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Here's how easy we've made it to own that new carpet you've been dreaming about. First, select your favorite from these nine "best buys." Next, find a participating Armstrong carpet retailer near you by calling this toll-free number: **800-243-6061** (in Conn.: 1-800-882-6500). Then, after you buy 15 square yards or more, mail us the invoice, along with this coupon, and we'll send your free S&H Green Stamps. During this same period, look for similar offers on selected lines of Armstrong sheet floors, floor tile, ceilings, and carpet tile.



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We believe quality can be beautiful.

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> Extra puffs. But, the same price



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# American Home

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# Quality. The endangered species.

This country may be in danger. We could be losing something we can't afford to lose.

Once, when a man produced a product it was the best he could possibly make. He stood behind it with pride. He lived a simple idea: Do it right or don't do it at all. Nobody told him that. No government agency dictated it. And it built a standard of living for all the world to aim at.

Now that idea is threatened. Today that pride in workmanship, in the quality of things, is in danger of slowly slipping away.

However, there are companies, actually many companies, that are working harder today than ever before to preserve quality in everything they make.

We feel that Whirlpool Corporation is such a company. And we feel it so strongly that we have dedicated our entire company to the preservation of quality. And that means more than just making quality dishwashers, dryers, automatic washers, refrigerators, freezers, ranges, compactors and air conditioners. We mean quality in everything we do.

That's why in 1967 we initiated our Cool Line service. Toll-free help that's available to you anytime. Just call with any questions or problems you might have concerning any Whirlpool appliance. The number is 800-253-1301. In Michigan, 800-632-2243.

That's why we have a Quality Control Department that assures you of appliances you can count on. Day in and day out.

That's why we have a simplified letter warranty that's easy to understand, easy to use.

That's why we have Whirlpool Tech-Care service. A franchised service network which means all the help you ever need is usually no more than minutes away.

Yes, quality may be endangered in many places. But at Whirlpool we simply won't let it die. It's too important.

And it means too much to all of us.



We believe quality can be beautiful.

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Cover photograph by Michael O'Neill



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Zip



# Presenting Snoopy and the gang. A new blanket that'll keep you out of the doghouse with your kids. And your budget.

You're shopping for fun. You want to please . . . and stay within your budget, too. The new Determined Productions' Snoopy blanket by Esmond does both.

Young kids and old will want to wrap up with these all-time favorite Peanuts All Sports. They'll like it so much that it'll probably spend as much time off the bed as on. But you won't have to worry about all that extra wear. Because it's made of 100% polyester for convenient machine washing and drying. And the unique Fiberwoven construction means more warmth without more weight. With less pilling and shedding.

The Peanuts All Sports blanket. It'll turn you and the kids on, without turning your pocketbook off.

OCKETDOOK Off.

At your favorite budget department stores or write: "Peanuts," Chatham Mfg. Co., Elkin, N.C. 28621

> Another Determined Production

Esmond Blanket by





It's not enough that everything costs more than it used to, and that making even the most basic repairs has the aura, if not the expense, of major surgery. What vexes the homeowner more than ever these days is the fact that too few companies consider the lifetime use of their product, or the fact that you'll probably want to fix it sooner than replace it. Here, a distinguished humorist takes a disheartening visit to the hardware store to its comic nightmare limit. Ed.

# "They don't make that anymore"

By Russell Baker

needed something they didn't make anymore. It was a hinge of the type called a 2½-inch parliament butt.

I suspected they didn't make it anymore. Once they find out they are making something you might need one of these days, they immediately call the factory and tell them not to make it anymore.

The hardware salesman looked grave when shown the broken 2½-inch parliament butt which I wanted to replace. "They don't make that anymore," he said. Was there something similar that they did still make?

"How about a 3-inch parliament butt?" he suggested. If it could be fitted onto an interior window shutter with very thin wood where the screws went, I said, I would take it. I took it. At home, the screws turned out to be too broad. They split the wood. Removing the shutter, I went to a mill for a replacement.

The salesman examined my shutter with contempt. "They don't make that anymore," he said. He sold me a complete set of the very latest shutters. They were so heavy that they pulled out of the screw holes while being installed, fell outward and shattered the window frame.

The lumber-company salesman looked at my shattered window with absolute delight. "And you want a replacement for this window? You must be kidding."

"I assume they don't make it anymore."

He smiled in triumph and sold me the new window they were making that very day, which was so big that the old window space had to be enlarged to receive it. While cutting open the house with a power saw, I accidentally sawed through a supporting beam and a large part of the second floor fell into the dining room.

"I need a jack strong enough to raise my second floor out of the dining room without, at the same time, sending my dining room crashing into the cellar," I told the salesman of construction equipment.

"I know exactly what you want," he said. "It's the lightweight second-floor elevating jack, Model 1322, but I got bad news for you. They don't make it anymore."

There was nothing to do but buy a brand-new second floor, so I had a second-floor salesman come look at my old one. He said they didn't make that kind anymore, and sold me the very latest thing instead.

With a little help from the neighbors, I almost got it into place, but it was so much heavier than the old second floor that when the weight began to settle it pulled the roof down through the attic, which collapsed the attic floor, which fell onto the second floor, which settled slowly down onto the dining room, the living room, the kitchen and the television set.

When the family arrived home, they were not amused. "What's been going on here?" they asked. I told them I was replacing the broken  $2\frac{1}{2}$ -inch parliament butt on the dining-room-window shutter and had run into complications. They said I had better do something about the house right away as there was likely to be rain.

"Relax," I said, "they probably don't make rain anymore."

The house salesman I saw about replacing the house said they didn't make houses like mine anymore, and showed me a mobile home, which they were making that week.

When I loaded the family aboard to set out upon the mobile life, the children, who were vast adolescents, said it was too small and refused to go. There was no time to argue as we were holding up traffic and we had to leave them behind, but I told my wife not to worry because we would get some replacements.

"They don't make that kind anymore," she said.

After driving for several years, my wife turned off the television set one day and said mobile living was all right, but it would be better if there were some places to be driving to. "They don't make them anymore," I told her.

One day as the house was driving along a highway by an ocean, a hinge on the refrigerator door broke. "Let's drive to a hardware store and replace that hinge," she said.

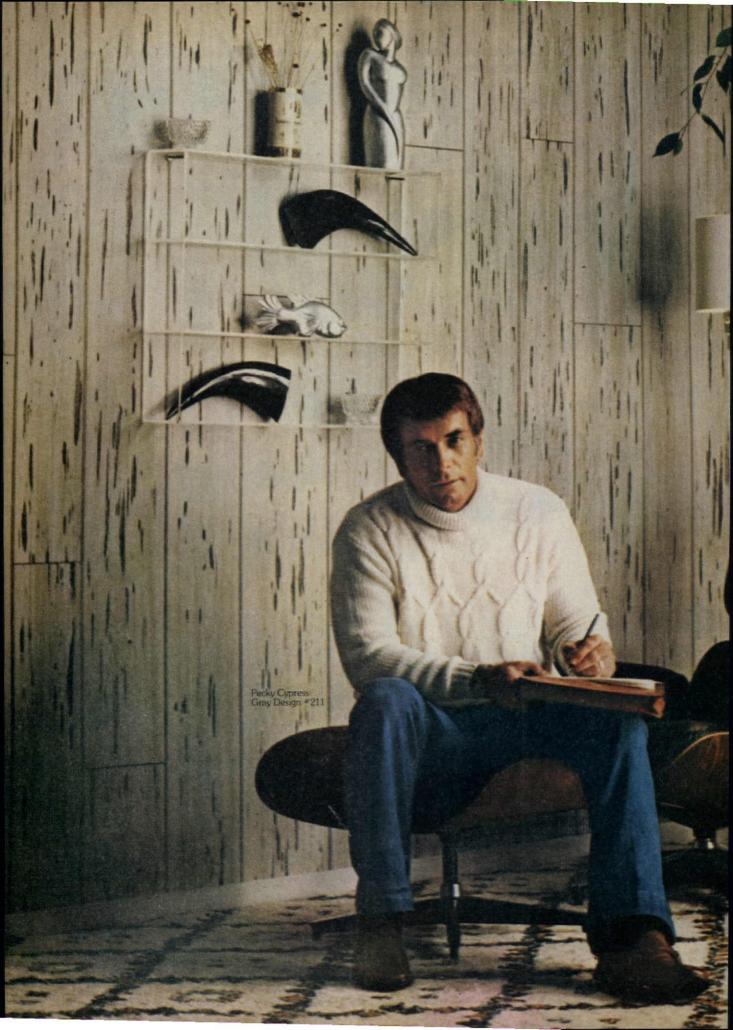
I ordered her to get out of the house, aimed it at the ocean and jumped free as it went down for the third time. "Why did you drown the house?" asked my wife as I came ashore.

"A magnificent gesture," I declared.

"They don't make them anymore," she said.

A touch of sotin. Satin glass accessories. The right touch. The soft touch in handmade glass. In subtle tones that blend comfortably with your other colors. Ask for it in Custard, Blue Satin or Lime Sherbet.







# Until now the look of Cypress paneling would cost you a small fortune. If you could find it.

The Cypress we're talking about is called Pecky Cypress, and it just isn't that easy to find. Lumbermen say it's harder to get than rosewood from Brazil. And long ago, interior decorators stopped considering its natural, earthy texture as an option. Pecky Cypress has been that difficult to find.

But now we've captured the lost look of Pecky. Cypress in Masonite hardboard paneling. It has the rare "character marks" and impressions, the rich subtle run of the Pecky Cypress grain. And you can put six panels side-by-side without repeating the design.

Just look at what happens when you put it up in your rec room, bedroom, attic, or study. The warm, weathered tone of Masonite's new Pecky Cypress Design turns an ordinary room into a room you'll love.

Pecky Cypress Design paneling features a man-made finish on real Masonite brand hard-board. It's a quarter-inch thick so it's durable. It can take knocks, bumps and bruises; won't splinter or crack. And cleaning is as easy as a wipe with a damp sponge.



Pecky Cypress White Design #210



Pecky Cypress Golden Design #213



Pecky Cypress Brown Design #214

So put the lost look of Cypress in your home. You'll find it at your Masonite dealer, along with 64 other intriguing Masonite designs. Look for him in the Yellow Pages under "Paneling."

When you ask for Masonite paneling, make sure you get the Masonite brand.



# 24 Questions & Answers

# to help you buy upholstered furniture.

Buying a piece of upholstered furniture is a major decorating investment. A little bit of knowledge can help make that investment a wise one. Here are 24 tips—all you need to know, and even a little more—to guide you.

The fun of making a major purchase such as new upholstered furniture is often offset by two of the most common obstacles confronting the consumer at every level of purchasing: misleading advertising and aggressive but uninformed salespeople.

As with most purchases, a higher price is no guarantee of quality or performance. With upholstered furniture the challenge is compounded because of hidden factors that only become evident over a period of time when the piece is subjected to use. The most common error is to become so carried away by aesthetic concerns, color, pattern—the "look"—that serviceability is overlooked. Only later when the fabric pills or frays, or the piece sags, does the purchaser realize that a poor investment was made. The solution, reuphol-

stery, is expensive. Then as still another salesperson describes the intricacies of reupholstery, a true awareness of what is involved in upholstered furniture emerges. The information is too late.

A conscientious consumer can, however, go into the marketplace forearmed with the right questions and enough background to guarantee emerging a victor, rather than a victim. Learning how to recognize proper construction, cushion filling and fabric makes the difference between a versatile decorating purchase and a stylish but short-lived white elephant. In our mobile society, apartments are exchanged for houses, houses for apartments. Impulse or specialized selections can turn out to be costly mistakes. It doesn't have to be that way.

Start with the very best quality furniture, the simplest styles and fabrics, subtlest colors and textures. One upholstered sofa can provide unlimited decorating possibilities. For just three of these possibilities, see "One Living Room—Three Ways," page 68.

To help you shop with confidence, here are two dozen points to know to make the best possible choices.

### ■ What is a basic sofa?

Today's classic basic sofa has the all-upholstered look. No metal or wooden frames show—just upholstery.

2. Straight back and arms rather than curves is the best shape. It will work well with different types of decor. Tuxedo styling—backs and arms at the same height—is our choice for the crispest, most tailored line.

**3.** A skirt won't change the simple good looks of the sofa or make it unworkable in a different scheme. It should be tailored, not embellished with braid or tassels.

4 What kind of cushion and pillow arrangement is recommended?

The ultimate in comfort is a loose-pillow-back sofa. For an average 7 foot piece there should be three loose-pillows and/or either one, two or three seat cushions.

5. How can I increase the life of my sofa pillows and cushions?

Turn the cushions periodically to distribute wear more easily. When buying more fragile upholstery such as silk or cotton that tends to fray easily, be sure there is welting at points of strain.

6. What are the major advantages to the one-pillow style?

One cushion gives a more streamlined appearance. When it's combined with

three loose-pillow backs, it looks very "downy" and inviting. Button tufting can cut down on the need for constantly plumping up the pillow.

Isn't one 7-foot cushion rather awkward to turn or vacuum under? Yes, it certainly is more difficult to handle and you'll need help in doing it. Moreover, the whole cushion can look wrinkled and have to be fluffed up when one person sits on it. Separate cushions can be plumped up individually.

What are the other basics?

A pair of comfortable chairs and an overscaled ottoman will fill out your basic seating pieces.

9. Should a pair of chairs match the sofa?

They could, but we prefer rounded tub chairs, in our opinion the modern variation of club chairs, to complement the sofa's straight lines. With or without a skirt, their softly rolled-back and gently tucked fabric create the shirred look of "dressmaker" styling. Many of these chairs come with swivel bases or hidden casters for easy mobility.

10. Why is an ottoman considered a basic?

The versatile ottoman can seat two or three people, yet it doesn't take the space of several chairs. You'll get multiple seating for the price of one piece.

11. What is the sturdiest sofa construction?

Ask for kiln-dried hardwood frames with corner blocks at stress points. You'll probably have to take the salesperson's word on this unless you are persuasive enough to have the sofa turned over for your inspection. Wellmade frames won't look soft or about to split where they're nailed together. Some manufacturers apply a hot glue process after the frame is nailed. This glue is visible on the underside of the sofa, but it only means that an extra step has been taken to insure the sturdiness of the frame.

12. Which type of spring construction is best?

There are several new techniques of construction, and much talk about machine-made coils. But new is not necessarily best. It's generally agreed by manufacturers we've queried that the old-fashioned eight-way hand-tied spring construction is still the very best you can buy. When styling dictates it, however, coil springs are used because they afford a slimmer, sleeker look. But the price is not any lower and the handmade construction is more durable.

13. What should I look for in cushion filling?

A polyurethane core will give your sofa enough resiliency, so you don't sink down to the springs or fall back against the frame. See that the core is wrapped in several layers, two to five, of polyester fiberfill (today's answer to luxurious down fillings) for a soft look that won't flatten down when (continued)



# Why smoke if you don't eniou it?

I smoke because I enjoy it. Salem is why. It's much more than just a good menthol. It's a good cigarette.

Enjoyment is why I smoke. And that's why I smoke Salem.

Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

19 mg. "tar", 1.3 mg. nicotine av. per cigarette, FTC Report MAR. '75.

# 24 Questions & Answers

sat on. It plumps back into shape easily and gives the luxurious comfort expected of upholstered furniture.

# 14. Will I pay more for many lay-ers of polyester? Will it wear better?

Yes to both. This is the place to spend extra money. The more layers of filling added to the best basic construction, the longer furniture will hold its shape.

# 15. Is the most expensive fabric the best wearing?

Price is absolutely not the measure of fabric value or long life. You can pay several hundred dollars more for the same sofa, just by choosing a more expensive fabric, and get less wear from it. For example, pure silk upholstery can look lush and cost more, but it will wear out much faster than cotton. A sofa may be more expensive simply because the print has a very large repeat. This means that out of every yard used, only one part is actually needed so the design is properly matched all over. Enormous waste can be involved here, and you pay for it. You also pay more for any multicolored hand-screened fabric, since it requires many processes to produce it. It merely has more visual appeal, not necessarily more quality.

### What are the most durable fab-16. rics and flexible colors?

Natural materials such as wool and cotton, when blended with manmade fibers such as nylon or polyester, wear well. Cotton, which has great strength, soils easily. Therefore, select a soil-hiding color such as deep beige or gray, or a dark tone or tweedy effect. The handmade fibers-olefin, acrylic, nylonare also long wearing. However, some are limited in weaves or color ranges. Polyester, when blended with cotton, makes a good covering, but is not to be used alone, as it pills.

17. What about texture?

Very flat fabrics such as polished cottons will show stains or dirt readily. In high- and low-pile textures, the high part of the pile will wear out first, making the fabric look shabby before its time. Tweeds, stripes, plaids, prints or textured fabrics should therefore have only a slightly uneven pile that will add interest. Stay away from those nubby fabrics with extremes in texture. Velvets come in many materials, but in cotton, linen, nylon or acrylic will offer durability and a timeless fashion look. They don't crush or show dirt easily and come in a wide range of colors. Velvets can be dressed up or down, the cotton and linen types being best for more informal rooms; the lustrous nylon and acrylic types look just a bit more formal.

### 18. What about vinyl or leather? Some of the vinyls look so much like leather that it's hard to tell the difference. They make an excellent solution for a truly "lived-in" living room or family room. Leather upholstery will cost a great deal more than many other materials and from our standpoint is luxurious looking. It does look handsome in an all-tufted chesterfield sofa.

Knowing all you can about upholstered furniture can make your decorating dollar go a long way.

and special finishes make it more practical than it has been. But again, you must evaluate whether this sizable investment is really necessary. You will be spending your money more for status than for basic quality.

# 19. Are pale colors still very impractical?

For the most part, we feel they are. The exception is a light-hued fabric that has subtle gradation into deeper tones and some textural variety so that it's not one flat, pale piece of material. We used just such a flamestitch fabric for our basic sofa pictured on pages 58-63; it's one of the more practical pale colors available in upholstery today.

# 20. What about fabric finishes? Many fabrics come with either

Dupont's Zepel finish or 3M's Scotchgard, or you may ask that your fabric be treated with one of these processes. They are worthwhile finishes but will not keep furniture clean or impervious to soil indefinitely. They are only effective when you take care of stains or dirt quickly, as they keep the soil on the surface for a time. If you follow up immediately with the proper cleaning method, stains can be removed easily. However, if you allow dirt or stains to stay on the furniture a long time, your cleaning efforts will not be as satisfactory. When fabric is shampooed, the finish will have to be reapplied.

### Will cushion zippers and arm 21. caps help preserve furniture? Contrary to what is generally believed, cushion zippers are not put on

to allow coverings to be taken off and cleaned, but because manufacturers can make better-looking cushions with them. Zippers are a convenience, as they do let you fluff the filling by hand. But constantly sending the pillow covers to the cleaners is like only sending the skirt or pants of a suit. Before too long they won't match the sofa and will begin to lose shape. Arm covers help keep the arms from becoming soiled. They should be cleaned when necessary.

# 22. Are there any overall details to look for in choosing one upholstered piece over another?

There are certain signs of quality workmanship you can check visually. Just as with clothes, look to see that the seams are tight, that patterns match, that the stripes and plaids run true. Look under the cushions; the deck (as well as the back of the piece, too) should be covered in the same fabric or at least a color-coordinated one of similar quality.

### How long should upholstered How long should upholstered for last?

Even the best possible sofa covered with a durable, long-lasting fabric offers no guarantee of long life. The wear and care you give it are determining factors. Plopping down into a chair instead of easing yourself into it will wear it out faster. Also, if you don't vacuum the piece regularly or care for spots or dirt immediately or have it professionally cleaned once a year, it won't hold up as well. Well-tailored slipcovers used for about five months of the year will preserve the life of the furniture.

# 24. Is there a price guide for a quality sofa in a quality fabric? We found such a wide range of prices

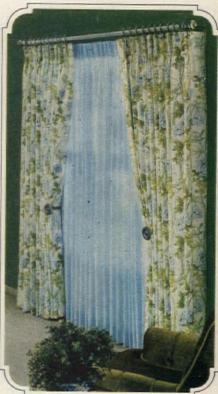
when we questioned manufacturers and checked stores that it's almost impossible to quote prices. However, this type of sofa probably will cost at least \$450. You might pay \$600 or more for the same quality sofa if the manufacturer has a fine reputation or is a socalled "fashion house." You may also pay more because of the display area of the store where you buy it (those beautifully designed model rooms in furniture stores must, of course, add to the overhead that is passed along to you in the store's markup). But if you know the best quality, what to look for in design and how to choose fabric, you might find your quality sofa on sale for much less or in any number of factory or store clearance centers. The wise shopper need not be concerned with all the variables that make prices high. Top quality and good value can be found when you know what you're shopping for.

# How to

change the personality of a room
without painting, wallpapering, laying new carpet,
buying new furniture
or spending a lot of money.







Just change your window treatment with Kirsch Drapery Hardware. Only \$1.50 for this 128-page book gets you started.

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The name you trust in drapery hardware.



By Marvin D. Schwartz

Bottles have become an amazingly popular collectible. Since the 1850s they have been manufactured in wideranging shapes and sizes—some taking the form of such subjects as animals, fish, boats, automobiles, even U.S. presidents. You can base your collection on color, theme, age or merely whimsy. Whatever your choice and budget, there is a great assortment from which to choose.

Older bottles—even those dating as far back as ancient Rome—are not particularly rare. Examples from the 18th century, unless their origin and maker are known precisely, can still be acquired at a reasonable price. Though work attributed to such famous American glassmakers as Stiegel or Amelung may cost in the thousands, similar-style efforts from everyday German or Spanish glasshouses may cost only hundreds.

Pre-1920 bottles tend to vary in color less than modern ones. Least expensive are the functional types used to hold milk, preserves or patent medicines—made from about 1860 on. Their inscriptions can be amusing and their shapes have a nostalgic appeal. Most are tinted pale green, but some are dark brown and, though rare, blue.

A word of caution: Even the least desirable antique bottles have been reproduced by recent manufacturers. Before you buy, examine the glass carefully and note evidence of wear—to be sure you're not getting a copy.

Rarest and costliest, whiskey flasks by 19th-century bottle makers are just one fascinating group to consider. They commemorate famous Americans on bottles of varying shapes: likenesses of Zachary Taylor, Andrew Jackson and Jenny Lind, among others. Usually in easily produced shades of green, prober or blue, these flasks were made as early as 1820 and as late as the 1850s. A fair

price for flask at left, with its image of George Washington, would be \$200. Frequent reproductions, made recently, attest to the timeless popularity of historical flasks.

\$3 is all you'll have to pay for a reproduction 19th-century "jaundice bitters"



bottle made in Taiwan. It costs about as much as an original would, if you could find one, which suggests the caution you must exercise in buying bottles. Look for signs of wear. Reproductions come in colors: blue and amethyst, for example. Because reproductions are molded from other

bottles, inscriptions tend to be unclear.

\$3.50 would be the going price for a medicine bottle that once contained



"Dr. Kilmer's Swamp Root Kidney, Liver and Bladder Cure." This type of pressed glass bottle was made in huge quantities in the late 19th and early 20th centuries. Patentmedicine makers strived to make their products seem potent and exotic. Sometimes you'll find an appealing recipe or strange disease embossed on a bottle. Medicine bot-

tles were usually pale green—as inexpensive as glass can get.

\$15 is reasonable for an 1880 whiskey flask. It is typical of the large group of dark brown bottles produced between 1850 and 1890. The handle, applied by hand, has a nice twist at the end. Production was fast, and im-



perfections made the texture uneven and therefore interesting. The paper label mentions Woodgate, a New York retailer, and describes the beverage as "Valam-

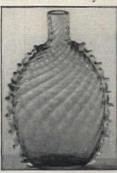
brosical Kentucky Whiskey from Bourbon County." Label pinpoints the bottle's date of origin. In other respects it resembles a much earlier example. \$55 is a fair price for a bottle with pontil mark on its base and an elaborate neck of tooled glass. This type of



bottle is from a glasshouse with small, limited production. Some examples have been traced to France and Germany, others to Iran. Wherever it comes from, if the bottle is authentic, its color should

be dark to set off the rough texture and heavy detailing. Dating is difficult, as the form has been duplicated since the 1700s, but some being sold today are of more recent origin.

\$125 is a bargain price for flasks made individually in a pattern mold,



probably in the early 1880s. The glassmaker blew molten glass into a small mold to apply the pattern; then he blew it to the large size. The design relates to the small-glasshouse tra-

dition of Germany and Spain, as well as the U.S. It resembles pieces that were made in Ohio, American designs being the most costly. When bubbles in this type of glass are evenly distributed, you have reason to suspect they were reproduced artificially—a characteristic of pieces reproduced in Mexico.

\$350 is not the lowest price you'll have to pay for an ancient Roman bot-



the less expensive examples rarely have patterns as interesting as this bottle has. Roman glass production was extensive, with glasshouses active all over the empire. For more than 150 years Americans have been bringing home bottles dug up at sites in the

eastern and western portions as souvenirs. The bottles are not rare, but they are attractive. This pinecone pattern is one that is particularly appropriate to the thick glass that gains appeal from its layer of iridescence (a silvery discoloration) caused by a long burial.



# Now! Revere Ware in your choice of copper or stainless bottoms

For the first time you can enjoy the classic styling of original Revere Ware with your choice of copper or stainless bottoms. In every other way they are identical. Same convenient handle rings. Same wonderful cooking performance. But one offers you long-lasting stain-

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Ben Swedowsky

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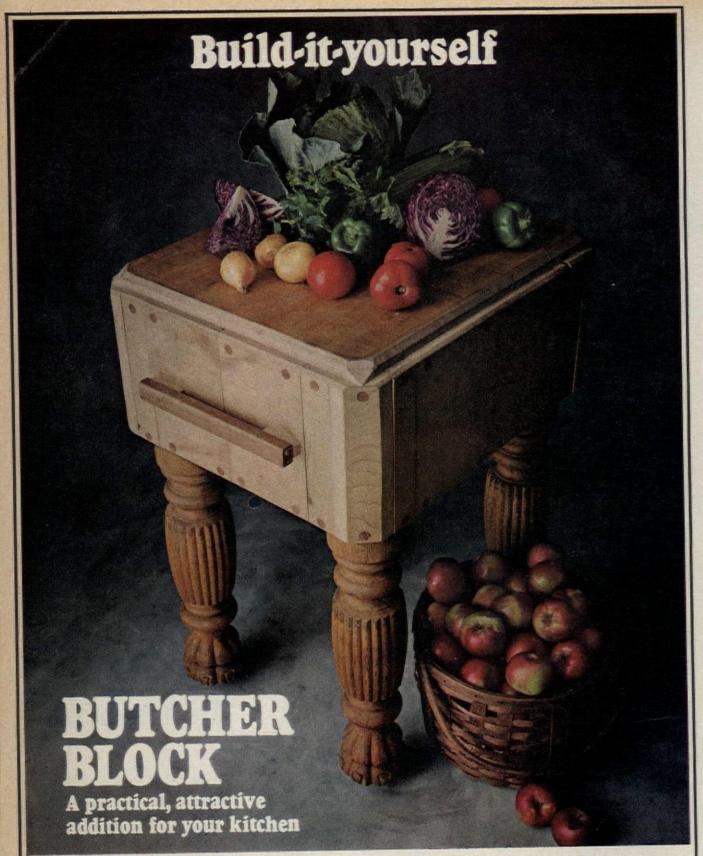
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By George Christy

Zinfandel is California's mystery grape. Did the grandfather of California grape-growing, Agoston Haraszthy, import the grape from central Europe in the 1850s? Did it originate in southern Italy, or was it growing abundantly in California all along? No one knows for sure, but there is no mystery about the fact that Zinfandel is a grape that produces a wine of remarkable indi-

viduality, one that gets even better as it ages.

I first tasted Zinfandel some years ago and was intrigued immediately by its fruitiness and full flavor. Since then, novices and wine connoisseurs alike have discovered it and praised its versatility. Zinfandel can be light red or deep purple, though it's usually a rich crimson. Its aroma resembles wild raspberries or blackberries. As the wine matures, it picks up characteristics of the drier claret, and on occasion can hardly be distinguished from a high-priced Bordeaux. To add to its appeal, it is widely available—and its price is generally right.

I like to drink Zinfandel with many different foods—stews, pastas, roasted or barbecued meats and chicken, fruits and cheese. I also enjoy it with a "meaty" fish such as salmon or cod. Being a red wine, it should be served at room temperature.

Zinfandel makes a fine autumn or, for that matter, year-round choice when entertaining. It is impressive on a birthday or anniversary, but serves agreeably when friends get together for an impromptu supper after a football game. Speaking of entertaining, the oversized wineglasses favored by some hosts are a pet peeve of mine. They are corny—that's the only way to describe them. More appropriate are 8-or 10-ounce stemmed glasses, though

I've also enjoyed wines served in fruitjuice glasses with frankfurters at a vintner's picnic in wine country. Just remember, when serving Zinfandel or any other wine, fill glasses only to twothirds capacity, to leave breathing space for the aroma (which comes from the grape) and the bouquet (fragrance that builds as the wine ages).

One of my favorite choices is Cresta Blanca's Zinfandel (\$3 a fifth—all prices here are minimums for fifths established in California). Among the best of the nonvintage bottlings, it offers a spicy scent and flavor plus a sensuous taste of wood. Another excellent choice is Louis M. Martini's 1971 Zinfandel (\$2.75), with its briary bouquet and delightful fruitiness.

Although the 1971 Trentadue Zinfandel (\$3) has limited distribution or the West Coast, it's worth seeking ou for its rich, full flavor—guaranteed to make party guests relax and loosen up I also favor the 1972 Zinfandel of Parducci (\$3), with its teasingly spicy taste. Wine-maker John Parducci aptly describes it as "a fine American Beau jolais made from the Zinfandel grape."

Concannon Vineyards 1972 Zinfan del (\$2.75), with its dark red colo and gentle flavor, is a significant wine It reminds me of the elegant St. Emi lions from the Bordeaux area o France, and should go well with practically anything you serve, includin many fish dishes.

Another wine that impresses is 3 Mathews Napa Valley Cask Zinfande (\$3.25). Remember the word "cask—it differentiates this wine from the regular Zinfandel bottling by the winery. It has a purple tinge plus compelling hint of oak in its bouque and flavor.

Zinfandel can run up in price if yo happen to pick a rare or special bo tling. I remember the great impressio a fine Zinfandel made at a luncheon attended last summer along with a enthusiastic group of wine-lovers an wine-makers. We were served a Miras sou Vineyards 1969 Late Harve Zinfandel (\$14)—unquestionably ex pensive, but its heady aroma and mag nificent rich texture make it wort splurging on. Offering the fullness of memorable claret, it was opened two three hours before serving so it coul breathe and come to life. Most of were so taken that we drank the win leisurely, and even asked to pause be fore the dessert of fresh California fru sliced into a macedoine. No one wan ed to give up sipping Mirassou's ex traordinary Zinfandel. . . . It was five o'clock before the last course wa served.

Another wine that is truly special and worth seeking out is Grand Cru 1973 Blanc de Noir Zinfandel (\$5.85). This is a white Zinfandel, offering deep gold color, light bouquet and ric

# Linfandel, seductive as he Pacific sunshine, s today's most talkedbout California wine.

xture. This wine, unlike the red Zinndels, should be served chilled. It's wine your guests will talk about.

Zinfandel not only makes good party re; it's also an unpretentious wineenjoy with a cheeseburger or lefter meat loaf. Nonvintage wines are od choices: Christian Brothers Select apa Valley Zinfandel (\$2.85) has a rrylike bouquet and a soft, smooth dy. Bear Mountain's Zinfandel 1.99) is lighter in color with a gen-, sweet fragrance and fruitiness. om Almadén the Zinfandel (\$2.25) fers good color, mellow flavor, pleast aftertaste. A wine I recommend for eryday enjoyment is Sonoma Vinerds Zinfandel (\$2.54) with its royal irple hue, an aroma that is alive with e essence of berries and an oak-y

When entertaining on the go, Zinndel serves you well. Should you sudnly plan a picnic in the woods to see e leaves turning scarlet and gold, nfandel makes a warming companion a basket of *crudités*, hard-cooked gs, sandwiches or fruits and such lightful picnic cheeses as Bel Paese Port-Salut.

Jug wines are good buys for such ontaneous outings. A Sebastiani neyards 1972 Zinfandel (\$4.59 a agnum) has a fragrance and flavor at bring to mind homemade blackery jam. Italian Swiss Colony Zindel is another buy (\$2.89 a halflon, \$4.99 a gallon) with its ruby for and fruitiness. This is probably most popular jug Zinfandel in rthern California, E. & J. Gallo's nfandel (\$3.49 a magnum) offers a sh raspberry fragrance and a pleast, dry aftertaste.

t, dry aftertaste.

Now let me share a unique wine with u: Concannon Vineyards 1974 Zinnel Rosé (\$2.50). It has a light or that is fresh and clear—deep seall pink—and a flavor that is delicated dry. Drink it young and chilled re it to people just getting acainted with wine, and chances are, by'll delight in every sip. It's an ideal companiment to salads or open-faced dwiches, and makes a refreshing petite teaser with which to tantalize ests before lunch or dinner.

c. Christy is the author of The Los geles Underground Gourmet (Simon Schuster) and is currently writing a ok on wines.

Illustration by Bob Pepper

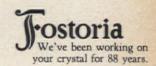
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Due to physical size and merchandising policies some stores may not have on hand all items illustrated in this advertisement. Sale prices effective at participating stores through October 31, 1975. Check your Yellow Pages for your nearest Ace Flardware Store.



"Ace is the place with the Helpful Hardware Man"

# Autumn is lawn cleanup time

By Lawrence V. Power

his month, leaf-shedding trees will be dumping thousands of tons of debris on lawns and yards around the country. Tidying up is complicated now by highly restrictive laws, since most communities have banned leaf burning. Coming to the rescue, lawn equipment makers have an assortment of new machinery to collect and dispose of autumn's discards.

Most of the specialized power equipment—leaf blowers, vacuums and shredders—make sense only if you have property that's a half acre or larger. If your property is relatively small, but fall cleanup's a problem you'd like to diminish, consider the following:

Get together with neighbors and purchase debris removal gear jointly. Since you're not likely to clean up your lawn every weekend, joint purchase with compatible homeowners makes sense.

compatible homeowners makes sense. Try using your general-purpose mowing equipment to help with fall chores. A rotary mower, for one, will digest large portions of leaves. It may not be the perfect way to handle your lawn cleanup, but it certainly will help. Mower makers such as Ariens, Yard-Man and McDonough all have new easy-removal bagging systems that make leaf collection less of a problem. Also, unless you demand an impeccable lawn, you can simply cover the discharge shoot of your mower. This will keep the really dry leaves churning about and deposit them on your lawn as fine shreds that disintegrate quickly. · If your yard happens to be truly small, a hand-operated mechanical sweeper can do the job. It gets up leaves and other debris from paved areas as well as lawns. The people who make these units, which cost no more than \$50, claim you can tidy up a vard in one-tenth the normal raking time.

For owners of generous portions of land-people for whom lawn cleanup really is a chore—there are trailer-type lawn sweepers that can be attached to any lawn/garden tractor. International Harvester, Yard-Man and Simplicity sell this equipment for \$150 to \$200. Or consider purchasing a vacuum attachment for your riding mower. It costs about \$300 and is made by some of the same companies. This handy workhorse will pick up leaves and twigs as well as grass and deposit them in your cart. A cover for the cart is included, plus a roving nozzle for vacuuming under bushes and shrubs. Before making a decision on one of these relatively high-priced units, be sure to check out the time and effort involved in dumping and bagging—key factors in lawn cleanup—to make sure the savings to you is worth the investment.

Someone at the Toro Company deserves an award for conceiving the bagging and dumping system on their rear-engine rider (shown below). It's an industry first, allowing the operator to dump grass clippings and leaves without ever leaving his seat. A lightweight, 3½-bushel container attached to the rear of the engine housing is emptied just by moving a lever that telescopes out of the way when not needed.



If you're in the market for one piece of equipment that will actually earn its keep, consider a shredder. Allis Chalmers, Toro and International Harvester are among its manufacturers, selling it for \$150 to \$300. A shredder really makes sense, for it can reduce the bulk of organic matter by up to 90 percent. This means you would have one bag to fill and haul away instead of 10. A good shredder can chew up branches, leaves, grass clippings, even organic throwaways from the kitchen. What comes out is a fine mulch you can spread on flower beds and under shrubs to keep weeds down.

You can also use the discharge from your shredder to make glorious compost. Setting up a compost pile with organic discards is a wise move for any homeowner. The resulting humus is better than any chemical soil additive you can buy and costs almost nothing.

Buying a shredder is a major purchase. Here are features to look for:

the ability to handle sizable twigs;
 rubber-cushioned shredding bars so you won't damage blades or crank-shaft if rocks accidentally drop inside;

- · easy-to-take-apart cleaning system;
- a sturdy, wide-angle safety shield on top of the hopper to keep debris away from you;
- a pusher rod that lets you feed debris into the shredder and keep your hands away from the bin;
- an optional bagging kit that lets you collect shredded debris and keep it off the lawn.

lawn vacuum, which costs \$300 to \$400, is a good bet for cleaning large expanses of lawn or yard surface that are flat or only gently sloping. It's available in either a hand or self-propelled model from such companies as Toro and Yard-Man. The machine's effectiveness depends on its ability to create a near-vacuum with the ground. Choose a model with a hose attachment for use in tight places, and to remove leaves from pachysandra and other ground covers. Also, look for a flexible rubber lip on the vacuum head. This helps assure close contact with the ground. Make sure there are several height adjustments on the vacuum head-so you can allow for changes of topography-and that there is a handle-mounted control, so you can make these adjustments as you vacuum. Select a vacuum with a large bag, it should empty easily and have a good zipper or other means to regulate the airflow into it.

Most makers of lawn vacuums also make blowers, which cost about as much as vacuums. A blower is particularly useful where the ground in uneven, heavily planted or cluttered with obstructions. A leaf blower should actually blow a lot more than leaves. It should be able to pile clippings, leaves, grass, twigs and other yard debris into one central collection area. A blower should be compact—capable of moving in and out of tight places.

A blower's most important asset is its power. Its wind velocity must be strong enough to do the job. Also, make sure the air-discharge chute can convert to straight-ahead or side use—so your equipment is more versatile. And if storage space is limited, make sure the blower you buy has a folding handle. An important piece of optional equipment is the vacuum extension hose kit, which turns a blower into a vacuum so you can bag your leaves. Owning it is like having two pieces of equipment in one.

Mr. Power, an AH contributing editor, is the author of Low-Upkeep Lawns and Landscaping (Hawthorne) and Garden Ideas A to Z (Doubleday).



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Spacious, efficient and unbelievably low-priced, it blends the best of A-frame and barn.

Build our remarkable "A-barn" from plans. It's a house as suitable to a 50foot city lot as to a site by the sea, near a lake or nestled in the mountains.

Surprisingly spacious on the inside, this house designed for casual living does not look large on the outside. Yet within its 24-by-27-foot barn section are three big bedrooms, three baths, dressing room, utility room, 12-by-15-foot country kitchen, generous closets

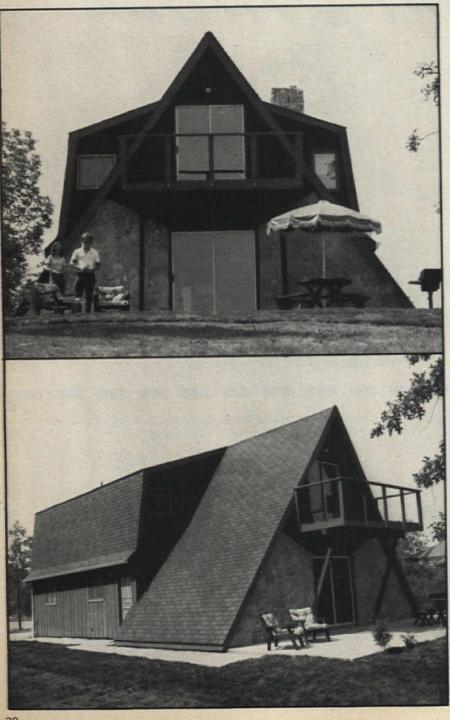
and an 8-by-15-foot loft. "A" section gives house a soaring 15-by-24-foot living room plus loft and balcony.

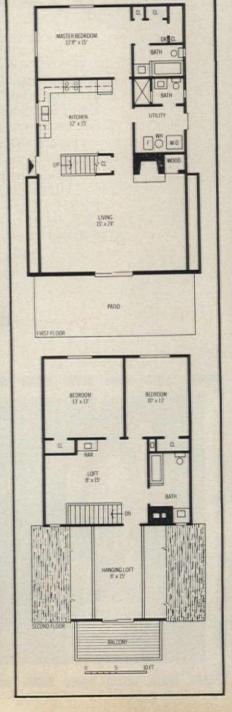
Here are other assets of the 1,776-square-foot A-barn:

- It's heated by an 85,000 BTU forced-air furnace and cooled by a 24,000 BTU central air conditioner.
- Master bedroom could be a family room, and loft areas used for sleeping.
- One first-floor bath could be a mud room; it has access from outdoors.

- Room sizes are planned to take full advantage of factory roll carpeting.
- Contractors find the house easy to build. (Expect to spend only \$15,000 for materials if you subcontract the labor yourself.)

Designed by builder Bob Rex Hunt, the A-barn can be built for \$30,000 (plus land) in Cicero, Ind. Even with price variations, you'll find the A-barn's space convenient and livable. To order plans, see coupon, page 80.







Give them with the child-size knife, fork and spoon or the baby educator set—a complete table setting in a tradition to grow up with.

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# SLOW COOKERS for super simmering



Clockwise from lower left are: Burgundy Chicken—layers of red potatoes, tiny white onions, stewing chicken and sliced mushrooms in wine; Vegetable Beef Soup—cabbage, carrots, celery, zucchini, onions, stew meat, seasonings; Sauerbraten—with a spicy sauce of pureed vegetables, cooking juices; Stuffed Peppers with Tomato Sauce—meat, rice, soup, seasonings in green peppers; Meat Rolls with Brussels Sprouts—thin round steak stuffed with herbed veal in Sunbeam Crocker Frypan.

While it simmers slowly—and safely—in your kitchen, you can shop or go off to work.
Your dinner will be ready when you return. For slow cooker recipes, see page 70.

The idea of cooking foods at low temperatures a long time is not new. What is new is the array of electric appliances that makes slow cooking easier. Perfect for less tender meat cuts, these cookers can simmer unattended up to 14 hours, turning out main dishes done to perfection. With electrically controlled slow cookers, it's almost impossible to burn or overcook foods.

These are not energy-gobblers. It costs just pennies for an average 3½-quart cooker to operate 12 hours at a low temperature. Nor does slow cooking encourage food-spoiling organisms

to grow if your cooker functions properly and you cook at 185° or higher.

With more than a dozen brands to choose from, slow cookers can be divided roughly into two main categories: the ceramic, or crock, cooker and the metal type. The ceramic cooker has a metal or plastic exterior with an earthenware liner or bowl inside; the heating element is usually on the bottom or around the bowl to provide even, nostir cooking. In some models the bowl can be removed for serving convenience. Metal cookers resemble conventional cookware, except that they have built-in heating elements plus detachable cords or they sit on heating bases. With some metal cookers you can brown meats before slow-cooking them in the same pot.

Sunbeam's Crocker Frypan, shown above, has a removable 2-quart dish for cooking and serving. With dish taken out, the cooker becomes a nonstick coated skillet for browning or frying. Cost: about \$50. Sunbeam makes another model that doubles as a deep fryer. Both models have calibrated temperature controis.

## West Bend's Slo-Cooker



Porcelain-on-aluminum pot cooks on low-watt base with five temperature settings. Removable pot may be used on top of a range or in the oven, as long as temperatures stay below 350°. No-stick interior walls mean quick cleaning. Because the heat source is concentrated at the bottom, this cooker is tops for foods of high liquid content: soups, stews, hot drinks. It eliminates uneven heating and the need for stirring. Cost of 4-quart model, about \$25; for the 6-quart, about \$35.

32

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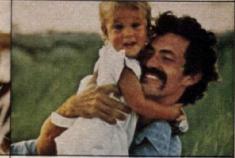
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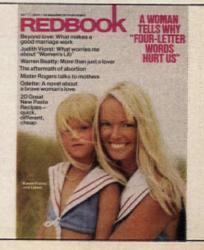
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# **SLOW COOKERS**

Add ingredients, switch on and go off. Dinner will be ready when you return.



### Wear-Ever Pokey-Pot

Inside this aluminum cooker is an attractive crockery dish that's removable for oven use or serving. Its 3½-quart capacity will accommodate most casseroles, stews, soups. The heat source, concentrated at the base, has three switch positions. The pot sells for \$33. Another Wear-Ever model with white ceramic dish is about \$30.

## Oster Super Pot

For large families or households that enjoy big gatherings, this all-purpose cooker would be a wise purchase. It holds 8 quarts, has a nonstick interior finish plus a variable temperature control for slow or fast cooking. The control is removable, and the pot can then be immersed for cleaning. Among its many bonus uses, this porcelain-on-aluminum cooker is great for warming party punches, steaming vegetables, water-bath canning. It comes in three colors, costs about \$40.



### Rival Crock-Pot



This is an attractively designed cooker that can be a convenient server. It's made of tough, colorful Lexan on the outside, with a lift-out stoneware bowl inside. Low-watt heating element encircles the sides of the cooker and on some models extends to the bottom. Temperature control has low and high settings. Model shown, 5-quart capacity, is \$42. Rival also makes a 3-quart version plus 2- and  $3\frac{1}{2}$ -quart enamel-on-steel, crockerylined slow cookers—from \$23.



## Regal Poly-Pot

This is a super-simple appliance made only for slow cooking. There is no temperature control to set. Combine your ingredients, insert the plug and the cooker will go to work on your meal automatically in the 185° to 200° range. Exterior is of polypropylene in parsley green. Interior has a Teflon II coated-aluminum well. Heating unit is on bottom. The 5½-quart cooker is \$21.

This cast-aluminum cocoa-colored cooker has a no-stick interior finish and built-in heating unit on the bottom. Its capacity is 5 quarts. To heighten cooking efficiency, the pot was designed to achieve selected temperatures quickly. You can brown meats in it before slow cooking. Temperature control can be removed so the cooker can be immersed in water for easy cleaning. Cost for the cooker is about \$36.

### Presto Slow Cooker



### Nesco Pot Luck Cooker



There's plenty of room in this oval cooker—enough to hold one 7-pound roast or two whole chickens. Temperature settings extend from 200° to 500°, enabling you to bake or roast foods as you do in a conventional oven-or deep fry. Enclosed wire rack helps keep food off the bottom of the pot when you roast meats or bake frozen pot pies, cakes and pastries. The cooker's removable interior is made of porcelain-enamel. This means you can prepare ingredients the night before, refrigerate them in the "bowl" and place it in the cooker the next morning. Heating element wraps around the cooker, providing even, top-to-bottom distribution. The Pot Luck Cooker has a 6-quart capacity, and is available in avocado, red or chrome. Price is about \$45.

# How to use your cooker to make our recipes

Every brand and model of slow cooker has its own capacity, shape, cooking surface and range of temperatures. To make our dishes or your own favorite recipes, determine the simmering point of your cooker so you can estimate cooking time.

The low setting on one cooker may equal the high setting on another. Some cookers can reach-and remain at—the simmering point in one hour; others may take up to six hours. To find out what temperature your cooker functions at when set on low, put 2 quarts of water into it. Cover and heat for two hours at the low setting. Then use a thermometer to check the temperature. If the reading is higher than 210° or lower than 185°, change the setting, if it's possible with your cooker, so the temperature reaches and remains at 200°. This will be your ideal cooking temperature, so mark the controls.

If you prefer cooking at the high setting, repeat procedure using vegetable oil. The high temperature range should be 250° to 325°. Our recipes, beginning on page 70, were developed for a 3½-quart appliance set on low.

(continued)

# Now in America...Yves Rocher's "New Green Book of Beauty". It's from France.

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of Beauty" offers you professional counselling on pages 7 through 19.



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2. Use it to improve your figure . . . What sort of diet makes for a trimmer. prettier shape? What are Yves Rocher's secrets of regular light exercise without fatigue? The answers are in the "New Green Book

> of Beauty". Find them for yourself on page 23 and pages 42 and 43.



with hints on diet, exercise, makeup, skin and hair care. Learn how you, too, can acquire the natural look of beauty that's making today's Frenchwoman lovelier than ever! Do it today and you also get three sample sachets from Yves Rocher: a night cream, a moisturizing cream and a cleansing milk. Indicate skin type on coupon before mailing. Send to Yves Rocher,





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### **Crafts For Fall**

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#### **SLOW COOKERS**

Learn how you can get the most out of these versatile kitchen helpers.

Where slow cookers are concerned, recipe cooking times are only approximate. An extra hour or two won't matter as long as the cooker is on low. Don't leave it on more than 14 hours, however. If food is not done at the end of cooking time, turn the setting to high, but check periodically.

Differences in cooking times are not unusual. During hours of peak energy consumption in some areas, voltage is often lower than normal. Also, at altitudes above 4,000 feet, most foods must cook longer.

And be aware that at any altitude, cold or frozen foods take longer to cook than those at room temperature. When using frozen foods, thaw partially before slow cooking—particularly if the interior of your cooker is made of crockery. The extreme low temperature of food coming into contact with the high temperature of the cooker could cause the bowl or liner to break.

If you plan to be away from home more than 14 hours, use a separate electric timer to turn your cooker on while you're gone.

If you decide to cook at the high setting to shorten overall cooking time, here's a rule of thumb to follow: One hour of cooking at 250° to 325° equals two to two-and-a-half hours at 185° to 210°, or the simmering point.

When using a slow cooker, always keep contents covered. Lifting the lid breaks the water seal, permits steam to escape and lengthens cooking time. Depending on the ingredients used, more liquid will accumulate as a result of covered slow cooking than with oven or top-of-the-range methods. Reduce liquid content at the end of the cooking period, if necessary, by removing the lid, turning the heat selector to high and boiling off the excess moisture.

If you don't have a slow cooker, you can prepare our dishes using a casserole or Dutch oven with tight-fitting lid. Bake in the oven at 250° for the prescribed time, or simmer on top of the range. Add extra liquid, if required, while cooking.

For safety's sake, follow these instructions carefully:

- Read the manufacturer's use-andcare manual before using your appliance.
- Do not use the cooker outdoors, on wet surfaces or on top of the range.
- Do not immerse the cooker in water unless the manufacturer says you can.
- Place cooker away from paper, curtains, linens and other flammable objects while in use.

Just about any dish you would bake in the oven or simmer in a pot can be adapted for the slow cooker. Here's how to do it:

- 1. Cook most meat-and-vegetable dishes six or more hours on low.
- 2. Layer vegetables in the slow cooker before adding meat. This will create a "rack" and permit meat to brown evenly.
- 3. Be sparing with herbs and spices. They may impart more flavor than you want because of the extended cooking time. Increase seasoning, if necessary, near the end of cooking period.
- Use less liquid than recipe requires; little evaporation takes place during slow cooking.
- 5. Add pasta and rice if possible only during the last hour of cooking. These items tend to "break down" during long hours of simmering.
- Similarly, add milk, cream or sour cream during last hour. They'll curdle if cooked many hours.

If you desire additional slow cooker recipes, here's a trio of paperback books:

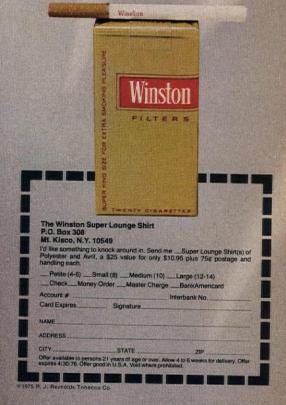
- Crockery Cookery by Mable Hoffman, \$4.95 (H.P. Books, Box 5367, Tucson, Ariz. 85703).
- Mike Roy's Crock Cookery, \$3.95 (Ward Ritchie Press, Pasadena, Calif. 91105).
- The Crockery Cookbook by Marie Hamm, \$1.75 (Fawcett Publications, Inc., Greenwich, Conn. 06830).

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### **FAST COOKERS**

#### Microwave ovens-cool waves that make hot news.



During the '60s it was touted as a mealmaking miracle; by '73 it was sizzling in an estimated 500,000 American kitchens; and by 1980 this kitchen hotsie will be making culinary waves in more than 10 times that number of homes.

The name is the microwave oven, and the game is jet-paced cookery in a timeis-money world. This micro-wonder broils, roasts and bakes everything from rolls to rarebit in short-order time and at incredibly low temperatures.

Nonetheless, the heat's still on, thanks to the U.S. Food and Drug Administration, and the reason boils down to one word . . . radiation. For two years an on-again, off-again controversy has raged over whether the radiation escaping from microwave ovens is harmful. What, the question has been posed, is a safe level of radiation?

And exactly how safe is "safe"?

The F.D.A., whose job it is to regulate such matters, has established a range of "permissible" radiation levels that can escape around the doors.

Traditionally-and long prior to the development of microwave ovens for home use-scientists determined the level at which radiation begins to cause human tissue damage. Then, along with industry and government, they concluded that one-tenth of that amount would be a safe upper limit for people who spend any time near microwavegenerating sources. In 1968, when microwave cooking equipment had been developed for home use, the prior safety limit was further reduced by onehalf, and the most acceptable level was set at one-fifth of that. In other words, if on some arbitrarily selected numerical scale you could say that 100 is bad but 10 is OK, then 5 is better and 1 is best. Allowable microwave oven leakages are in this lowest-of-the-low range.

Those who believe that current low-

level emission standards are more than satisfactory point out that there have been no reports of microwave ovens causing injury to anyone using them according to manufacturers' instructions. "Not conclusive," say the doubters, insisting that there is no way to know for sure that some injuries have not been caused by microwaves. In this murky situation the FDA can't be faulted for being overly cautious until more evidence is gathered and sorted.

Some experts-and consumers, too -feel that the legislated levels are so low and so harmless that FDA crackdowns are merely exercises in bureaucratic overkill. Others insist that, at worst, the radiation risk associated with using a microwave oven is no greater than the burn or shock risk involved in cooking with a conventional gas or electric range—and probably less. Moreover, they argue, there would be less confusion about product use and safety if consumers were better informed. Still others continue to demand proof positive-from manufacturers and government agencies alikethat the ultimate in safety precautions has been taken.

Meanwhile, a hefty segment of the population continues to be intrigued by the ultra-fast joy of microwave cooking. To some, owning a microwave oven is a liberating experience well worth the \$200 to \$500 price tag for a counter-top model—small wonder when you consider that a potato bakes in eight minutes instead of 60; a two-quart beef stroganoff casserole cooks in 15 minutes; a five-pound standing rib roast is rare and ready in 40.

How it works. What makes this astonishing speed possible is radiant energy. A form of very high-frequency radio waves are generated by an electron tube (magnetron) inside the appliance. These microwaves released inside the metal oven bounce back and forth in random fashion, penetrating food placed within its electrostatic field. Attracted to liquids, this energy causes the molecules in food to vibrate, setting up a motion that builds heat, causing the food to cook.

Microwave energy itself is not sufficient to heat up cooking utensils or the oven itself—it's really a cool way to cook. Either china or paper containers are advisable, as the microwaves must actually pass through whatever is in the electrostatic field to do their job effectively. Because these waves will bounce

off metal containers and possibly damage the magnetron, everyday pots and pans are not usually recommended.

Cooking features. Until recently, timing was a matter of guesswork in microwave cooking. There was no way to determine accurately the internal temperature of food being cooked. You relied on trial and error until you had used the appliance enough to know its capabilities. Now, manufacturers have begun adding refinements to make microwave cooking as certain as science. Among them, General Electric and Litton recently introduced microwave ovens equipped with their own temperature-sensing probe. Placed in a roast that's preferred rare, for example, this probe senses when the meat is done, sounds a signal and turns the oven off automatically. There's no chance of under- or over-cooking, and the probe works equally well with soups, casseroles and leftovers.

A microwave oven is super-convertient for single-portion servings, snacks, sauces, beverages, appetizers and most desserts. Fresh vegetables retain their flavor and color far better than when cooked in a conventional appliance. Reheated dishes—even breads—are fresh and tasty. Frozen meats and fruits thaw in minutes.

Capable as it is, the microwave can't replace your conventional range entirely. You'll still require its versatility when slower cooking times and large food loads are called for, when you are canning foods, and when you want foods to have nice crispy crusts. Some microwave foods do not brown naturally, and thin meats-steaks, chops, hamburgers-will be cooked and ready to serve before they look done. To solve the gray-meat problem, appliance manufacturers have added special browning devices to their microwave products. Some brands have built-in infrared units; others offer optional searing platters or skillets. All are indicated in the product list below.

The savings. Microwave cooking is not only a futuristic household asset; it is also a stingy user of energy. It works on ordinary household current (110 to 120 volts), and cooking times are short. The cost of operating a microwave oven is generally one-fourth to two-thirds less than that of a conventional electric range which, of course, needs its own 220-volt line. Though a convenience, a microwave oven is not just a gadget to be toyed with. Read the manufacturer's use-and-care manual and follow its instructions to the letter.

- Do not operate the oven if any object is caught in the door, or if the door does not close properly or if the door hinge, latch or sealing surface seems damaged, even slightly.
- Keep oven and door scrupulously clean. Don't allow crumbs, grease or even bits of paper to remain (continued)

## 3 Exotic Orchid Plants flown by air from Siam only \$149 each!

Now save up to \$15 on genuine, blooming-size Paphiopedilum orchid plants from Siam (Thailand).

Beautiful "Paphs" are the orchids recommended best for beginners by leading magazines—easy to grow in any home. Now yours with a unique one-year money back guarantee on this exclusive first-time offer!

If you'd like to enjoy the thrill of growing fabulous orchids — and proudly displaying these exquisitely beautiful flowers in your own home — now you can do it all simply, inexpensively and without any risk.

This is made possible for the first time through an exclusive import arrangement with one of the leading orchid specialists in Siam (Thailand) where these plants orginate and grow naturally. Here are rare and lovely "Paph" orchids that could cost up to \$10, \$15 and more. But now you get them for the incredibly low price of only \$1.49 each — just \$4.47 for all 3 (plus postage and handling) — on this special offer. All plants are sent to you by first class air mail. Guaranteed to arrive in perfect condition — indeed, guaranteed unconditionally for a full year — or your through an exclusive import arrangement unconditionally for a full year - or your money back!

The world's most exotic house plant spectacular indoors, or outside in warm weather

These rare flowers bring exotic beauty to any room in your home — and make a stunning display outdoors on patio or porch in warm weather. Many of these fabulous "Paphs" actually stay in glorious, flowering bloom up to 2 and 3 months at a time!

You'll be dazzled by a rainbow array exciting colors and hues - deep delicious purples, sparkling greens, warm soft shades of golden yellow — in assorted flower shapes and sizes. Even when not in bloom, "Paph" orchids are lovely conversation pieces. Indeed, some orchid fancier. ciers actually delight in the lush foliage-leaves flecked with varying shades of jungle-green as much as in the spectacular flowers, themselves!

And if you act now, you can be among the privileged few to proudly display these unusual orchid plants in your own home! Exotic "Paph" orchids will be admired by friends and neighbors. And you and your family will enjoy their rare beauty year after year!

3 important reasons to order now

1. Real genuine orchids! "Paphs" — Paphiopedilum orchids — are authentic orchid varieties. Don't confuse them with plants that may happen to have "orchid" as part of their name. "Paphs" are described in leading orchid publications and horticultural books.

2. Easy care! "Paphs" are hardy orchid types that grow and thrive in normal, moderate situations. That's why orchid experts and leading magazines recommend them as best for beginners. "Paphs"

are easy to care for in any home.

3. Remarkable savings! Call or visit any orchid specialist, florist or nursery. See if you don't find "Paphs" selling for up to \$10, \$15 and more. But now you can get genuine "Paph" orchid plants at a fraction of those costs!

One-year money back guarantee — limited supply available by air

This is the time of year when these orchid plants can be shipped to you by air at

plants can be shipped to you by air at these remarkable low prices.

You get a collection of 3 genuine, blooming-size "Paph" orchid plants — complete with simple instructions for care — for just \$1.49 each! That's just \$4.47 for all 3 plants (plus postage and handling to cover first class air mail). (Note: You may order just 1 "Paph" orchid for \$1.95 plus postage and handling.)

All plants come with this unconditional

"Paphs are in - Paphs are the rage!"

Imagine orchids that can actually stay in gorgeous flowering bloom for up to 2 and 3 months at a time! "Paphs" — Paphiopedilum orchid plants — are praised by orchid experts in newspapers, magazines

return the plants anytime within one year for a complete refund!

But please remember, only a limited supply is available by air from Siam - so all orders must be accepted only on a first-come, first-served basis! To make sure you don't miss this exceptional orchid value — available only through this exclusive offer — mail coupon today!

	and on television for their rare, colorful
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á	ing-size and arrive in perfect condition -
	They must delight you with their rare
١	beauty and thrive in your home to give
	you pleasure and enjoyment - Or simply
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na-Siam Orchids International, AH-9	G "PAPH" ORCHID PLAN
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Please rush me the following number of genuine, blooming-size "Paph" orchid plants flown from Siam (Thailand) — with simple instructions for care — by first class air mail on your unconditional one-year money back guarantee of satisfaction:

□ 3 "PAPH" ORCHID PLANTS for just \$1.49 each — \$4.47 for the collection of all 3 — plus \$1.50 to cover first class air mail postage and handling — TOTAL \$5.97.

Check this box to order only 1 "Paph" orchid plant at \$1.95 — plus \$1 to cover air mail postage and handling — TOTAL \$2.95.

each — \$7.98 for the collection of all 6 — plus \$2 to cover first class air mail postage and handling — TOTAL \$9.98.

□ 9 "PAPH" ORCHID PLANTS for just \$1.10 each — \$9.90 for the collection of all 9 — plus \$3 to cover first class air mail postage and handling — TOTAL \$12.90.

Please enclose total payment in check or money order to: RAMA-SIAM ORCHIDS INTERNATIONAL

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#### **FAST COOKERS**

#### There are microwave ovens to fit every kitchen.

stuck to the sealing surface of the oven door.

· If you suspect that the door is not sealing properly or that the oven is not behaving as it should, stop using the appliance and have it looked at immediately. Check with your local health department or a regional office of the

U.S. Department of Health, Education and Welfare listed in your phone book.

The selection. Styles and sizes of microwave ovens vary. Outside dimensions of counter-top models can be 13 to 17 inches high, 18 to 24 inches wide and 15 to 23 inches deep. The range of weights is 70 to 100 pounds. Countertop units are called "portables," but you won't want to carry one very far unaided. They do fit nicely, and conveniently, on rolling earts.

Wall-oven installations are catching on, too, now that appliance makers are offering kits enabling you to fit your unit into a built-in situation. Because of airflow requirements, you must use only the specific kit that's made for your particular manufacturer's model.

Also available are freestanding ranges that combine both microwave and conventional power. These are fairly expensive, which is why they are not in high demand.

#### WHO MANUFACTURES WHAT

Makers of counter-top ovens include the following, with range of prices:
Admiral, \$279 to \$419; browning

plate, \$24,95.

Amana, \$259 to \$595; browning skillet, \$9.95 to \$14.95.

Frigidaire, \$330 to \$540; browning skillet, \$14.95.

GE. \$349 to \$499; browning dish, \$10.95 to \$14.95 value, offered free with oven purchase. Top-priced model has temperature-sensing probe.

Hotpoint, less than \$350 to \$400; browning dish, \$10.95 to \$14.95.

Litton, \$299 to \$499; browning plate, \$19.95 extra. Top-priced model has temperature-sensing probe.

Magic Chef, \$219 to \$469; browning plate, \$19.95, included at no charge with top-of-the-line models.

Modern Maid, \$289 to \$399; browning dish, \$35 value, free with purchase.

Panasonic, \$250 to \$460; browning dish, \$14.95.

Sears, \$200 to \$450; browning dish, \$13.95 to \$16.95

Tappan, \$299 to \$449; electric browning element and browning dish,

Thermador, \$499, with infrared browning unit.

White/Westinghouse, \$319 to \$419;

browning skillet, \$16.95.

Many microwave wall ovens are countertop units with additional kitssleeves plus filler strips for wall installation. Kits are indicated below

Amana, \$260 to \$475; kit, \$19.95. GE, \$349 to \$499; kit, \$30.

Hotpoint, less than \$350 to \$400; kit, less than \$30. Litton, \$299 to \$499; kit, \$19.95.

Magic Chef. \$219 to \$469; kit, \$12. Modern Maid, \$750 to \$830. Sears, \$380 to \$450; kit, \$24.95. Thermador, \$545 to \$1,245.

White/Westinghouse, \$319 to \$419; kit, \$35

Here are the freestanding microwave oven-conventional range combinations:

Amana Radar Range Cooking Center, \$995 to \$1,175.

GE Versatronic, \$799 to \$1,250. Hotpoint, less than \$800.

Litton, \$699 to \$1,099. Modern Maid, \$1,000.

Panasonic Hi/Low Range, \$899.95. Tappan, to be available November '75, \$1,000.

# Pitfalls of joint home ownership

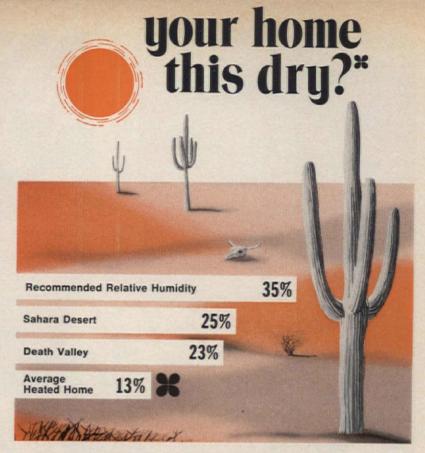
If you're a homeowner, you may be one of a great many Americans who have elected to own property jointly with your spouse. Certainly, there are advantages to joint ownership, the most obvious one involving right of survivorship. Jointly owned property—or bank accounts, securities, anything of material value—passes immediately to the survivor, and there are no administrative costs, since the estate need not be probated. But, as the American Bankers Association points out, joint ownership also has some disadvantages.

For one, it precludes exclusive control by either owner, which means all decisions concerning the property must be mutually agreed on. If you wish to do something and your co-owner doesn't, there could be problems. There is also a possibility that property you've purchased with your own money and placed under joint ownership might, under federal law, be considered a "gift," hence taxable if its value exceeds exemption limits. You should also be aware that property can be seized for the payment of debts or legal judgments of either party. Even though you are not named in an action, the propery can be taken, if your co-owner is.

An alternative to the joint ownership of property—one worth discussing with your partner and your lawyer—is a trust. This is an agreement by which you turn over your property to a trustworthy person or a bank trust department to be administered for the benefit of you and your beneficiaries. The cost is usually based on the market value of ioldings in the trust.

One big advantage of a trust is that omeone in the bank will always be here to handle your account and your uestions. Unlike a will, which is a natter of public record, a trust is a rivate agreement. Moreover, it can rovide immediate care for beneficiries without forcing hasty decisions.

With a trust, you do give up a cerain amount of freedom and privacy. he amount of control your trustee reains is up to you, however. You may ive him complete authority to manage our assets at his own discretion, or you hay decide to make all investments ourself. Also, you can predetermine xactly how profits are to be handled uring your lifetime and how they are be distributed to your beneficiaries. rusts come in numerous types and zes, each serving a different purpose. ou don't have to be rich to set up a ust, but doing so could pay off handmely in the long run.



### every heated home needs the springlike comfort of proper humidity

Heating a home (regardless of the type heating system) often reduces indoor relative humidity to lower than recommended levels. This can be damaging and uncomfortable. So—moisture should be added. FOR HEALTH—to help alleviate respiratory ailments aggravated by too dry air. FOR COMFORT—to feel warmer at lower temperatures. FOR PROTECTION—of furnishings from damaging dryness. The ideal solution—an Aprilaire Humidifier. Accurate control. High capacity. And, minimum maintenance because of an exclusive 3-way method of reducing mineral deposit problems. Put more comfort in your life, with a humidifier that gives you more—Aprilaire.



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# Easy-to-make needlepoint checkbook covers, key cases

These beautiful purse accessories of real leather and needlepoint come pre-assembled-to make them, you simply do the needlepoint, guided by a color-keyed design chart. No additional work is needed to complete either item. And you'll love to use them yourself or give them as gifts. The key case holds six keys; checkbook cover can be used with top-bound or side-bound checks and check registers. Choose from three patterns, each bound in a different color leather. Top: Red Wicker (left) and Brown Diagonal. Below: Navy Bargello. Kits include makings for one checkbook cover or key case: a leather cover or case with needlepoint canvas insert; color-keyed design chart; wool tapestry yarn; needle; directions. Key case, \$6.50. Checkbook cover, \$7. Any two items, \$12.

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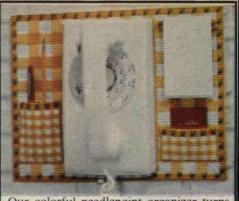


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Our colorful needlepoint organizer turns wall phone into a handy message center.

### Quick stitchery gifts-all

Here's a sparkling collection of stitchery gems you'll love making right now-for yourself, for the holidays or for yearround gift giving. Many of the items are described below; all are in complete kits: easy, inexpensive and great fun to do.

- Needlepoint bookends slip over 2 metal frames from a stationery store.
- · Needlepoint eyeglass case converts to checkbook cover. One side is fruit pat-
- terned; the other is in rainbow stitch.
- · Patchwork tie is of precut squares.
- Needlepoint apple coasters (4 inches square) and napkin rings come in 4's.
- · Crewel floral (16 inches square), which has its own calendar pad, can convert to a pillow top. Frame is extra.
- · Needlepoint belt and pendants.



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We've faithfully created our version of ten of the world's most treasured and expensive fragrances. We'd like to send you a purse-pak sampler of all ten of our fragrances for only \$1 in this special introductory offer. We guarantee to refund your money in full if you or your friends can tell the difference.



White Shoulders approx. \$ 37.00 per oz. Chanel No. 5 approx. \$ 40.00 per oz.
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(We'll pay all postage and handling charges) PRINT NAME ADDRESS\_ CITY STATE Send \$2 for Canadian orders. Orders not accompanied by money will not be processed. 

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\$2.00 for 2 complete sampler sets of all 10 fragrances.

(We'll pay all postage and handling charges) LIMIT 2 PER FAMILY PRINT NAME AGE. ADDRESS Send \$2 for Canadian orders.
Orders not accompanied by money will not be processed. ---------------

### Questions about your antiques

Q Our cut glass lamp has a silverlike metal supporting its globe and three bulbs. It's signed "Hawkes." Can you tell us anything about it?

F.H.—Syracuse, NY.

A Your lamp is a prime example of brilliant-type cut glass made from



about 1880 to 1910. "Hawkes" refers to one of the Corning, N.Y., companies that cut glass in fine patterns and was responsible for some of the best work of the period. While brilliant cut glass is usually unmarked, the deep-

ness of cutting and complexity of pattern are positive identifying signs.

This fish plate is 24 inches by 9 inches. Its four corners turn up. The underside is signed "Thos. R. Davis" with a numbered patent date of "August 1st, 1880." Is the piece as unusual as it seems?

A.B.—Washington, D.C.

A The fish platter you own is part of an extraordinary set designed and patented by Thomas R. Davis for Haviland & Co. Originally made for



the White House during the Rutherford Hayes administration, it was reproduced for sale and is characteristic of the best work of about 1880.

These vases have been in my grandmother's family for some time. They appear to be silvered between an outer and inner glass shape, with the design handpainted on the outside. What silvering process is this?

C.H.—Pleasant Hill, Calif.

A Silvered glass of this kind, popularly known as Mercury glass, was one type of poor man's silver of the 19th century. French and English patents exist from the 1830s; American

manufacture began a decade later. The style went out of fashion in the 1880s, but was revived in the 1920s. It's hard



to tell from the photo exactly how old your vases are. If the glass seems thick, they are probably early examples.

This milk pitcher belonged to my grandmother and dates back to at least the 1890s. It was resilvered 15 years ago. Is it unique?

G.C.C.—Chattanooga, Tenn.

A Your grandmother's pitcher was made about 1880 when designers

began experimenting with various combinations of styles that were striking. The lion's head spout appears to be of Oriental origin; the



leaf and scroll pattern is a variation of Occidental motifs. The handle is a simple repetition of an 18th-century model. The pitcher was made in quadruple plate, a type of plated silver popular from 1820 to 1900, most of it made by Connecticut manufacturers.

This walnut bed was purchased by my grandparents. They were told it was made about 1860 by John Beltner of New York. Can you confirm?

S.I.—Jackson, Miss.

A John Beltner is best known for his Rococo Revival pieces. The



bed your grandparents owned is in the Renaissance Revival style, which has fewer frills and curves. A number of New York furniture makers were working in this style about 1860. Thus it is difficult to identify an unlabeled piece precisely. Walnut and cherry were used for Renaissance Revival pieces, rosewood for Rococo and Empire designs.

The creamer in the photo is part of a set once owned by my grandmother. The roses are painted on a multicolored background. Green dots are cemented around the base and handle. There is no date or maker's mark. Can you tell me how old the piece is and where it was made?

H.K.-Cedar, Mich.

A The creamer's decoration in relief, although simplified, was in-

spired by a19th century technique, "Jewel Sevres." The gradual color change is characteristic of a late 19th-cen-



tury innovation. This piece could have been made as early as 1890, but it is hard to say how recent it might be. Perhaps another reader can help by showing us a similar marked piece.

Our handmade cylinder-top walnut desk has burl-walnut fronts. My family has owned it for 50 years. Can you tell me how old it really is?

J.W .- Brady, Mont.

A This cylinder desk was very likely made about 1870. The use of contrasting woods with handsome burl panels is characteristic of the



Renaissance Revival style that flourished from about 1860 to 1880. Such desks were made by a number of the large factories that were in operation at the time.

We can't appraise an object for you, but we can tell you about its style and origin. Send letters and clear black-and-white photographs with complete descriptions to: American Home, 641 Lexington Ave., New York, N.Y. 10022. We cannot return photos or send personal replies. —Marvin D. Schwartz

Mr. Schwartz is a lecturer and consultant at New York's Metropolitan Museum of Art. His latest book is Collectors' Guide to Antique American Silver (Doubleday).

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#### patterns. Manningtor

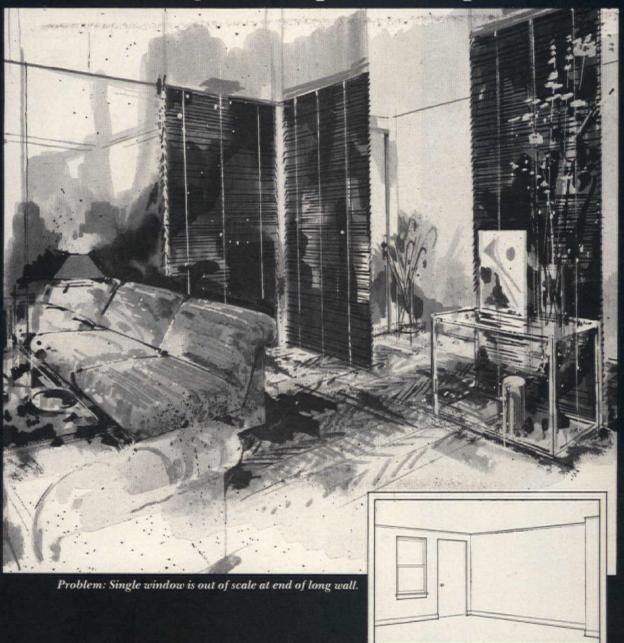
Tough. Smart. And out to floor you. Mannington Mills, Salem, N.J. 08079 Fine flooring since 1914. Others by Wellco Carpet Corp., Calhoun, Ga., a wholly owned subsidiary.





# Windows

Decorating that turns problems into pluses



Windows can give a room focus. They can also be a sorry distraction if they are mismated, awkwardly placed, undersized or unevenly spaced. There are ways to handle problem windows without spending a fortune on custom treatments. This portfolio of super solutions, in room settings designed and illustrated by Jeremiah Goodman, shows how you can treat your windows in a unique fashion with easy-to-make or ready-made materials. In the living

room above (inset) a window is directly beside the front door at the far end of a room. Three decorative metalslat blinds turn this clumsy juxtaposition into flowing space. One masks the window, adjusts up and down and filters light. The other two, which are stationary and anchored to the floor for stability, create an entrance area and augment inadequate wall space. Now there is an inviting entry plus space for furniture arrangement.

oll-up matchstick blinds, hung between mullions made of stock lumber, turn badly proportioned ranch windows into a visually exciting wall. Using tortoiseshell blinds-low-cost purchases from Oriental import shops, department stores or mail-order firmshides empty wall expanses above and below windows. It also covers wall sections on either side of windows to make the whole area look wider and creates a beautiful background for the furniture arrangement. Two-by-four framing trimmed with stock bamboo molding adds depth to the windows and architectural interest to the room. Painted to match the tortoiseshell finish of blinds, the framing helps coordinate the total effect.

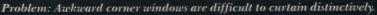




Problem: A horizontal expanse of windows is overwhelmed by surrounding wall area.



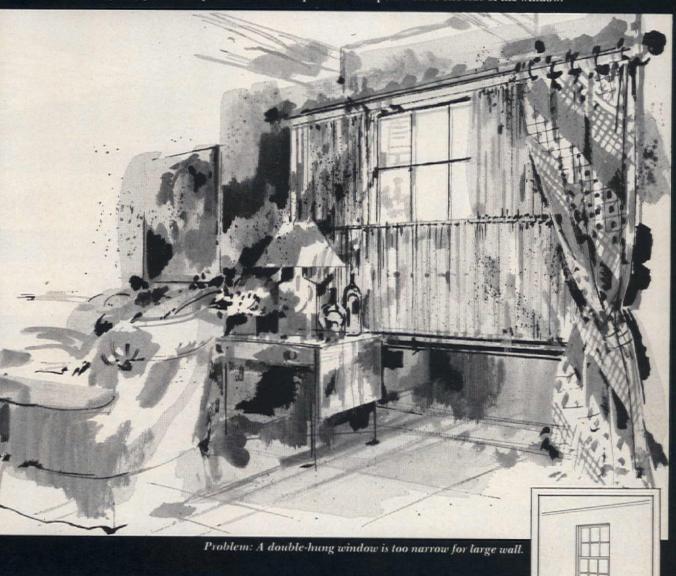
Lnexpensive rough-sawn cedar is fashioned into shutters to add strong interest to a dull pair of corner windows. Either plywood or Masonite can be used as the backing upon which cedar strips are glued in this handsome herringbone pattern. You might also consider covering the panels with fabric or wallpaper to coordinate with matching walls or upholstered pieces. Piano hinges allow shutters to fold back neatly when maximum view is desired. Add white porcelain knobs or gleaming brass pulls for function and a bright. decorative finishing touch.

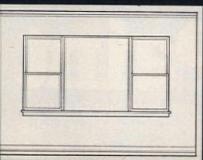


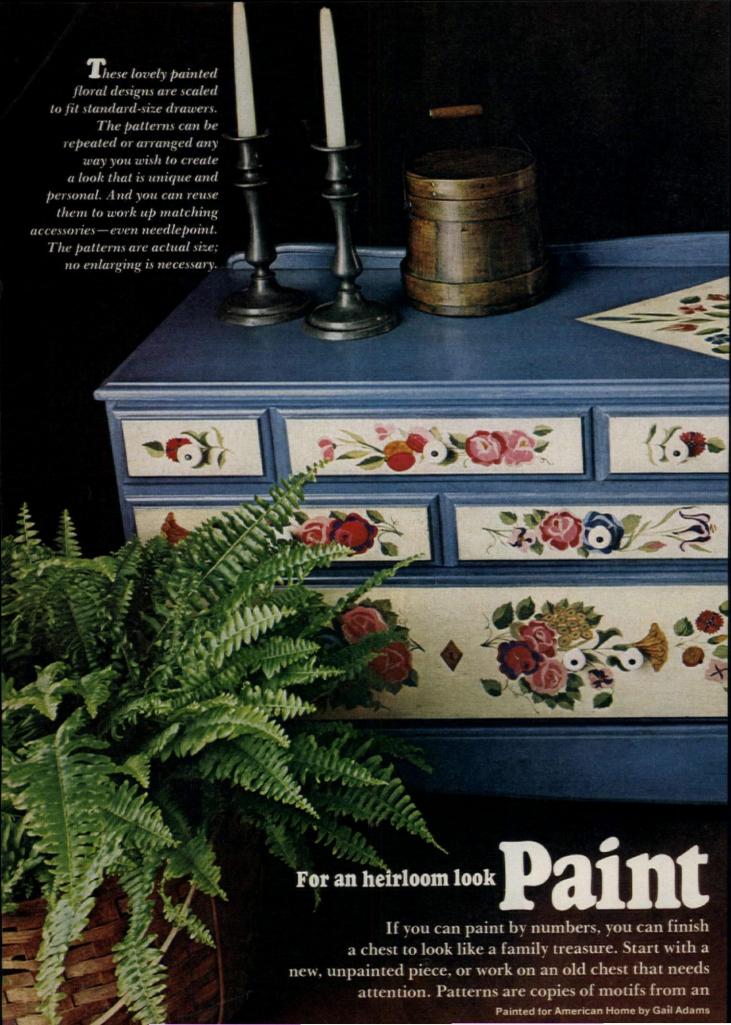
ere's what to do if you have a picture window that fills your room with precious daylight but at the same time exposes you to your neighbors. A row of ready-made movable louver shutters (which can be painted, stained in wood tones or left natural) across the bottom half of the windows provides the privacy you want. A deep, softly shirred printed cotton valance plus matching curtains, hung from the ceiling, will heighten the look of the room. Since the shutters fold back, you have complete access when you need to open windows. Adjustable louvers let you control ventilation as well as light.

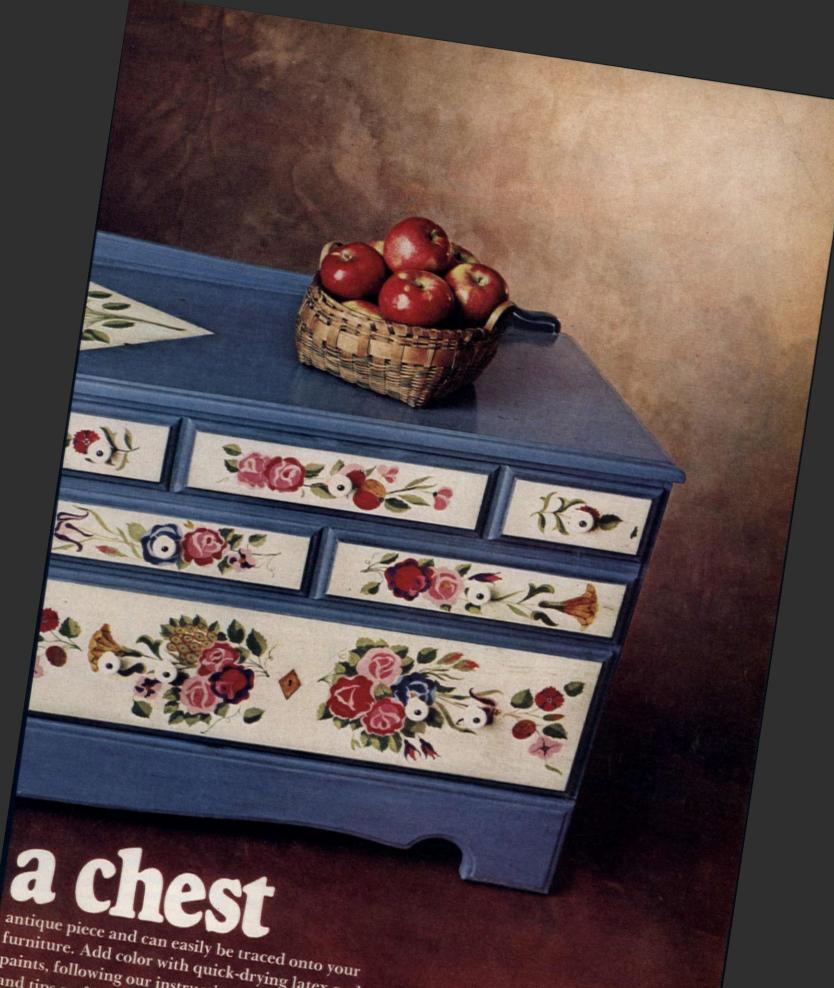


You can give this type of window stature and importance by filling out the wall space on either side of it. A double-tier treatment of ready-made sheer cafe curtains creates the look of three windows where only one exists. For a softening effect, swag a pretty patchwork-print fabric from a painted wood pole—off to one side of the window.



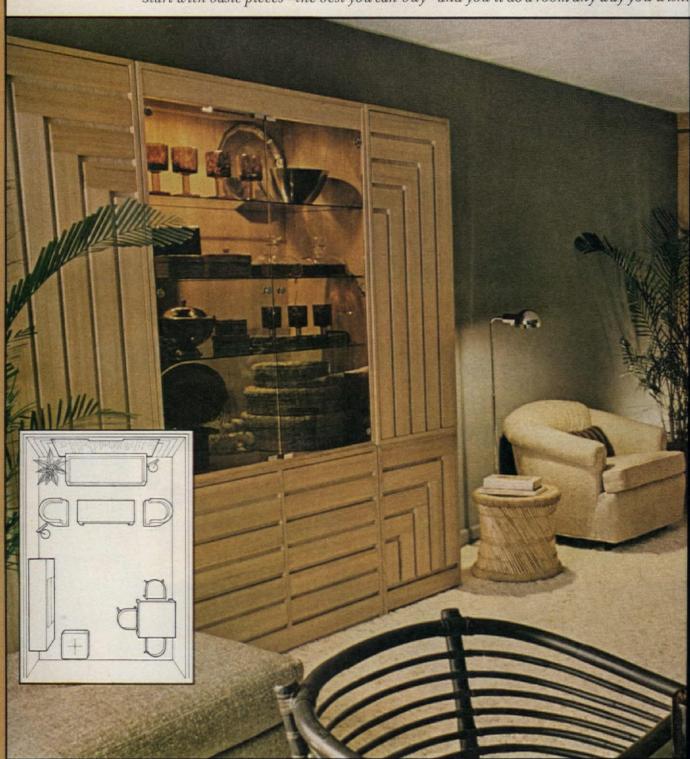






furniture. Add color with quick-drying latex and acrylic paints, following our instructions. To order patterns, how-tos and tips on furniture refinishing, see coupon, page 80 Michael O'Neill

## ONE LIVING ROOM Start with basic pieces—the best you can buy—and you'll do a room any way you wish.

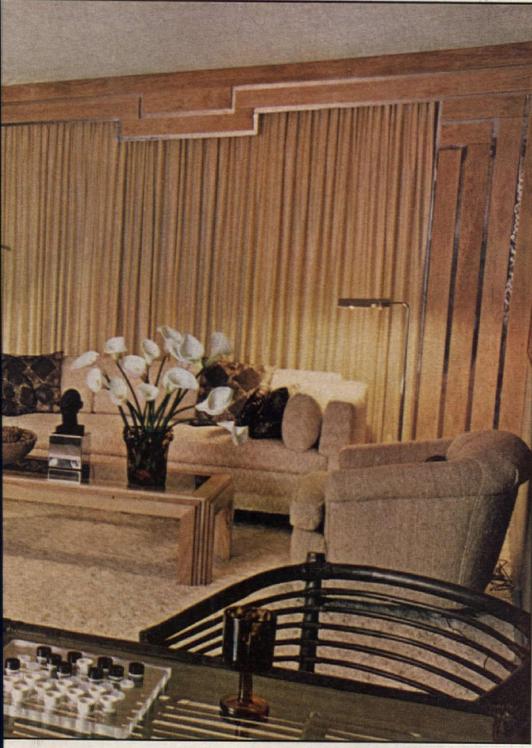


The look is pure serenity in this mond chromatic room where decorating began with the very best-quality, most simpl

styled upholstered pieces. An inviting loose-pillow-back sofa, softly rounded tub chairs and versatile overscaled ottoman form the basics. Color and pattern, too, are basic-

### THREE WAYS

The possibilities are endless. We show three on these six pages.



Pale blond tones of storage unit and coffee table echo the era of Art Deco, a motif carried through in the window treatment. This pale wood set off by pewter lacquer walls, rough-textured baskets, a nutbrown rattan game table and chairs creates an immensely inviting room.

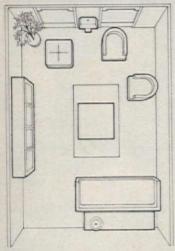
eamy beige into taupe, and texture rather than bold pattern.
ou'll stretch your decorating dollar a long way with a careful initial investment
the basics, since neither their form nor function will be obsolete in a few
ars. Turn the pages to see the marvelous versatility of these pieces in two additional,
tally different settings created in the same 12-by-18-foot living room.

ustrations by Adolf Brotman



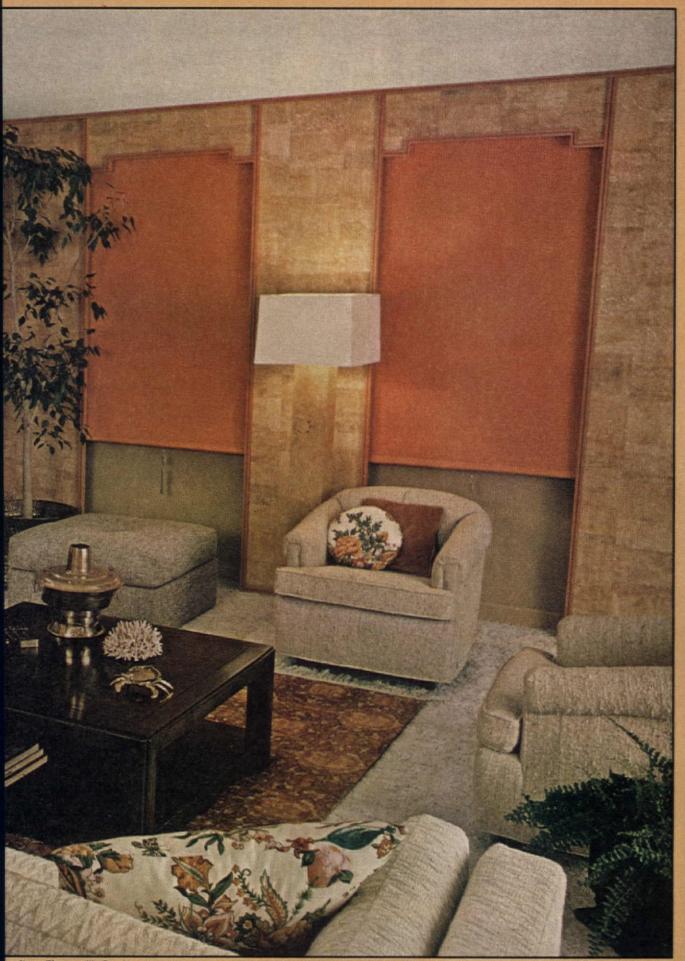


### **Oriental**



Eastern overtones, still another variation from sleek to country, infuse this same room. The neutral-hued basics are elegant standouts against brilliant kumquat background. Deep ebony wood tones in a new Oriental-inspired group of wood pieces add a rich balance to the light, bright coloring. Camel-toned cork wallpaper framed in strips of orange lacquer molding create an exciting window wall, when combined with solid-colored window shades. The sofa is placed to face the windows, giving an illusion of openness and easy access to the outdoors that is so characteristic of Oriental design. All three room settings were designed by Cathy Erb, senior interior designer for the Armstrong Cork Co., in conjunction with the interior design staff of American Home.



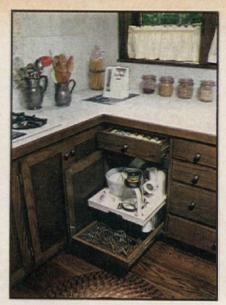


urniture, Thomasville Furniture Industries, Inc., and Founders Furniture Carpets and ceiling, Armstrong Cork Co. Shopping Information, page 79

# A live-in kitchen

Diane and Paul Ortner made their California kitchen more than a meal center—it's the hub of their home.

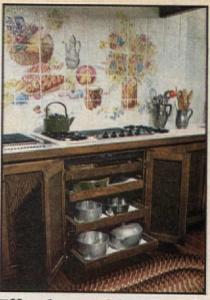




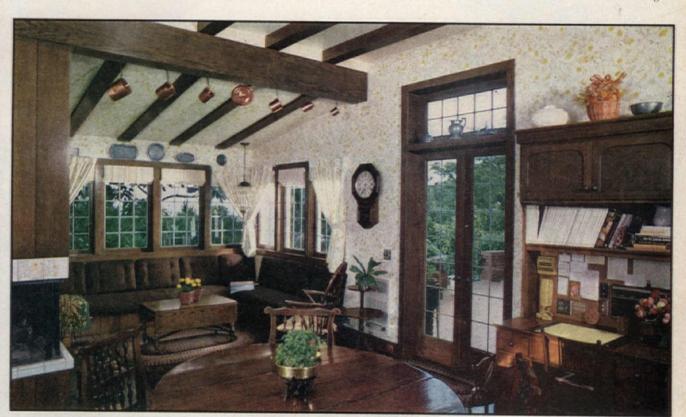
**Practical cabinets** provide instant organization. The specially designed pullout shelves store Ronson Food Center accessories for easy use.



**Extra phone** in the food preparation island lets Diane call the supermarket or conduct interior design business without leaving kitchen.



Effortless cooking comes easy with up-to-date built-in appliances—gas cooktop, griddle and indoor grill—and convenient cookware storage.



### It's big, beautiful, convenient.

The original kitchen of the Ortners' huge 1916 house near coastal California was typical of its time. Five separate areas included the kitchen proper, large pantry, servants' sitting room, butler's pantry (those were the days . . .) and back porch. To update this outmoded layout, kitchen designer Janean consolidated rooms into one flowing, functional space. Varying ceiling heights define the new areas geared to contemporary living. Built-ins and recessed storage areas fulfill new John Zimmerman/Shopping Information, page 79

needs to conceal modern electrical equipment and kitchen necessities. Even the telephone is tucked away—in a drawer in Diane Ortner's very own mini-office, a kitchen must for good home management. Braided rugs, floral wallpaper, copper and pewter utensils and wood cabinetry modify the modernization with the warmth of traditionalism. Addition of a fireplace further enhances the charm of a former pantry that now doubles as family dining room and children's playroom (above).



In saucepan cook cornmeal in 1½ cups water until thickened, stirring constantly. Remove from heat. Stir in potatoes, molasses, butter, salt, caraway. Cool. In large mixing bowl, dissolve yeast in ½ cup warm water; stir in sugar and cornmeal mixture.



In another bowl combine flours. Insert dough hooks into mixer. Add 1 cup flour to yeast mixture; beat on medium speed. Gradually add 2 cups flour, running mixer constantly. Reduce speed to low; gradually add 1 cup flour. Dough will be sticky.



Stir in 1 cup flour to make a firm dough. Turn out onto well-floured board; gradually knead in 1-1½ cups flour, a few tablespoons at a time. Continue to knead until dough is smooth and elastic (5 to 10 minutes). Dust with all-purpose flour if sticky.





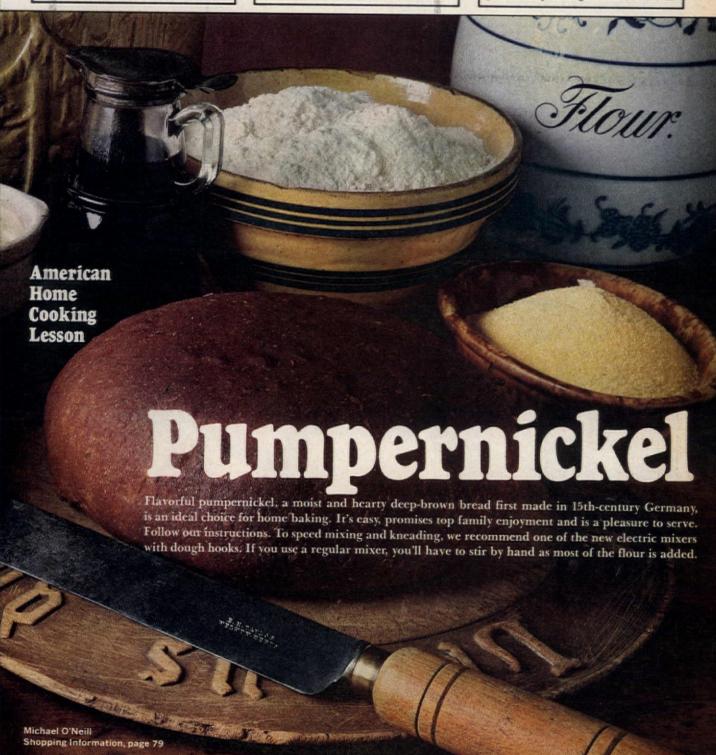
Shape dough into a ball. Put into greased, large bowl; turn bottom side up. Cover. Let rise in warm place (85°), free from draft, 1½ hours or until doubled in bulk. Punch dough down; turn over. Cover. Let rise 40 minutes or until doubled in bulk.



Punch dough down; turn out onto floured board. Cover; let rest 10 minutes. Grease large baking sheet. Divide dough in half; shape each half into round ball. Place each on opposite corners of baking sheet. Cover. Let rise 30 minutes or until doubled.



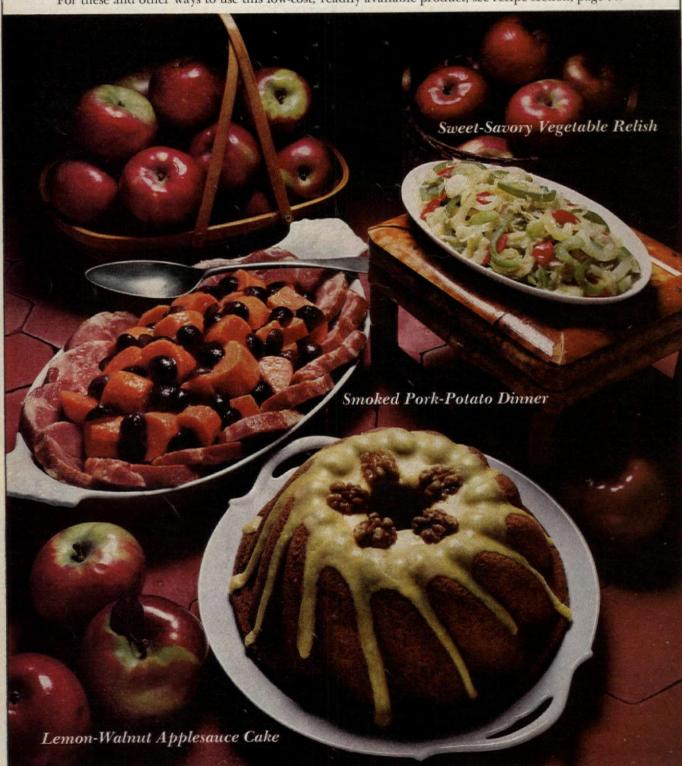
Heat oven to 375°. Bake 50 minutes or until loaves sound hollow when lightly tapped with fingertip or wooden spoon. Remove from baking sheet. Brush with softened butter or margarine. Cool on wire racks. Wrap in plastic wrap or bags. Makes 2 loaves.



Take a jar of

## Applesauce

Brighten your autumn table with polished apples plus delectable dishes based on time-saving processed applesauce. It adds fruity zest to a variety of foods. In our savory relish it mellows the vegetable marinade; in the pork-potato dinner it's the basis of the sauce in which all flavors blend while baking; and for moistness, texture and flavor, applesauce is a must in our lemon-walnut cake. For these and other ways to use this low-cost, readily available product, see recipe section, page 70.





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Varning: The Surgeon General Has Determined hat Cigarette Smoking Is Dangerous to Your Health.

Regular: 17 mg." tar," 1.0 mg.nicotine—Menthol: 17 mg." tar," 1.1 mg.nicotine av.per cigarette, FTC Report April '75

### This month's American Home recipes

Key to nutrition ratings

To assist you in meal planning, each of our recipes lists not only the number of servings, but also the calorie (cal.), protein (P.), fat (F.) and carbohydrate (C.) content one serving provides. A recipe will also be designated a vitamin source if a serving supplies 20 percent or more of the recommended daily allowance.

#### Slow Cookers continued from page 32

Meat Rolls with Brussels Sprouts

(pictured on page 32) Makes 6 servings. Each serving: 359 cal.; 37.9 gms. P.; 11.9 gms. F.; 25 gms. C. Source of thiamine, riboflavin and niacin.

1/2 pound ground veal

2 large eggs

1/2 cup packaged bread crumbs

1/4 cup chopped onion

1 clove of garlic, finely chopped Salt

1/4 teaspoon pepper

1/4 teaspoon dried sage leaves, crumbled

teaspoon dried thyme leaves, crumbled

1/4 teaspoon ground nutmeg

11/2 pounds round steak, cut 1/4 or 1/2 inch thick

2 packages (10 ounces each) frozen Brussels sprouts, thawed

1 beef bouillon cube 1/2 cup boiling water

1 to 11/2 tablespoons cornstarch

1 to 11/2 tablespoons water

1. In bowl combine veal, eggs, bread crumbs, onion, garlic, 11/2 teaspoons salt, pepper, sage, thyme and nutmeg until well mixed.

2. Cut 1/4-inch-thick steak crosswise into 6 even pieces. If using 1/2-inchthick round steak, pound to 1/4-inch thickness before cutting. Sprinkle with salt. Spread evenly with veal mixture. Roll steaks, jelly-roll fashion, starting from narrow end; fasten with wooden picks or tie with clean string.

3. Place meat rolls in slow cooker. Add thawed Brussels sprouts. Dissolve bouillon cube in boiling water; pour over meat. Cover; simmer (185° to 210°) 8 to 10 hours or until meat is

tender.

4. Transfer meat rolls and Brussels sprouts to serving dish. Cover to keep warm. Turn slow cooker to high (250° to 325°). Combine cornstarch and water. (Amount of cornstarch and water required for thickening varies according to amount of liquid remaining.) Add cornstarch mixture to liquid in cooker; cook until thick and clear, stirring constantly. Spoon some gravy over meat rolls; serve rest separately.

5. American Home's Suggested Menu: Meat Rolls with Brussels Sprouts

Potato Puffs Waldorf Salad Red Devil's Food Cake **Burgundy Chicken** 

(pictured on page 32) Makes 6 servings. Each serving: 360 cal.; 33.5 gms. P.; 7.9 gms. F.; 34.6 gms. C. Source of thiamine, riboflavin, niacin, vitamins A and C.

8 small new potatoes, washed small white onions, peeled

clove of garlic, finely chopped 1 stewing chicken, about 3 pounds,

Salt

1/4 teaspoon pepper

1/2 pound fresh mushrooms, sliced

1/2 cup boiling water

1 chicken bouillon cube 1/2 cup red burgundy wine

3 to 4 tablespoons cornstarch

3 to 4 tablespoons water

1. With vegetable parer or sharp knife, remove thin strip of skin around the center of each potato. Place potatoes, onions and garlic in slow cooker.

2. Wash chicken; pat dry with paper towels; sprinkle with salt and pepper. Add to cooker; top with mushrooms. 3. Combine boiling water, bouillon cube and 11/2 teaspoons salt; stir to dissolve. Add wine; pour over chicken. Cover; simmer (185° to 210°) 8 to 10 hours or until chicken is cooked and vegetables are tender.

4. Transfer chicken and vegetables to serving platter. Turn slow cooker to high (250° to 325°). Combine cornstarch and water. (Amount of cornstarch and water required for thickening varies according to amount of liquid remaining.) Gradually add cornstarch mixture to liquid in cooker. Cook until thickened, stirring constantly. Pour into sauceboat.

5. American Home's Suggested Menu: Creamed Tomato Soup . Croutons

**Burgundy Chicken** Cloverleaf Rolls • Fruit Salad Chocolate Mousse

Vegetable Beef Soup

(pictured on page 32) Makes 10 servings. Each serving: 308 cal.; 16.3 gms. P.; 24.5 gms. F.; 5.5 gms. C. Source of niacin, vitamins A

11/2 pounds boneless beef chuck or round, cut into 3/4-inch cubes

2 cups chopped green cabbage 1½ cups sliced carrots

1 cup sliced celery

2 small zucchini, sliced

1/2 cup chopped onion (1 medium)

1/2 cup chopped parsley

1 clove of garlic, finely chopped

2 tablespoons salt

1/2 teaspoon pepper

6 cups water 1 teaspoon liquid seasoning

1. In slow cooker combine cubed meat, cabbage, carrots, celery, zucchini, onion, parsley, garlic, salt, pepper and water. Cover, simmer (185° to 210°) 6 to 8 hours or until meat is tender.

2. Turn slow cooker to "Off"; stir in liquid seasoning. Ladle soup into large tureen to serve.

3. American Home's Suggested Menu: Water Biscuits • Caraway Gouda Vegetable Beef Soup Lettuce Rafts • Salad Dressing Banana Spice Cake

Sauerbraten

(pictured on page 32) Makes 10 servings. Each serving: 379 cal.; 37 gms. P.; 22.7 gms. F.; 4.5 gms. C. Source of riboflavin and niacin.

1 beef rump, top or bottom round roast, about 4 pounds

onion, thinly sliced

cup red wine vinegar

cup water

peppercorns 2 bay leaves

11/2 tablespoons salt

1/2 cup chopped carrots 1/2 cup chopped celery

1/2 cup finely crushed gingersnaps, about 9 cookies

1. Place roast in deep glass or ceramic bowl. Combine onion, vinegar, water, peppercorns, bay leaves and salt. Mix well; pour over roast. Turn meat over several times; cover. Refrigerate 2 to 3 days, turning meat twice daily.

2. Place carrots and celery in slow cooker. Transfer meat from bowl to cooker. Drain onions, peppercorns and bay leaves; add to slow cooker with 1/2 cup marinade. Cover; simmer (185° to

210°) 8 to 10 hours or until tender.

3. Turn cooker to "Off." Remove meat to serving platter; slice some; surround with cooked red cabbage, if desired.

Cover to keep warm.

4. Remove peppercorns and bay leaves from broth in slow cooker; discard. Pour broth with vegetables into blender container. Cover and puree. Return to slow cooker; stir in finely crushed gingersnaps. Cover; cook on high (250° to 325°) 10 to 15 minutes or until thick. Serve sauce separately.

5. American Home's Suggested Menu: Sauerbraten

Red Cabbage . Mashed Potatoes Tossed Lettuce Salad Apple Strudel

#### Stuffed Peppers with **Tomato Sauce**

(pictured on page 32) Makes 6 servings. Each serving: 448 cal.; 26 gms. P.; 27 gms. F.; 22.5 gms. C. Source of thiamine, riboflavin, niacin and vitamin C.

6 medium green peppers 11/2 pounds ground chuck

2 large eggs

1 can (103/4 ounces) condensed tomato soup, undiluted

1/3 cup raw long-grain or converted rice

1 small onion, chopped

1 clove of garlic, finely chopped

11/2 teaspoons salt 1/2 teaspoon pepper

1 tablespoon butter or margarine, softened



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The HENTSCHEL Grandfather Clocks brings you its famous quality and craftsmanship in this unique Pre-Cut Kit.

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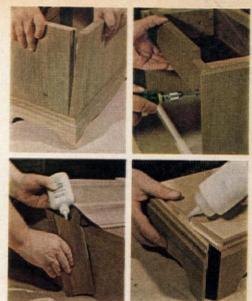
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<ol><li>Corner blocks and other parts pre-drilled and counter-sunk.</li></ol>	Yes	No.
All Hardware Plus all screws included.	Yes	No.
7. Some sub-assemblies stapled for production short-cuts.	No.	Yes
8. Possibility of costly errors in cutting miters.	No.	Yes
<ol> <li>Complete glass kit (including bevelled front door) available for only \$19.95.</li> </ol>	Yes	→ No.
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☐ Model 1000-T Triple Chime Movemer Moving Moon Dial at	nt and
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continued

1 tablespoon all-purpose flour

1. Wash peppers; cut slice off tops; re-

move seeds and membranes.

2. In bowl combine ground chuck, eggs, 1/4 cup tomato soup (reserve remainder), rice, onion, garlic, salt and pepper. Mix thoroughly. Spoon meat mixture evenly into peppers. Stand peppers up in slow cooker. Pour reserved tomato soup over peppers. Cover; simmer (185° to 210°) 8 to 10 hours or until meat is cooked and peppers are tender.

3. Turn slow cooker to high (250° to 325°). Transfer peppers to serving dish. Cover with aluminum foil to keep warm. Mix butter or margarine with flour. Add to gravy, a small amount at a time. Cook until thickened, stirring constantly. Serve sauce with peppers.

4. American Home's Suggested Menu: Fruit Cocktail

Stuffed Peppers with Tomato Sauce Crescent Rolls • Crisp Spinach Salad Coconut Cream Pie

> **Creamed Lamb with** Vegetables

Makes 6 servings. Each serving: 634 cal.; 26.8 gms. P.; 49.6 gms. F.; 14.6 gms. C. Source of vitamin A, thiamine, riboflavin and niacin.

2 pounds boneless lamb shoulder, cut into 1/2-inch-thick strips

package (10 ounces) frozen mixed vegetables, thawed

1 can (101/2 ounces) condensed cream of celery soup, undiluted

1 cup coarsely chopped onion (1 large)

1/4 cup dry sherry

21/2 teaspoons salt

1/4 teaspoon pepper

2 tablespoons butter or margarine, softened

2 tablespoons all-purpose

1 cup dairy sour cream

1. In slow cooker combine lamb strips, thawed vegetables, soup, onion, sherry, salt and pepper. Cover; simmer (185° to 210°) 6 to 8 hours or until meat is

2. Turn slow cooker to high (250° to 325°). Mix softened butter or margarine and flour. Add to lamb mixture, a small amount at a time, stirring constantly until thickened. Cover; cook 15 minutes.

3. Turn slow cooker to "Off." Stir in sour cream. Serve mixture over hot buttered noodles, if desired,

4. American Home's Suggested Menu: Celery Sticks . Garlie Dip Creamed Lamb with Vegetables Buttered Noodles • Romaine Salad Lemon Filled Cream Puffs

#### Split Pea Soup with **Smoked Pork**

Makes 12 servings. Each serving: 356 cal.; 20.9 gms. P.; 19.5 gms. F.; 24 gms. C. Source of thiamine.

1 package (16 ounces) quick cooking green split peas, rinsed, drained 5 cups water

1 can (101/2 ounces) condensed beef broth, undiluted

1 teaspoon salt

1/4 teaspoon pepper

1 bay leaf

1 smoked pork shoulder butt, about 11/2 pounds

1. In slow cooker combine peas, water, beef broth, salt, pepper, bay leaf and smoked pork butt. Cover; simmer (185° to 210°) 8 to 10 hours or until peas are cooked.

2. Remove pork butt from slow cooker to cutting board. Cover with aluminum foil to keep warm. Discard bay leaf. Pour soup into blender container, a few cups at a time. Cover. Blend until smooth; pour into soup tureen. Repeat with remaining soup. Cut pork into ½-inch cubes; add to soup. Serve.

3. American Home's Suggested Menu: Split Pea Soup with Smoked Pork Sesame Crackers with Buttery Flavor Marinated Vegetable Salad Orange Sponge Cake

Veal and Eggplant

Makes 6 servings. Each serving: 437 cal.; 52.6 gms. P.; 17.7 gms. F.; 12.6 gms. C. Source of thiamine, riboflavin, niacin and vitamin C.

2 pounds boneless veal shoulder, cut into 2-inch pieces

21/2 teaspoons salt

1/2 teaspoon pepper

1/4 teaspoon dried oregano leaves

1 clove of garlic, finely chopped

2 tomatoes, 1/2 pound each, coarsely chopped

1 eggplant, about 1 pound, cut crosswise into 1/2-inch slices

1 onion, thinly sliced 1/3 cup white wine

3 tablespoons butter or margarine, softened

3 tablespoons all-purpose flour

1. Sprinkle veal with salt, pepper, oregano and garlic.

2. In slow cooker alternately layer half of veal pieces, chopped tomato, eggplant and onion slices; repeat. Add wine. Cover; simmer (185° to 210°) 8 to 10 hours or until meat is tender and vegetables are cooked.

3. Turn slow cooker to high (250° to 325°). Remove meat and vegetables to serving platter; cover with aluminum foil to keep warm. Mix softened butter or margarine and flour. Add to broth in slow cooker, a small amount at a time. Cook until thickened, stirring constantly. Pour some gravy over veal, serve remainder separately.

4. American Home's Suggested Menu: Veal and Eggplant

Kasha (Buckwheat Groats) Avocado and Mushroom Salad Cream Filled Eclairs

#### Applesauce

continued from page 68

#### Sweet-Savory Vegetable Relish

(pictured on page 68) Makes 4 cups or 8 servings. Each serving: 64 cal.; 1 gm. P.; 1.8 gms. F.; 12.4 gms. C. Source of vitamin C

1 tablespoon pure vegetable oil 1 cup sliced onion (1 large) 1 cup slivered green pepper

1 cup sliced celery

1 can (8 ounces) applesauce (1 cup)

1/4 cup salad or cider vinegar

1 can (14 to 16 ounces) sauerkraut, rinsed and drained well

1/2 teaspoon salt

1/4 cup diagonally diced pimiento

1. In saucepan heat oil. Add onion, green pepper and celery. Sauté 2 minutes, stirring frequently. Stir in applesauce, vinegar, sauerkraut, salt and pi-

2. Spoon into refrigerator container or jar. Cover. Refrigerate until cold and flavors blend. Keeps well up to several weeks. Drain before serving.

3. American Home's Suggested Menu: Boiled Knackwurst

Macaroni and Cheese Dinner Sweet-Savory Vegetable Relish Ice Cream • Vanilla Wafers

#### Smoked Pork-Potato Dinner

(pictured on page 68)

Makes 10 servings. Each serving: 687 cal.; 28 gms. P.; 46 gms. F.; 38.8 gms. C. Source of thiamine, riboflavin, vitamins A and C.

1 smoked pork shoulder butt, about 3 pounds

pounds sweet potatoes

1 jar or can (15 or 16 ounces) applesauce

1/4 cup light brown sugar, firmly packed

1/4 cup soy sauce

1 tablespoon cornstarch

3 tablespoons catsup

1/2 teaspoon ground ginger

½ pound red grapes, halved, seeded 1. In kettle bring pork and 2 inches water to boiling. Cover. Cook over low heat 1 hour. Pare potatoes; cut into 11/2-inch chunks.

2. Add potatoes to pork. Continue to cook until pork and potatoes are tender. (To do ahead, refrigerate at this point.) Remove pork to cutting board with fork.

3. In saucepan combine applesauce, brown sugar, soy sauce, cornstarch, cat-sup and ginger. Bring to boiling. Stir in 2 tablespoons pork cooking liquid. Cook until sauce is slightly thickened. Remove from heat.

4. Heat oven to 375°. Cut pork into 1/2-inch slices. Arrange around edge of 2-quart oval or 13x9x2-inch baking dish. With slotted spoon remove sweet potatoes to saucepan with sauce. Add grapes. Toss. Spoon into center of dish. Bake 20 minutes or until hot and bub-

5. American Home's Suggested Menu: Smoked Pork-Potato Dinner

Mixed Green Salad Buttered Corn Muffins Caramel Flan

#### Lemon Walnut Applesauce Cake

(pictured on page 68) Makes 12 servings. Each serving: 359 cal.; 8 gms. P.; 13 gms. F.; 54 gms. C. Source of thiamine.

1 package (181/2 to 19 ounces) vellow cake mix

2 large eggs

1 jar or can (15 or 16 ounces) applesauce

Inflation Presents The Dumpling



Bisquick Chicken Fricassee with Herb Dumplings. It's a rich, old-fashioned Sunday dinner that also happens to be a thrifty 1975 meal idea.

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Hello, chicken and dumplings. Your time has come again.

#### Bisquick Chicken Fricassee with Herb Dumplings

1 cup Bisquick baking mix

2 teaspoons salt

1 teaspoon paprika

1/8 teaspoon pepper

21/2-pound broiler-fryer chicken, cut up

3 tablespoons shortening

1 can (1034 ounces) cream of chicken soup

11/2 cups milk

Herb Dumplings

1/2 teaspoon parsley flakes

1/4 teaspoon poultry seasoning

Mix baking mix, salt, paprika and pepper; coat chicken. Brown in shortening in large skillet. Remove chicken; drain fat. Mix soup and milk in skillet. Add chicken. Cover; heat to boiling. Cook over low heat about 45 minutes or until chicken is tender.

For Herb Dumplings, prepare Dumplings as directed on Bisquick box exceptadd parsley and poultry seasoning.

4 servings

Bisquick Beef Stew with Corn Dumplings

1/4 cup Bisquick baking mix

1/4 teaspoon salt

1/8 teaspoon pepper

1/8 teaspoon paprika

pound beef stew meat, cubed

2 tablespoons shortening

small onion, chopped

small clove garlic, finely

chopped

medium tomato.

chopped

2 large carrots, sliced

2 cups water ½ teaspoon Worcestershire

sauce 1 teaspoon salt

1/8 teaspoon pepper

Corn Dumplings

3/4 cup whole kernel corn,

drained

1 tablespoon chopped onion

Mix baking mix, 1/4 tea-spoon salt, 1/8 teaspoon pepper and the paprika; coat meat. Brown meat in shortening in large

skillet. Add onion and

garlic; cook and stir until onion is tender. Add tomato, carrots and water. Cover; cook over low heat 11/2 to 2 hours or until meat is tender, adding more water if necessary. Stir in Worcestershire sauce, I teaspoon salt and 1/8 teaspoon pepper.

For Corn Dumplings, prepare Dumplings as directed on Bisquick box except -add corn and 1 tablespoon chopped onion. 4 servings.

Bisquick Beef & Cabbage Stew with Dumplings

1 pound ground beef

2 medium onions, thinly sliced

11/2 cups coarsely chopped cabbage

½ cup chopped celery 1 can (16 ounces)

stewed tomatoes

1 can (151/2 ounces)

kidney beans 1 cup water

1 teaspoon salt 1/4 teaspoon pepper

1 to 2 teaspoons chili powder

Dumplings

Brown beef in Dutch oven; drain. Add onions, cabbage and celery; cook and stir until light brown. Stir in tomatoes, beans, water and seasonings. Heat to boiling; reduce heat. Prepare Dumplings as directed on Bisquick

box. 4 to 6 servings.

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tree and will grow up to 60 feet. (shipped
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(acer rubrum)
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most beautiful of all
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fall of the year, it
has another excellent
trait — it is an extremely fast grower.
It is very easily
transplanted and
many experts agree it many experts agree it will grow practically anywhere in the U.S.A. Grows to 60 feet. (shipped at 5 to 7 feet).



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continued

1 tablespoon grated lemon peel

cup finely chopped walnuts

cup regular wheat germ

3 tablespoons lemon juice 1/2 cup confectioners' sugar 1 drop yellow food coloring

1. Heat oven to 350°. Grease and flour 10-inch mold or 12-cup Bundt pan. In large bowl combine cake mix, eggs,

applesauce and lemon peel.

2. Beat on low speed of mixer just until mixed. Beat on high speed until batter is smooth and fluffy. With spoon stir in walnuts, wheat germ and 2 tablespoons lemon juice.

3. Pour batter into prepared mold or pan. Bake 1 hour or until cake springs back when lightly touched with fingertip. Cool in pan on wire rack 15 minutes. Loosen cake around sides of pan. Place rack over cake. Unmold. Cool completely.

4. In small bowl mix remaining 1 tablespoon lemon juice, confectioners' sugar and yellow food coloring until smooth and of a spoonable consistency. If too thick, add water, a drop at a time. Place cake on serving plate. Drizzle icing over top of cake. Garnish with walnut halves, if desired.

5. American Home's Suggested Menu: Paprika Veal Goulash Peas • Wide Egg Noodles Green Pepper Coleslaw Lemon Walnut Applesauce Cake

**Apple Cinnamon Doughnuts** 

Makes 11/2 dozen. Each doughnut: 173 cal.; 3.4 gms. P.; 4.6 gms. F.; 29.4 gms.

3 to 31/2 cups unsifted all-purpose flour

1/4 cup instant nonfat dry milk

1/4 cup sugar

11/4 teaspoons salt

1 package active dry yeast

cup butter or margarine, softened 1 large egg

1 cup very warm water (120° to 130°)

1 jar or can (15 or 16 ounces) applesauce

2 tablespoons cornstarch

1 tablespoon sugar

1 teaspoon ground cinnamon

Fat or oil for frying

1. In large bowl combine 1 cup flour, dry milk, 1/4 cup sugar, 1 teaspoon salt and undissolved yeast.

2. With mixer on low speed beat in butter or margarine, egg and water. Beat on medium speed 2 minutes, scraping side of bowl often.

3. Add 3/4 cup more flour. Beat 2 more minutes. Remove beaters. With spoon stir in enough flour until a soft dough

forms, about 1 cup.

4. Turn dough out onto floured surface. Gradually knead in remaining flour, a few tablespoons at a time. Continue to knead until dough is smooth and elastic.

5. Put dough into greased bowl; turn over to bring greased side up. Cover bowl with damp towel. Let rise in warm place (85°), free from draft, about 45 minutes or until doubled in bulk

6. While dough rises, prepare filling. In saucepan combine applesauce, cornstarch, I tablespoon sugar and cinnamon. Bring to boiling over medium RENT YOUR NEXT PARTY!

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heat, stirring constantly. Cook until thickened. Remove from heat. Chill.

7. Punch dough down. With floured rolling pin roll dough to circle 3/16 inch thick. If dough is difficult to roll, let rest 2 minutes. Cut rounds with floured 3-inch cutter. Transfer each to floured baking sheet or tray. Gather dough scraps; reroll and cut. Let rise 30 minutes or until doubled in bulk. 8. In large saucepan heat 1 inch fat or

oil to 375°. With wide spatula, lower a few doughnuts into hot fat. Fry until golden brown, turning once. Drain on

paper towels.

9. When cool, make a deep slit with tip of knife in side of each doughnut. Put applesauce filling in pastry bag, or wax paper cone, with plain tip. Pipe through slit into doughnut to fill. Roll filled doughnut in a cinnamon-sugar mixture, if desired.

10. American Home's Suggested Menu: Chili Beef

> Avocado-Tomato Salad Crisp Corn Tortillas **Apple Cinnamon Doughnuts**

#### **Raisin Curried Chicken**

Makes 6 servings. Each serving: 461 cal.; 31.8 gms. P.; 14.5 gms. F.; 49.9 gms. C. Source of vitamin A, riboflavin and niacin.

1 tablespoon pure vegetable oil

1 clove of garlic, crushed

tablespoon curry powder

can (101/2 ounces) condensed cream of onion soup, undiluted

jar or can (15 to 16 ounces) applesauce

1/2 cup seedless raisins

1/4 cup drained, chopped chutney

1 tablespoon lime juice

1 broiler-fryer chicken, about 3 pounds, cut into serving pieces

1. In large saucepan heat oil. Add garlic and curry powder. Cook 1 minute. Stir in soup, applesauce, raisins, chutney and lime juice. Cover. Cook over low heat 30 minutes, stirring occasion-

2. While sauce simmers, rinse chicken. Pat dry with paper towels. Place chicken, skin side down, on broiler rack over pan. Broil 20 minutes. Turn. Broil 15 minutes more or until golden and fork

3. Arrange chicken on serving platter. Spoon some curry sauce over pieces; serve rest separately.

4. American Home's Suggested Menu:

Raisin Curried Chicken Hot Fluffy Rice Braised Celery with Carrots Banana Rum Charlotte

#### **Sunshine Salad**

Makes 6 servings. Each serving: 292 cal.; 2 gms. P.; 18.5 gms. F.; 33.6 gms. C. Source of vitamin C

1/3 cup pure vegetable oil

1/4 cup lemon juice

1/4 cup light corn syrup

1 teaspoon salt

1/2 can (8 ounces) applesauce (1/2 cup)

2 navel oranges

1 large grapefruit

1 large avocado **Iceberg lettuce leaves** 

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. In bowl mix oil, lemon juice, corn yrup, salt and applesauce. Chill until

erving time.

. Just before serving, peel and section ranges and grapefruit. Peel, halve and it avocado; cut into slices. Line servng plate with lettuce leaves; arrange itrus segments and avocado slices. poon some applesauce dressing over alad; serve rest separately.

American Home's Suggested Menu:

Baked Fish Sticks Stewed Tomatoes . Lima Beans

Sunshine Salad Mincemeat Pie

#### **Braised Red Cabbage**

Takes 10 servings. Each serving: 120 al.; 2.6 gms. P.; 4.8 gms. F.; 19 gms. . Source of vitamin C.

large head red cabbage, about 3

cup butter or margarine jar or can (15 or 16 ounces) applesauce

½ teaspoons salt cup red wine vinegar

Cut cabbage in half; remove and scard core. Wash; drain. Cut into 1/2ch slices. In kettle melt butter or marrine over low heat. Add shredded abbage. Sauté 5 minutes, stirring occa-

Stir in applesauce, salt and vinegar. over. Cook over low heat, 11/2 hours, irring occasionally. Spoon into serv-

g dish.

American Home's Suggested Menu: Yankee Pot Roast **Braised Red Cabbage** Potato Pancakes Cherry Chocolate Torte

#### Spiced Prune Bar Cookies

akes 35 cookies. Each cookie: 98 cal.; gm. P.; 3.3 gms. F.; 16.7 gms. C.

cup butter or margarine cup sugar

large egg can (8 ounces) applesauce (1 cup) cups unsifted all-purpose flour teaspoon baking powder

teaspoon baking soda teaspoon ground cinnamon teaspoon ground cloves

teaspoon ground nutmeg teaspoon salt

cup diced pitted prunes cup flaked coconut

In large bowl beat butter or marrine and sugar until well mixed. Beat egg. Add applesauce, flour, baking wder, soda, spices and salt. Beat un-

fluffy.

Heat oven to 375°. With spoon stir unes into batter. Grease and flour x9x2-inch baking pan. Turn batter o pan; spread evenly. Sprinkle cocot on top. Bake 25 minutes or until ne. Cool on wire rack. Cut into bars.

American Home's Suggested Menu: Lentil and Polish Sausage Soup Cauliflower Salad on Lettuce

Cracked Wheat Bread Spiced Prune Bar Cookies

ALL RECIPES TASTE-TESTED IN AMERICAN HOME KITCHENS

# Shopping Information

Merchandise listed is available in leading department and specialty stores. Items not mentioned may be privately owned or custom made-or one-of-a-kind antiques.

#### ONE LIVING ROOM—THREE WAYS

Pages 58-59: Glass-topped card table, armchairs, "Rattan" in tobacco finish, wall units, cocktail table, "Patterns 36," Founders, Thomasville Furniture Industries, Inc., Thomasville, N.C.; chrome floor lamps, Casella Lighting, San Francisco, Calif.; drapery fabric, "Sungleam" in Champagne, Lanscot-Arlen, Inc., New York, N.Y.; pillow fabric, "Grand Bassam" from the Native Beat collection, Bloomcraft, Inc., New York, N.Y. Bloomcraft, Inc., New York, N.Y.

Pages 60-61: Fabric on walls, tablecloth, "Florentine"; drapery fabric, "Ar-no," Bloomcraft, Inc., New York, N.Y.; pillow fabric, "Monmouth Check," F. Schumacher & Co., New York, N.Y.; "La Galerie Provençale," open hutch, side chair, writing table; "Four Corners" steel and brass cocktail table, Thomasville Fur-niture Industries, Inc., Thomasville, N.C.

Pages 62-63: "Tamerlane II" cocktail table, sofa table, end tables and display cabinets in Coromandel finish, Thomasville Furniture Industries, Inc., Thomas-ville, N.C.; "Palace View" area rug from the Queen's Way collection, in Regal Rust, Lancaster Line, Armstrong Cork Co., Lancaster, Pa.; floor lamp, Tyndale, Inc., Gloucester, N.J.; pillow fabric, "Far East," Cohama Decorative Fabrics, New York, N.Y.; cork wallpaper, Armstrong Cork Co., available through Katzenbach & War-ren, New York, N.Y.; Lam-Eze shade kit, Joanna Western Mills Co., Chicago, Ill.

Used throughout: "Biscay" carpeting in Siberian Breeze from Lancaster Line; "Chatham" Armstrong Chandelier ceiling, Armstrong Chandeller celling, Armstrong Cork Co., Lancaster, Pa.; sofa #326-390, upholstery fabric #7038-11M; chairs #385-330, fabric #547-16; otto-man #106-925, fabric #55408K—all, Founders, Thomasville Furniture Indus-tries, Inc., Thomasville, N.C. 27360.

#### A LIVE-IN KITCHEN

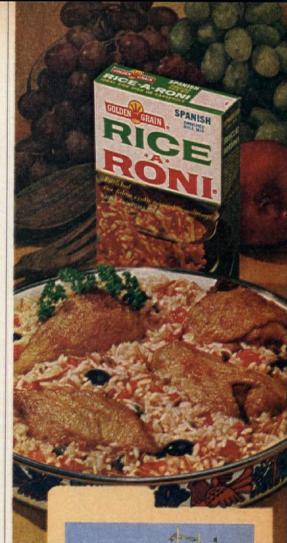
Pages 64-65: Appliances: cooktop, O'Keefe & Merritt, Tappan Appliance Group, Mansfield, Ohio; grill, disposers, Waste King-Universal, Los Angeles, Calif.; wall ovens, microwave oven, warming drawer, Thermador Div., Norris Industries, Los Angeles, Calif.; compactor, In-Sink-Erator Div., Emerson Electric Co., Racine, Wisc.; hot-water dispenser, dish-washer, KitchenAid Div., Hobart Mfg. Co., Troy, Ohio; refrigerator, freezer, Sub-Zero Freezer Co., Inc., Madison, Wisc.; food center, Ronson Corp., Woodbridge, N.J.; wallpaper, "Therese," Brunschwig & Fils, New York, N.Y.

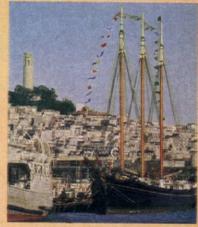
#### PUMPERNICKEL

Pages 66-67: Saucepan, Pantry Arts TM Cookware, No-Stick cookie sheet, The West Bend Co., West Bend, Wisc., Heavy Duty Stand Mixer with dough hooks, General Electric Co., Bridgeport, Conn.

#### TAKE A JAR OF APPLESAUCE

Page 68: "Giraud" cake plate, relish dish, baking dish, Limoges from Mayhew, New York, N.Y.





# **Chicken Dalares** starts with San Francisco's Rice-A-Roni

Brown 1 cut-up frying chicken in 4 Tbsp. oil. Cook slowly until tender. about 45 min. Set aside. Brown 1 pkg. Spanish Rice-A-Roni. Stir in 2 cups hot water, contents of Spanish Seasoning envelope, 1 (1 lb.) can tomatoes, 1 (31/4 oz.) can pitted ripe olives, drained, and a dash Tabasco. Arrange chicken on top. Cover and simmer 15 min.



# Venita has known a lot of suffering.

Venita is a shy little girl with big, dark eyes. You can see by her wistful expression that she has known much suffering in her short life in India.

She hardly remembers her parents. Her mother was in ill health when Venita was born. She died when Venita was only two years old.

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# Build the butcher block on page 20

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# Patterns on painted chest, pages 56-57

To order the motifs shown here and on cover, fill out coupon and enclose check or money order. You will receive 7 actual-size patterns ready for you to trace, a list of materials you will need, a color key plus instructions. Please allow at least 4 weeks for delivery. Items shipped to Canada are subject to Canadian tariff.

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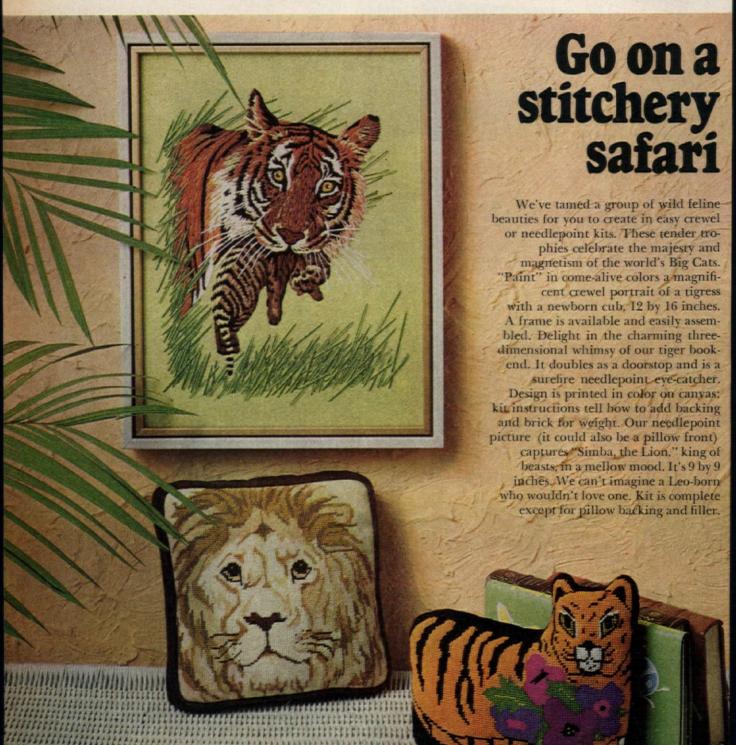
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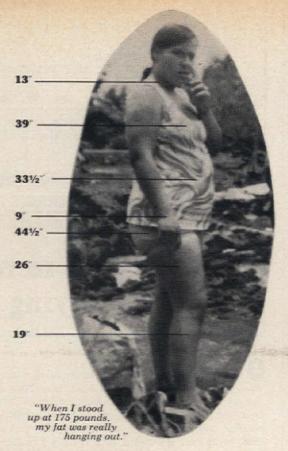
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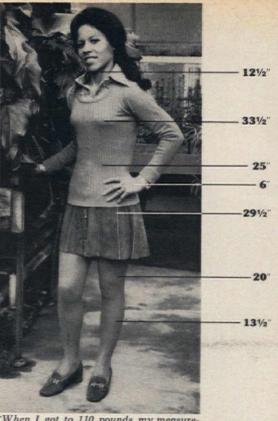
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A loving leopard mother shelters her tiny cub in needlepoint. Both leopard (right) and lion (below) are full color printed on canvas. As a picture, each is 9 by 9 inches. Easyto-assemble walnutfinished frame that fits each creature is available. To use as a pillow, supply your own backing and filler.









"When I got to 110 pounds, my measurements came down. Is my husband proud."

# I left 65 pounds and 47 inches in Hawaii. See!

By Carrie Bilgera - as told to Ruth L. McCarthy

When I look back at pictures of me fat, I sure resembled an Adobo chicken—a plump bird boiled in water, soya, vinegar and garlic; then fried in fat. It's a favorite dish of my husband, José. But it turned me into a 175 pound-five-feet-two bird who had to wear overblouses and Hawaiian Muu Muus.

Now, I was never what you'd call skinny. But it wasn't until after my second child was born that my fat really began to bother José. He said: "If you'll lose weight by this time next year, I'll give you \$500 for your anniversary." So I tried all sorts of diet pills, but in the end I gained even more.

We lived in Hawaii, then, where José was stationed at the Navy Base. We had lots of friends and we all belonged to bowling teams. We used to gather once a week at the Alley, and the manager, a friend of José, let the teams bring their own "Pot Luck" suppers. How we stuffed ourselves, right up to midnight!

I used to wear an overblouse, hoping it would hide the bulges. But it didn't. Once, one of the men pinched me and said: "Your fat is really hanging out there, Carrie." That's when I decided I'd really better lose some weight.

Fortunately, I'd seen a magazine with pictures of a woman who'd slimmed down on the Ayds plan. So I bought a box of Ayds® Reducing Plan Candy—the chocolate fudge kind—at the drugstore. When I learned they contained no drugs, I was so happy I started on the plan right away. I took one or two Ayds as directed and they actually helped me satisfy my appetite.

One great thing about the Ayds plan. It didn't stop me from "partying." I just took some Ayds with me. When one of José's friends found out, he said: "Carrie, you're never going to lose."

But I was determined to show them all. And I did! Once a week I weighed myself at the same time. Then I'd write my new weight on the chart that comes with the direction folder. No guessing this time.

At the end of the first month, I'd

lost 20 pounds on the Ayds plan. The second month, I was down 10 more. And each month after that, I took off a little more, until I reached 110 pounds and had lost 47 inches.

José just couldn't get over it. He insisted on taking pictures of me in a bikini to send to my family. We wanted to prepare them for the new me, before we left Hawaii to visit them in Virginia. I had to laugh though when they wrote back: "You look like a kid again." Of course, I really don't. But I do know, thanks to the Ayds plan, I've made José the proudest man in the Navy.

#### BEFORE AND AFTER MEASUREMENTS

	Before	
Height	5'21/4"	5'21/4"
Weight	175 lbs	110 lbs.
Neck	13"	121/9"
Bust	$39'' \dots 33^{1/2}'' \dots 44^{1/2}'' \dots$	331/2"
Waist	331/2"	25"
Hips	441/2"	291/2"
Thighs	26"	20"
Calves	19"	131/2"
Wrist	9"	6"
	18-20	
Wrist	9"	6"



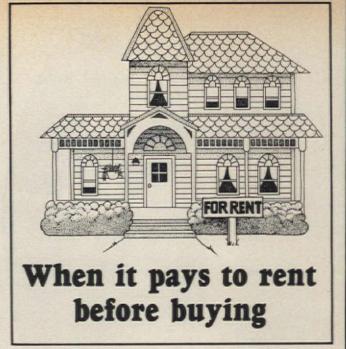
# Building or remodeling? Great new decorating ideas for your home.

Here's a new, colorful 16-page booklet packed with decorating ideas for new homes, remodeling ideas for older homes—using beautiful, practical American Olean ceramic tile.

For just 25¢ you'll see pages of exciting and unusual ways you can use tile to add color, texture, pattern and personality to bathrooms, kitchens, living rooms—all rooms. Or to give a special area—countertop, fireplace—a new look.

And there's a new tile especially for do-it-yourselfers:
Easy-Set™ pregrouted ceramic tile *sheets* and tub wall *kits* for a professional-looking job you can do yourself. For more information and the name of the Easy-Set outlet nearest you, just send the coupon below.





By Mel Mandell

ne evening this past spring, Irene Adams returned from work to the home she rents in a northern New Jersey suburb to discover that all the beautiful lilacs were missing from her garden. The lilac snatcher, it developed, was Mrs. Adams' landlord. This incident illustrates just one of the many problems associated with renting a home—the landlord often doesn't let you forget he is still the owner.

Who rents houses? Basically, there are two main groups: tenants planning eventually to buy the house, and tenants who truly are just interested in renting.

There are certain obvious advantages to renting with an option to buy. You can really get to know the positive and negative aspects of the house and its surrounding area—the neighbors, schools, shopping facilities—on a first-hand, day-to-day basis. If you're thinking of changing jobs or expect to be transferred, consider renting: What you will save on closing costs (should you buy) and real estate fees (should you decide to move) will cover most of a year's rent. Finally, high mortgage interest rates that may keep you from buying today could drop while you are renting, and you'll be in a position to buy. Conversely, if they don't go down, you won't be saddled with more house than you can handle.

Professional help is essential after you have found the home you want: a building inspector to check the condition of the house, particularly the structure and ventilation system, and a real estate lawyer. While the landlord's lawyer usually draws up the lease, a lawyer should review it on your behalf. (A title search can be delayed until and unless actual transfer of ownership is decided upon.)

Landscaping should be covered in detail in your lease (remember Mrs. Adams). Where gardening costs represent a sizable investment, some landlords arrange for care and upkeep themselves, incorporating the gardener's fees as something extra in each month's rent. There is, however, the risk that your landlord's choice of gardener will not meet your own standards and you will feel that you have to supplement his efforts.

If the landlord is charged with contracting for services, then *he* is the one who must be concerned with possible cases of workmen's compensation if a repairman is injured on the job. Since courts tend to favor the workman, it makes sense for the person responsible to carry liability insurance in case an injury ever occurs. In addition, a tenant should maintain policies covering fire and other damage to possessions, as well as general liability.

The proximity of the landlord often etermines who is responsible for land-caping and repairs. If he is close by, it is no big problem for him to arrange or services. If he has moved far away, he tenant must deal directly with reair services. Some landlords will pay nly for repairs that exceed a fixed ainimum, say \$30. A tenant can let ainor repair jobs accumulate, if it's ot inconvenient, until they add up to nough work to attract a repairman. It this point, the bill is usually well ver \$30, and the difference can be narged to the landlord.

"Set the price beforehand" is sound dvice if you plan to buy the house you ent. But inflation may make it difficult negotiate a price a landlord will conder fair two or three years later. Ome real estate lawyers try to negotate a flexible selling price, one that in rise in proportion to the consumer rice index.

If the landlord's mortgage was writn in the 1960s, there's a good chance carries a low interest rate. Find out you can assume the mortgage; this ill also permit you to avoid some ditional bank fees and mortgage xes.

Another advantage to renting before rying is elimination of a broker's fee now a hefty 7 percent paid when e house is finally sold—even if landed and tenant were brought together itially by a broker. If the rental reement actually includes an option buy, you can still eliminate the oker's fee on grounds that the sale is sed on the tenant's occupancy, not broker's initial efforts.

On the other hand, if you decide not buy the home you rent, make sure ur lease includes a provision giving u primacy with respect to possible e of the house. You don't want the w owner to have the right to evict u. An option to extend your lease is they desirable if you don't plan to y, and should be part of any negotion with the landlord.

Storage of your landlord's possesns in the house or garage may be a ndition of the rental. Make sure he ves you enough room to store your ctive possessions and the lease clearmakes him responsible for his leftninds. (His insurance policy should yer them.)

Make sure, too, that your lease clearstates that the landlord shall be rensible for removing all unwanted unclaimed items *before* you move as well. Otherwise, you will have to it the expense or burden of carting m away.

Check the storm windows and eens. In these days of high heating ts, which are usually borne by the ant, you will need a complete set of d storm windows and doors.

If new storm windows are required, make sure the landlord buys them before you move in, or includes some provision for recompense in the lease in case you have to purchase them. Insulation should also be checked. Experts have just raised their recommendations from a 6-inch to a 9-inch-thick layer of fiber-glass or rock-wool insulation in the attic for northern states. But as insulation isn't effective if wet, check the roof for watertightness.

Exterior painting is usually the landlord's responsibility; maintaining the interior is up to the tenant. If you plan to occupy the dwelling for only a year or two, you won't want to foot a big bill for painting, so inspect the house thoroughly. Check behind paintings, mirrors and draperies, even if walls look properly painted, to determine if only repainting is required. Make your inspection during the day, hopefully a sunny one, so you can see everything clearly. Be suspicious of a freshly painted ceiling in a room whose walls have obviously not been repainted recently. This could indicate possible water damage.

Finally, be aware that even if the dwelling is inspected in broad day-light—by you or a hired professional—chances are, some defect may be overlooked. Question the neighbors; reports of deficiencies travel across fences. And if the house is still occupied while you are looking at it, talk at length with the present tenants.

If you or your children own any pets, be sure the lease gives you permission to keep them. However, the landlord may insist that you agree to take care of any and all damage done by the animals.

The landlord is also likely to insist that any increases in his property taxes be passed on to tenants. Unfortunately, tenants are not eligible for property tax credits on their income-tax returns. (Since tenants usually pay the water bills directly, any increases in the charges for water are therefore assumed directly.)

Despite the most rigorous of inspections and investigations, some problem is almost certain to arise at some point when you live in someone else's home. After all, no house is perfect. That's why it is important to make sure all contingencies are covered in the lease.

A savvy real estate lawyer may charge as much as \$150 to review a lease; that is one charge you shouldn't avoid.



Mr. Mandell, a freelance contributor, has written a number of books including Being Safe (Warner Paperback) and The Handbook of Business and Industrial Security (Prentice-Hall).



### "Feminine Itching Was Making My Life Miserable."

"I was constantly worried about my itching problem. I tried so many things, and nothing really helped. Feminine itching was making my life miserable. Then I saw an ad in the newspaper for Vagisil, a new way to help stop feminine itching. I tried it and it really worked."

Mrs. S. T., Richmond, Virginia

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available without a prescription.

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Booklite (U.S. Patent #3885145). After all, just because he can't sleep doesn't mean someone else can't.

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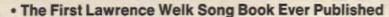
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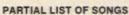
So, on this Special Offer, guaranteed only through the holiday season, it is yours to enjoy and give, for only \$10.95! Remember, this lavish book of 272 pages, with 111 great songs and arrangements — plus SPECIAL BONUS — The Lawrence Welk TV Theme Song and the Album of Lawrence Welk and his TV Family — is yours now at this price. On future printings, the price may rise several dollars because of higher printing and paper costs.

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I've Told Every Little Star
June Is Bustin' Out All Over
Smoke Gets In Your Eyes

The Most Beautiful Girl
in The World
They Didn't Believe Me
Why Was I Born
Greensleeves
America The Beautiful
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Little Green Apples
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in His Hands

Frankie And Johnny
Hush Little Baby
I Want A Girl
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\*Based on a survey of 1,379 Sunsweet users of whom 74% indicated that they drink Sunsweet Prune Juice to help keep regular, among other reasons. Write for more details.

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# Help about the house

SCRAPE OFF VINYL STRIPS

Can you tell me how to remove vinyl wall covering from a gypsum-board wall?

Mrs. Dick McMahon Flandreau, S.D.

If the gypsum board had a coating of paint on it before vinyl was hung, the job will be easy. A scraper made for this purpose will remove the vinyl in long strips, but be careful not to gouge the gypsum board. If vinyl proves stubborn, scratch through the surface with coarse sandpaper and sponge on water to loosen the adhesive underneath.

If the gypsum board was not painted, you probably can't remove the vinyl without also removing the paper that covers the board. Rather than risk ruining your wall, you may want to paint or paper right over existing vinyl.

#### SAND OFF FLICKING PAINT

What can I spray on an old file cabinet to harden its newly spray-painted finish? The paint flicks off at the touch of a fingernail.

> Mrs. Robert Shlens Los Angeles, Calif.

The paint is obviously defective; nothing you can apply will harden and preserve it. You must sand off the finish completely and wash the surface with detergent solution. Then repaint with any alkyd enamel.

#### SASH CORD IS EASILY REPLACED

How do I remove the upper sash of a double-hung window so I can replace a broken cord?

> P. D. Wilson Allenhurst, N.J.

Take out the lower sash and remove the parting strip that separates both sash—a strip that's only wedged into the window frame. Yanking it out with pliers will free the upper sash so you can put in new cord.

#### ROOF MOSS CAN BE REMOVED

How can I get the green mossy film off my shingled roof?

Ray Mitchell Mansfield, Ohio

If the roof is wood, use a stiff brush and then apply pentachlorophenol wood preservative. On asphalt, slate or any other roofing surface, you should apply a solution of ½ ounce sodium arsenite in 10 gallons water after scrubbing off moss.

Be sure to use drop cloths when you work. Both chemicals, available from paint and hardware stores, will kill any plants they drip on.

8

# **American Home Market Place**

Lynn Headley-Editor



The gospel truth

"God is Love." John 1 4:48 Bible quotation is expressed meaningfully on colorful hand-painted pine plaque with a little boy and girl quietly conscious of serene surroundings. Simple. Sweet. Says it all. 51/2" diameter. Ready to hang. \$3.15. Early American catalog with order; otherwise, 50¢. Sturbridge Yankee Workshop, AH1, Sturbridge, MA 01566.



Coffee to go!

Commuter coffee cup lets you take a coffee break right in your car while traveling or on time-consuming stop-and-go trips when minutes are precious. Outer cup adheres to dashboard and houses a plastic mug with spillproof cover and opening for sipping. 3¾" high. \$3.25; 2 for \$6. Bruce Bolind, Dept. AH10, Boulder, CO



Ring in the Bicentennial

Early American wooden bell with a touch of colonial charm houses a tiny brass bell that tinkles sweetly. Of beautiful crafted hardwood, bell has a mellow maple finish. 6". Ideal as a dinner bell, to call the youngsters in from play, or simply display because "you care." \$2.19 each. Miles Kimball, 40 Bond St., Oshkosh, WI 54901.



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Wallet-size photos in color or black and white make ideal gifts, nice to send with holiday cards, etc. Yet are inexpensive! 2½"x 3½" fine studio quality. Color: 20 for \$1.98; 32 for \$2.98. Send color negative, photo or slide. Black and white: 36 for \$1; 76 for \$2. Send photo or negative. Add 30¢ hdlg. Philips Foto, Dept. 10A, Elmsford, NY 10523.



Angelica thimble

Prettily permit this delightful little cherub to guard over your busy stitching finger when you use this adorable thimble for your sewing needs. Made in Spain, it is of lavishly decorated grabado brass. \$2.98. A fine gift! Thimble Collector's catalog, 50¢. Homesewing Catalog, 25¢. The Sewing Corner, Dept. AHE, Whitestone, NY 11357.



"Lace" napkins

These lovely English Devon lace napkins are actually disposable! Linen-like finish makes them perfect for entertaining. In white, scalloped napkins have fine "lace" inserts at each corner. Set of 60 (13½x13½") luncheon or dinner size, \$4.25. Set of 90 cocktail size, \$4.25. Any 2 sets, \$8. Add 50¢ hdlg. Ferry House, Dept. H-105 Briarcliff Manor, NY 10510.

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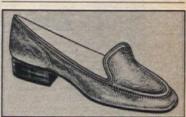
TIEBACK 45", 54", 63" .. 8,50 pr. 72", 81", 90" ..10.50 pr. TIERS 20", 25" ...... 6.00 pr. 20", 36", 40" ... 6.50 pr. Curtains are 90" wide

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Genuine French Limoge Picture Locket with diamond-cut filagree work is finely fashioned in 14K electro-gold-plate. 1½"x2" on matching 24" chain. \$7.95 plus 60¢ hdlg. Braco Assoc., AH10, 55 W. 55th St., New York, NY



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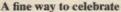
Famous "Drafting The Declaration of Independence," duced on clear film by Corning Glass and sealed on a pearly globe, is dated to mark our bi-centennial. 31/4" high, this treasured tree ornament comes in a 7" glass dome when you simply wish to display it. \$4.98 plus 70¢ hdlg. Vernon, Dept. AOE, 510 S. Fulton, Mt. Vernon, NY 10550.

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Visit "The Magnificent World of Art" via this beautiful color catalog with over 200 reproductions of the world's most famous paintings on textured artist canvas in four popular sizes. Prints available matted, mounted, etc., in variety of frames. 99¢ to \$40. Catalog, 50¢. Lambert Studios, Dept. AM-21, 910 N. La Cienega Blvd., Los Angeles, CA 90069.

Rewarding sampler!

"Grandchildren are God's reward for growing old" is inspiring to cross-stitch on this touching samcross-statch on this touching sampler: Kit: stamped linen, colorful floss, 8½"x16" wood frame in mahogany or maple finish. Or, Children's sampler: "Children are our hope for the future." \$3.95 plus 50¢ hdlg. each kit. Victoria Gifts, 12A Water St., Bryn Mawr, PA 19010.



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"Lord, help me to remember that nothing is going to happen to me today that you and I together can't handle." These inspirational words serve as a fine reminder on an 8"x6" wooden plaque. Full wooden plaque. Full color scroll border. Laminated for permanence. Ready to hang. \$1.98 plus 35¢ hdlg. Cadlyn's, Dept. AL10, 2077 New York Ave., Huntington Station, NY 11746.

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A dependable shoe for gadding about, "Dot" is trim and neat with soft leather uppers and cushioned soft leather uppers and cushioned insoles. Comfy crepe soles for super stepping. 1½" wedge heels. Black, camel, or gold. Sizes: narrow, 6 thru 10; medium, 4 thru 12. \$15.95 plus 90¢ hdlg. Sizes over 10, add \$1. Sofwear Shoes, AH10, 1711 Main, Houston, TX 77002.

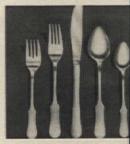
Women on stamps

Inspiring collection of beautiful, genuine postage stamps honors women, past and present. Includes first woman astronaut, Olympics gold medal winner, Joan of Arc, and many others. Also, other stamps to examine free; buy any or none, return balance, cancel service anytime. Plus catalog. Send 10¢. H. E. Harris, Dept. F-3 Boston, MA 02117.

























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**Bicentennial stamps** 

A bicentennial postal souvenir sheet from Upper Volta, in full color, pictures Boston Tea Party block of four surrounded by early U.S. flags. Measures 4"x5". Send 25¢. Also, stamp selections to examine. Buy any or none, return balance, cancel service anytime. Williams Stamp Co., Dept. A5HB, St. Stephen, N.B. Canada.

Pom pom pretty!

Permanent press curtains of cotton and polyester sport cotton pom pom trim. In natural (almost buff) with green or gold braid. 90" wide per pair. 20", 25" long, \$7 a pair. 30", 36", 40" long, \$7.50 a pair. Matching 10x80" valance, \$4.25 each. Add \$1 hdlg. per order. Free catalog. Country Curtains, Dept. AH10, Stockbridge, MA 01262.

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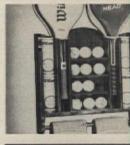
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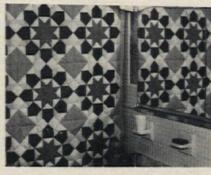
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# LETTERS

#### CREATIVE OUILT CURTAIN

I may have the only shower curtain in existence that's actually a patchwork quilt. (I know, as I write this. that you'll probably get 50 letters from people who say they have the very same thing!) Of course, it has a separate plastic liner and works as well as any other curtain.

My bathroom can be seen from my front hall, and the door seemed to be



open all the time. I finally decided to put something in it that would be attractive to look at. Now I leave the door open on purpose, and my guests invariably notice the quilt curtain at once. "What is that?" they say at first. Then, inevitably, I am asked, "Would you make one for me?" My answer, in case you're wondering, is: "Never again!" My curtain involved four-anda-half months of quilting, but I do love it and feel others might like the idea.

Audrev Reed New Brunswick, N.J.

We like it, we like it!

#### NO "MESSAGES" HERE

I've just ordered a subscription to AH. It's the first time I've spent money on a magazine in 15 years. Let me explain: I used to read the "biggies" (you know the ones I mean), but they had become so out of touch, so full of "messages" and zeal for reform, so far-out and one-sided-so removed from the mainstream of average American life-that I canceled my subscriptions to every one of them. Now when I glance at one in a doctor's office, I see how wise I was, because they seem even more far-out today.

But I happened to pick up a copy of your magazine at my son's music studio and was very favorably impressed. Soon I found myself looking forward to reading each month's issue. So my subscription to your most sensible and useful magazine is not given lightly. Thank you for not trying to mold me into the ideal "Renaissance-liberal" woman. Thanks for no "messages" except for the subjects at hand. Thanks for showing decorating tips that can actually be carried out and not cost ar arm and a leg. Stay as nice as you are (Mrs.) Geraldine Lamboley Tampa, Fla

#### HOUSE PLAN SUCCESS

I think you might enjoy knowing that I built one of the houses featured in AH back in October '60-from the story about architect Royal Barry Wills The gambrel-root house was finished in 1964 and looks as though it has been here 200 years—a lovely design.

I should have written long ago and thanked you for that issue. Maybe isn't too late.

> Mrs. Charles Smith Charleston, N.H.

It's not late at all. Thank you fo sharing your enthusiasm and satisfac tion with us. We are always pleased to hear from readers who have used ou ideas, plans and patterns and are nov enjoying the fruits of their hard worl and enterprise. A catalog of 52 best selling American Home house plan is available for 75 cents.

#### ROSEMALING OBSERVED

I was just enchanted with your June rosemaling cover and the story, pat terns and book about this ancient Nor wegian art. Since July '75 marked th 150th anniversary of the Norsemen' arrival in the United States, your tim ing was excellent. Of course, the Vik ings first got here a thousand year ago, settling a whole village on ou eastern shores, so the Norsemen wh came in 1825 were really late arrivals Mrs. L.A. Hanle

Fort Worth, Tex

We appreciate your sharing a bit of history with us. The response to ou rosemaling story and patterns was over whelming. We're glad you liked them

#### KUDOS FOR SERVICE

The June '75 issue of AH was on of the finest, most informative maga zines I have ever read. When my moth er's subscription runs out, you can b sure I'll start one of my own.

Virginia H. Knauer's "Straight Talk story explained in simple language how to shop for an air conditione Mine rates 4.7 on the EER scaleonly I'd had that article when I put chased it! The fold-down table in you "Guide to a More Livable Kitchen" a great idea-as a draftsman I can ap preciate it. I myself have designed fold-down drawing table that looks lik a mirror-dresser and has a photo di. play on the front.

H. Schachtschneide Edgerton, Wise

Address all letters to the editors to Letters, American Home, 641 Lexing ton Ave., New York, N.Y. 10022.





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