



ITALIAN FRUIT:
Set of 16 porcelain plates,
8 glasses, $\$ 464$.


GREEN CAUGHLEY:
Set of 16 earthenware plates, 8 glasses, \$122.


SUMMER DAY:
Set of 16 earthenware plates, 8 glasses, $\$ 280$.

## OUR PARTY PHILOSOPHY

Buffet entertaining is with us more and more, and we think that it demands a special kind of plate and glass, whether it is a formal or informal occasion.

Because the plates are on view longer than they are at a set table, they should have an allover decoration or all-over color. (The pattern or color also obscures the messy look in case plates cannot be whisked away right after they have been used.)

Glasses should not be delicately stemmed or in any way easily knock-overable. Heavy stemmed glasses, tumblers and mugs are all good and acceptable candidates to hold everything from wine to milk.

To illustrate our philosophy, we have put together several packages of 8 dinner plates, 8 salad or dessert plates and 8 glasses that complement the dishes in design and scale.

## TIffany $C 0$.

## "One gorgeous sheet gave me the courage to re-do seven dull rooms."



"I used to be a coward. Though I knew my house had possibilities, I had panic attacks when I thought of re-doing it. I didn't know where to begin.


The answer came to me in a sheet. A gorgeous Martex ${ }^{\oplus}$ sheet, with a soothing message printed all over it: Sleep. I made up our bed with it. And it made up my mind about how to re-do the room.

My husband built a plywood screen for me, and I covered it with 'Sleeper:'

With my sewing paraphernalia stashed behind it, our room was immediately $300 \%$ better looking.

I finished the room by studying the sheet. I added pillows and baskets to echo its pattern. And painted the walls soft gray to set off its soft earth tones. Our dull, old bedroom became an elegant bed/sitting room!

After that, there was no stopping me. I slipcovered
the living room chairs and ottoman with quilted spreads in 'Summer Wheat.' (In the dining room, I used 'Summer Wheat' to dress the windows and give new charm to an unloved love seat.)

I've tied up my daughter's room in 'What Knot', and freshened the bedsteads with white paint. And the downstairs bath may be my Martex masterstroke. I put in a batch of 'Boardwalk' towels - with sheet-covered walls to match.

It's all so pretty. And I know Martex will keep it that way, too. Every washing, the Dacron ${ }^{\text {® }}$ polyester and cotton blend comes out looking bright and new.

I have only my son's room, the den, and the kitchen left to do. And I've got big plans and lots of confidence. Because using Martex is like having a friend along to help, every step of the way.

Martex:

[^0]

## The new KitchenAid dishwasher gets dishes clean no matter who loads them. <br> 

Now there's a new KitchenAid dishwasher with even easier loading and better cleaning.

That's because the new KitchenAid has Load-As-YouLike Washing, a system that lets you load pots, pans and dishes, anywhere in the washer, and still get them thoroughly clean.

There are wash arms above and below both racks for better cleaning. Fold-down prongs and adjustable racks for easy loading. A Soft Waste disposer that eliminates pre-rinsing. And Soak 'n Scrub' cleaning action that gets pots and pans really clean.

The new KitchenAid Superba. Now evenbetter than the old KitchenAid. The one that people who own dishwashers say is the best.



## DECEMBER, 1976

## CHRISTMAS MAGIC

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on the cover: Christmas magic for a cozy red library-a jewel of a Christmas tree heaped with golden tinsel ropes and beaded chains. Tucked into all the tinseled niches are treasures the owners, Mr. and Mrs. Eugene Kennedy, Jr., have collected from travels and boutique browsing-Peruvian knitted dolls, tiny rush baskets, embroidered horses from India, Mexican straw dolls, Irish rush figures, Scandinavian wooden stars, plus an intricate American Indian fabric doll who inspired the merry company of gingham ornaments Mrs. Kennedy sewed herself: calico cats, gingham doves and angels copied from 19th-century weather vanes, pink-checked elephants and piglets shaped after antique cookie cutters. To sew your own ornaments, cut your own paper pattern, sew both cut fabric pieces together wrong-side-out, leaving "stuffing space" at top. Stuff with Dacron fiberfill, sew up top, sewing in gold twine hanging loop. Every ornament gets a bow, the treetop angel a sash of long ribbons to wind about, maypole style. Under the tree, a host of presents wrapped in bright papers and wallpaper remnants, plus baskets of Mrs. Kennedy's homemade jams and jellies. In foreground, an edible centerpiece present: oranges and kumquats in a handpainted basket. And, unfazed by it all, Jefferson the cat.
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The 1977 Lincoln Continental sets a high standard for luxury cars. Fullsized, full-luxury, to give you the pleasures of space, of comfort, of superb handling on the highway.
That's because it's a Continental. Unmistakable from its redesigned front end to its winning Lincoln ride.

For 1977, some luxury cars are smaller than last year.
For 1977, Lincoln Continental retains its traditional luxury car size.
We believe it's a luxury car that meets your standards.
Lincoln Continental. A standard by which luxury cars are judged.



Your face will lose at least
this much moisture today.

## This tiny bit of Moon Drops Under Makeup Moisture Film helps prevent it.

Your face loses more than 6 quarter-teaspoons of moisture every day, even if you don't perspire a drop. To a skin specialist that's 6.67 milliliters. And the more active you are, the more moisture you lose.

Moon Drops Under Makeup Moisture Film helps prevent it. Less than one eighth-teaspoon is all you need. Because of the highly efficient Moon Drops Moisture Barrier. This Barrier bathes thirsty cells and helps them retain moisture. It helps keep the drying environment out. Yet it's sheer and nongreasy.

The result is beautiful skin you can actually feel. Soft. Fresh. Instantly alive to the touch. And feeling is believing.

Whether you wear makeup or not. Whether you apply Moisture Film at the start or end of the day... trust your face to Moon Drops.


UNDER MAKEUP MOISTURE FILM


## If he's the right man, he's worth it.



## living To catch a thief: art forgeries

How do you know the Monet you peer at on the museum wall is really a Monet? Is The Night Watch certifiably by Rembrandt? Art forgeries have provided frustration for collectors and fun for almost everyone else for hundreds of years, with names like Hans van Meegeren and Elmyr de Hory becoming nearly as famous as the artists they so brilliantly copied. England is currently agog with the revelations of Tom Keating, a col-
orful character who has been palming off watercolors as authentic Samuel Palmers (the 19th-century British artist) to gullible art dealers and auction houses. But now it looks as though the art forger's days are numbered. Germanborn American painter Gisela Beker has come up with a seemingly foolproof method of authenticating a work of art. "I was sick in bed a few years ago," explains Miss Beker, "and amused myself


## The American Land Trust

Priceless parcels of land fall prey to the bulldozer every year-of that no one needs reminding. But a concerted effort to stop the waste is being made in a two-year private campaign that combines the expertise of The Nature Conservancy with the new, aggressive techniques of the American Land Trust. ALT is attempting to raise $\$ 200$ million in land gifts and cash contributions before December, 1977. There is valuable property in each of the 50 states ALT wants to buy and preserve. Personal as well as corporate gifts help. ALT's membership is an interesting coalition of heads of government conservation agencies and the
chairmen of such companies as Atlantic Richfield and American Motors. What can an individual do to assist? Once a gift of land is made to ALT, management of it is turned over to The Nature Conservancy. ALT's volunteer programs include The National Council of State Garden Clubs (500,000 members) and the 4-H Club. Both have active work programs which permit their members to participate in the actual caring for specially selected coastlines, meadows, and forests. Membership in ALT (\$10) also includes a year's membership in The Nature Conservancy. Write ALT, Box 2076, Arlington, Va. 22202.


Gleaning furniture hardware

Remove metal handles and escutcheons carefully with a screwdriver or pliers. If the hardware is gold-plated (likely on fine French or Italian antiques), gently clean the piece with a fine, soft toothbrush dipped in a solution of ammonia and water in equal parts. Do not soak. Rinse immediately with fresh water and dry with cheesecloth. If the hardware is brass (likely on American, English, and French antiques), submerge it in a solution of ammonia and water in equal parts and soak for half an hour. Use only a plastic or glass container If the brass doesn't come clean, resoak for 24 hours. Take it out one piece at a time and rub lightly with \#0000 steel wool dipped in the same solution. When the piece gleams, rinse immediately in clear water. Dry with clean cheesecloth, and be sure to brush away any remaining steel wool or dust. Place the cleaned pieces on a protected surface in a well-ventilated area, and apply a thin coat of lacquer spray
up so all their prints would be on record and could never be forged." So far, however, Miss Beker reports that artists have not taken up her idea with enthusiasm. "It will take time," says artist Lowell Nesbitt. As for Miss Beker, whose delicately colored symmetrical paintings are shown around the U.S.A., she places her fingerprints on the back of every completed canvas. At least when you buy a Beker, you know it's the real McCoy

## Top of the Deco

Art Deco is gathering enthusiasts. Some think the revival of the style is a reaction to blue-jeans casualness. People want to get dressed up and go to a place that's dressed up for them. New York's new restaurant, The Grand Café, is an opulent salute to Deco style. Joe Villano designed the ombered apricot walls, pale-gray monogrammed linens, blue-glass mirrored panels, and a carpet inspired by a period mosaic. Chandeliers come from 1930s movie houses. Walls are decorated with Erté-style etchings on glass, painted murals.

Bolero, a tiny antiques shop owned by Colombian-born Mario Saboya, is another Deco treasure trove. It overflows with glasstopped tables, mirrors, tall lamps, and lacquered furniture. Saboya confesses that his mania for Art Deco began only five years ago. "It's a consuming passion." He offers first quality copies of almost all the original furniture in the shop. You can have a copy of a marvelous Art Deco Paul Frankl

Apricot and blue room at Grand Café chair in any shade of lacquer with your choice of colors for velvet cushions at a third the original price or $\$ 450$. Grand Café, 28 East 63rd St. Bolero Antiques, 204 East 31st St., New York City.

such as clear gloss. Spray the finish with a fanning motion. Respray in about 10 minutes, again a light coat, to be sure each piece has been entirely covered with lacquer. Let dry one hour. The result is protection from oxidation that will last for years and can always be removed by soaking for 24 hours in ammonia and water. Note: Don't apply lacquer on a damp day-it may turn whitish. If hardware is brass-plated cast iron (likely on reproductions), restoration of gleam is impossible. Costly replating or buying new hardware are options, or you might soak the hardware first in ammonia and water to see if you get a smooth, pewter-like look. This low-luster finish can be quite handsome.-MICHAEL PRINCIPE Note: Michael Principe has been associated with a leading furniture restoration workshop in New York for 15 years. He repairs and restores pieces for private collectors, galleries, and museums.


# living 

## 1

## Operation save

A major breakthrough in surgery has already saved lives, according to Dr. Walter A. Wichern, Jr., chairman of the department of surgery at Roosevelt Hospital in New York. Application to the skin's surface of a new hemostatic agent made of microscopic strands of collagen halts bleeding during operations, or leaks around sutures,
with amazing efficacy. It allows doctors more time to work during major surgery, and helps limit blood loss. Called Avitene, the agent is manufactured by Avicon, of Fort Worth, Tex. "I think the usefulness of Avitene will be appreciated by all surgeons," says Dr. Wichern, "and I expect it will improve our safety record.'

## 

## Morocco bound

Reaching Taroudant, a fascinating town tucked into the high Atlas mountains in southern Morocco, is not easy . . . but your reward is pure enchantment. Drive from Marrakesh, the red city, south past Asni, Ouirgane, and the Goundafa valley with its 12 th-century Timmel mosque, now a haunting ruin. The rough 6-hour drive through the Tizi N'Test pass $(6,725$ feet) offers glorious views. Pienic for lunch beside a mountain stream where the air is fragrant with mint, rosemary, and lavender. Taroudant's pinkish ramparts in the late afternoon sun, on a plain of palm and olive groves, take your breath away. The visual treats are unending, from Moslem women swathed in cobalt blue shawls, to the colorful spice market snuggled into the medina. The bustle of Marrakesh gives way to a slower tempo and friendly curiosity toward visitors. You'll need a day or two to wander the twisting lanes, looking at stone carvings, copper pots, embroidered tunics and caftans. The Hotel Salam, an ancient palace modernized, is built against the old town walls, its gardens full of bougainvillaea, hibiscus, poinsettia, and orange trees. There's a swimming pool; guest suites are handsomely decorated with the best of local handcrafts. About $\$ 32$ a day for two, meals included. The best time of year to visit is around Easter. Best value is TWA's Fly-Drive Economy air-car-rental-accommodation package, from $\$ 427$, for one week per person, between September and April. Details from TWA or Moroccan Nat. Tourist Off., 597 Fifth Ave., New York, N.Y. 10022.


In Taroudant's spice market.

## Taroudant tip-ofes

Best buys: vibrant rugs and carpets, woven by the Berbers; heavy silver and amber jewelry, in the Casbah **** Delicious eating, bstilla, the local squab pie, baked with raisins, citron, spices **** Luxurious guest pavilions at the Gazelle d'Or hotel, good food and secluded, wooded grounds **** Afternoon mint tea, hot and sweet. Patricia brooks


Moorish arches of the old city.

## A guide to green America

In a recently published paperback, small in size but vast in research, there are acres of information. Guide to Public Gardens, published by The Garden Club of America, tells the readers everything they've always wanted to know about public gardens in this country. Keep it in the glove compartment of your car for reference on trips. Outstanding arboretums, botanic gardens, parks, and gardens of historic houses are listed alphabetically by states within the

12 zones of The Garden Club of America, with location, hours, and admission fee. This is not a gardening book but a book of gardens, and the only small guide of its kind in the U.S. Mrs. William H. McLean of New Jersey and Mrs. E. Phillips Hathaway of Maryland spent three years compiling the information, with the help of other Garden Club members. The Guide is $\$ 3.50$, from The Garden Club of America, 598 Madison Ave., New York, N.Y. 10022.

Ladew Topiary Gardens, listed in new guide; director James Baden, right, with author Mrs. Hathaway.

## Make wall graphics yourself

Quick graphics are decorating surprises that you can make with fabric, a staple gun, and stretcher bars. Switch them around to make different patterns on your wall when you feel like a change. You need:

- 2 half-round stretchers, 48 inches across (\$18 each)
- 1 rectangle stretcher 12 inches wide, 48 inches long (\$5)
- $1 / 2$ yard "Multispace,", by Tampella, for the rectangle shape

- $11 / 2$ yards "Wiggle," by International Printworks, for the halfrounds.
Fabrics and stretchers from Fabrications, New York.
To make the rectangle: Lay fabric face down on clean working surface. Place stretcher where you wish design to fall. Cut fabric around frame, allowing 2 -inch turnings on all sides. Fold edge over 48 -inch long side, staple in center. Pull fabric taut to center of opposite side, staple. Pull fabric of 12 -inch edge at center, staple and do the same to opposite side. Then staple from centers to corners, placing staples 2 to 3 inches apart, keeping fabric taut. Leave 1 inch open at corners, then fold over, like "hospital bed" corners, and staple

For the half-round graphic: Cut fabric to stretcher shape, allowing 3 -inch turnings all around. Staple at the center of straight edge and the center of curved side, then to each end on the straight side. Next staple halfway points between curved edge center and ends. Ease fabric between these staple points, so it is evenly distributed, then secure, stretching tautly. Furniture shown, by Walters Wicker.



# It's Sears Open Hearth <br> Dining Room Furniture 



Superb construction, 26-step finishing, and an outstanding price make it a great value. We urge you to compare:

## Examine the Drawers

It takes time, care and true craftsmanship to make drawers that will continue to work beautifully.

When you shop and compare, look for all these drawer construction features: ball-bearing slides, positive drawer stops, tongue-in-groove bottoms, anti-wobble discs, no-snag insides and dovetail joints. All are found in Sears Open Hearth.

## Look for Inner Frame Strength

 If the inner construction of the frame doesn't include these features, its outside beauty won't last as long.


## Cherished Christmas Memento from Gorham.

 The 1976 Sterling Snowflake.A lasting tradition. A silversmith's art. The 1976 Gorham Sterling Snowflake especially created to commemorate this Christmas, forever. Exquisitely crafted in precious sterling, this sparkling silver Snowflake is the seventh in an annual series originated by Gorham. The crafting tools for each distinctive edition are destroyed at the close of the year, so that each Snowflake becomes a more personal memento of love, as well as an important collectible.
Designed to sparkle forever as a Christmas ornament or as a beautiful fashion pendant, this year's Sterling Snowflake is engraved with the date on the back and has additional space for a personal message. A shimmering remembrance of Christmas 1976. A Gorham Original. Just $\$ 20,33 / 8$ inches across. At finest jewelry stores and silverware departments.

## GORHAM TIXTROD <br> Gorham Division of Textron Inc

## QUESTIONS \& ANSWERS

## Antiques

By Louise Ade Boger


Your medallion chair-back settee reflects the influence of the 18 th century French Louis XV style. The medallion-back is particularly identified with Louis XVI style, but was already in existence at the
end of the Louis XV epoch. Your settee, however, is modern, probably 20th-century American, if only because in the 18 th century they made chairs but never settees with medallion-shaped backs.

## Staffordshire plate



From the mark and my photograph can you identify my plate? C.R.N.Arlington Heights, III.


According to the diamond-shaped registration device, the Staffordshire potters W.H. Grindley and Co. registered your pattern, "Daffodil," at the London Patent Office, January 7, 1882.

## Victorian fork



Who made my silver fork? What does "Bengal silver" mean?
C.S.B.-New Castle, N.H.

Your fork was made by the English Victorian silverplaters, Daniel and Arter, who operated the Globe Ne vada Silver Works at Birmingham. Bengal Silver was one of their trademarks. Others include Ne -
vada Silver, Indian Silver, Brazilian Silver, and Japanese Silver.

Louis XVI style desk


Can you tell me something about the style of my desk. Is it an antique?
C.W. Dunsmoor-Moraga, Cal.

Your Louis XVI style desk derives from the bureau à cylindre, a distinctive form of roll-top desk introduced in France about the mid18 th century. It is generally believed that the bureau du roi Louis XV, a roll-top desk created by the French ébéniste Oeben in 1760 and finished by Riesener in 1769 , is the most beautiful piece of furniture in the world. So your roll-top desk, of 20th-century, probably American, manufacture has a distinguished ancestor in the Musée des Arts Décoratifs in Paris.

Continued on page 20



## Henredon. Anythingbut ordinary.

Entirely original. Inspired by ancient themes,
yet contemporary in mood and function-a pair of door chests from Henredon's Artefacts Collection.

At ease used singly, paired or grouped-providing handsome concise storage in hall, entry, dining or living room. Other styles in this bedroom, dining and occasional selection are equally tastefulequally versatile. See every extraordinary design in the Artefacts Collection by sending
$\$ 1.00$ for brochure to Henredon, Dept. G-126, Morganton, N.C. 28655.

## QUESTIONS \& ANSWERS

Antiques
continued from page 18


Can you tell me something of the origin and working of my old clock? It seems very unusual.
A.P.-Bloomfield, N.J.

Your Black Forest German clock, dating about the 1880 s, is an early example of the 400 -day clock which is wound once a year. The pendulum on these early clocks was a flat disk which makes one revolution to the right and another to the left. It repeats this cycle and thus keeps time. In the later clocks, dating from the early 1900 s, the disk is replaced by four balls.

Victorian hand vase


Are you able to trace this hand vase, which belonged to my great grandmother?
A.M.-Portland, Ore.

Your unglazed or Parian porcelain hand vase, modeled in the form of an upright hand with a ruffled cuff holding a flower-shaped vase, is possibly of American manufac-
ture, probably dating from about the third quarter of the 19 th century. The hand vase is a characteristic Victorian product and is popular with collectors today.

## Limoges vegetable dish



I bought this vegetable dish in a flea market. I include the marks on the bottom, not a picture. Is it very old? E.A.J.-Charlotte, N.C.

Your covered vegetable dish was made by the Limoges porcelain manufacturers, Tressemanes \& Vogt, probably about the first quarter of the 20th century.

## Antiqueries

Copies of Louise Ade Boger's book, House \& Garden's Antiques: Questions \& Answers, containing more than 900 items from past columns, arranged by category for easy reference, can be purchased for $\$ 10.95$ a copy, plus $45 ¢$ to cover postage and handling. To order a copy, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017.

## Antique News

A loan exhibit, "Woods and Tools: The Fabrication of American Furniture, 1790-1825," will be part of the annual Delaware Antiques Show sponsored by the Junior Board of the Delaware Division, Wilmington Medical Center, December 3 to 5, Wilcastle Center, Pennsylvania Avenue, Wilmington, Del.

## Should you buy a Gorham Original? Now more than ever, you should.

In these times, there are many distinct and unique qualities of Gorham Sterling that will safeguard your investment over the years.
The investment in your Gorham Sterling endures partly because silver is a rare metal that's becoming scarcer, and because each Gorham Original is more than just a beautiful pattern. Each is a total design-a true work of art in Sterling.
Total design gives your Gorham Sterling a perfect balance between ornamentation, shape and function. This is why every spoon bowl, every fork tine, every knife blade is designed specifically for a Gorham pattern. It is why some Gorham spoons
 unimistemikwibly Gorihom

ORIGINALS
INSTERLING, CHINA,CRYSTAL AND PEWTER


This year treat someone special to more than an ordinary gift. Treat them to an experience with Vitabath.

The vitamin-enriched, skin softening, cleansing gelee, known to Europeans as Badedas. Vitabath relaxes, refreshes, invigorates, and exhilarates-like nothing you've ever experienced before.

Vitabath. Because a gift should be more than the ordinary. A gift should be an experience.

Available in three refreshing fragrances, spring green, fresh pink and tangy lemon, starting at $\$ 5.25$

# Get your life on a new footing 



Foot massage can do wonders to help you relax and unwind. Try this do-it-yourself ten-step massage

## By Elin Schoen

When Deborah Mazzanti was growing up in Tahiti, she had to wear shoes to church. That was about the only time she had to wear them. "The first thing we did after leaving church," she recalls, "was take off our shoess." Now, as president of the California and Mexico health spas, the Golden Door and Rancho La Puerta, and as a member of the President's Council on Physical Fitness, Deborah Mazzanti still goes barefoot as much as possible and recommends that other people do the same-while gardening, while walking in the park, at home, even in the office. "We weren't born with shoes on," she says. "If we needed them, nature would have given them to us."

The point is, contact with wet grass, with hardwood floors, with carpets, makes your feet feel good. And, according to Deborah, "if your feet feel good, your whole body feels good." Deborah is not the first person, of course, to notice this. She told me about Father Sebastian Knipe (the German who is considered the founder of hydrotherapy, widely used at European spas such as Baden-Baden) who recommended two kinds of therapeutic walking: (1) Walk in damp sand, curling your feet, and (2) walk on a lawn in the early morning, enjoying the feeling of fresh dew. And she told me about spas in Europe which have a foot-pampering setup involving two troughs of water, set side by side, one hot and one cold. First, you walk through the hot water and then return through the cold. If it weren't for the tremendous expense of all the filters American law requires for such equipment, Deborah would install these "parallel creeks" at the Golden Door.

And then I heard about zone therapy, otherwise known as reflexology. This art-because it is not recognized by the medical profession as a science-is similar to acupuncture in that it is Asian in origin and nerve-oriented. The basic principle is that each part of the foot is related to some organ, muscle, or entity elsewhere in the body, and that by manipulating various sections of the foot in various ways you can treat ailments
in the organs to which they are connected. Some people on whom reflexology has been practiced claim that it will miraculously clear up everything from hay fever to cataracts. But realistic practitioners, such as Yolanda Brown in New York, recommend it more for relaxation than for cures.

Mrs. Brown, who said that she entered her profession because she had an arthritic spine which disappeared after zone therapy, gave me a massage recently. Foot massage, she told me, strengthens metatarsals which have fallen because of overly tight shoes. When I yelped with pain at one point during the massage, she explained that foot massage may hurt a little at first, but when the blood starts circulating better, you feel no pain. "You'll be so relaxed," she said, "that when you get home, you'll want to go to sleep." When I left her apartment I felt as if I were walking on air, although I was unable to go home and see if I also felt like taking a nap.

Mrs. Brown is considered the Pavlova of reflexologists, but if you don't live in or around New York City, or can't afford the $\$ 20$ required for 40 minutes in her hands, you can rub down your feet yourself. Relaxation is the whole point of the do-it-yourself foot massage which has been taught for the past 25 years at the health spa Rancho La Puerta in Mexico, and, from time to time, at the Golden Door in California. The "Happy Feet" class is, according to Deborah Mazzanti, based on "a combination of a lot of pseudo-scientific theories-zone therapy, compression massage-that have recently been somewhat confirmed with the vogue of acupuncture. I always say that there may not be sense to these things, but they do work. They're very relaxing after a day of tension. It's hard to give yourself a full body massage or to massage your mind, certainly. But your feet constitute one area on which you can work effectively yourself."

There is also the time-invested-relative-to-gains factor. Foot massage takes a mere 10 to 15 minutes. And you definitely feel the results.

Continued on page 24 have no taste.

A lot of new cigarettes give you low 'tar' and nicotine numbers. Bưt I can't taste numbers.
What I can taste is Winston Lights. I get lower 'tar' and nicotine.
But I still get real taste. And real pleasure.
For me, Winston Lights are for real.

## Because people like you believe in family, in tradition, and in giving gifts that keep their meaning, there's been a new Bing \& Grøndahl Christmas Plate from Denmark each year since 1895 .



The 7" Plate is individually hand decorated, underglaze, on fine Copenhagen porcelain. Sculpted in relief and pierced for hanging.

## Start your tradition with the 1976 plate. Gift-boxed, only ${ }^{\$} 27.50$.

BING\& GRØNDAHL 225 Fifth Avenue, New York, New York 10010 Copenhagen porcelain since 1853

## GOOD LOOKS AND GOOD HEALTH

## A new footing

 continued from page 22Very few other pursuits in life are so quick and profitable. Or so uncomplicated. One of the reasons "Happy Feet" has been such a success at Ms. Mazzanti's spas is that many guests can relate to it better than to yoga. Yoga is a good way to relax after your average spa day of calisthenics, swimming, and otherwise laboring to "shape up and slim down." "But some people just don't like yoga," says Deborah. "It's too way-out. But I can get them into 'Happy Feet' and that's just as relaxing."

Deborah recommends do-ityourself foot massage as an excellent alternative to the five-minute nap of which most people are not capable. It is also ideal for that transitional period between The Job and The Date. Instead of just freshening makeup or taking a shower, Deborah suggests doing five minutes of jump rope ("I'm really high on that-but you have to use a good jump rope from a sporting-goods store, not the five-and-dime kind") and then the "Happy Feet" routine. It goes as follows:

1. If you're at home, wear a robe or wear nothing. In the office, loosen your clothes. If possible, open your window wide. Sit on the floor with your back against a wall or a firm couch. Fix in your mind the idea that a feeling of relaxation is going to spread from your feet through your legs and all over your body. You are stimulating circulation, and the blood is going to flow more smoothly throughout your entire body. As Deborah says, "This operates on psychological as well as physical principles."
2. Rub the palms of your hands together until friction warms them thoroughly. Then bring your right leg onto your lap. Take your right

foot between your hands and rub the entire foot with a circular motion. Imagine you have something in your hands, like a pencil, and you're rolling it back and forth. Rub your hands together again before repeating this procedure with the left foot.
3. Stretch your left leg out in front of you and bring your right foot up where you can work on it comfortably. Grasp your big toe firmly on either side between the thumb and forefinger of your left hand and roll it back and forth several times. Do each toe in turn the same way. (If this hurts, don't worry about it. When you have tense neck and shoulder muscles massaged, it's painful, too. But it feels great afterwards. The same goes for the feet.)
4. Now hold your foot toenail-side-up and, supporting your big toe with your forefinger, massage the toe with your thumb, applying pressure as you massage. Do this to all your toes. Then reverse your foot (heel-side-up) and repeat the procedure on the bottoms of the toes.
5. Supporting the foot with the fingers of both hands, massage the upper side of the foot with both thumbs, covering the whole foot. Repeat this on the bottom of the foot, applying pressure first to the padded area under the base of the toes, then to the middle area, pressing very firmly, then gradually working down to the heel. Always massage in a rotating, clockwise motion.
6. Place the foot in front of you with the knee bent as close to the

chest as possible. The foot should be positioned on the floor as if you were going to walk on it. Massage each side of the heel with both thumbs, going up the back of the leg, about halfway up the calf. Return to the bottom of the heel and massage up the leg again, being particularly attentive to the Achilles tendon area.
7. Stretch out both legs with heels on the ground and flop both feet from side to side. Now stretch Continued on page 26



HOUSE \& GARDEN


Good looks and good health continued from page 24 your toes apart as wide as pos sible, and relax. Repeat this 3 or 4 times.
8. Repeat steps 3 through 6 with the left foot.
9. Kneel "tailor-style," sitting on your heels, with weight resting equally on the knees and the balls of the feet. Lightly bounce up and down (the bouncing stretches your

feet and ankles). Sit down on your feet and lightly bounce up and down (stretch your toes while you're in this position).
10. Stand up. Rise on your toes like a ballet dancer (not, however, en pointe), then low-

er your feet. Repeat 10 times. 11. Walk around in a circle with your toes curled tightly. 12. Sit down and slap your feet all over. If you're at home (or if you have a well-appointed office), wet a lightweight washcloth with cold water and slap your feet with it. Then, finish up by immersing your feet alternately in dishpans of hot and cold water ( 20 seconds per dip) for 2 or 3 minutes.

As Deborah Mazzanti was outlining this routine to me, I was absent-mindedly going through the various motions, although my note-taking kept getting in the way. I decided to abstain from All in the Family (one of my own favorite forms of relaxation) and kick up my heels, so to speak. And I, who have always found all forms of meditation useless because meditating is boring, who loathed yoga for the same reason, who cannot catnap or lie still with a rejuvenating mask on my face, returned to the TV set as relaxed as I've ever been. And fell asleep.




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HOUSE 8 - GARDEN BOOK
just just

## HEALTH•PSYCHOLOGY•SEX

# What self-indulgence can do for you 

## Plus the benefits of a personalized

 medical checkup, and a discussion of the role of conscience in loveBy Drs. Robert and Mary Catherine Tyson

Q. Are there times when it's good to say "Why not?"
A. "An affair with him?" This was a woman's fleeting thought about her husband's attractive friend. She was startled she could think that way! On the other hand, why not think of it, even though acting it out would be utterly unthinkable for her? Overcoming momentary hesitation, she did think of it in her head vividly, with a pleasant sense of release. She was interested to notice that the fantasy enlivened her interest in love with her husband. Faced with a lonely breakfast after her husband's departure, a young wife thought: "Of course: juice, egg, toast, coffee." The peach ice cream caught her eye. For breakfast? Ridiculous! But really, why not? With a moment's thought she countered that inhibition and enjoyed a simple, harmless indulgence.

Too many people deny themselves needlessly because of habit and training. Upbringing stresses duty, dignity, and common senseundoubtedly necessary, but often they leave little room for the lighter side of life. More everyday pleasure is needed. People who frequently complain "I don't seem able to enjoy myself enough," may be unaware of how many pleasures they could savor easily. Time out is no luxury. Research shows it bolsters efficiency in routine activities. Watch for times when you bind yourself needlessly, merely to be sensible, dignified, and dutifuland then try to consciously let go, just because you feel like it. An executive convinced by the idea that his door should always be open suddenly changed the habit and shut his door for 15 minutes twice a day to soothe jangled nerves. During these periods, he relaxed in a most unbusinesslike way, stared into space, and recovered from stress. It is not what you do that matters, it is that exciting feeling of release that counts. Donate that dress that you really can't stand even if it has "a lot of wear in it." Eat early even if it isn't "time for lunch." Show your
feelings more, try out an idea from an article on love. Well, why not? You can get more out of living simply by recognizing habit barriers-and giving in to what you really want.
Q. Is scientific analysis by computer going to replace conventional diagnosis in the doctor's office?
A. Computerized diagnosis, radioactive isotopes, and scanning are among the marvels of today's medical profession, but the most refined diagnostic instrument remains the doctor's ear. Given a choice of physical examination, a complex laboratory work-up, or a personal history, most internists agree that the personally taken history is the best single method of producing accurate diagnosis. An expensive, elaborate lab work-up may actually miss a significant clue to understanding an illness. Example: A woman with convulsions was hospitalized as an emergency at midnight. Neither an angiogram nor the range of neurological $x$ rays revealed the cause. Her family physician, contacted later, listened. After talking to the patient and hearing that she had a strenuous day at work, skipped lunch, ate a skimpy dinner to get to the theatre on time, then rushed home to avoid a snowstorm, the doctor ordered a simple sugar tolerance test. The result showed a case of hypoglycemia (low blood sugar), easily treated by diet. A week in the hospital might easily have been avoided.

It is in the patient's best interest to have a doctor who both listens and explains. For the listening doctor, one patient's migraine is a treatable allergy, while another's is an emotional reaction to persistent marital disagreement. If a question of surgery arises, it is important that the doctor explains the exact need for it in as much detail as possible. Lack of explanation leaves an uninformed patient more likely to be dissatisfied and sue for malpractice. (The rare haughty, aloof doctor can create such situ-

Continued on page 47

## The suifition Mayboro in a low tar cigarette.

# Mariboro 

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Lighter in taste. Lower in tar. And still offers up the same quality that has made Mariboro famols.

# Norman Rockwell's Joys of Childhood 

"I love children. And I like to show them in the happiest moments of their lives-when they're having fun and doing the things that children have loved to do almost since time began. I hope my work brings back a lot of fond memories to men and women who remember the joys of their own childhood too."


## A collection of ten beautiful porcelain figures - new and original works of art designed by America's most beloved artist.



$\mathbb{N}$耳ORMAN ROCKWELL, America's best-loved artist, has recently completed ten original works of art portraying his favorite subject-children. These beautiful new Rockwell designs will be interpreted exclusively in the distinctive medium of fine porcelain. These are the first porcelain figures ever designed by Norman Rockwell. They were created expressly for this collection and are being made available only by Franklin Porcelain, a division of the worldfamous Franklin Mint.
These fine porcelain figures will not be sold in any art galleries or stores. Only those who enter direct subscriptions for the collection will be able to acquire these unique limited edition works of art.

The magic of Norman Rockwell
With that special genius that is his alone, Norman Rockwell has captured the joys and pleasures of childhood for this collection.
A little girl in pigtails happily plays hopscotch. A young angler hooks a "big one" and cries out with excitement "I gotta bite!" A baseball player chases a ball in the outfield, only to have it whisked away by a mischievous puppy. A little girl dresses up in her mother's clothes and admires herself in the mirror. A small boy rides a hobby horse and pretends that he's a real old-time Western cowboy. A child plays nurse and lovingly cares for her "patient"-a pet dog. A young boy proudly rides his homemade scooter down the street. A marble champ proves once again that he's a whiz with the immies and cat's eyes. A child in a clown costume and mask eagerly prepares to go "trick or treating" on Halloween night. And a barefooted boy in dungarees walks on stilts-to the astonishment of his pet terrier!
Ten of the most joyous moments of childhood - portrayed with the unmistakable magic of one of the greatest artists of our time.

## Finely-detailed porcelain figures

Each of the original works of art created by Norman Rockwell will be captured with meticulous and exacting detail in these handsome porcelain figures. And every subtle nuance of Rockwell's art will be faithfully portrayed. The spurs on the cowboy's boots. The fishing pole held by the young angler. The flowers
on the bonnet of the girl dressing up. Even the carved-out teeth of the Halloween pumpkin can be readily seen. Every feature - every precise detail - is depicted with remarkable fidelity.

A great deal of hand-crafting will go into the creation of these remarkable figures. Each will be individually hand-cast and hand-finished to assure that it is flawless in every respect. Moreover each figure will be crafted in exquisite Bavarian porcelain with the pure white bisque finish traditionally reserved for the finest porcelain sculptures. This lovely bisque is the finish preferred by many collectors and curators when selecting choice porcelains of fine sculpturing and subtle detail.
Each figure will stand on its own integral porcelain base, which will carry the title of the work, the signature of Norman Rockwell and the identifying hallmark of Franklin Porcelain. A Certificate of Authenticity will also accompany the collection, certifying that it has been authorized, designed and approved by Mr. Rockwell.

## A highly prized collection

As an owner of Norman Rockwell's Joys of Childhood, you will possess works of remarkable beauty and rarity, in a great collecting tradition. Fine porcelain figures have been among the most treasured works of art for centuries-prized by individual art connoisseurs and housed in the permanent collections of many leading art museums.
This collection will be all the more desirable to own because it consists of the very first porcelain figures ever designed by Norman Rockwell. It is a collection that will be displayed with pride and admired by all who appreciate fine works of art. A collection that will become a beloved family heirloom as it is handed down from generation to generation.

## A strictly limited edition

These ten beautiful porcelain figures will be produced solely for individual subscribers, and may be acquired only by direct subscription. The total edition will be forever limited to one set for each original subscriber, one for Norman Rockwell's personal collection and one for the archives of Franklin Porcelain. The original issue price for each fine porcelain figure is $\$ 120$, which will be billed in convenient monthly installments.

## Subscription deadline: December 31, 1976

The subscription rolls for this single limited edition will be permanently closed on December 31, 1976-and Norman Rockwell's Joys of Childhood will never be made available again. To subscribe, your application must be mailed by December 31st. Any applications bearing later postmarks will be refused and returned.


Issued in limited edition by Franklin Porcelain

SUBSCRIPTION APPLICATION

## Norman Rockwells Joys of Childhood

[^1]Valid only if postmarked by December 31, 1976
Limit: One collection per subscriber

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## HOME FOR THE HOLIDAYS

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All the glowing ideas for a warm season of festive entertaining begin at The May Department Stores where fashion and function are synonymous with quality and value.

Furnishings and accessories shown in the preceding 12 -page portfolio are available in downtown and branch store locations ( or by special order ) throughout our 12 metropolitan areas . . . along with so much more...additional gift-giving and entertaining ideas, fashions for merrymaking at home or out, and helpful interior design professionals to guide you in making your home for the holidays a sparkling place for you, your family, and your friends.

So call on us soon... we're where HOME FOR THE HOLIDAYS begins!


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## Nobody told us to makeit better:



Why aren't we satisfied with merely building a dishwasher that washes dishes and making a comfortable living off selling it?

Because long ago we realized that to survive in this harsh competitive world, an appliance manufacturer, like the corner diner, has to deliver a better hamburger or die

So we designed our dishwasher to wash dishes, of course. But then we put the silverware and cutlery baskets in the door

Why? Not because you asked for it, but because we think it's a convenience that simplifies loading and saves your fingers from occasional nicks and jabs.

We included a super scour cycle should you dare entrust a pot to a dishwasher and expect it to come clean Because we expect it to.

We designed the top rack to tilt easily so you can put in unusual loads.

We included sound insulation so it runs quietly. And we even installed a switch that lets you save energy by air drying the dishes if you like.

We do all this because we believe everything we make, from dishwashers to washers and dryers, says a lot about us.

And we want it to say only the best.

We believe quality can be beautiful.

## Health/Psychology/

Sex
continued from page 28
ations.) Personal communication in medicine is vital. A patient must understand his or her physical condition to take care of it and do well. The diabetic, for instance, should know almost as much about diabetes as the doctor does, something that can come about only through patient explanation in the doctor's office. Scientific aids are fine, but not as a substitute for sympathetic one-to-one contact. If you find it difficult to get attentive listening and suitable explanations from your doctor, it would be wise to find another.
Q. What is the role of conscience in love today?
A. In the last ten years, the sexual revolution has taken us further than the preceding half-century toward full acceptance of reality. The human sex drive has come into the open, to be dealt with sensibly and enjoyably, rather than uncomfortably repressed, or expressed with guilt. Varied techniques enrich the love experience. Women participate actively for pleasure, enhancing male satisfaction. There is a more liberal attitude toward all kinds of love, a loosening up of rigid ideas about "proper" sexual relationships. Nonetheless, the feeling of distress which accompanies violations of established behavior still governs sexual activity.

Conscience in love persists because people feel more comfortable acting within a socially acceptable boundary. Even very "liberal" sexual arrangements involve a code of behavior. Open marriage, when it exists, is generally by agreement, often by contract.
Mate-sharing is organized on the basis of a pact: Group sexual encounters involve consent by a restricted membership. No matter how, where, or when they occur, sexual relationships imply mutual acceptance. Unlimited freedom, utterly impulsive behavior (rape, for example) is regarded as pathological.
What for you is right or wrong, desirable or undesirable, is a matter of personal principles. Each person must be at ease with him or herself, guided by an individual code. Continued on page 49


Few works of art are more lovable than the delicately hand crafted porcelain Blumenkinder figurines created by the internationally famous artist, Lore, and first introduced by Goebel in 1968. Treasured as valuable collectors' items throughout America, the first edition of these romantic "flower children" is completely sold out. The original molds for this limited 4th edition will be destroyed upon completion of only 2000 pieces each. Individually numbered and sold with a Collector's Certificate of Registration and Authenticity, these figurines will undoubtedly appreciate in years to come. The six new additions to this charming little family are now on display at fine gift, jewelry and department stores. For the name of a store near you and a copy of the "Blumenkinder" color brochure, send $25 \phi$ to: Dept. HG 13 at the address below.

## Ilummeluvertio

## Division of Goebel Art (GmbH) Inc., Rödental, W. Germany

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Distributed in Canada by: GOEBEL ART GmbH \& Co., 62 Le Page Court, Downsview, Ont. M3J 129
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Health/Psychology/ Sex
continued from page 47

The point to remember is that love is most fulfilling expressed within the bounds of conscience.
Q. What causes food poisoning?
A. Food poisoning is commonly caused by three bacterial organisms, staphylococcus, salmonella, and clostridium perfringens. The subsequent diarrhea, nausea, pain, cramps, and fever occur in two hours with staphylococcus and between eight to ten hours later in salmonella and clostridium perfringens infections.
All such poisoning results from improper food preparation or storage, or both. Be alert for off-color, unusual odor or appearance, bent or swollen cans, too-long home or market storage, obviously melted and refrozen items, dates on packages. Boil reheated gravies and heat leftovers at high temperatures, since refrigeration stops bacterial growth but doesn't destroy it. Never allow food to cool outside the refrigerator, put it in at once.
Food poisoning may also be caused by natural mold growth, which develops in food kept too long or stored in damp locations and dirty refrigerators. Even a tiny surface spot means roots throughout and is a signal to discard. Industrially polluted waters may produce mercury or lead poisoning in fish, which causes upset stomachs. Today sewage is another menace and increases the risk of hepatitis from shellfish. Carcinogenic PCB has reached even Arctic lakes. Watch for published warnings of high contamination. The key rule to prevent food poisoning: If in doubt, throw the food out.

## Unsolicited manuscripts

House \& Garden assumes no responsibility for unsolicited manuscripts, photographs, drawings, house plans, or uncommissioned material. Material submitted must be accompanied by return postage or a self-addressed, stamped envelope.


## Louisa May Alcott

From Charlottenhütte, makers of fine crystal, Goebel brings you a glorious glass menagerie of ten delightful "Glanimals." Perfect to use as paperweights or bookends, or just to keep you smiling, any member of this cheerful little family makes a most original gift. For who can resist a smiling frog, playful bear or friendly old owl? All members of the "Glanimals" collection come gift-boxed and carry a modest price tag. Look for them at fine gift, jewelry and department stores everywhere. For the name of a store near you and a copy of the Charlottenhütte "Glanimals" brochure, send 25ç to: Dept. HG 12 at the address below.

## Hummelwerk ${ }^{\circ}$

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Sole manufacturer of the world-famous "M. I. Hummel" figurines and plates.

## Once, this beautiful carpet design could only be seen in a museum. Now you can exhibit it in your home.



In one of the nation's most respected museums is displayed a rug considered among the most striking examples of Early American folk art.

It was a labor of love. Indeed, the individual needlework patterns were done by a young Vermont woman named Zeruah Higley Guernsey while awaiting the return of her sailor from the sea. But he did not return. So Zeruah stitched the many individual pieces into a rug.

So unique was the result that eventually - and rightfully - her masterwork became a museum treasure.
Carpeting, rugs and crewel kits to match.
Now Wellco has taken twelve of Zeruah's loveliest designs and translated them into the American Heirloom group of carpets, rugs and crewel kits.


The pattern shown here is available in broadloom and in fringed area rugs, in six different colors.


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To complement the pattern, you can get solidcolored broadloom in 32 coordinated colors, all treated with Scotchgard anti-soil, anti-static protection.

And there are six different crewel kits for you to choose from, so you can recreate Zeruah's designs for yourself - and make them into pillows or chair covers or wall hangings, to match the carpeting.
All American Heirloom carpets and rugs are made from Anso ${ }^{\circledR}$, the nylon fiber for better carpet from Allied Chemical. They're protected by the Allied Chemical Guaranteeth ${ }^{\circledR}$ : the guarantee with teeth. Should any part of the carpet or rug wear more than $10 \%$ in five years, Allied Chemical will replace it free, including installation.

American Heirloom sets a new, very high standard of quality in carpeting.
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For the display of your rare and beautiful possessions, The Franklin Mint now offers this lovely Curio Cabinet-and other fine furniture for collectors-in lustrous cherrywood solids and rich veneers. A wide variety of beautiful pieces are available. Some pieces offer open display areas; others are closed, with key locks for the safekeeping of your fine collectibles. And many of the pieces feature special lighting units similar to those used in museum displays. This superb collectors' furniture is not sold in retail stores. It is available, at very attractive prices, from The Franklin Mint.

For a brochure describing and illustrating this fine custom-made collectors' furniture, write to The Franklin Mint, Department 261, Franklin Center, Pennsylvania 19091.

## Buying a

 secondhand carPlus antitheft identification for your car, tips about CB radio, and handy automatic garage-door openers

## By Mary Elizabeth Falter

## The second time around

Buying a secondhand automobile can make you nervous. However, having decided that it's the route you want to pursue for a first or second car, or a car for a son or daughter, proceed with some caution and an expertise that can be acquired or "borrowed."
Begin by shopping for a dependable dealership, one that's been in business a substantial length of time. Then do your homework in the newspaper classified pages. You'll get an idea of price, turnover, and even quality by what's advertised, just as you may have when buying a new car. When you find a make or makes you're interested in, try to find someone who owns the same car and ask him how satisfied he is. As to price, the bank will check it for you in a resale book. Always shop for a car armed with as much specific information as possible and by all means, avoid the lone-wolf secondhand car lot not associated with a dealership. They usually fly lots of bright little flags and are called something like "Harry's Rite-Buy Used Car Lot.'

When you've made a tentative selection, get in the car and drive it with the windows up and the windows down, checking for odd noises and any kind of fumes, and make sure that all the important instruments (odometer, windshield wipers, indicator lights, and oilgauge signal) are in good working order. Try the door handles and window mechanisms. Check the braking and accelerating time, reverse gear, and make a series of tight turns right and left. Finally, try to find a pretty rough stretch of road and check out the shock absorbers and wheel suspension. A quick way to check shock absorbers is to put one foot on the bumper and lean hard. If the bumper gives 3 inches or more with little resistance, the shock absorbers are weak. Shift often and watch to see if second gear (the one used most often) is loose or if the clutch slips. In an automatic-drive car, watch for irregularities in sound and feel.

Back the lot, check for rust on the body around the door bottoms, fender panels, and at the bottom edges of the frame. Shiny new paint may mean the car has been in an accident. Look to see if there are any faint mars or uneven spots on the body that would indicate other accident damage.

Anyone looking for a secondhand car who is not well-informed about automobiles should certainly take along a friend who is. Another solution is to hire a good mechanic on his off-time to examine the car you're considering and give it a compression check to determine the health of the valves.

Finally, ask the used-car dealer for a certification of milage and a guarantee of at least 30 days. The guarantee should include the transmission, the engine, and the "drive-train system" (i.e. any part that is powered by the engine, including the air-conditioning and the steering mechanism). Tires usually have a separate warranty; get one if you can, but often usedcar dealers cannot provide them (they were issued to the owner when the car was new). Use the 30 days wisely, checking out any faults you possibly can. Remember that the good buy is probably a car that has been kept in good condi-tion-clean, waxed, and in good order, all indications that the owner cared.

## Antitheft I.D.

The police recover stolen automobiles every day, but restoring them to their rightful owners is often a problem. Most stolen cars are quickly stripped of all identification and proof of ownership such as registration, license, and serial numbers. With the need for positive permanent identification in mind, the Credit Card Service Bureau in Alexandria, Va., has developed a new service called the Nationwide Registry Service. For an annual fee of $\$ 12$, or $\$ 27$ for 3 years, this service will enroll you in a program called Identi-Fax. When you join, Identi-Fax sends every member a kit which contains a unique identification number, a special marking tool, a registry Continued on page 58


## AUTO SUGGESTIONS

## A used-car dealer's 30-day guarantee should include transmission, engine, and "drive-train system" (any part powered by the engine)


#### Abstract

Secondhand car continued from page 52 sheet (no limit on items to be registered) for automobiles, boats, trailers, motorcycles, TVs, binoculars, or anything else of substantial value which can be marked in a special hidden place. The identification mark can't be removed without leaving an obvious indentation. Should your car be stolen, first call the police and then call Identi-Fax. The Bureau will give the police your special trace number and notify your insurance company. The membership kit also includes warning decals for all registered items. They have been


proven to be highly successful theft-deterrents. According to a study covering 150,000 families carried out by the Minnesota Governor's Commission Survey on Crime Prevention and Control, registered or marked items were 11 times less likely to be stolen than unregistered items.

## Shrinking spare tire

As automotive designers reduce the size of automobiles in the interest of fuel economy and efficiency, cars have grown shorter, lower, and even narrower. This space
loss has to be reflected somewhere, and it's often the storage compartment or trunk that suffers. As a result, the spare tire has become highly expendable, and alternative solutions are being developed by the tire industry. One is the small inflatable temporary tire that takes up very little space and is inflated with an aerosol air pump when needed. Called the Space Saver Spare, by Goodrich, it comes in both a small size, filled with an aerosol canister air pump that sells for $\$ 5$, and a larger size, with a $\$ 9$ canister. These must be replaced each time the spare is inflated, and it can only be inflated by these pumps. The spare will get you

Boggs Cranberry Liqueur, $40^{\circ}$ ©1976 Heublein Inc., Hartford, Conn.

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The taste of Boggs is as unique as America itself. Because Boggs begins with American cranberries. Lush, delicate cranberries with a savory tartness that grow only in America.

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safely about 50 miles-to a garage or gas station-but is certainly not meant for long-term use.

The rubber companies are said to be hard at work developing new types of tires that will eventually eliminate the need for a spare. Radials are a great improvement, as most are blowout-resistant and give a smooth, steady ride.

## Hazards of CB radio

The CB radio is so popular now that many motor hotel garages have special parking areas, brightly lit and under special surveillance because the theft rate is so high. In fact, some insurance companies are now refusing to cover CB and 8 -track units because of the theft rate. To help solve the problem, one CB model is conveniently installed in a bracket so it can be very easily removed and carried to safety into the house or hotel room. As the antennae quickly identify a CB car, a valuable antitheft accessory is the Flip Flop Disappearing Antennae Mount (\$11.95 from the Shur-Lok Manufacturing Co., 413 Main Street, Hutchins, Tex. 75141). It allows the antennae to fold neatly into the rear luggage compartment where they can be locked while unattended.

## Open-and-shut case

Drivers who come home alone late at night will feel more secure if they can open the garage doors with a special transmitter inside the car. They'll also stay much drier if it's pouring rain or snowing.

There are several good makes of automatic door-operators on the market that are nationally distributed. Genie, one of the better ones, works on a worm-screw principle. Others operate on a chain-lift mechanism. They all range in price from about $\$ 200$ to $\$ 350$, depending on options. Options include such things as a manual key to unlock the doors if you are not carrying the transmitter (putting garden tools away, etc.) and an emergency disconnect attachment to be used in case of a power failure. Note, however, that all automatic door-operators are made for light, strong, smoothly operating, overhead garage doors. Installation of the mechanism does not include adjustments or replacement of doors.

Available at door suppliers (see the Yellow Pages), principal makes are Genie, Venco, Automatic Doorman, and Allimatic.

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## HOUSE GIFTS

pictured on page 60

1. Giant candle in a 10 -inch blue-and-white china bowl to fill a room with Youth-Dew perfume. \$20. "Country Sachet Paper" scents drawers, shelves, boxes with a bouquet of Aliage ( $\$ 10$ ) or YouthDew ( $\$ 8.50$ ). Six patterned sheets, 24 by $181 / 2$ inches each, in a printed tube. Both, Estée Lauder. 2. Whole roasted chestnuts without juice, to sauté as a vegetable or use in stuffings. Imported from France by Liberty Import. 161/3ounce jar, $\$ 3.50$ at Bloomingdale's. 3. Heavy, cast aluminum cookware cooks quickly, evenly, even at low, energy-saving settings. Easy-toclean interiors. Hand-rubbed, mirrorlike finish outside. Treated replaceable hardwood handles. 5quart covered Dutch oven with meat rack, \$29.99. 3-quart covered saucepan, $\$ 27.99$. 10 -inch covered skillet, $\$ 28.99$. From the Country Collection by Magnalite from General Housewares. 4. Sit on it, stand on it, put a plant on it-this allpurpose Lucite stool fits in anywhere. 18 inches high, 12 inches in diameter. $\$ 172.75$ ppd., from Hammacher Schlemmer. 5. Meat grinder and cheese grater of dish-washer-safe plastic, each with suction base and stainless steel cutting blades. Grinder includes disk at-
tachments, meat press, sausage funnel. Grater's transparent container stores or serves. Top can be used as a food press. Made in Italy by Barry-Ware. In Sun Yellow, Tangerine, Velvet Brown, and white. Each $71 / 2$ inches high. Grinder, \$13, grater, \$12, at Bloomingdale's. 6. "Pulsation" shower head of chrome-plated brass also adjusts for a steady spray shower. Ball-swivel mount fits any standard shower arm. $\$ 21.95$ from Moen plumbers. For dealers, see your Yellow Pages. 7. Electric crêpe machine with batter pan and spatula, for thin, tasty crêpes. Nonstick surface needs no oil. Castaluminum construction ensures even heat distribution. Model 303 by Grandinetti. About $\$ 20$, at Bloomingdale's, selected hardware stores. 8. 14-inch steel wok with aluminum cover and perforated steam plate, flared ring stand for gas or electric stove tops, flatstemmed spatula and ladle of polished stainless steel, and bamboo chopsticks. By Atlas. Gift set, $\$ 22.50$, Liberty House. 9. Silver chest in the Queen Anne style, of hardwood with mahogany veneers, has six drawers, brass hardware, and cabriole legs. 18 inches wide, 13 deep, $381 / 4$ high. Carolina Tables. \$219.95 at Miller \& Rhoads. 10. "Old Shoe" beanbag
chair looks and feels as comfortable as its name. Pumpkin-colored vinyl with laced-up sides. 27 inches wide, 40 inches deep, 28 high. $\$ 50$. Matching ottoman-table available, \$35. By Decorian. At Bamberger's. 11. Plastic dispenser bottles -so useful they'll find their way into every room of the house. Dripless nozzles, snap caps. Yellow, red, or white bottles, with red or yellow caps. 4 ounces, $41 / 2$ inches high, \$1. 10 ounces, 6 inches high, \$1.25. 20 ounces, 9 inches high, $\$ 1.50$. By Alan Spigelman, at Bloomingdale's. 12. Handcranked ice-cream freezer makes the best old-fashioned ice cream you've ever tasted. Pine tub has a maple finish and beechwood scrapers. All metal parts that touch the mixture are coated with pure tin. White Mountain's model 643, 6-quart capacity, $\$ 49.50$ at selected hardware stores. 13. Years ago decorative fire screens protected a woman's face from a hearthside flush. The Nellie Custis Fire Screen is reproduced from an original that belonged to George Washington's foster daughter. Fashioned of mahogany, the Chippendale screen is covered with floral needlework, $541 / 4$ by $221 / 2$ inches, to stitch yourself. Needlepoint design on canvas, and wool, $\$ 175$. Fire screen and matting of completed needlework, \$275 additional. From the National Trust
for Historic Preservation collection by Hickory Chair. At Woolworks. 14. Portable radio keeps you in touch with the latest police, fire, weather, and navigation information, as well as FM/AM broadcasts. Illuminated dial and tuning meter. $12 \frac{1}{4}$ inches wide, $71 / 4$ inches high, $31 / 8$ inches deep, in a strong black case. KH/1170 by Hitachi, $\$ 79.95$. 15. Scalloped napkins with contrasting borders are a large, lap-covering 18 inches square, in almost any color imaginable. Matching oval place mats available. Both $\$ 5$ each. At CacheCache. 16. Electric shaver with an ultra-thin foil shaving head, geometrically patterned to catch every hair, platinum-coated for smoothness. Handsome black case is virtually unbreakable. Dual voltage. The Eltron 660 by Braun. $\$ 51.75$ ppd., Hammacher Schlemmer. 17. Cedar-lined yew wood chest is trimmed with brass hardware. Natural finish. 391/4 inches long, 191/4 inches deep, $171 / 4$ inches high. $\$ 399$ at Lane dealers. 18. "Counterstrike," a strategy game in the classic tradition of backgammon, chess, and checkers, in a leatherlike, double fold-out carrying case of brown or black. By Essex Game Company. \$50. The travel model with backgammon set (not shown) \$36. Both, Brentano's. 19. Marbleized notes and place cards in assorted swirling colors.


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3-by-4-inch folded notes with matching envelopes, 25 for $\$ 7.50$. Place cards, 2 by $31 / 2$ inches, 20 for $\$ 3.50$ at Ffolio. 20. Triggeroperated electric food press decorates, garnishes, stuffs. Pipes mashed potatoes or shapes dozens of cookies. Operates at two speeds. Clear plastic barrel holds 12 fluid ounces, can be safely reloaded while plugged in. It has a 6 -foot cord and weighs less than 2 pounds. Complete with barrel loader, decorator and filler tips, nine design disks, and recipe booklet. "Super Shooter" by Wear-Ever. $\$ 25$. 21. Queen Anne side chair with black lacquer finish, handpainted chinoiserie detail, has a damask seat cushion in gold. $201 / 2$ inches wide, $181 / 2$ inches deep, $381 / 2$ inches high. Seat is 18 inches high. From the American Masterpiece collection by Hickory. \$299 at Gimbels. 22. Roosters, turkeys, alligators, and boats make bath time a lot more fun. 6 -inch rubber sponges are imported from Germany by Alan Spigelman. These and others, $\$ 5$ each at Bloomingdale's. 23. A never-ending supply of natural vinegar is yours by simply adding wine to the Working Vinegar Barrel. Comes filled with $1 / 2$ gallon of zesty red wine vinegar and the "mother" enzyme that stimulates fermentation. Hand-
crafted oak cask with brass hoops on a wooden stand. Instructions and recipes included. $\$ 39.95 \mathrm{ppd}$. from Franjoh Cellars. 24. Caddy of clear acrylic keeps bath supplies at hand in the shower. Hangs from rod or wall. 14 inches high by $61 / 2$ inches wide. By Vincent Lippe. $\$ 20.35$ ppd., at The Difference Is. 25. Freestanding oven-broiler not only bakes, broils, roasts, and defrosts, but also automatically cooks and browns a complete meal in separate dishes in 6 to 10 hours. Constant low heat gradually increases until your meal is done. Low wattage saves energy. Interior cleans itself at normal cooking temperatures. Double walls keep kitchen cool. Interior $71 / 4$ inches high, $143 / 4$ inches wide, 11 inches deep. For families of 4 to 6 . "System III" by Toastmaster. About $\$ 85$. 26. 85-watt blowdryer and styling brush combine in one powerful, lightweight wand so you can style and dry your hair with one hand. Heated air flows through the round-brush attachment for curling, or use the air concentrator for spot drying. Two comb attachments for straighter styles. Sunny yellow "Super Brush" by Remington. \$33.

Prices approximate; state, local taxes not included. Postage or shipping extra, unless cluded. Postage or shipping
noted. Store address, page 203

## HOUSE GIFTS

## Presents of mind

Books-for craftsmen, lovers of the arts, master cooks or amateurs, animal and nature fanciers, or anyone for whom a book makes the perfect Christmas present

## By Jerome H. Denner

Best-sellers come, they're read, and generally, that's that. But a remarkable book dealing with one's personal or particular interests (or capable of sparking a new one) will give lasting pleasure. Here are some books worth looking into as you choose Christmas presents.

## The fine arts

For anyone seriously interested in the arts and their development through the ages-Art: A History of Painting, Sculpture, Architecture (Abrams, $\$ 50$ ) by Frederick Hartt. An encyclopedic work in two bountifully illustrated volumes, the first working its way from prehistory to the Middle Ages, the second continuing through a comprehensive discus-
sion of 20th-century works. An especially appropriate gift for college students . . . Birds, Beasts, Blossoms, and Bugs (Abrams, \$25), text by Harold P. Stern. The fundamental themes in Japanese art, with hundreds of illustrations showing how they appear on screens, scrolls, porcelains, wood, papier-mâché, stone.

For the esthete-in-bud: The Pantheon Story of American Art for Young People (Pantheon, \$14.95) by Ariane Ruskin Batterberry and Michael Batterberry, provides a thorough survey of American art from Indian basketweaving through pre-Revolutionary art all the way to Op and Pop. The simple but never condescending text makes this book appropriate-and Continued on the next page

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## HOUSE GIFTS

## Presents of mind continued from preceding page

a pleasure-for everyone from age 10 up.

Photography has taken its permanent place among the fine arts. Here are some reasons why: In Photographs of the Southwest (N.Y. Graphic Society, \$32.50) Ansel Adams brilliantly captures in black and white the texture of the land and its people of the American Southwest between 1928 and 1968 . . The Secret Paris of the 30's (Pantheon, \$17.95). French photographer Brassai exposes the seamy underside of Paris in the 1930 's-the brothels, nightclubs, opium dens and their colorful denizens. In the accompanying text, he reminisces about his world and the circumstances that prompted the pictures . . . The Unretouched Woman (Knopf, \$20; $\$ 9.95$ paperback) presents 20 years of Eve Arnold's revealing studies of woman-glamorous, witty, poignant, startling . . . Portraits (Farrar, Straus \& Giroux, \$25). Richard Avedon's superb, pitiless studies of the noteworthy in many fields, and shattering portraits of his aged father.

Not necessarily great photography but a barrel of fun and nostal-gia-Wonders of the Stereoscope
(Knopf, \$25), complete with a stereoscopic viewer and 48 stereographs, facsimiles of turn-of-thecentury originals. The book, by John Jones, gives a complete history of stereoscopic photography but the fun is with the viewer, through which you see in 3-D everything from the heyday of Niagara Falls to Victorian erotica.

The Architecture Book (Knopf, $\$ 15 ; \$ 8.95$ paperback) by Norval White, is encyclopedic in scope. 1,400 alphabetized entries from Aalto to Zoophorous (look it up!) cover every period, style, significant person.

Two books focusing on the Islamic world: Its architecture gets all-out treatment in Monuments of Civilization: Islam (Grossett \& Dunlap, $\$ 19.95$ ) by Umberto Scerrato. Starting with the origins of Islamic architecture, ending with its influence in North Africa and Spain, the book contains a series of revealing color photographs . . . Covering not only architecture, but also Islam's arts, sciences, philosophy, and history, Islam \& the Arab World (Knopf, $\$ 29.95$ until Dec. 31; then \$35), edited by Bernard Lewis, presents almost 500 photographs, drawings, and maps. It emphasizes Islam's beginnings in the 7 th century to the aftermath of the Mongol conquests in the 13th.

Stained Glass (Crown, \$35 until Dec. 31 ; then $\$ 39.95$ ), with hundreds of photographs by Sonia Halliday and Laura Lushington and text by Lawrence Lee, George Seddon, Francis Stephens, is a must for everyone who loves this ancient art. And the volume may well convert the so-far-unimpressed. Beginning with the world's oldest windows (11th-century Old Testament figures in Augsburg Cathedral), it traces the history of stained glass to the present-windows by Chagall and Braque, and contemporary experimental work.

## Handcrafts

Whatever the craft, there are plenty of books with easy-to-follow instructions to titillate the experienced craftsperson, the tyro, or anyone seeking new crafts to conquer. A sampling: The Art of Decorative Stenciling (Viking, \$15.95) by Adele Bishop and Cile Lord. 8 projects, among them a stenciled windowshade, an Early American chest of drawers, a door, a floor design, with full-scale traceable patterns . . . Creating Small Wood Objects as Functional Sculpture (Crown, \$10.95; \$5.95 paperback) by Dona Z. Meilach. Bowls, boxes, trays, toys, jewelry, decorative whatchamacallits . . . Everybody's Weaving Book (Macmillan, $\$ 14.95$ ) by Alfred Allan Lewis. How to set up a loom, start weav-
ing, six sampler-like strips to begin with, dozens of projects . Hooked Rugs (Harcourt Brace Jovanovich, \$14.95) by William C. Ketchum, Jr. A history, a gallery of existing rugs, instructions and patterns to make your own
Rugs and Wall Hangings (Scribners, $\$ 14.95$ ) by Maggie Lane. Exquisite needlepoint works, 12 in all, many with Oriental motifs, each a work of art. Not for the beginner . . . Trianglepoint (Viking, \$12.95) by Sherlee Lantz. One simple stitch-no need for counting and complicated diagramsgeometric designs easy for everyone . . . Carolyn Ambuter's Needlepoint Celebrations (Quadrangle/N.Y. Times, $\$ 14.95$ until Dec. 31 ; then $\$ 17.50$ ). More than 60 designs to celebrate an occasion: anniversary, birthday (each zodiac sign), wedding, whatever, plus 10 alphabets for inscriptions . . . Margaret Boyles Bargello Workbook (Macmillan, \$16.95). Original designs, some for beginners, some for veterans, to use on pillows, hangings, eyeglass cases . . . For the personal touch, Greetings (BobbsMerrill, $\$ 10$ ) by Peter and Maria Snow-how to make your own cards for every occasion, with many sample designs plus instructions on how to fold, trace, letter.

## Cookbooks

"Fry-an-eggers" to Cordon Bleus


all want unusual recipes. A few offbeat books that provide them: The Complete Book of Japanese Cooking (Evans, $\$ 12.50$ ) by Elisabeth Lambert Ortiz and Mitsuko Endo. Every aspect of Japanese cooking made easy for American cooks . . . Two for the wok-a-day world: Chinese Cooking for the American Kitchen (Atheneum, $\$ 12.95$ ) by Karen Lee. The title is self-explanatory. For economical treats Chinese style, Chinese Cooking on Next to Nothing (Pantheon, $\$ 8.95$; $\$ 3.45$ paperback) by Kenneth H. C. Lo. Unusual, delicious dishes whose taste belies their low cost-a fine way to feed large numbers of people well on a low budget.

The New York Times Southern Heritage Cookbook (Putnam, $\$ 7.95$ ) by Jean Hewitt. More than 400 recipes exploring the authentic cuisine of the American South (make your own River Road Hush Puppies or Hot-ta-Meat Pies) Remembrance of foods past: Dining with William Shakespeare (Atheneum, $\$ 12.50$ ) by Madge Lorwin. Thirteen complete Shakespearean feast menus with recipes for today's kitchen; essays on the foods and customs of Elizabethan England . . . A cookbook/art book -Fabulous Feasts: Medieval Cookery and Ceremony (Braziller, $\$ 19.95$ until Dec. 25; then $\$ 25$ ) by Madeleine Pelner Cosman. Medieval food habits in menus, service,
$\$ 16.95$ ), consultant editor Edwin M. Steffek. Its subtitle spells it out: comprehensive guide to growing and propagating healthy and beautiful plants in your home, on patios and balconies, in terrariums and greenhouses." What more could you want? Ravishing color illustrations . . . American Gardens in the Eighteenth Century (Houghton Mifflin, $\$ 17.50$ ) by Ann Leighton. Gardening in Colonial Amer-ica-what was planted, how, what the gardens looked like (copious illustrations), and "an appendix of plants most frequently cultivated in 18th-century American gardens."

## The Animal Kingdom

One of the most beautiful books of this or any season: The Audubon Society Book of Wild Birds (Abrams, $\$ 35$ ) by Les Line and Franklin Russell. You don't have to be a bird fancier to savor the breathtaking color photographs: a flock of pelicans; a royal albatross paddling its way across the waters for take-off; a baby pelican with its head in its mother's mouth waiting dinner . . . Equal time for the piscatory fellows: The Fresh and Salt Water Fishes of the World (Knopf, \$25) by Edward C. Migdalski and George S. Fichter, with over 500 paintings and 186 drawings by Norman Weaver. Every-
thing there is to know about over 1,000 species from the tiniest minnow on up . . . The Living World of Audubon Mammals (Grosset \& Dunlap, $\$ 25$ until Feb. 1; then \$35) by Robert Elman. Large-scale reproductions of naturalist Audubon's animal paintings, juxtaposed with photographs of the same animals in their habitats-even the rats look endearing! A beautiful job . . . And a spectacular book about the most spectacular animal, man: The Rand MeNally Atlas of the Body and Mind ( $\$ 25$ until Dec. 31 ; then $\$ 30$ ). Its graphic "maps" and text demonstrate how every part of our body is composed; fantastic magnified photographs of cross-sections of the eye or bone look like first-rate nonobjective paintings. In all, a wealth of information in a book delightful to browse through, fascinating to read. A good choice for high school and college students.

## Christmas

To help you prepare for or celebrate our favorite holiday: The Christmas Tree Book (Viking, $\$ 10.95$ ) by Phillip V. Snyder. A storehouse of information about the history of Christmas trees and their decorations. Lavishly illustrated with pictures of old ornaments . . . Christmas Crafts for Everyone (Abingdon, \$8.95) by Continued on page 156 and Indoor Gardening (Crown,

## Orrefors <br> GIVE IT TO SOMEONE YOU LOVE.

 recollections of 8 important women in her life together with their favorite recipes; combined, they make a fine compendium of French cooking.Oh lucky noncalorie watchers! Frozen Delights (Crowell, \$8.95) by Diana Collier and Nancy Goff, has luscious recipes for ice creams, bombes, mousses, parfaits, baked Alaskas, even popsicles . . . If you live and/or eat alone, you don't have to "just throw something together." Cooking for One Is Fun (Quadrangle/N.Y. Times, \$8.95) says Henry Lewis Creel, and he offers dozens of recipes to prove it, each special, easy for the beginner, none prosaic.

The World of Cheese (Knopf, $\$ 12.50$ ) by Evan Jones. How one of our best year-round foods is made, how to judge it, buy it, store it, cook it (over 100 recipes), and an extensive dictionary of the world's cheeses with descriptions.

## Gardening

To make your thumb greener, The Complete Book of Houseplants
table, manners; over 100 recipes (Fritours, Medieval Parsley Bread, Nuttye, Farsed Fesant) and lavishly illustrated with medieval paintings and illuminated manuscripts and a memoir, When French Women Cook (Atheneum, $\$ 12.95$ ). Madeleine M. Kamman's



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# Romania: In search of the real Dracula 

## The road to the lair of the man behind the myths leads through fields of flowers and romantic mountain passes to the discovery of a fascinating and little-known culture

By William P. Rayner

America was not the world's first "melting pot"; Romania was. For this ancient land bordering on the Black Sea and surrounded by Russia, Hungary, Yugoslavia, and Bulgaria has for 2,000 years been Eu rope's flash point where the Romans, Goths, Saxons, Seklers, Magyars, Greeks, Turks, Armenians, Gypsies, and Jews came to conquer or consort with the native Dacian breed. Their fearful history has produced such a diverse mixture of bloods, religions, and cultures that today the Romanian is a concept rather than a race They are perhaps the first people to achieve this distinction.

We arrive one stormy August evening in the concept's capital, Bucharest, where the representative of the Ministry of Tourism awaits. He has in mind that we must dine and with a single-minded hospitality that characterizes the Romanian people we are conducted to the Caspa, one of the oldest restaurants of Europe, for a marvelous dinner: caviar, sorrel soup, cold duck with olives, salad and ewe's-milk cheese pie, all washed down with a local Riesling. Our host explains that the sturgeon from which the caviar comes is old, often 200 to 300 years of age. (As if that weren't enough, Sacheverell Sitwell in his book Romanian Journey reports that a "scarcely credible 800 years was mentioned as the age of an exceptional specimen.
.") It is unsettling to think that what I am eating is the product of a fish most likely born before our independence.

The next morning we get our first view of Bucharest, which the Wallachian prince, Vlad the Second (Dracula's dad if you will) ordered built 500 years ago. Today
it is a city of wide boulevards and great parks, set in a plain 40 miles north of the Danube River and 90 miles south of the Carpathian


Bran Castle where Dracula lived and Queen Marie grew dahlias.

Mountains. The architecture reflects the "melting pot" insistence with Neo-Gothic, Renaissance, baroque, orthodox, and contemporary all intermixed, yet somehow harmonious. But by far the most interesting architecture we will see is in the Village museum, a 25 -acre park near the edge of the city. The park explains a great deal about why there existed among the rural population a sympathy that early on sparked an imperative to fuse into a single nation the three regions of Wallachia, Transylvania, and Moldavia. For in this park popular architecture echoes a consistency between the fishermen's shed of the Wallachian south, the vine-covered cottages of the Transylvanian midands, and the wooden churches and painted houses of the mountainous Moldavian north. All are set as they would appear in the region to
which they are native. The Danubian fishermen's huts are hard by a canal, the Transylvanian farmhouses, summer kitchens, and stalls are surrounded by wheat fields, while the wooden houses and churches of Moldavia are fenced in with flowers. The park is a delight. For those who prefer gold to wood, the Bucharest History Museum offers a fascinating
still roam the rocks. It is here in the small village of Sinaia that the royal family once made their summer residence. We stop by what was the officers' quarters, now an inn, to sample a wood raspberry brandy. (The Romanians love their brandy and they drink it before, after, and during meals. Their brandy comes from not only

Continued on page 70

## The weather grows chilly as we climb higher into the Carpathians to Bran Castle where Dracula, or Vlad the Impaler, lived

collection of Scythian, Greek, and Roman rings, scabbards, necklaces, combs, breastplates, and other treasures.

The road from Bucharest north to Brasov runs through Europe's oldest oil fields, the Ploesti, and then on into Romania's heartland, where the soil is so rich as to appear like river-bottom muck. Acacia trees line the road, while great fields of corn and wheat, along with orchards of pears, peaches, and apples flourish just beyond. Then the road leads up into the Carpathian Mountains where giant 200-foot fir trees, straight as a tall ship's mast, bank it with their dark green limbs. Streams cascade and waterfalls splash down the mountain slopes where deer, chamois, and bear

The 15 th-century Moldavian Painted Church of Sucevita amid monastery walls. Right: Brancusi's endless column in memory of Romanians who fell in World War 1.


## Why smoke Now?

If you're a smoker who has been thinloing about 'tar' and nicotine, here's why you might consider smolaing Now.

Now has the lowest 'tar' and nicotine levels available to you in a cigarette, king-size or longer. 2 mg . 'tar,' 2 mg . nicotine. It comes in both filter and menthol.

Now also gives you real smoking satisfaction. The flavor is mild and pleasant.

Now draws free and easy for a cigarette so low in 'tar' and nicotine.

Now has a uniquely designed filter that makes all this possible for the first time.

Compare 'tar' numbers. You'll see that 2 mg . is the lowest of all king-size cigarettes.

When is a good time to switch to Now? There's no better time than right now.


## Now. 2mg'tar' is lowest. <br> (King-size or longer.)

Warning: The Surgeon General Has Determined
That Cigarette Smoking Is Dangerous to Your Health.

## GOING PLACES, FINDING THINGS

## Romania <br> continued from page 68

raspberries, but plums, cherries, apples, apricots, pears, and even fir trees.) The village houses are of Austrian chalet design with woodtrimmed façades, peaked roofs, wide eaves, and recessed windows all built on narrow, steeply inclined streets. Outside of town the first gypsy caravans appear which we suspect are of the Laetzi tribe, thought to have been brought from India in the 13th century as coppersmiths by the Tartar hordes of Batu Khan. They are horse-copers by trade, nomads by choice, and rumored to be sun worshippers by heritage. If so, they are the last of the pagans left in Europe. They trust no one, least of all themselves.


Painted Cemetery near Tirgujiu
From time to time a troupe comes to the village and when their singing ends the leader passes among the audience for "help." Now in order to ensure no sleight of hand the entertainers immobilize the collector's left arm by placing a live fly in his closed fist. When he returns he must first open his hand to release the fly alive. Woe be to the Laetzi collector who can't.

## An old man spent his life carving epitaphs on wood crosses in what must be the only merry graveyard

Later that afternoon the rain begins to fall and the weather grows chilly as we climb higher into the Carpathian Mountains on our way to Bran Castle where Dracula, or Vlad the Impaler, once lived. The heavy, low-hanging, Payne's-graycolored clouds whipped by mountain wind and rent by thunder and lightning make a fitting introduction to this monster's land. Because


Bloody Thomas.The best Bloody Mary you'll ever taste.
of the unusually bad weather we have fallen behind schedule and at eight in the evening have still some two hours' drive to Bran Castle. We decide to stop at a small inn, perched on the side of a ravine, for dinner. The inn, built from Douglas fir, shaped like an Aframe, warmed by a central hearth, insulated with heavy sheepskins on the wall, furnished with long communal tables and chairs carved from wooden stumps, and lit by tapers, is indeed a welcome sight. We warm ourselves by the fire (externally) and with fir brandy (internally) while our guide goes to the kitchen to see what he can find. And what he found-I have never had such a meal before. First there is hare borscht with cabbage and minced onion, served with hot, rough peasant bread. This is followed by roasted bear and wild boar, cabbage stewed with smoked sausage and fried potatoes with dill, parsley, and tomatoes. For dessert these simple folk serve up a tart called hemp seed pie that tastes of vanilla. Being so fortified, our guide begins explaining that all the myths about Dracula were quite exaggerated-he really wasn't such a bad sort. It is true that once when the sultan sent his emissaries to see their Wallachian ruler they so infuriated Dracula by not removing their turbans that he had the turbans nailed to the emissaries' heads. But after all Vlad hated the Turks, for he and his brother had been their hostages during childhood. It is also true that he had once invited the poor, the old, the ill, and the lame to dine in his palace in Tirgovist after which he locked the door and burned the palace down, but sympathetic historians explain this as a type of "mercy killing-getting rid of the handicapped, the undesirable, and the sick who were a burden to the state." It is also accurate that he well deserved the title Impaler. Even such an evil old disciplinarian as Mohammed the Conqueror was revolted when he came upon some 20,000 Wallachian traitors and their accomplices impaled as punishment on Dracula's order. They had been placed directly in Mohammed's conquering path throughout a narrow valley leading to the Impaler's capital. In horror the caliph retreated back to the Danubian delta making the oftquoted statement that "he could never win the land from a man who does such great things . . ." DOES SUCH GREAT THINGS
. Well it is true that this maneuver had saved his kingdom from the Turk. Mohammed's reaction is instructive, too, in that it helps one to understand that in the medieval ages cruelty was respected on much the same grounds as later

Continued on page 74

GE invented the wh Pyrolytic self-cleaning lock and set the contro. and the oven cleans itse

Quiet time other and child. And North Stars clusive "Sweethearts" General nket, designed by an Walsh Anglund arm, sot, snuggly. rthose quiet, precious

GE has invented m make electric coo Maybe that's why electric ranges. time-saving, wo

The accurate kind of microwave cooking with the GE Automatic Cher The GE Automatic not only cook up to 4 than a conventional cook by temperature The GE Automatic temperature sensor meat thermometer. B for many different for insert it in casseroles grilled sandwriches, et

Then set the contr get it. No guessing or When your food is the degree selected, tr itself off automaticall Unlike microwave ov that have only timer controls, it can't over or undercook.
Complete self-cleas with the P-7 ${ }^{\text {® }}$ SelfPyrolytic Oven.


## Romania

continued from page 70
cunning, then reason were and now salesmanship is. It was employed as a tool to rule, conquer, or convince. It got the job done. As I am reflecting on these deep thoughts the inn's door suddenly blows ajar and the tapers snuff out. I know that Bran Castle is for me that night out, too. We retrace our steps to the large well-lighted city of Brasov to rest in a tourist hotel.

Early the following morning we drive on to Bran Castle and are fascinated to find not a chamber of horrors with creaking doors and trap floors but a beautiful small castle built on the spur of a heavily wooded hill. Towers and parapets enclose a tiny center courtyard surrounded by balconies and

## Plots round each peasant's hut are awash with lady's-slippers, gladiola, roses, and more-a flowering earthwork

covered in ivy. The rooms are small and cozy, looking as they do, down 1,000 feet to the broad Transylvanian plains below. It seems that the late Queen Marie was responsible for this restoration. The queen was a great lover of flowers and her garden is said to have contained the most remarkable collection of dahlias ever assembled. There were over 200 varieties. Today the garden is unkept, the streams are choked, the trees unpruned, and the dahlias gone. This is odd for the Romanians have a deep love of flowers.

The love of flowers in this
country is perhaps second only to that in Britain. On the way to the ancient town of Sighisoara-a town planted dead center in the middle of this square-shaped coun-try-we begin to see the Romanian heartlands or, more accurately, flowerlands. The road which passes through the splendid central plain of Transylvania is shaded for 100 kilometers by poplar trees under which bloom violets, chickory, and Queen Anne's lace. The fields are filled with poppies, and the plots round each small peasant's hut are awash with roses, crocus, lady'sslippers, gladiola, sunflowers, and

## Case introduces the place for its EarlyA mericans.

A block, rack, bar and cutting knives, all are made with the same board. The perfect gifts designed to painstaking quality and craftsmancompliment any kitchen. The same way our Early Americans complement your cooking
Each item is made of oiled hardwood, burnished
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much more. It is a flowering earthwork. Afar, from time to time, appears a peasant citadel to which the local Christians fled when Turks and Tartars came to call. These are fortress structures defending interior churches in which worshippers still pray.

The ancient Saxon town of Sighisoara is approached by this unique drive. Here the predominant language is German, the principal church is Lutheran, and the primary architecture medieval. It is thought to be where Dracula buried his kid brother-alive. Sighisoara is surrounded by high wall fortifications in which nine towers were built to house, among others, the early skinners', tanners', and locksmiths' guilds. Narrow winding cobblestone streets, thick undecorated walls of masonry, arched wooden portals, and tiny barred windows place this town in a medieval time look of its own.

But Romania is filled with corners that seem to have been left behind, rather frozen to the past. We find that for the next few days we will to some small degree become part of one of these corners, for the Sisters of Sucevita have permitted us to stay in their mountain monastery. We arrived at the wall, which surrounds this painted church of the orthodox order, close to nine in the evening, for to reach northern Moldavia we have had to motor some 400 miles over winding mountain roads. I remember thinking that we were rude entering so late. The sisters must dine early as their next day starts at 5 A.m. They will be upset. When the oaken portals swing open to permit entrance of our automobile, we see approaching the large black form of a mother superior striding across the lawn carrying her 6 foot walking stick. We are mute from apprehension. She stops, looks at us, and breaks into a smile which lights up the night. We are assigned to our rooms and given a simple dinner of polenka (corn meal mush), lamb, yogurt, cheese, a delicious white wine they make right there, and strong camomile tea. Later that evening, I witness something that will for me not happen again. We had finished dinner, stepped outside and heard the vespers being chanted in the church across the lawn. As we went to eavesdrop, one of the sisters spying our approach beckoned us into the entrance or antenave and for our comfort turned on a light whose shaft suddenly illuminated a 500 -year-old mural of the Last Judgment that covered the entire west wall. It was all so unexpected, like being jolted from a deep sleep, that for moments we just stood there dumbly dislocated while searching out the symbols on the wall. Symbols depicting sinners struggling from the fires of

Continued on page 76

## from the coffee capital

 of the world, Brazilcoffee liqueur in the
world, BAHIA.

No one knows more about coffee than Brazil. They grow more. They enjoy it more. They serve it in more only natural Brazil would produce the finest coffee liqueur in the world--Bahia. Bahia begins with the finest Brazilian coffee beans. It's a different brew of coffee liqueur, rich in coffee taste with the full-bodied aroma of freshly made coffee. Taste Bahia straight or on the rocks. Once you do, you'll always recognize it. Bahia Distinctive Incomparable.

## Romania <br> continued from page 74

hell, Christ on the seat of judgment, a disembodied hand holding the scale of justice, Christian martyrs, and infamous Turks.

The next day we have an opportunity to more coolly inspect these fantastic frescoes which cover the entire outside of the still-remaining five Moldavian churches that Stephen the Great first caused to be built in 1488. Depicted on them are not only biblical scenes but, for that time, current events such as the fall of Constantinople, together with the signs of the zodiac, portraits of popes and kings, scholars, philosophers (Pythagoras, Plato, Sophocles, etc.) and the genealogy of Jesus. The entire outside four walls of these churches
were painted with thousands of images, both biblical and temporal, by unknown artists who fled Constantinople when Byzantium fell. They served for an illiterate 15 thcentury peasant as his instruction in religion, history, and philosophy. Because these artists could not obtain, in sufficient quantity, the colored glass and stone in which they were trained to create mosaics, they ground up what was available and mixed it into paint. The blue they secured from the lapis, and the reds and yellows taken from other gems, created not only unique hues but also extraordinarily durable pigments which have withstood the elements for 500 years. These churches with their wide overhanging arched roofs shaped like a Chinese coolie's hat are still active religious centers.


Women in local costume card flax by road to Brancusi's birthplace.

The next day was Sunday and a multitude of young and old came to worship at this holy place. The few days we spent in this monastery deep in the lush Carpathians

## 6 good reasons (쁯ㄹ) why your first compactor should be a Kenmore.



1 Empty the garbage only once a week. Even if you make as much as two bags of garbage a day, Sears Best Kenmore will condense your week's worth of garbage into one neat bag.

2
It's the neat, clean, easy way to dispose of garbage. This Kenmore automatically deodorizes trash and lets you add extra deodorant. Our bags are lined with leak-resistant plastic

3
Hidden key lock turns this machine off so kids can't play with it.

4
Easy to operate. Pedal opens this Kenmore with a touch of your toe. Bin holds 12 weeks' supply of bags.

5Easy on electric bills. Even if you use this Kenmore six times a day, it will only use about 6.6 kilowatt-hours per year. And that would cost less than a dollar.

6
Your choice of four colors with this Kenmore.

7The super reason: Kenmore means Sears service, dependability and value. Ask about our convenient credit plans. Only at Sears, Roebuck and Co.
 Kenmore.Solidas

Sears
are not something we are likely to forget soon.

Not far from here up on the Russian border in an area called Maramures is where in the 18 th century the peasants built wooden churches of a different charm. Set in plum and apricot orchards that are just then coming into bloom, the churches possess slender coneshaped towers arising to a needle point 60 meters above peaked shingled roofs whose eaves hide half the underlying frame. On the side, from where visitors enter, are verandas about which finely fashioned columns wrought in pine support the overhang. These orthodox churches, which can only accommodate some 50 souls, mix sentimental religious art with wood-carved beams of elaborate sophistication. As in the churches, the local peasants' houses, barns, and porticoes bear witness to generations of carvers who spend their long winter evenings whittling out designs of wild intricacy. One afternoon we drive south to visit the house in which great Brancusi lived. The passage to his birthplace is in itself compelling. This famous sculptor's cabin comes at the end of a long rutted dirt roadway alive with goats, cows, geese, puppies, children, and women carding the flax weed into linen threads and dressed in costumes which predate the Age of Darkness. The women wear almost crenelated skirts decorated with red flowers against a black background together with a white, soft, big-sleeved blouse, while the men sport sheepskin vests, short pleated skirts, and white stockings that look like leotards. Brancusi's house is like the other peasant lodgings with small windows, a veranda, and outer rough timber walls whose neatly fitted corner joints are snugly beveled together. It is the same except for one small detail. The father, who like his neighbors was skilled at carving, hewed what appears to be a continuing series of hexagonal forms up each side of the front door. This was to be the inspiration for one of his son's most famous works-the endless column which can be seen only in Tirgujiu near his forebearer's land.

Carving is still an art much practiced in this part of Romania. Just a few kilometers away an old man has spent his life carving epitaphs on painted wooden crosses in what must be the only merry graveyard in the world. When we entered there were people standing in front of the graves roaring with laughter. I found this rather offputting and asked our guide what was going on; so he translated:

Here lies André
Who died from drink
At least that's what
We're led to think
Romania is a land of much contradiction.

## Something for smokers to think

There are cigarettes and there are cigarettes. And if you're a smoker you certainly know by now which brand you really enjoy smoking.

So what makes us think we'll ever get a crack at switching you?
Well, we're going to try.
A lot of cigarette smokers smoke menthol. But they're probably just as concerned about the 'tar' and nicotine stories that all cigarette smokers have been hearing these days.

Frankly, if a cigarette is going to bring you flavor, it's also going to bring you smoke. And where there's smoke, there has to be 'tar.' In fact, in most cigarettes, the more flavor, the more 'tar.' Except for Vantage.

You must know that Vantage cigarettes have a special filter which reduces 'tar' and nicotine without destroying flavor.

What you may not know is that Vantage is also available in menthol.

Not surprisingly, what separates Vantage Menthol from ordinary menthols is that Vantage Menthol gives you all the flavor you want, with a lot less of the 'tar' and the nicotine that you probably don't want.

Now Vantage Menthol is not the lowest 'tar' and nicotine menthol you'll find. It may well be the lowest one you'll enjoy smoking.

Since you're the best judge of what you like about menthol cigarettes, don't just take our word for it.

Try a pack of Vantage Menthol and then you'll know for sure.

[^3]

FILTER: 11 mg . "tar", 0.7 mg . nicotine, MENTHOL: 11 mg . "tar". 0.8 mg . nicotine, av. per cigarette, FTC Report APR. '76.

# What looks likewood.. cleans easier than wood.. wears better than wood.. but isn't wood? 

## THIS?

# Akitchencabinet made of Hew HORMICAMCP <br> brand 

Now amimportant development from Formicagives you therichlookof woodplus...


## no-fuss cleaning, many years of carefree service and more!

After years of research and development, Formica introduces a totally new surfacing material. One that's ideally suited for kitchen and bath cabinets. We call it MCP. You'll call it fantastic. MCP means you can now have cabinets with all the warmth and natural beauty of wood. Plus some advantages wood can't match!
Cleaning that's a breeze-with no worry about stains! Cabinets made of FORMICA ${ }^{\circledR}$ brand MCP clean easily with just a damp cloth or, on occasion, a mild detergent and water. And they are highly stain resistant, too.
The beauty lasts, without refinishing! An MCP cabinet keeps a rich look of fine, handcrafted wood... without the need for refinishing. It resists chipping, scratching and scuffing through the jars and jolts of family living. Cabinets made of MCP even resist unsightly finger print discoloration around handles. And once they're installed right, MCP cabinets stay right because they're virtually warp-free.
No need for shelf paper! Because cabinets surfaced inside and out with this new FORMICA ${ }^{\circledR}$ MCP are satin smooth ....and also stain resistant . . y you can say goodbye to shelf paper.
And they are fade and heat resistant! Let the sun shine in! The handsome woodgrain designs and colors resist fading. And if someone happens to slosh a hot beverage on these cabinets, that's okay, too, because they're much more heat resistant than plain wood.

In addition to luxurious woodgrain designs, new FORMICA ${ }^{\text {® }}$ MCP is also available in bold decorator solid colors.

Look for the FORMICA ${ }^{\circledR}$ trademark. It's your assurance of quality and extra value!
If MCP is not available at your local cabinet dealer's, ask him to contact his Formica distributor or write MCP Sales, Formica Corporation, Cincinnati, Ohio 45202.

(c) 1976 - Formica Corporation • Cincinnati, OH 45202 Subsidiary of cranamid

## CARPETS NEED A DOCTOR? SUCCESSFUL METHOD OF 'TAKING UP’ SPOTS

## (Two Leading Companies Report Their Experience)

When planes come into the jet base at Delta Air Lines for mechanical checks, thorough clean ing is done under the supervision of Mrs. Bessie Davis, who says:
"We have everything imaginable spilled and tracked on our carpets. Of all the stains including ketchup, food seasoning, whiskey, wine, whole pots of coffee, ramp grease and tar, lipstick and every type food stain, I have never found a spot that ARGOSHEEN would not take up.; After the soil is dissolved, with ARGOSHEEN, it is blotted up with mops leaving the planes spot-
less and beautiful. In our opinion the perfection of these planes when they leave the hanger could less and beautiful
not be surpassed!

## Dear Editor:

WHICH IN MY OPINION IS THE BEST I HAVE SEEN OVER THE PAST THIRTY YEARS By way of introduction, my name is Joe Gunterman, and I spent more than thirty-three years in the Cabin Service Department of co Planning I devoted much time and energy to the problem of keeping cabin interiors ciean
and fresh. Every method known to man was tested and it is my opinion that the Argo Method is the quickest, safest, and least expensive method available in terms of both materials and manpower to cover the tracks of over thirty million passengers per year.

Steam, as you pointed out, can be tricky. It soaks the carpet, generating a drying problem and can lead to shrinkage and in some cases mold.
Foam is always disastrous in my opinion. Most of the detergent used will remain in the carpet. Our tests reveal that more than ninety per cent of the foam remains in In other words, people using foam preparations are generating severe future cleaning problems.

The Argo Method features a mop and/or a vibrator machine and special cotton pads. Most carpets that are not extremely soiled can be made to look new with a few brushes of a simple cotton mop soaked in Argosheen. Extremely solied carpets can be cleaned wizh Sour and moldy odors are quickly dissipated.
The Argo method is currently being used by Delta, United, PanAm, TWA, etc. In the case of United, I know that this product passed all of their most stringent engineering tests

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Now available in sizes for the home - Sweep Your Carpet Clean with an Argomop and Argosheen

Write for information including tests which allow you to prove to yourself that no shampoo can mix with the soil and dry to a powder which a vacuum can remove; how to prove whether a cleaner is safe before using it; and how to avoid rapid resoiling. Also included are tips for cleaning some of the new carpets with severe soil release problems.
Two quarts of ARGOSHEEN with its all-purpose spotters will clean more carpets than a gallon of any other known carpet cleaner. For guaranteed to please prepaid shipment, send check with order: Gallon ARGOSHEEN $\$ 9.78$; Quart $\$ 3.80 ; 20$ oz. Aerosol $\$ 3.90$; ARGO Rug Mop $\$ 6.90$.
Tub $\$ 1.50$ or Special 2 Quarts, Mop \& Tub $\$ 13.50$. Dept. HG, ARGO \& COMPANY, INC., P.O. Tub $\$ 1.50$ or Special 2 Quarts, Mop \& Tub $\$ 13$.
Drawer 2747, 182 Ezell St, Spartanburg, SC 29304.

Ask For Argosheen From Your Favorite Interior Designer Or Carpet Store.


# The Children's Exchange 


games • health • education • psychology the arts • books - TV • sports • the great outdoors $\cdot$ fashions and fads $\cdot$ environments

## The play's the thing

For smaller children (age 4 and up) with lots of imagination, a whole world of knights in armor can be recreated with this delightful set of plastic figures and accessories. Helmeted knights are jointed and can be put on horses, made to hold swords, sound trumpets, or sit at a feasting table. Also available in cowboys and Indians, or colorful construction workers, with a paraphernelia of rakes, road signs, pipe, shovels. By Playmobil, imported by Schaper, in differentsized sets: starter set, $\$ 6$, deluxe set, $\$ 10$, accessory set, $\$ 2.50$, base pack, $\$ 4$ (all approximate prices). At Sears, Penney's, or toy stores around the country.
Kids of all ages love to race cars. The Darda Buggy zips around gravity-defying loops of plastic track on keyless windup power. Push the car back and forth

and it is ready to zoom. Track pieces snap apart for storage, and cars come in five interchangeable pieces that can be reassembled as you wish. Track and one car are $\$ 17.95$. Extra cars are $\$ 4.50$ each. From F.A.O. Schwarz, Fifth Avenue at 58th Street, New York N.Y. 10022, or at branches across the country.

## For backpackers



A Snoopy backpack will carry school books in winter and hiking gear in summer. In red, yellow, and blue, the pack is made of sturdy plastic-lined canvas with 3 outside zipper pockets. Snoopy strikes a debonair pose just under the main zipper. By Butterfly Originals, \$9; Bloomingdale's, Dept. 469, 1000 3rd Avenue, New York, N.Y. 10022.
For teenagers, of course, the classic L.L. Bean catalogue is the repository of the most-wanted camping gear. Rucksacks, duffel bags, belt pouches, bicycle packs, even a "Wilderness Experience

Vagabond Pack"-it's all here. Catalogue free from L.L. Bean, Freeport, Me. 04033.

## The Cat in the Hat goes plush

For small Seuss fans, what could be more fun than having their very own Cat in the Hat? Just the thing to stroke for inspiration while puzzling through The Cat's Quizzer, Dr. Seuss's latest book (Random House, \$3.95), in which the world-famous cat plays quizmaster. A small toy company in New Hampshire makes three delightful versions of the Cat in the Hat25 - and 30 -inch stuffed ones and, just introduced, a hand puppet. All have hand-embroidered features and safety-lock eyes. A handpuppet version of Sam I Am, the well-known character from Green Eggs and Ham, is also new this year. In future years, other Seuss characters will be added to the line. The little Cat in the Hat is $\$ 9$; the larger one, $\$ 12$; puppets are $\$ 7.50$ each. Add 75 cents handling per toy. At toy stores, or write to: The Douglas Company, Drawer D, Keene, N.H. 03431. Elin walker

Continued on page 82

The nicest Christmas decoration is a Bulova Americana wall clock. It's crafted in fine woods, polished to show off the grain. Yet for all its antique looks, it works with today's cordless efficiency: on one little battery. Christmas or whenever...if it's time for giving, it's time for something as beautiful as a Bulova.


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## To light up dark nights

A heartwarming present, especially for kids who resist going to bed at night: calendars that glow in the dark. The Night-Lite Calendar, by Windmill Books and E.P. Dutton, has 12 charming scenes of animals: at the circus, ice-skating, going up in space; $\$ 3.95$. Walt Disney's Mickey Mouse Calendar, also by Windmill Books, starring the one and only in endearing scenes, is $\$ 3.95$. At bookstores.

## Book fare

Here is a selection of new books to please children of various ages at Christmas.

The Amazing Bone by William Steig (Farrar, Straus \& Giroux, $\$ 7.95$ ). A dear pig named Pearl and a bone that can speak any language foil a band of robbers and the quintessential villainous fox. As in all classic fairy tales, our heroes find eventual happiness because that is what they deserve. Steig's picture books have a straightforward charm that warms hearts young and old.
I Know! A Riddle Book by Jane Sarnoff and Reynold Ruffins
(Charles Scribner's Sons, \$6.95). This small, handsomely designed collection contains enough ridiculous questions and answers to satisfy the most riddle-happy child you know.

The Porcelain Man by Richard Kennedy, illustrated by Marcia Sewall (Atlantic, Little, Brown, $\$ 5.95$ ). Written with the lilt of a love story and the style of a folk tale, this book is about a "timid girl" with a talent for mending things. From a broken set of dishes, she constructs a porcelain man. Out of his shattered remains she builds a horse and when that horse breaks, she pieces him into a happy ending for herself and this imaginative fable. The pictures are as distinctive and charming as the story.

A Farm by Lennart Rudstrom, illustrated by Carl Larsson (G. P. Putnam's Sons, \$6.95). The farm was bought by Swedish illustrator Carl Larsson in the 1880's. His wonderful watercolors detail the place (rural Sweden), the life, and the period with graceful skill. The text describes it all. Written a little like a travelog through another time, this is not a book for a young child to read alone. It is a joint project that child and adult will enjoy sharing.

Fly By Night by Randall Jarrell,

illustrated by Maurice Sendak (Farrar, Straus \& Giroux, \$5.95). Jarrel completed this dream-like story shortly before he died. Woven of prose and poetry, it is about David who can fly at night. Floating over the countryside, he meets animals and the great white owl. They all speak a language he can understand. The book itself seems to be made of this night language: strange, lovely, and gently surreal.

Mooch The Messy by Marjorie Weinman Sharmat, illustrated by Ben Shecter (an I Can Read Book, Harper \& Row, \$3.95) and Frog and Toad All Year by Arnold Lobel (Harper \& Row, \$3.95). Two books in an excellent series especially designed for 4 -to-8-yearolds to read to themselves. Mooch is a messy young rat who lives alone. Mooch's dad is very neat.

## Become a chairperson

An executive swivel chair for tots has arms and a stable base, is ideal for TV-watching or pulling up to a play table. In red or blue molded plastic, the chair is light enough for a child to move easily. At all Woolworth's, it's a bargain at $\$ 4.96$.

Mooch and Dad are devoted to each other. Will Mooch take his socks off the bedpost and his underwear off the lamps when Dad comes to visit? Read on.

For the dwindling group who don't know Arnold Lobel's winning, odd couple, suffice it to say that Frog is green and Toad is brown and both of them are funny. They strike again (happily) in this collection of their adventures.

A book that is unavailable for review at this time but worth pursuing as the holidays approach is Dulac's The Snow Queen by Hans Christian Andersen, illustrated by Edmund Dulac (Doubleday, $\$ 7.95$ ). Dulac, born in France, created some of the most sumptuous book illustrations of his time. The five Andersen tales in this volume have been chosen from an edition published in 1911. KARLA KUSKIN


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## for everyone on your shopping list from one of brands gift merchandise shown in the preceding booklet, these fine hardware/ housewares stores right in your prepared for your shopping convenience by the <br> own area. They are headquarters for all the famous National Retail Hardware Association.




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| :--- |
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......................age Henville Lumber Hartford ............Censpon's Sentry Inc. Kensington Kensington Hardware, Inc.
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## OREGON



## WASHINGTON



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## HOME IMPROVEMENT IDEAS

## For the house fixer

A wood-burning heater to warm your house, a roomy tub-shower enclosure, and a fire alarm for the Christmas tree

# ROOM AT THETOP: hOW TO HANGA PIANI 

By Deanne Raffel

Greenery, both as a hobby and as decoration, is here to stay. Homes and apartments all over the country are bursting at the seams with plants. Since many plants require window exposure, your job is to situate each one so that it gets the necessary light. Of course, suspending a pot from the ceiling or wall is the best way to display greenery when little floor or shelf space is available. Here are the steps to follow:

Purchase a plant hook at a hardware store. It is a metal casting that is attached to the ceiling with one or two other fasteners packaged along with the hook. The one with the toggle bolt-the threaded rod with spring-loaded wings-is used for attaching the fastener to any point in a plasterboard (hollow) ceiling. The other one, the hanger bolt-the rod with a flat end and a pointed end-is to thread the hook into a joist (the wood frame above a plaster or plasterboard ceiling).

Remember that foliage takes up space, and the pot will be centered beneath the fastener. Do not plan to locate the hook too close to a wall or, in the case of more than one hook, too close to the adjacent one. A good way to judge the required space is to set the pots on the floor to see how much room is needed. Never guess at dimensions, measure them for accuracy. Decide from what approximate point you want the planter to suspend. Below this specified area piace a ladder-one that is tall enough so that you can comfortably and safely touch the ceiling without
overreaching or having to stand on the highest step.

Now, with an icepick or an awl, puncture the ceiling at the chosen site. Push on the tool (a hammer may be needed to coax the point inward). If it hits something solid, you have "found" a ceiling joist. Hammer the tool point in at least $3 / 8$-inch deeper, then pull it out with a back-and-forth twisting motion. Insert and screw the flat end of the hanger bolt into the hook. Place the pointed end into the ceiling hole and keep turning until the hook is brought tightly up against the ceiling. The last few turns may take a little more effort.

If the piercing implement just keeps going into nowhere, it is time to use the toggle wings. Remove the tool. Screw the hook onto the threaded rod (when the wings are squeezed closed they should point toward the hook). Use a screwdriver to ream open the hole in the ceiling until it is large enough to accommodate the wings in a folded position. Hold the wings closed and work them through the plasterboard. Once the tips clear the board they will automatically spring open. Wind the hook clockwise while exerting slight downward pressure. Turn until the hook sits snugly against the ceiling.

Finally it's time to show off your burgeoning plants. Gingerly set a pot or basket into the lovely macramé plant holder you just bought and again climb the ladder. Slip the hanger onto the hook. Descend, back off, and wonder at the fruits of your labor.

## For a fire-safe Christmas

This decorative star for the Christmas tree is also a fire alarm that sounds off loudly when it detects excess heat or flames. Ornamental, it conceals a bimetallic heat-sensing switch that automatically turns on a loud horn when temperature reaches $135^{\circ}$. Self-contained and battery-operated, it needs no wiring or plug-in connection. You supply AA flashlight-type battery and replace when needed. Star-shaped ornament alarm, \$10. Life-Alarm Corp., 2804 E. 55th Place, Suite K , Indianapolis, Ind. 46220.

## Heating with wood



If winter fuel supplies become scarce, or oil prices go sky-high, this wood-burning heater will provide warmth. A thermostat at the front lets you regulate the amount of heat. Turn it down for less heat when you retire at night, turn it up for more in the morning. Of double metal construction, lined with firebrick, it holds and distributes heat more effectively than a fireplace. The opening for the flue connection is at the back. Suggested retail price, $\$ 311.11$; a round, less costly, model is also available. Shenandoah Mfg. Co., Inc., P.O. Box 839, Harrisonburg, Va. 22801.

## Wide open space for bathers



This tub-shower enclosure gives you ample elbowroom for a liedown bath. The outer and inner door panels glide back against an end wall opposite the faucets and allow full access for bathing or cleaning the tub. Doors, jamb, built-in towel bar, and other parts of the "Glide-A-Matic" are anodized aluminum in silver or gold finish. Door panels are 3/16-inchthick tempered glass. Enclosure fits standard 60 -inch-long tub, comes in a kit, is easily installed. Average retail price, $\$ 99.50$. Columbia Mfg. Corp., 14400 South San Pedro St., Gardena, Cal. 90248.


## "Merit Delivers More Taste Than Higher TarCigarettes."

-American Institute of Consumer Opinion

## Extensive taste testing shows MERIT delivers flavor of cigarettes having $60 \%$ more tar.

The bottom line was conclusive:

In a series of taste tests conducted for MERIT by the American Institute of Consumer Opinion** smokers from across the country judged MERIT to have more flavor than five leading low tar cigarette brands.

What's really startlingand of major importance to all smokers - is that MERIT has less tar than these five brands. © Philip Morisis Inc: 1976


MERIT and MERIT MENTHOL

Less tar. Yet more taste.
That's the report on a remarkable new taste process called 'Enriched Flavor.' A way to pack extra flavor into tobacco without the usual corresponding increase in tar.

You've been smoking "low tar, good taste" claims long enough. Now smoke the cigarette. MERIT.

Unprecedented smoking pleasure at only 9 mg . tar.
*American Institute of Consumer Opinion. Study available free on request. Philip Morris Inc., Richmond, VA 23261.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

## From Saronno... the Potion of Love.

Amaretto di Saronno. To give. To share. Italy's rare liqueur of love in this elegant velour gift box. Historians tell us that in 1525 a young widow created the original Amaretto di Saronno and gave it as a gift of love to Bernardino Luini, the artist who immortalized her in a famous fresco in Saronno, Italy.

Her name is lost to history, but what remains is the original Amaretto di Saronno with the magic of its intriguing taste and provocative bouquet.

We've even left a rose alongside our name as a reminder of how it all began over 450 years ago.

There is only one Amaretto di Saronno. Try it tonight. Neat, on-the-rocks, or with coffee after dinner. Write for our free drink and food recipe booklets. Foreign Vintages, Inc., 98 Cutter Mill Road, Great Neck, N.Y. 11021. Dept. 25F.


## Creating <br> Christmas magic athome



Festive food, page 102

The fact that Christmas comes once a year tends to stretch the imagination a little. What can we do this year that is new and original, what extra-special bundle of offerings can we come up with to tie up this Christmas?

The following pages are full of ideas you may want to incorporate into your own family Christmas. Here are some others, not mentioned inside. Music, for instance, is one element that is sure to enhance the festivities. Of course there are carols to enjoy as the big day approaches, but listening to a record of Leontyne Price's sublime singing on $A$ Christmas Offering, or the arching sounds of Bach's Christmas Oratorio, with everyone at home in front of the fire, is a unique pleasure. Another family-sharing experience that seems especially appropriate at Christmas is reading aloud. Think about setting aside an hour in the evening to take turns reading such all-time favorites as Peter S. Beagle's The Last Unicorn or a modern classic, Watership Down, by Richard Adams. And if you want to get the little ones outdoors while you concentrate on last-minute details, send them on a footprint hunt-snow or sand is like a blank canvas, showing up all sorts of bird and animal prints if you look hard enough. Thoreau drew pictures of them in his journals.

Familiarity is an essential part of Christmas. Trimming the tree, making cranberry chains, baking Christmas cookies, hanging stockings are
 rituals that create a tradition of memories, which are then handed down from generation to generation. Bringing new ideas to the existing tradition simply adds your own personal contribution to your family's memories of Christmas.

And, bringing new excitement to a long journalistic tradition, House \& Garden will appear in a fresh and handsome new format


Tree-trimming, page 98

The evergreensymbol of Christmas

This needled twig-photographed 8 times life-size by Penncame from a Colorado spruce, Picea pungens. The needles, actually leaves, have a square cross-section. The rows of tiny dots, called stomata, breathe in air, exhale oxygen and water vapor as part of the tree's life process. Native to the Rocky Mountains, Colorado spruce is popular for landscaping, particularly its blue-needled form. Whether growing in a tub, balled and burlapped, or cut, it makes a fine Christmas tree. The cone, enlarged four times, is that of a Norway spruce, Picea abies On the tree, the cone grows with scales angled downward, shedding rain like shingles on a roof. Seeds nestle between the scales, each with a filmy wing to carry it away on autumn winds as the cone ripens. Norway spruce should be enjoyed in the garden not as a Christmas tree, since the needles tend to drop quickly. An important timber tree, it is widely grown in Europe and the United States, particularly for reforestation and erosion control.



A tree that's a family scrapbook, above left, with a silver shoe from a wedding anniversary, a wicker cage from a trip to the Far East, valentines from children and grandchildren. By Earl and Eloise Dibble. Above right: Hand-embroidered Chinese satin animals and swags of fat satin cord in all colors on Robert Perkins's tree.

A miniature berry tree (only 2 feet tall), above left, fashioned from Idesia and Ilex and lit by birthday candles. Barry Ferguson. Above right: An incredible edible (or almost) tree with ornaments of painted pastry dough, candied orange slices, candy canes, and ribbon bows on silvery globes. By Alyce Leonard.


Cotton ornaments to make, above left. At Fabrications. Above right: White papiermâché doves on Mr. and Mrs. David Huxley's red and gold tree. Below left: Poinsettia atop a golden pear tree dotted with fresh white roses. Alfred Siciliano. Below right: Pastry tree garnished with tiny croissants and brioches. At Bonté Pâtisserie.

A hanging tree, Mr. and Mrs. Bob Lautman's, above left. Above right: Tree
with antique ornaments. Calvin Jenkins. Below left: Gingham, bread-dough figures on Martin and Toby Landey's tree; antique toys. Below right: Tree with Japanese fans at Bendel's. Robert Rufino. Shopping information, page 203.


Come trim the tree!
A dozen and one glorious ideas to inspire you $\}$, 5




## And one for the birds

It's a happy thought to include all living things at Christmas, as Peter, age 10, Thomas, 8, James, 6, and their friend, Eva do. They feed the birds all year round, but at Christmas they give them something spe-cial-a tree decorated with good things to eat that the children make themselves. "We mix peanut butter with hot bacon fat," explains Peter, "then dip pine cones in it, and then dip the whole sticky mess in a plate of bird seed." When
"What could be nicer than a peanut-buttercovered pine cone for Christmas?'
they're cool, they're tied to an outdoor tree along with strings of cranberries and popcorn. "The birds have no other food because there are no seeds in the ground," Peter says, "so we give them Christmas dinner." All their animals get special food that day-"the dogs get steak, the cats get their favorite cat food, even the goats have some special food," says Thomas. In case the pine-cone appetizers vanish too tast, baskets of seeda hearty main course-are also tied on the tree with red ribbon. Red cardinals are the most enthusiastic gourmets, but Thomas says he has seen bluebirds fly in for a quick bite. The children also keep busy decorating their indoor tree, with some competition for who climbs up the ladder to put the star on top. Snowball fights, too, seem an essential part of the Christmas preparations. The high point for James this year came when he reported, with breathless excitement, "The school-bus driver said we could have snowball fights on the bus"

A tree that's good enough to eat, opposite page, if your taste runs to peanut-butter-and-bacon-fat-covered pine cones. Cardinals, opposite page, top, find the menu irresistible. Strictly tor the birds, also, are the birdseed baskets, opposite page, bottom, tied on with ribbon. The children left, enjoy most the deliciously sticky experience of wrapping the mixture around the cones-and, maybe, around themselves.
BEADLE





# Deck the halls 

 with wreathsof popcorn,
swags of tinsel,
sprays of greens.
Here's a pageful
of merry ideas
to spark your decorating
imagination

Cedar roping garlands and wreath, with velvet ribbons, feathery doves, German statice. David Jones.


Popcorn balls with nuts, peppermints, frosted berries, laced with velvet ribbon. Joseph Villano.


Above: Blue and white lights on boxwood bushes, white lights on a holiday awning of pine. Below: Sprays of fresh pine and variegated holly to put Ben Franklin in the holiday spirit. Richard Neas.


Bronze stag dressed in evergreens, velvet ribbons, tiny white lights, resting on a forest floor of pine. Richard Neas.


Above: Pine and holly wreath, garland, mistletoe, applegreen velvet ribbons. Below: 18th-century English cupboard with Chinese spice jar, pine, holly. On table: pierced silver basket brimming with balls. Richard Neas.

Above: Poinsettias, pine wreath, mistletoe, and a 19th-century carved wood pig wearing a holly wreath. Below: The pineapple-traditional English symbol of hospitality. Richard Neas.





At Christmas the Haders' family traditions abound. "We are very sentimental about it and there is always lots of trimming, decorating, and eating." Every year, Jill makes her delicious cranberry bread and plum pudding for Christmas dinner; Mr. Haders strings lights inside and out. The tree holds a family history: Many of its ornaments were made by Mrs. Hadars thirty years ago and lovingly collected since then. "My mother's trees have always been special," says Jill. "She collected dolls from all over the world for me and at Christmas they sit among the branches." She might make ten sequined Santa Clauses, gilded cricket cages, or doves of peace with holly wreaths sewn into their beaks ("I believe in them.")-and give some as gifts and keep a few for the tree. White candle-lights and colored lights strung on separate strands permit the family to light either one for an all-white or multicolored tree. Plain green wreaths with red bows decorate doors and windows. Special quilts that mean Christmas to the Haders are brought out of trunks and used from Thanksgiving to New Year's. The bedroom with its white-painted floor has a holiday wardrobe of three New England quilts: The Connecticut appliquéd quilt on the bed, a variation of the "Whig Rose" pattern, alternates with a "Snowflake" gray and white patterned quilt Mr Haders's mother designed and quilted for her. "We couldn't have Christmas without an Amish quilt," says Mrs. Haders, who has been enchanted with the Amish since she was 15; "Diamonds in a Square," a handsome example, hangs above a living-room table She haunts antiques shops and flea markets for unassembled quilt pieces to be used for repairing old quilts, for making pillows, for appliqué work, or for sewing onto clothes (like Jill's turtleneck, opposite page bottom). At Christmas the versatile quilt pieces star as Christmas present wrappings. The packages don't need any other decoration-and the colorful pieces are an extra gift.

The Christmas tree, right, with tiny white candle-lights, handmade or naments. Quilted animals gather underneath. Opposite page, top: The bedroom dressed in Christ mas quilts-Connecticut appliquéd quilt on bed, New York cradle quilt on wall, and Pennsylvania "Streak of Lightning" over foot rail. Opposite page, bottom left: Friendly Hawaiian whale guards the kitchen door. Opposite page, bottom right: Mrs. Haders and Jill in the living room creating Christ mas wrappings with the unassembled quilt pieces.

Christmas with quilts continued

> Want to decorate a wall, make a stuffed animal, or wrap a present? Use quilts



# tart 

now to get in shape for winter, and stay in shape for good? Here are some ways of working out that doctors recommend and that may surprise you because you'll feel so terrific afterwards. So terrific that if you keep it up for three months, you'll be hooked. As Deborah Mazzanti put it, "A daily exercise routine makes the difference between existing and living."
Indoor exercises
"Whenever I feel the urge to exercise, I lie down until it passes." Robert Hutchins, president of the Center for the Study of Democratic Institutions is credited with that remark. Newsweek columnist George F. Will broadly defined exercise to include "vigorously pushing away from the table and strenuously snuffing out cigarettes."

The wretched fact is that even though we know we should exercise (and nearly one half of the Americans who do exercise do it for reasons of health), the idea somehow doesn't fill us with wild enthusiasm. We can understand the concept of exercise meaning play-for instance, tennis, swimming, or any activity we define as "sport"-but when health gets into it, the fun seems to go out of it.
"The way we live is our number one health prob-
lem," declares V. L. Nicholson, the spokesman for the President's Council on Physical Fitness and Sports. "This is the on how America
where the fitness parcours is very popular. The parcours is a walking/jogging course with 20 exercise first major change in our health attitude since the forties. In earlier days, infections such as TB and diphtheria were still major killers-now it is our own bad habits. People simply must begin to see how important exercise is in keeping them in shape."

The President's Council is deeply involved in trying to get the youth of America to start the exercise habit. "The growing years are vital," says Mr. Nicholson. "What children do between the ages of 10 and 15 affects the size of their heart, lungs, the quality of their bones, everything. So youngsters should get systematic activity." He observes with regret that this is more difficult to achieve with girls than with boys. The National Youth Fitness Test turns up the unfortunate truth that whereas before puberty boys and girls usually develop their strength, speed, stamina, and agility at the same rate, at puberty girls leved off or stop completely. They've reached their peak. "Maybe it has a little to do with physiology, but not all. I'm afraid it's also sociological," admits Mr. Nicholson. "For some reason, girls feel that physical activity is no longer worth doing-a mistake that
they may pay for dearly in later life."
Well, we're trying. More Americans are exercising now than ever before and, probably owing partly to the Women's Movement, more women are involved in sports than ever before. The tennis boom has swept the country. More and more people are building swimming pools for exercise-and more of them are indoors so the exercise can go on all year. You see joggers on every street in every town-there is even a National Jogging Association based in Washington, D.C. (In 1972, a National Adult Physical Fitness Survey found that of the 60 million adult Americans who engage in various forms of exercise, nearly 44 million walk for exercise; more than 18 million ride bicycles; 14 million swim; 14 million do calisthenics; and 6.5 million jog. The survey did not even bother to include tennis as a category that year.)

The latest excitement in exercise, and one that is sweeping California, is the fitness parcours. The word parcours is French for "course," and the idea originates from Switzerland,
you rest froms the way, where you rest from jogging, and do various stretching, bending, and other fitness exercises before moving on to the next one. Deborah Mazzanti has a fitness parcours at her health spa, Rancho La Puerta, and believes it is the exercise trend of the future. "Anyone can do it," she says, "and it's fun. The parcours is portable: It would be perfect in parks, for the whole community to enjoy, or even in your backyard if it's big enough."

It is not just health nuts who are becoming exercise-minded. There is a whole new class of American ex-ercisers-older people with cardiovascular disease. "Heart attack patients used to have to stay in bed," Mr. Nicholson says. "But now there are highly sophisticated exercise techniques for such patients, based on heart rate and oxygen delivery systems, which help them lead normal active lives again. This is another major change in our attitude to health in the past 30 years."

There is still enormous resistance to exercise. People say it's boring, they haven't time, they don't need it. In 1972, 49 million Americans never exercised at all (that's nearly half the adult population). But let's face it, we do need it. So why not begin

Rehabilitation, Montefiore Hospital, and member of the Exercise Committee of the American Heart Association. "JOG IN PLACE or, if you have one, RIDE A HOME BICYCLE. You should also choose activi-. ties that put all your joints through their entire range of motion. For instance, bicycle riding does not exercise your arms, so you should do some arm exercises in addition. Ideally, you should do some form of calisthenics to use all the joints and stretch the muscles, plus some form of endurance exercise to raise the heart rate-but to a target level, 220 minus your age for most healthy people. Puffing and panting like a sprinter is notnecessarily helpingyour heart and maybe just tires you out."

## Bicycling

"The muscles that suffer most in winter are the leg and abdominal muscles," says Dr. Willibald Nagler, Chief of Physical Medicine and Rehabilitation, New York Hospital, "so I recommend bicycle riding, which is very good for the legs. You should really ride for about an hour to get any benefit, and since you do not use your arms, do some arm exercises as well." As for the abdominal muscles, here is a very good exercise from Dr. Nagler: Lie on your back, bend your knees. Do a half sit-up, hold it for 5 seconds,
then let down. "This is also very good for people with back problems, incidentally," he says. "If you have access to an indoor pool, SWIMMING in my view is still the best overall exercise there is."

## Skating

People tend to think of skating as something beautiful to watch, but it's also wonderful exercise, according to Dr. Tenley E. Albright, of Sports Medicine Resource in Woburn, Mass. (Dr. Albright won the Olympic Gold Medal for Figure Skating in 1956, so she should know!) "Any kind of movement, anything which increases agility, including climbing on the rocks by the beach in summer, prepares you for winter skating. Before you start, take a good look at your skating boots and make sure they fit snugly around the ankle, loosely at the toe and the top of the boot. I'm sure you'll find,
(Continued on page 208)
BASIC
PROGRAM
FOR ALL SHAPERS-UP The President's Council on Physical Fitness and Sports recommends the following routine, whatever form of exercise you decide to practice:

1. $\quad 7-8$ minutes of warm-up: Stretch, bend, twist, turn, generally loosen up, and breathe a little harder.
2. ${ }^{-1} \mathbf{8 - 1 0}$ minutes of strength work on arms, shoulders, thighs, etc. with push-ups, sit-ups, pull-ups.
3. 20 minutes of circulatory exercise at a pace that elevates breathing and heart rate. Not allout effort, just a regular pace. Jogging, fast walking, bicycling, rumning, skipping rope-any brisk activity will do for this period.
4. 5 -7 minutes of cool-down. Don't sit down abruptly after finishing your exercise, but move around slowly staying loose for a while before resting. last chance before the new tax reform law takes effect

If ever there was a time to take advantage of every tax deduction you can, this is it. For one thing, 1976 has been as good to most of us as 1975 was bad. Salaries have gone up, the stock market rose, bond prices rallied, and companies should be giving bonuses around Christmas time, because corporations have had a very good year. For another, many tax deductions won't be around next year because the long-awaited tax reform bill has finally been passed into law. The new tax law has a number of new loopholes, of course. Tax reform measures always do. However, the Internal Revenue Service will start plugging up these loopholes as soon as it gets wind of them.

As any good tax expert will tell you, the best way to reduce taxes is by following a yearlong strategy. Even so, there are a number of things that you can do at the end of the year to whittle down your potential tax bill this year.

## Medical deductions

You can boost your medical deductions by having any foreseeable medical or dental work done and paid for this year. (You can deduct medical expenses that exceed 3 percent of your adjusted gross income.) And don't overlook anything. You'd be surprised what you can deduct. For example, the IRS has just ruled that any surgery which affects the human "structure" is tax-deductible - even plastic surgery. That makes the cost of a face-lift, even if done for purely cosmetic reasons, fully
tax-deductible.
If you install central air conditioning for someone in your family who suffers from asthma or bronchitis (on a doctor's written recommendation), you can put the unit in now, pay for it, and boost your medical deduction for the year. Finally, consider buying or increasing your medical insurance. You are allowed to deduct one-half of your medical insurance premiums, up to a maximum of $\$ 150$.

## Happier holidays

A year-end party for your business associates and clients can be deducted as a business entertainment expense. However, make sure that you follow the IRS rules for such deductions-generally, the entertainment must be related to the conduct of your business. If you play Santa Claus to your clients and associates, remember that for individual gifts, say a pen and pencil set, you can deduct no more than $\$ 25$ for each gift-regardless of how expensive it might have been. However, you can deduct the full cost of the gift if it has a business use-say, a pocket calculator or a et calculator or a
small cassette tape
Therecororder.
Timo no
limit on the per-
stocks, business trips limit on the percentage of the gift you can deduct if you give clients something like season ticklike season tick-
ets to basketball
games and don't
 1977. By the same token, buy all those investment or business books you're interested in reading, subscribe to some financial publications, and renew any subscriptions that are about to expire. One friend has this down to an art. He subscribes to all his magazines in January. At the end of the year, he has the option of renewing the subscriptions early or waiting until the next year. If he's had a banner year, he renews early and, in effect, gets to deduct two years' worth of subscriptions in one year. If the year wasn't all that good, he'll wait until January to renew his subscriptions.

You might even consider redecorating your office at home or hiring someone to clean it thoroughly for you in December. For example, I redecorated my office at home earlier this year, and now plan to hire a firm to do a thorough cleaning-all of this is deductible.

Now for a word of caution: The new tax reform bill bars an office at home deduction unless you meet some fairly strict criteria. For one thing, the office must be (Continued on page 208) Medical deductions, a vacation home, stocks, business trips abroad, an office at home-do you know what you can
specify the recipient. For example, you could give subscription tickets to the opera to a client's firm and deduct the full amount. Whether your client uses all the tickets himself or passes some of them out to others in his firm doesn't matter.

## The office load

If you have an office at home, think ahead and buy the supplies now you think you'll need in



## The gift

 of flowers and artThe Frick Collection and The New York Botanical Garden bring together a spectacular display of paintings and orchids-the works of man and nature

## By John Russell

The Frick Collection in New York City is most people's idea of a stationary feast. It's a feast all right: paintings, sculptures, drawings, fine furniture, and first-rate porcelain in the atmosphere of a great private house. It's stationary too, though not quite so much as the Isabella Stewart Gardner Museum in Boston where the first nasturtium has to turn up on the same date every year and the world would come to an end if a bowl of violets were moved one inch to the right or left, but stationary all the same. Same address, same building, same installation, same labels. Same French Gothic angel (cast on March 28,1475 ) supervising the same splash of water in the central court. It's been there as a public art gallery since 1935, and people love it.

They don't look to it for change, however. Just occasionally there's a flurry of scholarship, a whirring of wise wings, and one of the labels vanishes, as if a highly educated eagle had swooped down and carried it off. A revised label will then be put up, causing intense excitement among the ten or twelve people in the city who are qualified to dispute it. Beyond that, it's a quiet world at the Frick. "What does the director do?" some visitors ask. "Dust the pictures?"

And it's true that the Frick doesn't get itself into the papers.

## EDITOR'S NOTE: In addition to

 writing regularly about art for The New York Times, John Russell contributes articles to several magazines, among them House \& Garden. His "Art Is There to Tell Us Who We Are" in this July's issue discussed the American character in American painting. Mr. Russell's The Meaning of Modern Art, in twelve volumes, was recently published by the Museum of Modern Art.There are no debatable acquisitions, no staff member ever stalks out in a huff, all is as calm as the thickest of thick carpets can make it. But the concerts (free) are very good, as are the public lectures (also free). And just once in a while the Frick entertains in a style of seemly extravagance. One such occasion occurred earlier this year when the house was filled with cymbidiums and other orchids from The New York Botanical Garden in the Bronx.

Orchids have a place all their own in the mythology of debauch. Women will do things in the company of orchids-so it is saidthat they would never do anywhere else. Just over a hundred years ago, in his novel La Curée, Emile Zola put the classic case for the big-city orchid-house as the place where all seductions were conclusive; and his pre-Freudian approach has been confirmed over and over again by analysts who have looked the orchid up and down and agreed that nature could go no further in the field of erotic suggestion.

The orchids at the Frick had competition, of course, in many of the paintings on the wall. The white almond blossom in Whistler's Mrs. Leyland stood for an altogether purer notion of the indoor garden. Gainsborough in his portrait of Lady Innes has his sitter hold in her hand that symbol of first youth, an unopened rosebud, the better to contrast with the full-blown rose on her right. The series of decorations which Madame du Barry commissioned from Fragonard culminates in The Lover Crowned, where the crown is made of flowers with the dew still fresh upon them. Even Ingres, in his portrait of Madame d'Haussonville, has used flowers to set off the mirror image of the young woman's back.

Continued on page 156







T he living-room cottons, applied to the walls with their borders placed like petaled moldings, create a beguiling architecture responsible for the character of the entire room (and let anyone who doubts the power of fabric imagine the room without it). The use of natural materials only adds to the warm-hearted look: wood tables, a raffia rug, wicker furniture patterned after a 19th-century model from Mr. Mongiardino's own house. Other wicker chairs, this time laced with lacquered red, group around blueclothed tables in the dining room, opposite page, bottom. Here walls are covered with Mrs. Agnelli's fabrics-a geometric of peaches on cream-and windows dressed in unabashedly pretty curtains of white cotton voile drawn back from double-ruffled valances to let in a lovely light. When the Agnellis entertain - "rarely more than 10 for dinner, because at small parties people can really get to know each other"-the room is lit by candles, in wall appliqués and on tables, for one good reason: "Candlelight is the most becoming." Centerpieces are bowls of fruit; flowers are to be found everywhere else, however, all gathered from cutting gardens from which Mrs. Agnelli arranges bouquets of "whatever the garden offers." At the far end of the dining room, an archway leads to an iron-andglass room, a thoughtful gift from 19th-century builders, which the Agnellis call the "winter garden" or "veranda." Its roof, right, is an arched dome of copper, weathered by Turinese winters. A bed of marguerites carpets the space between the path and the iron fence that overlooks the town 10 kilometers away.

## "Decorating is also a matter of flowers and candlelight. You must remember all the senses.'

In the living room, above right, the cornice-border fabric combines with another of Mrs. Agnelli's borders to create a textile of stripes for an 18th-century French chair. Lampshades are also borrowed from wal fabrics, bordered and shirred to cast light that approaches candleglow. Most of the upholstered furniture is slipcovered for summer with pale prints, but the sofa here lives year round in its plum-colored cotton. Just off the dining room, opposite page, bottom, which is entirely lit by candles, a plant-filled veranda with a weathered copper roof, right. Opposite page, top: The old rustico now studio and office, completely covered with ancient vines.









NEW POOL ENCLOSURE, left, like a small crystal palace, has transparent roof and walls. Eight arches of acrylic plastic form the roof, sliding glass doors are the side walls. Both are framed in bronzed aluminum and are double glazed for insulation. Pool can be heated; water is filtered and circulated. A ventilating fan and louver at the top of the end wall arches activate automatically when temperature reaches 90 degrees indoors. Wood walls and deck floors are painted marine-finish white. Outside, barn doors slide across the glass ones for security. RUSTIC HOUSE, above, with silvery
weathered walls that give it the appealing look of an old barn. weathered walls that give it the appealing look of an old barn.



# INVISTBLE PRESENTS 

and good solid decorating ideas: see-through acrylics for a dash of glamour in any room
Transparent luggage rack and tray stand, 1, white vinyl strapped. \$65, Lucidity. 2 Light-catching lamp base 24 inches high. $\$ 475$, John Rosselli.* 3 Nest of end tables, \$119 at PlexiCraft.** 4 Crystalline coat tree by Karmel Plastics. \$160, Hudson's. 5 Cork-on-acrylic backgammon set, $\$ 34$ at Plexi-Craft.** 6 A sampling of trays from Richard V. Hare: 14- and 17 -inch round, $\$ 19.95, \$ 29.95$. $15-$ by- 11 and 19-by-5-inch, \$15.95, $\$ 22.95$. 7 See-through étagère, 45 inches high, 12 square. $\$ 188$, Lucidity. 8 Chrome and acrylic desk spotlight, 20 inches high. \$115, Bloomingdale's. 9 Vanity table or desk. \$119 at PlexiCraft.** 10 Spherical chrome-handled ice bucket, 8 inches across. $\$ 17.50$, Lucidity. 11 Gleaming box of $11 / 4$-inchthick acrylic. The 4-by-7-inch size, $\$ 50$. By Arnold Scolnick. Bloomingdale's. 12 Ladder shelves to step up your collection. 5 feet tall, $\$ 235.29$ inch tall (not shown), \$60. By Karmel, at Hudson's. 13 Icy-textured salad or punch bowl, $21 / 1 / 2$ inches wide. $\$ 27.50$ at The China Closet.** Inside it, clear 4-galIon bowl, \$33, Lucidity. 14 High-sided bench, $\$ 125$ at Plexi-Craft.* * 15 Sculptural magazine rack. Chrome base. By Context. \$75, Bloomingdale's. 16 Grooved floor lamp. Chrome or brass details, 59 -inch base, \$615. Paper shade, $\$ 60$. Karl Springer.* 17 Roomy roll-around telephone caddy. In clear, $\$ 165$. At Isobel Worsley. 18 Storage $X$ to show off wine, magazines, yarns. Clear, \$59 at Plexi-Craft.** 19 "Twisticks" chrome-tipped candlesticks for one, two, or three candles. \$32.50, $\$ 55, \$ 75$. By Dorothy Thorpe. Bloomingdale's. 20 Standing double bowl for crisping salad or chilling punch. Or for a terrarium. By Karmel. \$66, Hudson's. prices approximate. *available through architects and interior designers onlr. ** for mailORDER SHOPPING INFORMATION, SEE PAGE 203




# The rebirth of leaves is in itself a small miracle . . . their emergence as remarkable as the unfurling of a butterfly's wings 

## There was a tree continued from page 96

pink and purple-Shelley's "ghosts from an enchanter fleeing"which give the fall its special bittersweet spectacle before the branches stand bare. The final trigger for leaf dropping is diminishing hormone content in the leaf (most plants processes depend on hormone concentration): Eventually this causes ethylene to form at the junction of leaf and branch, where a layer of special cells, designed to weaken at the right time, lets the used-up leaves glide to the ground.
What has happened is in fact the remarkably rapid transformation of a complex organism turning within a few days from full activity to a virtual shutdown situation, in which the trees wait, embryo buds already preformed, for the spring triggers of higher temperature and longer day length, to burst once more into full production. Then the roots again start pumping min-eral-rich water into the tree's conduits. Many trees store organic materials in the trunk to help them at this time of rebirth-the sugar maple is a prime example where food channels fill with stored sugary sap, a stimulant for the signal "all systems go." The rebirth of leaves is in itself a small miracle, the soft, compressed tissues often being intricately folded, their emergence as remarkable as the unfurling of a butterfly's wings.
By contrast, evergreens either have the needle-like leaves of conifers and heaths or the tough, usually very thick-skinned ones of holly, ivy, laurel, and the like. The needle-leaves especially are designed to stand the dessicating conditions of harsh winters, with very dry air and dry frozen ground. They have many fewer breathing pores (stomata) than deciduous leaves, and these pores are additionally protected against water loss by structural devices. Most important of all, evergreens can slow down in severe conditions so that their internal life is barely ticking over, but ready to speed up whenever conditions improve.

The evergreen tree is known for longevity, the great examples being giant redwood, bristlecone pine, and Japanese cedar, with the differently leaved olive from the Holy Land not far behind: No deciduous trees can match them for years. And this has probably much to do with their unhurried growth, slow but continuous, in contrast to the
stop-go of the leaf losers.
Lesser plants faced with the inclemencies of winter duck into underground inactivity. The top growth of herbaceous perennials withers and the roots become almost inactive. It is now that gardeners can dig them up, divide them if required, move them elsewhere in the garden, because there are no leaves to wilt if the roots get dry or damaged. If you examine the root-clump or "stool" of the average herbaceous plant, you will find shoot-buds already formed, ready to expand in the spring just like the leaf-buds on the trees.

The bulb is a neater example of plant rest. We are most accustomed, perhaps, to the spring-flowering bulbs which are already planted in our borders and bowls. Technically there are three distinct types of structure-true bulbs of overlapping leaf scales such as the onion-like hyacinth, brownskinned daffodil, and tulip with dark, papery husk; corms like crocus in its fibrous sheath resembling miniature sacking, which replace themselves each year; and tubers, often so shapeless one does not know which way to plant them, including anemone and cyclamen. All are such wonderful examples of packaging that man takes advantage of this to dry them and sell them loose or through the post. It always surprises me that these unpromising objects can produce such beautiful blooms.

These bulbs, to use the general term, are not strictly passive at Christmas time. Underground they will already have put out extensive roots and be slowly gathering strength to swell and push up the flower bud and leaves when the soil warms up. But one certainly can consider them part of the Christmas death and rebirth situation, for so many come from the Holy Land and similar countries with hot parched summers. They flower and set seed, while the leaves distill the growing strength of the sun into foodstuffs passed down to the storage organs below; then the leaves wither and these knobs of vegetable flesh remain quiescent until autumn rain sets their growth cycle going once again, their fragile-seeming flowers bursting out of the ground throughout the winter in a spring-peaking crescendo. In fact activity continues within the bulb, just as it does within the pupa of a butterfly in that stage between the caterpillar

Continued on page 155

## W <br>  <br> O <br> O$\square$



The table set in the dining room, above; Honga River Wild Goose and Maryland oysters on the half shell.
page
140
Old-fashioned Christmas food at HammondHarwood House
Festive recipes with
a culinary heritage
from Maryland's Way
cookbook. $\nabla$


144
Christmas
Cheer
Party drinks, from festive punches to heartwarming grogs, plus edible gifts made with wine or spirits.

Ludovic Autet, Marina de Brantes and turkey.
page

## 150

page

## 142

A family Christmas breakfast
Menu and recipes from Marjorie Blanchard for a make-ahead breakfast. $\perp$


The Christmas

## kitchen

A tantalizing truffled turkey with stuffings of meats and nuts, and cookie carefully decorated to hang on the tree.


# W I $\mathrm{I}_{\mathrm{E}} \mathrm{N}$ E FOOD <br> <br> The <br> <br> The <br> Recipes for holiday treats from first course to last-a superb turkey with two stuffings, perfumed with truffles; cookies for children to decorate (packed in cotton and covered boxes, they can be stored for next year), see pages 102-105. A baked fondue to make ahead for a party. A 

breakfast that can be made ahead, too, that you can serve to holiday guests if they-and you-are early risers. And four pâtés to give as gifts (especially welcome in an attractive terrine or a rabbit mold) or keep in the refrigerator for drop-in guests.

## CHILDREN'S COOKIES <br> FROM PAGE 103

## Christmas cookies

## Ingredients

$1 / 3$ cup butter, softened
1/2 cup dark brown sugar
$2 / 3$ cup light molasses
1 egg
1 teaspoon vanilla
1 teaspoon ginger
1 teaspoon cinnamon
4 cups flour
4 teaspoons baking powder

## Method

$\square$ In a bowl cream the butter and brown sugar together, add molasses, egg, vanilla, ginger, and cinnamon and beat until fluffy. Mix together flour and baking powder and sift them into butter mixture gradually. Roll into a ball, wrap in wax paper and chill. $\square$ Cut dough in four parts and on a floured board roll out each piece to a $1 / 8$-inch thickness. Cut into different shapes with cookie cutters. A hole can be made at the top of the cookies with a barbecue needle if you want to hang them on the tree with a ribbon. Space apart on cookie sheet and bake in $350^{\circ}$ preheated oven for $8-10$ minutes until firm and golden. Let cool before decorating. Can be made ahead and stored in a covered tin.

## Cookie icing

## Ingredients

1 pound confectioners' sugar 2 egg whites
1 tablespoon lemon juice
sliding fingers underneath, and push truffle slices between flesh and skin, distributing them over the breast and legs. Separating the skin from the flesh helps to prevent the skin from breaking during roasting.
$\square$ In a large bowl mix together the pork, veal, liver, hazelnuts, eggs, bread crumbs, cream, salt and pepper to taste, paprika, herbs, and half of the broken chestnuts. Mix until smooth. Fill the large cavity with the stuffing and sew it closed with a large needle and white cotton thread. Fill the small front cavity with the remaining chestnuts and sew closed. Be careful that the skin does not tear.
$\square$ Place the turkey in a deep roasting pan and rub with salt, pepper, and melted butter. Put in a preheated $300-350^{\circ}$ oven and leave for 2 hours, basting frequently with the butter.
$\square$ Cover the bird with foil when it has taken on a good color, and bake another 2 hours at $250^{\circ}$. Serve with roasted chestnuts, potatoes, and glazed onions. Serve deglazed pan juices from the turkey in a sauceboat. Serves 10-12.
Note: Truffles are available in gourmet food shops in jars or cans. They can be ordered by mail from Maison Glass, 52 East 58th Street, New York, N.Y. 10022. A $7 / 8$-ounce jar of $2-3$ truffles is $\$ 10.95$; a $13 / 4$ ounce jar of 4-5 truffles is $\$ 21.95$. Both prices do not include shipping ( $\$ 15$ minimum purchase for mail order). Macy's New York gourmet food shop also stocks truffles. A $7 / 8$-ounce jar of French brushed truffles is $\$ 9$ at Macy's New York, Herald Square, New York, N.Y. 10001. Add 50 cents plus applicable sales tax within Macy's New York delivery area for shipping; outside that area, add $\$ 2$ plus tax, if any.
Truffles, once open, will keep very well if refrigerated and covered with a little brandy.

## Turkey garniture

Roast chestnuts, roast potatoes, glazed onions

## Ingredients

2 pounds whole chestnuts
2 pounds small potatoes, peeled 4 ounces butter
2 pounds small white onions, peeled
2 tablespoons sugar

## Method

$\square$ Boil chestnuts in water in a large saucepan, having cut a cross on top of each one to ease the peeling. After 10 minutes, peel them of both skins. Keep half the nuts for the garniturechoose only whole ones-and set aside the other half for the stuffings. If they are not broken, break them up now.
$\square$ One hour before serving the turkey, take $1 / 2$ cup of the bird's juices. In a Pyrex dish, put the whole chestnuts in the juice and covered with foil into a $250^{\circ}$ oven.
$\square$ Boil the potatoes for 10 min utes in a large pan and then proceed as with the chestnuts.
$\square$ Melt the butter in a frying pan, add the onions and the sugar. Turn them many times over low heat until they are golden. Cover and continue to simmer 30 minutes.
$\square$ Serve the onions in the same dish as the chestnuts.

## Cranberry sauce

FROM MARGARET DELLA CIOPPA

## Ingredients

1 package (15 ounces) fresh cranberries
11/2 cups sugar
$11 / 2$ cups water
1-3 tablespoons orange zest, grated
walnuts, chopped (optional)

## Method

$\square$ Rinse and drain the cranberries and pick off any stems or leaves. Combine sugar and water in a large saucepan and heat over medium heat until the sugar dissolves, strirring contantly.
$\square$ Add the cranberries and continue cooking until they have all popped open, about 10-15 minutes. Stir in the orange zest

Continued on page 148





# W I $\mathrm{I}_{\lessdot} \mathrm{N}$ E FOOD Christmas cheertoasting and tasting in the Christmas spirit 

## Hippocratic wine

FROM GIUSEPPE BELLINI
"The Greek physician Hippocrates (460-360 B.C.) is regarded as the father of medicine. If Hippocrates recommended it, it was good for you. Since he lived to be 100 years old, have no fears when you quaff a glass of hot Hippocratic wine. In the 14th century, you were advised to start with the finest red wine obtainable and the best of honey, and I suggest you follow the same principles today.'

## Ingredients

4 cups red Chianti
$1 / 2$ cup honey
1 stick cinnamon
zest of 1 lemon
12 cloves

## Method

$\square$ Combine all the ingredients in a heavy saucepan. Boil slowly until the mixture is reduced by $1 / 5$. Serve hot.

## James punch

FROM BRUCE BOLTON
Pour over ice in a punch bowl 2 bottles champagne, 1 bottle sauterne, 2 ounces each brandy and curaçao. Stir. Serves about 10.

## Galliano kir

## Ingredients

6 ounces chilled dry white wine 1/4 ounce Liquore Galliano (or to taste)

## Method

$\square$ Serve in a wineglass or in a tumbler with ice cubes.

## Windex

FROM JACK LENOR LARSEN
"Pronounced with a 'v' because it was originated by Austrian Ingeborg Wiener. The blue color is beautiful, and the drink is always an ice-breaker at parties."

# Heartwarming holiday drinks, plus tasty gifts you can make with spirits mustard, wine jelly, marinated fruits 

## Ingredients

1 teaspoon blue curaçao
2 jiggers Polish vodka
ice
soda
Method
$\square$ Combine in a stemmed glass the curaçao and vodka. Add ice and fill with soda. Stir and serve.

## Apple-ginger chestwarmer

FROM ELLIE HUNT
Heat fresh apple cider until hot. Pour into a mug and add a generous jigger of ginger brandy. Dust with cinnamon.

## Plum wine sour

FROM MICHAEL TONG, SHUN LEE
DYNASTY RESTAURANT, NEW YORK

Ingredients
2 parts plum wine
1 part lemon juice
2 teaspoons sugar or to taste maraschino cherry orange slice

## Method

$\square$ Shake the wine, lemon juice, and sugar together well with ice. Serve up or over ice. Garnish with cherry and orange slice.

## Vin d'orange

FROM BRUCE BOLTON
A tangy apéritif to bottle and give as a present.

## Ingredients

zest of 12 large navel oranges, grated
1 quart dark rum
1 quart gin
1 gallon dry white wine
simple syrup (2 cups sugar and

2 cups water boiled in a heavy saucepan until thick)

## Method

$\square$ In a bowl combine the grated zest and the dark rum. Cover and let marinate for a week. Strain zest and discard.
$\square$ Filter the rum into a bowl through chemist's filter paper, drop by drop, to obtain a clear amber liquid. Add gin, wine, and syrup. Pour into bottles, cork, and store in a cool place. Serve chilled or over ice as an apéritif. Makes about $13 / 4$ gallons. Will keep indefinitely when corked.

## Heavenlies

FROM MRS. WILLIAM T. YOUNG, JR., IN PALM BEACH ENTERTAINS THEN AND NOW BY THE JUNIOR LEAGUE OF THE PALM BEACHES (COWARD, MCCANN \& GEOGHEGAN)

Vary the recipe with different flavors of ice cream, sherbet, and liqueurs. A dessert to drink with a straw.

## Ingredients

2 quarts coffee or vanilla ice
cream, softened
$1 / 2$ cup rum or brandy

## Method

$\square$ Place ice cream in a blender container. Add rum or brandy and blend to the consistency of a thick milk shake. Pour into stemmed glasses and serve with a straw. Serves 6-8.
$\square$ Can be made in advance and frozen in the blender container. Before serving, blend about 30 seconds at high speed.

## Sangria freezer jam

## Ingredients

[^4]1 medium lemon
about $1 / 2$ cup red Burgundy wine 41/2 cups sugar
$1 / 2$ cup light corn syrup
3/4 cup water
1 package (13/4 ounces)
powdered fruit pectin

## Method

$\square$ Rinse and stem grapes. Pop grapes with fingers to separate pulp from skins. Place pulp in small saucepan, skins in bowl. Cook pulp, covered, over medi-um-low heat about 3 minutes, or until pulp is very soft. To remove seeds, run pulp through a food mill, turning handle with care, and frequently reversing the blade to avoid crushing seeds.
$\square$ Quarter and seed orange and lemon. Finely grind grape skins, orange and lemon quarters in food chopper or blender. Mix with grape pulp. There should be about $11 / 2$ cups. Add wine to make 2 cups. Turn into large bowl. Mix well. Add sugar and corn syrup, stirring thoroughly to dissolve sugar. Let stand 10 minutes.
$\square$ In small saucepan mix water and fruit pectin. Bring to a boil over medium heat, stirring constantly, and boil 1 minute. Turn into fruit-wine mixture. Stir vigorously 3 minutes. Ladle into $1 / 2$ - or 1 -pint freezer containers, leaving $1 / 2$-inch head space (no paraffin needed). Cover with tight lids. Let stand at room temperature until set. It may take up to 24 hours. Store in freezer for at least 24 hours. Remove from freezer as needed and store in refrigerator between uses. Makes about $51 / 2$ cups.

## Marinated dessert fruit

FROM BRUCE BOLTON
Packed in attractive crocks and storage jars, this marinated fruit makes a delicious present.
> $\square$ Fill a large jar with dried prunes or apricots or a mixture of both and fill with gin or vodka. Store in the refrigerator for a few weeks and serve after dessert with coffee.

Continued on page 146
Form Follows Function:

> dishwasher and oven-proof. Start your collection of Festival trays, bowls and table accessories, along with coordinated Festival flatware, today, It's at better dealers, in handsome gift packages With Festival., form follows function.

Every item in the new 24 -piece design related festival collection ish t merely beautiful it's functional Because of Festival s high-quality Cromargan: steef Which makes Festival even more resistant to stains and scratches. Plus evoryday lab plus Festival Cannes and Festival Edinourgn flatware patterns

# Since Hippocrates, the father of medicine, lived to be 100, have no fears when you quaff a glass of hot Hippocratic wine 

CHRISTMAS CHEER
continued from page 144

Wine jelly<br>FROM THE COMPLETE BOOK OF PRESERVING<br>BY MARYE CAMERON-SMITH (BOBBS-MERRILL)

A delicious accompaniment to cold roast veal or pork.

Ingredients
3 pounds ripe green grapes, crushed
$11 / 4$ cups dry white wine
$11 / 2$ pounds cooking apples,
sliced
1 lemon, thinly sliced
6 cardamom seeds
sugar
$3 / 4$ cup brandy

## Method

$\square$ Place the grapes and wine in a preserving pan or large saucepan. Bring to a boil over high heat. Reduce the heat to low and simmer the fruit for 20-30 minutes, or until it is soft and pulpy. Add the apples, lemon, and cardamom and continue to simmer for 20-30 minutes more, or
until the apples are pulpy.
$\square$ Pour the contents of the pan into a jelly bag or cheesecloth suspended over a bowl and allow the juice to drip through for at least 12 hours, or overnight. When the juice has completely drained through, discard the pulp. Rinse out the preserving pan or saucepan.
$\square$ Measure the juice and pour it into the preserving pan or saucepan. Add $13 / 4$ pounds of sugar to every 2 cups of juice. Add the brandy to the liquid, then place the pan over low heat and stir until the sugar has dissolved. Increase the heat to high and bring the mixture to a boil. Boil briskly, without stirring, for about 10 minutes, or until the jelly has reached setting point.
$\square$ Ladle the jelly into hot, clean, dry jam jars, leaving 1 -inch head space. Cover, label, and store in a cool, dark dry place. Yield will be approximately 7-9 cups.

## Rum and apple

Add a jigger of rum to fresh apple cider in a cocktail glass.


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| Hot toddy |
| :--- |
| FROM WILLIAM P. RAYNER |
| Ingredients |
| I cup sugar |
| 3ounces Canadian whiskey or |
| blended whiskey |
| slice of lemon |
| nutmeg |
| Method |
| e Place sugar in a mug, add |
| enough cold water to dissolve it. |
| Add whiskey, and fill with boiling |
| water. Garnish with lemon and |
| sprinkle with nutmeg. |

## Hot toddy

## FROM WILLIAM P. RAYNER

## -

3 ounces Canadian whiskey or blended whiskey
of lemon
Method
$\square$ Place sugar in a mug, add enough cold water to dissolve it. Add whiskey, and fill with boiling sprinkle with nutmeg.

## Prune sauce

FROM TO THE QUEEN'S TASTE,
A COOKBOOK OF ELIZABETHAN
RECIPES BY LORNA J. SASS
(THE METROPOLITAN MUSEUM OF ART)
"This sweet, fruity sauce is particularly delicious with roast chicken or leg of lamb.'

## Ingredients

1 cup dry wine, red or white 1 cup prunes, pitted
$1 / 4$ cup almonds, blanched and coarsely ground
1 tablespoon bread crumbs dash cider vinegar
1/4 teaspoon sugar
$1 / 8$ teaspoon cinnamon

## Method

$\square$ Combine all ingredients in an enameled pan. Bring to a boil. Reduce heat and simmer for 15 minutes. Check seasoning. Makes $11 / 2$ cups.

## Rum-tea punch

FROM THE THIRTEEN COLONIES COOKBOOK, BY MARY DONOVAN, AMY HATRAK, FRANCES MILLS, ELIZABETH SHULL (PRAEGER)

## Ingredients

2 cups lemon juice
1 cup strong tea
2 cups superfine sugar
8 cups cold water
$11 / 2$ cups dark rum
$1 / 2$ cup brandy
2 lemons, thinly sliced and seeded

## Method

$\square$ In a large bowl combine lemon juice, tea, sugar, and cold water. Stir until well blended. Add rum, brandy, and lemon slices. More rum, brandy, or lemon juice may be added according to taste. Pour over an ice ring in a punch bowl. (To make an ice ring, freeze lemon and orange slices interspersed with mint
sprigs in a water-filled ring mold.) Makes 2 dozen 4 -ounce punch cups.

## Spirit-preserved fruit

## FROM SARINA MASCHERONI

## $\square$ Pack sterilized pre-

 serving jars, half-pint or pint-sized, with white raisins. Fill up with Bacardi light rum. Seal.$\square$ Pick white seedless grape bunches; place in preserving jars. Fill with Smirnoff vodka. Seal.
$\square$ In cherry season, pack jar with beautiful stemmed cherries and fill up with brandy.

Allow to steep for about 10 days before giving as a present; keeps indefinitely. Serve over ice cream or yogurt.

## Plum nutty cake

FROM STEVE BIERMAN, WHO
RUNS A CATERING SERVICE AND COOKING SCHOOL IN MANHATTAN

Wrap the cakes in foil and colored tissue to give away.

## Ingredients

2 pounds small purple plums
4 thin lemon slices
3 whole cloves
$1 / 2$ stick cinnamon or 1 teaspoon powdered cinnamon
$1 / 4$ teaspoon nutmeg
1/2 inch vanilla bean (optional)
$11 / 2$ cups ruby port wine, or just enough to cover plums
fresh white bread crumbs (from 2 slices white bread)
3 cups flour, sifted
1 teaspoon baking soda
$1 / 2$ teaspoon salt
1 teaspoon mace
2 sticks ( $1 / 2$ pound) sweet butter
$21 / 2$ cups superfine sugar
4 eggs
1/2 cup milk
zest of 2 lemons, grated
3 tablespoons lemon juice
2 cups walnuts, broken into quarters

## Method

$\square$ Wash plums and place in a heavy 2 -quart casserole. Add lemon slices, cloves, cinnamon, nutmeg, vanilla bean, and enough port to cover. Bring liquid just to the boil, reduce heat, cover and poach over very low heat for $15-20$ minutes, or until skins of plums begin to split. Do not overcook. Drain plums, reserving liquid, and dis-

Continued on page 148


## SMOKEHOUSE: SATURDAY NIGHT

Company's coming. The fire's going nicely. There's plenty of ice. You take one last look around the room before your friends arrive, snitching a Smokehouse ${ }^{\text {r }}$ almond from the bowl on the table. Remember what a hit those almonds were the last time? Everytime you turned around, the dish was empty. Fantastic flavor! No wonder they say, "One Nibble is Never Enough" It's true.

Smokehouse Almonds one of seven different snack almonds from

## CHRISTMAS CHEER <br> continued from page 146

card lemon slices, cloves, cinnamon, and vanilla bean. Spread plums out on a plate to cool.
$\square$ Grease two $91 / 4$-by- $51 / 4$-by-3inch loaf pans and sprinkle bottom and sides with fresh bread crumbs. Sift flour with soda, salt, and mace into a bowl.
$\square$ Cream butter with an electric mixer in a large bowl. Add sugar gradually, then eggs, one at a time.
$\square$ Using a large rubber spatula, fold half of flour mixture into the creamed mixture. Add milk, remaining flour, and $1 / 2$ cup of reserved poaching liquid. Save the rest to use on ice cream or plain cake. Add lemon zest and juice. $\square$ Remove pits from plums and cut into quarters. Fold plums into batter, then walnuts. Pour batter into the pans and bake in a preheated $375^{\circ}$ oven for 1 hour. Cool on racks.

## Apple zapple cake

FROM STEVE BIERMAN

## Ingredients

2-3 medium-sized Winesap, Delicious, Granny Smith, or Cortlandt apples (do not use McIntosh)
white bread crumbs (about 2

## slices of bread)

21/2 cups flour, sifted
2 teaspoons double-acting
baking powder
1 teaspoon baking soda
$1 / 2$ teaspoon salt
$11 / 2$ teaspoons cinnamon
1/4 teaspoon nutmeg
1 cup pecans, broken into quarters
1 cup light brown sugar
2 eggs
2/3 cup milk
$1 / 3$ cup Bourbon
1/4 cup sweet butter, melted

## Method

$\square$ Peel apples, core, and grate coarsely, using grater attachment of Cuisinart food processor or hand grater. You should have 1 heaping cup of grated apples. Reserve any apple juice that may accumulate from grating. $\square$ Grease an 11-by-41/2-by-23/4inch loaf pan and sprinkle bottom and sides with bread crumbs. Sift flour, baking powder, soda, salt, cinnamon, and nutmeg together into a bowl.
$\square$ In a large bowl mix together apples, apple juice, pecans, and brown sugar.
$\square$ In another bowl beat eggs with a whisk and add milk, Bourbon, and butter. Stir into applenut mixture. Fold in dry ingredients and stir until mixed.
$\square$ Pour batter into pan and bake in a preheated $350^{\circ}$ oven for 1 hour. Cool on cake rack.


## THE CHRISTMAS KITCHEN continued from page 139

while the berries are still hot. If the mixture gets too thick, add more water. Add chopped walnuts, if desired. Makes about 4 cups sauce.

## Plum pudding and brandy butter sauce

## Ingredients

1 plum pudding (Fortnum \& Mason, available at Altman's Fortnum \& Mason shop in New York. 1-pound pudding, \$8.60; 2-pound, \$13.15; 4-pound, \$24)

## thimble

penny
button
ring
baby doll
$1 / 4$ cup brandy
sprig of holly

## Method

$\square$ Put the pudding in a pan with water, leaving it in the ceramic container. Cover and let it simmer for 2 hours.
$\square$ Just before serving, push into the plum pudding: a thimble (for the housewife), a penny (for money), a button (for the bachelor), a ring (for a wedding), a baby doll (for a child).
$\square$ Heat the brandy in a small saucepan. Turn the pudding out on a platter, garnish with a branch of holly. Pour the hot brandy over and flambé it. Serve with brandy butter sauce.

## Brandy butter sauce

## Ingredients

8 ounces confectioners' sugar 4 ounces sweet butter
2 tablespoons brandy

## Method

$\square$ Put the sugar and butter in a bowl, beat with a fork until creamy. Add the brandy, beat again, and let it rest in a cool place before serving ( 2 hours).

## FROM FRANC VITALE

PAGE 113

## Baked cheese fondue

## Ingredients

11 1/2-inch-thick slices French bread cut from a long,
narrow loaf
butter, softened
1 medium size onion, coarsely grated
1 large carrot, coarsely grated 6 ribs fresh chives, chopped
2 branches fresh thyme, chopped
1/4 cup fresh parsley, chopped
6 basil leaves, chopped
1/2 pound sharp Cheddar
cheese, coarsely grated
4 eggs
21⁄2 cups milk
2 tablespoons Dijon mustard
1 teaspoon Worcestershire sauce
1/2 teaspoon salt
1/8 teaspoon paprika

## Method

$\square$ Spread 10 slices of the bread with the butter. Cut into 1 -inch cubes. Place $1 / 2$ the cubes in a 2-quart soufflé dish and sprinkle with $1 / 2$ of each of the onion, carrot, herbs, and cheese. Repeat with another layer of remaining bread cubes, onion, carrot, herbs, and cheese.
$\square$ Butter and cube the remaining slice of bread and mound it in the center of the dish.

Beat the eggs with the milk, mustard, Worcestershire sauce, salt, and paprika in a large bowl. Pour it over the bread-cheese mixture. Cover with plastic wrap and place in refrigerator overnight.
$\square$ Next day, remove from the refrigerator and let stand at room temperature for 45 minutes. Bake in a preheated $350^{\circ}$ oven for 1 hour or until puffed and golden brown. Let stand 5 min utes before serving. Serves 4-6.

## CHRISTMAS BREAKFAST <br> FROM PAGE 142

## Creamed dried beef

## Ingredients

1 pound old-fashioned smoked,
dried beef (comes in sheets:
Order from your butcher or
a mail-order smokehouse)
10 tablespoons butter
8 tablespoons flour
$1 / 2$ cup sour cream
2 cups milk
11/2 cups cream
Method
$\square$ Separate slices of beef and tear into small pieces. Heat butter in a large skillet and add beef. Sauté for 2-3 minutes. Sprinkle flour over beef. Stir it in and cook for 4-5 minutes. Add sour cream, milk, and cream and cook, stirring, for 10 minutes. To serve, place in baking dish and reheat gently. 8 servings.

Continued on page 150


THE CHRISTMAS KITCHEN continued from page 148

## Kedgeree

## Ingredients

6 eggs, hard-cooked
4 cups fish, flaked and cooked (haddock, finnan haddie, salmon)
4 cups rice, cooked and hot
1 cup medium or heavy cream salt to taste
freshly ground pepper
2 teaspoons curry powder or to taste
3 tablespoons parsley, chopped

## Method

$\square$ Separate yolks from whites of eggs. Chop whites and sieve yolks. Mix together gently the
fish, rice, egg whites, and cream. Seaspn to taste with the salt, pepper, and curry powder. Place in a chafing dish and heat over hot water. Before serving, sprinkle with parsley and sieved egg yolk. Serves 8.

## Sculptured brioche wreath

Ingredients
2 packages dry yeast
1/3 cup warm water
3/4 cup butter or margarine
$1 / 3$ cup milk
1/2 cup sugar
1 teaspoon salt
$1 / 2$ teaspoon ground nutmeg grated zest of $1 / 2$ lemon
5 large eggs
about 5 cups flour

## 1 egg white, beaten lightly

1 egg yolk beaten with 1 tablespoon water

## Method

$\square$ in a large bowl blend yeast with water and let stand 5 minutes. Heat butter and milk to lukewarm and add to bowl. Add sugar, salt, nutmeg, lemon zest, and eggs. Mix well. Beat in 4 cups flour. If dough is sticky, beat in remaining flour. Dough should be soft but not sticky and the amount of flour used depends on the weather. Cover bowl and let dough rise in a warm place until double in bulk. Punch down.
$\square$ To make a wreath, grease a large baking sheet and place a small greased bowl in the center. Break off pieces of dough and roll them into long strands.

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Braid three strands together, gluing the ends with egg white. Fit around the bowl. Make a bow from remaining dough and fasten it to wreath with egg white. Cover wreath and let rise just until puffy, about 30 minutes. Brush with egg yolk and water.
$\square$ Bake in a preheated $350^{\circ}$ oven for 30 mintues. Let cool on pan. Remove to rack. Serve warm with a bowl of jelly in the center. This wreath can also be served for a dessert with fruit and a Brie cheese in the center. Or try it with pâté in the center for a first course.

## Sally Lunn

## Ingredients

1 cup milk
$1 / 2$ cup shortening
1/4 cup water
4 cups all-purpose flour
1/3 cup sugar
3 teaspoons salt
2 packages dry yeast
3 eggs
Method
$\square$ Put milk, shortening, and water in a saucepan and heat until very warm, $120^{\circ}$
$\square$ In a mixing bowl, put $11 / 3$ cups flour, sugar, salt, and yeast. Beat warm liquids into dry ingredients. Gradually beat in remaining flour and the eggs. Blend well, beating at high speed for 3-4 minutes. Batter should be thick, but not too stiff. $\square$ Cover and let rise in a warm place until doubled in bulk, about $11 / 2$ hours. Punch dough down and turn into well-greased 10-inch tube pan or bundt pan. $\square$ Cover and let rise until increased in bulk by $1 / 2$. Bake in a preheated $350^{\circ}$ oven $45-50 \mathrm{~min}$ utes. Run knife around edge and turn out onto a rack. Cool before cutting with a serrated knife.

## EASY COUNTRY PATES

FROM PAGE 143

## Aspic jelly

## Ingredients

1 package unflavored gelatin $11 / 2$ cups beef broth $1 / 2$ cup dry sherry or Madeira Method
$\square$ Soak gelatin in $1 / 4$ cup cold beef broth.
$\square$ Heat the remaining broth with the sherry or Madeira and bring to a boil. Add the gelatin and stir until dissolved. Remove from heat.
$\square$ Allow to chill in the refrigerator until it becomes a thick syrup. Clean the top of the pâté of

Continued on page 152

# SILVERSTONE Introducing the first non-stick surface good enough for the finest cookware. 



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Northland, Regal, Wear-Ever, and West Bend. And the distinctive SILVERSTONE Quality Seal means that these fine manufacturers have been licensed by Du Pont for their high standards of quality control.

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# HOW TO MAKE GREAT HOME-COOKED MEALS WITHOUT BEING HOME. 



With the Hamilton Beach Crock Watcher. The original slow cooker with Automatic Shift, now with removable crock too.
It shifts from high to low temperature without re-setting! So you can put it on in the morning, take off for the whole day and have a delicious home-cooked meal ready when you get home. And it saves energy. It uses less electricity than a 100 -watt bulb! It's even got a removable crock for easier serving...easier cleaning! Want to save even more time? Cut up the ingredients that go into your slow cooker faster, with the Hamilton Beach hole-in-the-handle electric knife.

## ФHAMILTON BEACH Sqovill

THE CHRISTMAS KITCHEN
continued from page 150
its fat and pour the aspic over. Return to the refrigerator until cold. To coat the sides as well, unmold the pâté, clean top and sides of fat. Return to mold and pour aspic over to fill in the spaces around the pâté.

## Rabbit and green olive pâté

## Ingredients

$31 / 2$ pound rabbit with its liver 10 ounces lean pork
1 pound lean veal
10 ounces pork fat
1/3 cup brandy
2/3 cup dry white wine

## Note about fat to line terrines

 for patés:Lace fat (caulfat) is the thin membrane with weblike tracings of the purest white fat that surrounds the pig's stomach. You should be able to order lace fat from your local butcher. Take fresh or defrosted lace fat and plunge it into a bowl of tepid water containing 1 teaspoon vinegar. Keep changing the water by letting cold water run into the bowl. Do

## 1 tablespoon salt

1 teaspoon pepper
1 teaspoon thyme
$1 / 4$ teaspoon allspice
1/2 pound pitted green olives
stuffed with pimientos
lace fat to line the terrine
1 bay leaf
stuffed green olives, sliced for garnish

## Method

$\square$ Have your butcher cut the rabbit in the following way-cut off the hindquarters and front quarters and leave the middle of the rabbit whole.
$\square$ Using your sharpest small kitchen knife, pare the meat off each piece of the rabbit. The filet comes from the middle piece. Cut and carefully reserve these choice filets. Put the rest
this until the lace fat is quite white. Dry it thoroughly, and it is now ready to use.

Fatback is the pure, white fat cut from the loin of pork. Have your butcher cut this into very fine, thin strips.

Bacon can be used as a substitute if you are unable to obtain either lace fat or fatback.

Drape the fat over the sides of the terrines so that it covers the tops of the pâtés and lards them while cooking.
of the rabbit meat along with its liver, 5 ounces of the lean pork, 5 ounces of the veal, and all the pork fat through a food grinder or Cuisinart food processor, medium grind.
$\square$ Cut the remaining pork and veal into finger-length pieces and add to a bowl with the filets of rabbit. Pour over them the brandy and white wine to marinate for several hours or overnight.
$\square$ In another bowl put the ground meats and add the salt, pepper, thyme, and allspice, and mix well. Remove the pimientos from the stuffed green olives and set aside. Chop the olives. Pour off the brandy-wine marinade and add it to the ground meat mixture reserving the rabbit filets and meat strips.
$\square$ Line a 2-quart terrine with the lace fat, draping it over the sides. As always, start with a layer of the base ground meat, using $1 / 2$ the total amount. Then sprinkle a layer of $1 / 2$ the green olives. Layer in all the large pieces of rabbit, veal, and pork. Sprinkle with the pimientos. Add the last layer of olives and finish with the rest of the base meat. Pepper the top well, as rabbit is a bit bland, and sprinkle some salt over all. Put the bay leaf in the center for decoration. Pull up the sides of the lace fat overhanging the terrine and cover
the top of the pâté. Place the lid on the terrine or aluminum foil to cover completely. Set the terrine in a hot-water bath that comes halfway up the mold. Bake in a preheated $350^{\circ}$ oven for $13 / 4$ hours.
$\square$ Put a plate with a heavy weight on it on top of the pâté and cool. Refrigerate for 24 hours before serving. Garnish with more sliced stuffed green olives.

## Fish koulebiaka

## Ingredients for pastry crust

2 cups all-purpose flour
1 teaspoon salt
$1 / 2$ pound butter
$1 / 2$ cup cold water, more if needed

## Method for crust

$\square$ Mix flour, salt, and butter together in a bowl until crumblywe use our fingers-or make dough in a Cuisinart food processor. Add nearly all the water and mix. Add more water if needed. Do not overwork the dough. As soon as it forms a ball, even if it is not a smooth ball, stop and let it rest for $1 / 2$ hour on a lightly floured breadboard. $\square$ Roll dough out to make a 12inch square. Fold into thirds, sides toward the center over-

Continued on page 154


With the Hamilton Beach Blender Plus. ${ }^{\circledR}$ The one with the original blend-serve-store jars.



Just like the regular blender container, Blender Plus jars go right on the blender. Interchangeable blade fits right on jar. Just fill with your favorite recipe and you're all ready to blend. Whip up all kinds of delicious treats in any or all of the three extra blend-serve-store jars. Pour and serve them right away. Or store them for later use. With the Blender Plus you can blend without end...

Here are the delicious traditional recipes for Christmas dishes shown on page 140 that have been collected by the Ham-mond-Harwood House Association for their cookbook Maryland's Way.

## Honga River wild goose

MRS. WILLIAM DOELLER CHURCH CREEK, DORCHESTER

## Ingredients

A wild goose, about 4-5 pounds salt, freshly ground black pepper
seedless white grapes
tangerine or orange sections
bread crumbs
melted butter
1 pint dry white wine

## Method

$\square$ Rub goose cavity with a little salt and lots of black pepper. Stuff with white seedless grapes, tangerine or orange sections held together with bread crumbs which have been tossed in melted butter.
$\square$ Cook for 10 minutes in hot oven, preheated to $550^{\circ}$, then reduce heat to $450^{\circ}$ and continue cooking for 25 or 30 min utes, basting frequently with dry white wine. Use fresh wine for each basting. Never cook a goose over 35 minutes unless very large, then 40 minutes at most, as it toughens and dries out. Serves 4-6.

## Parsnip cakes

MISS NELLIE SHACKELFORD THE ANCHORAGE, MILES RIVER, TALBOT

## Ingredients

4 medium parsnips (1 pound)
2 tablespoons butter
1 teaspoon salt
dash pepper
2 tablespoons milk
3 tablespoons flour
2 tablespoons drippings

## Method

$\square$ Wash parsnips and cook in a little water until tender (about 30 minutes). Cool and peel, removing center core if tough and woody. Mash thoroughly or force through chopper or ricer into a bowl. Add butter, salt, pepper, and milk.
$\square$ Shape into 8 cakes, dip in flour, brown slowly in hot drippings in a heavy skillet. Nonparsnip eaters eat these. Serves 4.

## for contemporary feasting

## Baked <br> acorn squash <br> MRS. J. REANEY KELLY

CONDUIT STREET, ANNAPOLIS

## Ingredients

3 acorn squash, halved 6 teaspoons butter
6 teaspoons brown sugar
6 teaspoons Bourbon
1 teaspoon salt
$1 / 4$ teaspoon nutmeg

## Method

$\square$ Remove seeds from squash. Place in lightly greased baking dish, cut side up, and in each half put 1 teaspoon each of butter, sugar, and Bourbon. Sprinkle with salt and nutmeg. Cover and bake at $400^{\circ}$ for about 30 minutes or until tender. Serves 6.

## Sweet potatoes aflame

MRS. GEORGE MAURICE MORRIS
THE LINDENS, WASHINGTON
Ingredients
6 long sweet potatoes of uniform size
4 cooking apples
1 jar preserved chestnuts
1/4 cup butter
sugar to taste
$1 / 2$ cup rum

## Method

$\square$ Parboil potatoes, peel, and cut across into circles about $3 / 8$ inch thick. Peel, core, and cut the apples across in rings. $\square$ Fill a deep baking dish with a layer of sweet potatoes, then a layer of apple rings, then a layer of preserved chestnuts with some of their syrup. Repeat until dish is filled, with a layer of potatoes on top, the circles fitted as closely as possible together. $\square$ Melt butter and sugar in a small saucepan, pour over dish and bake until brown, about 30 minutes at $350^{\circ}$. Heat rum, pour over dish just before serving and light. Serves 6-8.

## Bellhaven baked tomatoes <br> MISS HANNAH W. BELL CHESTERTOWN, KENT

## Ingredients

12 tomatoes, peeled

salt, pepper<br>sugar<br>bread crumbs<br>butter<br>\section*{Method}

$\square$ Fit tomatoes tightly in a heavy 9 -by-12-inch baking pan. Sprinkle a little salt in each tomato. Bake at $350^{\circ}$ for 30 minutes. Drain. Add a dash of pepper and one large tablespoon sugar to each tomato. Put a small quantity of dry bread crumbs and a generous piece of butter on each. Bake 2 hours in a moderate oven ( $350^{\circ}$ ). Serves 6-8.

## Miss Julia's beaten biscuit

MISS JULIA LOKER ST. MARY'S, MD.

## Ingredients

## 4 cups flour

1 tablespoon lard
$1 / 2$ tablespoon salt
water
Method
$\square$ Mix flour, lard, and salt in a bowl; add enough water to make a very stiff dough. Knead it with hands until pliable and smooth. Knead until it pops with every pressure of the hand. It takes 2030 minutes. When it pops, this is the test of its lightness.
$\square$ Make balls of the dough about the size of a small egg. Flatten them on the board with a rolling pin, prick them in the center with a fork, and bake in a hot oven, $400^{\circ}$, for 20-30 minutes. When the edges are hard, they are done; otherwise do not take from the oven or they will be uncooked and unwholesome. Makes about 4 dozen biscuits.

## Eleanor Calvert's Sally Lunn

REV. DANIEL RANDALL MAGRUDER, GREAT, GREAT-GRANDSON
OF ELEANOR CALVERT OF
MT. AIRY, PRINCE GEORGE'S.

## Ingredients

11/4 cups butter (or $1 / 2$ butter
and $1 / 2$ lard)
11/2 cups sugar
4 eggs
4 cups flour, sifted
2 heaping teaspoons baking powder
pinch salt
$11 / 2$ cups milk

## Method

$\square$ In a bowl, cream butter and half of sugar until very light. In another bowl beat eggs and remaining sugar, also very light. Combine with creamed butter and sugar.
$\square$ Sift flour, baking powder, and salt together in a bowl and add to butter and egg mixture, alternately with milk, as you would in mixing a cake. Bake in a greased tube cake pan for 1 hour in $375^{\circ}$ oven. Eat hot for lunch or supper with butter. Half this amount may be baked in a 10 -by-10-inch oven dish for 35 minutes, or until brown, and cut into squares, making 9 large servings.

## Mr. Paca's rusk

MR. PACA'S RECIPE, REVISED
MISS ANN CHASE'S BOOK, 1811 ANNAPOLIS

## Ingredients

## 3 eggs

1 cup milk, scalded and cooled a little
2 tablespoons butter
3 tablespoons sugar plus 1
teaspoon
1 good teaspoon salt
1/4 cup lukewarm water
1 tablespoon dry yeast
about 6 cups flour
milk or cream
sprinkling of sugar

## Method

$\square$ In a bowl, beat eggs until light, add scalded milk, butter, 3 tablespoons sugar, and salt. Cool. Dissolve yeast in water, add remaining sugar. Add to egg mixture. Beat gradually into this 2 cups flour. Beat until all lumps are out and batter is smooth. Let rise until bubbly, then add remaining flour, about 4 cups. Work well; rusks must be wellkneaded and very light before being baked.
$\square$ Put dough in lightly greased bowl, turn to grease top, set in a warm place, and let rise until double in bulk. Make into cakes about 5-6 inches in diameter, and 1 inch thick. Put on greased cookie sheet or in pie pans; let rise until double in size. Gently brush with milk or cream and sprinkle with sugar. Bake in a $325^{\circ}$ oven for about 25 minutes or until nicely browned on top. Makes 5 rusks. When fresh they are delicious cut in slices $1 / 2$

## OLD-FASHIONED CHRISTMAS FOOD

continued from preceding page
inch thick, buttered and toasted a light golden brown. Stale rusks may be sliced and dried in a slow oven until a golden color.

## Christmas night fruit cake

MISS NELLIE SHACKELFORD THE ANCHORAGE, MILES RIVER

Ingredients
1/2 cup butter
1 cup sugar
3 egg yolks, well-beaten
$11 / 2$ cups flour, sifted
$1 / 2$ cup milk or water
1 cup coconut, freshly grated
$1 / 2$ pound almonds, blanched and slivered
$1 / 2$ pound citron, cut into small strips
1/4 pound candied pineapple, cut into small pieces
1 teaspoon almond extract
3 egg whites, beaten stiff
white boiled icing

## Method

$\square$ In a bowl cream butter and add sugar slowly. When thoroughly creamed together, beat in egg yolks, then add the sifted flour and milk or water alternately until well mixed.
$\square$ Stir into the batter the coconut, almonds, citron, and pineapple. Add almond extract, then carefully fold in egg whites. Bake in three 9 -inch round layercake pans, greased and floured, in a $350^{\circ}$ preheated oven for 30-40 minutes, or until cake tester comes out clean. Cool, and ice with white boiled icing.

## A trifle with syllabub

RECIPES FROM WAVERLY, QUEEN ANNE'S

## Ingredients

## macaroons

sherry
custard (recipe below)
raspberry jam, melted
syllabub (recipe below)

## Method

$\square$ Lay macaroons over the bottom of a deep dish or glass bowl and pour over them as much sherry as they will absorb, then pour on them a rich, cold custard -it should stand 2-3 inches thick. On that put a layer of raspberry jam, cover the whole with whipped syllabub heaped high.

## Boiled custard

MISS ANN CHASE'S WAY, 1811, ANNAPOLIS
Boiled custard is the basis of many desserts. It requires care as too little cooking leaves it thin and too long is apt to curdle and spoil it. It should have the consistency of thick cream and be
perfectly smooth. Boiled or soft custard is used as a sauce for fruits and puddings; also, in trifles and frozen desserts.

## Ingredients

1 quart rich milk
1 vanilla bean or 1 teaspoon vanilla extract
6 eggs or 6 egg yolks
1/2 cup sugar
$1 / 8$ teaspoon salt

## Method

$\square$ Scald milk with vanilla bean in a double boiler. In a bowl beat the eggs or egg yolks with the sugar and salt. Pour scalded milk over the eggs and return to the double boiler, stirring all the time. Remove vanilla bean. Cook over low heat until custard thickens and coats a silver spoon. Immediately remove from heat. Cool, chill to use with trifle.

## Syllabub

MRS. SNOWDEN
MISS ANN CHASE'S BOOK, 1811

## Ingredients

1 quart heavy cream
2 cups sweet wine (1 cup sherry and 1 cup Madeira is best)
1 cup sugar
nutmeg

## Method

$\square$ Whip cream until it begins to hold its shape in a large bowl. Gradually add the wine and sugar, beating as fast as you can until thick. Pile high on top of trifle with custard.

## Cedar Park ginger cakes

MRS. EVELETH W. BRIDGMAN, JR. CEDAR PARK, WEST RIVER

Ingredients
1/2 cup butter
1 cup sugar
1 cup black molasses
about $21 / 2$ cups flour
$1 / 2$ teaspoon baking soda
2 tablespoons ground ginger
1 teaspoon cinnamon

## Method

$\square$ In a bowl cream butter and sugar together. Add molasses, beat, then sift in 2 cups flour, with soda, ginger, and cinnamon. Add enough more flour slowly to prevent stickiness.
$\square$ Wrap dough in wax paper and chill in refrigerator for easier handling. Roll thin, cut out cookies and bake on a greased cookie sheet in a preheated $400^{\circ}$ oven about 8-10 minutes or until set and lightly browned. Makes $31 / 2$ dozen cookies.

## Kisses

MRS. MURRAY'S BRIDE'S BOOK, 1858
IVY NECK, RHODE RIVER

## Ingredients

3 egg whites

## pinch salt

1 cup superfine sugar
1 teaspoon vanilla

## Method

$\square$ In a large bowl beat egg whites with salt until stiff. Add sugar very gradually and continue beating until mixture stands in peaks and sugar is dissolved. Fold in vanilla.
$\square$ Grease a large baking sheet and drop small spoonfuls of the meringue, shaping in spiral cores, or put through a pastry bag. Bake in a slow preheated oven, $250^{\circ}$, for $30-40$ minutes. The kisses should be dry but not browned. Do not overbake. This recipe will make approximately 3 dozen kisses, or 10 meringue shells.

THE CHRISTMAS KITCHEN continued from page 152
lapping each other. Let the dough rest 10 minutes more under a well-floured dishtowel. Roll the dough again to a 12-inch square, fold it in thirds, and then cover with floured towel until ready to use

## Ingredients for filling

$2 / 3$ cup long-grain regular rice pastry dough
11/2 cups sour cream
$11 / 2$ pounds fresh or frozen salmon, about 4 thick slices, skinned and boned

## salt, pepper

2 hard-boiled eggs, chopped
$1 / 2$ cup parsley, chopped
$1 / 2$ cup dill, chopped, or 2
tablespoons dried
1 egg yolk mixed with a little water
4 tablespoons sweet butter, melted

## Method for filling

$\square$ Cook the rice in a saucepan until very tender. Drain in a colander and run cold water over the rice. Allow to dry out a bit.
$\square$ Roll out the dough into a rectangular shape about $1 / 4$-inch thick. With a rolling pin, make the outside edge thinner than the center. Thin edges are important, as a too thick layer of crust underneath will not cook through.
$\square$ Down the center of the pastry make a bed, using $1 / 2$ the rice. Cover with $1 / 2$ the sour cream and place the salmon slices over the cream. Season with salt and pepper. (Add a bit more pepper than salt.) Cover with the rest of the sour cream and rice. Finally, sprinkle chopped egg over all, add salt and pepper, and top with half the parsley and dill. Wet edges of pastry with a brush or a finger dipped in water and fold into a rectangular package, with double layers of dough on top.
$\square$ Slide the package onto a piece of wax paper; then turn it over onto a foil-covered cookie sheet. The double layers of dough will now be on the bottom, and will seal together as the koulebiaka bakes. Brush with egg yolk.
$\square$ Cut a hole about the size of a quarter, in the center of the top of the pastry and prick the top 4-5 times with a fork. Place
in a preheated $400^{\circ}$ oven for 15 minutes. As soon as the top starts to brown, lower heat to $350^{\circ}$ and cook for another 45 minutes. Remove from the oven when the koulebiaka is well browned.
$\square$ Place koulebiaka on a serving dish surrounded by lettuce or whatever decoration inspires you most. Just before serving, add remaining parsley and dill to the sweet butter and pour into the hole on the top of the koulebiaka. Serves 6-8.

## Whole chicken liver pâté with truffle peelings

## Ingredients

$1 / 2$ pound whole, firm chicken livers
1 1-ounce can truffle peelings
4 tablespoons port
2 tablespoons whiskey
$1 / 2$ pound chicken hearts (if unobtainable, use chicken livers)
1/4 pound pork fat
$1 / 2$ pound lean pork
1/4 pound bacon
salt, pepper
dash allspice
lace fat

## Method

$\square$ Clean and trim the chicken livers. In a bowl marinate the livers and truffle peelings for 2 hours in the port, whiskey, and truffle juice.
$\square$ Grind the chicken hearts or livers, pork fat, pork, and bacon in a food grinder or Cuisinart food processor. Place in a bowl and add $1 / 2$ teaspoon each salt and pepper, and the allspice. Mix thoroughly.
$\square$ Drain the livers and add the marinade to the base meats. Place the lace fat in a $11 / 2$-quart terrine, draping it over the sides. Put a layer of base meat in the bottom of the terrine; add a layer of chicken livers, a layer of base meat, then chicken livers, ending with base meat. Salt and pepper very lightly between the layers. Pull up the draped lace fat and cover the top.
$\square$ Place in a hot-water bath in a $350^{\circ}$ preheated oven for 1 hour. Remove from oven and weigh down with a plate and heavy weight until cool. Refrigerate for 24 hours before serving.

## In the beginning

there was a tree continued from page 136
and the insect. New leaf "initials" are formed and then flower buds. Temperature controls this process: In a hyacinth, for instance, temperatures below $55^{\circ} \mathrm{F}$ or above $95^{\circ} \mathrm{F}$ inhibit bud creation. The Dutch bulb growers are even more exact: They keep bulbs at $77^{\circ} \mathrm{F}$ for five weeks and then store them at $64^{\circ} \mathrm{F}$, which produces the most internal activity and the strongest flower heads.

It is surely the seed that is the most remarkable example of rebirth, and most of all that of an-nuals-for these plants avoid winter problems by the expedient of dying entirely after setting seed. Although seeds vary greatly in size very many are minute, even dustlike, and their regenerative powers are almost unbelievable. Think of the tiny seed lying in or on the soil, exposed to frost, wet, drought, wind, and withstanding all these within a protective coat-and when the time for germination comes, being able to thrust out root and shoot.

The mature seed is virtually inert, with no internal activity. This is by virtue of a very low water content, in most seeds between 5 and 20 percent. This is why up-todate seedsmen market many seeds with a water content around 4 percent in sealed foil packets filled in conditions of very low air humidity after careful drying.

Within these tiny capsules are not only embryo plants but the minutest of natural computers, ensuring that germination will only take place at the right season. As the British seed expert P.A. Thompson (now in charge of the seed bank of the Royal Botanic Garden, Kew) has written, "many plants have developed mechanisms which enable them first of all to ignore the present and forecast the future, and then to measure the passing of time and to verify the advent and passing of winter." The typical dormancy period ensures that seeds will remain quiescent till winter has passed, rather than sprout in which may well be apparently ideal germination conditions in autumn. Even then, many seeds remain dormant for two seasons or more, and the gardener, wanting more reliable results, can use various techniques. The simplest of these is to keep the seeds between $35^{\circ} \mathrm{F}$ and $45^{\circ} \mathrm{F}$ over win-ter-a refrigerator provides more controlled conditions. Seeds so treated usually germinate at once on being placed in warmth and moisture. A great many temperate seeds react in this manner.

Other seeds are programmed to germinate in batches each year
over long periods. The familiar weed Fat Hen or Lambs Quarters, for instance, has one large kind of seed which germinates immediately, and three different small kinds, each of which waits for varying periods. The controls and triggers on dormancy and germination are numerous and remarkable. They include soil temperature and gas content, and also light, which account for the ready germination of deep-buried weed seeds after cultivation; they accounted also, in the first World War, for the profusion of long-unseen scarlet poppies among the Flanders trenches. Some seeds need fire to release them, many must first be eaten by bird or animal, others have very hard coats which only weaken over
decades. Certainly many have an amazing Sleeping Beauty technique, and there are many species, especially of the opportunist weeds, which have been proved to have still-viable seeds several hundred years old. While stories of viable "mummy wheat" from ancient Egyptian tombs are almost certainly mythical, the actual record is even more remarkable-that of Arctic lupin seed preserved, still capable of germination, in Alaskan permafrost soil for between 6,000 and 10,000 years.

Come the green light, with the controls removed, the triggers released, and the right amounts of water, oxygen, and warmth available, nothing stops the seed. The first emergence is that of the root-
let, conditioned to grow downwards by the force of gravity whatever position the seed may be in. Then the first shoot thrust up, initially conditioned to grow away from the gravitational pull, and later by light. Very often this first shoot is bent into a crook shape, and it is this relatively tough "elbow" which forces its way up through the soil till it is clear and the delicate tip can erect itself and deploy its first leaves.

It is usually at this moment of emergence into light that chlorophyll begins to form within the tissues, so that the seedling can manufacture its own food before it has used up the reserves inside the seed itself. These reserves may

Continued on the next page

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## In the beginning

there was a tree
continued from preceding page
vary from practically nothing in minute seeds (the least prepared are those of orchids, where in some species 3 million seeds weigh only a gram) to the three-year store in a coconut which gives the young palm a head start on unpromising sandy beaches. But whatever the seed, the miraculous regrowth then begins again, to produce an orchid or a palm, a bulb or a weed, or perhaps to start an evergreen on its long, slow life, so much longer than ours, signalling persistence over the winters, its boughs capable of decorating Christmases for centuries to come.

The gift of flowers and art
continued from page 117
Nature got the better of art, even so. Ingres's furtive blooms were blasted out of sight by the red bronze "Kyber Pass" cymbidiums. The cattleya, that favorite of Marcel Proust, made a great bank of magenta beneath Sir Thomas Lawrence's Lady Peel. Only in the allover flicker of Renoir, and in the sight of the two children that he painted with all of dife before them, did the sturdy high-colored cymbidiums meet with real competition. For these were no ordinary orchids. They were the result of a long period of selective hybridization and generations of cross-pollination. Bred to astonish, they succeeded. They came from a building which, unlike the Frick, is now closed to the public: the Conservatory in The New York Botanical Garden. Modeled initially on the Palm House in Kew Gardens, London, this huge glass structure had aged and deteriorated quite markedly since it was put up at the beginning of this century. Though designated as a New York City landmark, it has no grant from the city to help with its rehabilitation. But with the help of private and corporate enthusiasts, six of its twelve rooms are now being put back into pristine state. When the work is completed (toward the end of 1977) the first area of all will be inaugurated as a Green Room for children: a place where they can be among flowers, learn to identify and in some cases handle them, and in general get used to the idea of plants and flowers as something that they can nurture in their own homes. Eventually the whole Conservatory will become a living museum of plants: a green-fingered Frick, in fact, where instruction mates with delight.

Meanwhile the Frick itself is in a state of secretive ebullition. It did not escape the seasoned promenader some time ago that the three houses to the east of the existing side were suddenly pulled down. A high wall has ever since told the inquisitive passer-by to keep his distance, but it has gotten out that the two lots nearest to Madison Avenue will be turned into a formal garden by Russell Page, than whom no one has more experience with made-to-measure gardens. Iron grilles in the Louis XV style will separate it from the sidewalk on 70th Street, and it will be linked to the existing building by a pavilion that will do away with the faintly poky atmosphere of the main building.

But what matters most in the new project lies out of sight and below ground. Four stories deep, it will turn the Frick into a small but luxurious study center. Scholars will be able to learn from one another, teach, read, work from original works of art of the highest quality, and in general carry on as if the Frick were a small scale Institute of Advanced Studies in Art. (It also has, in the art library founded by Miss Helen Clay Frick, an institution for which everyone who needs to get his facts right about art is more than grateful.)

The Frick will still be the Frick as we know it: the stationary feast that never stales. But there will also be in existence Frick Number Two, an intellectual powerhouse humming away below ground. When Everett Fahy was appointed director of the Frick in 1973 he was generally regarded as one of the most gifted recruits that the art historical profession has numbered in the second half of this century. (Even ten years ago he was said to be in line for just about everything except the directorship of the FBI.) With his curator, Edgar Munhall, he was not the man to settle for "dusting the pictures." A great city is judged not so much by the size as by the number and quality of its institutions. The Frick, like the Wallace Collection in London, the Museo Poldi-Pezzoli in Milan, and the Museo Correr in Venice, has a timeless and changeless quality which is in the happiest possible contrast to what has been going on elsewhere. It never lends and rarely borrows (though a very fine Halberdier by Pontormo is on loan there at the moment). Works of art which are never moved take on a settled and inviolate quality for which there is no rational explanation. We feel that time is their friend, and that what they have to tell us comes from that still center of being which in more rackety institutions can quickly be disturbed.

Presents of mind continued from page 67

Evelyn Coskey. How to make ornaments, crèches, wreaths, a gingerbread house, Christmas cookies.

When the tree's up and decorated, the feast well on the waysing! A Musical Christmas with Peter Duchin (Holt, Rinehart and Winston, \$12.95). 61 great religious and secular songs with Mr. Duchin's new arrangements for piano and guitar. Illustrated with old greeting cards, cartoons, nostalgic engravings . . . or read aloud The Father Christmas Letters (Houghton Mifflin, \$8.95) by J.R.R. Tolkien, he of The Lord of the Rings. For 20 years Tolkien wrote an annual letter to his children in which he described in words and pictures Santa Claus's life at the North Pole during the year. Whimsy, yes, but saved from treacliness by its wit and hilarious invention.

## Miscellania

Some thoughts for people whose present is stumping you: For those who like their music longhaired, The Encyclopedia of Opera (Scribners, $\$ 22.50$ until Dec. 31; then $\$ 25$ ) edited by Leslie Orrey. Over 3,000 entries, 700 operas, plus composers, librettists, conductors, festivals, opera on TV, even musical comedy . . . For those who like their musicians longhaired: The Rolling Stone Calendar (Rolling Stone/Random House, \$4.95)-a great stocking-stuffer for teenagers, illustrated with action photographs of such "to-die-overs" as Elton John, Dylan, Alice Cooper, Patti Smith . . . For balletomanes: Baryshnikov at Work (Knopf, $\$ 17.50$ ) with photographs by Martha Swope, in which the great dancer describes his work, techniques, how he prepares for a ballet

For the crossword-crazed: The New York Times Crossword Puzzles (Quadrangle/N.Y. Times, $\$ 3.50$ ) edited by Will Weng. 50 all new Sunday-size stumpers . . . For the budding decorator: Wallpaper (Macmillan, \$27.50) by Brenda Greysmith. The first historical survey of the design and production of wallpaper in the Western world from the 16 th century until today, with nearly 200 reproductions . . For the "deep" one: And It Came to Pass-Not to Stay (Macmillan, $\$ 6.95$ ) by R. Buckminster Fuller. His social and political philosophy, analysis of our world crisis, pre-dictions- 7 typical essays written with wit, clarity, and plenty of fun. For the nostalgic, or devotees of Art Nouveau: Vanity Fair (Universe, \$6.95). A 1977 calendar, each month illustrated with a 10 -by-13-inch cover from the great fashion and literary magazine.


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Beautiful Crewel Kits Inspired by the Best of Early American Folk Art.
In the early 1800's, Zeruah Higley Guernsey of Castleton, Vermont, became engaged to a hand some young sailor. After his return to sea,
Zeruah occupied her time embroidering imaginative designs to grace her future home native designs to grace her future home. e eventually gathered her lovely designs into a rug that is now one of the treasures of a famous American museum.

These beautiful crewel kits-Lovebirds, Snowflake, Basket, Cat, Sunflower, Stag and Flowers-are all inspired by Zeruah's striking American Heirloom.

The kits consist of a $27^{\prime \prime} \times 27$ " square of $100 \%$ cotton monk's cloth with a printed 14 " x 14 " design, enough Acrilan acrylic yarn by detailed instructions with glossary, and needle. Each kit is available in your choice of six yarn colorings to match or contrast with your decor: rose-blue, rose-green, green-yellow, ivory brown, orange-green and orange-rust. Your lovely home will be enhanced by any of these beautiful and historic designs.
Each kit, complete $\$ 17.35$ ppd. in your choice of yarn colorings.
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Use it for vegetables, fruits, meats, leftovers. Chops or grinds with two metal discs for coarse or fine grind; tip-proof suction base, works fast and efficiently. $\$ 5.99$ add \$1 post; two \$12.50 add $\$ 1.50$ post. World Company, HGE, 606 E. State St., Westport, CT 06880.


MIGHTY MIDGET
Battery operated mini-vac, a vacuum cleaner that goes anywhere and is operated with one hand. Uses two "C" batteries (incl.), has on/ off switch. Great for cars, clothes, as a silent butler. $\$ 5.95$ ppd. Kay-Cee Enterprises, Dept. A115, 1405 Sloane Blvd., Plainfield, NJ 07060.

FROM FACTORY TO YOU Handsome wing chair, solid mahogany, fruitwood finish. 31 "w by $32^{\prime \prime}$ d. by $45 \frac{1}{2}$ "h. h . 3160 A . \$299.95 ship. coll. Brochure, \$1, fabric samples available. Catalogue, 178 pages, $\$ 5$. National Furniture \& Fabrics Sales, Inc Box 2314, 1947 W. Green Dr. High Point, NC 27261


LONG-LASTING WAX
Handmade furniture wax from ingredients imported from Brazil produces an extremely long lasting hard finish to treasured wood pieces. Wax eliminates the need for repeated waxings. Eight oz can, $\$ 4$ plus 25 c post. Walter DeLipsey, HG12, 2615 Routh St., Dallas, TX 75201.


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Folding opera glasses. Slip into handbag or pocket. Sports fans, theater buffs, ballet bugs love them. Makes balcony seats seem like first-row center! Chrome plated, 2.5 by $25 \mathrm{~m} / \mathrm{m}$. $\$ 5.98$ plus 60 c post. Anthony Enterprises, HG12, 556 Mission St San Francisco, CA 94105.


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Delicious looking white plate is a "leaf" design bound to dress up a salad, appetizer or fruit dessert. Dishwasher proof. Virtually indestructible. Set of four 6", $\$ 6.95$; four $9^{\prime \prime}, \$ 9.95$. Post., 85c a set. S.S. Kemp, Dept. B12, 4301 Perkins Ave., Cleveland, OH 44103.

REAL RUGGED
How about this? A deep nylon pile rug with bonded non-skid back is in tones of brown and $21^{\prime \prime}$ by $34^{\prime \prime}$. We think its a fun switch on the welcome mat. Machine washable and dryable $\$ 9.98$ plus 75 c post. Lillian Vernon, GDE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.

CREATIVELY YOURS
There's a variety of stimulating ideas featuring maple hardwoods as country-style dining tables, work tables, mobile carts, shelving, benches, counter tops-all shown in a 44 -page catalogue 50c. From Butcher Block \& More, HG12, 1600 So. Clinton, Chicago, IL 60616.

TIME THIEF
Is your pool robbing you of time? Average size Meyco safety pool cover takes two minutes to put on or remove. Keeps out dirt, leaves; children and pets are safe when you're away. Discourages algae. Custom made, any size. Write to Meyco, HG12, 225 Park Ave., Hicksville, NY 11801

RICH CLADDAGH RING
Peace-friendship symbol. Gold: ladies', 18 k \$64; 14k $\$ 44$; 9 k \$27.70; men's, 18k \$108; 14k \$68; 9k \$44; child's, 9k \$17.65. Sterling silver: ladies', \$6.80; men's, $\$ 7.75$; child's, $\$ 6.40$. Ppd. (Size.) Brochure \$1. Stephen Faller, HGE-12, Industrial Estate, Mervue, Galway, Ireland.

CHRISTMAS CAMEL
Traditional olivewood dromedary hand-carved in Bethlehem as its predecessors have been for many centuries. Miniature replica of reins completes an unusual gift for the holidays. About $6^{\prime \prime}$ high. $\$ 6.95$ ppd. Shopping International, 896 Shopping International BIdg., Norwich, VT 05055.

KEEPS IT SHARP
The Norelco sharpener fits all Norelco shavers, gives a really sharp cutting edge that means better-than-ever clean shaves. Use just once a month. Perfect gift for father, for any Norelco user. $\$ 3.99$ plus 50 c post. Holiday Gifts, Inc., Dept. 312-G, Wheat Ridge, CO 80036.

ROSY HOT POT
Ceramic electric hot pot holds up to four cups of liquid and is charmingly bedecked with wild roses. UL-approved heating coil, $46^{\prime \prime}$ cord that is removable make it completely washable. $\$ 5.98$ plus 75 c post. American Consumer, Dept. CPO-12, Caroline Rd., Philadelphia, PA 19176.


$\qquad$


## Constance Carol <br> Plymouth Massachusetts 02360

## TAB CURTAINS

Many early American homes had no curtains Many early American homes had no curtains
at all. But those that did most likely had tab at all. But those that did most likely had tab
curtains. Tab curtains are found here in Plycurtains. Tab curtains are found here in Plymouth at the windows of houses built as early as 1640 . We love them and use them throughout our own weathered saltbox home


PILGRIM STRIPE

The simple elegance of tab curtains makes them as right for the finest Contemporary homes as they are for the most authentic Colonial homes. They are as functional as they are beautifuI, sliding easily on simple rods. They do not require expensive and complex drapery hardware. And they are available both in plain natural muslin and in a variety of colors and fabrics to suit your taste.

| Natural: Permanent press muslin. White: Polyester/cotton blend. | About 80 " wide |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| TAB CURTAINS LENGTH | LENGTH 40" | $45^{\prime \prime}$ | 54" | 63" | $72^{\prime \prime}$ |
| Natural or white | - \$14 | \$15 | \$15 | \$18 | \$18 |
| Pilgrim Stripe (Wine, Navy, Moss Green, Soft Gold or Brown on natural or white) | $\text { en, Soft }-\$ 20$ | \$22 | \$22 | \$26 | \$26 |
| Gingham (Yellow, Green, Brown, Red Blue or Pink) | Blue or \$14 | \$15 | \$15 | \$18 | \$18 |
| Meissen Stripe (Red, blue, green, gold) | \$25 | \$26 | \$28 | \$32 | \$34 |
| BALL FRINGE CURTAINS Natural or white | \$11 | \$26 | \$28 | \$32 | \$34 |
| Valance $10^{\prime \prime}$ by $80^{\prime \prime}$ each $\$ 3.50$ | \$11 | \$12 | \$12 | \$13 | \$13 |
| WOODEN RODS AND BRACKETS per set \$4 | set \$4 |  |  |  |  |
| Set includes two brackets made from birch, four wooden rod. | irch, four nails | $d$ a |  |  |  |
| CATALOG FREE F | FABRI | SAM | ES | out | \$2 |

Allow $1^{\prime \prime}$ per yard shrinkage. Money back guarantee.
VISIT OUR MAIL ORDER SHOWROOM, 327 COURT ST., (RTE. 3A), PLYMOUTH, on Tues-Sat from 9-3. See tab curtains in dozens of colors, trims, and prints. Master Charge Tel. (617) 746-6116 BankAmerica For delivery in Mass. add $5 \%$ sales tax. Add $\$ 2.00$ for postage and handling. Send check or money order to:

## Constance Caral

Dept. 512, P.O. Box 899, Plymouth, Massachusetts 02360



The unique arm swivels $360^{\circ}$ and extends $11^{\prime \prime}$ for perfect light at piano, desk or table. Made like a piece of jewelry, it is quality from the weighted base to the black vinyl shade. Keep or give, it will hold its good looks forever
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designs, hand-embroidered in wool on handloomed cotton. A treasured, quality look-like no other fabric!
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SHOPPING AROUND


HOLD IT
A solid mahogany napkin holder with warm natural finish makes a welcome Christmas present for the house. A graceful design quality crafted in Virginia by the Seymore family. $5^{\prime \prime}$ by $53 / 4^{\prime \prime}$ by $3^{\prime \prime}, \$ 7.50$ ppd. Order from The Greentree store, HG12E, North Garden, VA 22959.


## ZODIAC RELIEFS

John and Paula Napier have designed and hand-cast a series of bas relief Zodiac signs in natural stone. Each is 7 " sq. ready to mount. Specify sign and birth dates in order. $\$ 9.95$ each plus $\$ 1.80$ post.; all $12, \$ 110$ plus \$12. The Patio, HG12, 550 Powell St., San Francisco, CA 94108.


## TAB TRADITION

Today, as in colonial times, tab curtains add charm and grace. Waverly Meissen stripe, red, blue, green or gold. $80^{\prime \prime} \mathrm{w}$. per pr. 54 "I. \$28; 63"I. \$32; $72^{\prime \prime \prime}$ I. \$34. Add $\$ 2$ post per order. Catalogue free. Swatches, \$2. Constance Carol, HG12, Box 899, Plymouth, MA 02360.


SHAKER NEATNESS
Hard maple rack for kitchen towels is a replica of one crafted by the Shakers. Finished in a medium brown to blend with almost any kitchen color scheme. Rack extends from wall $20^{\prime \prime}$ and is drilled for mounting. $\$ 8.95 \mathrm{ppd}$. Jenifer House, HG126, Great Barrington, MA 01230.


## SANDAL DAZZLER

Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver; pink, blue, yellow, green pastels (specify alternate colors). N $5^{1 / 2}$-12; M 4-12; W 5-12. (No half sizes over 10.) $\$ 11.99$ plus 90c post. Morgan's Cove, HG12, 28 W. Prospect, East Brunswick, NJ 08816.


SHADES OF YESTERYEAR
Picture this high back rocker on an old fashioned porch on a summer day. Solid oak with seat and back of woven Nu-Cane. Sanded ready to finish in stain or paint. $49^{\prime \prime}$ h., seat. $21^{\prime \prime}$ by $19^{\prime \prime}$. $\$ 30$ ppd. Write to Marion Travis, HG12, 109 E. Broad St., Statesville, NC 28677.
This lovable pair of ANNALEE'S $12^{\prime \prime}$ mice will set the mood for a jolly holiday season. Display on mantel, under the tree or as table centerpiece to delight all ages. Mr . and Mrs. Claus are dressed in bright red flannel, with white fur-like trim and muff, and Santa's bag in green burlap.
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ANNALEE.
Just $\$ 13.50$ each plus $\$ 1.50$ postage \& handling. Available in $7^{\prime \prime}$ size in white felt. $\$ 5.50$ plus $\$ 1.25$ postage \& handling.

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SILENT NIGHT 1976
Bavarian porcelain Christmas ' 76 plate is a limited edition in glorious cobalt blue. $73 / 4^{\prime \prime}$ dia. with holes for hanging. Typical Bavarian winter scene complete with snow and stars. Gift boxed. $\$ 9.98$ plus 75 c post. Lillian Vernon, GDE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.

JARDIN LOUIS
A lovely woven tapestry from Europe in rich pastel shades of green, gold, blue, crimson. Fine cotton that doesn't fade. $20^{\prime \prime}$ by $20^{\prime \prime}$. For frame, pillow or upholstery. $\$ 8.50$ plus $\$ 1$ post. Catalogue, $\$ 1$. Lovelia Enterprises, Inc., HG12, Box 1845, Grand Central Sta., N.Y., NY 10017.

FRENCH CRADLE
Ivory telephone with a French accent fitted with brass and built to plug in for instant use. An Old World beauty for the most elegant décor in any room of the country villa or town apartment. $\$ 69.95$ plus $\$ 2$ post. Catalogue, 50 c Grand Com Inc., HG12, 324 Fifth Ave., New York, NY 10001.

FAMILY ALBUM FRAME
Super frame for pictures of the family may be wall-hung or put on a table. Brushed gold with tan or silver with black. Nine photos, $11 \frac{114^{\prime \prime}}{}$ by $14^{1 / 4^{\prime \prime}, \$ 10.19 \text { photos, }}$ $143 / 4^{\prime \prime}$ by $193 / 4^{\prime \prime}$, $\$ 15$ plus $\$ 1$ post. Neyhart's, Inc., HG12, 145 W. Third St., Williamsport, PA 17701.

NEEDLEPOINT ORNAMENTS Lollipop, gingerbread man, gingerbread house, drum, teddy bear, soldier, candy cane, snow-man-design on canvas. Persian Paterna wool, needles, backing. $3^{11 / 2^{\prime \prime}}$ to $5^{\prime \prime} h$, $\$ 2.50$ ea. Any six, $\$ 12.95$. Add 60 c post. Victoria Gifts, 12 H Water St., Bryn Mawr, PA 19010.

FOR UPS AND DOWNS
These braided stair treads are durable, woven nylon traditionally styled for a hand made look in avocado green or chestnut brown. Each $9^{\prime \prime}$ by $27^{\prime \prime}$, $\$ 3.50$ each; plus $\$ 1$ post. set of 13 , $\$ 34.50$ plus $\$ 2.50$ post. Yield House, Dept. G612X, No. Conway, NH 03860.

GIANT SMILE
A full color poster blown up from your color photo slide. $14^{\prime \prime}$ by $17{ }^{\prime \prime}, \$ 4.50$; $20^{\prime \prime}$ by $24^{\prime \prime}, \$ 7.50$; $24^{\prime \prime}$ by $36^{\prime \prime}$, $\$ 12.50$; Add 50 c post. ea. If you send slide or negative add $\$ 1$ ea. size. Lamination up to 2 ft . by 3 ft . add $\$ 3$. Congers Color Labs, HG12, Congers, NY 10920.

LITTER HIDEAWAY
Rugged fiberboard enclosure for cat's litter pan is plastic-coated and may be damp-wiped. $14^{\prime \prime} \mathrm{h}$., $15^{\prime \prime}$ w., $21^{\prime \prime} \mathrm{I}$. in mottled white Collects spillovers and confines odors. \$8.50; two for \$16.50; personalized, \$2 a word. Ppd. Kat-Trene Prod., HG12, Box 476, Montour Falls, NY 14865.



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Mt. Vernon, NY 10550

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Gold mesh Key chain with unique African or Philippine cone shell. $\$ 2.95$ each.

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Choose the round wreath or a four-foot-long garland. For sophisticated decor there's little to equal bright chili pepper pods ripened to a ruby red in the Southwestern sun. A color a ruby to equal Autumn leaves. Imagine either wreath or garland beckoning at your window or doorway.
Christmas Wreath
$18^{\prime \prime}$ diam. 200 peppers
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Challenging fun for entire family. Grown-ups, teens, even three-year olds enjoy the game of seeing how many marbles you can keep rolling with one hand, without dropping any. Roller is alder wood from Oregon trees. Adds decorative touch to mantel, hearth, or playroom $19^{\prime \prime} \mathrm{h}$. $\$ 12.50$ plus $\$ 2$ post. Catalogue 50c. The Toy Factory, Dept. GC, 88878 Coast Highway 101, Florence OR 97439



CANDY INITIAL
Personalized, luscious gift made of world's finest bittersweet or milk chocolate. Six-ounce tempting treat of $1 / 2^{\prime \prime}$ thick chocolate custom-initial, from A to Z. Each $\$ 4$. Three letters, $\$ 11$. A specially shaped box carefully cradles this unique gift. Astor Chocolates, HG12, 48-25 Metropolitan Ave., Brooklyn, NY 11237.

CUDDLY-PET RADIO
A cute, entertaining gift that thrills youngsters! Plushy pet pals with AM transistor-radio inside. Ten-inch tall Panda bear, with red ribbon around its neck. Eight-inch tall long-haired dog, with collar and chain plus grooming brush. Ea. $\$ 15.50$ ppd. With battery. Halmarr Five, HG12, 14406 Hamlin Street, Van Nuys, CA 91401.

HAND EMBROIDERY For a beautiful show pillow that adds rich accent wherever its placed. Striking floral motif, handembroidered in multi-color wool on natural off-white cotton woven in Kashmir. With zippered cover. $12^{\prime \prime}$ square. $\$ 10$ plus $\$ 1.10$ post. Send for the free catalogue. Country Curtains, HG12, Stockbridge, MA 01262.


SMART COMBO


A tidy and very pretty way to serve cheese and wine. Decorative imported tile in earth tones, hand wrought iron wine rack for six bottles, with serving top of six $4^{\prime \prime}$ sq. tiles, $\$ 19.95$; smaller version with four $4^{\prime \prime}$ sq. tiles, two wine holders, $\$ 17.95$; also with single wine holder, one $6^{\prime \prime}$ sq. tile, $\$ 9.95$ Ppd. Gifts from P.M., HGE12, Box 48011, Los Angeles, CA 90048.

## PRIZED NOEL BELL

Picturesque bell of Bavarian Kubaporcelain in gleaming white with the deep-dark cobalt-blue depicting a snowy, starlit "Silent Night" crystal clapper. $61 / 2^{\prime \prime}$ h. $\$ 9.98$; plus 75 c post. Lillian Vernon, GDE, 510 So. Fulton Ave., Mount Vernon, NY 10550.


## MADISON MINT PRESENTSCHRISTMAS 1976

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Legend has it that a small boy watched as, one after another, people brought their gifts to the Baby Jesus. Not having any gifts of silver or gold to offer, he ran home and returned with his drum and softly played for The Baby in the manger.
A touching and warm story translated into a beautiful and traditional silver ingot.
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Nifty idea, legs provide comfort with any chair. Good for eating, as desk, cards. Walnut grain, stain, heat-resistant top. Black satin enamel steel tubular legs. Folds. 15 " $\times 233^{1 / 2} 2^{\prime \prime} \times 24^{\prime \prime}$. $\$ 35$ ea; 2 for $\$ 67$ plus $\$ 3$ post. Briarcliff Kent, HG12, 5001 Glenbrook Rd., NW, Washington, DC 20016.


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Poly/cotton muslin, $86^{\prime \prime}$ w. pr., attached valance. $45^{\prime \prime}, 54^{\prime \prime}, 63^{\prime \prime}$, $\$ 14 ; 72^{\prime \prime}, 81^{\prime \prime}, 90^{\prime \prime}, \$ 16$; insert $54^{\prime \prime}$ valance, $\$ 3$; add one for double, two or more for wider window (on one rod) $\$ 1.75$ post. Free catalogue. Colonial Maid Curtains, HG12, Lawn Ter., Mamaroneck, NY 10543


CHERUBIC CAROLERS
Fine china Christmas '76 plate has three adorable children by Joan Walsh Anglund standing in a snowy, holly-decked back ground. Plate is just right for holiday cookies, ribbon candy. $\$ 12$ ppd. Call toll free 800/4357746 or write Trein's, HG12, 201 W. 1st, Dixon, IL 61021.


FIFTY MAGIC TRICKS
"Hanky Panky Magic" is a neat box of baffling tricks developed by professional magicians. Tricks are illustrated with easy instructions. $15^{1 / 2^{\prime \prime}}$ by $10^{\prime \prime}$ gift box. Made in Holland. $\$ 9.98$ plus 75 c post. Lillian Vernon, GDE 510 S. Fulton Ave., Mt. Vernon, NY 10550.

SHOPPING AROUND
SEAFOOD SERVICE
Handsome crystal glass fish plate has an individual cup for cocktail sauce or dressing. $71 / 2^{\prime \prime}$ I., $2^{\prime \prime}$ h. cup. Great for individual service or buffet parties. Delightful way to serve seafood. Set of four, $\$ 9.95$ plus 75 c each post. What's New Shop, 12 H . Water St., Bryn Mawr, PA 19010.

SACRED JOURNEY
Third in a collector series of Christmas ornaments portraying authentic works of Sister Berta Hummel. Glass ball in snowy white and rich colors. $3114^{\prime \prime}$ dia. \$4.50. 1975 ed. $\$ 4.50 ; 1974$ ed. $\$ 6$. Add 50c post ea. Hickory House Collector, HG12, 823 North Court, Ottumwa, IA 52501

STABLE MATE
It's made of strong, lacquered pre-pasted photo paper. Simple to install on ordinary bedroom door, can give youngster feeling of owning a horse. $341 / 2^{\prime \prime}$ by $861 / 2^{\prime \prime}$. Easy to install. $\$ 15.98$ plus $\$ 1.99$ post. Gift catalogue \$1. House of Minnel, 5126E Deerpath Rd., Batavia, IL 60510


Mortar and Pestle Set
Three of them in gleaming white porcelain! Treasured by gourmets
for many chores-charming decor for many chores-charming decor crushing garlic, herbs or spices and for blending seasoned butter and pastes. Set of three bowls $13 / 4^{\prime \prime}$ to $43 / 4^{\prime \prime}$ diam., each with its 5497 Mortar-Pestle Set

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Litter house is sturdy all-plastic, washable and weatherproof. Yellow and green decorator colors. Tray fits all plastic litter bags travel. Dimensions: $14^{\prime \prime} \times 19^{\prime \prime} \times 20^{\prime \prime}$


This lovely stool features French legs, curved back and a revolving swivel base. Aveailable in various grades and types of fine fabricsstripes, solids, prints; cut, antique, crushed
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## IIIIL --Towel Tree PLENTY HANGING/LITTLE SPACE

 Attractive-Popular-Versatile Turn arm up for spacious towel holder; arms down for cluster of hanging planters. Five $\times 3^{\prime \prime} \mathrm{D} . . . . . \$ 17.75$. Shipeed prepaid upon receipt of check. Specify: KOCH brass plate or Contemporary nickel plate. Easily attached to wall, screws furnished. Accessories not included.
## SHOPPING AROUND <br> SILVER FILIGREE DOME <br> Dome ring crafted in Israel is a

 filigree beauty in solid silver to wear with many costumes. Specify ring sizes from 5 through 8 . A delight to wear over the years. Spectacular shape. Gift worthy. $\$ 8.98$ plus 45 c postage. Lillian Vernon, GDE, 510 S. Fulton Ave., Mount Vernon, NY 10550.

COZY NOSE
At work or play keep a cold nose out of wind and weather with a striped wool nose warmer that ties behind the head. Fits all. Its red tassel bobs up and down as you walk along. $\$ 1.98$ plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

RING FOR SERVICE
Amusing bar bell adds fun to a party, makes a great gift. It has two built-in bells, a flat spot to prevent it from rolling. Flat black finish. Non-metallic material won't scratch furniture. $5^{\prime \prime}$ by $8^{\prime \prime}$. $\$ 9.95$ plus $\$ 1$ post. Things for Company, HGN, Box 180, Battle Creek, MI 49016.

DOWN COMFORT
Just like grandmother used to have, a selection of soft and snug comforters in a variety of coverings: down-proof satins, or nonskid cottons, all a joy to seeand snuggle under! Send for free samples and information to AIden Comfort Mills, HG12, Box 6070, Dallas, TX 75222.

## PEN AND INK PRINTS

Quartet of favorite plants that requires no weeding or watering is done in brown ink on heavy ivory stock ready for framing. African violet, caladium, fern, geranium. $11^{\prime \prime}$ by $14^{\prime \prime}$ each. Set, $\$ 5 \mathrm{ppd}$. Three sets, $\$ 10$. Salem Print Co., HG12, Box 11522, Winston-Salem, NC 27106.


# Shopping information 

Prices approximate. *Consult your interior designer or department store decorating service. Postage or shipping indicated by ().

## TREES OF JOY

Page 98:
On the tree designed by Robert Perkins: Hand-embroidered satin animals from China, including deer, horses, lions, sheep, fish, elephants, bears, ducks, chickens. In red, gold, white, black, pink, yellow, green, blue, brown-about 15 colors in all. From $1^{\prime \prime}$ to $7^{\prime \prime}$ long. $\$ 1.59$ to $\$ 12.50$ per animal depending on size and elaborateness of embroidery. $\$ 1.50$ shipping for each order. From Chinese Emporium.
On the tree designed by Fabrications: Ready-made stuffed cotton ornaments, $4^{\prime \prime}$ to $7^{\prime \prime}$ long. Candy cane, stocking, and dove come in red or green with white stripes. Stocking also comes in white with thinner red stripes. Dove, also in red with white "flower dots." Wreath and candle come in red or green with white polka dots. Heart comes in red with white Cook Collection "Hearts" print. All $\$ 2.50$ each except the dove and wreath, which are $\$ 3.50$ each. Add 75 c shipping per order. Minimum mail order-any six ornaments. All from Fabrications.
Patterns for ornaments: Heart, stocking, wreath, candle, 2 others on a Fabrications pattern, 75 c ppd. Candy cane and dove and 8 others on "Santa Pack I" pattern \#1312 by Vogue-Butterick, $\$ 3$ ppd. From Fabrications.
Finnish cottons-red or green with white Cook Collection diagonal "Stripe" and red and white heart print $-54^{\prime \prime}$ width, $1^{1 / 2 " \prime}$ repeat, $\$ 9.50$ plus 75 c shipping a yd. All other fabrics-including white with thinner red stripeare American, $45^{\prime \prime}$ wide, $\$ 3$ plus 75 c shipping a yd. $1 / 4$-yd. minimum order, 75 c minimum shipping charge. All from Fabrications.
On the tree designed by Bonté Patisserie: Miniature croissants ( $2^{\prime \prime}$ long) and brioches ( $11 / 2^{\prime \prime}$ diam.), each $\$ 5.40$ a dozen. Also: regular-sized croissants ( $4^{\prime \prime}$ long) brioches ( $21 / 2^{\prime \prime}$ diam.), each $\$ 5.40$ a dozen. Order 4 days ahead from Bonté Patisserie
Tree designed by Robert Rufino for Henri Bendel: Artificial white tree, about $12^{\prime}$ tall, sprayed with "snow," with hundreds of satin-finished Christmas balls, Japanese paper fans spray-lacquered to match, strands of tiny Italian lights. About $\$ 850$. Custom order from Robert Rufino, Visual Planning Dept., Henri Bendel.

## DECK THE HALLS

## Page 106

Bird's nest wreath: from $12^{\prime \prime}$ to $15^{\prime \prime}$ diam., $\$ 25$ to $\$ 45$ plus shipping. From Ronaldo Maia Flowers.
Cedar decorations by David Jones: Rope garland, $\$ 5, \$ 7.50$, or $\$ 10$ per ft., depending on trimmings. Wreath prices on request. From David Jones Custom Florist.
Popcorn-ball wreath: With nuts, tiny pine "cones, peppermints, frosted "berries," glazed with "diamond dust," tied with velvet ribbon. About $21^{\prime \prime}$ diam., $\$ 80$ ( $\$ 5$ ). Designed by Joseph Villano. From L'Eglise.

## Page 107

Blue spruce wreath sprayed with "snow": With velvet bows. 15 " diam., $\$ 50$; 36" diam, $\$ 150$. Shipping additional. Designed by Ray Kohn. From George Cothran Flowers.
Stuffed wreath: Ready-made in red, green, and white stripes (shown) or in red with white "Hearts" print, 18 " diam.! $\$ 42$ ppd. Or make it yourself with "Santa Pack III" pattern \#1541 by Vogue-Butterick, which also includes patterns for a child's drum pillow, Christmas tree centerpiece, place mats, a log carrier, drawstring wrapping bags. $\$ 3$ ppd. All three fabricsred or green with white diagonal "Stripe" and red with white "Hearts"
-are Finnish cottons, $54^{\prime \prime}$ wide, $1^{1} 12^{\prime \prime}$ repeat, by the Cook Collection, $\$ 9.50$ plus 75 c shipping a yd. Wreath requires total of $1 \frac{1}{2}$ yds. All from Fabrications. French cotton foliage wreath: With tiny mistletoe "berries," white velvet balls, and a bow. $15^{\prime \prime}$ diam., $\$ 75$; $36^{\prime \prime}$ balls, and a bow. $15^{\prime \prime}$ diam., $\$ 75$; $36 "$
diam., $\$ 160$. Shipping additional. Designed by Burton Braff. From George

## Cothran Flowers.

## INVISIBLE PRESENTS

## Pages 134-135

Additional information on items also available by mail:
Nest of three acrylic end tables: Large, $18^{\prime \prime} \times 15^{\prime \prime} \times 18^{\prime \prime}$ high. Medium, $16^{\prime \prime} \times 15^{\prime \prime} \times 17^{\prime \prime}$ high. Small, $14^{\prime \prime} \times 15^{\prime \prime} \times$ $16^{\prime \prime}$ high. All three $\$ 119$ (or $\$ 160$ packed plus $\$ 9.08$ shipping). Individually, $\$ 50, \$ 45, \$ 40$, respectively (or each $\$ 57$ packed plus $\$ 4.01$ shippiag).
Backgammon set: Cork-on-acrylic board, $201 / 2^{\prime \prime} \times 17^{\prime \prime} \times 13 / 4^{\prime \prime}$ high. With red, black, smoke, white acrylic men (choose any two colors), mottled ivorycolored vinyl dice cups, red and white dice. $\$ 34$ (or $\$ 47$ packed plus $\$ 2.32$ shipping). Custom colors and sizes additional.
Acrylic vanity table or desk: $1 / 2$-inch thick with bracing bar midway down the back. $38^{\prime \prime} \times 16^{\prime \prime} \times 30^{\prime \prime}$ high. $\$ 119$ (or $\$ 170$ packed plus motor freight collect). All three from Plexi-Craft Quality Products.
Acrylic salad or punch bowl with ice-textured surface: $211 / 2^{\prime \prime}$ diam., $61 / 4^{\prime \prime}$ maximum depth. Alcohol- and stain-resistant. $\$ 27.50(\$ 3.50)$ from The China Closet.
Acrylic high-sided vanity bench: $1 / 2^{\prime \prime}$ thick, $20^{\prime \prime} \times 17^{1 / 2^{\prime \prime}} \times 25^{\prime \prime}$ high. $\$ 125$ (or $\$ 166$ packed plus motor freight col-

## lect).

X-shaped acrylic storage unit: $27^{1} / 2^{\prime \prime} \times 12^{\prime \prime} \times 27^{1 / 2 \prime}$ high. Clear, $\$ 59$ (or $\$ 80$ packed plus $\$ 4.86$ shipping). Smoke, $\$ 66$ (or $\$ 90$ packed plus $\$ 4.86$ shipping). Both from Plexi-Craft Quality Products.
CORRECTION: The pewter reproductions created by Price Glover in the September issue, a spoon on page 115, and the English naval mess bowl on 117 should have been credited to their shop, Price Glover Inc., 57 East 57th Street, New York, N.Y. 10022.

## Building Facts

Materials and equipment in house on pages 130-133
architect: Louis H. Huebner interior designer: Richard Huebner contractors: Original house and remodeling: Von Frank \& Gale, Inc. Pool enclosure: William Thompson. SIZE of house: 2,490 square feet plus 1,280 square feet in enclosed pool area. SIZE OF LOT: 1 acre

## STRUCTURE OF HOUSE

Foundation: Poured concrete footings supporting concrete block foundation walls.
Framing: Standard wood construction of walls, floors, ceilings, and roofs. STRUCTURE OF POOL HOUSE
Framing: Wood post and beam framing of pool enclosure above 6 -inch fir decking. Exterior walls of vertical board-and-batten pine boards.
Roof: Custom-made; over pool, 8 half-round plastic vaults of acrylic plastic by Naturalite, Inc. in aluminum frames. Other roofing of pool house, cedar shingles.

## EXTERIOR OF HOUSE

Exterior walls: Vertical board-and-
batten cedar boards.
Exterior finish: Bleaching oil, silver gray stain by Samuel Cabot, Inc.

Roofs: On pitched roofs, cedar shingles; on flat roofs, layers of bituminous coated building paper.
Insulation: In exterior walls, 4 -inch batts of rock wool with vapor barrier; in roofs, 4 -inch batts of rock wool by Johns-Manville Corp.
Windows: In dining room and garden room wing, fixed glass panels. In pool enclosure, wood frame awning type windows by Andersen Corp.
Skylights: In living room, second floor bathroom, pool house-plastic skylights.
Doors: In house, single glass panel swinging double doors and wood paneled double front door; in garden room, aluminum frame sliding glass doors; in pool house, Arcadia aluminum frame sliding glass doors by Northrup Architectural Systems. Exterior security doors: Wood frame doors slide on barn hardware.

## INTERIOR OF HOUSE

Interior walls: Wallboard panels. In kitchen, backsplash behind countertops, $7 / 8$-inch ceramic tile.
Ceilings: In living room, bedrooms, kitchen, and bathrooms, cedar boards. In dining and garden rooms, wallboard panels between exposed wood beams. Interior finishes: On walls, white paint; on cedar board ceilings, natural finish.
Floors: In living room, oak strip floor, bleached; in garden room, 6-inch brown quarry tile; dining room vinyl tile in slate pattern and kitchen vinyl tile in brick by Armstrong Cork.
Lighting fixtures: In pool house and dining room, canister type downlights by Prescolite Mfg. Co.; in garden room and kitchen, white enameled hanging fixtures.
Fireplace: In garden room, prefabricated metal fireplace by Majestic.
Hardware: Chrome, by Schlage Lock.
Music system: Two speakers and turntable by Panasonic; Pilotuner, tuner by H.H. Scott.
Deck furnishings: Table and chairs, umbrella, steamer deck chairs by Bai-ley-Huebner, Inc.
Table accessories: China, glass, Oxford cloth napkins, silver, baskets by Bailey-Huebner, Inc.
Kitchen cabinets: Custom-made, walnut finish.
Kitchen countertops: White For-
Plumbing fixtures: In kitchen, stainless steel sink by American-Standard Co.; in bathroom, white fixtures by Kohler Co
EQUIPMENT AND APPLIANCES
Appliances: White porcelain-finish range, with oven and four-burner electric top, and refrigerator by Westinghouse Electric Corp.; under-counter dishwasher by General Electric Co.; range, ventilating fan, "Kenmore" by Sears Roebuck \& Co.; bathroom ventilating fan by NuTone Div., Scovill Mfg. Co. In laundry, "laundry center" by Frigidaire Div., General Motors.
Water heater: 40 -gallon by Rheem Manufacturing Co.
Heating system: In original house, forced warm air heating; in dining and garden room wing, electric grid baseboard heating units; in pool house, forced warm air heating with furnace by The Singer Co. Thermostats by Honeywell. Pool heater by Bzyan.
Swimming pool: "Enchanted Pools," by Suffolk.

## Store directory

b. altman \& company, 361 Fifth Ave., New York, N.Y. 10016
bamberger's, 131 Market St., Newark, N.J. 07101
${ }^{\text {bloomingdale's, }}$ Lexington Ave., at 59th St., New York, N.Y. 10022
bonté patisserie, 1316 Third Ave.,

New York, N.Y. 10021
brentano's, 586 Fifth Ave., New York,
N.Y. 10036
cache-cache, 758 Madison Ave., New York, N.Y. 10021
Chinese emporium, 154 W. 57th St., New York, N.Y. 10019
DAVID JONES CUSTOM FLORIST, 8591 Sunset Blvd., Los Angeles, Cal. 90069
fabrications, 146 E. 56 th St., New York, N.Y. 10022
frolio 72, 888 Madison Ave., New York, N.Y. 10021
franjoh cellars, 2321 Bonnie Brook Dr., P.O. Box 7462, Stockton, Cal. 95207
george cothran flowers, 238 E. 60th
St., New York, N.Y. 10022
gimbels, Broadway \& 33rd St., New York, N.Y. 10001
HAMMACHER SCHLEMMER, 147 E. 57th St., New York, N.Y. 10022
HENRI BENDEL, 10 W. 57th St., New
York, N.Y. 10019
hudson's, 1206 Woodward Ave., Detroit, Mich. 48226
Isobel worsley, 210 E. 58th St., New
York, N.Y. 10022
L'Eglise, 630 Wyckoff Ave., Wyckoff, N.J. 07481
liberty house, 120 Stockton St., San Francisco, Cal. 94108
lucidity, 775 Madison Ave., New York, N.Y. 10021
miller \& rhoads, Broad \& 6th Sts., Richmond, Va. 23219
Plexi-craft quality products corp., 195 Chrystie St., New York, N.Y. 10002 (mail order catalogue, $\$ 1$ )
RICHARD v. hare interiors-antiques, 130 E. 75th St., New York, N.Y. 10021 ronaldo maia flowers, 27 E. 67th St., New York, N.Y. 10021
the china closet, 6807 Wisconsin Ave., Chevy Chase, Md. 20015
the difference is, 2101 Richmond Rd., Beachwood, Ohio 44122
woolworks, 783 Madison Ave., New York, N.Y. 10021

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## How dry am I

Be kind to your Christmas plants -the ones you give, that is. It's cruelty to plants to send azaleas, primroses, or gardenias to live in an overheated, desert-dry apartment. Cactus, euphorbia, and dracaena will take those conditions, but not much else will thrive. You're being unkind to the recipients as well, burdening them with something they are not prepared to cope with. So the wise rule is give Christmas plants only to people who can give them the right kind of care. When in doubt, consult your florist, who may recommend a gift of cut flowers instead. A pretty good idea, actually, since everyone knows a bouquet has a limited life expectancy. Even the incorrigible brown-thumber can handle cut flowers successfully.

## Calendars for cultivated people

Thalassa Cruso never does things by halves. In putting together a calendar, for instance, she includes three entire years-1977 through 1979. Thalassa Cruso's 3 Year Gardening Almanac and Calendar (Knopf, \$5.95) has an oversized page for each of the 36 months, all crammed with pictures and practical information about everything related to gardening. Also, every one of the 1,095 days has its own
space for keeping track of appointments and events. Following its annual custom, The New York Botanical Garden has also published a handsome 1977 calendar, not surprisingly called The New York Botanical Garden Calendar. Each of the 12 pages has a fullcolor reproduction of one of the plates from Hortus Eystettensis, dating back to 1613 . Every day has its space for notes, and there are brief descriptions of the flowers illustrated. Available from The New York Botanical Garden, Bronx, N.Y. 10458 for $\$ 6.95$, plus $\$ 1.25$ postage.

## Easy orchids

Cymbidiums, like those on page 116 , are probably the easiest of all orchids to grow. They need space, to be sure, for their dense leaf clusters and arching stalks of bloom, and the roots require large pots or tubs. Otherwise, their only inexorable demand is for low temperatures at night. Cymbidiums simply refuse to flower unless they go through the night at a temperature no higher than 55 degrees. In the mountains of southeast Asia where they originated, temperatures often go down to freezing at night so, short of really hard frost, there is no lower limit for the temperature range. A room air-conditioned to 55 degrees at night is ideal, since it also has the air circulation that cymbidiums need. As for light,
cymbidiums need a bit of protection from the hottest midday sun, but should have full sunlight in morning and afternoon. They need a constant supply of moisture; however, they must never become soggy at the roots, so a porous, quick-draining soil is called for. An ideal mix consists of one-half shredded fir bark with 30 percent peatmoss and 20 percent sand, plus a sprinkle each of crushed limestone and superphosphate. The porous soil mixture calls for frequent watering, plus misting or sprinkling of the leaves. Yellowing leaves usually mean too much water, brown tips too little. There is no special fertilizer requirement, except that it should be a balanced formula, applied in small amounts at intervals of about a week. Late in summer, when flower buds begin to form, the fertilizer balance should emphasize phosphorous and go easy on nitrogen.

One of the best books on orchid growing-with specific instructions for all the usual kinds-is Orchids You Can Grow (Hawthorn, $\$ 12.95$ ) by Harry Britton Logan.

## Breaking the ground rules

If an order of spring-flowering bulbs arrives late, don't worry, plant them anyway. Even if you have to break through a crust of frozen ground, as long as the soil
below is loose and workable, roots will grow and push up next spring's flowers right on schedule. Daffodils may be set back somewhat, but tulips and most other spring bulbs will turn in a first-rate performance even if planted weeks later than the books and catalogues specify. Settle the earth with a good watering after planting, then spread a light mulch to keep frost from going too deep too soon, and the bulbs will respond as though nothing had happened.

## A hose to use indoors

Any indoor gardener is bound to be pleased by the gift of a gadget to simplify the task of watering. Taking a cue from the outdoor garden hose, Casa Planta, of Van Nuys, Cal., is manufacturing a hose designed specifically for use indoors. Called "Little Squirt," the 50 -foot length of spaghetti-thin plastic hose attaches to any indoor faucet. There is a drip-proof shutoff at the delivery end, with an extension long enough to reach most hanging plants. Next-to-weightless, inconspicuous enough to be left around when not in use, Little Squirt is available in houseware and garden supply shops everywhere; about $\$ 12.95$.

## All spruced up

The Colorado and Norway spruces on page 94 are only two of the better known representatives of this popular group of evergreens. White spruce, Picea glauca, a North American native, has shorter needles and smaller cones than
its Norwegian relative, and is generally more resistant to pests. Practically all the spruce species have dwarf weeping or contorted forms, useful in large rock gardens or as fantastic points of interest. Dwarf Alberta spruce, $P$. albertiana coni$c a$, resembles a pyramid of bright green moss and has no equal as a small tree for formal accents. Most aristocratic of the spruces, though, is the Serbian species, P. omorika. Fine-textured, with a silvery sheen, it is more pest-resistant than some of its relatives, hardy well into Canada, and develops eventually into a 100-foot Monarch. Colorado, Norway, and white spruces are common in nurseries everywhere outside the tropics. Ask about other species and varieties of spruce-nurserymen who don't keep them in stock generally know where to find them.

## TLC for tools

Before hanging up garden tools for the winter, make sure they're clean. Scrape off soil, scrub away sticky plant juices, fertilizer residues, or what-have-you, and polish up the metal with steel wool. Touch up cutting edges with a file or sharpening stone, and sandpaper wooden handles that may have become rough from weather or hard use. If you paint your tool handles as a means of identifying them, now is the time to renew the coating. As a final touch, go over all bare metal with an oildampened cloth. All this will pay off, come spring, in tools that are ready to go to work at maximum efficiency as soon as they are needed.

## New saucer saves carpets

Plants and carpets simply don't go together, or so, at least, indoor gardeners have always believed. The problem is that the saucer under the flowerpot dents the carpet or, even worse, collects moisture and encourages mold. A clever new flowerpot saucer seems to have solved the problem, though. Stires Carpet Care Plant Trays are raised on pointed feet. These go between the carpet tufts, so leave
no trace when the tray is moved. There are enough feet to distribute weight evenly, while holding the tray well above the carpet. Carpet Care trays, in clear and terra cotta, are available by mail from Stires \& Co., P.O. Box 81066, San Diego, Cal. 92138. An 111/2inch tray is $\$ 6.95$, a 9 -inch tray, $\$ 5.45$, a 7 -inch, \$3.95. Prices include postage; all dimensions are inside bottom diameter.



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 fully illustrated color booklet from the St. Charles Manufacturing Company offers you a preview of its versatile kitchens. Each kitchen, from color to cook tops, is custom treated to match the house and needs of the family living in it. \$25. THE NEW GENERATION COLLECTION from Scholz Design Homes is shown in this handsomely illustrated catalogue. These homes offer classic design and distinctive styling in a back-to-the-basics home -utilizing every space to the maxi-mum-reflecting the modern family's lifestyle. \$8.50

## Decorating

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## Tax strategies <br> continued from page 115

your principal place of business, or the place where you normally meet or deal with clients, patients, or customers. For another, it must be used exclusively for that purpose. And finally, it must be used regularly as your place of business. If you meet those tests and work for yourself, you have nothing to worry about. If you work for someone else, the office at home must be maintained for the convenience of your employer. People who have a regular job and work part time at home as consultants or free-lancers may well be out of luck; the law is very ambiguous, and most tax accountants aren't really certain whether a free-lancer can take this deduction or not. While this new rule applies to 1976, some tax men feel that the chances of being audited for an office-at-home deduction this year are fairly slim, because the IRS is just as confused with the new law as everybody else is.
However, here are two broad exceptions to these rules that you may be able to take advantage of: First, you can deduct the cost of an office at home if you use a separate structure on your property regularly and exclusively as your "place of business." Second, you can take the deduction if your home is the "sole, fixed location" of a product-oriented retail or wholesale business and a room is used to store inventories. (According to one tax attorney, that's an Avon Lady clause.) Whatever you do, don't try to deduct more office at home expenses than you make from your business. It won't wash with the Internal Revenue Service.

While the new rules are strict, they do not wipe out the office at home deduction for the thousands of wives who have recently started up sideline businesses, such as needlepoint designs, mail-order firms, or whatever. In fact, many women will probably start setting up these kinds of businesses simply to preserve the office-at-home deduction their husbands have lost because of the tax reform bill.

## Tips for investors

If you own a vacation home that you rent, or if you have some other kind of investments in real estate, step up planned maintenance and repairs so that they're done this year. Of course, you have to be able to prove that you're investing for a profit. And take special note of the recent tax reform bill. Under the new rules, which apply retroactively to 1976 in this instance, the amount you can deduct depends on how much you use your vacation home in relation to how often it's rented. For example, if your use of the vacation home amounts to more than 10
percent of the time it's rented, or to more than two weeks, your deductions for maintenance and depreciation can be no greater than what you get in rental income, minus what you deduct for mortgage interest payments and property taxes.
It's not really quite as complicated as it sounds. Put simply, if you receive $\$ 4,000$ in rental income and deduct $\$ 1,000$ in interest and $\$ 1,000$ for property taxes, you could deduct $\$ 2,000$ for depreciation and maintenance expenses. And here's a beautiful example of a loophole-simply stay at your vacation home for 13 days instead of two weeks, and you'll be able to deduct all depreciation and maintenance costs, even if they exceed the $\$ 4,000$ rental income.

## Taking stock

It's especially important for stock market investors to pay heed to the new tax bill. Starting next year, the holding period to determine capital gains and losses will lengthen. In 1977, any securities held for less than nine months will be treated as a short-term gain or loss. Anything held longer than that will be treated as a long-term transaction (right now, the demarcation point is six months). And in 1978, securities held for less than a year will be treated as short-term losses or gains.

What's more, you'll be able to use net capital losses to write off more of your regular income. Next year you'll be able to write off $\$ 2,000$ of your income, compared to $\$ 1,000$ now. For example, if you had a capital gain of $\$ 2,000$ on one stock and a capital loss of $\$ 4,000$ on another, you'd have a net loss of $\$ 2,000$, which is deductible. And in 1978, you'll be able to write off $\$ 3,000$ of ordinary income. Thus, it might be worth your while to hang on to a losing stock until the first business day of January, so that you can get the greater write-off next year.

If you want to qualify for a market loss this year, you have to sell the stock by December 31, which is the last business day of the year. (With short-term losses, you can take a dollar-for-dollar deduction. With long-term losses, you need $\$ 2$ in losses to reduce your income by $\$ 1$.) Any losses not used this year can be carried over into the future to apply against next year's income. Whatever you do, don't repurchase a stock you've sold for a loss until 31 days have passedyou will lose your deduction. If you think the stock is going to do well, either wait 31 days, or buy the stock of another company in that industry. (A broker can probably give you a long list of "tax swap" candidates.)

If you're worried that one of your stocks may not fare too well next year, you can sell the stock
after December 27 and automatically defer the gain into 1977. Because gains on stocks aren't recognized until five business days after the sale date, the gain won't be recognized until next year. If you want to nail down the gain this year, make it a cash salewhere sale, payment, and delivery all take place on the same day.

Alternatively, you can sell a stock at its current price and defer the gain on it into next year by selling under seller's option rules. By doing that, you can delay delivery of the stock (as well as the payment and receipt of income) for up to 60 days.

## Consider

## income-averaging

If your income jumped substantially this year, you may be able to save quite a lot on taxes by incomeaveraging your earnings over the past four years. (Anyone whose income has jumped can incomeaverage.) The greater the difference in your income from year to year, the more you stand to save by doing this. If income-averaging looks like a real possibility, you may want to limit your capital losses for the year. Reason: You have to include one-half of your capital gains when you incomeaverage, and capital losses, obviously, reduce the net gain. Note also that your capital gains, along with your other averaged income, will be taxed as ordinary income. Hence, you should work out your taxes both ways-with and without averaging-to see which one gives you a better tax break.

## Foreign conventions

If you've been debating whether or not to go to a convention abroad this year, you should seriously consider doing it. It may well be the last time you'll be able to deduct the cost of going to a convention or seminar overseas. Starting next year, you will only be able to deduct the cost of an out-of-the-country convention if the organization holding it has a compelling reason why it must be held abroad.

Even if the convention abroad is valid, you will only be able to deduct the cost of coach or economy fare-even if you go first class. Moreover, you can only deduct the fare if you spend more than half of your time on the trip abroad on business-related activities. And, your deductions for living costs while abroad will be limited to the government's official per diem allowance for the location. As you might have guessed, Uncle Sam isn't too generous. For example, in Paris, your deduction would be limited to $\$ 90$ a day-about what some restaurants charge for a meal for two. And in the Canary Islands, you could deduct no more than $\$ 34$ a day.

## A smart move

If you're thinking of moving, you'd be wise to postpone it until the first of the year. Starting in 1977, you'll be able to deduct up to $\$ 3,000$ of your moving expenses. You can now deduct no more than $\$ 2,500$. Furthermore, you can deduct moving costs as long as you move 35 miles or more away from your present home. If you moved this year, you'd have to relocate at least 50 miles away.

Keep in shape this winter continued from page 115
as I do, that skating is not just great exercise, it's something you'll look forward to doing!"

## Jogging

"Jogging is excellent exercise," says Dr. Nagler, "as long as you are in good physical condition. Jogging on snow is all right, but people who jog constantly on concrete can come up with joint problems, so watch where you do it. Also, in winter, you should start slowly, because your air tubes or lungs can contract in very cold weather when the cold air reaches them." The effect is rather the same as when you put your fingers in the freezer for any length of time. Cold air imposes an added load in the system, so if you have bronchial trouble, consult your doctor before setting off on a jogging program. "Otherwise, my advice is, build up slowly-a 30 -minute jog is perfectly adequate for most people."

## Cross-country skiing <br> "Cross-country skiing is phenom-

 enal exercise," says Dr. John L. Marshall, Director of Sports Medicine at New York's Hospital for Special Surgery, and orthopedist for the U.S. Ski Team. "It is mainly an endurance sport and it has the same effect as jogging, playing tennis, or swimming-activities you can't do so easily in winter. But remember this vital rule: You should get in shape to play rather than play to get in shape. This means you should have some knowledge of the sport first before you try it, and also good strong legs and abdominal muscleswhich means sit-ups." Dr. Marshall feels the key to winter sports is flexibility, so warm up to some degree before you start-especially important for people over 35. Cross-country skiing-and its companion, downhill skiing-are tremendous exercises but make great demands on the body. "One of the members of the New York Giants football team once came to see me complaining of stiffness after skiing -right at the end of the football season when he was in peak shape! So for those of us who aren't Giants, be even more prepared."

Back in Victorian days, a woman decorated her parlor with a lot of knickknacks and clutter because that was the style of the day. Also because it was harder for her husband to see her if she wanted to sneak a cigarette.

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# W()RLD' CARPETS <br> DALTON, GEORGIA 30720 


[^0]:    From Martex's "Home Is Where The Art Is" collection: "Sleeper" by Gary Grant, "Summer Wheat by Phyllis Silverman, "What Knot" by Sue Lauter, and "Boardwalk" by Gloria Vanderbilt. For "All About Your Home", a magazine on decorating with sheets and towels, send $\$ 1.50$ to Martex, Box 912A, Madison Square Station, New York, N. Y. 10010.

[^1]:    Franklin Porcelain
    Franklin Center, Pennsylvania 19091
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[^2]:    For more illuminating details on Orrefors crystal, write Fisher, Bruce \& Company, 221 Market Street, Philadelphia, Pa. 19106.

[^3]:    Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

[^4]:    $1 / 2$ pound fully ripe Concord grapes
    1 medium orange

[^5]:    Coasual FURNITURE

    Telephone: $\mathbf{2 3 8}-5668$

[^6]:    12. THERE IS A NEW SPIRIT LOOSE IN THE KITCHENJohnnie Walker Red. Exciting booklet gives a variety of recipes from appetizers to desserts including flaming spectaculars using Johnnie Walker Red, fine Scotch whiskey, Somerset Importers Ltd.
