# HOW TO DECORATE FOR N TO DEVELOP IR OWN ORATING ENTS-A TEST COLOR, CHARM AND COMFORT D ADVICE DM AN EXPERT

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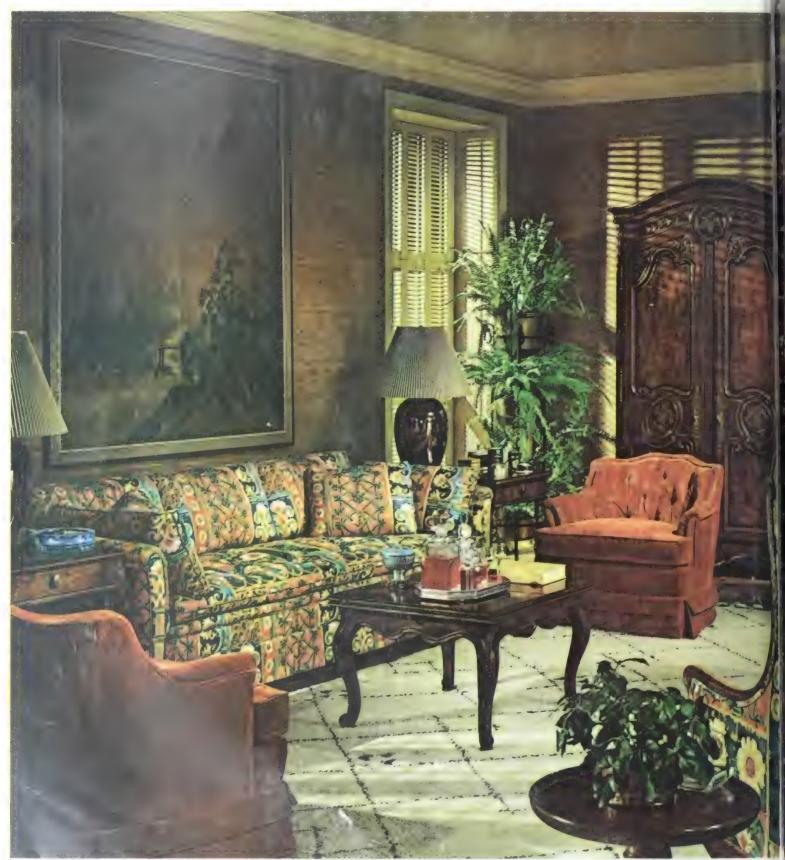
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Glass can help build your own special ment into your new home. The house he Murphys built, June Murphy will tell is filled with special moments.

wanted to plan our own home—a conprary—so that we could take advantage the new things there are to live with '. Materials, conveniences, comforts. et we wanted a design that would put e—rather than intrude on or destroy iany beautiful old things we have here. of the plantings that surround the e are 60 years old, just now beginning ow their true beauty.

ur architect used a lot of glass to give member of our family his or her own ents with a favorite view.

here's a large sliding glass door on ide wall of our breakfast area so Ray njoy a beautiful, old redbud tree where hung a bird feeder. Meg's room has a -to-ceiling picture window that looks onto a peaceful garden. And my favorite is the one off our bedroom—a secluded that's nestled among the tops of some greens.

If course, we haven't used glass only ews. The clerestory windows we have ighout the house were put there to ice the light from the large glass areas. you know, remarkable things happen. ' hour of the day, as the light changes, nood in each room changes. Even on dreary days, the whole house is alive light.

ur old house was much larger, but ne seems to have so much more space. t's certainly more exciting to live here."

ect: John Bloodgood, AIA

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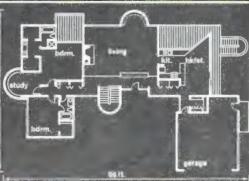
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DECORATING FEATURES-ELECTRONICS TODAY'S LIVING EDITOR-FLOOR COVERING

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VOL. 143 NO. 3

SILVER-CHINA-GLASS FABRICS-WALL COVERINGS-READY-TO-USE JOYCE MACRAE DECORATING FRANCES PHILLIPS ASSISTANT

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HOUSE & GARDEN IS PUBLISHED BY THE CONDE NAST PUBLICATIONS IN

THE CONDERNAST PUBLICATIONS IN BERYL. RUSTON, President ROBERT J. LAPHAM, Vice President NANDER J. LAPHAM, Vice Pres. Gen Mgr. HAROLD G. MEYER, Vice President OANIEL SALEM, Vice President (Overseas) J. PAUL YOUNG, Vice Pres.-Cir. Dir. FRED C. THORMANN, TreaSurer MARY E. CAMPBELL, Secretary





ON THE COVER: Crocus-fresh, a room as full of color as it is of charm and comfort. The broadest sweep of color is provided by the walls-surfaced in a new striated plywood paneling available in over a dozen House & Garden colors. This one is Parrot Green. The colored and textured finish is wipable and, when you feel like a change, paintable. Love seat, chair, and ottoman also have their share of practicality. Each has a pure cotton slipcover that can be whisked off, cleaned, and whisked on again. The patterns are charming, the comfort beneath them, luxurious. "Bright-Ons" plywood panels, each 4 by 8 feet, by Evans Products. All furniture by Baker except the lacquered table from Paul M. Jones. Aubusson rug from Stark. Love seat fabric from Papier Peints (quilting by Guild Needlecrafts); chair and ottoman fabric from Quadrille. Porcelain lamp from Frederick P. Victoria; American Primitive watercolors from the Kennedy Galleries. This same corner of the room will be recreated in the Baker Gallery at B. Altman & Co., New York. For shopping the providence prove 127

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> BUT AT LEAST YOU CAN DINE

It's no fairly tale that the Queen of England chose Aynsley Bone China; and that the president's daugt ter took Waterford's FOR the Discovered only To see all the patterns in Waterford & Aynsley color write for free book ato and For Average Took York Lato For once in a sectors

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# There's something almost "sinful" about being an Interior Decorator.

You can get paid handsomely for doing what you love to do. Arrange beautiful pieces of furniture, rugs, draperies, etc. Go on buying trips (even to Mexico and Europe). Advise many wealthy, interesting people. Enjoy the discounts and tax deductions not open to everyone. Even set your own hours. If all this sounds "too good," read on.

Putting together rooms that are both beautiful and livable is the work of an Interior Decorator.

But it never seems like work. Because no day is exactly like any other. There are always new challenges, new people to meet, new ideas to evaluate.

It's a pity that more people don't take up Interior Decorating, professionally.

Designing interiors means that you would be buying and handling beautiful, beautiful objects; warm and timeless antiques; distinctive rugs and a wealth of beautiful colorful fabrics; paintings; lamps; accessories to add the finishing touches. And so much more.

When you combine them all, creating, as you will, a room that is beautiful, comfortable and even dramatic—it is as satisfying as creating any work of art.

The people you buy from are artists, cabinetmakers, collectors, designers, and importers. People whose creative zest for life is bound to affect yours.

Interior design is growing so fast (*Forbes* magazine calls home furnishings, "perhaps the hottest growth field in the 1970's"), that jobs abound for trained professionals.

You can often choose a job with very flexible hours. Or set up your own business, right in your own home. And expect to be paid very well for your time.

You may wonder why more people aren't crowding into this rewarding, fast-growing field.



Of course, it's not for everyone. You have to love it. And until recently, professional training in Interior Decoration has not been readily available.

But now you can get thoroughly professional training. At home. On your own time schedule.

#### Train at home

Today, ICS, America's oldest home-study school offers a complete, practical and up-to-date program in Interior Decoration and Design.

The entire program is based on the experience of John Gerald, the founder of one of America's topflight decorating firms.

And you can be sure there's no dull, dry text. Marguerite Rittenhouse, Ph.D., a well known educator, worked closely with Mr. Gerald. She also checked out every lesson with untrained but interested women, as well as sales people in furniture departments and decorating shops to make sure each idea or way of working is not only interesting but logical and easy to follow.

Right from the start, you work with top-notch professional equipment. Templates, sketching materials, architect's scale, folding rules, T-square, triangle, fabric swatches and color charts are included in the material you get. (The basis for your business workshop later on.)

#### Ways to make learning easier

You also receive: a three-dimensional viewer and 130 slides that put you "inside" rooms; and a cassette tape player with tapes modern audio-visual learning aids that bring your lessons dramatically to life.

Each lesson takes you one step closer to your goal—the confidence and knowle dee you need to be a professional.

Soon you'll be analyzing a room's architecture, exposure, and traffic patterns like a "pro."

You'll talk expertly about furniture periods, oriental rugs, color, balance, lighting, and more.

You'll master all the principles of Interior Design: form, proportion, scale, balance, and unity.

#### Your home as a showplace

Your friends will first notice the difference in your own home. You'll know it from their comments. Your advice will be sought. And you'll know you're ready to make a place for yourself in Interior Decorating. At this point your lessons change from the principles of decorating to the practice of making money.

You'll learn how to get assignments. How to charge. How to set up your own business. Even what to say to clients who want to bring friends on shopping trips (*never*)— or to those who want you to talk budgets with their husbands(*alizays*).

You will be asked to complete assignments and return them to ICS. Skillful, interested instructors will review your work. Suggest new ideas or alternate solutions. Then return your corrected assignments to you with their comments.

#### Extra help as near as the phone

Although you work at home, you're never alone. You can call ICS —Dial-a-Question—toll-free—any time of day or night—to ask any questions about your studies.

Interior Decorating is an ideal part-time career that can grow into a full-time job when you're ready. And ICS is the ideal way to study—at home.

#### Send coupon for free information

To find out whether becoming a professional interior decorator could give you a more interesting and rewarding life, simply mail the coupon today. We'll send you by return mail "Should I Become an Interior Decorator?" a helpful booklet containing the questions you probably have on your mind right now and detailed information that will help you answer those questions

We'll also include a demonstration lesson so that you can see how you can develop professional skill in interior design at home on your own time schedule. There is no obligation whatsoever.

#### **ICS** School of Interior Design

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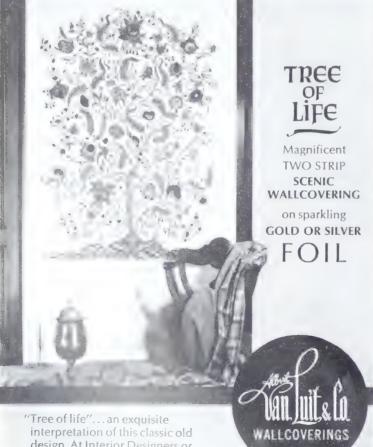


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## QUESTIONS ANSWERS: Antiques

#### **BY LOUISE ADE BOGER**

#### SPANISH CABINET

Can you tell me how old my Spanish cabinet is and what it was originally used for? C.T.—Interlaken, N.J.

Your cabinet, called a vargueno, was designed for documents and other valuables and used also as a desk. It was Spain's most distinctive piece of cabinetwork. Yours probably dates from the 17th century. The stand it's on appears to be original.







ENGLISH TUREEN

I would like to know the history of this tureen that I've had for many years. I've sketched the mark that is on the ladle handle and bottom of tureen. R.E.J.—Houston, Tex.

The Staffordshire potters Samuel Alcock and Company were active at Burslem from about 1828 to 1859. They registered your pattern "British Birds" at the London Patent Office on June 4, 1855. Their blue printed earthenware enjoys a fine reputation.

#### AMBROTYPE

As archivist for our Ursuline community, I want to know something about this photograph on glass we were given. Can you help?

*M.A.G.—Louisville, Ky.* Your picture is an ambrotype-



a photograph on glass needing a dark background to show the picture. Invented by James Ambrose Cutting (1814-1867), it succeeded the daguerreotype in the development of photography.



#### BRISTOL TYPE VASE

I believe this vase is very old. It is blue, as dark as the British Museum's Portland Vase. Can you date it for me? R.B.—Hillsborough, Calif.

Your glass vase is the Bristol type made in England in the late 19th century. The classical form and decoration attest to the popularity of classicism at this time. *Continued on page 14* 

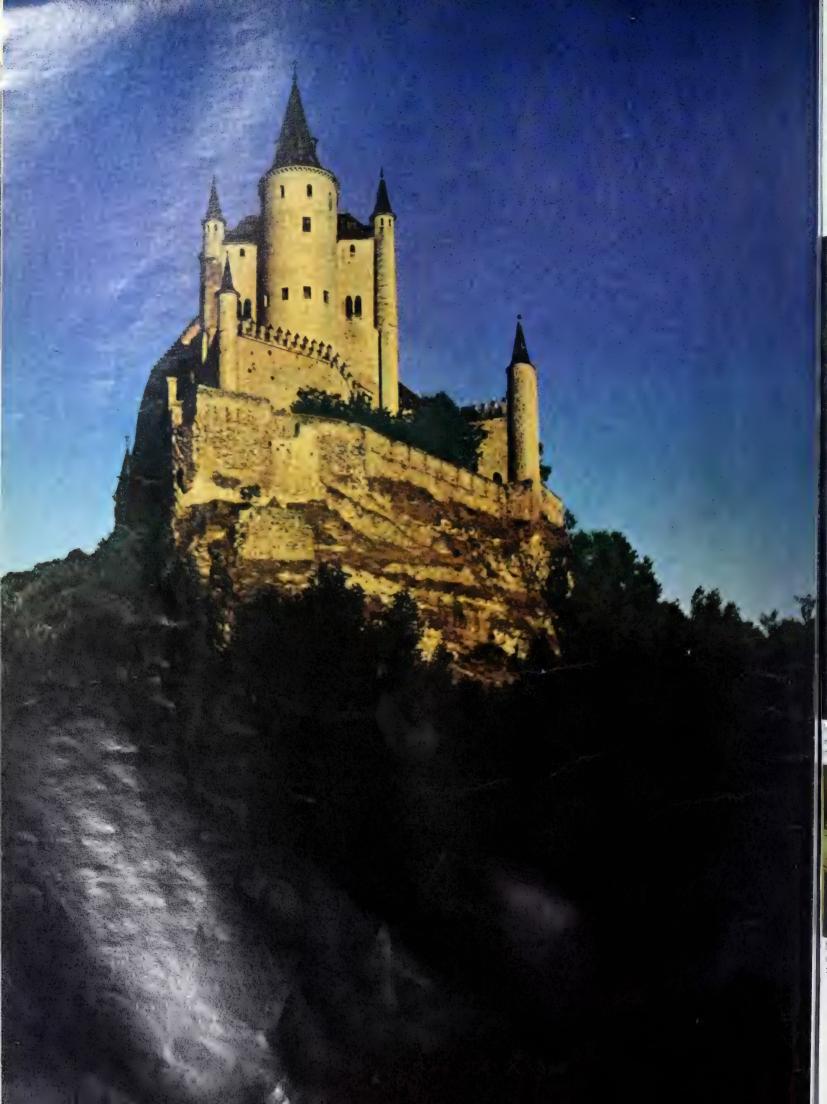
## Shades of the Tiffany look!

When Mr. Tiffany first saw those pagoda umbrellas shading Driental royalty, he went home and designed a lampshade. You oved it. We loved it, too. But it's been around a while. So now Sears takes the look of open-weave cane and bamboo, and pdates the Tiffany!

Table lamps, floor lamps, chain lamps. All U.L. listed. With pal glass globes and walnut-finish columns. Sensational! They'll add something special. A shade that actually decorates a room.

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The Cane Collection. Only at



## Burlington House is a castle in Spain.



For a spectacular window? Tailored draperies by Burlington House. Instead of tie-backs, try gold silk cord and huge formal tassels.



No time to prowl Madrid's flea market for an old chest? The new ones by Burlington House feature same fine woods, heavy hardware.



Regal dining hall demands heavy, richly-carved furniture, which just happens to be a specialty of Burlington House. Here, the Spanish Mediterranean look in fine,



For the bedroom of the castle (or the bedroom in your co-op), a bed-and-bath ensemble by Burlington House. Geometric embroidery on the towels and sheets is reminiscent of designs often found on old Moorish tiles.

rich veneers: dining table and carved chairs, china closet, and pedestal table. In contrast to dark stone walls, plushy spice-color carpet by Burlington House.



A table this beautiful deserves roses in a silver vase. More fun? Fresh vegetables in an old kitchen basket. Today's centerpiece is tomorrow's vegetable soup.

If your castle in Spain is a co-op in Chicago, you and Burlington can make it beautiful.

## Burlington House all through the house.

For carpets, for rugs, for furniture, for draperies, for bedspreads, for blankets, for sheets, for towels. Burlington Industries, Dept. D, 1345 Ave. of the Americas, N.Y. N.Y 10019

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Norman's of Salisbury

#### ANTIQUES continued from page 10



#### FRENCH WASHSTAND

My husband purchased this anity. It has two drawers. arvings on the front and on l. gs. Can you identify it? P.E.J.—Denver, Colo.

Your wash-hand stand provided with a towel rack at either end is of European,

perhaps French. manufacture, dating about the 1880s. The cabriole legs tell immediately it is in the French Louis XV style.

#### SECOND EMPIRE CANDLE HOLDERS

Your figures of a faun standing on a tortoise and balancing a classical urn on his head are indeed candle holders. They suggest an insouciance that is typically French and probably date from the time of the Second Empire, 1852-1870.



#### MING DYNASTY CHAIR

My uncle who lived in Peking gave me this chair and said it was Ming Dynasty. Is it? R.G.T.—New York, N.Y.

Your splat-back chair could date from the late Ming Dynasty, 1600-1644. Like all early Chinese furniture, it possesses a timeless simplicity in keeping with the classical tradition. To be sure of its authenticity have it examined by an expert.

#### STAFFORDSHIRE PLATE

From this picture of my blue willow plate and its mark can you tell me its age and its place of origin? M.K.—New York, N.Y. Your mark, which includes the pattern



name "India Temple," was used by the Staffordshire potters John & William Ridgway (J.W.R.) at Shelton, Hanley, between the vears 1814 and 1830.



#### SAND TOY

This antique toy has been in our family since 1860. Trickling sand makes the figure dance. Can you tell me something about it? A.C.J.—Brownwood, Tex.

The use of the sand motor on toys was developed early in the 19th century when Ger-

man and French creative artists outbid each other for the world market. The toys were in wooden boxes framed in glass. The trickling sand set in motion cardboard figures connected by wires or cord to wheels and ratchets.

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come alive.

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11 - 1

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THOUGHTS FOR the ostess

#### **BY MARY MOON HEMINGWAY**

It's always stimulating to whet the imagination, to look at the familiar with fresh eyes, to question foregone conclusions. A case in point is food. Try thinking about it in terms of the total look of the table—the colors and textures of the food plus the colors and textures of the table appointments and decorations. You can start either way, with the table or the menu. In both cases it's a matter of style, of putting together the right combinations for the occasion at hand. So herewith are some menus and looks to start you thinking.

**Country lunches or suppers** (great for après ski, too): 1. A big chafing dish of cream-enriched scrambled eggs with side dishes of minced *fines herbes*; bacon-fried croutons; sautéed sliced mushrooms; diced tomatoes; diced green peppers; red caviar and a boat of sour cream. The guests trim the eggs to suit themselves. With this, hot muffins and biscuits. Dessert—apples, pears, sharp cheese. *The look*: A giddy calico tablecloth (easy to make yourself), pottery or pewter plates, mugs for beer. Show off the apples and pears in a wooden tub or wire egg basket.

2. A large tureen of savory, clear soup to be furbished with garnishes of julienned tongue, chicken, cooked carrots and turnips, persillade (chopped parsley and garlic); with additional bigger bowls of cooked barley and rice for those with a heartier appetite. Lots of homemade breads and sweet butter. For dessert, small tarts. *The look*: Do it up in black and white —a black or white-and-black cloth (try gingham); red nap-kins; white stoneware tureen and bowls (Pfaltzgraff's modern adaptations are handsome); wooden breadboards of all shapes for the breads: individual wooden bowls for the garnishes, perhaps: and as centerpiece, a house plant or plants in a basket and black candles in low holders around it.

3. A generous casserole of plain spaghettini, linguini, or fettucini dressed with a choice of sauces: meat, white clam, cheese, and pesto (garlic and basil), plus a green salad with fennel: Italian bread: grated cheese; and a dessert of peaches baked with sugar, butter, and Marsala, topped before serving with toasted, slivered almonds. *The look:* Checkered tablecloth and napkins; bread baskets; a mound of polished vegetables in the center wreathed with votive lights in red cups; squat wine glasses.

*Classic dinner parties:* Beef, bird, and ham can provide well turned out dinners with a difference.

1. Shrimp cocktail with saffron mayonnaise. Standing rib roast au jus with Yorkshire pudding and, as a vegetable, watercress blanched rapidly in salted water and heated in butter (cresson étuvé au beurre). For dessert, peach ice cream sauced with kümmel-soaked strawberries and raspberries. The look: A silvery gray cloth or doilies (old damask dyes beautifully); all the silver pieces on hand that can be used appro-Continued on page 20

## Timeless compliments start with beautiful Gorham Sterling, China and Crystal.

Each Gorham Original is conceived not just as a knife or fork—a cup or saucer—a goblet—but as a work of art. A masterpiece of total design, so each piece is in perfect balance with the other in size, shape, mood, and decorative motif. The magnificent result is timeless beauty—individually and totally.

For example, Gorham Strasbourg Sterling was the latest thing in Sterling seventy-five years ago. It still is. Gorham total design assures that a pattern like Strasbourg will always be both timely and timeless.

This timeless design is also reflected in the sparkling perfection of Hand-blown, Gorham Strasbourg Full-lead Crystal and Gorham Renoir China. They blend exquisitely with Strasbourg Sterling for the ultimate in timeless beauty. Other Gorham complements for Strasbourg Sterling are shown below.

Timeless compliments start with Gorham Sterling, China, and Crystal- and they grow more beautiful with the passing years.



rham Fine China and Hand-blown, Hand-out Crystal designs shown from left to right: Lorenzo de' Medici Green China with Full lead Gorham de' Medici Crystal, Chinoiserie China with cent Green Crystal; Bridal Bouquet China with Gorham Platinum Crystal; Baronial China with Tivoli Crystal, GORHAM DIVISION OF TEXTRON, PROVIDENCE, R.I. © 1972 GORHAM It's a make-up room, shaving room, first aid room, hair combing room, dressing room, reading room, private conference room and more.

It's also a room your guests are likely to visit.

Yet, often it's the forgotten room. Take a good look at the bathrooms in your own house — or in any new house you are considering. Are they up to the standards of the rest of the house in convenience, comfort, beauty?

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## Cooking with Ekco can save money, vitamins and even your nerves.

Cooking with Ekco can also save you a lot of time and trouble.

The reasons are simple once you understand a few facts about the way Ekco Flint pots and pans are made – and how they help you do a better job of cooking.

#### There's more

#### than meets the eye.

Every Ekco Flint pot and pan is made with three layers of metal. The outside layers (the ones you see) are gleaming stainless steel —



for easier cleaning and greater durability. The inside layer (which you can't see) is carbon steel. It's a radiant heat

core that distributes the heat and cooks food evenly, all around, like an oven.

### Foods simmer in their own rich juices.

The special rims on Ekco Flint cookware also contribute to better cooking. When you lower the heat, a vapor seal is formed between the rim and the cover.

You can then cook with less water and lower heat.

This is helped by Flint's self-basting lids. They re-cycle moisture and let foods simmer in their own rich, natural juices.

So with Ekco Flint cookware, you don't boil out the vitamins and flavor you pay for.



#### Meats shrink less.

Cooking with lower heat and less water not only makes your food taste better (and makes it better for you), it can actually stretch your grocery budget.

Because meats don't dry out in cooking, they don't shrink as much. So you serve more of the meat you pay for.

Flint stainless steel cookware saves you money another way. It lasts. It won't chip or crack or discolor. The handles stay tight. The lids fit snugly year after year. (And if that doesn't relax your nerves a little, we don't know what will.)

In fact, Ekco Flint cookware is guaranteed for 15 years.\*

You can find Ekco Flint stainless steel cookware in

money-saving sets or in 26 open stock items. Buy now and save. Vitamins, money and your nerves. For the name of your nearest retailer, write

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priately; white flowers (camellias floating in a silver dish, perhaps); white candles; best fancy china.

2. Clam bisque. Capons or a small turkey plump with a rice, raisin, and dried apricot stuffing; honey-glazed sweet potato balls; braised endive. For crunch, beaten biscuits. For a finish, chocolate rum chiffon pie or cold chocolate soufflé. *The look*: Pink, peach, or yellow napery; gold and white china; beeswax candles; and an unlikely, lovely arrangement of sweetheart roses and kumquats spilling out of a low container, or pink carnations and tangerines in a pile.

3. Scooped out, whole, small, pickled beets filled with chopped eggs and tarragon-and-chive mayonnaise. Fresh or smoked ham glazed with brown sugar, orange juice, and champagne. Chopped kale dusted with Parmesan cheese. Spoon bread. And for dessert, baked rhubarb and midget gingerbread cupcakes. *The look:* Green and white—white linens, green candles, and, instead of flowers, massed mixed green leaves and pale green grapes.

#### Lightly satisfying menus, light bright looks to match.

1. Jellied borscht. Mushroom roll with hollandaise sauce; chicory and avocado salad; brioches; lemon sponge. *The look*: Pastel doilies; pastel china; individual bouquets in small stemmed glasses at each place matching a larger center bouquet; carafes of vin rosé.

2. Hot vichyssoise. Cold roast beef in aspic studded with carrot and pickle rounds, capers, and egg slices. Cold rice and tomato salad. Popovers. Unexpected finale, sliced apples topped with crumbled blue cheese. *The look:* Natural straw doilies; beige napkins, amber glass; brown- or gold-toned china; center of interest, a pretty basket of pale yellow and white dried flowers.

3. Cucumber rounds spread with flaked smoked salmon or sturgeon moistened with dressing. Quiche Bourbonnaise; spinach salad; strawberries Chantilly (stirred into whipped cream and chilled two hours). *The look:* Floral print mats or cloth (make your own from a dress lawn); plain, bright napkins; glass plates and a glass container tumbling over with a mixture of small flowers and trailing ivy.

#### Have you ever thought:

Of food in the round? Turban of sole . . . puréed lima bean ring . . . ice cream repacked in a circular mold.

Of staging cocktail food? Spaghetti mix with sour cream in a red pepper shell . . . shrimp or caviar served in ice bowls you make yourself . . . an assortment of dips in tall goblets circling a bowl of chips . . . miniature Coquille St. Jacques served with oyster forks.

#### Have you seen:

The new transparent, column candles by Village Bath Products—3-, 6-, 9-inch beauties, blue, red, purple, orange yellow, green?

The Lucite mirror place mats to use individually or as a glittering covering en masse?

The "Lanius" pot, the clay Römertopf, now with four skewers and a longer sword for combining skewer cooking and clay baking?

Corning's Creative Glass—heat and cold resistant, fifteen pieces to use as whim demands? Clear virtuosity!

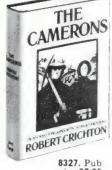
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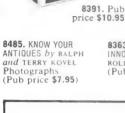
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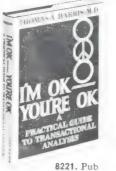
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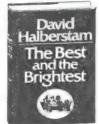
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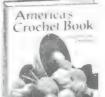
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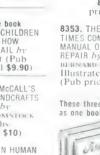
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**9 PM:** Oh, oh. What's that unfresh feeling? All that trouble douching—and you can't even be sure how long it'll work. If only you could leave the party now.

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#### SOME NOTES ON GOOD LOOKS & GOOD HEALTH



#### BY REBECCA WARFIELD

Fashion has always been a take-sides issue. Ever since ever, there have been those who sought it and caught it and others who scorned and abhorred it, but in every period Fashion always seems to be a giant visual of that age. So as we see our. selves not only in our own mirrors but in this particular mirror of our time it might be interesting to listen to some voices' speaking on the subject from Then—from Now....

From the Bible we are told "Judge not by appearance." but the opinion of the worldly La Rochefoucauld was, of course, to the contrary. He believed "Only in unimportant things do we dare not trust to appearance."

Kenneth, who is the Sage of Beauty and Looks, thinks that without a doubt the greatest going Fashion is Health. He sees a deep and remarkable concern for the pursuit of healthy hair, a new absorption with all creative forms of skin health. As to the shape of hair, he sees it as a definite silhouette curved or angled but a continuous smooth outline . . . He thinks that make-up should go over a cherished complexion and used not for cover-up but simply self-expression. He really wants "the people to show through."...

Montesquieu felt that "A wise man ought to retire and withdraw his soul from the crowd and there keep it at liberty and in the power to judge freely of things. But as to the outward form and appearance absolutely follow and conform himself to the fashion of the time. It is the rule of rules and the absolute law of laws that everyone observes those of the place wherein he lives."...

Carol Phillips of Clinique was astonished to discover what seems to be a whole new region of fashion—hands. "I can see in almost all the young girls under twenty-five a delightful new preoccupation with hands. It has come about rather suddenly. Many hands seem like poems. And they are tended nightly, constantly creamed, the cuticles oiled. The nails are delicately shaped and usually lacquered in the deepest winy, bronze shades. These are the new Exquisites and they seem to be working out a new erogenous zone."...

That eminent Victorian William Hazlitt made this judgment in the year 1825, "Poets, artists, and men of genius, generally are seldom coxcombs for they find something out of themselves better worthwhile studying than their own persons."...

Pablo, Elizabeth Arden's artist, looks at each person as an individual art form with Fashion for them now just a collection of small Elegancies based on utter simplicity. What counts is *Continued on page 26*  When furnishings are scrubbed "steamed" or shampooed or when "do-it-yourself" sudsed powdered or sprayed much or all of the clinging, greasy grime goes deeper, temporarily out of sight, till it seeps back to resoil the surface.

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## GOOD LOOKS & GOOD HEALTH continued from page 24

a wonderful watch, a miraculous piece of leather, a mouth so perfectly constructed with a brush in such appealing colors it has the perfect quality of a Fabergé jewel . . . a blazing cleanliness of hair, skin. teeth . . . touches of some marvelous *opinionated* perfume and masses and masses of rouge—the stand-in for health—and, in his view, the true mark of a contemporary face. . . .

Mark Twain, in words that have been falsely attributed to Oscar Wilde, wrote in 1867, "No woman can look as well out of the fashion as in it."...

Evelyn Marshall, who imagines the faces for quite a few fashion collections here and abroad, is enthusiastic about Now. "I am excited about the look," she says and means it. The complexion is paler beneath lips that are bright and cheeks that are bronzy, coppery. And as a result there's very little color on the eyes, but lashes are definite and brows are around again. She sees skin care as a fashion too—not just cleansing and moisturizing, but treatments, massaging, rests taken with feet at an angle to send the blood rushing to the face are deeply indulged in. And why not—as Miss Marshall says—"the face is all important, the first place the eye goes and an instant test of beauty. Pass that and you're in."...

It was Oscar who said "It is only shallow people who do not judge by appearances."

At Max Factor the look is wide open, healthy as all outdoors (before pollution) with explosions of brightness at the eyes and the nails. One mating up that has a great deal of charm is the case of the bright yellow eyelids paired with dancing daffodil nails.

One more Oscar—"Fashion is that by which the fantastic becomes for the moment universal."

At Charles of the Ritz the signs point to a breezy, health-iswealth look on one hand and the soar of fantasy on the other. This is where one of their face-makers, Nicholas, has gone on a pale color binge for the revival of *Irene*, a melting 1919 musical that flowed back to Broadway lately. He did the costumes with an eye out for everybody else, taking the idea of decorating your face to a new level. In one case where the costume is rose, the eyes are violet surrounded with rose even to the eyebrows. Next change of costume to green so the eyebrows become the palest green. Next fashion—rainbow eyebrows?

Jamaican proverb: "Follow fashion make monkey cut him tail."

At Estée Lauder they have some specifics to follow. For instance, a reminder that if you are wearing satin, and you don't want to look dull shine your face all up. If you want your mouth to assume a new smaller shape, avoid the corners and concentrate the color right in the middle of the lips—a temporary delusion of the optic nerve that works. If you want a whole new look on the face, try their new color washes that flood across the face like dawn coming up in the morning sky....

Nicolas Boileau who wrote L'Art Pcétique in 1674 knew that "Every age has its own fashion in pleasure, in wit, in manners."... (Continued on page 28)

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You'll see. Windex, America's leading window cleaner will take a shine to your kitchen, and your bathroom too!

#### GOOD LOOKS continued from page 26

#### NEW THIS MONTH IN THE STORES (For the knowing faces, the means of new Know How)

CHARLES OF THE RITZ. Eyes Catch Eyes. In a rather catchy move, Charles of the Ritz is making a new face that really reaches out and grabs. The eyes, in the punchiest colors seen in some time, come tearing out of a complexion that seems blessed with one of these expensive-looking early tans, so the face has the quality of a continuing surprise. Those eyes flicker with the brightness of Forever Blue, Endless Green (like the treetops in the hot sun), Lingering Lilac, Persistently Plum, Perpetual Pink. These Shining Eye Pomades are \$5 each. The face is a sheer wave of glow by means of Honest Bronzer that comes from a tube in four intensities of color. \$5. All at Bloomingdale's: Denver Dry Goods; Filene's.

HELENA RUBINSTEIN. A Look Maker. Powder is back and reborn and Helena Rubinstein has a special new incarnation that they feel really civilizes a face. They call it Skin Life Transparent Loose Face Powder and like to see it worn over a foundation or instead of one. It is an invisible factor that pulls a face together, gives it an indefinable look of composure. In four degrees of non-color. It's \$5 at Bonwit Teller; Marshall Field; J. W. Robinson.

REVLON. Pastels with Guts. For spring, for their Moon Drops Collection, Revlon has zinged a lot of life into ordinarily washy colors and called them pastelles. The All Weather Creme Makeup is not shiny but the kind of iridescence you see on a butterfly's wing (if you're lucky), a peacock's feather. Seven degrees of skin tones, \$3.75. The cheek color, All Weather Creme Blush is neither a gel nor a cream, is, as they put it, "like a slithery soufflé." In six shades, each \$3.25. The lipsticks, Luminesque Frosts, shout out in many clear tones. \$1.85 at Bloomingdale's; Marshall Field; Macy's, San Francisco.

GERMAINE MONTEIL. Action Where the Color Is. Anyone who has gotten the message of those excellent and sophisticated Acti-Vita skin things of Germaine Monteil will be eager and curious to see what happens when the interesting ingredients move into cosmetics. The Acti-Vita eye colors even come a new way—in wands with their own brushes—making color newly easy to use. Among the colors that flow out of it are a bright green, a Shell. \$6. The lipsticks, educated by vitamins and proteins keep the lips smooth and soft. In twelve colors, with Peach Blossoms and Dogwood Beige particularly outstanding, they're \$4.50. The Under Eye Cover is handily packaged in a lipstick case. Its gossamer consistency disguises circles by refracting light instead of blanketing them with pigment. \$5. After March 5 at Saks Fifth Avenue; L. S. Ayres: Neiman-Marcus.

MAX FACTOR. Kiss and Tell. In a group of amusing, amazing lip glosses, Max Factor lets you play a game too. Each color smells like a flower and even tastes like one. Well now there's a Honeysuckle Rose that's a deep pink and smells like roses; a Red Carnation is spicy, nostalgic; a very delicious redviolet smells like those little dark purple flowers. Orange Blossom's the cool kind of color so becoming to a tan tanged up with the taste of orange juice. Gardenia is a clear gloss, dewy and smelling like those thick, creamy petals. In small, clear plastic boxes. \$1.75 each at Bloomingdale's; J. L. Hudson; The May Company.

Plastic Bottle

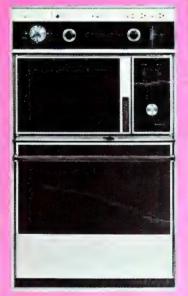
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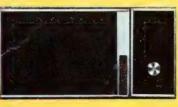
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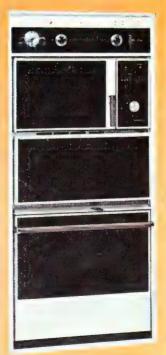
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(6) MC11-PORTABLE-115V



(2) MTR11-BILT-IN-115V CABINET (3) MTR12-BILT-IN-240V MOUNTED



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### A GARDENER SPEAKS HIS MIND



#### BY WILLIAM B. HARRIS

Nearly all of the practical information about gardening is easy to explain or demonstrate, and as easy to absorb, for it is precise: Spread the roots when planting; put the top of the bulb 4 inches below the surface; use 1/2 pound per 100 square feet-these are but a few of gardening's many tidy directions. But when it comes to watering, the few practical directions are for outdoor irrigation. How to water potted plants cannot be conveyed in words or diagrams, for this is an art. Art is defined by Webster as "the conscious use of skill, imagination, and judgment to effect a desired result." In other words, like all arts, the art of watering is learned from experience, but in this instance no particular aptitude is required.

Directions for watering plants outdoors are easily followed. "Apply 1 inch of water a week" requires little judgment. Just measure the time it takes for a straight-sided can to collect an inch of water at one-half the sprinkler's radius. If the weather stays in the upper 80s and the humidity is low, put on another inch. There is nothing complicated involved. This applies to any soil rich in humus. Sandy soils low in humus require more; heavy soils require slow application to minimize run-off. Some garden writers have added some twists. Don't irrigate at night, they advise. Well, don't let it rain at night, either. We irrigate at night by choice-there is usually less wind; no sun means less evaporation. The only drawback is staying awake. This nonsense about not watering at night probably comes from the problem greens-keepers have with Bent grass-wetness causes fungus to grow on it in humid climates, but how many of your friends have golf greens for lawns? "Don't turn on the sprinklers in full sun" should be changed to "turn on the sprinklers in full sun if that is convenient." So the only question about outdoor watering is the usual one: Do you have enough water?

When man first put plants into ? pots and "gardened" with them, he threw a roundhouse curve at the simple farming practices that govern ordinary outdoor gardening. When the first plants were potted is not recorded in history, but it must have been at least a thousand years before the building of the Hanging Gardens of Babylon. Plants in pots are as much out of their natural environment as people in airplanes. Ask any nurseryman with a greenhouse where he suffers his biggest plant losses and nearly all of them will point to a greenhouse where plants are grown in many containers of varying sizes. Inexpert watering is the cause.

With the rise in patio, as well as indoor, gardening, it would be well at this point to follow a pro around a greenhouse to find out what he does that makes him an artist in this kind of seemingly simple work. His hose has a rosespray and a simple valve that he turns to adjust the flow of water. He moves deftly, flicking his nozzle from pot to pot, but making sure that some of the fine spray falls on the pebbles on which the pots sit. That's for humidity. He talks to the plants. Some gardeners say that carrying on a conversation with plants is good for them, and I would be the last to deny this bit of mystique-dogs love a bit of small talk and cringe from an angry voice; turkeys gobble in unison at a word; cows let down milk voluminously when talked toand some dairymen keep them listening to music. Some university researchers say flowers like Continued on page 37

#### A GARDENER SPEAKS HIS MIND

continued from page 30

classical music, but haven't said which.

As this pro moves around the benches, he can be heard saying to the plants, "You look mighty fine today, my pretty. . . . So you are dry again, just as I expected. . . . You are soaking! Pot-bound or no drainage? . . . I guess I missed you last time. Sorry." The point, of course, is that he knows the plants so well that he can make instant decisions based on his experience. It makes little difference to him if someone else, equally competent, has taken care of the plants when he has been off for the day. But he is enraged if someone with no skill has spelled him. Most of the time this professional can tell from the look of the soil, and the pot, if the plant needs water, and he can fulfill its exact needs. At times he will tap a pot with the nozzle and from the sound decide to water it or not. This is the old "plink-plunk" test-if "plink," the plant needs water, if "plunk," it doesn't. It is a good test, particularly for amateurs, although they have trouble determining the difference between the sounds of pots of different sizes in their terrace or window gardens. There is an easy way to practice the plinkplunk test. Take three clav pots each of, say, four or five different sizes. Leave one empty, fill another with dry potting soil pressed down hard, the third with tamped-down soil watered until it leaks a bit through the hole in the bottom. Now strike each and get the sounds firmly fixed in your mind. Do this a couple of times, maybe more, the first day, but keep practicing for several days-and at the same time strike your planted pots to hear their rings. The pots with plants will sound different because their density is not the same-the compost is different: some are heavily root-bound; the pots themselves, certainly those ten years or older, may be made of different materials. But at least your ear will have a guide. You may feel ridiculous playing these dreadful tunes, but watering is a dreadfully serious business.

Now try a sight test. Look at the outside of the pot. How far down the sides is it moist? Then look at the soil on the surface. Can you tell its degree of dampness just by looking at it-with guidance, of course, from the pot itself? The odds are against your getting it right the first time, so test it. Is the surface dry to the touch, damp, wet? How far down? Dig in at the edge of the pot to find out. If the soil isn't moist, air has replaced water to some degree, so you water enough to drive out the air. How much? I don't know. I'm not there. You are the one building experience. I can say that you want enough water so that moisture, not water, fills part of those air spaces; it should never be waterlogged. (Note: Fill saucers with pea gravel, or coarse sand, to their tops, so that excess water drains away from the pot.) If excess water does not drain away in a few minutes, you have a plant that is not able to breathe for long periods after watering. Oxygen is as necessary to the roots of a plant as water; if watering is continued you may somedav have on your hands a plant that is wilted but soaking wet. This is more trying for a plant than wilting due to lack of water, for a dry plant will usually perk up a few minutes after it is watered. When the greenhouse pro said, "You are soaking! Pot-bound or no drainage?" he didn't stop to find out but went back later. This plant, a tuberous begonia, sat on a flat board, which was part of a staging. He moved the pot and water gushed out-the pot had developed a water seal at its base-so he threw a couple of pebbles under the pot and went on with his work. If this had not been a fix, he would have knocked the plant out and checked the amount of crock (broken pottery) in the bottom; if rootbound, the plant would have had to be planted in a larger pot.

Because of the mass of roots on the surface of a large patio planter or tub, you can't even dig into the soil to find out if it is wet or dry. I have a tree lantana, now about 125 years old, over 6 feet tall with a 6-inch trunk. We have root-pruned it twice in the last twenty years, but it is so rootbound that looking at or even feeling the soil surface for moisture doesn't work. Experience has taught us that when the tree is in full growth during summer it needs a thorough watering Continued on page 177

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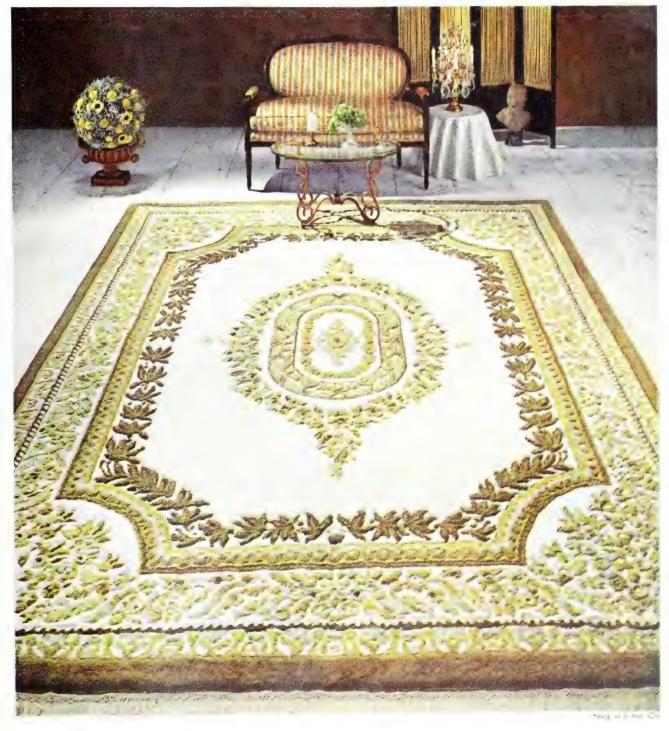
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LOOKING TOWARD THE 1976 BICENTENNIAL CELEBRATION

## A Great American idea AN ANTE-BELLUM HOUSE RESTORED TO ENRICH A COMMUNITY

Once one of the sad and beautiful wraiths pictured in *Ghosts Along the Wississippi*, a photographic eulogy to ante-bellum houses, Madewood Plantation House, having run the span from splendor to dereliction, is again one of the marvels of Bayou Lafourche. 60



miles from New Orleans. Built in the eight years between 1840 and 1848 by Thomas and Eliza Pugh. the house was called Madewood because all of its lumber was cut from trees on the planta-

Opera benefit at Madewood

tion. Even the clay for its bricks, 600,000 of them, was native to the property. By 1964, well over a century old, almost a shell and no longer habitable, the house had become a storehouse for hay and a refuge for small animals, not all of them domestic. Vines grew through the windows, ceilings either sagged or had fallen, and only the strength of the walls and the fantastic brick foundation of aqueduct-like arches buried 8 feet in the ground kept the old ghost on its feet. Up for sale, it was purchased by Mr. and Mrs. Harold Karin Marshall who, with their sons, Donald and Keith, spent the next four years in painstaking, backbreaking, loving restoration. Everything that could be done by four pairs of willing hands was done. The task of ridding the house of its flotsam and jetsam was horrendous, but the family worked until Madewood was pared to the bone. Skilled workers were then brought in to do what the Marshalls could not, and eventually the house regained its beauty.

It also gained something more. It is the Marshalls' country house (parents have a town house in New Orleans, son Keith has another, the home of a family enterprise. The Downtown Gallery). It is open to the public as a historic house, and gradually it is becoming a community center for fostering the arts. Sponsored by (and for the benefit of) the New Orleans Opera Association, excerpts from operas have been staged in concert form on the rear veranda. The Delta Ballet Corps has danced on the front lawn, and last year a Fête Champêtre was held that included both opera and ballet, an alfresco Creole dinner, dancing in the ballroom, and spirituals sung under a grove of moss-hung oaks. Guests wore ante-bellum

#### BY KENNETH BATES

costumes, some new, some old and treasured. Louisianans love their heritage—and they like to dress up.

This year the program is more ambitious. From April 29 through May 6, a Madewood Arts Festival will take place that will include the staging of a complete opera (hopefully, *Così fan tutte*) on a thrust stage built out from the rear veranda, concerts, spirituals, and jazz, a film festival. literary and historical seminars, poetry workshops and readings, a complete series of classes and instruction in both the fine arts and crafts, a juried fine arts exhibition, and a grand ball as a climax. A fee is charged for each activity, but only enough to cover expenses. People may subscribe to a single seminar or several. As Keith Marshall says, "It's more than just a festival. It's a chance for people to get away from daily routine and enjoy a week of personal enrichment."

For that matter, personal enrichment is to be had

the year around. The Downtown Gallery in New Orleans is one of the city's most imaginative art centers (an exhibition of the work of Erté, the great Parisian costume and set designer of the twenties and thirties, will open the night before Mardi Gras). and from time to time exhi-



bits make their way to Madewood to hang in the old carriage house. The Marshalls have also taken great pains to furnish the main house in the way they hope it looked 100 years ago. Some of the furniture was designed by Mrs. Marshall's father, who was an architect: some is the work of Belter, the great American cabinetmaker; some of it, very rare, is regional Louisianan. A Pleyel piano brought from Paris as a wedding gift to Mrs. Marshall's grandmother sits in the ballroom, and occasionally the family finds an English or Welsh piece that antiquarians think may have belonged to the original owners, the Pughs, who came from Wales and brought their furniture with them—a custom of the day. Old roots to plant in a new country.

Madewood is open every day of the year except Christmas from 10 until 5 o'clock. The entrance fee is \$2 for adults, \$1 for children.



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#### A BUILDING BULLETIN BY WILL MORRIS

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#### **Hamburgers M&R**

1 pound ground beel V2 teaspoon salt Dash of black pepper 1/4 cup Martini & Rossi Extra Dry

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Rule of thumb: In any recipe that calls for dry white wine, use M&R Extra Dry Vermouth.

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The hazard of forgetting to open the fireplace damper before lighting a fire, or the chore of opening and closing it by hand, is eliminated in Majestic's new Gasilator. This factory-built fireplace, left, 16 inches deep, 37 inches high, has a control switch that automatically opens the builtin damper as it ignites the gas logs and closes it when the fire is extinguished. The 36-by-24-inch firebox opening includes a sliding fire screen. Majestic also has a new wood burning fireplace, the Tudor, that needs no framing or masonry foundation and can be installed against existing walls and on any floor, because it has triple metal walls that insulate it.

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#### 1. A NEW ERA IN MOTORHOMES IS BEGINNING.

Before we started building our MotorHome, we studied every other type of motorhome that exists.

We found that the simpler the basic construction, the fewer the problems. So we started with a strong, durable, steel perimeter frame and attached to this a cage of heavy aluminum ribs.

On top of this, we bonded both aluminum and fiberglass panels molded to a smooth finish. It's the same construction people are flying all over the world in.

Except now you'll be driving. Then we sprayed the interior with a thick, rigid polyurethane foam for thermal insulation and noise suppression. This polyurethane foam has six times the insulation value of fiberglass. Which means the GMC MotorHome has better insulation than most homes. On or off wheels.

#### 2. MORE POWER TO YOU.

To give you excellent road performance, we installed a 455-cubicinch V8 engine up front and coupled it to a 3-speed Turbo Hydra-matic transmission. We coupled that to a front wheel drive unit with a 3 to 1 ratio and put it all on top of torsion bar springs and stabilizer bar.

With our low overall body weight,

it all means getting up to highway speeds quickly. Excellent traction. Excellent weight distribution.

#### 3. A MOTORHOME IS NO FUN IF IT'S NO FUN TO MOTOR IN.

We took our basic construction and raised it only 15" from the ground. This puts the center of gravity only 37 inches above the ground. For easy handling.

See the rear wheels. We put one behind the other for four reasons: To give you a wider base. More room inside. Greater stability than you'd have with dual wheels. And so we could place a special air spring between the two wheels to pass the bumps from one to the other

#### instead of to you!

These air springs are the only ones of their kind on motorhomes.

To keep the weight and balance of the interior within design limits, we fed all the data into a computer. It fed back what we needed to put things where they belong.

#### 4. ABOUT OUR SIX-WHEEL BRAKING SYSTEM.

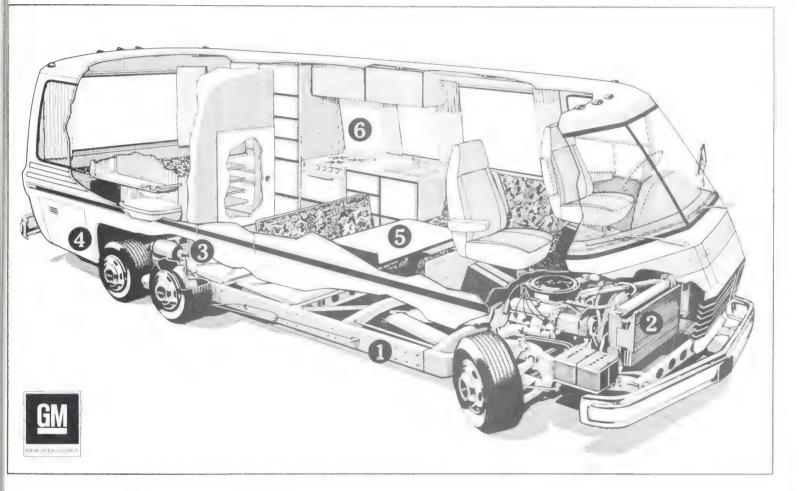
middle, a double sink, 6-cubic-foot refrigerator (it's electric so there's no pilot light that'll blow out), a range and oven with exhaust hood. There's also a bath with all the necessities plus ample cabinet space.

That's one floor plan. There are 14 more available.

6. WE INCLUDED TOP INTERIOR DESIGNERS IN OUR PLANS.

## 7. ONE-STOP, ROUND THE CLOCK SERVICE.

Your GMC MotorHome dealer services everything he sells. Inside and out. From the engine to the air conditioner and furnace. And there's a toll-free number you can call and immediately get the number of the nearest MotorHome dealer representative available for assistance around the clock.



In addition to power steering, there's a six-wheel braking system with power disc brakes up front and four large finned-drum power brakes in the rear, plus an available leveling device operated from the driver's compartment for parking on uneven ground.

Incidentally, the parking brake grabs all four rear wheels.

#### 5. CHOOSE FROM 15 DIFFERENT FLOOR PLANS. TWO LENGTHS.

The GMC MotorHome is available in 23- and 26-foot lengths. The standard 26' floor plan includes a dinette that converts to a double bed opposite a sofa that turns into double bunks. In the To put the finishing touches on the inside, we had *House and Garden* magazine's interior designers help us.

The driver and passenger seats are high, contoured seats with built-in arm rests. This high-level seating arrangement, combined with the big, wide-angle windshield, offers you panoramic visibility.

Évery counter top has rounded corners. All cabinet knobs are eliminated. Every hinge is concealed.

There are thick, shag or cut pile carpets. And wood-grained vinyl on the walls and cabinets.

You also get a choice of four color-coordinated interior decors.

For our 28-page, four-color catalog, write GMC MotorHome Headquarters, Drawer Y, Dept. 111, Lansing, Mich. 48909.

Better yet, see your GMC MotorHome dealer. He'll be glad to show you around the house. Have a good life.



## The MotorHome from General Motors.

Robert Trent Jones is very choosy about where he builds his golf courses. That's why he picked just one location in the Carolina Sandhills: Carolina Trace. He put 7,000 challenging yards through 1500 acres of lush woods, cool ravines and a 300-acre lake. And the result is a course unequalled in the area, the acknowledged golf capital of the world.

You can taste the magic of Carolina Trace. Spend three days and two nights in a plush 2-bedroom condominium overlooking the 80-foot elevation drop of the par-three 17th. Enjoy the course to your heart's content. You'll have continental breakfast and a gourmet dinner in the elaborate glass clubhouse overlooking the lake. There'll be a moonlight cruise just for you on the club's 28-foot party boat. And if you ever tire of golf, fishing, swimming and tennis await you.

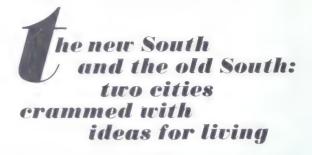
The entire package for two couples staying in the same condominium is \$75 per person, including transportation to and from the Raleigh-Durham Airport.

For a vacation you won't soon forget, call collect 919/499-5121. Or write Reservation Office, Carolina Trace Golf and Country Club, Post Office Box 2250, Sanford, North Carolina 27330.

# **CAROLINA TRACE**



#### GOING PLACES, FINDING THINGS IN ATLANTA AND SAVANNAH



#### BY NANCY MCCARTHY

Somehow it doesn't matter that Grant burned Atlanta over a himdied years ago. With not much left to preserve, Atlanta finds itself today with both feet in the 20th century. There's lots of money in Atlanta and lots of business. The airport has almost as much traffic in a day as O'Hare or Kennedy. Georgians say that when they die they don't know where they'll have to go but undoubtedly they'll have to change planes in Atlanta. If you end up in Atlanta there are a few things to know; lots of the action of the city goes on at home and in clubs. And that's usually where you find the best food. But for a visitor the best thing to do is to treat Atlanta as a World's Fair of Architecture, an encyclopedia of contemporary commercial, architectural amusements. Don't bok for the old South here. Head straight for the Hvatt Regency Hotel where you walk into a lobby with a ceiling an enormous skylight 24 stories up, and like the spiraling ramp in New York's Guggenheim Museum, the whole hotel opens onto a center court. Elevators, like Arabian teardrops, glide up and down a freestanding column. They also shoot up to the top of the hotel and beyond it to a blue-plastic, revolving domerestaurant called the Polaris where bright orange frozen drinks that look like scoops of sherbet are in glasses you can take with you. Back down in the huge open lobby is another Polaris-looking dish that serves as a bar lounge, a 13-ton space parasol tethered to the floor with a 2-story parrot cage bolstering it. The parrots' jungle screeching pierces the entire hanging greenhouse interior of the hotel. made up of floor-after-floor of balconies, rooms, and enormous aerial planters trailing ivy. This Hyatt Hotel is part of architectdeveloper John Portman's Peachtree Center, a downtown renewal project that includes other hotels. office buildings, and shops and malls and restaurants patterned after restaurants, sidewalk cafés, and gardens the world over. At the desk of the hotel or at the Chamber of Commerce's Public Information Department (call 521-0845), vou can find out about and get tickets for what's going on that night. And there's always something going on either at the Memorial Arts Center (which houses a theatre, art school, a symphony hall that's also used by the ballet company, and the High Museum itself) or at the Civic Center where there are musicals, pop stars, and the venerable Metropolitan Opera when it comes on tour. This year the Metropolitan will be in Atlanta from May 7 to May 12 and the Atlanta Music Festival Association (Box 12181, Northside Station, Atlanta, 30305) handles tickets. According to Sir Rudolf Bing's account of his vears with the Metropolitan, he and the company all loved to visit Atlanta because of its love of the opera. Atlanta has prided itself on treating all of the arts the way it has opera. The result is a rash of new auditoriums, theatres and centers-all architecturally adventurous and the subject of controversy pro and con, and not to be missed.

The Peachtree Center is part of this architectural renaissance, and like most of Atlanta's new building, it's all up. But you could miss what's going on undemeath Atlanta unless you asked directions. Under modern Atlanta's viaducts and overpasses exists a historic commercial district only partially burned by the fire. In old bars and warehouses is a collection of restaurants, shops, and nightclubs that range from gay nineties saloons to former Governor Maddox's axe handle shop, which he still mans himself on weekends. Sparring with Maddox is fun to do after dinner at the Rue de Paris, a French-food, French-waiter, tricolor decorated restaurant local people come to. After dinner there are W. C. Fields movies and banio music at the Ruby Red. You can go down to the Underground day or night but on a warm spring night it has the carnival atmosphere of an Italian block festival. Outside, a restaurant called Down-the-Hatch (they've faked a whole Spanish galleon in the basement) is a giant wall-sized Coca-Cola sign. Atlanta is full of this handsome logo in all its forms, billboard to neon, which, especially in its older versions, makes blockbuster examples of found Pop Art.

One place downtown, but not in the Underground, that specializes in homemade Southern cooking is Pitty Pat's Porch. You sit in a rocking chair for drinks and have tiny fried chicken wings as hors d'oeuvres. A recipe for Georgia fried chicken comes from Mattie Elder, the Comer Tennings cook, whose angle on these golden recipes is deceptively simple: Salt and pepper the chicken, dunk the chicken in flour, melt Crisco in an iron skillet, put chicken in hot grease, brown first on one side and then the other, cook covered. After the chicken she serves peach cobbler. "I don't even always use fresh Georgia peaches. The canned ones are just as good." Empty a can of peaches, juice and all, into an 8-inch Pyrex dish, sift over them 2 tablespoons of flour, a cup of sugar, break notquite-a-stick of butter into nobs and scatter over the peaches, roll out a piecrust (2 cups flour, 1 cup Crisco, 4 tablespoons of water) and fit over the mixture. Bake in oven at 400 degrees for 30 minutes. Serve with ice cream.

One of the most amusing things to see in Atlanta is the Swan House, certainly Atlanta's version of Newport's monsterscale, turn-of-the-century houses. Swan House is an Italianate stone villa built in the twenties that most people expect to be the house that Scarlett and Rhett built when they moved to Atlanta. Behind it is something called the Tully Smith house, a simple ante-bellum wood dwelling, built plantation plain-style. A cookhouse in back is fragrant with food of the period-wonderful sweet combread, molasses cookies, whole-wheat breads. The doors are painted with a buttermilk and red clay wash. The Coach House, the third building in the Swan House trio, is full of gifts and Womans Exchange-like items and has a good tearoom restaurant. For high quality, down-home shopping there is a series of shops along Peach Tree Road beginning with "Granny Taught Us How" and ending with Cloudt's, a gourmet grocery store with its own tearoom. Granny has old quilts from \$75 to \$100, beautiful gingham cushions, calico angels, gingham and white piqué underskirts for the Christmas tree, new quilts for not a lot. An odd jaunt, but also good for quilts, is a place called The Golden Age Enterprises where retired or handicapped women will make up quilts to your design and you can bring your own fabrics or choose from theirs. Some people bring a fabric they've already used in a room to have it worked into a quilt. Stuffed into a cabinet or rolled up in a corner are often some of the most beautiful old quilts you've ever seen. Usually they've been given to the shop for the women to copy. Sometimes Mrs. Hughes who runs the place will let you buy them. The prices are so low that you'd be ashamed not to pay twice what was asked. They will mail anywhere.

Rich's, the Atlanta department store known not only as the place to shop in the city but also for its civic activities provides extra yardage to these women and also sells aprons, cushions, and table covers they've made. The Rich's antique shop has treasures from all over the world. The same go-to-the-source sort of shopping draws many visitors to a tiny country community of antique shops called Vinings on Paces Ferry Road just outside Atlanta. Many of the shops get in big shipments from English estate sales and sell them direct out of these warehouse shops. Continued on next page

# Write ahead for a vacation into the past.

Write for our beautiful free booklet and recapture yesterday in Colonial Williamsburg. Find a sunlit garden. Then turn the page to a bustling craft shop or discover an eighteenth-century house still glowingly alive. Write. And, when you've finished the booklet, come see Colonial America for yourself. After all, yesterday is only a day away. For information, color folder or reservations, write Box CN, Williamsburg, Va.

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#### THE NEW SOUTH AND THE OLD SOUTH

continued from preceding page

Some days there's nothing. Some days there's something you want.

On the other side of town from Vinings is a Charles Addams-looking house called the Wrecking Bar where Pete and Wilma Avgikos sell antiques that include anything but furniture. Bits of statuary, doorknobs, grillwork, beams, mantels, stone cornices, windowframes, medicine chests, lamp fixtures, beautiful wooden doors. They ship anywhere but if vou've bought lots of things, it could take a railroad car to get it all home.

Outside of Atlanta is Stone Mountain, a great big hill of a solid granite outcropping that has Jefferson Davis and Stonewall Jackson carved on the sides. A Swiss tramway runs to the top (in spring it's fun to hike the distance), and a railroad wraps around the base. The best of Stone Mountain is a reconstructed ante-bellum plantation down the road. The buildings were brought here from all around the state and they are placed much closer together than they would have been on a real plantation. Look for the mother in law's room on the ground floor of the big house, plus the summer dining room on the same level, the latter being down there because it was the coolest place in the house in the summer. The Thornton House, another of the plantation's nest of nineteen reconstructed and restored buildings, was built in 1790. It's far more Spartan than the big house with a mixture of pine furniture made on the place and imported English furniture.

Very often businessmen with appointments in Atlanta during the week take their wives to Calloway Gardens on the weekend. Carved out of Georgia badlands after the war by a retired textile businessman called Cason Calloway, the gardens consist of lakes and hills and woods and vistas, masses of azalea in the spring, wildflower trails, holly walks and greenhouses with hanging baskets and beds as elaborate as the most beautiful spring garden. In addition to its horticultural and botanical draw, Calloway is mecca for golfers. If your husband is renting a golf cart, try renting a bicycle and riding through the 17 miles of drive that winds through the gardens while he goes around the course. The

azaleas dominate the landscape in the spring, but on a gray fall day the holly walks are especiallv vivid. There are 400 varieties of holly in the gardens-some of the berries are as big as grapes and come in big grape-like clusters. The best place to eat at the gardens is by the lake in a big lodge with an enormous fireplace. In the summer it's nice to sit out on the big roofed porch and look at the water. For dinner there's quail, catfish, hush puppies, plus vegetables that come from Calloway's own kitchen garden. To stay the night or the whole weekend, the Calloway Garden's Holiday Inn is one of the most attractive of its category with lots of natural wood used indoors, blue and white gingham wall coverings, bird and plant prints on the walls. Apart from the Inn and strictly for families is a grove of cabins. some A-frame, with wonderful double decker double beds done in bright colors. There's a drivein check-in at the gate.

It would be easy enough to do all your Christmas shopping at the Garden's Country Store where they ship pecans, smoked hams, grits, and bacon plus some wonderful jams and meat sauces made ever so locally from a muscadine grape. Small versions of the country store are also in the Atlanta airport.

#### SWITCH GEARS AND HEAD FOR SAVANNAH

For all the rise-up, build-up of Atlanta, a thirty minute plane ride southeast to the coast gets vou to Savannah where low-rise and progress soft-pedaled comes as as much of a surprise as if the grits at breakfast had been blue. To see both cities within a few days of each other has to be a vivid experience for anyone whose home city needs some doing up. If you looked at the international skyscraping profile of the new downtown Atlanta and thought of new civic centers at home, Savannah will give you quite a different idea about what vour options are. Though Savannah wasn't burned as Atlanta was, years of neglect and ignorance aided by the absence of any effective zoning laws had left Savannah's historic sections in pretty much slum-shape until ten

years ago. Today historic preservation and restoration is the newest and biggest business in Savannah. The fight against highrise buildings is as important to its economic prosperity and progress as the billion dollar steel and glass high-scrape skyline is to Atlanta's. Any Savannahañs driving you through the city can barely keep his hands on the wheel when it comes to pointing out and explaining how certain squares came to be restored, the battles that were involved, and the beautiful concrete evidence of what they've been working for -the graceful, tidy, tree-lined squares lined with row houses or double houses all expressing the prosperous serenity and good looks of old houses repaired and recently painted. The head of the Historic Charleston Foundation, Lee Adler, remarked ruefully of the career of the Foundation and its battle for aesthetics that will mean money, tourism-done-right, and low-key, low-rise, modern-living for Savannah-"I went to a wedding the other day and the only person in the room I wasn't suing was the bride. High rises grow like bananas once they get started."

Arriving at the Savannah airport on a warm spring night, however, all vou encounter is a furry darkness that goes peep, and night air that's fragrant not with the smell of blossoms but of the earth itself. The baggage claim is outdoors and everything in my mind geared back down from the modern-day international tempo of Atlanta to the human scale where my senses woke up. In Savannah the trees that are growing along the streets and in her famous squares-the little parks that occur regularly at intervals of a couple of blocks -have been there for hundreds of years. The efforts of Savannahans to preserve old trees are just as passionate as for preserving commercial and residential architecture of all periods of their history. I staved at the De-Soto Hilton, right in the middle of the historic district and from my room on the 10th floor (it's one of the tallest buildings in town) I told time by the clock on the church steeple, the chief monument visible from my balcony. One of the best street maps I found is used as the paper place

mat in the coffee shop downstairs and was the beginning of orienting myself.

In Savannah vou can see everything on foot, though maybe it's more fun to see it by bike. which the Historic Savannah Foundation will rent to you right from their desk in the hotel lobby. Or go one more and get one of the guides who, for \$12.50 an hour, can take you on a onceover-quickly tour and direct you. to things you'd like to revisit. She will also be up-to-date on what buildings are being restored, who of the local citizenry was involved, how much he bought it for (some houses went for \$8,000) five years ago), what he put into it, and what it sold for at a later date. Or how the Foundation itself uses its revolving fund to buy something and hold it until a a buver comes along.

The houses that give the city the look it's known for are the 19th-century row houses. Most of them have high porches, said ( to be that way so that the dirt 1 off the unpaved streets wouldn't blow into the parlor. Many of \_ these houses go on tour in the spring. This year the days are March 20, 21, 22. Though not really a garden tour, a few of the a stops are "peek-ins" where you are invited to peek in over the back gate at what is considered the most charming of these tinv scaled-down city gardens. In addition to the tours is a series of seminars given on related topics -among them silver, ironwork, and furniture of the period. Some of the tours are at night by candlelight. One of the best places to have dinner after a tour is the Pink House, which is just that plus being one of the oldest houses in town. There are several small dining rooms since the whole house is set up as a restaurant. The menu consists of Savannah-interpreted French food and local favorites like sweet potato soufflé and corn pudding spliced in. The yeast rolls are so big and fluffy they almost look like popovers.

There's a great deal to see in Savannah whether vou're there during the time of the house tours or not. The historic section breaks down into several areas highlighted by museums and house museums. The Davenport House, 324 East State St. on Columbia Square, is one of these

ese museums and also the edquarters for the Historic Saanah Foundation. In its basenut offices it has reprint copies f back issue of Antiques magas that featured Savannah m 7. There are good pictures accounts of much of what 'll want to see in this section. rood-looking Georgian mani, the Davenport House gives st visitors the feeling that they ld move right in because of lavout of the house and the infortable size of the rooms. fe Foundation shop also sells memade pepper jelly (to serve h cream cheese and crackers), hch chutney, and Georgia rel-. Close by is a little tearoom in festored slaves cabin. It serves bs and watercress sandwiches ad shoo-fly pies and scones. Pert for light lunch.

Another house museum with a lich place within walking disice is the Owens-Thomas ouse, built by Charleston's best own architect, William Jav. is is a wonderful, witty, and inintive house with iron painted

to look like wood, wood painted to look like marble, a stairway inlaid with brass, a flying bridge that connects the top of the stairway with another part of the house's second floor, and most amusing to me were the circular moldings that made square rooms look Adam-like. Another molding-an early attempt at air conditioning-provides a lattice around the top of the room that's meant to pull the hot air up and out. Not far from the Owens-Thomas is Mrs. Wilkes's boarding house where the fare is hearty, simple, and everybody eats elbow-to-elbow, boardinghouse style, at big tables. It closes at 2:30 for lunch and 8 for dinner. Get there early.

There are in this same area a few good antique shops, and most of their things are English. Everyone in town knows them all and will recommend them according to what you want. One of the best of them belongs to Jim Williams.

The riverfront is one of the Continued on next page

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most interesting points in the historic section. It exists today just as it did in the heyday of Savannah's naval stores and cotton trade. The basis of the wharf is a retaining wall of ballast stones built up in the late 18th century. Part of the stores tucked into this blocks-long wall are below town level. Built on top of them on the bluff are warehouses and offices for the cotton trade. The large cobblestone look of the ballast is covered with a local brick, called Savannah Gray, made almost 100 years ago and now very valuable because of the softness of its color. In the center of this long series or ramp of buildings sharing one façade is the old Cotton Exchange, built over the earliest form of air rights as it sits not on a foundation of stores and warehouses of ballast but over a slip to the river.

Several restaurants are opening up on the wharf side of all this. They are very cave like when you enter and all have the exposed ballast or Savannah Gray brick for interior walls. One, the Boarshead, is good for fish and a

prime rib. Its windows look out to the water. For less serious fare, the Exchange Tavern offers sandwiches and you eat off old sewing machine tables. Right in front of the Exchange Tavern you can board Captain Sam Stevens's "The Waving Girl" for a two hour tour of the Savannah River marshes and waterways and islands. Afterward there's time still to go to the Maritime Museum where all four levels from wharf to town-side are filled with exhibits of scrimshaw plus collections of ships in bottles and sailing ship models mounted on tables made from hatch covers.

One of the most interesting documents on Savannah is a book. Basically a catalogue of historic houses, it has page after page of tiny pictures of houses listed according to their historic importance nationally and locally. This survey was made to convince the people of Savannah of what they had. Today it provides a point of reference when a particular monument is being torn down by a developer who might want to use the space as a parking lot. There should be such a survey in most small cities in the United States, and it is perhaps the most influential thing, though heavy, that you could take home with you.

No one can have walked through the streets of Savannah without noticing houses painted in now unfamiliar colors. The same goes for interiors. Some of them are historical colors. Some are very modern. Now, however, instead of going home to your painter and trying to explain what things looked like, you can buy that same paint in Savannah at the Warno-Cam Paint Company and, failing that, even at a distributor at home. The Historic Savannah Foundation and the Martin Senour Paint Company got together, did some research, which included preserving paint chips from old houses where traces of the original color still existed, and worked out a whole Savannah Spectrum of colors. There's a pink just like the color of the Pink House. And a "Tabby White" derived from the early "cement" called tabby, which

was made from oyster shells and lime. There's also a "Haint Blue," which is the color the blacks used to paint their windows in order to ward off evil spirits.

A good-looking pants suit takes you breakfast through dinner anywhere in Georgia. A blazer is enough of a coat over a skirt or pants. Take along a raincoat. Delta and Eastern are major airlines in and out of Atlanta. Delta has 8 nonstop flights daily from Chicago and 16 from the New York area. Eastern has 13 nonstop flights from New York and 10 from Washington, all daily. Piedmont flies from New York but has in addition very good service linking many of the Southern states. If you're driving, you'll find the familiar welcome of the big motor hotel chains, such as Holiday Inn and Ramada, throughout Georgia. I took my copy of the Mobil Travel Guide for the Southeastern states with me on the whole trip. It's about the size of a suburban telephone book, and serves as a good double check on local hotels and restaurants.



See your travel agent or write: Jim Pope, Vice President & General Manager, Box 54, Grand Hotel, Point Clear, Ala. 36564. (205) 928-9201. MEETING PLANNERS: SEND FOR OUR GRAND CONFERENCE BROCHURE



Spring is a great time to visit the Southern states. The weather is mild, the countryside ablaze with azaleas, dogwood, camellias, rhododendrons. And if you've already seen the obvious tourist attractions, get into a car and take in the special local events. There are pilgrimages to houses of architectural and historic interest not generally open to the public. And you can join in the revelries at wonderful folk festivals (have you ever been to a Hell Hole Swamp Festival?). Here are a few events to whet your appetite. There are many more. To ferret them out or to get accurate dates for events not available vet, contact the local Chamber of Commerce or state department of tourism given with each section.

#### VIRGENIA

Mar. 8-10. Antiques and Arts Show and Sale, Richmond, Apr.

S-L. 27th Annual Williamship Garden Symposium A presido day exploration of horticulture and garden design. Williamsburg Apr 1929 24th Annual Dogwood Festival. House tours, parades, games, fashion show. Charlottesville, Apr. 21-28, 40th Annual Historic Garden Week in Virginia. Tours of private houses, gardens, historic landmarks. A state-wide event. Apr. 24-29. International Azalea Festival. Historic and scenic tours. Pageantry. Norfolk, Apr. 28-29. Historic Garden Tour on Virginia's Eastern Shore. Tours of homes and gardens. May 2. Seafood Festival. Ovsters, clams, eel, fish, crab. On Chincotcague Island May 4-6. Virginia Crafts Council Craft Fair. Display and sale. Mc-Lean. May 5-6. Lonesome Pine Arts and Craft Festival. Big Stone Gap. June 26-27. 31st Annual Lilv Show. Lexington.

Tourist information: Virginia State Travel Service, 911 E. Broad St., Richmond, Va., 23219. TENNER.

Dogwood Arts Festival. Art and flower shows. Knoxville, Apr. 28. Summer County Pilgrimage. Tour of historic houses, Gallatin. Late Apr. Phlox Festival, Flower show, tours, craft exhibits. Crossville. May 5-12. Cotton Carni-. A York to addu and house tours, parades, pageantry. Memphis. Early May. Carter County Wildflower Tour. Elizabethton. May. Heritage House Tour. Tours of famous homes. Memplus Late May Felk Lestival of the Smokies. Folkmusic, dancing, craft demonstrations, folklore. Gatlinburg. June. Rhododendron Festival. Roan Mountain.

Tourist information: Div. of Tourist Information and Promotion. Dept of Conservation, 2611 West End Ave., Nashville, Tenn., 37203.

#### NORTH CAROLINA

Mar 11.1.3 Tryon Palace Symposium on the 18th-century Decorative Arts. This year's program: Chinese Export porcekans, furniture of the Southern Piedmont, selection and care of Oriental rugs. New Bern Apr.

tival. Statest ille. Mid-Apr. House and garden tour. Southern Pines. May 12. Martin Luther King In-

Durham, Late May or early June North Carolina's Feast of the Pirates. House tours, regatta, moonlight cruise, tournaments, Ear To day W Wilmington, Carolina Beach, June 29-30. Old Homes Tour, Includes Spanish pirate invasion: antiques sale and show, Morehead City.

Tourist information: State of North Carolina, Dept. of Conservation and Development Travel and Promotion Div., P.O. Box 27687, Raleigh, N.C., 27611.

#### SOUTH CAROLINA

Mar. 10. Great Jazz Stars. Myrtle Beach, Mar. 15-Apr. 31. Arts and Flowers [updoe Side stall shares exhibits, concerts. Charleston, Mar. 16. Candlelight Tour of Historic Houses. Houses and gardens open only on this one date. Charleston, Mar. 16-18. Chapman's Antique Show, Myrtle Beach, Mar. 17. St. Michael's Town (House) Tour, Charleston, Mar. 21 House Tour, Contemporary and historic homes Continued on the 2 page



along the Pee Dee River. Conway. Mar. 22-25. Living Show. Landscaping, interior decoration, and outdoor living. Columbia. Mar. 23-Apr. 15. Festival of Houses. Seven different candlelight and afternoon walking tours. Charleston. Mar. 31. St. Paul's Spring House Tour. Mar. 31. St. Michael's Plantation Tour. Charleston. Apr. 1. Walking Tour of Small Gardens. Charleston. Apr. 1-15. Florence Gardens and Beauty Trail. Prizewinning gardens open to public. Florence, Apr. 5. Home and Garden Pilgrimage. Columbia. Apr. 5. Historic Beaufort Foundation Town Tour. Beaufort. Apr. 6-7. Georgetown Plantation Tours. Houses, gardens, and churches. Georgetown. Apr. 6-8. Greenville Antique Show Green ville. Apr. 11. Kershaw County Historie House Tour. Camden. Apr. 12. Spartanburg House and Garden Tour. Spartanburg. Apr. 13-15. Come-See-Me. Garden and house tours, arts, crafts, Rock Hill. Apr. 14. The Governor's Fourth Annual Frog Jumping Contest. Also marble shooting, horseshoe and voyo contests. Greased pig chase. Country

music and dancing. Springfield. Apr. 14. Historic Homes Tour. Greenwood. Apr. 14. St. Philip's Church Plantation Tour. Charleston. Apr. 14. Edgefield County Tour of Homes. Edgefield. Apr. 14-15. St. Lukes Tour of Homes. Hilton Head Island. Apr. 14-15. Cheraw's Historic Buildings, Homes and Gardens. Cheraw. Apr. 21. Garden Club of Charleston Easter House Tour. Charleston. Apr. 27-29. Cheraw Spring Festival, House and garden tours, antiques show, arts, crafts. Cheraw. May 1-20. Spring Fling Fiesta. House and garden tours, dog shows. Murtle Beach, North Grand Strand, South Grand Strand, Georgetown. May 4-6. Hell Hole Swamp Festival. Moonshine making, tall tales contest, dancing, country music show, house tours. lamestown. June 4-9. Festival Time in Abbeville. House tours, art and craft displays. Abbeville. June 6-10. Sun Fun Festival. Horse show, river cruises, street dances, historical tours, parades. Myrtle

Tourist information: Dept. of Parks, Recreation, Tourism, Box 1358, Columbia, S. C., 29202.

#### GEORGIA

Mar. 20-22. Christ Church Tour of Homes. Town and country daytime tours, candlelight tours, seminars and workshops. Savannah. Mar. 24. Sea Island-St. Simons Island Tour of Homes and Gardens. Sca Island. Mar. 30-31. Tour of homes. Washington. Apr. 9-14. Dogwood Festival. Tour of dogwood trail, houses, and gardens. Atlanta. Apr. 25-29. Rose Festival. Rose show, horse show, plantation tours. Thomasville, Mid-June, Mountaineer Festival. Contests, art show, rodeo, and dances. Chattahoochee National Forest. Clay-

Tourist information: Tourist Div., Dept. of Industry and Trade, Box 38097, Atlanta, Ga., 30334.

#### ALABAMA

Mar. 23-25. House Pilgrimage. Ante-bellum houses, antique shop, country kitchen. Lowndesboro. Mid-Mar. Historic Mobile Tours. 10 days of tours of houses and other historic buildings. Mobile. 1st week in Apr. Eufaula Pilgrimage. Tour of ante-bellum houses, antique show and sale. Eufaula. Mid-Apr. Pilgrimage of Homes. Tuscaloosa. May 19-20. Pilgrimage of Homes Tours. Fort Payne.

Tourist information: Bureau of Publicity and Information, State Capitol, Montgomery, Ala., 36104.

#### MISSISSIPPI

Mar. 3. Spring Garden and Old Home Pilgrimage, Biloxi, Mar. 8. Garden Club Pilgrimage. Houses and gardens. Pass Christian. Mar. 10. Spring Pilgrimage. Ocean Spring. Mar 10-Apr. 8. Natchez Garden Pilgrimage. 25 ante-bellum homes included. Natchez. Mar. 15-June 20. Pilgrimage of Old Homes and Gardens. Jackson. Mar. 29-Apr. 8. Columbus Pilgrimage. 16 historic houses. Columbus. Mid-Mar. Garden Club Pilgrimage. Pascagoula. Late Mar. Spring Garden Pilgrimage. Bay St. Louis. Maf .-Apr. Spring Pilgrimage. Tours of ante-bellum homes and gardens. Gulfport. Apr. 13-15. Old Homes Pilgrimage. Oxford. Apr. 27-29. Old Homes Pilgrimage. Holly Springs.

Tourist information: Travel Dept., Miss. Agricultural and Industrial Bd., 1504 State Office Bldg., Jackson, Miss., 39205.

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You know about New Orleans, with its exciting night life, its unique food, its colorful history—and jazz—played, of course, in the New Orleans tradition.

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#### **OUISIANA**

Iar. 6. Mardi Gras. New Orans, of course, but also Lafaytte, New Roads, Houma. Mar. 6-18. Audubon Pilgrimage. Four of 7 Colonial and ante-belum houses and gardens. St. rancisville. Mar. 23-25. Jackson Assembly Antique Show and Sale. Jackson. Mar. 24-25. Dogwood Festival Tour of Homes. Bogalusa. Late Mar. St. Mary Parish Tour of Homes. Franklin. Apr. 6-8. Strawberry Festival. Ponchatoula. Apr. 7-8. Louisiana Heritage Tour. Baton Rouge. Apr. 11-15. New Orleans Jazz and Heritage Festival. New Orleans. Mid-Apr. Cochon de Lait Festival. Roast pig, street dancing, exhibitions. Mansura. Apr. 27-May 15. Spring Fiesta of New

Orleans. Tours of ante-bollum houses, historic buildings, candlelight tour of French Quarter gardens and patios. New Orleans. Late Apr. New Roads Antiques Show. New Roads. Late Apr. or early May. Crawftsh Festival. Crawfish races. crawfish cooking, peeling, weighing, and eating contests; beard judging contest; fais do do street dance. Breaux Bridge. Mid June. Jambalava Festival. Street dancing, jambalava cooking and eating contest, horse races, art exhibition. Gonzales. June 29-July 1. New Orleans Food Festival. Food displays, food tasting, gourmet dinners. New Orleans. Tourist information: Tourist Development Commission, Box 44291, Baton Rouge, La., 70804.

#### BOOKLETS TO HELP YOU DECIDE WHERE TO GO. WHERE TO STAY

We will send you, free of charge, any of these lavish and colorfully illustrated booklets, if you fill out and return the coupon below.

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**TENNESSEE.** An introduction to a beautiful state: *Tennessee*, *It Just Comes Natural* (2). Its siren song should tempt the stoniest Ulysses.

NORTH CAROLINA. Camping in North Carolina (3) is a packet of folders to lure campers to the many sites of natural beauty. Included is a detailed map, a booklet listing all campsites and their facilities, and a brochure on minerals and gems to be found by those who seek them. If golf's your game, Whispering Pines Country Club (4) may be your scene. A series of booklets describes everything from a place for a short stay to a condominium for a home-away-from-home.... Another resort with A-1 golf courses is Foxfire in Pinehurst (5) with every facility for a bang-up vacation for the whole family. . . . Pinehurst, Spirit of the 70s (6) describes the golf courses, sports centers, health spa, town, and shopping mall in the Pinehurst community. Included is a folder on the Carolina Hotel, which calls itself "the White House of Golf." . . . Carolina Trace (7) is a condominium community set in 10 woodland acres. Two booklets describe its recreational facilities, educational opportunities, available homesites, financing-the works. **SOUTH CAROLINA.** *Mutle* 

Beach and the Grand Strand (8) make up a famous beach resort on the East Coast. Why famous, you'll discover in a whopping packet of booklets. . . . In addition to its other pleasures, Mrytle Beach offers excellent golfing facilities, and its Golf Holiday brochure (9) describes them and airline package tours to make the trip suit vour budget.... Charleston is one of the most charming of Southern cities (see House & Garden, October 1972). A portfolio on every facet of Charleston (10) includes maps, tour information, places to stay, and a 100-page guidebook. . . . One of the fine hotels there is The Mills Hyatt House (11), established in 1853 but kept spankingly upto-date where it matters, so that it offers the charm of the past, the comforts of the present. . . . Garden lovers will want to take the short trip from Charleston to see the Middleton Place Gardens (12). Hilton Head Island offers great get-away-from-it-all vacation facilities: Palmetto Dunes (13) tells why you should choose this resort community "for a vacation or a lifetime" in a series of smashing brochures. . . . Adventure Inn (14) is another of the most popular places to vacation on Hilton Head. Three folders present its merits eloquently. Sea Pines Plantation Continued on next page



## travelog

SEA ISLAND



**GEORGIA** 

#### BARBADOS

#### ST TAMES BEACH

#### NORTH CAROLINA

CASHDERS 31



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#### VIRGINIA

EVINCTON

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Scottish decor, that is. For a bit of Scotland is reflected in the charming interior of The Tides Golf Lodge. Sir Guy's 'International 18' highlights complete resort facilities.

THE TIDES GOLF LODGE The comparison Lodge to the famous Tides Inn. P.O. Box 120, Irvington, Virginia (703) 438-2233

(15) is a whole vacation community with an inn, sports and recreational facilities, shops, restaurants, everything in fact to make a short or long stay joyous. . . . For a general idea of what Hilton Head Island is all about, you can have a portfolio of brochures entitled A Quiet Place. Hilton Head Island (16), which includes resorts and places of interest, among them several plantations open to the public. . . South Carolina claims to have a little of everything and presents its case in a series of booklets describing its parks, beaches, gardens, homes, sport facilities and an all-encompassing booklet stating South Carolina-a Lot of It Looks a Little Like a Foreign Country (17). And so it does.

GEORGIA. Atlanta and Savanmah are fine cities to visit (see page 50), but Georgia has more to offer and Georgia Days (18) spells it out-mountains, coastal areas, the Piedmont, all brimming with promised pleasures. Among them, Callaway Gardens (19), which not only offers magnificent floral displays, but also sports facilities, entertainments, an inn, a beach, rides for the children.... Stone Mountain (20), we are told, is "a place where history lives" and "a place for all seasons"-in other words, a fine place for a delightful vacation any time. . . . If you prefer the beach, The King & Prince (21)

a hotel on St. Simon's Island ( fers a delightful ambiance for seaside vacation....The Cloiste (22), a renowned hotel at a 1 nowned resort, Sea Island, has dazzling booklet that makes ye want to see it for yourself.

ALABAMA. Alabama Has It 1 (23) proudly proclaims a por folio of booklets, maps, glos photographs to illustrate what all" is... And when you go see it all, one of the fine places stay is the *Grand Hotel Poin Clear* (24) on Mobile Bay, whe there's lots of swimming, ridin other recreations.

#### MISSISSIPPI. Mississippi

History, Heritage, Hospitalii (25) is that state's portfolio ( brochures and maps, presenting its reasons-and there are man -why you should visit there Sun's Up on the Mississippi Gu Coast (26) describes the lovel stretches of beaches and the fa cilities offered there-perhaps new place in the sun for you. LOUISIANA. Mardi Gras coming; what better time to visi Louisiana? And You'll Love Nev Orleans (27) aver 5 booklets sug gesting where to stay, eat, shop be entertained in this fabulou city. . . . Exciting New Orlean and Nearby Cajun Country (28) offers more insight into this fab ulous city and also tells abou ante-bellum mansions you car visit, outdoor recreations, and year-round horse racing events.

#### ORDER COUPON FOR BOOKLETS

March, 1973

Circle the number of each booklet you want. Add 25c for postage and handling. Please do not send stamps. Allow up to four weeks for delivery. MAIL TO: HOUSE & GARDEN, Dept. A3 Box 3579, Grand Central Station New York, N.Y., 10017 1 25 7 -3 6 9 10 11 12 13 14 15

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# MORE THAN HALF THE HOMES IN THIS COMMUNITY ARE BEING COOLED BY 21-YEAR-OLD YORK AIR CONDITIONERS.

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reasons why we believe quiet, dependable York Air Conditioning is the best, longest lasting investment you can make in central home air conditioning.



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Make your home as bright as your imagination with Evans new mix'n match lightweight plywood panels -the newest addition to our Grand Illusion Line.

Now – change your rooms from dull to dazzling with Bright-Ons – the new lightweight cover-ups without the hang-ups of heavy paneling, wallpaper or paint.

Choose House & Garden colors — in solids, patterns, and textures. Then remodel anything from a wall to a whole room. And do it inexpensively, easily and beautifully.

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You can buy color-matched Bright-Ons moldings. You can paint designs on Bright-Ons. You can paste, pin, nail on them. With Bright-Ons you can make your room as bright as your imagination.

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Regular: 17 mg.''tar;'1.2 mg. nicotine—Menthol:18 mg 1.3 mg. nicotine av. per cigarette, FTC Report Av

That Cigarette Smoking Is Dangerous to Your Health.

# DUR NEED FOR BEAUTY

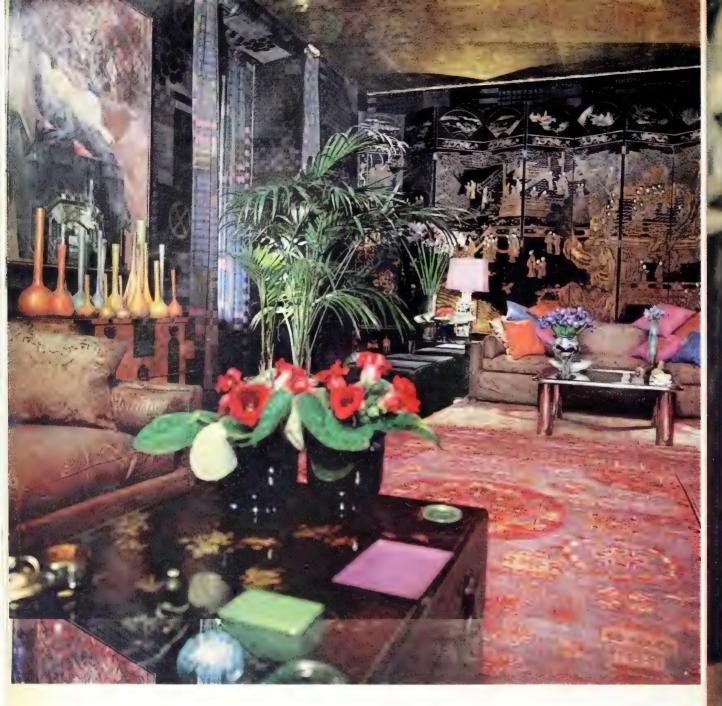
t this springtime, when we traditionally renew, redecorate, reevaluate, we sense a special feeling of exhilaration. Our concern for beauty is very strong. There is an interest in quality-in everything, the air we breathe, the food we eat, in buildings that respond to human needs, streets that communicate with nature. We are aware of the need to care. Caring for others and their environment is itself a contribution to beauty. And we understand that this aesthetic enhancement of our lives is a necessity, not a luxury. The value to be gained from surroundings of beauty can be measured in so many ways. There is enough psychological research to prove that beautiful environments make us feel happier, healthier, inspire great creativity and the deepest use of our spiritual resources. And when these inner spiritual and emotional feelings are released, they can lead to revelational discoveries. Enlightenment. "We learn to see differently, to develop what I call an elated eve," explains Charity James, Professor of Education, author of Young Lives at Stake (Agathon, \$6.95), who is doing important work to improve the quality of life in schools. "We see that anything natural is beautiful. We might be inspired to redeem a swamp of an island for instance that we couldn't 'see' was worth saving before, or we might just get extra pleasure from looking at a pond, or a building in sunlight. There is a new acknowledgment that man doesn't say what is beautiful, he looks and he finds it in what may be the most casual and unexpected circumstances. So we create a wonderful new relationship with the universe. You can say we develop sensitivity, but I prefer the word dialogue. It's like recognizing something beautiful has something to say to you, and that you talk back to it, and the more you talk the more it responds. So you become more in touch and aware." This flow from inside out and outside in works like a chain reaction, opening one door after another. "You develop an openness to explore new things, take on the joys of a new idea or experience," explains Professor James. "That's why you see so many people involved in meditation and altered states

of consciousness who wouldn't have had a notion of it five years ago."

Because beauty feeds on beauty and quality produces quality, any individual attempt will start the spiraling effect in your own life. Working with arts and crafts (we give you some inspiration page 108) is a helpful way to start expanding and raising personal consciousness. It offers a chance to liberate the imagination and draw some inside idea out, through materials, into some tangible form. If it seems hard to get involved in art on your own, why not join forces in a small group, to share the experience of creating something together? "Making a film, planting a garden, painting a mural, building an open art studio for a neighborhood group, something you couldn't possibly do alone, may seem an outwardly simple idea," Professor James continues, "but it has a value far beyond the sense of creative satisfaction. You learn that being creative is not so unattainable. That while artists are of course very special people, we're all special."

he collaborative art experience builds up a feeling of what psychologists call "effectence," reinforcing a sense of personal worth and feeling of competence. We begin to see that each of us contribut-

ing a fragment from our little corner in life gives meaning to the whole. To keep refreshing this experience is very strengthening. Thus success breeds success, and we all work to promote more beauty, whether it's just by planting pots of flowers on window sills, raising money for trees in a city block, signing a petition in favor of a stronger environmental policy, joining a parks committee, or setting up a group for architectural preservation or improved education. On the subject of beauty closer to home, we have put together a very special issue full of inspirations for you, and introducing new things for the house in House & Garden Growing Greens. Beginning on page 72 we show the lifestyle of a famous designer who lives surrounded with the natural beauty of growing things. Then there's the story of a woman whose elated eye sees beauty in "lost-soul" furniture, which she has transported and recycled in a wonderful old barn of a house, page 102. On page 84 the story of a family group who with the help of architect Paul Rudolph shaped a new environment in the city and started a new life together. Beauty is our message nou - and will be throughout the year when we shall report regularly on subjects related to improving and raising the quality of life, for the benefit of all.



# LIVING WITH COLOR SURROUNDED BY GROWING THINGS

*Foundly into the unclosed of a room filled with flowers and nature's colors is a happy way for a day to end, or an* evening with friends to begin. The colors you live with all day may decide the colors you like best at night. Some colors refresh the senses, some colors soothe, and some seem especially right for late-day moods. The living room, ABOVE AND RIGHT, has night-blooming colors: Sweet Chocolate, Real Red, Lavender, Ultramarine Blue. "I use this room mostly in the evenings after working all day with bright flower prints," says Ken Scott, the designer from Indiana whose fabrics keep Italian handlooms spinning. His prints in clothes for men and women and things for the house are instantly recognizable. Nature is his inspiration, and it shows in the colors he lives with, the fabrics he makes, the flowers and plants he grows. The Oriental mood of his living room is something new. "It all started," he says, "when I stopped to buy a little box on a business trip to the Orient. I found the twelve-panel Coromandel screen, then the Chinese rug. A red-lacquered box gave me the idea of using red paint on the floor." When small sheets of gold paper caught his eye in Japan, he bought enough to cover the ceiling. He used his own geometric, "Yoshi," for the walls; it includes Ultramarine Blue, brown, and black in sound-absorbing velvet. Lavender and Real Red silk lampshades add a luminous soft light and deepen the anemone colors of the cotton jacquard pillows. Brown damask sofas and black silk poufs provide comfortable seating. Using brown on the three big sofas makes them all but disappear. You notice instead the painting by Sylvia Braverman, the screen, the rug, then their reflections in the mirrored wall. Famous for the flower mixtures in his prints, Mr. Scott finds it restful not to make mixed bouquets of real flowers. He puts a single variety in a single vase, then groups the flowers "side by side as in a garden."

HORST



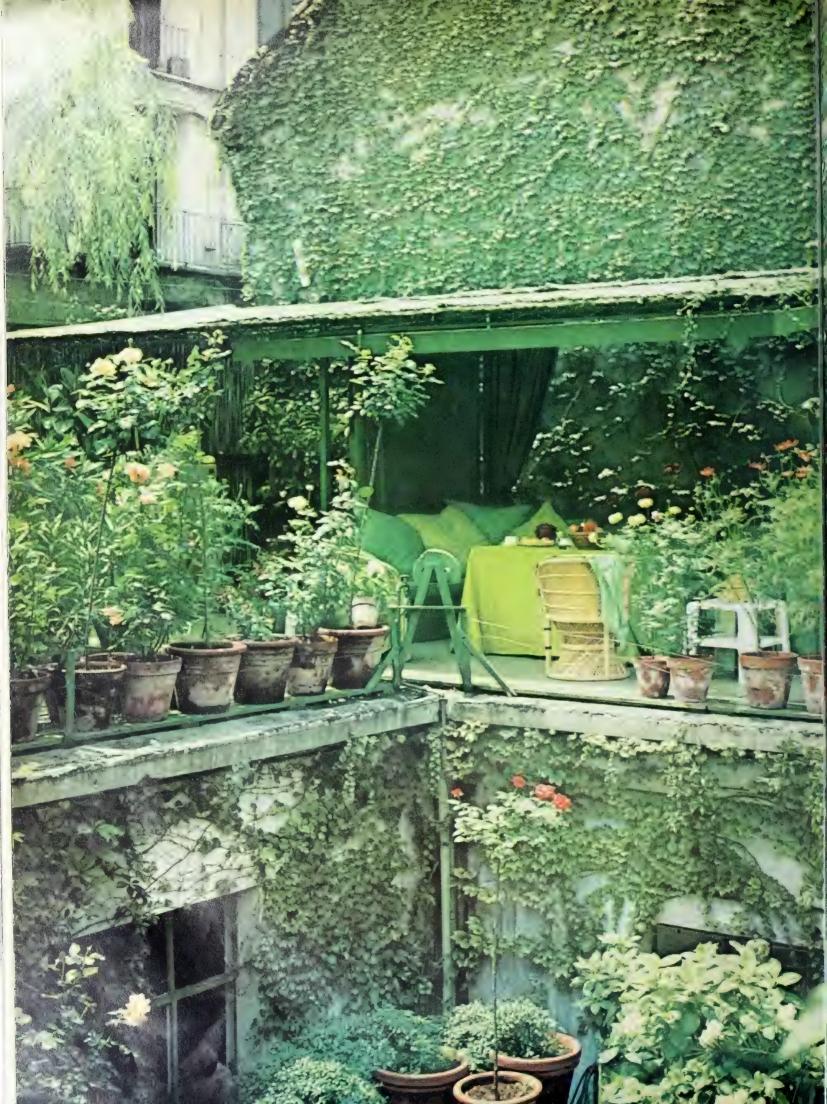
# FRESH GREENS, FLOWERS, PRINTS

Growing greens and garden colors brighten the rooms Ken Scott uses most by day. The kitchen, RIGHT, opens on to a garden seen through the plantbanked window, FAR BIGHT, of the dining room. Blue flowered towels repeat the blue of chameled cookware. A Ken Scott floral print is used as shades for pult lamps, "an old trick of mine I learned in France." In dining room, BELOW, table set with the owner's designs: swirt glasses hand blown in Minano. green jacquard napkins as smooth as scartes, green and white plates with a KS insignia. Hefty silver, set tines down in the French manner, is an 18th century design. Mr. Scott's same tableware is used down stairs in flower-filled restau rant, "Eats 'n Drinks," Milan.





plor magic to make a small dining room big white walls, green plants, a held leapy blecloth ("Philodendron" by Ken Scott in such House & Gaden Growing Greens Lettuce, Mint, Lacquer, and Parrot. For shine, tin and silver candlesticks from Tasco, rome and vinyl chairs by Gae Aulenti. The stairway glimpsed through house plants ads to a roof garden with a dining terrace. REART: In the Lettuce Green and white throom, an indoor garden made up of potted philodendrons, tall cordyline 'ti' plant, ntia palms, and colorful gloxinias, all growing as blithely as if in a greenhouse.





# GROWING GREEN ON A ROOFTOP IN A GARDEN OF POTS

Green is a link with nature all of us need. In decorating, green is easy to live with. Other colors are comfortable with it. For Ken Scott, green thoughts in green shade make his rooftop city garden a favorite place to be. Here the designer shifts from making fabric flower gardens to working with real growing greens and flowers. He has built his garden on two levels. Terra-cotta tubs form a balustrade around what used to be a tarred roof overhang. Below it is a small atrium on the kitchen and dining room level. Mr. Scott had the overhang strengthened and covered with planks painted pale green. Here he built an airy metal dining pavilion, also green, with a corrugated plastic roof masked with reeds. "In summer I have breakfast, dinner, and sometimes lunch here." Banquettes with Green Mint cushions enclose three sides of a table decked with a Lettuce Green cloth. Green Mint curtains on drawstrings protect guests when nights turn chilly. Ivy and morning-glories, "a wonderful pink from seed I got in Japan," cover the walls. Everything is in pots kept well watered and well fertilized. (See page 30 for tips on growing plants in containers.) On the terrace opposite the pavilion is a small heated greenhouse for potting. It also gives this impatient gardener "a month's jump on starting annuals from seed in spring," For a steady supply of summer color, he starts new flats every three weeks. "Having experimented to find what will do well in city air," Mr. Scott recommends "roses-I have had some of these ten years and more, marigolds, dahlias, nicotiana, and for year-round greenery, bamboo. His passion for gardening and respect for nature's colors have had an important influence on the way this designer works and lives. 77 HORAT



House & Garden has gathered from its 1973 palette six prize greens just in time for spring decorating. From palest to darkest, they are: Celery, Lettuce, Parrot Green, Green Mint, Ming Green, and Lacquer Green. All six are truly the Growing Greens—the colors that you'll want to surround yourself with—the colors that are coming up strong and are fresh in the stores. Here's the editors' pick of things in Growing Greens. I Fresh as new grass in spring, Parrot Green wool carped by Downs. 2 Now you can set the whole table in gingham, with earthenware handpainted in outsized Parrot Green checks: a coffeepot with country lines and at 4-cup capacity, sugar bowl and cream pitcher, canisters in four sizes, plus all the regular place setting pieces. "Gingham Check," the breeziest earthenware out the *HOUSE & GARDEN* of Italy yet. At Bergdorf Goodman. 3 A love seat of full-blown flowers in a well-manicured garden of the shiny Lacquer Green. By Shaw. Quilted cotton chintz from Stroheim & Romann. 4 Electric digital alarm of the *GROWING GREENS* clock, just 5 inches long, tells the time at a glance any time of day with its lighted dial work additional dials record seconds, alarm setting. Here in Green Mint, and Lettuce. "Geometric!" bedspread fresh as farm fields, in Lacquer Green, Green Mint, and Lettuce. "Geometric!" becking. Curtains—pinch pleated, foam backed—are available to match. 6 "Cabbage Leaf" pitcher of Italian ceramic, mostly Celery, holds a little over a"."

pint. At Mayhew. 7 Cushion-on-cushion ottoman covered in Green Mint wool. The bottom "cushion" is of padded wood. By Selig. 8 Are you game? . . . for this





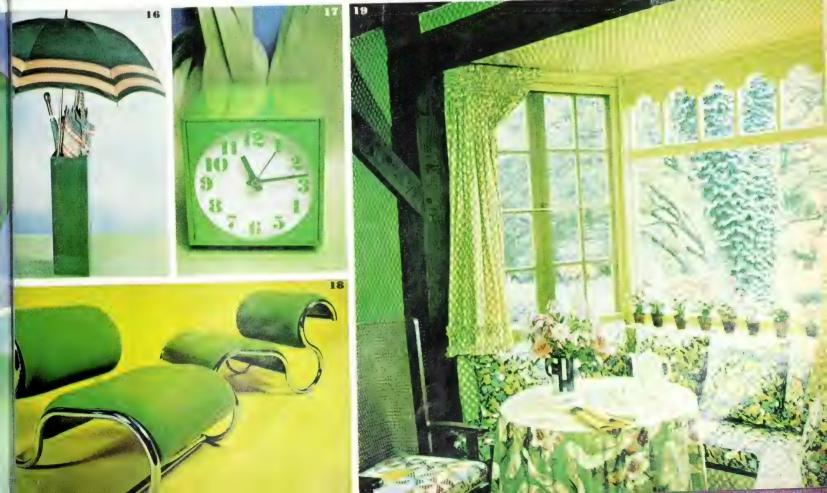








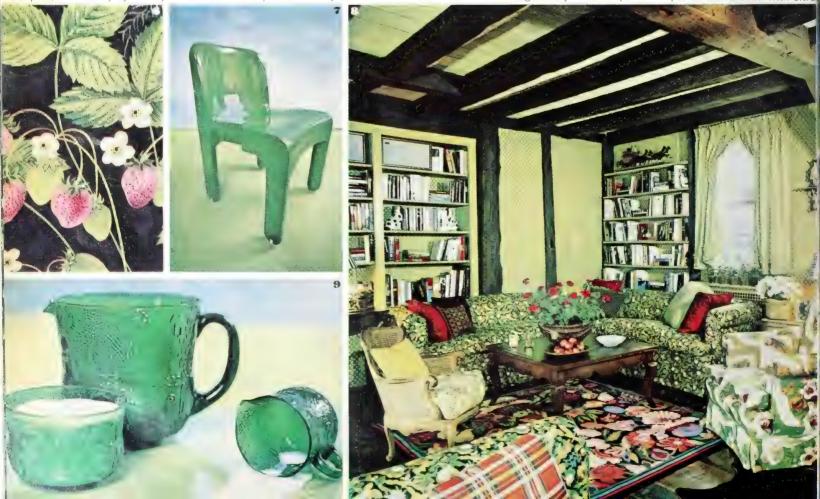
eboard in bright Lacquer-Green-and white Lucite? On a suede covered wooden base. You supply the chessmen, the gameboard is at Karl Springer () Are am love seat, which doubles as a piece of min mal sculpture, springs into new shapes when you sit on it. In Green Mint, ribbed acrylic knit from Switzerb From the "Easy Line" collection of Frank & Son. 10 Small works of art for the kitchen. "Botanical" potholders By Ocean House of Layura () Contaed chair and ottoman is striking from all angles: buckled belts hug Parrot Green viryl cushices to the chrome frame By Stavrell for Charlon () Plansimple pattern: a cane chair—deep, low—that's upholstered in Pineapple. Parrot Green, and shades in between By Bielecky. The cotton prant, as fulle reveins of a leaf, is "Mystique" from Albert Van Luit. 13 Twisting Green Mint vases, the tallest 10 inches high, Ming Green plastic shade. A Duvid Bredermear gn. At D. B. Design. 15 Rain won't rust this indoor outdoor bench. Solid aluminum in Parrot Green, with a removable cushion printed with big while and Yellow flowers, 38 inches long. By Meadowcraft. 16 The rain that makes things green also inspires this Lacquer Green Plexinglas unbrelia. 17 Cubic clockwork, electric alarm clock with lighted dial, 3% inches in Parrot Green plastic. By Seth Thom is Are indoors to make a bay-window banquette an indoor gazebo. Basket weave curtains, tiny prints, and p flows make this breakfast area a room without w. 1 s covering, curtain, tablecloth, banquette fabrics by Brunschwig. Interior design by Ronald Bricke for Burge Dongha. For shopping information, page 127





I Parrot Green, Lacquer Green, and Sun Yellow zigzag across "Continental" cotton fabric. By Angelo Donghia for Bloomcraft. 2 "Flame" china—Parrot Green—b Thomas U.S.A. Towel by Vera. 3 An Italian basket—really an earthenware tray—pretty as the center of a daisy. In Parrot Green. At Ginori Fifth Avenue. 4 A sof garlanded with flowers—quilted ones—and with just enough Parrot Green peeking through. By Drexel. 5 Flatware most fluid: of stainless steel, the sleekest dollop of Parrot Green enamel at the ends. "Bonnyware" by Kellen. 6 Strawberries by the yard, with Parrot Green leaves on a black background. "Bradley" Dacron an cotton chintz with an Everbloom finish. By Bloomcraft. 7 A chair of rounded corners—and it stacks. Green as a traffic light (Green Mint, that is). Cycolac plastic HOUSE & GARDEN By Joe Colombo for Beylerian. 8 In a suburban house a rustic room for relaxing, reading, living in total corr fort, has Lacquer Green beams, Parrot Green and Lettuce basket-weave fabric on the walls and at the wir or blooming up a thicket of greens—by Brunschwig. Rug by Patterson, Flynn & Johnson. Interic or blooming up a thicket for Burge-Donghia. 9 Lions, elephants, and people parade on a pitche (5 inches high), sugar bowl, and cream pitcher: "Fauna" by Arabia, here in Green Mint. 10 Bi

Green Mint pillow chair is weighted to flip and face in either direction. Upholstered in foam around a harder core. All-wool fabric by Hayward Schuster. "Patelon, imported from Italy by Harvey Probber. II Two-speed electric juicer-extractor makes fresh fruit or vegetable juices—or purées or pastes—in a wink. With citru









squeezers in two sizes, easy-to-clean grater and permanent filter. White enamel and Green Mint plastic. By Sanyo. 12 In the "Enchanted Forest," the trees wear lacy crowns of Lacquer Green and Parrot Green. Wallcovering of Tyvek. By Schumacher. 13 Savonnerie rug, handwoven, all wool, in two pile depths: "Colonial Circles," a harlequin array of diamonds of Green Mint, stripes of Parrot Green, True Blue, Sun Yellow. By Patterson, Flynn & Johnson. 1.1 Art Deco goes green: Parrot Green and Ming Green porcelain coffeepot and 2½-quart casserole. By Rosenthal. "Tulip Time" tablecloth of Belgian linen and polyester, with cutout border in pale Parrot Green. By Jabara. 1.5 Giant cabbage leaf that's a wool rug. Lacquer Green and Green Mint. "Tributaries" by Edward Fields. 16 A beach beneath your feet! "Shells" wool carpet, by Marguerite Stix for Patterson, Flynn & Johnson. Seashells, Seashells Unlimited. 17 Overstuffed armchair updated with a swivel seat and Parrot Green and Lettuce "Fern Forest" fabric. By Tomlinson. 14 Satin sofa in delicious Lettuce. Ruching-trimmed arms, soft all-down cushions. By Hickory Chair. 19 Florentine table, lacquered Parrot Green, 29 inches high. By William L Designs. 20 Salad bowl of Green Mint dishwasher-safe plastic, 8 inches in diameter. At Gimbels. 21 "Serenity" Japanese-inspired chrysanthemum print of cotton and linen, in Green Mint, here it's appropriately made up in a pillow. By Brunschwig. For shopping information, please turn to page 127.





15







21



I Ferny vinyl wallcovering, "Fougère," including Lacquer Green and Parrot Green. Also available in custom colors. By Tressard. 2 The lamp with a Chinese accent is fat pottery jar with a crisscross of bamboo brushed in Lacquer Green. 30 inches high with shade. By Chapman. 3 More bamboo—an armchair of Parrot Green is rust-proof aluminum, with a seat of striped vinyl strips. By Meadowcraft. 4 "Sunshine & Lollipops" vinyl wallcovering in Sun Yellow and Lettuce. By Columbus Coated Fabrics. 5 Hors d'oeuvre tray of tole with a removable insert for crackers. Four earthenware hens—with Lettuce feathers and flowers—nest over your favorite spreads. With matching spreaders, too. At Soupçon. 6 "All-Weather Shutters" from Sears are one-piece plastic with an acrylic finish. In eight different cluded. 7 Sun Yellow and Parrot Green awning-stripe sofa. With welted arms, back, seat and arm cushions cluded. 7 Sun Yellow and Parrot Green awning-stripe sofa. With welted arms, back, seat and arm cushions with a Lutt. 9 Durrie rug. fretted diamonds one within the other—of Celery, with Oyster White, SUNNY, SHADY, REFRESHING Creamy Apricot. Tangerine, and Chrome Yellow. All wool, 6 by 9 feet. By Rose-Core 10 Birds of a feather (an old French print) flock together on a Parrot Green seat. By address book. Gold-tooled shantung silk cover, refillable pages. By Eaton. 11 Fretwork chair with a lacquered Green Mint frame and a mossy green seat. By

address book. Gold-tooled shantung silk cover, refillable pages. By Eaton. 11 Fretwork chair with a lacquered Green Mint frame and a mossy green seat. By Century. 12 "Sidekic" bar with an 11-piece bar set inside its laminated plastic interior. Here, in Parrot Green and Pineapple. By Lane. 13 "Spectro" knives, the section of the sectio





ks, and spoons. Stainless steel with Parrot Green plastic handles. Serving pieces available. By Supreme Cutlery. I Spread the bed with bouquets, "Poesie," in dark Parrot Green. Outline-quilted, of rayon with Kodel fiberfill. From e Max Rawicz collection by Kirsch. **15** "Semi-precious" letter paper with Lacquer Green borders, envelopes lined in lalachite" paper. By Crane. **16** House & Garden greens for the table: a basket of polyethylene vegetables, 11 inches gh. By Mountain Greenery. **17** Mahogany bench with carved stretcher, Parrot Green and white rope-patterned print, ass nailheads. By Baker. **18** In the kitchen of Mr. and Mrs. Paul A. Porter, as in old Portuguese kitchens, brilliant lors are set off with lots of white. Here the "tiles" are a Parrot Green and Chrome Yellow wallpaper print by Kneed--Fauchère. Interior design by James Tillis of Mallory-Tillis. **19** "Vicario"—the brightest Green Mint armchair—of inforced resin plastic, 26½ inches high. A Vico Magestretti design for Artemide. **20** Where do the super seashells me from? "Nassau," a vinyl wallcovering, dark Celery on Oyster White. By Instock. Real-life shells are from Seaells Unlimited. **21** Glass-topped bunching table, as Oriental as curry: square, low (18 inches high), and lacquered Lettuce. By Thomasville. **22** From Mexico: a treasure of a trunk, 30 inches long, on its own stand, handlacquered th lacy geometrics, flora and fauna. Green Mint on Chrome Yellow. From Odyssey. Shopping information, page 127.



**20** 22



When a large family with seven children from nine-teen to eight decide to make a courageous move from a big house in the suburbs to a city apartment, it takes a sensitive and thoughtful architect to help mold their new life-style. Paul Rudolph designed this serene and luxurious apartment for such a family. And for the owners, Mr. and Mrs. Maurits E. Edersheim, working with him, they say, was "a wonderful experience...because he respected and listened to our needs." Faced with a dark living room, Mr. Rudolph created a silvery cream environment, these pages, with mirror and a blue reflective ceiling "to heighten and lighten the space." He transformed the original rectangular shape with marvelous curving walls, their forms repeated in soft built-in seating. Beige tweed carpet covers the floor and climbs the walls "for acoustical reasons. Sound absorbent surfaces were needed with so many people around," explained Mr. Rudolph, "but carpeted walls are also good for art. Mr. and Mrs. Edersheim like to collect things on their travels and change them around. They can do this with greater ease." DAVID MASSEY

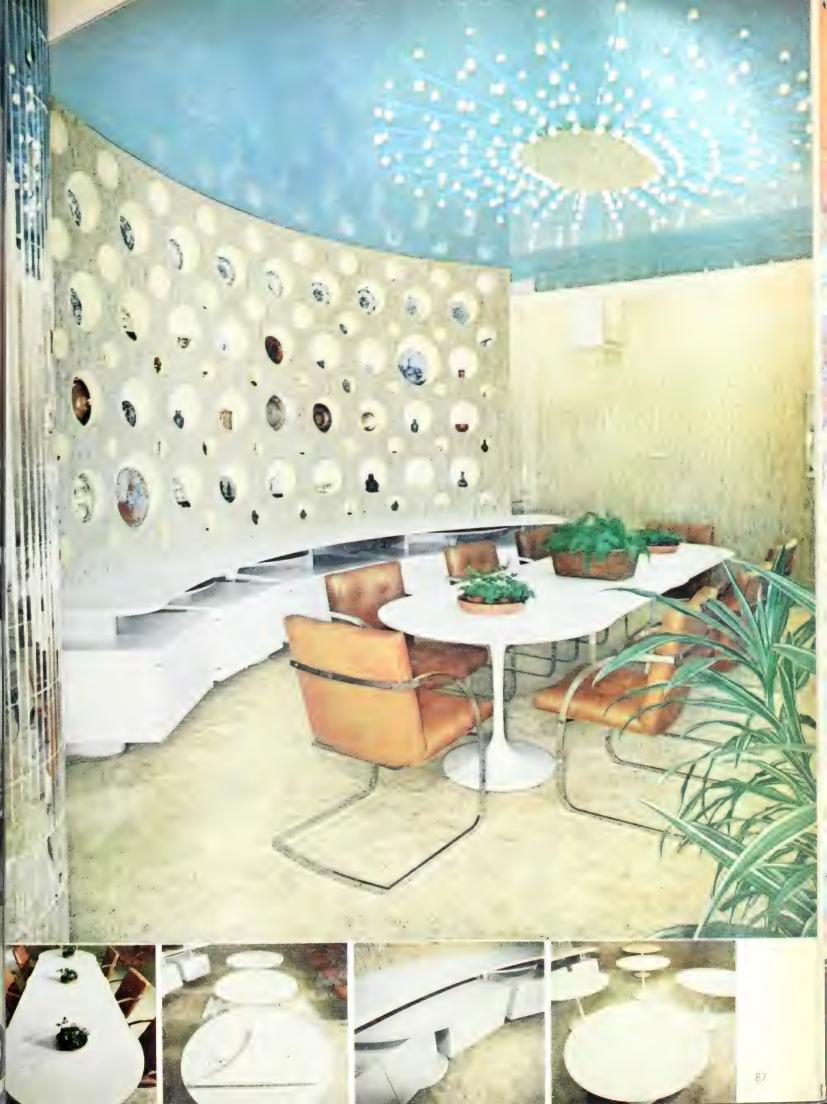


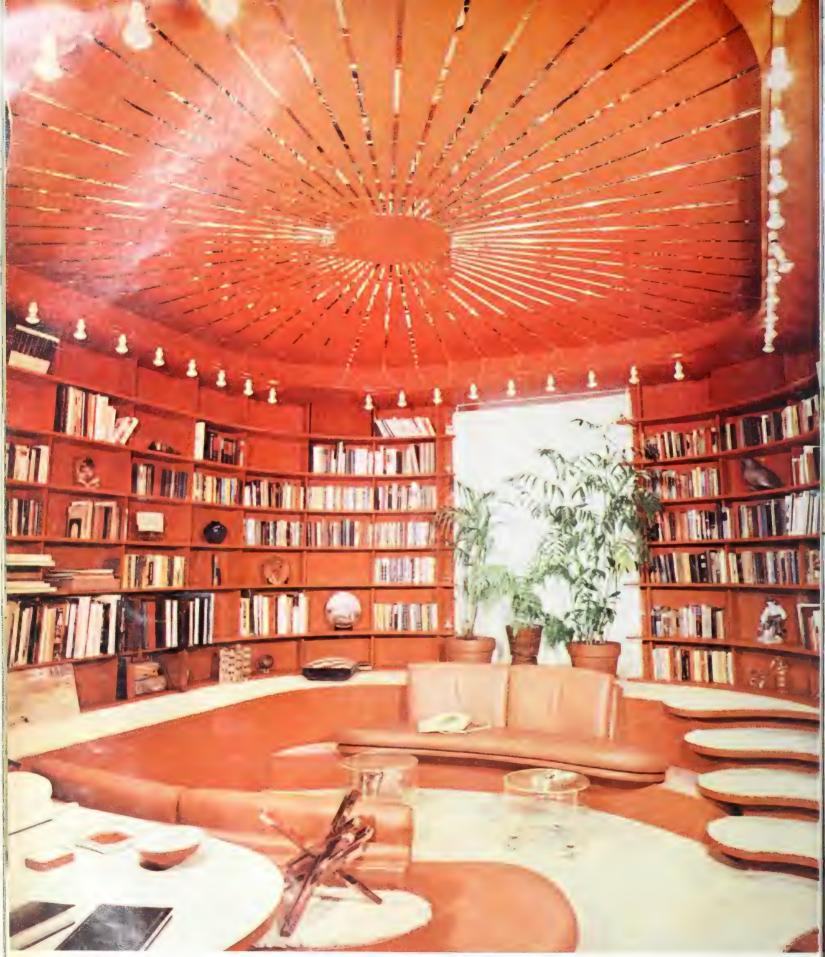
## COFOR CORVES, CARPET IN AN EXCITING ENVIRONMENT FOR ENTERTAINING

Basically we're family people, though we travel and entertain a good deal," the Edersheims told architect Paul Rudolph. During school holidays, when all the children are at home and guests invited, there may be upward of twenty people for dinner. Then the living room and the next door dining room, opposite page, top, are both brought into action. Three or four standard, white circular Formica-topped tables can be linked together in the dining room (Mr. Rudolph devised the linkage system, opposite page, bottom). More of these tables, which are stored beneath the curved, built-in buffet, may be set up in the living room so everyone can be seated comfortably, right. The little, drum-shaped transparent tables roll out from under the glass coffee table, above, a Rudolph design. Other original inventions: the curving display wall with light-up niches in the dining room for the Edersheims family treasures and special mementos and the light decorated ceiling constructed entirely from standard electrical parts. "When people move," comments Mr. Rudolph, "I don't believe in tossing everything out and starting again. They should have all the things they love around." Gottlieb tapestry: Pace Editions.



1 Falls





The library is an introspective room," says architect Paul Rudolph. "It is darker, more contained than the living room." It's Bittersweet, an oval space, a centuated by its ceiling decoration, a burst of glitter done with mirror, it has a carpeted platform sweeping all around, which serves several purposes. makes the top bookshelves easily accessible, works as seating, and also creates storage space—for magazines, records, the television, and even some it gage underneath (for a large family moving from house to apartment, storage strategy was very important). Mr. and Mrs. Edersheim share a big working de in this room and spend quiet moments together here, or they may serve predinner drinks for a few people—there is a small bar to one side. Almost invisit because their doors are covered with carpet, closets and other storage spaces line the long central corridor, *opposite page*, with its arched ceiling. Bullet buil set in a standard track, glisten all the way down, illuminating paintings and prints. The double doors shut off the children's wing. "The carpet used on the wall Mr. Rudolph explains, "is slightly darker than the floor because the one underfoot is going to darken slightly with wear and I didn't want it to look different."

## OR, CURVES, CARPET WITH VACY FOR EVERYONE, **S**PACE FOR EVERYTHING

used curves throughout the apartment." Mr Rudolph continued, "berause try, ut ze space so much better, mold it to human read And this is most clearly seen in the matter bed room (bottom). The curve behind the bod g... s a sense of intimacy, and it also enabled melto de sign a bigger shower in the bathroom bennet [entrance on left side of bed] and put in a large right]." The beige-mohair, cushioned storage chest at the end of the bed is for blankets and children like to come and look at television sometimes with their parents). In this room, the restful neutrality of beige carpet, again on floor and walls, is contrasted against a vermilion ceiling. And this bright color is taken through to the adjoining bathroom, below, where walls pop open to reveal a battery of storage closets---for linens, laundry, medicines, and other things A steel mobile swings between the hand basins



Where there were once four small maids' rooms at one end of the apartment, walls came down and the space was opened up to make the children's play-sitting room below and right. Desk space was created between each window and the floor to ceiling closets, which now separate the study areas, were cunningly built to hide existing plumbing too complicated to remove. Because the windows had little view and curtains were unnecessary, Mr Rudolph did something very interesting on the inside, decorating the glass with stick-on tape in many colors, far right."I was very impressed by windows I saw in Japan after the war," he says. "Then they couldn't afford to replace broken or shattered glass so people made most beautiful designs with tape, feathers, and other odd things to keep the glass together." The play room is also the boys' dorm when they are home from school. Behind the television set and bookcases, a niche has been built for another of the children's favorite possessions, the upright piano.

## OMS THAT WORK BEAUTIFULLY FOR THE FAMILY

111:

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The Space Blue and Orange Peel kitchen, with practical, ceramic floor tiling, is divided into several areas—for dining, food preparation, dishwashing, and flower arrang ing. There are two separate refrigerators, one serving the dining section for breakfast, the other handier when preparing meals. And two cooktops, one again near the dining area, for pancakes and other breakfast dishes, plus a duet of ovens, one regular and one microwave shown on the cookbook cover page 117. A stunning total of over 150 cupboards (Mrs. Edersheim likes everything "put away") house various utensils and tableware necessary for this large family. Mr. Rudolph numbered sixty of them very decoratively with silvery mirror discs. The family's reaction to their new city life? "Some of the children do more than they used to when we were in the suburbs," their mother says. "One of my daughters goes riding in the park, something she couldn't do before because I had no time to drive her to the stables. But I think they all benefit from museums and other cultural activities that are available, and, of course, they see their father more often than they did when he commuted. If cities in this country are going to be brought back to life, people must make an effort to live in them. We are so pleased to say that our own experiment is working."



COLORFUL NEW DESIGNS THAT GIVE ARCHITECTURAL PATTERN TO THE FLOOR

> RUG ART

#### Emilio Pucci designs rugs for the first time and talks about what makes a space good to live in

EDITOR'S NOTE: The rugs on these pages are a new departure for Emilio Pucci, but his life has been full of similar excursions into new fields and longstanding service in others. Born the Marchese di Barsento, he has a strong sense of public responsibility and has been elected to five terms in the Italian Parliament and has also served as city counselor for the city of Florence. Educated both in Italy and the United States, he holds an MA in Social Sciences from Reed College in Oregon and a Ph.D in political science from the University of Florence. An avid skier, pilot and skin diver, his joy of living works for him in every part of his life. His design career began after the war with silk jersey prints that were so welcome to girls accustomed to wartime drabness. In the

fifties he revolutionized ski clothes with the troduction of stretch fabrics and bright colo Women who'd never thought of it before, put into bikinis and colorful underwear. put airline stewardesses into uniforms that th liked so much they wore them off duty a started a new trend in stewardess uniforms. h cently his way with color and design has be applied to towels, sheets, bedspreads, mer wear, hats, jewelry, shoes, fabrics, perfun letter paper, watches, china, furniture. Winn of many awards, he is recognized both for h design thinking and his ideas on living toda

Who can forget the first Pucci dressed Who didn't gain a bit of instant set shore, legginess, gaiety, and confidence wil wore one? Men loved the way they looked ar felt. They loved the colors. They loved to dank with a girl wearing one.

The rugs on these pages, shown in his cou

try house outsure is a second second

A new aspect of a familiar equation in color and pattern, these floor-paintings in wool fulnll the same down to cart: its all formations of the rest of his work. According to Pucci. "Most girls who come and stand on these rugs end up sitting down on them. They want to surround themselves with color and softness. Which is why I don't particularly like them hung up on the wall like a tapestry. It's a bit like having a girl you've asked to lunch sit at a different table from you. How can you get to know her?"

For a man whose signature for years has been beautiful color and pattern. Pucci treats color-you-wear and color-you-live-with in different ways. A look at where he works and lives shows how he and his wife. Marchesa Christina Pucci, have worked out ways of living with color.

In Florence there's the Palazzo Pucci where most of the designing goes on. It's painted gray inside with gray carpets and gray velvet sofas and *iContinued on page 130*.

**OPPOSITE PAGE. TOP:** Marchese Emilio Pareette the library of his house outside Florence. The freeform geometrics of the rug take their color cue from the old brick floors. The same room, opposite PAGE, MIDDLE, opposite PAGE BELOW AND THIS PAGE LETT: A lorely patchwork-checkerboard pattern fills a 13thcentury stone hall with warmth, softness, and a certain heraldic feeling. BELOW: Reds, pinks, and yellows mark out the scarf design of this small area rug.

These

## RUG ART TO PULL A ROOM TOGETHER

Artisans imitate and collectors covet traditional Oriental rugs—Persian, Indian, Caucasian, Turkish, Chinese. Their complexity of design, durability enamel-like glow are qualities on which their value is placed. What is new and exciting is the emerging appreciation of American Indian rugs. The Oriental and American traditions, though distinctly separate, have remarkable similarities of design, color and technique. We are showing three styles: "real" antique, representing durrie and American Indian traditions; "new" antique, modern variations of these established forms; and some truly inventive graphic designs that reflect trends in modern painting. **1** "Rites of Spring," an area rug with tulip pattern in fragile shades of green, yellow, and apricot. Made of handtufted wool woven on several levels. In custom colors and sizes. V'Soske. **2** Antique



Indian durrie made of cotton. Denim blue background is patterned with alternating lemon and white staggered squares. Size shown is 9 by 12 feet. From the Old Rug Collection. **3** Mod-

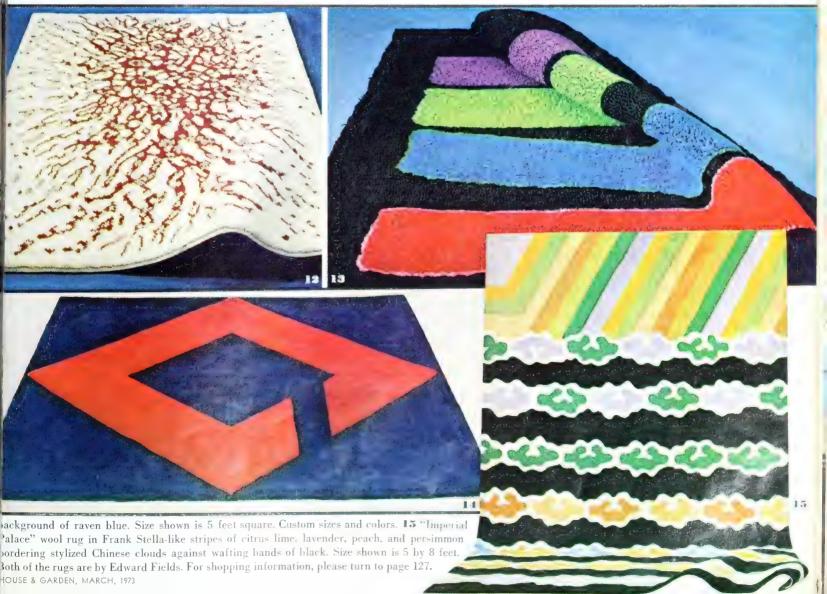
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ern Yugoslavian kilim weave is handwoven wool in terra

TOM YEE



cotta, white, and celadon. Size shown is 8 by 3 feet. Simon Manges. 4 Antique Persian Shiraz kilim rug in diagonal squares of cream, blue, green, rust, and shades of brown. Size shown is 9 by 5 feet. Coury Rugs 5 Kashmir kilim weave of earth colored wools in the Soumak design. Size shown is 6 by 9 feet and is representative of a collection of kilim weaves by Saxony. **6** "Zabol"— large medallions in shades of pink and red with black crest-like inserts in a warp print. Carpeting by the yard from Stark. **7** "Rusticana" offers the deep luxury of North African Berber goat wool woven in Europe. Available in 12-foot widths and five more natural "animal" colors. Color shown is "D'Argent." Harmony Carpets. **8** "Kalif"—Moorish motif and semipaisleys in alternating "pairs" of red and gold. Fiber is a blend of wool and nylon. From Stark. **9** "Termez"—looks like a vivid spill of autumn leaves on white wool with separating stripes of black. One more of the fourteen designs from The Ikat Collection by Stark. **10** Navaho rug in brilliant fire tones of orange and rust with a huge diamond pattern edged in black. Size shown is 6 by 4 feet. From Coury Rugs. **11** Durrie of the "Pamir" design is a variation of the diamond pattern. This rug is guarded by raging, russet colored dragons on its borders. Size shown is 9 by 12 feet, but comes in other sizes as well. Rosecore Carpets. **12** From Karastan comes a dazzling fireworks display pattern called "Imagery." Wool, electric red on white. Size shown is 6 by 9 feet and is available in six more colors. From the American Originals Collection. **13** "Futural" designed by Dorothy Liebes. Black background with oblongs of red, blue, green, and lavender. Available in any size or color combination. From Bigelow's Custom Carpet Division. **14** "Breakthrough" wool rug has a broken square of bright scarlet against a



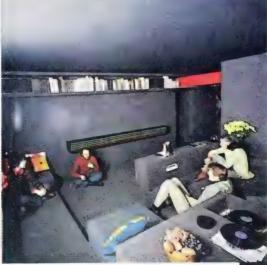






## CLEVER PLANNING +COLOR + CARPET MAKES TWO ROOMS WORK LIKE FIVE

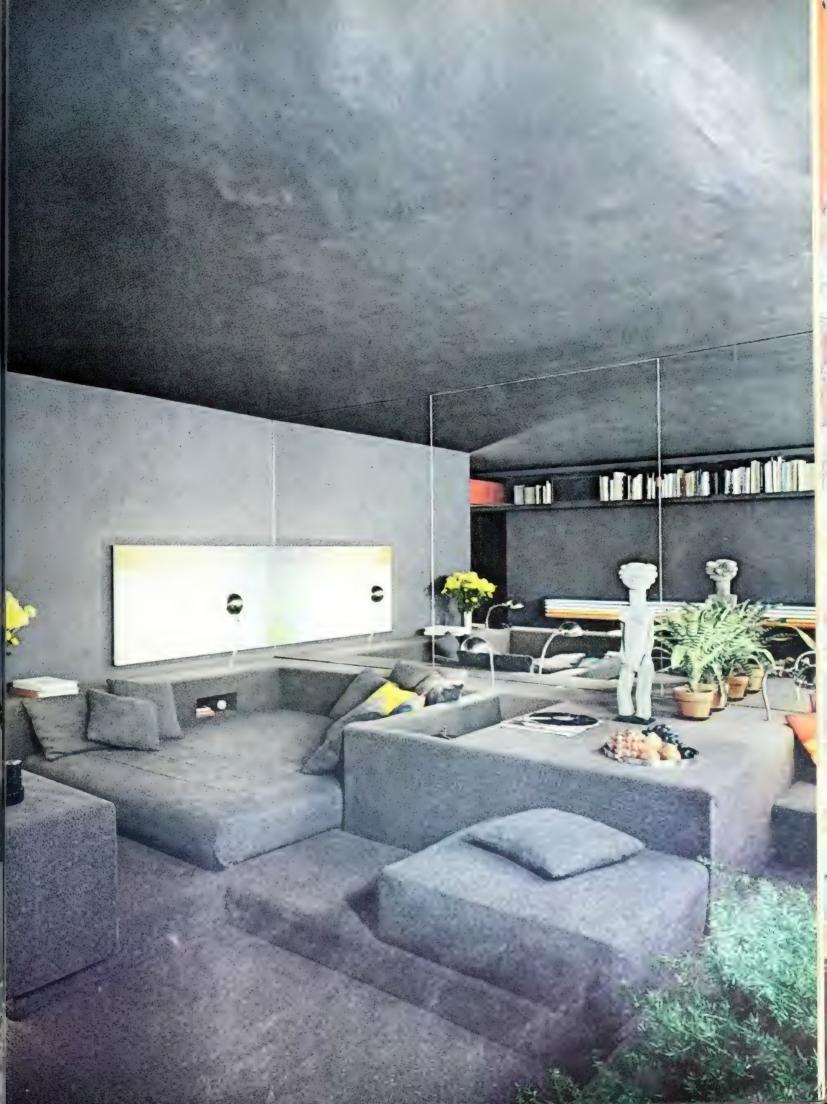
When architect Douglas Kahn and his wife, interior designer Stephanie Mallis Kahn, rented their two-room New York City apartment, they had staggeringly high demands on the small space. In addition to living quarters, they needed a full-sized office for their work as a design team-Kahn & Mallis Associates. Without making a single structural change, they accomplished a remarkable feat. By reshaping the space entirely with built-ins, then creating different levels in the largest room, and wrapping everything in carpeting "so you can sit anywhere," they stretched the original two rooms to give them an office, a living room with areas for sleeping, reading, music, entertainment, and a separate dining space. They lined the living portion of the apartment all in charcoal for night, the office all in white for daytime. Living and working in one place, "we have as complete a change of environment as people who travel somewhere else to go to work."



Since the Kahns turned the original bedroom into their office, they had to fit all their living needs into the main room, far right, plus entrance hall, top left. A low, L-shaped platform, flanked by carpeted units, some lit from underneath, creates a lively series of levels in the 16-foot-square room. There are ledges for sitting near the windows. left center, and in one corner, for the bed, Icft. Wrapped in its neat gray wool cover it becomes seating when friends drop over, above, or a place to read, right, or listen to music (stereo is tucked into a well riext to bed). Walls, ceilings are painted to match the dark charcoal carpeting. Wall of mirrors doubles the impact of the Robert Swain painting "Study for 50 Squares"









Provides an exceptional amount of storage, sitting areas, and work surfaces in the two rooms without ever making the small spaces seem cluttered.

**B** wrapping carpeting over all the built-ins—platform, storage, and sitting units—in the main room unifies and softens all the different shapes so they become a single sculptured form.

**Keeping levels low** helps give the illusion that the 8-foot ceilings are higher. In the main room the seating platform is only 6 inches off the floor, the other units only 24 inches high. In the office, the desk tops are only 27 inches high. Thus, none of the built-ins are higher than the level of the window ledges and nothing interrupts the spacious expanse of the big windows.

**Raising bookshelves** is another ingenious way of making the ceilings seem higher. Throughout the apartment, books are kept in long, single runs of shelves set high just under the ceiling. By lowering the ceiling at the sides of the room, your eye lifts up to what seems greater height at the center.

**G ising mirrors** to stretch space—a favorite trick for small rooms—works particularly well in this apartment. The wall of mirrors in the main room doubles the best feature the three huge windows—so the room is filled with twice as much light and sense of space from the wide views of city and sky. Besides, since the smooth, flat planes of the built-ins reach right up to the mirror, they are reflected continuously without a break, strengthening the illusion of a much larger room.



The key to stretching the space in two-room apartment, the Kahns decided, would be to furnish the place completely with built-ins. Doing all the carpentry himself, Mr. Kahn built the plywood seating-storage platform for the main room, the work and storage areas for the office, and book-shelves throughout. (One of their biggest aims was to have plenty of unobtrusive storage.) When the carpentry was finished, a layer of half-inch waffle foam was applied to cushion all horizontal surfaces of built-ins in the main room, *above*, then built-ins and floor alike were carpeted. To contrast with the textured surfaces and matte dark-charcoal walls and ceilings in the living areas, office walls and ceiling were painted glossy white and the floor was topped with white vinyl tiles.

Living room

Dining

Entrance

hall

CLEVER PLANNING +COLOR + CARPET STRETCHES SPACE FOR LIVING, WORKING, AND ENTERTAINING

> Starting at front door, every inch is put to work. One corner of 8-foot-square entrance hall was converted into a dining area. Ceiling-hung shelf runs from kitchen to bathroom for extra storage of pantry and bathroom supplies as well as paperbacks.



Office

1750

Bath



II day, the Kahns find working in the orderly, all-white, sunlit space of the office "really frees our minds."

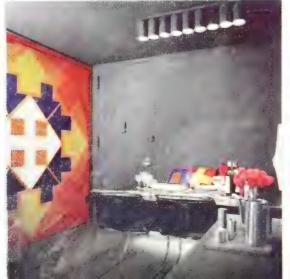


he 11-by-15<sup>1</sup>/<sub>2</sub>-foot office proves how remarkably efficient a small space can be. Mr. ahn's desk (a white vinyl-wrapped slab of wood) spans the window wall, *above left*; is wife's desk on the opposite wall, *above right*, has a tier of shelves alongside for storing ools, threads, fabric samples. Linking the two desks: a communal work area with a eiling-high shelf for reference books, a fiberboard covered wall for tacking up awings, photographs, a work counter fitted with a light box for viewing slides, ling cabinets below. Out in the hall, what looks at first glance like a big red girder verhead, *above*, turns out to be a double-sided bookcase for paperbacks (a 6-inch center tot lit from above is just enough space to take out books) that runs from the kitchen to athroom, and pierces the ceiling-high bookcase in the living room, *right*. Dining area, *elow*, is punctuated by bursts of color—a mural painted by Mrs. Kahn on closet doors, er own design felt cushions, available in kit form (*page 127*). In the main room, a light culpture hung low, *below right*, which they designed, draws you toward the dining area.



At night, colors glow like neon in the enfolding. cave-like setting of the black-painted living areas.







## CAN YOU PASS THE decorating TEST? HOW CAN YOU develop MORE OF YOUR DECORATING talents?

Analyze yourself in this special test and learn from the advice of interior design expert Professor Stanley Barrows

> EDITOR'S NOTE: Born in Texas, schooled in Washington, Stanley Barrows is Professor of Interior Design at the Fashion Institute of Technology, New York, and has been lecturing on Interior Design for over twenty years. He started his career at the Parsons School of Design, where he was Director of Studies in Europe for sixteen years, touring with graduate students four months each summer in France, Italy, England, and Bavaria. A world traveler, with a remarkable knowledge of the great old houses, villas, palaces, public and private art collections, he collects 18thand early 19th-century French and Italian furniture and has a guite extraordinary book collection of around 3,000 volumes on architecture and the decorative arts. A good number of his former students are well known interior designers today-Mario Buatta, Tom Britt, Joseph Braswell, Edward Zajac, Richard Callahan, Stephen Mallory, James Tillis, Todd Sterling, John Patton, Angelo Donghia, William Hodgins, John Robert Moore, to name a fewa remarkable group and each with his own very special approach to decorating. Some of the lessons that they've found invaluable are incorporated here. You should answer each question and then turn to page 130 for Professor Barrows's answers and the scoring analysis.

You have a wing chair but it doesn't quite go in the living room. Do you

> (a) Keep it there because it's something you can't live without?
> (b) Get rid of it because you believe in being ruthless about superfluous possessions?

> (c) Try to place it elsewhere because you don't want to spoil the room but you respect sentimental feelings?

2 You find an antique table that almost pairs with another you already have. Together they look well on either side of your living room fireplace but there is a difference of 1 inch in their heights. Do you

> (a) Bear with the difference because it doesn't matter all that much?
> (b) Cut the legs down on the one that's too high, if the design permits?
> (c) Feel the table is too valuable to tamper with so you move one or both into other positions or into another room?

Because some bulky pieces of furniture such as a sofa have to be fixed or "anchored" in position in a living room do you purposely have other pieces such as small chairs or tables that are movable?

- (a) Yes (b) No
- (c) Don't know

Your bedroom is small, but you have a strong urge to put in some puffy, overscaled chairs and give it a very comfortable look. Do you

(a) Reconsider carefully and furnish with something more in scale?
(b) Go ahead, confident that the knowing use of overscaled furniture can be very effective?
(c) Talk about it with your friends and do what they say?

5 Would you consider it frivolous and irrelevant to sit down and make a list of textures —wicker, satin, tweed, wood, marble, tile that you really want to live with?

- (a) Yes
- (b) No
- (c) Don't know

You've seen a room done in about ten shades of blue with various different prints and would like to do something similar. Do you

(a) Think that only a professional decorator could pull that off successfully?

(b) Go ahead and do it yourself because you feel it's probably easier to decorate a room with a color limitation than a mixture of many different colors?

(c) To be on the safe side, choose one shade of blue only and decorate it that way?

You like to entertain so you want to have a room that is right for a party. Do you

(a) Make it flexible so it can do for two or twenty without too much shifting around of furniture?

(b) Make it cozy and intimate because you're not giving a party every day of the week and when you do you can simply move a lot of the furniture out?

(c) Have a room that says party and "live" in the library or another room in the house?

You know roughly what furniture you are going to put in your bedroom. Do you

(a) Work out placement on a floor plan ahead of time?

(b) Wait until you've got everything in the room, then pull it about?(c) Ask your friends and distill their conflicting advice and opinions?

You have uneven walls and don't want to go to the expense of having them replastered so you do a camouflage job with dark brown or navy blue paint, or some other dark color. Is this

- (a) A clever way out?
- (b) The worst course of action?
- (c) Don't know

You are moving and your new living room doesn't have nearly enough storage space for the things you want to put in it—records, books, magazines, and other objects. Do you

> (a) Work out a logical and exact solution to the storage area with careful measuring of space?

> (b) Squeeze in cabinets and storage space so as not to interfere with the pleasant arrangement of furniture?
> (c) Feel this is a trivial detail and not bother too much about it at all?

Is it easier to arrange a room in a classic symmetrical way (everything at right angles, evenly spaced) or is it easier to plan one in an asymmetrical way (things placed diagonally with informal balance)?

- (a) Symmetrical
- (b) Asymmetrical
- (c) Don't know

**2** Do you believe some people have a "natural" eye for beauty, quality, and design?

(a) Yes

(b) Some may have better perception than others but you can train the eye by going to museums, galleries, studying antiques and design.
(c) There is no right answer to this question.

**13** Mirror can be one of the most interesting treatments for a wall and often is the best possible thing for a small space. Do you

- (a) Agree?
- (b) Disagree?
- (c) Don't know

**14** What considerations are important in the handling of lighting?

(a) Do you believe a room should have a consistent character and prefer to have one system of lighting that remains, whatever is going on in the room?

(b) Have you collected various lighting fixtures over the years and like to live with them even though they may light the room haphazardly?
(c) Do you often choose various systems for one room so that they can be turned on for various occasions or to create different moods?

**15** You've heard it said that you should *never* have a red bedroom but this is really one of your pet dreams. Do you

- (a) Go ahead and experiment and see how you like it?(b) Tone it down to pink?
- (c) Settle for a failsafe neutral?

In decorating, is discipline the key?

(a) Yes (b) No (c) Don't know For Professor Barrows's advice and explanations, plus the scoring analysis, please turn to page 130.





This is a house, once a barn, that took seven years to imbue with its very special, inner adiance. It is filled with old family things, some real treasures, rejuvenated castoffs, and cavenger's loot. Its owner, fashion editor Dona Guimaraes, is a rescuer of lost-soul urniture, artifacts, wash boilers, quilts-anything forlorn but usable that she can take o her country house and make a new creature of. She describes her house thus: "That's t [left]. It was built in 1870, and was once a stable and tack room laid end to end like hoe boxes. Edward Hill, who is an architect, made them into a house, and seven years go sold it to me. This is the front deck with its marvelous windows that eat up the sky. The iron settees are 19th century and came from my mother, who adores Victoriana. For hat matter, she furnished half the house. She's a hoarder. What she hasn't inherited, he's bought, and she's never given anything away except to this house. But modern things paffle her, and she looks incredulously at the gazebo [far left], which was designed by

a barn fl OFIDEAS, old clime. But the scale is right, and I simply painted it the color of the gazebo, and it looks COLLECTIONS, as though it had been de sened tor it. The two chairs AND CHARM are amazingly comfortable, and it's a pleasant place for lunch on a tray."

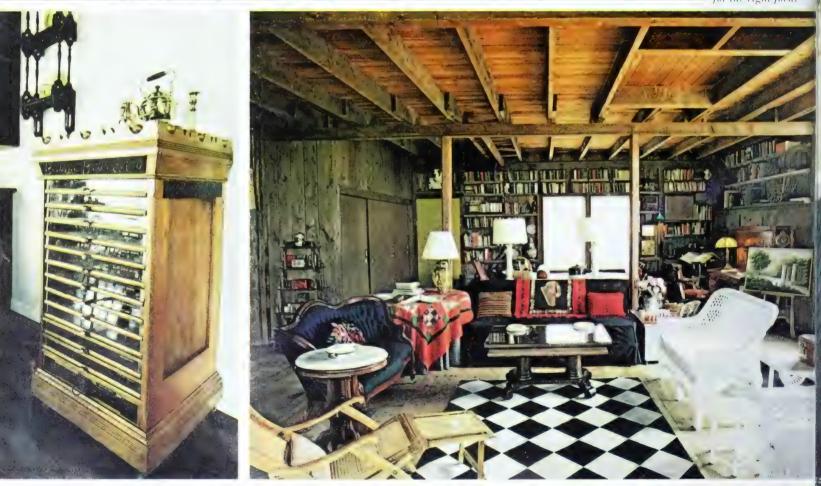
Charles Moore. The metal furniture my father gave me. He's a doctor, and it came out of his



"The dining room ABOAL IS a whopper, le\_ chongt for a su down dates tor Carty. Lie hible and how law mary Hall and Boss Tweed who, to put it politely. "conferred" at it. The chairs are just chairs and have been temporary for seven years. Since the interior walls were alder and the something to make things Very Stell at 11 'that's it.' So there's a lot of vellow around. I've been faience, for years. Old on the walls, new on the table. Even the budders of the is very . Charles Addams designed it in his substantiastica Peras nate apartments, a tower suite, and no bird will go near it."

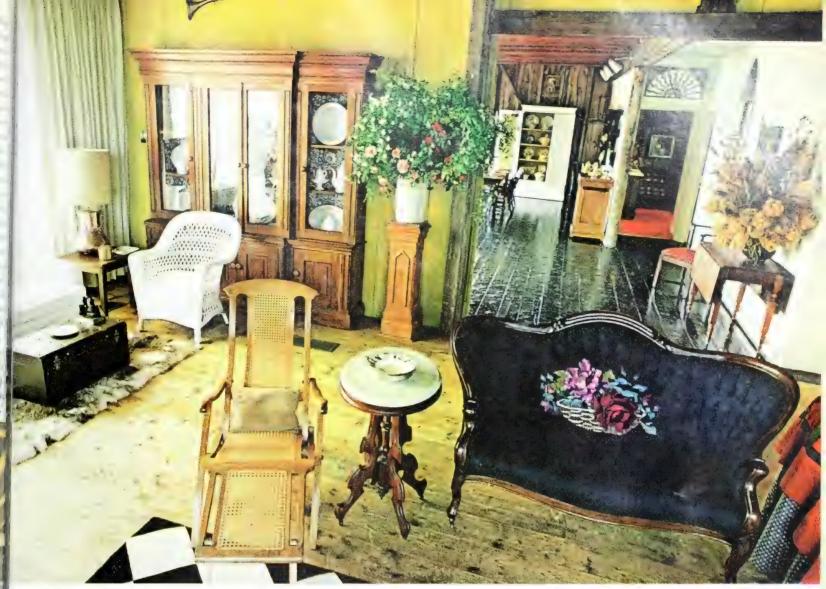


"I like dark things ago pale walls, and pale th against dark walls, particularly in this how I manage it mostly wit paint either white or yellow, or a great cove for furniture I mix wit 2'3 forest green and 1/3 black enamel. It's who pioneers used in the M West. In the dining ro LEFT], the sideboard poor old thing that I h in a garage, and the p stand above it was not but the paint made an The armoire is a good but I painted it white yellow so it wouldn't | into the barn-wood wa The old dry-goods stor, chest [FAR LEFT], I los It has a crenelated top a castle turret. It's no a silver chest with lab. drawers. No fishing a for the right fork.



"Country houses should have names," says Dona Guimaraes, "and mine should be called 'Scrounge Hall.' So many things here are hand-me-downs or something saved from a journey to the Salvation Army or wheedled out of mother's house. But everything has been rehabilitated—in my fashion. I'm very sentimental about castoffs. In their day they may have been beautiful, or considered so, or have had a certain usefulness that can be rechanneled. With slipcovers, a coat of paint, an unexpected fabric, COLOR IS **REVIER**, the strangest things take on a new life or a new purpose. Ekcep stereo records in an old copper wash boiler. If I have a theory about decorating, it's that wherever you sit, something AND **CATALYST** should meet the eye that is pretty or curious or amusing. IN A BARN FULL OF IDEAS There's nothing wrong with flotsam and jetsam. It's what you do with it."







"The living room | ABOVI |, is the old tuck room. 35 teet long. 21 teet wide. 13 tect high. It's a carein. Sol had to break it up by painting a ten stretches of wall yellow and arranging the furniture in nice little huddles Beenise the sunlight is nonstop, there's nothing much here that might tade Armost everything is black and white. Friends of mine torsook the Liench checkerboarding, so I rolled it right up and lugged it home. The steamer chair was " & great grandtather's He was bughsh but studied medicine in Germany, and curted his chair tack and taci across the North Sea. He liked his comfort. The cabinet behind it is an 1860 linen press, and the plinth beside it reas the rors (for a hope's) of font. You is a holdpart asse In the book and of the normal or Posteri PAGE, CENTER AND BOLLOM ( 1 S a Dickensian desk with only preconholes and a swivel chair my mother wought ught out to wounder the vice-president of her bank. \$10. The wicker things cost even less,

but I gave them my reviving paint job. Two coats with a brash to get into all those an tallittle crannies, then one with a spray. We lunch sometimes on the back deck [LEFT] at tables made of cable spools, and on cold nights we sit inside around Madame Franklin [ABOVE]. She is an 1870 Franklin stove, and a coquette. She hates women and no one can build a good fire in her except a man. I even gave her asbestos backing a faux bois finish just to flatter her, but it did no good. If there isn't a man around the house, she keeps her cool, and I put on my coat."



"I love what I call 'wiggle work,' " says Dona, "the kind of jigsaw gingerbread Victor carpenters were so fond of. When I put up the wall [left] to close off the kitchen, I h piece of the stuff set into the doorway to make a Moorish arch. No door, that would s it. The chair next to it is Georgian and is called a roundabout, and the drop-leaf tab the same height as the dining table. Put together, they can seat thirty, and sometime: I'm an experienced group cooker. So although the kitchen [below, left and right] look like a period piece, it works. Most of the decoration, all of it usable and used, i the walls, hung on industrial pegboard. I collect old enamelware, colanders especially, when you mix it up with knives and oddments, you have the makings of a hanging still One you can use. The old butternut chest has been in the family for years and is a sease traveler. It went West in a Conestoga wagon in the 1840s, rambled around, came back l and now it's here, at peace. The mounted postcards are photographs of municipal build **OLD THINGS** long since torn down, an odd thing to like, but I The table came from an old ice cream parlor and makes a good 1 island of work space. I like the idea of an octagonal table in a sqi NEW USES room sitting under a round hanging lamp that a J A BARN FULL OF IDEAS lit up something or othe the old Brooklyn Navy Ya











"The downstairs bath [below] delighted none of the senses, so I sold a good desk and did it over. The count r is long enough for guests to keep their bathing paraphernalia on the spot, and the sentence of t

carpenter-Gothic window frames that Victorians put on the outside of their houses. In the upstairs bath Vicenter y, a wigglework cabinet that hung in my grandmother's Turkish corner holds my grandfather's seashells. My own be droem bottom



board, It wasn't high enough, so it board on stilts you can't see, The shutters were a present, but didn't t t little trompe l'ocil and board of the fabric that's all or entry fabric



his is the southwest side of the house [left], which neday may be covered with trumpet vine, but I ubt it. The local soil is indignant if you plant anything it except herbs. Those it likes. Inside, stairs, there's a long skylighted hall [above] that's come a kind of sitting room for the bedrooms. e curlicue settee is an ebony Civil War tête-à-tête vered in silk plush, and a lovely thing to talk in. liberately, the hall is mostly black and white-that's e rest of the checkerboard carpet—to make it a ntrast to the bedrooms. Their floors were so ful they couldn't be scraped, they'd have turned sawdust, so I painted them. Bright blue, bright yellow, d white. Each floor took four coats of specially mixed deck amel, but the net result was three azing whomps of color. Necessity is a good decorator. he 'Blue Room' [far left] is a guest room with French iron and brass bed. Out of a maid's room, it even so, a pretty fancy hand-me-down." OUSE & GARDEN, MARCH, 1973



#### CREATIVE CRAFTS

## THE ART OF PAINTING AND ANTIQUING FURNITURE WITH NEW ISABEL ONEIL TECHNIQUES

Decorating furniture can be as exciting and satisfying as painting a picture. Even a beginner who doesn't know the difference between flatting oil and turpentine can learn to become an expert through practice and patience. Knowing how involves following a method down to the last letter, just as following a recipe in cooking. With the right method, a beginner can become a craftsman, able to simulate fine antiques or turn old secondhand furniture into amusing treasures. The noted authority on painted finishes, Isabel O'Neil, has devised an exact procedure for painting and antiquing furniture. On these pages are some furniture pieces her students have done, using her special techniques-with new paint formulas, new varnishing techniques-as well as the steps in the antiquing process. Isabel O'Neil's advice: "Strive for perfection at each step." And the first step is mixing the colors. She adds japan paint to flat, white oil paint thinned with turpentine to the consistency of thin cream. To make the paint smooth and to ensure total mixing, strain through nylon stocking into a wide-mouthed jar. Japan paints are bought in cans and are opaque, quick drving, and mat. When a base color is decided on, it should be brushed onto a practice board. Every coating subsequently put on the piece of furniture is first put on the board so that the craftsman can see the effect. To paint, begin on the legs of a chair or the sides of a chest where the initial lack of expertize will be less noticed. Use a 2-inch oxhair brush for broad surfaces, a 1-inch one for small areas, and a stiff 1-inch bristle brush for carved areas. Dip into the container to just halfway up the bristle. Press against the inside of the jar to remove excess paint. Hold the brush well up on the handle for greater control and ability to flow paint on. When dry, sand with 220 garnet paper. Wipe clean. Follow procedure with each coat of paint. For more complete instructions, see The Art of the Painted Finish for Furniture and Decoration by Isabel O'Neil (a House & Garden Book, Morrow, \$19.95). For those interested in studying with Isabel O'Neil, there are accelerated classes on basic painting and antiquing, as well as gilding, from June 18 through June 29 at



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 Painted and antiqued pieces, above and opposite page, were done by students in the Isabel O'Neil Studio Workshop, 177 East Eighty-seventh St., New York, N.Y., 10028.
 Painted and antiqued pieces, above and opposite page, were done by students in the Isabel O'Neil Studio Workshop, 177 East Eighty-seventh St., New York, N.Y., 10028.* 



lse a long-haired 6 sable brush to chair frame. should be free continuous, with pressure. To erase use 220 garnet If stripe is too w, correct with adal paint. Seal with arnish put on with ce of nylon stock-When dry, frame dy for antiquing.





The antique mix combines 1 part vermilion in dry powder Form, 1 part raw umber, with 2 parts of white way. Paste is evenly brushed on with 1-inch stiff brush, then surface is pounced. OLEKSAK





To blend the antiquing, wait half an hour or until the Pounce as soon as mixture is brushed on to eliminate brushstroke striations. To pounce, 4 To blend the antiquing, wait half an hour or until the piece is completely free of any tackiness. Use a piece 5 with a soft flamel cloth. Protective 122-inch oval sash brush, held perpendicular of unrolled 000 steel wool, blend with light pressure in a varnish can be applied after six weeks' drying igh on the handle, with a patting motion. crisscross movement, letting the base color show through. time, using a synthetic velour powder puff.



To give a glowing finish, buff lightly

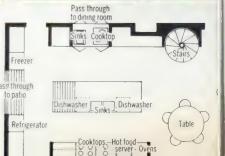
# A OF THE **best-organized** KITCHENS WE'VE EVER SEEN

sk any woman which room in her house she'd do over now, and, most likely, she'll say, "I <mark>want a</mark> kitchen, please." Ever since <mark>cave man kindled that</mark> first flame for his mate's barbecue, ways of updating the kitchen have been top priority in any building or any remodeling scheme. Today organization and convenience count as never before. Here are four fabulous kitchens, boldly outlined in black and white, all of which work supremely well—and they're supremely hospitable, too.

NEW countryhouse KITCHEN



months-long, three-way consultation among owners, architects, and kitchen designer gave birth to a vast but welcoming kitchen, above, that comfortably accommodates a multitude of activities at the same moment. The kitchen, see plan, is essentially divided—by its center island—in half, one side for cooking; the other, pantry. Everything peripheral in this room is minutely organized: Matching refrigerator and freezer, top, flank window and passthrough to patio; cook side, center, boasts, two wall ovens, hot food server, gas cooktop, and two electric burners, plus utensil storage; desk side, left, at rear, has lots of space for menu planning (with favorites Pass t framed above) and dining for up to six; pantry side, right, hides, behind doors, dining room passthrough with its own sinks and cooktop, plus storage for linens and tableware. Center island contains two-bowl sink, two dishwashers. Floor is oak; cabinets of black enameled steel are by St. Charles Kitchens. Architects: Lundquist & Stonehill. For equipment used in the four kitchens, see page 127

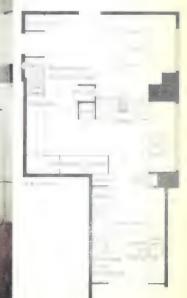




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very inch in an apartment kitchen is pre-🥑 cious: Mylar ceiling and bright white walls expide space in this super planned one, while country tile and greenery bring it back to earth. Counterclockwise from top: Elements of the plan: Long corridor, lined with undercounter built-ins (see plan be-St. 21. age, acts as a pantry before it ells across a "floating" cook unit, then hooks a left past the children's meal preparation the states in the espresso mach - : · · · angles into a dining area in a sunny window. The cook unit, Castory of the second and the second children's area is complete in

tself with smooth cooktop. : nk, dishwasher, and just ator. Architect: Joser



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C



BLACK, WHITE, RED. AND ORGANIZED

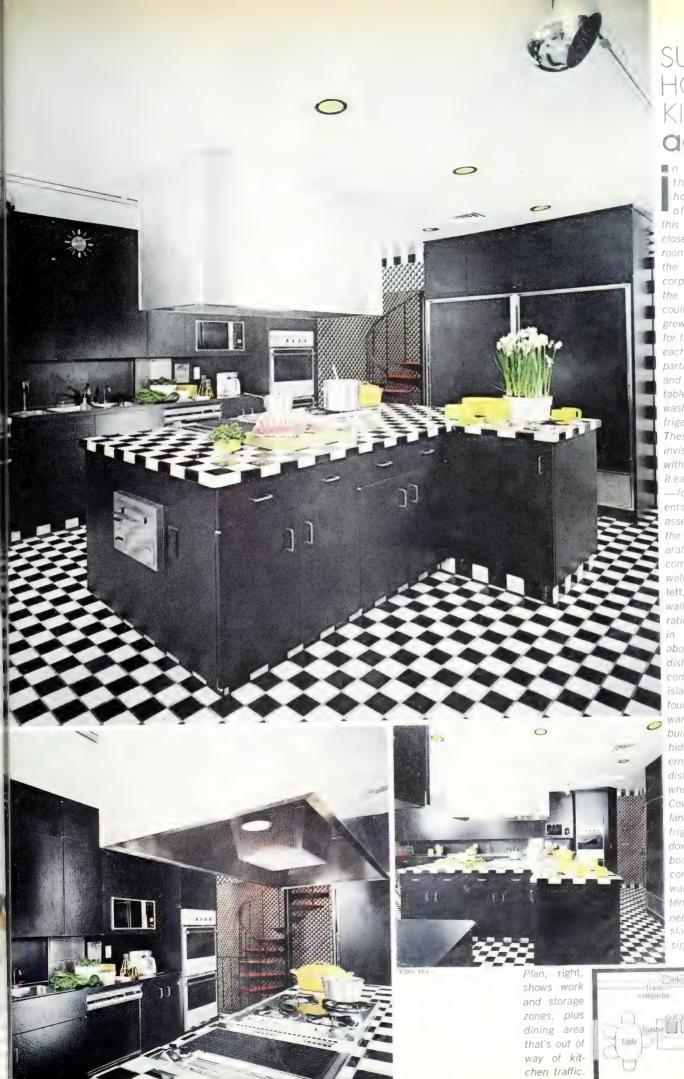
### RELOCATED town house KITCHEN

he kitchen in many city town houses is tucked away on the lowest and darkest floor. Why not, thought the Gilbert Kringsteins. move theirs upstairs over a multilevel living room? The new "parlor floor" kitchen is airy and bright. Most major appliances line one wall; the opposite wall is thus freed for counter space and washing up. In between: a ruby marble-topped work island, with pull-out chopping block to extend food preparation center.

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Dumbwaiter		



remediation processing pulled the Kringsteins' kitchen together so that everything added to it was for fun. "The original idea for the whole kitchen came if a restaurant sine i'd always wanted," says Mrs. Kringstein. "It was too large to flush into any space so interior designer Martin Lipsitt and archi. Charles, Forbers and losed it in its own sculptural womb Because that was such a marvelous idea, others naturally followed." A collection of deligh antique bottles, left, holds various spices; a wall collage of tiny votive charms, center, hangs next to a jar of potatoes and a bunch of slim reeds in head at year Two stainless steel racks around the stove, right, drip not only a selection of favorite utensils, but also lots of "amusing foods"-fake and re

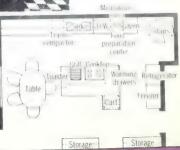


### SUBURBAN HOUSE KITCHEN added-on

n the updating of their suburban house, the owners of the kitchen on this page relocated it closer to their dining room, took advantage of the remodeling to incorporate into it all of the conveniences they could muster. Design grew out of their wish for three storage areas, each concentrated on a particular activity: pots and pans near cooktop, tableware near dishwasher, food near refrigerator and freezer. These storage zones set within the space making it easy to prepare meals -for children, for parents, and for partiesassembly-line style all the way from food preparation center to trash compactor. Along one wall, top and bottom left, are grouped two wall ovens, food preparation center, and builtin microwave oven above; to their left are dishwasher, sinks, and compactor. The center island contains grill, four-burner cooktop, warming drawers, and built-in toaster-plus a hidden cart, which emerges to propel food, dishes, utensils anywhere they're needed. Covering floor and island and framing re-

frigerator freezer, window, and door: checkerboard ceramic tile. A complementary vinyl wallcovering ups the tempo in stairwell; cabinets are sheathed in slate-like Formica. Designer: Ronald Bricke.

HA KNEY



## SPACE-SAVING TIME-SAVING WORK-SAVING **new** kitchen equipment

Skinny portable dishwasher-only 19 inches wide-holds five place settings. Montgomery Ward. 2. Tabletop oven bakes, broils, and roasts. Toastmaster. 3. Look-alike refrigerator and freezer fill only 47 inches of wall space-together. Westinghouse, 4, A range is a range is a . . . grill, griddle, rotisserie, French fryer-or cutting board. Any combination can drop in to replace either burners or smooth cooktops. Jenn-Air. 5. Roll-around dishwasher, a slim 22 inches wide, has family-sized capacity, full range of cycles. Hotpoint. 6. Five-cup blender offers continuous or on off action at seven speeds. Waring. 7. Microwave oven can sear, grill, or fry using special ceramic platter-which can be preheated. Food placed on the hot platter cooks and browns in the oven. Litton. 8. Electric skillet/chafing dish is completely washable. West Bend. 9. Threecycle drier runs on gas. Permanent press has ten-minute cool-down; air cycle is for no-heat drying. Whirlpool. 10. Cookware heats quickly because base has heavy aluminum fused between stainless steel surfaces; can go directly from heat into cold water or dishwasher without buckling. Cuisinarts. 11. Steam iron cleans itself by flushing water, lint, mineral deposits out and away. General Electric. 12. Ten-demitasse espresso maker makes coffee on the range top, serves it at the table. Hammacher Schlemmer, 13. Electric range has four ceramic cooktops, continuous-cleaning oven, storage drawer. Montgomery Ward. 14. Slim twin refrigerator and freezer can complement each other, and the kitchen, with trim kits-here, matched stainless steel front panels. Chambers, 15. Microwave oven has textured gray cabinet, large black glass door. Caloric. 16. A faucet without washers? Ceramic discs control water flow, prevent silt and minerals from leaking through. American Standard. 17. Total bills on a mini-calculator. Eight digits, auto matic decimal adjustments. Pana 18. Multi-speed countertop "power center" trades off blender with coffee mill, juicer, ice crusher, knife sharpener. Ronson. 19. "Dual Fuel" range: Gas cooktop, self-cleaning electric oven. Kenmore by Sears. 20. Ceramic cooktop drops into any counter -here, Formica with butcher-block look. Hotpoint. 21. Trash masher takes front panel of your choice. Small stuff goes into pull-out bin. KitchenAid.



or shapping information can page 12

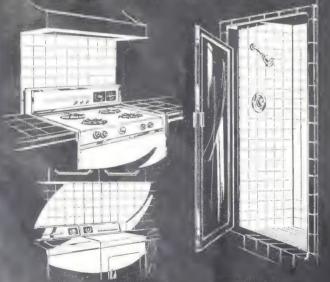


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GENUINE CERAMIC TILE IN 12" X 12" FLEXIBLE SHEETS WITH PRE-FILLED STAIN RESISTANT RUBBER SILICONE JOINTS



it's easy as 1-2-3! First, measure and layout area to be tiled. Second, press the tile sheets into mastic like laying floor tile. Third, apply stainresistant sealant only around the joints between the tile shorts clean up and presto .... your tile job is complete!



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Modernize with MOD-U-TILE ... gons over any surface .... including exacting tiel No trim shapes required ... each tile is self-trimmed on all four sides. Nine Tile go in at one time as one self-aligning unit



nswers to your most asked questions about icrowave , cooking

#### What are microwaves?

Microwaves are a form of electro-magnetic energy, which is intermediate in frequency and wave length between radio waves and infrared waves. These radio waves are generated by a vacuum tube called a magnetron in the form of radiant energy to cook food.

How do microwaves cook food?

The radiant energy is absorbed by materials with a high water content (such as food) as opposed to metals, which do not absorb microwave radiation but reflect it. The microwaves cause water molecules to vibrate rapidly creating enough friction heat to cook food much more quickly than with conventional cooking methods.

#### What is the difference between conventional and electronic cooking?

Microwaves are absorbed from the inside almost simultaneously with the outside; this is why food does not brown readily but heats up much more rapidly than in a conventional oven where the air is heated and in turn cooks the food-the food in effect cooks itself leaving the oven cool.

Does the microwave oven replace any other cooking appliances? No. The microwave oven is not a broiler, a roaster, or a rotisserie. It can be used for roasting, baking, but many cooks feel it is more successful with wet dishes, such as casseroles and soups, as opposed to dry roasts and steaks.

What are the greatest advantages of electronic cooking?

Speed. Cooking time is cut in half or greatly reduced and standing time whittled down. Turkey will take  $7\frac{1}{2}$  minutes a pound instead of 25. A standing rib roast, rare, takes  $5\frac{1}{2}$  minutes a pound as opposed to the usual 18 to 20. Cassoulet can be made in 35 minutes instead of 3-4 hours. The oven is also ideal for numerous short cuts in food preparation as shown on the following pages. Other advantages are: no oven cleanups, a cool kitchen, and the convenience of cooking and serving in the Continued on page 125 same dish.

#### **OPPOSITE PAGE:**

In the streamlined, glittering kitchen of the Maurits Edersheims, an eye-level microwave oven by Thermador plays its own special part, along with more conventional cooking equipment, in feeding and caring for a large family. The children can heat up a hot snack in minutes, food can be warmed, frozen foods quickly defrosted. Here artichokes are to be cooked in a brief nine minutes, saving half an hour over the top-of-the-stove method. In the oven, tomatoes are ready to be heated, stuffed with an intriguing blend of herbs, aromatics,

artichoke bottoms, and truffles. Fish in a shallow dish can be poached in a splash of wine and seasonings. TOM YEE



## Vanderhints:

#### by Sylvia Schur

Discover a new flavor note with Vandermint liqueur. Vandermint-rich Dutch chocolate deliciously blended with mint. Imported for your pleasure from Holland.

#### Vanderglazed Carrots

Heat 1 tbls. butter. Add 1 lb. cooked sliced carrots, 1 tsp. sugar; stir to coat. Add ¼ cup Vandermint. Cook uncovered, stirring often, until glazed. 6 servings.

#### Pears Helene Vandermint

Marinate 6 canned pear halves in  $\frac{1}{2}$  cup Vandermint,  $\frac{1}{2}$  hour. Melt 1 cup semisweet chocolate bits with 1 tbls. butter. Off heat, stir in  $\frac{1}{4}$  cup each Vandermint, light cream, 1 tbls. light corn syrup. Top 6 portions vanilla ice cream each with pear half, sauce.

#### Vandermint Frappe

Whirl equal amount Vandermint and vanilla ice cream in blender just until combined. Pour into champagne glass and serve with short straws.

#### Vandercocoa

Top off a brisk autumn walk with hot cocoa, laced with a generous pour of Vandermint during the last few minutes of heating. Top with whipped cream.

#### Vandermint Ice Cream Pie

Make chocolate crumb crust or 9" pie shell. Soften 1 env. unflavored gelatine in ¼ cup water in small pan. Add ½ cup Vandermint; stir over heat until clear. Stir in 1 pt. chocolate ice cream. Whip 1 cup heavy cream with 2 Tbsps. Vandermint. Fold in ice cream mixture. Spoon into crust. Chill to set.

#### Magic Vandermousse

Melt 6 oz. semi-sweet chocolate with 3 oz. Vandermint, pinch salt. Cool. Whip 1½ cups heavy cream stiff and fold in. Chill. 8 servings.

#### Vandermint Dutch Coffee

Fill up a mug with hot coffee. Add 1½ oz. Vandermint...top with whipped cream.

And after dinner, while the Vandermint is still out, why not pour a glass for everyone around the table. It's delicious straight, on the rocks or as a V & V (equal parts Vandermint and Vodka over ice).



## TIPS, RECIPES, AND TIMESAVING WAYS TO USE A MICROWAVE OVEN By Jane Ellis

Microwave ovens have opened up a whole new range of kitchen experiences. They are an adjunct to conventional cooking methods, but do not take their place. Primarily a boon to busy people, microwave cooking is keyed to time not temperature. For people who like frozen food it is a perfect partner for the freezer; for people who like to cook from scratch, time can be saved on some of the initial steps everything can be hot on time. Then there's the marvelous convenience of being able to cook food speedily in serving dishes and dispense with washing saucepans. Children can have a hot snack the moment the come home from school—any latecomers can have a hot dinner in minutes heated on a plastic-wrap covered plate. You don't have to worry about temperature variations, or leap up when the bell rings (it turns itsel off), and you don't have to worry about fire. Many great cooks are experimenting with microwave oven and here are some of their discoveries—fifty timesaving ideas and recipes for you to experiment with you'rself.

Bring an egg to room temperature quickly (for making mayonnaise, for instance) by pricking it and popping into oven for a second, suggests Helen Worth, whose latest cookbook is *Damn Yankee in a Southern Kitchen* (Westover).

House & Garden Cookbook

Dice fat very small, heat on paper towels to make crackling.

Melt chicken fat in a small Pyrex bowl.

Heat crisp bread and hard water crackers for a moment for extra freshness and crispness.

Heat pumpkin and squash seeds for hors d'oeuvres.

Warm lemons for a moment to release more juice and flavor.

For instant minced onion, heat raw minced onion; water evaporates at same time. Heat pie à la mode without melting the ice cream.

Melt cheese on toast rounds, pop an anchovy on top.

Reheat a quiche in moments.

Dieters can have their own carefully pared-down meal, heated separately on a plate.

Keep 2 sheets of paper towels on the bottom of the oven in case of run-overs.

"Keep notes on what you do," advises Julia Child, who considers microwave cooking a question of trial and error. She makes **tomato sauce** in 15 minutes. Cook minced onion and butter for 4 minutes, then add fresh tomato pulp, herbs, chopped garlic for 6 minutes. Take out and boil for 2 or 3 minutes to reduce and thicken. A good strong **chicke broth** can be made in 1 hour suggests James Beard, who put backs, wings, and aromatics in large covered pot with water to cover.

"I always keep extra butter if the freezer," says Helen Worth who thinks the microwave goes hand in hand with the freezer Butter stays fresher in the freez er and warms up in a few see onds, as needed.

Freezer paper can be re moved from food easily after a few seconds in microwave oven

Jellies and preserves can be heated in preserving jars with paraffin seal on—it won't melt.

There is little evaporation in microwave cooking, so use liquids sparingly.

The new microwave ovens are more compact in design, so they fit into a kitchen without using too much space. The MicroMite, TOP OF PAGE, is easily portable, weighing only 39 pounds, measuring 17½ by 12% inches high. It can be used in any room, any outlet. 425 watts. \$200. Distribution limited. For information write Micro Electronic Appliances Inc., Advtg. Dept., 57-18 Flushing Ave., Maspeth, N. Y., 11378. Sears Kenmore Dual Power Cook and Defrost Microwave oven, ABOVE, has two energy levels—high power, 650 watt for fish and poultry, and low, 330 watt, good for soufflés and custards. 19¾ by 15 inches high. 8450. General Electric's Jet 70 portable model, LEFT, 18¾ by 15 inches high, is white with beige accents, has a black glass door. 550 watt. It will hold a 4-pound roast or a 2-quart casserole.



## Birds Eye introduces little taste of Switzerland.

E

è ce

New Birds Eye Swiss Style Vegetables. Taste our green beans, cabbage, turnips, potatoes, broccoli stalks, red peppers and a sauce your husband will love. And after you've had a little taste of Switzerland, bite into the rest of the world.

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.3.

Birds Eye International Vegetables also come in other styles. Hawaiian. Danish. Parisian. Chinese. Spanish. Mexican. Italian. Japanese. Bavarlan. And new Mediterranean.

We make it here but it tastes like there.

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## Furniture for lovers Comfort lovers, Because the sofa and tables come in white, black, yellow

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#### MICROWAVE OVEN COOKDOOK.

#### Breakfast

A microwave oven is a great timesaver early in the morning when the minutes saved can contribute to a more leisurely breakfast.

Breakfast **oatmeal** can be whipped up in 3/4 of a minute. 1 tablespoon of honest five minute oatmeal mixed with about 3 tablespoons of water.

Maple or cane **syrup** can be kept in attractive table containers and popped into the oven to warm through when pancakes are on the menu.

Actor Michael Wagger loves his super speedy microwaye serambled egg. He puts an egg on a paper plate, stirs with a fork for a moment and cooks until it's scrambled. You can scramble several eggs this way: Butter a Pyrex dish, add beaten eggs, cook 30 seconds, stir with rubber spatula, cook 30 seconds.

**Eggs Benedict** can be put together quickly and served easily for a party, says Helen Worth. Prepare everything ahead, assemble and heat at last minute.

**Coffeecakes** can be heated in a moment or two.

Stale *rolls* or *doughnuts* can be made fresh in seconds. *Grapefruit* and *oranges*  intensify in flavor when heated through for a second or two.

If you perk a pot of fresh **coffee** for breakfast, you can heat up a cup later in the day and it tastes freshly perked, says, Los Angeles *Herald Examiner*'s, Nancy McAlister. An abandoned cup of cold coffee can be heated through in a jiffy.

When you're serving raisin or blueberry **paneakes** to a crowd, make them all. stack them, and heat up before serving, suggests Helen Feingold.

Frozen **croissants** and **brioche** are marvelous when warmed in a microwave oven says Julia Child, who finds hers become tender and taste absolutely freshly baked.

Heat a **pitcher of milk** for café au lait as Michael Wagger does. Pitcher does not get hot, but the milk does.

Enalish Muffin Bread from Vera Ludvigson for Litton is successfully cooked in a microwave oven as it doesn't have to brown and you toast it afterward. In mixing bowl, combine 3 cups unsifted all purpose flour, 2 packages active dry yeast, 1 tablespoon sugar, 2 teaspoons salt. In 4-cup measure, heat  $2\frac{1}{2}$  cups milk until warm. about 2 minutes. Add milk to flour mixture. Beat by hand or mixer until smooth. Stir in another 2 cups flour to make a stiff batter. Cover; let rise in warm place until light and doubled in size, about 1 hour. Dissolve  $\frac{1}{4}$  teaspoon soda in 1 tablespoon of warm water. Stir down yeast batter; blend in soda mixture, mixing until well blended. Divide batter between 2 unlined  $1\frac{1}{2}$  quart (8 by 4) loaf dishes. Cover and let rise in warm place until doubled, about 45 minutes. Cook each loaf, uncovered. 6 minutes or until no doughy spots remain. Cool 5 minutes; loosen edges and remove from pan. Cool completely. To serve, slice and toast in toaster or under broiler until edges are brown. 2 loaves.

#### Children

The microwave is great fun for children. They can help with the cooking. Nothing is too hot to touch; there is not much cleaning up, as cooking and serving are done in same utensil.

They can make **chocolate** in a mug and heat it up in 2 minutes. Pop a marshmallow on top after 1 minute and it puffs handsomely.

Soup can be prepared ahead, ladled into bowls and then just popped into the oven to heat through.

One of the favorite **afternoon snack** of children in France is a soft or puff paste roll with a small chocolate bar in the center. Cuisinarts's Carl Son-

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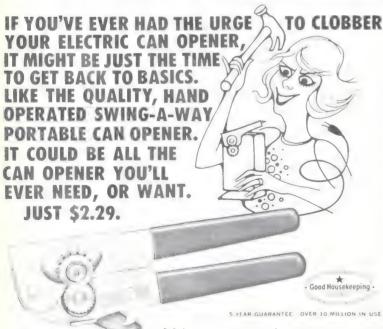
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theimer discovers you can reproduce them beautifully in a microwave oven. Take a soft roll -Parker House or good frankfurter or hamburger roll-and sandwich in it 2 ounces of German sweet chocolate. Give it one minute in oven, remove, let it rest a minute or two. Chocolate and bread will then be soft and warm.

Cook popeorn in a covered glass casserole lined with a paper towel for about 5 minutes. Remove paper and pour melted butter over popped corn. Salt.

For country weekends with children, actor Michael Wagger has food cooked in the city, stored in plastic containers to transport to the country. Then all he has to do is heat them in the container.

#### Fish

Microwave cooking is very good for fish-it makes it tender, retains juices. Cook whole fish with just a little wine and aromatics.

Cook whole lobster in a little water for 9 minutes turning it for a good steamed lobster.

Baked Clams from George Lang author of The Cuisine of Hungary (Atheneum) whose recipe cards are available with the MicroMite oven. Shuck 6 clams and chop finely. To bake reserve deeper half of shell. Put 2 slices of bacon on paper towel in dish and cook 2 minutes. Cream together 2 tablespoons of butter, 1 tablespoon chopped parsley and 1 garlic clove, minced. Add bacon, which has been chopped, clams, and 1 ounce beer. Mix well. Toast 2 slices white bread and dice. Fill clam shells with mixture and top with toasted bread croutons. Cook for 2 minutes. For an interesting variation, sprinkle grated Cheddar cheese on top and garnish with pimiento strips.

#### Vegetables

Vegetables can be cooked very quickly in a microwave oven and have the crunchy, crispy texture of Chinese vegetables. Carrots

and turnips do not cook as well as beans and peas, which can be cooked in just the water that clings after rinsing so food value stays with the vegetables and is not poured down the drain as sometimes happens to boiled vegetables cooked until goodness has transferred to the water.

Bake a whole eggplant for eggplant caviar. Cooks in a few minutes as opposed to the usual twenty, suggests Julia Child.

Cook sliced potatoes with onions and herbs, turn a few times during cooking.

A baked potato cooks in 5 minutes, but 3 take almost 12--remember the more food in the oven, the longer it takes to cook.

Artichokes can be cooked in 9 minutes and stay nice and green. Wash 2 artichokes, cut off stems, trim with scissors. Bring 1 inch of water to boil in Corning or Pyrex dish with cover, add 2 teaspoons vegetable oil, 1 slice lemon, and 1/4 garlic bud sliced. Place artichokes in water with petals down so steam can get into vegetables. Use toothpicks to support if necessary. Cover and cook 9 minutes. Drain. Serve with garlic butter or lemon butter.

Asparagus, cabbage, celery, and cauliflower are cooked in a similar way in very little water.

When cooking vegetables put salt and seasonings in bottom of dish as salt sprinkled on top dries up vegetables.

Italian Stuffed Mushrooms from George Lang: Moisten 2 slices of white bread, squeeze dry and crumble into mixing bowl. Add 1/8 cup ham (preferably prosciutto) finely minced, 1/8 cup chopped parsley, 1/8 cup grated Parmesan cheese, olive oil (enough to bind mixture), mix well. Spoon mixture into 6 fresh mushroom caps, cover with plastic wrap and cook 7 minutes.

Cook corn on the cob loosely covered with a piece of plastic wrap in a covered dish with the water that clings after rinsing.

Cut time in making mush-

## Here's what Myra Waldo wanted to know about her new General Electric microwave cooking center.



Myra Waldo has written more cookbooks than any other person. Some of her most popular cookbooks include: The Complete Round the World Cookbook, Myra Waldo's Chinese Cookbook and The Complete Book of Wine Cookery, Miss Waldo's questions about microwave cooking are part of a continuing series answered by General Electric.

**Q.** How does microwave cooking differ from conventional cooking?

A. In conventional cooking, the air or liquid surrounding the food is heated and heats the surface of the food. This heat is conducted into the interior of the food and cooks it. In microwave cooking, the microwave energy is absorbed only by the food and does not heat the surrounding air. This energy causes the food molecules to vibrate against each other, resulting in friction and creating heat which is conducted through the food and cooks it faster. General Electric markets two complete microwave cooking centers (Model J896 and Model J856), plus a countertop portable microwave oven (Model JET80). Cooking speed varies with the type of food being prepared, but here are some comparison times:

FOOD	CONVENTIONAL COOKING TIME	COOKING TIME
°h.	it Min	
Thaw Frozen Fruit	10 Min	
Lasagna	45 M -	
Stuffed Peppers (6)	6C Mir	N.
Brownies	Tr Mi	+Mr
Saimon Loaf	60 Mir.	
Scalloped Potatoes	90 Min	. Nº 1

Number 2 in a series.

Q. Can I put something from the freezer directly into a microwave oven?

A. Yes. Frozen vegetables (even those in cooking pouches), frozen package entrees and home-frozen dishes can all be prepared quickly and easily with microwave energy. You can soften ice cream or butter to serving consistency in only a few seconds. Meats, depending on size and thickness, generally take only minutes to thaw.

**Q.** Can I make pastries in my microwave oven?

A. Yes. You can expect excellent results with General Electric's complete microwave cooking centers because they have heating elements to provide the conventional heat for browning, while the microwaves provide the speed in cooking. Our portable microwave oven is very effective for pastries which do not require a brown crust for appearance, such as brownies.

**Q.** When foods are cooked in liquids, does the liquid boil out more rapidly than in conventional ovens?

A. No. There's usually more liquid left because of the shorter cooking time. In a conventional oven, heat and longer cooking time result in more evaporation of liquids and natural juices.

**Q.** Will a potato skin turn crisp in the baking process?

A. Yes. By using the combination of microwave energy

and conventional heat in the General Electric complete microwave cooking centers, potato skins can become very crisp. However, in our portable microwave oven, the natural moisture in a potato keeps the skin moist and, because of the speed of microwave cooking, the skin does not dry out enough to become crisp.

Q. Can I bake a soufflé in my microwate oven?

A. Yes. You can create superb soufflés with a General Electric complete microwave cooking center because it supplies conventional heat for browning at the same time the microwaves are baking the soufflé. Because soufflés require delicate treatment, they're not recommended for our portable oven.

**Q**. Does a microwave oven require any special electrical installation?

A. No. The total connected load of a General Electric complete microwave cooking center is about the same as required by comparable electric range models. Our portable microwave oven requires only a standard 120 volt, 15 ampere grounded outlet.

Q. Is my microwave oven self-cleaning?

A. Yes. General Electric's complete microwave cooking centers feature our P-7 Total-Clean<sup>™</sup> oven, because they also have a conventional oven and conventional heat bakes on food spills and splatter. The surfaces inside our portable microwave oven remain cool enough so food soils don't bake on. You can clean them easily with a damp cloth.

**Q.** Can I get my microwave oven serviced easily, should I ever need it?

A. Yes. General Electric's Customer Care Service Everywhere

goes with every microwave oven we sell. It's our pledge that wherever you are, or go, there's a qualified GE serviceman nearby.



If you'd like to know more about microwave cooking, write: General Electric, Dept. M.O., Ap4-206A, Appliance Park, Louisville, Kentucky 40225.

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room duxelles. Carl Sontheimer chops  $\frac{1}{2}$  pound clean mushrooms into pieces slightly smaller than niblets. Do not chop too finely as the pieces shrink during cooking. Wring mushrooms, a handful at a time, in the corner of a kitchen towel to squeeze out moisture. "The drier the mushrooms the faster they'll. cook and the better they'll taste," says Mr. Sontheimer. Put 3 tablespoons butter, 3 tablespoons shallots, 1/8 teaspoon grated nutmeg, and mushrooms into a glass or ceramic bowl. Cook 3 minutes or until butter is melted. Stir. Cook 3 minutes more, give bowl a quarter turn. Cook 3 minutes more. Remove from oven and stir. If you see traces of moisture continue to cook until moisture has evaporated. Season carefully with salt and add a dash of Madeira.

Potatoes cooked in a microwave oven do not taste like oven baked potatoes say several cooks. However, Helen Worth finds them ideal for potato salad. You save the labor of peeling and potatoes don't get water logged-retain their food value and flavor. Mix with desired dressing while still warm.

Frozen vegetables, of course, heat beautifully in a microwave oven. Frozen peas are cooked and served in individual dishes by Helen Worth, who first adds a little butter, dried mint, and seasonings, heat until hot stirring once or twice.

Chestnuts can be cooked in double quick time discovered Julia Child. She peels off one side of 30 chestnuts, puts them in a covered dish with  $\frac{1}{4}$  inch of water to cook for 21/3 minutes, by which time they're ready to be peeled.

#### Meat

"Makes extraordinarily good hamburgers, steaks, and chops," says James Beard of his Litton browning unit. "I like hamburgers very rare, so I sometimes brown them in a skillet on both sides then put in oven for a minute to heat through. Then

you don't get the rare hamburger with a cold inside, as so often happens when you like it rare."

Helen Worth coats her hamburgers with Brown-Ouick her quick browning aid for attractive color, hamburger retains juices beautifully.

Teriyaki Chicken Skew<sup>.</sup> ers from George Lang. (6 to 8 skewers): cut into 1-by-6-inch strips 1/2 pound boneless chicken breasts. Marinate chicken in  $\frac{1}{2}$  cup teriyaki sauce (or 2 parts soy sauce and 1 part dry sherry), 1 garlic clove, minced,  $\frac{1}{2}$ teaspoon powdered ginger for 1 hour. Skewer individual chicken strips and cook 3 minutes covered with plastic wrap. Serve immediately. Also try beef or shrimp using the above method.

"A microwave oven is a boon to people who eat frozen food" says Julia Child, who has cooked a  $1\frac{1}{2}$  inch, frozen sirloin steak with potatoes, onions, carrots in a ceramic dish, turning once. She also finds she can defrost frozen rabbit pieces in double quick time, turns them around once during  $1\frac{1}{2}$  minutes oven time. You can defrost a 3 pound roast in about 15 minutes.

"They're marvelous in a crisis," says Mrs. Child, who suggests if you've roasted a leg of lamb or chicken and find it underdone when you take it out, pop it into the microwave to finish off quickly.

**Bacon** cooks quickly; put it on crumpled paper towels so fat will drain off during cooking, put a paper towel on top to avoid splattering. If you like it crisp turn over after a minute and a half and cook for 2 seconds. Remember to take it out of the refrigerator early so it will easily separate.

#### Desserts

A fruit compote works out well and the fruit holds its shape so much better, says James Beard, who made it in a covered casserole. Give fruit very little sugar, no liquid at all, save for a little kirsch and cook for 8 to 10 minutes and test. Cook longer if

necessary.

Food writer Helen Feingold cooks **dessert** crêpes ahead and fills with apples, peaches, pineapple, apricots. When she wants to serve them she warms them quickly in the microwave oven and serves with a cold custard sauce or whipped cream.

"Baked apples just when I feel like it" is another oven advantage for Helen Feingold. who stuffs hers with raisins and brown sugar, adds a little white wine or sometimes beer to bottom of dish. Crumbled macaroons. cookies, ladyfinger crumbs can also be used.

When mixing pastry or cookie dough, Helen Worth tests a little bit by popping it into a microwave oven about 30 seconds to check the cooked taste.

Very hard ice cream can be softened quickly. Cool'n Creamy dessert (a frozen variety which usually takes 24 hours to defrost) reaches the desired softness in 5 minutes.

Scald milk for custard in the same bowl you make it in.

Sugared, whole hulled strawberries heated a moment intensify in flavor, serve with whipped cream or ladyfingers moistened with kirsch.

Toast almonds on a paper plate.

Melt jelly in jar to brush over fruit as a glaze.

Dip marshmallows into chocolate sauce and top with a scoop of ice cream—this can be heated without melting ice cream.

#### MICROWAVE QUESTIONS continued from page 116

W hy do oven and working utensils stay cool?

Many materials transmit microwaves-glass, paper, china, some plastics—and since there is no absorption, they don't heat. Therefore, we are able to cook or heat foods in an oven on utensils that are cool to the touch. No more burnt fingers. Microwave energy is absorbed by many materials producing a temperature rise. In foods, this temperature increase is rapid and makes cooking very swift. How does this cooking affect foods compared to conventional cooking?

Fruits and vegetables retain their natural color more easily and their flavor and juices. Fish also retains moisture well. Leftovers retain moisture and don't dry out as they do in a regular oven.

Can microwaves make food radioactive?

Microwaves will not make food or other materials radioactive. What is the effect of microwave energy on the nutritive value of foods?

Most studies show that there are no significant nutritional differences in foods heated by microwave radiation compared to conventional cooking methods. What cooking utensils can you use?

One of the main advantages of microwave cooking is that it can often be done in the same dish or package in which the food was bought. With the exception of metals, all packaging materials are transparent to microwave energy, also glass, glass-ceramic, and china (no metal trim-such as gold or silver-anywhere). Some items are painted with metallic substances and should not be used (if in doubt-put container in oven for 15-20 seconds moving from oven, don't user.

Paper dapkits, towels, plates, cups, cartons containing frozen foods, freezer wrap for thawing frozen foods, wax paper, light towel or cloth napkin to protect oven from splatters.

Plastic dishwashersale plastics, plastic foam cups and foam china. Use plastic only when heatin field to a service temperature -prolonged cooking causes food to reach a higher temperature and can distort plastic and plastic wrap for covering

Plastic baby bottles can be heated with no fuss or bother.



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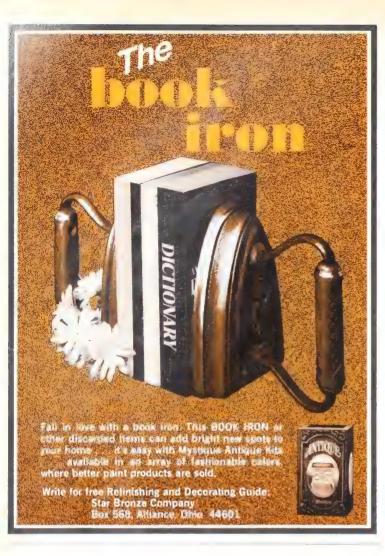
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Beauti Glide. EASIMATIC BED FRAMES Why can't you use metal containers in microwave ovens?

Microwaves are reflected by metal, so they will bounce off these surfaces without reaching food. Reflected microwaves can damage the magnetron that produces the electronic energy and damage the oven. (However, the new MicroMite and Thermatronic ovens are geared for cooking with metal containers.) Metal meat thermometers are unsafe.

Metal *can* be used in the following ways in most ovens: aluminum foil-if the amount of food is much greater than the amount of foil; metal skewers, clamps, or lids if there is a much larger amount of food in proportion to the metal; TV breakfast and dinner trays-containers should be less than  $\frac{1}{2}$  inch deep. No part of tray should touch walls, otherwise some arching (waves jumping from one piece of metal to another resulting in small flashes) might occur where the metals come in contact and result in pitting of the metal walls.

#### What do watts signify in microwave ovens?

A watt is a measure of power produced by the magnetron. Microwave ovens vary from 400 to 2000 watts. The more watts in the magnetron the more power is produced and the quicker the cooking time (In the same way a 60-watt bulb gives more light than a 40-watt bulb.)

#### Does cooking time vary with different models of ovens?

Cooking is by time not temperature, and timing varies with each model depending on its size and power (wattage). Some ovens, Sears for example, have two different power outputs to cook at different speeds. Others have browning elements, which can affect overall cooking time—for example, Sharp and Thermador. *How does covering food with plastic wrap or paper towels help in the cooking?* 

A covering of plastic wrap helps to retain moisture and keeps food from drying out—for example, in cooking vegetables. Some people think that a potato wrapped in plastic comes out flakier. Placing food on paper towels or covering with paper towels absorbs moisture—for example when heating breads. When food is covered the steam that is generated heats food more uniformly.

Are microwave ovens expensive to run?

Microwave ovens operate on regular household current (115 volt outlet, but they do need their own circuit, unless they are only 7½ amps such as the Micro-Mite) and use more or less the same electricity annually as a conventional electric range depending on amounts heated and length of use. It uses more initial power, but the shorter cooking time usually equalizes power requirements.

How do you clean the oven?

Because the oven stays cool, spills don't bake on and can be easily removed with a damp cloth. Oven cavity and door seals can be cleaned with water and a mild detergent—don't use scouring pads or other abrasives.

Will meat brown at all when cooked in a microwave oven? A roast and other large cuts of meat that take over 20 minutes to cook will brown but steaks and hamburgers come out gray unless sprinkled with sauces, condiments, or a coloring agent, such as Kitchen Bouquet, or unless the oven has a browning element or browning accessory. What are the safety standards for microwave ovens?

Every new model of oven is tested by the Bureau of Radiological Health, a division of HEW, for a performance standard. The bureau reviews samples of new models, visits manufacturers' plants to check products on assembly line and checks oven in operation in homes.

They ensure microwave radiation leakage does not exceed 1 milliwatt per square centimeter when it is new or 5 milliwatts per centimeter during its life. These they consider insignificant *Continued on page 131* 



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#### COVER:

Love seat: 60" x 32" x 3012" high. ratchet operated arms fold to floor. \$1250 COM. Baker Furniture.\* Fabric on love seat: "Sawtooth Star" cotton, 42" w., 15 yd. min. order. \$18 vd. Papier Peints.\* Outline guilting: for slipcovers, by Guild Needlecrafts, Inc. Chair: 29" x 3112" x 36" h. French reproduction. \$763 COM. Ottoman: 29" x 20" h., beech. \$521 COM. Both Baker Furniture.\* Fabric on chair & ottoman: "Bombay Stripes" cotton, 48" w., \$18 yd. Quadrille Wallpapers.\* Secretary: 38" x 19" x 84" h., bleached pine, 3 cabinet shelves. \$1750. At Baker Furniture.\* Plates: in secretary and on coffee table from Soupcon. Coffee table: 36" x 19" x 15" h., lacquered bamboo. From France. \$540. At Paul M. Jones.<sup>a</sup> Aubusson rug:  $10' \propto 7'$ . Stark Carpet.\* Lamp: 27" diam., porcelain base. \$750. Meissen melon dish: in 1st shelf of secretary, with cover, \$675. Both at Frederick P. Victoria. Watercolors: "Landscape with Church and Graveyard," 121/2" x 16½". \$850. "Basket of Flowers," by William Stearns. 1112" x 1412". \$1800. At Kennedy Galleries, Cane animals: ram and dove, \$75 ea. At John Rosselli Antiques. Papiermâché cabbage: by Stephanie Stephens. \$240. At Chrystian Aubusson. Afghan stitch frog pillow: \$45. At Belgravia House. Wallpaneling: "Bright-Ons" prefinished plywood. 4' x 8'. Vinyl finish. Under \$10 a panel. By Evans Products.

#### GROWING GREENS FOR DECORATING ZEST Pages 78 & 79:

1. "Your Majesty" wool carpeting: 12- and 15-ft. widths. Color shown, Parrot Green. \$19.95 yd. By Downs Carpets. 2. "Gingham Check" earthenware: handpainted, Parrot Green. 5-pc. setting, \$32. Coffeepot, sugar, creamer: set, \$32. At Bergdorf Goodman. 3. Love seat: 53" x 35" x 31" h., in green quilted fabric from Stroheim & Romann.\* By Shaw, \$730 as shown. At Aaron-Scott. 4. "Speed-Read Mini-Larm" electric digital alarm clock: Green Mint. \$17.50. By Seth Thomas. At Jordan Marsh. 5. "Geometric Cube" bedspread: designed by Donald Brooks. Rayon cover, polyester filling & backing. \$30, twin sz.

Pinch pleated, foam backed draperies available. At J. C. Penney. 6. "Cabbage Leaf" pitcher: Italian ceramic, 1/4 liter, Green Mint, \$13.50, At Mayhew. 7. Game board: green & while Euclie, wood his exceed with suede. \$300. At Karl Springer Ltd.\* 8. Ottoman: wood base upholstered in green wool fabric. \$125, By Selig. 9. Love seat: 60" x 33" x 25" h., foam upholstered in acrylic knit fabric. \$179 at Frank & Son.\* 10. "Botanical" pot holders: Moss green, pink backing, \$2.50 ea. At Hubert des Forges. 11. Wrapped cane chair: 31" x 31" x 25" h., 8875 COM. At Bielecky Bros.\* Fabric on chair: "Mystique" cotton, 52" w., 1712" repeat. \$18 yd. At Albert Van Luit.\* 12. "Ripple Vases": glass, clockwise from squat center vase: 3" x 412" diam., \$6.50; 6", 412" diam., \$9.50; 7", 5¾" diam., \$7; 5", 4<sup>1</sup>2" diam., \$7; 10", 41/2" diam., \$8. By Arabia. At Bonniers. 13. "Geo-Tec" lamp: designed by David Bredemeier. 13". Plastic shade. \$16. By Peter Breck. At D. B. Design. 14. Cantilevered chair: \$475; cantilevered ottoman, \$195. Both chrome base, vinyl cushion. By Charlton. 15. Bench: 38" x 1415" x 20" h., no-rust aluminum frame, green and white cushion, \$132. By Meadowcraft. 16. Umbrella stand: green Plexiglas, 7" x 7" x 24" h. \$60. At Albrizzi.\* Green umbrellas: From Uncle Sam's Umbrellas. 17. "Mini-Light" electric alarm clock: in red, blue, black. \$10. By Seth Thomas. At Jordan Marsh. 18. Chair: 24" x 36" x 24" h., chrome frame, upholstered in nylon stretch fabric, \$265. By Selig. 19. Breakfast area window seat: Wallcoverings, seat upholstery, tablecloth by Brunschwig &

#### Page 80:

Fils.\*

 "Continental" cotton fabrie: 48" w., 4½" repeat, Zepel finish. \$5 yd. By Bloomeraft. At Dendahl's. 2.
 "Flame" china: Parrot Green, \$22, 5 pc. setting. At Rosenthal Studio-Haus, 3. Basket tray: Italian earthenware, 13½" diam., \$42. At Ginori Fifth Avenue, 4. Sofa: 87" x 32" x 30" h, flowered quilted fabrie. \$539. By Drexel. At Robert W. Caldwell. 5.
 "Bonnyware" stainless flatware: enamel dipped handles. \$20 for 6, 4-*Continued on the next page*



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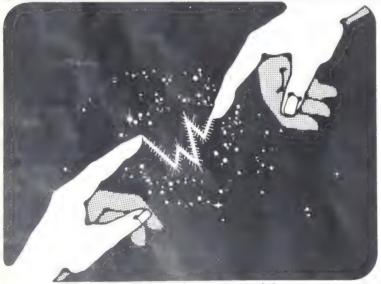
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#### SHOPPING INFORMATION continued from page 127

pc. settings. By Kellen. At Pachuka. 6. "Bradley" Dacron/cotton chintz: 48" w., 21" repeat. \$4 yd. By Bloomcraft. At Woodward & Lothrop. 7. Chair: 201/2" x 281/2" h., cycolac plastic. Designed by Joe Colombo. \$50 ea. At Beylerian.\* 8. Living room: wallcoverings, curtains, banquette, chair, cushion. Brunschwig & Fils.\* Fabric for plaid pillow: from & Vice Versa\*; pillow by Continental Craftsmen. Basket on coffee table from Parrish-Woodworth, Floral rug by Patterson, Flynn and Johnson.\* Porcelain pitcher at Garvin Mecking. 9. "Fauna" glass pitcher, sugar, and creamer: pitcher, \$9.50; sugar and creamer, \$9. At Bonniers. Page 81:

10. "Patelon" chair: Italian. \$500 COM. At Harvey Probber.\* 11. Juicer/extractor: 2-way switch for fruits and vegetables; squeezers in 2 sizes; washable filter. \$43. By Sanyo. 12. "Enchanted Forest" wallcovering: 28" w., 25" repeat, printed Tyvek. From The Eldorado Collection by Schumacher.\* 13. "Colonial Circles" rug: 3' sq. shown; custom sizes and colors. \$900. By Patterson, Flynn and Johnson.\* 14. "Exotic Green'' coffeepot: porcelain, \$28.50; casserole: 21/2 gt. \$50. At Rosenthal Studio-Haus. "Tulip Time" tablecloth: Belgian linen and polyester. \$45. By Jabara. At Lord & Taylor. 15. "Tributaries" rug: custom colors and sizes; 5' sq. shown. \$1464. By Edward Fields, Inc. 16. "Shells" wool carpeting: 27" w. 100 yd. minimum. \$36 vd. By Patterson, Flynn and Johnson.\* Seashells: from collection at Seashells Unlimited. 17. Chair: "Fern Forest" fabric, tufted roll back and arms. By Tomlinson. \$550 COM. At Vanleigh Furniture.\* 18. Lawson sofa: 351/2" x 871/2" x 33" deep, all down cushions. \$1220. By Hickory Chair. At Lord & Taylor. 19. Florentine table: 39" x 24" x 29" h., lacquer finish. \$660. At William L. Designs.\* 20. Salad bowl: 8" diam. Red, white, yellow, black. \$5. By Alan Spigelman. At Gimbels. 21. "Serenity" cotton: linen fabric: 28" w., 81/2" repeat. Brunschwig & Fils.\* Page 82:

1. "Fougere" vinyl wallcovering: 28" w., 36" repeat, custom color. \$27.75 a roll. Tressard Fabrics.\* 2. Pottery lamp: 30" h. with shade. \$150. By Chapman. 3. Indoor/Outdoor armehair: 22<sup>3</sup>/<sub>4</sub>" x 22" x 35" h., no-rust aluminum frame. \$84. By Meadowcraft. 4. "Sunshine & Lollipops" vinyl wallcovering: 27" w., 18" repeat. \$5.35 a roll. By Columbus Coated Fabrics. 5. Tole tray: 17" x 121/2", removable insert. Chicken pots: with matching spreaders. \$75. At Soupcon. 6. "All Weather Shutters": 11 sizes, 16" x 35" to 16" 80"; 8 colors. \$13 a pr. By Sears Roe buck. 7. Sofa: 72" x 341/2" x 30" h. in Greeff fabric. \$925 as shown. By Shaw. 8. "Katy's. Arbor" cottor fabric: 54" w., 40" repeat. \$18 yd At Albert Van Luit.\* 9. "Specia Greens" rug: 6' x 9', Indian durrie \$800. By Rosecore Carpets, 10, Ad dress book: "French Birds Print," covered in silk shantung. \$6. By Eaton. 11. Chair: 23" x 25" x 38" h., lacquer finish, with seat cushion \$239. By Century Chair. At Rober W. Caldwell. 12. "Sidekic" bar table: 21" x 21" x 28" h., laminated inside surface, 11-pc. bar set incl \$120. By Lane.

Page 83:

13. "Spectro" stainless flatware plastic handles. Serving pieces avail able. 5-pc. setting, \$10; serving set \$10. By Supreme Cutlery. 14. "Poe sie" bedspread: outline quilter throw style, shown in "Lime." \$235 twin size. By Kirsch. At Gimbels East 15. "Malachite" stationery: \$1 box. By Crane, Exclusively at Berg dorf Goodman. Piece of Malachite from Zaire. \$125. At Highlights. 16 Vegetable arrangement: polyure thane with cabbage motif. \$17. By Mountain Greenery. At Altman's. 17 Bench: 29" x 18" x 20" h., mahogany upholstered seat. \$256. At Baker Fur niture.\* 18. Kitchen: Tile wall paper: Kneedler-Fauchere. White enamel sink: American Standard Dishwasher: white enamel front pan els. By KitchenAid. Two-door refrig erator/freezer: by Amana. Wal ovens: black glass doors. 4-burne gas cooktop. Both by Modern Maid Flooring: vinyl tile by Congoleum 19. "Vicario" chair: 30<sup>1</sup>/<sub>2</sub>" x 25' x 261/2" h., reinforced resin plastic \$100. By Artemide. 20. "Nassau' vinyl wallcovering: 28" w., 30" re peat. \$18 a roll. At Instock Papers.<sup>4</sup> Seashells from Seashells Unlimited 21. Bunching table: 20" x 20" x 18" h., lacquer finish, glass top. \$115 From the Fairmont Collection by Thomasville. 22. Trunk: 30" x 18' h., set on stand. From Mexico. To order. \$250. At Odyssey Ltd. Pages 84 & 85:

Gottlieb Tapestry: 84" x 66", woo and linen. \$7500. At Pace Galleries Andirons: 18" x 11" h., steel and brass, \$160. From Edwin Jackson Persian, Turkish, and Bukhara pillows: from antique and semi antique kilim rugs. Dacron filled. \$75 to \$160. At the Pillowry.

#### Page 93:

"Rombos" carpet: by Emilio Pucci 5' x 7' shown. \$1200 by Harmony Carpets.

Pages 94 & 95:

1. "Rites of Spring" area rug: de

signed by Roger MacDonald. With or without tulip design in borders. \$2150. By V'Soske.\* 2. Durrie rug: denim blue cotton. \$2300. By Stark.\* 3. Yugoslavian kilim: all wool. \$354. Simon Manges.\* 4. Shiraz kilim : antique Persian \$4200 At Cours Rugs.\* 5. Kashmir kilim: 8720. B. Saxony Carpets. 6. "Zabol" bolt carpeting: 27" w., 80% wool, 20% nylon. By Stark.\* 7. "Rusticana": natural goat wool, \$30 vd. Harmony Carpets. 8. "Kalif" bolt carpeting: by Stark.\* 9. "Termez" bolt carpeting: by Stark.\* 10. Navaho rug: \$1000. Coury Rugs.\* 11. "Pamir" durrie: \$1620. Rosecore Carpets. 12. "Imagery" rug: \$209. By Karastan. 13. "Futural" rug: \$870. By Bigelow Custom Carpet Division. 14. "Breakthrough" rug: \$509. 15. "Imperial Palace" rug: \$1186. Both from Edward Fields. Inc. Pages 96 & 97:

Felt pillow kits: \$10-\$12 ea. Write: Felt Graphics Ltd., P.O. Box 285, Murray Hill Sta., New York, N.Y., 10016.

NEW KITCHEN EOUIPMENT Pages 114 & 115:

1. "Mini-Maid" portable 4-cycle dishwasher: White, harvest gold, avocado with melamine cherry wood grained finish on top. 19" x 321/3" x 21" d. \$180. By Montgomery Ward. 2. Tabletop Oven/Broiler: electric portable, pushbutton controls, separate oven and broiler controls. \$39. By Toastmaster, At Macy's. "Au Naturelle Grid" vinyl wallcovering: 28" w., 4" repeat. \$24 a roll. By Kirk-Brummel Associates.\* 3. Compact upright refrigerator: 6 cu. ft.,

3 shelves, push-button Defrost, crispers, \$125. Compact upright freezer: stores 161 lbs.; 231/2" x 233/1" x 333/5" h., white with walnut grain laminate tops. \$149. By Westinghouse. 4. Savory Centre: freestanding electric range. Removable electric elements or glass

Without

Endust

ceramic cooktop, converts to grill, griddle, French fryer. Unit, \$699. Griddle, \$20; grill, \$39; French fryer, \$59. Cutting board cover, \$15.75. By Jenn-Air. 5. Portable dishwasher: 60-min. and "Quickie" wash cycle, uses less than 4 sq. ft. Under \$180. By Hotpoint. 6. DynaBlend blender: 8" x 7½2" x 16" h., heat resistent glass container. In white, harvest gold, avocado. \$30. By Waring. At Abraham & Straus, Wallcovering: "Well Rounded" pattern, 28" w., 45%" repeat. \$24 a roll. By Manuscreens Wallcoverings.\* 7. Minutemaster microwave oven : Interior 141/s" x 161/4" x 9" h., 28-min. timer, separate Defrost and Cook buttons. Micro-Browner grill: 11" x 8" w., purchasable separately. \$419 including grill.

Grill: \$20. Skillet shown: \$20. By Litton 8. Chafing skillet: 2-qt. blazer and 3-qt. no. 11 k skillet, finished in porcelainized aluminum. Shown in Butterscotch." \$30. By West Bend, 9. Compact gas driver: 32" x 201/2" x 23 %" w., 3.4 cu. ft. interior. White, area alo, gold, or coppertone. \$180. By Whirlpool. Bath towels: "Morning" from Marimekko Collection by Fieldcrest. \$4.70 ea. 10. French stainless cookware: from lower left counterclockwise: 5-gt. saucepan, \$36.45; 912" skillet. \$21.95; 3-gt. saucepan, \$21.95; lid, \$4.25; 2-gt. bain-marie, \$22.45; lid, \$2.70; 11/2-qt. saucepan, \$15.95; lid, \$3.30. By Cuisinarts.

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> Spray your mop with ENDUST. You'll wonder how you ever got vour home clean without it. © 1972 Drackett Co.

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At the Thomas II. Iron: self-cleaning spray, steam, and dry. con Ressources on the second maker: and the second second 1×2 (0 ) ) Wallcovering. Mylar, 28" w., 15" repeat. ~24 a roll. Matthewarten 3 Smooth top exections and ing unit with 4-burner ceramic cook ing top Suffice B M Ward. 14. Slimline refrigerator: 15 cu. ft. adarsta shelves. \$760. Slimline freezer: 13 cu. ft., nonfrosting temperature control, automatic ice maker. Each 27" x 24" x 70" h. \$884. By Chambers, 15. Ultra/Wave microwave oven: portable, int. 1512" x 13" x 8" h., 12min. timer. Neutral gray, leather-like

finish. \$380. By Caloric. 16. "Aquamix" faucet: single lever control, in "Bone" color. \$16.50. By American Standard, At Rossi Prombine, 17. Mini calculator: 4" x 612" x 134" h., plastic. dark gray base, white top. \$140. By Panasonic. At Midtown Typewriter, 18. Whisper Drive Appliance Power Center: power base of white plastic supplies power for attachments, "11" x  $7^{1}{}_{2}^{\prime\prime}$  x  $7^{\prime\prime}$  h., 24-speed dial. Blender with base unit, \$90; juicer, \$20; ice crusher, \$20; coffee mill, \$28; sharpener, \$15. By Ronson, 19. Dual-Fuel range: 4-burner gas cooktop, automatically controlled temperature burner, meat probe in electric oven. \$359. Kenmore by Sears. 20. Glass

ceramic cooktop: 2 large, 2 small "Sunburst" patterns, turn yellow when in use, individual indicator lights, 35" x

213's" deep. Under \$350. By Hotpoint. Counter, "Butcherblock" Maple For mica. 21. Trash compactor: 1781" x 2312" x 36" h., charcoal air filters, 2 speed tan, \$279. By Kitchen V.d. Page 110:

KITCHEN INTERIOR: Two 2bowl stainless steel sinks by FL kay. Refrigerator and freezer by Gibson with black enamel door panels. Two built-in wall ovens, stainless steel finish. Two built in electric elements. Elermit dor. Two warming drawers by Edu son Building products. Front panels to match cabinets. 4-burner gas cooktop by Waste King Universal, Two under-counter dishwashers, stainless steel front pane 1. KitchenAid, 2-burner built-in glass ceramic cooktop by Corning.

#### Page 111:

CABINETS: White Lorpic ( tic laminate, oistoon rule PAN TRY: Under-counter refrigerator by Sub-Zero Underscounter dishwasher by Thermador, Single bowl stainless steel sink and faucet by E. Las. Under counter gas drier and under ownter electric washer I. M. S. House White Counter ~ yes support in to countertop. Food warmer with chonce to a chied on page 131

Advertisement

## CAN YOU PASS THE clecorating TEST?

Here are Professor Stanley Barrows's answers to the questions on pages 100-101. Check your answers and score ten points for each correct one.

#### Answer B or C

If your favorite wing chair looks wrong in the room, it's too angular or too curved or the wrong height for the rest of the furniture, and even after you've arranged and rearranged things it still doesn't seem to do, then be brave. Discard it or put it in another room.

#### Answer B or C

An inch may seem a trivial detail but sometimes it can mean all the difference between a room that's jumpy and one that's properly balanced where everything seems to work. When tables are to be in a pair, equal height develops a feeling of harmony and tranquility in the room. So if the piece is not valuable and the design allows, cut it down. Or, if it is too special, put it elsewhere.

#### Answer A

Big, bulky pieces of furniture—anchor pieces give a room architectural character and line and really add something to the shape and scale of the space, particularly in a boxy room. But to make a room livable, it's nice to have some things that "float"—a table that opens up for eards, a little armchair that can be pulled up to a sofa, or a bench or stool. They give flexibility and life.

#### Answer B

By all means experiment with overscaled furniture to create a special mood or effect. Be guided by your own eye.

#### Answer B

By using texture—silvery, shiny, smooth, lustrous, rough, coarse, woven, leathery, for example you can create a room with character, a room you like, a room that reflects your personality.

#### Answer B

The room in ten shades of blue, or for that matter ten shades of red or any other color, all orchestrated together is more interesting to do than a room in one color with maybe one or two main accents in contrast. Have courage and go right ahead. The trickiest room of all is the harlequin mixture of *many* different colors and patterns. It would probably be best for most people to call in a decorator for help on that.

#### Answer A, B, or C

Any one of these is right depending on your lifestyle and the space you have available. Often the largest room in the house must be used for both day-to-day living and entertaining. This sort of living room should be designed so that just by pushing a few chairs back you can have three or four times as many people standing as you have sitting. Furniture should be arranged so that you can enjoy the room alone or with a group. Answer A or B

#### RÍ

You will make fewer mistakes if you start with a floor plan on paper, working everything out more or less to scale. You know that some big pieces of furniture can't be changed easily, a bed, a big bookcase, a sofa, or chest of drawers, for example, so you have to establish anchor positions for these. Once you've decided on that, it's easier to place the rest of the furniture. But when everything is in, there may be adjustments you want to make, so feel free to experiment and to move certain pieces to give pleasure to your eye. You are the one who is going to live in the room and it should be pleasing and satisfying to you.

#### Answer A

Unevenness of plaster and moldings is more easily disguised with a dark paint color than a light one. A dark color also holds a room together, particularly if you have a lot of things you like to hang on the walls. Of course, there are alternatives to paint: fabric, paneling, to name two. Answer A

Architectural and structural alterations are the first thing to start thinking about when decorating a room, so if you are short on storage space, deal with it right at the beginning. Think of adequate storage in much the same way you think of having enough tables, chairs to sit on, ashtrays. Be comfortable; have a place for everything. Answer A

#### The symmetrical, balanced room is very quieting and easy to live with. Take an architectural feature, say a fireplace, and balance things equally on either side. Or divide a room in half and place things equally on either side. In other centuries this sort of plan was taken for granted and it's easy to get ideas for arrangements from books or other documents of the past. The asymmetrical arrangement is more subtle—you place things diagonally, balancing something high against something low. It's similar to the Oriental approach and creates an atmosphere of great charm.

Answer B

It's perfectly possible to train the eye. If you can get in the habit of going around to museums, shops, stores, galleries, house tours, you begin to see why a thing is beautiful, the quality of it, the way it's made, the finish and so forth. You examine and reexamine and so you begin to make your own judgment about whether something is really very good or not. Taste can be trained.

#### Answer A

- Mirror is a great material to make a room seem large, to give it more sparkle or feeling of light. It can be one of the most interesting things in a room and for the money spent you often get more return than almost anything you can do. Mirror can be excitingly used in large or small spaces. Answer C
- Lighting should be organized so that it can be controlled and changed for various purposes and activities. There's no sense in straining under inadequate light for reading or sewing or things of that kind. But you don't want strong wattage for a quiet party. One of the big advances today has been the introduction of relatively inexpensive dimmer controls. With this sort of rheostat control you can change the lighting situation at the flick of a wrist, which is very convenient. Color filters can also help to change the mood of a room. Answer A
- If you like red, then it's right for you. Let personal preferences be your guide always. If you want a red bedroom, go ahead and enjoy it. Why settle for a compromise?

#### Answer A

In designing a successful room nc ing is done haphazardly. Plan ahe Place furniture for purpose and e venience. Plan textures, fabrics, a colors you like to have around y and group them to suit your e. Arrange photos, paintings, and o er collections so you can enjoy the With advance planning and or nizing to meet your needs, you get the best results—a room you always happy to be in.

#### HOW DEVELOPED ARE YOUR DECORATING TALEN

If you answerd every question with a correct answer, there is a possible total score of 160 points. Check which of these three categories your total score falls into and read Professor Barrows's analysis.

**120** and over. Your decorating talents are very well developed and your own surroundings must give you and your family and friends a great deal of pleasure. Professor Barrows's explanations here will most likely give you further insight into why some rooms work better than others.

#### 60-120 You are obviously interested in

You are obviously interested in decorating but putting a room together probably takes more care and thought than you previously imagined. Remember Professor Barrows's advice: The best results do not happen haphazardly. Study the answers to this test, look in the pages of this issue carefully to find more about how you can best plan and arrange your surroundings.



Your decorating talents need to be developed. Think of it as a very exciting challenge. This and future issues of House & Garden will provide you with plenty of learning material. Look at the rooms in the magazine. Analyze their makeup, how the furniture is placed, the colors put together, and various decorating problems solved. Follow Professor Barrows's advice and teach yourself by going to museums, galleries, shops. Remember, it's perfectly possible to train the eye.

#### MICHOWAY IS INVESTIMATION

amounts of leakage and not harmful. Every owner should check the certification label on back of oven to see it conforms with performance criteria.

The Bureau considers that when an oven is treated as the manufacturer suggests, it is a good and safe product.

What safety precautions should oven users take?

Follow manufacturer's instructions for oven operation. Examine oven for evidence of shipping damage. Never tamper with safety inner locks. Have oven serviced regularly by qualified service man. Keep oven cavity and door seals clean. Never operate an empty oven, as you can burn out the magnetron. However, some over.s in the enough capacity to burn up the extra energy.

It in many set the grant bearing pro a particular mer?

When different people in a familv have to eat at different times the microwave oven makes it easy for the houses ite to provide a chain of hot meals at a moment's notice. Microwave ovens are good for snacking: for students they may replace the hot plate in the dormitory: for the elderly they make cooking for one easier: for mobile home owners they are compact and convenient. For anyone who cooks ahead and freezes they heat up food quickly and satisfactorily.

#### SHOPPING INFORMATION continued from page 129

hnish. Both by Corning. Undercounter ice maker by Sub Zero, IN **COOKING AREA:** Stainless steel sink and faucet by Elkay, Two 1burner gas cooktops and "Char-Glo\*\* gas grill by Waste King Universal. All dropped into custom steel countertop. Two electric ovens: black glass and stainless steel door panels by Thermador. Refrigerator and matching freezer by Sub-Zero. CHILDREN'S FOOD PREPARA-TION AREA: Single bowl stainless steel sink and faucet by Elkay. Under-counter dishwasher by Thermador, 2-burner built-in glass ceramic cooktop by Corning. Builtin wall refrigerator by Sub-Zero. Flooring: 6" sq. Heatherbrown Welsh quarry tile.

#### Page 112:

Upper cabinets: white baked enamel-on-steel; Lower cabinets: black baked enamel-on-steel by St. Charles. Butcher block countertop by J&D Brauner. Black enamel range by Garland. Two wall ovens, stainless steel, by General Electric. Refrigerator/Freezer with stainless steel door panels by Chambers. Single bowl sink by Carlton. Faucets by Delta Faucet Co. Under-counter dishwasher, black enamel finish, by KitchenAid. Custom stainless steel pot rack. Flooring and wall tile by American Olean.

#### Page 113:

Cabinets: "Black Slate" Formica plastic laminate with stainless steel hardware. Custom-made. Matching refrigerator and freezer by Sub-Zero with front panels of "Black Slate" Lormica Built-in microwave oven, black glass front. Two builtin ovens: electric, self-cleaning, black glass fronts, stamless from. Warming drawers, "Black Slate" Formica front panels, All by Thermador. Dishwasher by Waste King Universal. "Black State" Formica front panel. Trash Compactor by Whielpool, with front panel of "Black Slate" Formica. 4-burner gas cooktop, chrome finish, by Caloric, Single electric grill by Jenn-Air, Foodmatic Food Preparation Center by Ronson. Built-in toaster, stainless steel finish, by Swanson, Wallpaper, black and white vinyl. Louis Bowen. Tract lighting by Lightolier. COOKBOOK COVER

#### Page 117:

Built-in microwave oven, black glass front, by Thermador, Two built-in wall ovens, self-cleaning, It, General Frathe L-burner gas cooktop by Waste King Universal. Side-by-side refrigerator/freezer by General Electric. 2-burner glass ceramic cooktop by Corning. Cabinets: white Formica plastic laminate. Backsplash: Causiot Blue" For mica plastic laminate, Custom-made. TIVENG WITH COLOR

#### Pages 72-77:

Tablecloths, sheets, and towels by Ke. Sone (Ford & Evidencial April Fabrics can be seen at Ken Scott Showroom, 17 E. 67th St., New York, XY = 100.21.

For addresses of stores mentioned in this issue, write to House & Garden Reader's Service, 420 Lexington Ave., New York, N.Y. 10017.

From Calcutta ...

## **Report** on Elizabeth Dass...



To NAZARETH HOME, CALCUTTA

NAME: ELIZABETH DASS

DATE OF BIRTH: APRIL 12, 1964

NATIVE PLACE: CALCUTTA

HEALTH: FRAIL, THIN, WALKS MX WITH DIFFICULTY, PROTEIN DEPRIVED

GENTLE, QUIET, COOPERATIVE. SPEAKS CLEARLY AND IS OF GOOD MIND. WILL BE ABLE TO LEARN ONCE HEALTH AND STRENGTH IS ARE RESTORED. CHARACTERISTICS:

PARENTXEMXSCONDITION: FATHER: DECEASED.

MOTHER:

Malnourished, recent victim of SRK smallpox, works in a match factory.

ORDER OF BIRTH: THIRD DAUGHTER

INVESTIGATION REPORT:

ELIZABETH'S FATHER USED TO BE A STREET CLEARNER, DIED FROM TYPHUS. HER MOTHER IS VERY WEAK FROM HER RECENT ILLNESS-INDEEDIT IS REMARKABLE SHE IS ALIVE AT ALL. ONLY WORK AVAILABLE TO THIS WOMAN IS IN A MATCH FACTORY WHERE SHE EARNE TWO RUPEES A DAY (26%) WHEN SHE IS STRONG ENOUGH TO GET THERE AND WORK.

ONE ROOM BUSTEE (HOVEL) OCCUPIED BY SEVEHA. OTHER PERSONS BESIDES ELIZABETH AND HER MOTHER. HOUSE IS OS SMALL COOKING IS DONE ON THE FOOTPATH, BATHING IS DONE AT A PUBLIC TAP DOWN THE ROAD, PERSONS LIVING WITH THEM IN THIS HOUSE ARE NOT OF SOOD REPUTE, AND THE MOTHER HOME CONDITIONS: HOUSE: HOUSE ARE NOT OF GOO FEARS FOR ELIZABETH. Maria Dass, deceased ob smallpox Lorraine Dass, also deceased of smallpox (Elizabeth fortunately entirely escaped contagion) SISTERS: ELIZABETH WILL CENTAINLY BECOME ILL, PERHAPS WILL TAKE UP THIEVING, MAYBE EVEN MORE TERRIBLE WAYS OF LIVING, IF SHE IS NOT REMOVED FROM IN PRESENT HOME CONDITIONS. HER MOTHER IS WILLING FOR HER TO GO TO NAZARETH HOME AND WEEPS WITH JOY AT THE HOPE OF HER LITTLE BI DAUGHTER BECOMING SAFE FROM THE WRETCHED LIFE THEY NOW HAVE. Remarks:

STRONGEST RECOMMENDATION THAT ELIZABETH DASS BE ADMITTED AT ONCE.

Elizabeth Dass was admitted to the Nazareth Home a few days after we received this report and she is doing better now. Her legs are stronger . . . she can walk and sometimes even run with the other children. She is beginning to read and can already write her name.

Every day desperate reports like the one above reach our overseas field offices. Then we must make the heartbreaking decision-which child can we help? Could you turn away a child like Elizabeth and still

For only \$12 a month you can enoneor a needy little how or girl from the country of your choice, or you can let us select a child for you from our emergency list.

Then in about two weeks, you will receive a photograph of your child. along with a personal history, and information about the project where your child receives help. Your child will write to you, and you will receive the original plus an English translation-direct from an overseas office.

Please, won't you help? Today? Sponsors urgently needed this month for children in : India, Brazil, Taiwan (Formosa), Mexico and Philippines

CHRISTIAN CHILDREN'S I	FUND, Inc. Box 26511
I wish to sponsor a boy girl in (Country) [ Choose a child who needs me most. I will pay \$12 a month. I enclose first payment of \$ Send me child's name, story, address and picture. I cannot sponsor a child but want to give \$ [ Please send me more information.	Name



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#### BUTTER AND EGGS

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10





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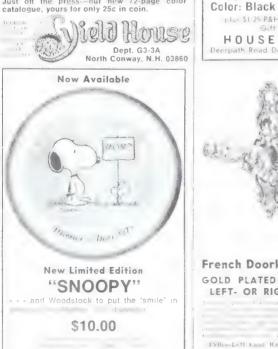
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is is a substance that signals your body to start "living f its own fat." It was isolated in pure form only a zen years ago, and it was just a medical curiosity until r. Atkins discovered how to make his body your body anybody's body - produce FMH on command!

#### isten to his story

Only 10 years out of medical school I was already a fat an. 40 pounds overweight, with 3 chins! Yet I have no illpower - even the idea of hunger scares me. I knew I buld not follow a low-calorie diet for even a single day." e read about FMH, and by using his own body as a boratory, discovered that he could command it to make is miracle hormone whenever he wished. The FMII witched his body engine over to a different "fuel" arted to burn fat. He continued to eat all he wanted e never felt hungry, and at the end of six weeks, he had ost 28 pounds! And the diet revolution was born.

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Dr. Atkins found a simple test that would tell him when is body engine was burning fat. And 65 employees at T&T agreed to try it. Every single one lost as much reight as he wanted – yet not a single one was hungry! Then the news got out – and thousands, many of whom vere 50-100 pounds overweight, flocked to Dr. Atkins office for treatment.

s it any wonder celebrities like Roberta Peters, Buddy lackett and David Susskind have told the world about he miracles this diet works? Is it any wonder his diet as made news in magazines like Vogue, Town & Country. Cosmopolitan, and Woman's Day?

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'rom size 18 to size 8! Beatrice G had be on three bot pills since she was a fat 9-year old! Yet when she came to Dr. Atkins, she still weighed 166 pounds and wore size 18! Now she's size 8 and still losing! "The best part is I know I'll never have to go hungry again!" she says.

Loses 85 pounds in 17 weeks. Herb W weighed 367 pounds at the age of 32. He had tried diet pills and

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"WRONG", says Dr. Atkins. "Have two cheeseburg-ers instead."

3. Do you skip lunch entirely and nibble a tiny box of raisins? "WRONG," says Dr. Atkins. "Have some chicken kiev dripping with melted butter!"

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started and quit Weightwatchers several times. After four months of Dr. Atkins' diet, he had lost 85 pounds – yet he was never hungry. I'm losing, but I'm not on a diet. I'm eating up a storm," he says happily. "It's fantastict"

#### Why Dr. Atkins' diet will work for you.

1. Unlike any other diet - you control your own body chemistry to burn off unwanted fat and keep it off. (You're different from everybody else on earth, so Dr. Atkins' simple test, which you make every day, lets you know it's working, and lets you regulate your weight precisely.)

Unlike other methods there are no pills to take, no calories to count, no strenuous exercises, and not a single hunger pang to suffer through! (You'll probably single nunger pang to suffer through: (You if probably eat better than you ever have — and feel better too because you can lose while enjoying such luxuries as berries with whipped cream, bacon, cheeseburgers, butter, fried foods, all kinds of meats, poultry and seatood - even asparagus with rear, holl induise sauce')

#### The Diet Revolution tells you everything you need to know.

Why diet pills are bad news (p. 88)

How to start your body gradieing (EMID) the tat mobilizing hormone that flushes out and burns up your excess weight (p. 16)

How to test yourself and regulate your rate of weight loss (p. 126-130)

How to tell if brand name toods and dist drinks ire and which to beware of (p. 163)

Why calorie counting and starvation diets are a hoax

The 4 simple things you do to start (p. 123)

s and 94 pages packed full of luscious meal plans, food s and recipes — and you can eat every one! If you read and follow Dr. Atkins' advice, four beautiful things will happen to you.

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- You'll feel better ... perhaps better than ever before! You will lose weight the first week, and continue to lose until you reach the weight you want to be! Most



After completing his medical education at the University of Michigan and Cornell Medical School, Dr Atkins interned at Strong Memorial Hospital, and served his residency at Columbia University Hospitals and St. Luke's Hospital. Specializing in cardiology, he knew that obesity is one of the primary reasons for

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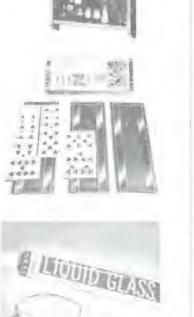
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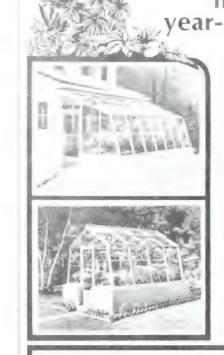
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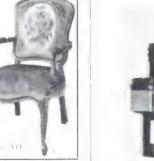
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Send us a name, any name; Yours, a friend's, a relative's, etc. and last known country of origin. Trained researchers will reproduce a Deluxe 9" x 7" Family Coat of Arms Shield, of hand rubbed wood with a warm walnut finish, Magnificent gold colored mantle and scroll enhances the Full Color Coat of Arms. Name inscribed in Olde English hand lettering, Complete with Report, Reference Sources, Descriptions, with a ready to fill in Family Tree History Chart. Order #CB 250



Above available in large 14" x 11" wall shield \$19.95+\$1.pp. #CA 255



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#### SHOPPING AROUND













#### **OPEN SPACES**

Clearly cut out for the liberated look, an open-toed sandal with intriguing teardrop openings down the vamp, sassy buckle strap. Extra thick sole assures comfort and with-it chic; heel's an easy 1½" h. In dark brown or navy, sizes 10-12 narrow and medium. \$18 ppd. Free catalogue. Shoecraft, HG3, 603 Fifth Ave., New York, NY 10017.

#### GIANT MAGNIFIER

Want to read the stock market quotations and get the entire picture at a glance? Use the page magnifier, a 7" by 10" magnifying sheet. It is great for telephone directory or legal documents and maps. The broad view makes reading fine print a pleasure. \$1.98 plus 20c post. Anthony Enterprises, HG3, 585 Market-St., San Francisco, CA 94105.

#### OVAL BUTCHER BLOCK

We are butcher-block nuts and we think the oval top on the twin end base is the best ever. It gives the decorative look of a round table with the extra seating room of a rectangle. Grained maple in two useful sizes: 60" by 36", \$187; 72" by 36", \$204. Exp. coll. Catalogue, 50c. Butcher Block & More, HG3, 1600 S. Clinton, Chicago, IL 60616.

#### DECORATE WITH BELL PULLS

Italian cut velvet version is 32" I. Handsome wallhanging, tieback window treatment, what-you-will! Blues, greens or golds; French blue with salmon/gold; red/ pink; green/red. Matching tassel, brass hanger. \$12.95; two, \$22.95. Add 75c post. Free brochure. Magellans Imports, Inc., HG7, 21 W. 16 St., NY 10011.

#### DROP-IN DAISY

Welcome visitors to your home with your family name inscribed in raised white letters on bright daisy door mat. It's self draining, with flexible vinyl points that clean off dirt. Avocado, brown, black or red; specify color, name (Max. 17 letters and spaces.) 15" by 25". \$5.98 ppd. Walter Drake, HG-97 Drake Bldg., Colorado Springs, CO 80940.

#### LETTER PERFECT

Professional touch to envelopes, for business or pleasure—comes from handsome personalized envelopes imprinted with the return address in the upper left corner. Send any three-line address (include zip) for black printing on 6½" white envelopes. Pack of 100, \$1.89; 200, \$2.79. Ppd. Handy Gifts, HG3, Box 2667, Culver City, CA 90231.



New. A remarkable breakthrough in inch reduction.

## **REDUCE WHILE YOU SLEEP**

Guaranteed to take 1 to 3 inches off your waist, tummy, hips, buttocks or thighs in one week or your money refunded

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Now there's a dramatic new way to effortlessly trim that "problem middle section" of your body while you sleep. Slumber-Shapers," made from a new miracle fabric; *Isosaunatrex* that works on three specific reducing principles.

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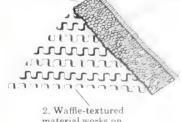
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material works on fatty tissue with every movement.

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Because Slumber-Shapers hug your body with a 4-way contour hugging stretch fit, they go to work on fatty tissue with the slightest movement of your body. They can be worn as an undergarment to slim you during the day. Nobody will know you're wearing them. They will instantly trim the appearance of your waist, hips, tummy, buttocks or thighs to give you a shapely figure while they're going to work on those excess flabby inches.

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#### PICASSO'S POSIES

Charming lithograph of Picasso's "Les Petits Fleurs" on canvas 18" by 24"; colors are red. blue, green, orange and black on white, Unframed, \$4.95 plus 85c post.; on artist stretcher bars, \$6.95; in ebony finish wood gallery frame, \$14.95 plus \$1 post. Catalogue, 35c. Lambert, GT2, 910 No. La Cienega Blvd., Los Angeles, CA 90069.

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Superior construction gives proper support, long bedding life when your mattress is held in a Beauti-Glide frame. Strongest bed frame made. Fits any bed from twin to queen. Easy assembly. Snaplocks prevent frame separation. Choice of 21/2" with rug rollers or 3" dia. glides. \$16.95 ppd. Beauti-Glide Company, HG-3, Seymour, IN 47274.

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Let Simmons restore that glitter and gleam of the silver in your life. Even the most ornate shapes respond to the tender loving care of Simmons' master craftsmen; examples are the two silver pitchers shown (plus one, at rear. in pewter). Send for details to Simmons Silver Plating Co., Inc., HG3, 411C Whitehall St. S.W., Atlanta, GA 30303.

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MARCH, 1973

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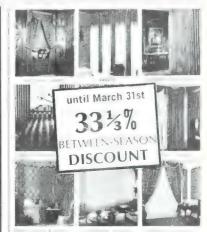


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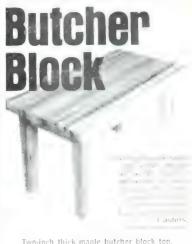


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That splendid game of lawn bowling that is Italy's favorite can now be played everywhere by all members of the family. Handy carrying kit comes with eight painted wood balls and complete instructions for lawn or back lot play. Special playing surface not necessary! \$7.98 plus 95c post. Harriet Carter, HG-12733, Plymouth Meeting, PA 19462.

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Suit a favorite golfer to a tee with plastic-coated placemats that show America's six most challenging golf courses—of course! One side shows the famous green, the reverse a map of the course. By watercolorist Brian Harper, set of six \$10 plus 50c post. Wilson's Country House, HG-33, Box 244, W. Simsbury, CT 06092.

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Rattan frame surrounded by curlicues, buds and a blossom takes one back to Victorian elegance. Brilliantly painted it is absolutely now. 24" w. by 30" I. Natural, \$9.95: painted white, yellow, black, pink, blue, orange or green, \$11.95. Add \$2 post. Catalogue 25c. Fran's Basket House, HG3, 89 W. Main St., Rockaway, NJ 07866.

#### SILVER SAFETY

Tarnish-proof Pacific Cloth drawer pads made by Gorham convert any drawer into a silver chest. Prevents tarnish and scratching! 1134'' by 15'' by  $2\frac{1}{2''}$  holds 100 pieces, \$5.95;  $17\frac{1}{2''}$  by 13%'' by  $2\frac{1}{2''}$  holds 125 pieces, \$6.95. Add 80c post. Barrington Specialties, HG3, Box 154, Barrington, RI 02806.

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Rudyard Kipling's famous poem, "If", reproduced on an 8" by 10" plaque finished in honey toned walnut to hang on the wall of a study, child's room or office. The words that inspired soldiers in two world wars are worthy of heeding today. \$2.98 plus 35c post. Cadlyn's, HG3, 2077 New York Ave., Huntington Sta., NY 11746.

#### BERRY CLEVER!

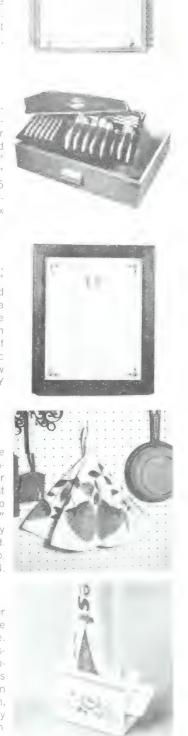
Bright kitchen towel goes where you go in a snap, by hooking onto a belt or kitchen appliance for handy service. White absorbent terry cloth is heavy enough to use as a potholder, too! A big 20" dia. with luscious red strawberry design, green leaves. \$2.95 ppd. Artisan Galleries, HG3, 2100 No. Haskell Ave., Dallas, TX 75204.

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For walking east side, west side, all around the town, a super suede sling with comfortable 21/2" wooden heel. Navy, black or brown genuine suede vamp with adjustable strap. Mahogany finished heel, 3/8" leather sole. In full and half sizes 6-10 N. 5-10 M. \$20 plus \$1 post. Vicki Wayne, 610-H3P, So. Country Club Rd., Tucson, AZ 85716.

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Try a purse organizer for efficient toting and add a touch of glamour, too. Satin guilted polyester in white, black, pink, blue, orchid, red, mint, gold, bronze, olive, orange or silver acetate. \$3.95; add \$1 for initial. Ppd. Catalogue, 25c. Scintilla, Dept. G. 4802 No. Broadway, Chicago, IL 60640.

#### TELL-TALE BASKET

It's no secret who owns this jaunty, personalized Madeira basket! Kit includes 10" by 7" by 7" basket, canvas, chart, brightcolored tapestry wool, needle, cement and clear instructions to needlepoint two-letter monogram plus lovely daisy, poppy or corn flower design. \$5.95 plus 500 post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.











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#### PHEW!

Checkbook balancer brings order to the chaos we create figuring our balance. Dial each deposit on one side of the balancer, the amounts of the checks on the other; out comes the balance. Fits right with your checkbook! \$3.95 plus 50c post. T & T Enterprises, Dept. HG3, 69-06 31st Ave., Woodside, NY 11377.

#### SUPER SOFTIE

Swing into a bright little shoe whose fanciful cut-out work shows off a pretty foot. Heel strap holds it all secure; toeless design means comfort plus style. "Heather" comes in black, beige or white leather in sizes 4 to 12, narrow, medium or wide widths. \$10.95 plus 75c post. Sofwear Shoes, HG3, 1711 Main, Houston, TX 77002.

TO HAVE AND TO FOLD Space saving table made in Europe of solid beechwood and finished with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30" and it seats eight. 30" high. Perfect for apartments. \$49.95. Exp. coll. Shipped assembled. Danish catalogue, 25c. Genada Imports, HG3, Box 204, Teaneck, NJ 07666.

#### GLEAMING CRYSTAL

A lovely pair of crystal lamps set a mood of elegance with its shower of imported crystal prisms combined with intricate Rogers gold-plated castings. In shining glory they cast radiant rays for special lighting effect. 171/2" h., 9" w. Pair, \$34.95. Exp. coll. Catalogue, 10c. Luigi Crystal, Dept. HG-3, 7332 Frankford Ave., Philadelphia, PA 19136

#### SPRING IN WINTER

Wild flowers in full natural color on a natural linen ground make magnetic hot pads for any cook to cherish. What a nice touch for the dinner table or tea tray while the wintry winds howl outof-doors. Big 9" by 7" ovals bring Spring to your kitchen. Set of three, \$3.50 ppd. Artisan Galleries, HG3, 2100 No. Haskell, Dallas, TX 75204.

#### STRONG AND STURDY

Sleep well on a bed resting on Shur-Lok Bed Spring Supports. Made of heavy gauge steel, they hook over the side rails of bed frame to support mattress and springs. Holds up to 1/2 ton! For coil or box springs. Specify wood or metal frames. Set of six, \$3.98 ppd. Walter Drake, HG-01 Drake Building, Colorado Springs, CO 80940



#### LOG IT

Why lug the logs inside any old how when you can do it in style, to say nothing of ease. A handsome version of the familiar canvas log carrier and just as practical comes in natural cowhide. Hefty handles are riveted for extra strength if toting the maximum four medium size logs. \$10 plus \$1 post. Postamatic Co., HG373, Lafayette Hill, PA 19444.

#### PLEXI-GARDEN

In a living room greenery, plants look great in clear acrylic hanging platforms. Shown, a 5" by 12" model for two 3" or 4" pots. Platforms hang from strong nylon cords that attach to hanging ring; easy to assemble. Picture them in a window! Model shown, \$9.50 plus 75c post. Eli-King Sales Co., HG-33, 210 Fifth Ave., New York, NY 10010.

#### EASY DOES IT!

Powered recliner with elevating seat operates by push buttons. It adjusts to the angle most comfortable for the sitter; another switch raises the sitter to his feet with a minimum of effort. Padded foot rest raises automatically as chair reclines. Free brochure. Burke Enterprises, HG3, Box 1011, Mission, KS 66202.

#### CLOSET TREASURE

Now hers and his *file* neatly in the sliding slack rack! It eliminates five different hangers. Trousers and slacks insert or remove without taking rack out of the closet. Cherry with chromeplated hanger. \$5.98; two for \$10.98. Add 85c postage. Order from The Ferry House, Inc., Dept. G3, Briarcliff Manor, NY 10510.

#### NO-SHINE DISCOVERY

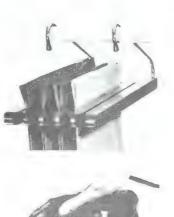
Simple Teflon cover for steam irons is the solution for ironing serge, gabardine, dull-surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without any ugly shiny areas. \$1 each plus 15c postage. Order today from Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

PROFITABLE PARAGRAPHS Writing short paragraphs pays off and you don't have to be experienced to write to sell right away. Benson Barrett's "Home Studies in Writing" tells what to write, where and how to sell, plus lists of editors who buy from beginners. No tedious study. Send for free booklet to Benson Barrett's, HG3, Dept. 117-V, 6216 N. Clark, Chicago, IL 60660.



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MARCH 1973



#### **Every kitchen needs these fabulous tools!**



GLANT FORKS (above left) Set of 2 \$1.49 GIANT FURKS (2009) [PH]) Set of 2 31.49 by noise particle page and acts for the set of the set of the diagonal parts to draft back 12° long contained to diagonal parts to draft back 12° long contained to diagonal parts to draft back 12° long contained word handles better hanging theory stills

FRENCH WHISKS (above right) Set of 3 \$1.00 

prane style hoops hanging loops 8148 CHEF'S WOODEN TOOLS (at left)... Set of 5 \$1.59 First and hone home and resented premsta-the funest chef's wouldn't stir without them! Spoons that get into corners, with holes for mixing dough or slots for draining, paddle shaped for folding—each differ-ent' Natural wood 8 La. long -6077 SAVE ON ALL 31 141 \$37,

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#### BENTWOOD BEAUTY

Classic rocker is as great in '73 as it was in 1890. Steam bent beechwood with hand-caned seat and back finished in walnut, white, black or natural, Such comfortable elegance in seating for today's life style. \$98 exp. coll. Big, beautiful catalogue, \$1. Door Store of Washington, D.C., HG3, 3140 M St. N.W., Washington, DC 20007.

#### NUMBER, PLEASE!

Homeowners: Let your house numbers shine with a smart-looking porch light affixed with vinyl numerals! Outdoor aluminum casing has room for two light bulbs; three sets of figures, 0-9, included. Specify light style "left" or "right" (shown). \$13.95 plus \$1 post. West-Berg Enterprises, HG3, Box 4749, Colorado Springs, CO 80930.

#### CLASSIC SHAPES

Ultra-feminine, a butterfly trestle table that's delicate yet super sturdy. 30" dia. top folds down to just 141/2" w., 30" I. Use it anywhere for cards, a lamp, a bouquet. Table's a beauty in an antique or honeytone pine finish. \$51.50 exp. charges coll.; kit, \$32.75 ppd., add \$1.50 W. of Miss. Yield House, G3-3, N. Conway, NH 03860.

#### FAR EAST FLATTERY

This is the year of the Chinese, and what could be a nicer touch than a handsome brass planter? Hand crafted by Oriental artisans planter, 51/2" by 9", has handles and a lacquer coating to preserve its true finish and metal color. \$25 plus \$1.50 post. Catalogue, \$1. Koriental Imports, Inc., HG3, 4900 Leesburg Pike, Alexandria, VA 22302.

#### THE NATURAL LOOK

Just like Grandma's house: good things to eat, a big storytime rocker and unbleached muslin curtains at the windows. Muslins are easy to care for and stay fresh. Giant ball fringe; 80" wide to the pair. Lengths 45", 54", 63", 72" are \$7.50 pair. Lengths 81", 90" are \$9. Add \$1.50 post. per order. Country Curtains, HG3, Stockbridge, MA 01262.

#### ECONOMICAL ELEGANCE

Brighten any room with this crystal-like three-tier chandelier. It has 78 5" prisms which look like hand-cut glass yet are actually non-yellowing styrene plastic. Adapter socket included. Easy installation into any ceiling socket. Measures 11" high by 8" across. \$3.99 plus 85c post. Jay Norris Corp., Dept. HG3, 25 W. Merrick Rd., Freeport, NY 11520.

#### HERE'S "JUDY"

She's footloose and fancy free Comfortable sandal with waferthin cushion platform on fashionable 134" heel. Blue to royal ombre, bone to brown, multipastels, all black, white, navy or brown kid leather. AAAA to EE. 21/2 to 10, \$23.95. 101/2 to 12, \$24.95. Add \$1 post. Free catalogue. Solby Bayes, HG3, 45 Winter St., Boston, MA 02108.

#### CORN CLUTCHERS

Handsomest way to hold corn while munching away: a set of stainless steel skewers with rosewood handles, sleek modern shapings. Bound to be a manpleasing barbecue gift! Set of eight, \$2.85; two sets, \$5.65. Add 50c post. ea. set. Catalogue. 25c. The Gift Tree, HG3, Box 55, Kensington, MD 20795.

#### EAGLE, BRAVE BARQUE

Last of the windjammers, now a U.S.C.G. training ship, comes in a kit ready to assemble. Model is 22" I., 141/2"h.; white topsides, green keel. Carved pine hull, shaped spars, masts, decks, sewn sails, rigging, fittings, plans, instructions. \$22.95 plus \$1 post. 144-page catalogue, 25c. Preston's, 101X Main St. Wharf, Greenport, NY 11944.

#### A TIGER BY THE FOOT!

Hilarious slipper socks bring out the tiger in even the meekest lamb. Stretch-to-fit socks are dynamite in orange and black orlon, complete with white felt claw designs! Genuine leather heels and soles for long-lasting support. \$2.98 plus 25c post. Holiday Gifts, Dept. 303-C, Wheat Ridge, CO 80033

#### HONEYCOMB

Recall a romantic era with "Honeycomb" spread in creamy white or green, gold, rose, walnut, red, indigo, blue, or avocado on white. Single or double with fringe, \$55; king, \$90. Fishnet canopy in white or cream in four designs. Tester, 871/2" by 561/2", \$70. Literature, 25c. Virginia Goodwin, HG3, Dilworth Sta., Charlotte, NC 28203.

#### INSTANT PAINTER

Neatest idea in do-it-yourself decorating is a paint roller with a secret: the paint's in the handle! Paint flows out by squeezing; eliminates paint pan, furniture covers. Koto-Matic 6" roller is easy to clean, long-lasting, time saving. \$4.98 plus 62c post. Mirobar Sales Corp., HG3, 964 Third Ave., New York, NY 10022.





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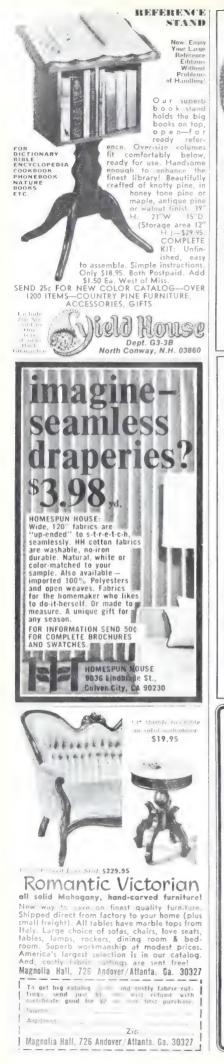
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#### SOMETHING SPECIAL

And what a natural for Dad's desk —baby's first shoes portrait stand. Bronze-plated metal frame, 8" by 10" with beautiful oak design base. Child's name and birthdate engraved on plate 10c a letter. \$5.99; unmounted shoes, \$3.99. Ppd. Details and postpaid mailer, money-saving certificate. American Bronzing, Box 6504-C5, Bexley, OH 43209.

#### PAPA'S PLACE

A traditional Chippendale wing with frame of seasoned hardwood with a dark fruitwood finish; handsome man's chair, 42" h., 33" w., 31" d. Upholstered in Peerless grade antique leather, \$296.50; masterpiece leather, \$329.50; superior vinyl, \$185.95. Exp. charges coll. Catalogue, 25c. Bryan Robeson, Dept. HG-66, Box 757, Hickory, NC 28601.

#### RUGLETS

On the floor before a door, to step on beside bed or bath, a happy machine-washable rug. Nonslip back insures safety. Owl in espresso and champagne or toad in emerald and parrot green. 36" by 20". One, \$6.50; two, \$12.75. Add 85c post each. Catalogue, 25c. Clymer's of Bucks County, HG3R, Chestnut St., Nashua, NH 03060.

#### DOUBLE DUTY

One gift idea works two ways for glorious comfort. His and her huaraches are handwoven in supple steerhide leather to stretch and bend with the wearer; sturdy soles and heels. Natural color highly polished; men's sizes 6-12, women's 4-10. Each pair \$7.90 plus 80c post. Old Pueblo Traders, 600-H3H So. Country Club Rd., Tucson, AZ 85716.

#### BIRTHDAY SPECIAL

Extra! Extra! Read all about it in a special edition (front page only) of the New York Herald Tribune. See what the rest of the world was doing on the day you were born. Specify any date from 1/1/1900 to 12/31/64; newsworthy ideas to mark *any* special day. \$1.50 ppd. Holiday Gifts, Dept. 303-D, Wheat Ridge, CO 80033.

#### ORIENTAL RUGS

Treasured old patterns, authentic reproductions. Dramatically decorative; through-to-the-back construction for wear. Red, ivory, blue or green ground. 4' by 6', \$19.95; 6' by 9', \$34.95; 8' by 10', \$54.95; 9' by 12', \$69.95; 9' by 15', \$99.95. Ppd. International Rug Co., HG3, 360 Amsterdam Ave., New York, NY 10024.

#### KEY IDEA

Ben Franklin reading g'asses have magnifying lenses to maka reading tiny print electrifyingly easy! Goldan metal frames in half-frame style are available in both men's and women's styles; impact-resistant lenses help to tackle manus, phone books with ease. \$9.95 plus 50c post. Joy Optical, Dept. 667, 73 Fifth Avanue, New York, NY 100003.

#### TOY JOYS

Treasure trove of delightful toys comes in a 5¼" hand-woven wicker basket, to delight the child who believes in the Easter Bunny (or pretends to)! Tiny plastic whistle, puzzle, ball, whirly toy, balloon; wrapped up in cellophane. \$1.50; two, \$2.50. Ppd. Order #1682. Catalogue, 25c. Federal Smallwares Corp., HG3, 85 Fifth Ave., NY 10003.

#### **TROPICAL TREAT**

No-iron tablecloths with lush foliage design take the heat off a busy hostess. Colors include red, blue, gold, moss, b!ack; 52" by 70, \$5.99; 60" by 90", \$9 99; 60" by 90" oval, \$10.99; 70" round, \$10.99; solid color napkins to match, each 79c; matching print napkins, each 99c. Ppd. Fashions by Donna, HG3, 122 W. 27 St., New York, NY 10001.

#### SUPERB SHALLOTS

Is there a fastidious chef in the world who wouldn't be charmed to receive a cluster of shallots: oniony bulbs—finely flavored. ¼ lb. monthly for six months, \$3.50; 12 mos. \$6.25; ½ lb. monthly for six mos. \$4.50; 12 mos., \$8 50; ¼ lb. sample 60c. Ppd. G. N. L. Shallot Distributors, HG3, 51 D'Shibe Terrace, Vineland, NJ 08360.

#### PROTECTION!

Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all and is washable and reusable. Particularly good for paint spraying or paint removal. \$1.49 each plus 15c post. Anthony Enterprises, HG3, 585 Market St., San Francisco, CA 94105.

#### YOU NAME IT

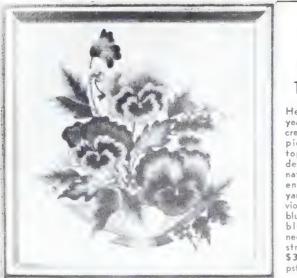
Your full name makes a one-ofa-kind straw bag and when you needlepoint it yourself, it's more so. Kit includes  $9\frac{1}{2}''$  by  $9\frac{1}{2}''$  by 4'' bag, canvas, needle, instructions and chart for names up to eight letters. Choose wool in red, green, navy, lavender, orange or brown. \$3.95 plus 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.



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153



#### VIOLETS AND PANSIES TO STITCH

Here's one of the year's prottiest new crewel designs for a picture or pillow top. Kit includes design on 17"x17" natural Belgian linen; finest crewel yarns in shades of violet, olive green, blue-lavender, old blue and gold; needle and easy instructions. Only \$3.95 plus 35¢ pstq.

Send 25c For Next Three Issues of Our Art Needlecraft Catalog The Stitchery Dept. HG103B, 204 Worcester Turnpike Wellesley Hills, Mass. 02181



#### PIECE DE RESISTENCE Needlepoint this fabulous French Stamp,

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Languidy perched on a tree limb, this impressive cat stares out at you with all the dignity that befits his jungle status. Worked in rch shades of gold and orange with black spots and dark green limb. Kit includes stamped off-white linen picture, embroidery yarn, needle and instructions. 15" x 22". \$7.95 plus 75; postage. No COD's (Mass. res. add 3% tax).





### Needlepoint



Golden Pheosant to be worked in browns, golds, blacks, white with touches of bright green and red. Brown border on off-white, shell pink or ice blue ground. 15" sq. on #13 white Mono with Persian yarn, needles, instructions. \$42.50 \$ \$1.50 pstg.

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A faithful reproduction of Japanese Imari —edged by bands of russets and blues; scalloped insets of delicate flowers on creamy porcelain background. Handpainted on 12 st. canvas: persian yarns. 12" round pillow kit: \$55 + \$1 postage

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Work with *six* different needlepoint stitches! Camel sports black tasseled fez, brass bells, other fancies.

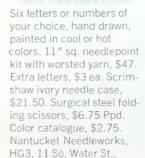
Handpainted #12 white mono canvas, 22 colors of Persian yarn, needle. 13" by 16". \$19.95 ppd. The Knittery, HG3, 2040 Union St., San Francisco, CA 94123.



#### WHITE AND WILD

North American wild flower to stitch in white with shades of grey and yellow on pumpkin, periwinkle, daffodil, jet ground. Hand-painted 18" #12 canvas, tapestry yarn, needle. Finished size, 14" sq. Others avbl. \$25 plus \$1.25 post. Sasi, HG3, Box 55, Reynoldsburg, OH 43068.





Nantucket, MA 02554



#### STITCH IP SOME SPORTATIM And if you order this tulip-y crewel kit

today you'll have buds blooming before the garden variety! Printed design or white cotton twill, orange, yellow and pink wool yarns, needle, instructions included. 18" by 24". \$10.70 ppd. Ta Needleworker, HG-E, Box 488, Westor MA 02193.

#### CHERDKEE R



#### PATCHWORK SAMPLER PILLOW

It takes a lot of stitches—21 to be exac all different, all illustrated in 88-page "Basic Needlepoint" book included. Hand-lined canvas makes a 12" by 12" pillow in shades of *any* three colors (specify). \$18 plus \$1 post. Catalogue, \$2. Krick Kits, HG1-3, 31 No. Brentwoc St., St. Louis, MO 63105.



Traditionally beautiful floral design to stitch in regal shades of gold, blue, green, red and pink. A pleasure to make, its classic design is ever welcome. 14" by 14" knife edge pillow cover. Design on cream linen, front and back. Crewel yarns, zipper, cording, directions. \$4.95 plus 45c post. The Stitchery, HG3, Wellesley Hills, MA 02181

#### D'IR MOVE

allenging chess oblem to work in edlepoint. Smart sign in black, lite and rust. " by 10" handinted design on " by 14" white ono canvas. Peran yarns, needle, structions. Soluon to problem inuded. \$15.95 us \$1 post. The itchery, HG3, ellesley Hills, MA 2181.

GINGHAM DOG AND . . Calico Cat, of course, both hand

screened on #5 canvas. Dog: blue and white "check", Cat: pinks, yellows, greens on pale blue. Paternayan rug yarns, backing, needle. 10" by 17". \$16 each. Ppd. Astor Place Ltd., HG3, 111 Morristown Rd., Bernardsville, NJ 07924.

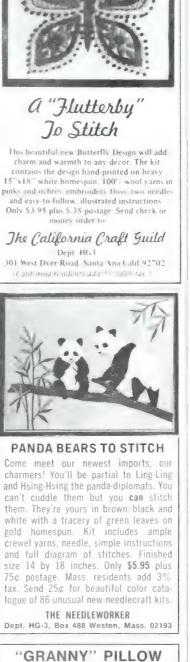
#### **BE PURSE PROUD!**

And needlepoint a perfect patchwork design in earth or vibrant colors (specify). Hand-painted #14 mono canvas, Persian yarn, needle. 9" by 7". \$45 plus 75c post. Catalogue, \$1. Magic Needle, HG3, 44 Green Bay Rd., Winnetka, IL 60093.





Result: terrific texture and dimension in a stylized wall hanging. Sea worthy shades of blues, greens, purples on white linen. Stitches worked from graph with stranded cotton yarn. 14" by 201/2" with hning and rods for hanging. Order #2441. \$20 95 plus \$1 25 post. Catalogue, \$2, refeat dible with \$25 order. Skön, GE3, 55 Lambert Lane, New Rochelle, NY 10804.



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Make this charming 13" pillow adapted from an authentic early quilt pattern. Kit contains pattern

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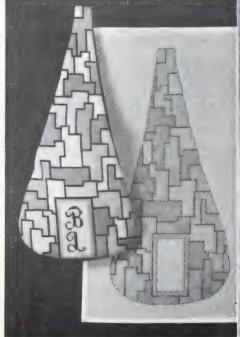
Crewel whimsies-brick for doorstops, bookends paperweights, Pink eared mouse, orange, pink flow gold sun. House, red roof blue shutters. Kit includel design on off-white linen, crewe' yarns, directions. \$4.95 each plus 45c post, The Stitchery HG3, Welles Hills, MA 02181





Fine old Cantonese porcelain pieces inspired these beautifully detailed hand-painted designs. In traditional shades of blues on #14 canvas with Persian yarns. 13" octagon: pillow or 12" by 16" rectangular pillow are \$35 each plus \$1 post Brochure, \$1. Greengage Desigr HG3, Box 9683, Washington, D.C. 20016.

Stunning overshoulder or overarm handbag. A big 25" long (finished size) to needlepoint in marvelous colors: orange, gold, yellow, brown, beige, off-white; three shades of blue, red, and white; black, three greys, yellow and white. Hand painted on #10 mono canvas, yarns, needle, directions. Instruction sheet for initials. \$29.75 air ppd. (Back panel without initials available.) The Country Store, HG3, 1 Contentment Rd., St. Croix, VI 00820.



Tropical future plicase Hubiscus in chates of red. Alamarchar yell, white Poinciana in reds. navy, purches Write backgrounds, green horder Handpainted on e14 clanvas Paterna Persian yarn 10" sh \$16.50 each. Air ppd. Catalogue, \$1.50 Needlecraft of St. Thomas, Box 1477, St. Thomas, VL00801.

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strikingly captured in still life, can be a masterwork of your own creation. The violin and faded sheet of music form a dramatic contrast against a rich blue background. Kit includes design on 10 mesh canvas, tapestry yarn to work design and background; needle and instructions. Finished size 22" x 28". \$19.95 plus \$1.

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Every little girl needs a needlepoint doll done in our fancy stitches. Printed #10 canvas with persian yarn and full instructions. Redheaded Sally dressed in pink and soft green. Kate, a brunette in blue and red, and blonde Amy in blue dress with coral, all 18" tall.





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A glorious arrangement of flowers to crewel stitch in 22 vivid colors. Stamped natural linen pillow top and back, wool yarn, zipper, needle. instructions for a 16" knife edge pillow. \$5.95 plus 50c post. Catalogue, 25c. Stitch 'n Knit, HG3, Box 709, Framingham, MA 01701.

the very graceful Japanese fan dancer on this hand painted bamboo bordered from an old oriental screen. Mitsu wears a beige kimono; other colors are lue, turquoise, yellow, orange and gold accents. On any background you e. 21" w. by 32½" I. Finest wool yarns included. Limited edition of 25. \$150 breadneedle, HG3, 42 No, Dean St., Englewood, NJ 07631. "Having the colors you love...

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From Sweden, an adorable, handcrafted solid crystal baby elephant in an exquisite shade of violet pink. Remember him, as an extra special gift for collectors of crystal and/or elephants. Detailed beautifully, 5" tall to the tip of his trunk; weighs in at  $1\frac{1}{2}$ lbs. \$14.98 plus 95c post. The Ferry House, Dept. GE, Briarcliff Manor, NY 10510.

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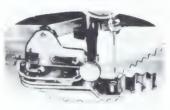
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Sagging shoulders get a lovely lift with the Pi Peer shoulder brace, a lightweight device that puts posture on the straight and narrow. Three-ply ventilated material with softly padded invisible arm bands. Men measure around chest; women below bust. \$6.95 plus 45c post. Piper Brace, Dept. HG-33SH, 811 Wyandotte, Kansas City, MO 64105.

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Cooking with wine and other liquors makes the difference between a dull dish and a dynamite one. "Wee Nip" cook book features 50 recipes using dashes (or more) of wines and spirits; samples include Sauerkraut in Gin and Rumm Balls. Prosit! \$1.98 ppd. Lori Rath, HG3, 19745 Gilmore St., Woodland Hills, CA 91364.

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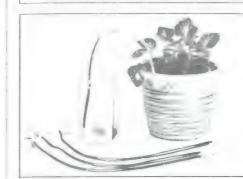
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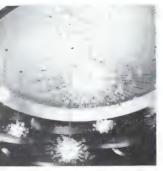
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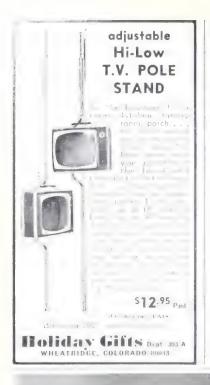


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Designed with the canine customer in mind, a posh grooming kit for Fido complete with metal comb, nail clippers, wire slicker brush, clipper brush, oil tube, storage case. Clipper has 120 v. pivot motor with detachable blade. With instructions, elegant grooming kit's \$39.95 ppd. Turen, Inc., Box 225HG, Danvers, MA 01923.

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Don a pair of these satin-smooth leather thong sandals and note the ultra-sleek, chic look with easy-going attire. Covered foam rubber inner soles aid and abet the superb comfort, keep feet oh, so cool! Black or snow white. Sizes 5 through 10. \$3.95 plus 50c post. Elizabeth McCaffrey, HG3, Northport, NY 11768.

#### SUN AND SURF

Smashing three-piece *Tri-Kini* swim or sun suit. Cups. halter worn separately, together, in, out of water. No-strap cups perfect for tanning, fit snuggly, no bones. no wires. Double knit polyester in *now* colors and patterns. Specify top, pants sizes. Cups, \$12; halter, pants, \$10 ea. Add 50c post. Bleuette, Inc., HG3, 509 Fifth Ave., NY 10017.

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Deacon benches with handsome turnings on legs. Sanded, ready to finish, 44" long, \$33.95; 60", \$43.95. Walnut, maple, pine, black finish, 44", \$42.95; 60", \$52.95. Green, red or white, 44", \$43.95; 60", \$53.95. Exp. coll. Catalogue 25c. Marion Travis, HG3, Box 292, Statesville, NC 28677.

#### RATTAN MUSHROOM

Hand-woven natural rattan lamp; fully electrified. Adjustable from ceiling by 16' chain and hook. Up to 150 watt bulb; dimmer switch. Shade spreads 16"; 12" h. Natural, \$15.95 plus \$1.50 post. Add \$3 for white, yellow, green, blue, pink, black or orange. Catalogue, 25c. Fran's Basket House, HG3, 89 W. Main St., Rockaway, NJ 07866.

#### HANDY HANGER

Unscramble that belt and chain clutter with a 12" dia. hanger that holds them in order. Cover in imported velvetin (yellow, avocado, blue, pink, gold, emerald) or leather (bone, brown, black, white, gold, green, It. blue, navy, purple, pink, orange, red, white). \$12 plus \$1 post. Esther Jones Linens, HG3, 2771 Somerset Mall, Troy, MI 48084.

#### TOM WHO?

A collector's item, McGovern-Eagleton button is authentic, run off before Eagleton stepped aside. Button is ringed and laminated in permanent red, white and blue. Notarization included authenticates first run. Three buttons \$3; six for \$5, 12, \$9, 25, \$17.50. Ppd. Westport World Art and Gift Shop, HG3, 605 Post Rd., Westport, CT 06880.

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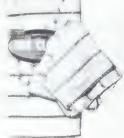
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#### DREAM GREENHOUSE

Aluminum pre-cut and pre-fit glass greenhouse is one of more than 100 offered in colorful catalogue. It answered all our questions about home greenhouses. It's free and shows ready-to-assemble models to fit any terrain, and any budget. J. A. Nearing Co. Inc., YE3, Box 348, 10788 Tucker St., Beltsville, MD 20705.

#### LIGHT FANTASTIC

Dazzling chandelier for dramatic display features two rows of arms holding crystal bôbeches, crystal candle cups. Twelve-light opulent "Alexandria" is thickly swagged; about 26" w., 35" I. \$475. Smaller "Georgetown" style, \$385. Ppd. 88-page illustrated catalogue, 50c. King Chandelier, HG3, Eden, NC 27288.

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The homemaker's delight and the dishwasher's dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set a pretty table. Five-piece place setting, \$3.95; four five-piece place settings, \$14.95. Add \$1.25 post. Cornucopia Gifts, HG3, Northport, NY 11768.











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**Jardener's notes** 

#### BY JAMES FANNING

After last fall's cleanup, it's surprising how much debris has accumulated throughout the winter. Leaves have blown in, branches fallen, and there's probably an old Christmas wreath lying under a shrub somewhere. With the crush of spring work about to descend on us, cleanup may have to be done in a hurry, and the more mechanical help that can be applied to the job the better. A hand-powered lawn sweeper is fine for dry leaves and twigs in a small lawn area, but bigger dooryards and heavy accumulations of leaves call for motorized help. The aptly named "Scavenger," right, is made by the Parker Sweeper Company for just this kind of cleanup job. It clears a swath 21/2 feet wide, is powerful enough to pick up tin cans, and chews leaves and twigs so they're ready to be dumped on the compost heap without further treatment. The bag holds 10 cubic feet of compacted material. An attachment is available for using the machine as a blower. Scavenger sells for about \$183 at franchised dealers. Parker also has a full line of smaller powered and hand-propelled sweepers.

Walking behind a lannmoner is that much less of a chore if you don't have to push it. Practically all manufacturers have been making self-propelled models for a long time now, but the gardening public has been slow to take advantage of the proffered labor saving. However, the mower pushers are beginning to get wise (or maybe the mower-pushing wives are beginning to rebel) and more self-propelled mowers are being sold each year. A mower that pushes itself costs about \$40 more than one you have to push by hand, and it's worth the difference in saved muscle power.

Fence to fence carpeting may be the ultimate answer to mulching problems. Mr. George R. Numrich, Jr., of Kingston, N.Y., noticed how well indoor-outdoor carpet stood up to the weather and the years and decided to try it in his garden. The result was a phenomenal increase in size and productivity of vegetable crops, freedom from pests, and, of course, no cultivation. Carpeting avegetable garden could mean a sizable investment, but Mr. Numrich cut that corner by buying a batch of remnants at considerable reduction in per-square-foot cost. In any case, since the carpet may reasonably be expected to give ten years of service, the investment will pay for itself in hoeing time saved, even if top-price carpet is used. For tomatoes and other single grown plants, Mr. Numrich cut 3-inch holes through the carpet with a hole saw attachment on an electric hand drill, *below*, spacing them according to the needs of whatever he was planting. He dug out enough soil to let the growing plant in its peat pot settle down with all roots below the carpet, piling the dug-out dirt on a flat to be



below the carpet, piling the dug-out dirt on a flat to be carried away. For root crops like onions or carrots, he simply used a sharp knife to cut row-length slits with cross cuts here and there to allow slack for pulling out the mature vegetables. Watering may be done by soaker hose installed beneath the carpet (you could set up a fully automated system this way) or by ordinary above-ground sprinklers. Feeding is best done by adding liquid fertilizer to the irrigation water at regular intervals. In any case, mildew-proof carpet without backing is called for, since it lets rainwater and air down into the soil as rubber-backed carpet would not. Weeds, of course, have no chance at all and the only

limitation is that once planting holes are defined they cannot be moved. They must stay where they are for as long as the carpet lasts. It's a good idea to space rows a bit wider than usual (not less than 2 feet), since practically everything will grow bigger than it usually does. To start with, carpet edges and middle must be held down by cement blocks, brick, or what have you, but after a few months the covering will stay in place by itself in spite of wind and weather. Add to its other advantages the fact that carpet mulch is good to kneel on and easy to clean--with a vacuum cleaner, naturally. Be careful what color you choose, though--you'll have to live with it a long time. Mr. Numrich carpeted his garden with a gold color, which is easy to look at and reflects plenty of light to help plant growth.

PA. 15701

Ve usually think of *Buddleia*, commonly called bath calloush, as flowering in shades of blue and purple, with asional pink or white variant. But now the color call to have een completed by the addition of yellow. Buddleia variated, *right*, is a delightful combination of yellow and oral (11) lower clusters that look like stacks of lantana blossoms. Sun Gold as the familiar buddleia scent and is just as attractive to butterflies is the older varieties. In cold climates the tops will die to the ground in vinter but new shoots grow from the base quickly enough to flows a from midsummer to frost. This was introduced in the pring of 1972 and will undoubtedly be among the choice plants offered to gardeners in 1973. Be on the lookout for t in your favorite seed catalogue.

ight is the basic element for growing plants indoors. You don't need a basin stress rindon sill or even any kind of window nowadays, with equipment for artificial 1. ing so readily available. In fact, there is so much equipment we the market that most pointe that in liftenly choosing the kind that best suits the needs of their plants. George 4. Effort president of the Indoor Light Gardening Society of America, has made the knowledge carred in years of experience work ible to everyone who wants to grow plants indoors. In The Indoor Light Gardenin, Book, Canon Stor Mr. Elbert discusses, first of all, the kinds of lighting that may be used in the ordinary house or apartment. **He goes on to tell how to select sizes of lighting units to fit your available space, how to mount the units to** leliver the most effective light to your plants, how to water by hand or automatically timed irrigation devices. A point often misunderstood by beginners is that lights of special types and colors are really unnecessary. All you need is light that approximates sunlight in color value and that is bright enough for plants to use in growing. Ordinary fluorescent tubes are perfectly adequate as long as you use enough of them and hang them close enough to the plants to make the light effective. This book tells just how to arrange the lights, whether you want to grow a few African violets on a bookshelf or an orchard of lemon trees in a floor planter. Mr. Elbert's book is also a hundbook about what to grow indoors, whether yew w all out for artificial lighting, or combine it with daylight. The Indoor Light Gardening Society of America, incidentally, is a rapidly growing organization that concentrates its efforts on making this kind of information available to interested gardeners everywhere, even, rumor has it, to plant-minded wives of lighting engineers who think in terms of wave lengths rather than flowers. Headquarters of the Indoor Light Gardening Society of America is at 128 West Fifty eighth Street New York, N.Y., 10019 where Mr. Liver's devoted cohorts are always ready to answer questions.

Winter gardening without artificial light calls for some kind of glassedin structure. This may be an elaborate conservatory, an ordinary greenhouse or. a big sunny window. However simple or elaborate an installation you're using, though, the basic rules are the same and there are few people as thoroughly familiar with them as Jerome A. Eaton. As executive director of Old Westbury Gardens on Long Island. New York, he had charge of an elaborate greenhouse range producing plants for the estate. All of this experience has been drawn together and put into book form under the title Gar dening Under Glass (Macmillato 88.95). Mr. Eafon covers every and pect of indoor growing. from gravite house building to pest control. and gives detailed and well illustrated instructions for dealing with every possible problem.

Holde-grown vegetables are taking an even bigger share of the limelight than free truits. The joy of a fresh-picked tomato is supply unbeatable. Oreumbers and sweet corn, of course, are hardly worth a second glan camless thevire newly gather of Even the small e Educity and has space for a lew foliatoes and some salad green to grace the targety table. Choosing the acht spot and the right thing to plant coll for a title knownow. though, and the shat W. G. South p.o. sides when the community of the second is Scon. Mr. Shine of her body as the The result from an of the stations one of fection of the growing practices of his parman is film Bollman. Indouch how you can take the best advantage of son my method's



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#### EMILIO PUCCI'S RUG ART

continued from page 93

it's been like that for years. The rooms are enormous and beautifully proportioned. The gray is a background for the color of his fabrics. In New York his new boutique is a shell of beigepainted walls and wall-to-wall carpeting-with small scarf-design rugs scattered throughout. His house in Granaiolo outside Florence is 13th century. It maintains the friendliness of centuries of use. (See House & Garden, October 1971, for the garden of this same house.) The fortress quality of the house is softened by the rugs and given a contemporary feeling by painting the dark beams of walls and ceilings white, which is in turn waved. The gray and pink background colors of the rugs echo the old stone; rusts, reds, and oranges go with brick floors. The Puccis weeded out generations of period furniture. And what they kept, Christina Pucci covered in informal fabrics. Instead of damasks, she used fabrics that look like burlap. Or suedes like the rust suede on the sofas in the library, page 92, to blend with the rug and the old bricks of the floor.

"We wanted to have some beautiful modern furniture, and Giacometti has done things for us and one of them is the table in the library. The main thing, and the contemporary thing about the house is that it is not at all pompous. You don't have the feeling when you walk into it that it's a house that doesn't belong to you. It's a serene house."

Though a pilot himself, with much jet-age fashion design to his credit, Pucci, like many men, doesn't really like to come home to a jet-age-looking apartment. His attitude toward completely modern interiors is very similar to his feelings about living with vivid color everywhere. He and his wife just closed in a terrace on the top of the Palazzo Pucci in Florence to take advantage of a breathtaking view. It was designed by Gae Aulenti as a modern environment with different levels, built-in furniture, and stainless steel walls. "This was an attempt to give a very old and charming building one completely contemporary interior. But are you ready to live in such an exciting space all day every day? Probably not.

"When I think of making a place that would have the characteristics we need psychologically in order to survive the kind of life that we lead today, the first thing I think of is a sense of dimension. When I think about Italian houses or palaces with ceilings 27 to 30 feet high and wonder why they were built, I come to the conclusion that they were built that way because in Renaissance Florence vou had to, as you say in America, 'think big.' Think of the world. For those people Florence was the center of the world. With their tremendous intuition they sensed the impact on their thinking and working of the place where they were thinking and working. So there's been for a long time a relationship between the dimension of your mind and the size space in which your mind does not feel imprisoned.

"The second thing is order. Houses that have three steps up to a door that's not centered, an irregular room with some other room opening off of it are to me just places that are ready to unbalance a person rather than to give the person a sense of order. Even two chairs placed on either side of a fireplace centered in a room is restful to me—creating an order, a simplicity, and bgic of rhythm that is very necessary.

"Sound is very important. If there are noises that jar your nerve ends and make you on edge again when you come home, what's the use of a beautiful house. A house should give you a certain clinical influence, clinical in the sense of a spa, which restores a quiet and serenity you have lost during the day.

"Light. There is certainly no substitute for real light. If you talk to Scandinavians one of the recurring subjects is the long night. It's something they cannot get accustomed to. But they don't talk about the long days in the summer. They take that for granted. When you get away from natural light—the need for large windows—to artificial lighting you must make sure that the artificial light copies natural light.

"And then there's a matter of color. Now color is a language by itself. It has many functions, so many vibrations. Color vibrations have certain effects on your mind—they pick you up or excite you. You can divide color into groups—exciting groups, soothing groups, and you want some of both. You want to step into a soothing atmosphere after a day in an exciting city. After a day of skiing, you're happy to step into a lodge that has the warmth of bright colors since you have been out the whole day in the snow.

"Color in the form of flowers and plants has the effect of introducing an ecological element in our daily lives. It indicates the enormous accent and evaluation one puts on natural conditions because one needs them. Bringing colorful flowers in a room has the effect of bringing some-, thing of that world into this artificial world.

"A fantastic means of contact between us and the world is smell. In the life of today we are obliterating it. You are not conscious that you smell things anymore, except perhaps at the moment you eat your food. If your sense of smell is not exerted it will create an imbalance with your other senses. I came to realize this when I started working with fragrances-perfumes, colognes, bath oils. You lie in your bathtub, you stop thinking, and by the time you come out you can see things more properly. Candles burning are important for their smell. And a fire, the smell of a fire is fantastic.

"When I think of the living shell that we design for ourselves today, all the ideas I have stem from the knowledge that what we want changes so much from day to day. Perhaps that is what we will have to deal with in the future-a one room shell that must vary to suit our moods. The walls and the doors, however, must be fixed. But the color can change. Why not color your walls with lights? Some furnishings must have the element of friendliness. The feeling that a table is made of oak and that hands have made it hundreds of years ago. That feeling is reassuring to all of us. It puts us back in touch with the natural side of life. That is very important. We need to keep our relationship with natural processes, with the seasons, the land, weather, crops, seedtime, and harvest-with the continuity and mysteries of life."

#### A GARDENER SPEAKS HIS MIND continued from page 37

every day. This is done by very slowly flooding it for a half hour. Good drainage vents the extra water quickly. But it will go into slight wilt before dark if the soaking hasn't been thorough the tree's great green head transpires so much water that its restricted root system has difficulty supplying the necessary moisture.

When this lantana is cut back hard to get it into the greenhouse before frost each fall, water is withdrawn and then almost stopped to throw the plant into dormancy. Hardy, small flowering trees in large patio planters go into dormancy when frost drops their leaves. If drainage is good, winter rains won't cause root rot. When ice forms, excess water sheds off without harm; it is, however, a good idea to fill large planters with soil so that no ice forms on top, since ice may damage the bark as the trunk sways in the wind. All plants, except tropicals grown for foliage, have a dormant period. It is nice to know the dormant period for each of your plants, for they require a great deal less water at this time and should not have more. Yet this specific knowledge really isn't necessary, for all the plants I can think of tend to go dormant as the days shorten in the late fall. They are so sleepy that they need little water (and obviously no fertilizer).

"Oh how I wish I'd never see another piece of plastic pottery" is my own Joyce Kilmer parody. All you know about a plant in plastic is that it is likely to be wet. And probably very uncomfortable. It doesn't breathe; they all go "thunk" when struck; I can think of no virtues. (No, price is not a virtue to me.) My only solution is to transplant it into unglazed pottery immediately.

Probably the most important factor in watering is the composition of the potting medium. It must be porous and have a high humus content—porous to drain off extra water, lots of humus to hold moisture longer. Hanging baskets should be large; it may be necessary to water them twice a day in warm weather. Potting density is also a factor. Dig a *Continued on page 180* 



of a five year scarlet maple.

Beauty — This beautiful shade tree blazes a brilliant red color in the fall and an olive green color in the springtime. Yes, recognized tree experts agree it is the one tree that delivers beauty throughout the year.

Height — This magnificent tree grows approximately 30 to 40 feet over a five year period (see photograph) and eventually soars to a height of eighty feet or more.

Hardiness — This tree is very hardy as the wood from maple trees is recognized as the hardest anywhere.

Adaptability — "The scarlet maple has one of the widest ranges of our native trees, growing from eastern central Canada to Florida, and because of its ease of transplanting it adapts to any type of soil." (From All About Trees by E Johnson). The one tree experts agree will grow anywhere in the U.S.A.

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#### A GARDENER SPEAKS HIS MIND continued from page 177

plant from your border and you will find that nature "pots" hard. Following nature's way, authorities who wrote books before 1945 advocated the "hard" potting of potted plants-using a blunt stick to pound down the soil. Today, we gardeners are advised to press down composts as hard as we reasonably can with the fingers-hard potting seems now reserved for geraniums-and to finish off by bouncing the pot up and down on the bench. This makes sense because all composts have a high percentage of humus, which holds so much water so long that air has trouble getting into the roots.

Because potted plants are constantly watered, nutrients are rather quickly flooded out, so fertilize-use half recommended strength on the recommended time schedule. Plants are generally less interested in the use of fertilizer than the makers of the stuff.

The pious-looking little old lady who looked at a potted plant she had never grown before and said, "Please, oh Lord, tell me how much water this damned thing needs," was deadly serious. She had had this problem a hundred or more times, and at that moment was calling for help from the only authority she thought might know. Even as you and I. But don't be discouraged. Remember that there are, literally, millions of people in the country who have mastered this art by just doing it.