

DECEMBER 60¢

American Home

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A PRIEST SHARES THE SECRET OF CHRISTMAS



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At the 1909 Syracuse County Fair, Mr. Willard Hadlock (A) became so incensed when the blueberry pie baked by his wife (B) did not win first prize that he hurled the pie at Judge Klugman (C) who ducked, thereby causing the pie to hit Mrs. Emma Eberhart who was sneaking a cigarette at the time, putting out said cigarette, and thus proving to all the men that justice prevails.



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We would like to send you the first set of 24 cards (OUR RICH HERITAGE), along with the gift Bicentennial Recipe Card Case and free Separator Cards. If you decide to keep OUR RICH HERITAGE, you will be billed just \$1, plus a small charge for postage and handling. You will then be enrolled as a subscriber to McCall's Great American Recipe Card Collection. As a subscriber you will have the opportunity to receive the second set (OUR FAMOUS RESTAURANTS) and the third set (SUNDAYS AT HOME), each about a month apart — always on 14-day approval. Then, if you wish, you may continue to receive the remainder of the sets at the rate of 3 sets a month for 7 months. You will never pay more than the same low price of \$1 per set, plus postage, handling, and local tax, if any. You will always be informed of shipments in advance, and may cancel the arrangement at any time without obligation. You will never be billed in advance, but will pay only for the sets you receive and wish to keep.

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CLIP AND MAIL



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And if you don't believe us, go down to one of our dealers and put your hand on the door. You'll see what we mean.

And of course that's just the beginning of all the benefits you'll enjoy with a new Whirlpool refrigerator-freezer.

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And when you combine these with everything else we offer, well, you're talking about one of the best refrigerators ever made.



We believe quality can be beautiful.

IN THIS ISSUE

This month, **American Home** reveals the spirit of Christmas present: neither the relentless commercialism that has come to signify recent decades of Christmas Past, when the merchants and the vendors start hawking their wares to an emotionally unwilling and financially unready public; nor the bleak and soulless future—a sci-fi existence, the heralds of tomorrow proclaim, of automatic people in automatic cities in an automatic world.

Christmas Present is the way it is . . . reality. Chimes of joy. Love. Peace. Happiness. Spiritually. Simplicity. These are the words that sum up our story.

A writer-priest tells how he discovered the secret of his holiday.

A mother reports on the woes of last-minute toy assembling.

A famous chef presents you with his special recipe.

Experts talk about everything from plants to pets. And there are lots of new and unusual ideas on gifts—including some you yourself can make.

And because reality includes both ends of the emotional road, we include the problems of singlehood and children and even depression, and we pass on our hints and those of our contributors on how to cope and turn pathos into cheer.

Not the usual Christmas issue, you say? Not enough tinsel? It's not holiday life?

You bet it's not. It's more . . . it's living.

—The Editors

American Home

PUBLISHER AND EDITOR IN CHIEF
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Helene Brown

ART DIRECTOR
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MANAGING AND FEATURES EDITOR
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ART
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PRODUCTION EDITOR
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ADMINISTRATIVE ASSISTANT
TO THE EDITOR
Lynn Bousquet

READER SERVICE
Joanne Johnston

ADVERTISING MANAGER AND
ASSOCIATE PUBLISHER
Helen Irwin

WEST COAST
Robert Weber Company
735 Montgomery Street
San Francisco, California 94111

SOUTHERN
Cole, Monger & Waterhouse, Inc.
3110 Maple Drive, N.E.
Atlanta, Georgia 30305

MIDWEST
John D. Culp, Manager
333 North Michigan Avenue
Chicago, Illinois 60601

ADVERTISING PRODUCTION
Helen Winiski

ASSISTANT TO THE PUBLISHER
Nancy D'Ambrosio

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**American Home
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LEDA SANFORD
PRESIDENT
ALDO IAVARONE
VICE PRESIDENT-FINANCE
STEPHEN E. SILVER
MARKETING DIRECTOR
M. J. BLOCK, JR.
CIRCULATION DIRECTOR

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AHP

American Home Publishing Co., Inc.

Quality. The endangered species.

This country may be in danger. We could be losing something we can't afford to lose.

Once, when a man produced a product it was the best he could possibly make. He stood behind it with pride. He lived a simple idea: Do it right or don't do it at all. Nobody told him that. No government agency dictated it. And it built a standard of living for all the world to aim at.

Now that idea is threatened. Today that pride in workmanship, in the quality of things, is in danger of slowly slipping away.

However, there are companies, actually many companies, that are working harder today than ever before to preserve quality in everything they make.

We feel that Whirlpool Corporation is such a company. And we feel it so strongly that we have dedicated our entire company to the preservation of quality. And that means more than just making quality dishwashers, dryers, automatic washers, refrigerators, freezers, ranges,

compactors and air conditioners. We mean quality in everything we do.

That's why in 1967 we initiated our Cool Line service. Toll-free help that's available to you anytime. Just call with any questions or problems you might have concerning any Whirlpool appliance. The number is 800-253-1301. In Michigan, 800-632-2243.

That's why we have a Quality Control Department that assures you of appliances you can count on. Day in and day out.

That's why we have a simplified letter warranty that's easy to understand, easy to use.

That's why we have Whirlpool Tech-Care service. A franchised service network which means all the help you ever need is usually no more than minutes away.

Yes, quality may be endangered in many places. But at Whirlpool we simply won't let it die. It's too important.

And it means too much to all of us.

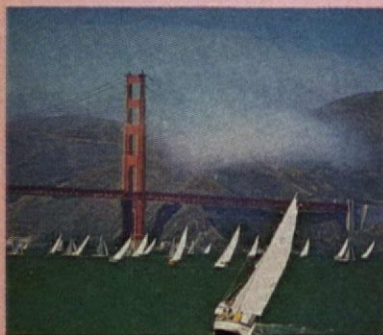


We believe quality can be beautiful.

American Home

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Lamb a Indienne starts with San Francisco's Rice-A-Roni

Saute 2 strips bacon, diced. Cube meat from 2 shoulder lamb chops, fry with bacon. Stir in 1 pkg. Chicken Rice-A-Roni. Cook until vermicelli is light brown. Pour in 2¾ cups hot water, contents of Chicken flavor packet, ½ to 1 tsp. curry powder, ¼ cup raisins and ¼ cup chopped green onions. Cover, bring to boil, reduce heat and simmer 15 min. Sprinkle with ¼ cup chopped peanuts.



Holidays, what do they mean? Christmas or Chanukah. Spiritual richness. Food, parties, gift giving and getting. Joy, sadness and madness. These words and phrases symbolize the approaching days. On the cover, our holiday spirit—slightly saucy but pretty as a Christmas tree in a white eyelet pinafore. Photo by Carmen Schiavone

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Magic chicken recipes.

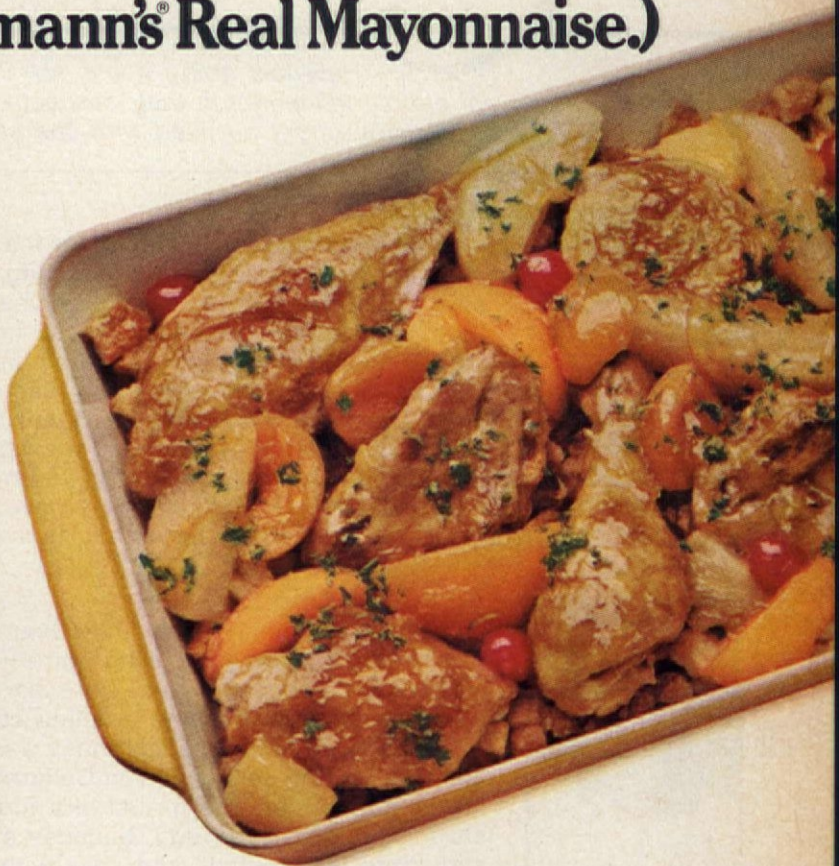
(The magic is Hellmann's® Real Mayonnaise.)



OVEN DIVAN SANDWICHES

- | | |
|---|---------------------------------------|
| 3 (6-inch) hero rolls,
split and toasted | 3/4 cup HELLMANN'S
Real Mayonnaise |
| 6 slices cheese | 1/4 cup grated
Parmesan cheese |
| 3/4 lb. sliced chicken | 1 teaspoon dry mustard |
| 1 pkg. (10 oz) frozen
broccoli, thawed | 2 to 3 tablespoons milk |
| | 1/4 cup chopped red onion |


Arrange rolls in 13 x 9 x 2-inch baking pan. Cover with sliced cheese, chicken and broccoli. Stir together Real Mayonnaise, Parmesan cheese and mustard; gradually stir in milk. Spoon over sandwiches; sprinkle with onion. Bake uncovered in 400°F oven 15 to 20 min. Serves 6.



GLAZED FRUITED CHICKEN

- | | |
|---------------------------------------|---------------------------------------|
| 1 jar (29 oz) fruits for salad | 1 broiler-fryer chicken, cut in parts |
| 2/3 cup HELLMANN'S
Real Mayonnaise | 1/2 teaspoon salt, dash pepper |
| 1 pkg. (7 oz) herb stuffing | 1 jar (12 oz) orange marmalade |

Drain fruit; set aside. Reserve 2/3 cup liquid. Stir reserved liquid into Real Mayonnaise. Stir constantly over med. heat until mixture boils; add stuffing. Spread in 13 x 9 x 2-inch pan. Add chicken. Sprinkle with salt and pepper; brush with additional Real Mayonnaise. Bake in 350°F oven 1 hr. Melt marmalade. Arrange fruit around chicken. Brush on marmalade. Bake 15 min. Garnish with parsley. Serves 4.

Best Foods, a Division of CPC International Inc. 



CRISPY CHICKEN CUTLETS

- 6 chicken cutlets (1 1/4 lbs)
- 1 1/3 cups HELLMANN'S
Real Mayonnaise
- 3/4 cup corn flake crumbs
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 1/2 cup milk
- 1/2 cup shredded cheese
- 1/4 teaspoon dried thyme leaves

Brush cutlets with 1/3 cup Real Mayonnaise. Add salt and pepper to crumbs. Coat cutlets. Place in greased baking pan. Bake in 350°F oven 35 to 40 min. Stir milk into 1 cup Real Mayonnaise; add cheese and thyme. Cook over med. heat, stirring constantly, 10 min. Serve sauce with cutlets. Serves 4 to 6.

BRING OUT THE HELLMANN'S
AND BRING OUT THE BEST



Reminiscences

How has going home for Christmas really been for the famous or near-famous? I asked eight people influential in their respective careers to rekindle their special Christmas. Here are the results, all different yet all filled with the same holiday message. **BY LAMMY JOHNSTONE**



Rocky Graziano ...

Former middleweight champion of the world, Rocky Graziano still looks like a fighter, although he stepped out of the boxing ring almost two decades ago. He best remembers Christmas when he was nine years old, growing up on New York's Lower East Side, and his family couldn't muster up enough cash for a turkey. "This really got to me," Rocky points out, clenching his fist unconsciously. "My mother wanted to give us kids the best she could, and not having a turkey would really have been a blow. Down on the East Side, 'family' came first. So before that particular Christmas, I rounded up my gang and we went on a 'tour' of the neighborhood." They went

from shop to shop "asking" each storekeeper, "If you got anything for Christmas, hand it over." When he gave his mother the food, she said nothing. "She gave me a sort of half-smile—and took the packages into the kitchen. That was the best turkey I ever had in my life," Graziano insists.



Billy Jean King ...

With all the exciting travel Billy Jean King has logged, it's difficult to imagine the Wimbledon winner ever being homesick. But one memorable Christmas she was. "It was the first year Larry and I were married," she recalls. "We were in Australia, where I was going through some grueling coaching. I told myself I deserved a rest, but I think it's more honest to say that I was homesick because it was getting close to the holidays and my family was in California. It was quite a decision to make: to go home for the holidays or stay in Australia and work, improving my game." It was a quick decision, though, in the end, because at the airport she remembered something she had forgotten. "Gifts!" she says with a grin. "Can you believe heading home for

Christmas without any? I solved that problem by doing all my shopping at the airport and buying everybody the same thing—stuffed toy koala bears."



Christopher Cerf ...

Everybody has a favorite uncle, or at the very least, one favorite-uncle story. For Christopher Cerf, editor-in-chief of products at Children's Television Workshop, his uncle story is a youthful holiday memory involving his mother's fantastic, majestically quivering, cylinder-shaped cranberry mold—and his Uncle Herbert. That Christmas, he reveals, "the whole family had, as usual, congregated for the big dinner, including Uncle Herbert whom everyone in the family will always remember for his ability to get to the cranberry mold first." But this particular year, Uncle Herbert's cranberry craving got the best of him. Eyeing the cranberry mold from the time it was brought into the room, "Uncle Herbert," Cerf continues, "suddenly reached across and grabbed the dish. It began quivering; it started shaking and suddenly this majestic red mass went *woosh*—flying right off the tray, splattering not only Uncle Herbert but everybody around him. I reminded Uncle Herbert of that incident every cranberry-type holiday after that. You have to admit it was pretty funny to see this very straight-laced man with cranberry all over him!"

to admit it was pretty funny to see this very straight-laced man with cranberry all over him!"



Lillian Gish ...

Actress Lillian Gish looks back 75 years to her fifth Christmas: "Mother was in another town with Dorothy [Lillian's sister], who was in another production. I remember Christmas fell on a Saturday because I had a matinee performance." That Christmas—her first alone—she mentioned to a fellow cast member that what she wanted most was her own Christmas tree, with three gifts: a comb, a mirror and a muff. Ms. Gish still doesn't know how her wishes were answered, but right after her performance, a strange man came backstage. "He took me by the hand," she recalls, "and led me out the stage door toward the car showroom next door. It looked like something out of a storybook, and in the middle of the main floor was an enormous Christmas tree, completely decorated, with three packages under it: a muff, a comb and a mirror.

"It's strange, how the holidays can bring out the love in people. I'll never forget that Christmas."

**This is
pineapple in its
own juice.**



**And this is
pineapple in its
own juice.**

**And that
makes a better
beef kabob.**

**At Dole,
sweetness comes
naturally.**



Reminiscences



Joe Raposo . . .

Winner of a gold record for "Sing, Sing a Song," Joe Raposo says his life is intertwined with music. It's not surprising, then, that his fondest Christmas memory is a musical one. The only entertainment his family could afford was their old wind-up Victrola and a few scratchy 78 rpm records. Presents were traditionally opened on Christmas Eve. "When I was about 11 years old," he recalls, "there were fewer presents under the tree than normal. When you are that age," he laughs, "you count gifts. The large tree in the middle of our living room had one box with my name on it. I stared at the box; the box stared at me. I thought I was going to burst out in tears because I couldn't figure out what I had done to deserve only one present! Well, I

walked over to this 'thing' and slowly unwrapped it. First the ribbon, then the paper and finally the carton. Inside was a real hi-fi record player! That night we listened to Beethoven and Mozart until the sun came up. It was the most beautiful Christmas I've ever been able to recall—music, warmth, sharing, love. All the things I now try to tell about in my work."



Shirley Polykoff . . .

Still elated over the acceptance of her first book, *Does She or Doesn't She*, Shirley Polykoff remembers the Christmas/Chanukah holiday when her eldest daughter, Alix (who coincidentally is the author of the story on page 22), just arrived home from Vassar, was preparing for a date. The household was basically agnostic, yet, "Thanks to my second daughter Laurie, then 13, who had been rebelling against the lack of religion in our home, there stood a traditional nine-candle menorah." Alix removed it just before her escort came. As the family stood making small talk, the entire apartment house was plunged into darkness. "Miraculously, a vision appeared in the

hallway leading to the living room. Like an angel moving in a nimbus of light that emanated from nine flickering candles, Laurie placed the burning menorah in the center of an oval glass table. We've always remembered that holiday as the day when Alix saw the light!"



Patricia Carbine . . .

Editor of *Ms.* magazine, Patricia Carbine is a bundle of energy. That feeling of energy and excitement was with her 21 years ago during her first year in New York when she went home for the holidays to Villanova, Pa. Since it was to be her first homecoming, Ms. Carbine bought presents for everyone in her very large family, which now includes four married sisters and brothers, 30 nieces and nephews, as well as five grandnieces and nephews. There was no time to wrap packages, so she carted them with her in a huge carton picked up at the A&P—so huge she had to buy an extra seat. Her mother met the train and, she remembers, "rushed me home to feed me and start a long night of helping me wrap while lecturing me about how 'foolish'

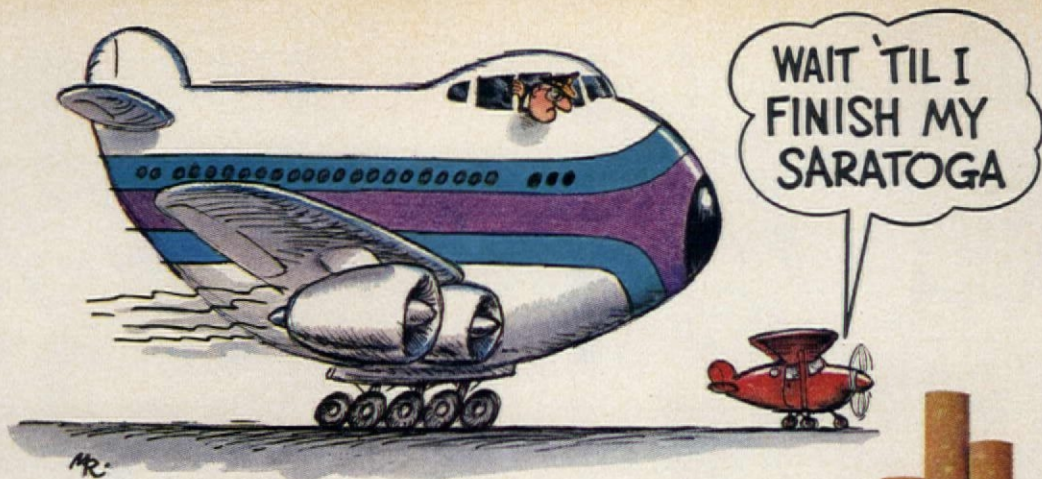
it was to bring presents for everyone. At midnight, we drank a bottle of champagne together, toasting the first and last time she was going to rescue me from my enthusiasm for the holiday." Ms. Carbine is still playing Santa Claus. "The special moment is at midnight on Christmas Eve," she explains, "when in the midst of boxes and wrapping paper and admonitions about how this has all got to stop, my mother and I lift our glasses of champagne."



Robert Sakowitz . . .

The young president of the Texas-based specialty store chain bearing his name (Sakowitz), Robert Sakowitz reminisces about the Christmas when he came home from Harvard. "We had one of those big colonial-type homes in those days," he says, a trace of southern drawl still evident. "When I arrived at the house, I had this very strange feeling—eerie describes it best. I opened the front door, walked down the long hallway that led to the rear and called out my parents' names. No answer. The closet door right off the kitchen was open a few inches. The fact that the door was slightly open sent shivers down my spine. It had always been closed." Sakowitz then inched toward the door and quickly jerked it open wide. There were no bodies in

there or anything else for that matter. His parents' home had been robbed while they were out of town and he, arriving home earlier than had been expected, had "stumbled onto the scene of the crime. That's the type of Christmas you can't possibly forget."



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It's easy to make your home look like you've had a decorator because...

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Q. "What's a Sears House Call?"

A. "It's an easy and reassuring way to order custom-made draperies. You just call Sears Custom Shop for an in-home appointment with one of Sears Decorator Consultants. There's no obligation."

Q. "What does a Sears Decorator Consultant do?"

A. "She helps you make the right decisions. It's delightful. No trudging all over town. No confusion. No doubt. Right in

your own home, you discuss your decorating plans, your tastes—and she helps out by making the little suggestions that make all your own ideas even better.

She brings custom fabric samples galore, takes all the measurements, gives you estimates—no obligation!"

Q. "Tell me more..."

(continued on next page)

A. "Metropolitan" Antique Satin
60% rayon/40% acetate (#70640)
Custom reupholstery fabrics
also available.







F.

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Sears Decorator Consultant really knows what to do to make even an insignificant window a work of art. And you get perfect fit because she takes all the measurements.

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5. “Sears Quality Craftsmanship”

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6. “At a Cost You Can Afford”

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Q: “How long does it take for Sears Custom Draperies?”

A. “Any custom work that's properly done takes several weeks. But what's so nice about Sears Custom Shop is that they won't promise a date they can't keep. If your Sears Decorator Consultant says your draperies will be up for a special occasion, they *will* be!”

Q: “How do I make an appointment for a Sears House Call?”

A. “Either drop by or call the Custom Shop in the drapery department of your local Sears, Roebuck and Co. store. They'll set up an appointment with one of Sears 1400 Decorator Consultants for your own free House Call!”

Only at **Sears**



G.

B. “Darlington” (#61534) Custom quilted bedspreads also available.

C. “Normandy” (#6678) Many other woven-wood designs and colors are available.

D. “Teahouse” (#61512)

E. “Siren” (#61605)

F. “Adobe” (#70988)

G. “Essex” Velvet, 100% cotton (#70916)



A Wine for All Ages

Wine can be the most thoughtful Christmas gift—if you care enough to “birth-date” it: a rare vintage for the old, the start of a cellar for the young. Martin Drake explains how.

The best present I’ve ever received was a bottle of Château Haut-Brion from the superb 1961 vintage. Four of my friends pooled their resources to buy me this red Bordeaux, and knowing that they had spent several weeks combing the wine shops of New York to find a bottle enhanced my appreciation.

It occurred that I could solve all my gift problems with wine—bottles of good wines of good vintage years—for all my wine-loving friends or relatives. It seemed the perfect gift, because it would be obvious I had taken the time and trouble to find the wine. It would be a gift that would be known and enjoyed. However, the idea needed a special twist, a new angle.

Finally, I got it. I would buy bottles of wine of the vintage that coincided with the recipient’s year of birth. I made up a list and came up with the following: one father-in-law—1919, one mother—1920, one wife—1945, one brother—1955 and one godchild—1970. It was unlikely a child born in 1970 would appreciate a good wine; however, since both of his parents were born in 1944—one of the most abysmal years for wine—it seemed a simple and effective way of giving them a gift that related to a happy and significant year in their lives.

I had to map out a strategy to put the plan into action. The type available for the three older (continued on page 86)

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253

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Christmas Trees: Are They for Real?

The custom of decorating trees for Christmas is recorded as early as 1521 in Alsace, Germany, and was established in the U.S. during the War of Independence by German soldiers and settlers. Today, both the tree and its tradition are controversial.

At the turn of the century, Theodore Roosevelt, a staunch conservationist, banned Christmas trees in the White House. His sons were determined to maintain the tradition Franklin Pierce had established 50 years earlier—and put up their own tree, on the sly. The President discovered the secret and, assured by what later became known as the U.S. Forest Service—that using trees from properly harvested forests was OK—reversed his position. The Christmas tree was reinstated and has been a First Family ritual ever since.

The introduction of the polyvinylchloride (plastic) tree about 10 years ago, and its steady growth began to challenge the improved cultivation of natural trees. Today, Christmas trees—both real and man-made—are big business—with highly charged ecological arguments in favor of each.

Naturalists continue to have the edge over artificial advocates. However, the tradition itself is now under scrutiny. Ironically, while the two branches of the tree production world are busy fighting each other, more and more Americans are eliminating the holiday tree altogether. By combining both public and private research, the U.S. population can be divided as follows: More than a third favors buying the real thing; another third buys and/or owns the artificial species; just under a third prefers no tree at all. "Non-users probably present the most formidable business challenge,"

says Bruce Hansen of the U.S. Forest Service, Forest Products Marketing Laboratory in Princeton, W. Va. "Certain religious and ethnic groups don't practice the custom, but they alone couldn't account for such a large non-tree-using segment."

Don McNeil, executive director of the National Christmas Tree Association, adds another sensible statistic: "The no-tree families, nearly 20 million out of approximately 70 to 80 million U.S. families, are mostly apartment dwellers in large urban areas and older persons whose families have

grown up and moved away." Other experts have explanations for non-use: American mobility, holiday vacationers, childless families, single persons with no need for trees.

So what's what with trees?

Ecologists believe that using natural trees conserves forests, preserves thin soil areas and saves energy. There are also some traditional pluses: natural fragrance, family unity in selecting and decorating the perfect tree for the perfect location every year. Moreover, there are some post-season advantages to the real thing: Use the whole tree as a bird feeder; mulch needles and branches for plants such as azaleas; chop the trunk for firewood or for raw material to do craft projects, or chip it for plant decoration.

The twist is proper care for longevity, beauty and fire prevention:

- Before use, store in a cool place such as a garage; remove a diagonal slice from trunk to promote fresh breathing; keep in water.
- Once the tree is indoors, square off trunk; keep in stand well immersed in water; spray with water before adding decorations.
- To prevent fire, keep away from fireplace, electric heaters, radiators, TV or other heat source—the cooler the spot the better. Check lights for damaged cords and sockets. Don't overload outlets. Keep electrical toys away. Turn off the tree lights

(continued
on page
80)



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THE MECHANICS OF CHRISTMAS MADNESS

By Alix Nelson

... twelve sheets of instruction
 eleven wires soldered
 ten tabs inserted
 nine joints connected
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 seven bloody Band-Aids
 six size C batteries
 five hexagonal wrenches
 four wheels adjusted
 three missing wing nuts
 two broken axles . . . and a
 partridge in a pear tree

INSERT ROTARY SHAFT PISTON INTO RIGHT-HAND FLANGE AT A 45-DEGREE ANGLE (SEE DIAGRAM) . . . In the pre-dawn hours of Christmas, many of us are annually confronted by this type of cryptogram. And we lament the passing of Santa's mythical workshop, where merry little elves toiled happily, attaching side A to side B.

Who has not pawed frantically through the carpet pile in search of an elusive cap nut, or cursed the fate that drove her to buy an assemble-it-yourself bicycle?

How many parents have retired at 4 a.m., defeated by the knowledge that *nowhere* before morning can they possibly buy a Stillson wrench or a Phillips head screwdriver (needed, of course, to tighten Phillips head screws)?

But now I'm free of it all. At last, my children are too old to yearn for mechanized fire trucks or jungle gyms. And from now on, I refuse to look at diagrams, count hex bolts, lubricate cranks, fit together sides R and S while inserting tabs L and M.

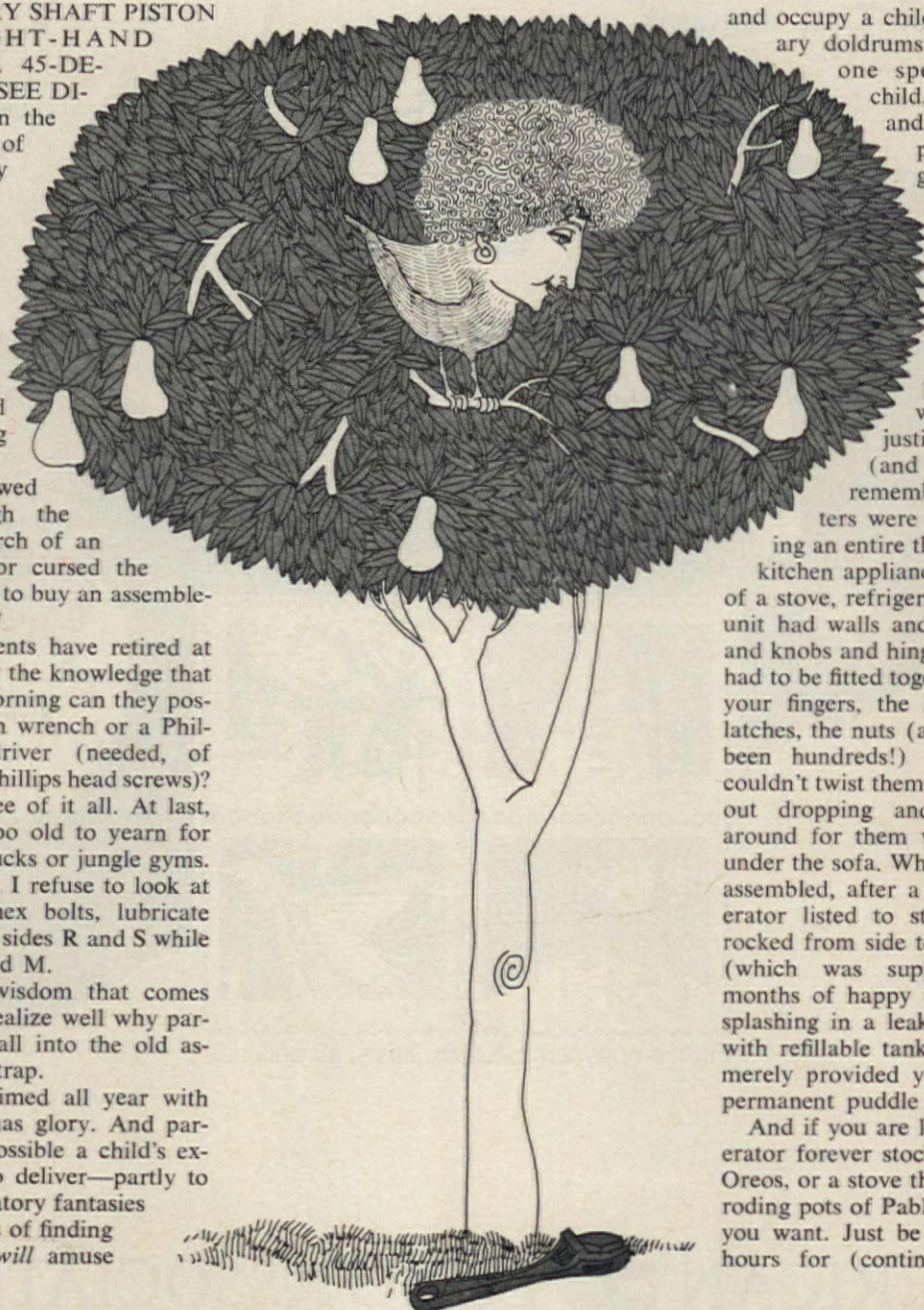
And with the wisdom that comes with hindsight, I realize well why parents continue to fall into the old assemble-it-yourself trap.

Children are primed all year with dreams of Christmas glory. And parents, however impossible a child's expectations, want to deliver—partly to fulfill these anticipatory fantasies and partly in hopes of finding a toy that really *will* amuse

and occupy a child through the January doldrums. So they seek out one spectacular gift per child, which due to size and necessity for surprise must be put together after bedtime on Christmas Eve. Not only do hours of effort and split nails go into these things, but they rarely are packaged with all their parts and rarely work well enough to justify their financial (and emotional) cost. I

remember, when my daughters were four and two, buying an entire three-foot-high metal kitchen appliance set that consisted of a stove, refrigerator and sink. Each unit had walls and floors and shelves and knobs and hinges and handles that had to be fitted together. The edges cut your fingers, the handles missed the latches, the nuts (and there must have been hundreds!) were so tiny you couldn't twist them onto the bolts without dropping and fumbling madly around for them where they'd rolled under the sofa. When they were finally assembled, after a fashion, the refrigerator listed to starboard, the stove rocked from side to side, and the sink (which was supposed to provide months of happy water-and-detergent splashing in a leakproof plastic basin with refillable tank and metal spigot) merely provided your nursery with a permanent puddle of rusty water.

And if you are looking for a refrigerator forever stocked with half-eaten Oreos, or a stove that houses little corroding pots of Pabulum, this set is what you want. Just be sure you allow 12 hours for (continued on page 96)



Divorced and a mother, Alix Nelson qualifies as a veteran in the battle of Christmas mechanical madness, again driven up the proverbial pear tree.

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SINGLE PARENTS AT CHRISTMAS

You can get a definitely uneasy feeling talking to divorced parents these days . . . a kind of grim enthusiasm for divorce as a Good and Therapeutic Thing. Christmas, though, has a way of messing up the propaganda . . . stirring up atavistic feelings of home and hearth and togetherness. Most of the parents I talked to were honest about their feelings, both happy and sad, but some seemed to be living in a kind of postmarital never-never land. Below, eight talk about being single parents during the Great American Family Season.



Ray Scotty Morris

Judy Hobbs celebrates with her two daughters, Margrit, left, and Amy, right.



Ray Chen

John Warden and his son, Mark Steven, always spend Christmas Day together.



Tsin Van

Christmas is quiet for Colleen Kong with Rebecca, left, and Quentin, right.



Buzz King

Sanford Katz goes out of his way for Nicholas, right, and Alexandra, left.

Judy Hobbs is a test-kitchen manager for a San Francisco food company and the mother of two children, daughters Amy, 10, and Margrit, 8.

"Christmas has always been a big thing with my family, so I made up my mind early, right after separating from my husband, that I was going to do things for myself and my children, during the holidays.

"When I moved to the West Coast, I began having a big party Christmas Eve. Each year, the children and I cook up a storm: Mexican *buñuelos* (fritters), Dutch *apiés* (honey cookies), stollen. . . you name it. I send back East for barley sugar candy. I've found that if I extend myself to others on Christmas, I'm happy.

"Last Christmas, my younger daughter said, 'I wish Daddy were here.' I said, 'I wish he were, too, but we're going to have a good day.'"

John Warden, a Montreal designer, makes a point of being with his son, Mark Steven, age 8, each year at Christmastime.

"My wife and I are on very friendly terms, so Christmas has never been a problem. I have friends in my situation who fight over their children, but we don't.

"Actually, she works for me—she runs my design studio. She has Mark Steven with her on Christmas Eve, and I have him the next day. During school vacations I sometimes take him to a house I have in the country or to my parents' farm in Niagara Falls."

"This year is special in a way—I've designed a huge rag doll with features and red hair like my son's. I'll use a small feminine version of the doll as a Christmas promotion item for my business—but Mark Steven is really the inspiration, and I think he'll get a big charge out of that."

Colleen Kong, freelance columnist, is from Ottawa and the mother of three children: Duncan, 22; Quentin, 8, and Rebecca, 4.

"Christmas is emotionally depressing if you're on your own—particularly if you have small children. You're supposed to be happy—and I try to keep my spirits up for the children's sake—but it's rough.

"It's been rough for a long time. I've been divorced once. I moved to the West Indies and remarried. It was a happy marriage, but my husband died. I'm back in Ottawa because I feel it's a better place for the children to grow up and I have my parents here. We go to their house for Christmas. I don't even bother to put up a tree.

"I give the two younger children paints and colored paper and let them make their own imaginative decorations, which we put around the apartment."

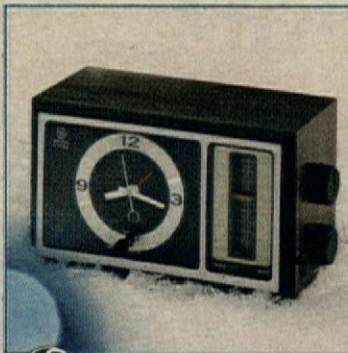
Sanford Katz, a New York lawyer, is the father of two: Nicholas, 11, and Alexandra, 8.

"Christmas is a special day for my kids, but I find it depressing. My wife and I have been separated for about three years. She's Greek-Orthodox, and her parents make a big deal out of Christmas. They're wonderful people and lavish with presents—my kids need a U-haul to cart them away.

"I've made a kind of ritual of spending New Year's Eve with the children. I take them to a dinner party and let them stay up till midnight. Then I put them to bed in my host's house. I know the kids would like us all to be together. We tried it last Thanksgiving. It was a delightful day—for me, for my wife, for both Nick and Alix. But because it was so nice, it was painful. It accentuated feelings of what might have been. I don't think we'll try it again."

For Merry Christmas Gifts, Ace Hardware is the place."

Connie Stevens



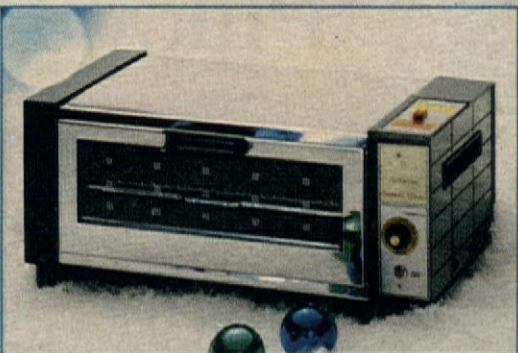
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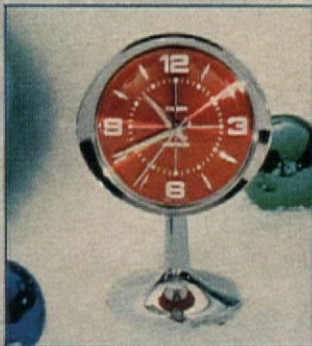
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SINGLE PARENTS AT CHRISTMAS



Barbara Girard and Nicole spend the holidays relaxing together in Florida.



Here is the Moffett family: from the left, Cameron, Martha, Kirsten and Anne.



René Gross and his son, Shahan, share Christmas together with two families.



Christmas Eve finds Sandra Lovell, Alexandra, left, and Douglas, right, at home.

Barbara Girard, a New York designer, is the mother of Nicole, age 9.

"I've been divorced for two years now, and the holidays have never been a problem. At Christmastime, Nicole and I go to Florida to a spa. It's healthy and relaxing. There are things for children to do, so my daughter loves it.

"When I was married and lived in London, we had a Christmas tree and all that, because of my husband. But I'm from a Jewish background, though I'm not religious. Going away to a spa would solve the whole holiday question, were it not for the fact that my daughter doesn't see her father. But actually, he's the one who is missing out.

"Sometimes he sends her a present. That's not the same as being *with* her, though. He's missing the best years of her life; and when he needs her one day, he'll have lost her."

Martha Moffett is a writer in New York and the mother of three children: Cameron, 17; Anne, 15, and Kirsten, 7.

"I've let the big girls take charge of Christmas. Last year they planned and cooked dinner. The next day they had Christmas with their father.

"Cards were a problem when I was first separated. I'd been sending close to 150 each year. I thought—if I sign my name and the children's names, will they think my ex-husband is dead? Now I just send a few to my own friends. I love Christmas, though.

"When we moved to a smaller apartment, we stored a lot of things, and I found we'd left our tree decorations in storage. I haven't claimed them; they were part of a different kind of Christmas. Now we make our own homemade ones . . . old-fashioned cranberry wreaths and popcorn chains.

"Money has been a problem, but the kids understand. I scrape through and pay the bills in January and February. Somehow it works."

René Gross, owner of a beauty salon and boutique in Montreal, Quebec, and Stowe, Vermont, is the father of 8-year-old Shahan.

"No more double Christmas. My son, Shahan, is getting confused. This year we'll all be having Christmas together: my ex-wife and her husband and their 2-year-old, my girlfriend Johanne and her son, Jason.

"It's easier to be friendly. It's better for the children, too. Shahan can say, 'I have two daddies.' There were times when we were not on the best of terms, but I think parents have to keep their hassles away from the kids."

René is not unique among single parents who find a new love interest—in his case, Johanne MacDonald. "You have to work at relationships," says Johanne. "René and I do. At first, Shahan didn't like sharing his daddy with Jason. Now the kids look forward to playing together. We've all had to adjust."

Sandra Lovell, a graduate student at Villanova University, is the mother of two children: Alexandra, 15, and Douglas, 12.

"I like to have my children with me at Christmas, but I have them only half the time. They spend Christmas Eve with me, Christmas Day with their father.

"I was the one to get out of my marriage. My ex-husband stayed on in our house, and I was the one to move . . . just down the block. I guess I chose to live nearby out of sheer guilt, but now I find it uncomfortable. I wish I hadn't.

"I like my life now and I love my studies—I'm preparing to be a psychiatric social worker. Since my marriage split up, I've reappraised Christmas. I *like* the rituals, but I don't feel obligated to follow all of them. For instance, we don't *always* make Christmas cookies—only if we *feel* like it.

"I guess, underneath it all, I feel a keen sense that I'm depriving my children of the chance to be a real family . . . Christmas can be emotionally draining." □

Louisa Rose, a divorced mother and free-lance writer, is at work on a play.

PET TALK

Animal experts speak out on pets to give this Christmas



Before buying a pet, look to the experts. Among those we've consulted are Neil Monaco, a New York City police officer (left), Richard Thomas, Sr., father of "The Waltons'" John-Boy; Bob Martwick, Morris the Cat's trainer; cowboy star Roy Rogers; and Tom J. Cade, Cornell University ornithologist.



A long time ago on a very special night, a group of friendly beasts pitched in to give Christmas presents to a new-born child. The gifts were simple: a woolly blanket from the sheep, the loan of a manger from the cow, a lullaby from the dove and transportation provided by the donkey. The story illustrates how birds and beasts have been synonymous with Christmas and gift giving since the very first Christmas.

Whether you are swept off your feet by a pretty bird or captivated by a wildcat, bear in mind these helpful suggestions from several famous animal people. They all agree that you must pick the right pet and learn about its care and feeding.

A horse is great for anyone with an uneven front lawn.

Roy Rogers loves to come home to 15 horses at his ranch in Apple Valley, Calif. Unlike Trigger, they stay at home when he makes movies now; his newest is *Mackintosh and T.J.*

"I was raised on a farm in Ohio, and my first horse was a mule," the king of the cowboys relates. "Then my dad got me an ex-sulky racing horse and I rode it to school, rode it to church, rode it everywhere.

"For kids the best kind of pony is the mustang. It's a wild Indian horse that's tamed to ride and rein. I don't think a mustang is as dangerous as a Shetland," says Rogers. "Some Shetlands get pretty mean. There are lots of good little ponies,

too, but if you get a pony for a little girl who's five—by the time she's 10 she wants a bigger horse. They won't outgrow a mustang so fast. Mustangs are 13 hands. Trigger was 15.3."

Roy gave his children ponies at age six. "Everything's OK if Dad or Mom's going to take care of them, but if you leave it up to the children, they'll play with the horse awhile, then get tired of it. It happened to me!"

If you feel more secure about buying into the pet categories that already total 90 million animals in American homes today, consider a dog or a cat. I remember my mother's liking pets that were small and near the floor. I wound up with a series of dachshunds, the first of which arrived on my fifth Christmas. As I lifted the pup out of its box, it relieved itself on the tree stand. That's when Mother decided she would take care of the dog herself. The result: I've never been much of a puppy person.

Richard Thomas, whose son and namesake portrays John-Boy on *The Waltons*, has won prizes for his Brussels Griffons at the Westminster Kennel Club Show. Thomas thinks giving a puppy for Christmas is fine if you know the person well. "When my son was two, he was given a Great Dane puppy. I thought the gift was marvelous because I could not afford a purebred myself. An old family friend made the gift and left the choice of breed up to us."

Throughout their careers in ballet Thomas and his wife toured with their son and his Great Dane in a small van. "Great Danes like to be indoors. They're natural guard dogs for an apartment. City-dwellers shouldn't buy large hairy breeds that are difficult to care for or hounds that like to be outdoors."

The Brussels Griffon reminds Thomas of *Beauty and the Beast*, because a model of a griffon was used for the beast's face in the Jean Cocteau film. But its demeanor is sweet, he says, and far from beastly.

One canine breed that is misunderstood by most is the German shepherd.

Officer Neil Monaco of the New York City Police Department Bomb Squad says: "It isn't fair that the shepherd has such a bad name." Monaco trains German shepherds to discover explosives. "Shepherds are often labeled attack dogs, but they are used for this purpose primarily because of their courage and self-reliance. All dog training is condition-reflex, so any breed can be trained to be either ferocious or docile."

In 1972 the bomb-detection program became famous when Brandy, a five-year-old shepherd sniffed out a bomb in the cockpit of a TWA jetliner. "Another reason police use shepherds is because of their size and general look," adds Monaco. "I couldn't see myself walking into this situation with a French poodle. That's a good reason to have a shepherd in the city—as protection when you take a walk at night or for your children."

U.S. Custom's supervisor Vincent Araneo, who directs the canine corps in narcotics detection, is another of those who work with this breed and think people have the wrong idea

about it. "The old saying that a shepherd will turn on anyone is a fallacy," Araneo insists. "We use shepherds because they are bold on the job. But I've got a shepherd at home, and he's strictly a house pet. He barks when a stranger comes to the house, and that's all I really want."

Cat handler Bob Martwick believes that the pet should pick *you*. Martwick says he was picked by Morris, star of 9-Lives commercials. "Be sure the cat is very playful and friendly toward you when you come over to it, not shy and sitting in the corner," he advises. "Once it has a rapport with you, check to make sure it's healthy. Look at the ears, see that the eyes are clear and not puffy. You can get a good mixed breed in the pound. That's where Morris came from. Buy a pedigree from a breeder."

"Cats make very good apartment animals. They can be de-clawed if they are always indoors and don't have to protect themselves."

Dr. Tom J. Cade cautions that "birds must get plenty of sunlight." Cade is director of Cornell University's program in captive breeding of the peregrine falcon, an endangered species. "Birds can develop nutritional problems without sun radiation. Too much, of course, can kill them. The best arrangement is to give them a choice of either shade or sun."

For the person who has no technical knowledge, Dr. Cade suggests a seed-eater as the easiest bird to care for: "Pigeons or ringdoves fall into that category. Two other birds I would recommend because they are hardy are the common green parakeet and the zebra finch. Both are seed-eaters and don't require much drinking water. A canary is more delicate and needs lots of water."

Birds are magical to watch and people do become infatuated. If you know an impressionable bird-lover who cannot handle a live bird, Dr. Cade suggests giving a membership in the National Audubon Society. It costs \$15 a year (\$7 for a student) and includes the magazine, films and bird walks. The society also sells Audubon and Roger Tory Peterson bird prints.

Dr. Richard Backus of the Woods Hole Oceanographic Institution in Massachusetts has good advice about fish. He is chief marine biologist and co-author of *The Natural History of Sharks* (Lippincott).

"If you give people fish," says Dr. Backus, "they've got to set up an aquarium. So you better be sure they want to be committed. If I were going to give a fish to a child for a present, I'd choose a hardy one that could be kept in any dish of water."

Based on my own research, I've decided not to buy a new pet but to pamper and treat the one I already own. Following the advice of St. Francis of Assisi, who was associated with wildlife and who said animals should be remembered at holiday time, I've resolved that for the 12 days of Christmas, Frank, my faithful collie, will feast on Alpo's Liv-a-Snaps. □

Jane Julianelli, whose favorite animal is the African lioness, has contributed to Harper's Bazaar, Interview and Ms.

FIGHT FIRE

with home prevention devices



The United States leads all major industrialized nations in per capita death and property loss due to fire. It's no statistic for national pride. Most of the 12,000 Americans who die in fires each year could have been saved if their homes had been outfitted with fire prevention devices. In addition, the staggering economic costs—about \$1 billion to treat injured Americans and about \$3.7 billion in property damage—could have been reduced substantially.

Several years ago, a former atomic energy commissioner and his wife bought a two-and-a-half-story heavy-timbered cedar home in Ossining, N.Y. One reason they liked the house was their belief that its apparent strength was sufficient to withstand the fringe effects of an atomic attack. They gave no thought to protection from fire.

One night, the couple threw a party. To give their living room a festive appearance, the wife lit many candles. The party broke up at 12:45 a.m. At 5:00, a passerby smelled smoke, but took no action; at 5:57, a neighbor saw the fire and called the police and fire departments.

When police arrived, they found the wife's body six feet from the front door. Three hours later, after the fire had been brought under control, fire fighters found the husband's body a few feet from the sun porch door; the son's was discovered in a second-story bathroom.

According to the National Fire Protection Association (NFPA), the fire would have been fatal to no one if the house had been equipped with fire-warning devices. The family would have been alerted to the danger by an alarm and had enough time to escape to safety.

Fire warning equipment, says the NFPA, is the single most important step you can take to protect your family—and your property—from the ravages of fire. Most people who die in fires are not victims of flames; poisonous gases and smoke snuff out their lives—sometimes before flames actually appear.

Fire protection devices, especially smoke detectors, work to alert you and your family at the earliest possible moment (an alarm signals danger). To understand how they function, consider the three stages of a fire:

1. In the initial stage, no smoke or flame is visible. This is the best time to leave home; this is also the time when smoke detector alarms sound off.

2. The flame stage is when the fire itself starts. Smoke is noticeable, and deadly gases such as carbon monoxide are produced.

3. The third stage produces a killer heat. Fixed temperature heat devices—another type of protection equipment—are activated at this time. Because these devices work only in the final stage, fire experts agree that they offer the least protection.

The safest bet to protect your family is a smoke detector

device that's activated during the initial stage. There are two types of smoke detector systems; photoelectric and ionization. Both have built-in alarms to arouse you and your family.

A photoelectric system sounds off when smoke is dense enough to break a beam of light. NuTone's Smoke Detection/Alarm, Gillette's Captain Kelly and Wal-Vac's GX 100 Smoke Detector are all photoelectric devices.

The NuTone Smoke Detection/Alarm can be built into either the ceiling or wall with a surface mounting bracket. The horn alarm is tripped when it senses a 2 to 4 percent obscuration of light per foot. To indicate that the unit is functioning properly, there is a pilot light. If the light goes out, an intermittent alarm sounds to warn you. Price is about \$50 for the plug-in unit.

Wal-Vac's photoelectric unit, GX-100 Smoke Detector, comes with twin photoelectric cells that make allowance for humidity, temperature, voltage and aging. According to a company spokesman, these are factors which can activate the alarm in a one-cell unit. If the system is not functioning, a light goes out. Wal-Vac's GX-100 comes with either a 15-foot line cord or a junction box connector, retails for \$49.95.

Gillette's Captain Kelly is being test marketed in Peoria, Ill., and Atlanta, Ga., and in the Minneapolis/St. Paul and Seattle/Tacoma areas. The plug-in unit retails for around \$39.95.

FIRST-STAGE DETECTION

Ionization equipment detects fire in its initial stage—even before you can recognize it. Both the General Electric Home Sentry and Pyr-A-Larm Guardian detectors are ionization devices.

GE's Home Sentry system monitors the air continuously. When smoke is present, the alarm will sound until the air is cleared. Two models are available: a wired-in AC unit and a DC battery-operated model. Both types have built-in safety features and retail for \$39.95 and \$54.95, respectively.

Pyr-A-Larm's Guardian horn has an 85-decibel alarm that will scream whenever combustion particles indicate the presence of a developing fire. It's loud enough to be heard through closed doors and will continue buzzing until the fire is brought under control. The Guardian attaches to the ceiling with self-contained screws, and a bracket is provided for wall hanging. The dual-chamber unit with 20-foot low-voltage line cord and remote transformer sells for about \$70.

BEST FOR YOUR NEEDS

Whether you buy an ionization or a photoelectric unit, be sure it carries

Factory Mutual or Underwriters Laboratories approval. All of the above have the Underwriters Laboratories guarantee. (The Underwriters Laboratories Inc. is a nonprofit organization established to investigate products, methods and systems involved with protection of life and property.)

For best possible results with fire protection devices, be sure to install them outside bedrooms. If bedrooms occupy separate wings, buy as many devices as are needed to protect every sleeper.

Also, for maximum effectiveness, schedule fire drills regularly. While the alarm signifies a fire, a child may not realize it's necessary to leave the house. Often, under the bed seems like a protected area. It is not; therefore an evacuation plan should be drawn up. Teach it to your children and then practice it regularly.

EXTINGUISHERS UNDER-USED

In addition to smoke detection equipment, fire extinguishers play an important role in preventing home fires. Kitchens, bedrooms and garages where fires are likely to flare should contain at least one. Unfortunately, only 8 percent of the homes in the U.S. are equipped with fire extinguishers.

As in the case of smoke detector equipment, Underwriters Laboratories offer ABCD standards for fire extinguishers. *A* is to be used against common garden-variety fires, such as those started by wood, cloth, paper and rubber. *B* is applicable to fires arising from flammable or combustible liquids, flammable gases, greases or similar materials. *C* involves electrical equipment fires; *D*, combustible metal fires, such as those from sodium, magnesium and potassium.

Both Norelco and Rogin sell easy-to-handle, attractive *B* and *C* fire extinguishers. Recognizing the need for a compact unit, Norelco brought out the Flame Fighter, which is sold in department store housewares sections. Traditionally, fire extinguishers were the domain of hardware stores, which have systematically buried them. Now, with concern mounting for home fire safety, housewares departments are making room for extinguishers, as are a great many discount stores.

Norelco's Flame Fighter weighs two and a half pounds, is colored off-white and retails for about \$14.95.

Rogin puts out a handsome portable fire extinguisher with canvas carryall case. It is designed for use in a car or trailer—at a barbecue or at a campsite. The unit weighs one and a half pounds and sells for about \$12.50. In addition, a two-and-a-half-pound fire extinguish-

er is available from Rogin. Retailing for approximately \$17.50, it comes in a choice of colors—white or yellow.

"AMERICA BURNING"

While the NFPA clamors for fire protection equipment, federal regulations are painfully absent. Official Washington's growing alarm toward fire devastation in the early '70s resulted in a stunning report by The National Commission on Fire Prevention and Control. Called *America Burning*, the study begins, "Fire is a major national problem. During the next hour there is a statistical likelihood that more than 300 destructive fires will rage somewhere in the nation."

The report also notes that America leads all major industrialized countries in per capita deaths and property loss from fire. The commission's conclusion: There is a definite need for fire warning equipment.

Yet when New York City tried 12 years ago to make it mandatory for the door to each apartment in every building to carry a sign on the back saying, "In case of fire keep this door closed—it may save your life," a suit was filed and the signs were deemed unlawful.

Explaining the action, a city fire commission spokesman said it's almost impossible to legislate in the private domain. The prevalent attitude, he says, is that a man's home is his castle—he should not be told what to do there.

America Burning puts it another way: "Though Americans are aroused to issues of safety in consumer products, fire safety is not one of their prime concerns. Few private homes have fire extinguishers, much less fire detection systems. And often when fire strikes, ignorance of what to do leads to panic behavior and aggravation of the hazards, rather than to successful escape."

BECOME INVOLVED

Some legislation is on the books, however. The Federal Housing Authority, which handles 20 percent of all mortgages, now requires one or more smoke alarms in all new construction it finances. The Mobile Home Manufacturers Association also specifies that smoke alarms must be installed in all new mobile homes. Eighteen states and 42 major cities require smoke detection devices in new residential buildings.

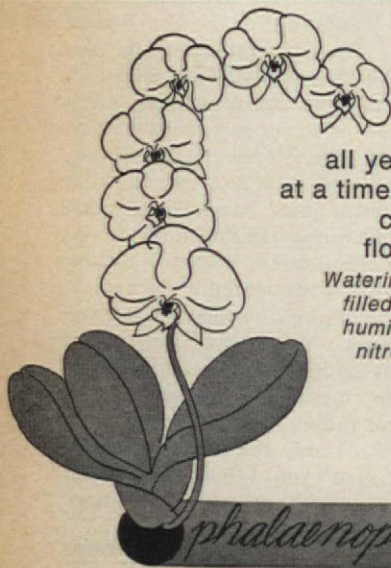
But legislation, of course, is not the only answer. You must become involved. Wouldn't it be far better to invest your money in fire protection equipment rather than a dinner out on the town? (Today the two cost nearly the same.) Isn't your life worth as much as your stomach? —Jil Curry

PLANT- ATIONS

GIFTS THAT WILL GROW WITH YOU

Just as the early Greeks gave potted plants as a symbol of yearly rebirth, Christmas today is a time when giving plants is particularly meaningful. And what better presents than gifts that will live with you after Christmas has passed? Holly, ivy and the ubiquitous poinsettia are the expected holiday plants. Therefore, we asked Dagny Hansen of Plant Specialists in New York to come up with a selection of more unusual plants to suit every holiday taste and pocketbook. But, don't let enjoyment turn to disappointment—why not clip and keep our instructions for happy, healthy plants that will flourish throughout the year.

By Christine Downs



Hybrid Moth Orchid (Phalaenopsis)

This orchid may bloom all year, up to a dozen flowers at a time. To encourage flowering, cut off stalks below bottom flower when blossoms fade.

Watering: Keep medium-moist in a tray filled with pebbles and water for high humidity. Fertilize monthly with high-nitrogen formula diluted with water.

Light: Bright indirect sunlight.
Night temperature: 65° to 75°.
Day temperature: 75° or higher.

phalaenopsis

Kalanchoe

This plant produces a mass of foliage above which it blossoms twice a year. The blooms—ivory, peach, pink or scarlet—last many weeks. To insure blooms for Christmas, keep plant in darkness, except for six hours in bright light daily, for 10 to 14 days.



Watering: Allow soil to become nearly dry between thorough waterings.
Light: At least four hours of direct sunlight a day.
Night temp.: 50° to 60°.
Day temp.: 68° to 72°.
Propagation: Root stem cuttings or grow from seeds.

kalanchoe

Mauna Loa

(Spathiphyllum)

This plant has masses of shiny dark leaves on which subtly fragrant white flowers resembling calla lilies appear intermittently throughout the year.

Watering: Keep moist. Fertilize every two to three months.

Light: Best in shade; in winter, curtain-filtered sunlight.

Night temperature: 70° or higher.

Propagation: Divide original plant into two or more plants.



spathiphyllum

Norfolk Island Pine

(Araucaria)

Looking like a miniature Christmas tree, this tropical pine tree bearing needle-covered branches makes a long-lived houseplant.

Watering: Keep soil barely moist.

Light: Bright indirect or curtain-filtered sunlight. In winter, full sun.

Night temperature: 50° to 55°.

Day temperature: 68° to 72°.

Propagation: Cuttings will grow, but sideways, like the branches.



araucaria

Black-Eyed Susan Vine

(*Thunbergia*)

A perennial vine well-suited to growing indoors, it can be given a trellis to climb, or simply cascade from a hanging container.

Watering: Keep soil moist. Fertilize every two weeks in fall, winter. **Light:** At least four hours direct sunlight a day.

Night temperature: 50° to 60°.

Day temperature: 68° to 72°.

Propagation: Plant produces seeds that can be planted.



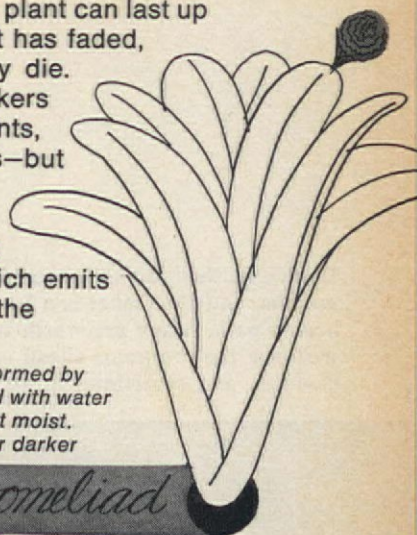
Bromeliad

The flower of this exotic plant can last up to three months. After it has faded, the plant will eventually die.

From its base, grow suckers that become new plants, blooming in seven years—but they can be made to bloom in three. Place in inflated plastic bag with a cut-up apple, which emits ethylene gas, inducing the plant to bloom.

Watering: The vase-like cups formed by the leaves should be kept filled with water at all times. Soil should be kept moist.

Bromeliads do well in bright or darker locations, can tolerate a range of temperatures.



Gardenia

(*Jasminoides veitchii*)

This fragrant plant will bloom continuously with snow-white flowers if allowed to grow in moderate temperatures. As the gardenia is a delicacy of the insect world, care must be taken to keep the plant pest-free.

Watering: Keep moist and well-drained.

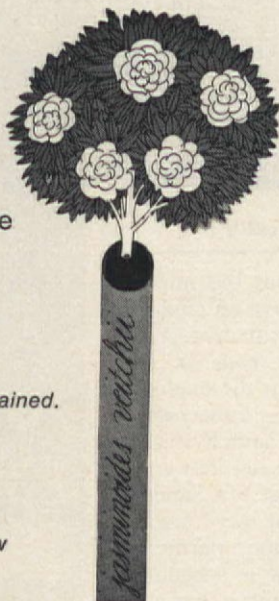
Use acid-type fertilizer monthly.

Light: At least four hours direct sunlight daily.

Night temperature: 60° to 65°.

Day temperature: 68° to 72°.

Propagation: Stem cuttings of new growth will root.



Weeping Fig

(*Ficus benjamina*)

Usually grown as a four- to six-foot tree, this graceful plant has many-twiggled branches with slightly twisted leaves.

Watering: Keep soil barely moist at all times.

Light: Bright, indirect sunlight.

Night temperature: 65° to 70°.

Day temperature: 75° to 85°.



Ming Tree

(*Polyscias*)

Originally from China, this plant with its gnarled, twisted branches and delicate foliage thrives once it becomes accustomed to its setting. Slow-growing, it will eventually become a five- or six-foot tree.

Watering: Keep soil barely moist; increase humidity by placing in pebble-filled tray with water.

Light: Four or more hours of direct sunlight daily. Will grow in bright indirect or curtain-filtered sunlight.

Night temperature: 65° to 70°.

Day temperature: 75° to 85°.

Propagation: Stem cuttings will root.



Amaryllis Bulbs

(*Hippeastrum*)

Bulbs are sold by colors—snowy white to deep scarlet. The size of the flower is determined by bulb size. Plant one bulb to a pot two inches from edge. Water well once, then wait for stalk to appear before rewatering.

Watering: Keep moist and fertilize monthly.

Light: Four hours of direct sunlight a day.

Temperature: 60° to 65° (night), 70° or above (day). Keep plants cool, out of direct sunlight, while in bloom.

Propagation: Small bulbs that develop beside larger bulbs can be reotted.



HOLIDAY IN VIEW

Work's finished; dinner's over; it's cold outside. What's on TV? A lot. Television offers some of its finest hours in the winter months, and December is a bonanza. Competing for viewers, the networks concoct interesting specials that stray from the beaten path. Many are worth watching, and beginning this month American Home will report the winners. Where possible, we'll see the programs ahead of time, or talk to some of the people involved. Just remember—schedules are subject to late changes, and sometimes if we're talking about a show that isn't listed—we'd, it's not really a goof, it's television.



Close-Up on Women's Health

The title is tentative, but the impact this documentary will have on medical circles may well be permanent. Producer Marlene Sanders leads an all-female television crew in the exploration of breast cancer, unnecessary surgery, the pill, drugs and hysterectomy. Use of an all-female crew may be a first for the networks. Ms. Sanders says she's planned it that way "mostly for reasons of conviction, partly of convenience." The show is scheduled tentatively for late December, but may be moved to January (ABC).

The World of Magic

This "Mobile Showcase Presentation" is that rarity in television, a live show. "You can't have a magic show any other way," says host-magician Doug Henning, "because it's too easy to do tricks with film." Guest stars are Orson Welles and Bill Cosby, both magic fans themselves. Henning will emulate Houdini with his water tank escape: Handcuffed he'll be lowered head first into a locked tank of water. How does he get out? Tune in and see (NBC).

Playhouse 90: The Tenth Level

William Shatner, Estelle Parsons, Vivica Lindfors and Ossie Davis star. This is a fictional account of the experiments by (continued on page 96)



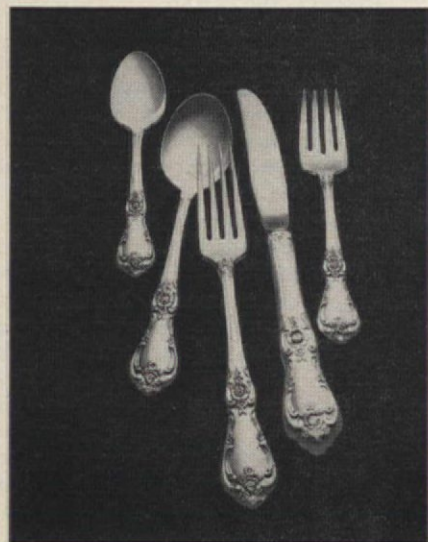
Top to bottom: William Shatner and Vivica Lindfors, *Playhouse 90: The Tenth Level*; Doug Henning, *The World of Magic*; Rex Harrison, *Doctor Dolittle*; Marlene Sanders and crew, *Close-Up on Women's Health*.

Top, center: Diana Rigg, *In This House of Brede*. Top to bottom: Simon Ward and Richard Basehart, *Valley Forge*; John Denver, *The John Denver Show*; Jack Lemmon, *hosting Oscar's Greatest Music*; Kris Kringle and friends, *Santa Claus Is Coming to Town*.

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Survive the Holidays in Four Easy Steps

(plus 31 special hints)

From now until New Year's the heat is on. Holiday Madness gets more and more intense as those climactic days in December come closer. Here are exercises and sound advice to help you keep cool and on top of things—and experience the holidays at their happiest.

Back when the rules were simple and life was easy, stress meant emphasis. And Christmas, while it had a number of lords-a-leaping, was only 12 days long.

Now the holiday season gets into full, commercial swing in late October and by the Big Day many of us are stressed-out and almost looking forward to the quiet of a post-holiday daze.

However, you can make the holiday season a cheerful one, if you are willing to scramble the system. Here's how it works:

Make just four resolutions now instead of waiting for New Year's Day. I promise that if you make, and keep, these resolutions you will get through the December Olympics in championship shape.

1. I will eat regular meals, even if there seems to be no time for both Christmas shopping and eating. . . .
2. I will get enough rest, even if it means leaving the party as if I were catching a ride with Cinderella. . . .
3. I will drink as if Scrooge were tending bar, and further promise at my own party not to force "just another short one" on anybody. . . .
4. I will not, privately or publicly, expect too much of the season, judging my life or my worth as a human being on my success in making it The Best Holiday Ever.

Those are the big four, and below are many more tips, enough to soothe everyday problems of the entire holiday month. All together, they can get you through the festivities with the glow of a Christmas candle.

Make a flexible daily schedule. Then when you have difficulty in accomplishing one *must do*, just swing to another. For example, you have scheduled your shopping at the toy department as the final errand of the day. But

if you should pass it and find traffic especially light at the minute, buy the teddy bear right then and there. Don't risk later frustration by rigid adherence to the schedule. Or (and this is more likely) you find the toy department jammed to the rafters, leave it to go off for a snack or other shopping and plan to come back later. Or adjust your list and shift this item to another day. Or perhaps another store would be less crowded? Fill your list with alternatives.

Switch chores from time to time. When you have been concentrating a long time on a single task and find yourself getting sick of it, drop it and do something totally different for a while. There is almost certainly another job around that will involve a different set of muscles, another part of the brain.

If you have been sitting and sewing costumes for the children's Christmas play, try some free-swinging physical work, such as dusting or vacuuming. These work breaks are good for re-energizing your mind and body.

Try to start early enough, if the task is stressful, so that even with leaving and coming back, you can finish it before the end of the day. If you are worried about completing it, and take that worry to bed with you, the task can rob you of the rest you need.

Before a stressful afternoon, treat yourself to a lunch that is higher in calories, but more easily digested, than your usual meal. The stress lunch for health food writer Adelle Davis included milk and a lobster salad. An omelet or a soufflé, a tuna sandwich on whole-wheat bread with tomatoes, half an avocado filled with canned shrimp or crabmeat, a bowl of fish chowder—any of these along with some milk or yogurt and a piece of fresh fruit will keep your blood sugar, thus your en-

ergy, at a high level throughout a long afternoon.

Slot an hour into your schedule this week for a sports party (with the whole family, or just for two) and go ice skating. It's a sport that provides the pleasure of setting your own pace and, if you skate to music, a graceful and creative form of exercise.

Ride a bike or go for a swim, if you spend the holidays in a balmy, palm tree setting. These two activities do more than any other to condition the body, according to Drs. Rensom J. Arthur of the U.S. Naval Training Center in San Diego and Paul W. Hunter of Western Illinois University.

Dance every dance, tonight or the next time you go to a party. Of course, it's fun, but here are two other points that might make you feel like dancing: The rhythmic, repetitive and exertive activity of dancing is a great overall body conditioner, according to Dr. Lenore R. Zohman of the Montefiore Hospital in New York; dancing also burns up 100 to 150 calories in just 20 minutes.

Yawn deeply when in a tension-building situation—stuck in a traffic jam, late for an appointment, waiting for your turn at the checkout counter. It relaxes the throat muscles where tension shows first.


To calm down in just a minute, try this relaxer adapted from a technique used in Silva Mind Control classes: Take a deep breath and as you exhale slowly, visualize the number 3, and repeat it to yourself three times. Take another deep breath and exhale as you visualize the number 2, and repeat it three times. Take another deep breath and exhale while visualizing and repeating the number 1 three times. Breathing normally, count down from 25 to 0. Feel better? (continued on page 89)



A Book for everyone on your holiday shopping list!

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WHAT TO WEAR TO WHAT

By Danny Zarem

From Thanksgiving to the New Year, life seems to intensify and men are asked to wear more clothes more often than they would the rest of the year. The problem is what to own to wear to what.

Mature men 35 and up should aim for an unaffected look—the same natural look a sophisticated woman achieves. A man who appears foppish or cares too much about coordination looks frivolous and insecure. Who needs it? If you are comfortable, and your clothes are well fitted, your attitude will be easy and natural.

There are three basic parts to a man's casual wardrobe. Each is safe, and each goes anywhere in the world.

1. A well-cut pair of gray flannel pants: straight-legged with knees and bottoms the same. (Thus, for a 6-foot man wearing standard sizes (39 to 42), the knees and bottoms should be 19½ to 20½ inches). Bell-bottoms, tapered legs and any other variation are for kids, and gentlemen shouldn't be caught dead in them.

The length should fall at least 1½ inches below the back of your shoes. If pants are any higher, socks will show when walking. Cuffed or uncuffed? That's personal preference.

2. A navy blue blazer—single breasted: It's the most functional. And with a striped or checked shirt (and black knit tie), it's impossible to go wrong at any gathering. If the environment is less formal, wear the blazer over an open-neck gingham-check or candy-stripe shirt. It is still casual, but has a lot of snap. A single-breasted blazer works better over sweaters, too.

3. Shoes: plain penny or tassel loafers, unless you're really sure of your taste. Many men give in to too much detail and that's immediately where the eye goes (especially if your pants are too short).

But how do you dress for those holiday parties?

1. "No Tie": The chic-est way to handle a blazer and gray pants is to add

Men's casual wear is at the point where women's fashion was 15 or 20 years ago, when sportswear expanded into evening wear.

Women now know how to put casual clothes together for evening with style and zip—that's what men must learn.

a silk or dress shirt. Or wear a striped or plaid silklike shirt (not too tight), clean blue jeans and no belt, no tie, no jacket. That's the '70s way to out-Fred Fred Astaire.

Or try corduroy pants and a muted Shetland jacket—again with a shirt, V-neck or crew-neck sweater. Turtle-necks are fine, if your body temperature can handle the super warmth.

For men who don't feel "comfortable" without a tie: a plaid shirt, bulky tie, tweed sport blazer, or safari jacket and corduroy pants. Then add a pair of crepe-soled or suede shoes.

Colors: If a man doesn't have natural color sense, he's better off with the masculine colors of nature—navy, warm tans and all shades of gray. Browns are good, too, but be careful if you have a sallow complexion.

Colors to avoid: brick, burgundy, green. Generally they're too intense.

The safari jacket or over-shirt with pants to match is forbidden in casual dress. *It's strictly catalog-trade.* Safari jackets are standard fare for informal gatherings, but always over a sweater or another shirt with sleeves rolled up and sporty pants.

Jewelry: Show me a man with an open neck shirt and gold chain, and I'll show you his taste level—fast.

2. "Casual" and "Informal" are essentially in the same category as "No Tie," but here it's good/better/best to

know your hostess. "Casual" to Babe Paley is the silk shirt and flannel pants. If you don't know your hostess, it's blazer-and-gray-flannel pants time.

For hostesses who usually give black-tie dinners, people with permanent staffs or certain clubs, "Informal" means a chalk-stripe or navy blue suit. For men going straight from work, the answer is a clean white shirt, or a checked or striped shirt with lots of white or cream background. Men who wear dark suits need something light to perk them up at night—a touch of white against dark around their faces. To perk up even more: a polka-dot or striped tie and a white pocket handkerchief. At the very least, add a bold paisley tie to a business suit.

3. "Come as you are" is a game. It means the party will be a frolic and everybody hopes to be amusing. So, anything goes.

4. "Black Tie" has come to mean too many different things in America—and shouldn't. However, for important business, political, or social (weddings, etc.) occasions, there is only one way. A well-tailored black suit with traditional black faille or satin lapels, black vest, butterfly bow tie and neat black patent pumps or calf lace-ups. Any variation ought to be banned—all those theatrical blue velvet jackets with black piping, bicolored or blue ruffle shirts.

For smaller, private black-tie gatherings at homes or country clubs, variations are as multiple as "casual" invites. For a small dinner at home: black velvet jeans and a white silk shirt; a black suede shirt jacket with black velvet pants and a silklike shirt; or a black velvet safari jacket with black wool pants and white silk shirt. For those who can really handle it: black velvet or suede pants with a white silk shirt and no jacket. □

Danny Zarem is vice-president in charge of men's wear for Halston Enterprise. He was formerly vice-president, merchandise manager and men's wear fashion director, Bonwit Teller.

TAKE THIS AD TO YOUR DOCTOR.

If you're concerned about cholesterol and your family's eating habits, here's something you may want to discuss with your doctor. It concerns Mazola® Corn Oil as part of a total dietary program.

Recently, a dietary program to reduce serum cholesterol was tested at a major university. It included skim milk, poultry, lean meats, fish, fewer eggs and Mazola pure corn oil.

Result: serum cholesterol was reduced an average of 17 percent.

Could your family benefit from a total dietary program that includes Mazola Corn Oil? Ask your doctor.

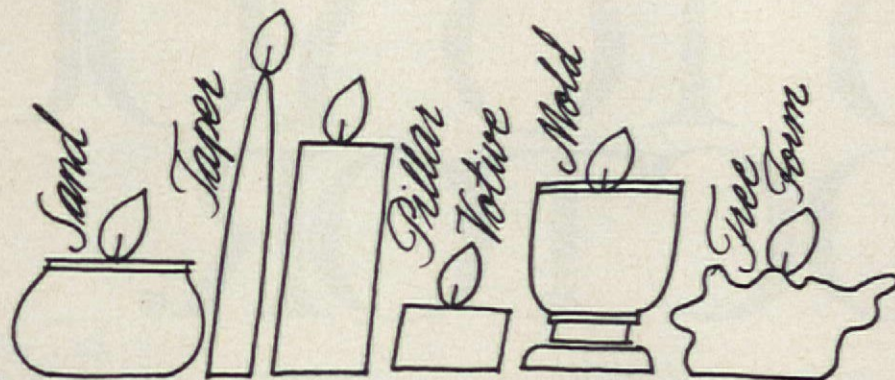
MAZOLA: THE ONLY LEADING BRAND THAT'S PURE CORN OIL.



CHOLESTEROL
LOWERING
DIET

NOTE TO PHYSICIANS:

The complete report mentioned above was published in the "Journal of The American Dietetic Association" Volume 62, February 1973.



CANDLEMAKING at home

Candles come in every size, shape and color—and you can make them yourself. They enhance the decor of your home, creating a warm ambience, and make excellent personalized gifts. The best way to start is with a commercial candlemaking kit. Available in craft and hobby shops, and most department stores, these kits not only include the basic tools, instructions and safety precautions, but usually contain a small amount of wax that you can use for practice.

If you would rather buy materials separately, rather than in kit form, here are the necessary basics: wax (beeswax or paraffin), stearic acid (a fat derivative that gives candles rigidity and color tone), a few yards of wicking, candle dyes and special scents. These, too, are sold individually at craft and hobby shops.

The rest of the gear can probably be picked up at a hardware store if you don't already have it: a double boiler, candy thermometer, water-bath container (a vat or large bucket for cooling your candles), plus some kitchen utensils (shears, spouted measuring cup for pouring, spoons, pot holder, small scale) and salad or cooking oil from the supermarket (to coat candle molds for easy removal).

A note about waxes: The most common type used in home candlemaking is paraffin. This is the least expensive and easiest to obtain. Beeswax is more costly, but burns longer and does not drip (it evaporates at the same rate it burns). It works best with taper or unmolded candles; paraffin is better for molds.

Wicks come in a variety of widths

at home

There is no great mystery to the art of candlemaking. The basics are simple. Even a beginner can learn to create colorful, sculpted pieces. It just takes patience and precision.

and materials. Metal-core wicks have the advantage of rigidity and should be used for candles with large surface areas (since they form large pools of wax and require a wick with firmness). The width of wick needed varies according to the width of candle.

Braided cotton wicks come flat or square. Flat wicks are for candles two or more inches in diameter; the square ones are suitable for thinner candles, to minimize dripping.

There are many candle craft books that contain the basic steps of preparing wax, pouring into a mold and solidifying it. They are sold in bookstores as well as craft shops. Select the book with clearest instructions, preferably one with photos accompanying the text. (Some candlemaking kits also delineate these steps.) Since molded candles follow basically the same rules, we'll skip these instructions here and concentrate on various types of candles

—coloration and decoration—plus the making of unmolded or taper candles.

VOTIVE CANDLES

Votives are short, cylindrical candles like the ones you see in churches. They're easy to make and can be used as decorative accents. Votives, which give off a soft liquid light, can be grouped about the room at an intimate get-together or clustered in twos and threes on tables at a dinner party.

Small juice cans, juice glasses (filled halfway) or even a muffin pan can be used as molds for votives. Remember that when you use glass molds, the glass should be heated slightly before wax is poured in. All molds should be coated with a light film of vegetable or salad oil, which gives the same results as greasing a cookie sheet or pie pan.

Votives can be colored or scented, or you can leave them white. Stearic acid can be added to obtain a whiter white. Votives can be practical candles by themselves or used in pillar candles.

PILLAR CANDLES

Pillar candles can be made in a variety of heights and widths. They can be round, cylindrical, square, tall or short—and you can make a permanent candle from a pillar, since candles that are more than two inches in diameter burn down the center, leaving the outer walls intact. Once the candle has burned down a couple of inches, insert a votive (in its glass container). By replacing the votive, each time it burns down, you can keep the pillar candle as long as you wish. Commercial molds for making pillars are available at craft shops. But (continued on page 100)

The New England Yam Bake.

Graced by Kraft marshmallows and Princella yams.

NEW ENGLAND YAM BAKE

- | | |
|---|--|
| 1 20-oz. can pineapple slices | 1/8 teaspoon salt |
| 2 17-oz. cans Princella or Royal Prince yams, drained | 3 tablespoons PARKAY Margarine |
| 1/4 cup flour | 1/4 cup chopped nuts |
| 3 tablespoons brown sugar | 1 cup KRAFT Miniature Marshmallows or 10 JETS Marshmallows |
| 1/2 teaspoon cinnamon | |

Drain pineapple, reserving 1/4 cup syrup. Line sides of 10 x 6-inch baking dish with pineapple slightly overlapping; arrange yams in center. Pour pineapple syrup over yams. Combine flour, brown sugar, cinnamon and salt. Cut in margarine until mixture resembles coarse crumbs; stir in nuts. Sprinkle over yams. Bake at 350°, 25 minutes. Top with marshmallows. Broil until lightly browned.

6 to 8 servings



Division of Kraftco Corporation

KRAFT

WHITE-WESTINGHOUSE BRINGS THE LAUNDRY ROOM UP OUT OF THE BASEMENT.

Announcing the full-size washer
that does what no other full-size washer
can do.

It saves space.

Because our washer is a front-loading washer,
you can stack it under our dryer in a closet. Without
having to pull out the washer each time you put in a load.



It can be built in anywhere.

Stacked or side by side, this full capacity washer
can fit in lots of places no other full-size washer can.



Because all you need is a space 27" wide by 27" deep by
35" high. (With stacked matching dryer 70" high.)

Or you can install them side by side to fit into
places like under a kitchen counter. Under a bath vanity.
Or even built right into your wall.

So when you're building or remodeling, remem-
ber: you don't need a whole laundry room to do your
laundry anymore.

It saves work and footsteps.

Bringing the washer up out of the basement
means that now you can bring the washer to where the
laundry is, instead of bringing the laundry to where the
washer is. And that saves you a lot of running up and
down stairs with baskets of clothes.

It saves money.

Since our washer is tumble-action, it uses less
water to clean an average load of clothes than other full-
size washers. And you need less soap to get the clothes just
as clean. And less gas or electricity to heat the water.

In short, you're saving money each time you do
your wash.

It circulates your wash better.

A tumble-action washer works like heavy-duty
commercial washers work. Effectively and efficiently. Yet
it's gentle enough to handle your most delicate fabrics.

It tumbles clothes through the water instead of
just sloshing them around. So, unlike an agitator washer
where only the clothes near the centerpost get the full
benefit of the agitator action, all your clothes get washed
thoroughly and evenly.

Our tumble-action washer and matching clothes
dryer. Another quality product from White-Westingshouse.

WHITE-WESTINGHOUSE CORPORATION
One of the White Consolidated Industries.

WCI

From the Home Front

BEAT THOSE

HOLIDAY BLUES

*There are many ways of arresting holiday depression...
and all of them start with you. —Keitha McLean*

I was in bed with chicken pox. I'd put out oatmeal cookies for Santa—I was hoping for a paint-by-numbers set. Christmas Eve, through a fitful doze, I sensed rather than saw my mother—my *mother*?—filling my stocking.

Next morning, I was too sick to get up to see the tree. So... no tree, no Santa, no paint-by-numbers set. (They'd forgotten.) Some Christmas. Some depression. I was 10.

The "dumps," as I called depression, weren't new. I had clicked no heels in joy when I'd discovered it wasn't the Good Fairy leaving those quarters under my pillow in exchange for teeth; it wasn't a red-letter day when they told me I couldn't go to never-never land with Peter Pan.

But that Christmas was the worst. It should have been a time of miracles, myths and magic—especially magic—and I was a disillusioned pre-teen. With chicken pox.

With the casual facility that accompanies hindsight, I look back with rueful knowledge. That miserable, disappointing holiday signaled "growing up." Did I realize it then? No.

Did I—*would* I—acknowledge that signal through all the teen and post-teen years? No.

I wanted magic where there was none. I got pajamas when I wanted ice skates; a cookbook when I wanted earrings (that was a *bad* year); a membership in an exercise class when I wanted a bikini (that year was even worse).

I wanted miracles when they'd gone out of style. Dragged reluctantly to a midnight church service during one festive "dumps," I promised that if Christ would fly through the stained-glass window above the altar (à la Peter Pan, I suspect), I would become a nun (then quaked in fear throughout the ceremony, in case He

might take me up on the offer).

Most doctors agree that the holidays ride in on heavy emotional seas. Holiday depression is simply a yearning for the security of childhood. Expectations that are impossible to gratify result in frustration, sadness and disappointment, which trigger anger at oneself for being disappointed. That anger is depression.

If it's a garden-variety depression, it's easily resolved if one is surrounded by family—or, if there's no family, by parental substitutes (as psychiatrists put it)... a husband, wife, lover or friend.

"The real McCoy," as an eminent New York psychiatrist describes it, is more serious—and can start building as early as Thanksgiving.

To illustrate—and simplify drastically: There's no money to visit the folks; therefore there's guilt. Or...there's money available for a trip home, and the family is less than you expected, resulting in awkwardness and alienation. You leave them guilt-ridden, angry, sad. When Christmas comes again, you don't *want* to go home. Result: more guilt, more anger directed inward. More depression.

This simmering anger becomes a roaring inferno if, in addition to the above, there is no parental substitute. Result: a sense of abandonment, loss of self-esteem and a major, potentially dangerous depression.

Adding further fuel, there's the prospect of New Year's, the year-end pondering on things unaccomplished, goals unachieved and worlds unconquered. Luckily, New Year's is not one of my problems. Since "the year of the pox," my feeling is, that having survived one more Christmas, life is giving me another chance, another break. (continued on page 100)



18th-Century Christmas House

This charming 1766 Cape Cod snugled into the countryside near a sleepy Vermont town is a welcoming setting for a traditional early American Christmas celebration. Its proud owner, Daryl Dodson, each year joyfully recreates a sumptuous holiday feast complete with all the colorful trappings—pine garlands, poinsettias plus the added glow of hearth and candlelight.—Jane L. Lawrence

Restored, board by board, the house provides a harmonious setting for Dodson's collection of curios and antiques from the 18th and 19th centuries. In the pine-paneled keeping room, now the kitchen, old utensils mix with the new. All are handy for preparing a Christmas dinner of rabbit, pheasant and goose.





Still life of Shaker spice boxes, grinders and jars glows in kerosene lamplight on a breadboard-topped Vermont table.



Overnight guests prolong the holiday mood by lingering over an informal, serve-it-yourself lunch in the kitchen.



For a late-afternoon party, Dodson teams spiced punch with fruits, nuts and walnut cookies made from a very old recipe.

PINAFORES



PHOTOGRAPHY BY CARMEN SCHIAVONE

Christmas under wraps

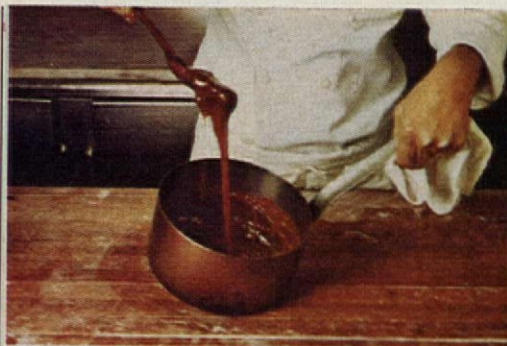
Don't let the decorations steal the show on the Big Day. This year, put some of that energy into holiday fashion. Crisp pinafores you sew yourself can take center stage against the backdrop of a glowing fire and sparkling tree. Full-length styles shown are two versions of Vogue #9050, also seen on the

cover. The fabrics are a plaid taffeta by Duchess and a cotton eyelet from Columbia. The red velveteen pinafore will make every little girl a Christmas angel. The pattern is Vogue #1326; fabric, Crompton Richmond. For pattern details of all three pinafores, see Product Sources, page 110.



IT'S NUTTY!

THE FOUR SEASONS' WINTER WALNUT TORTE



THE PASTRY

6 ounces sweet butter ($\frac{3}{4}$ cup)
4 ounces sugar ($\frac{1}{2}$ cup plus 2 tablespoons)
 $\frac{1}{2}$ pound sifted cake flour ($2\frac{1}{2}$ cups)
Pinch of salt

1 large egg, slightly beaten

Cream butter and sugar until light and fluffy. Stir in flour, then salt and egg. Mix thoroughly. Press into ball; cover; chill until firm. Cut dough; cover and chill half. On floured surface, flatten other half; roll to 12-inch circle. Press lightly into 10-inch flan tin with removable bottom. With rolling pin trim edges. Bake 20 minutes at 400°.

THE FILLING

1 pound 2 ounces sugar ($2\frac{1}{2}$ cups)
1 pint heavy cream (2 cups)
1 pound 2 ounces walnuts ($4\frac{1}{2}$ cups)

In saucepan cook sugar over low heat until melted and caramelized. Slowly add heavy cream, stirring constantly. Continue cooking over low heat until sugar melts again.

Remove from heat. Stir in walnuts; let cool. Pour caramel mixture into pre-baked shell.

THE FINALE

1 egg, lightly beaten

1 tablespoon cold water

Roll second half of pastry to 11-inch circle. Place over filling. Trim excess pastry from edges by pressing lightly with fingers. Beat egg and water; brush on surface of dough. Score top of pastry lightly with tines of fork. Prick several times. Bake 20 minutes at 400° or until golden. Serves 8 to 10.

Rich, gooey, fresh walnut filling firmed inside two buttery, sweet crusts . . . it's nutty, all right.

It's Walnut Torte—newest entry on the winter dessert menu of The Four Seasons, where the fare and decor change each time of year.

The luxe New York restaurant's sweet tooth is well known—established, for example, by the domed Chocolate Velvet Cake and whimsical Four Seasons' Fancy Cake extravaganzas. The torte is just as tempting, but earthier.

"Anyone can make it," says pastry chef Bruno Cumin, who actually developed the French tart-American pie mutation two years ago. "I just call it a torte because I'm Italian and always used the word *torta*."

This dessert is truly seasonless. "However, we are serving it for winter because that's when walnuts are freshest," says the restaurant's 10-year veteran, who's been rolling out dough since he was 15.

"The filling is so simple—caramelized sugar, cream and nuts. And the crust is as easy as apple pie dough."

The result: a caloric nightmare . . . or a scrumptious sweet sandwich, however you see it.

Here, Cumin gives *American Home* the very first step-by-step look . . . from his daytime home in the Four Seasons' bakery.



The Four Seasons' pastry chef, Bruno Cumin, shows off his Winter Walnut Torte.

Photography by Emerick Bronson

All in the family with Marjorie Margolies

In this the second in American Home's important new series, this Emerging Woman was well launched in her successful career and had built a family—one that she wanted very much—before a husband had even entered the picture.

By Susan Price-Root

Marjorie Margolies was not one to hang back and wait for her prince to come—she got on with it. She became a successful TV news reporter, adopted two orphans and at age 32 had just indulged herself with a beautifully decorated Manhattan apartment that they could call home when her particular prince, Congressman Ed Mezvinsky, showed up.

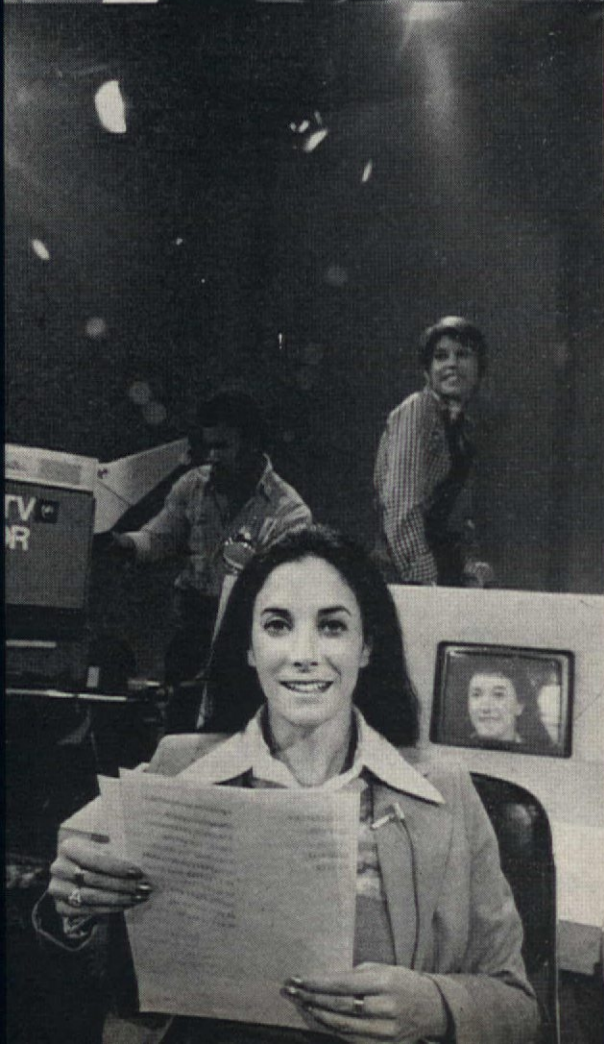
That happened last May. Now the Hon. Edward Mezvinsky (D., Iowa), Mrs. Mezvinsky (née Margolies), Lee Heh, age 11, and Holly, who is 8, and the Ha family, a Vietnamese refugee couple with a 10-year-old son, all live together in a Washington, D.C., row house—a situation that could set Norman Lear's mental wheels turning on a new TV series.

Marjorie never planned to be different. Her life seemed headed right down the middle of the mainstream. Her father was an engineer (with Bendix and also RCA); her mother, an artist. They moved around when Marjorie was a child—from Philadelphia, where she





Marjorie Margolies and Ed Mezvinsky began married life with a full house—two daughters, Lee Heh and Holly (below), whom Marjorie had adopted earlier. Married in October, Marjorie is continuing her television news career in Washington, D.C. (bottom), and Ed is making plans to run for reelection to Congress next year. Marjorie and the girls join Ed after a day on Capitol Hill (left). She makes a point of picking them up herself at school each day (opposite).



was born, to Queens, N.Y., to Baltimore, then back to Philadelphia, where Marjorie was graduated from the University of Pennsylvania after spending her first two years at Skidmore and enjoying the customary year of study abroad—in Florence, Italy. Then came a job at Cherry Hill High in New Jersey—and Marjorie's first jolt out of the smooth flow of the mainstream.

"I was canned—me!" she

says with mock exasperation. "I was a truly dedicated teacher—I couldn't believe they weren't going to renew my contract." She found that her troubles stemmed from her refusal to play politics by withdrawing a detention slip from the records of an influential woman's daughter.

"I went to my father's office in tears and told him what had happened. He just said, 'It's the best thing that (continued)

Marjorie Margolies *continued*

ever happened to you.' I was so upset, because it was the first thing I had tried on my own and I'd failed. But he was right. It was the best thing that had ever happened to me—except for the children."

Still wanting to work with children, she took a job with the Neighborhood Youth Corps, placing underprivileged teenagers in jobs.

"That was when I decided media would be interesting. So I wrote to every station in Philadelphia, volunteering my services." WHY-FM gave Marjorie her first on-the-air opportunity. "It was a classical music station, and they just needed someone who could pronounce the names of all those composers," she explains. "I lost 25 percent of my listening audience whenever my parents left town." She was, however, having a lot of fun and learning to put together soft and hard news features in her average two- and a half hours' air time a day.

The job brought her to the attention of WCAU-TV in Philadelphia, where she became an on-camera reporter. A year and a half later, she landed a prestigious CBS News Foundation fellowship for a year of general study at Columbia University. "I feasted there—just went down the course list and picked the best teachers I could find."

Upon returning to WCAU-TV, Marjorie received an assignment that was to change the direction of her life: a documentary on hard-to-place children, which took her to Korea. There, she came across Lee Heh, then a toddler in an orphanage, her father recently deceased, her mother dying of TB. "Once the decision to adopt her was made, it was like deciding to get married. I knew it would preclude my



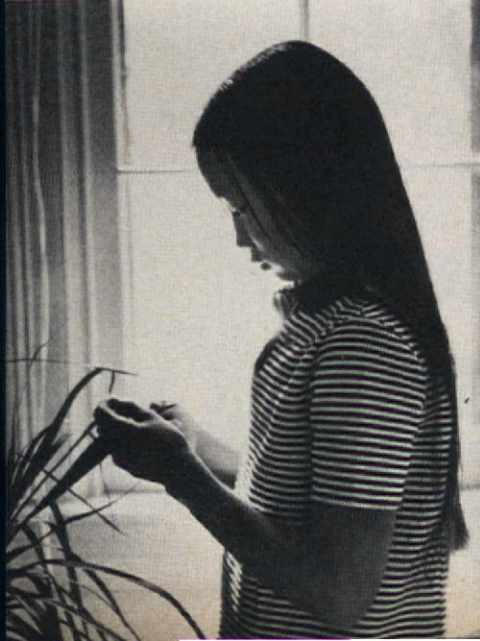
Though their parents are busy people, each involved in a demanding career, Lee Heh, the older child (bottom, left) and Holly can always depend on a leisurely snack after school with their mother (opposite, top) and plenty of play time before Marjorie and Ed leave for an evening out (below). The girls are surrounded by friends in their Washington, D.C., neighborhood (bottom), and recently their household expanded to include the Ha family (opposite, bottom), Vietnamese refugees who arrived in town with all their belongings and a 10-year-old son.

doing some things—like being a network correspondent that would involve a lot of travel.

"I went into it thinking that if I couldn't save the world, I could at least save part of it," she says with an embarrassed grimace at the smugness of the cliché. "But then I realized that I was really being very selfish."

Unraveling the red tape took two and a half years. Five years after her arrival on Marjorie's doorstep on October 5, 1970, Lee Heh was present at the marriage of Marjorie and Ed, who had chosen that particular date to coincide with the anniversary.

During the years between, Marjorie says things changed for the better. "My parents thought I was missing a loop when I told them I was going to adopt. But when they met Lee Heh, she got under their skin. She was so sweet right from the start. A single parent, more than anything else, needs supportive people—and my parents and neighbors were just great." She also found a change in her social life. "Adoption did a nice thing for it: I (continued on page 84)





Candle Power

For creating a mood, one candle adds drama. But more means more—as illustrated by the luminous settings here, and on the next two pages, from four designers' homes. Candles spark the romance at a dinner party, get-together or evening at home. They have the power to light your home in a way that cannot be duplicated with electricity (even with flickering-flame bulbs). Moreover, their reflection is softer and prettier—on you and your guests. Short, tall, fat or thin, candles come in all colors from traditional white to pale pink or deep brown, as well as in sweet smells such as patchouli and vanilla. Below, a few luminaries speak out on candle power.

For informal get-togethers in his living room, Bill Goldsmith avoids artificial light by nestling candles on his coffee table (opposite). Here, his Mexican ceramic holders are filled with fat white candles. Lucas King's bar (below) is awash with candlelight, supplemented by a lamp behind the fan stand, which is, in fact, an old flower container. Wooden spool holders set the mood.



With a flick of his wrist, choreographer George Balanchine lights a candle to announce dinner is served. Chessy Rayner of the decorating firm MAC II will not sit down to dinner unless the candles are lit.

George Balanchine never uses anything but white candles, and they're placed in short wooden Danish holders. Balanchine, who rarely gives lavish parties, does not feel a small gathering is a party until the candles are lit.

Tiffany's display director, Gene Moore, lights candles every night—even if he's dining alone. All-white candles are his favorite. He uses at least 10 pairs of crystal candlesticks, in addition to a candle chandelier and candelabra, placed on his table and around the room. He favors a profusion of candles in the winter, fewer in the summer. (continued)

Julian Tomchin lights candles at twilight and then watches the room grow dark around them. On his dining room table (opposite) candles in water along with votive candles provide festive dinner light. Eileen Vergaro loves to mix fire and candlelight. Small votive candles in apples sit on her mantelpiece (bottom), along with green ivy plants.

Candle Power

Further, Moore will light a candle if he can't sleep. "Watching a flame makes me drowsy," he declares. Like other candle devotees, he mixes flowers, particularly roses, anemones and daisies, amid candles.

Chessey Rayner, who's never without candles, occasionally turns on "up lights" as well when she has a buffet. Otherwise, for dining at round tables, candlelight is favored. She always uses white candles. Candle holders, however, vary with her mood. Sometimes, she chooses tall glass ones with teardrops, from Steuben; other times silver sticks or ivory holders, from London.

Bill Fine, president of Wamsutta Mills, always sits down to a meal with tall white candles placed either in silver candlesticks or in Waterford crystal holders. For holidays, Fine's wife, Susan, pulls out red candles.

In their Connecticut house, tiny candles are lit all over, even in the hallway. And they find that scented candles—with the light odor of jasmine—erase cigaret smoke from the air.

In his home in the country, noted food author/critic Craig Claiborne recently decided that, except for

special gatherings, an electric candle chandelier was preferable to candles which, he says, "are just too messy."

Betty Parsons, who heads her own Manhattan art gallery, agrees in principle with Claiborne. Yet when dining informally, she lights candles cradled in old-fashioned silver candlesticks.

When the occasion calls for candles, Claiborne opts for brown ones to match his dining room decor. But most people prefer white or ivory candles. One reason, explains Tiffany's Moore, is that they glow with light that is more flattering. In addition, candles shine year-round in the same romantic way.—Jil Curry





Christmas is a nostalgic time—of childhood memories: joy, love and for many, spiritual enrichment. Here, Joseph Pintauro, a Catholic priest-cum-poet-and-author, reflects on the childhood Christmas when he discovered his personal secret of Christmas.—The Editors

Since Christmas is Christ's birthday, wouldn't the perfect Christmas be whatever Joseph and Mary had for Jesus on that day . . . especially if he got a bike?

"I'm sure poor Jesus didn't get a bike," my mother had told me. "And in any case, it's His birthday, not yours."

I remember it was snowing that day. The churchyard of St. Mary's Gate of Heaven Church in Queens, N.Y., was a huge creamy white bowl. My friends and I messed it up with footprints, then started a snowball fight that my side lost.

Our retreat was right up the steps of the church. We pressed into the huge west door and suddenly stood with our hats in our hands in a new world, of darkness, of smells, of Christmas trees and incense; a world of silence and vast space.

We saw nuns who were directing the senior altar boys to carry Christmas trees and poinsettias and to climb the walls with ropes of evergreen and laurel.

The church was a cathedral, with five altars and stained windows so tall you had to hike to the opposite side of the building to see them fully. The setting sun pressing through the windows cast ribbons of colored light above us. The huge middle altar, with its spires of white marble, rose be-

"JESUS NEVER HAD A BIKE"

By Joseph Pintauro

Joseph Pintauro, under special dispensation from his bishop to live a secular life, has published 10 books, most recently *The Earth Mass*, and is currently working on a novel.

hind the trees and plants waiting to be placed—an ice palace in a woodland growing out of dark-red oriental rugs.

We knelt at the railing of the west altar, where the Christ Child lay upon a bed of hay surrounded by Joseph, Mary, a host of potted palms and us.

I thought about Him as a real child—how He would have been blinded by the spotlight above; how He, half naked, would have been chilled by the air in that drafty cathedral.

I began to daydream. My teach-

er, Sister Mary Lawrence, had once told us Jesus had been born not in January but in August, and that He'd seen neither snow nor a Christmas tree. Nor a bicycle.

Silly thoughts, yes, childish thoughts. And kneeling there in that great cathedral, where boys in black cassocks climbed walls like monkeys and nuns in starched white headdresses bustled about like snowy egrets, I didn't care if it was His birthday, not mine. At that moment Christmas to me meant a new bike.

CLAP. . . . The nuns used mahogany clappers to avoid shouting orders across the sanctuary. Amazingly, we understood them. CLAPCLAP! *Stop that laughter at the west altar.* My friend, the daredevil Vinnie Slattery had climbed over the altar rail and left a snowball with the Christ Child. No doubt about it: We ran for our lives.

That night, I thought of the Christ Child and the blinding spotlight in His eyes. Of course, it was only a statue. None of it was real, in fact; oddly, that didn't seem to bother anyone, not even the nuns, bustling about.

As I lay in bed, I thought, there must be more to Christmas than that Child's birthday. If Christmas is Christ's birthday, then *real* Christmases numbered 33, one for each year of Christ's life, and that was more than 2,000

years ago. Real Christmases were over and done with. Yet this didn't seem to bother anybody except me.

Perhaps Christmas was nothing more than a time for people to run around in a frenzy believing something huge and wonderful was going to happen to them. But—and I couldn't help wondering about it—what would happen to me?

If Christmas meant getting everything you wanted, I concluded I wouldn't even *have* a Christmas. I wanted that bike even though I knew it was expensive and work for my father, a carpenter, was scarce in the winter.

The year Vinnie Slattery gave a snowball to the Christ Child, it warmed up suddenly on Christmas Eve. Christmas Day was foggy, and it smelled like October. From our porch I could see the damp, yellow maple leaves that had fallen weeks earlier, at curbsides and under bushes.

Among our gifts, my brother and I received socks full of tangerines, walnuts and chestnuts, almonds, hazelnuts and Brazil nuts, with a handful of Liberty dimes thrown in. We also received an electric train and scrapbooks with lots of empty pages inside waiting for the things to happen that would be worthy of remembering.

That afternoon on our porch, I

"Because of the loneliness of the boy I was, I began to learn the secret of Christmas."

emptied the leftover boxes of Christmas balls, the old Hansel and Gretel house, birds of silver and gold, a glass parrot, assorted angels and stars.

I lined them up, intermixing little statues of Joseph, Mary and the Three Kings, the shepherds of Bethlehem, their sheep, oxen, a donkey and three camels. They all sat like spectators. Then, not to be outdone by Vinnie Slattery, I put the Christ Child in the caboose of the train and gave him one hundred dizzying turns around the Christmas tree.

I remember a peculiar awkwardness—even sadness—in my parents that Christmas. I think the problem was money. And it was because of my father's lack of work, the warm weather and the loneliness of the boy I was, I began to learn the secret of Christmas.

It didn't come from staring at the Christ Child under the spotlight or out of the snowball fight,

and if I'd gotten the bike, it only might have postponed the secret another year, or maybe even two. The secret came through on the foggy afternoon I spent alone, playing with the leftover decorations and ornaments.

It took many years for me to realize it fully. But when I pool all those Christmas memories—the lonely ones—through the years, I understand . . . and the secret, for me, shines through.

The secret is the gift of our own love, and if we do not receive it, then Christmas, I believe, doesn't happen. The secret is to love yourself. It means we are all alone; we are alone together; we might as well be friends.

And the Baby Jesus under the blinding spotlight? He's the child we all once were—a symbol of the second chance everybody hopes for.

Whether we believe in it or not, Christmas comes, and with it the large question: *Does anyone really care about me?*

Certain people in our lives need to know the answer, especially children, because they are the ones to whom it has not yet been proved that life is worth the trouble; that love can exist and will not always hurt; and that friendship can be real.

And this knowledge is, for me, worth far more than all the bicycles in the world. □



BIENVENUE À

IT'S A FOREIGN HIDEAWAY
ON THIS SIDE OF THE ATLANTIC,
AND YOU CAN AFFORD IT.

Quebec is, as Canadian license plates put it, "la belle province." Like sun shining through an icicle, Quebec sparkles with infinite cultural refractions: French and English, Jewish and sprinklings of other ethnic groups.

It is an eccentric province, full of surprises. There are contrasts and—as with all people, places or things of genuine interest—occasional conflicts.

Settled as Lower Canada first by the French and subsequently conquered by the English, the province has evolved, biculturally and bilingually, into something unique. Call it *Québécois*.

Today, from the restaurants, films, music, fashion and the arts to the ancient farms, *artisanats* and cozy country inns, Quebec reflects this heritage.

It is foreign, exotic and, most important for Americans in search of a lively (or secluded) post-holiday hideaway, it is *near* (only 55 minutes by air from New York to Montreal).

60

Moreover, at this time of year, a getaway to Quebec can be reasonably priced. New York to Montreal, round-trip economy air fare, is \$95, but there's a greatly reduced (\$62) excursion rate if you stay more than six days.

Greyhound now has Bus-Plus, an enormously popular express service between these cities at \$48 round trip.

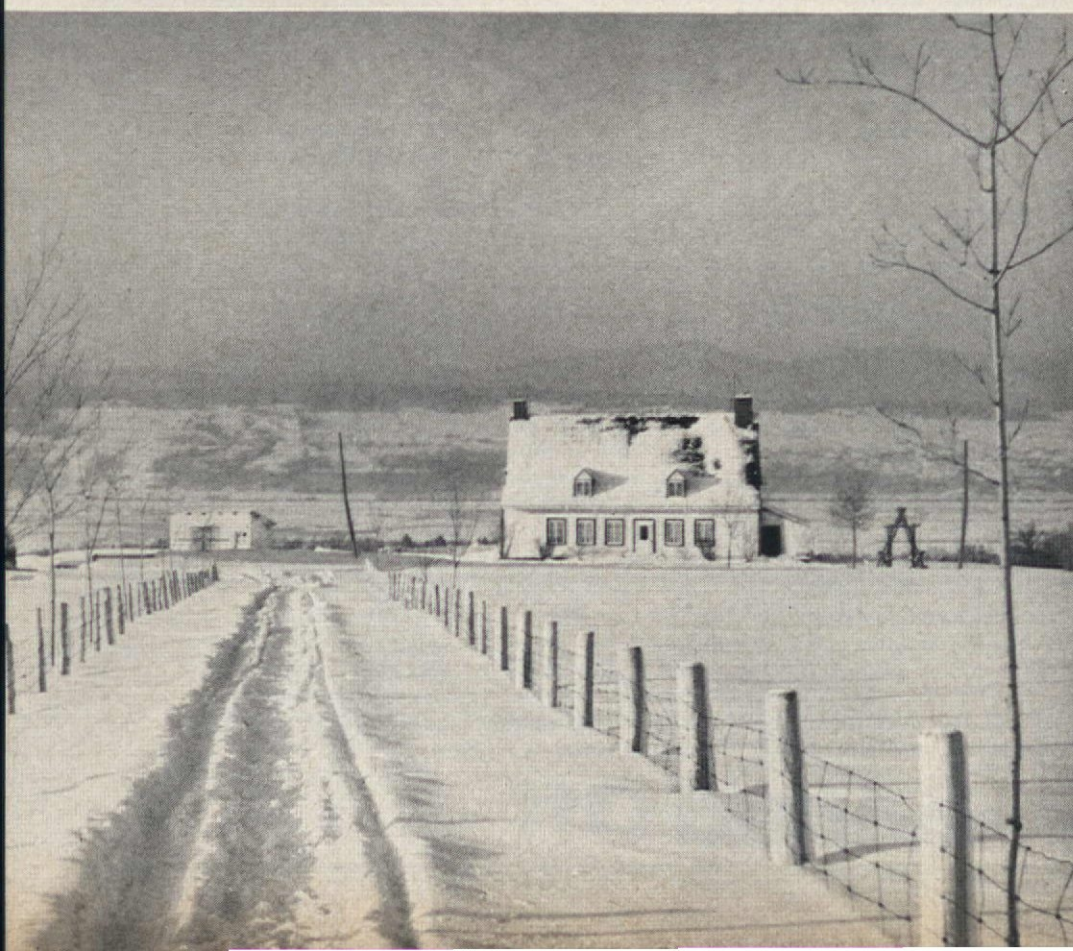
Overnight Amtrak train service, while still not up to the sleek standard of Canadian rail, is improving. It's fun—and romantic. To go from New York to Montreal costs three dollars less than the bus.

Accommodation rates vary widely—as little as \$10 a night for two in a country *pension*, up to princely rates in the luxury lodges. The secret—check the winter special plans. Right now it's often the packages that offer the most—fun, people, experiences and sport—for your money. (continued on page 92)





QUÉBEC!





JAZZ

Jazz is a musical pendulum that swings in or out of fashion as generations come and go. Right now, the swing is in.

It's boon time for the record companies—old recordings are rereleased in expensive albums suitable for holiday giving. And this year the award for musical regurgitation goes to The Modern Jazz Quartet. The one exception to the MJQ ad nauseum is their superb swan song, *The Last Concert* (Atlantic). Everything's there, from the early "On ne sait jamais" to their best version of "The Golden Striker." And because of the concert format, there are subtle and splendid improvisations.

Marching to his own drummer, John Lewis, former MJQ member, has released *P.O.V.* (Point of View) on Columbia. It is masterly. And it has a fresh '70s feeling. A winning cut is "Mijana of My Heart."

Through the years, jazzers tend to have a love-hate thing with Miles Davis, but with *Get Up With It* (Columbia), it's all love. The dedication, "For Duke," tells the story.

If a little of everything is your bag, *Black Giants* (Columbia) is a good mix.

The double album includes everybody from Louis Armstrong to Thelonious Monk. A cut to remember—Monk's "Liza." For the novice on your holiday gift list, consider this for his Introduction to Jazz 101.

For serious jazz guitar buffs, the ultimate gift is *Djangolgie* (Pathé). Dating from 1928 through 1950, the 20-record collection traces the musical history of the legendary gypsy guitarist, Django Reinhardt. Personal favorites include "Si j'aime Suzy" from the first album and the sixth album's "Interpretation Swing du 1^{er} Mouvement du Concerto en Re Mineur de J.S. Bach."

Big-mama-blues fans will love Helen Humes' *The Talk of the Town* (Columbia). Backed by Ellis Larkins' piano, Ms. Humes' music, whether it's in traditional 12-bar blues form, upbeat jazz or even slightly soulful, is good listening. Around since the '30s, Ms. Humes deserves greater fame. Perhaps this album will do it. —K.McL.



CLASSICAL

Classical music is jumping on the nostalgia bandwagon, and with lesser-known composers, opera is out of the rut.

For a classical gift, try the less obvious. Ralph Vaughan Williams' *Sir John in Love* (Angel) is a beautiful version of the familiar Falstaff lark, although the Columbia recording by Leonard Bernstein of Verdi's *Falstaff* might be better.

Massenet's *La Navarraise* (RCA) is little known, but this new one-record recording is delightful.

If you feel generous, try Strauss' *Der Rosenkavalier*—either the von Karajan version with Schwarzkopf and Edelmann (Angel) or the Bernstein with Ludwig, Jones, Berry and Popp (Columbia). If budget's tight, get the single disc of the waltzes.

Britten's *Peter Grimes* (London) is a modern opera that records uncommonly well. For opera-at-a-price, try the *Four Sea Interludes* excerpt from *Grimes*.

Prokofiev's *War and Peace* (Melodya) by the Bolshoi is superb and should be found in any serious music lover's life.

A new recording of Verdi's little-heard *I Masna-*

dieri (Philips) has a score to rival his better-known works.

Among other possibilities, though frowned upon by the record companies, are privately recorded tapes. Perhaps the best source is the New York mail order Good Sound Associates. Some of the best on tape: Strauss' *Salome* with Rysanek, Vickers and Stewart, from the 1974 Orange (France) Festival; Strauss' *Der Rosenkavalier*, or the *Die Frau ohne Schatten*, by the National English Opera, from the 1974 Salzburg Festival.

One of this year's best instrumental releases, *The Heifetz Collection* (RCA), is a six-volume retrospective of works from 1917 to 1955. Each volume can be bought separately.

The obvious Christmas record is Handel's *Messiah*; if you must, get the Richter version (DGG). An even better idea is Liszt's oratorio, *Christus* (Ultraphon). It's an import, but most large stores stock or can order it for you. —Peter Davis Dibble

With a spin of the turntable, American Home revs up for a monthly roundup of the good sounds on record. It's called "Sound Off," and this month it features the best holiday listening—for in the home car, bath or bed. (And there are lots of good tips for record gift-giving.) Peter McCabe, former editor of Rolling Stone, will check out rock and country & western. Peter Davis Dibble, regular contributor on the subject to Women's Wear Daily, will cover the classics and opera. I'll be on the jazz beat. There will be bonuses, too: articles or one-line items on everything from reggae to ragtime.—Keitha McLean

Sound Off



ROCK

Rock is drifting between class acts of the '60s and the slim pickings of the '70s, while waiting for the next blockbuster.

What the '70s needs is a winner—comparatively few of the new, best-selling artists have produced albums of quality. The Eagles are one exception, proven in their latest album, *One Of These Nights* (Asylum). They produce a cool, crisp, calibrated sound with a country bias.

Another exception is the Spinners' album, *Pick Of the Litter* (Atlantic). Otherwise, there's slim pickings. To me, Average White Band seems to be just what its name implies, and while The Captain and Tennille have hit with "Love Will Keep Us Together," their album indicates that they'll turn into a slightly more mature Carpenters. David Bowie's latest albums can hardly be taken seriously; and it is still too early to judge the Bay City Rollers or Bruce Springsteen, in spite of his album, *Born to Run* (Columbia).

Which leaves us with the Doobies; the O'Jays; Earth, Wind and Fire; Melissa Manchester; Barry Manilow and 10cc., all of whom are good, but none of whom merit the term "great." I admit to liking the Doobie Brothers' latest LP, *Stampede* (Warner), but could never call the band heavy. If I had to pick only one album, it would be Melissa Manchester's *Melissa* (Arista).

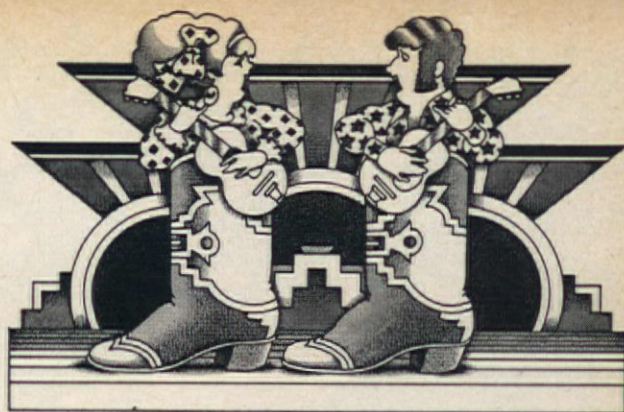
For good rock from the past 12 months, turn to Dylan's *Basement Tapes* (Co-

lumbia), which are a piece of rock 'n' roll history. Linda Ronstadt continues to prove her versatility with her album, *Heart Like A Wheel* (Capitol), and both the Bee Gees and Paul Simon seem to be following new directions successfully.

Venus and Mars (Capitol), the latest offering from Paul McCartney and Wings, is a batch of sweet nothings with only the hit single, "Listen To What The Man Said," as icing. There is likewise little on the Stones' album, *Made In The Shade* (Rolling Stones Records), to compare with past hits.

If anything, 1975 may be remembered as the year of two new sounds, the disco sound and reggae. The disco songs, for the most part, are not to be found on albums that can in any way live up to the quality of the single, so we can dispense with them here. But reggae may be quite another matter altogether.

Two of reggae's biggest practitioners in the U.S., Bob Marley and the Wailers, and Toots and the Maytals, both bands from Jamaica, are still scarcely known. The only recordings available by the Maytals, in fact, are two tracks on the album *The Harder They Come*, but Marley and the Wailers have an album, also on Island Records, called *Natty Dread*. It's far and away the newest and freshest sounding rock around at the moment. —Peter McCabe



COUNTRY

Country music has pulled up its roots, smartened its image and with new sophistication is heading uptown to a new audience.

Country music won a lot of new fans in 1975. After Robert Altman's movie, *Nashville*, country was "in." The super-popular new singers, however, such as John Denver and Olivia Newton-John, are pale imitations of the real thing. They crank out successful commercial singles that sell millions but their albums leave much to be desired.

For a taste of real country, turn to the albums of more mature artists. Try *For the Last Time* (UA) featuring Bob Wills (the father of Western Swing music) and the Texas Playboys or *The Best of Vol. II—Bob Wills* (MCA). Both are extraordinary, though the former has the edge.

In the next rank are many country stars of excellence who have released quality albums in the past 12 months. Dolly Parton followed her highly successful *The Bargain Store* (RCA) with a long overdue *Best Of LP* (RCA). She is probably the finest female country singer/songwriter today.

Among the rhinestone cowboys, Waylon Jennings' new album, *Dreaming My Dreams* (RCA), features fine interpretive material.

Willie Nelson's new record, *Red Headed Stranger* (Columbia), seems to be affording him plenty of recognition beyond his cult following. The Conway Twitty-Loretta Lynn duet album, *Feelin's* (MCA), scores points over Twitty's

latest solo album, *High Priest of Country* (MCA). Charlie Rich's latest effort, *Everytime You Touch Me* (Epic), is too overproduced for me, but I have no quarrel with the voice or songs.

Among newcomers, Freddy Fender's album, *Before The Next Teardrop Falls* (ABC/DOT), is highly recommended. Fender, however, is a newcomer only to the charts. He's been playing country music in bars in San Benito, Tex., since the '50s. David Allan Coe's most recent effort is titled *Once Upon a Rhyme* (Columbia). Gaining prominence fast are two other newcomers—Jessi Colter, Waylon Jennings' wife, whose first album, *I'm Jessi Colter* (Capitol), is a lot better than her single, "I'm Not Lisa," and Mickey Gilley, whose voice will stand up with the best, as shown by his *Mickey's Movin' On* (Playboy Records).

Conspicuous by their absence from this list are Merle Haggard and Johnny Cash, and of course, Tammy Wynette, but none produced their best this year, though some Haggard fans may want to pick up his latest, *Keep Movin' On* (Capitol).

The best album of the year may be the Earl Scruggs Revue's *Anniversary Special, Volume I* (Columbia), a jam among three generations of musicians saluting the man whose name is synonymous with banjo. It's great music. —P.McC.

ALL DOLLED UP

The Victorian lady dressed with style. She maximized her figure, drew attention to her waist. She wrapped herself in yards of luxurious fabrics for a smashing entrance. Nothing was too good for her: velvets, prints, laces, bows. Bring her back to life—well, almost—with kits designed by Mark Farmer. Each contains china parts, patterns for dress and muslin body, plus full instructions. Just choose the height—10 or 14 inches. To order kits, see coupon on page 84

Cotton prints from Liberty of London



PHOTOGRAPHY BY ANDRÉ GILLARDIN



PHOTOGRAPHY BY DAVID SPINDEL



BY MARCIA COHEN . . . *Where is it written that woman is Producer, Director and Stage Manager in charge of Props for the entire Christmas extravaganza? . . . Where is it inscribed that, to complete the scene, she must look fresh, be charming and act enthusiastic on the holiday night (when she really feels like sinking into bed in a deep swoon)?*

HAVE YOURSELF A MERRY CHRISTMAS

A one-night stand as Super-Mom or Ms. Wonder Woman may be everyone else's idea of brotherly love, but how about simplifying things so that you can actually *enjoy Christmas* for a change?

The scene is Christmas Day. The house is on Elm Street, U.S.A., a vision out of a Kraft Music Hall Special. The tree glistens, the fire snaps, the packages glow with varied creative dazzle, and the table groans. Dad, all grins and good cheer, has an affectionate arm draped across the well-tailored shoulder of his Department Manager, who is reluctantly paying that once-a-year visit. Sis is ego-tripping in her brand-new patent leather platforms. Junior is stuffing homemade pfeffernuss (Grand-

little

ma's recipe) with one hand and working out a periddiddle on his new cymbals with the other. Mummy is smiling beatifically.

You *could* call it that. However, if people were to look at Mummy carefully (which no one does, of course), they might notice a slight glaze to the eyes, a minuscule twitch at the corners of the mouth. And giving it further thought, they might assume that Mummy's trembling smile was the result of an extra sampling of the season's de rigueur drink—Pamplemousse Punch, perhaps.

Not true. Mummy is dead sober—and dead tired. In fact, anyone who was up until 2:30 the night before, balancing 109 walnuts into an exquisite, ceiling-high, holly-swathed florist's dream of a topiary centerpiece would smile like that . . . even if she hadn't spent the hours from 10 to 12 noon picking angel hair out of the loop carpet or worrying about the Chateaubriand roasting in the oven (later to be served, of course, with this season's sauce, Perigordine, perhaps) or fretting over the ingredients for The Perfect Christmas Fig Pudding.

In spite of the hard sell in the media, Mummy is NOT the Mummy of a generation ago. Unlike Grandma, whose interests and activities were centered almost entirely in the home, Mummy is vitally involved with life around her: her job, for instance . . . or her work in the community.

And while Dad and the kids have adjusted to today's Mum with joy and pride during the year, let Christmas roll around and they suffer a full-scale

relapse. Mummy may be running the surgical ward at City Hospital, but they still expect her to do it all.

If you stop and think about it, though, Mummy-doing-it-all is not really Christmas, which is supposed to be about sharing. If, in fact, all the shopping, all the marketing, all the cooking, wrapping and decorating is done by one person, the joy of participation is entirely dissipated. It's no wonder the kids play with their toys for one frantic hour and then start whining about going to the movies "or something."

Of course, we all find it hard to resist the expectations of our families, but sometimes those expectations are nothing more than a media snow job.

And if one of them is Christmas out of Cecil B. DeMille, executed entirely by the woman of the house, it's *time* to resist.

For starters, how about applying to Christmas some of that organizational talent which is so appreciated at the office? (Would anyone in *your* firm consider assigning a major project to just one person who would then be responsible for ideas and execution of all details?)

Call a pre-Christmas conference. (One woman I know who has tried this says it makes the kids feel terrifically grown up and passionately determined to prove their abilities.)

Explain, like the high-powered executive you are, your goals . . . in essence, to simplify Christmas so that *you* can enjoy it with the family. (You may be floored by the sympathy you get.)

Ask your family some probing questions, such as: What is the most important part of Christmas for them, and what do they remember best?

It's a good bet there are some surprises in store here. That rich pudding you spent three days coaxing out of the muddy river stage? It turns out Junior thought it was "Yucky," and Sis is sure it gave her zits. On the other hand, those bowls of apples and cheese and gumdrops, which you tossed around the living room Christmas morning . . . boy, *all* the kids thought that was great!

"I really like milk punch," says Dad in a tone reminiscent of the neglected king in A.A. Milne's poem ("I only want a little bit of butter for my bread!"). In other words, he can get through the holidays without the Pamplemousse.

And remember the time the tree was all blue and

green? It may have been memorable for you, but no one else holds it dear . . . or recalls another "unforgettable" occasion when you used up all the gold and red balls creating a "fantasy fairyland arbor" over all the doorways in the house.

And so, lo and behold, you are down to essentials . . . those aspects of Christmas that truly mean the most to all of you.

The next step is easy. Identify and allocate duties. As executive in charge, *you* get to choose. If, for example, you really adore cooking and are terribly proud of your Christmas goose, take cooking for your major task. Then assign all the others, keeping in mind that the cooking need not be elaborate. Your "personnel" may have a few difficulties with their tasks, and you will undoubtedly be called upon to lend an expert hand.

One woman I know assigned package wrapping to her eight-year-old. After several calls to retrieve the tape that got stuck to the bottom of the card table . . . and the kid who was stuck to the tape, she invested in a heavy metal tape holder. Problem solved.

This particular organizational whiz, by the way, always directs a bi-color show. Two shades of wrapping paper, ribbon, tree and house decorations. Those jobs are *all* assigned and, as she figures it, the limitation provides challenge to imaginations while maintaining a highly coordinated effect. (No, it's not a bit dull. Enough arrives from other sources . . . Grandma's doily-wrapped gifts, etc., to create plenty of accents.)

Compulsive as it may seem, writing out directions is not a bad idea. If Dad is to buy the tree, it's just as well that he can pull a little slip of paper out of his pocket which says: "Blue spruce, five feet, fat" instead of lugging in a hemlock, eight feet, narrow, that requires putting a substantial—and not very attractive—hole in the ceiling.

In other words, *plan it out*. For fun. You won't, when the big day rolls around, have a Hollywood Spectacular complete with revolving palms, tropical birds and a very bad back, but you may have an honest-to-gosh, ear-to-ear grin as bright as your two-toned Christmas tree. □

Marcia Cohen, who lives in New York, is a frequent contributor to the New York Times Magazine section and Ladies' Home Journal.

FOR CHILDREN ONLY:
PUFFY PANCAKES

Brunch is ready! Here we come!



1

Heat oven to 400°. Lay 12 strips of bacon across broiler pan or wire rack fitted inside pan (1). Bake 12 to 15 minutes or until crisp. Make pancakes: Into large bowl crack 4 large eggs (2).

2



3

With electric mixer on high speed, beat eggs until fluffy and pale yellow in color (3). Measure 1½ cups of milk. Reduce mixer speed to low. Beat milk into eggs (4).

4



5

Measure 1½ cups all-purpose flour; do not sift. Slowly beat flour into egg mixture (5); add ½ teaspoon salt. Grease insides of two 9-inch pie plates with 1 tablespoon butter each (6).

6





7 Pour batter into both plates (7). Now remove pouches from 2 packages (10 ounces each) of quick-thaw frozen strawberries; thaw in bowl of hot water. Turn oven to 500°. Remove bacon (8).



9 Put pancakes into oven (9). Bake 5 minutes. Turn oven down to 450° and bake 10 minutes more or until edges are puffy and golden brown. Make syrup: Empty berries into pan (10).



11 Add ½ cup light corn syrup (11). Add 1 tablespoon cornstarch and 2 teaspoons grated lemon peel (12). Cook over medium heat, stirring, until it boils. Turn off heat; let syrup cool.



13 Take puffy pancakes out of oven (13). Loosen from plate with pancake turner. Slide one out onto serving plate. Slide the second pancake out on top of the first (14).



15 Pour syrup into a pitcher (15). Place food on a tray, along with napkins, plates and forks (16). Now you can say, "Brunch is ready." It will serve 4.





PHOTOGRAPHY BY ANDRÉ GILLARDIN



Take the
MIDNIGHT SPECIAL

MENU

Simple Soup*
Country-Style Pâté
en Terrine*
Mixed Green Salad
Brie and Jarslsberg
Assorted Breads
Meringue à l'Orange*

Story and starred recipes follow.

Take the MIDNIGHT SPECIAL

Make midnight special—at home. Invite 12 for supper at 12:00. It's deliciously bewitching. And it's just the light touch after a leisurely night—whether in or out. Here, American Home's easy-to-serve, make-ahead buffet, starting off with a warm-up soup, winding up with some drama and a super-sweet treat.

SIMPLE SOUP: MUG OF MUSHROOM BROTH WITH SCALLION SWIZZLE

12 small green onions or scallions
3 quarts water (12 cups)
12 chicken bouillon cubes
½ pound fresh mushrooms, sliced

1. Cut away onion roots and all but 6 inches of tops. Wash well. With sharp knife cut green tip of each onion into thin lengthwise slices or shreds. Put green ends into iced water to crisp and curl.

2. In large saucepan boil water and bouillon cubes. Or use 3 quarts homemade chicken broth. Add mushrooms. Season to taste with salt and pepper, if desired. If making ahead, chill.

3. Before serving, reheat if chilled; ladle into tall mugs. Put scallion swizzle in each. This makes about 12 servings.

COUNTRY-STYLE PÂTÉ EN TERRINE

1 large whole chicken breast,
about 1 pound
1 pound chicken livers
½ cup dry sherry
¼ teaspoon pepper
3 rolls (1 pound each) pork
sausage meat
½ cup finely chopped onion
1 clove of garlic,
minced
2 large eggs
2 teaspoons salt
½ cup roasted, shelled hazelnuts
or filberts
1 bay leaf

1. Bone and skin chicken. Cut chicken lengthwise into ½-inch strips. Cut half of livers into strips. Put strips in small bowl. Add sherry and pepper. Chill 1 hour. Finely

chop remaining livers; put in large bowl.

2. Line a 2-quart terrine or 9x5x3-inch loaf pan with strips of aluminum foil cut to fit bottom and sides. Drain marinade from chicken-liver strips into bowl of chopped livers. Pat strips dry with paper towels.

3. Add sausage, onion, garlic, eggs, salt to chopped livers. Toss with fork until well mixed. Spoon a third of meat mixture into terrine or pan, pressing into even layer.

4. Put half of chicken and liver strips in alternating lengthwise rows over meat layer. Sprinkle with half the nuts. Repeat layers of meat, strips and nuts, ending with meat layer. Put bay leaf on top. Cover with aluminum foil. With terrine, place lid over foil cover.

5. Heat oven to 400°. Set terrine or pan in large roasting pan. Pour enough boiling water into pan so level is a third of the way up sides of terrine. Bake 2 hours or until juices are yellow and pâté shrinks from sides of dish.

6. Remove dish carefully from water bath. Pour off all juices from pâté. Discard bay leaf. Re-cover with foil. Place flat plate or block that will fit inside of terrine or pan. Put heavy cans on top to weight down the plate and pâté. Cool to room temperature. Refrigerate pâté with weight until cold.

7. Before serving, run metal spatula or knife around edge of terrine. Dip terrine into very hot water to loosen bottom. Place inverted plate over pâté. Turn plate right side up with terrine; lift off terrine to unmold. Discard foil. Scrape off scum, jellied juices from surfaces. Garnish with watercress and radishes, if desired. Makes about 12 servings.

MERINGUE À L'ORANGE

6 large egg whites, at room temperature
½ teaspoon salt
½ teaspoon cream of tartar
1½ cups superfine sugar
1 teaspoon orange extract or vanilla
3 navel oranges
½ cup sugar
2 tablespoons cornstarch
½ cup water
1½ cups orange juice
¼ cup lemon juice
2 tablespoons butter or margarine
½ gallon orange sherbet

1. Beat egg whites, ¼ teaspoon salt and cream of tartar with mixer at high speed until foamy. Beat in superfine sugar, 2 tablespoons at a time. Add extract. Continue to beat until whites form stiff, glossy peaks. Grease, flour 2 large baking sheets.

2. Heat oven to 275°. Draw 10-inch circle on each sheet for guide. Spread half of meringue in each circle with back of spoon, building up edges to form shell. Bake 55 minutes or until crisp. Cool; store in airtight container until needed.

3. With vegetable peeler, remove peel of 1 orange; cut into thin strips. Boil strips in water, 2 minutes. Drain. With knife, peel and section all oranges.

4. In saucepan, mix ½ cup sugar, cornstarch and ¼ teaspoon salt. Stir in water. Cook until very thick, stirring constantly. Take off heat; stir in juices, peel strips and butter or margarine. Fold in orange segments. Cool to room temperature. If made ahead, chill but return to room temperature.

5. To serve, fill shells with sherbet. Top with sauce. Makes 2 shells, 6 to 8 servings each.

An American Home Special Feature

**SENSE-ATIONAL
INTERNATIONAL
HOLIDAY**



BREADS

Holiday bread—the sweet, yeast coffee-or-dessert kind—is a sense-ational experience that can't be bought. There's the elastic texture of dough that's spiced, fruited or nutted. There's the decorative glaze. And when it's

baking, the aroma warms the heart and home. Then satisfaction in the sharing—loaf by loaf, slice by slice, bite by bite. It's worth the effort. Here, Italian Panettone. More traditional holiday breads and recipes follow.

Italian Panettone



German Fruit Stollen



Hungarian Poppy Seed Roll



Danish Christmas Twist



Italian Panettone

- | | |
|---------------------------|------------------------------------|
| 3 pkgs active dry yeast | 2-2½ C unsifted all-purpose flour |
| 2 tsp sugar | ½ C butter or margarine, softened |
| ⅓ C warm water (110°) | ⅓ C diced candied citron |
| 6 large egg yolks | ¼ C golden raisins |
| 1 tsp vanilla | ¼ C dark raisins |
| 1 tsp grated lemon peel | 2 tbsp butter or margarine, melted |
| 1 tsp anise seed, crushed | |
| ½ tsp salt | |

Dissolve yeast and sugar in warm water. Cover. Let stand 3-5 minutes or until doubled in volume. In large bowl with electric mixer at medium speed, combine egg yolks, vanilla, lemon peel, anise, salt and yeast mixture. Gradually beat in 1½ cups flour and softened butter or margarine. With wooden spoon beat in ½ cup more flour. Turn onto floured board. Knead 8-10 minutes, kneading in enough of extra ½ cup flour to make dough soft but not sticky. Shape into ball. Put into greased bowl; turn greased side up. Cover. Let rise in warm (85°) place 30-45 minutes or until doubled in bulk. Punch dough down. Knead in citron and raisins. Shape into ball; cut shallow cross on top of dough. Place in 6-inch (1½-quart) straight-sided baking dish; cover. Let rise 30-45 minutes or until doubled in bulk. Heat oven to 400°. Brush bread with melted butter; bake 10 minutes. Reduce heat to 350°. Brush bread again; bake 15 minutes. Brush third time; bake 15-25 minutes more or until top is crisp and golden. Remove bread from dish to wire rack. Cool. Makes 1 loaf.

German Fruit Stollen

- | | |
|---|--|
| ½ C dark raisins | 1 tsp plus ¾ C sugar |
| ½ C dried currants | ¼ C warm water (110°) |
| ½ C each diced candied lemon and orange peels | 2 tbsp plus 5-6 C unsifted all-purpose flour |
| ½ C halved candied red cherries | 1 C butter or margarine |
| ¼ C diced candied angelica | 1 C milk |
| ½ C dark rum | ½ tsp salt |
| 2 pkgs active dry yeast | 2 large eggs, beaten |
| | ½ tsp almond extract |
| | ½ tsp grated lemon peel |
| | Confectioners' sugar |

Soak fruits in rum, covered, for 1 hour. Dissolve yeast and 1 teaspoon sugar in warm water; cover; let stand 5 minutes or till doubled in volume. Drain fruit (reserve rum); pat dry. Toss with 2 tablespoons flour; reserve. Melt butter or margarine, reserving ¼ cup in bowl; add milk; heat until warm (110°). In large bowl stir yeast and milk mixtures, rum, ½ cup sugar, salt, eggs, almond extract and lemon peel. Stir in 5 cups flour. On floured board, knead 8-10 minutes, adding enough of extra 1 cup flour to make dough smooth and elastic. Knead in reserved fruit, ⅓ cup at a time. Put in greased bowl; turn greased side up; cover. Let rise in warm (85°) place 1½-2 hours or until doubled in bulk. Punch dough down. Divide in half; let rest 10 minutes. Roll each half to 12x8-inch oval; brush with reserved butter; sprinkle with sugar. Fold long sides to center, overlapping 1 inch; press gently. Taper ends and mound center. Put on greased baking sheets; brush with butter. Cover; let rise 1 hour. Bake at 375° for 40 minutes. Cool on racks; dust with sugar. Makes 2 loaves.

Hungarian Poppy Seed Roll

- | | |
|---|--|
| 1 C poppy seeds | 1 lb (2 C) butter or margarine, softened |
| 1½ C plus 2 tsp sugar | ½ tsp salt |
| ½ C dark raisins | 5-6 C unsifted all-purpose flour |
| 2 tsp grated lemon peel | 1 egg, beaten |
| ½ C cold milk | |
| 1 pkg active dry yeast | |
| 1½ C milk, scalded then cooled to warm (110°) | |

In double boiler combine poppy seeds, 1 cup sugar, raisins, 1 teaspoon lemon peel and cold milk. Cook, stirring occasionally, over boiling water 30 minutes. Cool small amount. If it thickens, take mixture off heat; cool to room temperature. If not thick, cook until a test amount thickens. Dissolve yeast and 2 teaspoons sugar in warm milk; cover; let stand until bubbly. In large bowl combine butter or margarine, ½ cup sugar, salt and remaining lemon peel. Alternately add yeast mixture and 5 cups flour, beating after each addition. Turn onto floured board. Knead 8-10 minutes, kneading in enough of extra 1 cup flour to make dough soft, not sticky. Shape into ball. Put into greased bowl; turn greased side up. Cover. Let rise in warm (85°) place 1½-2 hours or until doubled in bulk. Punch dough down. Divide in half. Knead each half lightly and roll to 13x15-inch rectangle; spread each with poppy seed filling. Roll up from long side; seal ends. Place on lightly greased baking sheet; brush with beaten egg. Cover. Let rise 30-45 minutes or until doubled in bulk. Brush again with egg; slash tops diagonally. Bake at 350° for 45 minutes or until golden brown. Makes 2 loaves.

Danish Christmas Twist

- | | |
|---|---------------------------------|
| 1 C plus 3 tbsp butter or margarine, softened | ¾ C sifted confectioners' sugar |
| ⅓ C plus 3½-4 C sifted all-purpose flour | ¼ C chopped blanched almonds |
| 1 pkg active dry yeast | ¼ C dark raisins |
| ⅓ C warm water (110°) | 1 egg yolk |
| ⅔ C warm milk (110°) | 2 tsp water |
| 1 large egg | Slivered blanched almonds |
| ¼ C sugar | Sugar |
| ½ tsp salt | |

Cream 1 cup butter or margarine and ⅓ cup flour. Shape into 6x12-inch rectangle on wax paper. Chill. In large bowl dissolve yeast in warm water. Add milk, egg, sugar, salt and 3½ cups flour; stir to make a soft dough. Turn onto floured board. Knead 8-10 minutes, kneading in enough of extra ½ cup flour to make dough soft, not sticky. Roll to 15-inch square. Place chilled butter or margarine lengthwise on half of dough, 1½ inches from edge. Fold dough over; press edges to seal. *Turn long side toward you. Fold left and right thirds over center to make 3 layers. Roll to 7½x15-inch rectangle. Fold and roll 2 more times. Chill ½ hour. Repeat from * three times. Roll to a 13x20-inch rectangle. Cut in half lengthwise. Blend 3 tablespoons butter or margarine and confectioners' sugar; spread half of mixture on each dough strip; sprinkle with nuts and raisins. Roll up each from long side; press edges to seal. Twist into coils on greased baking sheets. Blend egg yolk and water; brush coils. Cover. Let rise in warm (85°) place about 40 minutes or till doubled in bulk. Bake at 375° for 15 minutes. Sprinkle with almonds; brush again with egg mix; dust with sugar. Cool on wire racks. Makes 2 twists.

Greek Christopsomo



Mexican King's Bread



Greek Christopsomo

- | | |
|--|--|
| 6 dried figs | $\frac{3}{4}$ C coarsely chopped walnuts |
| 2 pkgs active dry yeast | $\frac{1}{2}$ C golden raisins |
| 1 tsp plus $\frac{3}{4}$ C sugar | 2 tbsp honey |
| 1 C warm water (110°) | 2 tbsp orange juice |
| $\frac{1}{2}$ C butter or margarine | $\frac{1}{4}$ C sliced blanched almonds |
| 1 C milk | |
| 1 tsp salt | |
| 3 large eggs, beaten | |
| 7– $7\frac{1}{2}$ C unsifted all-purpose flour | |

Stem and cut each fig into 8 pieces; cover with water and chill overnight. In small bowl dissolve yeast and 1 teaspoon sugar in warm water. Cover. Let stand until doubled in volume. In saucepan melt butter or margarine over low heat; add milk; heat until warm (110°). In large bowl combine yeast and milk mixtures with $\frac{3}{4}$ cup sugar, salt and eggs. Stir in 7 cups flour. Turn onto floured board. Knead 8–10 minutes, kneading in enough of extra $\frac{1}{2}$ cup flour to make dough soft, not sticky. Shape into ball. Put in greased bowl; turn greased side up. Cover. Let rise in warm (85°) place $1\frac{1}{2}$ –2 hours or until doubled in bulk. Punch dough down. Drain and towel-dry figs. Knead figs, walnuts and raisins into dough. Divide in half; shape into round loaves and place in 2 greased 9-inch round pans. Cover. Let rise 1– $1\frac{1}{2}$ hours or until doubled in bulk. Heat oven to 350°. Bake 20 minutes. Reduce heat to 325°; bake 25 minutes more. Combine honey and orange juice; brush over loaves. Sprinkle with almonds; brush again. Bake 10 minutes more. Remove to wire racks; cool. Store in airtight containers 24 hours before serving. Makes 2 loaves.

Mexican King's Bread

- | | |
|----------------------------------|---|
| 2 pkgs active dry yeast | $\frac{1}{4}$ C chopped candied red cherries plus 10 halves |
| $\frac{1}{4}$ C nonfat dry milk | 1 tbsp each grated orange and lemon peels |
| 1 C warm water (110°) | 2 C sifted confectioners' sugar |
| 5–6 C unsifted all-purpose flour | 3 tbsp milk |
| $\frac{1}{2}$ C sugar | $\frac{1}{2}$ tsp vanilla |
| 1 tsp salt | Sliced blanched almonds |
| 1 C butter or margarine | |
| 3 large eggs | |
| $\frac{1}{2}$ C dark raisins | |
| $\frac{1}{2}$ C chopped walnuts | |

In large bowl sprinkle yeast and dry milk over warm water. Stir to dissolve. On medium speed of electric mixer, beat in $1\frac{1}{4}$ cups flour; beat 3 minutes. Cover; let stand 30 minutes. In small bowl, cream sugar, salt and softened butter or margarine. Beat in eggs, 1 at a time; add to yeast. Using wooden spoon beat in $3\frac{3}{4}$ cups more flour. Turn onto floured board. Knead 8–10 minutes, kneading in enough of extra 1 cup flour to make dough smooth and elastic. Shape into ring. Put into greased bowl; turn greased side up. Cover. Let rise in warm (85°) place $1\frac{1}{2}$ –2 hours or until doubled in bulk. Combine raisins, walnuts, chopped cherries, orange and lemon peels. Punch dough down. Knead in fruit and nuts, $\frac{1}{3}$ cup at a time. Divide dough in half; let rest 10 minutes. Roll one half into 25-inch strip. Shape into ring on greased baking sheet. Repeat with other half. Cover. Let rise 30–45 minutes or until doubled in bulk. Heat oven to 400°. Bake 25–30 minutes. Cool on wire racks. In small bowl combine confectioners' sugar, milk and vanilla. Mix thoroughly. Spread icing over bread rings. Decorate with cherries and almonds. Makes 2 loaves.

Bake a gift of Kifles!



Kifles are festive crescent cookies, with a wonderfully delicate pecan-meringue filling. You bake them from scratch with Fleischmann's Yeast. And when you're done, you've created your own delicious Christmas presents!

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Baking from scratch is always a rewarding experience. And at holiday times, it becomes a very personal (and economical) way to do something special for family and friends. Whether it's kifles, coffee cakes or croissants, what could be more satisfying than baking someone happy with Fleischmann's Yeast?

KIFLE — Makes 3 dozen cookies

Combine $\frac{1}{2}$ cup dairy sour cream and 1 tablespoon boiling water; mix well. Stir in 1 package Fleischmann's Active Dry Yeast. Let stand 3 minutes. Stir until yeast is completely dissolved; set aside.

Place $\frac{1}{2}$ cup softened margarine and $\frac{1}{2}$ cup flour in small bowl. Add sour cream mixture and beat 1 minute at low speed. Add 2 egg yolks and $\frac{1}{4}$ cup flour; beat at medium speed 1 minute. Stir in enough additional flour (about 1 to $1\frac{1}{2}$ cups) to make a soft dough. Turn onto floured board; knead 8 to 10 minutes. Divide into 3 pieces. Wrap in wax paper. Chill 2 hours or up to 5 days.

When ready to shape, combine 1 cup finely chopped walnuts, $\frac{1}{2}$ cup sugar and 1 teaspoon vanilla extract. Fold in 2 stiffly beaten egg whites.

On a board dusted with confectioners' sugar, roll each piece of dough into a 10-inch circle; cut each into 12 wedges. Top wide edges with 1 teaspoon filling. Roll from wide ends. Place on greased baking sheets, with points underneath.

Bake at 375°F. about 20 minutes, or until golden brown. Cool on wire racks. Frost with confectioners' sugar frosting.

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For more yeast cookie ideas, send a stamped, self-addressed envelope to: Fleischmann's Yeast, Standard Brands Inc., 625 Madison Avenue, New York, N.Y. 10022.



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when you go away. Minimize and carefully locate flammable ornaments.

Many people prefer live trees or what are known as "balled-and-bagged" trees that can be replanted outdoors, after the holidays. And an additional and rapidly growing area of the real tree business is "choose-and-cut"—customers going directly to nurseries or plantations. However, most tree plantations are remote from urban areas.

Artificial trees have stirred up the Christmas business for many reasons. Their popularity and sales have doubled in the last five years—close to six million in 1974. They were considered convenient and economical, presenting little fire hazard, and boasted long life as well as longer season life. They were also touted originally for certain ecological benefits, such as saving a real tree. "The truth is," says Don Warning, vice-president of American Tree & Wreath, the nation's largest artificial tree wholesaler, "when customers buy an artificial tree, they aren't saving a live one. Real trees are grown and harvested like corn or potatoes."

Artificial trees provide the plus of convenience: They can be kept, year after year, in one carton and are easy to assemble. The original "stick-ins" took about 45 minutes—you had to place each branch into the trunk. But customers soon demanded faster assembly; the newest varieties come in sections said to require only five minutes to put together (American Tree & Wreath's "Mountain Kings").

Safety remains a strong factor; the promise of reduced fire hazard still exists. And longevity is true, too, with warranties generally valid for five years. The big variable today is economic. "Our top seller used to be a 6½-foot stick-in tree for \$20 retail," says Don Warning. "Now we go up to \$119." Although the lower-priced varieties are still produced, they aren't necessarily favored. Customers are also demanding more beauty, more density. And that's expensive.

People are realizing the old theory that you get what you pay for, and many are paying \$50 to \$70 for an artificial tree with a heavier density and more realistic look. Quality is the key here. Even at higher prices, artificial trees continue their popularity, in competition with real ones—which now average \$1 to \$2 per foot. Both types of trees appear to have clear-cut, independent markets at this time.

Real or not, the overall U.S. favorite is still the Scotch pine. The Balsam-like fir seems to be one of the more realistic of the fakes. On the real side: the Balsam fir is the East Coast's native favorite; the West Coast's native choice is the Douglas-fir.

—Ki Hackney

According to the Father of Our Country, this is how George Washington really looked.

A singular opportunity for you to own a numbered, limited edition, cold-cast bronze casting from America's most valuable and most historically significant sculpture.

George Washington pronounced it "a verisimilitude", a truthful likeness. Lafayette exclaimed "That is the man himself!" Thousands of observers experience a feeling of Washington's presence upon seeing the statue at the State Capitol in Richmond, Virginia.

Its perfect likeness is documented by facts and opinions as complete as human testimony can furnish.

Perhaps the greatest tribute of all came from Gilbert Stuart, whose portrait of an older, careworn President adorns our dollar bill. Seldom given to praise of contemporary artists, Stuart conceded that the French sculptor Jean Antoine Houdon had done a better job of capturing Washington's likeness than he had. Experts regard it as *the most valuable piece of sculpture in America.*

Strictly Limited Edition

The U.S. Bicentennial Society, a private non-governmental organization, has commissioned castings of Houdon's bust of George Washington. Each one is individually cast by hand in cold-cast bronze in exact half-life size. Each bust will be registered and numbered. This limited edition will be closed at the end of 1976; then the moulds will be destroyed.

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Roles of Thomas Jefferson and Benjamin Franklin

After the Virginia Legislature commissioned the statue in 1784, Thomas Jefferson and Benjamin Franklin, then in Paris, selected the sculptor.

Houdon was the logical choice. Jefferson described him as "the first statuary in the world."

Artist's Dedication Equaled Washington's

Houdon demonstrated the dedicated spirit of the true artist—particularly one "who should hand down the figure of the General to future ages." He refused to create the statue from a painting sent to him for the purpose.

He abandoned his work on a statue of Louis XV of France and shelved a



commission from Catherine the Great, Empress of Russia. Then despite the perilous journey on the little ships of the era and despite unfamiliarity with English, he traveled with Benjamin Franklin to America to immerse himself in his subject.

Life Mask Created

The sculptor stayed in Mount Vernon for two weeks, seeking the proper pose of the General. Then to permit the capture of subtle details, Washington submitted to having a life mask taken by Houdon.

Twelve years later when the statue was delivered to Virginia, it received universal acclaim. The public's and the experts' appreciation is undimmed to this day.

Moulds from the Original

Each bust for this limited edition is individually cast by hand in cold-cast bronze from the casting pattern owned by The Gorham Company of

Providence, Rhode Island. In 1931 Gorham cast the half-life size bust using the pattern made in 1909 from moulds taken directly from the original statue in Virginia. You will find Gorham's identifying "Q" number on the sculpture; your guarantee that the authentic Gorham casting pattern was used for the moulds in casting the bust. When the limited edition is completed, these moulds will be destroyed and will never be used again.

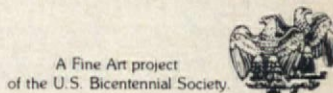
The bust is 10½" high and weighs 11 pounds. A notarized Certificate of Authenticity and ownership, which registers the bust by number in your name and attests to the destruction of the moulds, will accompany your bust.

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Thomas Jefferson wrote, "a statue is not made, like a mountain, to be seen at a great distance. To perceive those minute characteristics which constitute its beauty you must be near it." The Houdon Washington bust gives you (and your heirs) that opportunity.

The price: \$250, plus \$9.85 for shipping, handling and insurance. To order, fill in the reservation form below and mail it. After the edition closes, acquisition will be possible only from original purchasers at a price they demand.

Registry numbers will be assigned according to the sequence that reservations are received. You reserve the right to return the bust at anytime within a month after receipt and receive a full refund of your payment (including your return shipping costs).



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Reservations are limited to those postmarked before the end of 1976. Registration numbers will be assigned according to the sequence that reservations are received.

(New York State residents add applicable sales tax) Please allow 4-6 weeks for delivery.

TOOLS FOR LIVING

POSTER GARDEN

These two-by-three-foot plant prints have beautiful colors faithfully reproduced by the New York Botanical Gardens people, who found the pictures in one of their old books. One is from the gourd family (A-1), another is a lavender (A-3), and, lastly, the giant sunflower in striking colors (A-4). Each poster is \$5.00 postpaid.



De Historia Stirpium, Basle, 1542

(A-1)

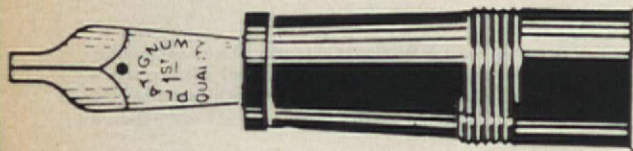


(A-3)



(A-4)

Well, I don't know that I'll ever be a genius or sumptin' like that but, the Prof sez he don't mind readin my ritin' as bad as he uz ta, now that I got this here Platignum Italic Pen set.



The Platinum fountain pen is a very fine writing instrument that will please anyone who sets pen to paper. It comes with five interchangeable nibs to produce extra-fine to extra-full script, all in exceptionally smooth flow. Also included is a twenty-page instruction booklet. One might begin with italic script, then experiment with some older forms, perhaps Carolingian or Merovingian. At \$5 plus 50 cents for postage and handling, we think the set is a bargain. (A-6)



HOW IT STACKS UP

The Museum of Modern Art uses this china in their cafeteria, no doubt for aesthetic as well as practical reasons. It is stackable, durable, and solid. The sound of the china when stacked is very subdued, and it is very hard to chip, even when handled carelessly. The amount of cabinet space you will need to store this china is negligible. The cups with small handles, for instance, stack right into each other so that only the handles and the rims show.

We like the china best in pure white because you can combine it with pieces in other colors, and it doesn't clash with the food. Made by the Thomas division of Rosenthal, a five-piece setting consisting of dinner, salad, bread-and-butter plates, cup and saucer sells for \$16.00 (postpaid). (A-5)



PHYSICS FOR THE BOOKISH

Have you ever wondered why bookends never work? There's a hint in the fact they are called bookends rather than bookholders. Even if you find a pair heavy enough to resist the weight of a number of books, what happens when you remove a couple from the center? Right. The domino theory in action. Well, we've come across a solution that's based more on the enclave theory—and it works. It's called Bookworm and is made by Pentalic Corp. A spring steel coil on one end pulls the books firmly against the flat endpiece. Take out a book or two and the coil rolls up smoothly, keeping the others just as securely in place as before. Simple.

The basic model costs \$6.95 and is all steel enameled in red, blue, black, or white. Fancier models—with teak endpieces, for example—really don't look as nice and cost a lot more. Bookworm is available in some stationery and department stores, or by mail through us. (A-7)

A service of Harper's Magazine Co. Items shown here may be ordered following instructions under "How to Order." Tools for Living appears every month in Harper's Magazine. For further information see "The Best Tool".



SEEING THROUGH TO THE TEA

Tea can soothe the nerves, quiet an upset stomach, cleanse your skin, even dye your ribbons. Its aroma is very subtle; not until you take your first sip can you really appreciate the special fragrance of the Darjeeling, orange pekoe, oolong, or tisane. And the full flavor of the tea can't be brought out unless the water is boiling furiously and the tea can steep properly.

The Museum of Modern Art liked this teapot's appearance so much that it's been placed in the design collection there. The teapot, made out of strong, thin, glass, is pure joy in its shape and simplicity. Tea leaves go into a glass cylinder with slits in the bottom. When the hot water is poured through the leaves and into the pot, a brown cloud spreads slowly through the water until it reaches a consistent color and you know the tea is ready to drink. The problem with most pots is that the leaves stay in, making the second cup too strong. With this pot, you stop the brewing instantly by simply removing the cylinder.

You can get the Jenaer Glas teapot from us for \$25. (A-8)

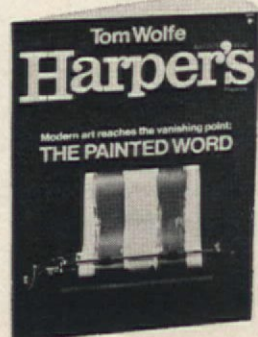
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Harper's Weekly is a national conversation, a town meeting in print where more than 125,000 of your fellow countrymen exchange fresh ideas and information—a communication that has real value for the way you live.

And best of all, you can find out for yourself during the next eight weeks for only ONE DOLLAR (A-10)

POCKET PACKING

A rucksack that becomes a pocket you can hang from your belt? We hadn't seen anything like that since the Vacuum Cleaner-Nosed Sucker from the *Yellow Submarine* sucked himself into oblivion. But David Rosenduft, a mountain-climbing reader from Brooklyn, New



York, told us about it.

"I was climbing near Jackson Hole, Wyoming, and I needed something to carry my photography equipment in when I discovered the pocket pack. This looks like a small zippered tobacco pouch with belt loops, but a full-size nylon backpack with adjustable straps unfolds from it like a butterfly emerging from its chrysalis.

"You can put a great deal of stuff into this pack. I use it to carry all my cameras, lenses, and film, and I also regularly fill the pack with reference and textbooks to read while I'm commuting to classes. The best feature of this pocket pack is that it can be worn all folded up on your belt until you need it and then unfolded into a rucksack to carry anything from groceries to field specimens. It makes a great overnight bag."

The pocket pack is available in two sizes—small (18"x11"x6½") for \$5 or large (24"x13"x6½") for \$6.25. (A-11)

HOW TO ORDER

To order, fill in the coupon with the item number which appears at the end of each Tool description, the item name, the quantity of each item you want, the price. Fill in the total price for all items ordered, indicate whether payment is by check or bank card, including card number.

Reminder: *Harper's Magazine* is included at no extra cost with BOOKSERVICE dues. Separately the 8-month trial is \$3.99 with the purchase of any other item, \$5.98 if purchased alone (regularly \$8.97 per year).

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became very fussy. In New York you can go out every night of the week and just waste time. Having a child, I just had to date people who were into what I was into; the rest fell away very quickly."

At that point, Marjorie had a top-notch job on the NBC Evening News, which gave her a wide choice of glamorous options. But the very things that turned some New York playboys off turned Ed Mezvinsky on. "I was so impressed with how she was running her life and handling the children, I just fell in love with her," says the handsome, 38-year-old Congressman.

It was the subject of war orphans that had brought them together. Marjorie went to Washington to interview Ed at the time of the Vietnamese Baby Lift last spring, because of statements he had made to the press. His reasonable, responsible approach intrigued her—and touched home, because a little more than a year before, Marjorie had adopted a Saigon street child whom she had named Holly.

"Holly is a real sketch now, but in the beginning," Marjorie recalls, "I thought I had bitten off more than I could chew. She would throw terrible kicking, screaming tantrums all the time, and she was suffering from parasites and worms. Her health is good now, and in the last half-year or so she has improved like night to day. I took her to a therapist to help her work through some things, and that helped. After Lee Heh, I thought it would be easy, but I've really learned the meaning of the word 'patience.'"

"I WAS SMITTEN"

Marjorie remembers with unabashed schoolgirl delight her first meeting with Ed. "I was smitten with him. Some people say that when it happens, it happens. Well, it *happened*. I thought to myself, If I ever hear from this guy again, I am going to marry him."

After the interview, he asked her out. About a month later, on the Metro-liner between New York and Washington—she had Lee Heh and Holly in tow—he suggested coolly, "How about it if we make this thing more permanent?" Since Marjorie had decided her answer a month earlier, it was no problem. The date of the proposal, appropriately, was Father's Day.

"I had never reached the point where I had written off the idea of marriage totally," says Marjorie, "but I wasn't out searching for a husband, either. Originally, I figured I would marry, have kids and adopt some, and I always knew I wanted to adopt a hard-to-place kid. Now I would like us to have children of our own and then adopt some more.

"I was just waiting for someone to sweep me off my feet, and Ed did. He is divine, and I'm just tickled pink that I waited. We're two grown-ups who have set our own courses in life. But it's really nice to have this teen-age *gosh-golly* feeling about each other."

"A REAL PLUS"

Ed, the father of four daughters by a first marriage, had spent two years as a Washington "eligible bachelor" before meeting Marjorie. "I think it's a real plus to have a wife who is so active and has a profession, because I have seen some of the terrible strains life in this town can put on people's family life and privacy," he says. "I'm lucky to have found someone who can enrich my life."

Marjorie and Ed decided to enrich their life further by adding the Ha family to their household. The two elder Vietnamese refugees, who had fled China 20 years before, occupy an apartment built especially for them and their young son on the lower level of the Mezvinsky house.

"Nancy Bennett, the Chinese wife of an American AID official who helped unravel the red tape for Holly's adoption, told us about them." Marjorie explains. "They are academic people with no job skills who needed a home. How can you say no to something? You just say no, I guess. But I suspect both Ed and I felt a kind of responsibility. . . . I don't know how to say it without sounding so . . . well, we just wanted to do our part. We had the room and the inclination. We have something to offer them and they to us. Their joining our household has been especially good for Holly, because she needs a lot of attention all the time."

It's hard to imagine that Holly, the healthy-looking, wisecracking, sunnily confident girl quietly playing jacks on the wood floor of the living room with her older, but not larger, sister, had been found abandoned in a garbage can as an infant and raised by a bar girl who had abused her severely. After a year and a half with Marjorie, her appearance is robust. And, incredibly, her English is perfect.

"I AM LIBERATED"

Lee Heh, soft-spoken and artistic, has a contrastingly quiet style—with a subtle dry wit surprising in one so young. When a visitor joked with Marjorie about being a suburban mother, after she had returned from picking the kids up from school in her snappy convertible, Lee Heh said, "She's not a suburban mother; she is a working mother." Then she flexed her arm in a comic gesture of strength and said, "I am liberated," and everyone present in the room broke into giggles.

In January, *They Came To Stay*, a book Marjorie wrote about single par-

enthood, is being published. In it she does not try to play amateur psychologist, she says. "My only theory about child rearing is that you get back the vibes you put out, and if you feel guilty about not getting to that school play because you're working, kids are smart enough to use that guilt to their advantage."

"No, we don't—we're innocent," Holly cracked, with a devilish twinkle in her eye.

Now that the Mezvinskys have begun their married life with a full house, what next? Marjorie, who recently joined WRC-TV in Washington, is continuing her career; Ed is running for reelection in '76. "I'll be campaigning as Ed's wife," says Marjorie pointedly. "The networks have plenty of other reporters, but Ed has only one wife and the kids have only one mother."

At this point, a mongrel pup that belongs to the carpenter wanders into the room. Without batting an eyelash, Holly deadpans, "Moj, are we going to keep this dog in the family, too?" □

Susan Price-Root, formerly a columnist with the Chicago Daily News, is a free-lance writer who lives and works in New York and Los Angeles, and is currently at work on a novel.

Order Kits to Make Dolls on Pages 66-67

Victorian dolls come in two sizes, 10 or 14 inches. Each kit includes china parts (handpainted head, arms, legs) plus patterns and instructions for making a fabric body, assembling the doll and creating clothing. Please allow at least 4 weeks for delivery.

Canadian readers: Send International Money Order (U.S. currency) purchasable at any Canadian post office. Add 10 percent for each order. Items shipped to Canada are subject to Canadian tariff.

American Home, Dept. MF
641 Lexington Ave.
New York, N.Y. 10022

_____ 10-inch doll kit(s)
@ \$11.85 ea. postpaid \$_____

_____ 14-inch doll kit(s)
@ \$12.85 ea. postpaid _____

Sales tax (N.Y. residents) _____

Total enclosed.....\$_____

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Bake a holiday gift.

And bring back the feeling of an old-fashioned Christmas.

Give these delicious, home-baked Christmas cookies to someone special. But don't give away the secret ingredient, Karo® Syrup. It's Karo that makes them so rich in good old-fashioned flavor, so crisp and tender. Karo makes cookies brown up smooth and even. Makes the different flavors come through richer, truer, fresher-tasting. No wonder these Karo Christmas Cookies bring back warm memories of a real old-fashioned Christmas.

Best Foods
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International



Make a festive package from any type of box. A shoe box is ideal.

CHERRY DELIGHTS

Mix 1 cup Mazola® margarine and ½ cup sugar. Stir in ½ cup KARO light corn syrup, 2 egg yolks and 2½ cups flour. Chill. Roll into 1-inch balls. Dip into slightly beaten egg whites then 2 cups finely chopped nuts. Place on greased baking sheet. Press candied cherry halves into centers. Bake in 325°F. oven 20 minutes. Makes 4 doz.

BROWNIE MOUNDS

Sift 3¼ cups sifted flour, 1 teaspoon baking powder and ½ teaspoon salt. Mix ¾ cup Mazola margarine and 1½ cups sugar. Stir in ¾ cup KARO light corn syrup and 2 eggs. Stir in flour, 6 (1-ounce) squares melted unsweetened chocolate, 2 teaspoons vanilla and 1½ cups coarsely chopped nuts. Drop by heaping tablespoonfuls onto greased baking sheet. Bake in 350°F. oven 10 to 12 minutes. Makes 4 doz.

DECORATED SPICE COOKIES

Sift 3 cups sifted flour, 2 teaspoons ginger, 1½ teaspoons cinnamon and 1 teaspoon ground cloves. Mix 1 cup Mazola margarine and ½ cup sugar; stir in ½ cup KARO dark corn syrup. Mix in flour. Roll out ¼-inch thick on floured surface. Cut into shapes. Place on baking sheet. Bake in 350°F. oven about 10 min. Decorate. Makes 8 doz. 2-inch cookies.

PECAN TARTS

Mix ½ cup Mazola margarine and ½ cup sugar. Stir in 2 egg yolks, 1 teaspoon almond extract and 2 cups sifted flour. Press evenly into tiny tartshells or muffin cups. Bake in 400°F. oven 8 to 10 minutes. Bring to boil ½ cup margarine, ½ cup KARO dark corn syrup and 1 cup confectioners' sugar. Stir in 1 cup chopped pecans. Spoon into shells. Top with pecan halves. Bake in 350°F. oven 5 minutes. Makes 4 doz.



Wardrobe magic...from

FASHION PRINTED PATTERN

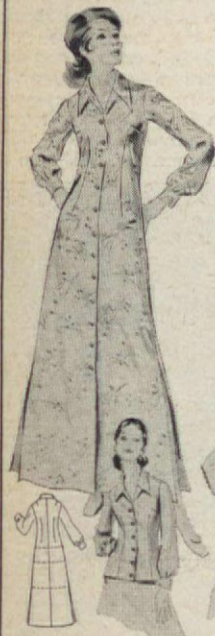
PATTERN F-300

Easy to make... easy to wear... perfect as a day dress or for later. Has graceful, slimming lines and features unusual diagonal front panels, top-stitched for accent. Make it sleeveless, or with short sleeves, in lightweight wool, knits, linen or cotton broadcloth... in whatever length is best for you. Size 14 takes 3 3/4 yards of 44-inch fabric.



PATTERN F-1

True wardrobe magic! One pattern works for four lovely fashions: the long at-home or party dress with provocative slits, the daytime dress, the blouse, the tunic. Full length dress size 14 takes 4 yards of 44-45 inch fabric.



Standard body measurements for size 14 are: Bust 36, Waist 27, Hips 38 (new sizing).

Why not order your patterns for both of these charming dresses. They're easy to make, easy to wear. Just mail the coupon today.

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BOX 4204, GRAND CENTRAL STATION, NEW YORK, N.Y. 10017

PATTERN F-300	PATTERN F-1
SIZE 10 <input type="checkbox"/>	SIZE 10 <input type="checkbox"/>
SIZE 12 <input type="checkbox"/>	SIZE 12 <input type="checkbox"/>
SIZE 14 <input type="checkbox"/>	SIZE 14 <input type="checkbox"/>
SIZE 16 <input type="checkbox"/>	SIZE 16 <input type="checkbox"/>

Yes, I'd also like to have your selection book of 60 latest patterns for which I enclose \$1.25

Name Please print — it prevents errors

Street Address

City

State Zip

Be sure to include your Zip Code.

AH

WINE FOR ALL AGES

continued from page 16

vintages was limited, only a vintage port or a red Bordeaux would be in good enough condition to drink in 1975. For my brother's gift, I thought a 1955 red Burgundy *might* still be drinkable, but rather than chance it, I decided on a red Bordeaux. The easiest bottle to find of course, was a vintage 1970 for my godchild. Since I knew his parents would drink up the gift immediately, I decided on a red Burgundy, ready for drinking in 1975. I *hoped* all I would have to do was go to my wine merchant and explain what I was doing. He would go down to his cellar, emerge with the five bottles, and I'd be home free. Not a chance.

He was as enthusiastic as I about the scheme, but could only supply two of the bottles I needed. One was a 1920 vintage port for which I paid \$45—costly for a gift, but I knew the rewards of giving it would more than repay me. The second bottle was a 1955 Château Palmer, a red Bordeaux of the Medoc area. At \$55 for this bottle, I decided that my brother would have to wait for his 21st birthday to receive it (and that I would make sure I was in residence when he opened the wine). The bottle for my godchild and his parents was no problem. The year 1970 was a great one for Burgundy, and since my wine shop had a sale going on, I was able to pick up two bottles of Grands Eche-reaux of the Domaine de la Romancé Conti for a total of \$33.

Although he had none of the other wines I wanted, my wine merchant suggested I go to the leading New York restaurants that had extensive wine lists. Although they would not sell me a bottle, they would gladly serve it with a meal—a bonus for the recipient, whom I decided would be my wife. During the next two weeks, I visited five restaurants and finally found one whose wine list included a number of 1945 red Bordeaux. Unfortunately, none cost less than \$100 a bottle.

HOW ABOUT COGNAC?

The owner suggested a compromise. Instead of having wine, we sipped a Cognac bottled in 1945, and his price of \$5 a snifter ultimately proved to be the least expensive, yet it gave us just as much joy as a \$100 bottle.

It was now four down and one to go—the 1919 vintage for my father-in-law. He was the true wine connoisseur of the family and the person who would most appreciate my gift.

My wine merchant called with the news that he was going to place bids on several lots in a London wine auction to be run by Christie, Manson & Woods, Ltd. A bottle of 1918 Château Latour was for sale. Although I was

looking for a 1919 vintage, time was running out and panic was setting in. Then the perfect (and most offbeat) idea occurred. My father-in-law had been conceived in 1918; therefore this vintage still met my qualifications. We discussed the estimated price and his suggestions for a suitable bid—\$50. My bid was successful.

When I presented the bottle, my father-in-law was so delighted by the gift that he swore to keep it until his 60th birthday. I am not taking bets.

The five gifts totaled \$188 and took six months to acquire. My time and energy were more than compensated by the joy of the recipients and my increased knowledge of vintage wines.

BUYERS' GUIDE

For those interested in buying vintage wine gifts, here are useful tips:

1. Make up your list of people who would appreciate this kind of gift.

2. Decide upon the vintage of the bottles. (It doesn't *have* to be a birthday, though this is my first choice.)

3. Check your local wine shop and see what's in stock. They will be happy to advise you on vintages and perhaps order a bottle of what you need.

4. Failing this, consider the larger cities in your region. It just takes a phone call to well-known wine shops. You may find an owner who will happily send you the bottle you want. (My wine store had a selection of vintage ports of such years as 1920, 1937, 1940 and 1944 as well as the port vintage years of the 1950s and '60s; a Madeira of 1912; and a full selection of Bordeaux and Burgundies of the 1960s and early '70s. In my travels around America, I have seen similar selections in better wine shops of major cities.)

5. Persuade your wine merchant to help you find a specific wine. At various times he may hear about or be offered wines from estates or liquidation sales. If he bids at auctions, he could include your bid with his. This would eliminate any shipping and duty problems.

6. Consider subscribing to the auction catalogs that Christie, Manson & Woods, Ltd., publish in advance of their sales. To obtain information of cost and upcoming auctions, you can write to them at 867 Madison Ave., New York, N.Y. 10021.

A wine for all ages combines all the best aspects of gift-giving. One last word. After all the trouble you've been through finding the perfect wine, make sure you're around for a taste when it's finally opened!

Martin Drake is a publisher who loves finding good wines almost as much as he loves drinking them.

Special Introductory Offer!

Magnificent Reproductions For Collectors of Miniature Early American Wood Furniture



ONLY \$1.99 to \$4.99 EACH
BUY SET OF 6 AND SAVE \$7.95
(stores are selling collector-furniture not even as large as ours for \$10 to \$15 apiece!)

HIGH BOY
(8" h. x 3 3/4" w. x 2" d.)
2 louvered doors,
2 drawers, pedestal
legs finial



SILVER CABINET
(5" h. x 3" w. x 1 1/2" d.)
2 drawers, pedestal legs,
scalloped top



OPEN HUTCH
(7 1/2" h. x 4" w. x 2" d.)
3 drawers,
12 compartments, finial



TABLE (2 3/4" h. x 7" w. x 2 1/2" d.)
one-piece solid top, 4 wood-turned legs



BREAKFRONT
(6 1/2" h. x 4" w. x 1 1/2" d.)
2 louvered doors,
2 shelves, scalloped top



TRIPLE DRESSER
(4" h. x 5 1/2" w. x 2 1/2" d.)
3 drawers, raised platform,
scalloped top

- Solidly constructed, hand-finished and fully assembled!
- really large sizes up to 8" high and 7" wide!
- doors and drawers all open smoothly!
- detailed with Colonial finials, wood-turned legs and other authentic features!

These are incredible reproductions of authentic Early American furniture at truly incredible low prices! They are really beautifully made of black pine wood and finished by hand with a glowing walnut wood finish. Careful attention has been paid to every detail—doors and drawers have been dovetailed to open smoothly just the way they do in your own fine furniture. Knobs are solid metal with an antique brass look. Every feature is authentic including dresser platforms, high legs, wood turnings, even finials. Each piece is fully assembled—these are not kits

you must put together yourself. Sizes are really large—much bigger than we have room to show—(exact sizes listed under each illustration). An absolute joy for collectors and so solidly constructed, they are perfect for jewelry or desk caddies! Superb, of course, for a luxury doll house.

MAY NEVER BE OFFERED AGAIN AT THESE SPECIAL LOW INTRODUCTORY PRICES — BOUND TO SELL OUT FAST — AVOID DISAPPOINTMENT AND ORDER NOW

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| —#16366 Open Hutch \$3.99 | —#16367 Table\$2.99 |
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SAVE \$7.95 — ALL 6 (#16372) for \$16.99 plus \$1.50 postage and handling (you save \$4.95 on furniture and \$3.00 on postage — a total of \$7.95!)

Enclosed is check or m.o. for \$_____. Orders over \$5 may be charged to: Master Charge* BankAmericard
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Fill out coupon enclosing check or money order. Sorry we are unable to handle Canadian or foreign orders.

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- Kit 66566 Upper left rose spray @ \$2.99 each plus 50¢ postage \$ _____
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SAVE!:

- Kit 66567 All 4 embroideries @ \$10.99 plus \$1.00 postage _____
 - 67660 Embroidery hoop stand @ 14.99 each plus 1.00 postage _____
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- Sales tax if applicable _____
Total enclosed \$ _____

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Needlepoint Redouté Rose Kits

The French artist Redouté painted some of the loveliest roses ever captured on canvas. Many of our readers want to do the entire needlepoint picture (which is really the most fun) instead of just filling in around a prefinished design. The roses have been simplified slightly to make it easier for the needlewoman to make the shading. Each kit includes stenciled canvas, color chart, wool yarns for roses and background plus easy-to-follow instructions. Finished size of each picture is 8 by 9½ inches, without frame. The molded oval frame is also available. See special offer for all four embroideries.



Embroidery hoop stand—sit on its base or hold it in your lap—uses both hands for needlework. Plastic hoop is 10 inches—good working surface—and adjusts to all angles.



SURVIVE THE HOLIDAYS

continued from page 36

Raise your arms high above your head, clasp hands and twist your body from left to right a few times. If you do this whenever you remember to, you can forget about tense muscles in the shoulders and the back of your neck.

Sing whenever you are alone (or if you have the voice for it, when others are around). Like yawning, it relieves tension in the throat and it contributes to a pleasanter speaking voice, too.

Take a big, deep breath and exhale with an explosive "Hah!" It's a yoga technique that works to help alleviate tension.

To help prevent insomnia, get some exercise a couple of hours before bedtime. A brisk walk that might even accelerate into a few minutes of jogging just before dinner can also be terrific. You will look and feel relaxed at the dinner table, and the exercise may even curb a too-hearty appetite. It will certainly help you de-kink after a long, difficult day.

Luxuriate in a lap-of-luxury unwind-er: Draw a warm bath, soak for 10 minutes (in the dark, if you want to get totally away from it all for a few minutes). Then wrap yourself dry in a towel and lie down, your feet elevated on pillows, for 10 minutes with your eyes closed.

Turn the shower on full blast with very warm (but not hot) water to pour over you for an end-of-the-day rouser. Shampoo your hair, giving the scalp a thorough massage. Stay under the shower for a long stretch and thorough rinsing of your hair. Then, while you are still wet, massage in body lotion all over, working up from your feet. Towel-dry, and you should feel ready to face anything.

Just before bed, stretch your body all over to loosen the skeleton. You won't be taking tense, cramped muscles into bed with you. Try these looseners tonight: 1) Feet comfortably apart, raise arms over your head and pretend to be climbing a rope hand over hand. Stretch your torso from the pelvis. "Climb" as high as you can, then climb back down and relax with arms at your sides. 2) Drop your jaw and try to touch it to your left shoulder, then swing slowly around to try to touch your chest and then the right shoulder. Mouth still open, let your head drop back limp on your neck and rotate from left to right. Repeat this exercise 10 times.

Get a good night's rest, even though

it might be three hours of sleep by your body clock, or perhaps as much as 11 hours. If you get to bed early, your mind and body have maximum opportunity for overnight repair work. You can talk over the day in bed; you can make love in a leisurely way; you can read a magazine. Then when your brain signals sleep, you will be relaxed enough to get the message.

Give yourself the best chance for sleep with a light snack before bed. The body's sleep mechanism is triggered by the amino acid tryptophan. The mineral that serves as a natural tranquilizer is calcium. You get lots of both in a cup of plain yogurt stirred with honey, or a glass of milk and a slice of cold turkey. You might even have a sleep-inducing malted milk if you prefer a sweeter goodnight.

You don't have to open bedroom windows wide, or open them at all. In a smoggy city, or for those who suffer from respiratory problems, the open window can even be a bad idea. But do keep it cool. Turning down the thermostat is good for your skin and means fewer fuel-bill problems to keep you awake.

Consider what you could do with an extra 20 minutes in the morning—quiet minutes before the day gets officially under way. You could have a minute or two for a long, lazy stretch and a warm-up to awaken your body—time to prepare a blender breakfast with skim milk, protein powder, yeast and a banana. It takes only two minutes to fix and gives long-term energy. You would have time left over for writing an overdue note to someone you love or sorting out your lists for the day.

Limit those coffee breaks. Too much caffeine in the system can produce anxiety and irritability. Remember, too, that strong tea has plenty of caffeine. Hot chocolate contains another stimulant, theobromine, that has caffeine-like effects on the system. Whenever you have coffee, have a protein snack, too—perhaps cheese and crackers.

Trim the caffeine intake from colas around your house and ring in a festive seasonal change. Be creative and invent some special holiday punches that you mix in a minute. In a half-gallon pitcher combine a quart of cold herb tea with a quart of bottled or reconstituted frozen juice or mixed juices. Great pairings are apple juice with mint tea or lemon grass tea, papaya tea with orange and pineapple juices, and cranberry and apple juices with peppermint tea. Sweeten sparingly if you like and toss in orange or lemon slices, a cinna-

mon stick to make the punch look gala. You raise the nutritional level and may even lower the cash outlay for drinks during the holidays.

Fill the candy dishes in your house with great heaps of golden, sun-dried fruits, natural sunflower seeds, toasted soybeans, nuts. They look great as decoration, and provide natural nibbles that will contribute to good looks and good health.

When you want a drink that's "harder" than ginger ale or fruit punch, but easier on the system than a cocktail, try a Christmas Spritzer: In a tall glass pour 3 ounces (a small wineglass) of claret over ice cubes. Fill with club soda and garnish with a lemon twist, if you like. It's only 75 calories and a beautiful Christmas rose color.

Sip the Christmas Spritzer, or any other diluted alcoholic drink, as slowly as if it were 100-proof and straight up. One mild drink per hour per person should be the limit if everybody is to have a good time.

At a party, do your body and your hostess a favor and eat while you drink instead of just sipping steadily. It reassures her that the hors d'oeuvres are a success.

Before taking a drink to forget your troubles, be aware that psychiatrists now warn that rather than help you forget problems, alcohol makes you view them in a very distorted way. They can even seem insurmountable after a little bottled-in-bond brain fogging.

Should headache strike, take aspirin this way: Dissolve tablets in a little water before swallowing; follow by drinking a full glass of water. The aspirin gets to work faster, and there is less chance of its upsetting your stomach—bits of undissolved aspirin are what irritate the stomach lining.

Relieve morning-after headaches with citric acid, the kind you get from lemon juice. Before your morning-after coffee, have a big cup of hot lemonade sweetened with honey.

Throughout the year, but especially during the holiday season, do try to avoid what Dr. Ari Kiev of Cornell University labels in his book, *A Strategy for Daily Living*, "the five great enemies of peace: avarice, ambition, envy, anger and pride." That should keep you safe from the perils of stress and very close to the original spirit of this season. □

Camille Duhe, a New York free-lance writer, most recently coauthored a book on health and beauty with Beverly and Vidal Sassoon.

Custom fit for any dress you make guaranteed on this precision adjusting form—or no cost!

Aristocrat of Dress Forms

A professional precision adjustment form (DuPont Neoprene) gives body material great flexing and holding power.

- "dial" your measurements into size computer—clip lock—form becomes YOU.
- Adjusts to regular, half sizes . . . many variations 8 to 20 (also model 20 to 50).
- Each shoulder raises, lowers. Each bust expands, contracts, raises, lowers.
- Waist narrows, widens, shortens, lengthens. Hips widen, narrow, raise, lower.
- Entire form gains, reduces with you—adjusts to other family members.
- Strong steel stand—and form—take apart easily—stow away in drawer.

If you're without a dress form—just trying this one can change your life.

This form guarantees a custom-fit expensive look to each dress you alter or make—or no cost. Yet it saves you money so fast it often pays for itself the first or second time used.

This custom fit form saves hours adjusting patterns and fitting clothes—up to 50% of sewing time. It saves struggling, twisting, turning—trying to get the right fit. It saves ripping out seams for a simple alteration, or just because your skirt didn't hang properly the first time.

It's perfect for beginners. Here is why all of this is so.

THE SECRET OF CUSTOM FIT

Would you like every dress you alter or make praised for its custom-fit expensive look? . . . While you smile—inside—at the money and time you've saved—at the end of embarrassment of poor fit "home-made" clothes—or the success of your first dress making attempt.

The secret is custom-adjusting of standard patterns to your differences (there's only one you). When you pin the pattern to an exact duplicate of you, this adjusting is simple and easy.

And this custom-fit life-size dress form becomes—exactly YOU—with YOUR waist—YOUR shoulders—YOUR neck—YOUR bust line—YOUR hips.

This is because in each body area an ingenious size computer "dials" your measurements. A Tab (like a tape measure) slides through a slot under the area answer window. When your measurements appear in each window, just clip lock in position. Automatically the DUPONT NEOPRENE processed body material has already adjusted—in each body area—to become YOU! Custom adjusting of patterns to you has become as easy as before it was difficult.

A LIFE-SAVER FOR BEGINNERS

Because the hardest part of home sewing is making adjustments—exactly what ADJUST-O-MATIC makes so simple.

With it beginners easily make hems—adjust hemlines—make alterations so perfectly, store-bought clothes fit like made-to-order. You save the \$3 to \$5 paid before to fix a shoulder line—shorten

a hem—take in a waist line. You're more satisfied with the way your clothes fit.

Fitting in this form is so easy you quickly form old dresses into new. Too tight or too loose—too large or too small dresses fit again. You easily alter, redesign, remodel your own dresses, coats, skirts, blouses. You begin to make your own simple dresses then more complicated ones. Later, you even design your own styles, and all on this form.

DOES MORE THAN ANY OTHER FORM

This master pattern-maker's form has every possible professional dressmaker trick and short cut built right into it.

It's unlike any other form. To adjust there's no maze of wire and bolts to struggle with. Simply slide, adjust and clip lock. It's pinnable—throughout. No gaps down front or side or around neck give difficulty.

Scientifically placed guide lines let you know when your dress is perfectly centered on the form.

The light steel stand is so adjustable, raises or lowers precisely to any point 4' 2" to 5' 6" (add length of your head from neck up to measurements of any form). It's handsome, rubber-tipped, gives steady support. It assembles, takes apart easily.

Luigi Cella Dress Forms Hold U.S. Patents

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The inventor has built a lifetime as master pattern maker for leading pattern companies into this form.

All his life—he designed dress forms—some of the world's most expensive—to give custom fit to the very rich.

But he built this custom dress form for you—to adjust more precisely than any other—do many dressmaker tricks others can't—yet cost a fraction of what others do.

Work with this form anywhere. Lap-table, chair. Want to work on shoulders—back—underarm seam—front—waist—hips? Presto! One hand lifts form off stand. Without ever getting up from your chair you can take ADJUST-O-MATIC apart and work in sections.

Every adjustment—each contour line—the height range—the angle of the darts—posture angle of the form—all have been checked and rechecked by fashion fit leaders, home dress-making authorities and fashion editors.

AMAZING NO RISK OFFER

Instead of bulky, heavy cast-iron framing and body, ADJUST-O-MATIC uses DUPONT NEOPRENE processed body material. Shipped direct to you disassembled it costs a fraction of ordinary forms. There are several parts to each section—only 15 in all. To assemble, adjust or take apart each step is simple and fun with clear can't-go-wrong directions.

When you try it for 30 days without obligation you'll realize why it's so amazing. Full refund if not delighted.

All ADJUST-O-MATIC yet it has many features dress forms costing six times more do not have. Try at our risk. Reserve yours today.



Stand recommended for best results

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Please rush revolutionary PERFECT FIT ADJUST-O-MATIC Dress Form that guarantees custom-fitting clothes for the entire family for 30-day NO-RISK TRIAL. If after trying PERFECT FIT ADJUST-O-MATIC I am not delighted in every way, I will return for full refund.

Regular ADJUST-O-MATIC Dress Forms (8 to 20) if bust is 30"-40" @ \$10.98 each

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Collapsible Steel Dress Stands included.

Check or m.o. enclosed. Please prepay postage. (N.Y. residents add sales tax)

My credit card is _____ # _____ Bill me plus 95¢ postage

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DUPONT Neoprene processed body material and its own PATENTED FEATURES makes this form possible!

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Our Computer Will Write a Story Starring Your Child

Yes, we will actually write a book about your child, his home, his friends and his pets all mentioned by name!

Imagine your child's delight in becoming the leading character in a story! Whether you read this charming ME-BOOK to your child or he reads it himself, think of his surprise as his name appears over and over again in a story that's filled with people and places he knows.

Never before has there been a book like "My Circus Story." It's a true product of the Computer Age. The story is a delightful one. Your child will step into a marvelous fantasy world as he meets Irret, the friendly giraffe and Toucan, the talking bird in front of his own home, then rides away on the giraffe's back (together with Toucan and a friend whose name you'll send us) to a magical circus adventure in his own home town. It's all completely believable because the names of your child and his friends are repeated throughout.

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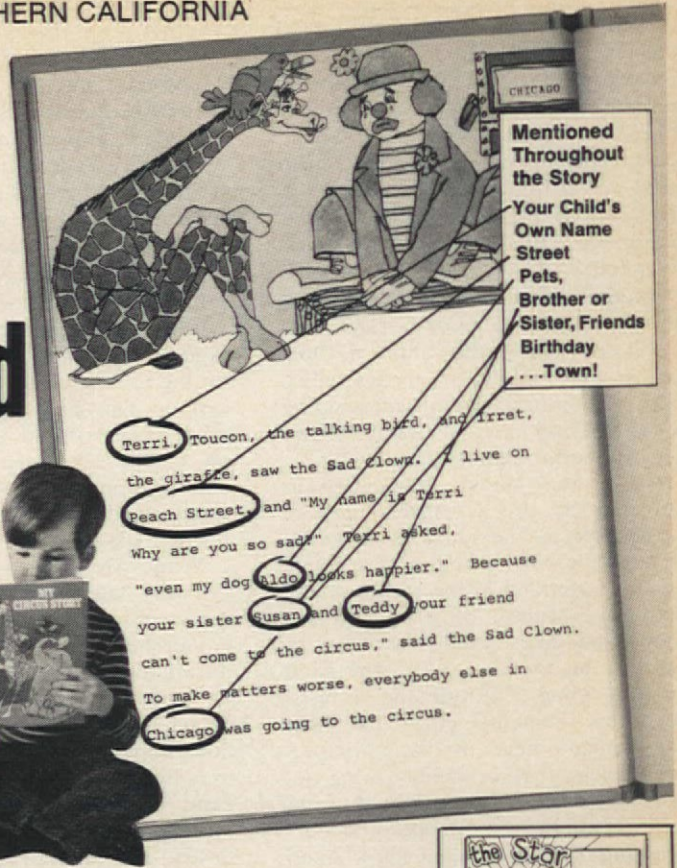
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OR "NICKNAME" _____

CHILD'S ADDRESS _____ APT. _____

CITY _____ STATE _____ ZIP CODE _____

CHILD'S BIRTH DATE ____/____/____ BELOW, LIST UP TO 3 FRIENDS, BROTHERS OR SISTERS.

Month Day Year

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GIRL

BOY

GIRL

BOY

GIRL

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QUEBEC

continued from page 60

But it is cold. A recent record low at Quebec City was 29°F. below zero. However, add to that the constant wind and chill factor from the St. Lawrence River, and it feels more like 50° or 60° below. (Temperature is now measured in centigrade in Quebec, but there is a simple conversion formula: Centigrade times two plus 30 equals Fahrenheit.)

Another realistic consideration is the snow. There's a lot of it—180 inches was recorded in the winter of 1962. And in 1972, when 160 inches fell, it was common to see Montrealers skiing to work, briefcases in hand, down elegant Sherbrooke Street.

The winter snows, infuriating as they may be, are as much a part of Quebec life as the red-gold autumns, the sugaring parties held as the maple sap starts running in the spring or the shattering beauty of the northern woods and lakes. And when the ice closes in on the rivers, and the wind starts howling through the forests, Quebecers annually curse the fates that landed them in the province. Nonetheless, they invariably bring out their exquisite furs, wax their skis and sleds, repair their snowshoes and start dreaming of long romantic snowbound weekends. There will be hikes made through silent forests where the only sound is the crunch of snowshoes on top of waist-high snow; winter picnics of steaming rum, *tortière* and hot dogs around bonfires set into snowy foxholes, and night sleigh rides snuggled under heavy fur robes in bell-covered sleighs pulled by hot-breathed horses.

And perhaps, best of all, Quebecers look forward to the heady exhilaration of leaving the winter chill for the blissful warmth of a lodge, cabin or chalet with its roaring fire, mulled wine and conversation.

For these northerners, such moments ease the pressures of the week, soothe the tension and the strain of the holiday season, and recapture the romance of a first—or second—honeymoon.

While most Quebecers take to the countryside at the drop of a snowball, visitors—especially first-timers—might want to start cityside.

Montreal, home of the 1976 Olympics, is by far the most exciting city in Canada. Famous for (in addition to bank robberies) beautiful girls, great restaurants and fabulous shopping, this metropolis of 2,743,000 sprawls along both shores of the St. Lawrence River. It's an exciting mix of glittering skyscrapers, gingerbread French Canadian architecture and a futuristic underground city incorporating miles of shop-lined passageways that connect cinemas, stores, major hotels and a gleaming Metro (subway) system to

the suburbs. (One Montreal journalist estimated he could comfortably spend the winter underground without a coat and never see the light of day.)

Long a favorite of world travelers, Montreal came to the attention of many Americans with Expo 67, a summer world exposition of magic guided by the city's energetic, and often controversial, Mayor Jean Drapeau. He has, again, snagged world attention by bringing the '76 Summer Olympics to Montreal. There have been press reports that his latest scheme, in order to offset the deficit incurred by the games, is to buy the liner *S.S. France*, drag it up the river and turn it into a gambling casino. The fact that he'd have to dredge the river to get the giant ship up to the city raised few eyebrows among Montrealers who have become accustomed to his sometimes far-fetched ideas.

While Montreal—with its terraces, sidewalk cafes, gardens and markets—is more beautiful in the warm months, it can be more culturally interesting during the winter. Place des Arts offers an ongoing stream of events from dance to symphony to pop. There's flourishing theater and local cinema in both French and English; a splendid (and little-known outside the province) French Canadian rock music industry; plus, of course, what Montrealers consider the crown jewels in the ice hockey monarchy, the Montreal Canadiens, known locally as The Habs.

Quebec City, about three hours by *autoroute* from Montreal (all major areas mentioned here are connected by excellent expressways) is the provincial capital. Quebec City, with 85 percent of its 480,000 people French-speaking, is filled with old World charm. Situated on the Plains of Abraham, overlooking the St. Lawrence River, this historic city, with its winding streets, tiny hotels and quaint inns, windswept boardwalk and palatial hotel Château Frontenac, is perhaps the most romantic in the province.

Each February, it's the home of the Carnaval de Quebec, a sort of ice-bound Mardi Gras—10 days of parties, dances, bobsled races, snow sculpture contests, car racing (on winter roads), candle-lit parades plus the famous (and dangerous) canoe race across the St. Lawrence. It's a unique experience for families, couples or singles looking for winter fun.

For those who just want to get away from it all—hike, ice-fish, snowshoe or ski (downhill or cross country)—the possibilities are endless. Here are famous, new or offbeat areas for you to consider.

Best known are the Laurentian Mountains, north of Montreal via the *Autoroute des Laurentides*. Jet setters have been skiing these mountains for years, and today Mont-Tremblant,

Saint Jovite, Esterel and Mont-Gabriel are as well known as the European ski capitals. Just north of this region in the Ottawa Valley are the Gatineau Hills, also with superb conditions and, for non-skiers, breathtaking scenery.

A more interesting and less explored vacation area is called The Eastern Townships, 125 square miles—15 minutes from the Quebec-Vermont border (Interstate Highway 91—of winter hideaways, skiing, antiquing, relaxing.

Much of this region was settled in the late 1700s when United Empire Loyalists fled north from the American Revolution. They were rewarded by George III with vast tracts of land, much of which remains in the hands of their descendants. The English and American names of towns and villages—Georgeville, Austin, North Hatley, Cowansville, Oxford—attest to the area's peculiar Anglo heritage in a predominantly French province.

Skiers should investigate the "Ski East" program through the Quebec Travel Bureau; loungers will revel in the inns, country hotels, restaurants—some of the best in the province.

For the more adventurous, there's the Gaspé peninsula, more remote and less crowded. There's good skiing, and while the Trans-Canada highway goes only as far as Rivière-du-Loup, in most weather the road conditions are good. Moreover, the sheer romance of experiencing the panorama from the extreme tip, Cap Gaspé, is worthwhile.

If you're returning by car, consider forsaking the *autoroute* for Highway 2 along the north shore of the river. Known historically as the King's Highway, the original route between Quebec City and Montreal passes through some of the oldest and most interesting areas of the province.

If blazing really new vacation trails is your thing, the place to visit is Les Iles de la Madeleine, off Gaspé in the Gulf of the St. Lawrence. Discovered in 1534, these islands are dotted with tiny fishing villages and are best known for stark, beautiful land and seascapes. Now being developed by the Quebec government, they're serviced by the provincial airline, Quebecair.

One caution, however. Check weather conditions before planning on this hideaway. The maritime climate is notoriously unpredictable in winter.

For information on these Quebec vacation spots, contact Tourist Branch, Parliaments, Quebec City, Canada; or Quebec Government House, 17 West 50th St., New York, N.Y. 10019.

Just remember, although Quebec is French-speaking, most people in the cities speak English, too. And in the countryside where they don't, they like visitors so much they'll try. And when you hear the slogan "Bienvenue à Québec"—Welcome to Quebec—smile and say "Merci." —Keitha McLean

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Both designs are stamped on 100-percent Belgian linen; each kit includes floss, needle and easy instructions. Wood frames are available and easily assembled.



Wise words and charming motifs are combined in this museum-inspired "Give to the World" sampler (right). Size is 11 by 14 inches; design is stamped on Belgian linen. Kit includes floss, needle and easy instructions. Wood frame is also available.



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Now, you're probably wondering how it works, how it's possible for a stone to be any of eight different colors, with each color an almost perfect reflection of your feelings?

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Each of the Passion Stone's eight vivid colors approximates the color of a natural gem — onyx, amber, topaz, jade, emerald, turquoise, lapis and sapphire. Based on Average temperature range of normal individuals, it's assumed that the color change will reveal the results of chart below:

YOUR MOOD*	THE COLOR OF THE STONE	THE STONE THAT IT RESEMBLES
You're tense, undergoing mental strain, working too hard.	Black	Onyx
You're upset, feeling anxious.	Reddish-Brown	Amber
You're betwixt and between, unsettled.	Golden Yellow	Topaz
You're feeling okay, active and involved.	Light Green to Bright Green	Jade to Emerald
You're relaxed, feel fine.	Blue Green	Turquoise
You're really at ease, with good vibrations.	Bright Blue	Lapis
You're at your best, satisfied and passionate.	Violet Blue	Sapphire

* a chart with a full explanation of moods and colors accompanies your ring.

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Right now the Passion Stone rings are not available in any stores. For now, we just want as many people as possible to know about the Passion Stone so it will really be popular when it goes on sale in the stores. Therefore, because you're dealing direct, with no middleman, you can get a Passion Stone ring for far, far less than you would expect to pay in a fine department store. In fact, on this introductory offer, the cost for the lovely woman's ring, the bold and handsome man's ring, is an amazing low \$9.95. That's right, at least \$35 less than the department store price could be. And all we ask in return is that you tell your friends about your ring... show them the amazing way it changes color to reflect your real innermost feelings.

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CHRISTMAS MADNESS

continued from page 22

easy assembly, and fortify yourself with a tranquilizer and a mop.

The next year, I opted for a doll house, complete with furniture, colonial architecture and Byzantine complexity. There was a portico that caved in when I jabbed it with my elbow while trying to attach the garage to exterior wall D; a door that opened and closed and promptly snapped its hinges; a fireplace that stood out from the wall at a rakish angle—like one of those free-form pool slides; and dozens of dreary brown plastic chairs that slid about on the buckled floors.

A week after Christmas, no child ever gave it another glance, and it was removed to the attic, where it languishes still.

Then there was the bicycle with training wheels that wouldn't balance, pedals that wouldn't tighten, a front wheel belligerently pointed to the left, rubber handlebar grips that no amount of effort could coax onto the handlebars, and a seat designed so it was anatomically impossible for a human being to sit on. (It decorated the driveway through many winter snows, only to be replaced by a bigger bike with hand-brake instructions to stump a mechanical mastermind.)

Through the years, there were all

sorts of mechanical challenges that I never adequately resolved. Metal wagons (the wheels wouldn't turn), doll strollers (the wheels wouldn't stay on), walkie-talkies (transmitting nothing but static), elaborate exercise sets (they required tools I'd never heard of), and finally last year a remote control electric racing car set that I knew, even as I bought it, would prove the *pièce de résistance*. Resist me, it still does.

It required most of an entire room in which to lay out the track. Moreover, each section of track has little tabs that lock into the next section, but since they're cleverly made of the lowest grade plastic, they snap off at the slightest pressure.

In addition, the track has to be wired (SEE DIAGRAM) in a way that requires a degree in electrical engineering (as luck would have it, I happen not to have one). The cars must be assembled, preferably by midgets, and also involve somehow getting the headlights to work ("Mommy, I want the kind with headlights that work!"). Then as dawn breaks and the assembled cars are placed on the track to which you've miraculously hooked up your remote-control consoles, one good experimental squeeze on the "go" lever sends them hurtling off the track

(provocatively constructed to have humps, elevations and curves) and onto the floor, headlights dead forever, fenders flying, the whole works out of commission until the store reopens after the holiday weekend and you can plunk down some more money for a couple of new cars ("cars also sold separately"—the logic becomes brilliantly clear).

So keep your diagrams. This mother has had it! No more "Nifty Ninnie" and her "Magic Mini-Hoover," no more motorized monsters that will make your child Queen of the Block, no more Shirley Temple doll that you wind up and she runs for office.

Year after year, otherwise intelligent, thinking and *sane* parents drive themselves to the edge of blithering idiocy, trying to outdo their efforts of Christmases past. This year, my solution is gift certificates. My children can get what they want and tinker Christmas Eve away while I, tucked fast asleep in my bed, let visions of sugarplums dance in my head. □

Alix Nelson contributes to the New York Times Book Review and Ms. magazine. She is also the author of the new Raggedy Ann & Andy's Green Thumb Book.

HOLIDAY IN VIEW

continued from page 34

a college professor to determine the extent to which persons will disobey their instincts and inflict pain on others, provided they have the promise of absolution by authority. Show is based on news stories and accounts in psychiatric journals (CBS).

Two Hallmark Bicentennial Shows

Each looks to American history and comes up with TV adaptations of top Broadway dramas. The first is Maxwell Anderson's *Valley Forge*, a play about George Washington and his reactions to the bleak outlook for his army in the bitter winter of 1778-79. Richard Basehart stars as Washington.

The second is Norman Corwin's *The Rivalry*, a dramatization of the Lincoln-Douglas debates. Arthur Hill is Lincoln; Charles Durning and Hope Lange are Stephen and Mrs. Douglas (NBC).

IT'S RELAXING

The John Denver Show

The singing star with the golden records is back for another bout with television. His first TV show won raves from the critics. Denver sings from the

perspective of a "country boy," reflecting on the simple life (ABC).

Oscar's Greatest Music

This is an hour of nostalgia, a compilation of the best melodies from videotapes of some of the brightest moments of all those years of Academy Award presentations. Jack Lemmon hosts, and you'll hear, among others, Judy Garland, Frank Sinatra, Maurice Chevalier, Louis Armstrong (ABC).

The Bing Crosby Christmas Show

This one offers music and variety, with the whole Crosby family. Fred Astaire is the guest (CBS).

Gianni Schicchi

Zero Mostel clowns and sings his way through Puccini's one-act operatic farce. Anyone who has seen Zero perform knows what to expect (CBS).

THE CHRISTMAS SPIRIT

Apparently, there wasn't much money in the Christmas till this year. All the holiday shows are repeats. There's an assortment of cartoons and playlets for

children, and three full-length features that grown-ups might want to see if they missed them previously.

Doctor Dolittle stars Rex Harrison as the man who can talk, and sometimes sing, to animals (ABC).

The Homecoming: A Christmas Story, the drama that inspired *The Waltons*, boasts Patricia Neal and Richard Thomas (CBS).

Scrooge features Albert Finney, Dame Edith Evans and Sir Alec Guinness (NBC).

Santa Claus Is Coming to Town, a charming musical tale of old St. Nick, is narrated by Fred Astaire, with Mickey Rooney as Kris Kringle (ABC).

In This House of Brede is the story of a widow who renounces a successful business career to enter a convent. Diana Rigg's the nun (CBS).

Roman Grey is a 90-minute movie made for television. Such films have won neither acclaim nor ratings, and they may well be curtailed by the networks. This one stars Ron Leibman and José Ferrer, and is about a gypsy antique dealer trying to solve a murder (NBC). □

Bill Weston is a former producer of TV documentaries at the three networks.



When I reached 170 pounds, my doctor was upset about my health, but I was much more worried about my appearance.



Now look at me and my trim waistline at 104 pounds. Why, I couldn't even get into a tennis outfit like this before.

My doctor said I'd never lose weight after a hysterectomy. But I did...66 lbs.

By Judie Miskella — as told to Ruth L. McCarthy

At the age of 31, I suddenly learned I had to have a hysterectomy. If that wasn't depressing enough, my weight problem was. I weighed 170 pounds, and I was only 5'1½" tall. My doctor had told me that women usually gain weight after a hysterectomy. "Judie," he said, "you'd better take it off before the operation, because chances are you won't after."

I knew what had caused all that fat. I had a dreadfully unhappy marriage—with three years of fights and tears and separations. So to console myself, I ate. My days were full of donuts, moodiness, whipped cream, quarrels, cakes, loneliness, eclairs, and finally a divorce—just one month after my hysterectomy.

While I was in the hospital, I lost a little weight, but when I came out, I started to put it on again. Then one morning, I got up, looked at myself in the mirror and hated what I saw. Right then, I said to myself: "If I don't like the looks of me, no man will. And I sure don't want to go

through the rest of my life alone."

Fortunately, I'd seen those stories of people who lost weight on the Ayds plan, and I thought it might help me. So I went to my drugstore in Arlington, Va., and bought a box of chocolate fudge Ayds® Reducing Plan Candies. I liked the fact that Ayds didn't contain any drugs.

I took Ayds as directed, and what a difference that Ayds plan made for me. You might say it helped me develop my willpower. And on the Ayds plan, the weight really started to come off—one pound a week at first, then two and sometimes three pounds a week. I also did yoga exercises, so I wouldn't get flabby. And it worked. By the time I'd lost 50 pounds on the Ayds plan, I felt great and really was in good shape.

About that time, I caught the flu and didn't feel like eating, so I didn't need any help from Ayds. Before long, however, I recovered my health and my appetite, but not the weight I'd lost. The Ayds plan had

really taught me to "restrain" my eating habits.

Today, I'm down to 104 pounds and there's a new man in my life—along with tennis and sailing and lots of fun. But what's even more important is the fact that the Ayds plan worked for me. For that, I'll be forever grateful. Actually, that's why I agreed to tell my story—to help others. You see, I feel if the Ayds plan can work for a woman who's had a hysterectomy, it can work for almost anyone with a weight problem.

BEFORE AND AFTER MEASUREMENTS

	Before	After
Height	5'1½"	5'1½"
Weight	170 lbs.	104 lbs.
Bust	42"	33½"
Waist	36"	24¾"
Hips	47"	34½"
Dress	18	5-6

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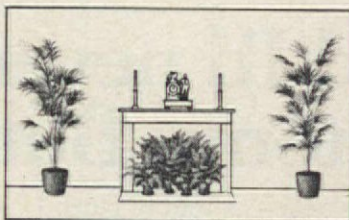
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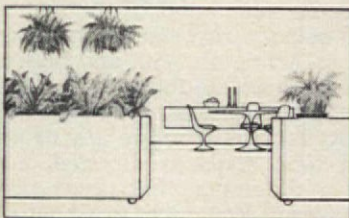
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(Actual case history. Name upon request.)

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1975

Consumer Guide Magazine Awards
ASTRONAUTS' DIET
its highest rating!

(While it puts the popular fad diets on the not-recommended list.)

No longer a diet known only to NASA. It took a national space program to develop this diet. The proven, scientific way to lose weight — **without losing energy!** There are two parts to this Diet. The first part works to really "blast off" those ugly extra pounds. **And you feel great doing it!** Unlike other diets that are all protein or all-this and no-that, the Astronauts' Diet allows you to enjoy foods you'd never believe would be on any diet, like bread, macaroni, even peanut butter. Yet the result is fantastic weight loss. Then after you've achieved the perfect weight for your body, the **Second part of the diet** is designed to put you in the peak of condition for maximum energy, vitality and all-around good health for the rest of your life—all without gaining weight!! **The healthiest food plan ever developed!** Not only for astronauts. In fact it was designed for use by all NASA personnel. It works for everyone, at any age, male and female.

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HOLIDAY BLUES

continued from page 43

Moreover, I'm thoroughly bored with Christmas depression, particularly my own. I've racked up enough years of trees bought and left undecorated, travel plans made and canceled, cards bought and never addressed, presents wrapped and not delivered.

According to Hans Kleinschmidt, a New York psychiatrist, being imperfect is not that important. "To be imperfect is normal," he says. "It should not be a source of self-criticism."

He also believes it's important to be with somebody and to cultivate relationships—easier said than done, needless to say. But it does remind me of the wonderful European custom of inviting strangers in for a meal during the holidays (a humane, but decidedly risky, proposition in some American cities, however). Or there is the alternative of including someone from your office, apartment building or block who you know is on the loose.

The important thing is to make contact. Everybody needs it at this time of year. (Anybody who has ever experienced New Year's Eve in New York's Times Square realizes that.) Reach out, and chances are you'll find people willing to reach out, too.

One of my most memorable Christmases was when a large group of young marrieds and singles—all of us transients and travelers, with nothing in common except that our families were in other countries—got together and bought, prepared and spent a rip-roaring Christmas dinner together.

Avoiding the holidays with travel is tricky, says Dr. Kleinschmidt. "It can work if you have someone to visit or travel with. Don't go alone. It's practically impossible to escape from the emotion of so universal a holiday."

Other advice: Plan ahead. Make sure you have something to do. And that doesn't include being glued to the tube until it's time to go back to work. Consider, instead, movies, books, museums—everything for which you normally don't have time.

Psychiatrist Louis Parrish recommends another aspect of "do-ing" and recently published a book on it: *Cooking as Therapy: How to Keep Your Soufflé Up and Your Depression Quotient Down* (Arbor House). It's fascinating to read about working off those blues in the kitchen (and the recipes are good, too).

As for Christmas magic, I don't count on it anymore. On the other hand, since I've outgrown paint-by-numbers sets, if I felt there was an outside chance a new Porsche might be stuffed into my stocking this year . . . I might be willing to gamble with a few more oatmeal cookies. □

CANDLEMAKING

continued from page 40

any smooth-surfaced metal, glass or cardboard container will do: metal cylinders or piping, tall water goblets, milk containers.

PERMANENT MOLDED CANDLES

You may want to mold a candle and use the mold itself as a holder. For this purpose, you'll find that any glass or Pyrex container will work well. Try a glass mug or even a clay flowerpot. Transparent or translucent containers are preferable to opaque ones, since they allow you to get the most light. Permanent molds can be used and re-used repeatedly.

SAND CANDLES

A sandy outer surface gives a candle a wonderful rustic look. Sand candles are easy to make: Place sand in a shallow container; moisten lightly. With your hands or a small spoon, make a hollow in the sand. Pour in molten wax and allow to set. Wipe off excess sand . . . and there you are.

The sides of a sand candle can also be decorated by applying pebbles, shells or colored stones to the walls of the moist sand before you pour in the wax.

FREE-FORM CANDLES

Free-form candles are fun to make. What you need, in addition to wax, is some plastic food wrap or aluminum foil.

Coat the inside of the food wrap or foil with salad oil. Make a cavity by inserting the wrap or foil into a small plastic or glass container; let the excess hang over the sides. Secure with a rubber band. Pour in molten wax. Undo the rubber band, bringing the sides together, and lift wrap or foil out of the container.

Now prod, knead or mold wax with your hand. When you are satisfied with its shape, put the wrap or foil into cool water and allow wax to harden.

TAPER CANDLES

These are traditionally the most elegant of all, though they require the most preparation and patience. Beeswax is preferable for tapers, because it has a finer texture than paraffin, is harder and burns longer. But paraffin may be substituted.

Taper candles are made by hanging wicks from a stick or long wire (a coat hanger will do) and lowering them repeatedly into molten wax until the thickness you desire is achieved.

Cut the wicks to the length desired. Soak in liquid wax five minutes; cool the wicks and smooth them out, using your fingers.

Hang the wicks about two inches apart from a stick or hanger. The container you dip them in should be a few inches wider than the length of the hanger and at least one inch deeper than the length of the candle. Wax is built one layer at a time: Dip the wicks in molten wax a few seconds; remove wicks and allow wax to harden for two minutes.

Repeat this process until you have the thickness you want. Trim the top and bottom with a knife and cut off excess wick at the top.

COLORING AND DECORATING CANDLES

Making a candle the color of your choice requires special dyes, since most other colorings are not soluble in wax. Candle dyes are available in bud, slab or powder form.

Buds and slabs are heavily concentrated; thus it's hard to measure them correctly. Powder is easiest to measure. Colors can be mixed to achieve specific shades. Add dye to molten wax slowly and test color by putting a spoonful of wax into a cup of water. Liquid wax changes color when it solidifies, so this testing process allows you to make a quick check.

There are also special paints, available in craft and hobby shops, you can use to color the surface of a candle.

Three-dimensional decorations can be made by making different-color wax designs and applying them to the outside of a candle. Just melt your wax; place in a shallow container—as it is hardening, cut into the design you want. Apply to the surface of the candle; seal edges, using a knife or ice pick you've heated over a flame.

Lettering or paper patterns can be applied to a candle by dipping paper in clear molten wax and affixing it to the candle. Once wax has hardened, dip the whole candle for a glazed finish.

The ways to decorate a candle are limitless. For the truly creative, use a hot, sharp instrument to carve with—and you can turn a candle into a work of art.

SCENTING CANDLES

Scenting enhances the aesthetic pleasure of burning a candle. Special candle scents are sold in craft and hobby shops. They are highly concentrated; only a few drops are needed for each pound of wax. Most scents are accompanied by instructions telling you how to use them. □

Richard Natale is a journalist living in New York City who writes frequently on modern living and ways to beautify the home.

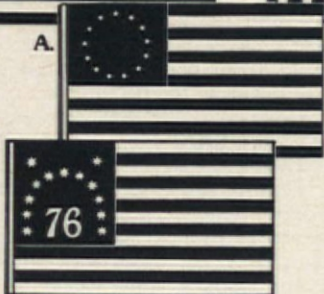


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BAKED SCULPTURE

Here is the recipe for bakers' clay, which is inedible and perfect for sculpting our purely decorative pieces. The recipe makes enough clay for approximately 3 containers and 3 simple letters in sizes given for specific pieces.

- 4½ cups all-purpose (unsifted) white flour (do not use quick-mixing flour)
- 1 cup salt
- 1½ cups water

For red-brown clay, add 2 ounces brown food color to the water. For a deeper brown clay, use hot water, brown food color and 2 tablespoons instant coffee powder. (Brown food color is available at some pharmacies, or may be mixed from yellow, red and green food colors.)

Combine ingredients in a large bowl; mix with your fingers to make a very stiff dough. (It will seem very dry.) Knead on a floured board or counter top for 5 minutes.

Model as you would clay, working directly on an ungreased cookie sheet. Cut out shapes; imprint the clay; roll it into "snakes" for braids or coil work, or cut it into strips for weaving. Pieces that are to adhere to each other *must* be moistened.

Some very useful tools are: rolling pin, paring knife, demitasse or baby spoon (for cutting out rounded shapes), wooden clay-modeling tool with one wedge-shaped end.

Some good tools for imprinting are: meat pounder, wood screw, fancy buttons or jewelry, fork, clothespin, noodle cutter, golf tee, comb, butter and cookie molds, thimble, butter paddle. Experiment and you will find numerous other household tools that make interesting decorative indentations in the clay.

Bake the pieces at 325° in a preheated oven for 1 hour or until thoroughly dry and hard. Cool completely on a wire rack. Protect the pieces from moisture (and humidity) with a coat of clear acrylic spray or spray lacquer. If color is desired, apply poster paint, acrylics or enamel before sealing coat. See instructions for specific pieces.

CACHEPOT

(Container is shown with dried material). Size shown: 5½" diameter, 3½" depth. Choose a heat-safe container to use as a mold: red-clay flowerpot, stainless steel bowl, gelatin mold or casserole. Suitable mold shapes are larger at the rim than at the base (*Diagram A*).

Cover the outside of an inverted mold with aluminum foil, shiny side out. Grease the foil surface on bottom of mold. Cover mold with a clay

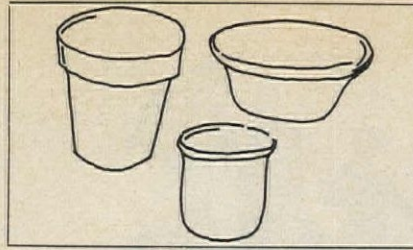


Diagram A

"pancake" (*Diagram B*) or rolled "snakes" of clay (*Diagram C*). Take care to keep rim of mold free from clay so mold may be easily removed later. Decorate the clay piece with additional modeled shapes and surface textures, as desired. Bake on an ungreased cookie sheet until dry and hard.

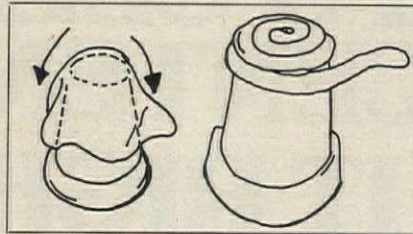


Diagram B

Diagram C

The piece will shrink slightly as it dries in the oven and slightly more as it cools, so remove the mold from the baked piece as soon as it comes from the oven. Hold the piece with a pot holder; twist the mold to loosen it. If necessary, use a paring knife to loosen the mold from clay around the rim. Cool and seal as recipe directs.

BASKETS

Sizes shown: Large—5" diameter, 3½" depth; small—2¾" diameter, 2½" depth. Choose heat-safe containers to use as molds, as for cachepot. Roll clay to 3/16" thickness; cut into strips for spokes and weavers. To weave a simple basket of clay strips, first lay strips arranged as spokes over bottom of an inverted, foil-covered mold (*Diagram D*). Moisten one end

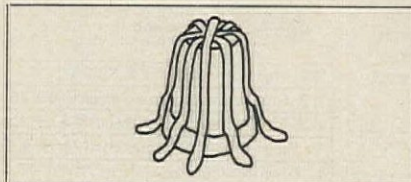


Diagram D

of a weaver strip; place it horizontally under one of the spokes. Carefully guide weaver strip around the mold, weaving over one spoke, under one spoke (*Diagram E*), moistening several spokes and finishing end of weaver to secure it under starting spoke.

Begin the next round on top side of same starting spoke (see "X" in *Diagram F*); continue weaving over one, under one, all around the mold. Continue this basket pattern to rim of mold.

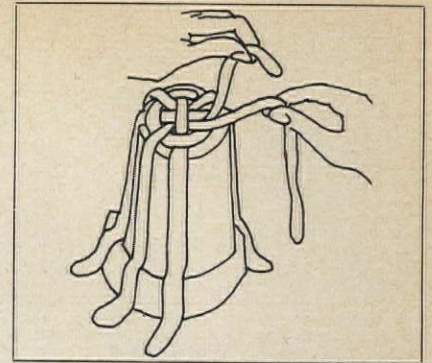


Diagram E

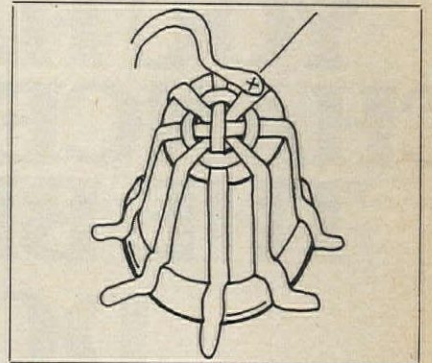


Diagram F

Use knife to trim spoke ends or turn piece right side up and finish rim as follows: Moisten end of each spoke strip and attach it to next spoke on the right (*Diagram G*). Bake the piece (with

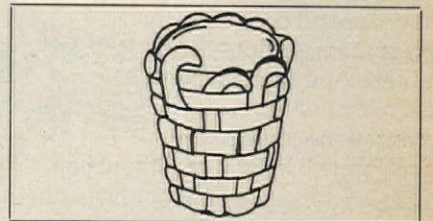
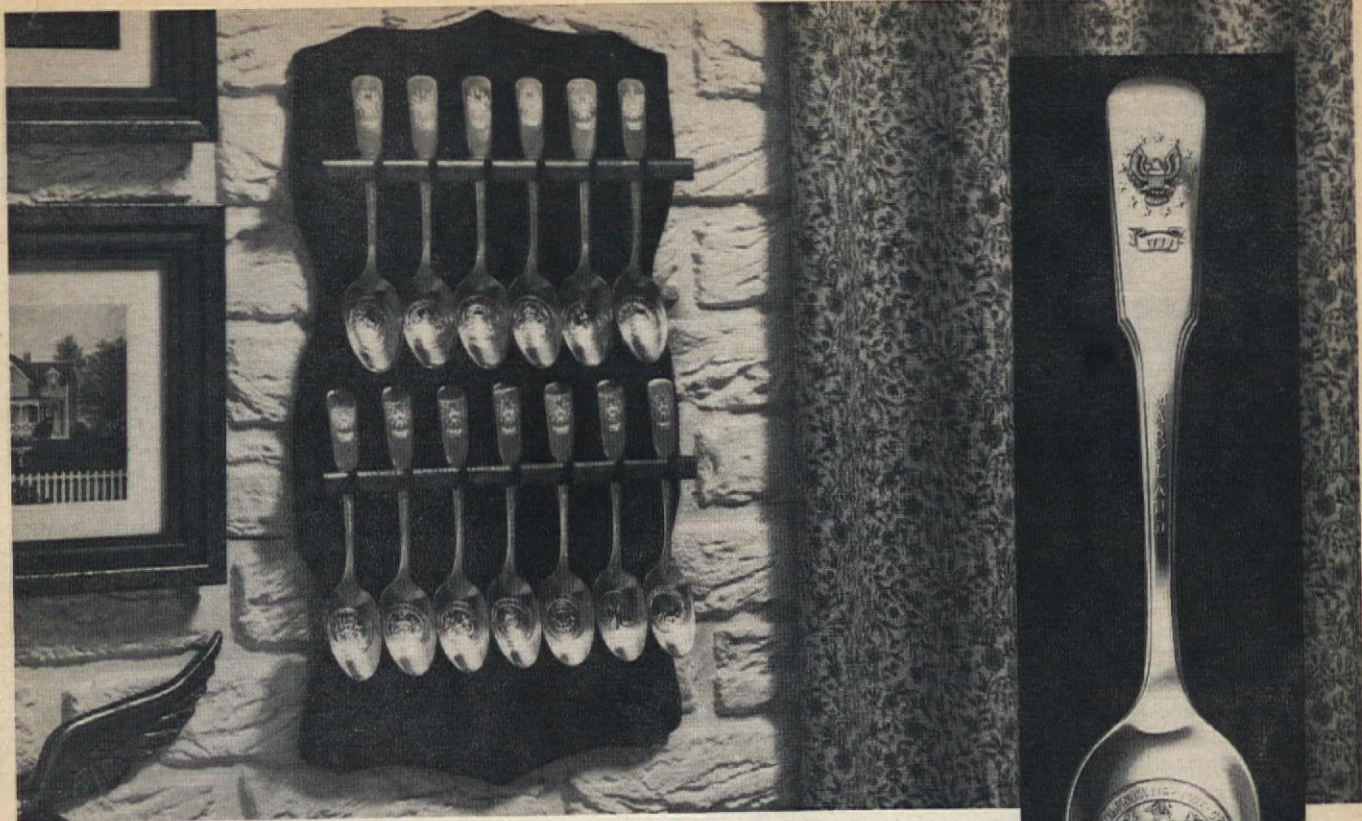


Diagram G

mold) on an ungreased, inverted cookie sheet, until hard. Remove mold immediately. If the inside of clay basket is the least bit soft or damp, return it to oven for thorough drying. Cool and seal as recipe directs.

NAPKIN RINGS

Cut cardboard tube (from paper towel or toilet tissue roll) into segments (one for each napkin ring) each 4" or 5" long. Cover the tubes with aluminum foil, shiny side out. Roll out clay to about ¼" thickness. Cut into bands 1½" to 2" wide and long enough to fit around tube with overlapping ends. Leave center of band unmarked and make parallel grooves on both ends with a knife or noodle cutter. Wrap band of clay around tube in the manner of ribbon, rope or vine, moistening overlapping ends. To center of band, add a few clay berries or a moistened ball of clay pressed flat with a decorative imprint. After baking, remove foil-covered tube; allow ring of clay dough to cool completely. Seal as recipe directs. (continued)



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SAVE MORE! Please send me two complete sets, including booklets, maps, and display racks for only \$27.50 each (Total \$55.00) ... a savings to me of \$5.00. If not delighted, I may return everything within 12 days for a full refund.

Please send me your new full color Fall/Winter catalog. I enclose 50¢ for shipping and handling.

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FOR PHONE ORDERS, call 800-243-3755 toll-free (in Connecticut, call collect 235-6383) and give us your charge card number.
TO ORDER BY MAIL, use coupon at right. © International 1975

Letters



COVER INSPIRATION

The cover of *American Home* (November '70) inspired this needlepoint done by Voratat Akers, age 10, one of my fourth-grade pupils in the American Dependent School in Madrid.

Voratat became an avid needlepointer (as did many other boys in my class) after I gave needlepoint instructions as an extra activity. Normally, the children work out their own designs, but the eagle they showed me would never have gotten off the ground . . . so we turned to your design after going through many of my old issues of *American Home*.

Voratat is very proud of his accomplishment and sends his thanks.

E. E. Meinke
New York, N.Y.

SALTBOX DREAM

We're so excited we just had to write and tell you that we're going to build our dream house and your magazine has helped us do it.

BAKED SCULPTURE

continued

QUICKIE LETTER FORMS

(Letters J and P shown.) Size shown: 7¼" high, 4" wide. Roll out bakers' clay to about 5/16"; cut out letter forms that may be the initials of guests or family, or may make up a word when combined. Place letters on an ungreased cookie sheet before decorating with additional clay shapes or imprints. Clay may be cut into strips to make up letters of 3- or 4-strand braids or ropelike twists. A wire hanger (Christmas ornament hanger or opened-out paper clip) may be slipped underneath and pressed into back side of letter if it is to become a hanging

It all started about two years ago when we went to Vermont to look at real estate. We found homes too expensive and jobs scarce. We came home discouraged and defeated, and we grew continually dissatisfied with the home and surroundings we lived in.

We never thought of building a house until we saw the adorable saltbox you featured. My husband and I were obsessed with the idea, although we couldn't see how we could build for a family of five on an average income. We sent for the plans just for fun, in spite of our doubts. Sparing the details, we should be breaking ground in a week or two—I still can't believe it!

We've made several changes in the plans to suit our needs and our budget, but the house retains its basic charm. It will be nestled among oak and pine trees in New Jersey—as close to a New England atmosphere as we can get.

Thanks for the beautiful feature that inspired us to build.

Mrs. Ken Bright
Medford, N.J.

HEIRLOOM LACE

Looking through your August issue, I was amazed to see a bedspread with lace border pattern identical to the lace pattern that my late mother used to crochet six bedspreads for her six daughters. It was wonderful to see it referred to as an heirloom. I consider mine an heirloom also.

My mother called the pattern the "spider web" design. Her spreads were not crocheted in squares, but back and forth across the width of the spread. She made the first one for me, the second for one of my sisters. In comparing the two, she thought she had done a much better job on the second, because it was tighter. Taking back my bedspread, she located the finishing thread, untied it, and unraveled the spread into balls of thread. She then re-crocheted it into (in her opinion) a more satisfactory bedspread.

ornament. Bake until thoroughly dry. Cool completely on a wire rack. Seal from moisture with clear acrylic spray or spray lacquer.

14TH-CENTURY LETTER FORMS

(Letters with faces.) Sizes shown: 6"-7" high, 3"-5" wide. Make up one batch each of plain and brown bakers' clay. Roll out a little of each to about ⅜" thickness on a lightly floured board. From brown clay cut out letter forms such as shown, or design your own. You may wish to refer to a book of alphabets or calligraphy for other letter styles. Move letters to an un-

Thank you for the privilege of sharing this bit of nostalgia. I enjoy your whole interesting magazine.

Mrs. Herman Eckell
Sawyers, Kans.

PENN PRIDE

Your article on Lancaster's restoration efforts was an inspiration to those of us who have been devoting our energies to this endeavor.

It was fitting that the same issue of *American Home* should contain a recipe of William Penn, as my mother, Evelyn Abraham Benson, the one responsible for attracting younger blood to the restoration effort, is also the editor of *Penn Family Recipes: Cooking Recipes of William Penn's Wife*, Guiljelma. Published by George Schumway, York, Pa., it contains the recipes my mother discovered in manuscript form at the Historical Society of Pennsylvania in Philadelphia. She came across them in 1938 while doing research on the Penn papers. The Historical Society was unaware that these recipes were in their possession until then.

Susannah Benson Eisemann
Lancaster, Pa.

SELF-RELIANT READER

I have tried many of the ideas in your wonderful magazine. It seems so refreshing to have a magazine that is full of money-saving ideas, such as the breakfast nook addition and the wall vanity, in your August issue.

The wall vanity is really beautiful in my colonial bathroom. I'm finishing up the breakfast nook (by myself). My husband is in the armed forces and will be surprised when he sees what I've accomplished! May I say that with your help, I've become self-sufficient.

(Mrs.) Debra S. Hahn
Hoves Park, Ill.

Address all letters to the editors to: Letters, *American Home*, 641 Lexington Ave., New York, N.Y. 10022.

greased cookie sheet before imprinting or otherwise decorating them. For detailed modeling, a clay-modeling tool is best. Cut out the head shapes from plain bakers' clay to fit the brown clay letters. With very little experimentation you will find the shapes of many facial characteristics. Decorate letter forms to accentuate their elaborate shapes and the detail of the faces. A wire ornament hanger may be slipped under and embedded in the back. Bake until each is thoroughly dry. Cool completely on a wire rack. Seal from moisture with clear acrylic spray or spray lacquer. □

American Home Market Place

Lynn Headley—Editor



Blue Willow takes the cake

Or cookies—on this delightfully decorative two-tier Blue Willow Ceramic Stand! 15" tall server is hostess-right for every occasion. Stand, \$4.95. Also available, 8-oz. Blue Willow Cream and Sugar set, \$2.50. Butter Dish, \$1.95. Add 50¢ hdlg. for each item. Lovely gifts at such pretty prices! The Added Touch, 12 A Water St., Bryn Mawr, PA 19010.



Woven copper bangles

Beautiful bracelets in swirls of solid copper lovingly hug your wrist for a dainty, dressy look! Lacquered to prevent tarnish. Whether or not copper has curing powers, just wearing such a pretty bracelet makes you feel good! In 1/2" or 3/4" width (specify). \$2.98 each; 2 for \$5.50. From Ferry House, Dept. H12, Briarcliff Manor, NY 10510.



Holly tree

Deck the hall, wall, window or door with this delightful holly tree bulging with bright, oversized candy canes. A broad leafed half tree, it's a cheerful decoration that makes a perky and pretty way to say "Merry Christmas" to all! About 17" tall. \$2 plus 50¢ hdlg. From Hedenkamp, Dept. 354, 361 Broadway, New York, NY 10013.



Over arm bag

This genuine leather lovely sports two handles that slip over one another to hold contents securely. Soft, supple, and a great traveler—packs flat without a wrinkle. A generous 14 1/2" x 17". Red, black, beige, or white. Also, beige or brown suede leather. \$16 plus \$1 hdlg. Old Pueblo Traders, 610 South Country Club Road, ADO, Tucson, AZ 85716.



Wall curio cabinet

Lovely curved-glass wall cabinet fitted with 3 shelves, has mirror back to show off your miniature treasures. Graceful pediment top with turnings, and drop carvings at base. 26"H, 20 1/2"W, 5 1/2"D. Mahogany or fruitwood finish. \$79.95 plus \$6 hdlg. Catalog of Victorian furniture with fabric samples. \$1. Magnolia Hall, AH12, 726 Andover, Atlanta, GA 30327.



Prince of a basket

High, wide-mouth and handsome rattan frog basket performs princely duties as a hungry holder for toys, paper, needlework, etc. Handwoven wicker. Green marble eyes. 19"H x 16"W. \$14.95 plus \$2 hdlg. Painted white, yellow, green, pink, orange, blue, or black, add \$2. Catalog, 25¢. Fran's Basket House, AH12, Rt. 10, Succasunna, NJ 07876.

COUNTRY CURTAINS

Ball Fringe on Cotton Muslin or Permanent Press

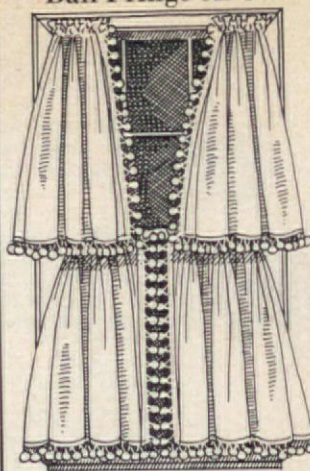
Natural or White

TIERS	COTTON MUSLIN		PERMANENT PRESS
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All pairs are 90" wide.

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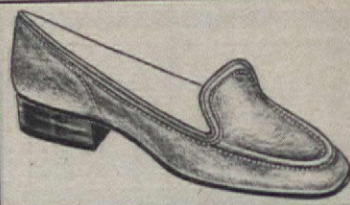


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Any Initial, American Flag, Pine, Gull, Palm, Roadrunner, Saguaro, Rose (Also, Texas Flag, Maple Tree, Treble Clef, Palette). Up to 20 letters per line, 4 lines. Printed in black on white or gold gummed labels 1 1/2" x 1/2". 500 on white or 250 on gold, \$2.50 ppd. Or on Deluxe Size, 1 3/4" long, \$3.50 with design or \$2.50 without, ppd. Specify Initial or Design desired. Via Air Mail, add 39¢ per order. Bruce Bolind, 1612 Bolind Bldg., Boulder, Colo. 80302. [Since 1956, thanks to you!]

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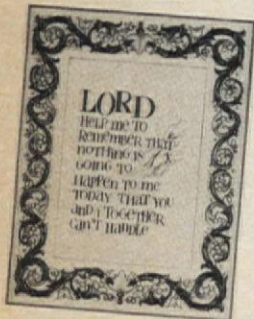


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This bathroom mirror comes to you for easy make-up, easy shaving! 7" two-faced mirror flips from plain to magnifying, extends 20" and swivels for best angle and light — folds to wall when not in use. Polished chrome-plated metal. 7088 Extension Mirror\$12.98

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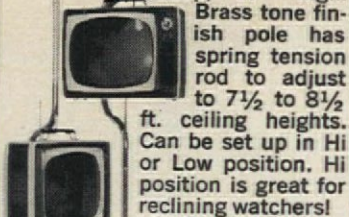
"Help me to remember that nothing is going to happen to me today that you and I together can't handle". Inspirational, and lovely words on a 8" x 6" wooden plaque. Full color Italian scroll border, enhances the quiet serene message. Laminated for permanence, ready to hang on a favorite wall at home or office. Ideal hostess gift.

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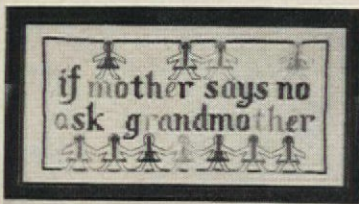
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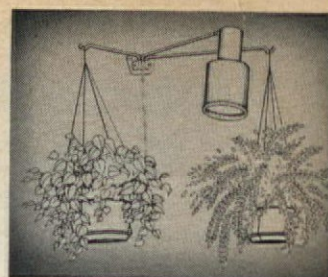
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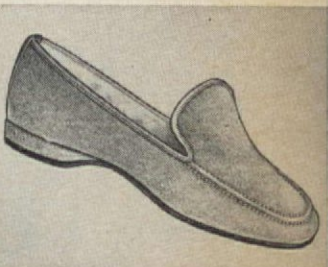
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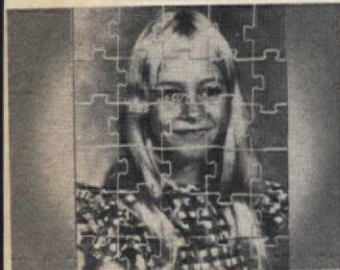
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Handsome, fire-engine red "alarm box" houses a U.L. listed chemical fire extinguisher that can smother both grease and electrical fires. Just pull the handle on front to remove extinguisher. Box is 10" tall. A perky decoration, too, that gives you peace of mind. \$19.95. "The Fire House," AH12, Nine Bedford St., On-The-Common, Burlington, MA 01803.



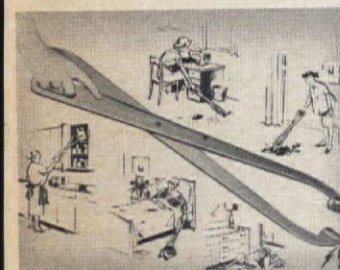
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Picture you, or anyone, as a great big jigsaw puzzle. It's such fun "putting yourself together." An 8"x10" jigsaw is made from your print or negative (returned unharmed). Color, \$2.98. Black and white, \$1.98. Add 25¢ hdlg. each puzzle. For rush service (same day handling), add \$1.50 each. American Studios, Dept. AH12, LaCrosse, WI 54601.



Bicentennial thimbles
Any collector will treasure these lovely white porcelain thimbles, truly in the spirit of America's 200th anniversary. Tomorrow's heirlooms, they are hand finished in full color with a handsome portrait of Benjamin Franklin, Betsy Ross, or the Liberty Bell. \$1.98 each. All 3 for \$5. Add 45¢ hdlg. Ferry House, Dept. AH12, Briarcliff Manor, NY 10510.



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Its super scissor action brings high, low or faraway objects finger-tip close. Sturdy 5-ply imported birch, it picks up everything in and out of sight—up to 27" away. No more stretch, stoop or strain. Magnetic tip even picks up pins, etc. Can hold sponge or dustrag for high or low chores. \$6.98. Better Sleep, AH12, New Providence, NJ 07974.



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MONEY BACK GUARANTEE

CACTUS PLANTS

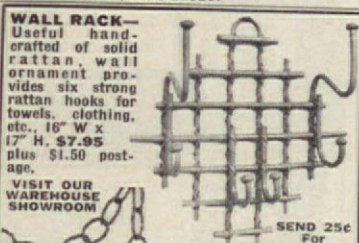
FROM SEED ALL KINDS AND FORMS
Curious odd-looking, strange species of plants; thrive anywhere with little care. Flowers of exquisite beauty and fragrance. Send 15¢ in coin for 50¢ Pkt. or 2 Pkts. for 25¢ and **FREE** Seed Catalog.

H. SHUMWAY SEEDSMAN
Dept. 300 Rockford, ILL. 61101



PRETTY TOSS-ON BOLERO

A lovely cardigan of washable orlon acrylic with a hand crocheted look. Light in weight, yet comfortably warm on chilly evenings. Has pretty shell stitch; scalloped ribbed trim; easy shoulder; ¾ sleeve. Your choice of white, black, beige, pink or light blue. Sizes 32 to 46. \$7.98 plus 75¢ postage. **FERRY HOUSE, Dept. H-12, Briarcliff Manor, N.Y. 10510.**



WALL RACK— Useful hand-crafted of solid rattan. wall ornament provides six strong rattan hooks for towels, clothing, etc., 16" W x 17" H. \$7.95 plus \$1.50 postage.

VISIT OUR WAREHOUSE SHOWROOM



RATTAN SWAG LAMP— Handwoven, fully electrified with dimmer switch, adjustable height from ceiling. 14" spread, 11" high with 18 ft. rattan chain and hooks for hanging included. Painted white, yellow or green add \$3.00. Use up to 150 watt bulb.

FRAN'S BASKET HOUSE
Route 10, Dept. AH12, Succasunna, N.J. 07876

Thimble theater!

Gathering thimbles has caught on faster than a quick stitch for sewers and collectors! Star-ter set is a smash success with 7 international thimbles plus a stained walnut shadow box to show 'em off. Has metal hanger. 8½x3x1½". Thimble booklet included. \$25. The Sewing Corner, AHE-12, Whitestone, NY 11357.



Gingham goes to press!

Enjoy quaint gingham bedspreads with today's convenient care in cotton and polyester permanent press! In white with red, blue, yellow, pink, or brown ¼" woven checks. Twin size, \$30. Double, \$35. Add \$1.75 hdlg. per order. Matching curtains available. Free brochure with sample swatches. Country Curtains, Dept. AH12, Stockbridge, MA 01262.

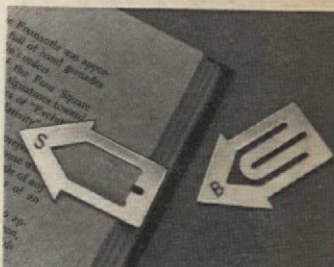
Needled by proudest?

Why not try this charming reminder! "Holy cow are you eating again?" design is ready to work in needlepoint. Hang it where the urge to nibble is tempting! Kit includes 7½"x9" design on canvas, Persian wool, needle, backing, magnets and instructions. \$5.95. 8"x10" oak frame, \$2.25. Add 50¢ hdlg. **Classic Corner, 12 A Water St., Bryn Mawr, PA 19010.**



The last word in bookmarks

Stunning straight-as-an-arrow bookmark hits the spot when it comes to keeping your place—right at the very line! Neat, attractive, simple. Engraved with one initial (print). 2" long. Solid brass in natural golden hue or silvery nickel-plated. \$1 each. 6 for \$5. Add 35¢ hdlg. **Lillian Vernon, Dept. ADE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.**



Wear your words!

If you have something to get off your chest, why not wear it on your chest with a Custom Printed Shirt! Great for club names, teams, etc., too. Fun wearing. Easy washing. Up to 30 non-fade letters on cotton shirt. Powder blue or navy. Sizes: S, M, L, XL. Sweatshirt, \$6.95. T-shirt, \$4.95. Holiday Gifts, Dept. 612-B, Wheatridge, CO 80033.



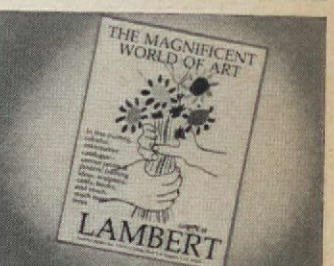
Batik animals

Four fun animals in full color add a tender touch of amusing humor. On lovely art paper, 9" x 12". Hard-to-resist prints include a surprised tiger, contented lion, bashful elephant, and mocking turtle. Mount as they are in a child's room, frame, or decoupage. Set, \$1 plus 35¢ hdlg. **Cadlyn's, Dept. A12, 2077 New York Ave., Huntington Sta., NY 11746.**



Armchair artistry

Visit "The Magnificent World of Art" via this beautiful color catalog with over 200 reproductions of the world's most famous paintings on textured artist canvas in four popular sizes. Prints available matted, mounted, etc., in variety of frames. 99¢ to \$40. Catalog, 50¢. **Lambert Studios, Dept. AM-23, 910 N. La Cienega Blvd., Los Angeles, CA 90069.**



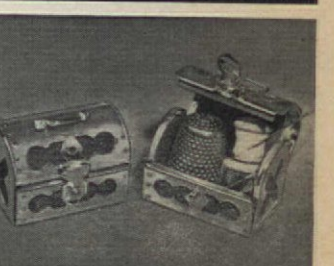
Gifting for a young lady

It's so easy to jump over the "gift hurdle" when you choose this lovely horse jewelry. Set of bracelet and two pins is finished in heavy silver plate with darkened details. A winning gift, all set to place and show! Set is \$7. Matching earrings, \$3. From **Jamaica Silversmith, Dept. AH12, 407 Rockaway Ave., Valley Stream, NY 11581.**



Sewer's treasure chest

Precious is the word for this tiny gem of a chest in gilded metal and leather! Holds not a pirate's but a sewer's handy treasure: golden thimble, 2 mini-spools of thread, several pins and needles. Made in Italy. 1¼"x¾"x1". Great find for collectors, too! \$1.98; 2, \$3.50. Add 45¢ hdlg. **Ferry House, Dept. HTC, Briarcliff Manor, NY 10510.**



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4500 N.W. 135th St., Miami, Fla. 33059

--- MONEY-BACK-GUARANTEE-COUPON ---

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Please send me Gift Catalog #16445 @ 50¢.
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CLASSIFIED'S GUARANTEE

★ **CLASSIFIED, INC.** guarantees refund of any initial money sent in direct response to the above advertisements. AH-12

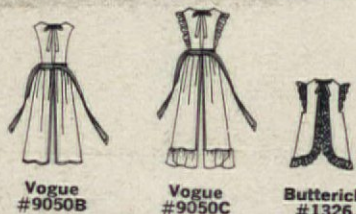
Product Sources

Merchandise listed is available in leading department and specialty stores. Items not included may be privately owned or custom made, or one-of-a-kind.

PINAFORES

Pages 46-47 and on cover: All misses' yardage is for size 10; all children's yardage is for size 4.

PATTERN BACK VIEWS



Vogue Pattern 9050, misses' apron; sizes 8 to 16, \$2. Version B (page 46) requires 2 7/8 yards of 45-inch fabric, without nap. Version C (page 47 and cover) requires 5 1/8 yards of 45-inch fabric, without nap.

Butterick Pattern 1326, child's pinafore (page 47); sizes 3 to 6X; \$2.50. Requires 7/8 yard of 45-inch fabric with or without nap and 6 yards of ruffles.

CANDLE POWER

Page 54: Magnolia-scent candles, Bluegate Candle Co., Montara, Cal. All furniture and accessories, LCS, Incorporated, N.Y.C.

Page 55: White candles, Lenox Candles, Inc., Oshkosh, Wis.; antique wooden bobbins, spools, Wixen Wax, West Hartford, Conn.

Page 56: White votive candles, Bluegate Candle Co., Montara, Calif.

Page 57: "Flameglow Candleholder Trio," Creative Glass, Corning Glass Works, Corning, N.Y.

BRUNCH IS READY . . .

Pages 70-71: Deluxe Mixmaster mixer, Sunbeam Appliance Co., Oak Brook, Ill.; Pyrex pie plates, Corning Glass Works, Corning, N.Y.; measuring cups, spoons, Foley, Minneapolis, Minn.; Kartell bed tray, B. Altman & Co., N.Y.

BREADS

All sources, N.Y.C.

Page 75 and page 76 top, left: Marble top, painted panels, Howard Kaplan, N.Y.C.

Page 76. Top, right: Spice chest, La Cuisinière, Inc.; board, H.J. Kratzer.

Bottom, left: Board, H.J. Kratzer; brass sheaf of wheat, La Cuisinière; poppy seeds for wooden tub, Paprika Weiss Importer.

Page 78. Top, left: Tile, roof ornament, bottle, glass, The Greek Island, Ltd.; fabric background, Fabrications.

Top, right: Carved wood table, tin bread holder, candlestick, fabric background, Pan American Phoenix Shop.

CORRECTION

We regret there is an error in our November story, "Perfect Coffee: Get Off to a Fresh Start." In the recipe for making the ideal brew, suggested on page 44, instructions should have read: ". . . use 2 level *tablespoons* of coffee for each 6 ounces (3/4 cup) of water."

STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION

(Act of August 12, 1970: Section 3685, Title 39, United States Code)

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American Home Publishing Company, Inc., 641 Lexington Avenue, New York, New York 10022.

8. Known bondholders, mortgagees and other security holders owning or holding 1 percent or more of total amount of bonds, mortgages or other securities: None.

9. For optional completion by publishers mailing at the regular rates (Section 132.121, Postal Service Manual): 39 U.S.C. 3626 provides in pertinent part: "No person who would have been entitled to mail matter under former section 4359 of this title shall mail such matter at the rates provided under this subsection unless he files annually with the Postal Service a written request for permission to mail matter at such rates." In accordance with the provisions of this statute, I hereby request permission to mail the publication named in Item 1 at the reduced postage rates presently authorized by 39 U.S.C. 3626. Leda Sanford, Publisher.

	Average No. Copies Each Issue During Preceding 12 months	Actual No. Copies of Single Issue Published Nearest to Filing Date
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A. Total No. Copies Printed (Net Press Run)	2,807,056	2,792,218
B. Paid Circulation		
1. Sales Through Dealers and Carriers, Street Vendors and Counter Sales	258,086	220,000
2. Mail Subscriptions	2,307,028	2,278,808
C. Total Paid Circulation	2,565,114	2,498,808
D. Free Distribution by Mail, Carrier or other means	47,966	68,928
E. Total Distribution (Sum of C and D)	2,613,080	2,567,736
F. Copies Not Distributed		
1. Office Use, Left-Over, Unaccounted, Spoiled After Printing	2,632	3,995
2. Returns From News Agents	191,344	220,487
G. Total (Sum of E & F—should equal net press run shown in A)	2,807,056	2,792,218

I certify that the statements made by me above are correct and complete. Leda Sanford, Publisher.

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Filter Kings, 16 mg. "tar," 1.0 mg. nicotine; Longs, 17 mg. "tar," 1.2 mg. nicotine, av. per cigarette, FTC Report Apr. '75.