

OCTOBER

1974

ENTERTAINMENT

WEEKLY

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# House & Garden

02030 ©

## Special Fall Decorating Issue

How to make over your rooms  
to make them more inviting

40 Pages of Ideas

AMERICA'S TOP DECORATORS

How to keep the best, update the rest



EAT AMERICAN NATURAL...  
w colors, textures, designs  
things for the house

LTBOX OF THE SEVENTIES...  
HOUSE FULL OF IDEAS...  
ADY TO BUY...  
ADY TO SEE IN 9 CITIES

IMAGINE! EVERY DAY  
A 15-MINUTE VACATION  
A distinguished psychologist  
tells you how and why





HENREDON'S 18TH CENTURY PORTFOLIO





Distinctive design combined with up-to-the-minute usefulness. That's what makes Henredon's 18th Century Portfolio of English-styled furniture so uniquely livable. Dedication to quality—the best materials, the most careful craftsmanship—is evident throughout the wide variety of Henredon styles spanning every major decorative influence. To see illustrations of the entire 18th Century Portfolio and Henredon's Upholstered Furniture Collection—including sofas in a variety of styles which can be tailored to the inch to suit your exact space requirements—send \$2.00 for brochures to Henredon, Dept. HG10-74, Morganton, N.C. 28655.

**Henredon**



# Aged to perfection.



Traditional design is timeless.

The longer you live with it, the older it doesn't get. Here are three enduring examples from The Stiffel Collection.

At left: The form and spirit of the Georgian period prevail in this 18th Century American Colonial table lamp with an antique golden brass finish. 38½" high. About \$119.

Center: Again, the theme is American Colonial in this "great candlestick" of cast metal in an old brass finish with the look of a well-rubbed antique. 37½" high. About \$99.50.

At right: Stiffel's variation on an ancient Oriental theme. A blend of lustrous celadon china and cast metal parts which glow with an old brass finish. 37½" high. About \$135.

Prices may be slightly higher in the South and West.

## Stiffel



# Redwood

Here today. Here tomorrow.



Seapeake Bay residence of James N. Cargill.  
Architect: Carlton Sturges Abbott, A. I. A.

Here indeed is a room to reflect in, to bask in the quiet glow of redwood and the warmth of a morning fire. It is a room created of redwood. Opening to the outdoors yet secure and intimate.

Only redwood gives so much and asks so little. Your redwood home has a life that is measured in decades. Yet it needs little care. And its beauty is timeless.

Redwood. Build with it, and you build for tomorrow.

California redwood forests...  
a renewable resource  
for today and tomorrow.



**CALIFORNIA  
REDWOOD**

**ASSOCIATION** 617 Montgomery Street, San Francisco, California 94111. Write Dept. A for free booklet "Redwood Interiors."









**Now's the  
time to  
invest in  
signed  
originals by  
Waterford.<sup>®</sup>**

There's no more propitious time for you to invest in Waterford.

Each piece is a signed work of art, made by hand with heart, as it was two hundred years ago.

Even then, it inspired little odes on the part of people who wrote advertisements for Waterford.

Like this one, which appeared in 1790

*The shop is now completely stored with choice of glass from Waterford  
Decanters, Rummors, Drams and Masons,  
Flutes, Hob Nobs, Crofts and Finger Basons,  
Proof Bottles, Goblets, Cans and Wine,  
Punch Jugs, Liqueurs and Gardenins  
Salts, Mustards, Salads, Butter Kevelers,  
And all that's sold by other dealers.*

The spelling has changed somewhat, but not the Waterford. Each piece is still an investment in timeless beauty. You live with it now, yet it grows more valuable with the passing years.

Look for the signature before you buy crystal. Hold Waterford to the light and you can see faintly etched the mark that identifies it as an authentic work of art.

Visit the Waterford Gallery at the important store in your area. Or write for free full-color booklet Waterford, 225 Fifth Avenue, New York 10010

*Isn't it time you started collecting signed originals by Waterford?*

*(And English bone china by Aynsley to go with it.)*

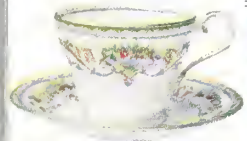


Photo: Pasm





# International Pewter the freshest 300 year old

The newest, most innovative idea to appear on any dining table in years and years is here.

Pewter flatware by International. The world's leading, most famous producer of pewter.

It's contemporary yet classic. Ideal in any surroundings, and for both formal and informal dining it's really "at home."

It's prestigious yet practical. Lead free, tarnish free and dishwasher safe. And as you use it, its famous warm and lustrous patina becomes even more luxurious.

Each piece of International pewter is hand cast and hand finished. In fact, much the same way it was in colonial days. What's more, International is the only pewter flatware with *solid* handled forks and spoons cast with stainless tines and bowls in an inseparable bonded construction.



Northford  
5 piece place setting of either  
pattern \$25.



Here's an achievement in perfect balance for the hand, for the eye. And while you're selecting your pattern, look at the matching pewter dinner plates, goblets, wine glasses and many other unique go-with pieces.



# Pewter presents old ideas for your home.

Today the freshest ideas for your home are some of the oldest. Ideas shaped in the famous soft satin luster of International Pewter.

You see, hardly anything blends with or enhances so many various decorative styles. Whether

your home is modern in feel, traditional, provincial, or colonial, of course, International Pewter adds its unusual glowing warmth and elegant simplicity to any room, any table.

International Pewter is as authentic as apple pie. Each design is a line-for-line reproduction or an ingenious adaptation of the original piece produced in colonial days. And each is made in the traditional manner of yesteryear, too.

The quality of International Pewter is impeccable. Only the finest lead-free pewter is ever used. This means you can eat or drink from it without a care. Also the only care required is an occasional washing to retain its original sheen.

Look for our unique soft satin finish, our touchmark and our hangtag. That's your guarantee of the real pewter: International, the world's leading, most famous producer of pewter.



4 piece Lighthouse  
Coffee Set \$143 50

Royal goblet \$20.

Wine goblet \$16.

Jefferson cup \$8

Cordial \$8.



International Silver Company, Meriden, Connecticut 06450



It's a new kind  
of warm.  
It's a new kind  
of blanket.  
It's Cellulayer by  
North Star.

A  
CELLULAYER  
BLANKET

There are no other blankets that keep you warm without a bit more weight. That practically eliminates the need for heavy, bulky blankets. That's what you get with our exclusive new Cellulayer™ blanket. It's made from a special blend of fibers that have fine woven brand name fibers — or woolen blends. The result is a blanket that's warm on your side. And, because the fibers are interlocked with the special Cellulayer™ process, it's available in seven North Star styles. And it's made in the U.S.A. — a fact that's never more true than when it's on a blanket, auto upholstery, or home sewing — our name is your guarantee. Call today for more information.

Anything worth  
covering is worth

*Chatham*

There are  
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# How to start your own fine art collection.

There are three important guideposts for the new collector:

First, don't spend a lot of money. You don't have to.

Second, don't buy any artist's work unless you've heard of him.

Third, buy only originals.

## Collecting needn't be costly.

Indeed, it shouldn't be.

The wise newcomer spends conservatively, in order to maintain more flexibility for experimenting. That way, you can discover your own tastes. Explore your preferences. And, yes, even make an occasional mistake that won't be too painful.

## Begin with the Masters.

Here at Collector's Guild, we're proud to have introduced many unknown artists of outstanding talent to American audiences.

And, in time, you can look forward yourself to the adventure of coming upon little-known artists whose work particularly satisfies you. It can be exciting. And sometimes profitable, too.

But, as you start out, we recommend that you concentrate on those significant artists who have been universally acclaimed through the years for their power and eloquence.

With their masterpieces, you can be assured of aesthetic satisfaction. And you will be proud to own them, as well.

That's why we are offering you the superb works of art pictured on this page.

Each is the inspiration of an acknowledged titan of twentieth century art.

Each is available now at a price far below its independently appraised value.

And each can come to you fully ready for hanging—elegantly framed and luxuriously matted.

## The advantage of originals.

All of the fine art pictured on this page are *authenticated, original* etchings.

This means the artist himself actually used acid or an engraving tool—just as he might use a brush in oil painting—to cut his design into a metal plate.

Additional art specifications: Each work of art was pulled by the master craftsman, Enriano Sorini, at his studio, in non-limited editions from plates that were not cancelled—excepting only the Chagall. Only known prior editions limited to 125 signed, plus 10 artist's proofs of the Dali; 200 signed, plus 58 artist's proofs of the Chagall; and 154 signed of the Picasso. Only the Chagall is a restrike, and the Braque is a posthumous edition. None of the four plates has been reworked; all remain as they were intended by the Masters who created them.

Then ink was forced into the furrowed lines. After that, the rest of the plate was wiped clean, a damp sheet of paper was placed over the plate—and painstakingly run through a hand press.

Thus, an etching was created—the translation of a great artist's inner vision into reality.



**Eros and Eurybia by Georges Braque**  
An original etching, pulled 1969. Framed in Italian-style molding, antique gold finish, matted in white Bainbridge board.  
Framed size: 18 5/8" x 27 5/8".  
Independently appraised value: \$200.  
Price: \$90.\*



**Don Quixote by Salvador Dali**  
An original etching, signed in the plate and pulled 1974. Framed in Louis XVI baguette, antique gold finish, double-matted in natural silk over black.  
Framed size: 12 1/2" x 15 1/2".  
Independently appraised value: \$90.  
Price: \$65.\*



**Nu de Dos by Pablo Picasso**  
An original etching, signed and dated in the plate, pulled 1968. Framed in Italian carved molding, antique gold finish, black panel, double-matted—white over black. Framed size: 20" x 24".  
Independently appraised value: \$225.  
Price: \$95.\*

It has been our good fortune to have secured the copper plates worked on by Dali, Braque, Chagall, and Picasso.

Each etching pulled from these plates is an authentic original, *not a reproduction*.

You would expect such highly personal expressions of the artists' talents to be valuable—and they are.

But there are additional advantages to collecting etchings and other original graphics.

For instance, original etchings are generally smaller than an oil painting, and easier to "live with." Also, they're ideally

suited for wall decoration. Easily adaptable to both modern and traditional décor. And they don't require the special lighting that many oils do.

## An invitation to help you get started.

If you heed our advice, you'll start your collecting prudently—and that's good.

To make it as safe and sure for you as possible, we make this offer:

Look over the certified masterworks

illustrated here. Then, live with your selection for a full month. If you do not agree that your acquisition is a source of deep pride and pleasure—you have absolute return privileges. We'll refund the purchase price. In full. And without question.

We believe you have a rare double-opportunity here:

To own, in a group or singly, art of enduring importance at a most reasonable price, adding distinction to your home. And to initiate a personal experience—fine art collecting—

that will provide you with endless satisfaction.

Please don't miss it.

\*Includes shipping, handling, and insurance.

THE  
**Collector's  
Guild**  
LTD.

1504B  
185 Madison Avenue, New York, N.Y. 10016

I have selected the authenticated original etching(s) checked below, for which I make full payment in the manner indicated. I understand that I may enjoy the work(s) in my home for one full month with this guarantee. If not satisfied, I may return the work(s) undamaged, via insured parcel post, for a full refund.

Braque, \$90.    Chagall, \$70.    Dali, \$65.    Picasso, \$95.  
(All prices include shipping, handling, and insurance charges.)

Check or money order for \$ \_\_\_\_\_ enclosed (N.Y. residents, please add applicable sales tax).

Please bill my account number  
 American Express    BankAmericard\*    Master Charge

Account # (all digits) \_\_\_\_\_

Expiration Date \_\_\_\_\_ Inter Bank Number \_\_\_\_\_ Master Charge only

Signature (required for credit card users) \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

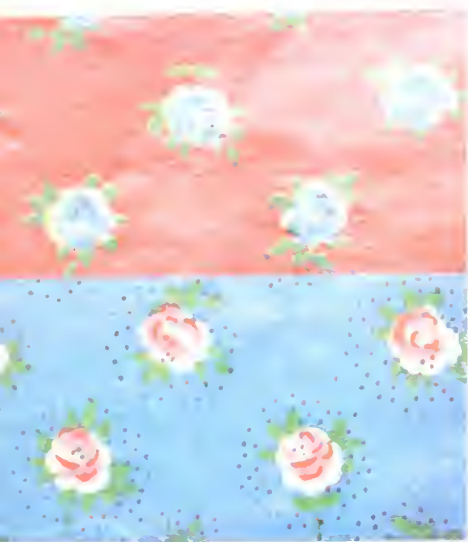
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please allow 3 to 4 weeks for delivery.



# The Martex Master Plan.

It lets you mix color with color. Pattern with



Have you ever noticed how some colors, pleasing enough on their own, become infinitely more exciting when mixed together?

The Martex<sup>®</sup> Master Plan gives you the palette for this kind of effect.



Our Master Plan also lets you mix different patterns in different colors. Stripes with florals. Florals with florals.

Not just on your bed. In fact, not just in your bedroom. But anywhere. You can even mix country with country.

For example, you might give an Early American farmhouse the distinctly thyme-scented air of the French countryside with our new Paris-Out-of-Town Collection.

Each print, each surprising color-way has the straightforward honesty of pure folk art.

Whether it's on our sheets or pillowcases, our towels or comforters, our blankets or bedspreads.

Experiment with them. It will help you forget the dim, dark days when sheets tended to be white, and life tended to be gray.

Martex.

We change more than just your bed.





with pattern. Country with country.





# Rare Pleasure

We found a way to bottle it.



To end the day  
or to start the evening.  
To share with friends  
at a party or  
with a friend, alone.  
The joy of Scotland.  
Distilled and brought  
to perfection  
in every bottle of  
J & B Rare Scotch.

**J&B**  
RARE  
SCOTCH

JUSTERINI & BROOKS  
Founded 1749

225th Anniversary

## QUESTIONS & ANSWERS

# Antiques

BY LOUISE ADE BOGER



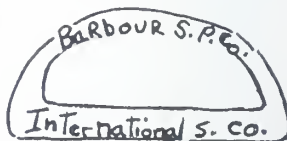
### Folk Art Portrait

American folk portraits seem to bring in high prices at auctions. What, for instance, is there about this picture that makes it so outstanding? C.E.—Atlanta, Ga. Your answer is apparent if you look closely at this charming example of American folk art—the scale, the representation, in spite of certain academic deficiencies, transcends itself into an arresting work of art. Examples of this genre can be favorably compared with

the great Italian primitives, Coptic, and Egyptian art—all valid art forms. Incidentally, this picture, "Girl in Garden" (c. 1825-1850) is part of the traveling exhibition organized by the Abby Aldrich Rockefeller Folk Art Collection and the High Museum, Atlanta, which will be a feature of this year's High Museum Antiques Show. The High Museum Antiques Show will be held at the Merchandise Mart, Peachtree Center, Atlanta, Ga., from October 16 to 19.

### Connecticut Tray Mark

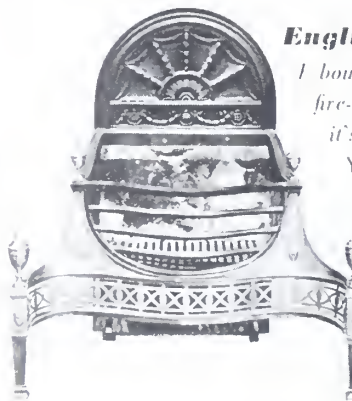
At an auction, I bought a silverplated tray with this mark on it. When was it made? M.J.R.—Berlin, N.Y.



The Barbour Silver Plate Company of Hartford, Conn., one of the original companies to become part of the International Silver Company in 1898, continued to operate until 1931. Your mark was used between the years 1921 and 1931.

### English Basket-grate

I bought this brass and iron English fire-grate and would like to know if it's antique. E.W.—Jenkintown, Pa.



Yes, your Adam style wrought brass and iron basket-grate is an antique, dating around the 1780s. These were set in, but not attached to, the recess of the chimney-piece. They were so called because the coal receptacle resembled a basket.

### Victorian Box

I call this a Victorian Biscuit Box, but can't find one in antique books. What is it?

M.J.H.—Seattle Wash. You have a typical English Victorian plated silver folding biscuit box. It was introduced during the Victorian era and is not one of the usual household objects seen now.



Continued on page 11



# If Gorham Sterling is your silent desire, break your silence one week before your birthday or anniversary.

Silent desires are unfilled desires, unless you are married to a man who can read your mind.

So, tell him. Tell him what you would really love for your birthday or anniversary is Gorham Sterling. If his comment is, "Gorham Sterling???", don't try to explain why you want sterling because a man will never understand that. Tell him why you want Gorham and do it before he can catch his breath.

Tell him Gorham Sterling is more than just a

pretty pattern. It is a Total Design. (He may like that.) Tell him that means a perfect balance between ornamentation, shape and function; and between the timely and timeless, so it will be fashion forever. (He'll like that for sure.)

Then tell him you've already seen the design you love at your favorite department or jewelry store. Tell him its beauty is unmistakably Gorham. Maybe he won't appreciate that, but we bet you'll get your Gorham Sterling, anyhow.



Chantilly

GORHAM DIVISION OF **textron** PROVIDENCE, R. I.

Strasbourg

Medici

Fairfax

King Edward

unmistakably Gorham

ORIGINALS  
IN STERLING,  
CHINA, CRYSTAL



# Not all grandfathers are created equal.



Some are created more equal than others. Take Barwick. We use only the finest woods, carefully and painstakingly selected. Each case is machine-sanded twice, then delicately hand-sanded twice more. And, each is inspected at least four times.

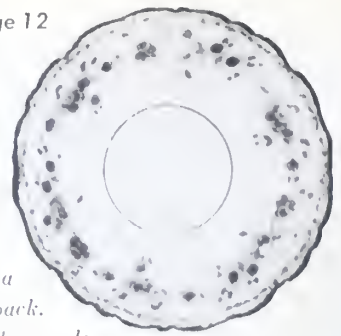
You'll also find something else. Every Barwick is registered and personalized with your name as the original owner and date of purchase engraved on two solid brass plates. Extra touches of thoughtfulness to your Barwick grandfather a still more treasure. Write Department 16 for our brochure.

**BARWICK CLOCKS**

Your name  
DATE OF PURCHASE  
HERE

ANTIQUES *continued from page 12*

ELITE  
FRANCE  
LIMOGES  
China  
ELITE WORKS  
LIMOGES  
FRANCE



We were given some Limoges china and told it was very old. Here is a saucer and the markings on its back. The salad and butter plates have the words "Bawo & Dotter" over "Elite Works." Any information about my china will be appreciated.  
E.E.R.—Detroit, Mich.  
Your mark was used by Guérin-Pouyat-Elite, Ltd., at some time after 1890. Bawo and Dotter was a New York importing firm. Pouyat is a well-known family name in French porcelain. About the 1780s Pierre Pouyat became the owner of large quarries at Saint-Yrieix (near Limoges), which was the chief source in France for kaolin and petuntse used in making porcelain.

### Baseball Bank

My grandfather owned this mechanical penny bank. On the base is "Dark Town Battery" and "Patd Jan 17, 1888." Can you tell me more about it?  
L.N.—Princeton, N.J.



This is one of the best action banks. The Montgomery Ward & Co. catalogue, No. 57, 1895, illustrates and writes of it: "Place a coin in the hand of the pitcher, press the lever and the coin is swiftly pitched. The batter strikes and misses and the coin is caught and safely deposited by the catcher . . . Handsomely finished in bright colors . . . Price \$0.90."



### American Tureen

I have copied the Waco china mark from the bottom of my white tureen. Can you identify it further for me?  
L.H.—Decatur, Ill.  
The East Liverpool Pottery Company of East Liverpool, Ohio, introduced Waco China, principally in a white granite (same as ironstone) body, about 1900. Its marks contained the name Waco China and frequently, as it is in your mark, in combination with the pottery's monogram.



### Yarn Reel

We recently found this yarn reel among my family's heirlooms. How does it work?  
L.S.—Chestnut Hill, Pa.

Inside the box is a cogwheel, on the face is a pin that comes out and hits the spring and goes "click." The yarn is measured as the person winding the thread counts clicks.

### English Vase

Have you any information about the background and use of my large vase? The mark is "Doulton's Daffodil Burslem." T.B.—Arlington, Mass.  
The pattern "Daffodil" was created by the Burslem potters Pinder Bourne & Co., which was purchased by Doulton's in 1877. Shortly afterward, Doulton's introduced its own trademark. Your large earthenware vase was quite possibly used as an umbrella stand. ■







MODEL 6716

## Magnavox stereo. When it's not playing beautiful music, it's still saying beautiful things about you.

Whichever magnificent Magnavox stereo you select, it will speak eloquently of your good taste. Even when it's silent. For Magnavox design artistry is always clear and distinct.

This richly grained Campaign Chest, with its hand-rubbed finish, is typical. No mistaking its burnished metal accents.

Or its rich, full sound. Authentic Magnavox sound, from a solid-state

stereo FM/AM tuner-amplifier, automatic record changer, 4-channel decoder, 8-track player and six speakers in an air-suspension system.

Advanced electronics, in a cabinet of timeless elegance.

Just what you'd expect from Magnavox, the people who make Mediterranean-styled drumtables, Venetian breakfronts, Spanish consoles and lots more.

In fact, more stereo console styles and finishes to fit your lifestyle than anyone else in the world

No wonder a leading consumer testing magazine recently rated a Magnavox stereo console "A, Recommended."

Magnavox stereo. You can't find a more beautiful way to express yourself. See and hear for yourself at your nearest Magnavox dealer.

## What a difference living with a Magnavox.


DEL 6616

MODEL 6460

MODEL 6716







**Bubbles** frozen in the purest sculptured crystal raise your spirits to the highest. Hand blown according to the finest tradition, these barware gift accessories come in all of the most splendid shapes from the littlest liqueurs to the amplest icer. Available nationally through fine gift dealers. Another superior gift item for you and yours distributed exclusively by

**Hummelwerk**<sup>®</sup>  
Division of Goebel Art (GmbH), Inc.



# fine arts

by J.P. Stevens

Lincoln

Sheets Towels Blankets





world's  
ship of  
by the  
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# American Classics Collection



American classic furniture, an 18th Century style deeply influenced by English fashion of the day, is gaining importance in the world's antique market. But ownership of the finest originals is restricted by the limited number available.

Baker has re-created these timeless designs in a comprehensive collection, the American Classics.

Included in the collection are the Sheraton console, with delicate inlay, and the Chippendale arm chair with interlaced chair back and acanthus carved cabriole legs ending in a claw and ball foot.

The dining room setting shows the influence of the English designers, Sheraton and Hepplewhite, on the 18th Century American cabinetmakers.

Like all Baker reproductions, each is made from fine woods selected for authenticity and crafted by skilled

hands to be scrupulously faithful to the original.

American, Far East and European Collections are displayed within professionally designed room settings in Baker, Knapp & Tubbs showrooms in the cities listed below. Your interior designer, furniture retailer or architect will introduce you to this unique source for fine furniture.

A 40-page catalogue of the American Classics Collection is available for



\$2.00 from Baker Furniture, 474N Merchandise Mart, Chicago, Illinois 60654.

*Baker*  
*Knapp & Tubbs*



# Shadow Weave from the Lifestyles collection



**Shadow Weave Ensemble by Counselor.** If your style is country with a bit of carefree chic, then Shadow Weave is for you. There's flair in the textured strips worked in a classic basket weave to play back light and shadow, and accent the surface texture and pattern interest of the wicker look. Ensemble includes hamper, scale, wastebasket, and space saver unit... all styled in fuss-free vinyl. Rice, Wheat, or Malt. And your "go together" in the Lifestyles Collection by Counselor. Get it at your favorite store, or call 1-800-451-1109.

**Counselor**  
1-800-451-1109

## NOTES ON NUTRITION FOR YOUR FAMILY'S HEALTH

# Vitamins for your very life

BY ELOISE R. TRESCHER, RD

Every known vitamin of today has had a mysterious past, always elusive. However, many of the mysteries have been solved by dedicated scientists in constant search. Take vitamin C, the now familiar ascorbic acid. Although only identified in 1928, its history goes back almost 100 years. Without vitamin C, Jacques Cartier might never have colonized Newfoundland; without vitamin C, Admiral Nelson might never have conquered the fleet of Napoleon.

In 1535 with 100 of his 110 men sick with scurvy, Cartier gave his expedition an Indian recipe of "spruce pine needle soup," rich in vitamin C. Within six days his men were cured. Some 200 years later, James Lind, Physician to the Royal Navy, started a daily ration of "two oranges and one lemon" for seamen suffering from scurvy. They too recovered and by the time of the Napoleonic Wars the Royal Navy's fighting force was doubled, chiefly because of a daily dose of fresh citrus juice. "Lind," it is said, "as much as Nelson broke the power of Napoleon."

History, so it seems, was helped by vitamin C. Yet vitamin C, as well as the others, was identified, and isolated in the 20th century, our century. One needs the knowledge of the chemist, the biochemist, the physiologist, the pathologist, and the clinician to fully understand the interaction of these vitamins and the role they play in the availability and utilization of other nutrients. Every day the mystery is being unfolded gradually by researchers in laboratories throughout the world.

Much has been discovered, but there is much that is unknown. One important fact is that vitamin pills or capsules are *not* substitutes for food. They contain only the *known* or discovered vitamins. Food contains *both* the discovered and undiscovered.

The vitamins we are concerned with and considering in this column are those for which Recommended Dietary Allowances (RDA) have been made by the Food and Nutrition Board, National Academy of Sciences, National Research Council. They are vitamins A, D, E, ascorbic acid, and those of the B-complex, folic acid, niacin, riboflavin, thiamin, B6, and B12.

All the vitamins that the healthy individual needs are present in food. By choosing food from each of the four food groups, you are assured of adequate amounts of vitamins as well as minerals and protein.

### FOUR FOOD GROUPS

**The meat group** supplies you with thiamin, riboflavin, niacin, B6 and B12, vitamin A (only in liver and egg yolk).

**The milk group** gives significant amounts of all vitamins except vitamin C and thiamin. It is an excellent source of riboflavin.

**Fruits and vegetables** are suppliers of vitamins A and C.

**Breads and cereals, whole grain and enriched,** are good sources of thiamin, riboflavin, and niacin.

The word vitamin comes from the Latin *vita* meaning life. And once you realize the benefits gained from each vitamin, the name seems indeed appropriate. Your family doctor, not TV nor cardboard advertising in drugstores, is the one to tell you when you

Continued on page 21



# “If anyone had told me a few years ago that I would be an Interior Decorator, I would have said *you're crazy!*”

**Mrs. Faye C. Haynie**  
*An outstanding LaSalle graduate from Madisonville, Kentucky*



If you have a natural love for attractive homes, why don't *you* become an interior decorator? Here's how one woman made her dream of a wonderful career come true.

It seems only yesterday that Mrs. Faye Haynie of Madisonville, Kentucky was working in a job she didn't like . . . as a million other women do.

Today, she enjoys a good income in an exciting career of her own . . . having the time of her life as an interior decorator.

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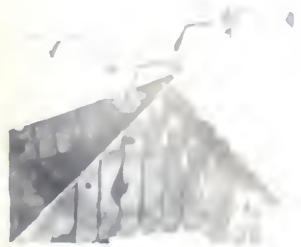
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**“Vitamin pills and capsules are not substitutes for food. They contain only the known or discovered vitamins. Food contains both the discovered and the undiscovered”**

**VITAMINS** *continued from page 20*

may need additional vitamins prescribed by pill, capsule, or injection. And although each vitamin plays a specific role in the prevention of specific diseases, their effectiveness is enhanced when they play in concert with other nutrients.

To truly appreciate vitamins, you should know *what* vitamins do for you. With well-balanced, nutritious meals they can easily be part of your life.

**Vitamin A** is essential in maintaining the normal ability of the eye to see in the darkness, light and dark adaptation as when entering a movie theatre. It also promotes healthy skin and mucous membranes, and helps bone growth. An excess of vitamin A in children can stop growth and bones become fragile. In older people an excess can result in loss of appetite as well as of hair.

**Vitamin D** helps in the calcification of bones and aids absorption of calcium from food in the digestive tract. Bone deformities occur when you haven't enough vitamin D, as in rickets. Excess vitamin D can also be harmful, causing bone softening, loss of appetite, calcification of the kidneys, and eventually kidney failure. Massive doses of vitamins A and D are known to be toxic and should be taken only on a physician's prescription.

**Ascorbic acid**, the conqueror of scurvy, maintains in a normal state the “ground substance” in which tissue cells are embedded and cemented together. Ascorbic acid also promotes firm blood vessel walls and contributes to normal healing of wounds and bones.

**Niacin** helps keep your nervous system healthy as well as your skin, mouth, tongue, and digestive tract. It also enables cells to use other nutrients. A niacin deficiency induces the disease pellagra, a name given by Italian scientists meaning “rough skin.” The skin becomes red, the

tongue is irritated, and in extreme deficiency, insanity and death can result. Pellagra still prevails in part of the world but to a limited extent.

**Riboflavin** enables blood cells to use oxygen and contributes to the health of your tongue, skin, lips, and eyes.

**Thiamin** helps give you a normal appetite and digestion, keeps your nervous system healthy and prevents irritability. It is also necessary in helping the body make available energy from food. Beriberi was caused by a deficiency of thiamin.

**Vitamin B6** plays a major role in amino acid metabolism, as well as red cell regeneration. Without vitamin B6 you do not form antibodies normally. It is another vitamin that helps your nervous system function as it should.

**Vitamin B12** is important to your protein, fat, and carbohydrate metabolism, helps bone marrow cells, as well as your nervous system. It also protects you against pernicious anemia.

**Vitamin E** is necessary in small amounts in human nutrition. The widespread interest in this vitamin is due to the misinterpretation of the result of research on experimental animals. Vitamin E is present in a wide variety of foods, and for those who have a varied well-balanced diet, a deficiency is highly unlikely. In lower animals it does play a role in reproduction, but in man its more important role is protecting vitamin A.

*Continued on page 28*



# The eye must eat, too.



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**"The right kind of food is  
the most important single factor  
in promoting health"**

**VITAMINS** *continued from page 24*

There are two kinds of vitamins. One, vitamins A, D, and E, are called fat-soluble and are stored by the body. Ascorbic acid and the vitamins of the B-complex are called water-soluble and are not stored in the body. These vitamins are easily destroyed by heat, oxidation, and "leeching" or soaking. Vitamins A, D, and E are found in liver, cod liver oil, and tomato juice. These vitamins should be stored in glass containers and kept in the refrigerator. Foods should be cooked only a short time and with as little water as possible in order to preserve vitamins of the B-complex and ascorbic acid. Water is not a food but it is essential to carry nutrients to the various cells within the body and to carry away waste products.

Dr. F. V. McCollum, discoverer of vitamins A and D, was chairman of the biochemistry department of The School of Hygiene and Public Health at The Johns Hopkins University when I was director of the Nutrition Clinic. Whenever I had a problem I could go to him. One of his dicta was "the right kind of food is the most important single factor in promoting health."

Certain foods contain certain vitamins, often they contain more than one. Vitamin A is found in all deep green and deep yellow colored foods. Listed here, a choice of vitamin A's vegetables and fruits.

*beet greens*  
*broccoli\**  
*carrots*  
*chard*  
*chicory greens*

*chives\**  
*collards\**  
*dandelion*  
*greens\**  
*dock\**

*escarole*  
*garden cress*  
*green tops of*  
*spring onions\**  
*kale*

*lamb quarters\**  
*mustard greens\**  
*parsley*  
*peppers, red\**  
*poke shoots\**  
*pumpkin*  
*spinach\**

*tomatoes\**  
*sweet potatoes*  
*turnip greens*  
*watercress\**  
*winter squash*  
*apricots*  
*cantaloupe\**

*peaches (yellow  
fleshed)*  
*mangoes\**  
*papaya\**  
*pitanga (Suri-  
nam cherry)*  
*plums, purple*

\* INDICATES GOOD SOURCES OF ASCORBIC ACID AS WELL IF EATEN RAW, STEAMED OR COOKED A SHORT TIME IN A SMALL AMOUNT OF WATER.

There are very few sources of vitamin A in the animal kingdom, compared to vegetables and fruits. The richest source of vitamin A in all kingdoms, however, is liver—all kinds. It is surpassed only by fish liver oils. Liver is not a popular food, and if it were, there wouldn't be enough to go around. Egg yolk, whole milk, fortified skim milk, buttermilk, butter, cream, cheese (except cottage), and ice cream all contain vitamin A. Other animal sources, some of them used infrequently, are weakfish, swordfish, squid, crab, and other fish such as blue, rock, and king.

Vitamin C foods are oranges, grapefruit, cantaloupe, tomatoes, lemons, limes, tangerines, strawberries, potatoes, green peppers, and cabbage. Also those vegetables and fruits marked with an asterisk in the vitamin A group.

The American diet is most likely to be deficient in vitamins A and ascorbic acid. Vitamins of the B-complex are so well distributed if one chooses one's meals from the four food groups, there is little likelihood of a deficiency. The chief source of vitamin D is sunlight. Remember, though, the ultraviolet rays do not pass through ordinary window glass, so you have to get out in the sun to get your vitamin D. Foods containing this vitamin are fish liver oils and vitamin D milk.

No one food can supply you with every vitamin. Yet there is a wide range, a delicious variety. It's up to you to choose wisely. Food comes in all colors, all flavors, all vitamins. Enjoy it. ■

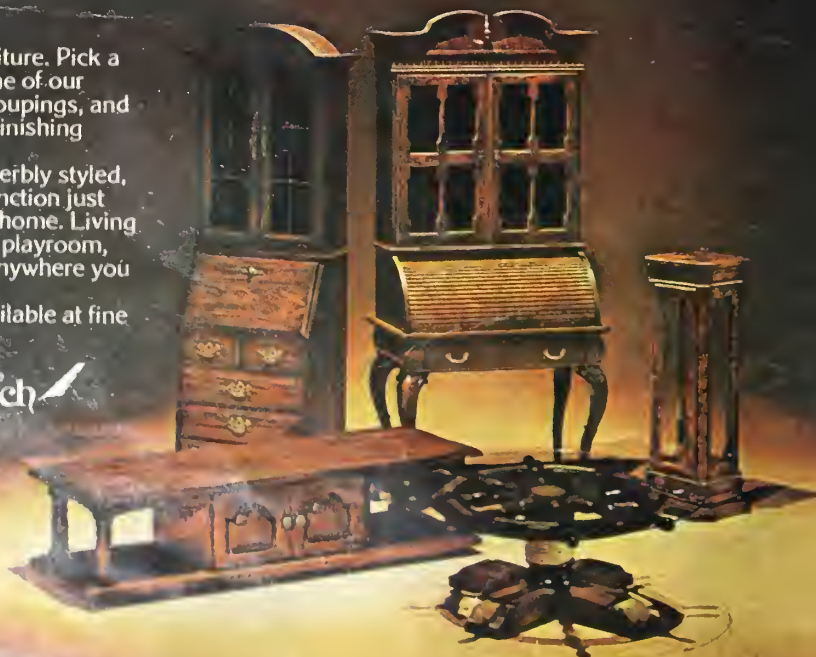
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A DECORATOR SPEAKS HER MIND:

## Mrs. Brown answers 15 important decorating questions

EDITOR'S NOTE: Eleanor Brown, a graduate of the Parsons School, opened her town house in New York as an antique shop in 1924. Gradually she built up the very reputable and successful decorating business that flourishes today as McMillen Inc. (the name comes from her first marriage to engineer Drury McMillen). She has raised one child, married twice, during her business career. And today, at eighty-four, she still takes the same active interest in her work, going to the office every day at 9:30, eating a yoghurt and fruit lunch there, returning to her apartment about 6 P.M. How does she keep up her energy? "I don't play too hard," she says, though her associates at McMillen tend to disagree, pointing out that she's always at the theatre, ballet, and enjoying social events at her country retreat in Southampton. "I've never been bored with what I'm doing," she adds. "I think we're still in business because we're dependable, reliable, and our work lasts." Here she answers some crucial decorating questions, from her autobiography *Fifty Years of Decorating* to be published shortly.



How do you manage to give a room character as opposed to a "decorator look"?

Rooms grow slowly as they are lived in. The good decorator allows for additions, rather than putting the whole job together at the beginning. A room has character when its owner has character and that character is reflected in the room. If a room has a "decorator look" it is because there wasn't any "person" to work with—only space to fill.

Does it help you to develop a decorating "eye" by looking at restorations?

Restorations are a good way to learn about past styles of design. Williamsburg, a great restoration, has had wide influence on the public taste. Boscobel, a fine example of an 18th-century country house, and Rosedown (although I may be prejudiced as McMillen restored it) an 1830s plantation house in St. Francisville, La., are among the most complete and authentic. Restoration work is as fascinating for the decorator as a study of the past is intriguing for the author of historical novels. It is not, however, a truly creative way to decorate. Changing styles to meet the changes in social standards is the challenge, for me, of decorating and design.

What are the most important rules in decorating?

The old saying that rules were made to be broken is true in decorating. I have always felt a mirror should not hang over a sofa, although I have insisted several times on contradicting myself. Applying a textbook rule to a specific situation can result in something that is out of context: an effect that is pretentious, and not in keeping with the form and feeling of the room. This "effect" is the only *don't* in decorating that I can describe. It is earmarked by all that appears false—nonworking fireplaces, plastic flowers, pompous reproductions—and all that is out of place, such as plastic covers to protect furniture whose covering is too expensive for the

Continued on page 32

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**"Good design is both functional  
and pleasing"**

**IMPORTANT DECORATING QUESTIONS** *Continued from page 30*

owners. It goes with scale and quality related to the design of the furniture. The important element to remember is the relationship between objects, size, form, texture, and color.

**How would you define good design?**

Good design is both functional and pleasing. A can opener can be of good design if its function goes along with its form. The word "design" refers to the overall "plan" of the object, its surface, design, the combination of its details, and the use to which it will be put. That same phrase by reference can apply to an entire building or to a straight-backed chair. The good designer must be able to recognize scale that is in proportion and visualize proportions before they actually exist. The creative decorator creates exactly in this way, producing a form out of nothing. A good design is this new independent entity, which is good because it is functional and pleasing.

**How would you define good taste?**

Taste is the ability to give a design its proper consistency. A good design is in good taste. The object must relate—whether visually or intellectually (the decorator deals with both)—to its surroundings. No color, no line, no shape is in good taste in itself but only in relation to where it has been placed and what purpose it is to serve.

**How would you define bad taste?**

Bad taste defines the inappropriate and the unsuitable.

**Is it necessary to spend a lot of money to make a room attractive?**

It is not essential to spend a great deal of money to make a room attractive, but it takes more money if the room is to have real quality.

**Will good taste overcome a low budget?**

Taste does not overcome low budgets, nor does a low budget mean that the room will not be tasteful. Color remains the least expensive and the most effective way to decorate on a low budget. Everything ugly, no matter how expensive, is a waste of money. Overly luxurious possessions or fabrics can look out of place and tasteless because they are too costly for their surroundings. Money is always wasted when it is applied without taste.

**What are the basic things to think of when decorating a room from scratch?**

The basic minimum requirements of a room depend upon its size and the needs of the people using it. My own living room in the country is a case in point. As a converted theatre, it is quite large, 40 feet square, and would look bare if treated as a room a quarter of its size. Since I usually entertain in small groups I like an atmosphere that is warm and convivial. In any living room, nothing is more important nor more frequently ignored than seating arrangements. More than four people must be allowed to enter into a conversation at once (a sofa and two comfortable chairs is the basic seating unit; a bench can be drawn up from a nearby fireplace or a straight-backed chair from the wall), yet two should be able to talk privately and one to sit and read without feeling lonely. Nothing is worse than being forced to sit with a not-particular-friend on a love seat that is made barely for two, or to be separated at opposite corners of the room when less formality might be desired.

The requirements of a bedroom usually depend on the needs of the individual. A comfortable bed, good reading lights by it, and (what most people don't have) large bedside tables, double tiered with drawers, for we must have space for tissues, books, glasses—telephone, address books, pens, pencils, pills, and so on. Does the house have a study? If not the bedroom should have a sofa for reading or lying down in the afternoon with a lamp, paper, bills, and things. A fireplace is a luxury, but I would like it. In the country a room is more casual than its city counterpart. A bedroom should be more relaxing than that of the living room.

**Does it make sense to have a major painting in a room to dictate the entire color scheme?**

*Continued on page 31*

**"No color is suitable, no shape is in good taste in itself (no matter) on relation to where it has been placed and what purpose it is to serve"**



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## IMPORTANT DECORATING QUESTIONS

Continued from page 100

If a room is decorated with a rooming look well in its surround-  
ing environment, the designer and the decorator should show  
the room off as a room, not as a collection of objects. However, using  
a rooming look is not the only way to make a room look like  
a room. A rooming look can be picked up significantly less, if not lost.

### **What do you feel about lighting?**

Lighting in a living room depends on the size of the room and  
the amount of furniture in it. Although one can use indirect light-  
ing anywhere today, I prefer lamp light, or even better, a combi-  
nation of lamp lighting with indirect lights for dark corners or  
large wall spaces. Living room lights should be on a dimmer control  
so the amount of light needed varies with the occasion.

A bedroom should have very good light at the desk and a stand-  
ing lamp by the sofa. A pair of wall-mounted lamps are practical  
on either side of the bed.

### **What kind of kitchens do you like best?**

The advantages of older kitchens are windows with views, space  
for eating meals, big stoves, and old wood. I would prefer, however,  
a modern, streamlined, and completely mechanized kitchen. On  
walls (where there are not cabinets) and on the ceiling, a patterned

vinyl is colorful. Real tile floors can modernize an older kitchen or  
add character to a streamlined new one. I like butcher-block tables  
and lighting that comes from under the cabinets, as well as from  
the ceiling.

### **What do you feel about floors?**

For old houses I generally like wooden floors: wide pegboard or  
herringbone. For a more formal house, a parquet. At McMillen, the  
hall floor is a walnut parquet inlaid with brass feature strips. In  
Detroit, we installed a floor combining wood with slate. For a mod-  
ern house, I like a wood floor as much as I do in an older one. It can  
soften angular architecture. Bare polished wood always deepens and  
enriches the quality of a room.

If wood is not wanted in a modern house, there are marbles, tiles,  
and many other materials available. It depends on the effect wanted  
for the entire room or house.

### **What advice do you give a young couple decorating with a minimum of money?**

One or two good antiques will soften the effect and add quality  
to a modern room. I would recommend starting off with a few  
quality pieces, adding more as they can be afforded. There is nothing  
wrong with space but a lot is wrong with junk. It is always a  
mistake just to "fill a room."

### **Can you describe a decorating fad?**

A fad is stopgap, gimmicky, and transient and comes on suddenly,  
and seemingly out of nowhere. A lasting look or period in decorating  
evolves slowly, rooted in the past but leading in a new design direc-  
tion. It is an entire and deep response to the social needs of a particu-  
lar time. Fads fade quickly, while periods endure. We are just now  
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And she seldom gets bored because each day is different. One day she's re-decorating a basically fine but run-down old "mansion;" on another she's helping a local business plan their new offices, etc.

When Carin talks about being an interior decorator, she almost sings.

"Every time I meet an unhappy woman I say to myself, 'Isn't it a shame more women don't take up interior decorating as a career?'"

There's room for many more Carin

Baugh. *Forbes* magazine calls home furnishings "perhaps the hottest growth field of the 1970's." And the way things are going, having an interior decorator might soon be as usual as buying a second car.

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To find out whether you'd enjoy being an interior decorator, simply mail the coupon for our booklet, "Should I Become an Interior Decorator?" It contains answers to the questions you probably have on your mind right now.

We'll also include a demonstration lesson so that you can see how you can develop your skill in interior decorating at home on your own time schedule. There is no obligation whatsoever. © 1973 ICS

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Carin Baugh of Kennewick, Wash., is raising two children and yet manages to have an interesting, well-paid job. She's getting more out of life and you can, too.



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The patterns you see, left to right, are Francis First, Old Virginia, Spanish Baroque, Grand Renaissance, Tara and El Greco. A brochure of all our patterns is yours for the asking. Write: Reed & Barton, Dept. HG10-4, Taunton, Massachusetts 02780.

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# Last year, it was that trip to Spain. The year before, it was Patti's dancing lessons.

## Isn't it time you got more for your money than memories?

Every year you have more expenses than you can shake a checkbook at. So the sofa (or chair or china cabinet) you needed last year gets put off until next year. Well, we suggest that you give priority to your home, for a change. Simply because few things provide as much pleasure for as long as fine furniture does.

Naturally, when it comes to such an important investment, you want to be sure of what you're getting. And, for a great many people, the Drexel® name is reassuring enough. But even if you don't know our name, our furniture can tell you quite a lot about itself.

Take our sofas, for example. They're available in dozens of styles. In a wide range of prices. But every one, regardless of cost, features a frame of kiln-dried mixed hardwoods to help prevent warping. Most of our custom coverings — and we have 350 of them — are stain repellent, so they stay fresh. And once you sink into the cushion-y comfort of a Drexel sofa, it's just passed the toughest test of all.



One thing more. We're even finicky about the stores that carry our line. Which is why you get such reliable service from your Drexel dealer. And that, of course, is another reason you can be confident that when you buy something by Drexel, you're not making an iffy purchase. You're making a more beautiful home for your money.



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For your nearest dealer, call free 800-243-6000 (In Conn., 1-800-882-6500).  
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the fluid of your own skin cells. It's this natural fluid that helps maintain

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Skin Life. Just a little every day will soon get your skin looking fresher, brighter, younger. And that's a promise.



**Helena Rubinstein** / the science of beauty



## SOME NOTES ON GOOD LOOKS AND GOOD HEALTH

# How to take a 15-minute vacation every day

BY DR. ROBERT TYSON

EDITOR'S NOTE: *Psychologist Robert Tyson, Ph.D. studied at Yale and the University of Vienna. He is a member of the Department of Psychology, Herbert H. Lehman College, N.Y. His books include Learn to Lose Your Mind and The Psychology of Successful Weight Control, coauthored with his wife, Dr. Mary Catherine Tyson.*

You probably agree with the great majority that some relief from tension would be welcome every day. If so, you can look forward to a refreshing experience with a minimum of effort right now, today, and any day from now on.

### **First—are you ready to let go?**

Two thoughts bother people about relaxing. Some say it makes them feel a little guilty. Others claim they simply haven't time for that sort of thing.

Both objections can be met with one encouraging fact:

Those people should feel guilty about *not* resting. They can't afford *not* to rest. What really wastes time and energy is staying grimly at work without letup. Persistent effort makes you feel noble and dutiful. Nevertheless, the fact is that the longer you keep at it the less efficient you become.

The value of relaxation has been proved again and again. For students, people in shops and offices, and anyone else who wants to get things done, rest periods pay off in improved production. Planned rest periods are a must for good work.

**"Planned rest periods  
are a must  
for good work"**

How good it is to know that rest isn't just pleasant, it also increases your effectiveness!

### **When and where?**

You'll judge best the time and place for your new venture. It depends on your schedule and home or office arrangements.

Would late afternoon or evening, at the end of the day's activities, be most suitable? You'll want to close the door if others are about.

### **FIVE IDEAS FOR YOUR DAILY LIFT**

Experiment with each. Choose one—or more than one?—and begin these pleasant interludes today.

### ***1* Ease your mind and muscles**

Are your muscles relaxed? The usual quick answer is "yes." Sure? Try this:

Sit in a comfortable chair. Lift your right hand to shoulder level and hold it up for a few minutes. Soon your arm and hand will ache. When they do, drop your hand limply to the chair or to your knee. Study the feeling of relief and relaxation. You'll realize that your muscles were actually more contracted than you thought. Also, it may surprise you to find that you feel *generally* more relaxed, mentally as well as physically.

Repeat the exercise with your left hand. (Continued on page 42)

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## FIFTEEN-MINUTE VACATION (continued from preceding page)

...and you'll know it's a good idea when you're lost in the moment, eating, reading, listening, or even by the fire.

...and the film rolls. It's a comfortable way to relax. It's hard to get your mind off the subject. Why? The subject is relaxing your head. You're not thinking about work, about the office, or the chair.

You're...  
...A progressive relaxation...  
...A progressive relaxation...

...A progressive relaxation...  
...A progressive relaxation...

...A progressive relaxation...  
...A progressive relaxation...

**"Going through progressive relaxation you'll feel altogether more at ease"**

...impossible. No one will be...  
...the closer if you simply tense...  
...the muscles of each arm and...  
...successively, without obvi-  
...ously moving them at all...  
...and then let go. This is a

...a controlled, still helpful version of the exercises you can do when you're alone.

### **2. Just for the fun of it.**

How serious, sensible, and practical we have to be most of the time. Are we a little fearful that "it isn't really right"? Remember, relaxation will help you with practical obligations.

Consider these possibilities:

Read something just because it happens to interest you on the spot of the moment. If you don't have a suitable book or magazine, pick one up.

Paint or draw something of no artistic value whatsoever. Make up a poem no editor would dream of publishing.

What seems hopelessly silly or childish? Making faces in the

mirror? Doing dance steps you don't know how to do?

No matter what it is, if it's useless enough, do it for fifteen minutes. Feel undignified? Don't let this bother you. The most creative people act that way when they feel like it. For example, architects, rated highly creative, indulge in more childish behavior than their less-talented colleagues.

This is another idea you can use even when there are people around. A pad and pencil will let you indulge in at least some of these beautifully impractical and refreshing escapes.

### **3. See yourself relax, luxuriously.**

Picture yourself way off in space, far from your daily routine. From that distant point observe yourself down here on earth, reposing on a smooth lawn or beach. Perhaps you'll choose a pleasant scene from your childhood, with all its original color and feeling. Or imagine any occasion you recall because it was so peaceful.

A fantasy vacation can have a remarkably real, soothing effect.

You can, of course, take flights of fancy whether or not you're alone, outdoors or indoors, wherever you happen to be.

### **4. Worries to cheer you up? Yes!**

Think of something that worried you last year. Then notice something important. A hundred to one what you worried about never happened. Go over in your mind some other worries that have nagged you. You'll be proving to yourself what counselors have observed again and again:

*(Continued on page 41)*

**"No matter what it is, if it's useless enough, do it for fifteen minutes"**



## Shower your bath with color! Sears Antique Satin Shower Draperies.

Now you can turn your bathroom into a showplace. Because these are more than plain shower curtains. These are Sears Antique Satin Shower Draperies!

For dramatic highlights, choose one of 15 brilliant colors in richly slubbed 100% Estron® acetate taffeta. Plus color-coordinated vinyl liners. Waterproof, Sani-Gard® treated to resist mildew. Draperies hand washable. Liner, machine wash, hang to dry.

Add more beauty with our color-coordinated matching window ensembles. Towels. Bath carpets, rugs and accessories. In Sears Both Shop at most Sears, Roebuck and Co. stores, and by catalog



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# A GREAT NEW PATTERN IN FINE CHINA BY ELJER.

There's nothing else like the look, the feel, the richness of fine china.

Eljer makes it. At prices anyone can afford. In a new gleaming, seamless, one-piece lavatory, with the bowl and countertop all in one piece of fine china. Eljer calls it Vanessa.

Real vitreous china. Strong. Chip resistant. Burn resistant. Stain resistant. So easy to keep clean. And built to sparkle for a lifetime.

Any substitute material is only imitation.

Sleek, twenty-five inch top and bowl combination. Available in all Eljer colors.

Comes with attractive white or cherry cabinets. Or installs easily atop any twenty-four inch cabinet.

Insist on the real thing. Fine china by Eljer. Vanessa.

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## FIFTEEN-MINUTE VACATION *continued from page 42*

Most worries don't come true!

This is why:

All of us have days when we emphasize the negative. We practically invent and then exaggerate the troubles that might turn up. Such anxieties are unrealistic by their very nature. For this reason there is very little likelihood that what is feared will really occur. How reassuring!

Form a new habit on this basis. Next time—and every time—that sort of worry pops up, think at once how unreasonable it is to be so uncomfortable and spend so much time on these figments of the imagination. Then turn to some brighter prospect—one that probably *will* come true.

### • The best way for you?

Only you can decide which relaxing plan is best suited to your personality. You can, if you wish, experiment on your own to find the most helpful way to fill those brief vacation periods.

It could be as simple as the radio or TV playing softly. Might you want to revive some hobby you used to enjoy as a child? A new interest such as painting, carving, or sculpture can be sheer pleasure when it doesn't have to meet professional standards.

An hour in an arts and crafts supply store may stimulate some brand new enthusiasm. Browsing through a bookstore might make you decide to read up on some attractive subject.

No matter how you decide to take your fifteen-minute vacations, remember this:

For that short time shut out the practical world of problem-solving, competition, and producing. Take time out, in the fullest sense of those words. Give yourself completely to the experience.

Enjoy your vacations! ■

## BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STORES

ESTÉE LAUDER . . . A rich dollop of tawny brown added to the best reds and corals is what you'll find in *Countrywood Colors for Lips and Nails* . . . colors that look as if the sun still glows through them. There are six shades of Re-Nutriv Rich Rich Lipstick with names like Cherrywood and Sunny Chestnut—great for deeper blues, grays, and russets of fall clothes. Lustrous Nail Lacquer comes in six new complementary shades as well. Countrywood Colors for Lips and Nails, Re-Nutriv Rich Rich Lipstick, \$4; Lustrous Nail Lacquer, \$2.75. At Saks Fifth Avenue; Marshall Field; I. Magnin.

LESLIE BLANCHARD . . . Coloring expert Leslie Blanchard, who often conditions your hair before coloring it, has developed a new system of hair care products to use at home. Natural or treated hair has separate-but-equal treatment routines. *Maintain Shampoo By Leslie Blanchard* in Delicate and Normal formulas, 8 ounces, \$1; *Maintain Conditioner With Reflectones By Leslie Blanchard* in formulas that protect specific hair colors—Sandy for beige shades, Cool for the light blondes, 8 ounces, \$5; *Maintain Revitalizing Lotion* for repairs between colorings, 6 vials, \$15; *Maintain Finishing Hair Spray By Leslie Blanchard* in atomizer form, 8 ounces, \$3.75. At Bloomingdale's; Neiman-Marcus; Joseph Magnin; Altman.

REVLON . . . From its famous laboratories, a breakthrough in better moisturizing has been achieved by duplicating most of the seventeen amino acids that control the rate of water evaporation through the skin. All the *Moon Drops Treatment* products are now being made in a new formula Revlon calls a "Multiple Moisture-Action" that helps regulate the evaporation. *Discovery Night Cream* is the newest Moon Drops Treatment product to have it—designed for really dry skin that requires some form of moisturizing at least once a day. *Discovery Night Cream*, 2 ounces, \$4.50. At Higbee's; Rich's. ■



# Furniture that looks more – but costs less because you make it yourself.



## Introducing A New Concept in Home Furnishings Design. The Do-It-Yourself Idea. By Yield House.

### Saving money always makes good sense.

That's why we should get together. Because together, we can make furniture for every room in your house. Furniture that will balance your decor without unbalancing your checkbook. Furniture that looks more. But costs less. Because you make it yourself!

### Thrifty New Englanders love us.

They love our designs. They love our prices. Our designs are classic. Dry Sinks, Hanging Utches, Rolltop Desks, Trestle Tables, Copies of antique heirlooms. Our designs are uniquely actual. Sewing Tables, Home Office Desks, Cabinets for your TV, stereo, record collection, books, magazines, sports gear – just about everything you'd want organized. We design furniture you'll love to show off. Hatch Cover Dining Tables, Coffee & Cocktail Tables. Furniture for the way you live now. Whatever your style wherever you live.

### Let's talk about money.

Surprise! You can afford all the good things you make. Because we make them two ways: one: furniture you can use & admire right now. Better designs, better values than most folks can find in their own hometowns. Two: the way you'll save even more. Up to 50% in savings over furniture you could buy locally. Great savings with our famous Do-It-Yourself Kits.

### What's A Yield House Kit?

It's one of our exclusive designs in easy to assemble & finish form. No back-breaking work.

No confusing plans. But furniture in pre-cut & pre-sanded parts. All ready for you to put together. With everyday household tools. And our step-by-step ABC directions. Then finish. Just the way you want. Paint, stain, varnish, antique, stencil – a color & look that's personally yours.

### Our Kits come with a hidden extra.

You won't see it. You'll feel it. A nice feeling of pride & satisfaction. Knowing that you've not only got just what you wanted but also something you just won't find everywhere. A look that says you. With results that are so professional your friends probably won't believe you did it – all by yourself.

### Don't think we're just for furniture.

We're the people to turn to for everything you want for your home. At prices you can afford. We take special care to co-ordinate all the furniture you'll see in our catalog with the best accents & accessories on the market. Many of which are exclusively ours. Heirloom clocks. Limited edition prints. China & Pewter & Brass. Even Victorian Dollhouses for collector, for your child. You'll discover over 1000 superlative choices. All in one place.

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The only source for furniture you do yourself with good results & great savings. For accessories & imaginative accents that fit right in. Just fill out the card. We'll send you your copy. To make your home look, feel & function better than ever before.



Yes! I'm interested in saving money and getting the best for my home. Send me The Yield House Home Furnishings & Complete Do-It-Yourself Catalog. I'm enclosing 25¢.

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Get this "Bargain of the Month" now while supplies last at your participating True Value Hardware Store.



# HOME IMPROVEMENT IDEAS FOR *the* house fixer

BY WILL MORRIS



**HOME WALL SAFES** You can conceal behind picture or mirror offer protection against theft or fire. Measuring about 20 inches wide and deep by 15 inches high, they have side flanges that can be screwed into standard wall studs 16 inches on centers. Of heavy welded steel, they are certified by the Safe Manufacturers National Association to withstand temperatures up to 2,700° F. (Ordinary metal containers will incinerate papers without exposure to direct flame.) Weighing about 60 pounds, they provide storage space for 100 files deep, 14 inches high. Safe, right, behind picture. Murray Steel Safe Co., other safe, Schaub Safe Co., Inc.



**STEEL FIREPLACE DOOR.** Left, gives you better control of fire and fireplace opening. Eliminating any need chimney damper. "Fireporte" consists of six fold-up shutter sections that can slide up or down. You can stop brisk fire quickly with the door pulled down to a small opening to create a forced draft or enjoy a full blaze with it open. The opening adjusts to fit wind conditions. Closed completely it shuts off combustion, preventing costly fires from burning up, sparks flying out, and house heat going into the chimney. It fits fireplace openings from 26 1/2 to 37 inches wide, from 27 1/2 to 33 inches high with solid brass hinges. \$1.50 retail, from The Fireporte Co.



**BUILDING INFORMATION** for home owners, covering a wide range of home planning and construction subjects is contained in circulars published by the Small Home Council-Building Research Council of the University of Illinois. Non-credit, they sell for 25¢ each or \$4.50 for a basket. Among the latest titles are "Maintaining the Home," "Flaming on Home," "Business Dealings with Architects and Contractors," "Kitchen Planning Strategies," "Roofing Materials," "Heating,"

"Cooling Systems," "Plumbing," "Electricals," "Selecting Windows," "Chimneys and Flues," "Basements," "Moisture Condensation," "Brick and Concrete Masonry," "Household Air Units," "Hazard Free Houses," "Living with Energy Crisis," "Interior Design," and other. Council was established by the University of Illinois as an agency for research, publication, education and public service in housing; it issues numerous other reports and publications on home building.



### TRAVERSE ROD

Eliminates the need for a shower curtain. A single handle will only release cool water first; then hot mixes comfortably with cold as you dial. Bathers can adjust the temperature easily through a wide comfort zone on the dial with no pushing or pulling of the handle necessary. The mixing valve has a limit stop, too, for high temperature water—an easily adjusted stop screw. An optional feature, an automatic pressure balance that eliminates fluctuating shower temperatures, is also available to prevent hot or cold water pressure from changing when kitchen or other faucets in the house are turned on. "Duralac" crystal-like fittings or chrome dials. Delta Faucet Co.

**"SCALD-GUARD" MIXING VALVE.** right, eliminates the danger of scalding water in tub or shower. A single handle will only release cool water first; then hot mixes comfortably with cold as you dial. Bathers can adjust the temperature easily through a wide comfort zone on the dial with no pushing or pulling of the handle necessary. The mixing valve has a limit stop, too, for high temperature water—an easily adjusted stop screw. An optional feature, an automatic pressure balance that eliminates fluctuating shower temperatures, is also available to prevent hot or cold water pressure from changing when kitchen or other faucets in the house are turned on. "Duralac" crystal-like fittings or chrome dials. Delta Faucet Co.



...to prevent that your window sash and stay it in place; it is held by ... to prevent a glass break in heavy duty steel and retails generally ... The Storm Works. ■





## The textured weave in sun-drenched colors. Sears Aquarius Draperies.

What a wonderful surprise! Really nice draperies with the weight and fullness you thought you could find only in custom-made draperies — Aquarius draperies from Sears.

You'll fall in love with the many faces of Aquarius. With its luxuriant fullness — as it drapes your windows with deep richness. With its heavy, woven texture. With its sun-drenched colors — a mixture of both delicate and brilliant hues. A sun-resisting colorfast in many sizes, many colors.

Perfect for pane windows, non-casement windows or sliding glass doors. Made of 27% cotton, 73% rayon that's easy to clean.

Discover Aquarius at most major Sears Roebuck and Co. stores and in the catalog. And nowhere else.

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A work of art. Gorham artisans craft the glow of finest pewter into a coffee service of classic simplicity and elegance... to display this beautiful metal at its greatest advantage. Coffee pot tastefully serves a generous 40 ounces; 10 3/4" high. The three-piece set, \$130. Versatile 13 3/4" pewter tray has heat resistant center of simulated rosewood, \$65. At finest jewelry-gift stores and silverware departments.

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**A great American idea**

**"THE AMAZING  
NON-GARDEN  
GARDEN"**

BY BEVERLY RUSSELL

EMERICK BRONSON



Joan Greentree, natural gardener

calls it the 'Amazing Non-Garden Garden.'

Walking through the woodland glades, pausing by the stream, meandering through the little paths, treading along the mossy tracks, you feel this is the outdoors as nature would like it to be—gently tamed. You catch the shadow of the gardener's hand in the prudent pruning of an azalea bush, the raking away of fallen branches along the paths, but you realize no mighty effort has been made to design earth toward some complicated human intellectual scheme.

"It's not necessary," explains Joan Greentree, "for the outdoors to be designed like the indoors. In your house you arrange furniture, you hang pictures, you create a background. In nature things will happen on their own, if you let them. Leaves fall and ferns come up and then they die. There is unending change, to watch and enjoy."

This is a garden to be in, not to see. To walk through, listen to the birds, hear the water going. "I'm involved with feelings rather than pretty pictures of picturesque scenes," says the gardener, when asked to clarify her intensely romantic style. "I don't want to recapture a miniature scene from Kyoto or Florence. I work with flowers but I don't do flower gardens. I'm more concerned about form as an easier way of life. Gardens don't need to be neat. Nature is not." So the lawn is left uncut and seeded by the birds with wild flowers quietly in their season. The shrubbery is never sheared. Wildlife never restrained with chemical fertilizers or sprays. "There are spiders, birds, toads, snakes, frogs, worms. This is the balance of nature, accept it and let it be," she says. "I feel very strongly about

(Continued on page 52)

A half hour ride away from bustling Manhattan in the suburban community of Montvale, New Jersey, down a perfectly ordinary side street is a perfectly extraordinary garden (see pages 120-121). Slotted amongst the predictable rows of lawns, bushes and borders is a patch of apparently untouched natural woodland. The untrained horticultural eye might report that the owner seems to have let everything go. But sensitive observers, catching a glimpse of intricate stone paths, hearing the cascade of water, and seeing a collection of bonsai plants on the terrace, respond with quick enthusiasm.

This is Joan Greentree's natural garden, an exercise in gardening in a minimal way so you can spend maximum time outdoors really relaxing, and not laboring as "relaxation." The attractive, lively innovator, *above* (an almost totally self-taught landscape architect with her own practice, who is also retained by leading American landscape architect Lawrence Halprin), likes her son's description of the garden best. "He

**"The garden  
in harmony with nature  
cares for itself"**





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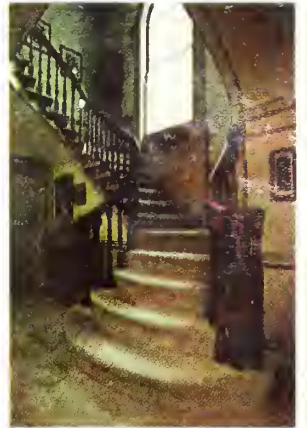


# Come home to a Pennsylvania House in Virginia

Let's pretend for a moment. The year is 1740. From the main room of your Georgian colonial home come the light strains of the minuet. Ladies descend the romantic winding staircase, their wide hoop skirts swishing gracefully...

It was a beautiful time, and you can share it still. For the classic Georgian design traditions remain... as beautiful today as ever. It's this same "forever" quality that's found in Pennsylvania House furniture. Traditional designs crafted true to the past... Chippendale-style curves and sculptured details. Pennsylvania House lets you create a little bit of yesterday's world in any environment.

Come see a Pennsylvania House in person. This historic dining room (and so many other exciting designs) is on the floor right now at every one of the stores listed on the facing page.



Pennsylvania House



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Want to furnish a living room? Or wake up a tired room? You need more than decorating theory. You need the *Tell City Primer of Early American Home Decorating*.

You'll see page after page of exciting full-color model rooms. Packed with ideas you can borrow. Settings you can copy for your own home with furniture and accessories from a nearby Tell City dealer. You'll read about decorating basics. Then learn to apply them to your own problems. What to do about windows, walls, floors. How to select a color scheme and pre-test it with a swatch card. How to check sizes to make sure everything fits before you spend a lot of money.

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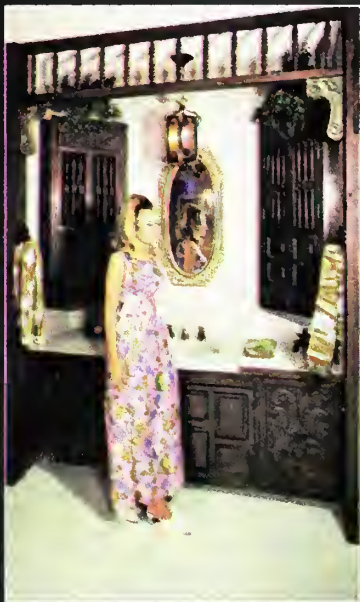
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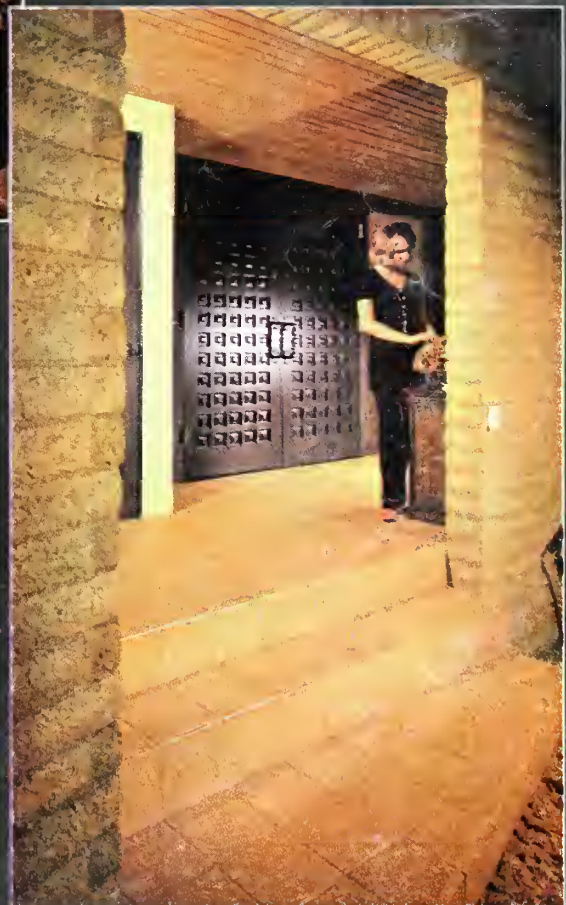


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This year the San Francisco Symphony, under the direction of Maestro Seiji Ozawa, will perform more than 200 concerts. The season includes a spectrum of musical events reaching people of all interests and ages. There are 24 subscription-weeks with 100 concerts a week; regional performances in Cupertino, San Rafael and San Francisco; a variety of recitals

and musical festivals; pops concerts during the summer with Arthur Fiedler; and perhaps the most comprehensive youth program in the country.

The 103 musicians of the symphony combine their artistry in an ensemble which continues to be internationally acclaimed as one of the finest in America today. And their talent enriches the Northern California community beyond these group appearances. Their training and experience is further shared in individual teaching, recitals and in smaller performing groups.

But before one note is sounded, thousands of hours are devoted in preparation for arrival on-stage by the orchestra. Volunteers,

businesses and foundations contribute time and financing in support of the symphony and its \$4 million annual budget. The orchestra earns more than half of needed revenue from concerts and special events (even with sellout audiences typically occurring). The balance of funds must come from grants and contributions.

If you would like to help with efforts that keep the symphony playing (or if you just want to enjoy its music) contact the Symphony Association or the Symphony Foundation. Membership in the foundation also offers opportunity for educational, social and travel activities.

And you are invited to participate.

San Francisco Symphony Association  
 100 Market Street  
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**There are many  
Portugals in Portugal  
Which  
Portugal  
is yours?**

BY DENISE OTIS

What makes a vacation for you? Relaxing on the beach? Exploring shops and markets? Playing golf all day? Visiting museums and palaces? Getting close to nature? Good food and wine? The appeal of Portugal is that you can have all of them together—old and new, city and country, historic places and play places. With the plus that Portugal, although sharing some of the Western World's inflation, is still the least expensive country in Europe to get to, stay in, and shop in.

You might choose the all-season city pleasures of Lisbon and combine them with the resort world of Estoril, Cascais, and Sintra, or with country quiet in Azeitão or Sesimbra just across the Tagus. Or go all out for the sports life in the year-round sun of the Algarve coast that's shared between new luxury—sleek hotels, casinos, and vacation villages—and picturesque tradition—fishing ports, farms, and storybook villages. The sun also shines all year on Madeira, a soft-paced island with spectacular views and spectacular flowers. You can lounge by the pool all day or drive on twisting mountain roads to ancient towns in hidden valleys, then dress for dinner and dance all night. You'll find still a different atmosphere in the Azores, where the 20th century lies very lightly on the 15th, hotels are small and charming, and there isn't very much to do except enjoy the beautiful landscapes man and nature have made together. The best time for the Azores is May through October—the winter climate, though mild, can be stormy.

If you haven't already picked your spot—and even if you have it's helpful—I'd get a copy of *Arthur Frommer's Dollarwise Guide to Portugal* by Stanley Haggart and Darwin Porter (\$3.50) from your local bookstore. The authors give you a feel for the flavor of each place, a good round-up of what there is to see and do, and a selection of places to eat and to stay in all price ranges. The

book is updated every year or so, and, in seven trips to Portugal, I've never disagreed with their descriptions of the places they mention though I may find others I like as well.

One question the book can't answer and everyone asks is "Has the 'revolution of the red carnations' changed Portugal?" One reason I went to Lisbon this summer was to see. You can't miss the political posters and aerosol graffiti. We're used to them in New York but it was a shock to see them in normally tidy Lisbon. And if you understand Portuguese and have Portuguese friends you're aware that the country is undergoing a tremendous reorganization. But to a traveler's eye there are few changes. Everywhere, in shops, hotels, taxis, and restaurants I found the courtesy and helpfulness I've come to expect, and the little unexpected pleasures that make it so endearing. Example: Dessert at a lunch counter—a perfect peach, its peel perfectly cut to fan in a star around it.

There are lots of airlines that fly to Lisbon, but it's fun to fly TAP, the national airline, like being in Portugal before you leave home. You can tune your headset to Portuguese music, try a dry Porto or a Madeira as an apéritif, and be served a choice of Portuguese wines with your dinner whether you fly economy or first class. In first class, you can even organize your own private wine tasting . . . the wine list is short but choice. Also, TAP has the most flights—they fly from New York, Boston, and Montreal—and the most interest in helping you get there. It's their country, and they'd like you to know and enjoy it. Air fares are so complicated now it helps to have a friend. It helped me last fall when a TAP agent pointed out that if I shortened my trip from 24 to 21 days, I could fly to the Algarve and Madeira for very little more than it would cost for Lisbon alone. To take advan-

*Continued on page 164*



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But why "Scotchgard" Protector now that here are all the synthetics and "miracle" fabrics? Well, the truth is that even these can be made even more stain and dirt resistant with "Scotchgard" Protector.

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**Cheri-Suisse Romanoff.** Drain one jar (14-16 oz.) pitted dark sweet cherries. Whip 1 cup heavy cream with 2 tbs. Cheri-Suisse. Fold into 1 pt. softened vanilla ice cream. Fold in cherries and 2 more tbs. Cheri-Suisse. Serves 8.



**Cheri-Suisse Mist.** Pour 2 oz. Cheri-Suisse over crushed ice in champagne glass. Serve with short straws.



**Cheri Alexander.** Shake 1 oz. Cheri-Suisse, 1 oz. gin, 1 oz. vodka and 1 oz. cream with cracked ice. Strain into cocktail glass.



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## NOTES OF A *Happy* housekeeper

BY MARY ELIZABETH FALTER

There are so *many uses for rubber bands* that we never seem to have enough at our house. They're natural holders for sorting out letters, bills, and canceled checks and great for small things in the kitchen such as skewers or the various parts of the meat grinder. Ever since our check to the gas company slid under the car seat and was lost for a month, I even keep rubber bands in the glove compartment of our car. Now when I take a bunch of mail to the post office, I snap a rubber band around the letters to keep any from slipping away. After the mail is safely deposited, I return the band to the glove compartment for use again. Another good idea is to twist a rubber band around the hanger hooks just where they emerge from a garment bag—the kind you take for traveling. This will keep the hangers from slipping and sliding. And try twisting a rubber band around the top of a small bottle such as a nail-polish bottle. It makes it much easier for you to get a grip on it to open it. And more: to keep sewing supplies organized, lids on boxes, skeins of wool separated. I've even twisted some fine white rubber bands around the knobs of the white shutters in the living room and library to discourage our cat who loves to go around opening them.

I came upon a whole *new set of scrubbing tools* in the hardware store that have delighted me with their performance. Made to outlast and outperform the traditional scrubbing brush, sponge, or cloth, the Scotch Brite Scrubbers, developed by the 3M Company, are made in three different grades: a white, lightweight pad for delicate cleaning, such as scouring porcelain bathroom fixtures or washing walls; a blue pad for floor cleaning and wax removal; and a tough black pad for rough jobs like scouring off rust or cleaning garden tools. They are each 6 by 3 3/8 inches, mounted on a styrene base, and have a special handle that affords a firm, comfortable grip. The pads hold soap and water and other cleaning agents without getting soft or losing efficiency and will not harm most surfaces. I bought all three for the fall clean-up as my kitchen floor needs to be stripped and rewaxed, and Tom says he's going to clean the barbecue grill and the garden tools with them before he puts things away for the winter.

*Be careful with your camera on long air flights.* We learned the hard way on a recent trip when the camera wouldn't work properly and we took it to a camera shop. The technician opened the back and the whole rewind system fell out in pieces. The expert said the damage had probably occurred on the plane. Seems that if you put your camera, even in its case, on the floor of the plane or in the overhead compartment, it's possible that the vibration of the engines will make the tiny screws that hold the camera together "back out" or loosen until the mechanism simply comes apart. It

Continued on page 126



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## GOING PLACES, FINDING THINGS IN VIRGINIA

### How to make a **Grand slam tour of Colonial houses in a few wonderful days**

BY NANCY MCCARTHY RICHARDSON

One of the original thirteen generators of American ways of thinking and living, the state of Virginia still offers visitors strong currents of politics and law, English-inspired gardens, wonderful food, and houses full of ideas to take home and use. For me, the trip offered a chance to explore the monuments of Virginia's colossal talent for living—the houses of Jefferson, the Carters, the Lees, George Washington, and the whole town of Williamsburg. I wanted to soak up as much as possible in the way of recipes, garden designs, brickwork, moldings, the shapes of windows, methods of natural air conditioning, the layouts of bedrooms, the look of a Colonial dining room and its system of entertaining.

The things that will get you into your car and actually going are the creature comforts of contemporary Virginia. The food in most restaurants along the way is good, different from what you're used to, and refreshingly local. Hotels and motels range from clean and convenient to resort places where you'd like to stay for more than just a night. The roads are good and an ankle-bone-connected-to-the-shinbone setup of little airports can get you up and out if you haven't got lots of time. The shopping is very rewarding whether for Christmas presents, a piece of early American furniture, packets of flower seeds, or tiny sprigs of boxwood in a pot. You will have to cope with these delicious temptations everywhere you stop. Apart from the shopping, a trip through

Virginia also happens to be relatively inexpensive.

In preparation, I started off by talking to Mary Shelton, the travel director at the Virginia State Travel Service at 11 Rockefeller Plaza in New York City. Hers and other Virginia State travel bureaus provide the invaluable service of showing what there is to see and how to get to it. With a large green crayon she marked a route on a huge map of Virginia, a route that started in Washington where I was to rent a car, and moved southwest almost parallel to the Blue Ridge Mountains until the road came to Charlottesville and Monticello.

The long way, but the most beautiful this time of year, to get from Washington to Charlottesville is along the Skyline Drive of the Shenandoah National Park. The drive runs 105 miles along the crest of the Blue Ridge Mountains, which run north and south in the state, and is one of the most dramatic ways to see autumn leaves. Call the Park Service for a "leaf report" before you start out.

Not far from Charlottesville is Monticello, proudly situated on the top of a small round mountain covered with trees. It looks out on one side toward the Blue Ridge, and on the other, over the broad stretches of the Piedmont plateau where four rivers rising in the mountains begin to drain toward the Chesapeake. Jefferson's big little house is set in a scooped out place on this hill crest. This was his base for over forty years and provided a constant outlet for his

*Continued on page 66*

*Dotted line indicates author's route from Washington south to Smithfield and then back north.*







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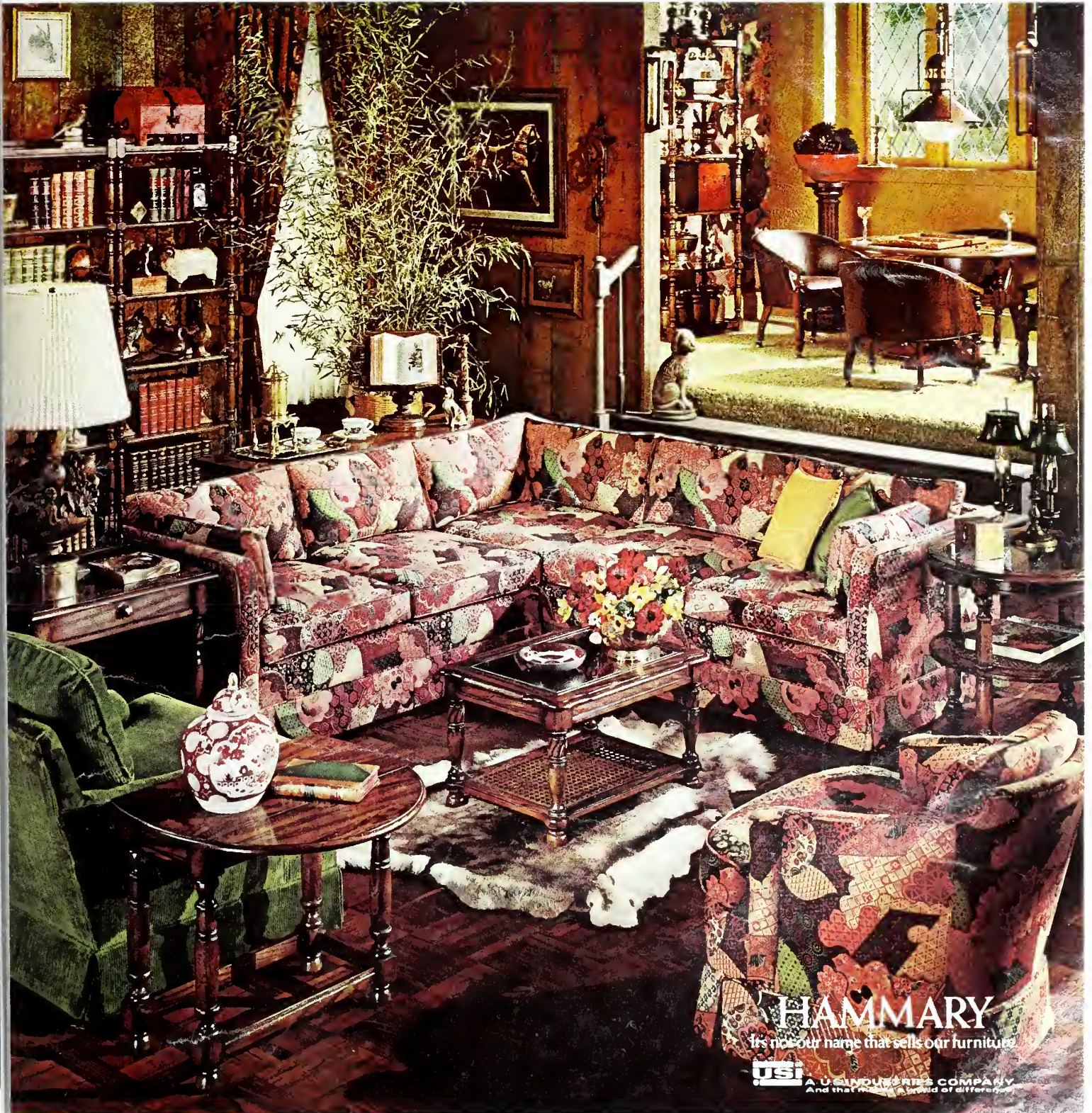
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VIRGINIA

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## "Colonial governors had the cloth removed after the main courses and guests stayed at the table to talk and eat the centerpiece for dessert"

VIRGINIA *continued from page 66*

ing the Civil War. The downtown sits high on one of several hills. The capitol is set at the highest point of a garden square surrounded by other columned, classical-looking buildings. In fact, there are enough museums and buildings of architectural interest to warrant a longer visit.

Now, head south and out of Richmond toward Williamsburg via the James River plantations on the river road, Highway 5, the scenic way to go.

The highway from here on takes up parallel roadbeds with the James River—the first of the four Tidewater rivers I've come to. The plantations that rose along their banks are now—unlike 150 or 100 years ago—somewhat off the beaten track. By and large the families who started with this river-front land still have it. The first plantation, Shirley, is one of the most famous.

### A VISIT TO THE SHIRLEY PLANTATION

The Hill-Carter family has lived at Shirley since 1660. Robert E. Lee's mother was a Carter. This generation of the family takes on many more duties than previous ones in order to keep the place going. They are all capable of running the tour through the house and around it and do, daily, for the public. Tall poplars line a gravel drive that leads to the house. At the end of this tree-lined vista is a big two-story Queen Anne house begun in 1723, with porticoes on the land and river sides added in 1800. Arriving just before closing time, I found the place was still and substantial. A large boulder provided a seat under a tall tree that sheltered the house. No shrubs obscured the hues of the house, and lawn stretched from its borders down to the river, which runs not more than 50 yards behind it. The river is broad and last here.

The Carters, who live during the day on the top floor of the house, seem to enjoy their visitors in the same way earlier generations did when they sent a servant out to the road to ask travelers in to dinner with the hope they would have news and recent newspapers. In one of the handsome two-story brick dependencies that face each other in front and to each side of

the house, there's a place to have some of the best things to eat in that countryside. It's called the Red Rooster. Just try to resist the gingerbread if it happens to be baking when you arrive! Buy packages of the gingerbread or molasses cookies to eat after a Virginia ham sandwich and a glass of cider. Some visitors take their sandwiches over to the big boulder where they can sit, eat, and watch the river roll by. In the fall, pumpkin bread and peanut-butter bread are sold by the slice or loaf and in the chilly weather, hot cider seems good. Sue Howell, who puts rosemary and bay leaf, and other good things into the side of roast beef she'll later use to make sandwiches, also does a new twist on bread pudding in which she substitutes doughnuts for bread.

The shop downstairs sells afghans, occasional antiques, books. *The Virginia Way* by Roth and Fridell is a small picture book of Virginia architecture with a description of most of the houses one would want to see on this trip. It was helpful to me in seeing the rest of the James River plantations, since I was driving past too late in the day to go inside.

This "from the road only" kind of sightseeing yields more than you might imagine, since the situation of these old houses, the tree-lined drives, and views over the river transmit instantly the relation of space, trees, and house that is the glory of this kind of living. This outside view often seems more alive and ongoing than some restored interiors full of the whimsy of previous periods of furniture and decoration.

### THE PAST RECAPTURED: COLONIAL WILLIAMSBURG

Williamsburg is a place where one should reserve a room ahead and if possible arrive when it's still daylight in order to get oriented to a town that is part live-in museum, part tourist, and largely university-populated. The historic area covers 173 acres in the center of Williamsburg. It's a mile long with the Wren building of the College of William and Mary at one end, the capitol at the other.

The Williamsburg Information Center is an event in itself and a must to get the know-how of see-

*Continued on page 70*





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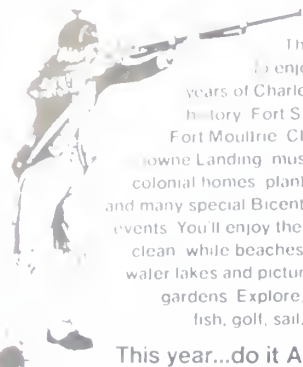
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## "Herbs and spices for making potpourri are sold by the scoop in Colonial Williamsburg"

VIRGINIA continued from page 68

ing the historic section. You can buy here a \$5 ticket to historic Williamsburg, good for three days. A movie at the Center runs every fifteen minutes. Actor look-alikes of Patrick Henry, George Washington, and Thomas Jefferson act out the roles these men played as they came to this then-capital of Virginia before the Revolution. The landmarks of Colonial Williamsburg recreated exactly in the 1930s, play themselves in the film, fueling the imagination where it might need it in looking at a museum that involves an entire town.

Most of the houses in Williamsburg are the simple though comfortable dwellings of its Colonial residents.

The largest and one of the most attractive houses with gardens is the Governor's Palace in gray and red brick. The original was completed in 1720 and used by seven royal governors plus Patrick Henry and Thomas Jefferson. The latter left his mark, especially on the garden. The tour through this house is lively and full of chatty remarks about life then—for instance, the fact that Colonial governors had the tablecloth removed after the main courses and guests remained at the table to talk and eat the centerpiece for dessert. The gardens—10½ acres of them—have as many rooms, levels, corridors, and visual events as the house itself. Walk through the tiny but thoroughly confusing holly maze copied from Hampton Court.

For my taste, the taverns were the best places to eat. All offer Colonial dishes and one, Chowning's Tavern, has an arbor that on warm fall afternoons makes an appealing place for lunch. On either very hot or cool days, the dark, rough-paneled interiors of the King's Arms Tavern either cools you off or warms you up. The peanut soup is a believe-it-or-not for non-Southerners, as full-bodied and satisfying as a lobster bisque on a cool day. Two sorts of bread come with a meal, both from old recipes. One's almost like cake, the other, a 50-cent-size muffin. Bright green green-gage plum ice cream is something to try. Mimeographed sheets on a sideboard near the door of the King's Arms give recipes for dishes on the menu. Some of them are also found in the paperback *Williamsburg Cookbook*. The taverns are open

for lunch and dinner until 9 PM. Make reservations for dinner. Nearby are several shops that sell things that were available in the shops in Colonial times. Herbs and spices for making potpourri are sold by the scoop. Playing cards reproduced from an 18th-century English design intended for the Colonies make good presents.

In addition to leaving your car in the ample lots of the Information Center and letting the Center buses ferry you from point to point, one of the nicest ways to go around Williamsburg is to rent a bike or a bike-for-two at a hotel or one of the many motels that crop up just beyond the boundaries of the historic area. The least like a motel is the Williamsburg Inn which also has an annex called the Williamsburg Lodge that can handle lots of visitors and their cars. The Inn is a big Colonial building painted white with a columned portico in the second story and lobby of interconnecting sitting rooms overlooking a pool and golf course. Along with the Inn, there are two important stops just outside the historic area: the Abby Aldrich Rockefeller Museum of American Folk Art, which has wonderful examples of American primitive art including early portraits, landscapes, and store signs and the Craft House, which is close by and sells reproductions of English and Early American furniture, lamps, china, and many other things. It's a small department store of interior decoration in the Williamsburg manner.

## OUTDOOR MUSEUMING IN JAMESTOWN

The parkway linking Williamsburg and Jamestown is like a wide cement-and-pebble walk with lawns and carefully tended woods on either side. Right on the James River at a point where the river is still salty, what remain now of that original wilderness are mostly woodland, marsh, fingers of water poking inland, and the trees, birds, and water life that this large national park area supports. What remain of one of the first settlements in Virginia and the new world are the brick foundations of the tiny, simple cottages first built in the early 17th century when each change of season brought new tortures to a colony of people.

Continued on page 72



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**"In the fall, pumpkin bread and peanut-butter bread are sold by slice or loaf, and, in chilly weather, hot cider seems good"**

VIRGINIA *contin. ed from page 62*

...ing Island... about a... of S... American... the... H... and... had... the... The... of... are... of the... Give it... look.

...often served... Here is the recipe... 1/2 cup... 2 cups sugar, 2 eggs; 1 cup... 2 teaspoons soda, 2... 1 teaspoon... 1 teaspoon cloves; sugar. Melt... Add molasses, oil, and eggs. Beat well. Sift... flour, soda, cinnamon, sugar, and cloves. Add to molasses mixture. Refrigerate for several hours. Make into small balls, roll in sugar. Bake at 350° until firm or brown, 5 to 10 minutes. The Fredericksburg Information Center is the first stop to make

alter arriving in Fredericksburg from Stratford Hall. There they give out a folder with directions for a ten-stop driving trip through the old downtown. I made it into a "drive past" tour, which is informative but not time consuming. Fredericksburg is a mixture of architectural styles dating from the early 18th century. Some of the nicest examples have gone through a rooming-house phase in this century and some have porches added on in later years, which, if you know what you're looking for, only vaguely hide the original lines. Among the most interesting things to see, in addition to the site

of the Civil War battlefields at the Fredericksburg and Spotsylvania National Military Park, are George Washington's mother's house (an attractive Colonial frame building), Stoner's Store (a complete recreation of a general store of the 1800s), and Kenmore, Washington's sister's house, a handsome Georgian manor house. Like Monticello and Stratford Hall, Mount Vernon was a base for several generations of family. It was a wonderful place to invite visitors in good times, a haven in bad times. High up over the Potomac and built almost at the edge of the bluffs, it was Washington's home for forty-five years and he loved it almost as much as his country. Very influenced by pictures of English country houses and gardens, Washington devoted a large portion of the original 8,000 acres to woods, garden, and pleasure grounds. He prided himself on the quantity of fruit, berries, vegetables, flowers produced. The plan of the house, its wings and dependencies, is meant to have been influenced by the Governor's Palace in Williamsburg. It is described as "Georgian Colonial." The roof is red, the rest of the house is wood, painted white and sanded to give the appearance of stone. Perhaps the handsomest room in the house is the big dining room added at the time of the Revolution. It is a serene and dignified room with a Palladian window, an English marble mantel, and Worcester vases, Hepplewhite sideboards, beautiful woodwork and moldings. The guards at Mount Vernon seem to know a lot about the house and enjoy interpreting what went on there. The simplicity verging on homeliness of the upstairs bedrooms contrasts with the more European rooms below. The atmosphere is not pretentious. River breezes keep a constant stir in the trees, the gardens are in perfect order, the lawns look green and effortless. It's a place where the change of seasons provided more satisfaction and variety than any decorating could have. The gift shop sells potted ivy, boxwood, and also flower, tree, and shrub seeds that come either from the gardens today or were typical in Washington's time. A 50-cent guidebook with color pictures of rooms, garden, dependencies, furniture, maps, and architects' drawings is available at the gate and is

*Continued on page 76*



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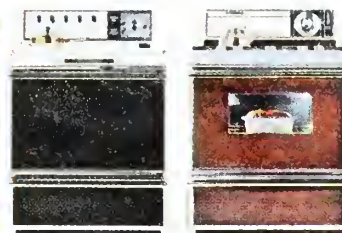
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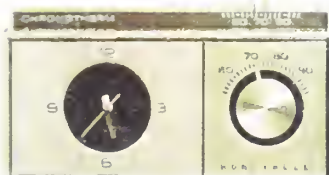
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Madison ... Madison Carpetland  
Wisconsin Dells ... Romie's Magic Carpet Shoppe



Today there is so much going on, that there is almost too much. We all know how we're bombarded with the "news" and constantly called upon to make changes in our thinking and in our lives. Psychiatrists and other social experts call this "information overload." And it's a problem they believe can impair mental and physical health. While some change is vital, too much, too fast, can be damaging. It is crucial to weave stabilizing factors into our lives that slow down the tempo.

One thing that can help us is the surrounding we create for ourselves. We can build and decorate with familiar things that give us pleasure, peace, and serenity. Often these special objects and furnishings can relate to the past, stemming from the accumulation of belongings within the family. Today we mix old with new to give a sense of continuity and stability. By doing so, we stand to gain, as Lewis Mumford puts it brilliantly in *The Conduct of Life* (Harcourt, Brace), "rich fusions and blendings with the strength and individuality that good hybrids so often show."

We begin this issue with the work of three top decorators showing how each has resisted the temptation to make total changes in specific environments. Their philosophy is one of keeping the best and updating the rest. Keep the things you love, if they still give you pleasure and work for you.



Page 90

"Occasionally I meet someone who wants to start afresh and throw everything out," says Eleanor Brown, one of the trio whose own living room has remained more or less the same for over forty years, see page 90, "but so often I've lived to see him or her regret it." In Mrs. Brown's view, if the ambience of quality is to be felt, it will come through time and history. "People ask me why quality is disappearing today. I think it's this emphasis on speed, everything has to be done in a rush. People don't want to spend time over anything. Things are not properly finished. So quality is lost."

Suppose you have no family heirlooms? Consider buying the heirlooms of tomorrow from the collection of Great American Naturals, page 112. Or you can buy something that is a known quantity, the fine reproductions of 18th-century American furniture made in our country today. We show some outstanding examples, page 94. You may not be



fortunate enough to own an architectural antique like the marvelous barn, page 116, but you can readily acquire a saltbox of the seventies, page 98, whose dignified traditional face is counter-balanced with a functional, contemporary glass back. This (almost) instant architecture comes on a truck, can be finished in three months.

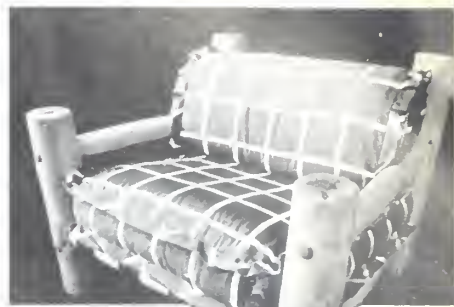
Nature is no fast mover. Seasons change slowly, gardeners learn patience and know the truth of pleasure coming through the anticipation. Thus any contact with nature is a slowing down experience, soothing, and another effective way of stabilizing the pace of life. Enjoy a Natural Garden like Joan Greentree's on page 120.

To do anything by hand involves a relaxed tempo, so handcrafts can be an important decelerating influence, too. Page 107

On page 106, we tempt you to think about finishing furniture and other objects with Isabel O'Neil's new poppy jasper technique. And, a great plus, distinguished psychologist Dr. Robert Tyson offers you the chance to take a fifteen-minute vacation every day, page 40. "How good it is to know," he reminds, "that rest isn't just pleasant, it also increases your effectiveness."

All these creative pauses will help to reduce the the rush and cut down the pace in daily activity, which is not just vital for health but necessary for progress. "We shall not be fully in control of our civilization or able to express the higher qualities of life," says Mr. Mumford, "until it is possible to keep time in life as we do in music, by finding the appropriate tempo."

Page 112



Page 113



Page 107



Page 98

# GREAT AMERICAN TECHNIQUES

## TO KEEP PACE WITH LIFE TODAY



*One touch of today could be all you need to give your favorite room a lift. Some of America's top decorators tell you how to make a room more inviting by*

# KEEPING THE BEST, UPDATING THE REST

**T**ell us one important thing you would do to a room to bring it up-to-date." This is what we asked a number of decorators and designers across the country. Here are their answers—and you're sure to find an idea that will be just right for *your* room:

Michael Taylor (whose solution can be seen on this and the next three pages): "Change color and pattern. If the room works well for comfort and seating arrangements, then why change that? New colors and new patterns update a room without disturbing the effectiveness of its original planning."

Richard V. Hare: "Do something with the floors. Either paint them, stain them, or put a completely new carpet over them. Even in the least modern of settings, this is a most dramatic way to bring a room up-to-date."

Carlos Ortiz of Jansen: "Do away with all the gimmicks. Only retain the really functional and the very comfortable. Tone down the colors to highlight the paintings. Do not crowd. And for the real touch bring in one or several good functional antiques."

Chessy Rayner and Mica Ertegun of Mac II: "Put mirrors everywhere. Not just in the usual

spots, such as over the fireplace or on walls, but in completely new places. For instance, take down the curtains or shutters and put mirrors round the windows so that they are framed, so to speak, in mirrors."

Natalie Davenport of McMillen: "Remove everything superfluous. Then, do the room completely in one color—walls, floor, slipcovers, curtains. For instance, paint the walls beige, the trims white, the floor beige, and the furniture and slipcovers white."

John Saladino: "Put in completely new lighting. Contemporary lighting—new illumination—that's what brings a room up-to-date."

John Dickinson: "Eliminate and enlarge. Change the scale of the furniture—make everything bigger. Lots of big, soft upholstery and chunky primitive tables. Hit on the right lamp and shade and use it everywhere—always at the same height from the floor. Lots of white and pale, pale ice-cream colors."

Albert Hadley of Parish-Hadley: "Make a new lighting plan. Lighting is one of the most meaningful and exciting ways today to give a room a lift and get rid of doom and gloom and old shadows." *(Continued on page 166)*

This room was first decorated seventeen years ago by Michael Taylor. The furniture has not changed. Nor has the arrangement. But now it is transformed by color and pattern. A wonderful glowing new strawberry for the cotton curtains, with a fresh trimming of white linen and cotton braid—the vibrant color picked up in the lavishly patterned cotton-quilted upholstery. Another fascinating up-to-date touch—the decorated borders to the chairs and sofas, which are part of the upholstery material. Both can be ordered from Brunschwig. The new color is picked up in the French leather fireside chairs. On the mantelpiece—the very modern look of a not-very-modern sculpture—a 19th century two-headed goat from Burma, once used as a temple step.

## COLOR MAGIC









# COLOR MAGIC

*makes the same room,  
with the same furniture in the same  
arrangement come alive again*

1957

FRED LYON





1974

Before and after—on the left, the room as it was originally shown in *House & Garden*, September, 1957. On this page, its completely new face. Yet nothing has moved. "The room works functionally," says Michael Taylor. "So there was no need to change the arrangement." There were two alternatives, then, for redecorating Mr. and Mrs. John Logan's living room: Either repeat the original scheme, which everybody loved, or do a complete change with color and pattern. You can see what they decided! Same lighting, same carpet, same furniture, same white vinyl upholstery for sofa and chairs under the window ("still in mint condition"). But alive with new color and patterns, a new window treatment, and a new look with accessories, too. Out goes the porcelain cauliflower on the coffee table. In come a lot of flowering plants whose colors magically blend with the patterns of the bright new theme.

HORST











"This is the old living room [left]—what the English call a living hall. It has a lovely farmhouse quality, which I thought should be preserved, but *lightened*, so to speak. So we covered most of the beautiful dark floor with a new Moroccan rug, and painted the billions old green walls pure white. The furniture had belonged to my clients for years, and needed only to be recovered. Since it's a country room, we used earthy colors: two big sofas in shiny brown chintz, diamond-quilted in natural wool thread; two French chairs in beige leather; a settee in brown and white striped linen. We couldn't keep all that delicious pumpkin outside, so in it came—in cotton, full strength—on a big chair and in curtains. It's a mellow, sentimental room, with its marble mantel and old family portraits. The library [above] has new brown walls and a new element of excitement: the slipcover fabric—black and white tulips on a honey-colored background. An updated documentary."











*Same place, same color, same feeling.  
Small changes and continuing additions of art give a room*

# BEAUTY THAT GROWS





**1974**      **1928**



Mrs. Archibald Brown's living room has always been more or less the same—white pilasters, yellow walls, a mirror over the fireplace and another between the French windows, superb antiques reflecting her favorite period, Louis XVI. What is extraordinary about this story of changelessness over forty years is that Mrs. Brown could decorate as often as she wanted. She is a top decorator, head of McMillen Inc., a firm she founded in 1924. "Maybe I work out my own need to change on my clients," she laughs. "But I'm perfectly happy with what I have. It functions and it's very pretty. This room seems to satisfy people. Yellow is a good city color, it's cheerful. I've always been fond of it.

Continuity of feeling in Mrs. Brown's living room, seen in 1928, *above*, and today, *left*. Subtle changes: More French chairs have been added, the big Aubusson carpet replaced by white goat skin rugs. The curtains and the mirrors are altered just a fraction, making the total look lighter. An English Regency lacquered desk stands in place of the console between the windows—and the 18th-century marble bust now rests on the mantelpiece. There are more paintings—she collects pictures of anemones—the one over the sofa by the window is by Dufy. She made architectural changes, blocking out a window at the very beginning.

TOM YEE

I am by nature a classicist. We can and have learned from the past. The basic rules of proportion and scale are unchanging. They are reinterpreted according to the needs of the time. I like simplicity, and I believe in restraint. Above all, in harmony of proportion, of line, color, and feeling." There is just no tiring of things that have quality, Mrs. Brown firmly believes and she has educated many of her famous clients (people with names like Ford, Duke, and Post) to this philosophy. "I have just moved one person for the fourth time, using the same curtains and rugs she's had for forty-five years. I changed the background to red silk, but otherwise everything else is there and it all goes together. Why throw away things when they are good and have meaning for you?" The cream and gold damask upholstery on Mrs. Brown's French armchairs has been there ten years ("I had the fabric Scotchgard-ed first"); the walls were painted some twenty years ago ("they're canvased and all you need to do to keep them clean is wash them down"). The lesson is that the look that lasts is never achieved in a hurry.



# BEAUTY THAT GROWS

*from personal choice  
and a love  
of quality*







The mood of lasting beauty has special meaning today, Mrs. Brown maintains. "A machine-oriented, fast-paced, and insecure life only increases the need for the counterpoint, which is everything that is individualized, private, and pleasing." By creating backgrounds that endure, we set standards for generations to follow, she feels. "The house I live in is the symbol of most precious and fragile desire—for beauty and the urge to create it."

In a room full of beautiful objects, two are outstanding. The Dali painting over the sofa, *above*, unusual because it's flowers, and the red lacquered secretary, which is 18th-century Venetian. Mrs. Brown, photographed *far left*, in front of it, lost it in auction in the 30s. Then about ten years later a client offered it to her. "She had it in storage, couldn't use it, so I bought it. It was meant for me!" More about Mrs. Brown's views on decorating, page 30.





# GREAT AMERICAN CRAFTSMANSHIP

## 18th-century furniture beautifully today

To help out an artist friend in the 1930s, Frank Van Steenburg, I, bought a remarkable collection of drawings of original antiques. They sat in his desk drawer until 1972 when he suddenly had an idea. Wouldn't it be appropriate to reproduce some of the best of past American furniture, in view of the approaching Bicentennial and the new surge of interest in Americana? Now, reproducing fine workmanship might not sound very practical in this era of mass production, but Mr. Van Steenburg's company, Baker, is unique in the manufacture of the special furniture seen here and on the next two pages. At Grand Rapids and Holland, Mich., where the firm has two factories, craftsmen work much as they would have done a century or more ago, with tools, skills, and methods handed down from generation to generation. II. "We've had a philosophy, we've always set out deliberately to see how much handwork was justifiable," explains Mr. Van Steenburg, who entered the factory as a boy apprentice in 1927 and still continues this one-to-one learning system. "I believe apprenticeship is disappearing everywhere." Fortunately there are still some interested today in being craftsmen, not for any one reason but for their own sake, and doing it the way they've always done. In the past, the making of furniture, with one exception, was a slow and laborious process. The one exception being the making of chairs, which were made by hand. The question of doing it the way it was done is a matter of craftsmanship, and that is what we are the heirlooms of our country's legacy from 1755 to 1875.



1755  
Charleston





If you could come by an original of the late 18th-century Hepplewhite sideboard, **5**, it would cost around \$40,000 on today's antiques market. The contemporary reproduction, about \$2,300, in process, **4, 8**, has all the workmanship of the past, including boxwood inlay work by Pat Creckmore **6, 7**.



**c.1800**  
*Savannah*



Probably the most sought after object by collectors of Americana is the New England highboy, special because it passed out of favor quickly in England but continued to be made here for almost a century, and is therefore uniquely American. Good originals fetch up to \$70,000 in auctions. The bonnet-top mahogany piece, which costs a little over \$2,000, **9**, adapted from an antique found in Orange, N.J., has shell motifs on its drawer fronts, which are repeated in the knees of its cabriole legs. Albert Doolittle uses oranges, reds, and yellows, like a painter to enhance the color of the original wood, **10**. He may go over the highboy many times to "build up" the right effect. "I've been a color man for nearly forty years. It's the process that has been used for centuries," he explains, "but there aren't too many people around who still know how to do it today." On the master carver's bench, **3**, a set of steel carving tools has seen two lifetimes and will probably serve another two. Each implement is unique in itself, and, to the carver, as precious as a gemstone. He has over 300 pieces in his collection, adds to it constantly as and when old ones become available. Fine carving is seen on the arms of the Chippendale easy chair, **2**, copied from an original found near Charleston dated about 1755. Special details about this piece: the slight serpentine curve at the top, the molded square leg derived from Chinese design. Generous in proportion, comfortable, it is upholstered in damask fabric from Brunswick. A handsome replica of American handwork and a tribute to the enduring sense of craftsmanship. All furniture from Baker and available through leading stores in America.

**9** **c.1770**  
*Orange, N.J.* For shopping infor-











TED HARDIN

9

10



11



7

c.1745  
New York



# SALTBOX OF THE SEVENTIES

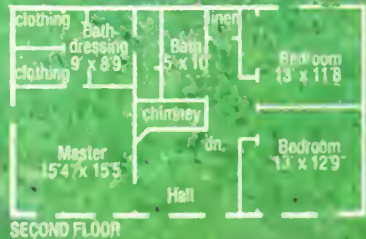
A ready-to-buy house complete with all its furnishings

TOM YEE



FRONT  
BACK

- 7 spacious rooms with 2½ baths
- 24-foot living room with fireplace
- Raftered keeping room with fireplace
- Fully equipped eat-in kitchen plus dining room
- Master bedroom with bath-dressing room
- 2 corner bedrooms with bath
- 9 closets
- Powder room, wet bar, laundry center
- Sliding glass doors open into back of house to garden
- Formal living room, central air conditioning
- Easy-care vinyl flooring
- Fireproof safe
- 3,260 square feet with 2-car garage
- Basic house \$74,900, including Scholz Home Furnishings
- Land, foundation, 16,000 sq ft. additional
- Furnishings available through Scholz Galleries



Reception rooms fan out from central hall; family rooms are semiprivate in back (above). Upstairs, sunny flexible bedrooms. Bird & Son white vinyl siding, asphalt shingles; windows by Andersen; outdoor lights, gas grill (right), by Charmglow. BROTMAN





For our new houses, many of us want the beauty of tradition, and, because we are practical people, the convenience of today at the same time. Here is a two-story saltbox, its dignified and traditional face lit by generous old-fashioned windows. But it comes on a truck, in prefabricated panels, and it can be completely finished in three-months. Turn it around and the saltbox opens out in back with thoroughly contemporary glass—floor to ceiling doors in living room, kitchen, and family keeping room (inset below). Shown here and on the following pages, the house can be ordered from Scholz Homes dealers and can be seen in nine cities (see page 163). Furniture is available from Ethan Allen Galleries.







...and everything in the house was planned toward an all-around harmony of lifestyles, reflecting a mix of styles that span 200 years' worth of design. The interior features a mix of styles, from the traditional to the contemporary. The walls are covered in a patterned wallpaper, and the furniture is a mix of styles, including contemporary glass and wood. The dining room is a mix of styles, with a round dining table and chairs. The kitchen is a mix of styles, with a wooden hutch and a red door. The living room is a mix of styles, with a wooden chair and a red door.

things from all our own past are included, along with special treasures from the rest of the world, in easy coexistence. The house and everything in it have a custom designed air that is, happily, misleading: It's all readily available. Except for a few antiques, and the terrace tables and chairs, furniture throughout is by Ethan Allen, some of it specially bleached or painted. The basic house, "Ethan Allen" model, can be ordered with optional variations from Scholz Homes Inc. Mark Hampton of McMillen is the interior designer. Shopping information, page 159.



1 Round dining table, Hitchcock  
2 Kitchen hutch, Baskets  
3 Living room chair, red door  
4 Living room chair, red door  
5 Living room chair, red door



*Ready-to-buy saltbox of the seventies*

# INVITING DINING ROOM, 24-FOOT LIVING ROOM THAT OPENS TO THE GARDEN



5







*Ready-to-buy saltbox of the seventies*

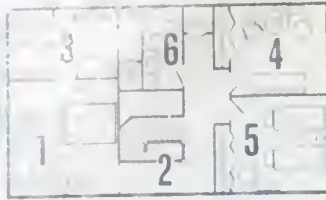
# RAFTERED KEEPING ROOM WITH FIREPLACE, EAT-IN KITCHEN—BOTH OPEN TO GARDEN AND DINING TERRACE





buy saltbox of the seventies

# MASTER BEDROOM AND BATH-DRESSING ROOM, STUDY-GUEST ROOM, BRIGHT YOUNG BEDROOM



1



2







3

A roomy set of bedrooms upstairs, private and flexible. 1 In the master bedroom, four-poster bed is traditional but its queen size is strictly modern. Quilts are antiques; Parsons table is painted like old gingham. Dacron and cotton fabric on walls, curtains, bed hangings from Bloomcraft. 2 Large, light upstairs hall separates rooms. Grandmother clock from Ethan Allen, Shiraz runner. 3 Master bath is compartmented: big his-and-hers closets, a central dressing-bathing space, a closed-off toilet and shower stall. All fixtures by Crane. Lithograph by David Hockney. 4 With today's smaller families, perhaps one bedroom can

be turned into a guest room and study, as is the Blue Room here. Wall-to-wall books, furniture covered in Plaid & Stripes's Zepel-treated "Marrakesh" fabric. Table, glass topped, from Trop. Co. 5 A play room for an active girl, painted, carpeted with carpet and frills on striped sheets and curtains. "Parasol Stripe" by Pepperell. Two more antique "Rainbow Stripe" by Pepperell. Upholstery and chair. 6 Upstairs bath is fully tiled, wood-look walls and shower curtain in stripes by Woodson. For building data on the Elizabeth Homes "Ethan Allen" model, see page 163. For shopping information, see page 153.

4



5



6



TOM YU



# Poppy Jasper

A new painted finish by Isabel O'Neil inspired by a beautiful American mineral

"Poppy" jasper, found in the western U.S. and Mexico, is known for its rarity and beauty. It is a variety of quartz formed in a dark rich brown with flowerings of red and yellow, or in a soft yellow with markings of red and white. This rare collector's mineral inspired Isabel O'Neil, noted authority on painted finishes, to create a new finish for furniture, "poppy" jasper. She devised this new technique especially for House & Garden, pursuing her belief that the painted finish is a continuing art form. For more of her painting techniques, see the Isabel O'Neil book *The Art of the Painted Finish for Furniture and Decoration*. (A House & Garden Book, Morrow, \$19.95). To learn the technique for brown jasper, see the opposite page. To make the base paint formula, mix ½ volume burnt umber japan paint, ½ volume burnt sienna japan paint, and ¼ cobalt violet oil paint.

The treasure table, *near right*, painted by Mrs. Ramsay Wilson. Round table, *far right*, and close-up of yellow poppy jasper tabletop, *below, opposite page*, are both by Mrs. John Corroon.



Venetian bombe chest, *above*, painted by Mrs. Daniel Kampel. All the examples on these pages, as well as other students' work, will be at The Isabel O'Neil Institute For the Art of the Painted Finish, at her studio/workshop, 177 E. Eighty-seventh St., New York, N.Y. 10028, from 11 AM to 4 PM, September 23 through 27. The fall classes begin at the studio September 30, her winter classes, January 22. There is also an accelerated class June 16 through 27.





After applying five coats base paint, rub with 400 finishing paper and nondetergent soapy solution. Coat with orange shellac (½ shellac thinned with ½ alcohol). After drying, rub with 000 steel wool, then apply a film of 1 volume boiled linseed oil mixed with 6 volumes mineral spirits.



To make smoky drifts, a gray-blue glaze is mixed of 1 volume white, 1 volume black, 1/16 volume raw umber. Dip feather in paint **1**, **2**, and **3**, and apply cloud-like shapes on about 25 percent of the surface. Soften edges with a thinned solution of the base paint: 1 percent base paint to 9 percent turpentine. Control with a chamois dampened with water. When dry, protect with a thinned coat of white shellac. Use a tongue depressor and American vermilion japan paint thinned with turpentine to the consistency of thin cream to spatter the surface **4** and **5**. When dry, use a cotton swab to dot raw sienna thinned with turpentine into the larger red dots. When dry, apply a coat of thinned white shellac. Apply clusters of color (equal parts raw sienna and turpentine) with a large-pored natural sponge. Dab sponge in color, press onto surface making a lace-like effect **6**, **7**, and **8**. Afterward, curve edges with a cotton swab dipped in turpentine. Spatter finely with turpentine to lighten pigment. With a #3 sable brush, outline large poppy forms with a band 1/32 to 1/16 inch wide depending on the scale of the object being painted **9** and **10**. Use American vermilion mixed to the consistency of light cream. Occasionally make single rounds of red adjacent to the large form. When dry, apply 21 coats of thinned gloss varnish. After each 10 coats rub with finishing paper. Using a felt pad rub the final coat with a paste of rotten stone and lemon oil.



The spoon back Regency chair, above, painted by Ina Brosseau Marx. Knife box, right, is by Mrs. Kenneth Skelton.





# The Great American Naturals

Decorating ideas plucked from the great outdoor



"Taking from nature" is a great way to decorate a brand new apartment—especially one with a spectacular view. Designer Michael Taylor used to great advantage the brilliant colors of San Francisco Bay beyond the windows by contrasting them with the bleached, muted colors of the California desert. Natural stone, polished woods, and leather—cool shades and natural materials combine to give a sense of space and serenity to every room of this model apartment located in the new Summit Building at the top of Russian Hill.

Travertine floors, natural pine sliding grilles that open to travertine decks, a handwoven sheepskin rug, an oversealed sofa of tobacco-brown leather—a living room filled with the great variety of textures offered by natural materials. **1.** The original dark mahogany walls were sealed and glazed, then handpainted to produce the trompe l'oeil effect of natural graining. Lightening the walls increases the sense of space as does the 9-by-4-foot-deep sofa. The two life-sized, pine, sculpted deer are 18th-century Japanese antiques. One of two tables, **2.** designed by Mr. Taylor: the tabletop is naturally pitted, fossilized stone from Texas placed on a stump of stripped, bleached cedar. Ceramic sculpture by Peter Voukos. From the small dining area, **3.** and **4.** view of far right corner of living room. A burl coffee table, **5.** has center panel of bronze. On it shallow basket filled with shelled nuts, barrel cactus, and bronze sculpture by Harold Paris. Smooth cedar stump table base **6.** Slate black painting over the sofa by Adja Yunkers; art from Smith-Auderson Gallery, burl table by Karl Springer











Desert rooms in all three materials—with textures to provide the shading—for the whole apartment. A small dining table, **1** and **2**, again made to seem larger by inserting narrow mirrored panels that reflect the view through the grill at the living room's opposite end. The dining table is a round slab of travertine, as is the 7-inch-thick travertine slab that holds it. The base of the table is a smooth cedar trunk stump. Chinese dining chairs of bleached oak, designed by Mr. Taylor, have pads in leather the same as the sofa and chairs. Ceramic sculpture on the dining piece by Paul Williams. Painting to left of dining area by Brian Wilson. Guest room beds, **3**, are upholstered in the tobacco-colored leather, only tufted. Off-white wool carpeting has the effect of enlarging the floor plan. Four zebra-stripe ottomans, **4**, hold a gigantic egg-shaped lamp, as in the living room. Along one wall and between the beds, **5**, are mirrors of a powder room, **6**, mirrored panels to double the space as well as the light.

**GREAT AMERICAN NATURALS**  
**Deep-country designs and super-sized nature**





Yards and yards of creamy shantung cover the walls of the master bedroom, 7. Quilted bedspread and headboard are made from the same fabric. Painting by Donald Louthian. Sofa, chairs, travertine, and stone pieces all designed by Michael Taylor.







What is needed to breathe new life into a room from a period mansion with its high ceilings and beautifully patterned woodwork up-to-date? Designer Richard V. Hare borrowed some ideas from nature and created a living room that comes alive with bamboo matting walls, a oversized lily painted by John Zak, and deep blue

fabric patterned with cream. To these, he added small personal touches: birds, flowers, plants, books, and brightly bordered pillows. This sitting room is part of a Designer's Showcase for the benefit of the Kips Bay Boys' Club at the Andrew Carnegie Mansion lent by the Cooper-Hewitt Museum.

**GREAT AMERICAN NATURALS**

**Designs bigger and bolder than nature itself**





1 Stripes, taupes, handwoven look in a cotton-wool-viscose upholstery by Clarence House. 2 Rounded, airy chair in blond rattan and wicker. Cushion included. From Hibriten. 3 Lattice work drum-shaped coffee table with a driftwood finish. From "Circa 76" collection by Henredon. 4 Varying lengths of half-round pine molding set in patterns turns out to be an armchair. Designed by Gus Speer. 5 Table, 26 inches high, of strong intersecting lines in smoky ash. From "Circa 76" collection by Henredon. 6 "Mogul" polyester fabric has a marvelous nubby texture and a loose weave in cotton from India Nepal Handloom House. 7 A happy combination of rush and wal-

nut in a small bench by Medallion. 8 Rattan intrigue, this time in a half-round console table with peeled cane trim. From Broyhill. 9 Washable basket-patterned Kodol-filled comforter, by Purofied. 10 A quilted bed throw of beige cotton and silk from Desley. 11 Bamboo and smoked-glass shelves for a natural look in étagères. By Lane. 12 Cane in a great new shape for a sculptured look in a dining chair. From Selig. 13 and 14 Pine logs! Handsome chair and sofa designed by Mimi London and Dixie Marquis. Available at Lutten-Clarey-Stern. Covered in giant-checked Swedish cotton fabric from the Boras Collection at Jack Lenor Larsen. Shopping information, page 159.



TOM YEE





## GREAT AMERICAN NATURALS

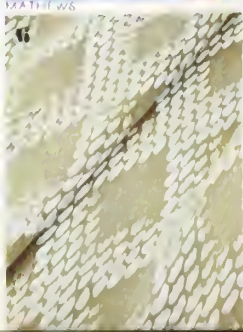
# Woosy materials domesticated

Surrealistic "forest" bathed in light and white, *above*. Lacquered side-table has drop-in wine coolers at ends and dome-covered bar trays. Antique chest "inlaid" with paint to simulate mother-of-pearl. Two white plaster tables; one gray concrete. Chairs slipcovered in blanket wool; carpet is ribbed wool. Room and all furniture designed by John Dickinson for San Francisco Museum show *The Art of Wine*. Faux-plaster walls done by Carole Landsdown. **1** "Brocade" textured cotton. Zepel finish. Jack Lenor Larsen. **2** and **3** Feasts of naturals—pine-handled stainless steel flatware, "restaurant" glasses. In **2**, pine mat; **3** African rush mat. Settings designed by Lawrence Maloney, all at his shop. **4** and **5** Wood and twig chaise, love seat, table. Designed by Waldo Fernandez. Bloomingdale's, N.Y. **6**

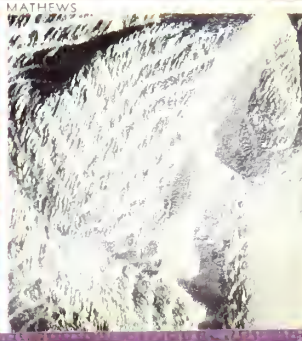
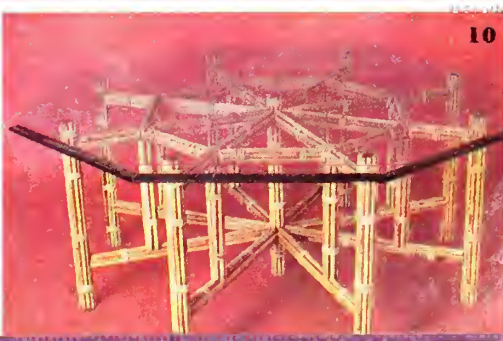
Sawhorse table, glass on cane wrapped chrome. Selig. **6** "Maison" weave-printed cotton by Eaglesham. **7** "Bamboo Curtain" vinyl wallcovering, W.H.S. Lloyd. **8** Racing striped denim chair. Modular "Resource One" collection by Directional. **10** Spanish octagonal table, glass of bamboo and wicker. Hibriten. **11** "Chevron" fringed bedspread. Wool and nylon. By Irish Tapestry. *Right*: New spark for a historic library with its gilt-stenciled walls and ceiling by Louis Comfort Tiffany, Art Deco chairs, shagreen desk—new hand-painted gauze curtains and needlepoint zebras. Nevelson assemblage. Yunkers collage, Harold Reed Gallery. Interior by Albert Hadley, Parish-Hadley, for the Kips Bay Boy Club showcase at the Carnegie Mansion of the Cooper-Hewitt Museum. Shopping information, page 153.

MICHAEL OLSEN

HARDIN







ASHLEY

MATHEWS

8

9

10



How an incurable collector lives with great American naturals

# Americana in a made-over barn







have two loves," says painter Celia Hubbard. "Clutter and bareness. Shakespeare would have called them -crossed things to want to live in, but I do, and I've learned how to deal to. I'm an incurable collector, Americana, mostly, and my house, a modeled barn behind my family's house in Cambridge, Mass., is full of things it's taken me years to arrange without spoiling the room's sweep."



"You see what I mean by bareness. Oak flooring, clapboard walls, soaring ceiling. And you see what I mean by clutter. The colors are naturals, earthy. But naturals mean more than color. They can be forms and designs created by instinct rather than schooling—crude sometimes, often beautiful. Man expressing himself, along with what nature has given us. Sentimentally, I love anything heart-shaped. These leaves pressed under glass, for instance [above]; the heart collage by Demi Hunt Hitz in my bedroom [left], very nice with the old Sunflower Star quilt. I like old toys and figure-heads and ship's models—the kitchen enclosure is plastered with them. Primitive? Yes. Only my cat is sophisticated. My nephew named her Lois Lane after Superman's girl friend, and she fancies herself in French bathboxes."





# A made-over barn full of personal treasures



"The barn, which in Proper Bostonian days was a carriage house, was built in 1867, but once people felt safe in automobiles, it was used as a garage and a dovecote. My father raised racing pigeons on the second floor in what is now my study [above right]. It's a nice room with greenhouse windows, wonderful for flighty gardeners like me. When a plant won't grow, I replace it with an old bottle. These are some of my dolls [right], old, battered, but so lovingly handmade. My studio [below] is on the first floor and is the epitome of clutter. No room for bareness—I work here: paint on a drafting board and spread things out on tables—one of them my mother's old laundry table. The rest of the room is a mare's-nest. But I love all these things. They have emotional value for me."



"Saints, toys, a spice cabinet, a whalebone yarn winder that looks like a chandelier, heaven knows what all—and I've tried to arrange them compatibly. I change them occasionally, and their understudies are kept in a crow's-nest reached by a perilous stair in the bookcase end of the living room upstairs [right]. The fish is a copper weather vane with a lovely verdigris patina. I am not, however, totally confined to Americana. The dining table is Italian, and the dining chairs are Haitian. But the white sofa and ottoman are new, contemporary, and cost as much as a Volkswagen. A few of the paintings are by me—like the one over the bookcase. Years ago, when I lived in Europe, I designed sets and costumes for the Ballet Russe de Monte Carlo. Now I paint old fences and Mack trucks. A Yankee pilgrim's progress, right back to the naturals."







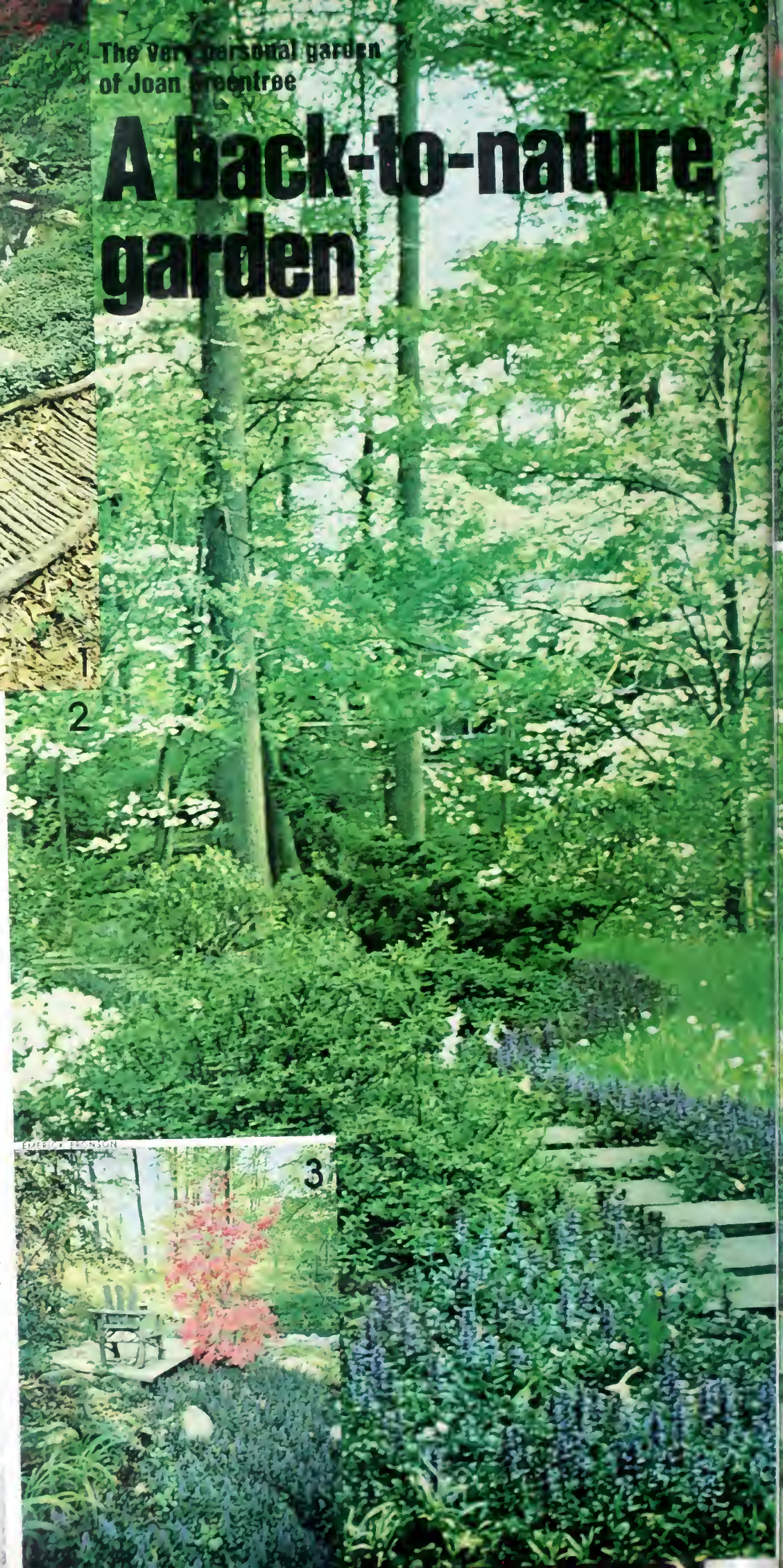


The very personal garden  
of Joan Greentree

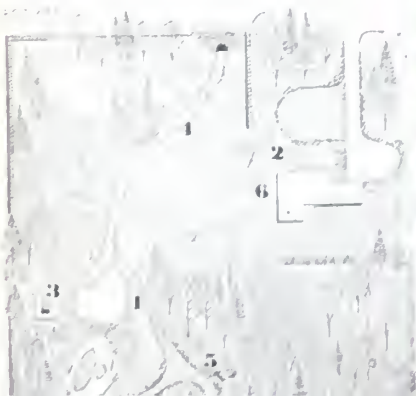
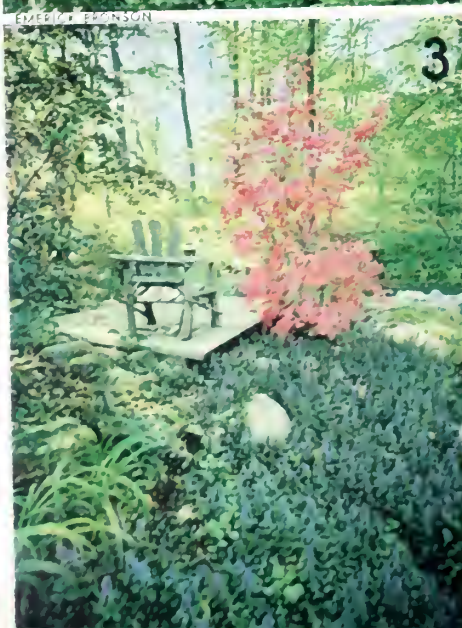
# A back-to-nature garden



"A jumble of weeds, falling down trees, and a chocolate pudding bog" were rescued when Joan Greentree and her family bought their house and 2-acres-plus in suburban New Jersey. A trickle from a culvert by the road became a stream and bulldozed pond. Hemlocks were planted asymmetrically, "friendlier than a straight line," to block out neighbors. In the wood lot it was "pull and compost, prune and plant." Stones, twigs, and sapling trunks paved "circuitous paths that make you feel you're having an adventure even on a small property." The forest was allowed to close in, and the lawn was erased except for clearings mowed just once a year, after wildflowers have set seed; groundcovers replaced the rest. As the restored woodland grew beautiful and the family grew up, Joan Greentree became an innovative landscape designer (see Great American Idea, page 50).



Plan and photographs: 1. Pond and sapling path. 2. Path through uncut lawn and ajuga. 3. Cedar platform (a builder's throwaway) near pond; azalea kaempferi. 4. Path, pachysandra near stream. 5. Vinca, found sculpture (wheel rim, hook). 6. Moss garden replacing side lawn.





5



**"A garden does not  
need to be neat,  
mature is not"**





Ideas and inspiration plus

# The patterns of Portugal to buy in America



1 Square canvas shades, lined up along the beach at Albufeira tilt to shield bathers from the Algarve sun. Easy to copy — wing nuts attach battens at both ends of canvas to poles.

2 Village square planted with feathery cosmos on the island of Madeira. Ribbons in carved stone garland the gray and white chapel. 3 Nestled in gentle green hills, the Royal Monastery of Mafra. 4 Traditional glazed terra cotta "marketplace pottery" sets a table for a traditional Portuguese lunch, clams with pork in the "old kitchen" of Charles E. Boyle, Jr.'s house in Sintra.



5 Fern wrapped ceramic cachepot, by Vista Alegre. Imported by Mottahedeh.





From the air it's a patchwork of green and gold crops embroidered with pastel villages and scalloped with beaches. Close up, Portugal is patterns—in topiary gardens, mosaic sidewalks, tiles; in china, crystal, pottery, rugs, and embroideries. Happily you needn't cross the ocean to buy the finest Portuguese craftsmanship on these pages. Altman's has them all plus more for "Portugal Today," September to October 15. If this inspires you to Portugal, please turn to page 59.



**10** Setting from a summer meadow—field flowers in tiny baskets, "Butterfly" china, "Coimbra" Atlantis crystal made for Block China. "La Strada" sterling by International. **11** Tiles on the wall. Same pattern, two sizes, in the Church of Jesus in Setubal. **12** Tiles on the floor and brass beds hung with starched white sheeting in Quinta das Torres, a manor house-hotel. **13** Lunch on the vine-framed terrace overlooking the pool of the Hotel Palacio in Estoril is a customary pleasure. What's special—a table set with "Yellow Daisy" china imported by Mottahedeh, "Sintra" crystal decanter by Atlantis for Block. **14** A four-part design (no two alike) of clipped box hedges in the garden at Bacalhoa. Beyond, an equally orderly orchard and vegetable garden, pool, and pavilion. **15** Fuchsias in pots, sweet peas in baskets, roses on plates—lunch in Charles Boyle's arbored patio. "Lowestoft Rose" china, imported by Mottahedeh. "Lisbon" crystal pitcher, goblets, Atlantis for Block.



**6** Antique Portuguese painted furniture, a dramatic tray ceiling in the hall at Bacalhoa, a 16th-century palace owned by Thomas Scoville whose grandmother saved, restored, and furnished it. **7** White china to hold or water flowers. **8** Fantasy trees painted by Pillement arch across walls and ceiling in Seteais, a palace-turned-hotel in Sintra. **9** Stairs zigzag down cliffs that shelter Albufeira's beach. Shopping information, page 159.



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**"Put dough into a large, floured plastic bag for kneading. Flouring a board with its attendant big mess becomes unnecessary"**

HAPPY HOUSEKEEPER *continued from page 62*

is a long and costly repair procedure, so you'd be wise to find some way to cushion your camera in flight. Ideally, put it on a pillow on the seat next to you or, if necessary, hold it on your lap. Don't put it in your luggage or any place where it might be in contact with vibrations.

And don't forget to be careful of your unexposed film when you're going through the preflight x-ray screening, as it can cause a color shift in the film. You'd be safer to put it in your carry-on bag and explain to the inspector that you have film, and ask him to hand-examine the bag, not x-ray it.

**Some tips for bread bakers:** It's impossible to use a bowl that's *too big* or *too deep* for raising bread. If you make a good healthy batch of dough and the bowl is too small it will spill over the sides and be lost. Large 12- and 14-inch ironstone bowls (the old-fashioned kind with blue stripes) are usually available in fine cookware shops and houseware departments and they do the job beautifully.

We've found that one of the very best places to put bread for rising is in the oven. If it's a gas oven, the tiny bit of heat from the pilot light is a help, but the main point is ovens are draft-proof and drafts sabotage the even rising of bread.

Final tip: If you put the dough into a large, floured plastic bag for kneading, flouring a board with its attendant big mess becomes unnecessary.

I've found **a good use for long-handled bar spoons:** They work fine for capturing the last few olives in the bottle or the last spoonful of mayonnaise in the bottom of a deep jar. Since these spoons are also slender, they fit easily into the mouths of narrow jars.

When preparing dinner recently, I tried **a new product that prevents food sticking to the pan.** I gave Cooking Ease the acid test, sprayed it on my rice pan before I cooked the rice and on my heavy skillet before sautéing the lamb chops. I must admit I was very impressed with its performance. The rice pan rinsed clean very quickly and the skillet was easy to clean too. We just washed it in a little soapy water, dried it, and finished it off as instructed with a light spraying of Cooking Ease, which I wiped off with a paper towel before I put the pan away. Made by the Clorox people, Cooking Ease has a really buttery taste and quality even though it is a pure vegetable product and has virtually no calories or fat content.

**Finding the right ice bucket can be something of a challenge.** When I went shopping for one recently I found that most are well made but there was a great discrepancy between looks and size: It seemed to me that the big, practical ones were all done up in signal flags or fishing flies, and the simple, good-looking ones were too small. Finally, I went to the Kitchen Korner and they had one I bought on the spot. It's a simple roomy ice bucket with double walls and made of plastic. Mine is transparent and the ice looks very pretty in it. The bucket is easy to clean and has a convenient handle for carrying it. Made by Rubel, these buckets come either in smoke or clear plastic and cost a modest \$15. ■

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to a good meal

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# Tarte Tatin

## Spectacular upside-down apple dessert



**This caramely, upside-down apple tart is adapted from the classic version by pastry chef Maurice Bonté. Easy to prepare, it can be made ahead and frozen unbaked or served at room temperature with heavy cream.**

This is the most practical way to make Tarte Tatin," suggests Maurice Bonté, who adapts his recipe from the classic French *Tartes des Demoiselles Tatin*. In the classic version, the apples are caramelized as they cook. Mr. Bonté prefers to line the tart tin with caramel first to create a thick, caramely top. Apples are arranged on top of the cooled caramel (have the most flavorful apples, advises Mr. Bonté, who likes to use Cortlands), and on top goes a layer of pastry. After baking, the tart is carefully unmolded to show off its shiny mass of caramelized apples. Mr. Bonté, one of France's great pastry chefs, has opened a first-rate pastry shop, Pâtisseries Bonté, in Manhattan, where along with the Tatin he sells delicious fruit tarts made with fresh raspberries and peaches, croissants, and other pastries.

### TARTE TATIN

**Ingredients for pastry Pâte à Fondre:** 10 ounces flour (half all-purpose and half cake flour); 6 ounces sweet or salted butter (not too hard); 4 ounces ice-cold water.

**Method:** On a hard surface make a mountain of the flour and in the center place salt, butter, and water. Mix ingredients together by hand (like folding a paper) until they form a ball. Refrigerate in plastic wrap for several hours or, preferably, overnight.

**Ingredients for Caramel:** 1 cup sugar; ½ cup water; 2 tablespoons Karo corn syrup.

**Ingredients for Filling:** 3 tablespoons sweet butter; 6 medium apples, Cortland or Rome, cut with a divider or by hand into 14-16 equal sections and tossed in stainless steel or china bowl; 2 tablespoons sugar; 1 tablespoon vanilla.

**Ingredients for Glaze:** ½ cup apricot preserves, forced through a sieve; 2 tablespoons sugar. Or ½ cup apple jelly melted.

**Ingredients for Decoration:** sliced roasted almonds.

**Method for Caramel:** In a heavy

saucepan mix together sugar, water, and corn syrup and cook over a high flame until mixture becomes light brown. If using a candy thermometer, it should read 360°.

Pour a thin layer of the boiling caramel over the bottom of a 10-by-2-inch aluminum cake tin, tilting to cover bottom evenly. Set aside and allow to cool.

**Method for Filling:** Put 1 tablespoon butter and half the apples in a heavy skillet; sprinkle with 1 tablespoon sugar and sauté 2-3 minutes or until butter and sugar have been absorbed (apples should remain firm on inside). Set aside on a flat surface to cool. Repeat process with the other half of the apples.

**Method for Glaze:** In a small saucepan stir the apricot preserves with the sugar over moderately high heat 2-3 minutes until thick enough to coat the spoon with a light film.

**Method for Assembling:** Over the caramel in tin arrange cooled apple slices in circles with the outside of the edge of the fruit on the bottom of the tin (as illustrated below).

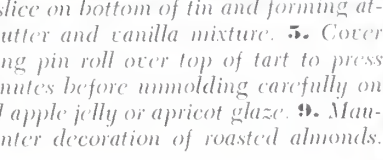
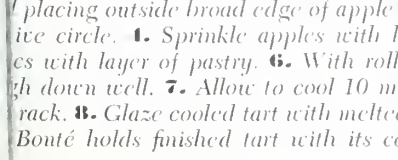
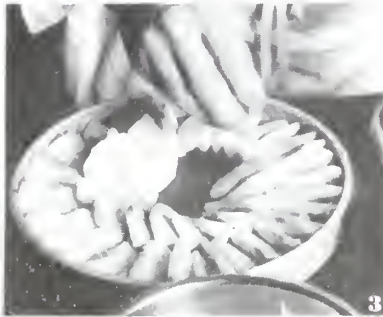
In a small saucepan melt the remaining tablespoon butter and add 1 tablespoon vanilla and drizzle over the apples.

Roll out the pastry in a round circle, being careful not to stretch it, and cover the top of the tart. Refrigerate 1-2 hours or freeze.

Preheat oven at 425°. Bake tart 40-45 minutes, checking after 30 minutes. If it is too brown, cover with aluminum foil and continue baking. Before removing the tart from the oven, be sure the syrup at the edge of the tin is boiling and heavy. If it is not thick, bake a few more minutes.

Allow tart to cool 10 minutes in tin, then unmold onto a wire rack to allow steam to evaporate.

If you wish, you can glaze the finished tart with a very thin apricot or melted apple jelly glaze and sprinkle a few sliced roasted almonds in the center of it. ■



**1.** Pour hot caramel from saucepan into tart tin, rotate to permit caramel to cover bottom of tin in a thin layer. Allow to cool. **2.** Sauté apples quickly on fire in sweet butter sprinkling with sugar, and shake several times so apples absorb butter but still remain firm on inside. **3.** Arrange apples over cooled caramel, placing outside broad edge of apple slice on bottom of tin and forming at center circle. **4.** Sprinkle apples with butter and vanilla mixture. **5.** Cover tart with layer of pastry. **6.** With rolling pin roll over top of tart to press dough down well. **7.** Allow to cool 10 minutes before unmolding carefully onto wire rack. **8.** Glaze cooled tart with melted apple jelly or apricot glaze. **9.** Maurice Bonté holds finished tart with its center decoration of roasted almonds.



# 10 snappy first courses

by Jane Ellis

Great starts to a meal, these snappy appetizers are right for today's quick entertaining. Easy to make, they cut kitchen time to the minimum yet provide a delicious, savory first course—an interesting salad, a succulent vegetable dish dispensing with the need for accompaniments later, an easy soufflé, or a quick, aromatic soup.

Wrap my good, big, *sausage*, (kneifasa, knockwurst, bratwurst or an Italian sausage) in puff pastry dough (quick and good is Pepperidge Farm frozen patty shells, the dough rolled out to fit the sausage). Bake until pastry is puffy and brown. Serve sliced with Dijon mustard.

**Sweet Pepper and Watercress Salad.** *Seed 1 red pepper and cut into fine strips; toss with slices of shallot and a bunch of watercress. Dress with olive oil, lemon juice, season with salt and a touch of sugar.*

**Sherry Cream Soup** from *Party Menus* (Harper & Row).

*Ingredients:* 2 cans (10 ounces each) consommé; 1 pint light cream; ½ cup dry sherry; 2 tablespoons currants.

*Method:* In a saucepan heat consommé, cream, sherry, and currants. Pour into small cups or mugs. Serves 8-10.

**Shrimp Capriccio** is a lovely flavored shrimp appetizer served at Manhattan's Rainbow Room. Marinate large shrimp in lemon seasoned with salt and pepper overnight. Drain and sauté in butter. Make a quick sauce of melted butter, brandy, and orange juice, and pour it over the sautéed shrimp and flame. Serve with a slice of orange.

**Quick Tomato Appetizer.** Into each bowl place 1 or 2 peeled, whole, canned tomatoes, or a fresh-from-the-garden tomato, also peeled. Add a little liquid from the can and a little grated onion together with salt and pepper to taste. Chill well in the refrigerator before serving. Dot with a spoonful of yoghurt and a little chopped fresh basil, if available.

This **Gnocchi Di Semolino** from Emalee Chapman, who runs a cooking school in San Francisco, can be made ahead, takes very little time to prepare and is delicious as a first course with butter and Parmesan cheese.

*Ingredients:* 1 pint milk, the exact measurement of semolina to milk depends upon semolina, the finer semolina needs more milk; salt, pepper, and nutmeg to taste; 3-10 tablespoons semolina; 2 eggs, beaten; 6-8 tablespoons Parmesan cheese, grated; butter to taste; Gruyère or Parmesan cheese, grated, to taste.

*Method:* In a saucepan bring milk to boil, season with salt, pepper, and nutmeg and slowly pour in semolina, stirring until mixture is thick enough for a spoon to stand up in it. Remove from heat and stir in eggs and Parmesan cheese. Pour mixture into a buttered, flat dish and refrigerate for several hours.

Cut semolina into squares, with a knife, or small rounds with a small cutter or leave in flat dish as is. Arrange pieces in an oven dish, top up with a generous amount of butter and Gruyère or Parmesan cheese and brown under the broiler or in the oven.

**Hot Spaghetti** served with a cole tomato sauce is a delicious pasta first course served by Ed Gioble Blend to a purée fresh, chopped tomatoes with garlic, Italian parsley, fresh basil, and a little olive oil. Toss with hot, just chewy spaghetti. If a creamy sauce is preferred, add 2 tablespoons Gorgonzola cheese to tomatoes in the blender.

Grill or broil **Sardines** on a trimmed white toast. Serve with capers and lemon wedges.

Cans of **Capoaata** (an Italian ratatouille from Progresso) make a good first course, suggests Dori Tobias. She adds extra sautéed zucchini, chopped olives, and lemon juice. Serve in a lettuce leaf or in a halved hard boiled egg white.

**Zucchini Vinaigrette.** *Select zucchini of uniform size and trim ends, split them lengthwise and steam until tender but still firm. Arrange in a flat dish and pour over a vinaigrette sauce. Chill before serving.*

**Grapefruit Pepper Salad** from Maurice Moore-Betty. Cut grapefruit into segments. Drain and mix with thinly sliced peppers, thinly sliced celery and dress with 2 parts vinaigrette to 1 part sour cream. Serve on a lettuce leaf. This **Easy Cheese Soufflé** make a festive start to a meal suggests John Nicholson, of Cafe Nicholson and it can be made in a jiffy.

*Ingredients:* 4 eggs; 1 cup heavy cream; ¾ cup grated Cheddar cheese; ¾ cup grated Parmesan cheese; ¾ teaspoon salt; fresh ground pepper to taste.

*Method:* Preheat oven to 450°. In a bowl beat eggs and cream slightly. Add the Cheddar and Parmesan cheeses, salt and pepper and beat a moment. Pour into latticed individual ramekins or ovenproof dishes. Make sure mixture on fills the container ¾ full. Bake for 25 minutes or until golden and puffy. Serves 4. ■

**Cecilia Chiang's Tossed Green Beans.** *Plunge beans into boiling water and blanch them about 1 minute. Drain, then cool under cold water to make them crachy. Toss with a pinch of salt, 3 tablespoons soy sauce, and 1 teaspoon sesame seed oil.*



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# Delicious do-ahead duck

Boned, stuffed, easy to freeze

by Philip S. Brown



Philip S. Brown stuffs the duck with spiced ground meats, ham, and olives and poaches it in stock. When it is cold, it is glazed with a jellied stock and decorated as prettily as you wish.

**a** delicious party dish that can be prepared in advance and looks spectacular on a buffet (it will serve up to eighteen as a first course) is this wonderful way with duck, turkey, or chicken, called a galantine. Philip S. Brown, coauthor of *The Great Cooks Cookbook* (Ferguson Doubleday), describes how to make it in easy steps. "Mastering boning," says Mr. Brown, "may seem complicated at first but becomes easier and swifter with practice."

### BONING DUCK

Remove giblets from cavity, cut two outer wing joints; cut off tail. Place duck, breast side down, on a cutting board and, using a sharp boning knife, make an incision through the skin from one end to the other. Using the boning knife, cut and scrape the meat from the backbone; when you come to the ball joint where the side joins the body, cut through it and continue cutting and scraping. When you come to the joint connecting the wing to the carcass, cut through it

also. Cut and scrape the fat from the breast down to the bone. The thing you must keep in mind is to leave as little meat on the carcass as possible, and to keep the skin intact. When you have finished with one side, proceed to the other side in the same manner. Finally, carefully scrape along the ridge of the breastbone and to the carcass. Remove it and place in a stock pot, along with the giblets and ends and giblets (save the liver). Next, remove the thigh bone and be sure that you don't over-

**1** Lay duck breast side down on counter and cut a long incision through skin from one end to the other with a sharp boning knife. **2** Lay boned duck flat, skin side down on counter. **3** Place stuffing on duck and top with ham and green olives. **4** Wrap folded duck care-

fully in aluminum foil. **5** Cover with double thick cheesecloth and tie securely. **6** Add duck to reheating stock and tie strings to handle of pot. **7** Spoon cold froid over cooled galantine. **8** The galantine, marbled, sliced on a plate and ready to be served.





"Mastering boning may seem complicated at first but becomes easier and swifter with practice"

the kneecap, which lies between the leg and the thigh. Now turn the duck over and make cuts around the skin of both legs and both wings, near the ends of the bones. Turn the legs and wings inside out from within (like pulling gloves), scraping the meat from the bones as you pull. Neatly cut out the larger tendons from the leg joints—the smaller ones don't matter. Spread out the boneless neck, skin side down, and check it carefully to be sure that no tiny bones are still there. If there should be holes in the skin, patch them by covering with pieces of skin cut from the neck end. Places where there is no meat should be lined in with slices of meat cut from the leg or thigh where it is more abundant. All bones go into the stockpot.

#### BREAD STUFFING

**Ingredients:** 4 slices bread, crust removed; 1½ cups milk; 1 potato; ½ teaspoon salt; ¼ teaspoon pepper; pinch of thyme; 2 tablespoons butter; ½ pound ground pork; ½ pound ground veal.

**Method:** In a bowl soak bread in 1 cup milk. In a saucepan boil potato in ½ cup milk until done. Pour milk and potato into a sieve and mash it until it becomes a thick purée. Add salt, pepper, thyme, and butter. Add the bread mixture to the potato purée and mix together thoroughly to avoid lumps. Then add the ground meats and mix together well. Chill.

#### STUFFING DUCK

**Ingredients:** 1 duck, deboned; bread stuffing; ¼ pound ham, cut in strips; 1 small bottle green colossal stuffed olives.

**Method:** Spread the boned duck on a flat surface, skin side down. Put about half the stuffing in the center and flatten it out. Do not fill the surface too full; this will enable you to fold the duck skin over the stuffing and no sewing will be needed. Add the ham lengthwise to make rows of green olives in between the strips of ham. Top with more stuffing. Fold skin over the stuffing (form into a neat rectangular package) and place on a piece of aluminum foil and wrap it up tightly. Tie securely with string. Remove the foil on a piece of cheesecloth of double thickness and twist into a rectangular shape. Tie a knot on each end and in the

middle. Place duck in a small oval dish and cover.

#### STOCK

Never cook livers in stock as they tend to give a bitter taste to the stock if overcooked. Duck stock has more protein than chicken does.

**Ingredients:** All duck bones and giblets; 1 tablespoon salt; 1 onion, sliced; 1 carrot, cut into small pieces; 1 bay leaf; 6-8 peppercorns; 1 cup celery leaves; 1 cup parsley.

**Method:** In a large stockpot place bones, giblets, and salt, bring to a boil, and skim. Add onion, carrot, bay leaf, peppercorns, celery, and parsley. Simmer covered for 2-3 hours or until bones are soft.

Strain stock; chill and remove fat. Reheat stock and add duck and tie the ends of the strings to the handles of the pot, so the duck can be turned as it cooks. Simmer gently for 1½ hours.

#### ASPIC

**Ingredients:** stock; gelatin.  
**Method:** After duck has been cooked, defat stock.

Measure amount of stock and use 1 envelope gelatin for each 2 cups stock.

Add gelatin to a small amount of stock and allow to soften for 3-4 minutes. Blend gelatin mixture into the rest of the stock and stir over moderate heat for several minutes until the gelatin has all dissolved and the liquid is absolutely free of granules.

#### CREAM AND ASPIC GLAZE (CHAUDFROID)

**Ingredients:** 1½ cups heavy cream, 1½ cups aspic.

**Method:** Simmer cream and aspic in a saucepan for about 10 minutes until mixture has reduced to 2 cups. Chill, and when sauce has thickened slightly and is just about to congeal, spoon a layer over the duck. Place in refrigerator until sauce has set. Repeat with another coat.

#### DECORATIONS

Decorate duck according to taste with truffles, pimentos, parsley, etc.

Cut decorations into shapes, dip in aspic, and place on chilled chaudfroid surface. Completely cover with a layer of aspic. Chill in the refrigerator.

Chopped gelatin can be used around the bottom if there are any imperfections. Serves 16-18. ■

# Make the most of Vandermint, the great Dutch after-dinner liqueur.

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What more could you want? Somebody special to give it to.

- 1. VANDERMINT CHOCOLATE CHEESE PIE:** Cream ¾ cup Vandermint, 8 oz. cream cheese. Add ½ cup milk, 1 pkg. (4-1/2 oz.) instant chocolate pudding; beat smooth. Spoon into 8" chocolate crumb crust; 1-¼ cup chocolate snap crumbs; 1/3 cup soft butter.
- 2. VANDERMINT:** Pour 2 oz. Vandermint over crushed ice in champagne glass.
- 3. VANDERMINT ALEXANDER:** Shake 1 oz. Vandermint, 1 oz. gin and 1 oz. cream with cracked ice. Strain into cocktail glass.
- 4. VANDERMINT & ICE CREAM:** Pile scoop of ice cream into dessert dish. Top with Vandermint.
- 5. VANDERMINT & VODKA (V&V):** Pour 1 part Vandermint and 2 parts vodka over

- cubes in a "rocks" glass.
- 6. VANDERMINT PARFAIT:** Alternate Vandermint and scoops of pistachio, chocolate, coffee ice cream in parfait glass. Top with whipped cream, splash Vandermint.
- 7. VANDERMINT MOUSSE:** Mix in blender 6 oz. semi-sweet chocolate pieces, 1/2 cup Vandermint. Blend. Add 1/4 lb. soft butter (in pieces), 4 egg yolks. Blend. Beat 4 egg whites, 2 Tbsps. confectioners sugar till stiff. Fold into Vandermint mixture. Pour into dish lined with Vandermint-dipped ladyfingers. Chill.
- 8. VANDERMINT FONDUE:** Melt 6 oz. semi-sweet chocolate pieces. Stir in 1 cup sour cream, 1/2 cup Vandermint. Serve warm. Dip strawberries, cookies.
- 9. DUTCH COFFEE:** Pour jigger of Vandermint into a cup. Add hot coffee and top off with whipped cream.
- 10. VANDERMINT STRAIGHT**



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## Cancer's seven warning signals

1. Change in bowel or bladder habits.
2. A sore that does not heal.
3. Unusual bleeding or discharge.
4. Thickening or lump in breast or elsewhere.
5. Indigestion or difficulty in swallowing.
6. Obvious change in wart or mole.
7. Nagging cough or hoarseness.

If you have a warning signal, see your doctor.

American Cancer Society

# Exciting new developments in California's brandies and sherries

by José Wilsc

Now that the premium varietal wines of California are being appreciated in their own right, instead of being compared to those of Europe, we might well take a closer look at their natural partners, the wine-derived brandies and sherries. They, too, are quite distinctive and different, with few similarities to the familiar sherries of Jerez de la Frontera in Spain or the brandies of Cognac and Armagnac in France.

Unlike England, America has never been big on sherry and brandy drinking. There is none of the tradition of taking a glass of dry sherry before dinner, cream sherry with the dessert, and a good brandy to top it all off. Although brandy was made in California by the Spanish mission padres some 200 years ago, in the early days of this country madeira was the chosen tittle of the wealthy landowners, rum or native whiskey that of the hardy pioneers.

There are signs of a change. The palates of the new, young taster-makers are tuned in to wine—and sherry is the wine-drinker's aperitif, brandy the wine-drinker's whiskey. The sale of California brandy has been rising steadily, more than doubling over the last few years, and this state alone makes 98 percent of the brandy produced and 75 percent of the brandy drunk in America. At a time when inflation and devaluation have pushed the price of French cognac to over \$13, a California brandy at \$5 or \$6, or even the top premium \$9 for a very special aged brandy, is an exceptionally good buy.

To appreciate the differences between the brandies of California and those of other countries, you have to know a little about the way they are made. All brandy is produced by distilling wine from grapes and then aging it in wooden barrels to mellow and tame the



"The Grape Harvest," a woodcut by Aristide Maillol, taken from the Christian Brothers Collection.

fieriness of the raw white spirit. Brandy grapes are not the kind that yield top-quality table wines, but those that bear heavily, have a high sugar content, and make a clean and neutral base wine without any pronounced flavor characteristics. In California the chosen grape is mainly the prolific Thompson Seedless that flourishes throughout the hot Central Valley and, to a lesser extent, the Tokay and Emperor.

Then comes the main difference that determines the flavor, body, and aroma of the finished product—the method of distillation. In the Charente district of France, the young wine is heated in the traditional round-bellied copper pot still, and slowly boiled to extract the "heart," the middle third of the liquid that rises through the condenser. Pot still distillation gives French cognac its distinctive complexity of flavor and heavy body, but like most classic methods it is laborious, time-consuming, and difficult to control. Most California brandy, on the other hand, is made in continuous stills, tall metal columns through which the steam rises, allowing the alcohol to be constantly removed from the wine. The result is a totally different type of brandy, one that is light, clean, and fruity. If you like brandy cocktails, you'll find the lightness and

fruitiness of a California brandy lends itself beautifully to mixed drinks like Manhattans, sours, fashioned, and punches. Two of the pleasantest brunch drinks I know are a California Driver, ounces of brandy, 4 ounces orange juice, and a teaspoon lemon juice shaken well with cracked ice strained into a chilled wineglass and a California Sunset, for which you fill a 10-ounce glass with and orange juice, stir in 1½ ounces of brandy, and top it all with a dash of grenadine. Should you get a bit bored with the usual Bloody Mary or Salty Dog, these for a change.

Although a couple of the California brandy distillers do have pot stills, the practice is to blend a little of the pot-still brandy with that of the continuous still to give it more flavor, depth, and individuality. The Christian Brothers, for instance, puts about 10 percent pot still in its regular brandy, while the special, limited-quantity Rare Reserve it introduced several years ago, the nearest thing to cognac made here, contains 25 percent pot still brandy that aged for eight years.

After distilling, California brandy is diluted with water from natural breathtaking 170 proof around 100 proof and then aged in 50-gallon charred oak casks of legal minimum of two years, usually four, and in some cases, as much as ten. A small amount of taste caramel may be added to help the brandy develop its typical glow and deep amber color. When it comes time for the brandies to be drawn from the casks, blended by the brandy-master to a special formula, and bottled, some are rectified, which means that up to 1 percent liquid sugar is added to give them the sweeter, smoother taste a certain segment of the drinking public considers more palatable.

Continued on page

"The palates of the new, young taster-makers are tuned in to wine—and sherry is the wine-drinker's aperitif, brandy the wine-drinker's whiskey"



Maybe you think only of ranges when you think of us. That's O.K. But there's more. In fact, there's a whole new range of ideas. And we've assembled them together in one totally Tappan kitchen. We'd love to give you a tour.

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This push button dishwasher has 13 different ways to clean your dishes plus high-volume, 3 level washing action.

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If you're going to make changes in your kitchen, make them Tappan.

The company with the whole new range of ideas.



# The totally Tappan kitchen. A whole new range of ideas.



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Serving the heart of the home.



# Any time



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Cranapple provides a refreshing pick-me-up!  
And has Vitamin C, too!



After a hot set of tennis, there's nothing like a cold glass of Cranapple. There's lots of natural refreshment in Cranapple.

**"Brandy, a spirit, won't deteriorate, but the less fortified sherries should be kept under refrigeration and used within a few weeks"**

## CALIFORNIA BRANDIES AND SHERRIES

*continued from page 134*

able. Others, known as straight brandies, will have no sugar.

Although there are over 300 brands of California brandy, there are by no means 300 producers. The few big distillers of the Central Valley may make brandy not only for themselves, but also for liquor store private labels and for wineries that need brandy in their line but don't want to go to the trouble of making it. The difference you taste between one brand and another comes from the aging and the final careful blending of batches from different casks, with each brandy-master blending certain formulas for his own company, others for their customers. So even though they come from the same place, there will be considerable diversity among labels. One brandy might be rectified and sweetish, another more aromatic, stronger, fruitier, or subtler in flavor. Some will be aged longer or show the greater body and aroma that comes from a judicious measure of pot still spirit. Or a company may put out three types of brandy under different names, like Guild Blue Ribbon, Ceremony, and Old San Francisco, or bottle an 80 proof (the strength of the majority of brandies), and a 100 proof.

To find a California brandy that pleases your own particular palate—the thing to do, as with wine, is to get together a sampling of different brands and labels, settle down with a few friends, and compare them by the time-honored taste test. Bear in mind that you are dealing with something a lot

stronger than wine. Even the most experienced tasters find it hard to distinguish among more than three or four brandies at a time, so it is advisable to spread your tasting over several evenings rather than end up confused and possibly crooked.

The professional's way when tasting is to dilute the spirit—one part brandy to one part slightly warm distilled water—which reduces the proof by half and makes it easier to detect nuances of aroma and flavor. Pour the brandy and the water into a small stemmed wineglass that is narrower at the top than the middle to direct the scent to your nose. Smell the brandy first, inhaling in little sniffs, then taste with small sips, not large swigs, to keep your palate fresh and unfatigued. What should you look for? First, a complexity of aromas, no one predominating over the others. Continuous-still brandies will have a light, fruity scent; those with pot-still in their makeup will be subtler and deeper, while in the longer-aged you may detect the character of the oak. Any odors should be pleasing, not disagreeable.

Then sip, swirl the brandy around in your mouth and swallow. Check for smoothness, balance, flavor, and body. There should be no rawness, harshness, or burning sensation in your mouth or throat, no bitter aftertaste, just a clean, smooth, lingering mellowness. Naturally, you will detect differences, especially in a brandy with a high percentage of pot-still



Antique wine glasses, part of the Franz W. Sichel Collection, now on view at The Christian Brothers new Wine Museum in San Francisco.



spirit, which will have some of the rich aroma of a cognac and several different taste notes.

Not all California brandies are nationally distributed. Among those that are, look for Almadén, The Christian Brothers, Coronet, Korbel, Lejon, Paul Masson, Guild Blue Ribbon, and such liquor-company labels as Hiram Walker, Park & Tilford, and Old Mr. Boston. In the West and Midwest you'll find Aristocrat and A.R. Morrow, Ceremony, Royal Host, and Setrakian (a major Central Valley producer who bottles a limited quantity of aged brandy under its own label), Old San Francisco, and also in the West, Beaulieu, Beringer, and Veibel.

If there is a considerable diversity in brandies, there is even more in California sherris. Not only do they encompass three distinct categories—dry, medium, and cream or sweet (dry has less than 2½ percent natural sugar, medium from ½ to 4, cream from 1 up), but also a staggering range of flavors, degrees of dryness, alcoholic strength, and quality, with prices ranging from around \$1 to a high of \$5. Nor will you learn much from the label. The drier sherris are usually called cocktail, pale dry, dry, very, ultra dry or by some catchy name like Sherry Sack, Dry in or Dry Watch, but the degree of dryness varies. Like brandy, sherry is blended and while some of the larger wineries make their own, many more buy their sherris, although they may opt to do their own blending in their own cellars, as Louis Martini does.

For a long time, sherry was a punch in the California wine business. Until three years ago, state law specified that the alcoholic content of all but the flor sherris should be at least 19½ percent, with the result that a large proportion of California sherry, readily fortified with brandy, was drunk more for kicks than for dos. This has since been dropped to 17 percent for all sherris, and today you'll find more with 18 percent alcohol or under than above that level. I can remember the days when, if you asked for sherry at a cocktail party, the host would give you an astonished and doubtful look and then take from the bar cabinet (or, if you were lucky, the refrigerator), a half-empty bottle of something labeled "California pale dry cocktail sherry" that looked as if it had been there for the better part of a year. All too often it was pallid and bring, with a noxious undertone of burnt sugar and an overtone of

brandy—a low-cost sherry that had been quickly and cheaply produced by "baking" the fortified wine in heated tanks at temperatures as high as 120 or 140 degrees and then aging it for the minimum time. "Baking" wine originated not in Spain but in Madeira, where it was invented during the Napoleonic Wars to duplicate the heat and motion of long tropical voyages, which, until then, had been the way to mature madeira.

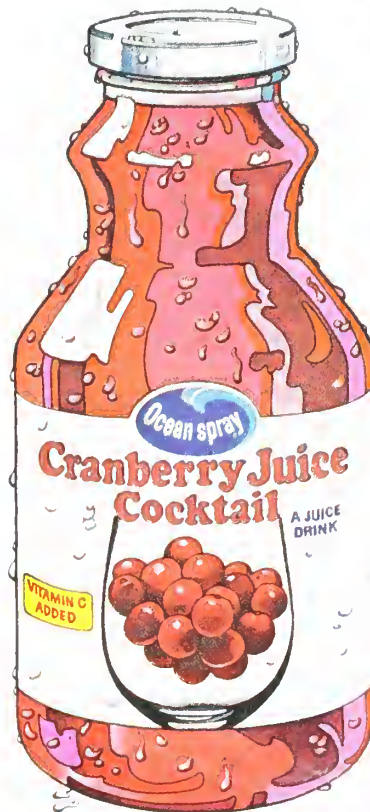
Spanish sherry, on the other hand, derives its distinctive yeasty appetizing flavor from a natural phenomenon, the creamy layer of flor, or flower of the yeast, that grows spontaneously on the surface of the new wine, and its subtleties from the painstaking solera system of blending. In the solera system, which has been adopted by some California wineries, notably Almadén, the casks of sherry are stacked in tiers, graduated by age. A portion of sherry is drawn off from the oldest cask, which is topped up from the next oldest, and so on, in a perpetual replenishment that mellows and enriches the gauche, younger wines by marrying them with the fine older ones.

**"Taste sherris as you would wine, checking for color, clarity, aroma, and flavor"**

There has been a striking improvement in California sherris since the introduction of the submerged flor process, a Canadian invention. Instead of growing naturally on top of the wine, the flor yeast culture is put in the wine and circulated through it. As all the wine, rather than just the top portion, is exposed to the culture, it picks up the yeasty fragrance and flavor very rapidly, in a matter of days or weeks rather than the years it would take in Spain. As the public taste veers toward drier wines, more and more wineries are now either bottling a 100 percent flor sherry or adding some of the flor sherry to their regular sherry blends, which considerably alters and benefits the taste. With more flor, less alcohol, and longer aging, California is now producing sherris the most demanding connoisseur can love. Some to look for are Almadén's Flor Fino, Paul Masson's Rare Flor, and Lords & El-

*Continued on page 142*

# Any way



Look for Cranberry Juice Cocktail with its new label.

**There are so many ways to use Cranberry Juice Cocktail, it may be America's most versatile juice drink.**

One of the beautiful things about Ocean Spray® Cranberry Juice Cocktail is the many beautiful things you can do with it. Mix it with other drinks to add a delicious tang. Use it in cooking or baking. Or drink it right from the bottle . . . for natural refreshment!



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The holidays are here! For a punch that will please any bunch, try:

2 quarts of Cranberry Juice Cocktail, mixed with 1 can (6 oz.) frozen concentrated lemonade (undiluted). Add 1 qt. chilled club soda, ice cubes and lemon slices. (For a punchier punch, add your favorite liquor.)



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# Peppers, prunes, and personalities

James Beard shares some of his favorite food ideas and recipes

EDITION'S NAME. James Beard is the chef in *How to Cook*, one of America's great cooks. He has set millions of Americans on the seductive path to crepes and cassoulet, bouibes and brioché through his numerous cookbooks and articles, many of which have appeared in the pages of *House & Garden*. This excerpt from a new book Beard on Food<sup>®</sup>, by James A. Beard assisted by José Wilson, is a wonderful potpourri of his jads and faucies, sound advice, and delicious new recipes that will pep up the most jaded of palates.

## THE PERFECT DINNER PARTY

I often have people say to me, "I would be afraid to ask you to dinner." Well, why? Everyone has some specialty he does extraordinarily well, be it bacon and eggs

or chili or chel's salad or filet of beef en croûte, so why should entertaining be such a problem? The thing is to entertain within your scope and not get yourself in an uproar by feeling you have to attempt something beyond it. Even if you serve the simplest of meals—just one course with a bottle of wine and some cheese—that's true hospitality. Hospitality is enjoying a meal with your friends, and enjoyment is the key word.

I'm sure we've all suffered through the nerve-racking experience of dining at a house where the host or hostess, who is doing the cooking, keeps on twitching and nervously getting up and rushing into the kitchen. By the time you sit down to dinner you feel it can't possibly be worth all that effort.

The perfect dinner party is the

kind I attended the other evening. It was given by Maurice Moore Betty, a man of great charm and distinction who happens to be a well-known cooking teacher and cookbook author. Apart from the fact that the meal was extremely well planned, well cooked, and well presented, what impressed me most was that there was no visible display of dinner being prepared, no air of unease. Our host excused himself twice, briefly, about ten minutes in all, came back, replenished someone's drink, chatted, and then asked us in to the dining room, which makes one enormous open-plan room with the kitchen where he gives classes. The table was beautifully set with silver, glasses, candles, plates for the first course, and two small terrines. As we sat down he brought in the first course, hot asparagus, which he had drained and put on a napkin in a silver dish. With this we had our choice from the terrines of hollandaise sauce, which he had made ahead and put on the table while he was away from his guests, and vinaigrette sauce. I didn't try the hollandaise, but the vinaigrette was extremely good with a plenitude of fresh herbs—chives, parsley, and a tiny touch of mint.

When we had finished the asparagus, Maurice went on talking with us as he removed the plates and popped them right in the dishwasher. He then brought the wine to the table and took from the oven a large casserole of potatoes boulangère (for which I'll give you the recipe later) and a double rack of lamb, timed to the minute. Without any lull in the conversation, he carved, served us, and we continued our meal.

After the main course, he again cleared the table and brought from the refrigerator two desserts, baked pears delicately spiced with cloves and a frozen chocolate mousse, unmolded on a plate, which he took straight from the freezer and cut on a serving table. At the last minute he poured water on the coffee, so right after dessert we had coffee and liqueurs.

By actual timing, we had been at table just an hour and a half enjoying good talk, excellent food and the personal service of our host. A dinner like this, perfectly planned, perfectly cooked, and perfectly simple—no bread, no relishes, no salad, no fuss, no run—is all one needs. This is the way to entertain; otherwise give it up.

So now for Maurice Moore Betty's potatoes boulangère, which means "potatoes from the baker." Years ago, when people in rural France didn't have ovens, as they do now, they put the Sunday roast of lamb in a dish, surrounded with sliced onions and potatoes and took it to the baker, to be cooked in his oven while the family went to church. Afterward they picked it up, done to a turn, and took it home for lunch.

To prepare Maurice Moore Betty's **Potatoes Boulangère** to serve four, peel and thinly slice 4 medium-large potatoes—the slices should be paper thin. Heat 3 tablespoons butter and 2 tablespoons oil in a skillet and add 2 medium onions, thinly sliced and cook until golden and soft (in brown), shaking the pan occasionally. Liberally butter a 2-quart baking dish. Put in a layer of potatoes. Drain the cooked onions, saving the liquid from the pan, and put a layer of onion on top of the potatoes. Season with salt and pepper. Continue to make layers of potatoes and onions, seasoning the layers, and end with a top layer of potatoes. Season with more salt and pepper, dot with butter and pour on the liquid from the onions and just enough water to reach the top of the potatoes. Bake in a 375-degree oven until the liquid has been absorbed and the potatoes test tender with a fork, about 30 or 40 minutes. You don't need an elaborate meat course to complement the good taste of these baker's potatoes, just plain roast lamb or beef, steak, or veal, or braised lamb shanks. You can vary the recipe by adding a touch of thyme or rosemary to seasonings or dotting more butter between the layers.

The place: hot.  
The mood: thirsty.  
The drink: KAHLÚA & Soda.



Over ice, an ounce of Kahlúa, a fill-up of soda, a squeeze of lime. A great way to cool off.

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“Even if you serve the simplest of meals—  
just one course with a bottle of wine and some cheese—  
that’s true hospitality”

Potatoes boulangère with their  
sty brown top and luscious  
or of onion look marvelously  
petizing, make very good eat-  
and take a minimum of prep-  
tion and no watching. These  
all factors to take into account  
ou and your guests are going  
enjoy a perfect, well-planned  
ner.

## PARAGON MONG RESTAURANTS

Quo Vadis is to me a paragon  
ong New York restaurants, a  
e of beauty, quiet, and com-  
. I have known the owners,  
o and Bruno, for many years,  
l when I eat there or take  
nds from out of town, I feel  
ost as if I'm in my own home.  
Every Saturday during the win-  
months, Quo Vadis serves for  
h one of my all-time favorite  
es, bollito misto, which sounds  
e glamorous in Italian than in  
slation—mixed boil. When this  
es rolling out of the kitchen on  
rt, it is a dramatic sight. First,  
e is a fine piece of boiled beef  
ored with pot vegetables and  
os, and very often some veal or  
eal tongue, or a calf's head or  
for contrast. There is always  
rge Italian sausage—a cote-  
o or zampone (a sausage  
led in a boned pig's foot), and  
lly a chicken or capon. This  
ot a dish in which everything  
rown into a pot and then  
ed up; it needs to be prepared  
a great care, patience, and  
e. While it bears some resem-  
ce to the French pot-au-feu  
he New England boiled din-  
it has certain distinct varia-  
s which make it, to my mind,  
itely more interesting.

To make **Bollito Misto**,  
bine in a very large pot (at  
t an 8-quart size) 4 pounds  
brisket, 2 or 3 onions, one  
k with 2 cloves, 3 carrots, sev-  
leeks, 2 garlic cloves, 2 table-  
ons salt, a bay leaf, 1 teaspoon  
ne, and ½ teaspoon freshly  
nd pepper, with an ample  
unt of water. Bring to a boil,  
n off the scum, and simmer for  
ours.

dd 2 veal tongues to the pot,  
continue cooking for 1½ hours,  
i add a 4-pound roasting chick-  
or capon and 1 or 2 cotechino  
ages. Continue cooking until  
meats are tender, removing the

chicken if it is cooked first and  
keeping it warm. Taste the broth  
for seasoning. Meanwhile, boil ad-  
ditional carrots, leeks, onions, and  
12 medium potatoes separately in  
salted water, timing them so they  
are done at the same time as the  
meats.

When everything is cooked, ar-  
range the meats and vegetables  
on a large hot platter, and have a  
carving board handy for slicing.  
Give each person a slice or two of  
each meat, some vegetables, and,

if you like, a small cup of the  
broth. As accompaniments, have  
coarse salt, horseradish sauce, and  
the traditional sauce verte, a vmai-  
grette sauce made with 3 parts oil  
to 1 part wine vinegar, salt, pep-  
per, and finely chopped parsley,  
chives, and thyme—it should be  
really thick with herbs. Also tra-  
ditional are Italian mustard fruits  
(fruits preserved in a mustard  
syrup, sold in specialty food  
shops); their sharp flavor goes  
well with the meats.

To do justice to the *bollito misto*,  
you need a *bollito misto* for  
twelve people, so plan on serving  
it for a buffet party—it makes  
wonderful meal, spectacular, im-  
pressive, and something quite out  
of the ordinary.

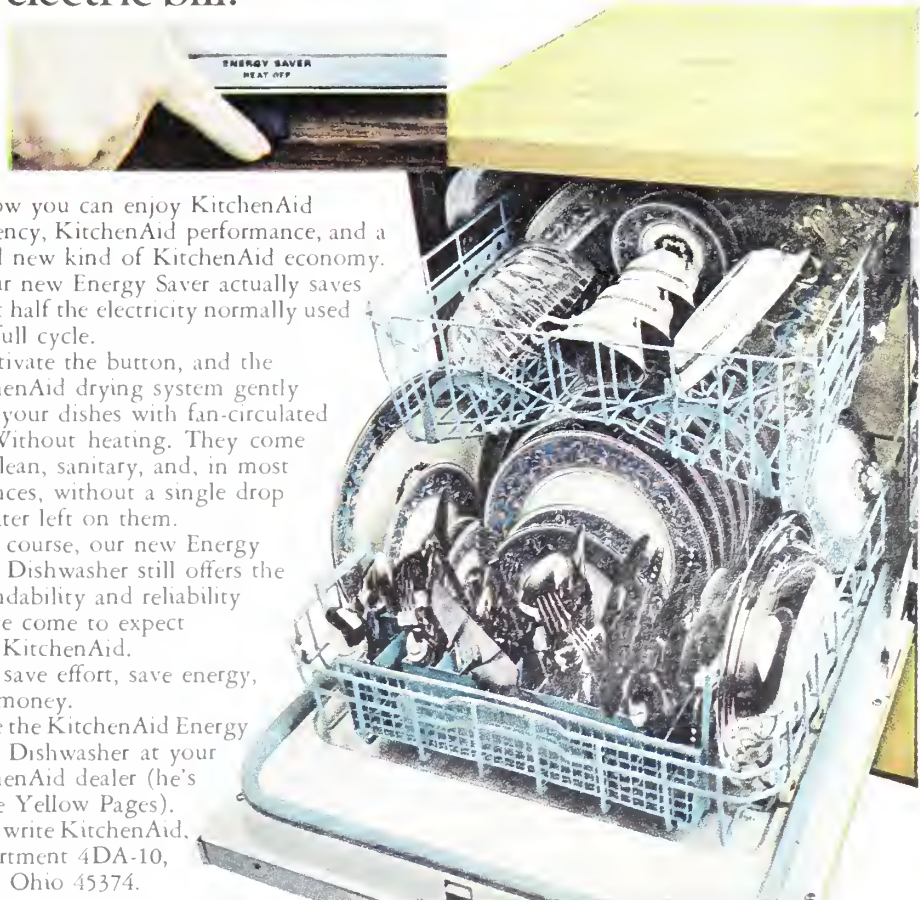
## PEEL THAT PEPPER

Probably one of the most versatile  
and varied vegetables we have,  
and one that is often overlooked,

*Continued on next page*

# The new KitchenAid Energy Saver Dishwasher.

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peppers, which have all to do with pepper—belong to the *Capcium* family and are relatives of the eggplant, tomato, and potato. They are believed to have originated in tropical America. They were cultivated more than 2,000 years ago by pre-Incan tribes, spreading to Europe, Asia, and Africa at an early early date, so that now they are freely entrenched in the cuisines of many different countries.

come, and crushed red pepper, all made from different hot peppers, are a very important part of our cooking.

I like the green and red bell peppers for garnishing and as a raw vegetable, but I find that more and more I prefer them when they have been grilled or broiled until the skin can be scraped off, a process in which the flesh becomes slightly cooked and much more flavorful. I find the skin of most bell peppers, either raw or cooked,

scaper. You don't want to tear the flesh, merely to scrape off the skin, which you will find comes off quite easily.

Then remove the stem and the seeds, because in even the sweetest of sweet peppers the seeds sometimes tend to be hot. Cut the peppers in strips or quarters, and you are ready to turn them into a delicious salad or appetizer.

For **Sweet Peppers with Anchovies**, remove the skin, stem, and seeds from 12 to 15 bell peppers, and quarter or halve them. Arrange in a flat serving dish. Dress with 5 tablespoons olive oil, 1 to 2 tablespoons wine vinegar (I find the sherry wine vinegar sold in specialty food shops is especially good—it has a lovely, full, nutty flavor), 1 teaspoon or more of salt, and a few grinds of black pepper. Let the peppers marinate in the dressing for several hours. Remove to a serving plate, combine with 2 cans anchovy fillets, drained, and 2 tablespoons chopped parsley, and serve as an appetizer. Or you may serve them in the dish in which they marinated and pass the anchovies and parsley separately. Add tuna fish and capers to this

combination for a more substantial dish, or serve just the marinated peppers with capers and parsley as a delightful salad or hors d'oeuvre.

You can use your basic marinated peppers as a salad, add them to a green salad with some sliced raw mushrooms, or use them to garnish a rice or potato salad. There is no end to the ways peppers can add gusto and flavor to your everyday meals. Skin and seed them, cut in ½-inch strips, and sauté them quickly in olive oil, adding a dash of wine vinegar just before taking them off the heat and you have an unusual and inexpensive vegetable for outdoor meals, to accompany roast or barbecued pork chops, or other barbecued meats.

Don't think for one moment that your favorite stuffed pepper recipe won't be twice as good if you take the trouble to skin the pepper before stuffing them. The difference in texture and taste is well worth the effort, and you'll probably be able to cut down a little bit on the baking time. I have a stuffed pepper recipe I use in my classes that you might like to try.

For **Peppers stuffed**

## "To peel that pepper, grill it and scrape off the skin"

Most familiar to us are the big round or tapering sweet or bell peppers, which are green to start with and then, as they mature, change their face and turn red. Then there are the pale green or light yellow sweet chili peppers, the pimiento pepper, and various and sundry hot chili peppers of all shapes, colors, and sizes, some of them extremely colorful and exotic. These often seem to increase in firmness as they decrease in size. Such seasonings and spices as Tabasco, paprika, chili powder, cay-

to be rather disagreeable, so now I always grill my peppers before using them, which can be done on a charcoal grill in summer, under the broiler, or over a gas flame. I lay the whole peppers on the grill over the coals, or on the broiling pan close to the broiler, and let the skin scorch and blacken—and I do mean blacken. You must keep turning them from side to side until the entire skin surface is pretty well charred and blackened, and then scrape it off with the back of a silver knife or some sort of

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**With Anchovies and Raisins.** remove the skin from 8 green peppers as previously dictated (otherwise, parboil them for 10 minutes in salted water), slit in half lengthwise, and remove seeds. Arrange in a baking dish or two baking dishes. For the filling, combine ½ cup raisins, ½ cup pine nuts, 16 chopped anchovies, 2 finely minced garlic cloves, 2½ cups bread croutons (previously sautéed in oil and butter until golden brown), 2 teaspoons chopped parsley, 2 teaspoons dry vermouth, and salt and pepper to taste (go easy on the salt, as the anchovies are salty). Mix well. Fill peppers with this, brush 1 teaspoon olive oil on the top of each one, and bake in 350-degree oven for 30 minutes. Serve as a first course.

## PRUNES ARE NO LAUGHING MATTER

People used to make all sorts of jokes about prunes. They were dubbed "boardinghouse food" and not considered to be elegant eating at all, which they really are. I don't know why prunes should make us as so funny. The French, who have always been great lov-

ers of the fruit (their stuffed prunes are one of the most delicious things you could possibly eat), take them just as seriously as any other food.

The center of prune growing in France is the town of Agen, and dishes that include prunes are called *à l'Agennaise*. As a matter of fact, it was the French who introduced the prune to California, our own center of prune production. Now after a hundred years of growing, there are some 100,000 acres of prune orchards in the valleys of California and more in Oregon and Washington. While some people claim that Oregon and Washington prunes are even finer than those of California, it's a matter of opinion, although I do find some of the northern prunes extraordinarily good.

The prune is a variety of purple plum that we buy fresh during the summer and fall to make prune pies and cakes and preserves. In the valleys where the prunes are dried, the ripe fruit is washed, dehydrated, and processed. When prunes were dried in the open air, there was a good deal of variation among them, but nowadays they are given a very scientific warm-air treatment for about 18 hours

that dries the fruit very evenly with controlled humidity. After drying, they are graded according to size, then steamed to make them soft, moist, and tender, and packaged in various sizes and styles. You can buy very superior, top-quality jumbo pitted prunes at a premium price. These are wonderful to eat as they are or to use in dishes where the appearance of the prune is as important as the taste. The other prunes are packaged in various sizes from small to extra large, averaging from 67 to 43 a pound, depending on size.

have nicely puffed prunes to which you may or may not add sugar, according to taste.

I have a special trick with prunes. I put large prunes in one jar and smaller ones in another and puff them with the boiling water treatment. Next day I drain off the water and cover the prunes completely with sherry or port (you can also use vodka, whiskey, or any liquor you like) and let them age in the jar for about two weeks before using them. I keep jars of these "drunken prunes" on the shelf at all times. Being in spirits, they require no refrigera-

## "To whip up a dessert in a hurry, take drunken prunes and make a Prune Soufflé"

Prunes today are really ready to use, and they don't require all the presoaking of yore. Put them in a pan with an equal amount of water, cup for cup, bring them to a boil, and simmer about 10 minutes, then let them cool in the liquid. Or put them in a jar or bowl with an equal quantity of boiling water and let them stand overnight. Either way you will

tion. For a quick dessert I take them from the jar and serve them topped with whipped cream, or I cook with them—I make a prune cake, stuff baked apples with them, or purée them and mix them into a cake frosting. To make an extremely good hors d'oeuvre, I dry the prunes, put half a walnut,

*Continued on next page*

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## What's he getting besides soup?

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An Aqua-Pure Dirt-Rust Filter delivers sparkling fresh water to your whole house for only a few cents a day. It removes particles as small as a single grain of calcium powder, right at the incoming water line, and keeps them out of your laundry, bath and your family's foods.

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Both types of filters are available with simple installation kits, so you or your plumber can install it in minutes.

Ask your plumbing supply dealer about Aqua-Pure Filters, or check your Yellow Pages under Water Purification. AMF Cuno, Meriden, Conn. 06450 or AMF Cuno, Guelph, Ont., Canada.



**AMF Cuno**  
Aqua-Pure  
WATER FILTERS

## PEPPERS, PRUNES *continued from preceding page*

almond, or filbert inside, wrap them in partially cooked bacon, secured with a toothpick, and broil them until the prune is plump and the bacon quite crisp.

Prunes taste marvelous with pork. One of my favorite roasts is a **Loin of Pork Stuffed with Drunken Prunes**. Make an incision through the center of the eye of the loin and stuff the prunes into it. Salt the loin, and roast on a rack in a 325-degree oven, allowing 25 minutes per pound, until the internal temperature reaches 165 degrees on a meat thermometer. Baste with a little of the prune juice during cooking to give a slight glaze. When the roast is carved, you have a delicious, fruity black core.

When I have to whip up a dessert in a hurry, I take my drunken prunes and make a **Prune Soufflé**, a very different type from the usual one. Rub prunes through a food mill or sieve to

yield 1 cup prune purée (you will probably need no sugar, as they are very sweet and sugar is used in the egg whites). Beat 6 egg whites until they form soft peaks, adding a pinch of salt, and ½ teaspoon cream of tartar. At the soft-peak stage, gradually beat in 4 tablespoons sugar, and beat until you have a fairly stiff meringue with firm glossy peaks—not too stiff, or it will break. Fold in the prune purée—be sure it is thoroughly mixed with the whites, but don't overfold. Turn mixture into a buttered and sugared 6-cup (1½ quart) soufflé dish, and bake at 375-degrees for 25 to 30 minutes, or until delicately browned and puffy. Serve with sweetened whipped cream sprinkled with finely chopped pecans or pistachio nuts. This serves six, and it is an easy, showy, luscious dessert, not very high in calories, and one of the best ways to use the mighty prune that I know. ■

## BRANDY AND SHERRY *continued from page 137*

wood's Great Day, all of which are delightfully refreshing, with the zesty, bone-dry astringency of a Spanish fino.

While you can certainly manage to taste more sherries at a clip than brandies (I once got through thirty-seven in the course of an afternoon, but I wouldn't recommend it), it's a wise idea to limit yourself to just one type per tasting—the flor, the dry, the medium, and the cream. The differences you'll find in price reflect not so much the grapes used, but the way the sherry is made and aged. It would hardly be fair to compare a sherry costing 99¢ or \$1.09 with one at \$2.70 or \$3.25, so it is wise to group your sherries in a comparable price range.

Taste sherries as you would wine, checking for color, clarity, aroma, and flavor. Chill the *finos* and drier sherries slightly, and use tulip-shaped sherry glasses, if you can find them, or small, stemmed wineglasses. For palate clearers, provide cubes of bread and cheese for the dry and medium sherries, small squares of pound cake or a sweet cracker like the tongue-shaped champagne biscuits for the cream sherries.

Sherries from the following wineries are available in all or almost all states: Almaden, Beaulieu, The Christian Brothers, Eileen Cellars, Franzia Gallo, Winemaster's Guild, Inglenook, Italian Swiss Colony, Korbel, Louis M. Martini, Paul Masson, Sebastiani, Roma-

while the following have distribution in at least 10 states including New York: Barengo, Beringer, Brookside, Bonesio, Buena Vista, Concannon, Cresta Blanca, Growers, Guimarra, Heitz, Charles Krug, Lords & Elwood, M. La-Mont Novitiate Wines, Parducci, Royal Host, San Martin, Simi Sonoma Vineyards, Souverain, Weibel.

Pre-holiday tastings are a good idea. Not only will you probably find half a dozen bottles you'd like to give to friends as consumable Christmas presents, but you'll also have plenty of opportunity to lavish the remains of opened bottles on cooking or entertaining. Brandy, being a spirit, won't deteriorate, but the less fortified sheries should be kept under refrigeration and used within a few weeks. You might have a sherry party with *tapas*, those little appetizers the Spanish nibble with their *finos*—cubes of Manchego cheese shrimp, clams on the half-shell, chunks of chorizo or linguica sausage or garlic sausage, salted almonds, and all kinds of olives, from the plump, purple-red Greek one to the peanut-sized black olive from Nice. Or you can try one of the sherry cocktails such as the Sherry Flip. Break a fresh egg into a shaker, add a teaspoon sugar, 2 ounces sherry, and shake well. Strain. Pour into a wineglass and dust with nutmeg. Or mix sherry with orange juice—one third sherry to two-thirds orange juice. ■



# Shopping Information

wide, 1" repeat. \$19.50 a roll. From Karl Mann Associates.\*

**Living Room:**

**Tufted sofas on casters:** 98" x 41" x 29" high, white wool upholstery.

**Faux-bamboo chairs:** upholstered seat cushion, white lacquered finish.

hardboard paneling with rough, weathered look, in white, available in 1' x 8' plank panels. By Masonite.

**Keeping Room: right.**

**Brass fire screen:** \$100; antique wrought iron fire tools, \$210; broom, \$7.50; antique wrought iron andirons, on luc. ng logs, from

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cholz and Ethan Allen make tradition live inside and out."



PEPPERS, PRUNES *continued from preceding page*

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## The Scholz Ethan Allen Bicentennial Home.



Created by Scholz Homes in cooperation with "House & Garden" magazine in the spirit of the 200th anniversary of the nation's independence

Inside—contemporary styling and convenience to accommodate the most modern lifestyle. Outside—a classic structure designed in the tradition of America's most eminent homes. The Ethan Allen is at once both utterly modern in spirit and elegantly traditional in character.

The most conspicuous aspect of any home is, of course, the look and the quality of its exterior. In keeping with the Ethan Allen's overall concern for utility as well as beauty, the Bird & Son, Inc., roofing and siding you see on these pages not only looks magnificent, but also weathers and protects superbly.

### BIRD SOLID VINYL BRANDED® SIDING

The distinctive beauty of the exterior of the Ethan Allen is the result of a dramatic siding innovation.

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Like all Bird vinyls, BRANDED siding is as practical as it is glamorous. It won't show its age because the color goes all the way through.

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# Shopping Information

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Faux-bamboo chairs: upholstered seat cushion, white lacquered finish.

hardboard paneling with rough, weathered look, in white, available in 4' x 8' plank panels. By Masonite.

## Keeping Room: right.

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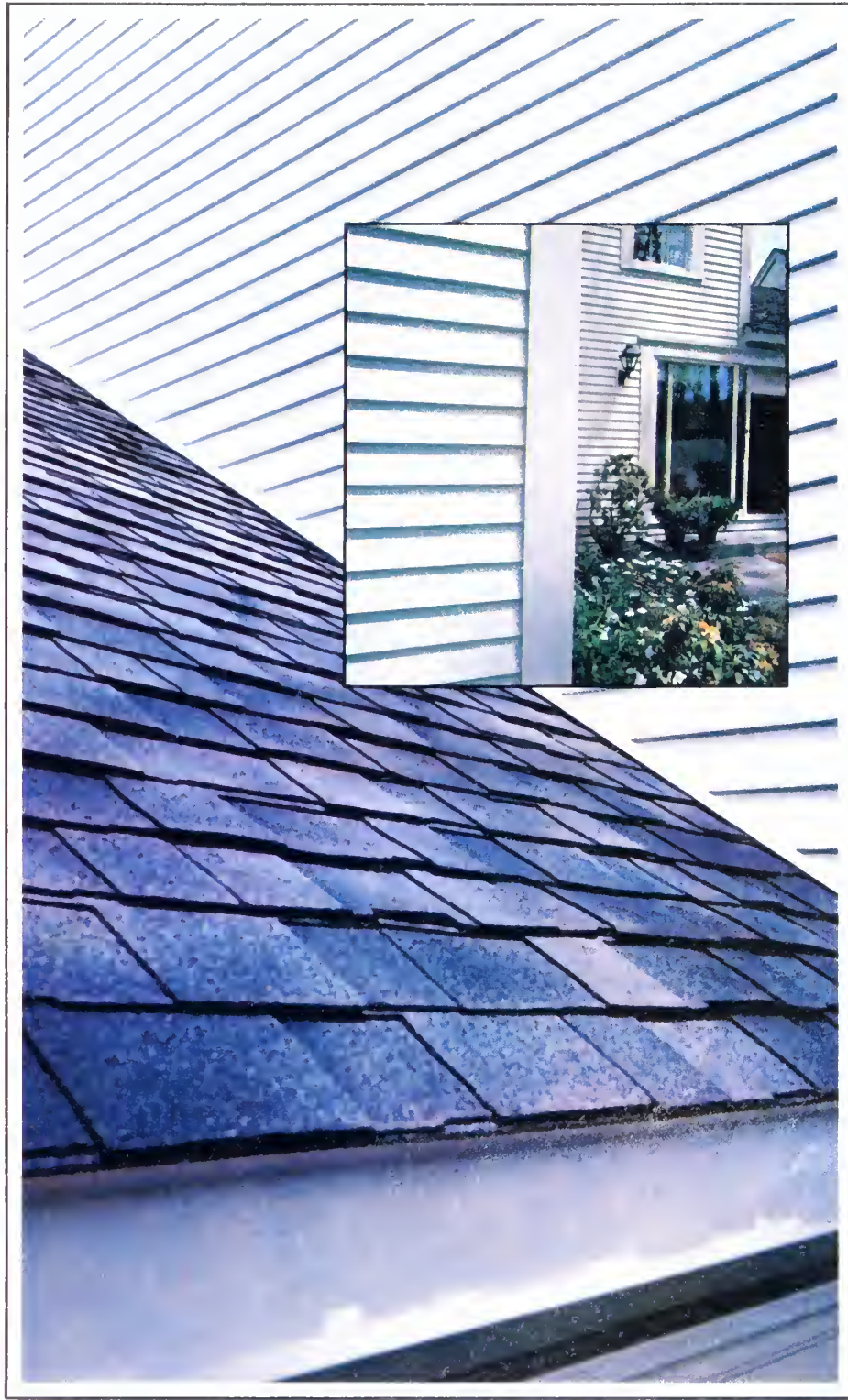
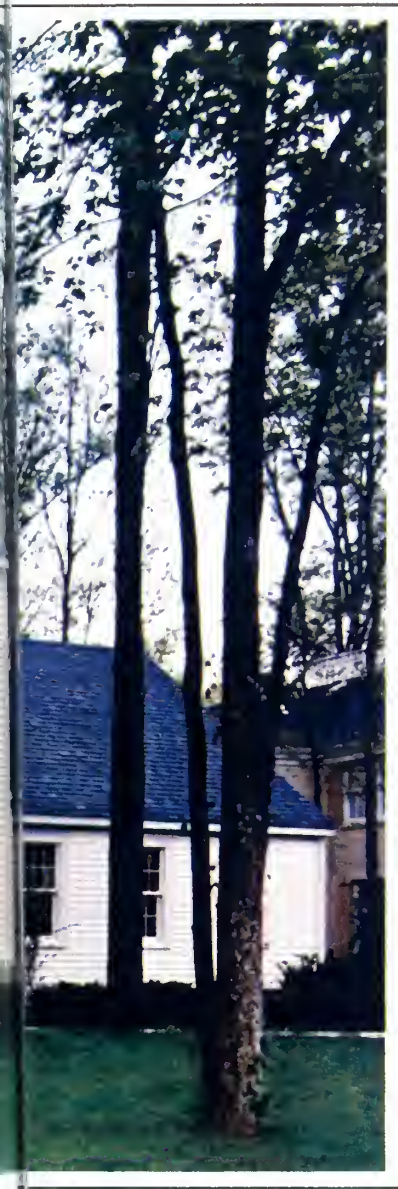
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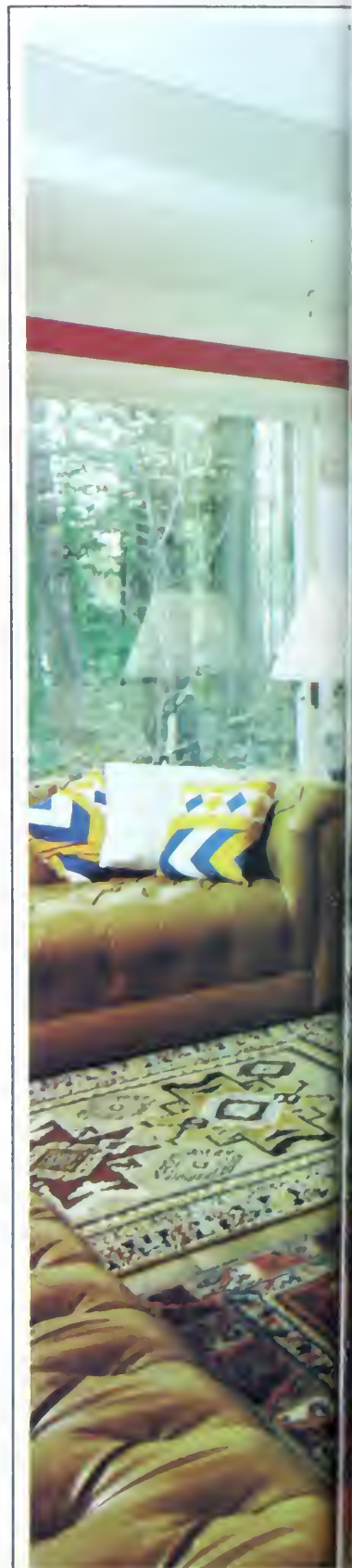
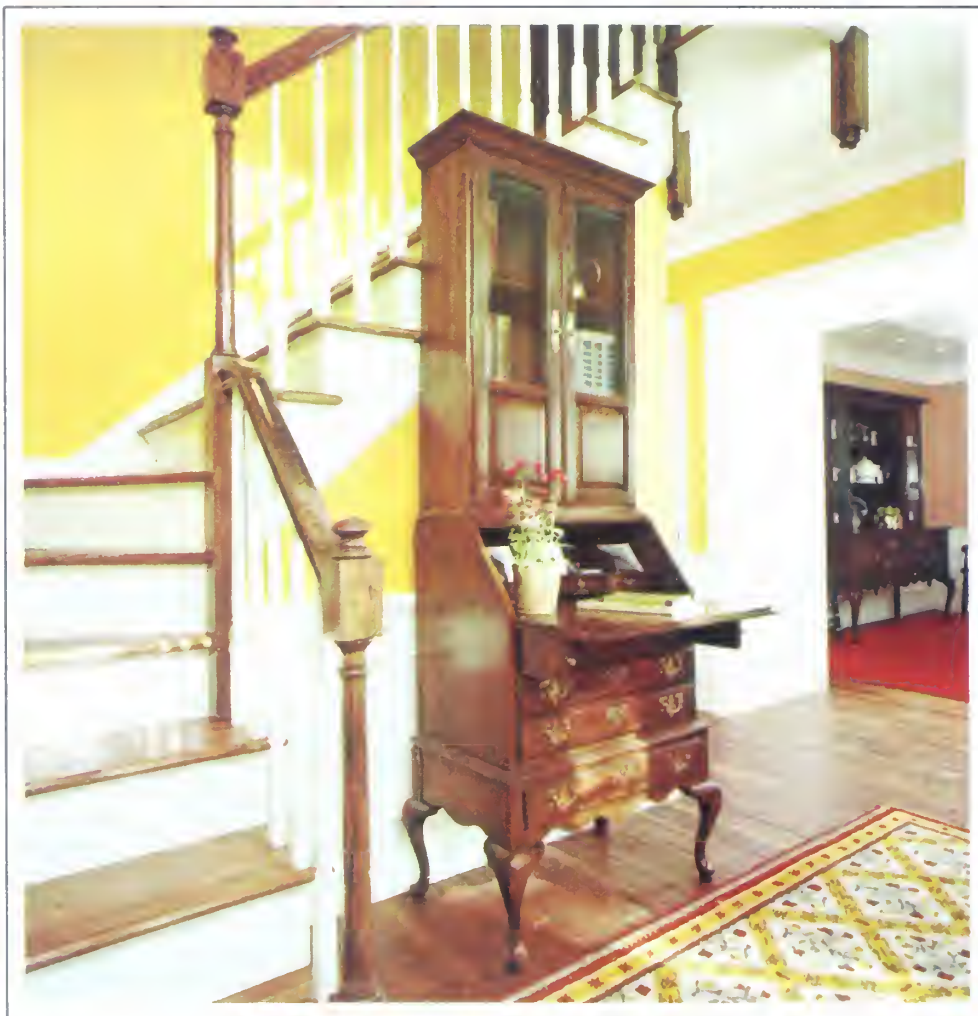




PEPPERS, PRUNES *continued from preceding page*

almond, or filbert inside, wrap them in partially cooked bacon, secured with a toothpick, and broil them until the prime is plump yield 1 cup prime puree (you will probably need no sugar, as they are very sweet and sugar is used in the egg whites). Beat 6 egg

## "Ethan Allen and Scholz make tradition live inside and out."



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This magnificent American Traditional home was designed by Scholz Homes to honor America's 200th birthday. Ethan Allen then decorated and furnished it from top to bottom. What you see here is the result—the Ethan Allen Bicentennial Home.

The idea was to create an environment that captured the charm of colonial times while retaining the comfort, flexibility and freshness of today. To meet this challenge, we've applied the entire range of the exciting Ethan Allen Collection of American Traditional home furnishings. And, what Ethan Allen did to create these beautiful interiors, an Ethan Allen Gallery can do for you.

The Ethan Allen Gallery is a special place, with everything you need to turn your decorating dreams to reality. Not just furniture or carpeting or paint. It's also a place with special people—experienced home planners who

ideas in your head into rooms in your home.

An Ethan Allen Gallery is also a collection of beautifully decorated rooms. It's like walking from one lovely home to another. As you browse, you begin to get ideas. You see the way a simple lighting treatment can warm a cold corner. Or how a rug, or a fabric, or a color can pull together a room. You may even see some of your dreams.

We'll draw up a step by step plan with you, working with your ideas and keeping a careful eye on your budget and the furniture you already own. And there's no running from store to store to find the right fabric, the right rug, the right accessory. No guessing how things look together.

Visit your Ethan Allen Gallery as often as you wish and browse as long as you like. When you're ready to express your ideas, we'll be ready to help.



# Shopping Information

wide, 4" repeat. \$19.50 a roll. From Karl Mann Associates.\*

**Living Room:**

**Tufted sofas on casters:** 98" x 11" x 29" high, white wool upholstery.

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left) From the moment you cross the thresh-  
old, the mood is gracious hospitality.  
Ethan Allen's handsome Georgian Court  
secretary and American Stencil rug bring  
the charm of the past right into a house  
today.



**Ethan Allen Galleries**  
We can help you have the home you want

(Below) Extravagant comfort is the keynote of this living room that brings the natural look right indoors. Ethan Allen's deeply tufted Tuxedo sofas in leather-like vinyl, classic arm chairs, cane and glass accents impart a look of timeless hospitality to architectural details that are faithful to tradition. Oriental design rugs in Caucasian motif from Ethan Allen add dramatic pattern and color.



Ethan Allen  
Bicentennial Home  
by Scholz



PEPPERS, PRUNES *continued from preceding page*

almond, or filbert inside, wrap them in partially cooked bacon, secured with a toothpick, and broil them until the prune is plump

yield 1 cup prune puree (you will probably need no sugar, as they are very sweet and sugar is used in the egg whites). Beat 6 egg

From Ethan Allen's cherry red "Danbury" carpet to the beamed ceiling here's a dining room that bespeaks the American Tradition at its best. The Queen Anne sideboard and deck server and oval table are expressed in Solid Cherry and handsome matching veneers with a mellow hand-distressed finish. Hand decorated Hitchcock chairs by Ethan Allen complete the scene with a true touch of history.



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# Shopping Information

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**Living Room:**

**Tufted sofas on casters:** 98" x 41" x 29" high, white wool upholstery.

**Faux-bamboo chairs:** upholstered seat cushion, white lacquered finish.

hardboard paneling with rough, weathered look, in white, available in 4' x 8' plank panels. By Masonite.

**Keeping Room: right.**

**Brass fire screen:** \$100; antique wrought iron fire tools, \$210; broom, \$7.50; antique wrought iron andirons, on Inc.

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Ethan Allen captures the charm of an old-fashioned garden in this master bedroom designed for "round-the-clock" living and relaxation. Flower-splashed fabric on walls and windows is repeated on the canopy of the handsome four-poster bed from Ethan Allen's Antiqued Pine collection. A lush "Wolcott" carpet in Cameo White from Ethan Allen blends with flower-pink fabric on cozy wing chair and loveseat. A room with a heritage—perfect for today and tomorrow.



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PEPPERS, PRUNES *continued from preceding page*

almond, or filbert inside, wrap them in partially cooked bacon, secured with a toothpick, and broil them until the prune is plump

yield 1 cup prune purée (you will probably need no sugar, as they are very sweet and sugar is used in the egg whites). Beat 6 egg



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(Above) The garden room growing favorite in American homes. Here Ethan Allen gives the stage to nature and an Oriental design rug to supply color and pattern. Monochromatic color scheme in the luxurious Ethan Allen sofa and loveseat blends dramatically with the gleaming wood tones in the coffee table of Antiqued Pine and granite in Royal Charter oak. The look is cozy, the mix is eclectic, all from the venerable Ethan Allen collection.



**Ethan Allen Galleria**  
We can help you have the home you want.



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(ve) Ethan Allen calls it the "keeping room" by whatever name, the hand-crafted trestle table and colorful captain's chairs from Ethan Allen's Antiqued Pine Collection are the activity center for a busy family. Breakfast, brunch, informal dining—life is lived here. For the family member, Ethan Allen's rolltop desk, authentic in its inspiration, faithful in detail, provides an organized focal point for working, budgets or a "work-at-home" office.





PEPPERS, PRUNES *continued from preceding page*

almond, or filbert inside, wrap them in partially cooked bacon, secured with a toothpick, and broil them until the prune is plump yield 1 cup prune purée (you will probably need no sugar, as they are very sweet and sugar is used in the egg whites). Beat 6 egg

## How you can put together rooms like the ones in the Ethan Allen Bicentennial Home.



### INTRODUCING THE ETHAN ALLEN HOME FASHION CENTER.

What we've done to create beautiful interiors for the Ethan Allen Bicentennial House, we can also do for you. So, when you're ready to decorate your own dream house, redo a room or just refurbish a corner, visit the Home Fashion Center in your nearest Ethan Allen Gallery. Remember, choosing the right furniture is only part of the secret of creating a beautiful room. It's also how you put together fabrics, colors, rugs, wallpaper and accessories so they look right—so the final result is even better than you hoped. It's pretty hard to do this well when you try to carry swatches, samples, color chips and ideas in your head from store to store. Now there's a new and better way to help you plan your decorating. An almost foolproof way to help you put together the rooms you've

always wanted. It's the new Ethan Allen Home Fashion Center—right in the heart of the Ethan Allen Gallery.

After you look at furniture and accessories and a host of ideas in our dozens of completely decorated rooms, you have a world of color and patterns at your fingertips waiting for you in the Ethan Allen Home Fashion Center all under one roof.

The finest broadloom carpeting, Oriental, Caucasian and American Stencil design rugs, dozens of bedspreads, a remarkably wide array of upholstery and drapery fabrics, all professionally correlated to go together, and a marvelous range of traditional and contemporary wallpapers

Plus special displays to show you some of the many ways you can put together furniture, carpeting, fabrics

and accessories to get the look you want.

In the Ethan Allen Home Fashion Center, you can mix and match colors and patterns until you find exactly the right combination.

And our professionally trained home planners are always ready to discuss your choices with you, to make expert suggestions, to give you as much a little help as you want.

Visit our Home Fashion Center store. And pick up a complimentary copy of the Ethan Allen Treasury, our 48-page, full-color decorating and interior design book. A \$7.50 value that's yours for free. No purchase required. For information on how to receive your copy, see page of this insert.



Ethan Allen Gallery

See this Ad in the Yellow Pages for your nearest Ethan Allen Gallery.



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## Masonite brand paneling gives each room personality of its own.

The nostalgic charm of yesteryear distinguishes the Scholz' Ethan Allen "Keeping Room" and each room you decorate with Masonite and hardboard paneling. Colors, lines and textures that complement any decor. Free selection of designs available from Dept. S, Masonite Corporation, Box 777, Chicago, Illinois 60690.



Rich House™ White, in the "Keeping Room", has the look and feel of weathered cedar planks. The horizontal design adds to the rustic appearance. Also available in Green Grey.



White is a registered trademark of the Masonite Corporation. Man-made finishes on a real Masonite hard-



From The Historic™ Collection

1. **Provence**™ – French provincial styling, seemingly hand-crafted with deep-fluted insets.
2. **Briarcliff**™ – Textured, finely grained panels framed by richly detailed inlay strips.



PEPPERS, PRUNES *continued from preceding page*

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yield 1 cup prune purée (you will probably need no sugar, as they are very sweet and sugar is used in the egg whites). Beat 6 egg

## We believe quality can be beautiful.



### THE WHIRLPOOL KITCHEN . . .

A coordinated design concept that reflects both the traditional quality and the contemporary beauty of the SCHOLZ ETHAN ALLEN BICENTENNIAL HOME. Whirlpool home appliances are designed to harmonize with one another and to complement the specific kitchen decor in which they are found.

The Whirlpool dishwasher is an example. Its decorator-styled steel front panel is standard, or you can customize a wood front to match your cabinetry if you prefer. Inside, the Whirlpool dishwasher tub is porcelain enameled. And its Super Scour cycle with extended high temperature wash and rinse scrubs pots, pans, and even casseroles gleaming clean.

The Whirlpool smooth top range—with its heating elements set below a smooth, solid ceramic cooktop—is as easy to use as it is striking to look at. Simply wipe it clean in a jiffy, just as you would a counter top. The ovens, too, are convenient to use, and they clean themselves continuously every time you bake.

The beautiful Whirlpool Mark I refrigerator/freezer fits most any kitchen

gives you plenty of space to suit your needs—19 cu. ft. of it. This model is equipped with an activated charcoal filter to help control odor and flavor transfer from one food to another, adjustable cantilever shelves for flexibility, porcelain enameled interior, and spacious freezer section for the demanding needs of today's family.

### WHIRLPOOL WASHER AND DRYER

Both members of this permanent press care pair have a special "cool-down" cycle to help keep permanent press fabrics and washable knits looking smooth and fresh. The 2-speed, 5-cycle Whirlpool washer has super-size washing capacity for family size loads. And you control the water level depending upon the size of the load. The companion Whirlpool dryer lets you choose from among five temperature settings and is equipped with Tumble Press® control and an end of cycle buzzer.



### WHIRLPOOL TRASH MASHER® COMPACTOR

The Whirlpool TRASH MASHER compactor offers the modern homeowner today's convenient solution to household trash problems. And this compactor's strong, pre-cuffed, disposable plastic-lined bags can make clumsy trash cans obsolete. If you like, replace its decorator color front panel with a wood panel customized to match your cabinetry. The TRASH MASHER compactor also features convenient start/stop key-knob, automatic deodorizing spray system, a drop-down side panel for convenient bag removal.



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## A better way of life through Refined Water.

### WATERFINE REFINER

Every drop of water used in the Scholz' Ethan Allen Bicentennial Home emerges from the tap clean, clear and sparkling fresh, thanks to the Waterfine refiner which uses an exclusive patented process to remove undesirable invisible solids and minerals from ordinary tap water. Because of its compact design the Waterfine refiner can be easily installed almost anywhere in your home.

### WATERFINE AND LAUNDRY

In refined water there are no insoluble solids that cause soaps to curdle. Soaps clean and clear with abundant suds. Soaps won't curd the way they do in ordinary tap water. Clothes washed in refined water come out cleaner and softer; soap and detergent usage is dramatically reduced. Other water using appliances in the home work better, last longer with refined water.



### WATERFINE AND FOOD AND BEVERAGES

The Waterfine refiner leaves cooking, beverage and drinking water sparkling clear and free of unpleasant tastes, colors and odors. Cooked foods prepared in the Ethan Allen kitchen retain their natural texture, flavor and color. Always a fingertip away, the remote control Electro-Selector (shown below) lets you monitor and control the quality of your water. It is available in eight decorator colors plus white.

Waterfine is available through participating



Another fine product from Water Refining Company, Inc., Middletown, Ohio





PEPPERS, PRUNES *continued from preceding page*

almond, or filbert inside, wrap them in partially cooked bacon, secured with a toothpick, and broil them until the prune is plump yield 1 cup prune purée (you will probably need no sugar, as they are very sweet and sugar is used in the egg whites). Beat 6 egg

## Charmglow. The finest gas products for your home



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### CHARMGLOW GAS FIREPLACE LOGS

They look so real you can almost smell the wood. The Ember Glow is but one of many available models. Charmglow gas fireplace logs bring you the romantic beauty of a natural wood fire with none of the inconvenience. (And based on today's high cost of wood, they pay for themselves within a year).

### THE CHARMGLOW GAS BARBECUE

It belongs in every home, old or new. Even in an all electric home you can enjoy a Charmglow gas barbecue on a portable car with an LP gas tank. Charmglow's popular HEJ 1 offers a king sized grilling surface for maximum cooking convenience. Charmglow makes several models, so you can select the size and price that best fits your needs.

### CHARMGLOW GAS LAMPS

A charming touch your guests will appreciate. And Charmglow gas lamps provide security against nighttime intruders. Perfect for the driveway, entry, yard or patio, Charmglow gas lamps enhance the appearance of both your home and the landscape that surrounds it.

### CHARMGLOW GAS PRODUCTS

A national reputation for quality, sign and dependability make Charmglow gas products perfectly suited to Scholz' Ethan Allen Bicenial Home. For beauty, for security, for gracious living both indoors and outdoors consumers nationwide prefer Charmglow. Charmglow's gas barbecues and gas lamps are the largest selection of gas barbecues and lamps in America. To add Charmglow to your home, write CHARMGLOW PRODUCTS, MAIN STREET, ANTIOCH, ILL. 60002, or call your nearest Charmglow dealer.

*Charmglow*

THE FINEST GAS PRODUCTS FOR YOUR HOME.



A Division of Beatrice Foods Co.



# Shopping Information

wide, 1" repeat, \$19.50 a roll. From Karl Mann Associates.

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## Keeping Room: right.

Brass fire screen: \$100; antique wrought iron fire tools, \$210; broom, \$7.50; antique wrought iron andirons,

## The Beautiful Ways to Save Fuel

### ANDERSEN™ PERMA-SHIELD® NARROLINE® WINDOWS

Ethan Allen Home in Scholz' Ethan Allen Home provide all the beauty you want in double-hung windows. And they're designed to reduce heat loss, so you save fuel, too.

Perma-Shield Narroline Windows are made of wood, one of nature's best insulators. And they're two times more watertight than recognized air infiltration standards. Double-pane insulating glass provides the fuel-saving benefits of storm windows but without the bother.

And there's practically no window maintenance. Because the frame is painted in rigid vinyl that won't need

painting. And the sash exterior has a patented factory finish that won't need painting for at least ten years.

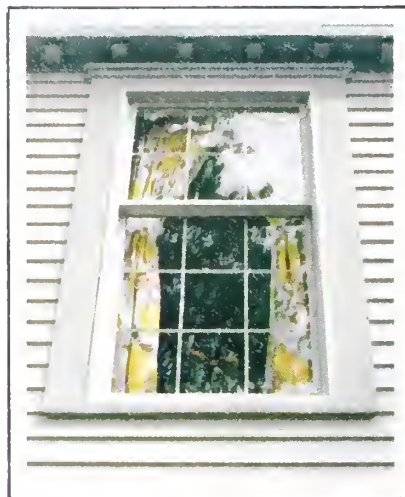
### PERMA-SHIELD GLIDING DOORS

The Ethan Allen Home also features Perma-Shield Gliding Doors, to make the most of indoor-outdoor living.

They glide open easily, close securely. And there's no painting. Rigid vinyl sheathing protects the wood core, inside and out.



**Andersen Windowwalls®**



Ethan Allen  
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PEPPERS, PRUNES *continued from preceding page*

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vield 1 cup prime purée (you will probably need no sugar, as they are very sweet and sugar is used in the egg whites). Beat 6 egg

## Scholz. The world's foremost producer of luxury homes.

The Scholz Ethan Allen Bicentennial Home represents but one of more than 200 different Scholz luxury home designs, and one of more than 30,000 Scholz homes that have been built for families living throughout the country today.

These figures reflect Scholz' experience in quality home design and construction. Scholz homes, such as the Ethan Allen, are distinctive homes designed to provide a truly luxurious living environment.

Scholz combines classic design, quality craftsmanship and materials, plus unequalled experience in luxury home construction, to create homes that are beautiful to look at, delightful to live in and rewarding to own.

If you would like to know more about other Scholz designs, complete the coupon below and mail it to us along with \$3, and we'll send you the Scholz Design Collection. We're certain you'll be impressed.

**Scholz Homes, Inc.**  
P. O. Box 3475  
Toledo, Ohio 43607

Enclosed is \$ \_\_\_\_\_.  
Please send me the  
Scholz Design  
Collection.



NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
I'm interested in building in the \_\_\_\_\_ area.

VISIT MODELS OF THE SCHOLZ ETHAN ALLEN

MODELS	BUILDER
<b>Rudgate-in-the-Woods</b> 4347 Sadalia Ave Toledo, Ohio 43623 (419) 476-5899	<b>Scholz Homes, Inc.</b> 2001 N. Westwood Toledo, Ohio 43607 (419) 531-1601
<b>Cedarbrook Subdivision</b> Culpeper, Virginia 22701	<b>Cedarbrook Development Co.</b> Box 252 Culpeper, Virginia 825-2777
<b>Lot 16</b> Oakwood Estates Springfield, Illinois 62703	<b>Country Homes, Inc.</b> 1422 So. Taylor Springfield, Illinois (217) 528-5654
<b>Shore Land Subdivision</b> Venice, Florida 33595	<b>Exhibit Homes</b> Suite 906 1st Federal Building Sarasota, Fla. (813) 366-3313
<b>Woodland Hills Subdivision</b> Nacogdoches, Texas 75961	<b>Fredonia Developm</b> P O Box 1083 Nacogdoches, Texa 564-1863
<b>Hart Estates</b> Mountaintop, PA 19606	<b>Hart Realty</b> 96 So. Franklin Wilkes Barre, PA 18 (717) 824-4686
<b>Stonegate Manor</b> 3700 Memorial Blvd Port Arthur, Texas 77640	<b>Hayes Builders</b> P O Box 1447 Port Arthur, Texas 7 (713) 982-9421
<b>Stone Ridge Drive</b> Chagrin Falls, Ohio 44022	<b>Kardum</b> <b>Construction &amp; D</b> 1446 S O M Center Mayfield Heights, O 44124 (216) 442-0033
<b>Ginger Creek Subdivision</b> Edwardsville, Illinois	<b>Lakewood Develop</b> <b>Corp.</b> Box 386, Rt. 4 Edwardsville, Ill. 62 (618) 656-8880

## The latest news in home decorating! The new 408-page edition of the famous Ethan Allen Treasury. A \$7.50 value—Our Gift to you!

These beautiful rooms are just the beginning. We'd like you to have 408 more pages of great decorating ideas—the Ethan Allen Treasury.



### A WORLD OF CREATIVE DECORATING IDEAS FOR EVERY ROOM IN YOUR HOME.

For years, millions of homemakers have found the Ethan Allen Treasury a valuable source of inspiring ideas to beautify their homes. We're happy to announce our brand new edition of this exciting decorating book. Hundreds of stunning four-color pages—size 9" x 12"!

### HERE'S WHAT'S IN IT FOR YOU. MORE INSPIRATION

Browse through page after page of imaginative color room settings. You'll find ideas you can use now. And ideas to build your decorating dreams on.

### MORE INSTRUCTION.

Learn how to put your decorating ideas into action. There's an entire section devoted to room planning, choosing colors, arranging accessories—even setting your table.

There's a complimentary copy of the new Ethan Allen Treasury waiting for you at our gallery. It's a \$7.50 value yours for the asking. Visit us soon and pick up yours. Purchase required. (Sorry no mail or phone requests.)



To get a copy of the Ethan Allen Treasury, see the Yellow



# Shopping Information

All prices approximate. \*Consult your interior designer or store decorating department. Postage indicated by ( ) .

## COLONIAL HOUSE Page 89:

**Dresden Plate** quilt: pattern of steel calicoes. \$300. At Nonesuch Ltd.

## AMERICAN CRAFTSMANSHIP Pages 94-97:

**Veraton breakfront:** 96 $\frac{3}{8}$ " x 13 $\frac{1}{4}$ " x 91" high, mahogany and satinwood, brass doors, grooved shelves.

**Ve-drawer lowboy:** 38" x 17" x 32" high, tiger maple, cabriole legs, brass hardware, shell motif on center drawer.

**Highboy:** 44" x 23" x 85" high, mahogany, shell motif on center drawer and knees of cabriole legs.

**Best of drawers:** 37 $\frac{1}{2}$ " x 21 $\frac{1}{2}$ " x 47" high, mahogany, serpentine front, brass bracket feet.

**Applewhite sideboard:** 72" x 25" x 1 $\frac{1}{2}$ " high, mahogany with inlay, 6 leg design, serpentine front with recessed center, brass hardware.

**Armchair:** 24" x 25" x 38" high, mahogany, nailhead trim, damask upholstery, cabriole legs.

**Green armchair:** 27" x 28 $\frac{1}{2}$ " x 40" high, mahogany, upholstery fabric from Henschwig & Fils. All furniture by Peter.

## LETOBOX OF SEVENTIES Pages 98-99:

### Grace setting:

**Dining chairs and table:** chairs, 22" x 14" x 32" high, 1 $\frac{1}{4}$ " tubular aluminum frames, weatherproof finish; dining tabletop of rough-smooth glass. Designed by Hal Bradley for the "Bradley Collection" by Brown Jordan.

**"Heritage" stoneware:** York white 1 $\frac{1}{2}$ " x 10" dinner plate shown. \$55 per 5-piece service for 8; \$19 per 16-piece service for 4. By Pfaltzgraff.

**Green Anne" sterling flatware:** 11" per 6-piece place setting. By Stieff, Altman's.

**"Nyhavn" wine glass:** 5 $\frac{3}{4}$ " high, 10 oz., \$6.50 per stem. By Holmegaard. At Royal Copenhagen.

**Green napkins:** 12" sq. \$3.75 each; set with handles; under grill; linen trim over basket handle. From Henri Bendel.

**"X" salt and pepper set:** \$13. By Peter.

**"Party Host" gas barbecue:** 26" x 16 $\frac{1}{2}$ " high to grill, gas tank attached, lower storage and serving shelf, charcoal grilling. By Charmiglow.

**Floor electric lamps:** at kitchen table, 12" x 19 $\frac{1}{2}$ " high; at front door, 37" x 25" high, both with eagle linings. By Charmiglow.

### Dining Room:

**Upholstered sofa:** 91" x 36" x 31" high, 3 loose seat and back cushions, 4 pillows.

**Upholstered love seat:** 60" x 36" x 31" high, 2 loose seat and back cushions, 2 arm pillows.

**Armchair:** 26" x 30" x 34" high, mahogany, lacquered tufted back cushion.

**Ottoman:** 26" x 21" x 16" high, loose seat cushion, lacquered white finish.

**Round pedestal cocktail table:** 38" diam. x 16" high.

**Rectangular table:** 22" x 27" x 22" high, glass top, wood turned base.

**Hexagonal lamp:** beige crackle finish, black shade. All by Ethan Allen. Available through Ethan Allen dealers.

**Painting:** "North Whitefield Noon" by Ray Garrochi, 1973. 34" x 60". From Tibor de Nagy Gallery.

**Needlepoint pillow:** from a large collection of pillows at Woolworks.

**"Wild Goose Chase" antique quilt:** 82" x 68", c. 1873-1880. \$200. At America Hurrah Antiques.

**Three-tiered lacquered boxes:** 7 $\frac{1}{4}$ " diam. x 6" high, shown on coffee table. \$90. From John Rosselli.

**Red and black lacquered basket:** shown with plant; pale blue bowl. \$10. Both at Diane Love.

### Pages 100-101:

#### Dining Room:

**Dining table:** 41" x 80" x 29" high, two 18" leaves included, cabriole legs.

**Hitchcock chairs:** 17 $\frac{1}{2}$ " x 18" x 33" high, rush seats, black lacquered finish with gold design.

**Hitchcock armchairs:** 19" x 48" x 33" high, rush seats, black lacquered finish with gold design.

**"Danbury" wool carpet:** color cherry red. All by Ethan Allen.

**Welsh antique cupboard:** 2 drawers, open shelves, one-of-a-kind; antique blue and white platters, shown with cheese, middle shelf of hutch. From Yale Burge Antiques.

#### Accessories in hutch:

Pair of antique blue and white bowls, top shelf, \$45 each; pair of antique blue and white bowls on stands, top shelf, \$30 each; pair of antique blue and white vases, middle shelf, \$225 the pair; antique vase with dragon design, middle shelf, \$125; antique blue and white oval platter, bottom shelf, \$120; brown and beige spatterware covered casserole, \$60; antique two-piece basket, \$45; Japanese red lacquered bowl, table, \$20. At John Rosselli.

**Blue and yellow spatterware bowl:** bottom shelf with salad. \$15. At America Hurrah Antiques.

**Antique gourd container:** \$58. At Ronaldo Maia Flowers.

**Covered picnic basket with handles:** \$10; woven oval place mats; polka dot cotton napkins. \$1.50 each. At Henri Bendel.

**"Heritage" stoneware:** in 45 and 16-piece services. By Pfaltzgraff.

**"Queen Anne" sterling flatware:** \$187 per 6-piece place setting. By Stieff, Altman's.

**"Nyhavn" wine glasses:** \$6.50 per stem. By Holmegaard. At Royal Copenhagen.

**"Java" vinyl wallcovering:** 27"

wide, 4" repeat. \$19.50 a roll. From Karl Mann Associates.

### Living Room:

**Tufted sofas on casters:** 98" x 41" x 29" high, white wool upholstery.

**Faux-bamboo chairs:** upholstered seat cushion, white lacquered finish.

**Square cocktail table:** 40" sq. x 18" high, glass top, wood base.

**"Gaylord" off-white fabric:** draperies.

**"Cover Story" rug:** Antron nylon, 11' x 11', color cameo white.

**Delft ginger jars:** top brackets; 10-sided pewter plate; "HMS Lydia" pewter bowl, shown on basket table. From Ethan Allen.

**Blue and white-covered ginger jars:** on bottom brackets; antique bird plate, mantel middle; antique platters, mantel ends; red lacquered garden seat/table, 16" x 18" high; antique animal box, \$125; Japanese red lacquered bowl, \$20; cylindrical covered box shown on coffee table, \$30; footed bowl on coffee table, \$150; red lacquered tray; lacquered oval box on tray, \$60; lacquered basket weave tray on coffee table. At John Rosselli.

**Ceramic goat:** on coffee table. \$95; terra cotta and black lacquered baskets on basket table and on floor containing geraniums, \$25 and \$28; antique Zambra shawl over club chair, \$290. At Diane Love.

**Blue and white batik pillows on sofa:** 16" square; large woven tree baskets; woven basket containing geraniums on coffee table, 16" diam. From Lutens-Clarey-Stern.

**"Pantheon" standing lamp:** polished brass, triangular shade, adjusts to 19" high. \$119. By Koch & Lowy. At Lord & Taylor.

**"Parong Bunga" cotton fabric:** floor pillows and center sofa pillow, 40" wide, color peach. By China Seas.

**Large cylindrical basket:** basket table, 22" diam. x 21" high. From Parrish Woodworth.

**"Screams/Whispers" print:** by Joan Snyder, 1972. 39" x 61 $\frac{1}{2}$ ", shown over sofa. At Harens Krakow Rosen & Sonnabend, Boston.

**"Untitled" silkscreen prints:** by Alfred Jensen, between windows. \$150 each. By Pace Editions, 1973.

**"Rugged Oak" ceramic logs:** 21" tri-flame gas burners with adjustable flame. By Charmiglow.

### Pages 102-103:

#### Keeping Room: left.

**Bench:** 17" x 21" x 16" high, white lacquered finish, tufted seat cushion. By Ethan Allen.

**Red lacquered trunk:** 25" x 16" x 16" high, gold and black chinoiserie decoration. \$450. From John Rosselli.

**Pocket-sized AM-FM portable radio:** 9-volt battery, gold and black. \$19.95. By RCA.

**Antique wooden box with window design:** \$150. At America Hurrah Antiques.

**Reading lamp:** polished brass, 3" shade extends to 21", adjusts to 56". \$137. By Koch & Lowy. At W & J Sloane.

**Large open-weave basket containing tree:** from a collection of baskets at Lutens-Clarey-Stern.

**Antique wire bird cage:** 24" x 13 $\frac{1}{2}$ " x 42 $\frac{1}{2}$ ". \$600. From Garvin Meeking.

**"Coach House" wall paneling:**

hardboard paneling with rough, weathered look, in white, available in 4' x 8' plank panels. By Masonite.

### Keeping Room: right.

**Brass fire screen:** \$100; antique wrought iron fire tools, \$210, broom, \$7.50; antique wrought iron andirons, \$260. From Edwin Jackson Inc.

**Large basket:** containing logs, from Lutens-Clarey-Stern.

**Needlepoint rug with dogs:** from Woolworks.

**Square covered basket:** on coffee table. \$6. At Henri Bendel.

### Laundry Room:

**"Supreme '80" washer/dryer:** washer, 2 wash, 2 spin speeds; 4-cycle selections, bleach setting, soak setting, 5 water temperature settings; drier, Magic Clean self-cleaning filter, Cool Down Care for permanent press, white acrylic enamel finish. By Whirlpool.

**"Waterfine" filter control:** Clock-like remote control ElectroSelector monitors and controls water refiner. By Water Refining Co.

**Provence print laundry bag:** \$11. At Henri Bendel.

### Kitchen/Dining Area:

**Trestle table:** 60" x 31" x 29" high, dark finish on antiqued pine.

**Mates chair:** blue lacquered finish.

**Roll-top desk:** porcelain hardware.

**Farmhouse chair:** blue lacquered finish.

**Pewter platter:** 2nd shelf, middle row of bookcases. All by Ethan Allen.

**Bread basket with fabric liner:** 23" x 5 $\frac{1}{2}$ " x 4" high, on countertop. \$20; nest of two baskets, top right shelf, small, \$22; large, \$25; open weave covered basket with handle, top middle shelf, \$25. From Parrish Woodworth.

**Antique brown covered basket:** on countertop; nest of 5 baskets, on countertop; small round covered basket, top left shelf. From John Rosselli.

**Loose weave basket:** top left shelf. From Lutens-Clarey-Stern.

**Antique crock with blue design:** middle right shelf; blue spatterware pitcher, filled with daisies. From America Hurrah Antiques.

**Double handled antique crock:** middle shelf left, \$30; antique steel skillet, hanging from pot rack, \$45; wire egg basket, rack, \$5.95; large antique copper pan, \$110; antique brass bowl, \$17.50. From La Cuisine.

**"Heritage" stoneware casserole and canisters:** dishwasher proof, chip resistant, on table setting.

**"Edison" stoneware pitcher:** middle shelf, \$5.50. Both at Pfaltzgraff.

**"Queen Anne" sterling flatware:** by Stieff. At Altman's.

**"Copenhagen" tumblers:** 11 oz., hand-blown, 4 $\frac{1}{2}$ " high, \$6 each. By Holmegaard. At Royal Copenhagen.

**Brown and white calico china:** \$72 per 10-piece service. At Hubert des Forges. Also available through Ethan Allen.

**Woven place mats:** with borders; cotton napkins, \$3.75 each; shallow circular basket, filled with rolls. From Henri Bendel.

### Kitchen Equipment:

**Built-in double oven:** 24" x 18 $\frac{1}{2}$ " x 17" high, smoked glass fronts, continuous self-cleaning, automatic rotisserie.

**Smoothtop Electric Range:** 30" x 21", modular all in one unit. infinite

Continued on next page



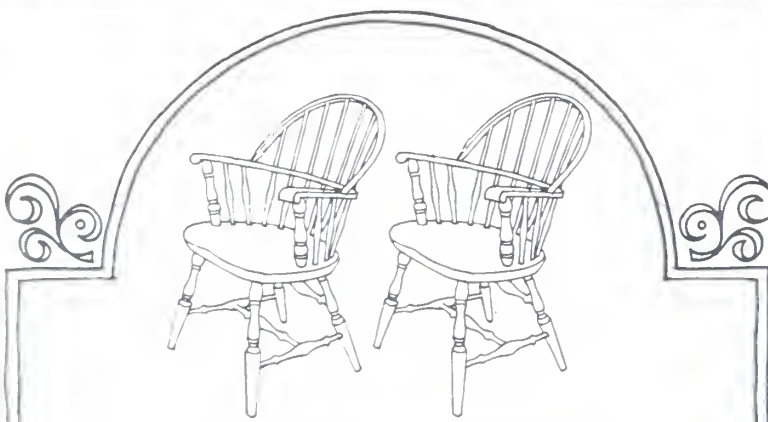


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Photographed in historic Parson Capen House, Topsfield, Massachusetts.



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## SHOPPING INFORMATION *continued from preceding page*

heat control white translucent glass ceramic with stainless trim.

"Cognosieur Twin" side-by-side refrigerator-freezer: 12.71 cu. ft. refrigerator, 220 lb. freezer, 32<sup>3</sup>/<sub>4</sub>" x 29<sup>1</sup>/<sub>2</sub>" x 66<sup>1</sup>/<sub>2</sub>" high, automatic ice maker, 2 sliding freezer baskets.

Undercounter dishwasher: 23<sup>7</sup>/<sub>8</sub>" x 21" x 31<sup>7</sup>/<sub>8</sub>" high, cutlery basket, self-cleaning filter, 2 washing, 2 rinsing speeds, dual detergent dispenser.

Trash-Masher Compactor: built-in, undercounter, 15" x 21" x 31<sup>3</sup>/<sub>8</sub>" high, 25-35 lb. capacity, automatic deodorizer. All by Whirlpool.

Hood: solid state speed control, stainless steel with white enameled finish, available 30" to 48" wide. By NuTone.

Vinyl asbestos floor tiles: Fashion-craft floor tiles in kiln brick style, in 9" squares, color is castle walk red, 31¢ per sq. ft. installed. By GAF.

"Continental" cabinets: lacquered white with white ceramic knobs. By Wilson Cabinet Co.

Kitchen countertops: white plastic laminate with suede finish. By Formica.

Sinks: double-bowl sink, 33" x 22", stainless steel. From the Celebrity Series: single-bowl, 15" x 22", stainless steel. From the Lustertone Series. By Elkay.

Grill: 190 sq. inch surface, infinite heat control, black cast aluminum, 18 1/2" x 21 1/2" wide. By Jenn-Air.

14-speed blender: high-low selector switch doubles blending range, 41 oz. shatterproof glass container, detachable blades. \$28.75. By Hamilton Beach.

Deluxe Chrome Mixmaster Mixer: 12-speed Mix-Finder dial settings, 4-quart and 1<sup>1</sup>/<sub>2</sub>-quart heat-resistant mixing bowls, automatic bowl speed control. \$88.95. By Sunbeam.

Deluxe Toast-R-Oven Toaster: 15" x 8 1/2" x 7 1/2" deep, automatic oven control from 200° to 500°, see-through window, removable crumb tray, top heating element for top-browning. \$37.50. By General Electric.

3-quart saucepan: cast iron with porcelain finish, in chocolate brown with teakwood handle. \$28; 2 1/2-quart tea kettle, chocolate brown. \$24. Both by Copco.

Terrace:

Outdoor furniture: table and chairs designed by Hal Bradley for "Bradley II" by Brown Jordan.

Bar:

"Copenhagen" tumbler: \$6 each; "Nyhavn" wine glass, \$6.50 each. Both by Holmegaard.

Shallow circular basket with handles: linen napkin. \$3.50. Both at Henri Bendel.

Needlepoint pillow: Woolworks.

Ladderback armchair: woven rush seat. By Ethan Allen.

Pages 101-105:

Master Bedroom:

Queen-sized 4-poster canopy bed: queen-sized mattress, box spring.

Upholstered fireside chair: 20" x 32" x 15" high.

Upholstered loveseat:

"Wadeon" carpet: cameo white.

"Bamboc" jar lamp: 26" high, porcelain. All by Ethan Allen.

"Powdered Sugar" percale sheets:

50% cotton, 50% polyester perma-press. By J.P. Stevens. At Bloomingdale's.

"Bradley" elintz: for walls, curtain, bed hangings, Dacron and cotton, 4 1/2" wide, 21" repeat. \$1.50 a yd. By Bloomingdale. At Rich's, Atlanta.

"Princess Feather" antique quilt over footboard, \$375; "Birds in A" antique quilt, over table, \$220; "Delicate Mountains" antique quilt, over chair back, \$600. At America's Historic Antiques.

Gingham lacquered Parsons table designed and executed by Hans Molin. To order through the Molina Studio. Antique bamboo side-chair: 16 1/2" x 17" x 33" high. From George Cottrill.

Two rattan and cane chests: 20" x 18" x 18" high, brass hardware. By Tropi-Cal.

Writing accessories: on Parsons table. From Folio 72.

Pair of antique white bowls: on Parsons table. From John Rossell.

Herend asparagus box with yellow bow: \$30; painted picture frame, 5" x 7", \$37.50; scallop shell box, \$28.50; pink gingham ashtray, \$13.50. All at Cache-Cache.

Diagonally striped basket: round table; terra cotta and natural basket on table; from Laten-Clarey-Stern.

Antique basket with handle: filled with daisies. At Ronaldo Maia Flower.

Open-weave basket: containing needlepoint materials. From Parri Woodworth.

Needlepoint materials: wools, catvas, designs all from Woolworks.

Upstairs Hall:

Grandmother clock: by Ethan Allen. Shiraz turkish runner: from Star Carpet.\*

Master Bath:

"Ottawa" bath tub: 5' long. "Capri" faucets and knobs.

"Sonata" lavatories: concealed soaps receptacles; "Capri" faucets and knob.

"Radeliffe" toilet:

"Galaxy" shower stall: "Capri" shower head. All by Crane.

One of 3-piece drum stool nest tables: by Tropi-Cal.

Large woven basket with handle: holding towels. Laten-Clarey-Stern.\*

Chrome tub tray: \$29.95; acrylic tissue box, \$15; acrylic soap dish, \$1. At Hammacher Schlemmer.

Boxed almond soaps: \$6; enamel products: assortment of toothbrushes. From Caswell-Massey.

Clear acrylic mugs: jar of potpourri, white acrylic canisters. Henri Bendel.

Make-up lights: for wall and ceiling mounting. From Lightolier.

"Wind" lithograph: by David Honey, 40" x 31", 1973. At André Emmerich Gallery.

"Luxor" bath towels: by Marti Bedroom Study.

Twin-sized daybed: mattress, box spring, and frame.

Sloje armchairs: 28" x 29" x 30"

Upholstered ottoman: 21" x 30" x 25" high.

"Plantation" carpet: color wood wood blue.

Delft jar lamp: 45" high, white shade. By Ethan Allen.

"Marrakesh" cotton fabric: cov-



g daybed, chairs, 55" wide, 9" repeat. eated with Zepel. \$16.50 a yd. By aids & Stripes, Ltd.\*

**How fabrics on daybed and chairs:** cotton handblocked prints designed by David Hicks, 52" wide, \$15 a yd. At La Provence de Pierre Deux. **Glass topped rattan table:** imported from Indonesia; rattan and cane chest, 27" square. Both by Tropi-Cal.

**Blue and white plate:** on glass table, \$7. At Diane Love.

**Italian puzzle balls:** behind lamp; antique handled basket, second shelf top. Both at Ronaldo Maia Flowers.

**Set of covered baskets:** first shelf top. At Parrish Woodworth.

**1/2 FM digital clock radio:** walnut-finished plastic laminate case, \$41.95. RCA.

**with digital clock:** 5" screen, red state, \$140. General Electric.

**Green weave basket:** third shelf top; green basket containing plant. Both from Lutten-Clarey-Stern.\*

**Chinese red lacquered bowls:** on table, \$20 each; lacquered bowl, filled with oranges, \$75; African covered basket, fourth shelf top. All at John Ros-

#### It's Bedroom:

**Twin-sized ladder-backed beds:** lacquered yellow finish, twin-sized mattresses and box spring.

**Lacquered yellow chest:** brass and pewter hardware.

**Paint night table:** yellow lacquered finish.

**"Lumber" carpet:** color soft gold.

**"Lumboo" jar/lamp:** white shade, by Ethan Allen.

**"Luttenhampton" armchair:** 28" x 36" high, white lacquered wicker. **"Luttenhampton" ottomans:** foam cushions, white lacquered wicker.

**Rattan and cane trunk:** 17" square, brass hardware. All by Tropi-Cal.

**"Rainbow Stripe" percale sheets:** 100% cotton, 50% polyester. From the latter Martex Collection. At Saks Fifth Avenue.

**Set of "Rainbow Stripe" antique chairs:** 24" x 31", shown on ottomans. At the pair. At Nonesuch Ltd.

**"Radio" AM radio:** 4" diam. x 5" high, may be wall-mounted, \$15.95. By General Electric.

**Set of "Rainbow" antique quilts:** armchairs, \$385 and \$350; antique red pig pillow, on ottoman, \$24. At America Hurrah Antiques.

**Elephant pillow of flowers and baskets:** from Woolworks.

**Stable reading lamp:** polished brass, 52" high, extends 11", in brass. By Koch & Lowy. At Jacobsen's.

**"Guine Mood" print:** by Helen Kenthaler, 1971, over chest. At the Emmerich Gallery.

**"Poster" poster:** by David Hockney, 24" x 36". At André Emmerich Gallery.

**with flower design:** on chest, two baskets on night table. At the Roselli. Antique basket containing plant; at Ronaldo Maia Flowers.

**Blue basket:** on chest, \$6. At Bal-luebner Shop at Henri Bendel.

**How circular basket with handles:** on chest. At Henri Bendel.

**Girls Bath:**

**"Taxy" tub-shower:** "Capri" knobs and fixtures.

**"Sonata" lavatories:** concealed soap receptacles, "Capri" fixtures.

**"Ambassador" toilet:** All by Crane. **Make-up lights:** for walls or ceiling mounting. By Lightolier.

**Boxed verbena soap:** \$6; scrub brush; assortment of Dr. West's toothbrushes. From Caswell-Massey.

**"Notion" cotton fabric:** for shower curtain, 51" wide, 32½" repeat, \$19.50 a yd.

**"Notion" vinyl wallcovering:** 27" wide, 32½" repeat, printed on DuPont Tyvek, \$21 a roll. Both by Woodson Wallpapers.\*

**White metal clock:** scrub brush with handle. Both at Henri Bendel.

**Square acrylic tissue box:** \$13.50. At Hammacher Schlemmer.

**"Heritage" drinking mug:** set of 4, \$8. By Pfaltzgraff.

**"Luxor" bath towels:** by Martex.

#### BIG BOLD DESIGNS

Pages 112-113:

1. **"Gatsby" fabric:** 46% cotton, 43% wool, 11% viscose, 52" wide, 9½" repeat. From Clarence House Imports.\*

2. **Chair:** 21½" x 22½" x 32" high, natural finish rattan and wicker, \$159. By Hibrüten. At W & J Sloane.

3. **Drum-shaped coffee table:** 40" x 16" high, solid ash with ash veneers. From the "Circa '76" Collection by Henredon. At Gimbel's, N.Y.

4. **Chair:** 1½" half round pine molding; available in mahogany, \$1000. Designed by Gus Spear. To order through him call (212) 349-6464.

5. **Sofa table:** 60" x 16" x 26" high, solid ash with ash veneers. From the "Circa '76" Collection by Henredon. At Gimbel's, N.Y.

6. **"Mogul" cotton fabric:** 52" wide, color wheat, available in white, \$11 a yd. By India Nepal Handloom House.\*

7. **Walnut bench:** 17¼" x 11¾" x 17" high, natural rush seat, imported from Italy, \$155. By Medallion Limited.

8. **Console table:** 42" x 14½" x 28" high, rattan top, open work shelf below, peeled cane trim. By Brodyhill.

9. **"Basket Weave" quilted comforter:** cotton fabric cover, Kodel filling, acetate and nylon tricot backing, \$20 twin. Write Purofied Down Products, 319 Fifth Ave., New York, N.Y. 10016.

10. **"Montaro" bedspread:** 65% silk, 35% cotton. Twin-sized, \$190; full, \$260; queen, \$290; and king, \$300. By Desley.

11. **Étagère:** 32¼" x 15" x 72" high, bamboo frame, smoked glass shelves, \$280. By Lane. At Gimbel's, N.Y.

12. **High-backed dining chair:** 21" x 21" x 50" high, chrome X-shaped base, \$335. By Selig. At W & J Sloane.

13. and 14. **Pine log furniture:** chair, 45" wide x 38" deep; sofa, 95" long x 45" deep. Chair, \$950; sofa, \$2450. Designed by London-Marquis. Available through Lutten-Clarey-Stern.\*

**Fabric covering chair:** "Counterpoint" cotton, 59" wide, 5" repeat, \$28 a yd. **Fabric covering sofa:** "Point" cotton, 59" wide, 5" repeat, \$28 a yd. Both from Jack Lenor Larsen.\*

Pages 114-115:

1. **"Brocade" cotton fabric:** 45" wide, Zepel-treated, acrylic backing, \$41.50 a yd. By Jack Lenor Larsen.\*

2. **Pine place mat:** 16" x 11¼" x 5¼"

Continued on next page

## This Brody is very good looking.



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St. Louis, Missouri  
Strafford-Wayne, Pa.  
Wilton, Conn.  
Winston-Salem, N.C.  
Zionsville, Indiana

## SHOPPING INFORMATION *continued from preceding page*

thick, bound with thin strip of iron. Designed by Lawrence Maloney. \$15 each; **stainless pine-handled flatware**: \$1.50 and up per piece; **juice glass**: 50¢ each; **cooler**: \$1 each; **double salt dish**: boxwood, imported from France, \$2.75; **individual cutting board**: imported from Germany, 95¢ each; **wooden butter knife**, 85¢; **lovers' knot woven hot-pad**: coarse fibers, 75¢ each; **brown and white checked napkin**: belgian cotton, \$1.25; **cowrie shell napkin ring**: \$1.25; **white cotton dish towel**: 95¢; **pepper mill**: imported from France, \$5. All from Lawrence Maloney.

3. **Wood and twig chaise**: natural bark finish. Designed by Waldo Fernandez. \$353. At Bloomingdale's.

4. **Wood and twig love seat**: 48" long, natural bark finish, \$412; **octagonal wood and twig table**, natural bark finish, \$177. Both designed by Waldo Fernandez. At Waldo's Designs and Bloomingdale's.

5. **Table**: 63" x 34" x 29" high, wrapped cane legs, glass top, chrome hardware, \$310. By Selig. At W & J Sloane.

6. **"Maison" cotton fabric**: 48" wide, 6" repeat, custom color, matching wall-covering available. By Eaglesham Prints.\*

7. **"Bamboo Curtain" vinyl wall-covering**: 27" wide, 16 $\frac{1}{2}$ " repeat, \$21.95 a roll. By Lloyd.\*

8. **Blue denim armless chair**: 24" x 27" x 31" high, butcher-block laminate base, denim cushions, \$79. From the "Resource One" collection by Directional. At Macy's.

9. **Banana fiber place mat**: imported from Africa, \$4 each; **stainless pine-handled flatware**: \$1.50 and up per piece; **white cotton napkin**: \$2.50 each; **boxwood napkin ring**: \$1.50 each; **double salt dish**: \$2.75; **laminated straw coasters and bottle coaster**: \$7.50 set of 7; **white ceramic candle holders**: 3 $\frac{1}{2}$ " x 4", \$3.50; 6" x 4", \$4.50; 9" x 4", \$5.50 each; **white ceramic tub with handle**: imported from Portugal, \$10.50; **old-fashioned restaurant glass**: \$1 each. All at Lawrence Maloney.

10. **Hexagonal table**: 6' diam. x 29" high, bamboo and wicker base, glass top, \$1700. By Hibriten. At W & J Sloane.

11. **"Chevron" throw bedspread**: 80% wool, 20% nylon, with wool fringe, \$135 twin size. By Irish Tapestry Company for Vittorio Originals. At Macy's, San Francisco.

### Decorator's Showcase Room:

**Chandelier**: from Rose Canning.  
**Television and fans**: by Elgot Air-Conditioning Sales and Service.

**Floor**: by William J. Erbe Co.  
**Fire grate and fire tools**: from Edwin Jackson.

**Soapstone sculpture, pottery, and baskets**: from Diane Love.

**Books**: from The Madison Book Shop.  
**Pair of marble vases**: from H.J. Kratzer.

**Bronze birds**: from Frank Kay.

**Pair of Chinese bleached teak tables**: pair of wooden turtles; Japanese chest; inlaid furniture: From

Joseph Rodma.

**Parchment screen**: Persian vase lamp; rock crystal ashtray. From Kar Springer.\*

**Glass firescreen**: by Seguin Mirror & Brass.

**Russian Wolf fur throw**: by Stark Inlaid mirror: Japanese bronze urn. From Garrick C. Stephenson.

**Pair of Siamese carved figures**: Gene Tyson.

**Pair of brass candlesticks**: on mantel. From Frederick P. Victoria.

**Restoration of stenciled walls**: ceiling, and carved teak. By John A. Weid

### PATTERNS OF PORTUGAL Pages 122-123:

4. **Yellow mixing bowl**: 7" diam, \$10. By Fabrica Ceramica. Imported by Altman's.

5. **"Fern" cachepot**: 7" diam. x 7" high, \$20. Imported from Portugal by Mottahedeh. At Altman's.

7. **White porcelain watering can**: 10" high. Designed by Raul Da Benaida, \$13. At Altman's.

10. **"Butterfly" china**: \$30 per 4-piece place setting. By Block. **"Coinbra" crystal**: decanter, 1/5 capacity, \$10; glasses, \$12 per stem. By Atlantic Full Lead Crystal for Block. **"L. Strada" sterling flatware**: \$174. 4-piece setting. By International Silver.

13. **"Yellow Daisy" china**: salad dessert plate, \$18 set of 6; dinner plate, \$36 set of 6. By Mottahedeh. **"Sintra" crystal decanter**: 28 oz., \$40. By Atlantic Full Lead Crystal for Block.

15. **"Lowestoft Rose" china**: dinner plate, \$20. Imported from Portugal by Mottahedeh. **"Lisbon" pitcher**: 3 oz. capacity, \$25; \$9 per stem. By Atlantic Full Lead Crystal for Block.

### Pages 124-125:

1. **"Tulip" china**: \$149.95 for 45-piece service; **"Blossoms" china**: \$30 per 5-piece place setting; **"Cinnamon" china**: \$169.95 per 45-piece service; **"Potpourri" china**: \$169.95 per 4-piece service; **"Anemone" china**: \$149 per 45-piece service. All imported from Portugal by Block.

3. **"Rock Garden" coffee service**: coffeepot, \$48; sugar, \$36; creamer, \$24; cup and saucer, \$20 each. Imported from Portugal by Mottahedeh.

4. **Wooden spoons**: from 10" to 14" long. From \$1 to \$4. At Altman's.

6. **Porcelain lamb**: 12" x 12".

8. **Chain stitch rug**: by Tapetes A raiolos, 4' x 6', \$295; 9' x 12', \$1200. Altman's.

11. **"Paradise" china**: by Block. **"Cascois" crystal decanter**: 28 oz. capacity, \$35; \$9 per stem. By Atlantic Full Lead Crystal. **"Carrollton" sterling flatware**: \$146 per 5-piece place setting. By Stieff.

12. **"Victorianna" china**: \$4 a plate. By Societe de Porcelanas Lda. At Altman's.

15. **Porcelain rabbit tureen**: 12" x 15". \$35. From Portugal. Mottahedeh.

### WINE & FOOD Page 127:

**"Croyden Plaid" sheer linen fabric**: 48" wide, 3 $\frac{1}{2}$ " repeat. By Brunswick & Fils.\*

**Crystal cake stand**: \$27.50. By Bloomingdale's. At Tiffany & Co. ■



# Building Facts

Materials and equipment used in the house on pages 98-105

Scholz "Ethan Allen" models will be open to the public in the following locations during the coming months.

#### BUILDER

Scholz Homes, Inc.  
2001 N. Westwood Ave.  
Toledo, Ohio 43607

Haves Builders  
P.O. Box 1447  
Port Arthur, Tex. 77640

Cedarbrook Development Corp.  
Box 252  
Culpeper, Va. 22701

Country Homes, Inc.  
1422 S. Taylor  
Springfield, Ill. 62703

Fredonia Development Co.  
P.O. Box 1083  
Nacogdoches, Tex. 75961

Lakewood Development Corp.  
Box 386, Route 4  
Edwardsville, Ill. 62025

Kardum Construction & Dev. Co.  
1446 S.O.M. Center Rd.  
Mayfield Heights, Ohio 44124

Exhibit Homes  
Suite 906, 1st Federal Bldg.  
Sarasota, Fla. 33500

Hart Realty  
96 So. Franklin  
Wilkes-Barre, Pa. 18701

#### LOCATION OF MODEL HOME

Rudgate-in-the-Woods  
4347 Sadalia Ave.  
Toledo, Ohio 43623

Stonegate Manor  
3700 Memorial Blvd.  
Port Arthur, Tex. 77640

Cedarbrook Subdivision  
Culpeper, Va. 22701

Lot 16  
Oakwood Estates  
Springfield, Ill. 62703

Woodland Hills Subdivision  
Nacogdoches, Tex. 75961

Ginger Creek Subdivision  
Edwardsville, Ill. 62025

Stone Ridge Drive  
Chagrin Falls, Ohio 44022

Shoreland Subdivision  
Venice, Fla. 33595

Hart Estates  
Mountaintop, Pa. 18707

DESIGNER: Robert H. Wahl  
INTERIOR DESIGNER: Mark Hampton  
CONTRACTOR: Scholz Homes, Inc.

SIZE OF HOUSE: 2,683 square feet plus  
garage, 576 square feet.

SIZE OF LOT: 123 feet wide at front by  
26 feet deep; 90 feet wide at rear.

#### STRUCTURE

Foundation: Full basement with  
poured concrete walls and slab on  
concrete footings.

Framing: Standard wood frame  
construction of walls, floors, ceilings, and  
roof.

#### INTERIOR OF HOUSE

Exterior walls: White, solid vinyl  
horizontal siding; "44N Double 4-  
inch" by Bird & Son, Inc.

Exterior finishes: Doors, door  
frames, window sash and frames, fas-  
sia, corner boards and other trim,  
painted by PPG Industries, Inc.

Roof: Black asphalt shingles, "Ar-  
chitect 70 Ebonywood" by Bird &  
Son, Inc.

Insulation: In exterior walls, 4-inch-  
thick glass fiber blanket insulation; in  
p ceiling 6-inch-thick glass fiber  
blanket insulation by Owens-Corning  
Fiberglas Corp.

Windows: Vinyl clad wood frame,  
double hung by Andersen Corp.

Doors: Exterior, metal, urethane fill;

interior, wood, six panels "Therma-  
Tru" by Lake Shore Industries, Inc.  
Vinyl clad, wood frame, sliding glass  
doors by Andersen Corp.

Garage door: 4-section, radio-con-  
trolled door by Overhead Door Corp.

#### INTERIOR OF HOUSE

Walls: In keeping room, 4-by-8-foot  
textured hardboard panels by Mason-  
ite Corp.; in master bathroom, tub  
alcove walls, 2-by-2-inch white ceram-  
ic mosaic tile by American Olean Tile  
Co.; in all other rooms dry wall, gyp-  
sum wallboard by United States Gyp-  
sum Co.

Ceilings: Dry wall, gypsum wall-  
board by United States Gypsum Co.

Interior finishes: Paint by PPG In-  
dustries, Inc.

Floors: In living and dining rooms,  
upper and lower halls, alternate 2 1/4-  
inch and 3 1/4-inch "Fireside" oak  
planks by E. L. Bruce Co., Inc.; in  
kitchen, breakfast area and powder  
room, "Kiln Brick" vinyl asbestos tile  
by GAF Corp.; in bathrooms, 2-by-2-  
inch white ceramic mosaic tile by  
American Olean Tile Co.; in keeping  
room, brick by Ava Brick Co.; in bed-  
rooms, wall-to-wall carpet.

Lighting fixtures: In major rooms,  
recessed cylindrical ceiling down-

Continued on page 106

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## PORTUGAL *continued from page 59*

tage of low group fares TAP has put together some imaginative tours. For people who like tour prices but don't like tours, they have fly-drive tours that give you lots of flexibility. For families, they can arrange a house or an apartment to stay in.

Getting around inside Portugal is easy. TAP has a daily flight schedule to Faro in the Algarve. Or you can drive. At a leisurely stop-and-look pace, it's only half a day and roads are good and well-marked if narrow. Incidentally, you'll only want a car in Lisbon for excursions out—parking is almost impossible. Flights to Madeira are daily as well, and excursions from Funchal are easy to arrange on the spot.

Getting to and around the Azores takes more doing but I found the doing worth it. In fact getting to five of the islands is not hard: Santa Maria, São Miguel, Terceira, and Faial are linked by the interisland airline, SATA, and Pico is a 20-minute boat ride from Faial. TAP has direct flights to the

Azores from Boston and Montreal, and from the Azores to New York as well, and they will help you or your travel agent make both SAT and hotel reservations. The only way to see the other four islands is to take one of the interisland ships of the Portuguesa Transportes Marítimos (rta. São João, 6, Lisbon), but if their schedules are available in the U.S., it's the best kept secret in travel. Seeing the islands once you're on them poses no problems. The local tourist offices in Ponta Delgada (São Miguel), Angra do Heroísmo (Terceira), and Horta (Faial), are very cordial and helpful.

Faial, with a charming inn in the harbor fort and the new hotel Fayal, and Terceira, with two modern hotels in Angra, a tiny inn at Serreta, and a motel at the beach, are the best supplied with hotel space. Santa Maria's hotel rather Spartan but has a helpful staff. On São Miguel, both the São Pedro in Ponta Delgada and the Terra Nostra in Furnas are very attractive but very small. ■

**To help you plan your trip to Portugal, TAP has a number of free, illustrated brochures describing a wide variety of tours and excursions. Write to:**

*TAP—The Intercontinental Airline of Portugal  
601 Fifth Avenue, New York, N.Y. 10017  
Tour Department, Attention: Liza*

**And for a free and up-to-date information kit on places to go and stay write to:**

*The Portuguese National Tourist Office  
570 Fifth Avenue,  
New York, N.Y. 10036*

## VIRGINIA *continued from page 76*

For a stay at the shore, the *Ocean Dunes* (14) at Myrtle Beach, a luxurious new ocean-front motor inn, offers, in addition to its many amenities, a special all-expenses-included golf package.

Hilton Head Island has many resort communities where life is about as sybaritic as anyone could possibly wish. One, *Palmetto Dunes* (15) has a smashing beautiful portfolio of booklets and pamphlets. Included: map, price list directory of services, directions for acquiring your own property here, booklets describing all the facilities available. . . . Another terrific Hilton Head resort is *Sea Pine Plantation* (16) which offers 4 miles of beach, three championship golf courses, all outdoor sports accommodations in the

Oceanfront Inn or privately owned villas and homes. Special fall or winter package rates are included. **GEORGIA.** The old song says "just can't get sweet Georgia off my mind," and you'll see why in the lavish booklet *Georgia Days* (17) which describes and illustrates the varied attractions of the state—Georgia peach!

One of the great natural beauties is *Georgia's Stone Mountain* (18) and a packet of pamphlet describing it includes a map of the area, information on campground sports facilities, and inn to make your headquarters. . . . You will visit *Savannah* (19) and the Visitors Center has a slew of material including a schedule of events.

Georgia, too, has its share of beautiful resorts. *The Cloister* (1



(20) on Sea Island is an outstanding place to stay at an outstanding vacation spot. On St. Simons Island are two fine hotels. *Sea Palms* and *King and Prince* (1), the former, a great golf and tennis club, the latter a beach hotel. Between the two you get a fine opportunity to try your skill on all land and water sports.

**FLORIDA.** In Miami Beach, you might want to stay at either of two *Loyal Hotels* (22). One is right on the ocean and rates highly in the *Travel Guide*. It has gourmet restaurants, a championship golf course; every amenity imaginable. The other is a spanking modern hotel near the airport.

If you're not sure Walt Disney World (23) near Orlando is for you, a whole series of colorful booklets will soon convert you to the enchanting world of its own. The booklets tell all about it and all pretty breathtaking.

At the *Marco Beach Hotel and Villas* (24) located on Marco Island in the Gulf of Mexico, you'll find a whole new Floridian treat in a tropical island with miles of unspoiled white sand beaches. It has two 18-hole championship golf courses, tennis courts, and facilities for many other outdoor and indoor entertainments. . . . *Lake Buena Vista* is a vacation-resort community where you can own your own home or rent by week or month. On 3,500 acres nestled among the pines, you enjoy all the amenities. Disney World is nearby; beaches an hour away.

**ALABAMA.** *Alabama Has It All* exclaims a packet of little booklets, maps, photographs. And see it does—see for yourself. While exploring Alabama, you

might stop at *The Grand Hotel in Point Clear* (27). The "four-season resort on beautiful Mobile Bay," has a main house, private cottages, yacht basin, golf course, and offers many land and sea sports.

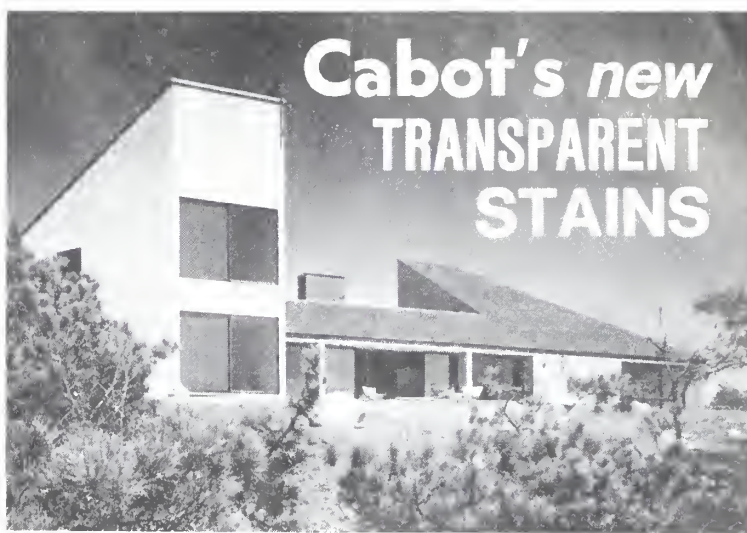
**MISSISSIPPI.** For a rundown on the many remarkable high-points of this state, *Mississippi—History, Heritage, Hospitality* (28), a portfolio of brochures.

The Mississippi Gulf Coast has great stretches of beach, comfortable hotels, excellent facilities for indoor and outdoor sports. See it in *Sun's Up on the Mississippi Gulf Coast* (29). . . . And for your stay there, the *Broadwater Beach Hotel* (30) whose brochure extols its accommodations, sporting facilities, and night-life attractions.

**LOUISIANA.** *Historic Louisiana* (31) is a paean to Louisiana's romantic past, listing ante-bellum houses and Colonial mansions you can visit, forts, battlegrounds, old churches, public buildings. . . .

*New Orleans is a True Original* (32), contains two booklets detailing the tours available for you to check it all out. . . . Most people want to stay in the Latin Quarter.

Two outstanding hotels: *The Mouton* (33) the largest in the Quarter, has six lounges and restaurants, a penthouse country club complete with swimming pool and putting green. Its brochure includes a map of the French Quarter and a guide to its famous restaurants. *The Saint Louis* (34) is a spanking new hotel, but modern only in its top-notch facilities—its facade, interior, and furnishings are in complete harmony with old New Orleans. . . . And go to *Baton Rouge* (35). The booklets describe its merits and give the scoop on where to stay and dine. ■



East Coast home; Architect: James Walker, Boston, Mass.; Cabot's Stains throughout

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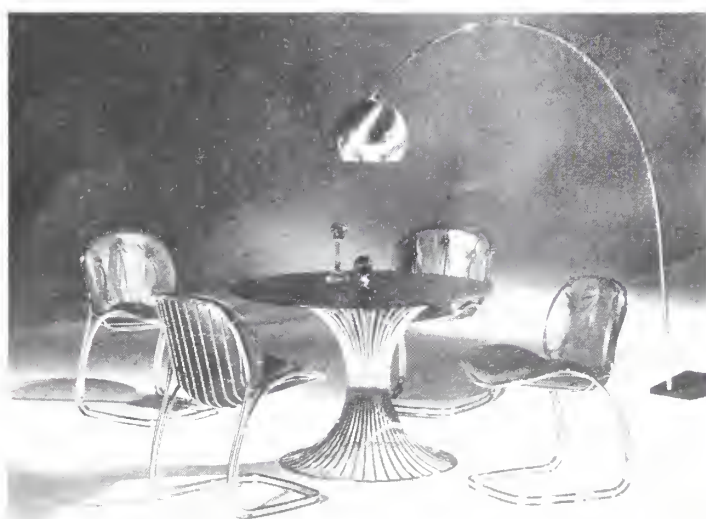
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9	10	11	12	13	14	15	16
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New York, N.Y. 10017

## KEEPING THE BEST, UPDATING THE REST

continued from page 82

Mrs. Henry Parish II of Parish-Hadley: "Wallpaper the rooms in silver tea paper."

Angelo Donghia of Burge-Donghia: "Close your eyes and visualize your room with all the pillows off the sofas, every table surface empty, rugs rolled up. Get rid of everything unnecessary in the room. Then take two big items out completely—any two—two chairs, a table and a chair, a lamp and a table. Put back only things you really need, and in fresh, clean colors."

Robert Denning and Vincent Fourcade: "Put in chrome or brass wall lights. If you have four big lamps with shades, replace them with six well-placed wall brackets, all matching."

Betty Sherrill of McMillen: "Update a room with color—be it red, green, or whatever. Almost any defect can be disguised, almost any effect can be achieved, with the expert use of color."

Jay Spectre: "Edit your room—instead of adding, take away. With time, rooms often begin to look burdened, and things no longer have the same importance. Then put in some sort of modern lighting. It can awaken a tired room and make old furniture and old colors look very special again."

Mark Hampton of McMillen: "Re-arrange! Look at the things around you and rearrange to make everything look fresh and new again. A room will look up-to-date and beautiful if there is a relationship between objects, furniture, and pictures. Even if you are eclectic or like clutter, organize to give a *oneness* to the room."

Ed Zajac and Richard Callahan: "Paint the floor. Any color you like, but paint it. Even if it is antique parquet de Versailles, paint it!"

Tom Britt: "Change your light. Use double-circuit track lighting with two dimmers on it. One to focus on paintings and sculpture, the other for general illumination."

Arthur Smith: "Simplify. Take out of the room everything unnecessary. Life is complex enough as it is—we want a simplified home life."

Pat Moss of Est-Est: "Add a good piece of art. Today's art that looks well with other things in the room will give it a truly contemporary feeling."

Bruce Gregga: "Slipcover the furniture and bring in lots of new flowers and plants. If there's a view, expose the view. If not, put

# travelog

## ARIZONA

### LITCHFIELD PARK



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tion spot where you  
will find pleasures to  
suit all tastes.

up some light-looking blinds. That way you free up the room a make it fresh and bright again." Leonard Stanley: "Add something joyous to your room, something unexpected, that has a new personal meaning for you—that you make any room come alive." Robert Hill: "Use gradations the same color throughout your room, preferably in a neutral color white or beige. Repeat in various textures in the fabrics so that whole room becomes shades of color. Or, alternatively, use a simple pattern, geometric, for instance all over."

William Hodgins: "Slipcover everything—in either a subtle contemporary print, or an interesting stripe."

Gary Crain of Burge-Donghia: "Clear out everything you do not appreciate or use now. Simply *duce* the room. Like cleaning out a closet, you'll feel that there is a change and that the room has been brought into a new existence."

Jay Steffy: "Take most of the furniture out and get the room down to the bare necessities." ■

## BUILDING FACTS

continued from page 163

lights and wall washers by H.L. Lighting Co.; in bathrooms and bedroom, exposed bulb strip light above mirrors.

**Hardware:** On doors, brass, Weiser Co.

**Fireplaces:** Damper by Majestic Co. Inc. Gas fireplace log by Charmel Products.

**Kitchen and bathroom cabinetry:** Wood, by Wilson Cabinet Co.

**Kitchen and bathroom countertops:** White Formica.

**Plumbing fixtures:** Stainless steel sinks in kitchen counters and in by Elkay Mfg. Co.; in bathrooms powder room, white and blue fixture by Crane Co.

**MECHANICAL EQUIPMENT AND APPLIANCES**

**Appliances:** Built-in double or four-burner electric counter cook refrigerator freezer, undercounter dishwasher, food waste disposer, under counter trash compactor, laundry washer and dryer by Whirlpool Co. built-in counter grill with vent by Jenn-Air Corp.; ventilating blower fan by NuTone, Inc.

**Water heater:** 82-gallon.

**Water refiner:** Water Refining Heating and cooling system.

Forced warm air heating using ducts for cooling. Furnace and cooling unit by Bryant Mfg. Co. Con by Honeywell. ■



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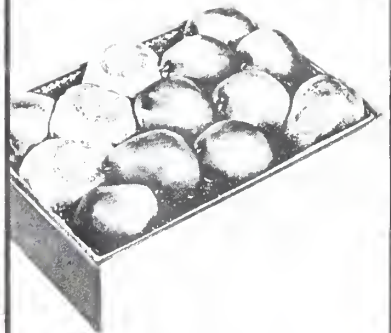
- June — Home-Canned Fruits
- July — Giant Kiwi Berries
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- Sept — Oregold® Peaches
- Oct — Alphonse LaValle Grapes
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CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

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Greetings to read: \_\_\_\_\_

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STREET \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Quantity	Name of Gift	Order No	Amount
			\$

Ship to Arrive for Christmas  Ship to Arrive On (Date) \_\_\_\_\_ Use Card I enclose  (Max 3 1/2 x 5)

Greetings to read: \_\_\_\_\_

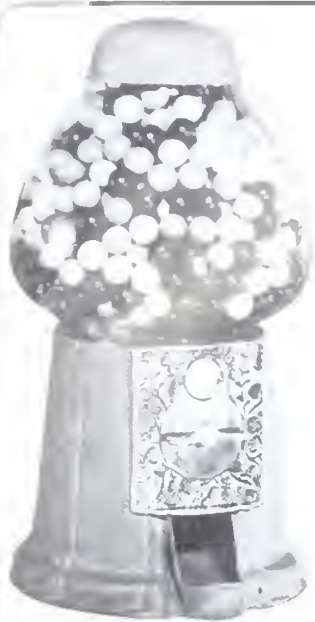
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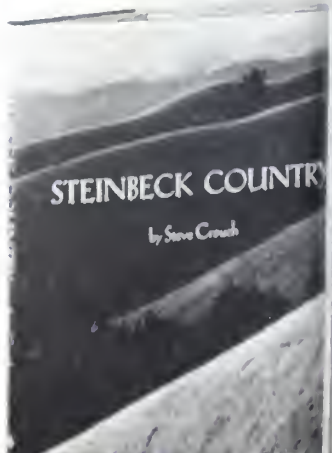
### IT'S THE ANSWER

A sturdy fold-up table that rises to the occasion. Stands 21" high for a coffee table, adjusts to 23" for an end table or 25" for a game-snack table. Top opens to 24" diameter. Honey or antique pine finish, \$37.50; kit, ready to assemble and paint or stain, \$26.50 Ppd. Yield House, G40, No. Conway, NH 03860.



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BUILT  
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### RAG DOLL RUG

Easy-to-make latch hook rug, *Pat and Dave*, in red, white and aqua on white ground. 30" by 40". Stamped canvas, acrylic yarn, \$39.70, with 100% pure virgin wool, \$50.50 plus \$1 post. (Latch hook \$1.25). Send \$1 for 56-page catalogue of latch hook rug designs; 50c for creative craft catalogue. CraftAmerica, Inc., HG-104A, American City Bldg., Columbia, MD 21044.



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Graceful 19th century design. *Sleepy Hollow* chair crafted in solid Honduras mahogany, fine hand-carved details, luxurious tufted back, loose cushion. 30" w., 32" d., 41" h. In velvet, \$274.95 exp. coll. Write for other fabric covers. Send \$1 for Victorian catalogue. Martha M. House, HG10, 1022 So. Decatur St., Montgomery, AL 36104.

### JUNGLE BEAUTY

New look at the endangered species. Jungle creatures—elephants, lions, tigers—emerge from African flora on white embossed ceramic cachepots. 5½" h. by 6" dia., \$8.95; 6½" by 7½", \$14.95; 8" by 9", \$16.95 plus \$1 each post.; three piece set, \$39.95 plus \$2.25 post. Elizabeth McCaffrey, HG10, Northport, NY 11768.



## a swirl of Lucite steps!

It's a spiral staircase, a stunning showcase for plants or a prized collection! Crystal-clear shelves rise around a center pole, rest on clear risers all around so they're solid and secure. Beautifully crafted in U.S., a Lillian Vernon design. 21¼" high overall, takes only a square foot of space. Shelves are 12½" long, 6" at their widest. Comes assembled; decor sold below. #8031—Spiral Staircase ..... \$29.98

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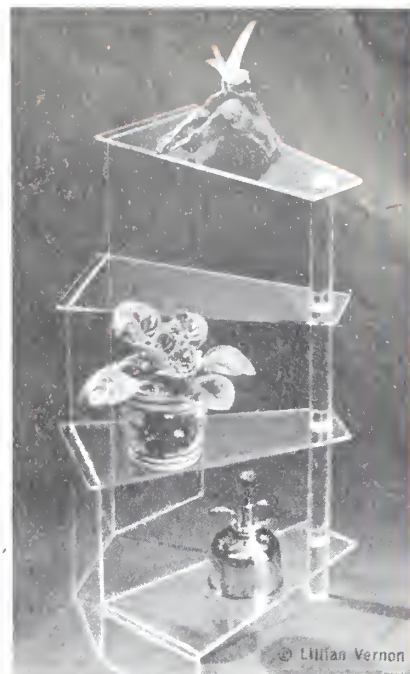
Italian Cachepot. Hand painted on white, ass't florals. 4½" diam. #7122—Cachepot ..... \$4.50

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**Lilly's Garden** Add \$1.50 post. & hdlg., N.Y. res. add taxes



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### Pistol-Handled Stainless

in an heirloom tradition  
**Old Westbury FULL DINNER SIZE**

An exact replica of a famous old sterling pattern with impressive full dinner size graceful pistol hollow handled knives, 3 tined forks and rat-tailed spoons in heavyweight hand forged pewter-like satin or polished stainless. Service for 8 includes 8 dinner forks, 8 dinner knives, 8 salad-dessert forks, 8 soup spoons, 16 tea spoons, plus sugar spoon, butter knife and 2 serving spoons.

OPEN 52 piece service for 8 \$39.95  
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Available with a full complement of extra accessories including the unique hollow handled serving spoons, creamer, teak knife and handled coffee or tea server.

**Jennifer House** Dept. HG-104  
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Be original — give "LOVEABLES" Custom full color, watercolor art from an original animal alphabet. Ideal for new babies, weddings, birthdays, house warmings, anniversaries — you name it! 9"x12" matted in yellow, blue, pink, green, orange or red. Up to 8 letters only \$4.95 each matted. Additional letters 50c each and size increases to 14"x18" matted. You can also add your own slogan or special message. 14" x 18" complete alphabet available at \$10.95 matted. Specify capitals or small letters. Postage and handling 75c up to 3 pieces to the same address. Orders shipped within 48 hours of receipt. Send check or money order to.

**Laura's Loveables**  
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Ca. residents add sales tax

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#### Simply Dreamy

Our beloved ankle-length cotton flannel granny gown from Lanz has pretty eyelet ruffles at neck, yoke and cuffs. Enchanting blue/red/green house-and-flower print on white. Sizes XS, S, M, L \$17.00. Add \$1.25 for postage.



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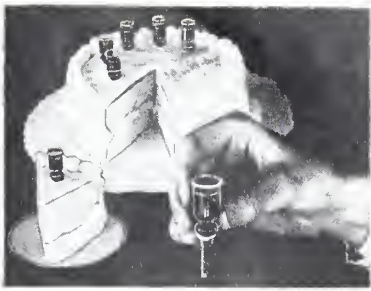








**Copper-Clad Mini Saucepan**  
 miniature version of the famous  
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 of satiny-finish stainless steel with  
 copper-clad bottom and marked  
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 as a measuring cup, butter and  
 chocolate melter, sauce server, baby food  
 warmer. With stay-cool plastic handle.  
**RF726-6—Mini Saucepan ..... \$2.50**



**Celebration Toast Glasses**  
 A charming, distinctive way to give  
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 wedding, welcome or farewell! Hand-  
 blown toast glasses are 2 3/4" long,  
 hold 1/3 ounce of your favorite wine,  
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 you perch them atop cake, ice cream,  
 through place cards. Set of 12.  
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**Tree Removal Bag**  
 Makes after-holiday cleanup easy!  
 Heavy white plastic bag can be  
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 bag can be pulled up over the tree,  
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 out leaving a trail of fallen needles.  
 A full 90x144", it also provides dust-  
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 Tell the world what's on your mind!  
 If you've got something great to say,  
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Christmas Dreams  
 Begin at  
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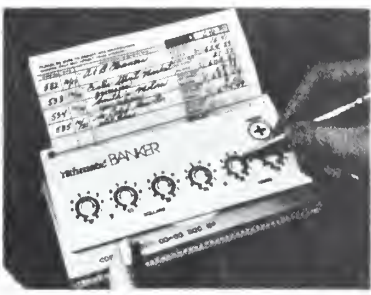
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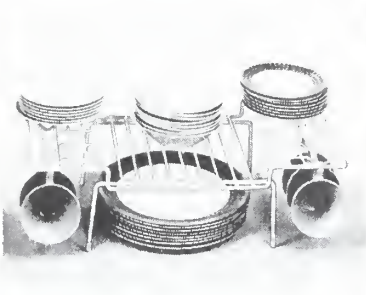
*Albert Kimball*



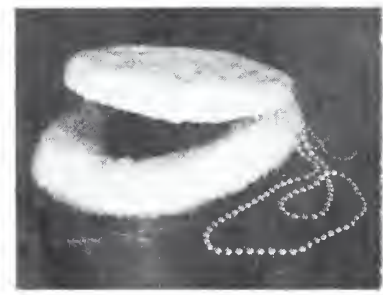
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 Reminiscent of the days when the  
 whole family sat around the radio  
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 Fibber McGee and Molly! Charming  
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**RF18-6—Music Box ..... \$5.49**



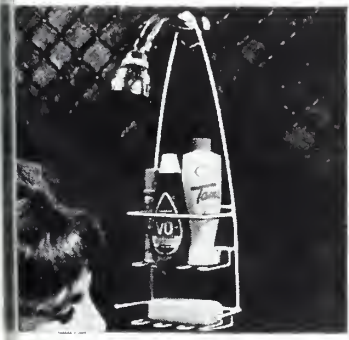
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 If you find it a task keeping your  
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 ate this handy checkbook calculator.  
 Simply dial in deposits and deduc-  
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 Store an entire service for eight—  
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 dinnerware safely, neatly, with no  
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 you need pieces. A real space-saver!  
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**Grayline Shower Caddy**  
 There's no point in groping about in  
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 handy caddy! It hooks over the show-  
 erhead, provides two bars for wash-  
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 Tell the world your tot is on his way  
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 Soft 10x14" terry bib has a wipe-  
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**RATTAN SWAG LAMP**

**\$18.95**  
plus \$2.00 postage

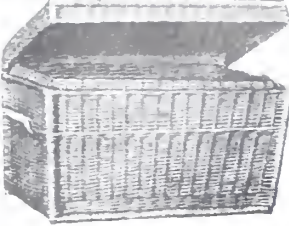
Beautifully handwoven of natural rattan. Fully electrified with dimmer switch, adjustable height from ceiling. 14" spread 11" high with 18" ft rattan chain and hooks for hanging. Use up to 150 watt bulb. Painted add \$3.00.



**VICTORIAN WALL SHELF** Holds books, knick-knacks, beauty aids on two sturdy wood shelves. Handwoven of natural rattan. 15" x 7" x 18" high. **\$11.95** plus \$2.00 postage. Painted add \$3.00.

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Flowing fit in a Persian print lounge of all-cotton woven terry that needs no ironing. Extra long front zipper. In multi-color paisley on beige ground. S(8-10), M(12-14), L(16-18) and XL (20). \$24.95 plus 50c post. The Tog Shop, HG10, Lester Sq., Americus, GA 31709.



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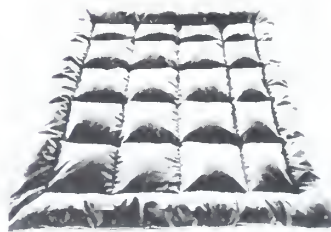
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**GIFT PLATE**

"Christmas in the Village" by designer Henry Thelander is a raised motif in underglaze shades of Copenhagen blue. 7 1/4" dia. Bing & Grondahl 1974 plate is 79th consecutive one in a series. Boxed. \$22 ppd. Little Elegance, HG10, Box 831, Saddle Brook, NJ 07662.



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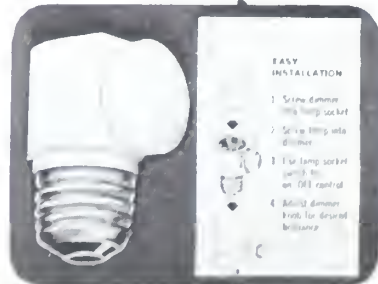
Round-cornered cutting board of crystal-clear Lucite® has new pebbled fashion finish that adds elegance to your dining room. Unbreakable, stain-resistant, heat and mold resistant. Formica and pretty lines. Your knives are protected as you slice. Perfect for carving. Makes unique serving trays. Here, board or place mat. Top surface dishwasher safe.

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Send 25c for 64 page Christmas catalog of unusual items.

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SHOPPING AROUND

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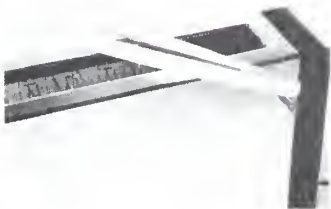
TIE VALET

Men who save ties or hang them anywhere will appreciate an accommodating holder of solid cherry. "Hooks" of 3-ply veneer. Dark cherry or buckwheat honey finish. 17 1/4" l. x 2 3/8" w., and opens to 3 3/8". \$32.35 ppd. Carl Forslund, HG10, 122 E. Fulton St., Grand Rapids, MI 49502.



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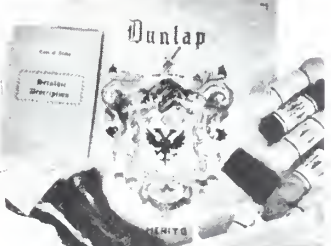
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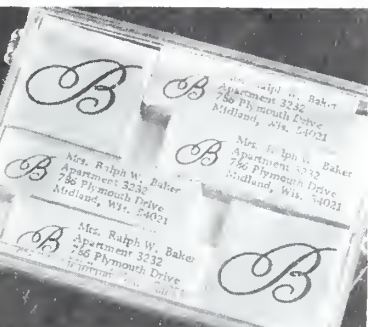
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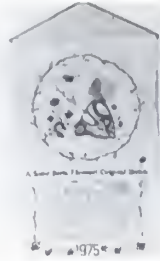
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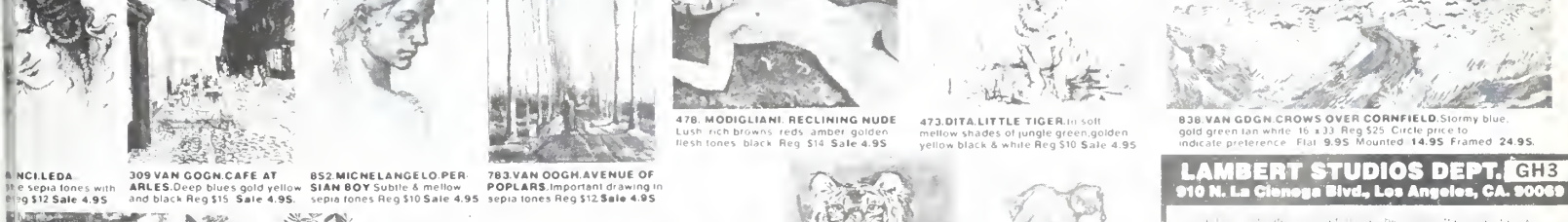
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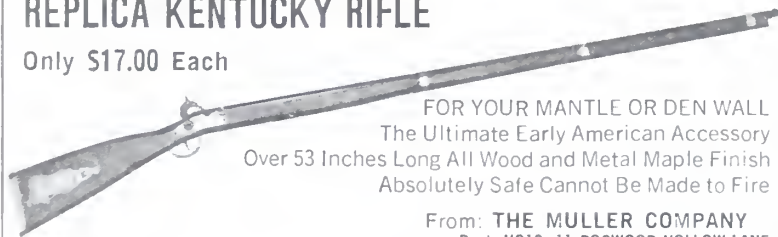
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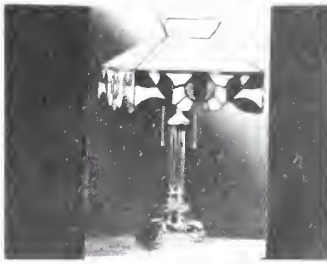
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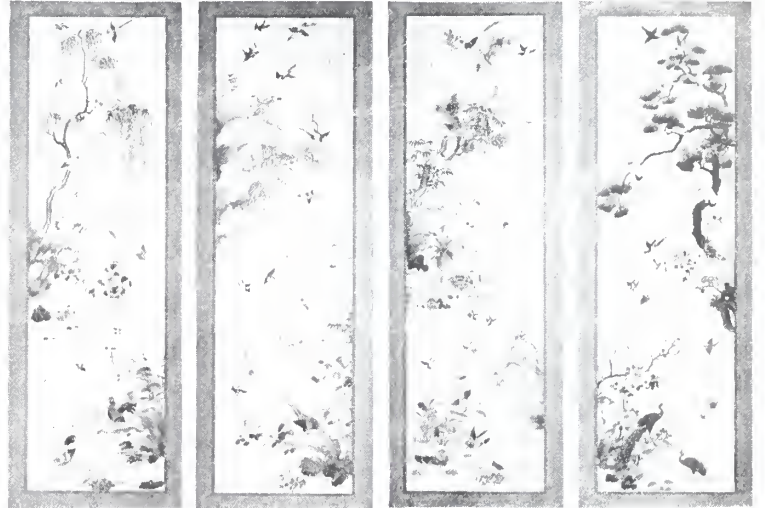
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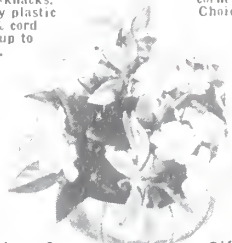
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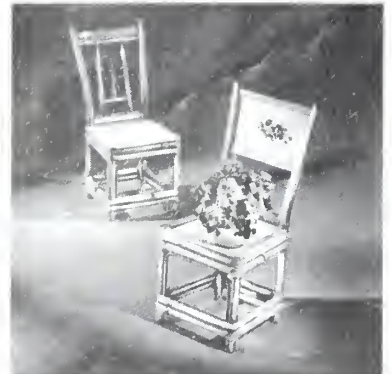
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COLORS: GOLD, BLACK, SILVER, WHITE.

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Sporty and spirited wedgies with luxurious foam-cushioned insoles, bouncy crepe soles, beautifully grained, stained-wood 1½ inch heels.

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## SHOPPING AROUND



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Unique two-in-one silver polish. Replates worn areas of silver plate as you polish! Helps prevent tarnish, contains pure silver to keep pieces gleaming bright. Long lasting 4-oz. bottle, \$2.69 plus 35c post. Crown Castle, Ltd., Dept. SP-5, 51 Bank St., Stamford, CT 06901.



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Double-faced adhesive vinyl tape for rugs and carpets at the patio and porches. 1½" wide, it is easy to apply; re-usable. Prevents skids or falls. Waterproof to withstand splashing. 12' roll \$1.98 plus 25c post. Anthony Enterprises, HG10, 585 Market St., San Francisco, CA 94105.



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"Plant of life" thrives on just in early life, can reach up to at maturity to produce red and green jewel-like clustered flowers. Can also produce many other plants. Flown from Hawaii. Thr \$3; six, \$5. Ppd. Gary Evans Hawaii Nursery, NO-2, 175 F Ave., New York, NY 10010.



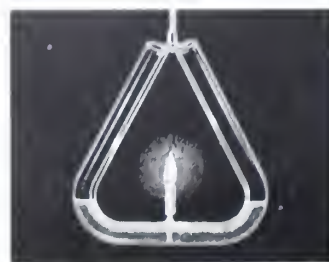
### SOFT SLEEPING

Smooth, Elegant satin sheers machine-washable! Black, white, gold, royal blue, avocado plum. Set: fitted bottom sheet, straight top, two cases. Twin \$19.50; full, \$20.50; queen \$23.50; king, \$27.50. Ppd. R. Creations, D5, 330 Fifth Ave., NY, NY 10001.



### WEEKEND WATERER

When the folks are away over weekend, Fido still gets a supply of fresh water from a gauge plastic storage unit holds three quarts. Each, \$4.95 plus \$1.98. Add \$1 post. Catalogue of cat and dog accessories. 25c. Du-Say's, Dept. P-47, 24407, New Orleans, LA 70110.



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Handcrafted glass triangle 6" by 5" w. frames a unique glass wick that burns colored flame giving a soft candle flame. To fill through top opening burns for six hours \$7.95 plus \$1.98 post. Vitro Dynamics, Inc., HG10, Beach St., Rockaway, NJ 07866.



# Why Models Stay Young Till Sixty!

Revealed at last! By the world's most beautiful women — who make their living by being, and staying, young! What they really do to:

—add *not a single pound* to their figures, even though they add five, ten, twenty or thirty candles to their birthday cakes!

—rinse so much shine into their hair that it has to be powdered down so it doesn't glare into the TV cameras!

—smooth out ugly veins from their hands and feet, in exactly the same way that they smooth out ugly lines from their necks and faces!

—leave their double-chin in bed when they get up in the morning, because they know the right way to simply "sleep it away!"

—"pearlize" their skin, so you would never dream that they too suffered from blackheads, enlarged pores or acne!

## These Beauty Secrets — And Dozens More Just Like Them — Earn These Women Up To \$100 An Hour! Now They Are YOURS For Only A Few Pennies Apiece!

What we are offering you, in fact, is the world's first "inside" manual on how ordinary women (with perhaps a slightly better face and a slightly better figure than yours) are transformed overnight into stunning beauties! With pounds carved painlessly off their figures! Years smoothed effortlessly off their faces! Every good feature perfected, and every bad feature either corrected or disguised!

And then — when the absolute exquisite face-figure has been created out of the raw girl who first came into the studio — this dazzling physical beauty is then "frozen" against time and weight-gain-of-even-an-ounce for ten . . . twenty . . . even forty years!

For great models are not born; they are made! (On page 10 of this eye-opening volume, you are taken behind-the-scenes in the most glamorous "sorority" in the world, and you are shown that there is scarcely a model alive who did not need to have ten or twenty pounds whisked off her figure, and a major transformation made on her face, before a top model agency offered her a contract!)

But these women made themselves slim, and made themselves radiant far more cleverly and easily than you have ever dreamed. Let us prove that to you right now:

## Take Slimming, For Example! How Would You Like To Eat What You Want, When You Want It — And Still Get And Stay Slim Forever!

Let us just quote *one* of the models whose "forever-young, forever-slim" secrets are revealed here! She says, quite frankly, "I positively adore food. And I never, but never, starve myself. Yet I weigh the same today as when I started modeling more than ten years ago." (Italics ours.)

Why? Because she uses the "Self-Maintaining Diet"! The diet that's fun, that's the happiest of adventures! That actually tames, overnight, those sudden wild urges that destroy your figure! That re-educates your taste buds and your metabolism, so that you find yourself able to eat what you want, when you want it, without gaining so much as an ounce — and (at least at the beginning) losing as much as a pound a day!

Using this diet strategy, food becomes an ally rather than an enemy! It fills you up, but never out! Using this strategy, one model went from 140 pounds to 123 pounds in well under a single

### ABOUT THE AUTHORS

**OLEDA BAKER** (pictured at the right) is a well-known fashion model and cover-girl who also performs in television commercials. Between modeling assignments, she paints, designs jewelry and clothes, and takes care of her husband, her son, David, and their New York home.

**BILL GALE**, a former award-winning advertising copywriter, has written for many national magazines.

month — and she still ate what she pleased on weekends!

Using this strategy, every other model (with the exception of one or two) who faithfully followed it for ten days *lost ten big pounds — to start!* Another (a perfectionist) went from 133 to 97 pounds! Another, who was bottom-heavy, not only shed ugly pounds all over her body — but spot-exercised the flab right off her bottom so perfectly that she now does bathing suit ads!

## And This "Frozen Slenderness" Is Only The Beginning Of The Stunning New Beauty These Top Models Can Give You! Without Your Risking A Penny!

For example:

Of all women, a successful model must always be a healthy, sexually vibrant, powerhouse of energy! She must be able to "turn on the dazzle" at a moment's notice — despite the fact that she has been dashing all over the city, toting pounds of clothes, a make-up kit, and often a wig box! Here are the "glamour vitamins" that turn on such amazing stores of physical vitality — ready to go to work for you within seconds after you read page 42!

Nor can an \$80-an-hour model afford the slightest trace of dandruff! After trying all the expensive treatments and preparations, here's how they simply rinse the ugly flakes away, at home, in seconds for pennies! (Page 63.)

And glasses are out too! Weak eyes, aging eyes, dull eyes can cost a model her career! These top models believe that most women take to spectacles simply because of lazy eye muscles, just as most women take to girdles because of lazy body muscles! And if you want to escape the "eye-glass-prison" — perhaps far faster than you've ever dreamed — check page 68 the moment you get this book!

And how about strong, sexy teeth! Did you ever hear, for example, of the new sealants that can be applied to your teeth in seconds, to shield them from harmful bacteria! (See page 73.)

**SPECIAL BONUS SECTION:** Tips from top hand models that may solve your rough, red problem forever! They say bluntly that there is simply no excuse any longer for hands that are anything else but silken smooth — and nails that are as strong as steel! One glance at the "magic" hand exercises on page 81 may convince you, for good!

**PLUS**, of course, the same "million-dollar-know-how" for your feet as well! Including a natural-fruit way to keep their skin exquisitely white and fine-pored! And a simple little action that builds a natural-shield against calluses right into them!

## These Models Say Old-Fashioned Huff-And-Puff Exercises Are OUT! If You Want A 28-Inch Waist At Age Sixty — Do This Instead . . .

Just *MOVE* the way you're shown on pages 89 to 103 . . . and watch inches seem to evaporate into thin air — as though you could practically "smile" them away!

Here are special, super-effective slimmers for the stomach, legs, hips, calves, derriere, arms, bosom — and especially that embarrassing "below-stomach bulge" that otherwise grows larger and larger! Also two startling "firmer-uppers" for neck lines and for bags under your eyes that you must try at once if you suffer from either one!

Incidentally, if you want to smooth out lip wrinkles, also check page 101 at once!

And this is still just the beginning! We just don't have room enough here to mention all the professional beauty secrets revealed at last in this eye-opening book! For example:

How to eliminate muddy, bumpy-looking complexion with nothing but water . . .

How to get rid of "early morning wrinkles and bags" in minutes . . .

How to build a voice as seductive as your new body — a complete mini-course . . .

How to achieve the illusion of a near-perfect face (for example, if you have a receding chin, how to "add" to it in seconds) . . .

How to blend your own shampoos, skin creams



This is an unretouched photo of 39-year-old Oleda Baker, author of this eye-opening new guide. Would you believe her age? Learn about youth-secrets, and those of dozens of other top models, entirely at our risk. Read the details on this page!

and facials, that cost almost nothing, but far out-perform the expensive kind . . .

## And Much, Much More! But Read Them All — Prove Them All, From Cover To Cover — Without Risking A Penny!

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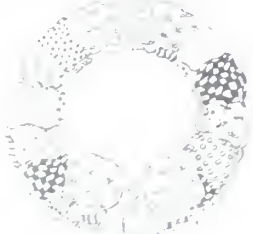
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**SHOPPING AROUND**



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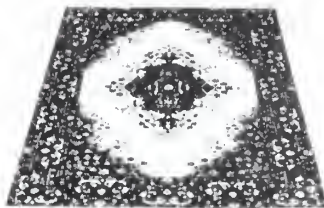
### NUMBER, PLEASE

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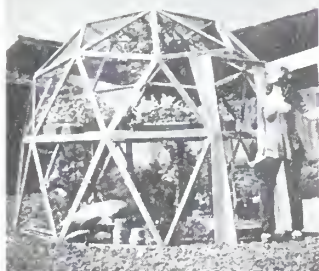
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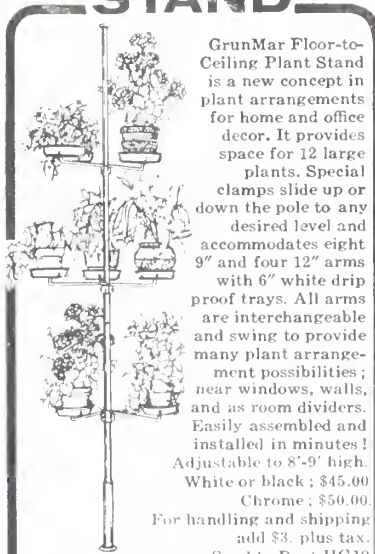
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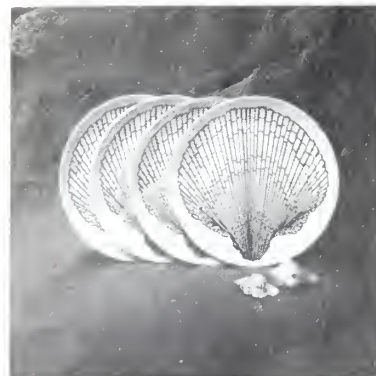
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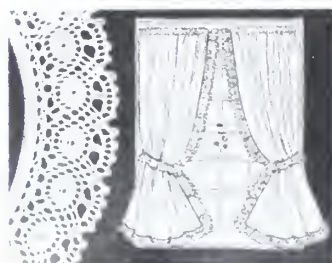
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Replica of 1810 candlestick, to create from sanded ready-to-finish hardwoods. 20" h., shade in white or beige shantung or oyster or natural burlap (specify). Kit, \$13 plus \$1.50 post. (\$2.50 w. of Rockies). Baxwood Crafters, PHG-410, 1141 Commercial Dr., Lexington, KY 40505.



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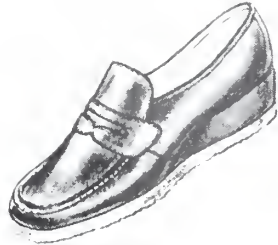
### STERLING DUET

A delicate pair of silver balls emanate from a fanciful curving silver ring. \$17.95 ppd. State size. Slip-over bracelet of sterling silver has silver ball gliding around gracefully as the wearer moves. \$14.95 ppd. Oleda Unlimited, Inc., HG10A, 15 E. 63rd St., New York, NY 10021.



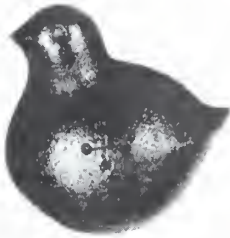
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Get that walking-on-a-cloud feeling in a soft leather slip-on shoe with bouncy crepe 1 3/4" wedge platform, cushioned insole. Elastic hugs the instep. Sizes 5-10, M. Black, brown or white. \$16 plus 90c post. Old Pueblo Traders, 600-HOC-So. Country Club Rd., Tucson, AZ 85716.



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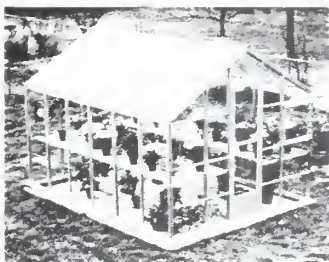
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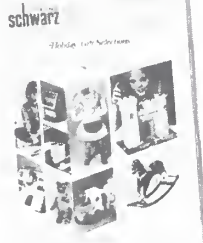
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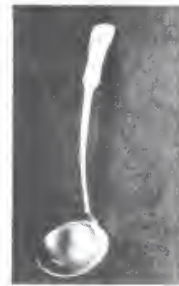
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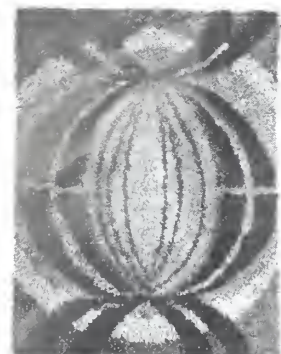


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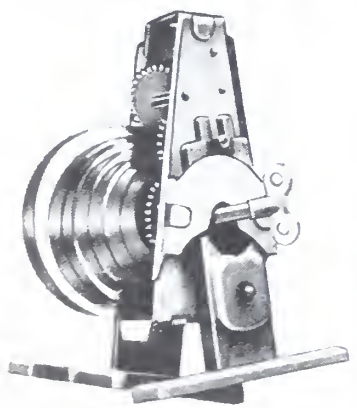
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1 Mechanical Man (45382) at \$2.00  
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8 1/2	10	22.45
9	14	27.05
9 1/2	14	27.45
10	11	26.25
10 1/2	11	26.25
11	10	30.65
11 1/2	10	30.65
12	12	40.25
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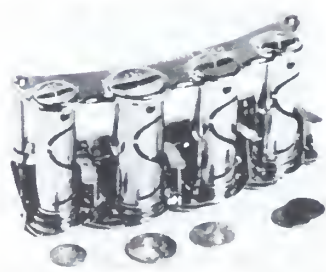
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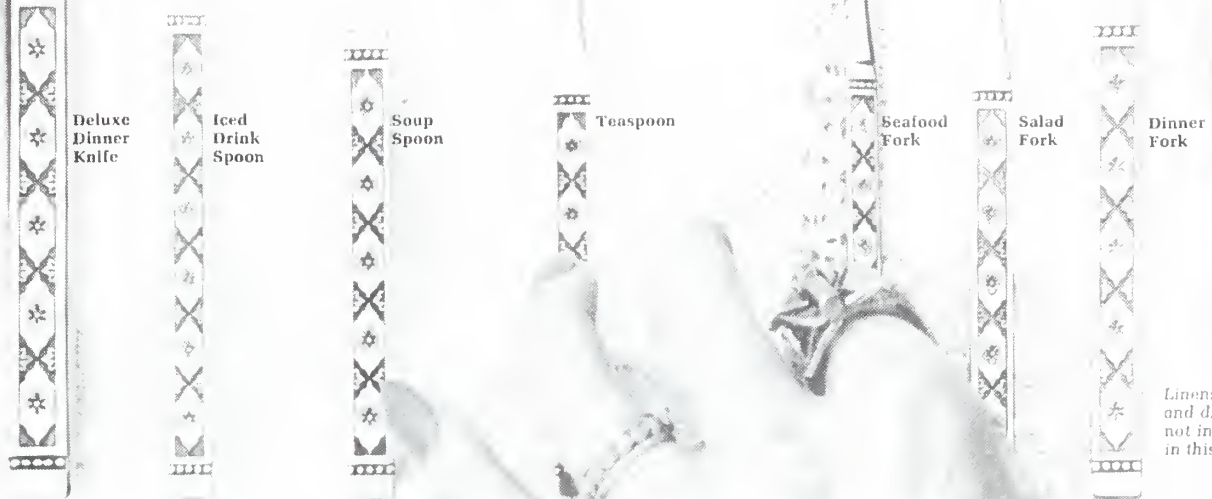
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3 Lisbon



4 Mansion Park

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2737





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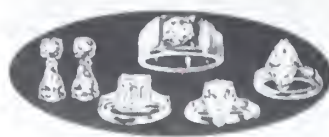
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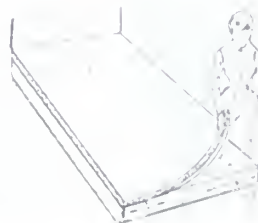
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585 Market St., San Francisco, Calif. 94105

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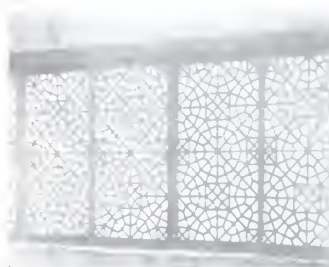
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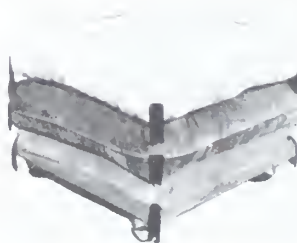
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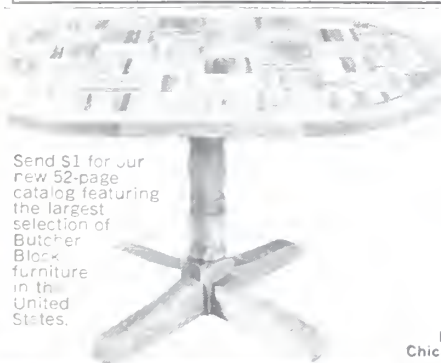
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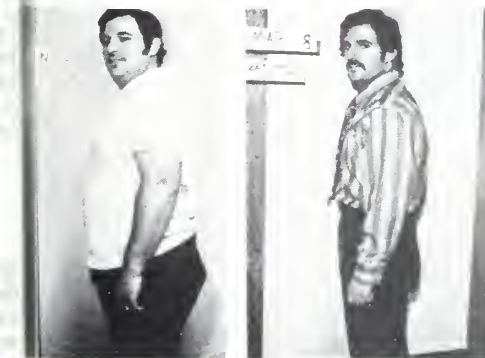
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Robert Harralla — lost 78 lbs.

When a new reducing method is so successful that employees of other systems use it, you know it must be terribly effective.

Such is the case with the remarkable system developed by Dr. L. Melvin Elting and Dr. Seymour Isenberg. Dr. Elting is a Board Certified surgeon and one of America's best-known obesity specialists. Once 202 lbs., he lost 50 lbs. in 6 months himself with the plan and has remained at the same weight for over nine years. And Dr. Isenberg, his partner, also a prominent obesity specialist, went from 198 to 158 with it. Even more impressive: they've tested the plan on thousands of their patients. And they've proven that it works.

Among those patients have been Weight Watcher instructors who had to lose weight to hold their jobs, airline stewardesses and heads of major corporations, and a number of embarrassingly overweight doctors who had—like most doctors—treated obesity in the traditional way to see it fail time and time again.

### Dr. Elting's 5 promises to you

His promise to you is that you will lose 14 lbs. the first two weeks. That you'll continue to lose as all his other patients did. That you'll reach a healthy normal weight—without constant scale-watching and calorie-counting, exercising, dietetic foods, dangerous pills, boring diets, or other hardships and discomforts. That you won't be courting ketosis—which could in the immediate future be even more dangerous than obesity! And that you'll never go hungry. (His plan will let you have more to eat than you can possibly want.)

Thousands have gladly paid hundreds of dollars for treatments. You can now obtain his entire program, complete, by mail—for no more than you'd pay for a single fattening restaurant meal. Let us explain why this plan accomplishes such seeming miracles.

### Obesity is a disease. And certain foods are the medicine.

Dr. Elting acknowledges obesity for what it is—a disease. A disease for which the medicine is certain foods. These foods—which you can enjoy along with a groaning table of other truly irresistible foods—share this trait: They are "fatabolizing." That is, they satisfy like fattening foods, but help you lose weight instead of gaining it.

With his plan, you soon reach the point where it takes less to satisfy your hunger. Meanwhile, you can eat whenever you want. And eat virtually anything. Fats, fried foods. Six hamburgers in a row, if you like. Foods you've been denied in previous weight-loss programs.

And in a little while longer you reach the Fat Free Level that is just right for you. (The program explains how to tell.) Then a marvelous thing happens.

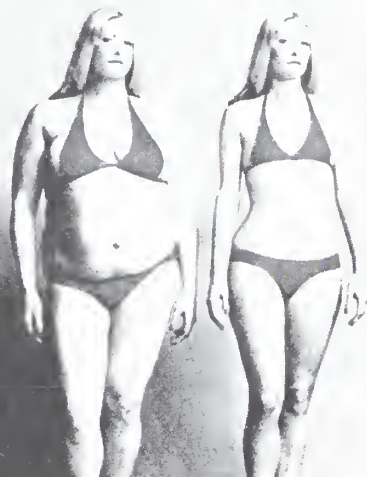
You can eat anything and not gain weight ever again. Sure you'll want to keep a check on your weight, now that you're slim and youthful looking again. But now you're in such great shape, it'll be a pleasure to look at the scales each day again. And that's it! You're home free. Fat free. Forever!

Now here are some of those other advantages Dr. Elting promises:

### Check all these other advantages.

1. Name any restaurant. You can order a meal there and enjoy it even while you're losing weight. Any nationality! And you needn't even worry about the salt they season it with.
2. The lady of the house needn't bother cooking special foods for the man of the house. Never!
3. Your weight not only goes down—it's redistributed in a much more appealing way.
4. You lose that weight very, very much faster than you gained it.
5. You'll have softer, younger looking skin.
6. You'll avoid the bad breath, constipation, fatigue, nervousness, and irritation you get with so many diets.
7. You'll feel more vigorous, be much more attractive, and look better in your clothes.
8. You'll probably have fewer colds.
9. You'll learn some fascinating tricks that will help those "fatisifying" foods perform their miracles. Such as:

## You can be fat free forever



THE "FATABOLIZING" FACTOR  
Imagine! Certain foods that satisfy like fattening foods, but make you lose weight instead of gaining it!

- How your camera can help you lose.
- A new, much more sensuous, more enjoyable way to eat. (It's why gourmets are rarely fat.)
- Why you should never eat standing up—especially at buffet dinners.
- A 100-yard walk with two 50-lb. sacks of flour that you'll never forget. (This trick alone could be worth far more than the small price of the plan. What it teaches you about your fat could help steer you away from a heart attack.)

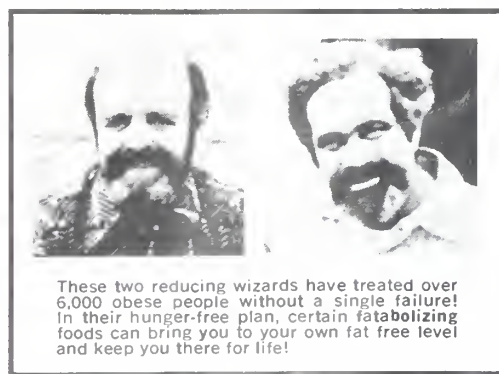
Why spend another day worrying about a disease when the treatment is so simple?

Discover the plan that has worked for 6500 overweight men and women, including instructors of Weight Watchers and doctors afflicted with the same frustrating disease you've been fighting so unsuccessfully. Or else you wouldn't have read this far, right?

### TRY IT 30 DAYS ON THIS NO-RISK BASIS

Order Dr. Elting's plan now on this completely risk-free basis. If you don't lose 14 lbs. the first two weeks with this plan... or if after 30 days you're not overjoyed with the results... just return it and we'll refund every penny.

Mail the coupon now. Don't let another good resolution go down the drain along with those shining promises you've made to yourself before.



These two reducing wizards have treated over 6,000 obese people without a single failure! In their hunger-free plan, certain fatabolizing foods can bring you to your own fat free level and keep you there for life!

### Mail this NO-FAILURE Coupon today

American Consumer, Inc., Dept. FP-9  
Caroline Rd., Phila., Pa. 19176

Please rush FAT FREE FOREVER in 1st edition hardcover. I must be delighted or I will return the book within 30 days for a full refund.

I enclose \$\_\_\_\_\_ (\$7.95 per copy plus 45¢ to partially cover postage and handling).

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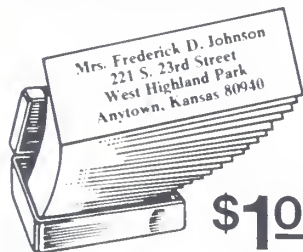
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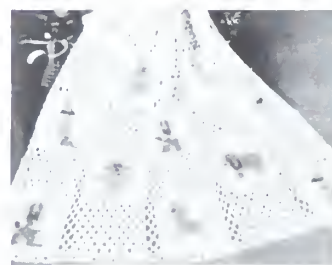
### COURTLY TRADITION

Copy of antique loveseat has carved frame and inset arms. Channel welted back, loose cushions add to comfort. 55" l. by 36" h. by 22" d. seat. Choice of fine fabrics. \$399.95 exp. coll. Catalogue with swatches \$1. Magnolia Hall, HG10, 726 Andover, Atlanta, GA 30327.



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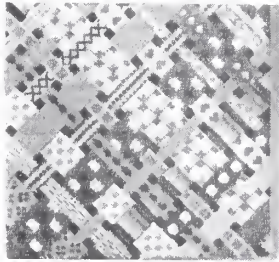
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Everything's at the ready at cocktail time in a portable bar that travels wherever the party is. 30" x 15" beige poly foam frame has built-in ice bucket, grooves to prevent bottle tippage. \$6.98 plus \$1.25 post. Harriet Carter, Dept. HG-1234A, Plymouth Meeting, PA 19462.



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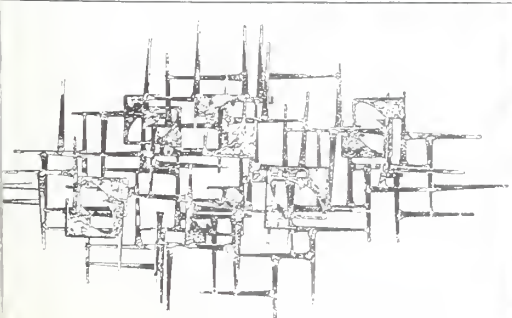
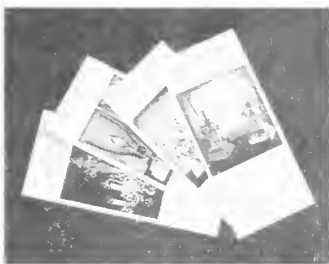
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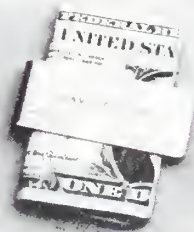
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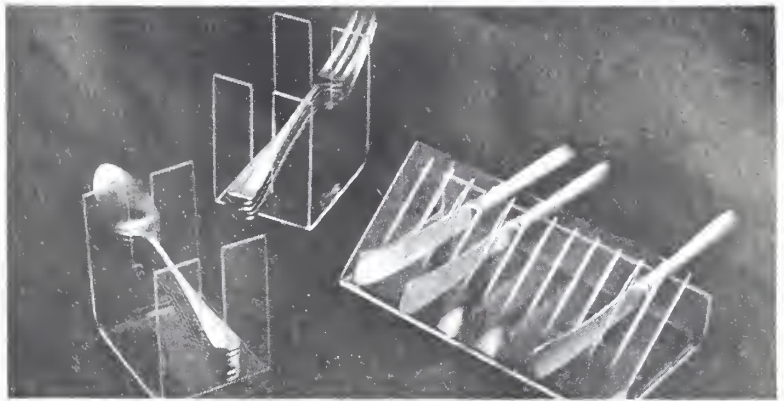
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7627



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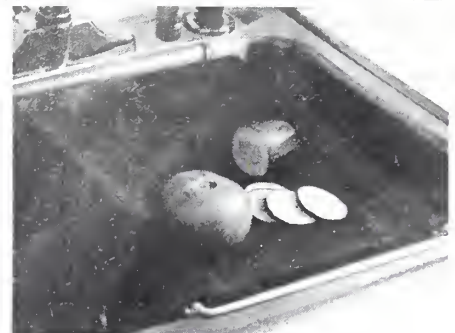
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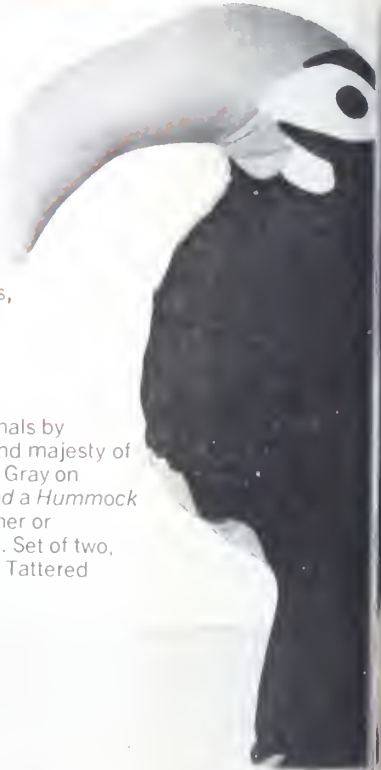
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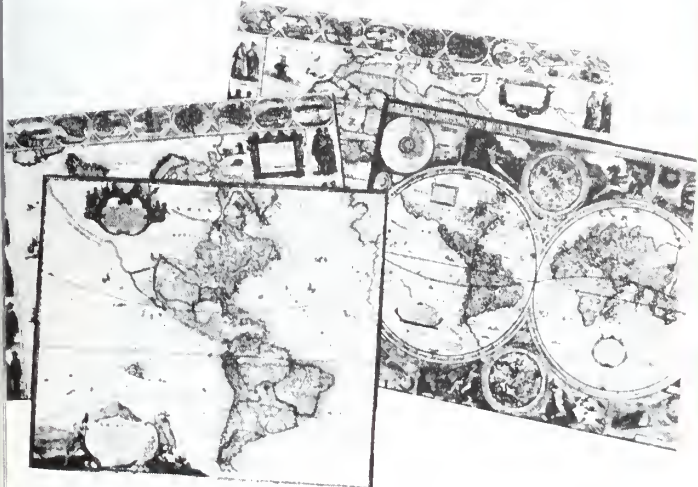
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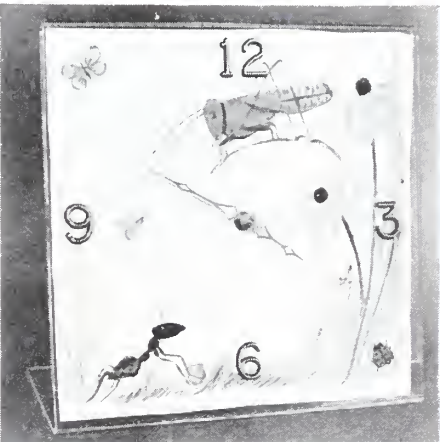


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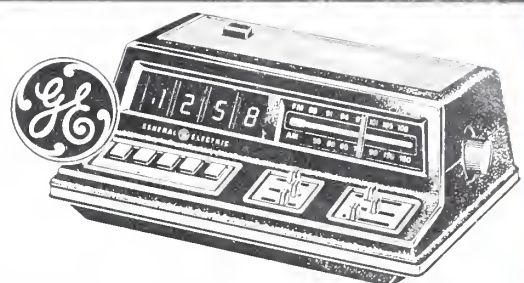


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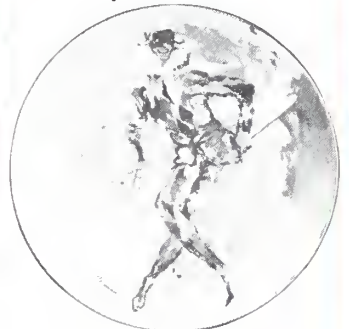
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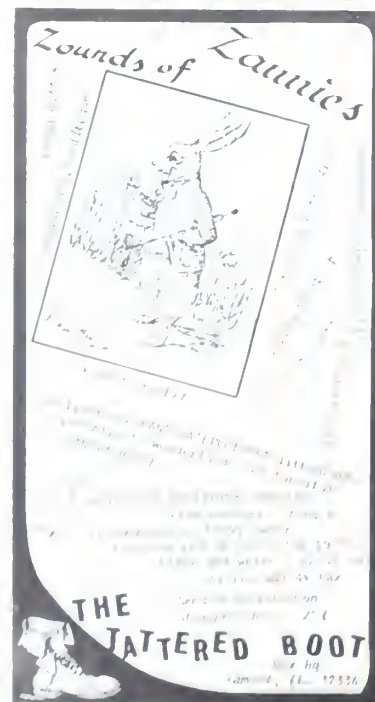
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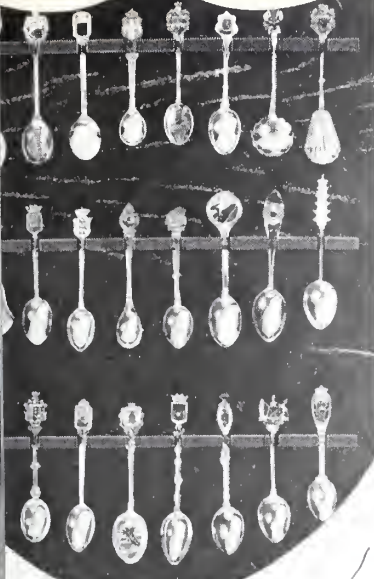
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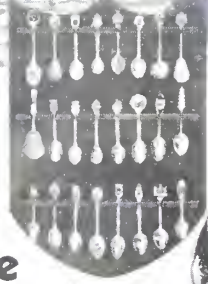
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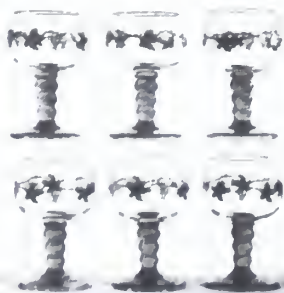
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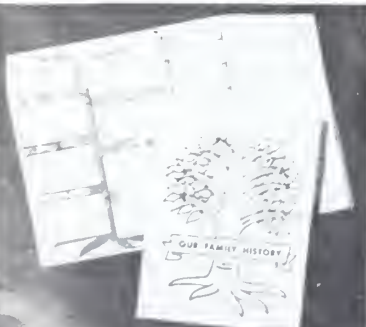
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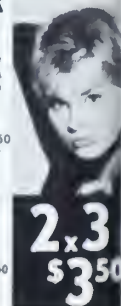
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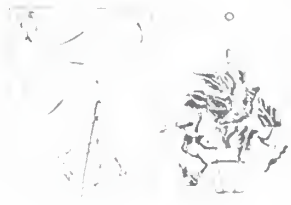
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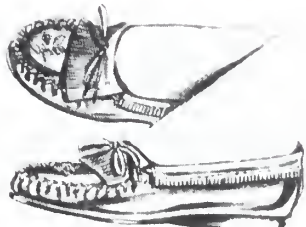
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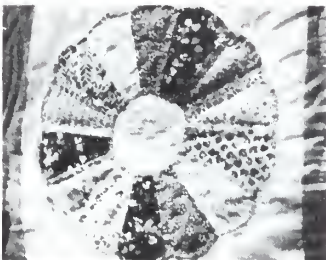
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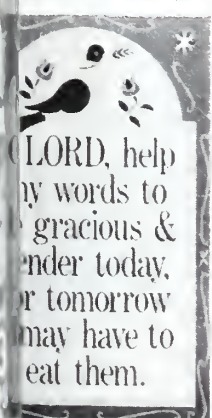


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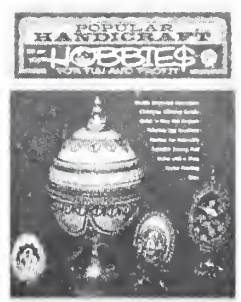
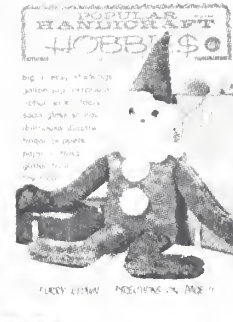
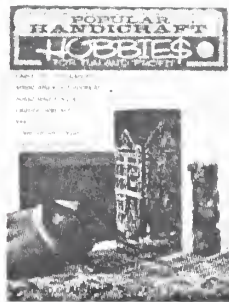
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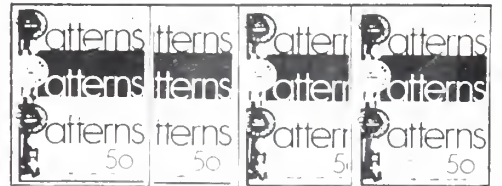


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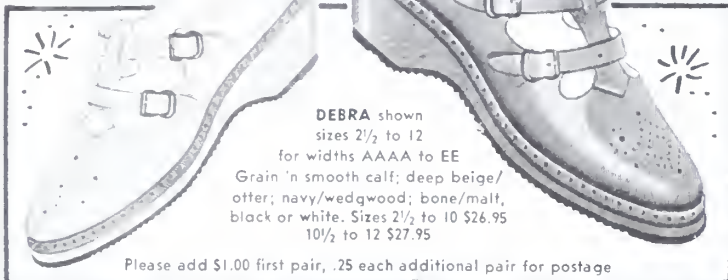
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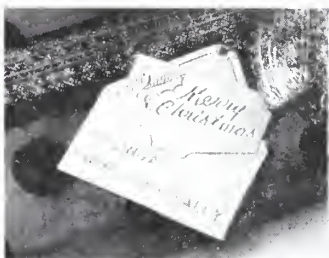
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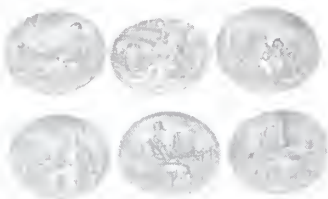
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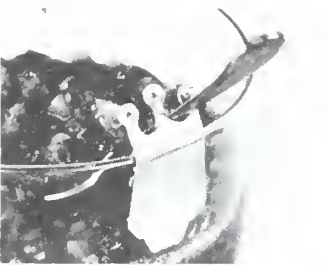
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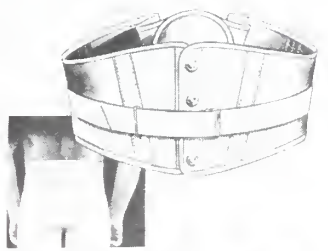
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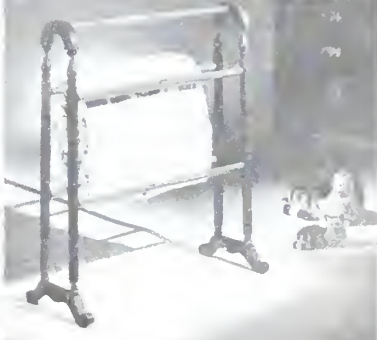
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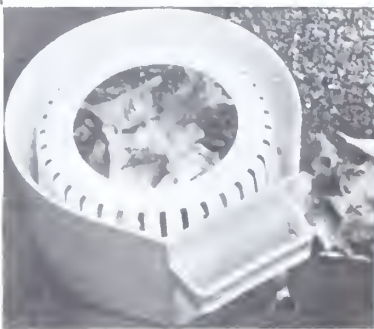
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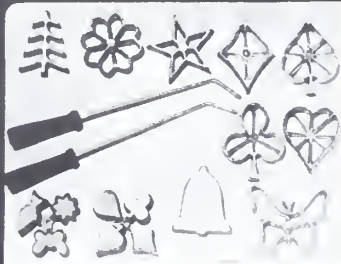
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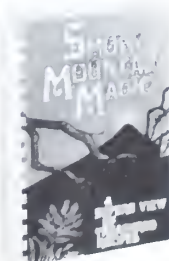
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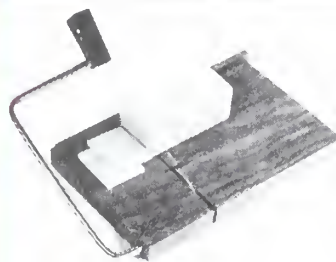
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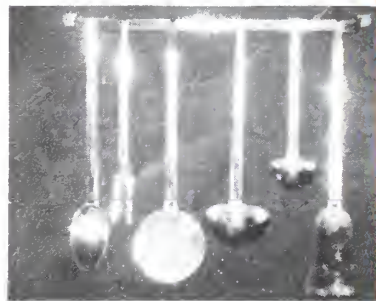
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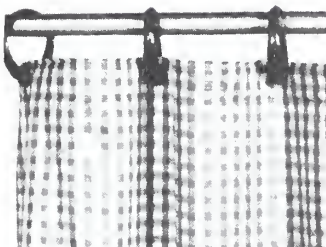
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Today's modern styling with nostalgic hint of yesteryear. Ad justable T strap, shapely 1¼" heel. Textured patent in black or brown. A great looking shoe. 5A, 4A, 6-12; 3A, 2A, A, B, 9½-12. \$35 plus \$1.25 post. Mooney & Gilbert, HG10, 55 W. 57th St., NY 10019.



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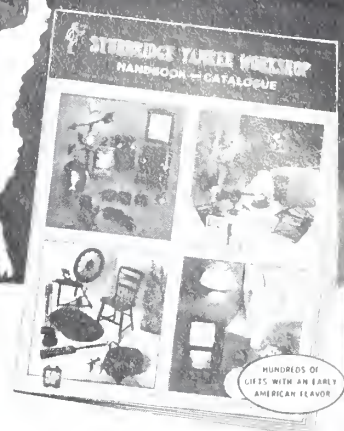
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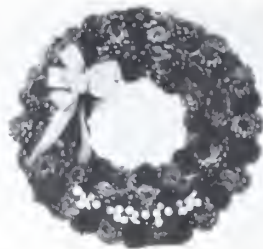
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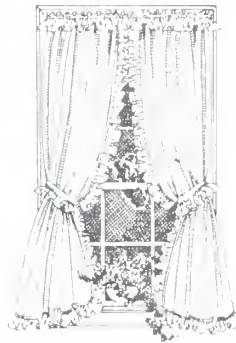
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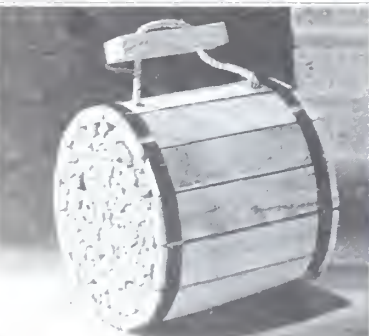


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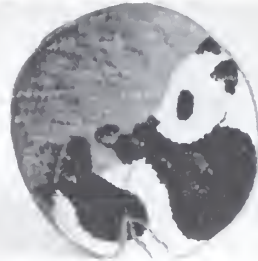
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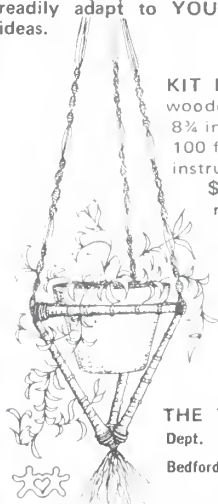
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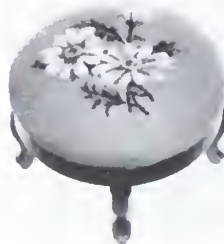
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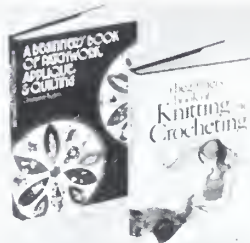
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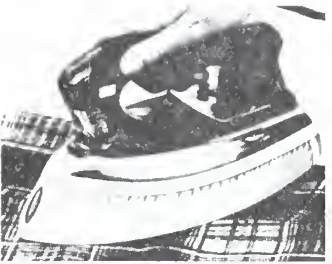
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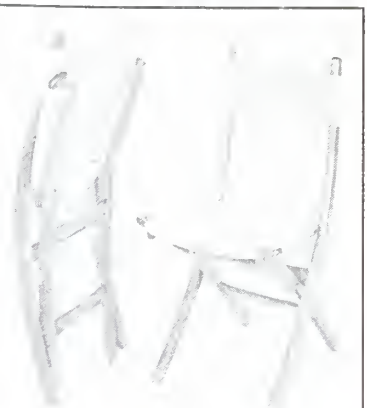


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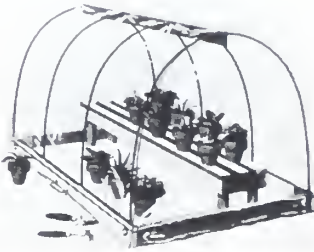
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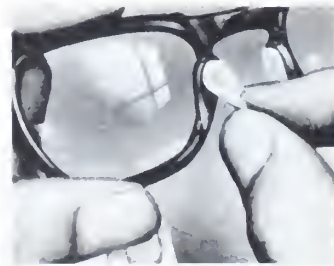
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In apple-pie order, a tasty pillow design you embroider with 18 colorful apples. Crewel kit includes design on 16" green linen for top and back, piping, zipper, needle, instructions, yarns. \$6.95 plus 60c post. The World of Stitch 'N Knit, HG-504, Box 709, Framingham, MA 01701.



ARTFUL DUCKS

Kit for making a decoy includes carved, sanded solid pine body, head, glass eyes, sandpaper. Wood Ducks (shown) also Green Wing Teals, Mallards, (specify). Hen and drake each \$9.95; pair \$19 plus \$1 post. Catalogue 50c; Bay Country Woodcrafts, HG10, Oak Hall, VA 23416.



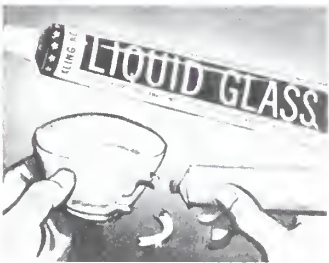
BITS O' BRASS

For special doll houses, highly polished solid brass miniatures. Revere bowl, 1/2", \$1.50; Queen Anne candlesticks, 1 1/2" h., pair \$3.50; decanter with screw top, 2" h., \$2.98; set of six goblets, 3/4" h., \$5.98. Add 25c post. Downs & Co., Dept. 1410, Evanston, IL 60204.



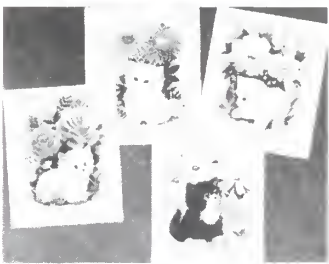
MIRACLE MENDER

Glass in liquid form creates an iron-hard adhesive to piece together the broken fragments of porcelain, china, jewelry, etc. Permanent, washable bond that softens at heat or cold. \$1.98 plus 25c postage. Anthony Enterprises, HG10, 585 Market St., San Francisco, CA 94105.



KITTEN QUARTET

Whimsical kittens in four appealing poses by K. Chin are available as full color art prints of oil paintings. 9" by 12". All excellent for framing. Set of four, \$1, three sets, \$2. Add 25c post. American Consumer, Dept. KP71, Caroline Rd., Philadelphia, PA 19176.



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an all glass candle

**THIS ALL GLASS CANDLE** WON'T DRIP, BEND OR BURN AWAY. Made of crystal clear glass. Modern in design with a touch of Early American nostalgia. Stands 4 1/2" high on a 2 1/2" base. Burns for 5 hours with each of our favorite scent of colored lamp oil. Burn glass cap lifts off for easy refilling. Ready to use with 16 oz. colored lamp oil. Instructions for adjusting flame size. \$4.50 each plus \$1.00 postage & handling.

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**Mediterranean BIRD CAGE PLANTER**

**\$5.98** Add 95c Postage

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SHOPPING AROUND

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CURTAIN CALL

Show-stopping dotted swiss polyester white curtains are 96" w per pair with 5 1/2" ruffles. Easy-care tiebacks machine wash and dry; no ironing! 45", 54", 63" l., \$16.50; 72", 81", 90" l., \$18.50. Add \$1.75 post. Country Curtains, P17, Stockbridge, MA 01262.



LUXE LEATHER

Chippendale wing chair of finest top grain glazed leather. Swatches in black, red, brown, olive, gold and tortoise. Brass nail trim; tufted foam. Fruitwood or mahogany finish. 33" w., 35" d., 41" h. \$399.95. Exp. coll. Catalogue, 50c. Jonas Fields, GE104, Box 52526, Atlanta, GA 30305.



ONE IF BY LAND

Like the colonial look? Lantern that captures the spirit of Paul Revere's ride and Tea Party times is handcrafted in solid brass. 22" h., 6 1/2" w.; extends 6" from wall. May be used indoors or out. \$85 exp. coll. Color catalogue, \$1. The Lamp Crafters, HG10, Box 501, Lawrenceville, GA 30245.



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For sewers who find the eyes of needles growing smaller. Needle threader consists of a plastic funnel into which the needle is dropped, spindle to transfer thread to needle, blade to cut thread. \$1 plus 15c post. Anthony Enterprises, HG10, 585 Market St., San Francisco, CA 94105



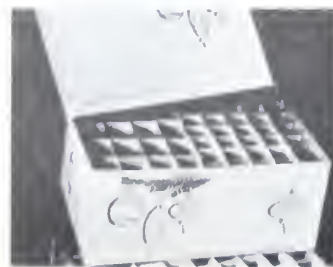
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Three issue subscription brings Helen Gallagher Fall Collection, Gallery Collection and Christmas Collection, all for \$1. Broad range of items featured in full color. G ft certificate for \$1 on first or der. Helen Gallagher Collection, Dept F557, Peoria, IL 61632



STOWAWAY

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Now! You can make professional-looking candy mints for the Holiday Season by using these pure rubber candy molds. Make inexpensive candies in minutes with our FREE no-cook recipes included with your order. The mints are perfect for showers, weddings, receptions, parties, or hostess gifts. Give the molds as a unique gift. Order Rose, Star, Bell, Daisy, Leaf, or Santa. Each mold is \$1.25 ppd 3 for \$2.85 ppd 6 for \$5.10 ppd

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# SHOPPING AROUND NEWPORT



Washington, Lafayette and Rochambeau planned the Yorktown campaign and to the beautifully restored Hunter house on Washington Street, headquarters for the French admiral, De Ternay. Close to 500 of the Colonial houses and other buildings still stand. In recent years a large number of these structures have been carefully restored. A tribute to the Newport built by merchant princes of the 15th century, the Colonial buildings reflect warmth and graceful contrast to the dramatic opulence of baronial stone mansions built by late 19th-century industrial tycoons along Newport's spectacular Ocean Drive and Cliff Walk.

### Calendar of Events

**October 19** Architecture in Autumn, fifth annual Colonial house tour sponsored by the Newport Garden Club.

**December 1 to 30** Christmas in Newport, a month-long series of colorful events, pageants, concerts, and varied programs designed to depict how Colonial Newport celebrated Christmas. Write Christmas in Newport Committee for brochure, HGC, Box 716, Newport, RI 02840.

**December 13** Christmas in song, 21st annual Christmas concert by Newport Navy choristers at 8:15 p.m. in Rogers High School auditorium.



Old Stone Mill, once owned by Gov. Benedict Arnold, believed built by Vikings centuries ago.



Hunter House, 1748, fine surviving house of pre-revolutionary Newport.

Historic Newport, home of tennis, mansions and the America's Cup races, becomes a center of special interest in our country nears its 200th birthday. A thriving Colonial seaport with wealth gathered from trade in molasses, rum and slaves, Newport was a leader in the American Revolution. During the struggle for independence when it was the Colonial capital of Rhode Island, Newport was occupied by British forces followed by the French army under General Rochambeau.

A walking tour of Colonial Newport fills the visitor with a sense of important history made here. On its waterfront today, retrace the path of American naval history aboard the reconstructed frigate USS, the Revolutionary warship that was the direct cause of the founding of the American navy in 1775. A stroll through the cobblestone streets will bring one to such landmarks as the Vernon House on Clarke Street where the market, Washington Square, built in 1762, house of Newport merchants, sells Colonial reproductions.



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| <b>Harbor-Base Motel</b><br>(401) 847-2600 Ext. HG                  | <b>Shamrock Cliff Hotel</b><br>(401) 847-7777 Ext. HG  |
| <b>Howard Johnson's Motor Lodge</b><br>(401) 849-2000 Ext. HG       | <b>Sheraton-Islander Inn</b><br>(401) 849-2600 Ext. HG |

For more information on Newport accommodations, write to:

**Newport County Chamber of Commerce**  
P.O. Box 237, Dept. HGM Newport, RI 02840



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## SHOPPING AROUND



### OLD AND NEW

Apron with romantic turn-of-the-century styling is perfect for modern hostessing in washable, easy-care nylon lace complete with deep ruffled hem. In snowy white, one size fits all. Notice the pretty detailing! \$13 ppd. Seafood Industries, HG10, Box 31 Seaford, NY 11783



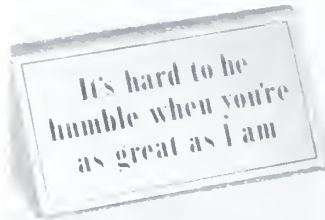
### CHINESE TO EMBROIDER

Classic design to do in crewel embroidery for a 14" by 14" box pillow cover. Kit includes design on bitter-sweet rayon and cotton fabric, crewel yarns in yellow, pristine white, green, piping, zipper, needle, directions \$6.95 plus 50c post. The Stitchery, HG10, Wellesley Hills, MA 02181.



### DIAMONDS UNLIMITED

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### LOUD AND CLEAR

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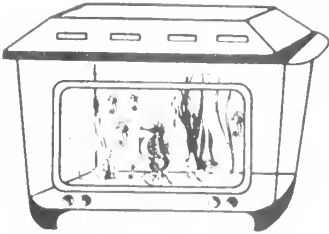
SHOPPING AROUND

**LOW, GRACEFUL BEAUTY**  
Mahogany finish drop-leaf table is perfect coffee table in front of the sofa and sure to be the cynosure of all eyes. Soft brown finish. 18" h., 52" l., 15" w. closed, 35" open, \$129.95. Exp. coll. Catalogue, 50c. Bryan Robeson, HG-112, Rte. 10, Box 793, Hickory, NC 28601.



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Aquarium with top, 2 mated seahorse pairs (includes one pregnant male, who will give birth to up to 25 ponies), a seahorse tree, food, coral, sand, sea snail and shrimp free with kit, \$4.95 plus \$1 post. Kit without aquarium, \$3.98 Ppd. Aqualand HG10, Box 450130, Miami, FL 33145.



**GET IT TOGETHER**

For the jigsaw puzzle fan! Any photo, color or black and white, can be made into an 8" by 10" die-cut jigsaw photopuzzle; photo is returned unharmed. Black and white, \$2.95; hand colored, \$3.95 Ppd. Cadlyn's, HG10, 2077 New York Ave., Huntington Sta., NY 11746.



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Wood rack for boys' baseball gear, supported on a colorful masonite backboard. Slots and pegs hold his bats, mitts, cap, balls. Space for photo of team or hero. Assembles in a jiffy. 20" x 13 1/2" \$5.98 ppd. Slim Ez Suit Co., Inc., HG10, Box 3193, Chattanooga, TN 37404.



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Don Quixote, Sancho Panza; black and white in lithograph 20" x 26", \$4.95 plus 95c post; on stretcher bars, \$7.95; mounted, framed in ebony and silver, \$19.95 plus \$1.95 post. Catalogue, 50c. Lambert Studios, G15, 910 No. La Cienega Blvd., Los Angeles, CA 90069.



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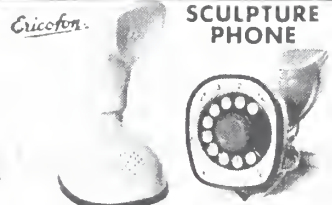
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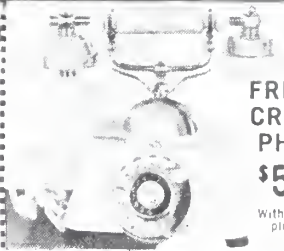
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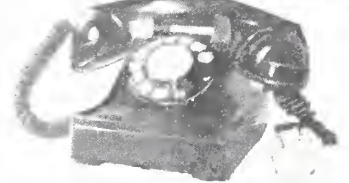
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SHOPPING AROUND

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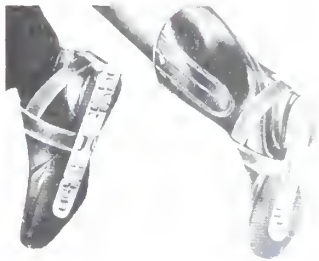
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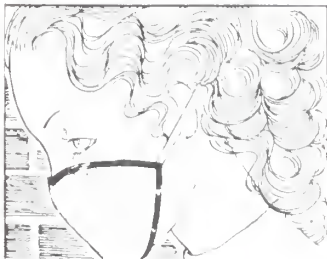
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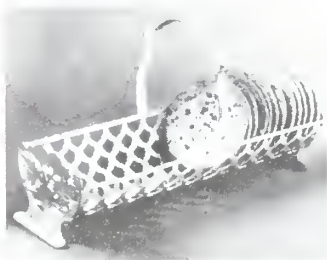
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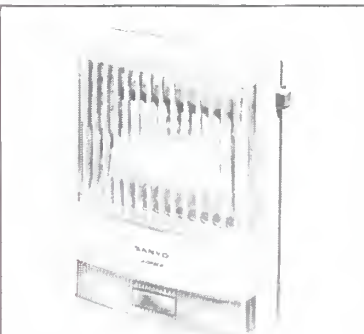
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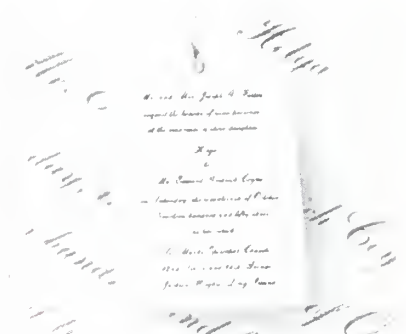
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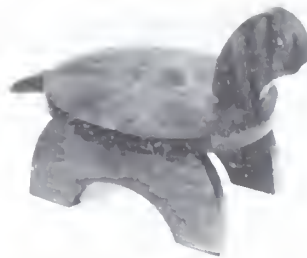
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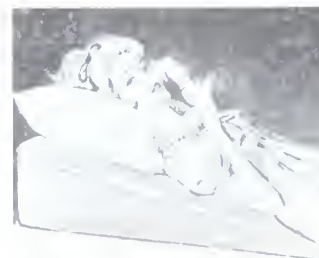
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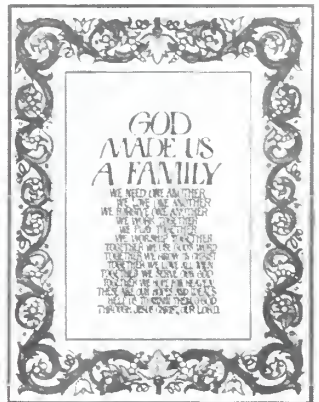
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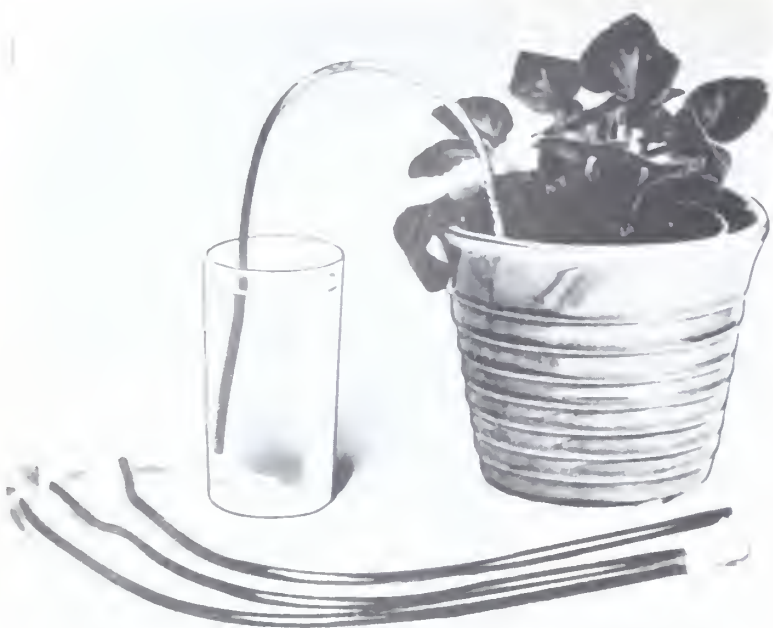
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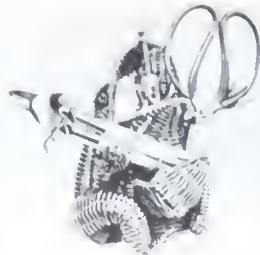


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Indian designs in cotton rugs. Ivory with earth tones or red and gold. 3' x 5', \$39.95; 4' x 6', \$49.95; 6' x 9', \$99.95; 9' x 12', \$179.95; runners, 2' x 8', \$49.95; 2' x 11', \$59.95. Ppd. Catalogue, \$1. Peerless Imported Rugs, GE-10, 3028 N. Lincoln, Chicago, IL 60657.



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Solid bronze chandelier cast by hand is the crowning touch for a handsome room. Six candles, 20" h., 20" dia., chain, 15". Tassel accents are particularly distinctive. \$69 ppd. Free color brochure. Model 25 Empress Chandelier, HG10, PO Drawer 2067, Mobile, AL 36601.



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Shadow box scene shows a "Bread Lady" holding cooling bread before a black wooden Franklin stove. Brown stained box with brass hanger, 6½" x 8½" x 2¾". \$16 plus \$1.50 post. Catalogue, 25c. Discovery, HG10, 314 W. State St., Geneva, IL 60134.



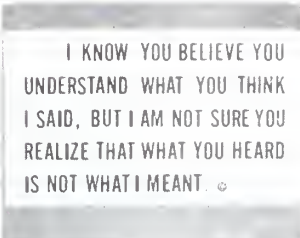
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Start a movie library with one of the comic classics: Laurel and Hardy in "Sugar Daddies". Special half price offer ends Dec. 31, 1974. Super-8 \$7.99; standard 8mm \$6.99. Ppd. Free catalogue with order. Blackhawk Films, 1533 Eastin-Phelan Bldg., Davenport, IA 52808.



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I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on gold-leaf plate in pine-finish plaque. 4" by 7". \$1.98 plus 25c post. Anthony Enterprises, HG10, 585 Market St., San Francisco, CA 94105.



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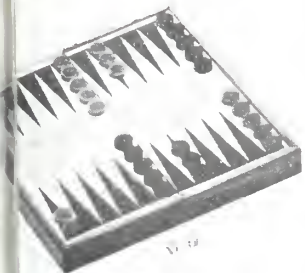
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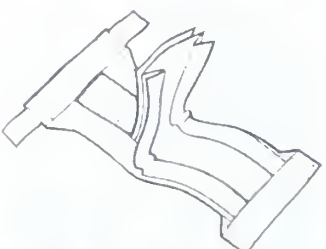
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"If you can keep your head when all about you are losing theirs" begins Rudyard Kipling's poem, "If". The four verse poem, printed in gold letters on a honey-toned plaque 8" by 11", \$2.98 plus 35c post. Cadlyn's, HG10, 2077 New York Ave., Huntington Sta., NY 11746.



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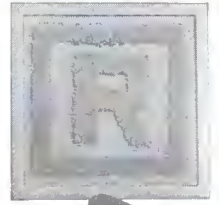
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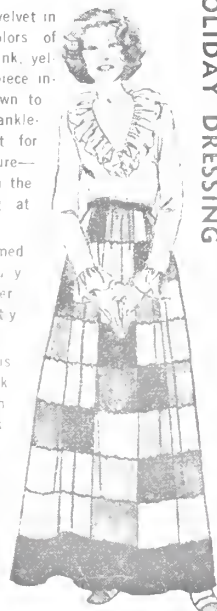
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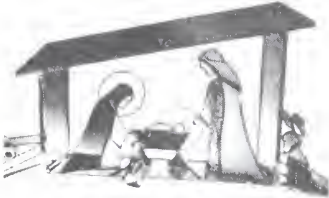
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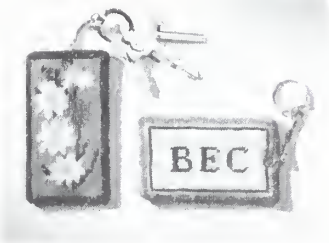
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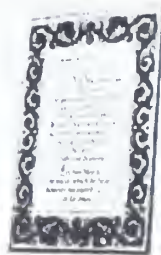
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Northport, New York 11768



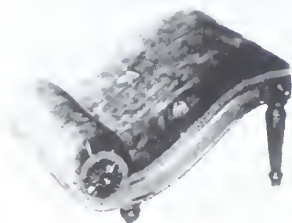
SHOPPING AROUND



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Screen printed #10 mono canvas 14" by 14" to needlepoint for pillow or to frame. White background with reds and greens. Kit includes: design on canvas, wool yarns, needle, instructions. \$14.95 plus 50c post. Needlepoint Shores, Dept. DD, Box 123, Wayzata, MN 55391.



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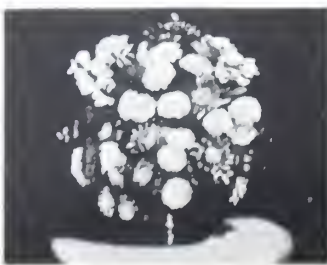
**WALK IN WARMTH**  
For coping with cold days, try the snug comfort of body-insulating underwear with thermolactyl fiber. Thermawear comes in a variety of styles, lengths, sizes for men and women. Send for free catalogue. Damart Thermawear, Dept. HGE, 2450 Sibley Blvd., Posen, IL 60469.



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Garden bright lithographed flower prints show zinnias, asters, dahlias, marigolds, snapdragons in warm reds, yellows, oranges browns on dark background in copper hawl. 20½" x 25½" Order picture A, first in a series \$19.95 ppd. Cecilia, HG10, Box 2263, Chapel Hill, NC 27514.



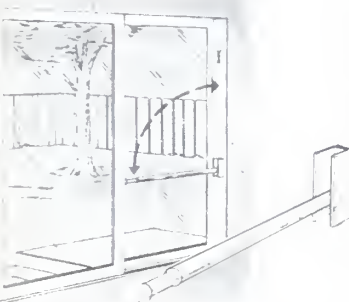
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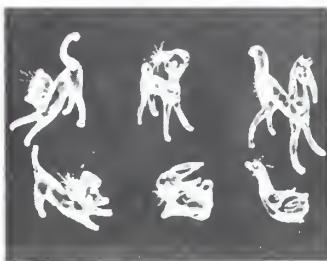
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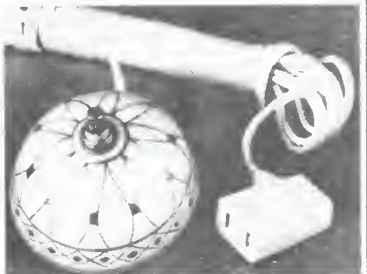
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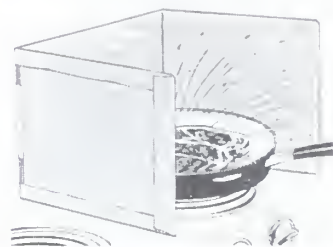
**QUEEN ANNE REPLICA**

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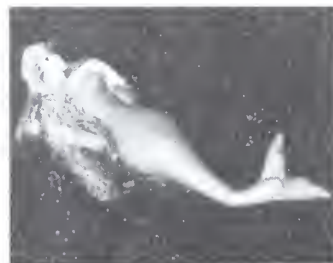
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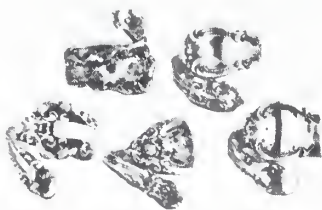
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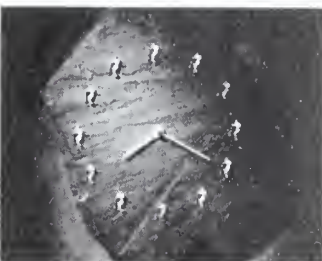
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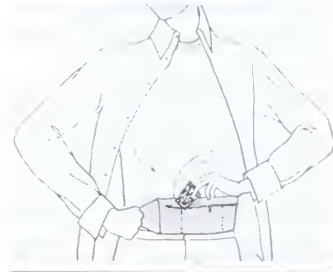
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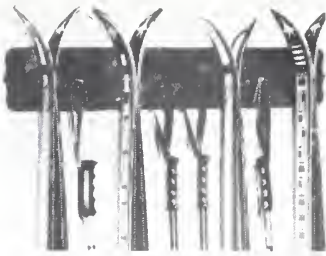
**THE WRITWELL CO.**  
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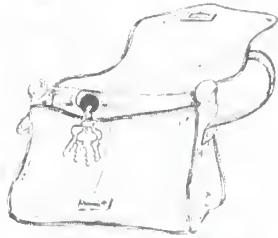
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Pine-and-hardwood wall rack, pegged to hold four pairs each of skis and poles; helps protect them from damage and warping. 32" l. by 5½" w. by 4½" d. With antique pine finish \$11.95; unfinished \$8.95. Ppd. Yield House, Dept. G40, North Conway, NH 03860.



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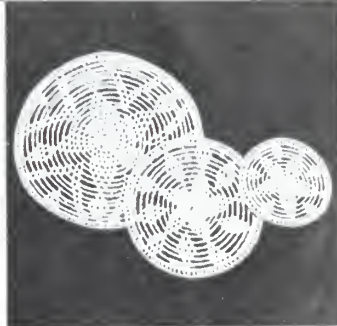
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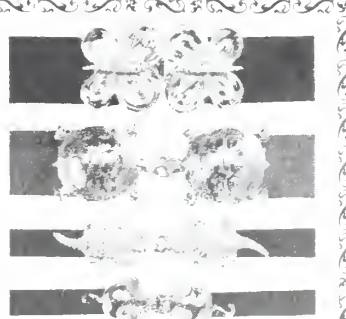
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You can't heap enough family use on the Southern Pik Nik to hurt it, and just the wipe of a damp cloth gets it ready to use again. Its resistance to moisture and stains makes it easy to prepare for those "elegant hours", too.

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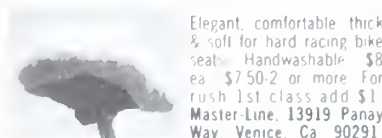


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### VIVAT VICTORIA

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Holds 24 pairs of ladies' shoes or 20 pairs of men's plus polish. Freewheeling casters. 22" by 16" by 26 1/2" h. Knotty pine or mellow honeytone or antique pine finish. \$44.50. Easy-to-finish kit, \$34.95. Ppd. Yield House G40, No. Conway, NH 03860.



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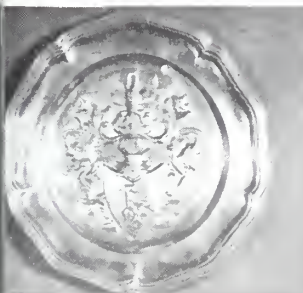
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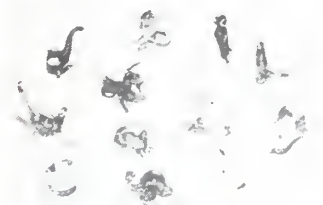
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A beautiful genuine pewter plate is casted and handmade from the original mold and design of 1740. The handsome German crest design of fine craftsmanship. A joy for the collector, to be treasured by you and admired by your guests.

9" Dia. \$29.95

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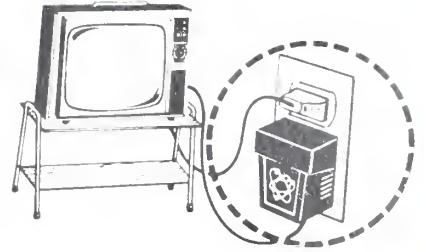
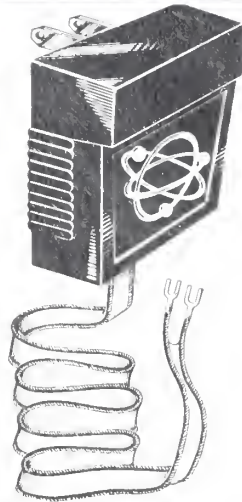
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Price does not include plant and macrame hanging. Send check or money order.

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1974 Christmas plate  
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1974 Walt Disney Christmas Ornament \$4.00 postpaid ball (match to above plate) 3" diameter gift boxed made by the Disney Store by the Corona Glass Co.

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Handsome chair of top grain glazed leather, brass nail trim, legs finished in fruitwood or mahogany. Black, deep red, brown, olive, tortoise or gold, swatches available. 46" h, 32" w, 34" d. \$339.95 exp. charges coll. Catalogue, \$1. Jonas Fields, GE104, Box 52526, Atlanta, GA 30305



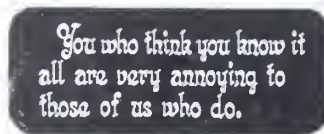
### MINI PHONE

Mini phone from Italy folds in half—a complete self-contained unit. World's smallest phone functions interchangeably with any standard instrument. Fitted with plug; ready to use. White only. \$59.95 plus \$1.50 post. Free catalogue. Grand Com, Inc., HG10, 324 Fifth Ave., NY 10001.



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By daylight, a nifty ballpoint—but whisk it into darkness and it shines! Chrome-plated satin finish pen comes with penlite battery and refill. Great for jotting middle-of-the-night brainstormers. \$4.98 plus 40c post. Anthony Enterprises, HG10, 585 Market St., San Francisco, CA 94105.



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cherry bark container \$9.95

hand wash for travel \$8.95

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For every color poster ordered add \$1.00 and get a black & white same size. Black & White duplicates 70% off. Add for each item handling for prompt delivery put name & address on back of photo. Send check or M.O. to Y. residents add appropriate sales tax. If you send slide or negative add \$1.00 for each size. SUPER SPEED SERVICE shipped 1st class mail add \$1.50 per item.

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Make the perfect personal gift for anyone with a desk or a door.

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SHIRLEY STEAD SECRETARY  
JOEL SMITH

Complete kit includes #14 mesh mono canvas with Persian type yarn for lettering and background, needle, standing hanging, and complete easy-to-follow instructions. One line up to 15 spaces. 10½ x 3½, \$12.95 ppd. Two lines, up to 15 each, 10½ x 5, \$14.95 ppd. Designate one color for lettering and border and one color for background aqua, white, tan, lemon, gold, pale green, brown, turquoise, wine, med blue, olive, black.

**NAMESTITCH**  
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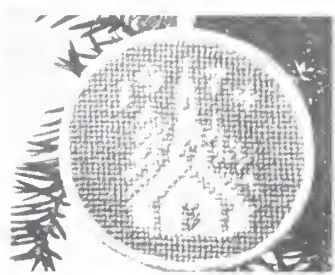
### DASH OF SUNSHINE

The dreariest days brighten up with an apple-splashed Farmer's Almanac umbrella. Black print on ecru color-fast cotton, bordered with a shower of red apples and green leaf accents. Sturdy wooden handle. \$15.95 ppd. J. Jill Ltd., HG-74, Great Barrington, MA 01230.



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The GALLERY



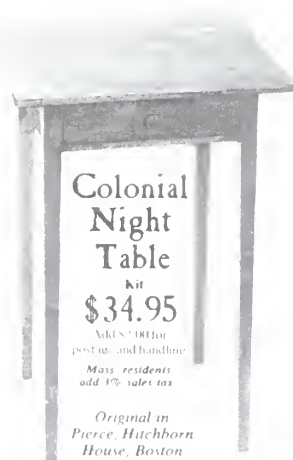
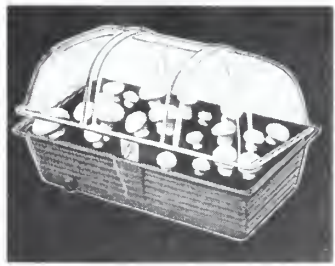
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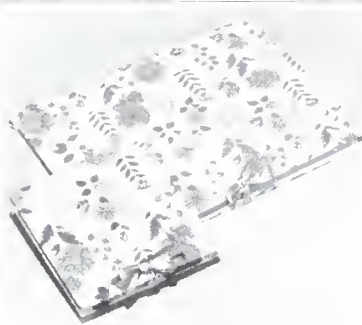
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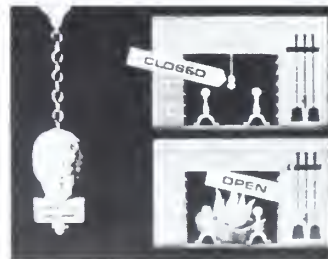
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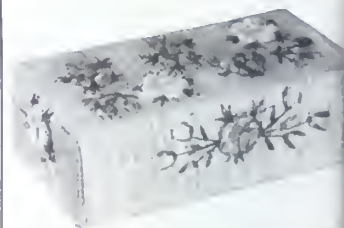
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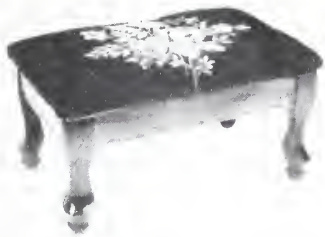
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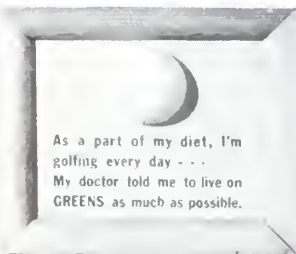
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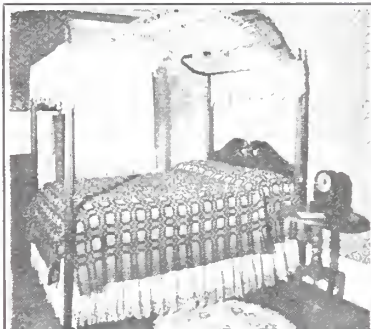
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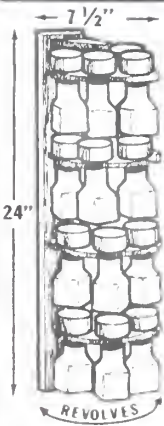
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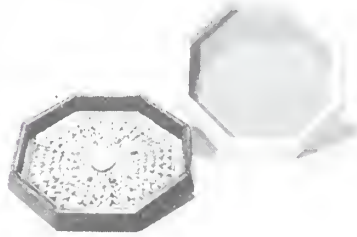
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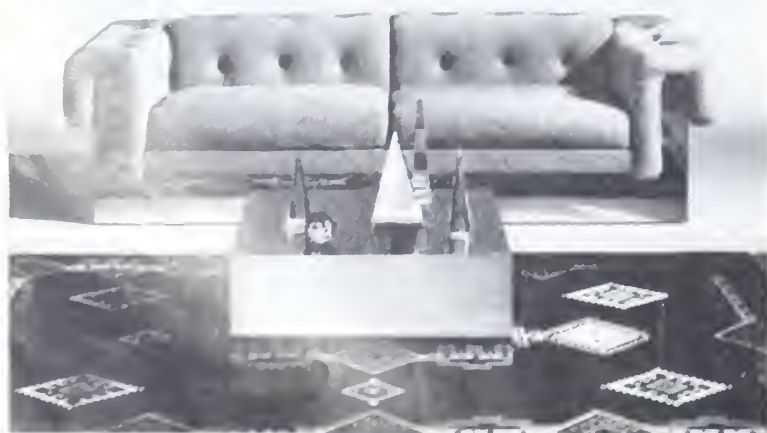
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# Gardener's Notes

by James Fanning



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*Snowdrops and snowflakes, famous in song and story, are comparatively rare in American bulb gardens. They're less spectacular than tulips or daffodils, to be sure, but they have grace, charm, and iron-clad hardiness. Botanical name of the snowdrop, FAR RIGHT, is Galanthus, which means milk flower and aptly describes the milky whiteness of the petals. It blooms with the first warm spring sunshine and is easy to identify*



*since the three outer petals are pure white and much longer than the green-tipped inner ones. Snowflakes, Leucojum, RIGHT, bloom about tulip time and have a bell-shaped flower with all petals the same length and all green-tipped. Given a good depth of well-drained soil, both snowdrops and snowflakes will thrive in sun or shade and make dense clumps of dark green, strap-shaped leaves. Single bulbs may be tucked into rock crevices or clusters planted among perennials or in grass and left undisturbed for years on end. Don't forget that, as with other spring bulbs, it's the soil below, where the roots grow, that is important. Make sure to have at least 6 inches of good porous earth under the bulbs when they're planted. September and October are the months for planting snowdrops and snowflakes, and bulbs are for sale in all garden shops. Snowflakes and Virginia bluebells (Mertensia Virginica) make a fine combination for late spring flowering.*

"Snowdrops and snowflakes, famous in song and story, have grace, charm and ironclad hardiness"

**A**merican tourists often come home from Europe asking about a vegetable they have eaten and liked there. Various called *postelein*, *portulak*, or *pouppier*, it is popular throughout Europe, used in the same way as spinach. Amusingly enough, this is the plant gardeners in the U.S. consider a noxious weed under the name purslane or pusley. Several cultivated strains are available from seedsmen in Europe. Some of these are upright, rather than crawling on the ground as ours does. However, it's all the same plant. Maybe we should start a vogue for purslane as a vegetable. This would give us a new dish for the table and clear the weeds out of the garden at the same time.



Sturdy is the word for Troy-Bilt tillers such as this one, left. Their cast-iron frames and wrought-steel tines are made to last, have the weight it takes to really get down there and dig. As cultivators go, Troy-Bilt has the advantage of riding on wheels, not on the rotating tines, as do some others. This saves the operator from jouncing and jolting as the tiller digs up the dirt. Also, the handlebar assembly pivots so the operator may walk beside the machine, rather than behind it. And, of course, attachments are available for snowplowing and other chores. There are several models, sold directly by the manufacturer. For prices and more information, write Troy-Bilt, 102nd St. and 9th Ave., Troy, NY 12180.

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**W**ith interest in house plants growing by leaps and bounds, it was to be expected that someone would come forward with a magazine that concentrates on growing things indoors. Plants, Inc., of Seattle has done just that and the result is a publication crammed with information about plants in general and house plants in particular and intimate detail. You could hardly improve on the name, either: *Plants Alive*. Published every month, with the exception of July and August, *Plants Alive* has feature articles on plants common and rare, and goes into questions of soil, greenhouse construction, and other technical points. Readers' questions are given careful attention and, all things considered, the magazine is a bargain at the subscription rate of \$9 a year. The address is *Plants Alive*, 2100 N. Forty-fifth St., Seattle, Wash. 98103.

*A seminar on roses guaranteed to leave all participants with clean fingernails and a healthy tan is being planned by The American Rose Society. This will be part of a cruise scheduled to leave New York November 29, returning Dec. 9. Ports of call include Curacao and several Caribbean islands, with lectures, demonstrations, and discussions to be held on shipboard. Curacao will be a high point of the trip, since there are marvelous gardens in and around the city. The Ven-*

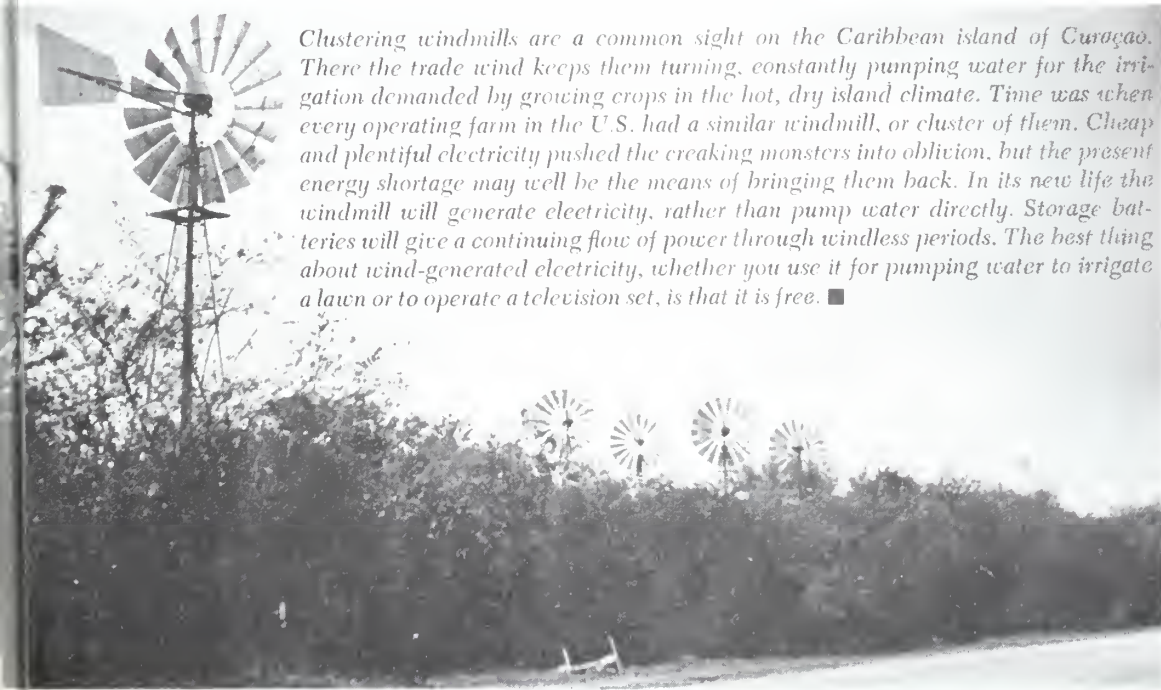
*ezuelan climate, too, seems to be just what roses need to produce topnotch blooms year-round. On the Caribbean islands there is an abundance of tropical vegetation and—with Christmas just around the corner this may be important—sensational shopping. Full information about the cruise seminar may be had from Dembo Travel Consultants, 636 Central Ave., Highland Park, Ill. 60035, or from The American Rose Society, P.O. Box 30,000, Shreveport, La. 71130.*

**J**ack Kramer is the Hank Aaron of garden writers. His books appear in quick succession, and most of them score home runs, but each is a masterpiece of careful planning, design, and general know-how. His two most recent ones are *Philodendrons* (\$5.95) and *The Complete Book of Terrarium Gardening* (\$9.95) both published by Scribners. Summertime reading to get you ready for next winter's indoor gardening, these are books

to browse in, study, and learn from. The drawings are handsome and botanically exact, and the photographs—particularly in the terrarium book—show just how to proceed from raw materials to finished product. Mr. Kramer's knowledge of growing things is exhaustive and he knows how to transmit this knowledge to readers, whether they are already expert or simply beginners looking for guidance.

We have all been taught to keep chemical fertilizers away from plant leaves: they burn. Taking a cue from this old rule, why not use the same fertilizers to destroy the plants we really want to burn up; the weeds? One of the best known of chemical fertilizers is muriate of potash, known more familiarly to chemists as potassium chloride or by the formula KCl. Very similar in composition to table salt, it has much the same burning effect on plant leaves. It is also a quick and effective way of adding potassium to the soil, where it feeds roots and plant stems to make for healthy growth. Sprinkled on the leaves of dandelions, chickweed, or what-have-you, muriate of potash makes them wither and turn brown, then dissolves to become nutrient for the plant we are trying to encourage. Another advantage, the chemical seems to deter cutworms and other pests that crawl on the ground. Sprinkled around the plants you want to protect, it irritates the tender undersides of the pesky crawlers and sends them away to look for more desirable foliage. Be careful, though. As with most good things, it can be overdone. A light sprinkling is plenty.

*Clustering windmills are a common sight on the Caribbean island of Curacao. There the trade wind keeps them turning, constantly pumping water for the irrigation demanded by growing crops in the hot, dry island climate. Time was when every operating farm in the U.S. had a similar windmill, or cluster of them. Cheap and plentiful electricity pushed the creaking monsters into oblivion, but the present energy shortage may well be the means of bringing them back. In its new life the windmill will generate electricity, rather than pump water directly. Storage batteries will give a continuing flow of power through windless periods. The best thing about wind-generated electricity, whether you use it for pumping water to irrigate a lawn or to operate a television set, is that it is free. ■*



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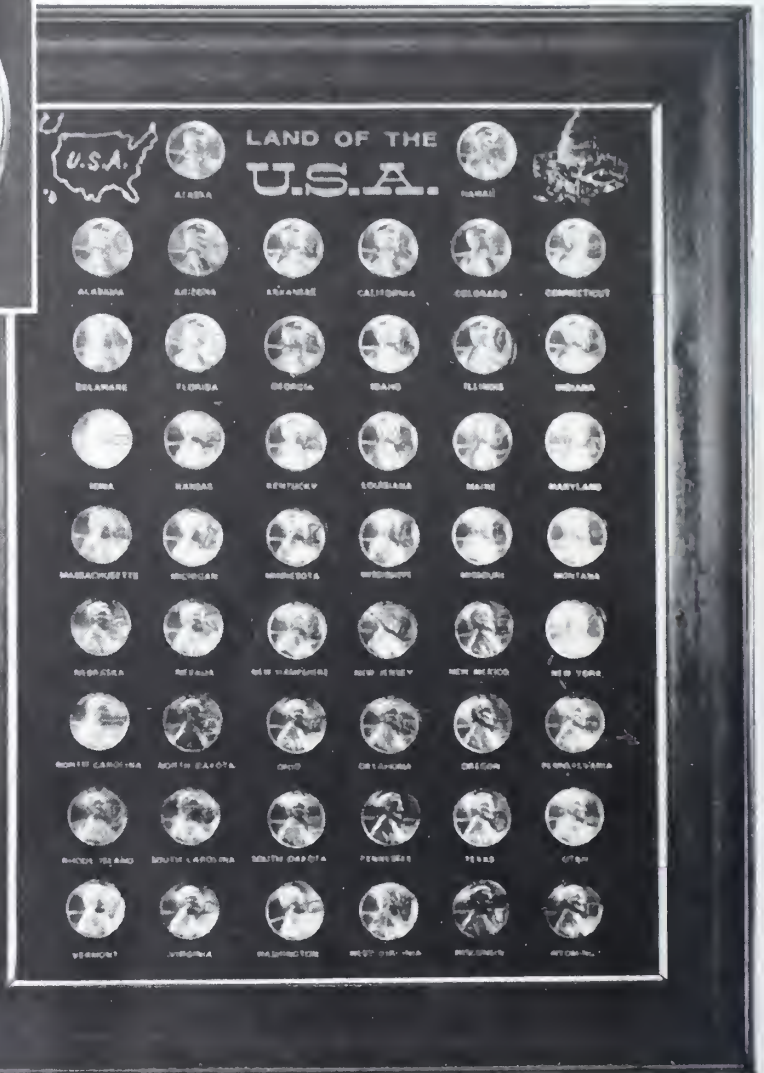
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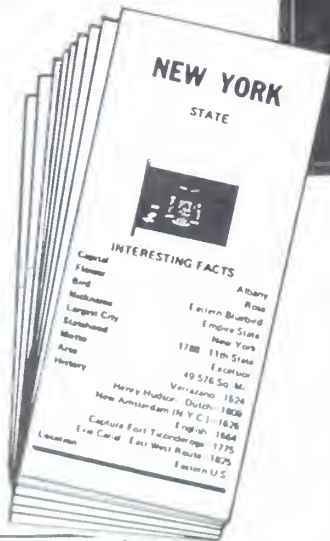
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