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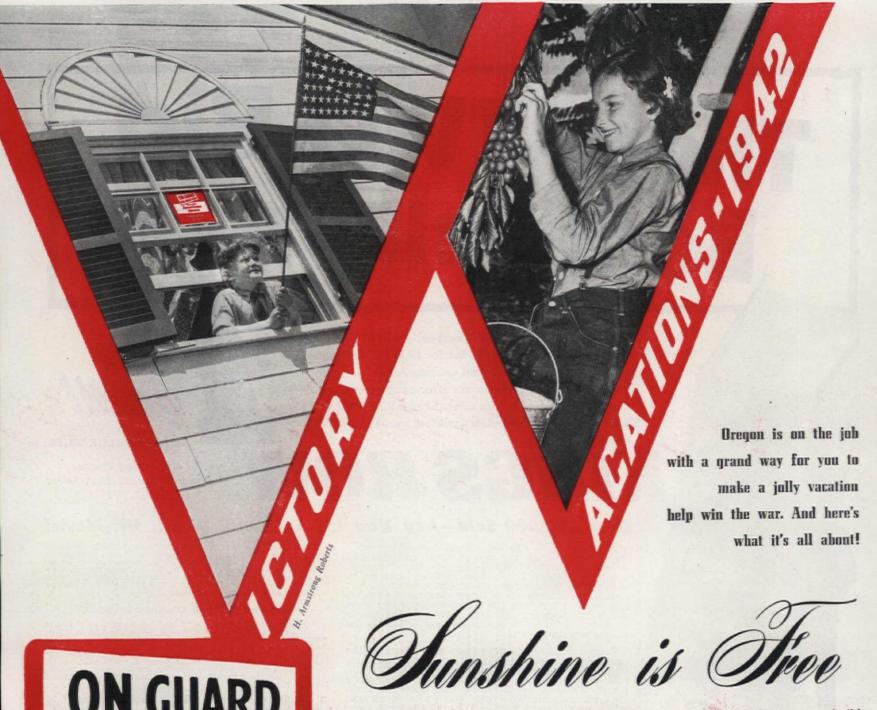
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ON GUARD
THE HOME FRONT

COOPERATING
FOR VICTORY

WARS are won by team work—and the home people of America are a vital part of the team that will win this one! Your own daily life, both as an individual and in cooperation with others in your community, offers you valuable opportunities to translate your will to victory into action. There's a chance on every street corner, a challenge in every block. Seek them, grasp them!

HERE'S a new style in economical vacations this year—the save-the-food, crop-harvesting, earn-as-you-go "Victory Vacation." Oregon is starting this national harvesting bee by inviting visitors to that delightful outdoor state for the months of June to September. There'll be little said about fishing, or skiing on the shining slopes of Mount Hood. No, the invitation for 1942 goes like this:

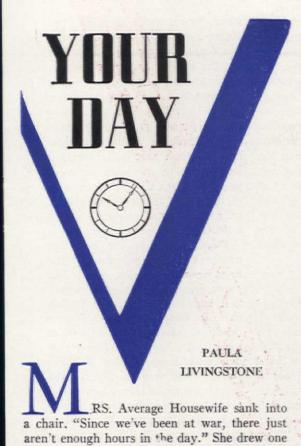
Oregon has food to harvest this year—fruit so plentiful that the boughs are bending to the ground, vegetables by the thousands of tons, filberts and walnuts, hops, sugar beets, potatoes—running through summer and fall, with countless hands needed to transfer the food from field to processing plant. This year there won't be the usual supply of migratory labor, they say. Oregon must harvest her own food, though her young men are in service, her trained workers in war industries, her "unskilled labor" in training or in jobs. Food is essential to the 'ar, and Oregon has been asked for 100 per cent production and harvest.

Hence the invitation to Victory Vacations screwier, funnier, and more intriguing than a husking bee, a barn-raising, and a quilting party all rolled into one. Groups of young folk who ordinarily spend their vacations in mountains or by the sea will be in the fields

this summer. They'll learn their songs, build their council fires, get their summer tans, but instead of "made athletics" they'll pick beans. School teachers and their families won't take cottages by the beach this summer; they'll be in the prune orchards, tossing the purple fruit into boxes. Men who spend all year in offices will be out vacationing in the sunshine with their families—not smacking golf balls, but picking cherries in June, peaches in July, pears in August, apples in September, and whatever's in season every week end.

There's a definite plan in every community, all ready for the harvest. Camp grounds are prepared with tents, sanitary facilities, and grocery stores, all on the grounds. For pickers staying in near-by towns, there'll be busses running out to the fields and back every day. Even the indifferent worker can make two dollars a day. Anyone whose fingers move fast will be shooting for the high records of five and seven and nine dollars. A "Victory Vacation" is guaranteed to pay daily expenses.

Want to go? Then just drop a letter to the U. S. Employment Service in Portland, Oregon—412 S. W. 12th Street—and ask for a job in whatever harvest you want to share, or name the time you'll be in Oregon, and it will say what crop will be ripe then. This way for Victory Vacations!—VICTORIA CASE



hand wearily across her forehead. "If the days

hurry and toil, remember this: The thing which

If your day, too, has become one of extra

were only longer," she sighed.

your time wisely. Exhausted people aren't able to give their utmost physically or mentally. Yet there are many women in the country today who are wearing themselves into a seriously weakened condition. All are well meaning, patriotic, ambitious. But they are running around from course to course, job to job, like hypochondriacs devouring sugar-filled pills. Unfortunately, they will help the country about as much as the fake pills help hypochondriacs. After all, there are just so many hours in each day; therefore, no one person can do all the intriguing services offered. But you can work hard, employing every precious minute, and still remain fit and on your toes!

will help America most is to have you employ

The magic formula, do you ask? It isn't magic, not even vitamins. It is simply planning your day properly. A well-planned day runs smoothly, leaves you free of that feeling of exhaustion. Good hard work never hurt anybody. It's the confusion, the tearing from one thing to another, the lack of organization and planning, which wear you down.

A wise first step before rushing into war work is to decide which branch of the service interests you the most. Next, ask yourself if you are as capable of doing this work as others are. For instance, can you use your hands? The Red Cross needs people who can knit, sew, roll bandages well. Maybe you drive a car with special skill and don't mind bad weather; the

Motor Corps wants recruits. Civilian Defense offers opportunities for typewriting, publicity, and other chances to be of service. Some place there is the right job for you to do well.

This settled, take one more thing into consideration before you sign up for service: You must plan so that your war work doesn't interfere with keeping the home fires burning. A wife whose house is dirty and disorganized and who is overtired and cross because of war work, who hasn't time for her husband's and children's problems, just isn't doing her country the greatest service. Morale of the citizens is of utmost importance in winning wars, for it backs up the men and the arms in the front lines.

Take a pad and pencil, if necessary, and list the days of the week. Then jot down your home duties and make a daily hour-by-hour schedule. You may find you will have to reorganize your days completely, but what of that, if it gets you set to go? What difference if you count the laundry on Sunday so you'll be ready at Red Cross headquarters on Monday? Can't mending be done in the evening while you're talking with the family? Wouldn't getting up earlier simplify things?

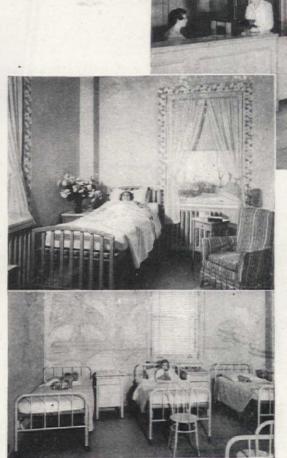
So you see, housewives of America, you have an opportunity to be of service. Keep 'em fighting with your new jobs, happy at home with the old ones! It's a big task you are undertaking, but if you plan right it can be done capably, untiringly, and with a smile!

Momen at Work

NDER the circumstances, it no doubt was right that all money spent on the Kenosha Hospital, in Wisconsin, should go to constant improvement of medical and surgical equipment. Because there never was anything left over for redecorating dingy rooms and drab wards, the therapeutic value of cheerful, attractive surroundings had to be ignored. But it occurred to one woman, confined for two weeks in a grim room with cracked plaster ceilings, brownish walls, and chipped furniture, that good nursing and medical care are not enough. Dull tans and browns do nothing for the morale of a sick person. "Let's do something about it," she said to a group of friends when she came out.

But how to start with no funds? It was decided to concentrate their first efforts on a children's ward and a woman's four-bed ward, on the theory of providing the greatest good to the greatest number. So each woman in the initial group telephoned a few friends, telling them what was to be accomplished and asking if they would care to contribute to the cost. They did, for many of them had been patients there, or visited friends who were, and they knew only too well how dreary and depressing the rooms were!

When the four-bed ward was finished, patients and staff and townspeople all wanted to see Number 207! Gone were the chipped brown



S. D. Sydney photographs

metal furniture; tan chairs, broken plaster, brown window shades, and tan curtains. In their place were smoky gray walls, and a blue ceiling the color of the sky . . . furniture a warm, friendly blue (baked-on enamel finish) . . . a colorful flowered wallpaper border around the windows . . . creamy white curtains . . . armchairs covered with mattress ticking in pleasant blue, gray, and peach stripes.

The most dubious doctors or individuals who had been inclined to consider the venture a rather foolish idea were convinced when they saw the happy women patients in that ward reacting to the colorful, cheerful room. Soon there was no surprise in the receiving office when women asked, "Please, can I have a bed in the new blue room"? The news spread fast, and so the ball started to roll. Presently the



"It takes Bon Ami to make a sink really shine!"

Whether your sink is old or new, you can count on Bon Ami to keep it looking its best. For unlike harsh, gritty cleansers, Bon Ami does not leave scratches that catch and hold particles of dirt and grease, making things hard to keep clean. Instead, you'll find Bon Ami actually polishes as it cleans... helps make all your household cleaning quick and easy.

"SUCH A SMART IDEA"

Have you discovered this handsome black and gold Deluxe Bon Ami Package for bathrooms? It's so good-looking you'll be proud to keep it on the tub handy for instant use.





Bon Ami "hasn't scratched yet"

Kenosha Junior Woman's Club offered to pay for a two-bed ward. The enthusiasm for the project spread to the men's groups, and the Rotary Club donated a generous sum. Another source of income was from patients who had seen the beneficial effects of the new rooms. The Women's Auxiliary of the hospital gave a large bridge tea in the spacious residence of a member who wished to help the cause; it raised \$300. And recently the Men's Board of the hospital, impressed by the fine work of the women, found it possible to allow them \$300 for redecorating.

As the women worked, they learned many ways of stretching the budget. Basically, they followed in each room the principle of pastel walls of one color with the ceiling of a contrasting, restful color. Since draperies are not feasible in a hospital, the wall paper borders around the windows repeat the colors used in the rooms and add a gay and decorative quality.

In the children's ward it was essential to create an atmosphere which would make the child feel secure and happy in strange surroundings. Two young local artists did the murals for a modest fee, taking great care that no figure or scene had any connotation of fear in the mind of the child. Very delicate pastels, and figures painted so as to fade out in the dim night light, do their part in lightening a long siege. In the ward for very young children there are only single figures of cuddly-looking little animals, such as rabbits, against a delicate blue background.

Perhaps one of the best byproducts of the whole thing is the
fine democratic spirit which has
grown from it. This hospital serves
rich and poor alike. The Italian
wife of a factory worker enjoys the
beautiful colored rooms as well as
the lawyer's lady in the soft yellow
and gray room. Union painters
(whose rates were too high for the
meager budget of the women) were,
nevertheless, generous with advice
and experience. Naturally, for their
families benefit by the new rooms,
too!—ETHEL McCALL HEAD



today reminds me of the game we played as children, "Fruit Basket Turn Over." You remember - at one point everyone must jump up and find himself a new seat. On a national scale we call this "dislocation" of industries and of homes. I'm thinking especially of the women, the home-makers, many of whom in this great turnover will have difficulty in organizing their leisure hours. They are the women behind the men behind the gunsif you follow me! It is for them, the strangers in strange places, that I set down this experience.

I arrived in Fort Collins, Colorado, the day before school opened.

When I met my children's teachers they remarked at once, "Oh, you're new here. You must go to the Newcomers' Club. It's open to every new arrival, and you'll love it"!

Two days later a charming voice on the telephone invited me to a Newcomers' luncheon. Then a member of the Calling Committee of the Club came to see me. Within five minutes we discovered that we had been born in the same far-distant state. We were old friends in a moment. Of course I attended the Newcomers' next meeting!

A group of sixty women gathered at the hotel for lunch. Every-

* MORALE *



S THE hour of noon neared, nine small heads kept glancing toward the schoolroom windows, and nine pairs of ears listened for a car pulling up outside. At last it came, and as Miss Quinn dismissed the pupils for the

hour, small Jimmy's mother appeared with an interesting-looking covered kettle which she deposited on the project table. Instantly the whole gang lined up with cup and spoon, waiting for a helping of hot food, guessing what it would be today.

"Oh, boy, macaroni and tomatoes"! shouted the first one, ecstatically. And in no time at all nine hungry small souls were giving the perfect proof that lunch-box offerings are immeasurably more appetizing when there's something hot to eat along with them, whether at school or somewhere else.

"It's marvelous, the way they eat up all their sandwiches and every last bit of everything, now that they have something interesting to go with them," Miss Quinn whispered to Mrs. Adams. "This was surely a grand idea of the Parent-Teachers."

"It wasn't really the Parent-Teachers, you know," Mrs. Adams pointed out. "It was all Mrs. Holmes' idea to start with. She just went around to see all the mothers with children in school and sold them on the plan. It's quite a job, taking turns preparing the food and getting it down here at lunch time, once a week. But the children do enjoy the change"!

That night Miss Quinn made it a point to stop at Mrs. Holmes' house and tell her how well the lunch plan was working out. Mrs. Holmes thanked her, but confessed that she shouldn't have much credit, for she had started the plan partly to have something to keep her busy. "Right after the war started," she said, "I was so discontented and unhappy here alone. One of my boys joined the navy and the other was already in an airplane factory. They aren't too good about writing, and I used to feel rather neglected and sorry for myself. But one day I read an article which sort of woke me up. It was all about this 'second line of defense' and what women can do at home. One of the jobs suggested was that of keeping up the community's health-beginning with the health of the children, of course. Well, I saw those youngsters going by here every morning, swinging their lunch pails, and I felt so sorry when I thought of their eating just cold food every day. I guess some of the mothers thought my notion a little strange, at first, but it did make sense, so we started it. And you know, Miss Quinn, sometimes I wonder if it doesn't provide something more than just hot lunches for those kiddies. Yes, a good deal more, for I've an idea that good morale comes to people who do things as well as to those for whom they're done"!--CLYTIE HALL FRINK

one wore a slip of paper with her name on it-convention-fashion. We were seated at small tables in the dining room-and you would have thought we'd known each other all our lives! You see, many of us hadn't relaxed like that for years, and every woman who has ever moved knows what it means to long for the small talk of her kind. During the luncheon hour cards were passed asking if we'd like to join the Club, and if we were interested in bridge, or a study group, or both. We were also asked to list our church and former club affiliations, and introduced to many community activities.

The dues in our Club are fifty cents for two years. Every member pays for her own lunch, and when the Newcomers splurge with an evening party for husbands, too, the expenses are borne by those who attend the affair.

The very next time you're tempted to think, "I'm so lonely in this town!" resolve to find someone who is also new and call on her. The chances are you will be welcomed with open arms. Then the two of you can find and greet others. That's the start of a Newcomers' Club-and the end of your homesickness in a real service to the strangers in your midst!

"SAILFISH ON THE CENTER LINE!"



Captain Harold Andrews, Skipper of the Riptide, deep-sea fishing yacht, stalks the Gulf Stream off the coast of Florida coaxing the big ones to rise to the baits skipping along the water off the stern. When a coveted "sail" or blue marlin strikes, Captain Andrews springs into action . . . manoeuvring the boat . . . shouting instructions . . . directing the crew until the prize is safely aboard, and another "catch" pennant goes up.



Keeping tackle and gear in first class condition keeps Captain An-

drews busy every minute ashore. He says: "I've got to be wide-awake all the time to get charter business for our boat. For my money, there's nothing to help start you off right like Kellogg's Corn Flakes with fruit and milk. Boy!-there's a dish! Economical, too, because the price of Kellogg's Corn Flakes hasn't gone up."



The "Self-Starter Breakfast"

A big bowl of Kellogg's Corn Flakes

with some fruit and lots of milk. It gives you VITAMINS, MINERALS, PROTEINS, FOOD-ENERGY, plus the famous FLAVOR of Kellogg's Corn Flakes that tastes so good it sharpens your appetite, makes you want to eat. Hits the spot for lunch, supper, bedtime, too. Also ask for it in hotels, restaurants, dining cars.

Look for Kellogg's the Greatest Name in Cereals!



SUPPERTIME SUNDAY, the wife's out . . . I have to fend for myself. Which is O.K. with me. For I've never been able to convince my wife that a guy has a right to get hungry three times a day on a Sunday.

So I go into a huddle with the icebox . . . come out with a salad. Salad? It's a supper! Tasty? And how!

I'm munching the last leaf when in strolls the wife. Is she floored!

"You made a salad and it tasted good!"

"Pooh, nothing to it," say I with a bow. "Sit down and I'll make you one." I get out the lettuce . . . the salad dressing . . .

"Oh, no wonder your salad tasted good," says she grabbing the jar. "You used my Real Mayonnaise."

"Just an to g my sal salad d "It i dressing

"Just like a woman to give credit for my salad to your salad dressing!"

"It isn't salad dressing! Read the label, Maestro! No starchy filler in this—that's why it can be labeled Real Mayonnaise."

And far into the night, my wife talks Real Mayonnaise:

Real Mayonnaise... Best Foods in the West, Hellmann's in the East... is the home kind made with only eggs, added egg yolks, salad oil, vinegar and seasonings—no starchy filler!

And it's really fresh—made with "FRESH-PRESS" Salad Oil, prepared each day as it's needed. That's why this *Real* Mayonnaise tastes fresher even than home-made.



"Sounds a little expensive," I mutter in my sleep.

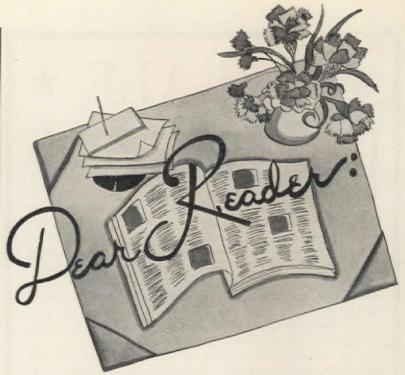
Which hands her the last word! "For variety and economy, my dear

husband, you can stretch Real Mayonnaise with milk or fruit juice. No starchy filler—so it stays smooth and creamytextured. Always tastes delicious!"



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BEST FOODS - HELLMANN'S Real Mayonnaise



ON GUARD
THE HOME FRONT
COOPERATING
FOR VICTORY

E'VE always had a conviction that people who want to help or advise or genuinely interest other people—the way we try to do each month through the pages of The American Home—ought to practice what they preach. To put it another way, they should know from first-hand, personal experi-

ence what they're talking about, and why, and all about it.

So, for a long, long time we've edited the magazine right out of your lives and ours, so to speak. There isn't a soul in our office who hasn't served as a sort of "guinea-pig" to check on the soundness of this idea or that. Even the directors can't escape getting called into our official kitchen to pass on new recipes, and the workouts we give our families are really something! We just have to get our plain human fingers into everything that goes into the magazine, so as to make it *real* to you.

For instance, there's the flag on this month's cover—made entirely of flowers, as you see. The idea came to us away back in March, and one evening a dozen volunteers stayed at the office and put it together—200 roses for the stripes, 300 bachelor's buttons in the blue field, 48 stephanotis to make the stars, and 100 each of marigolds and nasturtiums for staff and halyard. It took an hour or so to assemble them into a 3-foot design on the studio floor ready for "Demmy," our staff photographer, to record with his color camera. Then one of us took a tiny color photograph of a country sky the following week end, the engravers did tricks with the two pictures—and there she flies!

And there's the circus party scene on page 10—last summer at the Long Island home of our Production Manager. That's his junior in the center wearing the red and yellow suit, and the cute wee blonde in the riding clothes is Junior-ess. Did it prove, first hand and on the spot, the kinds of things that kids like at their parties? Well, rather!

You should have heard the laughter, too, that came from our Vice-president's office (he was out of town, incidentally) while the Air Warden Shindig pictures on pages 38 and 39 were being taken. No professional models, mind you, but regular flesh-and-blood gals and boys from our Art, Editorial, Advertising, and Promotion departments.

Just to give you an idea of how far ahead things have to be done in the magazine business, it was on a Sunday in mid-April that a half-dozen or so of the staff trekked out to our Gourmet authority's country place to help him and some of his friends stage the pictures on page 44. Through the week, that thoroughly charming young lady who played the bride presides over the office reception room, and the groom hails from the Production Department. Editorial and Promotion provided the bridesmaid and best man, respectively, and—oh yes, after the picture-taking everybody had a perfectly grand time with Gourmet's punch, salad, and other delectables, prepared with his own jovial hands.

Now, if you'll look on page 56 you'll find one more face you've seen before in the magazine—one of our decorating editors. She's one of our star "guinea-pigs," so she's an appropriate climax for this sketchy outline of some of the ways in which we do our best to pass on to you the friendly, human, down-to-earth good will we have for all of you!

)ontents

Photograph of flag on cover by F. M. Demarest

July, 1942

VOL. XXVIII, No. 2

Important! Letters requesting information should be accompanied by a stamped, addressed envelope. Manuscripts and illustrations will not be returned unless they are accompanied by the necessary postage. They will be handled with care, but we assume no responsibility for their safety.

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Address decorating inquiries to Mary E. Monze; entertaining to Lynn Given

REM: 1 minute

FRUIT SALAD: 8 minutes

POTATO CHIPS: No time

RESULT: Balanced picnic lunch





ugar-cured BY THE MAKERS OF

SWIFT'S PREMIUM HAM!

More picnics these weeks—for needed relaxation. More need for Prem! Made of fresh lean meat, Prem provides sound, wholesome nourishment, helps give your lunches nutritional balance. And at little cost.

Moreover, Prem is quick. Ready-to-eat, you can serve it cold or serve it hot. It's ready in a jiffy either way.

Sugar-cured the exclusive Swift's Premium way, Prem has the finer flavor and better quality you expect from all meats that bear the Swift's Premium brand. No spices . . . no heavy seasonings . . . nothing to mar Prem's extra goodness. Try Prem this week.



SWIFT & COMPANY: PURVEYORS OF FINE FOODS

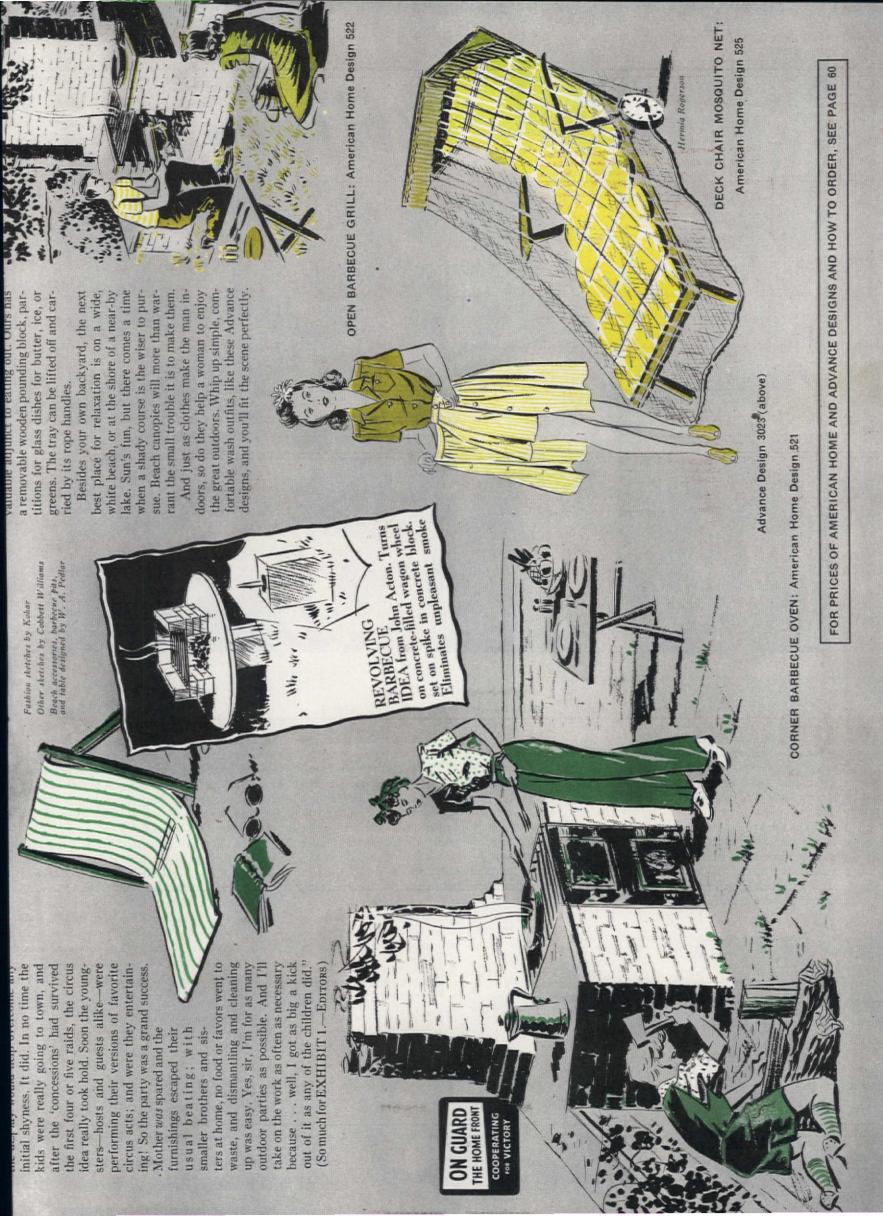


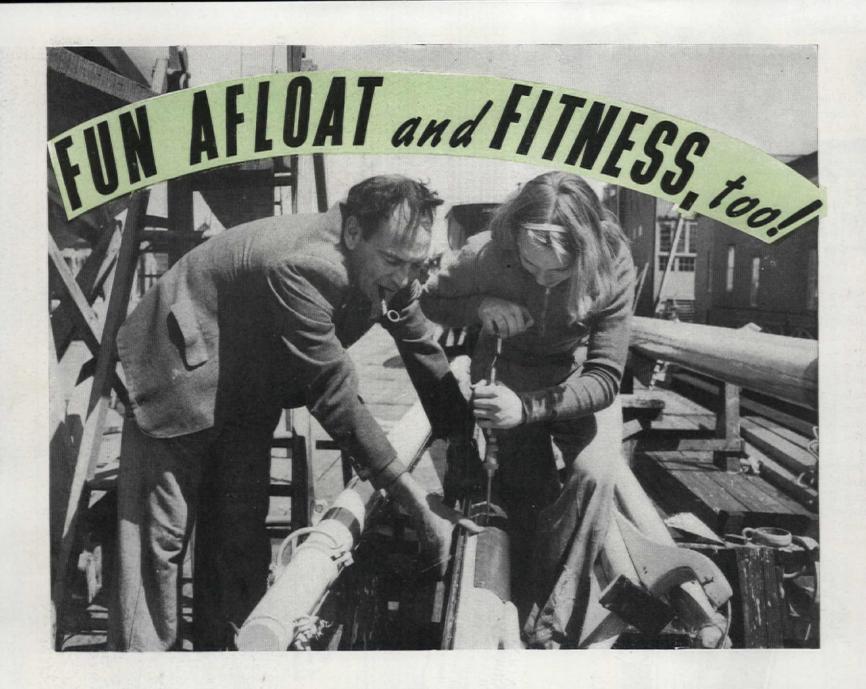




signs, are carefully followed. A chuck table will prove a tically takes care of itself, if you boast a barbecue. "On the big day we set up the booths early and arranged the food and favors as attractively as possible, hoping that

Building a barbecue pit is not difficult if good construction principles, such as are embodied in these detailed de-





NE summer day a coastwise liner steamed out of New York's East River and straightened for her run through Long Island Sound. The water was dotted with pleasure craft, including a tiny knockabout sloop skippered by a sturdy lad of ten. Closer and closer the midget and the colossus drew until it became apparent that the little sailboat would be run down unless one or the other changed course. With superb nerve the youngster steadily held on until almost under the bow of the onrushing steamer, when he jibbed and came about. As the officer on the bridge looked down. his sur-

prised ears caught the indignant treble from the youthful skipper far below:

"Hey! Don't you know a sailboat has the right of way"?

Those boys and girls who early learn to sail and race their little ships invariably are self-reliant and good sports, likely to become men and women of highest integrity and credit standing. Sometimes things do not seem to be all fair play, and unjust decisions of authority are hard for anyone with spirit to endure. But young sailors soon learn to make the best of such situations and laugh off the "breaks" that now and then go against them,

Dangerous? No indeed. Modern boats for youngsters can't sink, and when they capsize, which is seldom, the crew merely roosts on the keel until somebody comes to the rescue. Of course, no boy or girl should sail a boat without having demonstrated the ability to swim at least a quarter-mile, to get rid of impeding clothes while in the water, to bring in a sinking shipmate or resuscitate one by the Scout method. Important, too, is the art of bringing a sailboat quickly back to the spot where a mate has fallen overboard.

Your boy or girl can hardly begin too young; the age of seven or eight is high time to learn how to sail one's own boat. At first dad or big brother or sister ta'es charge, in a "Skidoo," a "Wee Scot," a "Bull's Eye," or a little family catboat. Even if first lessons are given in a sharpie (simply a rowboat with centerboard, mast, and sail), a child can learn the first principles just as easily. Before long he'll be wanting speed, and then competition with other boats; so he'll progress step by step to the point when he's really "on his own."

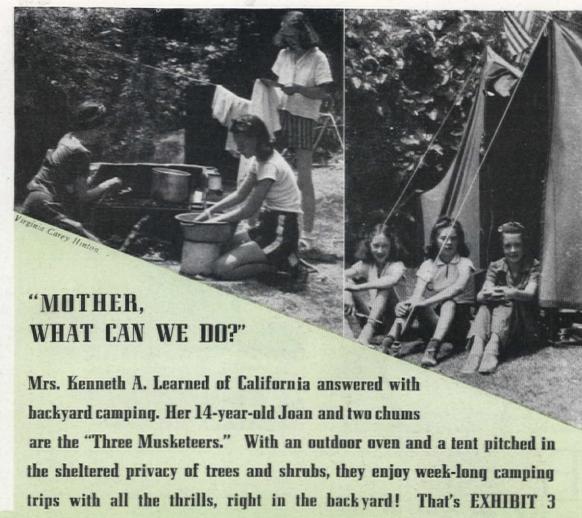
If you are located where sailing is impractical, as on a crooked river, a motor boat is the answer. Some boys and a few girls prefer the speed and mechanical features of a boat propelled by an engine to one with the wind as its power. Undeniably, an "outboard" is the first stage here; one of those amazingly dependable machines that may be quickly fastened to the stern of a rowboat or a larger



EXHIBIT 2: Small boat sailing is fun for all the family and a course in character-building and self-reliance for voungsters

craft designed for the purpose. It enables one to explore many an out-of-the-way nook; to go considerable distances to fish and get back for dinner; and perhaps to cultivate patience when, for no apparent reason, it starts reluctantly.

Then there is "The American Home Afloat" -a motor cruiser or a cabin sailboat. The lure of adventure, of exploring places that have been mere names on the chart, comes to every red-blooded boy (and not a few girls!). Encourage it. Get him a cruiser! Teach him to handle the boat himself; to keep it clean and in order; to cook simple meals; and to find his way around without getting aground too often or dragging anchor against the breakwater. Most of all, show him by this means how to get along with others in close quarters where discomforts and differences of opinion may draw nerves tight and tempers short. It's all grand training. Aboard a boat there must be order, a certain amount of discipline, and a sharing of chores. When cruising, there's no time or place for lackadaisical, dreaming, dilatory dressing and general untidiness that are a mother's despair! There's work to be done, sometimes in a hurry; and it's up to the sailor to do his or her share, even at the age of ten. So give them a boat and help develop the sense of responsibility that goes with keeping it shipshape and characterizes the type of man and woman you want your children to become.



90wa Swimmin' Hole -Budget Version (Exhibit 4)

BACHES too far away? Can't haul the folks to the nearest park pool? Then build your own, as we did—of paper—for \$86.75 cash and some not so hard work. Before last summer was half over, we were enjoying daily swims in a 45,000 gallon pool, 51 ft. long, 33 ft. wide and 5½ ft. deep, built on the lines of an old-fashioned bath tub, with sloping sides and ends. This makes concrete or other reinforcing unnecessary and lets you utilize almost any sort of a depression. Simply make sure that the final banks are truly level.

Having a conveniently placed undulation, we had the contractor scoop out from a designated spot the soil he needed for grading around the house. Next we—that is, my wife, a few industrious, swim-loving friends, and I—shoveled, raked, rolled, and tamped until the entire bottom and sides of the hole were smooth, rock and clod free, and thoroughly packed so as to provide firm, unyielding support for the—yes, sir, the paper. This was nothing special; just a regular, fairly lightweight building paper that we laid across the pool, lapping each strip half its width across the one before so as to get an all-over double thickness. We sealed all joints perfectly watertight with the cement that came with the paper; then, to make quite sure, gave



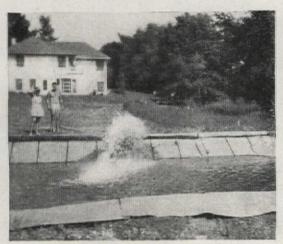
and clod free, and thoroughly packed so as to provide firm, unyielding support for the—yes, without leaving home or losing any work



Cost? Paper, \$45; asphalting, \$40; waterproof cement for patches, \$1.75; total-\$86.75

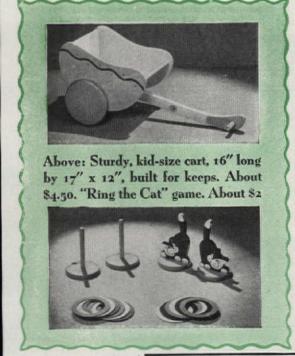
the whole business a heavy coat of asphalt. Or, rather, we had that done by professionals, in just three hours, for \$40. We ran the paper two to three feet beyond the pool edge all the way around. Then, for a solid rim to hold the paper down and protect it, we economically used a load of old railroad ties. Flat stones, 2" by 12" planks, 6" by 6" beams, etc. could be used.

Water? A spring or babbling brook would be ideal. But we either run the garden hose into the pool for five days and nights or, preferably, induce the local fire department boys to fill it

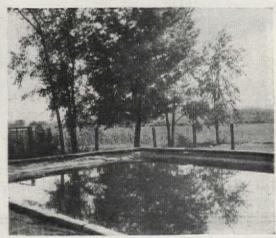


ACK ON PAGE ELEVEN, we spoke of the possibilities of simple home living. Now we come to a splendid example of about the simplest type of home we can well imagine-cave dwellings, igloos, and tents excepted. Actually, however, this particular housing unit is a sort of tent, as the pictures across the way show; a substantial, all-weather tight tent incorporating wooden frame, glass windows, solid floor, shingled roof and a lot of interior fixings that no common or garden variety of tent ever laid claim to. Or, looked at another way, it offers many of the comforts of a cottage under one roof-and that's all: a roof with no foundation, no basement, no side walls, no stairs, none of the problems of the orthodox house to bother about.

The Waltman Victory Cottage, as the originator calls it, consists of five main "pieces": the floor, mounted on skids for easy transpor-Playpal Toys, Beck & Wall Displays, Inc.



from a near-by hydrant with their big hose in about two and a half hours. We pay them \$2 for their trouble, and send a check to the city water works for the cubic footage of water used which, at our rates, comes to about \$9. Last year a few pounds of copper sulphate and some bottles of chlorine disinfectant kept the water so clean and pure that we had to refill only once a month. This year we will build a simple charcoal-lime-gravel filter box 6' by 6' by 2', designed by a geologist friend, pump the water with a small electric pump, and let it run back.



tation when desired; two roof surfaces, and two gable ends. These can be made up at local lumber yards according to the basic specifications from stock-size materials and possibly

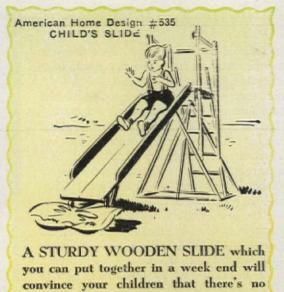


odds and ends, delivered at a designated spot and there bolted together by the owner and a couple of helpers in a few hours. Probably a moderately skillful home craftsman could even build his own from the very beginning, and then carry out the interior developments accord-

ing to his particular needs, tastes, and resources. Details of heating (if any), lighting, cooking and plumbing equipment, waste disposal facilities and furnishings are suggested in the inventor's drawings; but they are generously flexible and adaptable to different places, priority restrictions, and purses. If your first inclination is to scoff at the variety of comforts indicated in the sketches, pause a moment and think of the conveniences offered the traveler in a modern Pullman "roomette" or a de luxe trailer (though at many times the price).

It is emphasized that the Victory Cottage is not a temporary, jerry-built glorified pup tent. The idea is that it shall meet an unusual emergency need and then, after that is over, lend itself to expansion, modification, or utilization in any of several directions. For example, perhaps the owner will then decide to jack it up and turn it into the second story of a modest garage, boat house or storehouse; perhaps the children will inherit it and realize the joy of a "real for true" play house; or perhaps it will be dismantled, knocked down and moved to the woods, hills, or shore to serve as a camp shelter, bath house, or ski hut. Or perhaps, if the owner goes, literally, "back to the land," it may become again the poultry, livestock, or other farmyard structure from which, it seems, the idea originally evolved. In either case, could anyone deny that it had rendered a good account of itself throughout its career?

AND THIS IS EXHIBIT 5



place like home. Specifications for this favorite piece of equipment from Robert E. Horrocks. Another sure-fire hit is our swing, inspired by one built from old oxen yokes. Health and happiness all at once

Designed by

C. E. WALTMAN & ASSOCIATES







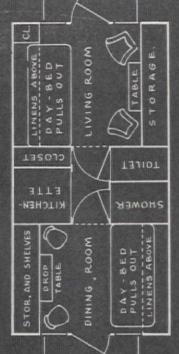






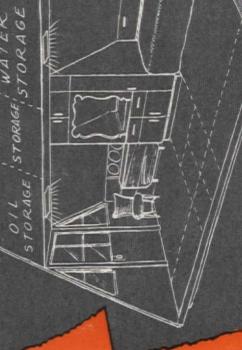


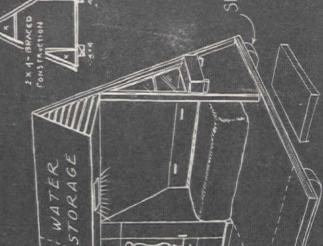




10 x 20 FEET







· C UT - A W A Y VIEW ·

ot-coming and a-going

Exhibit VI—for you who must forego vacation trips but can shift 'twixt suburb and country

ROSE BATTERHAM



In traveling back and forth between our home in the hills and one in the suburbs every summer and almost every other week end for the last eighteen years, we have learned how to make the moves easy. First, we have a piece of luggage which always makes the journey back and forth with us. A satchel for essentials and lists. The family knows that where we are, there it will be, a sure remedy against forgetting. On the way from the country it may contain such items as the seven-day library book which must be returned on Monday, Daughter's composition on Hamlet that was finished (we hope!) over the week end, the special bottle of medicine that may or may not be needed, Mother's pick-up sewing, letters to be mailed, and one or more lists of reminders. When we repack it for the return

hey'll make a better sandpile if you furnish proper background. Build a covered sandbox like this and your youngsters can get the benefit of fresh air without the harmful effects of too much sun. A wonderful help in keeping small hands occupied and out of mischief; idea submitted by Billi Glasscock



PRICES OF AMERICAN HOME DESIGNS AND HOW TO ORDER, SEE PAGE 60









/IGORO

FOR FARM AND GARDEN

Sprinklin'
Sambo turns
round and
round, hose
whips up and
down, sprinkles
thoroughly a
50-foot circle.
Two types of
spray nozzles.

polishing materials, and many other household needs. And there are gas and electric ranges for those who secure rationing certificates.

For Farm and Garden there are lawn tools, mowers, lawn and vegetable seeds, fertilizer, rubber hose, sprinklers and work clothes.

For the Car there are batteries, spark plugs, brake lining, fan belts, car radios, seat covers, grille guards, driving lights, car cleaning supplies and many other products that will help you get longer service from your car. And for those who secure rationing certificates there is a complete line of tires and tubes.

For Recreation and Sports there are portable radios, luggage, fishing tackle, croquet sets, sports jackets, tennis racquets, ball gloves, etc.

Save work, save time, save money — see these and hundreds of other timely Summer Values at your Firestone Dealer or Firestone Store today.

REGISTER YOUR CAR NOW FOR THE NEW TIRE-SAVING, CAR-SAVING, MONEY-SAVING FIRESTONE Extra-Mileage PLAN

Your tires will be examined, inflated to correct pressure and "Safti-Branded" with your initials. Your battery, spark plugs, brakes, lights, wheels and lubrication will be checked. All this service is *free!* Register today at the nearest Firestone Dealer or Firestone Store equipped to give this service. Get your copy of the free booklet on tire and car conservation today!



WAR PRODUCTION IS FIRST AT FIRESTONE

Every plant is working twenty-four hours a day, seven days a week, manufacturing anti-aircraft gun mounts and carriages, oxygen cylinders for airplanes, tank tracks, metallic belt links for machine gun cartridges, bullet sealing fuel tanks, military and combat tires, gas masks, barrage balloons and many other products used by the Army and Navy and their Air Forces.



Some of products shown or mentioned in this advertisement are sold



HUNDREDS OF USEFUL PRODUCTS AT YOUR NEARBY FIRESTONE DEALER OR FIRESTONE STORE HOME SUPPLIES electric . . . Shavers, electric Fan belts . . . Grille

Bathroom scales . . . Brooms . . . Carpet sweepers . . Cleaning materials . . Clocks, electric . . . Clothes dryers . . Coffee makers . . . Door chimes . . Door mats . . Door chimes . . Door mats . . . Dory cleaner . . Electrical supplies . . . Floor and furniture waxes and polishes . . Grills . . Ironing boards, pads and covers . . Irons, electric . . Light bulbs . . Mixers, electric . . Light bulbs . . Mixers, electric . . . Painting accessories . . . Phonograph record sets . . Radios and phonoradios . . Radio accessories . . . Ranges, gas and

electric . . . Shavers, electric . . . Stepladders . . . Toasters . . . Tools, household . . Vacuum cleaners . . . Waffle bakers . . . Washing machines.

FARM AND GARDEN SUPPLIES Fertilizer . . Garden hose, sprinklers and fittings . . . Garden tools . . . Lawn, flower and vegetable seeds . . . Lawn mowers . . . Overalls . . . Work clothes . . . Work gloves.

AUTO SUPPLIES

FOR RECREATION

Batteries . . . Brake lining . . . Cleaning materials . . . Cushions . . . Driving gloves . . . Driving

lights . . Fan belts . . Grille guards . Horns . Oil filter cartridges . . Radios . . Radiator hose . . Seat covers . . Spark plugs . . Sun glasses . . Tires and tubes . . Tire repair materials . . . Tools . . Windshield wiper blades.

RECREATION SUPPLIES

Badminton sets... Baseballs, bats and gloves... Fishing tackle... Golf supplies... Luggage, complete line... Men's sport coats... Picnic jugs... Roller skates... Table tennis sets... Tennis racquets. BICYCLES

and Accessories . . . Scooters . . Velocipedes . . . Wagons.

Ask your nearby Firestone Dealer or Firestone Store for a complimentary copy of this catalog.

ALUMINUM IS SCARCE



shiny bright outsteen inside wholesome clean inside

Pot saver, labor saver, time saver—all in one! That's S.O.S., the handy oval pad

Pot saver, labor saver, time saver — all in one! That's S.O.S., the handy oval pad that gets into corners wherever dirt hides! Won't fall apart, thanks to its interwoven construction. And the soap is in the pad! Try it!

The S.O.S. Company, Chicago, Illinois, U.S.A. S.O.S. Mfg. Co. of Canada, Ltd., Toronto, Ontario

we prepare for contingencies which, if they were overlooked, might cause not a little inconvenience.

Keeping the sheets, pillow cases, and towels separate used to be quite a burden even though we had cheaper quality supplies for the country. Now all our linen is marked indelibly; for instance, with an H for Hilltop, the country place, and an O for the town home. Each member of the family has a different color border on his towel; we have different designs for each dwelling place. The laundry bags for these weekly treks, made of very heavy ticking with good draw strings, will withstand a lot of rough packing. I use cardboard grocery cartons for the clean articles. If you use paper napkins and mats for the country you avoid mix-ups; but if you insist on cloth you might have colored or cotton

investment. Naturally, the flat tableware and dishes are of cheaper quality in the country. For a long time we carried our left-overs in fruit jars, but since milk may now be bought in cardboard containers these, thoroughly rinsed and kept, are valuable for "scraps." We cut them in two with a sharp knife, crosswise. The halves fit tightly together when the hole for pouring the milk is firmly pressed closed.

We have two clamp-top vessels from an old fireless cooker which are ideal for carrying the Friday night supper to the country if we are to arrive there just before that meal. The food is prepared at home in the containers, left in them and put on the country stove for final heating. For this purpose stews, chowders and pot roasts, that provide the main course in one unit, are fine. A head of lettuce, washed



ones for camp life, keeping your real linens for your home in town.

Each of us has a different set of sleeping garments for each placean expense at first, but every article wears twice as long. Other clothes fall into these three classes: (1) country ones, old, to be worn only there, and left there; (2) city clothes, always left at home except for summer dress-up; (3) the garments we wear back and forth, respectable enough to appear in at school or business. In the ubiquitous "must" satchel it is wise to have clean shirts and underwear for the men and a fresh dress for Daughter, for a flat tire or traffic tie-up on the way back to town on a Monday might make it necessary for members of the family to go straight to the train or to school.

Food, of course, is ever the big problem. First, I try to have the same type cooking utensils and cleaning equipment in both places. This is an expense in the beginning, yet a gesture toward convenience should surely be considered a good

and put in a muslin bag, is ready for salad when we arrive. For dessert there is layer cake without icing wrapped in waxed paper and packed in an old five-pound marshmallow tin or even in a cardboard box. While the stew or pot roast is heating, a simple frosting of confectioners' sugar with chocolate or orange juice can be stirred up in almost no time. Bread for toast in the morning, a container of milk, a small bottle of cream, and butter take up but little room and, to complete this meal, there should be waiting on the country pantry shelf a can of fruit juice, maybe one of corned beef hash. Essential on the shelves is also a complete line of foods for inevitable emergencies. There should be canned meat and fish, vegetables, soups, fruits and their juices. Tinned muffin, biscuit, and cake mixes are sure to play a noble role in the case of unexpected hurried visits. A reasonably deep, well-built cellar will guard against the freezing of the contents of cans which contain some liquid. To make more sure, such containers can be placed in a box heavily lined with newspaper, the whole to be covered over with old rugs or sacking as winter and freezing temperatures approach.

Aside from these stores we naturally keep staples in our pantry, here as at home-salt, flour, baking powder, soda, shortening, spices, and so on-and all in metal or glass containers. Even though a place may seem pest-proof, a squirrel might make his hungry way down the chimney, while field mice seek out crannies no bigger than your thumb, and ants defy the world! It is always wise, in a more or less crudely built camp, to have a large wooden box lined or covered with fine meshed wire in which blankets may be packed away from marauding rodents.

The task of settling in the weekend home is greatly facilitated by assigning each member of the family certain jobs and responsibilities. Dad may start the heater or fires while Brother turns on the water and Mother and Sister unpack the food, get things under way and stand what a weekly move means.

Before the door is closed at either home we follow a ritual. The last one to leave calls out, "Everyone got everything? Schoolbooks, glasses, gloves, pocketbooks"? We depend heavily on the back-andforth satchel, but this final asking often brings forth a response. Even if we have our gloves, it may suggest something else, and save us the inconvenience of getting home without the overshoes that we are certain to need the coming week!

ADDY, if we dig a swimming pool in the backyard will you cement it"? queried our son and daughter one evening three summers ago. (They could not go to public pools because of an epidemic.) Daddy, deep in his paper, said, "Yes," little dreaming they would dig one. But wait.

All the next winter, after every soil-softening rain, they worked, sometimes inducing pals to help. When they actually had a hole 12' long, 6' wide and 2' deep, our skepticism turned to pride, and Daddy pitched in to help straighten the sides, square the corners, and slant the bottom to a 21/2 foot depth at one end. Then, using old lumber, he built a form for one end and half of each side; bought cement and with sand and gravel we had mixed a 1-2-2 concrete, and poured the 4 in. thick walls and floor in two installments, first one end and then the other. After smoothing over cracks and corners with a 1-3 mix. he plastered the whole inside with a brushed-on 1-1 sand and cement coat. The \$10 spent for cement was the only expense. Filled from the garden hose, the pool has no outlet and is emptied siphon fashion, thereby irrigating some near-by orange trees. A little bluestone keeps the water fresh for days.

Both children became perfectly



FUN FOR \$10-EXHIBIT 7

open the beds. All this must be attended to before any dashes out to the hills; it is only fair that chores be finished about the same time so everyone can enjoy his or her share of fun and relaxation. It is good for the youngsters to underat home in the water in their "overgrown bathtub," and still proudly invite young friends to share it. And later, when they finally outgrow it, Mother will have a garden pool for her gold fish and waterlilies!—CONSTANCE A. JENNINGS



Right in Step for Home Defense

It's a "War of Survival"—on the Home Front, too. And right in step with his fighting Uncle you'll find the Dutch Boy. He's America's sturdy home guardsman. Nothing helps homes survive the storm and the years like good paint — and good paint's other name is Dutch Boy White Lead.

Since Colonial days Pure White Lead has fortified the Nation's homes, farms and other buildings against the elements. And today Dutch Boy carries on the tradition. It's an outer defense that never cracks and scales—thus saving the cost of burning and scraping off old paint at repaint time. And its long, faithful service helps the cause by conserving paint materials.

Now Dutch Boy, formerly sold only in paste form, is also available as a ready-to-spread pure white lead paint. Especially designed for two-coat work it comes in Exterior Primer and Outside White. Together they give



sparkling whiteness and complete coverage with two coats — even on unpainted wood. Of course, all white lead paint can be colored.

Keep in mind — there's no combination like good paint and a good painter. And whichever form of Dutch Boy goes on your home—the famous paste or the new paint—"you're money ahead when you paint with White Lead."

Write for Free, 36-page, Color-Illustrated Booklet! Tells you everything you ought to know about buying a paint job. Address Dept. 400, care of the nearest office listed below

National Lead Company - New York, Buffalo, Chicago, Cincinnati, Cleveland, St. Louis, San Francisco, Boston (National Boston-Lead Co.), Pittsburgh (National Lead & Oil Co. of Penna.), Philadelphia John T. Lewis & Bros. Co.).

Sirs: Please send me a free copy of "Styling with Paint."

Luini.		
Name		
Address		
City	State	A. H. 7-42

· A NATIONAL LEAD COMPANY PRODUCT





Smith's "IRON ON" RUG BINDING

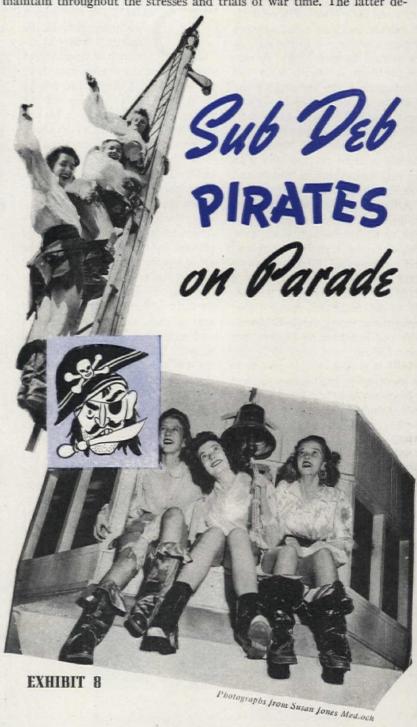
JUST IRON IT ON (no sewing). For rugs, carpets, linoleum. 10c a yard at Notion Counters of Dime and Dept. Stores, or mail money with rug ravelling for color to Gilman B. Smith Co., 123 W. 17 St., N.Y. C.

BIND WORN RUGS THIS EASY WAY



P TO this point our suggestions have aimed at simple, happy, beneficial summer living for the family as a self-contained, and largely self-sufficient unit. But that doesn't mean that entertaining must, should, or will be done away with. Or that the gradually growing up members of the family will have to forego their group activities with schoolmates or fellow club members. All that sort of thing can, with planning and the exercise of ingenuity, be done simply and economically without lessening in any degree the pleasure and recreational value derived from it. On the contrary, the fun of it will be augmented by the accompanying satisfaction of having accomplished so much for the enjoyment of so many, at so slight an expense.

Actually the only absolute requisites for successful summer entertaining, says Elizabeth Cleveland, are a festive frame of mind and a center of interest. The former is one of the elements of a normal, balanced attitude, a proper poise and point of view, such as we are determined to maintain throughout the stresses and trials of war time. The latter de-



pends on one's situation and surroundings, of course, but even more on the personalities concerned and their ability to be natural and at ease among themselves and with their friends. It may be anything from a backyard garden or outdoor living room to a sheltered terrace, a remote cabin in the woods, or even a cool, well-arranged, hospitable living room. The entertainment may revolve around lawn games such as padminton, clock golf, croquet, horseshoe pitching, or lawn bowls; it may concentrate on swimming, hiking, or other more or less strenges forms of relaxation; or it may focus on a Ping-pong table which, on occasion, turns

into a work table for ambitious amateur clay modelers, carvers of wood, soap, etc., makers of model airplanes, bird houses, and other handicraft products. Mrs. Cleveland writes of just such a development in the home of a young couple which, for some seasons, was the regular gathering place of a group of table tennis enthusiasts. One day, after that fad had died down and the table had stood idle weeks on end, the husband came home to find his wife experimenting with some modeling clay. Husbandlike, he scoffed at her first vase, but before the evening was over the creative urge had led him to turn out something faintly resembling a dog. Soon visitors became intrigued, first as spectators, then as workers, and at the end of the summer an exhibition was held.

You may not have a swimming pool of your own, but there may be one at a park or country club where you can arrange to hold a swimming party, to be followed by refreshments served informally in your own garden-perhaps under the soft rays of a floodlight, perhaps within the cool confines of your screened, paved terrace. There can be music-furnished by gifted guests or, if necessary, by the family radio judiciously placed near a window so as to give just the right volume. There is a wealth of games that can be played in such surroundings if and when the company runs out of subjects for leisurely discussion - which seems rather unlikely to happen, what with the new books, new movies, home defense developments, victory garden prospects and other highly debatable topics.

As to club activities, in the light of transportation problems the outon a new basis or have intensified and expanded the service and philanthropic aspects of their programs. Others will simply carry on with increased intensity-such as, for example, the "Pirates," a club for the younger girls of a progressive Southern city, described by Susan Jones Medlock and illustrated as Exhibit 8 on page 24. The name chosen by these energetic sub-debs refers not to practices or motives, but to their colorful costumes of satin-full-sleeved blouses, bright head-kerchiefs, short, ragged-edged breeches, and shiny pirate boots. These are worn when, once a year, the members solicit contributions for some local charity outside the downtown movie houses, and again for their annual dance, which is held in a hall decorated to resemble a pirates' den. The combination of pleasure, romance, and usefulness plus the appeal of the glamorous garb has kept the "Pirates" a definitely going concern for some time.

Another group in the same town is the "ABC Book Club," whose distinctive features appeal especially to those whose budgets cannot make much provision for book purchases. Notwithstanding the fact that the Club meets but twice a vear, has neither officers nor dues and is limited to a dozen members, it is responsible for a vast amount of quiet enjoyment and benefit. Briefly, the plan is that each member in turn (the order being decided at the first meeting) buys a highly recommended new book, reads it, and passes it on to another member (also according to a definite system), so that, in the course of the year, every member will have bought one book and had a chance to read twelve. At the last

NHAT TO DO

_in air raids _in first aid _with incendiary bombs



(with every Lysol purchase) for limited time only. Go to your druggist for your copy. He has a supply NOW. Get this valuable new booklet before you start your Summer Offensive against dirt-and germs. Pages on household disinfection, as well as emergency needs.



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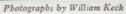
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look seems much brighter for small, local, neighborhood groups than for those that involve large memberships and broad areas. And, of course, many organizations that have hitherto been largely social are by this time reorganized

meeting, a drawing is made to see which book is retained by which member-or, perhaps, whether all the volumes shall not be turned over to some service book collecting agency. Also, suggestions are considered for the following year.

Wisconsin Vacation House



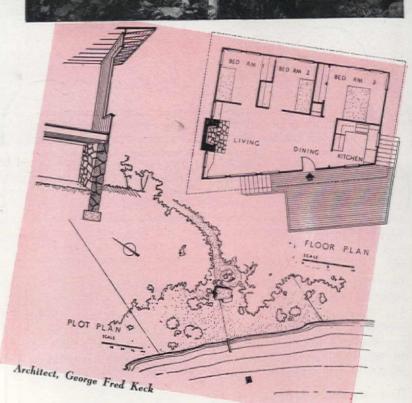


for Mr. and Mrs. and 4 little Kecks!

HEN the J. W. Kecks decided to build a house for their summer vacations and occasional spring and fall week ends in the northern Wisconsin woods, they had to find the answers to some very definite questions. In the first place, there were six in the family—Mr. and Mrs. and four little Kecks. This meant plenty of space and sensible comfort, for crowding and inconvenience can easily take the "V" right out of any family vacation. And so they came to the second puzzle—how to get what they wanted without running up the cost. Finally, the available labor back there in the woods was only semi-skilled, which called for some really simple type of construction that the local men could handle.

For several reasons it was decided to raise the house off the ground. One of them was the need of providing storage space for a rowboat, canoe, oars, and the winter window covers. Besides, the property was low, and since there would be no cellar, something had to be done to eliminate under-floor dampness. The extra elevation, too, would give them a better view of the near-by lake from the porch and windows.

You'll notice that the floor plan shows a decided taper in the outline of the house front. That's in order to get more south light in spring and fall, as well as a better lake view. Incidentally, it is also an advantage indoors, since it provides additional space where it's wanted and needed—around the fireplace, the real center of attraction on chilly evenings.



A woods cottage like this poses more problems to the builder than its simple appearance might suggest. And the fact that they must be worked out at low cost and with the generally limited facilities available on the spot gives them only added importance.

Special attention, of course, must be paid to the question of durability under the unique conditions which the location presents. A place which, like the Kecks', is really in the woods has to be able to withstand a degree of dampness which rarely exists where unbroken sunshine absorbs much of the normal moisture indoors as well as outside. In many cases, too, the prevailing dampness is increased during the fall and winter months by the fallen leaves which bank up in odd nooks and corners. Obviously, then, all construction and materials must be able to "take it" without the frequent attention that a year-round house receives. Fine finishes are pretty much out of the question in a place which has to face a northern Wisconsin winter without benefit of artificial heat!

roofing; it can be readily insulated later on. All this meant money saving, of course, and so do the stock double-hung wood sash windows—some of them fixed, and all with no more hardware than is essential.

Carrying on the economy theme, no interior doors are being put in for the time being, curtains serving in their stead. Warmth for chilly times is taken care of by a heat circulating device installed in the fireplace; it's big enough to keep the indoor temperature at 70 degrees even when it's freezing outside.

At present, a shallow well and a hand pump at the kitchen sink take care of the water supply, while other plumbing facilities are outside the house. The Kecks plan to put in a bathroom some day, locating it in part of the space now occupied by the middle bedroom, with the rest of the area given over to a narrow hall connecting with a small extension, which will house the banished bedroom. With such re-arrangement the plan would become suitable for year-round living in other types of locations. One of the owner's objectives, as a matter



The materials and construction are simple yet consistent with strength and durability. Footings are of poured concrete and the foundation of rubble stone. Wood joist construction was used for the floor, with no sub-floor; the flooring is tongue-and-groove 1" x 4" fir. Outside walls, as well as interior partitions, are made of two-by-fours, 6's and 8's, tongue-and-groove, painted on the outside and waxed inside. The roof is of wood rafters, 1" x 6" roof boards with 90-pound red slate surfaced roll

of fact, was to see what could be done in working out an inexpensive design that would be flexible enough to be adapted to a variety of requirements, including those presented by some of our defense housing areas, where adequate homes for the workers are such a vital question today. In this respect, he feels that he has succeeded.

The cost? Yes, it really was only \$1696.06, exclusive of the price of the land and the architect's fee. But the Kecks certainly got something worthwhile for their money!

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150 to a roll-less than 1¢ a dozen. Holders in green, ivory, white and red. At grocery, drug and department stores.







HEN Aunt Susie, visiting in your home, slips on the rug in your upper hall, and catapults down the stairs, breaking her glasses, swallowing her false teeth, and ruining her new chiffon dress, she may sue you, but the poor soul wouldn't be able to collect. It's the law. Aunt Susie may think she's a guest, but legally, she's a "licensee"-someone whom vou have asked to your house not for your benefit, and so Aunt Susie must be legally content to nurse her bruises, replace her glasses and dental work all by herself. According to law, there are three main classes of persons who can visit your home and your property, and if vou're a smart houseowner or tenant, you'll find out what your legal responsibilities to each are.

This triumvirate is made up of -Invitees, Licensees, and Trespassers, each having certain specific legal rights. For instance, you 'invite" the mailman or the plumber, the maid, or the paper hanger to your home for your benefit. Your house must be reasonably safe, for everyone's interests. If the plumber falls down your cellar stairs because of a structural defect, chances are the court will make you pay him damages. Even if you tell the "invitee" you won't be responsible, the law says you are, so be well prepared.

But, odd as it may seem, friends you ask over for bridge, people



ships are powerless to defend our homes. Every bit of oil we can save in heating our homes, means more for the mech-

If your present oil burning equipment is wasteful and beyond economic repair, turn to G-E for a replacement unit that's designed to give you maximum heat from a minimum of fuel.



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who get your permission to cut across your property, step in to use your telephone-anyone on your property with your permission, but not for your benefit-is a mere "licensee," and as such he takes the property as he finds it, hidden risks and all. It's up to you to warn him of any such he might be likely to encounter but, from there on, he's on his own. Believe it or not, the law says a fireman is in this class, too. He doesn't, it seems, come to put out your fire for your benefit, but for the community's, so even if you turn in the alarm yourself, you aren't responsible to a fireman for the bad repairs of your premises. But don't ask an out-of-town fireman to fight your fires, or a casual passerby either. They are "invitees," and as such can sue and collect if anything happens to them on your property because of your negligence. You can't be too careful!

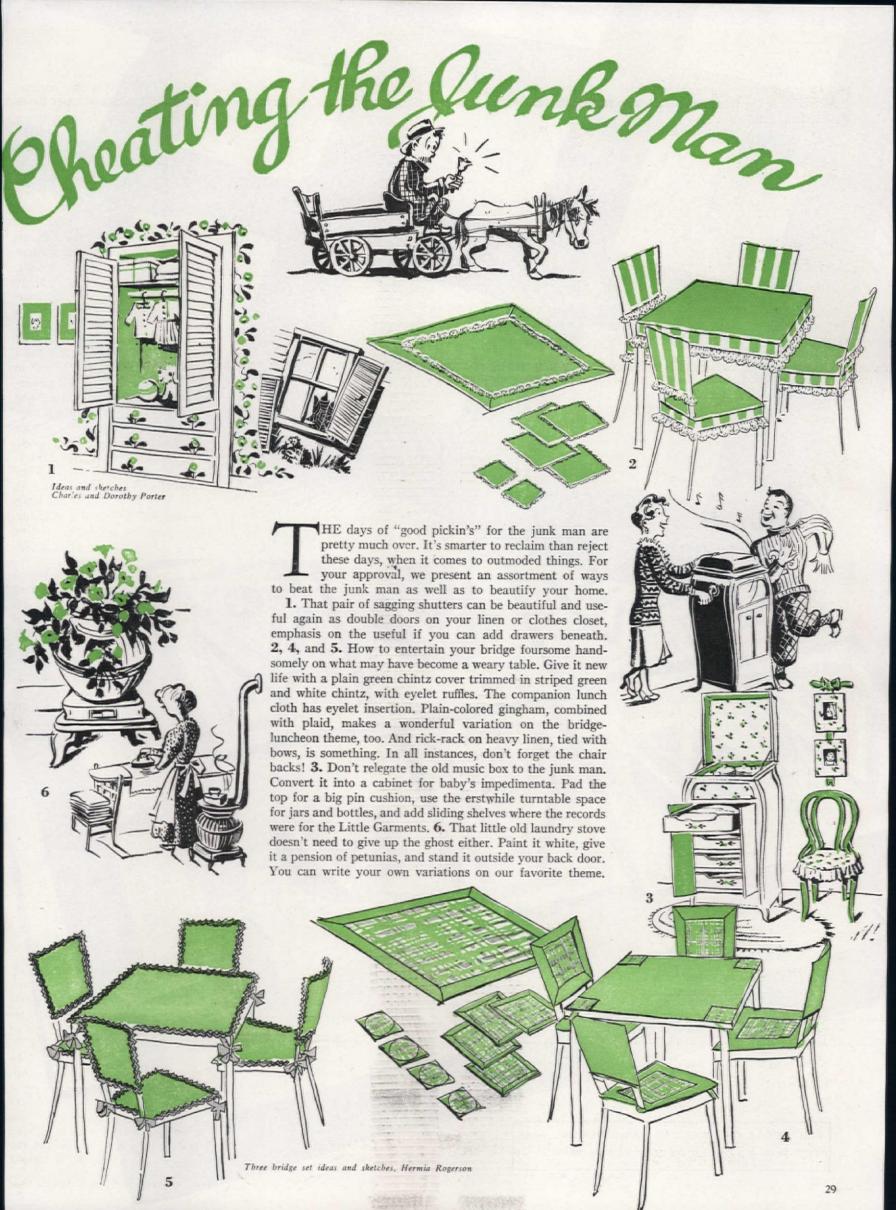
Trespassers have no rights. They accept property as they find it. They aren't necessarily criminals just because they are trespassing, and rou can't go around setting traps for them to wantonly endanger or hurt them.

Children, coming on your land due to some extraordinary attraction there, are trespassers, and yet, in some states, they hold a special status. It says they are actually "invited" on your land by those attractions, which, if they hold any hidden danger for them, are "attractive nuisances," and it's up to you to see that they don't hurt themselves. Hidden dangers only come under this rule, so if a danger



is not hidden, it's the parents' responsibility, not yours, to watch out for their offspring. Furthermore, "Nature cannot create attractive nuisances." A tree full of apples, a bluff with caves in it, and so on, does not have to be guarded by you to prevent children from hurting themselves.

You can save yourself a lot of headaches, and your purse strings a lot of unhappy strain, if you make it a point to know the law in your own state! - A. W. SMALL







MAKE HEIRLOOMS FOR TOMORROW

ON GUARD THE HOME FRONT COOPERATING B ACK we go, with heads high and hearts honestly happy, to wearing cotton stockings and riding bicycles; to raising our own table greens and saving our bacon grease; to practicing Poor Richard's thrift—we've done it be-

fore, and we're doing it again. Best of all we honestly like doing it. Along with this wave of reclaiming our lost virtues, interest is rapidly mounting in a treasured pastime of American women, quilting. Quilts have been an integral part of woman's work through the busiest years of our history, from the first days of the Pilgrims in a cold New World, when quilts were made just to keep out the chill of winter, and were strictly utilitarian articles. They progressed through the more prosperous southern colonies, where they became decorative and elegant, and later moved westward, where the two trends merged and vibrant new patterns came to life under the busy fingers of pioneer wives.

Bringing the art of quilting right up to the minute are the two patriotic appliqué quilts shown on the opposite page. The one at the top, an American History quilt, was designed and made by Ruth Truax. It contains twenty blocks, and on each is embroidered in blue the outline of a memorable event in our country's development. The first block shows the tiny fleet of Columbus; the last an airplane, symbol of our present-day civilization, winging over the clouds. Mrs. Truax made her quilt of a simple but very appropriate star-studded blue cotton fabric, bound with a bias-striped fabric of red, white, and blue. All of the quilting is done by hand, in a lovely herringbone and star design. The American Home design includes hot iron transfers for each of the embroidered blocks, and full instructions. The blocks are handy pickup needle work.

The quilt shown on the lower half of the page is a quilt your young son would be understandably proud to show to his pals now, and it will be even dearer to him in later years, for the work that you have put into its creation. Called the "Wings of Victory" quilt, it was designed and made by Mary E. Dye. The motifs are simple, the Victory V and the United States Army Air Corps insignia, but they form a strikingly colorful and timely theme. Our design includes detailed directions.

Quilting is pleasant piecework. It is a sociable pursuit, for nimble fingers are no obstacle to conversation. It is one of those arts of old that women can well renew, for there has probably never been a handmade quilt that was not considered a thing of beauty and a joy forever.



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Pacific Balanced Sheets can be depended on to give you longer wear and better all-round satisfaction, yet they cost no more. If you do not find them at your favorite store, write to PACIFIC MILLS, 214 Church Street, New York.

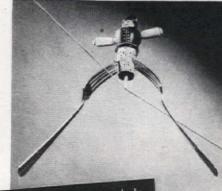
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If you have a lawn or garden, keep a can of Cyanogas on hand. This gas-producing powder will solve your ant problem. The spouted can is specially designed for treating ant nests. A pinch will kill all ants in nest — Instantly!



16. Painted daisy (pink)

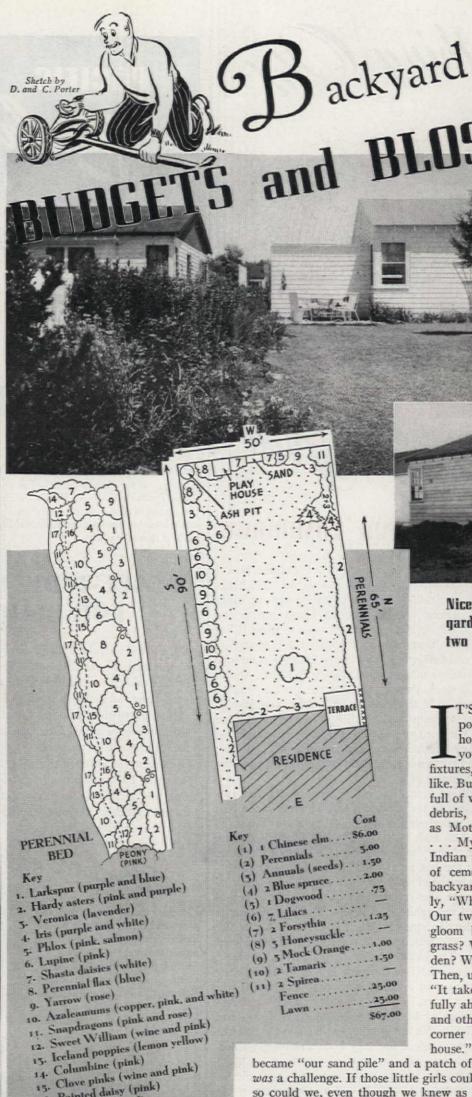
Violas (assorted)

Lilies (Tiger, Regal)

Tulips (yellow, pink, and wine)

SPECTACULARLY EFFECTIVE! Easy to apply. A little goes a long way. Drug, hardware, seed stores carry Cyanogas or can get it for you.

30c-ENOUGH TO KILL A MILLION ANTS



Nice new house but no garden budget? See what two years and \$67 did

HELEN LEWIS

T'S thrilling to be the proud possessor of a brand new house, even if you have spent your last penny for shower fixtures, extra closet space, and the like. But what about that backyard full of weeds, craters, and building debris, with the budget as empty as Mother Hubbard's cupboard? . My husband and I sat down Indian fashion on our little square of cement terrace, surveyed our backvard domain and said dismally, "Where do we go from here"? Our two little girls deepened the gloom by asking, "Where is the grass? Where is our very own garden? When can we have a picnic"? Then, undaunted by our muttered, "It takes money," they went gleefully ahead, piling scraps of siding and other building material in one corner of the lot "for our playhouse." A heap of left-over gravel

became "our sand pile" and a patch of weeds "our flowers." That was a challenge. If those little girls could do so much with so little, so could we, even though we knew as little about garden making as they and had no idea what we would use for money. What we have accomplished in two years for \$67 may be no more than thousands of others are doing, but it may encourage some who face what we were up against. Where did we get the money? As every gardener knows, when the gardening bug gets you, you manage somehow; you buy grass seed instead of giving that housewarming party, you live in slacks and dispense with summer finery, you don't spend money going places. We knew we couldn't possibly manage more the first year than part of the lawn, a fence, and some foundation planting, but we felt that the whole garden should be planned from the beginning. With the Rocky Mountains to look at, we rejected the customary poplars across the back in favor of shrubs there and down one side, the other to be perennial border in front of a simple rail fence—that type being chosen because it seemed safer than the usual pickets and because it cost us half as much! With the two-year plan in mind, we started on the back lawn, digging up all but the back fourth, which we left as a play yard for one year.

Fresh from his successful fence building, my husband tackled the pile of salvaged building material, and the girls think the finished product the most beautiful playhouse in the world. Certainly it fits into our plan of a garden that

every member of the family can have a part of for whatever purpose he or she wants it. And if it attracts too many youngsters for the safety of my petunias, it keeps my children happy in their own yard.

Came fall and the planting of one tree and part of our scheduled purchase of shrubs. Then friends took pity and contributed a variety of bushes and perennials, often leaving us to our own devices in planting them. In consequencenot knowing which were which and what their habits—you can imagine about what the result was. But, oh, what fun we had both doing it and, as we learned by experience, correcting our first mistakes! Now we have a border 65' x 5' that blooms from spring until frostthough we still use some annuals to fill gaps that perennials will ultimately fill. For the terrace the first summer we painted nail kegs white, padded the closed ends and covered them with blue oil cloth, and used a card table; also we built a lath trellis and planted gourd seeds, which gave us privacy in a hurry. Last summer we set out silver lacevines which, we are sure, will cover the trellis by "next year"—as every gardener says. Having no big garden investment to make, we bought a table and umbrella for the terrace, which make it just about perfect.



What if the playhouse, made by a novice out of scrap lumber, is a bit lop-sided? The children consider it perfectly beautiful

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City and State



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overload one outlet.

Probably you'll want to improve your wiring after the war, so write now for General Electric's booklet on rewiring, "The Poor Wife's Revenge." It will help you plan. Address Section CDWG-267, General Electric Co., Appliance and Merchandise Department, Bridgeport, Conn.

GENERAL & ELECTRIC



The first logs are laid-



And more are added-



Until the roof is done-



And the job is finished!

O, THE spirit of the pioneers has not gone the way of the dodo. It is still possible to "hew a home out of the wilderness" with little more than an ax, a saw, a hammer, and a strong back. We know, for we spent last summer doing it at a total cost of \$267.61 for land, materials, and such labor as we had to hire!

Finishing touches on the small cabin at the edge of the forest

One doesn't have to live long in the Puget Sound country, with its broad salt water dotted with hundreds of islands of all shapes and sizes from rocky projections to large wooded expanses fringed with green, rolling farms, to begin longing for a place on an island somewhere. But in our case we foresaw obstacles. In the first place, we would have to do our own building with as little expense as possible. When we actually started looking around we bumped into another barrier: beach property was \$7.50 to \$10 a foot—completely out of the question on a university instructor's salary. That was a disappointment, but we soon decided that we could be just as happy in the woods if we could have ready access to the beach when we wanted it.

On the other side of the ledger, we had several points in our favor. First, we are both strong and healthy and better able to stand up under hard work than the average young couple. Secondly, Sverre, my husband, is well acquainted with the principles of carpentry and house construction, knows how to handle tools, and, most important of all, is an expert ax-man.

In December we finally found just the spot—Guemes Island, three miles wide and seven long, situated right in the harbor of Anacortes, Washington. We first went up there to visit my aunt and uncle, and through them we found Tony, our guardian angel, who was willing to sell us three acres of fine second-growth timber for the ridiculous sum of \$50 just because he liked us and wanted us to have a place there on the island.

Clearing the land looked like a pretty hopeless job at first, but then Sverre put his ax to work and I soon learned to swing a brush-hook better than a broom. By spring vacation in April we had about a third of an acre "brushed out." During that week my uncle and Tony helped us fell the trees and cut the logs for our cabin (the stumps were blasted out later).

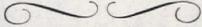
When school was out in June we really started to work on a 10' x 12' cabin to live in while we built the large one; for the time being we slept in a tent and ate with my aunt. In about ten days we had the walls up, the purlins laid (we used a Scotch roof), and the shiplap floor in. We had to lay the floor before the roof because the cedar shakes we had ordered were slow in coming. It should be done the other way, of course, but we were lucky enough to have dry weather during this part of the work.

The next two weeks were spent putting in the windows and the door, chinking and building furniture. We used 3 parts of lime, 4 parts of cement, and 12 parts of sand for the chinking, applying it from both sides so that it fused in the middle. Our furniture consists



Yes, it's done with mirrors—big ones or little ones, whole ones or in pieces—hung on strings or thin wires here and there in the fruit garden so that they swing and send flashes of sunlight in all directions. Robber birds just can't figure what it's all about, so they go away from there as fast as their wings will carry them.—MAY LEWIS

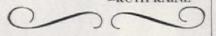
of double-decker bunks made of cedar poles, a large shelf with cedar poles on the sides and six shelves built of two widths of shiplap left from the floor, another long shelf made of two 12-inch boards, a small plywood table hinged to the wall so it can be let down out of the way, a driftwood bench, and a closet made from cedar siding that Tony had lying around, left over from his house. We got a cookstove for \$8 in a secondhand store and put it into the little cabin temporarily. There's a small heater there now, which makes it a very cosy and comfortable guest cabin.



BADMINTON COURT IDEA

Mark your badminton court with a thin mixture of cement. It lasts more than a year in some cases and can be removed easily when it finally cracks up like cake-icing. It won't hurt the ground any more than lime. Won't trip the player up like tape.

—RUTH RAINE



After a month we were ready to start our real job—the big cabin! If we hadn't had all those shining logs staring us in the face I think we would have rested on our laurels until next summer, but rather wearily we started plotting out our floor space for one large room 16' x 27' with a semi-partition 7 feet from one end. This time we put cement pillars at the corners and rocks in between. We also put in the cement footing for our fireplace before laying the base logs.

At last we had everything done except the fireplace. Again we started hauling sand, gravel, and rocks. We were afraid to tackle the actual building of the fireplace alone, but once more Tony came to the rescue. Under his direction we bought the proper materials and started to build. Three days later we had all the brickwork done and the rocks built up to the eaves.

Finally the big day arrived when we were to build our first fire—the act that really marked the completion of the cabin. Would it smoke? It did—and our hearts sank. It was as though the whole summer's work had been in vain. Then, as the chimney warmed up and the cement began to dry out, the fire started to roar and the smoke cleared away. We settled back and watched the flames, the light on the golden logs, the even rows of shakes above.

As the fire burned down our thoughts came back to realities. We had to pack! A whole summer's work, not one but two beautiful log cabins finished and waiting to be lived in, and we had to go back to Seattle! But just wait until next summer rolls around—we'll have an honest-to-goodness vacation!—MARGARET ARESTAD



THESE are fighting times—and it's every American's duty, to his country as well as to himself, to fight waste.

One way to do that is to make things last longer by taking the best possible care of them. And, when it comes to paint protection for your home, the way to use labor as well as materials to the best advantage is to paint with pure white lead paint.

This is true because white lead makes tough, weather-fighting paint that gives stout and enduring protection to the surfaces it covers.

Then, because the paint job itself lasts so long, white lead cuts painting costs by spreading them over extra years. And in these days, there's no telling how long your next paint job may have to last!

White lead is made from one of the most durable of all metals—lead. Like lead itself, it resists time and wear. It gives elasticity to paint—which prevents brittleness, cracking and scaling even

under the severest weathering effects of sun, wind, heat and cold.

Experienced painters recommend pure white lead paint because of its beauty and long service. Yet, the price of white lead paint is no higher than regular quality paints. It's one more case where the best is truly cheapest!

LEAD INDUSTRIES ASSOCIATION 420 Lexington Avenue, New York, N.Y.

CONSUMER'S INFORMATION

Pure white lead is sold by paint stores in two different forms: (1) as a paste, commonly known as "lead in oil," for use by painters and decorators in mixing their pure white lead paint to order for each job; (2) as pure white lead paint in ready-to-use form, in popular-size containers. You are not confined just to white—white lead can be tinted to a wide range of colors.

White lead is also the backbone of other quality paints. In buying exterior paint it is a safe rule to follow: "the higher the lead content, the better the paint."

FREE GUIDE TO BETTER PAINT-ING—Send today for valuable booklet "WHAT TO EXPECT FROM WHITE LEAD PAINT" containing complete information about low-cost quality painting on all types of surfaces.



You're money ahead when you paint with

Thirty Lead

Thir



Tampax Cannot Chafe [worn internally]



PUT all that monthly-chafing worry out of your mind. Listen to the voice of experience and use Tampax for sanitary protection... Modern women all around you are discovering this wonderful invention of a doctor who realized what troubles a woman can have in hot, chafing weather—especially housewives and "the girls at the office."

You need no belts, pins or pads. Also you need no sanitary deodorants, as no odor forms with Tampax. This dainty device consists of pure, surgical cotton compressed and sealed in one-time-use applicator. It is so perfected that the wearer actually cannot feel the Tampax. She can dance, play games, swim... use the shower... with amazing freedom. Tampax is so compact that disposal is naturally easy.

Regular, Super, Junior are the three sizes to meet all needs. (The new Super is about 50% more absorbent.) At drug stores, notion counters. Trial box, 20¢. Economy package of 40 gives you a real bargain. Don't wait for next month. Tampax Incorporated, Palmer, Mass.





games described opposite, hold up a menu like the one shown above (Yellow Warning—Blackout Delight—First Aid Stimulant) and offer a prize to the person who writes down the best interpretations of the items listed. Our fare for hearty The American Home, July, 1942



HOW YOU CAN HELP SAVE MILLION POUNDS OF MET

WHEN YOU GO TO BUY WINDOW SHADES

- * Famous CLOPAY window shades attach easily to old rollers
- ★ Use no vital metal, cloth, or other essential material



HOW MUCH METAL HOW MUCH METAL can America save annually by using old window shade vollers? Enough to build A30 light tanks or 200,000 machine guns.

CLOPAY WINDOW SHADES h easily to old rollers patented gummed strip-tacks or tools needed

OF COURSE, YOU WANT to keep your windows bright with crisp, new window shades. But even more, you want to help in the war effort. That's why you'll want to join the millions of smart American women who buy famous, thrifty CLOPAY shades. For although 10c* and 15c* CLOPAYS look like costly cloth shades, they require no cloth, use no metal or other most essential materials . . . they attach right to your old rollers. Get them at your 5c & 10c, or neighborhood stores. For free color samples, write CLOPAY, 1201 Clopay Square, Cincinnati, Ohio. *36" x 6', ready to attach to roller

You'll also find CLOPAY LINTONES and CLOPAY Oil-finish WASHABLES on rollers at 29c and 45c. But un-less yours is a new home or your old rollers are worn out, you'll save the most for yourself and your country-by buying "Shademore" 10c and "Lintone" 13c shades, attaching them to your present rollers.

WINDOW SHADES

10c and 15c...same low price for 10 years



Keep home lights on as usual behind

CLOPAY BLACKOUT SHADES
Light-proof. Edisy to put up as any window shade. Only 39c up, complete on roller with hold-down brackets to prevent escape of light around window frames. Heavy opaque midnight-blue material. At 5c to \$1.00 stores, hardware and department stores. Write for sample swatch.

By OCD ruling, available only within 300 miles of coast, or in other "target" areas.

Wood Venetians are War Veterans. In Britain, they have belped protect lives and property from shattering glass.



"Man, what a vacation, just bumming, loafing, resting at home. Cool natural breeze that I can turn on or off. Light or dark room, just the way I want it. And it took just a part of our vacation money to put those Wood Venetian blinds all over the house. That's fifty-two weeks of enjoyment, for years and years. Oh well, ten o'clock, time for breakfast. Those Wood Venetians almost paid

for themselves this morning." Smart man, he invested smart money. Made his old home seem new again. Made his home worth more. He chose wood, for only wood blends with the things of wood that make a home so harmonious and restful. You can enjoy this summer in coolness and real comfort. Decide now. Insist on Wood Venetian blinds.

For free brochure, write Wood-for-Venetians Assn., 939 Russ Bldg., San Francisco, Calif.



can show you pieces for any room in

H. T. CUSHMAN MFG. COMPANY, Box 141, North Bennington, Vermont

reations

appetites was creamed eggs on toast, devil's-food cake, and coffee. The whites of the hard-cooked eggs are in the cream sauce, and the yolks are chopped up and sprinkled over the top, thereby giving "yellow warning" effect. Or, you might try some kind of American cheese dish. You can't improve on the chocolate cake and coffee. winners for the prize offered to the fastest and fun because it's both silly and fastest warden. This is good healthy exercise, and fun because it's both silly and fastest warden. This is good healthy exercise, and fun because it's both silly and fastest warden. Your main problem is to get dishpans big enough to fit your guests! flooded that the only transportation is by boat. The boats which you produce at this point are large dishpans. Select two or three wardens, help them into their reports to the other end of the room. The and have them race with their is so being delivered in spite of fact that water burst and the area games on reverse side of each care actly like an Idaho baking po-tato. Give the starting signal, and the race is on to see who on the floor on an inverted plate, which end of the room, finishing with can roll his potato to the other curiously enough, will look exfront of "bomb" which, with armed up two for the purpose. A final winner can be established by having a necessary. This harks back to the old potato races you had table knife, BOMB disposal

40

ushman colonial

nine separate operations,

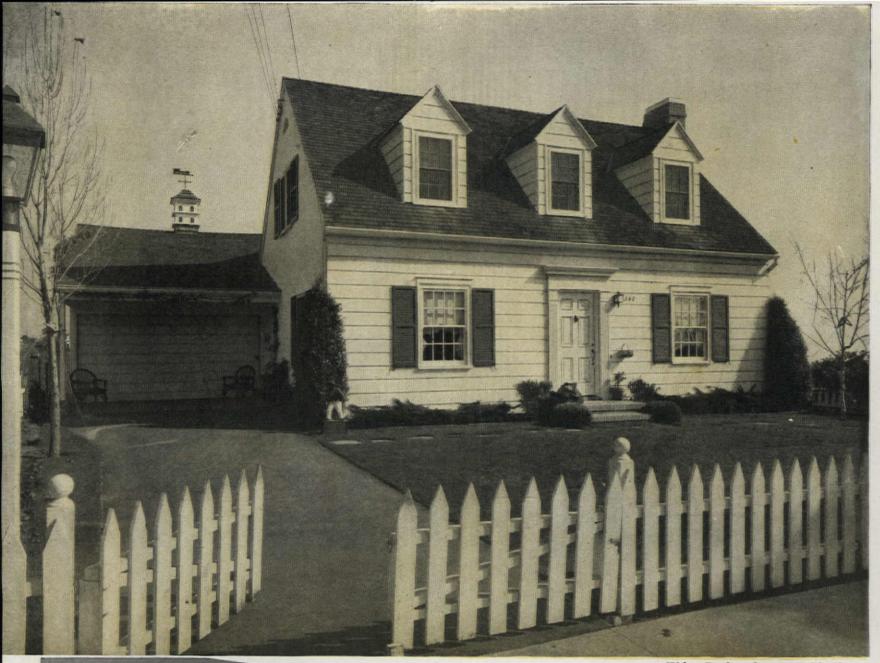
Home is where the Hartleys are



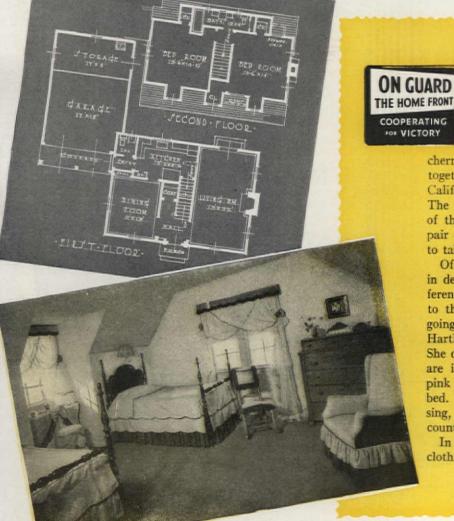
to be a story and a half, with second-story clipped ceilings, it was to have full dormers, a covered entrance from the garage into the house. The doorway was to be a gem of simplicity, authentic to the last panel.

As it worked out, they had to do a bit of curtailing here and there so that, instead of an all-wood siding house, the side and back walls are of plaster, which adds much to the atmosphere. Well built and shining white, this little house holds more charm per square inch than you'd think possible to get into five rooms, but then, it's all in the way one does things, and Mrs. Hartley knows a secret.

When the house was finished, it was furnished, as you see it, not with new furniture from the shops, but with the lovely old walnut and cherry pieces that had been in Mrs. Hartley's childhood home, back in Missouri. So many of us, on the prophet-not-being-appreciated-inhis-own-home basis, rather thankfully left the furniture we grew up



Wilson Brothers, designers and builders



with and started out on our own. Not this lady! She loved these familiar things, loved them enough to want to go on living with them even if it did mean shipping them en masse halfway across the continent. True, they aren't collector's pieces of rare mahogany, but the walnut and the

cherry were carefully picked and as carefully pegged together by patient old cabinetmakers. So into this new California home came this bit of "Early Middle Western." The walnut has been refinished to bring out the beauty of the grain. Even the gold-leaf shadow boxes and the pair of blue and white gravy bowls made the long haul to take their places on the simple mantel.

Of course, there's nothing new about using antiques in decorating; it's how they're used that makes the difference. This furniture that had traveled all the way to the coast deserved a proper background which was going to dramatize its simple, solid dignity. Did Mrs. Hartley go out and buy expensive brocades and damasks? She did not! All the fabrics used in this gay little house are inexpensive cottons. Take, for instance, the candy pink valances, chair ruffles, and slip covers on the day bed. They're calico, and how they make the whole room sing, even with the weight of walnut and cherry to counteract. A cleverly planned balancing act!

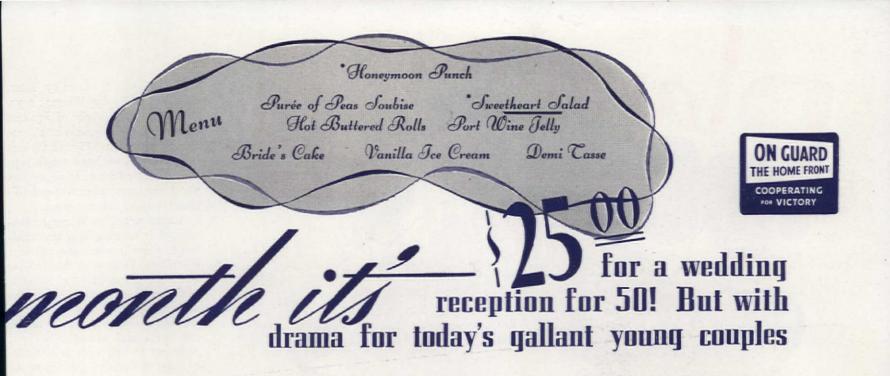
In the sweet, sweet guest room, it's plaid taffeta broadcloth that does the trick with the capacious walnut bed,









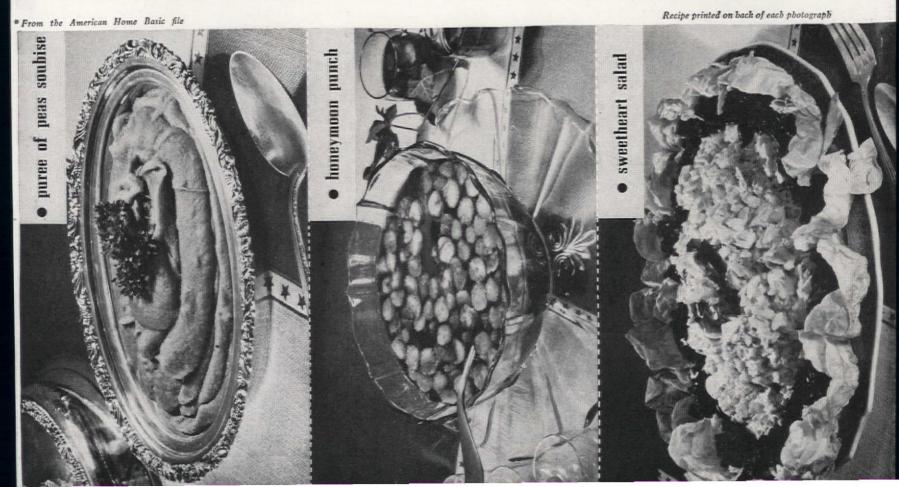


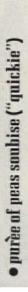
HE bride always wears white, of course. But then add her young man resplendent in his summer white officer's uniform. Plus an all red, white, and blue table, from the white bride's salad surrounded by cubes of port wine jelly to the nandsome cloth made of one red, one blue, and two white squares. And the traditional bride's cake, placed on a toy drum. There's the call to colors, symbolic of an extra large portion of courage and aith in the future. There's drama for you, a beautiful send-off or a gallant young couple just beginning their life together.

Since chances are you'll have to plan such a wedding to fit in vith a sudden leave, and certainly you won't be sitting around with ime on your hands in the meantime, we've kept the necessary oreparations simple. Effective and dramatic and all that, but with no tiresome, fussy details that seldom are noticed anyway, and ight now certainly aren't worth the time and effort. It's done on a trict budget, too, with \$25 serving all fifty guests to fine food. But nevertheless it's a beautiful affair, and our bride, in a fresh white otton piqué that will be her best dinner party dress for years to some, is lovelier, we think, than one done up in a hundred dollars' worth of cream-colored satin never again to be worn and enjoyed.

This wedding reception was staged at Herman Smith's country house in Connecticut, and you see the master's touch in every detail, even the bright red geraniums in baskets hanging on the whitewashed wall behind the table. Most amazing feat, though, is the budget food, good as anything the gourmet society ever dreamed up, pleasing alike to the fourteen-year-old kid sister, her dignified grandmother, the handsome guests. Easy to prepare, too.

That sweetheart salad is your favorite chicken salad dressed up as never before with diced celery, apples, and hard-cooked eggs, but Mr. Smith has a trick in the right proportions (especially enough apples), and finishes it off with chunky squares of port wine jelly to balance a delicate flavor. Along with this, something hot—purée of peas soubise, which starts out as condensed pea soup, to which you add minced sautéed scallions, then heat the whole business. Nothing could be simpler, and nothing could more easily convince the guests that you personally had puréed and seasoned each individual pea. Within the same rock-bottom budget limit you can also have the cooling punch, of cider, orange, pineapple, and cranberry juices in an iced-tea base. To pretty it up have strawberries floating around on top. Grand finale is bride's cake and ice-cream.





Preparation time: 25 min. for 6

oz.)

50 SERVINGS cans (10½ oz. bunch lb.

6 SERVIJGS cans (10½ 02.) small soup....3 Scallions.
Margarine
Green coloring pea Condensed cream of

R EMOVE pea soup from tins and place in top of a large double boiler. Chop scallions fine and cook in 3 tbsp. margarine until yellow and tender but not brown. Add to soup with remainder of margarine. When well heated, stir and add green coloring drop by drop, stirring well after each green peas. Serve hot. addition until color is like that of fresh

An easy way to make puréed peas without fuss and bother.

complex 168 cal. per serving. Source of vitamin A and B

Recipe submitted by

HERMAN SMITH

THE AMERICAN HOME KITCHEN

annin

SERVINGS honeymoen punct Fresh strawberries...

Preparation time: 15 min. for 50 SERVINGS cup gal. qt.

Sugar...Freshly boiling water

Honey
Sweet cider.
Orange juice, canned or fresh.
Canned pineapple juice.
Bottled cranberry juice.

steep for 5 min. Strain and dissolve honey in hot tea. When cooled, add cider LEAN, hull, and slice strawberries. Sprinkle with sugar and let stand for 1 hour. Pour boiling water over tea in scalded bowl or pot and let and orange, pineapple, and cranberry juices. Place a large piece of ice in punch bowl and pour punch over it. Add strawberries for garnish.

84 cal per serving. Source of vitamins A, B complex, and

by Recipe submitted

HERMAN SMITH

THE AMERICAN HOME KITCHEN

sweetheart salad

(chicken or turkey).

cups (3 lb Apples Mayonnaise 75 c Salt 1 tsi Vinegar 2 tb Boston lettuce

sait, and vinegar together. Mix lightly fowl, celery, apples, egg, and mayonnaise mixture. More salt may be added according to taste. Pile on platter; garnish with leaves of lettuce Cover and simmer until tender. Chill, cut from bones, and dice. Hard cook the eggs, chill and chop coarsely. Wash and dice the celery; peel, core, and cube apples. Mix mayonnaise, LACE fowl in kettle, nearly cover with water, and add tops of celery and onions and cubes of port wine jelly. Chill thoroughly before serving,

in which chicken was cooked, as it makes an excellent soup or flavoring. Save stock

Submitted by HERMAN SMITH

(HIS year, even if you have never so much as made a glass of grape jelly before, you'll be wanting to can or preserve some of the excess fruits and vegetables from your Victory garden. But unless the rules are followed, your efforts, instead of producing successful results, may be wasteful of both food and time. First of all, because you are in the canning spirit, don't go overboard and plan to can everything. Glass jars are precious this year and should be filled only with the food your family really likes and will eat. It's wasteful to use food, jars, and time on products which your household will

sniff at instead of enjoy later. Mrs. Helen Bridge Wingert says, "Canning for a family of five last summer, without benefit of a home garden, netted a \$75 war savings bond. Having on hand ample supplies of canned fruit and vegetables which the family likes was an additional reward for my work."

According to Mrs. Wingert, planning your canning is a real challenge. Here is what she advises: List all the foods your family likes and make an estimate of what it will consume during the months when fresh fruits and vegetables are not so easily available. Consider the kinds and amounts of food necessary to feed your family adequately, and with proper regard for the vitamins and minerals essential for health. If you do not have a garden, buy carefully, so that the money saved will be worth the effort involved. It may seem like extra work, but keeping a record of costs will be well worth while. You'll get greater satisfaction from your canning if you can tell to a penny just what you have saved by your preliminary effort.

Mrs. Wingert figures her family needs for one year to be 209 jars of fruits and 346 jars of vegetables, as follows: FRUITS-36 qts. rhubarb and strawberries, 36 qts. rhubarb and pineapple, 5 qts. strawberry juice, 24 qts. cherries, 24 qts. plums, 12 qts. blueberries, 12 qts. apricots, 24 qts. peaches, 24 qts. pears, 12 qts. grape juice. VEGE-TABLES-36 pts. peas, 36 qts. corn, 24 qts. string beans, 12 pts. lima beans, 12 pts. vegetable mix, 48 pts.

Your Victory garden will help keep

your family well fed all winter, too,

if you plan your canning to make

use of all your excess vegetables and

We give you sugarless canning

Preparation time: 50 min. for Cooking time of chicken not include 50 SERVINGS 12 cups (15-18 lbs.) 12 cups (6 bunches) cups (5 lb.) 2-2 qt. tbsp.

ON GUARD

280 cal. per serving. Source of vitamins A, B complex and C.

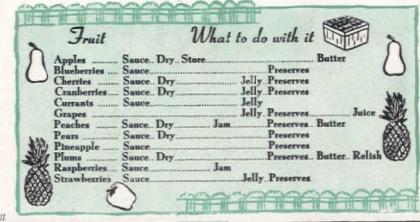
Tested in THE AMERICAN HOME KITCHEN

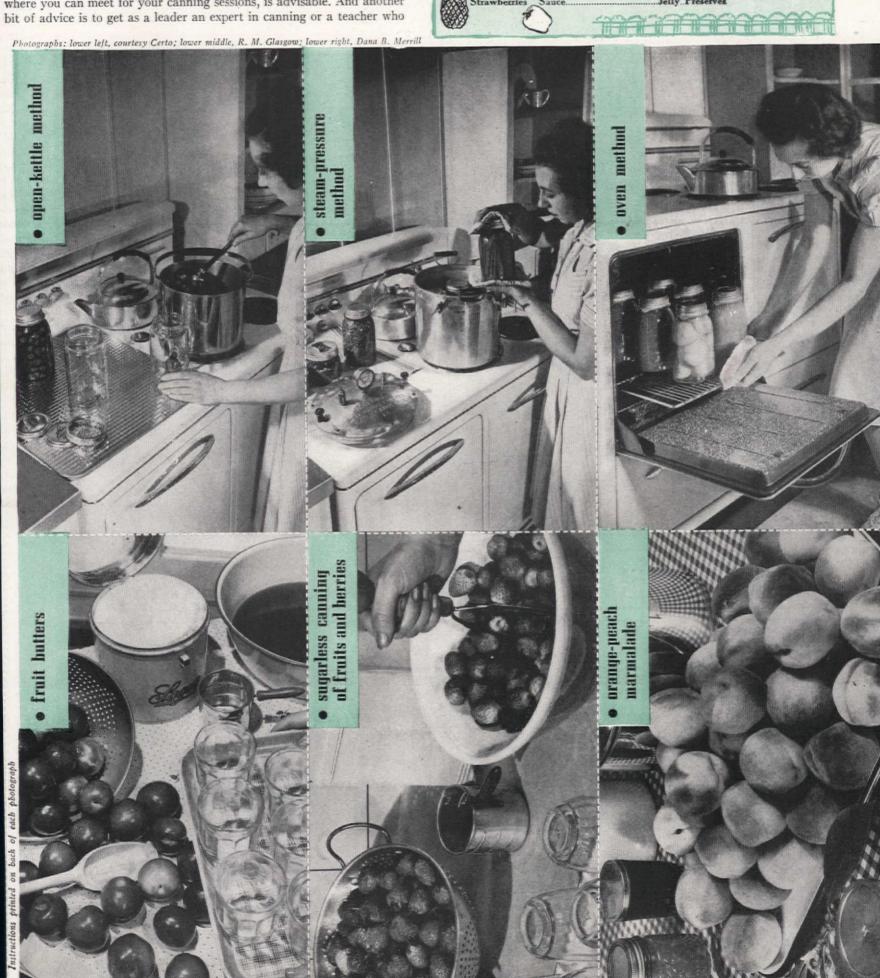
dill pickles, 10 pts. sweet pickles, 84 pts. tomatoes, 84 pts. tomato juice.

The pext thing Mrs. Wingert does, after making out such a working

The next thing Mrs. Wingert does, after making out such a working guide, is to plan methods of canning and preserving to be used. She checks the number of glass jars on hand and storage space available. For storage space, select a cool spot and one that is accessible. Put up shelves if necessary, and either paint or cover them with paper.

If you want to economize even more, organize your friends or neighbors into a cooperative canning club and buy all your products and jar equipment in larger quantities. A laundry converted into a canning room, where you can meet for your canning sessions, is advisable. And another bit of advice is to get as a leader an expert in canning or a teacher who





12 medium-sized peaches medium-sized oranges Peel from 11/2 oranges

1/2 cup chopped red cherries 4//2 cups sugar (approximately) 1/2 cup nut meats (optional)

sugar. (If fresh cherries are used, add them at this time, too, but if the cherries are burning. Just before removing from heat, nut meats may be added. Pour into and orange peel. Measure into a large preserving kettle and add an equal amount of canned add half way through the cooking period.) Bring to boiling point slowly and boil rapidly until thickened—approximately 25-30 min. Stir occasionally to prevent ASH, peel, and pit peaches. Peel oranges, and grind peaches, oranges, sterilized jars and seal. Makes 9 glasses (6 oz. size).

658 cal per glass with nut meats. Source of vitamins A. B complex and C.

Courtesy of KERR GLASS

THE AMERICAN HOME KITCHEN Tested in

sugarless canning of fruits and berries

RUITS used for pie making or for sauces may be canned without addition their own juices. Water is not required. Berries or fruit are cleaned and prepared of sugar. Juicy fruits, as berries, cherries, currants, and plums, should be canned in for cooking. Then simmer from 2 to 4 minutes and pour immediately into hot sterilized containers, seal, and process in hot water bath as directed.

Prepare for cooking and add just enough water to prevent sticking or enough to For apples, peaches, and pears or other less juicy fruits, some water is required. make a sauce, Precook for 5 minutes and pour into sterilized containers, Process in hot water bath, following chart for correct length of time.

Test jars carefully, as having a perfect seal is very important when using this

method of canning.

If you plan to use these fruits or berries as a sauce, we suggest that you open them at least half an hour before serving and add sugar to taste.

THE AMERICAN HOME KITCHEN Tested in

fruit butters

NLY the ripe, firm portions of the fruit should be used. Wash thoroughly and prepare as follows:

Apples: Quarter and leave skins on. Cook equal amounts of fruit and water. Apricots and peaches: Scald and remove skins and pits, Crush and cook

Grapes: Remove from stems and cook.

Pears: Remove stems, quarter, leaving cores and skins intact. Add half as much

Plums: Remove pits, crush, and cook. water as fruit and cook,

Cook fruit until soft, stir frequently. Press through colander; measure. To each mediately into sterilized containers and seal. Other spices or larger amounts may be rapidly, stir constantly. As butter thickens, reduce heat and cook until no liquid separates from pulp when small amount is poured on cold plate. Pour butter imqt. pulp, add 1 cup sugar, 1/8 tsp. cinnamon, 1/8 tsp. nutmeg, pinch of salt. added as desired.

THE AMERICAN HOME KITCHEN Tested in

oven method

SE this method only for fruits, including tomatoes; it cannot be used for vegetables and meats. Use oven with temperature control or oven thermometer. (Double check oven temperature before starting, as accuracy is essential.) non-acid

medium syrup, use 2 parts sugar to 4 parts water; for thick syrup use equal amounts Add liquid or syrup. For thin fruit syrup use 1 part sugar to 4 parts water; for 1. Prepare fresh fruit, Cook until thoroughly heated and pack into sterilized jars, of sugar and water.

3. Leave 1 inch space in jar to allow room for boiling.

4. Preheat oven to 275°; do not use top unit. Set jars 1 inch apart directly on wire acks or on cookie sheet which does not touch sides of oven.

5. Process required length of time:

Apples, apricots, cherries, peaches, plums, and strawberries for 35 minutes. All beries, currants, and rhubarb, 25 minutes. Tomatoes, 45 minutes. Pears, 50 minutes.

Remove jars from oven. Tighten covers. Cool. Test seal. Store in cool place.

From THE AMERICAN HOME KITCHEN

steam-pressure method

Follow manufacturers' directions carefully for length of time and desired pressure SE only this method for processing all non-acid vegetables and meats. to process foods.

1. Precook vegetables according to manufacturers' directions. Pack food hot into clean, hot jars.

2. Add salt and hot water or liquid from vegetables to one inch from top of jars

3. Place jars on rack in pressure cooker containing two inches of water. Leave ample space between jars for free circulation of steam. Adjust lid and fasten lugs. Bring up pressure and process jars length of time according to manufacturers' directions.

4. After processing time is completed remove pressure cooker from heat. Allow indicator to return to zero. Open petcock gradually. Be sure all steam has escaped before lifting lid. Caution: Tilt lid toward you, so any escaping steam does not burn face. Remove jars from cooker, Tighten covers. Cool carefully, Label and store

cool place.

From THE AMERICAN HOME KITCHEN

open-kettle method

HIS method may be used only for fruits, including tomatoes.

1. Prepare fresh fruit for canning. Measure, put into kettle of granite, enamel, aluminum, glass, or steel (not iron or tin) and add sugar or syrup for desired sweetness.

Quickly fill sterilized jars, one at a time. Fill jar to top and be sure no air bubbles Boil fruit for several minutes or until firm fruit is softened.

4. Cool jars carefully. Test for seal, Label before storing in a cool place. are left in jar. Seal each jar immediately.

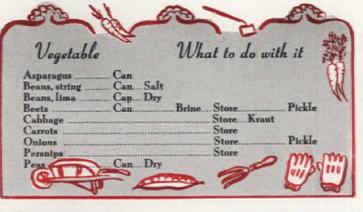
ruit juice:

1. Ripe fresh fruit yields better flavored juice. Use grapes, moderately tart apples, oganberries, blackberries, raspberries, plums, or tomatoes for juice.

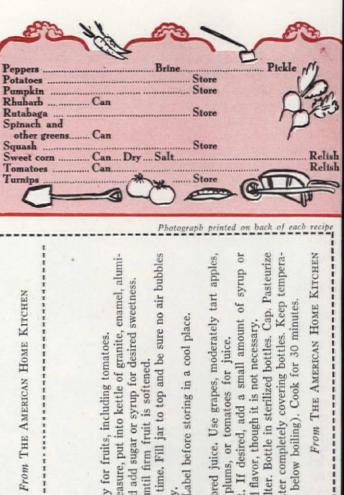
2. Heat the prepared fruit until soft. If desired, add a small amount of syrup or sugar which will help to retain color and flavor, though it is not necessary.

3. After fruit has cooked, strain or filter. Bottle in sterilized bottles. Cap. Pasteurize filled bottles in hot water bath with water completely covering bottles. Keep temperaure of water to 175-185 degrees (just below boiling). Cook for 30 minutes.

From THE AMERICAN HOME KITCHEN







really will help you with your canning problems. Farm women have always known the pleasure of sharing equipment and helping with work. Urban women can, too.

GLEANED from state and government bulletins on "what to do with surplus foods" we give you these rules for conservation:

1. Plan for methods other than canning. Store root vegetables which will hibernate, such as potatoes, carrots, beets, onions, parsnips, rutabagas, turnips. Pumpkins, squash, apples, and winter pears are some other items that can be successfully stored in cool cellars, in above-ground mounds, or in underground pits or trenches.

2. Drying foods is another method and we plan to give you more detailed information next month on how to construct your own dehydrator, how to dry corn and other foods successfully.

3. Some foods, such as cabbage and cucumbers, are "put down" in brine. By this method you can make good home-made pickles, and kraut out of cabbage.

4. If a freezer locker is accessible, you will be freezing some of your surplus fruits, vegetables, and meats. Instructions for such a method can be obtained from your county home demonstration agent.

5. There are still some foods which can be successfully preserved only when put into cans or glass containers. For those who can in tin, we are not offering advice. Newcomers will not use this method because the equipment is not now available. Supplies are being retained for those who already have such tin can sealers. Glass containers, however, are available. So, if you have been saving them, check over your supply now, along with other necessary equipment, and be ready to can when the fruits and vegetables are in season. Discard defective jars. Use those without covers for jellies and jams which may be sealed with paraffin, for relishes and pickles which do not require a tight seal.

6. Because this is no time to waste food, ingredients, or jars, can only foods which will be used and not just stored and then thrown away because the family doesn't like them.

7. Follow specific directions for best results. Home experiments cost time and food. Follow manufacturers' directions whenever they are given; reliable recipes always.

8. All foods cannot be canned by the same method. Use the hot water bath or oven method for fruits and tomatoes (called acid foods) only a pressure cooker for

non-acid vegetables and meats; and all fruit juices, when bottled, should be pasteurized in a hot water bath. (See page 48.)

9. Can only *fresh* fruit and vegetables. "Two hours from garden to the container" is best. Vitamin content is lost while fruits and vegetables stand around waiting to be processed. Can only a few jars every day. Canning doesn't have to be an all-day event with disruption to the whole family living plan.

10. When using the canned foods, serve all of the juice or liquid, too, as it is rich in the essential minerals and vitamins.

11. Use granite, enamel, shiny aluminum, glass or steel pots (no iron or tin) for open kettle method of preserving fruits.

12. Fruits may be canned without sugar, adding necessary sweetening when jar is opened, or in a very thin syrup, using the proportion of one cup of sugar to four cups of water or juice. Cook only until sugar is dissolved. It's better to prepare the syrup in advance to prevent any delay. Canning either with or without sugar is satisfactory and if you prefer a syrup it doesn't have to be the thick kind. When canning without sugar, can only as much fruit as you will use during the winter months. Examine jars after they are stored, just in case any leaks have developed.

13. Cool jars carefully and quickly, but do not set in a draft.

14. Adopt a systematic method of labeling jars with name of fruit, how prepared, and date of canning.

15. Arrange canned foods so they will be easily accessible and adopt a systematic storing method.

16. Two cups of corn syrup may be used to replace two cups of sugar in recipes when fruit pectin or powdered fruit pectin is used.

The amount of natural pectin in fruit decreases as the fruit ripens, so, if fully ripe fruit is preferred on account of its flavor, the addition of commercial pectin is advisable when making jelly. It's a true conservation measure which will insure that all your sugar, fruit, and fuel won't end up in the catastrophe of "runny" jelly.

For further specific canning instructions, we recommend Ball Blue Book, Ball Brothers Company, Muncie, Indiana; Kerr home canning book from Kerr Glass Manufacturing Company, Sand Springs, Oklahoma, or Huntington, West Virginia; and Home Canning of Fruits, Vegetables, and Meats (U. S. Department of Agriculture Farmers Bulletin No. 1762) obtained by writing Superintendent of Documents, Washington, D. C.

MAKE YOUR SUGAR GO HALF AGAIN TO TWICE AS FAR

When You Jell Fruit Juices This CERTO Sugar-Saving Way!



Smart women everywhere are doing it!

Jelly-makers, here's a way to make your sugar go up to twice as far in jelly-making, with Certo! Already thousands of up-to-the-minute women are using this new plan successfully—and you can, too!

Easy as 1-2-3, this way . . .

Simply substitute light corn syrup, such as Karo (Red Label), for two of the cups of sugar—and no more—in any Certo recipe. Think how much farther your sugar will go!

For instance, in popular strawberry jam, you'd ordinarily use 7 cups of sugarand get 10 glasses of finished jam, simply by using Certo. And now we have discovered that under this marvelous Certo plan for saving sugar, you use only 5 cups of sugar, plus the 2 cups of corn syrup —and get 12 glasses of rich, delicious jam! That's twothirds more glasses per cup of precious sugar. In fact, with all Certo recipes, this plan makes your sugar go half again to twice as far as before.

Use Certo, the pectin choice of jelly champions!

But remember, this clever sugar-saving plan calls for the use of *Certo*. For with Certo's half-minute boil for jellies, a minute or so for jams, all the good ripe fruit with all its lovely flavor and color stays right in the pot for jelly—doesn't have time to boil away in steam!

80 tested Certo recipes on every bottle

So you'll know how to handle each individual fruit *just* right, every Certo bottle brings you a handy booklet of 80 separate, tested jam and jelly-making recipes. The substitution of 2 cups of light corn syrup will work perfectly with any of

them. Just make sure *Certo* is the pectin you use! Get Certo now!



THANK YOU, CERTO!

THIS NEW PLAN WILL HELP BOTH

JELLY CHAMPIONS AND BEGINNERS

TO SAVE FRUIT AND SUGAR, WHILE

STOCKING THEIR PANTRIES WITH

LUSCIOUS FRUIT SWEETS!

A Product of General Foods

STUCCO HOUSE GETS NEW LEASE ON LIFE...thanks to BONDEX



"I once was new and sparkling white.

I shone by day—I gleamed by night.
My owners' guests were full of praise;
Ah, brother, them was happy days.
But now I'm old—I've got the pip,
My owners say, I'm just a drip."



"Say, house, your stucco's very sound,
A way already has been found
To bring your beauty back again,
And keep you new thru wind and rain.
Just leave the business all to me—
I'll make you young again—you'll see."



"Now look, friend Joe and Mrs. Joe;
I'm Bondex, just the guy to know.
I'll make your stucco sparkling white,
I'll also make it watertight.
I'll take all weather in my stride,
And keep you happy, here inside."



It's lovely! Grand! And just like new!
Looks almost too good to be true.
The dingy stains, the streaks, the grimeWere painted out in record time.
And Bondex did it—ground to roof—
Hooray for Bondex—Waterproof!

249



WHEN YOU CHANGE YOUR ADDRESS— Be sure to notify the Subscription Department of THE AMERICAN HOME at 251 Fourth Ave., New York City, giving the old as well as the new address, and do this at least four weeks in advance. The Post Office Department does not forward magazines unless you pay additional postage, and we cannot duplicate copies mailed to the old address.







SEND 10c for one-gallon-trial packet!





Company



SARAH SHIELDS PFEIFFER

"John observed philosophically one night. "People in our circumstances can't keep it and enjoy it, too. Yet I'd like to have Dave and Irene Wheeler visit us for a week end so Dave and I could discuss business. Oh, well—we'll forget about the whole thing. It's not so important.'

There was a challenge in his words. And truth, too. We were Southerners who grew up amid constant visiting and entertaining, but now we were transplanted to a big city where customs were different. Our children were too small to help or be left alone. We had a guest room but only one bath. And we had a high school girl come in to look after the children afternoons and do dishes at night.

"Yes, company is like cake," I said thoughtfully, "and my best cake are made when I assemble all the ingredients before mixing. So why not do the same with company? Let's try it, anyway"!

From the trial and error of past entertaining and the mixed joys of visiting, we compiled a list of details to check over before anyone lift our latch string. Of course, our system isn't designed for entertaining Great Aunt Susan, who wants to go sightseeing all day and be in bed a nine. It's for friends of our own age who like parties and conversation and a bit of gaiety on a limited income. And it allows us to have our guests and enjoy them, too, which after all is the aim of hospitality.

We decided to test our plan by inviting Dave and Irene for a definit period of time—from Friday afternoon to Monday morning. That pre vented the uncomfortable feeling and uncertainty of answer when some one asked them (as they always do!) how long they were staying.

When Irene wrote an enthusiastic "Yes," our next step was to plan a party. If we gave it the last day of their visit, John and I would spend busy hours in the kitchen when we'd rather talk with them. We decided to give the party within a few hours of their arrival and have the refreshments ready beforehand. A buffet supper at seven or a bridge party at eight is easiest in our household. The children can be fed, bathed, and tucked into bed by that time, leaving our company an uncluttered

bathroom and an hour to unpack and dress. As soon as we agreed upon a buffet supper on Friday night, I telephoned the friends whom John and I thought would be most agreeable and interesting. Because they knew far ahead, several of them planned parties to help entertain them, too.

My "follow-up letter" was designed to reach Dave and Irene before they took their suitcases down from the closet shelf. I suggested a time for them to arrive and gave clear directions. I mentioned plans for our party, a ball game Saturday afternoon, a bridge party Saturday night and a small tea on Sunday.

Looking for party fare that won't tie you to the cook stove after your guests hav arrived? Here are six glamorous solutions



Sketches, Dorotby Wende

is NOT like Cake

CAN HAVE IT AND ENJOY IT, TOO!







molded fruit salad

Preparation time: 2 hrs. 50 min.

cup Bing cherries cups gingerale tbsp. lemon juice cup grapes tsp. salt

15 tbsp. unflavored gelatine

1/3 cup apples, diced
1/3 cup fresh peaches, diced Lettuce cream dressing: ¼ cup mayonnaise ½ cup cream, whipped DOAK gelatine in 1/3 cup cold water for 5 min.; then dissolve in remaining water which has been brought to boiling point. Add gingerale, lemon juice, and salt. Cut cherries and grapes in halves; pit and seed. Dice apples and peaches and add all fruits to gelatine mixture. Pour into a ring mold and place in refrigerator until set—at least 2 hours. Unmold on serving plate, garnish with lettuce leaves or fresh grapes, and serve with (An easy way to unmold any gelatine salad is to remove from refrigerator and let stand for 5 min. Invert on serving dish and place a towel wrung out in hot water over mold. cream dressing made by carefully blending whipped cream with mayonnaise. Serves 6-8

131-200 cal. per serving, with dressing. Source of vitamins A, B complex, and C.

Submitted by WILLA THOMPSON

Tested in THE AMERICAN HOME KITCHEN

Preparation time: 2 hrs., 50 min.

cottage cheese in tomato aspic

1/2 tbsp. unflavored gelatine cups tomato juice tbsp. lemon juice small onion, minced cup cold water stalks celery 10 cloves

stuffed olives (optional) tbsp. chopped parsley tsp. chopped chives cup cottage cheese Salt and pepper % tsp. salt 1/8 tsp. pepper

minced onion, cloves, diced celery (outer stalks may be used), salt, and pepper. Bring to boiling point and simmer for 10 min. Strain, add gelatine, and salt and pepper to taste; add parsley, chives, and chopped olives if desired and tomato jelly. Place in refrigerator to set. Serve with water cress and mayonnaise. stir until dissolved. Chill until mixture begins to set. Season cottage cheese with divide into six portions. Press into individual molds and finish filling with chilled OOAK gelatine in cold water until softened. Combine tomato juice, lemon Serves 6. 95 cal. per serving. Source of vitamins A and C. uice,

Recipe submitted by WILLA THOMPSON

THE AMERICAN HOME KITCHEN Tested in

chocolate malted ice cream

2 eggs ½ cup chocolate malted milk powder (sweetened)

mixture. Pour into freezing tray and place in refrigerator, setting cold control at coldest point. When firm, remove to a chilled bowl and beat with an electric mixer thoroughly. Stir in milk. Whip cream until fluffy but not stiff and fold into first or rotary beater until smooth and fluffy-not melted. Return to tray and BEAT eggs until fluffy, add syrup and malted milk powder, freezing to serving consistency; then reset control for storing.

This is very smooth and is good served plain or as a sundae with chocolate syrup and nutmeats. Super-smooth and makes no inroads into your sugar. Serves 6-8. 250-367 cal. per serving. Source of vitamin A.

EDWARD HAVERBERG Recipe submitted by

THE AMERICAN HOME KITCHEN Tested in

cups ground veal cups diced celery tbsp. chopped parsley tbsp. chopped chives

cup chopped sweet pickles bouillon cubes, dissolved in 2 cups boiling water

3 peppercorns
Pinch marjoram
Pinch thyme
1½ tbsp. unflavored
gelatine 2 bay leaves

• jellied veal loaf (left-aver) Preparation time: 33 min., 3 hr. in refrigerator

1/4 cup cold water

1/4 tsp. pepper 3 tbsp. vinegar 11% tsp. salt

ON GUARD

3 drops tabasco sauce 1/2 tsp. paprika 4 hard cooked chopped

Mrx veal, celery, parsley, chives, and pickles together. Dissolve bouillon cubes boiling water, add bay leaves, peppercorns, marjoram, and thyme and simmer for 10 min. Soak gelatine in cold water for 5 min. Strain bouillon mixture and dissolve gelatine in it. eggs,

refrigerator until set-approximately 3 hrs. This is a good summer recipe and takes the place of both a meat and salad dish. Serves 8-10. 168-210 cal. per serving. Source of vitamins A Add to veal mixture with salt, pepper, vinegar, paprika, and tabasco sauce. Stir until well mixed and add chopped eggs. Pour into an oiled bread pan, 91/2"x51/2"x3", and chill in

They would know, indirectly, about the clothes they'd use but I mentioned that they would not need evening clothes. Any man will bless

you for telling him ahead not to bring a tuxedo if he won't need it and any girl will be glad to know she won't have to crowd in extras.

> on Thursday. I had long ago worked out several company menus so I knew exactly how much to buy. This was not the time to try new, complicated recipes! After the supplies were put away, I made a tomato aspic and an ice-box cake for the party, and cleaned and stuffed a turkey. John and I had

After a short session of menu-planning, I went marketing

KITCHEN Tested in THE AMERICAN HOME

tomato-lime cocktail

Preparation time: 10 min., plus 1 hr. in refrigerator

½ cucumber 1 can (14 oz.) tomato juice

½ tsp. salt 1 tbsp. fresh lime juice

refrigerator for at least 1 hour. Strain the juice, forcing as much of the cucumber as possible through the sieve. Just before serving, add salt and fresh lime juice. PEEL and chop cucumber fine and add to tomato juice. Let stand This is a refreshing appetizer to start any summer dinner. Serves 4. 72 cal. per serving. Source of vitamins A and C.

Recipe submitted by BETTY HANDY

THE AMERICAN HOME KITCHEN Tested

tossed green salad

Preparation time: 5 hrs.

or dark)

cup corn syrup (light

cup milk cup cream, whipped

small head cauliflower cup French dressing carrots

bunch water cress head Boston lettuce clove garlic

bunch radishes

cucumber

CLEAN cauliflower and separate into small flowerets; then marinate in 1/2 cup French dressing for 1 hour. Clean broccoli, using only the flowers, and cook in boiling water for 5 min.; drain and cool. Wash carrots and cut in strips. Cucumber and radishes are cleaned and cut in thin slices. Rinse watercress, separate, and cut off all but an inch of stem. Wash lettuce thoroughly, break into pieces, and dry all vegetables thoroughly. Rub salad bowl with cut clove of garlic. Drain cauliflower and mix with all other salad ingredients in bowl. Add remaining French dressing, lightly and serve immediately. Serves 6.

280 cal. per serving. Source of vitamins A, B complex, and C. Note: Broccoli and water cress stems chopped fine give added flavor to soups.

Box Breakfasts

Guests

Fun for them and

a life-saver for you

if you have a lot

of "musts" on your

morning schedule

Tested in

THE AMERICAN HOME KITCHEN



Recipe submitted by FLORA HARRIS

What, no Bridge Dessert this month?

No, dear reader, we are recommending that you tune your entertaining to the times and serve something simple like fruit juice and toasted crackers and cheese. You don't have to give up your bridge games completely—you need fun and relaxation. Nell Bates Penland suggests that you continue your morning bridge parties but devote part of the time to knitting or other Red Cross work—Victory stamps to be the prize.

learned that it was time-saving to cook for the first company dinner an unusually large piece of meat—say a leg of lamb, a turkey, or a ham. Then it could be used for a second and even a third dinner. We planned to have a Southern dish the second night—hot turkey with giblet gravy put between slices of egg bread. For Sunday dinner we would serve casseroles of creamed turkey and mushrooms.

On Thursday, also, I cleaned the guest room, and consulted my per-

SUBSCRIPTION PRICES GOING UP

Increasing production costs make it necessary for us to advance the subscription prices of The American Home. Effective with the September issue, the rates will be \$1.50 for one year, \$2.25 for two, \$5.00 for three years.

If you renew now, your subscription will be extended from present expiration, or you may send new subscriptions at existing rates, which are \$1.00, one year; \$1.50, two years; \$2.00, three years. These rates will be withdrawn August 25, 1942. The single copy price will be 15¢ beginning with September.

Send all orders to

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And please indicate whether
they are new or renewal

manent list, such as a hotel house-keeper has, to see if everything was in readiness. I checked over the adequate reading light by the bed, the trash basket, ash trays, pen, ink, stationery, blotters, coat hangers and luggage racks (merely inexpensive camp stools covered with chintz to match the draperies). And in a dressing table drawer, which I called my "guest box," my list told me to put needles, thread, scissors, matches, cleansing cream, excellent soap, cleansing tissues, shoe cloth, safety pins, straight

pins, hair pins, tooth brushes, and aspirin. And then because our house is a one-bathroom affair, we painted an old spool towel rack to keep the guest room amply supplied with towels and face cloths.

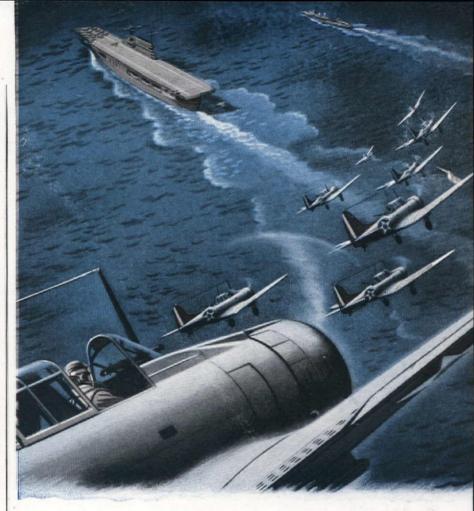
There was still plenty to do Friday. Dishes, silver, linen to assemble, vegetables to prepare, flowers to arrange. I put on the guest room desk a list of the people entertaining, the hours of their parties and their addresses, to familiarize our guests with the names.

Breakfast for house guests had always been like a monkey wrench in my hide-bound schedule for the children. My particular problem on Saturday was that I must take the children to the doctor early for their serum shots. I'd tell Dave and Irene they would be free until noon, But what could I do about breakfast? I didn't feel I should ask Irene to get it single-handed. Taking a tip from a New York hotel which puts your breakfast in a compartment of the door, I bought two lunch boxes which Jack and Peggy can use later. I would put coffee in the thermos jugs, fruit, assorted rolls, and marmalade in the boxes. Silver, napkins, and sugar would be put beside the boxes on an upstairs table with a note saying the butter and cream were in the refrigerator. Dave and Irene could have the luxury of breakfast in bed as late as they liked without disturbing anyone.

Like many families, we have a small portable radio that can be moved from one room to another as illness or necessity requires. This had gone into the guest room, and I also ordered an extra copy of the morning paper to be put with the breakfast lunch boxes on the upstairs table.

And that's our b'ue-print for entertaining week-end guests. Perhaps I've skipped a few details that you find important, but at least, if you follow this plan, there won't be much to worry about after your guest room is once occupied.

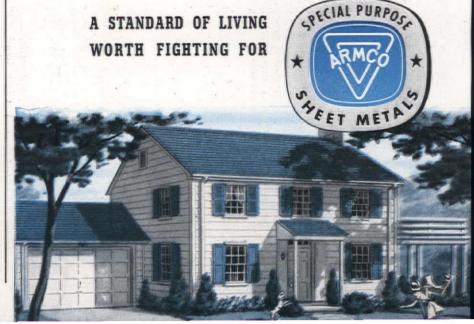
P. S.—Company, we discovered when Dave and Irene came, is not always like cake. It's possible to keep it a long time and still find that it can be fresh and delightful!



Mission accomplished

American sea eagles return to their nest and the headlines tell of another smash at the enemy. You can expect the good news to grow as the tidal wave of American armament sweeps over the world.

We're in this war right up to our chins. Practically all Armoo production of sheet iron and sheet steel is being rushed into parts and equipment for swift combat cars, warplanes, cruisers and other urgent war needs. Many of these special-purpose metal sheets have sprung from pre-war Armco research. When peace comes, they will be available again for the roof, gutters and downspouts of your home, as well as for the refrigerator, kitchen and bathroom equipment, and other metal products inside. You'll live better then — in a better and brighter world. The American Rolling Mill Company, 1621 Curtis Street, Middletown, Ohio.





"Not a trace of oily film to pick up summer dust!"

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FOLEY FOOD MILL \$1.25 FOLEY SIFTER, 2 FOLEY MFG. CO., 73 Main

N THESE days of wartime restrictions every householder among us needs all the reliable aid she or he can find that bears on the task of keeping the home front at peak efficiency. We must keep things running smoothly on the service side of the house so that our physical life can continue normally, and we must maintain the appearance of the household in order that it shall not look (and feel!) run down. All of this means that we have to take the right kind of care of the whole house, inside and out, so as to make everything last in the best possible condition for the longest possible time. Many replacements that would be made almost automatically in ordinary times are now out of the question, however much we might be willing to pay for them. We simply have to make the old ones serve for the duration.

Quite apart from the necessities of the situation, taking the right care of what we have will give us greater comfort and assurance, because the house equipment, and all the other "machinery" of our daily lives, will be far less likely to break down and leave us in the lurch at critical times. Obviously, this makes for fewer interruptions of plans and a better use of our time and energy. Every day that the war continues makes it clearer that the more conservation there is of these two precious elements the greater can be our individual and collective contributions to the cause of victory.

When we face the actuality of conditions such as exist today, some of us are likely to be a little dismaved by our ignorance of just how to take care of this, that, or the other part of the things that make or break the smooth working of the home front. It isn't that we don't want to make the fuel or the heater or the linens last longer; we just don't know how. Almost desperately, sometimes, we need facts and practical advice to put us on the right track and keep us there.

There's plenty of such help to be had, too, Manufacturers of home equipment, and many food producing concerns, are providing it today in excellent booklets-the majority to be had for the asking-which cover a wide range of household interests and needs and contain a world of careful, professional, and thoroughly practical information. We're showing a few of them on these pages and listing others below, with prices of those for which a small charge is made. Your request, in every case, should be sent to the specified address.

600perating,

FOODS, HOUSEHOLD NEEDS

"Uncle Sam Wants It to Last" (10¢). "Home Service Volunteers" (15¢). American Gas Ass'n, AH-7, 420 Lexington

Ave., New York.

"Ten Victory Cake Recipes." Royal Baking Powder, AH-7, 691 Washington St., New York, N. Y.

"How to Get the Most Out of the Food You Buy." General Electric Home Service Institute, AH-7, Bridgeport, Connecticut. (3¢).

Desserts and Salads.' Sugar-less Charles B. Knox Gelatine Co., AH-7,

Johnstown, N. Y. "Modern Homemaker; Food for Vic

tory." Kerr Glass Míg. Corp., AH-7, 2912 Title Ins. Building, Los Angeles, Calif. "The Family Food Supply." Metro-

politan Life Ins. Co., AH-7, 1 Madison Ave., New York, N. Y. "Defense of Health with Economy

Meats." Issued by Armour & Co., AH-7, Chicago, Illinois.

"Buying Guide to the Thriftier Cuts of Meat." American Meat Inst., AH-7, 59 East Van Buren St., Chicago, Ill. (5¢). "Defense Manual" and "Nutritional Guide and Meal Planner." Two booklets published by Servel, Inc. and obtain-

able from your local gas service store.

"Fightin' Food." Pillsbury Flour Mills,
Co., AH-7, Minneapolis, Minn. (10¢).

"How to Take Care of Your Alu-

minum Ware"—with a special section on wartime cookery. Aluminum Goods Mfg. Co., AH-7, Washington St., Manitowoc, Wis.

"War-Time Manual for Housewives." Lehn & Fink Products Corp., AH-7, Bloomfield, New Jersey.

BUILDING, FURNISHING, **FABRICS**

"The Comfort Conditioned Home" and "Is Money Escaping Through Your Roof"? Kimberly-Clark Corp., AH-7,

"How to Take Care of Your Rugs and Carpets." Clinton Carpet Co. (Ozite), AH-7, Merchandise Mart, Chicago, Ill.





dealer to give still better attention on how to protect your electrical appliances

"Contribution to Better Living." Min-"Contribution to Better Living." Minneapolis-Honeywell Regulator Co., AH-7, 2747 Fourth Ave. S., Minneapolis, Minn. "The Homemaker's Wartime Handbook." Easy Washing Machine Corp., AH-7, Syracuse, N. Y. (10¢).

"A Stitch in Time." Spool Cotton Co., AH-7, 745 Fifth Ave., New York.

"82 Ways to Conserve Fuel for Defense." Delco Appliance Division of General Motors Sales Corp., AH-7, Rochester, New York.

MOTOR CAR MATTERS

"Automobile User's Guide." General Motors Corp., AH-7, Detroit, Mich. "Four Vital Spots" and "The Car Owner's Creed." United States Rubber Co., AH-7, 1230 Sixth Ave., New York.

ADDRESSES FOR BOOKLETS PICTURED

"The Care and Use of Electric Appliances in the Home." Westinghouse Electric & Míg. Co., AH-7, Mansfield, O.

"How to Make a Victory Garden."

"How to Make a Victory Garden." Issued by the Union Fork & Hoe Co., AH-7, Columbus, Ohio.

"If He Works by Night—." H. J. Heinz Co., Home Economics Dept., AH-7, Pittsburgh, Pa.

"How to Conserve with Hotpoint Electric Appliances." Edison General Electric Appliance Co. Inc., AH-7, 5611 West Taylor St., Chicago, Ill. (3¢).

"How to Make Your Sheets Last Longer." Cannon Mills, Inc., AH-7, 70 Worth St., New York.

"How to Help National Defense" etc. The Firestone Tire & Rubber Co.,

"How to Help National Detense" etc. The Firestone Tire & Rubber Co., AH-7, Akron, Ohio.
"The Vitamin Health Parade." "Consider the Kitchen Kettle." "Protect Your American Home." "Shrewder Buying" (4 booklets: (1) Staples, (2) Canned Goods, (3) Meats, (4) Fresh Fruits & Vegetables). The American Home, AH-7, 251 Fourth Aye.. New York, All these 251 Fourth Ave., New York. All these booklets are obtainable at 6¢ each.



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CLEANS TOILET BOWLS WITHOUT SCOURING





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And shampoos with Packers averageless than a penny—about one-fourth the cost of bottled shampoos. Let the whole family enjoy fragrant Packers shampoos! Large 25¢

and 10¢ cakes.

Shampoo with SACKERS TAR SA





and play shoes have chemically treated fabrics to replace what Uncle Sam needs. The brightly packaged manicure kit is a bargain at \$1 the works, with lipstick. Above, cooling skin freshener, wonderful new cream cologne that has no drying effect, and depilatory and sun filter cream to keep legs smooth and tan, Hair preparation cleanses, removes loose dandruff. Skin cream is softening, cologne as cool as breezes. Astringent is one of elegant preparations for allergic people. Creamy hand lotion does a job. In denim bag comes everything to prevent the lobster look, and great gift to tired feet is the kit with booties.

Elizabeth Arden



American Home Design 530 (above) gives full instructions for this practical vestee. Quilt the cotton front, knit the sleeves and back; from Margaret Wheatly

American Home Design 531 (far left) calls only for materials which are plentiful—unbleached muslin and figured calico. Easy to make and ideal for warm days. American Home Design 532 (left) is also of unbleached muslin, trimmed with rickrack braid. Both styles designed for comfort

Bet this'll catch your ear!



you may be DEAF to what we tell you about softness in sanitary napkins. After all, we make Modess. You may think we're prejudiced. But what 14,000 women say should make you sit up and cock an ear!



YOU'LL HEAR 14,000 VOICES 1 They belong to girls like you—who compared their usual napkin with Modess*—in a nationwide test. And 3 out of every 4 found Modess softer! Listen to that!



ACT QUICK! Do try Modess. If you don't agree with millions that it's the softest, most comfortable napkin you've ever used, mail us the package insert with a note stating your objections. We'll refund your full purchase price.

* Let us send you the full details of this amazing Softness Test. Write The Personal Products Corp., Milltown, N.J.

Modess softer

The "56" package will cost you much less. It's the thriftiest way you can purchase Modess



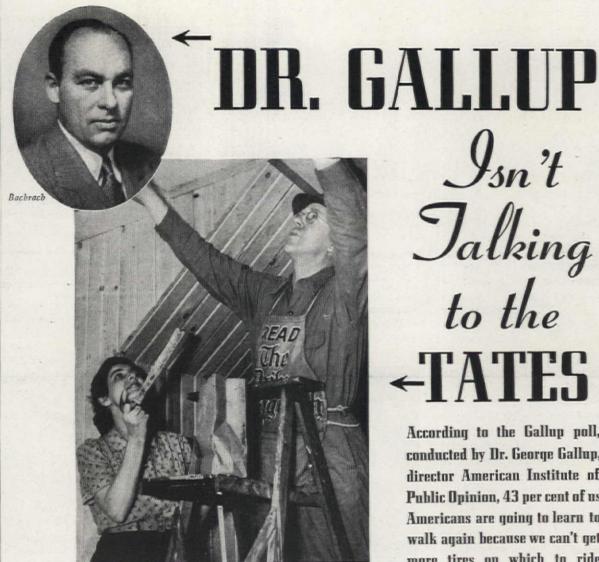
Can't Keep Grandma In **Her Chair**

She's as Lively as a Youngster-Now her Backache is better

Many sufferers relieve nagging backache ickly, once they discover that the real Many surferers relieve nagging backache quickly, once they discover that the real cause of their trouble may be tired kidneys. The kidneys are Nature's chief way of taking the excess acids and waste out of the blood, They help most people pass about 3

blood. They help most people pass about opints a day.
When disorder of kidney function permits poisonous matter to remain in your blood, it may cause nagging backache, rheumatic pains, leg pains, loss of pep and energy, getting up nights, swelling, puffiness under the eyes, headaches and dizziness,
Don't wait! Ask your druggist for Doan's Pills, used successfully by millions for over 40 years. They give happy relief and will help the 15 miles of kidney tubes flush out poisonous waste from your blood. Get Doan's Pills,





H. C. TATE

ELL, Dr. Gallup isn't talking to the Tates. We've been hoofing it for five vears-ever since we decided that we must sacrifice either a car or a home of our own. Not that we haven't wanted an automobile, but we don't need one, and we do need adequate insurance, a home, education, clothes, and a little change in our pockets. It wasn't easy to sell a car with 13,000 miles on the speedometer and with no liens attached, but we did it, using the money to buy furniture for the home which we had bought on the well known shoestring.

And-if it will provide a word of cheer for the millions of Americans who are about to be deprived of their customary mode of locomotion-our adjustments, surprisingly enough, have been mostly mental. We'll admit that we don't eliminate transportation costs by being without a car-we spend \$10 or \$12 a month on this item. We'll admit that we don't get around as much as most car owners. But we have a good time and usually get where we want to go when we want to go. And that's the main thing. One of our greatest handicaps in being without a car has been that most people have them, and that is one disadvantage that our new crop of pedestrians won't have to cope with. We have been late more times than we like to recall to parties, church, etc., because some well meaning friend insisted on dropping by for us. We have been humiliated by being forced to squeeze into crowded cars. We have listened to a child cry all the way home because our presence prevented him from sitting alone with Daddy, as he had been promised. We have been pitied. We have been kidded. Every time a friend has seen a car in our driveway during the last few years he has greeted us with an "I told you so" smile and the question, "Well, well, had to break down at last, did you?" For our being without a car when our income was equal to that of most car owners has seemed to a good many people a strange phenomenon. They refused to understand that other things might seem more important to us than the ownership of an automobile. But on the whole, we have got along very well without one.

We do have certain advantages. We bought our home on a bus line

Isn't Talking to the **←TATES**

According to the Gallup poll, conducted by Dr. George Gallup, director American Institute of Public Opinion, 43 per cent of us Americans are going to learn to walk again because we can't get more tires on which to ride

> and I ride three miles from our front door to the office. It takes twenty minutes and costs a nickel. Joan has walked about three miles to and from school for five of her ten years. Only on the worst days is she permitted to take a bus, and she has used a taxi less than a half dozen times. Jo (that's Mrs. Tate) walks two or three miles, round trip, to the store several times a week. If the groceries are bulky, she has them sent out by the dime delivery or rides the bus and carries them. Otherwise she walks and carries them.

> When we go to parties, we take the bus, and though we may now and then have to leave early to catch one, that offers a swell excuse for getting away at a reasonable hour. The three of us walk about two miles round trip to the movies and when it's too cold or rainy to walk we stay home.

> For the most part we rely on buses, though occasionally we splurge on a taxi. There was the time, for instance, when eight cocker spaniel puppies had to go to the veterinary to have their tails docked. Joan, the puppies, and I made the round trip by cab for fifty cents. Now that taxis have

their tire troubles, too, the veterinary will probably have to come to our house when Sniffy's next litter arrives. He can get tires.

Fortunately our town is on a first-class railroad about midway between Chicago and St. Louis, so we can get to either of these cities in a couple of hours and, once there, are glad to be without a car. Anyone who has ever struggled to park a car in a big city, or who has driven through the heavy traffic, will agree with me on that point, I'm sure.

Vacations haven't suffered, either. The wilds of Canada, the fishing haven of Itasca County, Minnesota, various cities and villages have been visited by us-all without a car. And on Sundays, when millions of Americans have been driving over hot, crowded highways to reach hot, crowded parks, we have been loafing in our own backyard, picnicking about the fireplace and table we built ourselves. There we have much more privacy and comfort than the best park provides.

Instead of fussing with a sputtering and skidding car in winter weather, we are likely to be on a

hike or coasting party, in the recreation room which we built with our own hands, or listening to the phonograph. Sometimes we join in while Joan practices her piano lesson, and other times enjoy a romp with our cocker spaniel puppies.

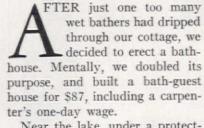
The golf clubs are too far away for pedestrians, so Jo and I sold our golf clubs several years ago. We haven't missed them; we find the growing of vegetables and flowers just as much fun and probably better exercise.

And so, for the benefit of all the many Americans who have felt that life without a car would be unendurable, let me say that our experience has been enlightening. Though we realize its advantages, we've learned that we can enjoy life, even sans automobile.

These five years of walking have made the three of us pretty well acquainted. We have grown closer together. We do more of the things we want to do than we did when we owned a car. Our family life is centered in the home. We don't worry much about appetites at our house. We barely keep on speaking terms with the doctor. We have learned to walk-and we like it!

Wet bathers no longer drip through our cottage!

PAGE LEHRKIND



Near the lake, under a protecting oak, we set eight cedar posts. and onto them nailed the 2 x 6 sills and floor beams. Pine flooring was nailed lengthwise over this frame, and 2 x 4's around the edge. The wall was set up against 2 x 4 studs with braces from the upper ends of the studs to the floor. Roof timbers were notched to fit and angled to meet properly at the ridge. For the roof we used shiplap and asphalt shingles; for the exterior, drop siding. The carpenter did the exacting work, placing the studs and checking the level.

The building is only 8' x 10', but has proved its versatility. When a bathhouse, a curtain divides it into two dressing rooms, with benches which fold down from the walls. When it's used for sleeping, the curtain is removed, and an extra bed comes down from the wall.







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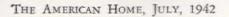
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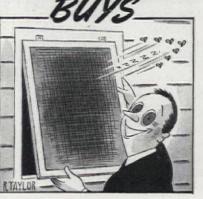
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