

There's simply nothing to compare with Artefacts, Henredon's brilliant new collection of bedroom, living room, dining and occasional furniture. Spiced with oriental flavor, Artefacts designs are totally contemporary, yet inspired by the handcraftsmanship of the past. Architectural in line, but warm and informal in effect. Original in concept, yet very versatile and adaptable. The result is simple, classic beouty. A comfortable, contemporary style that will endure the years. And a truly remarkable collection for those who love a contemporary look, yet value the artistry of the past. To see more designs from our Artefacts and Upholstered Furniture Collections, send $\$ 1.00$ for brochures to Henredon, Department HG 5-72, Morganton, North Carolina 28655.

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Traditional African patterns that were meant to please the gods will now add pleasure to your home.

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## DECORATE-IT-YOURSELF continued from page 8

"Treat a wall like an abstract painting." . . . John FitzGibbons covers a wall with burlap for texture, then paints it white. Three shades of another color are painted on in short strokes with a big brush (try tones of yellows or persimmon-peach-red) and afterward, glazed over for sheen.
"Go Mondrian on the floor" is John Dickinson's secret trick of delineating areas with color. In a big room with three seating arrangements, he likes the rugs to define the areas, with each one being a different color: For instance, in a pale gray room with lots of white in it, he uses a gray rug, a white one, and a camel-colored one.
"Make pattern" is Burt Wayne's idea for adding interest to floors, "with stenciling or color stainings or by distressing the wood with chains and then painting it."
"I think a secret something is a big piece of furniture in a small room"-Denning \& Fourcade uses this idea to deny the spartan look and to fill up a room: "Even in a tiny bedroom, we like a great fourposter bed."
"Splash on the romantic chintzes" is Mario Buatta's tip to relax and warm a room. "The patterns used to come in old fuddy-duddy shades, but now they're brought back with fresh new colorings."
"Use luscious textures and finishes" is Thomas Britt's answer to bareness. "Furniture lacquered ivory, or with silver and horn inlay, or chevron and checkerboard effects painted on, looks great today."
"Walls have to glow like a fine piece of furniture" is Peter Guertler's secret for a beautiful room. His method is to achieve shimmering transparency by adding color to flat varnish and glazing on coats and coats until he gets depth and intensity.
"Hide the sources of light as much as possible, have fewer curtains, let the place breathe with minimum things, but let them have meaning," says Arthur Smith of Baldwin Martin \& Smith. His secret for a change of pace from winter to summer: two sets of slipcovers, two sets of pictures. One whole look is exchanged for another to give variety and sparkle to the same room.
"Cut the upkeep" is Jay Spectre's design for living, and he does it with easy-care furniture and electronic gadgets. "If you do buy an antique, make it as distinctive as a piece of sculpture."
James Tillis of Mallory-Tillis says, "Don't try to dress a room as you would yourself-if you go all out for the whim of today, you'll end up changing it tomorrow."
Howard Perry Rothberg II has a secret for taking the curse off anonymous apartment living: "Play up texture on the walls. I like rough sawn cedar or cypress planks, brick, fabric, mirrors, tile, everything to add character."
"Make something yourself" is A. Bennett Kouwenhoven's certain something for personalizing a room, and also, "add things made of natural fibers, things handcrafted." Melvin Dwork is for no curtaining of windows: "Instead, use vertical blinds, in colors; or woven wooden looking onesthese are made of aluminum and are easy to keep clean." John Saladino has the last word: "make a plan and then stick to it; remember that space is as important to a room as the silhouettes in it."

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# They turned their love for decorating into a dream career 

Why don't you? Free booklet tells how LaSalle helps women train for success as interior decorators. You can learn at home in your spare time.


"Enrolling in LaSalle's decorating course was an inspiration. Your training helped me develop my own successful gallery of art for decoration. I've enjoyed increased earnings and recognition beyond my dreams. I'm so proud!"'-Lucy Kovesi, Town Gallery, New York, New York

"I have formed my own company ... also have an associate to work with me. We are doing offices, private homes and model home complexes." -Mrs. Patricia Meine, Palos Verdes Estates, California

There are few fields today that offer more pleasure or greater rewards to an imaginative woman than interior decorating. It is an ideal field where you can put your good taste to practical use.

The women you see pictured on this page are only a few of the many who are now on the happy road to success in a decorating career. Why don't you become an interior decorator?

You may be one of the many women with natural talent in this direction-talent just waiting to be developed.

You can now train for a decorating career at home, in your spare time. No previous skills or experience are required for this training. You can prepare for a variety of positions leading to fine salaries - or plan to go into a profitable business for yourself. Why not look into the many opportunities that interior decorating offers you?

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Decorators are now used to beautify homes, hotels, business offices, building lobbies, clubs and institutions. That's why the field has grown so enormously.
The work of a decorator is varied and interesting. It frequently takes you and your clients into smart showrooms and exclusive shops filled with treasures. You move in a world of fashion, creativity and ever-new challenge.
Designing and furnishing even a single room may earn a decorator a fine commission; larger assignments, of course, earn them much more. Many women do well just in part-time work, their own homes sometimes serve as showcases for clients.

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The LaSalle Course in Interior Decorating has been prepared to give you comprehensive preparation for this exciting modern career. Lessons come to you by mail; they are as enjoyable as the exciting work itself. Much of the study material included is unusual in a course of this kind. For instance, you get an attractive, simple-to-operate slide projector with color film strips that show interiors almost as big as life on your wall. You also get sketching equipment, coloring materials, stencils that make it easy for you to draw room plans and furniture arrangements, and much more.

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Mail attached card for free booklet More than $2,000,000$ people have enrolled in LaSalle's home-study programs. If you are seriously interested in a decorating career send for LaSalle's beautiful free booklet which tells how you can get started. (You may be surprised by the low cost of the course.) LaSalle, 417 S. Dearborn Street, Chicago, Illinois 60605.

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QUESTIONS \&ANSWERS ANTIQUES

## BY LDUISE ADE BDGEIR



VICTORIAN SPOON WARMER
Can you tell where my spoon warmer was made? It has "Atkin Bros." on the bottom. How was it used? W. A.-Austin, Tex.

Your Victorian spoon warmer was made by Atkin Brothers who were silverplaters at Sheffield, England. It was filled with hot water and used during the meal to keep spoons warm for hot dishes, such as soups.

I would like to find out about this wood desk, entirely inlaid with mother-of-pearl and ivory. It has two drawers on top, two inside, and four on the left side.
N. C.-Manhasset Hills, N. Y.

This type of desk, known as a Davenport, was popular in both England and the U. S. in the 19th century. Judging from the photograph, your Davenport was probably made in India during the second half of the century, perhaps as a special order for an English Colonial living there.

DAVENPORT DESK



## WALL FOUNTAIN

What can you tell me about my pottery wall fountain, bought at auction? It has no markings. A.P.-Scarsdale, N.Y.

I believe that your wall fountain with matching basin was made in France or Italy and is not significantly old. The wall fountain was chiefly used in European dining rooms and remains a distinctive decorative accessory.

GERMAN PORCELAIN
My wife recently received this beautiful piece of porcelain. I am enclosing a copy of the marks in the hope you can identify it for us. W.C.B.-East Orange, N. J.


Your animal pair was made at a porcelain factory started in 1898 at Volkstedt-Rudolstadt, Thuringia, Germany by Karl Ens. It specialized in art porcelain.

Continued on page 18


## It takes a lot of our extras to turn a little table into the center of attention.



...like this elegant Louis XV Style Curio Cabinet from the Tempo Collection. From its antiqued gold vein mirrored back to the gold leaf finish, this Louis XV Curio bespeaks the pride and pleasure of your room. Warren - Shund upholstery, now a division of Weiman. Company, Inc. offers sparkling upholstered designs accented with a host of beautiful fabrics.
Weiman's collection of occasional furniture and new selection of upholstered furniture offer the unusual answer for every decor. Look for Weiman at fine furniture stores everywhere.

Write for a free colorful brochure of 1972 occasional decor ideas, or see your Weiman dealer.


## GAUDY IRONSTONE BOWL

My grandmother brought this bowl with her to the United States from England in 1872. Can you identify it for me? C. A. T.-Oneonta, N. Y.

Your bowl on a low foot is an example of Gaudy Ironstone, a kind of English-made cottageware in a wide range of floral patterns, generally with added detail in copper luster, as in your example, or in gilding. It dates around 1850-1865.

TIFFANY VASE
I would greatly appreciate some information as to the history of my vase. It is amber with iridescent blue, hand-made, and signed "L. C. Tiffany Favrile."
E. A. V.-Los Angeles, Calif.

Your Art Nouveau Tiffany Favrile glass vase probably dates around 1900. The distinctive trade-
 mark "Favrile," which became a household word, was registered in 1894. It is thought that the word was derived from the Old English, Fabrile, meaning "belonging to a craftsman or his craft," or in short, "handmade."

## AMERICAN INDIAN FIGURES



I would like to know something about the twin statues that came from my cousin's home in South Carolina. They are metal, 14 inches tall, and stand on a 1-inch marble base.
J. A. B., Jr.-Gastonia, N. C.

Originally your figures in romanticized Indian costume held glass vases-usually of colored glass-on their heads. The figures are American in origin and date around 1840 to 1850 .

## AMERICAN CLOCK

This grandfather's clock belonged to my grandparents and I know it is over 100 years old. It is 8 feet tall and the name "Joseph Rothrock" is on the face. What can you tell me about it? D. R. M.-San Francisco, Calif.

Joseph Rothrock, clockmaker, was active at York, Pa., about 1783 to 1790 . The scrolled broken pediment and arched dial are characteristic of a type popular among American clockmakers in the late 18th century.


## ENGLISH DUMBWAITER

An elderly lady gave me this table. It is about the size of a library table but when you pull the top up, it becomes three shelves with rope and pulleys. What was it used for?
J. M.-Houston, Tex.

You have an English, late Victorian dumbwaiter, dating around the 1880s. Sheraton writes of this class of furniture in his Cabinet Dictionary (1803) : " . . . a a useful piece of furniture, to serve in some respects the place of a waiter, whence it was so named." It held extra plates, cutlery, desserts, bottles and glasses for after-dinner drinks.


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MHITHES

## Yves Saint Lourents original bluepint / Only Fieldcrest does it like this

## With a purchase as big as carpeting, you owe it to yourself to read everything you can lay your hands on.

## Wool is the fiber with bounce and buoyancy built in for life.

Inside of each wool fiber is an uncopyable coiled spring structure that gives wool its lasting resiliency and strength. The wool fiber can be stretched $30 \%$ of its length or crumpled into a tight ball and
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It can be flexed and twisted thousands of times without breaking. That's why you've heard of wool carpets lasting beautifully for hundreds of years.

If man-made fibers could copy the structure of wool they wouldn't be man-made. They would be wool.

## Wool cleans easily because it's the only fiber with a natural protective covering.

Wool stays cleaner longer and cleans beautifully when it needs it because the uncopyable inner structure of the wool fiber is protected by an uncopyable outer covering. If you look at the surface of a strand of wool under a powerful microscope you will see that it has a covering of thin scale-like cells that overlap each other like the shingles on a roof. Just as a shingled roof protects your house, the shingled layer protects the heart of wool.

And that isn't all. There's still another protective layer on top of that . . . that's why wool carpets have a natural resistance to spills and dirt and why they resist the build-up of static electricity which attracts dirt. These are all part of the reason why wool cleans easily whether in small areas or wall-to-wall.


Wool is now well within your price range.
Now you can have all the beauty and benefits of wool for far less than you'd expect.

Now because of new and improved ways of processing wool, you can choose from a whole world of styles and textures for less than $\$ 10.00$ a square yard. From the biggest names in carpeting.

But even if you choose a higher priced wool carpeting it's still a better value than other carpet fibers. Less expensive fibers are more expensive in the long run.


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And it's nice to know that a dropped cigarette or lighted match won't leave a permanent ugly black mark as it usually does on synthetic carpeting. With wool, the charred fibers can easily be brushed away leaving little or no change in appearance.

## Wool is the only fiber with this mark of quality.

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Send me thls cartridge as my first
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## NOTES OF A HAPPY HOUSEKEEPER

## BY MARY ELIZABETH FALTER

There is nothing as tempting as a piece of clean white wall beside a wall telephone. No matter how I used to rant or plead, none of my family was able to resist jotting telephone numbers on the wall next to the phone in the kitchen. As soon as I scrubbed them off, they were reborn, keeping me in a state of acute frustration. Then one day, browsing in my favorite kitchen shop, I came upon a little plastic memo board and recognized it as the answer to my problem. It's about 10 inches wide, 12 inches long, and a deep flag blue. You write the message (which can be wiped off) with a white china marking pencil that sits on a little ledge along the bottom of the board. So far everyone enjoys using it instead of the wall and it makes a nice spot of color in the kitchen.

One of my fondest dreams is to have a really great mud room. The Millers have done a wonderful job with theirs and I studied it carefully when we spent the weekend with them at the farm. It consists of a back entry built on two years ago adjacent to the kitchen and pantry, and its most important feature is a tile floor that slopes to a drain in the middle. A flower sink runs along one wall, and next to the sink is a faucet with a short length of hose attached. This is used to wash muddy boots and tracks on the floor. Beside the hose they keep a long-handled squeegee to push the excess water down the drain. (A squeegee, unlike a mop, stays clean.) Opposite the flower sink is a coat rack with a shelf on top for caps and hats and a shelf on the bottom for boots. And in the corner is a large umbrella holder and a rack for drying mittens. Betty Miller says they use the room just as much in summer as in winter. They deposit their dirty shoes and gloves there when they come in from the garden, and the flower sink and cupboards are handy for the often messy business of arranging flowers or working on flowerpots. Under the sink is a cupboard for packages of plant food, sprays, and hand tools, and above it are generous shelves for vases. Ah, me-I can only wait and wish.

Do you ever have dirty hands? Silly question for anyone who gardens, paints furniture, cleans the cellar, or scrubs the oven. There are times when ordinary soap just won't get them clean. Those are the times for Red Devil heavy-duty hand cleaner, a white foam that comes in a spray can. You apply it directly to your hands, and as you work it in, the foam loosens the dirt and stains. Then you either wipe it off with paper towels, rinse it with water, or both. The cleaner also contains lanolin to keep your hands soft and smooth. Great for the grubby hands and knees of very busy children, too.

One quick way to toss a salad is in a clean plastic bag. Be sure it's big enough so the greens won't be crowded. Put the greens in first, top with a just-right amount of salad dressing, twist the bag to seal it, then shake. When you empty the salad into plates, it will be evenly covered with dressing. A good trick when you're making salad-for-two and don't want to get out a large bowl.

Continued on page 36

# Want tolose 4 pounds fast? Start now and save $15{ }^{\circ}$ on Slender 

Just stick with 900 Slender calories a day and you'll get a thrill at the end of the week. We know. We put dieters who were at least $20 \%$ overweight on Slender for three weeks. Losses averaged more than 4 pounds the very first week. After that, they averaged $3^{1 / 2}$ pounds a week. Mixed with the substantial nutrition of milk or chilled from the can, Slender's taste is unbeatable. So ask your doctor. And try it while you can save money too!


## Ifyou had an extra ${ }^{\$ 5} 00$ would you spend it on sterling?

## No.

There are too many other things you'd rather do with the money. Another trip to Europe. A new fur coat. The start on a swimming pool. Or there are too many other things you ought to do with the money. The orthodontist's bill. Higher school taxes. New carpeting. We all know in this day and age if it isn't one thing, it's another. And, after all, America is the home of planned obsolescence. Who cares if sterling lasts forever? Who even wants it to last forever? Is sterling worth it?

## Yes.

Sterling silver is the one big purchase you won't outgrow. It has an intrinsic value that can become even more valuable with age. If anything, the patina of time only increases its beauty. And maybe deep down it makes you feel good to own the good things of life. Is that bad? Can paintings on the wall and good music on a good stereo system be dismissed as superficialities? Somewhere there's a place for beauty and warmth and pride of craftsmanship. Is it with you?

# You decide. We'll be here when you're ready. Reed \& Barton Since 1824. 

[^0]

# Mrs. Karen Galloway's one-of-a-kind collection. (She put it together from six of our Drexel Collections.) 

Karen went into her nearest Drexel store one morning-and a few hours later, came out with a family room. Her own, "Looks just like you, Karen" family room.

She scanned our many different collections. Studied our twenty-seven catalogs. Our designer rooms. Her salesman pitched in and trundled a Shaker credenza alongside a bamboo desk, so she could see how the two styles would mix.

And so, with conversation sofas from our Upholstery Collection; and candlestick lamps from our Accessory Collection; and other favorites from other collections; she soon put together her own personal style. And she was able to concentrate solely on creating her "look" because Drexel takes care of the workmanship.

This was Karen's dream, but of course, you don't have to mix your styles the way Karen wanted to. You can do a whole home from just one of our collections if you'd rather. Either way, you can start thinking about it now if you send $\$ 1.00$ for a set of our style booklets and room planning kit to Drexel Furniture, Dept. HG 5-72, Drexel, N.C. 28619. For the name of the Drexel dealer nearest you, call free 800-243-6000. In Conn. call 1-800-882-6500.


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## NOTES OF A HAPPY HOUSEKEEPER <br> continued from page 31

Mounting fabric on a wall used to be a fussy, difficult job but we found it very easy to hang the panel of chintz behind Tina's bed with Vinyltak adhesive tape. It's a heavy tape $11 / 2$ inches wide and extra-sticky on both sides, once you remove the backing. Great for hanging maps and posters, too, and for anchoring rugs and carpets-particularly the ones that come home from the cleaner with curly edges. But you have to be sure the surface you apply Vinyltak to is clean and free of dust, loose paint, or loose plaster-they will break the bond.

A bought-and-forgotten item I came across when I last cleaned the broom closet was a combination sponge and squeegee on a stubby handle intended for window washing. Since it didn't, on second thought, appeal so much as a window washer, I told myself there had to be something else to use it for-maybe to wash the Formica countertops in the kitchen. So I filled a bowl with detergent and warm water and, dipping the sponge in the sudsy water, went to work. After I had washed each section, I flipped the sponge over and squeegeed the soapy water back into the bowl. The whole operation took less than a minute and left the counters spanking clean and dry. Eased my conscience, too.

When I bought a second paring knife to add to our collection of Zanger knives (they're made for professional chefs and butchers), I picked up a Zanger booklet containing instructions and diagrams for sharpening knives on a steel. "No gadget will sharpen a good knife as well and as fast as a sharpening steel," it says. I agree completely and might add that a good knife can be brought to top efficiency very quickly with a steel, but nothing will properly sharpen an inferior knife. Another point: Fine steel knives with wooden handles should never be put in the dishwasher.

When our dog, Ilse, was ailing the other day, the vet prescribed a thick, white liquid medicine-two tablespoons, the directions said. Somehow I had to get the stuff down her throat but certainly not on a spoon. So, to administer the dog's medicine, I emptied a small cylindrical pill bottle, washed it out and measured the liquid into it. Then I slid the bottle into the corner of her mouth, tipped her head back, and gently poured the contents down her throat. She was most cooperative, so I gathered I had hit on the right method.

Lee loves to sew and she's always on the lookout for new sewing gadgets. Her latest favorite find is a sewing guide called Tapestitch-a roll of yellow sticky tape 10 yards long and $3 / 4$ inch wide. Feels more like cloth than paper, which it is, and it can perform lots of little jobs that make sewing easier and more precise. There are vertical lines on the tape to guide top stitching, horizontal lines for measuring the placement of buttons and buttonholes, vertical perforations for special adjustments from $1 / 4$ to $3 / 4$ inch. Not only makes seam stitching perfect, but helps with sewing in zippers and holds stretchy fabrics firm. If you slash the tape, it will also bend around curves. As you finish each job, you simply peel the tape off, and it can often be re-used. For the most part, Tapestitch eliminates the need for pinning or basting-what a help!


There's a new way to help you create the kind of rooms you've always wanted. It's such a sensible idea you'll wonder why no one ever thought of it before.

## Deep inside you is a dream.

Remember the excitement of your first home? On moving day it was just empty rooms. But it was yours. And you dreamed how it would be the warmest, coziest spot on earth.

You've tried for years to make it come true. Shopping at store after store, looking at row after row of furniture. Trying to guess if that big sofa would fit in the living room. How that chandelier would look in the dining room. How that bedspread would look with the new rug.

A lot of work, time and money. Was it worth it? Has your dream come true?

## A new idea for turning dreams into reality.

An Ethan Allen Gallery is a new kind of store with everything you need to turn dreams to reality.

Not just furniture or carpeting or paint. A place with special people-experienced home planners who know many ways to help you turn those ideas in your head into rooms in your home.
How a tour of beautiful rooms sparks the imagination.
An Ethan Allen Gallery is a collection of beautifully decorated rooms-living rooms, dining rooms, bedrooms, dens and family rooms. It's like walking from one lovely home to another.

As you browse, you begin to get ideas. You see the way a simple lighting treatment can warm a cold corner. Or how a rug, or a fabric, or a color can pull together a room. You may even see some of your dreams.

## Ideas aren't enough.

Visit your Ethan Allen Gallery as often as you wish and browse as long as you like. When you're ready to express your ideas, we'll be ready to help.

We'll draw-up a step-by-step plan with you, working with your ideas and keeping a careful eye on your budget and the furniture you already own.

No running from store to store to find the right fabric, the right rug, the right accessory. No guessing how things look together. No ideas that are out of reach financially.

## Why your own feelings are so important.

A home that's yours alone is a statement about you and your family. It's filled with things you like and have chosen yourself; a place for children to grow up, a place for grandchildren to visit, a place to entertain your friends.

What's more, a home that expresses you is a good investment. Year after year you'll enjoy its beauty and comfort.

Come visit your Ethan Allen Gallery soon. We think you'll agree that it's a truly new way to help you have the home you've always wanted.


A ONE ROOM APARTMENT THAT'S AS HANDSOME AS IT IS PRACTICAL. The secret? A personalized selection from the 83 spac saving units in the Ethan Allen Custom Room Plan Collection. These adaptable cabinets are designed for a variety of functions and activ ties. They enrich any room with the look of custom built-ins. In this room, there's an inviting hospitality center with bar, a total stereo sy tem, a TV center-even space for a practical home office for him and a sewing center for her. All the furniture, fabrics, and most of the de orative accents are available at your Ethan Allen Gallery.


A SUNNY BEDROOM WITH ALL THE CHARM OF A VILLA IN FRANCE OR SPAIN. The decorating secret of this informal, gracious oom is using only a few carefully selected Ethan Allen designs. One of the wonders of the Ethan Allen American Traditional Collections is their amazing adaptability. The 18th century style four-poster bed is just right for the Mediterranean mood. The warm mellow finish on all the furniture from our Old Tavern Collection is complemented by the authentic touch of painted beams. The furniture, fabrics, bedding, and most of the decorative accents are available at your Ethan Allen Gallery.

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THIS FORMAL DINING ROOM IS SO ELEGANT IT MAKES A FAMILY DINNER SEEM LIKE A SPECIAL OCCASION. It's a truly handsome atmosphere for formal entertaining. The white rugs are an important expression of elegance. Carefully chosen pieces from several Ethar Allen collections create a perfect setting for fine crystal and rich, brocaded fabrics. The blue and white on the Chippendale sofa are tastefully picked up by the decorative accents in the buffet in the dining room. All of the furniture, the fabrics, the rugs, and most of the decorative accessories are available at your Ethan Allen Gallery.


THE RICNESS OF COLONIAL VIRGINIA IS SURPRISINGLY EASY TO ACHIEVE. The same hand-woven crewel fabric on the false canopy or the stately bed from Ethan Allen's Georgian Court Collection is also used on the Queen Anne wing chair, and for the drapes to coordirte the room. The Oriental design rug with its historic pattern helps add a timeless touch. All the furniture, fabrics, bedding, the rug and mot of the decorative accessories are available at your Ethan Allen Gallery.

# The rooms you've just seen are only the beginning. Wed like you to have 388 more pages of great decorating ideasthe Ethan Allen Treasury. It's yours free at your nearest Ethan Allen Gallery. 

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This certificate entitles bearer to one free copy of the new 388 page "Ethan Allen Treasury of American Traditional Interiors' 72nd Edition-at your nearest Ethan Allen Gallery. (Sorry, no mail or telephone requests.)

## Free Treasury Offer

In the new 1972 Ethan Allen Treasuryou'll see hundreds of full-color photographs of copletely decorated living rooms, dining rooms, beooms, family rooms, and dens.

And there are dozens of pages compely devoted to decorating tips and ideas, plua guide to selecting the right quality furniture and avice on how to take care of it properly.

In addition, there are over 25 pages $n$ the history and background of the most endring designs of the past 300 years, including pictures c great restorations.

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## Sears presents Matchmate Shag. The first carpet in 50 colors.

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Sears Matchmate Shags are here! And you can choose from any one of 50 decorator colors ...the largest collection of colors ever available in one carpet. Or if one of our colors doesn't fit into your color scheme, we'll have your c
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clause that allows you to substitute Coty's mirror image of this dear flower-their Muguet des Bois.

Naturally May is laryngitis weather, so if you develop that you can keep spraying your throat this spring with a portable Listerine case immensely attractive in white enamel and bright stripes. And don't forget to believe in that French proverb "Sick in May -well the rest of the year."

You might want to work out some grand Special Effects for your own house, lifting the idea from a place you never even thought of envying. That's the marvelous-smelling foyer of Bonwit Teller in New York where fragrances float persuasively in the air from time to time. Seems it's rather a do-itthemselves project-with a reservoir of the great stuff attached to the front door, then a compressor to spread the glad tidings around and a timer to arrange the perfect amount. Whole thing costs around two hundred dollars, plus uncounted hours of your precious time. But wouldn't that be a labor of love? And what a way to say hello to your friends.

For the baptism of your new Perfume Machine nothing could be more right-on than to float the beautiful new idea from Estée Lauder through it. They have called it Aliage, which means the meeting of opposites. Such unthought-of flowers as marigolds and geraniums tang up one side and roses, jasmine, and lilies of the valley give soft answers on the other, with green leaves and ferns all around. A green thought in a green glade, it is meant to weave a pleasant world from dawn to midnight-and comes in what they call a Sports Perfume and a Sports Spray.

Some people ration certain ornaments, special plates, particular candlesticks and use them only on holidays-to make Christmas forever a vivid memory in a child's mind. This spring Caswell-Massey has just brought over a little wonder from England that might do the very same thing for the month of May. It's a small flowered white china pagoda, rather Chinese Chippendale, and in its center a little dishy candle lets smoke wind in and out the windows and on through your place. And this is the swoony scent of Lilies of the Valley. Three little candles that look like sandbox toys come separately. Very 18th century-all from Floris.

Other little what the British refer to as "smell bullies" at Caswell-Massey . . . lilac hand soap-put it in every bath-room-from Holland and an exact smell-alike . . . another lilac soap from Israel that's like a garden in May and hypoallergenic . . . such a nonesuch as Iris soap . . . little rings of felt to drench in perfume and put invisible around the neck of craftily placed electric bulbs (where is that delirious smell coming from?) . . . the fact that they can be persuaded to make up their own lilac . . . lily of the valley . . . hyacinth perfume for you. . . .

Before May has slipped away-to pin its quality of life forever in your mind-try to find that perfect little story of Elizabeth Bowen she called Pink May. About a love affair that flourished as long as "the throaty smell of the May" plunged through the windows. Madly happy, the two lovers feel that "whatever happens tomorrow, we've got tonight." Then the weather changes, the pink blossoms brown, and all the happiness stops. Haunted, quite beautiful, quite sad, very May.


## IsVitabath an aphrodisiac, or what? <br> $\checkmark$ ?



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This hose gets the job done, too. Delivers full flow to nozzle or sprinkler. And it has solid brass couplings. Choose from two types: FlatLine garden hose with polymer 23, or regular FlatLine reinforced vinyl garden hose. Wherever garden supplies are sold.


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Within this pretty little chair are the same guts that make those big ugly reciners so darn comfortable.

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# Those few plants thatneed that something extra 

By William B. Hartis

My guess is that some gardeners struggle along doggedly for years with many of the more popular plants without getting results equal to their neighbors', because they overlook little twists in cultivation. This is an attempt to supply that information.

## ASTEIRS and CHIRYSAN-

 THEMUMS. Separate the crown every spring (except aster 'Harrington's Pink,' which can be left until it crowds), replant the single outside shoots. Pinch back chrysanthemum plants until midJuly; asters only once.
## AZALEAS and RHODD-

 DENIDRON. Provide a 1 -inch mulch of pit humus, compost, or well-rotted cow or horse manure every spring-not peat moss as it cakes and sheds water. Pinch off all seed pods after bloom. Letting seeds mature saps strength. Pinching provides two benefits: a maximum show next season and mild reaching-bending exercise for you. Rhododendron, as do all evergreens, require copious irrigation before deep frost and treatment with a plastic spray (Wiltpruf) to inhibit winter transpiration. Apply it in January and March on days when temperatures rise well above the freezing point.CLEMATIS. This lovely woody climber is one of the few lime-lovingplants. Each fallscratch 1/4 cup of lime lightly into the surface in a 12 -inch radius around its stems; each spring do the same thing with two generous tablespoons of 5-10-5 fertilizer. The Jackman types (large-flowered) should be pruned to 18 inches each spring, for they bloom best on new wood, which grows very quickly. A flat, thick rock will keep the rootrun cool. If a branch wilts, remove
it from the crown and burn immediately. There is no known cure for wilt, which is caused by a virus. Frequent spraying with Captan is thought to prevent it. Clematis under good culture are less affected by wilt.

CLIVIA. Most reference books, including recent ones, advise following the culture used for amaryllis, to which clivia is closely related. Maybe so, but my experience is different. Direct sunlight causes the leathery, dark green leaves to yellow, so keep it out of the sun but provide lots of light. Bloom shouldn't be expected until a plant is completely pot-bound. A two-year-old seedling or a rooted offshoot in a 6 -inch pot should bloom in two to three years. This gorgeous house plant blooms erratically unless the many suckers it throws are cut off regularly, but leave one sucker to let the original plant have a twin. If overwatering destroys the fleshy roots, cut off the rotten ones, and repot; if the crown is sound, new ones will grow.

DELIPHINIUM. Getting the tall hybrids (Pacific Coast, Blackmore \& Langdon, Bishop to name a few) to reach 6 to 7 feet is no feat, but few gardeners manage it. The following culture works for me: Three weeks before planting, spread 18 cup of lime, one generous cup of 5-10-5 fertilizer, and $1 / 2$ bushel of year-old cow or horse manure or compost per square yard of bed and mix as thoroughly and as deeply as possible (18 inches). After frost, plant heavily rooted seedlings on 18 -inch centers and stake at the same time. Tie the stalks as they grow. When the plant reaches 18 inches, scratch a scant handful of 5-10-5 fertilizer lightly into the surface; then water

Continued on page 52

## Make your first microwave a Thermatronic, the finest microwave ranges.



Richard Deacon is a busy man. He is also a gourmet cook who enjoys entertaining. After a hectic day on the set, in just minutes (thanks to the Thermatronic) he can put together a delicious dinner of roast pork stuffed with prunes and apricots (beautifully browned with the infrared element) and a tasty rice casserole. The meal looks as though he had been cooking all day, when actually it took him just minutes!

Whether it's a portable (as shown) or a bilt-in combined with a self-cleaning oven, Thermador offers the widest selection of microwave ranges available. All with browning elements, stainless steel interiors for easy care, and handsome black glass doors. Write for complete brochure on microwave ranges, and other Richard Deacon recipes. 5121 District Blvd., Los Angeles, California 90040

## Apricot and Prune Stuffed Roast <br> (One of Richard Deacon's favorite recipes)

5 pound pork roast $1 / 2$ cup diced apricots $1 / 4$ cup diced prunes 2/3 cup wine In a large bowl combine apples, bread stuffing, dried apricots and prunes. Heat butter with wine in microwave range until butter melts. Pour over stuffing, mix and toss to combine.
Cut large enough pocket in the roast to hold the stuffing. Stuff and secure pocket by sewing it with large needle and string.
Place fat side down on a trivet in a baking dish. Allow 8 minutes per pound. The last 20 minutes fat side is up. Use Infra-red for that golden brown.

## 気hermudor (ii)

The Elegant Difference in Microwave Ranges
well. Repeat this every ten days until bloom, but don't neglect irrigation between feedings. When the blossoms are spent and the leaves look ratty, cut back the stalks on a sharp angle to 18 inches. Withhold water until new growth starts, then irrigate reasonably to get second bloom on, of course, much shorter stalks. The second bloom of hybrids makes the best dried flowers; they also withstand 6 to 8 degrees of frost. To generalize: A deep bed for the big roots, high fertilization, and plenty of water get professional results, even if you do not live on the Pacific Coast. I have actually tried to kill delphinium by over-feeding them, but without success. It is perfectly obvious that this can be done, and those who do should chalk up the experience to bad luck and not brag about it to me.

DICTAMNUS. A fine rich loam, plenty of water, good drainage, and removing seed pods early satisfy this pleasant perennial-but if it is moved, even the second spring, it has little chance of surviving.

FUCHSIA. These nonhardy shrubs are great bloomers, but require light shade and cool nights. Because they are used in pots or patio planters they are likely to get too little or too much water. This also applies to their culture in hanging baskets, but more so. Because they are susceptible to red spider in prolonged hot spells (what isn't?), protect the plants with a systemic insecticide (Allpurpose Systemic Insect Spray, Heritage House). In hot weather bloom slows down, but picks up in early fall.

GAilllaididia. These gay things literally bloom themselves to death and rarely last two seasons, but as new plants will usually grow from side roots they should be given a chance.

## HEATHS and HEATHERS. Lime causes these acute

 distress-so acute they die. Bed preparation need not go deeper than 12 inches, but must include $\frac{1 / 2}{2}$ bushel of peat per square yard homogenized into the soil three weeks before planting in order to get the peat thoroughly moist. Nomatter the zone, all species require protection from bitter winter and spring winds. Most survive, uncomfortably, in Zone 4 (Arnold scale), where I live in winter. Heaths and heathers do not require rich soil. The taller-growing species should be pruned back hard immediately after bloom or they look scruffy.

HERBES. That thing around about aromatic herbs not requiring rich soil is dangerous. Perennial or annual herbs do well only in a rich garden soil, sharp enough for excellent drainage. Those grown in poor soils, tarragon in particular, rarely survive winter.

IRIS, Bearded. Dig in a fertilizer very low in nitrogen at the rate of 1 ounce per square foot three weeks before planting. Planting depth is critical; put the top of the rhizome even with the surface. To control iris borer, a common cause of failure, remove dead leaves and weeds in early spring when new growth is 3 inches high and spray or dust with any contact insecticide and repeat once a week for two weeks. But if the plants are
already infected, dig and cut back the rhizomes until no borer holes show. Gardeners who think they will get huge flags the first year should forget it. The chance is slim. Use a first-year bloom, if you are lucky enough to get one, to check the trueness of variety. If correct, cut it off to get maximum root development; if not, send it to your dealer asking for replacement in the fall so that you won't have to wait another year. Iris bloom well the second year; are most beautiful the third and fourth years. Separate and replant them in the fifth or sixth. Bearded types will not tolerate a moist location.

## PEONIES, Herlbaceous.

Failure to bloom is due to planting too deep. Try to place the eyes exactly $1^{1 / 2}$ inches below the surface, thus assuring that the root is in the 1 - to 2 -inch zone that is satisfactory. Mulch the roots the first winter, but not thereafter. Tender, frist-year stalks that are just emerging can be cut down by fungus if spring weather turns hot and humid for a few days. To pre-

Continued on page 56

## "We changed our patio from this" to this - inexpensively."



Mr. and Mrs. Bart Willis of Dayton, Ohio found an easy, fun way to transform their small unattractive patio slab into a beautiful expanded outdoor living area, inexpensively. In their spare time, they made the patio additions shown at the right, with easy to use SAKRETE Cement Mixes. Cost of SAKRETE Mixes for all new construction shown was less than $\$ 200!^{*}$

You can add a lot of loveliness to your lawn and garden when you use SAKRETE Cement Mixes-and you'll have the pride and pleasure of doing the job yourself. They are com-
pletely blended, have the guarantee of quality on the bag and up to twice the strength of ordinary concrete. For the right results on any concrete repair or building project, start right with SAKRETE.

## *Cost of stone, lumber, sand base and brick $\$ 255$.



This is our original patio. Step by step, we made the additions below. (Costs are for SAKRETE Mixes only) *


LEFT-Patio extension, $\$ 65$.
RIGHT - Seating wall, barbecue base and garden light planter, $\$ 40$.


LEFT - Japanese garden, field stone edging, waterfall and pool, $\$ 30$. RIGHT - Stepping stones and set 12 fence posts, $\$ 27$.


## You can't tetum a carpet the way you can a dress.

A carpet is an investment you live with for a long time. So you should know a lot about carpet before you buy one.

That's why Bigelow has created a booklet called "Everything You've Always Wanted to Know About Carpet, but Were Afraid to Ask"'

It's filled with helpful, unbiased facts about carpet. All kinds, all styles. What to look for (and what to avoid). Facts about today's fibers, textures,
colors, and patterns. How they wear, how they clean and lots more. You'll find the guide easy reading, a bit of fun, and a help to have along when you're shopping.
To get your FREE copy of this informative new booklet, fill out the coupon below and mail it to Bigelow.

We won't keep you waiting. We'll try our best to have it in your hands within two weeks.


# TheTappan recipe for a clean gas oven: 



Stuff chicken with orange sections and pineapple chunks. Shake a little soy sauce into the pineapple juice, use as a baste. Bake in a Tappan Continuous Cleaning* gas range.

The Continuous Cleaning oven has a special catalytic coating that cleans while the oven cooks. No matter how much your Polynesian Chicken, or barbecued spareribs, or roast pork spatter, your oven stays presentably clean.

If it's time to replace your old gas range, get a Tappan Continuous Cleaning gas range. This Tappan Gallery range with Visulite oven window has a built-in warming shelf and ductless exhaustfan. For clean cooking and good living it's gas-clean energy for today and tomorrow. See all the new Tappan gas ranges at your dealer or write Tappan, 250 Wayne St., Mansfield, Ohio 44902. *A.G.A. Mark
vent this, spray or dust with a fungicide (Captan) when growth reaches 6 inches; repeat this weekly until the stalks harden. Pinch off buds the first year. When the plant is four years old, up to onethird of the stalks can be used for cut flowers. The ants swarming over the buds are harmless.

PEONIES, Tree. One enemy of these lovely woody shrubs is people who cut branches to the ground each fall believing that they should be treated like herbaceous kinds. One cause of failure is in buying stock so young that the gardener, without knowing it, takes over the job that rightly belongs to the nurseryman: propagation of such a baby until it reaches a respectable age. Tree peonies that sell from two to three dollars by color are one-year grafts from Japan that have been grown in the U. S. for only one season. Even in the hands of nurserymen many fail, for tree peonies owe their principal support when young to their herbaceous graft-their own roots develop very slowly. When grown two to five years after importation, they range in price from four to
five dollars each by color, and from about eight dollars up by named variety. Planting depth is critical -never less than 4 inches; 6 to 7 inches is not too deep. The plant should have a long life if its home is specially constructed: 3 feet in diameter, 2 feet deep, the subsoil carted away, topsoil carted in, the whole business mixed thoroughly with a bushel of humus (wet peat moss, pit humus, two-year-old cow manure, or compost) sharpened with sand if necessary. Test for pH -the soil should be neutral or slightly alkaline. The foregoing should be done a month before planting. In succeeding years, fertilize the plant just as you do other shrubs.

PHIOX. As this popular perennial blooms in midsummer, the time of drought, the bed requires deep irrigation then-more, say, than the standard 1 inch a week. Hybrid phlox do not change color as they age. Ripened seed drops from spent heads, lodges at the base, and grows quickly. Because these seedlings (mostly magenta) are very vigorous, they can drive out a hybrid in two or three sea-
sons, so cut off the crowns after flowering. What is to be done about fungus on leaves? Spray with a fungicide before it appears. When the crowns become matted, dig and plant the vigorous outside shoots, discard the woody center. When shoots are 2 inches high in early spring, thin by pinching off all but the five or six strongest.

## WISTERIA Tree form.

Bare-root plants are devils to establish, because they have few small roots and big tops. These roots renew so slowly that the tops become too dry for the buds to swell, unless kept damp. To keep them damp, attach a fine spray to a hose, and syringe the top and trunk twice a day (three or four times or more in very hot weather), but be careful not to waterlog the roots. You will think the damned buds will never break, and they won't if you give up syringing before the middle of $\mathrm{Au}-$ gust. Maybe it would be well to hunt for one already growing prettily in a can. They are, however, rather expensive and hard to find. But if my guess that gardeners lose about 50 percent of bare-
root tree wisteria is close, and think it is, then the containe grown plants remain only hard find. No matter what kind or buys it will require a strong stak for four or five years.

## CONSULT YOUR NURSERYMAN

There are gardeners who feel th: nurserymen have secrets abo growing practices they keep themselves. Quite the contrar Drop a hat near one of these mos ly pleasant and nearly always tall ative fellows and the problem be comes one of turning him off order to pick up one's hat an leave politely. Nurserymen have rather complicated tecl niques for propagating variou plants vegetatively, but these an not held secret. Far from it; if nurseryman finds a better way propagate, he can hardly wait tell his principal competitor abo it. Their secrets consist of keepin the good earth they own in fin fettle, and their plants protecte from the enemies nature so bount fully provides. Their losses an largely due to that unpredictabl thing we call weather.

You could buy five dozen gladiola bulbs with the money you save on Ames' Hardware Week Specials. During this sale, our fastback shovel is $\$ 5.40$ instead of $\$ 6.99$, grass shears $\$ 3.08$ instead of $\$ 3.99$. Our deluxe hand tool set is $\$ 5.28$, regularly $\$ 6.80$. Ames' 22-tine leaf rake is $\$ 3.08$, usual price $\$ 3.99$. And our Teflon-S* bladed hedge shears are $\$ 4.59$, marked down from $\$ 6.00$. Buy'em all and you save $\$ 6.34$-and that is a blooming bargain.
-Duponts registered trademark

In the tropics, nature creates
rilliant scenery with bold, pulsatag colors.

So do the scientists at Enka.
Because we want the colors you ee in carpets made of Enkaloft taple nylon to look as naturally live as the colors you see in nature.

Take this beautiful Brasilia pattern from Milliken's Design Americana Collection.

Our nylon not only makes it possible to use vibrant colors you'd find under a tropical sun, it makes them strong enough to endure under our own.

But bringing colors to life isn't the only advantage of carpets made of Enkaloft nylon. Keeping life under your feet is another. Enkaloft's resilience will prove that. Even after years of heavy traffic.

So if you want to change the scenery in your home, take a look at
the many exciting colors and patterns in Milliken's Design Americana Collection.

Just write Milliken Carpets, La Grange, Georgia 30240, to find ou where you can see them. And prepare yourself for one of the most colorful trips of your life.

Now you can have a carpet with the same natural colors youd find in the tropics, without leaving the country.



## The Magnificent Impostor by Berkline.

Man. This is it. Comfort pure and simple. And a chance to enjoy the family room - without the family around. The Berkline impostor cooperates in every way. Tunes in to your comfort wave length. Yet always harmonizes with the mood of the room. It's the recliner that doesn't look like one. Just one from the Berkline collection. See them at a dealer near you. Send $25 ¢$ for a color brochure to The Berkline Corporation, P. O. Box 100, HG-7, Morristown, Tennessee 37814.


BERRMKINE

## yourhouse and garden

## BY JEROME IDENNER

No field has been more innovative, more exciting, even more startling in contemporary design than homefurnishings. There have been many books that show complete room settings, but in these you can't really see the individual pieces of furniture clearly. Here are two excellent books in which you can: New Furniture 10 (Praeger, $\$ 17.50$ ) edited by Gerd Hatje and Elke Kaspar shows contemporary furniture by internationally famous designers close up and at various angles. There are also chapters on office furniture, cabinets and shelves, and nursery furniture.

The name Knoll has long been associated with furniture created by outstanding designers such as Saarinen, Bertoia, Wegner, Breuer, van der Rohe and many others. Recently Knoll Associates was honored with an exhibition at the Louvre's Musée des Arts Décoratifs in Paris. The catalogue for this show-really a dazzlingly handsome book in full colorKnoll au Louvre, is available for $\$ 5$ at any Knoll showroom throughout the U. S. In New York, write Knoll International Inc., 745 Fifth Ave., New York, N. Y., 10022; if you prefer a West Coast address, 732 Montgomery St., San Francisco, Calif., 94111 . In addition to showing the furniture and fabrics, the book has photographs and biographical sketches of the designers.

For contemporary furniture in room settings, you should get Modern Furniture and Decoration (Viking, \$25) edited by Robert Harling. The rooms are from houses and apartments throughout Europe and the U. S. and there's a wealth of ideas to be had as you browse through the book.

To keep up with the dizzying array of new fibers and fabrics, you can use the Fabric Almanac (Fairchild, \$6.95) by Marvin Klapper, which consists, mainly, of a complete fabric glossary from "acetate" to "zibeline" including all the various man-made fiber trade names.

The Connoisseur's Guide to Oriental Carpets (Tuttle, $\$ 19.50$ ) by E. Gans-Ruedin is an invaluable guide to the fabulous carpets of Turkey, Iran, Turkestan, Afghanistan, the Orient, North Africa-even the Balkans. Each carpet style -and there are over 200-is allotted a full-page illustration, many in color, so you can see the overall design clearly, and opposite each photograph are line drawings of the major motifs in the carpet plus a rundown of the origin, dimensions, type knot used, colors, pile of each rug.

## NEW BOOKS ABOUT OLD TREASURES

For the antique collector, three books, each somewhat special, each worthy: Matthew Boulton: Master Silversmith (Potter, $\$ 10.95$ ) by Eric Delieb is an account of the British silversmith and his manufactory, full of period detail (17601790), enlivened with anecdotes about this extraordinary man, and lavishly illustrated with examples of 18th-century Continued on page 62

## Show-House Presents Something Special!

The products featured on these three pages have something special to say.


Delicious, Delectable Duran!
And the emphasis is on fashion-that's Masland Duran's middle name! Vinyl fabrics that offer you a tremendous selection of colors, textures and patterns. Durability? Yes! And so easy to care for. All of the furniture on these three pages is upholstered with Masland Duran, the touch and surprise fabric. As you step into each room, you'll see beauty all around you. Masland Duran made it happen. Ask your upholsterer/decorator or favorite furniture store for the fashion fabric...Masland Duran.


## Speaking About the Great Wall...

Abitibi puts it all together...beautifully! On these three pages we show a collection of Abitibi's Decorative Vinyl-Clad patterns and Wood-Grained panels. It's easy to see why they are called "the beautiful put-ons." And such variety! Decorative Vinyl-Clad panels have an extremely durable surface-tough is the word. Completely washable, too...and resistant to scratches, moisture damage and stains. Abitibi Wood-Grained Imperial is a handsome wall to behold...rich graining, subtle shading...panels of perfection. And protected by Mar-Gard-the finish that defies scratches and stains. Abitibi builds great walls!


Abitibi Wood-Grained Imperial Etchings and Cumberland Chestnut Wood-Grained Plywood. Chairs feature Gala (red/blue) vinyl fabric by Masland Duran; cushions, screen and lampshade are Nomad (red, white, blue).

## The elegant cool of Frigidaire.

Frigidaire Room Air Conditioners let you control the way your home environment feels. And because you like to decide the way your home looks, we help you by designing them so they don't look as cold as they keep your room. All of Frigidaire's "furniture-styled" models have designer panels with the look of walnut. Elegant in their simplicity, they add a tasteful accent to any living area. But the appeal of Frigidaire Room Air Conditioners is more than aesthetic. The designer panel also serves as a sound baffle. Frigidaire Room Air Conditioners have a wide range of cooling and ventilating adjustments. And...they are built to last. So take a look at Frigidaire Room Air Conditioners. See how Frigidaire can help you create a living environment that is not only functional, but attractive and comfortable, too. Every Frigidaire is not a refrigerator.

## BOOKS ABOUT YOUR HOUSE AND GARDEN continued from page 58

silver. New England Glass \& Glassmaking (Crowell, \$15) by Kenneth M. Wilson covers the period from the founding of the first glasshouse in 1639 to the present, with nearly 400 illustrations showing the development of styles. The Collector's Book of Bells (Crown, \$9.95) by L. Elsinore Springer is charmingly illustrated with every kind of bell imaginable -and some hard to imagine-altar bells, fire bells, dinner bells, bullock bells, bells in the shape of humans, bells as toys. Do not ask for whom these bells toll-if the subject interests you, they toll for thee.

To help you clean, care for, and preserve your treasured antiques, you might try The Care and Keeping of Antiques (Hawthorn, $\$ 5.95$ ) by Epsie Kinard or Housekeeping with Antiques (Dodd, Mead, \$5.95) by Lee Parr McGrath. Both present expert, easy-to-follow instructions on how to maintain old woods, glass, silver, textiles, art, pewterthe works. The Kinard book gives sources throughout the country for the materials you will need. The McGrath book has a particularly helpful list of addresses of experts for work you can't do yourself and also a list of products you can get for safe polishing and cleaning. Take your choice.

## BE YOUR OWN REPAIRMAN

Repairmen are hard to get in an emergency these days and, if you can find one, their fees are high, so it's a good idea to learn how to do minor repairs yourself. The Complete Book of Home Repairs and Maintenance (Harper \& Row, \$8.95) is by Jackson Hand, who describes his book best: "In each case, we try to tell you what probably caused the trouble . . . . what should be done about it, with what tools
and materials, and tricks . . . . how to keep it from happening again, or at least from happening again too soon."

And if your husband procrastinates too long or is all thumbs, liberated woman, do it yourself! Barbara Curry shows you the way in Okay, I'll Do It Myself (Random House, $\$ 6.95$ hardbound; $\$ 3.95$ paperback). The book, like Gaul, is divided into three parts: first deals with tools you need plus things to use tools on and with; second gives directions for taking apart, putting together, replacing, installing, and fixing almost anything that might go haywire; third gives suggestions for brightening the place up-tiling, refinishing furniture, painting.

When an electric appliance breaks down, don't panic and don't rush to ship it back to the manufacturer for lengthy repairs. Perhaps you can fix it yourself. So says Michael Squeglia in The Handywoman's Guide (Regnery, \$3.95). He tells how to fix all types of small heat-producing appliances -toasters, frypans, irons, broilers-with step-by-step, crystalclear instructions and diagrams. You don't have to be an Edison to follow this one.

## EAT, DRINK AND BE-HEALTHY??

With today's enormous interest in organic foods, stores and restaurants that feature produce grown and prepared without pesticides, chemical preservatives, additives, and the like are blossoming all over the country. One of the most successful is the Whole Earth Restaurant in California and Sharon Cadwallader and Judi Ohr have put together a cook book based on its recipes so we all can do their thing. The Whole

Continued on page 66


# The grooming of America...doorstep by doorstep. 

## AstroTurf ${ }^{\circ}$ Doormats look great, clean like crazy and last and last!

Beautify the small part of America called "your porch" with an AstroTurf Doormat. Tryourvibrantone daisyor three daisy mat... or give your entry


The one daisy AstroTurf Doormat measures $17^{\prime \prime} \times 23^{\prime \prime}$, the three daisy maxi-mat is $21^{\prime \prime} \times 35^{\prime \prime}$ and the Mat For All Seasons is $17^{\prime \prime} \times 29^{\prime \prime}$. To groom larger areas, try AstroTurf Porta-Grass or new 'Round-the-Home AstroTurf. Look for AstroTurf...it's our famous family name!


# "Dear JoanneLees: Ineed to know everything about the care and cleaning of carpets before I buy one. And Idomean everything." 

## Here goes.

## Things to consider before you buy.

Medium colors show dirt less than very light or very dark ones. And color mixtures-like tweeds or florals or small patterns-are the most practical of all.

Don't have much time? Some textures need less vacuuming than others to stay beautiful-looking. A low, dense loop is the easiest. Next comes a twist or short shag. A longer shag means longer work. Plush takes the longest. (Of course, getting dirt out takes thorough vacuuming in any texture.)

If you have pets, I'd suggest a short shag. It shows pet hairs less than low loop carpets, but doesn't trap them like a long shag.

## Things to do to prevent trouble.

If possible, arrange your furniture so as to avoid constantly used traffic aisles.

Place casters or those little furniture cups under your heavy pieces. All furniture legs should have smooth, round steel bottoms-not rough, wooden ones.

For stairs, buy an extra 6 to 8 inches to tuck under at both the top and bottom risers. As soon as the "noses" of the steps show signs of wear, move the carpet up or down a few inches. Because stairs get heavy traffic, I'd suggest a low, dense carpet rather than a shag or plush.

## Things to do regularly.

Vacuum heavy traffic areas daily, others two or three times a week. You dust your furniture daily, don't you? Well, the same dust is in the carpet, plus shoe dirt, crumbs and more. Use at least three strokes back and forth.

The best kind of vacuum is an upright with a beater bar and brush cylinder, such as the Hoover. The beater bar loosens the embedded dirt. Tanks and canisters suck up surface dirt only.

There's no such thing as over-vacuuming. Don't be nervous about fuzz you might see in the dirt bag, especially while the carpet is new. It's a normal condition. The vacuum cleaner is not eating up your carpet.

Once a month, shift heavy furniture pieces an
inch or two. If they've left hollows in the carpet, fluff it up with a hair dryer and a coarse comb. If the carpet's wool, use a steam iron at wool setting, then comb.

## Things to do occasionally.

If the carpet starts looking dull, consider a do-ityourself cleaning. We recommend Woolite ${ }^{\otimes}$ Spray Foam Rug Cleaner-not just for wool but for Acrilan ${ }^{\text {® }}$ acrylic and all man-made fibers.

Don't use soap, washing soda, or harsh detergents Don't walk on wet carpet. If you must put the furniture back before the carpet is completely dry, put wax paper under the legs.

## Things to do in emergencies.

Whatever you do, do it at once. Scrape, blot or absorb the spill immediately-before it penetrates.

If the stain remains, sponge on a little tap water and keep blotting till dry.

If that doesn't work, treat the spot with Woolite ${ }^{\text {® }}$ Spray Foam Rug Cleaner. Sponge in and keep blotting till dry. Then vacuum.

Stain still there? Don't give up. Dab on a few drops of dry cleaning fluid and blot with a tissue.

Still no luck? Get help from an expert-a commercial carpet cleaning firm.

## How to get the right professional help.

Find a reputable carpet cleaning firm. Look in the Yellow Pages for one that is a member of NIRC (National Institute of Rug Cleaners), or ask a Lees dealer to recommend one.

## How to get the details I don't have room for here.

Write to me at the address below and ask for the Lees Carpet Maintenance Manual.

And when you shop, look for a really good, crushresistant, soil-resistant fiber like Acrilan ${ }^{\text {® }}$. And a good carpet-maker like Lees. A free phone call to $800-$ 243-6000 will get you the name of your nearest Lees dealer. In Conn. it's 1-800-882-6500.

And once inside the store, you'll easily recognize the Lees samples. They all have the Lees ribbon across one corner.

## Do you have a question for Joanne Lees?

Write to me. That's my job here at Lees Carpets -helping people with their carpet-buying problems. You'll get straight, honest answers. You see, as the largest-selling carpet brand in the world, we don't have to high-pressure you. Whatever is honestly right for you, chances are we have it in the Lees line.

So write. And if there's nothing particular you want to know, ask for our booklet "101 Questions About Buying a Carpet." Write to Joanne Lees, c/o Lees Carpets, Dept. C5-05, Norristown, Pa. 19401. We think buying a carpet should be a joy-not a chore.


Lees Carpets, a Division of Burlington Industries.


## BOOKS ABOUT YOUR HOUSE

## continued from page 62

Earth Cook Book (Houghton Mifflin, \$3.95 spiralbound) contains many interesting dishes, easy to prepare, that you'll want to try, even if you aren't wholly into the organic food bit. Try it, you'll like it.

An offbeat cook book that's worth looking into is The George Bernard Shaw Vegetarian Cook Book (Taplinger, $\$ 5.95$ ) by Alice Laden and R. J. Minney. Mrs. Laden was Shaw's cook and housekeeper and these varied recipes for non-meat-or-fish dishes were favorites of that most noted of vegetarians. Shaw said: "My hearse will be followed not by mourning coaches but by herds of oxen, sheep, swine, flocks of poultry, and a small traveling aquarium of live fish, all wearing white scarves in honor of the man who perished rather than eat his fellow creatures."

Hung, Strung \& Potted (Potter, \$7.95), by Sally Smith Booth, is a history of eating habits in Colonial America with many recipes for the dishes that helped our forefathers flourish. It makes for nostalgic and enthralling reading, but a word of warning: The recipes are printed exactly as they appeared in early cookery books, which makes them charming to read, somewhat less than charming to cook by.

THIS SHOULD KEEP YOU IN STITCHES You wouldn't think there was much need for yet another book on needlework. Nevertheless, I think anyone who likes to work with needles (acupuncturists excluded) will want The Needlework Book (Simon and Schuster, \$14.95) by Wanda Passadore. It runs the gamut from the simplest embroidery stitch to creating a Turkish carpet, with sections on knitting and crocheting. There are hundreds of stitches and dozens of beautiful things you can make, all in ravishing color.

## FOIB THE MAN (DF PROPEIBTY

There are many advantages-price being only one-to buying an old run-down town house, fixing it up to suit your needs yet preserving its basic character. In their book Buying and Renovating a House in the City (Knopf, \$10), Deirdre Stanforth and Martha Stamm present a wealth of information on why, where, and how to go about it-a good deal of it not readily available elsewhere. They discuss the advantages, tell where throughout the U. S. the major renovated neighborhoods are located, give case histories of how dilapidated houses were restored, and go into all the things you should know in order to locate your own dream house, finance it, buy it, and then renovate it.

In Remodeling Old Houses (Knopf, \$8.95), George Stephen presents a practical primer for remodeling with a wealth of specifics-trouble spots to look for, how to measure and lay out rooms, remove paint and finish floors-everything, in fact, you might want or have to do to exteriors and interiors. Glossaries of general terms and principles of design and of basic architectural and building terms are particularly helpful.

If you invest in land these days, you better know what you're about, and Irving Price in Buying Country Property (Harper \& Row, $\$ 5.95$ ) dissects the entire process from choosing a Realtor through the completed deal, suggesting everything to be considered along the way. Mr. Price writes entertainingly and there are lovely illustrations by Grambs Miller. The tone of the book is light; the advice heavy.

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Imagine . . . made to your exact measurements . . in famous Waverly fabrics, for so little more than the cost of ready-mades. See the Waverly "Drapery Wall" at your favorite department or drapery fabric store and you'll see the hundreds of exquisite decorator designed Waverly fabrics you can select from. Prints, plains, casements and sheers that will enhance the beauty of any room in your home.

Order any length or width in most any style and you'll have it in your home in a few short weeks. Scotchgard ${ }^{\star}$ protected against soils and stains so they'll look beautifully new, long after they aren't.

## FEATURING ROC-LON "RAIN-NO-STAIN" INSULATED LININGS

[^1]$\square$

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## CORESCREW

## $\boldsymbol{C}_{\text {hampagane: }}$ American style

## BY JOSE WILSON

Once acquired, a taste for champagne, like a taste for caviar, is hard to lose. While nature regulates the supply of virgin sturgeon, caviar will always be a luxury; but champagne may well become a commonplace in America if the present trend in the drinking of sparkling wines continues, a spectacular growth rate of 191.5 percent from 1965 to 1970.

That champagne is still looked on as a luxury is due in considerable part to the killjoy attitude of the governmentsparkling wines are taxed at a rate twenty times higher than still ones. Start with the federal tax of $\$ 3.40$ a gallon, add on state tax and local sales tax and you are paying at least a dollar simply for the privilege of drinking bubbles. For when you get right down to it, champagne is basically white wine that turns on with its own naturally produced carbon dioxide, and a little help from the winemaker.

Even in America, all champagnes are not created equal. There are all manner of distinctions and price differentials between the champagnes we buy here, according to their origin, the grape varieties, and the processes that bring them into being. In the upper echelon are the special cuvees, or blends, from France, like Moët \& Chandon's Dom Pérignon, which can cost as much as $\$ 16$. In the middle range you'll find the familiar, reliable American names from New York State and California-Great Western, Taylor, Widmer, Gold Seal, Almadén, Paul Masson, Korbel, Beaulieu, The Christian Brothers among them. At the low end are champagnes with phony-sounding French names, incredibly cheap, made here by the bulk process. For in this country, champagne (with a small c) is a generic term that can legally be applied to any sparkling wine that goes through a second fermentation, made from any kind of grape in any part of the country.

Not so in Europe. By an international treaty drawn up in the days when America was in the dry throes of prohibition and therefore no party to any alcoholic agreement, Champagne (with a large C) is an appellation of origin that belongs to a specific wine made by a specific process (the méthode champenoise) from three grape varieties in the Champagne district of France, a delimited area east of Paris.

French Champagne can be made only from Pinot Chardonnay, Pinot Noir, and Pinot Meunier grapes. The first is white, the others black, but their first pressing yields a white wine. The body, complexity, and rich, full flavor you find in French Champagnes result from the combination of the heavier Pinot Noir with the light, acid Pinot Chardonnay.

Continued on page 72

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## CHAMPAGNE, AMERICAN STYLE continued from page 68

The currently popular Blanc de Blancs Champagne, paler, lighter, drier, and more delicate, can be made only from Pinot Chardonnay, not any old white grape that happens to be around. Champagne accounts for only a small percentage of French wine production. With the rigid controls and high prices commanded by the grapes grown in the Champagne district, it is always more expensive than a sparkling wine made elsewhere in France by the same method. More and more of these are showing up in the market here, as the price of Champagne soars through demand and, now, dollar devaluation. They come from the Haute-Savoie, Burgundy, the Loire, and the Rhône and cost about half of what you'd pay for a Champagne aristocrat like Bollinger. The generic name for French sparkling wines is mousseux. Those of Germany are Sekt, and the Italian, spumante.

## CHAMPAGNE IN AMERICA

There's a noticeable difference between American and French champagnes. While some (but by no means all) wineries make their champagne by the traditional, time-honored, and time-consuming méthode champenoise discovered by Dom Perignon in 1679 , the end result is never quite the sameand there is no reason why it should be. To compare them is both unfair and unenlightened.

American champagnes have their own individual style and character because they are made, for the most part, from totally different blends of grapes. There's no way of identifying the grapes in the majority of champagnes-all that can be said is that they are mostly white. They vary
enormously according to the way the champagne is made and the price it will sell for (more expensive grapes usually go into bottle-fermented wines), and the particular blend the champagne maker at the winery favors, which may be influenced by the varietals that are good in a certain year. Some grapes will be chosen for their fruitiness and softness, others for their acidity.

While California grows both the classic Pinot Noir and Chardonnay grapes, the climate is warmer than Champagne, the growing season shorter, and the ripening season faster, which brings down the acidity of the Chardonnay. According to wine expert Frank Schoonmaker, this is compensated for by blending a more acid grape like the Folle Blanche or French Colombard with the Chardonnay. Chardonnay supplies the breeding and finesse, the lesser grape the acidity needed for balance.

Very little white Pinot Noir wine goes into California champagne. Schramsberg Vineyard, a small winery in the Napa Valley specializing in champagnes that many wine authorities here and in Europe consider to be outstanding, on a par with the French, has both a Blanc de Blancs that is 70 percent Chardonnay and a Blanc de Noirs with 70 percent Pinot Noir. It was the Schramsberg Blanc de Blancs 1969 that President Nixon chose to be served at the banquet in Peking. The Blanc de Noirs is in very limited supply. Owner Jack Davies says it is the hardest of all to make, requiring more substantial aging and extra labor at the winery.

Apart from the two classic grapes, those most often found
Continued on page 76

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And that's just the beginning. With every Counterange electric range, you get a set of Corning Cookmates ${ }^{\oplus}$ cookware. The bottoms of these glistening glass-ceramic pots and pans are impeccably flat, so they mate perfectly with our flat cooktop. You simply cannot get more even heat distribution, or more preceisely controlled heat.

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A surprising number of dishwashers don't filter the wash or rinse water. Lack of a filter means that food soil can be put right back on the plate it was washed from.

KitchenAid has $\alpha$ stainless steel filter, which filters water constantly during the wash and rinse cycles.

## 3. Will it handle everything Ihave to wash?

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will hold more dishes than a round rack, because it utilizes corner space.
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## 4. How does it dry?

Cheaper dishwashers use only a heating coil at the bottom of the wash chamber and literally bake dishes. The drying is uneven, and there is always the risk of damaging fine dinnerware. KitchenAid uses $\alpha$ heater and $\alpha$ fon located outside the wash chamber to circulate warmed air gently and evenly over the dishes for safe, thorough drying.
5. Who makes the dishwasher?

Some dishwashers aren't even made by the companies who sell them. But KitchenAid dishwashers are made and sold by The Hobart Manufacturing Company, the oldest (over 80 years) and largest maker of commercial dishwashers.

## KitchenAid

Dishwashers and Disposers

in California champagnes are Pinot Blanc, Chenin Blanc, French Colombard, Folle Blanche, Semillon, Sylvaner, Sauvignon Blanc, Sauvignon Vert, Grey Riesling, Ugni Blancand from there, almost anything down to Thompson seedless.

New York State vintners may use the viniferas (European varieties like Chardonnay), French-American hybrids, and the native American labrusca varieties such as Delaware and Catawba. Once you could spot a New York State champagne by the heavy, perfumed aroma and flavor of the labrusca grapes, but lately more and more hybrids are being blended, to make lighter and drier wines. Gold Seal Vineyards, with substantial vinifera plantings, put Chardonnay in their Fournier Blanc de Blancs. Widmer is one of the few wellknown wineries still to keep the old "foxy" labrusca flavor.

## THE METHOD IS THE MESSAGE

In yet another divergence from the French, American champagne can legally be produced by three methods-the méthode champenoise, the transfer process, and the bulk or Charmat process, named for the Frenchman who invented it at the beginning of the century.

For the méthode champenoise, the blended wine is bottled and given a carefully controlled dose of sugar syrup and yeast. This starts a secondary fermentation in the bottle, which goes on until the yeast has converted all the sugar to alcohol, leaving the carbon dioxide in solution in the bottle to build up a terrific head of pressure. The yeast sediment has to be drawn into the neck of the bottle, where it can be frozen and disgorged by the pressure-which has been likened
to the wine's "clearing its throat." This involves a lengthy and laborious procedure of placing the bottles in racks at an angle, head down, then giving them a slight shake and turn every day until the sediment has concentrated in the neck. After disgorging, the bottle is topped up with more wine and sugar syrup, according to the degree of sweetness needed for the finished champagne, then recorked and sealed.

The whole business of fermenting and aging the wine on the yeast takes years, usually from three to five, and by remaining so long in contact with it, the wine takes on some of the yeast character. The bubbles, trapped and compressed in the bottle, release in a slow upward drift when the champagne is poured into the glass. Much of the charm of champagne is in the way it meets the eye-the foamy, creamy head and the little starry explosions of the carbon dioxide in the wine. Small, fine, long-lasting bubbles are the visual proof of a champagne made in the traditional way.

In the transfer process, more widely used and quicker, the base wine is bottled, fermented for the second time, and then discharged into a sealed chamber where the sediment is filtered out and the wine rebottled. This is the middle ground of champagne making, practiced in California and New York State, and the results are usually good, sometimes excellent, depending on the quality of the blended wine.

Technically speaking, both these champagnes are bottlefermented, but champagne made by the first method may carry the words "fermented in this bottle" on the label, while transfer-process champagnes are described as "bottle ferContinued on page 78

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## AMERICAN CHAMPAGNE continued from page 76

mented" or "fermented in the bottle," a tricky piece of semantics most people wouldn't notice unless they were aware of it.

Charmat-process champagnes, labeled "bulk fermented" or "Charmat bulk process" are fermented in tanks, thousands of gallons at a time, then filtered and pumped into bottles, a vastly more economical and speedier process that may take no more than a few weeks from start to finish. These unaged champagnes have larger, gassier bubbles that dissipate rapidly. There's a lot of inferior bulk-process champagne around, often made with a large proportion of Thompson seedless, a grape that is fine to eat but produces a neutral, nondescript wine for which most champagne makers have nothing but disdain. You take your chances when you buy a cheap bulkprocess champagne. At a New Year's Eve party I went to, the entire contents of a bottle of bulk-fermented champagne gushed out in a great fountain the minute the cork was popped.

That's not to say that good champagne can't be made by the bulk process. With proper care and fine grapes it can, for the end result can be no better than the wine it comes from. An example is the brut champagne of The Christian Brothers, a blend of excellent varietals. The Christian Brothers has always been a free-thinker in its approach to wine making, and it has its reasons. Its cellarmaster, Brother Timothy, considers the Charmat process gives more precise control of the secondary fermentation, greater stability-and good value for the price. Certainly the Charmat method of champagne making, which is also used for European sparkling wines, can be regarded as a 20th-century breakthrough in a traditional industry, for it brings the cost down to a level most people can afford, and when the wine is made from young, soft, fruity grapes that don't need much aging, like Chenin Blanc, the results can be very agreeable. As with any wine buying, it's a matter of how much you want to pay and what you expect for your money. Four out of every seven bottles of American champagne are bulk-fermented, the rest bottle-fermented, mostly by the transfer process. Wineries that cleave to the original French method are in the minority.

There's no doubt that the quality of American champagne is improving all the time. From fledgling wineries like Schramsberg and old-established ones such as Korbel, Kornell, Almadén, Mirassou, and Beaulieu come wines that are winning the praise of critical, discriminating experts.

Americans are innovators in wine, as in everything else, and more and more you'll see champagne bottles with names other than the usual brut and extra dry. There's Schramsberg's Blanc de Blancs and Blanc de Noirs, Almadén's Blanc de Blancs, Paul Masson's Blanc de Pinot, Weibel's Chardonnay Brut, and, most recently, from one of the huge California vintners, Lejon Blanc de Blancs, a very reasonably priced, bottle-fermented champagne with a pleasingly fruity bouquet and a soft round taste that would be an excellent choice for a big party. Beaulieu, always noted for varietal still table wines, promises for 1974 a 100 percent varietal Chardonnay Blanc de Blancs, vintage 1970, that should be worth looking out for. Wine marketing experts find public taste finally veering away from sweeter champagnes toward the brut and the bone-dry types like Korbel Nature, Kornell Sehr Trocken, Mirassou Au Naturel and Beaulieu Private Reserve Brut.

Continued on page 80

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## THE TASTING TESTT

There are so many American champagnes to choose from that it becomes something of a feat to sort your way through the maze in search of four or five you really like and can afford to drink, either as a regular apéritif or for a special celebration. The best way to go about it, as with any other wine, is to round up as many different bottles as you can, and start sampling with friends. The odds are not everyone will go for the same thing, for taste is highly subjective.

Recently I gave a tasting of twenty-one different champagnes from New York State and California for a group that was half professional, half amateur, and the range of comments and opinions was marked. Twenty-one are really too many for most people to try at one time, for in the end they all begin to blur together. Six or eight would be a sensible number to start with. Divide them into groups, according to the direction you want to go. You might start with New York State champagnes, then go on to California, trying first the extra dry which, because they have more sweetness, are made from different grapes from the brut; then brut, nature, and the Chardonnays and Blanc de Blancs. Progress from the bulk-process that retail from around $\$ 2$ a bottle to the medium price range of around $\$ 4$, and finally the upper echelon champagnes, in quality and price, from leading wineries that reach a top of about $\$ 8$. If you are not interested in exploring any of these categories, leave them out.

For bottle-fermented champagnes of both types, the following premium wineries have pretty good distribution throughout the country. In California: Almadén, Beaulieu, Buena Vista, Concannon, Inglenook, Korbel, Hanns Kornell, Paul Masson, Mirassou, Weibel. In New York State: Great Western, Gold Seal, Taylor, Widmer. Schramsberg champagnes are hard to find because of the limited quantity, but your wine and liquor merchant may be able to order them.

You taste a champagne just as you would taste any wine, judging it on clarity and color, bouquet, flavor in the mouth, and aftertaste, but you should also check the bubbles for size and longevity. A good champagne will not go flat quickly, but retain its effervescence. Remember that about 80 percent of wine appreciation is through the nose. Your palate can only distinguish sour, sweet, salty, and bitter. Smell and taste combined reveal the character and complexities of a wine, tell you whether it is pleasing or displeasing. Even though you don't pour a regular measure of wine at a tasting, do provide glasses large enough to put your nose in and take a good deep sniff. Provide a bowl for emptying the dregs from the glasses and pitchers of water for rinsing them, as it is rather unlikely that you can run to a fresh glass for each champagne. As a palate cleanser, plain crackers, bread sticks, unsalted almonds are the best things to nibble.

## GOOD TO THE LAST IDBEBP

What do you do with leftover champagne-in the unlikely event that there is any left over? You cook with it, that's what. James Beard pours the remains of a slew of bottles into a big glass jar, to ladle over the sauerkraut for next day's choucroute garnie. The plebeian cabbage becomes food for the soul when it is cooked in champagne, rather than white wine

Continued on page 83

## These are the touches thal finish the house thal Herb rebuill...

 (with a little help from U.S. Plywood).By the time Herb and Eileen Hebert had remodeled, paneled and spruced up their old house in Meriden, Connecticut, they were, as they put it, "a U.S. Plywood family."

We were flattered, and proud, that they felt that way about us, so we offered to show them some possible finishing touches. We wanted to show them, and you, how some of our lesser-known products, used creatively, can give a custom look to even the most modest home improvement project.

That handsome room divider Herb's standing beside is really twenty-one cubes constructed from $12^{\prime \prime}$ squares of U.S. Plywood's Duraply. Some of thecubes have drawers, some are open on one side for books and the whole easy-to-paint surface got its sunny yellow-and-white paint job in no time flat.

Eileen and
Herb are sitting next to an outdoor patio screen made of U.S. Plywood's Sanspray. Sanspray is actually stone aggregate, laminated to a plywood backing. The screen is nothing more than three $7^{\prime} \mathrm{x}$ $18^{\prime \prime}$ Sanspray panels within a simple wood frame. The $18^{\prime \prime} \times 8^{\prime \prime}$
planter is also made of Sanspray...because we wanted to show you and the Heberts how easy it is to cut Sanspray with ordinary tools.

For up on the sun deck, Eileen's pride and joy could be a potting shed, one so ship-shapely designed it folds right up to conceal the shelves when she's not working at it.The frame and shelves are of stained plywood with Micarta laminated plastic. The gardening tools hang from U.S. Plywood's perforated hardboard. A collapsible canvas awning provides shade and charm.


A finishing touch that intrigued Herb was our new Weldwood Hand-Hewn Beams',' a sure way to add interest to any ceiling. They're ruggedly textured real wood beams that come ready to install-so even a
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does little for food. Also to be remembered is that a sweeter champagne will introduce sugar, whereas a brut won't, so extra-dry or dry champagnes belong in desserts, not main dishes. For her recipe for Filet de sole au champagne, dip sole fillets in milk and then in lightly seasoned flour Sauté in butter until golden brown on both sides. Remove and keep warm. For each serving, cook 1 tablespoon butter until it browns, add 1 teaspoon chopped parsley. Pour $1 / 4$ cup champagne over the fish and top with the brown butter and parsley. For Chicken Schramsberg, sauté 2 chicken breasts in butter, skin side down, until golden brown. Turn and cook, partly covered, for 25 to 30 minutes, then remove to a warm platter. To the cooking juices, add 1 teaspoon flour, then $1 / 2$ cup champagne and 1 tablespoon blanched almonds. Cook until thickened. Place chicken in sauce and simmer briefly to heat through. Serve masked with the sauce and garnished with chopped parsley.

Fresh fruit and champagne: In spring or summer, Mrs. Davies slices fresh strawberries or white peaches, sugars them lightly, and puts 2 tablespoons of the fruit in large wine glasses with some shaved ice, pours equal amounts of Rhinestyle white wine and sec (dry) champagne to the top, and serves this with a long spoon. Or she may scoop watermelon balls from the shell, scallop the edges of the melon and replace the fruit with a scattering of mint over it. This is brought to the table with a bottle of brut or extra-dry champagne, some to be poured over the melon balls, the rest sipped from champagne flutes.

## AMERICAN CHAMPAGNE continued from page 80

or beer. Mr. Beard also makes a melting, delicious Champagne Sherbet. For this, bring 1 cup sugar and 4 cups water to a rolling boil and boil for 6 minutes. Add 1 bottle champagne and heat to volatilize the alcohol. Remove from the heat and stir in the juice of $11 / 2$ oranges and the grated rind of 1 orange. Pour into the container of an ice cream freezer, pack with salt and ice, and turn until just softly frozen-sherbets should never be served rock-hard.

Janet Weithas, who is currently writing a book on cooking with wine and spirits, has evolved a rather offbeat Champagne Parfait. Fill each parfait glass $3 / 4$ full with lemon sherbet, stick a glass straw in the center, clear through, and pour brandy through the straw. Fill the glass to the brim with champagne and sip the lovely commingling of wine, spirit, and sherbet through the straw. Mrs. Weithas also likes to baste a baked ham with champagne, after rubbing it with mustard and sugar.

Cooking with champagne might be considered an extravagance, because the precious bubbles disappear and all that is left is the basic white wine, but you'll find sauces made with champagne have a definite subtlety and delicacy that do something quite marvelous to fish, chicken, and white meats. Also, a fine aged champagne will bring its "yeast character" to the dish, adding yet another dimension of flavor.

Mrs. Jack Davies, of Schramsberg, is a superb cook who uses champagne rather more lavishly than most of us. She cautions that champagne primarily can only add the qualities of the wine from which it was made, and a nothing wine

Even an average do-it yourselfer like Herb can ge that finished, "professional" look, using Weldwo Prefinished Moldings. In a variety of shapes and compatible wood tones. Panel shown: Weldwood Hawthorne" Dark Walnut. Weldwood Paneling

Start fresh mintiberir Just the right touch of menthols

# тере ғ尺ммтн experts MAKMIOR Secrets <br> This issue's a book of secrets. Ways to entertain, decorate, garden, cook, bathe, expand, and grow that all boil down to an almost professional attention to detail. The following pages are pictures and accounts by people whose life work has been in one area or another of maximizing life, making it beautiful and fun. Below-ideas scattered throughout the issue. 

1

ENTERTAINING
Use apples in their bushel-sized basket as a centerpiece, use other outscaled jars filled with branches at the same time. Forget porcelain or earthenware look-alikes, use the real thing. Big crusty rolls that look like baby loaves of bread, whole shiny bell peppers, whole cauliflowers-all freestanding on a table to shore up a table center of tulips. Use old copper cooking vessels as planters for a window near the table, as serving dishes, ice buckets, wine-coolers. Put pebbles in the bottoms of crystal flower holders, then a tulip or anemone or two in each one and march them along with other containers all over the table, from the center to the edge of dinner plates and wine-coolers and glasses.

## DECORATING

Do without walls in the usual sense as the all-one-room floor does on page 102 ; as R. Buckminster Fuller describes his house of the future; or as a couple in California did by splitting their cliff-hanging house onto two levels to differentiate big live-in rooms from smaller places where you need privacy. Decorate for lifestyle-a country house look for a city apartment, everything in it could move back to the country next year and work-an important option for people
who love the country. Decorate for lifestyle-a tiny house with big interior spaces, big entertaining spaces, but no guest room-on purpose. Decorate for lifestyle-a city apartment full of vacation equipment for people whose work and priorities don't afford them the time for a city life, a country and weekend life, or long vacations.

## 3

 COOKINGIf you're barbecuing, use copper wire since string burns-or wrap a lamb in aluminum foil for the first hour over an open fire, then take it off-prevents a heavily charred piece of meat. Hollow out a big brioche and fill it with sandwiches-the bread makes a wonderful container, keeps the sandwiches moist and fresh, as everything should be for entertaining in the summertime. Think about beds of ice to keep things from wilting-from fish mousses to salad greens to melon slices.

## GARDENING

Use a garden as though it were another room for summertime entertaining. Remember what you plant in the invigorating spring will have to be maintained through a hot summer. Over a dining room table, make a chandelier of flowers, a porcelain bowl strung up and filled with vines and trailing flowers. Ribbon a set of stone garden
stairs with ivy-the one on page 90 happened by accident, the ivy planted on either side of the stairs grew together over the years-now is trimmed to stay. To hang plants, use plastic pots because they're light, if you don't like white, paint them black with moss green rubbed down as a second step.

## BATHING

Take a big shell and fill it with sponges and soaps next to a big pool or a bath. Have a bed in the bathroom, even a double bed, for a nap. Instead of hanging towels one by one on a rack, stack lots of them in a big open basket. Have a comfortable chair to read inif it's a chaise, cram it with pillows.

## now turn the pages in this issue.

 They are crammed with ideas to appeal to a variety of lives and tastes. Lift them right out and use them to produce a more amusing, better functioning life for you and your family.
## Agarden of Deautiful ideas

Beauty continually renewed is one of the fascinations and deepest satisfactions of gardening. To nurture a house plant so that it leafs or blooms another year, to propagate one plant so that it becomes many, to start with a new clearing and keep working until you have a great and beautiful garden-these arts and pleasures the Pennocks have shared as amateur and professional ever since they built their house, as newlyweds in 1935, in Meadowbrook, Pa. An innovative florist and long-time participant in Philadelphia's annual flower show, Mr. Pennock has "spent a lifetime with flowers" and is a perfectionist other perfectionists consult on matters ranging from house plants to White House decorations. He designed, for instance, the pavilion of lights on the White House lawn for the ball honoring Prince Charles and Princess Anne on their state visit; the memorable gazebo, topiaries, and aisle arrangements for the Nixon-Cox wedding last June; the new decorations at the White House last Christmas. At the Pennocks' own "Meadowbrook Farm," about an hour north of Philadelphia, every room always seems ready for a party. The house abounds with tall flowering standards, hanging baskets, ivy and rosemary trained like small formal trees or amusing topiary-and all reflect one of Mr. Pennock's basic principles, "Good grooming is a prerequisite to successful gardening." The plants are exuberant but never out of control; pruning is his favorite chore. "The ideal climate for pot plants," Mr. Pennock says, "is a copper tray with $1 / 4$ inch water in pebbles 1 inch deep." To keep up the humidity, he recommends spray-misting most house plants daily. He is not adverse to insecticides, if needed, but suggests organic rotenone and pyrethrum sprays only. One of his rules startles some growers: "Underfeed but feed continually." With every watering he gives his house plants some Peter's fertilizer, diluted to about half the amount suggested for periodic feedings. (Continued on page 88)


## Every room is a garden and every garden a room

A sunny garden room, RIGHT, in a glass-roofed wing adjoining the Pennocks' house and terrace, LeFT, is shaded by pine trees, kept at a cool 55 to 60 degrees. The room has Thermopane doors and windows, a marble floor heated by imbedded electric coils. From narrow earthen beds at the sides, Ficus pumila runs up the plaster walls, trails freely from metal rafters. Plants in pebbled trays form a gateway to sitting area, surrounded by topiary trees of rosemary and ivy, hanging baskets, and ferns.



Each of the Pennocks' small linked gardens was wrested from woodland behind their house. Their oldest garden, RIGHT, flows outward from the flagstone terrace and provides a handsome. view in winter or summer from the living and dining rooms or from a bedroom balcony rimmed with pot plants. A circle within a square, the grass is ringed with hollies, rhododendrons, azaleas, and other broad-leaved evergreens. Hedges of low English boxwood frame curving flower beds that change with the seasons-pansies in spring; begonias or caladiums, petunias or geraniums in summer; chrysanthemums in fall. Fountain and eagle are flanked by weeping hemlock and American holly. From here you stroll down ivied steps to another round garden, Left, and, BeLow, where a lily pool is wreathed in concentric circles of ivy, grass, evergreens and flowers. For a long while the Pennocks' landscaping stopped here, but because this is "a garden that just keeps growing," they opened up another vista and level, the swimming pool and pavilion that you glimpse beyond.

Mr. Pennock likes plastic pots for hanging plants, because they are lightweight and do not dry out as quickly as clay, but he finds the common white or harsh green colors unpleasing. To make them nearly invisible, he sprays them with Krylon ultra-flat black paint, adds moss green, and rubs with cheesecloth to blend. When he buys a contemporary cement planter or figure he sponges on dark brown cement paint, then light brown, and rubs it almost off for a soft weathered look. Every clay pot and container of any sort is immaculate. In the greenhouse new pots are washed with a disinfectant, as are the greenhouse benches and floors; they use Algae-Go. Cuttings are started in flats of sterile perlite, and to encourage healthy growth, root ends are usually treated with a fungicide, Captan. When plants are transferred to clay or plastic pots, they grow in this formula: one-third sterilized soil (this can be bought, but they bake theirs in a Famco oven on the premises because of the quantities used) combined with two-thirds vermiculite, perlite, peat moss, sand, and charcoal, all balanced according to the plant's natural origins and needs. The Pennock greenhouse is open to the public, and house plants and unusual containers are sold partly "to help maintain all this" and partly because Mr. Pennock thoroughly enjoys collecting and growing and teaching new gardeners how to care for his plants' offspring. The Pennocks' outdoor garden is a macrocosm of their garden experience and principles. A series of small gardens, cleared and planted decade by decade, is now a veritable green mansion of intimate rooms, beautiful in all seasons. The evergreen walls are composed of hollies, rhododendrons, azaleas, laurel, hemlock, even English ivy that clambers up the bare trunks of tall white pines. A long axis runs the full length, forming a vista that stretches from a small gazebo beyond the herb garden near the kitchen, through the round gardens, and on to the swimming-reflecting pool and pavilion. Yet you perceive this grand-scale triumph only when you stand at the heart of each seemingly self-contained small area or on the broad stone steps that lead to different levels. Mr. Pennock believes, "No garden should be seen in its entirety from one vantage point but rather be so designed that there always remains an element of surprise as one proceeds from section to section, room to room." (Continued on page 91) GARDEN OF BEAUTIFUL IDEAS: A surprise at every turning





Indoors and out, the Pennocks" "Meadowbrook Farm" overflows with decorative ideas, plans to adapt for small gardens anywhere, and ways to use a few plants to make any room more beautiful. Propagating ideas as well as plants has been a lifetime passion for the Pennocks, and like most dedicated gardeners they are open-handed about sharing their well-thought-out plans, their techniques, and even their house plants' offspring. The Pennocks' greenhouse in Meadowbrook, Pa., may be visited from 10 to 5 Tuesday through Saturday.


Rondel of brick bedded with seasonal flowers marks crossroads of paths that lead to herb garden by the kitchen.
opposite page:

1. Intimate terrace of basketweave brick at side of house has fuchsias in pots and as standards near love seat; pillows match the flower colors; birdbath base supports still another flowerpot.
2. Painted trellis on walls of card room makes an airy garden background for needlepoint butterfly by Mrs. Pennock; basket of red nasturtiums perches on a column near colorful Haitian painting.
3. Espaliered Magnolia grandiflora thrives on warm south wall of gray stone house and brick terrace; tapestry of English ivy is trimmed back twice a year for neatness. 4. Flight of steps to pebbled landing near swimming pool has fringe of flowering cactus; terra-cotta baskets hold daisies; urn above low teucrium hedge trails variegated ivy, hoya, and, in summertime, geraniums and petunias.
4. Ivy topiaries and lava rock plantings of hardy sedums and succulents are Pennock specialties, may be bought at their greenhouse open to the public. Favorite ivy varieties for twining on topiary frames: Needlepoint, Shamrock, Pinoak. 6. Grass strip, 80-by-30 feet, near side terrace is fenced by English hurdle remodeled and painted black for a Chippendale look; grass is kept healthy with frequent mowing and watering. 7. A chandelier of flowers for the dining room is a basket of fuchsias on this particular day; Chinese porcelain bowl forms a pool for floating huge roses. 8. Grass path with obelisks forms hallway of hosta and broad-leaved evergreens to a pebbled courtyard with a small gazebo, originally built for the Philadelphia flower show by the late Mrs. Alan Reed. 9. Real garden by make-believe trellis in card room has Asparagus sprengeri in hanging basket mingling with Ficus benjamina; tree is banked with rock and shell collection and flowerpot border of white primula, red anthurium, and kalanchoe.

## The garden plan

right : 1. Pool pavilion. 2. Swimming pool. 3. Pool seating area. 4. Steps. 5. Round garden with lily pool. 6. Ivy-ribboned steps. 7. Glass garden room. 8. Small brick terrace facing grass strip used for parties. 9. Round garden with eagle. 10. Flagstone terrace adjoining brick terrace for dining. 11. House. 12. Grass path with obelisks. 13. Herb garden. 14. Brick rondel with flower bed. 15. Pebble courtyard. 16. Small gazebo.

GARDEN OF BEAUTIFUL IDEAS:
Small corners of delight



## HOW EXPERTS DESIGN FOR 6 WOMEN WTH VERY DIFFEEENT LIFESTYLES



Anyone who has forsaken a country house for a city apartment knows how traumatic it can be to exchange foliage and flowers for a view of a stone and steel canyon. Anticipating the stress, Mrs. Armene Norris, whose apartment this is, determined that the transition be only physical. In spirit, she was going to live in the country. And she does. Her interior designer, Betty Sherrill of McMillen, Inc., understood the problem and was delighted with the challenge. "Decorating is not designing a stage set," she says, "it's creating something that can move with you. Should Mrs. Norris go back to the country, everything here could go with her and be at home." For her "country look," the designer relied almost entirely on color and pattern. Very little of the furniture is new, but practically everything has been re-dressed for the country look. "That doesn't mean deep-down rural," says Mrs. Sherrill, "but a look with the style of a beautiful garden."


## 7 COUNTRY-IN-TOWN APARTMENT: and peaches

"The background color for a woman," says Mrs. Sherrill, "should play her up, set her off. Mrs. Norris has an extraordinary kind of dark beauty, so in the living room [Above top] and [Right], the walls are the peach-pink of a Persian melon, the most flattering color for her I could think of. The pink doesn't stop with the walls, but flows out onto some of the furniture in velvet and flowered silk, as splashes in the rug, then back to one wall in the Cavailles still life over a sofa. The pattern of the flowered silk is an echo of the rug's, but a sophisticated one. It takes all kinds of flowers to make a garden. And to intensify the feeling of walking into a garden, the round foyer [ABOVE] is as formal as a classic rotunda, and almost as empty. It's a deliberate trick of contrasts, of course, and it works. On one side of the door, you're totally enclosed in a very pretty cage. On the other, you're as free as a bird."

$3$




## ittle house that lives big

What do you do with an old one-room schoolhouse that's full of mice-a schoolhouse with a little low ceiling, no water, nothing? If you are the John Doddses (Mrs. Dodds is stage-TV actress Vivian Vance) you fall in love with it, and buy it and then find an architect-for them, Harry Bates-who doesn't think you're crazy The result: a perfect collaboration and a happy house.
"We found the house when it wasn't even for sale; and then it was in the paper, and we got up at eight and bought it by noon. Then we found Harry. The schoolhouse couldn't possibly have been done without him. It was nothing inside, but we didn't want to change the look outside. We could have added on, but Harry came up with an ax; and he took the ax and he broke through the ceiling and he crawled up in the hole he'd made and said, 'rll make you a whole house in the shell.' So we gutted it and put in big windows at the back [BeLow], and a porch at the side because we wanted lots of light. To make the house seem big we painted everything white. The chair in the living room window [opposite page] came off the first I Love Lucy set. And the mirror was Tallulah Bankhead's-nobody ever noticed it in her apartment, but it's just right over our fireplace."





 apartment. With a pool dominating the living room, the dining room turned into a kitchen, the distinct impression is that the people who live here want to live the way they want to live-with humor, comfort, and luxury, and the atmosphere of a weekend house all week long. "I simply don't have to go away for vacations," says Micheline Presle the French actress whose priorities created the apartment, "all I have to do is come home." What really is mad about the apartment is the way artist François Arnal has been able to design a luxurious living space using industrial elements. The chairs, tables, beds are designed by a group of sculptors who also design furniture-Atelier A. The living room-bedroom-pool on these pages has a terrace-sun deck with a pink-striped wall. Looking to the left of the pool, below, the steel spiral staircase lacquered red leads to the floor below, the library wall separates the living room from a large bathroom.

A full view of the pool, left. The cushions are covered in waterproof military canvas, the planking around the pool is also used on the terrace, painted green. The bedroom also adapts gym lockers for closets. The bed is a foam mattress, a frame in Plexiglas with bulbs inside that light up. The windows to either side of the bed are framed, luxury factory fashion in aluminum, the floor blue poured epoxy. The mirror between the windows reflects the living room. Sofa of blue-jean material.




## THE BEST THINGS IN

LIFE ARE NEW-


The new woman who's around happens to be invisible. People keep telling each other that this one is totally different. Changed utterly. Upside down. Inside out. Remodeled. Where is she? No one is quite sure that they have ever met her. On the other hand, they won't say she isn't so. "But she doesn't look Different." True-because unlike other Newwomen who have come down across time, you can't see this one.
You could see the Eighteenth-Century Woman clearly. And when she stepped out of her ferocious cages of silk and satin and melted into the Empire or Regency Woman, that was a visual smash no one could miss. And when the still-Edwardian, gliding World War I girl exploded into the gyrating, let-everything-go, perpetual-motion Flapper, the world got a sock in the jaw it could really feel. So what happened? Woman didn't get up abruptly from the rocking chair to rock the boat. She simply stepped quietly over an imperceptible line, pulled up alongside Man to stand even. It has been a long and anxious journey that had to bypass such hazards as Aristotle who-in 344 B.C.-decided that "Woman must be said to be an inferior man." Probably such recent milestones as The Pill, new Abortion laws, and Women's Lib really put her across the finish line. So this time she isn't dressing for the part, she's just woman-everywhere, anywhere.

An example of respect for such a unique fact of life was made quite dramatically this spring in New York when the Museum of Modern Art held a show of the sculpture of Henri Matisse. In the midst of some staggering pieces, a small, even tiny, bronze grabs the eye. It is a very representational horse, conventional in every way, except that it is standing with great poise and perfect balance on its one and only leg. Instantly curious, viewers bend down to learn the meaning from the inscription. It says simply "Horse." Matisse apparently decided not to apologize for this horse in any way, to say that no matter what its state or condition on arrival, it
was a most remarkable feat of nature. So, now wherever woman is, she is someone who has arrived-a presence-Woman.

Well, now that she's here, what does she want? The very question makes many women smile and some men nervous and has sent hordes of social scientists scurrying to analyze, dissect, and decide on those wants. Of course the answers aren't all in-and those that are aren't all that alarming. She doesn't want absolute power or her husband's job or her hand on the big pushbutton. Her wants are sometimes fairly sweeping, but frequently small and always human. As wanting itself is. Once that cool, detached, perfect superhero Robert E. Lee astonished one of his officers by announcing "I am always wanting something...."
She wants one area of her own life completely her owr....This pressing need, as much as the financial spur, is often why this woman works and-strikingly-why a significant group of psychiatrists, gynecologists, and interests say that indeed she should, that she must. Some hold that-whether she has to or not-she should work for money; others believe that truly professional volunteer work is more gratifying, more influential. The precedent-smashing jobs (Our mayor is a woman...My rabbi is a woman...Did you notice that the jockey on my half of the double was a girl?..I was stunned to look out the twenty-fifth floor window today and see a woman washing the windows) are gratifying but the true reason for Newwoman to work is to possess a kind of Virginia Woolf Room of Her Own-forever in her life.

She wants it known that she is more ready for change of every lkind than change is ready for her.
She wants help help, Help....She wants the pleasure-not the pain-of running her own house and she has finally internalized the fact that live help is becoming as obsolete as the trolley car. So she is asking for pure engineering miracles. And why shouldn't she? For instance, she wants a dishwasher which after it has washed and dried the glasses, will put them away.... a vacuum cleaner that she can direct by radar to the far corners of the house while she is reading or sewing or writing poetry...a mechanized, computerized housekeeping machine that she can fill with information daily and that will do the dusting, straighten closets, make the beds, order the groceries and all without having to take nerve pills. Wildly expensive? Of course. How will she pay for it? Probably the way that Mr. Alfred Eisenprise-a philosopher, merchant, and vice-president of Allied Stores-has decided that from now on woman is going to get what she wants with what he calls The Trade-off-a certain system of priorities in which she swaps one thing she'd like for some other thing she'd like better. Far too pragmatic now to ask for the world on a platter, she will settle for half the world, giving up a trip to Europe or a new car or even another house for certain other things. If she had to give up eating for such phenomena as these new helpers, it would at least have a fine side effect...
She wants such a small thing as being able to go to the best restaurant in town by herself when she wants to and get the best food, the best waiter, the best manners-no cold shoulder, no put-down.
She wamts information.....on every absorbing fact, idea, and opinion around and she wants it to feed her interior life.

She wants to change her habits.... She is far more willing now to accept what was once outlandish and impossible. Lately she welcomed a seminar, staged by the Department of Agriculture, that was dedicated to taking the sacred attitude away from food. It suggested that she consider bugs. Beetles are a high source of protein, grasshoppers are packed with chlorophyl, and silkworms, delicious.

## She wants to grow away from the uptight puritan ethic-and all that guilt-to live easily within the mew sexuality.

She wants to be femimime rather than feminist.... to be loved, loving and giving, outgoing, wanted, needed, and rewarded all the time with wonderful presents...Even though she may not become involved personally in Women's Lib, she does feel obliged to them for many things (such as making the put-down of women forever untasty). She believes that Women's Lib is her Army, Navy, Air Force, and Marines and is grateful.
She wants to raise her own roof..... or put up a series of porches or add on a library in her house-with her family enlisted as troops, of course. Many women now would rather Do It Themselves and See It Done Right than live with amateurism.

## She wants to be thim.

She wants to explore new experience.... whether it's mind control that reaches for the Alpha or acupuncture or face-lifting or Liquid Theatre or meditation or whatever-for her-really works.
She wamts to become committed....to find a cause after her own heart and go whither it goes.... whether it's Friends of Animals that leads her to giving up all furs that are endangered species or Friends of the Earth or the Sierra Club or Nader's Raiders or some political party that turns her on... and she might even consider getting into ecology even if that has become a cliché. (Last February one of her friends who is into it got a wonderful Valentine reading To My Biodegradable Love.)...

## She wants to go to China.

She wants to make eccentric jewelry at home and sell it to her friends or whatever that line from Applause says ...what she really wants to do is her own homework by being creative at home...she might have her own loom like the Lady of Shalott or make her own design for clothes with a sure hand... or invent her own brand of cookies and sell them for profit...in any case she sometimes wants to behave herself like her admirable forerunner the Pioneer Woman...

She wants to go to a party amd be. listemed to with the same rapt interest and eye-contact attention women have been extending to men all their lives.
She wants out often.... just wants to slam the door of her house and take off-not from, but with, her family-for Thanksgiving in London or Fourth of July in Iceland or to visit some friends... or take in a Fair or a National Park and feel new places, people, things springing up around her....

[^2]
# AN INTERVIEW WITH AN EXPERT ON BATHROOMS, PROFESSOR ALEXANDER KIRA 

## THE CASE FOR the live-in

 bathroomeditor's note: Alexander Kira is professor of architecture at Cornell University. His report, The Bathroom published in 1966, a culmination of eight years of research at Cornell, provoked tremendous comment because of its frank and outspoken approach to the activities and functions surrounding personal hygiene. Professor Kira is currently completing a revised report. He talks here about the significant changes in bathroom design since his study was published.
house \& GARDEN: In your last, famous report, you spoke of the primitiveness of the average 5 -by- 7 -foot bathroom. Things are changing now, aren't they? We seem to be breaking out of this small space.
professor kira: Yes, very definitely the attitude is changing. It's very different today from what we ran into before: the kind of person whose attitude was, well, the bathroom is no place to linger, it's a place to go in and do your business and get out-the whole thing is nasty and unpleasant and you want to disguise it and lose it. For the first time in probably thirty years, we've had two books in which bathrooms have emerged as a legitimate concern: David Hicks's and Mary Gilliatt's. The bathroom has become (a) acceptable and (b) fashionable. That's significant right there. house \& garden: What accounts for this rapid change in attitude?
professor kira: There's much more of a feeling of relaxation on the part of many people, more discussion about sex and the body. Consider Esalen and the whole body awareness thing that's been going on in the last few years. People are beginning to lose inhibi-
tions and they have reinforcement for this. There is general public approval for it. The whole human potential movement is encouraging it. It's respectable to feel these things, to behave this way. There have always been some people who felt this way, but it took them a great deal of courage to act on it because they didn't have social approval. But aside from this, there's simply the whole physical health question.
house \& garden: And people need space for exercise. . .
professor kira: Well, look how much more genuinely health conscious we seem to be at the moment, of diet and of exercise and so on. However, the interesting thing is, I would raise a serious question as to how many people genuinely are in this health kick because they will feel better or are into it because of the appearance thing. It isn't fashionable to have wrinkles. Our society has placed a premium on youth. If we placed the premium on fat jolly people I wonder how many would go on being lean and thin because it prolonged their life?
house \& garden: But you feel the live-in bathroom, the more spacious room, is a very positive reality, something we're all going to have very soon?
professor kira: It's going to happen sooner than most of us imagine. The demand is there, because the live-in bathroom, the larger space, is the only way in which you can positively enjoy body functions, body contact, body awareness. In a little 5-by-7 bathroom you're endlessly frustrated because there are so many opportunities for expressing this way of life that have been cut off from you.
house \& garden: To some, this live-in bathroom represents a refuge, doesn't it? (Continued on page 144)

## FOR BEAUTY, HEALTH, LUXURY, THE

 LIBERATED BATH A bath doesn't have to be a laboratory or just the place where you happen to brush your teeth. A bath can be the most glorious personal statement of you and your living style in the whole house. A stifled bath somehow inhibits even the most routine uses of that room-so liberate it! Even a small space can radiate all the good feelings of beauty, of health, of luxury. And sometimes even the littlest details can give a room an illusion of great space. On the following pages are lots of ideas to make your bath a beautiful place to relax, and three very different baths that, each in its own very particular way-whether on a large scale or small-certainly is more than merely a room to bathe in.[^3]It is often said that the only place a man can really be alone is in his office, or in his clubor in his bath. So why not combine the luxuries and privacy of all into one? For the man who conducts much of his business from the telephone his bath can be the perfect retreat, a comfortable and quiet place for relaxation and for work with a battery of private phones right at hand. On this page the phones are placed right next to a sofa, right, which is, in fact, the bathtuband a massage platform, too. The lid flips up; it is covered in nubbly fake Persian lamb, which also covers backrest and pillows. Additional pillows drop down over the toilet and the bidet, below. All fixtures are set into wood platforms; the wood, with a magnificent burl grain, is specially treated against water staining. On the walls and floor: carpeting textured to simulate terry cloth. This carpeting is a neutral backdrop for a frieze of paintings and for a collection of trophies and photographs. Bath designed by Piero Pinto for Count Giorgio Borletti.


When the lid is down, center right, the bathtub becomes a sofa for telephoning or even a nap, or a massage platform. The lid snaps up, right, and clips to the wall when the tub is used for bathing. A nest of tables, above, is inlaid in random patterns, holds a collection of bottles and a game of dice. Behind the tables, a carpeted panel in the wall slides to reveal a closet.


# ZEST <br> FOR <br> A <br>  BEAUTIFUL BATH 



A place for relaxation, a place for exercise, a place, above all, for beauty: Here are ideas to make any bath more luxurious. In a leisurely corner, toss a couple of antique-patched pillows, 1, onto a chaise. Here's one that's 14 inches square and backed with velvet; it was designed by Elisa Daggs. At Obelisk. 2. Bring the jungle indoors with "Alsace," a leafy wallcovering with tropical cockatoo; its border is matched by "Metrico"-patterned fabric of cotton, rayon, and mohair. Van Luit.* 3. Hair dryer with extended hood stands 22 inches high, has a special attachment just for wigs-and one of the four heat settings is for wigs, too. Hood can tilt back to accommodate largest rollers, and there's a special compartment for bobby pins. Sunbeam. 4. "Eclipse" bathroom scale comes in six colors, weighs, itself, a mere 5 pounds, and measures 11-by-12 inches. Bold numbers say: Don't forget your diet! Hanson. 5. Your shower becomes a Garden of Eden when enclosed by a flowery curtain made of washable cotton duck. Jolo. 6. Take a snack to tubside on a butterfly faïence plate hand decorated by Guillot. At Mayhew. 7. In the remodeled London town house of the Frank McCones, padded vinyl covers the floor and drops down into the hexagonal tub. Textured steel doors slide away to reveal closets. 8. "Tripleheader" cord model shaver has a special dial




1. Breeze-swept pillow covers dappled with ferns are specially for tucking behind your neck. At Porthault. 2. You choose your tables, and then they are covered with handpainted wallpaper, which may or may not match your bath, as you wish. They're lacquered to resist staining. Tables and wallpaper, Charles R. Gracie.* 3. A quiet stream meanders through "Magic Forest," a cotton fabric by Liberty of London. 4. Architect Milton Harry and associate Robert Whitton designed an all-white bath for artists Sebastian and Annie Trovato. The sunken tub, a quarter-circle segment of mosaic tile, is matched by a domed skylight overhead. A Trovato columns-of-wood sculpture holds perfumes. 5. Powerful little hair dryer is only $51 / 2$ inches long, $31 / 2$ wide and 2 deep, and weighs 11 ounces. A safety switch shuts it off if the vent openings are covered. Braun. 6. Rattan chair with rawhide bindings has seat encased in "Printemps" linen-cotton print. Chair by McGuire* and fabric by Franciscan.* 7. A real fern shines inside a translucent candle designed by Erik L. Wood for World of Difference; underneath, more "Fernery" on cotton fabric by Woodson.* 8. Indians of South Dakota stitched this cozy bedspread, which is washable and reversible. Dakotah Handcrafts. At Lord \& ZEST FOR A BEAUTIFUL



And of all the designs
Thus far formulated by humans
None have been
As adequately anticipatory
Of the probable reoccurrences
Of yesterday's experiences-
Positive and negative
Large and small
Frequent and infrequent
Sudden and slow-
And therefore as
Progressively comprehensive
Complexedly adequate,
Economically exquisite
Powerfully eloquent
And regeneratively reinspiring
To further evolutionary perfection
As is
The sailing ship.

1$t$ is visually obvious Even to the inexperienced viewer That the sailing ship is designed To cope with nature's
Most formidably hostile Environmental conditions For human survival, Those existing at the interface Of the ocean's and the atmosphere's Ofttimes tumultuous ferocity, Where, for long and most often, Of all places around Earth An unprepared, ill-equipped humanity Usually perished.

For it was the many lethal experiences With those myriad Of awesomely demanding conditions Witnessed by a few fortunate survivors Which progressively invoked Man's subjective discovery And objective invention Of general engineering principles As well as the foundations of mathematics From which in turn he evolved Not only competent naval architecture But such other mathematical essentials as Chronometers, compasses, charts Spherical trigonometry, sextants And celestial navigation, And thereby derived Instrumentally guidable safe passaging Of multitonned vessels Scudding along under full sail Over the rocks and shoals permeated Great ocean waters Under the invisible conditions Of night, fog and high seas.

And sailing ships
Unlike bulldozers

Do no damage to the sea, land or sky While employing the windpower Without any depletion Of the vast wealth of universal energy.

And because the sailing ship's beauty Is the unpremeditated consequence Of omni-integrity in designing
Both its comprehensively anticipatory performance as a ship As well as the technology of its building, That functional beauty has inspired The high-seas sailorman, Voyaging safely within its womblike hold, Not only reproductively to proliferate
The successful prototype designs But also spontaneously to identify Sailing ships
As females.
Three quarters of our planet Is covered by water. And in developing the ability
To live at sea
And thereby to integrate
The world around occurring
But very unevenly distributed
Gamut of physical resources and knowledge,
And thus ultimately to make all resources
Available to the integrated production
And distributive service of all humanity
(Despite the world-around recurrent formidable conditions),
Humanity has manifested
Its greatest comprehensively anticipatory
Scientific designing effectiveness
In the high-seas sailing ship
The by-products of which have been
His establishment of a science-founded,
World-embracing,
Scientifically laboratoried,
Search and research navigated,
Speed of light intercommunicated,
Industrial mass-production complex-
Out of which, in turn, has come, evolutionarily,
Humanity's mastery of sky
and interplanetary travel
And its biochemical conquest
Of physiological disorders
Of the human organism
And possibly soon to come
The adequate physical sustenance of all mankind.

Key to humanity's scientific discoveries,
Technical inventions,
Design conceptioning
And production realizations
Has been a phenomenon
Transcendental to humanity's
Self-disciplined
Objective concentrations of thought

And deliberate acts-
A phenomenon transcendental to humanity's
Consciously disciplined inventive capabilities.
That key is the first
And utterly unpremeditated event In all discovery, invention and art. It is humanity's intuitive awareness
Of having come unwittingly upon
An heretofore unknown truth,
A lucidly conceptual,
Sublimely harmonic,
Regenerative relationship of a priori Universe
An eternal principle-
And then moments later
A second intuitive awareness
Regarding what the conceiving individual hu Must do at once
To capture the awareness of
And secure the usefulness of
That eternally reliable generalized principle For all humanity
For now and henceforth.
Again and again,
Step by step,
Intuition opens the doors
That lead to man's designing
Of more advantageous rearrangements
Of the physical complex of events
Which we speak of as the environment,
Whose evolutionary transition ever leads
Toward the physical and metaphysical succes Of all humanity.

$a$nd because its design Permits humanity to live anywher Around our planet's watery mantle And because this sailing craft We are now to launch Is the epitome of design competenceAs manifest at this moment In the forever forwardly mounting and crestin Of design capability-
We herewith give
To this world-around dwellable
High-seas sailing craft
the name INT

FROM THE BOOK INTUITION. COPYRIGHT (C) 1972 BY R. BUCKMINSTER FULLER. TO BE PUBLISHED ON MAY 5 TH BY DOUBLEDAY \& COMPANY, INC.

Editor's note: Intuition is the title of R. Buckminster Fuller's new book to be published May 5 (Doubleday, $\$ 4.95$ ), his fifteenth, and a poetical synthesis of his total philosophy. We publish here a fraction of the soliloquy that he wrote after the launching of his new ocean-cruising sloop in July 1968. Dr. Fuller, the visionary architect, inventor and philosopher, creator of the geodesic dome, poet, mathematician, engineer, author, and talker (his achievements span 144 lines in Who's Who) is now 76. He continues to live in a constant flurry-of catching planes, traveling many thousands of miles a year to give lectures, design new projects. Beverly Russell, House \& Garden's interviewer, found him grounded recently in New York, in an inconspicuous hotel room-but not for long. While the interview proceeded friends around were packing suitcases, gathering books, piling papers into brief cases-and he was off, to lecture in Canada. She began the conversation. . . .

do you have an intuition, as an architect, about what a house could or should be in the future?
DR. FUller: My very great friend and architect the late K. Löndberg Holm said to me in 1929 that the really great architect will be the architect who produces the invisible house where you don't see roofs or walls. I've thought about this, thought about it a lot, the ultimately invisible house-doing more with less and finally coming to nothingness.
house \& garden: How will we do away with walls?
Dr. FUller: Well, why the wall? You might think of the geodesic dome evoluting. You get your pipes and wires to a point on a piece of land, and you bring your big transparent dome and put it over the meters and the services. Then you get your mobile home (it is a perfectly good package, that's all it is really, a shoebox full of refrigerators, innerspring mattresses and so forth, and it's a very uncomfortable package because it is designed for highways, which are narrow and have bridges ) . . . and you forget about the idea as a house. You roll it in under the dome, under the environmental control and you throw the package open. You put up some rose bushes, you have a garden under the dome. You have your equipment and you can deploy it anywhere. You can go around a rose bush and suddenly there's a lovely little platform, and that's your living room. And you go around some more rose bushes and there might be a bathroom. Of course, it doesn't rain, you have the environment under control. In a sense that's what the Almighty has done already, how birds are able to nest in the trees. They have an environment that is compatible, so they don't need any walls.
HOUSE \& GARDEN: This sense of intuition-have we all got it and can we all develop it?
DR. FUller: I am convinced that no sense that we have, no capability that we have, isn't in everybody. Everybody has this intuition very, very powerfully, but most of us today are so quickly frustrated about things, that we learn not to listen to our intuitions. house \& garden: Frustrated . . . ?
Dr. fuller: From childhood, we're conditioned to certain ideas, frustrated. We reach for matches and we get slapped on the hand
and told, "No, matches are dangerous." It goes back to an inferiority complex because there used to a be a big master and he had a whip and if you started to make a move, he said, "Now get back in line. Don't do anything, never mind what you think." You know in the twenties, thirties, and forties, intuition was literally a dirty word in the sciences. The very academic working scientist maintained that there was no mystery of this universe, nothing that man couldn't find out. It was all just man and pragmatics, atheism, and so on. But suddenly two different experts looked for common factors leading to great discoveries. Northrop at Yale and another one, and they collected the letters, diaries, and communications in general of a group of scientists that everybody would agree were great scientists, people who had made a very particular major contribution in the whole history of man. They looked in these letters and diaries and not only theirs, or their wives' but in their intimate friends'. They studied the writings and communications of all these people just before, and at the time, or immediately after making the discoveries. They were looking for something in common in each of these great scientists.
house \& garden: And they found one?
dr. fuller: The one thing they found common to all of them was that their diaries declared spontaneously that the most important single item in connection with their great discovery was intuition. The number one factor in their making the great discovery of a principle that was a priori in the universe that nobody else had been able to discover, was intuition. Their writings also said that the second most important factor was the second intuition that came about thirty seconds later-about what to do about what they had just discovered. So we have these beautiful documentations and since that time people have been going back in literature and sure enough found other great scientists talking about the primacy of intuition and now intuition has suddenly become respectable to even the most advanced ranks of science.
house \& Garden: Are there other senses we can cultivate apart from intuition?
Dr. FULLER: There are many capabilities we have that we don't use. Nature has given us failsafes, you know. If somebody is born blind, nature has ways to help him get along. I know something about this because up to the age of four, when I began to wear glasses, I couldn't see any details at all. Everything was blurred. My older sister was always talking about what she could see and because I couldn't see anything but color blurs, I thought she was making it all up. So I began to use my imagination and started telling her all the things I could see, only I was making it all up. I couldn't see them at all. Nature gives imagination to all of us. My stories were so fantastic, everybody laughed, until suddenly they realized what was the matter with me. But in the meantime, I'd so exercised the imagination that we really all have, that it was very active. And since then I've noticed many other failsafe senses of handicapped people coming into play.
house \& garden: Can you talk about these?
DR. FULLER: It's perfectly clear that there is a class of experience we call telepathy, which though (Continued on page 198)



## ROOMS TO <br> 

"As a family, we didn't want to live in one great .
big giant room that goes on expanding," Mr. Friedman said.
"We each like our privacy to do things on our own. So we made the house on two levels, with upstairs public rooms, spacious and grand, so we can enjoy ourselves when we do want to be together. But we have different spaces within the house so that we can be by ourselves and do whatever we want to do alone." On the lower level, the master bedroom has a separate sitting room with a deck. "My wife and I didn't want to be relegated to the bedroom when our children entertain, so having this separate apartment downstairs has been a real help," he added. "We're actually on the east side of the island so we start to lose the sun rapidly in the afternoon. That's why the house is oriented to the south and has skylights. I wanted it to feel airy and bright on the inside, so everything is white. On the outside, I wanted it to blend in with the landscape, so everything is timber. Between the two we have a nice comparison."


The nautical feeling extends right from the pennant-painted mailbox, above left, to the red-wood-lined sauna, far left, with floor tiles in deep sea blue. (The tub is a generous 5 by 6 feet.) The bathroom area (see plan, opposite page), is divided into four sections, includes a dressing room with mirrored closets. At any hour, the teak fitted galley kitchen, left, is a joy to work in. By day, natural light floods in from skylights-at night adjustable spots on the ceiling track shine on the counters.



## An architect's

 house for his own family:= =ROOMS TO with sliding doors onto a deck and access to a large storage space and wine cellar. "It's really a craftsroom," $\square$ Mr. Friedman went on. "We can get in here, paint, do any project and leave it out. This s where my wife sews. It's a catchall space, where we can have coffee or breakfast, and we don't have to worry about messing things up." The ceiling in the living room, right, is 20 feet high, designed partly for light and partly for Mr. Friedman's side interest, phoography. He projects slides in this space on a pull-down movie screen concealed in the ceiling beam separating the main living area from the dining space. The big deck at the bay view end of the room extends 10 feet and is 18 feet wide, "suspended from steel tie rods just like the Golden Gate Bridge, so it doesn't need an elaborate supporting structure. I think it worked out rather well."



Superb food in a surprise setting:

$$
\begin{gathered}
\text { Secrets } \\
\text { of a successful } \\
\text { party }
\end{gathered}
$$

Lucullus, the Roman gourmet who marketed for his banquets from one end of the Mediterranean world to the other, was a clever host. He knew that food always tasted better when served to amusing people in a beautiful setting-or to beautiful people in an amusing setting. Here are nine tables with a surprise up their sleeves. For each party there are menus wheedled out of great party givers, and to set off the food, some pretty examples of the arts of the silversmith, glassmaker, and ceramist. A late supper, above, becomes an in-the-round fantasy in a living room with mosaic walls of polished pebbles, a steel floor with the sheen of silver. On the table: "Williamsburg" sterling by Stieff; metal plates from The Plough Tavern Series by Wilton; "Oxford" crystal by Imperial. Interior design and table setting by Phillipps and Dixon. Right: Pretty luncheon in a library surprised by spring with pussy willows sprayed high above a scarlet table,
potte potted flowers on the sill of each latticed window. "Colonial Theme" sterling by Lunt; "Palmyra" oven-to-table porcelain by Royal Worcester; "Diamond Thumbprint" stemware by Viking. Table setting by Zajac \& Callahan.

## Late Supper for Four

Cold Ham and Chive Omelettes (Ciboulettes) Cheeses: Brie, Bel Paese, W ensleydale Crusty French Bread Grapes, Pears, Apples Wente Bros. Pinot Chardonnay

## Lumeheon for Six

Mediterranean Soup Rice Salad
Spinach and Endive Salad, Olive
Oil and Lemon Juice Dressing
*Pineapple and Oranges
Anjou Blanc 1970
*recipes start on page 132 .






Secrets of a successful party:

The green sculpture known as topiary is always amazing (who had the time, the skill, the patience?), but to find it in the garden room of a city apartment, left, in this case the penthouse of Mr. Robin Farkas, is sheer delight. The centerpiece for a luncheon table, the little green garden required neither clippers nor privet, but was made of myrtle and mimosa thrust into an armature of waterabsorbent foam. This takes a little time, but hardly, like an English maze, a hundred years. "Chantilly" vermeil flatware, "Lorenzo de Medici" china, "Elegance" stemware-all by Gorham. Centerpiece designed by Horst and executed by Robert Perkins of The Greenery. Below: Dining in an artist's studio is like stepping up over the footlights at La Boheme. We become romantics, eating a feast of salads at a table drawn up to a banquette padded with nothing so mundanely practical as foam rubber, but a vivid Moorish rug. "Feather Edge" sterling by Tuttle; "Persepolis" china, its pattern inspired by a thistle taken from a piece of old Persian pottery in the Louvre, by Ceralene; "Brummel" crystal by Baccarat. Oak dining table from Elux C. Putting; Fernando Maza watercolor from Galeria Bonino; Matisse Blue Nude from Poster Originals; flowers by Dick Champion of Terrestris. Interior by William Machado. For shopping information, see page 141

Luncheon for Fowr
Minted Melon Balls
Saddle of Lamb en Croûte Fennel Purée
Salad of Bibb Lettuce and $W$ atercress
*Poached Vanilla and Raspberry
Peaches with Spun Sugar California Cabernet Sauvignon *recipes start on page 132

Dinner for Six
Melon and Prosciutto
*Seafood Salad
Parsley Rice Salad
Arugula Salad Dressed with
Oil and Lemon Juice
Italian Bread Sweet Butter Zabaglione
Villa Antinori Red Villa Antinori White


## Dinner for Eight

W atercress Soup
Duckling with Apricot Sauce Stir-Fried Green Beans and Water Chestnuts Snow Pea Salad with Shallots (Olive Oil and Lemon Juice Dressing) Poached Pears Almond I uiles Château Bouscaut 1964

Luncheon for Four
Tomato Consommé with Lemon
*Poached Salmon in Aspic Salad of Boston Lettuce and Céleri Rémoulade Brioches
Coeur à la Crème
Pouilly Fuissé Joseph Drouhin *recipes start on page 132


## ecrets of a successful party:

Flowers in crystal,

## flowers in baskets

hree artists-painter Frank Stella, sculptor Louise Nevelson, flower arranger Robert Perkins -make this dining room, opposite page, part gallery, part hothouse, all brilliance. Held in a uster of crystal urns and vases circled around a tiny aquarium and its goldfish, the flowers ave an exoticism they never knew in the garden. "Pointed Antique" sterling by Reed \& Barn; "Brush" earthenware and "Evening Mist" crystal by Franciscan. Sculpture from The Pace allery. Interior design by Ala Damaz and Roland Dick for Mr. and Mrs. Anthony Kane. Way p high, where so many New Yorkers live, a luncheon table, above, has pulled up stakes and oved with its basket of flowers into the sun and the leafy green company of a ficus tree. "Golden Iodern Baroque" flatware by Oneida; "Onyx (Green)" china by Aynsley; "Sheila" crystal by aterford. Interior design by Mario Buatta; centerpiece by Robert Perkins of The Greenery,



## Secrets of a successful party:

## Tables in sunny windows, tables outdoors

When he entertains at home, restaurateur Charles Chevillot, owner of the tiny but wonderful La Petite Ferme, moves his dining table to a sunlight-filled bay window, which he fills with flowers. A true chef, he plants tulips in a fish poacher, uses a copper milk can for flowering quince, pokes spring blossoms into a wire hen for a centerpiece. "Cynthia" sterling by Kirk; "Florence" china by Haviland; "Bristol" crystal by St. Louis; curtain fabric by Waverly Flowers by Arno. Opposite page: Party planner Mme. Germaine sets up a noontime barbecue at a lakefront home. Party hosts, Dr. and Mrs. Bert Seiffer, seat guests on an open-to-nature porch, above right, enclosed by a counter that stashes away a barbecue, sink, bar and barbecue tools. For shopping information, see page 141.

## Cold Summer Luncheon

## for Four

Iranian Caviar Toast Chopped Egg Yolks, Egg Whites, Onion
Lobster Half, Sauce Mayonnaise Endive, W atercress, and Mushroom Salad
Brie Water Biscuits Raspberries Kriter

Summer IBarbecue Luncheon
Charcuterie Crudités
(Sour Cream Dip)
*Baby Lamb Roasted on a Spit *Potatoes Macaire
*Green Beans and Flageolets Cauliflower, Asparagus, and Tomato Salad Vinaigrette Crusty Bread Brie Grapes *Poached Vanilla and Raspberry Peaches
*recipes start on page 132.



Germaine and Marcel Chandelier

# How-to secrets from expert party givers 

One of New York's busiest party planners is Mme. Germaine, above left, a vivacious French dynamo who, with her husband and chef Marcel Chandelier, above right, devises all manner of parties, from luncheons for 1200 to dinners for 8 . The secret of her success is that the food looks as beautiful and mouth watering as it tastes. This is particularly true of numerous summer buffets, skillfully planned and prepared to remain crisp, and unwilted on the table. Here we've gathered ideas and recipes for perfect summer party fare that have made her a favorite caterer for such hosts and hostesses as Pierre Cardin, Pauline Trigère, and Mrs. Aristotle Onassis, for whom she makes her celebrated sandwich-filled brioche.

## Green Beans and Flageolets

(Haricots Panachés)
A lovely hot vegetable to accompany lamb, served effectively in a shallow wooden dish.

Use an equal amount of fresh green beans and canned flageolets. Cut the ends off and string the beans. Cook in boiling well-salted water (salt helps keep the beans green) until tender but still crisp. Rinse in cold water to stop the cooking and remove the salt. Drain. Rinse the flageolets and drain. Combine the beans

and flageolets. Make a brown butter: Melt butter and just as it is turning light brown, stir in chopped fresh tarragon (use dry if necessary) and freshly ground pepper to taste. Add the beans and flageolets, toss carefully so beans don't fall apart, cook gently to heat through. Taste for seasoning, add salt if necessary.


## Poached Salmon

 in AspieA beautiful addition to any buffet: An 8-pound salmon with Chaud Froid serves 12 as a first course with Sauce Verte.

## Court Bouillon

Bouquet garni: 3 bay leaves, 1 teaspoon thyme, 3 sprigs parsley, 3 cloves garlic, and 1 teaspoon peppercorns tied in cheesecloth
2 cups dry white wine
1 cup white vinegar
2 carrots, sliced
2 onions, sliced
1 stalk celery, sliced
3 tablespoons salt
8-pound salmon, cleaned
Put bouquet garni in a saucepan
with wine, vinegar, vegetables, and salt and cook, covered, for 1 hour. Cool. When cold, put salmon on rack in fish poacher, pour over Court Bouillon, and add cold water just to top of fish. Put a towel over poacher and bring liquid to the simmer. Simmer 5 minutes, the liquid barely bubbling, then turn off heat. The fish will finish cooking as the liquid cools.

When the fish is completely cooled, neatly remove skin from center section of fish, where the flesh is, leaving it on the head and tail.
(Recipe for Chaud Froid, Aspic, and decoration, page 136.)

## Pâté Maison

Pâté is served cold with unsalted crackers, brown bread, or toast to serve 20. Can be topped with beef jelly.
2 pounds each of pork liver, fat
back, pork butt
4 tablespoons salt
$1 / 2$ teaspoon freshly ground white pepper
A good pinch of allspice
4 eggs
Pork skin
2 bay leaves, thyme


Grind pork liver, fat back, pork butt together. Mix in salt, pepper, allspice, and eggs, blend together. Put a piece of pork skin on bottom of a 16 -cup terrine, pour in mixture. Put bay leaves on top, sprinkle with thyme. Cover terrine, put in pan of water. Bake in a $375^{\circ}$ oven for $11 / 2$ hours, or until juices run clear.


## Shrimp Tree

(Buisson de Crevettes)
A special metal stand made in France is the base of this spectacular shrimp tree. The stand is available at The Bridge Co., 212 East 52nd Street, New York, N.Y., 10022, but a Styrofoam cone can be used as a substitute. Cover with parsley sprigs, attaching them with pins; then attach shrimp, using toothpicks. Cook shrimp in Court Bouillon (see recipe opposite page) at a bare simmer for 10 minutes. Peel and devein shrimp when cool. For the accompanying cocktail sauce, combine tomato ketchup, horseradish, lemon juice, Tabasco sauce, and Worcestershire sauce. Shrimp could also be served with Sauce Verte or mayonnaise (see recipe page 138).

## Pain Lomis XV

The round Pain Louis XV (recipe page 136) makes a lovely bread for sandwiches and its own handsome container. The filling can be smoked salmon, ham, smoked tongue, salami, or cream cheese and watercress. Cut slits in the bread lid to run ribbon through and tie a bow.


## Vegetable Sallad

Each vegetable is dressed with a carefully flavored vinaigrette. "Keeps better than mayonnaise and salad stays fresher, too," says Mme. Germaine. To a vinaigrette of 3 parts corn oil ("less strongly flavored than olive oil") to 1 part red wine vinegar seasoned with salt, freshly ground black pepper, and Dijon mustard add finely chopped shallot to julienne beets; a little white wine, then vinaigrette with finely chopped chives, shallots, cornichons, and hard-cooked egg to potatoes while warm; dill or chives to lima beans; parsley, chopped egg, or capers to asparagus; tarragon to peas and corrots; shallots and a touch of garlic to tomato; nothing to cauliflower to preserve its whiteness.


## Poached Vanilla and Rasplberry Peaches with Spun Sugar

Spectacular summer dessert garnished with fresh raspberries, blackberries, and mint leaves and surrounded by a nest of spun sugar (see recipe page 136). Serves 12 with Raspberry Sauce.
12 peaches
$11 / 4$ cups sugar
Juice of 1 lemon
2 -inch piece of vanilla bean
1 cup raspberry syrup
Fresh raspberries and blackberries for garnish
Mint leaves
Raspberry Sauce (see recipe below)
Spun Sugar
Peel the peaches carefully. Make 2 batches of syrup: For each combine 1 quart water, 10 tablespoons sugar, and the juice of $1 / 2$ lemon. For the vanilla syrup, add the vanilla bean; for the raspberry, add a cup of raspberry syrup. Bring to a boil and simmer 5-10 minutes. Carefully

put 6 peaches into each syrup and poach at a bare simmer for $1 / 2$ hour. Cool peaches in syrup. Drain and arrange carefully on a serving platter.

## Haspherry Sauce

Mash a box of fresh raspberries to a purée and combine with 1 cup raspberry jam. Push through fine strainer. Add a few drops of lemon juice if too sweet. If too thick, add a little of the raspberry syrup, and flavor with framboise if desired.


## Poached Pears

Poached pears look attractive for a long time and can be basted with syrup to keep pretty and moist. Serve with the poaching juices flavored with framboise or eau de poire, or a raspberry sauce, or a sauce sabayon flavored with poire, framboise, or kirsch. Serves 6.
6 pears (Anjou pears are best) 1 quart water
10 tablespoons sugar

Juice of $1 / 2$ lemon
2 inches vanilla bean
Angelica leaves
Peel the pears, leaving the stems intact. Combine the water, sugar, lemon juice, and vanilla bean; bring to a boil, and simmer 5-10 minutes. Add the pears, cover, and poach about 30 min utes, until the pears can be easily pierced with a skewer or tip of a sharp knife. Let cool in syrup. Drain. Garnish with angelica.


## FOOID FOR SUMMEIRTIME PARTIES

## Brioches

Tall brioche filled with sandwiches is prepared in the same way as Pain Louis XV on page 133. This brioche makes about 60 tiny sandwiches. Commercially made brioches or other large bread could be used.

$101 / 2$ cups all-purpose flour
$1 / 4$ cup salt
13 tablespoons and 1 teaspoon
sugar
1 cake yeast
18 eggs
2 generous cups water
2 pounds unsalted butter, soft
2 egg yolks beaten with 1 table-
spoon cold water
Put the flour, salt, sugar, yeast, eggs, and water into the bowl of an electric mixer and mix with a dough hook slowly, on the first speed, for about 10 minutes. Increase speed to second speed and continue to mix, about 10 min utes. When dough no longer sticks to the sides of the bowl, add the butter a little at a time, beating thoroughly to incorporate each addition before adding more. The whole operation takes about 25 minutes. Transfer to a clean bowl and allow to rise in a warm, draft-free place until tripled in volume. Punch it down. Divide into 5 balls, about $11 / 2$ pounds each, and put each ball in a clean, dry \#10 can or a 2 -quart stainless steel bainmarie. Allow to rise in a warm, draft-free place until the dough reaches the top of the mold. Brush with egg wash and bake in a $500^{\circ}$ oven for 10 minutes, then lower heat to $400^{\circ}$ and bake for 1 hour.

Put the brioches in plastic bags in the refrigerator for 2 days to firm up. To hollow, cut off the top. Then carefully cut around edge of brioche, leaving a border about $1 / 2$ inch thick. Insert knife straight across bottom of brioche, about $1 / 2$ inch up, but do not cut through other side. Swing knife in an arc so that the entire bottom is sliced through. The center can now be easily removed.

Slice paper thin and spread with butter. Make sandwiches filled with smoked salmon, tongue, Italian salami, ham, cheese, ham and cheese, or cream cheese and chopped watercress. Or make a mousse de foie gras: cream canned pâté de foie gras with butter and a little cognac until smooth and fluffy. Cut the round sandwiches into 6 wedges, trim, and fill the brioche. Carefully cut slits in the top of the brioche, run a ribbon through, and tie a bow.

## Potatoes Macaire

Golden brown, parsley flecked, these puréed potatoes are served in a handsome lamb casserole.


Bake potatoes ( 1 per person) and scoop out the pulp. Whip with an electric beater or fork and for each potato, beat in about 2 tablespoons butter, and salt, freshly ground pepper, and freshly grated nutmeg to taste. Put in an ovenproof dish and bake in a $350^{\circ}$ oven until top is lightly browned. Sprinkle with chopped parsley.

Continued on page 136

## To every woman who ever defrosted a"no defrost" refrigerator:

You can spend good money on a refrigerator that you're told will defrost itself, only to find that you have to defrost it anyway. Before you buy anything, Sears urges you to get a few facts straight:

FACT 1. There are basically three kinds of self-defrosting refrigerators on the market today:


Sears sells both "Frostless" and "Automatic Defrost" models. Our "Automatics" are fine machines with nice modest price tags.

But our latest model, the Coldspot Frostless, is completely frostless-refrigerator and freezer.

FACT 2. Get a zero-degree freezer for firm ice cream and good-tasting meat. The new Coldspot
has a true zero-degree freezer. That's why ice cream stays scoopable, doesn't get mushy. Meat freezes fast and retains flavor. And it's a 201 pound freezer by official industry standards.

FACT 3. If you're paying a little more for a good defrosting system, you might as well get the latest features, too.

Like Sears exclusive Humidrawers. ${ }^{\text {Tx }}$ They'reairtight, so fruits and vegetables stay fresh far longer than in conventional crispers. (Lettuce keeps up to twice as long.)

There's an ice maker that keeps you supplied with 8 pounds of cubes-and a water dispenser with a shut-off valve to prevent drips and dribbles.

The shelves are no-rust aluminum, almost infinitely adjustable.

And the Coldspot comes in Avocado, Tawny Gold, Coppertone, White.

FACT 4. Sears Coldspot has an "extra" you can't see. Sears itself.

Sears reliability is built right in. If you ever need service it's as close as your phone.

See the Coldspot Frostless at most Sears, Roebuck and Co. stores and in the catalog.

While you're at Sears, get a copy of our new booklet, "All About Defrosting

Sears Systems." Free.

## The Coldspot Frostless. When Sears says frostless,we mean frostless.



Poached Peaches
(Continued from page 133)

## Spun Sugar

A great improviser, Marcel attaches broomsticks covered with oiled foil to a sawhorse for fling. ing syrup to make spun sugar for barbecue party.
$21 / 2$ cups sugar
4 teaspoons, plus a pinch, glucose (available in drug stores)
1 scant cup water
Pinch of cream of tartar
Combine the sugar, glucose, water, and cream of tartar in a saucepan with candy thermometer. Cook until it registers $325^{\circ}$ Plunge pan into a pot of cold water to stop the cooking-be careful as it tends to bubble up.

Cover the floor with newspapers. Put 2 broomsticks across chairs, one about 6 inches lower than the other. Wrap sticks with foil and oil the top. The best instrument to use is a medium wire whisk with the curved top cut off so that it has just the straight wires, or a long-tined fork.

Dip the instrument into the sugar and with a strong flick of the wrist, fling it across the

broomsticks. As the sugar is very hot, be sure no one is in front of or behind you. When you have made a thick web, pick up and carefully wrap around peaches.

## Pain Louis XV

(Continued from page 133)
$31 / 2$ cups all-purpose flour
$21 / 2$ cups rye flour
$1 / 3$ ounce yeast
2 teaspoons salt
2 tablespoons sugar
2 tablespoons plus 1 teaspoon
unsalted butter $1 / 4$ cup corn oil 2 generous cups milk
1 egg yolk mixed with 1 teaspoon cold water
Put flours, yeast, salt, sugar, butter, corn oil, and milk into the bowl of an electric mixer with a dough hook. Beat it until the dough no longer sticks to the sides of the bowl; this process will take about 25 minutes. Transfer dough onto a baking sheet, put in a warm, draft-free place, cover with a towel, and let rise until doubled in bulk. Punch down the dough, knead it a little, and then divide in half. Pull and stretch the dough to the underside of each piece so that it forms a smooth ball. Put on the baking sheet, put in a warm, draft-free place, cover with a towel, and let rise until doubled in bulk. Brush with egg yolk mixture and bake in a $400^{\circ}$ oven 45 minutes.

Put the bread in the refrig. erator for 2 days to firm up. Cut off the top and carefully cut around the inside, leaving an
edge about $1 / 2$ inch thick. Inser the knife across the bottom, but not cutting through the other side, and swing the knife in an arc to loosen the bread from the bottom crust. Carefully remove the bread and slice paper thin Spread with butter and filling Cut the sandwiches into wedges trim and replace in bread shell.

## Poached Salmon in Aspic

(Continued from page 132)

## Chaud Froid

4 tablespoons butter
4 tablespoons flour
1 quart Court Bouillon
2 teaspoons gelatin
Red food coloring
Melt the butter, stir in the flour, and cook 1 or 2 minutes without browning at all. Carefully strain Court Bouillon through several layers of cheescloth and stir into roux. Cook, stirring, over low heat until smooth and thickened Soften gelatin in teaspoon of cold

Continued on page 138

## Braun Tastemakers

## give you nature's best.

Three appliances from Braun that extract all the goodness, all the natural taste from fruits, vegetables and coffee. And their design is so naturally handsome that they don't have to be hidden away in the kitchen.
First is the Juice Extractor, which quickly gives you the fresh, pure juice from your favorite fruit or vegetable. Push a button and a 300 watt motor separates juice from the pulp. Electric braking stops instantly. Easy to clean.

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MPZ-1 CITRUS JUICER-\$21.*


KMM-1 COFFEE MILL - $\$ 30$.


Next, for fresh, flavorful citrus juice in seconds, is the Citrus Juicer which automatically starts when you press the fruit down on the cone, stops when you lift it. Comes with two cones to handle all sizes of fruit.
And for the lover of true coffee flavor the Braun Coffee Mill has true milling action. Nine settings provide precise and consistent grinding to help you make every pot of coffee exactly to your taste.
water, stir it into sauce to dissolve. Add 1 or 2 drops of food coloring to make sauce pale pink.

## Aspic

Soften 1 tablespoon gelatin in 1 tablespoon cold water, then stir into 2 cups strained, hot Court Bouillon.

## To decorate the salmon

When the Chaud Froid has cooled, pour it over the skinned section of the salmon. Dip tarragon leaves, lemon slices, radish slices, green pieces of leek, and hard-cooked egg white, cut decoratively, into gelatin mixture, then arrange on salmon. When the gelatin is just starting to thicken and become syrupy, paint it on salmon with a brush, making one good shiny layer. If gelatin becomes too stiff, stir over heat until it softens.

## Sance Verte

$1 / 2$ bunch watercress, stems removed, leaves chopped finely $1 / 2$ bunch parsley, stems removed, leaves chopped very finely

2 teaspoons chopped fresh tarragon
1 teaspoon chopped fresh dill 2 teaspoons chopped chives 2 cups homemade mayonnaise Salt, freshly ground pepper
The watercress, parsley, tarragon, dill, and chives should all be chopped as finely as possible. Twist in cheesecloth to squeeze out liquid. Mix well with the mayonnaise, and taste for seasoning.

## Mayommaise

4 egg yolks
1 tablespoon Dijon mustard 1 tablespoon red wine vinegar 1 teaspoon salt
1/4 teaspoon freshly ground white pepper

## 1 quart corn oil

Mix the egg yolks, mustard, vinegar, salt, and pepper together well, beating with an electric beater or by hand. Beginning drop by drop, add the oil. When the sauce begins to thicken, the oil may be added more rapidly. Taste for seasoning.

## HOW-TO SECIEETS FOIR BAIBIBCUUNG:

## BARBECUEVID MEATS

Spring Lamb or Suckling Pig Barbecued on
al Spit. Sprinkle with salt and freshly ground pepper, prick the joints, and insert slivers of garlic (Marcel suggests that if some guests don't like garlic, put garlic on one side and not the other). Wrap the ears and tail in aluminum foil. Wire the lamb or pig together with copper wire (string burns), put spit through cavity, and wire lamb or pig to the spit, balancing it so the spit will turn easily. Wrap the lamb or pig in foil for the first hour of cooking so it will stay juicy and not be overbrowned. Roast over red hot coals for about $21 / 2$ hours for an 18 -pound lamb, 3 to 4 hours for a suckling pig, until the juices run clear in the leg joint when pierced. To carve, first remove the legs and carve them, then the shoulders, and finally remove the center section and cut into chops. An 18 -pound lamb or pig will serve 20 .
Primene ribs of Beef. Sprinkle with salt and freshly ground pepper, put the spit through, balance it, and wire to hold the roast. Wrap roast in aluminum foil for the first hour of cooking. Barbecue over red hot coals for 15-20 minutes per pound, depending on how well you like it cooked.
Lein of IP@rIll. Sprinkle a loin of pork (not boned) with salt, freshly ground pepper, and finely chopped garlic. Make a paste with Coleman's dry mustard and water and brush on the pork. Wrap in foil for the first hour, and barbecue over red hot coals for about 2 hours for a 10 -pound roast, or until

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the juices run clear when pierced.
Pheasant, Chicken, Capon, or Squab. Sprinkle cavity of bird with salt and freshly ground pepper and put a branch of tarragon inside. Sprinkle outside with salt and freshly ground pepper and brush with melted butter. Roast over hot coals, brushing with butter, about 1 hour for a pheasant, $11 / 2$ hours for a $31 / 2-4$-pound chicken, $21 / 2$ hours for a $6-8$-pound capon, and 45 minutes for a squab.
Salmon. Use a whole 10 -pound salmon, cleaned, and sprinkle with salt and freshly ground pepper. Put spit through the cavity and wire fish to hold it. Wrap in aluminum foil, roast 30 minutes. Remove foil, roast another 30 minutes. Serve with melted butter, hollandaise or béarnaise sauce.

## IRECIPES FOR SUMMERTIME BUFFETS

## HORS DOOEUVIRES

Cherry tomatoes with tuma mousse. Mash tuna fish until it is smooth, then whip with a little butter, lemon juice, a touch of Dijon mustard, salt, and freshly ground pepper. Scoop flesh from cherry tomatoes, leaving a shell, and drain the shells on paper towels. With a pastry tube, pipe in the tuna mousse.
Asparagus Rolls. Slice 3-day-old white bread paper thin and remove crusts. Flatten slices with a rolling pin and trim. Make a paste by blending grated Cheddar and a little butter or cream cheese, and season with Tabasco sauce, Worcestershire sauce, salt and freshly ground pepper. Spread
on the bread. Put a cooked stalk of asparagus on each slice and roll very tightly. Brush with melted butter and cut into 2 or 3 pieces, about $11 / 2-2$ inches long. Arrange in single layer in baking pan, packed tightly together. Can be frozen now.

To cook, put pan under the broiler. When browned, carefully turn a whole row with a spatula, rearranging them so they are still close together. Cool. Then brown this side, cool, turn, and repeat until all 4 sides are done. Three sides can be browned in advance, and the fourth just before serving.
Chicken Livers. Dry halved chicken livers well on paper towels. Sauté quickly in oil and butter over high heat with chopped shallot, parsley, salt, and freshly ground pepper. They should be browned and lightly crisp on the outside, still pink on the inside. Serve on toothpicks.
Prumes and Bacon. Wrap pitted prunes in $1 / 3$ slice of bacon. Arrange tightly together in a baking pan or jelly roll pan (a rather heavy one so they don't burn) seam side down. Bake in a $375^{\circ}$ oven until bacon is crisp on top, then drain off fat, turn, and cook other side. Serve with toothpicks.
Cream Cheese and Clams. Mix an 8-ounce package of cream cheese with a $31 / 2-4$-ounce can of minced clams, well drained on paper towels, or an equal amount of fresh cooked clams, minced, about $1 / 2$ cup. Blend in 1 egg yolk, and season with chopped fresh dill, parsley, salt, and freshly ground pepper. Serve on toast rounds.

## SALAIDS

Seafood Salladl. Mme. Germaine makes her seafood salad Continued on next page

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[^4]
## FODID FOIR SUMMERTIME PAITTIES

with lobster meat, scallops, crabmeat, and mussels. It is dressed with a little mayonnaise lightly flavored with Dijon mustard and chopped parsley. When she presents it garnished with 1 or 2 large whole lobsters, it is then classically called Salade Bellevue.
Plat Angevin. This specialty of Angers, Marcel's home, is crisp and delicious in summer. He makes a potato salad, dressing it while the potatoes are warm with a little white wine, a basic vinaigrette, chopped cornichons, shallots, chives, and hard-cooked egg. The salad is then mixed with chicory torn into bite-sized pieces.
Chicken Sallad. Poach a boiling chicken with leeks, carrots, celery, tomato, turnip, peppercorns, salt, a bay leaf, thyme, and water to cover. Simmer about 45 minutes for a $31 / 2$-pound chicken. Never let the liquid come to the boil or the broth will become cloudy. Cool in the stock, then remove meat from chicken. Cut into bite-sized pieces and dress with a basic vinaigrette seasoned with chopped shallots and parsley. Arrange the salad in the center of a platter and surround with watercress sprigs (very little stem) and sliced tomatoes.
Sherimp Salaul. Poach the shrimp as described on page 133. If they are too large, cut in half lengthwise so they still look like shrimp, not crosswise in chunks. Dress with a vinaigrette seasoned with chopped dill, parsley, and shallots. The salad may be served on a platter with asparagus, or in tomato shells as a first course.
Beef Sallad. Tie the vegetables and seasonings in a cheesecloth bag to keep the broth clear: leeks, celery, tomato, carrots, turnips, and onion browned without butter (this will give the stock color), peppercorns, bay leaf, and very little thyme. Put in a large kettle with salt, cross ribs of beef, and cold water to cover and simmer gently until cooked, constantly skimming off the fat. Cool in the stock. Cut into little cubes and dress with vinaigrette, chopped shallots, and parsley. Use the broth to make a consommé.

## FIRUITS

Pineapple and Dranges. Fresh pineapple and very thinly sliced oranges make a refreshing dessert. Cut a pineapple in half lengthwise, cut out the pineapple, reserving the shell, and slice. Toss the pineapple and oranges, separately, with sugar, lemon juice, and kirsch or Cointreau. Arrange the pineapple slices along the sides of the shell, the orange slices in the center, and garnish with strawberries and mint leaves. Serve on a decoratively folded napkin.
Macedoine of Fruits. Combine grapefruit and orange sections, pineapple chunks, and grapes. Pears and apples may be added, but they must be tossed with lemon juice and sugar so they don't turn brown. Add slices of banana at the last minute, and sprinkle with kirsch or Cointreau.
Camtaloupe Basliet. Cut a cantaloupe into a basket. Fill with cantaloupe, honeydew, and watermelon balls, flavored with Cointreau, and garnish with strawberries, raspberries, and mint leaves.

## Manuscripts

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## cover

Custom Stowe armchair, $36^{\prime \prime}$ wide x $32^{\prime \prime}$ deep x $311 / 2^{\prime \prime}$ high, $\$ 756$ COM. Matching custom ottoman, $23^{\prime \prime}$ wide x $18^{\prime \prime}$ deep x $17^{1} / 2^{\prime \prime}$ high, $\$ 370$ COM. Custom Gigi pouf (4 shown), 18" square $\times 18^{\prime \prime}$ high, $\$ 453$ COM. (All of the above available in regular sizes.) At Fine Arts Furniture.* ${ }^{*}$ Hand-colored, over-printed cotton fabric, $48^{\prime \prime}$ wide, $4^{\prime \prime}$ repeat, $\$ 10.50$ yard at Scalamandré.* Armoire, $5^{\prime}$ wide x $18^{\prime \prime}$ deep x $7^{\prime}$ high, $\$ 2750$ at Roundtree. Polished stainless steel and glass table, $35^{\prime \prime}$ square $\times 24^{\prime \prime}$ high with $3 / 4$ " thick top, $\$ 600$. Green ceramic frogs, $\$ 75$ each. All at Paul M. Jones.* Double straw lamp with polished chrome fittings, $32^{\prime \prime}$ high, $\$ 285$. Wedgwood deep dish (on basket), $\$ 135$. Wedgwood plate (on shelf), $\$ 90$. All at Objets Plus. Blue and white Chinese cachepots, $101 / 2^{\prime \prime}$ square x $9^{\prime \prime}$ high, $\$ 1300$ pair. Blue Chinese porcelain frogs, $\$ 480$ each. All at That Special Something. table settings

## Page 122:

"Williamsburg" sterling silver flatware, 5 -piece place setting $\$ 75$. By Stieff. High polish, pewter-like metal dinnerware, $11^{\prime \prime}$ dinner plate $\$ 9,77 / \mathrm{s}^{\prime \prime}$ salad plate $\$ 7$. From The Plough Tavern Series by Wilton Armetale at Altman's. "Oxford" 11-oz. goblet and $41 / 2$-oz. claret, $\$ 5.50$ each. By Imperial Glass. Plastic place mats, servers, saltcellars, and napkin rings from Amplast Inc. Plexiglas wine-coolers, also available in ivory, red, green, brown, and black, $9^{\prime \prime}$ high, $\$ 37$ each. By Mara Palmer at Bonwit Teller. Belgian linen/polyester napkins by Fallani \& Cohn.

## Page 123:

"Colonial Theme" sterling silver flatware, 5 -piece place setting $\$ 68.50 . \overline{\mathrm{By}}$ Lunt. "Palmyra" porcelain oven-totableware, 5 -piece place setting $\$ 20$, $11 / 4$-cup casserole $\$ 12.50,21 / 4$-qt. casserole $\$ 35$, salt and pepper set $\$ 20$. By Royal Worcester. "Diamond Thumbprint" goblet, $\$ 3.50$, and wine glass, \$3. By Viking Glass. "Butterfly Blue" linen/rayon/polyester napkins with permanent-press, soil-release finish by Vera Linens. Vases, fish, and basket from That Special Something.

## Page 124:

"Mandarin" sterling silver flatware, 5 -piece place setting $\$ 7 \overline{775}$. By Towle. "Sophie" porcelain dinnerware, 5 -piece place setting $\overline{\$ 25 \text {. By }}$ Royal Limoges at Georg Jensen. "Hawkins" full lead crystal goblet, $\$ 11.50$, and claret, $\$ 10.50$. By Tudor

Crystal at Altman's. "Golden Glaze" linen/rayon/polyester napkins with permanent-press, soil-release finish by Vera Linens.
Page 125:
"Belvedere" sterling silver flatware, 5 -piece place setting $\$ 73$. By Lunt. "Blue Tree" china dinnerware, 5piece place setting $\$ 40$. "Revelry" handblown, handcut lead crystal goblet and wine glass, $\$ 12.50$ each. Both by Lenox. Sun Yellow Dacron/linen tablecloth with permanent-press, soilrelease finish, $90^{\prime \prime}$ round, $\$ 25$. Azalea Dacron/linen napkins, $17^{\prime \prime}$ square, $\$ 1.25$ each. By Bardwil \& Co. at Altman's.
Page 126:
"Chantilly" vermeil flatware, 5 -piece place setting \$73. "Lorenzo de Medici" china dinnerware, 5 -piece place setting $\$ 35$. "Elegance" crystal goblet and claret, $\$ 5$ each. All by Gorham. Linen print tablecloth, $96^{\prime \prime}$ round, $\$ 125$. Bordered linen napkins, $\$ 10$ each. At Porthault.

## Page 127:

"Feather Edge" sterling silver flatware, 5 -piece place setting $\$ 99 . \overline{\text { By }}$ Tuttle. "Persepolis" Limoges china dinnerware, 5 -piece place setting $\$ 42$. By Ceralene. "Brummel" crystal goblet and claret, $\$ 15$ each at Baccarat. Oak table, $70^{\prime \prime}$ long x $34^{\prime \prime}$ wide x $281 / 2^{\prime \prime}$ high, $\$ 750$ at Elux C. Putting Antiques. Matisse "Blue Nude" graphic poster framed in aluminum, $\$ 30$ at Poster Originals. Handmade Moroccan tribal rug, $\$ 1500$ from Margit Pinter (by appointment only: 541-7224). Murray Quarry tile flooring by American Olean Tile.

## Page 128:

"Pointed Antique" sterling silver flatware, 5 -piece place setting $\$ 62.75$. By $\overline{\text { Reed } \& ~ B a r t o n . ~ " B r u s h " ~ G o u r m e t ~}$ ceramic oven-to-tableware, 5-piece place setting \$15.75. "Evening Mist" goblet and wine glass, $\$ 5.50$ each. Both by Franciscan. Sterling silver wine-cooler, $8^{\prime \prime}$ diam., $\$ 675$. Sterling silver saltcellars, $\$ 32.50$ each. Sterling silver pepper shakers, $\$ 84$ each. All at Tiffany \& Co. Belgian linen/polyester napkins by Leacock.

## Page 129:

"Golden Modern Baroque" Community Gold Electroplate flatware, 6-piece place setting $\$ 27.5 \overline{0}$. By Oneida. "Onyx" English bone china dinnerware, 5 -piece place setting $\$ \overline{35}$. By Aynsley. "Sheila" crystal goblet and wine glass, $\$ 12$ each. By Waterford Glass. 18th-century French pink

Continued on the next page


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## SHOPPING INFORMATION

opaline saucers, $\$ 1200$ set of 10 sau cers and matching bowls (not shown) at Soupçon.
Page 130:
"Cynthia Plain" sterling silver flatware, 5 -piece place setting $\$ 49$ (through June 30th; $\$ 57.50$ thereafter). By Samuel Kirk \& Son. "Florence" Limoges china dinnerware, 5 -piece place setting $\$ 28$. By Haviland at Halls, Kansas City. "Bristol" St. Louis Crystal goblet and wine glass, $\$ 11$ each at Gump's, San Francisco. Belgian linen/polyester tablecloth, $60^{\prime \prime}$ round, $\$ 17$. By John Matouk at Saks Fifth Avenue. Flowered linen tablecloth with yellow scalloped edge, $96^{\prime \prime}$ round, $\$ 125$. Matching napkins, $\$ 12$ each. At Porthault. Chippendale dining chairs with cane seats, $\$ 85$ each at Door Store. Curtains made from "Glosheen" cotton fabric, 48 " wide, $\$ 3.50$ yard. By Waverly Fabrics at Altman's.
LIVE-IN Bath
Page 109:
"Shells" bath towels, $\$ 22.50$ each at Porthault. Gold-plated clam shell from Karl Springer.* Bath accessories from Caswell-Massey.

## bath zest

Pages 112-113:

1. "Sunburst" pillows with kapok filling, $\$ 32$ each at Obelisk. 2. "Alsace" wallpaper, $30^{\prime \prime}$ wide, $41^{\prime \prime}$ repeat, $\$ 19.50$ roll. "Metrico" cotton/rayon/ mohair fabric, $48^{\prime \prime}$ wide, $2^{\prime \prime}$ repeat, $\$ 19.50$ yard. At Van Luit. ${ }^{\text {. }}$ 3. Profes-sional-style hair dryer, folds for storage, $\$ 31.50$. By Sunbeam. 4. Bathroom scales, $\$ 14$ each. By Hanson. 5. "Eden" shower curtain, 6' square, heavy duty cotton duck, \$14. By Jolo. 6. Plate, $101 / 2^{\prime \prime}$ diam., 6 butterfly designs available, $\$ 16$ each at Mayhew. 8. Electric shaver with self-sharpening blades, $\$ 40$. Lighted shaving mirror, uses 25 -watt buib, table stand and wall bracket, $81 / s^{\prime \prime}$ diam., $\$ 20$. Both by Norelco. 9. Water Pik/cordless toothbrush unit, $\$ 40$. By Teledyne Aqua Tec. 12. Bathroom scale, available in gold, avocado, or white, $\$ 75$. By Borg-Erickson. 13. Make-up mirror with gold accented Plexiglas frame, $\$ 35$ at Hammacher Schlemmer. 14. "Sussex" wallcovering, 26" wide, $40^{\prime \prime}$ repeat, $\$ 24$ roll at Woodson.* 15. Star table, $\$ 400$ for fiberglass, $\$ 650$ for lacquered wood. By special order from Gary Grant, 27 W. 72nd St., New York, N. Y., 10023. 16. Nusauna portable steam bath in pastel blue, $271 / \mathrm{s}^{\prime \prime}$ wide x $393 / 4$ " deep x $46^{\prime \prime}$ high, $\$ 349$. By Battle Creek. 17. "The Skin Machine" automatic facial brush, $\$ 15$. By Clairol. 18. Ro-Trim exerciser, $46^{\prime \prime}$ long x $22^{\prime \prime}$ high, $\$ 195$. By Battle Creek.
Pages 114-115:
2. Linen pillow covers, $\$ 16$ for neck pillows, $\$ 22$ for baby pillows. At Porthault. 2. Wallpapered tables, from $\$ 1800$ each at Charles R. Gracie \& Sons." 3. "Magic Forest" cotton print fabric, $48^{\prime \prime}$ wide, $30^{\prime \prime}$ repeat, $\$ 13$ yard. By Liberty of London at S. Harris*,

Los Angeles. 5. Hand-held electric hair dryer, available in red, yellow, or blue, \$16. By Braun. 6. Chair, 22" wide x $21^{\prime \prime}$ deep x $43^{\prime \prime}$ high, $\$ 295$ at McGuire." "Printemps" linen/cotton fabric, $53^{\prime \prime}$ wide, $19^{1} / 2^{\prime \prime}$ repeat, $\$ 12.75$ yard at Franciscan.* 7. Candle, 5" diam. x $7^{\prime \prime}$ high, $\$ 15$ at World of Differents. "Fernery" cotton fabric, 48" wide, $291 / 2^{\prime \prime}$ repeat, $\$ 16.50$ yard at Woodson.* 8. "Country Garden" Dacron/cotton bedspread with Dacron fiberfill, also available in tobacco and red/white/blue, single $\$ 450$, double $\$ 495$, queen $\$ 565$, king $\$ 650$. By Dakotah Handerafts at Lord \& Tay lor. 9. "Lakemont" area rug, 27" x $45^{\prime \prime}, \$ 16$ (also in $24^{\prime \prime} \times 36^{\prime \prime}, 3^{\prime} \times 5^{\prime}$, and $4^{\prime} \times 6^{\prime}$ ). By Lacey Mills at Altman's, New York; Rich's, Atlanta. 10. Plastic tub tray, $30^{\prime \prime}$ long x $11 \frac{1}{2^{\prime \prime}}$ wide with $71 / 2^{\prime \prime} \times 81 / 2^{\prime \prime}$ mirror, $\$ 20$. By Martin S. Garment at Bloomingdale's. 11. Jet Mist heated comb in harvest gold, $\$ 24$. By Sunbeam. 12. "Fougere" cotton fabric, $48^{\prime \prime}$ wide, $36^{\prime \prime}$ repeat, $\$ 15$ yard ( 15 yards minimum order) at Tressard. * Ceramic basket, $9^{\prime \prime} \times 13^{\prime \prime}$ x $71 / 2^{\prime \prime}$ high, $\$ 40$ at Tablerie. 13. Linen guest towels, hand $\$ 12$ pair, fingertip $\$ 6.75$ pair, at Saks Fifth Avenue. 14. Bathroom scale, available in white, sand, blue, or pink, $\$ 30$. By Terraillon at Saks Fifth Avenue, New York; Rich's, Atlanta. 15. Mark IV Biarritz sun lamp in green, $\$ 100$. By Sperti. 16. Wallpapered table, from $\$ 1800$ at Charles R. Gracie \& Sons.* 17. Family exerciser, $481 / 4^{\prime \prime} \times 15 \% / 4^{\prime \prime}$ $\times 6^{\prime \prime}, \$ 40$ at Sears. 18. Portable massage table edged in polished aluminum, weighs 28 lbs ., $\$ 125$. By Battle Creek at Abercrombic \& Fitch. 19. Poitable sun lamp, folds to $10^{1 / 4 " ~ x}$ $71 / 4^{\prime \prime} \times 4 \frac{1}{4}$ ". 840 . By Rival. 20. "Computa Clock" $\$ 125$ at Georg Jensen. 21. Heated shaving cream dispenser in blue and white, $7^{\prime \prime}$ high. $\$ 17$. By General Electric. 22. "Strawberries" wallcovering, $28^{\prime \prime}$ wide, $28^{\prime \prime}$ repeat, $\$ 22.50$ roll at Instock Papers.* 23. "Ric-Rac" shower curtain, 6' square, \$20. By Jakson at Bloomingdale's; Gimbels and Gimbels East. New York; Bamberger's, Newark; Hudson's, Detroit. 24. Belt massager, available in beige or avocado green. \$60. By Toastmaster.
For store addresses, write House \& Garden Reader's Service, 420 Lexing. ton Ave., New York, N.Y. 10017.

The following stores will display table settings inspired by House \& Garden's "Superb Food in a Surprise Setting" (pages 122-130)

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## Massaclausetts

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## Washining

Spokane ..................... Crescent
Wisconsin
Green Bay
H. C. Prange

# B <br> uilding facts 

> Materials and equipment used in the house built into thin air (page 118)

architect: Rodney F. Friedman, Fisher, Friedman Associates
contractor: Environmental Structures, Inc.
SIZE of House: 2,985 square feet SIZE OF LOT: 50 by 125 feet

## STRUCTURE

Foundation: Poured concrete piers.
Framing: Standard western wood frame construction of walls, floors, and roofs.

## EXTERIOR OF HOUSE

Exterior walls: Resawn tongue
and groove vertical redwood siding.
Exterior finish: "Pentaseal" preservative finish by W. P. Fuller Co. Roof: Red cedar wood shingles.
Insulation: In roof, walls, lower level floor, $31 / 2$-inch-thick glass fiber batts by Owens-Corning Fiberglas Corp.
Windows: Aluminum frame with anodized bronze finish by Fentrol Industries, Inc.
Skylights: Custom design aluminum frame with anodized bronze finish by Fentrol Industries, Inc. and tinted solar glass by Pittsburgh Plate Glass Co. In hall, stairway, and lavatory, bubble skylights by O'Keeffe.
Doors: Entrance door, custom-designed solid core; interior flush doors, hollow core.
Garage door: Custom-designed plywood in 2-by-4-inch frame.

## INTERIOR OF HOUSE

Walls and ceilings: Dry wall gypsum board by U. S. Gypsum Co. In kitchen, backsplash wall of 1 . inch, white, hexagonal mosaic tile. Floors: In major rooms, oak strip flooring; in master and daughter's bedroom, wall-to-wall carpet; in kitchen, studio, and master bath, 2-by-2-inch blue ceramic tile by Heath Ceramics.
Lighting fixtures: Lightolier, Inc.; exterior fixtures by SmootHolman and by Stonco.
Interior paint: White paint by W. P. Fuller Co.

Fireplace: Heat circulating metal fireplace unit by The Majestic Co. Hardware: Schlage Lock Co.
Kitchen and bathroom cabinets: Custom designed and built.
Kitchen countertops: 1-inch, hex-
agonal, white, ceramic mosaic tile.
Bathroom countertops: White marble.
Plumbing fixtures: Kitchen sink and bathroom fixtures by Ameri-can-Standard, Inc. In master bathroom, custom-designed bathtub of 2-by-2-inch blue tiles by Heath Ceramics.

Sauna: Viking Sauna Co.
MECHANICAL EQUIPMENT AND APPLIANCES
Appliances: Two self-cleaning ovens by Thermador Div. of Norris Industries; two gas countertop cooking units by O'Keefe \& Merrit, Inc.; refrigerator-freezer, dishwasher, and food waste disposer by Frigidaire Div. of General Motors Corp.; barbecue unit by JennAir Corp.; mixer-blender-juicer unit by NuTone, Inc. In laundry, washer and dryer by General Electric Co.
Heating system: Forced warm air.

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professor kira: For most people the bathroom is the only safe refuge in the house, which I think is dreadful. We have the privacy problem because of certain changing mores and rules we've established. If you go back fifty or even twenty years, people observed certain social rules, such as children are seen and not heard, and knock before entering. If you have these rules, then you don't have this privacy problem, because you have privacy whenever you choose to have it. But the way we've structured our contemporary society, with openplan living, there are no such rules. The only rule is if you go in the bathroom and lock the door, then you're off bounds. That's the only last sacred rule we observe. house \& garden: Would psychological findings tell you that people who are less inhibited about bathroom activities are happier, less tense, more able to function in every aspect of life? professor kira: As a generality, I would say that's so, sure. Because the personal hygiene inhibition invariably is linked to a complete body inhibition, to a complete sex inhibition, and complete self-acceptance question. Some people are just willing to say, okay, this is life, this is the body, this is me and this is you, what is there to deny? What is there to be ashamed of? This is the way we were born and made and there are things to do, let's move on from there. There's no question that if one has that kind of acceptance it makes one more able to cope with all kinds of situations, than if one is constantly devising avoidance systems.
House \& garden: So you see the live-in room where the activity is enjoyed as a psychologically healthy development? professor kira: Very much so. Think about this. It's a very effective reinforcement for a very important thing. One of the great moments in our daily lives is the bathing, dressing, shaving, mak-ing-up ritual, whether it be in the early morning, late afternoon, or evening, before going out. It's very clearly preparatory. It has an element of anticipation, a strong element of careful preparation that sets a mood. Which perfume shall I wear? Which dress shall I wear? How important then, to really establish this mood! With the right mood, mu-
sic, the right view! We are playing games with ourselves, we're setting ourselves up for something. This is like the foreplay, anticipation, the preparatory lovemaking kind of thing in sex. This is the unique thing about the bathroom-it sets the tone for our night's sleep and it sets the tone for our daily activity, so from this standpoint there is an important aspect to the visual pleasantness of the surroundings. HoUSE \& GARDEN: You feel they create a vital mental climate? professor kira: Think when you're out somewhere at a hotel or motel and you have a big evening ahead and you do all of this in strange, unpleasant circumstances, how this tends to take the edge off your pleasure just a little bit. So think if you always left home in the morning in a pleasant mood, full of confidence, with a feeling of well being, alert, pleased rather than annoyed, irritated, frustrated, how the whole day would be improved. house \& garden: Are men responding to this idea as much as women?
professor kira: Men are loosening up because the male image is changing. Over the last thirty years, perhaps, the Marlboro Man, rough, tough, frontiersman, has been the dominant male attitude in America. Ever-on-theready, rough-and-tumble, swill-it-down, fists, you know, all of that. In that kind of imagery, personal hygiene plays a relatively small role because the dirtier and sweatier and more tousled you are, the more he-man you are. Now it's changing. A man who comes through as cultured, refined, polished, immaculate, well that used to be pretty effete, perhaps a little doubtful-up until very recently. A lot of men who play this game today would be a little bit shocked if they could hear themselves five years earlier commenting on other people. house \& garden: Is this an appropriate image for a man? professor kira: In our history there has never been a period of dandyism, with a few exceptions. We've had the Southern, sort of river-boat gambler type but this is very, very minor compared to all the European traditions, which are very, very old and very, very long. The adventurer in Europe is really an odd-ball phenomenon, so there's a rever-
sal of situations over there. I think, you know, in every man there is an element of peacockism, buried some place or other. It's simply a question of climate or situation, which allows you to express it. I think the alacrity with which men took to this new image is very interesting. They are generally more self-aware today, wearing different colors, clothes, caring about personal grooming, there is some deepdown inclination to do this.
house \& garden: We see this in Oriental men and Scandinavian men, don't we?
professor kira: Oriental men have the right ideas. They're following more normal behavior patterns in their interest in bathing. There is a certain kind of pragmatism that accepts body, and body functioning and sex as a fact of life and always has. There's a long history of the simple acceptance of these things, which of course, we don't have. We've gone through so many periods of denials, we're forever going up and down from one excess to another. There are other societies that have been much more stable. The tradition in Scandinavia of the sauna with everyone bathing together has gone on for centuries uninterrupted. All these ideas are coming home to us now because we're less shocked by them. There are still some giggles and snickers and uneasy overtones, no question. What it comes down to is that we're willing to accept life as life, instead of pretending as we have done for centuries that certain aspects of life just don't exist, or if they do, we'll pretend they don't.
House \& garden: How are we actually going to create these larger bathroom spaces?
professor kira: You actually have to restructure priorities, steal space from other places in the house, the corridors, the bedroom that you have, and combine them into a unit rather than a series of cubicles. We're going to have to rearrange things so that although the total amount of space in the house or apartment is no bigger, we arrange things in some different fashion so that the bathroom gets a larger share of the total space available than it does at the present time. My own feeling is that this is an architectural evolution. Builders in the
fifties found they couldn't sell a house without a modern kitchen. In the sixties, the house had to have more than one bathroom. In the seventies, unless the bathrooms are spacious they will find they'll be stuck again.
house \& Garden: The bathroom facilities will most likely be combined into another room?
professor kira: Very likely into a dressing room bathroom, or dressing bath-bedroom, kind of combination. I see there is a very real constellation of bedroom, dressing room, and bathroom; there is very clearly a three-part scene, which is not recognized in the average home or apartment. The interesting thing I've noticed today is that when a couple buy a great old-fashioned Victorian house, nine times out of ten they will take one of the old big bedrooms and turn this into the bathroom dressing room and enjoy the lavishness that this allows. house \& garden: You mentioned the question of view earlier, what about this?
PROFESSOR KIRA: I do feel that the bathroom is one room where one should really deal with the question of view, far more than we deal with the views in living rooms. How many people actually go into their living rooms and say, "Oh, gee, dear, let's look at the view this afternoon?" They're involved with something else! The whole question of views is something of an overrated thing in architecture, I think. Views are probably best in transitional spaces, corridors, staircases, where you are not occupied with other things, when you're moving, or you can pause for a minute and enjoy something, as in the case of the bathroom, while you're seated on the toilet for a period of time and you can enjoy the view. You can watch the clouds go by or whatever it might be. Some years ago, I read about a house in Hawaii that had some very very nice things including the toilet set off in a corner with a floor to ceiling window in front of it, looking out over the bay. It was absolutely spectacular. You can do that from the bath, too, and if necessary, if you're not isolated enough, or there is not enough privacy, you can do it with one-way glass. All this is so different from attitudes we discovered doing the report in 1966.

Continued on page 195


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## LIVE-IN BATHROOM

continued from page 144

We discovered then that people wanted big windows so that the bathroom couldn't be identified from the outside. What in fact they were saying by extension was that they wanted a little house where there wasn't a bathroom and by extension a house where people didn't have such sordid needs!
house \& carden: In your last report you spoke of plumbing fixtures being forty years behind the times. Did you precipitate some changes?
professor kira: It's beginning to gather momentum and there's been a tremendous amount of interest in Europe in the last two years. The sculptured wash basin has been done in Hungary, in Holland, and in England. Here, there are a great many bathing units, tubs and showers combined, decently sized. Almost all of them have some kind of shelf built in, many have a seat, too, and grab bars. A number of tubs have been done with good back rests that work well. There are new basins with my fountain-supply water faucets, a new toilet seat for use on conventional toilets, which is quite exciting and interesting. So in terms of tangible products, quite a lot has happened actually. What I'd like to see are some more really strong colors. The biggest argument I've had with the whole plumbing industry is that they cut themselves off from the replacement market by making very expensive fixtures that last forever and therefore tend to be too neutral. To put bright color in a bathroom now we have to use carpet or wallpaper or towels or shower curtains. If more plastics, which are not so expensive, were used, manufacturers could take more risks with color.
house \& garden: What is your ideal bathroom, personally speaking?
PROFESSOR KIRA: A relatively large bathroom probably with some exercise facilities, and I think I would opt for some kind of connection with a garden. I think it would be marvelous in the summer to be able to shower outdoors. Or in fact even to work it out so that one showers in the midst of a greenhouse-which would be ideal for the plants. My association with hygiene would tend to be outdoors.

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# Gardener's notes 

BY JAMES FANNING



HOUSE PLANTS CAN MAKE QUITE A SPLASH WHEN THEY ARE TAKEN OUTDOORS FOR THE SUMMER. MRS. CLEVE W. CLARK, OF ARMONK, N. Y., HANGS HER GERANIUMS, LEFT, ON A FENCE WHERE THEY GET THE BENEFIT OF DAY-LONG SUNSHINE, AND ADD COLOR AND ATTRACTIVENESS TO THE EXPANSE OF WOODEN RAILS. SEVERAL TYPES OF POT HANGERS ARE AVAILABLE AT GARDEN SUPPLY SHOPS OR YOU CAN MAKE YOUR OWN, AS MRS. CLARK DOES, FROM WIRE COAT HANGERS. KEEP IN MIND, THOUGH, THAT FLOWERPOTS DRY OUT QUICKLY WHEN EXPOSED TO THE AIR SO DON'T NEGLECT WATERING.

Good reports lieep coming in about Benlate. This new fungicide is an effective control for mildew amd blackspot on roses. Begonia fanciers say it worlss wonders in the battle against their great enemy, mildew. Turf specialists are using it to fight fusarium diseases and geraminm growers find that it stops botrytis rot in euttings. A Dupont product, Benlate has benomyil as its active ingredient. Like all other garden chemicals, it must be used strietly in accordance with the manufacturer's instructions.
 affodil leaves take their time about maturing after the blossoms fade. This causes problems since the long, soft leaves flop around and become unsightly long before they dry up enough to be removed. An old solution to the problem is to knot bunches of leaves together. This, however, has the disadvantage of cutting off light and air from the growing leaves, thus robbing them of part of their food-producing capacity. It's probably best to gather the leaves in bunches just big enough to hold themselves upright, and tie them together with string or rubber bands. Annuals can then be planted right up close to the daffodil clumps.

The Japanese alps have probably supplied more plants for American and European gardens than any other mountain range on earth. Tourists seldom get to visit this part of Japan though, a lack that is now being met by The Horticultural Society of New York. A 1972 summer tour of the area running from July 15 to August $6{ }^{*}$ will be guided by rock plant authority Harold Epstein. An autumn tour also under Mr. Epstein's guidance will visit public and private gardens in and around Tokyo, Kyoto, and Osaka between October 19 and November 9. For full itinerary and prices of these tours write to The Horticultural Society of New York, 128 West Fifty-eighth Street, New York, N.Y., 10019. Tour prices include a tax deductible contribution to the Society.

Gardeners and conservationists encourage birds as much as possible. The people of Griggsville, Ill., however, go us all one better by concentrating on just one kind of bird. Calling itself "The Purple Martin Capital of the Nation," Griggsville is head. quarters for the Griggsville Wild Bird Society and its monthly newspaper. The society tries to persuade people everywhere to put up the compart-
 mented birdhouses, Right, that martins like to nest in. The swallow-like birds, famous for their insatiable appetite for mosquitoes and other flying insects, seldom deign to nest anywhere but in these special houses. The Purple Martin Capital News, which is a monthly publication, includes articles and correspondence about other kinds of birds and wildlife as well. Membership in the Griggsville Wild Bird Society, Griggsville, Ill., 62340, costs three dollars a year, which includes a subscription to the News.

Dowdered water may sound like a joke. Actually, it is a real and useful material that looks and handles like flour, but consists of tiny droplets of water, each enclosed by a film of a finely powdered silicon compound. Seeds planted in powdered water have a high rate of germination and the seedlings transplant with almost no loss of roots. As an ingredient of potting soil, it distributes water evenly, without caking or puddling. You can't buy powdered water, but you can make your own in a kitchen blender by whipping up nine parts of water with one (by weight) of Silanox. Technically a fumed silicon dioxide, Silanox is a product of the Cabot Corporation, 125 High St., Boston, Mass., 02110 , and is sold by Cabot representatives everywhere.

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trees survived and throve and, MISS CRUSO ADDS, WERE ACTUALLY IMPROVED BY HAVING THEIR TOPS OPENED UP. THIS IS ONLY ONE OF MISS CRUSO'S STORIES IN MAKING THINGS GROW OUTDOORS (KNOPF, \$7.95), WHICH IS AN account of her adventures in reViving, renovating, and living WIth the gardens of three succesSIVE SUBURBAN HOUSES. THE ENTHUSIASM WITH WHICH MISS CRUSO TACKLES EVERY GARDENING PROBLEM IS AS CONTAGIOUS HERE AS IT IS IN HER TV SERIES, "MAKING things grow." there is also the advantage of instant replay when you open the book.

> Wood ashes from the living room fireplace may be put to good use in the garden. Sprinkled dry on the leaves of squash and bean plants, they help to discourage attacks by Mexican bean beetles and squash bugs. On the ground, they add potash to the soil, reinforcing the effect of whatever commercial fertilizer you may be using. Potash enrichment, as plant scientists call it, strengthens the growth of all kinds of plants, helps them resist disease and insect attacks. The potash, incidentally, leaches out of wood ashes with any water that moistens them, so be sure to keep your ashes dry until they go on the garden.


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## INTUITION continued from page 117


little understood, is a reality. I think that possibly within ten years we'll discover scientifically that what has been telepathy and has been thought of as very mysterious is, in fact, ultra, ultra, high frequency electromagnetic wave propagation.
house \& Garden: Have you personal experience of telepathy? DR. Fuller: Our own first child, born at the end of World War I, caught infantile paralysis and couldn't get around like other children. She also had spinal meningitis and other complications. She died just before her fourth birthday. In her first three years, unable to touch things and coordinate touch and hearing and sight, she developed her own special sensitivity to gain information indirectly through the senses of other people around her, with whom she became subconsciously tuned in. To our astonishment time and again, when my wife and I, or one of her nurses, were about to say something to each other, she'd say our very words before we could mouth them. This happened so often, we had to say there is a silent, invisible communication system operating, which we call telepathy, because she often used a word which was not in her vocabulary. So I said this telepathy is a standby capability that everyone has, one of nature's failsafes. Everybody does have this sense but not many have occasion to employ it to the degree she manifested. There are many events we can only explain by what we call telepathy. We have enough of it to be aware of it, but we don't often use it. But my daughter was really using it. house \& Garden: Have you been using these capabilities yourself consistently?
DR. FULLER: At the age of thirtytwo, I decided it might be possible to reorganize my life in a major degree, to make it more useful. I tried to reinstitute the delicate feelings I'd experienced in childhood. Because I had not been able to see details-like human eyes, hair, drops of waterbefore I was four years old, I developed my own special clues to what I was experiencing. When I got my eyeglasses at four, it was like being born all over again. This startling experience gave me knowledge of a second "take," which developed special awareness and understanding. You
know I became so know I became so preoccupied
with birds, the eyes of a snake, a little insect, that I would come home with my blouse full of them and my sister would go shrieking and running out of the house. I realized that although people loved me, they thought I was a freak. I was bothering them, so I broke my beautiful rapport with the snakes and the insects. Well, at thirty-two, I decided to go back and recapture all this excitement.
house \& garden: How did you do this?
DR. FULLER: I cut myself off and hardly spoke a word for two years. I went away to find out about myself and do my own thinking about my batteries and my energies. I started rigorous self-disciplines. I didn't have a name for my methods but afterward people said, "You have been psychoanalyzing yourself," which was supposedly impossible. Or they said, I was practicing yoga. But I hadn't consciously employed any techniques invented by others. A second daughter was born to us in 1927, five years after our first child died. This inspired me to free myself from as many ill-conditioned reflexes as possible. I saw there were different ways of carrying on than trying to make money in order to live. I could see there was so much that needed doing to which nobody was attending because it would take too long and nobody would pay for it. I decided to commit myself to such tasks and I could see that I had to get a great deal out of my time, to be effective. So I said maybe with little short naps every 24 hours rather than long night sleep, I can get more things done.
house \& garden: What is the secret of the short nap?
DR. FULLER: I made up my mind to lie down only if my interest in what I was doing began to wander. I looked at the cat and the dog and saw that this was what they did. They frequently alternate between sleep and keenly alert activity. Of course, at first, when I tried it, I found my thoughts kept disturbing me and keeping me awake, thinking about this or that. I then said, there are certain things that you really care a great deal about $-I$ love boats very much and there's one particular boat I admire very, very much. I said I'm going to have to imagine looking at that one boat and won't allow
myself to think about other boats. I must only look at it on one side, I must hold that picture in my mind, and not let any other picture come in. I tried this-and my wife said when I practiced it, I could always fall asleep in thirty seconds-just go off like that. house \& Garden: And you find this short nap beneficial? dr. fuller: You know as a kid, you're running, playing football, hockey, or basketball, you learn that you have a second, third, and a fourth "wind." We have these reserve energies, but they take a long time to rebuild. The obvious thing is not to spend these reserves, because this wears out the batteries. The more frequent napping dispensed with long sleep. So I learned, too, that the minute you wake up, jump up. You don't have the self starter going and can't get your main engine going because this wears out the batteries. You must jump up and get on the main engine. Today I see many people engaging in yoga. I am sympathetic with what they're trying to do but I don't think you have to be coached by yoga or anything else
to learn self-discipline. You've got to discover it yourself. I don't think you can get it from somebody else. I don't think you can get it by having somebody else psychoanalyze you. I see many of my students who go to psychoanalysts getting in more and more trouble rather than getting out of it. And the ones who don't go in for being analyzed I see learning to understand themselves and consciously disciplining themselves. Self-discipline is the keyand we've all got it if we want to use it.
house \& garden: When you achieved self-discipline, how did your life change afterward?
DR. FULLER: I made up my mind I didn't care about money. I just made up my mind I'd see what needs to be done, and how could I do something effective about it. If you know something, you've got an obligation to do it -never mind about the money. You don't have to worry about how to get on. And people around me were saying, "How are you going to pay the bills?" But I gradually found that the payoffs were entirely indirect but
did occur as needed. Someone said, "I'll give you $\$ 500$ if you do this, or give a lecture, or tell me about that." If you do this, you do get on . . . if you do what needs to be done. At the time I was going through this self-discipline process, I evolved a philosophy that assumed that most problems of humanity can be solved by physical invention rather than by political actions or social reforms. I probed the principle that through advancing techniques we could do vastly more with less material, time and effort. I realized intuitively that this was feasible and by the mid-1930s, I could see it would be practically feasible and economically feasible to take care of all humanity with a higher standard of living than anybody's ever known. And I've known that to be true, and the specific means for its doing, for approximately one third of a century-and so, to many people who stay around me long enough, I'm also able to demonstrate its high feasibility.
house \& garden: And you succeeded and the money came in, indirectly

DR. FULLER: I'm never trying to sell things. I'm not a promoter, I really am a scientist, a technologist, a comprehensivist. I understand chemistries well enough, I understand physics quite well and my mathematics. I've also become experienced in industrial economics. I do reduce ideas to practice and if they work, develop them. I've done that all along. In the early thirties, I produced three automotive vehicles and lots of people say to me, "Isn't it too bad that they weren't a success, they never got into production?" I say, I wasn't trying to go into production. I'm not interested in the idea of making money. Many of my car inventions have gone into production in other vehicles anyway. They have taken this, that and the other thing from them. My Dymaxion car developed experimentally in 1933 taught me and others a great deal. It was so stable that you could turn 180 degrees with the inboard wheel describing a circle of 18 inches and do so at 15 miles an hour. You can't do that in any other

Continued on page 202

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2. ENDLESS SUMMER in Everlite Aluminum Greenhouses. 27 . page booklet gives information on 8 models, both lean-to and freestanding. They come in sections to meet any space needs, along with accessories, like temperature controls and shelving.

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 REPAIRS are made quick and easy with Dap Fixer Products. Whether you need to caulk a joint, seal a leak, or protect lawn furniture from rust, you can find the right product among 10 Fix-up products or 6 Derusto protective paints in this colorful pamphlet.4. WOOD NEVER HAD IT SO GOOD as with ZAR's lustrous clear finishes that protect and preserve wood's natural beauty, indoors and out. Color folder and 3 leaflets give easy instructions on how and where to use satin, gloss, and imperial crystallite coating.

## DECORATING

5. SKON RUG CRAFT presents 56 colorful Swedish patterns in a portfolio of rugs, wall hangings, and cushions. Full-color photographs beautifully portray prizewinning Nordiska designs. Also included are order form and price list, so you can send for a do-ityourself kit. \$1.
6. BEAUTIFUL FABRICS for decorating bedrooms are featured in Nettle Creek's booklet. Color photos show extensive fabric collection, color coordination of
prints and solids, and many cus-tom-made products-like window treatments, bedspreads, upholstered furniture.

## 7. MASTERPIECE LAMPS

 shine with classic beauty in a 23 . page, full-color booklet from Rembrandt. It presents artful designs ranging from an exotic shell motif and an Oriental flair, to a regal, traditional style. Shows complete selection of ceiling, wall, table, and floor lamps.8. "TENDER LOVING CARE"
in furniture production and styling is demonstrated in Drexel's 11 booklets. They describe painstaking steps that produce beautiful designs-like French Provincial and Shaker-inspired contemporary. You will want to look with care. $\$ 1$.

## 9. WITH THE CORTEZ COLLECTION, YOU'LL DISCOVER SPANISH STYLE FURNI-

 TURE. Fourteen-page booklet reveals a new world of moderately scaled, detailed pieces-like a buffet with Moorish style grille. Explore these dining, living, and bedroom collections by Century Furniture Co. 50c.10. SLEEPING BEAUTIES. Berkline recliners are attractive, comfortable chairs for rest in every room in the house. 18-page booklet tells all about them: helpful hints for places to rest in your home, photos of recliners in rooms like yours, descriptions of options in design. 25 c .
11. GRACIOUS LIVING of James River Plantation Homes inspired exquisite furniture reproductions in 64 -page booklet. Illustrations show groups of dining and bedroom furniture, sofas, wing chairs, as well as many smaller chairs and tables of all sizes. Hickory Chair Company. \$1.
12. FINE UPHOLSTERED FURNITURE from Hunt Galleries is featured in 40 -page catalogue. Color photos depict beautiful fabrics and stunning wood fin-
ishes of custom-made pieceschairs, sofas, lounges, stools, benches. \$1.
13. THE KEY TO GOOD MUSIC is a Kohler \& Campbell piano. Full-color portfolio of 22 instruments will help your family choose a piano cabinet style that harmonizes with the rest of your décor; whether it be French Provincial, Early American, or Dutch Contemporary. $\$ 1$.

## EATING AND ENTERTAINING

14. RECIPES FOR REFRESHING COCKTAILS like the gimlet are given in a brochure. Also included are "A History of Limeys" and a special offer on a beach bag. Schweppes, Inc.
15. RUM, THE ALL-PURPOSE SPIRIT that adds delicious flavor to foods and drinks, like Planters Punch and Hot Rum Toddy, is described in a recipe booklet from Myers.

## 16. SUMMER DRINK REC-

 IPES using Old Fitzgerald whisky are served up in colorfully illustrated pamphlet. It suggests ways this Kentucky Bourbon can add a splash of good taste to your favorite drink, as in a Fitz Old Fashioned, a Fitz Sour, or Fitz Mist. Stitzel-Weller Distiller, Inc.
## 17. "A TREASURY OF THE

 WORLD'S BEST ALMOND RECIPES" has more than 100 suggestions on how crunchy nuts can add texture and taste to any dish-from soup to sweets. Colorphotos of appetizing desserts, like Almond Strawberry Trifle, will drive you nutty. 50 c .
18. FIT FOR A KING, Baccarat adorns any table with traditional French elegance. Included in package offer are: a portfolio of 42 Baccarat Crystal designs, a color folder on 33 Célarene China patterns, a pamphlet of Christofle Silver-plus company's history and price listing. 60 c .

## POTPOURRI

19. "THE GREATEST COLOR SHOW ON EARTH." Artex's circus theme is presented in a colorful 63 -page show of designs for the décor of every room in the house. You can perform daring feats with the featured Artex Hobby Kits, and stage a 3 -ring circus with the suggested Artex Painting Class Party. 35 c .
20. GIFT-GIVING IS MADE EASY with 2 Kenton Collection booklets, bringing right to your home, in full-color photographs, a selection of fine merchandise from sources throughout the world - everything from Chinese soaps to decorative place mats.
21. A NEEDLE IN A HAYSTACK is the wonderful discovery you'll make in looking through Haystack, Ltd.'s wide selection of beautiful needlepoint designs. Catalogue presents about 200 artistic designs in color reproduc-tions-everything from Matisse paintings and Raggedy Ann Dolls, to needlepoint in the round. $\$ 2$.

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May, 1972
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car even today. It was also very much safer, much quieter, much more economical. So it was a success, as it proved many such new capabilities to be feasible. What I was interested in was, could you make a better proper vehicle if you stopped the nonsense of how do you make money.
house \& garden: Where is your intuition leading you today? DR. FULLER: I've been recently supported by scientific developments, which suggest that I may prove to be correct in assuming that Darwin's theory of evolution is in reverse. Darwin assumed evolution proceeding from the simplex to the complex. I am confident that the universe works the other way, developing simplexes to accommodate the a priori complexity of a universe in which there are 92 regenerative chemical elements. There are too many chemical elements involved in humans to be able to go from amoeba to man. Man is not born a specialist, he can't fly or swim very far, or anything. But he can use his mind to discover and employ the principle of negative pressure, which is called "lift"; and he accomplishes flight and flies ten times as fast as the bird, then takes off his wings when he's not using them and lets others use them. So humans have the capability to understand abstract "weightless" eternal principles and we have the maximum number of sensitivities with which to gain information and employ in principle. You can't come to this maximum complex of human sensitivities and information handling from just a hydrogen atom. There's a lot of hydrogen in us but at the time of Darwin, Dalton was the great physicist and he thought all atoms of higher number were comprised of hydrogen atoms. So with this building-block idea Darwin built a science of evolution. Now it's very easy to inbreed by concentrating parental genes and a special type-that is to breed a faster running horse by mating two fast runners. Inbreed is always accomplished by breeding out general adaptability. It is easy to go from man to a monkey by inbreeding but there's no indication, nothing in the history of breeding anywhere, that suggests being able to go the other way.
house \& Garden: You're known as an optimist, what do you feel
about this?
DR. FULLER: I've been hearing this all the time and I say I'm not an optimist at all. Now the fact that I am the first person to know by technical and resource information that it's possible for humanity to be a success is quite different from wishing or dreaming that humanity could be successful. Because I can show people it's feasible for humans to be successful, they acquire new hope, which they had lost. They then feel optimistic and say I am an optimist. I could tell them many reasons why humanity may not succeed despite its potential. house \& Garden: But young people do seem to be inspired by your message.
DR. FULLER: I get more and more excited by the fact that you don't have to teach the child to say, "I smell something." Every child is being born in the presence of less misinformation and a great deal more reliable information, which results in spontaneously truthful thinking. Because of that, the young world is breaking away. It is intuitively skeptical of the older world's customary ways of coping. That doesn't mean the young don't like their elders. It doesn't mean they disrespect all humanity born before them, but they realize intuitively that humanity is emerging from a womb of ignorance. The kids really feel this. And this is the most encouraging thing I know. I have lived through enough years to see this as a moment of very great change. Im so familiar with the other negatives, skepticism, it-can't-be-done guys, that I've learned not to pay much attention to them and I'm paying a whole lot of attention to kids.
house \& garden: A last, word
DR. Fuller: I'm very much of a realist and a very hard prag. matist but I am absolutely convinced of absolute mystery. Because quite clearly a man like Newton, the scientist, who found out how gravity worked, 1
the slightest idea what gravity is. Nobody has the slightest idea why these two masses attract one another. So we start with the absolute mystery that there are a set of principles that have been operating the universe for all eternity and will go on doing so eternally-and I make that my prime working assumption.


[^0]:    The fork you see here is Francis First Sterling. For a booklet showing all our patterns just write:
    Reed \& Barton Silversmiths, Dept. HG-52, Taunton, Massachusetts 02780.

[^1]:    Waverly Draperies are available with Roc-Lon ${ }^{\text {© }}$ linings that are water-repellent and help insulate window areas.

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