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And drips.
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Now has $50 \%$ more full color pages of gift suggestions: Collections of Lowery. Watches, Silverware, China, Crystal. Stationery and 8 locks. Publication date is October is.'"?.

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# Honse \& Garden <br> (INCORPORATING LIVING FOR YOUNG HOMEMAKERS) 

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Talk to your KitchenAid dealer today. Look in the Yellow Pages under "Dishwashers". Or mail the coupon.


ALEXANDER LIBERMAN; EDITORIAL DIRECTOR

## SEPTEMBER, 1974

## Decorating, Architecture, Building

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and Really Red patterns
Change the carpet and change the room
A new bath-dressing room wrapped in carpet
Treasures from historic Charleston
beautifully reproduced for you to buy now 110 The decorating zest of Really Reds

## Wine \& Food

ON THE COVER: In a room vibrant
with House \& Garden's Really Reds,
everything basks in the reflected warmth and dazzle. Real Red is the background color for walls: Tangerine velvet upholsters the two big comtor able sofas. And pillows, lots of them are everywhere in red dashed with lively white patterns. Plexiglas table allows more red to glow from the rug; rattan and straw, a spreading green tree, and books add texture. Designed by Gloria Gurney. All pillows, rug, from Design Research. Plexiglas table and rattan chair at Luten-Clarey-Stern. Zepeltreated velvet by Tressard; paint by Fuller-O'Brien. For more shopping information, turn to page 189, and to see how Really Reds sparkle rooms throughout the house, turn to page 110.

## Entertaining

## Gardening

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188 bulbs to oudener's now through December

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Best in booklets

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To see illustrations of the many styles represented in Folio Ten and the wide range of Upholstered Furniture, send $\$ 2.00$ for brochures to Henredon, Dept. HG 9-74, Morganton, North Carolina 28655.

QUESTIONS \& ANSWERS

## Cutiques

## BY LOUISE ADE BOGER



## Austrian vase

We would like some information about my mother's vase. It is green glass on the outside and cobalt blue on the inside, with a silver overlay in a floral pattern and a pound sterling mark on the base. S.C.-New York, N.Y. Your vase is an example of European case glass probably made by Loetz of Austria, about 1900. Generally, the engraved silver deposit pattern, which enriches the case glass, was done in the United States.

## New Yorls tea service

 How old is this tea set? On its bottom is "The Van Bergh S.P. Co., quadruple plate, Rochester, N.Y."F.B.-Ft. Lauderdale, Fla. Your tea service probably dates around 1900. The Van Bergh Silver Plate Com-
 pany, founded in Rochester, N.Y., in 1892, merged with Oneida Community Limited in 1926 and moved to Oneida, N.Y.


## Meriden trademarls

I have a silver bread tray with this mark on the back. On the front is a picture of two Chinese Buddhas. Do you know the tray's age? B. McB.-Brownsville, Tex. The Meriden Silver Plate Company, which made your tray, was organized at Meriden, Conn., in 1869 and merged with the International Silver Company in 1898. It remained active until about 1938. Your mark was first used in 1921.

## IAanister-back chair

 A visit to the Bayou Bend Collection of the Museum of Fine Arts in Houston will be a feature of the Antiques Holiday Tour held in connection with our antiques show this year. This maple armchair made in New England c. 1700-1725 is part of the collection. Can you tell me something about its style?B.H.-Houston, Tex. In America, this type of chair is called a banister-back chair. Each banister is one half a round banister and in the majority of cases the flat side of the banister was placed in front as it was more comfortable to lean against. This particular banisterback chair, from the carved cresting to the Spanish feet, is a notably fine example.


The Theta Charity Antiques Show, sponsored by the Houston Alumnae Chapter of Kappa Alpha Theta, will be held in the Albert Thomas Convention and Exhibit center, Capitol at Bagby. Houston, Tex., from September 25 to 29

Continued on page 8


# Country Craft 

by VIKING Namantaminnam made glass that sets the mood and steals the scene. In a variety of coordinated pieces and choice of crystal and two colors. All reasonably priced at fine stores everywhere.


## ANTIQUES

continued from page 6

## Remaissance sgabello

I bought this chair at an estate sale. It looks terribly old. I would appreciate any information about it.
N.T.-New York, N.Y

This distinctive and popular type of Italian Renaissance carved wood chair is called a sgabello or stool chair. Your fine sgabello probably dates from around $1550-1600$. Judging from the surviving copies, the sgabello found its way into the entrance halls and libraries of many American houses.

## Sonvemir platter

 $I$ am interested in learn. ing the history and age of my plate, which has a map of Long Island and the Long Island Sound on it. I know it is over 75 years old. A.C.B.-Olympia, W ash. Your platter with map is a typical example of a class of souvenir pieces manufactured for sale at summer resorts, which was the principal production at the Hampshire Pottery at Keene, N.H., toward the end of the 19th century. Your mark is one of the marks used on these pieces.


## Dutch cream jugy

1 recently inherited this silver cow creamer with a hinged cover having a border of flowers centering on a bee in relief. Can you tell me where and about when it was made?
L.B.-New York, N.Y. Your silver cow-shaped cream or milk jug with its tail looped to form the handle was made in The Netherlands about the 1860s. English examples of the time of George II, 1727-1760, are not very common, but the modern ones, which are mainly of Dutch manufacture, are still relatively plentiful.

## Special offer to

## House \& Garden Iteaders:

Copies of Louis Ade Boger's new book, House \& Garden's Antiques: Questions \& Answers are now available. A generous collection of items-over 900from past columns, and all arranged by category for easy reference. Only $\$ 9.95$ per copy, plus 45 c for postage and handling. Write to Condé Nast Books, P.O. Box 3308, Grand Central Station, New York, N.Y. 10017.


## Gorham. Because you want your Sterling to whisper something beautiful about you.

What will your Gorham Sterling say about you? That you appreciate
beauty. That you have impeccable taste. That you have selected the finest. But it will say more.

It will say that you would not settle for just a pretty pattern. That you desired a work of art and the classic elegance of Gorham Total Design. Total design expressed in the perfect balance between the timely and the timeless; between ornamentation, shape and function.

Your Gorham Sterling will whisper to everyone that you would not settle for anything less than perfection. And it will be whispering the truth. For its beauty is unmistakably Gorham:


# "We promise the Hide-A-Bed Sofa you buy today won't disappoint you <br> Grant G. Simmons, Jr. 

 a year from now."
## Exactly the sofa you want.

Ne think you should never have to npromise on the sofa style or fabric want. That's why Simmons offers such a wide range of styles to choose m. In over 300 fabrics. Then you've noice of custom tailoring options, quilting, arm caps, contrast welting, a choice of base and back treatments. And even though we hide a bed, our e-A-Bed ${ }^{\circledR}$ Sofas are priced in line with t plain sofas. From $\$ 250$ to $\$ 1200$.

## A longer length mattress for sleeping comfort.

Only the Hide-A-Bed Sofa by Simmons offer you a Simmons Regency or ous Beautyrest ${ }^{\circledR}$ mattress. You simply 't get these quality mattresses in any er convertible sofa. Simmons gives you dll-length mattress ( $75^{\prime \prime}$ ). Most other ivertible mattresses are only $72^{\prime \prime}$ long. th Simmons mattresses are Sani-Seal ${ }^{\text {® }}$ ated to guard against bacteria, mildew d odor; both meet the standards of Federal Flammable Fabrics Act.

## Superior seating comfort.

The inner core of our basic polyurethane am cushion is a full $5^{\prime \prime}$ thick. Many hers are only $4^{\prime \prime}$. Or less. And are not comfortable. But if you prefer even tra softness, you can have the inner re wrapped in polyester fiber. We shape our core by a special method ich gives each seat cushion a "crown." is "crown" enhances the look of our de-A-Bed Sofa and gives it greater gance. All our cushions are specially

cut to fit the curve of the sofa so they won't gap apart when someone sits down.

To give you maximum comfort, back pillows are individually designed for each sofa style.

Chairman of the Board

All back pillows are wrapped with polyester fibers over a polyurethane foam core.

And because Simmons' hidden bed is set in so neatly, it won't interfere with seating comfort.

## Beautiful upholstery made to stay beautiful.

We select our fabrics with meticulous care so we can safely promise you'll have the finest fabrics available in the market today. These selections are based on cleanability, colorfastness and resistance to pilling and fuzzing. And then we put a one-year warranty on the fabric you selected. If anything goes wrong with your upholstery and it's our fault, we'll repair or replace it.

Each Simmons Hide-A-Bed Sofa carries a Cleanability Code that suggests cleaning methods as outlined by the furniture industry and textile mills. In most cases, they recommend cleaning by a professional upholstered-furniture service. In this advice, we concur.

## The easiest opening mechanism.

The Simmons mechanism is easy to open and quite effortless. Opening requires only 20 pounds of pull, compared to 30 or 40 pounds for most others. As an extra safety measure, the "Lock Stop" control prevents the Hide-A-Bed Sofa from opening up on you. All hardware is below the surface and all moving parts are engineered to help prevent accidents. Our mechanism is also designed to minimize wear marks on your rug.

## Nationwide service.

Because Simmons is a national company, you'll find a Simmons Service Center near where you move all around the country. We have 67 service centers, to
be exact. In order to apply for service under the terms of this warranty, call or write the retail store from which your Hide-A-Bed Sofa was purchased. They'll put you in touch with the Simmons Service Center near you.

## A one-year warranty on everything. Five years on the Beautyrest ${ }^{\circledR}$ mattress.

When you buy a Hide-A-Bed Sofa by Simmons, the Simmons Company warrants that it will repair or replace any part it supplies that is defective in materials or workmanship.

This warranty is good for 12 months from the date of delivery. All that we require is that the Hide-A-Bed Sofa be properly cared for under normal use. If anything goes wrong with the operating mechanism and structural frame, the Regency mattress, upholstery filling materials and fabric within this 12-month period and it is our fault, we'll fix it free. The judgment of the Simmons Company after inspection will be final on all matters concerning the condition of the Hide-A-Bed Sofa and mattress, the cause or nature of the defect, and the necessity or manner of repair.

Beautyrest mattresses for Hide-A-Bed Sofas are warranted for a period of five (5) years from the date of delivery to be free from material or manufacturing defects. All the conditions set forth in the above warranty statement apply equally to the 5 -year Beautyrest mattress warranty.

This warranty is rendered inapplicable if the Hide-A-Bed Sofa or mattress in question is subjected to misuse, alteration, fire, improper cleaning, negligence or accidents.


## Julia Meade says, <br> "Ban-Lon'carpet is now riding around in a Cadillac."



Cadillac has just selected Ban-Lon* carpeting for new model Cadillac cars.
That's quite a compliment. After all, Cadillac is the car of cars. And carpet good enough for Cadillac has to be very very good. Exactly how good?
Turn up the corner of any Ban-Lon carpet in the stores and read the label. It tells you Ban-Lon carpet passes tests for yarn strength, backing strength, pull and snag resistance, resiliency, flammability, sunfading, pollution fading, stain removal, vacuuming,
commercial cleaning, everything that affects appearance and wear Ban-Lon automotive carpeting-the newest automotive carpeting- has passed all the tests. It's good enough for the most luxurious car in the world. Cadillac.
Just as Ban-Lon home carpeting is good enough for the most important house in the world. Yours.

##  <br> QUALITY-CONTROLLED CARPETS

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It could be the historic chiming School Days clock. Or any of the other wall and mantel clocks in the Barwick Bicentennial Collection celebrating America's 200th year of independence.
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They're available now at pre-celebration prices at jewelry, furniture and clock stores. If you don't know who is near you, write and we'll tell.

# Do you really know what's goded fior you? 

## HY ELDISE R. TRESCHER, RID

To many mothers' dismay, young children are often suspicious of the food placed before them. They feel it, they ask "what is it?" They say "why?" Adults are now becoming just as inquisitive, but for substantial reasons, rather than whim. And it's about time. They too want to know what they're eating, and why. They're probing more, reading more labels, digging deeper into the world of nutrition. Here are answers to some questions that frequently come up and that I consider important as well as pertinent to today's table for well-balanced nutritious meals.

## What is the nutritional value of honey?

One of the best reasons for eating honey is that it tastes good. A second is that it is a concentrated source of calories. I've listed a comparison of the energy value of honey, syrups, and sugars. It depends on how many calories you want to sweeten your meal.
In amounts usually eaten, perhaps one to two tablespoons, the mineral and vitamin contributions of these foods are insignificant.

| $31 / 3$ OUNGES <br> (I00 GRAMS) | CALORIE COUNT |
| :--- | :---: |
| Blackstrap <br> molasses <br> Maple syrup | 213 |
| Cane syrup | 252 |
| Jams, jellies, | 263 |
| $\quad$ preserves | 273 |
| Honey | 304 |
| Maple sugar | 348 |
| Brown sugar | 373 |
| Granulated sugar | 385 |
| Powdered sugar | 385 |

What is the nutritional difference between butter and, say, salad oil? Is it preferable to substitute oil wherever possible? And what should the consumer go by to choose a good oil?
The chief contribution of fats of all kinds is calories. The actual caloric difference is:

| CALORIES PER POUND |  |
| :--- | :--- |
| Butter | 3,248 |
| Margarine | $\mathbf{1 5 , 0 0 0}$ International Units |
| Oils | 3,266 |
|  | $\mathbf{1 5 , 0 0 0}$ International Units |

Although butter and margarine supply vitamin A, deep green and deep yellow vegetables and liver contribute a greater amount of this important vitamin. All animal fats contain cholesterol, while vegetable fats are cholesterol free. In certain cardiovascular disorders, it is wise to choose fat from those that are polyunsaturated. These are, in order of descending importance, safflower, corn, soy bean, and cotton seed. In general, the more firm or solid the fat, the higher the degree of saturation. The average American diet is rich in cholesterol and saturated fat. Remember that butter, meats, egg yolk,

Continued on page 20



## Levolor Riviera blinds come in 86 extraordinary colors. Geoffrey Beene liked one.

SEND 50 C FOR A COPY OF "WINDOW MAGIC" TO LEVOLOR LORENTZEN. INC., HOBOKEN, N.J. O7030. TO FIND NEAREST DEALER, CALL 800-447-4700. IN ILL., 800-322-4400. BOTH TOLL FREE. O1974 LEVOLOR LORENTZEN, INC.

If you had to pick the fashion designer who invents the most unusual colors, it would probably be Geoffrey Beene. But it's not surprising that he designed an outfit in the exact shade of a Levolor Riviera blind. Because Levolor's color chart reads like a roster of designer colors. Dozens of luscious, exciting colors, ranging from gingham prints to polished aluminum (shown here, Pink \#230).

Of course, with blinds as in fashion, color is important. But style is equally important. And Levolor blinds are beautifully styled. The slats are
thin, and elegant. Instead of an awkward tilt cord, Levolor uses the Magic Wand," a transparent rod that actually adds to the beauty of the blind.

Levolor blinds are also the most practical window covering yet discovered. They require virtually no maintenance. And the right choice of color can even cut down your air conditioning or heating load. (If there were a Riviera in every window, there might not be an energy crisis.)
Levolor Riviera fashion blinds. If Geoffrey Beene liked one, you probably will, to. Levolor Riviera Blinds


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## The Lady Pepperell Legacy: <br> "Our patterns must be at home with whatever youre at home with".



Note our Kittery pattern, shown here. Both rooms have only Kittery in common. And both are made lovelier for it.

The pattern is as timeless as the daisy fields that inspired it. It's not surprising, then, that Kittery's effect on a room is much the same as that of an abundant bouquet of fresh flowers.

Colors? The day brightening yellow you see here. Plus a luscious blue and dainty pink.

While Kittery is timeless in appearance, it's totally up-to-date in the way it performs. Because it's half cotton, half Dacron ${ }^{\text {e }}$ polyester, there's no need to iron it. (Matching towels are 100\% cotton.)

Perhaps the best way to evaluate Kittery, however, is to close your eyes and imagine it in your bedroom.

Uncanny how Kittery can brighten a room, isn't it?


## Sudu Pepperell

Being around for 125 years isn't what makes us the finest. Being the finest is what kept us around that long.

## WHAT'S GOOD FOR YOU continued from page 20

## Does rare meat have more protein than well-done meat?

Not at all. If meat is cooked on a rack until well done, more fat is likely to be expressed as "drippings" than is lost in rare meat. The more fat discarded the lower the calorie value-but the proteir: value is unaffected.

What is the difference between whole-grain rice and the refined white rice that we Americans consume?

Calorically there is little difference among brown, refined, and enriched white rices. Both brown and enriched white rice, however, are nutritionally preferable to refined, unenriched white rice. Brown rice contains three times the fiber content of the white rices, and more calcium, phosphorous, sodium, potassium, riboflavin, and niacin, while enriched white rice contains over twice as much iron, one-fourth more thiamin, and one-third less niacin than brown rice.

Do you think patients get adequate nutritional direction from their doctors?

Nutrition is a relatively new science. Although many medical schools now have a chair in nutrition, many more do not. The scien-

> Calorie needs are reduced as we grow older. . . balance the emergy you eat against the energy you use" tific knowledge of nutrition is so vast it is a science in itself and it is difficult to incorporate more than an appreciation of it into an already full curriculum. Your doctor may refer you to a nutrition specialist.
Why does a person over thirty have to eat less to maintain

## the same weight as when she was twenty?

This is simply because calorie needs are reduced as we grow older. As we get older we usually do not exercise as much as the young, we are not as active. If we take in more calories than we need for the energy we put out, we'll gain weight. You must balance the energy you eat against the energy you use. And since you are not exercising as much you need fewer calories.

It might help to know just how many calories we do need, and so I have listed the daily calorie allowance for adults. My source for this scale is The Recommended Dietary Allowances, revised 1973, of The Food and Nutrition Board of The National Academy of Sciences, National Research Council.

| AGE | CALORIE ALLOWANCES FOR MALES | FOR FEMALES |
| :---: | :---: | :---: |
| $19-22$ | 3000 | 2100 |
| $23-50$ | 2700 | 2000 |
| 51 plus | 2400 | 1800 |

If a woman is pregnant she should add 300 calories daily, and if actating, 500 should be added. Since men are usually larger than women they can eat more. If calories are chosen from four food groups-milk and milk products; vegetables and fruit; meat, fish, poultry, eggs, and cheese; bread and cereals, whole grain or en-riched-in recommended amounts, protein, mineral, and vitamin needs are likely to be met.

Is ginger ale the quickest way to counteract low blood sugar on an immediate basis?

Orange juice is perhaps the quickest food way of counteracting low blood sugar. Other fruit juices and soft drinks containing sugar are a close second.


## How we put the beauty of silver into fine stainless.

It isn't easy.
And maybe the reason we do it so well is because we were silversmiths long before we started working in stainless.

In fact, to this day, every one of our Oneida Heirloom Stainless patterns is first crafted in sterling silver, and then duplicated in the harder stainless metal.

Maybe that's why so many people think our stainless looks so much like fine sterling.

Another reason for this look-alike is the quality of our "finishing"...especially the very expensive hand buffing and polishing.

Not enough finishing, and youve got a dull, lifeless metal with sharp, rough edges.

For example, on our fork tines, the inside edges have to be as smooth and as perfect as possible. So what's adequate finishing for some is just the beginning for Oneida.

But that's just one example of how a silversmith makes stainless. Stainless that's worthy of being passed down from mother to daughter.

And because your Oneida service is going to be around for a long time, it's nice to know you can obtain additional pieces from open stock.

So when it's time for you to choose your stainless, ask to see our stainless.

Oneida Heirloom Stainless. Complete services are available in the silver departments of leading department and jewelry stores.



Rembrandt


Raphael


Dover


Will 'O' Wisp

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## HEKMAN



SOME NOTES ON GOOD LOOKS AND GOOD HEALTH

## How to put HOUF best fuce forward

## Seven urays to care for your skin from moted dermatologist IDr. Albert M. Kligman

## BY CAROLINE SEEBBOHM

The human face is a fascinating thing. It can speak volumes. It can inspire poetry. It can launch a thousand ships. We may forget a name, but we rarely forget a face. "We have," says Desmond Morris in The Naked Ape, "the most subtle and complex facial expression system of all living animals. By making tiny movements of the flesh around the mouth, nose, eyes, eyebrows, and on the forehead, and by recombining the movements in a wide variety of ways, we can convey a whole range of complex mood-changes."

It is hardly surprising, then, that the look of our faces should play such an enormous part in our lives. Right from its first wrinkled, bumpy, pink appearance on this earth, the face is in the limelight.
"People differ more in facial skin than in any other biological facet," says Dr. Albert M. Kligman, professor of dermatology at the University of Pennsylvania School of Medicine. "They differ more than they do in their intelligence or in their instincts. No two faces are alike. When we study the skin of forearms, there are similarities between people-but we are highly differentiated animals as far as facial skin is concerned."

It is therefore difficult to generalize about facial skin, which is unfortunate since we care more about our faces looking good than any other part of our bodies (figures coming a close second, I would think). Oily skin, dry skin, Northern complexion, Mediterranean complexion-Dr. Kligman recommends the following seven things to keep every face looking its best:

IClean your face with mild soap, cleansing milks or creams in moderation. Twice a day should be enough. Your face is cleaner than you think. Too much cleansing over the years can cause damage.

2Occasional mild massage with a gently abrasive cloth or cold water stimulates the blood flow in facial skin and helps it to look its best.

3Keep the surface of your skin smooth with emollientsmost moisturizers and creams do the job. Emollients will keep the skin's surface in its best condition, but will not retard the aging process.

Continued on page 30


## Skin Life Deep Moisture Makeup. A revolution. Makeup, moisturizer and beauty treatment. All in one.

We have used the science of biogenics to develop a glowing new makeup. And with it, your skin not only gets color, it gets help. For, besides color, besides moisturizers, this makeup has GAM. And GAM is the basis of all our

Skin Life biological beauty treatments, which help to get your skin looking fresher, brighter, younger.

Skin Life Deep Moisture Makeup. The makeup that's also a serious beauty treatment. In liquid, cream or stick formulas.


## Helena Rubinstein/the science of beauty

# "Keep the temperature of the rooms in your house down, and the humidity high. The lower the thermostat, the better for your complexion" 

GOOD LOOKS AND GOOD HEALTH continued from page 28

What happens in aging skin is that the fibrous substance of the skin itself deteriorates, mainly through exposure to sunlight, and the cells, which normally come off one at a time, come off in big clumps, so that the skin can look dry and scaly. Moisturizers and creams can smooth the outside surface of the skin and reduce friction (particularly
important in winter and when resting the face against pillows at night).

1Keep your face as protected as possible from sunlight. Wear hats and use protective creams. Too much sun causes wrinkling and fine lines.

${ }^{3}$Keep your hands away from your face as much as possible, to avoid wrinkling the skin and further irritating any
blemishes you may have. Remember this when watching television, working at a desk, or reading. Continual changes in expression can cause wrinkling, too, particularly around the eyes, when the skin is expanding and contracting thousands of times a day. If you were never to smile, never get angry, never grimace, never laugh, and stay in the dark,


Charming, authentic reproductions of colonial samplers, quilts and early engravings bring the design and artistry of our American heritage into the contemporary home. A collection beautifully suited for traditional or modern decorating. All Scotchgard ${ }^{\infty}$ protected against stains and soils and all available with companion wallcoverings.
Waverly's Bicentennial Heirlooms are at your favorite department or drapery fabric store, by the yard and in made-to-meas-
your slin would stay as smooth as a child's-but what kind of a person would you be if you lived like that?

6Keep the temperature of the rooms in your house down, and the humidity high. This is particularly important, of course, in winter. The lower the thermostat, the better for your complexion. It's good for your furniture and the energy crisis too!

7Blackheads and pimples should be allowed to grow out by themselves normally, or removed professionally. Do not attempt to remove them yourself as they can cause scars. A blackhead is an accretion that does not leave the follicle, a filling in of the canal with fibrous protein. Ask your doctor for advice if blackheads are a problem for you.
> "Our lives are reflected in
> our faces-they should be mirrors, not masks "

Always treat your facial skin with the greatest care, whatever condition it is in, when washing, moisturizing, putting on make-up, massaging. Do not get angry with it. It will show.
Exposure to the world is what changes our faces. We would be less than human if this were not so. In a face you can read a character. Think of W. H. Auden's latticed face-a map of experience; an old peasant woman's face; Katharine Hepburn's face; Picasso's face. Our lives are reflected in our faces-they should be mirrors, not masks.
For new beauty products in the stores, turn to page 34 .


## Indoor Landscaping

We're bringing outdoor accents inside with a loveseat and sofa and chairs that create a warm and breezy setting. All our exclusive patterns and coordinate colors (parrot green, brick and driftwood beige) project the interplay of light and contrasts found in nature. These contrasts can really bring a room together. mating Tri

They've all been designed to cope with casual life-styles, because they've all been treated with SCOTCHGUARD*. It's the Fabric Protector with Extra Soil Defense against every kind of spill,
even oil based stains. You'll find dirt brushes oft and stains wipe away. Most important, Scotchguard keeps the cool-lush look in your fabrics, so colors stay early morning fresh and vibrant.

Right now you can garner great landscaping combination values, with loveseat and sofa, or sofa and two chairs for only $\$ 750$. You'll save $\$ 140$ for a limited time only.

Pieces are also sold individually. So take a good look at the $88^{\prime \prime}$ sofa and $66^{\prime \prime}$ loveseat covered with cotton velvet. They've been plumped with polydacron cushions $8^{\prime \prime}$ deep, and tufted with built-in comfort wrinkles for that lived-in country look. Now add a pair of polydacron covered chairs
that actually swivel and rock. Prices at $\$ 199$ each in an original Selig handscreen color coordinated print.

Now you've got beautiful landscaping for people who appreciate rooms as beautiful as the great outdoors. You'll find Selig landscapes at fine stores. Or write for our Folio of Contemporary Designs, send $\$ 1.00$ to Dept. G-49, Selig, Leominster, Mass.
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Original colors, original designs transform the bath into a retreat as unique as you are.

Kohler has a color to please, a design to pamper your tastes. With bath ideas like these: $(\mathrm{A})$ Man's Lav shampoo \& grooming center. In Tiger Lily. (B) The 6 ft . Caribbean tub in


## $0-515)^{4}$

Black Black. (C) Lady Vanity shampoo center \& baby bath. In Fresh Green. (D) The Rondelle lavatory in New Orleans Blue. (E) The $20^{\prime \prime}$ deep Steeping Bath.
ors. (F) The Bath in Pink Champagne. $5 \frac{1}{1^{\prime}} \times 7^{\prime}$ of bathing luxury. (G) The Birthday Bath in Antique Red with ball and claw feet in gold electroplate.

at fine interior designers and wallpaper dealers


## CHRISTMAS RUSH A RACKET?

Get ahead of the game by shopping early from N-M's great 1974 Christmas Book! The Book costs 1.00, and with it you receive an " N -M Dollar" worth 1.00 toward your first purchase from the pages of the 1974 issue. The 1974 Book will be ready in Mid-October to mail to you, or to a friend. Send 1.00 with your (or your friend's) name and address to: NeimanMarcus, Dept. 07, P.O. Box 2968; Dallas, Texas 75221.


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Protect your silver against tarnishing the easy way. Only rich, brown Pacific Silvercloth is embedded with fine particles of silver that trap tarnish-producing elements in the air.

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For free booklet on silver care write: Wamsutta Industrial Fabrics, 111 W. 40th St., N.Y. 10018, Dept. G

## GOOD LOOKS AND GOOD HEALTH <br> continued from page 30 <br> BEAUTY AND HEALTH PRODUCTS NEW THIS MONTH IN THE STOIEES

maybelline . . . who's been "all eyes" for fifty-eight years-now introduces make-up for the rest of your face. Fresh \& Lovely By Maybelline is a complete line of products with a natural look and just enough coverage and color. Begin with Moisture Make-Up or Oil-Control Make-Up, one for drier, the other for oilier skin. Then there's Velvety-Finish Pressed Powder in eight shades. Day/Night Blush Cremes are a set of dual cheek colors-matte for day, pearly for night. Moisture Lip Color comes in 14 shades and there are 6 shades of Lip Shine Glosser, one of which is perfectly clear. Moisture Make-Up and Oil-Control Make-Up, $\$ 1.50$ each; Velvety-Finish Pressed Powder, $\$ 1.65$; Day/Night Blush Cremes, $\$ 2.35$; Moisture Lip Color, \$1.25; Lip Shine Glosser, \$1.
cheeseborough-pond's. . . Anything that helps lubricate and soften skin is very welcome and a lotion that has a super-special scent is a real treat! Vaseline "Intensive Care" Lotion has a new formFresh Herbal Vaseline "Intensive Care" Lotion. The fragrance comes from ten herbal essences like ginger, clove, lemon, eucalyptus, and geranium. Fresh Herbal Vaseline "Intensive Care" Lotion, 6 oz., $99 \mathrm{c} ; 10$ oz., $\$ 1.39$.
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charles of the ritz . . . Wheat Toast . . . Raisin Toast . . . Jelly Toast . . Burnt Toast . . . Breakfast? Nope. Great burnished shades added to the Ritz Protective Nail Colour Collection. Deep, lowkeyed colors that glow on their own. $\$ 2.75$ each. Mandarin Punch

Orange Curaçao . . . Crême de Rosé . . . Plum Cordial . . . Afterdinner treats? Wrong again. They're Cordial Colours in lipstick form, part of the RealColour for Lips collection. Very light, with just a subtle suggestion of color on your mouth. Cordial Colours, $\$ 3$ each. At Lord \& Taylor; Rich's, Atlanta; I. Magnin; Marshall Field.
yardley . . . What every fragrance lover needs is a balanced combination of perfume and cologne-Daylight Encounter blends the best of both, giving you a light yet lasting aura of its fresh, floral, day-into-evening scent. Daylight Encounter Perfume Cologne, 4 oz., $\$ 6 ; 2$ oz., $\$ 3.75$. Spray, 2 oz., $\$ 4.25 ; 1$ oz., $\$ 3.25$.
l'oreal . . . Lots of summer sunshine bleaches hair naturally but leaves it stripped of the oils that keep hair soft. There are five 1-ounce bottles of Oleocap in this special treatment set. One at a time with the help of some moist, warm towels should help restore your scorched hair in as little as fifteen minutes. Small price! Oleocap, 5 treatments in 1 -oz. bottles, $\$ 3.75$.
LEichner . . From one of Europe's oldest make-up companies, famous for its special colors and theatrical make-ups, one of its original turn-of-the-century products, Rose Pon Pon is now available here. It is a completely natural formula of rosewater, glycerine, and pressed rose petals. It leaves a sheer stain wherever you put it, and removes easily with soap and water. Rose Pon Pon, $\$ 4$. To order from Serendipity 3, 225 East 60th St., New York, N.Y. 10022, or Boyd's Chemists, 655 Madison Ave., New York, N.Y. 10022.


A special-edition collection of couture bed linen.
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## Whirlpool believes quality can be beautiful.

We've listened to a lot of people in the last 60 -odd years. We listened and we learned.

And the most important thing we learned was that the word quality should describe a company as much as it does its product.

In other words, just making good appliances isn't good enough. It takes something extra.

Something like a simplified letter warranty that people can read and understand at a glance.

Or a toll free telephone service that's always there to help.
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We've done these things and we're doing more. And we're doing them because at Whirlpool we believe a company has to think quality before it can even start to manufacture it.

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It's Cellulayer by North Star.

Imagine a blanket that gives you a lot more warmth without a bit more weight. That practically eliminates shedding, yet is fully machine wash and dryable. That's what you get with our exclusive new Cellulayer ${ }^{\text {TM }}$ blanket. Thesecret is a cellular layer of polyester foam into which we have Fiberwoven brand name fibers or woolen blends. The thousands of tiny cells within the foam keep the warm on your side. And, because the fibers are interlocked with the polyester, they resist pulling and shedding. New Cellulayer is available in seven North Star styles. And ounce for ounce, they're the warmest blankets we've ever made. And whether it's on blankets, auto upholstery, furniture upholstery, carpet yarns, drapery cloth or fabrics for fashion and home sewing - our name is your àssurance. Chatham Mfg. Co., Elkin, N.C. 28621.

Anything worth covering isworth



#  It's a gingham revival...by Clopay. 

Here's old-fashioned design . . . given new-fashioned treatment. CLOPAY borrowed the crisp yet soft look of gingham and made it into lovely window shades, self-adhesive decorative coverings and Lintone vinyl yard goods. Now you can create great backdrops for your life with all three in CLOPAY gingham of blue, red, pink, yellow and mint green. There's no limit to their use because gingham goes anywhere kitchen, bedroom, bath or family room to help lighten and brighten your life.

And, all CLOPAY products are easy to work with. CLOPAY's window shades are light filtering transluscents so perfect for conserving heat in the winter and air-conditioning in the summer! And, CLOPAY's exclusive SIZEMASTER ${ }^{*}$ rollers adjust both in an out for perfect window fit. CLOPAY self-adhesive decorative coverings are washable easy-care vinyls that you simply apply after you pull off the paper backing. Lintone,
too, is easy-care vinyl and comes in convenient 54 inch widths just great for such things as draperies, upholstering and table cloths. (Add a CLOPAY self adhesive fringe or trim for a profession? decorating touch!) So, come on, join t' gingham revival with CLOPAY winds shades, decorative coverings and I vinyl yard goods.

CLOPAY ${ }_{\text {Homewares }}$ Clopay Sq., Cincinnati, O. 45214 • (51?
Joe Namath says, "Giv


# A-Z-BOY LA-Z-ROCKER. <br> nat 'breaks its back' for you !" 

The La-Z-Boy La-Z-Rocker is an altogether new experience in seating comfort. Imagine a chair with a back that actually "breaks" with the natural movement of your body. But that isn't all! This exciting innovation swivels as well as rocks!
What better gift could you give your family and yourself for Christmas? The La-Z-Boy La-Z-Rocker is the chair everyone is certain to think of as his very own.

You'll love that eclectic styling, accentuated with a low-back silhovette.
This lovely creation is available in the fabric and color of your choice. See your La-Z-Boy dealer today, or write for free, full-color brochure.



One of 73 revolutionary designs.

Among the precut Lindal homes inspired by America's revolutionary period, this gambrel-roofed model is further distinguished by naturally appealing cedar, inside and out.

But even more "revolutionary" are its unique and enduring structural advantages (like steel-reinforced beams) and extraordinary design flexibility.
We can move or delete interio
walls, enlarge or otherwise customize. Like changing its colonial facade to a striking contemporary look (see below). All simply and inexpensively
In fact, our 73 "standard" plans may offer today's easiest, most economical escape from look-alike housing.
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## UINDAL CEDRR HOMES

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## Alliumsthe edible and flowering onions

BY WHLLIAM R. HAREIS

Allium is one of 200 genera in the family of plants that includes about every bulbous one you can think of (Glory-of-the-Snow, Daffodils, Tulips, Lilies) and a surprising number of herbaceous perennials ranging from Daylilies to Yucca. If you care that the family's name is Liliaceae, you are one gardener in a million, for few of us have the inclination to move so deeply into botany. Allium itself is a very large genus-some 280 species have been described, and more seem to pop up in some plant hunter's bag every two to three years. Seven are edible and five of those are important foods. The majority of the remaining species are useless; many are the kind of weeds you wouldn't dare put on a compost heap, for their seeds would be ready to germinate about the time the compost was ready to spread. Collectors of this genus, however, have found fifty to sixty species with garden value, but of these not more than twenty can be found in commerce and not all of them in one catalogue.

The various species of Allium have much in common. They are found in most parts of the northern hemisphere; none have appeared south of the equator (North America has seventy species). They all grow in light, sandy soils in a warm location, so that is the way to grow them well in a garden. All can be moved at any season by the home gardener, but suppliers deliver them only in the fall or very early spring when the bulbs are dormant. All can be raised from seed, which is not a particularly tricky business, but it takes about three years to see flowers. The scapes (or stems) of the flowers vary widely in height-from a few inches to 4 to 5 feet, but the flowering heads all have the same form. They are umbels-a bell-shaped flower made up of many small ones on individual stems (pedicels), each having more or less the same length. Some are as large as baseballs, others pleasant little puffs, only a few differ in shape. These umbels tend to get papery as they age and thus make dried flowers,
but few hold their color well. Like any bulbous plant (some species grow from rhizomes, a thickened root), Allium will "run out" in a few years if gardeners with an overdeveloped sense of neatness cut off the leaves before they dry. Another common trait is that the leaves of nearly all species when cut or crushed smell of onion, a fine zesty smell-except perhaps the odor of boiling onions. (If our TV commercials mean anything, they are telling the world that we Americans are obsessed with cleanliness, and odorless persons and households, but it is a fact that objectionable odors are killed only by superimposing a stronger pleasant one, or by sprays that deaden one's sense of smell.) Those who object to the smell of decorative Alliums need only to keep from cutting or breaking their leavesonly one species has flowers that smell oniony (very faintly); the rest of them have pleasant scents. The onion odor from the ends of cut scapes disappears as soon as they are plunged into water. It is hard to find a catalogue offering Allium that even hints at this characteristic. Do-not-mention-charac-teristics-without-sales-appeal is normal in salesmanship. Another problem common to the decoratives is man-made; their nomenclature is a mixed up mess. The few varieties in commerce all seem to be true to descriptions, but every so often a firm will catalogue what it believes is a variety never before offered. Collectors tell me that half the fun of collecting Alliums is waiting to find out if new varieties from a catalogue, a botanical garden, or another collector are new to them.

The names of the edible species of Allium are all agreed upon. A. cepa is the onion of the vegetable garden and commerce regardless of variety, which are legion. That delight called shallot is A. ascalonicum. (Home vegetable gardeners who have had difficulty with these should remember that unlike onion sets, which are planted an inch below the surface, shallots are

Continued on page 44



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ALLIUMS continued from page 42
planted so shallow their little stringy top shows above ground level.) The fine vegetable known as leek and used far more abroad than in America is A. porrum; chives, which make a great edging plant, are hard for cooks to do without. They are the species A. schoenoprasum. The toothsome Welsh or green onion of spring is known as A. fistulosum-and it is one of the parents of the Spanish onion. Rocambole or sand leek is mostly uncultivated in the United States. It is A. scorodoprasum, a garlic of medium flavor whose bulbs form underground and on the top of its stem-a mature clump of it produces enough bulbs for most families; it is very hardy. Then of course there is garlic, A. sativum, of which the poet Homer must have been redolent, if he ate it as much as he talked about it. Garlic has a long growing season, but I have raised bulbs of respectable size in Litchfield's Zone 4 climate. And there is no doubt about the names of the Allium that are despicable weeds, formerly almost impossible to eradicate but which today can be killed by strong herbicides like 2-4D.
As space does not permit discussing all the decoratives, I have
chosen only those that are found in American catalogues. In the 1920s and 1930s there were apparently a dozen or so small firms in California and the Mountain West that offered choice native varieties to affluent Eastern gardeners, but their founders and businesses, as far as I can find, are gone, and if their places have been taken, I know of none-but would like to. The literature on Alliums is skimpy, but the large gardening dictionaries and encyclopedias carry the botantical names and descriptions of many. There seem to be no monographs on the genus. But Louise Beebe Wilder, America's finest writer on the subject of gardening, which she practiced so well for so long, tells of her experiences with Allium. ${ }^{\circ}$ I have shamelessly used some of her material (the following quotes are from Mrs. Wilder). I have firsthand experience with about six of these decoratives.
A. aflatunense. This species is said to have purplish-lilac blooms in most catalogues, but it is elsewhere described, probably more accurately, as lilac with darker ribs. The scape is about 30 inches tall, topped with 4 -inch globes. It keeps well in water and is said to
make a satisfactory dry flower, which I doubt, so far as color is concerned. This native to central China blooms at the end of May and is hardy in Zone 5. Cost is about 50 c per bulb.
A. cacruleum (Blue Globe Onion). Really hardy-Zones 2-3. It is usually listed under its botanical synonym, azureum. The deep blue, 2-inch balls appear on stems about 2 feet tall in early June (catalogues give the height as 3 feet). If you get one that is a deep sky-blue with a dark blue line through the middle of each flower, you may have what Nicholson, the British botanist, identifies as $a z u r$ eum, which he claims came from Siberia about 1830; no one else seems to have seen this blue line, or at least thought it important enough to argue about. This is a good cut flower and if you like a washed out color, dry it. They sell for about $\$ 2$ a dozen.
A. cowamii. This species can't be found in any of my sources and the chances of it being a duplicate are good, but some firms list it. A Mr. James Cowan, who collected plants from Mexico and Peru in the first part of the 19th century, does have a genus (Cowania) named after him, and it could be
that a friend tossed this name to him as a compliment (one should not name a plant after oneself). The catalogue says it originated in the Mediterranean, which to me makes it nonhardy in these parts -but maybe it did come from a similar climate in Mexico, one of Mr. Cowan's hunting places. One catalogue says it has "large heads of pure white flowers, in all respects superior to neapolitanum," which could be true, for it sells for $\$ 1.75$ a dozen, far more than neapolitanum. I'd assign Zone 7 hardiness to it-that's the zone rating of A. neapolitanum.
A. elatum. This species comes from Bukhara, a very cold and dry country, and it seems prudent to give it a Zone 3, or very hardy rating. Blossoms are called "large" by all authorities, but I suspect its size is somewhat smaller than $A$. giganteum, which I have seen up to 7 inches in diameter, probably greenhouse-grown, for the largest heads in our garden have been about 5 inches. It has broad shiny green leaves; scapes grow to about 3 feet, and it is supposed to flower in late May, but I'd guess early June. Color is lilac-pink. Prices seem to range from $\$ 1.75$ to $\$ 2.50$

Continued on page 47 *Mrs. Wilder's books are out of print but still in demand. Try Elizabeth, Woodburn, specialist in old garden books, Hopewell, N.J. 08525 for copies.



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## ALLIUMS continued from page 44

each, which usually means that the more expensive bulbs, offered by the quality firms, are much larger.
A. giganteum (Giant Onion). This impressive bright blue beauty is widely catalogued, and well it should be, for it is a great bulb to plant in the middle of the shrub border or in a place of honor by itself with a suitable background. The 4 -foot scapes are extremely strong and woody and will break over only in very exposed locations where they should not be planted, because they are hard to keep straight when staked-they grow too fast to keep the scape from kinking at the ties, regardless of how loosely made. Hardiness is rated Zone 5, but we do all right with it on a southern exposure in Zone 4. Prices run from $\$ 1.75$ to $\$ 2.50$ each, depending upon the bulb size, information few nurseries supply. This is not criticism, for all contend with Holland crop conditions and some years top-quality bulbs just are not as large-they are top-quality for that year.

## A. Itarataviense (Turkestan

 Onion). So you know where it came from. The leaves are broader than a tulip's, dark green, flatand mottled purple. Mrs. Wilder says the leaves "arch over to touch the ground, are almost oblong and thick in texture. They are perhaps of more value than the flowers, which, although forming a round ball on 8 -inch stems, are of unconvincing color." Well, the color is a pinkish-white, not very convincing, for by the second time you've looked at it the sun has flushed out the pink, but the flower does stand on strong stems. It probably shouldn't be planted in a border, but a place in a rock garden is satisfactory; it remains a feature for a long time, for its "seeding is decorative, and its leaves do not die as quickly" as others. This is a Zone 5 plant; prices run from $\$ 4.25$ to $\$ 6$ a dozen.A. moly (Lily Leek or Golden Garlic). This species has a mixed nomenclature. It is really A. aureum, a discovery of Mrs. Wilder's that authorities have so far ignored, for all of them call it moly. That word, Mrs. Wilder found, was the generic name given "by the old writers to the race we now know as Allium." She was never able to find a source except in Homer's Odyssey, where it probably was meant by him to be allegorical, for he endowed the plant with magical properties. Ulysses walked, under its protection, into the "sties" of Circe, where his companions were all transformed into
swine. Alfonse Harr, botanist and poet, says that many people who have Allium aureum in their gardens do not know that it is to this "assiduous vegetable" that their astounding good fortune and prosperity can be ascribed. It seems to follow that those who do poorly at the races or investing in stocks have been relying on rabbits' feet instead of Golden Garlic. The flower heads of moly are goldenyellow, star-shaped, and loosely formed. Scapes are about 10 inches tall. Lucky or not, it's a very nice plant; put them together in clumps rather closely. Although it comes from southern Europe, it is a very hardy Zones 2 to 3 plant. And it is rather inexpensive-prices range from $\$ 1.50$ to $\$ 2$ a dozen. Even top-quality bulbs are rather small.
A. neapolitanum (Daffodil Garlic or Naples Onion). This nice white variety is definitely a Zone 7 plant; Dr. Wyman reports that in Zone 5 its hardiness is not reliable. The variety A. n. grandiflorum, used in Europe by florists, has a larger head and its stem at 12 inches is a bit longer than this species'. "Large white flowers have greatest purity, save for the rosy stamens, and gather into loose heads like a bunch of pear blossoms." Mrs. Wilder says she lost neapolitanum many times in Bronxville, but also kept it over "more than one winter," so careful gardeners should do as well in Zone 5. Of ccurse, anyone can grow it in a greenhouse or indoors to get its nicely fragrant, long-lasting flowers. Bulbs seem to sell in the $\$ 1$ a dozen range.
A. rosenbachianum (Rosenbach Onion). Who was Rosenbach? Well sir, I discovered that his name was General Nikolai O . von Rosenbach, a governor of Turkestan, but I don't know when he governed. As his name is not in the Eleventh Edition of the Britanni$c a$, I can only conclude that he's lucky to have had an onion named after him. And he's not in Mrs. Wilder's long list of Alliums, either. In America the scape grows to about 4 feet. Flower heads are large, the flowers starry and dark violet, which is another way of saying purple. Dr. Wyman calls it "an excellent and most handsome species for drying the flowers," and it is true that the darker the color the better any flower holds its color when dried. It is rated as Zone 5, which means that if protected in Zone 4, it will probably come through the winter. Costs range from $\$ 5$ to $\$ 7$ a dozen.

Continued on page 194

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## THOUGHTS FOR the Dostess

## BY MARY MOON HEMINGWAY

September is a burgeoning time. Rooftop gardens, backyard patches bloom copiously; the stores have a wide variety of fresh produce. This is a time for feasting, for conserving, for being grateful for the generous rewards of nature.
It's an American tradition to celebrate this bounteous season with county and state fairs. I think it would be fun to have a county fair party-banners, bunting, flags, the works! To take advantage of the daylight, I'd start the party fairly early in the late afternoon and benefit from the outdoors. Friends will be invited to bring their own, home-grown, potentially prize-winning produce to be exhibited on bunting-trimmed tables set up outside-rare melons, perfect tomatoes, out-of-the-ordinary vegetables, lush fruits that will be "judged" later by a committee.
For the early comers, a half-keg of beer on ice and lots of buttery popcorn, pretzels, and old-fashioned peanuts in the shell. Nondrinkers will enjoy icy schooners of root beer. There'd be horseshoe pitching, darts, tugs of war, Indian wrestling, any nostalgic sport. Before the actual dinner hour I plan to add applejack drinks and hard cider for more clout, to be served with cheese and crackers. During the drinking hour it would be fun to have band music, live if there's a rentable one or on records-there are a great many to choose from.
What else for such a party but the groaning board, buffet style, checked tablecloths, heavy crockery and the like. For a spoof, the main dishes could be "prized" with merit badges-a blue-ribbon ham glazed with syrup and honey, an extravagance of garden vege. tables in separate dishes, a cauldron of mashed potatoes or new potatoes, baked beans redolent with ginger, molasses, mustard, and salt pork. "Prize-winning" breads in abundance too-anadama, honey wheat, cornmeal-all homemade or approximations thereof, to be slathered with sweet butter from tubs. What's a cooking contest without preserves served from the original jars-apple and quince butters, bread-and-butter and watermelon and cantaloupe pickles, end-of-the-garden relish, whatever may be found or made.
In addition, there would be another "prize" table of cakes and pies and an offering of ruby pink sass (rhubarb) and applesauce to surfeit the appetite for old-fashioned foods. You might even be daring and serve fresh milk to wash it down, as well as plenty of coffee and cider.
For a smaller group, stew in a pumpkin is fine harvest fare and looks great. Marvelous from now to Halloween. You scoop out the seeds, butter the insides of the pumpkin well, and bake about ten minutes to the pound until almost done. Fill with a favorite beef stew recipe, adding corn, cubed sweet potato, and a cup or so of Marsala. Cover with the pumpkin lid and bake until the gourd is soft, the stew hot. Serve right from the pumpkin. All that's needed to round out the meal is a hearty bread for gravy sopping. A fitting finish could be deep-dish fruit pie, fruit turnovers, or jelly-glazed baked apples plus cheese.
After the dinner, big or small, why not hew to the mood with square dancing? Hire a caller if the number of guests warrants it

Continued on page 116


Whether you are building a new home, or remodeling your kitchen, it makes sense to look carefully into the appliances you choose. When you do, you'll find it makes even more sense to buy Frigidaire.

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HOME IMPROVEMENT IDEAS FOR the house fixer BY WILL MOIBIRI

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$\qquad$


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On April 29, 1778, two elderly gentlemen stood before the Academy of Sciences in Paris. They embraced, kissing each other on both cheeks, and the normally staid and sober academicians erupted into cheers. The embrace was a bit awkward, to be sure, since one of the men was American, unaccustomed to the French mode of salutation. He was Dr. Franklin of Philadelphia, only American member of the Academy, in France on a diplomatic mission for the brand new United States of America. Older of the two, and more fragile, was none other than Voltaire, humanist, satirist, and a leading proponent of the ideas set forth in Jean-Jacques Rousseau's Social Contract. Rousseau himself would have completed a brilliant triumvirate, but he, unfortunately, lay dying in his Ermenonville retreat.

France flipped over Franklin. A theorizing scientist, he was also a down-to-earth mechanic. Having figured out the nature of lightning, he went on to figure out a way of preventing lightning damage to buildings. In France, his paratonnerre (lightning rod) was the marvel of the age, used on public buildings everywhere. One of the leading apostles of Rousseau's democratic ideas, he was a prime mover in the American colonies' rebellion against British rule. He was famous, too, for having a way with the ladies.

So the enthusiasm at the Acad-


Blue strips indicate relation between metric and English systems. If you would like a handy, easy converter for home use, see page 58.
emy of Sciences was well justified. The meeting symbolized the whole spirit of the age: American practicality and European intellect combined would recreate the world. And, in point of fact, that

## BY JAMES FANNING

is just about what actually happened. The ferment sparked by such men as Franklin and Voltaire resulted in two successful revolutions, creation of the United States Constitution, and-something the world needed even more than new systems of government-a new, universal system of measurement.

Having won its revolutionwith a big Franklin-wangled assist from France-the United States proceeded to the meat-and-potatoes task of establishing its own mode of everyday life. First in the new system of things came money. Away went the awkward British coinage, with its 12 pence to a shilling, 20 shillings to a pound, and a 21 -shilling guinea just to complicate things a bit more. American money, it was decided, would be based on the decimal way of figuring things. The idea had the simplicity of genius: Nobody has ever failed to understand the mathematics of ten cents to the dime, ten dimes to the dollar.

Perhaps it was because Franklin, enjoying his well-earned retirement, no longer concerned himself with public affairs. Perhaps it was because Thomas Jefferson, the other scientist among the Founding Fathers, was too busy with other things. Anyway, no thought was given to changing our ways of measuring anything other than money. The American people were left with the incredible clumsiness of a 12 -inch foot, a 36 -inch yard, a 5,280 -foot mile, a 16 -ounce pound, and all the rest of it.

So the ball bounced back to France, which had just begun its Continued on page 56

Benjamin Franklin crowns a new arrival in the Elysian Fields as Rousseau and Voltaire look on. bettman-archives


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# e"The metric system has all the beanty of sophisticated simplicity" 

THE METRIC SYSTEM continued from page 54
own revolution. Liberté, egalité, fraternité: These were the watchwords, and Talleyrand, that redoubtable statesman, chose to emphasize the fraternité. As a means of promoting brotherhood among nations, he proposed the establishment of a universal method of measurement. The Revolutionary Assembly accepted the idea and turned to Franklin's old friends in the Academy of Sciences to imple-

ment it. A committee was set up but had no sooner begun its work than things got rough in France. Heads, including those of some of the scientists, began to roll, and it was not until 1795 that the Committee on Weights and Measures was able to make a report. Whoever said that a camel is a racehorse designed by a committee could not have been aware of the system of weights and measures developed by the Special Committee of the Academy of Sciences. The metric system, as it was called from the beginning, has all the beauty of sophisticated simplicity. It begins by taking a cue from American money, with all units divided or multiplied by tens. With a stroke of pure genius it ties the measurements for weight, volume, and heat to the same common thing: a cubic centimeter (about the size of the end of an ordinary toggle light switch) of pure water. And, in a gesture of amity toward England, the committee made its basic unit of length, the meter, so close to the English yard hardly anyone could notice the difference.

Classicism was another watchword of the time, so the various measuring units have classical names. Basic unit of length, the meter, is divided into thousandths (millimeters), hundredths (centimeters) and tenths (decimeters). Moving upward from the meter we have tens (decameters), hundreds (hectometers), and thousands (kilometers). The same milli-, centi-, kilo- prefixes are used with the gram for weight; the liter for volume, and the calorie for heat energy. For everyday use, though, the deci-, deca-, and hecto- divisions are ignored. In length measurements, for example, anything between a centimeter and a meter is given in centimeters; between meter and kilometer, in meters.

For temperature measurements, the committee adopted a scale designed by the Swedish scientist, Celsius. This, too, has the simplicity of genius, with the freezing point of water as its zero, water boiling point as the hundred mark. Originally called Centigrade, the temperature scale was renamed for its inventor, Celsius in 1948.

Although the French Assembly accepted the metric system with enthusiasm and made it the law of the land, people were slow to begin using the new weights and measures. It was not until 1812 that Napoleon proclaimed mandatory use of the system, with allowance for a few popular deviations. Meanwhile, several other nations had seen the benefits of the French measurements and adopted them for regular use. Not so the U.S., however. Relations with France had deteriorated since the Revolutionary times and now French ideas were not being well received.

Scientists, though, were keenly aware of the advantage of doing their figuring by the decimal method. They accepted metrics with enthusiasm, in the U.S. as well as the rest of the world. Two other professional groups in this country also saw the advantage of using decimals but were not daring enough to really go metric. These were engineers, who began measuring in tenths of a mile and tenths of a foot, and machinists, who divided the inch into tenths, hundredths, and thousandths for their exacting metal work. So for more than a hundred years we have had four systems of measure-

Continued on page 58



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## "Adoption of the metric system might be a most becoming way of observing our Bicentennial"

## THE METRIC SYSTEM continued from page 56

ment in daily use: metric, engineers', machinists', and man-in-the-street (English). All of these are different and mutually incompatible: A tenth of a foot is not an inch; a tenth of an inch has no recognizable relationship to a foot; a centimeter does not relate to either, etc. Is this the "American practicality" of Franklin's time?
A case might be made for the proposition that generations of American school children have grown up hating mathematics simply because of the confusion in their minds about everyday measurements: a foot divided into 12 inches, each in turn divided into halves, quarters, eighths, sixteenths and so on; a square foot with 144 square inches and an acre with 43,000 (or thereabouts) square feet. Is it any wonder we have trouble figuring the number of square yards in the kitchen floor?
The blessed simplicity of counting money would, you might think, make us all realize the advantage of using decimals for other things. But, like children imagining fearsome creatures in the dark corners of a familiar room, people have frightened themselves about the metric system. The bogey is the prospect of having to "convert" one set of units into the other and, like most bogeys, it exists only in imagination. When we begin using metric measurements, all the conversion will have already been done by the people who make the measuring tools. The rest of us have only to switch yardsticks and pay no attention to how many centimeters there may be in an inch or how many ounces to a kilogram.
For example: Everyone who has driven an automobile in a foreign country has felt a brief shock upon noticing a speedometer reading of 85 or thereabout. The shock passes quickly, though, with the realization that 85 kilometers per hour is only a moderate speed. Your own sense of velocity and the speed of passing traffic tell you that, and there is no need to translate the figure into miles per hour.
When the U.S. finally comes around to going metric there will be occasion for a few jokes, no real difficulties. A woman on a reducing diet might get a laugh by declaring she was "down to 75 ." Of course, 75 kilograms is still
pretty hefty. And it might amuse some people to say it was time to turn the air conditioner on full blast because the temperature had gone up to 32 . Since normal body temperature is 36 on the Celsius scale, discomfort at 32 is to be expected.
There are no real problems in-

volved in changing equipment, either. On weighing scales and other gadgets that indicate measurements on a dial, it is only necessary to change the figures on the dial itself-the rest of the mechanism stays just as it was. Centimeter rules instead of foot rules, meter sticks instead of yardsticks-these are inexpensive, simple to make.
Maybe we love the compounded confusion of our various measuring systems too much to change. But the rest of the world-even old England-has long since switched to the unified decimal way of measuring things. Since we started it all with our money, it would seem only fitting for us to go the rest of the way. Adoption of the metric system might even be a most becoming way of observing our bicentennial. Ben Franklin, who helped to get the whole thing started, would be for it.

Union Carbide will send you a copy of their pocket size, easy-to-use Cook 'N Sew English-Metric Converter, from which our scales are adapted, if you send $\$ 2.50$ plus 50 c for postage and handling to The Educational Aids Dept., Union Carbide Corp., P.O. Box 363, Tuxedo, N.Y. 10987.

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These are just some of the reasons why Flexsteel fine-crafted furniture is selected by many famous decorators ... and has been for four generations.

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It's perfectly safe with COVER STORy, the elegant plush carpet by Philadelphia. The dense, deep pile is Antron* nylon, pure magic in hiding soil and retaining the rich new look over a long period. So, no matter which of COVER STORY's 21 exciting and fashion-right colors is your choice, you know you're being practical. The lustrous Saxony finish pile yarns are heat set, which preserves the strong textural interest through years of hard wear. At selected dealers.
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## Dfficial eadquarters for House d Garden

In these stores you will find a selection of furniture, carpets, decorative accessories in our 1975 Colors, and many of the products or similar choices in House \& Garden Really Reds (pages 110-115).

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Woodward \& Lothrop
Florida
Boca Raton ... Furniture Plaza Clearwater ... Maas Brothers
Dadeland Burdine's
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Ft. Meyers Maas Brothers
Ft. Pierce Furniture Plaza
Gainesville ...... Maas Brothers
Hollywood … .... Burdine's
Lakeland ..... Maas Brothers
Miami
Burdine's
Miami Beach Burdine's
North Palm Beach
The Pioneer Co.

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Pompano Burdine's
St. Petersburg Maas Brothers
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| :--- | :--- |
| Lenox | Rich's |
| Cobb Center | $\ldots$ |
| Decatur | Rich's |

Hawaii
Maui ...........Nerland's
Boise
The Bon Marché
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Chicago ..... Carson Pirie Scott Evergreen Park

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Carson Pirie Scott
Continued on page 68

The next time you long to sink into the delicious softness of a hayloft, sink into the delicious softness of this carpet made with Enkaloft ${ }^{\text {® }}$ instead. It's the next best thing.

Nothing stacks up to the way Enkaloft nylon can imitate the almost inimitable color of hay (or anything else, for that matter). And then hold on to that color for life

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New Orleans ....... D. H. Holmes Canal Street ....D. H. Holmes Lakeside .......... D. H. Holmes Oakwood ...... D. H. Holmes

Maine
Portland ….......Jordan Marsh
Maryland
Annapolis
Woodward \& Lothrop Baltimore

Hutzler's
Chevy Chase
Woodward \& Lothrop
Eastpoint Hutzler's Iverson Mall Woodward \& Lothrop Prince George's .......

| Woodward \& Lothrop |  |
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| Southdale ........ | ..............Hutzler's |
| Towson | Tutzler's |
| Westview | Hutzler's |
| Wheaton Plaza |  |
| Woodward \& Lothrop <br> Massachusetts |  |
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| Malden | Jordan Marsh |
| North Dartmouth Mall The Outlet Dept. Store |  |
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| Detroit | Hudson's |
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| Harper Woods | ds .......Hudson's |
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| Southfield | Hudson's |
| Sterling Heights .................. |  |
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Wheaton Plaza
Woodward \& Lothrop Massachusetts

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Willowbrook .......The Carl Co.
North Carolina

| Durham ..................Thalhimer's |  |
| :--- | :--- |
| Greensboro ...........Thalhimer's |  |
| Continued |  |
| Raleigh .............Thalhimer's | on page 70 |

## Cristal d'Arques Collection from France. You dont have to be a rich American to collect it.




Roman Square. Another inspired design from the Aristocon collection. Approximately $\$ 140$ plus installation for a $9^{\prime} \times 12^{\prime}$ room.

## Have a Revolutionary new Aristocon ${ }^{\text {™ }}$ is stainproof, kid-proof, and 100 proof-proof. party on us. <br> Bring on the spillers, the scuffers,

 the droppers, the neighborhood destruction crew.Then turn 'em loose on Aristocon-the truly remarkable cushioned floor with permanent JT88 no-wax finish.

Aristocon gets in and out of the worst messes imaginable. Without a scratch, without a stain,
without any waxing or special care.
You'll live happily ever after with Aristocon. Because when the party's over, the honeymoon won't be.

Send for your free Aristocon mini-sample and color brochure. Mannington Mills, Inc., Dept. HG-9, Salem, New Jersey 08079. Sixty years of fine flooring. Other fine floor coverings by Wellco Carpet Corp. of Calhoun, Georgia. A wholly owned subsidiary of Mannington Mills, Inc.
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Tough. Smart. And out to floor you.

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## ECLEGITHMC

There's always been a dining set for your mother. Now there's one for you. Amber Marquise by Chromcraft. Bright and alive. Clean and crisp. Subtle and sophisticated. Even a little daring in some neighborhoods, but in very good taste, And very mixable. Amber or Smoke Marquise. A nice surprise for your dining room.


CHROMCPATT


# Why would anybody live without Scotchgard? 

Shouldn't a home be a place to have fun in, to relax in, to work on a hobby in-in short, be a place to live in?

That's the whole idea behind "Scotchgard" Protector.


With "Scotchgard" Protector... and without it. As you can see, carpeting with "Scotchgard" Protector releases soil readily with vacuuming, but untreated carpet retains much of the dirt.

It means a living room you don't have to save for "company."

A bedroom where your child can cut, and paste, and color (and generally) have fun and be creative.

Because with "Scotchgard" Protector, the normal, everyday spills and splotches just aren't big problems.

It seems like such an obviously good idea that you'd think all carpet and home furnishing manufacturers would offer "Scotchgard" Protectorunfortunately some just haven't caught on yet.

Until they do, you just keep right on looking for the "Scotchgard" Castle tag that tells you which home fashions will stay fresh and new looking longer.

The made-it-herself mess doesn't have to be disastrous. On tablecloths, with "Scotchgard" Protector, most spills bead up and are easy to


Carpet with the
"Be carefu!!" built right in. Dry dirt vacuums up easier: So carpets look new and clean longer. With you-know-what, itll resist both oily and watery stains. Velvets can have the spotless look flat fabrics have had for years.

## Look for the Castle. This tag means the home fashions you buy will be easier to care for and look new longer. <br> 



In order to smoke without being recognized by her husband, Mrs. Luana Smith resorted to wearing a chauffeur's disguise. After riding for 20 minutes, Mr. Smith remembered they didn't have a chauffeur.



For a new color life for you, the thirty-six House \& Garden Colors for 1975. Determined by a constant study of trends, preferences, and tastes, thirty-three remain favorites. But because of a growing fondness for the colors of earth and nature, three are newcomers-Sweet Lime, Biscuit, and Hot Fudge. Hundreds of manufacturers (see page 162) make wonderful things for the house in these colors, and they're available for you to buy in stores across the country (see page 66). Take this chart with you when you shop, or turn to page 162 for an order form for color chips to use as invaluable guides.





## A Victorian house reborn in

Sisal rugs, baskets, bleached wood, for new-old style easy care

At the top of the house, three bedrooms (two for guests), still Victorian, still with a difference. "To be a designer," says Mr. Braswell, "you have to be able to enter and share somebody else's dream." This is his own dream, "and it's different from any work l've done before."

A huge fourposter bed, covered with eiderdown, dominates the master bedroom 1. The posts are turned cores of mahogany logs carried from the West Indies by sailing ship, for ballast. Once here, their outsides were stripped away for fine veneer. A tiny single guest room, probably once a sewing room, 2, has a chair from East Anglia and a carved twig Bavarian bed, both bleached. Pillows covered in faux tigre continue the Victorian foolery. The wallpaper is a textural print. The colors throughout are muted, earthy, with suddan bold accents. Prints from Africa, each slightly different, are used for headboard and bed covers in the third bedroom, 4. Above the bed, paintings lean on a narrow ledge, lit from below by lights that also serve for reading. Wide window overlooks the property and an 18th-century barn does not show from the front, $\mathbf{3}$.


# n a small space 

w to use space to best advantage in a small room blessed with seven windows around a corner? sign on a diagonal. Cover almost everything with texture or lacquer it the same color. Lower seat els. Make a third wall of "windows" with mirrors. Project attention outward to open space to view. face the wedge-shaped platform, 1, and to extend the diagonal line, architect Douglas Kahn and designer StephMallis Kahn created a neon sculpture and modules, 2, that make desk, 3, reading niche with bookcases, storage shelf space. Everything is movable, even modular bookcases, 4. Entry/dining area, 5, has curved neon light.


## color+carpet for abigıook



The Kahns feel that only after the decisions have been made concerning the design and functions of a room should the selection of the color be made. Their point is that one tone of a color, no matter which color, when used consistently, becomes a neutral. The choice was True Blue and White-a decision that seemed a natural, almost organic part of the total scheme.


The same design in each room,

## panels of mirrors to double the light, removable storage with a built-in look

Ascending stepped modular bookcases and complementary descending mirrored paneling cover the entire left wall of the bedroom, 1. Bright broad diagonal stripes in bold colors cover the doors to the bedroom closet where there are built-in cabinets, shoe shelves, storage
 space. A completely carpeted, raised platform incorporates the bed and gives bedside "counter space" by extension. Spanning the width of the room, 2, it is underlit at the foot, which gives the structure a wonderful floating look. Fold-down carpeted
"lids" cover extra storage space at the bed head. More lighting from underneath the wide, white shelf above a counter where "lids" cover extra storage space at the bed head. More lighting from underneath the wide, white shelf above a counter where
there are plants. Built inside the lacquered module system in the living room is space for storage, 3. Dining table top "floats" on a carpet-covered pedestal base, 4. It is from the entry of the apartment that the neon light sculpture that was designed by Kahn and Mallis, projects from a rear wall, curves and shoots into the far right corner of the living room as shown in the plan, above. Apartment designed for the Sheldon Schiffmans by Kahn \& Mallis Associates; carpeting from Harmony Carpet; painting in dining area by Larry Zox; in living room by Pat Lipsky; in bedroom by Dan Christensen; Plexiglas sculpture in living room by Sylvia Stone; all works from André Emmerich Gallery; ashtrays and vases from Atelier International.


## new rug aif in hatural texture


|||||||||11
Country House sisal tiles, $\mathbf{1 , 2 , 3}$, a four-pattern system from which you can create hundreds of patterns: "Half \& Half," "Center Stripe," and "Roman Stripe" in black and white, charcoal and gray, or (not shown) peat and black; "Uni" in 5 matching solids. 19\% inches. By Hamdi and Brunhild El Attar for Jack Lenor Larsen.

Hemp carpet in tweedy her ringbone, 4, is "Barcelona" by Harmony. § Natural colors map out the two-level looped texture of this wool Berber carpet from Switzerland. "Devant," 39 -inch width. Saxony.


Carpets, rugs, and carpet tiles can be so beauti one forgets how practical they are. You use the almost constantly-they cushion your feet, th insulate against cold, dampness, and noise. Tr can refresh or revolutionize a room. They're p sibly the most useful "paintings" you can on

Think of plush rugs and flat-woven ones, har made rugs and machine-made ones that look li them, even decorate-it-yourself sisal tiles w inch-deep pile. Here they are with a refreshi feel for color-in naturals that are a rainbow whites, beiges, browns, grays, and blacks, and the House \& Garden Really Reds (five invigorati colors up and coming for 1975). For more thin to buy for the house in Really Reds see page 11

## and really red paferris=* <br> 


(2)

Remember the rag rug? How new it looks, 11, in Real Red, Tangerine, brown wool Warp is finer-ply natural wool, fringed. From West Germany. By Rosecore. 12 Classi red moiré patterns wool carpet by Stark. 13 Figures and geometrics dance a rainbov around handwoven Real Red Tunisian wool rug. Stark. Shopping information, page 189
8


iant color juxtapositions heighten geometry of "Salome" carpet, $\mathbf{8}$, with level pile. Five color combinations-this with Tangerine-or custom

A wool rug called "Granny's Garden," 9, partial to "patchwork" and some Real Red. In looped pile reminiscent of hooked rugs. From "Collection "76" by Concepts International. 10 "Chieftan" rug reinterprets Navaho design with Garnet Red in wool mosaic. Edward Fields


$$
8
$$



warm wall-to-wall color


3 Real Red wall-to-wall carpet wraps the room in one floor to-ceiling color and the crisp, clean contrast of red and off white. "Circa 70," of Kodel III polyester. In two shades o Real Red, looped and cut pile. By World. 4 A Kurdistan me dallion pattern is a splendid mosaic in red, white, and oche wool, wall-to-wall. The room is lively, and the backgammo table rejoices. "Royalax" carpet by Couristan. In $\mathbf{3}$ and $\mathbf{4}$, in drawings by Tom George from the Betty Parsons Gallery Queen Anne and chrome-based chairs, antique bamboo table and accessories at Arthur E. Smith. Banquette and fold-ou armchairs-attached seat cushions pull out, rest on floor-b Guido de Angelis, in oatmeal-colored Belgian linen fabric b Franciscan. Coffee table, mirror by Seguin. Brass lamps a Luten-Clarey-Stern. Backgammon table at Bottega Veneta Andersen "Perma-Shield" insulated window. Real Rec Pittsburgh Paints. Shopping information, turn to page 18




## Treasures from Historic Charleston beautifully reproduced for you to buy now

Charleston, South Carolina, is a city to which elegant living came early and stayed long. A seaport at the center of the New World, where ships from Europe, the Indies, and the Orient anchored every day, Charleston enjoyed cosmopolitan culture in 1800, while much of the future United States still lived in $\log$ cabins. Today, in the middle of a modern city, nearly a thousand buildings of historic interest remain. Some are threatened now, by what we sometimes call progress. So the Historic Charleston Foundation is enlisting the past to aid present preservation. Some of Charleston's finest period furniture, its most interesting and useful decorations, its prettiest patterns in china and silver have been selected for careful reproductions, which you can buy in important stores across the country: Altman's; Higbee's; Rich's; Woodward \& Lothrop. The first project of the program, with the National Trust, will be restoration of Drayton Hall, upper left corner. Occupied continuously by Draytons for 235 years, called the finest American ex-



The furniture above, all of it to be reproduced, shows semitropical Charleston's love of ease, bright colors, fine wood. Sofa and armchairs, reproduced by Simmons, covered with Greeff's "White Point Garden's" cotton, designed to honor one of the city's many flowery showplaces. Tilt-top tea table, reproduced by The Cabinet Makers at Stebbing in mahogany like the original. Antique Chinese panel and its 18 th-century table base, the black and gold lacquered sewing box on it, the burled walnut and brass box table, all exactly reproduced by Sarreid. From Mottahedeh, brass





## 1

## Grape Hyacinths

Blue, white, violet-blue, 6 to 10 inches, grasslike leaves. Muscari resemble steeples of blue beads or tiny up-side-down grape clusters. They self-seed, tolerate shade, and thrive in city garden containers.

## $\sqrt{8}$

## Daffodils

Yellow, white, bicolor, orange, buff-pink, 3 inches to 2 feet tall. Narcissus is botanical name for all daffodils, twelve basic types including trumpet, small and large cupped, doubles, jonquilla, tazetta (Paper Whites). Some will naturalize indefinitely in drifts except in heavy shade of evergreens.

## 3

## Tulips

Every color except blue, 8 inches to 3 feet tall. Early: greigii (short, streaked leaves), kaufmanniana and fosteriana (mostly short), early, double-early. Midseason: Mendel, Triumph, Darwin hybrid. Late: Darwin, lily-flowered, cottage (egg-shape), Rembrandt, parrot (fringed), doublelate (pzony-flowered).

## THE DECORATING ZEST

Six pages of five great reds-House \& Garden's Really Reds-filled with ideas for usir spice to every room. There are three clear reds and two piquant oranges. Garnet Red fresh apple; Pompeiian Red evokes the subtle color of antique Mediterranean tiles; Four rooms show you how to use the reds to achieve a look that's subtle or snazzy-

## $E D S$

d warmth the color rine for $z$ n stores n


5

## 

inyl wallcoverings, 1, from upper left: Bittersweet geometric by First Editions; Tangerine plaid by Karl Mann; Real Red dots by Papier Peints; Tang. rine gingham from Thibaut. 2 Clock with a Real Red face and case. Bulova. ermelon bowl and plates from Cache-Cache. 4 Real Red gingham patterned are from General Housewares. 5 Glass table on a partly Tangerine serpenase. By Landes. 6 Soft Pompeiian Red Zepel-treated cotton fabric by BasicNab. 7 Tangerine-handled flatware at Bonniers. 8 Real Red Dixie Cup ser. 9 "Gyroscope" chair and ottoman upholstered in Real Red. Selig. 10 t Red and Pompeiian Red and sharp Bittersweet for "Navajo" Scotchgard-
treated cotton by Cohama. 11 Sculptured armchair covered with Bittersweet wool. By Century Furniture. 12 "Flying Dutchman" tulips for planting this fall. 13 Tangerine vacuum cleaner with canister suction strength and sweeping action of an upright. By Eureka. 14 Bittersweet and Tangerine floral fabric by Schumacher on a mini-sofa by Thomasville. Below: A living room that is a lively mix of fabrics, patterns, and reds. Black and white become dramatic accents against lacquered walls of Real Red, Garnet Red curtains, a Rosecore carpet, and a Tangerine lacquered coffee table. Armchairs covered with chintz by Brunschwig; painting by Larry Zox; room by Mark Hampton of McMillen. Shopping information, page 189.







## New decorating ideas for your whole house.

For new homes, old homes, all homes - a colorful 16-page booklet full of exciting ways to do, or do over, almost every room with beautiful American Olean ceramic tile. For $10 ¢$ you'll see ideas galore for your entrance foyer right through to your kitchen, and of course, plenty of baths, baths, baths! Ceramic tile. It's the natural thing to use. ${ }^{\text {TM }}$


## * $\mathbf{A}$ jar of homemade preserves <br> at each place at an informal supper party-a gift to take home. With special labels they become substitute place cards"

## HOSTESS NOTES continued from page 50

or take advantage of records that come with instructions. Shipboard horse racing with a felt turf, dice, and movable mockups of horses would recall the trotting events so dear to fairs. Penny pitching, a wheel of fortune, "guess the beans in a jar"-any simple or elaborate county-fair amusement could keep the party going. Of course, it's traditional to have a finale of fireworks, but if they are outlawed in your community, you can have a roaring bonfire and a lusty group singalong instead.

Fruits and vegetables right from the garden are so beautiful, come in so many glorious colors, so many shapes that they are to be enjoyed for their visual appeal as well as their taste. For decoration, spray them with Pam to make them glisten. It won't hurt their edibility a bit.

Great vegetable go-togethers: fat bunches of scrubbed radishes, leaves and all, nestled among patty pan squash and baby eggplants; a pyramid of tomatoes, orange and red sprigged with fresh basil, and greeny white scrubbed scallions; red and maroon cherries and Brussels sprouts overflowing from a hollowed out, huge Savoy cabbage.

Mushroom baskets make smashing containers for garden centerpieces or wildflower bouquets, sprayed brown or any color you choose. Any interesting basket, wooden bowl, old kitchen piece filled almost at random with produce, field flowers, and grasses can be a delight to the eye.

Who can bear to let all this beneficence just wither and fade away? I put up foods compulsively for later enjoyment and to avoid wasting any of the fresh produce that comes my way. I like to set a jar of special preserves at each place at an informal supper party-a gift to take home. Putting special labels on the jars they become substitute place cards.

Put up the unusual and hard-to-get: herb jellies, basil for veal or beef, tarragon with poultry, rosemary and lamb, horseradish with cold meats. Follow the mint jelly recipe on the bottled pectin label, substituting the herb of your choice. Dried herbs can be used too, but in smaller quantities. The basic taste of the tisane will tell. Vegetable colors can give a different "green" to each variety as well as an appetizing tint. Rose geranium jelly and rose hip jam were classic with the Sunday roast chicken of my grandmother's day. They are still delicious as are wild grape conserve with game and green grape and mint jelly with wildfowl.

## Have you ever thought of:

Making your own herb vinegars, single flavors, mixtures, and a strong garlic parsley? Or making your own herb mustards?

Giving personalized labels as gifts to friends who do their own canning and having some made for youself to use at Christmas time on all your own gifts?

Saving and collecting odd crocks and jars for gift packaging?
Using reproductions of antique bottles for gift vinegars?
Freezing herb butters in individual ice trays?
Drying fruits such as apples and pears?
Using seed packets as place cards for a harvest party?
Pooling garden excess and having a one-day sale, the proceeds to go to your favorite charities?

## WNE\&FOOD

ANEW SUPPLEMENT TO HOUSE \& GARDEN OF QUICK TIPS•SUPER RECIPES•EXPERT ADVICE

O SWEET AND SPICY
CHUTINEYS AND RELISHES
MEMORIES AND RECIPES
FROM THE PEKING CHILDHOO of Cecllia Sun Yun Chiang

TIPS, MENUS, AND DEICIOUS RECIPES SCALEDTO SIZE


# Washed by GE's Potscrubber゙ Dishwasher. Witnessed by Good Housekeeping. 

Good Housekeeping can't afford to take chances with their good reputation.

So when we asked them to witness a demonstration of our Potscrubber Dishwasher on September 18, 1973, we knew they'd be tough.

This was their only requirement:

Show that the Potscrubber cleans dirty pots normally found in the home.

First came the pots and pans. Aluminum, ceramic, porcelain enamel on iron, glass,stainless, even anold potof questionable origin was used. Non-stick-coated items were rejected. They were too easy.

Then came themessy part. Our home economists outdid themselves with an assortment of tough cleaning problems. We had chicken in gravy, pea soup, sticky beef stew, a thing we called "spinach disaster," angel food cake (a real tough one), and chicken cacciatore. And as if these nightmares weren't hard enough to clean, we let them "age" 3 hours to simulate your "standing time" at home. Then we washed them
along with full loads of soiled dishes. 11 A lot of different kinds of pots and pans. A ot of different kinds of pots and pan A lot of differe
cooked foods. And Good Housekeeping watched every move we made for three solid days. These are unretouched "before" and "after" photographs. Proof of what the GE Potscrubber Dishwasher can do under some of the tough conditions
you might have at home.
Maybe that's why so many people are satis-
fied with the Potscrubber Dishwasher.


# 4 spectacular fondues for cook-at-the-table parties 

## Fondues are perfect for parties. They're festive, appetizing,

and can be put together with a minimum of effort. And they ereate a great feeling of camaraderie as all the guests cook their own food on long forks
delicious, light Fondue Chinoise thin slivers eal, beef, and blanched vegetables are simed in a hot broth then dipped into a tangy e. The Cheese Fondue is served with a nkling of chives and needs only plenty of ty bread for dunking. Beef chunks for FonBourguignonne are deep fried in an herbored oil then dipped in a Béarnaise sauce or ely sprinkled with lemon juice. For dessert fter-dinner parties, try a Chocolate Fondue oat wedges of fruit, pieces of cake, or maca-

Delicate slices of meat and crispy vegees cooked in a slow boiling bouillon then ped into one of a selection of tangy sauces es delicious light Fondue Chinoise. id Massey, who devised this party, suggests g the leftover liquid as a soup with the addiof a raw egg swirled in to scramble it or ched whole in the broth.

> FONDUE CHINOISE Strips of Veal and Heef. Carrots, String Beams, Femnel, Cauliflower, Cucumber, Scallions, Black Dlives, Green Dlives, Rolled Anchovies, Capers, PiclsIed Dnions, Cornichons, Mango Chutney, Parsley, Dnion. Horseradish with Whipped Cream Sauce, Sauce Tartare, Curry Sauce, Drange Sauce, auce Verte, Vinaigrette Sauce.

redients: 2 carrots; $1 / 2$ pound string beans; 1 nch fennel; 1 head cauliflower; 6 cups homede bouillon, canned bouillon, bouillon made th bouillon cubes or liquor from cooking vegeles; ${ }_{3}^{3}$ pound veal and $\sqrt[3]{ }$ pound beef sirloin ced in thin strips; 1 cucumber, sliced thin; 1 nch scallions; black olives; green olives; rolled chovies; capers; pickled onions; cornichons; ingo chutney; parsley, finechopped; onion, chopped; rseradish with whipped eam sauce; sauce tartare; cur-

Chocolate Fondue

## Y

ry sauce; orange sauce; sauce verte; vinaigrette sauce.
Method: Separately blanch carrots sliced in thin rounds, string beans, fennel, cauliflower and reserve the liquid.

In a fondue pot add homemade bouillon, canned bouillon, bouillon made with cubes, or liquor from cooking vegetables and bring to a boil on the stove. Place pot on burner in the center of the table and keep at low boil over medium flame.

Arrange the carrots, string beans, fennel, and cauliflower in separate dishes. Provide a selection of the above garnishes and sauces for the meat to be dipped into after cooking in bouillon. Serves 6. After the meat has been used, broth takes on a zesty flavor and can be sipped as a soup with the addition of egg whipped into it to scramble or accompanied by an egg poached in the simmering broth.

## HERB CHEESE FONDUE Crusty Bread

Kirsch (served as a coupe de milien when guests are halfway through fondue)

Cheese, for the original Cheese Fondue, is usually melted in wine with additional seasonings. Heat in a wide shallow pot and provide guests with three-pronged forks to spear crusty pieces of bread to dunk in cheese.
Ingredients: 1 clove garlic; $1 \frac{1}{2}$ cups white wine (Neuchâtel is good); 1 tablespoon lemon juice; 1/2 pound diced Switzerland Swiss cheese; 1/2 pound diced natural Gruyère cheese; pepper to taste; nutmeg to taste; 3 tablespoons kirsch mixed with 1 tablespoon cornstarch; fresh chives, chopped; 2 loaves Italian or French bread cut into 1 -inch cubes (each cube should have crust on one side).
Method: Rub inside of pot with cut garlic clove. Discard garlic. Place pot on stove, add the wine and heat over medium flame until wine is warm but not boiling. Add lemon juice and cheese by handfuls, stirring constantly
with a wooden spoon until cheese is melted and the cheese-wine mixture has the appearance of a light creamy sauce. Add pepper and nutmeg to taste. Let mixture come to a boil. Pour in the kirsch and cornstarch mixture and allow to boil another $15-30$ seconds. Sprinkle mixture with chives. Remove pot from stove and put on lighted burner on top of table. Adjust flame of burner so fondue continues bubbling lightly. Provide each person with a basketful of bread cubes. Serves 6 .

## FONIDUE BOURGUIGNONNE Fillet or Top Sirloin (Cubed) Béarmaise Sauce Lemon Wedges

For Fondue Bourguigmonne the pot should be metal and heavy bottomed to prevent oil spillage. Each guest should have two forks; one to cook with and a cool one to eat with. Ingredients: 2 cups herb flavored oil; 1 cube bread; 2 pounds lean fillet or top sirloin, cut into $\mathcal{Z}$ inch cubes; 1 cup Béarnaise sauce; lemon wedges.
Method: In a metal fondue pot heat oil until hot; test with a cube of bread; if it browns in 1 minute, the oil is the right temperature.
Spear a beef cube, dunk it into the hot oil and cook to taste. Transfer meat to another fork and dip it into the Béarnaise sauce or sprinkle with lemon juice. Serves 4.

> CHOCOLATE FONDUE Grapes, Pineapple, Drange, Strawberries, Tangerines, Red Apples or Angel Food Cake, Pound Calke, Macaroons, Lady Fingers

Fruit and cubes of cake are lovely dipped into Chocolate Fondue. The chocolate is kept warm in an earthenware pot over a candlewarmer. (Continued on page 188) Shopping information, turn to page 189.


Delicate traces of bobin lace interwoven with rose leaf are recreated in classic wrought iron in Woodard's classic Chantilly Rose Collection of tables, high back arm and side chairs. If you'd like a closer look at how this romantic elegance can inspire your home, rush us the coupon. We'll rush you color catalogs, decorating ideas, and the name of the store near you that carries our indoor and outdoor collections.

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Lee L. Woodard Sons, Inc., Owosso, Mich. 48867

## 10 sweet and spicy chutneys and relishes

## Take advantage of a bumper crop of fruits and vegetables and make some delicious chutneys, relishes, and piekles from fruits and vegetables harvested from the garden or market stand.

## APPLE-RAISIN CHUTNEY

From the book Gourmet Gifts From Your Kitchen (Macmillan) by Ceil Dyer.
Ingredients: 5 pounds tart, crisp apples, peeled, cored and chopped; 1 large, mild, purple onion, peeled and chopped; 1 large clove garlic, minced; 1 small slice fresh green ginger, chopped fine; 4 cups dark brown sugar; 6 cups vinegar; 2 pounds seedless raisins; 1 tablespoon each salt, white mustard seed, curry powder; 1 teaspoon cinnamon.
Method: In a large deep kettle place apples, onion, garlic, green ginger, sugar, vinegar, raisins, salt, mustard seed, curry powder, and cinnamon and cook stirring over moderate heat until sugar has dissolved; boil gently 45 minutes to 1 hour, or until thick, fragrant, dark. Ladle into hot jars and seal. Makes about 812 -pints.

## CUCUMBER RELISH

From Edna Lewis, author of The Edna Lewis Cook Book (BobbsMerrill).
Ingredients: 1 quart cucumbers, washed and finely chopped with
rind left on; 2 tablespoons sea salt; 2 teaspoons each black and white mustard seed; $1 / 2$ teaspoon black pepper, freshly ground; 1 teaspoon celery seed; $1 / 2$ cup sugar; 2 cups vinegar.
Method: Put cucumbers in a large


Gireen Tomato Relish from interior architect Charles Mount of Menuchah/Memory Lane Farm. Ingredients: 32 green tomatoes, about 2 quarts; 4 medium-sized sweet green peppers, about 1/3 cups; 4 medium sized sweet red peppers, about 1/1/2 cups; 6 large white onions, about 4 cups; /3s cup salt; 3 cups white vinegar; 2 cups brown sugar; 1 tablespoon whole allspice, ${ }^{1 / 2}$ tablespoon whole cloves; 2 whole cinnamon sticks; 1 medium bay leaf-tied into a cheesecloth bag. Method: In large bowl, combine tomatoes, peppers, onions. Cover with $\overline{\text { salt; let stand overnight covered with layer of cheesecloth. In morning }}$ drain vegetables, press through cheesecloth, squeezing out as much liquid as possible. In enamel kettle combine vinegar and sugar, bring to rapid boil, add spice bag, vegetables. Cook very slowly $\frac{12}{2}$ hour until liquid is reduced, barely covering vegetables. Discard spice bag. Pack mixture into hot sterilized jars, store. Makes about 3 quarts.

## Heet and Onion Picliles

from Charles Mount. Ingredients: 3 pounds small to medium-sized beets; $1 \frac{1 / 2}{}$ cups white vinegar; 1\% cups sugar; $/ 12$ teaspoon salt; $11 / 2$ tablespoons mustard seeds; 1 tablespoon each celery and dill seeds; 2 pounds small white onions, sliced. Method:
 tender and skins begin to slip off (do not overcook). Place beets in cold water, peel skins. Slice in quarters, drain. In enamel kettle place vinegar, sugar, salt; bring to rolling boil; add seeds; reduce heat, add beets. Cook gently until syrup is lightly reduced. Remove beets from kettle, set aside. In hot sterilized jars layer beets and onion. Pour boiling liquid over, seal. Store at least 4 days. Makes about 12 友-pints.
bowl, sprinkle with salt, stir wit wooden spoon. Cover bowl w towel, let stand overnight.
In the morning, pour the cucu bers into a clean, odorless tow and squeeze out the water. $P$ cucumber pulp into a bowl a add sea salt, mustard seeds, bla pepper, celery seed and mix w with a wooden spoon.

In a Pyrex bowl dissolve sug in the vinegar and add to the c cumber mixture. Fill glass bottl to the top, blocking out the a and seal with glass or cork top Makes about $8 \frac{1}{2 /}$-pints.

## EGGPLANT CHUTNEY

From Emalee Chapman, who ru "The Cooking School" in Sa Francisco.
Ingredients: 2 eggplants (about cups), sliced; salt; $1 / 2$ cup olive oi 1 cup green pepper, choppe coarsely; 1 cup red peppe chopped coarsely; 1 cup onion chopped coarsely; 1 cup celery chopped coarsely; 2 cups toma toes; 1 teaspoon black olive chopped; I teaspoon green olives 2 tablespoons capers; 1 tablespoo pine nuts; $1 / 2$ cup red wine; 2 table spoons sugar; salt and pepper, to taste; chopped parsley, to taste. Method: Salt eggplant slices and set aside for 1 hour. Wash, cube eggplant.
In a heavy pot, brown eggplan in oil and stir in green pepper, red

Continued on page 122



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CHUTNEYS, RELISHES continued from page 120
pepper, onion, and celery and cook uncovered 10 minutes; do not brown. Add tomatoes, olives, capers, pine nuts, wine, and sugar and simmer, uncovered, 30 min utes. If mixture has too much liquid, boil rapidly to reduce it. Add salt, pepper, and parsley. Spoon into crocks or earthenware jars. Chill. Makes 6 cups. Keeps 10 days in refrigerator.


PicisIed Pears from Charles Mount. Ingredients: 10 pounds small pears, firm with stems intact; water; 10 cups sugar; 1 quart white vinegar; 2 tablespoons whole allspice; 8 pieces cinnamon stick, about 2 inches each; 2 tablespoons whole cloves; 1 lemon, sliced thinly.
Method: Wash pears carefully; prick skin of each pear all around in about 6 places with fork tines (pears can be peeled; it requires slower cooking). Place pears in enamel kettle; cover completely with fresh water. Bring to a boil; boil gently about 10 minutes. Remove pears and drain. Clean enamel kettle, add sugar and vinegar, bring to a rolling boil; reduce heat to gentle boil, add all spices tied in a cheesecloth bag, lemon slices, and pears. Cook gently until tender; do not overcook. Remove spice bag, reserve cinnamon sticks. Place pears in hot sterilized jars, add lemon slices and cinnamon sticks. Bring liquid to another boil, pour over pears, lemon, cinnamon. Seal jars. Makes $24 \frac{112}{2}$-pints.

## TOMATO CHUTNEY

From Edna Lewis.
Ingredients: 4 cups tomatoes, peeled and seeded; $1^{1 / 4}$ cups vinegar; 1/1⁄2 cups sugar; 2 tablespoons sea salt; I tablespoon dry ginger, ground; 1 tablespoon garlic, finely chopped; 2 teaspoons chili powder, ground; 4 tablespoons tamarind pulp; 3 tablespoons green ginger root, sliced thin; 2 tablespoons green chilies, sliced thin.
Method: In a large pan add tomatoes, vinegar, sugar, sea salt, gin-
ger, garlic, and chili powder and cook gently over medium low heat until thick (about $1 \frac{1}{2}$ hours). Remove from heat, stir in tamarind pulp, ginger, chilies. Cool. Fill sterilized glass bottles with chutney, seal with cork top. Makes about $8 \frac{1}{2}$-pints.

## PICKLED PEACHES

## From Emalee Chapman.

Ingredients: 16 pounds clingstone peaches; cloves; 1 quart mild vinegar; 7 cups sugar.
Method: In a large pot pour boiling water over peaches. Drain, peel peaches, stick 3 cloves in each.

In a separate pan boil vinegar and add sugar; stir until sugar is dissolved and bring to the boiling point and boil again for 10 min utes. Add peaches to syrup, boil 10 minutes. Remove peaches from liquid and place in sterilized jars. Boil syrup another 15 minutes, pour, boiling hot, over peaches. Makes 4 quarts.

## PEACH CHUTNEY

From Barbara McGinniss who is writing Claustrophobic Cooking for cooks with small kitchens.
Ing ${ }^{\frac{1}{2}}$ edients: $1 \frac{13}{2}$ cup onion, chopped; $1 / 2$ pound raisins; 1 clove garlic; 4 pounds fresh peaches, peeled and cut in small pieces; ${ }^{2 / 3}$ cup fresh ginger, peeled and chopped; 2 tablespoons red chili powder; 2 tablespoons mustard seed; 1 tablespoon salt; 2 cups cider vinegar; 11/2 pounds brown sugar (do not use free-pouring type).
Method: Put onion, raisins, and garlic through a food chopper. Place mixture in deep kettle and add peaches, ginger, chili powder, mustard seed, salt, cider vinegar, and brown sugar and boil for 1 hour, or until the chutney is a rich brown color, and rather thick. Pour while hot into sterilized jars. Makes 3 pints.

## FRUITED VERY HOT RELISH

 From Barbara McGinniss.Ingredients: 2 quarts (4 pounds) ripe tomatoes, chopped and peeled; 2 cups pears, chopped; $1 / 2$ cups apples, chopped; $21 / 2$ cups onions, chopped; ${ }^{3 / 4}$ cup hot cherry peppers, chopped; 4 teaspoons salt; 3 tablespoons mixed whole pickling spices; 1/4 cups sugar; 2 cups cider vinegar.
Method: In a deep kettle place tomatoes, pears, apples, onions, cherry peppers, salt and mix well. Cook mixture uncovered 11/2 hours, or until reduced by ${ }^{\frac{1}{2}}$. In a cheesecloth bag tie spices and add to mixture. Stir in sugar and vinegar. Cook mixture uncovered 1 hour, or until quite thick. Remove spice bag, discard. Pour relish into hot sterilized jars. Makes 6 pints.

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# by Henry Cre 


#### Abstract

Cooking for one or two can be as much fum as cooking for a crowd, maintains Hemry Creel, who derives great pleasure from this kimd of memu plammimg, shopping, and cookimg. Here he shares some recipes (from a cook book he's writing) for food, simple to prepare, delicious, and healthful. Many cam be used as unit building blocks for expanded servings when guests arrive. When doubling or trebling recipes, check seasonimgs and cooking time.


## Lamb Steak with Tarragon Cream Gravy Zucehini Cheese Casserole IBrownies

LAMB STEAK WITH TARRAGON CREAM GRAVY Ingredients: About 10 ounces lamb (a slice from leg is suggested); $1 / 2$ clove garlic, minced; salt and pepper to taste; 1 teaspoon dried tarragon, pulverized; 1 medium onion, in quarters; 1 teaspoon flour; 3 tablespoons boiling water; 1 tablespoon heavy cream. Method: Preheat oven to $450^{\circ}$. Place lamb in a shallow roasting pan and rub the meat with garlic
pieces and sprinkle with salt, pepper, and tarragon and add onions to pan. Roast meat for 10 minutes. Reduce heat to $350^{\circ}$ and cook another 20 minutes. Remove lamb and set it aside. Pour off any excess fat from the roasting pan and add flour. Stir and mix well. Add the water, blend well and dissolve the brown particles on the bottom of the pan. Add more water if the gravy is too thick. Stir in the cream, test for seasoning and serve over the lamb.

## ZUCCHINI CHEESE <br> CASSEROLE

 Ingredients: 2 tablespoons butter or margarine; 1 clove garlic, minced; 1 small onion, sliced; 1 zucchini, medium size, sliced thin-
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ly; salt and pepper to taste; $1 / 4$ teaspoon oregano; 4 ounces stewed tomatoes; $1 / 2$ cup sharp Cheddar cheese, grated.
Method: Preheat oven to $400^{\circ}$. In a small flameproof casserole melt butter or margarine and sauté garlic and onion for 3 minutes. Add zucchini, salt and pepper to taste and oregano and cook covered for 10 minutes. Add tomatoes and place in oven for 15 minutes. Uncover casserole and add cheese; return to the oven until the cheese is melted. Serve immediately.

## BROWNIES

Ingredients: 2 squares unsweetened chocolate; $1 / 4$ cup butter; $1 / 2$ teaspoon vanilla; 2 eggs; 1 cup sugar; $1 / 2$ cup flour; $1 / 2$ teaspoon baking powder; $1 / 2$ teaspoon salt.
Method: Preheat oven to $350^{\circ}$. Melt chocolate and butter in top of a double boiler and stir in vanilla.

In a bowl beat eggs lightly and gradually beat in sugar, chocolate mixture, flour, baking powder, and salt. Pour mixture into greased 8 -inch round cake pan, bake 25 minutes. Allow to cool and cut into squares. Makes 8 .

Wrap extras in wax paper and freeze.

## Individual Meat Loaf Sherry Kraut Rice Pudlding

## INDIVIDUAL MEAT LOAF

Ingredients: $1 / 4$ pound round steak, ground; 1 egg; $1 / 4$ teaspoon rosemary, pulverized; salt and pepper to taste; 1 slice white bread; $1 / 2$ red apple or 1 stalk celery; $1 / 2$ medium onion; 1 slice bacon.
Method: Preheat oven to $400^{\circ}$. In a mixing bowl break meat into tiny bits and add egg, rosemary, salt and pepper.

Crumb bread in a blender, add to seasoned meat. Add apple or celery and onion to blender, blend 1 minute, add to meat mixture, mix well, form into ball.

Line a small skillet with aluminum foil and place meat loaf in center; cover with bacon and bake for 45 minutes.

## SHERRY KRAUT

 Ingredients: I pound sauerkra 1 onion, sliced; 1 clove gar minced; freshly ground black p per, to taste; sherry, to cover. Method: In a heavy casserole sauerkraut, onion, garlic, and p per and add sherry just to cor Simmer on top of the stove fo hours or until ready to serve.Serve with meat loaf, brow pork chops, or frankfurters ad to the pot for the final cooking boiled new potatoes or as a course. Use leftover sherry kr as a luncheon soup.

RICE PUDDING Ingredients: 将 cup water; salt taste; $1 / 4$ cup rice; $1 / 4$ cup milk tablespoon sugar plus 1 teaspo 1/4 teaspoon vanilla; 1 egg; ounces raisins; $1 / 8$ teaspoon gra lemon rind; heavy cream or cream, to taste.
Method: Preheat oven to $350^{\circ}$ a saucepan bring water with to a boil and add rice, stir cover. Cook on a low flame u the water is almost evapora (about 35 minutes). Drain rinse the rice.

In a bowl mix milk, salt, sug vanilla, egg, raisins, and lem rind. Add the rice to the mixt and mix well.

Butter a small baking dish a add the rice mixture. Bake about 30 minutes or until Serve cold or hot with hea cream or ice cream.

## Broiled Salmon Steal Scalloped or Boiled Potatoes <br> \section*{Green Beans Jessie L}

BROILED SALMON STEAK Ingredients: Salt and fresł ground black pepper to taste; pound salmon steak; 2 tablespoo butter; 1/4 teaspoon parsle chopped and I slice lemon or h landaise sauce.
Method: Preheat oven to bro Salt and pepper the salmon both sides and allow to stand for few minutes. Butter each side the salmon and broil for 3 minut
on each side.
Serve on a warm plate with the parsley and lemon or hollandaise sauce

## GREEN BEANS JESSIE LEE

 Ingredients: 2 slices bacon, diced; $1 /$ cup onion, diced; $1 / 4$ cup vinegar; 1 tablespoon sugar; 1 cup loosely packed cooked beans, freshly prepared or canned.Method: In a skillet cook the bacon until almost crispy; add onion and continue to cook until crisp. Tip skillet and remove all excess fat, or strain the bacon and onion and discard the liquid fat. Add the vinegar and sugar to the skillet and stir to incorporate the particles sticking to the bottom of the pan. Boil mixture 1 minute and pour over the beans. Warm thoroughly and mix well just before serving.

## Artichoke Vinaigrette Sealloped Oysters <br> Mixed Green Salad Bing Cherries, Apricots, and Apples Steeped in Rum and Sugar

## SCALLOPED OYSTERS

 Ingredients: \% cup cracker crumbs; 6 oysters and their liquid ( $/ 4$ cup with liquid); ${ }^{1 / 4}$ teaspoon salt; $1 / 8$ teaspoon paprika; I tablespoon heavy cream; 1 tablespoon melted butter; 1 teaspoon butter. Method: Preheat oven to $400^{\circ}$. Place $\frac{1 / 2}{2}$ the cracker crumbs on the bottom of a buttered ovenproof casserole and cover with a layer of oysters, sprinkle on salt and paprika, pour oyster liquor, cream, and melted butter over surface. Sprinkle the remaining crumbs on top, dot with butter and cook for 20 minutes.Poached Chicken with Lemon
Corn Meal Crêpes
Endive and Bacon Braised Fresh Fruit

## POACHED CHICKEN WITH LEMON

Ingredients: $1 / 2$ chicken breast or your favorite piece or two; salt and pepper to taste; $1 / 2$ garlic clove, sliced; 1 rib celery with leaves, chopped coarsely; $1 / 2$ bay leaf; 1/4 teaspoon thyme; 1 slice lemon; enough chicken broth or water to cover; 1 tablespoon butter; 1 tablespoon flour; I tablespoon lemon juice; 1 egg yolk.
Method: In a small casserole place the chicken, salt, pepper, garlic, celery, bay leaf, thyme, and lemon slice. Cover ingredients with broth

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or water and bring to a boil. Turn the heat to lowest, cover pan, and simmer for 1 hour or until the chicken is tender. Remove chicken from broth, keep warm.
Melt the butter in a small pan and stir in the flour. Cook 1 minute stirring.

Strain $1 / 2$ cup broth and stir it into the butter and flour mixture. Continue stirring until sauce is smooth and lumps dissolve.
In a small bowl mix the lemon juice and egg yolk together. Add a small amount of the sauce to the lemon and egg mixture and mix together well. Add this to the remainder of the sauce. Cook 1 minute and serve over chicken.

## CORN MEAL CRÊPES

Ingredients: 1 tablespoon flour; 2 teaspoons corn meal; 1 egg yolk;

2 tablespoons milk; salt to taste; 1 teaspoon melted butter.
Method: Place flour and corn meal in a bowl. In a separate bowl beat the yolk and milk and stir into the dry mixture. Add the salt and melted butter and mix well.
Spoon into greased crêpe pan and cook until brown on both sides. Serve hot.

## ENDIVE AND BACON BRAISED

 Ingredients: 1 endive, about $\%$ of a pound; 1 strip bacon; salt and pepper to taste.Method: Trim the endive and peel off the outer leaves. Wrap the bacon completely around the endive lengthwise and place it in a small casserole. Salt and pepper the wrapped endive and cook covered over a flame tamer until the endive is tender.

## GARDEN BREAKFAST OR LUNCH <br> (Vegetables and Egg)

 Ingredients: $1 / 2$ teaspoon oil; $1 / 2$ cup rutabaga or turnip, cubed; 1 small onion, sliced; 1 carrot, sliced; 1/2 tablespoon green pepper, diced; salt and pepper to taste; 1 egg. Method: Cover the bottom of a small casserole with oil and add in layers, separately, the rutabaga or turnip, onion, carrot, green pepper. Salt and pepper to taste.Cover the casserole and simmer on top of the stove until the vegetables are tender ( 20 minutes).
Uncover the casserole and break the egg on top. When egg is set, serve immediately.

Variations of vegetables may be used to good advantage in this breakfast or light lunch.

earlier this year a last bastion of wine snobbery crumbled when two of France's leading gastronomic critics, Henri Gault and Christian Millau, were quoted in Newsweek as having come out in praise of California wines. Not so long ago they had dismissed them with Gallic scorn as "science-fiction beverages." Now, after a tasting trip to the Napa Valley, the verdict was -a complete volte-face. Americans, they conceded, were capable of producing some very great wines, especially in the realm of the Cabernet Sauvignons, some of which rivaled the finest Bordeaux. At a private tasting in Paris, a Beaulieu 1969 Private Reserve Cabernet Sauvignon costing $\$ 6.30$ was voted a peer of Château Petrus 1967 selling in America for $\$ 80$. The supercritics also had kind words for Gallo's Hearty Burgundy, calling it hard to beat at the price- $\$ 1.30$ a fifth.
This is no surprise to those of us who have been enjoying and talking up California wines for the last decade. The progress in those years has been spectacular, as rivers of money have gushed into new and old wineries, and quality has been boosted by increased plantings of the top grape varieties in microclimates specially suited to them. The efforts of the more dedicated winery owners and winemakers to improve their wines have put competitors on their mettle. As a result, today you can count on finding something good at every price level, from the dependable and very drinkable generic jug wines to limited bottlings of extraordinary value.
Varietal bottling is the name of the game, and more and more a standard practice, as American wine drinkers become increasingly conscious of, and more curious and savvy about what they are buying. Although California law requires only 51 percent of the name grape in a varietal bottling, with more grapes available many wineries are using from 75 to 100 percent. They no longer have to blend for economic reasons. If they do, it is by choice-for consistency of taste, to supply the acidity or fruitiness that might be lacking in a wine, or to make it drinkable earlier. Best of all, they can now hold for longer
the reds that need bottle age, instead of releasing them before they are ready, to meet the demand.

In the future, you'll be seeing some unfamiliar names, as vintners opt to bottle varietally wines they have mainly used for blending, such as Merlot, Carignane, Ruby Cabernet, French Colombard, and Flora. This opens up a whole new field of exploration. It is fascinating to taste a bottle from one winery against another and discover how the region where the grape was grown, the method of winemaking, and the aging can affect
ed whole and uncrushed to yield a very fruity, fragrant wine that can, in fact, must, be drunk while still in its infancy. Both the Beaujolais Primeur and the Beaujolais Nouveau (Primeur is marketed and drunk before the end of the harvest year, Nouveau two or three months later) have been a huge success in America since they made the New York scene three or four years ago. California vintners have obviously taken to heart the advantages of having a deliciously drinkable young red wine that can hit the market fast. Last year a

> "In every way, the prospects for the adventurous wine drinker are getting brighter and brighter"

## the end result.

Recently, both Sterling Vineyards and Louis M. Martini came out with a varietal Merlot, a grape mostly blended with Cabernet Sauvignon to add softness and fruitiness. Sterling's estate-bottled 1969 and Martini's nonvintage blend of 1968 and 1970 were interesting examples of different approaches to a new varietal. The Sterling Merlot I found round, soft, and fruity, with a very Cabernet flavor, while Martini's was a harder wine that could take more age.
Last year Sterling also bottled a Merlot Primeur right after the harvest, borrowing the Beaujolais system called carbonic maceration in which the grapes are first ferment-
handful of wineries experimented with Nouveaux made from Zinfandel, Gamay, Merlot, and Ruby Cabernet, and it looks as if this will catch on. Certainly the Sterling Merlot Primeur was a joyfresh, full of fruit, with more acidity than the young Beaujolais.

In every way, the prospects for the adventurous wine drinker are getting brighter and brighter. Soon you will be able to choose from not just half a dozen, but fifteen or sixteen different red varietals, as many white, and a correspondingly larger range of rosés. There will be considerable diversity among the wines, in quality and price, according to the style of the winery and the region in
which the grapes were grown-the cool climates of Napa, Sonoma Santa Clara, and Monterey or th warm interior San Joaquin Valley
The San Joaquin Valley ha been noted mainly for a high pro duction of Thompson Seedless and other grapes that bear heavily ir baking heat, the majority of which are used for dessert and fortified wines and brandy. Aristocratic delicate varieties such as Caberne Sauvignon, Pinot Noir, Pino Chardonnay and Johannisbers Riesling like it cool. The sturdie types like Carignane, Barbera, Gri gnolino, Petite Sirah, Zinfandel Chenin Blanc, and French Colom bard can take higher tempera tures. Some of the varietals grown in the Valley, among them Rub Cabernet, Emerald Riesling, Flora Gold, and Royalty, were specially developed for the hot climate by the University of California's De partment of Viticulture and Oenol ogy at Davis by crossing two exist ing varieties to make a new hybrid
The University program ha been going on for over forty year: and to date only a handful of crosses have made it. Two of the most successful have been the Ruby Cabernet, a cross between Cabernet Sauvignon and Carig nane, and Emerald Riesling, cross between Muscadelle and White Riesling and the grape that goes into Paul Masson's popular proprietary wine, Emerald Dry.
While most effort has gone toward table grape varieties suited to hot regions, new varieties are also being bred for the cool coastal counties that would be equal in quality to the traditional varietals grown there, but capable of bearing more heavily. Practically all of these are Cabernet types, among them a white Cabernet. According to Professor Berg of Davis, while a hybrid may have a Cabernet parentage, it develops a character of its own, as Ruby Cabernet has done.
"It's difficult to describe some of these new wines," he told me, "because they really taste different. To me one of the chief pleasures of drinking wine is continually to encounter new tastes and experiences, and we expect that out of our breeding program will come some entirely new types. The fu-

Continued on page 128
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## CALIFORNIA WINES continued from page 126

ture is in these varietals. All the time we are widening the range of California wine, as well as improving the quality."

The new varietals do taste different, and though to my palate they lack the finesse and complexity of the best of the established varieties, with a tendency toward coarseness, no doubt they will improve as more wineries experiment with methods of vinification. While I find the reds from the San Joaquin Valley more successful than the whites, which are rather neutral, lacking fruitiness and acidity, a common fault in hotclimate white wines, I have been impressed with what happens when grapes are grown in cooler
regions. Ridge's 1970 Ruby Cabernet, from a half-acre vineyard on its Monte Bello mountain property, is a fantastically big chewy wine with a lot of tannin that could well age for another ten years, while the 100 percent Flora 1971 of Souverain in the Napa Valley is a light, well-balanced white, with a fruity, flowery bouquet that would be a most appealing summer wine.

What we will be seeing within the next two or three years is a bigger and better selection of inexpensive wines in the medium price range, between the generic blends and the top premium varietals, wines that will cost from around $\$ 1.69$ to $\$ 3$.

## Red and rosé varietal wines

## Barbera

A robust, dark-red wine made from a grape of northern Italy. Rather tart and acid when young, it softens and deepens with age. Winery names to look for: Louis M. Martini, Buena Vista, Sebastiani, and, among the small wineries, Bargetto, Heitz, and Pedrizetti.

## Cabermet Sauvignom

California's best red wine.
The classic Bordeaux grape does exceptionally well in the cool regions of Napa, Sonoma, Santa Clara, Santa Cruz,

Monterey, and San Benito counties, producing wines of considerable complexity, rich color, medium to full body with a characteristic, easily recognizable bouquet.
Cabernet Sauvignon has a high degree of tannin and needs aging, although it is often blended with Merlot or Cabernet Franc to soften and mature it earlier. Cabernet Sauvignon differs considerably from one winery to another. Some make 100 percent varietals or set aside part of the wine for longer aging in cask and bottlethese are distinguished from the regular Cabernets by being listed on the label as "Private Reserve," "Vintage Selection," "Harvest Selection," and so on. Rosé wines are also made from the Cabernet Sauvignon grape. Winery names to look for include: Almadén, Beaulieu, Beringer, Freemark Abbey, Chappellet, Heitz, Charles Krug, The Christian Brothers, Louis M. Martini, Paul Masson, Robert Mondavi, Inglenook, Mirassou, Oakville, Concannon, Souverain,
Sonoma Vineyards.

## Carignane

Until recently, this prolific and widely planted grape was mostly used for blending, but is now being bottled varietally. Carignane can vary, according to the winery, from a light, young wine to one that is full-bodied, deep in color, and full of tannin. Wineries that bottle Carignane are Simi, Ridge, Fetzer, David Bruce, and, among Valley producers, M. LaMont.

## Charbono

A medium-bodied, full-flavored wine from another northern Italian grape. Bottled varietally only by Inglenook and the small Davis Bynum winery.
Gamay (also Napa Gamay, Gamay Noir) and Gamay

## Heanjolais

The grape called
Gamay or Napa Gamay has now been identified as the true Gamay Noir that makes the wines of Beaujolais in France, whereas the Gamay Beaujolais is actually a relative of the Pinot Noir. The wines are very similar, light and lively with a berrylike aroma, and they can be made both as reds and rosés. Winery names to look for: Almadén, Beaulieu, Inglenook, Charles Krug, The Christian Brothers,
kville, Paul Masson, assou, Robert Mondavi, astiani, Sonoma Vineyards, verain, Weibel, Wente.

## emache

is grape is grown oughout California, $n$ cool to warm regions. vost invariably it is made , light, fresh rosé wines, $t$ is in France for the vel of the Rhône Valley, iough Almadén also uses grape for a light-bodied wine, Grenoir Original. e rosés vary considerably uality and taste, ranging $n$ dry to medium-dry or ly sweet. Winery names to for include: Almadén, zulieu, Cresta Blanca, lian Swiss Colony, astiani, Simi, Sonoma eyards, Souverain. -ignolimo ight-bodied, tart, and fruity nge-red wine, sometimes made L rosé. Among the few ueries bottling Grignolino Heitz, Beringer, Cresta nca, San Martin.

## erlot

ten blended with bernet Sauvignon, which it sely resembles, this softer, itier, mellower wine is thed varietally by Louis M. utini and Sterling Vineyards.

## etīte Sirrah

cine that formerly was mainly ed for blending in generic rgundies, but is now regarded, ng with Zinfandel, as one California's best reds, er Cabernet Sauvignon. om this grape, which hails from Rhône Valley, come wines th great depth and body, dark color and high in tannin, at improve with age; lighter rsions that can be drunk irly young; and rosés. Winery mes to look for include: mcannon, Cresta Blanca, eemark Abbey, Mirassou, ıducci, Ridge, Souverain, moma Vineyards, Wente, inemasters' Guild.

## inot Noir

his classic French Burgundy ape has not fared as well in alifornia, and experiments are ing on to find the most worable soil and climate. The ines seldom if ever approach e deep, soft, velvety richness the Burgundy reds. Mostly vey are rather light-bodied, uity, and tart, although there ave been some notable exceptions mong the many wineries roducing Pinot Noir are: Almadén saulieu, Beringer, Buena Vista, he Christian Brothers, Freemark


Abbey, Inglenook, Llords b
Elwood, Louis M. Martini, Mirassou, Robert Mondavi, Paul Masson, Sebastiani, Souverain.

## PimotSt. George or <br> \section*{Red Pinot}

A light, soft, pleasant if unremarkable wine from a grape that is actually not of the Pinot family, but a southern French variety. Varietally bottled only by The Christian Brothers (as Pinot St. George) and Inglenook (as Red Pinot).

## Royalty

## A Davis hybrid

that makes a medium-bodied, soft, and fruity wine with a very dark color, mostly used for blending, but varietally bottled by Weibel and Valley producers like M. LaMont and Franzia.

## Ruby Cabermet

This most successful of the Davis hybrid reds produces a wine with light to medium body, a fair amount of tannin, and the characteristic Cabernet Sauvignon aroma. In the hands of a fine small winery such as Ridge, this can be a surprisingly big and complex wine. Other wineries producing Ruby Cabernet: Barengo, M. LaMont, Royal Host,

Ficklin, Heitz, Inglenook, San Martin.

## Zinfandel

A uniquely California wine that varies considerably in price, quality, and character, depending on where the grapes are grown and the wine made. The majority of Zinfandels are made for current drinking-light, fresh, lively
young wines with an appealing raspberrylike aroma and a glowing color. An aged Zinfandel is a totally different wine-dark-colored, full-bodied, and intensely fruity. There are also Zinfandel rosés and lately certain wineries have experimented with a white Zinfandel. To taste a wide range of Zinfandels, look for such winery names as: Almadén, Buena Vista, The Christian Brothers, Eleven Cellars, Cresta Blanca, Inglenook, Italian Swiss Colony, Charles Krug, Heitz, Louis M. Martini, Paul Masson, Mayacamas, Mirassou, Oakville, Pedroncelli, Ridge, Roma, Sebastiani, Souverain, Sonoma Vineyards.

Continued on next page

## White varietal wines

## Chemin Blane

(also called Pineau de la Loire, Pineau, and sometimes, erroneously, White Pinot, as it is not a Pinot grape). One of California's most popular and widely bottled varietals. Soft, light, and mellow with a delicately fruity aroma, it can range from dry to medium sweet, according to the winery. Chenin Blanc is produced by many wineries, among them: Almadén, Beringer, Chalone, Chappellet, The Christian Brothers, Cuvaison, Inglenook, Charles Krug, M. LaMont, Louis M. Martini, Paul Masson, Mayacamas, Mirassou, Robert Mondavi, Oakville, Parducci, Sebastiani, Simi, Sonoma Vineyards, Winemasters' Guild.

## Flora

Another Davis hybrid, a cross between Semillon and Traminer, and a light, refreshing fruity wine with a spicy overtone. Bottled varietally by a few wineries: Davis

Bynum, Parducci, Souverain, Z-D Wines.

## Emerald IRiesling

One of the earliest Davis hybrids. A clean, light, tart wine, sometimes with a hint of sweetness. Winery names to look for: East Side, M. LaMont, Paul Masson (Emerald Dry), Pedrizetti, Royal Host,

## San Martin.

## Folle IBlamehe

A crisp, dry, tart wine with high acidity and a clean finish made from a grape of the Cognac region of France and bottled varietally only by Louis M. Martini

## French Colombaral

 or ColombardA minor and less expensive white, mostly used for blending because of its high acidity. It can range from a rather neutral, undistinguished wine to one that is deliciously fresh and clean with a fruity carietal aroma and flavor. The Chateau Souverain 1973 Colombard Blanc is a good example. Made by a small number of wineries such as: Cresta Blanca, Foppiano, Inglenook, M. LaMont, Parducci, Souverain,

Winemasters' Guild, Z-D Wines.

## Gewiirztraminer

 and Traminer.Two Alsatian grapes (Gewürztraminer is a superior, spicier variant of the Traminer) that in California make very pleasant wines with a distinctive, flowery, spicy fragrance and a fresh, crisp fruitiness. Winery names to look for include: Almadén, Buena Vista, Heitz, Charles Krug, Inglenook, Louis M. Martini, Mirassou, Robert Mondavi, Sebastiani, Simi, Wente, Z-D Wines.

## Gold

A Davis hybrid that produces a sweet wine with a pronounced Muscat aroma and flavor, best served well chilled. So far, only Royal Host seems to bottle this.

## Green Hungarian

Another white mainly used in blending. It can vary from dry to semi-dry, with light to medium body. Although not one of the best varietals, the wine can be pleasantly clean and fresh. Winery names to look for: Buena Vista, Cresta Blanca, Souverain, Sebastiani, Weibel,

## Winemasters' Guild.

## Grey Riesling

Despite the name given to this grape in California, it is not a Riesling, but the Chauché gris of France. The wine, however, is light, soft, and faintly spicy, with some resemblance to a Riesling and should be drunk young. Winery names to look for include: Beringer, The Christian Brothers, Cresta Blanca, Cuvaison, Inglenook, Korbel, Charles Krug, Sonoma Vineyards, Souverain, Weibel, Wente.

## Johammisberg or

 White IRieslingOne of California's top whites, a deliciously fresh, fruity, flowery wine, softer and fuller than the German Rhine and Moselle wines made from Riesling grapes with a high acidity. Lately, Wente, Beaulicu, and Sonoma Vineyards have made a limited supply of Riesling Spätlese from lateharvested grapes shriveled to concentrated sweetness by the Botrytis cinerea, the "noble rot" of Europe. Winery names to look for include: Almadén,


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Seaulieu, Beringer, Buena Vista, happellet, The Christian Brothers, Concannon, Eleven ellars, Freemark Abbey, Heitz, nglenook, Charles Krug, Llords Elwood, Louis M. Martini, Iirassou, Robert Mondavi, ebastiani, Simi, Sonoma ineyards, Souverain, Wente

## Malvasia Biamea.

 Moscato Amabile. Moscato di Camelli, Muscat de Frontignan, Muscallelle Boralelais Iainly, these are light-bodied, agrant dessert wines, of arying degrees of sweetness nd sometimes sparkling, made om strongly perfumed and avored muscat grapes. ccasionally, a winery will make dry wine, like the Dry Ialvasia of the Novitiate of os Gatos. Other winery names look for: Bargetto, Beaulieu, onesio, Eleven Cellars, harles Krug, Kornell, ouis M. Martini.
## inot Blame

he wine from this white urgundy grape, when properly ade and aged, can rival a hardonnay-big, elegant, fruity, nd full-flavored ith a beautiful bouquet. nly a few wineries bottle inot Blanc, some calling it Thite Pinot, among them: lmadén, Chalone, Inglenook, Ieitz, Charles Krug, Parducci, aul Masson, Wente

## Pinot Chardonnay

 lso, more correctly, called hardonnay and bottled under oth names, this is California's nest white wine, from the classic hite Burgundy grape. alifornia Chardonnays vary om light and crisp, with a elightful green-apple freshness, cidity, and fragrance, to a all-bodied, complex wine in hich the fruitiness merges ith the woody flavors imparted $y$ the oak barrels used for ging. Today, more Chardonnay being aged in oak and the uality of the wine is being onstantly improved. Winery ames to look for include lmadén, Beaulieu, Beringer, halone, Chappellet, The hristian Brothers, Freemark bbey, Hanzell, Heitz, Inglenook, harles Krug, Llords \& Elwood,Mayacamas, Louis M. Martini, Paul Masson, Mirassou, Robert Mondavi, Simi, Sonoma Vineyards, Souverain, Wente, Stony Hill.

## Sauvignon Blane

This white Bordeaux grape is used alone and in combination with Semillon to make a wide range of wines from dry to the sweet dessert types. The sweet version is often labeled Sweet Sauterne or Haut Sauterne or give a Château designation, such as Chäteau Beaulieu, Château Concannon, Château Wente. Sauvignon Blanc, grown in the Loire as Blanc Fumé, makes one of California's most interesting white varietals, a clean, dry wine with a distinctive earthy flavor. Among wineries making a dry Sauvignon Blanc are Beringer, Concannon, Fetzer, Oakville, Wente. Sometimes the dry wine is labeled Blanc Fumé (Almadén), Fumé Blanc (Robert Mondavi, Beringer, Eleven Cellars), and now Pouilly Fumé (Charles Krug), to distinguish it from the medium-dry or slightly sweet.

## Semillon

A rounder, softer wine that when blended with Sauvignon Blanc tempers its dry earthiness. A dry Semillon is made by Almadén, Beaulieu, Concannon, The Christian Brothers, Charles Krug, Inglenook, Paul Masson, and Wente.

## Sauvigmon Vert

A clean, dry wine with low acidity, Sauvignon Vert is mainly blended in generic jug wines, but a handful of small wineries like Thomas Kruse, Nichelini, Sutter, and Trentadue bottle it varietally.

## Sylvaner or

## Framken Itiesling

While not as distinctive and elegant as the Johannisberg Riesting, this less expensive varietal of the same family is a light, fresh, young wine with a flowery fragrance. It is usually labeled Sylvaner, Sylvaner Riesling, or sometimes, rather confusingly, Riesling. Winery names to look for include: Almadén, Beaulieu, Inglenook, Charles Krug, Louis M. Martini, Mirassou, San Martin, Sebastiani.

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# Delicious food the Mandarin way 

## Memories and recipes from the Peking childhood of Cecilia Sun Yun Chiang

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editor's note: Memories of the food she enjoyed in her childhood and a belief that others would share her enthusiasm for it led Cecilia Sun Yun Chiang to open "The Mandarin," her renowned restaurant in San Francisco's Ghirardelli Square (another "Mandarin" will open soon in Beverly Hills). Mme. Chiang was born and brought up to a luxurious life in an ancient palace in Peking and "even as late as 1949, I had never cooked anything myself, although I had eaten and been exposed to the finest cuisines all my life. Chinese gourmets seldom ever cook," she explains, "their knowledge is acquired by watching and eating." In a new book, The Mandarin Way ${ }^{\circ}$, written in collaboration with Allan Carr, from which the following excerpts are taken, she shares her memories and brings to life the customs and cooking of a nowvanished way of life.
S ome of my earliest memories are of the festivals which fill the Chinese calendar. Indeed, almost any occasion seemed to be an excuse for a festival or feast. And the most important was the Festival of the New Year, with its symbolism of rebirth and new life. This occurs at the first moon, at the end of January or the beginning of February, according to the lumar calendar.

For at least five days before the Festival of the New Year, the house was alive with preparations. Tsao-chün, the kitchen god, whose picture normally hangs above the stove, had been suitably propitiated, his mouth stuffed with sweetmeats so that he would speak no ill of us when he reported his findings to Yü Huang, the Jade Emperor in heaven; the house had been swept and garnished, and the time for the New Year's Eve feast had arrived.
All stores and even markets were closed for a full week, and it was more than ever necessary to
have an ample supply of food in the house. My mother's foresight in pickling and preserving meats, fruits and vegetables now came into its own. Chinese cabbages, crisp and white, were laid away in the cold cellar; watermelons, carefully arranged so that air could circulate between them, lay like bulging vases in neat rows, and large, curiously flat-shaped persimmons were embedded in snow, to be eaten with a spoon, like some exotic sherbet. And great earthenware jars held pickles of all kinds.

As young children we were, as a matter of course, never admitted to the kitchen. That was the domain of the ta shih-fu, the head chef, who was inclined to tyrannize over the household, although the majordomo was nominally Lao Li , who had been a family servant for many years. The kitchen was in any case a dangerous place for a child. Razor-sharp cleavers, and hot fires, would be too much of a temptation for young fingers. While the rest of the house hummed with activity, we were being dressed by our wet nurses in fur-lined clothes, embroidered fur hats with earpieces, and quilted embroidered shoes, all homemade. We could always tuck our hands into the opposite sleeves and keep them warm inside the horseshoe cuffs which came down beyond our fingers. I find I still do this to this day whenever the

weather is cold, even though have no cuffs to protect me.

My father always seated hims first and was also served first. I children sat at a separate table til we grew up, and unlike our ders we were not allowed to ta morsels from the dish. Each of was handed food on a very sm plate, and had to ask the serva behind our chair, an elder sister our mother, if we wanted som thing in particular.

The dishes on this special occ sion were well qualified to offs the cold: a pork shoulder, "re cooked" in soy and wine to $t$ quintessence of its flavor, of a su culence and aroma to whet the a petite; a whole chicken, baked clay, to retain all its tenderness a delicacy; and a firepot, typical northern China, in which all kin of foods, specially prepared in $t$ same shapes and sizes, are put in a broth. The pot has a central co through which the heat rises fro glowing charcoal underneath, a as the liquid simmers, everyo seated around the table, which circular, puts his choice of ingred ents into the pot. The food loo delicious even before it is cooke for the chef lays out the plates an artist composes a picture. E erything possible is round; shrim balls, all kinds of meat and fi balls-as we say, "round for toget erness." Dried mushrooms, as sul tle as truffles, steamed and se soned, join transparent noodl (fan-tzu) and a variety of veget bles to add an infinite range to th aromas rising from the soup. Lott seeds, steamed with dragon ey and dates, and simmered wit dried kuci-hua flowers, from th Chinese wild olive, were traditio al ingredients of the desserts.
As we drank the steaming brotl or tasted the textures and flavor of meats, mushrooms, the slipper transparency of the noodles con trasted with crisp winter cabbag or lotus root, we could turn ou
reads from time to time to see hrough the windows the snowlakes softly falling, which gave an idded zest to the feast before us. Outside, in the darkening lanes, oung shop assistants with lanterns vere rumning hither and thither eeking out those who had failed o pay their bills. Everyone was exected to pay his debts before the ear's end, just as every shopkeep$r$ expected to claim his due, but fter midnight, by custom and tralition, a truce was called. And hus the lanterns continued to dart bout, and those who could not, r would not, pay went into hidng , or were brought guilty and hamefaced into the glow of the ights.
A large fish, cooked whole, glisening with sauce, and lying on its elly as though still swimming, ow made its appearance: somene, doubtless, had had to break he ice to get it from the river. Of Il the dishes, this was my particlar favorite. The fish was first ried a little, then simmered with vine, soy sauce, a hint of garlic, inger, scallions, and just enough ater to make a sauce. The result vas a dish of ambrosial delicacy. also signaled that dinner was oming to an end.
After the feast we would sit up ntil midnight, watching with leepy eyes the flickering of tall, plendid candles, shou-sui, for at he stroke of twelve we knew we vould be one year older (the Chiese, like racehorses, are one year lder at the first of the year, whatver the birth date may be). This ustom is called shou-sui or watching the year steal away." irecrackers rent the air, for a appy New Year, or as some beeved, to chase away evil spirits, s we were firmly and finally cared off to bed-some of us still wake in anticipation of the excitenent of the coming morning. My father, like all Chinese parnts, used to hide money, wrapped p in red paper (ya-sui chien) for he children to find on New Year's Day: inside each package, we ound he had written a lucky adge and had put in a sprig of everreen as well, as a good omen. The house was gay with red ecorations: ornaments of red paer in the shape of Chinese char-
acters, red scrolls brushed with lucky poems hanging from the ceiling beams; and the red camellia, the New Year flower in northern China. To these were added sweetscented yellow narcissus in bowls filled with colored pebbles; blackstemmed pink flowers, known as mei-hua; heaven bamboo, t'ienchu, red of berry and with bam-boo-like leaves; and the flowering plum, filling the air with fragrance, its yellow flowers the color of beeswax. In the south, in Canton, the orange and pomelo are favorites at this season, their golden color symbolizing wealth and good fortune. Foods especially associated with New Year's Day included chiao$t z u$, delicate little dumplings fried to a golden brown on one side and stuffed with savory meats, which were considered essential as a beginning. Three or four courses followed, such as hen's eggs poached in chicken soup; thin pancakes, intricately rolled in reverse curves to give them their name, $j u-i$, like the Chinese scepters they resembled, stuffed with eggs and meat; yuan-hsiao, tiny marblesized balls made of glutinous rice, white or dark and shiny with sugar. Nien-kao, rice cakes sometimes filled with date paste or black sesame seeds and flavored with dried kuei-hua flowers, were a temptation to youngsters, especially when they were colored with vegetable dyes to look like jade. (In the region of Shanghai, my mother's home, they are usually of a pink color, rich and sweet. There they are sliced, fried lightly or steamed.) Another kind, ning-p'u nien-kao, was sautéed with meat and vegetables, or cooked in a soup. The custom was to eat everything in pairs-two eggs, two $j u-i$, two yuan-hsiao, two nien-kaosince couples are considered lucky. This also applied to the gifts exchanged at this time: friends and relatives sent servants with tiered lacquer containers in which were canisters of tea, two kinds of preserved fruit, two hams, two chickens; and the boxes could not be sent back empty: twin gifts would weigh them down in return, and red-wrapped money for the servants as well.

The New Year festivities conContinued on next page
> "Everything possible is round: shrimp balls, all kinds of meat and fish balls-as we say 'round for togetherness'"


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# "The food looks delicious even before it is cooked. The chef lays out the plates as an artist composes a picture" 

## DELICIOUS FOOD THE MANDARIN WAY continued from preceding page

tinued for fifteen days. On the second day, formal calls were paid on relatives and friends, in strict order of precedence: the lower in rank or age calling on the higher or more senior. Like other families of our sort, we kept open house. and tea and delicacies were offered to every caller. Pointed olives were placed on the lid of each teapot, because they looked like taels, the Chinese money, and ginkgo nuts were displayed for the same reason. Relatives brought us presents of money, wrapped in red paper, and there were innumerable dinner parties, which we at tended in our best clothes.

For the first ten days of the festival my sisters and I wore in our hair charming velvet flowers threaded on a fine wire, a specialty of Peking, although the exchange of visits continued up to the climax of the celebrations on the fifteenth day, the Feast of Lanterns. Noise, color and flickering lights are forever associated in my mind with that day, when we all set out
at twilight with paper lanterns, made in every conceivable shape: a goose, a lotus flower, a carp, a magpie, a phoenix, a lion-painted in brilliant hues; and all the while the rattle of firecrackers roused us to an ever higher pitch of excitement.

After all these festivities, the remaining days of the first moon were something of an anticlimax, although snowflakes still offered the diversion of snowballs and sliding on slippery courtyards, just as the first thaw held out the promise of warmer days. Childhood memories are brief, and it was not long before we were looking forward to spring.

## SESAME SEED CHICKEN (Chih-ma Chi)

Ingredients: 2 whole chicken breasts, skinned; 界 teaspoon salt (scant); 1 egg (white only); sesame seeds; vegetable oil. Method: Each breast should be chopped into five pieces, across the length, and dipped into white
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of egg to which the salt has been added. Sprinkle all over with sesame seeds and deep-fry rapidlyabout one minute-in hot cottonseed oil.

## SHRIMP AND SNOW PEAS

(Wan-tou Chao Hsia-jen)
Ingredients: $1 / 2$ pound large raw shrimp or prawns; 1 cup cornstarch mixed with 1 cup water; 4 ounces snow peas; 2 tablespoons vegetable oil; 1 tablespoon Chinese rice wine or dry sherry; pinch of salt.
Method: Shell and devein the shrimp, and coat lightly with the cornstarch-and-water solution. Prepare the snow peas by picking off both ends and removing the stringy fiber. Heat a wok over high heat and put in the oil, making sure that the surface is covered with a film of oil everywhere. When it is hot, put in the shrimp, and while rapidly stir-frying, add the wine and salt. Add the snow peas last, as they cook very rapidly, and in one minute, or less, all will be done. Speed and dexterity are essential in a dish of this kind, in which the elements are so fragile that overcooking will produce a tasteless, amorphous mess instead of a delicacy for the gourmet.

## WALNUT SYLLABUB

 (Ho-t'ao Lau)I have called this a syllabub rather than a soup (as it is sometimes translated) because a hot liquid of nut purée, dates and sugar, with milk and a touch of cognac, hardly qualifies as a soup in Western terms, and the consistency should be that of a flowing custard.
Ingredients: $1 / 2$ pound walnuts; $1 / 4$ pound preserved dates; 1 tablespoon condensed milk; ${ }^{1 / 2}$ cup sugar (or more, to taste); 1 teaspoon cornstarch; 1 tablespoon cognac. Method: Shell the walnuts and remove the skins by soaking in hot water to cover for thirty minutes. Drain and then bring the walnuts to a boil in enough fresh water to cover, simmer for five or six minutes, and drain again.

Soak the dates for half an hour in two and a half cups of cold water, then drain. Bring to a boil in four cups of fresh water, immediately reduce the heat, cover, and simmer for about half an hour. Allow to cool, drain, reserving the liquid, and remove the skins and kernels.

Put the date pulp and walnut into a blender with a cup of th date water and blend until smooth Pour the purée into a saucepa and slowly stir in the condense milk. Then add the remainder the date water, about two cups cold water, and the sugar, an simmer, bringing gradually to boil, stirring constantly to preven sticking or burning. Immediatel reduce the heat to a simmer, ad the cornstarch (blended with little water), and cook until th syllabub begins to thicken. Ad the cognac, and serve while ho The syllabub should be served i bowls and is eaten with a spoor

All the stirring and mixing ha to be done by hand in our house hold, as we did not know of th electric blender, and it is just pos sible that the results were bette since one controlled the prepara tion at each stage. The introduc tion of the cognac was an embe lishment of my father's and is cet tainly an improvement.

STEAMED FISH
(Ching Cheng $Y_{i i}$ )
Ingredients: 1 rock cod, carp, se bass or red snapper, 2-3 pounds; scallion tops, 4 inches long; 3 slice fresh ginger root, $/ 1 / \mathrm{inch}$ thick garnish: 4 scallions, finely shred ded, and fresh coriander.
Ingredients for sauce: 21/2 table spoons cottonseed oil; 3 drops ses ame seed oil; 3 or 4 drops light so sauce; dash of Chinese cookin wine.
Method: Make incisions $1 / 2 \mathrm{incl}$ apart on both sides of fish. Arrang the scallions on a platter, and la the fish on its side on top; stick th slices of ginger into the incision nearest the head.

Place the platter on a rack in wok or roasting pan (havin brought some water in the pan to the boil first). Cover, and stean for seventeen to eighteen minutes

In the meantime, mix the cot tonseed oil with the sesame seed oil, soy sauce and wine, and cool for two to three minutes to blenc the flavors. When the fish is ready to be served, pour the sauce ove it, and garnish with the scallions shredded lengthwise, and some chopped coriander. The fish thu prepared has just sufficient seasoning to bring out, rather than mask its delicacy, and in that respect is typical of the restraint of the northern Chinese cuisine.



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He's a handy little step-stool crafted in solid Vermont wood to take all kinds of loving abuse. $131 / 2^{\prime \prime}$ I., $5^{\prime \prime}$ h. Natural pine finish, a great gift for the little fellow, \$5.95; honey finish, $\$ 6.95$ plus $\$ 1$ post. Great North Woods, HG9, 683 Lexington Ave., NY 10022.


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relating to every taste, every life style. Go antiquing, browse through the book stalls, discover interesting pieces of jewelry and handicrafts, or shop for the up-to-the minute accessories that add zest to your house. Ameri-can-made products are in great abundance. And though clipper ships cannot be credited for supplying the shopkeepers with the sundry imports that stock their shelves, the shopper is tempted by the extensive array of fine china, crystal, and decorative accessories from around the world.
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> The New England Guild of Decoupage (demonstration and show) Oct. 13

The Village is located at the foot of the Mystic exit of I-95. (For further information, write to Mrs. Joyce Regan, Olde Mistick Village, Mystic, CT 06355.)


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HE IS LOVABLE
Stitch-whiz dog to needlepoint as oblong or shaped pillow. Other animals available: cat, tiger, mouse or lion. Kits consist of hand-painted \# 14 mono canvas, Paternayan yarn, needle, instructions. $16^{\prime \prime}$ by $12^{\prime \prime} . \$ 28.50$ ea. plus 75 c post. Catalogue, 100 new designs, 28 graphed stitch instructions, alphabet chart. $\$ 2.50$. Magic Needle, HG9, 44 Green Bay Road, Winnetka, IL 60093.


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includes artists portrait of your subiect on includes artists portrait of your subject on
canvas, wool, needle and inst. Size $10^{\prime \prime} \times 14^{\prime \prime}$ $\begin{array}{lll}\text { canvas, woi, neede and } \\ \$ 24.95,14^{\prime \prime} \times 18^{\prime \prime} \\ \$ 29.95,18^{\prime \prime} \times 22^{\prime \prime} & \$ 34.95 .\end{array}$ Each additional subject on same canvas add $\$ 15$. Send any clear color or B/W photo (returned) with color info. Also available is em broidery kits $14^{\prime \prime} \times 18^{\prime \prime}, \$ 19.95$. Each additional subject on same linen add $\$ 10$. We do pets too, same prices. Please add $\$ 1.25$ for insured NEEDLEPOINT PORTRAITS LTD Studio 84, 71 Stillwell Road Kendall Park, New Jersey 08824


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TOWN HOUSE
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## needlepoint

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FONDUES
continued from page 119 Ingredients: 3 bars imported milk chocolate; 3 bars imported bitterweet chocolate; $1 / 2$ cup light or heavy cream; 2 tablespoons brandy, rum, or liqueur of choice; 1 arge bunch black grapes; 1 pineapple cut in half and sectioned; 2 oranges, peeled, sectioned, and membrane removed; 1 pint whole strawberries; tangerines, peeled, sectioned, and membrane removed, 2 red apples, thinly sliced; or a selection of cakes cut into bitesized cubes: angel food cake; pound cake; macaroons, lady fingers.
Method: Break chocolate bars into small pieces and place in a saucepan. Add light or heavy cream, brandy, rum, or liqueur. Stir mixture over low heat until chocolate is melted and smooth. Pour mixture into fondue pot, light candle-warmer. Serve a tray of the fruit, or angel food cake, pound cake, macaroons, and lady fingers for dunking. Serves 4.

# Gardeneris $N_{\text {oles }}$ 

byJames Fanning

,eally red are tulips. There are lots of other red flowers, of course, but none can equal the dazzling brilliance to be found among Darwins and other tulip classes. All in all, these springtime favorites give just about the best money's worth to be found in the plant world. Tulip bulbs are relatively inexpensive, easy to handle, and, given anything like favorable conditions, flower year after year with little attention. Perhaps it is the broad-petaled flower cups; perhaps the vibrant clarity of the colors themselves, but the icy whites, glowing yellows, luscious mauves, and inky purples of tulips have a carrying power unequaled by other flowers. And those super spectacular reds! Their season begins in early spring with the glowing scarlet species tulip Fosteriana. It goes on with early single varieties like Brilliant Star and Dr. Plesman. Color climax comes with Darwin and improved Darwin varieties such as Paul Richter, Dover, Holland's Glory, and Flying Dutchman (see page 108). Tulip season ends with the consummately graceful lily-flowered varieties. Queen of Sheba is a magnificent yellow-edged red in this class. Used in clusters among peonies, tulips are a center of attention while 172 peony buds are developing, drop their own petals before those begin to unfold. In the peony bed, above, lily flowered tulip Red Shine is in full bloom while leaves of early daffodils ripen beside it. Spreading foliage 0 the perennial plants conceals tulip and daffodil leaves as they mature, and the bulbs stay right where they ar to flower another year. Beginning in September, nurseries and garden shops will be offering a large selection o tulip varieties. Be sure to get yours early before the cream of the crop is snapped up. For ordering by mail, P De Jager and Sons has a fine list of tulips and other spring bulbs. Its catalogue is free from P. De Jager an Sons, Inc., 188 Asbury St., South Hamilton, Mass. 01982.

## "Tulip bulbs are relatively inexpensive, easy to handle, and flower year after year with little attention"

Those clever scientists at the United States Department of Agriculture have discovered that mosquitoes will ne lay their eggs in water with a surface area of $1 / 2$-inch square or smaller. We can take a cue from this to prever mosquitoes breeding in small containers of standing water. All you have to do is divide the water surface int $1 / 2$-inch sections. Half-inch hardware mesh will do the trick as long as it remains in contact with the wate surface. This is easy enough as long as the rain barrel-or whatever the container may be-has a constar water level. Where the water moves up and down, the trick may be a bit more difficult, but some sort of floa ing arrangement should not be hard to make. Come to think of it, this explains why pebble-filled pools don breed mosquitoes: Pebbles break up the surface of the water just enough to discourage the bloodthirsty pest


another indoor growing season is just around th corner. For most of us it won't be a new seaso unless we have a new plant or two to add to th window sill or greenhouse familiars. This year's novelt -one that will probably become a permanent part the collection of everyone who tries it-might well b the cape primrose, Streptocarpus. A native of Sout Africa, streptocarpus has been cultivated a long tim but is only now beginning to be popular with home ga deners. A close relative of African violet, it is a some what bigger plant but takes the same kind of care Flowers, left, blue, violet, pink, or white, are conside ably larger than African violets, with stems long enoug for cutting. The plants like a cool, humid atmospher plenty of light as long as it's not hot sunshine, and car not tolerate soggy roots. They are ideal for growing in large terrarium, and flower sporadically throughout th year. Leaf cuttings root quickly, but growing plants fror seed is more difficult. The tiny seedlings take a lot coddling. Seed may be had from George W. Park See Co., Inc., P.O. Box 31, Greenwood, S.C. 29647 (cata logue free). Plants may be ordered from Lauray of Sa isbury, Undermountain Rd., Rt. 41, Salisbury, Conr 06068 (catalogue 35c); or Easterbrook Greenhouse 10 Craig St., Butler, Ohio 44822 (catalogue 50c).

## hopping nformation

## All prices approximate. *Consult your interior designer or store alecorating department. Postage indicated by ().

OVER
Antique Velvet" fabric on sofas: $3^{\prime \prime}$ wide, cotton, treated with Zepel. y Tressard Fabrics.*
illows: small, \$9; large, $\$ 18.50$. iug: $6^{\prime} \times 9^{\prime} . \$ 340$. Pillows and rug om Design Research.
dattan chair: $\$ 295$; acrylic coffee tale: $\$ 330$; lacquered box by Allessanro: $\$ 225$. From Luten-Clarey-Stern.* asket table: from La Tienda.
igarette box: shown on basket table. rom John Rosselli.
EW RUG ART
ages 96-97:
2, and 3. "Country House" sisal les: 193/4" sq., designed by Hamdi ad Brunhild El Attar of Germany. 5. 40 a sq. ft. From Jack Lenor Lar-
"Barcelona" hemp matting: $\$ 24$ sq. yd. By Harmony Carpets.*
"Devant" Swiss Berber carpetg: $39^{\prime \prime}$ wide, in brown, beige, natal. \$45. a sq. yd. By Saxony.*
"Moselle" wool rug: 4' x 6', handade, Berber wool. \$175. By Concepts ternational.*
"Mano" wool rug: 7' x 10'. \$829. y Saxony Carpets."
"Salome" carpeting: $80 \%$ wool, $\%$ nylon, 5 color combinations. Degned by David Hicks. $\$ 48$ per lineal 1. By Harmony Carpets.*
"Granny's Garden" wool rug: x 6 ' $\$ 150$. By Concepts Internation-
"Chieftan" wool rug: made to der only. By Edward Fields.*
Rag rug: all wool, $3^{\prime} \times 5^{\prime} . \$ 120$. By osecore.*
Moiré carpeting: all wool. By ark Carpet.*
Tunisian rug: all wool. By Stark.* HANGE CARPET
ages 98-99:
Oushak Bana rug: $12^{\prime} \times 15^{\prime}$, all ool. $\$ 2,345$. By Pande, Cameron \& Co. New York, Inc.*
Tibetan durrie: antique cotton. 0,000 . By Stark Carpet.*
"Circa 70" carpeting: of Kodel III lyester. \$9.95 a sq. yd. By W orld.
"Royalax Kurdistan" carpeting: Couristan.
atural Belgian linen fabric: upholery fabric. $\$ 3.50$ a yd. $54^{\prime \prime}$ wide. By anciscan Fabrics.*
ueen Anne chairs, chrome base lairs, antique bamboo table, Indian askets, antique wooden leopard all om Arthur E. Smith. and drawings: by David Ligare. At ndrew Crispo Gallery. k drawings: By Tom George. At etty Parsons Gallery.

Coffee table: By Seguin Mirror \& Brass Co.
Backgammon set: from Bottega Veneta.
Brass reading lamp: designed by Cedric Hartman. At Luten-ClareyStern.*
Fold-out chairs: banquette, pillows, Designed by Guido De Angelis. Window: Perma-Shield window with insulating glass. By Andersen Corp. Wall paint: Manor Hall Lo-Lustre paint in House \& Garden Real Red. By Pittsburgh Paints.

## HISTORIC CHARLESTON

 Pages 102-103:Triple chest: in a limited edition of 10 pieces; reproduction of the 18th-century original designed by Thomas Elfe made by Peter Boswell, Ltd.
Tuxedo sofa: $88^{\prime \prime}$ long, 3 seat cushions, loose back cushions. Reproduced for the Historic Charleston Foundation by Simmons.
Louis XVI upholstered armehairs: square back, $221 / 2^{\prime \prime} \times 17^{\prime \prime} \times 341 / 2^{\prime \prime}$ high; oval back, $22 \frac{1}{2^{\prime \prime}} \times 17^{\prime \prime} \times 351 / 2^{\prime \prime}$ high. Reproduced for the Historic Charleston Foundation by Simmons.
"White Point Garden" cotton fabric: covering sofa, armchairs, and pillows. $56^{\prime \prime}$ wide, $241 / 2^{\prime \prime}$ repeat. $\$ 18$ a yd. From the Charleston Collection by Greeff.*
Pillow fringe: $\$ 12.50 \mathrm{a}$ yd. by Conso.* Tilt-top card table: squared top folds flat against the simple tripod base. Made for the collection by The Cabinet Makers at Stebbing Ltd.
Red lacquered coffee table: chinoiserie decoration; burl and brass box table shown next to chair; lacquered sewing box shown on coffee table. All reproduced from the originals by Sarreid Ltd.
Brass candlesticks: $9^{\prime \prime}$ high, $\$ 35$; $121 / 4^{\prime \prime}$ high, $\$ 37.50$. Reproduced in India from originals in Charleston. By Mottahedeh.
Chair-side table: $22^{\prime \prime}$ high, $12^{\prime \prime}$ diam. $\$ 125$. By Madison Square Furniture. "Vista Alegre" porcelain: dinner plate, $\$ 16.50$ shown on tripod table. $\$ 60.50$ per 5 -piece place setting. By Mottahedeh.
"Vista Alegre" plates shown on mantel: dinner plate, $\$ 16.50$; salad, $\$ 14$; bread/butter, \$11. By Mottahedeh. Pages 104-105:
"King Charles" sterling flatware: $\$ 125$ per 4 -piece place setting;
"Towne Garden" porcelain: $\$ 44.95$ per 5-piece place setting. Both for The Historic Charleston Collection by Gorham.

Continued on next page


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## SHOPPING INFORMATION

Queen Anne lowboy: 3 drawers, mahogany. Original designed by Thomas Elfe reproduced by The Cabinet Makers at Stebbing Ltd., England.
"Plantation Gardens" collection of sheets and towels: towels of $100 \%$ cotton Velura, shown is buttercup yellow; sheets and quilted bedspread in delphinium blue. For The Charleston Collection by Cannon. At Altman's.
"Charleston Chair": black with Vernis Martin cartouche. By Simmons.
Chinoiserie metal sconces: by New Metal Crafts Company.
Piecrust tea table: mahogany, reproduced for the collection by The Cabinet Makers at Stebbing Ltd., England.
Portrait: Reproduction portrait by Gilbert Stuart will be made in early 1975 by The New York Graphics Society.
"Vista Alegre" china on tea table: teapot, $\$ 60$; sugar, $\$ 32.50$; creamer, $\$ 25$; cup and saucer, $\$ 19$. Solid brass teapot: reproduced in India. Brass teapot and china for the Charleston Collection by Mottahedeh.
Double-handled pewter porringer: $\$ 25$. Pewter plate: $12^{\prime \prime}$ diam. $\$ 36.50$. For The Historic Charleston Collection by Gorham.
Breakfast tray: "Vista Alegre" china: teapot, $\$ 60$; pitcher, $\$ 30$; sugar, $\$ 32.50$; cup and saucer, $\$ 19$; salad, \$14. By Mottahedeh.
Silver-plate tumbler: $\$ 10$. By Gorham.
Oval-backed armehair: $221 / 2^{\prime \prime} \times 17^{\prime \prime}$ x $351 / 2$ " high. Reproduced by Simmons. "White Point Garden" cotton upholstery by Greeff.*
Queen Anne butler's chest: $203 / 4$ " x $19^{\prime \prime} \times 37^{\prime \prime}$ high, flip top, Pacific-Silver-Cloth-lined drawer. Reproduced from the original by The Cabinet Makers at Stebbing Ltd., England.
Fall-front bureau desk: $30^{\prime \prime} \times 173 / 4$ " x $36^{\prime \prime}$ high, light mahogany. Reproduced by The Cabinet Makers at Stebbing Ltd., England.
Colognes: "Charleston Daphne", "Southern Gardenia", and "Lord Ashley Cooper". $\$ 7.50$ each. From a collection of colognes, soaps, and potpourris at Caswell-Massey.
Woven basket: made in Charleston and available at Caswell-Massey.
Pages 106-107:
Sheraton sofa: $52^{3 / 4^{\prime \prime}} \times 17^{1 / 2^{\prime \prime}} \times 33^{\prime \prime}$ high, cane seat, tie-on pad. Reproduced for the Collection by Simmons.
Pickled pine mirror: available in a gold finish as well. Reproduced for the Collection by Sarreid Ltd.
Chair-side table with brass trivet inlay: $191^{\prime \prime} 2^{\prime \prime} \times 17^{\prime \prime} \times 20^{\prime \prime}$ high. $\$ 165$. By Madison Square Furniture.
Hepplewhite chair: black lacquered finish with yellow and gold decoration. Reproduced for the Collection by Simmons.
"King Charles" crystal stemware: $\$ 15$ per stem; silver-plated salver: $12^{\prime \prime}$ diam. $\$ 45$; silver-plated rice spoon: $\$ 12.50$; "King Charles" punch ladle: silver-plate, $\$ 17.50$. All reproduced for the Collection by Gorham.
Cachepot: shown in hallway of 21 East Battery Museum by Mottahedeh.
"Plantation Bouquet" place mats:
one mat each of pomegranate, flowering quince, azalea, and mimosa. Set of 4 in $1 / 8^{\prime \prime}$ acrylic, $\$ 25$; in vinyl, \$13. From Edgar Watkins/Cubics.
Wing chair: reproduced for the collection by Simmons. "Charleston $1810^{\prime \prime}$ figured matelassé stripe fabric: covering wing chair, $54^{\prime \prime}$ wide, $\$ 33.50$ a yd. By Greeff.*
Nest of lacquered tables: black lacquered tables with red and gold design. By Sarreid Ltd.
Fretwork breakfast table: $23^{\prime \prime} \mathrm{x}$ $451 / 2^{\prime \prime} \times 28^{\prime \prime}$ high leaves opened. Reproduced from the original designed by Thomas Elfe by The Cabinet Makers at Stebbing Ltd., England.
Needlepoint kits: "Rainbow Row Houses" kits designed by Erica Wilson for Columbia-Minerva.
Stores carrying a selection of Historic Charleston Reproductions: Burdine's, Miami, Fla.; Edward Keith, Kansas City, Mo.; Liberty House, San Francisco, Calif.; Luxury Crafts, Gastonia, N.C.; Strawbridge \& Clothier, Philadelphia, Pa.; Thalhimer's, Richmond, Va. For further information write House \& Garden Reader's Service.

## REALLY REDS ZEST

Pages 110-111:

1. Vinyl wallcoverings: Clockwise: "Mistake" geometric vinyl wallcovering, $27^{\prime \prime}$ wide, $27^{\prime \prime}$ repeat. $\$ 22.50$ a roll. By First Editions Wallcoverings.* "Graph" plaid vinyl wallcovering, 27" wide, $51 / 4^{\prime \prime}$ repeat. $\$ 19.50$ a roll. By Karl Mann Associates.* "Penny Lane Dots" dots vinyl wallcovering, $27^{\prime \prime}$ wide, $12^{\prime \prime}$ repeat. $\$ 21$ a roll. By Papier Peints." "Country Plaid" gingham vinyl wallcovering, $27^{\prime \prime}$ wide, $251 / 4^{\prime \prime}$ repeat. $\$ 17.95$ a roll. From Thibaut.
2. Alarm clock: $51 / 2^{\prime \prime} \times 41 / 2^{\prime \prime} \times 25 / s^{\prime \prime}$ diam., calendar. $\$ 18$. By Bulova.
3. Watermelon bowl: $\$ 45$; slice-ofwatermelon plates, $\$ 10$ each. At CacheCache.
4. Gingham porcelainware: $2-\mathrm{qt}$. covered saucepan, $\$ 4 ; 2$-qt. covered kettle, $\$ 4.50 ; 4$-qt. stockpot w/cover, $\$ 3.70 ; 9^{\prime \prime}$ fry-pan, $\$ 3.90$. From the Cookware group of General Housewares.
5. Serpentine table: $48^{\prime \prime}$ diam. x $18^{\prime \prime}$ high, clear glass top; smoked glass top available. By Landes. \$233. At Abraham \& Straus.
6. "Diamond" cotton fabric: 54" wide, $6^{\prime \prime}$ repeat, Zepel treated. By Bassett McNab.*
7. "Bistro" stainless flatware: in white and brown. $\$ 3$. At Bonniers.
8. Bathroom dispenser: plastic, now available in 6 more House \& Garden colors. By Dixie Cup.
9. "Gyroscope" chair and ottoman: chair, $42^{\prime \prime} \times 43^{\prime \prime} \times 35^{\prime \prime}$ high; ottoman, $28^{\prime \prime} \times 28^{\prime \prime} \times 15^{\prime \prime}$ high ; chair seat rests on cylindrical ABS resin base and moves like a gyroscope to any position desired. By Selig.
10. "Navajo" cotton fabric: 54 " wide, $12 \frac{1}{4}$ " repeat, Scotchgard finish. By Cohama. At Abraham \& Straus. 11. All-upholstered armehair: $27^{\prime \prime}$ x $22^{1 / 2 "} \times 291 / 2^{\prime \prime}$ high, wool upholstery fabric. \$234. By Century Furniture.
11. "Flying Dutchman" Darwin tulips: bulbs available for fall planting
nursery and garden shops and by mail from most catalogues.
12. Power Team vacuum cleaner: $10^{\prime \prime} \times 13^{\prime \prime} \times 16^{\prime \prime}$ high, 9-piece set of power attachments, low $4^{\prime \prime}$ profile to clean under furniture. $\$ 120$. By Eureka. 14. Mini-camel backed sofa: 54" x $28^{\prime \prime} \times 33^{\prime \prime}$ high; upholstery fabric by Schumacher.* Sofa by Thomasville.
Pages 112-113:
13. Upholstered dining chair: $20^{\prime \prime} \mathrm{x}$ $191 / 2^{\prime \prime} \times 32^{\prime \prime}$ high, upholstered in cotton velvet. By Thayer Coggin. At Bloomingdale's.
14. "The Orbiter" clock radio: AM radio, 5 " high, 9 volt battery. \$15.95. By General Electric.
15. Vinyl wallcovering "tiles" : standard gauge floor tiles can be made from most patterns of vinyl wallcoverings. $\$ 1.99$ a sq. ft. exclusive of cost of wall covering. Write to Flicker Floors
16. Painted metal armehair: $22^{\prime \prime} \times 19^{\prime \prime}$ x $36^{\prime \prime}$ high, Chinese chippendale style, fabric seat cushion designed by Gloria Vanderbilt for Bloomeraft. Chair by Meadoweraft, a div. of Birmingham Ornamental Iron Co.

## 5. Enamel-on-steel cookware: casse

 role, $\$ 18$; saucepan, $\$ 15$; stew pot, $\$ 36$; fry-pan, $\$ 36$; striped saucepan, $\$ 23$; tea kettle, $\$ 40$. By Prinz. At Hammacher Schlemmer.6. "Crock Pot" electric casserole: $21 / 2$ qt. capacity, 3-position dial, stoneware crock may be removed from case for baking in an oven, immersible, dishwasher safe. $\$ 40$. By Rival. At Macy's

## 7. "The Jaunty" portable black and

 white TV: $9^{\prime \prime}$ screen, $12^{5} / 8^{\prime \prime} \times 103 / s^{\prime \prime} \times$ $91 / 2$ " high. \$89.95. By RCA.8. Spindle back chair: $22^{\prime \prime} \times 19^{\prime \prime} \times$ $32^{\prime \prime}$ high, cane seat and back, bamboo frame detail. $\$ 300$. By Schoolfield Furniture Industries. At Plantation Interiors, Hilton Head Island.
9. "Ora" clock: 3 " diam. x 3 " high, imported from Italy. \$19.50. At Design Research.
10. Octagonal lamp table: $30^{\prime \prime}$ diam. $\times 211 / 2$ " high. $\$ 267$. From the "Cathay" Collection by Century Furniture.
11. "Futura" blender: 14 speeds, 5 cup glass container, 2 oz . measuring cap, automatic "Time keeper" times blending for up to 60 seconds. $\$ 42$. By Waring.
12. "The Blocks" modular units: shown are chair and ottoman held together by Velcro straps. $281 / 2^{\prime \prime}$ sq. x $143 / 4$ " high. Set of "Blocks" consists of: 1 large, 2 small, 3 pillows, 1 acrylic tabletop, 8 Velcro straps. $\$ 594$. By Landes.
13. Knife sharpener: for knives and scissors, of heavy-duty plastic. \$15. By Terraillon. At Bonniers.
Knife sharpener shown on "FiftyFifty" cotton fabric: $48^{\prime \prime}$ wide, $1^{1 / 2 "}$ repeat. \$15 a yd. At \& Vice Versa.*
14. Automatic electric wok: $14^{\prime \prime}$ diam. x $81 / 4^{\prime \prime}$ high, porcelain on thick aluminum, no-stick interior finish. $\$ 30$. By West Bend.
15. "4-in-1" desk organizer: $43 / 4$ " x $31 / s^{\prime \prime} \times 21 / s^{\prime \prime}$ high, made of plastic. $\$ 5$. By Pipa.
16. Ottoman: $21^{\prime \prime}$ sq. $\times 18^{\prime \prime}$ high, ufted cushion, upholstered legs. \$126. By Flair. At Gimbels East.
17. Dry Iron: $8^{\prime}$ cordset, fabric-heat guide, high cord lift for right or left hand use. $\$ 13.50$. By General Electric. 18. "Stacking Organizer": 4" x $31 / \mathrm{s}$ " high, desk organizer in two parts. \$9.50. By Pipa.
18. Plastic dishes: large red bowl, $\$ 4$; large red plates, $\$ 2.50$ each; small red bowls, $\$ 2.50$ each; low white bowl, $\$ 4$; small red plates, $\$ 2$ each; red and white cups and saucers, $\$ 2.50$ each. All at Seabon Scandinavian Imports. Dishes shown on "Fifty-Fifty" cotton fabric by \& Vice Versa.*
19. Upholstered chair: $28^{\prime \prime} \times 26^{\prime \prime} \times$ $27^{\prime \prime}$ high, rounded back and arms, upholstered base. $\$ 240$. By Century Furniture.
20. Mini coffee grinder: grinds coffee for $6-8$ cups, stainless blades, safety cut-off disengages starter switch when lid is removed. \$19. By Braun. At Bloomingdale's. "Fifty-Fifty" cotton fabric.
21. Square open-backed armehair: $28^{\prime \prime} \times 26^{\prime \prime} \times 27^{\prime \prime}$ high, cantilevered chrome base. $\$ 562$. By Flair. At Gimbels East.
22. Tablecloth and napkin: Dacron and cotton, $90^{\prime \prime}$ round cloth, $\$ 50 ; 19^{\prime \prime}$ sq. napkins, $\$ 2.50$ each. From Tablerie at Bonwit Teller.
23. Fondue Bourguignonne set: $31 / 8$ pints capacity fondue pot, enameled stainless steel. $\$ 32$. Imported by Spring Brothers. At Rosenthal StudioHaus.
Pages 114-115:
24. Metal dining chair: $21^{\prime \prime} \times 20^{\prime \prime} \times 35^{\prime \prime}$ high, designed by Paul Tuttle for the "Belmont" collection by Landes. $\$ 128$. At Abraham \& Straus.
25. 1975 "Monarch" sedan: by Ford. 3. "IBM" cotton fabric: 48 " wide, 2 " repeat. $\$ 18$ a yd. By Groundworks.*
26. Baker's style rack: $311 / 2^{\prime \prime} \times 181 / 2^{\prime \prime}$ x $76^{\prime \prime}$ high, glass shelves, Formica butcher block shelf. $\$ 179$. By Carolina Forge.
27. "Paloma Plaid" cotton fabric: $48^{\prime \prime}$ wide, $24^{\prime \prime}$ repeat, Scotchgard finish. $\$ 6$ a yd. By Waverly. At Marshall Field.
28. "Scotch Mist" twin throw bedspread: cotton and polyester filled with Kodel. $\$ 75$. By Bloomeraft. At Rich's, Atlanta.
29. Crystal vase: $7^{\prime \prime}$ diam. x $12^{\prime \prime}$ high, made by Arabia and imported by Lauffer. \$23.
30. Swivel chair: $27^{1 / 2 \prime} \times 25^{\prime \prime} \times 18^{1 / 2^{\prime \prime}}$ high, fabric of DuPont nylon, designed by Milo Baughman for Thayer Coggin. 9. Child's canvas lounging chair: $48^{\prime \prime}$ high, $53^{\prime \prime}$ long, imported from France by Design Research.
31. "The Little Dickens" portable black and white TV: $10^{\prime \prime} \times 10^{1} / 2^{\prime \prime} \times$ $101 / 4^{\prime \prime}$ high, optional battery pack and power cord for boat/auto use. $\$ 125$. By Magnavox.
32. Tablecloth and napkins: $72^{\prime \prime} \mathrm{x}$ $53^{\prime \prime}$, Dacron and cotton, permanent press cloth, $\$ 15$; $16^{\prime \prime}$ sq. napkins, $\$ 2$ each. By Decembre. At Design Research.
33. Chair and ottoman: $32^{\prime \prime} \times 29^{3 / 4}$ x $30^{\prime \prime}$ high, chair; $25^{3 / 4^{\prime \prime}} \times 23^{\prime \prime} \times 20^{\prime \prime}$ high, ottoman; sling seats and tufted cushions. Chair, $\$ 138$; ottoman, $\$ 85$. From the Idyllwild Group by Landes.

Continued on page 194

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5. IMPRESSIVE REPRODUCTIONS OF VICTORIAN ANTIQUES. Hand-carved dining room chairs and tables, parlor groupings, sofas, rockers, clocks, and other furnishings are illustrated in this 64 -page catalogue from Magnolia Hall. $\$ 1$
6. "BOOK OF BEAUTIFUL PIANOS, MUSICAL HIS-

TORY, DECORATING IDEAS AND MORE" is a 36 -page informative booklet with all that the title promises. Full color photographs show Kohler \& Campbell pianos in a variety of room settings. \$2
7. LIGHT UP YOUR LIFE with specially designed lighting fixtures from King's Chandelier Co. Each order is assembled from selected parts, according to your specifications, from designs shown in the King catalogue. 50 c
8. THE FURNITURE STYLE FOR YOU is sure to be among the variety of designs offered by Bassett. For instance, Mediterranean, Early American, French Provincial, Debut '72. Thirty-eight-page, full-color booklet pictures groupings. 50 c .
9. OF BOOKSTACKS, CABINETS, CONSOLES, CREDENZAS, CURIO CABINETS, DESKS. Carolina Tables, Inc. booklet, "Decorator's Showcase Gallery," represents a comprehensive array of accent pieces. Each piece is illustrated and style numbers, dimensions, and a variety of finishes are given. 75 c

## 10. 18TH-CENTURY PORT-

 FOLIO OFENGLISH STYLED FURNITURE-An exciting collection of reproductions or adaptations of the most outstanding designs of upholstery and cabinetry from Queen Anne to Sheraton. Each style is made in the characteristic wood of the period. Henredon Furniture Ind. \$111. WHATEVER YOUR TASTES IN FURNITURE, the Weiman Regency Collection has a wide variety to choose from. Illustrated brochure shows the effect created by bamboo and brass accents and the contemporized design features Prima Vera and French Olive veneers. The Weiman Company.
12. AMERICANA DECORAT

ING GUIDE. A guide to decorating with Colonial and country casual style furniture. How to use col or, how to accessorize and design floor plans. By decorating authority, John Weber. $\$ 1$
13. FOR PROFESSIONAL IDEAS USING FABRICS AND RELATED WALLCOVERING
. . a 16-page, full-color brochure showing many inspiring room settings using the exciting designs and colors from Van Luit's provocative Initial Collection. 25c

## 14. DECORATOR 6-PACK-is

 a mini-library of great wall covering ideas and the steps that can put them into action! Included are two books-one an idea-instruction book for each of the five main rooms in your house; the other, one on how to hang fabric-baked vinyl wall covering. General Tire \& Rubber Company. \$115. "TREASURY OF AMERICAN TRADITIONAL INTERIORS" is a 408 -page decorating idea book, containing hundreds of full-color rooms that show you how to put it all together in your house. Ethan Allen, Inc. $\$ 7.50$

## Eating and Entertaining

16. "HAWAIIAN PARTIES INDOOR AND OUT" is a delightful 33 -page menu and recipe booklet brought to you by the Na tional Pork Producers Council. Booklet tells us today's "new pork" is leaner, meatier, with more protein per pound. 25 c .
17. FIRST A DINING-OUT TRADITION . . . and now armchair mail order makes Pfaelzer meats, poultry, and seafood a din-ing-in tradition. Delightful 4 -color booklet shows Pfaelzer Brothers wide variety of products plus a special section of gift ideas.
18. QUICK-BROWNING AID ALSO SPEEDS COOKING. Ten-page recipe booklet describes Brown-Quick instant marinade, a product created by cook book author, Helen Worth, for her cooking school. Helen Worth Enterprises.

## Potpourri

19. "HOW TO COLLECT MAXIMUM BENEFITS FROM YOUR GROUP INSURANCE." 55 -page paperback book provides hasic information and detailed instructions for interpreting your accident and group health insurance policy. Booklet includes the various computations, covered expenses, and benefits to which you are entitled under your group policy. Loraine and Associates. $\$ 3.50$
20. "REPRODUCTIONS OF EARLY AMERICAN GLASS" are illustrated in this exclusive booklet brought to you by the Metropolitan Museum of Art. Booklet gives a brief history of each piece including its initial use. 25 c
21. THE CHINA COLLEC. TION IDEA, Block China's new "Variance"-five different floral patterns in a five-piece place setting; other designs for serving pieces. All in rich, cobalt blue. Shown in color brochure with coordinated stainless flatware. 25 c

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## September, 1974

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## The Metropolitan Museum of Art

255 Gracie Station, New York 10028
continued from page 191
13. Table: $44^{\prime \prime}$ diam. $\times 271 / 4^{\prime \prime}$ high, $18^{\prime \prime}$ leaf included, painted finish. \$199. By Bernhardt.
14. Waxed fabric covered tray : $\$ 10$; $21^{\prime \prime}$ sq. napkin, $\$ 4$; fabric covered matches, $\$ 3$ per set of 6 ; fabric covered napkin ring, $\$ 2.50$ each. All from The White Monkey by Maggie Morgan. 15. Refreshment Center refrigerator/freezer: $657 / 8^{\prime \prime}$ high $\times 333 / 4^{\prime \prime}$ wide x $293 / 44^{\prime \prime}$ deep, 4 dispensers behind a panel dispense mini-ice-cubes, chilled water, and 2 beverages. By Frigidaire. 16. Upholstered dining chair: $21^{\prime \prime} \mathrm{x}$ $26^{\prime \prime} \times 39^{\prime \prime}$ high, Parson's style legs. By Selig. To order at W \& J Sloane.
17. "Aromaster" coffeemaker: $6-8$ cup capacity, warming tray, also in white, yellow, orange, and avocado. $\$ 55$. By Braun. At Bloomingdale's.
18. Lamp: $20^{1} / 2^{\prime \prime}$ high, designed by John Mascheroni for Dumbells. \$65. At George Kovacs.
19. Upholstered sofa: $84^{\prime \prime} \times 33^{\prime \prime} \times$ $29^{\prime \prime}$ high, DuPont nylon. Sofa by Thayer Coggin.
20. "Bornee" cotton fabric: 54" wide, $141 / 4^{\prime \prime}$ repeat, enlarged print border. \$10.15 a yd. By Hexter.*
21. Wing chair: $26^{1 / 2 \prime} \times 271 / 2^{\prime \prime} \times 411 / 2^{\prime \prime}$ high. \$565. By Henredon.
22. "Caribbean" ceramic tiles: 3 " x $7^{\prime \prime} \times 7 / 16^{\prime \prime}$ thick, for interior vertical surfaces only. By American Olean.
23. "Arabesque" chair: $23^{\prime \prime} \times 23^{\prime \prime}$ x $40^{\prime \prime}$ high, rattan frame, loose seat
cushion, designed by John Van Koert. \$300. By Sarreid Ltd.
24. "Master Plaid" twin fitted bedspread: rayon covering filled with Kodel. $\$ 43$. By Croscill. At J.L. Hudson, Detroit.

## WINE \& FOOD

Page 119:
Cheese Fondue set: 2-qt. capacity, enameled cast-iron pot, matte black iron enameled stove, adjustable alcohol burner, 6 fondue forks included. $\$ 40$ the set. By Le Creuset. At Bloomingdale's.
"Jardy" blue and white cotton fabric: $39^{\prime \prime}$ wide. $\$ 8.70$ a yd. By Boussac of France.*
Imari sauce dishes and cups: from Ronaldo Maia Flowers.
Lower left insert:
Pottery chocolate fondue pot: 2 cup capacity, wronght-iron stand for candle warmer, $\$ 12.50$. From Swissmart.
"Multimod" red and white plaid fabric: cotton and rayon, $39^{\prime \prime}$ wide. $\$ 6.75$ a yd. By Boussac of France. At Marshall Field.
Lower right insert:
Automatic fondue pot: $2-q t$. capacity, porcelain finished aluminum pot, no-stick interior, detachable heat control, 4 stainless fondue forks. $\$ 22.95$. By West Bend.
"Meridien" yellow and white striped cotton fabric: $54^{\prime \prime}$ wide. $\$ 10.20$ a yd. By Boussac of France.*

## ALLIUMS continued from page 47

A. rosewm grandiflorum (Rosy Onion or Bigflower). Scapes grow to about 18 inches; its soft rose flowers are star-like and form about a 3-inch ball. The variety is given high marks by some observers for drying, but the color seems to be too soft to be satisfactory for this purpose, but it does keep well in water. It blooms in June. If it has liked the season, bulbs will appear on the heads, nice little garlicky things that can be used, so you may be torn between cutting the bloom for indoors and saving the fruit for the kitchen; if left, the bulbs will fall off and make new plants-which means that neglect can cause the plant to become a pest. But they are worth growing; the price is up to $\$ 2.50$ a dozen. Although the species originated in North Africa, it is perfectly hardy in Zone 5, and in parts of Zone 4 with protection.
A. Schubertii (Schubert's Onion). Named after a Munich physician, G. H. von Schubert (17801860), who traveled extensively in Egypt and Palestine, this species is said to be rare, which is hard to believe, for it is in commerce; it is more likely to be scarce because it is not known and it carries a fat price-about $\$ 2.50$ each. But it is
nice. Scapes grow from 20 to 24 inches, and the rose-red ball is large. It is from Palestine and I'm guessing that it has Zone 5 hardiness, for I have not tried it. It blooms in June.
A. sphaerocephalum (Globeheaded Garlic). Do not confuse with chives. Wilder gives it short shrift, "A tall, rather coarse species for the border or the wild garden.

It flowers at midsummer, but these giant chives are rather tiresomely ubiquitous." This species, as you would expect, gets high praise in catalogues. It probably has Zone 5 hardiness, but as it is native to Britain, I rather doubt it.

As already noted, there are many, or nearly so, decorative Alliums, most with enticing descriptions. Collecting them might be amusing, if only because it is a game of chance insofar as the catalogues are concerned. I've collected very many plants, not only to see what they looked like, but to determine if I liked them. If I take up horticulture in my next reincarnation, maybe I won't be so catholic in my taste, which would require a change in temperament or personality. And this might be a good idea, too. Who knows? I might even collect Alliums.


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