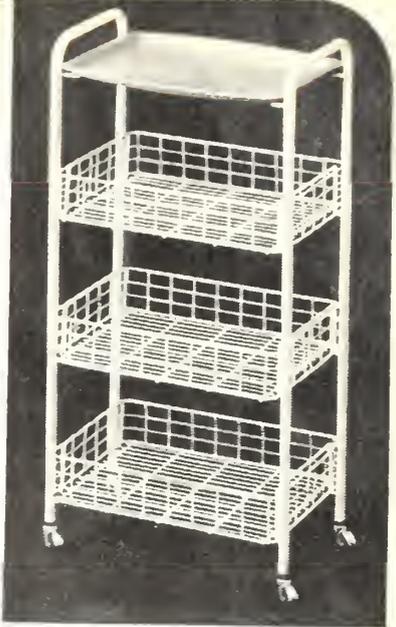
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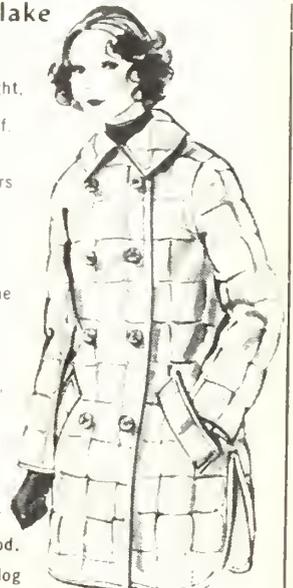
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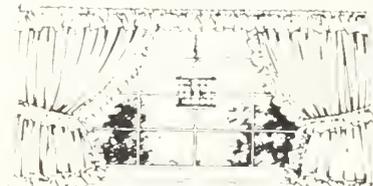
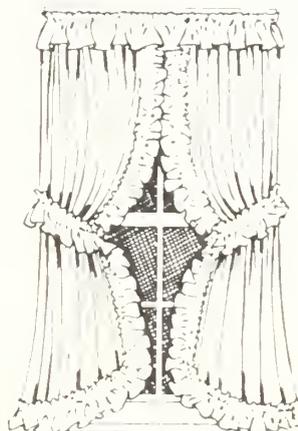
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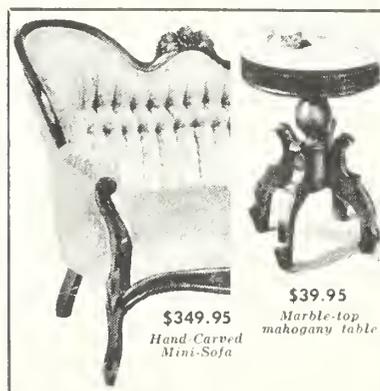
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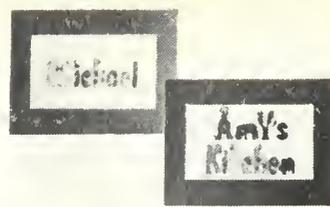
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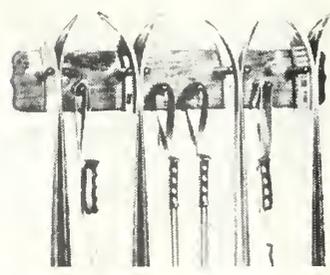
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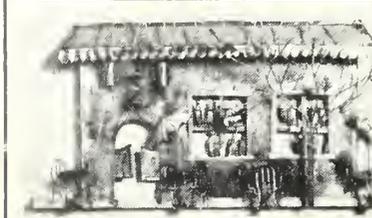
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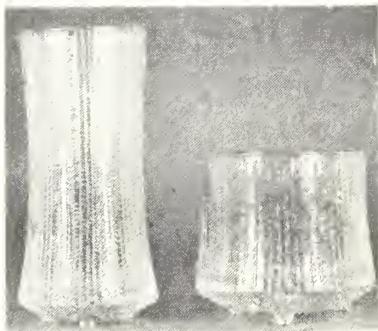
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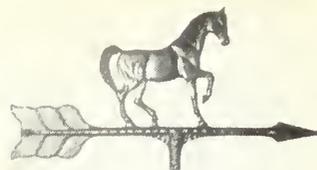
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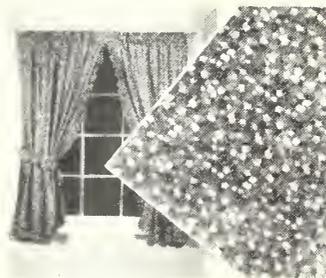
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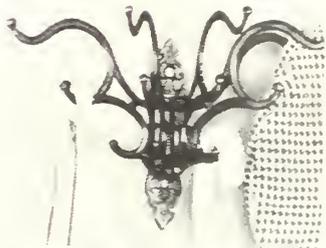
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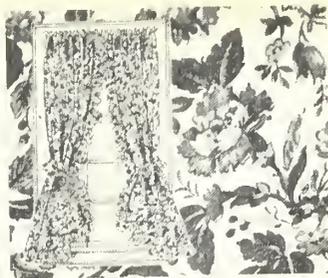
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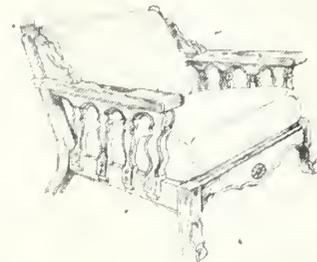
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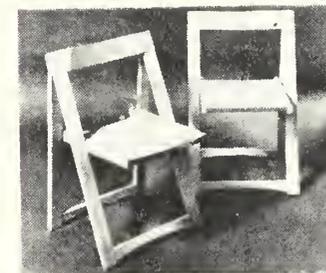
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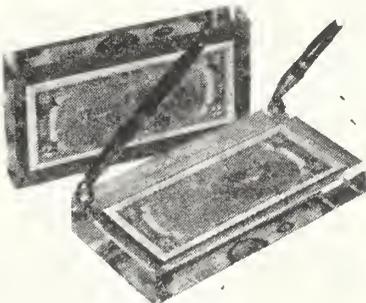


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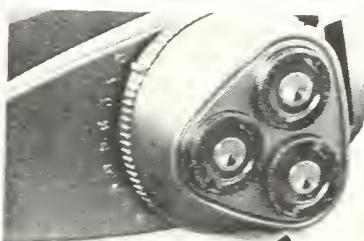
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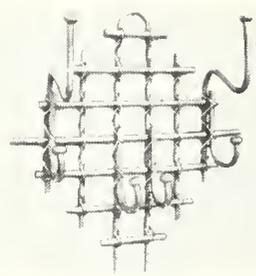
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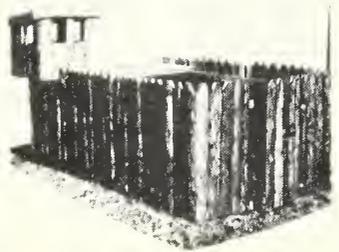
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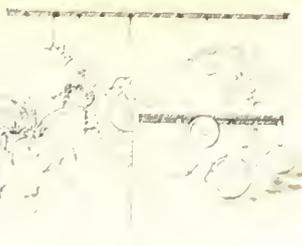
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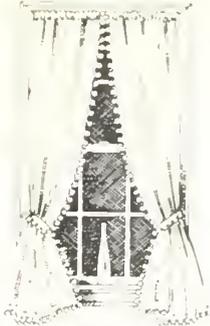


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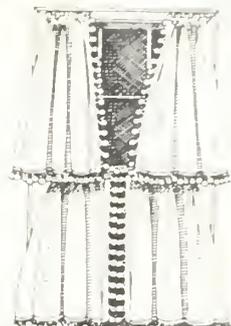


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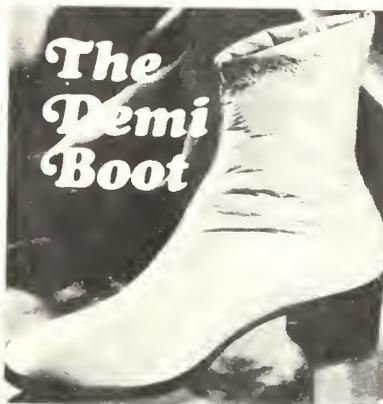
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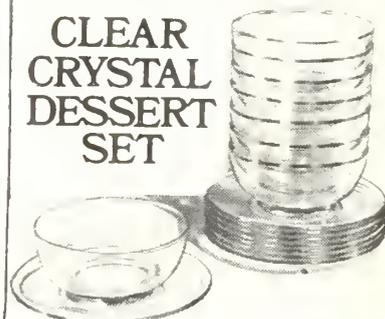


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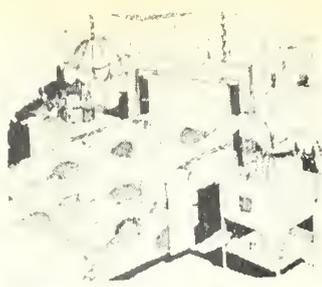
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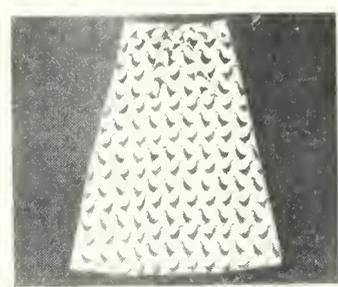
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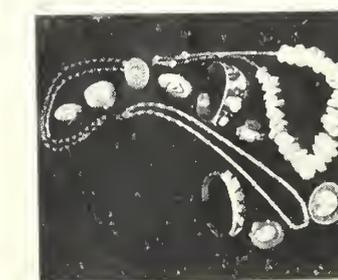
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City vs Country

continued from page 113

Angeles has a very high crime rate, even though it is not very crowded (it has a large population, but it's spread over considerable space). But it is not the crowding that makes the difference. In the case of Japan it is probably factors such as its homogeneous society and other aspects of Japanese culture that we cannot measure.

"In American cities, studies by H.H. Winsborough and by O.R. Galle and several associates in Chicago, and by Alan Levy, Stanley Heshka, and myself in New York, have shown that when people's income, education, and other life situations are equal, the level of density under which they live plays no role in the amount of crime they commit. Using two measures of density—the number of people an individual interacts with in his neighborhood and the amount of space available where he lives—we examined the relationship between them and the crime rate as measured by juvenile delinquency. With income level and ethnicity equated, there is no relationship between either measure and juvenile delinquency. Quite startlingly, there is actually a reverse relationship between density and juvenile delinquency in low-income areas—people who live under high density have a *lower* rate of juvenile delinquency than those who live in low-density areas." This finding would not surprise urban specialists like Jane Jacobs, who argues convincingly that a healthy city or neighborhood is one that has a lot of people in the streets. And common wisdom in big cities suggests sticking to crowded streets when wandering around, especially late at night.

So far two assumptions have been effectively questioned: that crowding is necessarily bad and that crowding causes crime. What about the third, that city-dwellers would really all be better off spiritually if they lived in a cottage surrounded by nature? Jonathan Freedman is ready for this one too, as the shrewd reader will have come to expect. "There is no evidence," he says, "that country people are different from city people, except in the obvious sense that they're used to the country and city people are used to the city. My colleagues and I recently did a study on happiness in the U.S. and we found that people who lived in the country and small towns are no happier than the people who live in cities and metropolitan areas. They have no less stress or anxiety or mental illness. We think of the country as the idyllic life where you relax and talk to the trees. In fact, you carry your problems with you, and it's the same wherever you live."

Jonathan Freedman goes further than this, however. He believes that there is an extra *bonus* to living in the city, quite

apart from providing people with work and a dazzling array of cultural happenings and companions. His theory is that *crowding intensifies feeling*. "High density serves to intensify the individual's typical reactions to a situation. It is as if you're listening to music and you turn up the volume. If you like the music you'll like it more, and if you dislike it, you'll dislike it more. If you are at a party with people you like, the enjoyment will be intensified by the number of people there. The presence of other people produces the positive response."

Freedman backs up this theory with studies he conducted, in which he put a subject in an enjoyable situation with other people, first in a small room, then a large room. Similarly, he put a subject in an unpleasant situation with other people in a small and large room. In all cases, the effect of the small room crowded with people served to *intensify* the subject's feeling of enjoyment or unpleasantness. In other words, increasing density intensified both positive and negative reactions.

Before all our rustic friends start packing up and rushing back to the cities, however, even Jonathan Freedman admits to *some* problems of high-density living. "High-rise buildings may create a sense of alienation and anonymity that is difficult to overcome," he agrees. "Crowded elevators, great long corridors, distance from a playground, all probably increase this feeling of isolation. I would like to see fewer high-rises and more 4- or 5-story walk-ups, where people get to know each other on the stairs, where there are no long anonymous corridors, where the ground floor is accessible. Maybe we could design social areas on each floor for children to play in, and where certain services could be installed, such as washers and dryers. You can get the same number of people per block in such a building, by cutting out the central courtyard of high-rises, which no one ever uses, and it would enormously increase social cooperation. Many cities across America are considering zoning laws to encourage this form of building. Moreover, in a landmark court decision just passed in Minneapolis, it was held that the government could no longer give financial support to a high-rise housing development half-built in that city for low-income families. In other words, the courts are now stepping in to discourage the building of any more high-rises."

The news for cities and their inhabitants looks good and is getting better. The excitement and delights of city living are not nostalgic dreams, but realities. If people continue to enjoy and have faith in the city, the city will give them an intensification of life that country people, for all the good things they enjoy, may sometimes wish to share. ■

The multipurpose room

continued from page 56

They are finding it easier to relate to family members—and outsiders.

We are jumping back to the pre-18th century pattern, but with a strictly late 20th-century emergency exit built in. Multipurpose does not just mean space in which everyone can do anything together. It means flexibility. When a certain space is going to accommodate family members, plus unprecedented numbers of visitors, the potential of the space not only has to be stretched to the fullest, but must be capable of shrinking and being reshaped as well. Different people have different relationships with space, just as they have individual tastes in beverages, cars, and wallpaper. These days the *designer* becomes multipurpose—doubling as a therapist, interpreting the needs of everyone who will eventually occupy the space-to-be-articulated.

And once the designer has led the client into a revelation of spatial needs (which often requires getting the client to recognize those needs in the familiar place), then he or she must properly deliver the space to the client, his family, and friends. Form, in architecture, has traditionally determined content. Now the tendency is for content to determine form—as in a tailor molding a garment to the human body.

What is going on in architecture, interior planning, and furniture design can't be separated from new directions in fashion. Reiko, a relative newcomer, epitomizes the current demand for clothes which adapt to the wearer. Reiko uses drawstring waists. Her shoulder sleeve boundaries are loosely defined, nonexistent. Today's clothes, in general, are made for comfort, not show. Hosiery, too, are no longer outfitted with stockings in mind. Interiors are sensible, sensibly adjustable to the changing moods and activities of the people within them.

Traditional Japanese space-planning offers a fascinating example of multipurpose design. "In Japan," architect Toshio Tamano told me, "there is a room, always open. When we wake up, we pull our mattresses out and sleep on the floor. When we get up, we pull out folding tables and eat." New York architect Michael Kalil is involved with expanding the space of a single room too, but through technology—not so much new mechanisms as newer uses of existing ones. "I recently designed a cocktail table with a hydraulic lift in the base that raises the table to dining height," he says. "A living room becomes a dining room at the push of a button. We lift and pull surfaces around. I can push a button and have a wall of a room fall back—on the stage-door principle."

Architect Alan Buchsbaum, this

Continued on page 148

January journal

Community gardens in Europe, container planting for vegetables, and seasonal tips for winter gardeners

By James Fanning

For garden architects

the Mädderlake slim-space garden (page 74), every possible square inch is devoted for the growing of plants or the comfort of people. To make such efficient use of space, structural elements are important, whether they support plants and leisure equipment or simply provide shade. The planning, sawing, and nailing that go into these structures will pay off during the warm months. A good how-to book is one way to get started on whatever building your back-

yard may need. One of the best of these, devoted entirely to construction for giving shade or providing support for plants that may demand it, is *Your Trellis Garden*, by Jack Kramer (Walker, \$7.95). Kramer gives basic designs for garden structures of all kinds, with full instructions for building them, illustrated with line drawings and black-and-white photographs. For more information on the same subjects, look at *How to Build Fences, Gates and Walls*, by Stanley



A hammock support must be sturdy, but it is easy to build.

Schuler (Macmillan, \$13.50). Schuler also tells how to build stone and brick walls with gateways. Line drawings and black-and-white photographs illustrate the text.

Community gardens: a European report

heartening to know that the United States Department of Agriculture has allocated funds for city vegetable gardens since 1977. For generations, city-dwelling Europeans have leased city-owned plots of ground for growing their family supply of fresh vegetables. In the 1840s, Daniel Schreber initiated the movement for allotment gardens in Germany. The idea of providing healthful recreation for factory workers. The idea caught on and today the "Schreber" gardens are used by apartment dwellers in every German city and, in fact, everywhere on the continent. Individual plots are usually about a tenth of an acre in size and fifty or more may be grouped in an area of arable ground easily accessible by bus, bicycle, or walking. Competition is keen among the occupants of a cluster of Schreber gardens. Some are used as country "estates," with tiny plots where families can spend their weekends. Others are planted to the last inch with cabbage, potatoes, beans, and all other vegetables that go into a German home cooking. In any case, the Schreber lot is a model of neatness and efficient land use. In the United States, the idea has been tried it has been on small "leftover" bits of land in heavily built-up areas. A disadvantage of this method is that the soil is usually pretty poor and needs attention. However, this puts the gardener on his mettle, since any kind of vegetable will produce satisfactory crops with a little attention of humus and fertilizer.



The owner of this Schreber garden in Herzogenaurach, Germany, concentrates on flowers, even has curtained windows in his weekend cottage.



This neighbor concentrates on utility with a simple shack, barrel of manure-water crops of Brussels sprouts and zucchini tree-form gooseberries.

More vegetables in less space

It may come as a surprise to farmers, but vegetables like those on page 72 do not need deep, rich garden soil to thrive. At the Bristol County Agricultural School in Massachusetts, experiments have shown that vegetables of all kinds—from beans to zucchini—produce higher yields per square foot of gardening space in containers than in open ground. More intensive care is needed, to be sure. Container-grown plants call for frequent watering and fertilizer applications, and cannot be left alone for more than a few days at a time. On the other hand, the attention is easily given, crops are easily gathered, and the trip from garden to table can be as short as an arm's reach.

Give them shelter

With winter well settled in, there's still time to apply protection to trees, shrubs, and flower beds. In fact, it's a good idea to let the soil freeze for an inch or two over bulb plantings before applying a winter cover. The icy layer delays sprouting that might start too early in the spring. The whole question of overwintering plants is considered in *Winterize Your Yard and Garden*, by George Taloumis (Lippincott, \$9.95). Taloumis explains the how and why of mulches, covering materials of all kinds, and anti-desiccant coatings. All of his points are illustrated with photographs, and there are chapters on how to care for pot plants through the winter and how to start your vegetable garden indoors.



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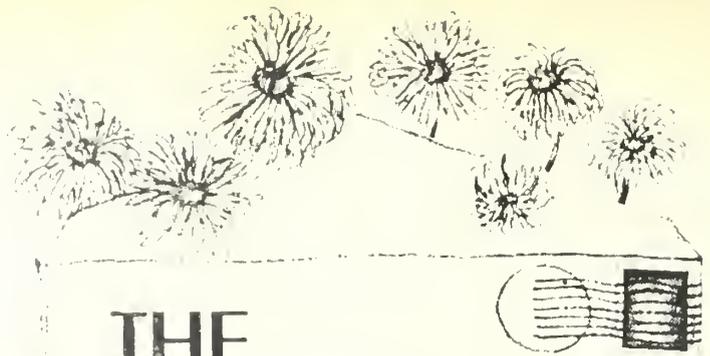
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THE GARDEN MART

During the winter, the knowledgeable gardener studies the lists and catalogues of mail-order plant suppliers, and whenever a desirable, hard-to-come-by plant appears, he hastens to place an order for spring delivery. This makes sense in many ways. First, cash-and-carry nurseries usually do not stock anything that will not sell quickly. Also, many mail-order nurseries specialize in plants of a particular species and may be expected to have not only top quality examples but also the widest possible variety of whatever their specialty may be. Mail-order firms, too, can stock many more items—whether plants or general garden supplies—than even the biggest nursery or garden shop has counter space for. Deliveries are prompt, and live plants usually arrive in top-notch condition, ready to be set in their permanent locations. Armchair shopping presents no payment problems, either—you can send your personal check or, in most cases, charge your order with a nationally accepted credit card. There's no urge to make hasty decisions when shopping by mail. Go over the lists and check one against another—an almost impossible task when you're shopping on the spot. Keep in mind, however, that first-rate material is in great demand, so study the catalogues and order as early as possible.

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The multipurpose room
continued from page 148

very much in the same terms, has designed a wall-on-rollers containing fold-out desk and space to store books and hi-fi equipment. It turns part of living space into a guest room when owners are so inclined. And Buchsbaum has created revolving walls to expand space usage. One such "wall" is really large cabinet on ball-bearing hinges which revolves part or all of 360 degrees to allow varying amounts of openness to form two separate areas.

Of course, most consumers can't necessarily afford the architectural shaping of their environments. Most of us have to stretch the uses of existing predesigned space. Furniture manufacturers are aware of this problem. "There are multiuse products in every price range today, thank God," says designer Irwin Schoen—"add-a-pad" sofas, sock-chairs, Murphy beds, can grow sleep-space; upholstered modules can be L-shaped for conversation, then placed end-to-end for sleeping. "Our typical customer is mobile," he adds, "usually moving from one two-room space to another two-room space. People don't have a sense of permanence about their environments anymore. And, within the environment-of-the-moment, the space use isn't permanent. There are temporary wall systems that people can pack up and take with them when they move. The square-footage is usually four times larger than floor square-footage in a room. We use it as much as possible by installing high-rise cabinetry with tables, desks, and beds that fold out. It's the same principle as transcending limited space with skyscrapers, by building upwards."

"Multipurpose," flexible word that is, may imply an anything-goes approach to space-planning. But in fact, designing for changing lifestyles requires as careful as well as more imaginative schemes. Which means a greater challenge for designers and the people whose homes they're designing. In the days of fixed rules and such things as The Living Room, people had fewer choices. Now, people are discovering that in life, as in love, there is not just one potentially marriageable combination of benefits and compatibility out there. It's no longer a matter of making the choice, but picking the best out of a number of right choices that exist.

So designing for the Space Age is no easy. It takes the effort of ingenious, careful planning, and contemporary solutions. When it works, though, a multipurpose room is easy to live with. And easy living, after all, is what the purpose, whatever form it takes, is all about. ■

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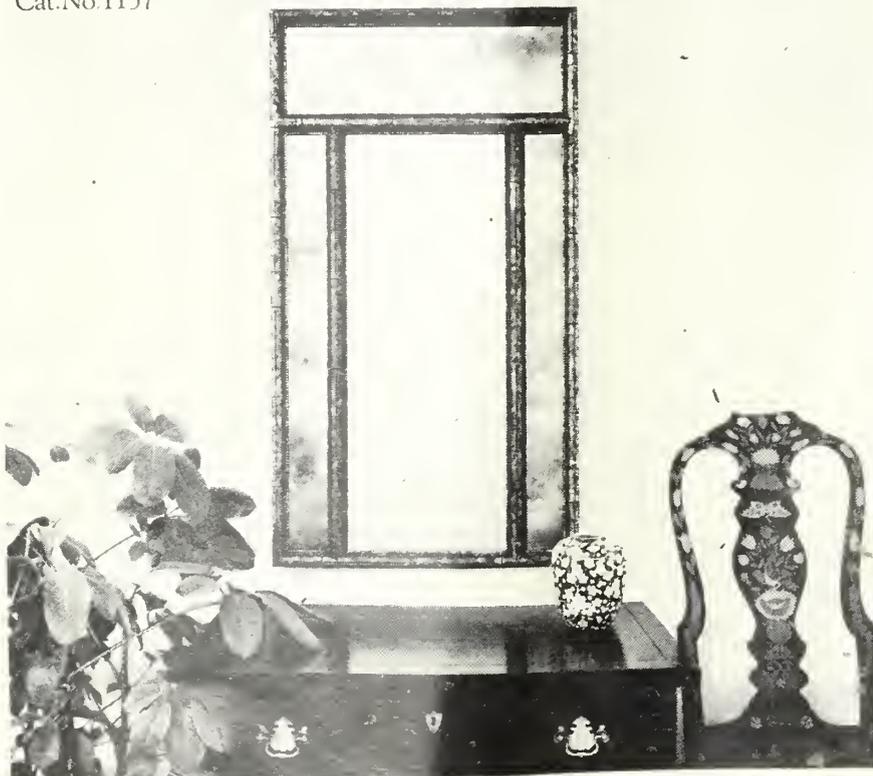


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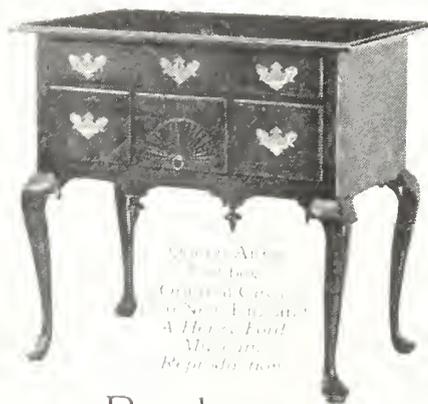

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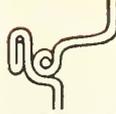
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