

March 60¢

# American Home

Great Penny-Wise Dishes from the Dairy Case

Plant an Herb Garden • Jiffy-Stitch a Quilt

At Home with TV's Michael Landon & Family



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**Kitchen-in-the-Round**  
from our "100-Plus Idea House"  
Order Plans Now!

You can turn your unadventurous attic into a Tom Sawyer boys' room.

# Start with Armstrong and say, "I-Did-It-Myself."



Tom Sawyer's famous picket fence becomes a new way to shutter windows.



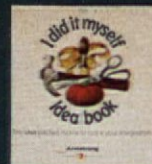
Installing Place 'n Press floor tile is easy and quick. Adhesive's already on the back—so all you do is peel, place, and press!



Chains attach the sturdy "raft" swing to beams you can make yourself. Add a sleeping bag, and it doubles as an extra bed.

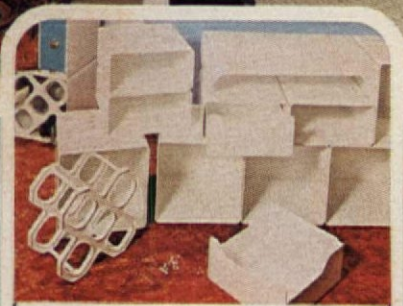
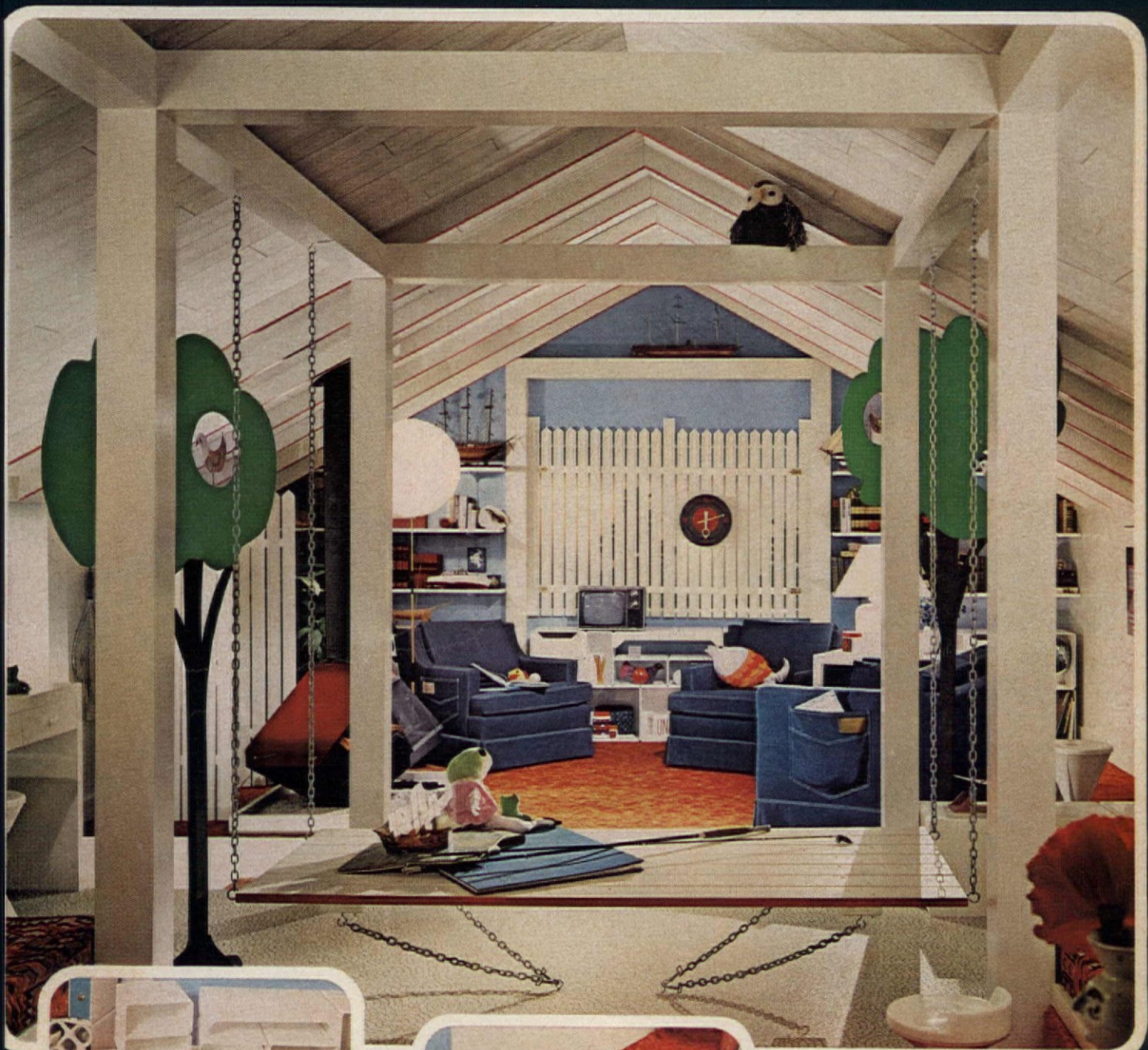
An unfinished, unused attic was all the challenge the Armstrong Interior Designers needed. With a budget in mind, they've turned that attic into a practical, sea-packed boys' bedroom/study that makes every day an adventure. And almost every item in the room, from hanging raft to built-in bunk beds, is easy to do, so the whole family can pitch in and say, "I-Did-It-Myself!" The rugged floor is Armstrong Place 'n Press" Tile in the tonelike Omega design. The splash-

of-color carpet in the study area is Montpelier, one of the many Armstrong do-it-yourself carpets. And the rustic ceiling is Armstrong Wood Grain Plank... also simple to install yourself. And don't miss the other fun-loving touches: the painted-plywood trees... comfy chairs upholstered in blue-jean denim... even whimsical fish pillows made from felt. They're all designed with easy-to-find, easy-to-work-with materials, so that you can say, "I-Did-It-Myself!"



Want to see more imaginative rooms like this? Send for this free "I-Did-It-Myself" Idea Book, with ten other fun-to-do rooms from the Armstrong Interior Designers.

We'll also include plans and instructions for the Tom Sawyer room featured here. Write Armstrong, 7503 Pine Street, Lancaster, Pa. 17604.



Versatile modular units are plastic cubes and drawers. Bought separately, they can be restacked as storage needs change.



Study area is covered with do-it-yourself Armstrong carpet—12-foot-wide and foam-backed for an easy seamless installation.

**Armstrong**

CREATORS OF



THE INDOOR WORLD



(Super Scour cycle also available in portable convertible models)

# Yes, there is a dishwasher that scours pots clean.

We know you're not going to believe any dishwasher can scour pots, pans and casseroles clean. Especially baked-on macaroni and cheese.

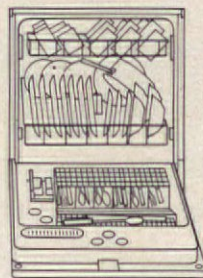
So, buy a Whirlpool dishwasher with the Super Scour cycle for a lot of other reasons. Two spray arms that reach into every nook of the dishwasher. A porcelain enameled interior. And exclusive silverware and cutlery baskets in the door.

That's right. Only Whirlpool offers a special silverware stash in the door. It means the basket's out of your way. Easy to remove and load. Safe, too. With knives in the Whirlpool cutlery basket, your invading hands will never chance meeting the sharp end of an upright knife.

See a Whirlpool dishwasher with Super Scour cycle at your nearby dealer. You'll like it. And you'll be pleasantly surprised that your pots, pans and casseroles, when loaded according to instructions, come out gleaming clean.



Our major competitors have silverware and cutlery in the lower rack.



A Whirlpool dishwasher gives you that little extra.

  
**Whirlpool**  
Home Appliances

We believe quality can be beautiful.

# Cowboys have ambushed your Broyhill end table.



## Woodcrafter's child-proof shine to the rescue.

A simple wipe  
brings back the shine...  
no need to re-apply.

When you invest in fine, hand-  
finished Broyhill furniture, you  
should protect its beauty from fingerprints, smudges  
and water rings.

That's why Broyhill recommends Woodcrafter™  
Furniture Polish, with its rich blend of imported  
Carnauba and Montan waxes.

Woodcrafter gives all your Broyhill furniture paste  
wax protection and child-proof shine.



Broyhill, maker of fine furniture, recommends Woodcrafter Furniture Polish.  
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## American Home

March 1975 Vol. 78 No. 3

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American Home Publishing Co., Inc.

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Inc., 841 Lexington Avenue, New York,  
N.Y. 10022. All rights reserved. Title reg.  
U.S. Patent Office. Published monthly. Sec-  
ond-class postage paid at New York, N.Y.,  
and at additional mailing offices. Author-  
ized as second-class mail by the Post Office  
Department, Ottawa, Canada, and for pay-  
ment of postage in cash. All bills concern-  
ing subscriptions should be addressed to  
American Home, P.O. Box 4568, Des  
Moines, Iowa 50306. Subscription Price:  
U.S. and Possessions: One year \$5.94;  
Canada, \$6.94; all other countries, \$7.94.  
Editorial and advertising offices, American  
Home, 641 Lexington Avenue, New York,  
N.Y. 10022.  
Advertising and Sales: Joseph L. Bayard,  
Western Sales Manager; Robert Weber,  
West Coast Sales Manager, San Francisco;  
Southern Territory: Cole, Monger & Water-  
house, Inc., Atlanta, Ga.; M. J. Brock, Jr.,  
Circulation Director; Elizabeth Higgins,  
Manager Special Services; Stephen E. Sil-  
ver, Marketing Director.  
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# Quality. The endangered species.

This country may be in danger. We could be losing something we can't afford to lose.

Once, when a man produced a product it was the best he could possibly make. He stood behind it with pride. He lived a simple idea: Do it right or don't do it at all. Nobody told him that. No government agency dictated it. And it built a standard of living for all the world to aim at.

Now that idea is threatened. Today that pride in workmanship, in the quality of things, is in danger of slowly slipping away.

However, there are companies, actually many companies, that are working harder today than ever before to preserve quality in everything they make.

We feel that Whirlpool Corporation is such a company. And we feel it so strongly that we have dedicated our entire company to the preservation of quality. And that means more than just making quality dishwashers, dryers, automatic washers, refrigerators, freezers, ranges,

compactors and air conditioners. We mean quality in everything we do.

That's why in 1967 we initiated our Cool Line service. Toll-free help that's available to you anytime. Just call with any questions or problems you might have concerning any Whirlpool appliance. The number is 800-253-1301. In Michigan, 800-632-2243.

That's why we have a Quality Control Department that assures you of appliances you can count on. Day in and day out.

That's why we have a simplified letter warranty that's easy to understand, easy to use.

That's why we have Whirlpool Tech-Care service. A franchised service network which means all the help you ever need is usually no more than minutes away.

Yes, quality may be endangered in many places. But at Whirlpool we simply won't let it die. It's too important.

And it means too much to all of us.



We believe quality can be beautiful.



# Bargain of the month



Octagon head

**TRU-TEST**

**Fiberglass Handle Hammer**

Reg. 9.65 value, only

**4.99**

Exclusive hollow core design

Your chance to own a professional quality hammer for about one-half of what you'd expect to pay. Whether you use a hammer full-time or only occasionally you'll appreciate the balance, swing, grip, the feel of this hammer everytime you use it. The head is precision machined and properly crowned for full, direct driving power. Hollow fiberglass handle provides finer balance, absorbs more shock. So this Tru-Test Hammer won't wear out . . . or wear you out.

Get this "Bargain of the Month" now while supplies last at your participating True Value Hardware Store.



There are over 4800 True Value Hardware Stores in 50 states. For one near you look under "Hardware" in the classified phone directory.



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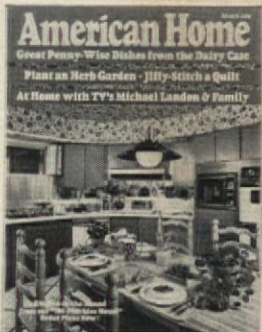
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Cover photograph by Maris/Semel



# If it wasn't for Winston, I wouldn't smoke.

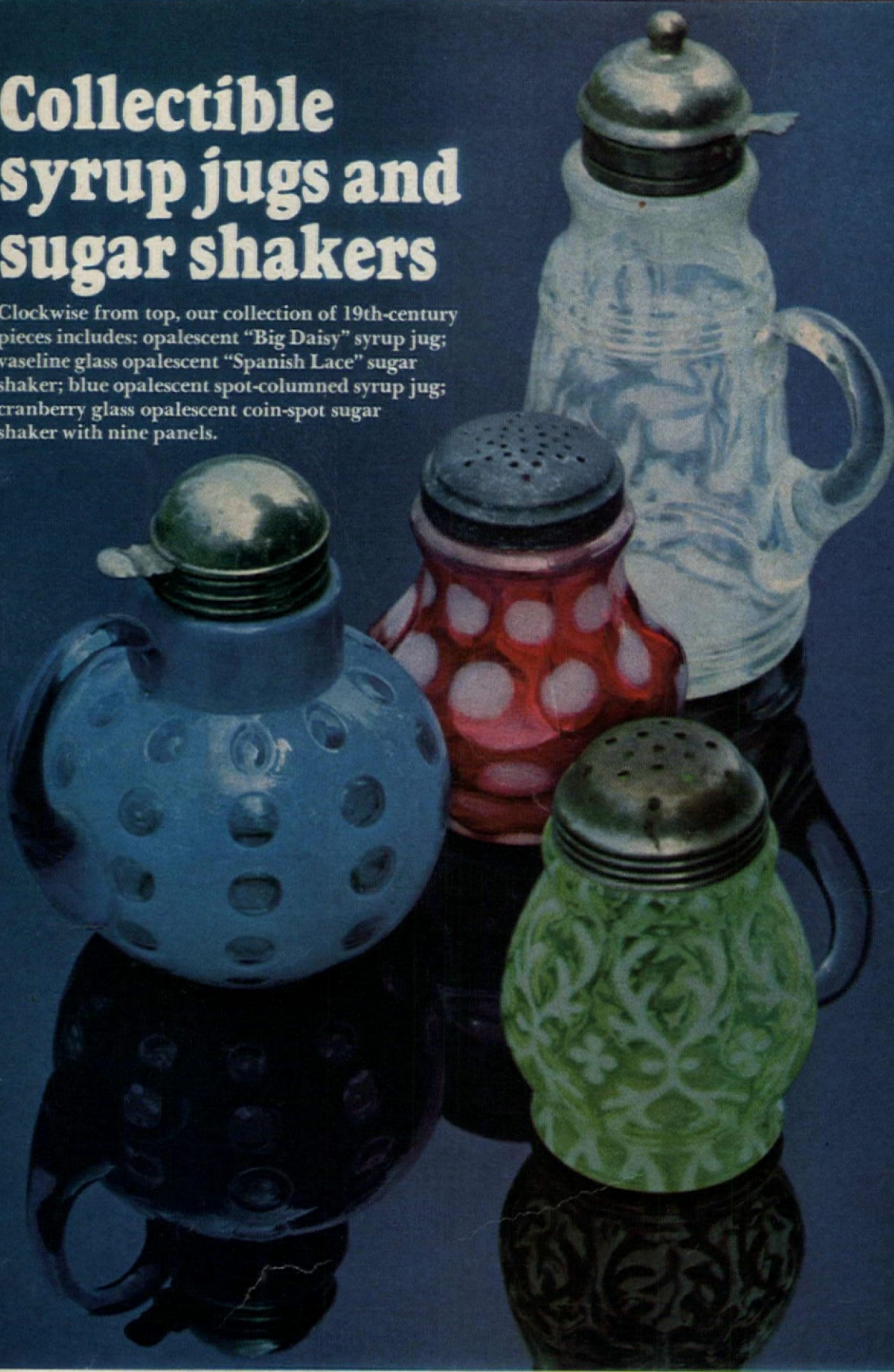
Taste isn't everything. It's the only thing.  
I smoke for pleasure. That's spelled T-A-S-T-E.  
That means Winston. Winston won't give you a new image.  
All Winston will ever give me is taste.  
A taste that's very real. If a cigarette isn't real,  
it isn't anything. Winston is for real.

Warning: The Surgeon General Has Determined  
That Cigarette Smoking Is Dangerous to Your Health.

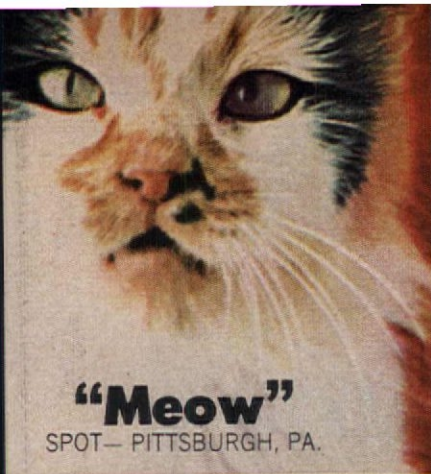
19 mg. "tar," 1.3 mg. nicotine av.  
per cigarette, FTC Report  
OCT. '74.

# Collectible syrup jugs and sugar shakers

Clockwise from top, our collection of 19th-century pieces includes: opalescent "Big Daisy" syrup jug; vaseline glass opalescent "Spanish Lace" sugar shaker; blue opalescent spot-columned syrup jug; cranberry glass opalescent coin-spot sugar shaker with nine panels.



*Your great-grandma probably used pretty pieces like these: jugs for pouring maple syrup on pancakes; shakers for dusting sugar on toast or muffins. Found in many American homes from the 1870s until World War I, these lacy glass containers are now popular collectors' items.—Rosemary L. Klein*



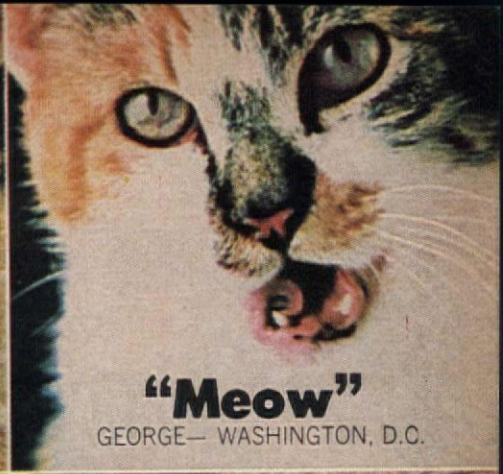
**"Meow"**

SPOT— PITTSBURGH, PA.



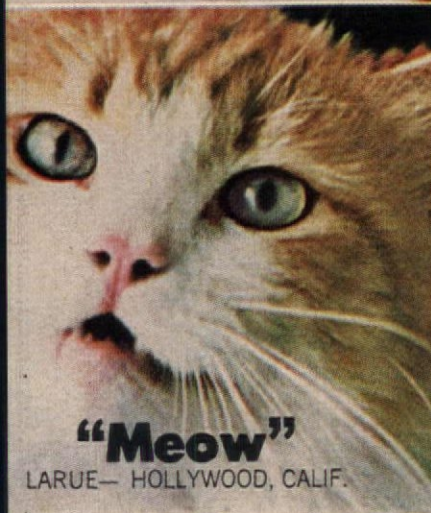
**"Meow"**

S. KATZ— BROOKLYN, N.Y.



**"Meow"**

GEORGE— WASHINGTON, D.C.



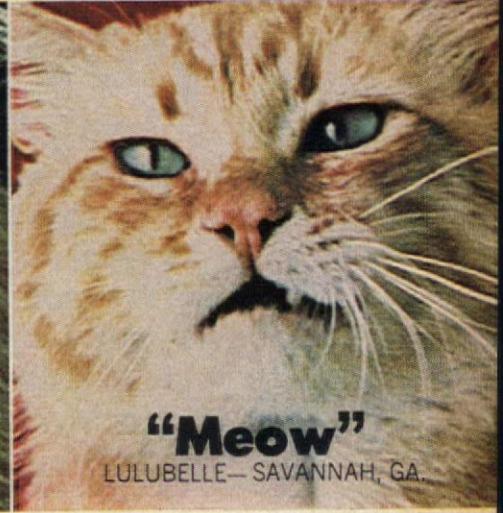
**"Meow"**

LARUE— HOLLYWOOD, CALIF.



**"Meow"**

PERCY III— BOSTON, MASS.



**"Meow"**

LULUBELLE— SAVANNAH, GA.

## THE BEST ADVERTISING FOR NEW MEOW MIX IS WORD OF MOUTH.

An ad can't tell you what a cat can.

And cats who've tasted Meow Mix™ have had one word for it. "Meow". (See above.)

You see, Meow Mix is a whole new way to feed a cat. More than just a new variety of cat food, it's a cat food with real variety.

For the first time, a cat can get his three favorite flavors, tuna, liver and chicken, in one package. They're in separate bite-size morsels. The tuna is red 🍷, the liver is brown 🍖, the chicken is yellow 🍗. So they look as different as they taste.

And not only does a cat get the variety he craves, he also gets the nourishment he needs. Because Meow Mix contains all the protein, vitamins and minerals cats are known to need.

So now your cat doesn't have to wait till his next meal or change of taste, he can get it in his next bite. Which should keep him biting all day long.

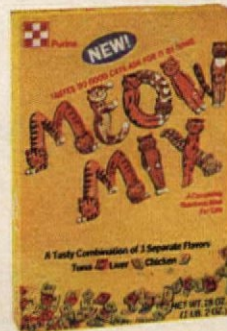
But don't take our word for it, we'd rather you get it right from the cat's mouth.

© 1975 Ralston Purina Co.

**10¢**

**Something for you  
to meow about.**

**10¢**



MR. DEALER: For payment of face value, plus 3¢ handling, send to Ralston Purina Company, P.O. Box 1107, St. Louis, Missouri 63188. Coupons will be honored only if submitted by a retailer of our merchandise or a clearing house approved by us and acting for, and at the risk of, such a retailer. The obligation to redeem this coupon is expressly conditioned on the retailer showing on request invoices proving purchases of sufficient stock within the past 90 days to cover coupons presented for redemption. Any other application constitutes fraud. This coupon is nontransferable, nonassignable and redemption is limited to one coupon per specified product and size. Any sales tax must be paid by customer. Offer void where prohibited, taxed, or otherwise restricted. Cash redemption 1/20 of 1¢. Limit one coupon per purchase of MEOW MIX™. Any other use constitutes fraud.

**STORE COUPON**  
Offer limited to 18 oz. and 3 1/2 lb. sizes.

29 29  
**10¢**









# Enjoy the old-time goodness of herbs

By Dorothy Lambert Brightbill

**There's something especially rewarding about growing your own herbs: The tidy patches of green have a delicate beauty and fragrance you'll treasure. And more—your garden can yield a precious harvest of fresh chives and dill for cooking, dried sweet-smelling lavender and rosemary for making potpourri. My own garden, which you can see on the next page, was simple to grow, yet it's a never-ending source of pleasure to me. The chart below tells you how to grow and use my six favorite herbs.**

For more about my garden, plus herb recipes, see page 86.

Herb	Planting	Conditions	Uncooked uses	Cooked uses
 <p>Basil</p>	Annual: Start with plants; sow seeds between	Sun, <i>good</i> soil: may need packaged soil, fertilizer	Salads Mayonnaise Pesto	Omelets Spaghetti sauce Boiled dressings
 <p>Mint</p>	Perennial: Start with plants; "layer" (to root) by pinning down	Part shade: moist soil and very sparse fertilizing	Salads Fruit cups Iced drinks Bouquets	Teas Peas, carrots Rice Jellies
 <p>Parsley</p>	Biennial: Start with plants; seed basil around them	Sun, <i>good</i> soil: Same as for basil	Salads Garnishes Cheeses Butter	Soups Stuffings Root vegetables Omelets
 <p>Sweet Marjoram</p>	Annual: Start with plants; two is enough	Sun, <i>good</i> soil: Same as for basil	Salads Pâtés Cheeses Butter	Soups Poultry dishes Shellfish dishes Onions, peas
 <p>Thyme</p>	Perennial: Start with plants; "layer" as for mint	Sun, <i>good</i> soil: Same as for basil	Salads Dressings Tomato juice Aspics, pâtés	Chicken dishes Stews, chowders Beef dishes Omelets
 <p>Chives</p>	Perennial: Buy good plants; two go a long way	Sun, <i>good</i> soil: Same as for basil	Cottage cheese Potato salad Fish Mayonnaise	Soups Chicken dishes Savory egg dishes Stews

# SUNSHINE AND FLOWERS. PRICED FOR THE NEW WAY OF LIFE.

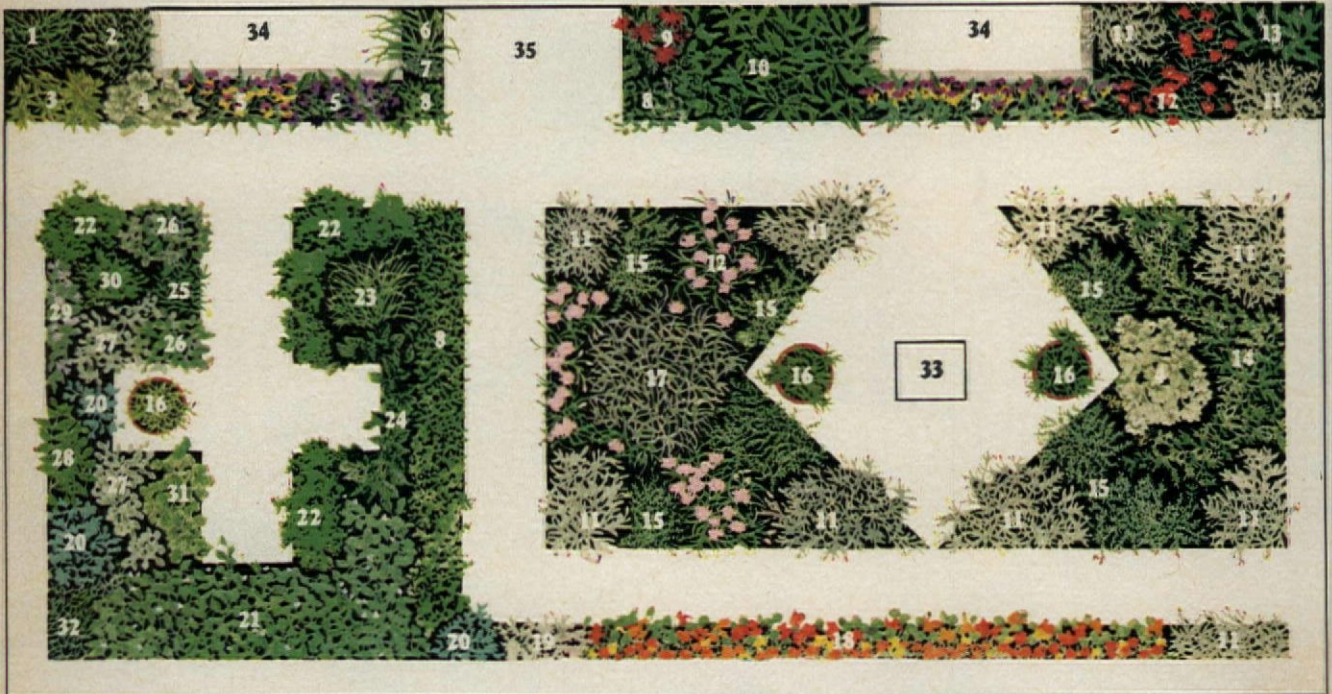


Our bedroom coordinates bring indoors the joy, the vibrant color, the freshness of outdoors. Without making you pay dearly for it. Because at Pacific we take the high out of cost and put it back into living. "Paper Rose" sheets, ruffled or plain pillowcases to match. "Lauri" bedspread and matching drapes. In yellow and four other colors. Sheer curtains, full 5" bottom hem. In white and six other colors. Pacific Mills, (a division of M. Lowenstein & Sons), New York, N.Y.

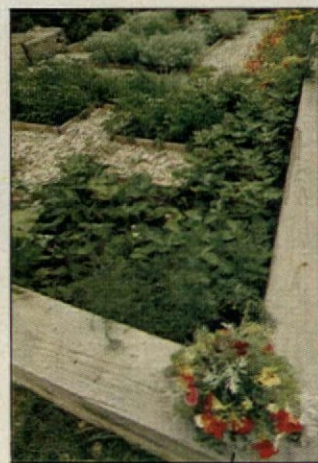
*Pacific*<sup>®</sup> **THERE'S A WHOLE NEW WORLD OUT THERE.**



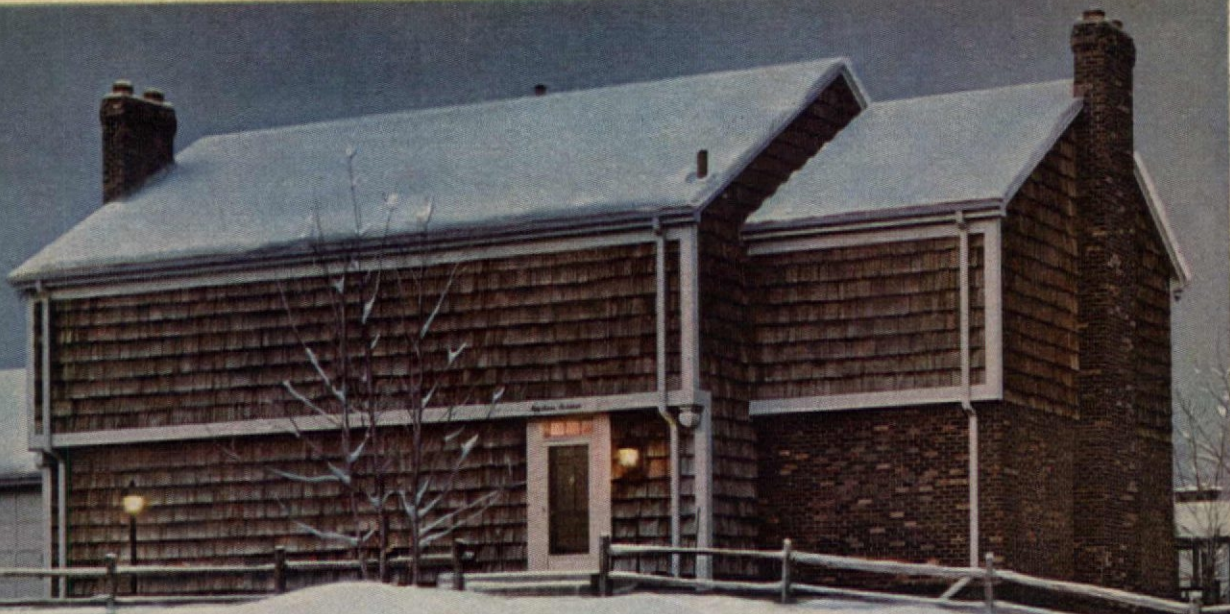
My herb garden has a culinary area (above and below, left) and fragrance area (above and below, right).



Garden consists of: 1. dill; 2. Southern wood; 3. sweet woodruff; 4. lady's-mantle; 5. violas; 6. iris; 7. box-wood; 8. thyme; 9. bee balm; 10. mint; 11. silver mound artemisia; 12. pinks; 13. clethra; 14. geraniums; 15. santolina; 16. rosemary; 17. lavender; 18. nasturtiums and calendulas; 19. dusty miller; 20. rue; 21. wild strawberries; 22. parsley; 23. chives; 24. basil; 25. savory; 26. sweet marjoram; 27. licorice; 28. dittany; 29. sage; 30. chervil; 31. horehound; 32. chamomile; 33. shrine; 34. window well; 35. step.



Sequence of photographs, from left, first shows border of fragrance area with its artemisias, pinks and geraniums. Next, we look across garden from culinary area; I keep rosemary in pot so it can be brought indoors. Third, wild strawberries form border; fourth, fragrance area features lady's-mantle, geraniums.



One way to insulate.



The way to insulate with a view.

Copyright © Andersen Corp., Bayport, Minn. 1974.

Snug-fitting Andersen™ Windows have always let you make the most of a beautiful view.

(And that's more livable than no windows at all!)

What you may not know is that Andersen Windows are also designed to save on heating bills.

(And that's better than the old leaky, drafty kind.)

Because Andersen Windows are made of wood, one of nature's best insulators.

And they're built two times

more weathertight than recognized air-infiltration standards. To help seal out drafts and dust.

With optional double-pane insulating glass, they also provide all the fuel-saving benefits of storm windows, with only half the glass cleaning chores.

So save fuel and enjoy your view. Insist on Andersen Windows and Gliding Doors.

For further details, see your lumber dealer. He's in the Yellow Pages under "Windows, Wood."

Please send me your free booklet, "How to Get Good Windows."

I plan to build.  I plan to remodel.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

The beautiful way to save fuel.

001-035



**Andersen Windowalls®**  
ANDERSEN CORPORATION BAYPORT, MINNESOTA 55003



There's something kind of nice about picking your own vegetables for dinner. Everything tastes better, and the savings don't hurt a bit (as lots of new backyard farmers are finding out).

You'll see the difference a good fertilizer can make.

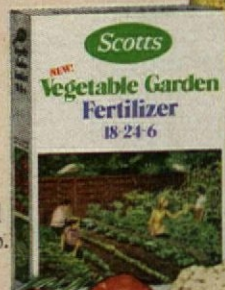


But if you want a better crop—meatier tomatoes, larger heads of lettuce, and more vegetables per plant—use Scotts® Vegetable Garden Fertilizer. It has both fast-release nutrients to get your plants off to a strong start and slow-release nitrogen for a balanced, prolonged feeding.

**Introducing Scotts new Vegetable Garden Fertilizer. It will give you a better crop of vegetables and that's a promise.**

Our slow-release formula lasts longer than the water-soluble, quick-release brands. Some of these suggest 2 or 3 feedings per crop. With Scotts, once is usually enough. It can be used on all vegetables, and there's no risk of injury to your plants if you just do what it says on the package.

We've been in the business of growing things for one hundred years. Our new Vegetable Garden Fertilizer will give you a better crop.



## Ask us about your antiques

**Q** This buggy, which belongs to my father, is made mostly of wicker. The handle is brass and porcelain, with a bracket that holds an umbrella. There do not seem to be any markings on it—can you tell its age or origin?  
M.J.—Sarcoixie, Mo.



**A** Not much has been written about carriages. Wicker examples like yours are generally from the late 19th or early 20th centuries. The interesting pattern on the wicker sides suggests that your carriage was very likely made before 1900. You might look carefully at the axle and wheels to see if there is a dated patent mark that will indicate to you the earliest possible date of the carriage's manufacture.

**Q** Among the antiques I'm giving to my grandchildren is this unmarked earthenware teapot with "Rebecca at the Well" embossed on it. What can I tell them about the piece?  
C.H.—Brazoria, Tex.

**A** "Rebecca at the Well" was widely used by American potters to ornament pitchers and teapots in the mid-1800s. Your example has the dark, mottled-glaze characteristic of Bennington Rockingham ware—named after two of its best-known centers of manufacture. This teapot could have been made by any of a number of potters active in the 19th century.



**Q** We believe the light fixtures in our house were made by Tiffany. Can you confirm from this example?  
E.S.—Weehawken, N.J.

**A** The small, translucent glass pieces set in lead make your fixture resemble work by the Tiffany Studios. But they are generally associated with glass shades of more elaborate design—florals or geometrics. Although it is known that Tiffany occasionally produced simple work, your piece was very likely produced by a contemporary competitor who was active about 1900—unless you can find a Tiffany mark on the metal.



(continued)





Oh,  
the disadvantages  
of our  
longer cigarette.  
Benson & Hedges  
100's

Warning: The Surgeon General Has Determined  
That Cigarette Smoking Is Dangerous to Your Health.

17 mg. "tar," 1.1 mg. nicotine,  
av. per cigarette, FTC Report, Oct. '74.



Regular and Menthol



**Don't you wait for septic tank or cesspool trouble to start. Use Rid-X® now. 50¢ worth once a month can save you hundreds of dollars.**

The Bodens are real people. Their cesspool really needed work. This picture was taken as it was being done. The job really cost \$550.

It could happen to you! For years the Bodens were like most home owners. Their sewage system worked fine, so they ignored it. Meanwhile, trouble built up underneath their feet until one day, it surfaced. They learned the hard way—when you see septic tank or cesspool trouble, it may be too late.

That's why you should start using Rid-X now, before trouble starts. Today's modern detergents, bleach and lyes can destroy the active bacteria your sewage system needs to work efficiently. Rid-X is a beneficial bacteria additive made to help reactivate that essential bacteria action; to help liquefy waste matter, oils and fats. Rid-X works to keep septic tanks and cesspools trouble-free.

Don't confuse Rid-X with liquid and caustic products made to simply unclog drains. Rid-X is specially made to work inside septic tanks and cesspools. Just 5¢ worth, flushed down the toilet bowl once a month, can save you hundreds of dollars! Buy Rid-X today, at your hardware or food store.

**SPECIAL COUPON OFFER.**  
Get a discount coupon worth 50¢ towards your purchase of Rid-X (it's like getting the first month's supply free)—plus a free 16-page booklet on septic tank-cesspool maintenance. Send name and address to Rid-X, P.O. Box 225, White Plains, N.Y. 10606.



**LAST NIGHT BODEN'S YARD WENT DOWN THE DRAIN. SO DID \$550.**

[continued]

**Q** This castor set was a "find" in Grandma's attic. A mark on its base comprises two concentric circles. The outer one reads, "Quadruple Plate . . . Meriden, Conn." The inner circle reads, "Wilcox Silver Plate Co." Do you know anything about this piece?

J.O'R.—Wilmington, Ohio

**A** Your castor set is a product of the 1880s. The flat engraving of flowers and bees on the stand reflects Oriental influence, which was fashionable then. The Wilcox Silver Plate Co. used the name marked on your set from 1867 to about 1898, when it merged with the International Silver Co. It remains one of the outstanding Meriden, Conn., silver-plate manufacturers.



**Q** When this pressed-glass water set was given to me, I was told, "It was once considered ill-mannered to drink all from a glass, even water, so the little waste bowl was provided." Do you know anything more about it? I find no identifying marks.

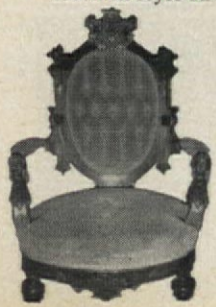
O.H.—Valley Center, Kans.

**A** The pattern on the pieces in your set, though charming, is not widely sought after by collectors of pressed glass. The combination of triangular motifs and garlands against a frosted background looks more like a design of the early 1900s than the 1850s. It was inspired by the cut glass fashionable after 1880; the garlands suggest that it was made to complement the room decor popular at the turn of the century.



**Q** Can you tell me anything about the age and origin of this chair?  
W.McC.—Tiptonville, Tenn.

**A** Your chair is in the Renaissance Revival style favored by American furniture makers between 1860 and 1880, the ornamentation inspired by French Renaissance models of the 1500s. Carved heads on the chair arms are adaptations of the sphinx motif.



**Q** Can you tell me anything about this old brass candlestick? It stands 8 inches high, with the word "England" etched on the pedestal.

J.D.—Phoenix, Ariz.

**A** The word "England" on your candlestick indicates that it was made when U.S. Customs first required imports to show country of origin. But even without the mark, your piece is characteristic of the early 1900s. Older sticks were made by a casting process using thicker brass and simpler designs. Yours was probably made by a stamping technique.



Now you can learn the real story behind that family treasure you may have owned for years but know little about. We can't appraise an object for you, but we can tell you something of its style and origin. Send letters and clear black-and-white photographs to: Ask Us About Your Antiques, American Home, 641 Lexington Ave., New York, N.Y. 10022. Include complete descriptions plus any details the pictures don't show. Questions of general interest, accompanied by pictures, will be published as space permits. We are unable to return photos or send personal replies. —Marvin D. Schwartz

# 19 ways McCall's helps you be all the women you are.

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2. The revolt of the company wife
3. Marriages that make their own rules
4. New pregnancy test works just 6 to 8 days after conception—takes less than an hour to give results
5. Ten interesting jobs that don't require a degree
6. An expert solves "hopeless" skin problems
7. The real meaning of women's sexual fantasies
8. Rx for parents whose children take drugs
9. Marital infidelity: people who cheat, and people who don't, defend their positions
10. How parents can beat the high cost of college
11. What every woman should know about woman's most common operation
12. How Caroline Kennedy manages to lead a normal life
13. "Will my children still love me after the divorce?"
14. The 30-minute dinner that tastes like it took you all day to make
15. How to train yourself to spend less
16. Time-saving tips for working wives
17. Problems that sex in movies may be causing your teenagers—and how to clarify things for them
18. Low-calorie recipes for gourmets
19. Good Looks—a monthly column on what to do to look your best—gives you simple beauty aids which have worked for generations and still work today

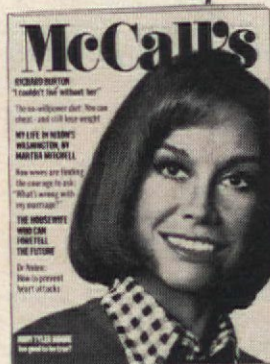
Today's woman has so many sides to her personality, and is committed to so many activities, that she's often unable to deal with them all as well as she would like. That's why it's such a rewarding experience—and so helpful in the practical sense—to find your needs so beautifully answered in *McCall's*.

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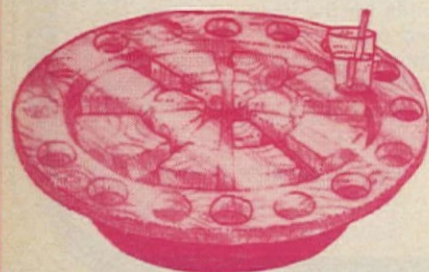
Ingenuity by the sea in a beautiful California setting

By Muriel Davidson

There may be another store like **The Carmel Bay Company**, but if so, I haven't found it. Located in Carmel-by-the-sea, Calif., a hundred-odd miles south of San Francisco, the store is the absolute epicenter of an already fantastic shopping area set amid the rugged, incomparable scenery of the Pacific Coast.

Owners Courtney and Howard Brunn sell such offbeat items as woven hats from The People's Republic of China, hand-crocheted hammocks from Nova Scotia, British railway signs (bearing messages like "Engines must not pass this point!"), Kurdish wedding rugs handmade by the bride and the groom, one-of-a-kind kitchen or bathroom cabinets handmade from almost-petrified Ponderosa pines that have lain on the forest floor in Oregon for up to 400 years.

The wares are so splendid that it's hard to pick a favorite. However, the Carmel Bay Company's most famous specialty is its wooden foundry forms. In their previous lives, these forms were placed in wet sand or plaster to make the molds into which molten steel was poured to fabricate giant wheels and other assembly-line devices for industry. Howard Brunn finds the wooden



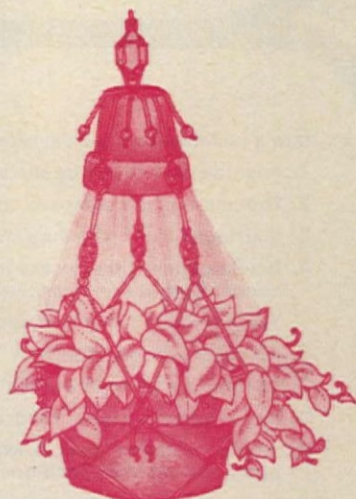
"patterns," as they are called, in warehouses, where they are usually about to be destroyed. He cleans them up, often by having them sandblasted, and sells them for \$12 to \$800. The smaller ones make intriguing wall sculptures. The larger, circular ones, ranging in diameter from two to nine feet, make smashing cocktail tables when mounted on sturdy pedestals and surmounted with glass tops.

If you're ever driving through beautiful Carmel-by-the-sea, pay a visit to the Brunns' store. And if you want to write them, they'll give special attention to all *American Home* readers. Address your letters to: Dept. AH, Carmel Bay Co., Corner of Ocean and Lincoln, Carmel, Calif. 93921.

Still in Carmel, my husband Bill and I went to have lunch at actor **Clint Eastwood's restaurant**, The Hog's Breath. I have to tell you that their *Dirty Harryburger* makes all other hamburgers taste like wood shavings.

The restaurant itself is full of nifty decorating ideas. Our favorites were the hanging-lamp creations of Joyce Kutchins, one of the restaurant's "waitperson." Joyce makes each of these out of a large clay flowerpot, strands of macramé and an extension cord with a light socket at one end. She threads the cord through the hole in the bottom of the pot, leaving the light socket inside. She then inverts the pot so it hangs upside down and works macramé in streamers down its sides, up the inside and up along the extension cord to help support the pot and conceal the cord. The cord then twists around a hook in the ceiling, and droops gracefully to an outlet. Some of

Joyce's most exciting creations suspend a second flowerpot via macramé. The lower pot holds a plant, which basks in the light from above.



**The beautiful Peruvian and African and Italian baskets** I saw at The Carmel Bay Company gave me an idea for rectifying a long-neglected eyesore in our home—an ugly light fixture in the ceiling of the bedroom. I had been planning to have it ripped out and replaced with something very tasteful and very expensive—until I realized that you can use a really lovely basket for something other than displaying fruit or seashells or storing sewing necessities: You can make a lampshade.

It was simple work. Using a nail, I punched a tiny hole in the bottom of a shallow red/green/beige 25-inch-wide Nigerian basket. I then unscrewed the cap holding the existing white glass ceiling fixture in place and, holding the glass, attached the basket beneath it by slipping it up onto the screw, then putting the little cap back on. The basket curves upward, successfully and attrac-

tively hiding the ugly glass globe—and transforming the whole room.

My next basket project will be in the kitchen. I've found a deep Bolivian basket, loosely woven so that it will let more light shine through. I'm going to spray it a dark brown to match the wood cabinets and enjoy my neighbors' wonder when they see it—unique and warmly glowing—up on the ceiling.



**Only-in-California Dept.:** a monumental discovery. While Bill and I were in Carmel, a world-famous center for art and artists, we had dinner at the home of friends whose walls were alive with paintings. I admired almost all of

them, but one in particular really caught my fancy. It was an abstract expressionist work in the style of Jackson Pollock, blooming with great, vivid splashes of color in a kind of asymmetric symmetry. I asked my hostess where she had bought the striking painting, and who had painted it.

"I'm glad you like it," she said, grinning. "I bought it in the gift shop at the Portland zoo for \$5. It was painted by a very talented chimpanzee named Oscar!"

Illustrations by Melanie Gains Arwin

# I lost half of myself without taking diet pills.

By Donna Walker — as told to Ruth L. McCarthy

When I was 66 inches around, and 65 inches tall, even my favorite fat lady's store had a problem. I know, because at 278 pounds I wore the largest bloomers they had. And that's the only word for them — bloomers — even though I'm of the generation that usually refers to ladies' panties as briefs.

Fact is, the thought of having nothing to wear made me so panicky, I said to myself: "This is it! You've got to lose weight, Donna." Not that I was unaware of my size before. There were too many embarrassing reminders in my life for me to ignore my weight. For instance, at my fullest figure, I fit so snugly into a tub that the water was dammed up behind me when I pulled the plug out in front of me. And when I stood up in a shower stall, I couldn't even bend over to pick up a bar of soap. I was trapped by my appetite.

As for dresses, I had one — to go to work in. I washed it every night and every day for one whole year because it was the only dress that fit.

I think I ought to mention that chocolate and sweets were my undoing. But ironically, candy is what really helped me lose weight. Ayds® Reducing Plan Candy. I'd read ads about it in magazines and when I learned that Ayds contains vitamins and minerals, but no drugs, I thought maybe, at last, I'd found what I needed. I knew from past experience that diet pills, weekly reducing sessions and even a psychiatrist were not the answer for me. I needed something to help curb my appetite and my eternal craving for sweets.

So, I bought a box of chocolate fudge Ayds at the drug store and started on the plan in the fall. I took one or two Ayds about 15 minutes before each meal with a hot drink and it really helped me cut down on what I ate. And I ate regular meals, nothing special.

Right from the start, I had such a positive feeling about the Ayds plan, I took on a \$50 bet from my friend's husband. He'd heard me talk about



When I weighed 278 pounds, my friends called me a Floating Island. See why?



Now I'm 136 pounds, my friends in West Hartford, Conn., hardly recognize me.

losing weight for 10 years, but never saw me do anything about it. So he figured it was going to be an easy win. Was he wrong! In the end, he had to pay up, because the weight came off.

Nobody really noticed it until I'd lost more than 50 pounds. You see, I hadn't bought any new clothes, so I was hidden under a lot of baggy pants and sacky tops. Then at Easter, when I'd taken off 78 pounds on the Ayds plan, I turned out in a new lavender pantsuit and everybody was amazed. I was thrilled, and more determined than ever to stick to the Ayds plan.

I guess, though, we never see ourselves as others do. Let me tell you about a remark my nephew made while I was still losing weight. He'd seen me at his sister's wedding, wearing a size 52 beige tent. Months after I'd been on the Ayds plan, I appeared at his wedding in a size 18 dress. He was so shocked, he said: "What were you wearing the last time I saw you — your beige Volkswagen?" Funny, I knew I was fat, but not that fat.

How long did it take me to lose 142 pounds on the Ayds plan? Just about a year, and now I can do things I never could before. For the first time, believe it or not, I can cross my legs — like a lady. I can also see all of me in a mirror. And I can even climb up a pool ladder without fear of breaking it.

On the serious side, my teenage nieces and nephews are now proud to introduce me as their aunt. In fact, everybody is a lot happier with me, now that I'm only 37½ inches around. Which makes me forever grateful for the Ayds plan.

## BEFORE AND AFTER MEASUREMENTS

	Before	After
Height .....	5'5"	5'5"
Weight .....	278 lbs.	136 lbs.
Bust .....	49"	35¾"
Waist .....	45"	27"
Hips .....	66"	37½"
Dress .....	52	12

# American Home report: 10 top trends in furnishings for your home

By Carol L. Crane

Inflation is upon us; but while Americans are spending less money on cars and traveling, and new-home building has screeched to a virtual halt, there has been an unprecedented upsurge in spending on redecorating and remodeling. Why this growing interest in our homes? *American Home* editors see it as a turning-inward toward the family, a rejection of the problems of modern living. No question; *home is the place to be in 1975!*

And as families remodel and redecorate, they're showing their true colors: more sophisticated than ever before—less bound by tradition and archaic decorating rules. After meeting at length with a group of industry leaders (see below), our editors concluded that these are today's furnishings trends:

**1. More and more women are demanding home furnishings that are easy to care for.** This doesn't mean gracious living is on the way out. We can have it both ways with items like:

- Lush velvet upholstery in indestructible Herculon fiber (Collins and Aikman);
- Romantic, traditional flatware patterns in practical stainless steel (Oneida, Supreme, Northland);
- Crystal-look serving bowls and platters that go from freezer to oven to table (Pyrex by Corning);
- Period patterns, usually found on delicate china, now appearing on new miracle materials (Corning's Corelle, Oneida's Melamine);
- Washable suedes, available for upholstering and slip-covering (Contemporary Hides, Costa Mesa, Calif.).

**2. Busy women want furnishings that are uncluttered and simple.** Opting for things that would once have been considered "masculine," they are putting the emphasis on practicality, clear colors and clean lines, as in their choice of fabrics:

- J.P. Stevens' "Century 20," a hard-edge geometric in pastels;
- Wamsutta's "Turtle Flowers," a floral with a neat, win-




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## Trend Forecasters

To find out what influences today's home-fashion buying habits, we turned to a panel of experts, including from left: Robert Bendheim and Joseph N. Anderer, board chairman and president, respectively, of M. Lowenstein & Sons, Inc., textile manufacturers; William M. Fine, president of its subsidiary, Wamsutta Mills.

lowpane check;

• "Carrefours," a bold abstract plaid by Schule-McCarville from André Matenciot;

• Bloomcraft's "Big Chief," a bright geometric adapted from American Indian motifs.

5. **Homeowners haven't lost their love of the traditional;** the design motifs of revolutionary America are having a big revival as our Bicentennial year approaches. Fabrics and wall coverings are on a flag-waving spree of stars and stripes in red, white and blue. Classic shapes of revolutionary times, such as the Revere bowl and traditional ironstone china, are popular. Pewter, a colonial flatware favorite, is reappearing in tableware and accessories. Fabrics and furniture, in particular, have been inspired, with:

• Schumacher's South Street Seaport collection, featuring prints and textures, with companion wall coverings, styled after the fabrics unloaded from clipper ships in Manhattan's bustling South Street Seaport in the 1700s;

• Other documentary groups inspired by history—Lee/Jofa's Museum of American China Trade collection, and the Wickham-Valentine House Restoration group and Winterthur Museum collection, both by Brunschwig & Fils.

• Simmons, Ltd.'s new line of colonial-inspired furniture that features a warm, low-luster natural pine finish resembling the color of stripped-down antiques, rather than the usual orangey-browns of pine reproductions;

• Magnavox's Spirit of '76 home entertainment centers, which house contemporary stereo equipment in the guise of a colonial dry sink or a line-for-line copy of a Queen Anne chest.

4. **Recent history is holding its own as nostalgia influences home-furnishings purchases.** The '20s take a bow with myriad Art Deco fabrics and wall coverings. And straight out of the '30s are:

• Tomorrow Design's herringbone-patterned, mirror-sheathed cocktail table;

• Elaine Lewis' angular, diagonally grooved Art Nouveau chests;

• Wamsutta's juvenile bed linens featuring early animated-cartoon characters.

5. **Ethnic consciousness, another concern of the '70s, continues apace:** African and American Indian design motifs are becoming as familiar as those of French provincial or colonial styles. And improved relations with The People's Republic of China have overwhelmed the home-furnishings market with designs inspired by the Orient:

• Brunschwig & Fils' Chiang Mai fabric;

• Thibaut's "Oriental Sunset" wallpaper;

• Mari's hand-painted ceramic ginger-jar lamps.

6. **Just as blue denim has invaded the world of haute couture,** so it has stormed the home-furnishings world, with items like:

• Evans Panelyte's laminated counter tops with a blue-jean effect;

• Walltex's fabric-backed "denim" vinyl wall coverings.

7. **Do-it-yourself is stronger than ever before,** prompting stores, manufacturers and communications media to offer better guidance than in the past, along with more convenient and attractive packaging of tools, supplies and component parts for home projects. Here are two of the kits you'll find in hardware and home-decorating stores:

• Joanna Western Mills' Lam-Eze Kit, containing all the essentials for creating a custom-look, fabric-laminated window shade;

• American Olean's simplified cutting kit, which has the equipment you need to cut ceramic tile prior to installing it.

8. **Busy women love items that are already coordinated by the manufacturer,** and they're buying all-together merchandise like:

• Pattern-matched wallcovering, fabric and flooring (Allied, Armstrong);

• Woven, patterned carpeting (Shenandoah) paired with wallpaper (Manuscreens);

• Total looks in linens, including matching sheets, bedspreads, quilts, draperies, rugs and bath linens (by such high-fashion designers as Bill Blass, Donald Brooks, Vera and Yves St. Laurent).

9. **Mobility is important to today's families,** and they want handsome furniture that can pick up and go. So there is a growing selection of permanent-looking items that fold, stack or dismantle for easy moving:

• Interlubke's freestanding wall system, actually a movable environment that incorporates storage, bed, desks and tables;

• Bedquarters' wall units to use with design-related freestanding pieces;

• Palaset's "Building Blocks"—modular rigid plastic cube storage units that line up or stack according to the space you have;

• Stanley's spring-tension traverse curtain rod that installs without holes, tools or hardware.

10. **Homeowners want furniture that is multipurpose and flexible,** more dynamic than in the past, but also with more than one act to its repertoire, so they're buying:

• Herman Miller's sinuous, separate seating units with inside and outside curves, so you can snake seating all around the room, and use as much or as little of it as you want to;

• Atelier International's straight-edge lounge units (with or without arms) to add to or subtract from as you will;

• Selig's sleekly covered foam units that make sofas go to any lengths;

• Elaine Lewis' cork-topped coffee table that converts to a bed.

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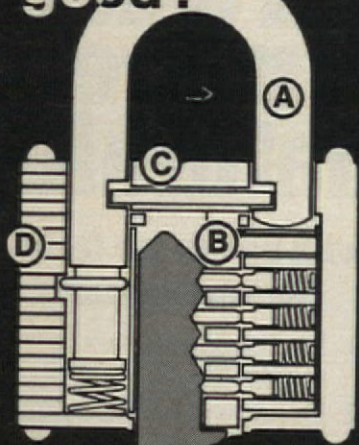
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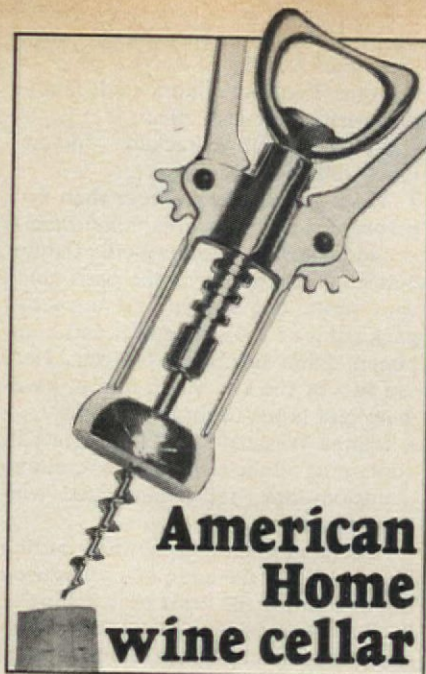
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**Look over our white-  
 wine choices for your  
 everyday enjoyment.**

California's white wines, which sing with the glowing charms of youth, are ideal accompaniments to the cheese and dairy menus featured on our food pages this month. Unlike some red wines, most whites do not need much bottle age to show off their winning traits, and many are delightful to drink without any bottle aging. Some do acquire a finesse worthy of special occasions when given another year or so of bottle age, but these are not the wines we'll discuss. Our choices are pleasant wines for your everyday table. They spark the appetite before a meal and complement a luncheon, dinner or Sunday-night supper featuring any of our cheese or other dairy-case inspired dishes.

Remember that white wines should be served chilled, and the wines that are light in body often taste better if they are chilled well. Many of these wines are blends—or generics, as they are known in the wine-lover's world; others are varietals. The wines we have selected are sensibly priced; the figures indicated are the fair-trade prices when last checked in California.

**Notable among the non-vintage Chablis blends** is the Almadén Mountain White Chablis, which has a soft color, is dryish and crisp (\$1.67 a fifth, \$3.34 a half-gallon, \$5.91 a gallon). Another good buy is the Della Casa Chablis (\$2.85 a half-gallon, \$5.25 a gallon), which has a pleasant nose and taste. Cribari Chablis (\$2.09 a half-gallon, \$3.59 a gallon) offers a clean dry wine. CK Mondavi Chablis is excellent (\$3.18 a half-gallon, \$5.50 a

gallon), delicately gold in color, sprightly on the palate. The Paul Mason Chablis (\$2.15 a fifth, \$3.75 a half-gallon) is truly dependable, with fresh nose and zestful taste. Good for luncheon is the Christian Brothers' Chablis (\$4.79 a half-gallon), flowery in fragrance and mellow in body. Weibel Classic Chablis (\$2.79 a magnum, the equivalent of two fifths) offers a pale yellow color, an unusual nutlike nose and a delightfully bouncy taste. Kobel's Mountain Chablis (\$3.85 a half-gallon) has a rich moon-glow hue, bright nose and good body. E & J Gallo's Chablis Blanc (\$1.39 a fifth, \$2.79 a half-gallon, \$4.99 a gallon) is consistently pleasant, and has a mellowness that is reminiscent of a Chenin Blanc. Light in hue—with a charming grassy fragrance and fresh taste—describe Gallo's new Sauvignon Blanc (\$1.99 a fifth), a well-balanced varietal wine.

For those of you who enjoy a mellow wine, the Rhine wine of Christian Brothers (\$2.15 a fifth, \$4.79 a half-gallon) offers a deep color, heady fragrance and fruity mellowness.

Quite recently, Winemaster's Guild marketed a group of fairly priced wines that you'd be wise to befriend. Some are generics, others are varietals—all are impressive in their quality and value. They are available in many areas of the country, but if you cannot find them at your wine shop or market, you'd do well, in terms of budget, to ask your wine merchant to order them especially for you.

The Winemaster's Guild Chenin Blanc (\$2.15 a fifth) has a lovely aroma, is soft and easy to drink—a good buy. The Winemaster's Guild Rhine wine (\$1.49 a fifth) has a nose that recalls blossoms in spring; it is pale in color, drier than most California Rhine wines with a crisp-ish aftertaste. The Winemaster's Guild Mountain Chablis (\$1.49) is also pleasant, as is the French Colombard (\$2.15), which offers an attractive fruitiness.

From Wente Brothers, Le Blanc des Blancs (\$2.50 a fifth) is medium-dry, fruity. And the Inglenook Navall French Colombard (\$1.89) has a lightly mellow taste. Concannon Chablis (\$2.50) is always right there, dependable as the sunrise: lovely color, round body, suave aftertaste.

If you enjoy wine with dessert, the Christian Brothers Sauterne (\$2.15 a fifth, \$4.79 a half-gallon) makes a sweet finish to a meal. Deep gold, with a rich nose and body, it may also be poured over fresh fruit or ice-cream.

White wines offer beguiling refreshment all through a meal; they can also be sippable aperitifs as well as spritzers which are popular in Europe. To make a spritzer, pour equal parts white wine and club soda over ice—this is especially refreshing when you crave something light to drink.

—George Christ



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Save on the prettiest, cutest planters ever! Each is whimsically detailed and handsomely crafted of brilliantly colored, high-gloss glazed ceramic. There's an adorable pink elephant to brighten table, shelf or mantle and four delightful "animal friends" complete with sisal cords for your hanging plants: a honey of a gray-and-pink bunny . . . a 2-toned green turtle . . . a wise 'n wonderful brown owl with huge white-rimmed eyes . . . and a frisky green frog handsome enough to turn into a prince! Each planter is approximately 3½" deep and 5" long and is both leak-proof and rustproof.

### LIMITED SUPPLIES—SALE ENDS SOON

We urge that you order at once before sale ends. No limit on quantities while supplies last, so stock up now for gifts and to beautify every room in your home.

### GREENLAND STUDIOS

8118 Greenland Building, Miami, Florida 33059

### MAIL MONEY-BACK-GUARANTEE COUPON TODAY

#### GREENLAND STUDIOS

8118 Greenland Building, Miami, Florida 33059

Rush Animal Planters indicated below @ only \$2.49 each or all 5 for \$9.99. Enclosed is check or m.o. for \$\_\_\_\_\_.

- |                    |                  |
|--------------------|------------------|
| ___ 14078 Owl      | ___ 14079 Frog   |
| ___ 16301 Bunny    | ___ 16302 Turtle |
| ___ 16303 Elephant | ___ All 5        |

Add 75¢ postage & handling for 1 planter. Add only \$1.50 postage & handling for 2 or more planters. (when you order all 5, you save \$2.46 on planters and \$2.25 on postage for a total of \$4.71)

NAME \_\_\_\_\_  
(Please print clearly)

ADDRESS \_\_\_\_\_

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STATE \_\_\_\_\_ ZIP \_\_\_\_\_

N.Y. & Fla. residents please add approx. sales tax.

**YOU MUST BE DELIGHTED, OR MONEY BACK  
ANY TIME WITHIN 10 DAYS**

## 2 pups out of every 5 will never find a proper home



America's canine population explosion is almost out of control. In the next 24 hours alone, a minimum of 60,000 new pups will be born. About 36,000 of them will be whelped under normal conditions—meaning they'll have some creature comforts and human care—and will augment the ranks of our pet dogs, estimated at 36 million strong.

The other 24,000 pups will be whelped under *abnormal* conditions, meaning that their parents are unwanted strays or feral dogs. The grand total of ownerless, adult canines is about 15 million. Of the pups that survive, the strays may or may not make good pets; the feral pups are hopeless.

**Today, one out of every four American families owns at least one pet dog.** The only real hope of controlling the canine population rests with these owners, but the great majority of them are not particularly interested in curbing the breeding activities of their pets, even when the alternative is unwanted pups. We would be overrun by dogs right now were it not for certain sad facts: About 10 million dogs a year die of natural causes or highway accidents; and civic and private animal shelters, unable to find homes for more than 10 percent of their unwanted pups and adults, must destroy an additional 12 million dogs each year.

**Companies and foundations have been devoting increasingly more time and money to the search for simpler ways of controlling accidental and unwanted breeding.** To date, surgery remains the most accepted method. A spayed bitch cannot conceive pups, and a castrated male can never sire them. But the trouble with surgery is that, once accomplished, there is no reversible or corrective surgery.

This fact, combined with the bitter truth that surgery costs money, has spelled discouragement for many dog owners, no matter how enlightened.

Depending on where the owner lives and the age and condition of the bitch, spaying runs from about \$50 to \$100 or more—often in excess of the purchase price of the bitch as a pup. Castration is a simpler matter, and veterinarians charge less. Still, even a low \$25 would be an inhibiting factor for millions of dog owners. Recognizing this, and in the hope of encouraging owners who have no desire or reason to breed their pets, some communities have already launched low-cost, spay/neuter clinics—and more are in the works. To date, the Los Angeles clinic has been the most successful, because it is partially underwritten by tax dollars. But the clinics have not caused rejoicing in veterinary circles. The vets point out that most of the owners taking advantage of budget-priced offers can afford standard fees, and that thus far none of the clinics is located in ghetto areas, where they are needed.

**A great number of owners object to surgery for reasons other than its finality and cost.** An army of dog lovers believes in the myth that a spayed bitch will become fat and lazy and not enjoy longevity. Some owners hold that spaying is immoral, or that it is against their

## To prevent unwanted pups, you can spay your female or apply short-term birth-control methods—one usable now, another to be available mid-1976.

religion, as if the bitch attended church on a regular basis. And many owners argue that every dog has a right to lead a full, normal life. A full life for the bitch, of course, includes the right to run free, even when she is in season; and when the unwanted pups come along, there's no one to blame but the male dogs who have also been leading a full life.

**If allowed to roam, males should be castrated.** But the owner of a male is usually proud of his dog's virility, doesn't feel at all responsible about the pups and often argues—with justification—that castration, to be effective in a given locale, must be universal. Ten males can get 10 bitches in season into domestic trouble; but if nine were castrated, the one whole male might well have the stamina to take care of all the "ladies."

**Surgery as a means of controlling breeding has been around for a long time.** It has never been popular enough to prove totally effective, and there is no hope that it will ever be. What is needed is a means to control canine births that is low in cost, reversible and easy to use. (continued on page 70)

## Official Rules for the Prime Is Meaty Sweepstakes

1. All entries must be accompanied by the starred (\*) price area from a box of Gaines Prime or Prime Variety, OR the word PRIME printed in block letters on a 3" x 5" card. Entries must be on the Official Entry Blank or a 3" x 5" card. Print your name and address on entry blank or card and mail to: PRIME IS MEATY SWEEPSTAKES, P.O. BOX 5013, Kankakee, Illinois 60901.

2. No purchase is required.

3. The sweepstakes will run from Feb. 10, 1975 until Aug. 30, 1975. In order to qualify for the drawing, entries must be postmarked no later than Aug. 30, 1975 and received no later than Sept. 13, 1975.

4. Winners will be determined in one random blind-fold drawing from all entries received prior to deadline. In the event any winner or winners decline winning prizes, or if for any other reason all prizes cannot be awarded after the initial drawing, a supplemental drawing or drawings will be held to award all remaining prizes. Drawing will be conducted by independent judges...Schneider & Associates...whose decision is final. Each entry has an equal chance of winning...there are no predetermined winners.

5. Your chances of winning are dependent on, and will vary according to, the actual number of entries received. Entry blanks will be distributed to a maximum of 110,000,000 households. The geographic area of this sweepstakes is nationwide, with exceptions noted below. All prizes will be awarded; only one prize will be awarded to any one person or household. List of winners will be available on request to: Winners' List, P.O. Box 3139, Kankakee, Illinois 60901.

6. The Prime Is Meaty Sweepstakes drawing will be held on September 26, 1975. Prizes will be awarded as soon as compliance of winning entries with these rules is verified. In order to be awarded a prize, winning participants must be available at the addresses shown on their entry blanks, or they must furnish a proper forwarding address to sweepstakes officials prior to the date of the drawing.

7. No substitution of prizes will be permitted. In the event a prize winner declines to accept a listed winning prize, that person will automatically be disqualified and a supplemental drawing or drawings will be held from the balance of non-winning entries to award the unaccepted prize.

8. This sweepstakes is not open to the employees (or their families) of General Foods Corporation, its advertising agencies, subsidiaries or affiliates, or Schneider & Associates.

9. Federal, state, and local regulations, if any, apply. Sweepstakes not open to residents of Georgia, Idaho, Missouri and the state of Washington and void in any locality where taxed, restricted or prohibited by law.

### Official Entry Blank

Mail to:  
Prime Is Meaty Sweepstakes  
P.O. Box 5013  
Kankakee, Illinois 60901

I've enclosed the starred (\*) price area from a box of Gaines Prime® or Prime Variety® dog food OR I've enclosed the word PRIME printed in block letters on a 3" x 5" card.

Name \_\_\_\_\_  
(Please print)

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

**Five years  
of free meat  
for you.**

**Five years of  
meaty Gaines Prime®  
for your dog.**



**The Prime Is Meaty Sweepstakes. It's our way of telling you Gaines Prime® and Prime Variety® dog foods are made with real meat plus meaty by-products, vegetables and other nutrients.**

The Prime Is Meaty Sweepstakes is our way of telling you Gaines Prime and Prime Variety are meaty and delicious.

The Beef flavor contains real red meat. The Chicken flavor, real tasty chicken. The Liver flavor, real hearty liver.

The Prime Is Meaty Sweepstakes. Enter today. The prizes are listed below:

**1 First Prize.** We will pay your meat bills and your dog food bills for 5 years.

At a bank of your choice, we will open a

trust account for \$7080 which will pay you \$118.00 a month for 5 years, enough, we project, to buy meat for a family of four\* and Gaines Prime and Prime Variety for a 40-lb. dog for 5 years.

**50 Second Prizes.** We will give you a check for \$118.00, enough to buy meat for a family of four\* and Gaines Prime and Prime Variety for a 40-lb. dog for a month.

**500 Third Prizes.** We will give you a check for \$29.50, enough to buy meat for a family of four\* and Gaines Prime and Prime Variety for a 40-lb. dog for a week.

(See rules on opposite page.)



10¢ STORE COUPON 10¢

**Save 10¢ on Gaines Prime® or Prime Variety® dog food**

**MR. GROCER:** General Foods Corporation will redeem this coupon for 10¢ plus 5¢ for handling if you receive it on the sale of Gaines Prime or Prime Variety dog food and, if, upon request, you submit evidence thereof satisfactory to General Foods Corporation. Coupon may not be assigned or transferred. Customer must pay any sales tax. Void where prohibited, taxed or restricted by law. Good only in U.S.A. Cash value 1/20¢. Coupon will not be honored if presented through outside agencies, brokers or others who are not retail distributors of our merchandise or specifically authorized by us to present coupons for redemption. For redemption of properly received and handled coupon, mail to GENERAL FOODS CORPORATION, COUPON REDEMPTION OFFICE, P.O. BOX 103, KANKAKEE, ILL. 60901. Good only upon presentation to grocer on purchase of Gaines Prime or Prime Variety dog food. Any other use constitutes fraud. Offer limited to one coupon per purchase.

**COUPON EXPIRES MARCH 31, 1976.**  
**GENERAL FOODS CORPORATION**

AHO-2386-S

AHO-2386-S

# More than 100 women inspired our "100-Plus Idea House"

By Jane Randolph Cary

*The house, completed a few months ago, is in Irving, Tex., part of metropolitan Dallas.*



*It is packed with conveniences and energy-savers homemakers want wherever they live.*

The best way to learn what women want—and don't want—in a house is to ask them. *American Home* did just that at a home-planning seminar held in Washington, D.C., last spring. Our "consultants" were members of the National Association of Home Builders Women's Auxiliary who are not only homemakers but wives of builders and, in many instances, builders themselves. Their objective and ours was to develop ideas for a livable, enjoyable home that would not only save energy in the form of fuel, but would also conserve the energy of the housewife and the family. Their suggestions led to our "100-Plus Idea House," which you see here and in colorful detail on pages 41-49. It was built by the Home & Apartment Builders Association of Metropolitan Dallas.

"In designing this house," a spokeswoman said, "we are aware of the changing lifestyle of today's homeowner. While we stress energy conservation, we don't mean to eliminate the conveniences we all enjoy. Rather, we hope to show that with proper building techniques and homeowner use, these luxuries can be energy-saving."

Our consultants reasoned, for example, that a fluorescent lighting system would be more economical than a conventional incandescent one. They were right. The savings for this house will amount to 45 percent annually (based on the national average of 3 cents a kilowatt hour). This was computed by the experts at General Electric's lighting division who planned the system. Deluxe color fluorescent tubes with special shields and diffusers were suggested for eight major locations in the house. (Watt for watt, these tubes produce four times more light than incandescents.) Deluxe *warm white* was advised for all areas except the kitchen. Here the choice was deluxe *cool white* because it is particularly effective with cool colors such as blue—the kitchen's dominant color.

**How can a family save fuel** and still have an adequate supply of hot water? Our consultants knew the answer to that, too. They recommended the UI-

traflo system. It centrally pre-mixes and delivers water to the faucet at just the right temperature, eliminating the need to keep water running until it's hot, or cool, enough. Furthermore, this system uses half the usual amount of copper tubing—a plus on the side of metal conservation.

Still more practical ideas flowed from the group. They, more than the average homeowner, know the true value of proper insulation as a fuel-

ways on the south, east and west sides of the house.

Although they left basic design to the architect and builders, our planners did indicate that a contemporary one-level house of three or four bedrooms and two-and-a-half baths would be an acceptable choice for the Texas location. Within these fairly flexible guidelines, the designers created an attractive nine-room, 2,600-square-foot house comprising two rectangular wings with



## Giving the design a going-over

*"This will be a house by and for women who spend much of their time home-making." So proclaimed our planning experts, members of the NAHB Women's Auxiliary. Meeting in May '74, they gave us the benefit of their knowledge and experience to help create the "100-Plus Idea House" we feature in this issue.*

saver. As a result, this house has six inches of insulation in the ceilings and four inches in the walls. The women wanted, and got, Andersen's high-quality vinyl-clad wood gliding doors and windows with double-glazed insulating glass.

Judicious structural details can also cut fuel costs, they noted. For that reason, the house is designed with wide roof overhangs for shading against strong sunlight. And because the house is in Texas where sunlight is especially brilliant, they asked the builders to avoid reflective concrete patios or walk-

individual roof lines, and a separate carport. To save ground space, the builders mounted the air-conditioning system on the roof of the house, concealing it within two boxlike structures. A similar enclosure sits atop the carport for visual balance and consistency.

Since our homemaker-planners wanted natural materials used on the exterior, the designers opted for light-reflecting pale brick with inserts of grooved exterior siding set on the diagonal. They balanced this smoothness with textured low-profile hipped roofs of cedar shingles. (continued)

# THE HIGH RISE BATH



DESIGNED BY DOUGLAS KAHN, ARCHITECT. CARPETING BY OZITE.

Lifestyle '76. An elegant island bath dramatically interpreted in our richest, warmest, bathroom fixture color yet—Americana Brown. This easy-to-live-with new earthtone takes to almost any accent color. Makes perfect harmony with bone or beige. And it's beautifully at home in an apartment, country retreat or anywhere in between. The look is total elegance. You can have it now. Each fixture and fitting shown is available from your American-Standard plumbing contractor. You'll find him in the Yellow Pages. Whatever your lifestyle, we've got great ideas for you.

Please send me your complete Bathroom Planning Kit including the 192-page Homemaker's Guide. I enclose \$2.00.

\_\_\_\_\_  
Name AH 375

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State Zip

Mail to: American-Standard, P.O. Box 2019  
New Brunswick, New Jersey 08903



[continued]

Our panel of experts gave us some excellent advice about details and features inside the house, too. "Most homes don't have enough space for sewing and doing the laundry," they said, and requested a room big enough for both. This set off a flurry of suggestions that led to the spacious laundry/sewing room you see at right, a cheerful, well-lighted and ventilated housekeeping center complete with automatic washer and dryer, cabinets, counters, open shelves, a closet and a built-in ironing board.

**Being family-oriented**, our advisers recognized the importance of an attractive and well-planned kitchen for every American home. This one (pages 44-45) follows the flowing line of a rounded U-shape with appliances selected and strategically located to save steps and time. You'll note the frost-free refrigerator-freezer with ice-maker;

built-in food preparation center; double-bowl stainless-steel sink with food-waste disposer; trash compactor; automatic dishwasher; glass-ceramic cook-top range; built-in microwave oven and self-cleaning wall ovens. All cabinets and counters are surfaced in durable wipe-clean plastic laminate. One corner of the kitchen, on the side adjacent to the family room, is entirely open from counter to ceiling. A handy breakfast bar is another step-saving plus.

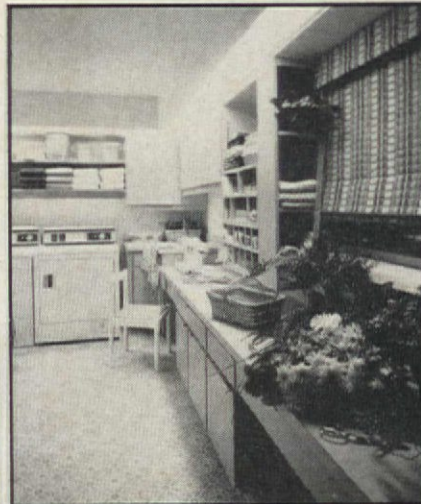
Storage always gets special attention whenever home-planners meet, and it was no exception with our group. Thanks to these house-wise women, closets abound in our "100-Plus Idea House"—in the laundry/sewing room, all bedrooms, master bath and foyer. Even the formal dining room boasts an eight-foot storage recess concealed by mirrored folding doors. The carport has outside and inside storage walls.

**As you study floor plans** on the following page, you will notice that living areas have been divided into two main sections. Each has its own utility center that permits controlled heating and cooling when and where needed.

To see how dramatically our "100-Plus Idea House" brings together the latest in building materials, furnishings, and structural design, study the color pictures on pages 41-49. Working drawings for this unique home can be yours. See coupon on the next page.



*Tiny bulbs massed in four gleaming squares butted together bathe ceramic-tiled foyer (above) with light. Super-efficient laundry/sewing room (above, right) contains space for housekeeping chores and hobbies. Bowls and vanity tops of DuPont "Corian" are so tough and nonporous that every bathroom has them, including master bath (right).*



*This view of children's bath (above) shows one-piece molded fiber-glass tub and shower unit that is not only extremely easy to install, but also a breeze to clean. Look closely at our "100-Plus Idea House" floor plans (next page) to see how the two compartmented baths have been planned and situated to serve individual family members as well as guests.*

## These quality products add up to our "100-Plus Idea House"

**Building materials:** Cedar-shingle roofing, Red Cedar & Handsplit Shake Bureau, Seattle, Wash.; roof ventilators, Kool-O-Matic Corp., Niles, Mich.; plywood siding, Georgia-Pacific Corp., Portland, Ore.; face brick, "Holland Blend" in Rustic, Brick Institute of America, McLean, Va.; exterior-interior paint, Tru-Test Supreme Paints, Cotter & Company, Chicago, Ill.; entry door, E-47, Ever/Straight Div., Pease Co., Fairfield, Ohio; Perma-Shield vinyl-clad wood gliding doors, casement windows with double-pane insulating glass, Andersen Corp., Bayport, Minn.; redwood fascia, California Redwood Association, San Francisco, Calif.; exterior lights, Lightolier, Jersey City, N.J.; locks, Schlage Lock Co., San Francisco, Calif.; fiber-

glass insulation, Certain-Teed Products Corp., Valley Forge, Pa.; heating-cooling system, General Electric Co., New York, N.Y.; air-conditioning duct-board, Owens-Corning Fiberglas Corp., Toledo, Ohio; hot-water heater, Rheem Manufacturing Co., Jackson, Mich.; push-button plumbing, Ultraflo Corp., Sandusky, Ohio; energy-saving fluorescent lighting system, General Electric Co., Cleveland, Ohio.

Indoor plants throughout house, Grass-roots, Irving, Tex.; house polish, Wood-crafter Furniture Polish, Colgate-Palmolive Co., New York, N.Y.

**Page 41:** Charcoal-gray table lamp, Tyn-dale, Inc., Gloucester, N.J.; tortoiseshell

"Stiffelon" table lamp, The Stiffel Co., Chicago, Ill.; drapery fabric, "Natural Grove," Schumacher, New York, N.Y.; brass-finished traverse rod, "Vintage," Kirsch Co., Sturgis, Mich.; brass cube table, brass-glass candle holder, brass candlestick centerpiece, round brass trivet, Sarreid, Ltd., Wilson, N.C.; pair of blue antique jars, glass vase, The Trend House, Greenville, Tex.; antique plates, Dorrace Pearle Antiques, Dallas, Tex.; Batik throw pillows, Heller/Nargong, New York, N.Y.; mirrored cutout wall composition, Greg Copeland, Passaic, N.J.; wicker basket, The Sample House & Candle Shop, Irving, Tex.; sofa, Kroehler Mfg. Co., Naperville, Ill.; armless chairs, Drexel Upholstery, Drexel, N.C.; crewel upholstery fabric, (continued)



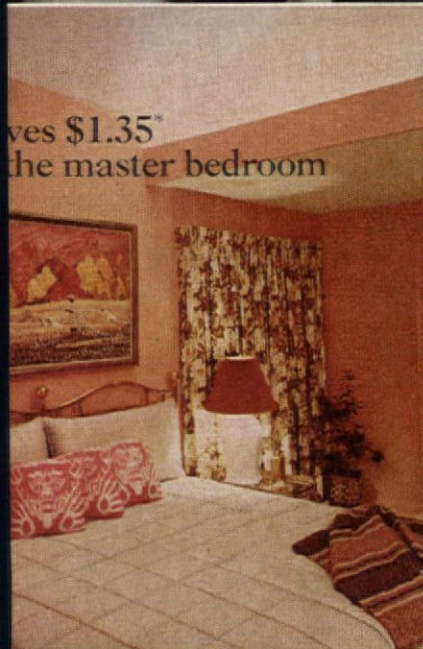
Saves \$5.14\* in the kitchen



Saves \$5.51\* in the master bath



Saves \$7.48\* in the 3 remaining bathrooms



Saves \$1.35\* in the master bedroom



Saves \$4.55\* in the utility room



Saves \$1.52\* in the family room

## When you add it all up, GE's fluorescent lighting really looks beautiful.

General Electric has helped the Women's Auxiliary of the National Association of Home Builders take the first step in changing the way Americans light their homes.

Because the main source of lighting in the Dallas demonstration house, shown above, is GE fluorescent.

"Wait a minute," you might say; "fluorescent lighting may be more efficient, but it's not very homey."

Well, look at those pictures and captions again. Not only are the money savings nice to see. We think the rooms are nice to see, too.

Indeed, fluorescent lighting can save you money on electricity. In fact, in this

home it is 45% less expensive to operate than comparable incandescent lighting.

How did we get this home to look so homey? Three ways. By using fluorescent as the main light source and filling in with incandescent lamps where needed. By placing the fluorescent fixtures discreetly. And by using two different kinds of GE fluorescent. Deluxe Warm White and Deluxe Cool White. Whichever went best with the room color or function.

So if you're thinking of building a new home or want to improve your present one, consider GE fluorescent. It will make you feel smart. *And* comfortable.

**GENERAL  ELECTRIC**

\* Dollar figures annualized. Savings based on electricity costs only and estimated at national average of 3c per kilowatt-hour.



[continued]

Gurian's, New York, N.Y.; carpet, "Somptueux," Collins & Aikman, New York, N.Y.; carpet padding, Omalon Carpet Foundation, Olin Corp., Stamford, Conn.; suede-covered wing chair, brass/glass end table, The Four Corners Import Collection, Thomasville Furniture Industries, Thomasville, N.C.; burl/bronze glass-topped table, burl console table, The Lane Co., Inc., Altavista, Va.; brass floor lamps, Koch & Lowy, New York, N.Y.

**Page 42, bottom:** Dining table, chairs, Henredon Furniture Industries, Inc., Morganton, N.C.; wallpaper, drapery and seat pad fabric, "Caliph," C.W. Stockwell Inc., Los Angeles, Calif.; woven wood shade, Graber Co., Middleton, Wis.; area rug, "Cathay," Schumacher, New York, N.Y.; antique pine hutch, The Collectors, Dallas, Tex.; chandelier, Lightolier, Jersey City, N.J.; flooring, "Primitive" ceramic tile, American Olean Tile Co., Lans-

dale, Pa.; wood and brass keg centerpiece, Sarreid, Ltd., Wilson, N.C.; pierced-tin candle holders on dining table, The Sample House & Candle Shop, Irving, Tex.; accessories in hutch—chestnut egg on brass pedestal, brass tobacco tin, hexagonal brass canister, Sarreid, Ltd., Wilson, N.C.; all others, Dorrace Pearle Antiques, Dallas, Tex.

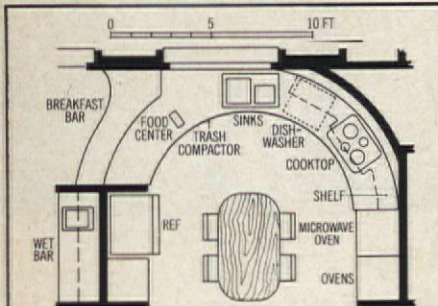
**Page 43:** Cabinets, Yorktowne, Div. of The Wickes Corp., Red Lion, Pa.; wet bar cabinet, counter tops covered with Textolite plastic laminate, General Electric, Laminated Products Div., Coshocton, Ohio; stainless-steel sink, Elkay Mfg. Co., Broadview, Ill.; sofa, wing chairs, bookcases, butler's tray coffee table, nest of tables, Windsor armchairs, Pennsylvania House, Div. of General Interiors, Lewisburg, Pa.; fabric on sofa, "Beverly," Bloomcraft, Inc., New York, N.Y.; fabric on wing chairs, "Pageant," Bloomcraft,

Inc., New York, N.Y.; paneling, "Ruf-X," Masonite Corp., Chicago, Ill.; brass fireplace tools, andirons, log holder, Portland Willamette Co., Portland, Ore.; drapery fabric, "Sunglean," Lanscot-Arlen Fabrics, Inc., New York, N.Y.; brown drapery trim, Grayblock Ribbon Co., Inc., New York, N.Y.; woven wood shades, Graber Co., Middleton, Wis.; brick fireplace wall, The Brick Institute of America, McLean, Va., supplied by Henderson Clay Products, Inc., Henderson, Tex.; fireplace, Heatilator, Div. of Vega Industries, Inc., Mt. Pleasant, Iowa; painting by Olin Travis, The Dupree Gallery, Irving, Tex.; quilts, afghans, pillows, Handmade & Co., Dallas, Tex.; needlepoint pillows, The Busy Needle, Dallas, Tex.; books, Plaza Book Shop, Irving, Tex.; portable color TV, stereo receiver/speakers/turntable, The Magnavox Co., New York, N.Y.; pine floor lamp, pine table lamp, Tyndale, Inc.,

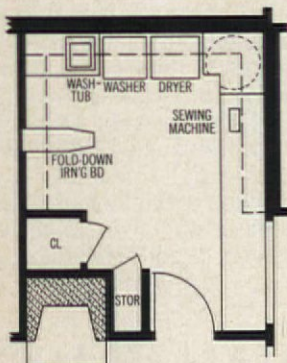
(continued on page 75)

## You can order plans for our "Idea House"

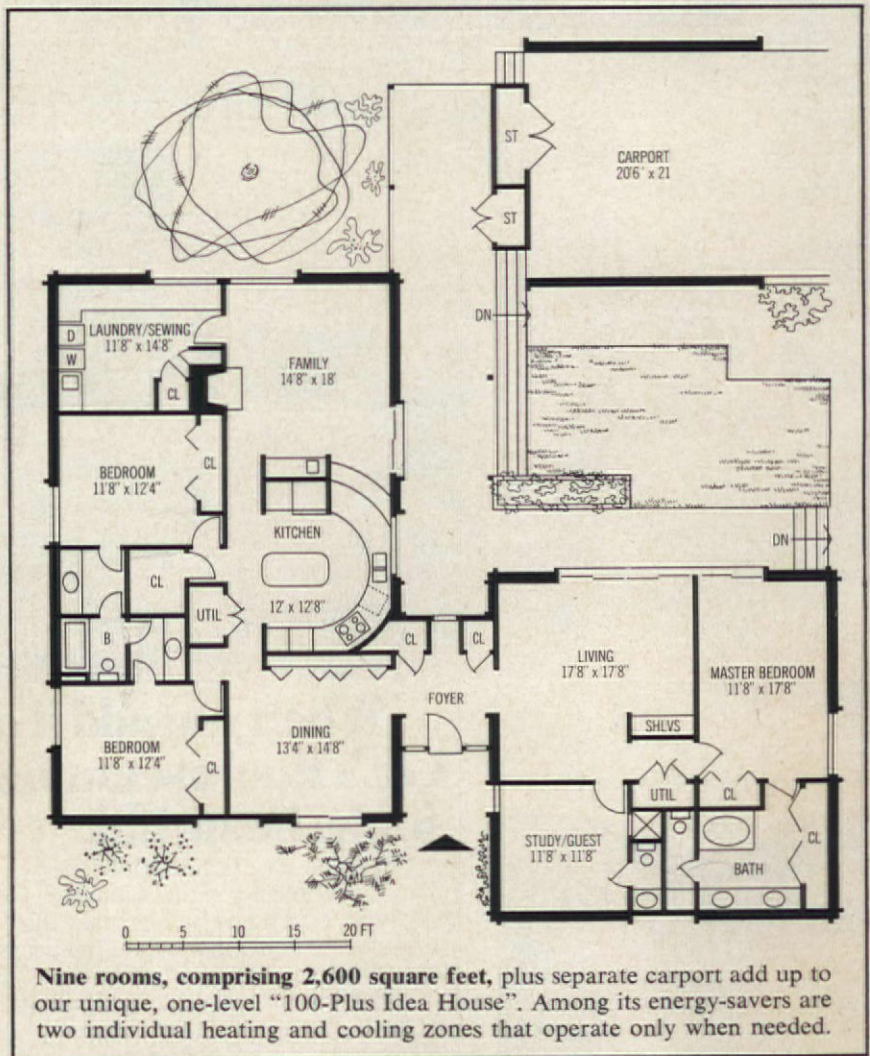
Complete working drawings of this house, described on the preceding pages and pictured on pages 41-49, are available to *AH* readers. Or, if you prefer, you can order plans for just the kitchen and laundry/sewing room. All drawings are packed with ideas to use or adapt, no matter what size your home—or future home—is.



Plans for our kitchen-in-the-round have sections showing how corner spaces are utilized, plus details of wet-bar cabinetry, equipment placement.



Laundry/sewing room plans are fully detailed, with sections and elevations of wall and counter units, sewing table, open shelves and closet.



Nine rooms, comprising 2,600 square feet, plus separate carport add up to our unique, one-level "100-Plus Idea House". Among its energy-savers are two individual heating and cooling zones that operate only when needed.

Fill out coupon and enclose check or money order made out to: NAHB Women's Auxiliary.

**NAHB Women's Auxiliary**  
P.O. Box 266  
Hermitage, Tenn. 37076

Please send \_\_\_\_\_ set(s) of "100-Plus Idea House" plans  
1 set—\$35.00; each additional set \$7.50 ..... \$ \_\_\_\_\_  
Send only \_\_\_\_\_ set(s) of kitchen and laundry/sewing  
room plans @ \$10.00 each ..... \$ \_\_\_\_\_  
Total enclosed ..... \$ \_\_\_\_\_

print name \_\_\_\_\_  
address \_\_\_\_\_  
city \_\_\_\_\_ state \_\_\_\_\_ zip code \_\_\_\_\_





"Let's see you  
get out of this trap,  
Mr. Palmer."

Our classic 1890 Rocker in Antique Brass  
and button-tufted vinyls. It's part of an exclusive collection you can see in  
Arnold Palmer's home. And fine stores everywhere.

**Woodard**

*Arnold Palmer*

It's more than furniture, it's a way of life.



## Easy cross-stitch sampler kits

Garden-fresh mottoes  
combine with  
old-fashioned charm

Our cheerful "All the Flowers" sampler will make the perfect decorative accent for your home. The design measures 14 by 18 inches and is stamped on 100-percent linen; kit includes embroidery thread and complete, simple instructions. Handmade, hand-finished bronze-edged frame is available.



A.H. Specialties—American Home Kits  
Dept. 3-375, P.O. Box 1400, West Englewood, N.J. 07666

Please send me the following items in the quantity indicated. (Canada: Add \$1 for each item ordered.)

- \_\_\_\_\_ #0969 "All the Flowers" kit(s) @ \$3.99 plus .35 post. & hdlg. ea. .... \$ \_\_\_\_\_
- \_\_\_\_\_ #0969/FO Handmade 14 3/4"-by-19-inch frame(s) for above
- \_\_\_\_\_ @ \$8.98 plus .60 post. & hdlg. ea. .... \$ \_\_\_\_\_
- \_\_\_\_\_ #0971 "Reap Rich Harvests" kit(s) @ \$2.99 plus .35 post. & hdlg. ea. .... \$ \_\_\_\_\_
- \_\_\_\_\_ #0970 "Yours is the earth" kit(s) @ \$2.99 plus .35 post. & hdlg. ea. .... \$ \_\_\_\_\_
- \_\_\_\_\_ #0970 1/FO Handmade 12-by-15-inch frame(s) to fit either of the
- \_\_\_\_\_ above @ \$7.98 plus .60 post. & hdlg. ea. .... \$ \_\_\_\_\_
- \_\_\_\_\_ I enclose (total amount)..... \$ \_\_\_\_\_

print name \_\_\_\_\_

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zip code \_\_\_\_\_

Please make check or money order payable to A.H. Specialties—American Home Kits. Items shipped to Canada are subject to Canadian tariff. Allow up to four weeks for delivery.

Dept. 3-375, Vendor: A.H. Specialties, 689 Front St., Teaneck, N.J. 07666



Cross-stitch this pretty pair of samplers. "Reap Rich Harvests" features fruits; "Yours is the earth," vegetables. Both are 11 by 14 inches; kits have materials, instructions. Frames are available.

# Those Dallas Idea House cabinets... here's the inside story.

Athena hardwood cabinet interiors were used throughout the Dallas Idea House.

Because Athena excellence is more than skin deep.

And since they are the top of our line, all sorts of luxury features are included.



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Like huge lazy susan storage units where contents are within easy reach at all times.



And fine furniture construction with hand fitted doors and drawers that open and close smoothly.

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perial White, inside and out.

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For still more information about Athena . . . or any of our less expensive lines . . . contact your Yorktowne distributor.

Or, write Yorktowne, Red Lion, Pennsylvania 17356. Makers of fine kitchen cabinets since 1936.



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## THE KITCHEN IS IN THE FUTURE. THE GE APPLIANCES CAN BE YOURS NOW.

In the future, you may have curved ceilings in your kitchen, walls that play music, a closed-circuit TV picture of the nursery, lights that turn off when you leave the kitchen, an intercom system to the family car, and a communication center control panel.

But the GE kitchen and laundry appliances you buy today will continue to be a source of pride to you because these GE appliances have exciting, advanced features.

**Outstanding Service.** Every GE major appliance is backed by General Electric Customer Care... Service Everywhere.<sup>SM</sup> This means that wherever your home is located in the continental U.S.A., there'll be a qualified GE serviceman nearby. America's #1 major appliance value.



**Two Built-In Ovens.** You get two built-in, big-window ovens, both with P-7<sup>®</sup> self-cleaning systems. The upper oven has an electronic meat thermometer and rotisserie with spit and rack. Heavy insulation provides better efficiency and helps keep the kitchen cool.

**New Trash Compactor Saves You Time and Work.** With a GE Compactor and disposer, you won't have messy trash cans to clean, and a week's trash accumulation (for the average family of 4) is reduced to one neat disposable bag.

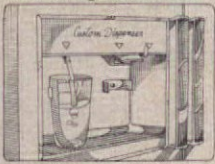


**A Quiet Disposal<sup>®</sup> Food Waste Disposer.** The entire unit literally floats in synthetic rubber to reduce noise and vibration. All parts exposed to water are made of stainless steel or corrosion-resistant material.



A Dishwasher that Scrubs Pots and Pans. There are 6 GE Potscrubber™ dishwashers with Power Scrub® cycles in which jet streams of hot water effectively remove food such as eggs or baked-on macaroni.

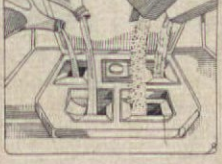
Through-The-Door Custom Ice Dispenser. Only General Electric has the refrigerators with the Custom Ice Dispenser that puts ice cubes, crushed ice or chilled water right in your glass, and you don't have to open the door.



The Range Hood With A Night-Light. Featuring a dimmer night-light and 2-speed fan, GE hoods come in an array of colors to match GE ranges or cooktops.

Cooktop In The Counter. The sleek Cleanline™ built-in cooktop is a smooth, glass-ceramic cooking panel that adds glamor to any kitchen. Spills are easy to clean up. And it becomes extra counter space when cool.

The Load-It-Once and Forget-It Washer. GE's Dispensall™ Washer releases pre-wash, detergent, bleach and fabric softener automatically, at the right time with no messy dilution. There's a Mini-Basket®, too, for your fragile things.



A Dryer That Lets Clothes Iron Out Wrinkles. Extra-large capacity can mean fewer wrinkles. And there's a special fabric selector and permanent press cycle to match fabrics with the right temperature.

General Electric  
 P.O. Box 500  
 New Concord, Ohio 43762  
 Enclosed is 25¢ (to cover mailing) for your 16-page power-saving guide to major appliances, *Watts Going On Where You Live*.  
 Enclosed is \$2.00 for your 64-page book, *Creative Kitchens & Laundries*.  
 Name \_\_\_\_\_  
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 City & State \_\_\_\_\_ Zip \_\_\_\_\_

GENERAL  ELECTRIC

## Best buys in antique animals and birds



Antiques stores offer a wide assortment of animals and birds done in ceramics, metal, wood or glass. And while pieces such as the German porcelain dogs of the 1740s sell for \$30,000 and more, you'll find many mini creatures—dating from about 1840—that cost much less. The cast-metal camel inkwell above, for instance, is about 100 years old and sells for \$100. You'll also find very old Mexican pottery animals selling at affordable prices.

If you care about quality, avoid the copy and look for a piece that was modern when new. You can tell: Copies are made quickly, with details omitted and colors applied sparingly. Translucent porcelain and opaque pottery are popular media for antique animals and birds. You'll find many more reproductions than you will in other media, but still, opportunities for amusing small figures are boundless. The only note of caution: When buying, avoid the suspiciously lightweight examples; they tend to be recent. Pressed-glass animals, too, are widely available; avoid the recent copies. In these, the glass is without imperfections or bubbles and the details are always a little rough. You will also see quite a few bronze and wooden animals and birds: Look for the appealing, unsigned ones; there will be many that are in your price range.

**\$7** buys this charming owl night lamp, fashioned out of translucent porcelain so that the light of a



small candle, set inside, would glow through. It was made by "RS"—Rheinhold Schlegelmilch of Tillowitz, Germany—in the early part of this century. The firm was active from the mid-1800s up until the beginning

of the Second World War. Although U.S. Customs would not rate the owl lamp as an antique, it is the kind of inexpensive piece that has character and appeal. It would be a very charming antique to buy.

**\$25** is a bargain price for this miniature bronze dachshund. Many bronze dogs by well-known 19th-century sculptors were strongly realistic, unlike this delightful late, turn-of-the-century example. Actually, to find a bargain, you'll have to look among the many amusing unsigned renderings—of dogs and other animals—done by the lesser-known sculptors. You may also come across bronze dogs of the 1920s and '30s that are highly stylized in the Art Deco fashion; these make interesting buys. Sculptors in bronze sometimes colored their work; this little hound has been painted brown and adorned with a cheerful red-and-green collar. You'll see other examples that have been given a green patina to make



them seem more like ancient bronzes. Look for some realism in the bronze dogs you consider, but do not expect to find the strength and character of major realistic sculptures. These have been known to sell for hundreds—even thousands—of dollars.

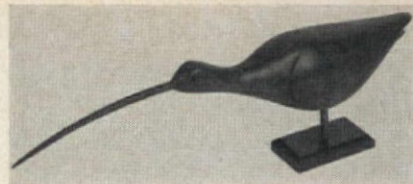
**\$30** is a fair price for this pressed-glass lion, the kind of animal that glass manufacturers produced in great variety in the 19th century. Some of the animals, like this one, were made of solid glass and were purely decora-



tive. Others were hollow and invariably made as covers for bowls or tureens. Pieces like the lion were mass-produced, but are still reminiscent of the work of folk artists. This particular fellow was made approximately in the 1860s or a bit later.

**\$40** is what you'd pay for this lovely wooden decoy of a long-billed roadrunner. Wooden decoys of the 19th and early 20th centuries range from very simple and practical to relatively lifelike versions of the hunter's prey. While there is some discussion

as to what best lures ducks and other hunted fowl, it's apparent that *people*



are attracted to the more fanciful decoy versions. Works by famous carvers are priced at hundreds of dollars, but those by unknown makers can cost as little as \$20. This decoy, made about 1900, has enough style to command more than the minimum price.

**\$50** is the price tag on this spaniel doorstep. Spaniels that looked "human" enough to talk were made popular by illustrators in the



1880s, and this annoyed-looking pet, made about that time, certainly has personality appeal. He's cast iron, heavy enough to hold back a door, yet small enough (about 11 inches high) to sit on a shelf. Cast-iron animals proliferated between the 1850s and the 1920s; you should find plenty to select from in antiques stores. This example is quite flat; many similar creatures were more rounded; some, even close to life size, were used as garden decorations.

**\$60** is a good price for this terracotta turtle whistle, made in Mexico about A.D. 700. Just three



inches long, it is one of the many forms to be used as whistles, and very likely it had a ritual significance, although we can't be sure. Even without knowing just how the whistle was used, we can see that it is appealing as an example of simple but strongly schematic sculptural pottery. Its big head is rendered convincingly with few lines. Ancient Mexican dog whistles were the more common form, but they are also a breed for the buyer to be wary of, since many have been reproduced, and the one you find just *may* be a fake.

—Marvin D. Schwartz

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.



# Start fresh with Belair.

Just the right touch of menthol.

Argus Automatic Super 8 movie camera. No settings. Instant cartridge loading. Yours for free B&W coupons, the valuable extra on every pack of Belair.

To see over 1000 gifts, write for your free Gift Catalog: Box 12, Louisville, Ky. 40201.



Kings, 16 mg. "tar," 1.1 mg. nicotine; Longs, 17 mg. "tar," 1.2 mg. nicotine, av. per cigarette, FTC Report Oct. '74

© B&W T Co.





# Design bonanza: "100-Plus Idea House"

By Helene Brown

**Here's your dream house come true. Inspired by the Women's Auxiliary of the National Association of Home Builders and AH, this Dallas beauty was built and decorated to suit what women want in a home—with energy-saving ideas and conveniences for you.**



*Living room creates a magnificent setting, a medley of cream and white, pale woods, brass accents.*  
*continued*



*Front of house shows contrasting stained wood and brick exterior.*

## **Beautiful, practical—a house any family would love living in**

**By design, this spacious one-level house opens graciously from a center hall that links two carefully planned rectangular living areas. One wing comprises living room, master bedroom and bath, study/guest room; the other houses all the daytime living spaces plus two children's bedrooms.**

*Dining room is patterned with an overscaled paisley wallpaper and matching fabric that have just enough color and impact to complement the wood tones of table and chairs and the rustic ceramic-tile floor.*





*Family room, hub of home life, has a relaxed atmosphere. Dark paneled walls and warm brick fireplace wall create an inviting background for traditional furnishings updated with lively plaids and prints. Orange polished-cotton draperies, pretty needlepoint, afghans and patchwork add bright accents. Bookcase wall is a splendid entertainment center—for TV and stereo as well as books.*



**Because of the house's well-defined traffic patterns, our decorating begins with the floors. Handsome hexagonal ceramic tile floors flow from foyer into dining room and down a hall toward other rooms in "daytime wing." Rooms in "nighttime wing" are carpeted. Beige-and-brown theme, repeating exterior scheme, unifies both areas.**

*continued* 43



# Curving idea-packed family kitchen

Spectacular kitchen-in-the-round was the brainchild of William J. Ketcham of General Electric's Kitchen and Design Department, who packed the utmost into 12-by-12-foot 8-inch space. Two wall ovens and a built-in microwave oven ease the pressure of entertaining. Cooking surface is a quick-cleaning cooktop. GE's newest dishwasher is soundproof—and even does pots and pans. Other kitchen marvels include trash compactor, disposer and a refrigerator with a door dispenser for crushed ice and cubes.



Large pass-through connects one end of the kitchen to the family room (right). White brick-patterned vinyl flooring banded with bright blue strips echoes vivacious flowered wallpaper (above). Country-look ladder-back chairs surround GE's Textolite "washable" butcher-block" tabletop, which doubles as extra work surface and setup for family dining.

*continued*



*In spacious master bedroom (above and right) ripe peach is the luscious color that envelopes the setting. Behind seating area sliding glass doors that open to patio provide a sunny daytime view. For privacy woven wood shades, framed by brown-and-peach polished-cotton draperies, are rolled down. Headboard is gilt-covered metal with antique-brass look.*

*Lush master bath (below) is a shimmery room that's almost all mirrored. Ceiling is a lacy pattern of leaves and flowers on silver foil to further the open feeling. Lacquered cabinets and carpeting carry out color theme of bedroom. Double sinks and sunken tub, by American Standard, are gracious modern conveniences.*



*Chests in bedroom (above) are painted antique brown with elegant pewter-clad hardware.*



# Separate master bedroom wing to give the grown-ups a place of their own

The master bedroom and bath, plus adjoining study/guest room, create a separate wing designed to give the adults in the family a private domain. And the rooms are multipurpose. The bedroom has a Parsons table that's both night table and desk, with comfortable seating for two tucked cozily in one corner. In the study/guest room a luxurious L-shaped sofa opens to sleep two. The wall unit has storage space as well as a drop-down desk for correspondence and family bookkeeping.

*Inviting wood-paneled study/guest room is a serene monochromatic retreat for relaxing or reading. Sectional sofa lining two walls is covered in lush wide-wale chocolate-brown corduroy. Pale woods of knotty pecan and burl, rough-textured natural wicker and shiny steel add light, contemporary touches.*



*continued*



# Making the most of spaces

Using every area of the house to its fullest, outside and in, was one requirement of the Women's Auxiliary. For details about our space-conscious design, plus how to order house plans, see page 28.



*Plaid and flowered sheets are used in girl's room—on walls and laminated window shade, and also on bed.*



*Easy care is important in areas subject to wear and tear. In boy's room (right) special-finish furnishings and flooring require almost no maintenance, and bunk beds free the room for play. Laundry/sewing room (right, center) has a niche for every necessity—plus a desk surface that's perfect for flower arranging. Outdoor furniture (right, bottom) has weather-resistant finish.*



**Complete list of "100-Plus Idea House" furnishings, building materials and sources begins on page 30.**

Photographs by Maris/Semel



# Stitch a pillow

Make this plump, dreamy quilt in a twinkling, using the colors and patterns that strike your own special fancy. All you do is fill and sew a collection of soft pillow puffs, then



# patchwork quilt

assemble them into a colorful patchwork. Choose inexpensive, washable fabrics like the solid-color polished cottons and cotton prints used here. You'll find easy directions on page 76. —Ann B. Bradley

# Meet the Michael Landons

By Muriel Davidson

**Michael Landon's "Big House in Beverly Hills" is a far cry from the "Little House on the Prairie" featured in his hit TV series. But, says the former "Bonanza" star, he and Lynn and their six lively children "really live in this house—we don't just look at it."**



*The Landons' house of contrasts: stained-glass window over stairway (above); marble fireplace in living room (left); crystal, gilt and velvet in dining room (bottom, left); old wood privy (below) built into "Bonanza Room" (opposite). There, John, 15, and Leslie, 12, flank Lynn; Mike and Shawna, 3, share a chair made from old horseshoes.*





From the dairy case...

Take a  
package of

# Refrigerated Biscuits

*Pick them plain or buttermilk-flavored, round or crescent-shaped, regular or extra-large size. Refrigerator biscuits deliver enough versatility to make them a worthwhile buy.*

Refrigerated biscuits continue to be the miracle in the dairy case. With a surprising "pop," the cardboard tube twists open to reveal a soft, creamy dough, and the promise, scent and taste of fresh-baked joys are just minutes away. You can roll, pat, turn or cut the dough into myriad shapes and sizes. Spicy dumpling, simple dinner roll, sophisticated dessert—all spring from this high-powered product that's the realization of modern food technology. To make the dishes shown, plus more, turn to our recipe section, beginning on page 60.

## Food Department


Margaret E. Happel

Lucy Wing


Colleen E. Wallsh

Donna Johnson


*Crescent crust is crimped to  
contain Taco Casserole.*




*Buttermilk biscuits become  
melt-in-your-mouth Pecan Coffee Cake.*



*Crescent rolls gently shape into  
Honey Walnut Ring.*



*Crisp crescent dough and preserves  
are Viennese Cookies.*



*Baking-powder biscuits  
surround sherried filling  
for Chicken Dumplings.*

## Blintzes

### *Crepes*

- 1 cup unsifted all-purpose flour
- $\frac{1}{4}$  teaspoon salt
- 3 eggs, beaten
- $1\frac{1}{4}$  cups milk
- $\frac{3}{4}$  cup butter or margarine

### *Filling*

- $\frac{1}{2}$  cup finely chopped green onions
- 2 cartons (8 ounces each) small-curd cottage cheese
- $\frac{1}{2}$  cup fresh fine bread crumbs
- 1 egg, separated
- $\frac{1}{2}$  teaspoon salt
- $\frac{1}{8}$  teaspoon pepper
- 1 carton (8 ounces) dairy sour cream
- 1 jar (4 ounces) red caviar





From the dairy case...

# Blintzes

Serve one as an appetizer, two as a perfect luncheon dish, three as an elegant dinner entrée. Such are blintzes. Rich in appearance and taste, they are created mostly from penny-wise dairy-case ingredients. Make a batch of thin crepes, roll each one around a savory cheese filling, smother in sour cream and top lightly with red caviar—for a very practical luxury.



Make crepes: Sift flour and salt into bowl. Beat in eggs and milk until smooth. Add 2 tablespoons butter or margarine, melted. Make each crepe from 2 tablespoons batter in buttered, heated skillet. Cook one side until golden brown; barely cook second side.



Make filling: Sauté green onions in 2 tablespoons butter or margarine. Drain; cool; beat into cheese with bread crumbs, egg yolk, salt and pepper. Place 2 to 3 tablespoons on golden brown side of crepe, one-third the way toward center (1). Shape filling into 3-inch oblong.



Fold up nearest edge of crepe to cover filling (2). Fold sides of crepe in toward center to depth of 1 inch. Roll up crepe, jelly-roll fashion (3), brushing farthest edge well with egg white. The rolled crepe (blintz) should be 3½ inches long, with the pale surface outside.



Place each blintz seam side down on cookie sheet. Cover with plastic wrap; chill 1 hour. Heat remaining butter or margarine in skillet until foaming. Place blintz seam side down in hot fat to seal (4). Cook until golden brown. Cook only 3 blintzes at one time.



Turn cooking blintzes with rubber spatulas or wooden spoons to avoid breaking thin crepe covering (5). Total cooking time is 4 to 5 minutes. Remove; drain on paper towels. Keep blintzes warm while cooking rest. Serve with sour cream, caviar. Makes 12 blintzes.

From the dairy case...

# Sweets with a plus

**T**ry one of these meal-ending delicacies, from left: Yogurt Cream Pie, Caribbean Milk, Jellied Cranapple with French Cream. Each of these milk-based sweets is as wholesome as it is delicious, adding a protein boost to any diet. To make this trio, and more, see our recipe section beginning on page 60.



Your supermarket dairy case brims with the traditional bounty of milk, eggs and cheese; heavy, light and sour cream; buttermilk and yogurt; cream and cottage cheese; butter and margarine—products you use every day and, with little effort, can turn into delectable sweets, such as we show here. Nowadays, you're likely to give the most tempting dishes “what-good-does-it-

do-me?” scrutiny. So remember, these luscious sweets are not just frills; they do provide a nutritional bonus. As meat continues to play a less important role in our diet, the vitamins, proteins and minerals in dairy fare become more significant. Don't hope to get iron or vitamin C from milk, but do expect other valuable nutrients from our rich collection of dairy-case sweets.

# Is New True 100 lower in tar\* than your 100?

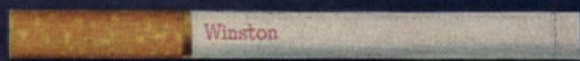


Regular: 12 mg. "tar", 0.7 mg. nicotine



Menthol: 12 mg. "tar", 0.7 mg. nicotine

Tests for tar and nicotine by U.S. Gov't. Method prove it. New True 100mm is lowest in both tar and nicotine of all these leading 100mm cigarettes.



Regular: 19 mg. "tar", 1.3 mg. nicotine



Menthol: 19 mg. "tar", 1.3 mg. nicotine



Regular: 17 mg. "tar", 1.1 mg. nicotine



Regular: 17 mg. "tar", 1.1 mg. nicotine



Menthol: 19 mg. "tar", 1.3 mg. nicotine



Regular: 17 mg. "tar", 1.1 mg. nicotine



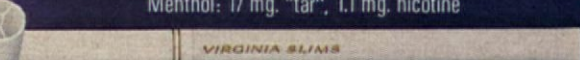
Menthol: 17 mg. "tar", 1.3 mg. nicotine



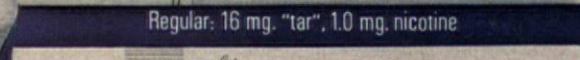
Regular: 19 mg. "tar", 1.4 mg. nicotine



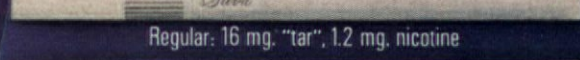
Menthol: 17 mg. "tar", 1.1 mg. nicotine



Regular: 16 mg. "tar", 1.0 mg. nicotine



Regular: 16 mg. "tar", 1.2 mg. nicotine



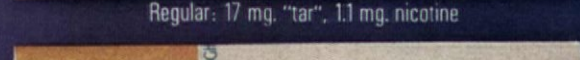
Regular: 19 mg. "tar", 1.4 mg. nicotine



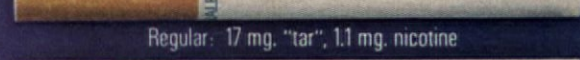
Regular: 17 mg. "tar", 1.1 mg. nicotine



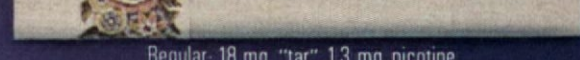
Regular: 17 mg. "tar", 1.1 mg. nicotine



Regular: 17 mg. "tar", 1.1 mg. nicotine



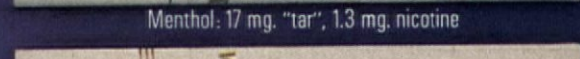
Regular: 18 mg. "tar", 1.3 mg. nicotine



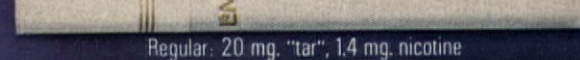
Menthol: 17 mg. "tar", 1.3 mg. nicotine



Regular: 20 mg. "tar", 1.4 mg. nicotine



Regular: 19 mg. "tar", 1.3 mg. nicotine



Menthol: 16 mg. "tar", 1.1 mg. nicotine

SOURCE: FTC Report October '74.

If all domestic brands, lowest yield... 2 mg. "tar", 0.2 mg. nicotine.

TRUE 100's Regular and 100's Menthol: 12 mg. "tar", 0.7 mg. nicotine,

per cigarette, by FTC method.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

# How to make our dairy-case dishes

## Refrigerated Biscuits

continued from page 54

### KEY TO NUTRITION RATINGS

To assist you in meal planning, each of our recipes lists not only the number of servings, but also the calorie (cal.), protein (P.), fat (F.) and carbohydrate (C.) content one serving provides. A recipe will also be designated a vitamin source if a serving supplies 20 percent or more of the recommended daily allowance.

### THE SMART SHOPPER SAYS:

- Do not buy refrigerated crescent dinner rolls or refrigerated buttermilk biscuits after expiration date stamped on end of package or if package has split open.
- Keep cool on the way home from market. Store in the refrigerator, *never* in the freezer.
- Though refrigerated biscuits are carbohydrate, a very necessary element in our diet, wherever possible combine with ingredients that have a protein/vitamin/mineral value.
- To prevent surface of crescent dinner rolls or buttermilk biscuits from drying after you've opened them, place in small bowl and cover with damp cloth until ready to use.

### Pecan Coffee Cake

(pictured on page 55)

**Makes 8 servings.** Each serving made with pecans—372.5 cal.; 4.4 gms. P.; 17.6 gms. F.; 50.5 gms. C. Made with walnuts—374 cal.; 4.9 gms. P.; 17.4 gms. F.; 50.8 gms. C. Both are sources of niacin.

- 2 tablespoons butter or margarine
- ¼ cup light brown sugar, firmly packed
- 1 tablespoon light corn syrup
- ¼ cup chopped pecans or walnuts
- 2 packages (8 ounces each) refrigerated buttermilk biscuits
- 20 pecan or walnut halves, each cut crosswise in half (about 1 can—3 ounces)
- 2½ teaspoons ground cinnamon
- ½ cup sugar
- 5 tablespoons melted butter or margarine
- 5 candied red cherries, quartered

1. Heat oven to 375°. Melt 2 tablespoons butter or margarine in saucepan; add brown sugar and corn syrup. Bring to boiling; cook 1 minute. Pour syrup into bottom of 4½-cup ring mold. Sprinkle with chopped nuts.
2. Separate biscuits; cut each in half. Place nut quarter in center of each half and shape into ball, enclosing nut. Mix cinnamon and sugar in small bowl. Dip balls in 5 tablespoons melted butter or margarine; coat with cinnamon-sugar. Drop coated balls into ring mold.
3. Bake 25 minutes. Place inverted wire rack over cake in pan. Invert pan with rack over aluminum foil. Leave pan on cake a few minutes to allow syrup to drip over cake. Remove pan.

Transfer cake to serving plate. Garnish with candied red cherries. Serve warm.

### 4. American Home's Suggested Menu:

- Baked Ham with Pineapple Glaze
- French-Style Green Beans
- Scalloped Potatoes • Tossed Salad
- PECAN COFFEE CAKE

### Honey Walnut Ring

(pictured on page 55)

**Makes 16 slices.** Each slice: 243 cal.; 4.8 gms. P.; 14.8 gms. F.; 24 gms. C. Source of niacin.

- 2 cups ground walnuts
  - ½ cup honey
  - 3 tablespoons milk
  - 2 eggs
  - ¼ cup butter or margarine
  - 2 packages (8 ounces each) refrigerated crescent dinner rolls
  - 2 tablespoons sugar
  - 1 egg
  - 1 tablespoon water
  - 1 teaspoon sugar
  - 1. Heat oven to 375°. Combine nuts, honey, milk, 2 eggs and butter or margarine in saucepan. Cook over medium heat, stirring constantly, until mixture thickens. Remove from heat and cool.
  - 2. On floured pastry cloth, unwind one package of rolls, retaining its rectangular shape. Unwind second package as above; carefully place on top of first. Roll out to a 11x16-inch rectangle.
  - 3. Spread nut filling on dough. Sprinkle with 2 tablespoons sugar. Roll up, jelly-roll fashion, starting from long side. Pinch edges firmly to seal seam. Place on cookie sheet, seam side down; shape into circle. With kitchen shears or sharp knife, make 15 slashes around outside edge of nut circle, ⅓ of the way through the roll.
  - 4. Beat egg and water; brush over top of walnut ring. Sprinkle with 1 teaspoon sugar.
  - 5. Bake 25 minutes or until golden brown. Remove from sheet to wire rack; cool before serving.
- ### 6. American Home's Suggested Menu:
- Orange and Grapefruit Sections
  - Poached Eggs Florentine
  - Herb Rice Pilaf
  - HONEY WALNUT RING

### Taco Casserole

(pictured on page 54)

**Makes 4 servings.** Each serving: 750 cal.; 33 gms. P.; 51 gms. F.; 38 gms. C. Source of riboflavin, niacin, vitamins A and C.

Crust:

- 1 package (8 ounces) refrigerated crescent dinner rolls
- Meat Filling:
- 1 tablespoon pure vegetable oil
- 1 pound ground beef
- 2 tablespoons chopped onion
- 2 cups coarsely chopped tomatoes
- ⅓ cup coarsely chopped green pepper
- 1 can (4 ounces) green chilies
- 1 teaspoon salt
- ½ teaspoon leaf oregano, crumbled
- ½ teaspoon ground cumin
- ½ teaspoon pepper
- ⅓ teaspoon garlic powder

1 teaspoon wine vinegar  
Sauce:

- 1 can (8 ounces) tomato sauce
- 1½ teaspoons pure vegetable oil
- 1½ teaspoons wine vinegar
- ½ teaspoon leaf oregano, crumbled
- ¼ teaspoon ground cumin
- ¼ teaspoon salt
- ¼ teaspoon pepper
- ¼ teaspoon garlic powder
- ¼ teaspoon onion powder
- Dash of hot-pepper sauce (optional)

Topping:

- 1 cup shredded iceberg lettuce
  - ½ cup shredded Cheddar cheese
  - 1. Heat oven to 375°. Prepare crust: Unroll dinner rolls on floured pastry cloth. Do not separate dough along perforations. Overlap dough rectangles about ¼ inch along long sides. Pat along overlap and perforations to form a smooth rectangle. Roll out to 12½x-8½-inch rectangle. Ease into lightly greased 10x6x2-inch baking dish. Do not stretch dough. Fold under excess pastry; secure to outer edge of dish. Flute edge and prick bottom with fork. Bake 15 minutes or until golden brown. Cool on wire rack.
  - 2. Prepare filling: Heat oil in large skillet over medium heat. Add beef and onion; cook until browned, stirring frequently. Stir in tomatoes, green pepper, 5 tablespoons chopped green chilies, (reserve rest for sauce), salt, oregano, cumin, pepper, garlic powder and wine vinegar. Cook until green pepper is tender-crisp.
  - 3. Prepare sauce: Combine all ingredients including reserved green chilies for sauce in saucepan. Heat over low heat. Serve warm or at room temperature.
  - 4. To assemble casserole: Spoon meat filling into baked crust. Top with lettuce and cheese. Garnish with 4 avocado slices, if desired. Spoon some sauce in center; pass remainder.
- ### 5. American Home's Suggested Menu:
- Hot Chicken Bouillon
  - TACO CASSEROLE
  - Refried Beans • Sautéed Zucchini
  - Fresh Fruit Sundae

### Viennese Cookies

(pictured on page 55)

**Makes 36 cookies.** Each cookie made with strawberry jam and regular wheat germ—43 cal.; 1.62 gms. P.; .6 gm. F.; 8 gms. C. Made with strawberry jam and flavored wheat germ—43 cal.; 1.2 gms. P.; .5 gm. F.; 8.4 gms. C. Made with orange marmalade and regular wheat germ—43.5 cal.; 1.65 gms. P.; .6 gm. F.; 7.9 gms. C. Made with orange marmalade and flavored wheat germ—43.5 cal.; 1.3 gms. P.; .5 gm. F.; 8.4 gms. C.

- 1 package (8 ounces) refrigerated crescent dinner rolls
- ½ cup strawberry jam or orange marmalade
- 2 egg whites, slightly beaten
- 1 cup regular or flavored wheat germ
- 1 tablespoon sugar

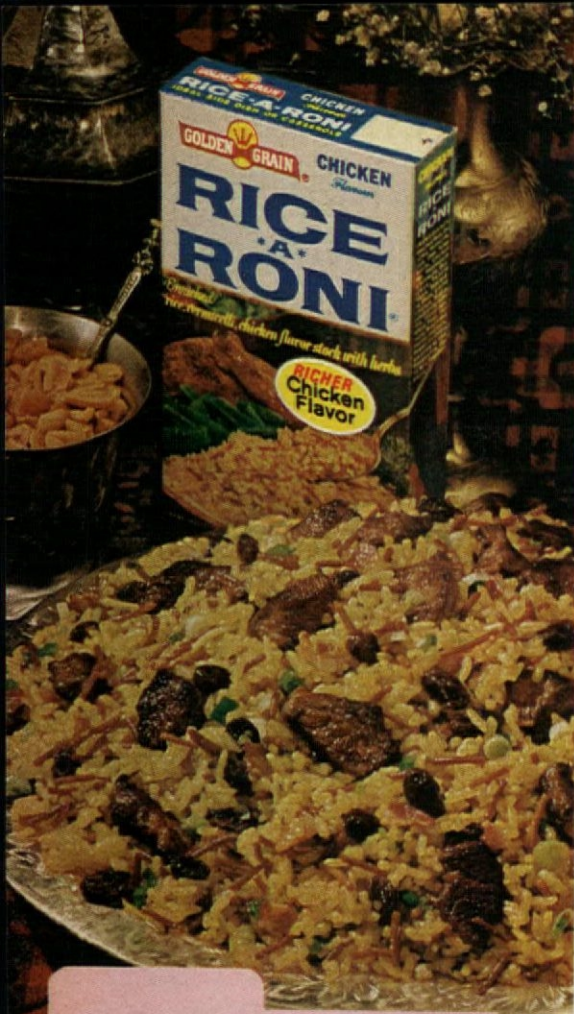
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**Robust flavor.** That's what the English like about their cheddar cheese. And that's the kind of cheddar flavor you get in Kraft Macaroni and Cheese Dinner. The good kind you cook up fresh.



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1. Heat oven to 375°. Unroll and press rolls into bottom of 13x9x2¼-inch baking pan. Bake 12 minutes. Remove from oven.

2. Spread jam or marmalade over baked layer. Combine egg whites, wheat germ and sugar in bowl. Sprinkle over jam.

3. Bake 10 minutes more. Cool in pan on wire rack; cut into bars.

4. **American Home's Suggested Menu:**  
Tomato Soup

Open-Face Cheese Sandwich

Molded Vegetable Salad

VIENNESE COOKIES

### Chicken Dumplings

(pictured on page 55)

**Makes 10 dumplings or 5 servings.**  
Each serving: 538 cal.; 27 gms. P.; 21.7 gms. F.; 52.8 gms. C. Source of riboflavin and niacin.

2 tablespoons butter or margarine

2 tablespoons all-purpose flour

1¾ cups milk

¼ cup dry sherry

½ teaspoon salt

¼ teaspoon pepper

2 tablespoons pure vegetable oil

3 tablespoons chopped onion

3 tablespoons chopped celery

2¼ cups chopped cooked chicken

¼ cup chopped almonds

2 tablespoons chopped parsley

¾ teaspoon salt

2 packages (11 ounces each)

refrigerated baking powder biscuits

1 egg

1 tablespoon water

**Paprika**

1. Heat oven to 375°. Melt butter or margarine in saucepan; stir in flour. Cook slowly over low heat, stirring constantly, until mixture bubbles for about 3 minutes. Remove from heat. Gradually add milk, sherry, ½ teaspoon salt and pepper; stir rapidly with a wooden spoon. Cook over medium heat, stirring constantly, until sauce thickens.

2. Heat oil in saucepan over medium heat. Add onion and celery. Sauté until transparent but not brown. Remove from heat. Stir in chicken, almonds, parsley and ¾ teaspoon salt. Add ½ cup sherry cream sauce; mix thoroughly. Set aside remaining sauce for topping.

3. Separate biscuits. On floured pastry cloth, place one biscuit on top of another; roll until 5 inches in diameter. Place ¼ cup chicken mixture in center of dough. Bring opposite edges of dough together over chicken filling. Join by pinching once at center of top edge with thumb and index finger. Similarly, bring center of remaining edges together and join at top. Firmly pinch together resulting folds to form a square dumpling.

4. Beat egg and water; brush over top of each dumpling. Place them on cookie sheet.

5. Bake 15 minutes or until lightly browned. Reheat sauce over low heat. Top dumplings with some sherry sauce. Pass remainder. Sprinkle with paprika. Garnish with parsley, if desired.

6. **American Home's Suggested Menu:**

CHICKEN DUMPLINGS

Broccoli in Butter Sauce

Devil's Food Cake

### Ham and Cheese Bake

**Makes 6 servings. Each serving:** 2 cal.; 12.3 gms. P.; 16.9 gms. F.; 2 gms. C. Source of niacin.

1 package (8 ounces) refrigerated crescent dinner rolls

½ cup chopped cooked ham

¼ cup shredded natural Swiss cheese

¼ cup grated Parmesan cheese

2 cups (1 pint) half-and-half

2 eggs, beaten

½ teaspoon salt

¼ teaspoon ground nutmeg

1. Heat oven to 375°. Unroll dinner rolls on floured pastry cloth. Do separate dough along perforations. Overlap dough rectangles about 1 inch along long sides. Pat along over and perforations to form a smooth rectangle. Roll out to 13-inch square.

2. Ease rolled dough into 9-inch square plate. Do not stretch. Cut off corners of dough, leaving a 1-inch dough overhang around plate. Reserve dough at angles. Fold dough overhang under even with plate edge. Flute. Prick bottom of crust with fork 4 to 5 times. Bake crust 8 minutes. Bake reserved corner triangles on cookie sheet 10 to 12 minutes or until lightly browned.

3. Sprinkle ham over crust. Combine Swiss and Parmesan cheese, half-and-half, eggs, salt and nutmeg. Pour over ham. Cover edges of pie crust lightly with aluminum foil. Bake 10 minutes. Reduce heat to 325°; bake 20 minutes more. Remove foil from crust; continue baking 10 minutes or until knife inserted in center comes out clean.

4. Remove from oven and cool 10 minutes before serving. Top with reserved triangles and serve.

5. **American Home's Suggested Menu:**  
HAM AND CHEESE BAKE

Broiled Tomatoes

Spinach Salad with Caesar Dressing

Frozen Blueberry Fruit 'N Danish

### Tuna or Curried Poultry Turnovers

**Makes 10 turnovers. Each turnover filled with tuna—118 cal.; 5 gms.**

5.7 gms. F.; 11.8 gms. C. Source of niacin.

Each turnover filled with chicken—89 cal.; 4 gms. P.; 2.6 gms.

11.7 gms. C. Source of niacin. Fill with turkey—84 cal.; 3.3 gms. P.; 2 gms. F.; 11.7 gms. C.

**Tuna or Curried Poultry Filling**

(recipes below)

1 package (11 ounces) refrigerated baking powder biscuits

1 egg

1 tablespoon water

1. To prepare Tuna Filling: Heat 1½ teaspoons pure vegetable oil in small saucepan over low heat. Add 1½ teaspoons finely chopped onion. Sauté until transparent. Remove from heat. Add 1 can (3½ ounces) tuna, drained and flaked; 1 hard-cooked egg, chopped; 1½ teaspoons chopped green pepper; ½ teaspoon chopped parsley; 1 teaspoon prepared mild mustard; ¼ teaspoon pepper and 2½ tablespoons mayonnaise. Mix well, using a fork.

continues



## Lamb a Indienne starts with San Francisco's Rice-A-Roni

Sauté 2 strips bacon, diced. Cube meat from 2 shoulder lamb chops, fry with bacon. Stir in 1 pkg. Chicken Rice-A-Roni. Cook until vermicelli is light brown. Pour in 2¾ cups hot water, contents of Chicken flavor packet, ½ to 1 tsp. curry powder, ¼ cup raisins and ¼ cup chopped green onions. Cover, bring to boil, reduce heat and simmer 15 min. Sprinkle with ¼ cup chopped peanuts.

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[continued]

2. To prepare Curried Poultry Filling: Melt  $1\frac{1}{2}$  teaspoons butter or margarine in small saucepan. Stir in  $1\frac{1}{2}$  teaspoons all-purpose flour and 1 teaspoon curry powder. Cook over low heat, stirring constantly, until mixture bubbles for about 1 minute. Remove from heat. Gradually add  $\frac{1}{4}$  cup milk, stirring rapidly with a wooden spoon. Cook over medium heat, stirring constantly, until sauce thickens. Remove from heat. Add  $\frac{3}{8}$  cup chopped cooked chicken or turkey, 1 tablespoon chopped almonds and 1 teaspoon dried chives. Mix well to combine ingredients.

3. Heat oven to 375°. Separate biscuits. On floured pastry cloth, roll each biscuit until it measures  $3\frac{1}{2}$  inches in diameter.

4. Beat egg and water together in small bowl. Place 1 tablespoon Tuna or Curried Poultry Filling in center of each biscuit. Moisten edges of biscuit with egg mixture. Fold in half; press with fork to seal.

5. Brush top of turnovers with egg mixture. Sprinkle with sesame seeds, if desired. Place on cookie sheet. Bake 10 to 15 minutes or until golden brown. Remove with wide spatula to wire rack. Serve warm as a soup accompaniment or appetizer.

6. **American Home's Suggested Menu:**  
Cream of Celery Soup  
TUNA OR CURRIED  
POULTRY TURNOVERS  
Braised Beef with Carrots and Onions  
Baked Apples • Brownies

## Sweets

continued from page 58

### THE SMART SHOPPER SAYS:

- Milk and dairy products are perishable. Buy only in quantities you know you will use. Store in your refrigerator. Milk will keep 3 to 5 days; cultured milk products keep 10 days.
- Normally, light and heavy cream keep 7 to 10 days. If sterilized and unopened, they will keep 6 weeks. Sterilized heavy cream takes longer to whip.
- In many areas, dairy products are stamped with the last date on which they may be sold. This does *not* mean you must throw them away then.
- The following dairy products can be frozen at 0°F. (there will be some change in flavor and appearance, so use these only when cooking and baking): Milk and cream freeze for 2 months; cream cheese, if well wrapped, 1 month. Heavy cream will not whip after freezing. Do not freeze buttermilk, sour cream, yogurt or cottage cheese.
- Dairy produce, particularly milk, has no season. It is available year-round, and prices do not reflect seasonality.
- Milk products scorch, burn or separate if cooked at too high a temperature. Cook over low heat.

### Yogurt Cream Pie

(pictured on page 58)

Makes 8 servings. Each serving: 467 cal.; 9.5 gms. P.; 20.5 gms. F.; 61 gms. C.

$\frac{1}{4}$  cup butter or margarine

24 gingersnap cookies, finely crushed  
( $1\frac{1}{3}$  cups crumbs)

2 tablespoons sugar

2 envelopes unflavored gelatin

$\frac{1}{2}$  cup cold water

$\frac{3}{4}$  cup sugar

$\frac{1}{4}$  cup cornstarch

$\frac{1}{4}$  teaspoon salt

2 cups (1 pint) half-and-half

3 large eggs, separated

1 tablespoon almond extract

2 cartons (8 ounces each) vanilla yogurt

1. Heat oven to 350°. Melt butter or margarine in small saucepan. Add gingersnap crumbs and 2 tablespoons sugar. Stir with fork until well mixed. Press mixture firmly on bottom and sides of buttered 9-inch pie plate. Bake 8 minutes. Remove. Cool on wire rack.

2. Sprinkle gelatin over water in small cup. Let stand 5 minutes to soften. Mix  $\frac{3}{4}$  cup sugar, cornstarch and salt in saucepan. Stir in half-and-half gradually until blended. Add egg yolks. Beat with wire whisk until blended. Cook over low heat, stirring constantly with whisk, until mixture thickens and boils. Add gelatin. Cook until gelatin dissolves in custard.

3. Remove custard from heat. Stir in almond extract. Set pan into bowl of ice water or refrigerate until mixture is cool and thick.

4. Stir yogurt into cooled custard. Beat egg whites until stiff peaks form; fold into mixture. Pour into crumb crust. Chill until firm.

5. Before serving, garnish top with



chocolate-walnut candy or chocolate curls, if desired.

#### 6. American Home's Suggested Menu:

Chicken Kiev  
Buttered Egg Noodles • Baby Carrots  
Marinated Vegetable Salad  
YOGURT CREAM PIE

#### Caribbean Milk

(pictured on page 58)

Makes 6 servings. Each serving: 266 cal.; 6.5 gms. P.; 8.6 gms. F.; 34 gms. C.

- 3 medium-size ripe bananas (1 pound)
- 2 tablespoons lime juice
- 2 cups milk
- 1 large egg
- ½ cup dark rum
- ¼ cup light rum
- ¼ cup sugar

1 pint vanilla ice cream  
Dash of ground nutmeg

1. Peel bananas and cut into 1-inch chunks. Toss with lime juice in blender container. Add milk, egg, rum and sugar. (If serving to children, omit rum; substitute ¾ cup more milk.) Cover. Blend until smooth and frothy. Refrigerate until well chilled, about 2 hours.  
2. Just before serving, spoon ice cream into mixture. Cover. Blend at high speed until foamy. Pour into tall glasses. Sprinkle with nutmeg. Garnish with sprig of mint, if desired.

#### 3. American Home's Suggested Menu:

CARIBBEAN MILK  
Broiled Ham with Pineapple  
Mashed Yams • Tiny Okra  
Lime Sherbet

#### Jellied Cranapple with French Cream

(pictured on page 58)

Makes 4 servings. Each serving: 310 cal.; 2.3 gms. P.; 8.8 gms. F.; 58.5 gms. C. Source of vitamin C.

- 2 cups cranberry juice cocktail
- ½ cup sugar
- 1 cinnamon stick, 3 inches long
- 1 strip (3x½-inch) lemon peel
- 3 medium-size cooking apples (1 pound)
- 1 tablespoon lemon juice
- 1 envelope unflavored gelatin
- ½ cup water
- ½ cup dairy sour cream
- 2 tablespoons heavy cream
- ¼ teaspoon vanilla

1. Combine cranberry juice, sugar, cinnamon stick and lemon peel in saucepan. Bring to boiling over medium heat. Meanwhile, pare apples. Cut into julienne strips. Discard core. Toss apples with lemon juice to prevent darkening. Add apples to cranberry liquid. Cook over low heat until apples are just tender.

2. Sprinkle gelatin over water in cup. Let stand 5 minutes to soften. Stir into cranberry-apple mixture. Cook only until gelatin is dissolved. Remove from heat. Discard cinnamon stick and lemon peel. Add red food coloring to cranapple mixture to tint a deep rosy red color, if desired.

3. Place pan in bowl of ice water or refrigerate until mixture is slightly thickened. Spoon into 4 individual serving dishes. Cover with plastic wrap.

continued  
65

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Chill until firm.

4. Combine sour cream, heavy cream and vanilla. Spoon over jellied cran-apple before serving.

**5. American Home's Suggested Menu:**  
Golden Mushroom Soup  
Roast Loin of Pork  
Butternut Squash • Broccoli Spears  
**JELLIED CRANAPPLE WITH  
FRENCH CREAM**

### Apricot Rice Custard Ring

Makes 8 servings. Each serving: 390 cal.; 9.3 gms. P.; 12.4 gms. F.; 62.75 gms. C. Source of riboflavin, vitamins A and C.

- 1 cup dried apricots
- 2 cups water
- 2 cups milk
- 2 cups (1 pint) half-and-half
- 2 cups cold cooked rice
- 4 large eggs
- 1 cup sugar
- 1 teaspoon vanilla
- ½ cup orange juice
- ¼ cup sugar

**Dash of salt**

1. Cook apricots and water in saucepan until just tender and plump. Remove from heat. Cool.

2. Combine milk, half-and-half and rice in saucepan. Heat over low heat until bubbles appear around edge of pan.

3. Beat eggs, 1 cup sugar and vanilla in bowl with wire whisk. Stir in milk mixture gradually.

4. Heat oven to 350°. With slotted spoon, remove half of apricots from cooking liquid. Pat apricots dry with paper towels. Arrange them in bottom of buttered 6-cup ring mold. Carefully ladle in milk mixture. Set ring mold in large baking pan. Add hot water to pan until 1 inch from top of ring mold. Bake 45 to 50 minutes or until knife inserted in custard 1 inch from side of mold comes out clean.

5. Remove mold from water bath. Cool. Chill. Before serving, combine remaining apricots and their liquid, orange juice, ¼ cup sugar and salt in blender container. Cover. Blend until pureed.

6. Loosen custard from ring mold. Unmold onto platter. Spoon sauce over mold. Garnish with mint leaves, if desired.

**7. American Home's Suggested Menu:**  
Swiss Steak  
Whole New Potatoes • Green Beans  
Carrot Curls • Celery Sticks  
**APRICOT RICE CUSTARD RING**

### Pineapple-Orange Ice Cream Cake

Makes 10 servings. Each serving: 310 cal.; 6 gms. P.; 18.9 gms. F.; 46 gms. C. Source of vitamin C.

- 3 pints vanilla ice cream
- 1 can (20 ounces) crushed pineapple in heavy syrup
- 2 navel oranges
- 2 packages (3 ounces each) ladyfingers (24)
- 1 cup (½ pint) heavy cream

1. Stir ice cream in large bowl until softened. Pour pineapple into sieve over bowl. Press out as much syrup as pos-

sible. Reserve syrup. Stir drained pineapple into ice cream. Cover bowl with plastic wrap. Freeze until partially firm.

2. Finely grate peel of oranges. Add peel to reserved pineapple syrup. Open ladyfingers into halves, but do not separate into pieces. Brush inside surfaces with syrup mixture. Arrange 20 halves upright, brushed surfaces toward center, around sides of 9-inch springform pan. Separate and press remaining halves into bottom of pan to form compact layer. Cover with plastic wrap to keep moist.

3. With knife, section oranges; remove all membrane. Reserve 8 sections for garnish; chop remainder. Whip heavy cream. Remove ice cream from freezer. Stir in chopped oranges. Fold in whipped cream. Spoon mixture into lined pan. Garnish top with reserved orange sections. Cover. Freeze until firm.

4. Before serving, let cake stand 30 minutes at cool room temperature for easier cutting. Remove sides of pan. Cut into wedges.

**5. American Home's Suggested Menu:**  
Boiled Smoked Pork Butt  
with Potatoes • Cabbage and Carrots  
Brown and Serve Rolls  
**PINEAPPLE-ORANGE  
ICE CREAM CAKE**

### Chocolate Cinnamon Cake

Makes 8 servings. Each serving: 502 cal.; 3.7 gms. P.; 38 gms. F.; 41.8 gms. C. Source of vitamin A.

2½ cups heavy cream

1 package (6 ounces) semi-sweet chocolate pieces, or ½ of a 12-ounce package chocolate-flavor baking chips

1 package (16 or 17 ounces) pound cake mix

4 teaspoons ground cinnamon

½ cup sugar

2 tablespoons confectioners' sugar

½ teaspoon vanilla

1. Combine 1 cup cream and chocolate in heavy saucepan. Cook over medium heat, stirring constantly, until chocolate melts. Reduce heat to low. Continue to cook and stir until mixture is consistency of a thin pudding. Pour into medium-size bowl. Cover. Chill until cold and thick.

2. Meanwhile, heat oven to 375°. Prepare pound cake mix according to package directions, but stir cinnamon into batter. Grease 15½x10½x1-inch jelly-roll pan; line bottom with wax paper. Spread batter evenly in pan. Bake 20 minutes or until wooden pick inserted into center comes out clean. Cool cake completely. Cut crosswise into quarters, forming 4 rectangles about 10x3½ inches each.

3. Remove cold chocolate mixture from refrigerator. Add 1 cup cream and ½ cup sugar. Stir with spoon only until mixed. Beat mixture on medium-high speed of mixer, scraping bowl frequently with rubber spatula until mixture is stiff enough to spread. (Do not overbeat; it will curdle.)

4. To assemble cake, place 1 cake rectangle on serving plate. Spread with about ½ cup chocolate mixture. Re-

peat layering and filling. Frost sides and top evenly with the remaining chocolate mixture.

5. Beat ½ cup cream with confectioners' sugar and vanilla until stiff. Spoon into pastry bag fitted with star tip. Pipe whipped cream attractively at base, top and sides of cake. Chill until ready to serve. Garnish with candied violets, if desired.

**6. American Home's Suggested Menu:**  
Fresh Fruit Compote  
Chicken in Red Wine Sauce  
with Mushrooms and Onions  
Crisp Spinach Salad  
**CHOCOLATE CINNAMON CAKE**

### Lemon Cheese Tart

Makes 12 servings. Each serving made with Neufchâtel cheese—354 cal.; 6.5 gms. P.; 21.9 gms. F.; 31.8 gms. C. Made with cream cheese—403 cal.; 6.9 gms. P.; 28 gms. F.; 31.3 gms. C.

1 package (10 or 11 ounces) pie-crust mix

¼ cup sugar

1 carton (½ pint) dairy sour cream (1 cup)

3 large eggs

2 packages (8 ounces each) Neufchâtel or cream cheese

¾ cup sugar

2 teaspoons grated lemon peel

2 tablespoons lemon juice

1 teaspoon vanilla

1. Combine pie-crust mix and ¼ cup sugar in bowl. Stir in ⅓ cup sour cream with fork until blended. Gather dough into ball; knead gently until dough is smooth and holds together. Wrap in wax paper. Chill 1 hour.

2. Roll dough into a rectangle on lightly floured surface to fit bottom and sides of a 12x8x1½-inch baking dish and allowing 1 inch overhang. Fit rolled dough into dish. Fold pastry overhang under, even with edge of dish. Flute edge to form high collar; crimp edge under rim of dish slightly to prevent pastry from shrinking into dish during baking. Separate 1 egg; brush pastry with 1 egg white, beaten slightly. Let stand at room temperature to dry while making filling.

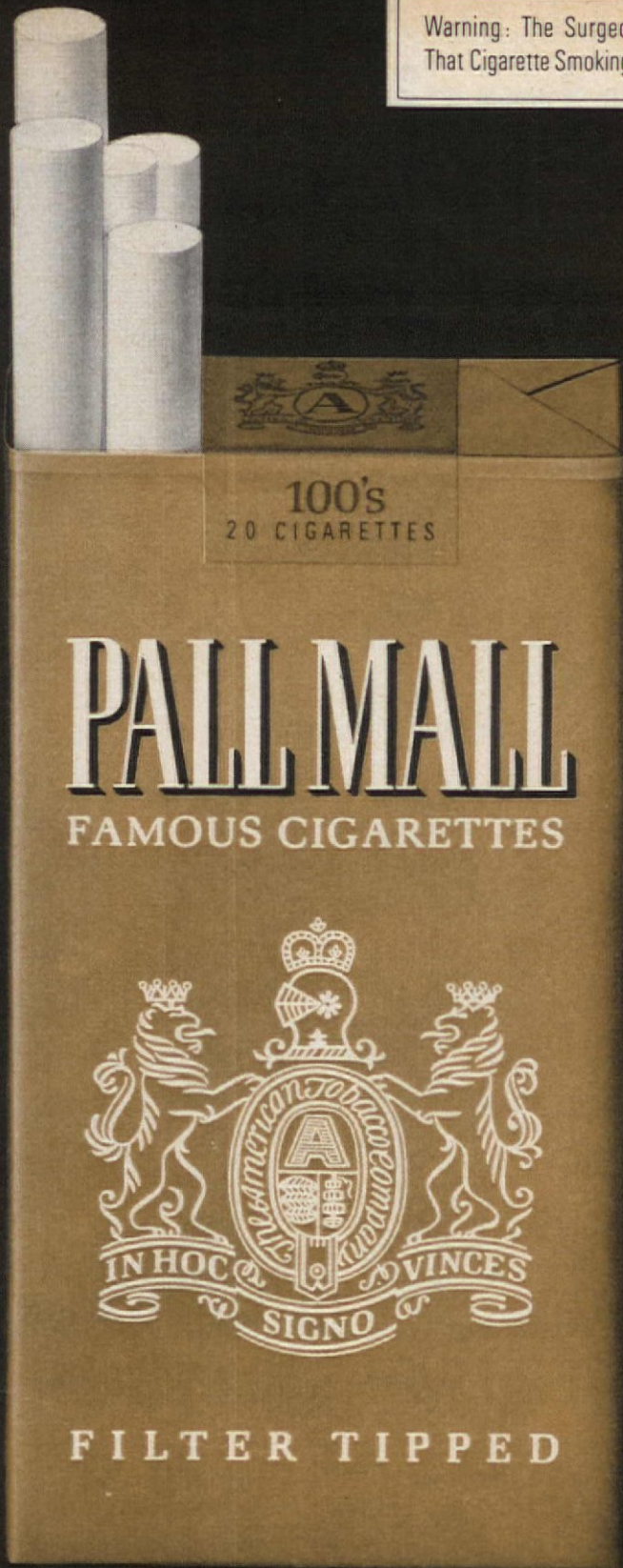
3. Heat oven to 425°. Beat Neufchâtel or cream cheese in large bowl until light and fluffy. Beat in ¾ cup sugar gradually. Beat in 2 eggs and 1 egg yolk. Stir in remaining ⅓ cup sour cream, lemon peel and juice and vanilla. Turn mixture into pastry-lined dish. Smooth evenly with rubber spatula to distribute mixture over pastry.

4. Bake 10 minutes. Reduce oven temperature to 325°. Continue to bake 30 minutes more or until cheese appears set. Remove from oven. Cool on wire rack. Cover. Refrigerate until chilled. Cut lengthwise in half, then crosswise into 6 strips.

**5. American Home's Suggested Menu:**  
Tangy Shrimp Cocktail  
Lamb and Vegetable Stew  
Endive-Romaine Salad  
Warm French Bread  
**LEMON CHEESE TART**

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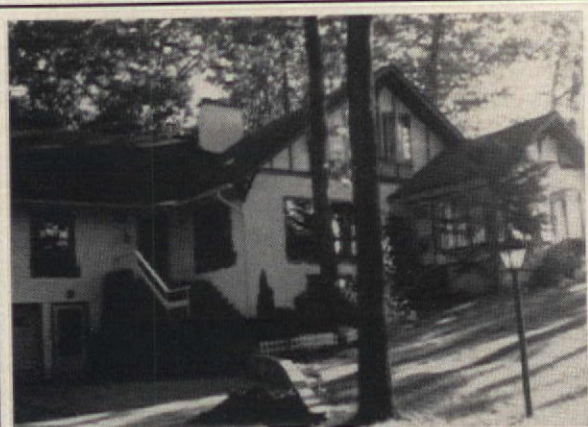


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"Soon after we began house-hunting in this beautiful small town, we became very discouraged. The houses shown to us were either too small or too expensive. My husband and I decided to look for ourselves. Our efforts proved fruitless until one day, driving up a hill along a narrow road we assumed led to the lake, we spotted a stately white stucco house with a sign in front that read, 'For Sale By Owner.' We immediately stopped to investigate. As soon as we stepped through the door, we realized that this was a magnificent one-of-a-kind home that was badly in need of remodeling. But in spite of its condition and decor, the house breathed a warmth that made us feel it was truly 'our home.' We bought it for \$30,000.

"Details of the purchase are similarly unusual. We borrowed \$1,500 for the down payment, and negotiated a contract for deed with the owner. [For the pluses and minuses of this type of mortgage alternative, see "How To Get Around Today's Mortgage Drought" in the November '74 AH.] How lucky we were! Not many people would have been able to buy a \$30,000 home with a borrowed \$1,500. Adding to our good fortune, my husband had just taken a position with a local bank. They gave us a \$20,000 credit line for our remodeling.

"We contracted local builders for our new kitchen, new windows and storm windows, new upstairs bath—and complete rewiring. My husband and I did a lot of the work ourselves: John did the kitchen plumbing and the gas hook-up; I stained all the wood for the kitchen—we have tongue-and-groove pine on the walls and ceiling.

"Our 'beautiful giant,' set on a wooded acre, has 12 rooms on three levels. The master bedroom is the entire third floor, with a view of the lake from every window. Our living room has a massive brick fireplace with oak beams that fortunately have been preserved.

"As can be imagined, my family loves this house. It's old, but its design and layout are extremely contemporary—and functional. We are at peace on Longview Lane and would enjoy sharing our 'labor of love' with AH readers."

If you have something to share—a house, a remodeling or restoration, a craft project—do as Mrs. Markl did: Send us a picture and drop us a line.—The Editors

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- Foot-Long Exotic-Shaped Leaves Add Unique Decor to House
- Produces Fruit Up to 10 Years
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ASTONISHING TREE TOMATO is now available in the U.S.A.! And in a newly-developed super-hybrid variety that harvests up to 40 lbs. (hundreds of tomatoes) a year — thousands up to 10 years — FROM ONE TOMATO TREE!

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Grant House guarantees that if you are not completely satisfied with your Wall Gallery(s), you may return the Gallery(s) and we will promptly refund your money, postage and handling excluded, no questions asked.

DESIGN YOUR OWN GROUPINGS

MIX AND MATCH 2 GALLERYS

[continued from page 26]

## Effective ways exist to control the canine population explosion—but dog owners must cooperate.

**One birth-control device for dogs already exists:** a comparatively inexpensive diaphragm made of medical-grade plastic, available from veterinarians. When properly fitted, it effectively prevents conception in a healthy, mature bitch. The device is fairly easy to insert and fit, but most dog owners seem to feel otherwise; most of those willing to use it prefer to call upon the services of a vet. Thus it appears that the canine diaphragm has not been accepted as the solution to canine overpopulation. A big promotion effort might help, but that hasn't happened yet.

**Elsewhere, a great deal of research and testing has been done with steroids (hormones).** One way or another, researchers are determined to create sterility in bitches for prolonged periods of time. With one exception, safe and effective dosages have yet to be perfected, and the chances of their appearing on the market this side of 1980 appear slim.

**That exception appears to be the best contraceptive bet for the near future.** It was developed by a major pharmaceutical company and a large pet-food manufacturer. What they have come up with is a chemical compound known as Mibolerone, really a progestational steroid. As an additive in a completely balanced, meaty dog food, this steroid has already been tested for various lengths of time on more than 600 bitches in a dozen breeds. Started early (at least 30 days before her season) and fed to the bitch on a daily basis, the special diet prevents onset of the season. The bitch can be kept on this food any length of time—for a year or two, or for her entire life.

## A new dog food could defer your female's season until you decide that she is ready for breeding.

**In these controlled tests, there have been no harmful side effects;** the health of the bitches has not been impaired. The beauty of the diet is that when the bitch is taken off it and fed a standard food, she soon resumes her natural heat cycle and is ready for breeding (which, of course, can only happen during the season). The resultant pups will be healthy and normal.

**This dramatic development in contraceptive methods** is now being field-tested with bitches volunteered by owners in eight municipalities: Boston, Atlanta, Chicago, Indianapolis, Philadelphia, Memphis, San Francisco and San Diego. The tests involve about 1,000 bitches of various ages, breeds and weights. Owners, in return for their cooperation, are receiving a year's supply of the special food, plus free veterinary service, if and when needed.

**Humanitarians and others concerned with the booming canine population** hope that the new dog food will be available at supermarkets by mid-1976. That's about the earliest possible date, and it depends on fast approval by the U.S. Food and Drug Administration. When the food appears on the market, it will be packed in cans, and priced just a few cents above noncontraceptive foods. Whatever the cost, it should not stand in the way of responsible owners who don't want their bitches burdened with unwanted pups.

By late 1976, Mibolerone in liquid form will probably be available through veterinarians. This should keep everybody happy: owners, retailers and veterinarians. And in the long run, it will mean fewer dogs—by the millions.

—Kurt Unkelbach

Purina knows  
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OK, cat...we get the message.  
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**Stitch a still life with one of our creative kits!**  
 What could be more appealing than our roadside vignette and its colorful springtime flowers? "Along the Way," created by Georgia Ball, measures 18 by 24 inches and is done in easy crewel stitchery. Design is stamped on homespun; kit includes needle, all yarn and complete instructions. The frame, trimmed with gold metal-leaf, is also available.

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Please make check or money order payable to A.H. Specialties—American Home Kits. Items shipped to Canada are subject to Canadian tariff. Allow up to four weeks for delivery.

**Stitch a homey kitchen scene:**  
 a loaf of fresh bread, flowers, spices, a pot of coffee. "Taste of Life," designed by Carol and Don Henning, measures 18 by 24 inches. It is stamped on homespun; kit includes needle, yarn, instructions. Frame is available.



Dept. 2-375, Vendor: A.H. Specialties, 689 Front St., Teaneck, N.J. 07666



## Mike Landon turned Hollywood flamboyance into homey elegance.

When I drove into the used-brick courtyard of Michael Landon's magnificent home in Beverly Hills, there he was, blue-jeaned, curly hair mussed, looking nothing at all like a TV star, sitting on the steps in front of the handsome oak double front doors. He couldn't wait to show me the house, of which he is as proud as he is of his new series, NBC's *Little House on the Prairie*. Joined by his wife and three of their six children, we took a joyous tour of the place.

They showed me the living room, where 10 layers of paint in various hues had been painstakingly removed to reveal the original wood glowing underneath. Three couches dominate; two of them are covered in a delicate-looking pale beige velvet. They are not there for show; they are *used*, I can tell you. While I sat looking horrified, 12-year-old Leslie, in sneakers and tennis dress, threw herself over the top of one and landed shoes first right on the velvet. Then 3-year-old Shawna couldn't resist hurling herself on top of her sister. Mike was right when he said the Landons really *live* in their house!

The billiard room is one of his favorites, despite the fact that it once caused the household considerable trauma. A house painter went berserk in it and did the whole room in black—even the windows. More laborious paint scraping followed. But as though making up for this upheaval, Mike discovered a true delight in the room. In Prohibition times, when consuming alcoholic beverages was technically forbidden even in private homes, the original owner of the Landon house had a secret bar constructed behind the oak panels. Today, the bar is stocked with legal liquor, but mostly it is the source of great fun for Mike and the younger kids. They play hide-and-seek in it.

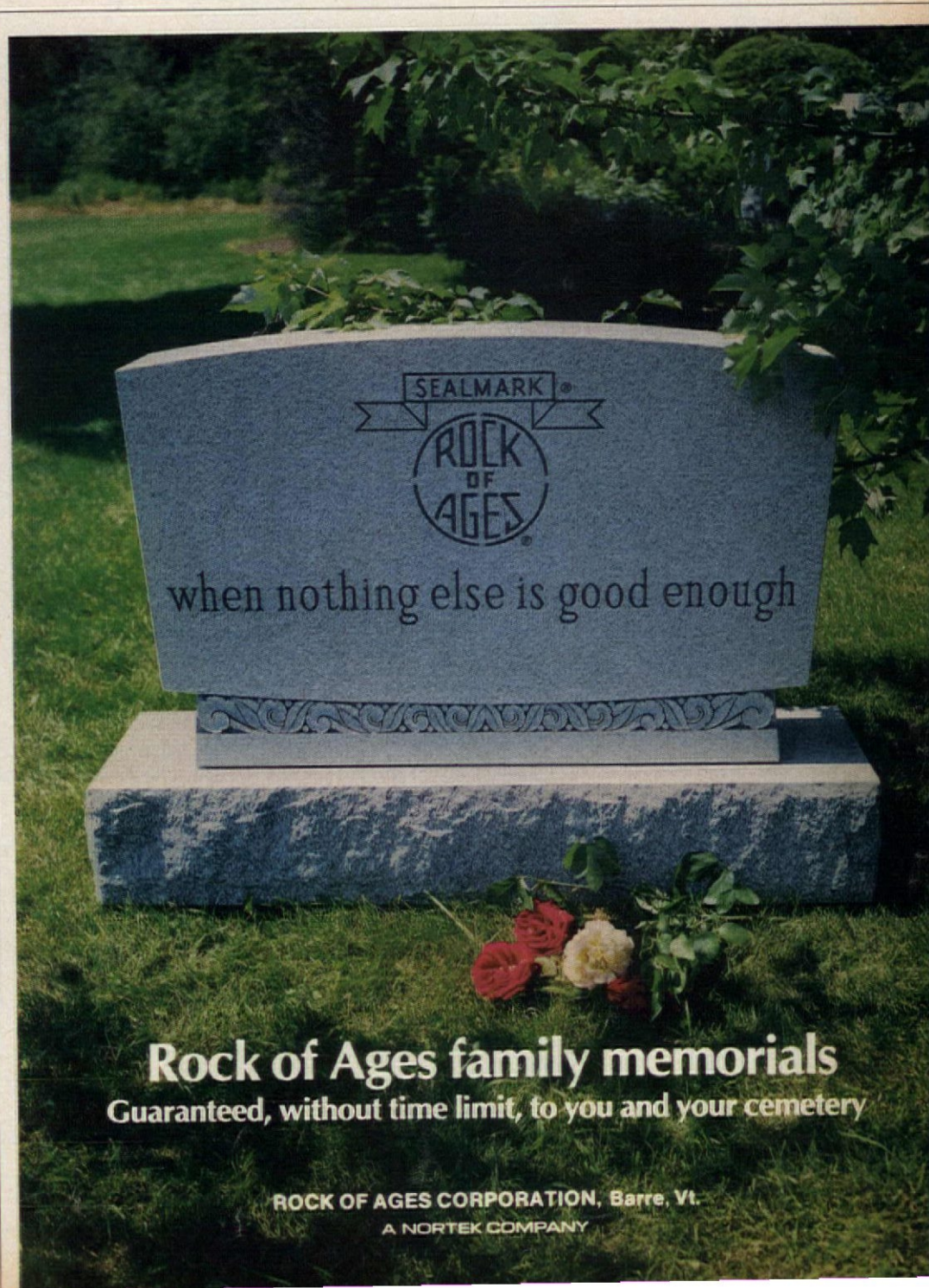
At the head of the magnificent winding wood-carved staircase leading to the bedrooms upstairs is a contemporary stained-glass window so striking I had to study it to take it all in. Lynn told me she'd had it made to order for Mike's last birthday. Glass fragments at the bottom spell out Lynn's avowal that she loves Mike "More than yesterday, Less than tomorrow."

The Landon kitchen is cozily small, but utilitarian, much reduced in size from its grand scale in the 1920s when servants were plentiful and great Gatsby-type dinner parties were the fashion. Today, the kitchen features a center island range, double wall ovens, lots of natural wood cabinets—and everything within easy reach. I suggested to Lynn that it must be a pleasure for her to cook up a storm in such efficient surroundings. "Unfortunately, I am not the cook in this house," she reported. "Mike is—and he's good. He and our son Josh can whip up the best Texas chili I've ever eaten." He picked up the recipe from an old horse wrangler on "Bonanza."

By far the most exceptional spot in the house is the "Bonanza Room,"

filled with mementoes from the 14 years Mike played Little Joe in that top-rated series. "I really think that those were some of the finest years of my life," he says. "Quite literally, I grew up on that show."

When *Bonanza* finally ended, in January 1973, Mike insisted on taking home with him the two-hole wooden privy that was one of the studio sets. He had it installed, along with modern plumbing, in a corner of the "Bonanza Room." The room also contains overtones of his new hit series, *Little House on the Prairie*—a huge, wood-burning fireplace. Here, just as it is in his television *Little House*, Mike Landon believes, "The fireplace is the gathering spot for a family of people who truly love each other."



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By Dorothy Lambert Brightbill



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**Pages 44-45:** Flooring, White Bradford Brick with blue Excelon Feature Strips, Armstrong Cork Co., Lancaster, Pa.; wallpaper, "Colonial Times," United DeSoto, Chicago, Ill.; "Cleanline" electric built-in cooktop, 27-inch built-in oven, Jet 82 microwave oven, "Potscrubber II" dishwasher, No Frost refrigerator-freezer, "Disposal" food waste disposer, built-in trash compactor, custom vented exhaust hood, General Electric Company, Louisville, Ky.; king-size Toast 'N' Serve Toaster-Oven, deluxe front control automatic toaster, General Electric Housewares Business Div., Bridgeport, Conn.; pewter and brass chandelier, Lightolier, Jersey City, N.J.; white dinnerware and saucery ("Centura"), all clear-glass accessories, Creative Glass, Corning Glass Works, Corning, N.Y.; cabinets, Yorktowne, Div. of The Wickes Corp., Red Lion, Pa.; all kitchen cabinets, counter tops and eating island covered in Textolite plastic laminate by General Electric, Laminated Products Div., Coshocton, Ohio; rush-seated chairs, The Otto Gerda Co., New York, N.Y.; shutters, Joanna Western Mills Co., Chicago, Ill.; NuTone Food Center, Scovill, Cincinnati, Ohio; stainless-steel sink, Elkay Mfg. Co., Broadview, Ill.; baskets, wooden utensils, pepper mill, blue cutlery, patchwork/gingham napkins, juice glasses, place mats, blue flowered butter dish and pitcher, pot holders, biscotti tin, brown ceramic bowls, The Sample House & Candle Shop, Irving, Tex.

**Page 46. Top and bottom, right:** Burnished brass-finished headboard, chocolate-finish chests, Drexel Heritage Furnishings, Drexel, N.C.; velvet tufted chairs, Heritage Upholstery, Drexel, N.C.; quilted bedspread, dust ruffle, pillow shams, American Needlecrafts, New York, N.Y.; drapery fabric, table skirt, "Wakefield," Bloomcraft, Inc., New York, N.Y.; carpet, "Somptueux," Collins & Aikman, New York, N.Y.; lamps (on dresser and Parsons table), The Stiffel Co., Chicago, Ill.; brown-and-white flowered ceramic lamp on skirted table, Tyndale, Inc., Gloucester, N.J.; brass and walnut mirror, Sarreid, Ltd., Wilson, N.C.; woven wood shades, Graber Co., Middleton, Wis.; brown Parsons table, The Door Store, New York, N.Y.; mattress and foundations, "Perfect Sleeper Supreme," Serta, Inc., Chicago, Ill.; throw pillows, Heller/Nargong, New York, N.Y.; painting by Olin Travis, Dupree Gallery, Irving, Tex.; telephone, General Telephone Co. of the Southwest; brass and glass octagonal bamboo tray table,

Thomasville Furniture Industries, Inc., Thomasville, N.C.; antique vase on dressers, The Trend House, Greenville, Tex.; all other dresser accessories, Dorrace Pearle Antiques, Dallas, Tex.; baskets, The Sample House & Candle Shop, Irving, Tex. **Bottom, left:** "Ultrabath Bathing Pool," "Fairlyn" sinks, "Luxor" toilet, American Standard, Inc., New Brunswick, N.J.; counter top, tub surround, "Corian," E. I. du Pont de Nemours & Co., Wilmington, Del.; mirrors, Binswanger Mirror Co., Memphis, Tenn.; carpet, "Princeton," apricot creme, Regal Rugs, Inc., North Vernon, Ind.; wallpaper on ceiling, "Calico Fern," C.W. Stockwell, Inc., Los Angeles, Calif.; towels, Avanti, New York, N.Y.; shower curtain fabric, "Sungleam" white chintz, Lanscot-Arlen Fabrics, Inc., New York, N.Y.; Lucite toothbrush holder, tortoiseshell toothbrushes, shell soap dishes, The Tub, Irving, Tex.; antique jars, Dorrace Pearle Antiques, Dallas, Tex.; baskets, botanical prints and frames, The Sample House & Candle Shop, Irving, Tex.; *étagère*, The Lane Co., Altavista, Va.; cabinets, Yorktowne, Div. of The Wickes Corp., Red Lion, Pa.

**Page 47:** Modular furniture, "Avanti" Seating Group (Hide-A-Bed, chair, ottoman), Simmons Co., New York, N.Y.; open storage unit, drawer unit, drop-lid unit of pin knotty pecan veneer and rattan chairs on metal base, Founders, Thomasville Furniture Industries, Inc., Thomasville, N.C.; rug, "Casablanca," Stark Carpet Corp., Dallas, Tex.; carpet, "Somptueux," Collins & Aikman, New York, N.Y.; lamps, "The Dangles," George Kovacs, Inc., New York, N.Y.; paneling, "Renaissance Barcelona," Georgia-Pacific Corp., Portland, Ore.; burl cocktail table, The Lane Co., Altavista, Va.; "Chronotel" digital alarm clock, General Electric Housewares Business Div., Bridgeport, Conn.; throw pillows, fabric, Andre Matenciot Co., Inc., New York, N.Y.; woven wood shade, Graber Co., Middleton, Wis.; brass and wood ashtray, Sarreid, Ltd., Wilson, N.C.; books, Plaza Book Shop, Irving, Tex.; bronze mirror graphic, wood construction graphic, Kent Topham, Greg Copeland, Inc., Passaic, N.J.; ceramic candlesticks, baskets, The Sample House & Candle Shop, Irving, Tex.; portable color TV, The Magnavox Co., New York, N.Y.

**Pages 48 and 49, left:** Carpet, "Take Notice," Lees Carpets, Div. of Burlington Industries, Inc., King of Prussia, Pa.; chest, cabinet, hutch, corner desk, "Toujours Moi," Stanley, Div. of Mead Interior Furnishings, Stanleytown, Va.; fabric on walls, dust ruffle, valance, "Crossways," fabric for comforter, window shade, "Snow Rose," Lady Pepperell sheets, West Point Pepperell, New York, N.Y.; comforter and dust ruffle made from Butterick pattern #3747, New York, N.Y.; laminated window shade, Window Shade Manufac-

urers Assn., New York, N.Y.; wicker chair, Calif-Asia, Div. of Brown Jordan, El Monte, Calif.; mattress and foundation, "Perfect Sleeper Supreme," Serta, Inc., Chicago, Ill.; lithograph by Barbara Davidson, Greg Copeland, Inc., Passaic, N.J.; felt tablecloth, Central Shippee, Inc., New York, N.Y.; white ceramic lamp, yellow gingham shade, The Royal Haeger Lamp Co., Dundee, Ill.; doll in gingham dress, Childcraft Education Corp., Bayonne, N.J.; boy and girl dolls on shelf, Fisher-Price Toys, East Aurora, N.Y.; all other dolls and animals, Happiness is . . . , Dallas, Tex.; books, Platt & Munk, Questor Education Products Co., New York, N.Y.; throw pillows, Handmade & Company, Dallas, Tex.; curtain rod, Kirsch Co., Sturgis, Mich.

**Page 49. Right, top:** Desk, dresser, cabinet, bunk bed, 4700 Collection, Schoolfield Industries, Mullins, S.C.; flooring, "Now Floor," Congoleum Industries, Inc., Kearny, N.J.; rug, "Palais," Regal Rugs, Inc., North Vernon, Ind.; laminated window shade, Window Shade Manufacturers Assn., New York, N.Y.; shade fabric, "Yarmouth Stripe," Waverly Fabrics, New York, N.Y.; chrome wall lamp, Robert Sonneman Associates, Inc., Woodside, N.Y.; yellow "Dumbbell" lamp, George Kovacs, Inc., New York, N.Y.; chair, The Otto Gerda Co., New York, N.Y.; mattresses, "Perfect Sleeper Supreme," Serta, Inc., Chicago, Ill.; sheets, Bakuba Batik by Design Works of Bedford Stuyvesant for Martex, West Point Pepperell, New York, N.Y.; blankets, Faribo, Faribault Woolen Mill Co., Faribault, Minn.; teddy bear, Happiness is . . . , Dallas, Tex.; throw pillow, Handmade & Company, Dallas, Tex.; poster, Dupree Gallery, Irving, Tex.; blackboard easel, magnetic train, see-through clock, Childcraft Education Corp., Bayonne, N.J.; books, Platt & Munk, Questor Education Products Co., New York, N.Y.; Creative Coaster and Bowling Game, Fisher-Price Toys, East Aurora, N.Y. **Right, center:** Stainless-steel sink, Elkay Mfg. Co., Broadview, Ill.; flooring, "Arcade" cushioned vinyl, Mannington Mills, Salem, N.J.; cabinets, Yorktowne, Div. of The Wickes Corp., Red Lion, Pa.; counter tops, cabinets faced with Textolite plastic laminate by General Electric, Laminated Products Div., Coshocton, Ohio; woven wood shade, Graber Co., Middleton, Wis.; washer, Multi-Speed, 18 lb. "Dispensall" with Mini-Basket and Filter-Flo; dryer, 18 lb. automatic, electronic control—both, General Electric Co., Louisville, Ky.; "Futura" sewing machine, sewing implements, trims, buttons, fabrics, The Singer Co., Elizabeth, N.J.; self-cleaning Surge of Steam iron, General Electric Housewares Business Div., Bridgeport, Conn. **Right, bottom:** Outdoor furniture, "Sculptura," Lee L. Woodward & Sons, Inc., Owosso, Mich.

## Key to healthy houseplant life

Light—natural or artificial—provides energy needed for plant growth. Different species require varying amounts of light, but too little or too much will cause any plant to suffer.

Bringing plants indoors from a garden or greenhouse, which causes a sudden drop in the levels of light and humidity, may result in yellowing or loss of the plants' older leaves. But

after a few weeks, new leaves will develop that are better adapted to their indoor environment. These leaves will be thinner; their chlorophyll concentration will be higher. Such changes will allow the plant to use available light more efficiently. Fortunately, plants are highly adaptable and, with proper care, can usually survive and grow.

There are limits to their adaptability, however. For example, don't stash your favorite in a dark corner and expect it to survive indefinitely. If you must place it in a poorly lighted spot, move it to a sunny window for four or five

hours each day. To avoid the sudden shock of a higher light intensity, place the plant in an *east* window or a short distance back from a west or south window, where it won't receive the full force of bright sunlight.

Excessive sunlight can be harmful, especially to a plant conditioned to a relatively low light level. A slight burning of the leaves' upper surfaces may result from taking a plant out of shade or home lighting and placing it in direct sunlight. The secret of plants' adaptability is in gradual changes in environment.

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**Tile Council of America, Inc.**

## How to do our pillow patchwork

The fluffy pillow patchwork quilt, pictured on pages 50-51, fits a 36-inch wide bed. The quilt itself consists of 33 12-inch pillow puffs arranged so it is 5 puffs wide and 6 long, with 3 puffs for overhang at bottom, as in diagram (below). Add more puffs to adjust for different bed sizes.

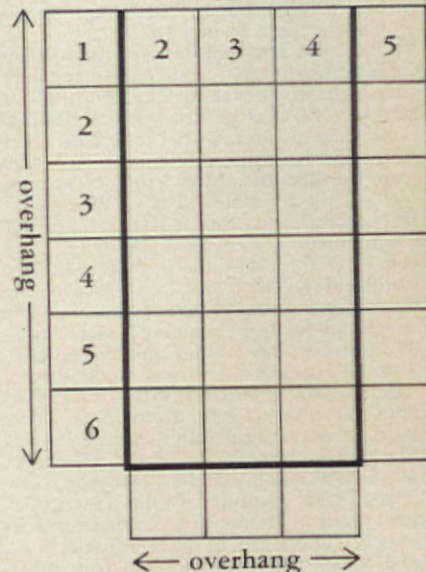
**Materials:** Washable cottons (quilt top uses 16 solid-color squares, 17 printed; backing uses 33 solid-color squares or 4 yards of 36-inch fabric) polyester quilt batt to fill puffs.

**Procedure:** Plan your design. Cut all pieces 13 inches square. For each puff, place a top square and a backing square right sides together.

Leaving an opening of 4 inches, baste, then machine-stitch 1/2 inch from edge around square. Trim seam. Turn right side out and point corners well. Fill to desired plumpness with batt. Close opening with overcast stitch.

Repeat for each puff. Assemble puffs to fit your design. Sew all puffs together with small, even, running hand stitch.

ea. sq. = 12"



## TV safety tips

- DON'T push the set so close to a wall, radiator or piece of furniture that you cover ventilation openings. Heat buildup in the set could start a fire.
- DON'T keep your favorite plant on the TV. Spills from watering could seep into the cabinet, cause a short circuit.
- DON'T wash the face of the picture tube while the set is on. The liquid could get inside, causing shock hazard.
- DON'T leave the set on when you go out. Also, turn off the set when you leave the room for a long time.

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### Merryll House, Dept. PP-22 South Kent, Conn. 06785

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Name: \_\_\_\_\_ Age \_\_\_\_\_ (print clearly)

Enclosed is \$ \_\_\_\_\_

Name: \_\_\_\_\_

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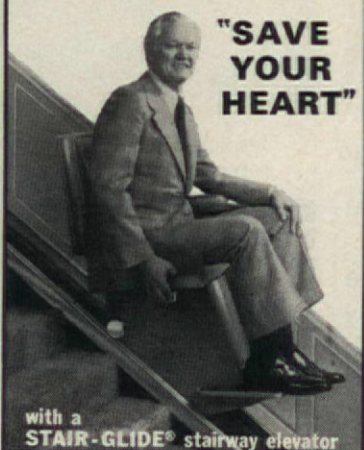
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# America Home Market Place

Lynn Headley—Edi

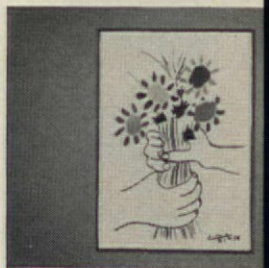
**Heart thimbles**

Lavishly silver-plated thimbles from Portugal are lovingly adorned with tiny embossed snowflakes, and joined hearts pierced by Cupid's arrow. Bright red enameled hearts or plain gleaming silver hearts (specify). Heart divided? Why not order both! \$3.50 each; 2 for \$6.50. Add 25¢ hdlg. Ferry House, Dept. H-35, Briarcliff Manor, NY 10510.



**Picasso**

Les Petites Fleurs lithograph on canvas in red, blue, green, orange and black on white is 20"x26". \$5.95 plus 95¢ hdlg. Also, stretched on wooden artist stretcher bars, \$9.95 plus \$1.95. Or, framed in ebony with chromeline trim, \$24.95 plus \$1.95. Catalog with order; or 50¢. Lambert Studios, AM17, 910 N. La Cienega Blvd., Los Angeles, CA 90069.



**Good-bye tarnish**

Gorham silverware drawer pads of Pacific Silvercloth will keep your silverware neat, clean, and handy. And, you'll always be ready for last-minute company! Standard size (14x12x2½") holds 108 pieces, \$10.98. The jumbo size (17½x14x2½") holds 120 pieces, \$11.98. Add 95¢ hdlg. each. Holiday Gifts, Dept. 603-B, Wheatridge, CO 80033.

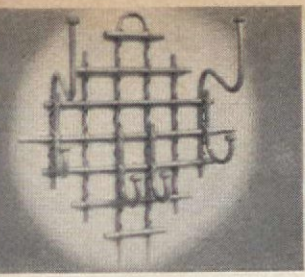


**Pretty foot note**

"Pamela" pampers your pretty foot because she's made of lovely, soft leather with cushioned insoles to add extra comfort. 1" wedge. Crepe soles. In white, tan, or dark brown. Whole sizes only, 4 through 12. Medium width (adjusts to fit all widths). \$11.95 plus 90¢ hdlg. Sizes over 10, add \$1. Sofwear Shoes, Dept. AH3, 1711 Main, Houston, TX 77002.







### Rattan wall rack

Interesting and attractive hand crafted solid rattan wall ornament provides six strong rattan hooks for towels, clothing, etc. Useful in many areas of your home, rack adds handsome wall interest as well. 16" wide and 17" high. \$6.95 plus \$1 for hdlg. Send 25¢ for catalog. Order from Fran's Basket House, Dept. AH3, Route 10, Succasunna, NJ 07876.



### Buckle beauty!

Indian Head Penny Belt Buckle is a recreation of famous American coin in heavy metal, copper plated for authenticity. 2 7/8" diameter. \$5 each. Brown or black leather belt, 1 3/4" wide (even sizes 24" to 42"), \$4.50 each. Add 75¢ hdlg. Specify belt size and color. No Nonsense Shop, Dept. 126-AH, 808 White Bridge Lane, Hanover Park, IL 60103.

### Sensational!

Handy Hang-Dryer for all your washables is a neat space-saver. Nicely notched to hold 11 hangers, dryer fits all shower heads—slips on and off instantly. Washables dry right in the shower. No more "drippy" floors! Steel. White rustproof vinyl finish. \$2.98 each. 2, \$5.50. Add 25¢ hdlg. American Century, 403E, Box 36232, Los Angeles, CA 90036.

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### Pierced earring case

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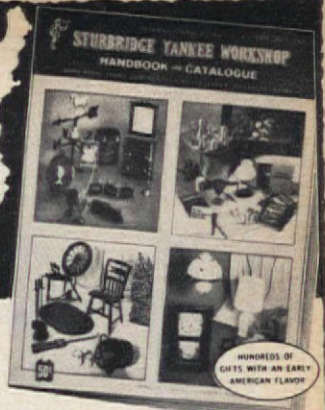
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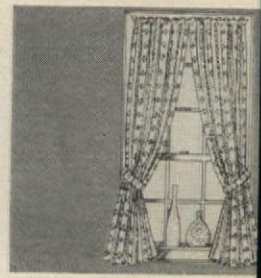
### Rewarding sampler!

"Grandchildren are God's reward for growing old" is inspiring to cross-stitch on this touching sampler: Kit: stamped linen, colorful floss, 8½"x16" wood frame in mahogany or maple finish. Or, Children's sampler: "Children are our hope for the future." \$3.95 plus 50¢ hdlg. each kit. Victoria Gifts, 12A Water St., Bryn Mawr, PA 19010.



### Beautiful!

Old-fashioned flower stripes in brown flocked design adorn these very attractive curtains in unbleached muslin. 70" wide per pair. Tiers: 25", 30", 36", \$6 per pair. Tiebacks: 45", 54", 63", 72", \$8.50 per pair. 10 x 70" valance, \$3 each. Add \$1.75 hdlg. per order. Free Brochure. Country Curtains, Dept. AH3, Stockbridge, MA 01262.



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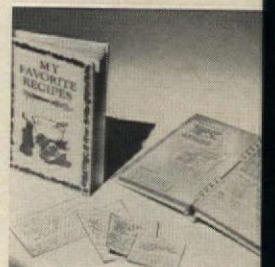
### Bouncy beauty

Walk happy in his featherlight *Wedge Walker*. Unites delicious comfort with smart styling. Genuine leather crisscross uppers. Bouncy rubber sole. In red, bone, black, or white. Full and ½ sizes, 4-10 M, W; 5-10 S, N, M, W. \$13. Gold or silver, \$14. Add 90¢ hdlg. From Old Pueblo Traders, 600-A3W-So. Country Club Rd., Tucson, AZ 85716.



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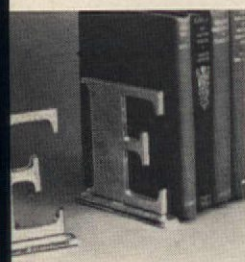
### Cook's helpers

Rack of deep-toned pine adorned with antiqued brass eagle sports six handy stainless steel utensils with white handles delightfully decorated with a colorful harvest pattern. Brass hooks. When not in use, set quaintly enhances any kitchen, 18"x5"x1 $\frac{1}{2}$ ". \$13.50. Catalog free with order; or, 50¢. Sturbridge Yankee Workshop, AH1, Sturbridge, MA 01566.



### Block initial bookends

Put your precious books between your initials made of solid metal. Each initial is gold plated with a Florentine texture and mounted on matching beveled bases. Long tuck-unders hold books securely. Have identical first or last initials, or one of each (please print). 4" tall. Pair, \$2.98 plus 50¢ hdlg. Vernon, A3E, 510 So. Fulton, Mt. Vernon, NY 10550.



### Artfully yours

Simple, paint-by-the-number method turns you into a creative mural artist. 74 designs/subjects up to 12' wide; up to 3 color schemes. Every kit is complete with pattern, brushes, paints, \$2.95 up. Color catalog with decorator guide, color chart, instructions, 25¢. From Double M Marketing, AH-503E, Box 8500, Fountain Valley, CA 92708.



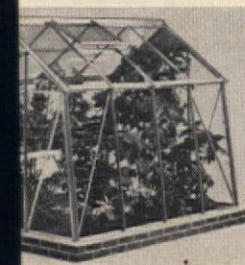
### Pet on roamin' holidays?

There's no worry about wondering if your dog or cat has a Life-long ID Tag to assure its safe return. Pet's name, your name, address and phone number are engraved on stainless steel lifetime identification tag. With hook for easy attachment to collar. Please specify dog or cat. \$1 each. Order from Holiday Gifts, Dept. 603-C, Wheatridge, CO 80033.



### "Dutch" greenhouse

All-aluminum and glass Luminair greenhouse in Dutch style has sloping sides and glass-to-ground design. Easy-glide sliding door. Quickly assembled with simple hand tools. Clip-in glazing system. No messy puttying. Model shown, 8 $\frac{1}{2}$ ' long, \$479.95 f.o.b. Free catalog. Peter Reimuller—The Greenhouseman, Box 2757-EP3, Santa Cruz, CA 95063.



continued

# Grass Seed Is For The Birds Zoysia Saves Time, Work, Money

**SPECIAL INTRODUCTORY OFFER! ORDER NOW,  
GET UP TO 200 ZOYSIA PLUGS FREE!**



By Mike Senkiw

Every year I see people pour more and more money into their lawns. They dig, fertilize and lime. They rake it all in. They scatter their seed

and roll and water it. Birds love it! Seeds which aren't washed away by rain give them a feast. But some seed grows, and soon it's time to weed, water and mow, mow . . . until summer comes to burn the lawn into hay, or crabgrass and diseases infest it. That's what happens to ordinary grass, but not to Zoysia.

### "MOWED IT 2 TIMES," WRITES WOMAN

For example, Mrs. M. R. Mitter writes me how her lawn ". . . is the envy of all who see it. When everybody's lawns around here are brown from drought ours just stays as green as ever. I've never watered it, only when I put the plugs in . . . Last summer we had it mowed (2) times. Another thing, we never have to pull any weeds—it's just wonderful!"

And from Iowa came word that the state's largest Men's Garden Club picked a Zoysia lawn as the "top lawn—nearly perfect" in its area. Yet this lawn had been watered only once all summer up to August!

These represent but 2 of thousands of happy Zoysia owners. Their experiences show that you, too, can have a lawn that stays green and beautiful thru blistering heat, water bans—even drought!

### CUTS YOUR WORK, SAVES YOU MONEY

Your deep-rooted, established Amazoy lawn saves you time and money in many ways. It never needs replacement . . . ends re-seeding forever. Fertilizing and watering (water costs money, too) are rarely if ever needed. It ends the need for crabgrass killers permanently. It cuts pushing a noisy mower in the blistering sun by %.

### CHOKES OUT CRABGRASS

Thick rich, luxurious Amazoy grows into a carpet of grass that chokes out crabgrass and weeds all summer long. It will NOT winter kill. Goes off its green color after killing frost, regains fresh new beauty every Spring—a true perennial!

### FOR SLOPES

If slopes are a problem, just plug in Amazoy. When established, it ends erosion—also plug into hard-to-cover spots, play-worn areas, etc.

Order now for Bonus Plugs and prompt delivery for fullest growing season. Orders are shipped same day taken from soil shipping charge collect, via most economical means.

Amazoy is the Trade Mark Registered U.S. Patent Office for our Meyer Z-52 Zoysia Grass.

### PLUG AMAZOY INTO OLD LAWN, NEW GROUND OR NURSERY AREA

Just set Amazoy plugs into holes in ground like a cork in a bottle. Plant 1 foot apart, checkerboard style. Every plug 3 sq. inches.

When planted in existing lawn areas plugs will spread to drive out old, unwanted growth, including weeds. Easy planting instructions with order.

### NO NEED TO RIP OUT PRESENT GRASS

Now's the time to order your Zoysia plugs—to get started on a lawn that will choke out crabgrass and weeds all summer long and year after year.

Plug it into an entire lawn or limited "problem areas." Plug it into poor soil, "builder's soil", clay or sandy soils—even salty, beach areas, and—

**EVERY PLUG GUARANTEED TO GROW  
IN YOUR AREA • IN YOUR SOIL**  
• WON'T WINTER KILL—has survived temperatures 30° below zero!  
• WON'T HEAT KILL—when other grasses burn out. Amazoy remains green and lovely!  
Every plug must grow within 45 days or we replace it free. Since we're hardly in business for the fun of it, you know we have to be sure of our product.

### YOUR OWN SUPPLY OF PLUG TRANSPLANTS

Your established turf provides you with Zoysia plugs for other areas as you may desire.

**FREE** Patented Step-On Plugger Comes Free with Larger Orders of 600 Plugs or more

A growth-producing 2-way plugger that saves bending, time, work. Cuts away competing growth at same time it digs holes for plugs. Invaluable for transplanting. Rugged yet so light a woman can use it.

### FREE UP 200 TO PLUGS

Millions of Amazoy plugs are sold every year at nationally advertised prices so Bonus Plugger represent clear savings.

This special offer will not be repeated here this year, so order and save now!

Meyer Z-52 Zoysia Grass was perfected by U.S. Gov't; released in cooperation with U.S. Golf Assoc. as a superior grass.

To: Mr. Mike Senkiw, Zoysia Farms Dept. 441 Our 19th Year, General offices and store 6414 Reisterstown Rd., Baltimore, Md. 21215

<input type="checkbox"/> Full Size Plugger	\$4.95	<input type="checkbox"/> 200 Plugs and Plugger plus bonus of 25 FREE. TOTAL \$13.75
<input type="checkbox"/> 100 Plugs plus bonus of 20. TOTAL 110 PLUGS	\$6.95	<input type="checkbox"/> 300 Plugs and Plugger plus bonus of 50 PLUGS FREE. TOTAL 350 PLUGS . . . .
<input type="checkbox"/> 100 Plugs and Plugger plus bonus of 20 FREE. TOTAL of 120 PLUGS	\$9.95	<input type="checkbox"/> 600 Plugs and Plugger plus bonus of 100 PLUGS FREE. TOTAL 700 PLUGS . . . .
<input type="checkbox"/> 200 Plugs plus bonus of 20 FREE. TOTAL of 220 PLUGS	\$11.20	<input type="checkbox"/> 1100 Plugs & Plugger plus bonus of 200 plugs. TOTAL 1300 PLUGS

I enclose . . . . check . . . . money order . . . .

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**\$12.95**  
plus \$1.50 postage  
**SEND 35¢ FOR CATALOG**

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VISIT OUR WAREHOUSE SHOWROOM  
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Any Initial, American Flag, Pine, Gull, Palm, Roadrunner, Saguaro, Rose (Also, Texas Flag, Maple Tree, Treble Clef, Palette). Up to 20 letters per line, 4 lines. Printed in black on white or gold gummied labels 1 1/2" x 1 1/2". 500 on white or 250 on gold, \$2.50 ppd. Or on Deluxe Size, 1 3/4" long, \$3.50 with design or \$2.50 without, ppd. Specify Initial or Design desired. Via Air Mail, add 39¢ per order. Bruce Bolind, 163 Bolind Bldg., Boulder, Colo. 80302. [Since 1956, thanks to you!]

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If wee folk traffic is damaging your papered corners, chipping paint, or denting paneled corners, "Tri-Gards" will protect vulnerable corners. Of sturdy "invisible" plexiglas, it lets colors and patterns show through. Wipe clean with damp cloth. 4' lengths. \$3.98. 2 for \$7.50. Add 95¢ hdlg. Ken-Mart Prods., AH3, Box 348, Northfield, IL 60093.



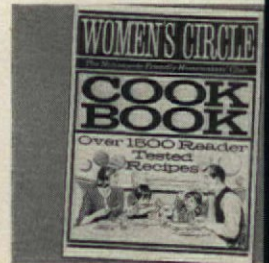
**Cornered by cupboards?**

This Corner Rack adds extra shelves for needed storage. It utilizes otherwise wasted space! Narrows in front for easy access. Heavy steel wire with white plastic cushion-coating. 10" deep, 7 1/2" high. Width, 10 3/4" at back, 7 1/2" in front, \$3.98; 2 for \$7.50. Add 40¢ hdlg. The Country Gourmet, Dept. A3E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

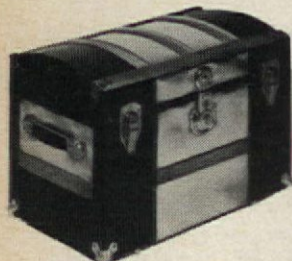


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"Women's Circle Cookbook," with over 1,000 recipes tested by Women's Circle Readers, is a kitchen delight with 168 large 8 1/2 x 11" pages of carefully selected recipes. Covers every category, too, so you'll never "run out" of ideas for delicious dishes for your demanding family or friends. \$2. Tower Press, Inc., Box 428-CCX, Seabrook, NH 03874.



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Actual photograph of a five year scarlet maple.

**UNQUESTIONABLY THE MOST  
BEAUTIFUL  
FAST GROWING  
SHADE TREE  
IN AMERICA TODAY**

- This gorgeous tree is known as the scarlet maple, the red maple, or the EVER CHANGING MAPLE.
- Beautiful Red Scarlet leaves in the fall of the year, and beautiful deep dark green leaves in the spring of the year.
- Grows approximately 25-30 feet over a five year period, which makes it one of the fastest growing shade trees in America today.
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- Shipped at 5 to 7 feet—all shipping cost paid.
- Due to the tremendous demand for this tree please allow two weeks for delivery.

**LESS THAN \$2.00 each**

(in lots of 16 or more)

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**Adaptability**—"The scarlet maple has one of the widest ranges of our native trees, growing from eastern central Canada to Florida, and because of its ease of transplanting it adapts to any type of soil." (From *All About Trees* by E. Johnson). The one tree experts agree will grow anywhere in the U.S.A.

**TO BEAUTIFY YOUR HOME NOW ORDER TODAY ON A TWO WAY GUARANTEE**

Imagine! This beautiful tree shading your front yard and the looks of admiration and words of praise it will bring to your house and home. You'll agree it lends lovely contrasts to its surroundings. Now the retail price of this tree is \$4.98, but during this planting season our price is only \$4.49. Yes, just a mere \$4.49 for this beautiful shade tree. **ORDER TODAY—YOU WILL BE PLEASED.**

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It's almost too good to be true, but we feel so sure that these native collected trees are some of nature's most prized possessions that we are making you an outstanding offer. Our knowledge and experience of many years and our own research about this tree gives us confidence in the following challenge. If you can find just one negative comment by an expert printed in any magazine, periodical, or gardening book, we will give you any item from our catalogue of over 400 varieties absolutely free of charge. We send a catalogue with every order. This offer is hard to beat! We are sure that anything you read anywhere about this beautiful scarlet maple will have nothing but praise and acclaim.

**NURSERY BARN**

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Please send us these beautiful shade trees, on a two-way guaranteed, the trees indicated below.

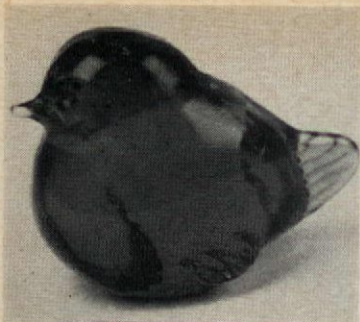
- |  |        |   |         |
|--|--------|---|---------|
| <input type="checkbox"/> 1 Shade Tree .....  | \$4.49 | <input type="checkbox"/> 4 Shade Trees .....  | \$12.98 |
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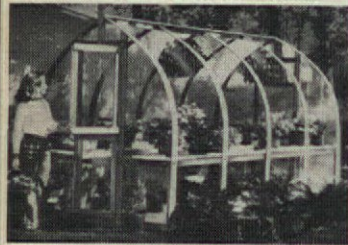
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Curious odd-looking, strange species of plants; thrive anywhere with little care. Flowers of exquisite beauty and fragrance. Send 15c in coin for 50c Pkt. or 2 Pkts. for 25c and Seed Catalog. **FREE**

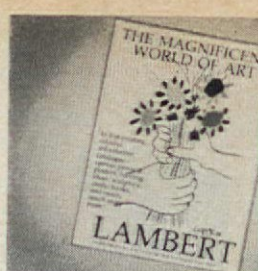
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Breathtaking, it blooms all year in your home. Grows with artificial or natural light. Flown direct from Hawaii, you receive plant 15" to 18". Soon, flower appears, white with purple lips. \$2 plus 50¢ hdg. 2 plants for \$4 plus 75¢; 4 for \$7 plus \$1. Gary Evan Hawaii Nursery, Dept. AH3, 175 Fifth Ave., New York, NY 10010.



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Why not have them bronze-plated in solid metal as a forever memory! An ideal gift for parents or grandparents, too. \$3.99 a pair. Also portrait stands (shown), TV lamps, bookends at big savings. Send no money. For details, money-saving certificate and postpaid mailer, write to the American Bronzing Co., Box 6504-C1, Bexley, OH 43209.



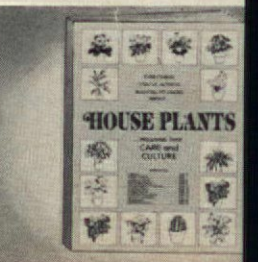
#### The "scarlet maple"

This magnificent red-leaved shade tree has been hailed by experts as the "2-in-1" tree because of its great beauty and speed of growth. Its leaves are a brilliant red in the autumn and it grows up to 30' over a 5-year period. 2 trees, \$7.98; 4 for \$12.98; 8 for \$22.98. From the Nursery Barn, P.O. Box 712BA, McMinnville, TN 37110.



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PLANTS Only



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Climbing Strawberry plants are shipped to arrive in perfect condition for planting — to grow and produce berries or plants will be replaced absolutely FREE anytime within 3 months!  
**CLIMBING  
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It's true! A beautiful climbing strawberry. A strawberry plant that produces delicious, honey-sweet red strawberries the whole way up! Read these facts and learn how you can grow these beautiful ornamental plants that produces berries that you can pick from the vine.

Imagine the curiosity, the envy of your neighbors as they watch you grow strawberries on a pole, trellis or fence. Imagine the interest and excitement as they watch this richly foliated plant reaching vigorously upward. Imagine your own delight as you watch enticing bright red strawberries appear. Just picture yourself leisurely walking through your garden picking real red strawberries from your own exotic climbing strawberry plants . . . picking delightful tasting strawberries right off the vine . . . without having to wash off the dirt . . . and popping them into your mouth to enjoy their vine-fresh flavor!

**CLIMBING STRAWBERRIES ARE PERENNIALS**  
Ever-Bearing — Produce All Summer Until Frost

You don't have to buy and plant these Climbing Strawberries every year! Because they are hardy perennials, they'll grow year after year. And each spring they'll produce even more lustily, increasing in length quickly and forming 5 to 6 rosettes at intervals. These rosettes produce clusters of flowers from which the berries fruit profusely this year. In turn, the rosettes produce more runners which bear more flowers and fruit. A prolific, splendid plant to enjoy for years and years. It is truly everbearing.

**EASY TO GROW**

These plants have proven their ability to thrive and produce and withstand severe winters. And you don't need a lot of space to grow them in . . . only a couple of square feet of ground per plant! Imagine — a climbing strawberry plant from only 2 square feet of ground! Amazing, but true. Planting and care are simple and full directions come with your order.

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If ordering from Canada, plants will be shipped by our Canadian Office.

★ STRAWBERRIES FROM SPRING UNTIL FROST ★  
Offer Will Not Be Repeated This Year.

Climbing strawberries grow and bear succulent berries until killing frost. Planted in early spring, these climbing strawberry plants start producing berries around July and continue to produce week after week, until frost. You can enjoy the firm texture, tempting fragrance and delightful taste of these magnificent strawberries for months. But that's not all! These plants are as beautiful as they are practical. Not only do they produce delicious fruit, but they also help to dress up your garden with beautiful greenery decked generously with bright red berries. A splendid ornamental plant with luxurious wax-green foliage. Act today!

The Climbing Strawberries offered in this ad are cultivated exclusively for us and are available only through this advertisement and cannot be purchased anywhere else in the United States.

**PLANTS WILL BE SHIPPED IN TIME FOR PROPER PLANTING IN YOUR AREA. YOU WILL BE PICKING BERRIES 90 DAYS AFTER YOU PLANT THEM.**

**RUSH ORDER TODAY**

CLIMBING STRAWBERRIES — Dept. CT-120  
Caroline Road  
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5 Plants Only \$1.98  
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Please rush me my CLIMBING STRAWBERRY PLANTS.  
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SEND ..... Climbing Strawberry Plants. (Add 35c for postage and handling).  
Enclosed is \$ .....

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## CLASSIFIED'S GUARANTEE

★ **CLASSIFIED, INC.** guarantees refund of any initial money sent in direct response to the above advertisements. AH-3.

[continued from page 12]

## Growing—and cooking with—your own herbs is richly rewarding.

Once you've had the pleasure of growing and using—and especially *looking* at—an herb garden, you won't want to live without one. During my years as crafts editor of *American Home*, I always had a lovely herb garden to tend. It was my haven of relaxation and a perfect font of information. For you don't just *grow* herbs; you read about them. And since they are as old as man, you learn many fascinating things—facts and fancies, as well as a surprising amount of history.

When I retired and bought my salt-box house in Maine, I was happy to find I had the perfect site for a new herb garden: up close to the southern side of the house, with plenty of sun and just enough shade to keep the plants from wilting. I planned to grow my garden following old-fashioned precepts: The 12-by-24-foot space was to be laid out in trim, tidy lines and was to have an enclosing, protective wall. I chose one of massive weathered-spruce timbers. These would blend in with the wooded landscape and also be easy to maintain. I had a nearby nursery lay them for me according to my plan. Inside the wall, once winter had passed, I would fill and level the soil for the paths and plant beds.

My soil was a kind of clay—not really good enough for herbs. In a rare burst of warm December weather, I turned the soil with a pitchfork and sprinkled it with garden lime so that, when snow fell, the soil would become a bit sweeter. Once spring came, I went to work. I turned the soil and raked it smooth. For drainage and leveling, I put down a layer of crushed stones, then a layer of sand. With the help of my grandchildren, I put down the pebble paths, defining them with upright, sunken pine boards. Then we spread a layer of topsoil for the neat herb beds.

I had already worked out on paper a design for my garden, plotting the culinary and fragrance sections, plus an area of special plantings alongside the house, which borders the garden. Now my grandchildren and I smoothed and packed the topsoil—and all was in readiness. We stood back and beamed: The garden looked good even without anything planted in it!

Next came the adventure of planting. I grew some herbs from seed, bought many young plants from local nurseries and ordered others from the Tool Shed Herb Farm (for a 25-cent catalog, write them at Salem Center, Purdy's Station, N.Y. 10578). Soon my garden was as productive and as pretty

as I'd dreamed it would be. All that summer and far into the fall, its culinary section provided me with fresh, delicious herbs for cooking, and from the fragrance area, I was able to pick and dry baskets of sweet-smelling herbs to tie up into spice bags or pack into pretty potpourri jars. All in all, I've had so much pleasure from my herb garden that I think everyone should have one!

Below are a few of my favorite herb recipes; do try them. And remember, if the color of the herbs is important to your dish, snip them finely with scissors; chopping with a knife bruises the leaves, turns them bottle-green and causes the loss of their juices and flavor.

### PESTO GENOVESE (Basil Sauce, Genovese-style)

3 cups fresh basil leaves  
1/2 cup fresh, grated Parmesan cheese  
1 small clove garlic, slivered  
1/4 cup pine nuts (pignoli)  
3 tablespoons butter or margarine  
1/3 cup fine olive oil

Put all in blender; turn to "chop," then to "puree." Serve over hot, thin spaghetti or linguine. If you like your spaghetti extra rich, add butter and toss, then pour on sauce.

### PARSLEY SOUP

Use about 2 cups good chicken or beef stock. Add 1 cup washed, finely snipped parsley. Heat thoroughly. Let simmer 15 minutes. Serve with toasted, buttered homemade bread.

### HERB SALAD

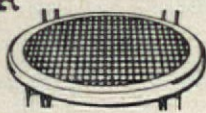
Take two or three sprigs of every edible herb you have, plus a handful (about 1 cup) of parsley and another of basil. Snip all finely with scissors. Add to 4 cups fresh, washed and dried garden lettuce and 1 cup halved cherry tomatoes. Mix in bowl. Pour 1 tablespoon olive oil over all. Toss lightly. Mix 3 tablespoons olive oil with 1 tablespoon wine vinegar. Season with salt and freshly ground pepper. Add thin slices of cucumber, then pour on dressing and toss all together thoroughly.

### HERB MAYONNAISE

1 cup basil leaves  
4 big parsley leaf clusters  
3 or 4 chive leaves  
2 sprigs sweet marjoram  
2 sprigs thyme  
2 sprigs chervil  
1 sage leaf

Chop all herbs very fine. Mix into 1/2 cup prepared or homemade mayonnaise thinned with lime juice to a creamy consistency. For special occasions, add 1/2 teaspoon of extra-fine curry powder. This mayonnaise is very good and will keep in the refrigerator indefinitely if it is well covered.

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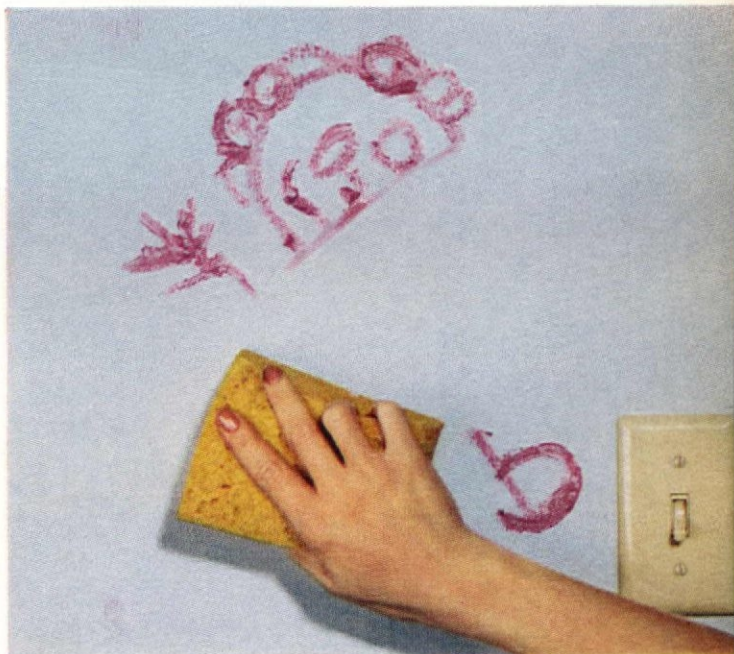
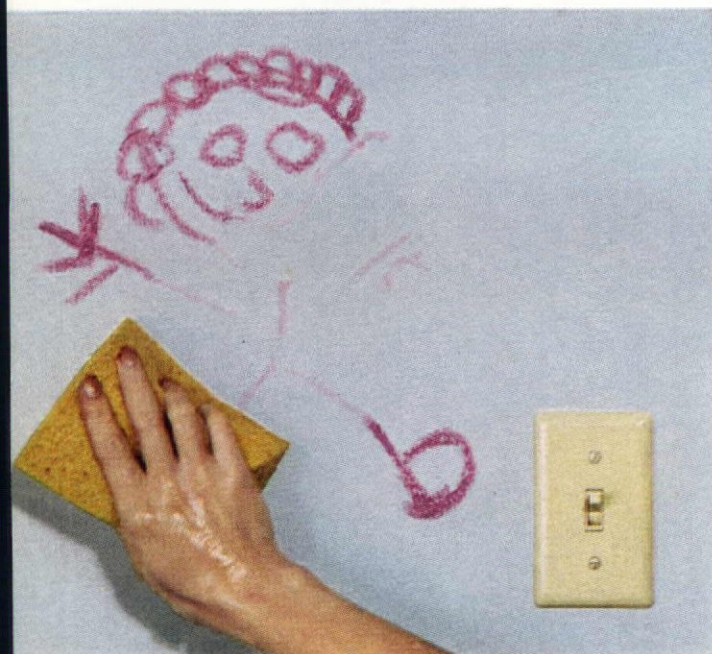
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Dept. RAH

97 Washington St., New York, N.Y. 10006



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How  
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