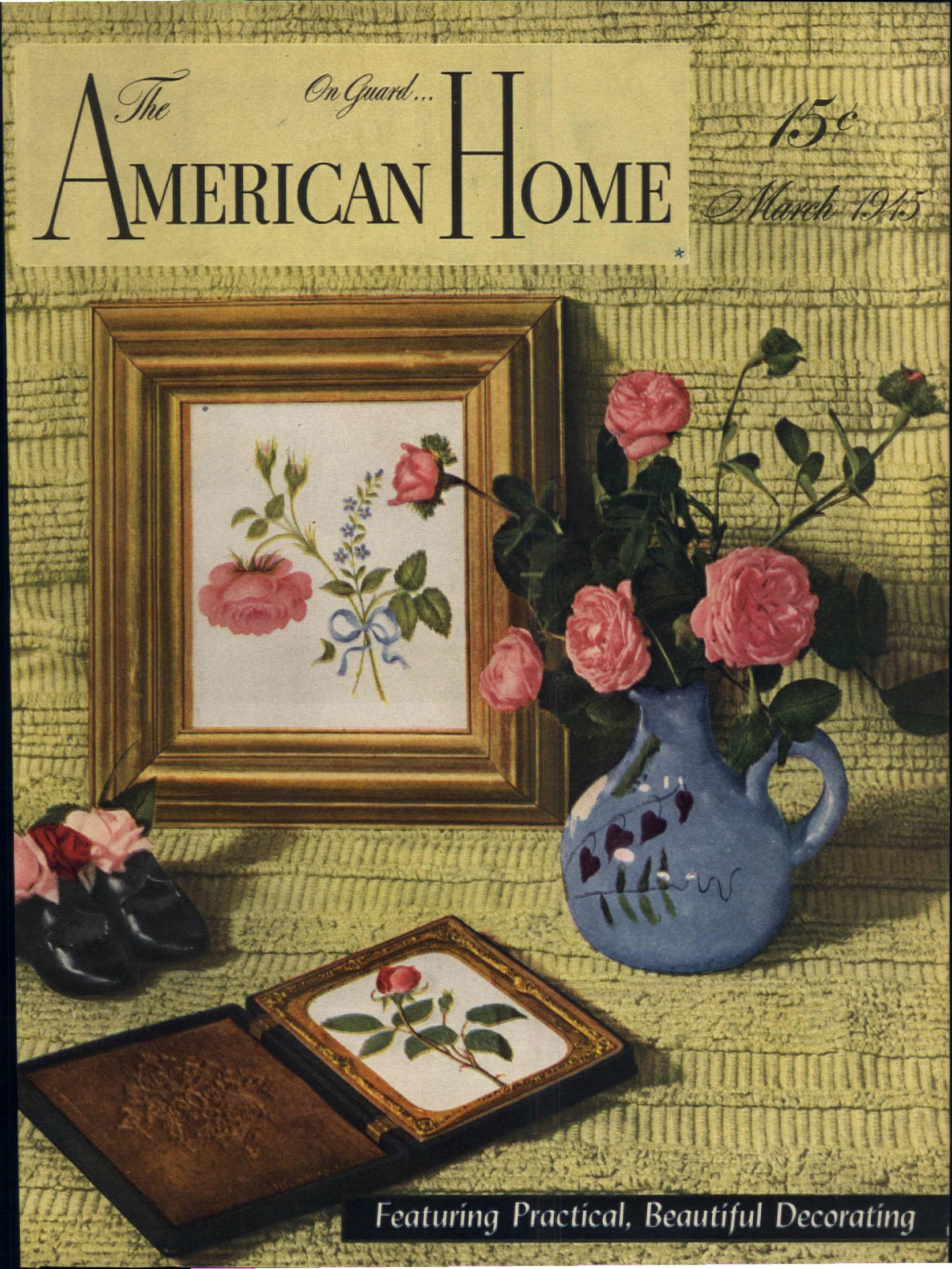
The
On Guard...
AMERICAN HOME
15¢
March 1945
Featuring Practical, Beautiful Decorating

IT'S THE SAME 7-PIECE SUITE!

A new decorating idea—making a whole room a shell of color—transforms the nice but ordinary looking bedroom at the left, with its conventional 7-piece suite of furniture, into the charming room you see above. The same color for walls, ceiling, and floor dramatizes all the furnishings, provides a perfect setting for the striking canopied bed. The smart, easy-to-clean floor which sets the whole color scheme is Armstrong's Hunter Green Jaspé Linoleum, Style 19. If you would like a complete list of furnishings and floor plan free, just write us.

TOO MANY BEDROOMS look alike. "But what can you do," many women ask, "when you have a suite of furniture that's far too good to even consider discarding?"

Here's proof that something can be done. In the small photograph you see how this bedroom used to be. It was nicely furnished and in good taste—but it just looked too much like every other master bedroom in town. The large picture shows what happened with some imaginative decoration—and the same 7-piece suite.

One of the newest decorating ideas was used—the "color shell." It's easy to do. You start with a colorful floor and then let that color sweep up the walls and across the ceiling, creating a one-color setting. Here the new floor is Armstrong's Jaspé in a beautiful Hunter Green.

The pleasing shell of color creates the background for the dramatic highlight of the room—the canopied bed. And that canopy was so simple to make. It's nothing more than a valance of cretonne tacked to the ceiling and finished off at the top with a mahogany molding. The same richly flowered cretonne covers the wing chair, dressing table bench, lamp shades, and the bed itself. At the foot of the bed, the addition of a table and two comfortable chairs helps carry out the whole room's distinctive feeling of charm and livability. With a thought to the practical side, commodious closets were installed in two corners of the room. The doors are full-length mirrors with decorative scalloped frames. Small string rugs were sewed together to form a U-shaped rug that's easily pushed aside to clean under the bed.

But nothing can be more practical than this bedroom's floor of Armstrong's Jaspé Linoleum. It was individually styled by laying the linoleum on the bias in four sections to create the distinctive diagonal effect. The floor is so easy to clean, makes the whole room easier to care for. Lint and powder can't cling to it. There's no floor for a bedroom like Armstrong's Linoleum.

For other new ideas for bedrooms and every room in the house, write for "Ideas for Old Rooms and New." It's filled with practical, do-it-yourself suggestions from the personal scrapbook of Hazel Dell Brown, famous decorator. Beautifully illustrated in full color. Send 10¢ (outside U.S.A., 40¢) to Armstrong Cork Company, Floor Division, 4503 Pine Street, Lancaster, Pa.

ARMSTRONG'S LINOLEUM FLOORS

for every room (A) *in the house*

MADE BY THE MAKER OF ARMSTRONG'S QUAKER RUGS, ARMSTRONG'S LINOWALL, AND ARMSTRONG'S ASPHALT TILE

The Whole Family . . . in one sitting

These days, when you can get the whole family together, it's an event worthy of the camera. It really is one for the records.

And we feel the same way about a "family affair" that we have just developed for the protection of your home and property.

Now, for the first time, you can get practically all the fire and casualty insurance you need for yourself, your personal property and family in one, simple, all-inclusive policy . . . the new Employers' Group Family Insurance Policy.

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Although the new Employers' Group Family Insurance Policy with all its features is not available in all states, it is available in *most* states. So see your local Employers' Group Agent . . . *The Man with the Plan* . . . and ask him about it today.

Remember, *The Man with the Plan* is the man to see for a complete analysis of all your insurance needs, particularly when you want the newest and best in protection. For his name and address or for complete information on our new Family Insurance Policy, write to us, right now.

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Quick—Easy—Long-wearing!

Housewives all over America are finding out that Tavern Non-Rub Floor Wax is a real work-saver! It was specially developed by Socony-Vacuum to put a gleaming, protective finish on all kinds of floors...linoleum, rubber, asphalt tile, wood. And that finish lasts—resists even water spots—actually brightens with use!

So swift and simple to use, too! Goes on in seconds—dries in 20 minutes. Needs no rubbing. Get lovelier floors with less work the Tavern way. Get Tavern Non-Rub Floor Wax today!

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Famous buffing waxes for lasting protection. They remove unsightly marks, clean as they polish. Excellent to polish and *protect* window sills, woodwork, etc. Get the wax best suited to your needs at your favorite department, hardware or grocery store.

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CONTENTS

MARCH, 1945 **Vol. XXXIII, No. 4**

Cover Design by Jean Austin. Photograph by F. M. Demarest

Special Monthly Features

Gardener's Primer—Lesson 11. Shrubs for Garden Effects *E. L. D. Seymour* 18
Patterns 39, 41, 46, 47, 56
Recipes 90, 92

Children

Does Your Child Have Nervous Speech *Ruth E. Beckey, Ph. D.* 30
Let Them Be Seen—and Heard . . *Sarah Shields Pfeiffer* 71

Decorating

Saving Pays . . . . . *Martha B. Darbyshire* 22
Illustrating One of the Cardinal Rules of Good Decorating *James M. Wiley and Ruth W. Lee* 33
Hearts Entwined 39
Decorate It . . . Make It Count as Decoration *Stevens and Amelia Maxey* 46
Broken Relations with Everything but the Past . *Ethel K. Lacey* 48

Gardening

Memorials that Live and Serve 17
Gardener's Primer—Lesson 11. Shrubs for Garden Effects *E. L. D. Seymour* 18
A Garden for Children to Grow Up in . . *Artie E. Appleton, Lilliace M. Mitchell* 20

Handicrafts

Hearts Entwined 39
Decorate It . . . Make It Count as Decoration! *Stevens and Amelia Maxey* 46
Hairlooms for Tomorrow . . . . . *Pine L. Eisfeller* 52

Homes and Maintenance

Low Taxes and All City Conveniences . *Charles T. Stewart* 6
Arizona Homestead House . . . *Martha B. Darbyshire* 24
With an Eye to the Future . . . . *Ethel McCall Head* 27
A Place in the Country . . . . . *Gertrude Luks* 42
Hot Spots . . . . . *Thomas M. Rippey* 62

Parties, Food and Housekeeping

Pussy Willow Shower . . . . . *Helen Emily Webster* 79
More Party Ideas 80
Dinner Drama . . . 1 Act . . . . . *Julia Bliss Joyner* 86
Recipes 90, 92
Scheduled Baking . . . . . *Wilma Scott* 91
Tricks of the Trade 92
Cleaning Tips for Long Life 94
Kitchen Keyed to a Cat . . . . . *Sally Bulkley* 96
Fiesta Kitchen . . . . . *Melisse McLean* 97
Birthdays Must be Celebrated . . *Lillian S. Graham and Marjorie Wackerbarth* 100

Inspirational

I Can Dream . . . Can't I? . . . *June Cochrane Ortgies* 45
New Styles in Visiting . . . . *Sarah Shields Pfeiffer* 64
How to be Pretty When Photographed . . *Kay Campbell* 74

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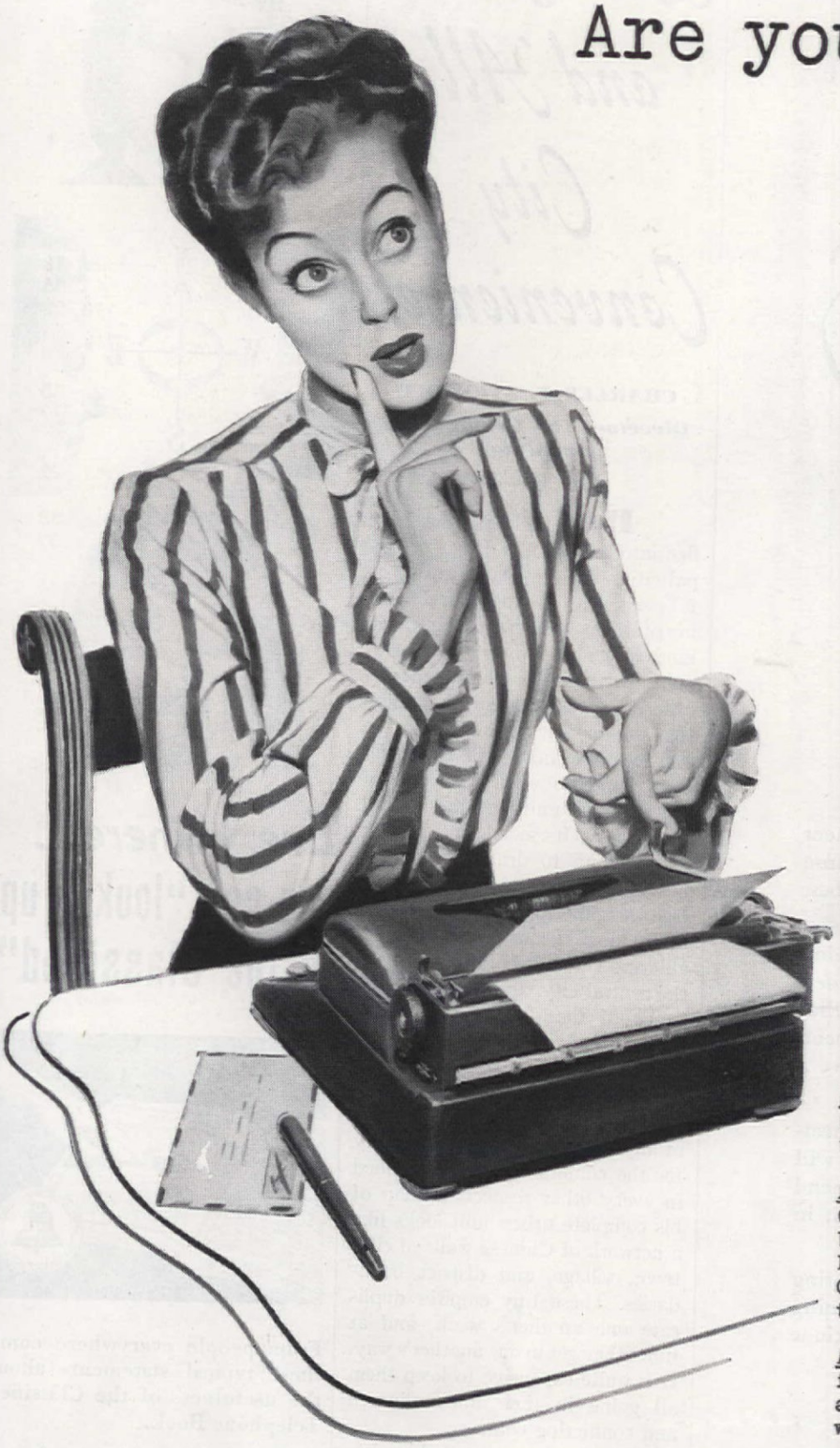
"Dear Liz: Are you crazy?"



Dear Liz:

Are you crazy? Oh, I know you're excited about marrying your Ensign and setting up housekeeping in a two-room heaven. But take Big Sister's word -- when you say you're planning to get a whole flock of Cannon Percale Sheets -- you're off the beam!

Sure -- any bride would love a closet-ful of lovely, smooth Cannon beauties. But these days even you starry-eyed creatures should get along with a bedrock linen supply!

Leave some Cannon Percale Sheets for the other gals, honey. Among other things, Cannon Percales are dreams for wear -- you don't need so many!

And your smart Sis can give you a few other tips about 'em, too!

A pointer for the pocketbook. Dream-soft Cannon Percale Sheets give you up-in-the-clouds luxury at down-to-earth prices!

A word about weight. Percale's lighter! Cannon Percale Sheets save about $3.25 per bed per year at average pound laundry rates. Easier to handle if you do your own. Yet Cannon Percales are woven with 25% more threads than best-grade muslins!

An ace up your sleeve. If you can't find just the size you want in Cannon Percale, ask to see Cannon Muslin Sheets. They're well-made -- long-wearing -- a real value!

A towel tip. For people who have to buy towels -- like you, hon -- Cannon Towels are IT!

Love and luck,

Sis

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Made by the Makers of Cannon Towels and Hosiery CANNON MILLS, INC., NEW YORK 13, N.Y. ★ *For Victory, Buy U.S. War Bonds and Stamps*

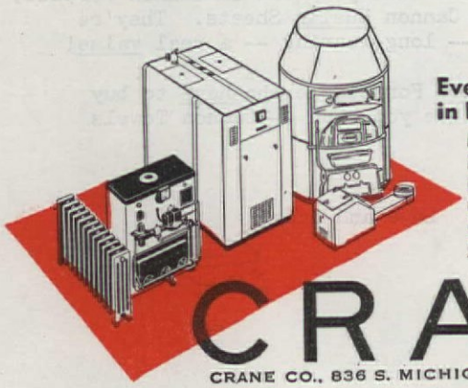
Don't get into this argument

Just keep calm and stay out of it—when the argument starts about heating systems. Stay out of it because there is no *one* heating system or method that is best for *all* homes or buildings.

But if you are building a new home or modernizing an old one, put the problem up to your *Crane Dealer!* Then you need not worry as to whether steam, hot water or warm air is best. You won't have to spend long hours in deciding whether you should have a stoker, oil burner or gas.

Because your Crane Dealer sells all types of heating, he is a source of unbiased information. He will make a study of your requirements and recommend the heating system that will give you the most in comfort, reliability and economy.

Right now there are limitations on what heating equipment is available, but for your future planning you are assured that the Crane line will include everything for every heating system.



Everything in heating:
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Furnaces
Radiators
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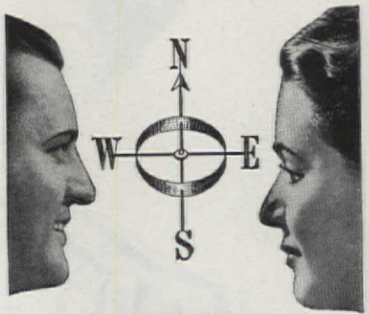
CHARLES T. STEWART
Director, The Urban Land Institute

HOME builders who have fled into the suburbs of our principal cities, for a more or less blissful solution to the individual housing problem, have created a strange kind of community — the metropolitan district—a picture of disorder, a fiscal monster, a thing that is both singular and plural.

The suburbanite in his daily trip from home to work, partakes of the physical unity of the overall community. Its social unity, which permits him to draw his friends, business associations, and servants from neighboring areas, is a benefit to him. His homesite is desirable and valuable because it is near the central city, and this is an evidence of the economic unity of the entire metropolitan district. He is inescapably a citizen of a single metropolitan society, but he doesn't like to think so. He is suspicious of any kind of governmental unity for the community that is unified in every other respect. A map of his complete urban unit looks like a network of Chinese walls of city, town, village, and district boundaries. These tiny empires duplicate one another's work, and at times they get in one another's way. It is quite expensive to keep them all going in their uncoordinated and conflicting courses.

The suburban householder has been seeking superior neighborhood environment and lower property taxes. He has wanted to escape from the dinginess, monotony, and danger of old residential areas, and, in the bargain, to release himself from responsibility for the place where he earns his living. For over twenty years he has had a means of escape in his automobile, and for a time he was able to use it with success on both counts.

In recent years the low cost at-



Everywhere... you can "look it up in the Classified"

From people everywhere come these typical statements about the usefulness of the Classified Telephone Book.

N — *"Found a repair man for my make of vacuum cleaner."*

E — *"Found a service station for my make of car."*

S — *"Found a beauty shop when I was in a strange town."*

W — *"Found where to buy advertised brands."*

Yes, the Classified is handy everywhere. Do you refer to it for buying and servicing information on advertised products?

LAST MONTH, IN AN ADVERTISEMENT IN SEVERAL NATIONAL MAGAZINES, WE MADE THIS STATEMENT:

"HERE AT M-G-M WE SINCERELY BELIEVE 'NATIONAL VELVET' IS ONE OF THE FINEST PICTURES WE HAVE EVER MADE... AND WE'VE BEEN MAKING THEM FOR TWENTY YEARS!"

That was *before* "National Velvet" was shown to the public or the critics. That our belief was justified—that "National Velvet" *is* one of the finest pictures we have ever made—is proved by what happened following its World Premiere at the Radio City Music Hall in New York.

During its Music Hall engagement eager crowds frequently stood for hours—sometimes in the rain and snow, always in the biting cold. The lines began to form each morning as early as seven o'clock. At times they extended four city blocks. Box-office records of the world's largest theatre, which have stood for years, were broken. In a *single day* 26,152 people saw the picture, and a *single week's* attendance reached the amazing total of 176,465!

Thus did the *public* confirm *our* opinion of "National Velvet."

And the critics, too, overwhelmingly justified our faith. Here are just a few of the laurel wreaths which the nation's leading motion picture reviewers have bestowed on "National Velvet":

"NATIONAL VELVET is tops in entertainment!"
—LOUELLA PARSONS,
Noted Hollywood Columnist

"NATIONAL VELVET is a joy . . . as happy and thrilling a picture as you'll find...One of the ten best of the year!"
—BOSLEY CROWTHER,
New York Times

"The screen said Happy New Year with M-G-M's NATIONAL VELVET, which will be hard to match all year long for the tops in entertainment!"
—WALTER WINCHELL,
Nation's No. 1 Radio Reporter

"NATIONAL VELVET is a picture to see and to cherish! You will thrill to its story, its acting, its climax—and live on VELVET the rest of your life!"
—HEDDA HOPPER,
Filmdom's Star Reporter

"NATIONAL VELVET is one of the most heart-warming movies of recent years!"
—LIFE Magazine

"NATIONAL VELVET is something to cheer about...One of the ten best!"
—HOWARD BARNES,
New York Herald Tribune

"NATIONAL VELVET is swell—one of the most exciting pictures I have ever witnessed! Mark it down as a must-see!"
—ED SULLIVAN,
Broadway's Famed Columnist

"The climactic steeplechase in M-G-M's NATIONAL VELVET is one of Hollywood's most thrilling races since 'Ben Hur'!"
—NEWSWEEK Magazine

"NATIONAL VELVET is a perfect show for the whole family. *Highest rating!*"
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traction of the outlying areas has been diminishing almost to the vanishing point. The suburbs are largely residential dormitories of the central city. They are essentially neighborhoods, and not complete communities. They do not contain all of the business property that serves the immediate local population or the office buildings and factories in which their citizens work. They do not have the tax-producing property to justify a full-fledged imitation of metropolitan standards of public service, but many of them have attempted it anyway. The suburbanite demands the highest standards in his schools, fire protection, and police protection, and he is paying for them. Communities that did not need a high type of street, sanitary sewer systems, or water systems in their early development, have become more densely populated and must now provide this elementary community equipment through heavy property assessments. That undoubtedly explains the rather startling report of one of the planning agencies of the Federal Government that "during the recent period of financial stringency the municipalities which were in greatest need of loans and aid were the satellite towns surrounding the central metropolitan cities." Services, such as refuse collection, which are paid for in the central city tax bill, must usually be contracted for privately in the suburbs, and in many communities public utility companies and fire insurance companies levy aftercharges to suburban clients. The suburbanite who is given to figuring is under no delusions.

He likes his modern street layout that curves and slopes with the topography, even when it becomes expensive. He likes the spaciousness of his neighborhood, its quiet and cleanliness, and its safety for his children. He knows that the old close-in neighborhoods have not been able to compete with it in livability, and he sees his friends in the middle and upper income groups following him out to the edge of the community.

When the central city attempts to engulf his neighborhood through annexation or consolidation, he objects, and with definite reason. While he may sheepishly admit that he daily needs and uses the streets, traffic control equipment, terminals, food inspection, and other similar services of the central city, to which he contributes nothing, he is unwilling to surrender the identity and integrity of his neighborhood community.

GET RID OF "Iceberg" Windows WITH CHAMBERLIN STORM SASH

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Before you buy storm windows, see the complete Chamberlin line for all types of wood and metal windows. Get a free demonstration of the improved, new Combination-Window—a storm sash and screen easily changed from *inside* the house. Chamberlin storm windows are expertly designed, carefully fitted. Nationwide factory branches deal directly with you, assuming full responsibility for your satisfaction. Since 1897, millions of homes have enjoyed these dependable Chamberlin weatherproofing services:

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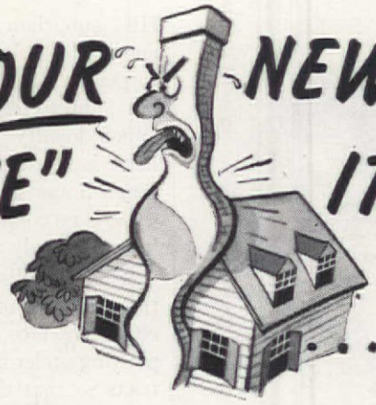
MAKE SURE YOUR NEW HOME NEVER CAN "CHOKE" ITSELF...



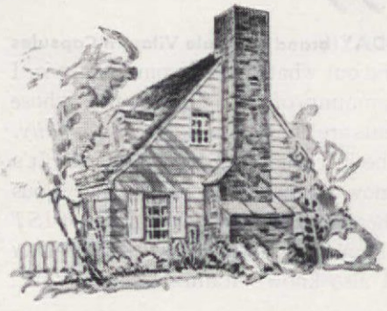
. . . on your good money!

● One of the most expensive mistakes you can make, when buying or building a new home, is to get a *skimpy* chimney—no matter what kind of fuel you plan to burn. For a chimney that's *too small* chokes off your choice of ever using any except the *most expensive* fuels. And these may become even more costly in the years ahead.

If, on the other hand, your home has an *adequate* chimney, a chimney big enough to handle all fuels equally well, you'll be free at any time to burn any fuel you choose—including the most dependable and economical of all—Bituminous Coal!

It may surprise you to learn that the extra cost of such a chimney is only about $16 for the average 7-room house! And burning Bituminous Coal can save enough money to pay a good slice of your taxes or interest. No wonder 4 out of every 7 homes in the U.S. use Bituminous Coal!

Your architect or builder will tell you that a chimney adequate for burning Bituminous Coal is also efficient for any other fuel you ever might choose. Talk it over with him—it will pay you to do so!



AN ADEQUATE CHIMNEY is your assurance that you'll always be free to choose any heating fuel you desire—including money-saving Bituminous Coal, of which America has a 3,000-year supply! And, when used with a modern coal stoker, dependable Bituminous Coal is not only smokeless, clean, and "automatic"—but also gives the most uniform heat of any fuel.

BITUMINOUS COAL INSTITUTE, 60 EAST 42ND STREET, NEW YORK 17, N. Y.

MY DOCTOR *Requested* . . .

me to supplement my family's meals with Multiple Vitamins. He told me that even the healthiest people require a basic amount of Vitamins every day to prevent Vitamin deficiencies. He explained how people whose Vitamin supply is not maintained, may have a lower resistance to infections, have poor digestion, become nervous, irritable and rundown generally. Now, my doctor KNOWS Vitamins, and I am convinced that it is false economy to take chances.

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MY DRUGGIST *Suggested* . . .

..ONE-A-DAY(brand)Multiple Vitamin Capsules and I found out what *true* economy really is. I get basic amounts of *ALL* the Vitamins whose requirements are known in a *single capsule daily*. Seems to be just what the doctor ordered! It's grand to know that my family has this marvelous Vitamin health protection. My *DRUGGIST* knows Vitamin *value*, and thanks to ONE-A-DAY (brand) I also know Vitamin *value*—NOW!

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VITAMINS

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One-A-Day (brand) B-Complex Vitamin Tablets to help keep up your normal energy, nerves and digestion. In gray package—24, 90 and 180 tablets each. At all druggists.

MILES LABORATORIES, INC. (Established Sixty Years) *Makers of Alka-Seltzer*

His suburban refuge is small enough to be livable, small enough to permit him to know his neighbors, and to feel a loyalty to them. When loyalty to one's neighborhood is present it is the community's finest asset. When it is not, there is no community. It is becoming exclusively a suburban project.

This is so distressingly true that the planners of the great central cities now face the task of literally plowing under many of the old districts so that they may be rebuilt as well-arranged neighborhood units, with individuality and living quality that will equal or surpass the present suburban competition. It would be foolish, indeed, to destroy in the suburbs the thing that must be created in the core of the metropolis.

But the inviolate character of the particular outlying neighborhood areas need not be surrendered in order to achieve a sensible degree of municipal unity for the entire community. The suburban village has its civic identity because it has a village council to make its local regulations, to determine just what public services its citizens are to have, and to decide what quality or quantity of service is to be provided. It then contracts with individuals to perform these services up to a specified standard. It is possible to establish a central metropolitan agency to furnish all public services which are capable of metropolitan wide operation, and at the same time to leave the various towns and village governments intact with all the powers they now possess. The various small municipal units could continue to make local regulations, to decide what services are to be furnished, and the excellence, or standard, of service to be provided. They could then contract, not with small service units, but with the central metropolitan agency, to provide the suburb with sanitary service, public health service, fire protection, police protection, or any other service that could be performed by the central agency.

Different types of suburban communities require different services, varying in extent and quality, and this plan would permit them to contract for the specific service they want to the needed or desired degree of excellence. In this way the municipal affairs of the entire metropolitan district could be conducted in a simpler, more unified, more orderly, and more economical manner, without interfering with the identity or integrity of the numerous suburban components.

VALSPAR
STANDS UP FINE!

An *"ocean* of Valspar" would hardly exaggerate the amounts used these war years! Millions and millions of gallons of Valspar paints, varnishes and enamels are meeting the toughest of all tests—protecting our armaments and military installations against Arctic blizzards and blazing tropical sun.

People at home who want the best in paints, enamels and varnishes have been using huge amounts of Valspar too. Valspar *quality* never changes. Now, as for over a century, it's the best you can buy. Valspar Varnish never turns white—Valspar paints and enamels give protection plus lasting beauty. They make home repairs *easy!* Ask your dealer for Valspar—*today!*

For vegetables rich in food value...finer flavored...more of them

VIGORO

the complete plant food!

After all the time, money and effort you invest in your vegetable garden, don't take a chance on poor results . . . half-starved vegetables, flat tasting and uninviting.

To make sure *your* vegetables get *all* the food elements they need for finer flavor—greater nutritional value—yes, and bigger yields, too—feed *Vigoro!*

Vigoro is a *complete* plant food. It gives your vegetables—not just a few—but *all* the food elements they need from the soil. You don't trust to luck when you feed Vigoro! You're *sure* that every row—every vegetable—is supplied with a complete balanced diet of the food elements needed.

That's why Vigoro helps get better results...*more* luscious, flavorful vegetables—vegetables richer in food values! Feed Vigoro *regularly!*

A PRODUCT OF SWIFT & COMPANY

Vigoro is remarkably economical to use. Comes in bags of 100, 50, & 25 lbs.; 10 lbs., 5 lbs., and 1 lb. and in handy tablet form.

For lawns and flowers of thrilling extra beauty, healthy, freer from weeds

VIGORO

the complete plant food!

There's extra loveliness for your lawns and flowers in every bagful of Vigoro. You see, Vigoro is a *complete* plant food. It supplies—not just a few—but *all* the elements growing things need from the soil. Naturally these extra food elements mean extra beauty—extra health for your lawn and flowers.

It means that you can have really luxuriant grass . . . thicker, deeper green. What's more Vigoro helps produce such healthy root growth that when your grass comes up—strong and velvety, it will actually choke out weeds!

Equally effective for flowers, Vigoro, with the complete balanced diet of food elements *all* plants need, helps produce more of the gorgeous, magnificently colored blooms you want in your garden.

Feed everything you grow with this complete plant food—VIGORO!

A PRODUCT OF SWIFT & COMPANY

Vigoro is remarkably economical to use. Comes in bags of 100, 50 & 25 lbs.; 10 lbs., 5 lbs., and 1 lb. and in handy tablet form.

CONTRIBUTORS

• • • **MARIE HARBECK,** landscape architect ("Memorials that Live"), is an Oregonian and, of course, attended Oregon State. She spent eight years designing gardens in San Francisco. In 1939 she spent six months around Europe in exuberant study of the new and old in architecture and parks. When the war began, she promptly turned camoufleur at an Army post in Virginia. Her most recent activity has been the making of models for training soldiers and models of invasion terrain and the installations.

• • • **MARGARET JERVIS** is "Jervis" to her admiring colleagues. Born in Pittsburgh, she has spent most of her life in New York City where she received her art training except for one year in Paris. She originated the decorative figures on the food pages of this and the February issues. She is passionately fond of travel and before P.H. had thoroughly explored the Caribbean and its islands. Her prized pet is a Gargantuan feline, christened "Baby."

• • • **PINE L. EISFELLER** is Mrs. Robert C. Eisfeller, an Army wife. Photographs of her exquisitely made quilts begin on page 52. She says she was too busy bringing up her family to take her hobby seriously until after she was 35 years old. Then encouraged by her friends, she took to designing the patterns and won recognition at the National Needlework Exhibition in 1942, with second prize for outline embroidery and first for quilting, with the Second Grand Prize of the show. Now she gives all her time to the war effort, working as a clerk in a San Francisco hospital ward.

There must be magic in the name Tampax

Why do you feel so neat and free and modern when you are wearing Tampax? Why do you feel so wonderfully confident and top o' the world? It's because Tampax (for sanitary protection) permits you to discard those monthly belts, pins and external pads. . . . No wonder so many women now swear by Tampax and think there's magic in the very name!

Of course the secret of Tampax is that it is *worn internally*, so it is absolutely invisible in use and can cause no bulges or ridges or wrinkles in the clothing. The doctor who invented Tampax has achieved a very dainty product composed of pure surgical cotton compressed into neat throw-away applicators. . . . No odor can form. There's no chafing—you can't even feel it when in place. Easy disposal.

Buy Tampax at drug stores and notion counters. *Three absorbencies:* Regular, Super, Junior. Whole month's supply will go into your purse. Economy Box contains 4 months' average supply. Tampax Incorporated, Palmer, Mass.

NO BELTS
NO PINS
NO PADS
NO ODOR

3 absorbencies { REGULAR SUPER JUNIOR

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"But isn't one cleanser very much like another?"

Copr. 1944 The Bon Ami Co.

"Betty, you've never used Bon Ami if you think all cleansers are alike. But here! . . . Rub a little Bon Ami between your fingers and see for yourself how soft and fine it is!"

Yes, Bon Ami is soft and fine—*and safe!* For—unlike harsh, gritty cleansers—it neither scars nor mars fine porcelain. Doesn't make those tiny scratches that catch and hold the dirt, making your cleaning job harder and harder.

But Bon Ami is different in other important ways, too. It's fast and thorough—as well as gentle. *It polishes as it cleans.* It doesn't give you red, work-worn hands. Could you really ask *more* of a cleanser!

"BON AMI HAS DOZENS OF USES!"
To give your bathroom and kitchen equipment that spick-and-span look, use Bon Ami *Powder* regularly. To get your windows and mirrors sparkling clean, use Bon Ami *Cake.*

Bon Ami

Sick and tired of dingy pots and pans?

Make 'em gleam like new —

IT'S EASY AGAIN!

Maybe you've forgotten how S.O.S. works. *Like magic*— that's how! Different from any scouring pad you ever used! Just dip, rub, rinse—your kitchenware comes shiny-bright in a flash. Cleans, scours, polishes in one simple operation. The soap is in the pad. And the pad's sturdy— won't fall apart. Get some today!

Look for the YELLOW AND RED package

The S. O. S. Company, Chicago, Illinois, U. S. A.
S. O. S. Mfg. Co. of Canada, Ltd., Toronto, Ont., Canada

Now THERE'S MORE OF MAGIC S.O.S.

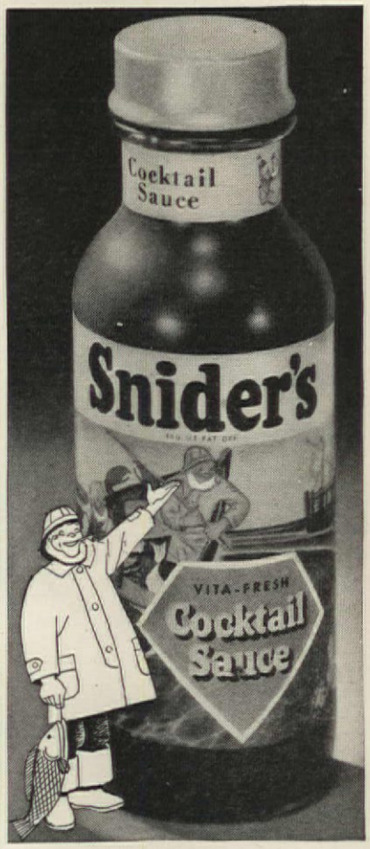
CONTRIBUTORS

• • • **MARGUERITE ICKIS,** the designer of the beautiful grape and leaf quilt on page 56, says quilting is much easier than the novice may imagine and that it's an excellent antidote to worrying. An expert on crafts and games, she not long ago conducted a course in occupational therapy for the Gray Ladies to supplement their work with soldiers. Miss Ickis teaches leadership and recreation at Teachers College at Columbia University, in New York City.

• • • **EDLA MUIR** is the architect of the Santa Monica Canyon home on page 27. Of women in architecture, she says: "Prejudice against them is something I've heard about but never encountered. Men in the profession and building trades have always been kind and helpful. I should never have made the grade otherwise." She entered an architect's office at the age of 13 and remained there until she became an associate in the firm. She lives in Los Angeles, is married, and has a young son who is "the best bit of designing I ever did—with the cooperation of my husband who is not an architect."

• • • **DR. RUTH E. BECKEY'S** intensely interesting and vastly helpful account of speech correction for the stuttering child is on page 30 of this issue—to which worried parents will turn immediately. Dr. Beckey has directed speech clinics in several universities. She has M.A. and Ph.D. degrees. During the past two years she has been doing private practice in speech correction and psychology in her home, where she lives with her doctor husband.

The original Cocktail Sauce



and no one's ever matched it!

Yes! Snider's Cocktail Sauce was the first—and it's still the finest sauce for sea food!

•

Of course, the recipe's a Snider secret—but we're proud to tell the world what goes in it!

•

Snider's is a mouth-watering blend of ripe red tomatoes . . . crisp celery . . . young onions . . . tender cabbage . . . tasty spices and flavorings . . . zippy horseradish!

•

Why, there's as much difference between fish that's served with Snider's—and plain ordinary fish — as there is between filet mignon and bully beef. Maybe more! Try it, folks—and see.

Serve Snider's the original cocktail sauce

The real work's done before you start to make them!

And each of these sparkling dishes takes precious little planning.

Just open a can or jar of Del Monte Brand Fruit Cocktail and there — instantly — you have the making of dozens of flavor treats. A selection of five of nature's finest fruits — but no dicing, no peeling, no cutting — no preparation whatever.

And that's not all! Del Monte combines these fruits in exactly the right proportion for tempting flavor balance — for delightful warmth and color in dull-day meals.

NO PEELING! And Del Monte Fruit Cocktail is a spring hit with crisp salad greens. Extra fine with French dressing. Or, use the dressing you prefer.

Remember! Del Monte puts

flavor first

In Growing. Every single fruit used in Del Monte Fruit Cocktail is grown where soil and climate combine to produce the finest natural flavor.

In Picking. Frequent checks insure that each fruit is picked at just the degree of ripeness that will give you genuine goodness.

In Packing. Automatically combined in uniform proportions — neither too much nor too little of any one fruit.

In Testing. Each day's pack must finally be checked and re-checked to qualify for the Del Monte label — first at each cannery, then at central Del Monte headquarters.

NO DICING for this quick starter! And how these 5 *flavor first* fruits do whet appetites. Peaches, pears, pineapple, grapes, cherries. A treat, *any* way.

NO MIXING! And you'll certainly like the fine balance of fruit flavor. On cake, pudding, gingerbread or solo — dessert help of the brightest kind!

Del Monte FRUIT COCKTAIL

SAVES TIME — SAVES WORK — MAKES MEALS BRIGHTER

WHOOSH! AND YOU'RE OUT IN FRONT—

There's a Ford in your future

You will scarcely know it's running when it idles. Yet when that soft-spoken motor springs into action, it will send you surging out ahead.

. . . . Yes, it will be fleet—this Ford that will come with peace. Fleet . . . and smartly styled. A big, sturdy beauty—rich appearing—with vigorous youthful lines, suggesting power and smooth, improved riding comfort.

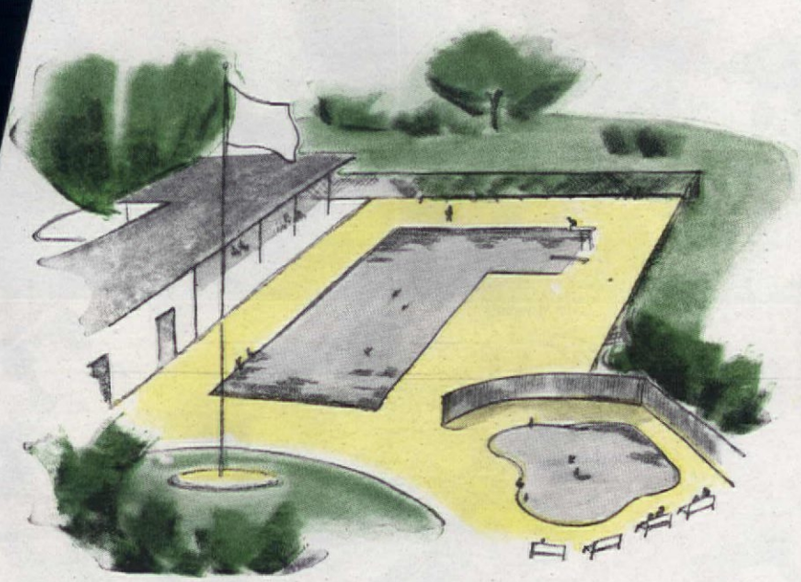
. . . You'll find this new car thrifty and reliable in the finest Ford tradition. And it will include many refinements to add to your motoring pleasure.

. . . This is not wishful thinking. When the green light is given, Ford will start production plans. Meanwhile, the f resources of Ford are engaged in he ing to speed the final VICTORY!

FORD MOTOR COMPA

Ford

Memorials that Live and Serve

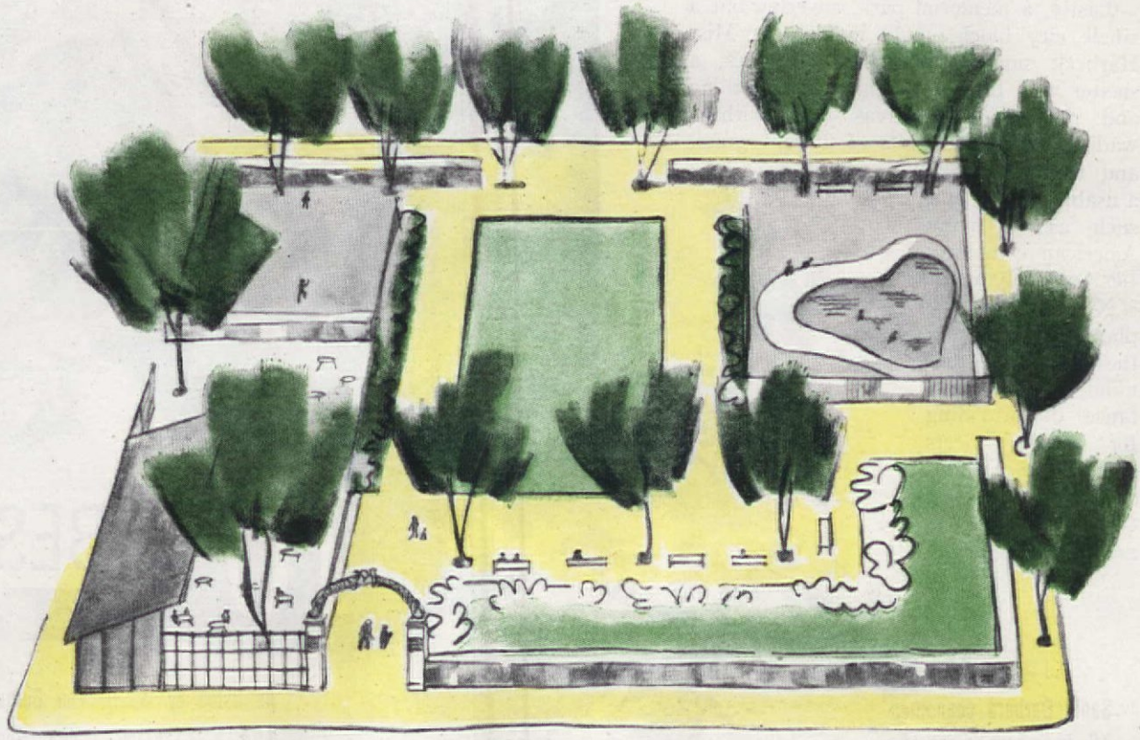


Are the Modern Tribute of a Grateful People

Are You and Your Community Wondering How Best to Commemmorate the Valor of Your Service Men and Women? Here Are Ideas—and Three Project Suggestions by Marie M. Harbeck

WE ARE continuing here to fan the flame of interest in memorials that live, which we first discussed in December, 1943. Not that much fanning has been necessary, for the idea has spread like wildfire; but it should go farther.

The basic facts are simple enough. After this war (as after all wars), many memorials will be erected to honor those who have served their country and its cause. These will range from stately and grandiose monuments to simple tablets; but we hope and firmly believe that a great number will be alive as well as lasting, useful as well as beautiful. "Living" here refers both to the nature of the material used in making a memorial—trees, shrubs, flowers, turf, even, perhaps, moving water; and to the active, vibrant part a memorial can play in the life of a community. In the latter sense, an endowed library, hospital, school, civic center, auditorium, museum or other building that contributes to the public welfare is a "living" and worthy memorial, especially if given an appropriate setting of adequate open space and well-chosen, well-cared-for plantings. But an expertly designed, well-executed, adequately maintained landscape feature—a wooded play-



Study these sketches for three modern war memorials—a many purpose city block park, a swimming- and wading-pool area, and an outdoor theatre—and visualize them as part of the lives of yourselves and your neighbors

or picnic ground, grove, scenic drive, forest preserve, or anything combining recreational, aesthetic, and commemorative functions—is as entitled to the name "living memorial." It, too, contributes to the people's physical and spiritual strength, stamina, stability.

A park, grove, or playground is no less distinguished a memorial because it serves a utilitarian purpose. Indeed, it should rank well above most of the shafts, blocks, and statues that record the human cost of past wars. On the practical side, the value of open spaces where people can relax, meditate, and enjoy the benefits of recreation (and re-creation), although hard to estimate in concrete terms, has been proved over and over again. They prevent human ailments and social ills which, uncontrolled, create a steadily growing need for hospitals and prisons. They make for better neighborhoods and higher standards of citizenship. And every tree planted as a memorial aids the vital cause of conserving the nation's squandered soil and timber resources.

In the suggestions graphically presented by Marie Harbeck on page 17, we have, first, a simple community swimming pool, with a separate "duck pool" for pre-swimming age youngsters. There is a small dressing-room building, a shelter for spectators or parents, and, for the memorial tablet, a circular plate on a raised disc which forms the flagpole base.

Secondly, there is an outdoor theatre, such as some cities already possess and enjoy. It can be fitted into a natural, wooded site, or created with a minimum of cutting, filling, and planting, to make a beautiful, dignified place for concerts, ballets, theatricals, civic forums, and patriotic gatherings. It could be part of a school or park project, or complete in itself. A curving bench or wall at the back of the stage provides space for commemorative tablets.

Lastly, a memorial park, covering but a single city block, could include, as Miss Harbeck suggests, a tribute gateway, a shelter with tables and chairs for lunching and relaxing, play areas (one with a wading pool), and plots of flowers, grass, and trees, to make a usable beauty spot such as so many American communities so sorely need.

Now, when city planning is large in the public eye and mind, the importance of providing for such projects should be realized and emphasized —vigorously, often, and everywhere.

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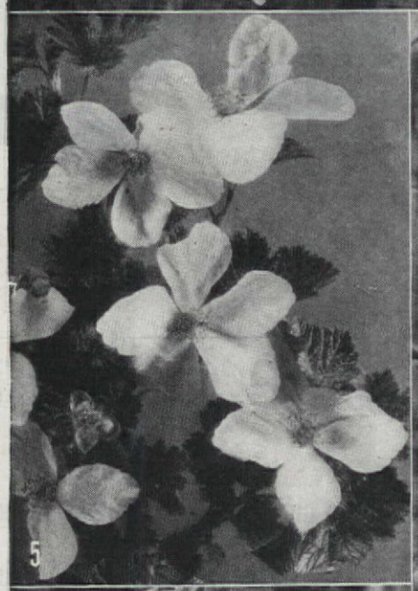
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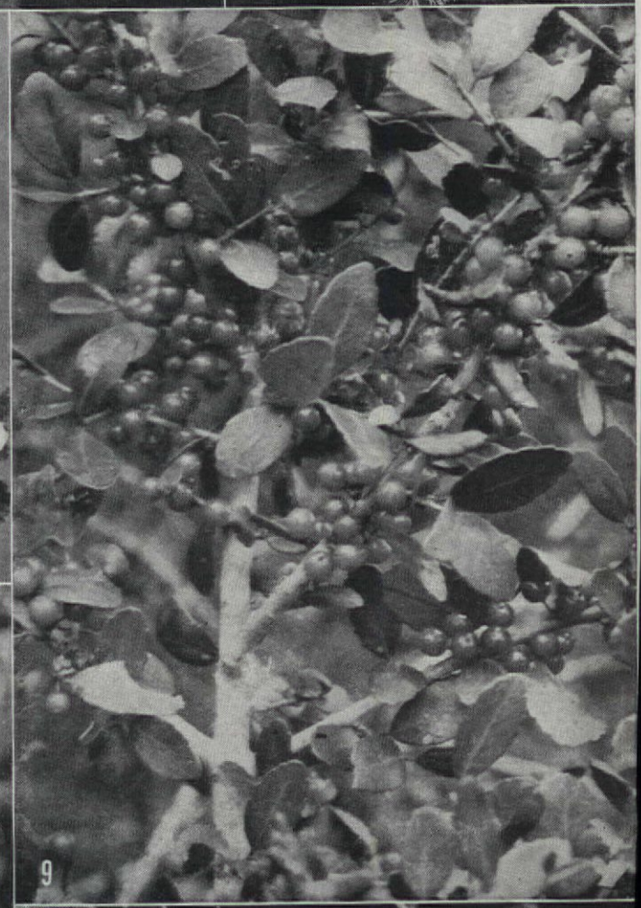
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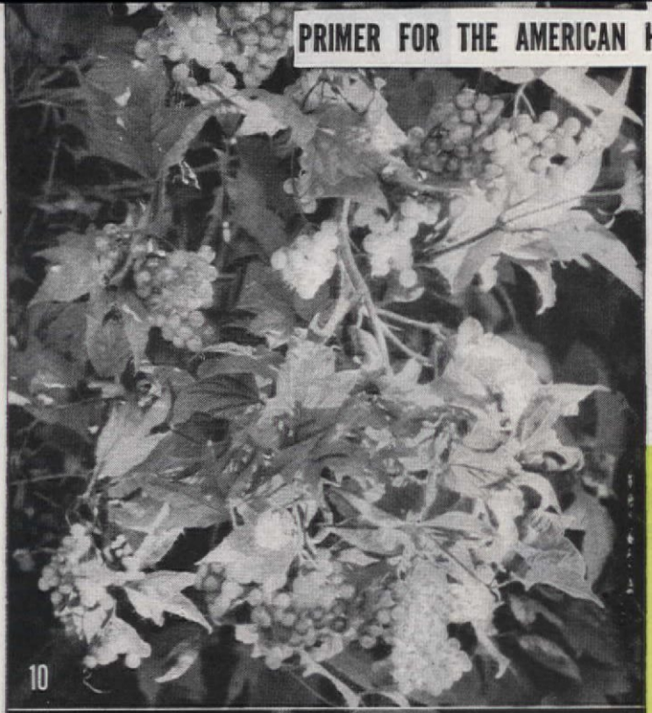
The 10 BEST SHRUBS OF

6

6) Santa Barbara ceanothus (C. impressus); one of a group that is, to the West Coast, what lilac is in the East

As listed by W. R. Van Dersal in "Ornamental American Shrubs" (Oxford 1942). 1) Flame azalea (Rhododendron calendulaceum); 2) San Diego fre montia (F. mexicana); 3) Mescalbean sophora (S. secundiflora); 4) Moun

Photos: 1, O. C. Falkovitch; 2, 3, 4, 9, 10, U. S. Soil Conservation Service (4, E. C. Crandall)



Shrubs For Garden Effects

E. L. D. Seymour

SHRUBS differ from hardy perennials (discussed last month in Lesson 10) in that their stems, instead of being herbaceous (or soft and discarded each year), are woody and permanent. Except for that similarity, they display the widest diversity in character, habits, appearance, and uses. Some are deciduous (replacing their leaves each year); others are evergreen, sometimes according to the climate and location. They may be conspicuous for their brilliant, perhaps fragrant, flowers; their bright, curious, or edible fruits; their striking foliage or cheerfully colored stems; or a combination of two or more of those features. They may be upright, spreading, arching, trailing, almost climbing. They may range from miniature to majestic and treelike in stature—again depending to some extent on their environment.

Generally speaking shrubs are easy to plant, grow, and take care of; and tolerant as to soil, site, exposure, etc. However, there are some with definite likes and dislikes with respect to such matters as soil acidity, moisture, shade, and other cultural factors. Since shrubs are usually more effective in their natural form, a good rule is to prune as little as possible, and then, promptly after the flowering period. Insects, diseases and other troubles are no more, nor less, a problem than with most plants; they can ordinarily be kept under control with average home garden equipment. The logical, and correct, conclusion is that there is a wealth of shrub material for gardeners to select from, to fit all kinds of conditions, locations, uses and tastes. In choosing, the two requirements to keep always in mind are: (1) Suitability of the material

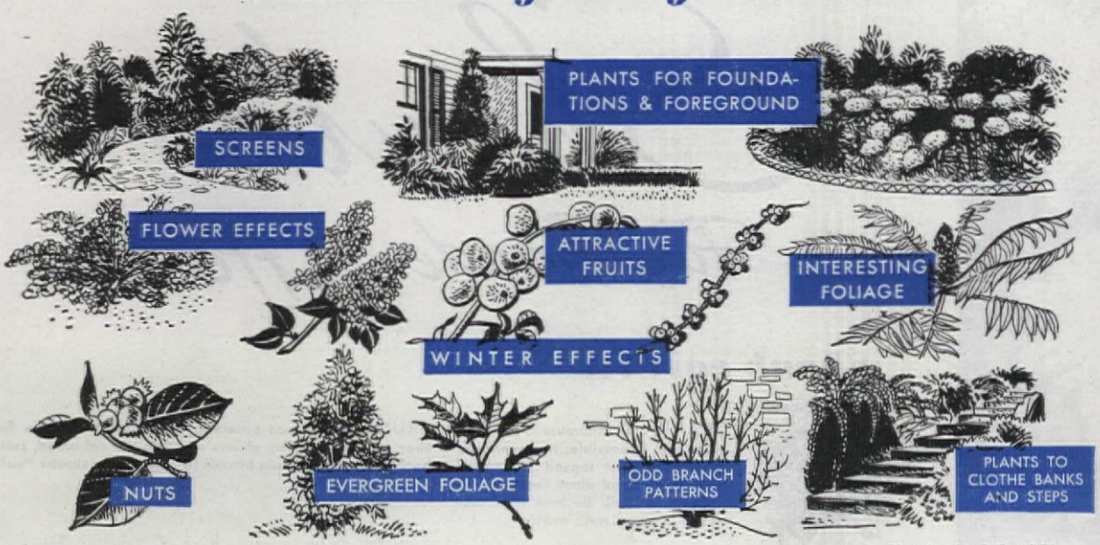
THE UNITED STATES

2

ain-laurel (Kalmia latifolia); 5) Boulder raspberry (Rubus deliciosus);
) Fringetree (Chionanthus virginica); 8) Stewartia (S. ovata);
) Yaupon (Ilex vomitoria); 10) Cranberrybush (Viburnum trilobum)

McFarland; 6, Santa Barbara Botanic Garden; 7, 8, De La Mare

What shrubs give to gardens...



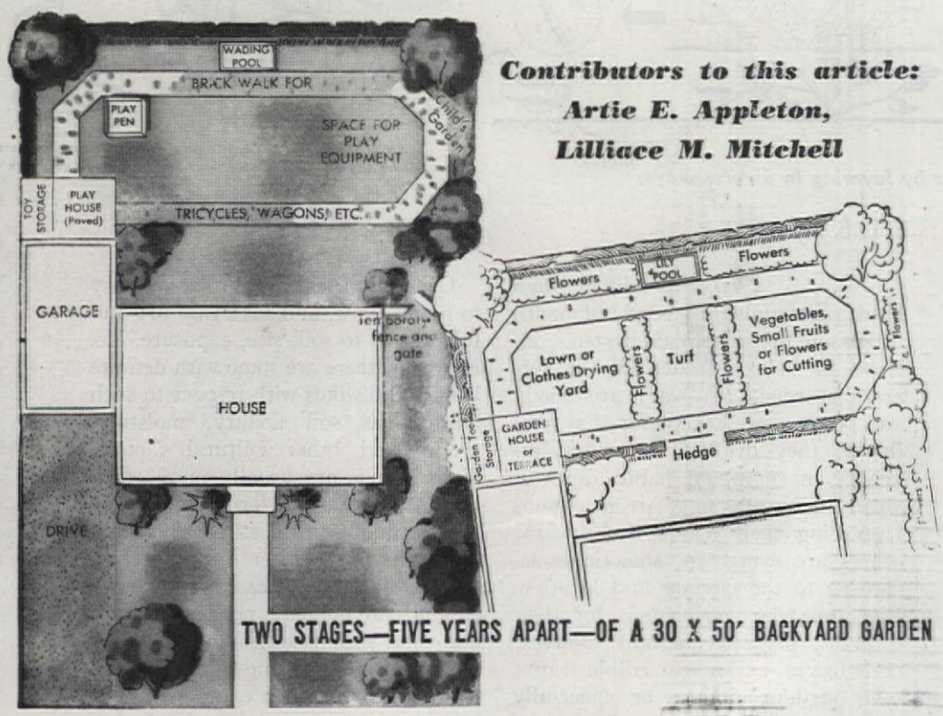
Sketches by J. Lewicki

to the purpose; and (2) Its adaptability to the conditions of the site and the environment.

Notwithstanding the obvious difficulties of suggesting lists of "best shrubs" for other than limited, specific problems, such lists are available, helpful, and stimulating. We are presenting one, with illustrations, from William R. VanDersal's "Ornamental American Shrubs," which, it should be noted, considers only material native to this country. Another plantsman, P. J. Van Melle, in his scholarly "Shrubs and Trees for the Small Place," (Scribners) carefully scores one hundred plants, native and introduced. The eleven that he gives more than 70 points to are: Berberis thunbergi minor, 81; Abelia grandiflora and Berberis vernae, 79; Cornus florida, 78; Oxydendron arboreum, 73; Euonymus alatus compactus and Rosa primula, 72; Berberis dictyophylla, B. koreana, Crataegus phaenopyrum, and Symplocos paniculata, each 71 out of a possible 100.

Again, in Ohio, Professor V. H. Ries, Extension Horticulturist, has offered the following as "probably the most all-round, useful and satisfactory for Ohio gardens": Regel privet, Froebel spirea, Cotoneaster apiculata, Viburnum tomentosum, V. lantana, V. carlesi, Abelia grandiflora, Chaenomeles (Cydonia) maulei, Daphne Somerset, Syringa chinensis. Any unfamiliar names don't mean that the old favorites are "out." They do suggest new fields for you to explore.

You're making a home for children to grow up in?



TWO STAGES—FIVE YEARS APART—OF A 30 X 50′ BACKYARD GARDEN

Garden plans by Mary Deputy Lamson; renderings by H. McClelland

Contributors to this article:
Artie E. Appleton,
Lilliace M. Mitchell

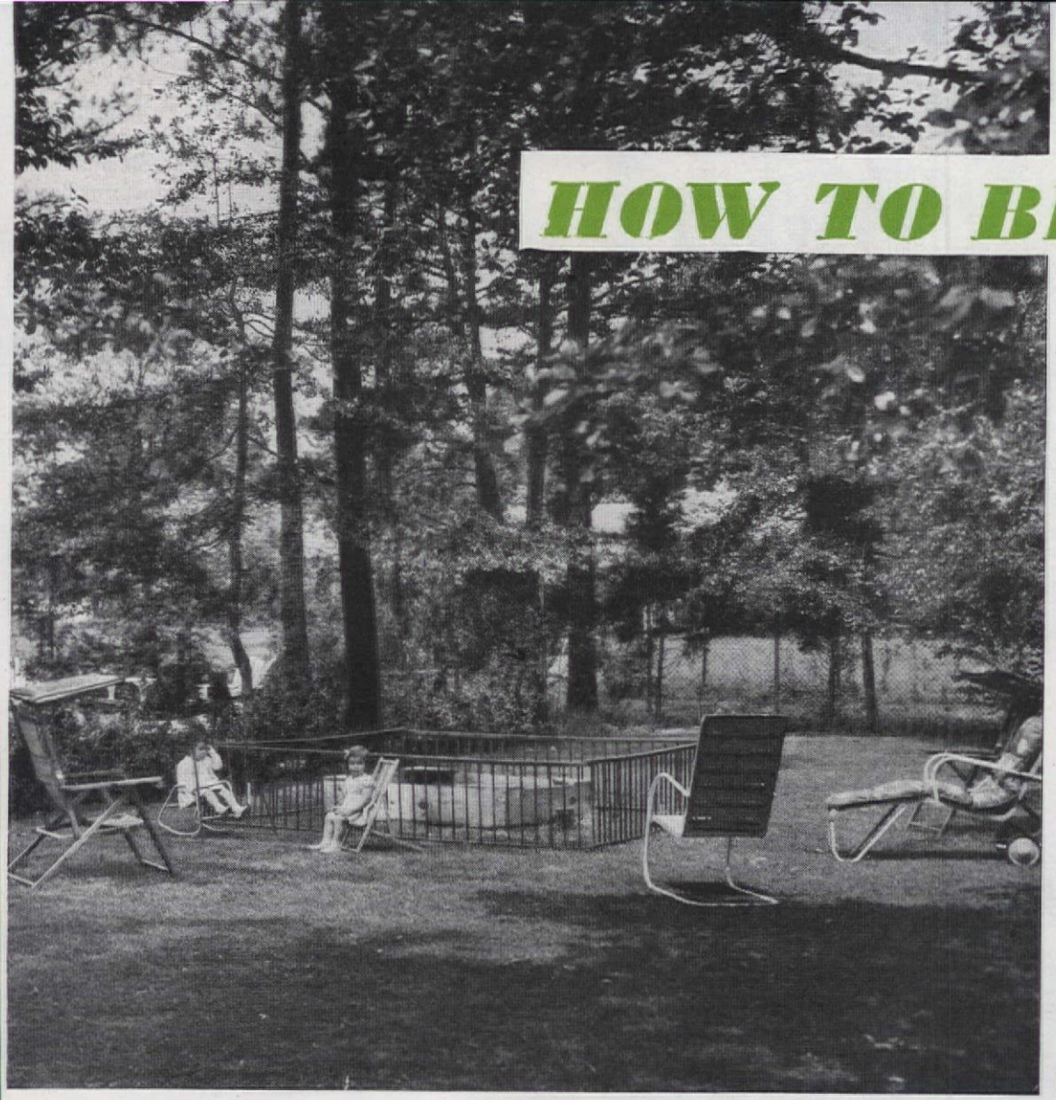
In the change from a 1945 garden for toddlers to a 1950 garden for adults, the brick walk stays; play space turns into garden and work area, play house into terrace, wading pool into lily pond

SUPPOSE your fairy godmother said, "This year you can have the loveliest garden in town. But it will cost you 25 hours of nagging your children to leave it alone; 10 hours of punishing Johnny for chasing his ball through the flower beds; 5 tearful hours for little Mary who picks your choice blossoms just before flower show week; and, as surtax, a worry wrinkle between your brows and new fret lines around your mouth."

Too high a price to pay? Of course. And unnecessary, if you will face the facts, develop a garden program with due consideration for the youngsters who are going to spend most of their waking time in it, and let special effects, specimen plants, prize-winning flowers, and other elements of horticultural perfection wait a while.

This doesn't mean foregoing the pleasures of your garden. It *does* mean that you must plan carefully in advance, with both your immediate and your future needs and problems in mind. (Which, of course, is the way every home garden should be planned under any circumstances.) One problem is how to teach the youngsters to respect the family property and gradually accept a share of the responsibility of protecting and caring for it. Another is how to lay out the space so as to give the children maximum room for their enjoyment of the garden in their own way, and at the same time provide for enough plants to supply the color, fragrance, and fresh food crops that you *must* have. In the accompanying suggested plans by Mary Deputy Lamson, the basic designs and permanent features are such that they will serve the needs of the little ones for four or five years,

HOW TO BEGIN . . . 2



Garden of Mr. and Mrs. Louis H. Miller Jr. Photograph by F. M. Demarest

CHILDREN ARE THE MOST IMPORTANT CROP YOUR GARDEN CAN GROW . . . SO PLAN IT FOR THEM AND THEIR NEEDS

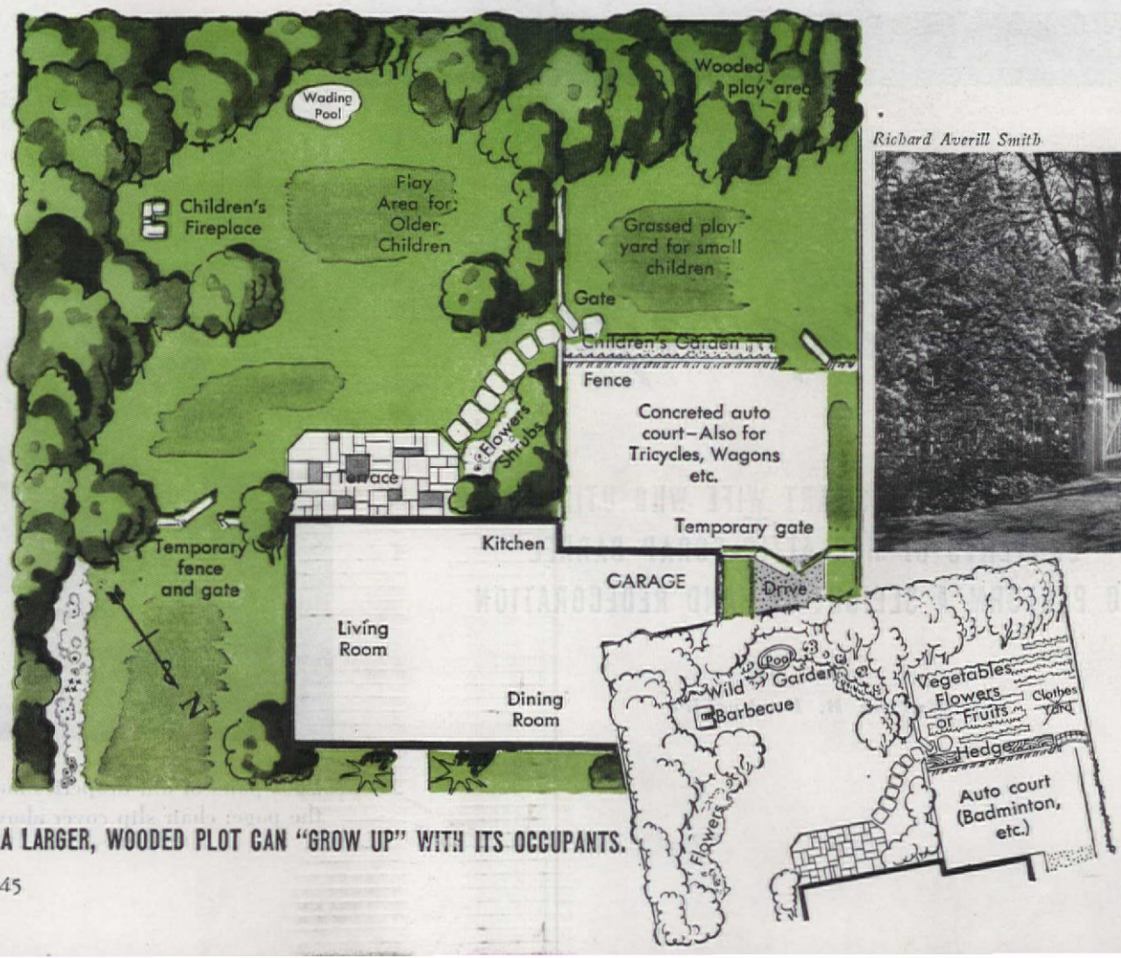
be happy there, her mother learned that Mary liked the shade because strong sunlight hurt her eyes; that their weakness was at the bottom of the headaches that had troubled her and impeded her school work! Treatment and special glasses followed and Mary entered upon a new and happier future—literally entered it "through the garden gate."

The modern world may scoff at the idea of a miracle; yet whoever watches the growth of seed, leaf, flower, and fruit beholds miracles in the making and is unlikely to become a cold, unimaginative sophisticate. If, happily, there are to be children in your garden, plan so that, first, they will enjoy it; second, they can learn there facts about plant life and human life, and their interdependence; and, third, they can know real companionship with you. Therein you, too, will find one of the richest rewards of your gardening experience.

Then you'll want a garden that can "wait" a while

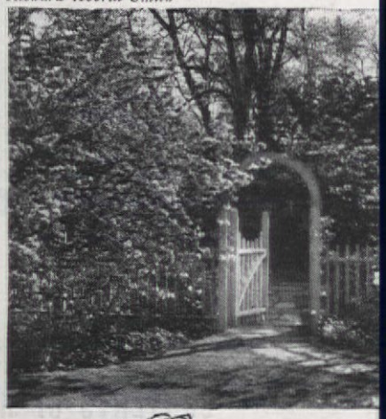
after which, they can be transformed, with a minimum of new construction, remodeling, and replanting, into garden settings for adolescents and, later, for adults.

Even while they are very small, youngsters can gain much by having a part *in* the garden, as well as of it. When planning the flower or vegetable plots, include them in the discussion; let them (or help them) choose a corner for "their very own"; read and interpret to them the catalogue descriptions, or visualize with rough crayon sketches the distinctive forms and colors of the more easily grown subjects. Facts so learned and interest so aroused will go a long way in keeping them happy in their part of the garden and away from yours. And there may be other valuable results. . . . For example, little Mary responded delightedly to an invitation to choose a place for *her* flower bed. Surprisingly, she chose a narrow, dry, shady strip on the north side of the house. In explaining that few plants would



A LARGER, WOODED PLOT CAN "GROW UP" WITH ITS OCCUPANTS.

Richard Averill Smith



Saving Pays

SAVING GRACES OF A SMART WIFE WHO UTILIZES THE CONTENTS OF HER ATTIC SCRAP BARREL TO PERFORM A SLEIGHT-OF-HAND REDECORATION

Martha B. Darbyshire

PROOF that saving can indeed be a grace are these examples of what one wise woman who had a knack with a needle and an attic full of old castoffs did to transform her living room for a cost of less than ten dollars! Mrs. E. R. Croy of Los Angeles is a prodigious saver who by her own admission keeps anything and everything for no particular reason except that it goes against her sense of thrift to throw away even an attractive box. This is probably as good as any explanation of hundreds of sagging top closet shelves all the way across country from Los Angeles to Maine!

During the last siege of house cleaning, Mrs. Croy attacked her odd assortment of saved loot with the grim determination of either giving the whole lot to some worthy wartime organization, or of proving the point that it really pays to save. She got a double answer to the question. Her favorite charity backed up their station wagon and got their day's quota of used goods at her side door, while she herself actually salvaged plenty.

The living room sports a room-size hooked rug, Mrs. Croy's pride. The furniture was sadly in need of face-lifting to live up to its bright new companion. In her salvage pile were four pairs of linen colored homespun draperies, too short for the windows in the new house, but ample in yardage to make a slip cover for the sofa. Whipping out her scissors and sewing machine, Mrs. Croy soon had the old curtains ripped apart, and with the aid of her American Home slip cover pattern, she cut the pieces to proper size and pinned them onto the sofa.

Four pairs of old draperies make the sofa slip cover at top of the page; chair slip cover above is tailored from rose remnant

A few hours at the treadle wrought the neat slip cover you see on the opposite page. Enough extra scraps were left to ravel out and make into the two soft allover fringed pillows. Inspired by her successful first effort, Mrs. Croy mulled over a few yards of powder blue denim among her hoard, put on her hat and coat and went out to match it in a department store. She found enough to make a slip cover for a fireside chair, curtain valances, and a quaint gathered ruffle for the fireplace shelf. A remnant of fabric contained just enough material to slip-cover another chair in dusty rose, a color which matched a tone in Mrs. Croy's new hooked rug.

Her daughter's bedroom next caught Mrs. Croy's attention. While sorting a box of old linens, she dragged forth an old linen crash bedspread embroidered in bright yarns and a pair of old linen sheets. The sheets had been kept more as a matter of sentiment than from any hope of ever using them again. During World War I, one bleak morning just before dawn Mrs. Croy's father went over the top in a surprise attack on the German front line trenches. The raid was successful, and in the underground dugouts which were the German officers' quarters, the Americans found comfortable chairs, beds, tables and linens. There was a mad scramble for souvenirs, and our hero emerged with the pair of fine, homespun linen sheets, which he promptly sent home.

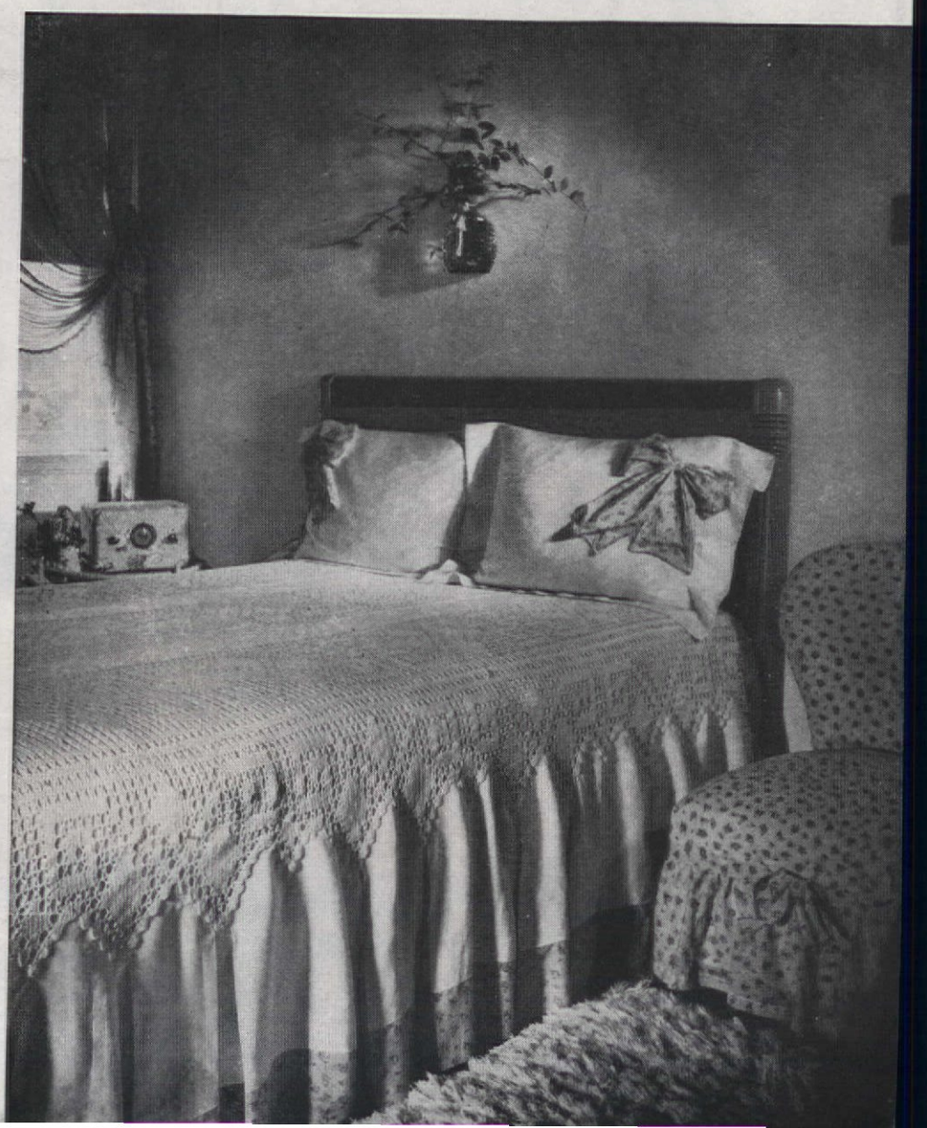
In Mrs. Croy's mind they had already become a bedspread. Among her treasures was a roll of hand crocheted bands which her mother-in-law had once made. By cutting away the worn centers of the sheets and combining them with the bands, she evolved a spread for her daughter's bed. Five-inch bands of green and pink chintz are used for trim on bottom edge of the skirt.

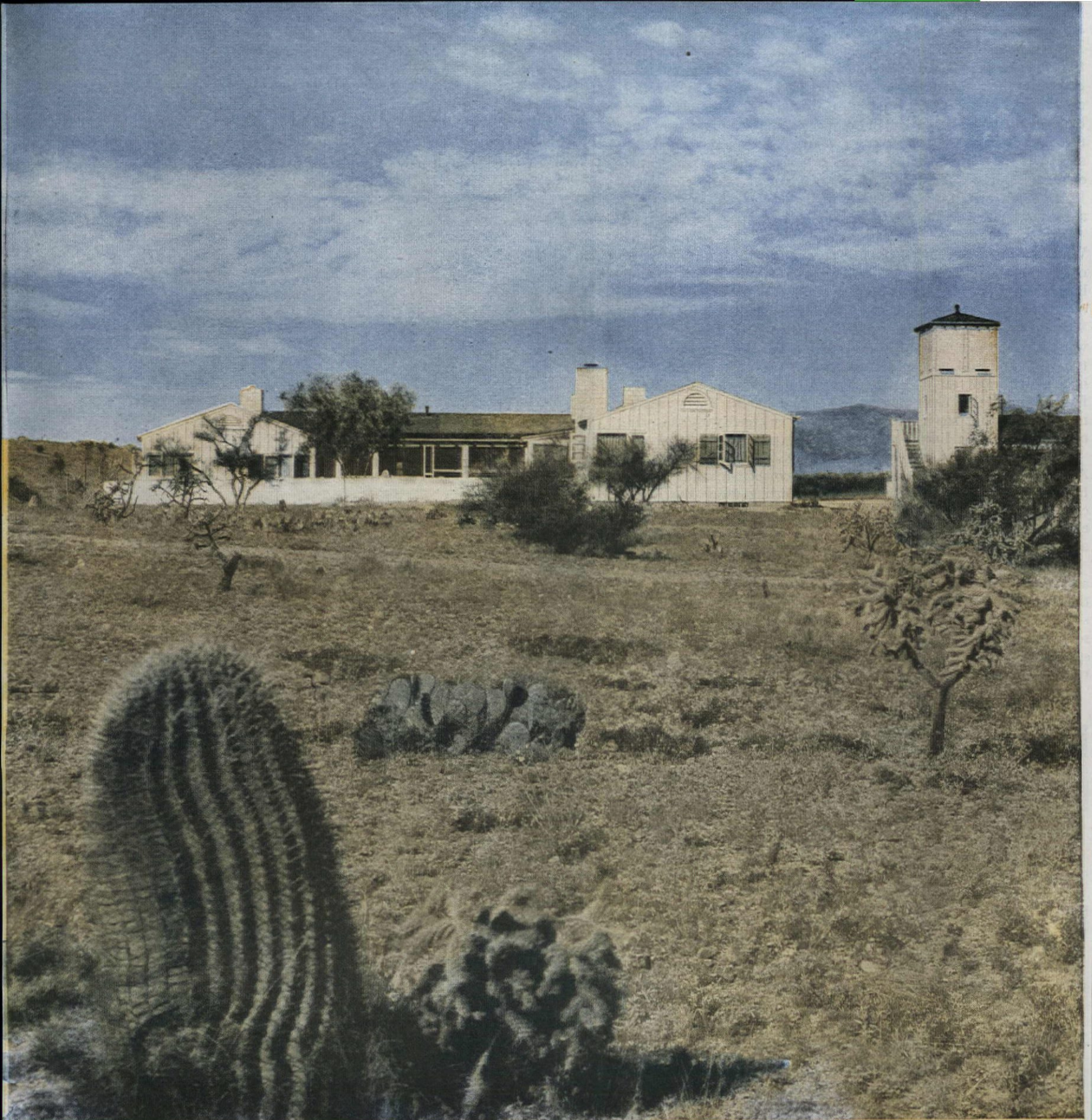
The embroidered bedspread from the attic was judiciously cut and applied as upholstery on the chaise longue in one corner of the room. Turning her talents to the small worn case of the bedside radio, Mrs. Croy made a neat job of re-covering it with a scrap of pink quilted chintz. The chintz which edges the new bedspread repeats in the room as upholstery for a slipper chair, a ruffle around the mirror, and tie-backs for the net curtains.

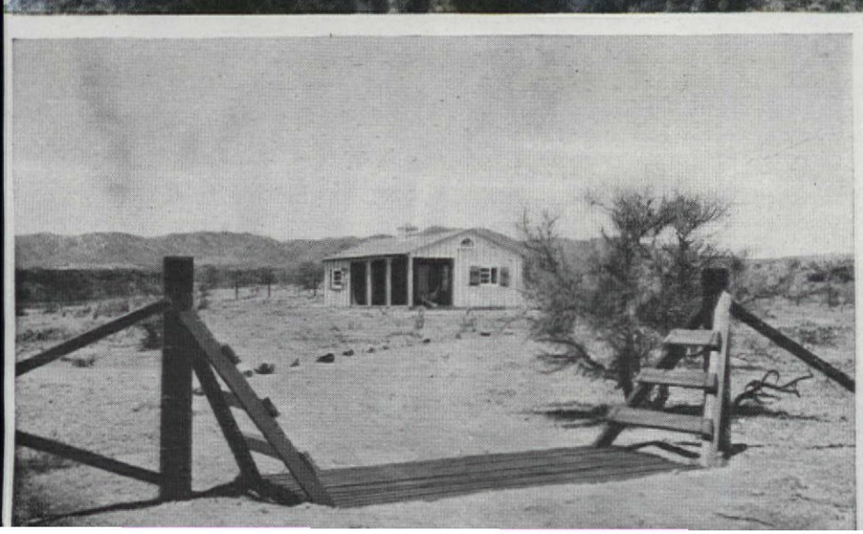
Photographs by Maynard L. Parker

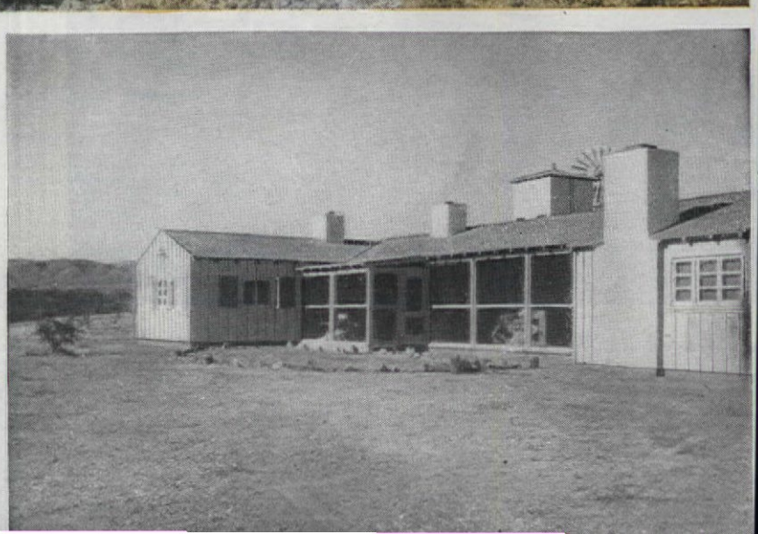
Something from nothing is Mrs. Croy's philosophy! A box of old linens yielded a cast-off linen crash bedspread with a design embroidered in yarn. Result: "Brand new" upholstery for her daughter's chaise longue!

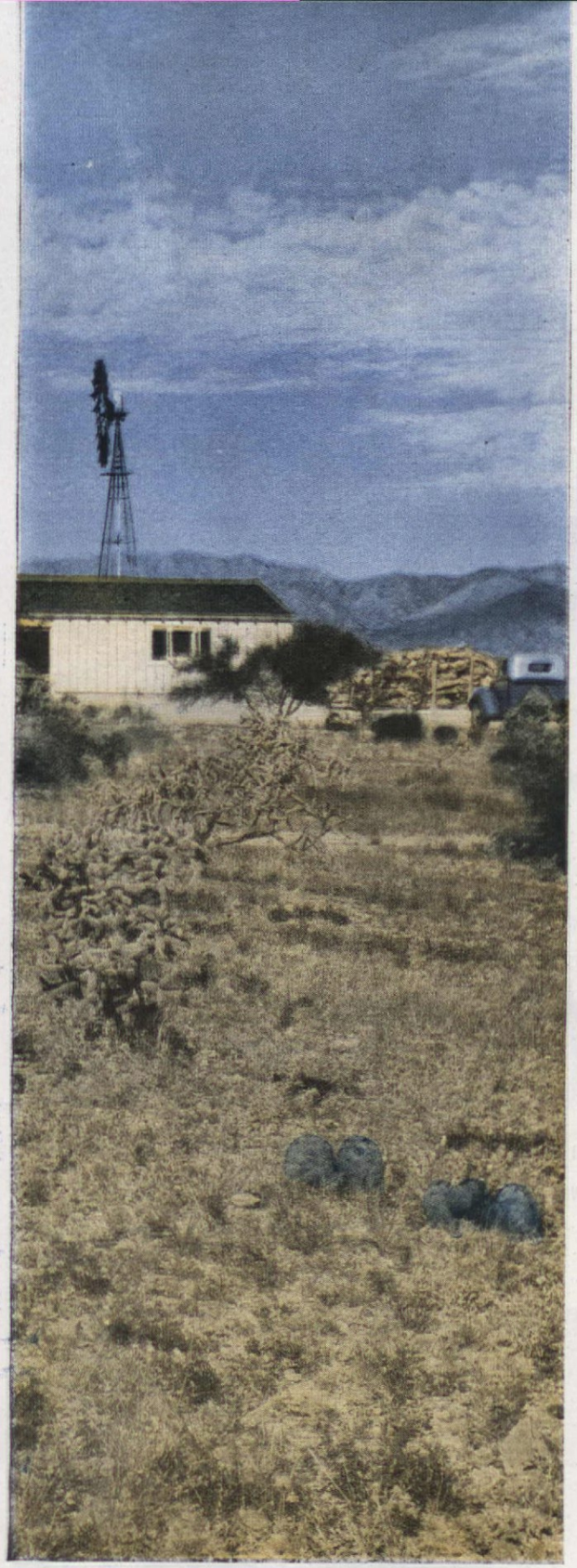
A salvaged length of blue denim covers fireside chair, makes a mantel valance. Bedspread at right was made from two old sheets



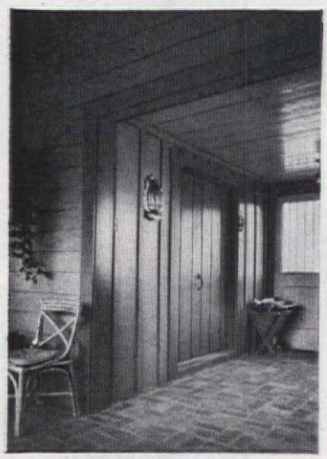








Arizona Homestead House



Martha B. Darbyshire

To most of us homesteading and pioneering go hand in hand. There's romance in staking claim for one's land—the romance of covered wagons, Indian wars, and the spunk and rugged determination of our earlier settlers. Yet, until the repeal of the Homestead Act in 1934, this method of acquiring land was still practiced in the wide and open spaces of Arizona. Exciting, perhaps, for modern souls and it was certainly exciting for Richard A. Morse when he arrived in Tucson during the depression year 1932. An architect, he had left a practice in New York City seeking new horizons. No time was lost in staking claim for 640 broad acres overlooking the Santa Cruz Valley. So eager was he to start work that the house was partially erected before the all-important matter of locating water was even considered. Ignorance was bliss, however, and everything turned out all right in the end. Lack of water made a frame house covered with siding a logical choice. Actually it was nothing but a one-room bachelor apartment. The all-purpose room was used for both living and sleeping and was separated from a small kitchenette at one end by a half partition with wood grille above. A porch and one-car garage completed the set-up. Colored concrete was used for the floor of the main house; wire cut brick laid over a cement slab served on the porch. At this stage of the game, water was carried from Tucson in 5-gallon cans and stored in a large boiler located in the garage. Mr. Morse was now "at home," ready to work out the required months of residence to fulfill the claim. The land would then be his for keeps.

In 1936, spurred on by the success of his architectural practice in Tucson, Mr. Morse decided to enlarge his house. A new wing was added; the garage became the new and larger kitchen and the original kitchenette turned into a dining alcove. A new wing housed a living room, bedroom, and bath. The original living room found itself used for dining. In the meantime, a well had been drilled and a water tower erected, together with a windmill, for pumping water. Construction for the new work followed the original pattern. Living room and bedroom gained new importance because of their redwood paneled walls. To enjoy more fully the dramatic surrounding countryside, additions were made to the porch.

However, pressure of work plus the difficulty in commuting to Tucson, twenty-seven miles away, proved too great a strain for Mr. Morse. He decided to sell and was fortunate in finding two friends, Mr. and Mrs. Mathew Baird, ready and willing to take over the ranch house. So it came to pass that, in order to satisfy the needs of the new owners, more alterations were necessary. Two more bedrooms and two baths were added. Under the water tower tank a small study for Mr. Baird was

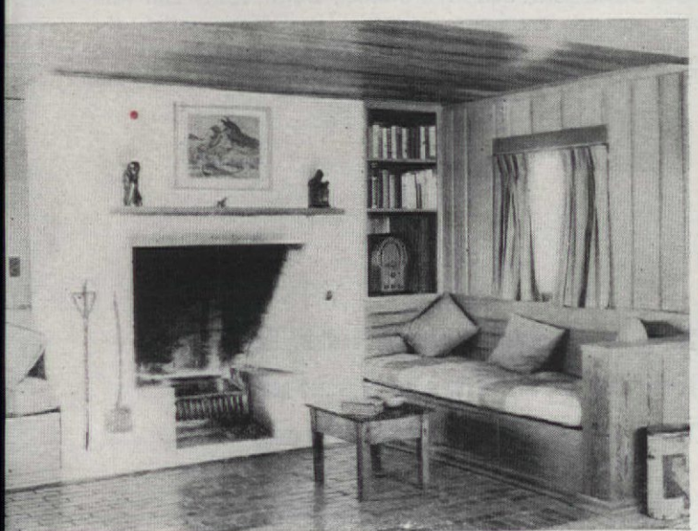
Started by one owner—finished by another, the home of Mr. and Mrs. Mathew Baird, located near Tucson, Arizona, successfully survived growing pains

sheathed in. Connected to this tower is a two-car garage with rooms and bath for two servants. The original house more than answered its bachelor owner's needs—it was inexpensive, attractive and planned with such foresight that later additions were easily applied without injury to that which went before. It was, in essence—a good, simple basic house. Of course, Mr. Morse was blest by his 640 acres. Expansion was unlimited. Still, if properly laid out, a house on more restricted property area can be capable of gracefully living through growing pains. We think that Mr. and Mrs. Baird are indeed fortunate. The composition of the various buildings would surely satisfy the most cultivated artistic eye. Reminiscent of the early Spanish bell towers, the covered water tank is a most pleasing accent to the low horizontal lines of the surrounding roof lines. Lucky for them that Mr. Morse harkened to the oft quoted Horace Greeley advice to all young men. The West was the thing!

Paneled in redwood from tip to toe, bedrooms are generously furnished with well planned built-ins. Casual informality keys all interiors

Richard A. Morse, architect

Photographs by Maynard L. Parker



With an Eye to the Future

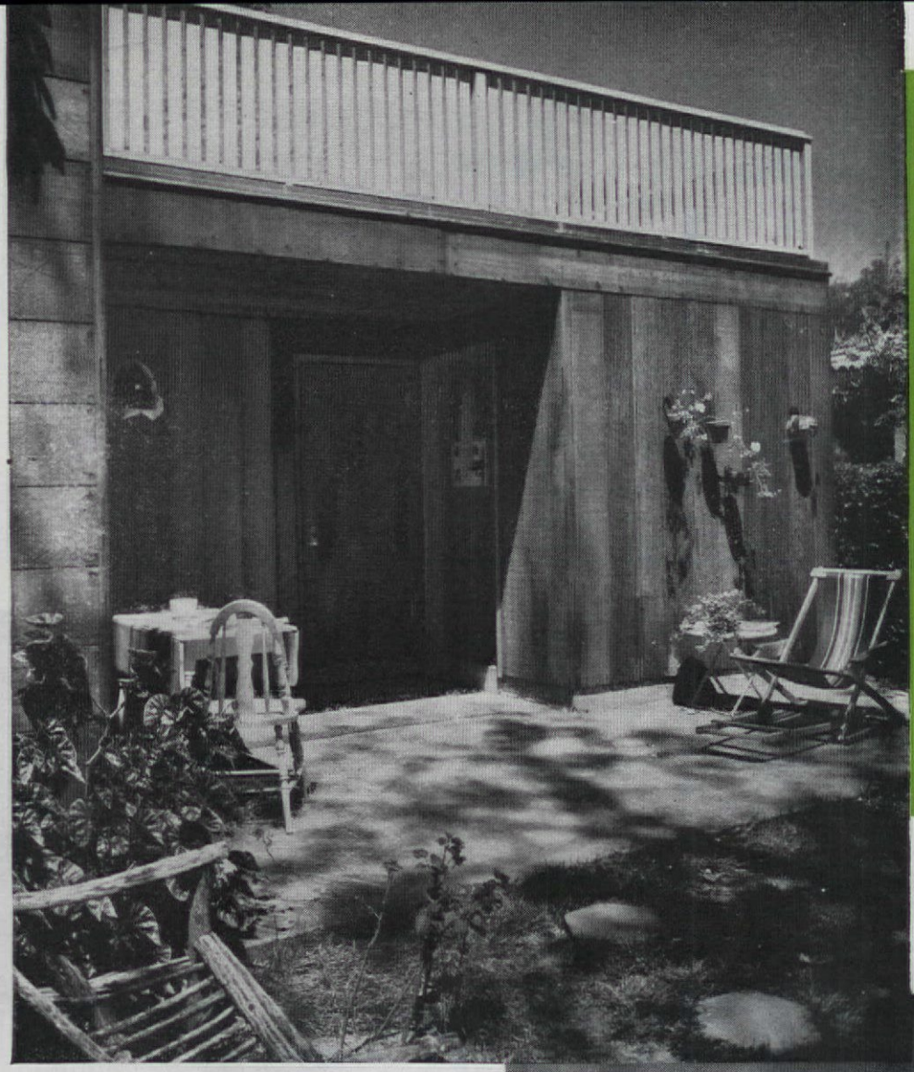
HOME OF DR. AND MRS. JAMES L. McPHERSON
SANTA MONICA CANYON, CALIFORNIA

Ethel McCall Head

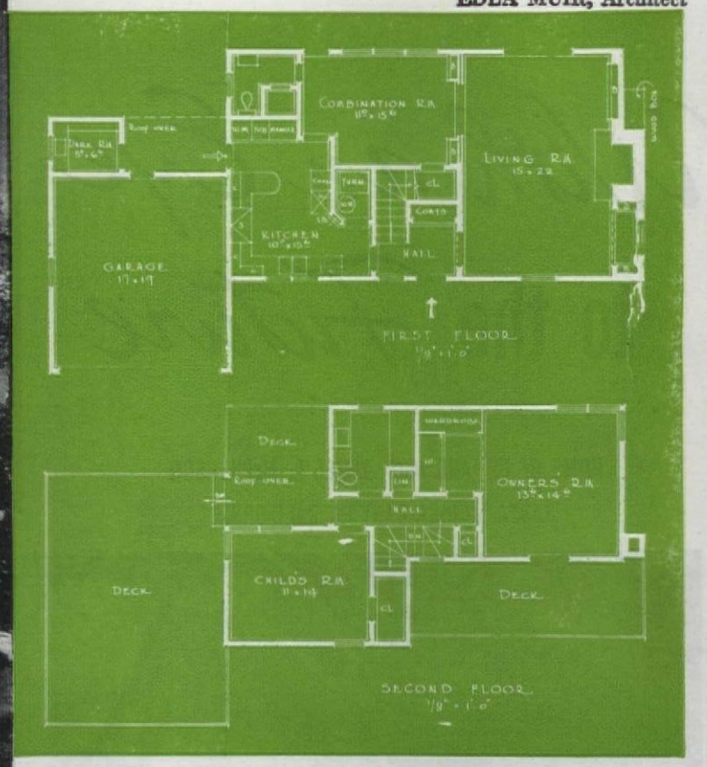
Photographs by Maynard L. Parker

THERE should be more home planners like young Dr. and Mrs. McPherson. When building their modern redwood house in Santa Monica Canyon, California, they constantly kept before them sad experiences they'd heard about. Many, many homes are built without a thought to future expansion. This couple was determined that their house would gracefully and logically take enlargement in its stride. With architect Edla Muir, plans were studied carefully with an eye to future needs. The result holds bright promise. When the need arises, one, two, and even three new rooms will fit snugly into the basic plan without disturbing anything already built. There'll be no costly structural changes for the McPhersons! Just how did they do it? Well, for instance, flat roofs are easily adaptable to future changes. So, flat sun decks on the second floor will make, at some future day, room for three bedrooms. The upstairs hall was planned to accommodate these new rooms as conveniently as it does the present bedrooms. Easy, isn't it, if you think far enough ahead. Now let's study some other common sense features.

On the first floor, the dining room is called a combination room for the present. A charming, pleasant room it is, too, overlooking the garden. Right next to the kitchen mother can keep an eye on little daughter when the room is used as a playroom. Perhaps it's strange to find a bath next to this room, but it's placed there with an eye to the future, too. The bath will then serve a guest room when a new wing is added. A



EDLA MUIR, Architect



Large French doors bring garden into cool uncluttered interiors. White walls and chartreuse ceilings add cool, airy look to interiors overlooking rear garden

Outdoor meals are served on the terrace against covered redwood passage leading to dark room

private hall will be created between dining room and bath leading to new guest room. Another economical trick and a great space saver was the installation of laundry as part of kitchen. On Monday mornings, doors are opened to reveal washing machine, tub, and mangle. Just another step saver while keeping an eye on baby in the next room. A covered passage just outside the "laundry" leads to a door opening into the dark room, where photographic paraphernalia are neatly housed.

There's a great deal of privacy in the McPherson house as it now stands. Both living room and combination room look out through floor-to-ceiling glass areas onto a tree-encircled lawn. Living room fireplace is of whitewashed brick, completely simple and effective in design. Flanking bookcases accent the whiteness of the brick wall as do twin brackets overflowing with clusters of green foliage. The other walls in this room are covered with grass cloth. To enhance the cool, airy quality of the interior, ceilings have been painted a pale chartreuse. Woven Chinese matting was used for bookcase backing. An off-white rug covers this orderly, uncluttered room. The same color scheme runs into the present combination room. Tropical furniture in this room and draperies with leaf designs give a South Sea Island atmosphere. Most compact in arrangement, we find a modern house that reduces household drudgery to a zero, completely satisfies its owners for the present, and yet is ready for whatever the future may hold. What more could one ask?

BUY AND HOLD WAR BONDS

When the last nail was hammered home, the old Colonel said, "We built it right — we'll paint it well."

Today the original homestead is still standing up to the weather . . . still living up to its renown as the finest place in the county. And with it, down through the years, has come the rugged reputation of the paint that generations of homeowners have known as *Dutch Boy*.

Now sold ready-mixed as well as in the original paste form, no huskier, more honest paint ever went onto a home. No paint ever stayed on longer than gleaming bright Dutch Boy. And, more important, no paint ever gave less trouble at repaint time or lower cost per year of silent service.

When you say "Dutch Boy" you've said all anybody needs to know about paint. National Lead Company, General Offices, 111 Broadway, New York 6, N. Y.

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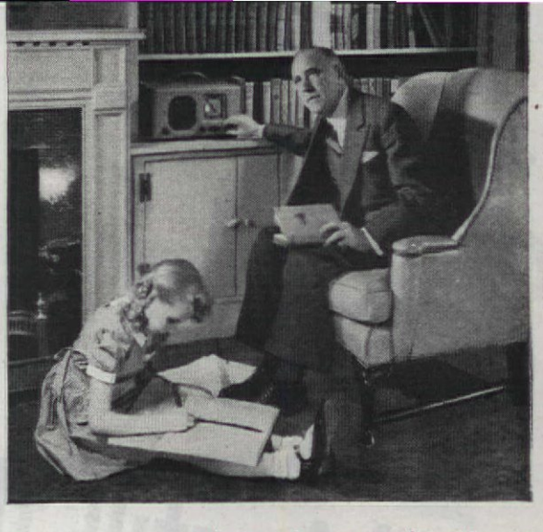
Do you mention your child's speech troubles in front of her? This tends to give children an inferiority complex . . . makes them more conscious of their speech difficulties. When she does have a bad stuttering period do something to detract her attention

Do you quarrel frequently with your husband in your child's presence? Nothing upsets a youngster's sense of security more than constant bickering between parents. The child with speech difficulties should not be made aware of disturbing factors which may be instrumental in making her nervous



Do you keep your home pleasant and inviting at all times? Calm unhurried activity should always be the atmosphere of your surroundings. Regular routine will help your child to develop the emotional and physical stability she needs. Regular work and regular play—should be the order of each day

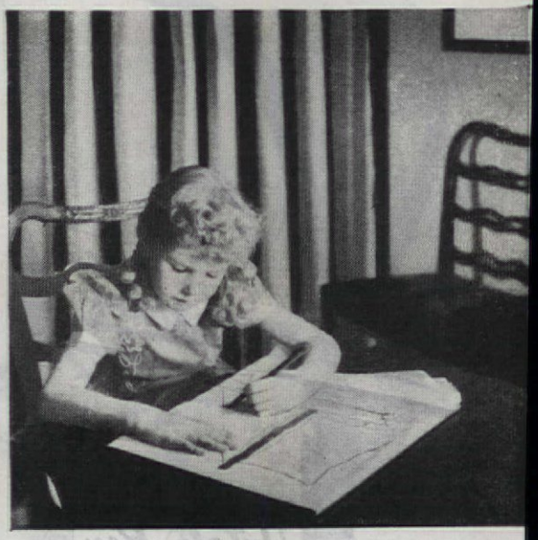
Do you try to find outlets for your child's frustrated emotions? A day out with you or Dad will do her worlds of good. However she should not be allowed to engage in activities that are too stimulating. Excitement is not conducive to smooth speech

Do you interfere with your child's attempts to do things for herself? To help her gain emotional stability—and to maintain the right type of thinking, she should be allowed to do things for herself with no outside help. "I can do this for myself—no one needs to help me" does much to build up her self-confidence

Do you encourage your child to talk in situations at home when there is no family tension? Encourage her to tell you about her play on days when she talks well. You have seen possibly that she does appear to talk more easily on some days than on others. So increase her confidence by having her talk

Do you read quietly to your child during the evening? You *should* read to her slowly and in short phrases, so that she may learn that speaking slowly is the right thing. Let her read some lines with you. It will help her

Do you play relaxing games with your child? Relaxation will help to make speech easier. You have probably noticed that she has less difficulty talking when she feels well or is rested. At night when she is worn out, she cannot usually talk as fluently



Do you interfere with your child's inclination to us her left hand? Then DON'T! Let her use it if sh seems to prefer it to her right hand. Such change frequently upset a child's nervous system to such great extent that it may result in greater stutterin

Does Your Child Have Nervous Speech?

Ruth E. Beckey, Ph.D.

A WORRIED, anxious mother rushes with her small, pale-faced child into the speech pathologist's office. Upon entering the door she turns to the doctor and says, "I don't know what to do with this child! She just can't say what she wants to say. What shall I do?"

Susan stands on one foot leaning against her mother, waiting for her to do all the talking. However, the doctor wants to know the child. He already has some idea about the mother. He finally gets the child to venture, "I want t———"; but she can go no further. She looks helplessly at her mother. Her little face is full of tension and concern.

Susan might very well be your child. Many types of nervous speech cases come to the speech expert's office. Another child might repeat her sounds, such as "I c-c-can't go." Or, you may have seen the child who hesitates when she is frightened. However, her hesitation is not usually accompanied by facial spasms. A neighbor's boy may talk so fast that his words sound jumbled and you feel like yelling at him, "Stop talking so fast. I can't understand a word you are trying to say to me."

All of these methods of talking are nervous or psychological speech disorders. Back of the stutter is a little child who is in mental distress of some kind. The rapid talker may have an unhappy home life filled with constant friction and confusion. The shy fellow who is easily frightened and who frequently hesitates in his speech is probably uncertain about many things. His parents may not have given him enough confidence . . . he feels that he is inadequate. Maybe, his Dad has often said to him, "Oh, you'll never amount to anything. You can't seem to do a thing!"

What can you do to prevent your child from talking like that stuttering child you know? You don't want anyone to feel sorry for him. His choice of vocation must not be limited to occupations in which speech is not important! He must have his chance! And you should see that he does.

So if your child is afflicted with nervous speech, you had better start as soon as possible to establish the right surroundings for him—to remove all factors which seem to contribute to his unhappiness or ill-health. Where to begin? WITH YOURSELF! If you were to take your stuttering child to the doctor's office, the speech pathologist would probably say to you after a brief period of examination, "I suppose you know that we will need to work with you and the child's father even more than we need to work with the child. We need also, the cooperation of his teachers. Among small children, we find that the parents often need the most treatment. In general, we leave the child alone . . . we build his environment in such a way that all of the tensions which have been irritating him are removed. Removal of environmental, physical, and psychological irritations will frequently cure the nervous symptoms expressed in your child's speech."

Although a speech difficulty may disappear as the child grows older, it is still your problem to do what you can now . . . just in case he can not be cured with maturity. So check yourself on the questions listed under each photograph on these pages. What kind of answers can you give? Can you answer all with a "no"? If so, you rate quite high as a parent of a stuttering child. If you can't, then start working on *yourself and your family*, to help your child with nervous speech overcome his difficulties.

Photographs by F. M. Demarest

Do you show your child love and affection? Making her feel secure and loved at home helps her to cope with her speech problems more easily

Do you help your child to maintain good health? She should have a well-balanced diet, plenty of sleep (more than the average child), and be free from all sources of physical infection or irritation

Do you become impatient with your child when she lingers too long over a task? Your lack of patience may contribute to her nervousness

QUESTIONS *you'd hate your wife to ask about* INSURANCE. . . .

- "Where would we get the money to rebuild if the house burns down . . . how much . . . from whom?
- "What if Katie fell down the cellar stairs and broke her leg . . . are we protected by insurance . . . enough insurance?"
- "How could I ever get another fur coat at today's prices if I left mine on a train? Have we *that* kind of insurance?"

Unless you can answer those and similar questions about your insurance, you'd better check up with your insurance Agent or Broker. He will tell you how little it costs for North America Companies' protection of your property against financial losses.

But how can he be expected to advise you fully how to *protect what you have*, unless he *knows* what you have and wish to protect?

As a starter, you might make a check right now against the questions in the box at right. Why not call up your insurance Agent or Broker and ask him?

* * *

Insurance Company of North America, founded in 1792, oldest American stock fire and marine insurance company, heads the group of North America Companies which write practically all types of Fire, Marine, Automobile, Casualty and Accident insurance through your own Agent or Broker. North America Agents are listed in local Classified Telephone Directories.

ASK YOURSELF THESE QUESTIONS

- **YOUR HOME:** "Would our insurance pay the rent for temporary living quarters while our home was being repaired after a fire? And is our home protected by *enough* fire insurance to cover *today's* replacement value?"
- **YOUR FURNISHINGS:** "How many new things have we bought since the last time we took out insurance? How much have our furnishings gone up in value since then? Have we *enough* insurance?"
- **YOUR SILVERWARE:** "If our silverware was destroyed or stolen—or just plain disappeared—do we have insurance which would cover that?"
- **YOUR JEWELRY:** "Do we have insurance that will pay full replacement value if my jewelry is damaged or lost, stolen or taken from me?"

* * *

Your insurance Agent or Broker will help you answer these questions. His advice costs you nothing and may save you thousands of dollars.

1792 PROTECT WHAT YOU HAVE

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COMPANIES, *Philadelphia*

INSURANCE COMPANY OF NORTH AMERICA
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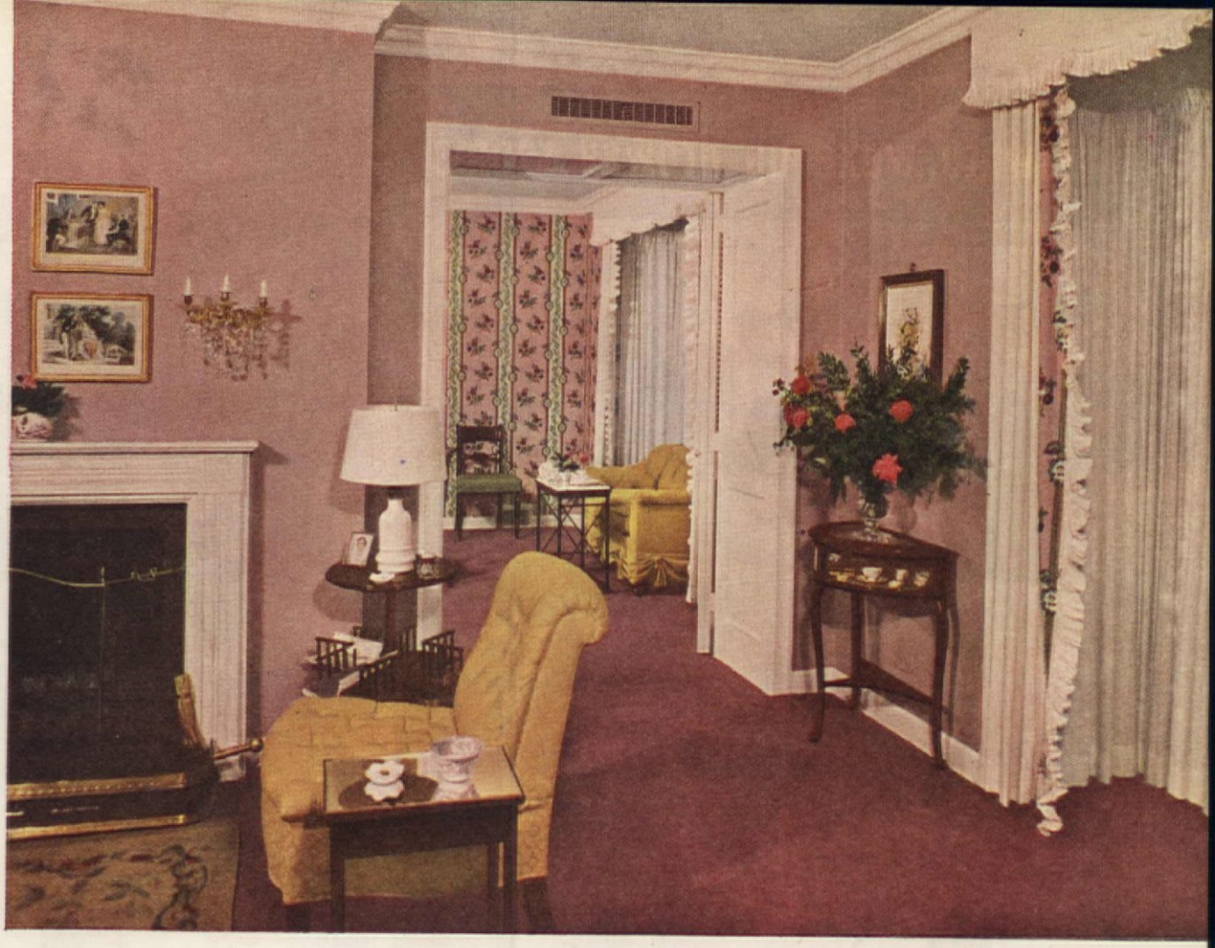
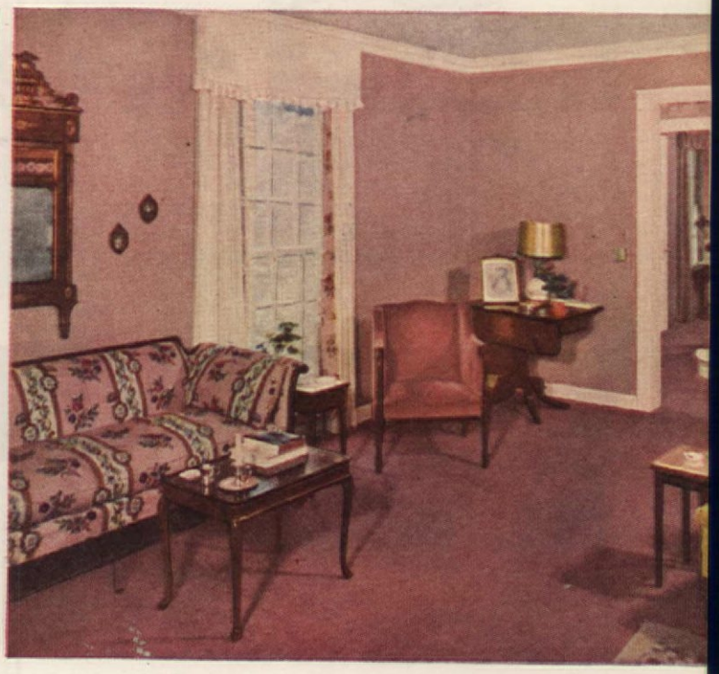
INDEMNITY INSURANCE COMPANY OF NORTH AMERICA
NATIONAL SECURITY INSURANCE COMPANY
PHILADELPHIA FIRE AND MARINE INSURANCE COMPANY



Illustrating one of the Cardinal Rules of Good Decorating



ON the surface it might seem that choosing a basic color scheme for the entire house and following through in every room would be the most obvious solution to the decorating problem. Actually, it's the thing the amateur decorator rarely does. The snag seems to be that the amateur wanders off at a tangent with off-shades and new combinations of colors in each room, apparently afraid of monotony unless there be violent contrasts—whereas the professional decorator knows that the use of continuing color gives great unity.

Disproving the old adage that the shoemaker never has shoes, Felicite Reynolds, Chicago decorator, has worked a neat trick of her trade in her own Winnetka home. Combining Regency and Victorian in her small house, Miss Reynolds has achieved a feeling of space by carrying a basic color scheme throughout the house, yet by varying color accents and textures in each room she skillfully avoids any feeling of monotony of color. She begins by carpeting the first floor rooms in dusty rose broadloom, establishing her basic color flow.

ONE GOOD COLOR SCHEME, WITH INTEREST, PROVIDES A CHARMING BACKGROUND FOR THE ENTIRE HOUSE

JAMES M. WILEY
and
RUTH W. LEE

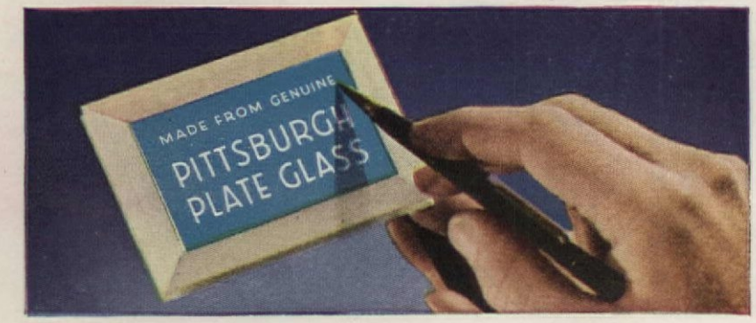
How to wake up drowsy rooms

MANTEL MAGIC. Want to give gayety, brightness and glamour to your living room? It's easy. Just hang a lovely, unframed mirror of Plate Glass over the mantel, and presto! . . . the room comes alive with reflected color and charm.

BUFFET BEAUTY. Enjoyment of good meals is heightened by cheerful surroundings. Fresh wall colors of Pittsburgh Live Paint, for instance. With a circular Plate Glass mirror and a mirrored top for your buffet.

VANITY TIPS. Dress up your vanity with a colorful skirt. Add a mirrored or transparent Plate Glass top that laughs at spilled cosmetics. Then hang a smart unframed mirror on the wall. Result: a brighter bedroom!

You can get these items at your favorite department or furniture store.



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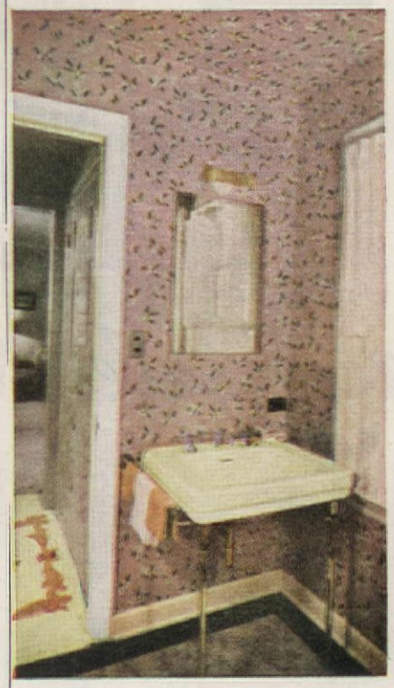

Basic color scheme carries even through bathrooms of Reynolds' home. Left: Lily-of-the-valley paper with pale pink background. Right: Victorian guest bathroom has pink paper, chintz-skirted washstand, ancient brass faucets

How You

THOROUGH believers in practicing what we preach, we set about to show you just how you can adapt the sound idea in Felicite Reynolds' house to your own requirements. We have assembled two different groups of fabrics, each group correlated in color and general "feel," and have divided each group into the four major rooms that make up the plan of an average house. You see them reproduced in these color pictures.

The idea of a basic color scheme for all your rooms is no innovation. In fact, most women follow a closely parallel plan in choosing clothes. Buying a new wardrobe for herself, the smartest woman will find a simple basic color and proceed to build an entire collection around it.

Fundamental color note of the Reynolds house is rose: from mauve to dusty pink and rose-gray. In the different rooms varying amounts of blue, yellow and green are introduced for contrast, sometimes as in the bedroom predominating. But the color clue is always the reappearance of rose.

Linen printed in mauve, green, and blue covers black lacquer Regency sofa in the living room, is used again as a border on draperies in the living and dining rooms as well as for the walls in the dining room. Dusty rose velvet on the living room chair reappears in bed-headboard, spread and valances.

LIVING ROOM

BEDROOM

DINING ROOM

BEDROOM

Photographs by F. M. Demarest, pages 33 and 34 by Frank Willming

Knowing her good and bad points, the average woman also knows how to play up the good features and dress down the bad ones. Choosing one or two accent colors (jackets, gloves, scarves) and a few handsome accessories to add drama to her costumes, she is a well-dressed example of color continuity planned for a wardrobe.

Ordinarily the doorway between rooms is the line of demarcation and represents the complete stopping of one room and the positive beginning of another, usually a change of pace, color and furnishings. However, by coordinating the colors throughout the entire house, you can figuratively expunge demarcation lines and make each room seem to be an extension of the other. A color essence of the preceding room is carried beyond the portal into the next. The idea is especially effective in a small house where a feeling of more space is desirable. Even large houses can gain in graciousness by this process.

SCHEME I

Clothe your house in a stimulating scheme of gray, green, and lacquer red: Your spirits will rise apace!

Can Do It .. Without Monotony

TWO VARIATIONS OF A SINGLE COLOR SCHEME TO UNIFY ALL YOUR ROOMS

One good color repeated through your house can play the rôle of the eternally smart "little black dress." Dress it up in one room, dress it down in another. As surely as you would not consider wearing more than three (two is better) accent colors when you dress to go out to dinner, choose no more than three colors in any room to underline the dominant one. This is good common sense—and good decorating.

Similarly, you can point up the good features of your house with bright unafraid color. You can also minimize bad ones by painting them the color of the general background. As you would wear jewelry or other costume pieces, choose and place a few handsome accessories to give drama to the surroundings.

LIVING ROOM

DINING ROOM

SCHEME II

An abundance of yellow, with gray and green accents, will flood your rooms with sunshine

You can successfully avoid monotony in a single color scheme by varying the amounts and intensities of colors. In a gray, green and red scheme, for instance, you might have a gray room, a green room and a pink room by painting the walls in those colors. The rooms would have unity if you used in each case certain amounts of the second and third colors in a room dominated by the first. And so on through the rest of the house.

Most wallpaper manufacturers have groups of color-coordinated papers in their lines designed by professional decorators to make the color selection job easier for you. You can find florals, stripes, plaids, floral-stripes, and plain grounds printed in the same colors. Different patterns banish monotony.

Choosing a good basic fabric and repeating it through the rooms is another excellent idea as Felicite Reynolds proved. The George Sherman house in our February issue illustrated a wise use of fabric.

In Scheme One on page 35 the rug used in the dining room reappears in one of the bedrooms. The dining room chintz is used again in another bedroom. The walls are all painted or papered in shades of gray. The scheme is adaptable and could be utilized with Eighteenth Century, or Modern furnishings.

Scheme Two is bright with the yellow of sunshine. A yellow cotton carpet, textured and washable, is used in the living room as well as in both bedrooms. Both schemes are intended only as guides; choose your colors to suit your own tastes.

A "peach" of a way to protect your good health...

...thanks to the protection of the modern tin can

● Everyone loves juicy, sun-ripened fruits—picked at the very peak of their tempting goodness—fairly bursting with fine flavors and precious health-values. And, thanks to the modern steel-and-tin can, you can enjoy such fruits all the year round—no matter where you live.

You see, most canning processes require only a few hours' time. This means fruits need not be picked till they're "just right" for canning—they can ripen in nature's own way. And, because the can gives *lasting* protection against the spoilage effects of air, light, heat, cold, and contamination of all kinds—these fine fruits reach you with their natural flavors, colors, and healthful wholesomeness *sealed in!*

This same priceless protection also applies, of course, to all sorts of good things to eat—vegetables, juices, meats, milk, to name but a few—as well as to hundreds of other items that make up the more than 2,500 products normally packed in cans by over 135 different industries.

And cans are both economical and convenient. Because they are easy to make, fill, ship, and handle, more of your money goes for what's *in* the cans. They're easy to carry, easy to store, easy to open and to dispose of—and they don't break, crack, chip, tear, or leak! So look for it in cans—for *no other container combines all these advantages!*

WARTIME NEEDS restrict the civilian use of cans for certain products. But stocks on dealers' shelves are yours to buy freely. And remember, *foods* packed in cans come to you with their vitamins, minerals, and nutritional values sealed in.

No other container protects like the CAN

CAN MANUFACTURERS' INSTITUTE, INC., NEW YORK

"I did it on a dare — and found TRIMZ Ready-Pasted Wallpaper a thrill!"

says lovely screen star
ANN RUTHERFORD
Now Starring in
"TWO O'CLOCK COURAGE"
an R. K. O. Radio feature

★ *The New Miracle Wallpaper you just dip in water and apply!*

"I HAD NO IDEA what fun it is to give a room new loveliness with your own hands this easy way," says the Hollywood star who is famous for her homemaking as well as her acting.

"I did it on a dare at first, but it turned out to be a real thrill. You simply cut the strips to fit, roll them up under water, then smooth them onto the wall like a postage stamp! No mess—I didn't even cover up furniture. So clean, so fast, so easy that *anyone* can do it in spare time!"

Truly—this new wallpaper with adhesive already on the back is a miracle! It dries in 20 minutes! It's washable. It's fadeproof. It's guaranteed to stick or your money back. And three boxes do a whole 10 x 12 ft. room for as little as $5.94 complete with matching border! You save up to 60% of former decorating cost!

More than 500,000 women have already followed the "Trimz lead" of Ann Rutherford and other smart homemakers from Hollywood, style center of the world. *You'll* be thrilled with Trimz Ready-Pasted Wallpaper too. Today—see the choice of lovely, colorful patterns for every room in your home.

★ ★ ★

ANOTHER TRIMZ TRICK:
Smarten up plain rooms with Trimz Borders

Just dip 'em in water and apply! These cheery borders will do wonders for your kitchen, bathroom, bedrooms, living room, *any* room with plain or painted walls. Stunning around windows, pictures, doorways, mirrors, waste baskets, too. Washable, sunfast, guaranteed to stick or your money back. As little as 15c per 12 ft. roll. Oodles of patterns—for every type room!

Look for* TRIMZ *Cedar Closet Paper, too. Also* TRIMZ *Applikays.

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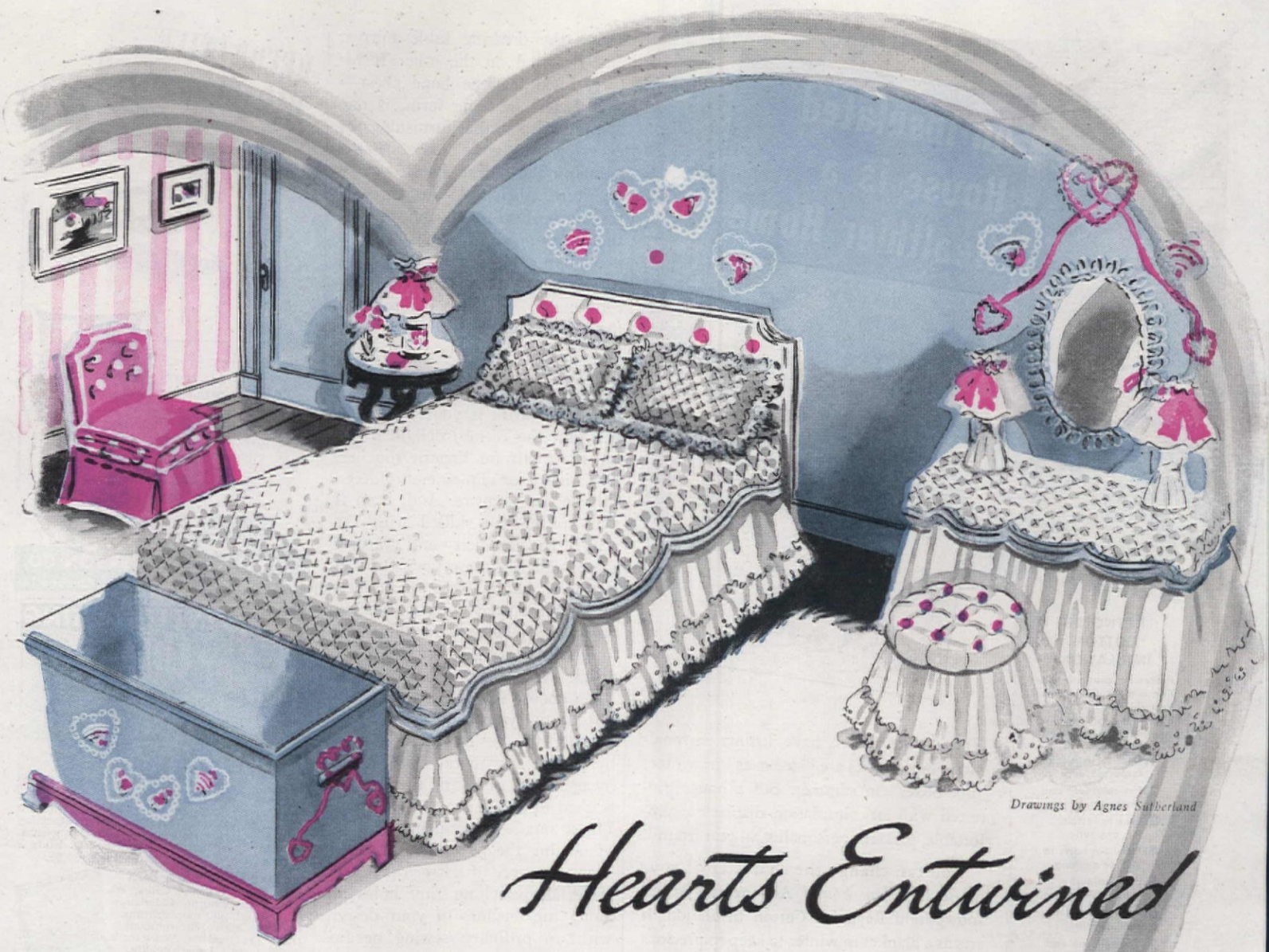

Drawings by Agnes Sutherland

Hearts Entwined

Photograph by F. M. Demarest Design by Dorothy Mellick

THIS is a design especially created for the young, romantic age, for the teens and early twenties who wear stars in their eyes and their hearts on their sleeves and who are beyond-belief beautiful for those very impractical reasons. It may be employed to transform the walls and furniture of a young girl's room, with the motif repeated in the treatment of various accessories, or it may be embroidered on her best lingerie. It is our gift to youth this month—and a lovely one it is. The design consists of three distinct hearts, entwined. The outer hearts frame a furled parasol and a fan, the central one two graceful lengths of ribbon. The colors are white and a pink that is the exact shade of the little bleeding heart flower. We suggest oil paints, the kind that come in tubes, for painting the design on walls and woodwork. For the walls, we chose turquoise in a flat paint and you can judge how effective it is as background. You might like the design on the wall over a studio type bed, just a little lower than sketched,

Close-up of design on chest of drawers shows effectiveness of entwined hearts for decorating furniture. Motif lends itself to entire room for a young girl

AMERICAN HOME PATTERN A-724

Tracing for wreath of hearts, 32" in diameter, which appears on chest of drawers; and tracings of smaller motifs for use elsewhere in the room. Color chart, simplified painting instructions, 30¢

REYNOLDS COTTON INSULATION

Processed cotton insulation is more efficient per inch thickness than any other type of home insulation now available.

1. Dept. of Agriculture inspected, approved.
2. Fire-retardent and water-repellent!
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Houses, like people, have distinct personalities. Some houses are "ice boxes" in winter; "hot boxes" in summer. But a house protected with attic insulation displays a comfortable, pleasant personality all year 'round!

You can change the character of your house in *a few hours!* Anyone can install snowy-light Reynolds Cotton Insulation. It acts as a blanket in winter to keep in precious furnace heat . . . as a barrier in summer to keep out the sun's penetrating rays . . . assures cooler rooms, more restful sleep. This specially-processed, amazingly efficient insulating material was the choice of the Army and Navy for more than 200 war-housing projects from Alaska to Cuba. It is *now available for you to install yourself!*

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Mail me your free booklet: "Here Are The Answers To Your Questions About Home Insulation."

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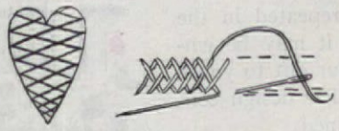
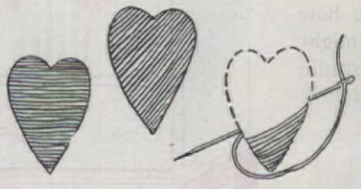
above the dressing table mirror, and repeated on the other furniture, including the hope chest—that latter, in some form, is one of the indispensable furnishings of every young girl's room! Fresh paint on the oldest, handed-down furniture, then this design, will transform her room and give it that ultra-personal atmosphere so precious to this age.

The hearts lend themselves exceptionally well to embroidery, too. You might extend the theme to the dressing table skirt, lamp shade, etc. But if you withstand the temptation to "do" her room, and needlework is your forte, you will take the keenest delight in using the motif for lingerie touches. The nightie or slip so embroidered will be her favorite. And, even if you are not so skilled with the needle, the simplicity and grace of the design will tease you into trying your hand. Here are a few hints that will give you a brief but very comprehensive idea of how little work it all is. First, select the article you intend to decorate. Then choose the heart design best suited to your purpose. Next, transfer the design to the article by tracing it with carbon paper or by using the pouncing method described in the January 1945 issue. (In a nutshell, pouncing consists of placing the paper with the design on a piece of felt or other soft material, punching tiny holes all along the outlines of your design with an ordinary sewing needle. Dip a little cotton puff into tracing powder and with it brush lightly over the holes of the perforated design with pattern flat on fabric. Remove tracing paper carefully and go ahead with embroidering of design.)



Close Herringbone Stitch—*well suited to embroider ribbon designs. If it is used to fill, for instance, a heart-shaped figure, follow exactly the outline of the motif. You won't go wrong to practice the stitch before using on your article.*



Satin Stitch—*used horizontally or diagonally. The latter method makes for speed as it requires less stitches usually to fill a given space.*

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ZANGERLE tables LOOK FOR THE LABEL

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Luxurious Walnut Chest of Chips. Monogrammed Medalion inset in lid. 300 monogrammed chips (see above) in 3 removable trays. 11x11 inches. *Space* for 2 decks of cards. **Superb quality. $24.50 Postpaid.**

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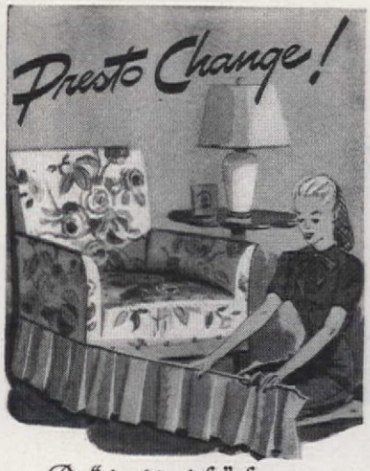
STATTON FURNITURE MFG. CO.
HAGERSTOWN, MD.



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GLOSHEEN* SLIPCOVERS

Change the whole effect of your room in a jiffy! Just make your slipcovers of Glosheen* with a change of ruffles in the plain accent colors you like best. Snap fasteners do the trick. You can wash them, clean them, leave them in the sun. Glosheen* is a Waverly *Bonded* Fabric... guaranteed for satisfactory service. Ask to see the Waverly Bond when you buy Glosheen.*

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Sometimes hard to find—

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Because we're so busy for Uncle Sam there isn't time enough to make all the Fincastle Fabrics homemakers are asking for. We sincerely hope your dealer will be able to meet your needs. Meanwhile buy your share of War Bonds first.
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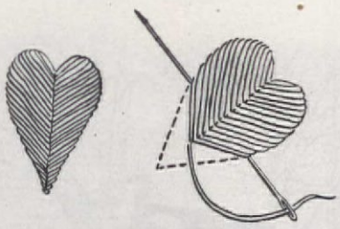
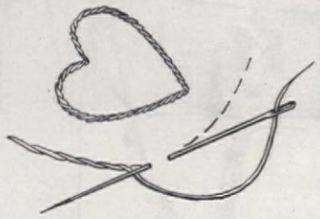
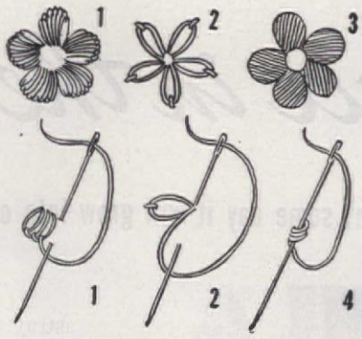
Ready to hang DRAPERIES Yard Goods



Close Chain Stitch



Outline Stitch



Don't pull stitches tight!

(1) Buttonhole Stitch
(2) Lazy Daisy Stitch
(3) Satin Stitch
(4) French Knot

Forget-me-knots have one French Knot in center.

Applique embroidered heart to lamp shade and use ribbon to connect hearts.

AMERICAN HOME ORDER FORM

- ☐ A-724 Hearts Entwined.. 30¢
- ☐ A-725 Designs for Clocks 20¢
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- ☐ A-727 Three Shelves.... 30¢
- ☐ A-728 Quilt with Grapes. 25¢
- ☐ A-729 Quilt Penn. Dutch.. 50¢

Name

Street Address

City Zone No. State

PRINT name and address in coupon, which will be used as label for mailing patterns. Cut out order form along dash lines, check patterns desired and send M.O. or personal check to: (Please do not send stamps)

THE AMERICAN HOME
55 Fifth Avenue, New York 3, N.Y.

Hey, no!

Use Drāno!

LAY that plunger down, lady, lay that plunger down. When drains are clogged, clear them out with Drāno! Drāno opens drains that are so stopped up even *water* can't trickle through!

But don't *wait* for trouble like this! Put *one tablespoon of* Drāno into your sink drain *twice a week,* and keep your sink free-running. Drāno also clears out *dangerous sewer germs* that breed in *every* sink *—only 2 inches* from where you wash dishes—prepare food. *Play safe.* Use Drāno twice a week!

Drāno

Never over 25¢ at drug, grocery, and hardware stores

CLEARS OUT SEWER GERMS
OPENS CLOGGED DRAINS

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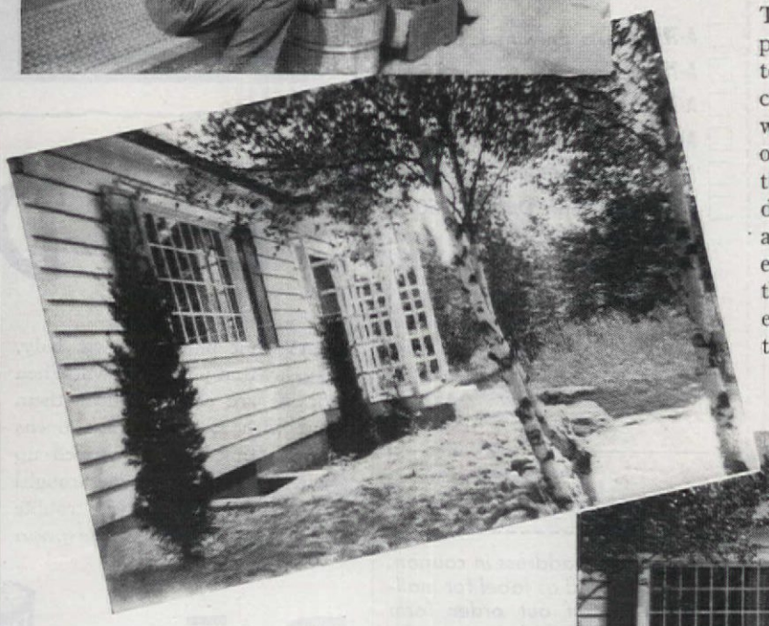
The skill and experience that have four times won the Army-Navy "E" Production Award assure still finer peacetime products.

Gertrude Luks

A Place in the Country

War cut down on its size—but some day it will grow into our long hoped for dream house



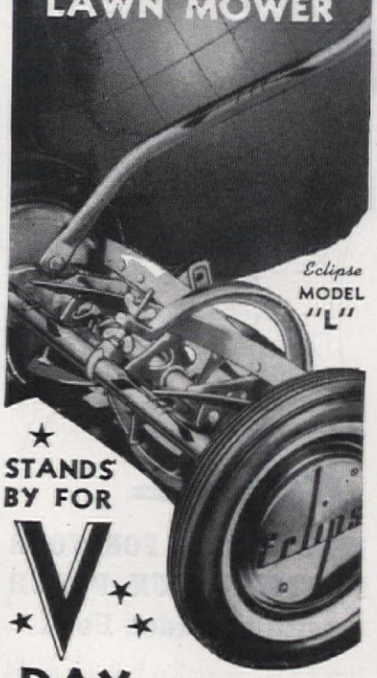
It's funny how plans so often go astray. For years we had dreamed of buying a "place" in the country, a refuge for my husband and me when the children had grown and flown the family nest. Watching them sprout through their high school years made us realize that we'd better get busy if this dream was ever to be realized. Getting land was easy. The spot we chose, two and one-half acres of rolling countryside near Carmel, N. Y., was ideal. Brimming over with enthusiasm, we paid for it in cash—the only cash we had at the time. Nothing could stop us now, so we thought. The house was as good as built. Blueprints were just about to be delivered to the local contractor—when war came! And with it a new word that we were to hear repeated over and over again—PRIORITIES. For a time, things looked pretty black indeed for our little escape house. But a glimmer of hope burst through one evening, when in going over the routine checking of the plans, we discovered that the house could be built in two sections. As a starter, the first

Neat as a pin, our half-house keeps us busy and happy all round the clock—ground planting must await war's end—notice the spoils from our first Victory garden

Eclipse

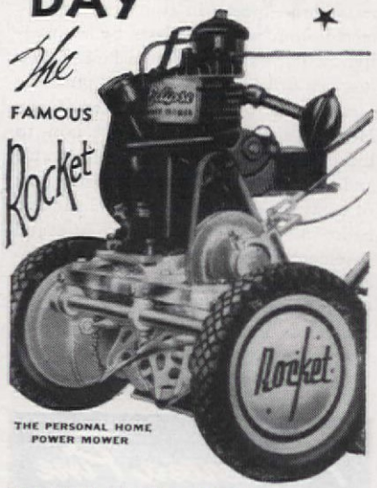
The

WORLD'S BEST LAWN MOWER



★ STANDS BY FOR V ★ DAY ★

The FAMOUS Rocket



THE PERSONAL HOME POWER MOWER

AMERICA'S FASTEST-SELLING POWER MOWER

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We should like to sell you a lawn mower. Building lawn mowers is our business. But winning the war in the shortest possible time and with the greatest possible saving of American boys' lives has our highest priority.

★ Next on our priority list will be peacetime production of our famous products. We will be ready. We are standing by.

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LAWN MOWER COMPANY
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half should contain a living-sleeping room, kitchen, and bath.

It wouldn't be large, but it certainly would be sufficient for our immediate needs. Then, too, drain on the family purse wouldn't be too great. I decided that I could easily dispense with the services of our maid and do the housework myself. The money thus saved would just about pay for the carrying charges of the new house.

We were bound to have a house of our own, no matter how tiny. Since the loan from the local bank was $2,000, the builder promised to build us a home that would fit this amount. Luxuries were defi-

Fresh air, sunshine, and hard work—recipe for a full and happy life

nitely out. Of course, we'd have to have water but, since an artesian well would require an electric motor, we decided on a deep well with hand pump outside the kitchen door. After all, the government was asking for more and more conservation of electricity. We meant to cooperate with the war effort even if we lived in a tent. Plumbing, also, was out for the duration. Our grandmothers had managed so an outhouse was included in the original budget.

Because we've always liked tradition, our house is a white-sided one with a simple but dignified entrance stoop. It has a snug look about it and in one way we're rather glad that it's going up piecemeal. Gives the whole procedure an air of expectancy. Floors and walls have been left in the "rough." I like the black building paper showing behind the studs and the rough floors have been covered with a gayly patterned linoleum. For a while I stewed over the barren spot over the fireplace but an old-fashioned tapestry table cloth now adds decoration to the spot.

In the kitchen one entire wall is devoted to knotty pine cabinets built 'round an old fashioned icebox. For drainage, a rubber hose attached to the box and running through the outside wall does the

Climatrol BY MUELLER

STANDS FOR

Comfort depends on *conditioning of air* — in these 6 ways:

1. Temperature control.
2. Humidity control.
3. Proper movement of air.
4. Introduction of fresh air.
5. Removal of dust, pollen, and other foreign matter.
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Securing these benefits depends on progress in methods of handling and conditioning air . . . and on *installing a system that is basically designed to handle and condition the air in your home,* so that you may later add more of these improvements as they become available or as they fit into your budget.

Above all it is important to *start right*—with a system that takes you *as far as possible* along the road to true indoor comfort. That means a *Mueller Climatrol system.*

Today, standards of indoor comfort are higher. To keep up to date and protect your home investment, you need to give this matter No. 1 priority in your post-war building budget and allocate a sufficient part to achieve this result.

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☐ Gas ☐ Oil ☐ Coal ☐ Gas Boilers

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Set the scene at 3:15!

1

Oh, meet the girl wonder!
Her name is Marie.
She got home from school
at a quarter past three.

2

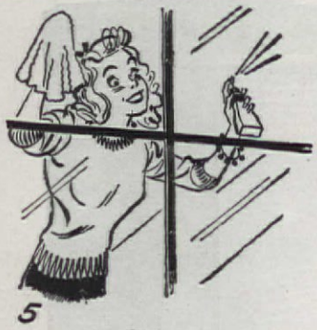
At four o'clock sharp
she was ready for fun.
In the meantime—you'd never
believe what she'd done!

3

What, *all* of the windows?
Amazing, but true!
(Her mother had trouble
believing it, too.)

4

But clever Marie knew
a time-saving trick—
That WINDEX makes windows
look wonderful—quick!



5

A spray and a wipe
gets 'em gleaming again—
And it costs you much less
than a penny per pane!

6

Get WINDEX (the 20-ounce
bottle) and be
A gleaming-glass wonder
like clever Marie!

Get Brighter Windows Quicker With—

WINDEX

DON'T TRUST cheap substitutes. There's no streaking, no film, when you insist on this noninflammable, oil-free cleaner that costs less than a penny per window.

For Extra Economy, Buy the Big 20-ounce Size

Copr. 1945, The Drackett Co.

trick. We had quite a tussle getting the right sink. Most of the second-hand ones were pretty terrible to behold. Yet I was determined that some other means than hand power would have to empty the refuse water. We finally did find a presentable old sink and built a base around it to match the other pine cabinets. It really looks very well. The drain now runs to an outside gravel pit, eliminating one very irksome daily task. Water in the house is stored in a long-forgotten nursery tank with faucet, that holds five gallons. Placed on top of the counter, it's a mighty handy piece of apparatus.

I haunted auction rooms until enough furniture was gathered together to make a fairly presentable showing. It's surprising what bargains can be acquired if one has enough patience. My loot consisted of a gate-leg table, picked up for a song, a charming desk, antique chairs, an old-fashioned bureau and an odd lot of "junk" bought for fifty cents which included a fine Sheffield pewter teapot, a brass bowl, a silver plated pitcher and two hand-hammered India trays. The last named look wonderful on our fireplace mantel. Only two pieces of furniture are really new. A twin studio couch and a good kerosene range come under this heading. We decided on the kerosene stove because in our section there's a priority on tanks for gas. Our choice was a surprisingly economical one, for four dollars we had a fifty gallon drum.

The land is excellent. For fifteen years it had been pasture land on a dairy farm. We've already planted a fifty by seventy-five Victory garden—all done over week ends. We intend adding an outdoor fireplace to the house group. In fact, the outdoor life so appeals to our fifteen-year-old son that he's decided to study agriculture and make it his life work. That was something I hadn't bargained for when planning my dream home.

After the war—well, that's another story. We'll add more space to the basic plan and include lots of modern conveniences. Doing without hasn't been as bad as perhaps it first sounded. We've had so much to think about and do, we've been so busy and happy—really happier than ever before in our twenty years of married life. That's the true test of any house.

Important: Letters requesting information should be accompanied by a stamped, completely addressed envelope. Manuscripts and illustrations will not be returned unless accompanied by the necessary postage. They will be handled with care, but we cannot possibly assume responsibility for their safety.

Plan—

NEW CHARM FOR YOUR POSTWAR SUN PORCH with this Idea Book

Here's a sun porch just built for restful relaxation—breezy in summer, yet protected from winter's blasts by weather-tight windows of Ponderosa Pine. That's just *one* of the many postwar planning ideas you'll find in "The New Open House," the book that shows how to make your postwar home more livable and more comfortable. You'll find a host of ideas on dining rooms, kitchens and bedrooms—new ways to use attic and basement space—new "pointers" on increasing beauty and convenience with stock doors, windows, and woodwork of Ponderosa Pine. To plan a better home for tomorrow, send now for your copy of "The New Open House."

Ponderosa Pine
WOODWORK

SEND ONLY TEN CENTS FOR THIS STOREHOUSE OF IDEAS

If you plan to build a new home or remodel your present one in the postwar period, "The New Open House" is a must. *Only ten cents brings you this source of inspiration and ideas. Mail the coupon.*

PONDEROSA PINE WOODWORK
Dept. MA-3, 111 W. Washington Street
Chicago 2, Illinois
Please send me a copy of "The New Open House." I enclose 10 cents.

Name.....

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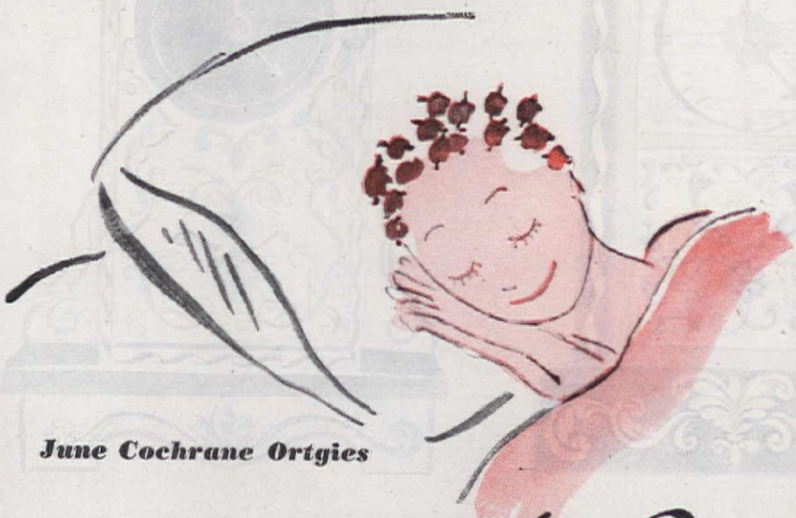
THE BEST IS YOURS—WITH PINE

I Can Dream



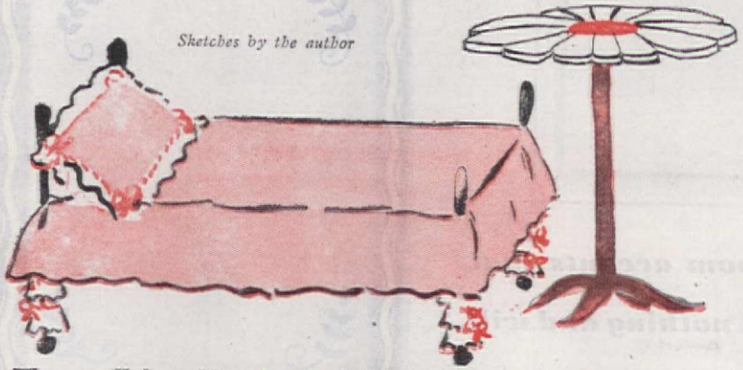
June Cochrane Ortgies

...can't I?

SURELY you noticed the advertisement showing a woman reclining luxuriously on a cloud while winged frying pans and dusters did the housework. Every night now I put myself to sleep imagining all the things I'd like to have in my own home. Some of them are pretty wacky—but I can dream, can't I? First, I want a nice, new prefabricated house that looks very old and is full of atmosphere. And while I'd like it away out in the country, I crave a subway station right around the corner. An express stop, too, by golly! The surrounding gardens must be full of gorgeous flowers that positively repel aphids and in the trees I want flocks of lovely, thoughtful birds that don't begin to sing until nine o'clock in the morning, ten on Sundays.

Gamboling about our always-cut lawn I'd like three Persian kittens that stay six weeks old and two cocker spaniels, with self-cleaning paws. One room is to have navy blue furniture with white polka dots with a telephone by the bed, slip-covered in polka dots. Instead of a jangling bell, soft chimes will play a few notes of "I Hear You Calling Me." I want another bedroom with ruffled eyelet embroidery practically everywhere. There will be a goldfish room with soft blue walls, long green draperies, and frilly garden lettuce in the flower bowls. Tanks will be set in the walls for the goldfish, the kind with long, trailing tails that keep going their own way after the fish turns the bend! For visiting nephews and nieces I want a special room with mysterious cupboards and boxes of things to make on rainy days, and with a tiny staircase leading out of the window to a treehouse. Under the tree, I want a mat of thick rubber grass. For my nerves. On the dining terrace, which will be a bugless paradise, I'd like an icebox camouflaged as a rosebush. You see what that advertisement did to me? I could go on and on!

Sketches by the author



There will be tables that look like sunflowers for the sun porch demure eyelet embroidery pantaloons for the bed legs!

"Say, Mary—You're good, too!"

Tom was the musician of the family. It was his *hobby that brought that beloved Hammond Organ into their living room. But Mary couldn't resist its invitation to make lovely music. She could scarcely read a note when she started, but look at her now . . . enjoying a pleasure that might have passed her by!*

★ ★ ★

Mary *is* "good"! And it's the desire to play good-sounding music that has led so many people to discover the Hammond Organ. This grand instrument is easy to play, yet it makes your music doubly beautiful with its gorgeous, sustained tones. It makes simple music rich and satisfying—all music more expressive and interesting.

Thousands of families now enjoy this greater pleasure in home music-making. Why not *you?*

Hammond Organs will be available again soon. Meantime, most dealers have reserved one for you to hear and try. Visit your Hammond dealer now, or write for further information.

Army-Navy "E" with Star — Plants 1 and 4

HAMMOND ORGAN

FREE—Write for your subscription to HAMMOND TIMES, monthly magazine about organ music for the home. Hammond Instrument Company, 2941 N. Western Ave., Chicago 18, Illinois.
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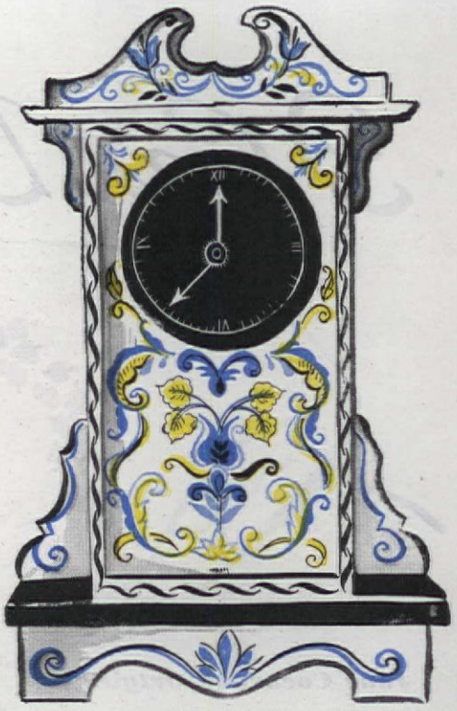


Decorate It . . . *Make It Count as*

ALMOST every substantial attic is the refuge for one of these trusty "old timers" of the early provincial type. Sedately ornate, with the painted finish flaking off, they gather dust and cobwebs as time passes them by. But many of them were turned out by the finest clock makers of their day and were constructed to tick away, without losing a fraction of a second, for generations. If you possess one, get it out and repaint it according to one of these designs. You'll have a timepiece that is quite as up-to-date as you could wish and one that will keep good time, too.

Another idea you will want to try is the decoration of mirrors. Tracings and directions for painting on glass are included. Patterns for the shelves contain construction drawings as well as tracings for the designs and the color charts. Full color schemes with the patterns for all three items make it possible to fit them into any decor. As you will gather, the designs lend themselves to any number of house furnishings.

American Home Pattern A-725

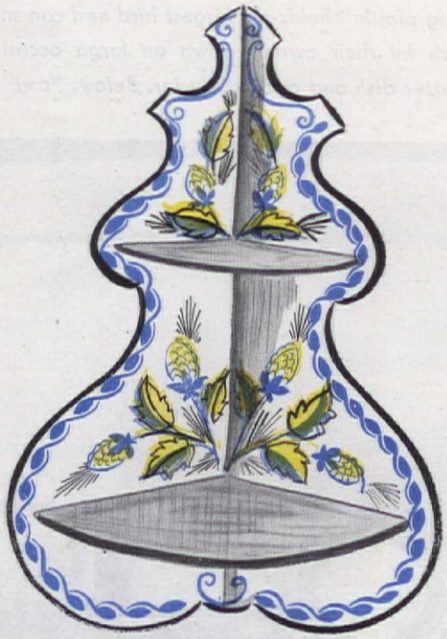
Let's decorate our early provincial clocks and bring them up to the minute in style. Proportions are designed to fit dials that do not measure more than 10 inches diameter. Tracings, color chart, directions. Price 20¢

American Home Pattern A-726

Another fresh idea in decoration—a painted design, to apply either to mirror or frame. Tracings for all three designs shown, also complete directions for painting. Designs may be used for other glass items. Price 30¢

Colorful room accents that cost almost nothing and will give the maximum pleasure

Stevens and Amelia Maxey



Decoration!

American Home Pattern A-727

Show off the shelves that show off your knickknacks! Each of the three shown here is designed to heighten interest in whatever it displays. The construction is simple and the painted design easy to trace and follow. Pattern contains complete instructions for building, the tracings, and color chart. You will enjoy making a decorative shelf for guest or living room. 30¢

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THE AMERICAN HOME PATTERN SERVICE
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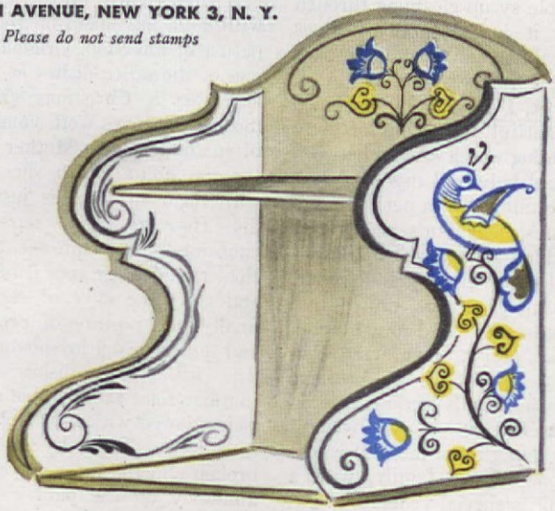
Please do not send stamps



*

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Based on more than half a century of quality-craftsmanship, these newest Botany Certified Fabrics form the perfect basis for a successful individually created wardrobe. Fully sponged and shrunk...ready for sewing...Botany Certified Fabrics are all-wool, at its finest. You can "Feel the Difference." Look for the tag on the bolt...the name on the selvage...at leading piece goods counters...everywhere.

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Ask salesgirl for a Botany label to sew in your Botany garment.

BOTANY'S "One Woman's Opinion" with Lisa Sergio every Monday...on the Blue Network... 10:45 a. m. to 11 a. m. EWT.

*REG. U. S. PAT. OFF.
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VOGUE PATTERN NO. S-4591

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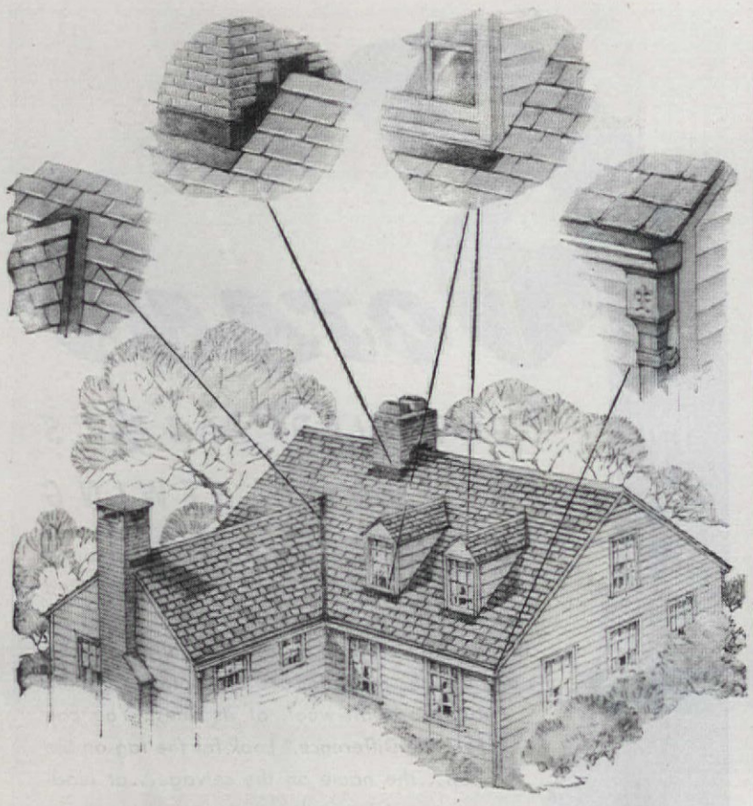


How familiar are you with *this* side of your attic?

IF you could see your attic from, say, the swallow's point of view, you'd notice the many places where rain water can stay on, a most unwelcome guest.

Around chimney and gables, in the little valleys formed by a wing or dormer window, under the eaves . . . these are trouble-spots after a storm.

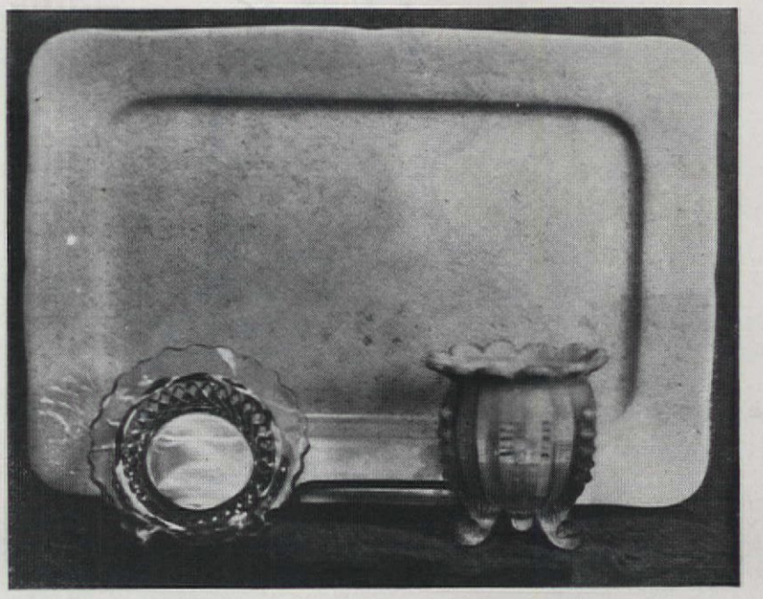
That is why you need the best flashing, gutters and downspouts you can buy. And that means *copper*. For no other commercial material can equal copper in its resistance to corrosion.

Have a talk soon with your roofer. The day is not far off when Chase copper will again be available for home-building. And you will want the protection of durable Chase copper and copper alloys for your roof in postwar.

Chase
BRASS & COPPER

After the war, enjoy Chase Red Brass Pipe or Copper Water Tube, Chase Bronze Screen Cloth, Chase Copper Gutters, Downspouts and Flashing in your house. And install good brass and bronze hardware and brass plumbing supplies, too.

The "travelling platter" holds the largest bird and can sneer at the smaller platters which let their owners down on large occasions. With it, the orphaned butter dish and odd candy jar. Below, "owl" cigarette holder



THIS is a story of pet dishes, dishes valued for their individual associations, with no relation to matching sets. Often they were made to be odd pieces. If they began their careers as one of a pair or part of a set, the other pieces have long since been broken and they are the last of their line. They seem to lead charmed lives for in spite of their roaming habits they never come to grief. And once established in the home, their use becomes increasingly pleasant. Every housewife has one or more of them which she has acquired in the course of china accumulations, in travel, or through friendly exchange.

There is, for example, my amber glass syrup jug, given to me years ago by a charming old lady. With golden maple syrup gleaming through the amber it just naturally belongs on the breakfast table with the pancakes on a frosty morning. Also, looking at it, I am happily reminded of the beautiful friendship of sixty years' standing which existed between that fine old lady and my own dear mother. Certainly it is a pet.

My nearest neighbor's pet of this kind is a blue glass sugar bowl that belonged to her great grandmother. Its companion pitcher must have come to some early and obscure end. After a long period of enforced idleness, the sugar bowl now does service as a candy jar and is leading a popular and useful life on my friend's mahogany living room table. It is, decidedly, one of the family, with a right to all its special veneration.

I have a large, white oblong platter, a veritable veteran of a platter. It has no decoration of any kind—although it deserves service stripes. It is a family relic from way back. No one seems to remember the beginning of its career. Its Thanksgivings and Christmases are dutifully spent with the family but during the winter it is invited around the neighborhood to grace the table at other large family dinner parties. It easily accommodates the largest turkey and no doubt sneers at smaller platters which let their owners down on special occasions. It is very sturdy and always returns safely home to spend well-earned summer vacations on the top shelf of the pantry resting up and basking in the newly added prestige of a strenuous social season. We all have great respect for that lordly platter.

A green glass butter dish, edged with gold, has taken on some of this patina of affection. Originally, it was one of the sauce dishes in a fruit set and was a Christmas gift to our mother when we were youngsters. So often children give Mother something for the house which she can share with them all. That is just what we did. How vividly I remember the choosing of the fruit set, the indecision, the winning appeal of the green and gold, the days of secrecy, and, finally, the rapture of presenting it, and the surprised joy of the recipient. The little fruit dishes became a familiar sight at our table and always were viewed with much pleasure and satisfaction. Then the large dish was broken and the little sauce dishes sat aimlessly on the pantry shelf until

Broken Relations

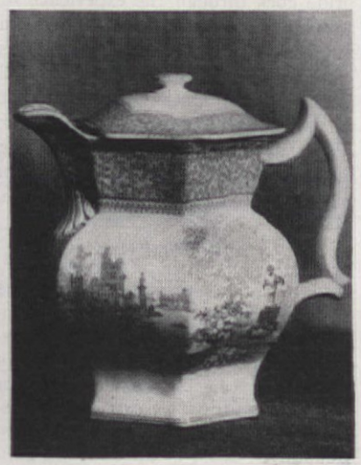
...with Everything but the Past!

ETHEL K. LACEY

The pet may be a stray like this amber and white glass pitcher. It just naturally belongs on the breakfast table as a syrup pitcher

Deepest sentiment attaches to pet dishes handed down in the family. A great-aunt owned and treasured this lovely copper and blue bowl

The cake plate Mother used seems to add flavor. This one with the opening chestnut burs pictured on it has a tradition of good cakes



A full-sized, covered pitcher of great-grandmother's is always busy. It holds plenty of milk, lemonade, or hot soup for a sick neighbor

SKILL makes the DIFFERENCE in home insulation, too!

Insulation is no better than the man who installs it"*—
you can rely on your Johns-Manville Home Insulation Contractor

Why is this important to you? Because the finest insulating material anybody can make won't be effective if it's installed in your home in a slipshod, careless or skimpy manner.

You can't *see* the difference, but only the right kind of a job results in maximum comfort and fuel savings.

Remember, you buy Home Insulation only once. And properly installed it pays for itself.

That's why every contractor for Johns-Manville "Blown" Home Insulation is carefully selected on the basis of his integrity, experience and reputation.

In addition, his work is rigidly supervised by Johns-Manville until he can satisfactorily meet the high standard of J-M specifications for the scientific insulation of homes.

Why not take the first step by sending for the free Johns-Manville Home Insulation book which gives you the fascinating story.

*Quoted from U.S. Bureau of Mines Circular 7166

Here's what happens on a slipshod job: Note voids... "Leaky," incomplete insulation will cause cold spots. A J-M job is complete in every detail—J-M Rock Wool is "blown" in to the exact, efficient firmness that helps keep winter heat IN and summer heat OUT.

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Free... Booklet containing valuable hints on "Glamourizing Your Home." Send for a copy today!

it was discovered what a really fine butter dish one of them made. When sister married, she took another of the little dishes for butter and although she was housekeeping miles away from us, she always insisted it gave her the feeling of being close to us at mealtimes. Each of the boys took one along, with his worldly goods for his new household. That left one for me, with still another waiting on the shelf to step in and fill a vacant place in the event of a catastrophe.

An odd dish you were accustomed to seeing in your mother's home never fails to bring a happy thought to you when seen in your own. I am thinking of a large cake plate my mother often used. This was an odd plate with opening chestnut burs pictured on it. The blight came upon Connecticut chestnut trees and the children no longer went chestnutting in the fall. But whenever I slide my chocolate layer cakes on that plate I am reminded of the old trees at home and the rain of reddish-brown chestnuts after a frosty night and our hurried search for them among the rustling leaves before school time.

I treasure a pair of twin pets—salt and pepper shakers in the form of yellow baby chicks. They were brought to me by a little boy when he was taken on his first trip to New York. He had carefully selected them from a bewildering array in one of the big department stores and he had to blink back the tears when he parted with them. But the dear little fellow went through with it. He is a big lad now and towers in my doorway on his occasional visits. But his yellow chicks still adorn our table.

Most pet dishes seem to belong to a special place. I have a lustre bowl, colored copper and blue, which I keep on my coffee table with a few flowers in it. My cousin seldom sets her dinner table without using a green china pickle dish her husband brought to her from Canada. It is oval in shape and decorated with a design of maple leaves. It caught his eye on a souvenir counter while he was waiting for his train, and he bought it.

Perhaps your pet dish is the sole survivor of a set of dishes. Every bride goes through the experience of watching a set disappear. I know a young bride who went through this experience so quickly that soon all that remained of an elegant dinner set was one lone cup, which now plays an important role on baking days. She attributes her success in baking to the use of this lucky cup.

PAPER HOLIDAYS

Unlike other campaigns the salvage of paper must continue without interruption. "Paper Holidays"—a period of time when no wrappings are used in retail business except for sanitary purposes—are being declared by cities and towns throughout the U. S. A. in an effort to conserve one of our most critical shortages. Are you observing them in your city? For further information write WPB, Washington, D. C.

Plan it to suit Yourself

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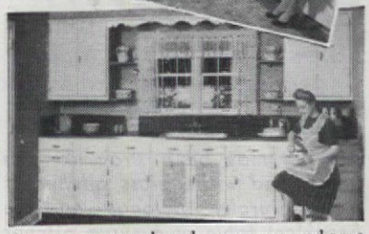
Have exactly the kind of kitchen *you* want—in the home you build or modernize. Choose cabinet arrangements to suit *your* taste and convenience... Have the color scheme *you* like best today and plan to change it in future years if you wish. Curtis kitchen cabinet units make kitchen planning easy...

Curtis kitchen cabinet units are of durable Ponderosa Pine—for lasting satisfaction. They fit together for greatest convenience in any shape of kitchen.

Spacious corner units provide extra room for large pans, pots, etc. And Curtis cabinets are quickly installed either in new or old kitchens.



Arrangements such as these are easy and practical—with Curtis stock units. Curtis has planned thousands of kitchens for American homes.

SEND FOR KITCHEN PLANNING BOOK!

Start planning your kitchen right now! The Curtis kitchen booklet will give you valuable pointers. Mail the coupon, with 10 cents, for your copy.

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The funnies are more fun on warm floors!

Mother, More Fun For You Too! No need to say: "Get up—you'll catch cold on that floor!" Coleman warm-air circulation principle stops heat from "packing" at the ceiling; brings it down where the children play, to help them be warm and well. And your feet are warm; everybody's more comfortable. With Coleman heat, your floors may be many degrees warmer than you have been accustomed to.

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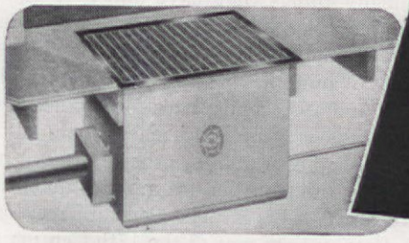
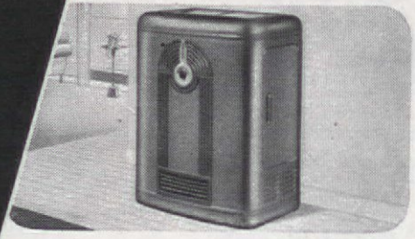
FREE!—The Inside Story of Tomorrow's Home Heating—From electronic heat to improved space heaters, this book gives you facts about all types of "heating of tomorrow." Learn what's practical, what will be available, what it will cost. And learn the secret of tomorrow's truly great forward step in home heating—warm floors! Write: Coleman Lamp and Stove Company, Dept. AH-641, Wichita 1, Kan.



1. A New Kind Of Furnace Destined To Sweep America! Cutaway floor shows how Coleman "floor furnace" is located in the floor itself.

Coleman

WARM FLOORS . . .
AUTOMATICALLY



2. Coleman Oil Heater Heats Homes Like A Furnace! Automatic!—sends warm-floor heat, evenly, through several rooms of the house.

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Heirlooms for Tomorrow

Pine L. Eisfeller

QUILT-MAKING is my hobby and while these claims must sound expansive for so sedentary an occupation, it has brought me into contact with people I would never have known, has taken me many places I would never have gone, and has taught me many things that have added to the joy of living. I have found great happiness in creating something beautiful and have felt gratifyingly repaid in giving happiness to others.

This hobby of mine has its exciting side. To date, I have won 49 first prizes and 19 second prizes for my needlework—and hope to win more. I have completely made about 60 quilts and have prepared or finished over 200 for others. It takes from 900 to 1,500 hours to finish a quilt but leisure minutes quickly add up. One of my most attractive quilts is "The Persian Tree," adapted from the picture of a Persian bath mat of the 17th Century, shown at immediate left. At far left is a design evolved from the Ohelo berry, propitiatory gift to Pele, Goddess of Fire, and above, a white stuffed Hawaiian quilt. The Hawaiian quilts are a delight to see and never fail to produce exclamations over their unusual designs.

I had always been interested in needlework and while my

Diamonds, squares, and small triangles of same material are used in the "Star Bright" old-fashioned quilt design from Stearns & Foster. Note extension of motif in the plain but beautifully done stitching

"White Magic" won the first quilting prize at the Nat'l Needlework Exhibit in 1942. Designed by Mrs. Eisfeller, the stitch-count is 28 per inch, which is extra fine. It was finished in 5 months—in leisure time

F. M. Demarest photograph, room courtesy James McCreery & Co.

Protect your home from Goose-Flesh Gatherings

ASSURE MORE WARMTH AND COMFORT WITH BALSAM-WOOL ATTIC INSULATION!

Why let a chilly house dim your social life and dampen your spirits? You can save fuel—and still be more comfortable—by insulating your attic with Balsam-Wool. It's an easy job, and fuel savings often amount to as much as 20% per heating season.

Balsam-Wool Attic Insulation is the way to get lasting comfort, because this original blanket-type, sealed insulation provides lifetime efficiency. Moistureproof, windproof and fire resistant, it is laid like a rug in your attic—no muss or upset.

MONEY BACK IF NOT SATISFIED—If Balsam-Wool does not increase your comfort and fuel savings, your money (including installation costs) is cheerfully refunded. See your ***lumber dealer*** now about buying Balsam-Wool on easy monthly payments—or mail the coupon for further information.

Balsam-Wool

SEALED ATTIC INSULATION

BALSAM-WOOL...Products of Weyerhaeuser...NU-WOOD

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Please send me more information about modernizing homes with Balsam-Wool and Nu-Wood. I am a Home owner ☐, Renter ☐, Architect ☐, Contractor ☐, Student ☐.

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husband was on a tour of duty with the army in Hawaii, I undertook to finish a quilt as a pleasant means of earning some extra money. This was a commercial quilt, simple and pretty, and after finishing it I made a similar one for myself. It was sold almost before it was finished! That's how it began. One day I was asked if I had ever seen any Hawaiian quilts. I hadn't and from the descriptions I was unable to picture them in my mind. But I inquired among my friends and eventually found a woman who knew a woman who owned one and off we went to see this Hawaiian quilt. I found it truly beautiful and different. There was little about it to suggest the patchwork blocks of the early 1800's in New England, although there was some resemblance to the latter applique patterns of the South and Midwest. But the Island patterns are much less sophisticated than ours and the manner of cutting is unique. Each quilt is a *block in itself*. The material is seamed to the size desired with white for the background and color for the design. The color is folded into eighths and cut much as we would cut a paper doily. It generally consists of a central motif, the whole being of a highly intricate pattern which is anything but simple to cut and baste to the foundation. This is appliqued to the white material, put together with a layer of cotton or wool and a backing of muslin or other material, and quilted. Usually unrelieved by quilting, the design is flat. It rarely embodies more than one color on white and balance is maintained by exact repetition of the motif. The motif is expression rather than ornamentation, but there is not necessarily any connection between the actual design and the theme. For example: A worker in the palace was awakened one night by the rain falling on the makeshift tin roof in use until materials arrived from the mainland. While trying to get back to sleep, she evolved a design which she worked out next day in a quilt and which she called "Rain that makes noise on the roof." Almost anything would inspire a design—the crescent moon, the stained glass window in the first parlor car in the Islands, a remark by the queen, etc. The originator of a design names it and name and design are held inseparable. Exchange of patterns has always been held a bond of close friendship and patterns were dedicated to a person as a mark of respect or love, the way a book is dedicated by the author. Designs without number were dedicated to

Mark Warnow

and his Orchestra featuring JERRY WAYNE Now on Sonora Records

"HIT PARADE" features your top current favorites, played by America's kingpin orchestra leader, Mark Warnow—and his famous band! Music you'll love to hear for many tomorrows to come. Songs aimed straight at your heart by the romance-filled voices of Jerry Wayne and Vera Barton. All brilliantly recorded to hold you spellbound under the charm of SONORA'S bell-like quality of tone.

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MELODIES THAT WILL LIVE FOREVER

Sonora Records *Clear as a Bell*

SONORA PRODUCTS, INC. • CHICAGO, ILL.

★

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the beloved Queen Liliuokalani. While the recipient of a design can alter it to suit her taste, introducing new elements and changing the proportions, the name prevails so long as the general outline is retained. Colors may be changed without thought, although some designs imply the use of certain colors. There is no offense more heinous in the eyes of the Hawaiian quilt-makers than to copy a design belonging to another and name it for oneself. Before long I had quite a collection of these patterns and before I left the Islands I had cut and basted many such quilts. But it wasn't until we spent a winter in a cold climate that I took

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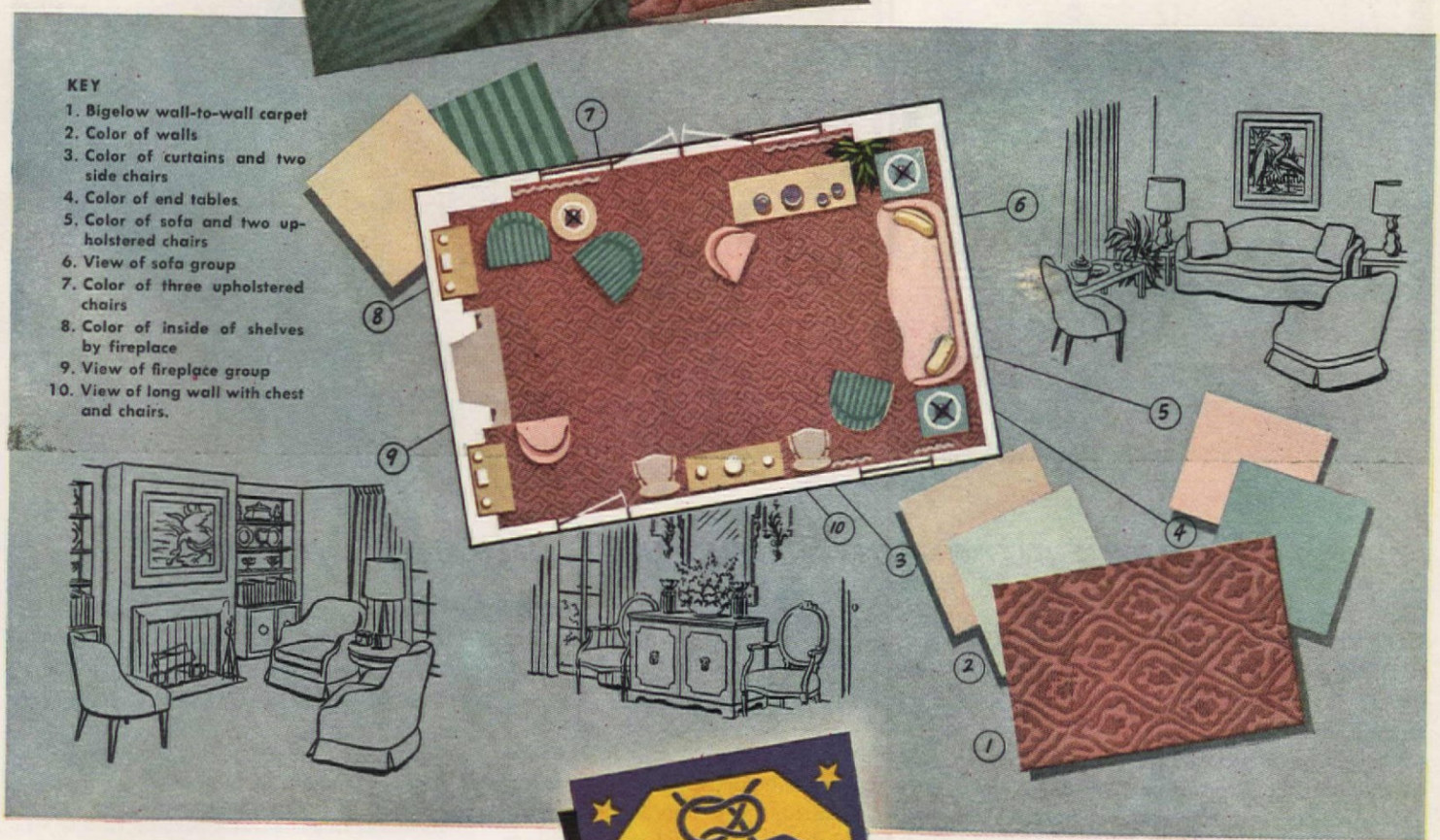
6. View of sofa group
7. Color of three upholstered chairs
8. Color of inside of shelves by fireplace
9. View of fireplace group
10. View of long wall with chest and chairs.



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my hobby seriously. Then I finished four quilts I had begun and made a few friends who were enthusiastic about them. They even tried making some of the simple applique patterns. Then it came time for the New York State Fair in Syracuse and these new friends urged me to enter my quilts. I didn't think my quilts were nice enough to win a prize but to please my friends I entered them—four, all in the same class. The women of the Fair, however, changed my entries into other classes for me and I came home with two first and two second prizes.

A few weeks after the fair I received an invitation to visit a quilt club in a not-far-distant city and to bring my quilts with me. The members brought their quilts, too, and we had quite an exhibit. This visit definitely established my hobby for me. Through this and other invitations from women's groups and churches, I began to see many antique displays of prized possessions, handed down through the years in the family, and I was learning to have an appreciation of antique furniture, Early American pressed glass, clocks, hooked rugs, hand-woven coverlets and many other things. But, most of all, I learned about quilts. In my work with the Hawaiian quilts, I had discovered that each maker infused a little of her individuality into her work, that although she kept the general outline, she would make a difference of a curve or point, an extra slit or one left out, so that while the quilt was essentially the same as another one, still it was different in the detail. This seemed so easy that I thought it would be interesting to make a quilt or two of my own pattern and now I have made several.

I attend the fairs each year to study the new styles of work so that the next quilt I make can be improved in design and workmanship. We are taught that 14 stitches per inch is good quilting and I have worked up to 28 stitches per inch. I don't always use that number. There are some places where that would be a waste of work and eyesight. But I average at least 20 to an inch. Also, I stuff my patterned quilting at every opportunity—just a little, but enough to make the design stand out.

My first quilts were made on muslin. Our grandmothers used this material and their quilts put in many useful years. For the colored part I used percales which seemed the most reliable as to color-fastness. Then, too, percale had the advantage of being a square weave,

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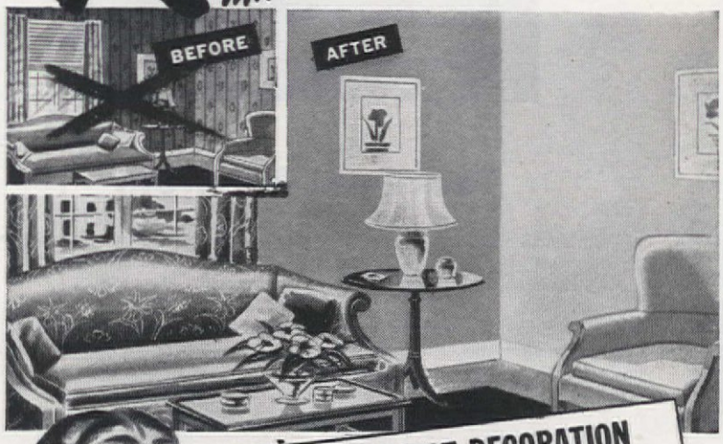

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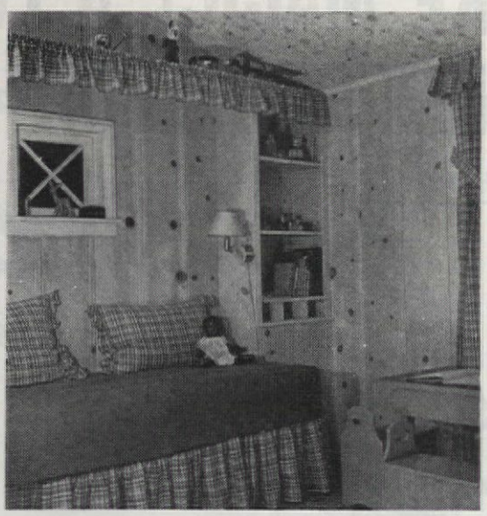

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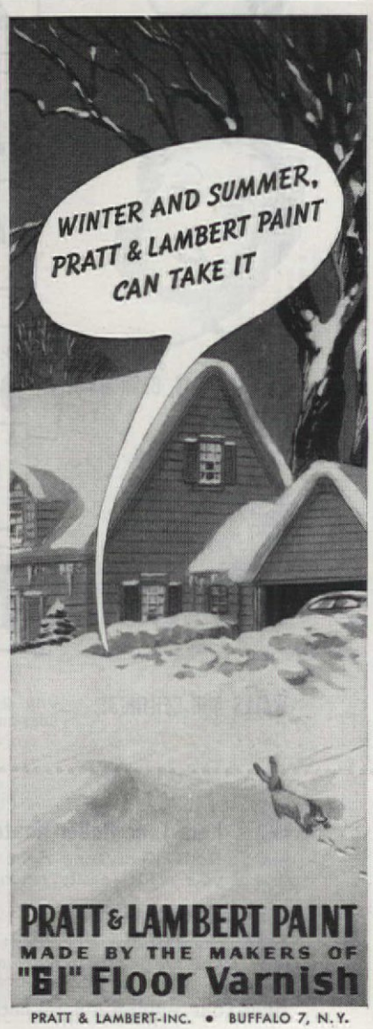

PRATT & LAMBERT PAINT
MADE BY THE MAKERS OF
"61" Floor Varnish

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the same thread count either way.

As my finances got better, I bought better material and now I always advise "the best your pocketbook affords." You can finance a quilt for as little as five dollars—and it will be a very pretty one. But if you put the same amount of work on a lovely broadcloth foundation, for about three dollars more, you will have a quilt that is exceptionally beautiful.

I am just as particular about my thread. I like a hard glazed thread that is manufactured by one of the sewing machine companies. It comes in a variety of colors and numbers, but I like 70 or 80. With this I use a regular needle, 10 for quilting and 11 for appliqueing, sharps. The small eyes are harder to thread but also harder to unthread. The thread for applique is about 22 inches long and for quilting about 34 inches.

You have a choice of two cottons for the inner lining, the sheet with the glazed finish, and china cotton. The first comes in several sizes and you can choose the one that best suits you. I like my quilts a generous size, with plenty to cover bed and pillows and to hang down. This type of filler is easy to handle.

The china cotton comes in two sizes, has no glaze finish, and is soft and fluffy. It looks and feels almost like wool and must be handled gently as it pulls apart very easily. You can put your finger through it without realizing what you have done.

Both cottons wash beautifully. If washed and dried properly, the quilt will be nice and soft. My method of washing a quilt is the same as you would use for a wool blanket. Before I wet the quilt, I thoroughly brush it to remove any surface dirt. Then before putting the quilt into the washer I brush any spots with soap. I like a mild soap and warm water. I run the washer about five minutes and put the quilt through the wringer—this should not be very tight. The quilt should be rinsed twice in water the same temperature as that in which it was washed, and wrung from a different side each time. I hang it up immediately to dry and use two parallel lines, hanging it by opposite sides, wrong side up. Sometimes I spread a sheet over the quilt to protect it from dirt.

By the way, I learned to quilt without frames! I had been assured this was impossible. So don't let that expense deter you from adopting a hobby that provides occupation for both hands and mind—besides heirlooms for tomorrow!

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"Hot Spots"

Those Telltale Marks on the Wall

PERHAPS you are one of those fortunate persons who owns a brick house that is free from damp spots—hot-spots in the building mechanics' parlance—which cause discoloration of wallpaper or paint on outside walls. This article, however, is aimed at the many whose homes suffer from these disturbing and destructive blemishes.

Damp spots are caused by moisture penetrating the brickwork and activating the lime content of the plaster. There are two methods of preventing this nuisance, and one method of remedying it. The preventives must be used at the time of construction. Plaster walls can be furred away from the brickwork an inch or so thus creating an air space, or, the interior of the brickwork may be coated with an asphalt preparation known as "plaster bond" upon which the plaster is applied directly. The remedy is a thorough check of the brickwork, roof and gutter flashings and caulking, and an application of a colorless liquid waterproofing to the exterior surface of the brickwork. Of course, the spots in the plaster must also be treated to stop the lime activation.

All cases of leakage through the brickwork are not caused by faulty workmanship. An extremely high absorption factor in the brick used or the weather and temperature during the construction governs, to a large degree, the amount of shrinkage in the mortar-joints after they've dried out. Perhaps the greatest cause of moisture penetration, however, is the "header course" method of brick-laying. In this type of masonry, all of the bricks are not laid lengthwise. Every sixth or seventh course, or row, has bricks that are laid endways through the wall. The principle of this type of masonry is good. Just as when you pile logs you lay a row crossways every so often for additional strength, the end-ways course of bricks makes the building stronger. However,

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has Big Red Fruit ripening as early as July 4. Regular price 15c packet, but to introduce Jung's Quality Seeds we will send you a trial packet of this tomato, Giant Carrot, Cream Lettuce and Earliest Radish, also a packet each of our

Giant Zinnias and Double Larkspur

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WESTERN MAINE FOREST NURSERY
DEPT. AH-35, FRYEBURG, MAINE

there is a disadvantage in that this end-ways row of bricks has a tendency to carry moisture to the plastered walls, causing hot-spots.

In cases of houses already built, corrective measures are possible. The first step is to fill any open joints in the brickwork and to cut out and refill any joints which show porosity or undue shrinkage. All openings around door or window frames should be filled with caulking compound. If caulking has already been installed, it should be examined to make sure it has not shrunk or dried out. Roof and flashings should be made tight.

When all of these things have been done, apply two or three coats of colorless brick waterproofing by brush or spray. This will reduce the absorption capacity of the bricks and, at the same time, will seal any minute openings in the mortar joints. This waterproofing material is easily obtainable. It is an evaporative liquid which contains dissolved gums or solids. Beware of homemade concoctions such as sodium silicate, waterglass, or compounds containing varnish. The one will probably turn the brickwork a dull whitish color while the varnish compounds will leave a permanent unsightly gloss.

Now we are ready to fix the hot-spots on the interior walls, for, even with the moisture sealed out, the activation of the lime will continue indefinitely unless something is done to stop it. If the walls are papered, remove the paper over and around the spots. If the walls are painted, you are more fortunate because it will be easier to touch up the walls. In either case, the spots should be thoroughly worked over with a wire brush to remove the loose and powdery substance. Then wash the spots with a solution of zinc-oxide, obtainable in any drug store. When this wash is completely dry, apply two coats of aluminum paint, allowing a day between coats. When the final coat has dried sufficiently, you are ready to re-paper or touch up the wall as the case may be.

The procedure outlined above is that usually followed by professional waterproofers, but the writer has his own ideas and goes even farther. Instead of simply blocking the lime action, he cuts out the hot-spots and refills them with new plaster. This method must have its points because in my ten years of waterproofing there has been no return of the blemishes. By carefully carrying out these suggestions you will permanently eliminate the trouble and be able to re-decorate in any manner.

THOMAS M. RIPPEY

Weren't those beans wonderful?

Remember how proud you were of the beans you grew last year—so plentiful, so tasty, so full of nutrition and goodness? Of course they were wonderful! There's nothing finer than fresh vegetables grown from Ferry's Seeds in your own garden.

Naturally you plan to have a vegetable garden again this year and, in addition, you'll want beautiful flowers in abundance. Ferry's Seeds are readily available to help you start right. Back of them are 88 years of scientific seed breeding and more than 65,000 tests annually to determine that they are true to type and of good germination. Your favorite dealer carries a wide assortment.

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Also makers of famous Pella Venetian Blinds

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"My mother could have *spared me this heartbreak...*

If only she had told me these intimate physical facts!"

"WELL it's happened. Jim has left me and never was there a better husband! I felt it coming—first his 'indifference'—then a decided resentment.

"If only I had known earlier how important intimate feminine cleanliness is to womanly charm, beauty and health—those intimate facts my mother *should* have told me but *didn't.*"

* *

Certainly you don't want this tragedy to happen to *your* daughter! Tell her *now* how important Zonite is for the douche—how no other type of liquid antiseptic-germicide of all those tested is *so powerful* yet *so safe to delicate tissues.*

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Women so often foolishly use old-fashioned mixtures of vinegar, soda or salt which DO NOT and CAN NOT give the great germicidal, cleansing, deodorant action of Zonite.

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Zonite actually *destroys* and removes odor-causing waste substances—helps guard against infection — *instantly* kills every germ it touches. Of course due to anatomical barriers it's not always possible to contact all germs in the tract. BUT YOU CAN BE SURE OF THIS! No germicide kills germs *any faster* or *more thoroughly* than Zonite. It kills all *reachable* living germs and keeps them from multiplying.

Zonite is positively *non-poisonous, non-irritating, non-burning* for feminine hygiene. Use it often as you want without risk of danger.

Buy a bottle of Zonite today from any drugstore. Follow label directions.

FREE!

For Frank Intimate Facts of Newer Feminine Hygiene — mail this coupon to Zonite Products, Dept. 500-A, 370 Lexington Ave., New York 17, N. Y., and receive enlightening FREE Booklet edited by several eminent Gynecologists.

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FOR NEWER
feminine hygiene

New Styles

Sarah Shields Pfeiffer

SO YOU'D like to get away from it all—think a holiday or a long week end would revive your appetite for work? Well, it's only natural! Wars may come and wars may go but wanting to visit with people you like will go on forever. It's hardly possible to meet them at your favorite resort hotel—it isn't patriotic to travel a long way for a spree or a sunbath out of season. Still, you would like a different pace! So what *can* you do?

Stop short—and decide! What you need most is a change of faces in the background and relaxation from a stiff daily schedule, isn't it? Then take off for a visit with that older sister or the gal who traded the desk next to yours for a husband. It's not as exciting as dancing in the moonlight but it should renew your strength in this topsy-turvy world.

Of course, don't forget to remember that there are new styles in visiting these days. The reams that have been written in the past about being a good hostess are as nothing compared to what should be said about being a desirable, ration-conscious guest. Like mercy, the quality of wartime hospitality should never be

If you would like to be invited again sometime . . . then DON'T OVERSTAY YOUR VISIT

Photographs by Gene Lester

in Visiting

Posed especially for The American Home by Gracie Allen, famous star of screen and radio

You may be your hostess' dearest friend but there comes a time when you should take to your own room and give her a rest from chatter

Above, Gracie Allen illustrates the first—and one of the most important rules of wartime visiting—think ahead to your packing! Plan out each day—and pack a minimum of essential changes for each

Food shortages are especially hard on a hostess. So if you want to "come again soon" better take your ration book and some scarcer foods along

Since maids have become vanished Americans, any hostess appreciates a helping hand with the dishes and dusting. It's an absolute must

The shortest way to a woman's heart is through food—food that she does not have to cook, eaten on dishes that she does not have to wash. So take your hosts out to a grand meal. Give them a welcome reprieve from the hot stove and the ever-present dishpan

How to Restyle Walls and Ceilings

AFTER VICTORY you need no longer endure ugly cracked walls and ceilings. Start dreaming—actually *planning* a more beautiful home. Our new 16-page booklet tells how to do it, with Upson Panels. There are sketches, photographs, new arrangements—a wealth of ideas for fun rooms, attics, kitchens, baths, too. *Sent FREE. Mail the coupon below.*

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Send me your FREE booklet—"How To Remodel Interiors For Pleasure—For Utility."
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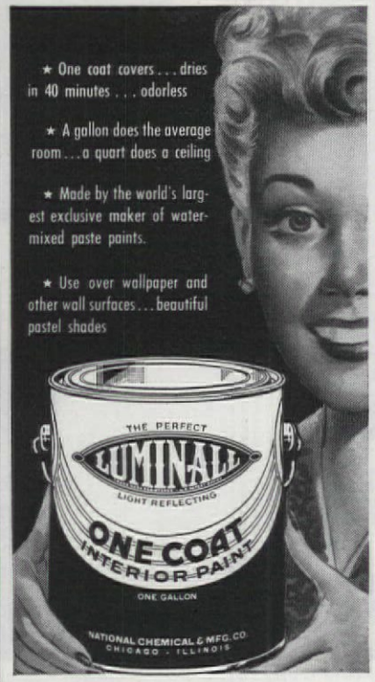
The paint that changed the nation's painting habits



FREE Send for Decorators' Chart

Shows many different color schemes of rugs, drapes, upholstery, etc., for various rooms and gives the right color of wall for each scheme. For 10c enclosed send your deluxe booklet, "Short Course in Interior Decorating," with rooms shown in color.

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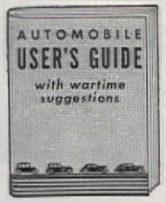

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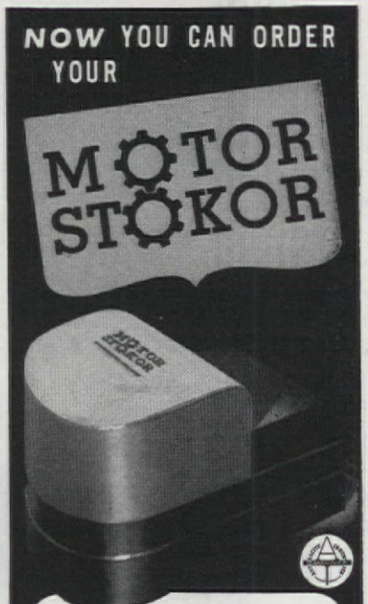

America's finest anthracite stoker gives you efficient, trouble-free automatic heat . . . saves up to one-third on your fuel bills by burning lowest-cost small sizes of hard coal. See your Motorstokor dealer before deciding upon automatic home-heating. Consult the classified section of your telephone directory.

Send for literature telling how Motorstokor pays for itself in fuel-savings.

Hershey Machine & Foundry Co.
603 Pitt Street, Manheim, Pa.

strained. It isn't likely the government will ration hospitality directly—but your friends who entertain you may feel so inclined. Then where would you be? Left behind?

But let's begin where all nice visits should begin—with a definite invitation for a stated interval of time. If you are as smart as Aunt Susie thinks you are, you will either know already or will find out the type of clothes to take. Evening rags are almost out, so a street length dress with glitter will probably suit the evening's bill of entertainment. Or if you want to play safe about unknown invitations, take a long skirt to wear with a ruffly blouse that can also serve daytime duty. And then be very strict with yourself. Carry no more than one bag and perhaps a small cosmetic case. And *do* remember that your few good clothes can be juggled with assurance if you stick to one basic color scheme and several accessory changes.

When it comes to transportation, make a declaration of independence to your hostess about getting places alone. Plan to reach the train or bus at the most untraveled hours. Be mindful of thirsty gasoline tanks and accept a lift at the other end only if the family are absolutely adamant that it is no inconvenience. If you must walk a bit, be gay about it, laugh off your troubles, and bless your resolve to go lightly luggaged.

Probably never since the days when early cave women traveled in animal skin sarongs has it been so easy to decide on a hostess gift. Certainly never before has this well-fed country been so regimented that rich Mrs. Vandergilt and poor Mrs. Wiggs can buy only the same amount of food for dinner.

So put yourself in the place of your hostess. In the dear dead days of thick steaks and a second pat of butter someone invited you and then planned the meals without effort. Now, my pet, that someone thinks first: "Have we enough food to invite a guest?" Then *you* come to mind, in second place and importance to food. That's why I repeat—it's never been so easy to decide on a hostess gift. You might proffer some dainty feminine trifle but you must supply food.

This advice isn't *de rigueur* for your dinner or overnight invitations, though show me a modern hostess who would close her hand or heart to an offering of food. So what if you must live on gnocchi and scrambled eggs the following week? It won't hurt your figure one bit. And the memory of a happy unstrained visit, plus the thoughts of visits to come, will

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MANY USES in the HOME

Ever ready, pliable plastic plugger-upper keeps out dust and dirt, mosquitoes, flies, ants, etc. Fills holes and cracks around drainboards, sinks, bathtubs. Use inside or outside. During cold weather, weatherstrips.

EASY TO APPLY

Unrolls like ribbon. Just press into place and it stays put. Does not crack, chip or shrink. Can be painted. A roll covers about 80 feet.

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ORANGEBURG PIPE is the modern pipe for house-to-sewer, conductor or irrigation lines, downspouts, and any other non-pressure use outside the building. Light weight . . . long lengths . . . easy to install. Does not break or crack easily. Non-corrodible. Can be sawed to any length. TAPERWELD JOINTS easily and quickly made. Permanent, water-tight, root-proof.

ORANGEBURG PERFORATED PIPE with snap couplings for septic tank filter beds, foundation drains, sub-soil drainage.

Ask your plumbing contractor or building material dealer. Or *mail coupon today!*

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Please send circular on ORANGEBURG PIPE. Also name of nearest dealer.
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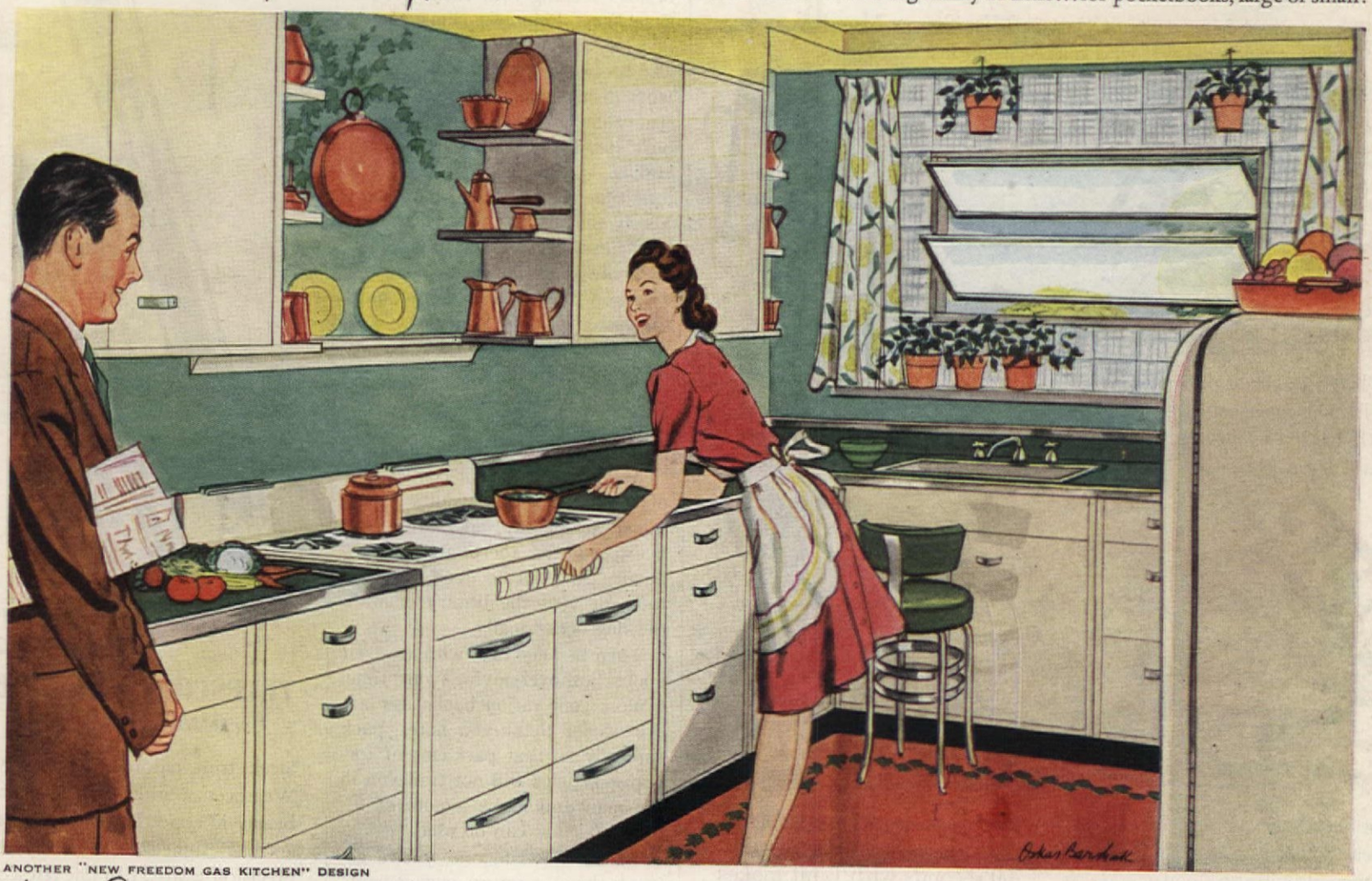
Your problem...

You want a new kitchen. A *better* kitchen. Where everything really *works* together to save you steps, time, energy. A *cool, clean, beautiful* place—where you can spend 1500 hours a year—and like it!

Our plan...

Here it is! One of the most *helpful* schemes ever conceived for busy housewives . . . backed by the entire Gas industry! We're planning *new-type* kitchens—so beautifully thought-out for more leisure, more convenience . . . so contrived to cut down on fatigue, dirt, heat — even unwanted kitchen odors — that they're called "New Freedom Gas Kitchens"*! Everybody's getting together . . . kitchen cabinet people, home economics experts, Gas refrigerator and Gas range makers—yes, even housewives. So that, come peacetime, *dozens* of ideas on "New Freedom Gas Kitchens" will be waiting for you — ready for new home or old...for big family or little...for pocketbooks, large or small!

And a peek into the future!



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1. YOUR REFRIGERATION and preparation center—featuring a wonderful Gas refrigerator—silent, economical, roomier than ever! **2. YOUR COOKING CENTER**—featuring a miraculous new Gas range that includes every new discovery to make cooking easier, faster, *better*. Whatever "make" you buy, look for the Certified Performance seal . . . your guide to the very finest in modern appliances. **3. YOUR "CLEAN-UP" CENTER**—featuring oceans of hot water for dishes — with plenty left for baths and laundry — automatically supplied by clean, economical Gas! Start planning your "New Freedom Gas Kitchen" today!

GAS

THE WONDER FLAME THAT COOLS AS WELL AS HEATS

AMERICAN GAS ASSOCIATION

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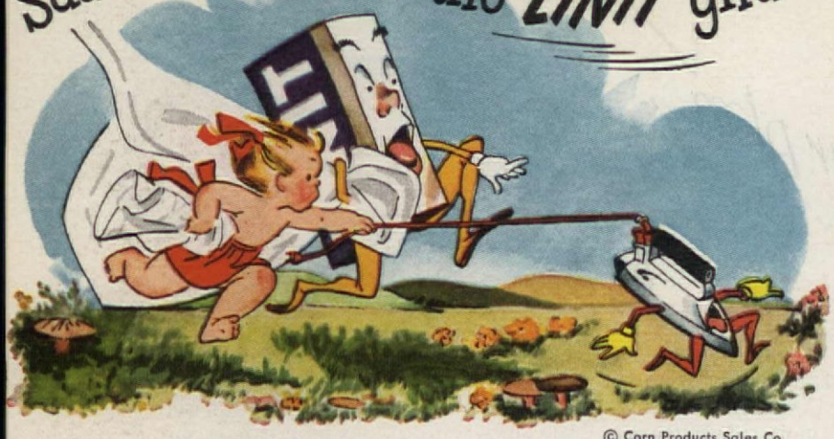
Sad Iron learns the LINIT glide!



© Corn Products Sales Co.

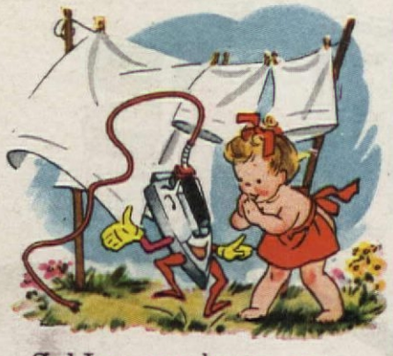
"I strike!" hisses Sad Iron, "See if I don't!
Me iron those sheets? I simply *won't!*
Your pillow-slips can keep their crinkles
Before I'll beauty-treat their wrinkles!"

"Come meet Master Linit!" says Miss Sunny Monday,
"a fine, speedy starch who makes washday a fun day!

"We'll whizz through our work
with the greatest of ease
With Linit to glide us!
Attention please!

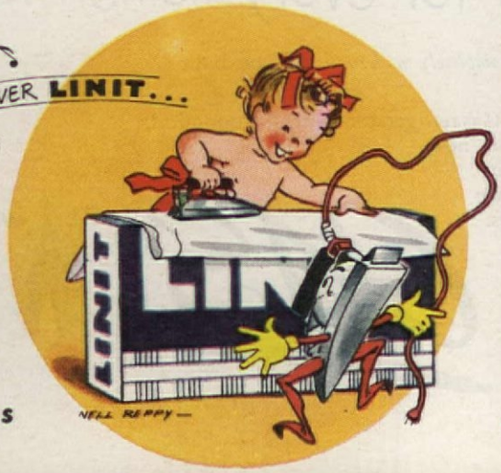
"I suds and I rinse—then
here's Master Linit!
I'm proud to present the
Starch of the Minute!

"He blends water and Linit,
each half in a cup.
Then adds boiling water.
Just a minute is up!"



Sad Iron, now happy, says,
"My work will be bliss!
60 seconds with Linit makes
a wash fit to Kiss!"

IRONS JUST GLIDE OVER LINIT...



LINIT LIGHTENS
LAUNDRY LABOR

At all grocers

warm you more than the meat and fats you have saved for yourself.

So why not make your intentions known when you receive the invitation? If you live so near that butter won't have a melting spell in transit, say something like, "Thanks, darling, for wanting me. I'm bringing half a pound of butter, a package of bacon and some coupons for vegetables. I won't dream of accepting unless they come with me."

However, if you live hours away and can't take food, pack one more of your canned treasures and take your coupon books. Hand them over as soon as you arrive with an I-won't-take-no gesture.

Then do a little detective work about how much help you can be, besides keeping your room as neat as a West Pointer's. Since maids became the vanished Americans, any hostess can use an extra hand with dishes and dusting. It isn't true that guests also serve who only stand and wait. The modern ending is that they will wait a long time for another opportunity. Surely the shortest way to a woman's heart is through food—food that she does not have to cook, eaten on dishes she does not have to wash. So take your hosts out to a grand meal. Give them a short reprieve from the stove and dishpan. You'll know how much that means after you've washed your own wedding china umpteen times!

And another sugar-coated pill of advice. No one wants to be talked to all day, no matter how many months there are to talk about. So plan to read in your room or visit the library or walk the dog occasionally.

Then be very firm with yourself about not overstaying your time. Collect your ration books, get addresses for thank-you notes, pack carefully so that packages of forgotten articles will not trail you in the mail and make a note of future gifts that can be used.

Because, ten to one, you're going to have a return engagement!

YOUR RED CROSS NEEDS *YOU!*

The American Red Cross asks your support of its Fifth War Fund Drive. We're all familiar with the humanitarian service carried on by this organization for the men and women overseas and their families here at home. At no other time in our history has the need for help been more urgent than NOW. Keep your Red Cross at his side by giving generously to this appeal.

WEAREVER
Zenith

By America's Largest Fountain Pen Manufacturer

FOR DISTINGUISHED SERVICE ON EVERY FRONT

$1.95

Pen and pencil set, illustrated at left, in rich gift box $2.75

TELESCOPE PRECISION
sets this pen apart!

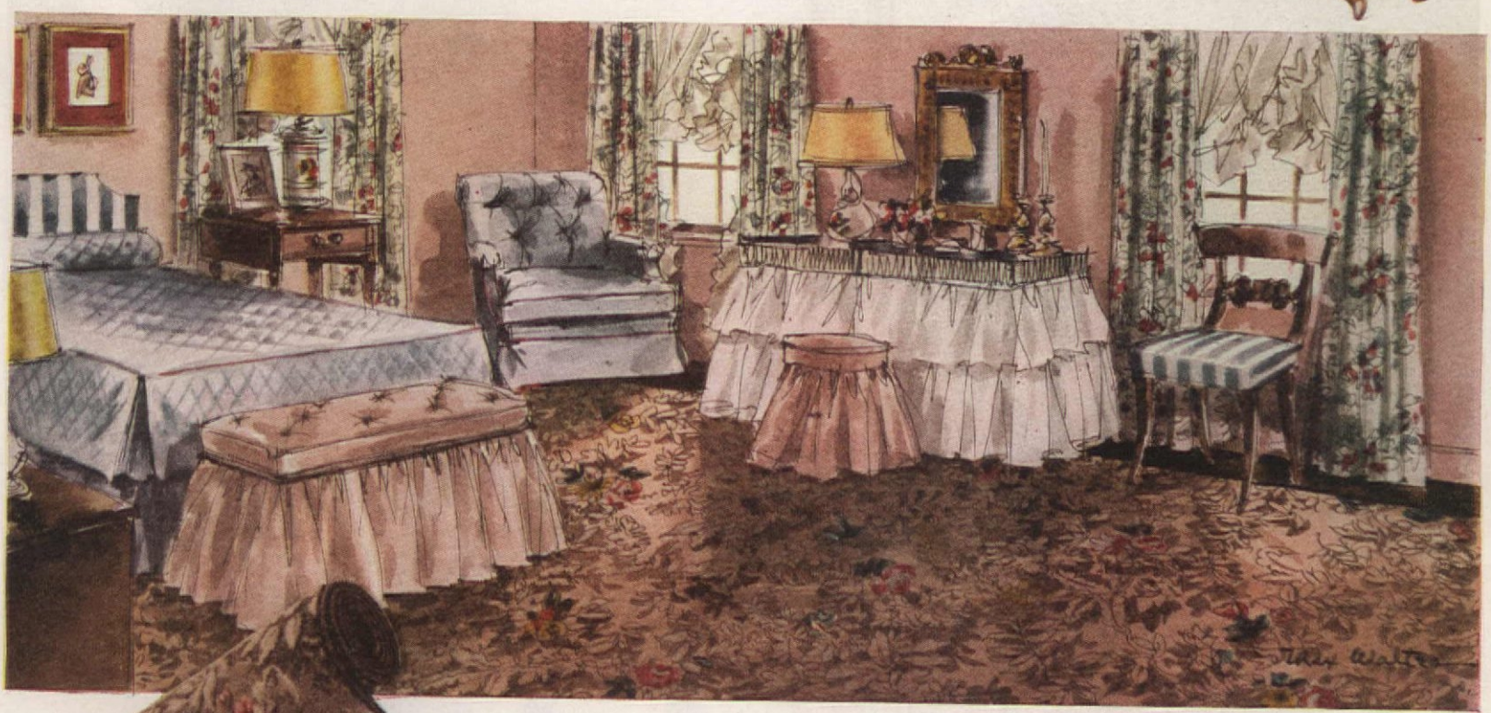
Sleek, trim, tailored, the new 1945 Wearever Zenith introduces new beauty in appearance and performance. Designed and built with a precision worthy of a fine telescope. Precision that distinguishes the ingenious "C-Flow" feed, the 14-carat gold point, the very design of this handsome pen. See, try, buy the ruby-topped Wearever Zenith. Made by David Kahn, Inc., North Bergen, N. J. (Established 1896).

WEAREVER
Refill Leads
5¢ at all stationery counters

Rooms Can Grow Up, Too!

"Jane seemed so young to be going away to college the day she left. I looked around her unsophisticated bedroom and I knew she wouldn't be happy with it four years later. I decided, right then and there, I'd make her room 'grow up' with her. It will be no problem, either! I'll start with a colorful all-wool Floor-Plan Rug, and you'll be surprised how little else I'll have to change."

How Jane's Room looked when she left for College



How Jane's Room will "Grow up" while she is away

..A Floor-Plan Rug can make that much difference!*

Alexander Smith Floor-Plan Rug Pattern 954

See how the room-size rug alone helps make over this room; how the pattern in Tru-Tone colors adds importance to the furnishings. The deep, all-wool pile is so luxuriously soft even a teen-age tomboy would feel like a princess walking upon it.

Alexander Smith Floor-Plan Rugs are individually sized to fit your rooms.

You may not find the exact pattern you want today, but be assured it will be among the first of all the good things to come when our war job is done.

IT'S FUN TO "DO OVER" WITH COLOR. *Send for our free illustrated "Portfolio of 212 Ideas for Your Post-War Home." Write Alexander Smith & Sons Carpet Company, 295 Fifth Avenue, New York 16, N. Y.* *(*Trade Mark)*

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Underwood and Underwood

Let Them be Seen—and Heard!

Sarah Shields Pfeiffer

ONE night when our dinner guests were lingering over their coffee, I excused myself and went upstairs to see that the children were in bed. Peggy, our ten-year-old, was already asleep. But Jack, our high school teen-ager, was wide awake—and unhappy!

"Mother," he said with mild resentment, "why do you *always* keep us in the dark when you have social engagements? You treat us like babies! We must eat dinner early and go to bed—without a chance to talk!" His earnest, adolescent face showed that he took the matter seriously.

"We enjoy being alone with our friends, just as you do," I said, surprised at his revelation. "It's easier for me to serve your meal early so that Dad and I can take our time with company. We like our guests to relax and enjoy our home. Why, all our neighbors do this, Jack."

"But other people don't push me aside. They let me hang around."

It was true. His grandparents, whom he visited every summer, took him as a companion to games and movies. With them he did grown-up things and seemed to react in a grown-up way.

Then I remembered the evening of Jack's return from visiting my parents last summer. He was still telling us about his trip when neighbors came to call. He remained in the living room, at ease, and joined in our conversation. I recall with shame that his face flushed at our abrupt suggestion of bedtime. But he left the room without an argument.

Poor Jack! Here he was, five feet six, much taller than I. No wonder he was humiliated. No wonder he resented being sent off to bed like that!

Unconsciously, my husband and I had adhered strictly to the old rule that "Children should be seen and not heard." We had drawn a curtain at seven o'clock, imposing a veritable black-out on his conversation. That night we realized suddenly that our adolescent son was at that ghostly, uneven line between childhood and manhood. He was tall, gangling, full of new growth. He needed self-assurance. He needed faith in himself, not shyness and resentment turning inward. Instead of being constantly pressed by discipline and frustration into the model pattern that we had visualized, he needed opportunities to fulfill the natural development of his interests. And, of course, our young daughter would benefit from the same type of help we could offer Jack.

We decided, then and there, that perhaps the old rule should be changed. Modern school systems are doing a great deal to develop in pupils the ability to talk on their feet. In classrooms youngsters take charge of opening exercises. They conduct meetings. They arrange programs. Certainly the home should supplement this desirable ability by fostering easy conversational manners. It wasn't fair to an adolescent child to say, arbitrarily, at a time of our own choosing, "You are grown-up now," and thrust him, without preparation, into adult society.

Who says a woman doesn't appreciate a good knife!

The work-saving, food-saving keenness of Flint Hollow Ground Blades makes a world of difference in a woman's life

• Why let your husband be the first in your family to fall in love with the six professional styles in Flint Hollow Ground Cutlery? Surprise him by bringing home several of these gleaming beauties—shaped and balanced to give you the right knife for every cutting job, whether it's carving a roast or paring the potatoes that go with it! Hollow ground blades assure a sharper edge that stays sharp longer. Handles of imported hardwood are smart and serviceable, too.

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• Illustrated *left*, FLINT Roast Slicer, *right*, FLINT Ham Slicer with round tip

And so, we decided to modernize the old-fashioned rule. We would let our children be seen and heard—within limits!

Before guests came again, we let Jack and Peggy play-act meeting them at the door by practicing on us. They laughed merrily—but they learned painlessly. Dread of meeting visitors the first time was prevented. When the children opened the door and said, "Won't you come in?", it was the second time in their experience. We suggested that Peggy lead the way upstairs where our friends left their wraps. Jack, feeling very tall and helpful, brought in extra chairs. They passed napkins. They emptied ash trays. Then Peggy became excited and talkative. Jack stood about in an awkward silence, seemingly all hands and feet. We told them quietly when it was time to go to bed. The next day we made a point of mentioning that they had been a great help. And we decided not to stress their faults.

To help Jack overcome his shyness we asked him on another occasion to stay downstairs and amuse several relatives while we finished dressing. After he answered the door conversation drifted up to us. The talk, we discovered later, centered on Jack's stamp album. Jack, eager to complete his collections of British colonials, now receives stamps from one of the cousins who is in the army. He and Jack would never have known of this mutual interest unless Jack had mentioned it that night!

But we did not want our children to keep only to subjects that interested them. They needed a sense of responsibility to center attention on others, rather than on themselves. We were particularly eager for Jack to talk with a friend who works for the Federal Bureau of Investigation. So we created the opportunity when next the friend came to call. Intrigued by the conversation, Jack sent for a booklet about the Bureau and wrote an article on its work for publication in his high school paper.

The greatest test and, perhaps, the most valuable experience comes whenever we ask Jack to look after a person whose profession we do not know. How does he do it?

"See if you can find out his type of work," is our suggestion.

This turns out to mutual satisfaction. A great human urge is to talk about oneself so the stranger is pleased. And vistas of different professions are opened to Jack by the conversation.

These experiences were stage-managed in the living room to our satisfaction. However, the great

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You will like the way a few drops of Va-tro-nol up each nostril promptly, effectively relieves distress of head colds. It soothes irritation, reduces swelling, helps clear cold-clogged nose and makes breathing easier. (NOTE: Also helps prevent many colds from developing if used in time!) Try it! Follow directions in folder.

VICKS VA-TRO-NOL

Backache, Leg Pains May Be Danger Sign

Of Tired Kidneys

If backache and leg pains are making you miserable, don't just complain and do nothing about them. Nature may be warning you that your kidneys need attention.

The kidneys are Nature's chief way of taking excess acids and poisonous waste out of the blood. They help most people pass about 3 pints a day.

If the 15 miles of kidney tubes and filters don't work well, poisonous waste matter stays in the blood. These poisons may start nagging backaches, rheumatic pains, leg pains, loss of pep and energy, getting up nights, swelling, puffiness under the eyes, headaches and dizziness.

Don't wait! Ask your druggist for Doan's Pills, used successfully by millions for over 40 years. They give happy relief and will help the 15 miles of kidney tubes flush out poisonous waste from the blood. Get Doan's Pills.

PROTECTS THE NOSE AND THROAT

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Mu-col THE MU-COL CO. Dept. AH-35, Buffalo 3, N. Y.

WOMEN 38 to 52 Yrs. Old

Are You Embarrassed By These "Middle-Age" Symptoms?

Do *you* suffer from hot flashes, feel weak, nervous, irritable, a bit blue at times—due to the functional "middle-age" period peculiar to women? Then try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms!

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For three generations, mothers have relied on Packer's to keep youngsters' hair soft, fragrant and gleaming. The rich pine-cone color and pine-woods scent are a "natural" for hair-care. And shampoos with Packer's average about one-fourth the cost of bottled shampoos.

See why Packer's has been a favorite for seventy-five years. Get a large 25¢ or 10¢ cake of gentle Packer's Tar Soap today.

Shampoos for less than a penny

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difficulty came when the children wanted to have dinner with our guests one night, instead of eating earlier in the breakfast room. Jack began the meal by holding unswervingly to the topic of football at Junior High. I changed the conversation to the flower show which did not interest the children. Then Jack began on the vivid, technicolor details of the neighborhood's latest accident. I shifted to the usually safe discussion of the weather. Jack shifted back to his gruesome account. I again brought up the weather. Finally he caught the well-passed hint and there was calm on stormy conversational seas again. Probably every mother has had a similar experience!

Meanwhile, Peggy, observant and eternally spurred by curiosity, was looking around the table in her bright-eyed way. An elderly guest whose false teeth did not fit well was making a slight, clicking noise with each bite. I sensed that Peggy would soon locate the source, unless her attention was diverted. So I began to talk, filibuster fashion, occasionally pausing for breath when I asked someone to pass the biscuits or jelly!

We still hoped to have our company dinners and parties without strain and without dismissing the children from a share in them. Casually, we gave the children a list of subjects to be avoided at the table. It worked wonders—but it certainly wasn't foolproof. Excitement has a way of making the younger set forget their lessons on "do's" and "don'ts" and our youngsters were *not* the exception. So we cast about for a better solution. Eventually we solved the problem by saying that parties were like family games. Jack's interest in football gave us the clue that we could have signals to serve as wordless communication between us four. The plan appealed to their imaginations. We worked out two hand signals, simple and unobtrusive, that are easy to interpret and are prized family secrets. One says, "You are talking too much." And the other means, "It's time to say goodnight, grown-up fashion!"

Perhaps you are wondering what happens if they do not obey. Then we take their hands and go upstairs, baby fashion!

This has been necessary only once. As in many sports the penalty for defaulting is to stay out of the next game. An early dinner in the breakfast nook next time? Not if they can avoid it! Obeying the rules is so much fun that Jack and Peggy prefer to stay in the game and enjoy being seen *and* heard.

star of the silver screen gets her IRON every day!

Iron-rich BOSCO makes milk taste delicious

Try this simple way to end milk drinking "strikes." Just add chocolate-flavored Bosco and hear your youngsters ask for extra glasses of milk. In addition to making milk taste delicious, Bosco is so rich in Iron and Vitamin D that four teaspoonfuls of Bosco supply the full minimum daily requirement of these two important elements.

★ *Because of war conditions, your grocer may not always have Bosco in stock. But you can be sure that the Bosco you do purchase is the same high quality product that it was before the war.*

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SAVE WASHING
Clean grease from broiler—no messy cloth to wash out afterwards . . . no sooty stains to rub and scrub.

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Cut down laundering . . . save wear and tear on cloth dishtowels—Scottowels dry pots and pans.

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Clean individual towels help keep infections from spreading through the entire family.

SCOTTOWELS take the drudgery out of a dozen kitchen jobs for less than a penny a day.

These days, the supply is limited . . . because large quantities of Scott paper products go to war industries and our armed forces. If your dealer is out of stock today, please try again tomorrow.

Trade Mark "ScotTowels" Reg. U. S. Pat. Off.

How to be *Pretty* When *Photographed*

Kay Campbell

Posed especially for The American Home by Warner Brothers stars, Alexis Smith and Gale Page and Metro-Goldwyn-Mayer star, Greer Garson

IN HOLLYWOOD, where glamour is as glamour photographs, photography is all things to all people! So if you would be beautiful when you face a camera for that special picture for that very *special* someone or something . . . then take to heart these tips passed on by Peverell Marley, one of Hollywood's top-flight cameramen.

Pev, who has been "shooting" stars for eighteen years says, "the camera's full of secrets, and if you know them, you'll be lovely in any picture. It's not beauty—but charm—that counts! And if you make sure that the camera catches all of your charm, then you'll be pleased with all of your photographs—candid or 'posed'."

The whole principle of fine photography is achieving effective contrasts between light and dark, plus fine shading. In his gallery, the photographer brings out these points by his arrangement of light, so the subject must—as a star before a movie camera must—rely, to a large degree, on her makeup for contrast and shading. So come on gals—make your next photo the most attractive ever! Turn the page and you'll find all the rules for getting charm into your posing.

Above, cameraman Peverell Marley works with Alexis Smith to make sure nothing detracts from her eyes—one of her best features—as Edmund Goulding looks on

Good lighting, a light background, a wise choice of color in dress . . . help to bring out all of Gale Page's beauty and charm

Greer Garson makes the camera catch all her charm—even in a candid photograph

WE WANT TO MAKE AMERICAN HOMES

BETTER, HAPPIER PLACES IN WHICH TO LIVE

SO . . . WE'RE ASKING QUESTIONS LIKE THESE—

WHAT DO YOU WANT?

Providing people with the things they want is the principle that's guided American industry to greatness. It is the principle that has given us the finest, most comfortable homes, the world's highest standard of living.

This request for your preference in home lighting, radio and television is an expression of Sylvania's desire to *serve you* in the days following the peace.

What about Home Lighting?

After the war, do you plan to have:

☐ More ☐ Less

☐ The same amount of lighting in your home?

If you are planning more lighting, how will you go about it?

☐ Add more outlets ☐ Rearrange present fixtures

☐ Use larger bulbs ☐ Change color scheme

☐ Buy new fixtures ☐ Use fluorescent lighting

How do you like to buy your electric light bulbs?

☐ Individually ☐ Package of six (one size)

☐ Package of six (assorted sizes)

In your estimation what are the advantages of fluorescent lighting?

☐ Uniformity of light ☐ Low cost of operation

☐ Lack of glare ☐ Appearance

☐ Greater Light Output

What about Radio and Electronics?

Which of the following qualities of FM (Frequency Modulation) do you consider most important?

☐ Better tone quality ☐ Static-free reception

☐ Elimination of dual-station interference

Do you intend to buy a television set after the war?

☐ Yes ☐ No

If yes, how much would you be willing to pay for it?

☐ $250 ☐ $200 ☐ $150 ☐ $100

An electronic device applies the energy of electrons to a useful purpose. For instance, an electric eye, which automatically opens and closes a door, is an electronic device.

What services in your home would you like to have performed by an electronic device? How much do you feel each device should cost?

*(Indicate here)*_____

_____

WON'T YOU ANSWER THESE QUESTIONS?

We'd greatly appreciate receiving your answers to our questions. But whether you care to send them to us or not, we're sure that you'd be interested in knowing how thousands of women and their husbands are answering these and scores of other equally important questions.

Just send for the SYLVANIA SURVEYS booklet — "They Know What They Want." Use address below.

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"I showed the girls on the Swing Shift!"

"No overtime in the kitchen for *me*. Not when I pack Derby sandwiches in my lunch box. Ready-to-serve Derby Foods fix easy and eat *easier*... with no preparation bottleneck. No time lost nor fuel wasted in cooking. There's no food waste either—you eat *everything up!* So, for super suppers at home or on the swing shift, take top-quality Derby specialty meats, *I* always say!"

Pig's Foot Tid-Bits in mild vinegar. Each *boneless* Tid-Bit is a pink-and-white morsel of savory goodness... expertly cured and cooked... mildly flavored with choice spices! Every bit is deliciously edible!

Ox Tongue in Jelly. Quite the finest beef tongue money can buy! The delicate flavor and appetizing color are retained by cooking under vacuum. Takes more than a 4-lb. tongue to make a 22-oz. jar! Just chill, slice and serve!

Meaty Tamales with Sauce. Mildly seasoned but full-flavored for American taste! Deliciously made with more and better beef stock. Highest protein value, because of the generous meat content! They'll win you smiles, praise!

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Buy more War Bonds—hold what you have!

Chili Con Carne • Lambs' Tongues • Ox Tongue • Pigs Feet • Sausage • Frankfurters
Tid-Bits • Spaghetti with Meat and Sauce • Lunch Tongue • Egg Noodles and Chicken
Dried Beef • Chicken Broth • Chicken • Tamales • Chicken à la King • Corned Beef Hash

Always use as little make-up as you can get away with! If you have perfect skin and fine features, it is necessary to use only a very small amount of makeup. If you have a few freckles right across the bridge of your nose, then use extra-heavy makeup with a good deal of brown coloring in it to cover them up. Similarly, if you've hit the life-begins-at-forty stage, then use a medium heavy powder base to conceal facial lines and lesser blemishes. Honestly! It works! Rouge may be used to shade down jaws or cheekbones which are too prominent. Powder may be used to bring out cheek hollows or a receding chin.

Always emphasize your best feature! Sit down in front of your mirror right now and decide which *are* your best points . . . which are your worst. Then when your picture is being taken, be sure to place the emphasis on the very best one. If your eyes are your best feature, don't let anything cover or detract from them. And do remember to use a little sweet oil or a touch of cream on the lids to give them an added sparkle. If your hair is one of your best points, be certain it has highlights that will reflect in the camera. You can get these by brushing your hair vigorously just before being photographed. Or, you can also give your hair a wonderful sheen in just a few seconds by using a little brilliantine. And while still on this subject, don't forget too, that a crooked part can throw your whole face off balance! So lady—check that part!

Never wear a hat—or a frock—that is high-style! If you do, five years from now, you'll be giggling over a picture that really shouldn't be a laughing matter. And actually, hats have no place in a posed photograph . . . trimmed ones especially. They have a way of obliterating the eyes.

Always turn your best cheek to the photographer—never your less photogenic side! But don't try to cheat the camera too much! Try to keep your feet and hands equally distant from the camera, your head against a plain, light background . . . not lost in dark shadows. Stick to photogenic colors in clothing . . . off-whites, black, and powder blue.

And last but not least, when it comes time "to watch the little birdie" . . . think of a funny anecdote or incident. It will make you look gay! You have charm! Bring it out! Then your photograph will look glamorous because it will look like the one and only you!

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Andersen Windows — ONLY THE RICH CAN AFFORD POOR WINDOWS

"What's ahead for Me?"

Plenty, little feller. Plenty. For you're a young American . . . and America itself is *young*. Young in years! Young in vigor! Young and strong in determinations! It's going places. And so are *you!*

That's why, in this land of yours, there's a great future for you. But we mustn't waste time! Once we've won the war—*and* the peace—we've got to start building!

Yes, sir . . . *building!* You know, that's the way our forefathers started this country. They *built homes!* That's the way they began to make America grow.

And we've been building and growing ever since. But along side what we're going to build in *your* day we've hardly begun!

In the years ahead we'll build millions of *new* homes! Beautiful, livable, economical homes—the kind Mummy and Daddy dream of for *you!* There's work to do—young man! Millions of homes to be repaired, remodeled, made new! Millions of wonderful *new* homes to be built!

And why do we Americans believe so in building? Because we want every youngster in our democracy to grow up in the healthy environment of a home of his own! But that's not all! We want you—our children—to know the blessings of American progress and prosperity. And both depend so much upon the building of these homes.

All over our land home building can be the sparkplug of our peacetime prosperity . . . the foundation of our country's growth.

Young America—that is what's ahead for you! A greater country, a greater future, a greater opportunity—because yours is the land of "Home, Sweet Home!" Certain-teed Products Corporation, Chicago 3, Illinois.

CERTAIN-TEED

BUILDING

PRODUCTS

LET'S KEEP THESE LIFE-LINES FLOWING

They must stretch as far as that map-speck you read about this morning. To that hospital tent in the jungle's green twilight. Some day, to Japan itself. Yes, these life-lines have a long, long way to go . . . and only blood from each of us, able and proud to give, will keep them flowing.

We in Hawaii, remembering Pearl Harbor, have good reason to know blood plasma's benefits. Stocks, collected here in peace, saved countless lives one tragic December Sunday. Now . . . over three years later . . . the need is fast-mounting. Won't you send your blood to bring our wounded men back from our world-wide battlefields? Red Cross Blood Donor Centers are located in many cities. Phone or write today for an appointment.

Give now to the Red Cross War Fund. Help keep your Red Cross at his side in Rest Homes, Clubs, Hospitals, and the Field.

This advertisement contributed by the Hawaiian Pineapple Company, Ltd., producers of Dole Pineapple Products.

PUSSYWILLOW SHOWER

Helen Emily Webster

In the silken pussy willow blossoms so soft and snugly furred is a suggestion of babyhood that makes them the perfect motif for a stork shower. Write the invitations on gray cards with a pen-and-ink sketch, in one corner, of a pussy willow on a stem. Draw it as a real pussy, with head, ears and tail. For the body, glue in place a pussy willow bud or bit of cotton down to make him fluffy. You might rhyme the invitation—

In the springtime, pussy willows
Wake from sleep one day,
Snugly wrapped from winds a-blowing
In their furs of gray.

Margaret's coming baby will be
Safe from chill and harm
With these shower gifts we bring her—
All so soft and warm.
Place *Date and time*

The gifts, all the soft woolly things a baby needs, can be wrapped in cotton batting and tied with delicate blue or silver-gray ribbon or cord. Decorate the rooms with pussy willows displayed by themselves or with other spring flowers. If you can't find pussy willows, use artificial ones made with large puffs of cotton batting, deliberately exaggerating the size, for the blossoms. Attach these either to natural stalks or to stems made of wire, wrapped in crepe paper, and cup each blossom in a bract of paper. But don't add leaves to the branches! The leaves never appear, remember, until the "pussies" have changed to catkins. Brown stems and silver blossoms come closest to being the natural colors, but you might deviate from nature with a modernistic combination of silver boughs and blue blossoms or colors to fit your scheme.

For a clever centerpiece, stand a small, branching brown shrub, or a wire tree wrapped in crepe paper, in a flower pot with earth packed about the "roots." To the branches affix the tiniest dolls obtainable. Wrap each one, bough and baby together, with a blanket of blue or pink flannel. Drape it to form a hood so the baby's face peeps out from its snug nest. Place cards should be decorated in the same way as the invitations. For favors, have powder puffs with tiny dolls resting in rosettes of lace and ribbon. Include fluffy, decorative edibles in the menu—marshmallows and meringues or little cakes deep in divinity icing, or hot cream soup with popcorn kernels atop.

First of all, let's have some games. Your guests will enjoy "Ringing in the Spring" in which a small bare bush or wire tree serves as the target and players try to toss fruit jar rings or embroidery hoops over the branches. Score one point for each time a contestant succeeds.

In "Poor Pussy Willow," the player elected to be "Pussy" kneels before one of the seated players and utters a plaintive "meow" with as appealing a look as can be mustered. The person to whom the appeal is made must respond with "Poor Pussy" and a sympathetic pat on the head. This is repeated three times, then "Pussy" goes on to the next victim. The first person to laugh at "Poor Pussy" has to change places. It is an old, familiar game but fun. Another good game is the written one of Categories with definitions given for the word, beginning with the syllable "cat," to be guessed, as: 1. This little pussy has a cold in the head. *A. Cat-arrh;* 2. This pussy lives in a great church. *A. Cat-hedral.* After prizes for games are awarded, let the honor guest discover her gifts—hung, perhaps, on a drying rack for baby clothes!

Sketches by Clare McCanna

More Party Ideas!

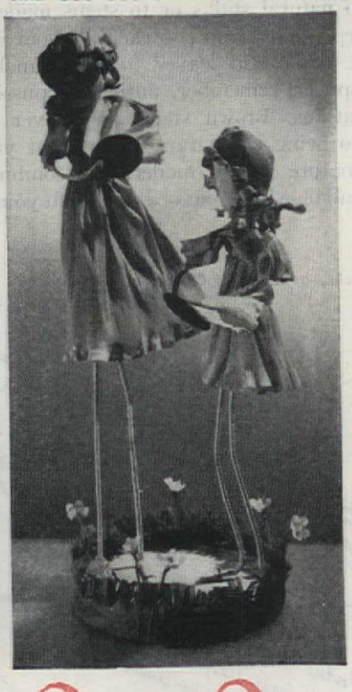
A REASONABLE DEGREE OF NUTTINESS HELPS ANY PARTY ALONG. THE WALNUT FAMILY MAY BE USED FOR THE CENTERPIECE OR INDIVIDUAL FAVORS AND FOR EITHER A CHILDREN'S OR A FAMILY PARTY. SUBMITTED BY DAISY WELCH

J. Lewicki

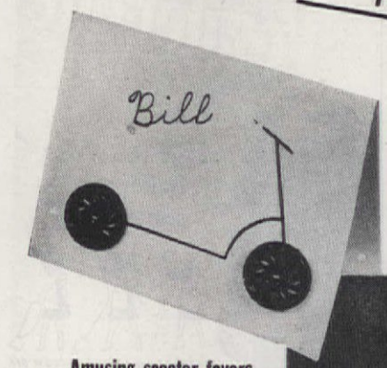
Favor centerpiece: Small flags are inserted in glass sippers, stemming from a flower arranger. Suggested by Allie Lowe Miles

CHILDREN LOVE HELPING WITH THEIR OWN PARTY PLANS. LET THEM DRAW AND CUT OUT COLORFUL INVITATIONS IN THE SHAPE OF VARIOUS FRUITS

Photographs by F. M. Demarest

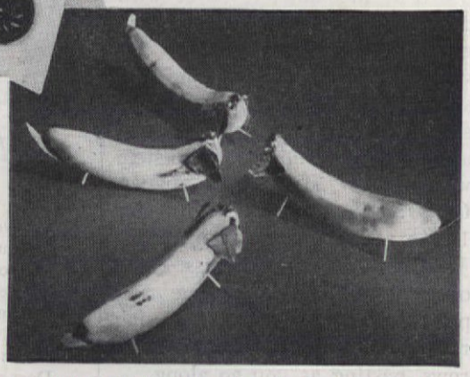


In this roundup of sparkling party ideas are invitations, place cards, a new method of announcing wedding plans, individual favors and centerpieces for all ages and almost any occasion. They are simple to make and delightfully clever in effect, as you can see. The Walnut Family are made, as their name suggests, of walnuts and may be dressed to suit the party-giver's fancy. If it's a children's party or one they are sharing in, let them help with these frills. They are usually quite adept at drawings such as you require for the fruit cut-outs to be used for invitations or place cards or both. It may be they will wish to make the envelopes for the invitations. Follow up the theme with individual favors of banana dachshunds or



To announce wedding plans, borrow this theater ticket idea starring the pair for life—from Louise Price Bell

Amusing scooter favors for children. Wheels are buttons. Suggested by Mrs. Benj. Nielsen



Banana dachshunds for favors decorate the table and tie in with fruit invitations—Elinor Scoville and Marcella Ryser

H. F. Sirrine

FOR A STORK SHOWER YOU MIGHT LIKE THIS INVITATION FORM

SHOOP HOLDING CO., INC.
2731 So. Austin Blvd.
Cicero 50, Illinois

Sept. 23, 1943

Mrs. Nelle Willis
Tow Path House
New Hope, Penna.

Dear Mrs. Willis:

Believing that we are well out of the depression, the directors of the above company, having conservatively refrained from dividend disbursement for over eight years, have declared a second stock dividend as of Sept. 23, 1943, in the form of preferred, fully paid, non-voting (except after 21 years) shares of newly-created subsidiary which will hereafter be known as Steven Korando Shoop, the management and control of which is vested in the parent company.

This new issue was offered to the public at the Mount Sinai Hospital, Chicago, Illinois. It has shown great activity, opening at 7 pounds, 9 ounces and giving promise of trippling that figure during the coming year.

Sincerely yours,

C. K. Shoop

Vice President

Busy day ahead?

Have a cup of Nescafé—the **Nestlé's soluble coffee product.**

TEMPORARILY, THE ARMED FORCES ARE TAKING ALL THE NESCAFÉ WE MAKE.

When military requirements have been met, Nescafé will again be available at your grocer's.

FULL FLAVORED COFFEE

—made instantly—right in the cup

FULL FLAVORED—because in Nescafé all the flavor and aroma of freshly-roasted coffee are "sealed in" by added carbohydrates.

All *you* do is add hot water—to enjoy the stimulating goodness of roaster-fresh coffee.

You've no coffee-maker to get ready—no tiresome "cleaning up." No grounds to dispose of, either.

And because you make *only what you need*—Nescafé is economical. Costs you about a cent a cup.

Try Nescafé, and you'll agree—you can't make *finer* coffee—*easier!*

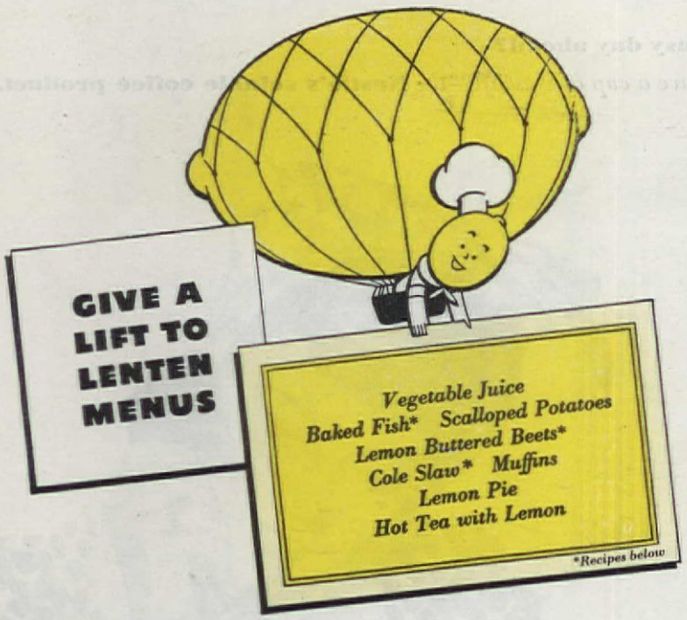
A teaspoonful → *in a cup*

Add hot water → *it's ready*

NESCAFÉ (PRONOUNCED NES-CAFAY) IS A NESTLÉ PRODUCT, COMPOSED OF EQUAL PARTS OF SKILLFULLY BREWED SOLUBLE COFFEE AND ADDED CARBOHYDRATES (DEXTRINS, MALTOSE AND DEXTROSE) ADDED SOLELY TO PROTECT THE FLAVOR.

AWARDED SUNBURY NESCAFÉ PLANT

NESTLÉ'S MILK PRODUCTS INC., NEW YORK, U. S. A. • Producers of Nestlé's Evaporated Milk



LENTEN FAVORITES become something *new* when you add a lively touch of lemon. Such grand flavor and smart color! See how easily lemons help any course of a dinner.

APPETIZER—*Vegetable Juice*

Any vegetable or fruit juice responds to the wake-up tang of lemon. Soups, both clear and thick, sea foods and most other appetizers need the lift that lemon gives them, too.

MAIN DISH—*Baked Fish**

You wouldn't think of *serving* fish without lemon, but have you tried *preparing* it with lemon? No trick at all. To bake, broil or fry any fish (without that fishy odor) simply rub with fresh lemon juice inside and out, salt to taste, dot with butter or margarine and cook until done. You won't taste the lemon, but, mmm...there's fish with a flavor! And lemon does much for chops, roasts (both lamb and veal) and other main dish standbys. See pages 6, 7 and 8, Sunkist Lemon Recipe Book.

VEGETABLE—*Lemon Buttered Beets**

A sprinkling of fresh lemon juice performs wonders with most vegetables. Beets, for example, are something new with lemon butter: ¼ cup melted butter or margarine blended with 2 tbs. of fresh lemon juice. Pour over beets just before serving.

SALAD—*Cole Slaw**

Lemon adds a real wake-up tang to most salads. With cole slaw, use fresh lemon juice in place of vinegar in your favorite dressing. Then watch it disappear.

DESSERT—*Lemon Pie*

The perfect ending for any meal. Lemon pie, banked high with snowy meringue, is so popular that every cookbook has 1 or 2 recipes. For variety get Sunkist's famous Lemon Recipe Book with *10* pie recipes—all lemon.

There's another reason for using lemons liberally—HEALTH. Lemons are a rich source of vitamins C and P, a good source of B_1. They aid digestion, alkalinize. Sunkist's famous Lemon Recipe Book has over 100 recipes. It's free. Write Sunkist, Sec. 2103, Los Angeles, 55, California.

Sunkist Lemons in trademarked tissue wrappers are the finest and juiciest from 14,500 cooperating California and Arizona citrus growers.

FOR GOOD HEALTH AND GOOD FLAVOR

Sunkist

California Lemons

LET'S FINISH THE JOB—BUY WAR BONDS

other real fruit—pears, apples, peaches, pomegranates—supplied with features to make them into funny faces. The three charming "Mother and Daughter" creations came from ***Violet Nelson,*** with detailed instructions for making the figures for the centerpiece.

Materials: 1 fold emerald green, powder blue, sand and rust crepe paper, spool and heavy wire, paste, rose stamens, absorbent cotton, corrugated board, pink, white, and yellow paper napkins. ***Base:*** Paste together 2 circles of corrugated board 6″ in diameter. Cover with green paper. Cut 7 flowers using rounded and pointed patterns for variety. Gather petals around rose stamens, attach a 2½″ stem of spool wire by winding one end around base of flower. Wrap stem with narrow strip green paper. ***Grass:*** Using strip of green paper 1½″ x 60″ cut across grain, fringe ¾″ down to resemble grass. Paste once around base, arrange and paste flowers to edge of base, using rest of 60″ of grass in two more rows, pasting as you go along.

Mother: Of double thickness sand paper, make tube 4½″ deep and 4½″ in circumference. Stuff with cotton, tie with spool wire ½″ from top and 1½″ from bottom. ***Hair:*** is strip of rust paper 6½″ deep, 4″ wide cut across grain. Slash 1 long edge into 2″ fringe. Paste around doll's head leaving 1″ overlap in back for curls. If top edges are folded and pasted on top of head like bottom of folded paper bag, front and back first, then sides to center, a fairly smooth top resembling a part will result. Trim fringe over forehead for curly bangs and curl by drawing over edge of scissors. ***Arms and body:*** Cut 2 wires 22½″ long for arms and legs. Turn over 2″ for feet, ½″ for hands. Wrap each piece with narrow strips of sand paper cut across grain, several times. Allow 4″ for arms, bend wires at right angles. Place surplus neck crepe below head between leg wires and wrap all together with strip of sand paper. Pad lightly with tissue paper between leg wires from

no liquids • no suds •

Keep your rugs and carpets clean and colorful. Care for them as usual, but once or twice a month sprinkle on Powder-ene. Brush it in. An hour or two later, vacuum it off. It does not cause matting, mildew or fading—does not remove curl from twist pile. Does not leave rings when you clean small areas.... *Keep them clean with Powder-ene.* VON SCHRADER MANUFACTURING CO., Racine, Wisconsin.

Guaranteed by Good Housekeeping

PATENTS 2,344,268 AND 2,344,247

Recipe

Armour's Star Pork Sausage with Creole Lima Beans

½ lb. Armour's Star Pork Sausage Links
2 cups dry lima beans
¼ cup chopped onion
¼ cup chopped green pepper
2 cups tomatoes, canned or cooked
1 tsp. salt ⅛ tsp. pepper

Soak 2 cups dry lima beans overnight. Drain, cover with water and cook until nearly tender. Drain. Add onions, green pepper, tomatoes, seasonings and place in baking dish or casserole. Arrange Armour's Star Pork Sausage on top, cover and bake 2 hours. Uncovering the beans the last 15 minutes of baking period will allow sausages to brown. 5-6 servings.

So flavory and good!

Armour's Star Pork Sausage

In two new family suppers!

You'll discover there's a new and different touch to each of these meals! Just what every home-maker is looking for to wake up dull winter appetites.

Use Armour's Star Sausage for these recipes, whenever it's available. Although there is less this year than last, due to the large military demands, you can be sure of this: All Armour's Star Pure Pork Sausage is made the same good way as always! It's made of choice cuts of pure pork, blended with fresh-ground imported spices—the finest there are! And it's made fresh daily in scores of Armour Sausage Kitchens throughout the nation, so you get it at its fresh-tasting best.

Besides its delicious flavor, there's another reason for enjoying Armour's Star Pork Sausage often! It's mighty nutritious—rich in the highest quality proteins and B Vitamins.

Save these recipes—try them right away!

Armour's Star Sausage Pork-U-Pines

1 lb. Armour's Star Pork Sausage (cello-roll)
1 lb. lean fresh pork (ground)
½ tsp. salt ⅛ tsp. cloves
½ cup raw rice ½ tsp. salt
3 tbsps. flour ¼ tsp. cinnamon
2 cups milk or allspice

Combine first four ingredients and shape into balls the size of golf balls. Brown slowly and thoroughly, turning often for 10-12 minutes. Add 1 cup water and simmer for 1 hour until all water is absorbed. Remove balls, stir in flour and add milk. Season with cloves, cinnamon or allspice and salt and add meat balls. Serve in the sauce. 6 servings.

1 Pound Box of Links 1 Pound Cello Roll

© ARMOUR AND COMPANY

Listen to Hedda Hopper's Hollywood, every Monday Night over CBS. See Local Papers for Time

ARMOUR and Company

The American Design for Plenty

The American Way provides a magic fusion of individual effort along co-operative lines.

Management, what army men would call the intelligence center of the business unit, works ceaselessly to enable

the individual worker to fit into the co-operative process of production and distribution where he can be most useful.

The stockholder, in making available his savings to provide superior tools to aid the worker, invests on the average in American companies, $6,000 to create work facilities for each worker.

Such joining of men and machines enables the average worker in this country to turn out more units per year than the worker in any other land.

For example, the cuts of meats which feed American families wing their way to the butcher shops because Armour workers have at their disposal such mechanisms as large circular highspeed knives, electric scribe saws, the moving viscera inspection table designed by an Armour engineer and first installed in an Armour plant, and the automatic lard carton filling machine invented by Armour.

These are the typical fruits of capitalism—of the competitive society.

No other country in the world has gone as far as ours in lifting the productivity of the human worker through improving tools.

In 1880, when this modern power age was coming into being, we put 4/5 horsepower of electrical energy behind each employed person. By 1940, this was increased to 4½ horsepower per gainfully employed person.

What were the beneficial results of such increased use of mechanical energy and improved tools?

In the sixty year period the average production per year of each non-agricultural worker rose from 5 tons in 1880 to upwards of 22 tons in 1940.

Out of this stupendous rise in productivity came the upsurge in living standards of the people—the inclusion in the family budget of automobiles, refrigerators, household electric appliances, radios, better processed foods, and the whole Aladdin's Lamp of contemporary peacetime American abundance.

GA Eastwood

President, Armour and Company

Eighth of a series of statements on the American system of free enterprise which makes possible such institutions for service as Armour and Company.

shoulder to waist, about 3″ so body is flat but wires are 1″ apart at waist. Wrap several times with sandpaper. ***Dress:*** Cut waist from powder blue paper. Make tiny fluted edge on sleeves; puff by stretching paper between fingers. Paste edges together and paste on doll. For skirt, cut strip 6″ deep, 12″ long across grain. Turn back ⅜″ at bottom. Finish with fluted ruffle. Brush paste around waist and apply skirt, shirring as you go.

Daughter: Same as above with arms and legs of 17″ wires, turning ½″ back for hands, 1″ for feet. Wind body narrower. Waist is out ¼″ inside margin of pattern. Skirt is 3¼″ deep and 6″ long. Group figures naturally. Tilt of head or bend of knee helps. Use small double pointed tacks over feet to fasten securely to base. For dish-drying version cut 1″ circles of white cardboard; paste to hands bent in position. Towels are 2½″ x 5″ strips of yellow paper napkin creased and pasted on hands. Yellow hairbows are narrow strips of napkin. Use a bit of pink napkin for small dress for Sewing Lesson. Paste into hand bent in position. Place a small threaded needle in other hand after bringing thread up through dress. Mother stands bent over slightly behind daughter. Cut heavy paper 1¼″ long and ⅜″ wide to resemble comb. Paste to mother's hand bent in position. Daughter stands in front of mother, head bent down, one hand up to face, the other behind back while mother combs back curls Getting Her Ready for School.

Get On Our New Party Line

JUST let us know the kind of party you wish to give—date, time, place, number of guests desired and we will get to work. Give us if possible a description of your table appointments so that color schemes, centerpiece and favors may all be harmonious. Menu, costumes and games will be included when requested. Please allow us a few weeks' time to prepare that special party for you. If an emergency arises, however, we still have on hand a small supply of planned parties.

ALL PARTIES 50¢ EACH

- ☐ Conscription Party ..... 50¢
- ☐ Artists' Party ..... 50¢
- ☐ As Easy as Old Shoes ..... 50¢
- ☐ Let's Give a Box Social ..... 50¢
- ☐ Entertaining Suggestions ..... 50¢

THE AMERICAN HOME
Dept. S, 444 Madison Ave.,
New York 22, New York

To Help A Child Build Up
AFTER AN ILLNESS

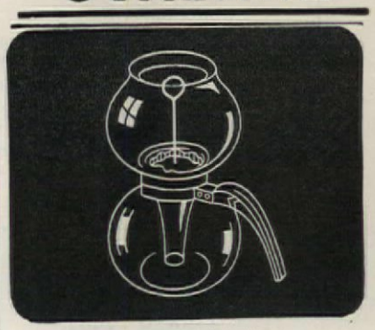
TODAY, many physicians are advising Ovaltine for the child who is run-down after illness—for these two reasons:

First, Ovaltine supplies the *basic* food substances—complete proteins absolutely necessary to repair muscle, nerve and body cells—and high-energy foods for vigorous health. Ovaltine is specially processed for easy digestion. Is taken in food-drink form. It usually "stays down" when nothing else agrees.

Second, Ovaltine is one of the richest food sources of vitamins and minerals in the world. Three cups daily, made with milk as directed, provide a child's full minimum requirement of Vitamins A, B1, D and G, and Minerals Calcium, Phosphorus and Iron. These vitamins and minerals, so important to speedy recovery, are often deficient in restricted diets.

Ovaltine is served in more than 1700 American hospitals. If someone in your family needs building up, try giving Ovaltine 2 or 3 times a day to speed the return of vigorous health.

OVALTINE



THEY SHINE IN THE KITCHEN

Jane Dunbar

"AND they're easy to keep shining—their sparkle never dims. They furnish a smart new way to brighten up the kitchen and add pleasure to your cooking job. DUNBAR is the name for QUALITY cooking glass. It's durable, practical and sanitary. You'll be delighted with the attractive Vacuum Coffee maker pictured above, and the superb coffee you make in it will delight your family. All of my lovely cooking glass is attractively priced. Smart gifts, too."

DUNBAR COOKING GLASS

For my free booklet "Glamour in Glass," send postcard to Jane Dunbar, Dunbar Glass Corp., 503 Payne Ave., Dunbar, West Virginia. Est. 1911.

SWEETHEART LOAF...by Dromedary

What a *sweetheart* of a party cake . . . the layers made of fluffy, spicy gingerbread, so lusciously tender it melts in your mouth! Mrs. Washington's famous gingerbread recipe is all precision-blended in Dromedary Mix. *Simply add water and bake! To top (only):* Mix 3 oz. pkge. cream cheese with 1 tbsp. milk, 1 tbsp. orange juice, 2 tsp. sugar, ¼ tsp. grated orange rind. Beat till fluffy. Decorate with cranberry or jelly hearts. *Serves 8. For larger loaf, use 2 pkgs. of Dromedary Mix.*

Luscious Party Fixin's 1-2-3 with Thrifty DROMEDARY GINGERBREAD MIX

From George Washington's mother's private recipe! Takes none of your butter . . . nor sugar . . . nor points!

GEORGE WASHINGTON'S CHERRY SQUARES

Rich, brown, flavory squares of Dromedary Gingerbread, served warm and fragrant . . . *just like George Washington loved it!* A party-treat with ice cream and cherries. So easy to do, so sure to be perfect, you can pop it in the oven for company just before you put the coffee on! *Try crunchy ginger cookies too,* from wonderful Dromedary Gingerbread Mix. Done in 10 minutes! *Extra* delicious with added bits of chocolate or any dry cereal flakes. *(Thrifty! Highly nutritious too!)*

"Have a date!" Eat Dromedary Dates like candy, right out of the package. Wonderfully rich in minerals . . . in natural food-energy!

BACK SOON . . .
Right now luscious, fruity Dromedary Dates are feeding our fighting forces overseas! But soon, we hope, we'll all be reunited.

DROMEDARY THE ONLY PASTEURIZED DATES

"...comin' to my sundae social?"

"There's gonna be *four kinds-a* sundaes! Step up and take your choice—or try 'em *all!*

They're really delicious, 'cause my fav'rite Karo makes 'em smooth and not too sweet. Mom says they're easy to make—and don't get "grainy". They keep well in the refrigerator, so we always have sundae treats when comp'ny drops in.

And don't forget they're good for you 'cause Karo is rich in dextrose, food-energy sugar."

THE KARO KID

1. *Apple-mint*

1 c. *Red Label Karo*
2 *tbsp. lemon juice*
1½ c. *shredded apple*
Peppermint flavoring
Green coloring

Cook slowly, Karo, lemon juice and finely shredded apple pulp, until apple is just transparent, 6 to 8 min. Remove from heat. Stir in peppermint flavoring and green coloring. Makes 2 cups. May be kept in a covered jar in refrigerator several weeks.

2. *Caramel-nut*

½ c. *brown sugar, firmly packed*
½ c. *Blue Label Karo*
⅛ *tsp. soda*
3 *tbsp. water*
Dash salt
1 *tbsp. butter*
⅓ c. *evaporated milk*
⅓ c. *sliced, toasted almonds*

Cook brown sugar, Karo, soda, water, salt and butter over medium heat until a small amount will form a very soft ball when dropped in cold water, (232 degrees F.). Cool to lukewarm. Then beat in milk gradually, and blend 3 to 4 min. Stir in nuts. Makes 1⅓ cups. May be kept, covered, in refrigerator several weeks.

3. *Chocolate*

½ c. *cocoa*
⅓ c. *Red or Blue Label Karo*
6 *tbsp. water*
1½ c. *sugar*
½ *tsp. salt*
1 c. *milk*
3 *tbsp. butter*
½ *tsp. vanilla*

Cook cocoa, Karo and water over low heat until well blended. Stir in sugar, salt and milk. Cook gently 7 to 8 min. until the mixture thickens, (220 degrees F.). Remove from heat; add butter, and beat until the color starts to change. Stir in vanilla. Makes 2 cups. May be kept in a covered jar in refrigerator several weeks.

4. *Marshmallow*

2 c. *Red Label Karo*
2 *egg whites* (¼ *cup*)
⅛ *tsp. salt*
½ *tsp. vanilla*

Cook Karo over medium heat until a small amount will form a soft ball when dropped in cold water, (234 degrees F.). Whip egg whites, salt and vanilla until stiff, in a large bowl. Add hot syrup in four sections, beating after each addition. As mix becomes stiff, use wooden spoon. Takes about 5 minutes. When ready, mixture will stand in soft peaks when dropped from a spoon. Makes 4 cups. Keeps indefinitely in a covered jar at room temperature.

For Cake Topping or Filling: Use recipe as given. *For Sundaes (as illustrated) or Desserts:* Mix heaping tbsp. Basic Cream with 1½ tbsp. hot water, or fruit juice. Blend vigorously.

For Colored Swirl (as illustrated): Color a small portion; stir gently through white portion with tip of a small knife.

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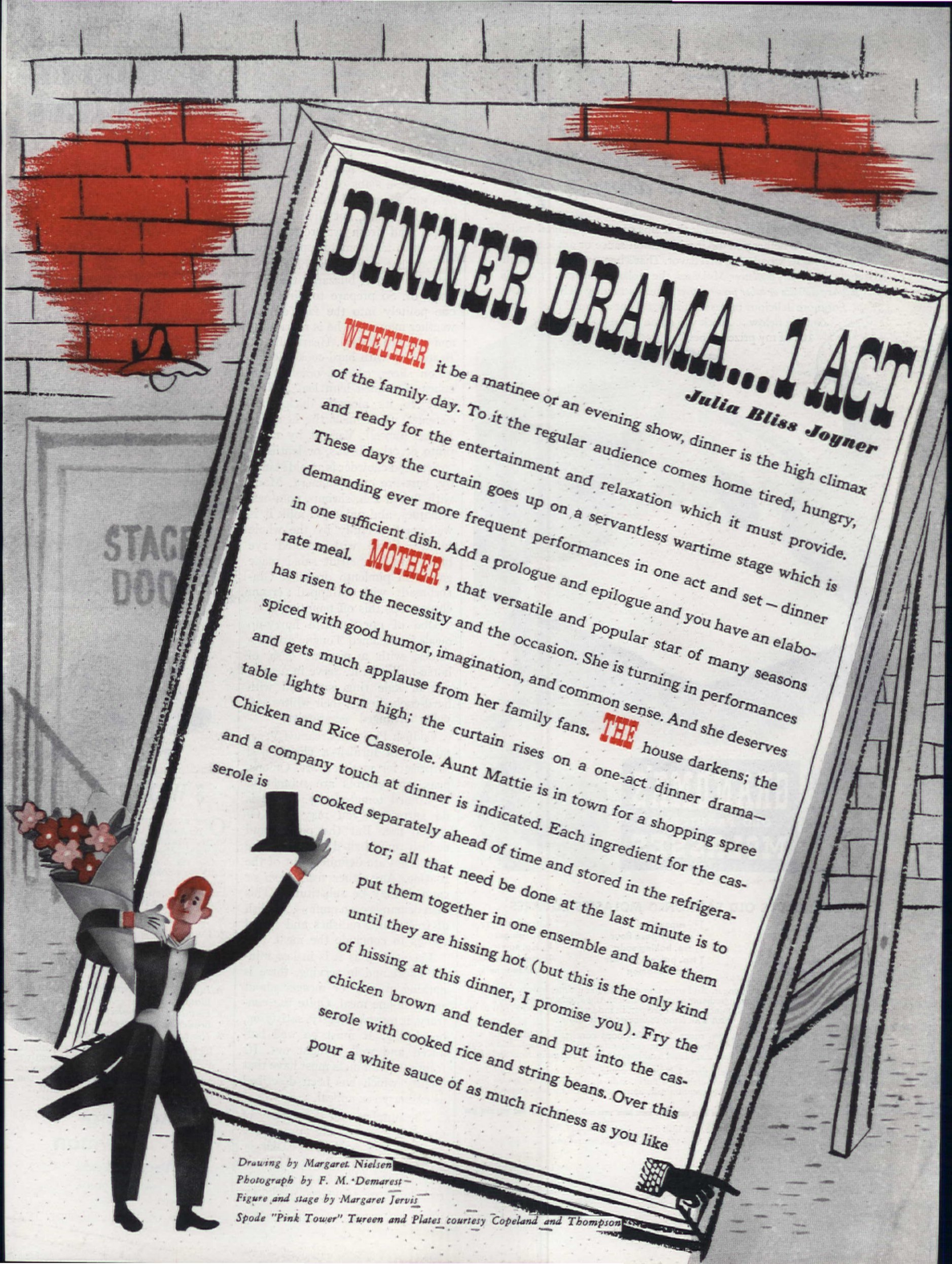
Free **A NEW, SPECIAL BOOKLET,** containing dozens of tested recipes for appetizing, nutritious treats for growing children . . . desserts, cereals, puddings, party foods and beverages. Send postcard with name and address to Corn Products Sales Co., Dept. A3, Box 36, Station P, New York 4.



DINNER DRAMA...1 ACT

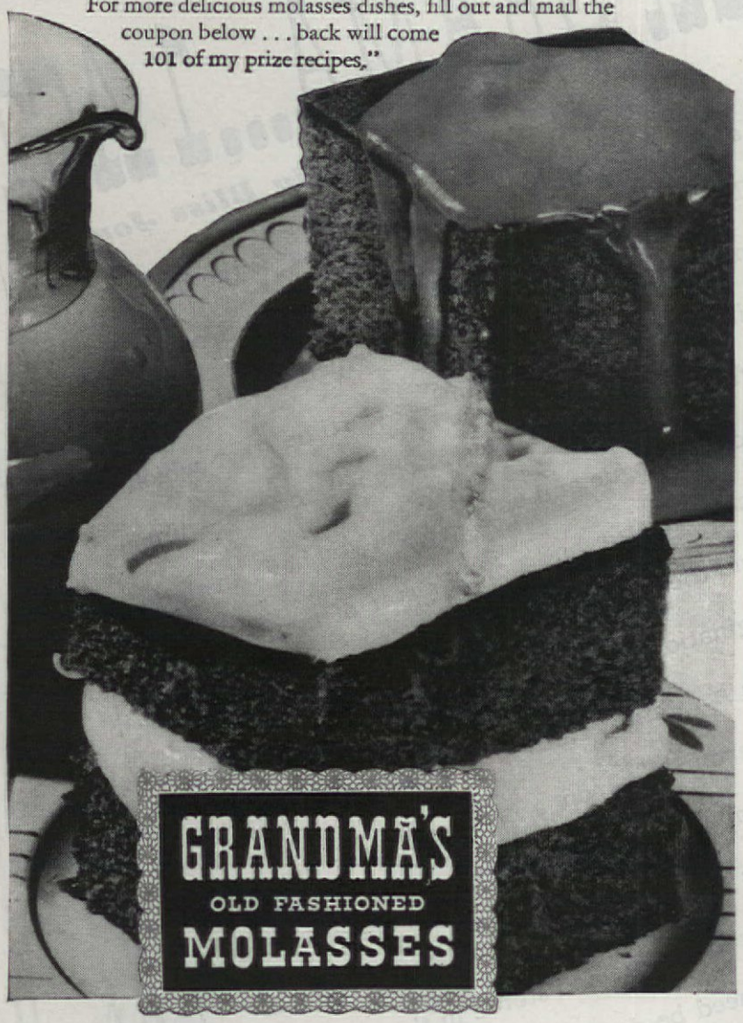
Julia Bliss Joyner

WHETHER it be a matinee or an evening show, dinner is the high climax of the family day. To it the regular audience comes home tired, hungry, and ready for the entertainment and relaxation which it must provide. These days the curtain goes up on a servantless wartime stage which is demanding ever more frequent performances in one act and set — dinner in one sufficient dish. Add a prologue and epilogue and you have an elaborate meal. MOTHER, that versatile and popular star of many seasons has risen to the necessity and the occasion. She is turning in performances spiced with good humor, imagination, and common sense. And she deserves and gets much applause from her family fans. THE house darkens; the table lights burn high; the curtain rises on a one-act dinner drama—Chicken and Rice Casserole. Aunt Mattie is in town for a shopping spree and a company touch at dinner is indicated. Each ingredient for the casserole is cooked separately ahead of time and stored in the refrigerator; all that need be done at the last minute is to put them together in one ensemble and bake them until they are hissing hot (but this is the only kind of hissing at this dinner, I promise you). Fry the chicken brown and tender and put into the casserole with cooked rice and string beans. Over this pour a white sauce of as much richness as you like

Drawing by Margaret Nielsen
Photograph by F. M. Demarest—
Figure and stage by Margaret Jervis
Spode "Pink Tower" Tureen and Plates courtesy Copeland and Thompson

Party Gingerbread! and Grandma shows you 2 new ways to dress it up!

"Do you want your guests to smack their lips over your gingerbread? Then make it my way. Whether you top it with lemon sauce or apple snow they'll rave about its wonderful, rich flavor. That's because it's made with Grandma's *sweeter, mellower* Molasses, the molasses that *doesn't contain sulphur dioxide or other preservatives*...but is mighty rich in iron. For more delicious molasses dishes, fill out and mail the coupon below . . . back will come 101 of my prize recipes."



GRANDMA'S OLD FASHIONED MOLASSES SQUARES

½ cup shortening
¼ cup sugar
2 eggs
⅔ cup Grandma's Old Fashioned Molasses
1¾ cups sifted all-purpose flour
½ tsp. baking soda
1 tsp. baking powder
¼ tsp. cinnamon
¾ tsp. nutmeg
1 tsp. ginger
¾ tsp. salt
½ cup buttermilk or sour milk

Cream together shortening and sugar. Add unbeaten eggs one at a time, beating after each addition. Add molasses. Sift dry ingredients together 3 times. Add alternately with buttermilk to first mixture. Bake in greased 8-inch square cake pan in moderate oven (350°F.) 50 to 60 minutes. Cut in 9 squares. Serve warm with lemon sauce or apple snow.

1. LEMON SAUCE Combine ¾ cup sugar, 2½ tablespoons cornstarch, ½ teaspoon salt. Add 1½ cups boiling water. Cook slowly, stirring constantly, until thickened. Add ¼ cup lemon juice, 1½ teaspoons grated lemon rind and 4 tablespoons butter or margarine. Serve hot.

2. APPLE SNOW Pare and coarsely grate 1 large, tart apple. Add ¾ cup sugar and 2 unbeaten egg whites. Beat mixture until light and fluffy. Fold in 2 tablespoons lemon juice, 1 teaspoon grated lemon rind and ⅛ teaspoon salt. Serve at once on molasses squares.

NEW COOK BOOK—FREE!

American Molasses Company, Dept. AH-3, 120 Wall Street, New York 5, N. Y.

Please send me FREE Grandma's new book of 101 delicious Molasses recipes.
(Please print plainly)

Name.....

Address.....

City..... State.....

or can get. The epilogue—Waldorf fig salad is a combination salad and dessert. Just as popular with company is a Fish Platter. Cut twin pieces of pastry, or biscuit dough in the shape of a fish almost as large as the platter or plank which will hold it and bake. Between these slabs of brown crispness put a creamed fish. Surround with green peas, hot olives, carrot strips, and fresh watercress and serve with tart tomato aspic salad.

Good hot soup is the best antidote for March blizzards that we know of. So prepare to fling this one politely into the face of the weather man when he is refractory and you are rushed. Hearty Black Bean Soup with hard-cooked eggs, lemon slices, carrots, onions, and cubes of canned ham loaf adding body to its already thick consistency, would melt the heart of Boreas himself. Vary it by using pinto or other beans, or lentils.

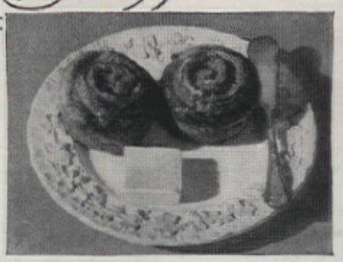
Sea food chowder is an old standby, sure-fire entertainment. Made with flaked fish, shrimp, potatoes, tomatoes, and onions in milk it is welcomed gleefully by the whole family. Serve with toasted rye bread and grapefruit salad made gay with pimiento dressing. Gingerbread with whipped cream cheese tops this off temptingly.

One of our favorite hurry-up meals is Creamed Tongue and Potatoes, with a piquant dash of horse-radish in it. Serve in a spinach or kale ring garnished with hard-cooked eggs, their whites and yolks arranged separately.

Codfish Puffs on Creamed Vegetables will furnish a climax and surprise for mother's art. Onions, peas, and carrots are submerged in canned tomato soup. "That is no surprise," you may say. Of course not. But the potato and codfish puffs baked on top of the vegetables are definitely out of the routine. Any other fish, fresh or canned, may be substituted. This dish demands corn muffins. A relish of celery and radishes and baked apples to conclude the meal.

Economical as it is in last minute effort and in serving, there is nothing skimpy or meager about an all-in-one meal. Quite the contrary, it must be hearty, satisfying, nourishing. It must be well balanced and well thought out. Its fragrant steaminess must have that quality which has been described as culinary sex appeal.

The number and the variety of one-dish menus are practically endless. The family need not be victimized by monotony. Two or three times a week one-dish dinners are good if guilefully chosen.



—made the easy Duff way

HERE'S HOW: Follow directions for "Roll-overs" on the Duff's Hot Muffin Mix package. Sprinkle with brown sugar and spices, and dot with shortening. Cut slices about 1" thick and bake in a greased, floured muffin tin.

5 WAYS BETTER

ONE DAY, *soon*, we hope, you'll again be able to buy one of these handsome, Manning-Bowman Smokeless Broilers—the broiler that lets you cook safely right on the table with practically no smoke or odor! There are other good points we believe you'll appreciate knowing when the time comes to buy, that's why we're listing these...

5 M-B features worth remembering:

★ *Cooks steaks, chops, fish—anything you broil—with practically no smoke or odor.*
★ *Well-insulated, removable handle stays cool.*
★ *Inverted cover can be used as a hot plate.*
★ *Removable cooking plate, inside broiler, is easy to clean.*
★ *Heat cannot affect table or covering.*

These days, we're giving all our time to war work. So try to be patient until we can return to making Manning-Bowman appliances again. And remember, the best is well worth waiting for and...

Manning-Bowman
Means Best
MERIDEN, CONN.

Photographs by F. M. Demarest

• creamed tongue and potatoes in spinach ring

Preparation time: 30 min.

3 tablespoons melted butter or vitaminized margarine
2 cups cooked spinach
salt
pepper
2 tbs. butter or vitaminized margarine
2 tbs. enriched flour
2½ cups milk
¾ tsp. salt
dash pepper
2 tsp. horse-radish sauce
4 medium potatoes cooked and sliced
2 cups diced cooked tongue

POUR the 3 tbs. melted butter over spinach, season with salt and pepper and press in a ring mold or arrange around edge of dish. Melt the 2 tbs. butter in the top of a double boiler over boiling water, add flour and blend together. Add milk gradually and stir until mixture thickens. Season with salt, pepper and horse-radish sauce. Add diced potatoes and tongue and pour into the center of spinach ring. If desired garnish the ring with hard-cooked eggs.

Serves 6 ***265 cal. per serving*** ***Source of vitamins A, C, B complex***

Tested in THE AMERICAN HOME KITCHEN

• seafood chowder

Preparation time: 1½ hrs.

½ lb shrimp
1 tbs. lemon juice
2 tsp. salt
dash pepper
4 whole cloves
1 bayleaf
4 cups boiling water
1 medium onion minced
2 cups canned tomatoes
3 medium potatoes, peeled and sliced
¾ lb. fish fillet, cut in 1 inch pieces
1 cup milk
¼ cup chopped parsley

WASH shrimps; do not shell. Add lemon juice, salt, pepper, cloves and bayleaf to boiling water. Add shrimp and simmer for 10 minutes; reserve the liquor. Shell shrimp, and remove black vein. Pour shrimp liquor into a kettle and add onion, tomatoes, and potatoes. Cover and simmer for 35 minutes until potatoes are cooked. Add fish fillets and simmer 10 minutes longer. Just before serving add shrimps and milk and heat thoroughly but do not boil. Garnish with chopped parsley.

NOTE: If fresh shrimp are not available make fish liquor by boiling fish bones in the water with the seasonings.

Serves 4–6 ***243 cal. per serving*** ***Source of vitamins C, B complex***

Tested in THE AMERICAN HOME KITCHEN

• codfish puffs on creamed vegetables

Preparation time: 60 min.

1 cup shredded codfish
1½ cups water
2 cups mashed potatoes
1 egg
dash pepper
⅛ tsp. celery salt
1 can condensed tomato soup
⅔ cup milk
2 cups cooked peas
1 cup cooked sliced carrots
½ cup cooked and diced celery

FRESHEN codfish with cold water. When thoroughly wet, squeeze dry or drain in fine sieve or cheese cloth. Add hot mashed potatoes, egg, pepper and celery salt and mix well. Dilute the soup with milk, add cooked vegetables and pour into a baking dish. Drop codfish onto vegetable mixture by tablespoons. Bake in a hot oven (425°F) for 35 minutes until brown.

Serves 6 ***171 cal. per serving*** ***Source of vitamins A, C, B complex***

Tested in THE AMERICAN HOME KITCHEN

Creamed Tongue and Potatoes in Spinach Ring
Hot Rolls
Carrot and Green Pepper Strips
Steamed Chocolate Pudding
Vanilla Sauce
Coffee or Tea

Chicken and Rice Casserole
Hot Biscuits
Waldorf Fig Salad
Coffee or Tea

Hearty Black Bean Soup
Whole Wheat Bread
Tossed Green Salad
Cottage Cheese Dressing
Peach Pie
Coffee, Tea or Milk

• hearty black bean soup

Preparation time: 4 hours

1 lb. black beans
4 medium onions
4 medium carrots
2 medium white turnips
4 tbs. butter or vitaminized margarine
2 bouillon cubes
3 qts. hot water
2 whole cloves
2 sprigs parsley
salt
⅛ tsp. pepper
2 tbs. cream
2 beaten egg yolks
1 cup diced canned ham loaf
1 hard-cooked egg sliced
1 lemon, sliced thin

SOAK beans overnight in cold water to cover. Wash and peel the vegetables. Slice and cook them in butter until a delicate brown. Pour the vegetables into a large kettle, add the hot water, bouillon cubes, cloves, parsley, salt, pepper and beans which have been drained. Simmer covered over low heat for 3 hours or until the beans are tender. Then force the vegetables and liquid through a potato ricer or strainer. Return to the heat and add cream blended with the beaten egg yolks. Add sliced ham loaf. Garnish with hard-cooked eggs and lemon slices.

Serves 6–8 ***367 cal. per serving*** ***Source of vitamins A, B complex***

Tested in THE AMERICAN HOME KITCHEN

• fish platter

Preparation time: 1 hour

2 cups sifted enriched flour
¾ tsp. salt
¾ cup shortening
¼ cup cold water
2 tbs. butter or vitaminized margarine
½ cup chopped green pepper
½ cup chopped celery
1 cup sliced mushrooms
2 tbs. flour
2 cups milk
1 tsp. salt
⅛ tsp. pepper
⅛ tsp. nutmeg
1 cup flaked tunafish

SIFT flour with the ¾ tsp. salt; cut in shortening until particles are the size of small peas. Add water and mix lightly with a fork. Roll out dough on a floured board and cut in shape of a fish about 12 inches long. (Cut fish shape of cardboard.) Make two pastry fishes, brush with egg and bake on a baking sheet in a hot oven (425°F) for 15 minutes. Remove from oven, place one pastry fish on a serving platter and top with a tunafish mixture made as follows: Melt butter and add the green pepper, celery and mushrooms and cook until tender. Blend in flour and add milk gradually. Cook and stir until mixture thickens. Season with the 1 tsp. salt, pepper and nutmeg and add the tunafish. Place the second pastry fish on top of the tunafish mixture and arrange peas, white onions and hot olives around the edge of the platter for a complete meal served from one dish.

Serves 6 ***462 cal. per serving*** ***Source of vitamins A, B complex***

Submitted by Anne Malone *Tested in* THE AMERICAN HOME KITCHEN

• chicken and rice casserole

Preparation time: 1½ hrs.

1 cup raw rice
3 qts. boiling water
1 tbs. salt
1 3-lb. chicken cut up
¼ cup milk
½ cup flour
1 tsp. salt
¼ tsp. paprika
¼ cup oil or shortening
2 cups cooked green beans
⅓ cup sliced almonds
¼ cup minced onion
¼ cup chopped celery
¼ cup flour
1½ tsp. salt
dash of pepper
2 cups milk
1 chicken bouillon cube
½ cup hot water
2 tbs. sliced pimiento

WASH rice and cook in 3 qts. of boiling water with 1 tbs. salt for 20 minutes. Wash chicken, dip pieces in ¼ cup milk and roll in ½ cup flour seasoned with salt and paprika. Heat the oil in a skillet and brown the chicken in it. Place the green beans in the bottom of a 2 quart casserole, sprinkle with almonds, add the browned chicken, sprinkle with the remaining almonds and top with rice. Cook the onion and celery in the oil remaining in the skillet for 10 minutes. Then blend in the remaining ¼ cup flour; the 1½ tsp. salt and pepper. Add the remaining milk and bouillon cube dissolved in the hot water and stir until thickened. Pour over chicken and rice and garnish with strips of pimiento. Cover casserole and bake in a moderate oven (375°F) for 30 minutes or until chicken is tender.

Serves 4–6 ***638 cal. per serving*** ***Source of vitamins A, B complex***

Tested in THE AMERICAN HOME KITCHEN

Scheduled Baking..

Wilma Scott

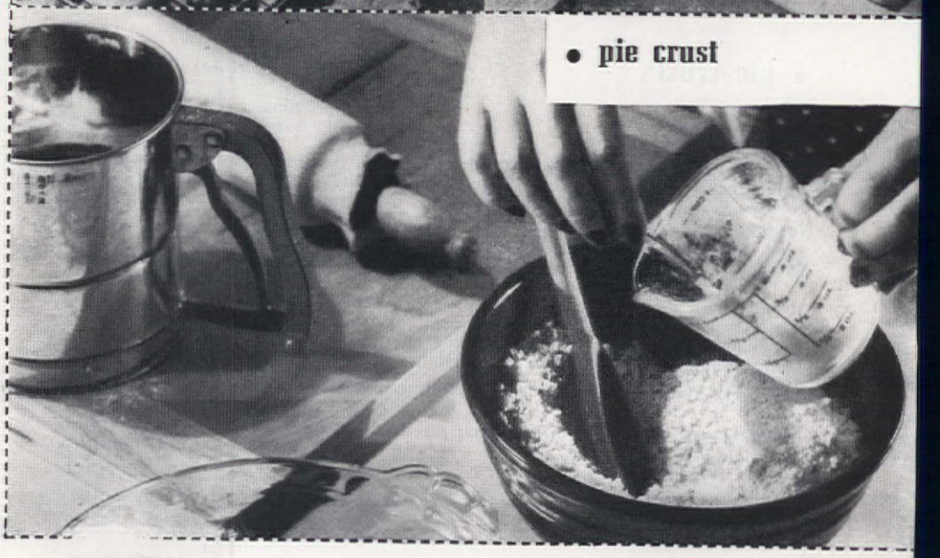
MY HUSBAND and children, just like all the others, love homemade biscuits, rolls, cakes, pies, and cookies, and my pleasure in cooking lies in satisfying them. But with war work and other outside activities, it became a question of finding the time. A weekly baking day has been the answer for me and it is working out so successfully that I want to pass along the idea.

The first step is to plan the menus for the week so you can select a baking day best suited to your work schedule and needs. Mine is always Saturday. Preliminary to getting down to work, I decide on the recipes I am going to use and assemble the various combinations of ingredients. I plan, while the baking is going on, to cook some dessert or main dish that requires long cooking and considerable watching but which, with a little extra footwork, can be taken right in my stride.

A baking schedule can increase production to an amazing extent—and, mind you, the saving is not limited to time. You save on the preheating of the oven, energy consumed in getting out and putting away the utensils and ingredients, and the washing and cleaning up afterwards. For example, one week, which is to say one bake day, I turned out refrigerator cookies, cup cakes, cake, pie pastry, refrigerator rolls, and the makings of two batches of muffins. That is quite a lot of baking! At the same time I cooked a stew for the main course of the next meal and a steamed pudding, with sauce, for the dessert! Every cook has to work according to her own method, but I'll tell you how I managed this. . . . I began by putting the stew on and mixing the pudding and putting it to steam. I cooked the sauce in large quantity, flavored the part for immediate use with vanilla and stored the other part in the refrigerator for use later.

Next I mixed a plain two-egg cake in double quantity, flavored half with vanilla and poured into layer cake pans. To the remaining batter I added the juice of one-half lemon and one teaspoon of cinnamon and put it in the muffin pans. I made one frosting do for both, with nuts sprinkled on the top of the layer cake and cocoa added to the frosting before spreading on the cup cakes. I stored the cup cakes in a covered jar for use later in the week. The cake was on the next day's menu.

While the cakes were baking, I mixed refrigerator cookies, again doubling the quantity. I like to bake these and store them in a cooky jar but they may also be sliced and baked when ready to use. I also like to double the recipe for pie pastry, baking one shell for a meringue pie and storing the mixed shortening and flour until it is needed. The muffins or biscuits I do the same way—mixing the dry ingredients, storing in covered container in refrigerator and adding the eggs and liquid later.



• refrigerator rolls

Preparation time: 5 hrs. (rising and baking)

1 cup hot milk
1 cup shortening
⅔ cup sugar
2 tsp. salt
2 cakes compressed yeast
1 cup lukewarm water
2 eggs well beaten
8 cups sifted enriched flour

POUR hot milk over shortening, sugar, and salt in a large bowl. Cool to lukewarm. Add yeast dissolved in lukewarm water. Add the eggs and one-half the flour. Stir in the remainder of the flour and mix until the dough can be handled easily. Grease the top of the dough, place in a greased bowl, cover and put in the refrigerator. (This will keep 4 or 5 days). When ready to use cut off the amount of dough needed, put on floured board and roll ½ inch thick. Cut in squares or rounds and brush with melted shortening. Fold each square or round so that the ends meet and place on a greased baking sheet. Let rise in a warm place for 2 hours. Bake in a moderately hot oven (400°F) for 20 minutes.

Yields 32 rolls 177 cal. per serving Source of vitamins A, B complex

Tested in THE AMERICAN HOME KITCHEN

• basic muffin mixture

Preparation time: 35 min.

4 cups sifted enriched flour
6 tsp. baking powder
1 tsp. salt
4 tbs. sugar
2 eggs well beaten
2 cups milk
6 tbs. melted shortening

SIFT together dry ingredients, cover tightly, and store in refrigerator. When ready to use remove half the mixture and put in a bowl. Combine half the eggs, milk and melted shortening and add to dry ingredients stirring in very lightly until just mixed. Pour into greased muffin pans and bake in a hot oven (425°F) for 25 minutes. If desired bake half the mixture plain and to the remainder add either ½ cup peanut butter, ½ cup chopped apples, ½ cup chopped dates or ½ cup chopped stewed prunes.

Yields 20 large muffins 143 cal. per serving Source of vitamins A, B complex

Tested in THE AMERICAN HOME KITCHEN

• refrigerator cookies

Preparation time: 20 minutes (3 hrs. chilling time)

1 cup shortening
2 cups brown sugar*
2 eggs well beaten
1 cup nuts finely chopped
1 tsp. vanilla
3½ cups sifted enriched flour
2½ tsp. baking powder
¼ tsp. salt

CREAM shortening; add sugar gradually and continue to cream. Beat in eggs. Add nuts and vanilla. Sift together the dry ingredients and add gradually to the first mixture, beating after each addition. Shape into a roll 1¾ inch in diameter. Wrap in waxed paper or aluminum foil and put in the refrigerator until ready to use (about 3 hrs). Cut the slices ⅛ inch thick and bake on a greased cookie sheet in a hot oven (375°F) for 10 to 12 minutes. Store in covered jar.

**NOTE:* 1 cup molasses may be substituted for 1 cup of the sugar. Increase the flour to 4 cups. To chill dough quickly put in freezing compartment of the refrigerator.

Yields 100 cookies 40 cal. per serving Source of vitamin B complex

Tested in THE AMERICAN HOME KITCHEN

• pie crust

Preparation time: 15 minutes

2 cups sifted enriched flour
1 tsp. salt
⅔ cup shortening
¼ cup cold water

Method I. Sift flour and salt together into a bowl. Cut in shortening with two knives or a pastry blender until particles are the size of small peas. Store in covered jar in refrigerator. When ready to use sprinkle with the water and mix lightly with a fork. Use enough water to make the pastry form a ball on the end of the fork. Put dough on a floured board and roll out and use as desired.
Method II. Sift flour and salt together into a bowl. Take out ⅓ cup of the flour and when ready to use mix with the water to form a paste. Add shortening to the remainder of the flour in bowl and cut in with two knives until particles are the size of small peas. Store in covered jar in the refrigerator. When ready to mix, stir flour paste into flour and shortening mixture to form a dough. Shape into a ball, put on floured board, roll out and use as desired.

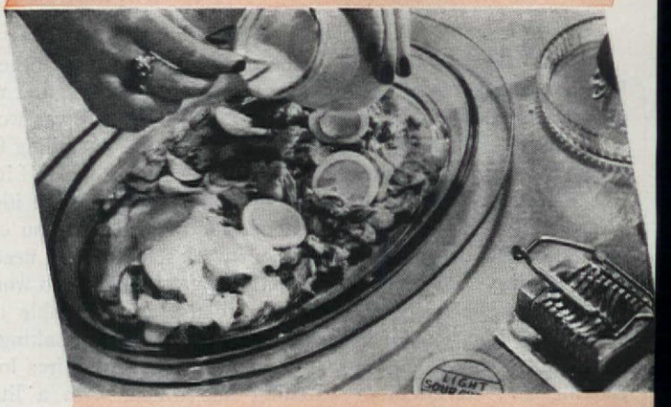
NOTE: If desired, double the recipe and store in covered jar in refrigerator.

Yields 1— 8 or 9 inch double crust pie or 2— 8 or 9 inch single crust pies. 227 cal. per serving Source of vitamin B complex

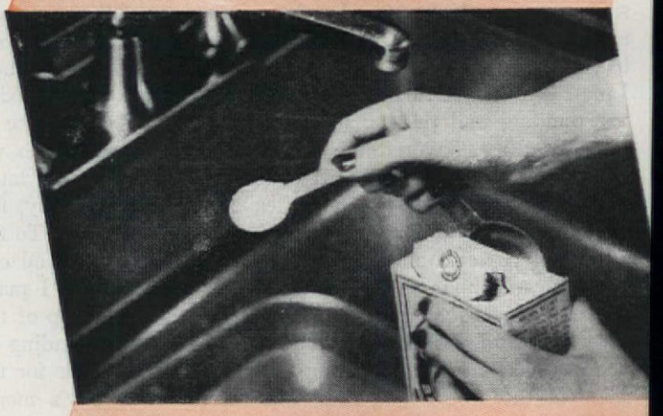
Tested in THE AMERICAN HOME KITCHEN

TRICKS of the TRADE

Fish is good or indifferent according to the company it keeps. This is our favorite method for baking fish. Let the fish stand in mild salt water for 5 minutes and then drain and dry. Place in a greased baking pan, spread inside and outside with mayonnaise, and bake in a moderate oven 350° F. for 25 to 30 minutes



Here's how to "dress up" 2 cups of left-over fish or a large can of salmon or tuna fish. Drain canned fish. Remove skin and bones from leftover or canned fish, flake lightly, and spread on a greased baking platter. Top with sliced hard-cooked eggs and cover with thick sour cream. Bake in moderate oven 350° F. 15 minutes

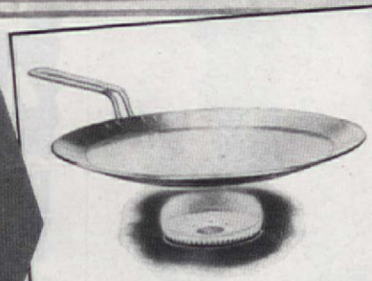


About that fish odor. Don't forego fish feasts because you object to the fish odor which sometimes remains on utensils and on your hands. Rinse mixing, cooking, and serving utensils thoroughly with cold water. Add one teaspoon of baking soda to each quart of hot water used for washing. Rinse well with hot water

"Here's why my cakes brown so evenly!"

THIS GRIDDLE TEST

demonstrates the way heat spreads through every Wear-Ever Aluminum utensil.



1. Place a Wear-Ever griddle over the heat. The heat spreads swiftly through the whole utensil.

2. Pour strips of batter across the griddle from rim to rim. Bake until bubbles set. (No grease, no smoke, no odor!)

3. Turn the strips. Note how beautifully and evenly browned they are from end to end.

If *you* have a full complement of Wear-Ever aluminum in your kitchen YOU know what a big help it has been during the war, with time so precious, and foolproof cooking *so* important.

But if, patriotically, you shared your Wear-Ever with utensil-less brides—or are *yourself* a new homemaker, here is good news: Wear-Ever aluminum cake pans, roasting pans, saucepans, teakettles, double boilers and other utensils will soon be available again to help in your cooking.

Of course the Wear-Ever factories will still give war work *first* attention, so . . . please be patient if there are still some delays. We shall do our best . . . maintaining the quality that has made the name Wear-Ever famous for 45 years. *Genuine Wear-Ever is worth waiting for.*

P. S.

. . . the sensational new Wear-Ever Pressure Cooker is coming, too. You'll be glad you waited for Wear-Ever.

WEAR•EVER

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Your St. Charles Kitchen is built for you alone—personalized to your needs and desires as well as fitted to your home. You may have new and novel features and arrangements, or choose a conventional kitchen. The Peninsular design pictured above is one of our postwar innovations, however there is nothing visionary about it. Every detail has been thoroughly tested and proved.

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Recent developments include smart, new arrangements, improvements in construction, new time and space-saving conveniences, an enamel finish that's easy to clean, and so durable that your kitchen will retain its beauty always—many other features that will make your hours in the kitchen shorter, easier and brighter.

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Get Our Free Illustrated Book . . . Be among the first to have a St. Charles Custom-Built Steel Kitchen. Let us help you plan it now. Send today for 16-page book showing St. Charles Kitchens and accessories, also details of our planning service. ST. CHARLES MFG. CO., 1653 Dean St., St. Charles, Ill.

ARMY E NAVY

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"BE IT EVER SO HUMBLE" — Free booklet of household hints sent on request.

By the way: When did you last test the extinguisher in your home?

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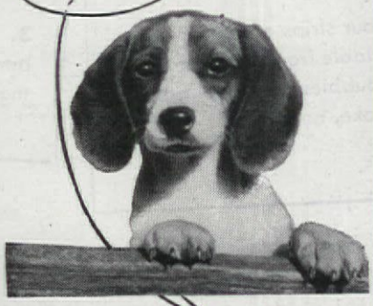
Pyrene Manufacturing Company

FIRE EQUIPMENT FOR EVERY HAZARD

NEWARK 8, NEW JERSEY

AFFILIATED WITH THE C-O-TWO FIRE EQUIPMENT CO.

"Mom wants me to have MILK-BONE every day!"



Mom's right! Milk-Bone Dog Biscuit gives your dog delicious nutrients he needs and likes. *Five* important vitamins and minerals essential to health and growth.

Too—Milk-Bone's *fun* to eat! Crunches and chews like a real bone. Exercises teeth and gums . . . helps keep them clean.

Start to feed your dog Milk-Bone today! It's made especially for dogs! Sold at your dealer's.

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Send me FREE Milk-Bone Biscuit. Also Booklet: "How to Care for and Feed Your Dog." (Please print. Paste coupon on Penny postcard if you wish.)

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Cleaning Tips for Long Life

Photo, Three Lions

New brush lasts longer for dip in hot soapy water. Don't rinse. Hang it head downward until dry

Wash walls and wood trim from bottom up. Use soft sponge and have two pails—suds and rinse

Wipe up spilled food at once. If you wait for cleaning day, acid may eat the porcelain glaze

Hmm.. fix fish this easy way!

DRESS IT UP WITH

DURKEE'S FAMOUS DRESSING

Boil 4 fish fillets. Combine 1 c. medium White Sauce, 2 tbsp. chopped sweet pickles, and 3 tbsp. Durkee's Dressing. Pour over piping hot fillets.

Durkee's Dressing gives a new, delicious tang to salads, sandwiches, fish, meat or cheese dishes. Write for new, EASY-TO-DO RECIPES to Durkee's, Dept. AH3, Elmhurst, L. I.

WANT TO IMPROVE AVAILABLE MEATS?

Cook slowly and add a little Gravy Master to the basting water. Just try it.

GRAVY MASTER

Guaranteed by Good Housekeeping

Smart cooks say "Okay!"

Brenda — Will You Step Out With Me Tonight?

I know I've been an awful grouch not taking you any place lately. But after standing all day at my new job, my feet darn near killed me with callouses and burning. Now I've reformed — or rather my feet have — thanks to the Ice-Mint you advised. Never tried anything that seemed to draw the pain and fire right out so fast — and the way it helps soften callouses is nobody's business! Been able to get some extra overtime money — so what do you say, let's go dancing tonight. You can step on my Ice-Mint feet all you want.

SOFT WATER -all you can use

If you have hard running water, you need no longer be without all the soft water you want. Makes housework easier . . . saves soap, clothing, fuel and plumbing repairs. Foods cook faster and with better flavor. Soon pays own cost by savings it makes. Almost no operating expense.

Write for New Free Catalog of

STOVER WATER SOFTENERS

Backed by record of 20 years of successful operation and our money-back guarantee. Made in sizes suitable for all homes. Quickly and easily installed in any home . . . new or old. Write today for your free copy of the New Stover Catalog of Water Softeners, Pressure Filters, and Stover Per-Min-Ex long life Softening Mineral.

STOVER WATER SOFTENER CO. Dept. AH ST. CHARLES, ILL.

Hey lady-

STOP!

You don't need all that equipment just to clean a toilet bowl! Hasn't any one told you about Sani-Flush? It's an easy, sanitary way to remove ugly stains and film *without scrubbing*. Used twice a week, Sani-Flush keeps toilet bowls spic and span, disinfects, destroys a cause of odors.

Sani-Flush is not like ordinary soaps and cleansers. Its chemical action extends to unseen, hard-to-reach surfaces, even cleans the hidden trap. Safe for all toilet connections and for septic tanks. (See directions on can.) Sold everywhere. Two handy sizes. The Hygienic Products Co., Canton 2, Ohio.

Sani-Flush

REMOVES A CAUSE OF TOILET ODORS

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After Victory—K-Veniences will again be available in dept. and hdwe. stores.

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Dept. A-35, Grand Rapids 4, Mich.

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Place NOX-ODOR on refrigerator shelf. Keeps butter, milk and other foods free from objectionable odors. Helps foods retain their natural taste. At your dealer or write direct. Send for Free Booklet "Household Hints in War-Time."

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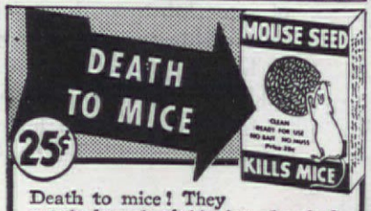


Death to mice! They eat the kernels of this tiny, chemically treated seed, then they die. No baits, no traps, no muss. "A saucer and seed is all you need"—placed where mice appear. *Mouse Seed* is the clean, easy way to kill mice. Excellent results for over 50 years. Avoid substitutes. Get the genuine. At drug and other dealers. No mail orders. W. G. Reardon Laboratories, Inc., Port Chester, N. Y.

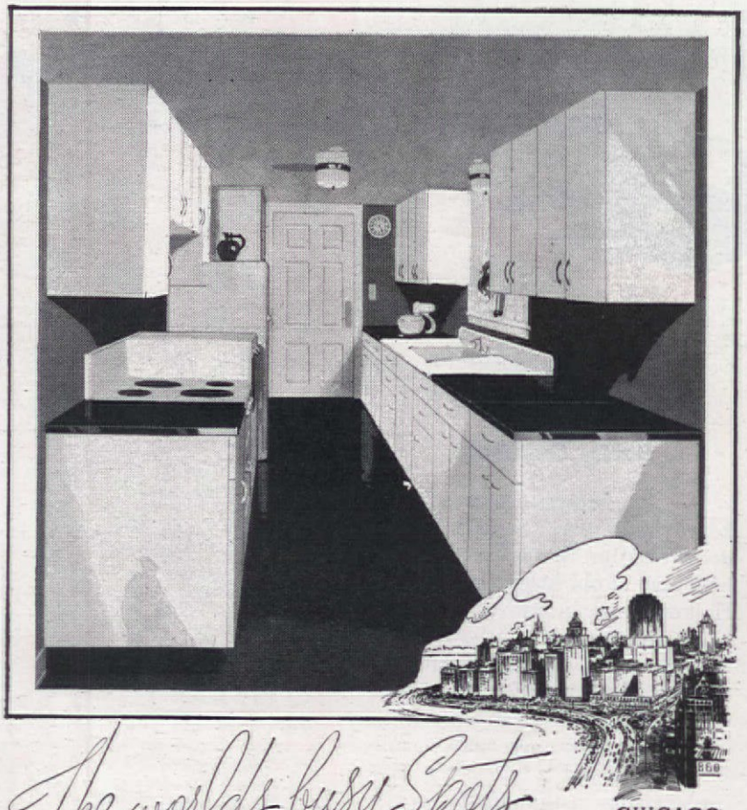
Photos from Cleanliness Bureau

Before washing the upholstered furniture rout dust by brushing carefully or by vacuum cleaning

Consumers' Guide

Empty vacuum cleaner bag each time. Thoroughly clean heavy winter clothing before storing

IN MATTERS of home decoration and furnishings, cleanliness and longevity come close to being synonymous. Wash walls and woodwork to postpone need for repainting. Begin at bottom and wash upward to prevent streaking. Empty vacuum bag each time it is used and periodically turn inside out to shake off dust. Vacuum clean heavy winter clothes—or have them cleaned—*before* storing to avoid having trouble with hungry moths.



The worlds busy Spots CHICAGO

In addition to other famous busy spots we emphatically add the kitchen – the busiest spot in the home. • That's why we planned the new American kitchen so that it would be bright, cheerful, and adequately equipped with cabinet sink and cabinet space for your convenience. • It also provides three convenient work centers for (1) Preparation, dish-washing, cleaning; (2) cooking and serving; (3) ample storage, gleaming white all-steel equipment, smartly styled, ruggedly durable, magically convenient. • Obtainable in separate units or as a complete ensemble. When? Just as soon as American Central's total war duties are brought to a victorious conclusion. Meantime – remember American – and keep in touch with your major appliance retailer.

American KITCHENS

AMERICAN CENTRAL MANUFACTURING CORPORATION • CONNERSVILLE, INDIANA

Kitchen keyed to a CAT

Through the

Sally Bulkley

A KITCHEN color scheme keyed to a cat? Sounds queer, doesn't it? But that is exactly what happened at our house. Just before Halloween we acquired a witch-black cat which promptly adopted the warm spot before the kitchen radiator as her own. For her further comfort we put down an old orange pillow which was the perfect foil for the cat but a distinctly discordant note in the old red, green and cream background. Oddly enough, the spot of orange brought out a previously ignored dash of rusty tangerine in the linoleum.

We were overdue for a repainting job and the cat and her cushion were fixtures, so we kept them in mind for our new scheme. We covered the tired old cream woodwork and walls with white eggshell enamel and painted the interior of the cupboards and drawers with a warm orange-rust which brightened the splash of that color in the floor covering. We wallpapered an uninteresting blank space above the stove in colorful orange flowers clambering over black fences. This decorative fabric will stand up under the inevitable washing and will remain uncracked over the unsightly plaster filling an unused chimney connection. There was enough of this oilcloth type of material left to fashion valances for the three windows on the opposite wall. Pinking shears rapidly produced ornamental scallops on the bottom of the valances.

Next, all the old furniture and accessories were whisked to the basement and painted to fit in with their new resplendent environment. We salvaged a piece from an old mirror and flanked it with orange pots of trailing philodendrons.

Everything seemed finished — but the adjoining entry way looked twice as dismal, so back to paint pots, saw and hammer. A molding tops an orange dado, tie-in for kitchen and background for black oilcloth shoe bags. Finishing touch of all this is the same as the starting point: our beautiful black cat reposing haughtily on her orange cushion.

Recipes pasted back of prints are easily turned to. Suggestion from Laura Craddock

Scent clothes with flower fragrance. Sprinkle light sachet or a cologne under ironing board cover. Tip is from Mrs. Louis Fischer

De-blue washday. Decorate the laundry with gingham or other crisp, bright and washable material. Install comfortable rocker painted to match utility equipment and fitted with a cushion of same fabric as draperies and washing machine cover. When warm weather comes add plant for window, pitcher for refreshing fruit juice. Tips from Mrs. Gilbert Orth

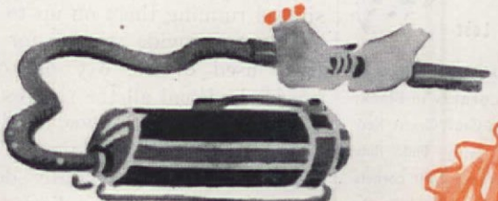
Kitchen Window

Sketches by Clare McCanna

For household paste: 2 c. flour, 2 c. cold water, 2 c. hot water, 1 tbs. powdered alum, & ½ tsp. clove oil. Add cold water, mix well, then hot. Cook for 5 min., using eggbeater. Add alum and oil. Ruth J. Mossman

WHAT a difference a few small changes can make in the brightness of your kitchen should be convincingly demonstrated by these sketches. Just above is a false window, formed by a rectangular mirror set in otherwise waste—and uninteresting—space above the sink. The curtains are a pair of gala drying towels. If a long narrow matching shelf fits in with space and wall construction, have one put up to hold a pottery vase and powder jar. The mirror not only brightens the room but serves a beauty need. An occasional glimpse of herself at the routine of dishwashing is reminder enough for any woman that it's time to primp. Suggestion comes from **JEANNETTE KILLIAN,** who pasted cut-out potted plants on her mirror at the base to simulate the real thing. With a real window above the sink, this particular kind is beside the point but a mirror remains one of the smartest adjuncts to the kitchen. Put up a small one wherever you have space, with table or shelf to match.

Alphabet letters for soup are cut out for canister labels. Paste them on painted surface and brush lightly with shellac. This smart tip from Jane Simms



Wrap some tape on shaft of tank-type vacuum cleaner for ease in pulling apart—a twist of wrist does rest. Idea from Wilhelmine L. Schulte

Clare McCanna

Melisse McLean

WE HAVE changed our kitchen from a workshop, distinguished mainly for the number of extra steps required to get a meal in it, into a compact energy-saving unit that is as gay as a fiesta. If your kitchen was similarly man-planned, about 18 years ago, it will not be the slightest strain on your imagination to visualize the improvement. The grand part is, however, that what we accomplished proves a very simple rule by which any woman can measure her kitchen for convenience and efficiency and rearrange or remodel it accordingly. Here is the rule: Re-plan your kitchen, in your mind, to provide four centers of activity for handling food in its progressive stages—just as a plane is built on an assembly line. These centers should be: 1, storage, where the deliveries are made; 2, cleaning and preparation, close to the sink; 3, a mixing center; and 4, cooking and serving center.

This pre-planning, by the way, was the main selling point in winning my husband's consent to making the improvements. He could clearly see that the kitchen as it was (and had been for 18 years!) came nowhere near to measuring up to such practical requirements.

In applying the four-point rule to our kitchen, we found that the first two centers could remain substantially unchanged. And since we were not moving the sink, in the interests of economy, our first and major problem was a lack of suitable wall space for the mixing center near by. We cast cool eyes on the wall of the breakfast nook which was pre-empting so much valuable space of just the kind we needed. Luckily, the nook had

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never found favor. No large man likes squeezing into one of these cubicles. We were delighted to learn that it could be eliminated with no structural damage to the house.

It was an easy matter to move the stove to the west wall where a cabinet could be built beside it for a serving center en route to the dining room. This left me a nice little corner to use either for a small table at which to eat or a desk. I chose the desk and put the table in the middle of the floor.

I drew the plans myself, with the aid of household magazines and those beautifully illustrated advertisements, and a good carpenter allotted two weeks in which to do the rest. We started with the sink. It was the correct height for me so all we had to do was widen the counter, but the counter had to be "broken" in order to fit under the sill of the old breakfast nook window. At first this seemed a disadvantage. Practically all the kitchen construction I had observed featured one sweeping counter, the same height, around the kitchen, and certainly this is very attractive. I am accustomed to a table height, however, for rolling out pastries and beating, and since I have had so much table-height counter room at which to spread myself, I wouldn't trade it for the regulation kind. Besides, one of my pet peeves is an overhanging cupboard just above the pastry rolling counter. This not only takes up head-room but the doors have to be dodged whenever opened to use materials stored, supposedly, for convenience on those exact shelves. My mixing center has none of those objectionable features.

I longed for the pretty little shelves beside the window in the illustration I was copying. But the need for the upper cupboard room determined the necessity of using all the space between the two windows for this purpose. So I concentrated the urge for artistic expression on the north wall space, which was unsuited to any practical purpose. The strict limit on upper cupboard space also necessitated running them on up to the ceiling to provide storage for the least used dishes. My old cupboards had had all the shelves behind one full-length door, but I insisted that the upper tier of the new ones have separate doors (much to my husband's disgust for he could see no reason for adding five extra doors to the expense). But there was really a labor-saving issue involved. Every woman knows how dishes cloud up to form a sticky film when the door is opened and the contents, chilled from lean-

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ing against a cold outside wall, are exposed to the warm, humid air of the kitchen. Having smaller doors reduces the volume of warm air that can percolate into each compartment. My new upper shelves are the cleanest. Being almost dustproof, they do not need cleaning as often as the lower shelves.

Along the west wall is my cooking and serving center. For this we simply used the space that was left between the stove and the dining room door to make a cabinet. The division of the lower section of the cabinet was decided by the size of the oven slides which we used for the "heavy artillery" stored here close to the stove, leaving the balance for the tray and platter closet. The upper cupboard was made shallower than the others in order not to obstruct the view from the dining room.

The cupboards in the icebox room were fitted around the icebox. The collapsible tray shelf on the door of the utility cabinet was the best solution I could figure out to cut down trips and it also serves to obviate the necessity for one-arm juggling in opening the door.

And now, my desk—my pride and joy. Its place in my kitchen deserves an explanation and this is it . . . I'm not a string saver, but I *am* a confirmed clipper. For years I have clipped recipes and interesting articles on houses and gardens and when the lovely full-page colored illustrations began appearing, with their tempting arrays of food and helpful directions, I graduated into bigger and better scrapbooks. My desk is designed to take care of these. The two large drawers are made to their exact measure, with partitions inserted at an angle—most tailor-made and convenient.

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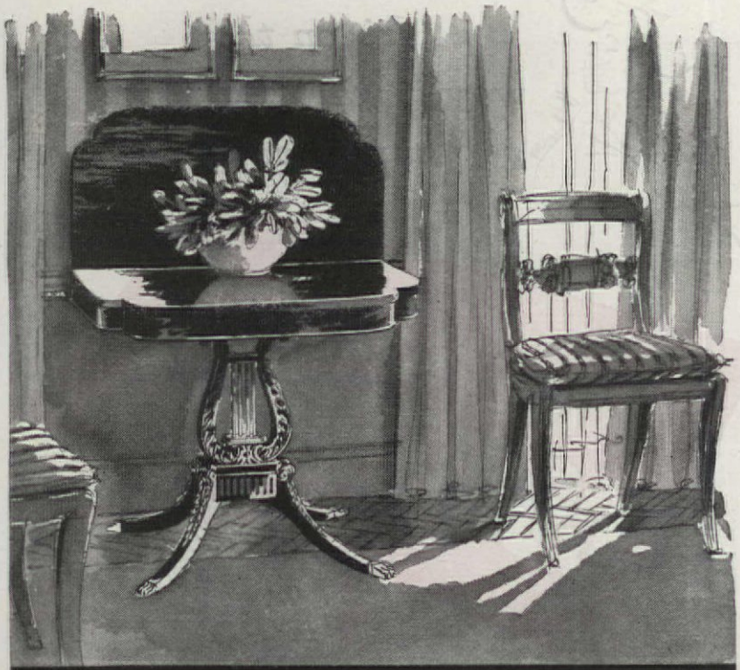

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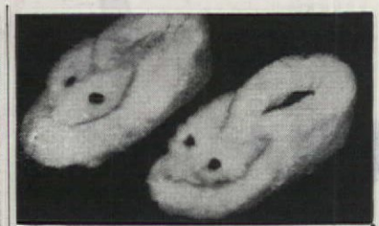

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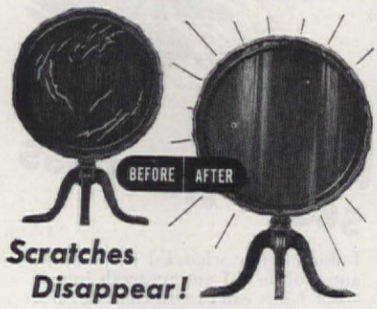

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cupied for a good long while. You might have the paper cut and folded in advance and spread out on the dining table. Gather the children around the table and have them make their own choice of colors for the baskets. When the baskets are finished, they should be placed on display and later filled with candies to be taken home. If the group includes older children, they will enjoy making the initial cuts and folds.

Small children like playing games that are familiar to them and "Going to Jerusalem" is still a party stand-by for all ages.

Dropping clothespins into a bottle is another delightful game for the small fry. Place a milk bottle on the floor in back of a straight chair. The youngster kneels on the chair facing the back and is given five or six clothespins to drop, one at a time, into the bottle. Each child keeps track of the number he succeeds in getting into the bottle. Have the winner applauded.

Every child loves a motion song. One learned at camp by our older boys has been a great favorite with our group. The words are silly and the motions sillier and it's all fun. Each child puts his thumbs to his ears, with fingers free. Then, to the tune of "Turkey in the Straw" they sing: "Do your ears hang low?"—Wave fingers.

"Do they wobble to and fro?"—Bring hands together in front, wave back and forth.

"Can you tie them in a knot?"—Go through motions of tying them in a knot.

"Can you tie them in a bow?"—Go through bow-tying motions.

"Can you sling them over your shoulder?"—Go through motions of slinging over shoulder.

"Like a continental soldier?"—Salute.

"Do your ears hang low?"—Wobble hands at ears, as at beginning.

The song starts slowly and with each repetition gets faster until everyone is hilariously mixed up. Don't forget the old song-games—"London Bridge Is Falling Down," and "Drop the Handkerchief." The latter goes well to the tune of "A tisket, a tasket," etc. "Button, Button (who has the button?)" and "I Spy" are as much fun as ever and they require no equipment except children's lively wits.

An all-age game that affords limitless opportunity for exercise of the imagination has been devised by **MRS. EDITH SCHOLEY.** She says: I cut out any magazine or newspaper pictures that are a bit unusual or contain action. Ani-

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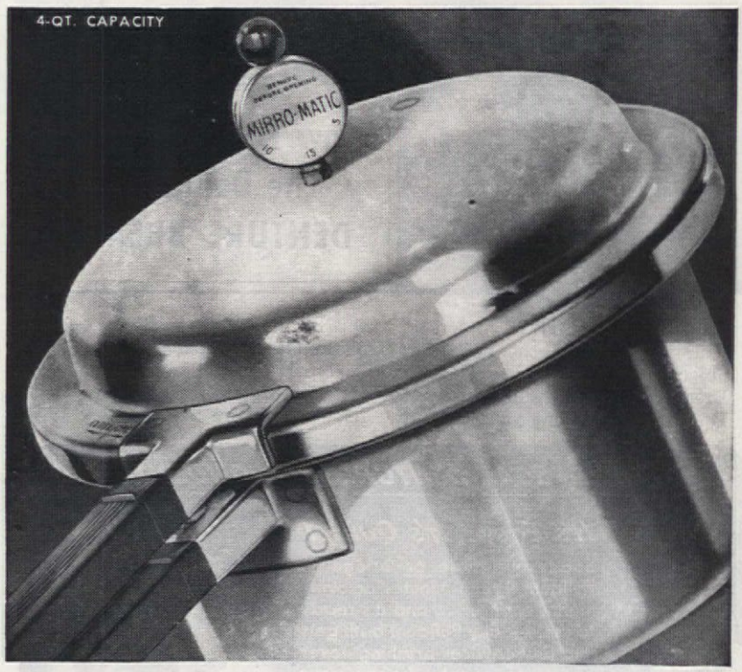

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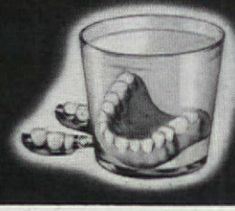

What's more . . . your plate material is *60 times softer than natural teeth,* and brushing with ordinary tooth pastes, tooth powders or soaps, often wears down the delicate fitting ridges designed to hold your plate in place. With worn-down ridges, of course, your plate loosens. But, since there is no need for brushing when using Polident—there's no danger. And, besides, the *safe* Polident way is so easy and sure!

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mal subjects are always popular. Old, illustrated catalogues of children's books are excellent sources. We collect quite a few of these clippings and spread them, face down, on the table. Each person draws one. He immediately starts telling a story, based on whatever the picture suggests to him, and makes up as he goes along. We have the stories fairly short so that each person has at least one turn during the evening. The imagination runs wild and hidden talents are sure to develop. Frank, our nine-year-old, has become surprisingly proficient at dialect stories. His older brother likes to sing and so brings songs into his tales. The little brother loves to tell about animals, real or imaginary. They love to listen to each other and many times they bring their friends in especially to play this story-telling game. The wonderful part of it is that any age and any number of children and grownups can play. The children think it very important to keep the pictures they draw at the beginning to remember the stories by and as prizes of a sort.

During one evening of this entertainment, it was suggested that we all use the same picture for our different stories and give a prize for the one voted the most interesting. The remarkable fact, to me, is that grownups find the competition unexpectedly—and interestingly—keen. Usually they are away outstripped by the children for the first few times, at least.

A game of this kind is an evening-saver when the weather keeps the children indoors and the members of the family look to each other for their diversion. It is also an excellent party activity when the group is fairly small with ages ranging from six years old, on up. Try it out on your lawn, with action to suit the story, as we go into fine summer weather.

If the birthday party is to be given around the first day of April, an infusion of April foolishness will add zest to the occasion. Instead of bringing gifts to the guest of honor, you might invite the youngsters to bring the silliest presents they can find—for ten cents—to exchange with one another. As each guest arrives, have him deposit his contribution in a huge dunce cap, turned upside down and fastened with string to a door knob. Later on let each take his turn at the drawing—whirl him around three times with eyes closed to draw. The one who gets the silliest gift might be given a double helping of ice cream or an extra large piece of the cake.

It's my secret vice, boss

I don't know what I'd do with an automobile if I got my teeth into it—but I just can't resist *chasing cars.*

Sure it's dangerous. That's why I'm telling you that a pal of mine took the cure for car chasing when his master got *Sergeant's Dog Book.* It's got a system that really works.

Sergeant's Dog Book also tells how to feed and take care of me, what to do when I get fleas and worms. It's a wonderful book, Boss. Get it free at drug or pet store, or with this coupon.

Sergeant's DOG MEDICINES

Dept. 13-C, Richmond 20, Va. Send the FREE 40-page illustrated Dog Book to:

Print
Name_____
Address_____
City State

I feel better now
—Noisy

CLOROX-CLEAN BATHROOMS... a basic step in Home Health Protection!

IF YOU LIKE your bathroom spotlessly clean you'll like it better when it's Clorox-Clean, for Clorox disinfects . . . makes germ "hideouts"—possible infection centers—sanitary. It's easy to give your family this added health security by using Clorox in routine cleansing of tile, enamel, linoleum, wood surfaces. Clorox has many important personal as well as household uses. Simply follow directions on the label.

AMERICA'S FAVORITE BLEACH AND HOUSEHOLD DISINFECTANT

CLOROX FREE FROM CAUSTIC

Disinfects DEODORIZES BLEACHES REMOVES STAINS

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A Room Made Fit for a Fighter

. . . you can make every room say "Welcome"
with SPRED . . . the Easy-to-Use Wall Paint

In this masculine room the walls are done in Antique Green Spred—the Ceiling in Bone White Spred—the Woodwork in White Ripolin Enamel.

TO perk up wartime home morale and get ready for happy home-comings . . . paint your rooms with SPRED—the modern wall paint—invented by Glidden.

Leading Decorators Prefer SPRED Wall Colors 3 to 1

In a recent poll in America's style centers, leading decorators were shown the colors of five best known water-mix paints. They were asked which group has the richest, most modern colors. Their votes were *3 to 1 for SPRED colors!* See these beautiful colors at your SPRED dealer or send for FREE samples.

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- —An oil-emulsion paint that mixes with water.
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- —Is durable and washable.
- —One coat covers most surfaces, including wallpaper.
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- —One gallon does an average 10 x 14 room.
- —11 beautiful colors to choose from.

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Slightly higher in Rocky Mountain area

FREE! Send for free set of 11 large sample swatches of SPRED "Decorator-Preferred" Colors and handy Color Harmony Chart. Just write The Glidden Company, Dept. B3, Cleveland 2, Ohio.

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we're changing to a new outfit...

Yes, it's a lasting friendship . . . well-earned by Chesterfield's three top qualities . . .

MILDNESS ★ BETTER TASTE
COOLER SMOKING

And when your G. I. Joe steps out of khaki into a blue pin-stripe and he's home for keeps, you'll again enjoy Chesterfields together and agree that nothing measures up to their . . .

RIGHT COMBINATION ★ WORLD'S BEST TOBACCOS

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