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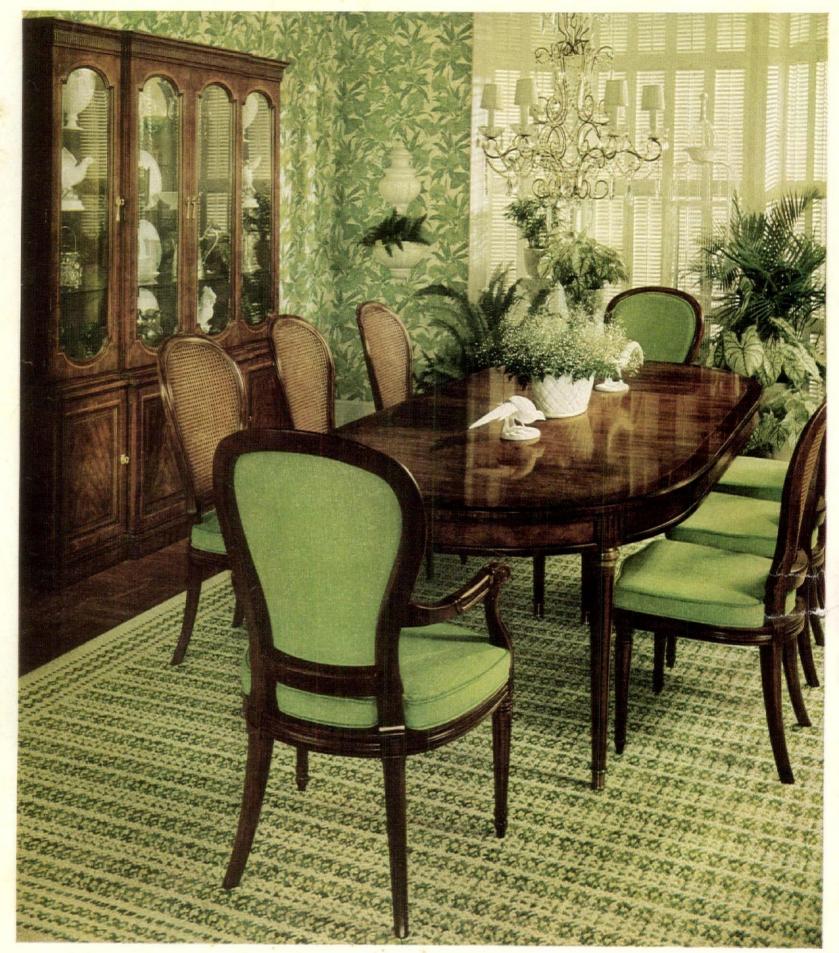
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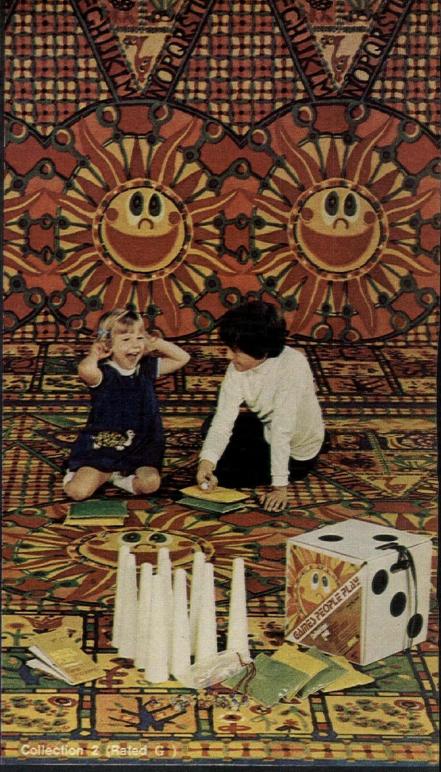
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JANUARY, 1974

Se& Ja

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ALEXANDER LIBERMAN, EDITORIAL DIRECTOR

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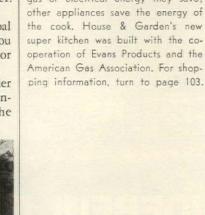
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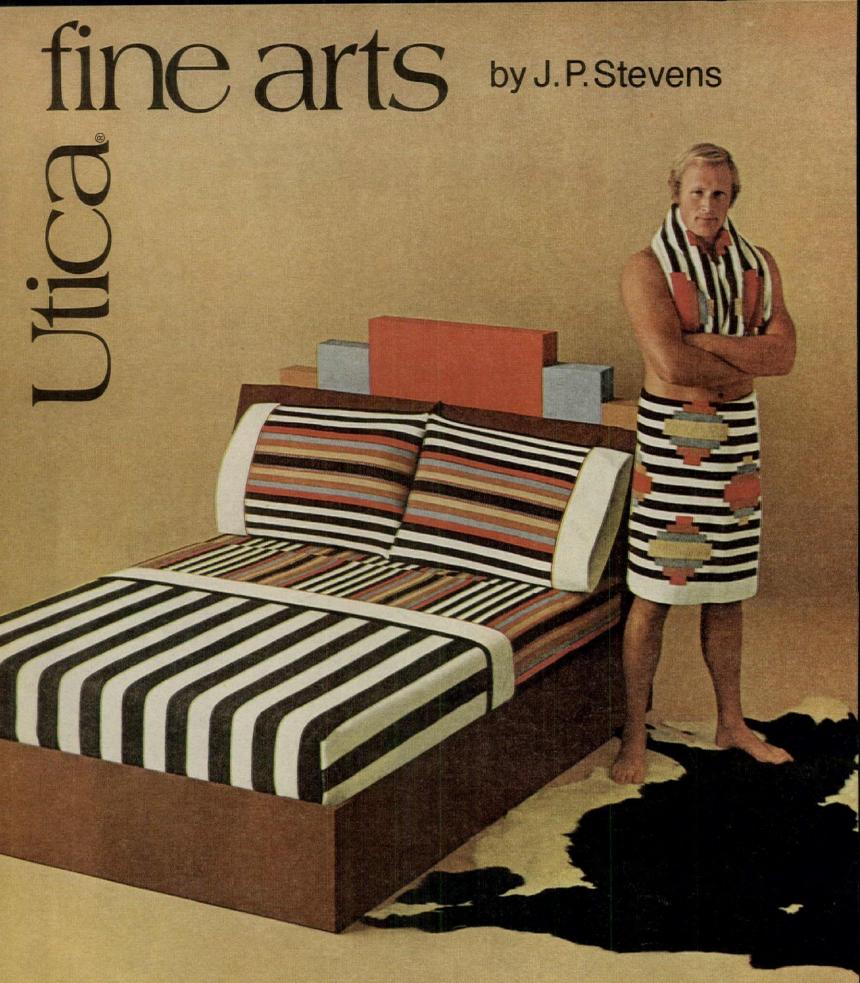
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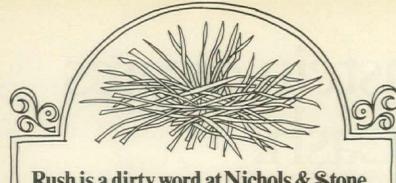


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Your plated silver tea service was illustrated in a catalogue of the Meriden Britannia Company of Meriden, Conn., in July 1867. 1873 is the design number, not the date. Most of these old sets had three pots -for coffee, tea, and water. The numeral "6" is used on the teapot and "5" on the water pot, and this also indicates the capacity in terms of half-pints.

JAPANESE CANDLESTICK

My son bought this candlestick in an antique shop in Japan. Can you tell me something about it? How was it used?

P.F.C.-Philadelphia, Pa.

This folding brass candlestick is Japanese in origin, dating from the 19th century. It was intended for use in traveling.





MECHANICAL BANK



My bank is inscribed "Hall's Excelsior Bank." When you pull the doorbell, the roof of the cupola raises and a monkey seated behind a desk receives the coin and turns his head. I have been told this is the oldest iron mechanical bank. Is this true? J.F.-Mt. Kisco, N.Y.

Yes, it is true. The earliest patent for a mechanical bank made in cast iron was issued in December 1869 to John Hall of Watertown, Conn. It was manufactured by J & E Stevens of Cromwell, Conn.

CONNECTICUT SHELF CLOCK

This clock chimes every hour and half hour. The name inside is "Ansonia Clock." About how old do you think it is? B.V.-Bronx, N.Y.

The Ansonia Clock Company, located at Ansonia, Conn., from 1851 to 1878, probably made your shelf clock between 1860 and 1875. It is in the Victorian Renaissance style and is an elaborate version of a popular shelf clock model.



Continued on page 13

HOUSE & GARDEN

If you're thinking about building, buying or remodeling, this 16-page

book on window and door selection can be very helpful. Find out how Pella Windows can eliminate storm and screen chores. How you can cut outside maintenance to a minimum with our exclusive Pella Clad exterior. And how you can reduce heating and air conditioning costs with our Double Glazing System. All windows are not created equal. So before you select the windows for your next home, send for your copy. Fully-illustrated, in color, and yours free.

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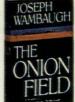
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ANTIQUES continued from page 8



AURENE GLASS BOWL

This glass bowl has been in our family for at least fifty years. On the bottom is "aurene-2586." Can you tell us who made it?

C.R.-Garden City, N.Y.

Aurene glass was created by Frederick Carder who founded and was in charge of the Steuben Glass Works at Corning, N.Y., 1903-1932. He numbered the items in the order he designed them, beginning with 1 in 1903 and ending with 7,749 in 1932.

ENGLISH FIGURES Can you identify these mantel ornaments? We have owned them for as long as I can remember. L.C.-

Greenwich, Conn. You have Staffordshire chimney-piece earthenware ornaments dating about



the 1840s. They are a version of the ever-popular pair, the Tailor and the Tailor's Wife Riding Goats, first made at Meissen in 1740.

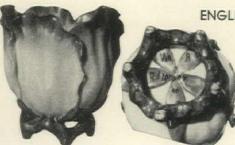


GERMAN PORCELAIN MARK

Attached is a rough sketch of the marking on my china bowl. Can you identify the mark and tell the age of the bowl?

H.A.S.-Prattville, Ala.

Your bowl was made at a German porcelain factory started by Bever & Bock in 1890 at Volkstedt-Rudolstadt, in the forest region of Thuringia. Your mark dates from 1891 or shortly thereafter.



ENGLISH FLOWER BOWL

We have a pair of these vases, but know nothing of their background. I would appreciate any information about them.

> A.L.B.-Boca Raton, Fla.

The design for your decorative flower bowl was registered at the London Patent Office in 1888 by Whittman and Roth, who were importers and wholesalers. These bowls are frequently attributed to English firms of an earlier period.

Note: The 20th Annual Winter Antiques Show (7th Rgt. Armory, Park Ave. at 66th St., New York City) will be held from January 17 to 27.

AMERICAN QUEEN ANNE CHAIR

My American Queen Anne chair has stretchers. Is this right? What style do the ball and claw feet represent? M.J.P.-New York, N.Y.

American Queen Anne style wing chairs were made with or without stretchers. In America, the ball and claw foot is usually associated with the Chippendale style. The Queen Anne wing chair with wings and arms as one continuous unit is a choice 18th-century piece.



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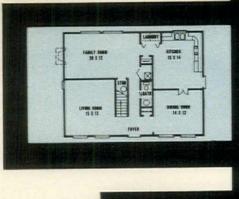
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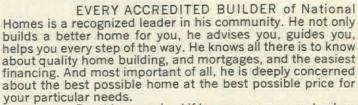


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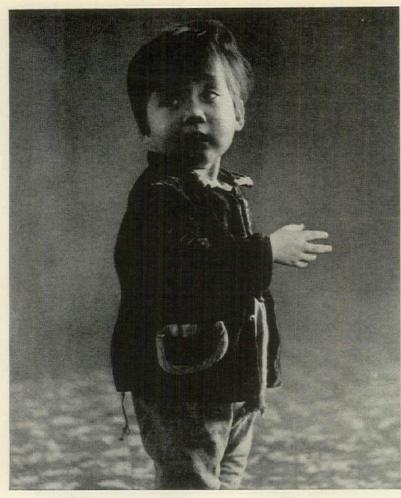
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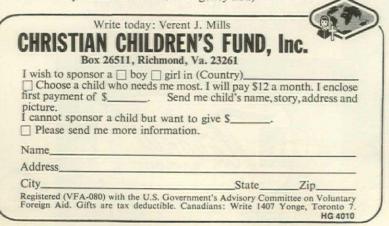
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HOW TO USE MORE personal energy TO LIVE LONGER, FEEL BETTER, AND ENJOY LIFE MORE

An interview with Dr. René Dubos by Beverly Russell

and enjoy life more.

gevity has not improved in the past do it in the ordinary business of century. Admittedly statistics life. You know walking is a wonshow a progressive increase in life derfully positive and enriching exexpectancy at birth, but this is en- perience. It's fun to look at things, tirely due to the virtual elimination see how people dress on the of child mortality, not to better streets, listen to them talk, to feel health or longer survival in adults. yourself walk. I'm afraid most peo-There are quite a few centenarians ple never experience this and are in the world. Their number is less not aware of how much they dethan 10,000 in the United States. prive themselves by not walking. In several parts of the world, how- In springtime I walk slowly, trying ever, the number is proportionate- to feel the softness of the air. If ly very much higher than in the it's fall, I walk briskly and notice U.S. Longevity is often better in everybody looking vigorous. I countries that are economically think those are very small, pleaspoor and the individual does more ant experiences of life. himself. The three communities with a high percentage of cente- nology goes extremely deep. We narians have been well document- have a habit of substituting ined. They are in the Caucasus high- direct experience for direct experilands of Soviet Georgia, in the ence. In my young days, my moth-Hunza principality of West Pakis- er made mayonnaise beating the tan, and the Andes of Ecuador. oil, the eggs and all of a sudden the The people of these regions are not mixture gelled. Now that is a very prosperous and some of them live extraordinary experience. Today under conditions that are to us you buy mayonnaise in a jar or you primitive.

we know better. I'm always star- have lost a peculiar pleasure, tled when I go back to Europe to which comes from something hapsee people my age-seventy-two- pening because you have done it or even older out in the country- yourself. If you want to substitute side and to see how active and vig- the indirect experience for a direct orous they are. All these places one, then obviously technological have some characteristics in com- energy helps. You can look at the mon. Daily caloric intake is ex- countryside driving in a car intremely low, half that of the aver- stead of feeling the earth under

EDITOR'S NOTE: Solar energy, re- age American intake, about 1200 cycled garbage energy, and many to 1800 calories a day, and despite other technological developments the spartan character of this diet, are going to change our lives and which seems quantitatively and pull us through the current fuel qualitatively deficient by our stanemergency. But in the meantime, dards, the people engage in hard if we have to push fewer buttons, physical work. They are expected ride fewer vehicles, this won't be to lead an independent life, what's so bad for us, according to Dr. more, an active social role, even René Dubos, eminent microbiolo- when they are past age 80 or 100. gist, environmentalist, patholo- Throughout their lives they have gist, and Professor Emeritus at had to walk and work. I'm not Rockefeller University, author of preaching or suggesting that we many books including the Pulitzer- should become more athletic or prize-winning So Human an Ani- that there is something fundamenmal. Dr. Dubos believes that if we tally wrong in using labor-saving use more personal energy, we'll machinery, but I think we could all very likely live longer, feel better, exercise more with beneficial results. You don't have to be an ath-Contrary to general belief, lon- lete. The best way to exercise is to

The American reliance on techmake it with a blender, which is But let's come closer to countries very nice and convenient. But you Continued on page 18

If Colgate is just a kid's cavity fighter, how come Gwen Verdon won't brush with anything else?



The Sweet Charity of Gwen Verdon is well known to many people. For even while starring in Broadway hits from Damn Yankees to Redhead, Gwen's life has been people. Teaching. Working with the underprivileged. Giving. That's what Gwen Verdon is all about.

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PERSONAL ENERGY continued from page 16

snowfall you can turn on the tele- like to know the results, this statisvision, instead of actually going tically prolongs life. There is an exout and being in it. Most of the in- pectancy for results, a looking forcreased standard of living that we ward to the future, which is very talk about has come from provid- important. I myself am always ing, without any physical effort, planting trees in my garden in the the illusion that you are experi- country. Nothing could be more encing the real thing.

lives should not be so conditioned But every spring I have an eagerthat every moment we deprive ness to see how much my little ourselves of sensations we can trees have grown, which makes me have. If you drive through the very eager to be there next spring, country and look at nature from to see whether they have grown a inside a car you will lose 90 per- little more. We built a house up in cent of your ability to smell the air, the Hudson River Highlands twenthe grass and to hear natural ty-five years ago. It's isolated and noises. Try walking and you will when I think of the social costs, find that at first you start to see the bringing of electric, telephone, general things and you hear vague and sewer lines to one place, just noises, but within 15 to 20 minutes for one family, it is extravagant. all of a sudden you begin to be It's pleasant for us, but socially in aware of many more things. You many ways, I don't think it's good. hear birds more distinctly for ex- The village community where peoample. It's quite extraordinary ple can gather and talk to each how the senses can be readily culti- other and walk to shopping places vated by putting yourself outside. without too much effort is socially If you use your eyes, you will de- a much better way to live. And this velop the ability to perceive. Like allows for an uninterrupted landanything else, the more you use scape, open space all around, inany part of your body, the more it stead of individual houses spotted responds. And this adds to the all over the scenery. Clustering of quality of your life. It makes it houses, which many young archiso much more interesting. The de- tects are proposing today, has been velopment of the sensory experi- done very successfully in places ence is the greatest good one can like Vail, Colo., and I'm sure it will do for people in the world. But it happen progressively all over the does take effort to recapture the land. We are going to see much art of experiencing life directly. change, change in a most interest-I'm not only speaking of sensual ing way. Before we had energy as or sensory experience, but of total readily available as it has been, body perception of the world. people had to design buildings in There is no doubt, you have to such a manner that they took adbe willing to make the initial effort vantage of natural conditions. For of walking in the snow. Or climb- 5,000 years, architects and people ing up a hill. But what an incredi- have known and built construcble difference, reaching a hilltop tions that were comfortable by a highway or a funicular and against heat and cold. I'm almost having walked to the top! It's ex- sure that in twenty to twenty-five traordinary the sensation. It's cost- years the individual house will be ly in terms of your effort but it powered by local things, sun and gives you a sense of exhilaration wind. And I'm also sure that using and happiness you would not more personal energy will bring a otherwise experience.

volvement. Well, everybody form of civilization. knows that when a person retires and removes himself completely subject at an energy discussion from life and just sits on the front sponsored by the Scenic Hudson porch, that this person doesn't last Preservation Conference, an orvery long. Whereas, if you engage ganization which is specifically inin any kind of activity, I'm not say- terested in the preservation of the ing that you have to make money Hudson Highlands and Storm or serve the public, but just do King Mountain.

your feet, if you want to see a something for which you would absurd, I'll never see those trees What I'm trying to convey is that when they're grown, even though there are many advantages in our I may be as optimistic as I can be, technological society, but that our I'm under no illusion about this. healthier, saner world and its ulti-I stress the need for personal in- mate result will be a more creative

Dr. Dubos first spoke on this

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EIGHT STEPS YOU CAN TAKE TO CONSERVE

household energy

BY A.M. WATKINS

In recent years household appliances and equipment powered by electricity and gas have multiplied vastly in our houses. So has our dependence upon them. With energy shortages looming does the use of time- and labor-saving devices conflict with the need to save energy? Must we forgo these valuable aids to help conserve the natural power supply? The answer is no, not at all, we're happy to report. And "no person need feel guilty every time she turns on an appliance" says Mrs. Ann Asher who early this year headed an energy study group for Concern, Inc. a nonprofit consumer group.

That's largely because the usual labor-saving devices, such as mixer, blender, vacuum cleaner, use mini quantities of energy. But other equipment does gobble up large quantities. In fact about two thirds or more of the total national energy consumed in American houses and apartments goes for house heating, hot-water heaters, air conditioning and refrigeration according to utility companies. Only one third of total household expenditure is used for all your kitchen appliances and other equipment and for lighting, radio and TV, power tools, and the like. So if you want to save energy you should reduce the demands of the major consumers. You can do so by following the measures outlined here, by concentrating your conservation efforts upon them.

Saving energy at home is vital because nearly one third of all electrical power generated and one fifth of our national production of all energy is consumed each vear in our 75 million houses and apartments. Reducing such consumption is clearly essential and it can also save you money. Energy scarcities are likely to force up the cost of household gas, electricity, and fuel oil as much as 7 to 10 percent a year in the next ten to fifteen years and that would mean that the cost of cooking, running appliances, and heating the house would be twice as much in 1980 as today. Another 50 percent is possible by 1985. Carrying out conservation procedures can also help give you a more comfortable home, one likely to minimize the disastrous effects of possible future blackouts or brownouts.

You can save energy expenditures by these measures:

1. Beef Up on House Insulation. A report from the Office of Emergency Preparedness (OEM) states that "the most significant, realizable measure to affect energy conservation is improved insulation in homes." Insulating materials are made in various forms; enclosed as batts or blankets of glass fiber, mineral or rock wool, as rigid boards or as loose fill and are located in the outside walls, roof, ceilings, and foundations of houses. (A) Ceilings: You need 6 inches of insulation in all top-floor ceilings in a cold climate or with air conditioning. Eight inches is advisable with electric heating and at least 3 inches over a ceiling that has unheated space overhead. The latter can be laid between attic floor rafters, a project you can undertake yourself. (B) Walls: Exterior walls should be lined with 3- to 4-inch-thick insulation even if they are of brick, stone, or concrete block. It is a myth that thick masonry walls insulate; they do not. Installing the insulation is simple in new buildings but insulating existing walls requires a professional to blow the fill into hollow outside wall space pneumatically. Its cost can often be repaid in heating and cooling savings within a few years. If your house has a basement the foundation walls should be insulated 2 to 3 feet below ground level or to the frost line. (C) Floors: The floors of basementless houses should be well insulated. With a concrete slab floor, insulating board, 2 to 3 inches thick, should line the edges of the slab all around the perimeter of the house. If there is a shallow "crawl" space under your house pack the underside of the floor with 2- to 3-inch-thick insulating batts. And the floor of rooms over an unheated garage needs to be insulated as well.



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behind each radiator to reflect heat back into the rooms HOUSEHOLD ENERGY continued from page 24

"In winter, put reflective aluminum foil

Weatherproof windows and doors. Window and door frames leak heat in most houses. You can detect the cold, incoming drafts easily and plug up the leaks with weatherstripping materials. Obtainable in hardware and building material centers they are not difficult to install. Storm windows and doors are also excellent conservers of indoor heat and energy savers in cold climates. Use them on the cold windward and north sides of your house at least. And leave them on in summer if you have air conditioning. Insulating glass (panels of glass enclosing hermetically sealed air space) will insure that you retain heat in the house in winter and it will shut it out in summer. And, as a minor but effective measure, consider adding automatic door closers. Gas company engineers estimate that fuel consumption in winter and air conditioning operation in summer rise 3 percent a year because of children running in and out of the house without closing doors.

3. Tune up your heating plant. Just as an automobile responds to loving care with more efficient performance, so will your heating system. So keep it tuned up and clean. With oil heat, seasonal cleaning of the furnace, tuning and readjustment of the burner are virtually mandatory because an untuned burner will cause oil consumption to soar. And although soot removal from inside the oil heater may cost \$50 a year, it can reduce fuel bills by a third and save \$100 a winter in an average house in the north. Because a gas heating unit leaves less combustion carbon it need be checked only every three or four years. If you have a forced warm air heating system (with grille outlets, heat distributing ducts, a blower fan in a furnace) clean or replace the air filter every two or three months. Also have your serviceman set your furnace blower switch for "continuous air circulation" or CAC operation. It provides more uniform temperature control throughout the house and avoids the ups and downs that waste heating energy. With a hot water or steam heating system, clean the radiators often, and, in winter, put reflective aluminum foil behind each radiator to reflect

heat back into the rooms and not radiate it outside.

4. Lower your heating thermostats at night. By turning your thermostat down 5 to 10 degrees you can reduce fuel consumption and save 10 percent or more of your total winter expenditure of fuel. But such savings depend greatly on outdoor temperatures. The milder the nights, the greater the savings. The greatest benefits occur when outdoor night temperature is about 30 degrees; energy saving declines when nighttime temperatures drop sharply because of the extra heat required to warm up your house the next morning. So if your thermostat is set in the sixties at bedtime and the temperature goes to zero outdoors you won't conserve any energy. It isn't wise, moreover, to turn down the thermostat at all on 10-degree nights. Or to lower it for possible 20-degree temperatures even in an exceptionally well insulated house. You may save fuel but you could damage the heating plant by a sharp start-up acceleration next morning. You need not keep changing the thermostat anyway if you have a clock thermostat, which automatically lowers the house temperature at night and turns it up at a preset morning time.

5. Ease up on hot water use.

Next to your heating system the hot-water heater is the greatest single user of energy in the house. So the less water you heat and keep heated, the more energy you'll save. Turn down the thermostat setting on the water heater to "medium" or lower. It will produce 130 to 140 degree water, which is enough for all ordinary purposes. (The dial is usually located at the front, at the bottom of the unit.) A typical dishwasher needs hotter, 180 degree water, but usually has its own integral heater.

Good household habits can also help save energy. Remember that cold water can be used for washing many clothes; showers take 25 to 50 percent less water than filling a tub; leaky faucets waste energy as well as water. You should also check the hot-water heater pipes and insulate them to insure faster response at hot-water faucets. If Continued on page 34



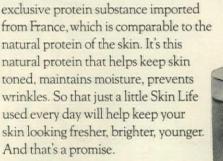
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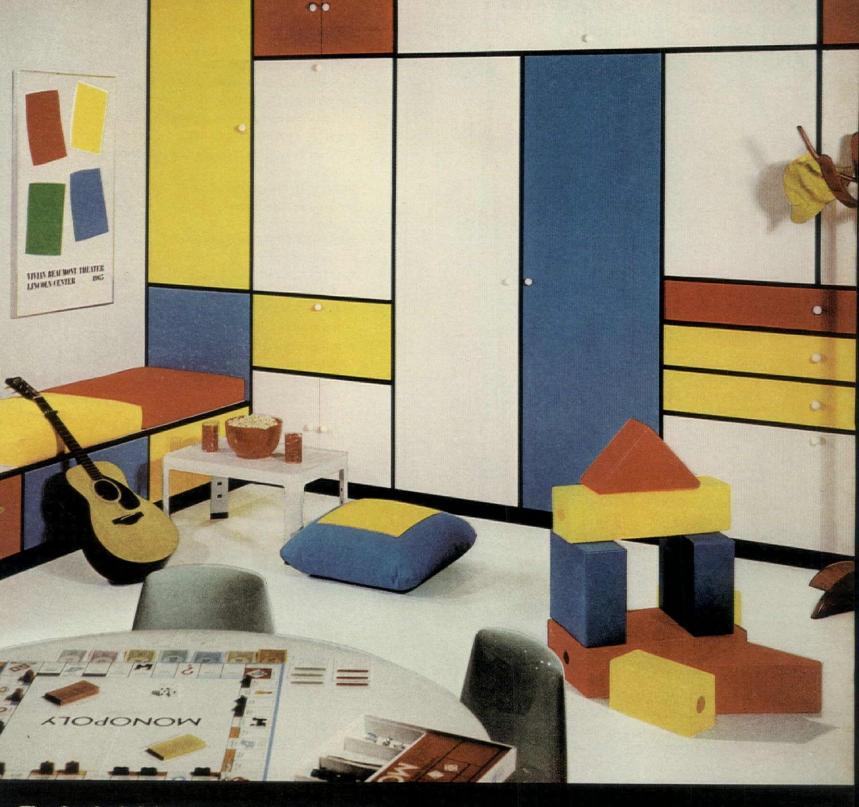
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Super Bath

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For more ideas on how you can incorporate new concepts into your own remodeling or rebuilding plans, we invite you to see the advertisements of the following companies participating in this issue.

American Gas Association Andersen Corporation Samuel Cabot, Inc. Chambers Corporation Cotter & Company Dacor, Inc. Delta Faucet Company Evans Products Company H. P. Products, Inc. Hobart Manufacturing Co. Rolscreen Company Scott's Liquid Gold, Inc. Sub-Zero Freezer Company, Inc. Tile Council of America Waste King Universal Water Refining Company, Inc.

For further details about other products featured in Super Kitchen and Super Bath, check the Shopping Information pages.

Just to look at it, you'd never know our Retained Heat Oven is a 64 year old conservationist.

John Chambers invented the concept of Retained Heat[®] Cooking in 1910. Sixty-four years later his idea makes more sense than ever. The Chambers Retained Heat Oven uses less fuel than ordinary ovens. And with decreasing energy supplies costing increasingly more, that's important indeed. Conserves energy and your pocketbook, too.

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For wood paneling... stains, waxes, seals in one operation.



California Home; Designer: Russell Forester, LaJolla, Cal.; Cabot's Stain Wax on woodwor

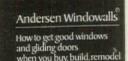
Cabot's STAIN WAX

Time was when wood finishing was a long, arduous task. Today, Cabot's Stain Wax does the job in a single application. This unique "three-in-one" finish, suitable for all wood panelling, brings out the best in wood, enhancing the grain and producing a soft, satin finish in your choice of thirteen colors plus black, white, and natural. When a flat finish is desired, use Cabot's Interior Stains.



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"Awnings and outdoor blinds, trees and shrubbery block the sun's rays before they get into the house "

HOUSEHOLD ENERGY continued from page 28

your water is hard and high in

mineral content, drain a pail of water from your tank once a month to prevent sediment build up. It reduces heating efficiency. 6. Coddle your refrigerator. Although it uses only a modest amount of electricity each operating hour, your refrigerator rates high in total energy consumption annually because it runs twentyfour hours a day year round. Replace any door gaskets that leak cold air and increase the refrigerator's demand for more energy. And defrost regularly; don't let frost accumulate in refrigerator or freezer because it too ups the demand for operating power. Frost-free models avoid this build up but use more kilowatts of energy annually. When you buy a new refrigerator, particularly a refrigerator-freezer combination, look for a new energy-conserver model with new power-saver features and improved insulation that also preserves the refrigerator's contents longer during a power failure. It has a higher first cost but operating savings over the years repay the extra purchase price. And place your refrigerator or freezer so it has breathing room at both back and sides and provides ventilation for the condenser coils behind and under it. An automatic ice maker in refrigerator, incidentally, takes virtually no more energy than ice making trays or about the same as a separate ice-cube maker. Ice is ice regardless of how it is made. 7. Be energy conscious when you cook. It is important that you operate ranges correctly and follow sensible cooking practices in your kitchen if you want to save power. Reread the range instruction booklet (or send for a new one if you've lost the original enclosing the range model number and 50c). This is particularly wise with an electric range and oven, which have an astronomical appetite for power consumption. Efficient operation of the range consists mainly of basic, familiar rules: Don't leave the heating elements of the range top or oven on after cooking; don't over-roast, over-boil, don't oven peek and let out heat, use flat-bottomed,

straight-sided pans that make full

contact with the heating elements

especially with an electric range.

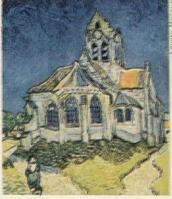
A typical self-cleaning oven uses less total energy a year than you'd suspect. Based on one cleaning cycle per month it takes only about 20 to 30 kilowatt hours of electricity a year or 2.5 kilowatt hours per month according to the Association of Home Appliance Manufacturers. That applies to a pyrolytic type of oven. Actual power consumption is 60 kilowatts a year but at least half of that is offset by savings gained by the oven's high-efficiency insulation. So a self-cleaning oven may be well justified, particularly if you balance it out by saving power on the major energy consumers in the house. In considering electrical appliances you should know that there are two basically different kinds. One turns electrical energy into heat and would include the kot-water heater, range, toaster, coffee maker, and hair drier. They generally require large amounts of operating electricity. Electric motor-driven appliances, such as the mixer, blender, dishwasher, vacuum cleaner, are the other kind where a motor accomplishes a great deal of work from a comparatively small amount of electrical energy. Many labor-saving appliances are motor driven and there is no need to feel guilty about using them if they are properly and efficiently operated. But don't leave a heat-from-electricitycoffee maker on the cooktop all morning. You could run your dishwasher through two or more complete washing cycles with the amount of energy you would save. 8. Reduce the heat load on your air conditioning system. In summer your air conditioning system has to combat the hot sun shining down on your house. It is the source of most heat entering it and the amount of energy the air conditioning system has to expend largely depends on how much sun heat gets indoors. Luckily, ample insulation added to ceilings, roof, and walls to keep out the cold (as we described earlier) also has the inestimable benefit of keeping out the heat. So insulate ceilings, roof, and walls thoroughly. And provide shade for all windows exposed to direct sun. Awnings and outdoor blinds will do this and trees and shrubbery. They block the sun's rays before they get into the house

Continued on page 40

He sacrificed his sanity and his life to see and to paint as no one ever had before

The World of Van Gogh

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Van Gogh sought peace in painting this church at Auvers.

Many other artists, such as Gauguin, are represented.



In The Harvest, Van Gogh captures both the lushness and the deep tranquility of the southern French countryside.



Actual book size: 9" x 12". Illustrated slipcase, hard covers, 188 pages. 160 illustrations, 72 in full color.

H^e tried to express his feeling for man and nature by becoming a minister, but his fervor alarmed his superiors. He fell in love with two women of his own class and they fled from him as from a dangerous lunatic. The famous incident in which he cut off part of his ear and gave it to a prostitute was only one more attempt to give something of himself to anyone who would accept it.

This torrent of emotion-for which society had no use-turned Vincent Van Gogh into one of the greatest painters of all time. Never has a man poured so much pure responsiveness into his art. You can see in it everything from salvation to suicide. Sacrificing his sanity and his life to his work, he burned himself up in a blaze of perception... in a controlled riot of color that washed over modern art like a tidal wave of lyricism.

Love, for Van Gogh, was a means of seeing ... of fusing himself with his subjects. Even the lavish way he squeezed a tube of paint directly onto his canvas symbolized a generosity that knew no limits. To the humblest subject-an old pair of boots, an empty chair-he brought the special light of his own fervor. As one critic put it, Van Gogh had the courage to look the sun squarely in the face and steal its radiance.

Beside almost 1,700 works of art, Van Gogh also bequeathed to the world-in 661 letters to his brother-one of the most moving autobiographies ever written. It shows this dauntless man trying to learn Greek in order to be allowed to preach to Dutch coal miners. You find him, his hatband stuck full of candles, painting the stars at midnight. You trace letter by letter, canvas by canvas, the collapse of his sanity and his subsequent suicide.

The World of Van Gogh is your introduction to the TIME-LIFE Library of Art... a magnificently illustrated series that shows you-and helps you appreciate-the most

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Death haunts Van Gogh's last self-portrait.

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Written by Robert Wallace, The World of Van Gogh is 9" x 12", 188 pages, with 160 illustrations, many of them full- or double-pages. To put Van Gogh into perspective, the book also offers profusely illustrated chapters on Gauguin and Toulouse-Lautrec, as well as examples of Cézanne, Degas, Fenoir, Monet and others. For all its luxurious features, The World of Van Gogh costs only \$6.95 plus shipping and handling. With it, you will receive a specially written 3,500-word essay on art history . . . plus a large, full-color chronology chart listing 368 major Western artists.

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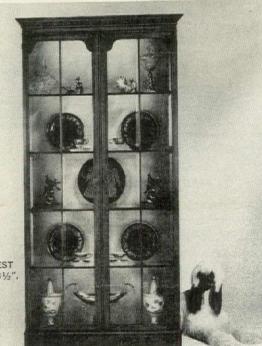
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"For each degree you lower your thermostat, you save about 3 percent on fuel consumption and cost "

HOUSEHOLD ENERGY continued from page 34

which is twice as effective as indoor window shades, Venetian blinds, and curtains. But don't omit the latter because they also contribute to keeping down the heat load inside. Windows facing east need shielding just as much as western windows. The morning sun pours just as much heat into the house through them as it does into west windows in the afternoon. Adequate ventilation helps to keep down the heat load indoors as well so be sure any attic spaces are ventilated, turn on the kitchen exhaust fan to rid the house of heat and vapor produced by cooking, make certain the clothes drier is vented to the outdoors. Don't turn off the air conditioning system when you go out of the house during hot weather. If it operates at a moderate level around the clock it should consume no more power than if you shut it down. This may seem illogical but it will take considerable extra energy to remove the heat accumulated during your absence, more than if you leave it on a moderate level. A compromise measure might be to raise the thermostat a few degrees for less cooling power when you are away. Then it won't overcool. Another consideration is that if you return to a hot house in late afternoon, the energy demanded to cool it down may come during the peak load time for the power company's electric generators.

In selecting a central air conditioner or a room cooler get an energy-conserver model. It, too, like the new energy-conserver refrigerator, saves power and operating expense. Manufacturers of room units are now listing the "energy efficiency ratio" of such equipment, an invaluable index of the ability of the conditioner to convert electrical power to cooling. In the name plate of the unit, its cooling power, expressed in BTU's (British Thermal Units), and the electric power in watts needed to operate it are indicated. Dividing the cooling power by the watts will give you the energy efficiency ratio of the conditioner. The higher the ratio the better because a high ratio means more efficient, less wasteful energy consumption and less operating cost. The best units have efficiency ratios of 10

to 12 and you should not choose a central air conditioner of less than 7.5 energy efficiency ratio or a room cooler of less than 8.5 energy efficiency ratio.

Here's a check list of additional energy savers for the house, some culled from the University of Illinois Bulletin, Living with the Energy Crisis.

Fireplace dampers: Close them when not in use to keep in heat. Glass fireplace shields also help. Loss of warm air to the outdoors: Keep open windows and doors to a minimum in winter. Enough outside air filters through the average house generally to freshen it.

Shutting off rooms: Close off unused rooms and shut off the heat supply to them. But don't let room temperatures drop below 40 degrees (to prevent frozen pipes), and don't close off return air grilles or more than % of the house registers in a warm-air heating system. Lowering house temperatures: Test how many degrees you can lower your thermostat without feeling uncomfortable. For each degree reduction you save about 3 percent on fuel consumption and cost.

Operation of ventilating fans: In winter don't overdo operation of ventilating fans in kitchen and bathrooms; they remove heat from the house.

Heating the garage: Heating should be minimized or, if acceptable, eliminated.

Lighting: Room lighting can be lowered for energy saving and shut off when not in use. Fluorescent or krypton gas bulbs consume less energy and last longer. Water conservation: Conserving water in bathing, washing, cooking, or gardening reduces the energy needed in pumping it.

Cooking: Cooking several dishes in the oven at one time is more energy efficient than using several surface units.

Windbreak planting: A stand of trees, evergreens, or fences can help shield your house from winter winds and cut down heat loss and save heating energy. Deciduous trees planted to shade windows in summer will not only reduce air conditioning needed to cool the house but, when they lose leaves, they will also admit sun indoors to warm it in winter.

Thelma Turkel. Wife, mother, and Interior Decorator.

A growing number of women are leading successful double lives. Thelma Turkel is one of them.

She spends most of her day cooking, cleaning, chauffeuring, and looking after her family in a lovely suburban town.

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Send me your free booklet, "Should I Become an Interior Decorator?" plus a demonstration lesson and other information about your training in Interior Decorat- ing. I understand there is no obligation whatsoever.	SHOULD I RECOME AN INTERIOR DECORATORY
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Ceramic Tile. It's the classic example of "you get what you pay for."

If imitation of your product is the sincerest form of flattery, ours has certainly been flattered.

Because ceramic tile has been imitated in every conceivable form of synthetic material.

However, the fact remains: none of them looks as beautiful, feels as luxurious, cleans as easily, or lasts as long as ceramic tile.

In other words, those materials that try to look like ours end up looking just like what

they really are: cheap imitations.

As you can see in the photo on the left-hand page, the most beautiful bathrooms built today are still made with ceramic tile.

Yet, a lot of substitutes get into bathrooms these days because they're supposed to be cheaper.

But if you'll take a good look at some five-year-old bathrooms using some of these substitutes, then you'll see why they're cheaper.

So, while you may save money with ceramic tile "look-alikes" in the beginning, you'll probably spend a lot more in the end on replacement and remodeling costs.

3-1

Probably the last place you've thought of using tile is the first place PHOTOGRAPHS BY OTTO STORCH.

people see when they come into your house. The foyer.

The effect can be spectacular. But the beauty of ceramic tile doesn't outshine the practicality.

Muddy footprints wipe clean with a damp cloth. And, of course, it never has to be polished.

That's what makes it perfect in hallways and foyers, where daily traffic can wear a path in the best carpets

in a short time. And that gets costly.

If ceramic tile makes sense on the floor, you can imagine how much sense it makes in a kitchen—on walls, countertops and splash backs. More than any other materials, tile resists scorching, fading, burning, warping or cutting. And Acri-fil, a new joint filler, resists staining and chipping.

But ceramic tile can do more than make your kitchen practical. A mixture of textures, colors, and designs can make it sensational. So if you don't want to end up with a kitchen just like the folks next door, that alone should make ceramic tile worth considering.

But there's another place that ceramic tile makes a lot of sense.

And that's the great outdoors. Frame your front door with it. Make a garden path with it. Use it on your porch. Your patio. In and around a swimming pool.

If you're thinking that ceramic tile can cover almost anything, you're

right. Which makes it one of the most versatile remodeling materials ever.

And the money put into it is a real investment, because if you ever sell your home, ceramic tile can make it look like it's worth a whole lot more than your asking price.

Now we've told you just how durable ceramic tile is. And here's a classic example: the Imperial Mosque of Isfahan, Iran. One of the old world wonders of architecture, the Mosque

exterior is decorated in ceramic tile floral designs and swirling arabesques, each still intact and beautiful after more than 360 years of exposure to the temperatures of the Middle East. Yet with all of



its advantages, tile is sensibly priced. (So you don't have to be the Shah of Iran to afford it.)

For a beautiful full-color book that's filled with pictures and ideas for decorating every room in your house, just send 25¢ and this coupon.

Tile Council of America, Inc. P.O. Box 2222 Room 413, Princeton, NewJersey 08540 I'd like to see more. Enclosed is 25¢ for your book.
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Thinking of redecorating your home? Your True Value Hardware Store has some great help: "Let's Live Color", 32 pages of new ideas to spark your imagination . . . plus helpful how-to's for easier painting, inside and out.

One of the best ideas: Tru-Test Paints . . . House & Garden's choice for their '74 Super Kitchen. And an outstanding value at True Value Hardware Stores. Tru-Test Paints are made in factories owned by 4500 True Value member stores. So finest quality is assured, and savings are passed on to you.

Everything you need: brushes, rollers, tape, tools and super Tru-Test Paints are ready to help you do-it-yourself beautifully at True Value Hardware Stores.

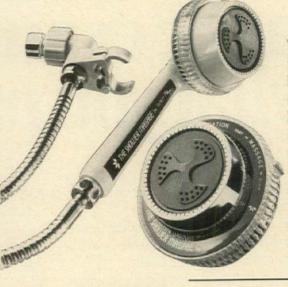


FREE. Ask for colorful new 32 page "Let's Live Color" booklet at your nearby True Value Hardware Store.



COTTER & COMPANY 100% MEMBER OWNED General Offices Chicago, Ill. 60614

the House Fixer



by Will Morris

The Shower Massage by Water Pik is a new showerhead for massaging as well as showering and shampooing. It has an outside ring you turn for a regular shower and a dial that allows you a choice of spray or massage, a combination spray-massage (good for facials), or any in between action. Adjustable center holes can deliver 800 to 9000 pulsating jets of water per minute for soothing or stimulating massage, gentle or tingling shower. The chrome-finished wall-mounted model and the hand-held model, with a 60-inch chrome hose, can be attached to standard ½-inch shower arms. The hand-held model can be hung as a stationary showerhead or used flexibly bathing in the tub. Teledyne Acqua Tec.

If you are building or remodeling, new Sheetrock gypsum panels are available with an aluminum foil backing, which acts as a vapor barrier. In winter it prevents the indoor moisture created by cooking, washing, bathing from passing into cold outside walls and condensing into water, which can rot wood framing and sheathing, warp exterior siding, and damage paint. In summer it works in reverse and keeps out humid outdoor air, which would increase humidity indoors. The "Foil-Back Sheetrock" panels also provide some insulation for outside walls and equal 1 ½-inch-thick wood fiber insulation or 1-inch mineral wool. United States Gypsum Co

Leaving outside doors open in your house lets out heat in winter and air conditioning in summer and raised your bills. Since children will race in and out thoughtlessly, Jaafri Industries has come up with automatic door closers for sliding glass doors and sliding screen doors. They also help keep out insects and let you walk in and out with your arms full. The Sure Close Automatic Closers, one for sliding doors, one for sliding screens, can be attached to the top rail of a 36-inch or 48-inch sliding glass door or screen and work with a simple spring in tension. A special screw at one end of the unit also lets you regulate and vary the closing speed of the doors and a stop washer will keep the door open if you wish. Prices are \$10.75 and \$13.50 for the 3- and 4-foot screen door closers, \$18.25 and \$21.50 for the 3- and 4-foot glass door closers.

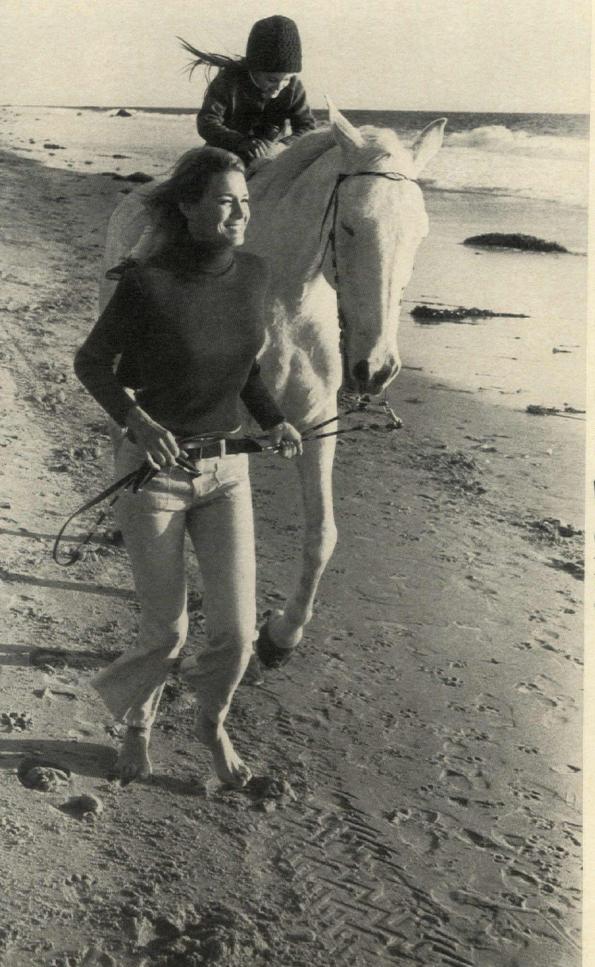
A plan for a simple rack to store skis is offered by the Louisiana-Pacific Corp. It requires only an 8-foot length of 2-by-4-inch Ponderosa or Douglas fir and a 3-foot-long single wood dowel. Only ten steps are necessary to cut, fit, assemble, and finish the rack and they are clearly outlined in the plan. Long enough to attach firmly to a minimum of two studs on a typical wall, the rack will hold five pairs of average-sized skis and poles and could be put together with hand tools by a do-it-yourselfer or with power tools. Detailed construction plans are 10c from Louisiana-Pacific Corp.

For ski houses or other weekend retreats a prefabricated, woodburning fireplace is a major asset. The Majestic Co.'s "Jupiter" is a conical shaped steel unit available in three sizes (with hearth openings of 24-, 30-, and 38inches). There's a choice of red, gold, green, orange, black, and white enamel finishes in the two smaller models, while the 38-inch fireplace is in matte black. The new mesh fire screen rolls back on tracks for full access in placing logs. The fireplace is in three parts base, conical fire chamber, chimney pipe for 8-foot ceilings.



Cleaner indoor air is an urgent need these days since technical reports indicate household air may be more polluted than the atmosphere outside. The new "Space-Gard High Efficiency Air Cleaner" for central forced air heating and cooling systems, mounted in the return air duct, has deep space folds, which provide 78 square feet of filtering surface. With continuous blower fan operation of your heating or cooling system, it claims to remove as much as 99 percent of pollen and spores, and up to 90 percent of tobacco smoke and airborne dust. It uses no electricity and needs no wiring for installation. The only maintenance is replacement of the filter about once a year, which you can do yourself. Research Products Corp.

If Colgate is just a kid's cavity fighter, how come Angie Dickinson won't brush with anything else?



For some actresses, life is only real when a director calls, "Action." For Angie Dickinson, blessed with family and rich with friends, life is truly meaningful when she's with the people she cares most about.

Caring about people comes naturally to Angie. That's one reason she brushes with Colgate. Clinical test results show Colgate freshens breath as long as a leading mouthwash. And the taste is brisk and clean.

Only your dentist can give teeth a better fluoride treatment than <u>Colgate</u> with <u>MFP</u>. But a great cavity fighter can be a powerful breath freshener, too.

Ask Angie Dickinson. She wouldn't think of brushing with anything else.



with MFP...the breath-freshening cavity fighter.

The Parliament recessed filter. It works like a cigarette holder works.

PARLIAMENT

Inside every Parliament tip there's a filter that's recessed. Tucked away from your lips. So you don't taste the filter. Just the good, clean flavor.

The Parliament tip. It may not look like a cigarette holder. But it works like one.

arliam

FORECAST FOR A new year is the traditional time for forecasting, and as we look into the future trends in architecture, decorating, and design, into upcoming ideas for entertaining, traveling, and spending our leisure and pleasure, we anticipate a factor that will be common to all. The attempt to simplify living all around us. It is evident in furniture design, where one piece of furniture may serve three or four functions. And in planning interior space, where one room may become a center for many activities. You see it in the way people dress, in the current insistence for pure whole food, for

decorating with natural materials. It all comes down to a new appreciation of simple things, natural things, basic things.

The new search for reality in living that is becoming so evident today may have been inspired by some people with their romantic, idealistic way of retreating to the countryside to set up farms. Though what we now see is a more positive plan to confront the issues and to define principles that will reconcile all the contradictions. Closing the gap between the way we live and how we want to live. We seek honesty and a sense of quality, whether it's in a piece of fabric to cover a chair or the food we eat or a plan for a new city that works. We're looking for practical and sensible measures to deal with the environmental crisis and the energy dilemma. And sorting out our priorities in the process, rethinking criteria and ethics. The man of today is thinking more for the man of tomorrow. Are neon advertising signs really necessary? Can we afford to build sealed-in skyscrapers that demand so much energy? Could a more intensive exploitation of our current technology provide a system for solar heating, cooling, and lighting such buildings?

We are thinking up the questions-and coming up with some rational answers. "We have the same need in every aspect of our whole life, to live in a more realistic way," says architect and city planner Roberto Brambilla, director of the Institute for Environmental Action, who will be launching an exhibition "More Streets for People" during 1974. "I would call this philosophy a sort of new humanism. We see that traffic mobility occurs on the surface in most city centers at an average speed of 3 to 8 miles an hour in the rush hours-and we know this is ridiculous. You can walk that fast. We know we have to change. What we are turning to is a simplified existence, which is also richer at the same time, taking maximum advantage of existing resources but at the same time trying to emphasize as much as possible the potential of people."

We have made living with reality the theme of our first issue for 1974. And we stress that the simplified existence doesn't mean a spartan existence. What is more esthetically satisfying than walking barefoot on grass? Our new Super Bath is a tribute to architectural and building know-how that allows for this possibility in your own house, page 78. So you'd like a kitchen-living-entertaining center that really gets it all together-the bar, the music, the laundry, the sewing, the tools for little domestic repairs, the paperwork corner, the proper space for food preparation, the snack for two or the dinner for twenty? Our new Super Kitchen, page 64, is planned with all this human activity in mind and equipped with machinery that saves energy, not only yours, but ours-the energy that belongs to us all-in the planetary sense.

And on this urgent subject of fuel and power, we have four reports... from a couple in New Mexico who designed and built their own solar-heated house, page 72, from Dr. René Dubos, page 16, who tells us we'll all be happier in the long run if we adjust to pushing fewer buttons and riding fewer vehicles ... from A. M. Watkins who points out eight major ways to conserve energy at home now, page 24, and from some of the top technologists, page 70, who are looking at the future supplies realistically and working out alternative power sources.

"There comes a time," adds Roberto Brambilla, "when you know you have to clear the table, see what your real essentials are and put them back in order. The moment we start to surround ourselves with reality, then we begin to think with reality. We plug our energy into the right things, put our potential creativity in directions where it is really deserved." What all this seems to offer is a much more coordinated, clearer W WAY kind of life, which will be very much worthwhile living. In reality, what could be a better prospect than that?

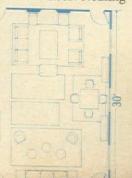
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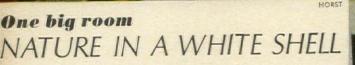
DECORATING THAT COMES NATURALLY

One big room that's filled with COLORS AND TEXTURES FROM NATURE Pale gold furniture woven of bamboo, rattan, wicker, straw cottons handprinted in

the blues you find in gardens—gentian, delphinium, iris, cornflower a mosaic of glowing handmade rugs, each old, each different, on a blue-black slate floor. Nothing matches, everything cooperates. This is decorating that

interies, everything cooperates. This is decorating that comes naturally because it's put together with materials and colors pulled straight from nature. Because it echoes and enhances the architecture of the light-filled, beautifully proportioned room. Because it grows out of the life that's lived in the room. It's easy to care for, flexible, comfortable for two or for twenty. *Right*: Floor plan of Prince and Princess Wittgenstein's living room with its inventive arrangement of furniture. Birgitta Wittgenstein was her own decorator.





To make the blues bluer and the tawniness of the furniture tawnier, the entire room-walls and tray ceilingis painted the purest of chalk whites, marvelous seducer of sunlight. The furniture itself is a triumph of secondhand shopping. The one new piece is the banquette-sofa, right, which was made locally. Very long, it has its center section "carved out" to hold cushions, and the extensions at each end are for books, flowers, and magazines. Hung over it are two paintings by Penati, and hung at the windows on natural wood poles are the simplest possible curtains of white sailcloth. On the wall, what look like sawed-off umbrella tops are straw coolie hats. "We ran out of pictures." Since this is a room to talk in, the furniture is arranged in conversation islands linked by the placement of the old kilim rugs. The groupings are flexible, can be rearranged so that twenty-four people can dine, buffet-style, in comfort with a place to put things.



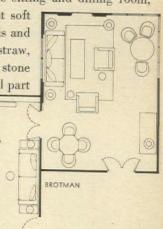




Decorating that comes naturally A HILLTOP HOUSE full of sun and serenity A house that revels in natural delights, that seems to glow with walls

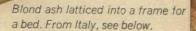
the color of corn silk, floors stained a satin brown, then textured with raffia straw matting, cedar wood stumps for tables, and country basket chairs, all a happy blend that brings in sun and light and simplicity. Designed by Michael Taylor, the house owned by the Steven Merrills is halfway up a hill, with rooms like serene islands in the middle of fantastic views: all the big windows have a sweeping view of San Francisco Bay and the Golden Gate Bridge. The sitting and dining room, *left* with its 12 foot aciling

left, with its 12-foot ceiling, centers around the fireplace, with a great soft sofa, cozy chairs, a long wicker bench settled by the hearth. The chamois and white cotton print is the only pattern, the rest is wonderful textures of straw, wood, and stone played together. Oak is the base of the coffee table; a stone inset makes the top. Lots of fresh flowers, shadowy fan-tail palms are all part of the room's delight with nature and natural things. Long view of the room, *below left*, taken from the entrance, ends in a floorto-ceiling window, shaded with a bamboo blind. The small dining arrangement, *below right*, is composed of reed basket chairs around an octagonal table made of cast stone. The sideboard is an old refectory table, basking under a rosy painting of sunrise colors. The upholstered furniture, tables, and lamps, designed by Michael Taylor. Painting is by John Hoyland. Over the fireplace, black wood, horn animal head, Giacometti. Fabric by Brunschwig & Fils.





Dining room, *above*, radiates its own charm, with a great round table skirted with batik and circled with rough-hewn hickory chairs. Straw matting underfoot, a Japanese paper lantern overhead, and always a big basket of flowers on the table complete the ambiance. Sweeping stairway, *right*, carpeted with moss green, is flooded with light from windows.





Clarey, Stern.

sling chair, above, by Varichon for Atelier A, to the movable, mixable pillows, below, in brown and natural. You tie and untie them to make seating. "Pillorama" by Otto Zapf for Knoll Overseas Ltd. Apple treetrunk table, above right, Luten,

100





Basad on latticework, a system of glass-topped tables and seating in super blue denim. Above, a console, below, the three-seater sofa, and a coffee table, below right. From the "Brusadelli" Collection by Paolo Lanzani and Franco Menna for Base Interiors MASSEY

Outdoor room, canvas, with pillowed floor. "Eta Beta" by Eduardo Vittoria for Societa Anonima Castelli.

> Doweled table. By Robert Salleroli at Interior Enterprises.

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Look-ahead furniture with the soft touch

As an antidote for hard-edged city living, we find designers are creating sympathetic curves, furniture that's soft and soothing to touch. Cushions to sink into, satiny smooth tables. Comforting things to make us feel good.

Put-together foam wedges make a great circular seat. "Teorama" by Giovanni Guazzo for Poltrona Frau. If you need an extra bed, the "Flap" obligingly unfolds. The single cushion, which makes its seat and both arms, above, becomes a comfortable mattress, see below. Altogether it boasts eight different angles, from easy chair to feet-up chaise. Slipcovers of red or blue ticking zip off for cleaning. By De Pas, D'Urbino and Lomazzi for BBB Bonacina. Shopping information, page 103.

MASSET

Puffy chaise. Geoffrey D. Harcourt for Artifort at Turner Ltd.

> Table plus storage. Satiny bleached ash, rimmed and topped in red Formica. By Gilles St. Gilles.

> > Mobile vanity, a teal blue tower of many drawers. Two mirrors, one on top, another midway. By Giovanni Offredi for Saporiti.

Glass disc on a simple cross of solid walnut makes a coffee table. By Trigoso for Atelier A at Maplewalnut Studio.

> T-shaped table with hidden drawer. Of wooden dowels. By Robert Salleroli for Interior Enterprises.

> > MORI



Expandable table, two glistening rectangles of brass, one gliding across the other, below. By Gabriella Crespi.

Curvy, canvas-seated chair. By Werther Toffoloni and Pietro Palange for Germa.



Three, shiny, Green Mint lacquered pop-together pieces make table plus magazine rack. By Paolo Caliari for Depa. Instant chair flips down, from wall-hung framework, right. By Ricaldo Arbizzoni and Achille Castiglioni for Del Piccolo & Ridolfi. Bed, below, unfolds from a chair. From De Sede Collection at Turner Ltd. Opposite page, top left, adaptable chaise, wicker with rattan frame. By Adalberto Dal Lago with Adam Tihany from Germa. This page, left, U-shaped table by Robert Salleroli for Interior Enterprises.

Look-ahead furniture, great shots of color







Pow! After you've settled down with natural textures and soft touches,

comes the dazzling, single shot of color to wa everything up. You can inject it via movable pill seats or a fabulous table or an extraordinary cha Whatever you choose, color makes the room you

Shell chair, above, of natural rattan with caramel leather seat. By Giovanni Travasa for Vitorio Bonacina.

Capsule bathroom, above center, is a single, easy-to-install unit of molded fiberglass. Designed by Carla Venosa

Molded fiberglass base supports a slice of glass rimmed with orange. Table by Gilles St. Gilles for Turner Ltd. Changeable table with fourteen possible positions. By Bruce Arzig at Mixed Media Design.

MORI

Sectional seating, foam, slipcovered with brown and black print. By De Pas, D'Urbino and Lomazzi for Zanotta. Push-around pieces, above, below, and opposite page far left, in a rainbow of stretch jersey knits, can furnish a whole room. The covers of these foam components close with a drawstring, duffle-bag fashion. "Canapout" at Boutique Canapouf. For shopping information, see page 103.

- AN

MASSEY

Super shiny table, lacquered oxblood. By Billy Gaylord for Keller-Williams.

THE NEW SUPER KITCHEN AT THE HEAR The lace to use your energy wisely

More and more, these liberated days, the kitchen is a cooperative in which everybody wants to take a hand. Warmth and comfort originate there as well as food; families gather there naturally; when friends drop by everybody drifts there to settle for good talk. It is the new heart of the house—and the first and best place to start a concerned campaign to save energy—in both its senses. The world's dwindling supply of fuel, your own personal reserves of power are precious resources that careful planning can help preserve. In the huge space of a made-over barn, House & Garden, with the American Gas Association and Evans Products, has designed a room where food and its preparation, companionship and its enjoyment—and conservation—are taken seriously.

where

the **family** gathers



the new super kitcher

Saving energy, these days of worldwide problems, means cutting down on and electricity consumption. Major kitchen appliances are the most greed household machines—so let's start there. The Chambers gas range, *below*, h patented system of sealing heat in the oven, so a meal can finish on the ov own retained heat, after the cook or automatic timer turns off the fuel. The co-Ford refrigerator/freezer has special wall insulation and a thermostatic controlled motor that uses about a third less electricity than comparable mod Six inches of Fiberglas ceiling insulation holds in winter heat, summer cool; Naturalite skylights help replace artificial light. The Andersen Perma-Shield ing door, *right*, seals comfort in. An everything-in-one kitchen also saves sonal energy: fewer steps for the cook, less trouble to keep. The tough Armst Excelon tile floor resists wear; the beams and posts from Vermont Barnboard the cedar Weatheredbord paneling by Evans are easily cared for; the Riviera nets, the Kohler sinks and appliances are colored to match and disguise smuce

a refrigerator that runs on **less** electricity

that won't waste

Welle

A PLACE TO SAVE ENERGY

how to conserve the energy you have

Here are a few hints to help you use the appliances you have most efficiently, with the least energy: STOVE: Put small pots on small burners; cover to avoid heat loss. Use oven for complete meals; preheat only 10 minutes; don't peek. Thaw food before baking it; avoid using aluminum foil on shelves directly under pans since it can reflect heat away from them. Wait till oven really needs it to use self-cleaner. REFRIGERATOR: Locate it away from heat sources, out of sunlight. Make sure door seal is tight (it should hold a sheet of paper firmly). Cool food to room temperature before refrigerating. Defrost when ice is about 1/4-inch thick. FREEZER: Keep it full: a solid mass uses less energy to keep freezer cold. Chill the food before you freeze it. Don't freeze too many packages all at once. HOT WATER: The hot-water heater uses enormous amounts of energy, so be stingy with hot water. Set its thermostat low. Don't wash dishes under running water. Use as cool a setting as possible for clothes. Wait till dishwasher is full to use. Fix leaky faucets: a drip a second wastes 700 gallons a year. WASHER AND DRIER: Clean the lint traps often to keep the appliances working at top efficiency. Use only when full (but not overloaded), and use as cool a setting as possible. Do not over-dry clothes-and use the free solar energy outside whenever possible. SMALL APPLIANCES: These can often substitute for major appliances when the job is small. An electric fry pan, for example, uses less energy to cook a one-pot meal than an electric range. Motor driven ones like mixers, blenders are particularly economical.



the new super kitchen: WHERE ENERGY WORKS TO SAVE YOU

Creature comfort, that warm snuggly feeling that makes you remember grandmother's house even if grandmother never had one, is a specialty of kitchens, an intangible compounded of details like old Indian baskets, wooden walls interrupted with stretches of books and a finish of Evans "Bright-Ons" in House & Garden Tangerine, as well as of friendliness and good will. Personal ease is part of it. The hard-working appliances, easy furniture, and green living plants all contribute. Another ingredient—a stereo system with two speakers that puts you in the middle of the music—makes energy-conserving virtue anything but grim. Furniture from Pennsylvania House, upholstered in "Kalmia" by Clarence House.

efficiency with comfort built in



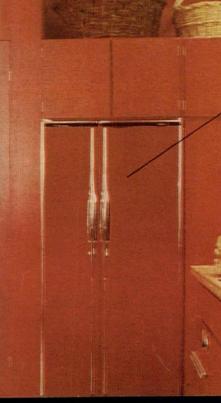
It's an absolutely up-to-date room that still cherishes hints of history like the made-to-order patchwork quilt, from Such Outlandish Stitches, on the sofa. Tucked behind the wall paneling, the entertainment center, 5 also has a television set (doors closed), room for tapes and records. All by Sanyo. The carpet from Harmony Carpet. Animals, antique platters from John Rosselli. Sterling lighting; Tru-Test paint used.



"A place for everything and everything in its place." So neatly arranged, every detail has its own function and its very own space. I Instead of a fourth burner, the Chambers range has a second oven for small baking that also works on retained heat to save fuel, and a range-top broiler that becomes a griddle, just out of sight to the left. 2 Flush doors left of the refrigerator conceal a larder with shelf room for everything. 3 KitchenAid hot-water dispenser makes easy instant cocoa, coffee, bouillon, to serve in Stangl mugs. 4 To the right of the refrigerator, storage cabinets hold pots, pans, even a roaster. All cabinets by Riviera, paneled in Evans "Bright-Ons." 6 Side-by-side Philco-Ford refrigerator/ freezer holds 20.7 cubic feet, more than 250 pounds of frozen food. Baskets on top from Stephen Barany. 7 Cabinets hold homey Stangl "Green Caughley," elegant Spode "Summer Palace." # Dishwasher is by Kitchen-Aid, the front panel custom finished to match sinks, range. Beside it, a handy drawer for measurers, molds.



60





8

10

See page 140 for laundry details. Shopping information, page 103.

13

Children's sunny corner, 9, is strewn with toys that are stored in drawers underneath the daybed. "Tulip" quilt and patchwork pillows from Such Outlandish Stitches; needlepoint pillows from Woolworks; blue and white footbath on secretary from Garvin Mecking; poster, Poster Originals.







10 The whole house has a built-in vacuum system hidden behind flaps painted to disappear into the woodwork. Dust is exhausted outside, eliminating bags and filters. Motor is tucked away in the basement. VacuFlow system from H-P Products. II Another built-in, four-place toaster fits between standard studs, deals with rolls and muffins, too. By Edison.



12 Aromaster coffeemaker from Braun; Spode China. Small grocery cabinets from the International Designers Group.
13 Built into fireplace, an illusion of outdoors: builtin gas grill for outdoor-style cooking inside. Char-Glo grill by Waste King Universal. Wall is covered with

Dacor imitation bricks. **14** Island has room underneath for an appliance that goes with last-second food preparation. Hot-food server from Edison. **15** Beside bar sink, automatic ice-cube maker from Sub-Zero. Both server and ice maker paneled to match cabinets. **16** Sixteen standard attachments, four optional ones, plug into one fold-away power unit. Ronson Foodmatic Food Preparation Center. Countertops, Panelyte "Natural Butcher Block" plastic laminate. An exciting report on the future of planet-keeping, with some surprising answers to the energy dilemma

HOW SOON CAN energy FROM THE sun, THE earth, THE oceans, AND THE air BE PUT TO WORK FOR YOU?

Energy crisis? What energy crisis? It's true that it's a little chilly around the house this January. And probably next January. And the January after that. It's true that our national need for energy is escalating (7 percent last year alone) a lot faster than available sources of energy are, that our oil imports will be 50 percent of our consumption in less than ten yearsand that we can't control the production in countries it will have to come from. And it's true that the world is running out of gas, oil, and coal-forever. If we scrounge out every speck of coal dust, the most plentiful fuel, and strip-mine every possible U.S. vein to leave a barren wasteland the size of half the country, we still have perhaps 500 years' worth left-or 200 to 300 years, if we convert coal to gas and oil. At our present growth rate there is less than thirty years' worth of gas and oil left, according to the National Science Foundation.

ut energy crisis? Oh! You mean the energy problem! The dilemma. The challenge. The opportunity. "We have reached an evolutionary watershed," says Dr. Peter E. Glaser, vice president of Arthur D. Little, Inc., head of a three-part investigation of solar energy that will, he believes, create a whole new energy industry to serve a billion-dollar market ten years from now. "If I can wax Biblical, somewhere in the Old Testament, shortly after God created the world, et cetera, it says he put Man there to subdue nature—and to replenish it. My accent is on the replenishing."

Until now, Western industrial civilization has tended to look upon the world in pieces, seeing nature as something to be dominated and used. We are just beginning to see the Earth whole. The shift may be as important as the prehistorical shift from man-the-hunter, who took what he wanted or could catch, to man-thefarmer, who replenished his resources and provided against the morrow.

Apollo XI helped show us how. Five years ago we saw our whole home for the first time as the astronauts looked earthward from the moon. That wondrous Christmas ball of a world with its swirling patterns of blue and white and ocher hung in the black velvet of utter infinite space, so huge—and so very, very small and finite. What an admirable house it is, the décor grandly conceived and at the same time rich and complex in detail. As a mechanism for comfort control, it has features we are only beginning to appreciate. It is built to last. Powered by the sun—which sends no fuel bill for the energy it supplies to heat the air, run the planetwide garden, keep the winds blowing and the oceans blooming with oxygen-producing plant life—its operation is basically self-contained, selfrepairing. If we cooperate. If we can learn planet-keeping.

We are learning. And one of the most elementary, most essential lessons is that energy is life. Whether you measure it by calories of food consumed by plants, animals, or men, or by calories of fuel consumed to run machines, energy is what makes everything work. The closer you come to enough energy, the better the quality of work, the quality of life-now seriously threatened as the fossil fuel stored in the basement of the world by millions of years of geological change runs out, as our free ride ends.

It's a problem, all right, but it does have solutions. "We have very many options," says Dr. Glaser, "and I believe we will need all of them. We will have to do an awful lot of work, and we are not certain which of the options we are pursuing, whether nuclear, geothermal, or solar, will have the best potential—but there are very exciting possibilities."

SOLAR ENERGY

So far, the best bet seems to be solar energy-a term that covers power sources as diverse as temperature differences in the ocean, green growing algae, and the wind. Solar energy has been there, literally, since the beginning of the world. It's free in daily amounts 400 percent greater than we are ever likely to need, it rarely goes on strike, it's inexhaustible-at least for the next couple of billion years-and, best of all, it's absolutely nonpolluting. Man has used the sun as a power source ever since the first Neanderthal figured out how to focus it through a hole to start a fire. Even industrial use of the sun is not outrageously brand new: there was a solarpowered steam engine at the Paris Exposition in 1878. But gas, oil, and coal were so plentiful, so easy, so cheap that-except for the invention of the electricity-generating solar cell more than twenty years ago-little was ever done to develop the sun's potential. Now we need it.

And it looks like we are going to have it. It will come in two forms: as electricity and as

by Sandra Odde

heat. Getting electricity from the sun is the mo complicated process. We might build huge sol reflectors to concentrate heat on boilers th generate electricity by steam-like the 1500-wa Russian plant near Tashkent. Or we might u solar batteries, one form of which looks like thi blue cellophane streaked with silver, spread arrays over our roofs, in walls or on antenna possibly strung like tents over parking lots. Su focusing mirrors may sprout on solar farms the sunny Southwest. We may get electric beamed to us from a butterfly-winged satell launched out of the earth's shadow into twent four-hour sunshine. Or we may get it from boat floating on the ocean, dangling a he pump.

Every new house built might have its ow solar collector, or we may buy electricity alread produced as we do now—or we might re equipment the way we do telephones, fro companies whose business it is to keep sol energy coming in.

This isn't guesswork. Each of these is a d tinct possibility fairly soon. In Newark, Del.—n one of the country's sunniest places—the Institu of Energy Conversion of the University of Del ware, headed by Dr. Karl Boer, has just bu Solar One, a sun-powered house that generat 80 percent of its own electrical needs.

The solar satellite is a project headed by D Glaser. As soon as a working space shuttle is d veloped to make round trips between satellit and the earth—something NASA expects to a complish in the next few years—it will be techn logically and economically feasible.

Dr. and Mrs. Aden Meinel, with financin from Itek, have recently left the University Arizona to form Helio, Inc., and begin the pr cess of solar energy-farming. Honeywell and the University of Minnesota also have a solar far project. One square mile covered with solar d vices operating at only 10 percent efficiency (the standard coal-fired plant runs at 35-40 perce efficiency) could produce 180,000 kilowatts.

But solar electrical energy has a problem money. Not technology—the technology is a there, ready to go. But at the moment it cos about \$20 to generate one watt of electricit We're used to paying about \$1. Costs for conventional electricity are headed skyward, fas but solar electricity will not be competitive, and therefore attractive both to consumers and manufacturers, until it edges under \$5 or so att according to J. Thomas Ratchford, Science onsultant to the Committee on Science and stronautics of the U.S. House of Representaves—a roughly estimated \$5,000 for a typical puse, with no operating costs—and that may t be for 10 to 15 years. "Twenty to thirty ars, in any field, is just about the time of delopment," says Dr. Glaser. "The jet airplane, rn in 1936, was not widely used until the e '50s."

Solar heating, on the other hand, is here toy. It has been here, for anybody interested, quite a while. Japan, Australia, Israel-even orida during a brief fling in the '40s when fuel s scarce-use the sun regularly to heat water, ally in rooftop tanks. It is also possible to t whole houses. Mr. Harry Thomason, who It the first of his four solar-heated houses Washington, D.C., in 1959, says his system plies 90 percent of the necessary heat with a age capacity that outlasts five cloudy days. George Löf, head of a National Science indation solar thermal power study at the versity of Colorado, has lived in the solarted house he built there for fifteen years. across the country about twenty-five others luding Mr. and Mrs. Stephen Baer, whose se appears on page 72) have constructed r own free-heat systems.

The principle is simple: a sheet of black, heat-absorbent material backed heavily with insulation to keep heat from going on ough is propped up—usually on the roof—to ch the sun. Glass covers the collector to keep t from reflecting back into space; air or her, pumped over the space between to warm flows back to a well-insulated holding tank storage. It is called upon as needed—and uld demand prove more than supply, there's nuxiliary system that kicks in. The house can ulmost any shape, even old Colonial or young th-style. All you need is a good, unshaded thern exposure.

The Massachusetts Audubon Society is builda solar-heated addition to its Lincoln, Mass., es. The system is expected to supply 65 to bercent of the heat load—a reasonable estie, says the Society, for any solar system, a in one of the coldest states. An air-condiing system based on adsorption, like the old refrigerators, uses the sun in summer.

a three to five years, however, you won't to be the Audubon Society or a do-itselfer to have reliable solar heat. The gap yeen technology and commercial availability have been closed. On October 30, 1973, gressman Mike McCormack of Washington duced HR 10952, a bill to establish a five-, \$50 million program for research and comcial development of residential solar heatand cooling. By November 1, it had 140 cosors. Hearings were held in November; it ld come before the House this month.

eantime, a lot of other people are working et solar heating and cooling to the public. 'O will have a pilot study on heating and ng ready some time this year. The National nee Foundation has three studies of possible mus underway. The General Services Adstration, which has charge of all federal rument building, is putting up a house in naw, Mich., and an office building in Manter, N. H., both to be partially solar heated cooled. "There are all sorts of possibilities," architect Alan Balfour at Arthur D. Little, where a cooperative effort involving more than forty major companies is underway. "We're looking at all building types. Residential housing may not be the most attractive first market. Very large-scale arrays of collectors may make more sense to new developments, to hospitals, to universities."

"It's an organizational and attitude problem more than a technical one," says Elliott Wilbur, head of ADL's building and materials program. Residential and commercial use accounts for 20 percent of U.S. energy consumption. "If every new building built three years from now were solar heated," says Charles Hauer of the National Science Foundation's Advanced Energy Research Division, "that would still be only a 2 percent reduction in use." But that 2 percent is equivalent to 200 million barrels of oil a year. "If you go up to 7 percent, something we could hope to achieve over the next fifteen years," says Dr. Glaser, "that is equivalent to the total oil that will ever flow through the Alaska pipeline."

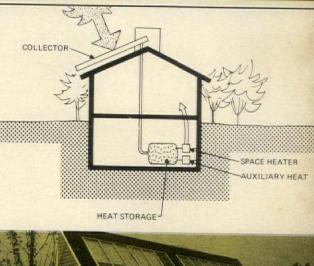
Solar energy takes many other forms. Here are some ticklers, many of them theoretically possible right now, or actually in limited use.

Biological methods. Bacteria are being put to work to produce gas, oil, and charcoal from organic materials that run the gamut from algaeencouraged to run wild over ponds by careful additions of things like old phosphate-filled dishwater, then harvested-to the by-products of pig farms, to city sewage. On a do-it-yourself level, methane production from farm manure is probably the furthest along. Richard Shuttleworth and the Mother Earth News have a demonstration plant going in Redkey, Ind. L. John Fry, a South African pig farmer now in Santa Barbara, built a plant that ran a 13-horsepower engine day and night for six years. Only trouble was that it needed about 2 tons of manure a day to run-possible for a pig farmer or a city, but rather impractical for a private individual. Thirty gallons a day, the amount a typical household might produce, will light one lightbulb and boil one pot of water.

Continued on page 142



house powered by the sun will be as ordinary or as extraordinary as your taste may dictate. Collectors will shape themselves to fit most houses that turn a face to the sun. TOP: An artist's conception of an apartment house with a façade of solar cells. CENTER: The solar-powered house in which Dr. George Löf has lived fifteen years without having to service the collectors ranked across his flat roof. BOTTOM: Solar One, the University of Delaware's new experimental house. Sunlight, striking its rooftop cadmium sulfide cells, generates electricity, which is stored in 12-volt car batteries, the excess sent to the Delmarva Power Light Co., which returns the favor when the sun doesn't shine. The sun's heat is stored in eutectic salts, which melt to hold heat, recrystallize to release it. The sketch, RIGHT, shows a system which stores heat as hot water in an insulated tank. Auxiliary heaters kick in when necessary.



a breakaway house that's heated by the sun

P of

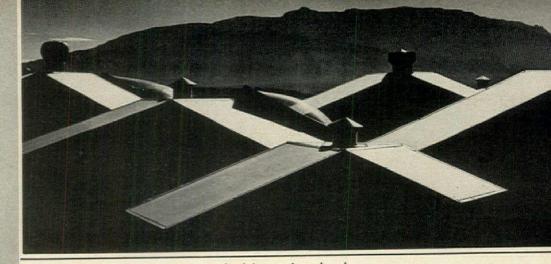
a young couple design a solar-heated hous

If you're young, adventurous and imaginative, like the Steve Baers, you put a s lar heating system in your house today, and stay warm in winter without ever pa ing a fuel bill. The Baers' innovative house, a few miles outside of Albuquerqu New Mexico, is a breakaway from architectural tradition, born of their natural e thusiasm for living differently and trying new ideas. Steve Baer, a talented math matician, inventor, and designer, experimented with many structural desig until he found the zome-a geometric shape with a parallel zone in it-work better for housing than the dome. "It's a more flexible shape, a zome can stretched out, joined together with other zomes and makes very satisfying fre form building," he says, "unlike the dome, which is always circular." Steve Bae first experimental zomes were built from old automobile tops, bought for 25 cer each. After he worked out the shape and chopped up a thousand cars in t process, he went on to build unconventional houses like the one he and his wi Holly, left, and their two young children live in now. It's a cluster of elev zomes, clinging together like a series of different sized bubbles. Despite its spa -2,000 square feet-the house derives 85 percent of its heating from the su When necessary two fires are lighted in the children's rooms, which face nor

LAUTMAN

ow does the solar heating system work? "N o t h i n g be simpler. It's y low-technology that almost anycan understand use, and it s," says Steve He took ninety,

Ilon metal drums, filled them with water and stacked them up to form drum walls on four facing sides of the house, top right. The drums are painted black on the sunward side laced behind glass to increase heat absorption. Great insulated doors are lifted up and on winches, right center and above, to expose the drums to sun in winter and heat the wathen the doors are closed at night, the heat radiates from the water in the drum and warms poms. In summer, the doors are closed throughout the day and may be opened at night the temperature drops. This action keeps the water cool, so during the day when the gets warm inside, the cool water soaks up this heat and acts as a natural form of air tioning. To stop rusting inside, a corrosion preventing mixture is added to the water before ums are filled. "A drum wall is useful in almost any climate of the United States," Steve Baer out. "Even as far north as Canada, south walls are good receptors of solar energy."

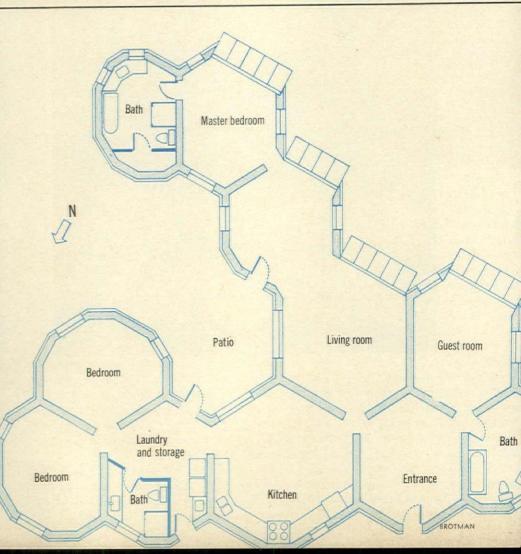


wind and light harnessed for independent living

Like many young couples of their generation, the Baers are shaping their whole way life to live as independently as possible. They work with nature where they can. Eventully ly they want to generate their own electricity, meanwhile, they are hooked up to the los supply, although they use it only for lighting and operating the refrigerator and launce machine. Cooking is done by propane gas. All their water comes from a well, pump out of the ground by a windmill, *left*. It runs into the house by gravity and is heated solar collectors—also designed by Steve. Out in the garden, fruit and vegetables prov them with home-grown food, which might have been difficult to cultivate in a wind desert country without the care that they took with siting and landscaping the 4-au property. "I believe the microclimate of the house and its site are very important who building," Steve Baer goes on. "A protected southern slope can be as warm as a no slope 500 miles farther south. A good building starts with the arrangement of trees a fences. They have as much to do with the thermal function of the place as the firepla or the weather stripping of doors." Living in a windy spot, he took advantage of this nature element. Each zome has a ventilator, *above*, with a fan to conduct the breeze inside

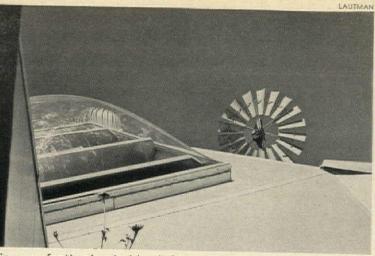


Steve Baer, above, has a special attitude toward innovation. "I just want to build buildings and design systems that are beautiful and simple and really work. There's nothing earth-shattering about any of my ideas, but they keep people happy. There's so much energy all around us that we overlook. It isn't apparent, but we can gather it so easily. I'm not suggesting that everyone copy our way of life here in New Mexico, but I'm ready to help anyone who wants to know more about zomes or solar collectors. Write to him at Zomeworks Corp., P.O. Box 712, Albuquerque, N. Mex. 87103.



in a solar-heated house

n addition to the heating derived through the drum walls, the house has anner source of solar energy, coming from erhead Skylids, *right*. These roof devices, other invention by Steve Baer, are placed rooms not directly influenced by the drums in the kitchen, the entrance foyer, and one the children's rooms. They are bubble sky-



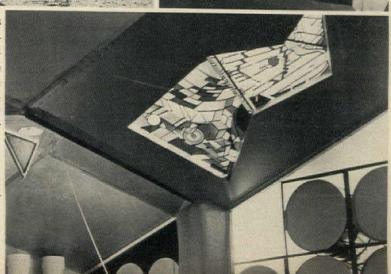
Its with three aluminum louvers beneath. "Again a perfectly simple idea," Steve Baer remarks. "The Skylid is no switches or wires or motors to go haywire." Two canisters filled with Freon gas on each side of one hel respond to shifting climatic temperature and cause the louvers to move. When the sun pours through the rooms it hits heat-retaining surfaces—the floor, a concrete slab painted with red driveway paint—and walls, which are faced with adobe. Warmth is slowly released in the cooler part of the day and night. Zome uses developed by the Baers' construction firm, Zomeworks, are strong and durable and quick to construct. By have a cement foundation with a wooden "sill." The walls are aluminum panels with a sandwich filling be-

then of honeycomb cardboard filled with urethane foam, *right center*. "It's the me type of material used in trailers and airplanes. This is our adaptation of the a, which we thought could be improved. Our version gives better insulation in most trailers." The panels were laminated locally and the entire building up without any professional help, just a team of friends and unskilled workers. took a year altogether because we were working on several projects at the e, but we know now that eleven zomes could be put together in two weeks," by Baer continues. The silvery satin-panels are pop riveted together with ninum strips at the joints and the seams protected with a silicone sealant. construction allows for expansion and contraction of the metal outer "skin" ording to changes in temperature, so the building is always making a pop-g sound. As for family living, Mrs. Baer adds, "I think our zome is good for children and they for it. They participate in making it work, rolling out the doors in winter when it's sunny—they know we can't turn up the thermostat."

ide the Baers' bedroom is the solar collector, *right*, which is water for their bathroom. This rectangular wooden box is ad to catch the sun's rays and can be adjusted from time to during the year. Copper tubing filled with a mixture of wand antifreeze is fixed behind the glass top. Then there are ecting pipes into a 55-gallon storage tank in the bathroom. Indid heats up and circulates into the bathroom tank, which another smaller 40 gallon tank inside it, filled with cool, bed water from the well. "The hot fluid heats the cold water gives us more than enough constant hot water. We have a ar larger collector near the kitchen and this gives us plenty it water for the children's bathroom, kitchen, and laundry ." Light and air flow onto the zomes in many ways. Far

The Skylid with its aluminum louvers is seen from the inside. A stained glass ow, bottom right, designed by Carol Caroling, makes unusual patterns over the livpoom floor, as do the drums, which are painted white on the inside. The zome clusarranged in a V-form, see plan opposite page, with living room and kitchen in the er, master bedroom and bathroom at one end, children's rooms off in the opposite tion beyond the kitchen and laundry. An experiment in living certainly. Yet all the as confirm: "It's a wonderful place to live, and we hope it will inspire others."

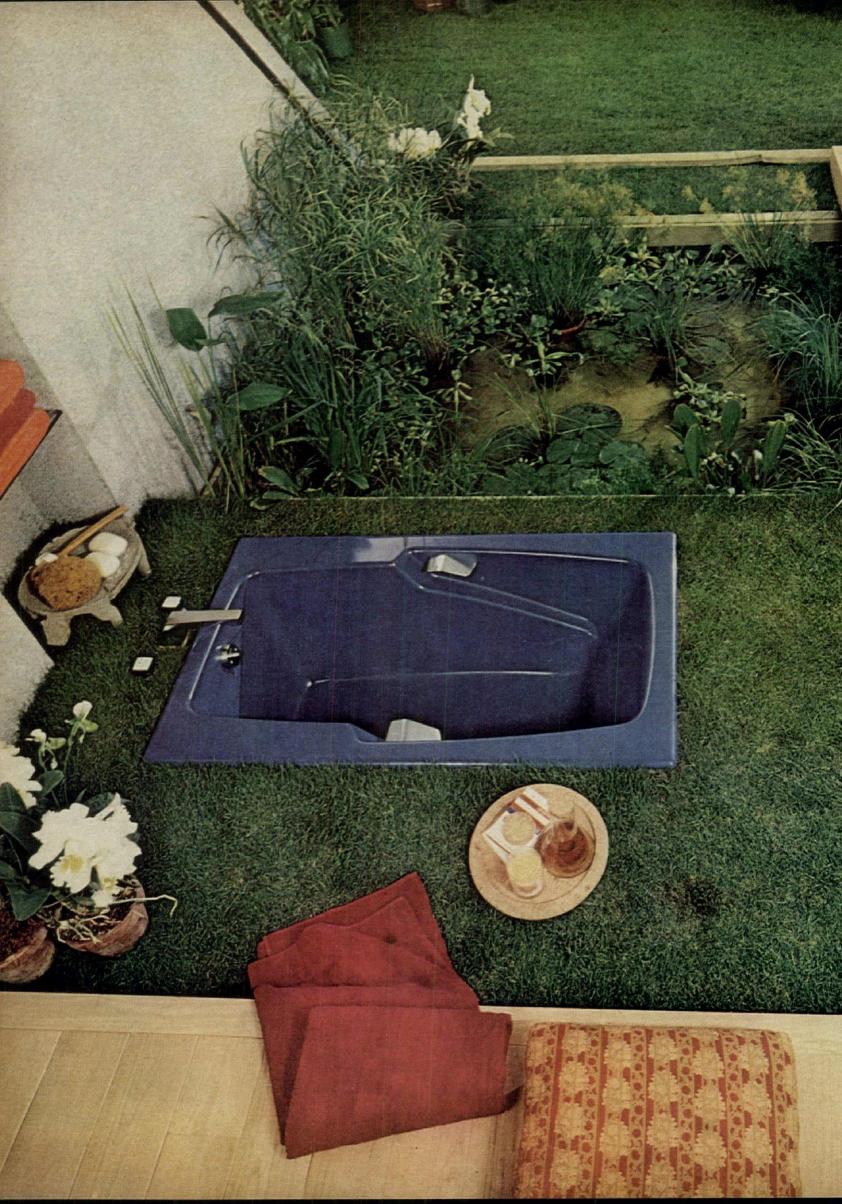
drum walls



PORTABLE GARDENS THAT GROW IN NEW

Great news, big pots for plants. All here are especially good looking. Some have casters so you can SUPER-SIZED PLANTER cially good looking. Some have casters so you can roll them about to catch the sun. Others swing in the breeze. *Top, left to right:* Ceramic planter, 2 feet in diameter, with artemisia 'Silver King,' at Country Floors. Basket of foxgloves is pottery resembling wicker, by Terrafirma for Rom Maia. For a spathiphyllum, black plastic with an outer cage of steel rods, Luten, Clarey Stern. On patio, above, proceramic pot by Norman Bacon, 14 inches across, bedded with begonias. He also designed cloud-like containers, site page, floating from a hardy orange tree, poncirus trifoliata. Pots hold African violets, gloxinia, ivy geraniums a bed of browallia. *Opposite page, left to right:* Yellow yarrow in a triangular planter designed for a corner; black plw with casters, from Beylerian. Astilbe and pink dianthus, armeria maritima, and ajuga grow in an 18-inch wooden or Terrestris. This, too, rolls as does plastic tub with 'Sea Foam' white roses, Beylerian. Shopping information, page

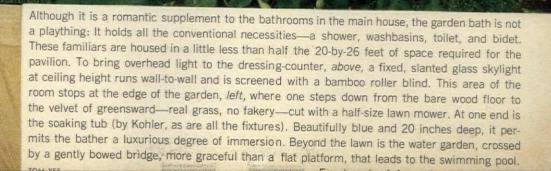




Wide-open to nature

new

Supergood believe in nothing but cold showers, one of the most voluptuous things In the world is bathing in the open air. Not swimming, which, however pleasant, boils down to exercise, but soaking in a deep tub set in a garden. If it sounds incredible, it is not. House & Garden's new super bath was designed by William Machado and associate Norman Diekman to be a bath-refuge—a pavilion quite apart from its parent house, with only a covered passageway as a connecting arm. In this modern annex, which you can add to an old house or plan for in a new one, you can relax in the sunlight, or, if you want to, in the rain. This pleasure is made possible by a huge glass wall that, sliding at a 45-degree angle, disappears into the ground with the push of a button. And there you are outdoors in your tub, with a little water garden at arm's length and, crossing it, a bridge to the swimming pool only a few feet away.





At the end of the gallery-passageway from the main house, *left*, shallow steps climb to a platform that, in a sense, forms a foyer for the room beyond. Bench in recess is for showerers' paraphernalia. Stall is right around the corner.

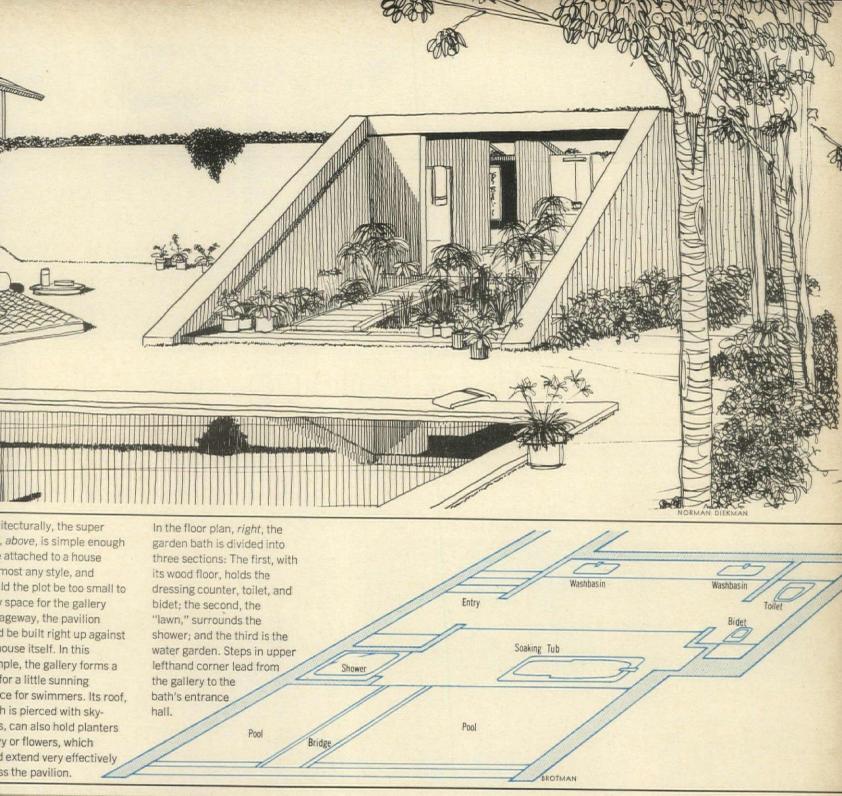
The super bath's garden stays green summer or winter

When the total enclosure it needs to work for twelve months of the year, a garden bath designed only for summer pleasure is an indulgence that, to most people, would not be worth the investment. But because of its ingenious engineering, the super bath is as much a garden in January as June. Its disappearing glass wall, of course, is the answer to leveling the ups and downs of our climate. Closed in winter, it seals in warmth so that grass and flowers thrive with the same healthiness they would have in a greenhouse. A temperature of around 70 degrees is agreeable to most growing things, and certainly not *dis*agreeable to a bather soaking in hot water. A watering can takes care of potted plants—even with a little work, the grass. The water garden, consisting entirely of aquatic plants, fends for itself. And on a winter's day, it should be doubly pleasant to lie in a hot tub and peer out at drifting snow.





One wood, red oak, is used in the super bath for the flooring, the washbasin-dr ing counter, and water garden bridge, *left*. The oak planking, by Bruce, is pale because it is completely unfinished—no filler, no stain, no varnish. It w only the soft sheen that nature gave it. A *scrubbed* look. The ceiling and all one wall are paneled in "Sanspray," a product of U. S. Plywood created by b ing finely crushed stone to plywood. The effect is of a crystalline surface, shim ing, faintly opalescent. The entire wall behind the dressing counter, *above* covered in a mirroring Plexiglas with all the reflecting power of a perfect loo glass that extends right to the floor to give the tub-bather an indoor view of outdoors. Nature on the right, its image on the left. Tubular lighting fixtures hung over each washbasin, and during the day, the desired amount of sun —a lot of it or a little—is determined by adjusting the bamboo roller blind of head. Hung on guy wires paralleling the skylight, it works just like an awr

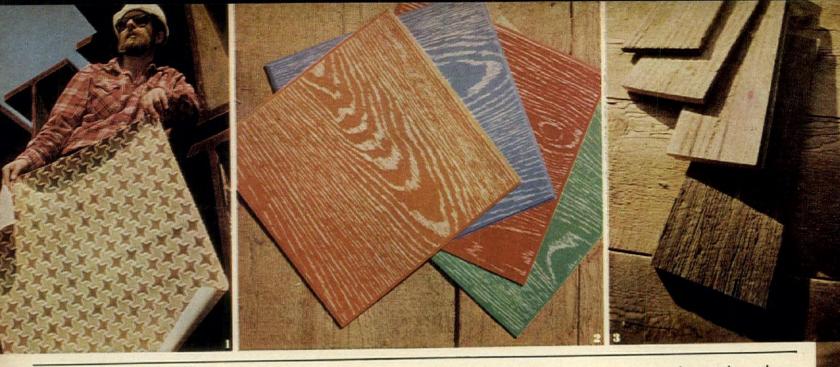




igh few shower stalls are approached by a path, this one *is*—nature's treat for bare. The shower enclosure is moss green fiber-75 inches high, with triangular shelf for and a corner bench. The door, of clear las, is the same height and 3½ feet wide.

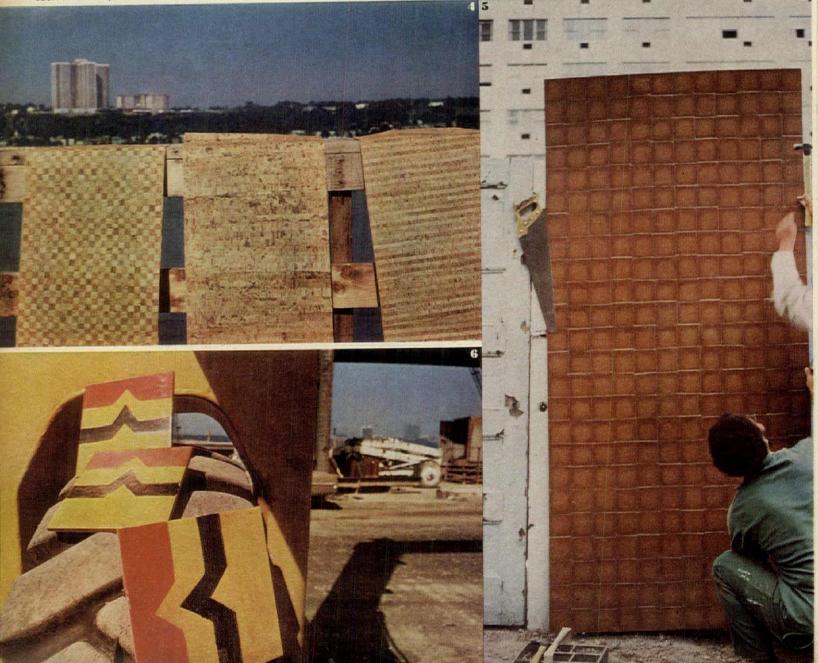
Tucked away in a semicompartmented corner of the bath, the bidet and toilet, *below, right and left*, are both of vitreous china in the same moss green as that of the shower stall, and both, like the yellow washbasins, have fittings of brushed chrome. Glass shelves over the bidet hold towels, and the toilet compartment is lighted by the skylight-window that stretches across this end of the room. Around the corner from the bidet is another shelved recess with towels and sponges for the soaking-tub bather. Although the garden bath is primarily a daytime room, it is beautifully lighted at night by a series of wall fixtures inspired by rice-paper lanterns. Fragile looking, they are *not*. For shopping information, turn to page 103.





the new naturals for building materials

here's new visual excitement in building materials—in the shine of ceramic glaze or hardwood veneer, the roughness of "barnboard." Wallcoverings and fabrics have a new architectural vigor. Panelings are light and easy to install. And more than ever colors are natural and down to earth. I Vinyl wallcovering joins the all-stars with "Holmes." 28 inches wide. 2½-inch repeat. \$9.45 a roll. By Richard E. Thibaut. 2 Woodgrain patterned vinyl floor tiles come in colors nature never dreamed of—fifty in all. 12 inches square. \$3.60 each. From Herbert Bright.* 3 The look of weathered barnboard at a fraction of the cost: new wood distressed and stained to look like the authentic antique. Silver Gray or Mountain Brown. Also in Weathered Red. In random widths from 3 to 14 inches, or 12- and 2-inch widths, board and batten style. 8-foot lengths. Beams and posts seen in our Super Kitchen, page 64—and wrought-head nails come in several sizes. For price and distributor information write Vermont Barnboard.

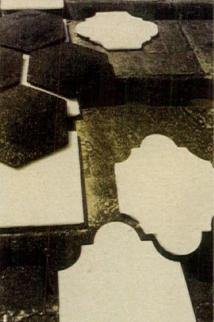


attern a wall, 4, with cork-1 inch squares or thick and thin stripes that go up in big 2-foot widths. Here from a collection of seven cork wallcoverings, left to right, patterns 6, 1, and 7, all fabric-backed. \$1.75 a square foot. By Expanko Cork. 5 "Mexicotta" hardboard paneling looks just like handlaid terra-cotta tile, down to the glowing "glaze" that gets darker toward the edges, a stippled color and texture that looks straight from the kiln. Panels 4 by 8 feet, about \$14 each. By Masonite. 6 Handpainted "Marittimo" ceramic tile with strata of yellow, black, and oranges makes a bold-almost volcanic-statement on walls or floors. Eight inches square. At Country Floors. 7 Murray quarry wall tile in pale earth colors: from the top, Sahara, Sand Flash, Fawn Gray, and Golden Glow. Three darker colors as well. 6 inches square. Priced according to installation. By American Olean. 8 "Ecol-O-Vane" soundcontrol system for ceilings, walls. Mount the support runnerseach light-weight aluminum vane snaps in-or out-of place with finger pressure. Over fifty solid colors, plus woodgrains, linens, and others. \$1.05 a square foot. By Levelor. Even more effective with an acoustical blanket beneath-price depending on type and installation.

*AVAILABLE THROUGH INTERIOR DESIGNERS. ALL PRICES ARE APPROXIMATE. ADDRESSES, PAGE 103. SUSAN WOOD











naturals and shine for building materials

Utdoors and in, a brilliant pavement of color, 1, for floors—and walls. Coin-shaped "Ducat" glass tiles. The color's saturated through and through—it's the glass itself, not just a glaze. Left to right: Rouge, a reddish-brown, Orange, chocolate-colored Brun, and Blanc. And they give you the charm of small, 1%-inch tiles without the labor cost of tiling oneby-one: they come in 1 foot squares, mounted on nylon net that keeps them in place during the grouting. Eight colors in all. From France. \$3.15 a square foot. By Briare, at Creative Surfaces. 2 Take two near-neutrals and charge them with color—a shocking white, a blue with a steely edge to it—and you have "Live Wire" striped cotton fabric. 48 inches wide. \$12 a yard. By & Vice Versa.* 3 Handmade wall tiles with raised squares within them give the effect of tile on tile. They're bold abstracts that let the earthen texture and rich shine of ceramic tile stand out on their own. In nine background colors and twenty raised colors or textures. Each of these six tiles is 6 inches square. About \$12 a square foot. At Hastings Gallery of Tile.





hapes take a new shine to walls and floors, 4, with handmade glass tiles from Mexico. In a hexagon, square, or "San Felipe" shape. Black, white, and also in tortoise, with a subtle tonal variation and wavy surface. Up to 8 inches long. About \$4 a square foot. From House of Floors.* 5 "Kaleidoscope" vinyl floor tiles come in a rainbow of thirty-seven colors including the delicious pales here. 12 inches square. Priced according to installation. By Amtico. 6 Ceilings are looking up with "Constitution" ceiling tile-revival of a Federal pressed-tin ceiling pattern, 12 inches square. From the Decorator Chandelier Ceiling collection. Priced according to installation. Can be installed either flush with your present ceiling or with the Integrid Suspended Acoustical Ceiling System that lines up the seams so neatly they seem to disappear, so simple you can install it yourself. And it comes with its own lighting fixtures, if you wish. All by Armstrong. 7 "Graphics by the yard"-three knockout wallcoverings. Left to right: "Paul's Stripe Three" in vinyl. 27 inches wide. \$15 a 9-foot panel. From First Edition Wallcoverings.* "Monopoly" on silver Mylar. 11/2 inch repeat. 27 inches wide. Can be custom colored. About \$27.75 a roll. From Judscott.* "LaCasa," on brushed foil, 27 inches wide. 25 inch repeat. \$27 a roll. From Perceptive Concepts.* # Hardwood veneer that goes up by the panel. Here in satiny "Light Hickory 4." Uniform width "planks" 4 inches wide. 4-by-8-foot panels about \$44 each. 4-by-10-foot panels about \$46 each. Also "Light Hickory 2," with uniform width "planks" 2 inches wide. Other finishes: walnut, teak, cherry, oak, and pecansome in uniform widths, some in random, some in both. From the Weldwood collection of ten different panels. By U.S. Plywood. 9 Italian ceramic tile for walls and floors is inspired by Greek designs and named "Ellade." Link the Ishapes end to end-suddenly there's a network of terra-cotta-colored squares. Or build a pattern including two related available patterns. 8 inches square. \$5 a square foot. Special order. At Country Floors. 10 Tile a wall in the rugged texture of pumice with "Volcanic Lava 12 Stone." Primeval, in an assortment of browns and grays. Four sizes: 4-, 6-, and 8-inch squares or 4-by-8 inches. To order. From Elon. 11 "Toro" green and white ceramic tile has an almost motherof-pearl luster. 8 inches square. \$2.79 a square foot. At Agency Tile. 12 Architectural drama for indoors: Lightweight "Para-plastic Mirror" comes in almost any color, in variegated patterns, even varying thicknesses. For ceilings and walls, a light and easy way to make ceilings seem higher, rooms larger. Virtually unbreakable. You can have it cut in any size and shape you want. Shown in clear-the blue is the reflected sky. \$3 a square foot. By Parallel Manufacturing. ALL PRICES ARE APPROXIMATE, ADDRESSES, PAGE 103. *AVAILABLE THROUGH INTERIOR DESIGNERS. SUSAN WOOD





DECORATING THAT COMES NATURALLY and keeps the best of old and new

Ahead of the crowd, George and Teda Balasses left the city fifteen years ago, moved to a tiny farmhouse in a wooded area of Long Island, and started an antiques shop, Balasses House in Amagansett. Deciding that they "had to breathe a little more," they recently added a big comfortable living-dining-cooking wing, above and right, and spiced its back-to-basics simplicity with pieces they have collected gradually. To conserve the farmhouse feeling, they used barn timbers as structural girders and beams. Sun pouring through big bay windows facing south and the bubble skylight in the high-ceilinged step-down kitchen adds natural light and warmth the adjoining old house lacked. Radiant heat also underlies the used-brick flooring. Cane, metal, glass, wicker, handloomed fabrics and wood that shows its natural grain lend contemporary airiness. Inside walls of roughsawn, wide pine planks have a thin wash of Firzite sealer to preserve the texture. The roof is red cedar; the siding, white cedar shingles weathered to a natural silver in the sun. Their architect was Alfred A. Scheffer.



alasses is famous among his friends for his homemade bread, Mrs. Balasses gardens, and together they atte, entertain, and travel to Europe and Latin America to scout for their antiques shop. Opposite page: ir 27-foot living room, bottom left, the Welsh dresser, chairs, and steel table are from England; the a kilim from Turkey. The dining chairs, above right, are Viennese bentwood, designed for the South ican trade and found in Yucatán. Faïence plates above the steps to the kitchen, bottom right, are evan. For their kitchen, the Balasses found handpainted tiles, blue and white plus a delectable array of ages," at a factory in Lisbon and installed them themselves. They sheathed the undercounter dishr, above, with a plywood panel that a friend painted to match the countertop tiles and their black cat. SE & GARDEN, JANUARY, 1974





The best of old and new COUNTRY HOUSE WITH COUNTRY CHARM

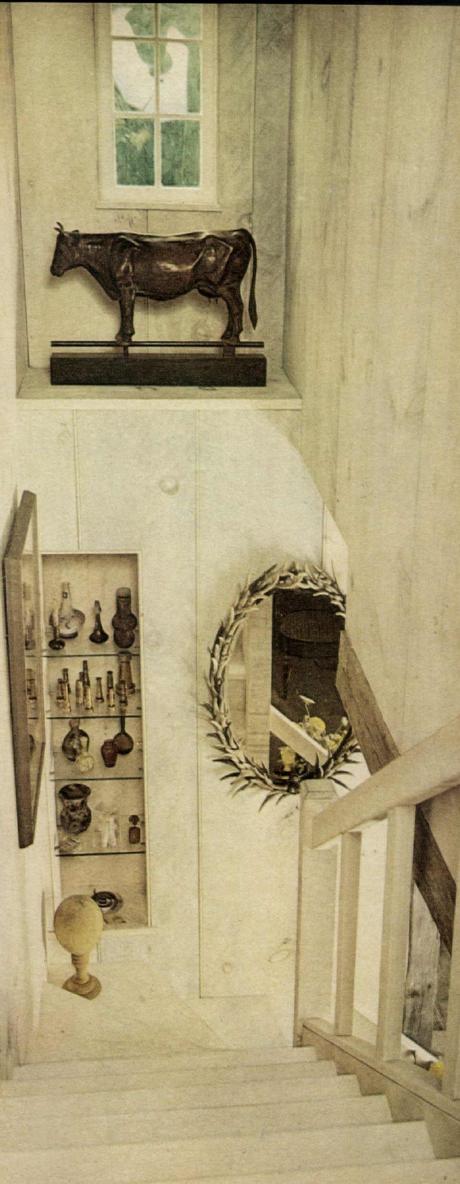
Getting back to nature — windows wide-eyed to sunlight, unvarnished woodgrain, homegrown and homemade food, the spell and texture of simple things—prompted the George Balasses' move from the city. Naturalness gives their country house its charm. The door to the old part of their house, left, opens to the original parlor, below, with an iron stove that still works, bare floors with a Moroccan rug, a metal bed cozy with pillows.



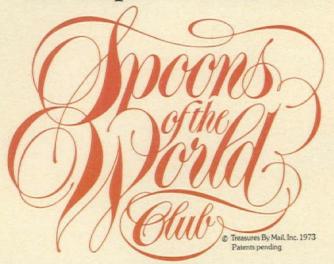


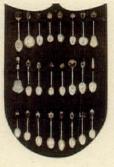


tairs bedroom, top, in the new wing opens to a windowed stairwell, at, and both are filled with light and curios. The bedroom's 19tharry ivory pieces were collected mostly in England. Polychrome anabove the beds are from Mexico; curtains are old lace. Stairwell be next to an antler-framed mirror holds art-nouveau glass, gleaming e nozzles, other finds. 1840 wire chairs, above, from an English garmake a nook for dining under a plum tree, near tomatoes and fennel. BEADLE



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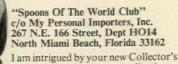
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BY MARY MOON HEMINGWAY

The new year is here and with it that sense of a clean slate, which stimulates me to reconsider old habits. This year I seem to be particularly struck with a renewed need for good, old-fashioned, intelligent frugality. It should be a year of saving—I don't mean the ball-of-string syndrome, but good husbandry of time and methods.

Save on cooking fuel. No need for a pot on every burner with, perhaps, the oven turned on as well. Try quick stir-fry cooking or cook whole meals in the oven. Consider the hot one-dish meal with uncooked side dishes. Saves on clean-up time, too, as you can cook and serve in the same dish. Even when not cooking Chinese, I stirfry many vegetables in a wok.

Cooking in the oven is great for easy entertaining as the food keeps nicely. There are many foreign dishes as well as American to prepare without wasting heat. Here, for example, is an international menu. As a first course, Australian green pepper cocktail for six: 3 green peppers, seeded and halved, stuffed with a mixture of 6 tablespoons each cold flaked seafood, diced celery, diced cucumber, lemon juice, mayonnaise; salt to taste plus a pinch of cayenne and a dash of paprika. Serve with lemon wedges.

For the main course try Jordanian Tajen: 1½ pounds ground beef mixed with 2 small, finely chopped onions; 2 teaspoons minced parsley; 1 teaspoon salt; pepper to taste. Shape into 1-inch balls. Peel and cut into 1-inch cubes, 3 medium potatoes; 3 medium tomatoes; 2 small eggplants; 2 small zucchini. Add 1 pound string beans in 1-inch lengths. Salt and pepper vegetables to taste. Put in shallow baking dish. Place meatballs on top. Add 2 cups water, 2 tablespoons butter or oil. Bake at 400° for 45-60 minutes. Serves 6.

With this have Sudanese Robe (yoghurt and cucumber salad) : a mixture of 2 chopped cucumbers; a pint of yoghurt; salt to taste; a dash black pepper and garlic powder. Serve on lettuce.

Finish with American hot baked fruits: drained Elberta peach halves; apricot halves; 3 cored, peeled apples sliced 1/2-inch thick; 2 cups frozen or fresh strawberries; 2 firm bananas sliced lengthwise; 1/2 cup Triple Sec; 1/2 cup honey; 1/2 cup brown sugar; 2 teaspoons ground cinnamon; 1 teaspoon nutmeg; 1 cup unsalted walnut halves. Put all the fruit in a 2-quart casserole except the bananas. Cover with liqueur and honey. Sprinkle with sugar and spices. Bake uncovered at 400° for 20 minutes. Remove. Cover with banana slices and nuts. Bake for 10 minutes and serve hot. Serves 8.

Vegetables, particularly frozen green ones, do admirably in the oven and cook along with the meat at the same temperature. Add almost no water. Just plop vegetables into a buttered casserole, dollop with more butter, cover, and let them cook away. Experiment for time. Frozen peas, for example, take about 30 minutes.

Fireplaces should be used. In small fireplaces, patented pressed sawdust logs are excellent; in big ones, the sizzle of apple wood, the smell of pine add cheer. Cooking in a fireplace is fun. Hibachi-type grills work well on any low heavy rack model. Cook directly on the coals too, wrapping meats in foil unless you want them really charred. Foil-bake potatoes, frozen corn, buttered squares of squash in the embers. Shish kebabs are easy if you have a good bank of coals. Just develop a solid base of glowing embers. While so doing, you will heat up the room nicely.

PLEMENT TO HOUSE & GARDEN OF QUICK TIPS SUPER RECIPES EXPERT ADVICE

FOG

CRÈME BRÙLÉE Step by step to a fabulous make-ahead dessert

20 SENSATIONAL HAMBURGERS Tricks and recipes from great cooks DELICIOUS OUICK MEALS IN A WOK by Joan Lorring

RUM-THE SUNSHINE DRINK by Henry McNulty

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20 **Sensational hamburgers** Tricks and recipes from great cooks

by Jane Ellis

amburgers, the classic American way with chopped meat, can be as simple or as elegant as you wish. Here's ow some great cooks who respect is simplicity, love its variations, nd are not above serving them for arties like to prepare their own.

Chips of ice added to the hamurger patties before broiling eep them moist says **James ceard**, who sometimes varies this y adding a little cream or onion ice to the ground meat. For a eally whopping juicy hamburger e suggests searing it quickly in a tillet and finishing off for half a inute in a microwave oven.

"The best hamburgers in all the orld are made in an iron skillet ith no fat just salt," insists Craig laiborne, who heats a heavy on skillet with coarse salt until e salt begins to brown. He apes patties out of ground sirin. "Handle meat lightly, so it st holds together." (This tip om several good cooks! It keeps e meat tender, too much haning makes it tougher.) Sear pates well on one side, flip over ickly with a pancake turner, reice heat and cook until they're ne, about three minutes. When tties are done, season with salt d pepper, top with a pat of but-. Remove to hot serving plate d sprinkle with Worcestershire uce, parsley, lemon juice, Tabas-. Serve on buttered toast.

Mr. Claiborne also makes Paresan hamburgers, which he wes with *al dente* spaghetti and simple tomato sauce. Mix 1 und of chopped sirloin with 4 blespoons butter, salt, pepper, d ½ cup grated Parmesan. Mix th fingers into egg-shaped pats and broil until done.

Mimi Sheraton likes her hamrgers *au poivre*; pounds black ppercorns in a mortar and pestle d presses them into the hamrger patties. She sautés them in tter and deglazes with water.

A brushing of soy or teriyaki ace on the outside and green oper butter on the inside is the y **José Wilson** prepares her

r neat, uniform, 5-inch nburgers, try chrome-plated steel nburger press from Paprikas ziss, which can be bought for \$8. hamburger. Sauté quickly.

Julia Child prefers hamburgers the French way with herbs and flavorings and sometimes a deglazing sauce with mustard and cream. She makes her hamburgers from finely minced, tender cooked yellow onions, lean beef, a little beef suet or marrow, seasonings, thyme, and an egg to bind. Flour and sauté in butter for 2 or 3 minutes. "They puff up so nicely in the skillet." Remove hamburgers and add a little beef stock, dry white wine, or vermouth and reduce liquid, scraping coagulated pan juices. Swirl in a little butter. Mrs. Child might vary this by swirling into the skillet parsley, herb, mustard, shallot, garlic, or snail butter after it has been deglazed with stock.

Edna Lewis Edna Lewis Cookbook (Bobbs-Merrill), now writing a book on her Virginia childhood, mixes her ground meat with a little cold water; likes to spread the patties with a thin layer of soybean) added to ground meat half and half makes an even more economical dish; it's rich in protein and has an undetectable taste.

Lime juice, just a dash, salt and pepper flavor **Diana Kennedy's** hamburgers, author of *The Cuisines of Mexico* (Harper and Row). She likes to cook them over charcoal or on a lightly greased iron skillet just to sear on each side. Serves them with green chili peppers. Thickly slice 1 onion, wilt in a little hot cooking oil, add peeled, seeded strips of chili peppers, cook about 5 minutes longer.

Press dried rosemary into thick hamburgers suggests **Emerick Bronson**, who grills them over charcoal, and does the same with sweet paprika.

Perla Meyers The Seasonal Kitchen A Return to Fresh Foods (Holt, Rinehart & Winston) likes to mix her hamburgers with sage. Longchamps at Sixty-fifth

Street and Third Avenue makes

"Try making a skillet-sized hamburger and cut into wedges"

bacon grease before frying in a very hot skillet.

"Capers give a good flavor to hamburgers," says **Maurice Moore-Betty**, who mixes 4 tablespoons of butter with 1 heaping tablespoon capers. Shape into 4 or 5 balls. Freeze. Form chopped meat around caper butter ball and broil as usual.

"Balls of fontina, Bel Paese, Port Salut or any other quick melting cheese popped inside a hamburger give it a delicious flavor too," says Mr. Moore-Betty.

Vegetable protein (processed



its Bleu Jacques hamburgers with 8 ounces of freshly ground sirloin grilled over very hot coals; at the last minute top with a mixture of blue cheese and sour cream and a slice of Monterey Jack cheese. Melt slightly under broiler.

A great improviser with ground meat is Janet Wurtzberger. She makes "Edible Hamburger" from Private Collections (Walters Art Gallery). Lightly mix 1 pound lean beef, I teaspoon chili powder, ¼ cup buttermilk, salt to taste, and form into four patties about an inch thick. Heat 2 tablespoons of butter with 1 tablespoon olive oil in a skillet and cook patties quickly for about 2 minutes with aid of screen spatter guard. Turn and cook 2 minutes. Turn again and cook 2 minutes; turn yet again for another 2 minutes. Remove and serve on dry toast.

Malvina Kinard, from Cooks Corner in Westport, Conn., adds Gruyère and prosciutto to her hamburgers for special occasions. Combine 1 pound lean hamburger with 1 egg, ½ cup fresh bread crumbs, 1 tablespoon cream, 1 teaspoon salt, few grinds pepper and mix lightly. Form into 6 3-inchwide patties and place in shallow baking dish. Cover each with a slice of prosciutto and top each with a final slice of cheese. Bake at 450° for 10 minutes. Serve with a mushroom sauce.

Carl Sontheimer from Cuisinarts makes hamburgers in his Cuisinarts food processor. Add to the machine ½ pound stewing beef or chuck cut into 1 inch cubes (1 cup tightly packed), 1 cup raw mushrooms, quartered, if large, 1 small tomato, seeded and chopped, ¼ cup parsley, 2 tablespoons allpurpose flour and run machine until mixture becomes coarse hamburger consistency. Add an egg, process 10 to 15 seconds more. Drop by large spoonfuls into preheated greased skillet. Shape into ovals, cook over moderate heat until medium or well done, turning once. Makes 4 patties.

The **Richard Hares** like very thin hamburgers; place ground bottom round patties between wax paper and keep in the refrigerator. Whisked out at the last minute, patties are broiled on a hibachi over charcoal very quickly.

The "21" Club's famous burger is made by sautéeing 1 cup finely diced celery in 2 tablespoons butter until soft. Combine with 2 pounds ground beef round, 2 eggs (beaten), ½ cup water, 1 teaspoon Worcestershire sauce and mix lightly until blended. Shape into 4 1-inch-thick patties, sauté in 4 tablespoons butter 5 minutes on each side for a medium-cooked hamburger.

Tuck a knob of parsley or chive butter in the center of a hamburger suggests **Mrs. Howard Wolfe, Jr.** It melts and gives a lovely buttery flavor.

Sauté a giant hamburger the size of an iron skillet and cut it into pie-shaped wedges. Make miniature hamburgers the size of a quarter and serve with mustard sauce for cocktails.

Dot hamburgers with a little black or white truffle, horseradish sauce whipped with a little cream, hot mustard butter, a homemade tomato sauce, avocado mashed with lemon juice and Tabasco, feta cheese mixed with softened butter.

Delicious quick meals in a WOK

e're the only two-wok, one-car family I know. We have a city wok celebrating its twenty-fourth birthday this August, and a country wok going on eleven. I come by my admiration for this unique cooking utensil quite naturally, having been born in China where I was first introduced to the wonders of the wok by a sweet and beautiful lady, who came to take care of me when I was three. Her name was Ta Mei Mei. It was in Shanghai, and we lived in a very large old house in the midst of beautiful grounds-in one corner of which was a smaller building where all the household help lived. It was the custom in those days for the Chinese who worked for foreign families to be paid a food allowance, in addition to their wages, so that they could cook in their own quarters the foods that pleased them. It was my custom in those days to accompany Ta Mei Mei whenever she went back to her quarters to cook herself a meal, which she very often shared with me, and then return for a meal with my parents later. My love for food showed itself very early -watching Ta Mei Mei cook at her wok, and, in later years, watching sidewalk vendors of all sorts of delectable foods in Shanghai cooking at their woks. Then, too, seeing woks used in the kitchens of private homes in Shanghai I was witness to its adaptability to almost every

Joan Lorring adds diagonally sliced scallion stalks to shrimp, which has just been toss-fold-fried in the wok in swirling hot peanut or corn oil.



EDITOR'S NOTE: A gifted natural cook, Joan Lorring is working on her first book, The Wide World of the Wok. "If I had to choose but one pot for my kitchen it would be a wok," she says, and she uses hers for everything from browning meat to frying eggs. A great bread maker, too, Miss Lorring plans to teach classes in international bread making in New York.

method of cooking and the wide range of quantities that this single pan can accommodate . . . from a teaspoonful of parsley to a whole duck. And it will cook whatever the quantity, in whichever method it's necessary to cook it, to absolute perfection. It will toss-fold (usually called stir fry), deep fry, braise, poach, steam, simmer soups, boil noodles, roast chestnuts, bake yams; it will even smoke foods.

I'm so accustomed to a wok and find it so irreplaceable that when we go away for any length of time I take the wok with me. I wouldn't stir without it! It has traveled with us to Denmark, the British Isles, Italy, Israel, the Bahamas, California, Washington, and on innumerable camping trips, one of which was a three-week trip in a mobile home. On those camping trips, the fuel we used was the original wok fuel, charcoal or wood. This the most ancient of cooking utensils, still being produced, was designed in its half moon shape for several reasons; one to conserve fuel, difficult and expensive to come by in former times, another to conserve space.

We often have Chinese food at home. But I don't use the wok only for Chinese cooking. Sometimes I use it to brown beef, which I'm going to use in a stew, or to brown a pot roast. It's much easier than in a frying pan or a deepsided pan, which might capture the steam and not brown the meat nearly so quickly and efficiently as a wok. I've used it for making beef stroganoff. I think it works for a paella better than any other pan unless you have an enormous wood fire and a paella pan. It seems to me that the wok is the best utensil for deep frying too, because the hot oil won't bubble over. I've used it for deep-frying raised dough, piroshki, samosa (which are deep-fried Indian turnovers of a very light unusual dough), raised doughnuts, tacos, and fried chicken. The wok will deep-fry a great quantity of food, given time, in a much smaller amount of oil. So it's time saving and economical as well. In my 16-inch-diameter wok, in a quart and

by Joan Lorring

half of oil, I can deep fry one and a quarter breaded, sectioned fryers at a time.

The wok is good for preparing vegetables go into stews or as the base for baked, braise or roasted meats or fowl. A mirepoix can't l more simply or quickly prepared than it can a wok. Onions can be cooked in large quanties.

I can't imagine a more nourishment-consering way of cooking vegetables than toss-fol frying them in a wok. They are beautiful color, good in texture and most nourishin provided you don't overcook.

Wok cooking is great for dieters. With a l tle bit of oil, you can cook mountains of veg tables with a very little bit of meat so that t total calorie count is so small you can ev afford to splurge and have a cup of rice with

My favorite wedding present to give a frie (and I can't remember how many such I ha put together in these years past) is a wok a all its accompanying utensils: a spatula, lad straining sieve, wok cover, trivet (on wh pans, plates, or bamboo baskets rest so th fish or other foods can be steamed in the wo and a steaming basket.

BASIC TECHNIQUES OF WOK COOKING

Seasoning a new wok: Follow manufactur recommendation for removal of the protect sealing matter. If it's an old-style steel wol will have a heavy grease sealer in which c put wok and its steel implements over a h flame with 2 quarts water and 2 tablespo baking soda, bring to a boil, wash each pi thoroughly, rinse well, towel dry, evapor remaining moisture over medium flame. Ap light coating of peanut or corn oil on ea piece. Wipe off excess with paper towel. season a wok, cook in it frequently, onc day if possible, in order to build a protect coating (much like that of a well mellow cast-iron skillet). This will allow for fut inclusions of any acidy ingredient. Cook sim dishes for the first thirty or so . . . eggs, me fowl, fish, vegetables or noodles and be sure exclude tomatoes and lemons, or their juid vinegar, grapes, wine. Some grain or root uors are all right to use as flavorings such scotch, bourbon, gin, and vodka. When we cooking surface has acquired an adequate p tective coating, acid ingredients may be cluded in dishes without drawing a meta flavor into the dish.

Washing and drying the wok: To wash

"This single pan can accommodate quantities from a teaspoonful of parsley to a whole duck" tween preparation of several dishes have wok on stove over medium flame. Pour in one cup boiling water, drop in paper towel and using spatula to guide it rub and scrape the surface clean of juices and particles from rim to the center. Swish spatula through water and towel to clean paddle very well. Rinse well and wipe with paper towels. Return to stove and allow to preneat before starting next dish. Fuel: The best fuel is gas, but charcoal or wood or even elecricity can be used.

Cooking in the wok: Preheat wok 5 minutes or more over medium lame. Add oil by pouring from wok's spatula, drawing a circle of it for browning cubed stew meat as well as for browning large pieces of meat for braising or pot roasting. It's even possible to cook from start to finish braised or pot roasted or stewed dishes in the wok, using its cover.

Steamed foods: Plain or seasoned steamed dishes, as well as some steam-cooked pasties and buns, are best done in steam baskets or in perforated aluminum pans both made especially for that purpose. *Vegetables:* Small or large quantities of mirepoix and duxelles (using less intense temperatures than usual since butter can't take high heat without burning) or large quantities of onions, which can be

"It will toss-fold, deep fry, braise, poach, steam, simmer soups, boil noodles, roast chestnuts, bake yams"

il at mid-height of interior surface f wok so oil will heat on its way o the bottom. Oil is hot enough then heat currents make visible wirling movements. Now add first nain ingredient. Increase flame to igh for quick return of heat after bod is added to minimize steamand. To add liquid, have stock or rater boiling and add as for oil.

oss-fold-frying: The rotation of ne foods being cooked in a wok often called "stir-fry" but "stir" ounds leisurely to me. The moon would more closely be deribed by "toss-fold-fry." The degn of the wok allows a great freeom of movement so that a "toss" possible and the motion is a ombination of tossing a salad ith vigor and the folding in of hipped cream except that the diction of the folding is reversed. ide the spatula down the wall of e wok, bring it up to the outer erimeter and toss the food toard the center of the contents the bowl. Repeat the motion ntil the food from all sides has een tossed toward the center. his "toss-fold-fry" sautéeing relts in crisp vegetables with vivid lors and meats, tender and oked without a moment's teaming.'

eep frying: Deep frying at its est presents dry crisp-coated, ilden-surfaced foods containing oist light interiors. The best relts come from having the oil ach the properly high temperare before slipping in the first ece of food.

owning meat: Since steam espes freely from a wok bowl, use quickly browned (depending on the quantity of oil and the degree of heat) or sautéed to a translucent softness, are beautifully prepared in the wok. Mushroom catsup is better made in a wok as "steam" escapes so readily.

Preparation of foods: Most foods that need slicing will call for slicing on a deep diagonal. The greater the cut surface, the quicker the searing and heat absorption, the shorter the cooking time. A deep diagonal slice usually cuts across the long fibers of meat and stalk vegetables in two directions, which makes them more tender.

Several ingredients to be used in one dish are sliced to correspond in size and shape for even cooking as well as for their attractive appearance.

Stalk vegetables need outer fibrous layers peeled. They're then sliced on a diagonal, blanched, and thoroughly drained before being added to a dish.

The leafy parts of thick stalked vegetables are generally sliced, too, for example, Chinese cabbage (Bok Choy) or celery cabbage or scallions, and the leaves added *after* the stalk slices are *almost* ready. In fact, the leaves are more "wilted" than cooked.

Fish of up to about 3 pounds are generally eviscerated, scales removed, fish washed, but otherwise, left intact to be cooked whole by steaming, deep frying, or frying. Large fish are usually cut into cubes for toss-fold-frying or sliced for stir-frying or steaming.

Meats are most often sliced on a

deep, double diagonal into ribbons about 2½ inches long and up to ½ inch wide by ¼ inch thick.

Garlic cloves are usually skinned and left whole to be smashed into one larger, flat unit.

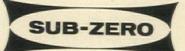
Preparations for cooking in a wok are more detailed since the actual cooking time is very short and requires that all the ingredients for a given dish be "at the ready" when it's time to cook-all the cleaning, slicing, soaking, measuring must have been finished. I prefer to have all the ingredients for a given dish, each in its own container, on a single platter or lined up in rows, each row made up of all the components for each dish. I group together those ingredients that go in first, then the next in the order and the next, winding up with the premeasured dry seasonings (monosodium glutamate, salt, sugar) and then the liquids (soya or corn starch combined with stock or water, if thickening is needed). Individual plastic ice cube forms or individual cream and jam containers (saved from meals served in airplanes) are good for small ingredients. Sesame oil is the one ingredient I never put in a separate container; just put the bottle in its place in the line-up.

Sesame oil, added for seasoning as a rule, is used sparingly and included in a dish after it's cooked and the flame has been turned off. Pour several drops onto the bottom of upturned wok spatula and dribble evenly over the surface of the cooked food. Toss-stir to mix in thoroughly the sesame oil.

Marinades for meats, fowl, and some fish dishes generally call for a combination of soya and a rice wine (for which some other light grain liquor may be substituted) or dry vermouth, sherry, and sometimes an egg white along with some other seasonings.

When a large portion of grated ginger is called for in a marinade, be sure not to exceed 20 minutes marinating time.

Oils: The oils least intrusive in flavor are peanut and corn oil. They are acceptable for Chinese dishes. Olive oil for wok cooking is acceptable for those dishes, other than Chinese, in which the olive oil flavor is desirable. Cottonseed oil or "vegetable oil" mixtures or hydrogenated vegetable oils have decided flavors too strong for Chinese, as well as most other dishes. Fried chicken is sweeter, more chicken-flavored when fried in peanut or corn oil rather than any *Continued on page 100*



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Crème Brûlée Step by step to a fabulous make-ahead dessert

rème Brûlée is an elegant, rich dessert, which can be prepared ahead for a party or dinner. It is a light, not sweet baked custard topped by a crisp crunchy caramel crust. It is the contrast between the tender custard and the crunchy caramel crust that makes this one of the great desserts. Crème Brûlée (pronounced krem-broola'), brûlée meaning burnt or caramelized, is deceptively simple to make and it is a great make-ahead dessert for the hostess whose time is at a premium. This recipe from Mrs. David Wartels (who takes you through each stage in the pictures below) is from the New York Junior League cookbook to be published in the fall by Doubleday.

The custard may be made 2 to 3 days in advance and stored in the refrigerator well wrapped. It should be well chilled before the final caramelizing takes place. Do not freeze the custard. The sugar crust should not be made more than a day in advance or it may lose its crunch. Having the custard well chilled before caramelizing, eliminates the necessity of setting the dish in a pan of ice cubes to prevent the custard from melting under the broiler.

A vanilla bean gives an especially nice flavor to the custard although you could use 2 to 3 tablespoons of vanilla flavoring made by infusing vanilla bean in cognac or very dark rum (Myers is good), for at least 2 to 3 weeks. A little of this flavoring can be used in combination with a bean in the custard or use 3 teaspoons of vanilla extract.

The caramelizing is not difficult if you are cautious. If one part of the sugar starts to burn, put a tiny piece of foil over it or pull out from under broiler. Rotate dish as necessary under broiler to make browning and caramelizing even. Crème Brùlée may be served warm a few minutes after it comes out of the broiler, or if you make it in advance, allow to cool a few minutes then refrigerate uncovered or lightly covered. Remove from refrigerator at least 30 minutes before serving. It is important to put sugar topping on custard just b fore broiling. If sugar is left to long it will harden and not car melize nicely.

CRÈME BRÛLÉE

Ingredients: 1 quart heavy crean 1 vanilla bean; 4 tablespoons su ar; 8 egg yolks; salt; ¼-1 cup Dom no light brown sugar. Method: Preheat oven to 350°. a large saucepan scald cream wi vanilla bean. Add sugar and si until sugar is completely dissolve

In a large bowl beat egg yol until light lemon color, then s hot cream mixture carefully in yolks with a pinch of salt.

Strain mixture into a 10-in shallow baking dish or eight ounce ramekins. Place dish in pan of hot water and bake in 350° oven for 50-60 minutes; ba ramekins 35-40 minutes. Custa is cooked when a knife inserted center comes out clean, or alm completely clean; the custard w continue to cook a bit as it coo Cool. Refrigerate until chilled.

Push light brown sugar throu a sieve. Spread on top of custa making a layer about ¼-inch thi It must be as smooth as possib Broil about 4-6 inches from broi until sugar has caramelized; tu dish as necessary so sugar caramizes evenly. This process ta about 2 to 4 minutes and deper on degree and tone of carameli tion desired. Cool before servin

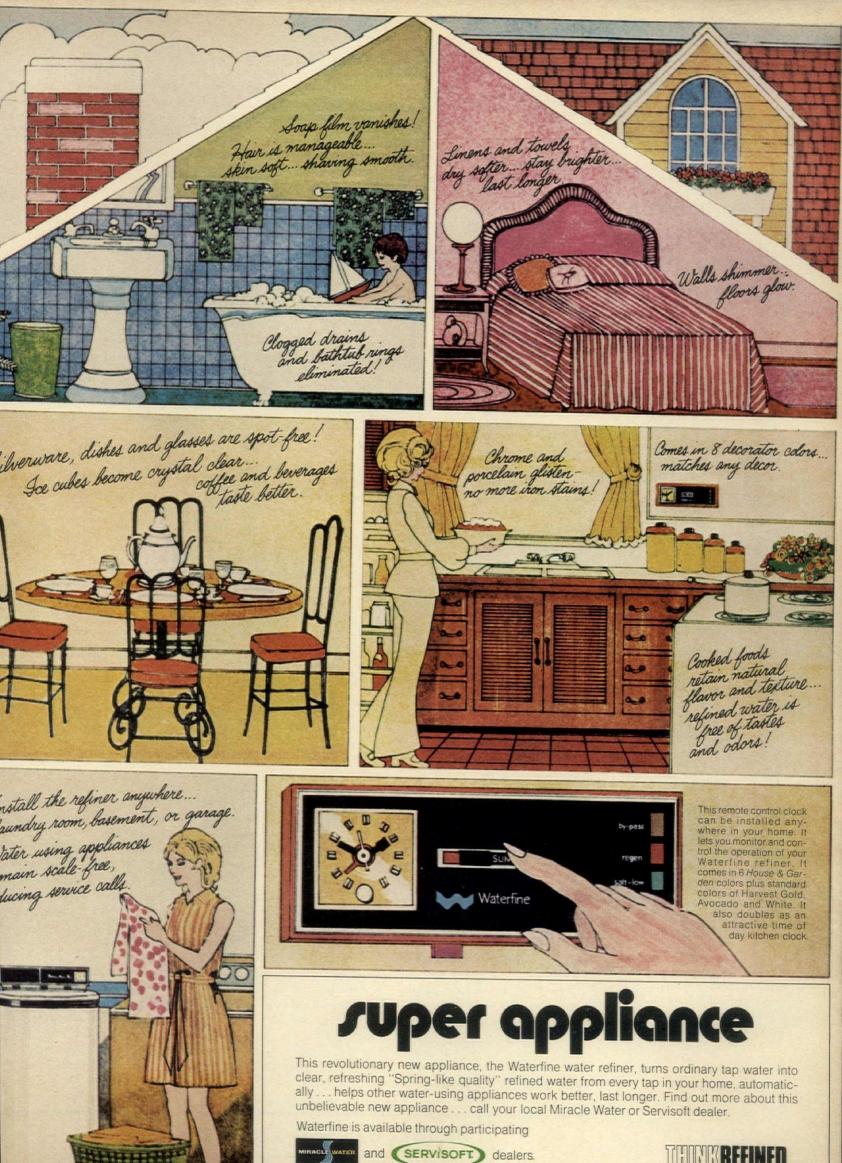
To serve, crack the crust w the back of a spoon and serve piece of crust with custard. Ser 8 to 12. ■



"The contrast of the barely sweet custard and the sweet crunchy crust makes a delicious dessert"



 Penelope Wartels whisks room-temperature egg yolks, in a deep bowl, with a steel whisk until they are pale lemon color. 2. Cream that has been scalded (heated until very hot but not boiling) in a thick copper pan with a vanilla bean is whisked lightly into the egg mixture. 3. Custard is poured through a fine strainer into a baking dish, a 10-inch scalloped flan dish is a good size and shape or individual porcelain ramekins. 4. Set baking dish and custard in a roasting pan with hot water inside to come halfway up the sides of the baking dish. Be careful not to spill water on the custard. 5. When custard has been baked and well chilled in the refrigerator, push light brown sugar through a strainer into a bowl.
 Spoon sieved sugar onto top of custard and spread all over to a depth of ¼ inch. 7. The sugar topping should be as smooth as possible. Finish off with a finger stroked gently over entire surface to make sure sugar is flat and quite smooth. High spots will burn and become black instead of golden caramel shade.



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Rumthe sunshine drink

by Henry McNulty

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ou may only think of rum as fun to drink, but that is probably because you have never meandered much in the Caribbean where the real thing is made and rum is a way of life. Listen to Mona Defour, an amber skinned twenty-two-year-old-Trinidadian beauty on the subject. "Let us not," she admonishes sternly, "look at rum as a thing that just keeps us happy, because it can be used in many other ways!

"It is one of the best ingredients for seasoning meat" she continues, "especially wild game killed in the forests. It preserves meat, ridding it of its wild taste and adding a new flavor. It is also used for soaking fruit in preparation for making wedding and Christmas cakes, and improves the flavor of freshly made orange and grapefruit juice.

"Long ago, mothers did not know about Johnson's Baby Cream or oil wash. They kept their babies bodies smooth and free from rash by mixing rum and coconut oil together and rubbing their babies with it. I can still remember whenever we had a headache and we had no tablets of Limacol at home, we used to soak our heads with rum and the headache would disappear." Trinidad sounds a wonderful place for hangovers.

But that is not all. Mona says that, "whenever a child had pneumonia, the older women mixed nutmeg, soft candle wax, and rum together and rubbed the child with it. I never dreaded having toothaches because I usually soaked my bad tooth with rum. This is as good as cocaine. Many of the older folks use it as a guard against ill health. If at any time they should fall or hurt themselves in any way they will soak a green papaw in rum and drink it, so as to melt the clots of blood inside them." Well, that brings us back to fun-rum things to drink, for rum is a most mixable and blendable alcohol.

Rum is a spirit distilled either from sugar cane juice, in the oldfashioned way, or from molasses. The United States is the world's largest producer of rum from "blackstrap." In Colonial days, rum was used as ballast when ships returned empty to Europe after a slave trip Westward. Moravian missionaries shared space with these more volatile spirits in the old "rum and Bible ships" to Labrador for preachments in the early days of this century.

Rum is made wherever sugar grows, even Russia makes some. But the Caribbean is its true home where some of it is as smooth as a fine liqueur brandy. In the islands most people drink it almost as soon as it comes out of the still. But it is probably preferable to wait for a blender, a sort of spirituous adviser, to marry the various types and give you a legitimately wedded and properly mature blend. This takes about three years, but rum continues to improve in oak casks for twenty years or more.

Almost wholly confined to sailors in its early days, rum drinking became popular during the cocktail era after the First World War. Rum's flavor depends on the esters (or impurities) in it, and there are almost as many flavors as there are islands in the Caribbean. Rums tend to be darker and heavier the farther south you get. Jamaican and Martiniquais rums are the most highly flavored, with two or three times as much esters as the US made stuff, and five times as much as the light Cuban version.

Some Jamaican rum is like a black syrup it is so thick, while Barilla rum from Puerto Rico is almost as clear as gin. British Guianan Demarara has things like plums, raisins, and spice added to give it a fruity taste. Pale gold Cuban rum is made from molasses. Barbados rums are often flavored with bitter almonds, sherry, and even raw steak!

Old New England was once a big rum producing area, and the tax on rum was one of the irritants that helped to bring on the Boston Tea Party and the Birth of a Nation. In fact, Paul Revere is said to have stopped for a tot of rum before setting off on his famous ride whether to bolster his courage or to keep warm is a moot point.

In the French islands where some of the best aged rum is made, they still speak Creole. Not to be confused with pidgin, Creole is a mixture of French or English and African dialects. Today it is a true language on its own—the final evolution of mixing dialects—and used by entire populations. Pidgin is the specialized talk once used by Colonists and their employees trying to understand each other.

Being both French and West Indian, the cuisine of the Antilles is as delectable as its drinks, especially seafood like "feroce" (salt cod roasted and shredded in a hot onion sauce laced with pimiento, mashed avocado, and manioc flour), or "matoutou" (boiled crab with rice) typically eaten on Easter Monday picnics. In Paris, near St. Germain-des-Près, a bar called La Rhumerie makes all manner of Creole potions. There you can sample one of the best of the dark rums, Rhum St. James, from Martinique, made by slow distilling of pure sugar-cane juice-amber, aged, and delicious.

Rum is what makes the Caribbean world go round, and the national drink, no matter what nation you may visit is Rum Punch, slightly varying from place to place, but basically similar. The Trinidadian version is made by mixing 1 bottle of dark rum with syrup (made with 1½ pounds cane sugar in 1 quart of water, boiled until the sugar dissolves), the juice of 8 limes, and several dashes angostura bitters. Stir well and serve with crushed ice and a cherry. Sprinkle each drink with ginger or nutmeg. The longer it's kept, the better it becomes, so make a lot and keep it cold.

Another version is **Punch-à-Crème.** This needs 6 egg yolks beaten into 2 tins of evaporated milk and 1 tin condensed milk (depending on how rich and sweet you like it), until the mixture is thick and creamy. Into this pour ½ bottle dark rum, add several dashes angostura, sprinkle the drinks with nutmeg and enjoy.

But the real way to drink rumthe way its inventors do-is as follows. "Ever since I can remember," says Mona, my source of all rum knowledge, "I have been drinking rum. Every Trinidadian loves rum, *Continued on page 100*

"There are almost as many flavors of rum as there are islands in the Caribbean"

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"The longer rum punch is kept, the better it becomes, so make a lot and keep it in the refrigerator"

RUM continued from page 98

and knows how to enjoy it. It is an art. Unlike whiskey, rum is not mixed with water or ice, and it is not a drink to be sipped. First you pour out the amount you can drink in a rum glass; open your mouth, pour this slowly down your throat and swallow immediately. You can chase it with water or a soft drink. Then all that is left in your mouth is the cool-burning taste and smell."

The strongest drink in Mona's lexicon is a perilous potion, "commonly known as T.D.L. [Trinidad Dangerous Liquor], and only very strong people can drink it. Other favorites are Old Oak, Black Label, White Star, and Vat 19, and a very popular one that comes from Barbados called Mount Gay Eclipse.

Even the local population finds these a bit tough to drink straight, she says. "In the olden days the only soft drink that could be found was coconut water, so they formed a mixture with rum and coconut water and thought it made a smooth blend. This mixture is still popular among the older folks."

Mona's own invention is "Liquor" made with sorrel. Make a tisane by pouring boiling water on half a pound of sorrel flowers, from which the seeds have been removed (she means petals). Let this cool, and strain the petals out, sweeten to taste. Mix 1 pint of this infusion with 1 pint of rum and let it stand for five days. Drink it then, neat, as an after-dinner liqueur. Another good liqueur-like concoction is made with coconut, green ones preferably, but "up North" dry, brown ones will do. Bash in one of the eyes, pour out the milk and fill the nut with young rum. The white type is best for this. Plug the hole and leave it for six months-the longer the mellowerin a cool place. Some even bury it in the ground for this aging period. Then drink it neat.

The British are great rum connoisseurs, perhaps because of their naval tradition that decreed that sailors should have tots of rum before going into battles, of which they used to fight a wearisome number. That tradition has recently been abolished, but hot rum and coffee, once the British working man's morning beverage, is a wake-me-up still in use at London's Covent Garden market in the dawn hours. Scottish loch water, by the way, is claimed to be the "only" thing for reducing rum's alcoholic strength.

In St. Michael's Alley, not far from the Bank of England, is one of the oldest "cauphe houses" left from the days of Samuel Pepys, the Old Jamaica Wine House. Founded by a Turk named Pasqua Rosee, the "best rum is obtained there" according to an old 1795 guidebook, and Roses Jamaica Rum, Lemon Hart, Captain Morgan, Coruba, and Myers Rums are still specialties of the house. A nip or two of these nectars prepares you admirably for an excellent English meal at the George and Vulture an almost equally ancient, noisy, crowded pub across the street.

Some old faithfuls of the rum drinking set should be mentioned because they have been part of America's Heritage since the bad old days of Prohibition. Most rum drinks are sweet because sugar or sweet liqueur is often part of their recipe, but you can experiment with leaving out most or all of the sugar. A Daiquiri, for instance, is 2 ounces Bacardi rum, 1 teaspoon sugar syrup and the juice of 1 lime, shaken and poured over crushed ice. A Marie Galante is 3 parts Martinique rum, 2 Triple Sec, juice of 1 lime. A Port Royal uses one part Jamaican rum, 1 part Tia Maria, 1 teaspoon lime. This is supposed to cause the bells of a sunken church off Port Royal to peal at each ministration. A Hot Buttered is 3 ounces Jamaican rum, 3 cloves, 1 teaspoon brown sugar, pinch of cinnamon, 1 teaspoon unsalted butter. Dissolve the sugar in a tall glass in a bit of hot water, add the rest of the ingredients. Stand a spoon in the glass and fill with hot water.

Try an **M.J.P.** for a dry rum drink. This is a jigger of dark rum, juice of half a pink grapefruit, no sugar, lots of ice, stir and drink.

The thing to have, besides a good rum drink inside you, is what the Creoles call a "ti-mousse," or little monster. This is a sort of private sprite born from an egg laid by a black hen on Good Friday and hatched by holding it in your armpit. This goblin eats nothing but meat and is entirely devoted to its owner. If you own one, you will succeed in everything you undertake, which is essential for amateur cooks and bartenders—for instance, to prevent curdling in:

Rum Chicken Fricassee, a French Antilles dish: Cut a chicken in quarters and brown the pieces in a casserole in butter. Add a quarter pound chopped mushrooms, sauté for a minute, then pour in a warmed cupful of Jamaican or Martinique rum. Flame it. Pour in 2 cups bouillon, salt, pepper and let simmer for half an hour. At the last moment add a sauce of 1/2 cup thick cream, which you have heated and mixed with 2 beaten eggs. (This is where you need a "ti-mousse"). Let this cook over a low flame for about one minute. Serve garnished with tomatoes that you have cut in half and sautéed quickly in a little butter.

Rum French Dressing is another exotic way to use rum, and wonderful on green or mixed salads. Three tablespoons olive oil, 1 tablespoon lemon juice, 1 tablespoon light Ronrico rum, 1 teaspoon minced spring onion, 1 teaspoon minced parsley, ¼ teaspoon dry mustard, dash of Worcestershire sauce, salt and pepper. Mix them all thoroughly.

Or for eating with a rum punch, you might like **Rum and Gardenia sandwiches.** Marinate the petals from one or more gardenias (one way to use those old corsages), depending on how much aroma you can take, for a few hours. On buttered white bread, spread thinly sliced cucumber, and on each slice lay 1 or 2 gardenia petals. Spread on mayonnaise to your liking, cover with another slice of bread, and there's your tropical sandwich.

Then there is **Rum Pot**, an old German idea that can be both imbibed and ingested. Fill a large container that can be tightly closed with layers of sliced fruitbananas, pineapple, and orange are good together; or plums, cherries and apples-pour in enough rum to cover the fruit and let it stand for a week or more. The liquor becomes very fruity and makes delicious sipping, while the fruit itself is marvelous over ice cream.

And to cap the climax, or top off the whole business, you may improve both your health and your looks with proper applications of a bottle of French of London's **run shampoo**, taken externally, of course, which, I understand, is supposed to be obtainable in most fancy drugstores.

QUICK MEALS IN A W

continued from page 95

of the others.

Preparations and timing in lowing recipes are recomment for 16-inch wok.

BRAISED PORK AND RIC Ingredients: 3 tablespoons of oil or more, if needed; % cup o diced; 1/2 teaspoon powdered c (or more to taste); 2 pounds b less lean pork, cut into 1 cubes (approximately 4 cups cup converted rice; 1 quart stock, chicken stock, canned by or cubes dissolved; 1 #2 whole baby beets, drained serve liquid, %-1 cup per can) proximately 18 beets or 11/2 drained beets; 3 teaspoons le juice (1 large ripe lemon); 2 spoons salt; 2 teaspoons suga cup scalded peas for garnis thawed frozen peas (or cooke desired texture).

For stock: Break and chop h and cartilage of a loin roast s enough to pack a fairly solid in stock pot. Add 1 quart a cup water; 1 onion studded w whole cloves; 1 bay leaf; 1 ril ery; 10 juniper berries crus Bring to a boil, reduce to sin and cook tightly covered for hours. Or use 1 quart chi stock or College Inn Chicken I simmered and covered with 3 water and 6 whole cloves an crushed juniper berries.

Method: Preheat wok over n um flame. Use 1 tablespoon oi wilt onions, remove from wok aside in large bowl and spr with powdered clove.

Add 1 tablespoon oil to wol increase flame to high, add ha cubed pork, toss-fold-fry qu to oil and sear all surfaces. Ret pieces as they are ready and them to the bowl of onions. Re with remaining meat and add oil if needed. When all the and juices have been rem from wok, add another spoon oil and the raw rice and toss fry until all the grains are tra cent. Mix the pork cubes, dered cloves, and wilted o well, add to rice in wok, be su add all the juices accumulat the bowl, toss-fold-fry to con meat and rice, pour in 2 cups ing stock and continue still When stock returns to boil re flame to medium and cook, sti now and then to prevent stic until most of the liquid has absorbed. Check texture of ri it is not almost ready add boiling liquid and cook, sti until most of the liquid has absorbed, check rice once a Repeat if necessary until rice "Wok cooking is great for dieters. With a little bit of oil, you can cook mountains of vegetables with a very little bit of meat"

most ready. Pour in juice from beets combined with lemon juice, salt, and sugar. Cook, stirring until liquids have almost evaporated, stir in beets and cook, stirring for 2 minutes more. Transfer to warm serving platter and sprinkle over beas for garnish. Serves 6.

SHRIMP AND SCALLIONS

Ingredients: 2½ pounds shrimp (12-15 per pound); 8-10 scallions with full length leaves, if possible; 2-3 tablespoons peanut or corn oil; 2 teaspoons cornstarch; ½ teaspoon nonosodium glutamate or ½ teapoon sugar (optional); ½ teapoon sesame oil or 2-3 tablepoons toasted crushed sesame eeds.

1ethod: Shell, clean, and devein hrimp and place in paper-towelined colanders to drain well.

Wash and trim scallions and slice n a diagonal in lengths about ½ he length of shrimp keeping white talks and green leaves separate. Iave all ingredients at room temerature. Preheat wok over medim heat and add peanut or corn il.

Sprinkle 2 teaspoons cornstarch ver shrimp and toss. Increase ame to high. Put shrimp into wirling hot oil, toss-fold-fry for 1 ninute. Add white stalks of scalons, continue to toss-fold-fry for minutes more. Add scallion eaves, and MSG or sugar quickly nd toss-fold-fry for 2 minutes. urn off flame, continue tossing otion with spatula another minte. Add sesame oil, toss to disibute evenly. Quickly remove to arm shallow platter. Serve at nce with steamed rice and steamilted spinach. Serves 4-6.

STEAMED GINGER CHICKEN AND PEARS

agredients: 4 tablespoons fresh rated ginger root (or very finely hopped); ¼ cup light soya; 2 blespoons vermouth; 1 egg hite; 4 whole chicken breasts, ingless, boneless, and skinless; green Bartlett pears, unpeeled, ored, sliced in quarters.

Tethod: Soak ginger in soya sauce or 1 hour. Drain and press ginger extract all liquid from it—disard the ginger residue and beat vermouth and egg white. Halve e chicken breasts—pour ginger asoned marinade into a 10-inch ass pie plate, put the chicken inthe marinade, turn to coat on oth sides, seal with plastic film. arinate at room temperature for just 20 minutes. Preheat wok over medium heat. Place wok trivet in position, pour in 1 quart boiling water, increase flame to high.

While water comes to a rolling boil, arrange pear sections in circle, stem end to center of pie plate. Arrange chicken pieces on top. Drizzle marinade over chicken and pears. Place pie plate or bowl on trivet over water, which should be at a rolling boil, top with wok cover and leave to steam for 20 minutes without raising cover. Remove cover, add a pint of boiling water, turn chicken pieces over gently, replace cover, and steam 20 minutes more. Arrange pears and chicken on a warm platter and serve with an endive salad, lemon dressing. Serves 4-6.

VEAL PIQUANTE

Ingredients: Juice of 1 lemon and 1 tablespoon zest (set zest aside in plastic wrap); ½ teaspoon finely crushed rosemary or 1 teaspoon rosemary leaves crumbled; 2½-3 pounds boneless 1-inch veal cubes; cornstarch (enough to coat veal lightly); 2 tablespoons olive oil; 2 tablespoons butter; 1 cup sliced fresh mushrooms (about 4 ounces); 1 teaspoon salt or to taste; 1 cup veal or chicken stock (if using canned or cube bouillon adjust salt); ¼ cup marsala or sweet vermouth; (if thickening is desired, make a paste of 1 teaspoon arrowroot flour in 2 teaspoons water); chopped parsley.

Method: In a bowl (glass, ceramic, or enamel) combine lemon juice and rosemary. Add veal cubes and mix (with hands or wooden Continued on page 102



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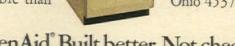
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QUICK MEALS IN A WO continued from page 101

spoon) to distribute marinad evenly. Cover with plastic fil Marinate for a minimum of . hours or up to 4 hours. Drain me and pat lightly with paper towe ing. Toss meat in enough cor starch to dust lightly; shake a excess. Preheat wok over mediu flame for 5 minutes. Add oil an butter at mid-height of wok and heat. When oil is swirling hot, i crease flame to high, add veal an toss-fold-fry until the cubes' su faces are sealed and slight browned. Remove cubes to a bo as they are ready. When they a all browned, reduce flame to me um, return the veal to the wok, a the sliced mushrooms toss-foldlightly for 2 minutes. Combi salt, stock, marsala or vermou and add them to veal and mus rooms. Allow to come to a simm Continue simmering uncovered 10 minutes (if yeal is from a te der cut it may be served a lit pink) or up to 40 minutes if v is from a less tender cut as should be served stewed.

Use cover for 20 minutes longer cooking time removing for last 10 minutes. Add julienn lemon zest last minute of simm ing. For a thicker sauce, make arrowroot paste in the wok la and into it scoop up some of t liquid from the wok's conter stirring continuously with tip the wok spatula. Now pour bler ed arrowroot paste and sauce ba into simmering veal, stirring w spatula until sauce has thicken sufficiently. Remove to warm shallow serving bowl. Garn with a light sprinkling of chopp parsley.

GREEN AND YELLOW SQUASH

Ingredients: 3 tablespoons pear or corn oil; 2 large cloves garl squashed; ¾ pound yellow squa sliced ¼ inch thick, on deep diag nal; ¾ pound zucchini; 1 teaspo salt, or to taste; 1 teaspoon rega (Greek oregano) or regular o gano (omit if serving with herb meat dish).

Method: Preheat and oil we Add garlic, stir until golden, tu flame to high and add squash a zucchini at once tossing until slices are oil covered; fold-fry fo minutes more and add salt. Redu flame to medium. Add regani oregano and toss-fold-fry for minute. Remove from wok or warmed platter. Serves 4-6.

RED AND GREEN PEPPERS Ingredients: 4 tablespoons oil; medium onions, quartered a sliced; 1 large clove garl squashed and chopped or u press; 1 teaspoon crushed red ch pepper or to taste (optional); 5



large red and green peppers, washed, cleaned, sliced into strips; 1 tablespoon cider vinegar; 1 teaspoon salt (or to taste); ½ teaspoon sugar.

Method: Preheat and oil wok. Increase flame to high and add onions, toss-fold-fry until onions are translucent, add garlic and chili pepper and continue to tossfold-fry for 1 minute. Add pepper strips, fold-toss until peppers are evenly oiled. Add a little more oil if needed to prevent burning. Reduce flame to medium and, stirring, cook for 3 minutes. Sprinkle on vinegar, salt, and sugar and reduce flame to low, toss-fold-fry for 2 minutes more. Serve or keep warm on platter, uncovered, over not water. Serves 4-6.

PARSLEYED PEAS

ingredients: 2 tablespoons oil; 2 whole scallions, sliced finely; 1/2 cup hopped parsley; 1/2 cup sliced enlive or lettuce; 2½ pounds fresh beas, shelled (about 21/2 cups) (if new tender peas, sprinkle with 2 ablespoons water, if older and a it starchy put in colander and our over 2 quarts boiling water nd drain) or 2 10-ounce boxes rozen peas, thawed and drained; teaspoon salt for fresh peas, % easpoon for frozen, or to taste; ½ easpoon sugar; 1 tablespoon buter.

Iethod: Preheat and oil wok. Add callions, parsley, and endive or ettuce, stirring between each of nem to coat well with oil, increase ame to high, add peas and tossold-fry for 3 minutes. Add salt, igar, and butter and fold-toss igorously for 1 minute. Remove warmed dish. If you prefer soft ooked vegetables, cover and eam for 2-5 minutes. Serves 4-6.

BROCCOLI

agredients: 2 tablespoons peanut corn oil; 4 quarter-sized slices of esh ginger (or use powdered dry inger in sauce mixture) or 2 large arlic cloves (if serving with ginered main course); 2 pounds esh broccoli or 2 boxes frozen, awed, well-drained broccoli.

ethod: For fresh broccoli sepate blossom ends from stalks and t aside. Trim stalks using a vegeble parer or sharp knife, peel vay their fibrous outer layers aving only tender flavorful cores. ice on deep diagonal into inch ick slices. Blanch stalks for 1 inute in boiling water, drain oroughly at once. Toss in a dish wel to dry. Follow same process ith flower ends and squeeze alost dry. Keep stalks and blossom ds separate.

For frozen broccoli thaw and ueeze dry. Separate and set aside ossom ends from stalks. Cut alks into 1-inch-long pieces.

gredients for sauce: ½ teaspoon wdered garlic or ½ teaspoon powdered ginger; 11/2 teaspoons salt or to taste; ½ teaspoon sugar; 1 tablespoon arrowroot flour or corn starch; 1 cup pork or chicken stock (or bouillon cube diluted); 2 tablespoons butter.

Method: In a pint-sized bowl combine garlic or ginger, salt, sugar, arrowroot or corn starch, with a little stock to make a smooth paste. Add more stock to measure I cup and stir well. Add butter.

Method for cooking broccoli: Preheat wok over medium flame and add oil. Add ginger or garlic, if using fresh cloves or fresh ginger root stir once or twice, add broccoli stalk pieces to wok and tossfold-fry for 2 minutes. Add blossoms and continue toss-fold-frying for 1 minute more. Increase flame to high. Beat sauce mixture well to combine seasonings thoroughly, pour over broccoli and stir continuously for 2-3 minutes or until sauce has bubbled and thickened.

BEEF STROGANOFF

Ingredients: 2 pounds welltrimmed flank steak; 2 large onions, finely diced; 5 tablespoons peanut or corn oil; 3 pound mushrooms, 2 teaspoons each salt, flour; 2 teaspoons salt; 1/2 teaspoon coarsely ground pepper; 6 tablespoons tomato paste; 1 teaspoon sugar; ½ cup homemade° or commercial sour cream.

Method: Roll steak with grain. Slice at 2 inch intervals. Unroll strips, slice each on a deep diagonal to both length and thickness. Slices should be 2 to 3 inches long. Place whole mushrooms in large bowl, sprinkle with salt, flour, cover with cold water, quickly stir through liquid. Shake and drain in a colander. Slice. Put meat in large bowl, drizzle over 2 tablespoons oil, mix well. Preheat wok, add remaining oil. When swirling hot, add onions and toss-fry until translucent. Turn flame to high stirring onions. As onions begin to brown, add meat. Toss-fry till all meat surfaces are seared (about 2 minutes). Add mushrooms, tossfry through meat. Stir in tomato paste, salt, pepper, and sugar. Reduce flame to medium, toss-frv about 3 minutes. Stir in homemade sour cream, reduce flame to low, simmer 2 minutes, turn off flame. toss-fry again, cover and leave on stove to rest for 5 minutes. Uncover, stir and transfer to serving dish. If you use commercial sour cream, have it at room temperature and add after 5-minute "rest."

*NOTE: Homemade sour cream has a higher percentage of butterfat and cooks without curdling. Blend ½ pint heavy cream with 3 tablespoons plain yoghurt in glass jar. Keep uncovered at about 100° 8-12 hours. Stir, cover and refrigerate for 24 to 36 hours until very thick.



store decorating department. Postage indicated by (

COVER

Handpainted stool: \$85. At Stephen Barany.

FURNITURE ZEST Pages 58-59:

Collapsible bamboo table: removable tray top. "Magic Cube": available in wood, brass, stainless steel. Folding chair and ottoman: positions 5 ways. All 3 pieces designed and patented by Gabriella Crespi. Table: 1234" sq. x 14" h., solid square metal rod base. \$717. At Harvey Probber.* "Brusadelli" furniture: bed covered with cotton fabric; console table, rectangular table are glass topped; sofa and armchair upholstered in denim. By Base Interiors. "Eta Beta" canvas tent: basic octagonal unit with interior table and cushions. Units may be added to form a series of chambers. By Societa Anonima Castelli. Chair: canvas sling seat, stainless steel wiring and tubing. From The Maplewalnut Studio.* "Pillorama": foam pillows covered with canvas, tied with tapes. By Knoll Overseas Ltd. At C & I, Paris. Apple trunk table: 20" diam. glass top; 13" h. base, \$300. From Luten, Clarey, Stern.* Table: 18" w. x 32" d. x 26" h., cantilevered shelf. At Interior Enterprises. Pages 60-61:

"Flap": convertible square cushioned chair, zippered slipcovers for easy cleaning. By BBB Bonacina. "Teorama": tent-like flaps suspended above wedge-shaped cushions. By Poltrona Frau. Hot pink chaise: 75" l. x 36" w. x 25" h., on casters. \$775; table: 251/2" w. x 43" l. x 121/2" h. Both pieces at Turner Ltd. Mobile vanity: 25" w. x 22" d. x 52" h., middle drawer pulls out to form a dressing table, stained wood available in several colors. Contact Saporiti Italia USA, Thomas Campaniello Associates. Tshaped table: 25" sq. x 24" h., top section has drawer. At Interior Enterprises. Brass sculptured table: 12" w. x 22" l. x 18" h. By Gabriella Crespi. U-shaped table: 24" w. x 40" l. x 15" h. \$400. From Luten, Clarey, Stern.* "Blub-Blub" chair: 32" w. x 33" l. x 26" h., pressed foam rubber frame upholstered in stretch jersey. \$360. At Turner Ltd. Table: 52" diam. glass top, 111/2" h., iron base. At Galerie-Boutique Germain. Chair: 30" w. x 27" d. x 41" h., of beech and natural canvas. By Germa. Pages 62-63:

Magazine rack: 40" sq. x 16" h. By Depa. Wall-hung chair: wood slats attach to 2 lacquered tracks. By Del Piccolo & Ridolfi. Chair: 38" w. x 381/2" l. x 271/2" h., available in many shades of leather. \$995 shown in linen. From the deSede Collection at Turner Ltd. Chaise: 80" l. x 48" w., rattan frame. By Germa, U-shaped table: wood inner base, exterior surface of dowels. \$450. At Interior Enterprises. Shell chair: 36" w. x 32" d. x 42" h., leather

seat cushion. At Vitorio Bonacina, Coffee table: 55" x 331/2" x 121/2" h., glass top. Stripe available in several colors. \$650. At Turner Ltd. Table: Lshaped units are 4" poplar secured by steel bolts. At Mixed Media Design. "Centopercento" chair: 40" w. x 38" d. x 31" h., one of many units for sectional seating system by Zanotta. At ICF.* Sculptured wood coffee table: 18" w. x 40" l. x 18" h. In a limited, signed edition. By Keller-Williams. At Lord & Taylor. "Canapouf" elements: pieces covered in Racine jersey. At Boutique Canapouf, Paris. SUPER KITCHEN

Page 64:

Chesapeake sofa: 84" l. x 351/2" w. x 311/2" h. \$599. Stratford wing chair: 31" w. x 28" d. x 401/2" h. \$249. Secretary base and top: top, 38" l. x 12" d. x 36" h., 2 glass doors, 4 drawers, adjustable shelves. \$260; base, 37" w. x 18" d. x 42" h., 3 drawers, 4 shelves. \$440. Double rudder drop-leaf table: 66" l. x 18" w. x 29" h., oak with Clarendon finish. \$230. Drop-leaf coffee table: 60" l. x 18" w. x 16" h. \$175. Windsor armchair: 21" l. x 16" d. x 40" h. \$105. Windsor side chair: 20" l. x 19" d. x 38" h. \$71. All furniture by Pennsylvania House. "Kalmia" cotton and linen fabric: shown on sofa and chairs, 50" w., 31" repeat. From Clarence House.*"CedarWeatheredbord" plywood paneling : used in living area, 4' x 8' x 5/16" thick. \$15 per panel. By Evans Products. Paint used on ceiling: by Tru-Test. At True Value Hardware Stores. "Miracle Bricks": faux brick for fireplace wall, 21/2" x 71/2" x 1/4" thick, Master Pack contains 4 boxes, each covers 5 sq. ft, area. \$35.80. By Dacor, Inc. Fireplace equipment: antique andirons: 161/2" h., \$260; fireplace brush, \$7.50; five fold fire screen, 19" h. \$180; antique fireplace tools, \$210. All from Edwin Jackson, Inc. Beams and posts: available in distressed white pine, spruce, or hemlock. Stock and custom lengths, colors. \$3 a running ft. Write to Vermont Barnboard for nearest distributor. Portuguese grospoint rugs: 6'4" x 8'10", \$1400; 8' x 9'10", \$1920. Both by Harmony Carpet. "Tulip" quilt: shown on daybed; "Starry Crown" quilt: shown over sofa back, \$350 each, made to order; patchwork pillows, \$35 each. At Such Outlandish Stitches. Needlepoint pillows: from a large collection of readymade and do-it-yourself pillows from Woolworks. Posters: "Stamos," \$40; "Seattle Center" by Claes Oldenburg, \$60; "André Emmerich Gallery" by Morris Louis, \$45; all with chrome frames. At Poster Originals. Platters: 1 of 3 shown top shelf of bookcase. \$675 for set of 3; 1 shown top of secretary. \$180. antique twisted candlestick: \$60 a pair; rose wood tea cad-



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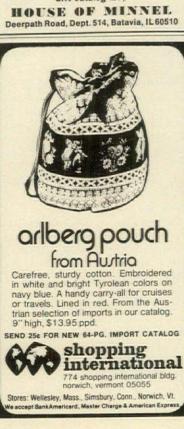
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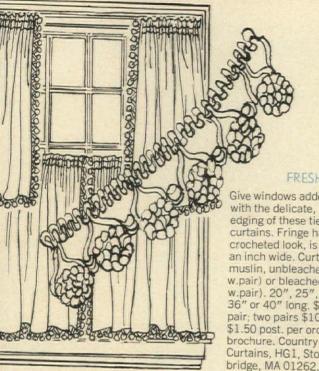


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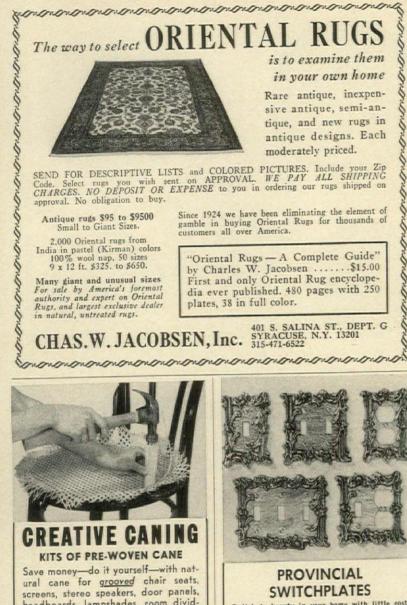
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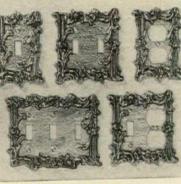
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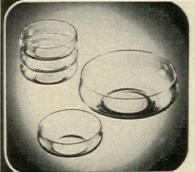
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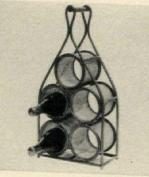


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silk. Two girls carry a letter to the favor-ite in the royal garden. Figures as graceful as reeds on a ground of warm

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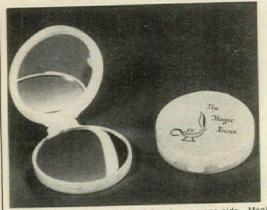
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LADY WITH FLOWERS NUARY, 1974

107

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A noted eye doctor was ap-proached by a woman who compalined that without her glasses she can't see what she is doing, and with her glasses, she can't do what she is seeing. Know-ing that no available mag-nifying mirror can give a strong image without dis-tortion, the doctor hand-ground prescription lenses and silvered them to pro-vide a distortion-free fo-cusing mirror. This optical-ly perfect mirror is now available in compact form. It allows you to see clearly without your glasses, re-gradiess of your prescrip-tion or need for bifocals. A necessity for contact lens wearers. This Magic Focus compact is handsomely de-for the other. der how you ever got along

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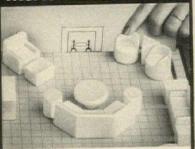
THE FERRY HOUSE, Dept. HG-174, Briarcliff Manor, N.Y. 10510



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ELIZABETH McCAFFREY 11768

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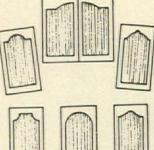
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Nothing is quite as elegant as a classic frame for covering inside windows. Add your own fabric to a hinged, custom-shaped frame made to your specifications; hardware is included. Free brochure and information. Town & Country Woodcraft Co., HG1-4, 219 N. Carpenter St., Chicago, IL 60607.

PICTURE PERFECT

Extend your camera's possibilities with snap-on lenses. Wideangle lens for panoramic, scenic, group views; telephoto/portrait lens brings distances up close. Specify model number. Two lenses with carrying case, for Instamatic, \$22.99; Polaroid, \$39.99. Add \$1 post. Free catalogue. Camera Haven, Dept. HGE, Box 125, St. Ann, MO 63074.

PHONELIGHT

15,000 hour neon bulb light is housed in same durable material as any Bell desk-type phone. It lights up dial for quick reading; two-way switch keeps light on as a night light or lights only when receiver is lifted. Gives real night-time security. White only. \$5 ppd. Messen Imports, HG1, Box 201, Miami Shores, FL 33153.

GROOM THE BATH

No need to have ugly cracks and openings around tub, sink or basin marring the beauty of your bathroom. Seal them up with self-sticking tape. Merely press tape on clean, dry surface and the job is done. 11 foot roll, \$1.98 plus 35c postage. Order from Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

TOP BILLING

Flatter a favorite person with a caricature of himself that tells him he's the world's greatest something-or-other (you specify what). Design's on 131/2" by 9" woodgrain plaque; send clear photo, information about eye and hair color, and name. \$15 ppd. Bruce Bolind, HG1, Boulder, CO 80302.



SECRET SPREAD REST

What a great idea-a caddy hides under the mattress while the bed is made up. At bedtime, slip it out, swing down folding legs and turn the spread over it, neatly and out-of-the-way. Fits low foot boards, Hollywood style beds; use two for double or king size. \$6.98 each; two, \$12.98. Add 90c post. Garrett's, HG1, Box 12274, Dallas, TX 75225.

TREASURE CHEST

Keep precious flatware tarnish free with a handsome solid cherry chest with cast brass pulls. Pacific silver cloth liners in four drawers, all 2" d. Queen Anne legs, finished back, distressed fruitwood finish. Brown or reddish brown. 24" w., 15" d., 37" h. \$164 exp. coll. Catalogue, \$1. Ephraim Marsh, Dept. 161, Box 266, Concord, NC 28025.

BACK BOON

Reading, eating, watching TV in bed-that's luxury! For extra comfort while lolling in the lap of luxury, a foam-padded, floral printed back rest to cushion back and shoulders. 24" h., 16" w. with brass frame; light weight; adjusts to 10 positions. \$12.98 ppd. Better Sleep, HG1, New Providence, NJ 07974.

BAROQUE BEAUTY

Handwrought chain and baroque pendant so reminiscent of many Italian fountains is a lovely addition to winter fashions. Boccaccia pendant is 31/2" high on a 27-inch hand wrought chain; Florentine silver alloy of intricate design. \$5.75 ppd. Shopping International, Inc., 773 International Bldg., Norwich, VT 05055



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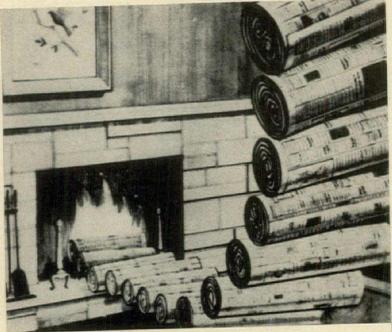
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UARY, 1974



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STITCHES THAT STAY

Dressmakers and home sewers will appreciate using the same quality thread used by manufacturers of textile items. Set of 16 spools in Kismet 100% mercerized cotton; two black, two white, and 12 basic colors-a grand total of 19,200 yards. \$7.75 ppd. Home Sewing Notions, Inc., HG1, 10 Wayne Rd., Spring Valley, NY 10977.

DOWN MEMORY LANE

Treasured keepsakes, snapshots, souvenirs make a handsome grouping when they're arranged in a shadow box. Rich antiqued wood frame has 1" to spare between glass and plush red backing. Choose two inside sizes: 8" by 10", \$6.50; 6" by 15", \$6.98. Add 50c post. Lillian Vernon, G11, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

TO HAVE AND TO FOLD

Space saving table made in Europe of solid beechwood and finished with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30" and it seats eight. 30" high. Perfect for apartments. \$49.95. Exp. coll. Shipped assembled. Danish catalogue, 25c. Genada Imports, HG1, Box 204, Teaneck, NJ 07666.

GIFTED SHALLOTS

Gourmets treasure the shallot that imparts a subtle, delicate oniony flavor to foods. Give a gift subscription for a fresh supply every month. 1/4 lb. for 6 mo., \$3.75, for 12 mo. \$6.50 or 1/2 lb. for 6 mo., \$4.75, 12 mo., \$8.95. 1/4 lb. sample, 65c. Ppd. GNL Shallot Distributors, HG41, 51 DeShibe Terr., Vineland, NJ 08360.

PARTRIDGE FAMILY

For a favorite friend or relative, the handsome partridge in a pear tree from "The Twelve Days of Christmas" song, Limited edition medallion, the first of a series, is die struck sterling silver. 134" dia. \$11; six, \$60. 24" sterling silver chain, \$7.95. Ppd. Sarah Williams, HG1, 3520 Highland View Dr., Austin, TX 78731.



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PENSIVE FROG

Needlepoint design to do in froggy greens on 12" sq. cotton canvas with Paterna Persian. \$6.95 with design, wools, needle and instructions. Add 45c post. Wood frame: oak or white finish, \$2.25. Others: Purple hippo, pink elephant, beaming bull, breezy bouquet or topsy turtle. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

A SHOE-IN

What's happened to shoes is a revelation-wedgie walking comfort and now open-toed cool. The Edna says it in luggage tan, bone, black, white, blue, low 1" wedgie heel. 4 to 10, \$15.95, 101/2 to 12, \$16.95. For widths AAAA to EE. Add \$1 post., 25c each add'l pair. Solby Bayes, HG1, 45 Winter St., Boston, MA 02108.

CRYSTAL CACHET

Beautiful hurricane lamps of imported cut crystal are a decorative treasure. Hand-etched chimneys, 4" spears fit onto the handsome scalloped bôbeche. Overall 16" high, 5" dia., \$34.95 a pair. Exp. chg. coll. Catalogue of crystal lighting ideas, 10c. Luigi Crystal, HG1, 7332 Frankford Ave., Philadelphia, PA 19136.

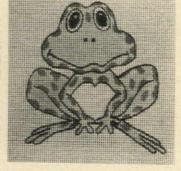
QUICK CHANGE EASEL

Change favorite snapshots in a trice by using wood grain easel that comes in three shapes to take square 31/2" by 31/2" photos or 33%" by 41/4" verticals or horizontals, all Polaroids fit (specify which). \$1.98 each; \$3.50 a pair; add 20c postage. International Merchandise Corp., HG1, 15 Old Town Rd., Wellesley Hills, MA 02181.

THE SPORTING THING

"I made it myself," will bring compliments when you give ties with design worked in crewel. Golf, tennis and skiing, mallard duck, sailing and fishing motifs on wrinkle-resistant beige fabric; wool yarns in appropriate colors; kit, \$4.95 each plus 45c post. Catalogue, 25c. The Needleworker, HGE-1, Box 488, Weston, MA 02193















Collar-Extender button "loos-ens" tight shirt collars. Ends all-day tugging. Expands collar up to 1/2 size larger for that "just right" feeling. Invisible behind tie. Can be transferred from shirt to shirt in seconds. Set of 2. COLLAR EXTENDERS \$1.00 ± 15c Medition \$1.00 + 15c Mailing Calif. residents add 5% sales tax. Satisfaction guaranteed. Anthony Enterprises 585 market St., Dept. HG14 San Francisco, Calif. 94105

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Classic Wrap. A country classic, our button-front wrap skirt is made with wide back panels and handy patch pockets in brushed cotton denim. Navy. S, M, L. \$16.00. Add \$1.25 for postage.

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JACOBEAN CHARM Early 17th Century furniture styling is great-ly enhanced in this Jacobean design emphasizing the rose and blue shades in this 15" crewel pillow design. Kit includes stamped homespun pillow top and back, colorful crewel yarns, cording, zipper, nee-dle, and instructions.

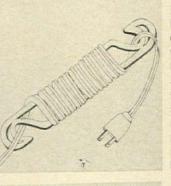
\$5.95 plus 60c postage. (Mass Res. add 3% tax) No C.O.D.'s. FREE needlework bag with every order. Send 25¢ for colorful 24 page catalog.

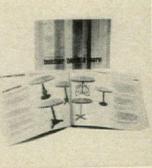


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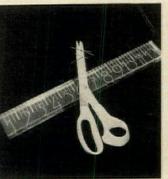












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FOREIGN INTRIGUE

Relax in the captivating styling and all-out comfort of a casbah kaftan. Heavy polished cotton in bold stripes, neatly set off by cuffs and mandarin neckline with twisted-cord frog closing. Blue or red. S, M, L and XL. \$24.95 plus 50c post. New color catalogue 50c. Ah Men Clothing, HG1, 8900 Santa Monica Blvd., Los Angeles, CA 90069.

SAFETY FIRST

Keep those dangling electrical cords off the floor and out of the way with cord shortener that holds up to three feet of cord. Just wind excess cord around shortener and hook the cord in slots at each end of the shortener. Only \$1.29 for set of six plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

CREATIVELY YOURS

You can have the lasting beauty of oil-finished butcher block in almost any room. There's a variety of stimulating ideas featuring maple hardwoods as countrystyle dining tables, work tables, mobile carts, shelving, benches, counter tops-all shown in a 44page catalogue 50c. Butcher Block & More, HG1, 1600 So. Clinton, Chicago IL 60616.

GET IT TOGETHER

For the jigsaw puzzle fan, a gift that packs a surprise punch: it's a photo of a loved one! Any photo, color or black and white, can be made into an 8" by 10" die-cut jigsaw photopuzzle; photo's returned unharmed. Black and white, \$2.95; hand colored, \$3.95. Ppd. Cadlyn's, HG1, 2077 New York Ave., Huntington Sta., NY 11746.

DESK DELIGHTS

Handsome accessories for the student, businessman, homemaker combine practicality with good looks. Lucite 12" ruler is 11/2" w., 1/2" thick; scissors with steel blades, yellow or orange vinyl-coated handles, are magnetized to collect pins, other debris. Ruler, \$2; scissors, \$4. Add 90c post. The Dungeon, Box 4139, Silver Springs, MD 20904.

FLOWER EXPRESS

All aboard! It's a delight to stitch the "Flower Train"-red locomotive, freight car with flowers in yellows, oranges, whites and golds on marigold background. Fits standard 12" by 16" frame. Kit with stamped fabric, wool yarns, needle, instructions, \$3.50 plus 50c post. The California Craft Guild, HG1, Box 15300, Santa Ana, CA 92705.

FELINE HYGIENE

Cats are known for their fastidious ways, and covered litter pan suits them just fine. It confines odors, hides wastes and stops litter spills. Molded plastic, 16" w., 22" l., 18" h. in red, blue, green or white. Top removes for easy cleaning. \$14.95 ppd. Haugen Products, HG1, 709 W. Huron, Ann Arbor, MI 48103.

CAVALIER PANT BOOT

Best buy for H&G readers: smooth glove leather boot with no-seam vamp, adjustable strap. Resilient ribbed sole, 1" well-balanced heel. 5 to 10 medium in brown. navy, black, red or white. A Kraus original, a boot beauty that's smart, comfortable at \$16 plus 80c post. Old Pueblo Traders, 600-H1C So. Country Club Rd., Tucson, AZ 85716.

PROTECTION!

Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all and is washable and reusable. Particularly good for paint spraying or paint removal. \$1.49 each plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

SNOWY SECURITY

No more slipping or sliding on icy streets using your derrière as a sled. Ice cleats eliminate the worry of snowy, wintry weather. Cleats slip on over boots or shoes, fasten in a jiff, flex with each step for self-cleaning, comfortable walking. One size fits all. \$3.49 pair plus 50c post. Holly House, HG1, 9924 Edgecove, Dallas, TX 75238.

NEEDLEPOINT ORNAMENTS

Stitch up the tree with timely trimmers inspired by childhood favorites. Soldier, Iollipop, candy cane, drum, Raggedy Ann and Andy and gingerbread boycomplete kits with canvas, Persian Paterna wool, needle, chart and instructions. 31/2" to 5". \$2 each. Any six, \$10.95. Add 50c post. Victoria Gifts, 12H, Water St., Bryn Mawr, PA 19010.





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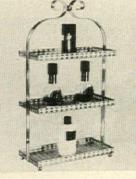
Send 25¢ for the new YIELD HOUSE CATALOGyour personal tour of America's most unique gift and furniture showrooms Seventy color-filled pages. Over 1000 choices. A fantastic collection of our own exclusive designs in Country Pine Furniture, famed for its looks, practicality and reasonable prices. And our own line of Furniture-In-Kits, top quality, budget-priced designs for your cre-ative imagination. Plus our Decorator's Collection of accessories, accents, basics and luxuries. Beautiful things for everyone's lifestyle-most available only with us. Send for your copy of our famous catalog today. VIELD HOUSE, Dept. G41A North Conway, N.H. 03860 Please send me your new Home Catalog and Gift Guide. I enclose 25¢ in coin for postage and handling. Name..... Address..... Over forty years' experience in the manufacturing of fine furniture \$148.50 as shown H. 46", W. 28" In your fabric \$99.00 — send 6 yds. 54" The QUEEN ANNE is upholstered in various grades and types of fine fabrics (stripes, solids, prints; cut, antique, crushed and plain velvets; etc.). Specify type and colors desired. No C.O.D. Express charges collect; satisfaction guaranteed. For further information send \$1.00 for furniture catalogue and fabric samples. -11111 alleries, (\mathcal{O}) 2920 N. Center St., HG741, Hickory, N.C. 28601 urpee Seeds and Everything for the Garden Select from the widest variety of flower and vegetable seeds in the all new 1974 Burpee Garden Catalog. You'll find all your favorite flowers and vegetables as well as many rare and unusual plants. BURPEE'S 1974 GARDEN CATALOG Featuring all the newest flowers and vegetables for the best garden you have ever had! Make the new Burpee Garden Catalog your year-around guide for the finest in garden supplies. SEND FOR YOUR FREE CATALOG TODAY. W. ATLEE BURPEE CO., 5324 Burpee Bldg. Phila., Pa. 19132 . Clinton, Iowa 52732 . Riverside, Cal. 92502 Send Me FREE Burpee Garden Catalog. Name Address ZIP 7IP



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Mini-etagere shelf unit to hang on a wall or stand on a table or counter. Wonderful way to gain storage space in bath or bedroom or kitchen. Pierced diamond metal pattern, sturdy construction, brass (SWS-212B) or nickel plate finish (SWS-212N). 23" h. by 12¹/₂" w. \$14.95 ppd. St. Nicholas Boutiques, HG1, Santa Claus, IN 47579.

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Handwoven rattan table lamp's a natural for informal rooms and second homes. Fully electrified, it stands 23" high. Natural, \$29.95; painted white, yellow, green, pink, black, orange or blue add \$3; plus \$2 post. Catalogue, 25c. Fran's Basket House, HG1, Rte. 10, Succasunna, NJ 07876.

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Give a lovely lady a charm to treasure as a constant reminder of many happy days. Disc crafted in sterling silver or 14k gold with the numeral "16" and a tiny attachment with the word "sweet" reflected on deep blue enamel background. Measures 34" dia. Silver \$3; gold \$18. Ppd. Charm & Treasure, HG1, 72 Bowery, New York, NY 10013.

DECORATING PLANS

Three-dimensional room planning kit with Styrene forms that represent over 150 different pieces of furniture scaled ½" to a foot. Shapes may be covered with fabric, painted. Arrange as many as three rooms on graph paper equivalent to 27' by 44'. Walls, windows, doors, too. \$8.98 ppd. Plan-It-Kit, Inc., HG1, Box 429, Westport, CT 06880.



HOLLY HOUSE Dept. HGI, 9924 Edgecove, Dallas, Tex. 75238

POSTAMATIC CO. Dept. HG-174 Lafayette Hill, Pa. 19444

NEEDLEPOINT VILLAGE

Delightful country village scene on white mono canvas is ready to work in brown, gold, orange and green. Yarns, 9" sq. design on 12" sq. canvas, needle and instructions plus a needlework bag with each order. \$6.95 plus 60c post. Catalogue, 25c. The World of Stitch 'n Knit, HG14, Box 709, Framingham, MA 01701.

GIRL'S BEST CATALOGUE

Empire's new 90-page color catalogue is free and filled with new ideas in diamond fashions in rings, bracelets, pins, earrings. Ten-day inspections and terms are arranged, too! Have your own appraisal and if it is not 25 to 50 percent higher, Empire will refund. Empire Diamond Corp., HG1, 350 5th Ave., NY 10001.

SLEEPS AND EATS GOLF?

Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn't put it up, his "widow" will. 61/2" by 51/4" with lettuce green backing and replica golf ball dear to his heart. The gag gift for every golfer! \$2.98 plus 40c post. Order #132. Anthony Enterprises. HG1, 585 Market St., San Francisco, CA 94105.

AUTHENTIC STYLING

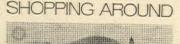
Step along with superb ease and comfort in hand-crafted moccasins with built-in wedge heels. Genuine Indian design, of softest, smooth glove leather. Natural, black, and white. Full or half sizes 4 to 10 (medium) and 5 to 10 (narrow). \$9 plus 80c postage. Old Pueblo Traders, 600-H1W-So. Country Club Rd., Tucson, AZ 85716.



CLEANCRAFT, Dept. K 2922 Santa Monica Blvd. Santa Monica, Calif, 90404

5). Add \$1.00 for handling. SATISFAC-

N OR MONEY BACK. SHIPPED BY AIR.

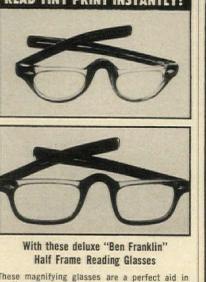












These magnifying glasses are a perfect aid in reading fine print in phone books, menus, pro-grams, etc. Crystal clear zyl top rim gives you unobstructed vision. Impact resist-ant lenses. Deep Brown or Jet Black. Specify men's or women's Not for astigmatic or even diseasee with add soc \$595 astigmatism or eye diseases. With Add SOr Handling free case. JOY OPTICAL no orders for N.Y. del'y Dept. 304, 73 Fifth Ave., New York, N.Y. 10003

Oriental

ANTIQUE PERSIAN PATTERN, imported from Belgium. Woven of fine, natural yarns. Magnificent with any decor. Approx. sizes: 3' x 5', \$19.95; 4' x 6', \$24.95; 6' x 9', \$44.95; 9' x 12', \$89.95; Runners, 2' x 8', \$24.95; 2' x 11', \$29.95. Specify Gold, Green, Red or Blue background.



Use Bank Americard & Master Charge. Signature, Acct. #, Expiration Date and Bank # required. All Orders Shipped Prepaid. III. Res. add 5% Sales Tax. Send \$1 for our New Catalog. Featured in FULL Color are beatutiful Oriental and Indian designs from all over the World priced from \$20 to \$800.

Dept. HG-1 · 3028 N. LINCOLN AVE. · CHICAGO, ILL. 60657 · (312) 525-4876





Dawn-Til-**Dusk Dress** Our princessseamed skimmer is made by Gordon of denimy polyester/ cotton with self-banded neckline, back zipper and self sash. Bluebell, jade, canary or white. Sizes 6-18 \$25.00 Add \$1.25 for postage. Send for free catalog.

TALBOTS . DEPT. MA, HINGHAM, MASS. 02043 Duxbury, Lenox, Mass. Mt. Carmel, Avon, Conn.



CREATIVE STITCHERY	
Enchanting floral pictures to decorate your	ŝ
home. Each kit includes design stamped or	1
Belgian linen, colorful wool yarn, needle.	
easy instructions, and 12" x 15" white wood	i.
frame. Also available, matching 14" x 14"	
knife-edge pillow kits complete with backing	
piping, and zipper.	
Daisies on blue background (shown) \$3.95	ŝ
Black-eyed Susans on olive \$3.95	ŝ
Queen Anne's Lace on gold	ł
Dalsy Pillow Kit \$3.9	ŝ
Black-eyed Susan Pillow Kit \$3.95	ł
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PLUS 45¢ POSTAGE & HANDLING	1
Pa. Res. Add 6 % Sales Tax. Sorry No COD's Allow 3 weeks for delivery.	
VICTORIA GIFTS	
12-H Water St., Bryn Mawr, Pa. 19010	





\$129.95.

Navajo

AMERICAN INDIAN PATTERN, fine quality, woven of dense, natural yarns. Versatile on floors or walls. Specify earthtone ac-cents on an Ivory background or mostly

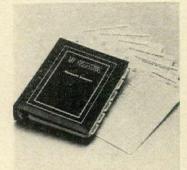
brick reds and golds with colorful ac-cents. Approx. sizes: 3' x 5', \$24.95; 4' x 6', \$39.95; 6' x 9', \$69.95; 9' x 12',

ac 4

115

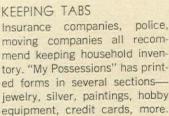
SHOPPING AROUND











Black moire trimmed in red. \$11.50 ppd. Robert Shillinger Co., HG1, 409 Fidelity Bldg.,

MUSICAL IVORY

CT 06105.

Listen! This beautiful pendant is not only lovely to look at, it's a tiny but talented music box as well. It's made of fine silver with heavy gold plating, and has an ivory embossed design. The lender tune: "Somewhere, My Love." 11/4" by 3/4" by 1/2". \$68 plus \$1 insured mail. Hildegarde's, HG1, 597 Farmington Ave., Hartford,

Cleveland, OH 44114.

FINDERS KEEPERS

There's no mistaking his ball for the others on the green or in the rough-his, thanks to you, is gold and personalized with his full name (limit 18 letters and spaces)! Golf balls in solid state design are guaranteed for accurate performance. Set of six, \$5.98; set of 12, \$9.98. Ppd. Walter Drake, HG47 Drake Bldg., Colorado Springs, CO 80940.

NIMBLE THIMBLE

Traditional Dutch windmills are hand-painted on a Delft china thimble 34" h. The blue of the design is that typical rich, glowing color that is world famous. Skilled needle women and beginners alike appreciate a fine thimble. \$1.50 ea.; two, \$2.75. Add 25c post. Ferry House, HG1, Briarcliff Manor, NY 10510



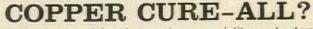
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MAGNADOR I - for pets to 50:60 lbs. (11"x 13" opening) \$18.95 MAGNADOR II - for pets above 50 lbs, and kennel use. (13" x 20" opening) \$34.95

Held closed by Patented Magnetic Device. Locks from side with Reversible Nylon Locks. Easy installation furnished kit. Immediate attention to orders and ing

plaza enterprises P. O. Box 403 HG, Nicholasville, Ky. 40356 FOR CATS ONLY - THE WALCOTT DOOR, \$10.95

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We're not making any claims, but sportsmen, socialites and actors share the copper craze. They swear by some magic mumbo-jumbo, copper gives aches and pains the brush off.

MEN'S COPPER BRACELET WOMEN'S COPPER BRACELET

\$3.98 + 30¢ Mailing Each \$2.98 + 30¢ Mailing Each California Residents add 5% Sales Tax

Satisfaction Guaranteed Or Your Money Back

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REFLECTIONS FROM OLD MEXICO

The traditional Ojo de Buey mirror is a magnificent example of the woodcarver's art. Each is unique, richly hand-carved and finished in warm, natural dark wood. 34" x 24" - \$85; 47" x 36" - \$145. Freight collect. Send \$1 for Mexican furniture catalog, refundable with first purchase.



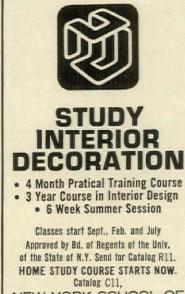
Dept. HG 12 4248 N. Craftsman Ct. / Scottsdale, Az. 85251

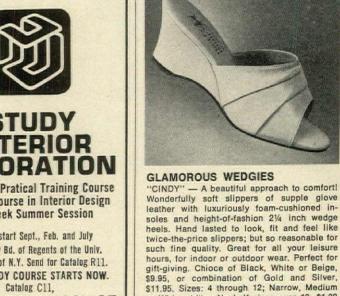


A new entry into the fashion de-sign world! Now you can have the fabric shear of the future. This precision cutting tool, with off-set handles, lets you move over the material instead of be-bind it loss other hind it. Less effort, cleaner cuts, and greater accuracy. All nickel plated, 8" long. \$8.95 + 65¢ postage.

New Gift Catalog - 25¢

Suburbia, Inc. Mail Shopping Service Wacouta, Dept. 339, St. Paul, Minn, 55101





NEW YORK SCHOOL OF INTERIOR DESIGN 155 East 56th St., N.Y. 10022





or Wide widths. No half sizes over 10. \$1.00 extra per pair for sizes over 10. Add 75¢

postage for each pair ordered. Money prompt-ly refunded if not delighted. Free catalog.

Write: SOFWEAR SHOES, Dept. C, 1711 Main,

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COUNTRY STYLE

Bring casual elegance to your dining room with a butcher-block table. In sizes for small families or lots of company. 48" by 30" \$148.50; 60" by 30" \$163.15; 60" by 36" \$179.25; 72" by 36" \$197.10. Exp. coll. Also available in custom sizes. Catalogue, 50c. Butcher Block & More, HG1, 1600 So. Clinton, Chicago, IL 60616

PASTORALE

Hand-painted cachepot from Portugal, with matching 51/2" saucer, fired to a gem-like glaze, has shepherding motif with flowers, foliage, decorative rings. Soft blue-brown tones. Use as plant holder or ornament. 6" dia. by 51/2" h. \$9.98 plus 75c post. Lilly's Garden, Dept. G14, 510 So. Fulton Ave., Mt. Vernon, NY 10550

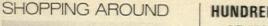
WARP AND WEAVE

Do-it-yourself pillow complete with weaving loom! To create 16" sq. pillow, kit includes pattern, instruction, yarns (gray, brown, white, black, with orange silk accents), comb-beater, wood shuttle and reference photo. Loom can produce 20" by 60" weaving. \$24.95 ppd. The Attic Weaver, HG1, 5703 Northumberland St., Pittsburgh, PA 15217.

TENNIS, SOMEONE?

A handsome bag that can keep things really organized; compartments for racquet, balls, all the tennis gear. 161/2" h. by 151/2" w. Dark blue heavy-duty canvas with white lettering. Handles are generous length for fitting shoulder to leave hands free. \$14.95 plus \$1 post. The Gift Tree, HG1, Box 55, Kensington, MD 20795





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No doubt about it — it's the making of a room! Breathtakingly beautiful lamp sends up sprays of brightly colored cascading lights on two separate tiers. Dramatic mood lighting at its best! The lovely result of space-age "cold light." Miracle fibers conduct light, yet beads remain cool to the touch, safe for curious little fingers. Turn it on and hundreds of red, green and gold jewels of light bathe your room in dazzling brilliance that rivals a moonlit "Fourth of July" fireworks display! Softer, more ro-mantic than candlelight. Absolutely spectacu-lar as a centerpiece. Uses 2 ordinary "C" batteries (not provided). Bound to sell out fast -order at once! -order at once!

4941 Greenland Bldg., Miami, Fla. 33059

Enclosed is check or m.o. for \$ —"Fountain of Light" Lamp(s) #13784 @ \$5.98 each plus 75¢ postage & handling. (Florida residents, add 4% sales tax)

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Wholesale prices. Do-it-yourself and save even more! Instructions and tools available. nd 50¢ for set of more than

70 actual samples with prices.

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Always In Season

Help yourself to our scrumptious strawberry print wraparound skirt by Meadowbank of crisp polyester/cotton. Edged and tied in braid, it reverses to solid lime in a wink. White/red/ lime. Sizes S, M, L, XL. \$24.00. Add \$1.25 for postage. Send for free catalog.

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The Photo Chest MAKES ALBUMS OBSOLETE! \$10.98

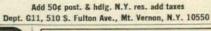
Why the photo chest? Because it makes photos easy to show, easy to stow. Because it looks so elegant on shelf or table. Because it seals precious smapshots from light and dust. And because it's space-saving—each holds 200, and they're stak-able, too. Photos slip into clear tracetate pockets— no corners, no glue, no mess! 4 separate trays slido out to pass around. Flip-up pockets make viewing easy, and your photos never get soiled or dog-eared.

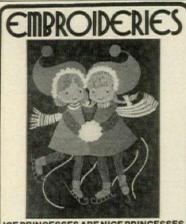
LILIAN VERON

Chests are covered with leather-grain vinyl, gold-tooled, and personalized with Gold-plated initials. Well made in U.S., all are 12" long, 3%' high. For 3/y_x3/y_" instama-tic and Square-Shooter. 2865—Antique Brown 2865—Antique White 2866—Antique Brown \$10.98 each, 2 for \$19.98

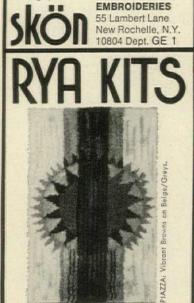
> "SAVE YOUR

HEART"





ICE PRINCESSES ARE NICE PRINCESSES decorate a nice wall. Their skating dresses are red and white their tights and skates are blue and green. And the ground is deep mauve linen. They're yours for \$16.95 and a few hours of simple embroidery. Order #1550. 9"x12" Send \$2 for new 36 page embroidery catalog. (Refundable on order of \$25.)



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RUG CRAFT 53 Lambert Lane New Rochelle, N.Y. 10804 Dept. HG 1

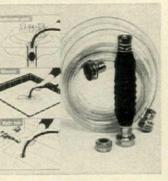
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AMERICAN STAIR-GLIDE° CORP. 201 West 80th Terrace, Dept. HG-1 Kansas City, Missouri 64114



SHOPPING AROUND













WIND WATCHER

Sea-slanted whale weathervane is sturdily made of cast aluminum, painted black. Adjustable base fits any roof angle. 24" whale indicates direction of wind. 30" overall height. \$19.95 plus \$1 post. Catalogue of decorative nautical items, ship and cannon models, marine prints 25c. Preston's, 101-K Main St. Wharf, Greenport, NY 11944.

CLOG CONQUEROR

Cope with pesky clogged drains effortlessly with a handy gadget that attaches to any tapped male or female faucet spout for flushing sinks, showers, bathtubs, toilets. Drain-King is chromeplated solid brass with 10' hose; works best on 2" to 4" drains. \$8.95 ppd. Ranch Co., HG1, 18658 Chase St., Northridge, CA 91324.

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Now he sees it, now he doesn'tthat intelligent cat you know will love playing "mouse in the hole." The mouse, by the way, is an elusive ball that will entertain him for hours. In blue sturdy plastic; 6" dia., 3" h. \$3.45 ppd. Catalogue, 25c. Suburbia, Inc., Dept. 340, 366 Wacouta, St. Paul, MN 55101.

SEAT OF SPLENDOR

Crush white textured vinyl seat padded fully with foam, initialed in light blue and garlanded in delicate pastels. An elegant addition for any bath or powder room, it compliments so many decorative schemes. Specify one initial. \$29.95 plus \$1.25 postage. Initially Yours, HG1, Box 314E, Perrine, FL 33157.

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Now always have each day the month at your "finge tips." 12 monthly metal clip attach to watch band. Se starts with month after orde

CALENDAR SET\$1.9 Mailing 2 Calif. residents add 5% sales ta Satisfaction guaranteed

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Sure-acting liquid synthetic penetrate wood fibres, makes them S-W-E-L-I Fixes loose chairs, locks rungs, legs for ever tight. Also use Chair-Loc for dowels tool and broom handles, mortised joints Plastic squeeze bottle with applicato nozzle makes it quick, clean, easy. Ove 2 million sold. Satisfaction guaranteed 3 oz. bottle \$1.30 ppd. Send cash, check or M.O.

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Gingham checks in red, gold, blue, green, pink, orchid, black. Vinyl shower curtain 6' by 6'; matching tieback window curtains, 54" I. by 68" w.; or cafe curtains with valance. \$7.50 a set plus \$1 post.; window or curtain alone, \$3.95 ea. plus 85c post. Brochure, swatches, 50c. Mather's, HG1, 31 E. Main St .. Westminster, MD 21157.

SHOPPING AROUND

PRINT

THING

WILD, WACKY SLOGANS

Choose any message or slogan up to 30 letters-it's printed on swinging sweatshirt or T-shirt. Great for clubs, any "in" group. Quality cotton; machine washable; non-fading printing. Navy or powder blue. S, M, L, XL. Sweatshirt, \$5.95, T-shirt, \$3.95 ppd. Holiday Gifts, Dept. 301C, Wheat Ridge, CO 80033.

SWING HIGH

Solid oak swing is just like grandmother's on the side porch in summer. It recalls lemonade, shady maples and hot afternoons. Seat depth 16", 48" wide. Chains are not shown but are included. Ready to finish in paint or stain. \$17.95; add \$2 for natural oak finish. Exp. coll. Marion Travis, HG1, Box 292, Statesville, NC 28677.

FROM GUESS-WHO

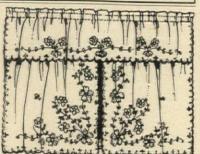
If you've wondered what became of those really old-fashioned cards that used to appear in your mail on February 14th, here they are. Nostalgic designs and Valentine sentiments printed in full color offer a definite change from the usual run of greeting cards. 24 assorted cards. \$1.25 ppd. Tower Press, Inc., Box 428HG, Seabrook, NH 03874.

HAND-CARVED COATS OF ARMS

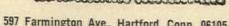


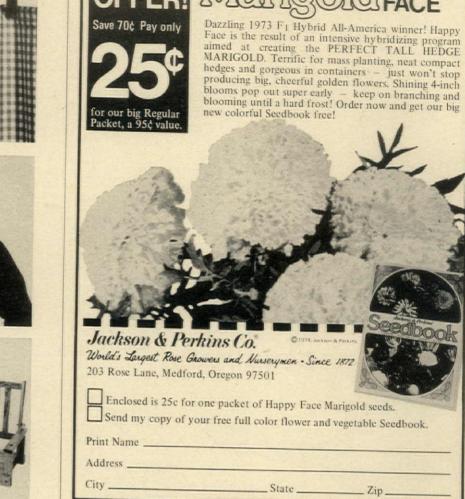
d. For the ladies who want elegance with least of care. Wash & Hang, Retains its Teast of care. Wash & Hang, Retains its pe, Wrinkle-Free for years and years. es 72" wide/pair Ready to hang, 24" lg. 1.50 pr; 30" \$15.00; 36" \$16.50; 45" 1.50; 88" wide/pair 63" \$33.00; 72" 1.00; 84" \$38.00; 90" \$40.00; 108" open \$50.00; valance 72" x 14" \$7.50. Catalog wing Curtains, Tablecloths & Bedspread embles 95¢.

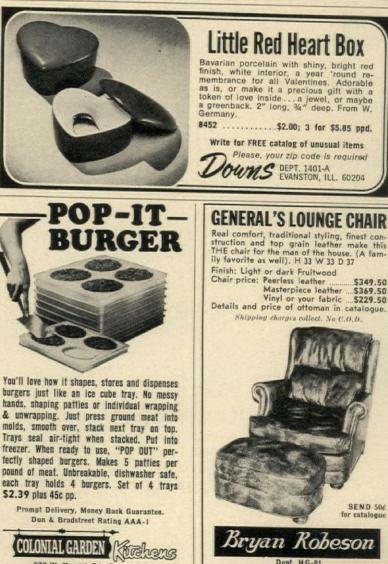
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Lock out disturbing noise that robs you of refreshing sleep . . . even snoring! Ear-Drum Silencers designed by a sound engineer. Medically accepted. Soft, pliable, with easy-to-grasp safety flange.

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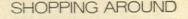
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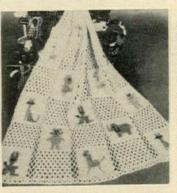
lower Pot Holders Cachepots that look like exquisite oriental porcelain are actually off-white practical plastic. Perfect holders for potted plants, dried arrangements or a vase of fresh flowers. These grand pretenders make welcome gifts too. Set of Three 4 x 4"; 4 x 5"; 5 x 6" \$4.95 plus 75¢ postage. Also 6 x 7" \$3.95 plus 75¢ postage. Ar they No COD's please. Quality & Integrity 0.14 Catalog . . . 25¢

THE GIFT TREE Box 55, Dept. HG1-4 Kensington, Md. 20795













Mats are disposable; both pole and 18" square holder are washable. Kennel-tested, Satisfaction or money back.

Holder & 2-mo. supply of mats Holder & 6-mo. supply of mats Attachable 12" pole for male - add 50¢ Plus 75¢ postage

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INVITING EASE

Relax in "Armand." Deeply padded, about 30" h. by 25" w. Upholstered in your fabric (send 31/2 yds., 54") \$59. Upholstered as shown \$83.50. Exp. coll. Choose from a variety of fabrics: solids, prints, cut, crushed, antique, and plain velvets. Catalogue, fabric samples \$1. Hunt Galleries, Inc., HG741, 2920 No. Center St., Hickory, NC 28601.

DELFT BIRTH PLATE

Handpainted plate from the Crown Delft factory in Holland is a perfect way to commemorate the birth of a child or a birthday. Give full name, time of birth, weight, date of birth and place of birth. Blue and white, 61/4" dia. Three weeks delivery. \$16.75 ppd. Postamatic Co., HG174, Lafayette Hill, PA 19444.

ANIMAL FAIR

Whimsical ducks, rabbits, cats and elephants (worked in crossstitch later) are all on an easyto-crochet afghan to greet a new arrival. "Toyfair's" background is soft yellow or white (specify). Kit to create 36" by 44" afghan includes acrylic yarns and directions. Washable! \$7.95 plus 75c post. The Stitchery, HG1, Welleslev Hills, MA 02181.

DAISY, DAISY

Skillfully designed daisy pendant set with a 34k center Strongite man-made stone is surrounded by 24 small stones to form daisy's petals. Set in 14k white gold with matching chain. \$45 plus \$1 post. Free catalogue of men's and women's jewelry. The Strongite Co., HG1, 2 W. 47th St., New York, NY 10036.





SHOPPING AROUND

BUTCHER BLOCK PLUS

The plus here is a French baker's cart base in black wrought iron with brass accents and Shepherd casters that add mobility, but lock in place. Top, 42" by 24" with rounded corners. 34" h. \$225 plus \$20 crating. Exp. chgs. coll. Catalogue, \$1. J & D Brauner, Inc., HG1, 1331 South Michigan Ave., Chicago, IL 60605.

LET IT STORM

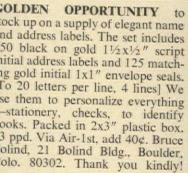
Snug, sturdy boots take rough weather in stride. Lined with orlon fleece, with nonskid crepe rubber soles and sueded waterrepellant uppers, all trimmed with Dynel mouton and leather. They're worn over shoes, any size heel. Sizes 4-10 in black, brown. \$24 plus \$1.25 post. Free catalogue. The Talbots, Dept. WP, Hingham, MA 02043.

WHAT'S A SPURTLE?

Unique do-everything kitchen utensil was invented by Graham Kerr, the "Galloping Gourmet." There are five varieties; curved or flat to scrape pans or bowls and a hollow for spill-free draining. In solid wood on 2" by 11" rack, set, \$4.98 plus 50c post. The Country Gourmet, G1, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

KEEP IT CLEAN

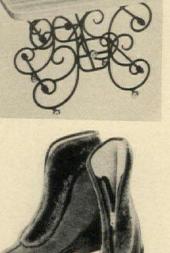
It's easy to keep your Venetian blinds free of dirt and dust with this efficient little tool. New double-duty design does two slats at a time on both sides. Simply dip in suds and foam pads do the cleaning with one wipe. Takes half the usual time. \$1.98 plus 35c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.



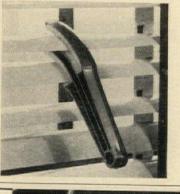
NECK MASSAGER

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NUARY, 1974

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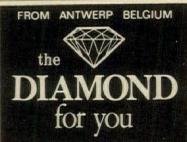
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HIGH-RISE MODERN

You can go practically any place in style and cushiony comfort in this new-look pump. Gilt buckles gleam from triple-tier strapping which makes for snug fit as well as smartness. Soft urethane kid in black or dark brown. 10 to 14, in narrow or medium. \$18.25 ppd. Free 64-page catalogue. Shoecraft, Inc., HG1, 603 Fifth Ave., New York, NY 10017.

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"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Great gift guaranteed to improve communications. Black letters on golden plate in pine-finish plaque. 4" by 5". \$1.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

ON-THE-GO CATALOGUE

Off on a cruise or golfing on a tropic isle this 1974 Vacation and Travel catalogue offers 32 full color pages of summerweight wear for women and selected styles for guys, too. Shop by mail before you hit the resort or the deck and enjoy carefree days in the sun. Free! Johnny Appleseed's, HG1, Box 702, Beverly, MA 01915.

COMMUNICATIVE ART

What appears to be shell-like sculpture, springs open to an allin-one phone that fits in the palm of the hand. Winner of the famous European Design Award! Jet dial; cushioned base. Bisque white. 6¾" long by 2¾" high. \$59.95 plus \$1.50 post. Add \$2 west of Miss. Metropolitan Teletronics, HG1, 35 W. 35th St., New York, NY 10001.

SWOOSH OFF

Quickie Electric windshield scraper for ice and snow fits into glove compartment for storing, has extra long cord for use on clogged windows. A heat element simplifies the process. Plug into lighter socket for fast work. \$6.95 plus 75c post. Send measurements. Camalier & Buckley, HG1, 7222 47th St., Washington, DC 20015.

SWEET-TOOTH TUNE

What happens when a little girl buys some favorite sweets from her favorite vendor? Well, in this case, "The Candy Man" comes tinkling out of a ceramic music box. Colorful figurine is handpainted. \$6.95 each; two \$12.95. Add 35c post. each. Michael Allen Gifts, HG1, 6542 Bradford St., Philadelphia, PA 19149.

FOR BED READERS

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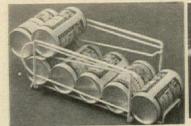
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BEVERAGE CAN RACK (top left) saves refrigerator space—tilted design hands cans right to you! Lead it at top front—remove a can at bottom and another rolls into place! $5/_2 \times 15/_3 \times 5/_4$ " high, holds 10 cans. White. $\pm 5790-52.69$, 2 for 34.98. NEWSPAPER RACK (lower left) stacks 'em eatly, makes 'em easy to bundle up before lifting out, Tough steel with black plastic bonded conting. Folds flat, $17\times 12/_2 \times 12/_2$ ". $\pm 5760-$3.98$.

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UNDERSHELF RACK (top right) clips onto a shelf, adds an extra shelf anywhere—in pantry, linen closet, clothes closet. Huge savings in twos! White, 18x9/ax49/2*, 5006—53.98, 2 for 56.98. CORNER RACK (lower right) adds extra shelves, uses wasted corner space. Clever design narrows at front for easy access to other things in cabinet. 10" deep. 7½" high. 10%" wide at hack. 7½" at front. White. = 5327—\$3.49, 2 for \$6.49.

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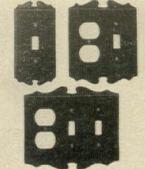


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Tote those travel bags with confidence—big, bright lucite tags distinguish yours from the rest of the airport heap in a flash. On your choice of amber, clear or black, 24k gold lettering spells out name and address. 3½" by 1¾" tag on cowhide strap, each \$3.50 ppd. Order a bagful from Bruce Bolind Inc., HG1, Boulder, CO 80302.

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Who can remain angry long with a pet that has this excuse? Poster that speaks for itself shows Fido or Kitty (send clear photo) with the legend, "The Devil Made Me Do It!" Bound to please any petowner, especially one with a particularly peppy pet! \$2 ppd. West-Berg Enterprises, Ltd., HG1, Box 4749, Colorado Springs, CO 80930.

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It's as smart and comfortable a shoe as you'll find. And what a color and size selection! Black, bone, beaver brown or white baby calf. Jupiter side tie saddle, crepe sole. Widths AAAA to EE; 2¹/₂ to 10, \$23.95; 10¹/₂ to 12, \$24.95. Add \$1 post., 25c each add'l pair. Free catalogue. Solby Bayes, HG1, 45 Winter St., Boston, MA 02108.



WRITE FOR MILES

No need to replace pens so often if you have this "four-mile pen." Long research resulted in a new contour grip and a cartridge which, with normal use, can be expected to last more than a year. Satin chrome embossed metal, with jeweled retracting push-button. Black. \$5 plus 50c post. Postamatic Co., Inc., HG174, Lafayette Hill, PA 19444,

WHEEL OF FORTUNE

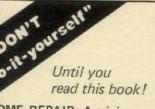
Treasured photographs bring treasured memories-and flipstyle rack makes it all easy. Plastic envelopes hold 160 photos on 8" by 31/2" by 5" device to keep within reach at desk or chairside. \$7.95 plus \$1 post; 16 refills, \$1 plus 25c post. Arthur Mechanic Inc., Dept. G-5, 345 Park Ave., New York, NY 10022.

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No reason to be mild-mannered -put your monogram up front! Shetland sweater from Hong Kong is in cornflower, peony, ice blue, shamrock, natural, navy, red, yellow or orange ice, sizes 36-40, \$16; with white monogram (underline last initial), \$21. Add \$1.25 post. Send for free catalogue. The Talbots, Dept. WO, Hingham, MA 02043.

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Start now on needlepointing the dated and numbered third Christmastree ornament. Hand-painted white church, green ground. Tape-bound canvas. Kit includes Persian-type yarn, needle, felt backing. 334" dia. #9152. Downs exclusive. \$5 ppd. Also 1972 peace dove, \$7.50; 1973 angel, \$5. All Ppd. Downs, Dept. 1401, Evanston, IL 60204.



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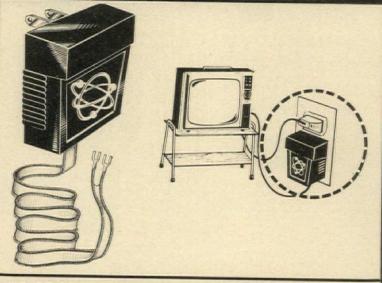


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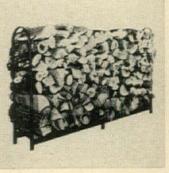


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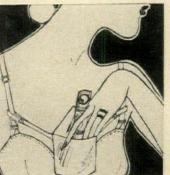








A great contribution to any man's wardrobe



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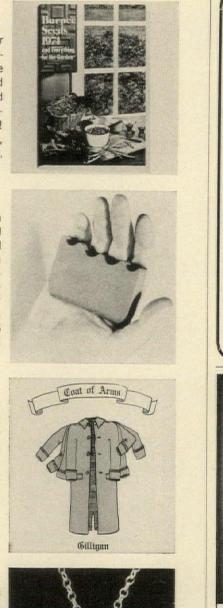
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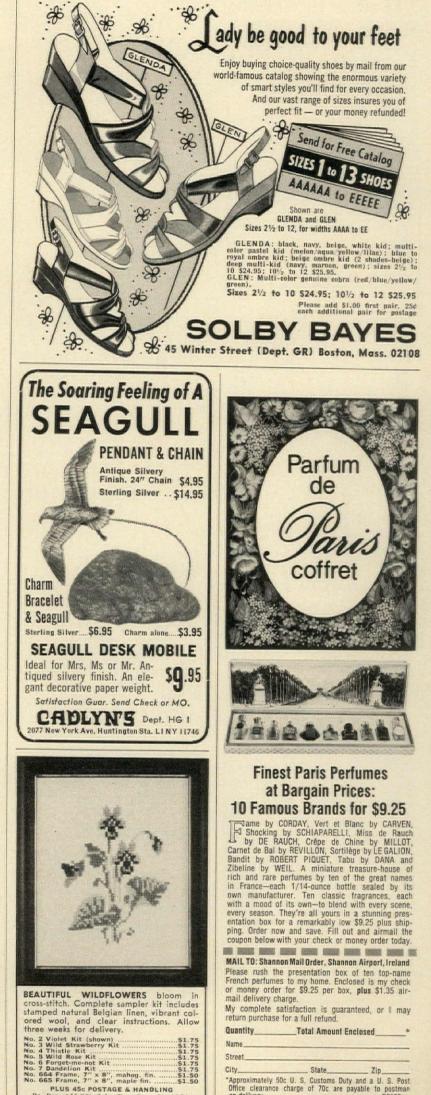
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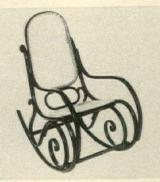
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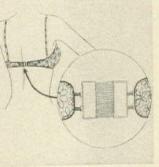


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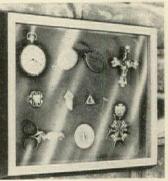
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One almost expects to find little leprechauns resting beneath these intricately detailed mushrooms by Burk Sauls. One of the artist's lovely designs, lithographed on fine heavy-quality paper. 8" by 10". In black and white \$1.75 each; four \$6. Or water-colored by hand \$3; four \$11.50. Ppd. The Tattered Boot, HG1, Lamont, FL 32336.

EXTRA PHONE

Order an extra phone to match the décor. Color phone is fitted with cord and plug; it dials and receives and rings. Big choice of color; red, blue, green, ivory, beige, pink, yellow, gold, white or black. Only \$16.95 plus \$1.50 post. Free catalogue. Grand Com Inc., HG1, 324 Fifth Ave., New York, NY 10001.

ORIENTAL TO EMBROIDER

Classic design to do in crewel embroidery for a 14" by 14" box pillow cover. Kit includes design on bittersweet rayon and cotton fabric, crewel yarns in luscious yellow, pristine white and green, piping, zipper, needle and directions. \$6.50 plus 50c post. The Stitchery, HG1, Wellesley Hills, MA 02181.

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Utterly darling for a curio shelf or miniature setting—three tiny candle holders in English pewter. Each is shaped a special way into a leaf, heart and chamber stick. They'll hold the standard birthday cake candles. Perfectly good for quickie light potential, too. 1" scale. Three for \$3.98 plus 50c post. Wales, HG1, Hartsdale, NY 10530.

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Is your pool robbing you of leisure time? Meyco safety pool cover takes just two minutes to put on or remove. Keeps out dirt, leaves and such; children and pets are safe when you're away. Discourages algae. Custom made for any size. 15' by 30', \$239, complete, ppd. Meyco, HG1, 138 Haven Ave., PortWashington, NY 11050.

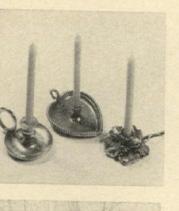
KNIT VALET

Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. Great on double knit slacks and blazers. May be used on fabrics of man-made fibers as well as wools. \$1.29 plus 20c post. Order D-Fuzz-It from Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

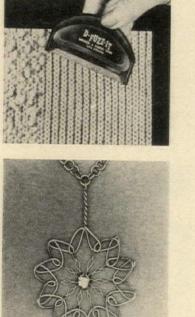
A NATURAL BEAUTY

Delicate pendant of pure copper is hand-crafted by artisans in Colombia, where both metal and the natural emerald stone are mined. The orange-red copper has a long-lasting tarnish-proof finish, blends beautifully with fall fashions. 26" chain; 3" dia. \$9.50 plus 50c post. Artisans Emporium, HG1, P.O. Box 29692, Atlanta, GA 30329.













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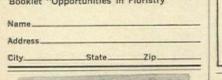
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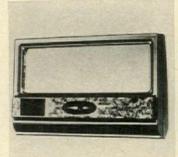
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Quick-lighting mirror is always ready for use in dim light. Has phosphor bronze electric circuitry; unit in gold-finished Florentine housing; push-button activates high-intensity micro light. Gold-trimmed case, batteries included. 4" by 21/4" by 5%"; \$6 plus 30c post. Global Creations, HG1, 1029 Carrin Dr., Tallahassee, FL 32301.

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Just the shoes for your mood! Multi-colored stones set in glovesoft leather with bright metallic braid add sparkle to comfort. 1inch heels. "Gem" in gold, silver, black, and white. 4-12 in narrow, medium, and wide. \$14.95 plus. 75c postage; sizes over 10, \$1 extra. Sofwear Shoes, HG1, 1711 Main, Houston, TX 77002.

OPTIC OPERA AIDS

For those who hate to miss a move-folding opera glasses. Tiny enough to slip into any handbag or pocket. Sports fans, theater buffs, and ballet bugs all love them. Makes balcony seats seem like first-row center! Chrome plated, 2.5 by 25 m/m. \$3.98 plus 25c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

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Two-in-one appointment calendar keeps track not only of daily duties but gives information on 13 different house plants. "Growing Seasons" tells all about how to maintain them. Also available: "Just Desserts Calendar" that shows sweet goodies. Each, \$1.50 ppd. Free catalogue. Current, Inc., Y74, Current Bldg., Colorado Springs, CO 80941.



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Smashing three-piece Tri-Kini swim or sun suit. Cups, halter worn separately, together, in, out of water. No-strap cups perfect for tanning, fit snuggly, no bones, no wires. Double knit polyester in four colorful prints. Specify top, pants sizes. Cups, \$12; halter, pants, \$10 ea. Add 50c post. Bleuette, Inc., HG1, 509 Fifth Ave., New York, NY 10017.

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Give your home a really personal touch with a photo pillow. Your snapshot is printed in black and white on foam-filled vinyl pillow with Scotchgard coating. Send any size photo (returned with order) in black-and-white or color (no negatives or slides). 11" by 11". \$7.95 plus 75c post. J.W. Holst, Inc., HG1, 1005 E. Bay St., East Tawas, MI 48730.

TWISTY KEY RING

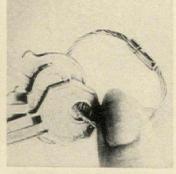
Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. It has no links to loosen, no chain to break. Its intriguing twist-lock opens easily, but stays closed otherwise to rest in pocket or handbag. \$1.29 plus 15c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

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Silver plate link bracelet and a pair of handsome scatter pins are beauties for the young equestrienne to wear at hunter trails and all upcoming shows. Wear with riding clothes or spectator sportswear-with tailored suits, pantsuits. \$6.95 set plus 75c postage. Catalogue, 25c. House of Minnel, Dept. 514E, Deerpath Rd., Batavia, IL 60510.











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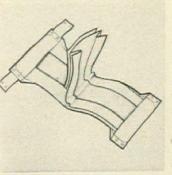
JUDY'S OF CALIFORNIA Dept. 441, Box 1073, Lompoc, California 93436.

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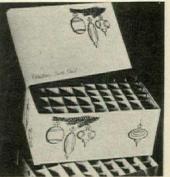












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Would-be gardeners who have bad luck with plants, take heart: packet produces miniature garden of six woodland plants in two or three weeks inside any gallon-size container. No care needed! Instructions included. One packet, \$2; two, \$3.75; three, \$5. Ppd. House of Wesley, Nursery Div., R.R. 1, Dept. 1414-38, Bloomington, IL 61701.

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Winning the appreciative ayes: A wicker basket with needlepointed monogram. Kit includes 10½" by 5½" by 6" basket, wool, instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, \$4.95; lidded \$5.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

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Adjustable money belt is worn under clothing around waist. Inner pockets hold folded bills or important papers. For men to wear under business suits, ladies might conceal it beneath dark slacks. Slim construction makes it virtually invisible. \$3.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

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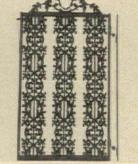
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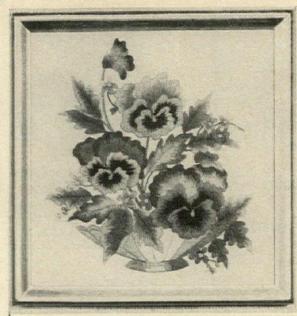
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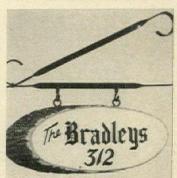












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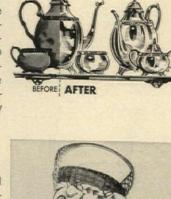
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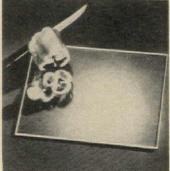
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Glads will be shipped at proper planting time.

Gardener's Notes

nergy is where you find it, and J the clever lcelanders are taking full advantage of two energy sources with which their island is blessed. Guests at Icelandic Airlines Loftledir Hotel in Reykjavik are pleasantly surprised to find fresh flowers on tables in the dining room. But it is even more surprising to be told that the flowers come from greenhouses heated by natural hot water. This comes from geysers that have been tapped, or from wells, some drilled as much as a mile deep. The greenhouse, right, grows hibiscus, with escaping steam from a hot-water well rising just outside. Other ranges produce roses, primulas, and just about everything you'd find in a greenhouse anywhere. Artificial light, a prime necessity during



by James Fannin

sunless winter days up there near the Arctic Circle, comes from electricity generated by t water power with which Iceland is generously endowed. It goes without saying, of course, the the same hot water and electricity furnish heat and light for Icelandic houses and office bui ings. House plants are as important in Icelandic decoration as they are in the U.S., and gard centers are as common there as here. Some of these greenhouse-garden shop combination are quite elaborate, where visitors find no incongruity in walking under a bougainvillea v blossoming in tropical luxuriance. The hot core of the earth comes close to the surface in l land, which makes tapping it relatively easy. But the same heat lies underground everywhe so it would seem to be only a question of developing means of reaching down for it.

"With very little care, an amaryllis bulb will continue to produce flowers for years"

The science of medicine began with the use of plants as remedies. Present day doctoring is done mostly with man-made chemicals, but it is surprising to consider how many of these synthetics are actually reconstructions of compounds found naturally in plants. This does not mean that modern doctors are mistaken in using synthetics, but it does mean that the original sources should not be ignored, either. Maurice Messegue, a Frenchman who has become widely known as nature healer and who uses plant remedies almost entirely, has set down his ideas in the form of a book, Of Man and Plants (Macmillan, \$6.95). M. Messegue has so many interesting things to say about finding, growing, and using plants of all kinds that the book makes absorbing reading for anyone interested in botany, gardening, or medicine. Some of it may sound like mumbo jumbo, but there are enough fresh ideas—or old ideas freshly presented-to give us food for thought.

ore and more people are giving an ryllis bulbs as Christmas gifts. Ev the most amateurish of garden can hardly fail to entice a huge, brilliantly of ored flower cluster from one of the high-qual bulbs commercial growers are selling nov days. If you don't want to be bothered w the bulb after the flower fades you can alway give it to a neighbor or-heaven forbid!-t it out. But most of us try to keep our amary growing, since with very little care a bulb v continue to produce flowers for years on en The growing plant needs light-although does not have to be direct sunlight-plenty water, and an occasional feeding, and may st in the same pot for years. Most of the boo say to let amaryllis dry out and rest after t summer growing season. But some very su cessful growers take a hint from the fact th the plant (called Hippeastrum by botanist comes from the moist tropics where it new gets a chance to rest. So they keep their plan watered and fed year round.

OPPING INFORMATION continued from page 103

: shown on coffee table. \$150. From in Rosselli. Pitchers: white marbeld and terra cotta, both shown 2nd If of bookcase. \$57 each; antique rtuguese plate: shown 3rd shelf okcase. \$90, All, Garvin Mecking.

nall inset: Antique ink stand: on fee table. \$135; antique Portuese plate: \$120; antique footth: shown top of secretary. \$375. om Garvin Mecking.

ble Setting: Plates: pewter-like al-. \$10 each. From the Plough Tavern ies by Wilton RWP Armetale, At omingdale's. "Illusion" water blet: Orrefors crystal, \$7.50 each. At d & Taylor. "American Colonial" irloom stainless flatware: \$18 per iece place setting, By Oneida. Din-• napkins: \$16 each. At Porthault. cher holding flowers: \$57. At win Mecking. Pyrex decanter: \$4. Corning. At Altman's. Aluminum pper mill: \$5. At Bazaar De La sine. Seneca basket: in bookcase, 6" diam. \$25. At The American ian Arts Center. Baskets hanging upper beam: egg basket, \$10. At stastic Arts; round brown basket n The Gazebo; wire lettuce basket. 05. At Bazaar De La Cuisine; basket n The Gazebo; tin colander, 123/4" m. \$13; iron chestnut pan, 101/4" m. \$4. Both from Bazaar De La sine. Baskets from The Gazebo. skets over cabinet, left to right: ket and tub from John Rosselli. ner cabinet basket, The Gazebo.

untertop: "Aromaster" coffee-: 2-8 cups, 14" h., glass interior. \$65. Braun. At Gimbels, N.Y. Tin Box: At Altman's. Pottery utensil der: \$3.25. At Fantastic Arts.

ater island: "Summer Palace" newcar china: \$47.50 per 5-piece ce setting; \$27.50 per cream soup and saucer. By Spode. At Tiffany. ket with bread at The Gazebo, Orors crystal salad bowl: \$51. At d & Taylor. Covered tureen: \$295. John Rosselli. Grocery cabinets wall: 231/4" l. x 7" w., 6 drawers. . By International Designers Group. Design Research. Basket with plant ohn Rosselli.

ge 65:

rket basket: \$10. At Fantastic s. Sifter: 11" diam. \$14. At Bar De La Cuisine. Small basket hangfrom post at The Gazebo. Glazed r jars: shown in secretary, \$75 for of 3. At La Cuisinere.

ges 66-67:

eritage & Contemporary" wood pinets: by Riviera Products. "Bright s" paneling: for cabinet door and wer fronts, backsplash, kitchen eling and center island. \$10 per 4' " panel. By Evans Products. Cold ard Side-by-Side Refrigerator/ eezer: refrigerator, 13.3 cu. ft.; ezer, 7.4 cu. ft., overall dimensions, 4" w. x 323's" d. x 655's" h. \$680. By ilco-Ford. Retained-Heat Gas nge: 375%" w. x 291/2" d. x 48" \$800. By Chambers Corp. 3-speed stom hood. 38" w. x 19" d. x 6" \$165 with blower. By P. M. Range ods. Saucepan on range: 71/4" m., hammered aluminum. \$13. At chen Korner. "Superba" dishsher: 24" w. x 241/s" d. x 341/2" h.

\$340. "Superba" food waste disposer: 93%" w. x 151/4" h., 2 qt. capacity. \$150. By KitchenAid, a division of Hobart Manufacturing. "Addison" bar sink: 12" x 12" d., single bowl. \$80; "Lakefield" 2-bowl sink: 33" x 22" w. \$130. Both by Kohler. Perma-Shield gliding door and window: opening size door, 12'1" w. x 6'10%" h.; opening size window, 41/2" w. x 41/2" h. By Andersen Corp. Acrylic domed skylights: 301/4" x 461/4" w. By Naturalite, Inc. Recessed wall wash units: \$38; down light fixtures: \$21.50 each; "Thin-line" fluorescent compacts used for countertop lighting, 3 sizes used. All by Sterling Lighting, a division of NuTone. "Excelon" tile: 12" vinyl asbestos squares, 3/32" thick. From the Craftlon Collection by Armstrong. "Natural Butcher Block" plastic laminate surfacing material: used on countertops in Super Kitchen and Laundry. By Panelyte.

Back counter: Pepper mill: comes in a set of salt and pepper shakers. \$30. At Kitchen Korner. "Brown Band" mortar and pestle: \$13. At Bonniers. 3-qt. stainless colander: companion piece to Flint cookware. \$8.50. By Ekco. "Counter Saver": 16" w. x 20" 1., white Pyroceram glass ceramic. \$12. By Corning. At Altman's. Round basket on table, \$10. At Fantastic Arts. Salad drier: \$12. At Bonniers. Baskets above refrigerator: left, from The Gazebo; right, from Stephen Barany. Chef's carving knife: 8" blade. \$19. Chef's utility knife: 61/2" blade. \$16. Knives by Henckel. At Delbon & Co. White soufflé dishes: 5" diam. \$3.50; 534" diam. \$4.50. At Bazaar De La Cuisine, 134 qts. covered terrine: \$25. At Kitchen Korner. "Green Caughley" china: plates, \$4.55; cup and saucer. \$6.50. By Stangl. At Neiman-Marcus. Orrefors old-fashion glasses: \$6.75 each; Highball glasses, \$8.25 each. At Lord & Taylor. Earthenware butter tubs: small, \$6; large, \$8. At La Cuisiniere. Porcelain enameled cookware: shown on range, 11" fry pan, \$20; 11/2 qt. open saucepan. \$16.50. By Waterford, At all Design Research stores.

Page 68:

Hot Water Dispenser: 7" w. x 7" d. x 12" h. \$75. By KitchenAid, a division of Hobart. "Green Caughley" coffee mugs: \$5 each. By Stangl. At Neiman-Marcus. "American Colonial" stainless teaspoons: \$2.75 each. By Oneida. Enamel oval roaster: 171/4" diam. \$7. At Bazaar De La Cuisine. Porcelain enameled cookware: Teflon interiors. 8" fry pan, \$14; 10" fry pan, \$17; 11" fry pan, \$20; 11/2 qt. open saucepan, \$16.50; 11/2 qt. covered casserole, \$20; 31/4 qt. covered casserole, \$28; 2 qt. oval casserole, \$24; 534 qt. oval casserole, \$37; 21/2 qt. sauté, \$27; 9" au gratin, \$13.50; 11" au gratin, \$16.50; 14" au gratin, \$21; 10" cover, \$13; 11" cover, \$13.50. By Waterford. At all Design Research stores. Hammered aluminum cookware: 3 sizes of saucepans will be available late 1974; 23 qt. Marmite, \$66; 11 qt. Marmite, \$34; rectangular braisiere, 18 qt., \$85. At Kitchen Korner.

Pantry: Storage shelves: 2 shelves, 4

risers per box, shelf measures 211/2" w. x 12" d. x 8" h. \$10 each. By Copco. At Altman's. Stereo equipment: 4/ channel tuner-amplifier-receiver: \$270. "Dolby Cassette Tape Deck": \$300. Turntable: \$200. Wood Cabinet Speakers: \$60 a pair. Color TV: black with brushed chrome front. \$480. All by Sanvo.

Bottom left: Irish whiskey glasses: \$16 gift set of 2. At Ellie Conason. "Melior" coffeepot: 8 cup capacity. \$80. At Design Research. Orrefors wine decanter: 24 oz. \$72. At Lord & Taylor. Gold tray: 17" l. x 121/2" w. \$30. (\$2). At Hammacher Schlemmer. Straw animals: duck, swan, ram, \$180 each; 3-handled trophy cup; antique flowered plate, both shown 3rd shelf of bookcase, \$60 each. At John Rosselli.

Page 69:

China storage

Top shelf: Flowered hexagonal plates: \$35 for set of 6. At Hammacher Schlemmer. Half pint pitcher: \$7; pint pitcher, \$9; 12" salad bowl, \$24. By Stangl. At Neiman-Marcus. Middle shelf: "Green Caughley" coffee mugs and pot: coffeepot, \$17.75. By Stangl. At Neiman-Marcus. Bottom Shelf: "Green Caughley" china: dinner plates, \$6.25; salad, \$4.55; dessert, \$3; creamer, \$6.50; sugar, \$3.75; By Stangl. At Neiman-Marcus.

Bowl storage

Top shelf: Beige earthenware bowl: \$5. At Bazaar De La Cuisine. Pyrex measuring cups: 1 cup, 75c; pint, 98c; quart, \$1.29; By Corning. Bottom shelf: White cake mold: \$8; soufflé dishes. Both from Bazaar De La Cuisine. Imported soufflé dishes: small, \$7.50; large, \$10.50. At Fantastic Arts.

Children's Play Area

Steiff Teddy bear: \$35; Raggedy Ann, \$4-24; wood blocks, \$14 a set. From FAO Schwartz. "Mother Goose" patchwork goose: \$30. From a collection of patchwork animals at The Gazebo. Built-in VacuFlo vacuum system: wall inlet painted to match cabinets and paneling. By H-P Products. Built-in bread and food toaster: 16 1/16" l. x 9%" h. x 5 9/16" d., 4 compartments for toasting. \$85. By Edison. Orrefors cake plate: \$50. At Lord & Taylor. "Char-Glo" Gas Grill: 20" l. x 21" h. x 15" d., infrared cooking. \$228. By Waste King Universal. Serving cart: 2 heat resistant trays. \$70. At Hammacher Schlemmer. Hot food server: two 6" d. warming drawers. \$270. By Edison. Red checked napkins: \$2.50 each. At The Tablerie at Bonwit Teller. Automatic ice cube maker: makes 50 lbs. of ice per 24 hrs. \$410. By Sub-Zero Freezer Co. Bamboo cooler glasses: top of ice maker, \$16.50 a doz. At Hammacher Schlemmer. Foodmatic Food Preparation Center: \$478 for basic unit and attachments. By Ronson.

BIG, BEAUTIFUL PLANTERS Page 76:

Top, left to right: Ceramic pot from California, 241/2" diam., x 15" h., 64 lbs. \$90 at Country Floors. Middle: terracotta woven basket, comes in various sizes. \$15 to \$200. By Terrafirma for Ronaldo Maia Flowers. Right: "Casa

Bella" stainless steel and acrylic planter, 18" sq., x 15" high. Available in brass and acrylic. \$384. From Luten, Clarey, Stern.* Large Inset: porcelain standing vase, handbuilt and painted by Artist Norman Bacon, 12" x 12" deep. \$60. By Eclipse-Norman Bacon.

Page 77:

Large Inset:

Back row: planter, 8" w., 61/2" deep, \$18; front row: planter 91/2" w. x 51/2" deep, \$18; "Hanging Cloud I" planter 13" w. x 8" deep, \$40; planter 9" w. x 71/2" deep, \$20; "Hanging Cloud II" 12" w. x 10" deep, \$40. All Eclipse-Norman Bacon. Bottom left: Black triangular container 25" w. x 151/2" h. x 131/2" deep. \$45. By Beylerian Ltd. At The Workbench. Middle: Square cedar planters. 12" sq. \$45: 15" sq. \$55; 18" sq. \$65. By Terrestris. To order at The Old Mill Shop. Right: Round white container 351/2" perimeter, 161/2" high. \$195. By Beylerian Ltd.

SUPER BATH Pages 78-81:

Soaking tub: blueberry 36" x 60" x 20" d., "Man's Lav" lavatories : sunshine yellow 19" x 28" w. "Caravelle" bidet: 25" x 14" x 14" h. "Rochelle" toilet: 281/2" x 193/4" h. "Tobago" shower stall: fiberglas, 48" x 36" x 75" h. All in avocado by Kohler. Shower door: 31/2' x 75" x 1/4" thick clear Plexiglas. Available in stock and custom sizes. By Rohm & Haas. "Sanspray" stone panels on walls and ceiling: 4' x 8', 4' x 10' crushed stone bonded to plywood panels. \$25-30 per 4' x 8'. By U.S. Plywood, a division of Champion International. "Provincial" plank flooring: used on floor, bridge and counter into which sinks are recessed. \$2.50 sq. ft. By Bruce Flooring. Plexiglas mirror: in sizes from 24" sq. to 48" x 96", in 1/4", and 1/s" thicknesses. \$4.50 a sq. ft. From Cadillac Plastic & Chemical. Polished chrome light fixtures: above wash basins, \$24 each. From Harry Gitlin. Cork accessories: round bowls, covered boxes, \$12.50 each; round rimmed trays, near tub and on counter: small, \$11; larger, \$17. "Kitchen Chemistry" glass jars: 48 oz., \$7 each. By Pilgrim Glass. "Williamsburg" foaming salts: \$5. Long handled bath brush: \$24. By Kent. Everything from Bloomingdale's. Pre-Columbian stone bowl: shown below glass shelves. \$275. At Gallery II Primitive Arts, Milwaukee, Red velvet robe: \$65. Alexander Shields. Large basket: shown near wall to right of counter. \$45. At La Tienda. Japanese picnic basket: shown on shelf above bidet, \$90; red lacquered bowls, \$50 each; anitque red lacquered boxes, \$150 each. At Art Asia. "Luxor" towels: bath sheet, \$13; bath towel, \$5.75; hand, \$2.85; washcloth, \$1.20. Martex. WINE & FOOD COVER

Page 91: "Tulipas" tiles: shown in background. At Country Floors. Pint pitcher: \$7.50. By Iittala. Porcelain spoon: with fork, \$17.50. At Baccarat. Large flan dish: \$11; individual ramekins, \$1 each. At Bazaar De La Cuisine.

For store addresses, write House & Garden Reader Service, 350 Madison Avenue, New York, N.Y. 10017.





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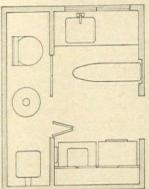


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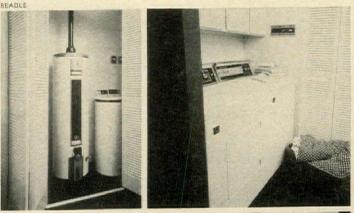
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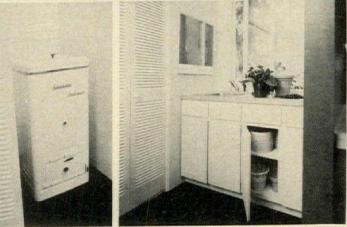
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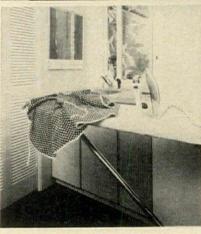
Tucked almost out of sight but handy beside the kitchen, the laundry room is a pleasant private place to deal with the mechanics of household management. Above an Elkay sink convenient for laundry or flowers, an insulated Andersen window overlooks a garden. A Lady Seymour ironing center stands ready for the weekly session done all at



once, of course, to save electricity. Steam iron from Hamilton Beach. Sink fixtures by Delta. Red smock by Kangaroo.

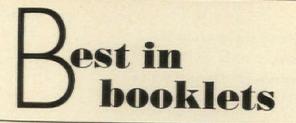






lighting Fluorescent by Sterling, under cabinets, is another energy economy. Laundry supplies are stored under the sink, over the Speed Queen washer and gas drier. Household utilities-a 40-gallon Ruud water heater from Rheem, a Waterfine water refiner, a gas incinerator by Calcinator -invisible but fully accessible behind louvered Slimfold doors from Ternes, are safeguarded by the Nu-

Tone fire alarm system that also provides security for the house. Sheets by Wamsutta, Croscill cotton comforter save energy twice: The sheets are no-iron, the comforter is filled with Kodel fiberfill so they need much less time in the drier, and practically no pressing. The drier is vented outside, necessary in a tight little room like this, and also easier on the summertime air conditioning system. The floor, easy to mop, is Armstrong tile, as in the kitchen.



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January, 1974

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"What's outside? should be the first question the builder and buyer of a house ask. Where is the prevailing wind? Where will the sun rise? What shade is there?"

THE FUTURE OF PLANET-KEEPING continued from page 71

Other biological methods under study: the use of bacteria to break water down into oxygen and burnable hydrogen; fast farming to produce plants for breaking down into fuels chemically or by burning (pyrolysis).

Wind. The heat of the sun shifts as the earth moves under it-which keeps the world's atmosphere in a state of indecision most of the time. Winds blow everywhere, but stronger and more predictably in some places than in others. Dr. William Heronemus of the University of Massachusetts is engrossed with a project to float electricity-generating windmills in the strong off-shore breezes around all our coasts. He estimates that in fifteen years, windmills off the coast of New England, for example, could generate 159 by 109 kilowatt hours-a mind-staggering amount. Meantime the old-fashioned farm windmill, used to pump water, is coming back into style. Unlike the woodburning stove, which people are buying in astonishing numbers as a strictly temporary way to fill the energy gap (the one Maine foundry that still makes them had 500 on hand last year, this year is 800 stoves behind its orders), the windmill is a practical, even a pretty piece of equipment for a country house. The Real Gas and Electric Company in Guerneville, Cal., will soon be ready to distribute Australian-built windmills in rural areas.

Ocean temperature. The surface of the ocean between the Tropics of Cancer and Capricorn never drops below 82 degrees. Two thousand feet down, the temperature rarely rises above 38 degrees. By exploiting the difference in temperature, scientists estimate they could turn out one BTU of heat for every pound of warm water flowing through the heat pump.

Each of these methods is renewable—that is, the power source will never run out. Some are already in practice. Nashville, Tenn., and New York City are among the municipalities investigating trash as a fuel. Louisville, Ky., has already begun to convert garbage and sewage into energy. And there's an interesting bonus: the garbage problem is going away. Once every aspect of the life cycle is hooked into the life support system—as it is in nature—there are no ugly leftovers. Louisville is finding, on a very small scale, that planet-keeping pays.

GEOTHERMAL ENERGY

Inside its seemingly innocent envelope of rock and soil and water, the earth is a seething molten cauldron. Trapping and using that heat and that energy seems very practical although there are some serious environmental problems to consider (what happens, for instance, if you upset the temperature balance in the vicinity of a geological fault: earthquakes?). HR 11212, now in the House of Representatives, would provide \$80 million for the study and implementation of geothermal energy.

HYDROELECTRIC ENERGY

We have used the force of falling water to turn electric generators for decades—but the spillways of giant dams or waterfalls like Niagara are not the only places where masses of moving water can be conveniently trapped. Under serious study for hydroelectric generation are the Bays of Fundy and the Passamaquoddy, where tidal bores—those huge waves of water that mark the turning of the tides in some places can be set to work.

NUCLEAR ENERGY

This is probably the big one for the years immediately after fossil fuels become impossibly scarce and expensive, and before renewable sources like solar energy are fully developed. There are twenty-nine nuclear fission power plants in operation in the U.S. now, fifty-seven more under construction and seventy-six are being planned (as of January 31, 1973). These 162 generators will add 40 percent to our existing output. They have all the problems of fossilfuel generators plus a few of their own: Their fuel is scarce and irreplaceable, they pose serious air, land, and water pollution problems, they are extremely expensive to build and operate, and they are big-a cooling pond of about 1,500 acres is necessary even for a small plant. Breeder reactors, which create more radioactive material than they use, would solve the fuel problem-and compound radioactive waste pollution problems beyond conceiving. Scientists have yet to find a way to "dispose" of wastes, which take thousands of years to degenerate.

If the technology of nuclear fusion can be solved, many problems will disappear—but the development time looks longer and more costly than for many renewable-energy systems.

ENERGY MANAGEMENT

Energy management, the single most important attack on the immediate energy dilemma, is the use made of energy we already have, and it's one place where the private individual can make a real difference. If we all follow A. M. Watkins's rules on page 24 we could save several percentage points in annual consumption without affecting our standard of living. And there are steps new-home builders can take that not only save energy but improve comfort and quality too. Here are a few:

"What's outside?" should be the first question the builder and buyer of a house ask. Where is the prevailing wind? Where will the sun rise? What shade is there? By eliminating windows on the north, heating costs are cut. By locating breeze-catching windows east and west, by planting trees to use the climate-control system the planet already has, by letting natural breezes blow, summers inside will be cooler.

"What materials?" is the next question. The technology of temperature comfort has existed for centuries. Old adobe houses in the Southwest are cool in the daytime, warm at night. In West Pakistan, thick walls keep out heat while rooftop scoops pull prevailing winds into cellars to cool before they blow through the building, and slanting roofs channel rainwater into barrels in the courtyards. Americans can use insulation, and we are beginning to try tricks like half-burying houses in the cooling earth.

"What will it cost, in energy, to run?" That's a question that mortgaging banks ask as a matter of course-and that homeowners rarely really consider. One well-known Boston contractor says only one client has ever asked, in his thirtyfive years in business. It can make a huge difference. "Say in five years solar heating and cooling added \$4,000 to the cost of a \$20,000 house," says Dr. Wilbur. "You say, '\$4,000-that's ridic ulous.' But once it's installed there are no run ning costs. You amortize it over twenty yearsand it knocks \$30 to \$40 off your monthly budget." At the moment, solar heating, cooling and electrical generation are more likely to cos over \$100,000. But the same point applies.

"When it's finished, what kind of efficienc can I demand from my machines?" Anybod buying an appliance ought to ask this-and will probably stump the salesman, though onl for the next few months. There are two ways t assess appliance efficiency: one is through it Energy Efficiency Ratio, or EER, a measure ment likely to be a legal requirement soon. Som companies, like Montgomery Ward, have an ticipated events by listing it voluntarily. The other method is to demand a life-cycle con rather than a simple purchase price. New Yor City, for example, now does all its buying on the basis of life-cycle costs-how much an air con ditioner, say, will cost to acquire and operation over the estimated seven years of its life.

All sorts of things are going to have to h built better, to last longer, because every may ufacturing process consumes more energy. A consumers, we can and should demand the loudly: we will, after all, be the beneficiarie with better-quality goods. Recycling will help the Reynolds Aluminum Co. estimates that r using aluminum cans takes only 5 percent of the energy necessary to extract aluminum from or

The next ten years will be the hardest of the energy dilemma. To ease them, we must all g used to new habits—simple, virtuous things lift turning off lights, using public transportation recycling everything we can lay our hands of curbing our consumer reflexes; and more conplicated things like learning how to plan of houses, our towns, and our cities. If we can coenergy consumption now, we'll probably have enough gas, oil, and coal to get us through the coming years of change. From then on, the energy weather looks sunny and moderately clear.

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