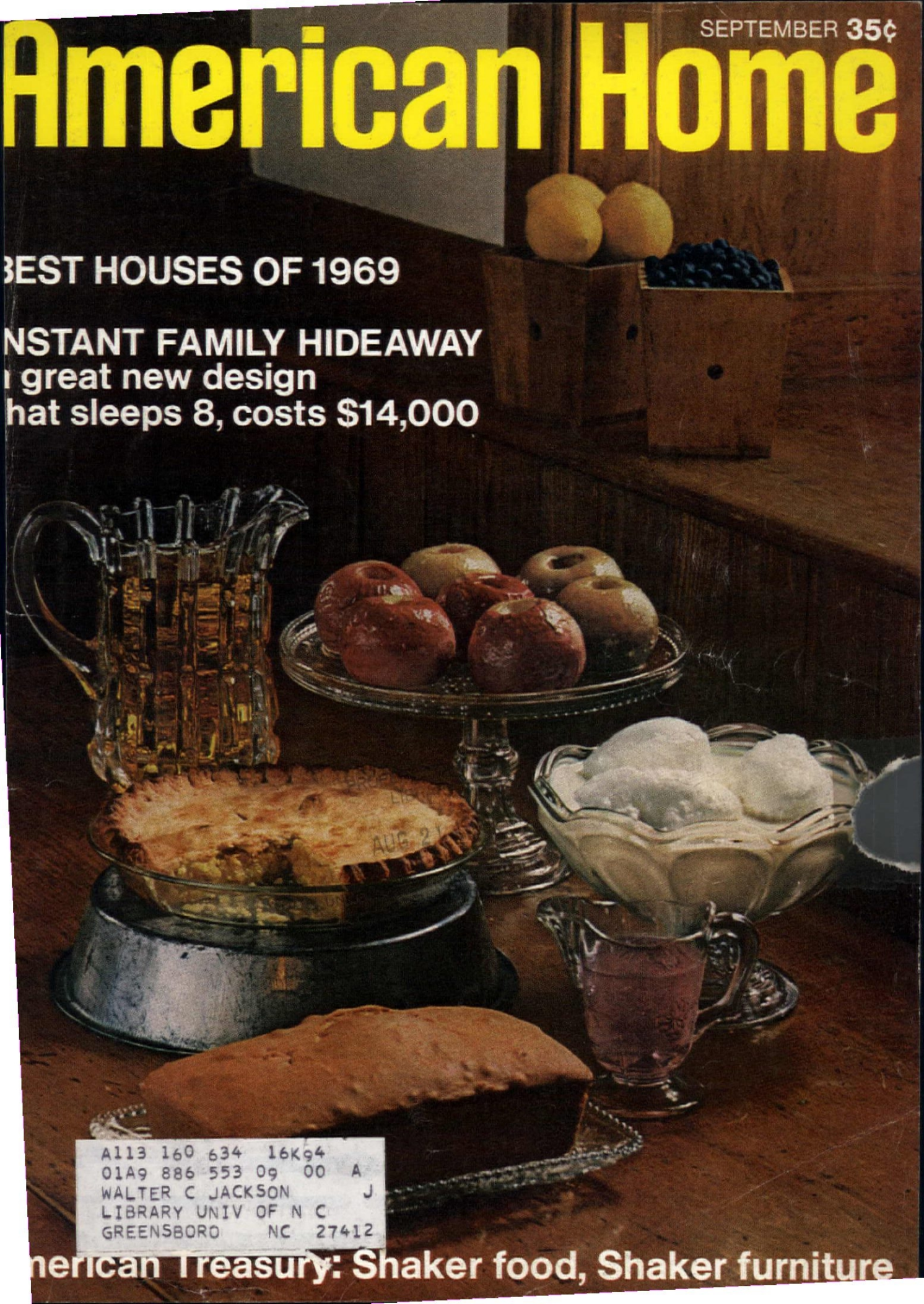
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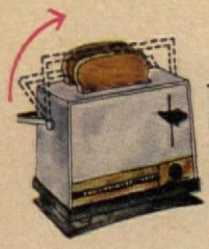
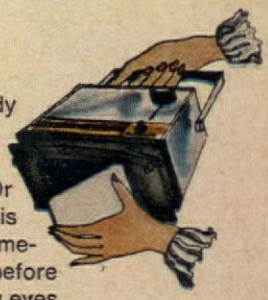


This new Toastmaster Toaster is for women who only have two hands. You can pick it up by the handle with one hand, while you're clearing the breakfast table with the other. When you finish with it, the handle swings out of the way, automatically.

The helping handle is handy lots of other ways, too. Like when you empty the crumbs. Or when you hold up this beauty with its chrome-satin finish before admiring eyes.



Why not go out and pick one up?

It's so beautiful, you can leave it on the table for decoration. Model B180.

TOASTMASTER®

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I moved out on my mother-in-law and lost 65 pounds

By Bonnie Franz as told to Ruth L. McCarthy

I WAS ONLY 16 when I married. And since my husband and I had very little, we moved in with his folks. That's when I learned I was living with the best hot-roll maker in Williamsburg, Md. Yes, my mother-in-law is some cook. And her specialty isn't just baked biscuits. Why, in a matter of months, I'd gained 40 pounds.

As for my trying to cook, it wasn't easy. Specially since my husband's grandparents lived with us, too. Three women in a kitchen are just two too many. When I look back now, it seems like I did nothing but eat, read movie books and wait for our first baby.

There were tensions, too. And when Kenny and I'd be fussing, the rest of the family would take sides. So to console myself, I ate.

Fortunately, not long after the baby came, we managed to get a place of our own. An old trailer. And I was determined to take off that extra weight. I tried slimming chewing gum, and sugarless foods, even reducing drugs. Still I stayed fat. And this time I couldn't blame anybody but myself.

You see, my husband runs a general store and gasoline station. His hours are long. So to pass the time, I'd stuff on candy and soft drinks, or roll out a do-it-yourself pizza. Or I'd go get myself a submarine sandwich, come home, crawl into bed and just eat and read. I'll tell you, I got so big, I once got stuck in a telephone booth. Well, that's the way it was until my second daughter was born and I hit 198 pounds.

I knew it wasn't funny anymore. I had to reduce. But what was I to do? About then, I began reading of people who'd used a reducing-plan candy, called Ayds. Next time I went to the store, I asked the woman there about them. It turned out that she had been on the Ayds Plan and it had worked for her. So I bought a box of the plain chocolate fudge type, though later I tried the chewy vanilla caramel kind. Well, I started taking Ayds like the directions said. One or two before meals with a hot drink. For me, tea.

Now, I never cared much for breakfast. But on the Ayds Plan, I sometimes took an egg, because I know you should always eat in the morning. At noon, I'd have a sandwich. And for

I'm not even 21 here, but at 198 lbs. nothing fit but old women's dresses.

dinner, I'd have meat, a vegetable, and a salad. And by having that candy before meals, I didn't seem to crave sweets afterwards. Of course, one of the biggest helps was that this time I wanted to reduce. I wanted Ayds to help me. And they did. They helped me curb my appetite, so I ate less.

Well, it wasn't long before weight began to come off. That made me feel so good, I changed my hairstyle and gave away my old women's clothes.

When I got down to 148 pounds, however, I quit taking Ayds, because I was pregnant again. But after my son was born, I asked my doctor about Ayds, and he said they were all right for me. You see, they don't contain any harmful drugs. So I followed the Ayds Plan until I reached 133 pounds.

I can't tell you what it's like to look and dress young once more. After all, I'm only 21 years old, and a size 12 dress sure has more style than a size 22.

I found that out at a Dutch Maid party I gave. It was great fun. You invite friends to your house, and a woman comes with a lot of new styles and you try on and buy what you like. And I sure liked to buy. When my youngest sister saw me dressed up and slimmed down, she said, "Bonnie, if you let yourself get fat again, don't bother to visit me." Only then did I realize how ashamed she was of me.

I'd like to take off more weight, but at least at 133 lbs., I look my age.

Well, I think my waddling days are over. At least, I hope so. Fact is, I want to take off another 10 pounds, so I'm trying the minty chocolate fudge Ayds now. That doesn't mean, however, that I never get to enjoy my mother-in-law's cooking these days. But now, thanks to the Ayds Plan, it's a thinner me that goes to dinner.

Before and After Measurements

	Before	After
Height	5'5"	5'5"
Weight	198 lbs.	133 lbs.
Bust	40"	36"
Waist	38"	27"
Hips	49"	36"
Dress	22	12

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☐ Diners Club ☐ Master Charge
☐ American Express ☐ Midwest Bank Card

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Signature.....

SEPTEMBER, 1969 VOL. LXXII. NO. 7

American Home

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COVER: First of a series called An American Treasury. our feast is part of an essay on the Shakers. Story on page 74. Photographer: Richard Meek.

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DEAR READER

Yes, we did a little remodeling this summer—on our magazine. If *American Home* were a box of detergent, we might emblazon on the cover this month: "NEW! IMPROVED!" because there are a lot of things new about *American Home* this issue. The most obvious change is that it comes in a handier size, although somewhat larger in content. You will now receive it 12 times a year instead of 10 (you get those two extra issues free!). There are many technical improvements also, including more faithful color reproduction so important to match Vera Hahn's decorating and to make Gini Habeeb's food pages look good enough to eat.

But there was yet a greater change!

There have been only three editors in the long and lively 40-plus years of *American Home*. It was my privilege to be one of these. Now it is my pleasure to introduce to you the magazine's fourth editor, the young man pictured here, Fred R. Smith.

In his 20 years as a magazine editor, Fred has specialized in architecture and fashion, travel and food, indeed in almost every facet of contemporary American life. Fred has traveled the world to bring his readers illustrated reports on the finest in home design, and he brings to his new post at *American Home* a continuing search and critical eye.

It's a new world, and Fred and his staff of able editors are planning to bring the very best of it to you.

Everything that you and we have loved about *American Home* continues—plus. Plus more news, more ideas, more help. Today, in almost every purchase, the choice of quality and style confronting the home owner is so great as to be befuddling. *American Home* will help you make the most of this age of choice, this time of unprecedented option to live your own way, in a home that reflects your own individuality.

This is not a time for cramped thinking any more than it is for cramped living. There is a freedom abroad in this land today that invites a richer expression of family lifestyle than has ever been our lot. Or, indeed, that of any other people in any other time, since a skin first was draped over the mouth of a cave. So *American Home* looks to the future, yes. And to the best of the past's traditions. But foremost, we look to the present and its exciting choices: to live with more freedom; with more youthful vigor; with more family fun; and with greater purpose.

As best expressed by Fred Smith: "At *American Home* we are expanding our viewpoint. In addition to furniture, food and architecture, we are going to focus on people, real people.We are going to stress the quality of life inside the home, around the home, in the community. This is the service we owe our readers."

Sincerely,

John Mack Carter

John Mack Carter
President
Downe Publishing, Inc.

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Want to see more? We'll send you our Thomasville Furniture Shopper's Kit, showing, among other things, 36 sofas . . . all works of art. Send $1 to Thomasville, Dept. AH-99, Thomasville, North Carolina.

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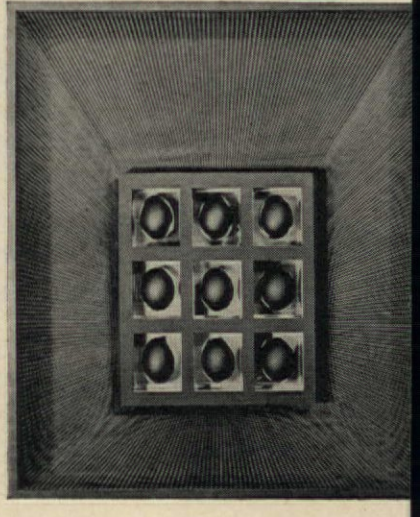
Lifestyle

"Don't you remember," Deborah Gary says, "how, when you were little, you dreamed that you could fly?" Deborah does remember and she does fly. She pilots a glider—barefoot, mini-skirted and wearing a parachute just to bring her weight up (so she can bring the glider down) to the required minimum of 150 pounds. Now 22, she has gone back to college to study aerospace engineering and spends her vacations teaching soaring—in St. Croix in the winter and at Sugarbush, Vermont (where she is photographed), in the summer. Deborah Gary would love to go to the moon, but NASA is so *stuffy*.

Need a wig? False teeth, contact lenses? Try hanging around The Cyclone on New York City's Coney Island—it seems that on the wilder rides anything that can come loose does. Operators find hearing aids, false teeth, scarves, hats, handbags, wallets and wedding rings. Wigs, the amusement-park operators report, often sail free and drift to earth in the aquarium nearby—which must come as a big shock to their owners, their owners' escorts and the fish.

The egg has been called nature's mos nearly perfect form and Artist Ton Head could not agree more. He is cap tivated by the egg, and for two year has been working with the shape se off against the linear elements of tau string in rectangular boxes—the con structions being called, of all things egg-and-string boxes. Head empties hi eggs, undercoats and sands them an sprays them with paint. His eggs com from the supermarket, his string i fishing line from Abercrombie and Fitch and the absorbing constructions h makes of them may be seen at th Acquavella Gallery in New York City



A new solution to an old problem—Mrs Brandon Sweitzer puts the high chai and baby into the shower, gets in hersel and when lunch is over, just sluice down self, baby, chair, dishes and all

continue

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Make the greatest cooking discovery since fire.

The incredible **Amana** *Radarange* Microwave Oven.
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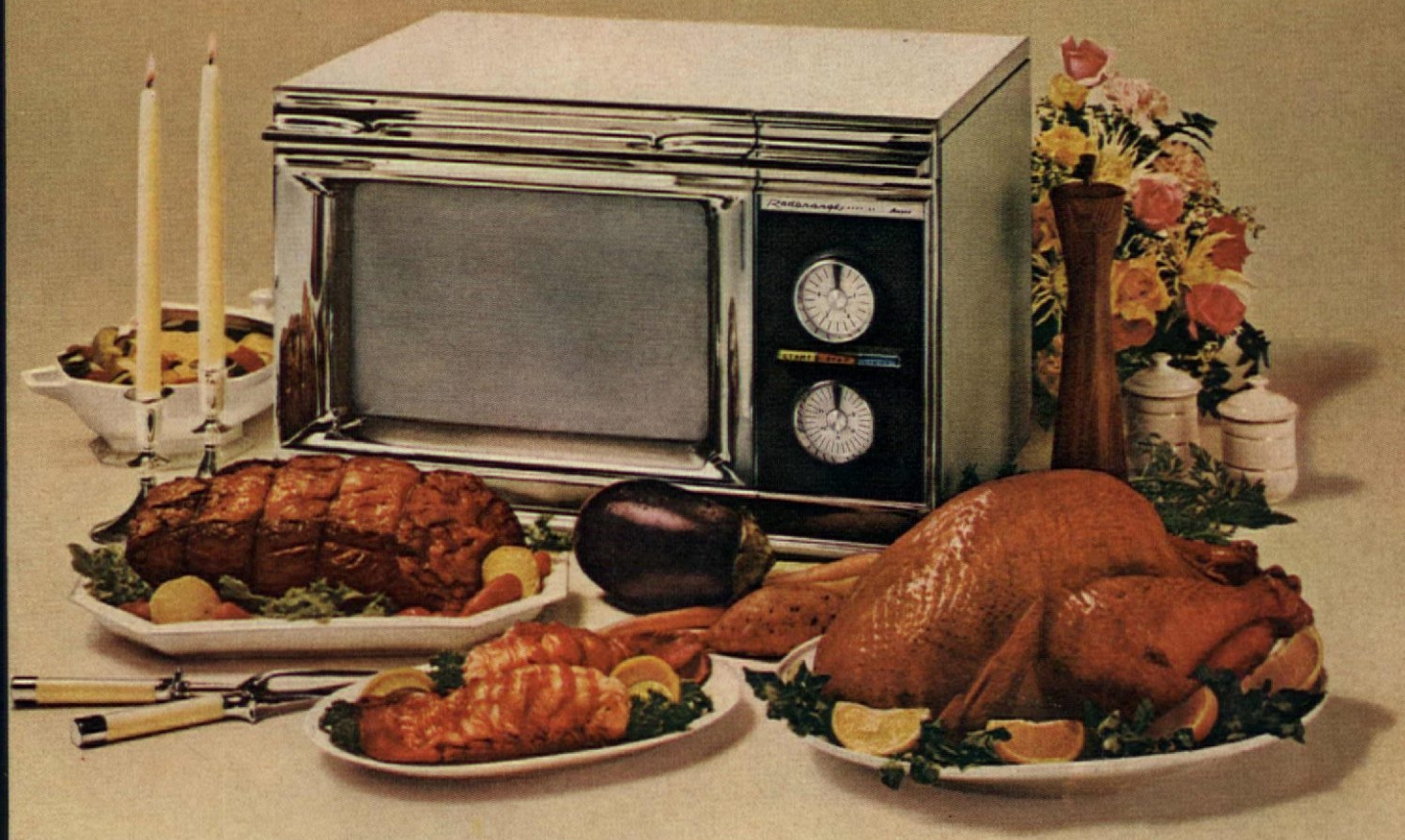

Now from Amana, a totally new way to cook, defrost, or reheat food—The Radarange Oven, world's first portable microwave oven. Because the Amana Radarange Oven is portable you can enjoy cool, quick cooking wherever you want in your home. Plug it in anywhere, operates on standard 115-volt outlet, uses no more electricity than a fry pan.

Just push a button—set a timer—and fast, microwave energy cooks food deliciously in a fraction of the time you're used to.

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Amana Radarange Oven fits easily on kitchen counter (just 15" high, 22¾" wide, 17¼" deep overall).

Make the quick-cooking portable Amana Radarange Oven your own discovery for the whole family. It's another giant step forward . . . electrically.

See your Amana Dealer or write Ann MacGregor, Dept. HH, Amana, Iowa 52203.

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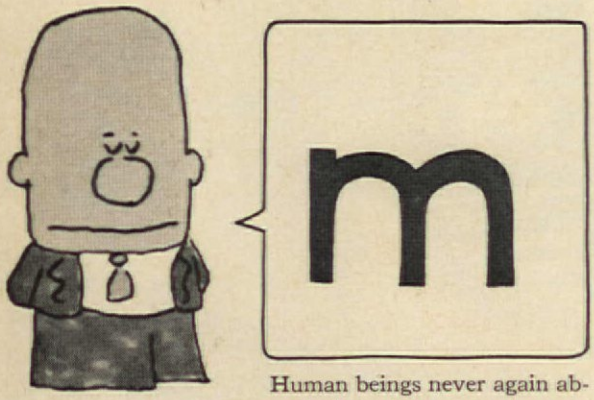
This Gold Medallion identifies a home where everything's electric, including the heat.

Wooden-soled clogs, both open and closed, are the fastest selling item at Scandinavian Ski Shops of New York City. Other stores from coast to coast have been sold out all summer. Great for the feet, say the fans—it takes so much foot exercise to keep them on. Made for men, women and children, apparently every man, woman and child in the country wants them.



Human beings never again absorb knowledge at the rate they do in prekindergarten years. Also, it has been estimated that kids during this learning period spend more hours watching TV than they will spend attending the first six grades of school. So why shouldn't a child be picking up the alphabet as well as the names of 75 kinds of cereal? Sesame Street is the name of a TV program due in November for preschoolers. Developed by the Children's Television Workshop, it is designed to sneak up on the young with, say, the basic geometrical shapes or the understanding of numbers. "Commercials" pushing such "products" as the letter M will spot the hour-long program. Turn it—and your children—on.

"Hey man, can you spare some bread?" The hippie who asks this of electronics engineer Walter Reynolds will end up with a pocketful of—bread. Reynolds and his wife have baked over 35 tons of bread and they give it away—like some 1000 loaves a day donated to Resurrection City. Baking in coffee cans and clean garbage cans, Reynolds has simplified his recipe so that no housewife should have trouble baking bread in quantity. At least not until she tries to put the garbage can into the oven.

Tattoo your dog. Veterinarians in growing numbers will mark your dog to protect it from dognappers with your social security number tattooed in double rows in its right groin. The process can, but may not be, painless. Check your vet's method.

Earthquake pillows—a plan-ahead solution to a problem that hasn't come up yet: huge, fat, foam-filled pillows for getting under when the roof falls in. Of course there is always the chance that the roof won't fall, but never mind—the pillows are fun.

Kites are supposed to date from 400 BC and have been used over the centuries for festivals and fun—as well as by our Army, Navy and Air Force and the German Submarine Service for everything from research to spying. Kites are more in—or up—than ever, drawing thousands in Massachusetts to the Great Boston Kite Festival, but probably the *compleat* kite man in this country is further west. In Palo Alto David Jue not only teaches kiteflying, writes books and gives demonstrations, but he also grows his own bamboo for the kites that he makes himself.

©Sears, Roebuck and Co.

Why did the Dave Brubecks, who could afford the world's most expensive dryer, want a Kenmore from Sears?

Pianist-composer Dave Brubeck lives in a huge Japanese-style house in Wilton, Connecticut, with 5 pianos and 6 children.

Mrs. Brubeck runs this big musical household without any help except for a cleaning lady one day a week.

"With 6 children, I needed the best dryer there is," says Iola Brubeck, standing in her kitchen next to her new Lady Kenmore dryer from Sears, Roebuck and Co.

"Naturally, I try to buy everything permanent-pressed. Or I'd spend my life ironing. The great thing about our Lady Kenmore dryer is that it adjusts *automatically* for permanent-pressed fabrics.

"And this Sears dryer has something remarkable they call Wrinkle-Guard. It actually prevents wrinkles from setting in if you're not right there to take clothes out when the drying cycle is through. The Wrinkle-Guard automatically gives clothes a good tumble every 5 minutes for over 2 hours or until I have time to take them out.

"I know we could have paid more for a dryer, but you just can't beat the Sears Kenmore."

Sears Kenmore Dryer

for women who want the best even if it does cost less

By Mary Anne Guitar

HACKETTSTOWN IS FOR THE BIRDS

Not too long ago, we took songbirds for granted. They went about their business cleaning up the weed seeds, keeping the insect population in check, announcing spring with an exuberant song. In return for a few scraps from the table, they brightened the winter months. Now, unaccountably, we treat them like fussy guests, pampering them with sunflower seed, the filet mignon of bird food, throughout the year. Actually, all we have to do to keep them happy is build a landscape they'd like—packed with fruiting shrubs, free from poison and pollutants.

Privet supplies fall and winter food.

Birds relish red mountain ash berries.

Honeysuckle ripens its fruit in summer.

Dogwood bounty is an all-time favorite.

This is the lesson to be learned at Panther Valley, a "new town" just outside Hackettstown, New Jersey.

Panther Valley lies an hour as the crow flies from Manhattan. It caters not just to birds but to the needs of depleted urban/suburban dwellers who dream of an unspoiled Eden off the beaten track, yet accessible to it.

Going on the principle that what's good for the birds is even better for people, the developers of Panther Valley, The Frank H. Taylor & Son, Inc. and The Travelers Insurance Companies, have set aside 400 acres out of 2000 for open space. The air is sweet and clear at Panther Valley. No smog here. You can see for miles out over lush farmland, watch hawks soar on the thermal drafts created by air currents off the ridges. Once panthers roamed here, later the tract was the country-seat of financier Clendenin Ryan. Today it is a planned unit development capable of housing 2000 families with room to spare. Despite the construction underway, the bird population has multiplied because care has been taken to preserve its natural habitat.

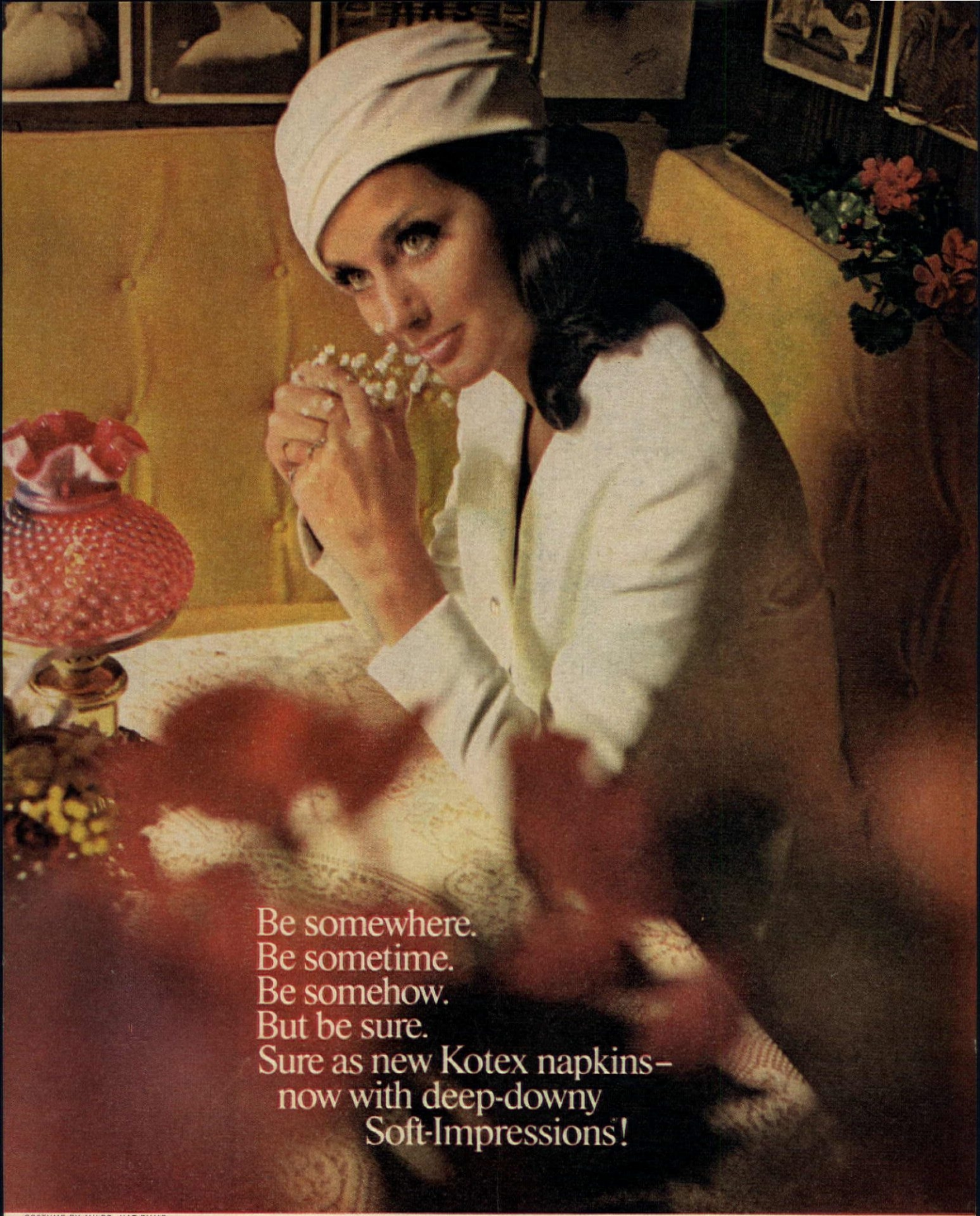
Cardinals flash across the lawns, bluebirds are nesting again. The wren's insistent melody is heard along with the catbird's mocking call. Killdeer have come back, along with the meadowlark because of the golf course that runs along the heart of the valley. To the birds it looks like an inviting meadow. Ducks and sandpipers feed along the edges of man-made ponds. Thousands of fruiting shrubs and trees have been planted, others released by selective clearing. This is the work of a land-management expert named Philip Barske who believes that even the smallest backyard can serve as a bird refuge if properly planted and maintained. "All you need is food and water, available year-round, plus cover for protection and nesting."

Houses are sited on at least three-quarters of an acre and most of the native shrubs and trees have been preserved. Each home owner is the proud possessor of a mini-sanctuary. Best of all, it is self-supporting. No need to fill the feeder or spray for insects. Birds will thrive on a natural and dependable diet of berries and seeds, produced by the plants they like best. An added bonus must surely be the money saved on weed killers and insecticides.

Many of the shrubs which please the birds are generally overlooked in landscaping because they are not particularly exotic or expensive. When planted with a purpose, admirably expressed by Barske who says "every backyard needs a bird larder," they can enhance any house and garden.

Making the rounds with Barske at Panther Valley is an eye-opening exercise in seeing the possibilities in familiar plant materials. A true conservationist, he is a scavenger, keeping a thrifty watch on what can be salvaged, moved, reestablished for greater usefulness. "When we dug for the roads," he explains, "we saved the wild flowers and native shrubs like viburnum and hawthorn. We added a mixture of sumac, bayberry, black alder, bush honeysuckle, highbush cranberry, elderberry, shad. Nature is wonderful but she hits it all at once. We like to spread the fruiting time by planting a variety. We brought in dogwood, even though there was some here, autumn olive, mountain ash and several varieties of cedar."

Barske doesn't always see eye to eye with the golf course management. When his shrub borders creep out of line he's told by the greenskeeper, "The golfers want to know why these corners look so messy." Barske's kind of random planting and trimming ("privet should be allowed to spread if you want the birds to have a crop of berries") is bound to be an acquired taste for anyone used to orderly rows of evergreens. However, he has made converts. Landscape Architects Zion and Breen, who sited the town houses and rental units at Panther Valley, endorse the idea of using native plants. (continued)



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FOR THE BIRDS continued

Rhododendron Maxima, indigenous to New Jersey, is a favorite. "Our aim is to keep it simple, keep it in scale, keep the flavor of the place." This seems to be a coming trend in landscaping.

At Salishan on the Oregon Coast, some 550 acres of untouched dunes have been intelligently transformed into a leisure community that makes the most of its spectacular setting.

"We should fit ourselves into the ecology," says Barbara Fealy, who was in charge of landscaping Salishan. "The flora and the forest, the natural materials which grow in a place, are the most beautiful because they belong there." The plantings at Salishan consist exclusively of natives, like yellow broom. They also suit the shore birds who regard this development not as an intrusion, but as their natural habitat.

When enlightened developers take the pains to create a livable environment for the birds, they are amply rewarded. Some 1600 acres of interior forests have been set aside as a wildlife shelter at Sea Pines Plantation on Hilton Head, South Carolina. To date, the local Audubon Society has counted 240 species of birds drawn there by an abundance of food and cover.

Naturally, these conservation-conscious developments please Barske who travels for the Wildlife Management Institute, working on conservation projects with garden clubs or mapping nature trails in newly acquired open space. He had a hand in the early landuse design of Columbia, the new town outside of Baltimore, but his most influential achievement may well be the Roy and Margot Larsen Audubon Sanctuary, a 110-acre, planned preserve set smack in the heart of cultivated Fairfield County, Connecticut, and model for the effort at Hackettstown.

When Philip J. Bowers II, President of Panther Valley, read about the Larsen Sanctuary he talked Barske into doing the same kind of job for his ambitious project. Bowers shows visible satisfaction and only a few pocketbook pangs when he describes what Barske has done. "What started out to be a very casual relationship has developed into quite a thing. We've spent a barrel of money but I think it's worth it."

At Panther Valley the bulldozer is harnessed in the cause of conservation. Walking trails may be cut, land contoured to prevent erosion, trees gently pried loose and lifted to a new home, but ravaging nature is forbidden. No tree more than six inches in (continued)

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FOR THE BIRDS continued

diameter can be cut without Bowers' personal okay. When a pheasant nested near a proposed house site the crew held off until mother and brood were ready to move on.

Barske makes regular runs from Connecticut to New Jersey, his car filled with bounty from the now prolifically stocked Larsen Sanctuary. It may be a dozen mallard ducklings, a basket of canary grass good for stabilizing soil or a pail of aquatics. His guidelines for planting are easily followed by anyone interested in setting up a backyard sanctuary:

Use plants that will assure food for wildlife all year long.

Select plants that will tolerate a degree of crowding to form thickets.

Ideally, at least three or four kinds of plants, more than one of a species, should be grouped in each unit.

Don't overplant. Leave or create open areas for bird species requiring them.

Barske recommends the Dutch Mountain Nursery (Augusta, Michigan 49012) for a complete planting list of bird-drawing shrubs and trees. You can order from the nursery in quantity or simply buy specimen plants the birds like best. Find out from a local nature center which kinds of birds inhabit your area.

The catalogs from this prime source also make good reading. Indeed, the owner seems to have a remarkable sense of identification with the birds. ("Another fine autumn feed is Elaeagnus multiflora related to Russian olive but its small berries taste like red currants—and I eat them greedily.") One catalog describes the favorite foods of certain desirable species. For example, the evening grosbeak likes box elder, hackberry, Juneberry while the cardinal favors dogwood, mulberry, tulip and viburnum. If you want to attract hummingbirds you would plant Tatarian honeysuckle and mountain laurel. For "berry color in the winter" the nursery recommends bittersweet, cotoneaster, pyracantha, viburnum and other long-time favorites.

Once these favorite foods grew wild and the birds never went hungry. If we want them to live happily in a man-made environment we will have to save or restore the plant life they need. Surely, this is a small price to pay for their song and color. END

Mary Anne Guitar has been a frequent contributor to *American Home*. She is president of the Redding, Connecticut, Land Trust, a group instrumental in preserving more than 100 acres of conservation land for nature study.

STRANGE as it seems ELSIE by HIX

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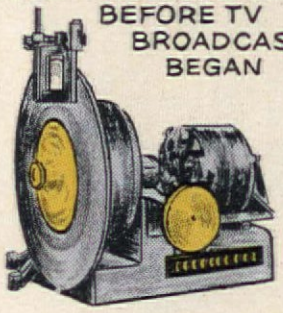

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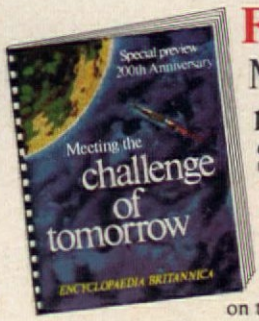

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From the dining room the view is Alexei by Karastan. This area rug of pure wool pile is available in 16 color combinations including Turquoise Tile, shown, $275* for the 9' x 12' size.

*Slightly higher in the West.

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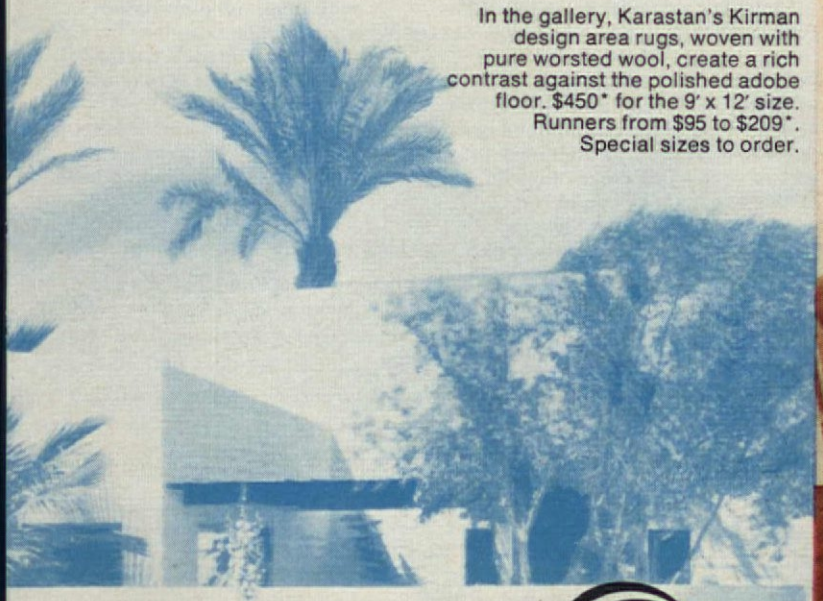

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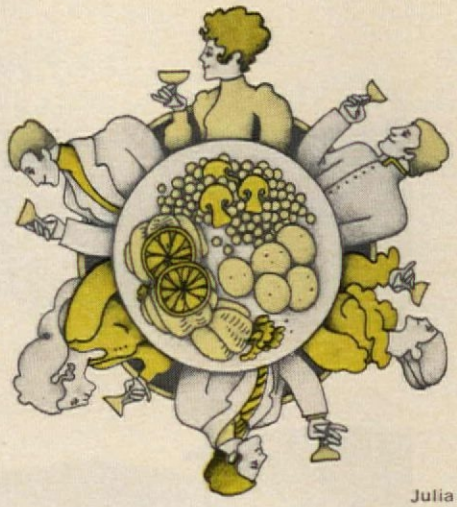

Julia Noonan

COMPANY'S COMING

Your September dinner party may be the last one at your vacation home for summer friends or the first one back in town, ready to start a new season. Begin with Stuffed Mushrooms—chop the stems into your favorite shrimp or crab-meat salad and then fill the caps with the mixture.

Stuffed Mushrooms
Baked Chicken Rosemary*
Steamed Rice
Buttered Italian Beans
Minted Fruit and Sherbet*
Vanilla Wafers
Coffee

BAKED CHICKEN ROSEMARY

2 broiler-fryers (2½ pounds each), cut up
Salt
Pepper
¼ cup butter or margarine
½ cup minced onion (1 medium)
1 clove of garlic, crushed
½ cup water
1 envelope granulated chicken bouillon
¼ cup chopped parsley
1 teaspoon leaf rosemary, crumbled
2 teaspoons grated lemon rind
3 tablespoons lemon juice

Heat oven to 375°. Sprinkle chicken with salt and pepper. Brown chicken on all sides in butter or margarine in skillet; remove chicken to shallow baking dish. Cook onion and garlic until golden in fat remaining in skillet. Add water and bouillon. Cook, stirring, until bouillon and all brown bits in pan are dissolved. Add parsley, rosemary and lemon rind and juice. Pour over chicken. Cover. Bake 45 minutes or until chicken is tender. Makes 6 servings.

MINTED FRUIT AND SHERBET

⅓ cup sugar
1 cup water
1 pint strawberries, washed, hulled and sliced
1½ cups honeydew melon balls
2 tablespoons chopped mint
1 pint fruit sherbet

Combine sugar and water in small saucepan. Stir over low heat until sugar is dissolved. Bring to boiling. Boil 5 minutes without stirring. Cool. Combine fruits in large bowl; add sugar syrup and mint; mix gently. Chill. Serve over sherbet. Makes 6 servings.

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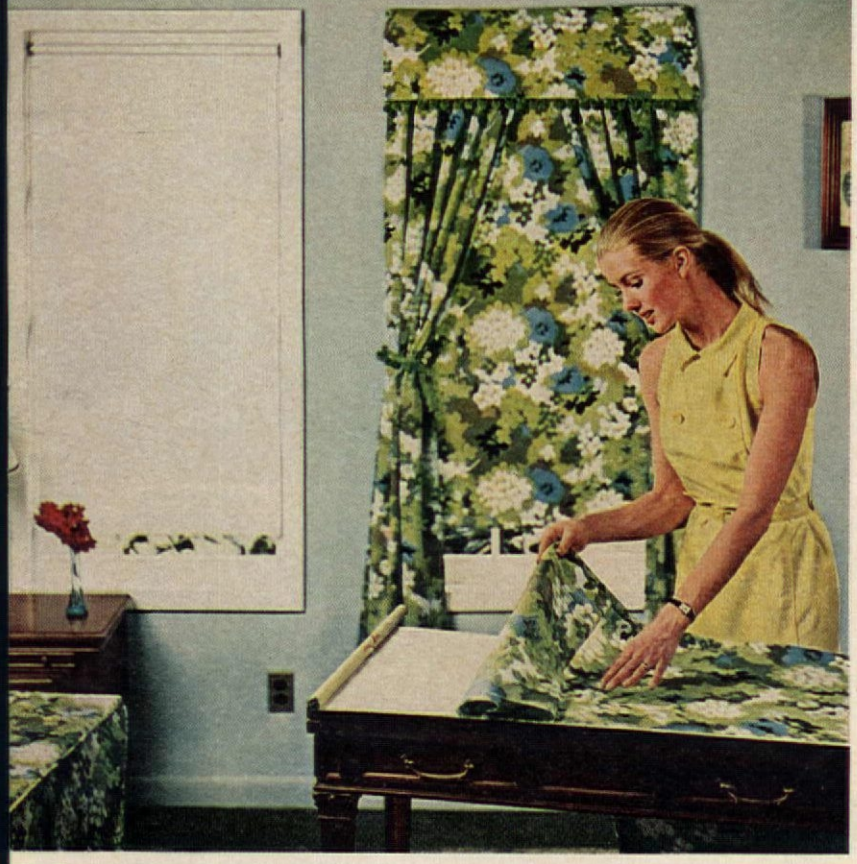

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THE BIG TREE By Nancy Gray

In the silence of a California forest, a giant fell. No one heard it. Only its mute companions witnessed it, and from them there is no report.

The giant, a 234-foot-tall Sequoia known as the Wawona Tunnel Tree, lies crumpled now, and with it lie the memories of traveling millions who have walked or ridden through the 26-foot-long passage in its ancient, yawning trunk. Theodore Roosevelt, John Muir, William Howard Taft, the Shah of Iran and people—five generations of people like you and me—have made the trek up to the south reaches of Yosemite National Park just to see the Big Trees and this one in particular.

This toppled Sequoia was a sapling when Christ was born. It was 400 years old when Rome fell. And by the time Columbus, Cabot and Vespucci came to the New World, it was gargantuan. Once Sequoias like it shaded vast portions of the earth, in prehistoric times, but the few thousand remaining are in a section of the Sierra Nevada Mountains. Three (continued on page 31)

In 1903 Theodore Roosevelt, standing in the stagecoach, and a party of naturalists visited the famous tree 66 years before it tumbled.

National Park Service

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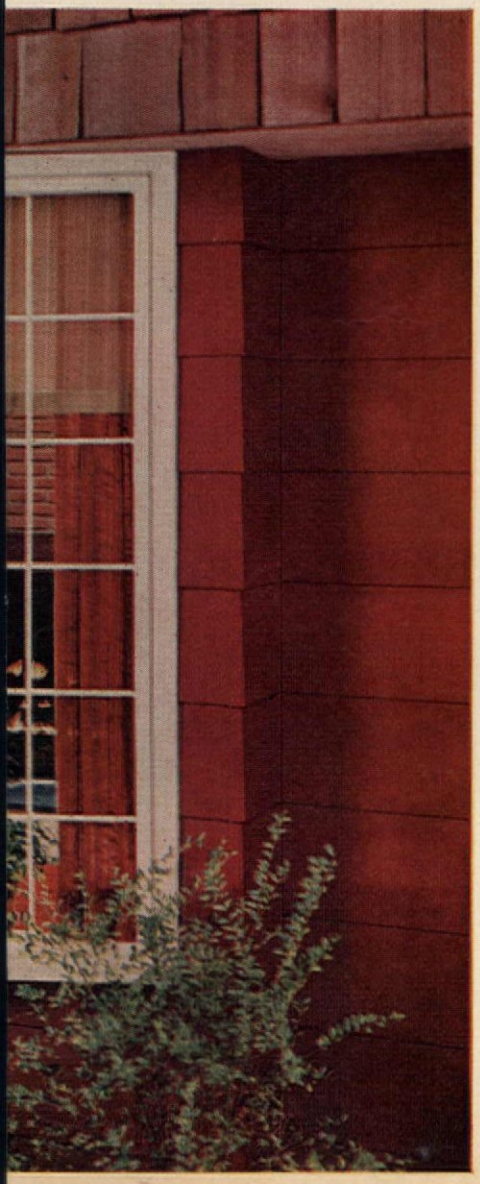

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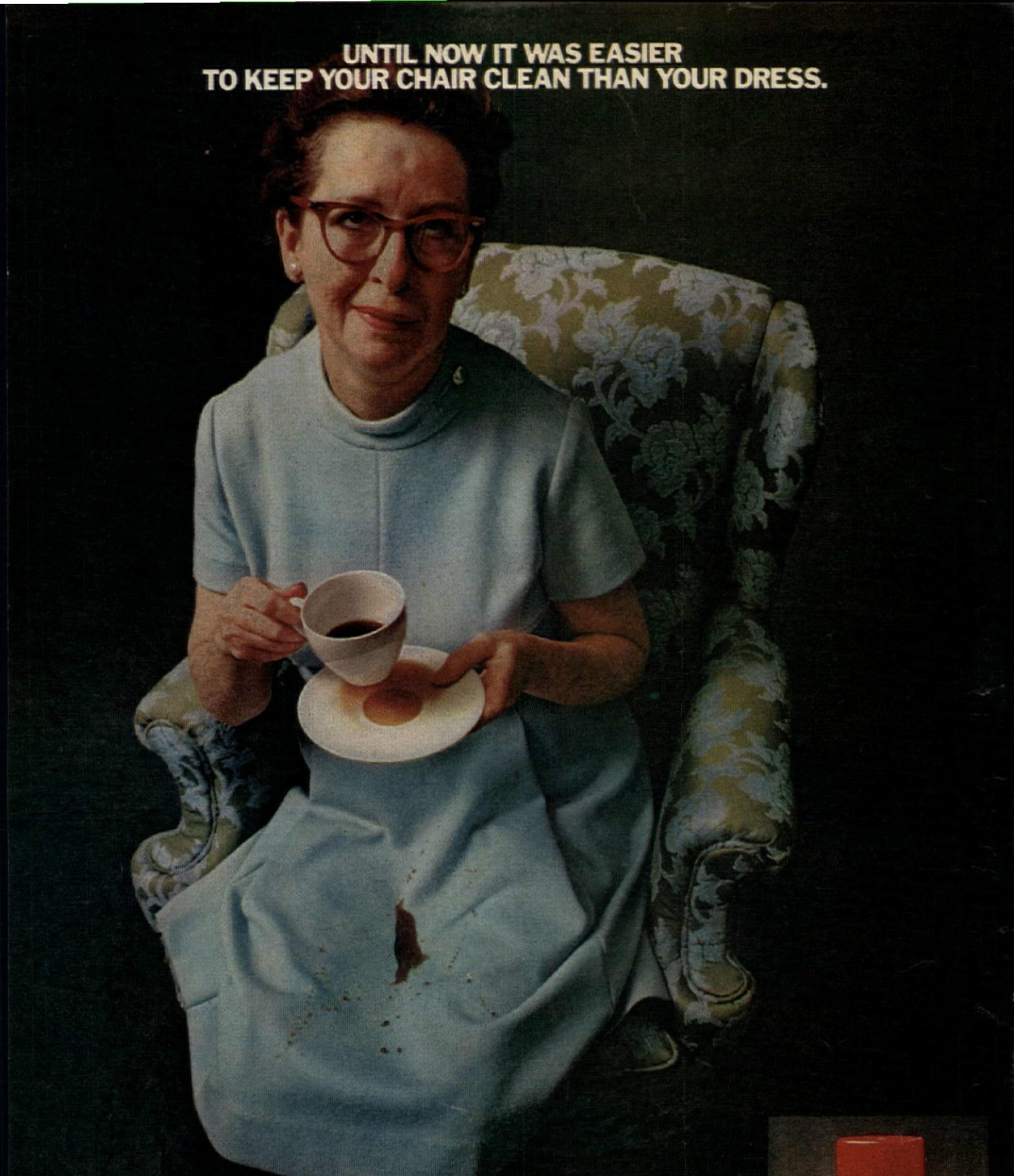

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THE BIG TREE continued

roves—Mariposa, Merced and Tuolumne—are within Yosemite; others are ot far away in Kings Canyon and equoia National Parks.

Of all these Big Trees left, the Tunnel ree that sprawls now in the Mariposa rove has always been a little something lse—personally famous. "This was the orld's most famous tree," a serious-aced young ranger said. "Not the tallest r the broadest, but the best known. very geography book showed it. And ou know, it seems bigger to me now han it ever did when it was standing."

It does. Lying on the ground, uphill s it toppled ("just as though an ex-ert logger had sighted it"), the famous ee has taken on proportions no text-ook or photo album or even upward lance would ever have suggested.

Old Wawona has also in retrospect aken on the role of a sacrificial tree, or its life was undoubtedly cut short by he hewing of the very tunnel which aught the imagination of millions and purred the country toward protecting he Big Trees and other natural splendors.

As we watched one recent afternoon, wo small boys jumped up and down on he old initial-carved, root-studded runk. Flyspecks in the sky. A tiny hihuahua sniffed irreverently around he hollow, fire-scarred core—indignity. new crop of initials already bloomed n the freshly exposed rich red wood. nd a new crop of tourists drew up con-nually to survey what they called "the ee." Standing at its top and looking own the broken length, you can feel ntiquity and hugeness. Its sections ump along like the vertebrae of a great inosaur, magnified many times.

All around, the other giants—some ven grander—stand guard. In the Mariposa Grove alone, there are over 00 imposing Sequoias (10 feet or ore in diameter), including one with a milar, though slightly smaller, tunnel. he California Tree, perhaps a quarter of mile below, was hewn out some 14 ears after the enterprising Washburn rothers made the Wawona Tunnel in 881. Dandy tourist attractions these arnums of the Big Trees decided, worth he $75 each cost. And for years, the orse-drawn coaches of their Yosemite tage and Turnpike Company picked up urists in Fresno and Merced, Cali-rnia, and hauled them, bug-eyed, up he mountain to the grove.

In the fall, when the snows piled too eavily around the Wawona Tree, driv-s were known to switch the signs nd take their unsuspecting passengers through the tunnel of the lower California Tree instead. No one was ever reported to be the wiser. (In recent years, the California Tree's tunnel has been closed to cars. You may reach it by a well-marked foot trail, not far below the new main road.)

With all the drum beating, enough interest was certainly aroused to fill the coffers of promoters, but more important, along the way, to stir Congress to feel there was something worth preserving. The historic upshot: the day before Gettysburg, a harried President Lincoln took time out to sign a bill, looked on now as a sort of trail blazer for the national parks we have today. It put the valley of Yosemite and the Mariposa Grove in public trust, the first such move toward public land. The State of California ran it until 1905 when, after the United States had bought nearly three-quarter million acres around it as a park (1890), California re-ceded these interests to the nation.

What are these Sequoias anyway? Known in botanical circles as *Sequoiadendron gigantea*, they're, next to the small Bristle-cone pines in Inyo National Forest (just south and slightly east of Yosemite), the oldest living things on earth, going back—some (continued)

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of them—between 3000 and 4000 years. Certainly they are the biggest—up to 30 feet in diameter, 310 feet tall and a staggering 100 feet around. As one ranger explained, these are the world's most accurate history books. From the rings that mark each year of life, scientists can learn the story of the floods, the droughts, and the disastrous fires along the way. The rich brown-red wood they share with the towering lumber redwoods of the California-Oregon Coast, is strong and impervious to the insects that topple lesser trees. If men or storms don't fell them, chances are they can survive forever. Even when a giant does fall, as Wawona did this year, it's hard heartwood will stay around for centuries.

Interestingly, many bear great black fire scars on their trunks. And though the Park Service has assiduously tried to prevent fires through the years to protect them, there's growing knowledge that fire is vital to Sequoia life. It cleans out the heavy undergrowth that prevents seeds of the cones from germinating and continuing the cycle of giants. Talk now is of setting controlled fires for just such therapeutic clean-ups.

Peering up inside the fallen Wawona tree, you can see a brutal burn that reaches far within. It was, in fact, a fire scar that the Washburn broth enlarged to make the famous tunnel the first place.

"In a sense," admits Lawrence M riam, a former superintendent of Y semite, "the Tunnel Tree's a freak, b it provided a yardstick of sorts to sh how big those trees up there really ar Under today's approach, no tun would be allowed, if the tunnel had been cut through, the tree might ha stood for centuries more.

San Jose State's Dr. Richard Hartesveldt (Mr. Sequoia) who p formed an autopsy on the tree, ac other factors to its upending. The co de grace: a heavier than usual sn load late in the winter, accompanied gale winds during one of the last sno Add a venerable crack that showed when it was inspected on the grou and collapse seemed inevitable—s but inevitable.

What is going to happen to this gra colossus of the mountains? Immediat following announcements of its f letters poured in from around the wor heart-tugging poems of condolen notes of sorrow and an incredible nu ber of suggestions for disposal of body. Build a bridge with it, sell s venirs made from it, rebuild the tru on a new base so people can dr through it again, or, as a small b wrote from Decatur, Illinois:

"Dear Ranger Lynn Thompson heared that Wawona fell. I also r the story about the tree in my read class. I liked it so much that I want Big Tree to be put in a museum so eve body can see it and enjoy it. If you c not do that, you could sell pieces o to people. I hope you can do it. Tha you. P.S. If you do sell some of Wawo I would like to buy some."

Sighs Wawona District Ranger, W Gammill, who has a long-standing finity for it, "That poor old tree suffered enough indignities. Let's j leave it there."

There is exactly where it will rem for generations more to explore, as t come to view some of the last Big Tr left on earth. An elephant train fro parking lot below the Mariposa Gr now carries travelers up the slope to point where the upheaved trunk blo the old road and a new road will around. The California Tree, as in days when the stage drivers switc signs, will doubtlessly stand in agai the living wonder of the world. The ginal will testify to the splendor of nat and the transitoriness of man. E

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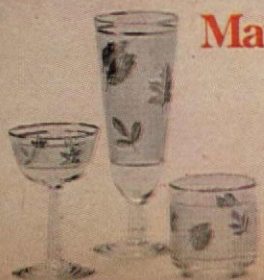

Matched...for now and then giving

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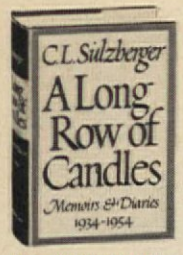

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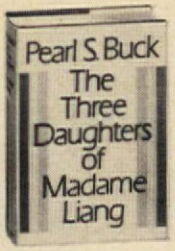

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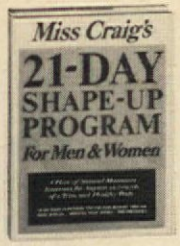

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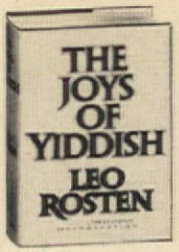

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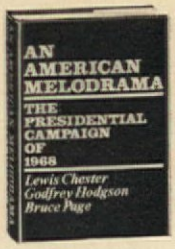

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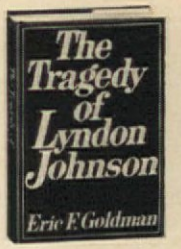

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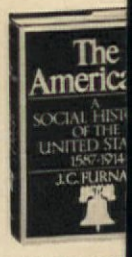

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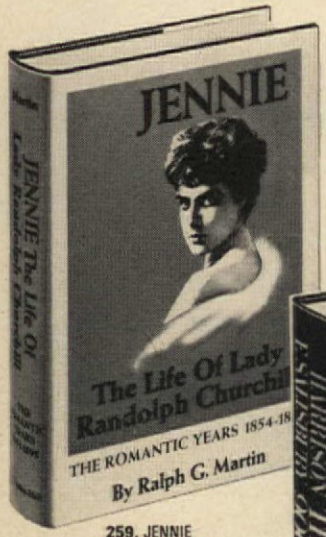

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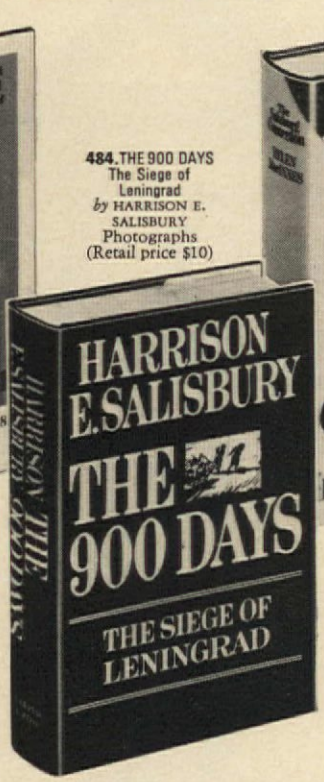

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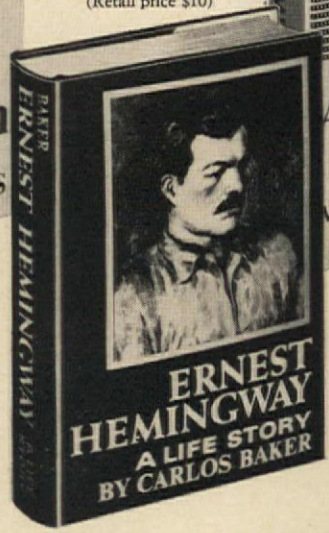

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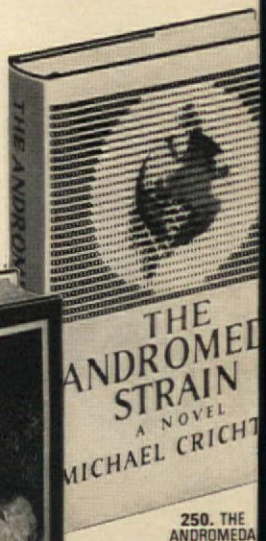

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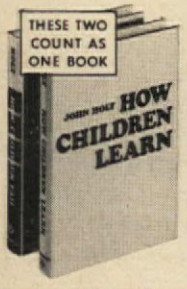

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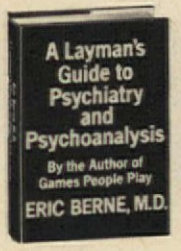

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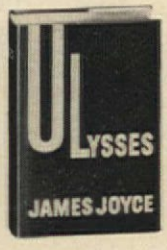

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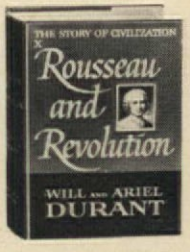

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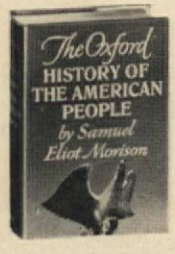

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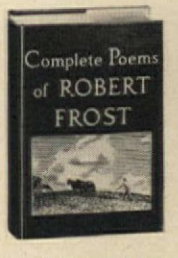

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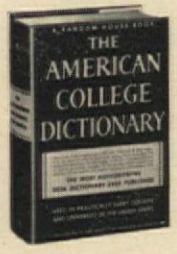

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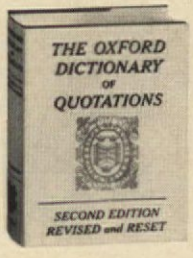

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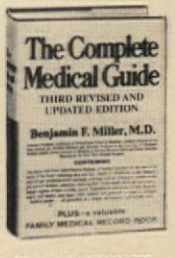

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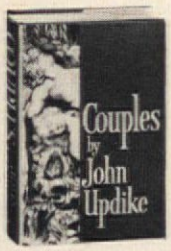

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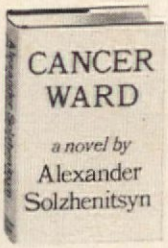

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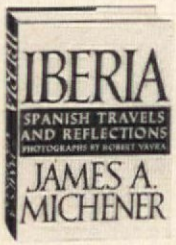

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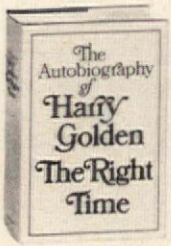

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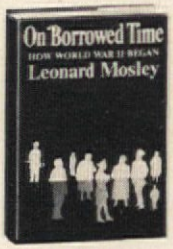

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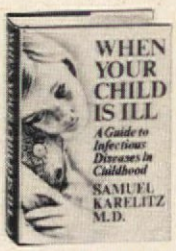

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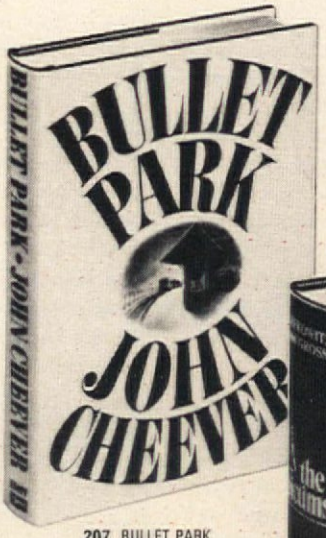

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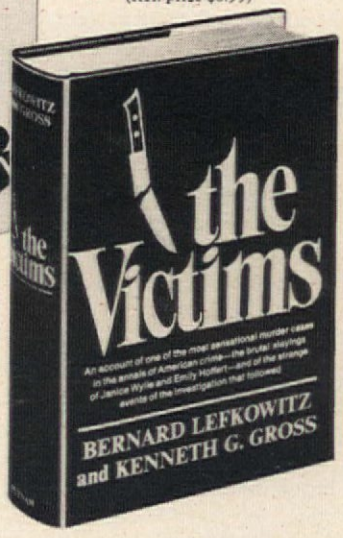

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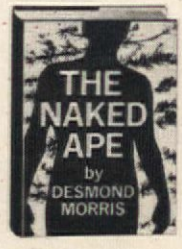

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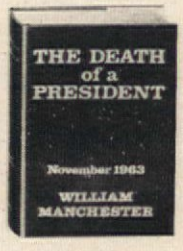

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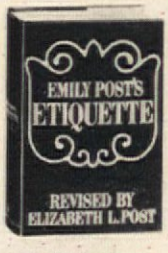
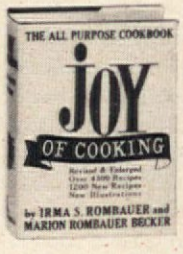
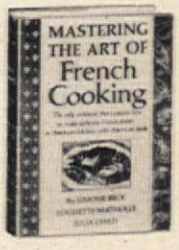


184. EMILY POST'S ETIQUETTE. New 12th edition. *Revised by* ELIZABETH L. POST (Retail price $6.95)



161. JOY OF COOKING *by* IRMA S. ROMBAUER *and* MARION R. BECKER Illustrated (Retail price $6.95)



580. MASTERING THE ART OF FRENCH COOKING. BECK, BERTHOLLE, CHILD Illustrated (Retail price $10)

THE BEAUTIFUL HOMEMAKER

A SPA IN YOUR BATH

By Constance Bartel

There it is—fluid, flowing, life-giving, soothing, beautifying. In a day when energy and good looks are the very least expected of you, and the Beautiful People are people who work like dogs to be beautiful, it is just not bright to overlook water, the wonder cosmetic. Especially when it is so available whether straight from the tap or filtered and softened (see page 58).

Whether you buy Freud's back-to-the-womb theory or think he's old hat, simple immersion in water creates a sense of well-being. Who doesn't know that after an absolutely terrible day, a warm bath makes everything more bearable—and that a tingly shower wakes up a drowsy mind and body.

You can update your thinking by realizing that your current bathtub, as is, has more than one kind of bath and more than one kind of benefit. Then experiment with still water, moving water, total baths, partial baths, hot, cold and tepid water and combinations thereof. Gather in a collection of mineral and herbal crystals, salts, oils and gels and reorient your baths to include some shameless vamping as well as vigorous cleansing.

Filling the tub with warm water and sinking therein, of course relaxes. But moving water, as in a whirlpool bath, first stimulates and then relaxes. Gushing, swirling water acts as an effective liquid massage, stimulates circulation, steps up body processes and relieves tensions. After a motionless bath, you are relaxed and ready to sleep. After a whirling bath, you are relaxed and ready to lick the world.

Until you own a whirlpool bath, which keeps water in motion by means of air-jets, you can approximate swirling water by sitting in your tub backward, and getting the benefit of the action as the water flows from the faucet. Try leaving the drain open and adjusting the flow of water into the tub to the rate at which it flows out. Or have a whirlpool by American Standard or Jacuzzi Research installed when you next remodel.

Hot water and steam cleanse the pores and purge away the fall-out of air pollution; prolonged heat can be enervating, as well. But remember to rinse your pores again with cold water after that long, languid bath.

Do you ever take just a foot bath? As all-or-nothing Americans, we are inclined to think only of the all-out bath or in-and-out shower. But on a day when you are too busy to undress completely, simply standing in a few inches of cool water (pretending that you're wading in a mountain stream) puts a whole, new outlook on the hours ahead.

All this you can do with a simple bathtub and ordinary tap water. But to take a really pleasurable bath, sample some of the new products. Estée Lauder's new Azurée Mineral Bath Salts are yellow crystals that instantly turn your bath water a glowing sea blue. They foam seductively against your skin and smell like lemon peel in a forest. Azurée Mint Pick-Up Bath bubbles spectacularly and has the stimulating fragrance of freshly crushed spearmint.

Revlon's Seawater Bath Concentrate contains minerals and salts and smells like the sea. Vitabath aims at your feet with Touchstone, a gently gritty sponge made of treated seaweed, to rub away calluses and such.

Caswell-Massey, the landmark New York drugstore established in 1752 and famous for its natural-ingredient beauty aids, is a treasure trove of special bath products. Their Bain Moussant from France is a dark green liquid containing seaweed. Frenjal is a cream bath whose active principle comes from Thuja, which gardeners will instantly recognize as evergreens of the arborvitae family.

Wolo Rosemary Bath Gelée comes from Switzerland, contains wheat germ oil and is scented with the herb you put on chicken—rosemary. Rado is a powdered mineral bath from England. (Caswell-Massey products are now available in some department stores outside of New York City. You can also write to Caswell-Massey Co, Ltd., Catalog Order Department, 114 East 25th Street, New York City, N.Y. 10010.)

Whatever you choose, make your bathroom into a spa, a place where you deliberately and wisely use water for all it is worth. END

Al Francekevich

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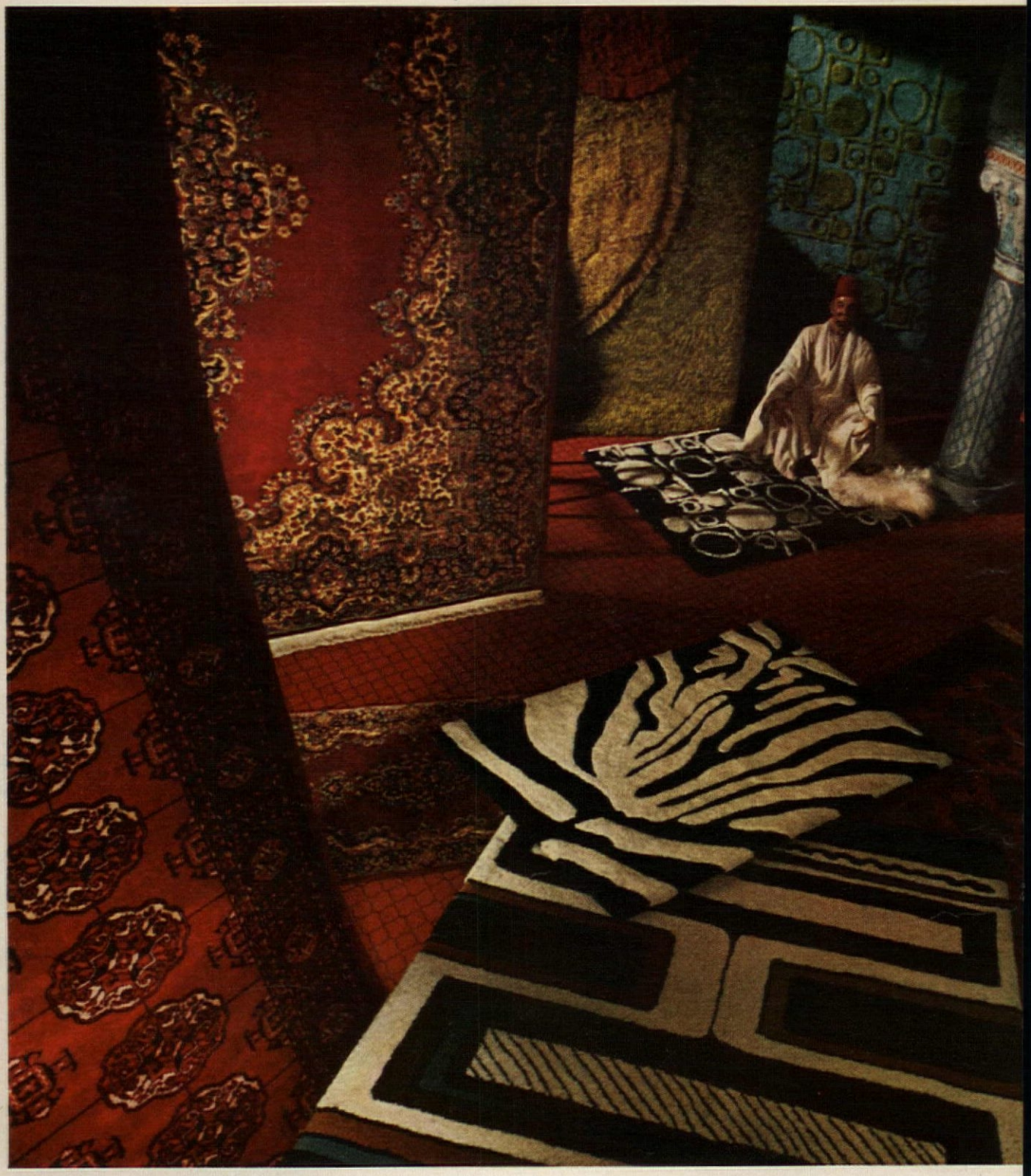


a floor.

All in an exotic store called Sears.

Maybe your room needs some history. An oriental design from the past. Or maybe the sunshine of tile, the charm of an Early American braid.

Maybe your room needs a pattern inspired by the stained glass windows of Cologne. Or maybe the soft warmth of florals, the drama of furry throws.

Maybe your room needs excitement. The kind wild geometrics bring. Or maybe the elegance of shag carpeting spread wall to wall.

Maybe your room needs color. One of the 838 carpet colors at Sears. Colors in textures ranging from nubby to velour.

Maybe your room needs a floorcovering from the thousand and one at Sears. Something elegant, outlandish. Something classic, something cozy. Something from the greatest floor show in town: Sears, Roebuck and Co. stores or by catalog.

You've changed a lot lately
So has **Sears**

EASY TOWING IS IN THE KNOWING

By William J. Toth

Kim Whitesides

To say that Americans are a nomadic lot is only telling half the story. No grueling treks across steaming sands for us; we've even softened mundane highway travel by pulling comfort and convenience behind us. In the past five years alone, more than a million new trailers have traveled the slow lane, many of them hauling boats, furniture, luggage, even a vacation home. Trailers are easy to buy or rent, but towing one onto a superhighway cloverleaf involves a little more than hitching up and taking off. Plan ahead with the following in mind for safe, carefree trailering.

If you buy a car specifically to tow a trailer, the dealer can provide a kit of required equipment—heavier shocks, springs, radiator, rear tires and load-levelers. If this is a one-time effort, and the load is light, you can probably get away with a temporary hitch and trailer rented from a dealer. However, a large and heavy trailer to be towed some distance needs a permanent hitch (stamped with "Meets SEA standards") welded or lock bolted to the car frame.

To prepare the family runabout to tow a trailer, at least install heavier shocks, tires and load-levelers for economy's sake. The brakes and cooling system should be checked out by a professional repairman to insure efficient and safe operation.

Before starting, study this checklist:

State law requires trailers to have licenses with tags because they are considered separate vehicles.

Trailers weighing over 1500 pounds or more than 40 percent of towing car weight must be equipped with brakes operated off the tow car's foot brake.

Attach safety chains from trailer to car independent of hitch and bumper.

For safety's sake, install a device on the trailer that will automatically apply brakes if it separates from the car.

Only about 10 to 15 percent of the trailer weight should bear down on the hitch. Too much weight on the rear of the car will cause the front of the car to rise, making steering difficult and headlights high at night.

Lights on the rear of the trailer are important for night driving and signaling at all times.

If rear vision is at all obscured, large side mirrors are needed on the tow car.

Anything carried in the trailer must be securely tied down. Spread the load evenly and check it periodically. A shifting load can cause the trailer to weave or even turn over.

After the skill has been mastered, most trailer towers claim that trailer driving is no problem at all. But here are some of the important tips they caution novices to watch for:

When moving out from the curb, signal then feed gas slowly and evenly while watching the mirrors closely. Once traffic permits, move into the proper lane carefully, keeping speed steady.

If traffic builds up behind you, pull over as soon as it is convenient and let the faster traffic by.

When turning, the wheels of the trailer always take a "shortcut," not following in the path of the car wheels. Make a wider turn to compensate.

In passing other vehicles, remember that the space and time needed is greater than usual. The car-trailer combination needs to be completely ahead of the passed vehicle before returning right.

Allow greater distance between your car and the vehicle in front. Stopping is more difficult because of weight.

When a large truck or bus passes a trailer-towing car, a thrust of air tends to move the trailer to the right. Experienced trailer drivers feed slightly more gas and steer a little to the left to compensate for the shift.

It is very important to practice backing before you get into traffic. Backing a trailer is not easy nor can one become skillful by practicing just once or twice. If a second person is available, have him get out of the car and help guide the driver. It is easier to back to the left side where the driver can see the movement of the trailer over his left shoulder. If necessary, open the door slightly but always move the car slowly. To back the trailer to the right, first turn the steering wheel until the trailer starts right, then reverse the steering to the right and follow the trailer around to the right. Likewise, to back to the left, the steering wheel is initially turned to the right until the trailer starts left, and then reversed to the left to allow the car to push the trailer around to the left. If the trailer starts to buckle or get out of the intended path, pull forward and start the maneuver anew.

When the car engine overheats on long hills, pull over and stop. Put the car in neutral or park and depress the accelerator moderately to race the engine. This will draw air through the radiator and cool the engine more quickly than just shutting off the engine.

When the brakes are used continuously they tend to become inefficient. Again, by pulling over and allowing them to cool, they will regain their effectiveness.

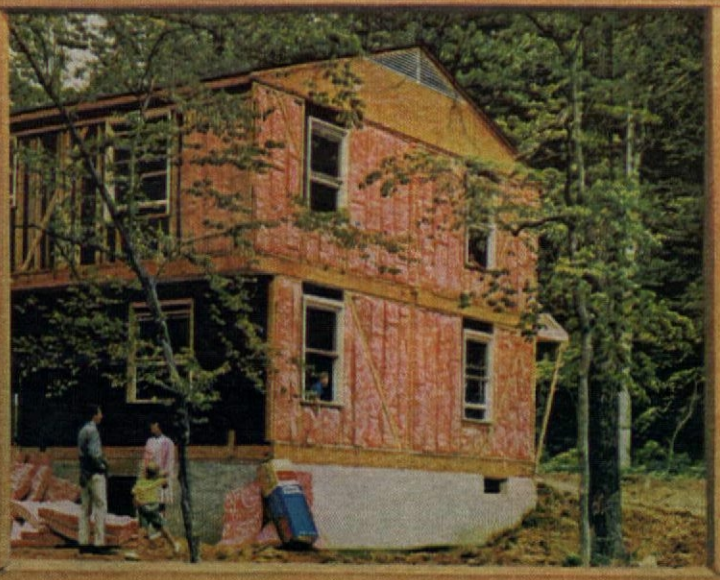
One last caution: Never carry passengers in a moving trailer. In some states it is illegal and everywhere it is dangerous because sudden lurches, stops and starts can cause falls and injuries from poorly stashed materials.

INFORMATION SOURCES

Two good sources of information on trailers are: American Automobile Association, 1725 G Street, NW, Washington, D.C. 20006.

Mobilehome Dealers National Association, 39 South La Salle Street, Chicago, Illinois 60603. END

If it means saving a bundle on air conditioning, can you remember 6&3?



6&3 stands for 6 inches of pink Fiberglas® insulation in the ceilings and 3 inches of pink Fiberglas insulation in the walls.

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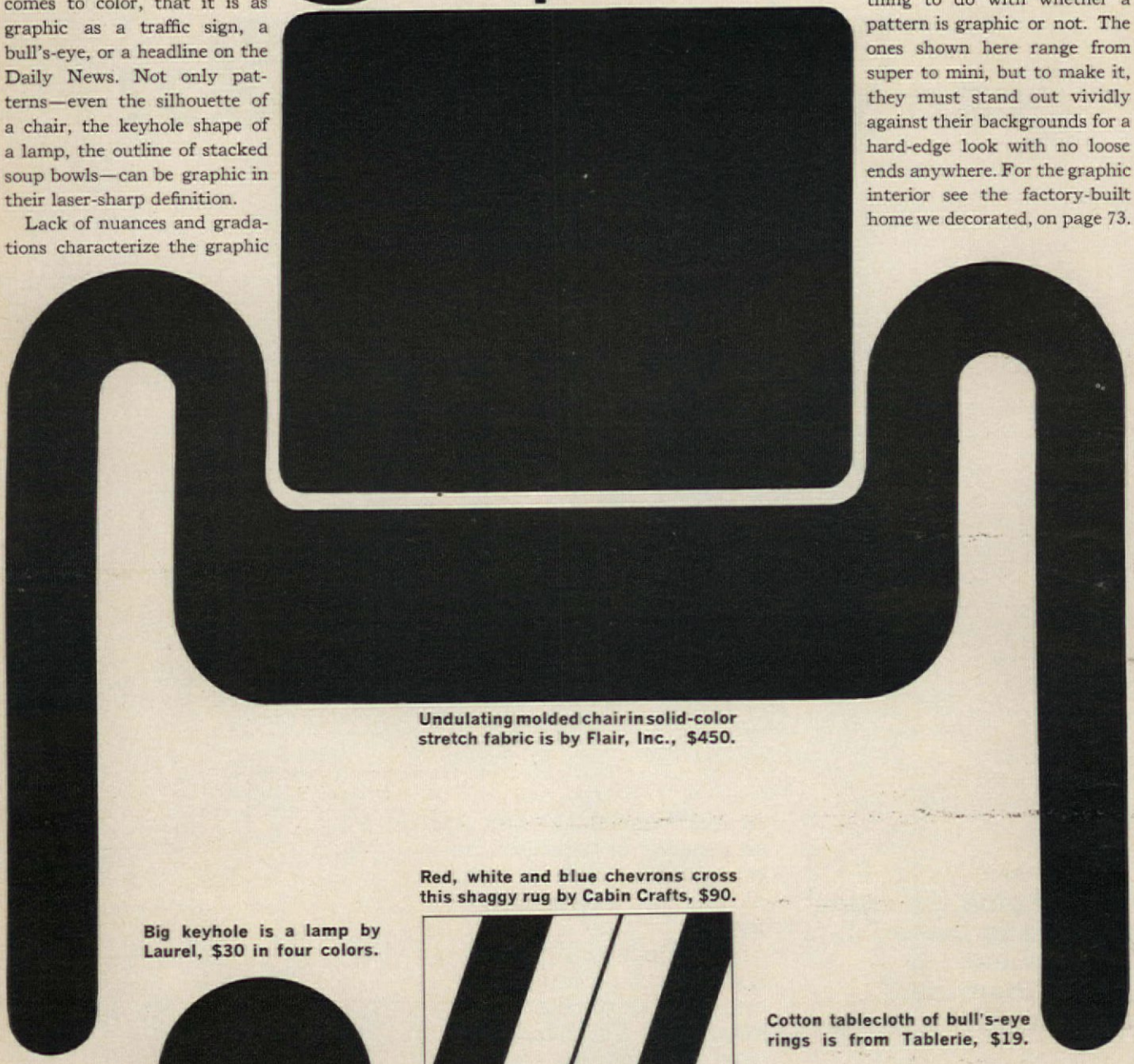
If you can't remember 6&3, can you remember pink?

graphic

There is a super-bold delineation sweeping through home-furnishings design—a boldness so black and white in its precision, even when it comes to color, that it is as graphic as a traffic sign, a bull's-eye, or a headline on the Daily News. Not only patterns—even the silhouette of a chair, the keyhole shape of a lamp, the outline of stacked soup bowls—can be graphic in their laser-sharp definition.

Lack of nuances and gradations characterize the graphic style so that the impact is instant. There is no slow discovery, as with more subtle designs, just an immediate confrontation. Size has nothing to do with whether a pattern is graphic or not. The ones shown here range from super to mini, but to make it, they must stand out vividly against their backgrounds for a hard-edge look with no loose ends anywhere. For the graphic interior see the factory-built home we decorated, on page 73.

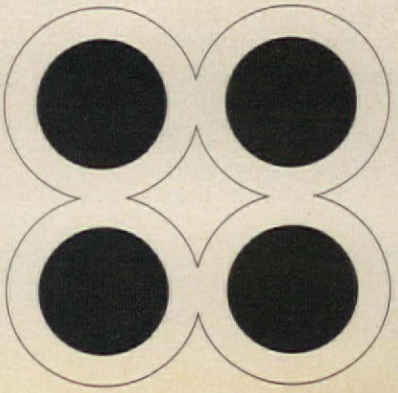


Undulating molded chair in solid-color stretch fabric is by Flair, Inc., $450.

Red, white and blue chevrons cross this shaggy rug by Cabin Crafts, $90.

Big keyhole is a lamp by Laurel, $30 in four colors.

Cotton tablecloth of bull's-eye rings is from Tablerie, $19.



continued

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THE KOTEX NAPKIN KIT contains a variety of Kotex napkins including the Miss Deb napkin, especially designed for a young girl's figure. Plus a Miss Deb belt, a pretty Bikini napkin holder and a discreet purse container. Also, three informative booklets—*The Miracle of You* for the young adolescent girl, *Your Years of Self Discovery* for the girl in her mid-teens, and *You and Your Daughter* to help you answer her most important questions. Each kit is $2.50.

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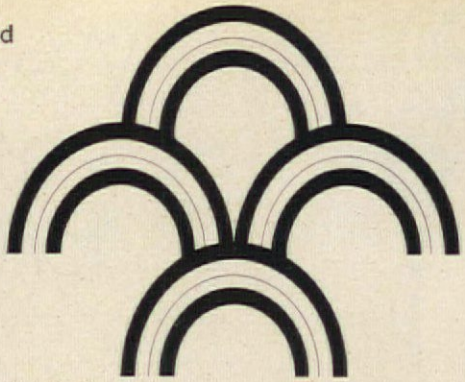
All for the gentle sex from Kimberly-Clark

Numbered mural, about eight by 20 feet, is by Environmental Graphics, $60.

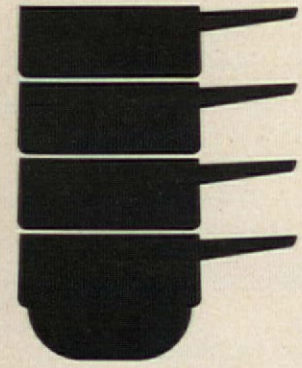


Clear-cut rainbows overlap on drapery fabric by Desley-Edson Inc., $4 a yard.

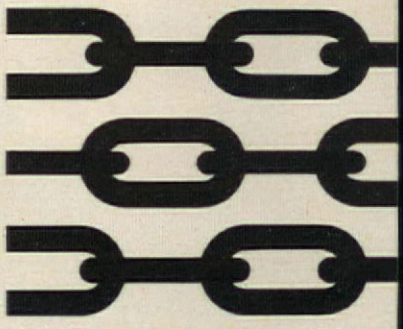
Russell Hinrichs

Superimposed squares cover clear shower c tain by Yves Saint Laurent for Fieldcrest, $

Flatly affirmative bath sheet is orange on white terry cloth, Now! Designs, $6.



Soup bowls stack up into super shape in ovenproof china by Iroquois, $3 each.



Bold chain links are strung across this nat linen kitchen towel, Now! Designs, $1.

NEWSLETTER

International style revisited. 50 years ago the modern movement, or at least that large segment later called "international" got its start with the founding of the Bauhaus (say bow, as in bow wow, house) school of art in Weimar, Germany. "50 Years Bauhaus" (Illinois Institute of Technology, Chicago, August 25th to September 26th) celebrates the event with an exhibit of 2500 items by former teachers and students. The Bauhaus alumni have had a profound effect on many phases of design in America. Best known is probably Ludwig Mies van der Rohe, the architect of New York City's Seagram building and Chicago's Lake Shore Drive apartment. The steel and leather Mies chair, originally designed for the 1929 Barcelona World's Fair has become one of the all-time greats in furniture design. Walter Gropius, Bauhaus's first director, was the architect for the controversial Pan-Am building that blocks the view down Park Avenue. Marcel Breuer was responsible for the Whitney Museum of American Art, also in New York City. Best known among the Bauhaus painters are Paul Klee and Lyonel Feininger. The hard-edge works of Albers and Max Bill suddenly have a very contemporary, exciting look. It is probably just a happy coincidence that "50 Years Bauhaus" is coming to America as a great revival of modern is underway. There's no doubt that the exhibition will do much to convince the visitors of the validity of the style.

With the do-it-yourself harpsichord or **clavichord kits,** Baroque music buffs can now build their own instruments. One young couple we know got completely carried away by this new project, and ended up building a clavichord and a harpsichord in their small, walk-up apartment. The instruction booklet prudently warns the would-be instrument builders that a basement workshop is a must. Each instrument takes from 100 to 150 hours to build, according to the brochure, but our informants built theirs in only 80 working hours. Kits, from Zuckerman Harpsichords, 115 Christopher Street, New York City, N.Y. 10014, sell for $150 to $308, depending upon whether you want the basic kit only or prefer the complete version including legs and inner and outer cases. In addition to the harpsichord and clavichord kits, there is also one for the spinet, a smaller instrument.

Color and pattern go to your floor with the new Light'n Lively vinyl Cushionflor design by Congoleum Nairn. Stylized daisies, one foot wide, come in five pretty combinations like true blue and parrot green, fire-engine red and marigold or azalea pink and Pernod.

Less specialized. Although this is supposedly the age of specialization our rooms are becoming less specialized all the time. Since the days of the Middle (or dark) Ages the trend has been to rooms that serve one purpose only. The "keep" (or living quarters) of a medieval castle had multipurpose rooms, actually big, drafty underfurnished halls. Slowly as customs became more refined so did the interiors, and by the 19th century there were morning rooms, libraries, dining rooms, parlors, drawing rooms, nurseries, servants' dining rooms, summer dining rooms, garden rooms, powder closets and more. Today, with the population explosion, space has again become precious and rooms are beginning to lose their single-purpose aspect. Take the family room. Is it another living room, a hobby room, or a living-dining room?

continued

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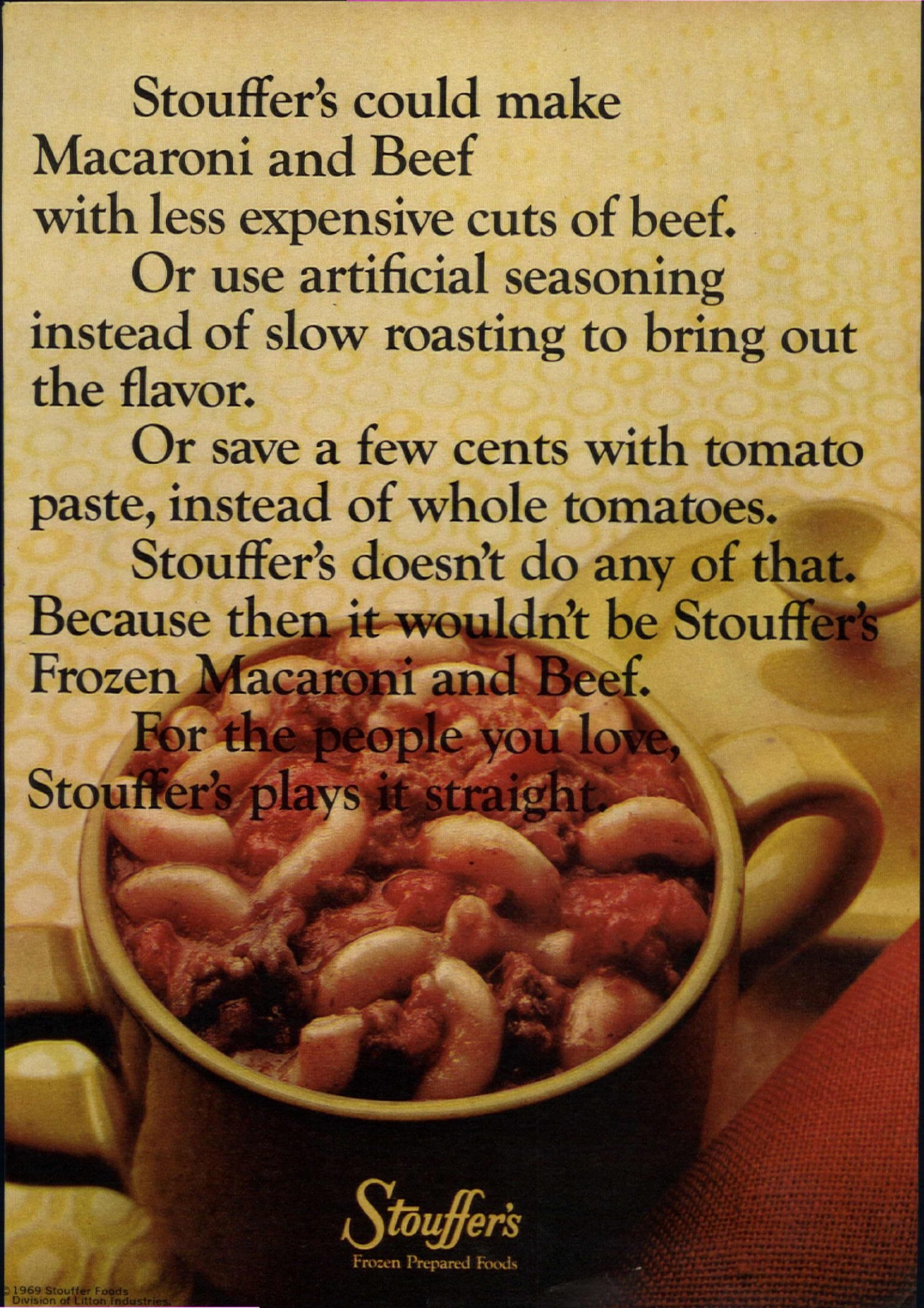

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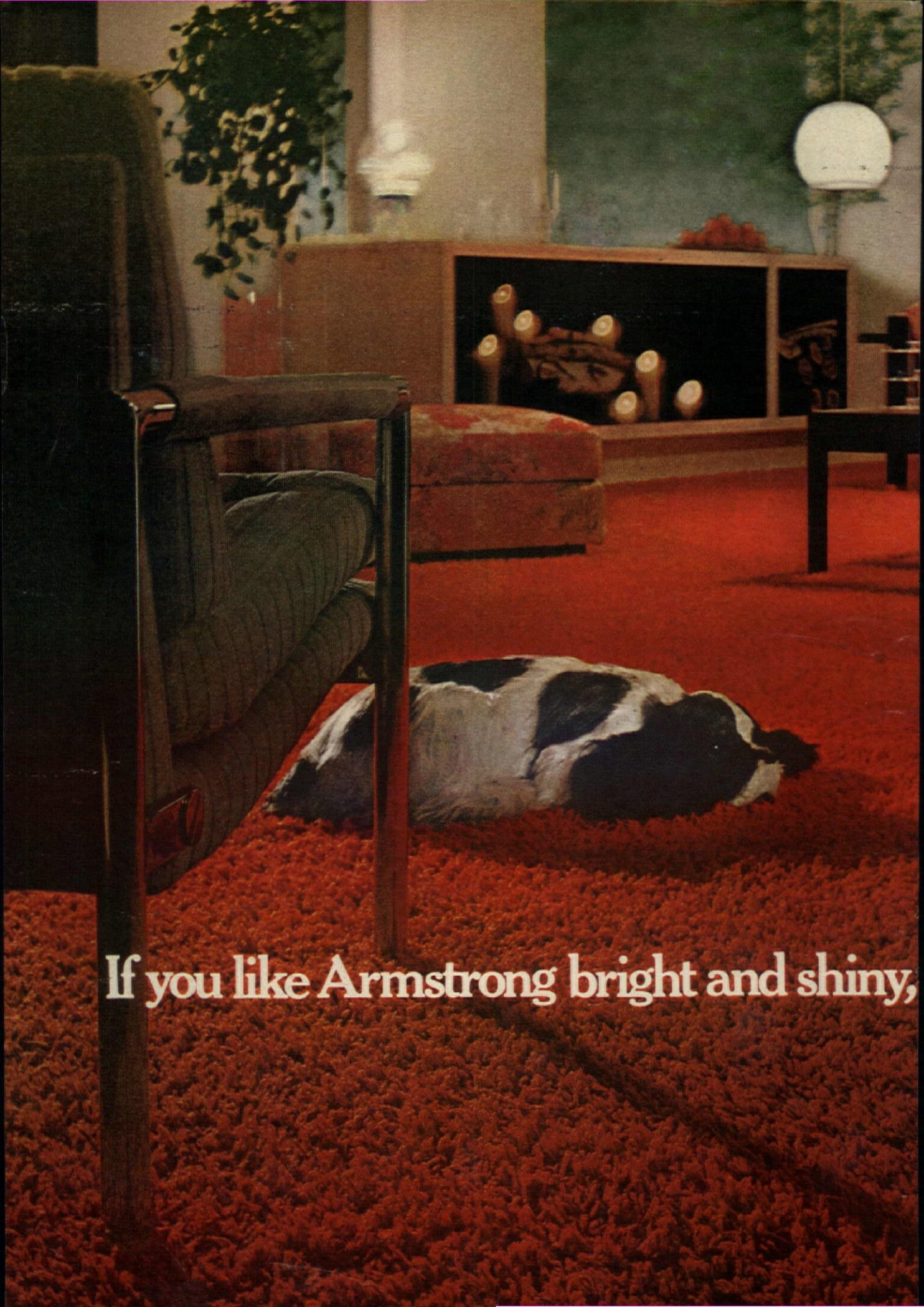
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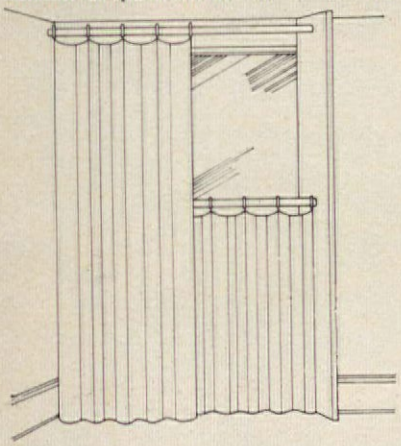
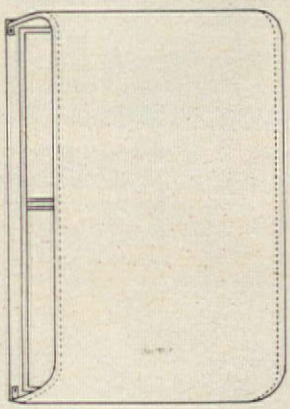
PROBLEM WINDOWS

The ugly windows and the problem windows found in many apartments and houses are devilish to decorate. Proportions are odd, placement is awkward and ordinary curtains often make the situation worse instead of better. Some windows can be made to look bigger or given a different shape. The completely hopeless ones should be camouflaged so they will fade away into the background. Be super critical about the faults and keep the solution as simple as possible. In the sketches shown only the most common hardware and easy-to-make or ready-made curtains are used. The carpentry is not complicated and involves lumber in stock sizes only.—A. W.

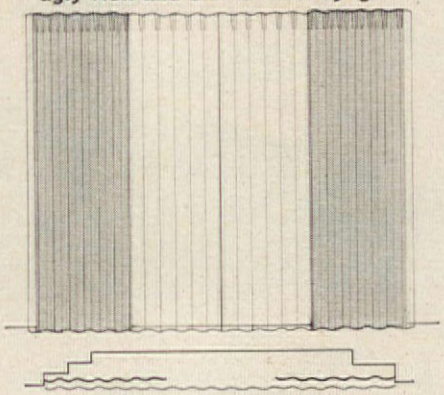
The small, poorly placed window can have architectural importance. Poles are hung between the side wall and a vertical board to the right of the window. The long curtain runs from the corner and overlaps the edge of the window. The short curtain drops from the sill to the floor.



The small bathroom window, meant to let light in but not to look out of, can be simply camouflaged with two bowed or projecting rods and tautly stretched fabric. The curtains can be slipped off the rods for laundering.

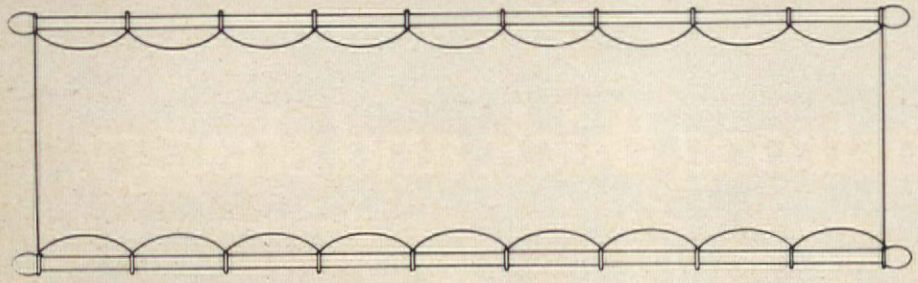


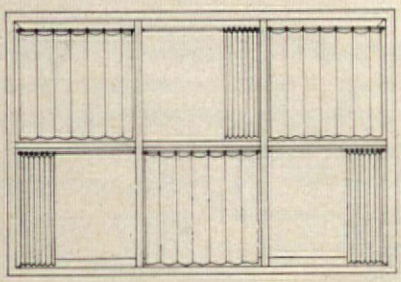
This typical apartment window is hemmed in by irregular structural columns. Heavy white drapery hides the columns and can be closed for privacy. Sheer curtains hung in front of the heavy drapery will soften an ugly view and still let the daylight in.



Plan view of treatment.

The clerestory or privacy window is often placed at an awkward height, above eye-level. Regular cafe curtains look suspended in midair. To tie them down, the scalloped heading was duplicated across the bottom and the curtains strung between two poles.





A different answer to the hot-sun problem of plate-glass windows is a wooden frame dividing the window into sections. A ready-made cafe curtain is hung in each section on a spring-tension rod. Each curtain can be adjusted to control shifting sunlight without cutting down light.

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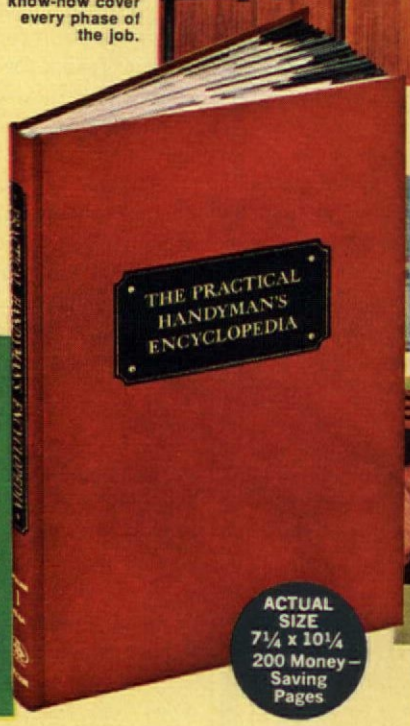

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NEWS & NOTES

A two-day forum on home air conditioning was sponsored by Air Conditioning and Refrigeration Institute and AH with a purpose to determine the benefits, technology and future of total indoor environmental control. Inventor-designer R. Buckminster Fuller (pioneer of the geodesic dome), addressing the forum, said that home ownership in the traditional sense seems likely to become obsolete as people tend more and more to reside "everywhere and anywhere on spaceship earth." He advised the air-conditioning industry to go beyond the limitations of home and buildings to become a service industry that would provide environmental control where and when people want it, in much the same way the telephone companies have installed phone booths along highways and on streets.

Pet peeves from our fat notebook: Why is it that when we devote so much time, effort and space to buyer's guides with the latest news hot off the drawing boards, the sales clerk has often not heard of the feature or else, because he doesn't have it, he tries to sell us another idea entirely? Why is it that the express check-out counters at the supermarket, marked for six items or under is always the longest, most time-consuming line and always filled with shoppers with six items or more? And the minute we move from one line to another at the bank teller's window, the one we move from always moves fastest? Some banks are doing something about it. (The First National City Bank in New York has inaugurated the Ready Teller system. Everyone stands in one line and the one in front moves to the next free teller.)

At the 14th annual Homes for Better Living awards judging, sponsored by House and Home Magazine, the American Institute of Architects and AH, we spotted some major building trends recurring in the 414 entries: A renewed popularity of stucco—you will see it in two of our three award-winning houses in this issue (pages 63 and 66). The sharp whiteness of stucco goes well with the clean lines of today's architecture and is a far cry from the textured surfaces used in the stucco of the 1930s. Another reason for its popularity is the soaring cost of wood. Other trends are atrium houses—houses that look in, that have courtyards for privacy on the crowded landscape of today; a growing popularity for the shed-roofed, shingled design of the New England barn look; and a boom in well-designed garden apartments.

Family safety, especially for children, is a feature of the first two-foot appliance cord just introduced by Belden Corporation. The new short cord, which fits all coffee makers and most non-immersible electric frypans, is designed to prevent household accidents. A safety prong makes it difficult for a child to pull the plug. It also ends counter-top clutter of curled-up cords. It costs about $1.

News on the Range: An eye-level version now has a dishwasher where the lower oven used to be. The Cook-N-Clean Center by Modern Maid, Inc. combines vent hood, 21-inch top oven cook top and dishwasher in only 30 inches. Just as soon as we try it—we'll report to you on this first in the appliance industry.

Here's news on the home front for commercially frozen food: DuPont has introduced a new system for freezing foods through direct contact with Freon freezant at its boiling point, 22°F. below zero. Because the process is faster than conventional cold-air freezing, cells of the food are said to be less subject to damage. We're told that the system, consisting of both the freezant and equipment, took five years to develop. One challenge was to perfect an exceptionally pure Freon freezant to meet standards of the Food and Drug Administration. Approval was granted in 1967. The Gorton Corporation of Gloucester, Massachusetts, has adopted this method for freezing breaded shrimp. It is said to reduce freezing time for breaded shrimp from hours to seconds and has improved flavor and texture, giving a crunchier, crisper product.

By Virginia T. Habeeb

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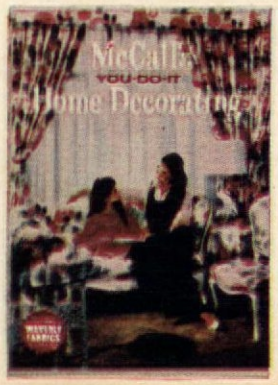

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A DROP TO DRINK

By David X. Manners

After a summer of swimming, sailing, fishing, watering the lawn or sitting on the patio with iced drinks, it is easy to be grateful for a seemingly boundless supply of fresh water. Unhappily, we are reminded in every instance that water isn't what it used to be. Lakes and rivers are polluted, sprinkling the lawn isn't always allowed, and the refreshing drink, pouring clear and sparkling from a faucet, is only a memory.

There is no easy answer to this world-wide problem, but there is something we can do about water in the home, where we notice its degradation most. Modern technology makes it possible to act directly and provide better water for our homes and families.

Your water doesn't taste good as it flows from the tap? Consider the reason. Less than one percent of all water is used for drinking, while over 99 percent of it fights fires or flushes streets, sprinkles lawns and carries away wastes. For this all-purpose product you pay an average of only nine cents a ton, delivered. Think what it would cost if *all* water were good to drink!

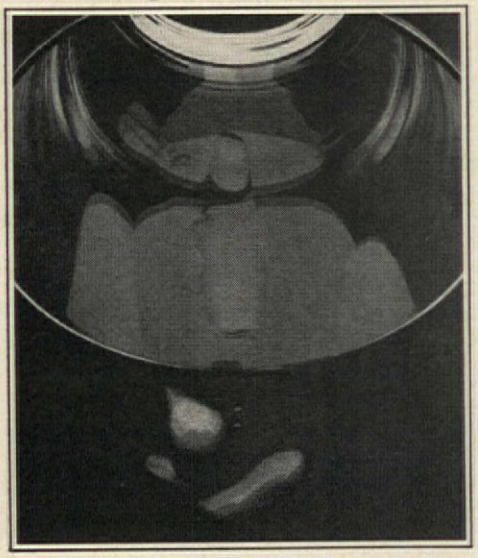
There *is* a cheap, sensible way to make good-tasting water. As Europe learned long ago, the answer could be bottled water.

Sales of bottled water in this country have already made it a $60-million-a-year business, its peak nowhere in sight. Southern California alone has more than 900,000 home-delivery customers, and no one knows how many more lug water home from the supermarket. It isn't just that regular supplies have gone sour; we've become more sophisticated in our taste and, affluent us, we demand more from daily needs.

Three kinds of bottled water are generally available. One is "purified" water from which all minerals have been removed. Another is "drinking water." This may be straight charcoal-filtered municipal water or a blend of it and demineralized water. A third kind comes from a natural well or spring. If locally produced, these don't cost any more, but if they have famous brand labels—Mountain Valley Water from Arkansas or Evian from France—prepare to pay from 40 to 60 cents a quart. Competition and volume account for the price difference from area to area. Recently, bottled water has been packaged in plastic containers which eliminate bulk, bottle return and potential accidents from broken glass.

Another development that ends the bottle nuisance is a compact new appliance that can produce "bottle quality" water right in your own kitchen. Culligan Inc., made the first one (the Aqua 1 Purifier) about three years ago, and now the Lindsay and the Presto Companies make comparable models.

The new purifiers remove all the pollutants that make water taste and smell bad—detergents, chlorine and salt.



They employ a new space-age plastic membrane closely related to cellophane and a process called reverse osmosis.

The marvel of it is that they require no electricity and work on water pressure alone. The Aqua 1 unit, a flat case measuring less than 11 inches wide and 20 inches high, can be mounted anywhere a water line is available. You can buy it for about $200 or rent it for $6.50 a month. It produces three to six gallons of fresh, delicious water a day—more than enough for an average family—at a cost of under seven cents a gallon.

Quality water is also important to the flavor of coffee, tea, reconstituted frozen juices, soups, even gelatin desserts. It makes better formulas for baby. Because nothing spoils the flavor of good beverages like bad water, one firm has introduced Scotch Water. Look for the plaid front on the Aqua 1 unit and add it to your own home drink-mixing and entertainment center.

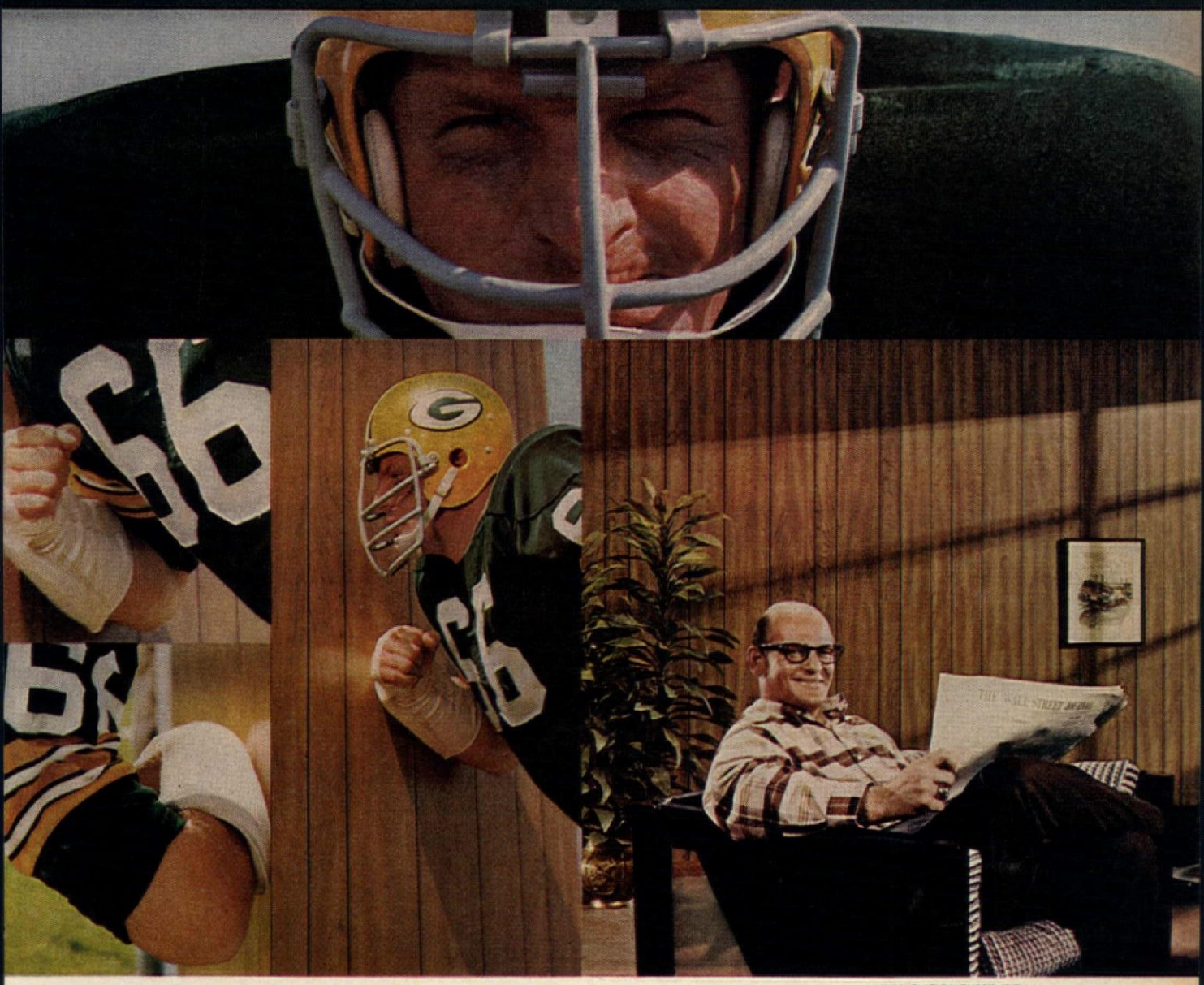
In Cincinnati, Philadelphia, Cleveland, Miami, Salt Lake City and Chicago, a big problem with water is its chlorine or phenol taste. If a medicinal taste faults your water, you can remove it with a simple cartridge-type filter that costs $25 to $40. One type by Eaton attaches to the sink faucet, requires no special installation. Filters that are installed under the sink, however, have greater capacity. Everpure has one that not only removes tastes and odors but polishes the water to crystal clarity as well. Pall, Fram, and Cuno are other leading filter makers.

Water is important to health in several ways. If we don't drink enough because it tastes and smells bad, bodily functions may become impaired. Good water is also important to personal grooming. For bathing, shampooing, shaving, skin care, a different kind of water constitutes "good"—soft or softened water. Water good for drinking is not necessarily good for washing. It may taste and smell good, but will obstinately refuse to lather, leaving skin rough; hair that would otherwise be lustrous if it were properly cleansed stays dull. The culprit is hard water. Its high salt content prevents soaps from lathering.

Most of us know hard water for the gummy ring it leaves around the bathtub. These same gummy deposits gray our fine linens, make baby's diapers chafe and also cling to skin and hair and cannot be toweled away to leave you really clean.

Water softeners have recently been improved on several counts. They are more compact, more attractive and cheaper to run. A big technological jump has been the development of a device called an Aqua Sensor by Culligan. Just as a thermostat regulates heat output, this new sensor monitors the softener's operation to produce a maximum amount (continued)

Ray Nitschke meets his match!



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Vinyl Shield® Wall Paneling

Ray Nitschke is tough. But the finish on Georgia-Pacific's Vinyl Shield wall paneling is even tougher. It took everything Green Bay's All-Pro middle linebacker could dish out, and came up looking good as ever. And that's *good looking!* Vinyl Shield resists stains, too. Cost? About $20 for an 8′ x 12′ wall. In exciting wood grain patterns: Hickory, Pecan, Walnut, Oak, Teak, and new textured Vinyl Shield Supreme Elm in a variety of colors—at your nearby Georgia-Pacific registered building materials dealer. To find him, call free, anytime, 800-243-6000. In Connecticut, call collect 853-3600. Use Vinyl Shield wherever walls take abuse. You can't hurt it. Unless you're tougher than Ray Nitschke!
Limited time offer: four large full-color football prints featuring great moments in the NFL for only $1 at your G-P Dealer during his Fall Fixup Festival!

Join the crowd at Georgia-Pacific's fall fix-up festival

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Picture this in your new home: siding that doesn't need paint, gutters and downspouts that won't rust or corrode, windows that refuse to stick.

You can have this and more. All you need do is ask.

Tell your builder to use vinyl siding. Its color goes all the way through; and it resists blistering, peeling, warping or denting.

Then tell him to select windows with vinyl clad frames that glide open and shut easily, need next to nothing in maintenance, and fit snug. Tell him, too, that you want vinyl gutters and downspouts because they keep their shape and won't rust.

We manufacture the raw material that others use to make these remarkable new building products. We call this material Geon vinyl. Among vinyls, it was the first. There is also more of it than any other vinyl.

Geon vinyl. Your builder probably knows where to get products that use it. If he doesn't, send us the coupon below and we'll see that you receive information directly from the manufacturers.

B.F.Goodrich Chemical Company
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Geon VINYLS B.F.Goodrich

If anyone tries to keep you from enjoying maintenance freedom in your new home, tell him where to go.

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Please ask manufacturers who use Geon vinyl to send me literature on finished products as follows:

☐ Vinyl siding ☐ Vinyl gutters and downspouts
☐ Windows, vinyl clad ☐ Windows, part vinyl
☐ Vinyl drain/waste/vent systems

NAME_____

ADDRESS_____

CITY_____

STATE_____ ZIP_____

soft water at minimum cost. Another
provement has been the development
the multipurpose water conditioner.
not only softens water, but it ends
her annoyances such as iron, sulfur
d acidity. A third major improve-
ent, by the Lindsay Company, is a
n-1-Ron unit that greatly increases
softener's capacity to eliminate iron
m hard water.

If you are hampered by water re-
ictions, or if you build in areas
note from public supplies, the good
ws is that private wells are better
an ever. Fresh, safe ground water
plentiful almost everywhere and new
mersible pumps work so quietly and
pendably that you will be totally
aware of their presence. You don't
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nost never need maintenance.

Barnes, a leader in the pump field,
orts that more wells are going down
feet and deeper, and that submers-
es are especially big money savers
this depth. They produce more water
d develop more pressure. More du-
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placing the best brass pumps. Goulds,
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rsible pumps.

Modern deep wells are sealed against
face seepage and are usually free of
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vice called Aquaspring that can distill
ough drinking water for the average
uirements. There is no plumbing; it
filled by hand and produces two
arts in just a few hours. It is gen-
lly priced at about $70.

Pall Corporation makes a specialized
er with openings so small that dis-
e-causing bacteria (typhoid, dysen-
y, scarlet fever, etc.) cannot get
ough. Called Bacteria Guard, it in-
es a clean, healthy water supply.

Happily, water is one resource we do
deplete. We use the same water
r and over and over again. The dif-
nce is we can no longer depend on
ure to purify for us and polluted
er is not much better than no water
all. If it is ever in short supply, or
king in quality, the hardware now
sts to correct the situation. Water is
free, but no matter what we have
do to make it good, it is still cheap.
d we can do it ourselves, right in our
n home.

END

If you act now and are sincerely interested in raising $50 to $5000 or more for your group...

I'll send you all of my famous Old-Fashioned Chocolate Pollywogs you'll need to reach your goal, **without one penny of investment** by you or your group!

Mary Leland

What a delightfully easy way to raise funds for your church, school, charitable group or *any* organization! Just decide how much money you want to raise—and with which of our $1.00 gift packages of Chocolate Pollywogs. Then fill in and mail the Order Blank below.

Send no money. Send *only* the Order Blank. We'll send you all of our Pollywogs you'll need to reach your goal, whether you want $50.00 or $500.00 or $5000.00 or more. We'll give you up to *60 days to pay*. And we'll pay shipping charges!

What are Pollywogs? Pure eating pleasure that will help you fill your group's treasury fast! Yes, Pollywogs are one of the most popular chocolates in America.

Crisp pecans and cashews are combined with butter-rich caramel then covered with a thick coating of rich milk chocolate. *Mmmm-m-marvelous!* At only $1.00 for gift box or tin, folks buy fast!

Order now; send no money. Just mail the Order Blank below! Chocolate Pollywogs are sent to you in "units" of 144 canisters or boxes per unit. Since each container retails for $1.00, the unit brings in $144.00. Send us the first $94.00 you take in and keep the remaining $50.00 for your group. On two units you keep $100.00 . . . on three units, $150.00 . . . and so on. Regardless of the size of your order, *send no money now; pay nothing when your chocolates are delivered.* Decide now how much money you want to raise and which container of Pollywogs to sell. Then fill in and mail the Order Blank today!

Home of Fine Confections 330 South Wells Street • Dept. 4042 • Chicago, Illinois 60606

See What Others Have Done!

$2,000.00 for Band Instruments! "We've already raised $500.00 for school band uniforms with your chocolate," wrote a California group. "Now that we see how easy it is, we want to raise $2,000.00!"

4-H'ers Raise $1,000.00! In a sparsely populated area of Montana a 4-H group quickly sold out enough of our chocolates to raise $1,000.00 in cash.

Sells Out in 1 Day! "I've never seen a candy sell so fast, as yours," wrote the leader of a Houston scouting group. "We sold out our entire order the first day!"

ORDER BLANK
for Mrs. Leland's Chocolate Pollywogs

Check off the proper square, telling how much money you want to raise, and the container of Pollywogs you want to sell. Then fill out rest of this Order Blank and be sure it is **signed** by a qualified group member authorized to order. We'll send you the chocolates you need to reach your goal.

ORDER NOW!
Send no money; take up to 60 days to pay. We pay shipping.

FIRST ... Check the package of Pollywogs you want to sell.

☐ $1.00 TIN ☐ $1.00 BOX

SECOND ... Check the amount of money you want to raise.

We'd like to make ☐ $50
Please send 1 Unit (144 $1 packages) of Pollywogs. We'll take in $144, send you first $94, keep $50 for ourselves.

We'd like to make ☐ $100
Please send 2 Units (288 $1 packages) of Pollywogs. We'll take in $288, send you first $188, keep $100 for ourselves.

We'd like to make ☐ $500
Please send 10 Units (1,440 $1 packages) of Pollywogs. We'll take in $1,440, send you first $940, keep $500.

We'd like to make ☐ $1000
Please send 20 Units (2,880 $1 packages) of Pollywogs. We'll take in $2,880, send you $1,880, keep $1,000.

PLEASE PRINT CLEARLY (If you are under 18, your Parent or the Adult Leader of your group (Scout Master, Teacher, Pastor, Band Director, etc.) must fill in and sign below as the qualified person authorized to order for your group.)

Name of Organization For Which Money Will Be Raised_____
(Please show FULL NAME of school, church, club or other sponsoring organization. For example: "Borden High School F.B.L.A.", not just "F.B.L.A.")

Address of Organization_____ **Zip Code**_____
(Please give street address as we cannot ship merchandise to Post Office Box.)

City_____ **County**_____ **State**_____

Name of Person Authorized To Order_____

Address of Authorized Person_____ **Zip Code**_____
(Please give street address as we cannot ship merchandise to Post Office Box.)

City_____ **County**_____ **State**_____

Check off where order is to be shipped. CHECK ONE ONLY.
☐ Ship to organization address. ☐ Ship to authorized person's address.

Order Blank MUST BE SIGNED by the person who is authorized to order.

Signature of Authorized person_____ **Title**_____
(Please WRITE your name here. DO NOT PRINT.)

MRS. LELAND'S KITCHENS • 330 S. Wells St. • Dept. 4042 • Chicago, Ill. 60606

Sometimes Sears pink Jewel curtains look like rubies.

Take your ordinary, everyday window... and lavish our lovely pink curtains before it.

The result is a many-faceted glow of color. Which is why we named our sheer curtain Jewel.

You can conjure up emeralds with our green, sapphires with our blue. Ten colors in nearly countless lengths and widths make the possibilities almost unlimited. They're all available now at most Sears, Roebuck and Co. stores, or by catalog.

Use Jewel alone or with other draperies—with velvets, with brocades, even tweeds.

And rest easy. It's Sears own Dacron* polyester ninon that you can machine wash, tumble or drip dry. It wouldn't be much of a jewel otherwise, would it?

Another nice thing about our Jewel curtains—they cost so little. After all, Sears thinks every woman should have as many jewels as her heart desires.

*Reg. T. M. DuPont

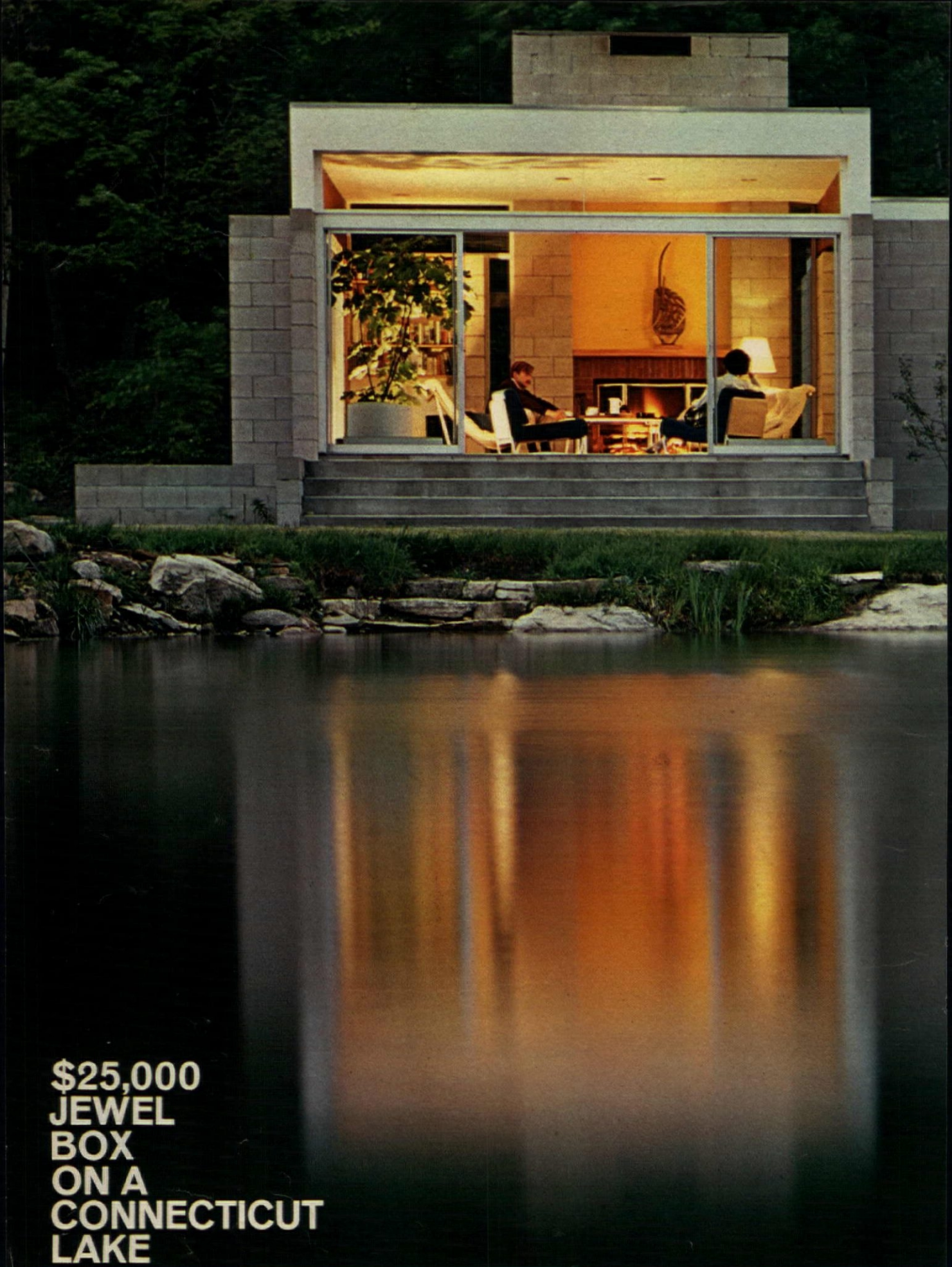
You've changed a lot lately. So has **Sears**

The farmhouse vigor of the dwelling shown here, all shape in stucco, pared of superfluous detail, made it one of the Honor houses of the year in the annual Homes for Better Living awards program sponsored by House & Home, the American Institute of Architects and *American Home*. The Honor houses on the following pages are each as vigorous, each a statement that makes 1969 a vintage year for U.S. domestic architecture. These houses sit firmly, their stucco and concrete planted in land appropriate to the design in Iowa, Connecticut and California. Next comes a house for tomorrow that is something else again—rootless, ready to take off, an airborne fiber-glass egg that will settle by a lake, a beach, a ski slope and transform a family's lifestyle. A salute to the past rounds out this tribute to design. A new series called American Treasury begins with a look at the Shakers, the hardworking ascetics who produced some of this country's most beautiful furniture and interiors.

TODAY TOMORROW YESTERDAY

Hedrich/Blessing

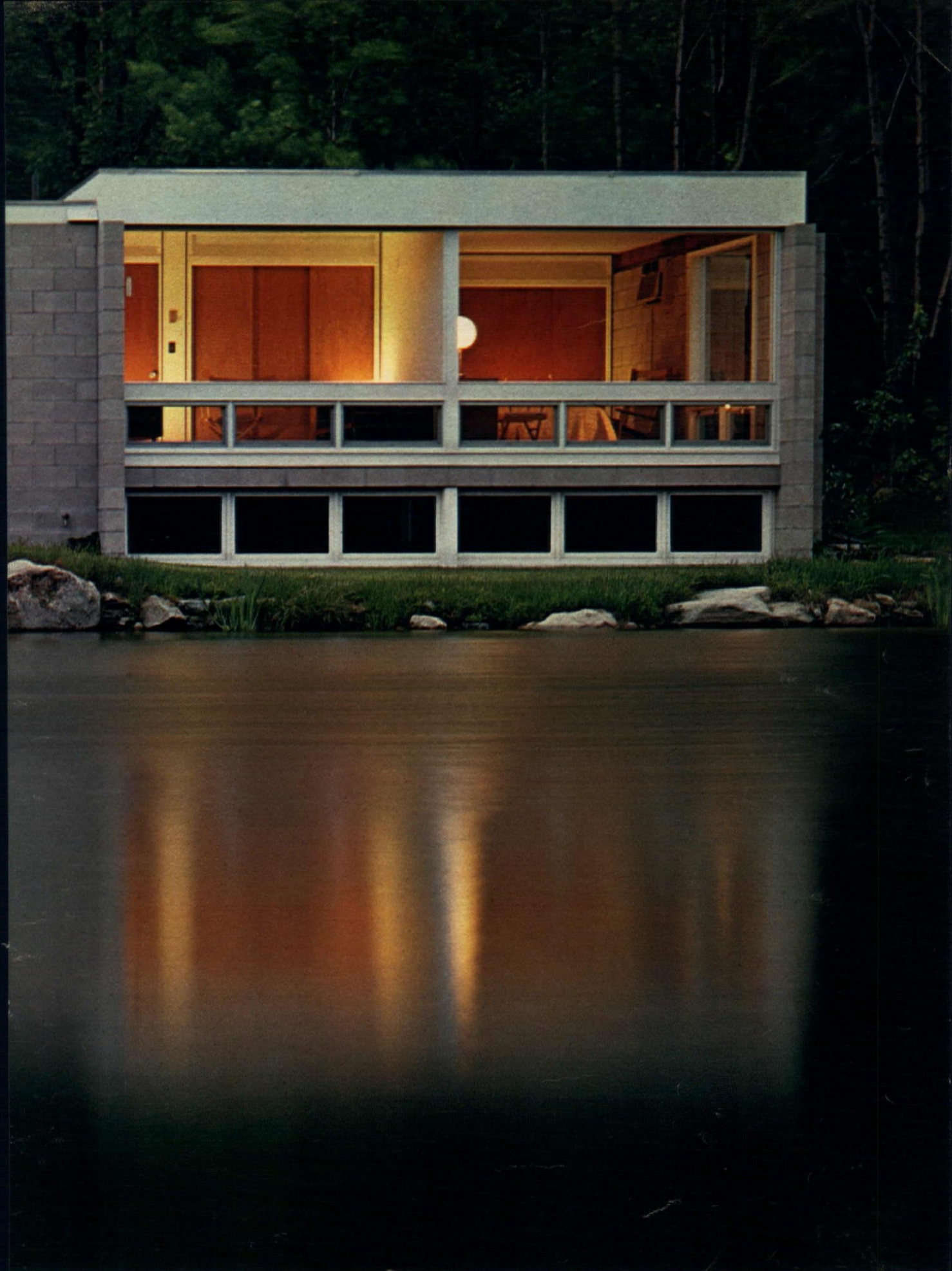
This Iowa home has a silo form for a stairwell. The only color accent used with the stucco walls and terne roofing is the bright red door. The house was designed for the Frederick Weitz family by John D. Bloodgood.



$25,000 JEWEL BOX ON A CONNECTICUT LAKE

This vacation house, reflected in its own man-made pond, squares off walls of glass with pedestrian concrete block with no apologies made. None is needed. The bold lin of the house, in the Connecticut countryside, are a foil

John Zimmerm



shimmer of water, the curtain of birch. Carefully sited, efully crafted, the two-bedroom, two-bath house seems larger than its 989 square feet. Oppenheimer, Brady and Associates designed this hideaway for Dr. Robert Porter.

continued

continued

STUCCO SCULPTURE IN A CALIFORNIA FOREST

Nestled in a grove of Monterey pine and live oak and adjoining the new Spyglass Hill golf course at scenic Pebble Beach, this study in sculptured geometry provides maximum privacy in a minimum of space and a constant interplay of white stucco and redwood. On this expensive real estate, houses are closely clustered—four to an acre, in fact. Architect David Smith of Burde, Shaw and Associates faced them toward forests or fairways, with secluded gardens and courtyards for each.

The houses
oriented in differ
directions, fiv
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grouped aroun
quiet, paved co
Each house is fit
to the terrain
jacking up the fr
or rear half to
the slope, wit
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connecting
halves (below). E
house is theref
different. There
two- and thr
bedroom versi
varying from 140
2600 square f

Fred Lyon

Details are carefully conceived to fit in with the overall design. Wooden baffle, at right, gives a bathroom privacy, yet allows light in and a view out from the sides. Below left, living room deck borrows open space and light from nearby golf course. Below right, privacy is maintained by walled gardens. Owners plant them as they please; open land is left natural.

For floor plans and other details on all three houses, turn to page 116.

A LUNAR CAPSULE FOR EARTHBOUND FUN

Poised at a Philadelphia airport under a waning moon, the vacation house of tomorrow, a shell of blue fiber glass, is ready to take off by helicopter to settle on your favorite landscape.

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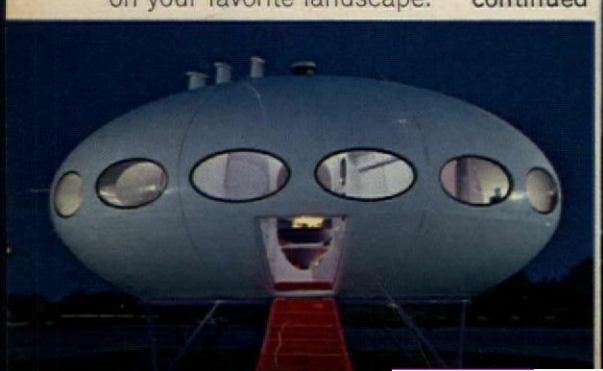
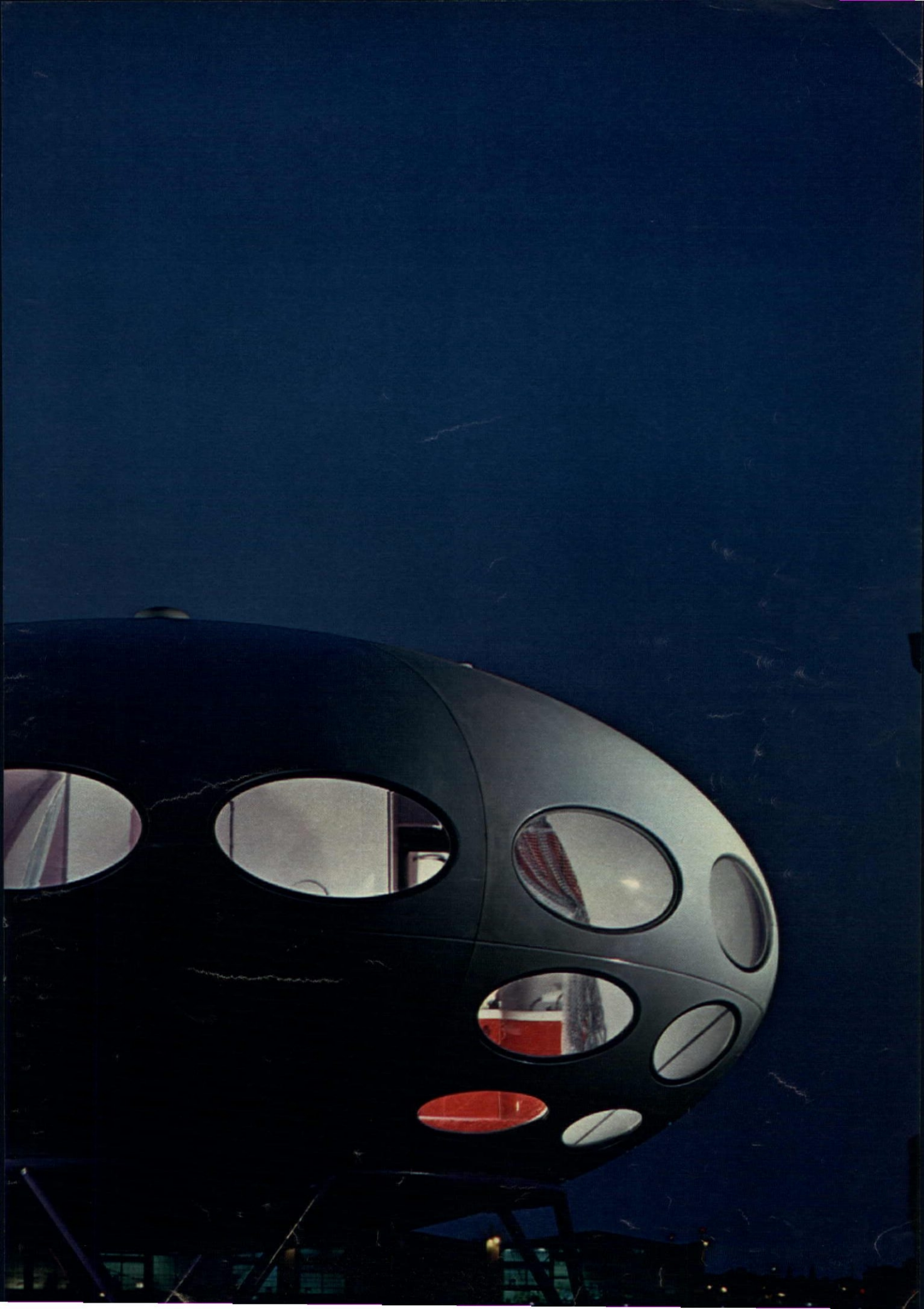
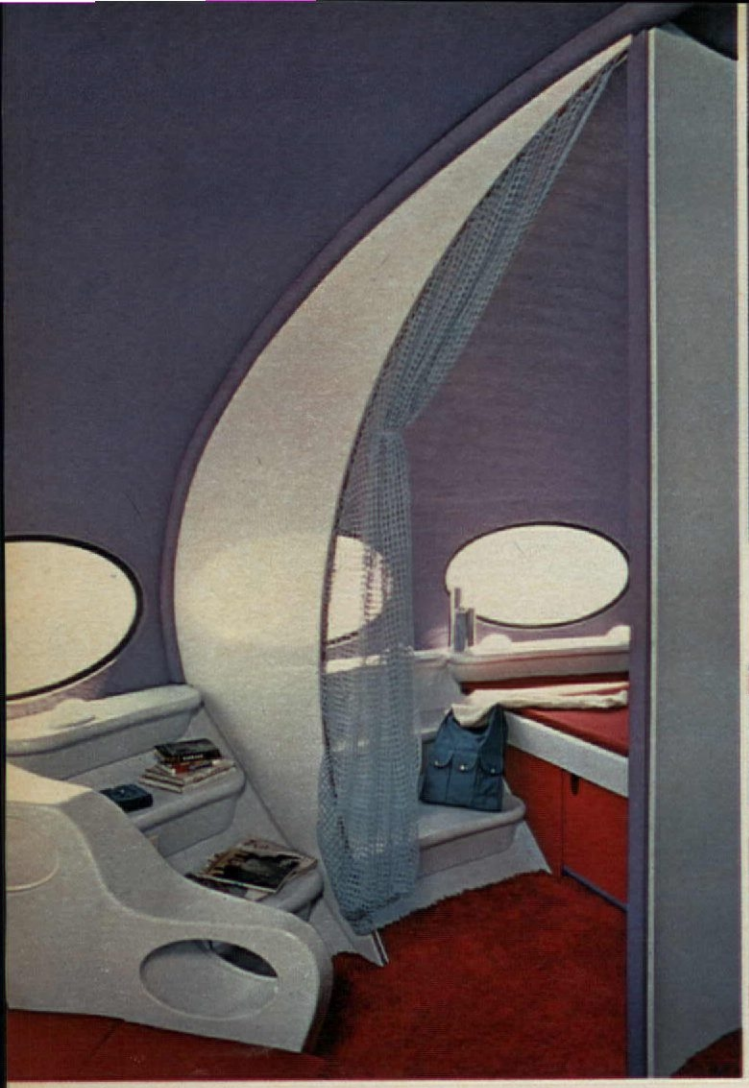






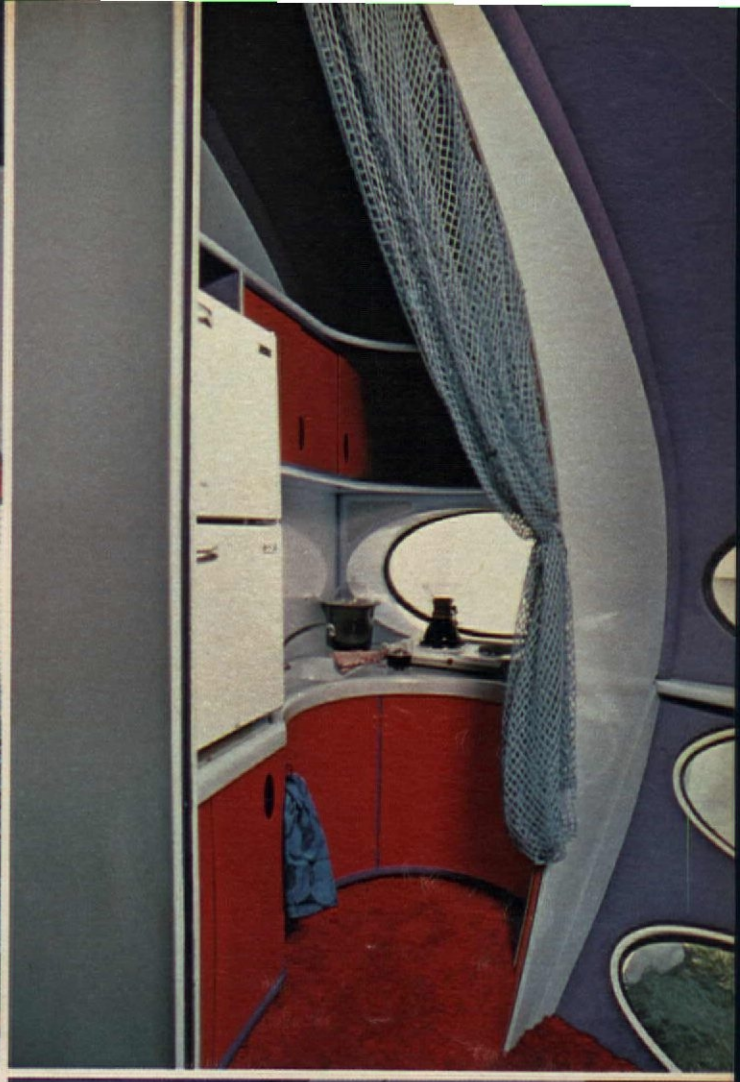
The inside is as sleek as the shell and stretches 26 feet across, 11 feet high. Philadelphia Architect Charlie Neuhardt tries one of six lounge chairs which turn into beds while his wife Susan looks in from the kitchen. The fireplace may be used as a grill. There is a double bedroom (left) with a fishnet curtain that can be replaced by a solid hatchway. Views of the kitchen (above right) and the

LUNAR CAPSULE
continued

only the beautiful essentials

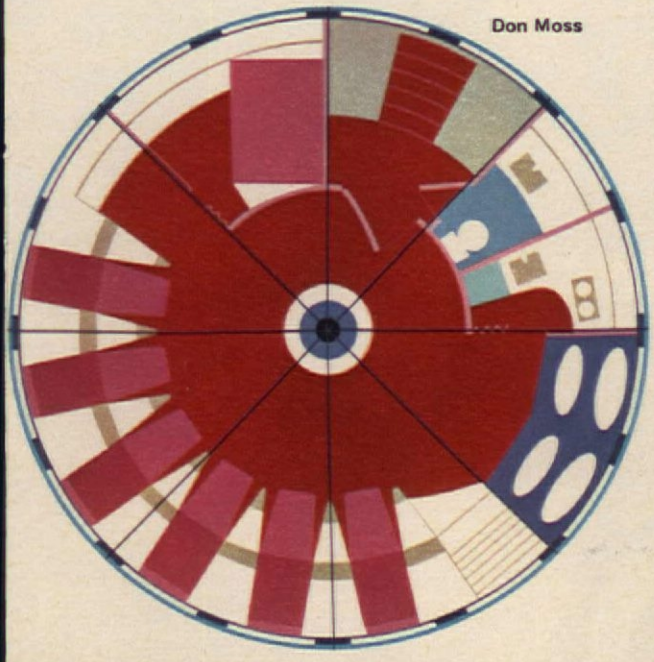
This moon craft, this Halloween pumpkin, this UFO—whatever it seems to you—is one of the most significant developments to be dropped on the American building scene in a light-year. For it is the first marketable house manufactured entirely of fiber glass. Its Finnish architects and engineers have labeled it the Futuro and have had such success with it that they are licensing its manufacture around the world. The first units will come out of an American factory just tooled up to make it this month, and 300 will be produced before the end of the year. The deliver-anywhere idea makes it likely to see the Futuro perched on a precipitous ski slope where no one could have built before, or nestled alongside a beach looking like an Easter egg in the grass (it comes in a choice of pastel colors), or crouched in a forest like a mushroom. This is no house for traditionalists in any sense of the word. American vacation living must be rethought for life in the Futuro. You will really be able to get away from it all, since there is no room to load up the station wagon and take it all with you. (continued on page 118)

Photographs by John Zimmerman

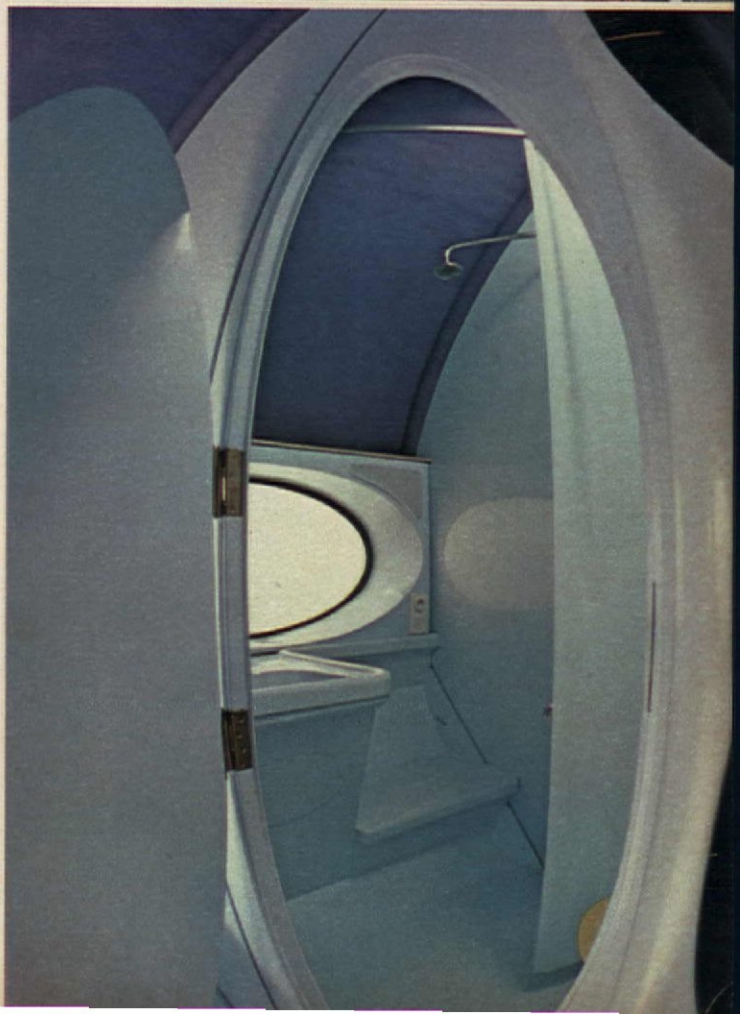


bathroom (below right) suggest the compactness of the galley and head of a plane or yacht. The kitchen has a microwave oven and a 10-cubic-foot refrigerator-freezer. Portholes are acrylic. In the observation area by the kitchen, portholes may be installed in the upper or lower half of the wall, depending on your outlook. Furnishings come in colors coordinated with the exterior.

Don Moss



A view from the top shows the double bedroom, entry hatch, bathroom, kitchen, observation "deck" and the living area.



4 5 6 7
A B C D
G H I J

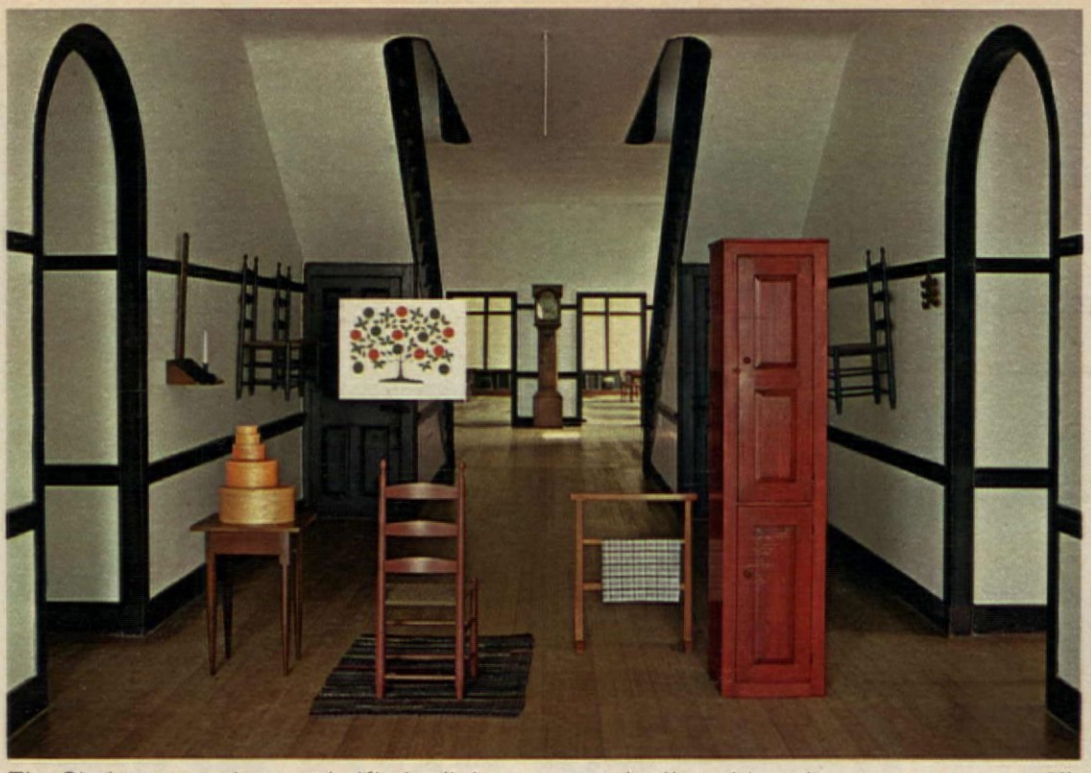
Roomy kitchen seen from dining area has tricolor doors to hide laundry equipment.

By Vera D. Hahn

WHEELING HOME IN STYLE

It is 60 feet long, 24 feet wide, costs $16,000 and arrives by truck. What is it? Son of travel trailer, successor to the mobile home, it is one answer to the shortage of low-priced housing—the factory-built or sectional house. This one was designed and decorated by *American Home,* built by Deluxe Homes of Berwick, Pennsylvania. In decorating this house we did not try to make it look like anything it wasn't. All we wanted was a fresh, new, graphic look done in the simplest, most inexpensive, practical materials. Living-dining area shown here (walls are U.S. Plywood Ranchero) illustrates this design thinking. Floors throughout are covered with Herculon fiber carpet. The desk and coffee table are topped with white Micarta. A simple shelf system turns the corner into the dining area and becomes a banquette. The window is curtained with vinyl-coated cloth tape. Everything you see can be easily adapted to your own home or to a remodeling project. More about this sectional home, its furnishings and custom plan on page 114.

Jon Naar



At left in the ma hallway of the Center Family House at Pleasant Hill, Kentucky, are reproductions of Shaker crafts. Hanging from th pegboards are chairs, a sconce and a clothes hanger. A slat-back chair stands on rag rug, a nest o boxes on a table From a towel rac hangs checked fabric. The doub cupboard was u for tinware. The "spirit drawing" is "Tree of Life." The clock is antique. Shoppi information is o page 115.

The Shakers, a curious and gifted religious group who thought work was prayer, were 19th-century America's most inspired craftsmen. Today, more than ever before, the work they created with devoted hands looks completely new—especially to newcomers to the American scene and the searching young. The Shakers were our first functionalists, designing everything to be perfectly useful. Their furniture and buildings have a breathtaking simplicity. Mystics, who worshipped through ritual shakings to cast off sin and whirling dances, heaven inspired, they were clever and ingenious in worldly matters, starting the first chair business in the United States, inventing among many other things the flat broom, and making the first patent medicines. The Shakers practiced celibacy and sought to create the kingdom of God on earth. To the right is the famous double staircase found at Pleasant Hill, Kentucky. The masterpiece of Brother Micajah Burnett, its simple curves are much more sensuous than that of most Shaker architecture. An essay on the Shakers appears on page 88.

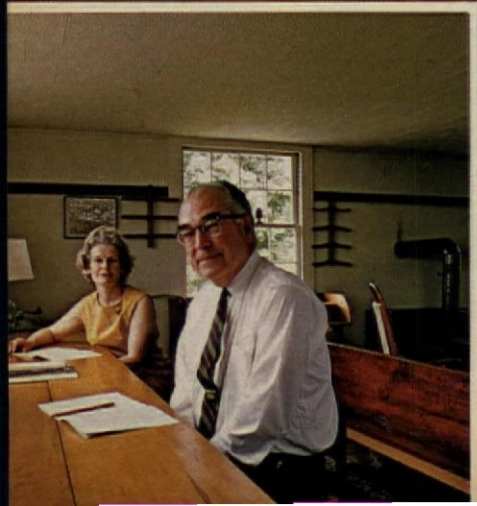
A RICH SHAKER LEGACY

AN AMERICAN TREASURY

conti

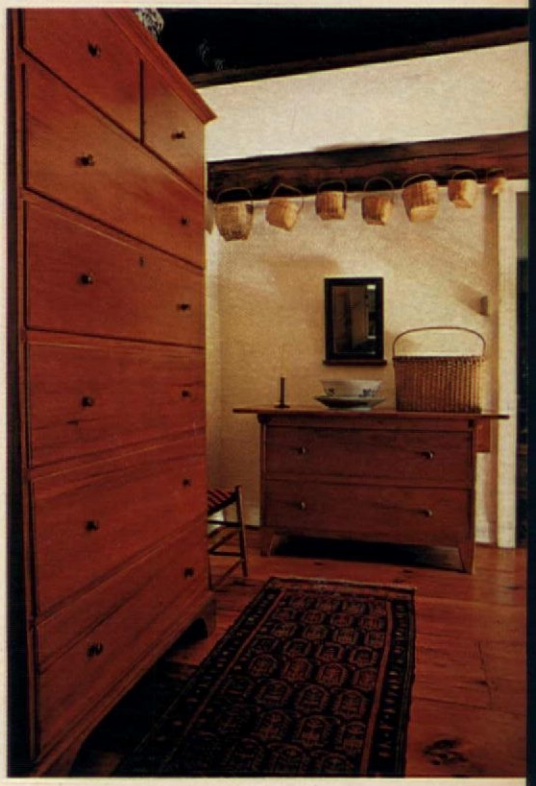
PHOTOGRAPHS BY RICHARD MEEK

All Shaker houses had two doors and two staircases—one for men, one for women. Only Kentucky Shakers used a watchtower to spy on field workers.



Dr. and Mrs. Upton are seated in their study at a ten-foot cherry harvest table made at Hancock, Massachusetts. On the walls are Shaker clothes hangers. The close-up view of the dining table shows how the legs curve in typical Hancock style. The floorboards and the yellow door were from the Hancock Sisters' Shop.

The cherry dining table at left is 11 feet long. It once belonged to a painter and was covered with paint when the Uptons bought it. The 9-foot counter has one hinged door and two sliding ones. The 6½-foot chest in its original deep red paint stands flat on the floor. Although Canton ware and English pewter are not Shaker, they lend a proud warmth. Photograph at right shows a corner of the dining room. The chest of drawers belonged to friends who "wanted it to have a good home." The smaller chest has tirettes that slide both ways to support the extra leaf.

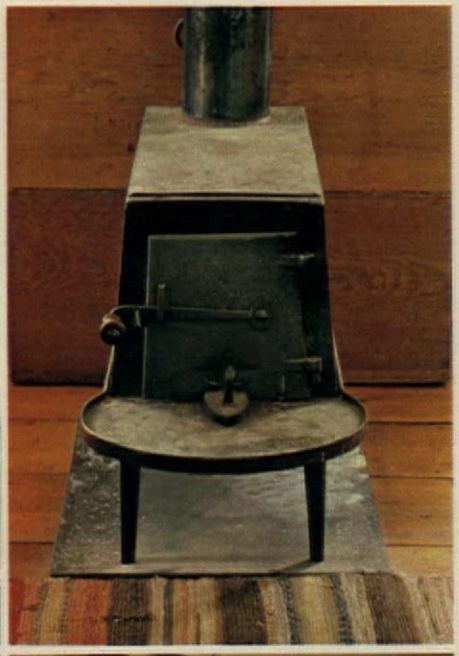


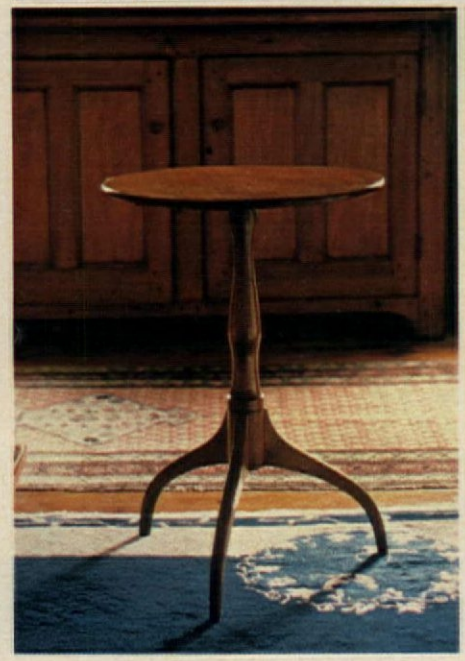
A Shaker treasure house

One of the best private Shaker collections belongs to Dr. and Mrs. Charles Upton. Both professors of American History at a New York state college, the Uptons were drawn to Shaker because "this is an original American style." The Uptons began their collecting in 1950. Although some of their finds came from antiques dealers and private owners, they acquired many of their finest pieces by buying directly from Shaker communities, especially those being demolished. According to the local dog census taker, their farmhouse was built originally by or for the Shakers. The remaining Shaker sisters sometimes come to visit, bring gifts of their own making, and enjoy the Shaker-like atmosphere. One, 93-year-old Sister Lillian, said she slept in a real Shaker bed for the first time at the Uptons.

continued

Shelves for holding ironing (right) were used in a communal laundry room. A cast-iron stove has a damper held in place by a "sadiron." Below at left is a three-legged Shaker candlestand of perfect simplicity. The staircase was brought from Hancock where it was used by the sisters for 125 years. A similar set of stairs was used only by the brothers. Note the graceful handrails and spindles—the cloak on the landing.





The table and the chest in the master bedroom (opposite) are Shaker, but the spreads come from the Uptons. The jugs were used in making medicines. The nine-foot tailoring counter in the living room (below) is on rollers. With a drop leaf, it takes a 54-inch cloth. On top are nests of boxes, carriers and measures. The 1809 clock is by Benjamin Youngs, one of the few Shaker clockmakers. "Spirit drawing" is "A Bower of Mulberry Trees."

Though the furniture in the Uptons' collection is of museum quality, the house does not have a museum atmosphere—probably because everything in the rooms is in constant daily use. This comes easily, say the Uptons, because of "the function, the usability and the good design of Shaker furnishings." A double wash bench has served to store phonograph records and as a side table. Bed sheets with their woven tape headings easily became cafe curtains. The house is even built of Shaker parts—most of the floorboards and the woodwork as well as the staircase come from the Sisters' Shop in Hancock—but the Uptons do not hesitate to use their non-Shaker collection of accessories. The rooms are both warm and personal and everyone feels at home.

continued

Plain Good Food

Celibate and self-denying, the Shakers were anything but austere when it

Arranged on a cheerful table in the dining room at Shaker Village in Hancock, Massachusetts, is a feast of everyday Shaker foods. The kitchen sisters used a vast collection of recipes and well-designed equipment, including round pie ovens, to prepare savory meals for their large "families." In the center of the table sits a spicy cider-baked ham, a dish of pumpkin pickles and a pitcher of rose water—used

came to eating, as this harvest table shows. The recipes for these easy-to-make foods are found on page 96.

to flavor the floating island as well as ice cream and other sweets. Found clockwise from lower left are corn "oysters," corn relish and India relish. The Shakers made blueberry muffins from wild huckleberries.

Shaker "daily loaves" and cider were staples. Boiled apples (similar to baked apples), Shaker lemon pie and pound cake are classic desserts. Oyster pie and herb fried chicken were flavored with Shaker-grown herbs.

PICK, DRY AND KEEP

Seen through glass brightly are bunches of dried flowers, looking not at all old-fashioned. The window at left is made of panes of glassed-in dried petals of poppies, roses, daisies, bougainvillaea and blossoms of delphinium. In the large basket are marigolds and baby's breath. The middle-sized basket holds wheat, seed flowers (fashioned from pods) and globecrest; the small basket includes daisies, marigolds, zinnias and roses. The large, exotic flower to the lower left is actually a dried artichoke. Dried flowers have all the charm of fragility, yet they will last for months, even years—often, thanks to new methods. If the colors do fade it doesn't really matter; the result is so beautiful that no one should ever use plastic flowers again. Out of your late summer garden come the best flowers for drying, but don't forget to hunt in the meadows and woods for flowering weeds and pods and grasses. Put them in casual bunches and place them in the simplest containers possible—baskets or jugs or mushroom boxes. The look should be yours, and proudly simple. (continued on page 120)

Francesco Scavullo

EGGS IN YOUR SKY

Only the walls are clouded in this sky-room, found in a young New York couple's apartment. When Mr. and Mrs. Anthony Prisendorf—Tony is a journalist, Donna, a photographer—float in with their friends after the theater they keep their entertaining light and easy with omelets—a cinch to turn out with the new front-and-center table cookers. The Prisendorfs' dining room is painted all acloud from floor to ceiling, the clouds as stylized as a Japanese screen. Who did it? A 26-year-old English designer of environments, Keith Nelson-Payne, was spatter-deep in the job when his visa ran out, so Tony (at left) finished the floor. On the shiny clear table are set parslied potatoes, crusty bread and a dry white wine, and the omelet makings—eggs, of course, plus mushrooms, *fines herbs,* tomato, or cheese to go inside. Donna flips an omelet for Ben Mason and his wife Timmy, watched by Chris and Kathy Lloyd. To learn how to cook an omelet, see page 110. A Buyer's Guide to table cookers is found on page 112.

John Zimmerman

Here with a "chittara"—a modern version of the Italian housewife's classic "spaghetti guitar" or pasta machine—are three great pasta dishes just as delicious as the native product and twice as easy to make. Spaghetti with Sausages, Chicken and Macaroni à la Reine and Fettucini al Burro are European specialties that start off with an American package. These and other recipes plus some tips for cooking the perfect pasta begin on page 108.

pasta: happy Italian gift

Irwin Horowitz

Let 'em eat steak!

Campbell's Soup makes steaks to meet the budget.

STEAK ITALIANO

2 chuck steaks (1½ pounds each, ¾-inch thick)
2 tablespoons shortening
1 can (10¾ ounces) Campbell's Tomato Soup
½ cup water
1 can (2 ounces) sliced mushrooms, drained
1 large clove garlic, minced
1 teaspoon oregano, crushed

Trim fat from meat. In large skillet, brown meat in shortening. Pour off fat. Stir in remaining ingredients. Cover; cook over low heat 1½ hours or until tender. Spoon off fat. 4 servings.

PEPPER STEAK

2 tablespoons flour
¼ teaspoon salt
Dash pepper
1½ pounds round steak (¾-inch thick)
2 tablespoons shortening
1 can Campbell's Onion Soup
½ cup ketchup
1 medium green pepper, cut into 8 strips

Combine flour and seasonings; pound into meat with meat hammer or edge of heavy saucer. In skillet, brown meat in shortening; pour off fat. Add soup and ketchup. Cover; cook over low heat 1 hour. Add green pepper; cook 20 minutes more or until tender. Stir now and then. Serve with mashed potatoes. 4 servings.

SWISS STEAK

¼ cup flour
½ teaspoon salt
Generous dash pepper
1½ pounds round steak (about ¾-inch thick)
2 tablespoons shortening
1 can (10¾ ounces) Campbell's Vegetable Soup
½ soup can water
1 cup sliced onions

flour, seasonings; pound into steak with meat hammer or
e of heavy saucer. In large skillet, brown steak in shorten-
pour off fat. Add rest of ingredients. Cover; simmer 1 hour
minutes or till tender. Stir now and then. 4 servings.

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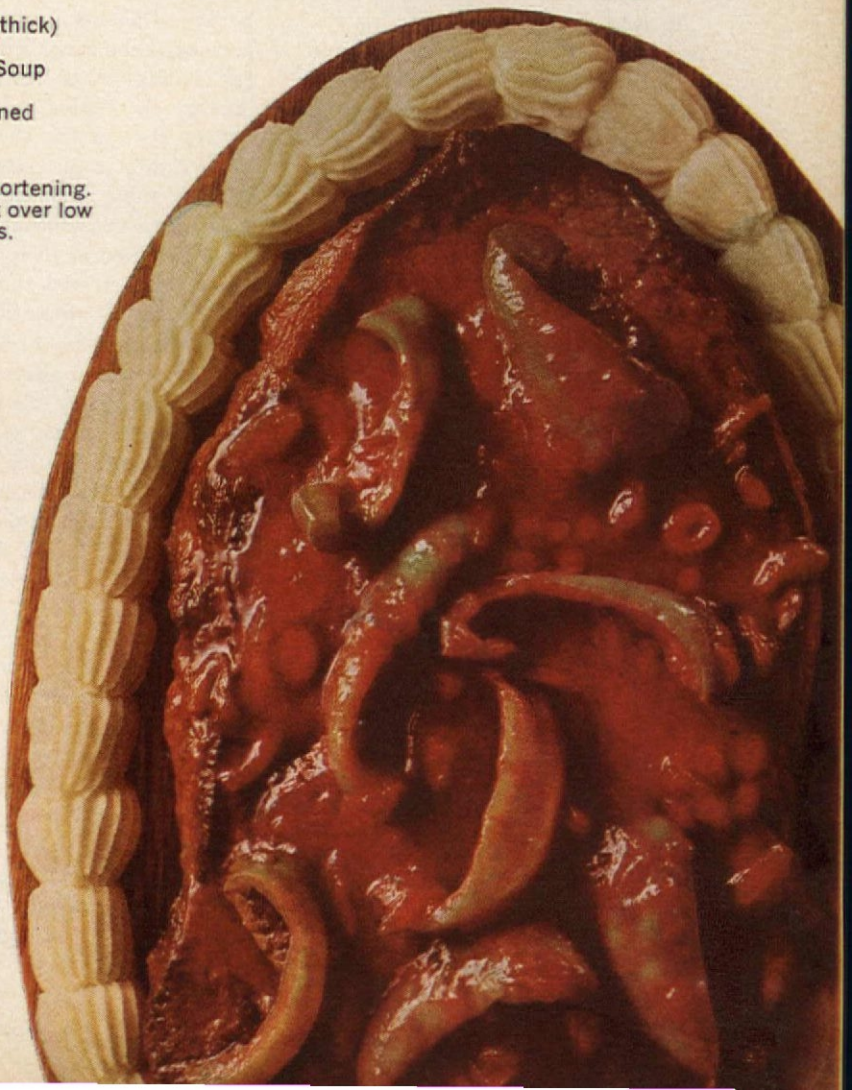

'm! M'm! Good and easy!

THE SHAKERS: A GIFTED PEOPLE

By Mary Evans

The Shakers are an odd and unusually gifted religious group who flourished mainly in 19th-century America. To most of us, many of their ideas on living seem unnatural and unworkable. Yet the Shakers were our first functionalists. They admired what worked, and they were forever thinking up the most ingenious ways to make things work better—at the same time pleasing to look at.

They designed a wooden slat-back chair in which every piece of wood is just as thick as it need be and not a whit more—and the result is a light, delicate-looking, but perfectly strong, classic chair admired today even more than ever. Having designed a masterful chair, they set up the first chair factories to be organized in post-Revolutionary War America, selling their beautiful products all over the country. They devised the swivel stool and popularized rocking chairs, which they had perfected originally for the comfort of their elderly members.

As well as seating a good part of America, they seeded much of it too, turning their scenic but rocky northeastern lands into the first nurseries, producing garden seeds of the highest and most uniform quality. With the same commitment to excellence, they grew herbs and produced medicines which were shipped all over the world. They were our first makers of reliable patent medicines, the forerunners of the American Pharmaceutical Society. Inventing everything from the clothespin and the flat broom to rotary saws and institutional washing machines, they worked out the same mass-production concepts we still follow today.

In all this admirable and dazzling productivity, they were not seeking mere gain or fame. They were out to establish the kingdom of God on earth, nothing less. With such an incentive, no wonder only the best would do.

They worked not for themselves but for their communities, 18 of which were scattered through New England and upper New York, Ohio and Kentucky. Within these communities they lived in "families" of 30 to 125 people, men and women both, living together in amiable celibacy. Dwellings were designed to have separate doorways for the men and women as well as separate stairways, for it was even against the rules for a man and woman to pass on the stairs.

Shaker communities were most active 30 years just before the Civil War, when they had as many as 6000 members at a time. Now only a handful—at latest count 16, all women, and mostly elderly—survive, living in their big square houses at Canterbury, New Hampshire, and Sabbathday Lake, Maine. But the vision is as challenging as ever.

Many of the Shaker buildings are still standing—as they should be, for they were meant as models of simple excellence, to last a dedicated age. The chairs, and the chests with a drawer for everything so that perfect tidiness would prevail, are in homes and museums and being copied in craftsmen's workshops.

Soon all the world will know of the beauty of Shaker design: Shaker chairs and chests and even their wall pegboards for hanging clothes (and chairs, at cleaning time, there being "no dirt in heaven") will be part of the United States Pavilion exhibit at the Osaka Expo in 1970. Already those Japanese designers who have seen Shaker furniture and interiors have marveled at their likeness to Japanese interiors, with their common love for the natural properties of wood.

The Shakers would not be surprised at the renewal of interest in their ways and works. They always knew they were something special. Their founder was a woman, Mother Ann Lee, who was born in Manchester, England, in 1736, the daughter of a blacksmith. Early in her life she came under the influence of a dissident group who thought the Second Coming of Christ was imminent, as foretold in the Book of Daniel, and with it the millenium or thousand years of perfect peace and goodness. Somehow, through visions, it became apparent to this serious young woman and her friends that she was in fact the second Christ.

This was an earth-shaking idea in itself; but in fact the Shakers got their name from their style of worship. They shook. They shook their fingers, their whole bodies, and of course the house too, shaking out evil as they called it. They also fell into trances, or whirled in one spot for hours at a time, or cried out in gibberish.

They were upsetting to ordinary folk in other ways as well. Mother Ann believed that the root of all evil was "generative lust," as she put it. This notion came to her in visions, but it may also have come from her having suffered from an unhappy marriage and the deaths of all four of her children in early infancy. At any rate, she was convinced that the physical passions held people back from their highest fulfillment. Marriage was all right for ordinary people but not for those who were destined to build the perfect society.

Apart from her views on celibacy, Mother Ann's views on the perfect world were farseeing: She wanted complete equality for men and women, complete democracy, pacifism. Everybody was to work and all property was to be held in common.

Most of these ideas did not set well in 18th-century England, and so Mother Ann loaded her followers into a leaky ship and set off for America. At first things did not go at all well. The Revolutionary War was on and the Shakers would not take sides; could they be spies? And there they were, breaking up marriages and engagements, encouraging people to turn over to the colony worldly goods and lands that should have stayed in the family.

As for their worshipping, heaven knows what really went on. Nature will out somehow. And so there were riots and beatings and jailings. Even worse, the Shakers had thought to become self-sufficient apart from the world by farming, but the land their early converts turned over for common use was usually situated on high ground—with desirable views but very poor soil.

Somehow by hard work the Shakers began to establish their communities economically, which made them seem more respectable; they were admired for their scrupulous honesty and the high quality of their products. Then a wave of religious revivalism brought searchers to their door. By 1800 the Shakers were on their way.

The Shakers understood that if their communities were to survive, they had to be economically sound. As much as possible they made what they needed. They did buy some (continued)

Mary Evans' native heath is hard by Shaker territory—she was born in East Hampton, Massachusetts, and graduated from Wellesley College. She lived in Japan for six years, where she wrote movie reviews and acted on Japanese television. Her first novel, set in Japan, will be published this fall by McCall's.

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things, notably lemons, which they found useful for everything from warding off colds to curing dandruff. Everyone, from the highest spiritual leaders on down, had to do some form of manual work. In fact, work was a form of worship. "Put your hands to work and your hearts to God," advised Mother Ann. And so work they did.

The women (called sisters) worked in the communal kitchens and sewing rooms, the sick room, the cannery, and the herb rooms where they prepared their excellent and widely sold medicines. The men (called brothers) worked in the fields growing food and seeds. Perhaps the only things they didn't grow were melons; the sprawling vines were probably too untidy and space-consuming for the efficient Shakers. The men also excelled in the workshops, where they produced everything from shoes to stoves and cut nails. They were the first to standardize the sizes of nails. And, of course, they made chairs.

The Shaker chair grew out of the ordinary colonial chair of wood with a woven or rush seat and a ladder-back. The Shakers refined this simple and often clumsy style until it was a thing of exquisite beauty. They scorned decoration; nothing should distract the eye from the virtues or faults of a piece. Chairs were strong but light, so that they could easily be hung on the wall pegs at cleaning time. And so the craftsmen whittled and adjusted, until they designed a graceful and perfectly balanced chair—a model of functionalism.

They adjusted their chair design to every need, sometimes fitting chairs to a particular person's body, or cutting down the backs of dining room chairs so that they would slide neatly under the table between meals. When the men couldn't resist tipping back in their chairs, the craftsmen designed a ball-and-socket device that fitted into the back legs of a chair so that they would stay flat while the chair was tilted.

To help in serving food, the craftsmen made a rack of shelves, each set back from the one below, which they called "a flight of shelves." The rooms were kept meticulously neat and clean with all the chests designed to sit flat on the floor and to have just the right size drawers for everything. Beds were set on large wooden wheels so that they could be rolled to one side and the floor under them kept immaculate. Bed slats, made of woods with differing amounts of "give" adjusted to the weight and contours of each body—a forerunner of the innerspring mattress we have today.

Shaker dwellings and villages were models of cleanliness, order, and useful activity. Yet, why would anyone want to join? For one thing, that period of history was one of constant religious hysteria, especially along the frontiers. There would always be people who did not want to marry, and life as a Shaker was a dignified, even exalted alternative to being a maiden aunt.

Most of all, the Shaker society worked economically. The Shakers were richer than most people around. To many a back-country family, the Shakers' standard of living must have looked incredibly elegant. If things went badly, if a farm failed, there were worse alternatives than to swear off sex and join up. The Shakers were plagued by winter converts, who, come spring, left well fed and refurbished in time for the sowing.

The world was never far away; many visitors, including such famous writers as Charles Dickens, came to call. (Married visitors had to sleep in separate rooms.) Also, the Shakers were on to whatever was new, from science to food fads. You could stop worrying about money; the trustees or business managers took care of that.

In a sense, you became a child again. You had your chores to do, but they were varied and not onerous. There were even children around—those born before their parents converted or those taken in as wards—and these were generally cared for in their own house, where, if they learned anything, it was decorous behaviour. (Few of these children stayed on as adults.) True, no flowers or pets were allowed but farms are full of blossoming plants and gentle beasts. As in a family, everybody's sleeping room was on the same floor; only the men were at one end of the hall and the women in a dormitory at the other.

Temptations were always present, so rules were strict. Not only were the stairways separate, but there were separate gathering rooms, and even separate doors, side by side, opening into the main halls. A man and woman couldn't consult together without a third person being present. Work was kept separate, though a brother would do the heavy carrying and fetching for a sister who worked in the kitchen.

On the other hand, they were all living together. Special friendships couldn't help but form. To help assuage the tensions, each sister had a brother under her care whose clothes she tended and whom she sent off to the bootmaker when needed; but she was never to mend anything while he had it on. Visiting was allowed among the brothers and sisters on certain evenings; a small group of sisters would call on a small group of brothers to sing, to share the daily experiences and probably to yearn.

The real release came on Sunday. On Sundays everybody dressed up, putting on soft-soled shoes that wouldn't scuff the floor, and meeting began. Meeting was actually a theatrical performance, thought of as divinely inspired dance.

After the early twitchings and outbursts, the Shakers soon devised dances and marches involving considerable rehearsing and executed with such perfection and fervor that people (continued)

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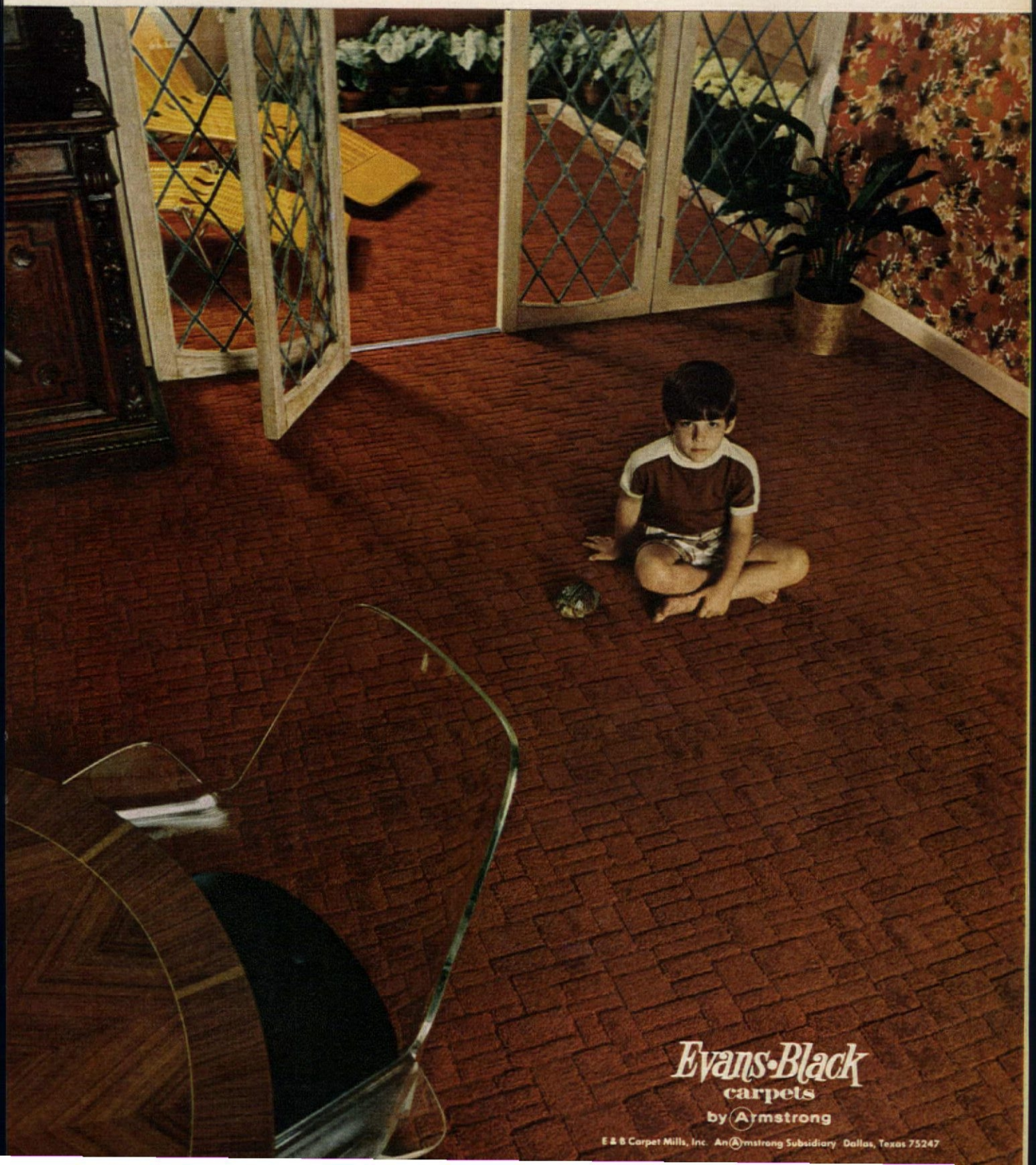

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came from miles around to see the show. (They were encouraged to do so, with special benches to sit on, it being hoped that a few converts would be made.)

The Shakers, men in matching shirt sleeves and women in delicate white or pale blue, advanced in lines, sometimes moving their hands to "gather the blessings" or "treading out evil" under their feet. Sometimes they performed intricate circles within circles. They usually sang hymns they had composed themselves, occasionally crying out, like pioneer hippies, "Love, Love!"

As if this balletic outburst were not enough, there were other, odder ways of letting off steam. Their daily life may have been as regulated as a library file, but there is no holding down the human spirit. The Shakers had "gifts," and there was, by agreement, no looking a gift in the eye.

These "gifts" were considered direct communications from the world of spirits. Some gifts were fairly ordinary—such as the hymns in undecipherable tongues, carefully written down and learned by everyone. A hymn might be "given" to a sister by a dear departed spirit, such as the late Mother Ann, through the intercession of an ang Sometimes during the height of a dan someone might be overwhelmed by "gift" to sit down, to smoke together to hand each other spiritual flowers invisible baskets of fruit.

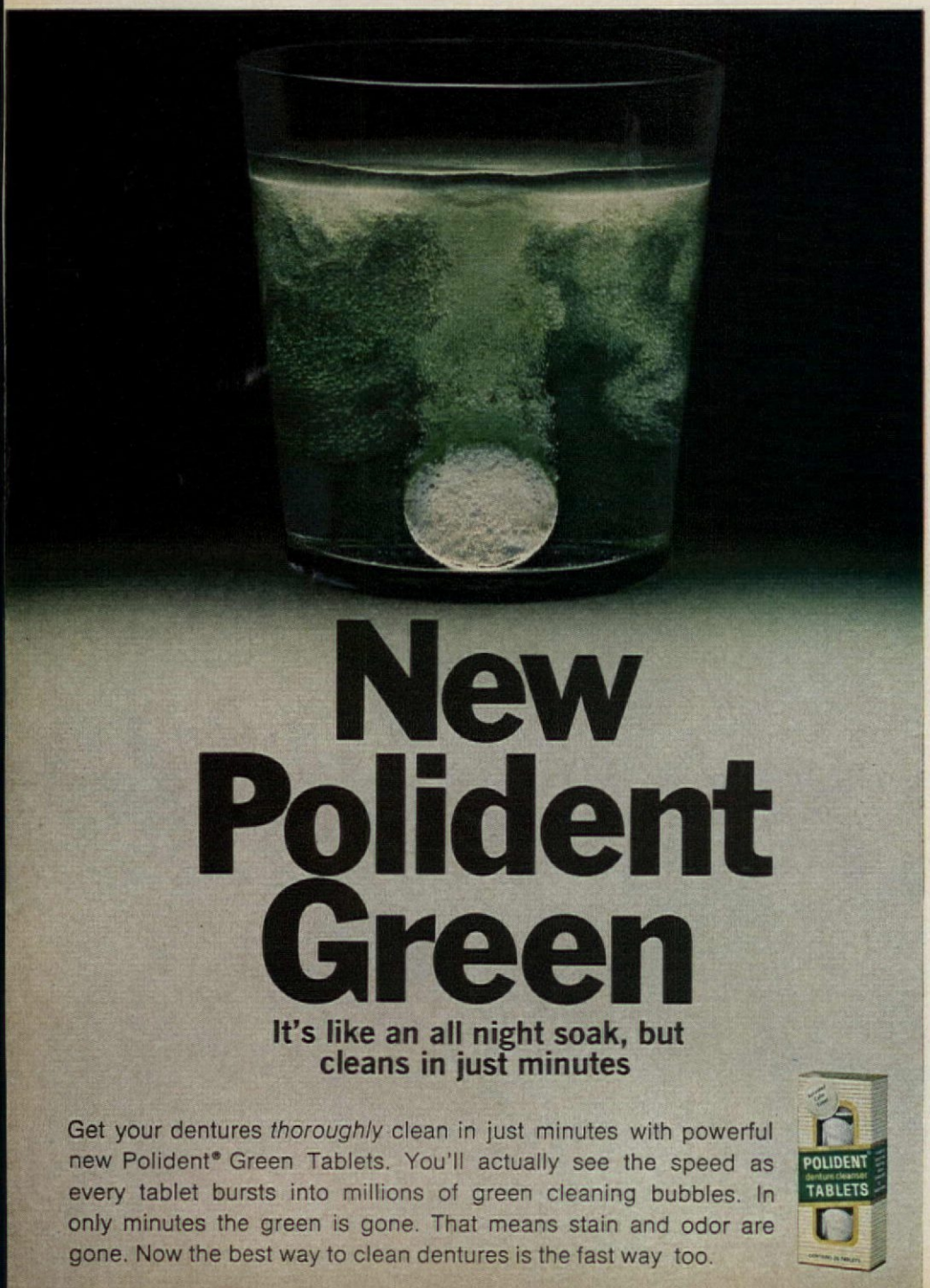
In addition to the shakes and the creasing deliveries by spiritual floris there were rituals. Some of these ritua though compulsive, were fairly dec ous, involving frantic, symbolic clea ing of the already pristine premises, helpfully sowing the newly plowed fie with the seeds of virtue. But then th was the matter of the Holy Hills. Ea community had to pick a hill as sacr and plant on it a sacred stone arou which to dance and march and sing— nice a bit of druidic paganism as e confounded the Puritans.

More secret were the "spirit dra ings"—direct gifts from beyond in form of meticulous pen drawings paintings. Some were maps of the sp land, others were genealogical cha with Christopher Columbus sharing branch with that other renowned expl er, Mother Ann Lee.

When word of this got out, it did help the Shakers' reputation with world. Not that the people of the wo had always been very sympathetic. Wh Charles Dickens stopped by, he p nounced everything "grim, grim, grim Nathaniel Hawthorne, who lived ne by, was appalled by the lack of priva everyone was always being spied by someone. To some Victorians, u to plush and rosewood, the Shaker st looked sparse and forbidding, wh the quiet within the Shaker dwelli seemed to stifle all life. There were financial problems, then the Civil W came. With the growth of big cit somehow nobody wanted to be a Sh er anymore. One by one the villages w closed, the beautiful furniture and solid houses sold off.

But everyday young hippies and s dents, having heard that there wa communal society which for a long ti in its own way worked, come to inqu at Hancock or the villages of Cant bury and Sabbathday Lake. Told th must agree to be celibate they stare credulously. "Man, things are differ now." But are they? Mother Ann p dicted that when the Shakers numbe less than seven there would be a great vival. It doesn't seem likely, but stra things have happened before.

For a Shaker travel guide turn the pa



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FROM SABBATHDAY LAKE TO PLEASANT HIL

Fall is a particularly good time to pile everyone into the car and set off to visit a Shaker site. Many Shaker villages were located in hilly regions of New England, which are at their best at this time. Two villages, no longer actually used by Shakers, have been reconstructed and furnished to give a very good idea of how the Shakers actually lived during the height of the communal experience. **Hancock Shaker Village,** located near Pittsfield, Massachusetts, is so well done it has recently been named a National Historic Landmark by the National Park Service. Be sure to see the famous round barn. The Village is open daily through October 15th. Another fascinating site is **Shakertown** at Pleasant Hill, Kentucky, near Lexington. Open through October, Shakertown is surely the finest Shaker site in the South. Do not miss the twin spiral stairs in the Trustees' Office (shown on page 75).

Two villages in New England still have small groups of Shakers, mostly elderly women. Near Concord, New Hampshire, is **Canterbury,** with a fine church and barn. **Sabbathday Lake** Shaker community is at Poland Sp near Portland, Maine, and is note its fine meeting house and minis shop. Both villages welcome vis except on Sundays and Mondays. terbury is only open to visitors thr Labor Day, but Sabbathday Lak be visited through October 1st.

A number of museums have collections of Shaker furniture and facts. One of the finest is owned b **Philadelphia Museum of Art,** bu cently the exhibition rooms have under reconstruction and closed t public, so be sure to check before g Two superb rooms of Shaker furn are at the **Henry Francis DuPont W thur Museum,** Winterthur, Dela These can be seen only on guided t so you must write to the reserva office asking for a place on the noon tour, giving the date and alte dates and specifying that you wi see the Shaker exhibit. Wait fo reply; but do try, it is worth it. closed Sundays and Mondays.

The **Boston Museum of Fine** the **Metropolitan Museum of New** and **Shelburne Museum** in Shelb Vermont, have small but excell chosen Shaker collections. At Chatham, New York (near Alb is the **Shaker Museum,** an enor hodgepodge of Shaker objects. No has been omitted, so it is all instru but confusing. It is open daily thr October 31st. In Ohio, see the **W County Historical Society Museu** Lebanon, which has Shaker ob from the former Union Village.

There are some excellent books able on the Shakers. For general ground, consult *The Shaker Ad ture,* by Marguerite Melcher, Pr ton University Press (out of print try your library). Available in paper is another fine book, somewhat he reading: *The People Called Sha* by Edward Deming Andrews (D $2.50). *Shaker Furniture* (D $2.25), by Edward D. and Faith drews, is the standard work on Sh furniture and has many photogr To appear this month is a boo "spirit drawings," *Visions of Heavenly Sphere: A Study in S er Religious Art.* Published by University Press of Virginia ($15 book is copiously illustrated in colo black and white and opens a new ter in the history of American art.

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PLAIN GOOD FOOD (continued from page 81)

The Shakers, in their quest for perfection, were always looking for improved techniques. This was our cue to update many of the following recipes from those in the current books on Shaker cookery.

SHAKER DAILY LOAF

1 package active dry yeast or 1 cake compressed yeast
¼ cup warm water
1¾ cups milk
3 tablespoons butter or margarine
2 tablespoons sugar
2 teaspoons salt
6 to 6½ cups sifted all-purpose flour

Dissolve yeast in warm water in large mixing bowl. Scald milk; stir in butter or margarine, sugar and salt. Cool to lukewarm; add to yeast. Add 3 cups flour; beat until smooth. Add enough additional flour to make a soft dough. Turn out onto lightly floured board. Knead until smooth and elastic, about 8 to 10 minutes. Form into smooth ball. Place in greased bowl, turning to grease top. Cover; let rise in warm place, free from draft, until doubled in bulk, about 1 hour.

Punch down. Let rest for 15 minutes. Divide dough in half. Shape each half into a loaf. Place each loaf in a greased, 9x5x3-inch bread pan. Cover; let rise in warm place, free from draft, until doubled in bulk, about 1 hour. Bake at 400° about 30 minutes. Remove from pan and cool. Makes 2 loaves.

SHAKER FRIED CHICKEN

2 broiler-fryers (2½ pounds each), cut up
3 tablespoons soft butter or margarine
1 tablespoon minced parsley
1 teaspoon minced fresh marjoram or ¼ teaspoon dried marjoram
¼ cup all-purpose flour
Salt
Pepper
2 tablespoons butter or margarine
2 tablespoons shortening

Wash chickens; wipe dry with paper towels. Rub thoroughly with soft butter or margarine; sprinkle with parsley and marjoram. Let stand 1 hour. Mix flour, salt and pepper; roll chicken in mixture. Heat butter or margarine and shortening in skillet; add chicken. Cook until golden brown on all sides. Continue cooking about 30 minutes or until chicken is tender, turning several times. Makes 6 to 8 servings.

VARIATION: To serve chicken with a cream gravy as the Shakers do, brown the chicken on both sides in butter and shortening, pour 1 cup light cream over the chicken and simmer covered, 20 minutes or until chicken is tender.

BLUEBERRY MUFFINS

2 cups sifted all-purpose flour
4 teaspoons baking powder
½ teaspoon salt
¼ cup sugar
1 egg, beaten
1 cup milk
3 tablespoons butter or margarine, melted
1 cup blueberries or huckleberries
Flour

Heat oven to 375°. Grease twelve 2½-inch muffin-pan cups. Sift flour, baking powder, salt and sugar into bowl. Mix egg, milk and melted butter or margarine; combine with dry ingredients. Stir just to moisten dry ingredients. Batter will be lumpy.

Dust berries lightly with flour and fold into batter. Drop by spoonfuls into muffin cups so cups are two-thirds full. Bake 25 to 30 minutes or until golden brown. Loosen with spatula; remove from pan; cool on wire racks. Makes 1 dozen.

CORN "OYSTERS"

2 egg yolks, slightly beaten
2 cups grated fresh corn
½ teaspoon salt
¼ teaspoon pepper
¼ cup all-purpose flour
3 egg whites, stiffly beaten

Combine egg yolks, corn, salt and pepper in medium-size mixing bowl. Mix in flour. Fold in egg whites. Heat a well-oiled skillet over medium heat. When skillet is hot, drop batter by tablespoonfuls. Brown on both sides. Serve at once. Makes about 2 dozen.

BAKED HAM IN CIDER

1 fully cooked ham (about 12 pounds)
Whole cloves
1 cup boiling water
4 cups apple cider
2 tablespoons brown sugar
1 small onion, quartered
1 tablespoon lemon juice
1 tablespoon flour, browned*

Remove rind from ham. Score fat in diamonds. Place ham in open, shallow roasting pan. Stud with cloves. Combine boiling water, cider, brown sugar and onion in saucepan; bring to boiling; boil 10 minutes. Heat oven to 325°. Strain cider mixture; pour over ham in roasting pan. Bake, basting frequently, allowing about 14 to 17 minutes per pound or until meat thermometer registers 130°. Remove ham from oven. Transfer ham to heated platter. Strain liquid in roasting pan; add lemon juice and thicken with browned flour. Serve as sauce with ham.

*Browned Flour: Place 1 tablespoon flour in small skillet over low heat and stir constantly until browned.

OYSTER PIE

Pastry for 2-crust pie
2 tablespoons flour
1 quart oysters, drained
1 teaspoon salt
Dash of pepper
Dash of ground thyme
3 tablespoons butter or margarine

Line a 9-inch pie plate with pastry. Sprinkle crust with 1 tablespoon flour. Place a layer of oysters over the floured pastry; season with salt, pepper and thyme; sprinkle with a little flour and dot with half the butter or margarine. Add remaining oysters and butter or margarine. Cover with top crust. Bake at 350° for 40 minutes or until crust is lightly browned. Makes 6 servings.

CORN RELISH

2 cups chopped onions (2 large)
2 cups chopped ripe tomatoes (3 medium-size tomatoes)
2 cups chopped cucumber
2 cups corn, cut from the cob
2 cups shredded cabbage
2 cups sugar
1½ teaspoons salt
1½ teaspoons celery seed
½ teaspoon turmeric
2 cups cider vinegar

Mix chopped vegetables together in large saucepan. Add remaining ingredients. Bring to boiling; reduce heat; simmer 20 minutes uncovered. Put into containers; seal. Makes about 1 quart.

INDIA RELISH

3 cups brown sugar, firmly packed
⅔ cup water
3 pounds small green tomatoes, quartered
1 stick cinnamon, 2 inches long
2 teaspoons ground ginger
1 lemon, thinly sliced
1 cup seedless raisins
3 tablespoons orange rind cut in julienne strips

Combine sugar and water in large saucepan. Bring to boiling; boil until the consistency of syrup. Add tomatoes, cinnamon, ginger, lemon, raisins and orange rind. Boil slowly until fruit is clear, about 30 minutes. Pour into containers and seal. Excellent with cold meat. Makes about 1 quart.

CARROT MARMALADE

3 cups pared, chopped, cooked carrots
2 tablespoons grated lemon rind
⅓ cup lemon juice
3 tablespoons grated orange rind
½ cup orange juice
6 cups sugar

Combine all ingredients in large saucepan. Cook slowly 45 minutes or until it jells on spoon. Skim, pour into containers; seal. Makes about 1 quart.

continued

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THE SPECIAL K BREAKFAST

4 oz. tomato (or orange) juice
1½ cups (1 oz.) Special K
1 teaspoon sugar
4 oz. skim milk
black coffee or tea
(less than 240 calories)

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GOLDEN PUMPKIN PICKLE

The pickle should come out a clear golden color and must be watched as it cooks. Overcooking darkens the color but does not spoil the good flavor or texture.

2 tablespoons whole cloves
2 tablespoons broken-up stick cinnamon
4 pounds white sugar
1 quart cider vinegar
5 pounds pumpkin, pared and cut in inch cubes

Tie spices in double thickness of cheesecloth. Combine sugar and vinegar in large saucepan. Add spice bag; bring to boiling. Add pumpkin. Cook until tender. Remove spice bag. Spoon pumpkin into sterile jars; cover with syrup; seal at once. Makes 5 pints.

SHAKER POUND CAKE

1 cup butter or margarine
1 cup sugar
5 eggs
½ teaspoon rum extract
¼ teaspoon ground mace
2 cups sifted all-purpose flour

Cream butter or margarine until very light and fluffy. Beat in sugar. Add eggs, one at a time, beating well after each addition. Stir in rum extract. Sift mace and flour together. Stir flour into batter mixture. Pour into a greased and floured 9x5x3-inch loaf pan. Bake at 350° for 45 minutes or until cake tests done with a cake tester.

SHAKER LEMON PIE

2 lemons
2 cups sugar
Pastry for 2-crust pie
4 eggs, beaten

Slice lemons paper thin, rind and all. Place in mixing bowl; mix in sugar. Let stand 2 hours or longer. Line a 9-inch pie plate with half the pastry. Add eggs to lemon mixture; blend thoroughly. Pour into pie shell. Cover with top crust and crimp the edges. Cut vents in top crust to allow steam to escape. Bake at 450° for 15 minutes. Reduce heat to 350°; bake for 30 minutes or until a knife inserted in the center comes out clean.

SHAKER BOILED APPLES

6 red cooking apples, cored
Cold water
½ cup sugar

Place apples in a large saucepan. Add enough water to measure a half inch deep. Pour sugar over apples. Boil gently about 20 minutes or until apples are tender. Turn apples carefully several times. Serve with the sugar syrup. Makes 6 servings.

SHAKER FLOATING ISLAND

1 tablespoon cornstarch
4 cups whole milk
5 eggs, separated
½ cup sugar
½ teaspoon rose water* or vanilla
¼ teaspoon salt
3 tablespoons sugar

Combine cornstarch with 2 tablespoons milk. Scald remaining milk in large saucepan. Beat egg yolks in small bowl. Add cornstarch mixture and ½ cup sugar to egg yolks. Stir in half the heated milk. Stir into milk remaining in saucepan. Cook over low heat, stirring constantly, 3 minutes. Add ¼ teaspoon flavoring. Pour into serving dish. Cool.

Beat egg whites until very stiff. Add salt, 3 tablespoons sugar and remaining ¼ teaspoon flavoring. Drop mixture by spoonfuls into a pan of boiling water; cook each "island" 2 minutes. Remove with slotted spoon; drain; float on custard. Chill before serving. Makes 6 servings.

For a festive touch, drizzle caramel or maple-blended syrup over the islands. To make caramel syrup, melt ⅓ cup sugar in a small, heavy skillet over very low heat, stirring constantly with a wooden spoon. Remove from heat. Stir in ¼ cup water. Return to heat. Simmer until smooth and slightly thick.

*Rose water is made by distilling the flowers with water or steam. It may be purchased in specialty food stores and in some drugstores.

SHAKER GINGER FLUFF

2¼ cups sifted all-purpose flour
1½ teaspoons baking soda
½ teaspoon salt
1½ teaspoons ground ginger
½ cup butter or margarine
½ cup sugar
2 eggs, beaten
½ cup molasses
½ cup dairy sour cream

Heat oven to 350°. Grease and flou 9x9x2-inch pan. Sift flour, baking sod salt and ginger together. Cream butt or margarine and sugar in large bowl u til light and fluffy. Add beaten egg mix thoroughly. Stir in molasses. A sifted dry ingredients alternately wi sour cream. Begin and end with flo mixture. Turn into prepared pan. Bal 35 minutes or until cake tester insert in center comes out clean. Serve h with Lemon Sauce. Makes 8 or servings.

LEMON SAUCE

½ cup butter or margarine
½ cup sugar
1 egg, beaten
1 teaspoon grated lemon rind
½ cup boiling water
3 tablespoons lemon juice

Cream butter or margarine and sug in top of double boiler until light ar fluffy. Beat in egg and lemon rind. Ad boiling water gradually, stirring co stantly. Place over hot water, not boili water, making sure bottom of pot do not touch the water. Cook 5 minut Remove from heat. Stir in lemon juic Serve hot. Makes about 1½ cups.

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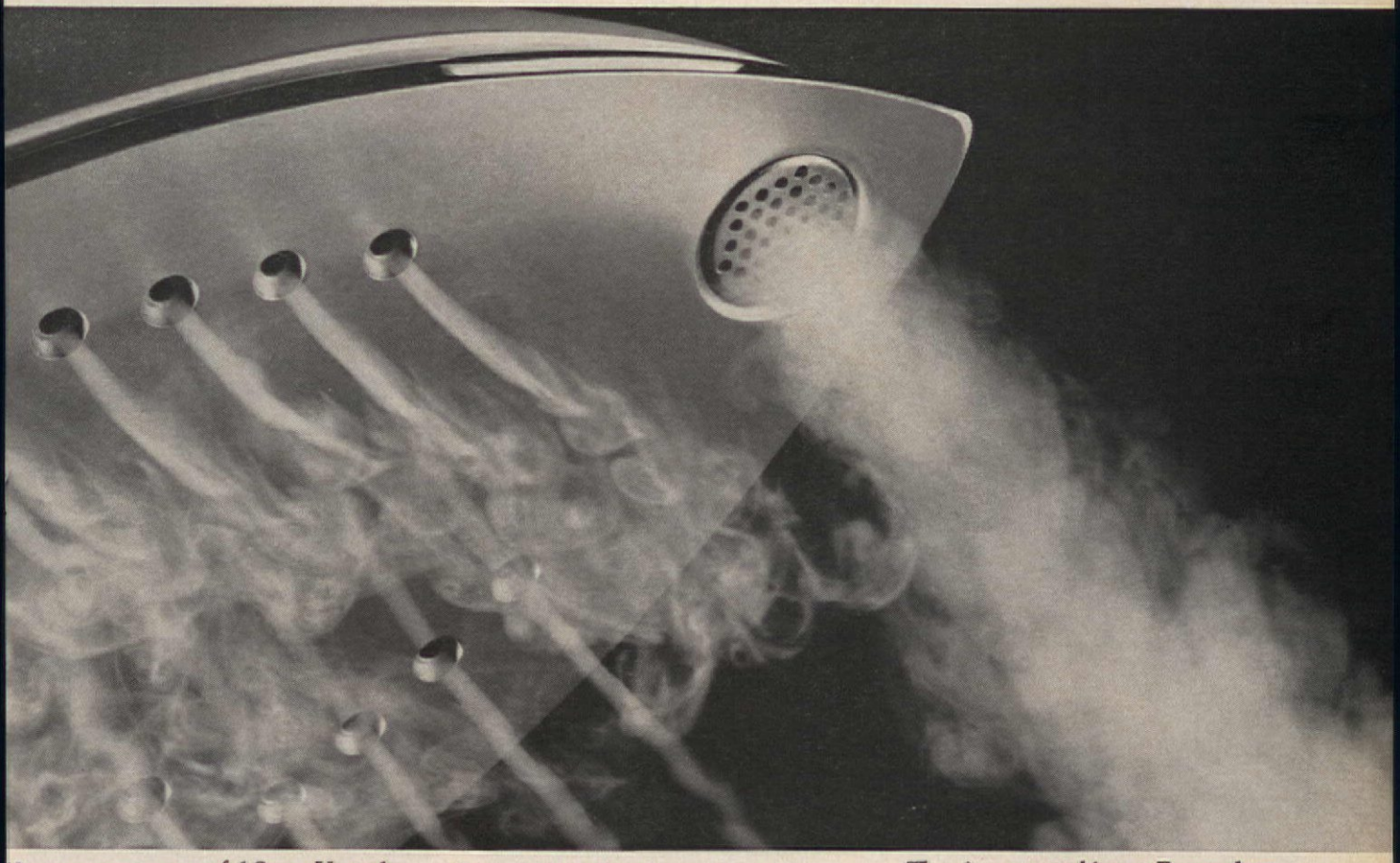

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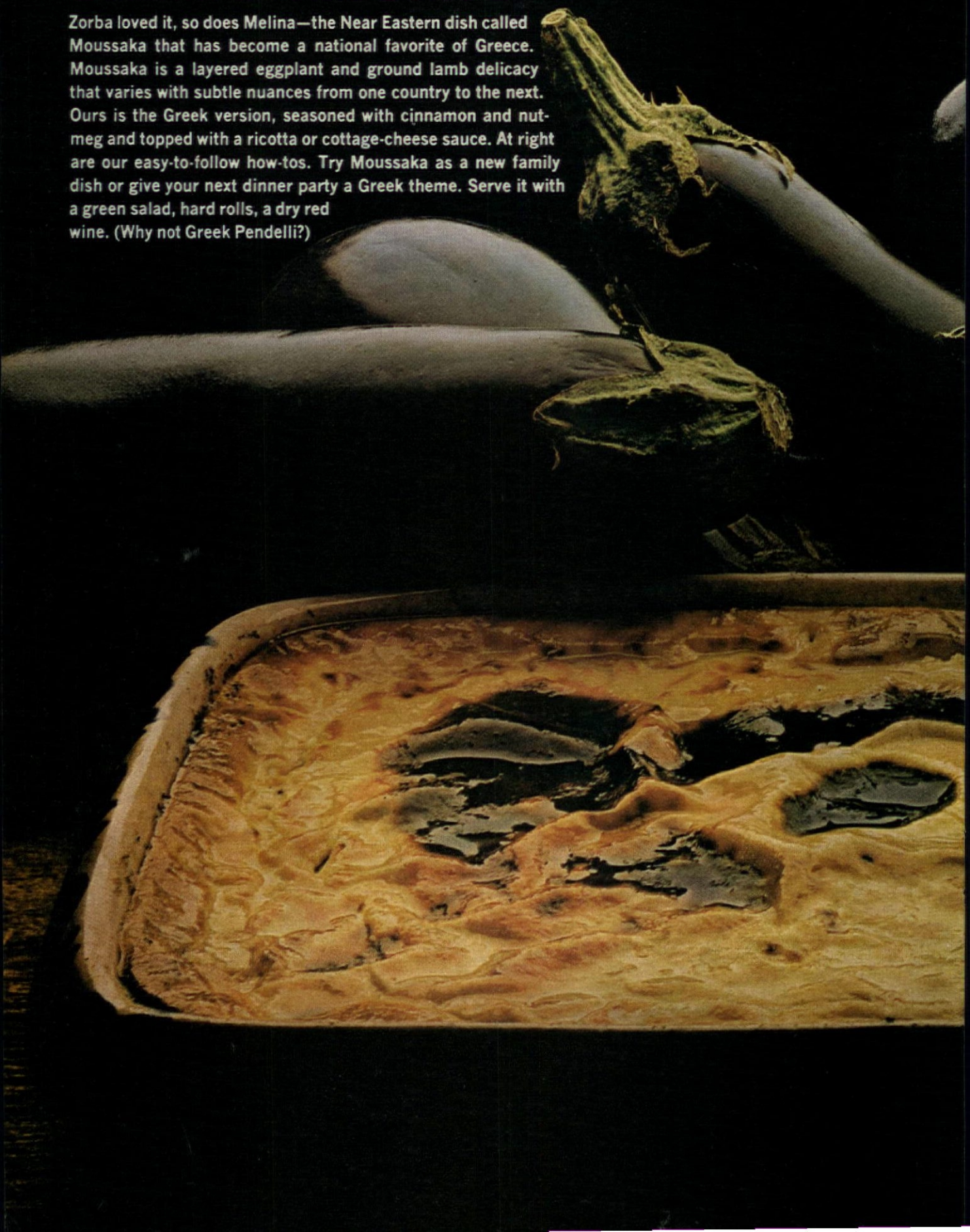
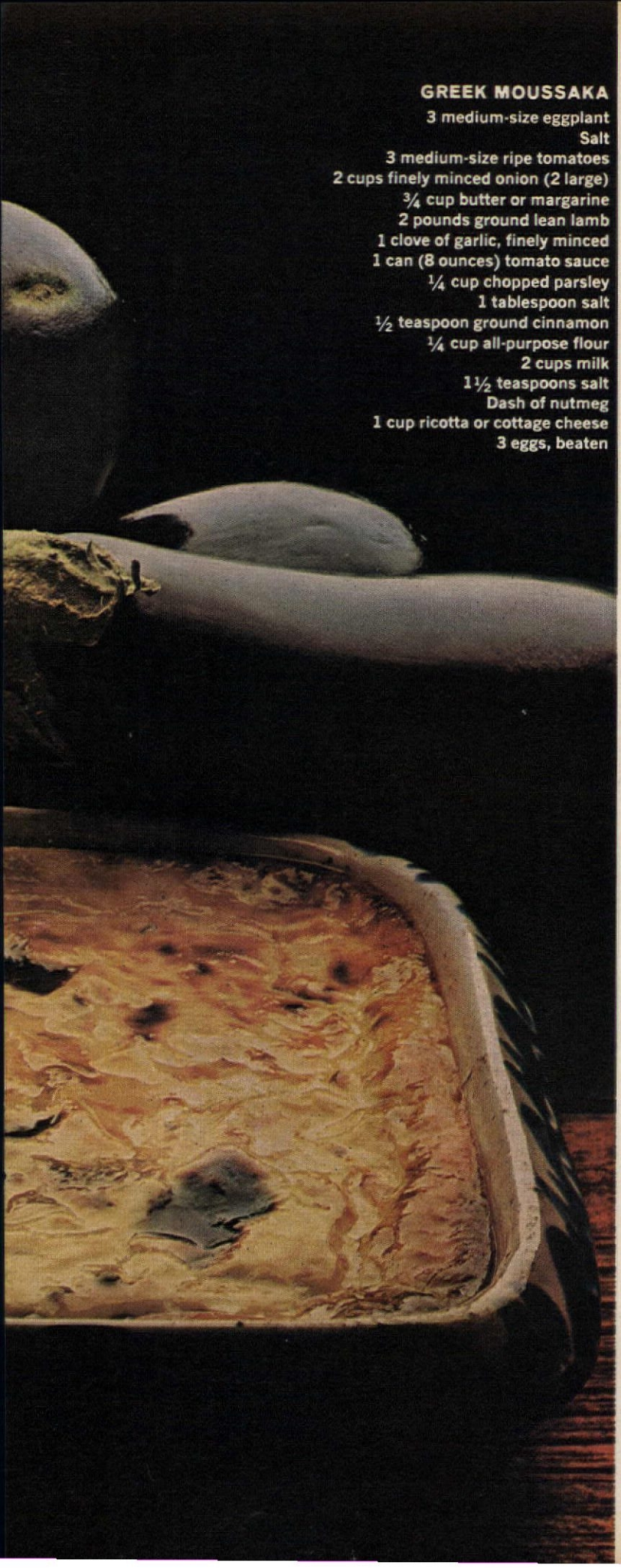
COOKING LESSON NO. 20 By Virginia T. Habeeb

GRECIAN FAVORITE

Zorba loved it, so does Melina—the Near Eastern dish called Moussaka that has become a national favorite of Greece. Moussaka is a layered eggplant and ground lamb delicacy that varies with subtle nuances from one country to the next. Ours is the Greek version, seasoned with cinnamon and nutmeg and topped with a ricotta or cottage-cheese sauce. At right are our easy-to-follow how-tos. Try Moussaka as a new family dish or give your next dinner party a Greek theme. Serve it with a green salad, hard rolls, a dry red wine. (Why not Greek Pendelli?)



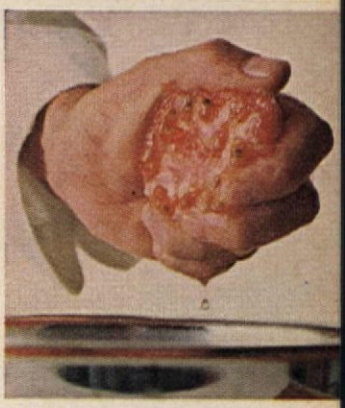


GREEK MOUSSAKA

3 medium-size eggplant
Salt
3 medium-size ripe tomatoes
2 cups finely minced onion (2 large)
¾ cup butter or margarine
2 pounds ground lean lamb
1 clove of garlic, finely minced
1 can (8 ounces) tomato sauce
¼ cup chopped parsley
1 tablespoon salt
½ teaspoon ground cinnamon
¼ cup all-purpose flour
2 cups milk
1½ teaspoons salt
Dash of nutmeg
1 cup ricotta or cottage cheese
3 eggs, beaten

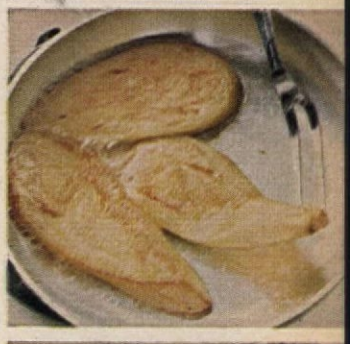
1. Pare eggplant and cut lengthwise in ½-inch-thick slices. Sprinkle with salt. Set aside to draw out excess liquid and bitterness.

2. Plunge tomatoes into boiling water for 15 to 20 seconds. Cool in cold water. The skins should slip off. Halve the tomatoes; squeeze each half gently to remove seeds and some juice. Dice the tomatoes.



3. Cook the onion in 2 tablespoons butter or margarine over medium heat until soft. Add lamb and garlic and stir to crumble meat. Add tomatoes, tomato sauce, parsley, 1 tablespoon salt and cinnamon. Cook, stirring, until most of the moisture disappears.

4. Dry eggplant. Brown on both sides in butter or margarine, using 2 tablespoons per batch. Blend flour into 2 tablespoons melted butter or margarine in saucepan. Cook 1 minute, stirring constantly. Add milk, salt and nutmeg. Bring to boiling, stirring. Boil 1 minute. Cool slightly. Stir in the cheese and the eggs.



5. Heat oven to 375°. Layer half the eggplant in 13x9x2-inch baking dish. Spoon half the meat mixture over eggplant. Repeat layers.

6. Spoon on cheese sauce. Bake 30 minutes. Brown under broiler. Let stand 15 minutes. Makes 8 servings.

Phil Marco

It's a serious business, this cereal biz. Twenty billion bowls a year—that's a lot of grain. Our p

55 million bowls every single day

"My Mom gave it to me when I was little. But I don't like plain cereal any more. And you get all those good things on the back of the box."

"It gets sort of slurpy but I like it because it gets mushy quick."

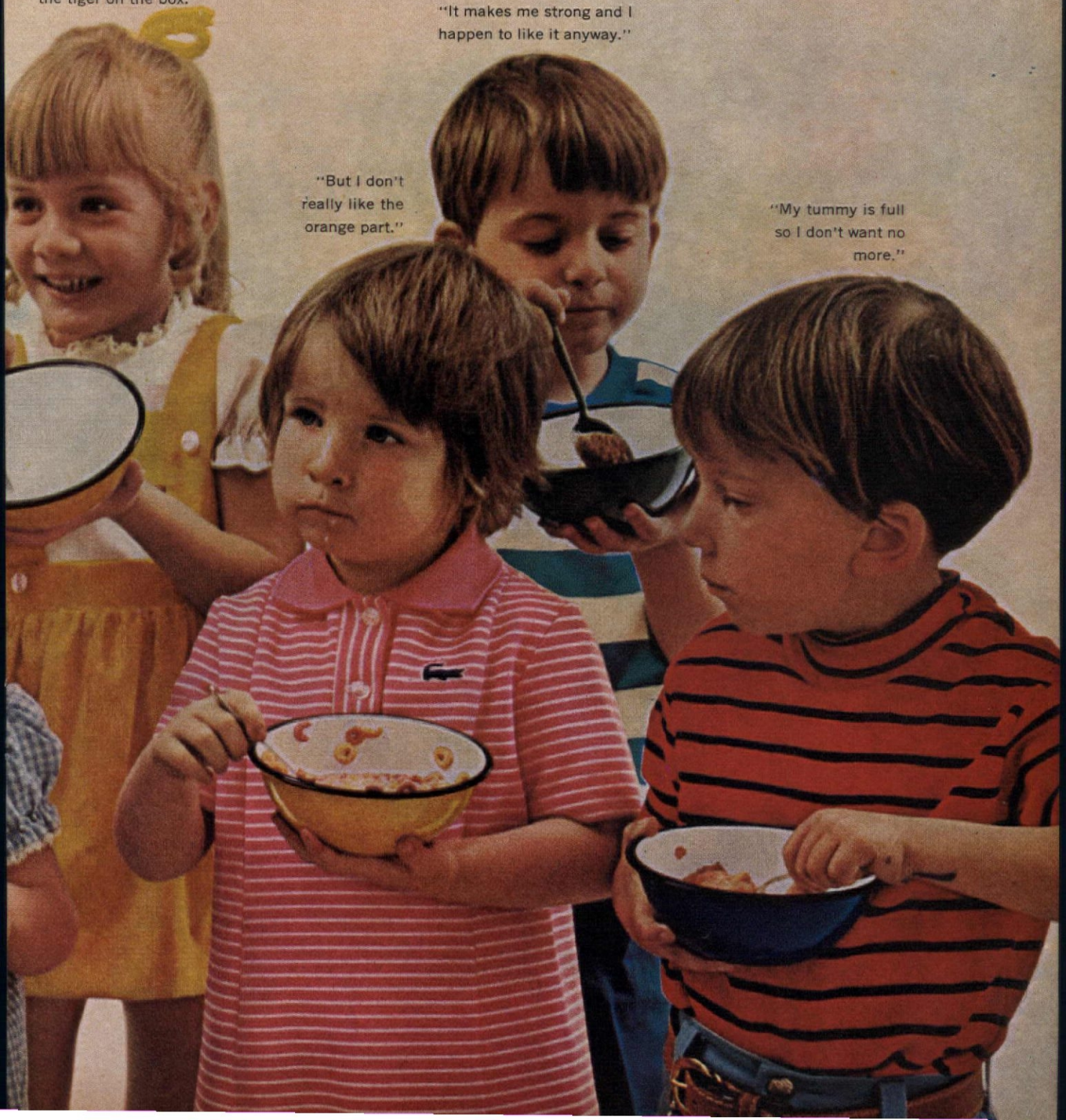
"It's good—and look. the milk comes out pink."

"I like it b
cause—I like i
And the box
red and red
my favori
color

Rudy Muller

ze interview below tells you why. If it is pink, orange, and Beatles all over, you're in.

For more about cereal, turn to page 104.



By Jeanne Lamb O'Neill

WHERE HAVE ALL THE CORNFLAKES GONE?

Snap, crackle, pop! Not to mention puffa-puffa, twinkle, krinkle, sparkle, burst, clock and smack! What would Ceres, ancient goddess of grain, think of today's cereal crop? She'd probably roll over, like oats, in her grave. Even some modern mommies do not know what to make of it all. Whatever happened to plain old cornflakes, good old grape nuts and doughty old oatmeal? Today if you want to sell cereal, you have to turn on, swing, sock it to 'em with everything your research, marketing and advertising departments have.

Now we have cereal in the shape of loops, stars, checkers, honeycombs, charms, Os and Ks, Ps and Qs and, of course, animals (the new Dr. Doolittle pushmi-pullyu critters). We have cereal in psychedelic orange, pink and yellow. We have cereal that tastes like anything but—chocolate, maple syrup, apples, berries, cinnamon, spice, you-name-it. We even have cereal with multicolor marshmallow bits.

For anyone old enough to remember Jack Armstrong, the grain gap is something to grapple with. One can't help wondering—what will the cereal m think up next? Well, probably ever they think the little ones w for next. They not only eat it, bu cording to a recent Rutgers Unive paper in the Journal of Adver Research, they also buy it—if no of pocket, out of pleadings and pou

So you can't blame the cereal p for trying to woo the cereal set bigger and better giveaways and aways, brighter boxes, cutesy-ca names, yummier flavors, kookier sh and zanier cartoon characters like winkle, Toni the Tiger and Yogi In 1968, about 1.2 billion poun tricked-up corn, oats, rice and were sold to Americans. With onl a dozen companies sharing 95 pe of the cake (while 50 others scra for the remaining crumbs), the petition at the breakfast table is

But you can't blame us for wo ing—what *do* children go for in a c Right now, there are about 75 dif kinds on the market (at least a th them new in the past five years). clear day in the supermarket, yo see the shelves of gaily colored forever. What is it that makes a go ape for one cereal and not the

The young samplers on page 10 vided a number of thought-ti answers. We turned up others i own private, nonexhaustive, o depth survey. After poking into X ber of pantries and collaring Y nu of schoolchildren, we can report they buy a particular cereal be 1) they want the giveaway insi they want the send-away on th side, 3) they like red boxes (or b green), 4) they like the funny na they like the funny shape, 6) they to be a football star, 7) they saw TV, 8) they saw it at their best fr house, 9) their best friend hasn't yet, 10) their mother said they' it, 11) their mother said they wo like it, 12) their mother said the too many cereals already and better eat the others up first—wa

So much for why children buy Now for the reason children *eat* They like it. Period. Over and again, we got the same illumi response from toddlers as well as agers and a few stray over-40s—"I know—I like it." Obviously, a the cereal that is swept off g shelves must sit around like wallf on the home shelf. Two of (conti

New Lipton Beef Flavor Mushroom Mix makes stew that seasons itself.

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Extraordinary Beef Stew

2 lbs. beef cubes
2 tbsp. shortening
1 envelope Lipton Beef Flavor Mushroom Mix
2 c. water
½ lb. fresh green beans, 4 carrots, 3 potatoes
3 onions—cut up for stew.

Brown meat in shortening, add mix and water. Simmer covered, 1½ hrs. Add vegetables, cook until tender. Serves 6.

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the boxes in his home, confided one of our young informants, had been there for years and years. He had only wanted the prize inside, and after his daddy had jiffy-assembled the stupid plastic car, his stupid dog had chewed it up anyway.

If you're between 14 and 45 you're in never-never land, cereal-wise. Little kids and old folks are the nation's big cereal consumers. Of course, maybe the Cereal Institute's now-famous Iowa Breakfast Studies will wake up some of the country's breakfast-skippers and breakfast-skimpers. The Studies proved that a good basic breakfast (fruit, cereal, milk, bread and butter) definitely makes for peppier performance at the office and better grades in school. What's more, they disprove the old wives' and dieting teenagers' tale that skipping breakfast is good for the figure. But wait, we did find one teen-ager who likes cereal. She likes a certain vitamin-packed, energy-powered, enriched, ready-to-eat-cereal so much that she can manage to go through eight big boxes in one week!

With all the new extra-peppy, super enriched cereals around today, everybody but everybody ought to be getting a raise and straight As. But we wonder how many mothers are paying u cents more a box for vitami junior would probably soak up a The fact is, the body takes onl vitamins it needs and simply to the rest. If one serving of cereal p 100 percent of the body's m daily requirements, as set up United States Government in 19 are *not* ten times better off w times that much. If any normal, l three-square-meals-a-day child of his vitamins in one full sch breakfast, aren't his lunch and vitamins just going down the dr well, the wonder is that the childr run like rabbits from all that g themness. Mothers know it ar know who they have to the dear, blessed, crazy cereal

Sure, the cereal people ma Mom up the wall with their tot ing freebies, the take-forever away-fors, endless Saturday cartoons and kooky new varieti other week. Sure, she may grip those handy resealable packag vided she gets to open them fi the half-empty boxes that go st soggy before she can sell them fickle brood, but at least the wal you're bound to get in every jo ety pack of individuals are lit boxes to throw out. She may e her pretty teeth when Sally wa Grapo—and Jimmy yells for t that puffs out of a volcano—ar will only eat what Johnny Unit But nobody can get really mad American institutions as Mr. Mr. Post et al. And nobody reall to go back to the colonists' India meal mush and porridge cooking stove all day. Today's delicious tious, in-the-dish-ish cereals greatest boon to motherhood s introduction of diaper service.

So, where have all the co gone? Nowhere, thank you. A these years and all those zing-fl zow-powered, zweet-coated Zest Zoom-Zooms (cereal makers, m offer), plain old cornflakes a the nation's number one fa Mmmmm, anyone for a m crunchy, toasty bowlful—drizzl thick, rich dairy cream—sprinkl sparkly, snow-white sugar and with red, ripe strawberries?

Jeanne O'Neill gathered a good her material at home in Towson land, where she lives with her h and two cereal-eating children.

Homemade creamy frosting won't spread this easy, taste this creamy.

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Betty Crocker Ready-to-Spread Frosting is homogenized. Homogenized so smooth it spreads easier, tastes creamier than your best butter cream frosting. Try Chocolate, Milk Chocolate, Vanilla, Butterscotch, Sunkist* Lemon or Dark Dutch Fudge. Six delicious ways to top yourself.

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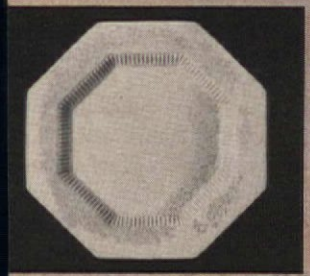
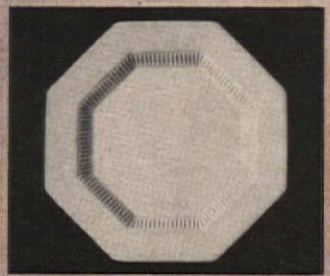
Dry-Hards are tough-to-clean foods—like fruit pie, oatmeal, meat fats, eggs, sauces—that dry and cake and stick. And stick. And stick. To plates. On forks. Filming glasses. Electrasol, fortified with 20% more active cleaning ingredients than other leading dishwasher detergents, really removes Dry-Hards. Gets your dishwasher give you cleaner, brighter, film-free dishes.



u would never perform a test like this, t it proves fortified Electrasol's superi- ty against Dry-Hards. Plate with Dry- rd paste of blueberry pie, oatmeal and g baked on for ten minutes at 330°F me out like this when washed in another ding brand. Any dishwasher detergent n remove soft food soils. The ultimate st for effectiveness is on a Dry Hard.



Same Dry-Hard plate—but cleaned in Electrasol, fortified with 20% more active cleaning ingredients than other leading brands. Electrasol removes tough Dry-Hard soils like blueberry pie, oatmeal and egg—prevents them from drying into spots on dishes, glasses and silverware. Try Electrasol. It's especially designed to give you cleaner, spot-free dishes.

Good Housekeeping GUARANTEES

ECONOMICS LABORATORY, INC., St. Paul, Minnesota

The perfect pasta should be served at once—pronto, pronto. Use plenty of salted water—6 quarts of water and 2 tablespoons of salt for a pound of macaroni or spaghetti and not less than 4 quarts of water for a pound of egg noodles. If you wish, add a tablespoon of olive oil to keep it from sticking together. Cook pasta until it is firm, but not hard, all the way through. (This is what the Italians call *al dente.*) Drain it in a large colander, then return it to the pan in which it was cooked or put it in a heated serving dish.

CHICKEN AND MACARONI À LA REINE

2 whole chicken breasts
Salt
Pepper
2 tablespoons butter or margarine
1 cup finely minced onion (1 large)
2 tablespoons flour
½ cup dry white wine
1 can (13¾ ounces) chicken broth
1 cup heavy cream
1 package (8 ounces) shell macaroni, cooked and drained

Skin and bone chicken breasts; cut each in half; season with salt and pepper. Melt butter or margarine in skillet over medium heat. Sauté breasts on both sides for 2 minutes, regulating heat so as not to brown the meat. Add onion to skillet; place breasts on top of onion. Cover. Reduce heat to low; cook 8 to 10 minutes or until chicken is tender. Remove breasts; reserve. Sprinkle flour over onion; mix well. Stir in wine and chicken broth. Bring to boiling. Stir in cream. Simmer 5 minutes. Correct seasoning to taste. Return chicken breasts to sauce. Simmer until meat is heated through. Arrange chicken over macaroni in serving dish. Pour sauce over chicken. Makes 4 servings.

SPAGHETTI ALLA CARBONARA

½ pound sliced bacon
2 eggs
½ cup grated Parmesan cheese
½ teaspoon salt
⅛ teaspoon pepper
1 package (8 ounces) thin spaghetti or vermicelli, cooked and drained

Cut bacon in julienne strips. Brown in large skillet. Drain on paper towels. Beat together eggs, cheese, salt and pepper. Place spaghetti in warm bowl. Add bacon and egg-cheese mixture. Toss quickly to coat spaghetti evenly and thoroughly; the heat of the pasta will cook the raw eggs. Makes 4 servings.

VARIATION: Replace half the bacon with ¼ pound of cooked ham cut in julienne strips and sauté 2 minutes in 2 tablespoons butter or margarine. Proceed as in the recipe above.

SPAGHETTI WITH SAUSAGES

1½ pounds Italian sweet sausages
1 cup minced onion (1 large)
2 green peppers, seeded and diced
1 clove of garlic, finely minced
1 can (1 pound) tomatoes coarsely chopped
1 can (8 ounces) tomato sauce
1 teaspoon leaf oregano, crumbled
½ teaspoon salt
2 tablespoons chopped parsley
1 pound spaghetti (linguine) cooked and drained

Cook sausages in large skillet over low heat until browned on all sides. Remove from skillet. Reserve. Add onion and green peppers to drippings remaining in pan. Cook 5 minutes. Add garlic, tomatoes, tomato sauce, oregano, salt and 1 tablespoon parsley. Return sausages to skillet; bring to boiling. Reduce heat; simmer 20 to 25 minutes. Correct seasoning to taste. Serve over spaghetti. Sprinkle with additional chopped parsley, if desired. Makes 4 servings.

SPAGHETTI WITH SHRIMP

2 tablespoons butter or margarine
1 cup finely sliced celery
½ cup minced onion (1 medium)
1 pound small shrimp, shelled and deveined
1 cup water
1 small clove of garlic, minced
2 tablespoons lemon juice
½ teaspoon salt
Dash of pepper
1 tablespoon melted butter or margarine
1 tablespoon flour
1 cup heavy cream
1 pound spaghetti, cooked and drained

Melt 2 tablespoons butter or margarine in saucepan over low heat. Add celery and onion. Cook until celery is tender, stirring occasionally. Add shrimp; cook just until pink. Add water, garlic, lemon juice, salt and pepper. Bring to boiling. Cook 1 minute. Remove shrimp with slotted spoon. Keep warm.

Combine melted butter or margarine and flour. Add to liquid in saucepan. Cook over medium heat, stirring constantly, until sauce has thickened and is smooth. Stir in cream. Bring to boiling. Correct seasoning to taste. Return shrimp to sauce. Pour over spaghetti. Makes 4 servings.

VARIATION: Substitute meatballs for sausages or use them with sausages. Mix 1 pound ground chuck, 1 cup soft bread crumbs, 2 tablespoons chopped parsley, 1 egg, 2 tablespoons grated Parmesan cheese, 2 teaspoons grated onion, ½ teaspoon salt and ¼ teaspoon pepper. Shape into small meatballs. Brown on all sides in ¼ cup olive oil.

NOODLES WITH VEAL SAUCE

2 tablespoons butter or margarine
1 pound veal, cut in ½-inch cubes
1 cup finely minced onion (1 large)
1 clove of garlic, finely minced
½ cup dry white wine
1 can (8 ounces) tomato sauce
1 can (13¾ ounces) chicken broth
½ teaspoon salt
Dash of pepper
½ teaspoon leaf oregano, crumbled
2 tablespoons melted butter or margarine
2 tablespoons flour
½ pound noodles, cooked and drained
1 tablespoon chopped parsley

Melt 2 tablespoons butter or margarine in saucepan over medium heat. Sauté veal until lightly browned. Stir in onion and garlic. Cook 2 minutes. Add wine, tomato sauce, chicken broth, salt, pepper and oregano. Bring to boiling. Cover. Reduce heat and simmer 35 to 45 minutes or until veal is tender. Just before veal is cooked blend melted butter or margarine with flour. Add to sauce; stir until sauce thickens and is smooth. Correct seasoning to taste. Arrange noodles in serving dish. Place veal and sauce in center. Sprinkle with chopped parsley. Makes 4 servings.

FETTUCINI AL BURRO

1 package (1 pound) medium egg noodles
½ cup butter
2 cups grated Parmesan cheese

Cook noodles according to package directions; drain. Return to pan. Add the butter. Toss, adding 1 cup cheese gradually, until butter is melted and noodles are well coated. Serve at once. Pass remaining cheese in separate dish. Makes 4 servings.

VARIATION: Fettucini All' Alfredo is prepared as above, except for the addition of ½ cup warm, heavy cream when you add the butter. Continue as for Fettucini Al Burro.

SPAGHETTI WITH WHITE CLAM SAUCE

2 cans (8 ounces each) minced clams
½ cup olive oil
2 large cloves of garlic, finely minced
½ cup chopped parsley
1 package (8 ounces) spaghetti, cooked and drained

Drain clams. Reserve liquid. Heat oil in skillet over medium heat. Sauté garlic for 1 minute, being careful not to let it brown. Add parsley and clam liquid. Simmer 3 to 5 minutes. Correct seasoning to taste. Add clams; heat through. Serve over spaghetti. Makes about 4 servings.

ALL RECIPES TASTE-TESTED IN AMERICAN HOME KITCHENS

Improve your

ICE CREAM

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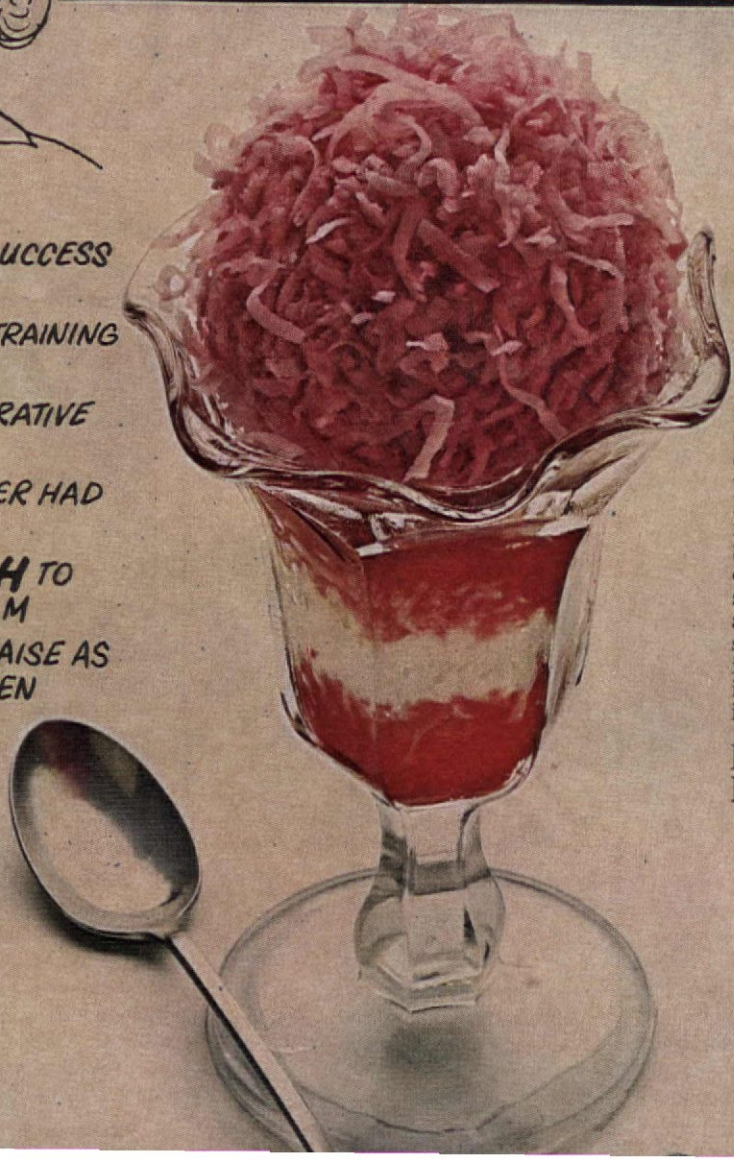
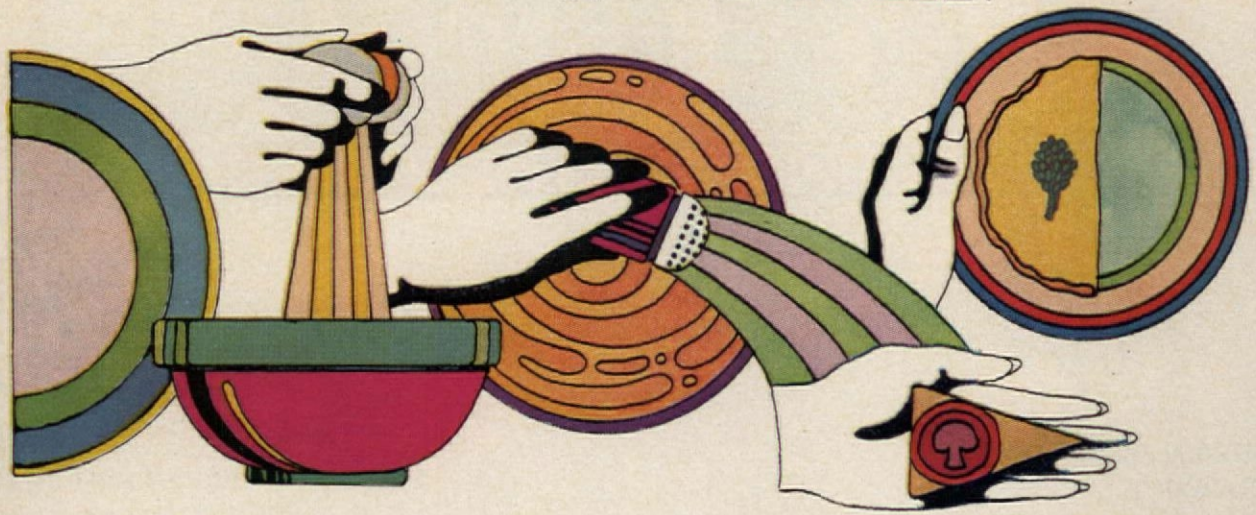


Coconut Snowball Sundaes

Start with about 1⅓ cups of Baker's® Angel Flake® Coconut. Place half in a pint jar, add a few drops of red food coloring. Cover, shake until coconut is evenly tinted. Scoop 1 quart of vanilla ice cream into 8 balls. Roll 4 in pink coconut, 4 in remaining plain coconut. Spoon strawberry sauce in each dish, add plain coconut snowball. Top with more sauce and pink snowball. Makes 4 servings. (Use chocolate sauce if desired.) Now, isn't that an improvement over plain ice cream?

Baker's Coconut. Desserts deserve it.

THE ABCs OF THE OMELET



To make a perfect omelet—one that is soft in the center and firm on the outside—you must practice and master some techniques. Once you learn the tricks, you'll be proud to show them off in front of your guests (see page 84).

Use a utensil that is rounded where the bottom and sides meet. It can be a skillet, a special omelet pan or the small blazer pan of a chafing dish. First, season the pan. Scrub it until it is bright and shining; wash and dry it. Put in vegetable oil to a depth of one inch and heat 20 minutes over medium heat. Pour off the oil. Wipe the pan with a paper towel.

Omelets can be made on the range or in one of the new table-top-cookers. When using these, you cook over alcohol, canned heat or with butane fuel. It takes just a little more time to cook over alcohol or canned heat.

Omelets cook quickly and should be served at once. Keep the party small—four to six people—and have everything ready including a variety of fillings to offer your guests for their selection.

5. The butter or margarine must be hot when the eggs are added. When the foam subsides, pour in the eggs. If by some mischance, the butter or margarine turns brown, throw it out, wipe out the pan and start over.

6. Now begin stirring the eggs in a circular motion with a wooden spoon or the flat of a fork, bringing the edges toward the center. Stir until free liquid begins to set.

7. Pat the omelet with the spoon or the back of the fork so that it lies flat in the pan. Let it stand for a few seconds.

8. The omelet is now ready for you to roll. If you plan to fill it, the

10. Hold a warm serving plate in your left hand. Grasp the pan handle in your right hand, palm up. Tilt the pan and let the omelet roll over on itself and onto the plate. Makes 1 serving.

THE FILLINGS

Tomato Omelet: Sauté 2 tablespoons minced onion in 1 tablespoon butter or margarine. Add 4 peeled and quartered tomatoes (canned or fresh), ½ teaspoon salt and ½ teaspoon sugar. Simmer gently, uncovered, 10 minutes. Spoon on omelet before folding. Enough for 4 omelets.

Mushroom Omelet: Add 8

©Sears, Roebuck and Co.

"Our Kenmore self-cleaning oven from Sears could pass even a mother-in-law's inspection," says Eve Arden.

The delightful film, stage and TV star Eve Arden ("Our Miss Brooks," "The Mothers-in-Law," etc.) lives in a charming green farmhouse in Hidden Valley, California. (With husband, actor-artist-rancher Brooks West, their four children, two dogs and a horse.)

Besides filling the house with his paintings and her needlework, the Wests like to cook.

"Brooks is the creative cook in this family," says Eve Arden. "And now I let him barbecue chickens to his heart's delight—because I don't have to clean up after him. We've got a new Kenmore stove from Sears, Roebuck and Co. Our old stove was a Kenmore, too. But this one has a *self-cleaning* oven.

"Now, instead of coping with the splatter and grease after Brooks' barbecues, I just lock our Kenmore's door, turn on the 'clean' cycle, set the timer, and walk out of the kitchen.

"My Kenmore oven cleans *itself* to perfection. Front, back, every corner.

"Our new Sears Kenmore also has a top oven and a rotisserie. We also got the vent that keeps smoke out of your kitchen. Why pay more when a Sears Kenmore gives you so much."

Sears Kenmore Stove

for women who want the best even if it does cost less.

BUYER'S GUIDE TO

TABLE COOKERS

Table cookery is a marvelous way to entertain. Hostesses like the idea because they can serve a simple menu with sophisticated flair and never disappear into the kitchen. Besides the traditional methods of cooking with chafing dishes and fondue pots—using canned heat or alcohol burners—there are gas-fired butane cookers and a versatile variety of automatic electric utensils more handsomely styled than ever. Your repertoire of recipes can include Swiss fondue, fondue Bourguignonne, seafood Newburg, steak Diane, cherries jubilee, Japanese sukiyaki, veal Smetana, chicken livers sauté, beef Stroganoff, chocolate fondue, crepes Suzette and café brûlot.

The pots and pans come in bright enamelware, plain or fancy; traditional earthenware; copper and sleek stainless steel. (On page 85 you see Vollrath's new stainless-steel table cooker and blazer pan or skillet that we used for our omelet party. Table cooker, $20, 8½-inch skillet, $13.)

A cheese fondue pot is usually earthenware. It is shallow but wide so that there is plenty of room for eager dunkers. A beef fondue pot is generally metal—stainless steel, enameled metal or copper. It is deep and rounded and narrow at the lip to keep hot oil from spattering about. The chafing dish is essentially a glamorous double boiler. Water is put into the bottom pan and heated. The gentle heat from the bubbling water does the cooking of the food in the top pan. This is why the chafer takes so well to the cooking of delicate sauces. Top pan or blazer (or there may be a separate blazer-crepe pan or skillet) goes directly over the flame for fast-frying, sautéing or flaming. As you can see, the traditional table-cooker designs and recipes have been developed to cook foods successfully with the single flame of the alcohol or canned-heat burners.

Stainless-steel beef fondue pot, stand, tray. Ekco, $20; set of four wooden-handled forks, $4.

Copper utensils by Revere. Crepe pan, $25; stand, $25; sauce pan, $20; and casserole, $20.

Gas cooker has two individually controlled burners. Ronson, $45.

Swiss fondue pot. La Cuisiniére. Stand, $15.50; pot, $12.50.

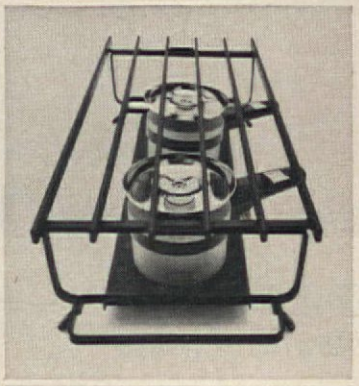


Table range coordinated with West Bend's other utensils. $29.

Versatile skillets. Front, General Electric, $36; back, Presto, $33.

Smokeless, spatterless rotisserie-broiler. Toastmaster, $40.

All prices approximate

The slow-heating earthenware of the cheese fondue pot absorbs the heat, thus slowly warming the delicate cheese sauce. The oil used in the beef fondue pot and the water used in the chafer perform much the same job—absorbing and tempering heat and spreading it evenly. For chocolate fondue, use either a chafing dish or an earthenware metal pot. Fondue pots and chafing dishes are somewhat limited in their use, but who cares? They are great fun and produce superb food within their limitations, adding dramatic flair to your entertaining.

For those times when you don't care to confine your table cooking to the glamorous recipes of the chafing dish or those of fondue pots, gas-fired electric table ranges or automatic appliances will do a great job. With these portable appliances there is usually an instruction book that includes a selection of recipes that will help you vary your party menus from simple to gourmet. The gas-fired units, with controlled heat, use any cooking utensil. They have a spread flame (instead of the single, piercing flame of the alcohol or canned heat burner) and low- medium- or high- heat settings. Among the electric appliances, automatic skillets rank as favorites for table cooking, but in your enthusiasm, don't forget the existence of automatic griddles, waffle irons, corn poppers, kabob cookers and table ovens. For those who want the best of two worlds, there is even an electric fondue pot.

BUYING TIPS

When you buy table cookers, check them at the store for the following:

Be sure the cooking stands are sturdy and sit firmly on a flat surface. The pot or pots should fit securely and snugly. There should be a tray underneath the stand unless your cooking surface is of heat-resistant material.

The utensil material should be a good heat conductor.

The handles should be comfortable and easy to grip—long enough that there is no danger of your hands touching the hot metal—and should be made of heat-resistant material.

Look for easy-cleaning features such as smooth, seamless surfaces, rounded corners and no crevices to harbor food particles.

Pans should be evenly balanced, both standing on their own and when set on the stand or table range.

You may want a variety of table cookers to go with a variety of menus and party themes.

TIPS FOR USING

Be sure to follow directions for your own particular table cookers.

Keep your menus simple and memorize your recipes before you attempt to cook for guests.

Prepare the ingredients ahead of time and place them in their proper order on a pretty tray.

For fondue parties, plan to have one fondue pot for every four or five people.

Every person has not only a regular set of utensils, but also a fondue fork which is used to cook beef or seafood or dip bread into cheese sauce in the case of cheese fondue.

When serving beef fondue, it will save waiting if you heat the oil in the fondue pot in the kitchen then bring it to the table to be put over the burner of the set.

Keep your guest list small; this is an intimate way to entertain.

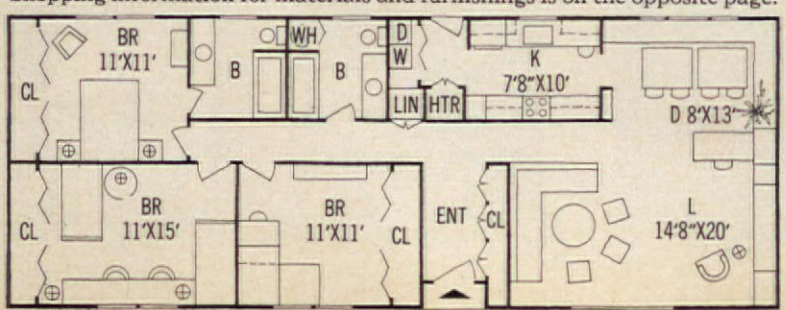
By Barbara Karr

WHEELING HOME IN STYLE (continued from page 73)

Deluxe Homes is now turning out 100 of their factory-built houses each month and it is just one of many companies that are in mass production. The $16,000 price tag including painting and carpeting. Cost of delivery to your site is approximately $1 per mile from Berwick, Pennsylvania. The house is manufactured in two sections so that it can travel on U.S. highways and is bolted together on arrival.

In redesigning and decorating this house we worked with the standard model and made relatively few changes. We simplified the plan for the average family by eliminating one of the four bedrooms to enlarge the other three, and then added a second bath. The same technique converted a back hallway into additional kitchen space, giving it a pass-through linen closet.

We created an entry by repositioning and enlarging the guest closet and gave every bedroom a wall-to-wall closet. On the outside, the white clapboard exterior with shutters has a pleasing appearance to make it a welcome addition to its neighborhood. Above, a big helping of strong color and bold graphics in fabrics is framed by painted plywood at the feet of the two beds in the girls' room. The total look is neat, compact, built-in. Shopping information for materials and furnishings is on the opposite page.



Bill Ward

SHOPPING INFORMATION

Merchandise listed here is available in leading department and specialty stores. If you cannot find it, write to American Home, Reader Service, 641 Lexington Ave., New York, N.Y. 10022, for additional information. Retail stores are listed with their cities. Items not listed may be privately owned or custom made.

CRIB QUILT
PAGE 24: Crib, Children's Workbench, N.Y.C.

JEWEL BOX ON A CONNECTICUT LAKE
Page 64: Rugs, Scandinavian Marketing Associates, Inc. Throw pillows, D/R International, N.Y.C. On dining table, napkins, D/R International. Other accessories, Bonniers, N.Y.C.

LUNAR CAPSULE HOUSE
Page 71: Capsule dress is from Marianne Ohm of Sweden.

WHEELING HOME IN STYLE
Page 72: Paneling, Ranchero, U. S. Plywood. Bookcases of Duraply, U. S. Plywood. Carpet, Rain or Shine, Chris Craft Industries, Inc. Plates, Georg Jensen, N.Y.C. Red chairs, The Workbench, N.Y.C. Flag pillow, Raymor, Inc. Folding desk chair, Nana, The Otto Gerdau Co. On desk: Lamp, Macy's, Herald Square, N.Y.C. Telephone, Trimline, Bell System. Scrapbook, Azuma, N.Y.C. Wall decorations: Marimekko fabric, D/R International, N.Y.C. Kite, calendar, Azuma. **Page 73, top:** Carriage House cabinets, Del-Mar. Micarta counter tops, White Windows, U. S. Plywood. Bifold doors, U. S. Plywood. Olefin carpet, Field Straw, Ludlow. Oval mirror, Macy's, Herald Square. Items on shelves: Striped plates, yellow vases, salt and pepper shakers, Georg Jensen. Orange stool, Scarabaeus, N.Y.C. **Bottom:** Sofa, ottomans, cigarette box, lighter, floor lamp, Raymor, Inc. TV, RCA. **Page 114:** Walls of Stribord textured hardboard, U. S. Plywood. Olefin carpet, Field Daisy, Ludlow. Fabric for bedspread, Chevron, Unika-Vaev Corp. Lamp, Raymor, Inc. Purple chair, The Workbench. Print, Raymor, Inc.

SHAKER LEGACY
Page 74 (From left to right): Hanging candle sconce, $15. Tin candlestick on sconce, $4. Shaker pin board, $10 for a 15" section with 5 pegs (also available in 12" and 24" sections). Square table, $37.50. Ladder-back chair, $45. Rag rug, 3x5', $24. From Shakertown at Pleasant Hill, Harrodsburg, Ky. 40330. Oval, wooden boxes in 13 sizes, $7 to $29. Spirit drawing, Tree of Life, $15 unframed. Pine towel rack, $30. From the Guild of Shaker Crafts, Spring Lake, Mich. 49456.
Checked linen, $11 yard, Greeff Fabrics Inc. Double cupboard, Shaker red finish, $225, Guild of Shaker Crafts, Inc. Triple hanger, on pin board, $1.50. Shakertown at Pleasant Hill.
All prices are approximate. For information on ordering write to the above.

PASTA
PAGE 86: Pottery dish, Bonniers, N.Y.C.

COOKING WITH Kellogg's

ice-creamy pineapple pie

New, no-bake refrigerator dessert you make with Kellogg's Corn Flake Crumbs and Dole Crushed Pineapple.

1 cup KELLOGG'S® CORN FLAKE CRUMBS
2 tablespoons sugar
⅓ cup regular margarine or butter, melted

* * * * * * * * * * * * *

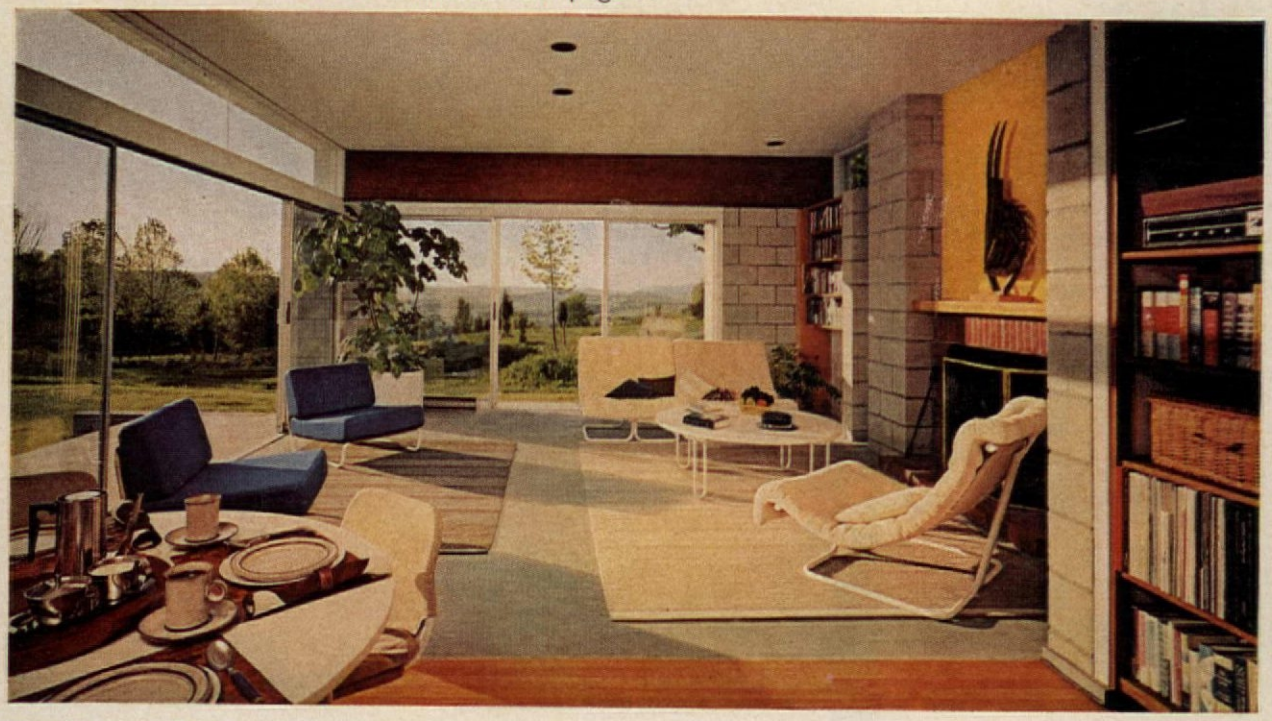
1 cup milk
1 3⅝-ounce package instant vanilla pudding mix
1 pint vanilla ice cream, softened
2½ cups (1 lb. 4-oz. can) DOLE* CRUSHED PINEAPPLE
1 tablespoon cornstarch

1. Combine Corn Flake Crumbs, sugar and margarine in 9-inch pie pan; mix well. With back of tablespoon press Crumbs mixture evenly and firmly around sides and bottom of pie pan. Chill.

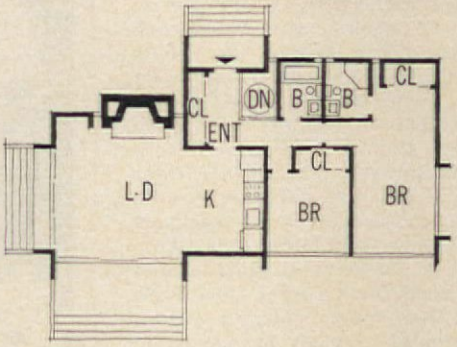
2. Pour milk into large mixing bowl; add pudding mix and ice cream. Beat slowly 1 to 2 minutes or until well-blended. Pour into Crumbs crust; refrigerate.

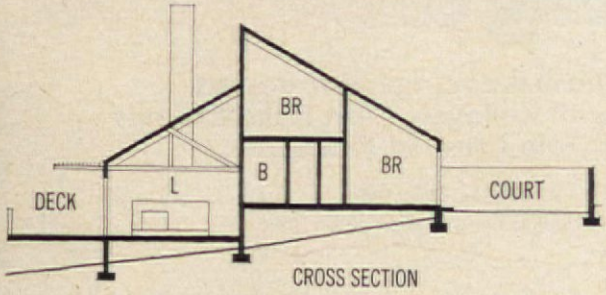
3. To make Pineapple glaze, drain Crushed Pineapple reserving ½ cup syrup. In small saucepan, combine cornstarch with small amount of syrup until smooth. Stir in Pineapple and remainder of the ½ cup syrup. Bring to boil over medium heat stirring constantly until thick and clear. Refrigerate until cold. Spread evenly over pie. Chill about 1 hour before serving. **Yield:** 8 servings

©1969 by Kellogg Company ®Kellogg Company *Reg. T.M. of Dole Co.

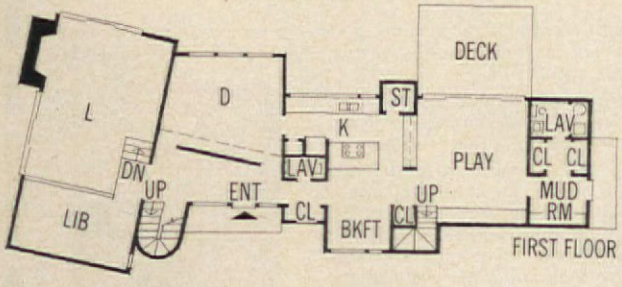


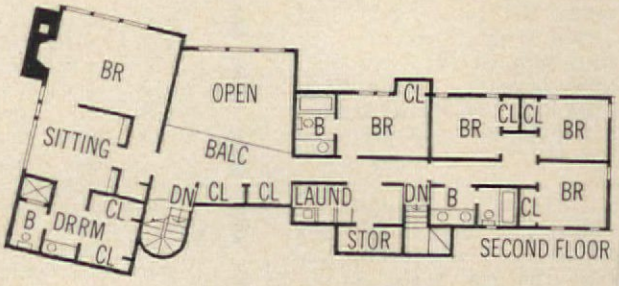
The plan of the Porter house, shown on pages 64 and 65, is forthright and compact. There are two baths and a study that doubles as a guest room. Later, two more bedrooms will be added in the basement. The living-dining area, has two sides of glass to catch the view. The furniture is sturdy, comfortable and remarkably economical. The lounge chairs at left retail for $100 and the chair at right is $140. The group, designed by Rudd Eckstrand and Christer Normann, is called Formula and is sold by Dux Incorporated, a Division of General Interiors.





The Spyglass Hill houses, shown in color on pages 66 and 67, are basically variations on a theme. A highly developed form of the split-level idea, the houses accommodate themselves to the slope without excessive site work. Placed in groups around a courtyard, each house has a private garden and entry on higher ground. Bedrooms are also on this level. Stairway in center of house (where upper and lower sections join) leads up to another bedroom and down to living areas. The difference in height between two sections is adjusted to suit the terrain.





The angled plan of the Frederick Weitz home, on page 63, follows a bend in the nearby river. The adult areas are in the "tilted" part of the plan, the children's spaces and a back stairway in the other half. There is a mud room and playroom on the first floor and on the second floor, a girls' suite with three bedrooms and a bath, and a boy's room, with its own bath. The parents have a suite with bedroom, sitting area and dressing room. Curved tower at front contains main stairway. The two-story dining room has skylights to transform it into a greenhouse.

Vinyl hits the ceiling!

From Armstrong: Smart, new designs in washable ceilings!

Vinyl is beautiful to start with. And, because it's so easy to clean, it *stays* beautiful. That's why the Ceiling Masters at Armstrong have put vinyl on a special new line of ceilings.

New Armstrong vinyl-coated ceilings are *truly* washable. The tough, durable vinyl coat protects the beautifully textured design—keeps it looking fresh and new. And the vinyl coat won't absorb normal household dirt or grease or grime, so your ceiling stays clean longer.

Visit your building-supply dealer and see all the beautiful Armstrong vinyl-coated ceiling designs. They come in easy-to-install tiles (12″ x 12″) or panels (2′ x 4′). They can all be fitted with attractive companion light fixtures. Many are acoustical. And they're all reasonably priced. Materials for a 12′ x 14′ room cost as little as $42.

Let vinyl hit the ceiling in your home . . . in any room. The Ceiling Masters at Armstrong would like to send you a free booklet with all the facts. Write to Armstrong, 6909 Rand Road, Lancaster, Pa. 17604.

Armstrong

creators of THE INDOOR WORLD

LUNAR CAPSULE continued

LESSON FROM THE FINNS

By Stuart Wrede

The Futuro house you see on page 69 was designed by Finnish architect Matti Suuronen who originally was commissioned to design a ski house for a client who required something that could be heated quickly in below-freezing weather. His first idea was an igloo built of plastic blocks with skylights. He brought the idea to the Polykem Corporation, a company specializing in plastic domes and skylights in Finland, where eventually it evolved into the present mass-production design. Today it is being manufactured in 11 countries.

In this country, it is being manufactured under license by the Futuro Corporation of Philadelphia. It is worth noting that this innovative, mass-produced vacation house was not the product of some corporate giant with an enormous research staff, but rather of a small company where a few individuals seized upon the idea when it presented itself and said, "Let's do it."

More about the house itself: It sits firmly on a tubular steel ring four feet above the ground, with four V-shaped legs transferring the weight of the building to small concrete piers in the ground, the only foundation necessary. The piers can be made as tall as necessary on any side to accommodate the house on all but the steepest land. The house is entered by means of a retractable stairway in the underbelly. The stairs operate by counterweights; from the inside, you crank the stairs up or down. This makes it impervious to burglars.

The living area is about 500 square feet. Built-in furniture units are placed around the edges of the circle to utilize the space where the ceiling is lower. The floor of the Futuro is set quite a bit below the halfway level of the cross section. This leaves an 11-foot ceiling in the center and space underneath the floor to contain utilities, heating and air-conditioning equipment. Sixteen oval windows are spaced evenly around the circumference and four more in the observation-deck area.

The unit is electrically heated and operates on a positive-pressure ventilating system—which is a necessity as all the double-paned acrylic windows are sealed. The house can be hooked up to the outside utilities, where they are available, but for remote areas, independently operated chemical toilets and water tanks are offered.

The structure very neatly solves the insulation problem that initiated the whole design effort. The panels that form the walls are support, wall surface and insulation all in one. This stressed-skin construction uses two-inch-thick fiber-glass sandwich panels, with polyurethane-foam insulation inside. These are bolted together to form the house. The joints are chemically sealed to give a completely maintenance-free, weatherproof exterior. The house can be heated from minus 20 degrees to 72 degrees above in less than half an hour.

Since the walls are self-supporting there is no need for interior posts. It also results in a lightweight unit that is easily transported.

For easy acquisition and installation the Futuro house enjoys all the advantages of a mobile home. You can just fly it in by helicopter and plug in its electrical pigtail. The only prior work necessary on the site is the preparation of the four concrete piers.

The house will retail for $10,000 bare, i.e., with no furnishings. Complete with built-in furniture and equipment it sells for $14,000. Shipping costs, air conditioning (if desired), and hooking up utilities at the site are extra but would exceed about $2000 only in certain extreme cases.

Five- or ten-year financing is available from the manufacturer. An all-risk insurance policy is provided for all financed units and is optional on other units. The estimated life span of the house is over 30 years.

The Futuro is available for Class I or II fire ratings and is suitable for sparsely developed areas or in towns which accept National Building Codes.

It comes in white, pale blue, yellow, forest green, and pink.

The makers of the Futuro are aware that they cannot compete with mobile homes on a price per square foot basis. Fourteen thousand dollars, however, is a reasonable price for a furnished vacation house and for most vacationers the 500 square feet is plenty. The Futuro is aimed at people who want an elegantly designed, distinctive vacation house without having to go through the time, effort and expense required to have an architect design one for them.

Helicopter delivery, of course, is the jazzy way to lay your nest egg (or egg nest, if you please). This is an idea long contemplated but never tried on a large scale. The present units, shipped in 1

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sections, weigh 8500 pounds, complete with furnishing. This is too heavy for all but the largest helicopters. They will continue to be shipped in by truck and assembled on the site. This will cost $600 to $700 per 500 miles. The new model, in top and bottom halves, is 1000 pounds lighter, thus making helicopter transportation feasible within a range of 300 to 400 miles. It will likely cost $1000 for every 100 miles—expensive. It will almost certainly become cheaper with the end of the war in Vietnam, when an enormous number of pilots and helicopters will be diverted to civilian use.

Although the Futuro has a sleekly complete air about it, it is still undergoing modifications and improvements. The dining table is being increased to a 48-inch size. The bed has been made a rectangular three-quarter size one instead of the slant-edge one originally used. Still, there is little provision for storage, the chairs aren't all that comfortable and people would probably prefer to use sleeping bags rather than making their beds up every night and stripping them in the morning. The house can accommodate up to eight people but this is not very desirable for much longer than a weekend or a short ski vacation. For longer stays, four people would seem to be a maximum. Even so, the kitchenette and bathroom would be taxed. The bathroom could be improved by using a separate stall for the toilet. These deficiencies are probably the result of designing an economical wrapping and later trying to fit in all the impedimenta for comfortable living.

Leonard Fruchter, the head of the Futuro Corporation expects to produce 10,000 houses next year. With leasing arrangements to companies, and with plans to promote them as motel and resort units, as cabanas, classrooms, drive-in banks, field offices and shopping centers, there seems to be a bright future for the Futuro. The knowledge gained from this modest project may eventually contribute to developing new models and techniques necessary to produce high-density, low-cost industrialized housing needed in this country. And well it could, for the Futuro itself seems to fit in everywhere. A hotel chain in Africa wants them because they are so easily air conditioned and termite-proof as well. What more can you ask. END

Stuart Wrede is a fourth-year graduate student at the Yale School of Architecture and co-editor of *The Yale Architectural Journal*. He is also a native of Finland, the land that produced the Futuro house.

PICK, DRY AND KEEP continued from page 79

Many dried flowers can be bought at your florist. Available are baby's breath, Queen Anne's lace, thistles and wood roses, along with the pods of lotuses and poppies and dried artichokes and okra. A superior new commercial process called Tenaflowers, soon to be available nationally, preserves the colors of even very delicate blossoms. However, there is no need to limit yourself to what is on sale when it is so easy and cheap to do your own drying.

There are several methods of drying flowers. Whichever you follow, pick only blossoms that are perfect at the peak of their color. However, roses dry better if picked just before full bloom. Discard any flowers that are bruised or faded. Pick the flowers when they are not damp with rain or dew—late in the afternoon is a good time, or in the morning after the dew has dried. Do not try to work when the weather is damp.

The simplest way of drying is to let the air do it. This method works best with ferns, weeds, goldenrod and feverfew. Strip off the leaves. Tie a bunch together loosely with string. (A bunch means about six stalks of Queen Anne's lace or two dozen of grass—and it's best to keep the bunches all one of a kind.) Hang the bunch upside down in a cool, dark, airy room. For a variation of color, you might dry some of the grasses in the sun—they will fade, like streaked hair—then mix them with other flowers. To dry large blooms, such as zinnias and chrysanthemums, cover a box with wire mesh. Cut the flower stems to about two inches and slip them through the wire so that the mesh supports the blossoms.

An attic makes an excellent drying place, but a cellar is apt to be damp. After a few days take a look and throw out any with mildew. Just how fast the flowers dry depends on their size and the dryness of the weather. In about two weeks check again and if the flowers are dry and crisp they are ready and can be covered with a large plastic bag to keep off the dust until you want to use and display them.

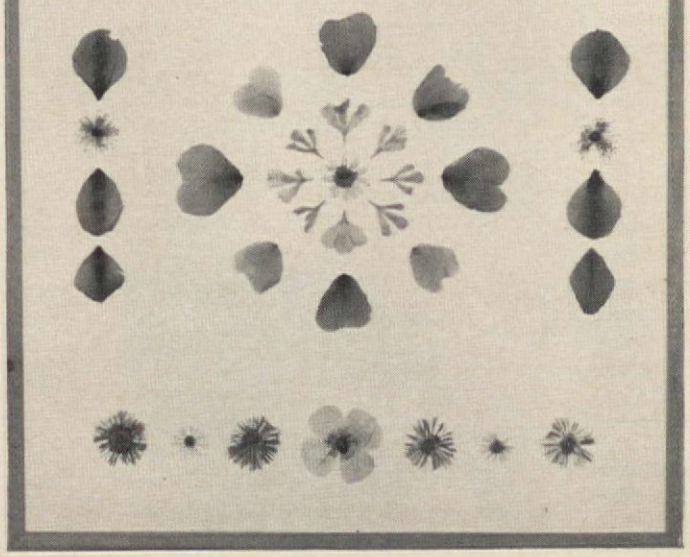
Another simple way to dry flowers is to press them. This is a very good way to dry ferns and leaves, but it also works well with flowers, especially if you start pressing within half an hour after picking. Very small delicate flowers can be pressed as is; big flowers should be taken apart and pressed petal by petal. Use a heavy telephone book as a press or an old book with vellum pages if you have one you don't mind staining. It's best to use two clean white blotters and to put a heavy weight on top of the book. Never open to check on the drying process—still-damp flowers may stick and pull apart. Leave flowers for three or four weeks for best results, and afterward handle them with tweezers. Keep blossoms flat in the book until you use them.

The ways to use them are only limited by your imagination.

One fascinating new thing to do with pressed flowers is to compose your own petal pictures on panes of glass. Put the petals together as your eye tells you—in an accidental cluster or a delicate pattern. Just use a dab of clear plastic glue to attach the back of the petal to a pane of glass. Cover with a second pane and fasten with tape or, preferably, a wood or metal frame. Keep the flowers of the same thickness. Almost any flower can be mounted in this way—asters, marigolds, nasturtiums, sunflowers, roses—if you remember when pressing to take apart the larger blooms. You might make an all petal-picture entirely out of flowers picked and pressed while on a trip to a foreign country. Or all the flowers might come from your own garden.

If possible, place your glassed-in flowers against a plain background so that they make a lovely silhouette. Try making a winter window garden in an old window frame, like the one made by French Designer Jean-Pierre Durante in the photograph on page 79, or abstract patterns like the others he designed on these pages. You might decorate a kitchen window in this fashion.

Some of the most spectacular dried flowers result from burying the full blossom in a substance that draws out the moisture but leaves the color fresh and bright. White beach sand can be used, provided it is washed, dried and warmed just enough to be comfortable to the hand. The warmth draws the moisture and kills any bacteria in the sand that might cause mold; too much warmth, however, will curl the petals. A better method, especially for soft-petaled flowers like pansies, is to bury them in a mixture of five parts cornmeal to one of borax. This method is cheap, takes from one to three weeks, and works quite well although sometimes it leaves the flowers a trifle dusty. The best method is to use silica (continued)



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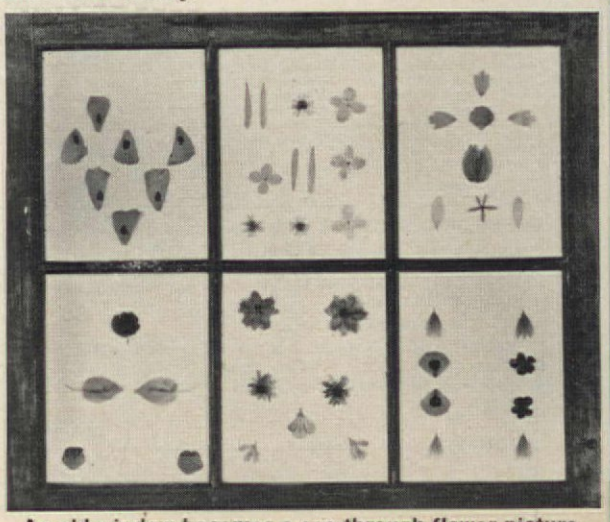
1

PICK, DRY AND KEEP continued

gel because it works very fast—from two days to a week—and leaves flowers with an astonishingly bright, fresh color. Silica gel can be easily bought under the trade name Flower Dri. A five-pound can may cost about $7, but the chemical can be dried out in the oven and reused indefinitely. Cut the flowers with an inch or two of stem, except for flowers like stock and delphinium whose stems are to be retained. (These directions also apply to using borax or sand.) Take a container with a tight lid—a cookie tin or fruitcake tin is excellent—and pour about two inches of the silica crystals into the bottom of the container. Most flowers dry best face up. Space the flowers so that they are well apart. Don't try to do too many at a time. Sift the crystals carefully around the blossoms and between the petals. Cover each flower with about an inch of the silica gel. If there is room to process another layer, try to stagger the rows of flowers; too much weight on the blossom will spoil its shape. Stalk flowers like larkspur may look better face down and should be dried in that position. Lilies and snapdragons, for instance, may have to be dried in a pail because of their length. When the flowers are completely covered, seal the container with tape. After about 48 hours pour off some of the silica crystals very gently and see if the petals are crisp and dry. If so, they are ready. If not, put them back for a day or two. But be careful; if the flowers are dried out too much they become brittle and almost impossible to handle.

Silica crystals must be used absolutely dry. They are packaged with telltale crystals which turn from blue to pink if the crystals are damp and need to be dried out in the oven. It's a good idea to process the flowers in a warm, dry room. Generally the stems have to be replaced; this is done by inserting a short piece of floral wire up the cut-off stem and bending it back to form a little hook. The shrinkage of the flower as it dries helps to secure the wire.

Dried flowers can last several years, but they do need to be kept away from moisture. For instance, they don't hold up well in bathrooms. In addition, Tenaflower and other chemically dried flowers are likely to wilt in summer dampness. Make a point of placing your dried-flower arrangements in air-conditioned rooms, or pack them away in a jar or plastic bag with a few crystals of silica during the humid midsummer months. But no matter how you keep your dried flowers, you must not expect them to last forever. After all, they are real flowers and that's their beauty. END



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Bob Frost

Do you have a question, a comment, a reaction, a problem, a gripe, kudos? Write to *Dear American Home*, a new feature designed to bring you, the reader, into closer dialogue with our pages. The lightest, liveliest and most provocative letters will be published each month.

REQUESTS ANSWERED

Many of us would love to see you devote an entire issue to one particular period and style, ranging from Early American to French Provincial to modern. I could then throw away my two huge files of collected AH clippings.

Mrs. Lloyd Painter
Monmouth, Maine

See page 74 for American Treasury: A Rich Shaker Legacy. There will be more Treasuries in future issues.

I like your magazine and enjoy the fresh, modern approach to decorating, but please remember some of us still love our antiques and semi-antiques.

Mrs. Don Ketchmark
Des Moines, Iowa

CHRISTMAS IS COMING

Last November I purchased three Christmas ornaments in your kit to complete myself, and have never enjoyed myself so much as making them. I sincerely hope you will have something of the same type to offer this fall.

Mrs. C. Mechavich
Waite Park, Minnesota

Look for them in October!

OBJECTIONS

Decorators will do anything *for sensationalism; case in point is the house featured in your June issue called "That's Pucci." The house is decorated like a child's playroom, and it is a deplorable situation when the housewife must choose the color dress she must wear rather than go "against" the furnishings.*

Mrs. T.A. Jones
Norfolk, Virginia

You criticize and highly disapprove of Spanish-Mediterranean-styled furniture (American Home, *May*). *As a great proponent of this style of decorating, and one who has decorated her whole house in this manner, with a little Mexican thrown in, I object!*

Mrs. William Tenebrusc
East Meadow, N.Y.

WHAT ARE THEY?

I saw the idea that two young architects used on page 62 (American Home, *April*)*—crash pads. My man and I have scoured the streets of Philadelphia only to be met by blank stares, and "What's a crash pad?"*

Betsy Oswald
Philadelphia, Pa.

Crash pads are used in practice for parachute jumping. Try an Army Surplus Store.

Will you enlighten me as to the meaning of the word "greige"?

Gloriajoyce Page
Sherman Oaks, California

Greige is the French word for fabric in an unbleached, undyed state before finishing. In the U.S. it is called "gray goods" or "grey goods." Greige also describes a color between gray and beige.

Could you please tell me if marzipan and almond paste are the same thing?

Mrs. C. Rubinger
Bronx, New York

Almond paste is nothing more than ground, blanched almonds. Marzipan is the candy made from almond paste. It usually consists of sugar, egg white, and a flavoring such as orange blossom or rose water.

LADY, BE BRAVE!

I have noticed that it is almost impossible to find fabrics and accessories in colors that are considered passé. Will I be making a mistake with an avocado-gold scheme?

Mrs. E. T. Prouty
St. Albans, Utah

If availability is your only criterion—stop. This combination is on the way out. But if these are really your favorites, take a chance and go ahead.

COOKING PROBLEMS SOLVED

Please explain how to beat egg whites until "stiff but not dry."

Mrs. Peggy J. Maduke
Toronto, Canada

To beat egg whites until stiff but not dry means that the whites are airy, moist, glossy, soft and elastic. They stand in peaks that droop over a bit when the beater is raised. Until this state is reached, don't stop beating.

I would like to ask why, when making scallop potatoes, the milk always curdles. What am I doing wrong?

Mrs. C.E. Beyer
Proctor, Minnesota

There are two ways to keep scalloped potatoes from curdling. The milk must be heated before adding to the potatoes, and be sure your oven temperature is not higher than 350°.

I would love to know how to keep raisins from falling to the bottom of my cakes and muffins. I've boiled, strained and floured them and they

ill go to the bottom while baking.
Mrs. V.A. Mayo
Long Island City, New York

ot every cake batter is thick enough support dry ingredients such as nuts d dried fruits. If your batter is thin, opping the raisins coarsely will reduce e chance of having them sink.

hen making a cream sauce or avy—if allowed to boil the sauce ill never thicken. Is there an planation for this?
Mrs. C.E. Masters
Buffalo, New York

here are several thickening agents at will not thicken a sauce or gravy they are overcooked. Cornstarch and rowroot are destroyed by overcooking. owever, both these starch products ust be brought to a boil and then refully timed to avoid overcooking. hen egg yolks are used to thicken a uce, boiling will cause the sauce to rdle and become thin. If flour is being ed as the thickening agent, sauces d gravies should be brought to boiling cook the raw flour. When you are eparing sauces and gravies be certain follow cooking instructions carefully.

y family loves dry mushrooms, t they are very expensive. Can the esh variety we buy in the stores dried?
Mrs. J. Strazzulla
Pacific Grove, California

e American Mushroom Institute ggests that mushrooms be dried by nning a string through the center of mushroom stem and on through the o. Make knots in the string, sepa- ing mushrooms at least one inch. ng mushrooms outdoors on dry, ny days. After several days, hang m in a dry, airy room. To use them, ce mushrooms in any bowl that is not tal. Pour over hot (not boiling) ter to cover. Put tight lid on and let nd 20 minutes. Drain well. Replace and let stand 15 minutes to plump again. Use as usual.

CORATING DILEMMAS

ould like to keep my new couch an for as long as possible. I've en using a couch cover but have en told that this causes too much ar on the upholstery fabric. What ould I do?
Mrs. K. Peck
Covington, Kentucky

continued

If you're an expert, you might get away with it. If not, you'll find all the help you may need in 1,001 Decorating Ideas. The Fall issue is full of ways to make your home a more interesting place to live in. Things you can do yourself.

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Stop worrying and realize that fair wear and tear is a fact of life. And remember, it takes quite a bit of living to turn a house into a home.

Our home is furnished in a mixture of French and English antiques. In our living room there is a Chesterfield sofa and a pair of Chesterfield love seats upholstered in antique gold velvet. The Victorian chair is done in aqua silk. Would a white shag rug be correct?

Mrs. M. Mills
APO, New York

No, it would not. Your scheme sounds somewhat formal and a shaggy rug or carpet is always considered informal. An aqua velvet carpet would be prettier.

MOBILE HOMES ARE IN

I have just bought a mobile home—is there anything I can do to make it more elegant?

Mrs. S.Z. Anne
Beachwood, Ohio

Too many people think of elegance as the red velvet and gilt look. Real elegance, like real taste, is much harder to define, but it has a lot to do with appropriateness. The look that we think is appropriate for a mobile home, factory built or sectional home is illustrated on page 73.

I am going to be married this month and my husband and I will live for the next two years, until we both finish college, in a second-hand trailer. I would like to make the trailer look more like a house and less like a box than most of them do.

Patrice Jose
Presque Isle, Maine

Happy Wedding! We hope we've answered your question too.

EARLY AMERICAN

Help! As an avid reader (and subscriber) to your magazine I've decided to write and ask a favor. Lately, your magazine has been featuring op, pop and pow in color schemes and decorating ideas—have you forgotten us Early American nuts?

Here's hoping I twisted your arm just a little bit.

Margaret E. Raso
Tappan, New York

END

FREE! Take this Giant American Eagle

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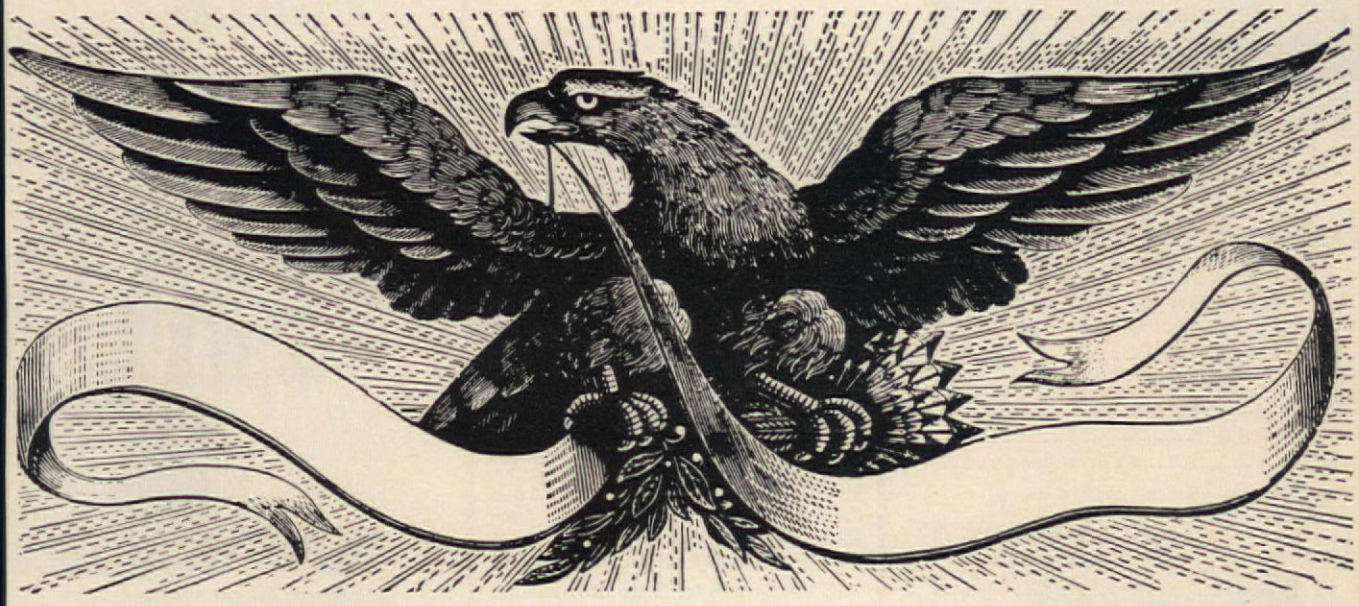

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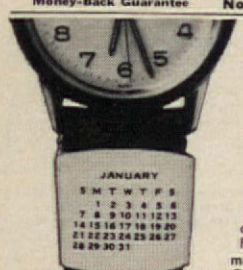

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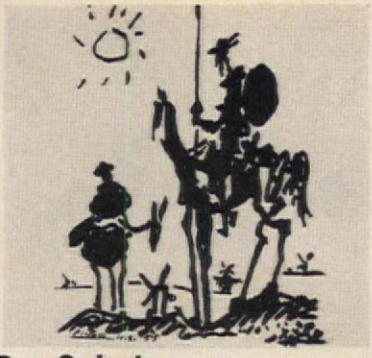

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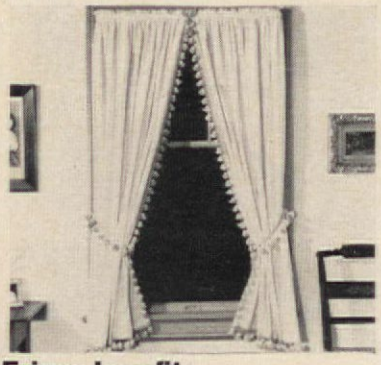

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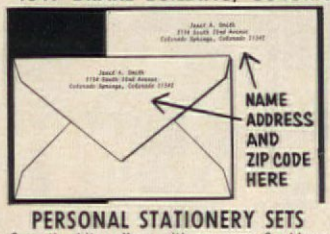

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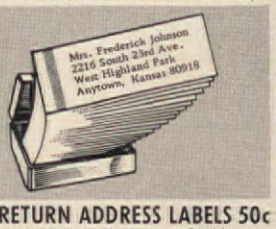

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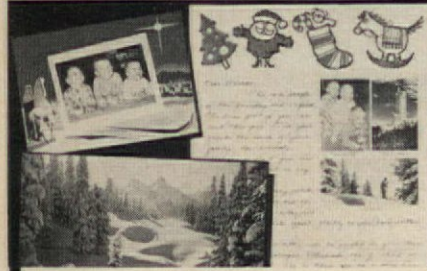

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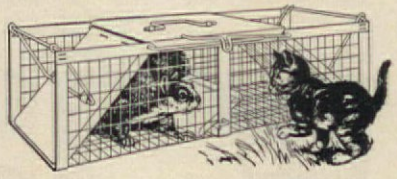

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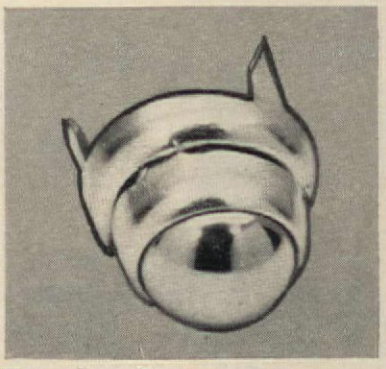

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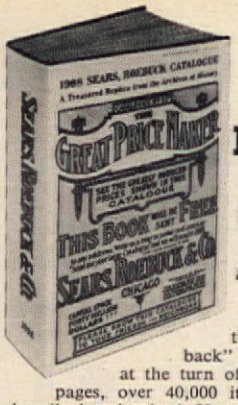

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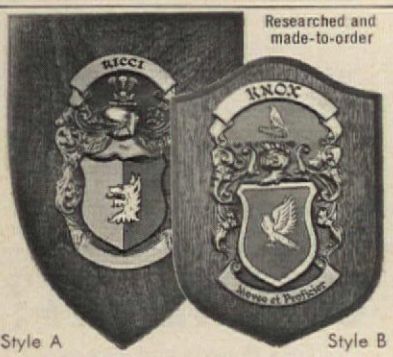

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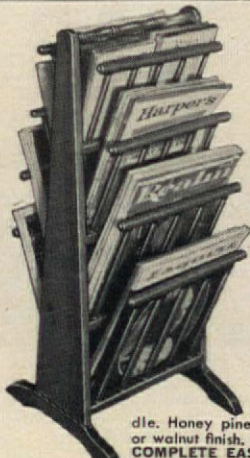

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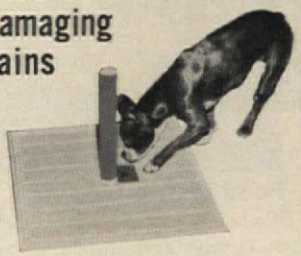

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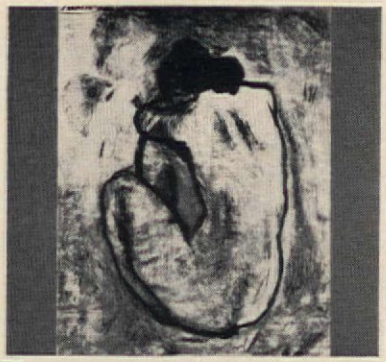

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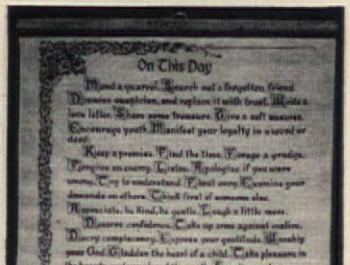

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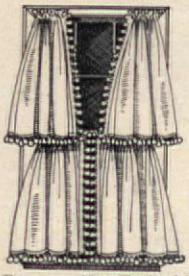

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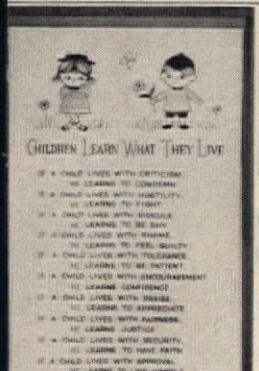

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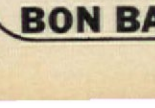

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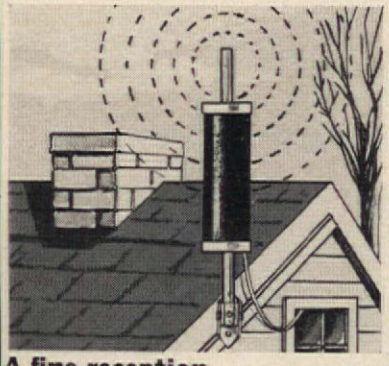

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DENIM COFFEE COAT in the western manner

Look fresh and trim for day-long activities in our jiffy snap-up Coffee Coat of washable, fine Cotton Denim. Red or Blue with white monogram and stitching. (Specify initial) Sizes 10-18 and 38-44.

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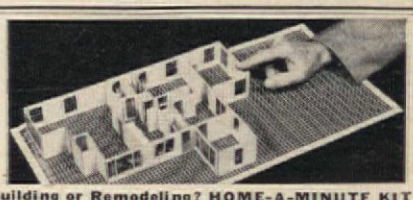
CHINA DOLLAR

only 10¢

Uncirculated nickel silver dollar minted in 1960 to Commemorate 50th anniversary of The Republic of China (Formosa)...only one to a customer...a beautiful coin and ONLY 10¢. SUPPLY LIMITED! SEND TODAY. Sent with illustrated coin catalog, plus selections of coins to examine. Buy any or none return balance. Cancel service at any time Send name, address, zip number and 10¢ for your China Dollar to: Littleton Coin Co., Dept. CK-14, Littleton, New Hampshire 03561.



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Tablecloths

52"	x 52"	$5.95	Napkins, 14" sq. 1.75 pr.
52"	x 72"	8.50	Place Mats, 12" x 18" 2.50 pr.
62"	x 90"	10.95	Round Tablecloth, 72" 14.95
62"	x 108"	12.95	

All prices ppd. Send 25¢ for catalog

Jenifer House Dept. A-99
Great Barrington, Mass. 01230

GENUINE "HUMMEL" PLAQUES with MINI-EASELS

A) B) C) D)

IN FULL COLOR

ONLY $2.49 EA.

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Surely a Gift to be remembered for a lifetime. We have selected the 4 most popular full color "HUMMEL" Prints and mounted them on walnut stained wood plaques size 3¼" x 3½". Each beveled edge plaque comes with its own walnut stained mini-Easel. Choose from a) Boy w. Pup b) Girl w/Chick c) Boy w/Bunnies d) Girl w/Lamb. For charm, originality, and earthy beauty, we can think of no finer gift or possession. **SATISFACTION GUARANTEED.**

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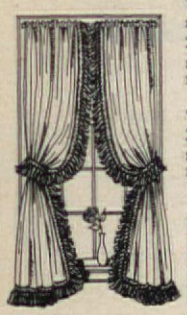
CURTAIN CHARM
with Bedspread Fringe



UNBLEACHED MUSLIN

80" wide per pair
45", 54", 63", 72" long — 10.50 pr
81", 90" long plus 4" fringe — 12.50 pr

BLEACHED MUSLIN

74" wide per pair
45", 54", 63", 72" long — 12.50 pr
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MATCHING VALANCE

Unbleached muslin 9" long plus 4" fringe x 80" wide — 3.25
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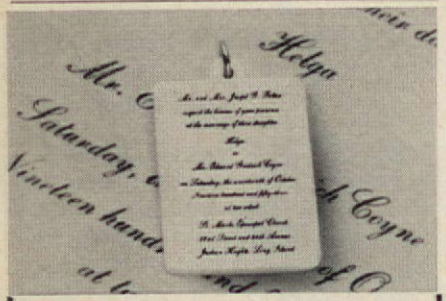
Please add 50¢ to each order for handling.

The inspiration for these curtains came from a Colonial museum in Vermont. They have that wonderful rare feeling of pre-revolutionary New England. They look attractive with antiques, reproductions, and Empire period furniture. In washable bleached and unbleached muslin with a matching knotted 4" fringe. Write for brochure showing full line of Country Curtains in many sizes and fabrics.

COUNTRY CURTAINS
STOCKBRIDGE, MASS. 01262, Dept. 61



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Here's a pretty memento sure to please any bride—a sterling or gold charm that's an exact replica of the wedding invitation! We will photograph it, then reduce it and etch into the metal. Great for all kinds of special announcements. ¾" x 1⅛". Sterling: $10. 14-kt. gold: $30. Ppd.

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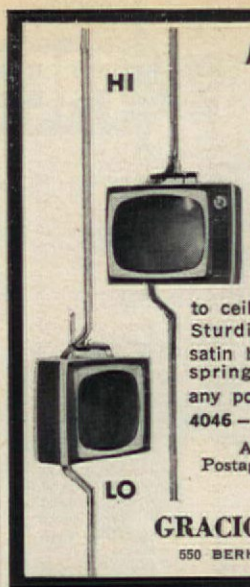

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HI

Hi for bedtime viewing; lo for sit-down viewing. A modern decorator touch that takes only a little floor space. No installation is necessary. Adjusts to ceilings 76" to 94". Sturdily constructed, satin brass finish; steel spring tension. Holds any portable up to 19".

4046 — TV Pole $9.95

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Portable bed board

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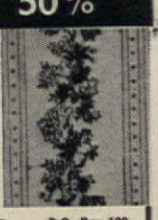

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POSITIVE PROOF—FOUND 100% EFFECTIVE IN ENDING THE OVERWEIGHT PROBLEM FOREVER!

"Yes! I lost 84 lbs. of Ugly Fat... In only 2 short months!!"

HERE IS MY ALMOST UNBELIEVABLE STORY ON HOW I LOST 84 POUNDS OF EXCESS WEIGHT IN ONLY 2 SHORT MONTHS . . . NO DIETING . . . NEVER HUNGRY . . . NO CALORIE COUNTING . . . NOR DOCTOR'S PRESCRIPTIONS.

In July of 1965 I came across an article written in a leading women's fashion magazine about an entirely new method to end the fat problem forever. This article told how a Viennese doctor, after 14 years of endless scientific study, finally came upon the real reason why some people can eat like horses and never gain a pound, while others, like myself, could eat like a bird and put on pound after pound of ugly fat. Disbelieving this doctor's theory, myself, I thought I would try this method, for I had nothing to lose, but some time and plenty of excess weight. To my utter amazement I was able to eat! eat! and eat! those pounds away! Wasn't hungry at all . . . and the more I ate the faster and more weight I lost. Could this really be true? Was there something wrong with me physically that I don't know of? Was my scale wrong?? . . . and what I saw in the mirror untrue? Well believe me it worked like a miracle, and I've remained slim and trim ever since. Yes, I'm 84 pounds lighter and what a difference it makes on my health and appearance.

Here I am Fat, Uncomfortable and Unattractive.

Now this is what I Look Like after Losing 84 lbs.

THIS IS THE RATE OF SPEED THAT THE FAT MELTED AWAY AS I USED THIS METHOD ! !

"I LOST 23 POUNDS OF EXCESS WEIGHT IN THE FIRST 2 WEEKS. I LOST A TOTAL OF 44 POUNDS BY THE END OF THE FIRST MONTH AND I WENT ON TO LOSE A TOTAL OF 84 POUNDS BY THE END OF THE SECOND MONTH!!"

TOTAL WEIGHT LOST = 84 POUNDS IN ONLY 60 DAYS!

NOW! YOU CAN ACTUALLY OVEREAT AND LOSE POUND AFTER POUND

And lose weight as fast as you like and best of all increase your vitality and improve your physical condition while you shed those excess pounds and inches.

EAT, EAT, THOSE POUNDS AWAY PERMANENTLY! YES, BELIEVE IT OR NOT THE MORE YOU EAT THE MORE WEIGHT YOU LOSE!!

Let's face the facts. I know as well as anyone how hard it was for me to lose even a few pounds before I came upon this wonderful new technique. How I starved and deprived myself of the joys of eating delicious tasting foods that I loved so much. . . . And how sometimes I would watch others gorging themselves while wondering to myself: "Was it all worth it?" . . . and even so if I did lose a few pounds, the weight kept coming back faster than I lost it . . . plus more. Now this depressing story is in the past. . . . Since I came upon this Sensational Discovery.

MY AMAZING PLAN IS RECOMMENDED THROUGHOUT EUROPE AND IS USED BY THOUSANDS OF OVERWEIGHT PEOPLE WITH COMPLETE SUCCESS AND SAFETY!

Yes! Now with the use of this Amazing Method I could lose as much as or as little weight as I desired and so can you . . . by following my simple directions.
I call my Method "BEL-DOXIN". Yes, the "BEL-DOXIN" Method was certainly my means of ending the "FAT PROBLEM" and the answer for Tens of Thousands of men and women throughout the country . . . and it can be yours too.

YES, AFTER AN EXHAUSTIVE STUDY THAT LASTED FOR 14 FULL YEARS THE PROBLEM OF CONTROLLING YOUR WEIGHT EASILY AND PERMANENTLY CAN NOW BE ACCOMPLISHED

Here's how simple it is to use the "BEL-DOXIN" Method. Take 3 "BEL-DOXIN" Tablets a day, one before breakfast, 1 before lunch, and 1 before dinner . . . following the enclosed method. And that's all. "BEL-DOXIN" will do the rest. My formula was so fast ACTING that when I looked in the mirror I had to look a second time. . . . Was it Really Me? As though a miracle took place I had trimmed down to almost half the size I was. I felt and looked like a different person and my body was still in perfect proportion.

DRAMATIC WEIGHT LOSS OF 20-50-90 POUNDS OR MORE MAY NOW BE ACCOMPLISHED IN JUST 60 DAYS OR LESS

The "BEL-DOXIN" Formula is made under strict control by a leading manufacturer and in the opinion of medical authorities is probably the BEST POSSIBLE SYSTEM FOR REDUCING AVAILABLE TO THE GENERAL PUBLIC TODAY.

EVERYONE KNOWS THAT IF YOU STARVE YOURSELF YOU'LL LOSE WEIGHT. BUT WHO WANTS TO SUFFER STARVATION AND ALSO RUN THE RISK OF A SERIOUS VITAMIN DEFICIENCY THAT CAN DAMAGE YOUR HEALTH!!

"BEL-DOXIN" is completely SAFE, FAST ACTING, AND EFFECTIVE TO LOSE THOSE POUNDS AND INCHES.

THE SAME FORMULA IS FOUND IN SOME OF THE FOREMOST MEDICAL JOURNALS AND CLINICAL EVALUATIONS IN THE WORLD. NOW ALL THIS SCIENTIFIC KNOWLEDGE IS AVAILABLE TO YOU!!!

I GUARANTEE RESULTS IN SEVEN DAYS OR MONEY BACK!!!

Remember, with the "BEL-DOXIN" Method you get results and fast. So take advantage of my FREE TRIAL OFFER TODAY. Remember, results guaranteed or money back. The positive proof of what "BEL-DOXIN" can do is to try it yourself at my expense.

HERE IS MY GUARANTEE TO MY CUSTOMERS:

1. You MUST see pounds and inches start disappearing almost immediately.
2. You MUST see faster results than you have ever witnessed before.
3. You MUST feel and look better.
4. You MUST lose the amount of weight you desire — or return the unused portion for a complete refund.

BEL-DOXIN INC.

PLEASE FILL IN ENCLOSED INFORMATION BLANK AS TO HOW QUICKLY YOU DESIRE TO LOSE WEIGHT.

_____ I would like to lose _____ pounds in 15 days.
_____ I would like to lose _____ pounds in 30 days.
_____ I would like to lose _____ pounds in 45 days.
_____ I would like to lose _____ pounds in 60 days.
_____ I would like to lose _____ pounds in 90 days.
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SHIPPED IN PLAIN WRAPPER!!

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Enclosed is: ☐ Cash ☐ Check ☐ Money Order

- ☐ **30 Day Supply of "BEL-DOXIN" only $5.98**
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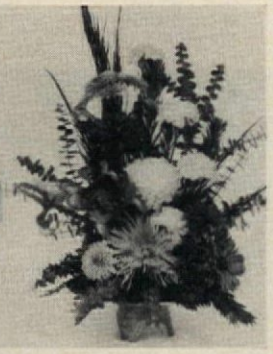

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Flower Dri removes only the moisture, the color and beauty remain! So easy and 100% safe anyone can do it. After 3 to 7 days, dry flowers come out as natural and beautiful as if fresh from the garden. After months, even years of show, natural, colorful beauty remains. Use it over & over, won't wear out. For postpd. delivery, send payment for quantity desired to Dept. 9-A, Flower Dri. Timonium, Maryland 21093.

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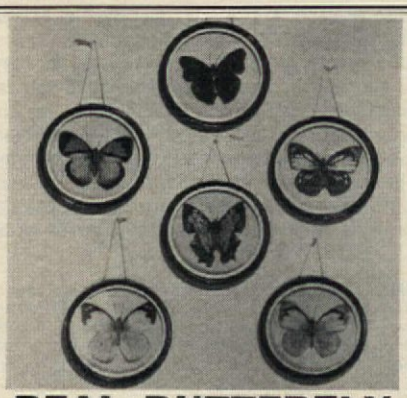

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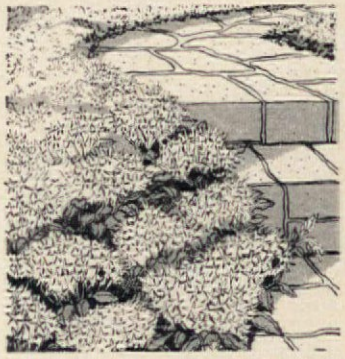
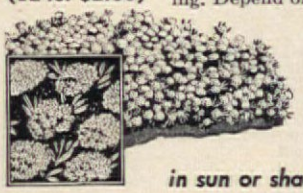


4 FOR $1.00

(8 for $1.75)
(12 for $2.50)

(Sedum Spurium, Dragon's Blood) Rock gardens, borders, edging, under shady trees, and steep banks will be alive with carefree color when you plant this Creeping Red Sedum. Just place these hardy, northern nursery grown plants about one foot apart and watch them take over! Fill troublesome areas with a neat 3-4" tall cover that spreads fast, yet doesn't need pruning. Depend on it for bright red, star-like flowers from June through September—attractive, thick, semi-evergreen foliage the rest of the year, even in sub-zero weather! Send no money; on delivery pay postman $1.00 for 4, $1.75 for 8 or $2.50 for 12, plus COD charges. We pay postage on prepaid orders. If not 100% satisfied, just return shipping label for refund of purchase price—you keep the plants.



Grows and spreads without special care, in sun or shade, even in poor soil!

HOUSE OF WESLEY, NURSERY DIVISION
R.R. #1 Dept. 1244-5, Bloomington, Illinois 61701

Send me_____ Sedum plants ☐ Prepaid ☐ COD

Name_____

Address_____

City_____ State_____ Zip_____

FREE GIFT
For your immediate order, an amazing Air Plant Leaf! Lives on air—just pin to a curtain—sends out 8 to 12 tiny new plants!

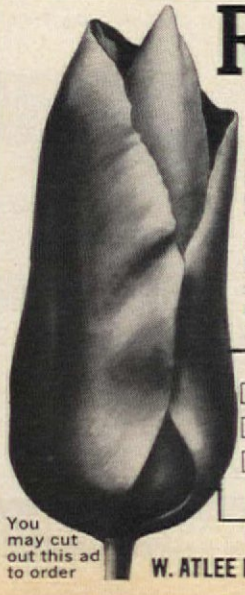
Profit from Flower-Power FLORISTRY PAYS BIG!

Make $$$ 10 WAYS with flowers

Garden flowers or artificials cost pennies, bring in $'s. Corsages, Wedding Flowers, Table arrangements, Hobby, home business, start your own shop. FREE Color Brochure shows you how to learn professional Flower Arranging and Flower Shop Operation. Also FREE, 3-months subscription to "Flower Talk," Publication for home flower designers. **Floral Arts Center** (Home Study Div.) Dept. 13 K 1628 E. McDowell Rd., Phoenix, Ariz. 85006

Red Emperor

World's Most Popular Tulip
Largest, Earliest Tall Giant



Huge streamline petals, unbelievably long! Spectacular iridescent scarlet, opening up to 9 in. across in April, on 18 in. stems. Will live for years. So superior, the bulbs used to cost $1 each. Now our low price is less than 13c for top-size bulbs, not smaller sizes often seen in stores. *Get the best—order now!*

Imported Holland Bulbs

16 TOP-SIZE BULBS $2 • 42 - $5

Burpee's MONEY-SAVING $2 SPECIALS postpaid
Guaranteed to Bloom or Your Money Back

RED EMPEROR AND OTHER $2 SPECIALS

☐ **Giant Red Emperor Tulips** Pictured, described above. **16 BULBS $2**
☐ **Giant Trumpet Daffodils** Yellows, whites, bicolors, mixed. **12 BULBS $2**
☐ **Rare PINK Daffodils** Favorite pink trumpet variety. **7 BULBS $2**
☐ **Tall Giant Darwin Tulips** All best colors mixed. **15 BULBS $2**
☐ **Large Fragrant Hyacinths** All best colors mixed. **8 BULBS $2**
☐ **Large Flowered Crocus** Mixture, all best colors. **50 BULBS $2**

EXTRA SAVINGS! Any Three $2 SPECIALS for $5.50 All Six $2 SPECIALS for only $10.50

You may cut out this ad to order

☐ *Send Burpee's Fall Garden Catalog FREE—Everything for Fall Planting*

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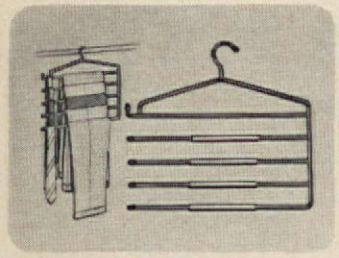
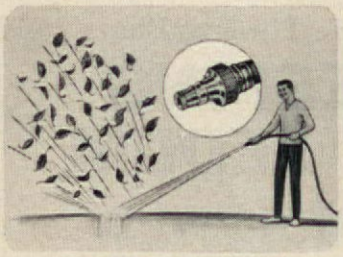
28 New Discoveries by Mail from



5 PANTS ON 1 HANGER

Hang more clothes in closet with 5-rod hangers. Each perfect for nearly a complete wardrobe of men's pants, ladies' slacks, neckties, belts, skirts — all without a wrinkle. Robbert covered prevents slipping. All metal 16" wide.

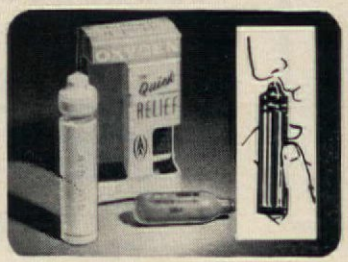
7501—Multi-Hanger $1.39



HI-PRESSURE NOZZLE

Turn your ordinary hose into a hi-pressure one so powerful it can scale a fish. Based on the fire hose principle it can sweep a sidewalk or driveway clean. All brass. Auto shut-off available.

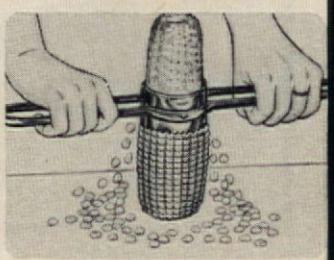
6649—Hi-Pressure Nozzle $1.49
7335—Automatic Shut-Off $1



OXYGEN INHALER

Most people should carry this item —good for emergencies, hangovers, etc. Completely safe, gives relief from symptoms of asthma, croup, headache, etc. Each cartridge has 3 quarts of H.S.P. oxygen.

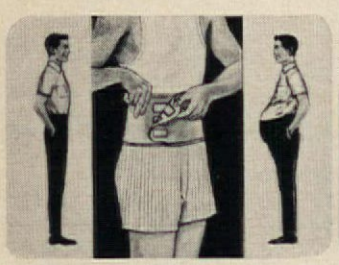
8302—Oxygen Inhaler $5.95
8303—3 Refills $2.95



SWEET CORN STRIPPER

Strip kernels from sweet corn cob in one stroke in seconds without mashing, mangling or crushing. Serve delicious fresh cut corn niblets even for denture wearers. Flexible circlet sizes cutter to any ear, adjusts for taper. Chrome steel.

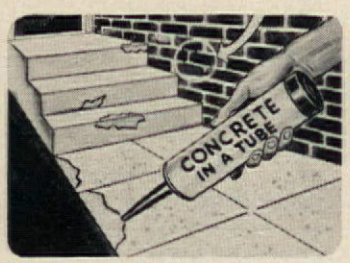
4448—Corn Stripper $1



SLIMMER WAIST LINE

Take inches off the look of your waistline instantly! Wear Slimmer Belt under dress or shirt for support of sagging stomach muscles and enjoy a trim new look. Adjustable 26 to 50", elasticized, washable cotton, just 7" wide.

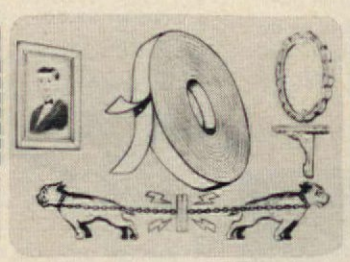
6253—Slimmer Belt $3.98



INSTANT CONCRETE!

No mixing. Wet concrete flows out for mending cracks, walkways, steps, walls, even laying bricks. Use as much as you want, then put tube away until next job — never any waste! So simple, even the lady of the house can use it. 22 ozs.

6021—Instant Concerte $1.98



SUPER-GRIP WALL TAPE

Newest adhesive creation for industrial purposes is now available for home use. Holds pictures, mirrors, any household fixtures without nails. Double-face adhesive sticks instantly to any surface — metal, tile, wood, plaster. 75′ roll, ½ x ¼".

4394—Super Tape ..... $1. 3/$2.79

HAIR HEIGHT—NO TEASE!

Add glamorous inches to your hair style instantly! Simply drape hair or fall over plastic Hair-Hill. Fits right into hair, stays in place with bobby pin. Mesh-pattern plastic featherweight! 2" high, 5" across. Perfect for popular bouffant styles!

6597—Hair-Hill ..... 79¢ 2/$1.42

GARDEN HOSE HANGER

Without disconnecting hose, handy hose holder hangs on any faucet. No nails, screws. For standard sized hose, just lift off to move. Made entirely of aluminum, will not rust or corrode. Capacity 200 feet. Will solve messy garden problems.

4453—Hose Holder $1

LIFETIME ADDRESS BOOK

With removable tabs, you'll never need another address book. Slip tabs in and out as needed and it stays "alive" forever. Leather-like gold-stamped binding holds many names, has supply of extra tabs.

2107—Address Book $1
2107B—Deluxe (large) $1.50

The First New Top in 40 Years — Amazin

Circling Train Top

Colorful miniature 4-car train mysteriously whistles as it circles inside, while the outside dome stands perfectly still. About 11" high and 9" in diameter, it keeps the kids and you too, completely fascinated on each "trip" for hours! A new joy, this one! Each only $3.98; 2 for $5.98. Money back guarantee if not delighted.

7112—Circling Train Top ..... $3.98, 2/$6.98

FIGHTING GAMECOCKS

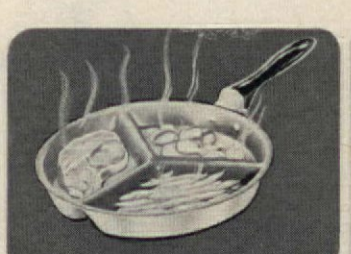
Ole! The Spirit of old Spain with all its color & excitement is expressed vividly with this exquisite pair of gamecock wall plaques. Handcrafted, rich golden patina in metal. Turns wall into a feature attraction. Each measures 20 x 14".

7769—Gamecock Plaque Set ... $4.98

12 SHIRTS, 6-INCH SPACE

Solve the squeeze in overcrowded closets. Garments taper gracefully down the length of the hanger, takes up just 6". Hang without wrinkling. Slot allows removal of single garment. Golden steel. Hooks over any bar.

7660—Space Saver $1



NON-STICK SKILLET

3 fry pans in one cook entire meal at same time. Saves wash-up drudgery. New and fast for the chef of the house. Non-stick, perfect for calorie cooking. Clean with sudsy sponge. Cook meat, French fries & vegetable at same time. 10" dia.

7612—Tri-Skillet $3.49

INDIAN HEAD LINKS

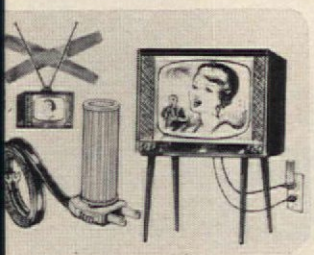
Rare American Indian Head pennies fashioned into unusual jewelry. Expertly cleaned & polished, each is at least 50 yrs. old. Collector's items, value is more as time goes by. They could become heirlooms.

3047—Penny Links $3.98
3048—Penny Tie Bar $2.98

Use Handy Order Form on Opposite Page ▸

All Items Sold

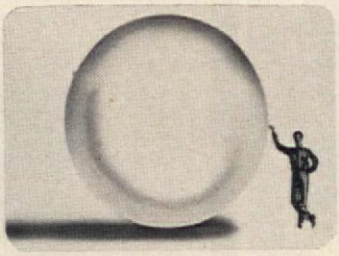
Greenland Studios, Miami, Florida 33054



TV ANTENNA PLUGS IN!

ıst attach to set, plug into elec-ic socket. Power-Plug peaks TV better reception, brings in bright, ear picture even in fringe areas! akes outdoor antennas unneces-ary, gives boost to old sets. Guar-nteed or money back!

029—Power-Plug Antenna $1.98



GIANT 12-FT. FUN BALLOON

Own the biggest balloon on the block, nearly as high as the house! Inflates 12 to 18 ft. high. Exciting in backyard, playground, beach. Spectacular way to announce open-ings, bazaars, sporting events. Strong neoprene. Gov't. surplus.

6239—Giant Balloon $2.98

HAIR DRY IN SHOWER

Snap new clever Shoulder-Shower around your neck; it sends slash-proof stream of water downward without disturbing hair-do or make-up. 5′ long, fits any faucet. So handy, it becomes a permanent fix-ture in your shower!

4918—Shoulder-Shower $2.98

COIN PAPERWEIGHT

You won't be able to spend these brightly polished coins; they're sus-pended in a sparkling Lucite paper-weight for your desk. Mint condition famed Kennedy half-dollar, dime, nickel & penny glisten thru for clear viewing. 2 x 2 x 2″.

7751—Coin Paperweight $6.98

ONE COAT FLOOR FINISH

ew formula liquid plastic floor ating eliminates waxing — dries ystal clear. One coat withstands yrs. hard wear. Easy, quick to pply. High gloss, tough finish for l surfaces, even concrete. One uart covers two average rooms.

475—Floor Kote, Quart $3.98

POP-ART HASSOCK

Inflates to use when and where you want instant comfort. The "in" has-sock for den, patio, dorm, TV view-ing. Extra-heavy vinyl will hold adult. Deflate for easy storage. Carry to picnic, beach. Traffic signs in actual color. 11″ cube.

7553—Pop-Art Hassock $1.29

"SOMEWHERE MY LOVE"

China Figures Dance to Dr. Zhivago Theme

Enchanting childhood sweethearts — revolve to the classic theme song of the picture. Unique music box plays each note with Old World beauty while hand-painted girl and boy, with their white dove of peace, circle like a carousel. Set the mood for a romantic evening or let the youngsters trundle off to slumber-land with its charm. Treasured gift for newlyweds or silver anniversary lovers. Handcrafted. 7″ high with 4″ figurines.

6803—Somewhere My Love $4.88

FIGURE CONTROL BY TWIST

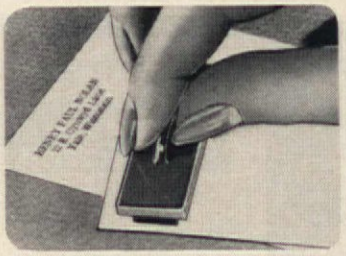
Just 5 minutes a day of twisting tones flabby mus-cles, perks up posture, helps cut down fatigue, re-lieves sore mus-cles. Uses new stretch principle to condition arms, back, legs. Solid-ly built of pressed board, steel swiv-el containing 70 ball bearings.

6872—Go-Go Exerciser $3.98

PLANT LIVES ON AIR!

This miracle never needs watering, soil or care, seems to thrive in-definitely! Gathered from the mag-nificent growths along the English Channel. Its lush greenery brings fresh beauty to your home. Botani-cal curiosity lives on air alone!

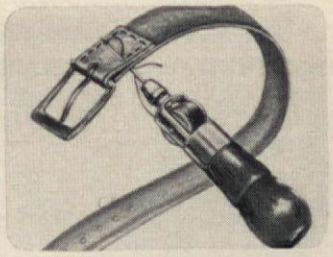
4976—Air Fern ..... 79¢



PERSONAL POCKET PRINTER

Give distinctive printed touch to papers, envelopes—yet it's 2¼″ small, so you'll have it always with you. Mark books, checks for identi-fication and protection. Comes with built-in inking unit. Print your 3-line name & address clearly.

D-293—Pocket Printer $1



CANVAS, LEATHER STITCHER

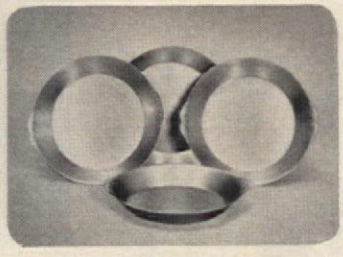
Mends thick fabrics with ease! Re-pairs cuts in baseball gloves, shoes, handbags, belts, awnings, uphol-stery. Sews an instant permanent lock stitch, saves leather goods. Complete with long thread, needles.

6588—Leather-Stitcher $1.98
6685—25 yds. Extra Thread ..... 69¢

JUNGLE "LEOPARD" ROBE

ou'll love this sleek "leopard" robe ade of soft cotton "fur" on both des and we defy you to tell it om the real skin. Deluxe has cud-ly leopard pattern on one side and olorful plaid on other. 51 x 61″.

669—"Leopard" Robe $5.98
491—Reversible Robe $6.98



STAINLESS AU GRATINS

Serve the way of the gourmet . . . from oven to table in attractive au gratin dishes. Quality 18 gauge stainless steel with decorative han-dles. Gracious way to serve sea-foods, potatoes, pies, exciting gour-met delicacies. 6½″ dia. Set of 4.

7744—Gratin Disb Set $4.98

on a Moneyback Guarantee!

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Rush me items listed below. I understand if I am not completely satisfied with any item, I can return it within 10 days for a full and complete refund.

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Pella® WOOD FOLDING DOORS

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kitchen OIL CAN
only **$2.98** postpaid

■ It's so easy to pour exactly the amount of cooking or salad oil you need—neatly—with this Oil Can. If you've struggled with bottles or cans of cooking oil, you'll appreciate having one of these. It's 6½" tall, holds 1 pint, and is so attractive you'll be happy to keep it out where it will be convenient. Made of gleaming polished tin that does not affect the flavor of the oil . . . and imported from Spain, where its use is an old custom. Perfect for olive oil, salad oil, cooking oil. Send only $2.98 for #1786 to:

ALEXANDER SALES CORP. Dept. AH-869
26 S. 6th Ave., Mt. Vernon, NY 10551

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⅔ OFF DEALER PRICES

LARGEST SELECTION of tiny, all-in-the-ear, behind the ear, eyeglass and pocket models. FREE HOME TRIAL. No obligation. Money back guarantee. No down payment. Easy terms. No salesmen or dealers. Order direct and save 65%. Write for free catalog. **PRESTIGE**, Dept. D-106, Box 10947, Houston, Tex. 77018.

LOVEBIRD SALT & PEPPER

$1.50 (add 25¢ mailing)

Every happy couple on your list will love this adorable pair! Beautifully decorated ceramic shakers are hand painted with any names. Order now for weddings, showers and anniversaries. Four sets for $5.50 ppd. Sent by return mail.

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PAINT 10 TIMES FASTER
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2 guide wheels make your straight-line trimming sharp and clean. 10 times faster than brush trimming next to ceilings, baseboards, doors or window frames!

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Needlework for novices

If you have a secret yen to learn crewel work, here's a book with easy step-by-step descriptions. "Creative Needlework & Stitchery" contains 48 pages of illustrated photographs with detailed instructions on the 25 basic stitches, short-cuts, and more. $1.98 ppd. The Emporium, Dept. AH-9, Box 1569, Glendale, Calif. 91209.

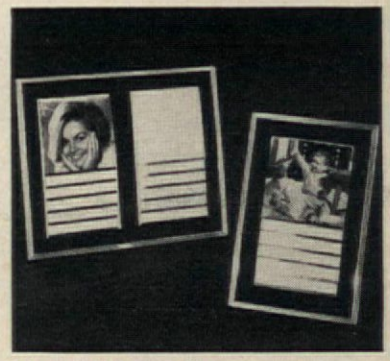

Photo show-off

Just "flip" to show visitors favorite photos *and* have them protected in clear acetate flip-ups attached to a gilt-plated metal frame-stand. Double flap stand; 10x8½ in. frame holds 24 photos, $6. Single stand holds 12, $4.50. Add 25¢ postage. The Cross Roads, Dept. AH-99, 135 So. Washington Ave., Bergenfield, N.J. 07621.

Sparkling stone band

All the stones in this ring are man-made spinels carefully matched to create a lovely diamond-like band. Center row has five twenty-five-point stones; two outer rows have eight smaller stones each. Setting is sterling silver. Please be sure to send ring size. $4.95 ppd. Harriet Carter, Dept. AH-9, Plymouth Meeting, Pa. 19462.

Marlite areas: Walls—Antique Gold Planks and textured Green Antique Marble. Counter top and cabinets—Polar White, Antique Gold and Persimmon Red. Tub area—Gold Lace combined with Shoreline Mural.

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to give your decorator bathroom a lifetime of wash-and-wear beauty.

Remodel your bathroom or any room in your home with easy-to-install Marlite. No other wall paneling gives you so much beauty and durability for so little cost.

Choose from more than 70 colors, patterns and designs, including new textured Antique Marble shown above. This distinctive prefinished hardboard has deep-embossed texture you can actually feel.

Soilproof Marlite outlasts many coats of paint. Its baked plastic finish resists heat, moisture, stains and dents —wipes clean with a damp cloth.

If you're handy with ordinary carpenter tools, you can install Marlite yourself. And everyone will think you hired a decorator. Your building materials dealer will help you get started.

MASONITE CORPORATION

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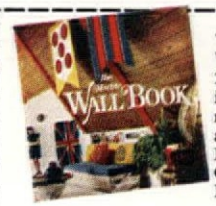
plastic-finished paneling



THE MARLITE WALL BOOK.
24 pages of decorating ideas to make your home more beautiful. Send 50¢ and coupon. Marlite Division of Masonite Corporation, Dept. 906, Dover, Ohio 44622

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MAGNAVOX INVENTS TOTAL AUTOMATIC COLOR.

Now, no more green or purple people on color TV...with new Total Automatic Color from Magnavox.

And no more fuzzy pictures either. Just perfectly tuned pictures in the right color all the time, automatically. No matter how often you switch channels, or how often the scene changes.

Total Automatic Color — a Magnavox exclusive — controls color tint, color intensity, and fine tuning. TAC ends jumping up and down to fix the color. Just set it and forget it.

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