mer

Our big, beautiful HOUSE OF THE YEAR

oday's most livable decorating ideas for your

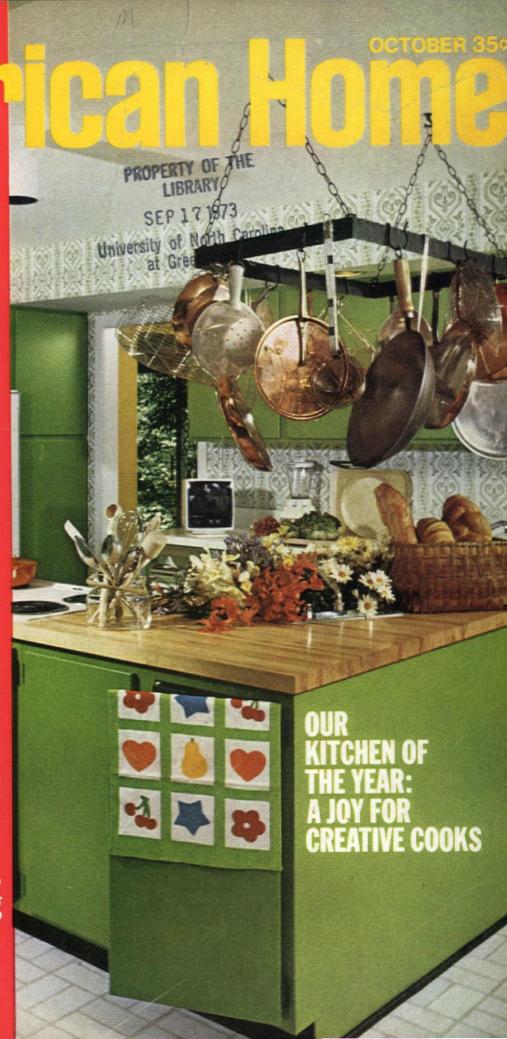
- living room
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 - kitchen
- dining room
 - bedroom

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d homeowners' surance could t you a bundle!

1-POT MEALS, work-saving, satisfying

9 HEAVENLY IOMEMADE BREADS







OCTOBER, 1973, VOL. 76, NO. 10

American Hol

FOR FAMILIES WHO KNOW HOW TO LIVE

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COVER: "The Ultra-Convenient Kitchen," a good cook's dream of well-planned kitchen design (page 36), is just one of the beautiful assets in our "House of the Year." See it as a showcase for today's newest, most exciting decorating and home-furnishing ideas for every room in your house, beginning on page 79. Photographer: Maris/Semel

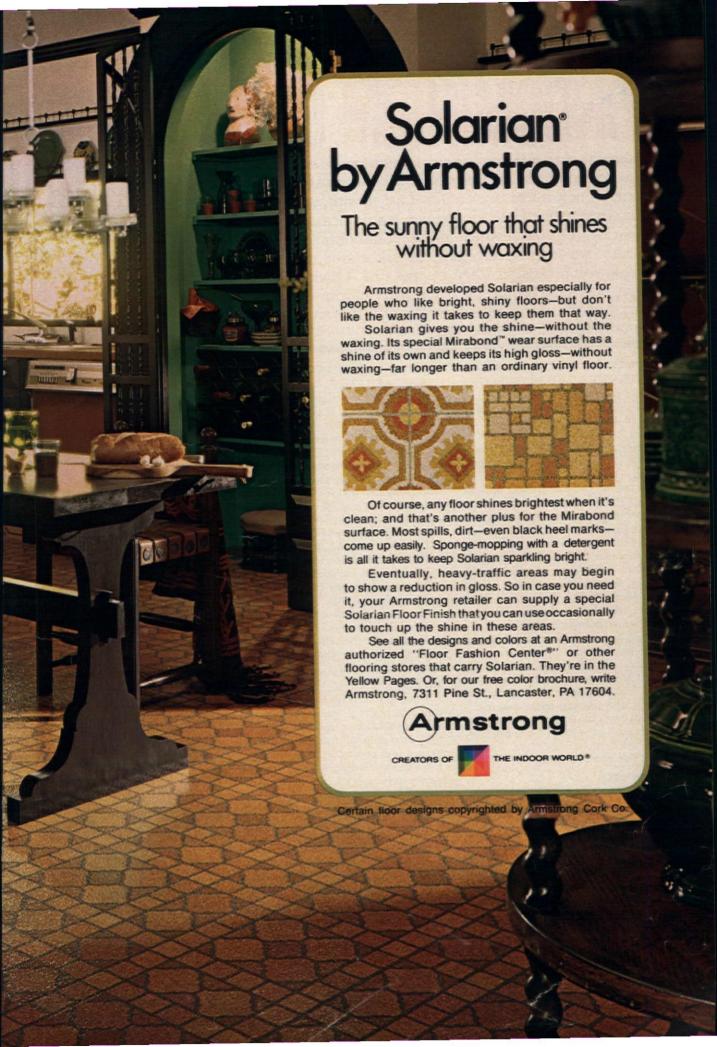
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WHAT TO ASK BEFORE YOU BUY

CONDOMINIUM QUIZ

The condominium is fast becoming the most popular form of new-home ownership. Last month, as part of our consumer-information series, we reported on what owners like and dislike about condominiums. This month, we suggest questions to ask about the agreements you must sign when buying one. Obviously, no such purchase should be made without a lawyer's advice, but the more you know yourself, the better you'll be able to judge what's offered.

—The Editors

PURCHASE AND SALE CONTRACT

- If a deposit is required to reserve a unit, is it returnable on request?
- If you place a deposit on a particular unit, will the funds be put into an escrow account, bearing interest for you?
- Is there a specific "declaration date," so that it is clear when the project officially becomes a condominium?
- If a specific number of units has not been sold by a specified date (making the condominium's success doubtful), can you get your deposit back?
- Is it clear that in a new project your deposit cannot be applied to construction costs until a specific number of units has been sold?
- If a project is not declared a condominium (due to insufficient sales), are rental arrangements possible?
- If a project is forced into a temporary rental situation due to delayed construction, will your monthly rental be applied to the eventual purchase price?
- Has the condominium developer made arrangements for long-term financing?
- Are all financial obligations—deposits, initial cash payments, mortgage payments, taxes, maintenance fees—clearly spelled out and understood?

MASTER DEED

- Are the common facilities of the condominium well defined, and are all to be owned jointly? (Some developers retain certain common elements, such as parking areas or recreational facilities, and charge a fee for their use.)
- How will the monthly maintenance fees be adjusted if and when owners of additional buildings participate?
- Is the condominium a "leasehold" condominium where the land is retained by someone else? (If so, it is important to understand the stipulations of the lease, and make certain the term is infinite to protect future owners.)
- · Has the developer or contractor of-

fered warranties on the structure of the project and the appliances in it?

- Is the unit's description such that when the project is finished, you can be sure it is exactly what was promised?
- Is each owner's percentage of ownership clearly defined? (This is important, as the percentage determines the monthly maintenance fee. Even more important is the fact that if the condominium is legally dissolved by unanimous vote, the percentage of ownership determines how much each owner is reimbursed.)
- Is it clear that the percentage agreed on at the time of purchase is unaffected by subsequent selling arrangements? (This should be true even if there are unsold units that may be sold for more or less than originally declared.)
- Does the "use description" of the building meet the purchaser's requirements? For instance, can a business move in next door to you?

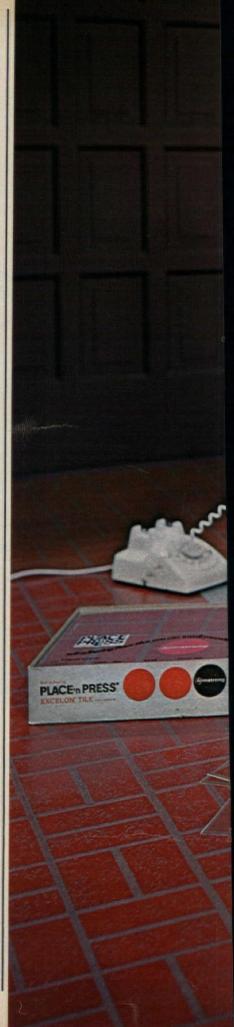
BYLAWS

- What type of organization has been chosen to manage the condominium trust, association, corporation?
- At what point does the developer plan to turn over control to unit owners?
- What maintenance arrangements has the developer made to assure quality upkeep? What is the term of the agreement?
- Is the insurance adequate to cover the project for fire, theft and liability? (The master policy for a condominium does not involve personal possessions; you will still need personal coverage.)

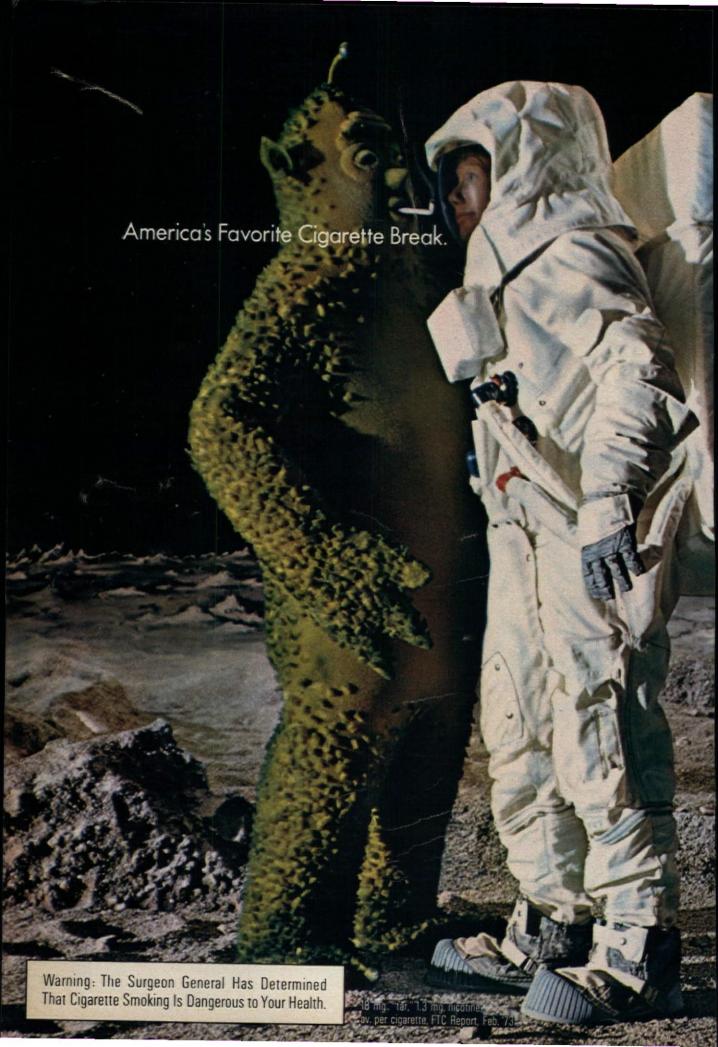
REGULATIONS

Are the regulations of the condominium completely acceptable to you?
 Generally, regulations that are attached to, or included in, the bylaws vary according to the special needs and desires of each group of condominium owners.

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Just published-

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by Virginia H. Ellison, with drawings by Ernest H. Shepard

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Surprise the special children in your life with their very own dinnerware by Oneida. Choose from three delightful story designs: NEW 3

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Betty Crocker

P.S. Here's another gift idea! NEW colorful Storybook Character Lamps from the Betty Crocker Coupon Catalog. Why not order now at special

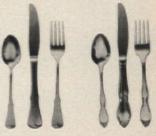
You'd expect to pay \$5.95 in stores for a child's dinnerware set of this quality. During this special offer the set is yours for only \$3.50.

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LIFESTYLE

The Stephen Stricklands of Washington, D.C.

Stephen and Tamara Strickland lead busy, involved Washington lives: Besides working at time-consuming jobs, they each actively pursue civic and cultural interests. Yet they still find time to give parties, collect the antiques they love and enjoy together the vivacity of the capital.

Stephen, a faculty member of the University of California at San Francisco Medical School, directs a Washington study program on federal health policy. He has written a book, Politics, Science and Dread Disease (Harvard University Press, \$10), that probes national medical research policy and the health problems it relates to. Now he's at work on a book on the attitudes of government, industry and the public toward TV violence. Says Steve: "I'm convinced that some kind of remedy must be found for the heavy doses of violence kids get from TV. It presents a potential hazard to their personality development and well-being.'

Tamara, whose parents were born in Russia, has studied ballet since childhood, but is now involved in a new career. "I've always liked decorating and being complimented about my home," she confides. So after studying design at American University, she and a friend jointly started a nowflourishing interior-design business. The traditional warmth of the Stricklands' 50-year-old home reflects Tamara's deco-(continued) rating style.





The Stricklands (above) relax in their handsome, traditional living room. Stacked under the coffee table are books on Russia, since Tamara's parents were Russian-born. "Steve and I plan to go there someday," she says.

Armed with a straw satchel full of room plans, fabric swatches and wallpaper samples, Tamara (left) is off to see a client in the Georgetown section of Washington. Once a ballerina, she followed her bent for decorating and is now a partner in Novak-Strickland, an interior-design shop on fashionable Connecticut Avenue.

Together, she and Steve enjoy searching out antiques (especially Russian ones), giving particular attention to their growing collection of Russian eggs. Made of wood, enamel, porcelain or gold, these handsomely decorated ornaments were traditional Easter gifts in Russia. The Stricklands' favorite is a magnificent porcelain egg that a czarina once gave a member of her household.

Tamara's Russian heritage also shows up in her cooking. At sitdown dinner parties she The Stricklands share a fascination for the ar

Tamara and Steve compare
one of their prized Russian eggs
to a picture in a book of
Russian art (right). In addition
to eggs, the Strickland
collection includes icons, silver
and what Tamara calls
"family things," including old
Russian army medals
her late father gave her.



The Stricklands often breakfast in their backyard garden (left), which Steve tends to and keeps ablaze with flowers from early spring until late fall. They designed the garden, and consider it a perfect spot for warm-weather entertainin



Tamara chops vegetables for her Russian vinaigrette salad (below). She and Steve enlarged the kitchen, adding extra counte space for party preparation. On the wall is a 19th-century copper-and-iron weather vane, found in a local antiques shop.

enjoys serving specialties she learned from her mother—Russian eggplant (an hors d'oeuvre she calls "poor-man's caviar"), Golubsti (stuffed cabbage) and of course, borscht.

Rivaling the Stricklands' love of entertaining is attending ballet and concerts. Both belong to the Friends of the American Ballet Theatre, and Steve is on the board of directors of the Washington Choral Arts Society. Local affairs also enlist their attention: Tamara is active in the D.C. Citizens for Better Public Education, which upgrades the educational levels of area schools.

"We're as much involved in our community as in our careers and in our home," Tamara points out. "That's why our 12 lives have been so fulfilling."

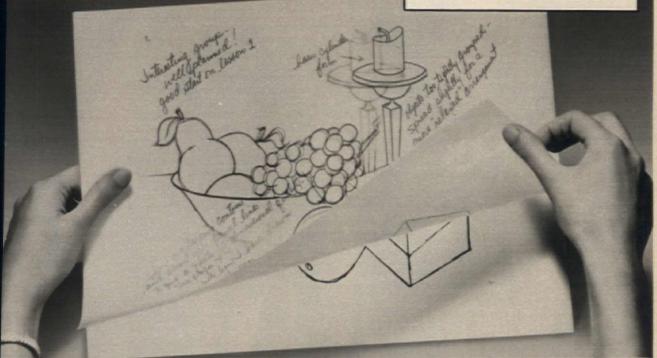


Richard Jeffery

If you can draw fairly well

(but still not good enough)





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The same technique is used for correcting painting assignments.

...we'll turn you into a real artist

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Dneida. We do it over, and over.

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so we make them...just so.

Another factor that makes a big difference is the quality of the metal we're buffing and polishing. At Oneida, we use only the very finest grade of solid stainless, plus just the right amount of nickel for that bright silver-like appearance.

4 Why is it thicker here and thinner there? Gracefulness, yes...but more. Thicks and thins provide strength with balance.

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ing, rolling, annealing and coining operations. Pick up a piece of our stainless. Look at it. Handle it. And compare it. Then you'll understand why it's thicker here and thinner there.

5 Now for the part of the fork you put in your mouth. Here, the edging and finishing are called "tining", and at Oneida it, too, has to be perfect.

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The Rodger Ewys of Boulder, Colorado

Sometimes a chance experience can inspire a way of life. That happened to Donna and Rodger Ewy in 1961, when they were working as photojournalists in France. Donna, pregnant with Margot, their first child, met a doctor who delivered babies by the Lamaze method. This philosophy of childbirth, brought from Russia in 1952, prepares both prospective parents for the birth. It involves practice sessions in relaxing and breathing techniques that a woman uses, with the help of her husband, during labor and delivery. She also learns about the kinds of anesthetics, so she can decide what she does or does not want.

Pleased with the method and with its emphasis on sharing, the Ewys used it again two years later when Suzanne was born. In 1965, when they were back in their hometown, Boulder, Colo., Donna had a third child, Rodger, Jr., in a nearby Denver hospital, also by the Lamaze

method. Little known there at the time, it stirred fascination among the hospital staff. "Soon," recalls Donna, "I was getting calls from doctors asking me to talk to patients who needed the Lamaze style of encouragement."

The Ewys began to teach Lamaze classes to young couples. Today there are 35 ongoing classes in the Denver-Boulder area-each led by a nurse or physical therapist the Ewys trained. The couple has also teamed up on a book, Preparation for Childbirth: A Lamaze Method (Pruett, \$3.95; Signet paperback, \$1.25). Donna did the writing and Rodger, who heads the photo lab at IBM in Denver, illustrated it with photographs of the births of their four children. (The youngest, Leon, was born in 1966.)

Now the Ewy team is at work on a breast-feeding book that has the same photojournalistic approach. Donna teaches two Lamaze courses and has begun giving a talk-it-over seminar for new mothers. She and Rodger are both in great demand as lecturers and seminar leaders.

But, says Donna, "home and family are our most important commitment." Home is a contemporary house with a garden and a wonderful view of the nearby mountains. The Ewys love the outdoors—skiing, backpacking and camping.

One special thing they're going to do together sometime soon is go back to Europe for a year. "Twelve years and four kids ago," says Rodger, "Donna and I traveled by motorcycle. This time we'll have a camper bus." As usual, he and Donna will be working on a project together: They want to do books for children on what life is like in various countries. "The trip will be an adventure for all of us," says Donna. "And we'll be together, as a family and as a working team."

The Ewy family and their dog Joshua head for home after a picnic in Boulder's Bluebell Canyor Environmentalists long before it was fashionable, the Ewys now love to "pack-in"—forge deeper into the wilderness and avoid the fair-weather crow.

Donna and Rodger enjoy reunions with recent ''graduates'' of their Lama classes. Here, a group of young parents meets with Rodger to share infant-care problems and experiences.



Stott Shot







even if you think you can't.

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And of course the Ethan Allen Home Fashion Center is surrounded by something

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attic. Completely decorated down to details as

room in the house from the basement to the

The Ethan Allen Gallery—dozens of taste-

home you've been dreaming of for years.

Your Problem

Perhaps you think the only alternatives you have when it comes to decorating your home are: Playing it safe and ending up with something predictable and dull. Or trying something adventurous and chancing a catastrophe.

Our Solution: The Ethan Allen Home Fashion Center

Let us introduce the New Home Fashion Center-right in the heart of the Ethan Allen Gallery.

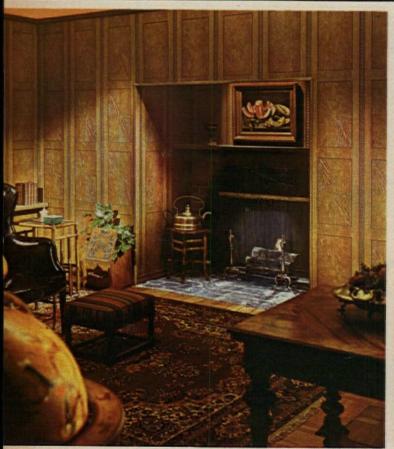
Here you'll be able to avoid making costly decorating mistakes because of the unique way you're able to experiment with colors, fabrics and textures in the Home Fashion Center, not in your home.

small as the ash trays. Free Decorating Help Not only do we give you expert decorating In a nutshell, here's how an Ethan Allen help in our Ethan Allen Gallery, but we also Home Fashion Center works: give you help away from it. The Ethan Allen Unlike anything you've seen before, the Treasury, our 388-page, full-color decorating Home Fashion Center brings together in one and idea book. It's full of exciting decconvenient area, complete selections of orating ideas and room settings to fabrics and swatches of just about help spark the decorator in you. every imaginable pattern and color It's a \$7.50 value that's yours free for just about every imaginable for the asking when you visit purpose in your your Ethan Allen Gallery. home. Without For the Gallery nearest you, running from see the listing on the following store to store page. you'll find entire

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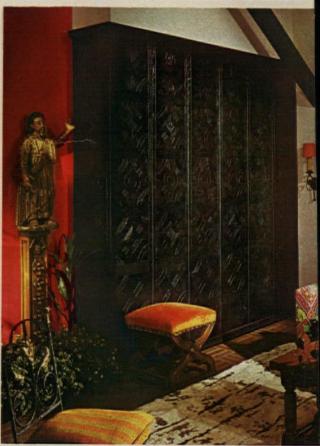
Paneling carved from the pas



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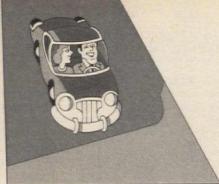
tion is more than just good looks. Designed for e installation, these 4' x 8' panels are also very easy to aff

Choose from four traditional designs... British Tr tional, Spanish Mediterranean, French Provincial, or E. American. See the entire Historic Collection at y Masonite dealer. And see how the hand-carved look of past can add to your home in the present.

The Historic Collection.







BIG CAR, SMALL CAR—WHICH IS FOR YOU?

By Denise McCluggage

big car vs. the small car. This has a continuing controversy since ricans were urged to "Think Small" nat inordinately successful import,

troit brushed the gnats away at then countered with its compacts ch managed to enlarge in leaps each el year) and finally made serious ts to lick the smaller imports by joinhem. All American manufacturers either make a subcompact, as the estic small car has come to be vn, or import a "captive" marque, as Opel, Colt and Capri.

S GUZZLER" DISDAINED

o longer is it officially "American" uy the biggest car on the block. In-, with the gasoline shortage and with easing concern over air pollution, hears such derogatory terms as "gas ler" spoken about the wheeled erican dream.

his fall the seal of approval has been firmly on small cars by Ford. That pany's better idea for 1974 is the ller-wattage Mustang II. It is shorter, er, less powerful and intended for ers who believe that even zippy gs are best in small packages.

merican car buyers now have a full ge of sizes to choose from-both negrown and imported. But which is er-big or small? There is only one sible answer: It all depends. Your ds, your preferences and the way you e should all have bearing on the car choose to buy.

few years ago, results of several acent-research programs were headlined what many interpreted as an anti-all-car scare. Legislative noises were ng made around the country, proming that there "ought to be a law" inst small cars. The tests disclosed t a proportionately larger number of hway fatalities and serious injuries

occurred in small cars-three times larger in some small cars. In almost every accident involving a big and small car, occupants of the small car were more seriously injured than the occupants of the big one.

Small-car proponents pointed out that in accidents involving big and still bigger cars, occupants of the former suffered a similarly higher proportion of deaths and serious injuries than the latter-a ratio comparable to big vs. small. Being safe on the road, they said, seemed to mean having a bigger vehicle than your crashmate-and that to come through a collision unscathed, one would best be driving a well-padded Sherman tank.

Small-car advocates were cheered by research data indicating that proportionately fewer small cars were involved in accidents to begin with. Their conclusion: If big cars were best in which to survive crashes, then small cars were best in which to avoid crashes.

WHY BIG?

If you prefer a big car because you think it prestigious, your values may be vulnerable to frontal attack. The big car uses twice as much gasoline for the same ground covered as a car half its weight. With gasoline in short supply, such disproportionate demands could be considered unfair-not to mention conspicuously extravagant.

It is possible to conserve fuel consciously, however, no matter what size car you drive. The kind of gas you use, the way you maintain your car and how you drive it all affect gas consumption. For helpful tips in all these areas, see "How to Save \$ and Conserve Gasoline" in the August AH.

If you prefer a big car because you think it "holds the road" better, you might be entertaining an old-fashioned notion that fails to consider modern suspension systems. (continued)

ETHAN ALLEN GALLERIES

See the new Ethan Allen Home Fashion Center and ask for your free Treasury at the Ethan Allen Galleries listed below.

FLORIDA

Ft. Lauderdale (Dania)	
Fort Myers	
Jacksonville	Carriage House
Miami (Kendall)	Georgetown Manor
Ormond Beach McI	Farland's Carriage House
Pensacola	Danley's Carriage House
Pompano Beach	Georgetown Manor
St. Petersburg (Pinellas Park)	Burgess
and the same of th	Carriage House
SarasotaCa	rriage House of Sarasota
Tallahassee	Danley's Carriage House
Tampa	Carriage House
Tamper Title	

GEORGIA

Albany Gerst's C	Carriage	House
Atlanta	Carriage	House
Augusta	Greene	Manor
Columbus	Carriage	House
DecaturThe C	Carriage	House
Savannah	Carriage	House

ILLINOIS

Alton	Gilbert's Carriage House
Arlington Heights	Carriage House
Batavia	Hubbard's Home Furnishings
Bradley	House of Wille
Champaign	
Countryside	Carriage House of LaGrange
Galesburg	Vickroy's Carriage House
Gurnee	Carriage House
Peoria	Adams Colonial Furniture
Rockford	Fisher's Carriage House
Springfield	Stern's Carriage House
Washington	Sauder's Colonial Shop
Waukegan	
Wheaton	

INDIANA

Evansville	Carriage House
Ft. Wayne	Carriage House
Gary (Merrillville)	Georgetown Manor
Indianapolis Georgetow	vne Furniture Galleries
Indianapolis	hall Furniture Galleries
La Porte C	olony House Furniture
Merrillville (Gary)	Georgetown Manor
Michiana	Carriage House
South Bend	Carriage House

KENTUCKY

Lexington	Lexington	
Paducah.	 ed Carriage	House

MICHIGAN

Alma	Trower's
Ann Arbor	Holland House
Birmingham	
Bloomfield Hills	Wiggs Colony 6hop
Detroit	Tradition House
Grand Blanc	Colonialage
Grand Rapids	DeKorne's Furniture
Lansing	. Mapes Carriage House
Livonia	The Hearthside
Muskegon	Concord House
St. Clair	Thompson's of St. Clair
Utica	The Hearthside

NORTH CAROLINA

Asheville	A 12 12 12	 	Shipley's Ca	
Charlotte		 		Tryon Manor

оню

Akron	McCauley's Carriage House
Amherst	Carriage House
Canton	. Bolotin's Georgetown Manor
Cincinnati	Leugers Carriage House
Columbus	
Columbus	McVay's Lincoln Square
Dayton	Day's Carriage House
Mansfield	Marshall's Americana
Middleburg Heights	Concord Manor
Portsmouth	Covert Furniture
Sylvania	Pioneer Tradition House
Worthington	McVay's Tradition House
Youngstown	Hume's Carriage House
	THE REAL PROPERTY AND ADDRESS OF THE PARTY O

PENNSYLVANIA

Erie (Waterford)	.Russel's	House of Furniture
Lebanon	Н.	W. Reppert & Sons
McMurray (Pittsburgh)		. The Manor House
York	Y	ork Carriage House

SOUTH CAROLINA Charleston

dicontrino			
TENNESSEE			
Bristol	Gurley's Henshaw's	Homestead	House

Carriage House

Bristol Madison

Memphis NashvilleHe	Flack's Carriage House enshaw's Homestead House
VIRGINIA	
Arlington	Coles Furniture
Chesapeake	Crawford House
Fairfax	Coles Americana
Newport News	Plymouth House
Norfolk	
Vienna	Manor House

Chesapeake ... Fairfax ... Newport News Norfolk ... WEST VIDCINIA

luntington	Carriage House
arkersburg	Gersman's Furniture Galleries
Vheeling	Brown's Carriage House

WISCONSIN

Brookfield.								1													g	Car	ri	ag	ze.	Ho	us	se
Fall Creek	(E	a	ıu	Ü	CI	a	ir	e).												a	Kell	ei		·u	rni	tu	re
Green Bay											-										d	Car	rii	ag	ζe	Ho	us	e
Madison	30																				3	Car	rii	ag	ζe	Ho	us	e
Milwaukee																					5	Sch	əl	П	u	rni	tu	re
Wausau	22									à					+	łe	al	k	e	'5	Ü	Car	riz	ag	es	Ho	US	e



THER A-PEDIC

is sleeping the country

From Sioux City to Syracuse, particular people are sleeping the Therapedic way. In patented luxury . . . at no extra cost. Like our patented Triple Edge border. Goodbye sag, sway and roll. Even a solid state Perma-Grip handle that won't tear out. We've a bed for every budget. Patented super sizes too. Innerspring or foam. Plus Medi-Coil Posture Control . . . world's only mattress that lets you adjust the firmness. Wherever you live, insist on Therapedic. Along with the country, we'll sleep you.

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Twin Size, Mattress or Foundation. Mfrs. Suggested List Price

Free Bedding Booklet. Write: Therapedic Associates International, 225 North Ave., Garwood, N.J. 07027 BIG CAR, SMALL CAR continued

Your own driving ability is a key safety factor in the big-car, small-car debate.

If you are depending on a big car's ability to ignore n wind gusts, you are right to do so—particularly in parison with rear-engine small cars that are notoric subject to the whims of the wind.

If you prefer a big car because it rides better, you some justification. Short-wheelbase cars are necessarily ject to choppier rides. However, if a big car with a floating feel appeals to you, you might be stating a prence for a ride that is actually screening you from vital information that you, as a driver, should have.

QUIET AND CAPACIOUS

If you prefer a big car because it is quieter—well, s are, some are not. However, many smaller engines see be striving mightily as they roll along, and busy little pis can be noisy.

If you prefer a big car because it holds more people things, no one can argue with that. But you can be ask you really need all that capacity badly enough to pay f all the times you are driving solo—or duo. And for yown edification, you might look into some of the sm cars and see how much space clever engineers have raged to provide.

The point is, don't mistake mere habit for prefere And if you choose a big car, don't feel smug about safety-in-crashes statistics that favor you. As a driver, can act to improve those statistics for everyone: Use y mirrors, swivel your head and realize that not all cars of in the same dimensions.

ACCIDENT PRECAUTIONS

If you drive a small car, be suitably sobered by accident statistics. Your best chance for surviving an a dent clearly lies in avoiding it completely. You will hav be a better, more alert driver than those who pilot the cars. Here are some suggestions:

- Be aware that you are hard to see; work to make your more visible. Motorcyclists have faced this "invisi vehicle" problem by turning on their lights, night and of This is a good idea for you, too, particularly in late af noon when the sky is still bright yet all cars tend to road-colored on the darkening earth. Use your lights signaling, too, flashing your presence. And when you theyou are being overlooked, a tap on your horn that so "I'm here too," is better than suffering a crumpled fer in silence.
- Be "fat" in the road—particularly on heavily trave two-lane highways, where the space you occupy might misconstrued as empty by drivers back down the line. Of them might try a quick hopscotch pass—only to find in the way. To prevent this, move about in your spaclose to the center line, then close to the edge of the ro In other words, show yourself.
- Accept the fact that it is hard for you to see. In you small-car world of hubcaps and knees, you are deprived the long view ahead through your neighbor's windows. look around him. On curves to the right, for instance, movel to the right edge of the road for a long preview what's ahead. Take peeks around the outside from time time. This is part of showing yourself; it keeps you aw of the world that rolls beyond the bumper at your nos
- Use all the information you can get as to the intent of big-car drivers. In your small car you are close to best source: wheels. Keep checking on your (continue)



There the deer and the antelope play

Sangre de Cristo Ranches. Midway between Denver and Albuquerque. Where the Kit Carson Trail meets the Navajo Trail in eautiful southern Colorado.

Big country. Wide open spaces. Majestic mountains surrounding green hillsides of the sleepy San Luis Valley. Rugged, yet serene. crisp, clean air, scented with sagebrush and pine.

You can own land here. Leg-stretching, five-acre minimums. Land for ranches. For vacations. Retirement, For settling down and getting away from it all. For long term investment. To leave to your kids and for them to leave to theirs.

This is good land, Land you can see for yourself. Land you can stand on and dig into. It's a subdivision of the gigantic, 260 square mile Forbes Trinchera Ranch. Forbes Inc., publishers of Forbes Magazine and owners of Sangre de Cristo Ranches Inc. acquired the Trinchera Ranch some years ago. One of the oldest of the remaining big ranches in America, it ranks among the best known preserves for deer, elk, game birds and other wildlife.

Located near the intersection of U.S. Route 160 and Colorado Highway 159 just outside Fort Garland, Colorado, Sangre de Cristo Ranches are spread over thousands of rolling acres which rise to the towering mountain peaks of the Trinchera and Mount Blanca.

Since Forbes Inc. began offering this section of its big ranch for homesites, thousands of people have come from all over the nation to see this magnificent land, to purchase their own Sangre de Cristo Ranch

Important guarantees backed by Forbes Magazine's distinguished reputation have contributed much to the Sangre de Cristo success story. Every investor is double protected: he has twelve months after his first payment during which he can-and is urged-to visit his ranch. And if it doesn't fully meet expectations, he can have all payments promptly refunded. Or if he simply changes his mind within sixty days of making his first payment, his money will be returned promptly.

You can own part of this breathtaking land for just \$5,000 total cash price. Easy credit terms are available. Also, other Sangre de Cristo ranch sites are available at prices ranging from \$5,000 to \$10,000. This offer presents a wonderful opportunity for long term investment in the great southwest.

For complete details on these ranches, without obligation, simply fill in and mail the coupon below to Sangre de Cristo Ranches, Box 2000, New York, N. Y. 10011.

SANGRE DE CRISTO RANCHES INC., is a duly registered subdivision developer in and under the laws of the State of Colorado. This registration is not to be construed to imply state endorsement of the subdivision.

Sangre de Cristo Ranches Inc.

DIVISION OF FORBES MAGAZINE Box 2000, Old Chelsea Station, New York, N.Y. 10011

A610

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AD 6609 (b)



BIG CAR, SMALL CAR continued

"Push" vs. "pull" may be the next big decision for you to make in choosing a car.

neighbor's front wheels where they bite the road. A car's change in direction shows up there first. If you see that your neighbor is about to meander into your space, make your territorial rights known early—flash or toot. Or withdraw gracefully. Remember, no matter how visible you feel, the other driver may not see you.

 Carry space in front of you for the cars that are following. Big-car drivers tend to tailgate small cars more closely than they do their peers. To avoid being the sudden filling in a big-car sandwich, leave more space between you and the car in front. Don't be tempted to draw on your superior braking and maneuverability and close up the gap. Remember, you are saving part of that space for the big car behind you.

Recognize the danger of being in unexpected places. It's best to save your ability to wriggle through small holes for emergency escapes. As much as you may be tempted to nip through narrow openings or slip along leftover space on the curb side, think again.

Such abandon is part of the fun of driving a small car, but be aware that big-car drivers have a tendency to view

the world as created in their in They could not be where you therefore they do not expec car to be where you are. Yo the one who suffers in the cru Passing on the right on s highways, legal though it is in: places, is very risky for small Plan your passing accordingly · Use your advantages in e gencies, and be aware of your advantages. Use your greater neuverability. Dodge, d swerve. Avoid! Being lighter smaller, you might find a ro soft, narrow shoulders us

where a big-car driver would Your braking power allows to stop shorter. But be wary. Y short stop might be in the pat a longer-stopping bigger car. S your car is light, it is easy for wheels to lock up under l braking. Pump your brakes avoid locking your wheels, inviting a skid and erasure of steering control.

Consider that you may be yown worst enemy. Hearken to tistics showing that small cars involved in an unusual number single-car, noncollision accided the cause may well be a tendent to overcontrol, particularly windy or slippery conditions.

As the owner of a small, li weight rear-engine car, I can test to what it feels like to be plaything of the wind. But chief danger is not from the w itself so much as from a driv overreacting to it.

When caught in gusts, y slightly. Be permissive with y car, allowing it to rove a bit w in the limits of your lane. delicately firm, not tense. Try to keep the car in a straight as the forces of nature toy wit can lead to increasingly viol corrections and ultimate loss control.

Similarly, overcorrecting for nor skids on slippery roads of magnify into crashes. Make you corrections lightly. And when weat conditions—known to be tricky for you less stable rear-engine lightweight—pail, drive accordingly, maybe not at Certainly, drive more slowly and wit keen awareness of your vulnerability.

There is a trend in small-car dest toward more front-wheel-drive mode which are inherently more stable in gu winds and more secure on icy roa Even some big cars are now being pul along the road by their front whe rather than pushed along by their re ones. After "big car vs. small car," to next important decision for you to ma may be "rear-wheel drive vs. from wheel drive."

The elusive moods of the deep pine forest. Captured, at last.

Ever been someplace so quiet and so beautiful that you wished somehow you could take it home with you?

Now you can.

Because Georgia-Pacific has captured all the moods of the deep pine forest in a brand new wall paneling called Pinehill.

There's Pinehill Winterbark. Bold. Dramatic. Patterned and

shadowed like wintry wood. Pinehill Springfrost. Pale and misty, like the woodland awakening.

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Glowing and warm as the sun-dappled forest.

See our real pine veneered plywood paneling at your G-P building materials dealer. To find him, call free 1-800-243-6000. In Connecticut, call 1-800-882-6500

Pinehill.

For all the moods of the deep pine forest, from the people who know it best.

Georgia-Pacific

By Guy Henle

Facing the necessities of its times, this house combines flexibility in size and price with an energy-saving design.

HOUSE IN OF THE IN YEAR IOW. Omanut

American Home's "House of the Year" is not one house but three. The same warmhearted contemporary design can be bought in three sizes—and at three price levels—but all will look very much like the house below. Called the "Mark X" by its manufacturer, Scholz Homes, Inc.,

the house in one of its three versions can be seen at 15 locations around the country (list on page 33). For a tour of the interiors, decorated by AH with an elegant mixture

family room, with the kitchen nearby for unloading groceries. The baths are well arranged—even in the smallest version the master bedroom has extra privacy for itself.

Beyond all this, we like the fact that this house was built to be an efficient heating and cooling package in these energy-short days. Every step was taken to insure that heat loss in winter (and heat gain in summer) would be kept to an absolute minimum. The ceilings and outside walls have as much insulation as they can hold; the glass in every window and sliding door is double-paned; tight weather-stripping surrounds every opening, caulking seals every joint and roof overhangs protect many of the glass areas.



of furnishings in new color schemes, see pages 79–87. In choosing the Mark X as our "House of the Year," we find far more than its wide range of sizes and prices to recommend it. We like its immediate architectural appeal—a contemporary look that reflects the ranch homes of the early plains settlements. The L shape formed by the garage wing gives a hospitable sense of enclosure and privacy to the entry court. The gabled roof that overhangs and shelters the side walls has a deep, swept-back fascia, creating a look of solidity. As you approach the front door, everything about the house suggests permanence—from the thick-butt shakes on the roof to the vinyl-clad window frames that will never need painting.

Inside, we like the roominess—even the smallest version has more than 2,300 square feet, with 4 bedrooms and 2½ baths—and the way every inch is put to good use. It is a surprisingly compact house, despite the generous space. What is not revealed from the outside is a second floor concealed beneath the rising roof. This adds 2 large rooms and bath, making up roughly 500 square feet of the total. One of these rooms is an extra, a carpeted open loft that could be playroom, studio or office—or closed off as another bedroom.

We like the plan; it is basically the same in all three models. There is an easy-flow traffic pattern. From the entry you can move directly to the bedrooms, the living room or the kitchen and family room—or, of course, go upstairs. From the garage there is inside access to the

Special equipment promotes energy conservation. A water refiner, for example, provides treated, softened water to eliminate the scale and corrosion that cut down the efficiency of water heaters and the life-span of plumbing and water-using appliances.

Flexibility of size, architectural distinction, spaciousness, a workable floor plan and an energy-conserving structure—all this attention to detail seems the hallmark of a one-of-a-kind house. But the Mark X is one of 65 Scholz designs that are partly prefabricated in its Toledo, Ohio, plant. From here, they are sent out to Scholz dealer-builders who complete the job. The company ships houses everywhere east of the Rockies and last year sold more than 1,000 homes in 38 states.

Scholz supplies its builder-dealers with the basic structural framework of each house. Side walls are assembled with doors and windows in place, and are fully sheathed. Roof trusses are assembled, but sheathing is sent in sheets, separately. Interior wall partitions are framed but left in open studs. Stairs are assembled, and interior doors are pre-hung. Kitchen and bath cabinets, kitchen equipment, hardware, ventilating equipment and much of the molding and trim are included in the basic package. The builder prepares both site and foundation, and supplies many of the finishing materials. Since these are purchased from local sources, the buyer of the house can play a role in their selection. Thus, in a variety of ways, the house can be tailored to individual needs and preferences. (continued)

se look at floor plans for all three X models reveals a host of interdetails. Ease of circulation from ront door is quickly seen—it does hange a great deal from model to decest through the st utility room, which, with lavanearby, can serve as a mud room in veather.

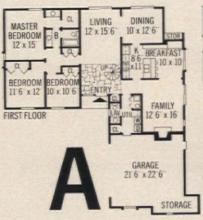
ding glass doors from living room, g room, kitchen and family room tandard in all models. B and C els also have a sliding door in the er bedroom. Decks are optional s not included in the basic price, but number and placement of sliding doors allow an owner to locate his or outdoor living area where it best his site.

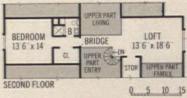
the plans here are designed for houses built on slab or crawl-space foundation; slightly altered versions are used to houses are built over full or half ments. In such versions utilities are cated in the basement, which leaves ugh space on the main floor for a way down to the basement.

ving spaces on the second floor te sections on plans) consist of spass areas at the two gable ends of the se, connected at the center by a ge. At one end the area is enclosed, oming a bedroom and bath. At the er end it is open, forming the useful which could eventually be enclosed fifth bedroom. Walls of the loft are hed, and the floor is carpeted. From iled balcony along one side, you can k down into the family room. In milar fashion, the bridge overlooks living room.

price range for each model (excludlot) is indicated with floor plans at at. The range is wide in each case, e reason is that building costs differ rkedly in various parts of the coun-Because of higher labor costs, greater tances from the source of materials or gher building standards, a house that ts \$50,000 to build in one location and well be \$60,000 in another.

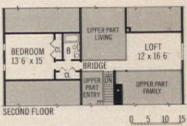
A second reason for the high price ferential is, that with so many options en to you, each of these houses can be It on an economy, standard or luxury sis, depending on the choices you ke. For example, you could select s expensive roofing and siding, or do thout the fireplace. An accumulation such choices might make as much as ,000 or \$4,000 difference in the price. The "House of the Year" shown is a ark X-C, built at the highest quality el in Toledo, a high building-cost ea. The house as pictured would cost ughly \$87,000. For building materials d sources, see page 106. (continued) Impressive Mark X models range in price from \$50,000 to \$90,000—depending on size, type of materials, equipment and local building costs.





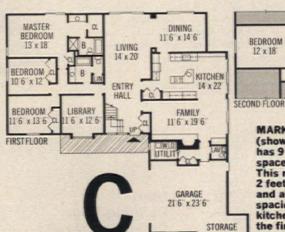
MARK X-A: Smallest model has 8 rooms, 2½ baths, loft space—2,300 square feet. Master bedroom has a dressing area with counter and sink. Third full bath could be created at extra cost by rearranging closet space. Circular stair and kitchen divider are space-savers. Cost range: \$50,000 to \$65,000.





MARK X-B: Mid-size model has 8 rooms, 3½ baths, loft space—2,600 square feet. Depth of house, increased by 4 feet over Mark X-A, adds space to most rooms and allows a third bath. Kitchen is about the same size, but family room is larger. Cost range: \$55,000 to \$70,000.

B



MARK X-C: Largest model (shown in AH photographs) has 9 rooms, 3½ baths, loft space—3,100 square feet. This model is 12 feet wider, 2 feet deeper than Mark X-B, and all rooms are more spacious, particularly the kitchen. Library is added on the first floor. Cost range: \$75,000 to \$90,000.

UPPER PART LIVING

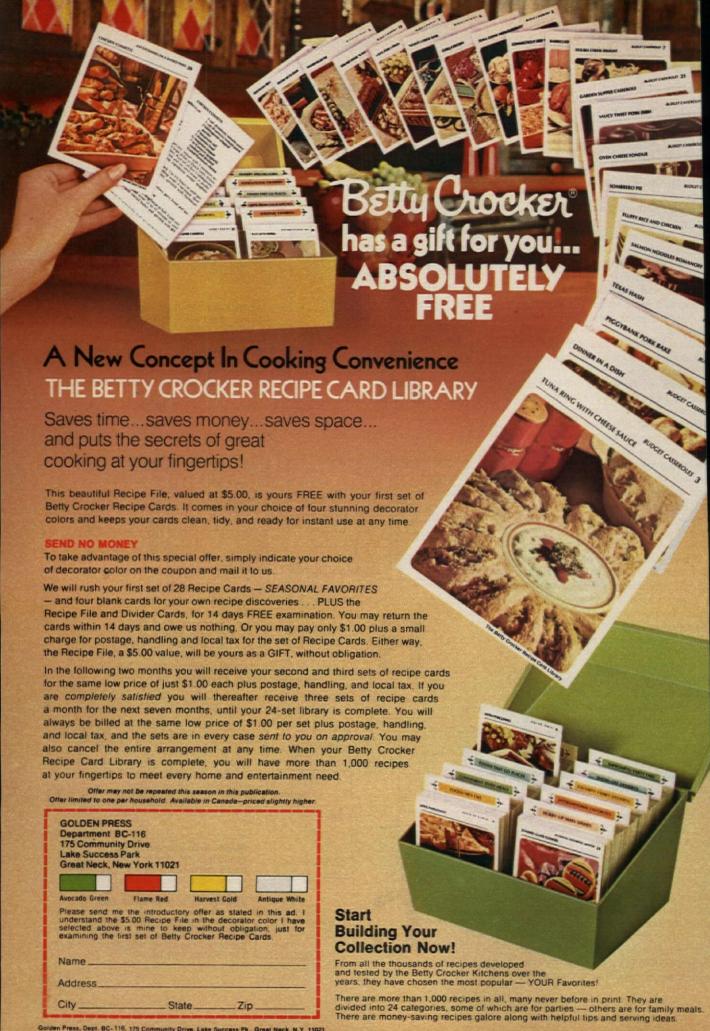
DN BRIDGE

LOFT

14 x 16

BALC

0 5 10 15



OUSE OF THE YEAR continued

by can see the Mark X in one of its three ersions on exhibit at these 15 locations.

Bradenton: Harbor Woods Lot #2. Builder: Exhibit Homes, Inc., Hillcrest Dr., Bradenton.

Sarasota: Forest Lakes Country Club. Builder: Exhibit Homes, Inc., First Federal Bldg., Sarasota.

Burr Ridge: Braemoor Estates Lot #32. Builder: Hall & Sefara, 400 W. 83rd St., Burr Ridge.

Crystal Lake: College Hill Lot #31. Builder: E.C.O. Construction Co., 626 Bryce, Roselle.

Salem: Lakewood Lot #1. Builder: Keleher-Phelps, Inc., Box 604, Salem.

Annapolis: Saefern Lot #15. Builder: Larry A. Rocher & Assoc., 10914 Gateview Rd., Cockeysville.

West Friendship: Hillsboro. Builder: Larry A. Rocher & Assoc., 10914 Gateview Rd., Cockeysville.

Saginaw: Canterbury Woods. Builder: Olvera Construc-tion Co., 1 Five Oaks St., Saginaw.

Columbus: North Parkway Lot #21. Builder: Johanson Construction Co., Box 194, Columbus.

IORTH CAROLINA

Advance: Bermuda Run C.C. Lot #110. Builder: Carolina Custom Builder, Route 1, Bermuda Run C.C., Advance.

South Russell: Sheerhook Acres #2. Builder: David Dietz Construction Co., 139 Bell St., Chagrin Falls.

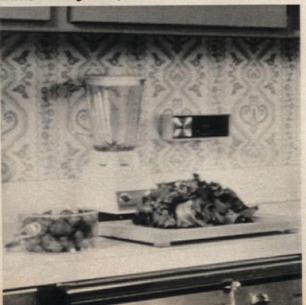
Toledo: Rudgate-in-the-Woods. Builder: Scholz Homes, Inc., 2001 North Westwood Ave., Toledo.

Indiana: Country Club Estates Lot #101. Builder: Country Club Estates, Inc., Greenview Dr., Indiana.

Stroudsburg: Spring Lake Estates. Builder: William F. Gordon, P.O. Box 686, Stroudsburg.

Port Arthur: Stonegate Lot #15-11. Builder: Hayes Builders, P.O. Box 1447, Port Arthur.

One energy-saving feature of the Mark X is signaled by remote-control device on kitchen wall (below) This device controls and reports on operation of the water refiner, which filters and softens water, eliminating the scale and corrosion that impair efficiency of all water-using appliances, including water heaters. Other advantages: Soft water makes cleaning easier; filtered water tastes fresher.





They make any room look bigger. Brighter. Beautiful.

Take a small bathroom, watch it grow. Choose a dark dining room, let the sunshine in. Pick a barren spot over your mantel. Or above an antique love seat. With Sears sheet glass Mirror Squares you can turn any old room into a beautiful new room. Instantly. Simply. Inexpensively.

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COLUMBIA RECORD & TAPE CLUB now Invites you to take

Any 11 records or tapes

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if you join now and agree to buy eight selections (at regular Club prices) in the coming two years



"He demolished it"



"What kind of dog food do you buy?"
"Canned."



"I'm going to put Gaines-burgers down for him." "Okay."



"Does that little test tell you anything?"
"Well, it must have a good flavor...he
certainly went through it. You'd think
he was starving."

We went to San Francisco
to prove dogs who like
canned dog food will like
Gaines-burgers to dogs who
eat canned dog food. Did
they like Gaines-burgers?
Ann Dowie's reaction was
typical of most of the dog
owners we spoke with.



More dogs and their owners discover done who like canned dog food live

THE ULTRA-CONVENIENT KITCHEN

continued

kitchen has two sinks. garbage disposer, compactor and dishwasher. Also, our free refrigerator-freezer. And to aid in cleanup there's a ing complement. There's a side-by-side 21-cubic-foot frostseparate electric surface units (cooktop) make up the cookances. Two built-in electric self-cleaning wall ovens and efficient design, equipped with up-to-the-minute appli-Our "House of the Year" kitchen is a model of super-

smaller second sink can be used for washing/draining the main sink is performing normal kitchen functions, the rangement makes this an ideal two-chef kitchen. Or when sink is stainless steel, set in the island counter. Such an arthe same wall as the cleanup appliances. The single-bowl The main one is a double-bowl porcelain, located along

block covers the entire island counter top and the work side of the refrigerator and atop a built-in desk. Butcher counter surfaces on either side of the double sink, on one Work space is abundant. There are laminated-plastic fruits and vegetables, or arranging flowers.

surface beside wall ovens.

for the cleaning supplies is tucked in a convenient corner. shelving makes contents easy to reach. A tall utility closet frigerator-freezer. It's 24 inches deep, but its lazy-Susan foods. Another floor-to-ceiling cabinet stands beside reinches deep for dishes, glassware, table linens, canned ceiling storage in the breakfast area alone—shelves 12 sides) in the island counter. There is eight feet of floor-tothree walls plus cabinets (including one accessible from two dream come true. There are base and wall cabinets on The amount of available storage is like the impossible

mopped. Even the wall covering is washable vinyl. and waxing, but betweentimes it can be quickly dampand good-looking. Vinyl flooring needs periodic cleaning with washable oil-base enamel that's easy to keep fresh our "House of the Year" kitchen. Cabinets are painted Laminated plastic is not the only easy-care material in

Good lighting, so often neglected, is important to the

is not. The counter island has its own ceiling spot. more light where and when it is needed, less light when it ceiling lights; separate dimmers for each bank provide counter illumination comes from two banks of recessed but hidden from direct view by cabinet trim. Additional fluorescent tubes mounted beneath wall-hung cabinets we consider the ultimate. Counter areas are lit by thin way a kitchen looks and works, and this kitchen has what

kitchen planning and communications center. message board and telephone, it could become a complete planning and recipe browsing, and with the addition of a hold records and the like. It's the perfect place for menu desk, with storage above and below for cookbooks, house-Another thoughtful design convenience is the built-in

"acinnati, Ohio; vinyl flooring, "Bricktone" Colonial "White" laminated-plastic counter tops, Formica Corp., Cabinets, Wilson Cabinet Co., Inc., Port Clinton, Ohio; and small appliances, see Shopping Information, page 105): some of the elements that make it great (for merchandise an enjoyable place to work in, eat in, relax in. Here are Overall, the kitchen has warmth as well as efficiency—



New decorating ideas for your whole house.

Ceramic tile. It's the natural thing to use?" to your kitchen, and of course, plenty of baths, baths! you'll see ideas galore for your entrance foyer right through room with beautiful American Olean ceramic tile. For 10¢ booklet full of exciting ways to do, or do over, almost every For new homes, old homes, all homes—a colorful 16-page

AVING RACES

mments and kitchen cues m the food editor

IPUTERIZED CHECK-OUT

r experiments now taking place in cinnati, Ohio, prove successful—and eptable—computers will soon play a or role in your supermarket-shopg act. The Kroger Company has been ing a revolutionary new check-out em that's fully automated and dened to cut—by nearly half—the time inormally spend waiting to pay for it purchases.

The Cincinnati tests are attempting to a out snarls in the procedure—and to determine if fewer checkout inters, once automated, can process a ater volume of purchases. Since the ailer can expect to cut operating costs and reflect these savings in his pricing the consumer stands to save not only the in line but also money.

Here's how the new system works: e price of an item appears only on the elf or bin. The product itself features ymbol, a Universal Product Code or UPC, identifiable by linear bars representing digits. At the check-out counter the UPC is guided across an optical scanning device; impulses are transmitted to a computer programmed for all products' symbols; the symbol is converted to a numerical code, the proper price is applied and the cash register rings it up. This entire process takes but a fraction of a second. Of course, the checker is still needed to bag your purchases and act as cashier.

Food-industry consultants predict that, as a result of the Cincinnati experiments, automated check-out counters will begin appearing in supermarkets in other parts of the country next year—and that by the end of 1974, 50 percent of canned and packaged food products will be printed with the UPC.

ELECTRONIC GROCER

A second shopping revolution has begun in Louisville, Ky., at a store called Call-a-Mart, which works on a membership basis. Members, who pay \$5 to belong, do their shopping by phone, using code numbers from a catalog that's updated frequently.

The phone call involves the shopper, a computer and a key-punch operator. As the order is punched in, workers along computer-guided conveyor belts fill it, and if some item is not available, the computer relays the information im-

mediately. That's not all—the computer even picks the best delivery route from store to shopper, using city street maps that have been programmed into it. In addition, it registers the most convenient time for the phone-shopper to receive and pay for groceries.

For people who hate supermarketing, or whose time and work patterns make shopping difficult, the electronic grocer could be heaven-sent. It's still very much in the experimental stage, however, and until its feasibility and wider application can be worked out, no one knows how universal it will become. Even so, a look at Louisville—and Cincinnati— suggests that the food industry is seeking innovative ways to make shopping easier.

OUR COOKS SUGGEST

- To speed up the shaping and baking of drop cookies, spoon the dough into a pastry bag, leave off the metal tip, then press the dough onto the cookie sheet. Since you control the amount you press, you can be sure of uniform-size cookies and avoid sibling arguments of who has the bigger one.
- When a recipe calls for bread crumbs, always use the ones specified. For soft or fresh crumbs, tear or crumble bread slices in your fingers or whirl in a blender. For dry crumbs, crush stale bread with rolling pin or use packaged bread crumbs. —Frances M. Crawford



two of these M&M/MARS Fun size Candies...we'll send you \$1.50 cash refund.

POPUL NOLVE



Deck side of house faces the calm waters of a protected cove, where Lambert children play among the rocks. Front chouse (inset) is partially shielded by trees—and tree house

The picturesque one-acre home site, a rock-lined cove notched into the Rhode Island shore, called for something special. And Priscilla and Ben Lambert found it in one of 14 basic models produced by Deck House, Inc., a firm that both designs and manufactures housing.

For their family of five, the Lamberts chose a fourbedroom, 2,900-square-foot house. They altered a standard Deck House plan (Model 726 in plan book), adding two feet to the width of the playroom and giving the deck an eight-foot extension that incorporates a stairway leading to the grounds below. The deck extension provides outdoor access to the screened porch. Cost of the completed home, excluding land and site work, was about \$55,000.

Most Deck House designs include a balcony or deck, but the name actually derives from a unique roof system interlocking three-by-six-inch red cedar laminated planks that become ceiling facings. Deck Houses comprise two or more levels; each model has a mid-level entry. (continued)

MASTER

BEDROOM

14'x 18

NORTH



In floor plans, house divides neatly between the younger Lamberts and their parents. Children's bedrooms and playroom are on lower floor; master bedroom and guest room are on upper floor. Midlevel entry affords easy access to either.

t's even tougher for a piece of equipment get into my school than it is for a student." – James Beard: teacher, author, epicure.



convinced Corning ranges nake better cooks. Or 1 Idn't be teaching with them. get into my cooking school, all lent has to be is patient. There's

it a piece of equipment has to be And what's "good" to an averook isn't always "good" to me. ell, I can honestly say that the ing Gourmet Range not only s my demands, it surpasses them.

hose Corning engineers n eat at my house anytime. n a cook. Not an engineer. But came up with a cooking system s so ridiculously accurate, they've o be even more fanatical about ing than I am.

rst, they put in heating elements heat up evenly. No hot spots. cold spots. No scorching and burning.

Then, instead of just putting a thermostat in the oven, they gave each of the four cooking areas a thermostat of its own. (The Gourmet range is the only smooth-top that has these thermostats.)

Finally, they designed special pots and pans that work perfectly with the flat cooktop.

Now, I've used my own flatbottom cookware with excellent results. But with Corning's cookware, working together with Corning's thermostats, the cooking control is incredible. I mean, when a beginner cook can thicken a Hollandaise right on the cooktop without a double boiler—that's incredible.

It even makes better scrambled eggs.

People ask me why they need the Gourmet range if they're not gourmet cooks.

To make scrambled eggs. Very few people know how to make scrambled eggs with a consistent texture. Well, the Gourmet range knows how.

But if improperly prepared scrambled eggs is one of my pet peeves, one of my great pleasures is baking cakes and bread. And the Gourmet range has a self-cleaning oven that suits my needs perfectly.

It's big. I've had three 8-inch cakes going at the same time. On one shelf.

You know, a lot of people find cooking a chore.

But it's absurd not to enjoy something you do every day.

And with the Gourmet range, you'll experience the pleasures of cooking because you want to, not because you have to."

James Beard uses our Gourmet Counterange unit—the one that comes with Cookmates cookware.

We also make the Family Counterange unit. It has the same smooth cooktop. But you use it like a conventional range: with almost any pot and pan.

Both our Gourmet and Family series also come in a built-in version: The Counter That Cooks® Cooktop with single or double wall-oven to match.

For more facts, see the Yellow Pages under "Ranges." Or write: Corning Major Appliances, Corning, New York 14830.

CORNING

We invented smooth-top cooking.

Counterange, Cookmates and The Counter That Cooks are Trademarks of Corning Glass Works, Corning, N.Y. In living room (right) Alexa, 10, and Lauren, 7, square off for backgammon, while Hilary, 4, shows her parents a nature project. Behind eight-foot-wide fireplace wall is the kitchen.

Living room's glass wall opens onto fir deck (below) that's a room extension for the family in fair weather and a super spot for their weekend entertaining.





Flexibility is an earmark of the house the Lamberts chose, as of other Deck House designs. Due to post-and-beam framing of upper floor, partition walls on that level are not load bearing and can be placed to fit individual design needs. Quality materials are used throughout—among them Western red cedar siding and fir beams, Hope's bonderized steel windows, New Englander insulated tempered-glass doors.

Each Deck House is available as a package, erected shell or completed house. Models range from \$12,000 to \$30,000 for a package, and from about \$38,000 to \$94,000 for a finished house. Brochure and plan book are \$3; write to Deck House, Inc., Dept. AH, 930 Main St., Acton, Mass. 01720. —Jane Levy

Hilary keeps her mother company in the kitchen (right, above). The Lamberts changed the original plan, substituting an open cabinet (with serving counter) for a wall between kitchen and dining area.

Screened porch adjacent to living room (right) links dining area with deck. Insulated sliding glass doors are aluminum framed.









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century tapestry comes to life for your bedroom. Each Bellissimo bedspread is created by an intricate weaving process that's been the secret of Italian craftsmen for generations. Each is delicately embroidered in thick, luxurious yarns. And bordered

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Onlyat

Sears





HOMEOWNERS'INSURANCE

Has inflation left

ir homeowners' insurance may seriously out of date-and it ld cost you a bundle of ney. The reason? Inflation. lacing your home or its tents now would cost far more today than when bought it. How much more ends on when you bought. , for example, a house that \$30,000 to build in 1968 costs about \$44,000. ow does this affect your rrance? Two ways. First, a total loss, the company s only the face value of

r policy. If this fails to cover replacement, you

e to make up the difference.

econd, on a partial loss, you may recover only a tion of what you should because of the so-called -insurance" clause. This requires that you ry insurance to cover at least 80 percent of the lacement cost of your house. If you don't, you ome in effect a "co-insurer" of your own house I are responsible for a part of any loss you incur. That can you do about it? First, understand that lacement cost, the key definition affecting the percent rule, refers to current construction ares. When figuring replacement cost, consider y the dwelling—not land, ground improvements contents. Establish this amount by one of the owing:

. Take the original building cost and increase it a multiplier from the table below. For example, our house was built in 1965 for \$30,000, multiply

1.73. Result: \$51,900.

manage management		
2-1.10	1968—1.48	1964-1.78
1-1.17	1967—1.59	1960-1.93
0-1.30	1966—1.65	1955-2.22
9-1.38	1965—1.73	1950-2.76

. If your house was not built recently, or if you a't know the original building cost, ask a local lider to estimate replacement cost. His fee for

ch an appraisal will be \$50 to \$100.

Find out the building cost per square foot in your a (from the local home builders association). imate the square footage in your house and altiply. (Example: 2,000 square feet at \$20 a pare foot = \$40,000 replacement cost.)

Each time you pay your annual premium, resolve refigure replacement cost and increase your covige, if necessary, to equal or exceed the 80-pernt level. Instead of figuring replacement cost and you uncovered?

percentage of coverage each year, however, you can sign up for Inflation Guard or a similar accelerated insurance program to keep your coverage up to current costs.

With Inflation Guard, the coverage is automatically increased 1 percent every three months. That's 4 percent a year.

In addition to protecting the actual dwelling, homeowners' comprehensive insurance also includes coverage of contents (personal property) against physical damage and theft, and liability protection. Infla-

tion may have affected these as well. The standard coverage of contents (50 percent of the insurance on the dwelling) may not be enough. One way to find out is to inventory all your belongings room by room, and assign a current market value for them. If it exceeds the 50-percent contents coverage, arrange for additional protection with a rider. Typically, \$10,000 additional coverage for personal property costs about \$25.

Homeowner policies almost universally provide \$25,000 liability and \$500 medical coverage to pay for injuries to others or for property damage to others. Since awards in damage suits have also been inflated, you may not consider this enough to protect you. For a \$5 premium an average homeowner can buy \$100,000 additional liability coverage.

age.

Increased coverage in any of these areas will also, of course, increase your premiums. Here are some ways to help keep your insurance costs down.

1. Consider a change in the form of coverage. Three levels are available in the homeowner package—Basic, Broad and All-Risk. Perhaps you are carrying more than you need or want. Ask your broker or insurance company to explain the differences.

2. Consider increasing the deductible. Most policies are written with a \$50 deductible, but higher deductibles are often available with a surprising savings in premium. Raising the deductible makes you responsible for more in the way of small losses, but still protects you against serious problems.

3. Consider different companies. Cost of homeowners' insurance varies considerably among companies and is sometimes based on personal service offered. You may be willing to trade personal service for a lower premium.

—Merle Dowd How to Effectively consumer: You really can get satisfaction.

There are certain tricks and rules of thumb that increase chances of getting results in complaining. To simplify matters, most of the examples that follow assume that you are complaining to a retail store about a product; but the basic technique is applicable to just about any situation. First, let your fingers do the walking and try the telephone, which involves good telephonemanship.

1. Identify yourself fully: "This is Chris Jones

from over in Consumerville." 2. State your purpose: "I'm calling about that dishwasher you sold me" (the repairs you made on

3. Ask to speak to the relevant personthe car, house, etc.). sales manager, service manager, etc. Choosing the right person is a very important step. It can mean the difference between getting satisfaction the first time around or having to go through a lengthy process. The general rule is to speak to someone with power to make the decision you want to have made. In a consumer context, usually this is someone in a supervisory capacity rather than the person who sold you the item or performed the service. Incidentally, on service or appliance complaints, it's good to call even though you know you will have to bring in the item. You'll get quicker

service when you arrive. 4. State the specific nature of the problem: "Dirty water keeps leaking from the left rear corner of the machine." ("It rained last night

and the roof leaks.") 5. Make your demand. It will, of course, be phrased diplomatically, but it should convey to the person on the other end the sense that you expect action. It's a good thing to add in a time limit: "Can you please send a repairman over today to look at it?" ("Can you get over here and do something about it before the next storm?") Note that the demands were stated in a way that demanded a response and conveyed an expectation that you are going to be at the very least disappointed if the demand isn't met.

6. Wait for an answer. The properly timed pause is one of the greatest weapons of good telephonemanship. The human psyche abhors a telephone vacuum. Silence is a contradiction of the very purpose of a telephone call. So just shut up and wait. An answer will invariably follow. Often the answer will be a counter-proposal, a vague promise of the "We'll-get-to-it-as-soon-as-we-can"

7. Don't accept such a generality. Press for a commitment by restating your demand so as to require a yes or no answer. A good way to do this is to blithely assume they have agreed to your original demand: "So you'll send somebody over today, then."

8. If the answer is no, keep pressing: "You mean, I'll have to wait until tomorrow?" The strategy is to make the other side keep refusing specific demands. When the other side finds itself having to say "no" three or four times in a row, the vaguely normal human begins to feel an urge to be able to say "yes" on something. All those "no's" are building up sort of a psychological debt that can only be repaid by a "yes" of some sort. So you continue: "Well, how about Wednesday? (No.) You mean I'll have to go through the entire weekend?"

9. Get a specific promise with a specific time: "So, you can get someone over here next Tuesday, then?" If the person on the other end says he or she can't make that commitment, ask to

speak to someone who can. 10. Get a promise as specific as possible. Maybe there actually is no one who can promise the repairman will show up at two o'clock on Thursday. But there must be some time within which they can promise or predict. If all else fails, ask how long it normally takes. This is an important step because you will want a specific promise to refer to if you have to write them a letter, which will be the next move if things aren't settled to your satisfaction.

11. Ask who it is you are talking to and write it down. It will give you something else to

The above implementation of the art of telerefer to in a letter. phonemanship may or may not get results. If it doesn't, you can at least be sure that you have maximized your chances—and made an impression on the other end. And if, for some reason, things don't work out-the repairs are sloppy or the lemon is just plain unrepairable—it's time to escalate to Phase Two, which is letter writing.

The first rule is to save all paper. It doesn't take an elaborate filing system; just shove everything in a drawer, so you can get your hands on it again. Keep a copy of everything you send out. How many copies? Three is not too many. The copies will be used in demanding further action—ultimately in court, if it comes to that. If you can show the judge that you have made an effort to get satisfaction in a reasonable way; you have gone a long way toward getting his sympathy. That is more than half the battle. A good letter lays the groundwork. The letter should contain the basic facts:

 When and where you purchased the item or received the service, and from whom. If you don't know the name of the salesman, describe him.

 The representations that were made to you, if any, about the quality of the service or the product. Here you are laying both the moral and legal groundwork for your claim. Basically, what you are saying is that you were promised such and such result. These representations, if you can prove them, are often legally binding despite disclaimers on guarantees. If the other side doesn't deny them in any answer they may send, there is an inference to be drawn that this silence is an admission. At least, the other side later has to answer the question of why they waited until now to deny. And when it's your word against theirs, this piece of paper lends extra weight to yours.

• A summary of your story thus far. Be specific but terse—just the facts—the old "Who, What, When,

Where, How" rule.

Your demand. This may be a restatement of the old demand, or a new one: "Since your servicement do not seem to be able to repair it, please make arrangements to replace it or pick it up and refund my money." What your demand should be depends on a lot of things. From the response of the other side thus far, you should know how honest and sincere the people are. You can try to have the product returned and your money refunded. Or you might want to have them deliver a new one. However, in this business of making demands, don't get carried away. Ask for something that the other side can say yes to, not something outrageous.

Note that your letter doesn't have to be in lawyer's English. Plain language will do the job:

Dear (Decision Maker):

On ______, I purchased a ______ on sale for ______. The set in the store worked fine and the salesman, a dark-haired man whose name I do not have but whom I would recognize, assured me that the set would work right and that it was "100-percent guaranteed" for six months.

Unfortunately, the set has not worked at all satisfactorily. The repairman you sent out ________in response to my call fooled around with it and it was a little better for a couple of days, but now it's back to its old tricks. Since the set is useless to me, the best thing is for you to refund my money and pick it up.

Please let me know as soon as you can when we can get this done.

Sincerely,

For extra impression, send the letter certified mail, return receipt requested, forestalling any claim that your letter wasn't received. Note that the letter is addressed to the "decision maker," that person with the authority to make the decision.

After this, it's up to the other side. If your demand is met, it's endgame. Most of the time this is the way it will be. You've made it a lot simpler for the other side to give you what you want than to continue.

But if the other side refuses, then you can decide to give letter writing one more try or to initiate suit. It's possible that just a little additional shove will get what you want, or that no amount of further persuasion will budge them an inch. In that case, push has come to shove.

If you are dealing with a complaint involving a brand-name product, it is probably worth one more letter. This one will: 1) state your position and demand once more, 2) explain that you feel you have no choice but to seek legal recourse, 3) be sent to manufacturer also. The third step, appealing to a higher authority, puts additional

From "Sue the B*st*rds: The Victim's Handbook." Copyright © 1973 by Douglas Matthews. Published by Arbor House, New York. This is a Book-of-the-Month Club Special Dividend Selection for fall.

pressure on. In the first place, chances are that the manufacturer will actually be concerned and will contact the store for an explanation; in the second, the store may choose to head off any more hassles. Finally, you have one more piece of paper to show that you have been reasonable. Such a letter might be:

Dear (Decision Maker):

As you know, 10 days ago I sent a letter asking you to return the television set which has given us so many problems. So far, I haven't received an answer. (Or: I'm afraid I can't agree with your letter suggesting that the problems are not covered by warranty or are caused by my misuse of the set.)

I really still feel that the only fair way to resolve this matter is for you to take the set back and refund my money. If you still don't feel this way, then I guess we'll have to settle the matter in court. Please contact me immediately.

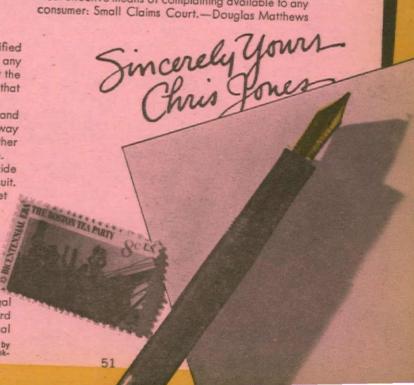
Sincerely,

The decision maker should receive copies of the letter with carbon copies of your first letter enclosed. The third carbon you save for the judge.

One question that arises using this technique is how to find the address of the manufacturer. Most of the time, it's printed somewhere on the product, but if it isn't, the local library will have one or more business directories. One advantage of going to a business directory is that you can usually get a specific name, which is always better. Otherwise, just go to the top and address it to "President."

There are sources other than the manufacturer you can appeal to, such as the Better Business Bureau, or Chamber of Commerce, and these can be used if you are dealing with a local store. But the pressure, if any, engendered by this sort of appeal, or even appeal to government bodies such as consumer affairs offices, isn't as strong as appealing to someone higher up in the company.

At any rate, by this time, or perhaps without even going through all these steps, if satisfaction has not been rendered, time has come to escalate to the most effective means of complaining available to any consumer: Small Claims Court — Douglas Mattheway





Birds are nature's bonus to the gardener. They add sound, color, movement and life to a garden. What's more, they keep the insect population in check. Songbirds require four basic elements for survival: food, water, shelter and breeding areas.

Food is the easiest need to fulfill, because the size of your yard is not related to the amount of food you can provide. Your yard naturally yields earthworms; your trees provide insects. Thus birds don't need to be artificially fed, certainly not in summer or fall and seldom even in winter. Feeding birds indiscriminately is not always an aid to ecology. There is evidence that by providing bird food, many well-intentioned homeowners may actually be reducing the chances for survival of many desirable sonabirds.

The real beneficiaries of overfeeding can turn out to be house sparrows, starlings and pigeons, which tend to crowd out the more attractive native birds. Selective feeding is the answer. Feed in late winter when natural bird food is scarce—and in early spring, to encourage nesting on your property, before plants have budded. Choose food that appeals to specific birds. By hanging suet on a wire you can attract mockingbirds and catbirds. But sparrows won't eat it, and starlings are too big to cling to a wire. Put out sunflower seeds, if you want cardinals, goldfinches and grosbeaks.

Birds eat many things not usually considered food. When the land is seemingly barren in winter, they feed on sumac, haw-

aspen and mountain ash also make contributions, and birches carry their seeds all winter. Right now is the time to plant small trees, such as flowering dogwoods, and fruit- and berrybearing shrubs. All will provide excellent cover as well as winter food for birds that do not migrate. Black elderberry, viburnum, bayberry, inkberry, false bittersweet and red or black chokeberry are known to attract songbirds. When planting, place close together-birds like dense, brambly growth—and plant near the house so you can see them.

Drinking and bathing are also important to birds. And water will attract warblers, thrushes and other birds that would never come near a feeder. A pedestaltype bath is best, because it offers protection from cats, but even a shallow tray will do.

All birds need certain types of natural, vegetative cover so they can reproduce and raise their young. This "cover" must shield them from the elements and protect them from predators. Nesting places should be suited to both high- and low-nesting birds. If there are no tall trees on your property, a birdhouse could be an attractive substitute. However, birds that prefer holes in trees for nesting are more likely to be drawn to nesting boxes. House wrens, swallows and woodpeckers will nest readily in bird boxes that measure 6 by 8 inches and 6 inches high, with a round entrance hole 11/2 inches in diameter. Bird boxes on poles at least 8 feet high get the best results—and are

most quickly inhabited. Now is a good time to begin bird-box or house projects. Certainly, they should be in place before winter ends, so the birds will "discover" them before early-spring nesting.

Some birds are more fussy than others about the specifications for their homes. Purple martins, which gobble up great quantities of mosquitoes, prefer apartment-type houses with several layers of compartments. These houses should be set in open areas on poles 8 to 12 feet high.

The ideal home for the muchsought-after bluebird is a "Duncan box," whose interior space measures 5 by 8 inches and 5 inches high, and which has a sloping, hinged roof to shed rain and holes in the bottom for drainage. The entrance hole is 1½ inches across, but there is no perch; thus sparrows are outwitted.

A hollowed-out gourd hung from a tree branch will attract the delightful hummingbird to nest, while a deep basket, hung from the very tip of a branch (preferably of a tall tree) will captivate the Baltimore oriole.

The ideal bird sanctuary has tall and low-growing trees, as well as brambles for the song-birds that prefer nesting near the ground. It has open areas and woodlands, orchards and berry-producing trees and shrubs—in addition to a large pond and running stream. A tall order, to be sure—this ideal is a far cry from the average homeowner's lot. But even the smallest property—a window box, say—can supply the basics for a garden on the wing. —Lawrence V. Power

Household Fix-it Finesse

Make these common repairs with ease, all by yourself.

HOLE IN WALLBOARD

Wallboard, also known as Sheetrock and plasterboard, is the most popular wall and ceiling material in new homes and apartments. Usually it doesn't develop cracks like plaster,



but the corner of a piece of furniture can poke a hole in it.

To repair damage, draw a triangle around the hole; the triangle should be just big enough so that all of the hole is inside it. Use a keyhole saw or a loose hacksaw blade to cut out the wallboard outlined by the triangle. Make your cuts slanted.

Obtain a small piece of plasterboard (at building-supply stores or lumber-yards) the same thickness as the existing material. Cut a patch to fit the triangle, this time slanting the edges to fit snugly into the wall-triangle edges.

Mix up a batch of joint compound (available at hardware stores) and use a scraper, putty knife or spatula to smear the compound into the edges of the patch. Press the patch into place in the wall

and skim off the compound that squeezes out with a scraper or putty knife. Apply a very thin coat of compound over the edges of the patch. Cut and press pieces of perforated joint tape (also at hardware stores) over the edges into the compound. Apply more compound over the tape. This coat should also be thin, and as smooth as you can make it. Touch up the patch with a coat of the finish paint you're going to use, let dry, then paint the entire wall.

The above repair is for holes that are, say, up to 6 or 7 inches wide. If you've got something bigger than that, it is better to take the whole panel down and replace it.

DAMAGED PLASTER

Plaster is a popular material. Unlike wallboard, which is applied in solid sheets, plaster is applied wet with a trowel. If you don't know what you have, rap on a wall with your knuckles. Wallboard sounds hollow, plaster solid.

Plaster commonly develops cracks and



holes. If a wall or ceiling has "hairline" cracks, the first step is to widen and deepen them so repair filler can get a grip. Get the now old-fashioned beer-can opener with a hooked end; draw the hooked part of this along inside the crack, digging deeply (you can use a screwdriver or scraper).

For filler, use plaster of paris. Pour some in an empty coffee can and add a little water. Mix. Gradually add more until plaster is soft and workable without being soupy. To every coffee-can full you mix, add a teaspoon vinegar. This will triple the hardening time (ordinarily only about 10 minutes).

Wet the crack down by sponging water in; using a 31/2-inchwide scraper with a flexible blade, force plaster into crack and smooth it out level with the surrounding wall. Try to get the plaster perfectly smooth with the scraper; if you try to sandpaper it smooth later, you won't succeed. After smoothing with the scraper (use as few strokes as possible), draw a folded. soaking-wet rag across it as a final smoothing process.

If you have a hole that's less than 2 inches wide, remove all crumbly material with a scraper. Wet completely. Mix plaster (don't forget the vinegar) and pack into the hole until it's ¾ full. Let

dry, then fill the rest of the way. Smooth level, wipe extrasmooth with wet rag. If a hole is more than 2 inches, clean it out as above, then fill it 3/4 full with ordinary steel wool, wedging it in tightly. Apply plaster in the hole 3/4 of the way; be sure to cover hole edges. When this dries, fill hole the rest of the way, smoothing out as before.



MILDEW MALADY

You can find mildew on the inside or outside of the house. commonly in damp areas. Many people mistake mildew for dirt. To tell the difference, dab a little pure bleach on the discoloration. If the stain disappears, it's probably mildew; if not, it's dirt. Usually, mildew is gray and appears cobweb-like.

You can remove mildew with a homemade solution: To every 3 quarts of warm water, add ½ cup of Soilax, ½ cup of detergent and 1 quart of household bleach. Wear rubber gloves and scrub the mildew with a scrub brush. Repeated washings may be necessary. (continued)

DAMAGED CERAMIC TILE

Ceramic tile is one of the toughest building materials available. However, it can be scratched, broken or chipped, and it can fall out. For good looks and to keep



moisture from sneaking through behind the tiles, any that are damaged should be replaced.

To get a damaged tile out, use a 3/4-inch cold chisel (available at hardware stores) and a hammer. Chip away at the corners of the tile. When all corners are chipped out, slip the chisel under one and lift. Scrape away all the adhesive on the wall; apply fresh epoxy adhesive around the edges and in the middle of the replacement tile and set it in place.

Or, even easier, just mix up some plaster of paris and set the tile in this. When the adhesive or plaster of paris is dry, use your finger to fill in around the tile with a readymixed grout (available in tubes at hardware stores). Smooth it out with your finger so it is shaped like the grout between the other tiles.

WORN RESILIENT TILE

Resilient tile gets its name from the fact that it has some "give." If one gets badly worn or chipped, replace it. First, remove the bad tile. If you have

vinyl asbestos or asphalt tile, do this with heat. Put a damp rag on the tile, then place an iron, at its hottest, on the rag. As you apply heat, pry up the tile at the edges with a putty knife. Usually the tile will curl up and can be removed easily. Apply the new tile and roll with a rolling pin. If you can't use the old adhesive, use epoxy.

Vinyl and rubber tiles are removed without heat. Using

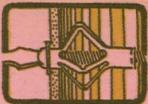


a curved linoleum knife or a utility knife, cut deeply around edge of tile—in the seams. Using a chisel and hammer, remove the damaged tile. If necessary, chop into the center of the tile and work toward the edges. Take off any adhesive remaining on the floor. Fill holes with wood putty.

If you don't have a spare replacement tile, consider taking up four or five tiles in a row, or four tiles in adjacent rows, and installing tiles of a contrasting color as an accent.

LOOSE LITTLE FIXTURES

When a small fixture, such as a toilet-paper dispenser, is attached to plasterboard with screws, it invariably comes loose. Plasterboard is too thin to enable a screw to get a good



bite. Discard the screws and get a pair of %-inch "Molly" bolts. Use a nail or screw to make screw holes big enough so the Molly bolts can fit through. Push Mollies in. Tighten. When tightened all the way, unscrew; the socket parts will stay in the wall. Align the holes on the fixture over the Mollies and reinsert the screws. Tighten.

DAMAGED BATHTUB CAULK

Caulk is used to seal the seam between the top of the bathtub and the wall. Eventually, it cracks or falls out. To prevent water from getting down behind the tub, the caulk should be replaced. One good replacement is silicone caulk, available at hardware stores.

Before applying, clean out all the cracked caulk. Use a screwdriver or putty, knife. To apply the new stuff, simply squeeze the tube;



the caulk squirts out slowly. As it does, draw the spout along the tub/wall seam. When you've got the seam completely filled in with a solid line of caulk, smooth it out with a wet forefinger or a spoon handle. Let dry.

TV TROUBLE

When something goes wrong with your TV, chances are that a bad tube is what's causing the trouble. Replacing it is easy! First, pull the plug out. Wait four hours: this will eliminate any electrical hazard. Take the back of the set off. Somewhere inside the set will be a tube layout. It shows where the tubes are. Remove the tubes by pulling upward on them. As vou take out each one, make a little check mark on the diagram.



Remove all tubes. including those with metal guards over them. The only tubes you don't touch are inside a little metal box-the high-voltage tubes. Don't worry about them. When all tubes are out, take them to your radio or TV store. Ask the dealer to test them for you. He has a machine for this, and the job only takes a few minutes. If you have one or more bad tubes, your problem's likely over. With the diagram as a guide, replace tubes, substituting new ones for defective ones. If you still have trouble, call a serviceman.-Tom Philbin

inkles have been a pressing problem ever since the ancient eeks first devised a crimping iron to pleat their linen robes. day, even with permanent-press and new fabric finishes, inkles still happen, and irons are still essentials. There's an n in just about every American household—nine and a half lion are sold each year—so owning an iron would appear be nothing special. But buying one, your first or a replacent, may be a bit perplexing. First of all, there are dozens to pose from today, ranging in price from \$7 for a simple dry n to \$35 for a deluxe steam-spray model. Secondly, toy's redesigned and improved lines, plus new fabrics and shes that make ironing easier, may befuddle you even ther. Here are some things to know in selecting the best on for your household.

There are three common types of irons—dry, steam d steam-spray, the latter being the best-seller, probably cause it best suits all-purpose pressing and ironing.

Soleplates may be aluminum, stainless-steel-clad aluminum aluminum with a nonstick finish. Plain aluminum, the most pular soleplate, is lightweight and inexpensive; it heats enly and quickly. Stainless steel is scratch-resistant and ore durable. And a nonstick finish discourages irritating arch and lint buildup. After you have decided on the type ost geared to your needs, look for features that can make our particular ironing chores easier.

When considering an iron, pick it up and hold it as though bu were actually using it. The iron should be balanced venly and feel comfortable in your hand. A contoured hane and thumb rest are two such helpful features. Remember, o, that it's not the weight, it's the heat that does the job, so

oose the lightest one that feels right for you.

Look for an iron that's sturdy when sitting in the upright osition. Some models have an extra-wide heel rest or speal horizontal bar to help prevent tipping, and in a few ases, to provide cord storage. By the way, never wrap the ord tightly around the iron; the strain shortens cord life.

Temperature control should be conveniently loated, clear and easy to set. Some irons have a fabric uide that gives the correct temperature setting for many ypes of fabrics. Another good feature is an indicator that ells when the correct temperature has been reached.

The soleplate should have contoured sides or indented ooks for ironing around buttons without lifting them.

In steam and steam-spray irons, the water reservoir should e easy to fill and empty. Capacities vary, so if you do a lot of steaming or spraying, choose the largest-capacity model. water-level gauge is a handy feature that lets you know at a glance when the tank needs refilling.

Check to see if you can use regular tap

vater or if you must use only demineralized or distilled water. Also note whether you can switch from steam to dry ironing without emptying the

A convenience worth having in an iron is a spray eature that can be operated at any temperature setting. You might also look for a device that lets you use an extra amount of steam when needed, for removing stubborn wrinkles or putting in sharp creases.

Be sure to check out the spray feature of any steamspray iron you are considering. Some sprays operate continuously as long as the spray button is being pressed. On others you must pump

a push button to maintain the spray. If you use the spray feature often, the first type is more convenient and less tiring to operate.

Several companies have recently introduced irons with a new self-cleaning feature that flushes water and steam out of the steam vents. This allows you to use regular tap water in the iron, for it prevents a buildup of mineral deposits in the water reservoir. It also eliminates the brown spotting that can be caused by scorched lint deposits in the steam vents.

Here are some useful tips to help you increase ironing efficiency, and at the same time avoid accidents:

Allow several minutes' heat-up time before starting to iron. This will give the soleplate a chance to

If the fabric you're ironing is a blend of two or more fibers, set the temperature for the fiber that is most sensitive to heat. Incidentally, if you don't know what kind of fabric you are working with, blend or otherwise, test the heat of the iron on an inside seam first to avoid scorching.

Don't iron over metal objects such as pins, snaps, metal zippers and buttons, as they can scratch the soleplate. Take care with plastic zippers, too; the heat of the iron might possibly damage the zipper teeth.

Don't overfill steam or steam-spray irons. Too much water, when heated, causes spills.

Use an up-and-down, rather than a sliding, motion for touching up stretch fabrics and knits. To avoid unnecessary stretching, you want to exert pressure down on the fabric rather than carry it across the surface.

To hand-block knits, turn inside out and stretch out the area to be blocked on the center of the ironing board. Pin the material to the ironing-board cover to maintain the proper shape. Steam, holding iron above the garment. Let dry before removing from ironing board.

To avoid getting seam marks on a garment, put strips of brown paper under seam edges before you iron.

Press silk, acetate, rayon and all dark fabrics on the wrong side to prevent shininess, or use a pressing cloth. If a cloth isn't handy, dampened paper towels make an excellent substitute

With napped fabrics, such as corduroy, velvet and fake fur, hold your iron approximately one inch above the surface; alternately steam and brush, using a soft brush, in the direction of the nap.

Iron each part of a garment until it is completely dry before starting another section. If one part remains damp while you iron somewhere else, it will wrinkle and crease. Iron

collars, cuffs, sleeves and other small areas first; then proceed to the larger flat areas. It's best-and certainly safest-to begin ironing those garments that require the lowest temperatures, then work on those that need more heat. If you do have to change from a higher temperature to a lower one, make sure you wait a few minutes for the soleplate to cool accordingly. To accelerate the cooling process, try ironing over a wet cloth. Always unplug your iron when it's not being used, or when you are filling or emptying it.

Empty the water while your steam or steam-spray iron is still warm, so residual heat will, dry out the water chamber, reducing the possibility of rusting.

Always let an iron cool completely before putting it away; then be sure you store it in the upright position.

-Jeanne M. Bauer



There's a bewildering variety of models on the market, each with its own worksaving conveniences and safety features. Here's how to choose the one most likely to make ironing a smooth operation for you.



It brings you a musically inclined panda, a light bulb with an economical glow, a fly-anddrive holiday dividend you can't afford to miss.



... AND IT COMES

It may look like a panda or a flying saucer. But what it is really is sound with shape appeal. The Panda (by ICP, about \$10 retail), is a kids' five-transistor AM set that plays through holes in its tummy. The saucer, Weltron's futuristic "2005," is definitely grown-up (at about \$329 retail), a complete disc-shaped home stereo entertainment system—AM/FM radio, eight-track tape player and deluxe BSR changer.

Pandas and saucers aside, the most relaxing sound system yet has got to be "Hear Muffs," comfy velour-covered earphones that curve around the back and cradle your head so you can take your music lying down. Prices start at about \$30 and reach the \$100 level for four-channel rug recliners' Quadramuffs—a musical four-on-the-floor.

WATT SAVINGS

Light bulbs—all innocently egg-shaped -may not look like fuel guzzlers, but they are. Which is why Duro-Lite's new "WattSaver" bulbs are such good, relevant news. Thanks to nontoxic krypton gas and a patented copper-tungsten filament, they use 10 percent fewer watts per lamp, yet shed the same light as conventional 60, 100 and 150 watters. What's more, they glow longer: 2,500 hours vs. 750 to 1,000 hours. At \$1 to \$1.10 each, they're at department and hardware stores. Another help: an informative leaflet spelling out the watt and kilowatt hours consumed by every household appliance. It's by the Electric Energy Association; write your local utility for a free copy.

COLLECTABLES

It's round and blue and seven inches across. "It" is a Bing and Grondahl Christmas plate. And if you have one dated 1895, it's worth \$2,700 (at issue, the price was 50 cents) to an estimated two million U.S. limited-edition plate collectors. This according to Joyce Petrozzini, president of Joy's, Ltd., Chicago mail-order specialists in commemorative china, and she would know.

As editor of the newsletter of its Limited Edition Club (membership is \$25 or one purchase per year), she corresponds personally with members searching for every sort of fine dated china -B. and G. and Haviland, Hummel plates from Germany, Italian Veneto-Flair plates. "I like dealing with people, helping them find things, and I think it shows," she says, adding that commemorative-plate gathering is "addictive" and it needn't be expensive (the 1973 "Peanuts" Mother's Day plate was \$13, last time we checked), and your trove grows in value every year.



CAR-GO HELP

More long weekends and many dras tically lowered transcontinental ai fares are influencing families to divide their total holiday time into more and shorter vacations. The Hertz car-renta folk are set up to come to the aid o your itinerary with a series of "Vacation Plus" guides designed especially for fly-and-drive trips. Each maps out eight to 12 driving tours of approximately 100 to 500 miles, offers sightseeing tips and gives mileage listings. Example: an excursion through "George Washington Country" from New Jersey to West Virginia. Each guide is paired with a "Vacation Values" discount book that could save you up to \$200; all are available free from your travel agent.

HEARTH WARMING

There's nothing like a toddy by the fire after a brisk jog or a long country walk. If you're tired of buttering rum, how about hot rum-laced lemonade? Simple, really. Put an iced-tea spoon in a 10-ounce highball glass, add the juice of one lemon, a jigger of rum and sugar to taste. Fill the glass with hot water and think warm thoughts.

AMERICAN BEAUTIES

There's great looking to be found in New Haven: "American Arts and the American Experience," the new permanent exhibit at Yale's Mabel Brady Garvan Galleries, the country's oldest university art gallery. And it just may be the youngest, most exciting thing around. Designed by Ivan Chermayeff, supervised by curator Charles F. Montgomery, the exhibit reveals and relates in new ways: a straight-backed New England chair in silhouette, for example; a Queen Anne chair suspended and "exploded" into component legs, arms, seat; a right-now denim bean-bag chair. The names Chippendale, Warhol and Sears, Roebuck are all there, too. Seeing is enjoying land learning), especially during October's Festival of Arts and Crafts. . . . Meanwhile in Chicago: the premiere showing of the Art Institute's collection of woven American coverlets, dating from 1800, all ensconced until October 14.





THE KITING CULT

A favorite children's pastime is being taken seriously by more and more hobby-minded adults.

Kites, like bikes, are being reclaimed from the world of children. More and more adults in America are discovering the pleasures of sending something soaring into open skies, making visible the invisible winds, feeling the tug of rising thermals and watching their own personal patch of color climb, Icarus-like, toward the sun. (Kites are mysteriously sun-seeking.)

"It's a bit like fishing in reverse," a kiting convert explains. "You've got something on a string that you can play and control, and you're out in the sun and the air, only you're looking up, not down, into the blue."

Kite flying is also like fishing, in that it can be enjoyed on many levels of sophistication. In the one field, beginners traditionally are equipped with a bamboo pole and a bent pin; in the other, they start with a dime-store "Hi-Flyer" made of two crossed sticks and tissue paper. For the serious fisherman,

there are delicately balanced tonkin rods and elaborate r similar reels and precision-n kites in a variety of sizes and signs are available to the flyer. He can build his own kit shop for one in toy departme supermarkets, hobby shops, . anese import houses and some bookstores. He can enjoy sport in solitude or in cor company. He can even comp Many parks and towns run k flying competitions, and on more informal level, any mead full of kite flyers is likely to t up contest-minded types. most dramatic way to compete with fighter kites from India, wh stalk the air, cutting down versaries with upper strings t glitter in a paste of ground glass

Kites are commonly either f or bowed or boxed, with ma complicated variations of airfo coming into use as well. Trationally, kite-shaped has impli diamond-shaped, and these can either flat or bowed. The aerod namics of flat and bowed kites a slightly different, and the flat kit tend to fly more upright, t bowed kites more "on" the win like airplanes. Flat kites-excer for fighters-need tails for stability ers; bowed kites do not. Fla kites can be almost any symmetr cal shape; many are multiangle or people-shaped or bird-shape or rocket-shaped.

Two critical matters that begin ning kite flyers often slight, to their eventual dismay and frustration, are the string and the bridle The string or flying line must be matched to the kite in weight and strength; you must get one that is strong, but not so heavy that it will droop and make your control of the kite difficult. ("You don't walk a chihuahua with an anchor chain, do you?" asks a kiting enthusiast.) The bridle, an arrangement by which the string is at-

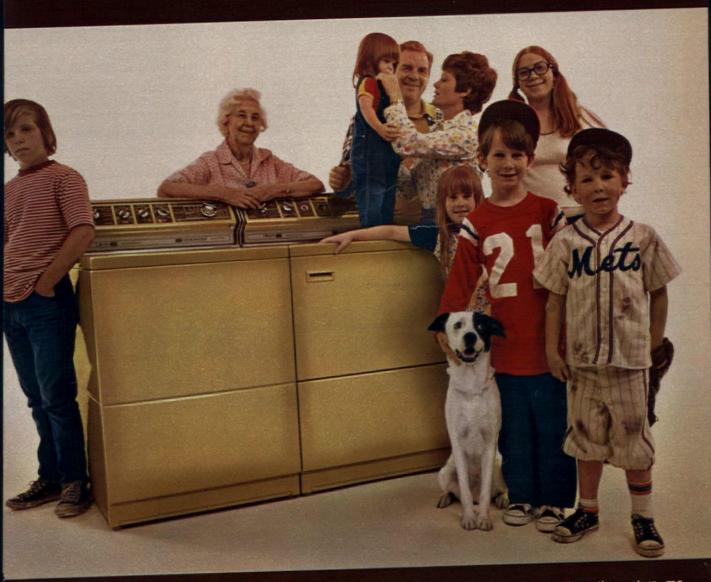
tached to the kite, controls the all-important angle of attack; trial and error will net you the best bridle for your kite.

Where you do your kite flying is important, too. An open hilltop is probably ideal, but not too common. Parks often have meadows set aside for kite flying, but some parks actually forbid kites! (Only recently has a Washington, D.C., ban on kite flying been lifted.) The traditional running-like-mad to loft a kite is not really necessary—an expert can launch his fighter kite by himself, from a standstill.

Pick a place with few downwind obstructions. Charlie Brown's kite-eating tree may well be mobile and unavoidable, but don't ask (continued on page 107)

The many passenger /asher and Dryer from Frigidaire and General Motors.

They handle up to 18lbs. each time you give them a spin.



Maybe you didn't know it, but Frigidaire is part of deneral Motors. And some of the engineering skills that to into G.M. cars also go into many of our dependable rigidaire appliances.

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C. Two or

more

Airplane

E. Camper or

mobile

home

A. Hotel

B. Motel

C. Home of

friends or

relatives

Train

A. Auto

D. Bus

past 12 months?

· If you traveled domes-

portation did you use?

tically, what means of trans-

What accommodations

a camper or mobile home?

did you use other than

A. Airplane B. Ship Auto D. Cruise A. Auto B. Airplane, C. Bus

Yes__ No__ Yes__ No__

No_ No. Yes_ Bermuda Canada Caribbean

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Have more fun with National Car Rental's See-More/Spend-Less Car Rental Plan. A folder details this special package rate.

2 BERMUDA VACATION-PLANNING KIT

In it you'll find an informative 16-page color folder describing the island; Travel Tips that suggest things to see and do in Bermuda; Handy Reference Map with a listing of hotel and guest-house rates.

3 CONNECTICUT FOR ANTIQUES BUFFS

This attractive brochure describes 7 low-cost weekend packages for fabulous antiques shopping in colonial Connecticut. All packages —available in fall, winter and spring—include accommodations, breakfasts and dinners, antiques shopping guides.

4 MASSACHUSETTS VACATION-PLANNING

A colorful guide that also doubles as a poster, it comprises an illustrated map-plus lists of all events, activities and local attractions.

5 MASSACHUSETTS SKI AREAS

Here's a map that pinpoints 44 individual ski

6 MASSACHUSETTS CAMPING GUIDE

This map locates and describes 152 different camping grounds, both public and private.

7 SKI NEW YORK 1973-74

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Within the next six months,

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months, are you planning

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to take an international

· Within the next six



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Any detergent, even the best, can leave water spots. Because water spots start to form in the rinse cycle, long after your detergent has gone down the drain.

Jet-Dry <u>can</u> prevent water spots. Because Jet-Dry works in the rinse cycle—makes rinse water sheet off your clean dishes without leaving drops behind. No drops, no spots.

There's liquid Jet-Dry for dishwashers with dispensers or solid Jet-Dry for machines without.

So if you want to see what spotless really means—try Jet-D Water Spot Preventer.



Jet-Dry Water Spot Preventer.

No one has enough space, it seems. Too often, homes are built for the way we think we live or wish we could live, not for life as we really live it. Since most of us cannot afford to have a home custom-built to suit our needs, we must use the space we have imaginativelyto make it go further. To do this, you must find out where you really live: Jot down how much time you really spend in each room. Do this for several days

of an average week, then be surprised.

If you live in a house, you will probably find that you spend the least amount of time in rooms on which you've spent the most decorating money and effortthe living and dining rooms. You'll find that you do much more living in the family room and kitchen. If you're an apartment dweller, your living room is probably well lived in, the kitchen, too. But in houses and apartments, bed-

rooms stand empty more half the time.

It isn't difficult or particul expensive to turn a partroom into one that works time. And you don't have to down a single wall. List the th you've always wanted to do lacked the space for: hobbies sewing, potting, movie-mak Now, keeping in mind your orating daydreams-more ro in the kitchen, less clutter in kids' room-divide these activi among single-purpose rooms.

Consider housing messier h bies in the dining room, if have one-close to the kitch and the sink. The dining room one area you probably use le If this room runs true to fo the table and chairs take up the floor space in the middle, the periphery is rather bare. V not move the chairs and table one side, or eliminate them a gether and use folding furnits or find a smaller table and kee large, foldaway tabletop har for entertaining?

Want a family center? Again you have a dining room, make over into an all-purpose activ area, and let one end of your ing room serve for dining. T might also brighten things up the living room-too many se rooms tend merely to be places sitting. What makes a living ro impersonal is having all eviden of activity edited out. You do have to make the place stre corner busy, but the room sho say something about your interest

You can't be quite so cas when you make over a bedroe into a bed-sitting or bed-hob room. Though beds take up spa they must stay. But they need be rooted to the spot; they can moved. Make a scale plan of room and paper cutouts of

beds. As you move things aroun remember that bed-making is a da chore: It's harder to make a bed th stands in a corner than one at rig angles to the wall.

How about a children's playrooi That's often a top-priority item, but needn't be the impossible dream. There a simple solution: Switch bedrooms wi the kids. You take a smaller room as arrange their things in the larger mast bedroom-there should be space le over for them to play in.

Even where the need for space doesn exist, the trend is to rooms for roun the-clock living, to big, informal, mul purpose areas. Don't take your hon for granted. Measure habits and custon against real life, and you will come i with original answers. -Vera D. Hall

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Enter True's 612 prize Educational Sweepstakes. *Grand Prize: Up to \$20,000 toward expenses at the college or university of your choice-or \$20,000 cash. Second Prize: Up to \$10,000 toward expenses at the college or university of your choice-or \$10,000 cash. 10 Third Prizes: Panasonic complete stereo music centers with headphones, 100 Fourth Prizes: Olivetti/ Underwood electric portable typewriters. 500 Fifth **Prizes:** Channel Master portable cassettes. The odds of your winning are determined by the total number of entries received. Enter as often as you like. Each entry must be mailed separately. Use entry blank

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> the entry form or use a plain piece of paper, including your name, address and zip code. Mail each entry separately to: True's Educational Sweepstakes, P.O. Box 619, Brooklyn, N.Y. 11202. Each entry must include two bottom flaps from any pack of True cigarettes or a plain piece of 3" x 5" paper on which you have hand-printed the word "TRUE" in plain block letters. To be eligible, entries must be postarked no later than November 16, 1973 and received by November 30, 1973. All winners will be determined in a random drawing from all entries received, by Marden & Kane, an independent judging organization whose decisions are final. Taxes, if any, are the sole responsibility of the winner. All prizes will be awarded. Sweepstakes open to all residents of the U.S.A. over 21 years of age, except employees and their families of Lorillard, its affiliated companies, its advertion age.

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r: 12 mg. "tar", 0.7 mg. nicotine, ol: 12 mg, "tar", 0.8 mg, nicotine, av. per cigarette, FTC Report Feb. '73.

arning: The Surgeon General Has Determined at Cigarette Smoking Is Dangerous to Your Health.

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Plan your New Home with Lindal Cedar Homes 44-page Planbook. Here are designs for 82 year-round leisure homes, \$7,800-\$30,000, all distinguished by the natural warmth and beauty of Western red cedar. Post-and-beam construction easily accommodates design changes or additions. Built-to-last components like steel-reinforced beams; extrathick interlocking walls, floor and roof decking. Precut and deliverable to virtually any building site, anywhere. Send \$1 for your Planbook to Lindal Cedar Homes, AH 30,10411 **Empire Way S., Seattle, Washington** 98178. (Add 50¢ for airmail.)

Now, Berkline has a recliner that you can place just three inches from the wall. The new Wall-Away recliner doesn't have to be pulled out or pushed back for sitting, TV viewing or full reclining. Walls don't get bruised, floors don't get scratched and rugs aren't wrinkled. This sleek, space-saving recliner comes in traditional and contemporary styles; is conservatively priced-from \$215 to \$335 depending on upholstery fabric. For more information on Berkline Wall-Away, other Berkline recliners or den groups write: The Berkline Corporation, AH 10, Morristown, Tennessee 37814.



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DOG ACCIDENTS IN THE CITY HOUSEHOLD

By James R. Kinney, V.M.D.

Foreign objects in the stomach: By "foreign objects" I mean such doubtfully nourishing items as nails, glass, bathtub stoppers, stones, beer caps, rubber, wire, combs and other similar fare that seem to appeal to most puppies. I am afraid there is no cure except time for the fey appetites of puppies. They outgrow it eventually, but while you're waiting, you might keep everything smaller than a trunk out of the puppy's reach. Try to divert him with harmless and valueless playthings of his own. Men's old shoes are good playthings. Nothing will get a dog's mind off lampshades and floor plugs better than a shank bone or a knucklebone. Some of the heavier rubber toys are all right, provided you take them away if they show signs of softening.

In spite of all the precautions in the world, an ingenious puppy can always ferret out something that is dangerous to swallow. So I give you first-aid treatment to be used in such crises.

First-aid treatment: Give the dog a large meal of something soft—bread is a good thing. Then put a couple teaspoonfuls of salt on the back of his tongue. This should make him vomit. Rarely will salt fail, but if it should, try warm mustard water. If you are in any doubt as to whether you have got up the whole of it, give another dose of salt. If in a few hours the dog has watery diarrhea or if his abdomen is swollen or sore to the touch, give him a dose of mineral oil. If he is still in pain or if there should be blood in his stool or urine, have him fluoroscoped or X-rayed.

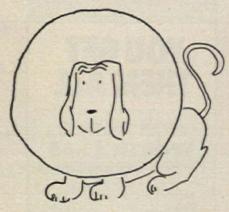
If, unknown to you, the dog swallows something dangerous, the symptoms will be prolonged or recurring attacks of vomiting or diarrhea, or both, or convulsive griping, and his stomach or abdomen will be sore.

A dog with a foreign object in his tongue, teeth, mouth or throat (usually a bone splinter or a needle or pin) will try to cough it up or rub his mouth and throat with his paw and shake his head a lot. Open the dog's mouth. A sure way to get a dog's mouth open is to put your palm over the dog's muzzle and press the sides of his lips against his teeth with your fingers on one side and your thumb on the other. Examine his mouth

carefully. If you see the object, pull it out with your fingers or with tweezers. If it is too far embedded or if there is danger of its breaking off in the pulling, see a veterinarian. If you don't find anything, have him X-rayed.

Electric shocks: Now and then a puppy will chew into an electric wire and be knocked out. If this happens, give him a whiff of ammonia, and when he comes to, a little whiskey in water or black coffee. If the shock should stop the dog's breathing, press in and out on his ribs just back of his front legs and wave ammonia under his nose.

Falls: If bones are broken, the dog will limp or refuse to walk. Internal injuries are deceptive. A dog can be seriously hurt internally and not show sign of it for 24 hours. Whether a dog shows any immediate signs of distress or not, the dog should be kept bed-quiet with sedatives for at least two days. Don't feed him for the first 24 hours.



They seem to think they look silly in them.

Cuts: If the cut is mild, put some peroxide or boric acid on it. If the cut is deep, put packing of cotton and gauze on it, saturate it with boric acid and bandage it up rather tightly. If the cut is hemorrhaging, hold a heavy boric-acid packing against the wound until you can get it sutured. If the hemorrhage is on the foot or leg, put a tourniquet above it until you can get help.

Poisoning: The treatment for this is forced vomiting induced by a couple of teaspoonfuls of salt on the back of the tongue. After vomiting, give the white of an egg and milk.

Sleeping pills, tranquilizers: If y find your dog eating sleeping pills tranquilizers, empty his stomach a give him some black coffee. If the pi have taken effect, massage him vigo ously, flex his legs, wave ammonia smelling salts under his nose, roll hi around, try to stand him up. Keep th action going constantly until you coget in touch with your veterinarian.

Bathroom accidents: While not hazardous for dogs as it is (statisticall for human beings, the bathroom ca also be the scene of accidents. A cor mon practice of dog owners is to turthe hot water on in a tub, go about oth business, and when ready for a bat cool it down with cold water. A dog w take a flying leap and land right in a tu of scalding water. Or he will walk of stand on the edge of a tub and fall in Wet tea bags and yellow oxide ointment are helpful home remedies for mind scalds, but a dog who has been scalde all over needs professional help quickly

Then there are owners who lock a do in the bathroom when they go out. Let alone a long time, more than one bore dog has turned on the water faucets hot or cold; if he doesn't scald himself he can flood the bathroom.

Burns: Unless a burn is on the eye, i is not likely to be serious. If on the eye put some strong tea on it, and follow later with a little castor oil or 1 percen yellow oxide ointment. If the dog per sists in scratching it—and this goes for all persistent scratching of the head regions-put a Queen Elizabeth collar on him. A Queen Elizabeth collar (see illustration) is made of heavy cardboard or very light wood. Cut a hole in the middle of it just big enough to fit around the dog's neck. Slit it down one side. Put it on the dog and then fasten the slit with tape. This will keep the dog from scratching his head. Dogs don't like to wear these collars-not for reasons of discomfort particularly, but for reasons of pride. They think they look silly in them.

Excerpted from "How to Raise a Dog in the City and in the Suburbs" by James R. Kinney, V.M.D., with Ann Honeycutt. Illustrated by James Thurber. Copyright © 1938, 1955 by Ann Honeycutt. Copyright renewed © 1966 by Ann Honeycutt. Illustrations copyright © 1938, 1965 by Helen Thurber. Reprinted by permission of Simon and Schuster, Inc., New York. Completely revised, the book is in its first paperback printing.



SHOULD CHUCK WAGON BE SERVED WET OR DRY?

That depends. Dogs eat differently. Some Gobble. Some Nibble. "Nibblers" are casual eaters. A few bites now, then a leisurely walk back later for a few more bites. For them, it's Chuck Wagon dry.

That way, all the flavor stays fresh and appetizing all day.

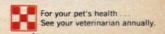
And it's completely nutritious, nibble after nibble.

"Gobblers" get right down to business. They make dinner disappear fast! They like Chuck Wagon wet. Warm water turns Chuck Wagon into tender, juicy chunks and crunchy nuggets, covered with rich, delicious broth. Gobblers can enjoy it immediately.

So give your dog what he likes and needs with Chuck Wagon.

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for both kinds of dogs.





- ABS plastic hinged wall desk (brown, white or red), with cork board, shaped and molded pencil slots, capacious side pockets; Moreddi, \$115. (Floor tiles, GAF Sure-Stik Vinylflex).
- Adjustable wall-hung lamp, approved by Better Light Better Sight Bureau; Lightolier, \$22.
- 3 Lettera 36 portable electric typewriter; Olivetti, \$199.50.
- 4 AM/FM digital alarm-clock radio(solid state); Toshiba, \$100.

- 5 Polystyrene file (4 color combinations); Sterling Plastics Div. of Borden Chemical, \$40.
- Slanted plastic wastebasket (red, white, yellow or black); at Bonniers, Inc., N.Y.C., \$6.
- 7 Compact mini electronic calculator, Miida Electronics, \$149.
- 8 Plastic-coated wood chair, cane seat; Raymor Furniture, \$70.
- 9 Clear Lucite stationery holder; at Lucidity, Inc., N.Y.C., \$14.

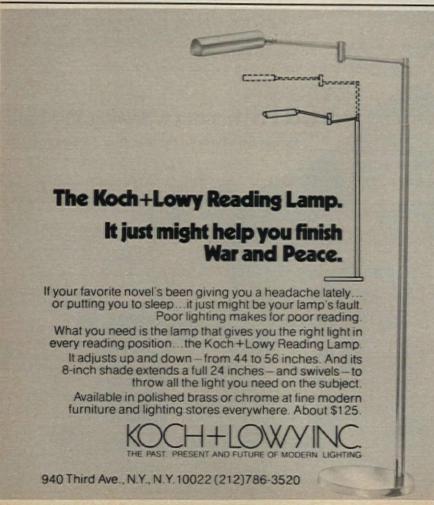
- O Clear Lucite cookbook holder; at Lucidity, Inc., N.Y.C. \$6.50.
 - Cassette tape recorder that can be used by itself or plugged into phone answering unit (No. 12) to record incoming messages; 3M/Wollensack, \$100.
- Automatic telephone answering unit to place under phone; Crown Japan Radio, \$100.
- Diminutive 9-inch solid-state black-and-white portable TV (white or ivory), Hitachi, \$140.

y Sears Kenmore Sewing Machine is 9 different stretch stitches-imagine!" says famous designer Bonnie Cashin.



Wiss shears help Donald Brooks turn design into dynamite.





HELP ABOUT THE HOUSE

PUT PILASTERS AROUND PIPES

How can we conceal our heating pip They run floor to ceiling through living room to the rooms upstairs.

> D.L. Fos Kalamazoo, Mi

The best solution is to box them with boards, thus forming simple pil ters. If the pipes are in a corner, y will need two boards, if in the mid of a wall, three. The carpentry work extremely easy.

AEROSOL SPRAY STARTS LAWN MOWER

How can I "cure" the balky motor my gasoline-powered lawn mower? takes me forever to start the thing, of spite my having changed the spark pl and adjusted the carburetor.

J. Valadin Quincy, I

Go to an auto-supply dealer or g rage and get the aerosol spray that normally used to start car engines cold weather. Spray a short squirt two into the carburetor each time yo start the mower, and the engine w kick off immediately.

TREAT BLACKTOP TO A LONG LIFE

Our blacktop driveway was recent resurfaced. Is there some way to protect it from future deterioration?

J.C. Pritchar Lexington, K

Use a blacktop sealer. Two types ar available: One, found in building-suppl and hardware stores, simply seals th surface. The other, a blacktop filler an coating compound available from Sears not only seals, but also fills cracks les than an eighth of an inch wide.

PRESERVE PAINTED RAIN GUTTERS

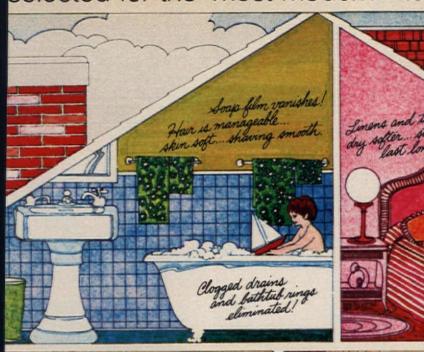
What can we do about peeling paint and rusting of our galvanized-steel gutters?

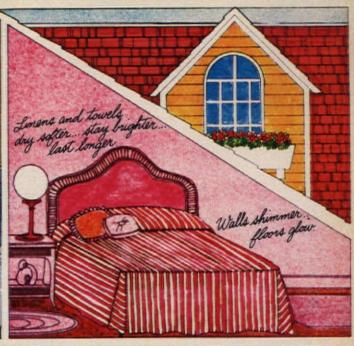
(Mrs.) J.J. Davis Suitland, Md

Scrape off all loose paint. Sand rust spots until metal shines. Then spot-prime the spots with a rust-inhibiting metal primer that contains red lead or zinc chromate. Coat entire gutter with a primer containing zinc dust. (Both types of primer are available at paint or hardware stores.) Finish with an oil-base trim enamel.

For help with a home-maintenance or repair job, write to Dept. HAH, American Home, 641 Lexington Ave., New York, N.Y. 10022. Letters are answered promptly; those published are selected on the basis of broad general interest.

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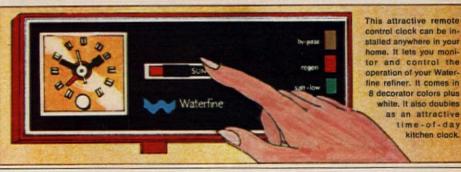






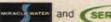


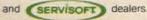




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Check items desired: #61727 Tablecloth/times of the set plus, 50 #61728 Christmas of set plus, 50 #61729 Christmas of \$2.99 set #61730 SAVE: Comb #61731 Girl's stockir #61748 Noel stockir #61749 St. Nicholas: #61750 Three Wise N #61753 Poinsettia str #61014 Colorful cata For great make-it ideas—L 61692 NEW Fall '73 New ideas in crafts, stenc 61754 NEW Fall '73	k or money order. Sorry, we are unable to handle Canadian or foreign orders. 2 Dept. 4098, 4500 N.W. 135th Street, Miami, Fla. 33059 ree skirt @ \$9.98 ea. plus .75 post. & hdlg. maments: Combination A (ball, egg, saucer) @ \$2.99 post. & hdlg. maments: Combination B (bell, apple, polyhedron) plus .50 post. & hdlg. mations A & B @ \$5.49 set plus .50 post. & hdlg. g@ \$3.98 ea. plus .50 post. & hdlg. g@ \$10.98 ea. plus .75 post. & hdlg. stocking @ \$10.98 ea. plus .75 post. & hdlg. Men stocking @ \$10.98 ea. plus .75 post. & hdlg. ocking @ \$7.98 ea. plus .75 post. & hdlg. socking @ \$7.98 ea. plus .75 post. & hdlg. older kits @ .35c ea. 61655 Spring '73 @ \$1.25 ea. 61681 Spring '73 @ \$1.25 ea. 61681 Spring '73 @ \$1.25 ea.
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By Dorothy Lambert Brightbill

What fun to whip up these gay decorations for Christmas! Above, left: Yo can stitch together the round patchwor tablecloth tree skirt (45½ inches across and stockings (girl's, 13 inches long boy's, 15 inches) with ease—and addyour own embroidery, besides. For the calico ornaments, you simply glue patches onto Styrofoam shapes. Stocking kit includes lining; tablecloth kithas precut round lining, binding and instructions for splitting cloth to make a tree skirt.

You can also make delightful needle point stockings: the trio at top, right (each is 21 inches long), with its specia Christmas motifs, or the poinsettia motif above (16 inches). Needlepoint kits include all materials but lining.



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Capturing the spirit of America through its recipes, we have brought together the famous dishes from the great riverboats and restaurants...spicy Creole dishes from New Orleans...chowders and barbecues...stews and casseroles cakes and pies from the 50 states. We have combed through century-old files to recover long-lost, mouth-watering recipes from early America, and have streamlined them

for modern kitchens.

And that was only the beginning! For we have printed these prizewinning recipes on individual recipe cards. Each card contains a stunning, full-color photograph of the recipe as it will look when you have prepared it. And the cards are stain-resistant and may be carried to the

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But actions speak louder than words, and to show you how sincerely we believe in this wonderful collection, we would like to send you the first set of cards-OUR RICH HERITAGE-for a 14-day, free trial examination. In this set you will find 31 of the most delicious, all-American recipes you have ever tasted—and all so easy to prepare!

At the same time, we will send you the handsome Bicentennial Recipe Card Case pictured here, plus 24 fascinating Separator Cards describing the hundreds and hundreds of exciting recipe cards available to you. If, after your 14-day free trial examination, you are not entirely satisfied with your first set of recipe cards in every way, just return them to us and owe nothing. The Bicentennial Recipe Card Case and the Separator Cards are yours to keep as a gift.

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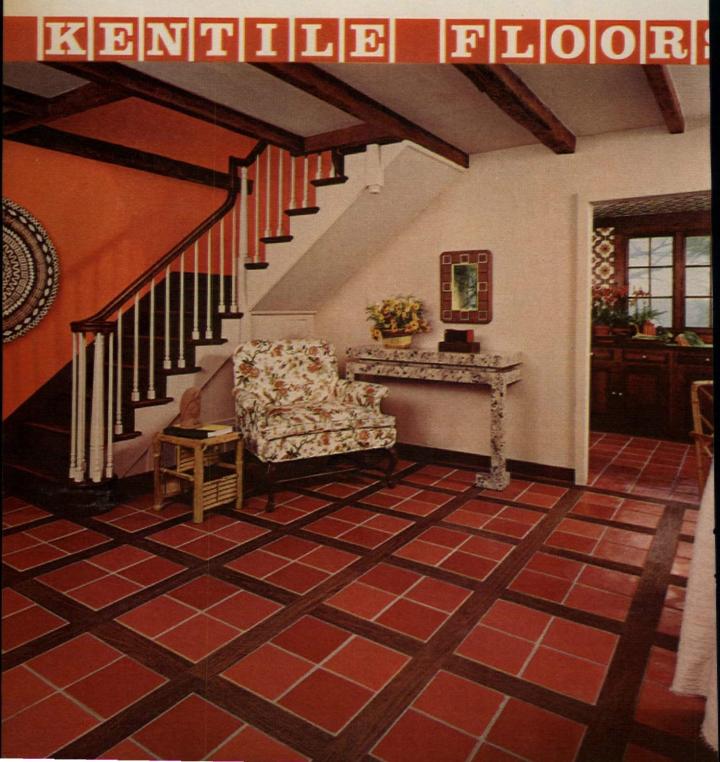
-with none of the bother and at a fraction of the cost. That's the marvel of Kentile's stunning Terresque™ Solid Vinyl Tile (shown here with complementary Blairwood® Solid Vinyl Planks). Terresque offers all the enchantment and kiln-formed coloring of natural clay in long-wearing, easy-cleaning vinyl tile. Here's a tile floor that's extremely quiet and comfortable underfoot. And its tough,

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Adobe, one of 3. Tile size: 9" x 9". Heavy gauge to hel achieve the unique "pillowing" surface of handcrafte Wall Base: Russet Kencove® Vinyl. See fire-resistant Terresque Solid Vinyl Tile at your Kentile® Dealer's. For his name, dial toll-free 800-447-4700 anywhere in continental United States; in Illinois, dial 800-322-44 Or, check the Yellow Pages under "Floors."

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In rooms as large and high-ceilinged as he living room (right), accessories should be of heroic scale. We chose a magnificent ld quilt to give focus to a dominant wall.

The geometric

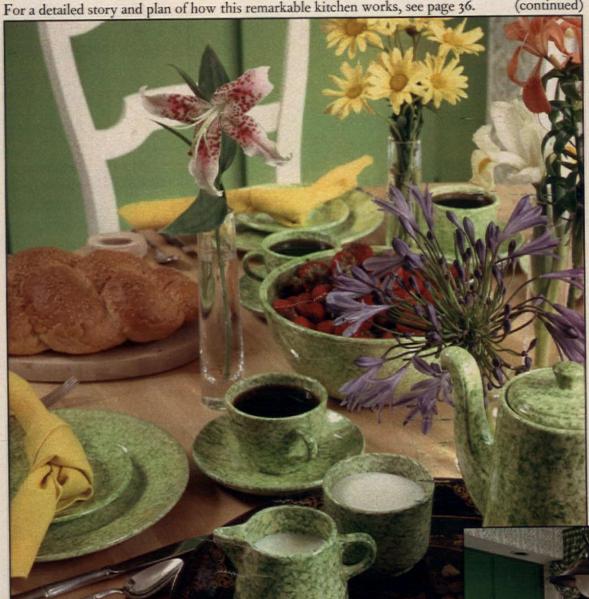
The geometric
pattern and bold colors
strike a surprisingly
contemporary note
a setting where modern
and traditional motifs
mix. Outside (inset),—
a generous deck
stends along kitchen and
family room."







This is every woman's dream—a kitchen to work in, eat in and enjoy. It's a sparkling, spacious area that's perfectly planned, with an abundance of storage space, elbowroom, time- and work-saving appliances and easy-care materials. Furthering the overall pleasantness, it's flooded with sunlight all day from sliding glass doors that lead from breakfast area to deck. To extend the out-door feeling, green glosses the cabinets and patterns the charming washable-vinyl wall covering. For a detailed story and plan of how this remarkable kitchen works, see page 36. (continued)



"Butcher-block-topped island (opposite) faces breakfast area right). Among the conveniences we admire: built-in cooktop and extra sink, here filled with flowers." "In the breakfast area (above and right), we chose gingham shades, white-lacquered rush-seated chairs and round butcher-block tabletop to contrast with the work area's clean lines."



Family room, shown in two views, flows from adjoining kitchen, which would certainly make it the liveliest, most-used room in the house. To add architectural interest, walls are covered with rough-textured white board-and-batten paneling. Fireplace wall, faced with used brick, calls for congenial seating in front of it. But the arrangement has flexibility: The armchair beside skirted table shifts easily to main conversation area. The severe lines of window wall, with sliding doors leading out to deck, are softened with graceful gingham shades. Here, as throughout the house, fine reproductions mix with antique treasures, and modern art gives contemporary definition to all. (continued)

"We think nothing cozies up a room better than a pileup of pretty patterns. In our family room, stripes, flowers, gingham and patchwork—all variations on a green theme cover large downy pillows, skirt a table and softly drape the windows."



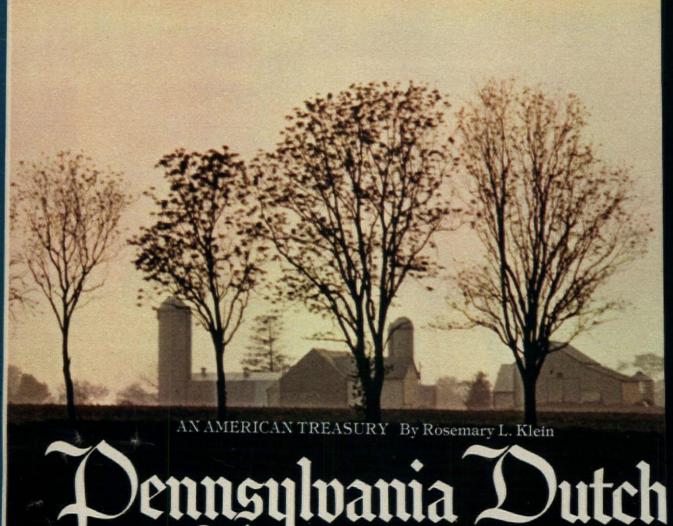


What could be pleasanter than awakening each day in a serene world, touched with elegance, where early-morning light steals through gauzy curtains? Breakfast becomes a leisurely experience, enjoyed at a luxurious table that's placed to take in the garden just outside. Color is the key to this restful retreatsoft but lively. Warm wood tones are sparked with white and clear blue, and accented with black and pale taupe. White stucco walls topped with crown molding at the ceiling establish a country-traditional ambience that enriches what otherwise would have been a boxy contemporary room. We like the sumptuous feeling of the draped bed that dominates. The canopy, simply made by fastening four brass rods into the ceiling and hanging with shirred cotton curtains in a stylized geometric pattern, sets a tone of opulence that extends to the rest of the room. Our curtains are billowy, snow-white and opaque, with smocked headings. They afford privacy, when needed, and also filter the strong sun without cutting out the light completely.

"To give the master
bedroom traditional glow,
we sought out a rich,
lively blend—fine
furnishings and accessories
old and new. Among the
old pieces is the quilt we—
use as a bedcover.
Brand-new are the flowery
needlepoint rug and the
lacy curtain fabric on our
cheery breakfast table."







Pennsylvania Dutch Perfection

Dower chest (right), painted and hand-decorated with tulips for a Pennsylvania Dutch bride in 1800, and balloon-back stenciled rocker are set before unique twin front doors of 1815 house at Pennsylvania Farm Museum of Landis Valley, near Lancaster. Painting shows homestead as it looked a century ago. Matching doors, perhaps born of a Germanic love of symmetry, lead to parlor and kitchen. Parlor (opposite) is simply furnished with Pennsylvania pieces: 10-plate stove, Windsor settee and chairs, corner cupboard and secretary.



Restored stone farmhouse in Lancaster County (below, center), its 18th-century interior woodwork intact, has become a magnificent showcase for typical Pennsylvania Dutch country pieces. Ladder-back chairs, stretcher-base table and decorated pottery enrich dining room (below). Blue-painted dower chest and quilted wall hanging are among treasures in bedroom (below, right).



ently undulating across southeastern Pennsylvania's interior counties is the rich farmland known today as Pennsylvania Dutch country. Its immaculately tended fields in a vast patchwork of earth colors are dotted with tall, silvery silos that hover protectively over clusters of neat farm buildings, as at left, opposite. The people who live here and so lovingly work the







land are descended from German settlers who fled religious persecution in the Rhineland and began emigrating to Pennsylvania in the late 1600s, seeking a better life. Some were dedicated farmers; others were craftsmen of considerable skill. All endowed rural Pennsylvania with a unique cultural heritage—and a lively, colorful folk art—that is deeply rooted in German traditions.

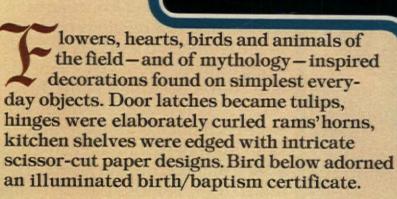
The Pennsylvania Dutch love of pattern and color is reflected in examples of folk art and craft, from left (below), top to bottom: cupboard filled with sgraffito, slipware and other local pottery; papier-mâché and chalkware toy animals; picture cut from paper; detail of dower chest from Farm Museum (page 88); tulip-shaped door latch; sgraffito dish holding decorated eggs; mirror made of tin and cigar-box scraps; illuminated birth certificate; iron trivet; grouping in a Pennsylvania barn (sheet-iron weather vanes, butter molds, egg cups, ladder-back chair, woven coverlet, painted tin coffeepot, decorated candle and dough boxes); ram's-horn hinge.



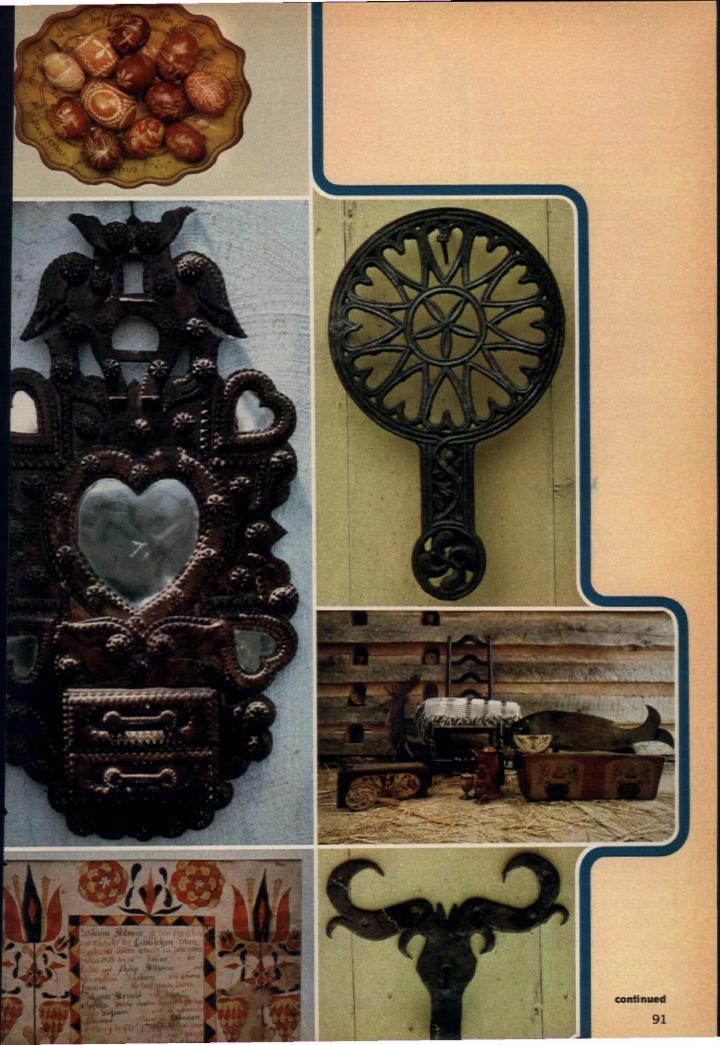












Country cupboard (right) with mellowed paint and primitive, though neatly detailed, gouge carving is filled with Pennsylvania pottery. Decorated stoneware crocks, hand-forged cooking tools and gleaming copper complete this warm, inviting corner in bricklined kitchen of early 19th-century farmhouse. In bedroom (inset. bottom), with its views of Lancaster County landscape, blue paint on woodwork is repeated on cupboard and writing box. Unusual tigermaple pencil-post bed is covered with appliqué quilt in red and white calico. Rare fishnet canopy is probably from Chester County. Bird below is another Pennsylvania Dutch illumination detail.



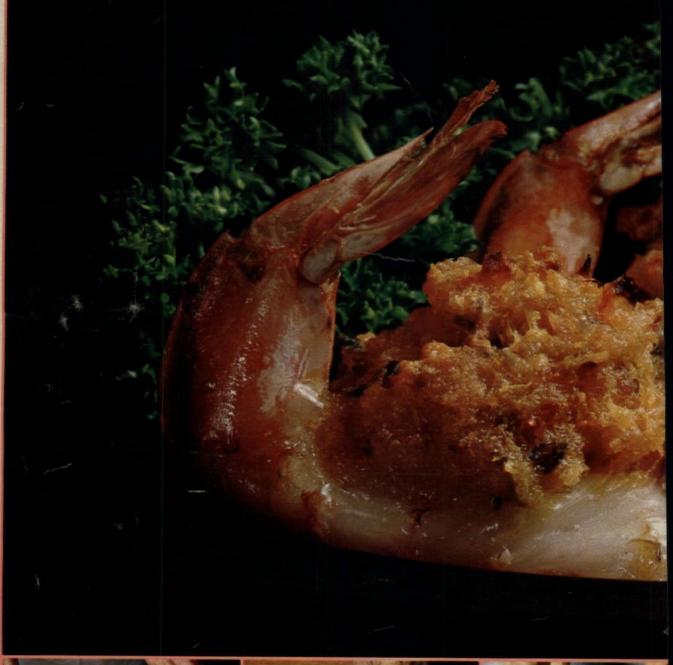
y the end of the 18th century, Pennsylvania Dutch craftsmen were producing furnishings for their homes that not only showed off their skills, but also satisfied the needs of their womenfolk for things pretty as well as practical. The women themselves were fine housekeepers and accomplished with the needle. Their homespun linens and quilts were a matter of pride as well as of necessity. (continued on page 108)





COOKING LESSON No. 59 By Jacques Jaffry

STUFFED SHRIMP Here is a memorable main dish for all who love shi







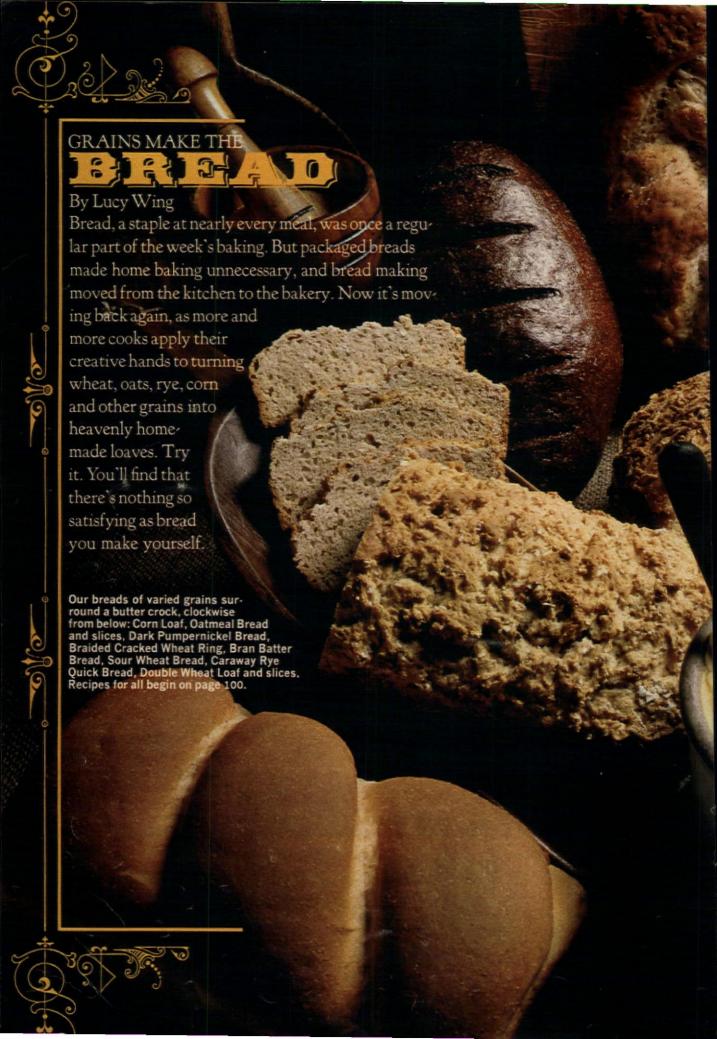




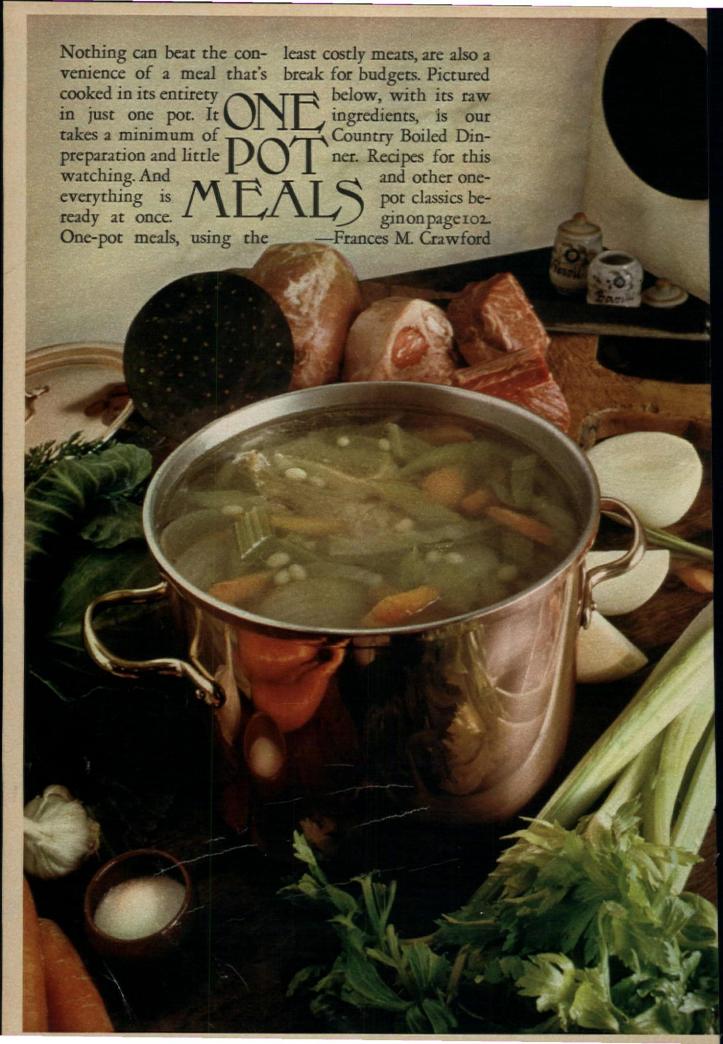
thell and devein 6 shrimp.
Let rest aside. Cook 6 shrimp
In 3 tablespoons butter or
In argarine 2 minutes or until
Ink. Remove; chop finely.
Add shallots or green onions,
Inion and green pepper to
Ini

Shell reserved shrimp, leaving tails on. Place shrimp, back down, on board. Make a slit along underside of each shrimp with knife, but do not cut through. Remove vein.

Heat oven to 400°. Mound stuffing mixture in hollow of each shrimp. Bring tail over stuffing. Put shrimp, tails up, in greased, shallow baking dish. (At this point, dish may be covered and refrigerated.) Drizzle shrimp with melted butter or margarine. Bake 10 to 12 minutes. Transfer to warm plates. Garnish with parsley. Makes 6 servings.







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SOUR WHEAT BREAD

(pictured on page 97)

2 cups water

1 carton (8 ounces) plain yogurt (1 cup)

2 tablespoons honey

11/2 cups unsifted whole rye flour

2 packages active dry yeast

1 tablespoon salt

5½ to 6 cups unsifted whole-wheat flour

Heat water, yogurt and honey in saucepan over low heat until very warm (120° to 130°). Liquid will appear curdled. Combine rye flour, yeast and salt in large bowl of mixer. Add yogurt mixture. Beat on low speed until just blended. Add 2 cups whole-wheat flour. Beat 2 minutes on medium speed, scraping bowl with rubber spatula. Beat on high speed 2 minutes. Stir in about 3 cups flour with spoon to make a firm dough. Turn out onto floured board; gradually knead in ½ to 1 cup flour. Continue to knead until dough is smooth and elastic.

Put dough into greased, large bowl; turn dough over to bring greased side up. Cover with towel. Let rise in warm place (85°), free from draft, about 11/2 hours or until doubled in bulk. Punch dough down. Let rest 15 minutes on floured board. Grease 1 large or 2 small cookie sheets. Dust with cornmeal. Knead dough to distribute air bubbles; divide in half. Shape each half into round ball. Place each on opposite corners of large cookie sheet or each 1 on small cookie sheet. Cover. Let rise about 30 minutes or until doubled in bulk. Heat oven to 400°. Place large shallow pan in bottom of oven. Pour in boiling water. This will help to create steam for crispy crust. Make crisscross cuts on tops of loaves with a sharp knife. Brush with cold water. Bake 20 minutes; brush again; bake 20 minutes more or until loaves sound hollow when lightly tapped with fingertip. Cool on wire racks. Wrap in plastic wrap. Makes 2 loaves.

DARK PUMPERNICKEL BREAD

(pictured on page 96)

2 cups water

1/4 cup cider vinegar

1/4 cup dark molasses

2 squares (1 ounce each) unsweetened chocolate

2 tablespoons butter or margarine

31/2 cups unsifted whole rye flour

2 packages active dry yeast

1 tablespoon sugar

1 tablespoon salt

1 tablespoon caraway seeds, crushed

1 teaspoon fennel seeds, crushed

3 cups unsifted all-purpose flour (about)

1 teaspoon cornstarch

1/3 cup water

Heat 2 cups water, vinegar, molasses, chocolate and butter or margarine in saucepan over low heat until very warm (120° to 130°). Combine rye flour, yeast, sugar, salt and caraway and fennel seeds in large bowl of mixer. Add chocolate mixture. Beat until just blended. Beat on medium speed 2 minutes. Add ½ cup

all-purpose flour. Beat 2 minutes more. Mix in 1½ cups all-purpose flour with spoon to make a firm dough. Turn out onto floured board; gradually knead in ½ to 1 cup all-purpose flour. Continue to knead until dough is smooth and elastic. Put dough into greased, large bowl; turn over to bring greased side up. Cover with towel. Let rise in warm place (85°), free from draft, about 1½ hours or until doubled in bulk. Punch dough down; turn out onto board. Knead to distribute air bubbles. Divide in half. Shape each half into an oval about 8 inches long.

Grease large cookie sheet; sprinkle with cornmeal. Place loaves on opposite corners of cookie sheet. Cover. Let rise about 45 minutes or until doubled in bulk. Heat oven to 400°. Make gashes ¼ inch deep across tops of loaves with sharp knife. Bake 30 minutes. Blend cornstarch and water in small saucepan. Bring to boiling. Brush on breads; bake 5 minutes longer. Cool on wire racks. Wrap in plastic wrap. Makes 2 loaves.

DOUBLE WHEAT LOAVES

(pictured on page 97)

21/2 cups unsifted whole-wheat flour

11/2 cups unsifted all-purpose flour

1 cup wheat germ

4 teaspoons baking powder

1 tablespoon sugar

1 teaspoon salt

1/3 cup shortening

11/2 cups milk

1 large egg

Heat oven to 375°. Grease 8x8x2-inch baking pan. Combine whole-wheat and all-purpose flours, wheat germ, baking powder, sugar and salt in large bowl. Cut in shortening until mixture resembles cornmeal. Combine milk and egg. Add to dry ingredients. Stir quickly and lightly with fork just until dough clings together. Turn dough out onto wellfloured board. Knead about 2 minutes or until smooth. Divide dough in half. Form each half into 8-inch log. Place logs in prepared pan, side by side, about 1 inch apart. Make several cuts, about 1/4 inch deep, in each loaf with sharp knife. Bake 1 hour or until brown. Remove from pan. Place on wire rack. Spread crust with softened butter or margarine while warm, if desired. Cool. Wrap in plastic wrap. Makes 2 small loaves.

BRAIDED CRACKED WHEAT RING

(pictured on page 97)

3 cups water

11/2 cups cracked wheat

½ cup milk

2 tablespoons butter or margarine

6 to 61/4 cups unsifted all-purpose flour

3 tablespoons sugar

1 tablespoon salt

2 packages active dry yeast

Bring water and cracked wheat to boiling in large saucepan. Cook over low heat 15 minutes or until just tender, stirring occasionally. Remove from heat. Add milk and butter or margarine. Let stand until very warm (120° to 130°), stirring occasionally. Combine 2 cups

flour, sugar, salt and yeast in large b of mixer. Add warm milk mixture. E 2 minutes on low speed, scraping b with rubber spatula. Beat in 1 cup fl gradually. Beat 2 minutes on medi speed. Stir in about 2 cups flour v spoon to make a firm dough. Turn onto floured board; gradually knead I to 11/4 cups flour until dough is smo and elastic.

Put dough into greased, large bo turn dough over to bring greased s up. Cover with towel. Let rise in wa place (85°), free from draft, about hour or until doubled in bulk. Pur dough down. Let rest 15 minutes floured board. Divide dough into thir Shape each into a rope about 20 inc long. Braid ropes; shape into ring greased cookie sheet. Pinch ends gether firmly to seal. Cover. Let 30 minutes or until doubled in bu Heat oven to 400°. Bake ring 35 minu or until golden brown. Remove fr cookie sheet; place on wire rack. Wh warm, spread crust with softened but or margarine, if desired. Cool. Wrap plastic wrap. Makes 1 large ring.

BROWN RICE LOAF

3 cups unsifted whole-wheat flour

2 tablespoons sugar

5 teaspoons baking powder

1 teaspoon salt

2 cups cold cooked brown rice

1½ cups cold water

½ cup instant nonfat dry milk

1/3 cup pure vegetable oil

2 large eggs

Heat oven to 375°. Grease and flo 9x5x3-inch loaf pan. Combine flou sugar, baking powder and salt in lar bowl. Add rice; stir until mixed. Bleawater and instant milk; stir in oil ar eggs. Add liquid ingredients to dry i gredients; stir just until dry ingredien are moistened. Pour into prepared pa Bake 50 minutes or until tester inserte into center comes out clean. Remot from pan. Cool completely on wire rac Wrap in plastic wrap. Makes 1 loaf.

BRAN BATTER BREAD

(pictured on page 97)

1 package (13¾ ounces) hot-roll mix

2 large eggs

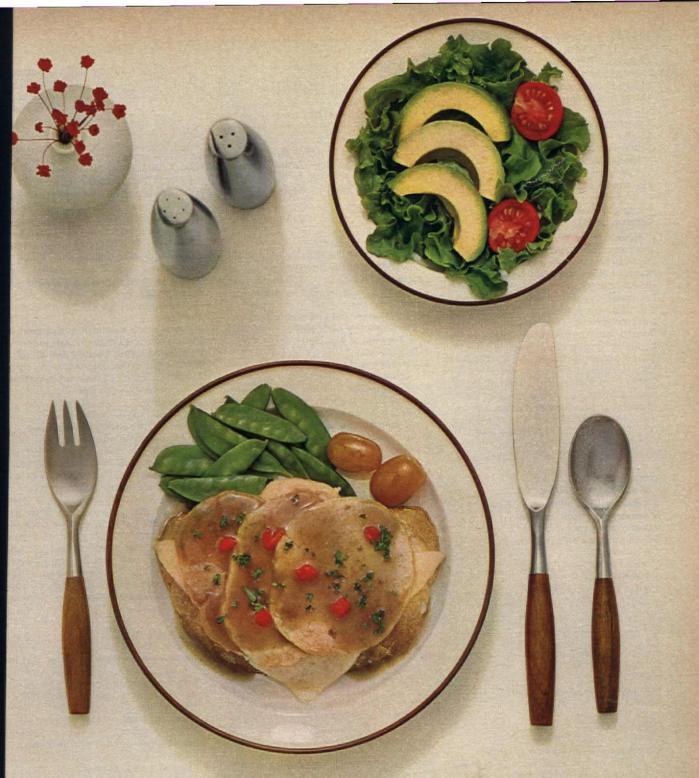
1/4 cup light molasses

1 cup whole-bran cereal

Dissolve yeast from package of ho roll mix in large bowl according t package directions. Add eggs and malasses. Stir until blended. Stir in dr mix and bran. Scrape batter down from sides of bowl with rubber spatula. Cove bowl with damp towel. Let rise in warry place (85°), free from draft, 1 hour of until almost doubled in bulk.

Grease 2-quart soufflé or casserol dish; line bottom with wax paper. Sti batter. Turn into prepared dish. Cover Let rise 30 minutes or until doubled in bulk. Heat oven to 350°. Sprinkle brar on bread, if desired. Bake 35 minutes or until lightly browned. Remove from dish. Cool completely on wire rack Wrap in plastic wrap. Makes 1 loaf.

continued



or people who can't leave well enough alone, look what ou can do with a Banquet Turkey Cookin' Bag entree.

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Banquet, giblet gravy and sliced surkey

anquet Foods Corporation, St. Louis, Missouri 63101

CARAWAY RYE QUICK BREAD

(pictured on page 97)

2½ cups unsifted whole rye flour 1½ to 2 cups unsifted all-purpose flour

1 tablespoon caraway seeds

1 tablespoon baking powder

2 teaspoons salt

1 teaspoon baking soda

1/4 cup butter or margarine

11/2 cups buttermilk

1 large egg

1 egg white, slightly beaten

Caraway seeds

Heat oven to 375°. Combine rye flour. 11/2 cups all-purpose flour, 1 tablespoon caraway seeds, baking powder, salt and baking soda in large bowl. Cut in butter or margarine until mixture resembles cornmeal. Combine buttermilk and egg; stir into dry ingredients, mixing until just moistened. Turn dough out onto floured board; gradually knead in ½ cup flour; knead until dough is smooth. Shape dough into rope about 18 inches long. Grease large cookie sheet (14x17 inches); sprinkle with cornmeal. Place rope diagonally across cookie sheet. Make several diagonal slashes on top with sharp knife. Brush with egg white; sprinkle with caraway seeds. Bake 35 minutes or until brown. Cool on wire rack. Wrap in plastic wrap. Makes 1 loaf.

OATMEAL BREAD

(pictured on page 96)

3 cups unsifted all-purpose flour

5 teaspoons baking powder

1 tablespoon salt

11/2 cups quick oats, uncooked

11/4 cups milk

1/4 cup honey

1 large egg

Heat oven to 350°. Grease and flour a 9x5x3-inch loaf pan. Combine flour, baking powder and salt in large bowl. Stir in oats. Combine milk, honey and egg; stir into dry ingredients. Spread mixture into prepared pan. Bake 55 to 60 minutes or until golden brown. Remove from pan; cool completely on wire rack. Wrap in plastic wrap. Makes I loaf.

CORN LOAVES

(pictured on page 96)

1 package (12 or 14 ounces) cornmuffin mix or 2 packages (8 or 9.5 ounces) corn-muffin mix

2 packages active dry yeast

1/4 cup shortening

2 cups very warm water (120° to 130°)

5 to 5½ cups unsifted all-purpose flour

1 large egg

Grease two 9x5x3-inch loaf pans; set aside. Combine corn-muffin mix, yeast and shortening in large bowl of mixer. Add water. Beat until blended. Beat in 2 cups flour gradually. Beat on medium speed 2 minutes. Beat in egg. Stir in about 2½ cups flour with spoon to make a firm dough. Turn out onto floured board. Gradually knead in ½ to 1 cup flour until dough is smooth and elastic. Divide dough into 4 pieces.

Shape each into a rope about 12 inches long. Twist 2 ropes together; pinch ends to seal; tuck ends under. Place in prepared pan. Repeat with remaining 2 ropes. Cover pans with towels. Let rise in warm place (85°), free from draft, about 50 minutes or until doubled in bulk. Heat oven to 400°. Bake 30 minutes or until golden brown. Remove from pans. Serve warm or allow to cool and wrap in plastic wrap. Makes 2 loaves.

ONE-POT MEALS

continued from page 98

COUNTRY BOILED DINNER

(pictured on page 98)

2 pounds short ribs, cut in servingsize pieces

2 veal shanks, cut in 2 slices each

1 small smoked pork butt

2 or 3 sprigs of parsley

2 bay leaves

1 teaspoon leaf thyme, crumbled

1 tablespoon peppercorns

1 small head of garlic, halved

4 carrots, pared and cut in 2-inch pieces

4 small onions, halved

2 celery stalks, cut in

2-inch pieces

1 small cabbage, cut in thick julienne strips

1 pound navy beans, well washed

2 tablespoons salt

Place all meats in large kettle or Dutch oven. Add enough water to cover meats by 2 inches. Bring to boiling. Simmer 5 minutes, skimming frequently. Place parsley, bay leaves, thyme, peppercorns and garlic in small piece of cheesecloth. Tie securely. Add spice bag and remaining ingredients to kettle. Cover partially. Simmer 1 hour. Remove veal shanks. Reserve. Continue cooking gently until meats and beans are tender. Return veal shanks to kettle. Simmer 5 minutes. Transfer meats and vegetables to serving platter. Discard spice bag. Correct seasoning of broth to taste. Spoon a few tablespoons broth over meats and vegetables. Makes 6 to 8 servings. Remaining broth may be served as a soup.

PORK HOCKS WITH SAUERKRAUT

6 pork hocks

2 tablespoons salt

1 teaspoon peppercorns

1 bay leaf

3 medium-size onions, halved

3 medium-size carrots, pared and quartered

2 pounds sauerkraut

1 teaspoon caraway seeds

1/2 cup dry white wine

1 can (13% ounces) chicken broth

1/2 teaspoon salt

1/4 teaspoon pepper

6 knackwursts

Wash and scrub pork hocks. Place in large kettle or saucepan. Add 2 table-spoons salt, peppercorns, bay leaf and enough water to cover. Bring to boiling. Simmer 1 hour. Drain hocks well. Ar-

range onions, carrots and pork hock Dutch oven or heavy saucepan. D sauerkraut. If too acid, rinse under of water and squeeze by handful to rem as much water as possible. Add sat kraut to pork mixture, pulling strands apart to separate them. Spring caraway seeds over sauerkraut. A wine, chicken broth, ½ teaspoon is pepper. Cover ingredients with a cit of wax paper. Cover pan. Bring boiling. Simmer on surface heat or but at 350° for 1 hour or until hocks tender. Add knackwursts to pan. Co 15 minutes. Serve with boiled or stean potatoes. Makes 6 servings.

CHICKEN AND BEANS SAN JOSÉ 3-pound broiler-fryer, cut up Salt

Pepper

2 tablespoons butter or margarine

2 cups chopped onion (2 large)

2 green peppers, seeded and diced

2 cloves of garlic, minced 1 can (1 pound, 12 ounces) tomatoes

1 teaspoon chili powder

1 bay leaf

2 teaspoons salt

2 cans (151/4 ounces each) kidney beans, well drained

Sprinkle chicken pieces with sa and pepper. Melt butter or margarii in heavy saucepan or Dutch oven ov medium heat. Brown chicken pieces of all sides. Remove; reserve. Add onic and green peppers to fat left in pa Cook 3 to 4 minutes, stirring occasion ally. Add garlic. Cook 1 minute. Return chicken to pan. Add tomatoes, chi powder, bay leaf and 2 teaspoons sall Cover. Simmer 25 minutes over surface heat or bake in 350° oven. Add beam Mix well. Simmer 10 minutes. Makes servings.

RUMANIAN LAMB STEW

1/4 cup pure vegetable oil

3 pounds boned lamb shoulder, cut in 1-inch pieces

1 cup sliced onion (1 large)

2 green peppers, seeded and cut in large dice

1 small eggplant, peeled and cut in 3/4-inch cubes

2 small yellow squash, cut in ¾-inch cubes

1 clove of garlic, minced

1 can (1 pound, 12 ounces) tomatoes

2 teaspoons salt

1 teaspoon paprika

Heat oven to 350°. Heat oil in heavy saucepan or Dutch oven over medium heat. Brown meat on all sides. Remove with slotted spoon. Reserve. Add onion, green peppers, eggplant and squash to fat left in pan. Cook 4 or 5 minutes, stirring frequently. Add garlic. Cook 1 minute. Return meat to pan. Add tomatoes, salt and paprika. Cover. Bring to boiling. Bake 1 hour or until meat is tender. Transfer meat to serving dish. Skim as much fat as possible from surface of sauce. Correct seasoning to taste. Pour over meat. Makes 6 to 8 servings.

continued

Tappan's classy black glass gas range.



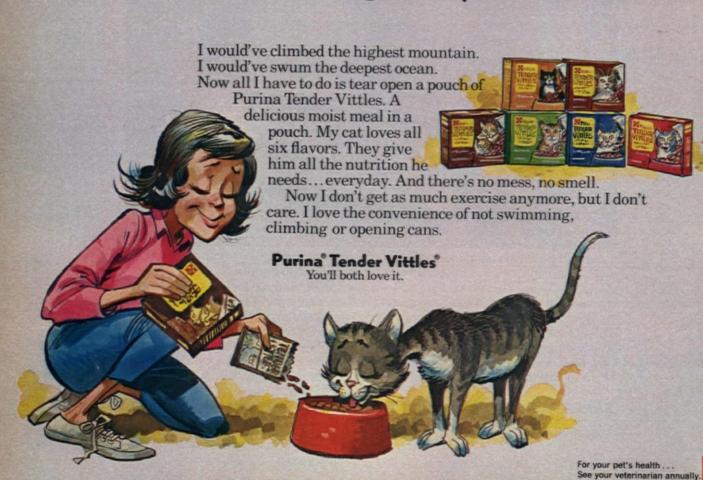
If your old gas range needs replacing, look at Tappan's new gas model with the sleek black door. Turn on the light and you can see through it. While it's cooking, the Continuous Cleaning* gas oven cleans itself at baking temperatures. Spillover burner bowls on top are chrome for easy washing. And Tappan's Temp-O-Matic clock turns oven heat

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E-POT MEALS continued

DULDER OF LAMB ENGLISH STYLE

uarts water ablespoon salt

to 41/2-pound shoulder of lamb, boned and rolled

6 medium carrots, pared, guartered and cut in 2-inch pieces mall onions

elery stalks, cut in 2-inch pieces loves of garlic

ay leaves

teaspoon leaf thyme, crumbled o 3 sprigs of parsley

vhole cloves

per Sauce (recipe follows)

Bring water to boiling in large kettle Dutch oven. Add salt, lamb and getables. Place garlic, bay leaves, me, parsley and cloves in small piece cheesecloth. Tie securely. Add spice g to kettle. Cover. Simmer gently, owing 20 to 25 minutes per pound. move pan from heat, but leave meat d vegetables in broth while making per Sauce. Makes 6 servings.

tablespoons butter or margarine tablespoons flour ash of pepper cups lamb broth cup capers, drained

Melt butter or margarine in small ucepan. Stir in flour and pepper. Cook minute, stirring constantly. Add lamb oth. Cook over medium heat, stirring onstantly, until sauce bubbles. Cook 1 inute longer. Stir in capers. Correct asoning to taste. Makes 21/2 cups.

LAMB AND BEAN STEW

1 pound navy beans

21/2 quarts cold water

2 tablespoons salt

2 tablespoons butter or margarine

2 tablespoons pure vegetable oil

3 pounds boned lamb shoulder, cut in 1-inch pieces

2 cups chopped onion (2 large)

cloves of garlic, minced

2 tablespoons flour

2 cans (8 ounces each) tomato sauce

1 can (101/2 ounces) condensed chicken broth

1 bay leaf

1/4 teaspoon leaf thyme, crumbled

1/2 teaspoon salt

1/8 teaspoon pepper

Wash beans. Place in large kettle or saucepan. Add water. Bring to boiling. Cook 45 minutes. Add 2 tablespoons salt. Cook 15 minutes or until beans are tender. Drain beans. Reserve. Heat butter or margarine and oil in heavy saucepan or Dutch oven over medium heat. Brown meat on all sides. Add onion and garlic. Cook 3 to 4 minutes. stirring occasionally. Sprinkle meat with flour. Mix well. Cook 1 minute. Add tomato sauce, chicken broth, bay leaf, thyme, 1/2 teaspoon salt, pepper. Cover. Bring to boiling. Simmer on surface heat or bake in 350° oven 45 minutes to I hour or until meat is tender. Skim as much fat as possible from surface of sauce. Discard bay leaf. Add drained beans to meat. Cook 25 to 30 minutes. Makes 6 servings.

CURRIED PORK WITH LENTILS

1/2 pound lentils

3 tablespoons butter or margarine 2 pounds shoulder of pork, cut in

1-inch pieces

2 cups sliced onion (2 large)

1 to 11/2 tablespoons curry powder

2 tablespoons flour

1 can (133/4 ounces) chicken broth

2 tablespoons chopped parsley

Cook lentils according to package directions. Drain well. Melt butter or margarine in heavy saucepan or Dutch oven. Sprinkle pork with salt. Brown on all sides. Add onion. Cook 2 to 3 minutes, stirring frequently. Sprinkle with curry powder and flour. Cook 2 minutes, stirring constantly. Add chicken broth. Cover. Bring to boiling, stirring con-stantly. Simmer 1 hour or until pork is tender. Add lentils to pork stew. Mix well. Cover. Bring to boiling. Simmer 10 to 15 minutes. Correct seasoning to taste. Transfer to serving dish. Sprinkle with parsley. Makes 4 to 6 servings.



SHOPPING **NFORMATION**

lerchandise listed here is available in eading department and specialty stores. you cannot find it, write to American lome, 641 Lexington Ave., New York, N.Y. 0022. Items not listed may be privately wned or custom made.

ACTORY BUILT WITH A CUSTOM LOOK

Page 46: Living room—white ceramic flowerpot; deck-rattan stools, pillows; kitchenpread basket, all from Azuma, N.Y.C.

HOUSE OF THE YEAR

Deck, page 79: Furniture, "Tahoe" Caliornia Redwood, Samsonite Patio Products, Denver, Colo. All sources N.Y.C.: Bench cushion fabric, Ticking Stripe Yellow, Wavery Fabrics; mugs, creamer, sugar bowl, "Rita" in red, The Pottery Barn; napkins, "Vogue" linen-polyester in copper, Fallani & Cohn, Inc.; wire picnic basket, Bazaar de la Cuisine, Inc.

Living room, pages 80-81: Paint, Dutch Standard semigloss latex, yellow; shutters, "Heritage" wood-stain finish, Joanna Western Mills, Benton Harbor, Mich. (also in dining room); sofas, Heritage Furniture, Heritage, N.C.; bergère, Bernhardt Industries, Lenoir, N.C.; covered in glazed-cotton "Charnwood," Wedgwood Collection, F. Schumacher & Co., N.Y.C.; armchairs, Hibriten Chair Div., Bernhardt Industries, Lenoir, N.C., covered in "Velay Plaid" linen, Brunschwig & Fils, Inc., N.Y.C.; laminated-plastic coffee table, Thayer Coggin, Inc., High Point, N.C.; large baker's rack, Four Corners Imports, Thomasville Industries, Inc., Thomasville, N.C.; brassfinish candlesticks, Drexel Industries, Drexel, N.C. All sources N.Y.C.: Carpet, "Diana" True White nylon, Bigelow-Sanford, Inc.; antique baskets, The Gazebo; large baskets, The Pottery Barn; orange pillows, "Eekloo Embroidered Texture," Brunschwig & Fils, Inc.; polished-brass reading lamps, Koch & Lowy, Inc.; wall hanging, "Broken Star" quilt, America Hurrah.

Dining room, page 81: Laminated-plastic Parsons table, Thayer Coggin, Inc., High Point, N.C.; flatware, "Fairfax" sterling, The Gorham Co., Providence, R.I.; Gourmet stone china, "Summer Palace," Spode, East Brunswick, N.J.; light fixture, Gingham Swag in yellow, Tyndale, Inc., Bronx, N.Y. All sources N.Y.C.: Hutch, "Warwick," Trouvailles, Inc.; hutch accessories, Bloomingdale's; side chairs, "Bamboo," Be Seated, Inc.; place mats, The Molly Shop; napkins, "Vogue" linen-polyester in lemon, Fallani & Cohn, Inc.; goblets, The Pottery Barn; framed etching, "Opus C Sharp" by Barry Nelson, Nabis Fine Arts, Inc.

Kitchen, pages 82-83: Pratt & Lambert semigloss latex, "Mermaid Green"; cookware, Dansk Designs, Ltd., Mt. Kisco, N.Y.; dishes, "Caughley," Stangl Pottery Co., Trenton, N.J.; blender, The Hoover Co., North Canton, Ohio; can opener, Rival Mfg. Co., Kansas City, Mo.; TV, Hitachi Sales Corp. of America, Long Island City, N.Y.; toaster, Proctor-Silex, Philadelphia, Pa. All sources N.Y.C.: Wall covering, washable vinyl, "Jennifer," J. Josephson; table,

trumpet base with butcher-block top, J & D Brauner, Inc.; rush-seated country chairs, Be Seated, Inc.; wrought-iron pot rack, The Woodshed; copper and steel pots, wire baskets, Bazaar de la Cuisine, Inc.; glasses, vases, 3-tier metal basket, chopping blocks, bread board, utensils, The Pottery Barn; antique baskets, The Gazebo; towels, "Fruit Farm" Country Collection by Martex, WestPoint Pepperell, and "Citrus," Fallani & Cohn; shades (also in family room), "Tavern Check" in Spring Green, Williamsburg Restoration Fabric, F. Schumacher & Co.; napkins, "Vogue" linen-polyester in lemon, Fallani & Cohn, Inc.; flatware, "Satin Cane," stainless steel, Supreme Cutlery Corp.; hanging lamp, pewter finish, Lightolier. (See page 38 for all major appliances and equipment.)

Family room, pages 84-85: Paint, Pratt & Lambert "Satin Luster" white; floor, "Bricktone" Colonial White vinyl, Armstrong Cork Co., Lancaster, Pa.; table lamp, Natural Terra Cotta, Phil Mar Div., Thomas Industries, Louisville, Ky.; fireplace accessories, Myers Fireplaces & Accessories, Toledo, Ohio; candle wall sconce, candlesticks, Drexel Industries, Drexel, N.C.; TV, Sears, Roebuck & Co., Chicago, III. All sources N.Y.C.: Rug, Portuguese grospoint (wool), "Marvella" collection, A. Morjikian Co., Inc.; wall paneling, Douglas fir "Planktex," U.S. Plywood Div., Champion International; tuxedo sofa in "Princeton Green" corduroy, Chippendale wing chair in "Kermit" cottonrayon, tea table in solid cherry with "Georgian Court" finish, flip-top table in "Roy-al Charter" solid oak, (continued)

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SHOPPING INFORMATION continued

ladder-back armchairs in oak, all from Et Allen, Inc.; patchwork pillows on sofa, Molly Shop; green-and-white striped ing on table, Waverly Fabrics; multic cotton table scarf, "Montreal Toile," pr ed pillow fabric in "Villandry," pillow con (on fireplace ledge) in "Vershire Diam Texture," all from Brunschwig & Fils, I decanter, glasses, large baskets, The tery Barn; antique basket, The Gaze framed woodcut, "Joyride" by Judith gram, Nabis Fine Arts, Inc.

Masterbedroom, pages 86-87: Walls, wh stucco; brass-finish canopy rods, Kirs Co., Sturgis, Mich.; nightstand, "Chate Provence," dark walnut finish, and Ch pendale Bamboo chairs, "Sandston finish (Four Corners Imports), all fro Thomasville Industries, Inc., Thomasvi N.C.; table lamps, Drexel Industries, In Drexel, N.C.; flatware, "Fairfax" sterling The Gorham Co., Providence, R.I. All source N.Y.C.: Carpet, acrylic in "Deaufiel French Vanilla, Bigelow-Sanford, Inc.; ru Portuguese grospoint (wool), "Marvell collection, A. Morjikian Co. Inc.; cano fabric in "Rigby" blue, and "Tergal" cu tain fabric in snow, both from Bloomcra mattress, boxspring, Simmons Co.; qui "Lincoln's Courthouse," America Hurra cushion fabric, "Modane Texture," Bru schwig & Fils, Inc.; table lace, "Icelar Fret" casement cloth, Scalamandré Silk Inc.; bud vase, The Pottery Barn; sill screen print, "Dunkelblau Composition by Juergen Peters, Nabis Fine Arts, In-

BAKED STUFFED SHRIMP

Pages 94-95: Platter, "Black Basalt, Josiah Wedgwood & Sons, Inc., N.Y.C.

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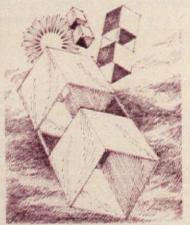
Page 28 and pages 79-87: Roofing, ceda shakes, Red Cedar Shingle & Handspli Shake Bureau, Seattle, Wash.; siding "Roughtex Early American" cedar, U.S. Plywood Div., Champion International, N.Y.C.; stain on siding, Olympic Stain Div., Comerco, Inc., Seattle, Wash.; windows "Perma-Shield," Andersen Corp., Bayport, Minn.; fixed glass, "Thermopane," Libbey-Owens-Ford Co., Toledo, Ohio; insulation, Owens-Corning Fiberglas Corp., Toledo, Ohio; locks, Weiser Div., Norris Industries, South Gates, Calif.; closet hardware, H C Products Co., Princeville, III.; bathroom fixtures, Kohler Co., Kohler, Wis.; heating/ cooling equipment, Bryant Electric Co., Bridgeport, Conn.; water refiner, "Waterfine," Water Refining Co., Middletown, Ohio; automatic garage door, Overhead Door Corp., Dallas, Texas.

E KITING CULT ntinued from page 58

trouble. And steer very clear of overid wires. Ben Franklin got away with
ng a kite in an electrical storm, but he
s a genius, and power lines are not to
toyed with. Also, watch out for streets
I roadways; engrossment in the upper
may have you backing into oncomtraffic.

There have been many technological provements in kites in recent years, cause of plastics and man-made fibers. The recent innovation is the "sky sled" "sled kite," which is incredibly lightight. In flight, the kite looks like an al-fashioned belly-whopper sled with ings attached to its runners; the wind own along the underside, and caprious breezes can close it like a book has only two parallel support sticks, nich is why it's so light and so easily llapsible). There are ways of bracing open and, of course, this kite is uch easier to fly when the winds are eady.

As kite flying intrigues more adults, ore books on kites—building them and ing them—are appearing. One good he is the pocket-sized Golden Guide by yatt Brummitt called, forthrightly, ites (Golden Press, \$1.50, paperback).



This year, at the New School for Social Research in New York City, kites even ecame of academic concern. Andrea Bahadur conducted a six-week kitebuilding class, with flying "labs" in Central Park. The course, to be repeated next summer, taught students to build both basic and unusual kites, using maerials as simple as a brown paper bag, as exotic as Mylar and Tyvek, Andrea is president of Go Fly a Kite, a business her late husband founded. The store's illustrated catalog of kites (the catalog opens into a decorative poster) is available for 25¢. Send your name and address to Go Fly a Kite, 1613 2nd Ave., New York, N.Y., 10028.

But you don't need expertise to begin enjoying kites. All you need is the kite and string, a patch of ground, a swatch of sky and a little time. Go, indeed, fly a kite.

—Denise McCluggage.

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brush and golden tie strings.

These will be real conversation pieces when your family and friends drop in and nothing you could buy can compare to the satisfaction of making your

own.

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This is a special Christmas introductory offer for those of you who like do-it-your-self projects. Supplies are limited and to avoid disappointment mail coupon today as orders will be filled on a first come, first served basis. A very fine buy for only \$1.00. Order 3 kits and save 75¢ more. Now also available—a kit for making 13 wooden ornaments! Glitter, glue and paints included.





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Their way of life has always reflected their self-sufficiency and a traditional love of cra

"The State of Pennsylvania is so much indebted for her prosperity and reputation to the German part of her citizens," the colonial governor, George Thomas, wrote to England's Bishop of Exeter in 1747. Four years later, Pennsylvania led the colonies in agricultural production, with annual exports totaling more than a million dollars.

Settlers from the rich farming regions of Germany-from the Rhine Valley to Switzerland-began emigrating to Pennsylvania as early as 1683 at the invitation of William Penn, who promised a "free colony for all mankind" within his Quaker refuge. Early arrivals settled in Germantown, then on the outskirts of Philadelphia. By the first decades of the 18th century, however, with so many immigrants seeking religious freedom and economic opportunity, it became necessary-if only for breathing spaceto begin moving out into the fertile limestone valleys that extended northwest of the city.

Mostly farmers, these German settlers quickly made their mark on the countryside with their neat log cabins, huge barns and fields they tended with exquisite care. These settlers were called "Dutch" by the English who used that term to describe everyone of Germanic origin in the 17th and 18th centuries. They spoke a distinctly German dialect, and their traditions and customs often seemed strangely at variance with those of their English and Scotch-Irish neighbors. All were Protestants-Lutherans and Reformed. Some were also sectarians-Amish, Mennonites, Schwenkfelders, Dunkers-who became known as the "plain people" for their simple tastes and adherence to strict interpretations of their faith.

THE "SKILFUL CULTIVATORS"

The Pennsylvania Dutch, who pioneered in York, Lancaster, Lehigh and Berks, among other counties, were an industrious, hard-working people. While many were "skilful cultivators of the earth," according to the 18th-century American statesman Dr. Benjamin Rush, others were artisans trained in all kinds of crafts needed to sustain a community. They could build barns and mills, weave cloth, make pottery and furniture, and fashion anything in iron from stove plates to farm tools.

By the mid-1700s a lively folk culture was developing within the farming/crafting economy of rural Pennsylvania. The farmers' struggles to begin a new life were mostly over, and there was at last time to express a love of color, pattern and whimsy so dear to their European forebears. The influences were many—

an abiding faith, a fondness for the birds, flowers and animals of farm life and long-remembered customs and traditions from Germany and Switzerland. Blended uniquely, all found expression in the colorful hand-crafted and decorated objects that were produced among the Pennsylvania Dutch right up to the late 19th century.

The log cabins built by the early pioneers were soon supplemented by little stone houses with steep roofs and solitary chimneys. These in turn gave way to more elaborate farmhouses with hooded doorways, pent roofs and paneled or brightly painted interior woodwork. The simplest kind of dwelling had three rooms all on one floor, with perhaps an attic above. The front door opened directly into the kitchen, which was the center of family life. Doors from the kitchen led both to a small bedroom and a parlor.

SIMPLE, BUT DISTINCTIVE, TASTES

Furnishings in all rooms were simple and rather spare. While Quaker cabinet-makers in Philadelphia were making elaborate furniture for their non-Quaker customers, Pennsylvania Dutch carpenters in the country were producing sturdy chairs, sawbuck tables and solid cupboards that were honest and straightforward reflections of their Rhineland heritage. Rush-seated ladder-backs and Windsor, or "stick," chairs were popular in farm kitchens. Both styles were made early in the 18th century in Philadelphia to satisfy a taste for simple furniture.

Buttermilk paint in bright shades of blue, red and yellow often brightened the surfaces of pine furniture, while native walnut and cherry woods were considered beautiful enough in their natural state to suit finer, more elegant pieces. One characteristic Pennsylvania Dutch piece was the wardrobe, or *schrank*. It was huge, with heavy pediments and a spacious interior that was significant at a time when closets were virtually unknown. Schranks were occasionally painted, but those of exceptional quality were of black walnut, beautifully decorated with beeswax inlays.

The cupboard, another typical piece, was found in every farm kitchen. It had both enclosed storage and open shelves for displaying brightly decorated pottery. One of the most highly sought-after reflections of Pennsylvania Dutch culture was the decorated dower chest, which a father gave his daughter when she was eight or nine. In it she kept all the quilts, homespun linens and handwoven coverlets she would acquire—and make—before she was married. Dower chests were painted and lavishly deco-

rated with the recipient's name, year she received the piece and exqu polychrome designs comprising b flowers, stars and mythical anin Smaller treasures she squirreled awa oval wooden bride's boxes, which v also beautifully decorated and lette in Germanic script.

The favorite, and most often rering, flower in Pennsylvania Dutch art was the tulip. Not only did it gin colorful springtime profusion throu out the colony; it had also been admi and highly coveted in Europe well bet the German emigrants found their vto America. Tulips, along with fuchs pomegranate flowers, roses and formenots adorned painted dower che pottery and illuminated manuscripts.

One of the most interesting Penns vania Dutch folk-art forms was that illuminated writing, or fraktur, production the 1760s to the Civil War. Essetially religious in character, beautiful hand-lettered and illustrated documer were produced to mark the "rites passage" from birth to death, as well illuminations for the pages of hymniand prayer books. Fraktur was done the local scholar—pastor, schoolmast or perhaps a traveling scrivener. Eapiece was an individual creation the told a personal story.

FOLK-ART FAVORITES

The Pennsylvania Dutch hausfrau wa an important figure in folk life. Though by tradition a painstaking housekeepe she was fond of cheery colors and whin sical details. She loved having chalkway animals on her mantel-they open imitated delicate Staffordshire chinaand carved wind toys on her wash line and found the bright spatterware an 'gaudy Dutch" china patterns importe from England irresistible. It was she who tended the kitchen garden, laid out i meticulous four-square plan, and in grew all kinds of fruits and vegetables fo her table. She always had room for he favorite flowers, too; their colors and patterns were repeated indoors on her decorated furnishings.

The diversity of handmade objects in daily use in a Pennsylvania Dutch country home clearly reflected the folk-art tradition. Wooden butter molds, which earmarked the butter from different farms, were carved with swans, cows, tulips and sheaves of wheat. Boxes of all kinds, including those for candles, dough and salt, created surfaces that invited decoration. Gleaming rows of salt-glazed stoneware crocks that stood on benches beside farmhouse kitchen doors were gay with cobalt-blue graphics applied with a potter's brush. (continued)

ost 79 pounds and turned into Casanova's dream girl.

By Donna Arnold — as told to Ruth L. McCarthy



205 pounds, I had a fat chance of dating one fire fighter I'd set my sights for.

t took me eighteen years to get up to 205 pounds. Then I got a glimpse the Casanova of the Fire Departent, Ricky Arnold, and it took me ly nine months to come down off at peak and turn his head. But, of urse, I needed a little help.

Luckily, I found it soon after I went work for the Department in Savanh, Georgia. That was the only place could get a job, thanks to the kindliss of the Fire Chief. He saw someing beneath all those years of cusrds, cookies, fried chicken, potatoes of gravy — which is more than they dat another place where I was interewed for a telephone operator posion. The supervisor just said I was

so fat, I wouldn't be able to get between the seats at the switchboard.

But to get back to the Fire Department, the girls who worked in the investigation division, like me, were put on the second floor. And I'll tell you, those fire fighters had a ball watching our legs going up the stairs. Why, they never missed a pair — of slim ones, anyway.

As for mine, if they bothered to look up, all they saw was oversized knees, rubbing together. That didn't stop me, however, from looking down and developing a crush on Ricky. What's more, I knew when I saw him that the only way I was going to get his attention was to take off those pounds.

Past experience told me that reducing pills weren't for me. A girl friend at work, however, had some of those reducing-plan candies, Ayds*, so I tried them. And I liked them so much, I bought a box of the chocolate fudge kind and started on the Ayds plan right away. Of course, I'd read the contents on the box and was reassured to learn Ayds contain vitamins and minerals, but no drugs.

I'd never been a breakfast eater, but before lunch, I'd have two Ayds with coffee, as the directions say, and they really helped curb my appetite. I was completely satisfied with a salad and maybe meat. For supper, I'd have two more Ayds with coffee, broiled meat, salad again, a vegetable, and perhaps fruit. But Ayds were the biggest help in the evening, because they kept me from filling up on tons of calories while I watched television.

Well, even the first month on the Ayds plan, that weight really started to come off. It must have shown, too, because Ricky actually asked me for a date. He took me to the beach, and I felt so wonderful, I refused to eat even a custard. Love had taken me over! I was determined that the Ayds plan and I were going to get my man.

plan and I were going to get my man.
Of course, Ricky still played the field while I was going down, but I was getting to him. When I dropped below 150 pounds, one of his friends asked me out and I went just to make

BEFORE AND AFTER MEASUREMENTS

	Before	
Height	5'7"	5'7"
Weight	205 lbs	126 lbs.
Bust	40"	35"
Waist	33"	24"
Hips	43"	34"
Dress size	18	9-11

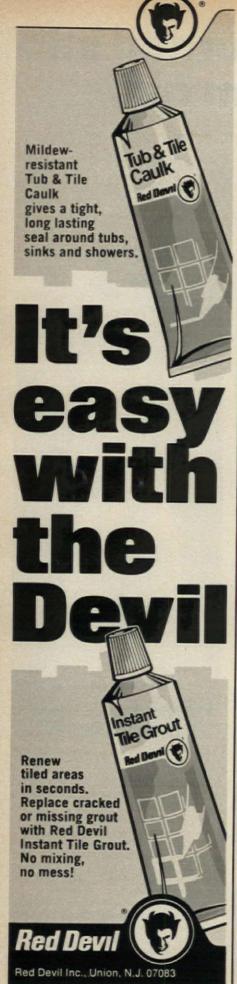


Now that I'm 126 pounds, girls, I've won my man - the Casanova of the firehouse.

him jealous. Well, Rick got so furious at my dating another man, I knew I'd turned the tide.

Anyway, the happy ending is that Rick and I got married a little better than nine months after I'd been on the Ayds plan. I was just below 125 pounds. But don't think I've given up the plan entirely, even now. You see, Rick won't tolerate my being over 130 pounds. So I know I have to stay between 125 and 130. And the Ayds plan helps keep me there.

Believe me, this is a true story. There are plenty of witnesses. The fire fighters Ricky worked with, thirty men on each of three shifts, all saw how the Ayds plan worked for me.



PENNSYLVANIA DUTCH PERFECTION continued

The heritage lives on, despite giant inroads of "progress

Tinwares—cookie cutters, cheese molds, pie safes and coffeepots—were fashioned into animal shapes, punched with stars and geometrics or brightly painted.

The needlework produced by Pennsylvania farm women was superb, as were the quilts—quilting bees were a regular part of country social life. Samplers made by little girls on homespun linen attested to the early age at which children began learning traditional crafts.

ARTISANS AND INDUSTRY

Itinerant craftsmen were frequent visitors to Pennsylvania Dutch farms. Some were expert wood-carvers, who in exchange for food and a warm bed would whittle at wood scraps—creating delightful toys and decorative eagles. Other itinerants hauled handlooms on their backs. They stopped at each farm to convert the linen and wool thread spun by the hausfrau and her daughters into brilliantly colored and elaborately patterned jacquard coverlets, which became as famous as Pennsylvania Dutch quilts, also woven on such looms.

Each community had its blacksmith, who hammered out ornately curled hinges and tulip-shaped latches for house and barn doors. Heart shapes appeared on the tips of handles he made for kitchen utensils from bar iron. Later, as sheet iron became more prevalent, the blacksmith fashioned weather vanes in simple forms—fish, deer, horses—to twirl in the wind atop the famous Swiss-bank barns that were first seen in Pennsylvania. These barns were built against the side of a hill, so that horses pulling wagonloads of hay would have easy access by ramp to second-floor storage.

The potter's craft was one of the earliest to be practiced in rural Pennsylvania. The availability of clay and the abundant skill of Germanic potters gave local industry a good start. These men, and their sons and grandsons, supplied a plentiful volume of everyday pie dishes and pans, but gained fame for their slip-decorated pieces and scratched. or sgraffito, wares. Liquid clay, or slip. was used to decorate simple glazed redware dishes, but the sgraffito technique was more unusual. In this a piece of redware was completely covered with slip, which when dry, was scratched with a sharp quill to reveal the rich red color beneath.

Although sgraffito produced in early Pennsylvania is rare, the technique is still being practiced. A Berks County couple, Barbara and Lester Breininger, whose families have roots in 18th-century Pennsylvania, carry on a pottery tradition that has existed for many generations around Robesonia, what they live. The Breiningers dig clay for a nearby river bank and faithfully required traditional designs in their barrier workshop. (The pieces turn when fired.) Items from their collect of antique Pennsylvania pottery, alwith some of their own sgraffito a slipware pieces, can be seen on page displayed in their natural-cherry kitcl cupboard.

In Pennsylvania Dutch country tod the lifestyle remains largely rural, evas superhighways carve deep into landscape, and housing developme march relentlessly into some of the b farmland. The "plain people" are svery much part of the farming comunity, though they represent but small percentage of the total Persylvania Dutch population. One c still meet the horse-drawn buggies Amish farmers clip-clopping along narow back roads and see children dress as though living in another era, strollihome from school.

BRIDGING THE CENTURIES

At the Pennsylvania Farm Museum Landis Valley, four miles north of La caster, where many of the pieces show on pages 88-93 were photographed, t farming/crafting heritage is preserve and sustained in a tiny village th beautifully bridges the centuries. He the contributions made by country for to Pennsylvania's history and econom growth are on display in typical build ings and farmhouses-some preserva tions from the past, some reproduction Throughout the year the museum hold regular demonstrations for the public i textile making-from the growing of fla to the spinning of fiber and the weavin of fabric. In addition, each June there a crafts festival followed by seminars i which various early Pennsylvania foll art and craft techniques are demon strated and taught. The Farm Museum is open daily, except major holidays from 8:30 to 4:30. Admission is \$1 children under 12 are admitted free.

If you wish to read further on Penn sylvania Dutch arts and crafts, the following books are recommended: Penn sylvania Dutch American Folk Art by Henry Kauffman (Dover), \$2; Folk Art of Rural Pennsylvania by Frances Lichter (Outlet Book Co. Div. of Crown), \$4.95; Early Pennsylvania Arts and Crafts by John Joseph Stoudt (A.S. Barnes), \$20; Pennsylvania German Fraktur (from the Pennsylvania Farm Museum of Landis Valley), \$2.95. The Metropolitan Museum of Art, New York City, lent the dower chest pictured on page 88 and the candle and dough boxes on page 91.

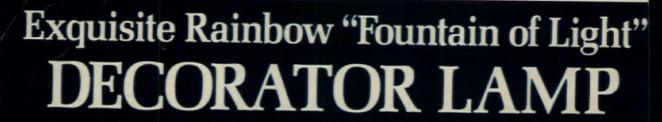


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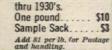




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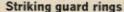
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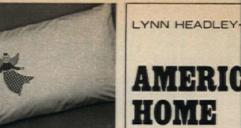
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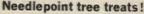
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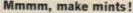
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12" x 12" with 5

roomy pockets in

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Check items desired: #61722 Christmas T #61723 Christmas W #61724 Santa's Boot #61725 White Angel #61726 Red Angel B #61014 Colorful cata For great make-it ideas 61692 NEW Fall '73 New ideas in crafts, sten 61754 NEW Fall '73 You may use your charge card for any purchase over \$4.98.	Dept. 4099, 450 ree @ \$2.98 set of freath @ \$2.98 set of 3 gail @ \$2.98 ea. plu all @ \$6.98 ea. plu all @	3 plus .50 post. & h of 3 plus .50 post. & h plus .50 post. & hdlg. ilus .50 post. & hdlg. is .50 post. & hdlg. .35 ea. .al Needle & Craft iss Spring '73. @ \$1.25 Spring '73. @ \$1.25	et, Miami, Florida 33059 dlg
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And kissin' sweet is Aunt Abigail's Smock in colorfast, machine-washable cotton. Absolutely adorable! Definitely different! Gingham check or bandanna print in red or navy; floral print on red or black. Sizes: S, M, L. Lengths: finger-tip, \$12.95; knee, \$17.95; ankle, \$22.95. J. Jill, Ltd., Dept. AH-103, Great Barrington, MA 01230.

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Clutch purses in needlepoint design unsnap and fold out to 71/4x11". Closed, 31/2x71/4". Contain picture holder, bill and checkbook compartments, plus an attached zipper coin and key purse. Navajo (top), or Concerto (bottom). \$3.95 each, or 2 for \$7. Available in pretend leather, Catalog, Tex-Made, AH10. Box 16125, Houston, TX 77022.

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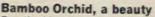
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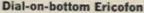


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